

THE BOWERMAN WOMEN'S FINALIST



Abby Steiner

School	Kentucky
Class	Junior
Event(s)	Sprints
Hometown	Dublin, Ohio
High School	Dublin Coffman



2022 PERFORMANCE LEDGER

Event	Date	Rnd	Mark	Overall	Race	Notes	Meet	Location
INDOOR								
60m	Jan 21		7.19	(2)	1h4		Red Raider	Lubbock, Texas
60m	Jan 21		7.17	(2)	2h1		Red Raider	Lubbock, Texas
60m	Jan 28		7.23	(1)	1h2		McCravy	Lexington, Ky.
60m	Jan 28		7.20	(1)	1h4		McCravy	Lexington, Ky.
60m	Feb 11		7.21	(2)	1h7		Tiger Paw	Clemson, S.C.
60m	Feb 11		7.12	(1)	1h2		Tiger Paw	Clemson, S.C.
60m	Feb 25		7.19	(3)	3h1		SEC Indoor	College Station, Texas
60m	Feb 25		7.17	(1)	1h2		SEC Indoor	College Station, Texas
60m	Mar 11	p	7.14	(4)	2h2		NCAA DI Indoor	Birmingham, Ala.
60m	Mar 12	FNL	7.10	2	2s1		NCAA DI Indoor	Birmingham, Ala.
200m	Jan 15	FNL	22.58 OT	1	1s1		Kentucky Inv	Lexington, Ky.
200m	Feb 12	FNL	22.37	1	1s1		Tiger Paw	Clemson, S.C.
200m	Feb 25		22.44	(1)	1h9		SEC Indoor	College Station, Texas
200m	Feb 25		22.09	(1)	1h2		SEC Indoor	College Station, Texas
200m	Mar 12	p	22.45	(1)	1h3		NCAA DI Indoor	Birmingham, Ala.
200m	Mar 12	FNL	22.16	1	1s2		NCAA DI Indoor	Birmingham, Ala.
300m	Dec 11	FNL	35.80	1	1s1		Louisville Cardinal Classic	Louisville, Ky.
4x400	Dec 11	FNL	3:39.48	leadoff	1	1s1	Louisville Cardinal Classic	Louisville, Ky.
4x400	Jan 21	FNL	3:28.62	2nd leg	1	1s1	Red Raider	Lubbock, Texas
4x400	Feb 12	FNL	3:27.27	2nd leg	1	1s1	Tiger Paw	Clemson, S.C.
4x400	Feb 26	FNL	3:25.89	2nd leg	3	3s3	SEC Indoor	College Station, Texas
4x400	Mar 12	FNL	3:28.77	2nd leg	3	3s3	NCAA DI Indoor	Birmingham, Ala.
OUTDOOR								
100m	Mar 31		11.10	(w: 1.5)	(1)	1h1	Florida Relays	Gainesville, Fla.
100m	Apr 9		10.92	(w: 0.5)	(1)	1h1	Joe May Invitational	Baton Rouge, La.
100m	May 11	p	11.25	(w: -0.5)	(1)	1h1	SEC Outdoor	Oxford, Miss.
100m	May 12	FNL	11.02	(w: -0.7)	2	2h1	SEC Outdoor	Oxford, Miss.
100m	May 26	p	10.99w	(w: 2.5)	(1)	1h5	NCAA DI East	Bloomington, Ind.
100m	May 28	qf	11.04	(w: -0.2)	(2)	1h3	NCAA DI East	Bloomington, Ind.
100m	Jun 9	sf	10.90	(w: 1.0)	(2)	1h2	NCAA DI Outdoor	Eugene, Ore.
100m	Jun 11	FNL	11.08	(w: 0.2)	3	3s1	NCAA DI Outdoor	Eugene, Ore.
200m	Apr 9		22.38	(w: -5.6)	(1)	1h1	Joe May Invitational	Baton Rouge, La.
200m	Apr 22		22.05	(w: 0.5)	(1)	1h1	Kentucky Invitational	Lexington, Ky.
200m	May 10	p	22.38	(w: -0.3)	(2)	1h3	SEC Outdoor	Oxford, Miss.
200m	May 12	FNL	22.07	(w: 0.2)	2	2	SEC Outdoor	Oxford, Miss.
200m	May 26	p	22.19	(w: 0.6)	(1)	1h2	NCAA DI East	Bloomington, Ind.
200m	May 28	qf	22.01w	(w: 2.1)	(1)	1h2	NCAA DI East	Bloomington, Ind.
200m	Jun 9	sf	22.02	(w: 0.5)	(1)	1h3	NCAA DI Outdoor	Eugene, Ore.
200m	Jun 11	FNL	21.80	(w: 1.3)	1	1s1	NCAA DI Outdoor	Eugene, Ore.
4x100	Apr 2	FNL	DNF	2nd leg	--	s1	Florida Relays	Gainesville, Fla.
4x100	Apr 9	FNL	42.46	2nd leg	1	1s1	Joe May Invitational	Baton Rouge, La.
4x100	Apr 23	FNL	42.91	2nd leg	1	1s1	Kentucky Invitational	Lexington, Ky.
4x100	Apr 30	p	43.65	2nd leg	(1)	1h2	Drake Relays	Des Moines, Iowa
4x100	May 14	FNL	42.63	2nd leg	2	2s1	SEC Outdoor	Oxford, Miss.
4x100	May 28	qf	42.95	2nd leg	(2)	1h1	NCAA DI East	Bloomington, Ind.
4x100	Jun 11	sf	42.53	2nd leg	(4)	2h2	NCAA DI Outdoor	Eugene, Ore.
4x100	Jun 11	FNL	42.55	2nd leg	2	2s1	NCAA DI Outdoor	Eugene, Ore.
4x400	Apr 2	FNL	3:26.99	2nd leg	1	1s1	Florida Relays	Gainesville, Fla.
4x400	Apr 23	FNL	3:25.79	3rd leg	1	1s1	Kentucky Invitational	Lexington, Ky.
4x400	May 14	FNL	3:21.93	3rd leg	1	1s1	SEC Outdoor	Oxford, Miss.
4x400	Jun 11	FNL	3:22.55	3rd leg	1	1s1	NCAA DI Outdoor	Eugene, Ore.
SMR	Apr 30	FNL	3:48.65	2nd leg (200m)	1	1s3	Drake Relays	Des Moines, Iowa

