



Regional TFRI Event Summary

as of 2/23/2021 12:45:34 PM

Atlantic

Men's 60 Meters

1	76	Jacob NIXON	FR	#2	Bryant & Stratton	7.14	2/6
2	82	Qvontre HARPER	SO	#1	Louisburg (N.C.)	7.16	1/23
3	98	Tru CRENSHAW	FR	#2	Bryant & Stratton	7.21	2/6
4		Ahkeem PAIGE	FR	#1	Louisburg (N.C.)	7.24	1/23
5		Laterion JOHNSON	FR	#1	Louisburg (N.C.)	7.35	1/29
6		Anthony POWELL JR	SO	#2	Bryant & Stratton	7.49	2/12

Men's 200 Meters

1	68	Jacob NIXON	FR	#2	Bryant & Stratton	22.40	2/6
2	90	Jhalen HARRIS	FR	#2	Bryant & Stratton	22.73	2/6
3	97	Amir EPPS	FR	#2	Bryant & Stratton	22.80	2/12
4		Sidney LITTLEJOHN	FR	#1	Louisburg (N.C.)	23.08	1/23
5		Jeremy EVANS	FR	#1	Louisburg (N.C.)	23.40 out (0.0)	2/5
6		Ahkeem PAIGE	FR	#1	Louisburg (N.C.)	23.41	1/29

Men's 400 Meters

1	37	Caleb MCGIRE	FR	#2	Bryant & Stratton	50.07	2/12
2	42	Amir EPPS	FR	#2	Bryant & Stratton	50.21	2/12
3	84	Allen CHERRY	SO	#2	Bryant & Stratton	52.47	2/6
4	93	Ahkeem PAIGE	FR	#1	Louisburg (N.C.)	52.82 out	2/5
5		Nkosi TYSON	FR	#1	Louisburg (N.C.)	54.29 out	2/5
6		Sidney LITTLEJOHN	FR	#1	Louisburg (N.C.)	54.52	1/29

Men's 800 Meters

1	37	Isaiah BARNES	FR	#1	Louisburg (N.C.)	1:59.43 out	2/5
2	39	Dae'Shawn GRIFFIN	SO	#2	Bryant & Stratton	1:59.51	2/12
3	48	Jason FERRELL	FR	#2	Bryant & Stratton	2:00.32	2/12
4	58	Bryan HILL	SO	#1	Louisburg (N.C.)	2:02.00 out	2/5
5	67	Seth SHARPE	FR	#1	Louisburg (N.C.)	2:03.22 out	2/5
6	86	Amir EPPS	FR	#2	Bryant & Stratton	2:05.87	2/6

Men's 1000 Meters

1	23	Isaiah BARNES	FR	#1	Louisburg (N.C.)	2:38.19	1/29
2	86	Anthony POWELL JR	SO	#2	Bryant & Stratton	3:01.59	2/12

Men's Mile

1	35	Isaiah BARNES	FR	#1	Louisburg (N.C.)	4:31.86 out	2/5
2	73	Seth SHARPE	FR	#1	Louisburg (N.C.)	4:44.51	1/29
3	99	Kyle MCDERMOTT	FR	#1	Louisburg (N.C.)	4:55.00 out	2/5

Men's 3000 Meters

1	32	John GORMLEY	FR	#1	Louisburg (N.C.)	9:13.05	1/29
2	51	Seth SHARPE	FR	#1	Louisburg (N.C.)	9:32.49	1/23

Men's 5000 Meters

1	23	John GORMLEY	FR	#1	Louisburg (N.C.)	15:56.16 out	2/5
2	35	Seth SHARPE	FR	#1	Louisburg (N.C.)	16:21.96 out	2/5

Men's 60 Meter Hurdles

1	16	Sidney LITTLEJOHN	FR	#1	Louisburg (N.C.)	Q 8.32	1/23
2	50	Anthony POWELL JR	SO	#2	Bryant & Stratton	9.37	2/12

Men's 4x400 Relay

1	15	https://www.tfrrs.org/teams/98402		#2	Bryant & Stratton	3:21.17	2/12
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Men's High Jump

1	35	Anthony POWELL JR	SO	#2	Bryant & Stratton	1.65m	5-5 2/12
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Men's Pole Vault

1	32	Anthony POWELL JR	SO	#2	Bryant & Stratton	2.50m	8-2½ 2/12
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Men's Long Jump

1	11	Laterion JOHNSON	FR	#1	Louisburg (N.C.)	6.88m	22-7 1/23
2	26	Jeremy EVANS	FR	#1	Louisburg (N.C.)	6.59m	21-7½ 1/23
3	34	Jhalen HARRIS	FR	#2	Bryant & Stratton	6.52m	21-4¾ 2/6
4	37	Malik HUMES	FR	#1	Louisburg (N.C.)	6.47m	21-2¾ (0.2) 2/5
5	59	Anthony POWELL JR	SO	#2	Bryant & Stratton	6.17m	20-3 2/12

Men's Shot Put

1	32	Kevon CHAPMAN	SO	#2	Bryant & Stratton	12.24m	40-2 2/12
2	35	Khamari ARRINGTON	FR	#1	Louisburg (N.C.)	11.96m	39-3 2/5
3	61	Anthony POWELL JR	SO	#2	Bryant & Stratton	7.81m	25-7½ 2/12

Men's Weight Throw

1	46	Khamari ARRINGTON	FR	#1	Louisburg (N.C.)	8.04m	26-4½ 1/23
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Men's Heptathlon

1	13	Anthony POWELL JR	SO	#2	Bryant & Stratton	Q 3,756	2/12
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as of 2/23/2021 12:45:34 PM

Central

Men's 60 Meters

1	1	Guinove JOANUS	SO	#5	Coffeyville (Kan.)	Q	6.71	1/31
2	2	Nolton SHELVIN	FR	#5	Coffeyville (Kan.)	Q	6.72	2/20
3	3	Dakari CARTER	SO	#8	Butler (Kan.) CC	Q	6.73	2/20
3	3	Caleb JACKSON	SO	#8	Butler (Kan.) CC	Q	6.73	2/20
5	6	Karon DEAN	SO	#2	Barton (Kan.) CC	Q	6.78	2/20
6	7	Jerod ELCOCK	SO	#8	Butler (Kan.) CC	Q	6.79	2/12
6	7	Armando COLOME	FR	#12	Allen (Kan.) CC	Q	6.79	2/20
8	13	Jamaal MORRIS JR.	SO	#10	Pratt (Kan.) CC	Q	6.80	2/20
9	16	Antoine EVANS	FR	#5	Coffeyville (Kan.)	Q	6.84	1/31
10	20	Donovan HINES	FR	#9	Hutchinson (Kan.)	Q	6.86 (0.0)	2/5
10	20	Caleb BOGER	SO	#2	Barton (Kan.) CC	Q	6.86	2/20

Men's 200 Meters

1	1	Guinove JOANUS	SO	#5	Coffeyville (Kan.)	Q	21.29 OT	2/20
2	2	Caleb BOGER	SO	#2	Barton (Kan.) CC	Q	21.38 OT	2/20
3	3	Denzel FEAGIN	SO	#2	Barton (Kan.) CC	Q	21.41 OT	2/20
4	4	Dakari CARTER	SO	#8	Butler (Kan.) CC	Q	21.42	2/12
5	6	Kashawn BAPTISTE	SO	#10	Pratt (Kan.) CC	Q	21.54 OT	2/20
6	9	Dakari CHARLTON	SO	#5	Coffeyville (Kan.)	Q	21.70 OT	1/31
7	13	Ireon BROWN	FR	#5	Coffeyville (Kan.)	Q	21.78 OT	2/20
8	14	Jerod ELCOCK	SO	#8	Butler (Kan.) CC	Q	21.82 OT	2/20
9	20	Armando COLOME	FR	#12	Allen (Kan.) CC	Q	21.88 OT	2/20
10	25	Jamaal MORRIS JR.	SO	#10	Pratt (Kan.) CC	Q	21.91 OT	2/20
10	25	Jarvis MILES	SO	#4	Fort Scott (Kan.)	Q	21.91 OT	2/20

