



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2019 Week #5, May 1

as of 5/4/2019 3:24:51 PM

Atlantic

Women's 100 Meters

1	19	Taylor WASHINGTON	SO	Montgomery (Md.)	14.02w	(2.2)	3/16
2	23	Stacy BASMERA	FR	Montgomery (Md.)	14.19	(1.6)	3/16
3	37	Avryl BENNETT-STEWART	FR	Montgomery (Md.)	15.05	(1.6)	3/16

Women's 200 Meters

1	46	Avryl BENNETT-STEWART	FR	Montgomery (Md.)	32.08	(0.2)	3/23
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Women's 400 Meters

1	6	Blossom AKPEDEYE	FR	Montgomery (Md.)	1:02.20		3/16
2	22	Tanyka TROTMAN	SO	Montgomery (Md.)	1:07.29		3/16
3	25	Ashley NGUYEN	FR	Montgomery (Md.)	1:08.17		3/16

Women's Long Jump

1	3	Kalin COLBERT	FR	Montgomery (Md.)	5.21m	17-1¼ (0.0)	3/23
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Women's Shot Put

1	16	Kiana JOHNSON	FR	Montgomery (Md.)	8.55m	28-¾	3/23
2	20	Stacy BASMERA	FR	Montgomery (Md.)	8.21m	26-11¼	3/16

Women's Discus

1	17	Kiana JOHNSON	FR	Montgomery (Md.)	19.98m	65-6¾	3/23
2	21	Stacy BASMERA	FR	Montgomery (Md.)	18.66m	61-2¾	3/16



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Central

Women's 100 Meters

1	2	Taneira BOWMAN	FR Delaware County (P	13.10	(-1.6)	4/6
2	6	Aleah LANGLEY	FR CC of Philadelphia (P	13.53	(-0.4)	4/6
3	12	Jada ERWIN	SO CC of Philadelphia (P	13.69	(0.0)	4/12
4	26	Alyssa SMULLIN	FR Harper (Ill.)	14.22	(-0.6)	4/16
5	30	Elizabeth CANNON	FR Triton (Ill.)	14.57w	(4.1)	4/12
6	31	Nicole MORA	FR Triton (Ill.)	14.67	(-1.2)	4/6
7	50	Domenica JARAMILLO	FR Harper (Ill.)	15.89w	(4.1)	4/12

Women's 200 Meters

1	4	Taneira BOWMAN	FR Delaware County (P	26.86	(-0.3)	3/29
2	9	Aleah LANGLEY	FR CC of Philadelphia (P	27.47		2/22
3	10	Jada ERWIN	SO CC of Philadelphia (P	27.55		2/22
4	13	Grace CAREY	SO Harper (Ill.)	28.47	(1.1)	4/16
5	14	Tianna JEFFCOAT	FR CC of Philadelphia (P	28.64	(1.0)	4/6
6	19	Alyssa SMULLIN	FR Harper (Ill.)	29.19	(1.8)	4/16
7	34	Nicole MORA	FR Triton (Ill.)	30.47	(2.0)	4/25
8	35	Elizabeth CANNON	FR Triton (Ill.)	30.85w	(2.7)	4/12
9	42	Cynthia PRESA	FR Triton (Ill.)	31.41	(-1.0)	4/6
10	58	Domenica JARAMILLO	FR Harper (Ill.)	33.92	(-1.0)	4/6

Women's 400 Meters

1	8	Maisha HUTCHINS-COLEMAN	FR CC of Philadelphia (P	1:03.77		3/30
2	11	Tianna JEFFCOAT	FR CC of Philadelphia (P	1:05.09		3/23
3	12	Jada ERWIN	SO CC of Philadelphia (P	1:05.66		2/22
4	14	Brianna SPENCER	FR Sandhills (N.C.) CC	1:05.92		3/30
5	20	Grace CAREY	SO Harper (Ill.)	1:06.62		2/8
6	28	Morgan HARWIN	FR Harper (Ill.)	1:10.89		4/12
7	30	Nicole MORA	FR Triton (Ill.)	1:12.01		3/30
8	36	Lillian INMAN	FR Sandhills (N.C.) CC	1:16.55		3/30
9	39	Alyssa SMULLIN	FR Harper (Ill.)	1:18.62		3/30

Women's 800 Meters

1	2	Misbah BAIG	SO Harper (Ill.)	2:22.53		2/15
2	5	Maisha HUTCHINS-COLEMAN	FR CC of Philadelphia (P	2:29.65		4/6
3	7	Brianna SPENCER	FR Sandhills (N.C.) CC	2:32.14		4/12
4	8	Roxanne TEMPLE	FR Harper (Ill.)	2:34.11		2/8
5	9	Rachael TEMPLE	SO Harper (Ill.)	2:35.17		4/6
6	13	Wilma RISHKO	FR Harper (Ill.)	2:39.84		4/6
7	15	Cynthia PRESA	FR Triton (Ill.)	2:41.04		3/30
8	18	Madison DECLUE	FR Mineral Area (Mo.)	2:42.82		4/13
9	34	Hannah CANADY	FR Sandhills (N.C.) CC	2:54.17		3/15
10	43	Nicole MORA	FR Triton (Ill.)	3:02.85		4/12

