



Regional TFRI Event Summary

as of 2/23/2021 12:44:48 PM

Atlantic

Women's 60 Meters

1	23	Shenequa BATTLE	SO	#1	Bryant & Stratton	7.79	2/6
2	26	Tenae MINOR	SO	#1	Bryant & Stratton	7.82	2/6

Women's 200 Meters

1	20	Bahiyyah BARNES	SO	#1	Bryant & Stratton	25.61	2/12
2	40	Tracy IDUGBOE	SO	#1	Bryant & Stratton	26.07	2/12
3	51	Tenae MINOR	SO	#1	Bryant & Stratton	26.49	2/6

Women's 400 Meters

1	71	Princess JOHNSON	SO	#2	Louisburg (N.C.)	1:23.46 out	2/5
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Women's 600 Meters

1	46	Princess JOHNSON	SO	#2	Louisburg (N.C.)	2:23.72 (1:54.06/5)	1/29
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Women's 800 Meters

1	26	Bahiyyah BARNES	SO	#1	Bryant & Stratton	2:31.40	2/6
2	27	Selena WILSON	SO	#1	Bryant & Stratton	2:31.45	2/6
3	42	Kaelyn WOODRUM	SO	#1	Bryant & Stratton	2:35.77	2/6
4		Alana MORGAN	SO	#2	Louisburg (N.C.)	3:11.83	1/29
5		Princess JOHNSON	SO	#2	Louisburg (N.C.)	3:58.72	1/23

Women's Mile

1	38	Selena WILSON	SO	#1	Bryant & Stratton	5:58.05	2/12
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Women's 60 Meter Hurdles

1	6	Tania DUNBAR	SO	#1	Bryant & Stratton	Q 8.95	2/6
2	13	Jada VENTERS	SO	#1	Bryant & Stratton	9.26	2/6
3	23	L'Tamra WEEKS	FR	#1	Bryant & Stratton	9.87	2/12

Women's 4x400 Relay

1	7	https://www.tfrs.org/teams/98403		#1	Bryant & Stratton	Q 3:54.68	2/6
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Women's High Jump

1	20	Jada VENTERS	SO	#1	Bryant & Stratton	1.48m 4-10¼	2/12
2	29	Elizabeth TAYLOR	SO	#1	Bryant & Stratton	1.39m 4-6¾	2/12
3	34	Kaelyn WOODRUM	SO	#1	Bryant & Stratton	1.30m 4-3¼	2/12

Women's Long Jump

1	8	Tania DUNBAR	SO	#1	Bryant & Stratton	Q 5.64m 18-6	2/6
2	11	Jada VENTERS	SO	#1	Bryant & Stratton	Q 5.56m 18-3	2/6
3	19	Kaelyn WOODRUM	SO	#1	Bryant & Stratton	5.25m 17-2¾	2/12

Women's Triple Jump

1	6	Tracy IDUGBOE	SO	#1	Bryant & Stratton	Q 11.88m 38-11¾	2/6
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Women's Shot Put

1	45	Elizabeth TAYLOR	SO	#1	Bryant & Stratton	8.80m 28-10½	2/12
2	52	Bryonna GARLAND	SO	#1	Bryant & Stratton	8.12m 26-7¾	2/6
3	59	Kaelyn WOODRUM	SO	#1	Bryant & Stratton	7.15m 23-5½	2/12

Women's Pentathlon

1	2	Jada VENTERS	SO	#1	Bryant & Stratton	Q 2,731	2/12
2	3	Kaelyn WOODRUM	SO	#1	Bryant & Stratton	Q 2,718	2/12
3	11	Elizabeth TAYLOR	SO	#1	Bryant & Stratton	Q 2,298	2/12



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Central

Women's 60 Meters

1	1	Mercy NTIA-OBONG	SO	#1	Cloud County (Ka	Q	7.31	2/20
2	4	Linesha THOMPSON	SO	#5	Butler (Kan.) CC	Q	7.44	2/20
3	6	Isila APKUP	FR	#1	Cloud County (Ka	Q	7.50	2/20
4	7	Destiny CASTILLO	SO	#5	Butler (Kan.) CC	Q	7.51	2/20
5	11	Shemia ODAINE	SO	#2	Barton (Kan.) CC	Q	7.63	2/20
6	13	Halutie HOR	SO	#7	Colby (Kan.) CC	Q	7.65	2/14
7	14	Trinity SINEGAL	FR	#4	Fort Scott (Kan.)	Q	7.66	2/14
8	15	Toshel GOFFE	SO	#5	Butler (Kan.) CC	Q	7.69	2/12
9	16	Kali FLOWERS	FR	#10	Allen (Kan.) CC	Q	7.71	2/20
10	21	Charleyanse HOWARD	FR	#4	Fort Scott (Kan.)	Q	7.77	2/20

Women's 200 Meters

1	2	Mercy NTIA-OBONG	SO	#1	Cloud County (Ka	Q	23.84 OT	2/20
2	5	Isila APKUP	FR	#1	Cloud County (Ka	Q	24.63	2/12
3	6	Trinity SINEGAL	FR	#4	Fort Scott (Kan.)	Q	24.67 OT	2/20
4	7	Leonie BEU	FR	#1	Cloud County (Ka	Q	24.68 OT	2/20
5	10	Kaleb MCDONALD	SO	#5	Butler (Kan.) CC	Q	24.75 OT	2/20
6	12	Kiara BROWN	SO	#5	Butler (Kan.) CC	Q	24.95 OT	2/20
7	13	Toshel GOFFE	SO	#5	Butler (Kan.) CC	Q	24.99	2/12
8	19	Jayda DILLON	FR	#2	Barton (Kan.) CC		25.60 OT	2/20
9	21	Angela TOMETI	FR	#4	Fort Scott (Kan.)		25.62 OT	2/14
10	22	Shemia ODAINE	SO	#2	Barton (Kan.) CC		25.64 OT	1/31

Women's 400 Meters

1	2	Kaleb MCDONALD	SO	#5	Butler (Kan.) CC	Q	55.79 OT	2/20
2	3	Linesha THOMPSON	SO	#5	Butler (Kan.) CC	Q	56.20 OT	2/20
3	4	Lashanna GRAHAM	FR	#2	Barton (Kan.) CC	Q	56.60 OT	2/20
4	5	Isila APKUP	FR	#1	Cloud County (Ka	Q	56.94 OT	1/31
5	6	Leonie BEU	FR	#1	Cloud County (Ka	Q	57.85 OT	1/31
6	9	Pamela MILANO	SO	#1	Cloud County (Ka	Q	58.01	1/23
7	13	Jada SNEED	FR	#4	Fort Scott (Kan.)		58.84 OT	2/20
8	15	Jayda JONES	FR	#4	Fort Scott (Kan.)		59.18 OT	2/20
9	19	Trinity SINEGAL	FR	#4	Fort Scott (Kan.)		59.93 OT	2/14
10	21	Dayjsha FANNING	SO	#2	Barton (Kan.) CC		1:00.13 OT	2/20