Men's 400 Meters

1	1	Ja'Kwan HALE	SO	#2	Barton (Kan.) CC	Q	47.03c (46.92A)	1/23
2	2	Jevon O'BRYANT	SO	#2	Barton (Kan.) CC	Q	47.68c (47.57A)	1/23
3	3	Gamali FELIX	SO	#2	Barton (Kan.) CC	Q	47.95 OT	2/20
4	12	Cecil BROWNRIDGE III	SO	#6	Northwest Kansas	Q	48.67 OT	2/20
5	15	Maliek ROBERSON	SO	#11	Garden City (Kan.)	Q	48.85 OT	2/20
6	16	Jarvis MILES	SO	#4	Fort Scott (Kan.)	Q	48.86 OT	2/20
7	19	Kashawn BAPTISTE	SO	#10	Pratt (Kan.) CC	Q	49.00 OT	1/31
7	19	Shadrack TANSI	FR	#1	Cloud County (Ka)	Q	49.00 OT	2/20
9	22	tre BUCHANAN	SO	#4	Fort Scott (Kan.)	Q	49.24 OT	2/20
10	24	Judah TAYLOR	SO	#8	Butler (Kan.) CC	Q	49.40	2/12

Men's 600 Meters

1	3	Tyrese REID	SO	#2	Barton (Kan.) CC	Q	1:19.67 (1:11.13/6)	1/23
2	9	Walker STROMGREN	FR	#7	Highland (Kan.) C	Q	1:20.75c (1:22.66u)	2/13
3	13	Ephraim LERKIN	FR	#1	Cloud County (Ka)	Q	1:21.69 OT	2/20
4	19	Timothy NYINGUAN	FR	#1	Cloud County (Ka)	Q	1:22.63 OT	2/20
5	22	Richard WHATLEY JR.	FR	#3	Cowley (Kan.)	Q	1:22.84 OT	1/31
5	22	Telron BRADFORD	FR	#2	Barton (Kan.) CC	Q	1:22.84 OT	2/20
7	26	Ionnell JOHNSON	FR	#4	Fort Scott (Kan.)	Q	1:23.35 OT	1/31
8	29	Juan LOREDO	SO	#6	Northwest Kansa	Q	1:23.56 OT	2/20
9	30	Erik ZAMORA	FR	#13	Dodge City (Kan.)	Q	1:24.31 OT	1/31
10	33	Levii SHAW	FR	#4	Fort Scott (Kan.)	Q	1:24.36 OT	2/20

Men's 800 Meters

1	1	Tyrese REID	SO	#2	Barton (Kan.) CC	Q	1:52.03 OT	2/20
2	6	Marcus FREEMAN	FR	#4	Fort Scott (Kan.)	Q	1:54.80 OT	2/14
3	7	Jean DIEUVIL	SO	#7	Highland (Kan.) C	Q	1:54.96 OT	2/20
4	8	Goran DUIJSTERS	FR	#3	Cowley (Kan.)	Q	1:55.39 OT	2/20
5	17	Ephraim LERKIN	FR	#1	Cloud County (Ka)	Q	1:56.98 OT	2/20
6	18	Rylan CHENEY	FR	#1	Cloud County (Ka)	Q	1:57.09 OT	2/20
7	26	Walker STROMGREN	FR	#7	Highland (Kan.) C	Q	1:58.01c (2:00.62u)	2/6
8	28	Dawson CRAWLEY	SO	#3	Cowley (Kan.)	Q	1:58.08	2/12
9	30	Erik ZAMORA	FR	#13	Dodge City (Kan.)	Q	1:58.22 OT	2/20
10	32	Deiondre WILLIAMS	SO	#7	Highland (Kan.) C	Q	1:58.80 OT	2/20

Men's 1000 Meters

1	9	Lucorien DEBOEST	FR	#4	Fort Scott (Kan.)	Q	2:34.28 OT	2/14
2	10	Zach MCPHEE	FR	#10	Pratt (Kan.) CC	Q	2:34.34 OT	2/14
3	11	Dawson CRAWLEY	SO	#3	Cowley (Kan.)	Q	2:35.13 OT	2/20
4	13	Awet BERAKI	SO	#1	Cloud County (Ka)	Q	2:36.00 OT	2/20
5	15	Jean DIEUVIL	SO	#7	Highland (Kan.) C	Q	2:36.13c (2:39.41u)	2/13
6	17	Michael IYALI	FR	#1	Cloud County (Ka)	Q	2:36.36 OT	1/31
7	18	Rylan CHENEY	FR	#1	Cloud County (Ka)	Q	2:36.65 OT	2/20
8	20	Tyrese REID	SO	#2	Barton (Kan.) CC	Q	2:37.62c (2:38.07A)	1/23
9	21	Angel AYALA	FR	#11	Garden City (Kan.)	Q	2:38.15 OT	2/20
10	24	Gudisa ADNOW	FR	#4	Fort Scott (Kan.)	Q	2:38.21 OT	1/31

Men's Mile

1	1	Vincent NCHOGU	FR	#6	Northwest Kansa	Q	4:11.37	1/29
2	4	Oliver KIPTOO	FR	#6	Northwest Kansa	Q	4:14.47 OT	2/20
3	5	Awet BERAKI	SO	#1	Cloud County (Ka)	Q	4:14.85 OT	2/20
4	8	Habtamu GETA	SO	#1	Cloud County (Ka)	Q	4:17.50 OT	2/20
5	9	Zach MCPHEE	FR	#10	Pratt (Kan.) CC	Q	4:19.51 OT	2/20
6	10	Adrian DIAZ-LOPEZ	SO	#3	Cowley (Kan.)	Q	4:20.91 OT	2/20
7	19	Teagan FLANAGAN	SO	#9	Hutchinson (Kan.)	Q	4:26.65 OT	2/20
8	22	Gudisa ADNOW	FR	#4	Fort Scott (Kan.)	Q	4:27.42 OT	2/20
9	25	Lucorien DEBOEST	FR	#4	Fort Scott (Kan.)	Q	4:29.77 OT	2/20
10	26	Burch GREENE	SO	#12	Allen (Kan.) CC	Q	4:29.79 OT	2/14

Men's 3000 Meters

1	1	Vincent NCHOGU	FR	#6	Northwest Kansa	Q	8:21.16	1/23
2	2	Oliver KIPTOO	FR	#6	Northwest Kansa	Q	8:24.08	1/23
3	4	Adrian DIAZ-LOPEZ	SO	#3	Cowley (Kan.)	Q	8:28.49	2/12
4	5	Awet BERAKI	SO	#1	Cloud County (Ka)	Q	8:28.52 OT	2/20
5	6	Zach MCPHEE	FR	#10	Pratt (Kan.) CC	Q	8:36.63	1/23
6	7	Habtamu GETA	SO	#1	Cloud County (Ka)	Q	8:39.97	2/12
7	9	Amos PKIACH	FR	#3	Cowley (Kan.)	Q	8:45.08 OT	2/20
8	11	Teagan FLANAGAN	SO	#9	Hutchinson (Kan.)	Q	8:47.28 OT	2/20
9	15	Gudisa ADNOW	FR	#4	Fort Scott (Kan.)	Q	8:53.13	1/23
10	26	Edwin KIPAINOI	FR	#1	Cloud County (Ka)	Q	9:08.40	2/12



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as of 2/23/2021 12:45:34 PM

Central

Men's 5000 Meters

1	1	Vincent NCHOGU	FR	#6	Northwest Kansas	Q	14:22.90 OT	2/14
2	2	Adrian DIAZ-LOPEZ	SO	#3	Cowley (Kan.)	Q	14:35.25 OT	2/20
3	3	Awet BERAKI	SO	#1	Cloud County (Ka	Q	14:38.19 OT	1/31
4	4	Oliver KIPTOO	FR	#6	Northwest Kansas	Q	14:43.74 OT	2/20
5	7	Zach MCPHEE	FR	#10	Pratt (Kan.) CC	Q	15:06.71 OT	2/20
6	8	Habtamu GETA	SO	#1	Cloud County (Ka	Q	15:12.21 OT	2/20
7	9	Teagan FLANAGAN	SO	#9	Hutchinson (Kan.)	Q	15:15.34 OT	2/20
8	11	Amos PKIACH	FR	#3	Cowley (Kan.)	Q	15:16.21 OT	1/31
9	14	Gudisa ADNOW	FR	#4	Fort Scott (Kan.)	Q	15:21.60 OT	1/31
10	24	Edwin KIPAINOI	FR	#1	Cloud County (Ka	Q	15:57.36 OT	2/20