Women's 1500 Meters

1	1	Misbah BAIG	SO Harper (Ill.)	4:53.40	(5:16.88(1))	2/8
2	4	Rachael TEMPLE	SO Harper (Ill.)	5:10.95	(5:35.83(1))	2/15
3	6	Taylor KREISS	SO Harper (Ill.)	5:22.85		4/12
4	8	Brianna SPENCER	FR Sandhills (N.C.) CC	5:25.15		4/19
5	11	Jessi GESSNER	SO Harper (Ill.)	5:30.05		3/30
6	12	Cynthia PRESA	FR Triton (Ill.)	5:32.16		4/6
7	14	Wilma RISHKO	FR Harper (Ill.)	5:39.88	(6:07.08(1))	2/15
8	21	Madison DECLUE	FR Mineral Area (Mo.)	5:53.77		4/27
9	25	Sarah NELSON	FR Harper (Ill.)	5:57.18		3/30
10	26	Hannah CANADY	FR Sandhills (N.C.) CC	5:57.61		3/15

Women's Steeplechase

1	4	Sara LINDELL	SO Sandhills (N.C.) CC	13:30.24		3/30
2	5	Enya DEWARS	SO Sandhills (N.C.) CC	13:34.73		4/12

Women's 5000 Meters

1	1	Rachael TEMPLE	SO Harper (Ill.)	19:01.65		3/30
2	3	Taylor KREISS	FR Harper (Ill.)	19:53.74		3/1
3	9	Enya DEWARS	SO Sandhills (N.C.) CC	22:21.97		3/30
4	10	Hannah CANADY	FR Sandhills (N.C.) CC	23:24.44		4/12
5	13	Izzabella MCNEIL	FR Sandhills (N.C.) CC	24:48.31		3/30

Women's 10,000 Meters

1	2	Taylor KREISS	SO Harper (Ill.)	43:18.48		4/6
2	5	Sarah NELSON	FR Harper (Ill.)	49:57.14		4/6

Women's 100 Meter Hurdles

1	10	Roxanne TEMPLE	FR Harper (Ill.)	18.45	(0.2)	4/6
2	11	Claudette SMITH	SO Sandhills (N.C.) CC	18.63	(0.7)	4/12

Women's 400 Meter Hurdles

1	3	Grace CAREY	SO Harper (Ill.)	1:09.04		4/6
2	5	Roxanne TEMPLE	FR Harper (Ill.)	1:13.80		4/6
3	7	Claudette SMITH	SO Sandhills (N.C.) CC	1:18.78		4/12

Women's 4x100 Relay

1	4		Harper (Ill.)	54.50		4/12
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Women's 4x400 Relay

1	4		CC of Philadelphia (P	4:30.12		4/6
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Women's 4x800 Relay

1	1		Harper (Ill.)	10:22.59		4/12
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Women's High Jump

1	9	Elizabeth CHUKWUEZI	SO CC of Philadelphia (P	1.35m	4-5	4/12
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Women's Pole Vault

1	5	Wilma RISHKO	FR Harper (Ill.)	2.45m	8-½	4/16
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Women's Long Jump

1	1	Taneira BOWMAN	FR Delaware County (P	5.28m	17-4 (0.0)	4/6
2	9	Grace CAREY	SO Harper (Ill.)	4.51m	14-9¾	2/15
3	13	Elizabeth CHUKWUEZI	SO CC of Philadelphia (P	4.40m	14-5¼ (0.0)	4/6
4	14	Tianna JEFFCOAT	FR CC of Philadelphia (P	4.35m	14-3¼ (0.0)	4/6

Women's Triple Jump

1	1	Taneira BOWMAN	FR Delaware County (P	11.25m	36-11 (0.4)	4/19
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Central

Women's Shot Put

1	5	Maddie BOBINSKI	SO Harper (Ill.)	11.08m	36-4¼	4/16
2	11	Genta VITIJA	SO Harper (Ill.)	9.59m	31-5¾	2/8
3	12	Emily DOOREY	SO Sandhills (N.C.) CC	9.27m	30-5	3/30
4	28	Chelsea GREEN	FR Sandhills (N.C.) CC	7.30m	23-11½	3/15
5	30	Meagan UA	FR Sandhills (N.C.) CC	7.12m	23-4½	3/15

Women's Discus

1	4	Maddie BOBINSKI	SO Harper (Ill.)	33.62m	110-4	4/16
2	6	Emily DOOREY	SO Sandhills (N.C.) CC	28.85m	94-8	3/30
3	12	Chelsea GREEN	FR Sandhills (N.C.) CC	23.35m	76-7¼	3/30
4	14	Genta VITIJA	SO Harper (Ill.)	23.15m	75-11½	3/30
5	27	Meagan UA	FR Sandhills (N.C.) CC	14.00m	45-11¼	3/15

Women's Hammer

1	9	Maddie BOBINSKI	SO Harper (Ill.)	25.46m	83-6½	4/12
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Women's Javelin

1	1	Maddie BOBINSKI	SO Harper (Ill.)	34.93m	114-7	3/30
2	11	Meagan UA	FR Sandhills (N.C.) CC	24.44m	80-2¼	3/30
3	25	Emily DOOREY	SO Sandhills (N.C.) CC	16.19m	53-1½	3/30



