<u>Course 310 Strength & Conditioning Coach Certification</u> <u>Participant Information</u>

Time Schedule

5:30 - 6:30 PM

6:45 PM

Sunday, June 24 3:00PM – 7:00 PM 7:00PM – 8:00 PM	(no meal service) On campus housing check in Course check in for those staying on campus
Monday, June 25	
7:00AM – 7:45AM	Breakfast for those on meal plan
7:00AM – 7:45AM	Course Check In for commuters & late arrivals from previous night
8:00AM - 12:00PM	Class
12:00PM - 1:00PM	Lunch
1:00PM - 5:30PM	Class
5:30PM – 6:45PM	Dinner
7:00PM – 10:00PM	Class
Tuesday, June 26	
7:00AM – 7:45AM	Breakfast
8:00AM – 12:00PM	Class
12:00PM - 1:00PM	Lunch
1:00PM - 5:00PM	Class

SCC program begins

Dinner (for those staying for SCC and/or on 310 meal plan)