Men's 60 Meter Hurdles

1	4	Keirston PAIGE	FR	#14	Hinds (Miss.) CC	Q	7.98	1/31
2	5	Marvin JEAN-FRANCOIS	SO	#10	Pratt (Kan.) CC	Q	8.03	2/20
3	9	Almighty WILLIAMSON	FR	#2	Barton (Kan.) CC	Q	8.13	1/31
4	10	Russell MITCHELL	SO	#4	Fort Scott (Kan.)	Q	8.14	1/31
5	15	Brandon SMITH	FR	#8	Butler (Kan.) CC	Q	8.30	2/12
6	16	Diego ANDRES-DUGAN	FR	#3	Cowley (Kan.)	Q	8.32	2/20
7	20	Marcquiece CADE	SO	#1	Cloud County (Ka	Q	8.40	1/31
8	21	David NIANG	FR	#8	Butler (Kan.) CC	Q	8.43	2/20
9	24	Tyler HEYEN GERHARDT	SO	#13	Dodge City (Kan.)	Q	8.62	2/20
10	25	Zachery JONES	FR	#1	Cloud County (Ka	Q	8.63	2/20

Men's 4x400 Relay

1	2	https://www.tfrrs.org/teams/536	#2	Barton (Kan.) CC	Q	3:13.09 OT	2/20
2	3	https://www.tfrrs.org/teams/540	#8	Butler (Kan.) CC	Q	3:13.81 OT	2/20
3	4	https://www.tfrrs.org/teams/544	#1	Cloud County (Ka	Q	3:13.90 OT	2/20
4	5	https://www.tfrrs.org/teams/723	#10	Pratt (Kan.) CC	Q	3:14.77 OT	2/20
5	7	https://www.tfrrs.org/teams/8047	#4	Fort Scott (Kan.)	Q	3:16.43 OT	2/20
6	8	https://www.tfrrs.org/teams/558	#14	Hinds (Miss.) CC	Q	3:16.83	1/31
7	12	https://www.tfrrs.org/teams/81164	#6	Northwest Kansas	Q	3:19.38	1/29
8	13	https://www.tfrrs.org/teams/556	#7	Highland (Kan.) C	Q	3:19.86 OT	2/20
9	14	https://www.tfrrs.org/teams/659	#12	Allen (Kan.) CC	Q	3:20.53 OT	2/20
10	16	https://www.tfrrs.org/teams/546	#5	Coffeyville (Kan.)	Q	3:23.22 OT	1/31

Men's 4x800 Relay

1	2	https://www.tfrrs.org/teams/544	#1	Cloud County (Ka	Q	7:57.98 OT	2/20
2	3	https://www.tfrrs.org/teams/32261	#13	Dodge City (Kan.)	Q	8:03.12 OT	2/20
3	4	https://www.tfrrs.org/teams/4653	#3	Cowley (Kan.)	Q	8:03.29 OT	2/20
4	5	https://www.tfrrs.org/teams/659	#12	Allen (Kan.) CC	Q	8:04.66 OT	2/20
5	6	https://www.tfrrs.org/teams/550	#11	Garden City (Kan.)	Q	8:56.11 OT	2/20
6	7	https://www.tfrrs.org/teams/540	#8	Butler (Kan.) CC	Q	9:02.86 OT	2/20

Men's Distance Medley Relay

1	1	https://www.tfrrs.org/teams/81164	#6	Northwest Kansas	Q	10:13.37	1/29
2	4	https://www.tfrrs.org/teams/544	#1	Cloud County (Ka	Q	10:24.35 OT	2/20
3	6	https://www.tfrrs.org/teams/659	#12	Allen (Kan.) CC	Q	10:26.19 OT	2/20
4	7	https://www.tfrrs.org/teams/4653	#3	Cowley (Kan.)	Q	10:26.96 OT	2/20
5	9	https://www.tfrrs.org/teams/556	#7	Highland (Kan.) C	Q	10:41.21 OT	2/20
6	10	https://www.tfrrs.org/teams/32261	#13	Dodge City (Kan.)	Q	10:42.95 OT	1/31
7	12	https://www.tfrrs.org/teams/8047	#4	Fort Scott (Kan.)	Q	10:45.43 OT	1/31
8	14	https://www.tfrrs.org/teams/540	#8	Butler (Kan.) CC	Q	11:10.71 OT	2/20
9	16	https://www.tfrrs.org/teams/550	#11	Garden City (Kan.)	Q	11:24.03 OT	2/20
10	17	https://www.tfrrs.org/teams/977	#9	Hutchinson (Kan.)	Q	11:31.07 OT	2/20

Men's High Jump

1	4	Andrew BETTON	SO	#1	Cloud County (Ka	Q	2.01m	6-7	2/20
2	6	Elijah WILSON	SO	#1	Cloud County (Ka	Q	2.00m	6-6¾	2/12
2	6	Etaijen EASTER	SO	#14	Hinds (Miss.) CC	Q	2.00m	6-6¾	1/31
2	6	Malik CHATMAN	SO	#7	Highland (Kan.) C	Q	2.00m	6-6¾	1/15
2	6	Jalen GAINES	FR	#4	Fort Scott (Kan.)	Q	2.00m	6-6¾	2/20
2	6	Wyatt THIEL	SO	#9	Hutchinson (Kan.)	Q	2.00m	6-6¾	2/5
2	6	Zachary BIEL	FR	#9	Hutchinson (Kan.)	Q	2.00m	6-6¾	2/20
8	13	Gregory CURRY II	SO	#10	Pratt (Kan.) CC	Q	1.95m	6-4¾	2/14
9	17	Trent GUIDRY	FR	#5	Coffeyville (Kan.)	Q	1.90m	6-2¾	1/14
10	18	Samuel CENESCAR	FR	#6	Northwest Kansas	Q	1.89m	6-2¼	1/29



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as of 2/23/2021 12:45:35 PM

Central

Men's Pole Vault

1	5	Renaldo SAVOURY	FR #1	Cloud County (Ka)	Q 4.31m	14-1¾	2/20
1	5	Jeff THAWINITKUL	SO #3	Cowley (Kan.)	Q 4.31m	14-1¾	2/5
3	8	Jack MULL	SO #3	Cowley (Kan.)	4.16m	13-7¾	1/24
4	9	Kolby CASTER	SO #3	Cowley (Kan.)	4.15m	13-7¾	2/20
5	10	Andrew BETTON	SO #1	Cloud County (Ka)	4.11m	13-5¾	2/20
6	14	Marcquiece CADE	SO #1	Cloud County (Ka)	3.94m	12-11	1/31
7	16	Simon STEINERT	FR #9	Hutchinson (Kan.)	3.85m	12-7½	2/20
8	19	Tevaughn TATE	FR #7	Highland (Kan.) C	3.71m	12-2	2/20
9	21	Jake ECK	FR #9	Hutchinson (Kan.)	3.55m	11-7¾	2/20
10	24	Raul ORDUNA	SO #9	Hutchinson (Kan.)	3.40m	11-1¾	2/20

Men's Long Jump

1	1	Henry KINER	SO #5	Coffeyville (Kan.)	Q 7.48m	24-6½ (0.0)	1/14
2	3	Trey DIXON	FR #4	Fort Scott (Kan.)	Q 7.28m	23-10¾ (0.)	1/14
3	4	Shakwon COKE	SO #2	Barton (Kan.) CC	Q 7.27m	23-10¼	1/23
4	8	Erick JOHNSON	SO #9	Hutchinson (Kan.)	7.01m	23-0	2/20
5	9	Jaysaun SMITH	FR #1	Cloud County (Ka)	7.00m	22-11¾	1/15
6	11	Glenith CALVIN	FR #2	Barton (Kan.) CC	6.88m	22-7	1/31
7	13	Clyedterrious THOMPSON	FR #9	Hutchinson (Kan.)	6.86m	22-6¼	2/20
7	13	Timothy NYINGUAN	FR #1	Cloud County (Ka)	6.86m	22-6¼	2/20
9	20	Malik CHATMAN	SO #7	Highland (Kan.) C	6.78m	22-3	2/13
10	22	Brock SKELTON	FR #9	Hutchinson (Kan.)	6.70m	21-11¾	2/20

