



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

as of 5/4/2019 3:24:36 PM

## Atlantic

### Women's 100 Meters

1	<b>11</b>	Michaela BURRELL	JR Rochester (N.Y.)	12.17w	(3.7)	3/29
2	23	judanicka JULCEUS	SO Ramapo	12.26	(1.9)	4/12
2	23	Aaniyah ROBINSON	JR Rowan	12.26	(2.0)	4/12
4	44	Lusmer QUINTANA	SR Ithaca	12.36w	(4.0)	4/23
5	48	Maya CAMPBELL	JR SUNY Cortland	12.37w	(3.4)	4/19
5	48	Taylor HUNTER	FR SUNY Cortland	12.37w	(3.4)	4/19
7	71	Steffany BATISTA	FR SUNY Cortland	12.45w	(3.4)	4/19
8	78	Mya LIPSCOMB	FR SUNY Oneonta	12.47w	(3.4)	4/19
9	82	Amanda WETMORE	JR Ithaca	12.48	(0.8)	4/12
10	86	Catherine BERRY	SR Hamilton	12.49w	(2.8)	4/12

### Women's 1500 Meters

1	<b>7</b>	Elise RAMIREZ	SR SUNY Geneseo	4:32.27	4/20
2	<b>11</b>	Sarah RUDGE	JR Ithaca	4:34.84	4/13
3	31	Allie FERNANDEZ	SR SUNY Geneseo	4:38.87	4/13
4	34	Dana CEBULSKI	SR SUNY Geneseo	4:39.01	4/13
5	44	Hannah VENETTA	SR Rowan	4:40.97	4/12
6	53	Maggie BOND	JR RPI	4:42.32	4/6
7	55	Natalie COOPER	SR TCNJ	4:42.61	4/19
8	57	Erin HOLZBAUR	SR TCNJ	4:42.99	4/19
9	62	Maddie STURM	SR RPI	4:43.31	4/13
10	65	Jordan HURLBUT	JR Rochester (N.Y.)	4:43.43	3/29

### Women's 200 Meters

1	<b>9</b>	Gina DELLO RUSSO	JR Stevens	24.86w	(3.4)	4/12
2	18	Steffany BATISTA	FR SUNY Cortland	25.17w	(2.5)	4/23
3	19	Taylor HUNTER	FR SUNY Cortland	25.18w	(2.5)	4/23
3	19	Michaela BURRELL	JR Rochester (N.Y.)	25.18w	(3.1)	4/18
5	27	Evelyn NKANGA	JR NYU	25.23	(-0.7)	4/27
6	42	Catherine BERRY	SR Hamilton	25.38	(-0.5)	3/29
6	42	Alycia EATON	SR Nazareth	25.38w	(3.1)	4/18
8	48	Marissa JONES	JR SUNY Plattsburgh	25.42w	(2.8)	4/27
9	53	Samantha GORMAN	JR TCNJ	25.46	(0.9)	4/5
10	55	Elisabeth PLYMPTON	JR SUNY Plattsburgh	25.49w	(2.8)	4/27

### Women's Steeplechase

1	<b>3</b>	Erin HOLZBAUR	SR TCNJ	10:46.19	4/4
2	<b>10</b>	Allison MILLER	JR Brockport	10:54.37	4/13
3	17	Isabel CAPLAZI	SO RPI	11:09.40	4/13
4	28	Caroline DRISCOLL	JR St. Lawrence	11:16.49	4/19
5	29	Annibel COOLICAN	JR SUNY Geneseo	11:17.59	4/13
6	50	Mariellen PENZER	SO SUNY Geneseo	11:30.32	4/6
7	59	Eliza NICHOLS	JR SUNY Cortland	11:34.15	4/13
8	67	Maddie STURM	SR RPI	11:36.61	4/20
9	###	Olivia SPENCER	FR RIT	11:52.11	4/20
10	###	Laura KLANG	SO RPI	11:53.33	4/6

### Women's 400 Meters

1	<b>2</b>	Maiya FOSTER-DANIELS	SO Mount Saint Vincent	55.61	4/12
2	<b>3</b>	Gina DELLO RUSSO	JR Stevens	55.90	4/20
3	<b>7</b>	Marissa JONES	JR SUNY Plattsburgh	56.64	4/19
4	<b>12</b>	Samantha GORMAN	JR TCNJ	56.98	4/19
5	19	Catherine BERRY	SR Hamilton	57.31	3/29
6	22	myiah STURDIVANT	SO Rowan	57.45	4/12
7	28	Megan GASNICK	FR TCNJ	57.54	4/19
8	32	Anna FLAITZ	FR SUNY Geneseo	57.60	4/12
9	56	Carly VREUGDE	JR SUNY Oswego	58.20	4/19
10	60	Ashley LYONS	JR Buffalo State	58.24	4/19

### Women's 5000 Meters

1	<b>2</b>	Elise RAMIREZ	SR SUNY Geneseo	16:34.47	4/13
2	<b>8</b>	Genny CORCORAN	SO SUNY Geneseo	16:56.27	4/20
3	<b>10</b>	Maggie BOND	JR RPI	17:06.62	4/13
4	<b>14</b>	Natalie COOPER	SR TCNJ	17:12.56	4/4
5	20	Laura BARRECA	SR SUNY Geneseo	17:22.40	4/13
6	32	Taylor RETTIG	JR SUNY Geneseo	17:33.89	4/13
7	49	Keara GINELL	FR Vassar	17:44.06	4/12
8	54	Elise MATERA	SR Vassar	17:47.24	4/12
9	55	Allison MILLER	JR Brockport	17:47.58	4/19
10	65	Autumn GRIM	JR RPI	17:50.75	4/13

### Women's 800 Meters

1	<b>12</b>	Sarah RUDGE	JR Ithaca	2:13.29	4/13
2	24	Katie LACAPRIA	JR TCNJ	2:14.88	3/29
3	26	Allison UHL	FR TCNJ	2:14.94	4/19
4	33	Mary LUNDIN	SR Hamilton	2:15.87	4/27
5	65	Edena SANCHEZ	SO Houghton	2:17.56	4/12
6	74	Shannon IMBORNONI	SO SUNY Cortland	2:17.98	4/13
7	75	Eileen BEQUETTE	SO Rochester (N.Y.)	2:18.01	4/20
8	79	Katerina SALCEDO	FR SUNY Delhi	2:18.15	4/5
9	89	Madison PEREZ	FR RPI	2:18.61	4/13
10	###	Veronica KORDRUPEL	SR Buffalo State	2:19.05	4/19

### Women's 10,000 Meters

1	<b>3</b>	Genny CORCORAN	SO SUNY Geneseo	35:07.87	4/13
2	27	Rachel BARGABOS	SR Rochester (N.Y.)	36:57.63	4/13
3	32	Ashley WALKER	FR St. Lawrence	37:10.05	4/13
4	37	Caroline DRISCOLL	JR St. Lawrence	37:21.93	4/13
5	41	Maggie BOND	JR RPI	37:36.13	4/25
6	48	Grace HELLER	SR Hamilton	37:42.28	3/29
7	60	Madeleine TATTORY	SR TCNJ	38:02.95	4/20
8	68	Megan HORN	SR Vassar	38:13.85	3/29
9	80	Hannah MARTIN	SO Vassar	38:27.68	4/12
10	84	Kristin MCATEE	SO Stevens	38:34.28	4/19



USTFCCA NCAA Division III Outdoor Track & Field  
Regional TFRI Event Summary

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Atlantic

Women's 100 Meter Hurdles

1	6	Aspen MCMILLAN	SR	Rowan	14.42	(0.8)	3/23
2	11	Darielle CROSS	JR	Rowan	14.50w	(2.1)	4/12
3	26	Kaila CARTER	JR	TCNJ	14.77	(2.0)	4/12
4	33	Maya CAMPBELL	JR	SUNY Cortland	14.83	(2.0)	4/27
5	44	Amanda IASPARO	JR	SUNY Oneonta	14.91	(1.6)	4/19
6	53	Logan BRUCE	FR	Ithaca	15.03	(1.4)	4/5
6	53	Kassidy MULRYNE	FR	TCNJ	15.03w	(2.4)	4/5
6	53	Erin MACDOUGALL	SR	SUNY Geneseo	15.03w	(3.0)	4/18
9	86	Catherine LARKIN	SR	Ithaca	15.28w	(2.5)	4/23
10	92	Taylor DENCE	JR	St. John Fisher	15.36	(-0.2)	4/19

Women's 400 Meter Hurdles

1	5	Harley WILSON	SO	RIT	1:02.19		3/29
2	12	Erin MACDOUGALL	SR	SUNY Geneseo	1:02.74		4/26
3	20	Hannah MADDEN	SR	SUNY Geneseo	1:03.56		4/12
4	22	Taylor DENCE	JR	St. John Fisher	1:03.65		4/19
5	28	Britney SWARTHOUT	SR	Ithaca	1:03.80		4/19
6	46	Kaylee UHL	JR	SUNY Cortland	1:04.63		4/23
7	51	Eileen BEQUETTE	SO	Rochester (N.Y.)	1:04.86		3/29
8	52	Danielle NICKLAS	SO	Rowan	1:04.89		4/12
9	56	Julianna LAURICELLA	SR	SUNY Geneseo	1:05.23		4/26
10	62	Alyssa RICHTAREK	SO	RPI	1:05.51		4/13

Women's 4x100 Relay

1	5	Johnson, mcLeod-whitener, Robinson, Cross		Rowan	47.40		4/19
2	17	Kanu, Berry, Steiner, Jackson		Hamilton	48.26		3/29
3	18	Gardner, Campbell, Batista, Hunter		SUNY Cortland	48.29		4/27
4	28	Burd, Wetmore, Frank, Quintana		Ithaca	48.63		4/25
5	34	Scarpello, John-Ogam, Holmes, Lawless		Brockport	48.82		4/6
6	47	MacLure, Lambert, Zelinski, Grill		TCNJ	48.99		4/12
7	50	Julceus, Julceus, Scarpis, Sasson		Ramapo	49.07		4/19
8	62	Strickland, Barber, Zopf, Franciosa		SUNY Geneseo	49.33		4/6
9	65	Plympton, Jones, Barber, Whimble		SUNY Plattsburgh	49.35		4/19
10	73	Walker, Burdsall, Bivins, Lodge		Stockton	49.51		4/19

Women's 4x400 Relay

1	12	Gasnick, Lambert, Uhl, Gorman		TCNJ	3:53.89		4/19
2	19	Dixon, Sensini, Raqib, Lyons		Buffalo State	3:55.62		4/19
3	20	Nicklas, sturdivant, Johnson, Incantalupo		Rowan	3:55.66		4/25
4	28	Joseph, Duffield, Manning, Brandon		Rutgers-Newark	3:58.23		4/19
5	35	Flaitz, Mulder, MacDougall, Barber		SUNY Geneseo	3:59.94		4/12
6	37	Plympton, Barber, Canet, Jones		SUNY Plattsburgh	4:00.02		4/13
7	46	Lachenmayr, Scott, Hutchison, Adams		Ithaca	4:01.50		4/25
8	57	Correale, Uhl, Imbornoni, Batista		SUNY Cortland	4:02.51		4/19
9	62	Binga, Bernabeo, Eckl, Wilson		RIT	4:03.18		4/20
10	74	Steiner, Berry, Lundin, McHugh		Hamilton	4:04.82		4/12

Women's High Jump

1	5	Kassidy MULRYNE	FR	TCNJ	1.70m	5-7	4/19
2	6	Jacy SCHARLOW	FR	RPI	1.69m	5-6½	3/30
3	16	Lauren PARKER	SR	RPI	1.65m	5-5	4/6
4	56	Grace MERCHANT	FR	Ithaca	1.60m	5-3	4/28
4	56	Maya VERMA	FR	RPI	1.60m	5-3	3/30
4	56	Logan BRUCE	FR	Ithaca	1.60m	5-3	4/19
4	56	Susann FOLEY	FR	Ithaca	1.60m	5-3	3/30
4	56	Estelle YEDYNAK	JR	Ithaca	1.60m	5-3	4/28
4	56	Haley BRUST	SR	St. John Fisher	1.60m	5-3	4/19
10	82	Laura PIAZZA	SR	SUNY Geneseo	1.59m	5-2½	4/12

Women's Pole Vault

1	6	Kristina LANGAN	FR	Ramapo	3.85m	12-7½	4/12
1	6	Kelcey WATSON	SR	Brockport	3.85m	12-7½	4/19
3	14	Meghan MATHENY	FR	Ithaca	3.75m	12-3½	4/6
4	21	Juliann TERRY	SO	Ithaca	3.72m	12-2½	4/23
5	30	Julia NOMBERG	SO	Ithaca	3.61m	11-10	4/23
6	32	Maya REINA	JR	Brockport	3.60m	11-9¾	4/19
7	49	Madeline PIZZO	JR	RIT	3.52m	11-6½	4/18
8	57	Laura PIAZZA	SR	SUNY Geneseo	3.46m	11-4¼	4/6
9	66	Samantha KAPLAN	JR	RIT	3.42m	11-2½	4/13
10	80	Emily CAREY	SO	Ithaca	3.35m	10-11¾	4/12



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## Atlantic

### Women's Long Jump

1	4	Avery MAILLET	SO CCNY	5.78m	18-11¾ (0.5)	4/14
2	16	Michelle MACAULEY	SR Rowan	5.63m	18-5¾ (-0.3)	3/23
3	23	Cassandra SERAFIN	SO Fredonia	5.56mw	18-3	4/26
4	34	Lisa HUYNH	SR Brockport	5.52m	18-1½	4/26
5	35	Lonnie GARRETT	JR Rochester (N.Y.)	5.51m	18-1 (1.7)	4/6
5	35	Sarah YENSAN	JR SUNY Oswego	5.51m	18-1 (1.9)	4/6
7	51	Alycia EATON	SR Nazareth	5.45m	17-10¾ (0.6)	4/12
8	57	Haley BRUST	SR St. John Fisher	5.43mw	17-9¾ (2.1)	4/6
9	68	Logan BRUCE	FR Ithaca	5.41m	17-9 (0.0)	4/28
10	86	Hannah DUTTWEILER	JR Rochester (N.Y.)	5.33mw	17-6 (2.5)	4/20
10	86	Emily SALVEMINI	FR SUNY Geneseo	5.33m	17-6 (1.9)	4/6

### Women's Triple Jump

1	2	Victoria WHIMPLE	FR SUNY Plattsburgh	11.99m	39-4 (2.0)	4/19
2	6	Nisa RAQIB	FR Buffalo State	11.81m	38-9 (-0.6)	4/19
3	21	Evelyn NKANGA	JR NYU	11.55m	37-10¾ (0.8)	4/5
4	26	Alycia EATON	SR Nazareth	11.51m	37-9¼ (0.0)	4/18
5	31	Maya CAMPBELL	JR SUNY Cortland	11.44m	37-6½ (0.7)	4/6
6	40	Anna SCARPIS	SO Ramapo	11.37m	37-3¾ (-0.2)	4/6
7	41	Cassandra SERAFIN	SO Fredonia	11.36mw	37-3¼ (3.4)	4/12
8	50	Samantha JENKS	SO SUNY Oswego	11.25m	36-11 (0.2)	4/6
9	54	Jennifer JOSEPH	JR SUNY Geneseo	11.22mw	36-9¾	4/26
10	60	Lucy PIACENTINI	JR CCNY	11.20m	36-9 (1.8)	4/14
10	60	Jessica MCRAE	JR Stockton	11.20m	36-9 (0.0)	3/30

### Women's Shot Put

1	13	Katie WEEKS	SR Stevens	13.46m	44-2	4/26
2	46	Brianna COON	JR SUNY Plattsburgh	12.72m	41-8¾	4/19
3	49	Jessica CRAVEN	SR Brockport	12.68m	41-7¼	4/6
4	53	Ledena BAYTOPS	SR Rutgers-Newark	12.55m	41-2¼	4/26
5	72	Madeline PIZZO	JR RIT	12.32m	40-5	3/29
6	73	Ariyahna BERNARD	SO Ithaca	12.31m	40-4¾	4/19
7	86	Samantha HEALY	SO Ithaca	12.21m	40-¾	4/19
8	###	Emmy LAFEVRE	JR Stockton	12.03m	39-5¾	4/12
9	###	Kendall WELLAUER	JR Ithaca	12.00m	39-4½	4/19
9	###	Makayla TAYLOR	FR Rowan	12.00m	39-4½	4/26

### Women's Discus

1	2	Katie WEEKS	SR Stevens	47.37m	155-5	4/19
2	23	Jessica CRAVEN	SR Brockport	43.20m	141-9	3/29
3	30	Grace MESSINA	SO Rochester (N.Y.)	42.21m	138-6	4/18
4	39	Molly FERGUSON	SR Utica	41.33m	135-7	4/19
5	69	Mady DIBBLE	JR Brockport	39.88m	130-10	4/26
6	83	Katrina CORNICK	FR Utica	39.25m	128-9	3/29
7	96	Chelsea SMITH	JR Rowan	38.74m	127-1	3/23
8	###	Kathleen MERCHANT	FR St. Lawrence	37.72m	123-9	4/19
9	###	AnaMaria LACCETTI	FR Stevens	37.22m	122-2	4/5
10	###	Sabrina HEADRINGTON	JR SUNY Cobleskill	36.75m	120-7	4/23

### Women's Hammer

1	9	Katie WEEKS	SR Stevens	52.81m	173-3	4/19
2	26	Jessica CRAVEN	SR Brockport	50.45m	165-6	4/19
3	40	Harley BUCZKOWSKI	SR SUNY Cortland	48.99m	160-9	4/19
4	41	Alexis RYDER	SO SUNY Oneonta	48.84m	160-3	4/13
5	45	Charlotte LEON	SO Stockton	48.61m	159-6	4/12
6	46	Samantha HEALY	SO Ithaca	48.55m	159-4	4/12
7	49	Olivia GEORGE	SO Brockport	48.29m	158-5	4/19
8	65	Kendall WELLAUER	JR Ithaca	47.44m	155-8	4/19
9	78	Ariyahna BERNARD	SO Ithaca	46.54m	152-8	4/13
10	84	Grace MESSINA	SO Rochester (N.Y.)	46.25m	151-9	4/20

### Women's Javelin

1	5	Kathleen MERCHANT	FR St. Lawrence	43.51m	142-9	4/19
2	28	Hannah CUMMINGS	FR Hunter	39.62m	130-0	3/29
3	48	Catherine LUTJEN	JR SUNY Cortland	38.57m	126-7	4/19
4	54	Nicole HERRINGSHAW	SR Utica	38.29m	125-8	4/13
4	54	Desirae BLAIR	SO SUNY Plattsburgh	38.29m	125-8	4/13
6	61	Amanda MURILLO	FR TCNJ	37.86m	124-3	3/29
7	67	Aurora FREEDMAN	SR RPI	37.63m	123-6	3/30
8	73	Mara GIGA	SR RPI	37.38m	122-8	4/27
9	78	Stephanie WOLFER	JR TCNJ	37.04m	121-6	4/26
10	80	Madison REDDICK	FR Merchant Marine Aca	36.81m	120-9	4/5

### Women's Heptathlon

1	21	Logan BRUCE	FR Ithaca	4,346		4/19
2	52	Michelle RODRIGUEZ	SR Utica	3,801		4/19
3	53	Catherine LARKIN	SR Ithaca	3,795		4/19
4	58	Molly BAKER	FR SUNY Cortland	3,732		4/19
5	63	Kristen BOERKE	FR SUNY Plattsburgh	3,672		4/19
6	75	Chase DAVIES	FR St. Lawrence	3,516		4/19
7	80	Alexandra GALUS	JR SUNY Cortland	3,485		4/19
8	82	Brittany CHARLONNE	SR Utica	3,457		4/19
9	93	Jillian SALKIND	SR RPI	3,333		4/18
10	95	Mackenzie BROOKS	SO Fredonia	3,264		4/19



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

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## Central

### Women's 100 Meters

1	<b>1</b>	Gabrielle NOLAND	JR Loras	<b>11.87w</b>	(2.6)	4/16
2	<b>5</b>	Alison BEEMAN	JR Dubuque	<b>12.07w</b>		4/13
3	19	Aspen ROLFES	SO Nebraska Wesleyan	<b>12.23</b>	(1.8)	4/12
4	31	Briana BERNINGHAUS	JR Hamline	<b>12.33w</b>	(2.6)	4/20
5	55	Terrianna BLACK	JR Loras	<b>12.38w</b>	(2.6)	4/16
6	65	Jada LEWIS	JR Augsburg	<b>12.42</b>	(-1.3)	4/24
7	71	Lindsey WISNIESKI	SR Nebraska Wesleyan	<b>12.45w</b>	(2.7)	4/19
8	74	Stevie LAMBE	FR Loras	<b>12.46w</b>	(2.6)	4/16
8	74	Jailyn ROBINSON	FR Hamline	<b>12.46w</b>	(2.6)	4/20
10	78	Alanna MUHAMMAD	FR Wartburg	<b>12.47w</b>		4/13
10	78	Ya'Mia AILES-PRIMES	FR Dubuque	<b>12.47w</b>	(2.5)	4/19

### Women's 200 Meters

1	<b>1</b>	Gabrielle NOLAND	JR Loras	<b>23.94w</b>	(2.5)	4/24
2	<b>6</b>	Alison BEEMAN	JR Dubuque	<b>24.80w</b>		4/13
3	<b>8</b>	Aspen ROLFES	SO Nebraska Wesleyan	<b>24.82</b>	(1.4)	4/19
4	29	Elizabeth JONES	SR Nebraska Wesleyan	<b>25.25</b>	(1.9)	4/5
5	33	Kaylee JONES	SR Nebraska Wesleyan	<b>25.29</b>	(1.4)	4/19
6	49	Alexandra DANIEL	JR Nebraska Wesleyan	<b>25.43w</b>	(2.4)	4/12
7	60	Stevie LAMBE	FR Loras	<b>25.52</b>	(1.6)	4/16
8	65	Jackie GANSHIRT	SO Wartburg	<b>25.61</b>	(1.4)	4/18
9	67	Briana BERNINGHAUS	JR Hamline	<b>25.63</b>	(0.0)	4/24
10	74	Abigail ALLEN	SO Nebraska Wesleyan	<b>25.66w</b>	(2.4)	4/12

