

U.S. Track & Field and Cross Country Coaches Association

1990 All-Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
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100m

Men

Canterberry	Bruce	Nebraska Wesleyan University
Coleman	Lance	Albion College
Cunningham	Ron	Occidental College
Ellingson	David	Central College (Iowa)
Johantgen	Bret	State University College at Fredonia
McDougal	Jermain	Frostburg State University
Olsen	Chuck	Nebraska Wesleyan University
Todman	Willis	Fitchburg State College

Women

Barnes	Betty	Frostburg State University
Brown	Jeanette	Christopher Newport University
Stenhouse	Vera	Tufts University
Stenseth	Val	University of Wisconsin, La Crosse
Trice	Sheila	Christopher Newport University
Washington	Erica	University of California, San Diego
Woodard	Alondra	Lincoln University (Pennsylvania)

200m

Men

Burton	Charles	Monmouth College (Illinois)
Edney	Juan	Lincoln University (Pennsylvania)
Johantgen	Bret	State University College at Fredonia
Kelner	Dan	University of Wisconsin, Eau Claire
McDougal	Jermain	Frostburg State University
Moda	Jeff	Fitchburg State College
Olsen	Chuck	Nebraska Wesleyan University
Schleupner	Steve	Frostburg State University

Women

Allen	Megan	North Central College
Barnes	Betty	Frostburg State University
Gray	Annette	Lincoln University (Pennsylvania)
Stenhouse	Vera	Tufts University
Thomas	Benita	Baldwin-Wallace College
Trice	Sheila	Christopher Newport University
Washington	Erica	University of California, San Diego

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Event	Gender	Last Name	First Name	School
400m	Men	Bryan	Dean	University of Wisconsin, Stevens Point
		Burrell	Eric	University of Wisconsin, Eau Claire
		Johnson	Tyrone	Eastern Mennonite University
		Makatiani	Boniface	Massachusetts Institute of Technology
		Miller	Vernon	Lincoln University (Pennsylvania)
		Ransome	Maurice	Rowan University
		Rhodes	George	Wheaton College (Illinois)
		Terrelonge	Clive	Lincoln University (Pennsylvania)
	Women	Gray	Annette	Lincoln University (Pennsylvania)
		Hansen	Betsy	Hamline University
		Lautenbach	Kelli	Calvin College
		Moulton	Donna	Allegheny College
		Stenhouse	Vera	Tufts University
		Thomas	Benita	Baldwin-Wallace College
		Voigt	Amy	University of Wisconsin, Stevens Point
	Men	Carper	Don	University of Wisconsin, Oshkosh
		Cullingford	Jeff	Moravian College
		Dean-Neil	Anthony	Rowan University
		Feigenspan	Dan	Coe College
		Miller	Vernon	Lincoln University (Pennsylvania)
		Olson	Brad	University of Wisconsin, Oshkosh
		Ondande	John	Loras College
		Steenwyk	Rob	Calvin College
800m	Women	Aman	Julie	Ithaca College
		Bemowski	Kim	University of Wisconsin, Oshkosh
		Everson	Audrey	Simpson College
		Hansen	Betsy	Hamline University
		Heine	Tricia	Occidental College
		Hudek	Amy	Simpson College
		Marshall	Katherine	Emory University
		Parks	June	Brandeis University
	Men			
1500m	Men			