Men's Triple Jump

1	1	Henry KINER	SO #5	Coffeyville (Kan.)	Q 15.43m	50-7½	2/20
2	2	Shakwon COKE	SO #2	Barton (Kan.) CC	Q 15.16m	49-9	2/20
3	3	Diego ANDRES-DUGAN	FR #3	Cowley (Kan.)	Q 14.84m	48-8¼	2/20
4	5	Erick JOHNSON	SO #9	Hutchinson (Kan.)	Q 14.35m	47-1 (0.0)	2/5
5	6	Tebogo MASEEMA	FR #10	Pratt (Kan.) CC	14.18m	46-6¼	1/23
6	7	Timothy NYINGUAN	FR #1	Cloud County (Ka)	14.07m	46-2	2/20
7	8	Blake HARN DEN	SO #3	Cowley (Kan.)	14.02m	46-0	2/20
8	10	Jalen SMITH	FR #8	Butler (Kan.) CC	13.96m	45-9¾	2/12
9	14	Glenith CALVIN	FR #2	Barton (Kan.) CC	13.51m	44-4	2/14
10	16	Trey DIXON	FR #4	Fort Scott (Kan.)	13.42m	44-½	2/20

Men's Shot Put

1	1	Courtney LAWRENCE	SO #1	Cloud County (Ka)	Q 18.92m	62-1	1/31
2	2	Fred MOUDANI	SO #2	Barton (Kan.) CC	Q 18.08m	59-4	2/14
3	3	Alan DE FALCHI	SO #7	Highland (Kan.) C	Q 16.94m	55-7	2/20
4	4	Giovanni GUTIERREZ	FR #2	Barton (Kan.) CC	Q 16.01m	52-6½	2/20
5	5	Dennis OHENE-ADU	SO #5	Coffeyville (Kan.)	Q 15.75m	51-8¼	2/5
6	7	Calvin BOSTIC	FR #5	Coffeyville (Kan.)	Q 15.40m	50-6¼	2/5
7	12	Daniel COPE	SO #1	Cloud County (Ka)	14.90m	48-10¾	2/20
8	15	Jeremiah WILLIAMS	FR #5	Coffeyville (Kan.)	14.79m	48-6¼	2/20
9	16	Ahmed BROWN	SO #3	Cowley (Kan.)	14.75m	48-4¾	1/24
10	20	Fabio HESSLING	SO #2	Barton (Kan.) CC	14.12m	46-4	2/20

Men's Weight Throw

1	1	Daniel COPE	SO #1	Cloud County (Ka)	Q 19.35m	63-6	2/20
2	2	Fabio HESSLING	SO #2	Barton (Kan.) CC	Q 18.97m	62-3	1/31
3	5	Fred MOUDANI	SO #2	Barton (Kan.) CC	Q 16.30m	53-5¾	2/14
4	8	Dennis OHENE-ADU	SO #5	Coffeyville (Kan.)	Q 16.02m	52-6¾	2/5
5	9	Jeremiah WILLIAMS	FR #5	Coffeyville (Kan.)	Q 15.94m	52-3¾	2/5
6	13	Alan DE FALCHI	SO #7	Highland (Kan.) C	15.18m	49-9¾	2/13
7	14	Tyler NELSON	SO #2	Barton (Kan.) CC	15.10m	49-6½	2/20
8	18	Langdon MOORE	SO #3	Cowley (Kan.)	14.76m	48-5¼	2/12
9	19	Corey MORMAN	JR #3	Cowley (Kan.)	14.38m	47-2¼	2/5
10	20	Calvin BOSTIC	FR #5	Coffeyville (Kan.)	14.30m	46-11	1/24

Men's Heptathlon

1	1	Andrew BETTON	SO #1	Cloud County (Ka)	Q 4,736	2/20
2	3	Marcquiece CADE	SO #1	Cloud County (Ka)	Q 4,570	1/15
3	5	Jack MULL	SO #3	Cowley (Kan.)	Q 4,440	2/20
4	7	Debonaire WILLIAMS	SO #11	Garden City (Kan.)	Q 4,327	2/20
5	8	Zachery JONES	FR #1	Cloud County (Ka)	Q 4,159	2/20
6	9	Kolby CASTER	SO #3	Cowley (Kan.)	Q 4,136	2/20
7	10	Tevaughn TATE	FR #7	Highland (Kan.) C	Q 4,107	1/29
8	12	Eric ROTH	SO #7	Highland (Kan.) C	Q 3,841	1/29
9	14	Cameron COLLINS	FR #11	Garden City (Kan.)	Q 3,377	2/20
10	16	Trent GUIDRY	FR #5	Coffeyville (Kan.)	Q 3,310	2/20



USTFCCA NJCAA Indoor Track & Field Regional TFRI Event Summary

MEN — 2021 Week #5, February 22

as of 2/23/2021 12:45:35 PM

Midwest

Men's 60 Meters

1	5	Damoy ALLEN	FR	#3	Indian Hills (Iowa)	Q	6.77	1/30
2	7	Dashinelle DYER	SO	#1	Iowa Central CC	Q	6.79	1/22
2	7	Maurice THOMPSON	SO	#2	Iowa Western CC	Q	6.79	1/22
2	7	Aurel TCHANBI	FR	#3	Indian Hills (Iowa)	Q	6.79	2/20
5	15	Malachi CARROLL	SO	#2	Iowa Western CC	Q	6.83	1/22
6	16	Jerome JESUP	FR	#1	Iowa Central CC	Q	6.84	1/31
6	16	Justin WALDEN	FR	#3	Indian Hills (Iowa)	Q	6.84	2/14
8	22	Tinashe CHIGUDU	SO	#6	North Iowa Area C	Q	6.87	2/13
9	24	Jude MURRAY	FR	#2	Iowa Western CC	Q	6.88	1/30
10	37	Hayden COBBS	FR	#1	Iowa Central CC	Q	6.93	1/31

Men's 200 Meters

1	5	Aurel TCHANBI	FR	#3	Indian Hills (Iowa)	Q	21.50 OT	2/14
2	7	Lee EPPIE	SO	#1	Iowa Central CC	Q	21.61	2/12
3	9	Damoy ALLEN	FR	#3	Indian Hills (Iowa)	Q	21.70 OT	1/30
4	11	Jerome JESUP	FR	#1	Iowa Central CC	Q	21.72 OT	1/31
5	12	Kalen WALKER	FR	#3	Indian Hills (Iowa)	Q	21.76c (22.15f)	2/20
6	15	Blake OSBORN	FR	#4	Hawkeye (Iowa)	Q	21.84c (22.23)	2/13
7	16	Jaheem HAYLES	SO	#1	Iowa Central CC	Q	21.85	2/12
7	16	Malachi CARROLL	SO	#2	Iowa Western CC	Q	21.85 OT	1/30
9	19	Jude MURRAY	FR	#2	Iowa Western CC	Q	21.86 OT	1/30
10	23	Connor BELKEN	SO	#4	Hawkeye (Iowa)	Q	21.90c (22.29f)	1/22

Men's 400 Meters

1	4	Lee EPPIE	SO	#1	Iowa Central CC	Q	47.96 OT	1/31
2	7	Elijah BERRY	SO	#3	Indian Hills (Iowa)	Q	48.25 OT	1/22
3	9	Johannan FROST	SO	#4	Hawkeye (Iowa)	Q	48.42c (49.19f)	2/20
4	11	Connor BELKEN	SO	#4	Hawkeye (Iowa)	Q	48.65c (49.42f)	2/6
5	14	Blake OSBORN	FR	#4	Hawkeye (Iowa)	Q	48.79c (49.56f)	2/6
6	17	DeAirus CLERVEAUX	SO	#2	Iowa Western CC	Q	48.93c (49.71f)	2/20
7	18	Nathan SIMONS	SO	#3	Indian Hills (Iowa)	Q	48.96c (49.74f)	2/20
8	30	Zack NELSON	FR	#3	Indian Hills (Iowa)	Q	49.58 OT	1/22
9	31	Shamar BROWN	FR	#2	Iowa Western CC	Q	49.70	2/12
10	52	Justen O'BRIEN	SO	#2	Iowa Western CC	Q	50.90c (51.71f)	2/20