Women's 600 Meters

1	1	Pamela MILANO	SO	#1	Cloud County (Ka	Q	1:32.82 OT	2/20
2	2	Leonie BEU	FR	#1	Cloud County (Ka	Q	1:36.01c (1:37.74u)	1/15
3	7	Tashira EDWARDS	FR	#1	Cloud County (Ka	Q	1:38.64 OT	2/20
4	8	Jada SNEED	FR	#4	Fort Scott (Kan.)	Q	1:39.04 OT	2/20
5	10	Sasha BROWN	SO	#2	Barton (Kan.) CC		1:41.18 OT	1/31
6	15	Emily FLORES	FR	#3	Cowley (Kan.)		1:42.68 OT	1/31
7	16	Zadie ST. LOUIS	SO	#5	Butler (Kan.) CC		1:42.84 OT	2/20
8	19	Kentayshija PRUITT	SO	#4	Fort Scott (Kan.)		1:44.21 OT	1/31
9	20	Achai AROP	SO	#6	Coffeyville (Kan.)		1:44.42 OT	2/20
10	21	Nikera DURR	SO	#16	Pratt (Kan.) CC		1:44.90 OT	2/20

Women's 800 Meters

1	1	Kayan GREEN	FR	#2	Barton (Kan.) CC	Q	2:14.28 OT	1/31
2	2	Pamela MILANO	SO	#1	Cloud County (Ka	Q	2:14.90 OT	1/31
3	7	Zinara LESLEY	SO	#3	Cowley (Kan.)	Q	2:21.64	2/12
4	10	Zadie ST. LOUIS	SO	#5	Butler (Kan.) CC	Q	2:22.58	2/12
5	17	Patricia KOMA	SO	#1	Cloud County (Ka		2:26.20	1/23
6	19	Kya JOHNSON	SO	#1	Cloud County (Ka		2:28.25 OT	2/20
7	20	Angelica BERNAL	FR	#4	Fort Scott (Kan.)		2:28.78 OT	2/20
8	23	Kentayshija PRUITT	SO	#4	Fort Scott (Kan.)		2:30.59 OT	2/20
9	25	Sasha BROWN	SO	#2	Barton (Kan.) CC		2:31.14 OT	2/20
10	29	McKenna ESFELD	FR	#10	Allen (Kan.) CC		2:32.14 OT	2/14

Women's 1000 Meters

1	5	Patricia KOMA	SO	#1	Cloud County (Ka	Q	3:09.33 OT	1/31
2	6	Zinara LESLEY	SO	#3	Cowley (Kan.)	Q	3:09.37 OT	1/31
3	8	Pamela MILANO	SO	#1	Cloud County (Ka	Q	3:10.72 OT	2/20
4	11	Angelica BERNAL	FR	#4	Fort Scott (Kan.)		3:13.57 OT	2/14
5	14	Lubna SUIED	SO	#3	Cowley (Kan.)		3:15.73 OT	1/31
6	15	Ludjenie MONDESIR	FR	#1	Cloud County (Ka		3:16.29c (3:19.28u)	1/15
7	20	Miranda HERNANDEZ	FR	#11	Dodge City (Kan.)		3:20.18 OT	1/31
8	22	Sasha BROWN	SO	#2	Barton (Kan.) CC		3:21.44 OT	1/31
9	28	Megan MILLER	SO	#9	Hutchinson (Kan.		3:24.20 OT	2/20
10	29	Tobi WILBUR	FR	#7	Colby (Kan.) CC		3:24.37 OT	2/20

Women's Mile

1	4	Lubna SUIED	SO	#3	Cowley (Kan.)	Q	5:15.92 OT	2/20
2	5	Patricia KOMA	SO	#1	Cloud County (Ka	Q	5:16.09 OT	2/20
3	11	Kayan GREEN	FR	#2	Barton (Kan.) CC		5:28.97c (5:32.84A)	1/23
4	14	Zinara LESLEY	SO	#3	Cowley (Kan.)		5:30.92 OT	2/20
5	17	Ludjenie MONDESIR	FR	#1	Cloud County (Ka		5:34.02 OT	2/20
6	18	Kya JOHNSON	SO	#1	Cloud County (Ka		5:35.95	1/23
7	23	Angelica BERNAL	FR	#4	Fort Scott (Kan.)		5:46.69 OT	2/20
8	24	Desiree GUERRA	FR	#13	Neosho County (I		5:47.90 OT	2/20
9	26	Victorine KIPROP	SO	#7	Colby (Kan.) CC		5:49.05 OT	2/14
10	29	Megan REYNOLDS	SO	#3	Cowley (Kan.)		5:50.34 OT	2/20

Women's 3000 Meters

1	1	Abigail KEMBOI	SO	#7	Colby (Kan.) CC	Q	10:20.31 OT	2/14
2	2	Lubna SUIED	SO	#3	Cowley (Kan.)	Q	10:31.58	2/12
3	4	Patricia KOMA	SO	#1	Cloud County (Ka	Q	10:38.70	2/12
4	10	Kya JOHNSON	SO	#1	Cloud County (Ka		11:04.28	2/12
5	11	Elka BILLINGS	FR	#10	Allen (Kan.) CC		11:15.43 OT	2/20
6	13	Ludjenie MONDESIR	FR	#1	Cloud County (Ka		11:22.28 OT	1/31
7	14	Victorine KIPROP	SO	#7	Colby (Kan.) CC		11:22.63 OT	2/20
8	15	Karissa GLOVER	FR	#3	Cowley (Kan.)		11:24.28	2/12
9	17	Rachel BYCROFT	FR	#10	Allen (Kan.) CC		11:28.77 OT	2/20
10	18	Edith VALDEZ	FR	#11	Dodge City (Kan.)		11:30.70 OT	2/20



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Central

Women's 5000 Meters

1	2	Abigail KEMBOI	SO	#7	Colby (Kan.) CC	Q	18:15.10 OT	2/20
2	3	Lubna SUIED	SO	#3	Cowley (Kan.)	Q	18:18.97 OT	2/20
3	6	Patricia KOMA	SO	#1	Cloud County (Ka	Q	18:48.18 OT	1/31
4	8	Elka BILLINGS	FR	#10	Allen (Kan.) CC		19:31.28 OT	2/20
5	9	Rachel BYCROFT	FR	#10	Allen (Kan.) CC		19:43.14 OT	2/20
6	11	Karissa GLOVER	FR	#3	Cowley (Kan.)		19:56.01 OT	2/20
7	12	Megan REYNOLDS	SO	#3	Cowley (Kan.)		19:56.67 OT	2/20
8	16	Victorine KIPROP	SO	#7	Colby (Kan.) CC		20:16.21 OT	2/20
9	17	Edith VALDEZ	FR	#11	Dodge City (Kan.)		20:17.79 OT	2/20
10	18	Cierra NORD	FR	#7	Colby (Kan.) CC		20:20.60 OT	2/20

Women's 60 Meter Hurdles

1	3	Ayesha NELSON	SO	#2	Barton (Kan.) CC	Q	8.71	1/31
2	5	Jerricka AMBUS	FR	#12	Hinds (Miss.) CC	Q	8.83	1/31
3	7	Kijah DAVENPORT	FR	#12	Hinds (Miss.) CC	Q	8.99	1/31
4	8	Diondra WILBORN	FR	#14	Garden City (Kan.)	Q	9.00	1/23
5	10	Ashanti HARVEY	FR	#2	Barton (Kan.) CC		9.09	1/31
6	11	Jennifer GODFREY	FR	#5	Butler (Kan.) CC		9.16	2/20
7	12	Aliya HATTON	SO	#1	Cloud County (Ka		9.19	2/12
8	15	Shavonte HARRIS	SO	#8	Highland (Kan.) C		9.42	2/20
9	16	Keiana NEWMAN	SO	#1	Cloud County (Ka		9.45	1/31
10	18	Hadassah HAMPTON	FR	#5	Butler (Kan.) CC		9.69	2/20

