



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #4, April 23

as of 5/4/2019 3:24:29 PM

Atlantic

Women's 100 Meters

1	9	Michaela BURRELL	JR Rochester (N.Y.)	12.17w	(3.7)	3/29
2	21	judanicka JULCEUS	SO Ramapo	12.26	(1.9)	4/12
2	21	Aaniyah ROBINSON	JR Rowan	12.26	(2.0)	4/12
4	43	Maya CAMPBELL	JR SUNY Cortland	12.37w	(3.4)	4/19
4	43	Taylor HUNTER	FR SUNY Cortland	12.37w	(3.4)	4/19
6	60	Steffany BATISTA	FR SUNY Cortland	12.45w	(3.4)	4/19
7	66	Mya LIPSCOMB	FR SUNY Oneonta	12.47w	(3.4)	4/19
8	70	Amanda WETMORE	JR Ithaca	12.48	(0.8)	4/12
9	76	Catherine BERRY	SR Hamilton	12.49w	(2.8)	4/12
10	84	Satin HOLMES	JR Brockport	12.52w	(3.4)	4/19

Women's 1500 Meters

1	7	Elise RAMIREZ	SR SUNY Geneseo	4:32.27	4/20
2	11	Sarah RUDGE	JR Ithaca	4:34.84	4/13
3	31	Allie FERNANDEZ	SR SUNY Geneseo	4:38.87	4/13
4	34	Dana CEBULSKI	SR SUNY Geneseo	4:39.01	4/13
5	43	Hannah VENETTA	SR Rowan	4:40.97	4/12
6	51	Maggie BOND	JR RPI	4:42.32	4/6
7	53	Natalie COOPER	SR TCNJ	4:42.61	4/19
8	55	Erin HOLZBAUR	SR TCNJ	4:42.99	4/19
9	59	Maddie STURM	SR RPI	4:43.31	4/13
10	62	Jordan HURLBUT	JR Rochester (N.Y.)	4:43.43	3/29

Women's 200 Meters

1	7	Gina DELLO RUSSO	JR Stevens	24.86w	(3.4)	4/12
2	16	Michaela BURRELL	JR Rochester (N.Y.)	25.18w	(3.1)	4/18
3	34	Steffany BATISTA	FR SUNY Cortland	25.35w	(3.6)	4/19
4	37	Taylor HUNTER	FR SUNY Cortland	25.37w	(3.6)	4/19
5	38	Catherine BERRY	SR Hamilton	25.38	(-0.5)	3/29
5	38	Alycia EATON	SR Nazareth	25.38w	(3.1)	4/18
7	44	Samantha GORMAN	JR TCNJ	25.46	(0.9)	4/5
8	48	Kayla BARBER	SO SUNY Geneseo	25.51w	(3.1)	4/18
9	52	Elisabeth PLYMPTON	JR SUNY Plattsburgh	25.57	(0.5)	4/6
10	56	myiah STURDIVANT	SO Rowan	25.63	(0.2)	4/19

Women's Steeplechase

1	3	Erin HOLZBAUR	SR TCNJ	10:46.19	4/4
2	7	Allison MILLER	JR Brockport	10:54.37	4/13
3	10	Isabel CAPLAZI	SO RPI	11:09.40	4/13
4	17	Caroline DRISCOLL	JR St. Lawrence	11:16.49	4/19
5	18	Annibel COOLICAN	JR SUNY Geneseo	11:17.59	4/13
6	40	Mariellen PENZER	SO SUNY Geneseo	11:30.32	4/6
7	48	Eliza NICHOLS	JR SUNY Cortland	11:34.15	4/13
8	57	Maddie STURM	SR RPI	11:36.61	4/20
9	96	Olivia SPENCER	FR RIT	11:52.11	4/20
10	98	Laura KLANG	SO RPI	11:53.33	4/6

Women's 400 Meters

1	2	Maiya FOSTER-DANIELS	SO Mount Saint Vincent	55.61	4/12
2	3	Gina DELLO RUSSO	JR Stevens	55.90	4/20
3	7	Marissa JONES	JR SUNY Plattsburgh	56.64	4/19
4	12	Samantha GORMAN	JR TCNJ	56.98	4/19
5	18	Catherine BERRY	SR Hamilton	57.31	3/29
6	21	myiah STURDIVANT	SO Rowan	57.45	4/12
7	25	Megan GASNICK	FR TCNJ	57.54	4/19
8	26	Anna FLAITZ	FR SUNY Geneseo	57.60	4/12
9	45	Carly VREUGDE	JR SUNY Oswego	58.20	4/19
10	48	Ashley LYONS	JR Buffalo State	58.24	4/19

Women's 5000 Meters

1	2	Elise RAMIREZ	SR SUNY Geneseo	16:34.47	4/13
2	8	Genny CORCORAN	SO SUNY Geneseo	16:56.27	4/20
3	9	Maggie BOND	JR RPI	17:06.62	4/13
4	12	Natalie COOPER	SR TCNJ	17:12.56	4/4
5	19	Laura BARRECA	SR SUNY Geneseo	17:22.40	4/13
6	29	Taylor RETTIG	JR SUNY Geneseo	17:33.89	4/13
7	44	Keara GINELL	FR Vassar	17:44.06	4/12
8	48	Elise MATERA	SR Vassar	17:47.24	4/12
9	49	Allison MILLER	JR Brockport	17:47.58	4/19
10	58	Autumn GRIM	JR RPI	17:50.75	4/13

Women's 800 Meters

1	8	Sarah RUDGE	JR Ithaca	2:13.29	4/13
2	20	Katie LACAPRIA	JR TCNJ	2:14.88	3/29
3	22	Allison UHL	FR TCNJ	2:14.94	4/19
4	31	Mary LUNDIN	SR Hamilton	2:16.00	4/20
5	55	Edena SANCHEZ	SO Houghton	2:17.56	4/12
6	63	Shannon IMBORNONI	SO SUNY Cortland	2:17.98	4/13
7	64	Eileen BEQUETTE	SO Rochester (N.Y.)	2:18.01	4/20
8	68	Katerina SALCEDO	FR SUNY Delhi	2:18.15	4/5
9	80	Madison PEREZ	FR RPI	2:18.61	4/13
10	94	Veronica KORDRUPEL	SR Buffalo State	2:19.05	4/19

Women's 10,000 Meters

1	3	Genny CORCORAN	SO SUNY Geneseo	35:07.87	4/13
2	23	Rachel BARGABOS	SR Rochester (N.Y.)	36:57.63	4/13
3	26	Ashley WALKER	FR St. Lawrence	37:10.05	4/13
4	31	Caroline DRISCOLL	JR St. Lawrence	37:21.93	4/13
5	36	Grace HELLER	SR Hamilton	37:42.28	3/29
6	46	Madeleine TATTORY	SR TCNJ	38:02.95	4/20
7	51	Megan HORN	SR Vassar	38:13.85	3/29
8	62	Hannah MARTIN	SO Vassar	38:27.68	4/12
9	66	Kristin MCATEE	SO Stevens	38:34.28	4/19
10	67	Clarissa HENSLER	SO St. John Fisher	38:34.34	4/14



USTFCCA NCAA Division III Outdoor Track & Field
Regional TFRI Event Summary

WOMEN — 2019 Week #4, April 23

as of 5/4/2019 3:24:30 PM

Atlantic

Women's 100 Meter Hurdles

1	6	Aspen MCMILLAN	SR	Rowan	14.42	(0.8)	3/23
2	9	Darielle CROSS	JR	Rowan	14.50w	(2.1)	4/12
3	22	Kaila CARTER	JR	TCNJ	14.77	(2.0)	4/12
4	34	Amanda IASPARO	JR	SUNY Oneonta	14.91	(1.6)	4/19
5	44	Logan BRUCE	FR	Ithaca	15.03	(1.4)	4/5
5	44	Erin MACDOUGALL	SR	SUNY Geneseo	15.03w	(3.0)	4/18
5	44	Kassidy MULRYNE	FR	TCNJ	15.03w	(2.4)	4/5
8	48	Maya CAMPBELL	JR	SUNY Cortland	15.07	(-0.9)	4/19
9	76	Taylor DENCE	JR	St. John Fisher	15.36	(-0.2)	4/19
10	88	Rachael LEYRER	SO	Stockton	15.41w	(2.8)	3/30

Women's 400 Meter Hurdles

1	5	Harley WILSON	SO	RIT	1:02.19		3/29
2	15	Erin MACDOUGALL	SR	SUNY Geneseo	1:03.53		4/12
3	16	Hannah MADDEN	SR	SUNY Geneseo	1:03.56		4/12
4	18	Taylor DENCE	JR	St. John Fisher	1:03.65		4/19
5	23	Britney SWARTHOUT	SR	Ithaca	1:03.80		4/19
6	45	Eileen BEQUETTE	SO	Rochester (N.Y.)	1:04.86		3/29
7	46	Danielle NICKLAS	SO	Rowan	1:04.89		4/12
8	55	Alyssa RICHTAREK	SO	RPI	1:05.51		4/13
9	59	Janyll BARBER	SO	SUNY Plattsburgh	1:05.59		4/19
10	61	Kari DITONNO	JR	Rowan	1:05.64		3/23

Women's 4x100 Relay

1	5	Johnson, mcleod-whitener, Robinson, Cross		Rowan	47.40		4/19
2	14	Kanu, Berry, Steiner, Jackson		Hamilton	48.26		3/29
3	18	Gardner, Bennett, Batista, Hunter		SUNY Cortland	48.43		4/13
4	30	Scarpello, John-Ogam, Holmes, Lawless		Brockport	48.82		4/6
5	35	Beckley, Burd, Quintana, Wetmore		Ithaca	48.91		4/19
6	41	MacLure, Lambert, Zelinski, Grill		TCNJ	48.99		4/12
7	45	Julceus, Julceus, Scarpis, Sasson		Ramapo	49.07		4/19
8	56	Strickland, Barber, Zopf, Franciosa		SUNY Geneseo	49.33		4/6
9	59	Plympton, Jones, Barber, Whimple		SUNY Plattsburgh	49.35		4/19
10	65	Walker, Burdsall, Bivins, Lodge		Stockton	49.51		4/19

Women's 4x400 Relay

1	4	Gasnick, Lambert, Uhl, Gorman		TCNJ	3:53.89		4/19
2	8	Dixon, Sensini, Raqib, Lyons		Buffalo State	3:55.62		4/19
3	20	Joseph, Duffield, Manning, Brandon		Rutgers-Newark	3:58.23		4/19
4	25	sturdivant, Johnson, Incantalupo, Nicklas		Rowan	3:59.12		4/12
5	28	Flaitz, Mulder, MacDougall, Barber		SUNY Geneseo	3:59.94		4/12
6	29	Plympton, Barber, Canet, Jones		SUNY Plattsburgh	4:00.02		4/13
7	38	Lachenmayr, Nickerson, Hutchison, Adams		Ithaca	4:01.87		4/19
8	44	Correale, Uhl, Imbornoni, Batista		SUNY Cortland	4:02.51		4/19
9	51	Binga, Bernabeo, Eckl, Wilson		RIT	4:03.18		4/20
10	61	Steiner, Berry, Lundin, McHugh		Hamilton	4:04.82		4/12

Women's High Jump

1	3	Kassidy MULRYNE	FR	TCNJ	1.70m	5-7	4/19
2	5	Jacy SCHARLOW	FR	RPI	1.69m	5-6½	3/30
3	13	Lauren PARKER	SR	RPI	1.65m	5-5	4/6
4	43	Maya VERMA	FR	RPI	1.60m	5-3	3/30
4	43	Logan BRUCE	FR	Ithaca	1.60m	5-3	4/19
4	43	Haley BRUST	SR	St. John Fisher	1.60m	5-3	4/19
4	43	Susann FOLEY	FR	Ithaca	1.60m	5-3	3/30
8	69	Laura PIAZZA	SR	SUNY Geneseo	1.59m	5-2½	4/12
8	69	Grace MERCHANT	FR	Ithaca	1.59m	5-2½	4/12
8	69	Estelle YEDYNAK	JR	Ithaca	1.59m	5-2½	4/12

Women's Pole Vault

1	4	Kristina LANGAN	FR	Ramapo	3.85m	12-7½	4/12
1	4	Kelcey WATSON	SR	Brockport	3.85m	12-7½	4/19
3	11	Meghan MATHENY	FR	Ithaca	3.75m	12-3½	4/6
4	21	Juliann TERRY	SO	Ithaca	3.65m	11-11¾	3/23
5	27	Maya REINA	JR	Brockport	3.60m	11-9¾	4/19
6	43	Madeline PIZZO	JR	RIT	3.52m	11-6½	4/18
7	44	Julia NOMBERG	SO	Ithaca	3.50m	11-5¾	4/19
8	53	Laura PIAZZA	SR	SUNY Geneseo	3.46m	11-4¼	4/6
9	61	Samantha KAPLAN	JR	RIT	3.42m	11-2¾	4/13
10	74	Emily CAREY	SO	Ithaca	3.35m	10-11¾	4/12



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WOMEN — 2019 Week #4, April 23

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Atlantic

Women's Long Jump

1	3	Avery MAILLET	SO	CCNY	5.78m	18-11¾ (0.5)	4/14
2	13	Michelle MACAULEY	SR	Rowan	5.63m	18-5¾ (-0.3)	3/23
3	29	Sarah YENSAN	JR	SUNY Oswego	5.51m	18-1 (1.9)	4/6
3	29	Lonnie GARRETT	JR	Rochester (N.Y.)	5.51m	18-1 (1.7)	4/6
5	45	Alycia EATON	SR	Nazareth	5.45m	17-10¾ (0.6)	4/12
6	52	Haley BRUST	SR	St. John Fisher	5.43mw	17-9¾ (2.1)	4/6
7	61	Logan BRUCE	FR	Ithaca	5.40m	17-8¾ (0.1)	4/12
8	75	Emily SALVEMINI	FR	SUNY Geneseo	5.33m	17-6 (1.9)	4/6
8	75	Hannah DUTTWEILER	JR	Rochester (N.Y.)	5.33mw	17-6 (2.5)	4/20
10	80	Janyll BARBER	SO	SUNY Plattsburgh	5.32m	17-5½ (0.6)	4/19

Women's Triple Jump

1	2	Victoria WHIMPLE	FR	SUNY Plattsburgh	11.99m	39-4 (2.0)	4/19
2	5	Nisa RAQIB	FR	Buffalo State	11.81m	38-9 (-0.6)	4/19
3	16	Evelyn NKANGA	JR	NYU	11.55m	37-10¾ (0.8)	4/5
4	20	Alycia EATON	SR	Nazareth	11.51m	37-9¼ (0.0)	4/18
5	24	Maya CAMPBELL	JR	SUNY Cortland	11.44m	37-6½ (0.7)	4/6
6	29	Anna SCARPIS	SO	Ramapo	11.37m	37-3¾ (-0.2)	4/6
7	30	Cassandra SERAFIN	SO	Fredonia	11.36mw	37-3¼ (3.4)	4/12
8	36	Samantha JENKS	SO	SUNY Oswego	11.25m	36-11 (0.2)	4/6
9	44	Lucy PIACENTINI	JR	CCNY	11.20m	36-9 (1.8)	4/14
9	44	Jessica MCRAE	JR	Stockton	11.20m	36-9 (0.0)	3/30

Women's Shot Put

1	12	Katie WEEKS	SR	Stevens	13.46m	44-2	4/19
2	40	Brianna COON	JR	SUNY Plattsburgh	12.72m	41-8¾	4/19
3	43	Jessica CRAVEN	SR	Brockport	12.68m	41-7¼	4/6
4	67	Madeline PIZZO	JR	RIT	12.32m	40-5	3/29
5	68	Ariyahna BERNARD	SO	Ithaca	12.31m	40-4¾	4/19
6	78	Samantha HEALY	SO	Ithaca	12.21m	40-¾	4/19
7	85	Ledena BAYTOPS	SR	Rutgers-Newark	12.15m	39-10½	4/5
8	96	Emmy LAFEVRE	JR	Stockton	12.03m	39-5¾	4/12
9	###	Kendall WELLAUER	JR	Ithaca	12.00m	39-4½	4/19
10	###	Kathleen MERCHANT	FR	St. Lawrence	11.97m	39-3¼	4/19

Women's Discus

1	1	Katie WEEKS	SR	Stevens	47.37m	155-5	4/19
2	20	Jessica CRAVEN	SR	Brockport	43.20m	141-9	3/29
3	26	Grace MESSINA	SO	Rochester (N.Y.)	42.21m	138-6	4/18
4	35	Molly FERGUSON	SR	Utica	41.33m	135-7	4/19
5	70	Katrina CORNICK	FR	Utica	39.25m	128-9	3/29
6	81	Chelsea SMITH	JR	Rowan	38.74m	127-1	3/23
7	85	Mady DIBBLE	JR	Brockport	38.56m	126-6	4/19
8	###	Kathleen MERCHANT	FR	St. Lawrence	37.72m	123-9	4/19
9	###	AnaMaria LACCETTI	FR	Stevens	37.22m	122-2	4/5
10	###	Alexandria BARLOWE	SR	SUNY Geneseo	36.60m	120-1	4/18

Women's Hammer

1	7	Katie WEEKS	SR	Stevens	52.81m	173-3	4/19
2	23	Jessica CRAVEN	SR	Brockport	50.45m	165-6	4/19
3	37	Harley BUCZKOWSKI	SR	SUNY Cortland	48.99m	160-9	4/19
4	38	Alexis RYDER	SO	SUNY Oneonta	48.84m	160-3	4/13
5	41	Charlotte LEON	SO	Stockton	48.61m	159-6	4/12
6	42	Samantha HEALY	SO	Ithaca	48.55m	159-4	4/12
7	44	Olivia GEORGE	SO	Brockport	48.29m	158-5	4/19
8	61	Kendall WELLAUER	JR	Ithaca	47.44m	155-8	4/19
9	74	Ariyahna BERNARD	SO	Ithaca	46.54m	152-8	4/13
10	77	Grace MESSINA	SO	Rochester (N.Y.)	46.25m	151-9	4/20

Women's Javelin

1	5	Kathleen MERCHANT	FR	St. Lawrence	43.51m	142-9	4/19
2	25	Hannah CUMMINGS	FR	Hunter	39.62m	130-0	3/29
3	46	Catherine LUTJEN	JR	SUNY Cortland	38.57m	126-7	4/19
4	51	Desirae BLAIR	SO	SUNY Plattsburgh	38.29m	125-8	4/13
4	51	Nicole HERRINGSHAW	SR	Utica	38.29m	125-8	4/13
6	58	Amanda MURILLO	FR	TCNJ	37.86m	124-3	3/29
7	63	Aurora FREEDMAN	SR	RPI	37.63m	123-6	3/30
8	75	Stephanie WOLFER	JR	TCNJ	36.88m	121-0	4/5
9	76	Madison REDDICK	FR	Merchant Marine Aca	36.81m	120-9	4/5
10	89	DeAnna NEWMAN	SR	SUNY Oswego	35.97m	118-0	4/13

Women's Heptathlon

1	20	Logan BRUCE	FR	Ithaca	4,346		4/19
2	49	Michelle RODRIGUEZ	SR	Utica	3,801		4/19
3	50	Catherine LARKIN	SR	Ithaca	3,795		4/19
4	55	Molly BAKER	FR	SUNY Cortland	3,732		4/19
5	60	Kristen BOERKE	FR	SUNY Plattsburgh	3,672		4/19
6	70	Chase DAVIES	FR	St. Lawrence	3,516		4/19
7	75	Alexandra GALUS	JR	SUNY Cortland	3,485		4/19
8	77	Brittany CHARLONNE	SR	Utica	3,457		4/19
9	83	Jillian SALKIND	SR	RPI	3,333		4/18
10	85	Mackenzie BROOKS	SO	Fredonia	3,264		4/19