Men's 600 Meters

1	4	Elijah BERRY	SO	#3	Indian Hills (Iowa)	Q	1:19.97 OT (1:11.40/6)	1/16
2	7	Connor BELKEN	SO	#4	Hawkeye (Iowa)	Q	1:20.44 OT (1:11.82/6)	1/16
3	8	LeeAaron BERKS	SO	#2	Iowa Western CC	Q	1:20.50c (1:21.71f)	2/20
4	10	Koby BRACKEMEYER	FR	#4	Hawkeye (Iowa)	Q	1:21.39c (1:22.61f)	2/6
5	11	Justin SWANN	FR	#3	Indian Hills (Iowa)	Q	1:21.58c (1:22.80f)	2/20
6	16	DeAirus CLERVEAUX	SO	#2	Iowa Western CC	Q	1:21.97 OT (1:13.18/6)	1/22
7	17	Cassius HAVIS	FR	#1	Iowa Central CC	Q	1:22.39c (1:23.62f)	2/20
8	20	Shamar BROWN	FR	#2	Iowa Western CC	Q	1:22.64 OT (1:13.78/6)	1/22
9	21	Micha REED	SO	#3	Indian Hills (Iowa)	Q	1:22.78 OT (1:13.91/6)	1/22
10	37	Isaac DAVIS	FR	#1	Iowa Central CC	Q	1:24.92 OT	2/14

Men's 800 Meters

1	2	Jackson BURNETT	FR	#3	Indian Hills (Iowa)	Q	1:52.73 OT	1/16
2	3	Justin SWANN	FR	#3	Indian Hills (Iowa)	Q	1:53.79 OT	2/14
3	5	Micha REED	SO	#3	Indian Hills (Iowa)	Q	1:54.63 OT	1/30
4	9	Koby BRACKEMEYER	FR	#4	Hawkeye (Iowa)	Q	1:55.52 OT	1/16
5	10	Kelvin BUNGEI	SO	#1	Iowa Central CC	Q	1:55.84c (1:57.49)	2/6
6	11	LeeAaron BERKS	SO	#2	Iowa Western CC	Q	1:56.21	2/12
7	12	Pur BIEL	SO	#1	Iowa Central CC	Q	1:56.34c (1:58.00)	2/6
8	14	Yonas MOGOS	FR	#2	Iowa Western CC	Q	1:56.68 OT	1/30
9	16	Samuel HYDRO	SO	#2	Iowa Western CC	Q	1:56.73	2/12
10	19	Cassius HAVIS	FR	#1	Iowa Central CC	Q	1:57.29c (1:58.96)	2/6

Men's 1000 Meters

1	1	Jackson BURNETT	SO	#3	Indian Hills (Iowa)	Q	2:26.66 OT	1/30
2	4	Kelvin BUNGEI	SO	#1	Iowa Central CC	Q	2:30.15 OT	2/14
3	5	Robin AGUILAR GONZALEZ	FR	#1	Iowa Central CC	Q	2:31.36c (2:33.44f)	2/20
4	6	Samuel HYDRO	SO	#2	Iowa Western CC	Q	2:31.57c (2:33.66f)	2/20
5	7	Noah FRISKE	SO	#1	Iowa Central CC	Q	2:33.11c (2:35.22f)	2/20
6	8	Pudens KIPLOSGEI	FR	#6	North Iowa Area C	Q	2:34.15c (2:36.27f)	2/20
7	14	Trenton FAULKNER	FR	#5	Vincennes (Ind.)	Q	2:36.03c (2:38.18f)	2/5
8	19	Yonas MOGOS	FR	#2	Iowa Western CC	Q	2:36.84c (2:39.00f)	2/20
9	32	Janvier IRAKOZE	SO	#6	North Iowa Area C	Q	2:39.93c (2:42.13f)	2/20
10	37	Walter TANUI	SO	#5	Vincennes (Ind.)	Q	2:41.44c (2:43.66f)	2/5

Men's Mile

1	2	Jackson BURNETT	SO	#3	Indian Hills (Iowa)	Q	4:13.96 OT	1/22
2	3	Kelvin BUNGEI	SO	#1	Iowa Central CC	Q	4:14.03 OT	2/14
3	6	Yonas MOGOS	FR	#2	Iowa Western CC	Q	4:16.27c (4:19.54f)	2/20
4	11	Chris LEVARIO	SO	#1	Iowa Central CC	Q	4:22.02c (4:25.36f)	1/22
5	12	Donovan DENSLOW	SO	#7	Mineral Area (Mo.)	Q	4:23.11c (4:26.46f)	2/12
6	14	Sam MICKELSON	SO	#4	Hawkeye (Iowa)	Q	4:24.83c (4:28.21f)	2/6
7	16	Hunter KLIMEK	FR	#1	Iowa Central CC	Q	4:26.23c (4:29.62f)	1/22
8	20	Vicente CORREIA	FR	#6	North Iowa Area C	Q	4:26.80c (4:30.20)	2/13
9	24	Nick O'CONNOR	FR	#3	Indian Hills (Iowa)	Q	4:29.62 OT	1/16
10	28	Melvin KIPKEMBOI	FR	#6	North Iowa Area C	Q	4:30.00c (4:33.44f)	1/22

Men's 3000 Meters

1	3	Kelvin BUNGEI	SO	#1	Iowa Central CC	Q	8:26.21	2/12
2	8	Hunter KLIMEK	FR	#1	Iowa Central CC	Q	8:44.42 OT	2/14
3	10	Melvin KIPKEMBOI	FR	#6	North Iowa Area C	Q	8:46.69c (8:52.81)	2/13
4	12	Sam MICKELSON	SO	#4	Hawkeye (Iowa)	Q	8:48.79c (8:54.94f)	1/22
5	13	Donovan DENSLOW	SO	#7	Mineral Area (Mo.)	Q	8:51.86c (8:58.04f)	2/19
6	18	Noah FRISKE	SO	#1	Iowa Central CC	Q	8:55.15c (9:01.37)	2/6
7	22	Wimachmorr GILO	FR	#2	Iowa Western CC	Q	8:56.42	2/12
8	23	Vicente CORREIA	FR	#6	North Iowa Area C	Q	9:06.55c (9:12.90)	2/13
9	25	Wyatt ELLIOTT	SO	#7	Mineral Area (Mo.)	Q	9:08.17c (9:14.54f)	2/19
10	28	Kyle VINYARD	FR	#7	Mineral Area (Mo.)	Q	9:10.17c (9:16.57f)	2/12
10	28	Nick O'CONNOR	FR	#3	Indian Hills (Iowa)	Q	9:10.17 OT	1/30



USTFCCA NJCAA Indoor Track & Field Regional TFRI Event Summary

MEN — 2021 Week #5, February 22

as of 2/23/2021 12:45:35 PM

Midwest

Men's 5000 Meters

1	5	Kelvin BUNGEI	SO	#1	Iowa Central CC	Q	15:04.20 OT	1/31
2	6	Yonas MOGOS	FR	#2	Iowa Western CC	Q	15:06.34 OT	1/30
3	10	Melvin KIPKEMBOI	FR	#6	North Iowa Area C	Q	15:16.11c (15:25.92f) 2/20	
4	12	Sam MICKELSON	SO	#4	Hawkeye (Iowa) C	Q	15:18.27c (15:28.10)	2/13
5	13	Hunter KLIMEK	FR	#1	Iowa Central CC	Q	15:20.74 OT	1/31
6	15	Wimachmorr GILO	FR	#2	Iowa Western CC	Q	15:22.71c (15:32.59f) 2/20	
7	17	Chris LEVARIO	SO	#1	Iowa Central CC	Q	15:26.73 OT	1/31
8	22	Vicente CORREIA	FR	#6	North Iowa Area C	Q	15:48.10c (15:58.25f) 2/20	
9	27	Ethan MESENBRINK	FR	#3	Indian Hills (Iowa)	Q	16:04.31 OT	1/30
10	29	Harrison VANDERLINDEN	FR	#4	Hawkeye (Iowa) C	Q	16:10.56c (16:20.95f) 2/20	

