



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #3, April 13

as of 4/13/2022 6:38:14 AM

Central

Women's 100 Meters

1	2	Kiara CARTER	#1	DuPage (Ill.)	DI 13.07	(1.3)	4/2
2	3	Julianne HANSEN	#4	St. Charles (Mo.)	DI 13.13w	(3.7)	3/25
3	9	Laine COTTRELL	#2	Mineral Area (Mo.)	DI 13.53w	(2.9)	4/1
4	10	Alexandra OCHAB	#1	DuPage (Ill.)	DI 13.63w	(3.4)	4/9
5	12	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	DI 13.71w	(2.9)	4/1
6	13	Robyn MOORE	#4	St. Charles (Mo.)	DI 13.74w	(3.8)	3/25
7	20	Mya MANGAN	#1	DuPage (Ill.)	14.03	(0.5)	4/9
8	24	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	14.35w	(2.4)	4/1
9	25	Faustyna KARPESIU	#6	Triton (Ill.)	14.53w	(4.8)	4/8
10	27	Isabelle BRUCKERHOFF	#2	Mineral Area (Mo.)	14.63w	(5.9)	4/1

Women's 100 Meter Hurdles

1	1	Samira ROSENFELD	#3	Harper (Ill.)	DI 16.11w	(3.4)	4/10
2	5	Morgan CLIFFORD	#1	DuPage (Ill.)	DI 17.88	(0.7)	4/9
3	6	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	DI 18.02	(-2.7)	3/26

Women's 200 Meters

1	2	Kiara CARTER	#1	DuPage (Ill.)	DI 26.01	(2.0)	4/9
2	5	Paulina STACHURA	#1	DuPage (Ill.)	DI 27.26w	(2.7)	4/9
3	7	Samira ROSENFELD	#3	Harper (Ill.)	DI 27.57w	(3.4)	4/10
4	8	Julianne HANSEN	#4	St. Charles (Mo.)	DI 27.64w	(4.6)	4/1
5	10	Laine COTTRELL	#2	Mineral Area (Mo.)	27.92		4/9
6	12	Grace BOSTIC	#4	St. Charles (Mo.)	28.19w	(2.2)	4/9
7	15	Alexandra OCHAB	#1	DuPage (Ill.)	28.55		2/18
8	17	Mya MANGAN	#1	DuPage (Ill.)	28.81		2/5
9	18	Stephanie LATHAM	#2	Mineral Area (Mo.)	28.92w	(3.1)	4/1
10	23	Robyn MOORE	#4	St. Charles (Mo.)	29.46w	(4.0)	3/25

Women's 400 Meters

1	1	Kiara CARTER	#1	DuPage (Ill.)	DI 1:01.13		4/9
2	4	Laine COTTRELL	#2	Mineral Area (Mo.)	DI 1:04.69		3/26
3	5	Julianne HANSEN	#4	St. Charles (Mo.)	DI 1:05.17		4/9
4	8	Grace BOSTIC	#4	St. Charles (Mo.)	DI 1:06.17		4/9
5	9	Alexandra OCHAB	#1	DuPage (Ill.)	DI 1:06.36		2/12
6	10	Paulina STACHURA	#1	DuPage (Ill.)	DI 1:06.44		2/12
7	13	Belle ADDUCI	#1	DuPage (Ill.)	1:07.94		2/12
8	14	Alyssa GASKI	#1	DuPage (Ill.)	1:08.85		2/12
9	15	Morgan CLIFFORD	#1	DuPage (Ill.)	1:09.12		2/5
10	21	Jade CAMPOS	#1	DuPage (Ill.)	1:11.66		2/5

Women's 400 Meter Hurdles

1	1	Alexandra OCHAB	#1	DuPage (Ill.)	DI 1:14.82		4/9
2	3	Morgan CLIFFORD	#1	DuPage (Ill.)	DI 1:15.62		4/9
3	6	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	1:25.92		4/1

