



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #1, March 28

as of 3/28/2022 4:07:55 PM

Central

Women's 100 Meters

1	1	Julianne HANSEN	FR	#4	St. Charles (Mo.) C	DI 13.13w	(3.7)	3/25
2	3	Robyn MOORE	FR	#4	St. Charles (Mo.) C	DI 13.74w	(3.8)	3/25
3	8	Brianna SANSOUCIE	FR	#1	Mineral Area (Mo.)	14.51	(0.5)	3/26
4	9	Isabelle BRUCKERHOFF	FR	#1	Mineral Area (Mo.)	14.87	(0.6)	3/26
5	11	Julianne OVERBY	FR	#6	Patrick Henry (Va.)	15.13	(-0.3)	3/17

Women's 100 Meter Hurdles

1	3	Brianna SANSOUCIE	FR	#1	Mineral Area (Mo.)	DI 18.02	(-2.7)	3/26
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Women's 200 Meters

1	1	Kiara CARTER	FR	#2	DuPage (Ill.)	DI 26.74		2/18
2	3	Paulina STACHURA	FR	#2	DuPage (Ill.)	DI 27.70		2/18
3	4	Samira ROSENFELD	FR	#3	Harper (Ill.)	DI 27.75		3/4
4	5	Julianne HANSEN	FR	#4	St. Charles (Mo.) C	27.90	(0.9)	3/19
5	7	Alexandra OCHAB	FR	#2	DuPage (Ill.)	28.55		2/18
6	9	Mya MANGAN	FR	#2	DuPage (Ill.)	28.81		2/5
7	13	Laine COTTRELL	FR	#1	Mineral Area (Mo.)	29.32		1/28
8	14	Robyn MOORE	FR	#4	St. Charles (Mo.) C	29.46w	(4.0)	3/25
9	18	Pola KUBRAK	FR	#3	Harper (Ill.)	29.77		2/12
10	19	Jade CAMPOS	FR	#2	DuPage (Ill.)	29.79		2/18

Women's 400 Meters

1	1	Laine COTTRELL	FR	#1	Mineral Area (Mo.)	DI 1:04.69		3/26
2	2	Alexandra OCHAB	FR	#2	DuPage (Ill.)	DI 1:06.36		2/12
3	3	Paulina STACHURA	FR	#2	DuPage (Ill.)	DI 1:06.44		2/12
4	5	Belle ADDUCI	FR	#2	DuPage (Ill.)	1:07.94		2/12
5	7	Alyssa GASKI	FR	#2	DuPage (Ill.)	1:08.85		2/12
6	8	Morgan CLIFFORD	FR	#2	DuPage (Ill.)	1:09.12		2/5
7	12	Jade CAMPOS	FR	#2	DuPage (Ill.)	1:11.66		2/5
8	13	Julianne OVERBY	FR	#6	Patrick Henry (Va.)	1:13.17		3/17

Women's 800 Meters

1	1	Fiona METZO	FR	#3	Harper (Ill.)	DI 2:28.86		2/18
2	2	Belle ADDUCI	FR	#2	DuPage (Ill.)	DI 2:33.41		2/18
3	5	Shaylinn AVER	SO	#2	DuPage (Ill.)	DI 2:40.92		2/12
4	7	Alyssa GASKI	FR	#2	DuPage (Ill.)	2:44.99		2/18
5	10	Rachel WILSON	FR	#1	Mineral Area (Mo.)	2:49.10		2/18
6	15	Emilia KADIYALA	FR	#2	DuPage (Ill.)	2:55.80		2/18
7	17	Kara HOVICK	FR	#1	Mineral Area (Mo.)	2:56.22		3/26
8	20	Alexandra MALAGON	SO	#3	Harper (Ill.)	3:02.68		3/4
9	22	Lillian TERRY	FR	#6	Patrick Henry (Va.)	3:11.92		1/15

Women's 1500 Meters

1	1	Lillian BUZANI	FR	#2	DuPage (Ill.)	DI 5:01.22	(5:25.32(1))	2/18
2	2	Fiona METZO	FR	#3	Harper (Ill.)	DI 5:11.39	(5:36.31(1))	3/4
3	4	Shaylinn AVER	SO	#2	DuPage (Ill.)	DI 5:27.39	(5:53.59(1))	2/12
4	6	Haley HERNANDEZ	FR	#1	Mineral Area (Mo.)	DI 5:30.64	(5:57.10(1))	2/18
5	8	Rachel WILSON	FR	#1	Mineral Area (Mo.)	5:43.94	(6:11.46(1))	2/18
6	10	Kara HOVICK	FR	#1	Mineral Area (Mo.)	6:00.71		3/26