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/545	#1	Cloud County (Ka	Q	3:44.34	2/12
2	2	https://www.tfrrs.org/teams/541	#5	Butler (Kan.) CC	Q	3:50.27 OT	2/20
3	5	https://www.tfrrs.org/teams/537	#2	Barton (Kan.) CC	Q	3:51.67 OT	2/20
4	9	https://www.tfrrs.org/teams/547	#6	Coffeyville (Kan.)	Q	4:00.84 OT	2/20
5	10	https://www.tfrrs.org/teams/8048	#4	Fort Scott (Kan.)	Q	4:01.12 OT	2/20
6	12	https://www.tfrrs.org/teams/660	#10	Allen (Kan.) CC		4:18.48 OT	2/20
7	13	https://www.tfrrs.org/teams/557	#8	Highland (Kan.) C		4:26.25 OT	1/31
8	14	https://www.tfrrs.org/teams/978	#9	Hutchinson (Kan.)		4:26.77 OT	2/20
9	15	https://www.tfrrs.org/teams/551	#14	Garden City (Kan.)		4:26.94c (4:32.41u)	1/15
10	16	https://www.tfrrs.org/teams/678	#11	Dodge City (Kan.)		4:27.80 OT	2/20

Women's 4x800 Relay

1	2	https://www.tfrrs.org/teams/549	#7	Colby (Kan.) CC		10:17.39 OT	2/20
2	3	https://www.tfrrs.org/teams/541	#5	Butler (Kan.) CC		10:27.31 OT	2/20
3	4	https://www.tfrrs.org/teams/4654	#3	Cowley (Kan.)		10:35.03 OT	2/20
4	5	https://www.tfrrs.org/teams/978	#9	Hutchinson (Kan.)		10:50.21 OT	2/20

Women's Distance Medley Relay

1	3	https://www.tfrrs.org/teams/545	#1	Cloud County (Ka	Q	13:02.21 OT	2/20
2	6	https://www.tfrrs.org/teams/4654	#3	Cowley (Kan.)		13:39.55 OT	2/20
3	7	https://www.tfrrs.org/teams/541	#5	Butler (Kan.) CC		13:46.66 OT	2/20
4	9	https://www.tfrrs.org/teams/678	#11	Dodge City (Kan.)		14:01.02 OT	1/31
5	10	https://www.tfrrs.org/teams/8048	#4	Fort Scott (Kan.)		14:16.37 OT	2/20
6	11	https://www.tfrrs.org/teams/978	#9	Hutchinson (Kan.)		14:34.38 OT	2/20

Women's High Jump

1	2	Annia ASHLEY	SO	#2	Barton (Kan.) CC	Q	1.66m	5-5¼	1/31
2	5	Nia ROBINSON	FR	#2	Barton (Kan.) CC	Q	1.63m	5-4¼	1/23
3	6	Victoria AUGUSTIN	FR	#6	Coffeyville (Kan.)	Q	1.61m	5-3¼	1/31
4	11	Damazvia DAMES	FR	#4	Fort Scott (Kan.)		1.56m	5-1¼	2/20
4	11	Achai AROP	SO	#6	Coffeyville (Kan.)		1.56m	5-1¼	2/20
6	13	Octavia YOUNG	SO	#4	Fort Scott (Kan.)		1.55m	5-1	2/20
6	13	Rachel BOOKER	SO	#4	Fort Scott (Kan.)		1.55m	5-1	2/20
6	13	Jerricka AMBUS	FR	#12	Hinds (Miss.) CC		1.55m	5-1	1/31
9	17	Faithlyn IRVING	FR	#1	Cloud County (Ka		1.50m	4-11	2/12
10	21	Rebeca RAYMUNDO	SO	#9	Hutchinson (Kan.)		1.46m	4-9½	2/5
10	21	Alyssa CARPENTER	SO	#9	Hutchinson (Kan.)		1.46m	4-9½	2/5
10	21	Jessica DENTON	SO	#15	Northwest Kansa		1.46m	4-9½	2/20

Women's Pole Vault

1	3	Georgia BELL	FR	#1	Cloud County (Ka	Q	3.09m	10-1½	1/15
2	4	Kassidy BLANN	FR	#3	Cowley (Kan.)	Q	3.04m	9-11¾	2/20
3	6	Taylor FRANCIS	FR	#8	Highland (Kan.) C		2.94m	9-7¾	1/31
4	9	Kiana BROWN	SO	#9	Hutchinson (Kan.)		2.74m	8-11¾	2/5
5	10	Evie MARSHALL	SO	#8	Highland (Kan.) C		2.64m	8-8	1/31
6	11	Violet MARTINEZ	SO	#9	Hutchinson (Kan.)		2.59m	8-6	2/20
7	13	Aeryn RECKWARD	FR	#1	Cloud County (Ka		2.29m	7-6	2/20

Women's Long Jump

1	1	Destiny CASTILLO	SO	#5	Butler (Kan.) CC	Q	6.08m	19-11½	2/20
2	2	Nia ROBINSON	FR	#2	Barton (Kan.) CC	Q	6.06m	19-10¾	2/20
3	5	Jada MEECHAM	FR	#6	Coffeyville (Kan.)	Q	5.75m	18-10½	2/20
4	6	Annia ASHLEY	SO	#2	Barton (Kan.) CC	Q	5.74m	18-10	1/31
5	9	Kailah GILMORE	FR	#4	Fort Scott (Kan.)	Q	5.62m	18-5¼	2/14
6	12	Shemia ODAINE	SO	#2	Barton (Kan.) CC	Q	5.53m	18-1¾	2/20
7	13	Damazvia DAMES	FR	#4	Fort Scott (Kan.)	Q	5.51m	18-1	2/20
8	15	Tatiana WASHINGTON	FR	#6	Coffeyville (Kan.)	Q	5.43m	17-9¾	2/20
9	20	Daylece NEWSOM	FR	#6	Coffeyville (Kan.)		5.24m	17-2¼	2/20
10	21	Trinity SINEGAL	FR	#4	Fort Scott (Kan.)		5.20m	17-¾	2/14



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Central

Women's Triple Jump

1	2	Nia ROBINSON	FR	#2	Barton (Kan.) CC	Q	12.58m	41-3¼	1/23
2	3	Annia ASHLEY	SO	#2	Barton (Kan.) CC	Q	12.49m	40-11¾	1/23
3	4	Damazvia DAMES	FR	#4	Fort Scott (Kan.) CC	Q	11.97m	39-3¼	2/20
4	8	Princess BROWNE	FR	#7	Colby (Kan.) CC	Q	11.65m	38-2¾	2/6
5	9	Jessica DENTON	SO	#15	Northwest Kansas	Q	11.30m	37-1	2/20
6	11	Faithlyn IRVING	FR	#1	Cloud County (Kan.)	Q	11.20m	36-9	1/31
7	13	Kiara BROWN	SO	#5	Butler (Kan.) CC		10.99m	36-¾	2/20
8	17	Charleyanse HOWARD	FR	#4	Fort Scott (Kan.) CC		10.66m	34-11¾	1/23
9	19	Rachel BOOKER	SO	#4	Fort Scott (Kan.) CC		10.05m	32-11¾	2/14
10	21	Ashanti HARVEY	FR	#2	Barton (Kan.) CC		9.73m	31-11¼ (0.	1/14