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East

Women's 100 Meters

1	5	Tochi CHINEDU	SO Union County (N.J.)	13.47	(0.0)	4/12
2	8	Chisom CHINEDU	SO Union County (N.J.)	13.56	(0.0)	4/12
3	12	Keniya ORANGE	FR Middlesex County (N.	13.69	(0.0)	4/6
4	16	Mahima MEMBALLY	FR Middlesex County (N.	13.91w	(3.2)	4/26
5	18	Treasure BAYLOR	FR Camden County (N.J)	14.00	(0.3)	4/19
6	21	De'Ania DAVENPORT-WHITE	FR Rowan-Gloucester (	14.16w	(3.2)	4/26
7	24	Nwaneka CHINEDU	SO Union County (N.J.)	14.21	(0.0)	4/12
8	27	Ashley LEVENSTONE	FR Union County (N.J.)	14.25	(-0.8)	4/5
9	28	Keyonia VAUGHN	FR Rowan-Gloucester (	14.47	(0.7)	4/26
10	29	Selen BERIL GUNER	SO Bergen (N.J.) CC	14.50	(0.0)	3/30

Women's 200 Meters

1	3	Chisom CHINEDU	SO Union County (N.J.)	26.78	(1.1)	4/20
2	5	Tochi CHINEDU	SO Union County (N.J.)	27.11	(1.3)	4/20
3	8	Tolulope AKINYEMI	FR Prince George's (Md.	27.39w	(2.3)	4/19
4	18	Allison BRYAN	SO Bergen (N.J.) CC	28.99	(1.4)	4/12
5	22	Treasure BAYLOR	FR Camden County (N.J)	29.28	(0.2)	4/19
6	24	Keyonia VAUGHN	FR Rowan-Gloucester (	29.45	(0.0)	4/19
7	25	Ashley LEVENSTONE	FR Union County (N.J.)	29.54	(0.5)	4/5
8	26	Nwaneka CHINEDU	SO Union County (N.J.)	29.68	(-1.2)	3/23
9	27	Keniya ORANGE	FR Middlesex County (N.	29.74		1/11
10	28	Allison BONE	SO Rowan-Gloucester (	29.78	(1.4)	4/12
10	28	Mahima MEMBALLY	FR Middlesex County (N.	29.78		1/11

Women's 400 Meters

1	2	Chisom CHINEDU	SO Union County (N.J.)	58.83		4/20
2	4	Tochi CHINEDU	SO Union County (N.J.)	1:01.40		4/12
3	19	Tolulope AKINYEMI	FR Prince George's (Md.	1:06.33		4/6
4	26	Selen BERIL GUNER	SO Bergen (N.J.) CC	1:09.50		4/12
5	27	Keyonia VAUGHN	FR Rowan-Gloucester (	1:10.82		4/19
6	35	Nicole GAITO	FR Bergen (N.J.) CC	1:16.09		4/26
7	38	Emily KOTARSKI	FR Camden County (N.J)	1:17.88		4/5
8	40	Betsy SANCHEZ	FR Middlesex County (N.	1:20.02		3/23

Women's 800 Meters

1	10	McKenna DOWD	SO Rowan-Gloucester (	2:38.81		3/29
2	11	Lyndsay BOYD	FR Rowan-Gloucester (	2:39.17		4/5
3	17	Emily SANTANA	FR Camden County (N.J)	2:41.31		4/19
4	21	Katelyn RICHARDSON	SO Northern Essex (Mas	2:45.53		4/13
5	25	Katy PACHECO	SO Middlesex County (N.	2:48.19		4/12
6	28	Alyssa FARIO	FR Camden County (N.J)	2:49.86		4/19
7	30	Nicole GAITO	FR Bergen (N.J.) CC	2:52.31		4/5
8	31	Emily KOTARSKI	FR Camden County (N.J)	2:52.37		4/19
9	32	Betzabel A. DELOSSANTOS TRINIDAD	FR Camden County (N.J)	2:52.84		4/19
10	37	Mahima MEMBALLY	FR Middlesex County (N.	2:57.25		4/6

Women's 1500 Meters

1	7	McKenna DOWD	SO Rowan-Gloucester (	5:23.03		4/6
2	9	Lyndsay BOYD	FR Rowan-Gloucester (	5:25.20		4/12
3	10	Olivia MULLINS	SO Northern Essex (Mas	5:27.60		4/20
4	15	Alyssa FARIO	FR Camden County (N.J)	5:43.82		4/19
5	18	Emily SANTANA	FR Camden County (N.J)	5:47.29		4/26
6	20	Sofia CAMERON	FR Massasoit (Mass.) CC	5:53.18		4/20
7	24	Betzabel A. DELOSSANTOS TRINIDAD	FR Camden County (N.J)	5:55.92		4/19
8	29	Emma O' BRIEN	FR Bergen (N.J.) CC	6:07.83		4/5
9	30	Marina ROMERO	FR Union County (N.J.)	6:14.16		3/30
10	31	Emily KOTARSKI	FR Camden County (N.J)	6:15.13		4/26

Women's Steeplechase

1	3	McKenna DOWD	SO Rowan-Gloucester (	13:11.40		4/26
2	6	Alyssa FARIO	FR Camden County (N.J)	13:55.37		4/26
3	8	Katelyn RICHARDSON	SO Northern Essex (Mas	14:24.30		4/28