Women's 5000 Meters

1	1	Haley HERNANDEZ	FR	#1	Mineral Area (Mo.)	DI 20:07.16		2/12
2	2	Laura MADDOX	FR	#1	Mineral Area (Mo.)	DI 21:06.63		3/26

Women's 4x100 Relay

1	1	https://www.tfrs.org/teams/98374	#1	Mineral Area (Mo.)	DI 54.41		3/26
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Women's High Jump

1	1	Samira ROSENFELD	FR	#3	Harper (Ill.)	DI 1.59m	5-2½	2/18
2	2	Pola KUBRAK	FR	#3	Harper (Ill.)	DI 1.51m	4-11½	3/4
3	3	Liberty COLEMAN	FR	#1	Mineral Area (Mo.)	DI 1.45m	4-9	3/26

Women's Pole Vault

1	1	Mya MANGAN	FR	#2	DuPage (Ill.)	DI 3.15m	10-4	3/4
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Women's Long Jump

1	1	Samira ROSENFELD	FR	#3	Harper (Ill.)	DI 4.79m	15-8¾	2/4
2	2	Robyn MOORE	FR	#4	St. Charles (Mo.) C	4.58mw	15-½ (5.4)	3/25
3	3	Stephanie LATHAM	FR	#1	Mineral Area (Mo.)	4.51m	14-9¾	1/28
4	8	Brianna SANSOUCIE	FR	#1	Mineral Area (Mo.)	4.21m	13-9¾	2/18
5	11	Isabelle BRUCKERHOFF	FR	#1	Mineral Area (Mo.)	3.91mw	12-10 (2.9)	3/26

Women's Triple Jump

1	3	Stephanie LATHAM	FR	#1	Mineral Area (Mo.)	9.56m	31-4½	1/28
2	5	Brianna SANSOUCIE	FR	#1	Mineral Area (Mo.)	9.03m	29-7½	2/12

Women's Shot Put

1	1	Na'Shae EARLY	SO	#5	Howard (Md.) CC	DI 10.91m	35-9½	3/19
2	3	Sierra BATTEE	FR	#2	DuPage (Ill.)	DI 9.91m	32-6¼	2/18
3	7	Molly GEARHART	FR	#1	Mineral Area (Mo.)	8.91m	29-2¾	2/18
4	9	Darnyce	FR	#2	DuPage (Ill.)	8.10m	26-7	2/12
5	14	Reilly BAUGHMAN	FR	#1	Mineral Area (Mo.)	7.06m	23-2	1/28
6	16	Arianna TEICHMAN	FR	#3	Harper (Ill.)	6.89m	22-7¼	2/18

Women's Discus

1	1	Na'Shae EARLY	SO	#5	Howard (Md.) CC	DI 35.22m	115-7	3/19
2	3	Molly GEARHART	FR	#1	Mineral Area (Mo.)	DI 30.15m	98-11	3/26

Women's Hammer

1	1	Na'Shae EARLY	SO	#5	Howard (Md.) CC	26.60m	87-3¼	3/19
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Women's Javelin

1	1	Robyn MOORE	FR	#4	St. Charles (Mo.) C	DI 30.50m	100-1	3/19
2	6	Molly GEARHART	FR	#1	Mineral Area (Mo.)	23.73m	77-10¼	3/26
3	9	Na'Shae EARLY	SO	#5	Howard (Md.) CC	18.80m	61-8¼	3/26



Regional TFRI Event Summary

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East

Women's 100 Meters

1	2	Lia SOARES	FR	#2	Hudson Valley (N.Y.)	13.57	3/26
2	4	Imani FOAT	FR	#6	Middlesex County	13.99	3/5
3	6	Dreana ALGARIN	FR	#1	Rowan-Gloucester	14.38	3/26
4	7	Precious BARCLIFT	FR	#1	Rowan-Gloucester	14.43	3/5
5	10	Caitlyn CALUPAD	SO	#7	Bergen (N.J.) CC	15.11	3/26
6	12	Alysiana CRUZ	FR	#8	Massasoit (Mass.)	15.27	3/26
7	13	Avonna ANDERSON	FR	#1	Rowan-Gloucester	15.65	3/26

