

U.S. Track & Field and Cross Country Coaches Association

1995 All-Americans Division III Outdoor Track & Field

Event	Gender	Last Name	First Name	School
100m				
	Men			
		Broach	Marcus	Lincoln University (Pennsylvania)
		Bunch	Calvin	Christopher Newport University
		Comfort	Brett	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Coy	Kevin	Loras College
		Cuthrell	Hamilton	Methodist University
		Jones	Brandon	Lincoln University (Pennsylvania)
		Miller	Travis	University at Albany
		Waldron	Don	Lincoln University (Pennsylvania)
	Women			
		Corley	Tammie	University of Wisconsin, Platteville
		Eggerson	Karla	University of Wisconsin, Whitewater
		Hardy	Shawna	Lincoln University (Pennsylvania)
		McCurdy	Marsha	Norwich University
		McLaughlin	Dominique	Christopher Newport University
		Robinson	Tomikka	Medgar Evers College
		Spencer	Stacy	Gettysburg College
		Wilder	Vandisha	Christopher Newport University
200m				
	Men			
		Anders	Terry	University of Wisconsin, Stout
		Broach	Marcus	Lincoln University (Pennsylvania)
		Glover	Rob	St. Olaf College
		Jones	Brandon	Lincoln University (Pennsylvania)
		Taylor	Jeff	Lincoln University (Pennsylvania)
		Thompson	David	Monmouth College (Illinois)
		Waldron	Don	Lincoln University (Pennsylvania)
	Women			
		Eggerson	Karla	University of Wisconsin, Whitewater
		Hardy	Shawna	Lincoln University (Pennsylvania)
		Manning	Shawntell	Tufts University
		McLaughlin	Dominique	Christopher Newport University
		Melendez	Lisa	University of Wisconsin, Oshkosh
		Paulino	Anita	University of St. Thomas (Minnesota)
		Spencer	Stacy	Gettysburg College

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400m	Men	Wilder	Vandisha	Christopher Newport University
		Anders	Terry	University of Wisconsin, Stout
		Clark	Ernest	University of California, San Diego
		Glover	Rob	St. Olaf College
		Lavalle	James	Tufts University
		Lee	Rob	Augustana College (Illinois)
		Link	Chris	Macalester College
		Malmgren	Mike	Hamline University
	Women	Watts	Mario	Amherst College
		Austin	Leonna	Medgar Evers College
		Claussen	Nikki	Coe College
		Hansen	Kristine	St. Olaf College
		Heisner	Brenda	Coe College
		Hunter	Jacqueline	City College of New York
		Manning	Shawntell	Tufts University
		Melendez	Lisa	University of Wisconsin, Oshkosh
		Shepard	Yolanda	Washington University (Missouri)
800m	Men	Allan	Will	Occidental College
		Bati	Roba	Augsburg College
		Drumgoole	Paul	Catholic University
		Paranya	Karl	Haverford College
		Robinson	William	Lincoln University (Pennsylvania)
		Schmidt	Eric	Lincoln University (Pennsylvania)
		Tebo	Joshua	University of Wisconsin, Stevens Point
		Trainor	Creaghan	Williams College
	Women	Barnes	Yvonne	Williams College
		Biskobing	Brenda	University of Wisconsin, Oshkosh
		Blaney	Missy	The College of New Jersey
		Horner	Missy	Hiram College
		Johnson	Stephanie	St. Olaf College
		Knapp	Rachel	Augustana College (Illinois)
		Moeller	Laura	Allegheny College