Women's 800 Meters

1	1	Fiona METZO	#3	Harper (Ill.)	DI 2:28.86		2/18
2	3	Belle ADDUCI	#1	DuPage (Ill.)	DI 2:33.25		4/9
3	6	Kara HOVICK	#2	Mineral Area (Mo.)	DI 2:39.81		4/9
4	8	Shaylinn AVER	#1	DuPage (Ill.)	DI 2:40.92		2/12
5	10	Alyssa GASKI	#1	DuPage (Ill.)	2:44.88		4/9
6	12	https://www.tfrrs.org/athletes/8018103	#1	DuPage (Ill.)	2:46.25		4/9
7	15	Rachel WILSON	#2	Mineral Area (Mo.)	2:49.10		2/18
8	19	Emilia KADIYALA	#1	DuPage (Ill.)	2:51.23		4/9
9	28	Laura MADDOX	#2	Mineral Area (Mo.)	2:58.21		4/1
10	32	Alexandra MALAGON	#3	Harper (Ill.)	3:02.68		3/4

Women's 1500 Meters

1	1	Lillan BUZANI	#1	DuPage (Ill.)	DI 5:01.22		2/18
2	3	Fiona METZO	#3	Harper (Ill.)	DI 5:11.39		3/4
3	4	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 5:24.64		4/9
4	5	Shaylinn AVER	#1	DuPage (Ill.)	DI 5:27.39		2/12
5	7	Rachel WILSON	#2	Mineral Area (Mo.)	DI 5:29.90		4/9
6	9	Laura MADDOX	#2	Mineral Area (Mo.)	DI 5:37.59		4/1
7	13	Kara HOVICK	#2	Mineral Area (Mo.)	5:57.83		4/1

Women's 5000 Meters

1	1	Lillan BUZANI	#1	DuPage (Ill.)	DI 19:11.95		4/9
2	3	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 20:07.16		2/12
3	6	Laura MADDOX	#2	Mineral Area (Mo.)	DI 21:06.63		3/26

Women's 10,000 Meters

1	1	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 42:05.46		4/1
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Women's 4x100 Relay

1	3	Brianna SANSOUCIE, Reilly BAUGHMAN, Stephany LATHAM, Laine COTTRELL	#2	Mineral Area (Mo.)	DI 53.00		4/1
2	6	Samira ROSENFELD, Pola KUBRAK, Gabriela VELASCO, Fiona METZO	#3	Harper (Ill.)	DI 55.96		4/10

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/686	#1	DuPage (Ill.)	DI 4:18.39		2/18
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Women's High Jump

1	1	Samira ROSENFELD	#3	Harper (Ill.)	I:Q 1.65m	5-5	4/10
2	2	Pola KUBRAK	#3	Harper (Ill.)	DI 1.55m	5-1	4/2
3	3	Akira LEBRON	#1	DuPage (Ill.)	DI 1.52m	4-11¾	4/9
4	4	Paulina STACHURA	#1	DuPage (Ill.)	DI 1.47m	4-9¾	4/9
5	5	Liberty COLEMAN	#2	Mineral Area (Mo.)	DI 1.46m	4-9½	4/9

Women's Pole Vault

1	1	Mya MANGAN	#1	DuPage (Ill.)	I:Q 3.25m	10-8	4/9
2	2	Liberty COLEMAN	#2	Mineral Area (Mo.)	DI 2.88m	9-5¼	4/1
3	4	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	DI 2.43m	7-11½	4/9



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Central

Women's Long Jump

1	1	Samira ROSENFELD	#3	Harper (Ill.)	DI 4.91mw	16-1½ (2.4)	4/10
2	2	Ifeoluwa EPEBINUADE	#5	Howard (Md.) CC	DI 4.88m	16-¼ (1.8)	4/9
3	4	Alexandra OCHAB	#1	DuPage (Ill.)	DI 4.73m	15-6¼ (1.4)	4/2
4	5	Stephanie LATHAM	#2	Mineral Area (Mo.)	DI 4.65m	15-3¼ (0.8)	4/1
5	6	Robyn MOORE	#4	St. Charles (Mo.)	4.58mw	15-½ (5.4)	3/25
6	7	Brianna SAN SOUCIE	#2	Mineral Area (Mo.)	4.55m		4/9
7	10	Akira LEBRON	#1	DuPage (Ill.)	4.47m	14-8 (1.9)	4/2
8	12	Paulina STACHURA	#1	DuPage (Ill.)	4.43mw	14-6½ (2.3)	4/2
9	15	Faustyna KARPIESIUKE	#6	Triton (Ill.)	4.22m	13-10¼ (0.)	4/8
10	24	Isabelle BRUCKERHOFF	#2	Mineral Area (Mo.)	3.98m	13-¾ (-1.7)	4/1