Women's 100 Meter Hurdles

1	1	Raven ORANGE	FR	#6	Middlesex County	17.11	3/5
2	2	Idayat ADISA	FR	#4	Camden County (N.J.)	17.66	3/26

Women's 200 Meters

1	2	Antonia BRANCATO	FR	#2	Hudson Valley (N.Y.)	27.35	1/29
2	6	Lia SOARES	FR	#2	Hudson Valley (N.Y.)	28.17	3/26
3	10	Moenae WASHINGTON	FR	#3	Mohawk Valley (N.Y.)	29.18	2/5
4	11	Sadia ABAKAR	FR	#3	Mohawk Valley (N.Y.)	29.21	2/18
5	12	Arafa DJOUMA	FR	#3	Mohawk Valley (N.Y.)	29.31	2/18
6	15	Iveion SEABROOKS	FR	#3	Mohawk Valley (N.Y.)	29.59	2/5
7	16	Imani FOAT	FR	#6	Middlesex County	29.61	3/5
8	17	Ericka MOODY	FR	#5	Finger Lakes (N.Y.)	29.72	1/22
9	22	Chyra PATTERSON	SO	#5	Finger Lakes (N.Y.)	30.31	1/22
10	24	Hanadi TAJIR	FR	#3	Mohawk Valley (N.Y.)	30.35	2/5

Women's 400 Meters

1	4	Arafa DJOUMA	FR	#3	Mohawk Valley (N.Y.)	1:07.56	2/18
2	6	Hailey HARTWYK	FR	#1	Rowan-Gloucester	1:08.24	3/26
3	9	Sabrina BAER	FR	#1	Rowan-Gloucester	1:10.36	3/5
4	10	Paige WODARCZYK	FR	#1	Rowan-Gloucester	1:10.55	3/19
5	11	Precious BARCLIFT	FR	#1	Rowan-Gloucester	1:11.48	3/19
6	14	Alyssa CONNOR	FR	#1	Rowan-Gloucester	1:14.82	3/26
7	15	Elizabeth ERNO	FR	#2	Hudson Valley (N.Y.)	1:27.98	1/29
8	16	Chelsea FADULA	FR	#4	Camden County (N.J.)	1:34.09	3/26

Women's 400 Meter Hurdles

1	1	Raven ORANGE	FR	#6	Middlesex County	1:18.17	3/5
2	2	Idayat ADISA	FR	#4	Camden County (N.J.)	1:22.39	3/26
3	3	Precious BARCLIFT	FR	#1	Rowan-Gloucester	1:22.92	3/26
4	4	Avonna ANDERSON	FR	#1	Rowan-Gloucester	1:35.04	3/26

Women's 800 Meters

1	3	Leah LLOYD	FR	#5	Finger Lakes (N.Y.)	2:35.80	1/22
2	4	Ashton WISELEY	FR	#1	Rowan-Gloucester	2:38.88	3/5
3	12	Delaney BREWER	FR	#3	Mohawk Valley (N.Y.)	2:50.60	1/29
4	13	Elizabeth SANTANA	FR	#4	Camden County (N.J.)	2:51.46	3/26
5	14	Julia KOERNER	FR	#4	Camden County (N.J.)	2:53.52	3/26
6	16	Eva SGAMBETTERA	FR	#2	Hudson Valley (N.Y.)	2:55.86	3/26
7	18	Hickory WHELAN	FR	#2	Hudson Valley (N.Y.)	3:00.94	3/26
8	19	Ellicia SWEDISH	FR	#2	Hudson Valley (N.Y.)	3:01.23	1/29
9	21	Gilana RINCON	FR	#6	Middlesex County	3:04.40	3/5
10	24	Alyssa CONNOR	FR	#1	Rowan-Gloucester	3:13.09	3/26