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Event	Gender	Last Name	First Name	School
1500m	Men	O'Shea	Heather	Mount Union College
		Bati	Ambo	Augustana College (Illinois)
		Callinan	Edward	Brandeis University
		Crain	Ethan	Massachusetts Institute of Technology
		Dickerson	Jim	North Central College
		Lindsey	Goss	University of California, San Diego
		Paranya	Karl	Haverford College
		Trainor	Creaghan	Williams College
		Virnig	Dan	Carleton College
	Women	Arnott	Annabel	Colorado College
		Biskobing	Brenda	University of Wisconsin, Oshkosh
		Bunting	Sarah	Binghamton University
		Doucette	Amy	Alma College
		Dubec	Esther	Wartburg College
		Knapp	Rachel	Augustana College (Illinois)
		Storin	Darcy	Bowdoin College
		Wartman	Tracy	Moravian College
3000m	Women	Dabalack	Amanda	University of Wisconsin, Oshkosh
		Donnelly	Julie	State University College at Cortland
		Johnson	Krista	University of St. Thomas (Minnesota)
		Olson	Robyn	Wartburg College
		Schneider	Tara	University of St. Thomas (Minnesota)
		Storin	Darcy	Bowdoin College
		Swarts	Heidi	State University College at Cortland
		Swarts	Heather	State University College at Cortland
5000m	Men	Brill	Matt	North Central College
		Castner	J.J.	University of California, San Diego
		Chance	Matt	Simpson College
		Fraij	Tony	Rochester Institute of Technology
		Perry	Jeremie	Williams College
		Runland	Jeff	University of St. Thomas (Minnesota)

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Event	Gender	Last Name	First Name	School
10,000m	Women	Thull	Matt	University of Wisconsin, Oshkosh
		Weigel	John	North Central College
		Copps	Kelly	University of St. Thomas (Minnesota)
		Donnolly	Dorothy	State University College at Cortland
		Haverkamp	Betsy	Calvin College
		Johnson	Turena	Luther College
		LaFleur	Michelle	State University College at Cortland
		Racusin	Jessica	Williams College
		Sisting	Christine	State University College at Geneseo
		Wagner	Gretchen	U.S. Coast Guard Academy
	Men	Bati	Ambo	Augustana College (Illinois)
		Brill	Matt	North Central College
		Casselberry	Brian	Case Western Reserve University
		Fraij	Tony	Rochester Institute of Technology
		Glydon	Jamie	Rochester Institute of Technology
		Lewis	Nathan	Calvin College
		VanArragon	Ray	Calvin College
		Weigel	John	North Central College
	Women	Bluekamp	Renee	Calvin College
		Copps	Kelly	University of St. Thomas (Minnesota)
		Donnolly	Dorothy	State University College at Cortland
		Johnson	Turena	Luther College
		Kuipers	Amy	Calvin College
		LaFleur	Michelle	State University College at Cortland
		Racusin	Jessica	Williams College
		Sisting	Christine	State University College at Geneseo
110m Hurdles	Men	Clinton	Glenn	Alfred University
		Decker	Adam	Nebraska Wesleyan University
		Edel	Mikhail	Brandeis University
		Ushery	Jamelle	Methodist University
		Watkins	Tyrone	Lincoln University (Pennsylvania)
		Williams	Rafeal	North Central College

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100m Hurdles		Wolf	Jason	University of Wisconsin, Eau Claire	
		York	Jeffrey	University at Albany	
	Women	Barron	Kristen	Ohio Northern University	
		Bush	Keena	State University College at Geneseo	
		Cochran	Bridget	Christopher Newport University	
		Davis	Allison	Millikin University	
		Petersime	Amy	Manchester College	
		Shepard	Lisa	University of California, San Diego	
		Yarnall	Jennifer	Frostburg State University	
		400m Hurdles	Men	Busse	Nathan
Camp	Pat			Simpson College	
Decker	Adam			Nebraska Wesleyan University	
Fairweather	William			Lincoln University (Pennsylvania)	
Johnson	Brian			North Central College	
Julien	Anthony			Lincoln University (Pennsylvania)	
Richert	Ben			Wheaton College (Illinois)	
Schneider	Chip			University of Wisconsin, Platteville	
Women	Berntsen		Tracy	Concordia College, Moorhead	
	Blenderman		Jenny	Nebraska Wesleyan University	
	Breuker	Holly	Calvin College		
	Bush	Keena	State University College at Geneseo		
	Doherty	Amy	University of St. Thomas (Minnesota)		
	Moeller	Laura	Allegheny College		
	Riniker	Angie	University of Wisconsin, La Crosse		
	Westland	Joni	Nebraska Wesleyan University		
3000m Steeplechase	Men	Dickerson	Jim	North Central College	
		Engle	Chuck	Mount Union College	
		Henz	Brian	North Central College	
		Kabasenche	Bill	Wheaton College (Illinois)	
		Long	Keith	Williams College	
		Stevens	Marzuki	Williams College	