(or X or CR), #C - Position on the all-time collegiate performers list (CR is collegiate record; X denotes ranked with better mark), all-time collegiate performance rank (ex. 2, 4C means the performer is No. 2 on the all-time collegiate list, while their time is ranked No. 4 all-time among collegiate marks - the performer above them has multiple marks better)
 (a-c: #, #C) - All-conditions ranking in collegiate history, including wind-aided performances ==# or =#C is a tie on performer/performance list
 CB - Combined event result; underlined marks indicate season's best in that event

2022 HIGHLIGHTS & NOTES

- Collegiate Indoor Record - 200 Meters
- Collegiate Indoor Record - 300 Meters
- Collegiate Outdoor Record - 200 Meters
- Collegiate Outdoor Record - 4x400 Relay
- NCAA DI Indoor Champion - 200 Meters
- NCAA DI Outdoor Champion - 200 Meters
- NCAA DI Outdoor Champion - 4x400 Relay
- SEC Indoor Champion - 200 Meters
- SEC Outdoor Champion - 4x400 Relay

FINAL POSITIONS ON 2022 COLLEGIATE LIST

- #=4 Indoor 60 Meters (=No. 12 All-Time)
- #1 Indoor 200 Meters (Collegiate Record)
(3 all-time top-10 performances)
- #1 indoor 300 Meters (Collegiate Record)
(1 all-time top-10 performance)
- #3 outdoor 100 Meters (No. 7 All-Time)
(1 all-time top-10 performance)
- #1 outdoor 200 Meters (Collegiate Record)
(4 all-time top-10 performances)

WIN-LOSS RECORD

- 11-6 in event finals versus collegians
- 1-3 in 60 meters indoors
- 4-0 in 200 meters indoors
- 1-0 in 300 meters indoors
- 2-2 in 100 meters outdoors
- 3-1 in 200 meters outdoors

HIGHLIGHTS

- **Louisville Cardinal Classic (Dec. 11)**
Broke collegiate record in 300 meters with time of 35.80, breaking 40-year-old mark of 35.83 set by Merlene Ottey.
- **Tiger Paw Invite (Feb. 11-12)**
Broke collegiate record in 200 she previously co-held with winning performance of 22.37.
Also won 60 in PR 7.12 and ran on winning 4x400 relay team (3:27.27).
- **SEC Indoor Championships (Feb. 25-26)**
Broke own collegiate record in 200 at 22.09, which also broke the American Record.
Also finished third in 60 and ran on third-place 4x400 team (3:25.89).
- **NCAA Indoor Championships (March 11-12)**
Won 200 with meet record 22.16, the No. 2 performance in collegiate history.
Also finished second in 60 with PR 7.10 in becoming =No. 12 collegian ever.
Ran on third-place 4x400 team (3:28.77).
- **LSU Joe May Invitational (April 9)**
Won 100 in PR 10.92 to become then =No. 5 collegian ever.
Won 200 in outdoor PR 22.38, a time made impressive by the fact that it came into a 5.6 m/s headwind.
Opened meet running the second leg on UK's winning 4x100 relay team (42.46).
- **Kentucky Invitational (April 22)**
Won 200 with PR 22.05 to become No. 4 collegian all-time.
Also ran on winning 4x100 (42.91) and 4x400 (3:25.79) teams.
- **SEC Outdoor Championships (May 12-14)**
Collected runner-up finishes in 100 (11.02), 200 (22.07) and 4x100 relay (42.63).
Contributed the fastest split (48.78) on third leg of CR-setting 4x400 team, which ran 3:21.93.
- **NCAA East Preliminary Round (May 25-28)**
Advanced to NCAA final site in 100 and 200, the latter with a wind-aided 22.01 that made her No. 4 all-time collegian under all-conditions.
- **NCAA DI Outdoor Championships (June 8-11)**
Shattered collegiate record to win 200 in 21.80.
Finished third in 100 after lowering PR to 10.90 in semifinals (No. 7 collegian all-time).
Blazed a 48.92 split (second fastest in meet history) as UK won the 4x400 relay in 3:22.55, second-fastest in meet history.
Ran second leg on UK's 4x100 relay team, which finished second in 42.55.
First woman to own indoor and outdoor CRs in 200 since Merlene Ottey in 1982.