Women's 5000 Meters

1	4	Lyndsay BOYD	FR Rowan-Gloucester (	20:14.97		4/26
2	5	Olivia MULLINS	SO Northern Essex (Mas	20:34.83		3/30
3	7	Alyssa FARIO	FR Camden County (N.J)	21:39.07		4/12
4	11	Sofia CAMERON	FR Massasoit (Mass.) CC	23:24.56		4/6
5	12	Emma O' BRIEN	FR Bergen (N.J.) CC	23:41.32		3/23

Women's 10,000 Meters

1	3	Marina ROMERO	FR Union County (N.J.)	47:59.90		3/23
2	4	Emma O' BRIEN	FR Bergen (N.J.) CC	49:22.99		4/12
3	7	Sofia CAMERON	FR Massasoit (Mass.) CC	55:53.23		3/30

Women's 100 Meter Hurdles

1	2	Chisom CHINEDU	SO Union County (N.J.)	15.61	(0.8)	4/20
2	3	De'Ania DAVENPORT-WHITE	FR Rowan-Gloucester (	16.91	(-0.1)	4/19
3	7	Allison BRYAN	SO Bergen (N.J.) CC	17.68	(0.2)	4/12
4	8	Samaria WARD	SO Prince George's (Md.	17.76	(1.2)	4/6
5	15	Allison BONE	SO Rowan-Gloucester (	19.86	(1.4)	4/12
6	17	Emileigh ZANE	FR Rowan-Gloucester (	23.54	(1.4)	4/12

Women's 400 Meter Hurdles

1	1	Chisom CHINEDU	SO Union County (N.J.)	1:05.53		4/12
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Women's 4x100 Relay

1	3	Union County (N.J.)	52.08		3/30
2	5	Rowan-Gloucester (	54.81		4/19
3	6	Middlesex County (N.	55.35		3/30
4	8	Bergen (N.J.) CC	56.99		4/26

Women's 4x400 Relay

1	3	Union County (N.J.)	4:17.29		4/20
2	8	Rowan-Gloucester (	4:47.74		3/29

Women's 4x800 Relay

1	3	Camden County (N.J)	11:23.93		4/12
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East

Women's High Jump

1	1	Allison BRYAN	SO Bergen (N.J.) CC	1.51m	4-11½	4/12
2	2	Nwaneka CHINEDU	SO Union County (N.J.)	1.50m	4-11	3/30
3	6	Rayannia ROBINSON	FR Rowan-Gloucester (	1.45m	4-9	4/12
3	6	Katelyn RICHARDSON	SO Northern Essex (Mas	1.45m	4-9	4/6
5	10	Allison BONE	SO Rowan-Gloucester (	1.33m	4-4¼	4/12
6	14	Emileigh ZANE	FR Rowan-Gloucester (	1.15m	3-9¼	4/12

Women's Pole Vault

1	2	Katy PACHECO	SO Middlesex County (N.	2.90m	9-6¼	4/26
2	3	Katy PACHECO	Middlesex County (N.	2.75m	9-¼	3/2

Women's Long Jump

1	4	Katy PACHECO	SO Middlesex County (N.	4.93m	16-2¼ (0.0)	3/30
2	6	Katy PACHECO	Middlesex County (N.	4.58m	15-½ (1.9)	3/2
3	11	Chisom CHINEDU	SO Union County (N.J.)	4.44m	14-6¾ (1.3)	4/5
4	16	Liana MARTINEZ	FR Bergen (N.J.) CC	4.31m	14-1¾ (0.0)	3/30
5	18	Allison BRYAN	SO Bergen (N.J.) CC	4.26m	13-11¾ (1.1)	4/12
6	20	Nwaneka CHINEDU	SO Union County (N.J.)	4.19m	13-9 (0.3)	4/20
7	23	Allison BONE	SO Rowan-Gloucester (	4.00m	13-1½ (0.0)	4/12
8	24	Emileigh ZANE	FR Rowan-Gloucester (	3.96m	13-0 (0.0)	4/12
9	25	Rayannia ROBINSON	FR Rowan-Gloucester (	3.94m	12-11¼ (0.3)	4/26

Women's Triple Jump

1	2	Katy PACHECO	SO Middlesex County (N.	11.11m	36-5½ (0.0)	3/30
2	4	Allison BRYAN	SO Bergen (N.J.) CC	10.53m	34-6¾ (0.0)	4/5
3	7	Katy PACHECO	Middlesex County (N.	9.52m	31-2¾ (-0.4)	3/2
4	9	Nwaneka CHINEDU	SO Union County (N.J.)	9.00m	29-6½ (0.0)	4/20

Women's Shot Put

1	1	Emily HILT	FR Rowan-Gloucester (	13.12m	43-½	1/19
2	2	Elisia LANCASTER	SO Rowan-Gloucester (	12.91m	42-4¼	4/26
3	6	Emileigh ZANE	FR Rowan-Gloucester (	10.19m	33-5¼	4/12
4	7	Kadrian RICE	SO Union County (N.J.)	10.05m	32-11¾	4/5
5	17	Yvonne LIPSCOMB	FR Camden County (N.J	8.36m	27-5¼	4/12
6	21	Ajanae IRBY	SO Union County (N.J.)	8.14m	26-8½	4/12
7	22	Allison BRYAN	SO Bergen (N.J.) CC	8.07m	26-5¾	4/12
8	26	Elizabeth VARGAS	SO Bergen (N.J.) CC	7.52m	24-8¼	3/30
9	31	Amanda MODELFINO	SO Bergen (N.J.) CC	7.06m	23-2	4/12
10	34	Allison BONE	SO Rowan-Gloucester (	6.64m	21-9½	4/12