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Event	Gender	Last Name	First Name	School
		Voloshen	Tim	University of Rochester
		Washler	Jason	Calvin College
4x100m Relay				
Men				
				University of Wisconsin, Stevens Point
				University of Wisconsin, Stevens Point
				University of Wisconsin, Stevens Point
				University of Wisconsin, Stevens Point
		Anderson	Jason	Salisbury University
		Bobula	Brian	Ohio Northern University
		Broach	Marcus	Lincoln University (Pennsylvania)
		Comfort	Brett	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Decker	Adam	Nebraska Wesleyan University
		Everett	Josh	Ohio Northern University
		Glover	Charles	Ohio Northern University
		Heydenberk	Andy	Nebraska Wesleyan University
		Hill	Tony	Salisbury University
		Jones	Brandon	Lincoln University (Pennsylvania)
		McCray	Tony	Salisbury University
		McGee	Steve	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Nelson	Scott	Nebraska Wesleyan University
		Pham	Jimmy	Claremont McKenna-Harvey Mudd-Scripps Colleges
		Pugh	Byron	Salisbury University
		Reed	Mike	Nebraska Wesleyan University
		Taylor	Jeff	Lincoln University (Pennsylvania)
		Waldron	Don	Lincoln University (Pennsylvania)
		Wolf	Matt	Ohio Northern University
		Wong	Felix	Claremont McKenna-Harvey Mudd-Scripps Colleges
	Women			
				University of Wisconsin, Stevens Point
				Coe College
				University of Wisconsin, Stevens Point
				Coe College
				Coe College
				Coe College
				Lincoln University (Pennsylvania)
				University of Wisconsin, Stevens Point

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4x400m Relay Men				Lincoln University (Pennsylvania)
				Lincoln University (Pennsylvania)
				University of Wisconsin, Stevens Point
				Lincoln University (Pennsylvania)
		Archer	Sonia	Christopher Newport University
		Austin	Leonna	Medgar Evers College
		Brown	Stacy	Monmouth College (Illinois)
		Docken	Danielle	University of Wisconsin, La Crosse
		Gorski	Misty	University of Wisconsin, La Crosse
		Hickey	Christy	Monmouth College (Illinois)
		July	Denise	Medgar Evers College
		Madden	Kaystyle	Christopher Newport University
		McLaughlin	Dominique	Christopher Newport University
		Nerison	Michelle	University of Wisconsin, La Crosse
		Robinson	Tomikka	Medgar Evers College
		Schoberg	Kelly	University of Wisconsin, La Crosse
		Sealy	Elizabeth	Medgar Evers College
		Stanton	Christine	Monmouth College (Illinois)
		Ternig	Dori	Monmouth College (Illinois)
		Wilder	Vandisha	Christopher Newport University
				Augustana College (Illinois)
				Augustana College (Illinois)
				Augustana College (Illinois)
				Augustana College (Illinois)
		Adams	Damon	Tufts University
		Bean	Rob	University of Wisconsin, La Crosse
		Chickwendu	Zamafa	University at Albany
		Currie	Courtney	University at Albany
		Dennis	Noel	Tufts University
		Ferneau	Brent	Central College (Iowa)
		Forrester	Jomo	University at Albany
		Gansen	Eric	University of Wisconsin, La Crosse
		Goss	Clifford	Anderson University (Indiana)
		Hartsburg	Travis	Anderson University (Indiana)
		Heim	Eddie	Central College (Iowa)

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		Hill	Geoff	Tufts University
		Julien	Anthony	Lincoln University (Pennsylvania)
		Kazik	Scott	University of Wisconsin, La Crosse
		Lavalle	James	Tufts University
		Miller	Travis	University at Albany
		Robinson	William	Lincoln University (Pennsylvania)
		Rydzinski	Brian	Anderson University (Indiana)
		Schaffer	Shane	Anderson University (Indiana)
		Schmidt	Eric	Lincoln University (Pennsylvania)
		Smith	Nate	Central College (Iowa)
		Taylor	Jeff	Lincoln University (Pennsylvania)
		Vetterkind	Phil	University of Wisconsin, La Crosse
		Zimmerman	Dan	Central College (Iowa)
	Women			
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
				University of St. Thomas (Minnesota)
		Almiron	Jennifer	Amherst College
		Austin	Leonna	Medgar Evers College
		de Boer	Hilde	University of Wisconsin, La Crosse
		Dougherty	Tammy	Mount Union College
		Elson	Carrie	Williams College
		Holloway	Rachel	Amherst College
		July	Denise	Medgar Evers College
		Kane	Joelle	University of Wisconsin, Oshkosh
		Leisen	Jenny	University of Wisconsin, La Crosse
		Melendez	Lisa	University of Wisconsin, Oshkosh
		Nelson	Laura	University of Wisconsin, Oshkosh
		Olson	Shawdi	University of Wisconsin, La Crosse
		O'Shea	Heather	Mount Union College
		Paquette	Kirsten	Williams College
		Parendelis	Rhea	Amherst College
		Randall	Margaret	Williams College
		Riniker	Angie	University of Wisconsin, La Crosse
		Rob	Katie	Amherst College
		Robinson	Tomikka	Medgar Evers College