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as of 5/4/2019 3:24:30 PM

Central

Women's 100 Meters

1	1	Gabrielle NOLAND	JR Loras	11.87w	(2.6)	4/16
2	4	Alison BEEMAN	JR Dubuque	12.07w		4/13
3	17	Aspen ROLFES	SO Nebraska Wesleyan	12.23	(1.8)	4/12
4	29	Briana BERNINGHAUS	JR Hamline	12.33w	(2.6)	4/20
5	47	Terrianna BLACK	JR Loras	12.38w	(2.6)	4/16
6	60	Lindsey WISNIESKI	SR Nebraska Wesleyan	12.45w	(2.7)	4/19
7	63	Jailyn ROBINSON	FR Hamline	12.46w	(2.6)	4/20
7	63	Stevie LAMBE	FR Loras	12.46w	(2.6)	4/16
9	66	Ya'Mia AILES-PRIMES	FR Dubuque	12.47w	(2.5)	4/19
9	66	Alanna MUHAMMAD	FR Wartburg	12.47w		4/13

Women's 1500 Meters

1	74	Cassidy CHRISTOPHER	SO Wartburg	4:44.35		4/18
2	91	Anna RESTEMAYER	SR Luther	4:45.74		4/18
3	93	Tierney WINTER	SR Gustavus Adolphus	4:45.99		4/20
4	###	Helen DOLAN	SO Hamline	4:48.73		4/6
5	###	Hanna HEGEMANN	SR Nebraska Wesleyan	4:49.88		4/19
6	###	Amanda MOSBORG	SO Carleton	4:50.76		4/6
7	###	Josie HERRMANN	SO Concordia Moorhead	4:53.82		4/18
8	###	Ellie BEIERMANN	JR Nebraska Wesleyan	4:54.27		4/19
9	###	Camryn LARSEN	SO Nebraska Wesleyan	4:54.55		4/5
10	###	Moriah MORTER	FR Wartburg	4:54.66		4/18

Women's 200 Meters

1	1	Gabrielle NOLAND	JR Loras	24.14	(1.6)	4/16
2	5	Alison BEEMAN	JR Dubuque	24.80w		4/13
3	6	Aspen ROLFES	SO Nebraska Wesleyan	24.82	(1.4)	4/19
4	23	Elizabeth JONES	SR Nebraska Wesleyan	25.25	(1.9)	4/5
5	27	Kaylee JONES	SR Nebraska Wesleyan	25.29	(1.4)	4/19
6	42	Alexandra DANIEL	JR Nebraska Wesleyan	25.43w	(2.4)	4/12
7	50	Stevie LAMBE	FR Loras	25.52	(1.6)	4/16
8	55	Jackie GANSHIRT	SO Wartburg	25.61	(1.4)	4/18
9	63	Abigail ALLEN	SO Nebraska Wesleyan	25.66w	(2.4)	4/12
10	84	Delia LABATT	JR Bethel (Minn.)	25.76	(1.0)	3/23

Women's Steeplechase

1	14	Hanna HEGEMANN	SR Nebraska Wesleyan	11:14.43		4/12
2	16	Ellie BEIERMANN	JR Nebraska Wesleyan	11:14.89		4/12
3	33	Madeline DOPP	SR Hamline	11:27.37		4/18
4	37	Lisa FISHER	SR St. Olaf	11:29.65		4/18
5	77	Nicole BREITBACH	SR Wartburg	11:46.27		4/18
6	85	Sara NESS	JR St. Thomas (Minn.)	11:48.52		4/6
7	86	Maria WEST	SR St. Scholastica	11:48.60		4/18
8	88	Kourtney KULSETH	SO Gustavus Adolphus	11:49.81		4/13
9	###	Moriah MORTER	FR Wartburg	12:01.40		3/30
10	###	Amy REIMER	SR Bethel (Minn.)	12:04.93		4/18

Women's 400 Meters

1	4	Elizabeth JONES	SR Nebraska Wesleyan	56.02		4/5
2	5	Kaylee JONES	SR Nebraska Wesleyan	56.04		4/12
3	11	Delia LABATT	JR Bethel (Minn.)	56.88		4/6
4	13	Gabrielle NOLAND	JR Loras	57.16		4/13
5	32	Johanna GLASER	JR St. Olaf	57.78		4/20
6	35	Emma COCHRANE	SR Cornell College	57.80		4/13
7	40	Hannah SANKEY	SO Bethel (Minn.)	58.05		4/18
8	57	AddieKay JOHNSON	SR Bethel (Minn.)	58.43		4/18
9	60	Olivia COSTLEY	FR Dubuque	58.47		4/13
10	71	Makenna ASH	SR St. Olaf	58.65		4/20

Women's 5000 Meters

1	6	Carina COLLET	SO Wartburg	16:52.07		4/13
2	13	Kassie ROSENBUM	SO Loras	17:12.97		4/13
3	21	Cassidy CHRISTOPHER	SO Wartburg	17:27.58		3/29
4	51	Miranda KRUISWYK	FR Central (Iowa)	17:48.51		4/17
5	63	Anna RESTEMAYER	SR Luther	17:53.01		4/13
6	69	Vera LINDHORST	JR Luther	17:55.81		4/13
7	75	Morgan PIERCE	SR St. Benedict	17:56.92		3/2
8	###	Martha HUBELL	SO St. Thomas (Minn.)	18:12.04		4/6
9	###	Emma GREENLEE	SO Carleton	18:16.22		4/6
10	###	Katalina STAI	JR Coe	18:17.62		4/18

Women's 800 Meters

1	67	Josie HERRMANN	SO Concordia Moorhead	2:18.13		4/6
2	69	Lily CAMPBELL	FR Wartburg	2:18.18		4/13
3	72	Abigail SCHNABEL	SR Gustavus Adolphus	2:18.39		4/20
4	90	Sara MOEN	SO Gustavus Adolphus	2:18.93		3/9
5	97	Helen DOLAN	SO Hamline	2:19.13		4/20
6	99	Carly SCHEUERMAN	SO St. Thomas (Minn.)	2:19.15		4/6
7	###	Amelia HORNSETH	SO Luther	2:19.31		4/18
8	###	Audrey KLEIN	JR Simpson (Iowa)	2:19.67		4/12
9	###	Erica RITTGERS	JR Wartburg	2:19.84		4/13
10	###	Morgan DAMMANN	JR St. Thomas (Minn.)	2:19.93		4/18

Women's 10,000 Meters

1	11	Carina COLLET	SO Wartburg	35:54.46		3/29
2	25	Morgan PIERCE	SR St. Benedict	37:07.24		4/18
3	58	Amber MATZOLL	SR St. Thomas (Minn.)	38:24.54		4/18
4	65	Bryony HAWGOOD	JR St. Olaf	38:34.00		4/20
5	69	Emily HOESING	JR Buena Vista	38:35.00		4/13
6	73	Martha HUBELL	SO St. Thomas (Minn.)	38:45.26		4/18
7	80	Molly CLARKE	JR St. Thomas (Minn.)	38:48.08		4/18
8	90	Ellie NELSON	SO Bethel (Minn.)	39:01.48		4/18
9	###	Maggie BALD	FR Loras	39:36.51		4/18
10	###	Audrey MILLER	JR Loras	39:52.01		4/18



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Central

Women's 100 Meter Hurdles

1	3	Gabrielle BROWN	SR Hamline	14.31w (2.9)	4/20
2	20	Elayna BAHL	FR Loras	14.75w	4/13
3	27	Maggi BJUSTOM	JR Wartburg	14.83 (1.8)	4/18
4	72	Brittany BURKS	JR Dubuque	15.29w (3.6)	4/19
5	81	Macy GUSTAFSON	SO Nebraska Wesleyan	15.37w (3.2)	4/19
6	98	Sailor HINEGARDNER	FR Wartburg	15.46 (1.8)	4/18
7	###	Mary GRAY	SO Central (Iowa)	15.51 (0.8)	4/19
8	###	Demetria JOHNSON	SO Dubuque	15.61w (3.6)	4/19
9	###	Tamya VAULTONBURG	FR Dubuque	15.66w (3.8)	4/19
10	###	Bailey VANCE	SO Loras	15.67w (3.5)	4/16

Women's 400 Meter Hurdles

1	1	Bella SOLIS	SR Loras	1:01.66	4/16
2	8	Mallory ADAMSON	SR St. Thomas (Minn.)	1:02.61	4/6
3	17	Emily CIESYNSKI	SR Minnesota Morris	1:03.60	4/18
4	29	Carson MCSORLEY	FR Wartburg	1:04.22	4/5
5	32	Corin MCKINSTREY	JR Bethel (Minn.)	1:04.39	4/18
6	35	Emma COCHRANE	SR Cornell College	1:04.46	4/20
7	44	Kiki PINGEL	SO Central (Iowa)	1:04.81	4/5
8	60	Mary GRAY	SO Central (Iowa)	1:05.60	4/5
9	67	Katelyn MANGOLD	FR Simpson (Iowa)	1:05.86	4/12
10	68	Elsa SANDENO	SR Carleton	1:05.89	4/20

Women's 4x100 Relay

1	3	Black, Noland, Alt, Lambe	Loras	47.21	4/5
2	7	Wisnieski, Frazier, Daniel, Rolfes	Nebraska Wesleyan	47.56	4/5
3	13	Ailes-Primes, Burks, Skrove, Beeman	Dubuque	48.19	4/6
4	15	Sankey, Labatt, Perrenoud, Johnson	Bethel (Minn.)	48.32	3/23
5	33	McLoone, Smith, Marciniak, Chell	St. Thomas (Minn.)	48.87	4/5
6	47	Ganshirt, Eisentrager, Funke, Muhammad	Wartburg	49.14	4/13
7	52	Olson, Berninghaus, Brown, Robinson	Hamline	49.18	4/6
8	67	Cole, Edwards, Whitfield, Menakaya	Coe	49.53	4/17
9	###	Woods, Forrester, Christopher, Miller	Central (Iowa)	50.21	4/19
10	###	Olberding, Jackson, Thomas, Johnston	Buena Vista	50.22	4/16

Women's 4x400 Relay

1	6	Sankey, Labatt, McKinstrey, Johnson	Bethel (Minn.)	3:54.52	4/18
2	12	Gines, Allen, Larsen, Janzen	Nebraska Wesleyan	3:56.58	4/12
3	13	Ganshirt, Campbell, Tynismaa, Stevens	Wartburg	3:56.74	4/18
4	18	Noland, Solis, Serres, Lambe	Loras	3:57.20	4/13
5	31	Smith, Adamson, Chell, Cater	St. Thomas (Minn.)	4:00.31	4/6
6	37	Pingel, Christopher, Miller, Gray	Central (Iowa)	4:01.65	4/5
7	55	Balas, Schoustra, Ash, Glaaser	St. Olaf	4:03.69	4/18
8	77	Costley, Skrove, Eniola, Beeman	Dubuque	4:06.45	4/6
9	78	Thomley, Sandeno, Kropp, Marsh	Carleton	4:06.63	4/20
10	82	Moen, Winter, Hill, Schnabel	Gustavus Adolphus	4:07.11	4/20

Women's High Jump

1	9	Rachel OHDE	SO Saint Mary's (Minn.)	1.68m	5-6	4/6
2	13	Addy VINTON	SO Nebraska Wesleyan	1.65m	5-5	4/19
2	13	Grace BORDSON	SR St. Thomas (Minn.)	1.65m	5-5	4/5
4	69	Toree HEMPSTEAD	SR Nebraska Wesleyan	1.59m	5-2½	4/12
5	80	Gabby RENELT	FR Concordia Moorhead	1.58m	5-2¼	4/6
6	95	Tallulah PELLISLIER LLOYD	FR Grinnell	1.57m	5-1¾	4/6
6	95	Tori VANVELZEN	SO Central (Iowa)	1.57m	5-1¾	4/5
8	###	Ellie ROQUET	SO Wartburg	1.56m	5-1¼	4/5
8	###	Sarah HOLTZ	JR Luther	1.56m	5-1¼	4/18
10	###	Elsie LUNDQUIST	SO St. Catherine (Minn.)	1.55m	5-1	4/19
10	###	Mariah TERHAAR	JR St. Thomas (Minn.)	1.55m	5-1	4/18
10	###	Sidney SEVERSON	SR St. Thomas (Minn.)	1.55m	5-1	4/5

Women's Pole Vault

1	44	Maddie TOLLY	JR Nebraska Wesleyan	3.50m	11-5¾	4/12
2	54	Kendall NOVAK	SR St. Thomas (Minn.)	3.45m	11-3¾	4/20
3	57	Elisabeth DALKI	SO St. Benedict	3.43m	11-3	4/6
4	65	Nicki SCHNEIDER	SO Wartburg	3.41m	11-2¼	4/18
5	72	Sarina KOPF	FR Grinnell	3.36m	11-¼	4/20
6	82	Sadie KOELZ	SO Bethel (Minn.)	3.34m	10-11½	3/23
7	88	Lee STELTEN	JR St. Benedict	3.30m	10-9¾	4/18
8	###	Jordan SIFFERLE	JR St. Thomas (Minn.)	3.25m	10-8	4/6
9	###	Mariah TERHAAR	JR St. Thomas (Minn.)	3.23m	10-7	4/5
10	###	Jenna HEIMARK	JR Dubuque	3.22m	10-6¾	4/19



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Central

Women's Long Jump

1	7	Steph KRETLOW	JR St. Thomas (Minn.)	5.70m	18-8½(0.6)	4/18
2	43	Alanna MUHAMMAD	FR Wartburg	5.46mw	17-11(3.8)	4/5
3	58	Tori THOMPSON	SR St. Catherine (Minn.)	5.41m	17-9(1.9)	4/6
4	82	Jarika EISENTRAGER	SO Wartburg	5.31m	17-5¼	4/13
4	82	Anna ACHTER	JR Wartburg	5.31mw	17-5¼(3.0)	4/18
6	98	Elyse ACOMPANADO	JR Loras	5.28mw	17-4(2.5)	3/30
6	98	Vanessa ENIOLA	FR Dubuque	5.28m	17-4(1.0)	4/6
8	###	Darian WEGNER	SO Wartburg	5.22m	17-1½(1.8)	4/5
9	###	Elsie LUNDQUIST	SO St. Catherine (Minn.)	5.19mw	17-½(2.9)	4/6
10	###	Jaderial STAEBLER	SO Wartburg	5.18mw	17-0(2.9)	4/5

Women's Triple Jump

1	17	Alyssa SKROVE	JR Dubuque	11.53m	37-10(0.7)	4/16
2	42	Jenna HEIMARK	JR Dubuque	11.21mw	36-9½(2.4)	4/16
3	44	Holly FORRESTER	SO Central (Iowa)	11.20mw	36-9(2.5)	4/19
4	59	Paige OLOWU	FR Grinnell	11.12m	36-5¾(-1.4)	4/20
5	66	Macy GUSTAFSON	SO Nebraska Wesleyan	11.05m	36-3(1.0)	4/19
6	71	Elsie LUNDQUIST	SO St. Catherine (Minn.)	11.03m	36-2¼(-0.3)	4/6
7	###	Paige WOLDT	SO St. Olaf	10.80m	35-5¼(1.3)	4/18
8	###	Lilia EDWARDS	SR Wartburg	10.72mw	35-2(3.0)	4/5
9	###	Tessa HOFFMAN	FR Nebraska Wesleyan	10.69mw	35-1(2.3)	4/5
10	###	Anna ACHTER	JR Wartburg	10.63mw	34-10½(3.6)	4/5

Women's Shot Put

1	7	Dayton DOLINCHECK	JR Nebraska Wesleyan	14.06m	46-1½	4/12
2	9	Emily BURT	JR Central (Iowa)	13.53m	44-4¾	4/5
3	10	Kayla SLOWICK	SO Dubuque	13.52m	44-4¼	4/13
4	21	Anna REHBERG	JR Wartburg	13.27m	43-6½	4/18
5	23	Caroline FERGUSON	SO Dubuque	13.24m	43-5¼	4/16
6	32	Courtney SCHNOOR	SO Loras	12.96m	42-6¼	4/16
7	35	Octavia MARTINEZ	SR Cornell College	12.93m	42-5¼	4/6
8	50	Tieranny KEAHNA	JR Coe	12.51m	41-½	4/13
9	53	Jacey SCHLOSSER	FR Concordia Moorhead	12.46m	40-10½	4/18
10	54	Jaycee FLEMING	SO Nebraska Wesleyan	12.44m	40-9¾	4/12

Women's Discus

1	4	Kelsey BETTHAUSER	SR Dubuque	46.16m	151-6	4/6
2	6	Maddie FITZGIBBONS	SR Nebraska Wesleyan	45.83m	150-5	4/19
3	7	Jessie JUENEMANN	JR Hamline	45.40m	149-0	4/6
4	15	Gillian STREIT	SO Central (Iowa)	44.25m	145-2	3/30
5	18	Linnaea KONFRST	JR Nebraska Wesleyan	43.34m	142-2	4/19
6	21	Rebecca BURMAHL	SR Dubuque	43.16m	141-7	4/6
7	25	Agne LUKOSEVICIUTE	SO Grinnell	42.22m	138-6	4/20
8	32	Kennedy MORRIS	SO Central (Iowa)	41.59m	136-6	4/19
9	34	Carly FISCHER	JR Loras	41.49m	136-2	4/16
10	38	Octavia MARTINEZ	SR Cornell College	41.27m	135-5	4/6

Women's Hammer

1	3	Agne LUKOSEVICIUTE	SO Grinnell	53.56m	175-9	4/20
2	6	Maddie FITZGIBBONS	SR Nebraska Wesleyan	53.18m	174-6	4/5
3	11	Rebecca BURMAHL	SR Dubuque	52.16m	171-2	4/19
4	19	Katie KEELIN	JR Gustavus Adolphus	50.71m	166-5	4/20
5	20	Nyah WILLIS	SO Hamline	50.67m	166-3	4/6
6	24	Caroline FERGUSON	SO Dubuque	50.36m	165-3	4/19
7	29	Kelsey BETTHAUSER	SR Dubuque	49.86m	163-7	4/19
8	33	Kennedy MORRIS	SO Central (Iowa)	49.54m	162-7	4/5
9	36	Bailey VAN DEN HEUVEL	SR Gustavus Adolphus	49.01m	160-10	4/20
10	45	Shelby LANE	SR Dubuque	48.23m	158-3	4/19

Women's Javelin

1	64	Anneliese BARTON	SO Luther	37.54m	123-2	4/6
2	65	Annalee OLSON-SOLA	FR Gustavus Adolphus	37.46m	122-11	4/13
3	67	Cara BRESNAHAN	SR Grinnell	37.39m	122-8	3/29
4	78	Mackenzie SCHOUSTRA	JR St. Olaf	36.67m	120-4	4/18
5	79	Rebecca SIMPSON	FR Nebraska Wesleyan	36.60m	120-1	4/19
6	85	Courtney SCHNOOR	SO Loras	36.15m	118-7	4/16
7	95	Jenna STILWELL	SR Concordia Moorhead	35.76m	117-4	4/6
8	###	Lauren WAGNER	SO Bethel (Minn.)	35.48m	116-5	4/18
9	###	Esther JOHNSON	SR Loras	35.45m	116-4	4/16
10	###	Kennedy MORRIS	SO Central (Iowa)	35.06m	115-1	4/5

Women's Heptathlon

1	15	Kiki PINGEL	SO Central (Iowa)	4,402		4/19
2	18	Mary GRAY	SO Central (Iowa)	4,363		4/19
3	19	Jenna DEGEN	SR St. Benedict	4,357		4/18
4	27	Addy VINTON	SO Nebraska Wesleyan	4,177		4/19
5	62	Marissa NOLAN	JR Wartburg	3,671		4/5
6	65	Krissa LARSON	FR Central (Iowa)	3,591		4/5
7	72	Ellie ROQUET	SO Wartburg	3,506		4/5
8	84	Abby DEBAILLIE	JR Wartburg	3,280		4/5
9	###	Rebekah BEARD	FR Central (Iowa)	2,967		4/5
10	###	Stephanie PICKTHORN	FR St. Benedict	2,889		4/18