Men's 60 Meter Hurdles

1	1	Jaheem HAYLES	SO	#1	Iowa Central CC	Q	7.86	2/20
2	2	Dashinelle DYER	SO	#1	Iowa Central CC	Q	7.94	1/31
3	7	Tajeon HOUSTON	FR	#2	Iowa Western CC	Q	8.04	1/30
4	8	Emmanuel NIANG	FR	#2	Iowa Western CC	Q	8.08	1/30
5	12	Chris HUDNALL	SO	#3	Indian Hills (Iowa)	Q	8.16	1/22
6	13	Cortney WATKINS	FR	#2	Iowa Western CC	Q	8.20	1/22
7	23	Daqwon WILSON	FR	#1	Iowa Central CC	Q	8.58	2/6
8	35	Jaxson SHARP	SO	#3	Indian Hills (Iowa)	Q	8.86	1/30
8	35	Chase KNOBLETT	SO	#5	Vincennes (Ind.)	Q	8.86	2/5
10	47	Anthony MARKS	FR	#8	Southwestern (Iowa)	Q	9.20	2/6

Men's 4x400 Relay

1	6	https://www.tfrrs.org/teams/70189	#3	Indian Hills (Iowa)	Q	3:15.33 OT	1/16
2	9	https://www.tfrrs.org/teams/59717	#2	Iowa Western CC	Q	3:17.64 OT	1/30
3	10	https://www.tfrrs.org/teams/95005	#4	Hawkeye (Iowa) C	Q	3:17.66c (3:20.81f)	2/6
4	11	https://www.tfrrs.org/teams/20050	#1	Iowa Central CC	Q	3:18.48c (3:21.64f) 2/20	
5	20	https://www.tfrrs.org/teams/28038	#6	North Iowa Area C	Q	3:31.25c (3:34.62)	2/13
6	21	https://www.tfrrs.org/teams/77883	#8	Southwestern (Iowa)	Q	3:33.47c (3:36.87)	2/6
7	25	https://www.tfrrs.org/teams/707	#5	Vincennes (Ind.)	Q	3:39.77	2/20

Men's 4x800 Relay

1	1	https://www.tfrrs.org/teams/20050	#1	Iowa Central CC	Q	7:52.88c (7:59.64f)	1/22
2	8	https://www.tfrrs.org/teams/77883	#8	Southwestern (Iowa)	Q	9:15.21c (9:23.15f)	1/22

Men's Distance Medley Relay

1	2	https://www.tfrrs.org/teams/70189	#3	Indian Hills (Iowa)	Q	10:17.25c (10:25.63f) 2/20	
2	3	https://www.tfrrs.org/teams/20050	#1	Iowa Central CC	Q	10:23.78 OT	1/31
3	5	https://www.tfrrs.org/teams/28038	#6	North Iowa Area C	Q	10:25.94c (10:34.44f) 2/20	
4	8	https://www.tfrrs.org/teams/95005	#4	Hawkeye (Iowa) C	Q	10:29.68c (10:38.23f) 2/20	
5	11	https://www.tfrrs.org/teams/59717	#2	Iowa Western CC	Q	10:45.33 OT	1/22
6	13	https://www.tfrrs.org/teams/707	#5	Vincennes (Ind.)	Q	10:57.68c (11:06.61f) 2/5	

Men's High Jump

1	3	David BOSQUEZ GRIMALDO	FR	#1	Iowa Central CC	Q	2.05m	6-8¾	2/14
2	4	Anthony CAMPBELL	SO	#5	Vincennes (Ind.)	Q	2.01m	6-7	2/20
3	14	Marcel SMITH	SO	#6	North Iowa Area C	Q	1.91m	6-3¼	2/13
3	14	Nicola PALETTI	FR	#1	Iowa Central CC	Q	1.91m	6-3¼	2/6
3	14	Aries SCOTT	FR	#1	Iowa Central CC	Q	1.91m	6-3¼	2/6
6	19	Jacob HOLSTE	FR	#2	Iowa Western CC	Q	1.86m	6-1¼	1/16
7	26	Chase KNOBLETT	SO	#5	Vincennes (Ind.)	Q	1.81m	5-11¼	2/20
8	27	Nicholaus SMITH	SO	#2	Iowa Western CC	Q	1.80m	5-10¾	2/12
9	36	Jake CASEY	SO	#7	Mineral Area (Mo.)	Q	1.63m	5-4¼	2/19

Men's Pole Vault

1	1	Matteo CAPELLO	SO	#5	Vincennes (Ind.)	Q	5.40m	17-8½	2/20
2	4	Cole SUMNER	SO	#5	Vincennes (Ind.)	Q	4.35m	14-3¼	2/20
3	7	Brendan HILL	SO	#9	DuPage (Ill.)	Q	4.30m	14-1¼	2/19
4	12	Matthew FRAZIER	SO	#5	Vincennes (Ind.)	Q	4.00m	13-1½	2/20
5	23	Nicola PALETTI	FR	#1	Iowa Central CC	Q	3.50m	11-5¾	2/12
6	30	Aries SCOTT	FR	#1	Iowa Central CC	Q	2.90m	9-6¼	2/12
7	31	Jake CASEY	SO	#7	Mineral Area (Mo.)	Q	2.64m	8-8	2/19

Men's Long Jump

1	2	Michael BUCHANAN	FR	#2	Iowa Western CC	Q	7.37m	24-2¼	2/12
2	7	Tyrell JOHNSON	SO	#2	Iowa Western CC	Q	7.07m	23-2½	1/16
3	10	Kyle STEWART	FR	#5	Vincennes (Ind.)	Q	6.98m	22-10¾	1/23
4	13	Enoch ANTWI	FR	#1	Iowa Central CC	Q	6.86m	22-6¼	2/14
4	13	Aries SCOTT	FR	#1	Iowa Central CC	Q	6.86m	22-6¼	1/31
6	19	Anthony CAMPBELL	SO	#5	Vincennes (Ind.)	Q	6.79m	22-3½	2/5
7	21	Eliot CUMMINGS	SO	#1	Iowa Central CC	Q	6.76m	22-2¼	2/20
8	25	Rylan SEBERG	FR	#3	Indian Hills (Iowa)	Q	6.60m	21-8	1/16
9	27	Nicholaus SMITH	SO	#2	Iowa Western CC	Q	6.57m	21-6¾	1/30
10	29	JC RAMIREZ	FR	#3	Indian Hills (Iowa)	Q	6.56m	21-6¼	1/16

Men's Triple Jump

1	4	Enoch ANTWI	FR	#1	Iowa Central CC	Q	14.51m	47-7¼	2/12
2	8	Tristen HANNA	SO	#1	Iowa Central CC	Q	14.02m	46-0	2/14
3	11	Eliot CUMMINGS	SO	#1	Iowa Central CC	Q	13.88m	45-6½	2/12
4	12	Robin MEREDITH	FR	#3	Indian Hills (Iowa)	Q	13.71m	44-11¾	1/30
5	13	Tyrell JOHNSON	SO	#2	Iowa Western CC	Q	13.55m	44-5½	2/12
6	15	JC RAMIREZ	FR	#3	Indian Hills (Iowa)	Q	13.49m	44-3¼	1/30
7	20	Nicholaus SMITH	SO	#2	Iowa Western CC	Q	13.22m	43-4½	2/12



Regional TFRI Event Summary

as of 2/23/2021 12:45:35 PM

Midwest

Men's Shot Put

1	6	James MACKEY JR.	FR	#1	Iowa Central CC	Q	15.50m	50-10 ¹ / ₄	2/20
2	8	Michael WILLIAMS-DAVIS	SO	#1	Iowa Central CC	Q	15.34m	50-4	1/14
3	9	Blake VEENSTRA	FR	#4	Hawkeye (Iowa) C	Q	15.16m	49-9	2/13
4	10	Ellis TRAINOR	FR	#1	Iowa Central CC	Q	15.06m	49-5	2/6
5	11	Calvin KNAPP	SO	#2	Iowa Western CC	Q	15.05m	49-4 ¹ / ₂	2/20
6	13	Tucker DAY	SO	#2	Iowa Western CC	Q	14.85m	48-8 ³ / ₄	2/20
7	14	Ryan GOLLIHER	SO	#5	Vincennes (Ind.)	Q	14.81m	48-7 ¹ / ₄	1/23
8	17	Nemoy COCKETT	FR	#2	Iowa Western CC	Q	14.69m	48-2 ¹ / ₂	1/16
9	24	Walter MARTIN	SO	#5	Vincennes (Ind.)	Q	13.70m	44-11 ¹ / ₂	2/5
10	28	Kameron GLASPER	SO	#6	North Iowa Area C	Q	12.89m	42-3 ¹ / ₂	2/13