Women's Shot Put

1	1	Ana DA SILVA	SO	#2	Barton (Kan.) CC	Q	16.10m	52-10	2/14
2	2	Marie FORBES	SO	#1	Cloud County (Kan.)	Q	14.25m	46-9	2/20
3	3	Jada SEWELL	FR	#2	Barton (Kan.) CC	Q	13.03m	42-9	2/14
4	5	Santornya RALLIFORD	FR	#8	Highland (Kan.) CC	Q	12.79m	41-11½	2/13
5	7	Maleah DECUIR	SO	#6	Coffeyville (Kan.)	Q	12.46m	40-10½	2/20
6	10	Maycee CALIHAN	SO	#1	Cloud County (Kan.)		12.08m	39-7¾	2/20
7	12	Naliyah LANDRUM	FR	#6	Coffeyville (Kan.)		11.50m	37-8¾	2/20
8	16	Shonase COLLINS	FR	#6	Coffeyville (Kan.)		11.28m	37-¼	2/5
9	17	Kyra CHOICE	FR	#3	Cowley (Kan.)		11.22m	36-9¾	2/20
10	18	Rashanna THORNE	FR	#3	Cowley (Kan.)		11.05m	36-3	2/20

Women's Weight Throw

1	2	Marie FORBES	SO	#1	Cloud County (Kan.)	Q	18.67m	61-3	2/12
2	3	Ana DA SILVA	SO	#2	Barton (Kan.) CC	Q	18.22m	59-9½	2/20
3	4	Deisiane TEXEIRA	SO	#8	Highland (Kan.) CC	Q	15.53m	50-11½	2/13
4	6	Maleah DECUIR	SO	#6	Coffeyville (Kan.)	Q	15.26m	50-¾	2/20
5	7	Chole WILSON	SO	#3	Cowley (Kan.)		13.80m	45-3½	2/5
6	9	Maycee CALIHAN	SO	#1	Cloud County (Kan.)		13.45m	44-1½	1/15
7	10	Saqqary BAKER	FR	#7	Colby (Kan.) CC		13.43m	44-¾	2/20
8	12	Jada SEWELL	FR	#2	Barton (Kan.) CC		13.29m	43-7¼	2/20
9	13	Santornya RALLIFORD	FR	#8	Highland (Kan.) CC		12.85m	42-2	1/31
10	14	Naliyah LANDRUM	FR	#6	Coffeyville (Kan.)		12.80m	42-0	1/14

Women's Pentathlon

1	4	Octavia YOUNG	SO	#4	Fort Scott (Kan.) CC	Q	2,682		2/20
2	8	Taylor MEINEN	SO	#3	Cowley (Kan.)	Q	2,474		2/20
3	9	Rachel BOOKER	SO	#4	Fort Scott (Kan.) CC	Q	2,400		2/20
4	13	Diamond SULLIVAN	SO	#8	Highland (Kan.) CC	Q	2,251		2/20
5	14	Rebeca RAYMUNDO	SO	#9	Hutchinson (Kan.)	Q	2,217		2/20
6	15	Mya GREEN	SO	#13	Neosho County (Kan.)	Q	2,097		2/20
7	17	Rashanna THORNE	FR	#3	Cowley (Kan.)	Q	1,944		2/20
8	19	Alani CALAHAN	FR	#4	Fort Scott (Kan.) CC	Q	1,497		2/20
9	20	Channa HINES	SO	#3	Cowley (Kan.)	Q	964		2/20



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Midwest

Women's 60 Meters

1	3	Odell FRYE	SO	#2	Iowa Central CC	Q	7.42	2/20
2	5	Terresha WALCOTT	FR	#1	Iowa Western CC	Q	7.48	2/20
3	8	Tirecia WALCOTT	FR	#1	Iowa Western CC	Q	7.54	2/20
4	10	Hannah CONNELL	SO	#2	Iowa Central CC	Q	7.56	1/22
5	16	Nayomie GREEN	FR	#1	Iowa Western CC	Q	7.71	2/20
6	19	Janyla HOSKINS	FR	#4	Indian Hills (Iowa)	Q	7.73	2/20
7	31	Dasauna COMBS	SO	#4	Indian Hills (Iowa)		7.85	2/20
8	34	Kylar BROWN	SO	#4	Indian Hills (Iowa)		7.90	1/22
9	44	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)		7.97	2/20
10	60	Patience HEATH	FR	#2	Iowa Central CC		8.10	1/22

Women's 200 Meters

1	1	Nickisha PRYCE	FR	#1	Iowa Western CC	Q	23.71c (24.07f)	2/20
2	4	Hannah CONNELL	SO	#2	Iowa Central CC	Q	24.36	2/12
3	7	Odell FRYE	SO	#2	Iowa Central CC	Q	24.68c (25.06f)	2/20
4	9	Tirecia WALCOTT	FR	#1	Iowa Western CC	Q	24.70c (25.08f)	2/20
5	15	Kahliyah ANDERSON	FR	#4	Indian Hills (Iowa)		25.13 OT	2/14
6	16	Nayomie GREEN	FR	#1	Iowa Western CC		25.35c (25.74f)	2/20
7	24	Aimaya DRUMMOND	FR	#4	Indian Hills (Iowa)		25.70c (26.10f)	2/20
8	26	Temira GOODS	FR	#4	Indian Hills (Iowa)		25.71 OT	1/16
9	43	Nadesha WALLACE	FR	#2	Iowa Central CC		26.30	2/12
10	54	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)		26.56c (26.97f)	1/22

Women's 400 Meters

1	1	Nickisha PRYCE	FR	#1	Iowa Western CC	Q	55.07c (55.80f)	2/20
2	8	Kahliyah ANDERSON	FR	#4	Indian Hills (Iowa)		57.96 OT	1/22
3	10	Aliyah MCNEIL	FR	#1	Iowa Western CC		58.09 OT	1/22
4	11	Kylar BROWN	SO	#4	Indian Hills (Iowa)		58.54c (59.31f)	2/20
5	14	Temira GOODS	FR	#4	Indian Hills (Iowa)		58.95c (59.73f)	2/20
6	17	Shariden RICHARDSON	FR	#1	Iowa Western CC		59.71c (1:00.50f)	2/20
7	22	Nadesha WALLACE	FR	#2	Iowa Central CC		1:00.45 OT	2/14
8	43	Patience HEATH	FR	#2	Iowa Central CC		1:03.99	2/12
9	46	Janae BARKSDALE	SO	#2	Iowa Central CC		1:05.39c (1:06.25f)	2/6
10	57	Chloe KNEPP	SO	#5	Vincennes (Ind.)		1:08.49	2/20

Women's 600 Meters

1	3	Shariden RICHARDSON	FR	#1	Iowa Western CC	Q	1:36.26c (1:37.44f)	2/20
2	5	Ryann PORTCH	FR	#3	Hawkeye (Iowa) CC	Q	1:37.82c (1:39.01f)	2/6
3	11	Nickisha PRYCE	FR	#1	Iowa Western CC		1:41.72 OT (1:30.82/6)	1/16
4	14	Nadesha WALLACE	FR	#2	Iowa Central CC		1:42.09c (1:43.34f)	2/20
5	18	Kaylee LEICHT	FR	#3	Hawkeye (Iowa) CC		1:43.97c (1:45.24f)	2/20
6	25	Mohussin ABAKAR	FR	#1	Iowa Western CC		1:46.33 OT (1:34.93/6)	1/16
7	26	Shaunti LONGFELLOW	FR	#2	Iowa Central CC		1:46.54 OT	1/31
8	30	Maddy LENAERTS	FR	#3	Hawkeye (Iowa) CC		1:48.64c (1:49.97f)	2/20
9	38	Kaitlyn KOENIG	FR	#5	Vincennes (Ind.)		1:53.75c (1:55.14f)	2/5
10	39	Maisie HOSKINS	SO	#6	North Iowa Area CC		1:53.92c (1:55.31f)	2/20