### Women's 400 Meters

1	<b>4</b>	Elizabeth JONES	SR Nebraska Wesleyan	<b>56.02</b>		4/5
2	<b>5</b>	Kaylee JONES	SR Nebraska Wesleyan	<b>56.04</b>		4/12
3	<b>11</b>	Delia LABATT	JR Bethel (Minn.)	<b>56.88</b>		4/6
4	<b>13</b>	Gabrielle NOLAND	JR Loras	<b>57.16</b>		4/13
5	30	Emily CIESYNSKI	SR Minnesota Morris	<b>57.59</b>		4/26
5	30	Johanna GLAASER	JR St. Olaf	<b>57.59</b>		4/24
7	43	Emma COCHRANE	SR Cornell College	<b>57.80</b>		4/13
8	49	Hannah SANKEY	SO Bethel (Minn.)	<b>58.05</b>		4/18
9	56	Makenna ASH	SR St. Olaf	<b>58.20</b>		4/24
10	68	AddieKay JOHNSON	SR Bethel (Minn.)	<b>58.43</b>		4/18

### Women's 800 Meters

1	<b>7</b>	Phoebe AGUIAR	JR Macalester	<b>2:11.95</b>		4/24
2	45	Josie HERRMANN	SO Concordia Moorhead	<b>2:16.74</b>		4/25
3	80	Lily CAMPBELL	FR Wartburg	<b>2:18.18</b>		4/13
4	81	Abigail SCHNABEL	SR Gustavus Adolphus	<b>2:18.39</b>		4/20
5	87	Carly SCHEUERMAN	SO St. Thomas (Minn.)	<b>2:18.60</b>		4/24
6	###	Sara MOEN	SO Gustavus Adolphus	<b>2:18.93</b>		3/9
7	###	Helen DOLAN	SO Hamline	<b>2:19.13</b>		4/20
8	###	Amelia HORNSETH	SO Luther	<b>2:19.31</b>		4/18
9	###	Audrey KLEIN	JR Simpson (Iowa)	<b>2:19.67</b>		4/12
10	###	Erica RITTGERS	JR Wartburg	<b>2:19.84</b>		4/13

### Women's 1500 Meters

1	76	Cassidy CHRISTOPHER	SO Wartburg	<b>4:44.35</b>		4/18
2	94	Anna RESTEMAYER	SR Luther	<b>4:45.74</b>		4/18
3	97	Tierney WINTER	SR Gustavus Adolphus	<b>4:45.99</b>		4/20
4	###	Helen DOLAN	SO Hamline	<b>4:48.73</b>		4/6
5	###	Hanna HEGEMANN	SR Nebraska Wesleyan	<b>4:49.88</b>		4/19
6	###	Amanda MOSBORG	SO Carleton	<b>4:50.76</b>		4/6
7	###	Josie HERRMANN	SO Concordia Moorhead	<b>4:50.91</b>		4/23
8	###	Katherine NOVAK	SR Minnesota Morris	<b>4:50.97</b>		4/26
9	###	Aria PLEWA	SO St. Scholastica	<b>4:53.09</b>		4/25
10	###	Ellie BEIERMANN	JR Nebraska Wesleyan	<b>4:54.27</b>		4/19

### Women's Steeplechase

1	<b>7</b>	Ellie BEIERMANN	JR Nebraska Wesleyan	<b>10:51.29</b>		4/24
2	<b>13</b>	Hanna HEGEMANN	SR Nebraska Wesleyan	<b>10:55.25</b>		4/24
3	40	Madeline DOPP	SR Hamline	<b>11:27.37</b>		4/18
4	43	Hannah AWTRY	SR Nebraska Wesleyan	<b>11:28.62</b>		4/24
5	46	Lisa FISHER	SR St. Olaf	<b>11:29.65</b>		4/18
6	52	Kourtney KULSETH	SO Gustavus Adolphus	<b>11:31.09</b>		4/26
7	81	Sara NESS	JR St. Thomas (Minn.)	<b>11:44.59</b>		4/24
8	85	Nicole BREITBACH	SR Wartburg	<b>11:46.27</b>		4/18
9	94	Maria WEST	SR St. Scholastica	<b>11:48.60</b>		4/18
10	###	Haley HARMS	SR Wartburg	<b>11:59.03</b>		4/25

### Women's 5000 Meters

1	<b>6</b>	Carina COLLET	SO Wartburg	<b>16:52.07</b>		4/13
2	<b>15</b>	Kassie ROSENBUM	SO Loras	<b>17:12.97</b>		4/13
3	24	Cassidy CHRISTOPHER	SO Wartburg	<b>17:27.58</b>		3/29
4	37	Amanda MOSBORG	SO Carleton	<b>17:37.81</b>		4/24
5	58	Miranda KRUISWYK	FR Central (Iowa)	<b>17:48.51</b>		4/17
6	72	Anna RESTEMAYER	SR Luther	<b>17:53.01</b>		4/13
7	79	Vera LINDHORST	JR Luther	<b>17:55.81</b>		4/13
8	83	Morgan PIERCE	SR St. Benedict	<b>17:56.92</b>		3/2
9	###	Martha HUBELL	SO St. Thomas (Minn.)	<b>18:12.04</b>		4/6
10	###	Emma GREENLEE	SO Carleton	<b>18:16.22</b>		4/6

### Women's 10,000 Meters

1	<b>7</b>	Kassie ROSENBUM	SO Loras	<b>35:34.27</b>		4/24
2	<b>12</b>	Carina COLLET	SO Wartburg	<b>35:54.46</b>		3/29
3	28	Samantha SCHNIRRING	SR Carleton	<b>37:02.43</b>		4/24
4	31	Morgan PIERCE	SR St. Benedict	<b>37:07.24</b>		4/18
5	54	Vera LINDHORST	JR Luther	<b>37:55.04</b>		4/24
6	74	Amber MATZOLL	SR St. Thomas (Minn.)	<b>38:24.54</b>		4/18
7	76	Emma GREENLEE	SO Carleton	<b>38:25.24</b>		4/24
8	83	Bryony HAWGOOD	JR St. Olaf	<b>38:34.00</b>		4/20
9	87	Emily HOESING	JR Buena Vista	<b>38:35.00</b>		4/13
10	92	Martha HUBELL	SO St. Thomas (Minn.)	<b>38:45.26</b>		4/18



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## Central

### Women's 100 Meter Hurdles

1	<b>3</b>	Gabrielle BROWN	SR Hamline	<b>14.31w</b> (2.9)	4/20
2	24	Elayna BAHL	FR Loras	<b>14.75w</b>	4/13
3	25	Maggi BJUSTROM	JR Wartburg	<b>14.76w</b> (3.8)	4/25
4	87	Brittany BURKS	JR Dubuque	<b>15.29w</b> (3.6)	4/19
5	92	Sailor HINEGARDNER	FR Wartburg	<b>15.36</b> (1.0)	4/25
6	97	Macy GUSTAFSON	SO Nebraska Wesleyan	<b>15.37w</b> (3.2)	4/19
7	###	Maria MAZO	JR UW-Superior	<b>15.48</b> (1.8)	4/27
8	###	Mary GRAY	SO Central (Iowa)	<b>15.51</b> (0.8)	4/19
9	###	Demetria JOHNSON	SO Dubuque	<b>15.61w</b> (3.6)	4/19
10	###	Vanessa ENIOLA	FR Dubuque	<b>15.66</b> (1.4)	4/26
10	###	Tamya VAULTONBURG	FR Dubuque	<b>15.66w</b> (3.8)	4/19

### Women's 400 Meter Hurdles

1	<b>3</b>	Bella SOLIS	SR Loras	<b>1:01.57</b>	4/24
2	<b>11</b>	Mallory ADAMSON	SR St. Thomas (Minn.)	<b>1:02.61</b>	4/6
3	19	Emily CIESYNSKI	SR Minnesota Morris	<b>1:03.38</b>	4/23
4	33	Emma COCHRANE	SR Cornell College	<b>1:04.06</b>	4/25
5	35	Carson MCSORLEY	FR Wartburg	<b>1:04.22</b>	4/5
6	39	Corin MCKINSTREY	JR Bethel (Minn.)	<b>1:04.39</b>	4/18
7	49	Kiki PINGEL	SO Central (Iowa)	<b>1:04.81</b>	4/5
8	67	Mary GRAY	SO Central (Iowa)	<b>1:05.60</b>	4/5
9	72	Katelyn MANGOLD	FR Simpson (Iowa)	<b>1:05.86</b>	4/12
10	73	Elsa SANDENO	SR Carleton	<b>1:05.89</b>	4/20

### Women's 4x100 Relay

1	<b>3</b>	Black, Noland, Alt, Lambe	Loras	<b>47.21</b>	4/5
2	<b>7</b>	Wisnieski, Frazier, Daniel, Rolfes	Nebraska Wesleyan	<b>47.56</b>	4/5
3	<b>15</b>	Ailes-Primes, Burks, Skrove, Beeman	Dubuque	<b>48.19</b>	4/6
4	19	Ganshirt, Olson, Funke, Muhammad	Wartburg	<b>48.32</b>	4/24
4	19	Sankey, Labatt, Perrenoud, Johnson	Bethel (Minn.)	<b>48.32</b>	3/23
6	38	McLoone, Smith, Marciniak, Chell	St. Thomas (Minn.)	<b>48.87</b>	4/5
7	45	Olson, Berninghaus, Brown, Robinson	Hamline	<b>48.95</b>	4/24
8	75	Cole, Edwards, Whitfield, Menakaya	Coe	<b>49.53</b>	4/17
9	###	Woods, Forrester, Christopher, Miller	Central (Iowa)	<b>49.91</b>	4/24
10	###	Olberding, Jackson, Thomas, Johnston	Buena Vista	<b>50.22</b>	4/16

### Women's 4x400 Relay

1	<b>1</b>	Noland, Solis, Alt, Lambe	Loras	<b>3:46.35</b>	4/24
2	<b>2</b>	Frazier, Jones, Rolfes, Jones	Nebraska Wesleyan	<b>3:46.61</b>	4/24
3	<b>4</b>	Sankey, Labatt, McKinstrey, Johnson	Bethel (Minn.)	<b>3:48.97</b>	4/24
4	<b>9</b>	Ganshirt, Tynnismaa, McSorley, Campbell	Wartburg	<b>3:52.69</b>	4/24
5	<b>13</b>	Marciniak, Adamson, Chell, Smith	St. Thomas (Minn.)	<b>3:53.93</b>	4/24
6	36	Pingel, Christopher, Miller, Gray	Central (Iowa)	<b>3:59.95</b>	4/24
7	67	Balas, Schoustra, Ash, Glaaser	St. Olaf	<b>4:03.69</b>	4/18
8	86	Costley, Skrove, Eniola, Beeman	Dubuque	<b>4:06.45</b>	4/6
9	87	Thomley, Sandeno, Kropp, Marsh	Carleton	<b>4:06.63</b>	4/20
10	93	Moen, Winter, Hill, Schnabel	Gustavus Adolphus	<b>4:07.11</b>	4/20

### Women's High Jump

1	<b>10</b>	Rachel OHDE	SO Saint Mary's (Minn.)	<b>1.68m</b> 5-6	4/6
2	<b>16</b>	Addy VINTON	SO Nebraska Wesleyan	<b>1.65m</b> 5-5	4/19
2	<b>16</b>	Grace BORDSON	SR St. Thomas (Minn.)	<b>1.65m</b> 5-5	4/5
2	<b>16</b>	Tori VANVELZEN	SO Central (Iowa)	<b>1.65m</b> 5-5	4/25
5	82	Elsie LUNDQUIST	SO St. Catherine (Minn.)	<b>1.59m</b> 5-2½	4/24
5	82	Toree HEMPSTEAD	SR Nebraska Wesleyan	<b>1.59m</b> 5-2½	4/12
7	94	Gabby RENELT	FR Concordia Moorhead	<b>1.58m</b> 5-2¼	4/6
8	###	Tallulah PELLISLIER LLOYD	FR Grinnell	<b>1.57m</b> 5-1¾	4/6
9	###	Ellie ROQUET	SO Wartburg	<b>1.56m</b> 5-1¼	4/5
9	###	Sarah HOLTZ	JR Luther	<b>1.56m</b> 5-1¼	4/18

### Women's Pole Vault

1	47	Maddie TOLLY	JR Nebraska Wesleyan	<b>3.53m</b> 11-7	4/25
2	58	Kendall NOVAK	SR St. Thomas (Minn.)	<b>3.45m</b> 11-3¾	4/20
3	60	Elisabeth DALKI	SO St. Benedict	<b>3.43m</b> 11-3	4/6
4	68	Nicki SCHNEIDER	SO Wartburg	<b>3.41m</b> 11-2¼	4/18
5	78	Sarina KOPF	FR Grinnell	<b>3.36m</b> 11-¼	4/20
6	80	Mariah TERHAAR	JR St. Thomas (Minn.)	<b>3.35m</b> 10-11¾	4/24
6	80	Jordan SIFFERLE	JR St. Thomas (Minn.)	<b>3.35m</b> 10-11¾	4/24
8	89	Sadie KOELZ	SO Bethel (Minn.)	<b>3.34m</b> 10-11½	3/23
9	96	Lee STELTEN	JR St. Benedict	<b>3.30m</b> 10-9¾	4/18
10	###	Macaela RUDECK	SO St. Scholastica	<b>3.23m</b> 10-7	4/27



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**Central**

**Women's Long Jump**

1	<b>8</b>	Steph KRETLOW	JR St. Thomas (Minn.)	<b>5.70m</b>	18-8½ (0.6)	4/18
2	49	Alanna MUHAMMAD	FR Wartburg	<b>5.46mw</b>	17-11 (3.8)	4/5
3	57	Alyssa SKROVE	JR Dubuque	<b>5.43m</b>	17-9¾ (0.6)	4/26
4	68	Tori THOMPSON	SR St. Catherine (Minn.)	<b>5.41m</b>	17-9 (1.9)	4/6
5	77	Grace PERRENOUD	FR Bethel (Minn.)	<b>5.38m</b>	17-8 (0.4)	4/26
6	85	Elyse ACOMPANADO	JR Loras	<b>5.34m</b>	17-6¼ (1.5)	4/26
7	95	Jarika EISENTRAGER	SO Wartburg	<b>5.31m</b>	17-5¼	4/13
7	95	Anna ACHTER	JR Wartburg	<b>5.31mw</b>	17-5¼ (3.0)	4/18
9	###	Vanessa ENIOLA	FR Dubuque	<b>5.28m</b>	17-4 (1.0)	4/6
9	###	Demetria JOHNSON	SO Dubuque	<b>5.28m</b>	17-4 (1.8)	4/26

**Women's Triple Jump**

1	22	Alyssa SKROVE	JR Dubuque	<b>11.53m</b>	37-10 (0.7)	4/16
2	58	Jenna HEIMARK	JR Dubuque	<b>11.21mw</b>	36-9½ (2.4)	4/16
3	60	Holly FORRESTER	SO Central (Iowa)	<b>11.20mw</b>	36-9 (2.5)	4/19
4	73	Paige OLOWU	FR Grinnell	<b>11.12m</b>	36-5¾ (-1.4)	4/20
5	83	Macy GUSTAFSON	SO Nebraska Wesleyan	<b>11.05m</b>	36-3 (1.0)	4/19
6	87	Elsie LUNDQUIST	SO St. Catherine (Minn.)	<b>11.03m</b>	36-2¼ (-0.3)	4/6
7	###	Lilia EDWARDS	SR Wartburg	<b>10.86m</b>	35-7¾ (0.2)	4/25
8	###	Paige WOLDT	SO St. Olaf	<b>10.80m</b>	35-5¼ (1.3)	4/18
9	###	Tessa HOFFMAN	FR Nebraska Wesleyan	<b>10.69mw</b>	35-1 (2.3)	4/5
10	###	Anna ACHTER	JR Wartburg	<b>10.63mw</b>	34-10½ (3.6)	4/5

**Women's Shot Put**

1	<b>8</b>	Dayton DOLINCHECK	JR Nebraska Wesleyan	<b>14.06m</b>	46-1½	4/12
2	<b>11</b>	Emily BURT	JR Central (Iowa)	<b>13.53m</b>	44-4¾	4/5
3	<b>12</b>	Kayla SLOWICK	SO Dubuque	<b>13.52m</b>	44-4¼	4/13
4	20	Jaycee FLEMING	SO Nebraska Wesleyan	<b>13.34m</b>	43-9¼	4/25
5	22	Anna REHBERG	JR Wartburg	<b>13.27m</b>	43-6½	4/18
6	24	Caroline FERGUSON	SO Dubuque	<b>13.24m</b>	43-5¼	4/16
7	34	Courtney SCHNOOR	SO Loras	<b>12.96m</b>	42-6¼	4/16
8	37	Octavia MARTINEZ	SR Cornell College	<b>12.93m</b>	42-5¼	4/6
9	40	Cayle HOVLAND	FR Concordia Moorhead	<b>12.88m</b>	42-3¼	4/23
10	54	Tieranny KEAHNA	JR Coe	<b>12.51m</b>	41-½	4/13

**Women's Discus**

1	<b>1</b>	Kelsey BETTHAUSER	SR Dubuque	<b>48.24m</b>	158-3	4/26
2	<b>5</b>	Rebecca BURMAHL	SR Dubuque	<b>46.11m</b>	151-4	4/26
3	<b>7</b>	Maddie FITZGIBBONS	SR Nebraska Wesleyan	<b>45.83m</b>	150-5	4/19
4	<b>8</b>	Jessie JUENEMANN	JR Hamline	<b>45.75m</b>	150-1	4/24
5	<b>16</b>	Gillian STREIT	SO Central (Iowa)	<b>44.25m</b>	145-2	3/30
6	17	Kayla SLOWICK	SO Dubuque	<b>44.20m</b>	145-0	4/26
7	22	Linnaea KONFRST	JR Nebraska Wesleyan	<b>43.34m</b>	142-2	4/19
8	27	Lauren ISAACSON	FR St. Catherine (Minn.)	<b>42.78m</b>	140-4	4/24
9	29	Agne LUKOSEVICIUTE	SO Grinnell	<b>42.22m</b>	138-6	4/20
10	31	Mackenzie GOELLER	FR Dubuque	<b>42.13m</b>	138-3	4/26

**Women's Hammer**

1	<b>4</b>	Agne LUKOSEVICIUTE	SO Grinnell	<b>53.56m</b>	175-9	4/20
2	<b>7</b>	Rebecca BURMAHL	SR Dubuque	<b>53.31m</b>	174-11	4/26
3	<b>8</b>	Maddie FITZGIBBONS	SR Nebraska Wesleyan	<b>53.18m</b>	174-6	4/5
4	22	Katie KEELIN	JR Gustavus Adolphus	<b>50.71m</b>	166-5	4/20
5	23	Nyah WILLIS	SO Hamline	<b>50.67m</b>	166-3	4/6
6	27	Caroline FERGUSON	SO Dubuque	<b>50.36m</b>	165-3	4/19
6	27	Bailey VAN DEN HEUVEL	SR Gustavus Adolphus	<b>50.36m</b>	165-3	4/26
8	32	Kelsey BETTHAUSER	SR Dubuque	<b>49.86m</b>	163-7	4/19
9	35	Kaylea HOENIGSCHMIDT	SR St. Catherine (Minn.)	<b>49.59m</b>	162-9	4/24
10	36	Kennedy MORRIS	SO Central (Iowa)	<b>49.54m</b>	162-7	4/5

**Women's Javelin**

1	69	Anneliese BARTON	SO Luther	<b>37.54m</b>	123-2	4/6
2	70	Annalee OLSON-SOLA	FR Gustavus Adolphus	<b>37.46m</b>	122-11	4/13
3	72	Cara BRESNAHAN	SR Grinnell	<b>37.39m</b>	122-8	3/29
4	83	Mackenzie SCHOUSTRA	JR St. Olaf	<b>36.67m</b>	120-4	4/18
5	84	Rebecca SIMPSON	FR Nebraska Wesleyan	<b>36.60m</b>	120-1	4/19
6	88	Lindsey WISNIESKI	SR Nebraska Wesleyan	<b>36.22m</b>	118-10	4/25
7	90	Courtney SCHNOOR	SO Loras	<b>36.15m</b>	118-7	4/16
8	###	Jenna STILWELL	SR Concordia Moorhead	<b>35.76m</b>	117-4	4/6
9	###	Lauren WAGNER	SO Bethel (Minn.)	<b>35.48m</b>	116-5	4/18
10	###	Esther JOHNSON	SR Loras	<b>35.45m</b>	116-4	4/16

**Women's Heptathlon**

1	<b>16</b>	Kiki PINGEL	SO Central (Iowa)	<b>4,402</b>		4/19
2	19	Mary GRAY	SO Central (Iowa)	<b>4,363</b>		4/19
3	20	Jenna DEGEN	SR St. Benedict	<b>4,357</b>		4/18
4	29	Addy VINTON	SO Nebraska Wesleyan	<b>4,177</b>		4/19
5	65	Marissa NOLAN	JR Wartburg	<b>3,671</b>		4/5
6	69	Krissa LARSON	FR Central (Iowa)	<b>3,591</b>		4/5
7	77	Ellie ROQUET	SO Wartburg	<b>3,506</b>		4/5
8	94	Abby DEBAILLIE	JR Wartburg	<b>3,280</b>		4/5
9	###	Rebekah BEARD	FR Central (Iowa)	<b>2,967</b>		4/5
10	###	Stephanie PICKTHORN	FR St. Benedict	<b>2,889</b>		4/18