Women's Discus

1	1	Elisia LANCASTER	SO Rowan-Gloucester (	38.52m	126-5	3/29
2	3	Emily HILT	SO Rowan-Gloucester (	37.34m	122-6	4/19
3	10	Kadrian RICE	SO Union County (N.J.)	25.27m	82-11	3/30
4	11	Yvonne LIPSCOMB	FR Camden County (N.J	24.27m	79-7½	4/12
5	13	Emileigh ZANE	FR Rowan-Gloucester (	23.24m	76-3	3/23
6	24	Ajanae IRBY	SO Union County (N.J.)	16.72m	54-10¼	3/30

Women's Hammer

1	1	Elisia LANCASTER	SO Rowan-Gloucester (	55.52m	182-2	4/6
2	2	Emily HILT	SO Rowan-Gloucester (	40.56m	133-1	4/6
3	10	Nicole CARAMANNA	SO Rowan-Gloucester (	24.11m	79-1¼	4/19

Women's Javelin

1	2	Elizabeth VARGAS	SO Bergen (N.J.) CC	33.87m	111-2	4/5
2	3	Catherine HANS	SO Rowan-Gloucester (	30.93m	101-6	3/23
3	4	Nicole CARAMANNA	SO Rowan-Gloucester (	29.62m	97-2¼	4/12
4	6	Emileigh ZANE	FR Rowan-Gloucester (	28.76m	94-4¼	4/6
5	8	Allison BRYAN	SO Bergen (N.J.) CC	26.12m	85-8½	4/5
6	15	Nicole GAITO	FR Bergen (N.J.) CC	21.21m	69-7	4/12
7	21	Amanda MODELFINO	SO Bergen (N.J.) CC	17.63m	57-10¼	4/12
8	26	Allison BONE	SO Rowan-Gloucester (	15.94m	52-3¾	4/12

Women's Heptathlon

1	3	Allison BRYAN	SO Bergen (N.J.) CC	2,482		4/12
2	4	Allison BONE	SO Rowan-Gloucester (	2,344		4/12
3	5	Emileigh ZANE	FR Rowan-Gloucester (	2,115		4/12



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Northeast

Women's 100 Meters

1	1	Jeanne-Marie JOHNSON	SO Kingsborough (N.Y.)	12.36	(0.3)	4/19
2	3	Armanie ABREU	SO Suffolk County (N.Y.)	13.29	(0.0)	4/19
3	4	Malaika PIERRE-LOUIS	FR Suffolk County (N.Y.)	13.33	(-0.7)	4/26
4	7	Nikianne OTTO	FR Suffolk County (N.Y.)	13.54	(0.0)	4/19
5	8	Liberty ZAMARRIPAS	FR Herkimer County (N.Y.)	13.56w	(3.7)	4/19
6	10	Francesca DONATELLO	FR Mohawk Valley (N.Y.)	13.57	(0.0)	4/27
7	11	Amina MOHAMED	FR Herkimer County (N.Y.)	13.62	(0.0)	4/27
8	14	Shelby KITEVELES	SO Onondaga (N.Y.) CC	13.79w	(2.3)	4/6
9	15	Wallatta IFILL	FR Kingsborough (N.Y.)	13.86	(0.0)	4/12
10	17	Ashley MARTINEZ	SO Hudson Valley (N.Y.)	13.95	(0.0)	4/27

Women's 200 Meters

1	1	Jeanne-Marie JOHNSON	SO Kingsborough (N.Y.)	25.66	(0.9)	4/13
2	2	Nyeira GORDON	SO Kingsborough (N.Y.)	26.32		1/25
3	6	Michelle MASI	SO Suffolk County (N.Y.)	27.13	(1.6)	4/26
4	7	Malaika PIERRE-LOUIS	FR Suffolk County (N.Y.)	27.18	(1.0)	4/12
5	11	Armanie ABREU	SO Suffolk County (N.Y.)	27.80	(0.0)	4/19
6	12	Wallatta IFILL	FR Kingsborough (N.Y.)	28.36		2/24
7	14	Liberty ZAMARRIPAS	FR Herkimer County (N.Y.)	28.64w	(5.2)	4/19
8	16	Shelby KITEVELES	SO Onondaga (N.Y.) CC	28.69w	(3.0)	4/19
9	17	Amina MOHAMED	FR Herkimer County (N.Y.)	28.80w	(4.1)	4/19
10	20	Selene NEGRON	SO Suffolk County (N.Y.)	29.20	(0.0)	3/29

Women's 400 Meters

1	1	Nyeira GORDON	SO Kingsborough (N.Y.)	58.56		1/12
2	3	Tyesha JAMES	SO Kingsborough (N.Y.)	59.28		3/28
3	5	Michelle MASI	SO Suffolk County (N.Y.)	1:02.06		4/26
4	7	Selene NEGRON	SO Suffolk County (N.Y.)	1:03.51		4/19
5	9	Malaika PIERRE-LOUIS	FR Suffolk County (N.Y.)	1:03.94		3/29
6	10	Jeanne-Marie JOHNSON	SO Kingsborough (N.Y.)	1:04.14		3/23
7	13	Amina MOHAMED	FR Herkimer County (N.Y.)	1:05.76		4/13
8	15	Ashley MARTINEZ	SO Hudson Valley (N.Y.)	1:05.98		4/27
9	16	Shelby KITEVELES	SO Onondaga (N.Y.) CC	1:06.04		4/27
10	17	Alayna LANGAN	SO FIT (N.Y.)	1:06.17		4/5