Women's 800 Meters

1	6	Rosalie FISH	SO	#2	Iowa Central CC	Q	2:20.18	2/12
2	7	Ryann PORTCH	FR	#3	Hawkeye (Iowa) CC	Q	2:21.64c (2:23.27f)	1/22
3	9	Chloe LENOIR	FR	#2	Iowa Central CC	Q	2:21.70	2/12
4	12	Lilia ALVAREZ	SO	#2	Iowa Central CC		2:24.68c (2:26.34f)	2/6
5	13	Kaylee LEICHT	FR	#3	Hawkeye (Iowa) CC		2:25.10c (2:26.77f)	2/13
6	15	Sarah BERTRY	FR	#6	North Iowa Area CC		2:25.58c (2:27.25f)	2/13
7	16	Mohussin ABAKAR	FR	#1	Iowa Western CC		2:26.14 OT	1/30
8	18	Blayne LECHANCE	SO	#1	Iowa Western CC		2:27.44	2/12
9	28	Emma DRAKE	FR	#3	Hawkeye (Iowa) CC		2:32.01c (2:33.76f)	2/13
10	30	Whitney MARTIN	SO	#6	North Iowa Area CC		2:32.20c (2:33.95f)	2/13

Women's 1000 Meters

1	1	Rosalie FISH	SO	#2	Iowa Central CC	Q	3:03.49 OT	2/14
2	2	Ryann PORTCH	FR	#3	Hawkeye (Iowa) CC	Q	3:05.99c (3:08.02f)	2/20
3	3	Lilia ALVAREZ	SO	#2	Iowa Central CC	Q	3:06.60c (3:08.63f)	2/20
4	7	Sarah BERTRY	FR	#6	North Iowa Area CC	Q	3:10.63c (3:12.71f)	2/6
5	10	Mohussin ABAKAR	FR	#1	Iowa Western CC		3:12.24c (3:14.33f)	2/20
6	12	Kaylee LEICHT	FR	#3	Hawkeye (Iowa) CC		3:14.30c (3:16.42f)	2/20
7	13	Blayne LECHANCE	SO	#1	Iowa Western CC		3:14.87c (3:16.99f)	2/20
8	16	Shaunti LONGFELLOW	FR	#2	Iowa Central CC		3:16.36c (3:18.50f)	2/20
9	17	Kyra YOUNG	SO	#5	Vincennes (Ind.)		3:17.25	2/20
10	26	Jacy COLLINS	FR	#5	Vincennes (Ind.)		3:22.09	2/20

Women's Mile

1	1	Chloe LENOIR	FR	#2	Iowa Central CC	Q	5:09.51c (5:12.57f)	2/20
2	2	Faith CHEPENGAT	SO	#1	Iowa Western CC	Q	5:10.17c (5:13.24f)	2/20
3	3	Rosalie FISH	SO	#2	Iowa Central CC	Q	5:15.50 OT	2/14
4	7	Sarah BERTRY	FR	#6	North Iowa Area CC	Q	5:17.62c (5:20.76f)	2/20
5	9	Meagan MORENO	SO	#5	Vincennes (Ind.)		5:23.33c (5:26.53f)	2/5
6	13	Lilia ALVAREZ	SO	#2	Iowa Central CC		5:30.09 OT	2/14
7	15	Kyra YOUNG	SO	#5	Vincennes (Ind.)		5:31.14c (5:34.41f)	2/5
8	16	Ryann PORTCH	FR	#3	Hawkeye (Iowa) CC		5:34.01c (5:37.31f)	2/13
9	21	Nia TAYLOR	SO	#1	Iowa Western CC		5:43.11c (5:46.50f)	2/20
10	31	Shiggo SHADIN	FR	#4	Indian Hills (Iowa)		5:51.17c (5:54.64f)	2/20

Women's 3000 Meters

1	5	Meagan MORENO	SO	#5	Vincennes (Ind.)	Q	10:40.96	2/20
2	6	Lilia ALVAREZ	SO	#2	Iowa Central CC	Q	10:46.78	2/12
3	21	Nia TAYLOR	SO	#1	Iowa Western CC		11:34.08	2/12
4	26	Josie STACKIS	FR	#2	Iowa Central CC		11:55.48	2/12
5	27	Nani BREWINGTON	SO	#8	Mineral Area (Mo.)		12:11.83c (12:18.10f)	2/19
6	28	Hannah PAYNE	FR	#3	Hawkeye (Iowa) CC		12:12.92c (12:19.20f)	2/6
7	29	Mindi SANDE	FR	#3	Hawkeye (Iowa) CC		12:13.16c (12:19.44f)	2/6
8	33	Monse CHAPULA	FR	#4	Indian Hills (Iowa)		12:18.83 OT	1/30
9	35	Haley HERNANDEZ	FR	#8	Mineral Area (Mo.)		12:20.39c (12:26.73f)	2/19
10	43	Morgan HARWIN	SO	#1	Iowa Western CC		13:20.03 OT	1/30



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Midwest

Women's 5000 Meters

1	1	Faith CHEPENGAT	SO	#1	Iowa Western CC	Q	18:09.56c	(18:17.90f)	2/20
2	13	Mohussin ABAKAR	FR	#1	Iowa Western CC		20:00.40c	(20:09.59f)	2/20
3	14	Lilia ALVAREZ	SO	#2	Iowa Central CC		20:04.41 OT		1/31
4	15	Nia TAYLOR	SO	#1	Iowa Western CC		20:09.55c	(20:18.81f)	2/20
5	20	Josie STACKIS	FR	#2	Iowa Central CC		20:30.30 OT		1/31
6	25	Mindi SANDE	FR	#3	Hawkeye (Iowa) C		21:56.33c	(22:06.41f)	2/13

Women's 60 Meter Hurdles

1	1	Hannah CONNELL	SO	#2	Iowa Central CC	Q	8.42		1/31
2	2	Dyandra GRAY	FR	#1	Iowa Western CC	Q	8.48		2/20
3	14	Thalia SUMMERVILLE	FR	#1	Iowa Western CC		9.30		2/20
4	20	Kylee NEIGHBORS	FR	#3	Hawkeye (Iowa) C		9.76		2/6
5	30	Kiya WULF	SO	#2	Iowa Central CC		10.15		2/20
6	33	Patience HEATH	FR	#2	Iowa Central CC		10.17		2/20
7	34	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)		10.31		2/20
8	35	Lynn HOFETT	FR	#6	North Iowa Area C		10.50		2/13
9	36	Margaret NIELSEN	FR	#3	Hawkeye (Iowa) C		10.62		2/6
10	38	Kristina KLEMESRUD	FR	#3	Hawkeye (Iowa) C		10.90		2/13