Women's Triple Jump

1	2	Akira LEBRON	#1	DuPage (Ill.)	DI 10.02m	32-10½ (1.)	4/9
2	5	Stephanie LATHAM	#2	Mineral Area (Mo.)	9.56m	31-4½	1/28
3	6	Robyn MOORE	#4	St. Charles (Mo.)	9.55m	31-4 (1.1)	4/9
4	8	Brianna SAN SOUCIE	#2	Mineral Area (Mo.)	9.03m	29-7½	2/12

Women's Shot Put

1	3	Na'Shae EARLY	#5	Howard (Md.) CC	DI 10.91m	35-9½	3/19
2	6	Sierra BATTEE	#1	DuPage (Ill.)	DI 9.91m	32-6¼	2/18
3	10	Molly GEARHART	#2	Mineral Area (Mo.)	8.91m	29-2¾	2/18
4	14	Darnyce SPRINGFIELD	#1	DuPage (Ill.)	8.10m	26-7	2/12
5	25	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	7.06m	23-2	1/28
6	26	Arianna TEICHMAN	#3	Harper (Ill.)	6.89m	22-7¼	2/18

Women's Discus

1	1	Na'Shae EARLY	#5	Howard (Md.) CC	DI 35.22m	115-7	3/19
2	2	Molly GEARHART	#2	Mineral Area (Mo.)	DI 32.90m	107-11	4/1
3	5	Arianna TEICHMAN	#3	Harper (Ill.)	DI 28.75m	94-4	4/2
4	7	https://www.tfrrs.org/athletes/8128038	#3	Harper (Ill.)	27.08m	88-10¼	4/10
5	14	Darnyce SPRINGFIELD	#1	DuPage (Ill.)	24.35m	79-10¾	4/9

Women's Hammer

1	1	Na'Shae EARLY	#5	Howard (Md.) CC	DI 32.34m	106-1	4/9
2	3	https://www.tfrrs.org/athletes/8128038	#3	Harper (Ill.)	24.81m	81-4¾	4/10

Women's Javelin

1	1	Robyn MOORE	#4	St. Charles (Mo.)	DI 30.50m	100-1	3/19
2	3	Faustyna KARPIESIUKE	#6	Triton (Ill.)	DI 29.42m	96-6¼	4/8
3	7	Molly GEARHART	#2	Mineral Area (Mo.)	23.73m	77-10¼	3/26
4	9	https://www.tfrrs.org/athletes/8128038	#3	Harper (Ill.)	22.90m	75-1¾	4/10
5	10	Na'Shae EARLY	#5	Howard (Md.) CC	20.69m	67-10¾	4/1
6	16	Pola KUBRAK	#3	Harper (Ill.)	17.09m	56-1	4/2



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East

Women's 100 Meters

1	6	Lia SOARES	#2	Hudson Valley (N.Y.)	DI 13.34	(1.9)	4/2
2	7	Jynnae STEVENS	#8	Herkimer County	DI 13.49w	(2.4)	4/2
2	7	Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	DI 13.49	(1.6)	4/9
4	14	Precious BARCLIFT	#1	Rowan-Gloucester	DI 13.77w	(2.3)	4/1
5	15	Raven ORANGE	#6	Middlesex County	DI 13.79	(0.5)	4/2
6	16	Sadia ABAKAR	#4	Mohawk Valley (N.Y.)	DI 13.87	(0.5)	4/1
6	16	Imani FOAT	#6	Middlesex County	DI 13.87	(0.0)	4/2
6	16	Catherine SCHWARTZ	#10	Northern Essex (N.Y.)	DI 13.87	(-0.9)	4/2
9	21	Dreana ALGARIN	#1	Rowan-Gloucester	DI 14.16	(0.7)	4/1
10	22	Chyra PATTERSON	#3	Finger Lakes (N.Y.)	DI 14.21	(0.4)	4/1