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**Great Lakes**

**Women's 100 Meters**

1	<b>10</b>	Aishat SADIQ	SR	Earlham	<b>12.14</b>	(0.4)	4/19
2	28	Sara JOHNSON	FR	John Carroll	<b>12.30w</b>	(3.4)	4/13
3	31	Lucia CANNATA	FR	John Carroll	<b>12.33</b>	(0.2)	4/13
3	31	Grace NEMETH	SR	Baldwin Wallace	<b>12.33w</b>	(3.4)	4/13
5	42	Gracie DENNISON	FR	Otterbein	<b>12.35w</b>	(2.6)	4/13
6	48	Layla WILKS	SO	Albion	<b>12.37w</b>	(3.2)	4/12
6	48	Taylor LAVEY	JR	Ohio Northern	<b>12.37</b>	(0.0)	4/26
8	58	Kayla SILVA	FR	Ohio Northern	<b>12.40w</b>	(2.3)	4/26
9	78	Arinn HAYES	FR	Heidelberg	<b>12.47w</b>	(3.4)	4/13
10	86	Ashura POWELL	SR	John Carroll	<b>12.49</b>	(1.2)	3/30

**Women's 1500 Meters**

1	<b>3</b>	Evonne BULTEMEYER	SO	Trine	<b>4:29.18</b>	4/25
2	<b>4</b>	Katherine DIEKEMA	SR	Calvin	<b>4:30.51</b>	4/13
3	<b>5</b>	Kelly BRENNAN	JR	Baldwin Wallace	<b>4:31.35</b>	(4:53.06(1)) 4/19
4	<b>6</b>	Claire LAMB	SR	Otterbein	<b>4:31.59</b>	(4:53.32(1)) 4/19
5	<b>13</b>	Hilary REIGLE	SR	Mount Union	<b>4:35.39</b>	4/6
6	18	Heather SANDVIK	SR	Otterbein	<b>4:36.96</b>	4/4
7	30	Emily FORNER	SR	Allegheny (Pa.)	<b>4:38.82</b>	3/22
8	35	Katy FOLTZ	SR	Otterbein	<b>4:39.21</b>	4/13
9	42	Sadie HEERINGA	FR	Calvin	<b>4:40.91</b>	4/13
10	45	Bella PENDOLA	JR	Baldwin Wallace	<b>4:40.99</b>	4/13

**Women's 200 Meters**

1	17	Lucia CANNATA	FR	John Carroll	<b>25.16</b>	(1.1)	4/13
2	26	Aishat SADIQ	SR	Earlham	<b>25.22</b>	(-1.5)	4/19
3	42	Grace NEMETH	SR	Baldwin Wallace	<b>25.38</b>	(-0.1)	4/26
3	42	Cortni ARP	SO	Mount Union	<b>25.38</b>	(-0.1)	4/26
5	57	Kelsey GROVE	JR	Heidelberg	<b>25.51</b>	(-0.1)	4/26
6	61	Sara JOHNSON	FR	John Carroll	<b>25.54</b>	(-0.1)	4/26
7	89	Cirrus ROBINSON	JR	Ohio Wesleyan	<b>25.75</b>	(1.1)	4/13
8	96	Layla WILKS	SO	Albion	<b>25.79</b>	(-0.2)	4/5
9	###	Arinn HAYES	FR	Heidelberg	<b>25.80</b>	(-0.1)	4/26
10	###	Hailey ACOSTA	JR	Otterbein	<b>25.81</b>	(1.0)	4/13

**Women's Steeplechase**

1	<b>9</b>	Evonne BULTEMEYER	SO	Trine	<b>10:54.30</b>	4/6
2	<b>15</b>	Heather SANDVIK	SR	Otterbein	<b>11:08.37</b>	4/26
3	<b>16</b>	Alyssa LAUGHNER	FR	Baldwin Wallace	<b>11:08.39</b>	4/26
4	27	Ellie HALAND	SO	Earlham	<b>11:15.94</b>	4/26
5	31	Mary Kate MCELROY	SO	Ohio Wesleyan	<b>11:21.12</b>	4/26
6	39	Rachel BUSH	SR	Ohio Wesleyan	<b>11:27.27</b>	4/13
7	48	Katie DURISIN	SO	Mount Union	<b>11:29.97</b>	4/26
8	49	Morgan KELLEY	SO	John Carroll	<b>11:30.07</b>	4/13
9	55	Ariel BARLOW	JR	Hanover	<b>11:32.15</b>	4/13
10	56	Annie NEEDS	SO	Calvin	<b>11:32.29</b>	4/5

**Women's 400 Meters**

1	26	Hailey ACOSTA	JR	Otterbein	<b>57.49</b>	4/26
2	27	Cortni ARP	SO	Mount Union	<b>57.51</b>	4/26
3	32	Ashura POWELL	SR	John Carroll	<b>57.60</b>	4/26
4	91	Taylor ALLEN	FR	Transylvania	<b>58.72</b>	4/26
5	97	Martean NEWTON	SO	Wittenberg	<b>58.89</b>	4/13
6	###	Julie HINES	SO	Case Western Reserv	<b>58.95</b>	4/27
7	###	Kelly BRENNAN	JR	Baldwin Wallace	<b>59.05</b>	4/20
8	###	Alexis GRAY	JR	Wittenberg	<b>59.08</b>	4/19
9	###	Victoria BAVER	SO	Anderson (Ind.)	<b>59.10</b>	4/26
10	###	Raquel WARNER	JR	Otterbein	<b>59.11</b>	3/14

**Women's 5000 Meters**

1	<b>1</b>	Emily FORNER	SR	Allegheny (Pa.)	<b>16:33.01</b>	4/13
2	<b>4</b>	Claire LAMB	SR	Otterbein	<b>16:47.40</b>	4/4
3	<b>13</b>	Katherine DIEKEMA	SR	Calvin	<b>17:08.97</b>	4/25
4	17	Linnea HALSTEN	SR	Oberlin	<b>17:14.45</b>	4/13
5	22	Sadie HEERINGA	FR	Calvin	<b>17:23.65</b>	4/25
6	28	Emily HAMILTON	SR	Hope	<b>17:31.14</b>	4/13
7	30	Hilary REIGLE	SR	Mount Union	<b>17:32.31</b>	4/26
8	31	Kelly BRENNAN	JR	Baldwin Wallace	<b>17:33.56</b>	3/29
9	50	Cameron BUJAUCIUS	FR	John Carroll	<b>17:44.70</b>	4/26
10	56	Alyssa LAUGHNER	FR	Baldwin Wallace	<b>17:48.01</b>	4/26

**Women's 800 Meters**

1	<b>2</b>	Evonne BULTEMEYER	SO	Trine	<b>2:10.23</b>	3/22
2	<b>9</b>	Kelly BRENNAN	JR	Baldwin Wallace	<b>2:12.70</b>	4/26
3	23	Katherine DIEKEMA	SR	Calvin	<b>2:14.83</b>	4/19
4	25	Alexis GRAY	JR	Wittenberg	<b>2:14.93</b>	4/13
5	31	Avery EWING	SR	Ohio Northern	<b>2:15.70</b>	4/13
6	32	Sarah MASON	JR	Mount Union	<b>2:15.80</b>	4/13
7	37	Katy FOLTZ	SR	Otterbein	<b>2:16.49</b>	3/14
8	46	Toni BEUCK	SR	Mount Union	<b>2:16.78</b>	4/26
9	54	Sophy CUNNINGHAM	FR	Oberlin	<b>2:17.30</b>	4/13
10	98	Madison KILE	SO	Baldwin Wallace	<b>2:18.84</b>	4/13

**Women's 10,000 Meters**

1	<b>1</b>	Cassie VINCE	SR	Albion	<b>34:26.36</b>	3/29
2	<b>5</b>	Hilary REIGLE	SR	Mount Union	<b>35:30.09</b>	4/13
3	<b>6</b>	Cameron BUJAUCIUS	FR	John Carroll	<b>35:30.24</b>	4/13
4	19	Sarah HEVENER	SR	Allegheny (Pa.)	<b>36:17.30</b>	4/13
5	24	Emily HAMILTON	SR	Hope	<b>36:54.84</b>	3/15
6	35	Michelle KOETJE	JR	Calvin	<b>37:18.38</b>	4/13
7	49	Alyssa LAUGHNER	FR	Baldwin Wallace	<b>37:46.53</b>	3/29
8	56	Madeline LINDEMANN	JR	Case Western Reserv	<b>37:57.02</b>	4/13
9	58	Bella PENDOLA	JR	Baldwin Wallace	<b>37:57.80</b>	3/29
10	91	Kelsey TYLER	FR	Manchester	<b>38:43.23</b>	3/29



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## Great Lakes

### Women's 100 Meter Hurdles

1	18	Megan CAREY	FR Otterbein	14.66	(1.4)	4/13
2	27	Gracie DENNISON	FR Otterbein	14.78	(1.5)	4/26
3	35	Sabrina STOCKER	SO Mount Union	14.84	(1.7)	4/19
4	39	Karrah SPENCER	SO John Carroll	14.86	(1.4)	4/13
5	40	Amanda MILO	FR Baldwin Wallace	14.88	(1.5)	4/26
6	47	Aamirah HOWARD	JR Mount Union	14.93	(0.6)	4/26
7	50	Mary-Helen SHOMBA	SO Rose-Hulman	15.00	(0.9)	4/13
8	57	Emily HILT	JR Capital	15.06	(1.5)	4/26
9	60	Olivia NEWMAN	JR Case Western Reserv	15.09	(0.5)	4/27
10	65	Michaelina TERRANOVA	FR Mount Union	15.13	(1.7)	4/19

### Women's 400 Meter Hurdles

1	18	Olivia NEWMAN	JR Case Western Reserv	1:03.22		4/27
2	21	Maryonna CATHEY	FR Mount Union	1:03.59		4/26
3	37	Allison SCHWARZBEK	JR Heidelberg	1:04.35		4/13
4	44	Michaelina TERRANOVA	FR Mount Union	1:04.57		4/26
5	48	Tori VALACHOVIC	JR Allegheny (Pa.)	1:04.79		4/13
6	54	Sarah BEDELL	SR Otterbein	1:05.10		4/26
7	59	Emma BURKE	JR Wilmington (Ohio)	1:05.35		4/6
8	67	Gracie DENNISON	FR Otterbein	1:05.60		4/26
9	71	Oona JUNG-BEEMAN	JR Oberlin	1:05.80		4/6
10	75	Kenna HUNTER	JR Hanover	1:05.91		4/13

### Women's 4x100 Relay

1	11	Johnson, Powell, Penna, Cannata	John Carroll	48.02		4/26
2	22	Kinney, McGinley, Sutton, Wilks	Albion	48.37		4/5
3	27	Silva, Norden, DeWitt, Lavey	Ohio Northern	48.61		4/13
4	35	Rivera, Eisenbraun, Powers, Arp	Mount Union	48.85		4/6
4	35	Dennison, Phillips, Carey, Warner	Otterbein	48.85		4/13
6	43	Freyhof, Acevedo, Sievers, Atkinson	Ohio Wesleyan	48.94		4/5
7	48	Carson, Garrow, Forrest, McCarter	Trine	49.00		4/13
8	57	Hines, Love, Scherf, Newman	Case Western Reserv	49.24		4/27
9	67	Schwarzbeke, Hayes, Hayes, Grove	Heidelberg	49.44		4/26
10	79	Milo, Nemeth, Guiley, Neitzel	Baldwin Wallace	49.60		3/30

### Women's 4x400 Relay

1	23	Cathey, Terranova, Mason, Arp	Mount Union	3:56.12		4/26
2	24	Smeltzer, Cannata, Hale, Powell	John Carroll	3:56.23		4/4
3	42	Acosta, Warner, Bedell, Buchanan	Otterbein	4:00.46		4/26
4	45	Garrow, McCarter, Carson, Bultemeyer	Trine	4:01.09		4/13
5	65	McCluer, Lavey, Norden, Ewing	Ohio Northern	4:03.58		4/13
6	70	Milo, Nemeth, Fowler, Brennan	Baldwin Wallace	4:04.29		4/6
7	72	Hines, King, Rees, Newman	Case Western Reserv	4:04.34		4/27
8	76	Robinson, Trebella, Ross, Bush	Ohio Wesleyan	4:04.90		4/5
9	79	Kelley, Vasta, Cordova, Tilton	Wooster	4:05.18		4/13
10	85	Kruithof, VanderStoep, Hansma, Miskelley	Hope	4:06.22		3/22

### Women's High Jump

1	3	Laura PULLINS	SO Marietta	1.71m	5-7¼	4/26
2	6	Cirrus ROBINSON	JR Ohio Wesleyan	1.69m	5-6½	4/5
3	10	Kennady GIBBINS	FR Mount Union	1.68m	5-6	4/26
4	16	Dara SMITH	FR Rose-Hulman	1.65m	5-5	3/29
5	29	Emily HILT	JR Capital	1.63m	5-4¼	4/6
6	42	Mariah MURRAY	JR Anderson (Ind.)	1.62m	5-3¾	4/6
6	42	Mallory WEININGER	SR Ohio Northern	1.62m	5-3¾	4/26
8	53	Carolyn WEBSTER	SR Wooster	1.61m	5-3¼	4/27
9	56	Claudia PARTRIDGE	FR Wooster	1.60m	5-3	4/13
9	56	Tiffany MOORE	JR Ohio Wesleyan	1.60m	5-3	4/5

### Women's Pole Vault

1	9	Maggie KRAUSE	JR Ohio Northern	3.82m	12-6¼	4/13
2	12	Bri AVENI	FR Mount Union	3.76m	12-4	4/26
3	14	Sarah VOIT	FR Oberlin	3.75m	12-3½	4/26
4	18	Erin TRIMPE	SR Hanover	3.73m	12-2¾	3/16
5	32	Tori BOWEN	JR Bluffton	3.60m	11-9¾	3/23
6	37	Allison STEVENS	JR Ohio Northern	3.56m	11-8	4/20
7	40	Abby WALTZ	SO Case Western Reserv	3.55m	11-7¾	4/13
7	40	Grace FINNEY	JR Oberlin	3.55m	11-7¾	4/6
9	51	Erin GOGGINS	SR Alma	3.50m	11-5¾	4/12
9	51	Emily CLANCY	SR Hanover	3.50m	11-5¾	3/22
9	51	Chase PATTON	FR Ohio Wesleyan	3.50m	11-5¾	4/19





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Great Lakes

Women's Long Jump

1	35	Arinn HAYES	FR Heidelberg	5.51m	18-1 (1.1)	3/29
2	68	Renee MILLER	SO Calvin	5.41m	17-9 (1.6)	4/19
3	74	Alexianna JOHNSON	SO Mount Union	5.39m	17-8¼ (1.0)	4/12
3	74	Mitchel ACHIENG	JR Hope	5.39m	17-8¼ (0.9)	3/29
5	86	Akwia TILTON	JR Wooster	5.33mw	17-6 (2.1)	3/29
6	91	Sara JOHNSON	FR John Carroll	5.32m	17-5½ (1.6)	3/23
7	95	Alexis HARSH	FR Hanover	5.31m	17-5¼ (0.3)	4/26
7	95	Stella DEWITT	SO Ohio Northern	5.31m	17-5¼ (-1.1)	3/22
9	###	Emily HILT	JR Capital	5.30m	17-4¾ (0.0)	4/26
10	###	Lauren LONDON	SR Rose-Hulman	5.29m	17-4¼ (0.7)	4/6
10	###	Daijana JOHNSON	JR Mount Union	5.29m	17-4¼ (0.0)	4/26
10	###	Maria DELUCA	SO John Carroll	5.29mw	17-4¼ (2.2)	3/23

Women's Triple Jump

1	30	Courtney PHOENNIK	SO John Carroll	11.47m	37-7¾ (1.3)	4/13
2	31	Maria DELUCA	SO John Carroll	11.44m	37-6½ (0.0)	4/26
3	42	Mitchel ACHIENG	JR Hope	11.32m	37-1¾ (0.1)	3/29
4	68	Taylor MANIVANH	JR Capital	11.15m	36-7 (0.0)	4/26
5	79	Olivia WOODS	SR Oberlin	11.08m	36-4¼ (0.2)	4/26
6	90	Malaika DJUNGU-SUNGU	FR Oberlin	11.02m	36-2 (1.8)	4/6
7	99	Sam KELTS	JR Case Western Reserv	10.97m	36-0 (1.8)	4/13
8	###	Katelyn FRANDANISA	SR John Carroll	10.90m	35-9¼ (0.8)	4/26
9	###	Rian BOELTER	JR Transylvania	10.87m	35-8 (-0.9)	4/26
10	###	Cianna BROWN	FR Albion	10.77mw	35-4 (2.6)	4/12

Women's Shot Put

1	7	Cassandra LAIOS	SR Case Western Reserv	14.20m	46-7¼	4/27
2	16	Emily FINNEGAN	SR Otterbein	13.39m	43-11¼	4/13
3	27	Brooke BUCKHANNON	JR Baldwin Wallace	13.14m	43-1½	4/13
4	31	Jenna BREUKER	FR Hope	12.98m	42-7	3/29
5	39	Tia HARRIS	SR Ohio Northern	12.92m	42-4¾	4/13
6	41	Lillian ALBAUGH	FR Olivet	12.86m	42-2¼	4/25
7	44	Kasey NEVILLE	FR Marietta	12.81m	42-½	4/6
8	46	Naeisha MCCLAIN	JR Oberlin	12.72m	41-8¾	4/20
9	51	Chayanne CONLEY	FR Ohio Wesleyan	12.58m	41-3¼	4/5
10	58	Hannah SEDLAK	FR John Carroll	12.47m	40-11	3/23

Women's Discus

1	15	Emily FINNEGAN	SR Otterbein	44.36m	145-7	4/13
2	21	Cassandra LAIOS	SR Case Western Reserv	43.78m	143-8	4/27
3	40	Jasmine KEEGAN	JR Oberlin	41.28m	135-5	4/6
3	40	ShaQuoria THOMPSON	FR Albion	41.28m	135-5	4/5
5	43	Ariel FLOYD	SO Olivet	41.20m	135-2	4/25
6	44	Brooke BUCKHANNON	JR Baldwin Wallace	41.19m	135-2	4/6
7	49	Kelsey DUNN	FR John Carroll	40.98m	134-6	4/20
8	52	Maya ENGLISH	JR Oberlin	40.72m	133-7	3/30
9	63	Valerie OBEAR	FR Trine	40.24m	132-0	4/13
10	85	Andrea HAGAR	JR Trine	39.20m	128-8	4/13

Women's Hammer

1	1	Cassandra LAIOS	SR Case Western Reserv	55.05m	180-8	4/13
2	15	Brooke BUCKHANNON	JR Baldwin Wallace	51.49m	168-11	4/13
3	19	Erin BROWNING	SO Hanover	51.08m	167-7	4/26
4	42	Maya ENGLISH	JR Oberlin	48.82m	160-2	4/13
5	43	Olivia HURTT	FR John Carroll	48.78m	160-1	4/26
6	44	Ariel FLOYD	SO Olivet	48.72m	159-10	4/12
7	53	Tia HARRIS	SR Ohio Northern	48.08m	157-9	4/6
8	57	Aubrey FRUCHEY	SR Mount Union	47.87m	157-1	4/26
9	60	Emily FINNEGAN	SR Otterbein	47.76m	156-9	4/13
10	64	Valerie OBEAR	FR Trine	47.48m	155-9	4/6

Women's Javelin

1	14	Emily SMATLAK	SO Anderson (Ind.)	41.47m	136-1	4/6
2	23	Shannon CARROLL	SR Case Western Reserv	40.33m	132-4	4/27
3	46	Nicole PILEWSKI	SR John Carroll	38.79m	127-3	3/23
4	49	Marija PAVLICK	FR Denison	38.49m	126-4	3/30
5	59	Allison ROZELL	JR Calvin	37.87m	124-3	3/22
6	74	Laina BOGGS	SR Manchester	37.37m	122-7	4/6
7	77	Alyssa ACEVEDO	SR Ohio Wesleyan	37.24m	122-2	4/5
8	81	Shannon RELIHAN	SO Allegheny (Pa.)	36.75m	120-7	4/27
9	###	Britney CARNAGIE	SO Adrian	35.62m	116-11	4/25
10	###	Kaitlin KOBUSZEWSKI	SO Marietta	35.55m	116-8	4/6

Women's Heptathlon

1	18	Emily HILT	JR Capital	4,389		4/6
2	23	Carolyn WEBSTER	SR Wooster	4,263		4/27
3	39	Kenna HUNTER	JR Hanover	3,978		4/6
4	45	Alexis SNYDER	SR Otterbein	3,864		3/14
5	51	Christine IMPARA	JR Oberlin	3,811		4/27
6	55	Stevie PLIKERD	FR Wittenberg	3,786		4/6
7	74	Erin PASCH	FR DePauw	3,533		4/27
8	83	Maya VASTA	FR Wooster	3,451		4/27
9	87	Clare TIEDEMANN	FR Oberlin	3,402		4/27
9	87	Kimberly TAYLOR	SR Muskingum	3,402		4/6



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## Mideast

### Women's 100 Meters

1	<b>3</b>	Evelina SLOBOH	JR Wesley	<b>12.03w</b>	(2.8)	3/23
2	31	Glory EBINAMA	SR Salisbury	<b>12.33w</b>	(3.8)	3/14
3	70	Kathryn WIEDERRECHT	SO Messiah	<b>12.44</b>	(1.6)	4/11
4	74	Maysha FOSTER	SO Wesley	<b>12.46</b>	(1.8)	4/23
5	90	Selena THOMAS	SO Westminster (Pa.)	<b>12.50</b>	(1.2)	4/6
6	92	Alyssa DIFFENDERFER	JR Lebanon Valley	<b>12.51</b>	(1.6)	4/11
7	99	Jessica LOPEZ	SO Haverford	<b>12.54</b>	(1.9)	4/22
8	###	Debarati BHANJA	SR Carnegie Mellon	<b>12.61w</b>	(3.2)	4/18
9	###	Maya HAMMONDS	SR Johns Hopkins	<b>12.63</b>	(0.0)	4/6
9	###	Jennica TERRY	SO Bryn Mawr	<b>12.63w</b>	(3.6)	4/27