Women's 4x400 Relay

1	3	https://www.tfrrs.org/teams/59718	#1	Iowa Western CC	Q	3:50.68c	(3:53.74f)	2/20
2	6	https://www.tfrrs.org/teams/85621	#4	Indian Hills (Iowa)	Q	3:54.63c	(3:57.74f)	2/20
3	8	https://www.tfrrs.org/teams/20051	#2	Iowa Central CC	Q	3:58.03 OT		2/14
4	11	https://www.tfrrs.org/teams/95006	#3	Hawkeye (Iowa) C		4:16.08c	(4:19.48f)	2/6
5	18	https://www.tfrrs.org/teams/708	#5	Vincennes (Ind.)		4:31.26		2/20
6	22	https://www.tfrrs.org/teams/28039	#6	North Iowa Area C		4:38.91c	(4:42.61f)	2/13

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/20051	#2	Iowa Central CC	Q	9:51.16c	(9:57.97f)	1/22
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Women's Distance Medley Relay

1	1	https://www.tfrrs.org/teams/59718	#1	Iowa Western CC	Q	12:47.13c	(12:55.34f)	2/20
2	2	https://www.tfrrs.org/teams/95006	#3	Hawkeye (Iowa) C		12:50.96c	(12:59.22f)	2/6
3	4	https://www.tfrrs.org/teams/708	#5	Vincennes (Ind.)	Q	13:04.88c	(13:13.28f)	2/5
4	5	https://www.tfrrs.org/teams/20051	#2	Iowa Central CC		13:35.94c	(13:44.68f)	2/20

Women's High Jump

1	1	Aliyah MCNEIL	FR	#1	Iowa Western CC	Q	1.72m	5-7¾	1/16
2	3	Madison JOHNSON	SO	#2	Iowa Central CC	Q	1.65m	5-5	2/20
3	9	Ciara CORLEY	FR	#4	Indian Hills (Iowa)		1.58m	5-2¼	1/30
4	10	Kylee NEIGHBORS	FR	#3	Hawkeye (Iowa) C		1.57m	5-1¾	1/16
5	13	Kahliyah ANDERSON	FR	#4	Indian Hills (Iowa)		1.55m	5-1	2/20
6	17	Ryann GRIESEMER	FR	#5	Vincennes (Ind.)		1.50m	4-11	2/5
6	17	Cadence STANLEY	FR	#1	Iowa Western CC		1.50m	4-11	2/12
8	25	Patience HEATH	FR	#2	Iowa Central CC		1.45m	4-9	2/20
9	31	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)		1.35m	4-5	2/20
10	34	Margaret NIELSEN	FR	#3	Hawkeye (Iowa) C		1.30m	4-3¼	2/20
10	34	Thalia SUMMERVILLE	FR	#1	Iowa Western CC		1.30m	4-3¼	2/20

Women's Pole Vault

1	1	Makinzi MEURER	SO	#5	Vincennes (Ind.)	Q	3.27m	10-8¾	1/23
2	5	Olivia KALATA	SO	#9	DuPage (Ill.)		3.00m	9-10	2/19
3	14	Blayne LECHANCE	SO	#1	Iowa Western CC		1.65m	5-5	2/20
3	14	Morgan HARWIN	SO	#1	Iowa Western CC		1.65m	5-5	2/20
5	16	Jadyn MILLER	FR	#1	Iowa Western CC		1.25m	4-1¼	2/20

Women's Long Jump

1	6	Victory GEORGE	FR	#1	Iowa Western CC	Q	5.74m	18-10	1/22
2	13	Sanique ROSE	SO	#1	Iowa Western CC	Q	5.51m	18-1	2/20
3	16	Siby YAO	FR	#4	Indian Hills (Iowa)		5.40m	17-8¾	2/14
4	17	Patience HEATH	FR	#2	Iowa Central CC		5.30m	17-4¾	2/6
5	18	Kylar BROWN	SO	#4	Indian Hills (Iowa)		5.27m	17-3½	1/16
6	22	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)		5.06m	16-7¼	2/20
7	24	Ciara CORLEY	FR	#4	Indian Hills (Iowa)		4.99m	16-4½	1/16
8	30	Madison JOHNSON	SO	#2	Iowa Central CC		4.81m	15-9½	2/20
9	31	Cadence STANLEY	FR	#1	Iowa Western CC		4.75m	15-7	2/20
10	46	Margaret NIELSEN	FR	#3	Hawkeye (Iowa) C		4.44m	14-6¾	2/6

Women's Triple Jump

1	6	Victory GEORGE	FR	#1	Iowa Western CC	Q	11.88m	38-11¾	2/20
2	10	Ciara CORLEY	FR	#4	Indian Hills (Iowa)	Q	11.22m	36-9¾	2/20
3	12	Siby YAO	FR	#4	Indian Hills (Iowa)	Q	11.11m	36-5½	2/14
4	14	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)		10.92m	35-10	2/6
5	15	Patience HEATH	FR	#2	Iowa Central CC		10.83m	35-6½	2/14
6	16	Kylar BROWN	SO	#4	Indian Hills (Iowa)		10.82m	35-6	2/20
7	18	Moselle PUNNI	FR	#1	Iowa Western CC		10.19m	33-5¼	2/12
8	24	Brianna SANSOUCIE	FR	#8	Mineral Area (Mo.)		8.16m	26-9¼	2/19

Women's Shot Put

1	4	Shania PARKINSON	SO	#1	Iowa Western CC	Q	12.81m	42-½	2/20
2	8	Victoria ADU	FR	#2	Iowa Central CC		12.24m	40-2	2/14
3	9	Lauren UPMEYER	FR	#4	Indian Hills (Iowa)		12.13m	39-9¾	1/16
4	11	Allison FLANSCHA	FR	#3	Hawkeye (Iowa) C		11.59m	38-¼	2/13
5	13	Kiana BEAN	SO	#1	Iowa Western CC		11.46m	37-7¼	2/12
6	14	Alyssa STRIEGEL	FR	#3	Hawkeye (Iowa) C		11.42m	37-5¾	1/16
7	21	Elizabeth SEBERA	FR	#1	Iowa Western CC		10.81m	35-5¾	2/12
8	29	Ariana RODRIGUEZ	FR	#2	Iowa Central CC		10.29m	33-9¼	2/6
9	32	Erionna HAMILTON	FR	#4	Indian Hills (Iowa)		10.04m	32-11¼	2/14
10	34	Cinnamon EVANS	SO	#6	North Iowa Area C		9.80m	32-2	2/6



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Midwest

Women's Weight Throw

1	1	Victoria ADU	FR	#2	Iowa Central CC	Q	19.61m	64-4	1/31
2	5	Shania PARKINSON	SO	#1	Iowa Western CC	Q	15.33m	50-3½	2/12
3	8	Cinnamon EVANS	SO	#6	North Iowa Area C		13.58m	44-6¾	2/20
4	11	Elizabeth SEBERA	FR	#1	Iowa Western CC		13.42m	44-½	2/20
5	19	Brenna PAULSON	FR	#6	North Iowa Area C		11.73m	38-6	2/20
6	21	Alyssa STRIEGEL	FR	#3	Hawkeye (Iowa) C		11.60m	38-¾	2/20
7	27	Ariana RODRIGUEZ	FR	#2	Iowa Central CC		11.00m	36-1¼	2/6
8	28	Allison FLANSCHA	FR	#3	Hawkeye (Iowa) C		10.65m	34-11¼	2/20
9	32	Kiana BEAN	SO	#1	Iowa Western CC		9.82m	32-2¾	1/16