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Event	Gender	Last Name	First Name	School
High Jump		Sealy	Elizabeth	Medgar Evers College
		Shaffer	Janel	Mount Union College
		Shorts	Dawn	Mount Union College
		Simmons	Emily	University of Wisconsin, Oshkosh
		Trzeszkowski	Alyssa	Williams College
	Men	Claiborne	Thomas	Lincoln University (Pennsylvania)
		Fitch	Courtney	Roanoke College
		Hoffman	Kenneth	St. Olaf College
		Hoyt	Jeff	State University College at Fredonia
		Mitre	Joel	University of Redlands
		Slaikeu	Jason	University of Wisconsin, Eau Claire
		Wolf	Don	Buena Vista University
	Women	Bonomo	Kari	Allegheny College
		Breyfogle	Teresa	Buena Vista University
		Chaddock	Nicole	Mount Union College
		Crawford	Jody	Baldwin-Wallace College
		Erffmeyer	Gwen	Calvin College
Pole Vault		Grossman	Nina	University of St. Thomas (Minnesota)
		Kindling	Leslie	Case Western Reserve University
		Meinholz	Arlene	University of Wisconsin, Eau Claire
	Men	Christenson	Corey	Augustana College (Illinois)
		Johnson	Tim	University of Wisconsin, Stout
		Keller	Matt	Mount Union College
		Nixon	James	University at Albany
		Orsinger	Drew	U.S. Coast Guard Academy
Long Jump		Schnur	Mike	University of Wisconsin, La Crosse
		Shaffer	Ben	Ohio Northern University
		Tabour	Justin	North Central College
	Men	Alberts	Wade	Nebraska Wesleyan University
		Bunke	Rob	University of Wisconsin, La Crosse
		Davenport	Anthony	University at Albany

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Event	Gender	Last Name	First Name	School
Triple Jump	Women	Meaux	Antone	Washington University (Missouri)
		Rosenkrantz	Paul	Binghamton University
		Ross	Jason	Thiel College
		Savage	Shawn	Rowan University
		Schneider	Chip	University of Wisconsin, Platteville
		Consier	Thea	John Carroll University
		Culwell	Chris	Ohio Wesleyan University
		Docken	Danielle	University of Wisconsin, La Crosse
	Galloway	Dawn	Lincoln University (Pennsylvania)	
	Gonzalez	Gina	Widener University	
	Shirk	Janine	Messiah College	
	Sprowl	Renee	University of California, San Diego	
	Zhelezov	Eleena	Brandeis University	
	Men	Alberts	Wade	Nebraska Wesleyan University
		Almendarez	Oscar	University at Albany
		Hawkins	Peter	Pomona-Pitzer Colleges
Hidalgo		Luis	American University of Puerto Rico	
Kaufman		Montez	Christopher Newport University	
McNitt		Nate	Susquehanna University	
Savage		Shawn	Rowan University	
Thompson		Kenneth Troy	Emory University	
Women	Domico	Michele	University of California, San Diego	
	King	Grace	State University College at Fredonia	
	Main	Kerrie	University of Wisconsin, Oshkosh	
	Patterson	Tamiko	Christopher Newport University	
	Pfeiffer	Megan	University of St. Thomas (Minnesota)	
	Simpson	Myra	University of Mary Washington	
	Thacker	Kenya	University of California, San Diego	
	Zhelezov	Eleena	Brandeis University	
Shot Put	Men	Banks	Aaron	Concordia College, Moorhead
		Carpenter	Ryan	Augustana College (Illinois)
		DeNisco	Ross	Lebanon Valley College