### Women's 200 Meters

1	23	Evelina SLOBOH	JR Wesley	<b>25.20</b>	(1.9)	3/30
2	34	Maya HAMMONDS	SR Johns Hopkins	<b>25.30</b>	(1.3)	4/11
3	47	Kayla CAMACHO	SR Swarthmore	<b>25.41</b>	(0.7)	4/19
4	51	Debarati BHANJA	SR Carnegie Mellon	<b>25.45</b>	(-0.4)	4/27
5	70	Selena THOMAS	SO Westminster (Pa.)	<b>25.65</b>	(1.3)	4/6
6	93	Jamie FARLEY	SR Salisbury	<b>25.77</b>	(0.0)	4/13
7	###	Glory EBINAMA	SR Salisbury	<b>25.84</b>	(-0.8)	4/6
8	###	Briana ARTIS	SR Wesley	<b>25.89</b>	(1.5)	4/23
9	###	Ellissa SLADER	FR Messiah	<b>25.92</b>	(1.4)	4/17
10	###	Chinaza NWANKPA	FR Johns Hopkins	<b>25.93</b>	(0.7)	4/19

### Women's 400 Meters

1	<b>9</b>	Jamie FARLEY	SR Salisbury	<b>56.74</b>		4/13
2	<b>10</b>	Lauren HOLT	SO Swarthmore	<b>56.82</b>		4/19
3	<b>16</b>	Maya HAMMONDS	SR Johns Hopkins	<b>57.25</b>		4/19
4	22	Debarati BHANJA	SR Carnegie Mellon	<b>57.45</b>		4/27
5	41	Esther SEELAND	FR Messiah	<b>57.78</b>		4/6
6	46	Alexandra DAMRON	SO Johns Hopkins	<b>57.82</b>		4/12
7	51	Cecilia JONES	SO Eastern (Pa.)	<b>58.06</b>		3/29
8	55	Caitlyn RISHHELL	JR Salisbury	<b>58.13</b>		4/19
9	75	Ellissa SLADER	FR Messiah	<b>58.56</b>		4/11
9	75	Taylor WIEDERRECHT	JR Messiah	<b>58.56</b>		3/29

### Women's 800 Meters

1	<b>4</b>	Esther SEELAND	FR Messiah	<b>2:11.25</b>		4/20
2	<b>10</b>	Carly DANOSKI	JR Moravian	<b>2:13.14</b>		4/6
3	17	Rose CIRIELLO	SR Carnegie Mellon	<b>2:14.13</b>		4/13
4	18	Therese OLSHANSKI	SO Johns Hopkins	<b>2:14.20</b>		4/6
5	27	Ariel KEKLAK	FR Johns Hopkins	<b>2:15.18</b>		4/6
6	43	Arielle SUMMITT	FR Johns Hopkins	<b>2:16.72</b>		4/19
7	48	Shea MCCLOSKEY	JR Salisbury	<b>2:16.85</b>		4/19
8	50	Mary BERNOTAS	FR Eastern (Pa.)	<b>2:16.87</b>		4/13
9	52	Gina D'ADDARIO	SR Johns Hopkins	<b>2:16.96</b>		4/19
10	53	Allyson YANEGA	SO Dickinson	<b>2:17.16</b>		4/17

### Women's 1500 Meters

1	<b>9</b>	Therese OLSHANSKI	SO Johns Hopkins	<b>4:33.56</b>		4/13
2	<b>16</b>	Ariel KEKLAK	FR Johns Hopkins	<b>4:36.72</b>		4/13
3	19	Kierra ZACK	SR Eastern (Pa.)	<b>4:37.10</b>		4/13
4	29	Rose CIRIELLO	SR Carnegie Mellon	<b>4:38.61</b>		4/13
5	38	Sophie DREW	SR Haverford	<b>4:40.20</b>		4/19
6	39	Gina D'ADDARIO	SR Johns Hopkins	<b>4:40.39</b>		4/13
7	47	Allyson YANEGA	SO Dickinson	<b>4:41.35</b>		4/13
8	51	Erin BRUSH	SR Johns Hopkins	<b>4:41.92</b>		4/13
9	54	Ella BARAN	FR Johns Hopkins	<b>4:42.34</b>		4/19
10	59	Esther SEELAND	FR Messiah	<b>4:43.12</b>		3/29

### Women's Steeplechase

1	<b>2</b>	Tasha FREED	SR Johns Hopkins	<b>10:45.30</b>		4/13
2	<b>6</b>	Lauren JACOB	JR Johns Hopkins	<b>10:48.73</b>		4/25
3	35	Azia KALIL	JR Juniata	<b>11:25.65</b>		4/11
4	37	Kierra ZACK	SR Eastern (Pa.)	<b>11:26.79</b>		4/10
5	60	Courtney SARGENT	SR Penn State Behrend	<b>11:34.71</b>		4/6
6	61	Tara JOHNSON	JR King's College (Pa.)	<b>11:35.05</b>		3/30
7	64	Mary BERNOTAS	FR Eastern (Pa.)	<b>11:35.70</b>		4/10
8	66	Kate MOWREY	JR Lebanon Valley	<b>11:36.12</b>		4/11
9	88	Pamela MYERS	JR Eastern (Pa.)	<b>11:47.00</b>		4/13
10	93	Leanne WEAVER	JR Messiah	<b>11:48.20</b>		4/11

### Women's 5000 Meters

1	<b>5</b>	Sarah HOUSE	JR Dickinson	<b>16:49.66</b>		4/13
2	<b>9</b>	Caelyn REILLY	JR Johns Hopkins	<b>16:57.69</b>		4/25
3	<b>11</b>	Clare SCHOEN	JR Misericordia	<b>17:07.66</b>		4/6
4	<b>12</b>	Isabel CARDI	SO Dickinson	<b>17:08.52</b>		4/13
5	21	Emily STAHL	SR Johns Hopkins	<b>17:23.43</b>		4/25
6	23	Sam LEVY	JR Johns Hopkins	<b>17:26.22</b>		4/13
7	42	Abigail LEVINE	JR Carnegie Mellon	<b>17:41.64</b>		4/13
8	70	Rebecca PENNINGTON	FR Chatham	<b>17:52.24</b>		4/13
9	84	Emma JOHNSTON	SO Dickinson	<b>17:57.02</b>		3/30
10	88	Melissa FITZGIBBON	FR Elizabethtown	<b>17:57.62</b>		4/17

### Women's 10,000 Meters

1	<b>2</b>	Caelyn REILLY	JR Johns Hopkins	<b>34:56.05</b>		4/13
2	<b>4</b>	Clare SCHOEN	JR Misericordia	<b>35:27.93</b>		4/13
3	<b>14</b>	Emma JOHNSTON	SO Dickinson	<b>35:57.12</b>		4/13
4	36	Meaghan DRISCOLL	SR DeSales	<b>37:21.67</b>		3/29
5	51	Azia KALIL	JR Juniata	<b>37:51.24</b>		4/19
6	61	Meredith HARTZ	SR Misericordia	<b>38:03.96</b>		4/13
7	62	Abigail LEVINE	JR Carnegie Mellon	<b>38:04.47</b>		4/27
8	66	Rebecca PENNINGTON	FR Chatham	<b>38:13.49</b>		4/6
9	###	Erin REESE	JR Susquehanna	<b>38:49.57</b>		4/13
10	###	Colleen KERNAN	SR Elizabethtown	<b>38:52.34</b>		4/13



USTFCCA NCAA Division III Outdoor Track & Field  
Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

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Mideast

Women's 100 Meter Hurdles

1	17	Jennica TERRY	SO Bryn Mawr	14.65	(1.2)	4/19
2	23	Leah KENDRICK	JR Carnegie Mellon	14.73	(0.5)	4/27
3	29	Reilly WAGNER	SR Misericordia	14.79	(0.7)	4/12
4	44	Abby MCMINN	SR Messiah	14.91	(1.5)	4/11
5	67	Rachel PANEK	SO Stevenson	15.14w	(3.8)	4/11
6	70	Maya HAMMONDS	SR Johns Hopkins	15.17	(-0.2)	4/19
7	72	Nicole WEENINK	JR Eastern (Pa.)	15.18	(-0.8)	4/13
8	92	Olivia YOUNGER	FR Geneva	15.36w	(2.5)	3/23
9	97	Rachel WYLIE	JR Franklin & Marshall	15.37	(0.8)	4/20
10	###	Emily HARRINGTON	SO King's College (Pa.)	15.41	(-1.6)	4/17

Women's 400 Meter Hurdles

1	23	Rachel WYLIE	JR Franklin & Marshall	1:03.69		4/12
2	40	Rachel PANEK	SO Stevenson	1:04.42		4/19
3	41	Anna OSMAN	SR Moravian	1:04.43		4/19
4	45	Joanna BARANOWSKI	JR Carnegie Mellon	1:04.58		4/27
5	47	Reilly WAGNER	SR Misericordia	1:04.76		4/25
6	58	Leanne WEAVER	JR Messiah	1:05.30		4/17
7	61	Aishah DUKES	SR Widener	1:05.38		4/19
8	81	Daniela TORRES	SO Johns Hopkins	1:06.02		4/19
9	###	Kelsie KENNEDY	JR Messiah	1:06.68		4/27
10	###	Rachel PARR	SO Widener	1:06.69		4/19

Women's 4x100 Relay

1	23	Meier, Ebinama, Farley, Luton	Salisbury	48.42		4/13
2	53	Sloboh, Foster, Artis, Taylor	Wesley	49.16		4/13
3	61	Wiederrecht, McMinn, Longshaw, Wiederrecht	Messiah	49.32		4/11
4	71	Yuan, Reiling, Kendrick, Bhanja	Carnegie Mellon	49.47		4/27
5	73	Holt, Camacho, Vaules, Khanna	Swarthmore	49.51		4/19
6	85	Dorner, Hart, Wagner, Rine	Misericordia	49.69		4/17
7	90	Schwarz, Cress, Ward, Thomas	Westminster (Pa.)	49.72		4/12
8	96	Damron, Nwankpa, Ayuso, Raymond	Johns Hopkins	49.88		4/19
9	###	Speranza, Coleman, Rodebaugh, Hunt	Ursinus	49.92		4/13
10	###	Hinson, Raby, Panek, Hammond	Stevenson	49.95		3/29

Women's 4x400 Relay

1	17	Wiederrecht, Weaver, Seeland, Slader	Messiah	3:55.37		4/25
2	21	Ebinama, Farley, Rishell, Hairston	Salisbury	3:56.00		4/25
3	22	Camacho, Martinez, Covitz, Holt	Swarthmore	3:56.04		4/19
4	31	Baranowski, Ciriello, Reiling, Bhanja	Carnegie Mellon	3:58.59		4/27
5	39	Ford, Jones, Bernotas, Crawford	Eastern (Pa.)	4:00.18		4/25
6	43	Muccio, Wylie, Greene, Natoli	Franklin & Marshall	4:00.68		4/25
7	66	Miller, Sheppell, Wilkinson, Damron	Johns Hopkins	4:03.63		4/25
8	91	Yanega, Tabtiang, Matala, Yanega	Dickinson	4:06.87		4/25
9	###	Gasser, Durrwachter, Mayer, Coleman	Ursinus	4:07.95		3/29
10	###	Osman, Weaver, Renner, Danoski	Moravian	4:08.24		4/12

Women's High Jump

1	2	Taylor WIEDERRECHT	JR Messiah	1.72m	5-7¾	4/9
2	14	Reilly WAGNER	SR Misericordia	1.66m	5-5¼	4/27
3	29	Kelli GARRIOTT	FR Elizabethtown	1.63m	5-4¼	4/11
3	29	Jessica ATTIEH	FR Lebanon Valley	1.63m	5-4¼	4/11
3	29	Rae Rae TAYLOR	SO Penn State Harrisbur	1.63m	5-4¼	4/27
3	29	Maya HAMMONDS	SR Johns Hopkins	1.63m	5-4¼	4/27
7	42	Tessa ALLEN	JR Carnegie Mellon	1.62m	5-3¾	4/27
8	56	Caroline BANAS	SO Scranton	1.60m	5-3	4/17
8	56	Sara GRAY	JR Gwynedd-Mercy	1.60m	5-3	4/10
10	94	Hannah WETZEL	FR Gallaudet	1.58m	5-2¼	4/27
10	94	Abigail SHEERER	JR Widener	1.58m	5-2¼	4/6

Women's Pole Vault

1	14	Kyleigh DUMAS	JR Salisbury	3.75m	12-3½	4/13
2	18	Morgan GOSSARD	FR Westminster (Pa.)	3.73m	12-2¾	3/30
3	32	Haley YENCHIK	SR Penn State Behrend	3.60m	11-9¾	3/23
4	47	Michelle KARABIN	JR Carnegie Mellon	3.53m	11-7	4/18
5	58	Sophia CORTAZZO	JR Johns Hopkins	3.45m	11-3¾	4/19
6	80	Annie GUTIERREZ	SO Johns Hopkins	3.35m	10-11¾	4/12
7	91	Jaime THOMPSON	JR Westminster (Pa.)	3.33m	10-11	4/18
8	###	Olivia FALON	JR Lebanon Valley	3.23m	10-7	4/17
9	###	Morgan COPE	SR Ursinus	3.22m	10-6¾	3/23
10	###	Miranda GARD	SO Chatham	3.20m	10-6	4/17
10	###	Joanna BARANOWSKI	JR Carnegie Mellon	3.20m	10-6	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

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## Mideast

### Women's Long Jump

1	<b>1</b>	Maya HAMMONDS	SR	Johns Hopkins	<b>5.93m</b>	19-5½ (0.0)	4/27
2	<b>10</b>	Nicole WEENINK	JR	Eastern (Pa.)	<b>5.68m</b>	18-7¾ (1.5)	4/10
3	26	Rae Rae TAYLOR	SO	Penn State Harrisbur	<b>5.55mw</b>	18-2½ (2.4)	4/17
4	45	Sarah LEHMAN	SO	Penn State Harrisbur	<b>5.47m</b>	17-11½ (1.6)	4/17
5	51	Rainah DUNHAM	SO	Gwynedd-Mercy	<b>5.45m</b>	17-10¾ (0.4)	3/29
6	83	Kimberly HAMMOND	SO	Stevenson	<b>5.36m</b>	17-7 (-2.3)	4/17
7	95	Reilly WAGNER	SR	Misericordia	<b>5.31m</b>	17-5¼ (-0.7)	4/12
7	95	Taylor WIEDERRECHT	JR	Messiah	<b>5.31m</b>	17-5¼ (0.9)	4/11
9	###	Katlyn ADAMS	JR	Grove City	<b>5.25m</b>	17-2¾ (0.2)	4/6
10	###	Selena THOMAS	SO	Westminster (Pa.)	<b>5.22m</b>	17-1½ (0.0)	4/6
10	###	Hannah WETZEL	FR	Gallaudet	<b>5.22m</b>	17-1½ (0.0)	4/20
10	###	Autumn HAIR	SR	Carnegie Mellon	<b>5.22m</b>	17-1½ (1.7)	4/18

### Women's Triple Jump

1	<b>8</b>	Nicole WEENINK	JR	Eastern (Pa.)	<b>11.78m</b>	38-7¾ (0.0)	3/29
2	<b>10</b>	Sarah LEHMAN	SO	Penn State Harrisbur	<b>11.77m</b>	38-7½ (1.2)	4/17
2	<b>10</b>	Rainah DUNHAM	SO	Gwynedd-Mercy	<b>11.77mw</b>	38-7½ (2.6)	4/27
4	28	Rae Rae TAYLOR	SO	Penn State Harrisbur	<b>11.49m</b>	37-8½ (1.9)	4/27
5	51	Veronica MONTANE	SO	Johns Hopkins	<b>11.24m</b>	36-10½ (1.3)	4/12
6	60	Tatiana DORNER	FR	Misericordia	<b>11.20m</b>	36-9 (-0.5)	3/29
6	60	Sara ARBOGAST	SO	Susquehanna	<b>11.20m</b>	36-9 (1.2)	3/30
8	71	Hannah WETZEL	FR	Gallaudet	<b>11.13m</b>	36-6¼ (0.0)	4/20
9	80	Alexis BADDICK	JR	Misericordia	<b>11.07mw</b>	36-4 (3.6)	4/27
10	###	Corrin FERRIZZI	FR	Muhlenberg	<b>10.94m</b>	35-10¾ (-0.	4/6

### Women's Shot Put

1	17	Clay CONLEY	JR	Swarthmore	<b>13.36m</b>	43-10	4/19
2	28	Danika ANI	JR	Stevenson	<b>13.12m</b>	43-½	3/29
3	31	Jess REGA	SR	Stevenson	<b>12.98m</b>	42-7	4/25
4	50	Brenna KARNISH	SO	Misericordia	<b>12.59m</b>	41-3¾	4/6
5	91	Anna COONEY	FR	Widener	<b>12.18m</b>	39-11½	4/19
6	###	Kristen SIPLING	FR	Alvernia	<b>11.92m</b>	39-1¼	4/17
7	###	Olivia ROTH	FR	York (Pa.)	<b>11.83m</b>	38-9¾	4/6
7	###	Kelsey NEFF	SO	Johns Hopkins	<b>11.83m</b>	38-9¾	4/6
9	###	Lindsey POWERS	SR	Franklin & Marshall	<b>11.77m</b>	38-7½	4/27
10	###	Alyssa MCMINN	SR	Messiah	<b>11.70m</b>	38-4¾	4/6

### Women's Discus

1	<b>6</b>	Alyssa MCMINN	SR	Messiah	<b>45.86m</b>	150-6	4/20
2	24	Mikayla BISIGNANI	SO	Johns Hopkins	<b>43.14m</b>	141-7	4/12
3	76	Melinda CORNWALL	FR	Carnegie Mellon	<b>39.61m</b>	130-0	4/27
4	###	Brenna KARNISH	SO	Misericordia	<b>38.05m</b>	124-10	4/17
5	###	Rachel VRESILOVIC	JR	Swarthmore	<b>37.81m</b>	124-1	4/6
6	###	Taylor GUNTER	SR	Goucher	<b>37.66m</b>	123-7	4/5
7	###	Cydney FRANCIS	FR	Chatham	<b>37.55m</b>	123-3	4/17
8	###	Clay CONLEY	JR	Swarthmore	<b>37.44m</b>	122-10	4/19
9	###	Krista SUDAR	SO	Washington & Jeffer	<b>37.27m</b>	122-4	4/25
10	###	Alecia ROHRER	SR	Messiah	<b>36.78m</b>	120-8	3/29

### Women's Hammer

1	<b>6</b>	Allison REUTER	SR	Widener	<b>53.39m</b>	175-2	3/29
2	47	Taylor RUNO	SR	King's College (Pa.)	<b>48.33m</b>	158-7	4/27
3	52	Lauren DIOSES	SR	Stevenson	<b>48.19m</b>	158-1	4/17
4	###	Alyssa MCMINN	SR	Messiah	<b>45.35m</b>	148-10	4/17
5	###	Imani HASELL	SO	Salisbury	<b>45.21m</b>	148-4	4/6
6	###	Keirstin TAWNEY	JR	Frostburg State	<b>45.05m</b>	147-10	4/20
7	###	Reiley GAITA	FR	DeSales	<b>45.04m</b>	147-9	4/6
8	###	Allison BISHOP	SR	Stevenson	<b>44.82m</b>	147-1	4/17
9	###	Holly VAN WIE	SR	Frostburg State	<b>44.57m</b>	146-3	4/11
10	###	Anna COONEY	FR	Widener	<b>43.88m</b>	144-0	3/29

### Women's Javelin

1	<b>4</b>	Veronica MONTANE	SO	Johns Hopkins	<b>43.74m</b>	143-6	4/19
2	<b>12</b>	Cayle SPENCER	JR	King's College (Pa.)	<b>41.96m</b>	137-8	4/27
3	25	Francesca KASPAR	SO	DeSales	<b>40.00m</b>	131-3	4/19
3	25	Kylie ORNDORF	SR	Juniata	<b>40.00m</b>	131-3	3/23
5	39	Alecia ROHRER	SR	Messiah	<b>39.02m</b>	128-0	4/11
6	40	Jordan SIMPSON	JR	Waynesburg	<b>39.01m</b>	128-0	4/6
7	41	Elaine ROBERTSON	FR	Grove City	<b>38.93m</b>	127-9	4/6
8	50	Maya ZIMMERMAN	SO	Swarthmore	<b>38.48m</b>	126-3	4/26
9	57	Saraly GONZALEZ	FR	Juniata	<b>38.10m</b>	125-0	3/30
10	58	Sarah FAKE	SO	Elizabethtown	<b>38.06m</b>	124-11	4/17

### Women's Heptathlon

1	<b>7</b>	Taylor WIEDERRECHT	JR	Messiah	<b>4,575</b>		4/11
2	<b>8</b>	Maya HAMMONDS	SR	Johns Hopkins	<b>4,563</b>		4/11
3	<b>9</b>	Rae Rae TAYLOR	SO	Penn State Harrisbur	<b>4,550</b>		4/11
4	<b>15</b>	Rachel PANEK	SO	Stevenson	<b>4,421</b>		4/11
5	42	Annie GUTIERREZ	SO	Johns Hopkins	<b>3,935</b>		4/11
6	61	Lindsey GLADDEN	JR	Marywood	<b>3,679</b>		4/11
7	62	Cat WAIN	SR	Johns Hopkins	<b>3,677</b>		4/11
8	79	Susanna PIROLLO	SO	Alvernia	<b>3,491</b>		4/11
9	###	Joelle WASH	FR	Eastern (Pa.)	<b>3,179</b>		4/11
10	###	Regie ROBINSON	JR	Eastern (Pa.)	<b>3,144</b>		4/11