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Great Lakes

Women's 100 Meters

1	8	Aishat SADIQ	SR	Earlham	12.14	(0.4)	4/19
2	26	Sara JOHNSON	FR	John Carroll	12.30w	(3.4)	4/13
3	29	Grace NEMETH	SR	Baldwin Wallace	12.33w	(3.4)	4/13
3	29	Lucia CANNATA	FR	John Carroll	12.33	(0.2)	4/13
5	40	Gracie DENNISON	FR	Otterbein	12.35w	(2.6)	4/13
6	43	Layla WILKS	SO	Albion	12.37w	(3.2)	4/12
7	56	Taylor LAVEY	JR	Ohio Northern	12.43	(1.9)	4/13
8	66	Arinn HAYES	FR	Heidelberg	12.47w	(3.4)	4/13
9	70	Kayla SILVA	FR	Ohio Northern	12.48	(1.7)	4/13
10	76	Ashura POWELL	SR	John Carroll	12.49	(1.2)	3/30

Women's 1500 Meters

1	3	Evonne BULTEMEYER	SO	Trine	4:29.99	3/22
2	4	Katherine DIEKEMA	SR	Calvin	4:30.51	4/13
3	5	Kelly BRENNAN	JR	Baldwin Wallace	4:31.35	(4:53.06(1)) 4/19
4	6	Claire LAMB	SR	Otterbein	4:31.59	(4:53.32(1)) 4/19
5	13	Hilary REIGLE	SR	Mount Union	4:35.39	4/6
6	18	Heather SANDVIK	SR	Otterbein	4:36.96	4/4
7	30	Emily FORNER	SR	Allegheny (Pa.)	4:38.82	3/22
8	35	Katy FOLTZ	SR	Otterbein	4:39.21	4/13
9	41	Sadie HEERINGA	FR	Calvin	4:40.91	4/13
10	44	Bella PENDOLA	JR	Baldwin Wallace	4:40.99	4/13

Women's 200 Meters

1	15	Lucia CANNATA	FR	John Carroll	25.16	(1.1)	4/13
2	21	Aishat SADIQ	SR	Earlham	25.22	(-1.5)	4/19
3	46	Grace NEMETH	SR	Baldwin Wallace	25.47	(1.1)	4/13
4	76	Kelsey GROVE	JR	Heidelberg	25.73	(1.0)	4/13
5	81	Cirrus ROBINSON	JR	Ohio Wesleyan	25.75	(1.1)	4/13
6	89	Layla WILKS	SO	Albion	25.79	(-0.2)	4/5
7	92	Hailey ACOSTA	JR	Otterbein	25.81	(1.0)	4/13
8	99	Taylor LAVEY	JR	Ohio Northern	25.83	(1.1)	4/13
9	###	Sara JOHNSON	FR	John Carroll	25.84	(1.0)	4/13
10	###	Kayla SILVA	FR	Ohio Northern	25.87w	(3.2)	4/6

Women's Steeplechase

1	6	Evonne BULTEMEYER	SO	Trine	10:54.30	4/6
2	19	Heather SANDVIK	SR	Otterbein	11:18.38	4/13
3	22	Mary Kate MCELROY	SO	Ohio Wesleyan	11:22.53	4/13
4	23	Ellie HALAND	SO	Earlham	11:22.67	4/13
5	32	Rachel BUSH	SR	Ohio Wesleyan	11:27.27	4/13
6	39	Morgan KELLEY	SO	John Carroll	11:30.07	4/13
7	43	Ariel BARLOW	JR	Hanover	11:32.15	4/13
8	44	Annie NEEDS	SO	Calvin	11:32.29	4/5
9	49	Katie DURISIN	SO	Mount Union	11:34.51	4/6
10	73	Kylie VESTAL	SO	Ohio Northern	11:44.39	4/13

Women's 400 Meters

1	49	Hailey ACOSTA	JR	Otterbein	58.26	4/13
2	52	Cortni ARP	SO	Mount Union	58.35	4/6
3	82	Marteana NEWTON	SO	Wittenberg	58.89	4/13
4	96	Kelly BRENNAN	JR	Baldwin Wallace	59.05	4/20
5	99	Alexis GRAY	JR	Wittenberg	59.08	4/19
6	###	Raquel WARNER	JR	Otterbein	59.11	3/14
7	###	Nicole KRUIHOF	JR	Hope	59.21	4/6
8	###	Ashura POWELL	SR	John Carroll	59.37	4/4
9	###	Sarah MASON	JR	Mount Union	59.44	4/6
10	###	Olivia POWERS	FR	Mount Union	59.86	4/6

Women's 5000 Meters

1	1	Emily FORNER	SR	Allegheny (Pa.)	16:33.01	4/13
2	4	Claire LAMB	SR	Otterbein	16:47.40	4/4
3	15	Linnea HALSTEN	SR	Oberlin	17:14.45	4/13
4	26	Emily HAMILTON	SR	Hope	17:31.14	4/13
5	28	Kelly BRENNAN	JR	Baldwin Wallace	17:33.56	3/29
6	52	Cameron BUJACIUS	FR	John Carroll	17:49.09	4/6
7	55	Sadie HEERINGA	FR	Calvin	17:49.68	3/15
8	72	Hilary REIGLE	SR	Mount Union	17:56.27	3/16
9	73	Bella PENDOLA	JR	Baldwin Wallace	17:56.44	3/16
10	74	Michelle KOETJE	JR	Calvin	17:56.76	4/5

Women's 800 Meters

1	2	Evonne BULTEMEYER	SO	Trine	2:10.23	3/22
2	12	Kelly BRENNAN	JR	Baldwin Wallace	2:14.06	4/13
3	18	Katherine DIEKEMA	SR	Calvin	2:14.83	4/19
4	21	Alexis GRAY	JR	Wittenberg	2:14.93	4/13
5	27	Avery EWING	SR	Ohio Northern	2:15.70	4/13
6	28	Sarah MASON	JR	Mount Union	2:15.80	4/13
7	34	Katy FOLTZ	SR	Otterbein	2:16.49	3/14
8	48	Sophy CUNNINGHAM	FR	Oberlin	2:17.30	4/13
9	88	Madison KILE	SO	Baldwin Wallace	2:18.84	4/13
10	###	Chloe BRITAIN	FR	Trine	2:19.30	3/22

Women's 10,000 Meters

1	1	Cassie VINCE	SR	Albion	34:26.36	3/29
2	5	Hilary REIGLE	SR	Mount Union	35:30.09	4/13
3	6	Cameron BUJACIUS	FR	John Carroll	35:30.24	4/13
4	18	Sarah HEVENER	SR	Allegheny (Pa.)	36:17.30	4/13
5	22	Emily HAMILTON	SR	Hope	36:54.84	3/15
6	29	Michelle KOETJE	JR	Calvin	37:18.38	4/13
7	37	Alyssa LAUGHNER	FR	Baldwin Wallace	37:46.53	3/29
8	43	Madeline LINDEMANN	JR	Case Western Reserv	37:57.02	4/13
9	45	Bella PENDOLA	JR	Baldwin Wallace	37:57.80	3/29
10	72	Kelsey TYLER	FR	Manchester	38:43.23	3/29



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Great Lakes

Women's 100 Meter Hurdles

1	15	Megan CAREY	FR Otterbein	14.66	(1.4)	4/13
2	29	Sabrina STOCKER	SO Mount Union	14.84	(1.7)	4/19
3	32	Karrah SPENCER	SO John Carroll	14.86	(1.4)	4/13
4	37	Amanda MILO	FR Baldwin Wallace	14.97	(-0.5)	3/30
5	41	Mary-Helen SHOMBA	SO Rose-Hulman	15.00	(0.9)	4/13
6	50	Gracie DENNISON	FR Otterbein	15.09w	(2.3)	4/19
7	52	Emily HILT	JR Capital	15.12	(0.9)	4/6
8	54	Michaelina TERRANOVA	FR Mount Union	15.13	(1.7)	4/19
9	60	Aamirah HOWARD	JR Mount Union	15.16	(1.7)	4/19
10	93	Courtney OWENS	SO Ohio Wesleyan	15.43	(1.4)	4/13

Women's 400 Meter Hurdles

1	30	Allison SCHWARZBEK	JR Heidelberg	1:04.35		4/13
2	40	Michaelina TERRANOVA	FR Mount Union	1:04.67		4/12
3	41	Olivia NEWMAN	JR Case Western Reserv	1:04.68		4/13
4	43	Tori VALACHOVIC	JR Allegheny (Pa.)	1:04.79		4/13
5	51	Maryonna CATHEY	FR Mount Union	1:05.30		4/6
6	53	Emma BURKE	JR Wilmington (Ohio)	1:05.35		4/6
7	62	Sarah BEDELL	SR Otterbein	1:05.67		3/14
8	66	Oona JUNG-BEEMAN	JR Oberlin	1:05.80		4/6
9	70	Kenna HUNTER	JR Hanover	1:05.91		4/13
10	80	Taylor FISHER	SR Ohio Northern	1:06.21		4/13
10	80	Sydney MCCLUER	SR Ohio Northern	1:06.21		4/13

Women's 4x100 Relay

1	12	Johnson, Powell, Penna, Cannata	John Carroll	48.17		3/30
2	16	Kinney, McGinley, Sutton, Wilks	Albion	48.37		4/5
3	23	Silva, Norden, DeWitt, Lavey	Ohio Northern	48.61		4/13
4	31	Rivera, Eisenbraun, Powers, Arp	Mount Union	48.85		4/6
4	31	Dennison, Phillips, Carey, Warner	Otterbein	48.85		4/13
6	39	Freyhof, Acevedo, Sievers, Atkinson	Ohio Wesleyan	48.94		4/5
7	42	Carson, Garrow, Forrest, McCarter	Trine	49.00		4/13
8	71	Milo, Nemeth, Guiley, Neitzel	Baldwin Wallace	49.60		3/30
9	73	London, Shomba, Oladipupo, Rogers	Rose-Hulman	49.63		4/6
9	73	Dickman, Hicks, Beel, Sadiq	Earlham	49.63		4/13

Women's 4x400 Relay

1	10	Smeltzer, Cannata, Hale, Powell	John Carroll	3:56.23		4/4
2	33	Garrow, McCarter, Carson, Bultemeyer	Trine	4:01.09		4/13
3	35	Acosta, Bedell, Buchanan, Warner	Otterbein	4:01.50		4/13
4	53	McCluer, Lavey, Norden, Ewing	Ohio Northern	4:03.58		4/13
5	59	Milo, Nemeth, Fowler, Brennan	Baldwin Wallace	4:04.29		4/6
6	63	Robinson, Trebella, Ross, Bush	Ohio Wesleyan	4:04.90		4/5
7	66	Kelley, Vasta, Cordova, Tilton	Wooster	4:05.18		4/13
8	70	Hines, King, Rees, Newman	Case Western Reserv	4:05.70		4/13
9	76	Kruithof, VanderStoep, Hansma, Miskelley	Hope	4:06.22		3/22
10	80	Smith, Jung-Beeman, Cunningham, Cook-Gist	Oberlin	4:06.81		4/13

Women's High Jump

1	3	Laura PULLINS	SO Marietta	1.70m	5-7	3/22
2	5	Cirrus ROBINSON	JR Ohio Wesleyan	1.69m	5-6½	4/5
3	13	Dara SMITH	FR Rose-Hulman	1.65m	5-5	3/29
4	22	Kennady GIBBINS	FR Mount Union	1.64m	5-4½	4/6
5	25	Emily HILT	JR Capital	1.63m	5-4¼	4/6
6	36	Mariah MURRAY	JR Anderson (Ind.)	1.62m	5-3¾	4/6
7	43	Mallory WEININGER	SR Ohio Northern	1.60m	5-3	4/20
7	43	Tiffany MOORE	JR Ohio Wesleyan	1.60m	5-3	4/5
7	43	Claudia PARTRIDGE	FR Wooster	1.60m	5-3	4/13
10	69	Nikki LINN	JR John Carroll	1.59m	5-2½	3/30
10	69	Emily ELLYSON	JR Muskingum	1.59m	5-2½	3/30

Women's Pole Vault

1	7	Maggie KRAUSE	JR Ohio Northern	3.82m	12-6¼	4/13
2	16	Erin TRIMPE	SR Hanover	3.73m	12-2¾	3/16
3	19	Sarah VOIT	FR Oberlin	3.70m	12-1½	4/6
4	27	Tori BOWEN	JR Bluffton	3.60m	11-9¾	3/23
5	32	Allison STEVENS	JR Ohio Northern	3.56m	11-8	4/20
6	35	Abby WALTZ	SO Case Western Reserv	3.55m	11-7¾	4/13
6	35	Grace FINNEY	JR Oberlin	3.55m	11-7¾	4/6
8	44	Emily CLANCY	SR Hanover	3.50m	11-5¾	3/22
8	44	Erin GOGGINS	SR Alma	3.50m	11-5¾	4/12
8	44	Chase PATTON	FR Ohio Wesleyan	3.50m	11-5¾	4/19



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Great Lakes

Women's Long Jump

1	29	Arinn HAYES	FR Heidelberg	5.51m	18-1 (1.1)	3/29
2	58	Renee MILLER	SO Calvin	5.41m	17-9 (1.6)	4/19
3	64	Alexianna JOHNSON	SO Mount Union	5.39m	17-8¼ (1.0)	4/12
3	64	Mitchel ACHIENG	JR Hope	5.39m	17-8¼ (0.9)	3/29
5	75	Akwia TILTON	JR Wooster	5.33mw	17-6 (2.1)	3/29
6	80	Sara JOHNSON	FR John Carroll	5.32m	17-5½ (1.6)	3/23
7	82	Stella DEWITT	SO Ohio Northern	5.31m	17-5¼ (-1.1)	3/22
8	93	Lauren LONDON	SR Rose-Hulman	5.29m	17-4¼ (0.7)	4/6
8	93	Maria DELUCA	SO John Carroll	5.29mw	17-4¼ (2.2)	3/23
10	98	Stevie PLIKERD	FR Wittenberg	5.28mw	17-4 (3.5)	4/13

Women's Triple Jump

1	22	Courtney PHOENNIK	SO John Carroll	11.47m	37-7¼ (1.3)	4/13
2	32	Mitchel ACHIENG	JR Hope	11.32m	37-1¼ (0.1)	3/29
3	54	Maria DELUCA	SO John Carroll	11.15m	36-7 (0.0)	4/13
4	62	Taylor MANIVANH	JR Capital	11.09m	36-4¼ (2.0)	4/13
5	71	Olivia WOODS	SR Oberlin	11.03m	36-2¼ (1.9)	4/6
6	76	Malaika DJUNGU-SUNGU	FR Oberlin	11.02m	36-2 (1.8)	4/6
7	81	Sam KELTS	JR Case Western Reserv	10.97m	36-0 (1.8)	4/13
8	###	Cianna BROWN	FR Albion	10.77mw	35-4 (2.6)	4/12
9	###	Alexis JOHNSON	SO Wittenberg	10.73m	35-2½ (0.1)	4/13
10	###	Aesha MOKASHI	FR Oberlin	10.63m	34-10½ (1.5)	4/6
10	###	Katelyn FRANDANISA	SR John Carroll	10.63mw	34-10½ (2.4)	4/13

Women's Shot Put

1	11	Cassandra LAIOS	SR Case Western Reserv	13.48m	44-2¾	3/30
2	16	Emily FINNEGAN	SR Otterbein	13.39m	43-11¼	4/13
3	26	Brooke BUCKHANNON	JR Baldwin Wallace	13.14m	43-1½	4/13
4	30	Jenna BREUKER	FR Hope	12.98m	42-7	3/29
5	37	Tia HARRIS	SR Ohio Northern	12.92m	42-4¾	4/13
6	38	Kasey NEVILLE	FR Marietta	12.81m	42-½	4/6
7	40	Naeisha MCCLAIN	JR Oberlin	12.72m	41-8¾	4/20
8	46	Chayanne CONLEY	FR Ohio Wesleyan	12.58m	41-3¼	4/5
9	47	Lillian ALBAUGH	FR Olivet	12.57m	41-3	4/12
10	52	Hannah SEDLAK	FR John Carroll	12.47m	40-11	3/23

Women's Discus

1	14	Emily FINNEGAN	SR Otterbein	44.36m	145-7	4/13
2	27	Cassandra LAIOS	SR Case Western Reserv	42.08m	138-1	4/13
3	36	Jasmine KEEGAN	JR Oberlin	41.28m	135-5	4/6
3	36	ShaQuoria THOMPSON	FR Albion	41.28m	135-5	4/5
5	39	Brooke BUCKHANNON	JR Baldwin Wallace	41.19m	135-2	4/6
6	42	Kelsey DUNN	FR John Carroll	40.98m	134-6	4/20
7	44	Maya ENGLISH	JR Oberlin	40.72m	133-7	3/30
8	53	Valerie OBEAR	FR Trine	40.24m	132-0	4/13
9	71	Andrea HAGAR	JR Trine	39.20m	128-8	4/13
10	75	Mackenzie SWARY	SR Otterbein	39.04m	128-1	3/23

Women's Hammer

1	1	Cassandra LAIOS	SR Case Western Reserv	55.05m	180-8	4/13
2	12	Brooke BUCKHANNON	JR Baldwin Wallace	51.49m	168-11	4/13
3	18	Erin BROWNING	SO Hanover	50.84m	166-10	3/30
4	39	Maya ENGLISH	JR Oberlin	48.82m	160-2	4/13
5	40	Ariel FLOYD	SO Olivet	48.72m	159-10	4/12
6	48	Tia HARRIS	SR Ohio Northern	48.08m	157-9	4/6
7	54	Emily FINNEGAN	SR Otterbein	47.76m	156-9	4/13
8	60	Valerie OBEAR	FR Trine	47.48m	155-9	4/6
9	63	Olivia HURTT	FR John Carroll	47.25m	155-0	4/13
10	67	Jasmine KEEGAN	JR Oberlin	46.94m	154-0	4/13

Women's Javelin

1	14	Emily SMATLAK	SO Anderson (Ind.)	41.47m	136-1	4/6
2	38	Shannon CARROLL	SR Case Western Reserv	38.93m	127-9	4/13
3	45	Nicole PILEWSKI	SR John Carroll	38.79m	127-3	3/23
4	47	Marija PAVLICK	FR Denison	38.49m	126-4	3/30
5	56	Allison ROZELL	JR Calvin	37.87m	124-3	3/22
6	68	Laina BOGGS	SR Manchester	37.37m	122-7	4/6
7	72	Alyssa ACEVEDO	SR Ohio Wesleyan	37.24m	122-2	4/5
8	83	Shannon RELIHAN	SO Allegheny (Pa.)	36.21m	118-10	3/29
9	###	Kaitlin KOBUSZEWSKI	SO Marietta	35.55m	116-8	4/6
10	###	Alex STRAWBRIDGE	FR Baldwin Wallace	35.40m	116-2	4/6

Women's Heptathlon

1	17	Emily HILT	JR Capital	4,389		4/6
2	38	Kenna HUNTER	JR Hanover	3,978		4/6
3	43	Alexis SNYDER	SR Otterbein	3,864		3/14
4	52	Stevie PLIKERD	FR Wittenberg	3,786		4/6
5	81	Kimberly TAYLOR	SR Muskingum	3,402		4/6
6	###	Mikayla DEIOTTE	FR Muskingum	2,469		4/6



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Mideast

Women's 100 Meters

1	3	Evelina SLOBOH	JR Wesley	12.03w	(2.8)	3/23
2	29	Glory EBINAMA	SR Salisbury	12.33w	(3.8)	3/14
3	59	Kathryn WIEDERRECHT	SO Messiah	12.44	(1.6)	4/11
4	80	Selena THOMAS	SO Westminster (Pa.)	12.50	(1.2)	4/6
5	82	Alyssa DIFFENDERFER	JR Lebanon Valley	12.51	(1.6)	4/11
6	93	Maysha FOSTER	SO Wesley	12.55	(0.8)	3/30
7	###	Debarati BHANJA	SR Carnegie Mellon	12.61w	(3.2)	4/18
8	###	Maya HAMMONDS	SR Johns Hopkins	12.63	(0.0)	4/6
9	###	Jessica LOPEZ	SO Haverford	12.66	(0.4)	4/6
10	###	Chinaza NWANKPA	FR Johns Hopkins	12.67w	(2.7)	4/12