Women's Pentathlon

1	6	Patience HEATH	FR	#2	Iowa Central CC	Q	2,553		2/20
2	7	Fane SAUVAKACOLO	SO	#7	Southwestern (Iowa)	Q	2,536		2/20
3	10	Kylee NEIGHBORS	FR	#3	Hawkeye (Iowa) C		2,396		2/20
4	16	Margaret NIELSEN	FR	#3	Hawkeye (Iowa) C		2,011		2/20



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West

Women's 60 Meters

1	2	Rosemary CHUKWUMA	SO	#1	South Plains (Tex)	Q	7.35c	(7.33A) (0.	2/22
2	8	Success UMUKORO	FR	#1	South Plains (Tex)	Q	7.54c	(7.52A) (0.	2/22
3	12	Keshana PAGE	SO	#1	South Plains (Tex)	Q	7.64c	(7.62A) (0.	2/22
4	16	Jovanna GUSTAVE	SO	#3	Western Texas	Q	7.71c	(7.69A) (0.	2/22
5	26	Chelsey AGYEMANG	SO	#3	Western Texas		7.82c	(7.80A) (0.	2/21
5	26	Niesha BURGHER	FR	#3	Western Texas		7.82c	(7.80A) (0.	2/21
7	44	Synfanie CRUDDER	SO	#7	Glendale (Ariz.) C		7.97	(0.0)	2/20
8	67	Ciara BARDWELL	SO	#2	Mesa (Ariz.) CC		8.16	(0.0)	2/20
9	82	Zana RYAN	FR	#2	Mesa (Ariz.) CC		8.56	(0.0)	2/20
10		Masey WALKER	FR	#2	Mesa (Ariz.) CC		9.27	(0.0)	2/20

Women's 200 Meters

1	3	Rosemary CHUKWUMA	SO	#1	South Plains (Tex)	Q	24.11c out	(24.04A) (0	2/22
2	11	Success UMUKORO	FR	#1	South Plains (Tex)	Q	24.84c out	(24.77A) (0	2/21
3	14	Jordan BROWN	SO	#1	South Plains (Tex)	Q	25.00c out	(24.93A) (0	2/22
4	18	Jovanna GUSTAVE	SO	#3	Western Texas		25.56c out	(25.49A) (0	2/21
5	24	Chelsey AGYEMANG	SO	#3	Western Texas		25.70c out	(25.63A) (0	2/21
6	36	Niesha BURGHER	FR	#3	Western Texas		26.02c out	(25.95A) (0	2/21
7	63	Synfanie CRUDDER	SO	#7	Glendale (Ariz.) C		26.91 out	(0.0)	2/13
8	98	Zana RYAN	FR	#2	Mesa (Ariz.) CC		28.99 out	(0.0)	2/13
9		Masey WALKER	FR	#2	Mesa (Ariz.) CC		31.94 out	(0.0)	2/20

Women's 400 Meters

1	6	Anna-Kay ALLEN	SO	#1	South Plains (Tex)	Q	57.85c out	(57.74A) (0	2/21
2	16	Jordan BROWN	SO	#1	South Plains (Tex)		59.39c out	(59.28A) (0	2/21
3	40	Ciara BARDWELL	SO	#2	Mesa (Ariz.) CC		1:03.02 out		2/20
4	55	Zana RYAN	FR	#2	Mesa (Ariz.) CC		1:07.36 out		2/20
5	66	Audrey HAJEK	FR	#6	Paradise Valley (A		1:12.69 out		2/13
6	67	Abby DAYTON	FR	#6	Paradise Valley (A		1:12.80 out		2/13

Women's 600 Meters

1	4	Cemore DONALD	FR	#1	South Plains (Tex)	Q	1:36.74 outA		2/22
2	6	Camille LEWIS	FR	#1	South Plains (Tex)	Q	1:38.33 outA		2/22
3	9	Shadae FINDLEY	FR	#3	Western Texas		1:40.91 outA		2/22
4	12	Lexi JACKSON	SO	#1	South Plains (Tex)		1:41.79 outA		2/22
5	17	Latifah PINNOCK	FR	#3	Western Texas		1:43.63 outA		2/21

Women's 800 Meters

1	3	Shadae FINDLEY	FR	#3	Western Texas	Q	2:18.30c out	(2:18.74A) (0	2/21
2	4	Cemore DONALD	FR	#1	South Plains (Tex)	Q	2:18.91c out	(2:19.35A) (0	2/21
3	5	Camille LEWIS	FR	#1	South Plains (Tex)	Q	2:20.04c out	(2:20.49A) (0	2/21
4	11	Amy WHITE	SO	#4	Southern Idaho	Q	2:23.26		2/20
5	14	Lexi JACKSON	SO	#1	South Plains (Tex)		2:25.56c out	(2:26.02A) (0	2/21
6	24	Latifah PINNOCK	FR	#3	Western Texas		2:30.80c out	(2:31.28A) (0	2/22
7	32	Jasmine ALYASIRI	FR	#6	Paradise Valley (A		2:32.52 out		2/20
8	44	Kaelynn ASHLEY	FR	#6	Paradise Valley (A		2:35.91 out		2/20
9	47	Ciara CHAFFEE	FR	#4	Southern Idaho		2:36.45		2/20
10	52	Kayla PARISIEN	SO		Dawson (Mont.) C		2:37.42c	(2:39.76A) (0	2/13

Women's 1000 Meters

1	4	Amy WHITE	SO	#4	Southern Idaho	Q	3:08.29		2/20
2	9	Elissa LUCAS	SO	#6	Paradise Valley (A		3:11.48 out		2/20
3	21	Cemore DONALD	FR	#1	South Plains (Tex)		3:20.91c out	(3:21.55A) (0	2/21
4	23	Lexi JACKSON	SO	#1	South Plains (Tex)		3:21.55c out	(3:22.19A) (0	2/21
5	24	Sheilah CHERUIYOT	SO	#5	Trinidad State (C		3:21.68c	(3:26.67fA) (0	1/23
6	25	Camille LEWIS	FR	#1	South Plains (Tex)		3:21.73c out	(3:22.37A) (0	2/21
7	27	Ashley LAGAT	FR	#5	Trinidad State (C		3:22.95c	(3:27.97fA) (0	1/23
8	36	Jasmine ALYASIRI	FR	#6	Paradise Valley (A		3:32.03 out		2/13
9	51	Kjersti JENKS	FR	#7	Glendale (Ariz.) C		3:57.51 out		2/20
10	52	Catalina SOTO	FR	#7	Glendale (Ariz.) C		3:58.56 out		2/20

Women's Mile

1	6	Sheilah CHERUIYOT	SO	#5	Trinidad State (C	Q	5:17.21c	(5:34.45fA) (0	2/6
2	8	Amy WHITE	SO	#4	Southern Idaho	Q	5:21.37c	(5:29.01fA) (0	1/29
3	10	Ellis COLLINS	SO	#2	Mesa (Ariz.) CC		5:26.80 out		2/20
4	12	Ashley LAGAT	FR	#5	Trinidad State (C		5:29.82c	(5:47.75fA) (0	2/6
5	19	Kayla PARISIEN	SO		Dawson (Mont.) C		5:39.23c	(5:47.29fA) (0	2/19
6	20	Sharon JESANG	SO	#5	Trinidad State (C		5:40.95c	(5:59.48fA) (0	2/6
7	25	Analine GONZALEZ	FR	#4	Southern Idaho		5:48.27		2/20
8	28	Tanaeya JOHNSON	SO	#2	Mesa (Ariz.) CC		5:50.00 out		2/20
9	34	Ciara CHAFFEE	FR	#4	Southern Idaho		5:54.40		2/20
10	39	Esmeralda ESPINOZA	FR	#1	South Plains (Tex)		5:58.21 f		2/6