Women's 800 Meters

1	1	Tyesha JAMES	SO Kingsborough (N.Y.)	2:19.19		2/8
2	3	Julianna FAUSTIN	FR Suffolk County (N.Y.)	2:27.33		4/26
3	4	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	2:29.12		4/20
4	6	Julia SCHAEFER	FR Suffolk County (N.Y.)	2:30.59		4/19
5	12	Alayna LANGAN	SO FIT (N.Y.)	2:39.25		3/29
6	14	Sara MOORE	JR Mohawk Valley (N.Y.)	2:40.42		4/19
7	16	Olivia HILL	FR Suffolk County (N.Y.)	2:41.13		4/19
8	19	Shannon CULHANE	FR FIT (N.Y.)	2:43.05		3/29
9	20	Riley WERNER	SO Columbia-Greene (N.Y.)	2:45.33		4/27
10	22	Stephanie CARDALENA	FR Suffolk County (N.Y.)	2:46.23		4/19

Women's 1500 Meters

1	2	Tyesha JAMES	SO Kingsborough (N.Y.)	5:01.73	(5:25.87(1))	1/18
2	3	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	5:010.00		4/20
3	5	Julia SCHAEFER	FR Suffolk County (N.Y.)	5:20.72		4/19
4	13	Anna CLARKE	FR Hudson Valley (N.Y.)	5:38.57		4/13
5	16	Sara MOORE	JR Mohawk Valley (N.Y.)	5:43.99		4/19
6	17	Allaura DASHNAW	FR Suffolk County (N.Y.)	5:45.82		4/26
7	19	Sarah CARPENTER	FR FIT (N.Y.)	5:49.73		4/5
8	22	Stephanie CARDALENA	FR Suffolk County (N.Y.)	5:55.02		4/19
9	23	Nina BONETTI	FR Suffolk County (N.Y.)	5:55.85		4/26
10	27	SaraMarie CERULLO	SO CCRJ	6:01.35		4/12

Women's Steeplechase

1	1	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	12:50.79		4/27
2	2	Allaura DASHNAW	FR Suffolk County (N.Y.)	13:00.68		4/19
3	7	Nina BONETTI	FR Suffolk County (N.Y.)	14:05.38		4/19
4	9	Audrie PRUSINOWSKI	SO Finger Lakes (N.Y.) C	14:45.39		4/27
5	10	Sara MOORE	JR Mohawk Valley (N.Y.)	15:06.92		4/27
6	11	Malerie BELLES	SO Herkimer County (N.Y.)	16:50.13		4/27
7	12	Kaitlyn BAUDENDISTEL	FR Herkimer County (N.Y.)	17:13.86		4/27

Women's 5000 Meters

1	2	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	19:44.08		3/23
2	6	Allaura DASHNAW	FR Suffolk County (N.Y.)	21:17.89		4/12
3	8	Mio SAKAI	JR Mohawk Valley (N.Y.)	22:03.27		4/27
4	14	Rachel BEAULIEU	FR Mohawk Valley (N.Y.)	30:21.58		4/27

Women's 10,000 Meters

1	1	Mercedes PLANAVSKY	SO Hudson Valley (N.Y.)	40:17.55		4/6
2	6	Sara MOORE	JR Mohawk Valley (N.Y.)	52:27.67		4/27
3	8	Kaylee MEYERS	SO Mohawk Valley (N.Y.)	56:34.14		4/27
4	9	Alexa VALE	SO Kingsborough (N.Y.)	1:04:52		4/12

Women's 100 Meter Hurdles

1	1	Nyeira GORDON	SO Kingsborough (N.Y.)	14.16w	(5.6)	4/19
2	4	Melinda WAAG	FR Finger Lakes (N.Y.) C	17.45	(0.0)	4/27
3	5	Raquel BURTON	FR Herkimer County (N.Y.)	17.51	(1.0)	4/6
4	6	Erica MARTINEZ	FR Suffolk County (N.Y.)	17.53	(0.2)	4/12
5	9	Mio SAKAI	JR Mohawk Valley (N.Y.)	18.13w	(5.1)	3/29
6	12	Audrie PRUSINOWSKI	SO Finger Lakes (N.Y.) C	19.06	(0.0)	4/27
7	13	Rose SIMMONS	SO Mohawk Valley (N.Y.)	19.25	(0.0)	4/27
8	14	Malerie BELLES	SO Herkimer County (N.Y.)	19.65w	(5.1)	4/19
9	16	Julianna BEHR	SO Mohawk Valley (N.Y.)	22.80	(0.0)	4/27