Women's 200 Meters

1	18	Evelina SLOBOH	JR Wesley	25.20	(1.9)	3/30
2	29	Maya HAMMONDS	SR Johns Hopkins	25.30	(1.3)	4/11
3	41	Kayla CAMACHO	SR Swarthmore	25.41	(0.7)	4/19
4	52	Debarati BHANJA	SR Carnegie Mellon	25.57	(0.9)	4/6
5	59	Selena THOMAS	SO Westminster (Pa.)	25.65	(1.3)	4/6
6	86	Jamie FARLEY	SR Salisbury	25.77	(0.0)	4/13
7	###	Glory EBINAMA	SR Salisbury	25.84	(-0.8)	4/6
8	###	Ellissa SLADER	FR Messiah	25.92	(1.4)	4/17
9	###	Chinaza NWANKPA	FR Johns Hopkins	25.93	(0.7)	4/19
10	###	Alexandra DAMRON	SO Johns Hopkins	26.01	(0.7)	4/19

Women's 400 Meters

1	9	Jamie FARLEY	SR Salisbury	56.74		4/13
2	10	Lauren HOLT	SO Swarthmore	56.82		4/19
3	15	Maya HAMMONDS	SR Johns Hopkins	57.25		4/19
4	32	Esther SEELAND	FR Messiah	57.78		4/6
5	37	Alexandra DAMRON	SO Johns Hopkins	57.82		4/12
6	38	Debarati BHANJA	SR Carnegie Mellon	57.84		4/13
7	41	Cecilia JONES	SO Eastern (Pa.)	58.06		3/29
8	44	Caitlyn RISHHELL	JR Salisbury	58.13		4/19
9	64	Ellissa SLADER	FR Messiah	58.56		4/11
9	64	Taylor WIEDERRECHT	JR Messiah	58.56		3/29

Women's 800 Meters

1	3	Esther SEELAND	FR Messiah	2:11.25		4/20
2	7	Carly DANOSKI	JR Moravian	2:13.14		4/6
3	13	Rose CIRIELLO	SR Carnegie Mellon	2:14.13		4/13
4	14	Therese OLSHANSKI	SO Johns Hopkins	2:14.20		4/6
5	23	Ariel KEKLAK	FR Johns Hopkins	2:15.18		4/6
6	40	Arielle SUMMITT	FR Johns Hopkins	2:16.72		4/19
7	43	Shea MCCLOSKEY	JR Salisbury	2:16.85		4/19
8	44	Mary BERNOTAS	FR Eastern (Pa.)	2:16.87		4/13
9	46	Gina D'ADDARIO	SR Johns Hopkins	2:16.96		4/19
10	47	Allyson YANEGA	SO Dickinson	2:17.16		4/17

Women's 1500 Meters

1	9	Therese OLSHANSKI	SO Johns Hopkins	4:33.56		4/13
2	16	Ariel KEKLAK	FR Johns Hopkins	4:36.72		4/13
3	19	Kierra ZACK	SR Eastern (Pa.)	4:37.10		4/13
4	29	Rose CIRIELLO	SR Carnegie Mellon	4:38.61		4/13
5	38	Sophie DREW	SR Haverford	4:40.20		4/19
6	39	Gina D'ADDARIO	SR Johns Hopkins	4:40.39		4/13
7	45	Allyson YANEGA	SO Dickinson	4:41.35		4/13
8	49	Erin BRUSH	SR Johns Hopkins	4:41.92		4/13
9	52	Ella BARAN	FR Johns Hopkins	4:42.34		4/19
10	57	Esther SEELAND	FR Messiah	4:43.12		3/29

Women's Steeplechase

1	2	Tasha FREED	SR Johns Hopkins	10:45.30		4/13
2	11	Lauren JACOB	JR Johns Hopkins	11:09.41		4/13
3	28	Azia KALIL	JR Juniata	11:25.65		4/11
4	29	Kierra ZACK	SR Eastern (Pa.)	11:26.79		4/10
5	51	Courtney SARGENT	SR Penn State Behrend	11:34.71		4/6
6	52	Tara JOHNSON	JR King's College (Pa.)	11:35.05		3/30
7	54	Mary BERNOTAS	FR Eastern (Pa.)	11:35.70		4/10
8	55	Kate MOWREY	JR Lebanon Valley	11:36.12		4/11
9	79	Pamela MYERS	JR Eastern (Pa.)	11:47.00		4/13
10	84	Leanne WEAVER	JR Messiah	11:48.20		4/11

Women's 5000 Meters

1	5	Sarah HOUSE	JR Dickinson	16:49.66		4/13
2	10	Clare SCHOEN	JR Misericordia	17:07.66		4/6
3	11	Isabel CARDI	SO Dickinson	17:08.52		4/13
4	16	Caelyn REILLY	JR Johns Hopkins	17:16.85		3/29
5	20	Sam LEVY	JR Johns Hopkins	17:26.22		4/13
6	22	Emily STAHL	SR Johns Hopkins	17:28.39		4/13
7	37	Abigail LEVINE	JR Carnegie Mellon	17:41.64		4/13
8	61	Rebecca PENNINGTON	FR Chatham	17:52.24		4/13
9	76	Emma JOHNSTON	SO Dickinson	17:57.02		3/30
10	81	Melissa FITZGIBBON	FR Elizabethtown	17:57.62		4/17

Women's 10,000 Meters

1	2	Caelyn REILLY	JR Johns Hopkins	34:56.05		4/13
2	4	Clare SCHOEN	JR Misericordia	35:27.93		4/13
3	13	Emma JOHNSTON	SO Dickinson	35:57.12		4/13
4	30	Meaghan DRISCOLL	SR DeSales	37:21.67		3/29
5	39	Azia KALIL	JR Juniata	37:51.24		4/19
6	47	Meredith HARTZ	SR Misericordia	38:03.96		4/13
7	49	Rebecca PENNINGTON	FR Chatham	38:13.49		4/6
8	82	Erin REESE	JR Susquehanna	38:49.57		4/13
9	85	Colleen KERNAN	SR Elizabethtown	38:52.34		4/13
10	86	Sarah CODD	SO Messiah	38:56.91		3/29



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Mideast

Women's 100 Meter Hurdles

1	14	Jennica TERRY	SO Bryn Mawr	14.65	(1.2)	4/19
2	23	Reilly WAGNER	SR Misericordia	14.79	(0.7)	4/12
3	34	Abby MCMINN	SR Messiah	14.91	(1.5)	4/11
4	56	Rachel PANEK	SO Stevenson	15.14w	(3.8)	4/11
5	58	Leah KENDRICK	JR Carnegie Mellon	15.15	(0.3)	4/18
6	61	Maya HAMMONDS	SR Johns Hopkins	15.17	(-0.2)	4/19
7	64	Nicole WEENINK	JR Eastern (Pa.)	15.18	(-0.8)	4/13
8	76	Olivia YOUNGER	FR Geneva	15.36w	(2.5)	3/23
9	81	Rachel WYLIE	JR Franklin & Marshall	15.37	(0.8)	4/20
10	88	Emily HARRINGTON	SO King's College (Pa.)	15.41	(-1.6)	4/17

Women's 400 Meter Hurdles

1	19	Rachel WYLIE	JR Franklin & Marshall	1:03.69		4/12
2	33	Rachel PANEK	SO Stevenson	1:04.42		4/19
3	34	Anna OSMAN	SR Moravian	1:04.43		4/19
4	47	Reilly WAGNER	SR Misericordia	1:04.94		4/12
5	51	Leanne WEAVER	JR Messiah	1:05.30		4/17
6	54	Aishah DUKES	SR Widener	1:05.38		4/19
7	74	Daniela TORRES	SO Johns Hopkins	1:06.02		4/19
8	96	Rachel PARR	SO Widener	1:06.69		4/19
9	###	Joanna BARANOWSKI	JR Carnegie Mellon	1:06.81		3/30
10	###	Alyssa LAMBERT	FR Moravian	1:06.83		4/6

Women's 4x100 Relay

1	17	Meier, Ebinama, Farley, Luton	Salisbury	48.42		4/13
2	49	Sloboh, Foster, Artis, Taylor	Wesley	49.16		4/13
3	55	Wiederrecht, McMinn, Longshaw, Wiederrecht	Messiah	49.32		4/11
4	65	Holt, Camacho, Vaules, Khanna	Swarthmore	49.51		4/19
5	75	Dorner, Hart, Wagner, Rine	Misericordia	49.69		4/17
6	80	Schwarz, Cress, Ward, Thomas	Westminster (Pa.)	49.72		4/12
7	83	Yuan, Reiling, Kendrick, Bhanja	Carnegie Mellon	49.75		4/12
8	87	Damron, Nwankpa, Ayuso, Raymond	Johns Hopkins	49.88		4/19
9	91	Speranza, Coleman, Rodebaugh, Hunt	Ursinus	49.92		4/13
10	93	Hinson, Raby, Panek, Hammond	Stevenson	49.95		3/29

Women's 4x400 Relay

1	9	Camacho, Martinez, Covitz, Holt	Swarthmore	3:56.04		4/19
2	19	Wiederrecht, Slader, Seeland, Weaver	Messiah	3:57.91		4/17
3	22	Ebinama, Farley, Meier, Rishell	Salisbury	3:58.47		4/6
4	68	Jones, Ford, Crawford, Ulaky	Eastern (Pa.)	4:05.52		4/6
5	83	Miller, Brush, Factora, Wilkinson	Johns Hopkins	4:07.19		4/6
6	88	Gasser, Durrwachter, Mayer, Coleman	Ursinus	4:07.95		3/29
7	90	Baranowski, Ciriello, Barone, Bhanja	Carnegie Mellon	4:08.19		3/15
8	91	Osman, Weaver, Renner, Danoski	Moravian	4:08.24		4/12
9	98	Kleman, Ross, Pietrini, Arbogast	Susquehanna	4:09.60		4/6
10	###	Muccio, Wylie, Greene, Natoli	Franklin & Marshall	4:10.72		4/6

Women's High Jump

1	2	Taylor WIEDERRECHT	JR Messiah	1.72m	5-7¾	4/9
2	25	Jessica ATTIEH	FR Lebanon Valley	1.63m	5-4¼	4/11
2	25	Kelli GARRIOTT	FR Elizabethtown	1.63m	5-4¼	4/11
4	43	Reilly WAGNER	SR Misericordia	1.60m	5-3	4/17
4	43	Sara GRAY	JR Gwynedd-Mercy	1.60m	5-3	4/10
4	43	Caroline BANAS	SO Scranton	1.60m	5-3	4/17
7	69	Tessa ALLEN	JR Carnegie Mellon	1.59m	5-2½	3/15
8	80	Rae Rae TAYLOR	SO Penn State Harrisbur	1.58m	5-2¼	4/6
8	80	Abigail SHEERER	JR Widener	1.58m	5-2¼	4/6
10	###	Colleen HOWARD	FR Salisbury	1.56m	5-1¼	4/19
10	###	Rachel PANEK	SO Stevenson	1.56m	5-1¼	4/11

Women's Pole Vault

1	11	Kyleigh DUMAS	JR Salisbury	3.75m	12-3½	4/13
2	16	Morgan GOSSARD	FR Westminster (Pa.)	3.73m	12-2¾	3/30
3	27	Haley YENCHIK	SR Penn State Behrend	3.60m	11-9¾	3/23
4	42	Michelle KARABIN	JR Carnegie Mellon	3.53m	11-7	4/18
5	54	Sophia CORTAZZO	JR Johns Hopkins	3.45m	11-3¾	4/19
6	74	Annie GUTIERREZ	SO Johns Hopkins	3.35m	10-11¾	4/12
7	86	Jaime THOMPSON	JR Westminster (Pa.)	3.33m	10-11	4/18
8	###	Olivia FALON	JR Lebanon Valley	3.23m	10-7	4/17
9	###	Morgan COPE	SR Ursinus	3.22m	10-6¾	3/23
10	###	Miranda GARD	SO Chatham	3.20m	10-6	4/17
10	###	Joanna BARANOWSKI	JR Carnegie Mellon	3.20m	10-6	4/12



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Mideast

Women's Long Jump

1	2	Maya HAMMONDS	SR	Johns Hopkins	5.81m	19-¾ (0.0)	4/19
2	8	Nicole WEENINK	JR	Eastern (Pa.)	5.68m	18-7¾ (1.5)	4/10
3	21	Rae Rae TAYLOR	SO	Penn State Harrisburg	5.55m	18-2½ (2.4)	4/17
4	40	Sarah LEHMAN	SO	Penn State Harrisburg	5.47m	17-11½ (1.6)	4/17
5	45	Rainah DUNHAM	SO	Gwynedd-Mercy	5.45m	17-10¾ (0.4)	3/29
6	72	Kimberly HAMMOND	SO	Stevenson	5.36m	17-7 (-2.3)	4/17
7	82	Reilly WAGNER	SR	Misericordia	5.31m	17-5¼ (-0.7)	4/12
7	82	Taylor WIEDERRECHT	JR	Messiah	5.31m	17-5¼ (0.9)	4/11
9	###	Katlyn ADAMS	JR	Grove City	5.25m	17-2¾ (0.2)	4/6
10	###	Selena THOMAS	SO	Westminster (Pa.)	5.22m	17-1½ (0.0)	4/6
10	###	Hannah WETZEL	FR	Gallaudet	5.22m	17-1½ (0.0)	4/20
10	###	Autumn HAIR	SR	Carnegie Mellon	5.22m	17-1½ (1.7)	4/18

Women's Triple Jump

1	7	Nicole WEENINK	JR	Eastern (Pa.)	11.78m	38-7¾ (0.0)	3/29
2	8	Sarah LEHMAN	SO	Penn State Harrisburg	11.77m	38-7½ (1.2)	4/17
3	37	Veronica MONTANE	SO	Johns Hopkins	11.24m	36-10½ (1.3)	4/12
4	44	Tatiana DORNER	FR	Misericordia	11.20m	36-9 (-0.5)	3/29
4	44	Sara ARBOGAST	SO	Susquehanna	11.20m	36-9 (1.2)	3/30
6	58	Hannah WETZEL	FR	Gallaudet	11.13m	36-6¼ (0.0)	4/20
7	90	Corrin FERRIZZI	FR	Muhlenberg	10.94m	35-10¾ (-0.)	4/6
8	###	Jessica LOPEZ	SO	Haverford	10.81m	35-5¾ (1.7)	4/13
8	###	Abigail SHEERER	JR	Widener	10.81m	35-5¾ (1.0)	4/6
10	###	Alexis BADDICK	JR	Misericordia	10.80m	35-5¼ (0.1)	4/6

Women's Shot Put

1	17	Clay CONLEY	JR	Swarthmore	13.36m	43-10	4/19
2	27	Danika ANI	JR	Stevenson	13.12m	43-½	3/29
3	44	Jess REGA	SR	Stevenson	12.65m	41-6	4/17
4	45	Brenna KARNISH	SO	Misericordia	12.59m	41-3¾	4/6
5	81	Anna COONEY	FR	Widener	12.18m	39-11½	4/19
6	###	Kristen SIPLING	FR	Alvernia	11.92m	39-1¼	4/17
7	###	Olivia ROTH	FR	York (Pa.)	11.83m	38-9¾	4/6
7	###	Kelsey NEFF	SO	Johns Hopkins	11.83m	38-9¾	4/6
9	###	Alyssa MCMINN	SR	Messiah	11.70m	38-4¾	4/6
10	###	Mikayla BISIGNANI	SO	Johns Hopkins	11.59m	38-¼	4/12

Women's Discus

1	5	Alyssa MCMINN	SR	Messiah	45.86m	150-6	4/20
2	22	Mikayla BISIGNANI	SO	Johns Hopkins	43.14m	141-7	4/12
3	68	Melinda CORNWALL	FR	Carnegie Mellon	39.34m	129-1	3/23
4	98	Brenna KARNISH	SO	Misericordia	38.05m	124-10	4/17
5	###	Rachel VRESILOVIC	JR	Swarthmore	37.81m	124-1	4/6
6	###	Taylor GUNTER	SR	Goucher	37.66m	123-7	4/5
7	###	Cydney FRANCIS	FR	Chatham	37.55m	123-3	4/17
8	###	Clay CONLEY	JR	Swarthmore	37.44m	122-10	4/19
9	###	Alecia ROHRER	SR	Messiah	36.78m	120-8	3/29
10	###	Chyanne FINE	JR	Gwynedd-Mercy	36.57m	120-0	4/6

Women's Hammer

1	5	Allison REUTER	SR	Widener	53.39m	175-2	3/29
2	47	Lauren DIOSES	SR	Stevenson	48.19m	158-1	4/17
3	57	Taylor RUNO	SR	King's College (Pa.)	47.53m	155-11	4/17
4	98	Alyssa MCMINN	SR	Messiah	45.35m	148-10	4/17
5	###	Imani HASELL	SO	Salisbury	45.21m	148-4	4/6
6	###	Reiley GAITA	FR	DeSales	45.04m	147-9	4/6
7	###	Allison BISHOP	SR	Stevenson	44.82m	147-1	4/17
8	###	Holly VAN WIE	SR	Frostburg State	44.57m	146-3	4/11
9	###	Anna COONEY	FR	Widener	43.88m	144-0	3/29
10	###	Charissa COPELAND	SO	Eastern (Pa.)	43.78m	143-8	4/6

Women's Javelin

1	3	Veronica MONTANE	SO	Johns Hopkins	43.74m	143-6	4/19
2	13	Cayle SPENCER	JR	King's College (Pa.)	41.79m	137-1	3/30
3	22	Kylie ORNDORF	SR	Juniata	40.00m	131-3	3/23
3	22	Francesca KASPAR	SO	DeSales	40.00m	131-3	4/19
5	34	Alecia ROHRER	SR	Messiah	39.02m	128-0	4/11
6	35	Jordan SIMPSON	JR	Waynesburg	39.01m	128-0	4/6
7	38	Elaine ROBERTSON	FR	Grove City	38.93m	127-9	4/6
8	54	Saraly GONZALEZ	FR	Juniata	38.10m	125-0	3/30
9	55	Sarah FAKE	SO	Elizabethtown	38.06m	124-11	4/17
10	56	Katherine MANGIONE	FR	Gettysburg	37.87m	124-3	3/23

Women's Heptathlon

1	7	Taylor WIEDERRECHT	JR	Messiah	4,575		4/11
2	8	Maya HAMMONDS	SR	Johns Hopkins	4,563		4/11
3	9	Rae Rae TAYLOR	SO	Penn State Harrisburg	4,550		4/11
4	14	Rachel PANEK	SO	Stevenson	4,421		4/11
5	40	Annie GUTIERREZ	SO	Johns Hopkins	3,935		4/11
6	58	Lindsey GLADDEN	JR	Marywood	3,679		4/11
7	59	Cat WAIN	SR	Johns Hopkins	3,677		4/11
8	74	Susanna PIROLLO	SO	Alvernia	3,491		4/11
9	92	Joelle WASH	FR	Eastern (Pa.)	3,179		4/11
10	94	Regie ROBINSON	JR	Eastern (Pa.)	3,144		4/11



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #4, April 23

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Midwest

Women's 100 Meters

1	6	Favor EZEWUZIE	JR	Wheaton (Ill.)	12.13	(-0.7)	4/6
2	10	Hannah WILLHITE	JR	Augustana (Ill.)	12.18	(1.1)	3/23
3	12	Tyesia MCFADDEN	SR	UW-Stout	12.20	(2.0)	4/18
4	14	Andrea HYDE	JR	Illinois College	12.21	(1.6)	4/13
4	14	Kayla ARMSTRONG	SO	Concordia Chicago	12.21w	(2.1)	4/6
6	17	Savannah RYGIWICZ	SO	UW-La Crosse	12.23	(0.5)	4/6
7	43	Aminah CRAWFORD	SO	Beloit	12.37w	(2.5)	4/19
8	47	Amy CHEN	SO	UW-Eau Claire	12.38	(1.1)	4/6
9	49	Natasha BROWN	SR	Wheaton (Ill.)	12.40	(-0.7)	4/6
10	54	Kady KOCHENDORFER	FR	UW-Eau Claire	12.42w	(3.0)	4/6
10	54	Hannah MERTENS	SR	UW-Stevens Point	12.42w		4/13