Men's Weight Throw

1	3	Jarod HENDERSON	SO	#1	Iowa Central CC	Q	17.01m	55-9 ³ / ₄	2/20
2	4	Ryan GOLLIHER	SO	#5	Vincennes (Ind.)	Q	16.65m	54-7 ¹ / ₂	1/23
3	6	Michael WILLIAMS-DAVIS	SO	#1	Iowa Central CC	Q	16.27m	53-4 ¹ / ₂	1/14
4	7	William RICHARDSON	SO	#1	Iowa Central CC	Q	16.03m	52-7 ¹ / ₄	1/31
5	10	Nemoy COCKETT	FR	#2	Iowa Western CC	Q	15.90m	52-2	2/20
6	11	Calvin KNAPP	SO	#2	Iowa Western CC	Q	15.50m	50-10 ¹ / ₄	2/20
7	21	Walter MARTIN	SO	#5	Vincennes (Ind.)	Q	14.18m	46-6 ¹ / ₄	2/5
8	25	Blake VEENSTRA	FR	#4	Hawkeye (Iowa) C	Q	13.53m	44-4 ³ / ₄	2/6
9	26	Tucker DAY	SO	#2	Iowa Western CC	Q	13.45m	44-1 ¹ / ₂	2/20
10	28	Kameron GLASPER	SO	#6	North Iowa Area C	Q	13.26m	43-6	2/13

Men's Heptathlon

1	4	Nicola PALETTI	FR	#1	Iowa Central CC	Q	4,473		2/14
2	6	Aries SCOTT	FR	#1	Iowa Central CC	Q	4,436		2/14
3	15	Jake CASEY	SO	#7	Mineral Area (Mo.)	Q	3,366		2/19



Regional TFRI Event Summary

as of 2/23/2021 12:45:35 PM

West

Men's 60 Meters

1	7	Chaunzavia LEWIS	FR	#1	South Plains (Tex)	Q	6.79w	(2.3)	2/6
2	14	Jaron NESMITH	SO	#3	Western Texas	Q	6.82c	(6.80A) (0.2)	2/22
3	28	Austin COWANS	FR	#1	South Plains (Tex)		6.89w	(2.3)	2/6
4	33	Kendal CULMER	FR	#1	South Plains (Tex)		6.92w	(2.3)	2/6
5	49	Daylin WILLIAMS	FR	#3	Western Texas		7.01c	(6.99A) (0.2)	2/22
5	49	Jayden FRASER	FR		Dawson (Mont.) C		7.01c	(6.99A)	2/19
7	60	De'Vonte RUSHDAN	FR	#6	Glendale (Ariz.) C		7.07	(0.0)	2/20
8	65	Emmanuel AJIROBA	SO	#3	Western Texas		7.08c	(7.06A) (0.2)	2/21
9	72	Jalan MCKEAVER	FR	#6	Glendale (Ariz.) C		7.12	(0.0)	2/13
10		Brayden FRASER	FR		Dawson (Mont.) C		7.22c	(7.20A)	2/13

Men's 200 Meters

1	7	Corde LONG	FR	#2	Paradise Valley (A)	Q	21.61 out	(0.0)	2/13
2	21	Chaunzavia LEWIS	FR	#1	South Plains (Tex)		21.89 fw	(2.2)	2/6
3	28	Tyreke BRYAN	SO	#3	Western Texas		21.93 fw	(2.2)	2/6
3	28	Austin COWANS	FR	#1	South Plains (Tex)		21.93 fw	(2.2)	2/6
5	40	Jaron NESMITH	SO	#3	Western Texas		22.08c out	(22.01A) (0.2)	2/22
6	42	Emmanuel AJIROBA	SO	#3	Western Texas		22.13c out	(22.06A) (0.2)	2/21
7	53	Gabriel WOODARD	SO	#1	South Plains (Tex)		22.26c out	(22.19A) (0.2)	2/22
8	64	Joel GOULBOURNE	FR	#2	Paradise Valley (A)		22.36 out	(0.0)	2/13
9	88	Jalan MCKEAVER	FR	#6	Glendale (Ariz.) C		22.64 out	(0.0)	2/13
10	93	De'Vonte RUSHDAN	FR	#6	Glendale (Ariz.) C		22.75 out	(0.0)	2/20

Men's 400 Meters

1	5	Shevoie REID	FR	#1	South Plains (Tex)	Q	48.17c out	(48.06A)	2/21
2	6	Joel GOULBOURNE	FR	#2	Paradise Valley (A)		48.24 out		2/20
3	8	Khaleb MCRAE	SO	#1	South Plains (Tex)	Q	48.36 f		2/6
4	10	Chris ROBINSON	SO	#1	South Plains (Tex)	Q	48.58c out	(48.47A)	1/29
5	13	Corde LONG	FR	#2	Paradise Valley (A)		48.70 out		2/20
6	21	Maliqve SAVERY	FR	#3	Western Texas		49.09 f		2/6
7	27	Tyler CARREON	FR	#2	Paradise Valley (A)		49.51 out		2/20
8	33	Romel PLUMMER	SO	#3	Western Texas		49.75c out	(49.64A)	2/22
9	46	Nicquaine HENRY	FR	#3	Western Texas		50.64c out	(50.53A)	2/22
10	77	Matthew ALBRAMSON	SO	#5	Mesa (Ariz.) CC		52.20 out		2/20

Men's 600 Meters

1	1	Seydi SALL	FR	#1	South Plains (Tex)	Q	1:19.34 outA		2/22
2	2	Issac HASTINGS	SO	#1	South Plains (Tex)	Q	1:19.56 outA		2/21
3	5	Khaleb MCRAE	SO	#1	South Plains (Tex)	Q	1:20.25 outA		2/21
4	12	Nicquaine HENRY	FR	#3	Western Texas		1:21.68 outA		2/21
5	14	Jauavney JAMES	FR	#3	Western Texas		1:21.75 outA		2/22
6	25	Romel PLUMMER	SO	#3	Western Texas		1:23.21 outA		2/21
7	38	Noah CLARK	FR	#5	Mesa (Ariz.) CC		1:24.94 out		2/20
8	49	Ethan COYHIS	SO	#7	Trinidad State (C)		1:26.11cA	(1:27.40f)	1/23
9	55	Alan WINTER	FR	#6	Glendale (Ariz.) C		1:26.66 out		2/20
10	68	Yotuel GARCIA	FR	#5	Mesa (Ariz.) CC		1:28.61 out		2/20

Men's 800 Meters

1	4	Seydi SALL	FR	#1	South Plains (Tex)	Q	1:54.53 f		2/6
2	15	Javon-Taye WILLIAMS	FR	#1	South Plains (Tex)	Q	1:56.72c out	(1:57.09A)	1/29
3	21	Abdelgadir MOHAMED	SO	#4	Southern Idaho	Q	1:57.70		2/20
4	24	Conner DOSMANN	SO	#7	Trinidad State (C)	Q	1:57.87		2/12
5	27	Ethan COYHIS	SO	#7	Trinidad State (C)	Q	1:58.02		2/12
6	31	Dwight MASON	FR	#1	South Plains (Tex)		1:58.46 f		2/6
7	33	Tyler CARREON	FR	#2	Paradise Valley (A)		1:58.84 out		2/13
8	34	Jauavney JAMES	FR	#3	Western Texas		1:58.86c out	(1:59.24A)	2/21
9	68	Jacob PORTER	FR	#4	Southern Idaho		2:03.35		2/20
10	85	Ali JUAREZ	FR	#4	Southern Idaho		2:05.81		2/20