Women's 400 Meter Hurdles

1	2	Nyeira GORDON	SO Kingsborough (N.Y.)	1:07.99		4/13
2	4	Katherine BURGESS	FR Nassau (N.Y.) CC	1:11.64		4/12
3	6	Raquel BURTON	FR Herkimer County (N.Y.)	1:17.38		4/6
4	8	Audrie PRUSINOWSKI	SO Finger Lakes (N.Y.) C	1:22.81		4/27
5	9	Chynalle WILLIAMS	FR Kingsborough (N.Y.)	1:31.93		4/12
6	10	Kaitlyn BEHAN	FR Herkimer County (N.Y.)	1:34.38		4/27
7	11	Malerie BELLES	SO Herkimer County (N.Y.)	1:39.93		4/27
8	12	Rachel BEAULIEU	FR Mohawk Valley (N.Y.)	1:55.64		4/27



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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Northeast

Women's 4x100 Relay

1	1	Kingsborough (N.Y.)	49.87	3/28
2	2	Suffolk County (N.Y.)	51.51	4/12
3	7	Herkimer County (N.	55.68	4/13
4	9	FIT (N.Y.)	58.00	4/12
5	10	Mohawk Valley (N.Y.)	58.05	4/16
6	11	Finger Lakes (N.Y.) C	1:01.34	4/20
7	12	Queensborough (N.Y)	1:07.48	4/28

Women's 4x400 Relay

1	1	Kingsborough (N.Y.)	4:02.48	3/28
2	2	Suffolk County (N.Y.)	4:12.89	4/25
3	5	Hudson Valley (N.Y.)	4:41.68	4/27
4	6	FIT (N.Y.)	4:45.33	4/12
5	7	Herkimer County (N.	4:47.47	4/19
6	9	Mohawk Valley (N.Y.)	5:27.74	4/27

Women's 4x800 Relay

1	2	FIT (N.Y.)	11:00.77	4/12
2	4	Suffolk County (N.Y.)	12:17.41	3/23
3	5	Herkimer County (N.	13:12.82	4/27
4	6	Mohawk Valley (N.Y.)	13:45.55	4/27
5	7	Queensborough (N.Y)	14:17.05	4/12

Women's High Jump

1	2	Nigeria JONES	FR Suffolk County (N.Y.) 1.50m	4-11	4/5
1	2	Julia STANGER	FR Suffolk County (N.Y.) 1.50m	4-11	3/23
1	2	Jenna VAIRO	FR Sullivan County (N.Y.) 1.50m	4-11	4/27
4	6	Malerie BELLES	SO Herkimer County (N. 1.45m	4-9	4/13
5	11	Erica MARTINEZ	FR Suffolk County (N.Y.) 1.30m	4-3¼	4/12
6	12	Julianna BEHR	SO Mohawk Valley (N.Y.) 1.27m	4-2	4/27
6	12	Melinda WAAG	FR Finger Lakes (N.Y.) C 1.27m	4-2	4/27
8	15	Kaitlyn BEHAN	FR Herkimer County (N. 1.09m	3-6¾	4/27

Women's Pole Vault

1	1	Nikianne OTTO	FR Suffolk County (N.Y.) 3.05m	10-0	4/12
2	4	Jodi COCHRANE	FR Suffolk County (N.Y.) 2.60m	8-6¼	4/12
3	5	Isabella SABATINNI	FR Onondaga (N.Y.) CC 2.45m	8-½	2/9
4	7	Melinda WAAG	FR Finger Lakes (N.Y.) C 2.16m	7-1	4/27
5	8	Rachel BEAULIEU	FR Mohawk Valley (N.Y.) 2.06m	6-9	4/27
6	9	Kaitlyn BAUDENDISTEL	FR Herkimer County (N. 1.63m	5-4¼	4/16

Women's Long Jump

1	2	Nigeria JONES	FR Suffolk County (N.Y.) 5.26m	17-3¼ (0.0)	3/23
2	5	Erica MARTINEZ	FR Suffolk County (N.Y.) 4.66m	15-3½ (0.0)	3/23
3	7	Jenna VAIRO	FR Sullivan County (N.Y.) 4.55m	14-11¼ (1.3)	4/5
4	8	Melinda WAAG	FR Finger Lakes (N.Y.) C 4.54m	14-10¾	2/1
5	9	Alexis JACKSON	SO Suffolk County (N.Y.) 4.51mw	14-9¾ (2.4)	4/26
6	12	Francesca DONATELLO	FR Mohawk Valley (N.Y.) 4.41m	14-5¾ (0.0)	4/16
7	15	Malerie BELLES	FR Herkimer County (N. 4.32m	14-2¼	2/2
8	17	Rose SIMMONS	SO Mohawk Valley (N.Y.) 4.29m	14-1 (0.0)	4/27
9	19	Wallatta IFILL	FR Kingsborough (N.Y.) 4.22m	13-10¼	2/1
10	21	Raquel BURTON	FR Herkimer County (N. 4.14m	13-7 (0.0)	4/27

Women's Triple Jump

1	3	Nigeria JONES	FR Suffolk County (N.Y.) 10.92m	35-10 (-1.1)	3/29
2	5	Alexis JACKSON	SO Suffolk County (N.Y.) 9.86m	32-4¼ (0.9)	4/26
3	6	Erica MARTINEZ	FR Suffolk County (N.Y.) 9.53m	31-3¼ (0.8)	4/5
4	8	Malerie BELLES	SO Herkimer County (N. 9.29m	30-5¾ (0.0)	4/27
5	10	Julianna BEHR	SO Mohawk Valley (N.Y.) 8.41m	27-7¼ (0.0)	4/27
6	11	Kaitlyn BEHAN	FR Herkimer County (N. 8.40m	27-6¾ (0.0)	4/27
7	12	Alexis HOLMES	SO Hudson Valley (N.Y.) 8.24m	27-½ (0.0)	4/27
8	13	Francesca DONATELLO	FR Mohawk Valley (N.Y.) 8.21m	26-11¼ (0.0)	4/27