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## Midwest

### Women's 100 Meters

1	8	Favor EZEWUZIE	JR Wheaton (Ill.)	12.13	(-0.7)	4/6
2	12	Hannah WILLHITE	JR Augustana (Ill.)	12.18	(1.1)	3/23
3	14	Tymesia MCFADDEN	SR UW-Stout	12.20	(2.0)	4/18
4	16	Andrea HYDE	JR Illinois College	12.21	(1.6)	4/13
4	16	Kayla ARMSTRONG	SO Concordia Chicago	12.21w	(2.1)	4/6
6	19	Savannah RYGIWICZ	SO UW-La Crosse	12.23	(0.5)	4/6
7	37	Mary MARTIN	JR Chicago	12.34	(0.9)	4/27
8	48	Audrey MAKOPE	FR St. Norbert	12.37	(1.3)	4/26
8	48	Aminah CRAWFORD	SO Beloit	12.37w	(2.5)	4/19
10	55	Amy CHEN	SO UW-Eau Claire	12.38	(1.1)	4/6

### Women's 1500 Meters

1	24	Morgan MAREK	SR UW-Eau Claire	4:37.52	4/18
2	46	Natalie ROGUS	SR Washington (Mo.)	4:41.13	4/27
3	50	Libby BRUGGER	JR UW-La Crosse	4:41.91	4/18
4	60	Molly SHEPHERD	SR Washington (Mo.)	4:43.17	4/27
5	61	Emma ROBERTS	JR Benedictine (Ill.)	4:43.26	4/6
6	63	Johanna MEISTER	JR UW-Platteville	4:43.33	4/6
7	67	Abigail MARTIN	SR Washington (Mo.)	4:43.62	3/23
8	74	Hannah LOHRENZ	SO UW-Oshkosh	4:44.24	4/18
9	89	Hanna REED	SR UW-Eau Claire	4:45.35	4/6
10	93	Emma DRANGSTVEIT	SO UW-Eau Claire	4:45.62	4/6

### Women's 200 Meters

1	3	Kayla ARMSTRONG	SO Concordia Chicago	24.47w	(2.1)	4/6
2	10	Favor EZEWUZIE	JR Wheaton (Ill.)	24.94	(-1.8)	4/6
3	11	Natasha BROWN	SR Wheaton (Ill.)	24.95	(-0.1)	4/12
4	13	Savannah RYGIWICZ	SO UW-La Crosse	25.10	(1.6)	4/18
5	15	Hannah MERTENS	SR UW-Stevens Point	25.12	(1.6)	4/18
6	32	Hannah WILLHITE	JR Augustana (Ill.)	25.28	(-1.6)	4/5
7	34	Lauren WRENSCH	SR UW-Oshkosh	25.30	(1.4)	4/5
8	39	Mary MARTIN	JR Chicago	25.34	(-0.4)	4/27
8	39	Kelsey MCLAURIN	SO North Central (Ill.)	25.34	(0.9)	4/16
10	51	Jordan PECKHAM	FR Monmouth (Ill.)	25.45w	(2.7)	4/27

### Women's Steeplechase

1	14	Graceanne TARSA	SR St. Norbert	10:55.29	4/25
2	20	Molly SHEPHERD	SR Washington (Mo.)	11:11.95	4/27
3	34	Brittany STAAB	JR UW-Stout	11:25.53	4/18
4	38	Hannah LAMACK	SO UW-Eau Claire	11:26.80	4/18
5	54	Payton FORS	JR Washington (Mo.)	11:31.89	4/13
6	68	Dianne BARAJAS	SR North Central (Ill.)	11:38.01	4/23
7	70	Emma MALOOLY	SO UW-La Crosse	11:39.12	4/18
8	72	Jessie BRAUN	SO UW-Whitewater	11:40.28	4/18
9	73	Annemarie MICHAEL	SO Washington (Mo.)	11:41.12	4/13
10	74	Becca MAXWELL	SR UW-Stout	11:41.69	4/18

### Women's 400 Meters

1	6	Kayla ARMSTRONG	SO Concordia Chicago	56.33	4/16
2	8	Nicole VACAGUZMAN	SR Chicago	56.72	4/12
3	18	Maddie LEBRUN	JR St. Norbert	57.28	4/6
4	21	Lauren WRENSCH	SR UW-Oshkosh	57.38	4/18
5	38	Simone WILSON	SO Concordia Chicago	57.67	4/23
6	39	Mary MARTIN	JR Chicago	57.71	4/16
7	40	Sarah DUFF	SR St. Norbert	57.75	3/21
8	41	Katie EASTBURN	JR Augustana (Ill.)	57.78	3/30
9	45	Kaitlin BONNEY	SO North Central (Ill.)	57.81	4/6
10	48	Jordan PECKHAM	FR Monmouth (Ill.)	58.01	4/27

### Women's 5000 Meters

1	25	Linsey TOLKKINEN	SR UW-River Falls	17:30.00	4/13
2	27	Sam SLATTERY	JR UW-Eau Claire	17:30.11	4/13
3	38	Katie WARDINSKI	SR UW-Platteville	17:39.02	4/13
4	61	Hannah BEILKE	SR UW-La Crosse	17:49.47	4/13
5	63	Molly PERKINS	JR UW-Stout	17:50.27	4/13
6	75	Emma DRANGSTVEIT	SO UW-Eau Claire	17:54.47	4/13
7	77	Lisa GORHAM	SR Washington (Mo.)	17:55.45	4/13
8	80	Sophie ELGAMAL	SO Chicago	17:55.85	3/29
9	85	Jackie SCHANE	SR Aurora	17:57.07	4/12
10	91	Paige LAWLER	JR Washington (Mo.)	17:58.63	4/13

### Women's 800 Meters

1	3	Nicole VACAGUZMAN	SR Chicago	2:10.66	4/27
2	18	Mackenzie DIXON	SO Millikin	2:14.20	4/13
3	28	Erika JOHNSON	SR Wheaton (Ill.)	2:15.40	4/24
4	34	Meredith SOWERS	JR Webster	2:16.17	4/13
5	40	Grace BRISTOW	FR Washington (Mo.)	2:16.65	4/13
6	55	Hannah LOHRENZ	SO UW-Oshkosh	2:17.32	4/25
7	57	Sara MESIANO	SR Washington (Mo.)	2:17.37	4/19
8	58	Emily STEGMEIER	SO Washington (Mo.)	2:17.38	4/13
9	60	Ashley BUADO	JR North Central (Ill.)	2:17.46	4/13
10	66	Natalie ROGUS	SR Washington (Mo.)	2:17.60	4/13

### Women's 10,000 Meters

1	8	Aly WAYNE	SR Washington (Mo.)	35:39.62	3/29
2	10	Sophie WATTERSON	JR Washington (Mo.)	35:52.43	3/29
3	15	Linsey TOLKKINEN	SR UW-River Falls	35:57.41	4/18
4	16	Hannah BEILKE	SR UW-La Crosse	35:58.12	4/18
5	18	Katie WARDINSKI	SR UW-Platteville	35:59.16	4/18
6	21	Katie SNODGRASS	SO Washington (Mo.)	36:50.05	3/29
7	23	Abigail SHOEMAKER	SO Chicago	36:54.70	4/27
8	25	Claire BROCKWAY	JR Chicago	36:55.69	4/27
9	26	Maggie BOUDREAU	JR Chicago	36:56.27	4/27
10	29	Jackie SCHANE	SR Aurora	37:03.62	3/29



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

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## Midwest

### Women's 100 Meter Hurdles

1	4	Caira WATSON-HAYNES	SO	Washington (Mo.)	14.33	(1.3)	4/5
2	6	Favor EZEWUZIE	JR	Wheaton (Ill.)	14.42	(1.4)	3/23
3	14	J'Laan PITTMAN	SR	Washington (Mo.)	14.60	(0.3)	4/19
4	15	Sylvianne MOMONT	JR	UW-Stevens Point	14.63	(0.5)	4/6
5	18	Tommie BRENNER	SR	UW-Eau Claire	14.66w		4/13
6	22	Shanna LAEHN	SR	UW-Stout	14.71	(1.8)	4/18
7	35	Elise RUUD	JR	North Park	14.84w	(3.3)	4/25
8	41	Vanessa CALDWELL	JR	Monmouth (Ill.)	14.89	(2.0)	4/27
9	44	Katie SCHILLING	SO	UW-Platteville	14.91	(0.5)	4/6
10	49	Isabelle KICK	JR	UW-La Crosse	14.99	(1.8)	4/18

### Women's 400 Meter Hurdles

1	6	Jessica FRANKLIN	FR	Illinois Wesleyan	1:02.27		4/6
2	8	Simone WILSON	SO	Concordia Chicago	1:02.31		4/24
3	10	Erin LUKENS	SR	Millikin	1:02.51		4/27
4	24	Katie SCHILLING	SO	UW-Platteville	1:03.70		4/18
5	26	Ava FORMAN	FR	Washington (Mo.)	1:03.75		4/27
6	29	Vanessa CALDWELL	JR	Monmouth (Ill.)	1:03.81		4/27
7	30	Josephine SIMON	SO	Washington (Mo.)	1:03.83		4/27
8	34	Rachel NOVICK	SO	Washington (Mo.)	1:04.19		4/27
9	36	Anna COSSIO	JR	Washington (Mo.)	1:04.32		4/27
10	38	Meredith SOWERS	JR	Webster	1:04.38		4/6

### Women's 4x100 Relay

1	6	McGee, Ezewuzie, Jones, Brown		Wheaton (Ill.)	47.41		4/12
2	8	Stelzner, Aldrich, Siehr, Rygiewicz		UW-La Crosse	47.83		4/18
3	13	Chen, Kochendorfer, Fahey, Agrimson		UW-Eau Claire	48.09		4/18
4	24	Pittman, Groos, Watson-Haynes, Jose		Washington (Mo.)	48.45		4/19
5	25	McFadden, Laehn, Nelson, Mallek		UW-Stout	48.47		3/29
6	31	Eastburn, Willhite, Ubungen, Peterson		Augustana (Ill.)	48.74		3/23
7	39	Garcia, McLaurin, Harris, Grady		North Central (Ill.)	48.89		4/6
8	40	Porter, Molette, Leitschuh, Hyde		Illinois College	48.91		4/13
9	41	Crawford, Dade, Laun-Smith, Heinzen		Beloit	48.92		4/13
10	51	Bennett, Martin, Naibryf, Maletich		Chicago	49.10		4/12

### Women's 4x400 Relay

1	6	Vacaguzman, Fitzpatrick, Naibryf, Martin		Chicago	3:50.92		4/27
2	8	Duff, McClone, LeBrun, Purdue		St. Norbert	3:52.15		4/24
3	10	Bonney, McLaurin, Grady, McCadd		North Central (Ill.)	3:52.99		4/24
4	14	Wrensch, Pralle, Demco, Denu		UW-Oshkosh	3:54.27		4/24
5	15	Platzbecker, Schroeder, Rygiewicz, Banie		UW-La Crosse	3:54.48		4/24
6	16	Keena, Wallace, Olsen, Hecker		UW-Eau Claire	3:55.31		4/24
7	25	Dudley, Hansen, Forman, Novick		Washington (Mo.)	3:56.27		4/27
8	30	Glatz, Willhite, Wajner, Eastburn		Augustana (Ill.)	3:58.52		4/24
9	32	Falk, Alter, Wellhausen, Mertens		UW-Stevens Point	3:59.01		4/18
10	33	Favino, McGee, Daghfal, Matzal		Wheaton (Ill.)	3:59.71		4/12

### Women's High Jump

1	3	Laura DARCEY	JR	Chicago	1.71m	5-7¼	4/27
2	10	Bailey WALDHAUSER	SO	UW-Eau Claire	1.68m	5-6	4/25
3	16	Stephanie PLADIES	SR	UW-Stout	1.65m	5-5	4/18
3	16	Taiah GALLISATH	JR	North Central (Ill.)	1.65m	5-5	4/12
5	27	Sarah GOMEZ	FR	Carroll (Wis.)	1.64m	5-4½	3/28
6	29	Aleeka GENTZLER	SR	Monmouth (Ill.)	1.63m	5-4¼	4/13
6	29	Sylvianne MOMONT	JR	UW-Stevens Point	1.63m	5-4¼	4/13
6	29	Lizz OTTUSCH	SR	UW-Eau Claire	1.63m	5-4¼	4/25
6	29	Raelin SORENSEN	JR	UW-Stout	1.63m	5-4¼	4/18
10	42	Tyrani WHITE	SO	Carthage	1.62m	5-3¾	4/26
10	42	Katie LINDQUIST	SR	Wheaton (Ill.)	1.62m	5-3¾	4/16

### Women's Pole Vault

1	4	Julia DANNENBAUM	SO	Washington (Mo.)	3.90m	12-9½	4/5
2	5	Heidi NASSOS	SR	Washington (Mo.)	3.88m	12-8¾	4/27
3	12	Mackenzie BUTCHER	SR	Augustana (Ill.)	3.76m	12-4	3/30
4	22	Rachel ZASTROW	SR	UW-La Crosse	3.71m	12-2	4/18
5	24	Hannah POSICK	SR	UW-La Crosse	3.66m	12-0	4/25
6	25	Isabel GARON	JR	Chicago	3.65m	11-11¾	4/12
6	25	Kathy MYRDA	FR	North Central (Ill.)	3.65m	11-11¾	4/12
6	25	Eve MEINTZ	FR	Benedictine (Ill.)	3.65m	11-11¾	4/12
6	25	Kimberly ROBERTSON	SO	UW-River Falls	3.65m	11-11¾	4/24
10	32	Heather BEECHER	JR	UW-Stout	3.60m	11-9¾	4/6
10	32	Brittany EHLEN	SR	UW-Platteville	3.60m	11-9¾	4/13



USTFCCA NCAA Division III Outdoor Track & Field  
Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

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Midwest

Women's Long Jump

1	2	Lauren WRENSCH	SR UW-Oshkosh	5.89m	19-4 (0.0)	3/28
2	8	Isabel MALETICH	FR Chicago	5.70m	18-8½ (2.0)	4/27
3	12	Favor EZEWUZIE	JR Wheaton (Ill.)	5.66m	18-7 (0.0)	4/6
4	14	Ashley AGRIMSON	SO UW-Eau Claire	5.65mw	18-6¼ (2.7)	4/18
5	16	Laura DARCEY	JR Chicago	5.63m	18-5¾ (0.0)	4/27
6	23	Eva LAUN-SMITH	SO Beloit	5.56mw	18-3 (3.0)	3/14
7	29	Eka JOSE	SO Washington (Mo.)	5.54m	18-2¼ (0.3)	4/27
8	31	Megan WALLACE	SO UW-Eau Claire	5.53m	18-1¾	4/13
8	31	Jerica KOTARAK	SR MSOE	5.53mw	18-1¾ (2.9)	4/18
10	43	Nicole LORD	FR UW-La Crosse	5.48m	17-11¾ (2.0)	4/18

Women's Triple Jump

1	1	Eka JOSE	SO Washington (Mo.)	12.00m	39-4½ (0.1)	4/5
2	3	Heidi NASSOS	SR Washington (Mo.)	11.97m	39-3¼ (0.0)	4/27
3	13	Kelsey MCLAURIN	SO North Central (Ill.)	11.68m	38-4 (1.3)	4/6
4	14	Betsy SCHREIER	SR UW-La Crosse	11.67m	38-3¼ (1.5)	4/6
4	14	Eva LAUN-SMITH	SO Beloit	11.67m	38-3½ (1.6)	4/6
6	19	Alicia GUPTÉ	FR Washington (Mo.)	11.59m	38-¼ (0.6)	3/23
7	36	Jerica KOTARAK	SR MSOE	11.40m	37-5 (1.3)	4/18
7	36	Isabel MALETICH	FR Chicago	11.40m	37-5 (-4.2)	4/27
9	45	Lena RAMSEY	SO Beloit	11.29m	37-½ (0.6)	4/6
10	47	Kady KOCHENDORFER	FR UW-Eau Claire	11.26m	36-11½ (1.7)	4/6

Women's Shot Put

1	2	Erica OAWSTER	SR UW-Eau Claire	14.47m	47-5¾	4/6
2	3	Isabella SAMUELS	SR UW-Oshkosh	14.43m	47-4¼	4/5
3	5	Elizabeth WILLIS	JR Carthage	14.30m	46-11	4/18
4	9	Skye DIGMAN	FR UW-La Crosse	13.76m	45-1¾	4/6
5	15	Sarah SCHMIDT	JR Carthage	13.40m	43-11¾	4/18
6	18	Brianna SCHYVINCK	JR UW-La Crosse	13.35m	43-9¾	4/13
6	18	Rachel BEUTHIN	JR UW-Platteville	13.35m	43-9¾	4/6
8	25	Katie GONTERMAN	SO Aurora	13.17m	43-2½	4/6
9	26	Karen WETHAL	SR UW-Stevens Point	13.16m	43-2¼	4/18
10	29	Larkin HOEPNER	JR UW-Stevens Point	13.08m	42-11	4/13

Women's Discus

1	3	Erica OAWSTER	SR UW-Eau Claire	47.25m	155-0	4/6
2	4	Elizabeth WILLIS	JR Carthage	46.51m	152-7	4/18
3	10	Larkin HOEPNER	JR UW-Stevens Point	45.28m	148-7	4/6
4	11	Sarah SCHMIDT	JR Carthage	45.18m	148-3	4/18
5	14	Skye DIGMAN	FR UW-La Crosse	44.63m	146-5	4/18
6	20	Karen WETHAL	SR UW-Stevens Point	43.85m	143-11	4/26
7	26	Jessica WILSON	SR Concordia Chicago	42.92m	140-10	4/25
8	48	Morgan DAVISTER	FR Carroll (Wis.)	41.01m	134-7	4/13
9	53	Rachel BEUTHIN	JR UW-Platteville	40.65m	133-5	4/18
10	55	Ayana BLAIR	SO Illinois Wesleyan	40.55m	133-1	4/27

Women's Hammer

1	3	Jocelyn OCON	JR Aurora	53.66m	176-1	4/16
2	5	Elizabeth WILLIS	JR Carthage	53.42m	175-3	4/13
3	9	Emily UITENBROEK	JR Carroll (Wis.)	52.81m	173-3	4/6
4	11	Morgan DENTON	SO UW-Stout	52.69m	172-11	4/13
5	12	Sarah SCHMIDT	JR Carthage	52.51m	172-4	4/18
6	16	Larkin HOEPNER	JR UW-Stevens Point	51.41m	168-8	4/6
7	18	Naomi YAMANE	SR North Central (Ill.)	51.15m	167-10	3/30
8	20	Jessica WILSON	SR Concordia Chicago	51.06m	167-6	4/25
9	25	Mikaela ZOLECKI	JR UW-Oshkosh	50.62m	166-1	4/13
10	30	Pamela GRAMER	SO UW-La Crosse	50.33m	165-2	4/6

Women's Javelin

1	13	Alex GRUBBS	JR UW-Stevens Point	41.86m	137-4	4/6
2	20	Ally STEGER	JR UW-Oshkosh	40.58m	133-2	4/13
3	33	Adriana RAMIREZ	SR Aurora	39.43m	129-5	4/24
4	44	Caycee BEAN	JR UW-La Crosse	38.85m	127-6	4/6
5	65	Danielle STUBNER	SO North Central (Ill.)	37.66m	123-7	4/12
6	68	Rachel KERSHNER	SR Washington (Mo.)	37.56m	123-3	4/27
7	74	Emily UITENBROEK	JR Carroll (Wis.)	37.37m	122-7	4/13
8	82	Caitlyn ADAMS	JR Carroll (Wis.)	36.68m	120-4	4/13
9	95	Brooke HARMON	JR Augustana (Ill.)	35.94m	117-11	3/30
10	###	Abigail MISSIAEN	SO UW-Whitewater	35.65m	117-0	4/18

Women's Heptathlon

1	4	Megan WALLACE	SO UW-Eau Claire	4,745		4/18
2	5	Laura DARCEY	JR Chicago	4,684		4/16
3	11	Sylviann MOMONT	JR UW-Stevens Point	4,508		4/18
4	13	Callista DECRAMER	JR Ripon	4,479		4/26
5	25	Sarah WISEMAN	JR St. Norbert	4,258		4/26
6	27	Kemmesha THOMAS	JR UW-La Crosse	4,198		4/18
7	31	Hailey DAMMEIER	SR North Central (Ill.)	4,109		4/16
8	38	Briana SIMONIS	JR UW-Stevens Point	3,991		4/18
9	43	Stephanie PLADIES	SR UW-Stout	3,918		4/18
10	54	Abigail MISSIAEN	SO UW-Whitewater	3,787		4/18



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

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## New England

### Women's 100 Meters

1	<b>14</b>	Eleni GRAMMAS	SR	Rhode Island College	<b>12.20</b>	(0.2)	3/22
2	29	Fatima ST. HILAIRE	SR	Regis (Mass.)	<b>12.31</b>	(1.0)	4/19
3	37	Briana GAUSLAND	JR	Wheaton (Mass.)	<b>12.34w</b>	(2.6)	3/14
3	37	Angelina RAFFONE	JR	Babson	<b>12.34</b>	(1.7)	3/16
5	44	Kennedy GREEN	SR	Williams	<b>12.36</b>	(1.0)	4/20
5	44	Brittney MCKINLEY	SO	Bowdoin	<b>12.36</b>	(0.3)	4/19
7	82	Kiara TAN	FR	Williams	<b>12.48</b>	(1.0)	3/23
8	94	Morgan HALLOW	SR	Trinity (Conn.)	<b>12.52w</b>	(3.3)	4/20
8	94	Taymise SANDERS	SO	Newbury	<b>12.52</b>	(1.4)	4/20
10	###	Jayci ANDREWS	JR	Bridgewater State	<b>12.55</b>	(1.0)	4/19
10	###	Ahriyan BROWN	JR	Eastern Connecticut	<b>12.55</b>	(1.0)	4/19

### Women's 200 Meters

1	27	Eleni GRAMMAS	SR	Rhode Island College	<b>25.23w</b>	(2.8)	4/20
2	42	Gretchen MCGRATH	SO	Middlebury	<b>25.38</b>	(1.4)	4/20
3	53	Brittney MCKINLEY	SO	Bowdoin	<b>25.46</b>	(1.3)	3/15
4	57	Caitlin UBL	SR	Williams	<b>25.51</b>	(1.6)	3/21
5	64	Taymise SANDERS	SO	Newbury	<b>25.57</b>	(1.9)	4/20
6	74	Morgan HALLOW	SR	Trinity (Conn.)	<b>25.66</b>	(-0.8)	4/12
7	78	Kennedy GREEN	SR	Williams	<b>25.68</b>	(1.6)	3/30
7	78	Kiara TAN	FR	Williams	<b>25.68w</b>	(2.1)	4/13
9	80	Emma LANDROCHE	JR	Rhode Island College	<b>25.70</b>	(0.7)	4/13
10	###	Michelle MENKITI	JR	MIT	<b>25.81</b>	(1.6)	4/6