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Event	Gender	Last Name	First Name	School
	Men			
		Brown	Mike	University of St. Thomas (Minnesota)
		Lave	Jonathon	Grinnell College
		Leighninger	Matt	Haverford College
		Lumkes	John	Calvin College
		Powles	Jeff	Mount Union College
		Reed	Erich	Brandeis University
		Runquist	Kraig	Saint John's University (Minnesota)
		Sydow	David	Calvin College
	Women			
		Bieber	Rebecca	State University College at Cortland
		Dannhauer	Ann	Williams College
		Dare	Nancy	University of Wisconsin, Oshkosh
		Faller	Annette	University of Chicago
		Horejs	Laura	University of Wisconsin, Oshkosh
		Larson	Jennifer	St. Olaf College
		Vaughan	Linda	Rowan University
		Wolfsang	Amy	Alma College
3000m	Women			
		Cross	Sarah	Simpson College
		Mitchell	Vicki	State University College at Cortland
		Novak	Dena	Simmons College
		O'Donohue	Gwen	Ursinus College
		Papay	Marianne	The College of New Jersey
		Platt	Anne	Williams College
		Vandermar	Cathy	University of Wisconsin, Oshkosh
		Vaughan	Linda	Rowan University
	Men			
		Guerrero	Chad	University of St. Thomas (Minnesota)
		Halferty	Dave	Simpson College
		Lambert	Dave	University of Wisconsin, Oshkosh
		McElligott	Seamus	Haverford College
		Palmer	Jesse	Brandeis University
		Terronez	David	Augustana College (Illinois)
		Wasserman	Gary	Nebraska Wesleyan University
		Wilson	Brian	North Central College
5000m	Men			
		Guerrero	Chad	University of St. Thomas (Minnesota)
		Halferty	Dave	Simpson College
		Lambert	Dave	University of Wisconsin, Oshkosh
		McElligott	Seamus	Haverford College
		Palmer	Jesse	Brandeis University
		Terronez	David	Augustana College (Illinois)
		Wasserman	Gary	Nebraska Wesleyan University
		Wilson	Brian	North Central College
	Women			
		Cross	Sarah	Simpson College
		Mitchell	Vicki	State University College at Cortland
		Novak	Dena	Simmons College
		O'Donohue	Gwen	Ursinus College
		Papay	Marianne	The College of New Jersey
		Platt	Anne	Williams College
		Vandermar	Cathy	University of Wisconsin, Oshkosh
		Vaughan	Linda	Rowan University

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Event	Gender	Last Name	First Name	School
	Women			
		Bokman	Ann	Williams College
		Conlay	Michelle	University of California, San Diego
		Cosgriff	Kim	University of Mary Washington
		Farkas	Gretchen	University of St. Thomas (Minnesota)
		Mitchell	Vicki	State University College at Cortland
		Papay	Marianne	The College of New Jersey
		Sparks	Judy	State University College at Cortland
10,000m		White	Meg	Smith College
	Men			
		Bostwick	Rich	Rowan University
		Ceballos	Orlando	American University of Puerto Rico
		Goudie	Douglas	Albion College
		Lasecki	Kim	University of Wisconsin, Stevens Point
		McElligott	Seamus	Haverford College
		Terronez	David	Augustana College (Illinois)
		Wasserman	Gary	Nebraska Wesleyan University
		Welhoefer	Ron	University of Wisconsin, Oshkosh
	Women			
		Bokman	Ann	Williams College
		Bonrouhi	Janette	Ithaca College
		Conlay	Michelle	University of California, San Diego
		Farkas	Gretchen	University of St. Thomas (Minnesota)
		Lave	Tamara	Haverford College
110m Hurdles		Sparks	Judy	State University College at Cortland
		Vollweiler	Jill	Colby College
		White	Meg	Smith College
	Men			
		Colter	Victor	Lincoln University (Pennsylvania)
		Flowers	Shannon	Lincoln University (Pennsylvania)
		Godbout	Mike	Simpson College
		Herb	Mike	Messiah College
		Jones	Malik	Illinois Wesleyan University
		Shavers	Brenton	Simpson College
		Whitsett	Mark	Lincoln University (Pennsylvania)
		York	Jeffrey	University at Albany

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Event	Gender	Last Name	First Name	School
100m Hurdles				
	Women			
		Baker	Danielle	Methodist University
		Ballado	Sheila	Baldwin-Wallace College
		Bryant	Cynthia	Christopher Newport University
		Curella	Jodi	University of St. Thomas (Minnesota)
		Johnson	Ophelia	North Central College
		McCormick	Euridee	Rowan University
		Meyer	Janice	The College of New Jersey
		Oden	Kim	Nebraska Wesleyan University
400m Hurdles				
	Men			
		Bell	Lorenzo	University of Wisconsin, La Crosse
		Burton	Charles	Monmouth College (Illinois)
		Keane	Tim	Loras College
		Lopes	Thad	Westfield State College
		Mathre	Steve	St. Olaf College
		Rodriguez	Wilfredo	University at Albany
		Velasquez	Daniel	American University of Puerto Rico
		Wiederrecht	Dave	Messiah College
	Women			
		Fink	Ann	University of Wisconsin, Oshkosh
		Freverda	Kethy	Bethel University (Minnesota)
		Kaufman	Tracy	Tufts University
		McNamara	Kelly	Ohio Wesleyan University
		Meyer	Janice	The College of New Jersey
		Parks	June	Brandeis University
		Thyreen	Krista	North Park University
		Tinucci	Trish	University of St. Thomas (Minnesota)
3000m Steeplechase				
	Men			
		Beitz	Marc	Williams College
		Hathaway	Paul	University of St. Thomas (Minnesota)
		Lindell	Scott	Saint John's University (Minnesota)
		Lumkes	John	Calvin College
		McRaven	Wendell	North Central College
		Plunkett	Leonard	State University College at Fredonia
		Stang	Aaron	Cornell College