Women's Shot Put

1	3	Jane FAHY	FR Mohawk Valley (N.Y.) 12.23m	40-1½	3/29
2	4	Ashley BOSCO	FR Herkimer County (N. 11.63m	38-2	2/2
3	8	Skye-Linda ALEXANDER	FR Suffolk County (N.Y.) 9.89m	32-5½	4/12
4	9	Milvia FENELON	SO Kingsborough (N.Y.) 9.76m	32-¼	4/12
5	10	Alysha OWENS	SO Westchester (N.Y.) C 9.67m	31-8¾	4/12
6	13	Alexis HOLMES	SO Hudson Valley (N.Y.) 9.13m	29-11½	4/13
7	14	Melinda WAAG	FR Finger Lakes (N.Y.) C 8.85m	29-½	3/29
8	15	Jasmine MINICK-SELDON	SO Hudson Valley (N.Y.) 8.67m	28-5½	4/13
9	18	Kayla SANCHEZ	SO Onondaga (N.Y.) CC 8.28m	27-2	4/27
10	19	Erica MARTINEZ	FR Suffolk County (N.Y.) 8.25m	27-¾	4/12

Women's Discus

1	2	Jane FAHY	FR Mohawk Valley (N.Y.) 38.18m	125-3	4/19
2	5	Alysha OWENS	SO Westchester (N.Y.) C 32.65m	107-2	3/30
3	7	Alexis HOLMES	SO Hudson Valley (N.Y.) 27.37m	89-9¾	4/27
4	8	Skye-Linda ALEXANDER	FR Suffolk County (N.Y.) 27.23m	89-4	4/12
5	9	Kaylee MEYERS	SO Mohawk Valley (N.Y.) 26.66m	87-5¾	3/29
6	15	MaeJean DELLABARCA-BARNES	FR Hudson Valley (N.Y.) 22.26m	73-½	4/27
7	16	Ashley BOSCO	FR Herkimer County (N. 21.65m	71-½	4/27
8	18	Alexa VALE	SO Kingsborough (N.Y.) 19.89m	65-3¼	3/23
9	19	Kayla SANCHEZ	SO Onondaga (N.Y.) CC 19.37m	63-6¾	4/27
10	20	Kaitlyn BAUDENDISTEL	FR Herkimer County (N. 19.26m	63-2¼	4/6

Women's Hammer

1	3	Ashley BOSCO	FR Herkimer County (N. 32.42m	106-5	4/13
2	4	Milvia FENELON	SO Kingsborough (N.Y.) 27.60m	90-6¾	4/12
3	5	Jane FAHY	FR Mohawk Valley (N.Y.) 27.19m	89-2½	4/6
4	6	Jasmine MINICK-SELDON	SO Hudson Valley (N.Y.) 26.86m	88-1½	4/20
5	7	MaeJean DELLABARCA-BARNES	FR Hudson Valley (N.Y.) 26.61m	87-3¾	3/23
6	8	Alysha OWENS	SO Westchester (N.Y.) C 25.90m	84-11¾	4/12
7	11	Kayla SANCHEZ	SO Onondaga (N.Y.) CC 23.90m	78-5	3/29
8	12	Alexa VALE	SO Kingsborough (N.Y.) 23.00m	75-5½	4/12
9	13	Kaylee MEYERS	SO Mohawk Valley (N.Y.) 19.85m	65-1½	4/13
10	14	Christina SPRINGS	FR Kingsborough (N.Y.) 19.35m	63-6	4/12



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Northeast

Women's Javelin

1	5	Jane FAHY	FR Mohawk Valley (N.Y.)	29.19m	95-9¼	4/27
2	7	Melinda WAAG	FR Finger Lakes (N.Y.) C	27.37m	89-9¾	4/27
3	9	Alexis HOLMES	SO Hudson Valley (N.Y.)	25.67m	84-2¾	4/6
4	10	Ashley BOSCO	FR Herkimer County (N.	24.91m	81-8¾	4/27
5	12	Julianna BEHR	SO Mohawk Valley (N.Y.)	23.60m	77-5¼	4/27
6	13	Alysha OWENS	SO Westchester (N.Y.) C	22.79m	74-9¼	4/12
7	14	Kayla SANCHEZ	SO Onondaga (N.Y.) CC	22.13m	72-7¼	4/6
8	16	Milvia FENELON	SO Kingsborough (N.Y.)	20.35m	66-9¼	4/12
9	17	Patricia FERNANDEZ	FR Herkimer County (N.	19.64m	64-5¼	4/13
10	18	MaeJean DELLABARCA-BARNES	FR Hudson Valley (N.Y.)	17.90m	58-8¾	4/13

Women's Heptathlon

1	1	Erica MARTINEZ	FR Suffolk County (N.Y.)	2,796		4/12
2	2	Melinda WAAG	FR Finger Lakes (N.Y.) C	2,592		4/27
3	6	Malerie BELLES	SO Herkimer County (N.	2,018		4/19
4	7	Julianna BEHR	SO Mohawk Valley (N.Y.)	1,857		4/27