Women's 1500 Meters

1	3	Leah LLOYD	FR	#5	Finger Lakes (N.Y.)	5:15.75	(5:41.01(1)) 1/29
2	5	Olivia SKYLSTAD	FR	#2	Hudson Valley (N.Y.)	5:29.70	3/26
3	7	Ashton WISELEY	FR	#1	Rowan-Gloucester	5:38.19	3/5
4	11	Eva SGAMBETTERA	FR	#2	Hudson Valley (N.Y.)	6:05.26	3/26
5	13	Hickory WHELAN	FR	#2	Hudson Valley (N.Y.)	6:07.24	3/26
6	14	Betzabel DELOSSANTOS TRINIDAD	SO	#4	Camden County (N.J.)	6:20.75	3/26
7	15	Natalie REHN	FR	#4	Camden County (N.J.)	6:20.77	3/26
8	16	Gilana RINCON	FR	#6	Middlesex County	6:24.62	3/5
9	17	Ellicia SWEDISH	FR	#2	Hudson Valley (N.Y.)	6:26.16	(6:57.06(1)) 1/29
10	18	Alyssa CONNOR	FR	#1	Rowan-Gloucester	6:50.35	3/19

Women's 5000 Meters

1	3	Gabrielle MYERS	FR	#3	Mohawk Valley (N.Y.)	22:55.65	2/5
2	4	Jennifer WALIKE	SO	#3	Mohawk Valley (N.Y.)	29:33.05	2/5

Women's 4x100 Relay

1	2	https://www.tfrrs.org/teams/555	#1	Rowan-Gloucester	55.63	3/26
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Women's High Jump

1	4	Alyssa BRUNO	FR	#2	Hudson Valley (N.Y.)	1.38m	4-6 1/4	3/26
2	5	Grace VIT	FR	#1	Rowan-Gloucester	1.37m	4-6	3/5

Women's Pole Vault

1	2	Caitlyn CALUPAD	SO	#7	Bergen (N.J.) CC	12.35m	7-8 1/2	3/26
2	3	Hailey HARTWYK	FR	#1	Rowan-Gloucester	12.20m	7-2 1/2	3/5
3	4	Morgan WARD	FR	#5	Finger Lakes (N.Y.)	12.00m	6-6 3/4	1/29

Women's Long Jump

1	4	Dreana ALGARIN	FR	#1	Rowan-Gloucester	4.49m	14-8 3/4	3/26
2	6	Ciena LENTZ	FR	#2	Hudson Valley (N.Y.)	4.39m	14-5	3/26
3	7	Chyra PATTERSON	SO	#5	Finger Lakes (N.Y.)	4.31m	14-1 3/4	1/22
4	9	Ericka MOODY	FR	#5	Finger Lakes (N.Y.)	4.20m	13-9 1/2	1/22
5	10	Alyssa BRUNO	FR	#2	Hudson Valley (N.Y.)	4.01m	13-2	3/26
6	12	Precious BARCLIFT	FR	#1	Rowan-Gloucester	3.84m	12-7 1/4 (0.0)	3/19
7	13	Yasmin WASHINGTON	FR	#3	Mohawk Valley (N.Y.)	3.78m	12-5	2/18
8	14	Avonna ANDERSON	FR	#1	Rowan-Gloucester	3.76m	12-4	3/26

Women's Triple Jump

1	1	Dreana ALGARIN	FR	#1	Rowan-Gloucester	9.68m	31-9 1/4	3/5
2	2	Hailey HARTWYK	FR	#1	Rowan-Gloucester	9.60m	31-6 (-1.4)	3/19
3	4	Ciena LENTZ	FR	#2	Hudson Valley (N.Y.)	9.10m	29-10 1/4	3/26

Women's Shot Put

1	2	Kara KNORR	FR	#1	Rowan-Gloucester	10.21m	33-6	3/5
2	4	Morgan COLLAZO	FR	#5	Finger Lakes (N.Y.)	9.73m	31-11 1/4	1/22
3	5	Amia GREEN	FR	#4	Camden County (N.J.)	9.68m	31-9 1/4	3/26
4	6	Grace VIT	FR	#1	Rowan-Gloucester	9.55m	31-4	3/26
5	8	Mariella FARRELL	FR	#1	Rowan-Gloucester	8.16m	26-9 1/4	3/26
6	10	Caitlyn CALUPAD	SO	#7	Bergen (N.J.) CC	7.69m	25-2 3/4	3/26
7	11	Ericka MOODY	FR	#5	Finger Lakes (N.Y.)	7.62m	25-0	1/22
8	12	Cailynn PATTERSON	FR	#3	Mohawk Valley (N.Y.)	7.50m	24-7 1/4	2/18
9	13	Ivyanie ALVES	FR	#8	Massasoit (Mass.)	7.07m	23-2 1/2	3/26
10	17	Zoe FLORIO	FR	#7	Bergen (N.J.) CC	6.53m	21-5 1/4	3/26