Women's 200 Meters

1	2	Kayla ARMSTRONG	SO	Concordia Chicago	24.47w	(2.1)	4/6
2	9	Favor EZEWUZIE	JR	Wheaton (Ill.)	24.94	(-1.8)	4/6
3	10	Natasha BROWN	SR	Wheaton (Ill.)	24.95	(-0.1)	4/12
4	12	Savannah RYGIWICZ	SO	UW-La Crosse	25.10	(1.6)	4/18
5	14	Hannah MERTENS	SR	UW-Stevens Point	25.12	(1.6)	4/18
6	26	Hannah WILLHITE	JR	Augustana (Ill.)	25.28	(-1.6)	4/5
7	29	Lauren WRENSCH	SR	UW-Oshkosh	25.30	(1.4)	4/5
8	33	Kelsey MCLAURIN	SO	North Central (Ill.)	25.34	(0.9)	4/16
9	59	Jordan PECKHAM	SO	Monmouth (Ill.)	25.65	(1.4)	4/5
10	70	Payton SIEHR	SO	UW-La Crosse	25.70	(1.9)	4/6
10	70	Savannah GROOS	SO	Washington (Mo.)	25.70	(2.0)	4/5

Women's 400 Meters

1	6	Kayla ARMSTRONG	SO	Concordia Chicago	56.33		4/16
2	8	Nicole VACAGUZMAN	SR	Chicago	56.72		4/12
3	17	Maddie LEBRUN	JR	St. Norbert	57.28		4/6
4	20	Lauren WRENSCH	SR	UW-Oshkosh	57.38		4/18
5	30	Mary MARTIN	JR	Chicago	57.71		4/16
6	31	Sarah DUFF	SR	St. Norbert	57.75		3/21
7	32	Katie EASTBURN	JR	Augustana (Ill.)	57.78		3/30
8	36	Kaitlin BONNEY	SO	North Central (Ill.)	57.81		4/6
9	43	Elizabeth MCCADD	SO	North Central (Ill.)	58.12		4/13
10	46	Erin LUKENS	SR	Millikin	58.23		4/6

Women's 800 Meters

1	14	Mackenzie DIXON	SO	Millikin	2:14.20		4/13
2	17	Nicole VACAGUZMAN	SR	Chicago	2:14.82		4/16
3	32	Meredith SOWERS	JR	Webster	2:16.17		4/13
4	37	Grace BRISTOW	FR	Washington (Mo.)	2:16.65		4/13
5	49	Sara MESIANO	SR	Washington (Mo.)	2:17.37		4/19
6	50	Emily STEGMEIER	SO	Washington (Mo.)	2:17.38		4/13
7	51	Ashley BUADO	JR	North Central (Ill.)	2:17.46		4/13
8	56	Natalie ROGUS	SR	Washington (Mo.)	2:17.60		4/13
9	57	Brooke WELLHAUSEN	SO	UW-Stevens Point	2:17.61		4/6
10	74	Joyana TARSA	FR	St. Norbert	2:18.45		3/21

Women's 1500 Meters

1	23	Morgan MAREK	SR	UW-Eau Claire	4:37.52		4/18
2	48	Libby BRUGGER	JR	UW-La Crosse	4:41.91		4/18
3	58	Emma ROBERTS	JR	Benedictine (Ill.)	4:43.26		4/6
4	60	Johanna MEISTER	JR	UW-Platteville	4:43.33		4/6
5	64	Abigail MARTIN	SR	Washington (Mo.)	4:43.62		3/23
6	67	Natalie ROGUS	SR	Washington (Mo.)	4:43.76		3/23
7	72	Hannah LOHRENZ	SO	UW-Oshkosh	4:44.24		4/18
8	87	Hanna REED	SR	UW-Eau Claire	4:45.35		4/6
9	90	Emma DRANGSTVEIT	SO	UW-Eau Claire	4:45.62		4/6
10	###	Molly SHEPHERD	SR	Washington (Mo.)	4:46.86		4/13

Women's Steeplechase

1	20	Graceanne TARSA	SR	St. Norbert	11:21.33		4/17
2	27	Brittany STAAB	JR	UW-Stout	11:25.53		4/18
3	30	Hannah LAMACK	SO	UW-Eau Claire	11:26.80		4/18
4	42	Payton FORS	JR	Washington (Mo.)	11:31.89		4/13
5	58	Molly SHEPHERD	SR	Washington (Mo.)	11:37.10		3/30
6	61	Emma MALOOLY	SO	UW-La Crosse	11:39.12		4/18
7	63	Jessie BRAUN	SO	UW-Whitewater	11:40.28		4/18
8	64	Annemarie MICHAEL	SO	Washington (Mo.)	11:41.12		4/13
9	66	Becca MAXWELL	SR	UW-Stout	11:41.69		4/18
10	67	Amanda VANDENPLAS	JR	UW-Oshkosh	11:42.44		3/28

Women's 5000 Meters

1	23	Linsey TOLKKINEN	SR	UW-River Falls	17:30.00		4/13
2	25	Sam SLATTERY	JR	UW-Eau Claire	17:30.11		4/13
3	33	Katie WARDINSKI	SR	UW-Platteville	17:39.02		4/13
4	54	Hannah BEILKE	SR	UW-La Crosse	17:49.47		4/13
5	57	Molly PERKINS	JR	UW-Stout	17:50.27		4/13
6	65	Emma DRANGSTVEIT	SO	UW-Eau Claire	17:54.47		4/13
7	67	Lisa GORHAM	SR	Washington (Mo.)	17:55.45		4/13
8	70	Sophie ELGAMAL	SO	Chicago	17:55.85		3/29
9	77	Jackie SCHANE	SR	Aurora	17:57.07		4/12
10	84	Paige LAWLER	JR	Washington (Mo.)	17:58.63		4/13

Women's 10,000 Meters

1	7	Aly WAYNE	SR	Washington (Mo.)	35:39.62		3/29
2	9	Sophie WATTERSON	JR	Washington (Mo.)	35:52.43		3/29
3	14	Linsey TOLKKINEN	SR	UW-River Falls	35:57.41		4/18
4	15	Hannah BEILKE	SR	UW-La Crosse	35:58.12		4/18
5	16	Katie WARDINSKI	SR	UW-Platteville	35:59.16		4/18
6	20	Katie SNODGRASS	SO	Washington (Mo.)	36:50.05		3/29
7	24	Jackie SCHANE	SR	Aurora	37:03.62		3/29
8	28	Annie BREKKEN	SR	UW-La Crosse	37:13.91		4/18
9	32	Jessica PETRUZATES	SR	UW-Stout	37:31.45		4/18
10	34	Ashton KEENE	JR	UW-Oshkosh	37:37.48		4/18



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WOMEN — 2019 Week #4, April 23

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Midwest

Women's 100 Meter Hurdles

1	4	Caira WATSON-HAYNES	SO	Washington (Mo.)	14.33	(1.3)	4/5
2	6	Favor EZEWUZIE	JR	Wheaton (Ill.)	14.42	(1.4)	3/23
3	11	J'Laan PITTMAN	SR	Washington (Mo.)	14.60	(0.3)	4/19
4	12	Sylviann MOMONT	JR	UW-Stevens Point	14.63	(0.5)	4/6
5	15	Tommie BRENNER	SR	UW-Eau Claire	14.66w		4/13
6	18	Shanna LAEHN	SR	UW-Stout	14.71	(1.8)	4/18
7	33	Elise RUUD	JR	North Park	14.87	(0.0)	4/12
8	34	Katie SCHILLING	SO	UW-Platteville	14.91	(0.5)	4/6
9	39	Isabelle KICK	JR	UW-La Crosse	14.99	(1.8)	4/18
10	44	Eva LAUN-SMITH	SO	Beloit	15.03	(-1.8)	4/6

Women's 400 Meter Hurdles

1	6	Jessica FRANKLIN	FR	Illinois Wesleyan	1:02.27		4/6
2	20	Katie SCHILLING	SO	UW-Platteville	1:03.70		4/18
3	22	Erin LUKENS	SR	Millikin	1:03.71		3/29
4	25	Simone WILSON	SO	Concordia Chicago	1:03.93		4/12
5	28	Vanessa CALDWELL	JR	Monmouth (Ill.)	1:04.18		4/18
6	31	Meredith SOWERS	JR	Webster	1:04.38		4/6
7	36	Kelsey WYMAN	SO	Illinois Wesleyan	1:04.47		4/19
8	38	Ava FORMAN	FR	Washington (Mo.)	1:04.49		4/19
9	39	Josephine SIMON	SO	Washington (Mo.)	1:04.63		4/19
10	42	Rachel NOVICK	SO	Washington (Mo.)	1:04.70		4/13

Women's 4x100 Relay

1	6	McGee, Ezewuzie, Jones, Brown		Wheaton (Ill.)	47.41		4/12
2	8	Stelzner, Aldrich, Siehr, Rygielwicz		UW-La Crosse	47.83		4/18
3	11	Chen, Kochendorfer, Fahey, Agrimson		UW-Eau Claire	48.09		4/18
4	19	Pittman, Groos, Watson-Haynes, Jose		Washington (Mo.)	48.45		4/19
5	21	McFadden, Laehn, Nelson, Mallek		UW-Stout	48.47		3/29
6	27	Eastburn, Willhite, Ubungen, Peterson		Augustana (Ill.)	48.74		3/23
7	34	Garcia, McLaurin, Harris, Grady		North Central (Ill.)	48.89		4/6
8	35	Porter, Molette, Leitschuh, Hyde		Illinois College	48.91		4/13
9	37	Crawford, Dade, Laun-Smith, Heinzen		Beloit	48.92		4/13
10	46	Bennett, Martin, Naibryf, Maletich		Chicago	49.10		4/12

Women's 4x400 Relay

1	5	Fitzpatrick, Martin, Naibryf, Vacaguzman		Chicago	3:54.45		4/12
2	11	Duff, LeBrun, McClone, Purdue		St. Norbert	3:56.30		3/22
3	13	Grady, McLaurin, Buado, McCadd		North Central (Ill.)	3:56.74		4/6
4	15	Hansen, Mesiano, Forman, Novick		Washington (Mo.)	3:56.94		4/19
5	24	Falk, Alter, Wellhausen, Mertens		UW-Stevens Point	3:59.01		4/18
6	26	Favino, McGee, Dagfal, Matzal		Wheaton (Ill.)	3:59.71		4/12
7	30	Emmerich, Platzbecker, Klein, Jones		UW-La Crosse	4:00.04		4/18
8	34	Glatz, Peterson, Willhite, Wajner		Augustana (Ill.)	4:01.40		4/18
9	41	Denu, Pralle, Demco, Wrensch		UW-Oshkosh	4:02.38		4/5
10	42	Peckham, Caldwell, Myers, Peckham		Monmouth (Ill.)	4:02.43		4/13

Women's High Jump

1	10	Laura DARCEY	JR	Chicago	1.67m	5-5¾	4/16
2	13	Taiah GALLISATH	JR	North Central (Ill.)	1.65m	5-5	4/12
2	13	Stephanie PLADIES	SR	UW-Stout	1.65m	5-5	4/18
4	22	Sarah GOMEZ	FR	Carroll (Wis.)	1.64m	5-4½	3/28
5	25	Sylviann MOMONT	JR	UW-Stevens Point	1.63m	5-4¼	4/13
5	25	Aleeka GENTZLER	SR	Monmouth (Ill.)	1.63m	5-4¼	4/13
5	25	Bailey WALDHAUSER	SO	UW-Eau Claire	1.63m	5-4¼	4/13
5	25	Raelin SORENSEN	JR	UW-Stout	1.63m	5-4¼	4/18
9	36	Katie LINDQUIST	SR	Wheaton (Ill.)	1.62m	5-3¾	4/16
10	43	Briana RAYSBY	FR	Elmhurst	1.60m	5-3	4/12
10	43	Veronica RAMMING	SR	North Central (Ill.)	1.60m	5-3	4/12
10	43	Lauren ROTTIER	FR	St. Norbert	1.60m	5-3	4/17

Women's Pole Vault

1	3	Julia DANNENBAUM	SO	Washington (Mo.)	3.90m	12-9½	4/5
2	10	Mackenzie BUTCHER	SR	Augustana (Ill.)	3.76m	12-4	3/30
3	11	Heidi NASSOS	SR	Washington (Mo.)	3.75m	12-3½	4/5
4	18	Rachel ZASTROW	SR	UW-La Crosse	3.71m	12-2	4/18
5	21	Isabel GARON	JR	Chicago	3.65m	11-11¾	4/12
5	21	Kathy MYRDA	FR	North Central (Ill.)	3.65m	11-11¾	4/12
5	21	Eve MEINTZ	FR	Benedictine (Ill.)	3.65m	11-11¾	4/12
8	27	Heather BEECHER	JR	UW-Stout	3.60m	11-9¾	4/6
8	27	Brittany EHLEN	SR	UW-Platteville	3.60m	11-9¾	4/13
10	32	Kat KREBASCH	FR	Augustana (Ill.)	3.56m	11-8	3/30
10	32	Kaitlyn GANRUDE	SR	UW-La Crosse	3.56m	11-8	4/18



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WOMEN — 2019 Week #4, April 23

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Midwest

Women's Long Jump

1	1	Lauren WRENSCH	SR	UW-Oshkosh	5.89m	19-4 (0.0)	3/28
2	10	Favor EZEWUZIE	JR	Wheaton (Ill.)	5.66m	18-7 (0.0)	4/6
3	11	Ashley AGRIMSON	SO	UW-Eau Claire	5.65mw	18-6½ (2.7)	4/18
4	19	Eva LAUN-SMITH	SO	Beloit	5.56mw	18-3 (3.0)	3/14
5	25	Jerica KOTARAK	SR	MSOE	5.53mw	18-1¾ (2.9)	4/18
5	25	Megan WALLACE	SO	UW-Eau Claire	5.53m	18-1¾	4/13
7	37	Isabel MALETICH	FR	Chicago	5.48m	17-11¾ (1.7)	4/6
7	37	Nicole LORD	FR	UW-La Crosse	5.48m	17-11¾ (2.0)	4/18
9	40	Lexi LEFEVER	FR	UW-Eau Claire	5.47m	17-11½	4/13
10	43	Daisha REECE	JR	Webster	5.46mw	17-11 (2.7)	3/15

Women's Triple Jump

1	1	Eka JOSE	SO	Washington (Mo.)	12.00m	39-4½ (0.1)	4/5
2	6	Heidi NASSOS	SR	Washington (Mo.)	11.80m	38-8¾ (1.5)	4/5
3	9	Kelsey MCLAURIN	SO	North Central (Ill.)	11.68m	38-4 (1.3)	4/6
4	11	Eva LAUN-SMITH	SO	Beloit	11.67m	38-3½ (1.6)	4/6
4	11	Betsy SCHREIER	SR	UW-La Crosse	11.67m	38-3½ (1.5)	4/6
6	14	Alicia GUPTÉ	FR	Washington (Mo.)	11.59m	38-¼ (0.6)	3/23
7	27	Jerica KOTARAK	SR	MSOE	11.40m	37-5 (1.3)	4/18
8	31	Isabel MALETICH	FR	Chicago	11.34m	37-2½ (0.0)	4/16
9	33	Lena RAMSEY	SO	Beloit	11.29m	37-½ (0.6)	4/6
10	34	Kady KOCHENDORFER	FR	UW-Eau Claire	11.26m	36-11½ (1.7)	4/6

Women's Shot Put

1	2	Erica OAWSTER	SR	UW-Eau Claire	14.47m	47-5¾	4/6
2	3	Isabella SAMUELS	SR	UW-Oshkosh	14.43m	47-4¼	4/5
3	5	Elizabeth WILLIS	JR	Carthage	14.30m	46-11	4/18
4	8	Skye DIGMAN	FR	UW-La Crosse	13.76m	45-1¾	4/6
5	15	Sarah SCHMIDT	JR	Carthage	13.40m	43-11¾	4/18
6	18	Brianna SCHYVINCK	JR	UW-La Crosse	13.35m	43-9¾	4/13
6	18	Rachel BEUTHIN	JR	UW-Platteville	13.35m	43-9¾	4/6
8	24	Katie GONTERMAN	SO	Aurora	13.17m	43-2½	4/6
9	25	Karen WETHAL	SR	UW-Stevens Point	13.16m	43-2¼	4/18
10	28	Larkin HOEPNER	JR	UW-Stevens Point	13.08m	42-11	4/13

Women's Discus

1	2	Erica OAWSTER	SR	UW-Eau Claire	47.25m	155-0	4/6
2	3	Elizabeth WILLIS	JR	Carthage	46.51m	152-7	4/18
3	9	Larkin HOEPNER	JR	UW-Stevens Point	45.28m	148-7	4/6
4	10	Sarah SCHMIDT	JR	Carthage	45.18m	148-3	4/18
5	12	Skye DIGMAN	FR	UW-La Crosse	44.63m	146-5	4/18
6	19	Karen WETHAL	SR	UW-Stevens Point	43.30m	142-1	4/18
7	27	Jessica WILSON	SR	Concordia Chicago	42.08m	138-1	4/6
8	41	Morgan DAVISTER	FR	Carroll (Wis.)	41.01m	134-7	4/13
9	46	Rachel BEUTHIN	JR	UW-Platteville	40.65m	133-5	4/18
10	50	Jocelyn OCON	JR	Aurora	40.33m	132-4	4/12

Women's Hammer

1	2	Jocelyn OCON	JR	Aurora	53.66m	176-1	4/16
2	4	Elizabeth WILLIS	JR	Carthage	53.42m	175-3	4/13
3	7	Emily UITENBROEK	JR	Carroll (Wis.)	52.81m	173-3	4/6
4	9	Morgan DENTON	SO	UW-Stout	52.69m	172-11	4/13
5	10	Sarah SCHMIDT	JR	Carthage	52.51m	172-4	4/18
6	13	Larkin HOEPNER	JR	UW-Stevens Point	51.41m	168-8	4/6
7	15	Naomi YAMANE	SR	North Central (Ill.)	51.15m	167-10	3/30
8	22	Mikaela ZOLECKI	JR	UW-Oshkosh	50.62m	166-1	4/13
9	26	Pamela GRAMER	SO	UW-La Crosse	50.33m	165-2	4/6
10	30	Brianna SCHYVINCK	JR	UW-La Crosse	49.74m	163-2	4/18

Women's Javelin

1	12	Alex GRUBBS	JR	UW-Stevens Point	41.86m	137-4	4/6
2	18	Ally STEGER	JR	UW-Oshkosh	40.58m	133-2	4/13
3	35	Adriana RAMIREZ	SR	Aurora	39.01m	128-0	4/12
4	43	Caycee BEAN	JR	UW-La Crosse	38.85m	127-6	4/6
5	61	Danielle STUBNER	SO	North Central (Ill.)	37.66m	123-7	4/12
6	68	Emily UITENBROEK	JR	Carroll (Wis.)	37.37m	122-7	4/13
7	77	Caitlyn ADAMS	JR	Carroll (Wis.)	36.68m	120-4	4/13
8	82	Rachel KERSHNER	SR	Washington (Mo.)	36.29m	119-1	4/19
9	90	Brooke HARMON	JR	Augustana (Ill.)	35.94m	117-11	3/30
10	96	Abigail MISSIAEN	SO	UW-Whitewater	35.65m	117-0	4/18

Women's Heptathlon

1	4	Megan WALLACE	SO	UW-Eau Claire	4,745		4/18
2	5	Laura DARCEY	JR	Chicago	4,684		4/16
3	11	Sylviani MOMONT	JR	UW-Stevens Point	4,508		4/18
4	21	Callista DECRAMER	JR	Ripon	4,285		4/18
5	25	Kemmesha THOMAS	JR	UW-La Crosse	4,198		4/18
6	28	Sarah WISEMAN	JR	St. Norbert	4,173		3/21
7	30	Hailey DAMMEIER	SR	North Central (Ill.)	4,109		4/16
8	37	Briana SIMONIS	JR	UW-Stevens Point	3,991		4/18
9	41	Stephanie PLADIES	SR	UW-Stout	3,918		4/18
10	51	Abigail MISSIAEN	SO	UW-Whitewater	3,787		4/18