### Women's 400 Meters

1	17	Alexa POPP	SR	Westfield State	<b>57.27</b>		4/6
2	24	Morgan HALLOW	SR	Trinity (Conn.)	<b>57.48</b>		4/6
2	24	Jenny AGUIAR	SR	Wesleyan (Conn.)	<b>57.48</b>		3/30
4	36	Ayden EICKHOFF	SR	Bates	<b>57.64</b>		4/19
5	37	Megan POWELL	JR	Williams	<b>57.65</b>		3/9
6	43	Adora LAWRENCE	JR	Coast Guard	<b>57.80</b>		4/27
7	52	Ella DUNN	SO	Williams	<b>58.08</b>		3/23
8	66	Hayley BRODEUR	JR	Eastern Connecticut	<b>58.42</b>		4/13
8	66	Rachel LEONARD	SR	Colby	<b>58.42</b>		3/22
10	69	Anna BECK	JR	Coast Guard	<b>58.44</b>		4/6

### Women's 800 Meters

1	<b>6</b>	Anna PASSANNANTE	JR	Williams	<b>2:11.87</b>		3/9
2	<b>8</b>	Bailey TREGONING	SR	MIT	<b>2:12.34</b>		4/20
3	<b>11</b>	Doyin OGUNDIRAN	SR	Brandeis	<b>2:13.20</b>		4/27
4	<b>14</b>	Margaret TRAUTNER	JR	MIT	<b>2:13.61</b>		4/20
5	<b>16</b>	Cassidy KEARNEY	FR	Middlebury	<b>2:13.76</b>		3/9
6	20	Ayden EICKHOFF	SR	Bates	<b>2:14.41</b>		4/27
7	22	Rhemi TOTH	JR	Tufts	<b>2:14.79</b>		4/12
8	29	Meg WILSON	JR	Middlebury	<b>2:15.48</b>		4/12
9	35	Abby SCOTT	FR	Williams	<b>2:16.39</b>		4/13
10	36	Rebecca LOPEZ-ANIDO	SO	Wesleyan (Conn.)	<b>2:16.46</b>		4/27

### Women's 1500 Meters

1	<b>1</b>	Emily BRYSON	SR	Brandeis	<b>4:23.02</b>		4/20
2	<b>8</b>	Anna PASSANNANTE	JR	Williams	<b>4:33.19</b>		4/13
3	<b>10</b>	Abigail NADLER	SR	Middlebury	<b>4:33.81</b>		3/23
4	<b>12</b>	Tasha GREENE	SO	Middlebury	<b>4:35.21</b>		3/9
5	<b>14</b>	Christina SCARTELLI	SR	Amherst	<b>4:36.59</b>		4/12
6	<b>15</b>	Emily MANFRA	SO	Suffolk	<b>4:36.63</b>	(4:58.76(1))	4/12
7	17	Kaitlyn MOONEY	SO	Coast Guard	<b>4:36.94</b>		3/30
8	20	Ayden EICKHOFF	SR	Bates	<b>4:37.11</b>		4/27
9	21	Cassidy KEARNEY	FR	Middlebury	<b>4:37.23</b>		4/12
10	22	Anna BARNES	SR	Trinity (Conn.)	<b>4:37.29</b>		4/12

### Women's Steeplechase

1	<b>4</b>	Jenna MELANSON	JR	MIT	<b>10:47.87</b>		4/20
2	<b>11</b>	Grace COWLES	SO	Wellesley	<b>10:54.53</b>		4/27
3	18	Emily HARRIS	SR	Williams	<b>11:09.97</b>		4/20
4	23	Kelsey TIERNEY	SR	Tufts	<b>11:14.73</b>		4/6
5	25	Jac GUERRA	FR	Brandeis	<b>11:15.50</b>		4/27
6	30	Sara PINSONAULT	JR	Wesleyan (Conn.)	<b>11:20.68</b>		4/27
7	33	Tarvis HINTLIAN	SO	Connecticut College	<b>11:24.67</b>		3/30
8	44	Katherine LECKBEE	FR	Wheaton (Mass.)	<b>11:29.21</b>		4/27
9	45	Haley KNOX	SR	Eastern Connecticut	<b>11:29.45</b>		4/13
10	47	Keely NISTLER	SO	WPI	<b>11:29.73</b>		4/12

### Women's 5000 Meters

1	<b>7</b>	Kaitlyn MOONEY	SO	Coast Guard	<b>16:52.14</b>		4/20
2	<b>16</b>	Christina SCARTELLI	SR	Amherst	<b>17:13.38</b>		4/6
3	19	Rory KELLY	SR	Middlebury	<b>17:22.29</b>		4/12
4	35	Emily BRYSON	SR	Brandeis	<b>17:35.61</b>		4/27
5	36	Audrey RUSTAD	JR	Williams	<b>17:36.22</b>		3/30
6	43	Julia O'ROURKE	SR	Bowdoin	<b>17:41.65</b>		4/12
7	45	Meredith CRONIN	SO	Connecticut College	<b>17:43.05</b>		4/12
8	46	Sophia GORMAN	SO	Colby	<b>17:43.74</b>		4/12
9	47	Emma HERRMANN	JR	Williams	<b>17:43.80</b>		3/9
10	51	Katie COLLINS	FR	MIT	<b>17:45.41</b>		4/13

### Women's 10,000 Meters

1	<b>11</b>	Emma HERRMANN	JR	Williams	<b>35:52.45</b>		4/13
2	17	Kate MACCARY	SR	Middlebury	<b>35:58.49</b>		4/27
3	20	Emily HARRIS	SR	Williams	<b>36:32.33</b>		4/13
4	30	Julia O'ROURKE	SR	Bowdoin	<b>37:06.01</b>		4/27
5	33	Lauren PERKOWSKI	JR	Keene State	<b>37:13.57</b>		4/12
6	39	Natalie BETTEZ	JR	Tufts	<b>37:34.98</b>		4/27
7	47	Sarah TULLY	SO	Williams	<b>37:41.71</b>		4/27
8	65	Caroline SULLIVAN	SR	Trinity (Conn.)	<b>38:11.37</b>		4/27
9	72	Abby HAMILTON	SO	Bates	<b>38:18.29</b>		4/27
10	73	Mia ROGERS	SR	Worcester State	<b>38:21.41</b>		3/30





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## New England

### Women's 100 Meter Hurdles

1	<b>5</b>	Sophie STOKES CERKVENIK	SR Colby	<b>14.41w</b>	(2.1)	3/29
2	<b>8</b>	Caitlin UBL	SR Williams	<b>14.46</b>	(-1.2)	3/21
3	<b>13</b>	Jayci ANDREWS	JR Bridgewater State	<b>14.52</b>	(1.1)	4/13
4	<b>15</b>	Ella ROSSA	SO Amherst	<b>14.63w</b>	(2.9)	4/11
5	21	Izabelle ITH	SO Williams	<b>14.70w</b>	(3.2)	4/27
6	31	Katherine JACOBS	FR Babson	<b>14.80</b>	(1.3)	4/6
7	33	Amanda KAUFMAN	SO Bates	<b>14.83w</b>	(3.1)	4/6
8	41	Kylene DESMITH	SR Tufts	<b>14.89w</b>	(3.2)	4/27
9	52	Ellen SHAW	SO Wheaton (Mass.)	<b>15.01</b>	(0.7)	4/6
10	60	Cathy CHEN	SR Wellesley	<b>15.09</b>	(1.5)	4/27

### Women's 400 Meter Hurdles

1	<b>16</b>	Caitlin UBL	SR Williams	<b>1:03.08</b>		3/30
2	17	Jayci ANDREWS	JR Bridgewater State	<b>1:03.18</b>		4/13
3	24	Sophie STOKES CERKVENIK	SR Colby	<b>1:03.70</b>		4/19
4	31	Alexa POPP	SR Westfield State	<b>1:03.93</b>		4/13
5	32	Sara ORY	SR Bowdoin	<b>1:03.99</b>		3/15
6	63	Julia MUNZ	FR Middlebury	<b>1:05.54</b>		4/20
7	70	Luana MACHADO	FR Tufts	<b>1:05.70</b>		4/12
8	74	Kerri LONG	SR Westfield State	<b>1:05.90</b>		4/13
9	77	Elise LAMBERT	FR Bates	<b>1:05.93</b>		4/19
9	77	Nicole DE ALMEIDA	JR Keene State	<b>1:05.93</b>		4/27

### Women's 4x100 Relay

1	<b>9</b>	Tan, Green, Collison, Powell	Williams	<b>47.84</b>		3/23
2	<b>10</b>	Hayes, Grammas, Grammas, Landroche	Rhode Island College	<b>47.85</b>		3/29
3	32	Walkes, Holly, McGrath, Cook	Middlebury	<b>48.78</b>		4/20
4	33	Pawlak, Gencorelli, Nippert, Knight	WPI	<b>48.81</b>		4/6
5	41	Beane, McKinley, Wallace, Schaefer	Bowdoin	<b>48.92</b>		3/15
6	49	Speliakos, Leonard, Stokes Cerkeni, Woodside	Colby	<b>49.01</b>		4/13
7	53	Gausland, Walker, Spear, Case	Wheaton (Mass.)	<b>49.16</b>		4/13
8	59	Andree, Yang, Ishamuddin, Menkiti	MIT	<b>49.29</b>		3/9
9	66	Vanty, Fitzpatrick, Clark, Lamptey	Connecticut College	<b>49.42</b>		4/12
10	68	Murray, Popp, Long, McDonald	Westfield State	<b>49.45</b>		4/27

### Women's 4x400 Relay

1	<b>7</b>	Ubl, Collison, Thomas, Powell	Williams	<b>3:51.59</b>		3/9
2	18	Lang, McGrath, Munz, O'Mara	Middlebury	<b>3:55.52</b>		3/9
3	26	Beane, Gallagher, Schaefer, Ory	Bowdoin	<b>3:57.05</b>		4/12
4	29	Melvin, Ishamuddin, Frombach, Menkiti	MIT	<b>3:58.43</b>		4/13
5	34	Lowensohn, Machado, Neilon,	Tufts	<b>3:59.76</b>		4/6
6	41	Tichelaar, Jaramillo, Madden, Friedman	Amherst	<b>4:00.44</b>		3/30
7	47	Rossvall, Stokes Cerkveni, DePalo, Leonard	Colby	<b>4:01.61</b>		3/22
8	49	Valdez, Ogundiran, Valdez, Hiltunen	Brandeis	<b>4:01.99</b>		4/27
9	52	Hayes, McCaffery, Xavier, Grammas	Rhode Island College	<b>4:02.30</b>		4/27
10	56	Catus, Markey, Nagler, Pipkin	Wesleyan (Conn.)	<b>4:02.48</b>		4/12

### Women's High Jump

1	<b>1</b>	Emma EGAN	JR Williams	<b>1.75m</b>	5-8¾	3/23
2	<b>16</b>	Xandria KORN	SR WPI	<b>1.65m</b>	5-5	4/20
2	<b>16</b>	Sharde JOHNSON	FR Colby	<b>1.65m</b>	5-5	3/29
2	<b>16</b>	Chloe DEWHURST	FR Springfield (Mass.)	<b>1.65m</b>	5-5	4/20
5	29	Liana REILLY	SO MIT	<b>1.63m</b>	5-4¼	4/20
5	29	Savannah FOX TREE- MCGRATH	SR Roger Williams	<b>1.63m</b>	5-4¼	4/20
5	29	Summer-Solstice THOMAS	JR Williams	<b>1.63m</b>	5-4¼	3/30
8	42	Kene ODENIGBO	SR Williams	<b>1.62m</b>	5-3¾	3/23
9	53	Jacqueline KIRK	SO Tufts	<b>1.61m</b>	5-3¾	4/20
10	56	Afroditi GEORGIADI	FR Tufts	<b>1.60m</b>	5-3	3/30
10	56	Emily LARSON	SO Colby	<b>1.60m</b>	5-3	4/27
10	56	Taylor NOGIEC	SO Springfield (Mass.)	<b>1.60m</b>	5-3	4/12
10	56	Isabella BRUNO	SO Trinity (Conn.)	<b>1.60m</b>	5-3	4/12
10	56	Caroline HITCHCOCK	SO Springfield (Mass.)	<b>1.60m</b>	5-3	4/12
10	56	Katie MAEHL	SR Wesleyan (Conn.)	<b>1.60m</b>	5-3	4/27
10	56	Kristin KIMBLE	SR Middlebury	<b>1.60m</b>	5-3	4/27
10	56	Cassandra NARANJO	SR Smith	<b>1.60m</b>	5-3	4/20
10	56	Madison FANCHER	SO Roger Williams	<b>1.60m</b>	5-3	3/22

### Women's Pole Vault

1	<b>3</b>	Kelsie HAO	SO Williams	<b>3.91m</b>	12-10	4/13
2	<b>10</b>	Carley DYKSTRA	SR WPI	<b>3.78m</b>	12-4¾	4/12
3	<b>14</b>	Kari STROMHAUG	SR MIT	<b>3.75m</b>	12-3½	4/20
4	40	Bridget WIRTZ	FR WPI	<b>3.55m</b>	11-7¾	4/12
4	40	Anais MARENCO	FR MIT	<b>3.55m</b>	11-7¾	4/20
4	40	Kreager TABER	SR Middlebury	<b>3.55m</b>	11-7¾	4/20
4	40	Maggie MURPHY	SR Williams	<b>3.55m</b>	11-7¾	3/30
8	73	Emily CARAGAY	FR MIT	<b>3.40m</b>	11-1¾	4/27
8	73	Cristina YOUNG	FR Williams	<b>3.40m</b>	11-1¾	4/27
10	78	Marina FLANDRICK	FR Trinity (Conn.)	<b>3.36m</b>	11-¼	4/20



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## New England

### Women's Long Jump

1	7	Fatima ST. HILAIRE	SR	Regis (Mass.)	5.74m	18-10 (-1.7)	4/13
2	12	Emma LANDROCHE	JR	Rhode Island College	5.66mw	18-7	4/27
3	14	Adela KALILWA	JR	Southern Maine	5.65m	18-6½ (0.0)	4/6
4	26	Alex COOK	JR	Middlebury	5.55m	18-2½ (0.0)	4/20
5	31	Izabelle ITH	SO	Williams	5.53m	18-1¾ (2.0)	4/13
6	35	Madeleine DALBERG	JR	Eastern Connecticut	5.51m	18-1 (2.0)	4/19
7	40	Emma EGAN	JR	Williams	5.50m	18-½ (1.7)	4/13
8	45	Shannon KENNEDY	SR	Connecticut College	5.47m	17-11½ (2.0)	4/6
9	51	Katy NIPPERT	SO	WPI	5.45m	17-10¾ (0.0)	4/6
10	54	Kiara TAN	FR	Williams	5.44mw	17-10¼ (2.6)	3/9
10	54	Mylayla HOGGARD	FR	Southern Maine	5.44mw	17-10¼ (2.2)	4/19

### Women's Hammer

1	2	Chelsea YANG	SO	Rhode Island College	54.23m	177-11	4/27
2	13	Melissa MEIJA	SO	Rhode Island College	52.06m	170-10	4/27
3	21	Ivie UZAMERE	SO	Wesleyan (Conn.)	50.98m	167-3	4/20
4	24	Lauren GILDERDALE	JR	Westfield State	50.66m	166-3	4/13
5	29	Funmibi YUSUFF	JR	Rhode Island College	50.34m	165-2	4/13
6	31	Leilani SALANG	SO	Coast Guard	49.92m	163-10	3/30
7	37	Georgrinna FARLEY	FR	Rhode Island College	49.33m	161-10	4/27
8	55	Faye GAUTHIER	JR	WPI	47.99m	157-6	3/29
9	66	Evelyn DRAKE	JR	Tufts	47.40m	155-6	4/6
10	68	Elise MCCORMACK-KUHMANN	SO	MIT	47.24m	155-0	4/13

### Women's Triple Jump

1	4	Adela KALILWA	JR	Southern Maine	11.89m	39-¼ (1.5)	4/19
2	18	Elena ANDREE	FR	MIT	11.64mw	38-2¼ (3.1)	4/27
3	22	Elizabeth WEEKS	SO	MIT	11.53m	37-10 (0.0)	4/20
3	22	Lucy LEE	SO	MIT	11.53mw	37-10 (3.4)	4/6
5	25	Fatima ST. HILAIRE	SR	Regis (Mass.)	11.52m	37-9½	4/27
6	27	Bernice MENSAH	SO	Worcester State	11.50m	37-8¾	4/27
7	28	Kene ODENIGBO	SR	Williams	11.49m	37-8½ (0.8)	3/9
8	31	Lydia PITTS	FR	Bowdoin	11.44mw	37-6½ (2.2)	4/12
9	35	Cailin STOLLAR	SO	Williams	11.43mw	37-6 (3.2)	4/27
10	36	Yilinn YANG	FR	MIT	11.40mw	37-5 (3.0)	3/9

### Women's Javelin

1	6	Sophia SLOVENSKI	FR	Bowdoin	43.24m	141-11	3/15
2	8	Rebecca GORMAN	JR	Middlebury	42.25m	138-8	4/6
3	9	Katy MCCLLELAN	SR	Smith	42.09m	138-1	3/30
3	9	Katy MCCLLELAN	SR	Smith	42.09m	138-1	3/30
5	11	Cathryn MACGREGOR	SR	Wheaton (Mass.)	42.04m	137-11	4/6
6	18	Samantha LIBERTY	SR	Springfield (Mass.)	41.06m	134-9	4/27
7	21	Devan WALSH	JR	Trinity (Conn.)	40.40m	132-7	4/12
8	29	Savannah FOX TREE-MCGRATH	SR	Roger Williams	39.57m	129-10	3/22
9	35	Julia KISSEL	JR	Tufts	39.17m	128-6	3/30
10	36	Julia LOTHROP	SR	Middlebury	39.08m	128-3	3/23

### Women's Shot Put

1	4	Koko MENSAH	JR	Connecticut College	14.40m	47-3	4/12
2	6	Burabari KABARI	JR	Trinity (Conn.)	14.25m	46-9	4/12
3	10	Kira GILBREATH	SR	Bridgewater State	13.57m	44-6¼	4/27
4	54	Mikaela LOPRIORE	JR	Springfield (Mass.)	12.51m	41-½	4/27
5	62	Belinda SAINT LOUIS	SO	Bowdoin	12.42m	40-9	4/19
6	###	Lauren GILDERDALE	JR	Westfield State	12.12m	39-9¼	4/27
7	###	Shannon PARKS	FR	Keene State	12.05m	39-6½	4/27
8	###	Katie HUGHES	SR	Bates	11.97m	39-3¼	4/13
9	###	MacKenzie GARVEY	JR	UMass Dartmouth	11.80m	38-8¾	4/13
10	###	Helene ROWLAND	JR	Middlebury	11.78m	38-7¾	4/12

### Women's Heptathlon

1	2	Caitlin UBL	SR	Williams	4,949		3/21
2	24	Shannon KENNEDY	SR	Connecticut College	4,262		4/12
3	26	Izabelle ITH	SO	Williams	4,250		3/21
4	28	Kylene DESMITH	SR	Tufts	4,195		4/12
5	32	Emma O'HARA	SR	Colby	4,090		4/19
6	35	Skyler GAUTHIER	SO	Keene State	4,067		4/12
7	41	Summer-Solstice THOMAS	JR	Williams	3,942		4/20
8	47	Hannah WESCOTT	FR	Plymouth State	3,833		4/12
9	48	Emily LAPLANTE	SO	Springfield (Mass.)	3,831		4/12
10	57	Ella ROSSA	SO	Amherst	3,736		4/11

### Women's Discus

1	9	Leilani SALANG	SO	Coast Guard	45.29m	148-7	4/12
2	19	Emily SENATORE	SR	Connecticut College	43.88m	144-0	4/27
3	56	Koko MENSAH	JR	Connecticut College	40.52m	132-11	4/12
4	65	Burabari KABARI	JR	Trinity (Conn.)	40.01m	131-3	3/30
5	87	Ariyanna JURKOWSKI	FR	Coast Guard	39.06m	128-2	4/12
6	###	Shannon PARKS	FR	Keene State	37.73m	123-10	4/12
7	###	Nkemdilim ADUKA	SO	Tufts	37.62m	123-5	4/6
8	###	Lauren GILDERDALE	JR	Westfield State	37.44m	122-10	4/27
9	###	Folusho JEBUTU	JR	MIT	37.37m	122-7	3/30
10	###	Belinda SAINT LOUIS	SO	Bowdoin	37.08m	121-8	4/12



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## South/Southeast

### Women's 100 Meters

1	<b>2</b>	Dani BLAND	SR Emory	<b>11.89</b>	(0.4)	4/27
2	<b>6</b>	Rebekah BONDI	SO Emory	<b>12.11</b>	(0.9)	4/27
3	<b>7</b>	Tia STEEN-BAKER	SO East Texas Baptist	<b>12.12</b>	(1.8)	4/19
4	<b>12</b>	Ashley MYERS	SR Texas Lutheran	<b>12.18w</b>	(3.1)	3/23
5	22	Erin ANDREWLEVICH	JR Mary Washington	<b>12.24w</b>	(2.7)	4/12
6	31	Destani WARNER	SO Hardin-Simmons	<b>12.33</b>	(1.8)	4/19
7	37	Shamyra WILKERSON	JR Shenandoah	<b>12.34</b>	(0.4)	4/19
8	58	Emily VALLE	JR Bridgewater (Va.)	<b>12.40</b>	(0.4)	4/19
9	61	Summer GRUBBS	FR UT Tyler	<b>12.41w</b>	(2.7)	3/27
9	61	Randa SLONE	FR East Texas Baptist	<b>12.41</b>	(1.8)	4/19