Women's 100 Meter Hurdles

1	2	Raven ORANGE	#6	Middlesex County	DI 16.73	(1.6)	4/2
2	3	Idayat ADISA	#5	Camden County (N.J.)	DI 17.25	(-0.5)	4/1
3	7	Ja'Nia RAY	#8	Herkimer County	DI 18.50	(0.0)	4/9
4	9	Alysiana CRUZ	#9	Massasoit (Mass.)	DI 21.10w	(2.4)	4/2
5	10	Sabrina BAER	#1	Rowan-Gloucester	DI 21.63	(-0.3)	4/8
6	11	Grace VIT	#1	Rowan-Gloucester	DI 23.31	(-1.0)	4/8

Women's 200 Meters

1	6	Antonia BRANCATO	#2	Hudson Valley (N.Y.)	DI 27.35		1/29
2	9	Lia SOARES	#2	Hudson Valley (N.Y.)	DI 27.78	(0.8)	4/2
3	13	Jynnae STEVENS	#8	Herkimer County	DI 28.45w	(3.6)	4/2
4	14	Sadia ABAKAR	#4	Mohawk Valley (N.Y.)	DI 28.54	(1.7)	4/9
5	19	Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	DI 28.95	(-0.5)	4/1
6	20	Raven ORANGE	#6	Middlesex County	DI 29.27	(-0.8)	4/2
7	21	Arafa DJOUMA	#4	Mohawk Valley (N.Y.)	DI 29.31		2/18
8	22	Imani FOAT	#6	Middlesex County	DI 29.33	(-0.8)	4/2
9	24	Iveion SEABROOKS	#4	Mohawk Valley (N.Y.)	DI 29.59		2/5
10	25	Ericka MOODY	#3	Finger Lakes (N.Y.)	DI 29.72		1/22

Women's 400 Meters

1	3	Ericka MOODY	#3	Finger Lakes (N.Y.)	DI 1:04.48		4/1
2	6	Hailey HARTWYK	#1	Rowan-Gloucester	DI 1:06.09		4/8
3	11	Arafa DJOUMA	#4	Mohawk Valley (N.Y.)	DI 1:06.81		4/1
4	12	Elizabeth ROSE	#3	Finger Lakes (N.Y.)	DI 1:07.85		4/1
5	17	Sabrina BAER	#1	Rowan-Gloucester	DI 1:10.36		3/5
6	18	Paige WODARCZYK	#1	Rowan-Gloucester	DI 1:10.55		3/19
7	20	Precious BARCLIFT	#1	Rowan-Gloucester	DI 1:11.48		3/19
8	23	Luana RAMPELOTTI		Union County (N.J.)	DI 1:13.63		4/8
9	24	Alyssa CONNOR	#1	Rowan-Gloucester	DI 1:13.95		4/8
10	26	Idayat ADISA	#5	Camden County (N.J.)	DI 1:15.78		4/1

Women's 400 Meter Hurdles

1	2	Idayat ADISA	#5	Camden County (N.J.)	DI 1:15.33		4/1
2	4	Raven ORANGE	#6	Middlesex County	DI 1:18.17		3/5
3	5	Precious BARCLIFT	#1	Rowan-Gloucester	DI 1:20.03		4/1
4	7	Avonna ANDERSON	#1	Rowan-Gloucester	DI 1:29.90		4/8