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Event	Gender	Last Name	First Name	School
4x100m Relay	Men	Steuernagel	Scott	University of Wisconsin, Oshkosh
				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
		Balisterieri	Pete	University of Wisconsin, Eau Claire
		Bartelson	Pete	North Central College
		Burrell	Eric	University of Wisconsin, Eau Claire
		Cado	Jan	North Central College
		Canterberry	Bruce	Nebraska Wesleyan University
		Cowling	Doug	Nebraska Wesleyan University
		Dunzo	Mark	Massachusetts Institute of Technology
		Ellingson	David	Central College (Iowa)
		Kelner	Dan	University of Wisconsin, Eau Claire
		Kenyan	Kevin	Frostburg State University
		Makatiani	Boniface	Massachusetts Institute of Technology
		McDougal	Jermain	Frostburg State University
		McKinnon	Christopher	Frostburg State University
		Olsen	Chuck	Nebraska Wesleyan University
		Prosa	Ty	University of Wisconsin, Eau Claire
		Scannell	Kevin	Massachusetts Institute of Technology
		Singhose	Bill	Massachusetts Institute of Technology
		Smith	Jerry	Nebraska Wesleyan University
		Snyder	Jason	Central College (Iowa)
		VanHootegem	Jim	North Central College
		Venable	Terrence	Frostburg State University
		Wallace	Dan	Central College (Iowa)
		Wallerich	Jeff	Central College (Iowa)
		Welti	Shawn	North Central College
	Women			University of St. Thomas (Minnesota)
				University of Wisconsin, La Crosse
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)

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Event	Gender	Last Name	First Name	School
4x400m Relay Men				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
				University of Wisconsin, La Crosse
				University of Wisconsin, La Crosse
				University of Wisconsin, La Crosse
				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
		Allen	Megan	North Central College
		Beekman	Dena	University of Wisconsin, Oshkosh
		Black	Jonda	Buena Vista University
		Boehlen	Patty	University of Wisconsin, Oshkosh
		Buckwalter	Barb	Buena Vista University
		Dunckley	Vicki	University of California, San Diego
		Evers	Julie	Buena Vista University
		Green	Jennifer	Baldwin-Wallace College
		Huemann	Jen	North Central College
		Johnson	Dawn	North Central College
		Marzullo	Yvette	University of California, San Diego
		Milledge	Michelle	University of California, San Diego
		Parker	Beth	Baldwin-Wallace College
		Prielipp	Donna	University of Wisconsin, Oshkosh
		Robinson	Annie Mae	North Central College
		Schulte	Sherry	University of Wisconsin, Oshkosh
		Smith	Kim	Baldwin-Wallace College
		Thomas	Benita	Baldwin-Wallace College
		Truesdell	Paula	Buena Vista University
		Washington	Erica	University of California, San Diego
		Burrell	Eric	University of Wisconsin, Eau Claire
		Carper	Don	University of Wisconsin, Oshkosh
		Chadwick	Brian	Moravian College
		Cullingford	Jeff	Moravian College
		Dean-Neil	Anthony	Rowan University
		Dunzo	Mark	Massachusetts Institute of Technology
		Edney	Juan	Lincoln University (Pennsylvania)
		Eslinger	Andy	University of Wisconsin, Eau Claire

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		Heilers	Gary	Loras College
		Herman	Jeff	University of Wisconsin, Oshkosh
		Hoch	Charles	Moravian College
		Ismail	Tha'ub	Rowan University
		Jackson	John	University of Wisconsin, Oshkosh
		Jakovic	George	Rowan University
		Keane	Tim	Loras College
		Kelly	Mike	Simpson College
		Kelner	Dan	University of Wisconsin, Eau Claire
		Lindsley	Chris	Simpson College
		Liston	Rodney	Simpson College
		Makatiani	Boniface	Massachusetts Institute of Technology
		Miller	Vernon	Lincoln University (Pennsylvania)
		Moose	Garret	Massachusetts Institute of Technology
		Olson	Brad	University of Wisconsin, Oshkosh
		Ondande	John	Loras College
		Prosa	Ty	University of Wisconsin, Eau Claire
		Ransome	Maurice	Rowan University
		Scannell	Kevin	Massachusetts Institute of Technology
		Stubbs	Don	Loras College
		Terrelonge	Clive	Lincoln University (Pennsylvania)
		Townsend	Lincoln	Lincoln University (Pennsylvania)
		Wensel	Marek	Simpson College
		Zeigler	Brett	Moravian College
	Women			University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				Occidental College
				Occidental College
				Occidental College
				Occidental College
				University of St. Thomas (Minnesota)
		Ashbacker	Rhesa	Simpson College
		Bacchiocchi	Kitty	State University College at Cortland
		Beekman	Dena	University of Wisconsin, Oshkosh
		Bos	Julie	Calvin College