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #4, April 23

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New England

Women's 100 Meters

1	12	Eleni GRAMMAS	SR	Rhode Island College	12.20	(0.2)	3/22
2	27	Fatima ST. HILAIRE	SR	Regis (Mass.)	12.31	(1.0)	4/19
3	35	Angelina RAFFONE	JR	Babson	12.34	(1.7)	3/16
3	35	Briana GAUSLAND	JR	Wheaton (Mass.)	12.34w	(2.6)	3/14
5	41	Brittney MCKINLEY	SO	Bowdoin	12.36	(0.3)	4/19
5	41	Kennedy GREEN	SR	Williams	12.36	(1.0)	4/20
7	70	Kiara TAN	FR	Williams	12.48	(1.0)	3/23
8	84	Taymise SANDERS	SO	Newbury	12.52	(1.4)	4/20
8	84	Morgan HALLOW	SR	Trinity (Conn.)	12.52w	(3.3)	4/20
10	93	Jayci ANDREWS	JR	Bridgewater State	12.55	(1.0)	4/19
10	93	Ahriyan BROWN	JR	Eastern Connecticut	12.55	(1.0)	4/19

Women's 200 Meters

1	22	Eleni GRAMMAS	SR	Rhode Island College	25.23w	(2.8)	4/20
2	38	Gretchen MCGRATH	SO	Middlebury	25.38	(1.4)	4/20
3	44	Brittney MCKINLEY	SO	Bowdoin	25.46	(1.3)	3/15
4	48	Caitlin UBL	SR	Williams	25.51	(1.6)	3/21
5	52	Taymise SANDERS	SO	Newbury	25.57	(1.9)	4/20
6	63	Morgan HALLOW	SR	Trinity (Conn.)	25.66	(-0.8)	4/12
7	67	Kiara TAN	FR	Williams	25.68w	(2.1)	4/13
7	67	Kennedy GREEN	SR	Williams	25.68	(1.6)	3/9
9	70	Emma LANDROCHE	JR	Rhode Island College	25.70	(0.7)	4/13
10	92	Michelle MENKITI	JR	MIT	25.81	(1.6)	4/6

Women's 400 Meters

1	16	Alexa POPP	SR	Westfield State	57.27		4/6
2	22	Jenny AGUIAR	SR	Wesleyan (Conn.)	57.48		3/30
2	22	Morgan HALLOW	SR	Trinity (Conn.)	57.48		4/6
4	28	Ayden EICKHOFF	SR	Bates	57.64		4/19
5	29	Megan POWELL	JR	Williams	57.65		3/9
6	39	Adora LAWRENCE	JR	Coast Guard	57.91		4/6
7	42	Ella DUNN	SO	Williams	58.08		3/23
8	55	Hayley BRODEUR	JR	Eastern Connecticut	58.42		4/13
8	55	Rachel LEONARD	SR	Colby	58.42		3/22
10	58	Anna BECK	JR	Coast Guard	58.44		4/6

Women's 800 Meters

1	5	Anna PASSANNANTE	JR	Williams	2:11.87		3/9
2	6	Bailey TREGONING	SR	MIT	2:12.34		4/20
3	9	Margaret TRAUTNER	JR	MIT	2:13.61		4/20
4	10	Cassidy KEARNEY	FR	Middlebury	2:13.76		3/9
5	16	Rhemi TOTH	JR	Tufts	2:14.79		4/12
6	24	Ayden EICKHOFF	SR	Bates	2:15.32		4/13
7	25	Meg WILSON	JR	Middlebury	2:15.48		4/12
8	29	Doyin OGUNDIRAN	SR	Brandeis	2:15.94		3/30
9	33	Abby SCOTT	FR	Williams	2:16.39		4/13
10	35	Caitlin UBL	SR	Williams	2:16.54		3/21

Women's 1500 Meters

1	1	Emily BRYSON	SR	Brandeis	4:23.02		4/20
2	8	Anna PASSANNANTE	JR	Williams	4:33.19		4/13
3	10	Abigail NADLER	SR	Middlebury	4:33.81		3/23
4	12	Tasha GREENE	SO	Middlebury	4:35.21		3/9
5	14	Christina SCARTELLI	SR	Amherst	4:36.59		4/12
6	15	Emily MANFRA	SO	Suffolk	4:36.63	(4:58.76(1))	4/12
7	17	Kaitlyn MOONEY	SO	Coast Guard	4:36.94		3/30
8	20	Cassidy KEARNEY	FR	Middlebury	4:37.23		4/12
9	21	Anna BARNES	SR	Trinity (Conn.)	4:37.29		4/12
10	22	Kelsey TIERNEY	SR	Tufts	4:37.44		4/12

Women's Steeplechase

1	4	Jenna MELANSON	JR	MIT	10:47.87		4/20
2	9	Grace COWLES	SO	Wellesley	10:59.64		4/19
3	12	Emily HARRIS	SR	Williams	11:09.97		4/20
4	15	Kelsey TIERNEY	SR	Tufts	11:14.73		4/6
5	26	Tarvis HINTLIAN	SO	Connecticut College	11:24.67		3/30
6	31	Sara PINSONAULT	JR	Wesleyan (Conn.)	11:27.07		4/20
7	35	Haley KNOX	SR	Eastern Connecticut	11:29.45		4/13
8	38	Keely NISTLER	SO	WPI	11:29.73		4/12
9	50	Katherine LECKBEE	FR	Wheaton (Mass.)	11:34.57		4/12
10	60	Sarah MAWDSLEY	JR	Roger Williams	11:38.77		4/12

Women's 5000 Meters

1	7	Kaitlyn MOONEY	SO	Coast Guard	16:52.14		4/20
2	14	Christina SCARTELLI	SR	Amherst	17:13.38		4/6
3	18	Rory KELLY	SR	Middlebury	17:22.29		4/12
4	32	Audrey RUSTAD	JR	Williams	17:36.22		3/9
5	38	Julia O'ROURKE	SR	Bowdoin	17:41.65		4/12
6	40	Meredith CRONIN	SO	Connecticut College	17:43.05		4/12
7	41	Sophia GORMAN	SO	Colby	17:43.74		4/12
8	42	Emma HERRMANN	JR	Williams	17:43.80		3/9
9	45	Katie COLLINS	FR	MIT	17:45.41		4/13
10	46	Danielle PAGE	FR	Tufts	17:46.53		4/12

Women's 10,000 Meters

1	10	Emma HERRMANN	JR	Williams	35:52.45		4/13
2	17	Kate MACCARY	SR	Middlebury	36:12.06		4/12
3	19	Emily HARRIS	SR	Williams	36:32.33		4/13
4	27	Lauren PERKOWSKI	JR	Keene State	37:13.57		4/12
5	57	Mia ROGERS	SR	Worcester State	38:21.41		3/30
6	61	Hannah RIEDERS	SO	Mount Holyoke	38:27.60		4/12
7	63	Madeline RIEDERS	SO	Mount Holyoke	38:28.33		4/12
8	74	Danielle PAGE	FR	Tufts	38:45.36		3/30
9	78	Jenise MADDEN	JR	Bridgewater State	38:46.61		3/22
10	83	Caitlin PORRAZZO	JR	Tufts	38:51.08		4/12



USTFCCA NCAA Division III Outdoor Track & Field
Regional TFRI Event Summary

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New England

Women's 100 Meter Hurdles

1	5	Sophie STOKES CERKVENIK	SR Colby	14.41w	(2.1)	3/29
2	8	Caitlin UBL	SR Williams	14.46	(-1.2)	3/21
3	10	Jayci ANDREWS	JR Bridgewater State	14.52	(1.1)	4/13
4	12	Ella ROSSA	SO Amherst	14.63w	(2.9)	4/11
5	25	Katherine JACOBS	FR Babson	14.80	(1.3)	4/6
6	27	Amanda KAUFMAN	SO Bates	14.83w	(3.1)	4/6
7	38	Kylene DESMITH	SR Tufts	14.98w	(3.1)	4/6
8	43	Ellen SHAW	SO Wheaton (Mass.)	15.01	(0.7)	4/6
9	51	Izabelle ITH	SO Williams	15.10	(0.3)	3/21
10	69	Lydia PITTS	FR Bowdoin	15.25	(0.7)	4/19

Women's 400 Meter Hurdles

1	12	Caitlin UBL	SR Williams	1:03.08		3/9
2	13	Jayci ANDREWS	JR Bridgewater State	1:03.18		4/13
3	20	Sophie STOKES CERKVENIK	SR Colby	1:03.70		4/19
4	25	Alexa POPP	SR Westfield State	1:03.93		4/13
5	27	Sara ORY	SR Bowdoin	1:03.99		3/15
6	56	Julia MUNZ	FR Middlebury	1:05.54		4/20
7	65	Luana MACHADO	FR Tufts	1:05.70		4/12
8	69	Kerri LONG	SR Westfield State	1:05.90		4/13
9	71	Elise LAMBERT	FR Bates	1:05.93		4/19
10	75	Claire MELVIN	FR MIT	1:06.04		3/9

Women's 4x100 Relay

1	9	Tan, Green, Collison, Powell	Williams	47.84		3/23
2	10	Hayes, Grammas, Grammas, Landroche	Rhode Island College	47.85		3/29
3	28	Walkes, Holly, McGrath, Cook	Middlebury	48.78		4/20
4	29	Pawlak, Gencorelli, Nippert, Knight	WPI	48.81		4/6
5	37	Beane, McKinley, Wallace, Schaefer	Bowdoin	48.92		3/15
6	43	Speliakos, Leonard, Stokes Cerkeni, Woodside	Colby	49.01		4/13
7	49	Gausland, Walker, Spear, Case	Wheaton (Mass.)	49.16		4/13
8	54	Andree, Yang, Ishamuddin, Menkiti	MIT	49.29		3/9
9	60	Vanty, Fitzpatrick, Clark, Lamptey	Connecticut College	49.42		4/12
10	71	Lazur, Neufeld, Buckley, Hallow	Trinity (Conn.)	49.60		4/6

Women's 4x400 Relay

1	2	Ubl, Collison, Thomas, Powell	Williams	3:51.59		3/9
2	7	Lang, McGrath, Munz, O'Mara	Middlebury	3:55.52		3/9
3	16	Beane, Gallagher, Schaefer, Ory	Bowdoin	3:57.05		4/12
4	21	Melvin, Ishamuddin, Frombach, Menkiti	MIT	3:58.43		4/13
5	27	Lowensohn, Machado, Neilon,	Tufts	3:59.76		4/6
6	32	Tichelaar, Jaramillo, Madden, Friedman	Amherst	4:00.44		3/30
7	36	Rossvall, Stokes Cerkveni, DePalo, Leonard	Colby	4:01.61		3/22
8	43	Catus, Markey, Nagler, Pipkin	Wesleyan (Conn.)	4:02.48		4/12
9	47	Matt, Lambert, Kim, Eickhoff	Bates	4:02.76		4/19
10	48	Hayes, Xavier, McCaffery, Grammas	Rhode Island College	4:03.02		3/29

Women's High Jump

1	1	Emma EGAN	JR Williams	1.75m	5-8¾	3/23
2	13	Chloe DEWHURST	FR Springfield (Mass.)	1.65m	5-5	4/20
2	13	Sharde JOHNSON	FR Colby	1.65m	5-5	3/29
2	13	Xandria KORN	SR WPI	1.65m	5-5	4/20
5	25	Summer-Solstice THOMAS	JR Williams	1.63m	5-4¼	3/9
5	25	Savannah FOX TREE- MCGRATH	SR Roger Williams	1.63m	5-4¼	4/20
5	25	Liana REILLY	SO MIT	1.63m	5-4¼	4/20
8	36	Kene ODENIGBO	SR Williams	1.62m	5-3¾	3/23
9	40	Jacqueline KIRK	SO Tufts	1.61m	5-3¾	4/20
10	43	Madison FANCHER	SO Roger Williams	1.60m	5-3	3/22
10	43	Cassandra NARANJO	SR Smith	1.60m	5-3	4/20
10	43	Taylor NOGIEC	SO Springfield (Mass.)	1.60m	5-3	4/12
10	43	Afroditi GEORGIADI	FR Tufts	1.60m	5-3	3/30
10	43	Caroline HITCHCOCK	SO Springfield (Mass.)	1.60m	5-3	4/6
10	43	Isabella BRUNO	SO Trinity (Conn.)	1.60m	5-3	4/12

Women's Pole Vault

1	2	Kelsie HAO	SO Williams	3.91m	12-10	4/13
2	9	Carley DYKSTRA	SR WPI	3.78m	12-4¾	4/12
3	11	Kari STROMHAUG	SR MIT	3.75m	12-3½	4/20
4	35	Bridget WIRTZ	FR WPI	3.55m	11-7¾	4/12
4	35	Kreager TABER	SR Middlebury	3.55m	11-7¾	4/20
4	35	Maggie MURPHY	SR Williams	3.55m	11-7¾	3/9
4	35	Anais MARENCO	FR MIT	3.55m	11-7¾	4/20
8	72	Marina FLANDRICK	FR Trinity (Conn.)	3.36m	11-¼	4/20
9	82	Katie LOFTUS	JR Williams	3.34m	10-11½	3/23
9	82	Cristina YOUNG	FR Williams	3.34m	10-11½	3/23



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New England

Women's Long Jump

1	5	Fatima ST. HILAIRE	SR	Regis (Mass.)	5.74m	18-10 (-1.7)	4/13
2	11	Adela KALILWA	JR	Southern Maine	5.65m	18-6½ (0.0)	4/6
3	16	Emma LANDROCHE	JR	Rhode Island College	5.58mw	18-3¾ (2.2)	3/29
4	21	Alex COOK	JR	Middlebury	5.55m	18-2½ (0.0)	4/20
5	25	Izabelle ITH	SO	Williams	5.53m	18-1¾ (2.0)	4/13
6	29	Madeleine DALBERG	JR	Eastern Connecticut	5.51m	18-1 (2.0)	4/19
7	34	Emma EGAN	JR	Williams	5.50m	18-½ (1.7)	4/13
8	40	Shannon KENNEDY	SR	Connecticut College	5.47m	17-11½ (2.0)	4/6
9	45	Katy NIPPERT	SO	WPI	5.45m	17-10¾ (0.0)	4/6
10	49	Mylayla HOGGARD	FR	Southern Maine	5.44mw	17-10¼ (2.2)	4/19
10	49	Kiara TAN	FR	Williams	5.44mw	17-10¼ (2.6)	3/9

Women's Triple Jump

1	3	Adela KALILWA	JR	Southern Maine	11.89m	39-¼ (1.5)	4/19
2	17	Elizabeth WEEKS	SO	MIT	11.53m	37-10 (0.0)	4/20
2	17	Lucy LEE	SO	MIT	11.53mw	37-10 (3.4)	4/6
4	21	Kene ODENIGBO	SR	Williams	11.49m	37-8½ (0.8)	3/9
5	24	Lydia PITTS	FR	Bowdoin	11.44mw	37-6½ (2.2)	4/12
6	26	Cailin STOLLAR	SO	Williams	11.41mw	37-5¼ (2.7)	4/13
7	27	Yilinn YANG	FR	MIT	11.40mw	37-5 (3.0)	3/9
8	51	Elena ANDREE	FR	MIT	11.18mw	36-8¼ (2.2)	3/9
9	55	Fatima ST. HILAIRE	SR	Regis (Mass.)	11.14m	36-6¾ (0.0)	4/19
9	55	Emma LANDROCHE	JR	Rhode Island College	11.14m	36-6¾ (1.6)	4/6

Women's Shot Put

1	4	Koko MENSAH	JR	Connecticut College	14.40m	47-3	4/12
2	6	Burabari KABARI	JR	Trinity (Conn.)	14.25m	46-9	4/12
3	13	Kira GILBREATH	SR	Bridgewater State	13.45m	44-1½	4/13
4	57	Belinda SAINT LOUIS	SO	Bowdoin	12.42m	40-9	4/19
5	88	Mikaela LOPRIORE	JR	Springfield (Mass.)	12.13m	39-9¾	4/6
6	###	Katie HUGHES	SR	Bates	11.97m	39-3¼	4/13
7	###	MacKenzie GARVEY	JR	UMass Dartmouth	11.80m	38-8¾	4/13
8	###	Helene ROWLAND	JR	Middlebury	11.78m	38-7¾	4/12
9	###	Mazie ALEXANDER	SO	Williams	11.77m	38-7½	4/20
10	###	Emily LACASSE	FR	Springfield (Mass.)	11.74m	38-6¼	4/20

Women's Discus

1	8	Leilani SALANG	SO	Coast Guard	45.29m	148-7	4/12
2	17	Emily SENATORE	SR	Connecticut College	43.35m	142-3	3/30
3	48	Koko MENSAH	JR	Connecticut College	40.52m	132-11	4/12
4	57	Burabari KABARI	JR	Trinity (Conn.)	40.01m	131-3	3/30
5	74	Ariyanna JURKOWSKI	FR	Coast Guard	39.06m	128-2	4/12
6	###	Shannon PARKS	FR	Keene State	37.73m	123-10	4/12
7	###	Nkemdilim ADUKA	SO	Tufts	37.62m	123-5	4/6
8	###	Folusho JEBUTU	JR	MIT	37.37m	122-7	3/9
9	###	Belinda SAINT LOUIS	SO	Bowdoin	37.08m	121-8	4/12
10	###	Mikaela LOPRIORE	JR	Springfield (Mass.)	36.99m	121-4	4/12

Women's Hammer

1	17	Ivie UZAMERE	SO	Wesleyan (Conn.)	50.98m	167-3	4/20
2	21	Lauren GILDERDALE	JR	Westfield State	50.66m	166-3	4/13
3	25	Funmibi YUSUFF	JR	Rhode Island College	50.34m	165-2	4/13
4	27	Chelsea YANG	SO	Rhode Island College	50.12m	164-5	4/13
5	28	Leilani SALANG	SO	Coast Guard	49.92m	163-10	3/30
6	43	Georgrinna FARLEY	FR	Rhode Island College	48.40m	158-10	4/20
7	50	Faye GAUTHIER	JR	WPI	47.99m	157-6	3/29
8	56	Melissa MEIJA	SO	Rhode Island College	47.60m	156-2	3/22
9	62	Evelyn DRAKE	JR	Tufts	47.40m	155-6	4/6
10	64	Elise MCCORMACK-KUHMANN	SO	MIT	47.24m	155-0	4/13

Women's Javelin

1	6	Sophia SLOVENSKI	FR	Bowdoin	43.24m	141-11	3/15
2	7	Rebecca GORMAN	JR	Middlebury	42.25m	138-8	4/6
3	8	Katy MCCLLELAN	SR	Smith	42.09m	138-1	3/30
3	8	Katy MCCLLELAN	SR	Smith	42.09m	138-1	3/30
5	10	Cathryn MACGREGOR	SR	Wheaton (Mass.)	42.04m	137-11	4/6
6	19	Devan WALSH	JR	Trinity (Conn.)	40.40m	132-7	4/12
7	26	Savannah FOX TREE-MCGRATH	SR	Roger Williams	39.57m	129-10	3/22
8	30	Julia KISSEL	JR	Tufts	39.17m	128-6	3/30
9	31	Julia LOTHROP	SR	Middlebury	39.08m	128-3	3/23
10	32	Katie MAEHL	SR	Wesleyan (Conn.)	39.06m	128-2	4/18

Women's Heptathlon

1	2	Caitlin UBL	SR	Williams	4,949		3/21
2	23	Shannon KENNEDY	SR	Connecticut College	4,262		4/12
3	24	Izabelle ITH	SO	Williams	4,250		3/21
4	26	Kylene DESMITH	SR	Tufts	4,195		4/12
5	31	Emma O'HARA	SR	Colby	4,090		4/19
6	34	Skyler GAUTHIER	SO	Keene State	4,067		4/12
7	45	Hannah WESCOTT	FR	Plymouth State	3,833		4/12
8	46	Emily LAPLANTE	SO	Springfield (Mass.)	3,831		4/12
9	54	Ella ROSSA	SO	Amherst	3,736		4/11
10	57	Sierra LOOMIS	JR	Williams	3,716		3/21