Regional TFRI Event Summary

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East

Women's Discus

1	2	Mariella FARRELL	FR	#1	Rowan-Gloucester	DI	30.53m	100-2	3/19
2	4	Kara KNORR	FR	#1	Rowan-Gloucester		27.42m	89-11½	3/26
3	5	Amia GREEN	FR	#4	Camden County (		27.08m	88-10¼	3/26
4	7	Grace VIT	FR	#1	Rowan-Gloucester		21.17m	69-5½	3/19
5	8	Zoe FLORIO	FR	#7	Bergen (N.J.) CC		18.85m	61-10¼	3/26

Women's Hammer

1	2	Kara KNORR	FR	#1	Rowan-Gloucester		25.53m	83-9¼	3/26
2	3	Mariella FARRELL	FR	#1	Rowan-Gloucester		24.32m	79-9½	3/26
3	4	Grace VIT	FR	#1	Rowan-Gloucester		18.68m	61-3½	3/26

Women's Javelin

1	2	Kara KNORR	FR	#1	Rowan-Gloucester	DI	29.79m	97-9	3/26
2	3	Sabrina BAER	FR	#1	Rowan-Gloucester	DI	28.15m	92-4¼	3/5
3	4	Grace VIT	FR	#1	Rowan-Gloucester		25.60m	84-0	3/26
4	5	Amia GREEN	FR	#4	Camden County (		23.95m	78-7	3/26
5	7	Sloane GENOVESE	FR	#1	Rowan-Gloucester		20.74m	68-½	3/26
6	8	Alyssa BRUNO	FR	#2	Hudson Valley (N.		19.18m	62-11¼	3/26



Regional TFRI Event Summary

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Northeast

Women's 100 Meters

1	14	Shivangi SHARMA	FR	#1	Queensborough (	17.25	3/26
2	15	Arielle ALLERT	FR	#1	Queensborough (	18.57	3/26

Women's 200 Meters

1	34	Shivangi SHARMA	FR	#1	Queensborough (	36.79	3/26
2	35	Kafilat YEKINNI	FR	#1	Queensborough (	37.18	1/21

Women's 800 Meters

1	6	Emma VIELHAUER	FR	#2	FIT (N.Y.)	2:43.50	3/26
2	8	Madison SOHL	FR	#4	Nassau (N.Y.) CC	2:47.27	3/26
3	9	Nicole DIOH	FR	#3	CCRI	2:47.59	3/26
4	11	Eleni TORRES	FR	#4	Nassau (N.Y.) CC	2:49.56	3/26
5	23	Valerie MUSE	FR	#1	Queensborough (	3:12.88	3/26
6	27	Kelin ZHU	FR	#1	Queensborough (	3:39.18	3/26

Women's 1500 Meters

1	9	Nicole DIOH	FR	#3	CCRI	5:44.11	3/26
2	12	Andrea DISTEFANO	FR	#2	FIT (N.Y.)	6:06.50	3/26
3	20	Valerie MUSE	FR	#1	Queensborough (	7:24.09	3/26

Women's 4x100 Relay

1	3	https://www.tfrs.org/teams/8056		#1	Queensborough (	1:07.15	3/26
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Women's Long Jump

1	15	Valerie MUSE	FR	#1	Queensborough (	3.43m	11-3	3/26
2	16	Kelin ZHU	FR	#1	Queensborough (	2.78m	9-1½	3/26

Women's Shot Put

1	15	Kaylah ATTIS	FR	#1	Queensborough (	6.98m	22-10¾	3/26
2	18	Tionnal DAVIS	FR	#1	Queensborough (	6.14m	20-1¾	3/26
3	19	Arielle ALLERT	FR	#1	Queensborough (	4.71m	15-5½	3/26

Women's Discus

1	6	Kaylah ATTIS	FR	#1	Queensborough (	22.16m	72-8½	3/26
2	9	Tionnal DAVIS	FR	#1	Queensborough (	16.16m	53-¼	3/26

Women's Javelin

1	10	Kaylah ATTIS	FR	#1	Queensborough (	12.93m	42-5¼	3/26
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