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Event	Gender	Last Name	First Name	School
High Jump	Men	Brown	Jeanette	Christopher Newport University
		Bryant	Cynthia	Christopher Newport University
		Deneen	Julie	State University College at Cortland
		Everson	Audrey	Simpson College
		Fink	Ann	University of Wisconsin, Oshkosh
		Griffioen	Denise	Calvin College
		Heath	Amy	University of Wisconsin, Oshkosh
		Hudek	Amy	Simpson College
		Lautenbach	Kelli	Calvin College
		Lopez	Iris	State University College at Cortland
		Martin	Jennifer	Christopher Newport University
		Nethaway	Cheryl	Ithaca College
		Partoll	Tina	University of Wisconsin, Oshkosh
		Robb	Barbara	Christopher Newport University
		Sheda	Kelli	Simpson College
		Swarts	Tracey	State University College at Cortland
		Toxopeus	Gretchen	Calvin College
		Vanaskie	Amy	Ithaca College
		Wachtel	Kristina	Ithaca College
		Young	Laura	Ithaca College
Women	Arzuaga	Carlos	American University of Puerto Rico	
	Burks	Steve	Nebraska Wesleyan University	
	Dorsey	Derrick	State University College at Fredonia	
	Fox	Ken	Buena Vista University	
	Laboy	Lee	University of Wisconsin, Stout	
	Lee	Chris	Mount Union College	
	Movold	Eric	St. Olaf College	
	Vischak	Mike	Swarthmore College	
	Burke	Susan	University of Wisconsin, Oshkosh	
	Butzin	Kelli	Heidelberg University	
	Hendricks	Shelley	University of Wisconsin, Platteville	
	Oden	Kim	Nebraska Wesleyan University	
	O'Malley	Dorothy	Ursinus College	
	Paul	Amanda	Alma College	

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Event	Gender	Last Name	First Name	School		
Pole Vault	Men	Tate	Carol	Tufts University		
		Weber	Julie	Augustana College (Illinois)		
		Bruxvoort	Jim	Central College (Iowa)		
		Cryder	Christian	Wheaton College (Illinois)		
		Forshew	Dave	Mount Union College		
		Geiwitz	Doug	University of Wisconsin, La Crosse		
		Lewis	Randy	Buena Vista University		
		Lubbers	Rick	Calvin College		
		Olson	Roger	Nebraska Wesleyan University		
		Thomas	Chad	Muskingum College		
Long Jump	Men	Cado	Jan	North Central College		
		Eibel	Jim	Baldwin-Wallace College		
		Hall	Mike	Millikin University		
		Kirtman	Nate	Pomona-Pitzer Colleges		
		Mann	Tim	Bridgewater College (Virginia)		
		Martens	Jeremy	University of Wisconsin, La Crosse		
		Welti	Shawn	North Central College		
		White	Ben	Occidental College		
	Women	Ahern	Deborah	Smith College		
		Childs	Pam	Occidental College		
		Everson	Audrey	Simpson College		
		Fink	Ann	University of Wisconsin, Oshkosh		
		Lenchner	Sarah	Stony Brook University		
		Martin	Jennifer	Christopher Newport University		
		Miller	Jennifer	University of Wisconsin, La Crosse		
		Trice	Sheila	Christopher Newport University		
		Triple Jump	Men	Cado	Jan	North Central College
				Dorsey	Derrick	State University College at Fredonia
Kirtman	Nate			Pomona-Pitzer Colleges		
Lewis	King			Ithaca College		
Mabry	Cory			Susquehanna University		