### Women's 200 Meters

1	<b>4</b>	Dani BLAND	SR Emory	<b>24.60</b>	(0.6)	4/12
2	<b>13</b>	Tia STEEN-BAKER	SO East Texas Baptist	<b>25.10w</b>	(2.7)	4/19
3	22	Jessica EASTHAM	JR Hardin-Simmons	<b>25.19w</b>	(2.5)	4/19
4	23	Ashley MYERS	SR Texas Lutheran	<b>25.20w</b>	(3.8)	4/12
5	25	Shamyra WILKERSON	JR Shenandoah	<b>25.21</b>	(0.6)	4/19
6	36	Rami MITCHELL	FR Louisiana College	<b>25.31w</b>	(2.7)	4/19
7	50	Ari NEWHOUSE	SR Emory	<b>25.44</b>	(1.1)	4/12
8	62	Summer GRUBBS	FR UT Tyler	<b>25.55</b>	(1.3)	4/19
9	69	Khatiriah MALIK	SO Berea (Ky.)	<b>25.64</b>	(-0.2)	4/18
10	70	Nikki DOHERTY	JR Washington and Lee	<b>25.65w</b>	(3.3)	3/30

### Women's 400 Meters

1	<b>14</b>	Erin ANDREWLEVICH	JR Mary Washington	<b>57.23</b>		4/12
2	28	Kamryn BENDOLPH	FR Birmingham-Southe	<b>57.54</b>		4/26
3	34	Leda ST CYR	JR Rhodes	<b>57.62</b>		4/26
4	35	MySherie JOHNSON	JR Louisiana College	<b>57.63</b>		4/19
5	47	Hannah LANSBERRY	FR Emory	<b>57.96</b>		4/27
6	52	Kelsie SCHIAVONE	SR Univ. of the South	<b>58.08</b>		4/26
7	58	Bayli LUKE	SO Concordia Texas	<b>58.23</b>		4/19
8	69	Jessica CAMMARATA	FR Lynchburg	<b>58.44</b>		3/22
9	78	Endasia MITCHELL	SR Lynchburg	<b>58.57</b>		4/19
10	80	Andy GARZA	JR Trinity (Texas)	<b>58.59</b>		4/26

### Women's 800 Meters

1	<b>5</b>	Ashley RYNARD	JR Texas Lutheran	<b>2:11.57</b>		4/17
2	<b>15</b>	Annie RODENFELS	SR Centre	<b>2:13.72</b>		4/26
3	73	Kayla O'SHEA	SR Emory	<b>2:17.97</b>		4/27
4	84	Margaret SEYBOLD	SR Washington and Lee	<b>2:18.51</b>		3/29
5	###	Courtney GIBSON	JR Centre	<b>2:19.40</b>		4/20
6	###	Sarah Kate LIPPERD	FR Covenant	<b>2:20.51</b>		4/12
7	###	Avery SCHIFFMAN	FR Washington and Lee	<b>2:20.58</b>		4/19
8	###	Hope DRURY	SO McMurry	<b>2:20.68</b>		3/28
9	###	Sara Kate CAPEL	JR Rhodes	<b>2:20.75</b>		4/19
10	###	Monica LANNEN	JR Christopher Newport	<b>2:20.99</b>		3/30

### Women's 1500 Meters

1	<b>2</b>	Annie RODENFELS	SR Centre	<b>4:27.89</b>		4/20
2	27	Margaret SEYBOLD	SR Washington and Lee	<b>4:38.23</b>		3/29
3	48	Calista ARIEL	JR Bridgewater (Va.)	<b>4:41.83</b>		4/19
4	49	Ashley RYNARD	JR Texas Lutheran	<b>4:41.86</b>		4/12
5	52	Kayla O'SHEA	SR Emory	<b>4:42.12</b>		4/5
6	84	Emily KNERR	SR Mary Washington	<b>4:45.03</b>		4/4
7	99	Lilly SMITH	SR Covenant	<b>4:46.25</b>		3/22
8	###	Carrie MCINTYRE	SO Emory	<b>4:47.55</b>		4/19
9	###	Molly MCCULLOUGH	SR Trinity (Texas)	<b>4:48.35</b>		4/12
10	###	Katie BEARUP	JR Washington and Lee	<b>4:48.38</b>		4/13

### Women's Steeplechase

1	<b>1</b>	Annie RODENFELS	SR Centre	<b>10:35.08</b>		3/30
2	<b>5</b>	Molly MCCULLOUGH	SR Trinity (Texas)	<b>10:48.03</b>		4/18
3	19	Calista ARIEL	JR Bridgewater (Va.)	<b>11:10.11</b>		4/13
4	36	Alison ANDERSON	SO Centre	<b>11:25.69</b>		4/26
5	41	Courtney GIBSON	JR Centre	<b>11:27.48</b>		4/26
6	42	Michela CHOLAK	JR Lynchburg	<b>11:28.25</b>		4/4
7	51	Meredith HERMAN	JR Berry	<b>11:30.74</b>		3/22
8	57	Samantha SCHREIBER	SR Lynchburg	<b>11:33.35</b>		3/22
9	63	Jordan JURAN	SO Trinity (Texas)	<b>11:35.48</b>		3/28
10	76	Alexis SEGURA	JR LeTourneau	<b>11:42.88</b>		3/21

### Women's 5000 Meters

1	<b>3</b>	Annie RODENFELS	SR Centre	<b>16:45.23</b>		3/15
2	33	Kaitlyn JOHNSON	SO Lynchburg	<b>17:33.96</b>		3/14
3	53	Carrie MCINTYRE	SO Emory	<b>17:46.75</b>		4/5
4	69	Lilly SMITH	SR Covenant	<b>17:52.21</b>		3/15
5	77	English JACKSON	JR Bridgewater (Va.)	<b>17:55.45</b>		4/6
6	###	Emily KNERR	SR Mary Washington	<b>18:06.52</b>		4/12
7	###	Calista ARIEL	JR Bridgewater (Va.)	<b>18:09.39</b>		4/19
8	###	Molly MCCULLOUGH	SR Trinity (Texas)	<b>18:09.67</b>		4/26
9	###	Stephanie BURNETT	SO Lynchburg	<b>18:10.53</b>		3/22
10	###	Susie MARTIN	SO Emory	<b>18:12.18</b>		4/5

### Women's 10,000 Meters

1	42	Jillian WEISBECK	SR Mary Washington	<b>37:36.70</b>		4/5
2	46	Samantha SCHREIBER	SR Lynchburg	<b>37:41.40</b>		4/4
3	52	Susie MARTIN	SO Emory	<b>37:51.99</b>		3/22
4	57	Carrie MCINTYRE	SO Emory	<b>37:57.09</b>		3/22
5	63	Makayla LAWLER	SO Methodist	<b>38:04.77</b>		3/30
6	67	English JACKSON	JR Bridgewater (Va.)	<b>38:13.67</b>		4/19
7	69	Kaitlyn JOHNSON	SO Lynchburg	<b>38:14.17</b>		4/4
8	70	Stephanie BURNETT	SO Lynchburg	<b>38:16.25</b>		4/19
9	75	Kirsten MCMICHAEL	SR Washington and Lee	<b>38:25.04</b>		4/19
10	86	Emily MILLER	JR Shenandoah	<b>38:34.74</b>		4/4



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## South/Southeast

### Women's 100 Meter Hurdles

1	12	Kiersten HUITT	JR Hendrix	14.51	(0.6)	4/26
2	27	Dilys OSEI	SR Emory	14.78	(0.5)	4/27
3	31	Emily VALLE	JR Bridgewater (Va.)	14.80w	(2.3)	3/15
4	35	Abigail SCHNEEBECK	SR Trinity (Texas)	14.84w	(2.9)	4/26
5	64	Zoe SCALES	FR Lynchburg	15.12	(-0.6)	4/13
6	67	Maya LACY	SO Lynchburg	15.14	(-0.6)	4/13
7	74	Androniki DEFTERAIOU	JR Trinity (Texas)	15.19w	(2.9)	4/26
8	97	Hannah BOWDEN	SR Christopher Newport	15.37	(-1.7)	4/13
9	###	Nikki DOHERTY	JR Washington and Lee	15.44w	(2.3)	3/15
10	###	Lily LIPPERT	FR Roanoke	15.55w	(2.5)	3/21

### Women's 400 Meter Hurdles

1	1	Dilys OSEI	SR Emory	1:01.05		4/27
2	4	Emily VALLE	JR Bridgewater (Va.)	1:02.18		4/6
3	9	Abigail SCHNEEBECK	SR Trinity (Texas)	1:02.33		3/2
4	14	Leda ST CYR	JR Rhodes	1:02.91		3/15
5	27	Andy GARZA	JR Trinity (Texas)	1:03.76		4/26
6	42	Sara Kate CAPEL	JR Rhodes	1:04.47		4/6
7	50	Kiersten HUITT	JR Hendrix	1:04.84		4/26
8	55	Kwonsha WASHINGTON	SR Virginia Wesleyan	1:05.14		4/19
9	64	Nicolette ANDREY	SR Oglethorpe	1:05.55		3/29
10	65	Endasia MITCHELL	SR Lynchburg	1:05.56		4/19

### Women's 4x100 Relay

1	4	Osei, Bland, Rosenblum, Bondi	Emory	47.30		4/5
2	21	Warner, Eastham, Jones, Greer	Hardin-Simmons	48.36		4/25
3	25	Steen-Baker, Slone, Honeywood, Wilson	East Texas Baptist	48.47		4/19
4	29	Meador, Neff, Hooker, Valle	Bridgewater (Va.)	48.65		4/19
4	29	Wisby, Chandler, Capel, Cundiff	Rhodes	48.65		4/26
6	35	Long, Huitt, Boehl, Fort	Hendrix	48.85		4/26
7	46	Ayoade, Andrey, Shaw, Trice	Oglethorpe	48.98		4/26
8	58	Alfred, Winn, Decker, Grubbs	UT Tyler	49.27		4/12
9	63	Lightfoot, Andrewlevich, Horsley, Cherikos	Mary Washington	49.34		4/5
10	68	Hill, Hughes, Mitchell, Reid	Piedmont	49.45		3/29

### Women's 4x400 Relay

1	5	Lansberry, Newhouse, Bland, Osei	Emory	3:49.78		4/27
2	26	St Cyr, Capel, Bergquist, Cundiff	Rhodes	3:57.05		4/6
3	53	Alexander, Mitchell, Howard, Johnson	Louisiana College	4:02.37		4/19
4	61	Eastham, Greer, Green, Warner	Hardin-Simmons	4:03.16		4/19
5	71	Garza, Bannon-Schneebe, Defferaiou, Edwards	Trinity (Texas)	4:04.31		4/12
6	73	Hooks, Myers, Garcia, Rynard	Texas Lutheran	4:04.49		4/26
7	75	Winn, Salem, Decker, Grubbs	UT Tyler	4:04.88		4/19
8	78	Casto, Davis, Cammarata, Mitchell	Lynchburg	4:05.10		4/4
9	82	Valle, Meador, Fitzpatrick, Hooker	Bridgewater (Va.)	4:05.84		4/6
10	84	Bendolph, Bryant, Burks, Moore	Birmingham-Southe	4:06.04		4/26

### Women's High Jump

1	6	Michaela CHOWNING	FR Eastern Mennonite	1.69m	5-6½	4/19
2	13	Sara Kate CAPEL	JR Rhodes	1.67m	5-5¾	4/6
3	14	Mara BRIGGS	SR Roanoke	1.66m	5-5¼	4/19
4	29	Shelby WILSON	SO Millsaps	1.63m	5-4¼	4/5
5	42	Makenna BENTLEY	JR Trinity (Texas)	1.62m	5-3¾	4/12
6	56	Natalie DECKER	FR UT Tyler	1.60m	5-3	4/12
7	82	Jordan SMALL	SR Emory	1.59m	5-2½	4/27
8	###	Donzailya BERG	FR Lynchburg	1.57m	5-1¾	4/19
8	###	Ashlee HOOKS	JR Texas Lutheran	1.57m	5-1¾	3/23
8	###	Endasia MITCHELL	SR Lynchburg	1.57m	5-1¾	4/13
8	###	Alison MOREAU	SO Roanoke	1.57m	5-1¾	4/19
8	###	Meghan CHAFFINS	SO Randolph	1.57m	5-1¾	4/19
8	###	Lizzie DAVIS	FR Lynchburg	1.57m	5-1¾	4/19

### Women's Pole Vault

1	8	Isabel SARIDAKIS	JR Emory	3.83m	12-6¾	4/27
2	18	Mia LOSEFF	SR Trinity (Texas)	3.73m	12-2¾	4/26
3	23	Maddie VANAKEN	SR Lynchburg	3.70m	12-1½	4/4
4	55	Taylor SINGLETON	SR Centre	3.49m	11-5¼	3/2
5	56	Camryn ALDRIDGE	FR Hardin-Simmons	3.48m	11-5	3/23
6	60	Lindsey BAXTER	JR Roanoke	3.43m	11-3	4/13
7	80	Claire TROTTO	SO Roanoke	3.35m	10-11¼	3/29
7	80	Kelley DELACEY	SR Berry	3.35m	10-11¼	4/19
9	91	Grace COLE	FR Rhodes	3.33m	10-11	4/26
10	94	Endasia MITCHELL	SR Lynchburg	3.31m	10-10¼	4/19



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## South/Southeast

### Women's Long Jump

1	<b>5</b>	Tye MEADOR	SR	Bridgewater (Va.)	<b>5.76m</b>	18-10 <sup>3</sup> / <sub>4</sub> (0.2)	4/19
2	18	Emily VALLE	JR	Bridgewater (Va.)	<b>5.61mw</b>	18-5 (2.4)	3/30
3	21	Nyla LINDO	JR	Emory	<b>5.58m</b>	18-3 <sup>3</sup> / <sub>4</sub> (-1.0)	3/29
4	23	Maddie CHANDLER	FR	Rhodes	<b>5.56m</b>	18-3 (1.2)	4/26
5	35	Cortnee PRIOUR	SR	Texas Lutheran	<b>5.51m</b>	18-1 (1.2)	3/2
6	40	Nicolette ANDREY	SR	Oglethorpe	<b>5.50m</b>	18- <sup>1</sup> / <sub>2</sub> (0.0)	3/8
7	42	Summer GRUBBS	FR	UT Tyler	<b>5.49m</b>	18- <sup>1</sup> / <sub>4</sub> (1.5)	3/15
8	43	Donzailya BERG	FR	Lynchburg	<b>5.48m</b>	17-11 <sup>3</sup> / <sub>4</sub> (1.1)	4/19
9	45	Kiersten HUITT	JR	Hendrix	<b>5.47m</b>	17-11 <sup>1</sup> / <sub>2</sub> (-0.)	4/26
10	54	Samantha PENNESE	SR	Hardin-Simmons	<b>5.44m</b>	17-10 <sup>1</sup> / <sub>4</sub> (-0.)	4/12

### Women's Hammer

1	34	Paris WAGNER	SR	Emory	<b>49.63m</b>	162-10	4/12
2	38	Baylee COCHRAN	JR	UT Tyler	<b>49.28m</b>	161-8	4/19
3	47	Genesis LEGGETT	SO	Berry	<b>48.33m</b>	158-7	4/26
4	56	Baylee MULITALO	FR	Southern Virginia	<b>47.90m</b>	157-2	3/30
5	62	Jayna JEAN-JULES	JR	Roanoke	<b>47.49m</b>	155-10	4/6
6	72	Giahnni FERNANDES	SO	Piedmont	<b>46.86m</b>	153-9	4/18
7	81	Andrea GALEANO	SR	Catholic (D.C.)	<b>46.34m</b>	152-1	4/27
8	92	Mesi HAVEA	SO	Southern Virginia	<b>45.92m</b>	150-8	4/19
9	###	Michaela MCGEARY	SO	UT Tyler	<b>45.70m</b>	149-11	4/12
10	###	Logan GRIFFIN	JR	Rhodes	<b>45.07m</b>	147-11	3/23

### Women's Triple Jump

1	<b>6</b>	Cortnee PRIOUR	SR	Texas Lutheran	<b>11.81mw</b>	38-9 (2.6)	4/26
2	<b>12</b>	Andy GARZA	JR	Trinity (Texas)	<b>11.73mw</b>	38-6 (2.1)	4/26
3	<b>14</b>	Arielle SHAW	SR	Oglethorpe	<b>11.67mw</b>	38-3 <sup>1</sup> / <sub>2</sub> (2.6)	4/26
4	39	Maddie CHANDLER	FR	Rhodes	<b>11.38m</b>	37-4 (1.2)	4/26
5	54	Maddie VANAKEN	SR	Lynchburg	<b>11.22m</b>	36-9 <sup>3</sup> / <sub>4</sub> (1.4)	4/19
6	71	Molly O'DEA	JR	Centre	<b>11.13mw</b>	36-6 <sup>1</sup> / <sub>4</sub> (2.4)	4/26
7	73	Cameron GRANGER	SO	Piedmont	<b>11.12m</b>	36-5 <sup>3</sup> / <sub>4</sub> (0.0)	4/26
8	85	Nyla LINDO	JR	Emory	<b>11.04m</b>	36-2 <sup>3</sup> / <sub>4</sub> (-0.1)	4/27
9	90	Samantha PENNESE	SR	Hardin-Simmons	<b>11.02mw</b>	36-2 (3.0)	4/25
10	94	Rebecca BRYANT	SR	Birmingham-Southe	<b>11.00m</b>	36-1 <sup>1</sup> / <sub>4</sub> (0.7)	4/11

### Women's Javelin

1	<b>3</b>	Savannah FREEMAN	SR	McMurry	<b>43.87m</b>	143-11	4/19
2	17	Tia HART	FR	Texas Lutheran	<b>41.14m</b>	135-0	3/23
3	19	Payton PASSANTINO	SO	Millsaps	<b>40.79m</b>	133-10	4/26
4	24	Alexa BILSKY	SR	Berry	<b>40.23m</b>	132-0	4/5
5	30	Rachel MURRAY	SR	Lynchburg	<b>39.49m</b>	129-7	3/22
6	34	Olivia HONAKER	JR	Centre	<b>39.36m</b>	129-2	4/26
7	51	Taylor ROBINSON	SO	Emory	<b>38.45m</b>	126-2	3/29
7	51	Gracie LACROIX	SO	Louisiana College	<b>38.45m</b>	126-2	4/19
9	53	Leah BOEHL	SR	Hendrix	<b>38.33m</b>	125-9	4/6
10	66	Georgianna ROEDER	FR	LeTourneau	<b>37.65m</b>	123-6	4/19

### Women's Shot Put

1	22	Michaela MCGEARY	SO	UT Tyler	<b>13.27m</b>	43-6 <sup>1</sup> / <sub>2</sub>	4/19
2	37	Baylee MULITALO	FR	Southern Virginia	<b>12.93m</b>	42-5 <sup>1</sup> / <sub>4</sub>	4/19
3	41	Genesis LEGGETT	SO	Berry	<b>12.86m</b>	42-2 <sup>1</sup> / <sub>4</sub>	4/26
4	52	Delaney PRESLEY	FR	UT Tyler	<b>12.57m</b>	41-3	4/12
5	66	Sarah JOHNSON	SR	Christopher Newport	<b>12.38m</b>	40-7 <sup>1</sup> / <sub>2</sub>	3/30
6	73	Samantha WOODS	JR	Lynchburg	<b>12.31m</b>	40-4 <sup>3</sup> / <sub>4</sub>	4/19
7	75	Baylee COCHRAN	JR	UT Tyler	<b>12.29m</b>	40-4	4/3
8	79	Greta WILKER	JR	Emory	<b>12.25m</b>	40-2 <sup>1</sup> / <sub>4</sub>	3/22
9	81	Jaydan HUNT	SO	Hendrix	<b>12.23m</b>	40-1 <sup>1</sup> / <sub>2</sub>	4/26
10	88	Jennifer CALASCIONE	SR	Roanoke	<b>12.20m</b>	40- <sup>1</sup> / <sub>2</sub>	3/21

### Women's Heptathlon

1	30	Zoe STAUFFER	SO	Christopher Newport	<b>4,138</b>		4/19
2	33	Natalie DECKER	FR	UT Tyler	<b>4,079</b>		4/3
3	36	Summer GRUBBS	FR	UT Tyler	<b>4,052</b>		4/3
4	40	Androniki DEFTERAIIOU	JR	Trinity (Texas)	<b>3,967</b>		4/6
5	85	Georgianna ROEDER	FR	LeTourneau	<b>3,448</b>		4/3
6	###	Sadie INGRAM	SO	Concordia Texas	<b>3,078</b>		3/28
7	###	Kendall SHEPPARD	JR	Concordia Texas	<b>2,779</b>		3/28
8	###	Kendall SIMPSON	FR	Concordia Texas	<b>2,554</b>		3/28

### Women's Discus

1	18	Sarah JOHNSON	SR	Christopher Newport	<b>43.94m</b>	144-2	4/13
2	25	Baylee MULITALO	FR	Southern Virginia	<b>43.01m</b>	141-2	3/22
3	28	Mesi HAVEA	SO	Southern Virginia	<b>42.23m</b>	138-7	3/30
4	34	Stella AFFOGNON	SR	Trinity (Texas)	<b>41.79m</b>	137-1	3/28
5	35	Jennifer CALASCIONE	SR	Roanoke	<b>41.62m</b>	136-7	4/6
6	37	Emma SNYDER	JR	UT Tyler	<b>41.53m</b>	136-3	4/12
7	50	Hannah KIPP	SO	Texas Lutheran	<b>40.95m</b>	134-4	4/26
8	58	Jaydan HUNT	SO	Hendrix	<b>40.38m</b>	132-6	4/26
9	61	Madelyn KLINKERMAN	SO	Hendrix	<b>40.32m</b>	132-4	4/26
10	70	Michaela MCGEARY	SO	UT Tyler	<b>39.77m</b>	130-6	4/19