Women's 800 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 2:33.24		4/9
2	4	Ashton WISELEY	#1	Rowan-Gloucester	DI 2:35.59		4/8
3	5	Elizabeth SANTANA	#5	Camden County (N.J.)	DI 2:37.99		4/1
4	13	Elizabeth ROSE	#3	Finger Lakes (N.Y.)	DI 2:46.99		4/9
5	14	Sabrina BAER	#1	Rowan-Gloucester	DI 2:48.44		4/1
6	17	Delaney BREWER	#4	Mohawk Valley (N.Y.)	DI 2:50.60		1/29
7	18	Julia KOERNER	#5	Camden County (N.J.)	DI 2:51.09		4/8
8	20	Gilana RINCON	#6	Middlesex County	DI 2:51.81		4/2
9	22	Natalie REHN	#5	Camden County (N.J.)	DI 2:53.90		4/1
10	25	Betzabel DELOSSANTOS TRINIDAD	#5	Camden County (N.J.)	DI 2:55.67		4/1

Women's 1500 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 5:04.76		4/9
2	6	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 5:29.70		3/26
3	8	Ashton WISELEY	#1	Rowan-Gloucester	DI 5:32.70		4/8
4	11	Gilana RINCON	#6	Middlesex County	DI 5:49.46		4/2
5	15	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	DI 6:05.26		3/26
6	17	Hickory WHELAN	#2	Hudson Valley (N.Y.)	DI 6:07.24		3/26
7	18	Betzabel DELOSSANTOS TRINIDAD	#5	Camden County (N.J.)	DI 6:11.48		4/8
8	19	Natalie REHN	#5	Camden County (N.J.)	DI 6:15.53		4/8
9	21	Ellicia SWEDISH	#2	Hudson Valley (N.Y.)	DI 6:26.16		1/29
10	22	Alyssa CONNOR	#1	Rowan-Gloucester	DI 6:50.35		3/19

Women's Steeplechase

1	1	Leah LLOYD	#3	Finger Lakes (N.Y.):Q	DI 11:47.81		4/1
2	2	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 12:42.67		4/9
3	3	Hickory WHELAN	#2	Hudson Valley (N.Y.)	DI 14:39.36		4/9
4	4	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	DI 15:05.38		4/9

Women's 5000 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 19:35.17		4/1
2	4	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 20:55.01		4/2
3	7	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	DI 21:58.00		4/2
4	8	Hickory WHELAN	#2	Hudson Valley (N.Y.)	DI 22:07.00		4/2
5	9	Gabrielle MYERS	#4	Mohawk Valley (N.Y.)	DI 22:55.65		2/5
6	11	Jennifer WALIKE	#4	Mohawk Valley (N.Y.)	DI 29:33.05		2/5
7	12	Elizabeth ERNO	#2	Hudson Valley (N.Y.)	DI 31:24.02		4/9



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East

Women's 4x100 Relay

1	4	Dreana ALGARIN, Sabrina BAER, Hailey HARTWYK, Precious BARCLIFT	#1	Rowan-Gloucester	DI 54.75	4/1
2	5	Sadia ABAKAR, Yasmin WILSON, Iveion SEABROOKS, Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	DI 55.53	4/1
3	9	Chyra PATTERSON, Deja GLOVER, Sarah WOERNER, Ericka MOODY	#3	Finger Lakes (N.Y.)	1:08.66	4/1

Women's 4x400 Relay

1	2	Precious BARCLIFT, Sabrina BAER, Hailey HARTWYK, Ashton WISELEY	#1	Rowan-Gloucester	DI 4:38.92	4/1
2	3	https://www.tfrrs.org/teams/712	#4	Mohawk Valley (N.Y.)	DI 4:42.06	1/29
3	5	https://www.tfrrs.org/teams/96697	#2	Hudson Valley (N.Y.)	5:03.72	1/29

Women's 4x800 Relay

1	1	Elizabeth SANTANA, Julia KOERNER, Natalie REHN, Betzabel DELOSSANTOS TRI	#5	Camden County (N.J.)	DI 11:20.76	4/8
2	2	https://www.tfrrs.org/teams/555	#1	Rowan-Gloucester	DI 12:10.99	4/2

Women's High Jump

1	7	Alyssa BRUNO	#2	Hudson Valley (N.Y.)	1.38m	4-6 1/4	4/2
2	8	Grace VIT	#1	Rowan-Gloucester	1.37m	4-6	3/5
3	9	Elizabeth ROSE	#3	Finger Lakes (N.Y.)	1.35m	4-5	4/1
4	10	Sabrina BAER	#1	Rowan-Gloucester	1.31m	4-3 1/2	4/8