Women's 3000 Meters

1	3	Maura WILLIAMS	SO	#4	Southern Idaho	Q	10:38.39c	(10:53.36f) (0	1/29
2	7	Sharon JESANG	SO	#5	Trinidad State (C	Q	10:51.75		2/12
3	8	Ashley LAGAT	FR	#5	Trinidad State (C		10:59.86c	(11:39.21f) (0	2/6
4	9	Sheilah CHERUIYOT	SO	#5	Trinidad State (C		10:59.90c	(11:39.26f) (0	2/6
5	12	Taya BREWER	FR	#4	Southern Idaho		11:19.64		2/20
6	16	Danielle BROW	FR	#4	Southern Idaho		11:25.38		2/20
7	20	Gloria AGUILERA	SO	#3	Western Texas		#####	(12.88A) (0	1/29
8	23	Esmeralda ESPINOZA	FR	#1	South Plains (Tex)		#####	(15.04A) (0	1/29
9	25	Faith CHESEREM	FR	#1	South Plains (Tex)		#####	(15.13A) (0	1/29
10	44	Kjersti JENKS	FR	#7	Glendale (Ariz.) C		13:38.65 out		2/13

Women's 5000 Meters

1	4	Maura WILLIAMS	SO	#4	Southern Idaho	Q	18:25.18c	(18:51.47f) (0	1/29
2	5	Sheilah CHERUIYOT	SO	#5	Trinidad State (C	Q	18:32.66		2/13
3	7	Ellis COLLINS	SO	#2	Mesa (Ariz.) CC		19:21.17 out		2/13
4	10	Danielle BROW	FR	#4	Southern Idaho		19:50.62c	(20:18.94f) (0	1/29
5	21	Tanaeya JOHNSON	SO	#2	Mesa (Ariz.) CC		20:42.65 out		2/13
6	26	Samantha GUAJARDO	FR	#3	Western Texas		#####	(20:59.18A) (0	2/21
7	28	Mayra SERRANO	SO	#3	Western Texas		#####	(20:58.67A) (0	2/21

Women's 60 Meter Hurdles

1	4	Tia HARRY	SO	#1	South Plains (Tex)	Q	8.81c	(8.79A) (0.	2/22
2	9	Maricia SPENCE	SO	#3	Western Texas	Q	9.06c	(9.04A) (0.	2/22
3	17	Joniar THOMAS	FR	#1	South Plains (Tex)		9.57	(0.0)	2/6
4	23	Ari VILLAFRANCO	SO	#1	South Plains (Tex)		9.87c	(9.85A) (0.	2/21
5	42	Shay BERNAL	FR	#2	Mesa (Ariz.) CC		11.13	(0.0)	2/13



Regional TFRI Event Summary

as of 2/23/2021 12:44:49 PM

West

Women's 4x400 Relay

1	4	https://www.tfrrs.org/teams/730	#1	South Plains (Tex)	Q 3:51.64c (65.1.20A)	2/22
2	20	https://www.tfrrs.org/teams/656	#2	Mesa (Ariz.) CC	4:32.13 out	2/20
3	21	https://www.tfrrs.org/teams/563	#6	Paradise Valley (A	4:38.06 out	2/20

Women's Distance Medley Relay

1	8	https://www.tfrrs.org/teams/563	#6	Paradise Valley (A	13:48.33 out	2/13
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Women's High Jump

1	4	Camille LEWIS	FR	#1	South Plains (Tex)	Q 1.64mA 5-4½	2/22
2	6	Ari VILLAFRANCO	SO	#1	South Plains (Tex)	Q 1.61mA 5-3¼	2/22
2	6	Joniar THOMAS	FR	#1	South Plains (Tex)	Q 1.61mA 5-3¼	2/21
4	27	Shay BERNAL	FR	#2	Mesa (Ariz.) CC	1.40m 4-7	2/20

Women's Pole Vault

1	2	Mackenzie GRIFFIN	FR	#1	South Plains (Tex)	Q 3.20m 10-6	2/6
2	7	Jolynn FLEMING	SO	#2	Mesa (Ariz.) CC	2.90m 9-6¼	2/13
3	8	Janie TENNEY	SO	#2	Mesa (Ariz.) CC	2.75m 9-¼	2/13
4	12	Madison IRISH	FR	#2	Mesa (Ariz.) CC	2.45m 8-½	2/20

Women's Long Jump

1	3	Joniar THOMAS	FR	#1	South Plains (Tex)	Q 5.93m 19-5½ (0.0)	2/6
2	4	Onaara OBAMUWAGUN	SO	#1	South Plains (Tex)	Q 5.84mA 19-2 (0.0)	2/21
3	10	Dejah FULLER	FR	#1	South Plains (Tex)	Q 5.58mA 18-3¾ (0.0)	1/29
4	39	Azaria BROWN	SO	#2	Mesa (Ariz.) CC	4.58m 15-½ (0.0)	2/20
5	45	Shay BERNAL	FR	#2	Mesa (Ariz.) CC	4.45m 14-7¼ (0.0)	2/20

Women's Triple Jump

1	1	Onaara OBAMUWAGUN	SO	#1	South Plains (Tex)	Q 13.38mA 43-10¾ (0.0)	1/29
2	5	Dejah FULLER	FR	#1	South Plains (Tex)	Q 11.93mA 39-1¾ (0.0)	2/22
3	23	Azaria BROWN	SO	#2	Mesa (Ariz.) CC	9.49m 31-1¾ (0.0)	2/13

Women's Shot Put

1	6	Genevieve IGE	SO	#1	South Plains (Tex)	Q 12.62m 41-5	2/6
2	15	Juliana PEREZ	FR	#2	Mesa (Ariz.) CC	11.35m 37-3	2/13
3	27	Joniar THOMAS	FR	#1	South Plains (Tex)	10.30mA 33-9½	2/21
4	35	Shay BERNAL	FR	#2	Mesa (Ariz.) CC	9.59m 31-5¾	2/20
5	36	Jaylyn MILLER	SO	#7	Glendale (Ariz.) C	9.54m 31-3¾	2/13
6	38	Valerie TARANGO	FR	#6	Paradise Valley (A	9.46m 31-½	2/13
7	44	Ari VILLAFRANCO	SO	#1	South Plains (Tex)	8.83mA 28-11¾	2/21
8	48	Kassidy FARACI	FR	#2	Mesa (Ariz.) CC	8.64m 28-4¼	2/13

Women's Weight Throw

1	33	Genevieve IGE	SO	#1	South Plains (Tex)	9.44mA 30-11¾	2/21
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Women's Pentathlon

1	1	Joniar THOMAS	FR	#1	South Plains (Tex)	Q 3,291A	2/21
2	5	Ari VILLAFRANCO	SO	#1	South Plains (Tex)	Q 2,556A	2/21
3	12	Shay BERNAL	FR	#2	Mesa (Ariz.) CC	Q 2,288	2/13