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #4, April 23

as of 5/4/2019 3:24:32 PM

South/Southeast

Women's 100 Meters

1	2	Dani BLAND	SR Emory	11.90	(1.7)	3/29
2	5	Tia STEEN-BAKER	SO East Texas Baptist	12.12	(1.8)	4/19
3	10	Ashley MYERS	SR Texas Lutheran	12.18w	(3.1)	3/23
4	20	Erin ANDREWLEVICH	JR Mary Washington	12.24w	(2.7)	4/12
5	29	Destani WARNER	SO Hardin-Simmons	12.33	(1.8)	4/19
6	35	Shamyra WILKERSON	JR Shenandoah	12.34	(0.4)	4/19
7	49	Emily VALLE	JR Bridgewater (Va.)	12.40	(0.4)	4/19
8	51	Randa SLONE	FR East Texas Baptist	12.41	(1.8)	4/19
8	51	Summer GRUBBS	FR UT Tyler	12.41w	(2.7)	3/27
10	56	Rebekah BONDI	SO Emory	12.43	(0.1)	4/5
10	56	Jimlyn LAURENT	SR Methodist	12.43	(-0.3)	4/18

Women's 200 Meters

1	3	Dani BLAND	SR Emory	24.60	(0.6)	4/12
2	12	Tia STEEN-BAKER	SO East Texas Baptist	25.10w	(2.7)	4/19
3	17	Jessica EASTHAM	JR Hardin-Simmons	25.19w	(2.5)	4/19
4	18	Ashley MYERS	SR Texas Lutheran	25.20w	(3.8)	4/12
5	20	Shamyra WILKERSON	JR Shenandoah	25.21	(0.6)	4/19
6	31	Rami MITCHELL	FR Louisiana College	25.31w	(2.7)	4/19
7	43	Ari NEWHOUSE	SR Emory	25.44	(1.1)	4/12
8	51	Summer GRUBBS	FR UT Tyler	25.55	(1.3)	4/19
9	57	Khatirah MALIK	SO Berea (Ky.)	25.64	(-0.2)	4/18
10	59	Nikki DOHERTY	JR Washington and Lee	25.65w	(3.3)	3/30

Women's 400 Meters

1	14	Erin ANDREWLEVICH	JR Mary Washington	57.23		4/12
2	27	MySherie JOHNSON	JR Louisiana College	57.63		4/19
3	46	Bayli LUKE	SO Concordia Texas	58.23		4/19
4	58	Jessica CAMMARATA	FR Lynchburg	58.44		3/22
5	66	Endasia MITCHELL	SR Lynchburg	58.57		4/19
6	80	Leda ST CYR	JR Rhodes	58.87		3/23
7	83	Ashley RYNARD	JR Texas Lutheran	58.90		3/23
8	90	Kaylee ROBINSON	JR Berea (Ky.)	58.95		4/18
9	###	Nicolette ANDREY	SR Oglethorpe	59.29		3/22
10	###	Kacee HOOKER	FR Bridgewater (Va.)	59.38		4/19

Women's 800 Meters

1	4	Ashley RYNARD	JR Texas Lutheran	2:11.57		4/17
2	19	Annie RODENFELS	SR Centre	2:14.86		3/2
3	75	Margaret SEYBOLD	SR Washington and Lee	2:18.51		3/29
4	98	Kayla O'SHEA	SR Emory	2:19.14		4/12
5	###	Courtney GIBSON	JR Centre	2:19.40		4/20
6	###	Sarah Kate LIPPERD	FR Covenant	2:20.51		4/12
7	###	Avery SCHIFFMAN	FR Washington and Lee	2:20.58		4/19
8	###	Hope DRURY	SO McMurry	2:20.68		3/28
9	###	Sara Kate CAPEL	JR Rhodes	2:20.75		4/19
10	###	Monica LANNEN	JR Christopher Newport	2:20.99		3/30

Women's 1500 Meters

1	2	Annie RODENFELS	SR Centre	4:27.89		4/20
2	27	Margaret SEYBOLD	SR Washington and Lee	4:38.23		3/29
3	46	Calista ARIEL	JR Bridgewater (Va.)	4:41.83		4/19
4	47	Ashley RYNARD	JR Texas Lutheran	4:41.86		4/12
5	50	Kayla O'SHEA	SR Emory	4:42.12		4/5
6	82	Emily KNERR	SR Mary Washington	4:45.03		4/4
7	95	Lilly SMITH	SR Covenant	4:46.25		3/22
8	###	Carrie MCINTYRE	SO Emory	4:47.55		4/19
9	###	Molly MCCULLOUGH	SR Trinity (Texas)	4:48.35		4/12
10	###	Katie BEARUP	JR Washington and Lee	4:48.38		4/13

Women's Steeplechase

1	1	Annie RODENFELS	SR Centre	10:35.08		3/30
2	5	Molly MCCULLOUGH	SR Trinity (Texas)	10:48.03		4/18
3	13	Calista ARIEL	JR Bridgewater (Va.)	11:10.11		4/13
4	34	Michela CHOLAK	JR Lynchburg	11:28.25		4/4
5	35	Courtney GIBSON	JR Centre	11:29.45		4/12
6	41	Meredith HERMAN	JR Berry	11:30.74		3/22
7	47	Samantha SCHREIBER	SR Lynchburg	11:33.35		3/22
8	53	Jordan JURAN	SO Trinity (Texas)	11:35.48		3/28
9	59	Alison ANDERSON	SO Centre	11:37.47		4/12
10	69	Alexis SEGURA	JR LeTourneau	11:42.88		3/21

Women's 5000 Meters

1	3	Annie RODENFELS	SR Centre	16:45.23		3/15
2	30	Kaitlyn JOHNSON	SO Lynchburg	17:33.96		3/14
3	47	Carrie MCINTYRE	SO Emory	17:46.75		4/5
4	60	Lilly SMITH	SR Covenant	17:52.21		3/15
5	67	English JACKSON	JR Bridgewater (Va.)	17:55.45		4/6
6	97	Emily KNERR	SR Mary Washington	18:06.52		4/12
7	###	Calista ARIEL	JR Bridgewater (Va.)	18:09.39		4/19
8	###	Molly MCCULLOUGH	SR Trinity (Texas)	18:10.41		3/21
9	###	Stephanie BURNETT	SO Lynchburg	18:10.53		3/22
10	###	Susie MARTIN	SO Emory	18:12.18		4/5

Women's 10,000 Meters

1	33	Jillian WEISBECK	SR Mary Washington	37:36.70		4/5
2	35	Samantha SCHREIBER	SR Lynchburg	37:41.40		4/4
3	40	Susie MARTIN	SO Emory	37:51.99		3/22
4	44	Carrie MCINTYRE	SO Emory	37:57.09		3/22
5	48	Makayla LAWLER	SO Methodist	38:04.77		3/30
6	50	English JACKSON	JR Bridgewater (Va.)	38:13.67		4/19
7	52	Kaitlyn JOHNSON	SO Lynchburg	38:14.17		4/4
8	54	Stephanie BURNETT	SO Lynchburg	38:16.25		4/19
9	59	Kirsten MCMICHAEL	SR Washington and Lee	38:25.04		4/19
10	68	Emily MILLER	JR Shenandoah	38:34.74		4/4



USTFCCA NCAA Division III Outdoor Track & Field
Regional TFRI Event Summary

WOMEN — 2019 Week #4, April 23

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South/Southeast

Women's 100 Meter Hurdles

1	18	Kiersten HUITT	JR Hendrix	14.71	(-0.6)	4/19
2	25	Emily VALLE	JR Bridgewater (Va.)	14.80w	(2.3)	3/15
3	31	Dilys OSEI	SR Emory	14.85w	(2.1)	3/29
4	39	Abigail SCHNEEBECK	SR Trinity (Texas)	14.99	(1.1)	3/31
5	52	Zoe SCALES	FR Lynchburg	15.12	(-0.6)	4/13
6	56	Maya LACY	SO Lynchburg	15.14	(-0.6)	4/13
7	81	Hannah BOWDEN	SR Christopher Newport	15.37	(-1.7)	4/13
8	95	Nikki DOHERTY	JR Washington and Lee	15.44w	(2.3)	3/15
9	###	Androniki DEFTERAIU	JR Trinity (Texas)	15.48w	(2.8)	4/6
10	###	Lily LIPPERT	FR Roanoke	15.55w	(2.5)	3/21

Women's 400 Meter Hurdles

1	3	Dilys OSEI	SR Emory	1:02.10		4/12
2	4	Emily VALLE	JR Bridgewater (Va.)	1:02.18		4/6
3	7	Abigail SCHNEEBECK	SR Trinity (Texas)	1:02.33		3/2
4	10	Leda ST CYR	JR Rhodes	1:02.91		3/15
5	23	Andy GARZA	JR Trinity (Texas)	1:03.80		4/6
6	36	Sara Kate CAPEL	JR Rhodes	1:04.47		4/6
7	49	Kwonsha WASHINGTON	SR Virginia Wesleyan	1:05.14		4/19
8	57	Nicolette ANDREY	SR Oglethorpe	1:05.55		3/29
9	58	Endasia MITCHELL	SR Lynchburg	1:05.56		4/19
10	80	Hannah KOEPFINGER	FR Roanoke	1:06.21		4/19

Women's 4x100 Relay

1	4	Osei, Bland, Rosenblum, Bondi	Emory	47.30		4/5
2	21	Steen-Baker, Slone, Honeywood, Wilson	East Texas Baptist	48.47		4/19
3	24	Eastham, Greer, Jones, Warner	Hardin-Simmons	48.63		4/19
4	25	Meador, Neff, Hooker, Valle	Bridgewater (Va.)	48.65		4/19
5	53	Alfred, Winn, Decker, Grubbs	UT Tyler	49.27		4/12
6	57	Ayoade, Andrey, Shaw, Trice	Oglethorpe	49.34		4/12
6	57	Lightfoot, Andrewlevich, Horsley, Cherikos	Mary Washington	49.34		4/5
8	61	Hill, Hughes, Mitchell, Reid	Piedmont	49.45		3/29
9	63	Harper, Heigley, Malik, Robinson	Berea (Ky.)	49.46		4/18
10	75	Perry, Francis, Cammarata, Scales	Lynchburg	49.69		4/19

Women's 4x400 Relay

1	16	St Cyr, Capel, Bergquist, Cundiff	Rhodes	3:57.05		4/6
2	23	Lansberry, Bland, Rosenblum, Osei	Emory	3:58.87		3/29
3	40	Alexander, Mitchell, Howard, Johnson	Louisiana College	4:02.37		4/19
4	50	Eastham, Greer, Green, Warner	Hardin-Simmons	4:03.16		4/19
5	60	Garza, Bannon-Schneebe, Defferaiou, Edwards	Trinity (Texas)	4:04.31		4/12
6	62	Winn, Salem, Decker, Grubbs	UT Tyler	4:04.88		4/19
7	65	Casto, Davis, Cammarata, Mitchell	Lynchburg	4:05.10		4/4
8	72	Valle, Meador, Fitzpatrick, Hooker	Bridgewater (Va.)	4:05.84		4/6
9	79	Shaw, Andrey, Ayoade, Trice	Oglethorpe	4:06.64		4/12
10	86	Washington, Caple, Crocker, Dollins	Virginia Wesleyan	4:07.56		4/19

Women's High Jump

1	5	Michaela CHOWNING	FR Eastern Mennonite	1.69m	5-6½	4/19
2	10	Sara Kate CAPEL	JR Rhodes	1.67m	5-5¾	4/6
3	12	Mara BRIGGS	SR Roanoke	1.66m	5-5¼	4/19
4	25	Shelby WILSON	SO Millsaps	1.63m	5-4¼	4/5
5	36	Makenna BENTLEY	JR Trinity (Texas)	1.62m	5-3¾	4/12
6	43	Natalie DECKER	FR UT Tyler	1.60m	5-3	4/12
7	95	Meghan CHAFFINS	SO Randolph	1.57m	5-1¾	4/19
7	95	Ashlee HOOKS	JR Texas Lutheran	1.57m	5-1¾	3/23
7	95	Alison MOREAU	SO Roanoke	1.57m	5-1¾	4/19
7	95	Donzailya BERG	FR Lynchburg	1.57m	5-1¾	4/19
7	95	Endasia MITCHELL	SR Lynchburg	1.57m	5-1¾	4/13
7	95	Lizzie DAVIS	FR Lynchburg	1.57m	5-1¾	4/19

Women's Pole Vault

1	8	Isabel SARIDAKIS	JR Emory	3.80m	12-5½	4/12
2	19	Maddie VANAKEN	SR Lynchburg	3.70m	12-1½	4/4
3	21	Mia LOSEFF	SR Trinity (Texas)	3.65m	11-11¾	3/2
4	50	Taylor SINGLETON	SR Centre	3.49m	11-5¼	3/2
5	51	Camryn ALDRIDGE	FR Hardin-Simmons	3.48m	11-5	3/23
6	57	Lindsey BAXTER	JR Roanoke	3.43m	11-3	4/13
7	74	Claire TROTTO	SO Roanoke	3.35m	10-11¾	3/29
7	74	Kelley DELACEY	SR Berry	3.35m	10-11¾	4/19
9	87	Endasia MITCHELL	SR Lynchburg	3.31m	10-10¼	4/19
10	88	Andi BREITOWICH	SO Emory	3.30m	10-9¾	3/29
10	88	Peyton BLANDING	FR Christopher Newport	3.30m	10-9¾	4/13



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN – 2019 Week #4, April 23

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South/Southeast

Women's Long Jump

1	4	Tye MEADOR	SR	Bridgewater (Va.)	5.76m	18-10 ³ / ₄ (0.2)	4/19
2	14	Emily VALLE	JR	Bridgewater (Va.)	5.61mw	18-5 (2.4)	3/30
3	16	Nyla LINDO	JR	Emory	5.58m	18-3 ³ / ₄ (-1.0)	3/29
4	23	Maddie CHANDLER	FR	Rhodes	5.54m	18-2 ¹ / ₄ (-0.5)	3/2
5	29	Cortnee PRIOUR	SR	Texas Lutheran	5.51m	18-1 (1.2)	3/2
6	34	Nicolette ANDREY	SR	Oglethorpe	5.50m	18- ¹ / ₂ (0.0)	3/8
7	36	Summer GRUBBS	FR	UT Tyler	5.49m	18- ¹ / ₄ (1.5)	3/15
8	37	Donzailya BERG	FR	Lynchburg	5.48m	17-11 ³ / ₄ (1.1)	4/19
9	49	Samantha PENNESE	SR	Hardin-Simmons	5.44m	17-10 ¹ / ₄ (-0)	4/12
10	67	johanna JONES	FR	Hardin-Simmons	5.38m	17-8 (1.7)	3/14

Women's Triple Jump

1	13	Arielle SHAW	SR	Oglethorpe	11.60m	38- ³ / ₄ (0.0)	4/19
2	40	Maddie VANAKEN	SR	Lynchburg	11.22m	36-9 ³ / ₄ (1.4)	4/19
3	59	Andy GARZA	JR	Trinity (Texas)	11.12m	36-5 ³ / ₄ (1.7)	3/2
4	66	Maddie CHANDLER	FR	Rhodes	11.05m	36-3 (1.0)	4/19
5	68	Cameron GRANGER	SO	Piedmont	11.04m	36-2 ³ / ₄ (0.0)	4/18
5	68	Cortnee PRIOUR	SR	Texas Lutheran	11.04m	36-2 ³ / ₄ (1.5)	3/31
7	78	Rebecca BRYANT	SR	Birmingham-Southe	11.00m	36-1 ¹ / ₄ (0.7)	4/11
8	94	Zoe SCALES	FR	Lynchburg	10.90m	35-9 ¹ / ₄ (0.0)	4/13
9	97	Nyla LINDO	JR	Emory	10.88m	35-8 ¹ / ₂ (0.7)	3/22
10	99	Camryn ALDRIDGE	FR	Hardin-Simmons	10.87mw	35-8 (2.7)	4/12

Women's Shot Put

1	21	Michaela MCGEARY	SO	UT Tyler	13.27m	43-6 ¹ / ₂	4/19
2	35	Baylee MULITALO	FR	Southern Virginia	12.93m	42-5 ¹ / ₄	4/19
3	47	Delaney PRESLEY	FR	UT Tyler	12.57m	41-3	4/12
4	58	Genesis LEGGETT	SO	Berry	12.40m	40-8 ¹ / ₄	3/22
5	62	Sarah JOHNSON	SR	Christopher Newport	12.38m	40-7 ¹ / ₂	3/30
6	68	Samantha WOODS	JR	Lynchburg	12.31m	40-4 ³ / ₄	4/19
7	70	Baylee COCHRAN	JR	UT Tyler	12.29m	40-4	4/3
8	75	Greta WILKER	JR	Emory	12.25m	40-2 ¹ / ₄	3/22
9	80	Jennifer CALASCIONE	SR	Roanoke	12.20m	40- ¹ / ₂	3/21
10	87	Ella BURROWS	FR	Southern Virginia	12.14m	39-10	3/15

Women's Discus

1	16	Sarah JOHNSON	SR	Christopher Newport	43.94m	144-2	4/13
2	23	Baylee MULITALO	FR	Southern Virginia	43.01m	141-2	3/22
3	24	Mesi HAVEA	SO	Southern Virginia	42.23m	138-7	3/30
4	30	Stella AFFOGNON	SR	Trinity (Texas)	41.79m	137-1	3/28
5	31	Jennifer CALASCIONE	SR	Roanoke	41.62m	136-7	4/6
6	33	Emma SNYDER	JR	UT Tyler	41.53m	136-3	4/12
7	51	Hannah KIPP	SO	Texas Lutheran	40.27m	132-2	4/12
8	60	Michaela MCGEARY	SO	UT Tyler	39.77m	130-6	4/19
9	69	Kanani LASIKE	SO	Southern Virginia	39.32m	129-0	4/19
10	72	Madelyn KLINKERMAN	SO	Hendrix	39.17m	128-6	4/6

Women's Hammer

1	31	Paris WAGNER	SR	Emory	49.63m	162-10	4/12
2	34	Baylee COCHRAN	JR	UT Tyler	49.28m	161-8	4/19
3	51	Baylee MULITALO	FR	Southern Virginia	47.90m	157-2	3/30
4	58	Jayna JEAN-JULES	JR	Roanoke	47.49m	155-10	4/6
5	68	Giahnni FERNANDES	SO	Piedmont	46.86m	153-9	4/18
6	83	Mesi HAVEA	SO	Southern Virginia	45.92m	150-8	4/19
7	88	Michaela MCGEARY	SO	UT Tyler	45.70m	149-11	4/12
8	94	Andrea GALEANO	SR	Catholic (D.C.)	45.50m	149-4	3/23
9	###	Logan GRIFFIN	JR	Rhodes	45.07m	147-11	3/23
10	###	Genesis LEGGETT	SO	Berry	44.60m	146-4	3/8

Women's Javelin

1	1	Savannah FREEMAN	SR	McMurry	43.87m	143-11	4/19
2	17	Tia HART	FR	Texas Lutheran	41.14m	135-0	3/23
3	21	Alexa BILSKY	SR	Berry	40.23m	132-0	4/5
4	27	Rachel MURRAY	SR	Lynchburg	39.49m	129-7	3/22
5	29	Payton PASSANTINO	SO	Millsaps	39.40m	129-3	3/8
6	48	Gracie LACROIX	SO	Louisiana College	38.45m	126-2	4/19
6	48	Taylor ROBINSON	SO	Emory	38.45m	126-2	3/29
8	50	Leah BOEHL	SR	Hendrix	38.33m	125-9	4/6
9	62	Georgianna ROEDER	FR	LeTourneau	37.65m	123-6	4/19
10	80	Jackie SMITH	SO	Mary Washington	36.35m	119-3	4/5

Women's Heptathlon

1	29	Zoe STAUFFER	SO	Christopher Newport	4,138		4/19
2	32	Natalie DECKER	FR	UT Tyler	4,079		4/3
3	35	Summer GRUBBS	FR	UT Tyler	4,052		4/3
4	39	Androniki DEFTERAIIOU	JR	Trinity (Texas)	3,967		4/6
5	79	Georgianna ROEDER	FR	LeTourneau	3,448		4/3
6	98	Sadie INGRAM	SO	Concordia Texas	3,078		3/28
7	###	Kendall SHEPPARD	JR	Concordia Texas	2,779		3/28
8	###	Kendall SIMPSON	FR	Concordia Texas	2,554		3/28