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## West

### Women's 100 Meters

1	3	LaShauna PORTER	JR	Occidental	12.03	(-0.3)	4/27
2	8	Kennedy TAUBE	SO	George Fox	12.13	(0.0)	3/21
3	16	Chyenne KIMBLE	JR	Redlands	12.21	(1.1)	3/30
4	19	Sarah KING	SR	George Fox	12.23	(0.6)	3/9
5	25	Kendall GUIDETTI	JR	Cal Lutheran	12.27	(1.3)	4/6
5	25	Jade GRIFFIN	JR	La Verne	12.27	(0.0)	4/13
7	27	Sydney RADIGAN	FR	George Fox	12.28	(0.6)	3/16
8	29	Sara TURNER	SO	George Fox	12.31	(0.6)	3/9
9	31	Annick BANGOU	FR	Redlands	12.33	(0.0)	4/13
10	37	Kameha MEDALLADA	JR	Whitworth	12.34	(1.9)	4/18

### Women's 1500 Meters

1	32	Raissa BOYSEN	JR	UC Santa Cruz	4:38.98		3/28
2	36	Courtney BEARD	SR	Linfield	4:39.54		4/20
3	37	Abby JOHNSON	SO	Claremont-Mudd-Scr	4:39.64		4/6
4	40	Melissa CERRILLOS	SR	La Verne	4:40.54		4/27
5	58	Emery BRADLINA	SR	Puget Sound	4:43.10		3/15
6	75	Arabella REECE	FR	Chapman	4:44.28		3/16
7	80	Megan KOCH	FR	Colorado College	4:44.75c	(4:52.59A)	4/13
8	95	Genevieve DIBARI	FR	Pomona-Pitzer	4:45.75		4/27
9	###	Anahy COVARRUBIAS	SR	Whittier	4:47.51		3/23
9	###	Sydney GUTIERREZ	SR	UC Santa Cruz	4:47.51		4/12

### Women's 200 Meters

1	2	Sarah KING	SR	George Fox	24.45	(1.8)	4/26
2	5	LaShauna PORTER	JR	Occidental	24.75	(1.2)	4/27
3	7	Imani KEYES	FR	Pacific Lutheran	24.81	(1.8)	4/26
4	12	Jade GRIFFIN	JR	La Verne	25.08	(1.0)	4/13
5	16	Chyenne KIMBLE	JR	Redlands	25.15	(1.2)	4/27
6	19	Bailey FORSYTH	SO	Pacific Lutheran	25.18	(1.8)	4/26
7	29	Annie WRIGHT	SR	George Fox	25.25	(0.7)	3/21
8	31	Annick BANGOU	FR	Redlands	25.26	(1.0)	4/13
9	36	Kameha MEDALLADA	JR	Whitworth	25.31	(1.8)	4/26
10	38	Kennedy TAUBE	SO	George Fox	25.33	(-0.4)	3/21

### Women's Steeplechase

1	8	Marissa MOUNT	JR	Whitworth	10:51.77		4/26
2	12	Melissa CERRILLOS	SR	La Verne	10:54.62		4/6
3	21	Rachael DELA CRUZ	SR	La Verne	11:12.02		4/27
4	22	Ellie RAMSEY	SR	Redlands	11:13.40		4/27
5	24	Riley HARMON	FR	Claremont-Mudd-Scr	11:15.01		4/27
6	26	Sophie GITLIN	FR	Claremont-Mudd-Scr	11:15.80		4/27
7	32	Matilda MSALL	SR	Claremont-Mudd-Scr	11:23.71		4/27
8	62	Ellie SHOOP	FR	Whitworth	11:35.37		4/26
9	65	Emily EVANS	SR	Willamette	11:35.89		4/26
10	85	Isabel DUXBURY	SO	Willamette	11:46.27		4/26

### Women's 400 Meters

1	1	Sarah KING	SR	George Fox	55.01		3/21
2	15	Jade GRIFFIN	JR	La Verne	57.24		4/27
3	20	Quin FRALEY	FR	Pomona-Pitzer	57.35		3/2
4	49	Gabriella TORRES JOUBERT	FR	Whittier	58.05		4/27
5	63	Elizabeth WARREN	FR	George Fox	58.35		3/21
6	79	Megan EBERHARDT	SR	Pacific (Ore.)	58.58		4/26
7	80	Katie JAMES	SO	George Fox	58.59		4/26
8	###	Elyse ESPE	SO	Whittier	59.04		3/23
9	###	Hannah ALBRECHT	SO	Redlands	59.18		3/30
10	###	Macadia CALAVAN	JR	George Fox	59.47		3/21

### Women's 5000 Meters

1	18	Lauren HAMILTON	JR	Pomona-Pitzer	17:21.00		4/6
2	26	Abby JOHNSON	SO	Claremont-Mudd-Scr	17:30.06		4/17
3	29	Helen GUO	JR	Pomona-Pitzer	17:31.93		4/17
4	34	Shannon MCCLISH	JR	UC Santa Cruz	17:34.46		3/15
5	39	Natalie MARSH	SR	Claremont-Mudd-Scr	17:39.69		3/9
6	40	Malea MARTIN	SR	Claremont-Mudd-Scr	17:40.95		3/9
7	41	Riley HARMON	FR	Claremont-Mudd-Scr	17:41.10		3/9
8	44	Arabella REECE	FR	Chapman	17:42.62		3/8
9	48	Lila CARDILLO	FR	Pomona-Pitzer	17:43.83		4/6
10	57	Maria RAMIREZ	JR	Redlands	17:48.50		4/6

### Women's 800 Meters

1	1	Sarah KING	SR	George Fox	2:09.83		4/13
2	13	Anahy COVARRUBIAS	SR	Whittier	2:13.31		4/27
3	21	Raissa BOYSEN	JR	UC Santa Cruz	2:14.70		4/26
4	30	Rosie LINKUS	FR	Pomona-Pitzer	2:15.62		3/15
5	42	Melissa CERRILLOS	SR	La Verne	2:16.70		4/13
6	43	Natalie MARQUARDT	SR	UC Santa Cruz	2:16.72		4/26
7	49	Desiree CADENA	SO	Redlands	2:16.86		4/27
8	59	Elizabeth DONNELLY	FR	Whittier	2:17.39		4/27
9	76	Emery BRADLINA	SR	Puget Sound	2:18.04		4/26
10	90	Ashlee VAN DEN TOP	FR	George Fox	2:18.65		4/26

### Women's 10,000 Meters

1	9	Lauren HAMILTON	JR	Pomona-Pitzer	35:43.98		4/17
2	13	Shannon MCCLISH	JR	UC Santa Cruz	35:54.87		3/28
3	22	Lila CARDILLO	FR	Pomona-Pitzer	36:52.48		4/17
4	40	Malea MARTIN	SR	Claremont-Mudd-Scr	37:35.24		4/27
5	44	Claire HU	SO	Caltech	37:38.12		4/27
6	45	Serena WALLACE	SR	Pacific (Ore.)	37:38.60		4/26
7	59	Maria RAMIREZ	JR	Redlands	38:02.45		4/27
8	###	Allysa WARLING	SR	Colorado College	38:57.99		4/26
9	###	Dulcie JONES	SO	Claremont-Mudd-Scr	39:12.57		4/27
10	###	Marissa MOUNT	JR	Whitworth	39:48.54		4/26



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## West

### Women's 100 Meter Hurdles

1	<b>1</b>	Jessica FIELDS	JR Redlands	<b>14.10</b>	(0.8)	4/27
2	<b>2</b>	Chyenne KIMBLE	JR Redlands	<b>14.19</b>	(-2.8)	3/30
3	<b>8</b>	Vicky-Marie ADDO-ASHONG	JR Pomona-Pitzer	<b>14.46</b>	(0.8)	4/27
3	<b>8</b>	Isabel CLARK	SR Whitworth	<b>14.46</b>	(1.1)	4/26
5	<b>20</b>	Sabrina GRIFFITH	JR Claremont-Mudd-Scr	<b>14.68</b>	(0.8)	4/27
6	<b>30</b>	Annie WRIGHT	SR George Fox	<b>14.80</b>	(1.0)	4/15
7	<b>35</b>	Aubrey EGERTER	SO Claremont-Mudd-Scr	<b>14.84w</b>	(2.5)	4/27
8	<b>41</b>	Elizabeth PREVEDELLO	JR La Verne	<b>14.89</b>	(0.8)	4/27
9	<b>47</b>	Camille WEAVER	SO Colorado College	<b>14.93w</b>	(2.9)	4/26
10	<b>72</b>	Sophie RICHARDS	JR Pomona-Pitzer	<b>15.18</b>	(-2.7)	3/15

### Women's 400 Meter Hurdles

1	<b>1</b>	Jessica FIELDS	JR Redlands	<b>1:01.05</b>		4/27
2	<b>7</b>	Elyse ESPE	SO Whittier	<b>1:02.30</b>		4/27
3	<b>13</b>	Allison KILDAY	SR Occidental	<b>1:02.78</b>		4/27
4	<b>15</b>	Isabel CLARK	SR Whitworth	<b>1:02.93</b>		3/30
5	<b>53</b>	Sophie RICHARDS	JR Pomona-Pitzer	<b>1:05.00</b>		3/30
6	<b>57</b>	Nora GRIFFITH	SO Caltech	<b>1:05.25</b>		4/27
7	<b>60</b>	Bethany GINGERICH	FR George Fox	<b>1:05.37</b>		4/26
8	<b>76</b>	Tabitha MESSINEO	FR Pacific Lutheran	<b>1:05.92</b>		4/26
9	<b>83</b>	Gabi SIGUENZA	SO Chapman	<b>1:06.06</b>		4/13
10	<b>84</b>	Jessica PORTILLO	SR La Verne	<b>1:06.08</b>		4/27

### Women's 4x100 Relay

1	<b>1</b>	King, Taube, Turner, Radigan	George Fox	<b>46.39</b>		3/21
2	<b>2</b>	Albrecht, Kimble, Bangou, O'Neal	Redlands	<b>46.74</b>		3/15
3	<b>12</b>	Conger, Forsyth, Hathaway, Keyes	Pacific Lutheran	<b>48.04</b>		4/26
4	<b>14</b>	Griffith, Egarter, Mell, Pratt	Claremont-Mudd-Scr	<b>48.15</b>		4/27
5	<b>16</b>	Miyamoto, Yudelevitch, Porter, Newkirk	Occidental	<b>48.25</b>		4/27
6	<b>43</b>	Guidetti, Rouse, Carranza, Cordoba	Cal Lutheran	<b>48.94</b>		3/30
7	<b>59</b>	Guardado, Torres Joubert, Gonzalez, Hogue	Whittier	<b>49.29</b>		4/27
8	<b>71</b>	Salowey, Fraley, Fujisaki, Wu	Pomona-Pitzer	<b>49.47</b>		3/2
9	<b>83</b>	Ward, Clark, Medallada, Lytle	Whitworth	<b>49.65</b>		4/26
10	<b>###</b>	Krumweide, Griffin, Jimenez, Perez	La Verne	<b>50.22</b>		4/13

### Women's 4x400 Relay

1	<b>3</b>	Warren, Wright, King, James	George Fox	<b>3:46.98</b>		3/9
2	<b>11</b>	Donnelly, Torres Joubert, Hogue, Espe	Whittier	<b>3:53.23</b>		4/17
3	<b>38</b>	Fujisaki, Richards, Linkus, Fraley	Pomona-Pitzer	<b>4:00.04</b>		4/27
4	<b>40</b>	Griffin, Cerrillos, Portillo, Prevedello	La Verne	<b>4:00.39</b>		4/27
5	<b>44</b>	Keyes, Gulley, Messineo, Hathaway	Pacific Lutheran	<b>4:00.76</b>		4/26
6	<b>48</b>	Ashley, Davies, Lum, Kilday	Occidental	<b>4:01.83</b>		4/27
7	<b>49</b>	Smith, Lincoln, Smith, Eberhardt	Pacific (Ore.)	<b>4:01.99</b>		4/26
8	<b>51</b>	Albrecht, Kimble, Fields, Romani	Redlands	<b>4:02.27</b>		4/27
9	<b>58</b>	Blyckert, Schweiger, Medallada, Clark	Whitworth	<b>4:02.63</b>		4/26
10	<b>63</b>	Marquardt, Alvarado-Zavale, McPhillips, Boysen	UC Santa Cruz	<b>4:03.35</b>		4/26

### Women's High Jump

1	<b>6</b>	Lauren WILSON	SO Pacific Lutheran	<b>1.69m</b>	5-6½	3/9
2	<b>16</b>	Camille WEAVER	SO Colorado College	<b>1.65m</b>	5-5	4/26
3	<b>27</b>	Emily DUFOUR	FR George Fox	<b>1.64m</b>	5-4½	3/16
4	<b>42</b>	Kelsey ROUSE	SR Cal Lutheran	<b>1.62m</b>	5-3¾	4/27
4	<b>42</b>	Vicky-Marie ADDO-ASHONG	JR Pomona-Pitzer	<b>1.62m</b>	5-3¾	4/27
4	<b>42</b>	Ebony TURNER	SR La Verne	<b>1.62m</b>	5-3¾	4/27
4	<b>42</b>	Grace TAGTOW	FR Colorado College	<b>1.62m</b>	5-3¾	4/26
8	<b>53</b>	Olivia LYTLE	SR Whitworth	<b>1.61m</b>	5-3¼	4/26
9	<b>56</b>	Cora DAVIES	SR Occidental	<b>1.60m</b>	5-3	3/15
9	<b>56</b>	Elizabeth PREVEDELLO	JR La Verne	<b>1.60m</b>	5-3	4/6
9	<b>56</b>	Naomi MIYAMOTO	SO Occidental	<b>1.60m</b>	5-3	3/30

### Women's Pole Vault

1	<b>1</b>	Olivia MCDANIEL	SR Linfield	<b>4.00m</b>	13-1½	4/13
2	<b>2</b>	Jacquelyn DESMOND	SR Claremont-Mudd-Scr	<b>3.97m</b>	13-¼	4/27
3	<b>11</b>	Melissa BRAUN	SR Occidental	<b>3.77m</b>	12-4½	4/27
4	<b>29</b>	Shaye VANDERVILLE	SO George Fox	<b>3.64m</b>	11-11¼	4/6
5	<b>30</b>	Meg ANGIER	SO Linfield	<b>3.61m</b>	11-10	4/26
6	<b>66</b>	Amy BLYCKERT	SR Whitworth	<b>3.42m</b>	11-2½	4/18
7	<b>###</b>	Dani CHAMI	SR Claremont-Mudd-Scr	<b>3.25m</b>	10-8	4/6
7	<b>###</b>	Clare AHEARN	SO UC Santa Cruz	<b>3.25m</b>	10-8	3/15
9	<b>###</b>	Megan POLLOCK	JR Cal Lutheran	<b>3.22m</b>	10-6¾	4/27
9	<b>###</b>	Kayla CROSS	JR Cal Lutheran	<b>3.22m</b>	10-6¾	4/27
9	<b>###</b>	Claire JAMISON	SO Redlands	<b>3.22m</b>	10-6¾	4/27



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #5, April 30

as of 5/4/2019 3:24:40 PM

## West

### Women's Long Jump

1	3	Kendall GUIDETTI	JR Cal Lutheran	5.81m	19-¾ (1.3)	4/27
2	6	Sabrina GRIFFITH	JR Claremont-Mudd-Scr	5.75mw	18-10½ (2.7)	4/27
3	11	Elizabeth PREVEDELLO	JR La Verne	5.67m	18-7¼ (0.0)	3/30
4	19	Jada NEWKIRK	SO Occidental	5.60m	18-4½ (0.0)	3/2
5	20	Kelsey HATHAWAY	SO Pacific Lutheran	5.59m	18-4¼ (0.6)	4/26
6	22	Amanda MELL	JR Claremont-Mudd-Scr	5.57m	18-3¼ (1.1)	4/6
7	26	Grace PRATT	SO Claremont-Mudd-Scr	5.55mw	18-2½ (2.3)	4/27
8	29	Kelsey ROUSE	SR Cal Lutheran	5.54mw	18-2¼ (2.3)	4/6
9	57	Annie WRIGHT	SR George Fox	5.43m	17-9¾ (0.7)	4/26
10	64	Camille WEAVER	SO Colorado College	5.42mA	17-9½ (1.7)	3/16
10	64	Mehana SABADO-HALPERN	SR Linfield	5.42m	17-9½ (1.7)	4/26

### Women's Triple Jump

1	5	Jenna HOILAND	JR Pacific (Ore.)	11.87m	38-11½ (0.8)	3/23
2	8	Vicky-Marie ADDO-ASHONG	JR Pomona-Pitzer	11.78mw	38-7¾ (2.6)	4/27
3	17	Micaela KRUMWEIDE	SR La Verne	11.66m	38-3¼ (0.5)	4/27
4	20	Amanda MELL	JR Claremont-Mudd-Scr	11.57m	37-11½ (0.0)	4/27
5	31	Kelsey HATHAWAY	SO Pacific Lutheran	11.44m	37-6½ (1.0)	4/26
6	43	Carolyn WEISMAN	SO Claremont-Mudd-Scr	11.31m	37-1¼ (0.7)	4/27
7	47	Brittany TONEY	FR Cal Lutheran	11.26m	36-11½ (0.0)	3/30
8	52	Chyenne KIMBLE	JR Redlands	11.23m	36-10¼ (1.3)	3/30
9	54	Brenna DOLEN	SO Redlands	11.22m	36-9¾ (1.5)	4/27
10	60	Camille WEAVER	SO Colorado College	11.20mA	36-9 (1.5)	3/18

### Women's Shot Put

1	1	Reyna TA'AMU	SR Redlands	14.65m	48-¾	3/15
2	14	Annie WRIGHT	SR George Fox	13.43m	44-¾	3/21
3	21	Emily REEDER	FR Pacific Lutheran	13.29m	43-7¼	4/6
4	30	Vakeaemanu HUNKIN	JR Pacific Lutheran	13.05m	42-9¾	3/21
5	43	Karen DU	SR Pacific (Ore.)	12.85m	42-2	4/26
6	71	Megan WESEL	SR Pacific (Ore.)	12.34m	40-6	3/9
7	81	Jordynn DORADO	JR UC Santa Cruz	12.23m	40-1½	4/26
8	83	Kayla RAMBO	FR Whitworth	12.22m	40-1¼	4/5
9	86	Isabel CLARK	SR Whitworth	12.21m	40-¾	3/16
10	94	Sara MILES	JR Linfield	12.17m	39-11¼	4/20

### Women's Discus

1	12	Hope DUENAS	JR Willamette	44.96m	147-6	4/26
2	13	Kayla RAMBO	FR Whitworth	44.70m	146-8	4/26
3	32	Karen DU	SR Pacific (Ore.)	41.90m	137-6	3/16
4	33	Alexa BARNES	SR Cal Lutheran	41.80m	137-2	4/27
5	46	Vakeaemanu HUNKIN	JR Pacific Lutheran	41.05m	134-8	4/26
6	54	Abbie Jo CARLSON	FR Whitworth	40.62m	133-3	4/26
7	57	Sabrina VAN BEEK	SO Whittier	40.49m	132-10	4/27
8	62	Brooke FRANCE	FR Pacific (Ore.)	40.26m	132-1	3/23
9	66	Tahnisha MANIBUSAN	SO George Fox	39.99m	131-3	3/30
10	68	Gillian DAVIS	JR UC Santa Cruz	39.90m	130-11	4/12

### Women's Hammer

1	14	Sabrina DEGNAN	SR Occidental	51.51m	169-0	4/27
2	17	Emily REEDER	FR Pacific Lutheran	51.22m	168-1	3/21
3	61	Alexa BARNES	SR Cal Lutheran	47.67m	156-5	3/2
4	67	Kathryn GONZALEZ	SR Redlands	47.39m	155-6	4/27
5	###	Tahnisha MANIBUSAN	SO George Fox	44.32m	145-5	4/20
6	###	Mikaela GALLARDO	SR Claremont-Mudd-Scr	44.22m	145-1	4/27
7	###	Brooke FRANCE	FR Pacific (Ore.)	43.79m	143-8	3/16
8	###	Hope DUENAS	JR Willamette	43.48m	142-8	4/13
9	###	Riley MORESCO	JR George Fox	42.36m	139-0	4/26
10	###	Abbie Jo CARLSON	FR Whitworth	42.07m	138-0	4/26

### Women's Javelin

1	1	Ava NELSON	FR Pacific Lutheran	44.62m	146-5	4/26
2	2	Emily SPROUL	SR Pacific (Ore.)	44.60m	146-4	4/26
3	7	Isabel CLARK	SR Whitworth	43.10m	141-5	4/26
4	15	Brooke FRANCE	FR Pacific (Ore.)	41.40m	135-10	3/16
5	16	Jensyn LOWN	SO George Fox	41.17m	135-1	3/1
6	22	Chrissy STRICKLAND	FR George Fox	40.34m	132-4	3/16
7	27	Olga MOGEN	SR Pacific Lutheran	39.88m	130-10	3/21
8	30	Haley STROWBRIDGE	JR George Fox	39.49m	129-7	3/16
9	32	Sabrina DEGNAN	SR Occidental	39.44m	129-5	4/27
10	45	Annie WRIGHT	SR George Fox	38.83m	127-5	3/21

### Women's Heptathlon

1	1	Annie WRIGHT	SR George Fox	5,307		3/21
2	3	Isabel CLARK	SR Whitworth	4,822		3/21
3	6	Chyenne KIMBLE	JR Redlands	4,608		4/6
4	10	Elizabeth PREVEDELLO	JR La Verne	4,522		3/21
5	12	Kara ROMANI	SR Redlands	4,481		4/6
6	14	Kelsey ROUSE	SR Cal Lutheran	4,441		3/21
7	17	Alissa SWILLEY	JR George Fox	4,394		3/21
8	22	Hannah ALBRECHT	SO Redlands	4,280		4/6
9	34	Tabitha MESSINEO	FR Pacific Lutheran	4,070		4/26
10	37	Morgan TAYLOR	JR Lewis & Clark	4,011		3/25