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Event	Gender	Last Name	First Name	School	
Shot Put	Women	Schumacher	Chris	University of Wisconsin, La Crosse	
		Walker	James	Lynchburg College	
		Woodhouse	Miles	Westfield State College	
		Beach	Heather	Occidental College	
		Duffy	Michelle	Susquehanna University	
		Dziak	Michelle	University of Wisconsin, Oshkosh	
		Lenchner	Sarah	Stony Brook University	
		Odogwu	Dolores	Claremont McKenna-Harvey Mudd-Scripps Colleges	
		Stenhouse	Vera	Tufts University	
	Weidman	Leslie	University of Wisconsin, La Crosse		
	Wenig	Patti	Augustana College (Illinois)		
	Discus	Men	Calliccoat	Todd	Otterbein College
			Conlin	Paul	University of Wisconsin, Platteville
			Kieley	Matthew	University at Albany
			Kult	Brian	Loras College
Neumann			Mike	University of Wisconsin, Oshkosh	
Novak			Frank	Augustana College (Illinois)	
Rucker			Keith	Ohio Wesleyan University	
Schmidt			Dan	University of Wisconsin, Eau Claire	
Women		Bostwick	Stephanie	University of Wisconsin, Oshkosh	
		Bowman	Gina	Frostburg State University	
		Coonan	Jessie	University of Wisconsin, La Crosse	
		Drewa	Vicki	University of Wisconsin, Oshkosh	
		Mears	Beth	University of Wisconsin, Stevens Point	
		Newman	Kelli	Bethel University (Minnesota)	
		Piekarz	Sue	The College of New Jersey	
Quigley	Shannon	University of California, San Diego			
Men	Ahern	Patrick	University of St. Thomas (Minnesota)		
	Benson	Jason	Hamline University		
	Cox	Greg	Simpson College		
	Klotz	Andreas	University of Wisconsin, Whitewater		
	Kult	Brian	Loras College		

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Hammer	Women	Neumann	Mike	University of Wisconsin, Oshkosh
		Rucker	Keith	Ohio Wesleyan University
		Sherrard	Wayne	Frostburg State University
		Beerman	Rachel	University of California, San Diego
		Drewa	Vicki	University of Wisconsin, Oshkosh
		Fortin	Julie	Central College (Iowa)
		Janowitz	Cheryl	University of Wisconsin, Eau Claire
		Kuehl	Kristin	Concordia College, Moorhead
		Piekarz	Sue	The College of New Jersey
	Quigley	Shannon	University of California, San Diego	
	Squibb	Shelly	University of California, San Diego	
	Men	Bautch	Ben	University of St. Thomas (Minnesota)
		Clarke	John-Paul	Massachusetts Institute of Technology
		Cotter	Jonathan	Worcester State College
		Dargan	Brady	Occidental College
Sargeant		Scott	University of California, San Diego	
Schuldt		James	Carleton College	
Sullivan		Kevin	State University College at Fredonia	
Walker		Tim	Washington University (Missouri)	
Javelin		Men	Garcia	Greg
	Johnson		Jack	Thiel College
	Katowitz		Jeff	Kenyon College
	Lujan		Don	University of Redlands
	McCaig		Tim	Baldwin-Wallace College
	Mulroe		Thomas	Albright College
	Pecherek		Chris	U.S. Merchant Marine Academy
	Tanis		Craig	Calvin College
	Women		Francisco	Cathy
		Gorton	Carrie	State University College at Brockport
		Hancock	Laurie	Ithaca College
		Hawk	Jenny	Frostburg State University
		MacWalter	Debra	Colby College

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Event	Gender	Last Name	First Name	School
Decathlon	Men	Schroeder	Sue	University of Redlands
		Visbeen	Lisa	Calvin College
		Wright	Tricia	University of La Verne
		Burch	Stephen	Carleton College
		Carroll	Brian	Loras College
		Fox	J.R.	Muskingum College
		Jacobs	Richard	Gallaudet University
		King	Scott	North Central College
		Luthy	Kevin	Case Western Reserve University
		Singhose	Bill	Massachusetts Institute of Technology
Heptathlon	Women	Zastrow	Gary	University of Wisconsin, Stout
		Bacchiocchi	Kitty	State University College at Cortland
		Bryant	Kerstie	Principia College
		Burke	Susan	University of Wisconsin, Oshkosh
		Lawrence	Jenny	Occidental College
		Mitchell	Glenda	Occidental College
		Oden	Kim	Nebraska Wesleyan University
		Seaton	Wendy	State University College at Cortland
		Streefland	Jennifer	Carleton College