Men's 1000 Meters

1	2	Mehdi YANOURI	FR	#1	South Plains (Tex)	Q	2:29.56c out	(2:30.04A)	2/21
2	3	Seydi SALL	FR	#1	South Plains (Tex)	Q	2:29.82c out	(2:30.30A)	2/21
3	16	Brycen BROWN	SO	#2	Paradise Valley (A)		2:36.34 out		2/13
4	27	Javon-Taye WILLIAMS	FR	#1	South Plains (Tex)		2:38.48c out	(2:38.98A)	2/21
5	46	Yotuel GARCIA	FR	#5	Mesa (Ariz.) CC		2:43.52 out		2/13
6	47	Ali JUAREZ	FR	#4	Southern Idaho		2:43.88		2/20
7	49	Ethan COYHIS	SO	#7	Trinidad State (C)		2:43.95c	(2:48.48fA)	1/23
8	65	Alan WINTER	FR	#6	Glendale (Ariz.) C		2:51.59 out		2/20
9	67	Austin KEETCH	FR	#4	Southern Idaho		2:51.76		2/20
10	69	William WAYNE	FR	#2	Paradise Valley (A)		2:52.71 out		2/13

Men's Mile

1	7	Mehdi YANOURI	FR	#1	South Plains (Tex)	Q	4:16.91c out	(4:17.34A)	2/22
2	13	Cade SMITH	FR	#4	Southern Idaho		4:24.31c	(4:31.36fA)	1/29
3	15	William RYAN-JOHNSON	SO	#2	Paradise Valley (A)		4:26.03 out		2/20
4	18	Nathan MANN	FR	#5	Mesa (Ariz.) CC		4:26.50 out		2/20
5	21	Eric CHRISTEN	SO	#4	Southern Idaho		4:27.11c	(4:34.24fA)	1/29
6	23	Christian TAMURA	SO	#2	Paradise Valley (A)		4:27.56 out		2/20
7	32	Micah STANTON	SO	#7	Trinidad State (C)		4:31.32c	(4:46.88fA)	1/23
8	41	Griffin MAY	FR	#4	Southern Idaho		4:33.00c	(4:40.28fA)	1/29
9	47	Caden RESENDEZ	FR	#5	Mesa (Ariz.) CC		4:35.54 out		2/20
10	50	Geoffrey GROSSTHAL	SO	#5	Mesa (Ariz.) CC		4:36.57 out		2/20

Men's 3000 Meters

1	14	William RYAN-JOHNSON	SO	#2	Paradise Valley (A)		8:52.61 out		2/13
2	16	Micah STANTON	SO	#7	Trinidad State (C)		8:53.98c	(9:27.54fA)	2/6
3	17	Christian TAMURA	SO	#2	Paradise Valley (A)		8:54.21 out		2/13
4	19	Cade SMITH	FR	#4	Southern Idaho		8:55.52		2/20
5	20	Eric CHRISTEN	SO	#4	Southern Idaho		8:55.60		2/20
6	21	Mehdi YANOURI	FR	#1	South Plains (Tex)		8:56.40c out	(8:57.05A)	1/29
7	30	Andy SETSER	SO	#7	Trinidad State (C)		9:12.03		2/12
8	39	Nathan MANN	FR	#5	Mesa (Ariz.) CC		9:18.06 out		2/13
9	44	Masen HOFFMAN	FR	#5	Mesa (Ariz.) CC		9:26.81 out		2/20
10	48	Samuel MARTINEZ	FR	#3	Western Texas		9:31.46c out	(9:39.61A)	1/29



Regional TFRI Event Summary

as of 2/23/2021 12:45:36 PM

West

Men's 5000 Meters

1	16	Micah STANTON	SO #7	Trinidad State (Co)	Q	15:25.63		2/13
2	18	Jonathan FREW	FR #4	Southern Idaho		15:30.64		2/20
3	19	Cade SMITH	FR #4	Southern Idaho		15:32.33c	(15:57.40f)	1/29
4	20	Andy SETSER	SO #7	Trinidad State (Co)		15:40.89		2/13
5	21	Eric CHRISTEN	SO #4	Southern Idaho		15:46.34c	(16:11.79f)	1/29
6	40	Samuel MARTINEZ	FR #3	Western Texas		#####	(16:01.71A)	2/21

Men's Weight Throw

1	12	Anthony MEDRANO	SO #6	Glendale (Ariz.) C	Q	15.38m	50-5½	2/13
2	22	Luis DIAZ BOJORQUEZ JR.	SO #2	Paradise Valley (A)		14.13m	46-4¼	2/13
3	31	Payton LANE	SO #6	Glendale (Ariz.) C		13.01m	42-8¼	2/13

Men's 60 Meter Hurdles

1	3	Justin GUY	FR #1	South Plains (Tex)	Q	7.96	(0.0)	2/6
2	5	Daylin WILLIAMS	FR #3	Western Texas	Q	8.03	(0.0)	2/6
3	10	Chris ROBINSON	SO #1	South Plains (Tex)	Q	8.14c	(8.12A) (0.	2/21
4	13	Damarcus SNEED	FR #1	South Plains (Tex)	Q	8.20	(0.0)	2/6
5	18	Corde LONG	FR #2	Paradise Valley (A)	Q	8.34	(0.0)	2/13
6	41	Miles FEARS	SO #2	Paradise Valley (A)		8.94	(0.0)	2/13

Men's Heptathlon

1	2	Nelvin APPIAH- KONADU	FR #1	South Plains (Tex)	Q	4,605A		2/21
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Men's 4x400 Relay

1	1	https://www.tfrrs.org/teams/729	#1	South Plains (Tex)	Q	3:09.75c	(3:09.31A)	2/22
2	27	https://www.tfrrs.org/teams/98396		Dawson (Mont.) C		3:46.09c	(3:49.25fA)	2/13

Men's Distance Medley Relay

1	15	https://www.tfrrs.org/teams/95072	#4	Southern Idaho		11:23.65c	(11:39.53f)	1/29
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Men's High Jump

1	1	Romaine BECKFORD	SO #1	South Plains (Tex)	Q	2.20m	7-2½	2/6
2	2	James HAMPTON	FR #1	South Plains (Tex)	Q	2.07mA	6-9½	2/21
3	6	Nelvin APPIAH- KONADU	FR #1	South Plains (Tex)	Q	2.00mA	6-6¾	2/21

Men's Pole Vault

1	2	Thomas NIETO	SO #1	South Plains (Tex)	Q	4.90m	16-¾	2/6
2	3	Scott FRAZIER	SO #1	South Plains (Tex)	Q	4.40mA	14-5¼	2/22
3	11	Hyrum BROBY	SO #5	Mesa (Ariz.) CC		4.10m	13-5¼	2/20
4	13	Jack NEAL	FR #2	Paradise Valley (A)		3.95m	12-11½	2/20
5	16	Kearby SEXTON	FR #1	South Plains (Tex)		3.85mA	12-7½	2/22

Men's Long Jump

1	5	Austin	FR #1	South Plains (Tex)	Q	7.15mA	23-5½ (0.0)	2/22
1	5	Tony MCNEAL	SO #1	South Plains (Tex)	Q	7.15mA	23-5½ (0.0)	2/21
3	17	Damarcus SNEED	FR #1	South Plains (Tex)		6.84mA	22-5¼ (0.0)	2/22
4	27	Jakoby GRIFFIN	SO #5	Mesa (Ariz.) CC		6.57m	21-6¾ (0.0)	2/20
5	70	Malichi FELIX	FR #6	Glendale (Ariz.) C		6.05m	19-10¼ (0.	2/20

Men's Triple Jump

1	18	Kelsey BELL	FR #1	South Plains (Tex)		13.33mA	43-8¾ (0.0)	1/29
2	23	Malichi FELIX	FR #6	Glendale (Ariz.) C		13.02m	42-8¾ (0.0)	2/20
3	33	Jakoby GRIFFIN	SO #5	Mesa (Ariz.) CC		12.27m	40-3¼ (0.0)	2/13

Men's Shot Put

1	18	Noah MILLER	SO #5	Mesa (Ariz.) CC		14.54m	47-8½	2/13
2	19	Luis DIAZ BOJORQUEZ JR.	SO #2	Paradise Valley (A)		14.31m	46-11½	2/20
3	26	John GOMEZ	FR #5	Mesa (Ariz.) CC		13.64m	44-9	2/20
4	27	Desmond LOTT	FR #5	Mesa (Ariz.) CC		12.95m	42-6	2/13
5	52	Nelvin APPIAH- KONADU	FR #1	South Plains (Tex)		8.93mA	29-3¾	2/21