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #4, April 23

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West

Women's 100 Meters

1	6	Kennedy TAUBE	SO	George Fox	12.13	(0.0)	3/21
2	14	Chyenne KIMBLE	JR	Redlands	12.21	(1.1)	3/30
3	17	Sarah KING	SR	George Fox	12.23	(0.6)	3/9
4	23	Jade GRIFFIN	JR	La Verne	12.27	(0.0)	4/13
4	23	Kendall GUIDETTI	JR	Cal Lutheran	12.27	(1.3)	4/6
6	25	Sydney RADIGAN	FR	George Fox	12.28	(0.6)	3/16
7	27	Sara TURNER	SO	George Fox	12.31	(0.6)	3/9
8	29	Annick BANGOU	FR	Redlands	12.33	(0.0)	4/13
9	35	LaShauna PORTER	JR	Occidental	12.34	(1.1)	3/30
9	35	Kameha MEDALLADA	JR	Whitworth	12.34	(1.9)	4/18

Women's 1500 Meters

1	32	Raissa BOYSEN	JR	UC Santa Cruz	4:38.98		3/28
2	36	Courtney BEARD	SR	Linfield	4:39.54		4/20
3	37	Abby JOHNSON	SO	Claremont-Mudd-Scr	4:39.64		4/6
4	56	Emery BRADLINA	SR	Puget Sound	4:43.10		3/15
5	73	Arabella REECE	FR	Chapman	4:44.28		3/16
6	78	Megan KOCH	FR	Colorado College	4:44.75c	(4:52.59A)	4/13
7	98	Melissa CERRILLOS	SR	La Verne	4:46.57		3/23
8	###	Anahy COVARRUBIAS	SR	Whittier	4:47.51		3/23
8	###	Sydney GUTIERREZ	SR	UC Santa Cruz	4:47.51		4/12
10	###	Rachael DELA CRUZ	SR	La Verne	4:48.22		3/30

Women's 200 Meters

1	4	Sarah KING	SR	George Fox	24.73	(0.4)	3/16
2	8	LaShauna PORTER	JR	Occidental	24.88w	(2.3)	4/13
3	11	Jade GRIFFIN	JR	La Verne	25.08	(1.0)	4/13
4	23	Annie WRIGHT	SR	George Fox	25.25	(0.7)	3/21
5	25	Annick BANGOU	FR	Redlands	25.26	(1.0)	4/13
6	27	Chyenne KIMBLE	JR	Redlands	25.29	(1.5)	3/30
7	32	Kennedy TAUBE	SO	George Fox	25.33	(-0.4)	3/21
8	34	Imani KEYES	FR	Pacific Lutheran	25.35	(1.9)	4/13
9	36	Tiaza HOGUE	SO	Whittier	25.36	(1.0)	4/13
10	47	Sydney RADIGAN	FR	George Fox	25.50w	(3.6)	3/1

Women's Steeplechase

1	8	Melissa CERRILLOS	SR	La Verne	10:54.62		4/6
2	21	Riley HARMON	FR	Claremont-Mudd-Scr	11:22.32		4/13
3	24	Sophie GITLIN	FR	Claremont-Mudd-Scr	11:23.46		4/13
4	25	Rachael DELA CRUZ	SR	La Verne	11:23.97		4/17
5	45	Ellie RAMSEY	SR	Redlands	11:32.56		4/6
6	46	Marissa MOUNT	JR	Whitworth	11:32.61		4/5
7	56	Emily EVANS	SR	Willamette	11:36.34		4/13
8	68	Matilda MSALL	SR	Claremont-Mudd-Scr	11:42.53		4/13
9	83	Molly CROTTEAU	SO	Caltech	11:48.17		4/13
10	95	Emma EGLINTON	SO	Chapman	11:51.99		3/30

Women's 400 Meters

1	1	Sarah KING	SR	George Fox	55.01		3/21
2	19	Quin FRALEY	FR	Pomona-Pitzer	57.35		3/2
3	24	Jade GRIFFIN	JR	La Verne	57.53		4/6
4	52	Elizabeth WARREN	FR	George Fox	58.35		3/21
5	70	Katie JAMES	SO	George Fox	58.64		4/13
6	95	Elyse ESPE	SO	Whittier	59.04		3/23
7	###	Gabriella TORRES JOUBERT	FR	Whittier	59.09		4/13
8	###	Hannah ALBRECHT	SO	Redlands	59.18		3/30
9	###	Macadia CALAVAN	JR	George Fox	59.47		3/21
10	###	Mandi CALAVAN	FR	George Fox	59.55		4/6

Women's 5000 Meters

1	17	Lauren HAMILTON	JR	Pomona-Pitzer	17:21.00		4/6
2	24	Abby JOHNSON	SO	Claremont-Mudd-Scr	17:30.06		4/17
3	27	Helen GUO	JR	Pomona-Pitzer	17:31.93		4/17
4	31	Shannon MCCLISH	JR	UC Santa Cruz	17:34.46		3/15
5	34	Natalie MARSH	SR	Claremont-Mudd-Scr	17:39.69		3/9
6	35	Malea MARTIN	SR	Claremont-Mudd-Scr	17:40.95		3/9
7	36	Riley HARMON	FR	Claremont-Mudd-Scr	17:41.10		3/9
8	39	Arabella REECE	FR	Chapman	17:42.62		3/8
9	43	Lila CARDILLO	FR	Pomona-Pitzer	17:43.83		4/6
10	50	Maria RAMIREZ	JR	Redlands	17:48.50		4/6

Women's 800 Meters

1	1	Sarah KING	SR	George Fox	2:09.83		4/13
2	11	Anahy COVARRUBIAS	SR	Whittier	2:13.93		3/9
3	26	Rosie LINKUS	FR	Pomona-Pitzer	2:15.62		3/15
4	30	Raissa BOYSEN	JR	UC Santa Cruz	2:15.98		3/15
5	39	Melissa CERRILLOS	SR	La Verne	2:16.70		4/13
6	61	Desiree CADENA	SO	Redlands	2:17.88		4/6
7	70	Emery BRADLINA	SR	Puget Sound	2:18.25		4/13
8	78	Natalie MARQUARDT	SR	UC Santa Cruz	2:18.54		4/12
9	84	Megan KOCH	FR	Colorado College	2:18.73c	(2:19.60A)	4/5
10	88	Abby JOHNSON	SO	Claremont-Mudd-Scr	2:18.84		3/15

Women's 10,000 Meters

1	8	Lauren HAMILTON	JR	Pomona-Pitzer	35:43.98		4/17
2	12	Shannon MCCLISH	JR	UC Santa Cruz	35:54.87		3/28
3	21	Lila CARDILLO	FR	Pomona-Pitzer	36:52.48		4/17
4	53	Maria RAMIREZ	JR	Redlands	38:14.36		3/9
5	56	Serena WALLACE	SR	Pacific (Ore.)	38:17.67		3/1
6	###	Emma MOON	FR	George Fox	40:24.03		3/1
7	###	Lydia GRONSETH	JR	George Fox	40:27.93		3/1
8	###	Genevieve SERNA	SO	Lewis & Clark	40:42.20		3/2
9	###	Krystal ROBERTS	SO	Whitworth	40:49.28		3/2
10	###	Sammy SPONENBURG	SR	Pacific Lutheran	40:54.84		3/1



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN – 2019 Week #4, April 23

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West

Women's 100 Meter Hurdles

1	1	Jessica FIELDS	JR Redlands	14.18	(-2.8)	3/30
2	2	Chyenne KIMBLE	JR Redlands	14.19	(-2.8)	3/30
3	17	Vicky-Marie ADDO-ASHONG	JR Pomona-Pitzer	14.68	(0.1)	4/13
4	21	Isabel CLARK	SR Whitworth	14.76	(-0.2)	3/30
5	24	Annie WRIGHT	SR George Fox	14.80	(1.0)	4/15
6	29	Sabrina GRIFFITH	JR Claremont-Mudd-Scr	14.84	(0.1)	4/13
7	41	Elizabeth PREVEDELLO	JR La Verne	15.00	(0.0)	4/13
8	64	Sophie RICHARDS	JR Pomona-Pitzer	15.18	(-2.7)	3/15
9	75	Ashley KORB-DOTY	FR George Fox	15.32	(1.0)	3/21
10	76	Kelsey ROUSE	SR Cal Lutheran	15.36	(0.1)	4/13

Women's 400 Meter Hurdles

1	2	Jessica FIELDS	JR Redlands	1:01.77		4/13
2	9	Elyse ESPE	SO Whittier	1:02.88		3/30
3	11	Isabel CLARK	SR Whitworth	1:02.93		3/30
4	14	Allison KILDAY	SR Occidental	1:03.29		4/13
5	48	Sophie RICHARDS	JR Pomona-Pitzer	1:05.00		3/30
6	64	Bethany GINGERICH	FR George Fox	1:05.69		4/13
7	76	Gabi SIGUENZA	SO Chapman	1:06.06		4/13
8	99	Nora GRIFFITH	SO Caltech	1:06.75		3/30
9	###	Lia FRANCIS	JR Pomona-Pitzer	1:07.21		4/6
10	###	Katie JAMES	SO George Fox	1:07.34		3/21

Women's 4x100 Relay

1	1	King, Taube, Turner, Radigan	George Fox	46.39		3/21
2	2	Albrecht, Kimble, Bangou, O'Neal	Redlands	46.74		3/15
3	20	Griffith, Egerter, Mell, Pratt	Claremont-Mudd-Scr	48.46		4/13
4	26	Conger, Hathaway, Forsyth, Keyes	Pacific Lutheran	48.68		4/13
5	39	Guidetti, Rouse, Carranza, Cordoba	Cal Lutheran	48.94		3/30
6	44	Miyamoto, Yudelevitch, Porter, Newkirk	Occidental	49.02		4/13
7	64	Salowey, Fraley, Fujisaki, Wu	Pomona-Pitzer	49.47		3/2
8	92	Ward, Clark, Medallada, Lytle	Whitworth	49.93		4/5
9	93	Torres Joubert, Guardado, Gonzalez, Hogue	Whittier	49.95		4/13
10	###	Krumweide, Griffin, Jimenez, Perez	La Verne	50.22		4/13

Women's 4x400 Relay

1	1	Warren, Wright, King, James	George Fox	3:46.98		3/9
2	3	Donnelly, Torres Joubert, Hogue, Espe	Whittier	3:53.23		4/17
3	39	Griffin, Cerrillos, Portillo, Prevedello	La Verne	4:02.27		4/13
4	45	Fujisaki, Richards, Shimamoto, Fraley	Pomona-Pitzer	4:02.59		3/30
5	46	Ashley, Funes, Lum, Kilday	Occidental	4:02.65		4/13
6	71	Albrecht, Kimble, Romani, Fields	Redlands	4:05.75		4/13
7	73	Keyes, Gulley, Messineo, Hathaway	Pacific Lutheran	4:05.88		3/16
8	75	Smith, Lincoln, Smith, Eberhardt	Pacific (Ore.)	4:06.04		3/9
9	87	Marquardt, Alvarado-Zavale, Llamas-Cervante, Boysen	UC Santa Cruz	4:07.57		3/15
10	97	Drooff, Pratt, Deutsch, Egerter	Claremont-Mudd-Scr	4:09.40		4/13

Women's High Jump

1	5	Lauren WILSON	SO Pacific Lutheran	1.69m	5-6½	3/9
2	22	Emily DUFOUR	FR George Fox	1.64m	5-4½	3/16
3	40	Camille WEAVER	SO Colorado College	1.61m	5-3¼	4/5
3	40	Grace TAGTOW	FR Colorado College	1.61m	5-3¼	4/5
5	43	Ebony TURNER	SR La Verne	1.60m	5-3	3/30
5	43	Kelsey ROUSE	SR Cal Lutheran	1.60m	5-3	3/15
5	43	Vicky-Marie ADDO-ASHONG	JR Pomona-Pitzer	1.60m	5-3	3/30
5	43	Naomi MIYAMOTO	SO Occidental	1.60m	5-3	3/30
5	43	Cora DAVIES	SR Occidental	1.60m	5-3	3/15
5	43	Elizabeth PREVEDELLO	JR La Verne	1.60m	5-3	4/6

Women's Pole Vault

1	1	Olivia MCDANIEL	SR Linfield	4.00m	13-1½	4/13
2	4	Jacquelyn DESMOND	SR Claremont-Mudd-Scr	3.85m	12-7½	4/13
3	11	Melissa BRAUN	SR Occidental	3.75m	12-3½	4/13
4	26	Shaye VANDERVILLE	SO George Fox	3.64m	11-11¼	4/6
5	61	Amy BLYCKERT	SR Whitworth	3.42m	11-2½	4/18
6	82	Meg ANGIER	SO Linfield	3.34m	10-11½	4/6
7	###	Clare AHEARN	SO UC Santa Cruz	3.25m	10-8	3/15
7	###	Dani CHAMI	SR Claremont-Mudd-Scr	3.25m	10-8	4/6
9	###	Megan POLLOCK	JR Cal Lutheran	3.20m	10-6	4/13
9	###	Claire JAMISON	SO Redlands	3.20m	10-6	3/30



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WOMEN — 2019 Week #4, April 23

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West

Women's Long Jump

1	6	Sabrina GRIFFITH	JR	Claremont-Mudd-Scr	5.73mw	18-9¼(3.2)	3/21
2	9	Elizabeth PREVEDELLO	JR	La Verne	5.67m	18-7¼(0.0)	3/30
3	15	Jada NEWKIRK	SO	Occidental	5.60m	18-4½(0.0)	3/2
4	18	Amanda MELL	JR	Claremont-Mudd-Scr	5.57m	18-3¼(1.1)	4/6
5	19	Kendall GUIDETTI	JR	Cal Lutheran	5.56mw	18-3(2.2)	4/6
6	23	Kelsey ROUSE	SR	Cal Lutheran	5.54mw	18-2¼(2.3)	4/6
7	25	Grace PRATT	SO	Claremont-Mudd-Scr	5.53m	18-1¾(1.0)	3/21
8	56	Camille WEAVER	SO	Colorado College	5.42mA	17-9½(1.7)	3/16
9	64	Annie WRIGHT	SR	George Fox	5.39m	17-8¼(1.2)	3/21
10	67	Kara ROMANI	SR	Redlands	5.38m	17-8(-0.8)	3/2

Women's Triple Jump

1	4	Jenna HOILAND	JR	Pacific (Ore.)	11.87m	38-11½(0.8)	3/23
2	9	Vicky-Marie ADDO-ASHONG	JR	Pomona-Pitzer	11.68m	38-4(0.3)	4/13
3	15	Amanda MELL	JR	Claremont-Mudd-Scr	11.56mw	37-11¼(3.1)	4/6
4	23	Micaela KRUMWEIDE	SR	La Verne	11.46m	37-7¼(1.4)	4/17
5	34	Brittany TONEY	FR	Cal Lutheran	11.26m	36-11½(0.0)	3/30
6	38	Chyenne KIMBLE	JR	Redlands	11.23m	36-10¼(1.3)	3/30
7	44	Camille WEAVER	SO	Colorado College	11.20mA	36-9(1.5)	3/18
7	44	Carolyn WEISMAN	SO	Claremont-Mudd-Scr	11.20m	36-9(1.7)	4/19
9	51	Mehana SABADO-HALPERN	SR	Linfield	11.18m	36-8¼(0.0)	3/23
10	53	Ashley KORB-DOTY	FR	George Fox	11.17m	36-7¾(1.4)	3/9

Women's Shot Put

1	1	Reyna TA'AMU	SR	Redlands	14.65m	48-¾	3/15
2	14	Annie WRIGHT	SR	George Fox	13.43m	44-¾	3/21
3	20	Emily REEDER	FR	Pacific Lutheran	13.29m	43-7¼	4/6
4	29	Vakeaemanu HUNKIN	JR	Pacific Lutheran	13.05m	42-9¾	3/21
5	49	Karen DU	SR	Pacific (Ore.)	12.55m	41-2¼	4/6
6	66	Megan WESEL	SR	Pacific (Ore.)	12.34m	40-6	3/9
7	76	Kayla RAMBO	FR	Whitworth	12.22m	40-1¼	4/5
8	78	Isabel CLARK	SR	Whitworth	12.21m	40-¾	3/16
9	84	Sara MILES	JR	Linfield	12.17m	39-11¼	4/20
10	91	Emily DEYOUNG	SO	Pacific (Ore.)	12.10m	39-8½	3/30

Women's Discus

1	11	Hope DUENAS	JR	Willamette	44.76m	146-10	3/23
2	13	Kayla RAMBO	FR	Whitworth	44.56m	146-3	4/18
3	29	Karen DU	SR	Pacific (Ore.)	41.90m	137-6	3/16
4	52	Brooke FRANCE	FR	Pacific (Ore.)	40.26m	132-1	3/23
5	54	Alexa BARNES	SR	Cal Lutheran	40.23m	132-0	4/6
6	56	Vakeaemanu HUNKIN	JR	Pacific Lutheran	40.10m	131-7	3/21
7	58	Tahnisha MANIBUSAN	SO	George Fox	39.99m	131-3	3/9
8	59	Gillian DAVIS	JR	UC Santa Cruz	39.90m	130-11	4/12
9	67	Abbie Jo CARLSON	FR	Whitworth	39.37m	129-2	3/16
10	80	Katelyn BROWN	SO	Pacific Lutheran	38.75m	127-2	3/21

Women's Hammer

1	14	Emily REEDER	FR	Pacific Lutheran	51.22m	168-1	3/21
2	16	Sabrina DEGNAN	SR	Occidental	51.01m	167-4	4/13
3	55	Alexa BARNES	SR	Cal Lutheran	47.67m	156-5	3/2
4	###	Kathryn GONZALEZ	SR	Redlands	44.53m	146-1	4/13
5	###	Tahnisha MANIBUSAN	SO	George Fox	44.32m	145-5	4/20
6	###	Brooke FRANCE	FR	Pacific (Ore.)	43.79m	143-8	3/16
7	###	Hope DUENAS	JR	Willamette	43.48m	142-8	4/13
8	###	Mikaela GALLARDO	SR	Claremont-Mudd-Scr	42.99m	141-1	4/13
9	###	Riley MORESCO	JR	George Fox	41.82m	137-3	4/20
10	###	Matney JAMIESON	SR	George Fox	41.58m	136-5	4/20

Women's Javelin

1	2	Emily SPROUL	SR	Pacific (Ore.)	43.84m	143-10	4/13
2	4	Ava NELSON	FR	Pacific Lutheran	43.64m	143-2	3/21
3	11	Isabel CLARK	SR	Whitworth	41.88m	137-5	3/21
4	15	Brooke FRANCE	FR	Pacific (Ore.)	41.40m	135-10	3/16
5	16	Jensyn LOWN	SO	George Fox	41.17m	135-1	3/1
6	20	Chrissy STRICKLAND	FR	George Fox	40.34m	132-4	3/16
7	24	Olga MOGEN	SR	Pacific Lutheran	39.88m	130-10	3/21
8	27	Haley STROWBRIDGE	JR	George Fox	39.49m	129-7	3/16
9	42	Sabrina DEGNAN	SR	Occidental	38.86m	127-6	3/30
10	44	Annie WRIGHT	SR	George Fox	38.83m	127-5	3/21

Women's Heptathlon

1	1	Annie WRIGHT	SR	George Fox	5,307		3/21
2	3	Isabel CLARK	SR	Whitworth	4,822		3/21
3	6	Chyenne KIMBLE	JR	Redlands	4,608		4/6
4	10	Elizabeth PREVEDELLO	JR	La Verne	4,522		3/21
5	12	Kara ROMANI	SR	Redlands	4,481		4/6
6	13	Kelsey ROUSE	SR	Cal Lutheran	4,441		3/21
7	16	Alissa SWILLEY	JR	George Fox	4,394		3/21
8	22	Hannah ALBRECHT	SO	Redlands	4,280		4/6
9	33	Tabitha MESSINEO	FR	Pacific Lutheran	4,069		4/15
10	36	Morgan TAYLOR	JR	Lewis & Clark	4,011		3/25