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Discus	Women	Gross	Brett	Gustavus Adolphus College
		Kalahar	Ed	Case Western Reserve University
		McGuffin	Seth	Lynchburg College
		Murray	Dave	Allegheny College
		Pulver	Rich	Union College (New York)
	Men	Brinton	Andrea	Luther College
		Conlin	Ruth	University of Wisconsin, Oshkosh
		Dankemeyer	Kim	University of Wisconsin, La Crosse
		Gisbrecht	Sheila	Ohio Wesleyan University
		Kiner	Kim	Loras College
		Oleson	Missy	University of Wisconsin, Oshkosh
		Pecovsky	Rachelle	Ursinus College
		Truss	Arlene	William Penn University
	Women	Banks	Aaron	Concordia College, Moorhead
		Brooks	Ethan	Williams College
		Carlson	Ryan	University of Wisconsin, La Crosse
		Dutton	Matt	Augustana College (Illinois)
		Lambert	Tom	University of Wisconsin, Oshkosh
		McGuffin	Seth	Lynchburg College
		Schake	Tate	Nebraska Wesleyan University
		Ventura	Mike	Binghamton University
Hammer	Men	Dankemeyer	Kim	University of Wisconsin, La Crosse
		Eisenreich	Michelle	Carleton College
		Fall	Gina	Ohio Northern University
		Holl	Bonnie	University of Wisconsin, Stevens Point
		Inman	Rainy	Alma College
		Marshall	Lisa	University of Wisconsin, Eau Claire
		Oleson	Missy	University of Wisconsin, Oshkosh
		Wilkinson	Deb	Wartburg College
	Women	Banashak	Saul	University of Wisconsin, La Crosse
		Brooks	Ethan	Williams College
		Consigli	Brian	Williams College

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Event	Gender	Last Name	First Name	School
Javelin	Women	Hanrahan	Shawn	Rensselaer Polytechnic Institute
		Hitchcock	Trevor	State University College at Fredonia
		Skurka	Christopher	Rhode Island College
		Walker Jr.	Bobby	Williams College
		Wallberg	John	Massachusetts Institute of Technology
		Chadderdon	Lisa	Williams College
		Lorenzen	Brooke	Colby College
		Oleson	Missy	University of Wisconsin, Oshkosh
	Parish	Kiyomi	Pomona-Pitzer Colleges	
	Pontius	Jen	University of Wisconsin, River Falls	
	Rice	Claudine	Westfield State College	
	Start	Brenda	Williams College	
	Sullivan-Reyes	Monica	Occidental College	
	Men	Bodine	Richard	Rowan University
		Davies	Bruce	Rowan University
		Johnson	Matt	Union College (New York)
Lischner		John	Thiel College	
Natale		Mike	Moravian College	
Phillips		Warren	Allegheny College	
Theriault		Kris	Fitchburg State College	
Von Tobel		Carl	McDaniel College	
Women	Bumps	Heather	Bates College	
	Erickson	Renee	Concordia College, Moorhead	
	Gado	Stacie	Salisbury University	
	Helm	Crystal	Ripon College	
	Knutson	Mary	University of Wisconsin, Eau Claire	
	Leslie	Amy	Thiel College	
	Marshalekk	Kathy	Thiel College	
	Orchowski	Jennifer	Lycoming College	
Decathlon	Men	Besemann	Daniel	Saint John's University (Minnesota)
		Elsen	Paul	Wheaton College (Illinois)
		Haydenberk	Andy	Nebraska Wesleyan University

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Heptathlon		Miller	Brian	Baldwin-Wallace College
		Nixon	James	University at Albany
		Rosenkrantz	Erik	University of St. Thomas (Minnesota)
		Schierholz	Andrew	Principia College
		Stein	John David	Calvin College
	Women	Etheridge	Kelly	Hope College
		Gagliani	Wendy	Fitchburg State College
		Guthrie	Jennifer	Nebraska Wesleyan University
		Iannotta	Joah	Wesleyan University (Connecticut)
		Kindling	Leslie	Case Western Reserve University
		Logback	Judy	Beloit College
		Pattyn	Mollie	University of St. Thomas (Minnesota)
		Schroeder	Carrie	Simpson College