Women's Pole Vault

1	3	Caitlyn CALUPAD	#7	Bergen (N.J.) CC	DI 2.60m	8-6 1/4	4/1
2	5	Hailey HARTWYK	#1	Rowan-Gloucester	DI 2.30m	7-6 1/2	4/8
3	7	Morgan WARD	#3	Finger Lakes (N.Y.)	DI 2.00m	6-6 3/4	1/29

Women's Long Jump

1	3	Imani FOAT	#6	Middlesex County	DI 4.76mw	15-7 1/2 (2.3)	4/2
2	9	Dreana ALGARIN	#1	Rowan-Gloucester	4.49m	14-8 3/4 (0.0)	3/26
3	11	Iveion SEABROOKS	#4	Mohawk Valley (N.Y.)	4.46m	14-7 3/4 (0.1)	4/9
4	13	Ciena LENTZ	#2	Hudson Valley (N.Y.)	4.39m	14-5 (-0.4)	3/26
5	14	Chyra PATTERSON	#3	Finger Lakes (N.Y.)	4.31m	14-1 1/4	1/22
6	16	Ericka MOODY	#3	Finger Lakes (N.Y.)	4.20m	13-9 1/2	1/22
7	18	Hanadi TAJIR	#4	Mohawk Valley (N.Y.)	4.11m	13-6 (0.0)	4/1
7	18	Arafa DJOUMA	#4	Mohawk Valley (N.Y.)	4.11m	13-6 (0.0)	4/1
7	18	Sadia ABAKAR	#4	Mohawk Valley (N.Y.)	4.11m	13-6 (0.0)	4/1
10	21	Avonna ANDERSON	#1	Rowan-Gloucester	4.07m	13-4 1/4 (-1.)	4/1

Women's Triple Jump

1	1	Imani FOAT	#6	Middlesex County	DI 10.09m	33-1 1/4 (1.2)	4/2
2	3	Dreana ALGARIN	#1	Rowan-Gloucester	DI 9.68m	31-9 1/4 (0.0)	3/5
3	4	Hailey HARTWYK	#1	Rowan-Gloucester	DI 9.60m	31-6 (-1.4)	3/19
4	7	Ciena LENTZ	#2	Hudson Valley (N.Y.)	9.10m	29-10 1/4 (0.)	3/26

Women's Shot Put

1	4	Kara KNORR	#1	Rowan-Gloucester	DI 10.21m	33-6	3/5
2	5	Morgan COLLAZO	#3	Finger Lakes (N.Y.)	DI 9.92m	32-6 1/2	4/9
3	7	Grace VIT	#1	Rowan-Gloucester	DI 9.85m	32-3 3/4	4/8
4	8	Amia GREEN	#5	Camden County (N.J.)	DI 9.84m	32-3 1/2	4/8
5	11	Dreana ALGARIN	#1	Rowan-Gloucester	8.55m	28- 3/4	4/8
6	13	Mariella FARRELL	#1	Rowan-Gloucester	8.42m	27-7 1/2	4/8
7	15	Zoe FLORIO	#7	Bergen (N.J.) CC	7.75m	25-5 1/4	4/1
8	16	Sabrina BAER	#1	Rowan-Gloucester	7.70m	25-3 1/4	4/8
9	17	Caitlyn CALUPAD	#7	Bergen (N.J.) CC	7.69m	25-2 3/4	3/26
10	18	Ericka MOODY	#3	Finger Lakes (N.Y.)	7.62m	25-0	1/22

Women's Discus

1	3	Mariella FARRELL	#1	Rowan-Gloucester	DI 31.62m	103-9	4/1
2	4	Kara KNORR	#1	Rowan-Gloucester	DI 29.98m	98-4 1/2	4/1
3	7	Amia GREEN	#5	Camden County (N.J.)	27.08m	88-10 1/4	3/26
4	12	Morgan COLLAZO	#3	Finger Lakes (N.Y.)	24.69m	81-0	4/1
5	16	Zoe FLORIO	#7	Bergen (N.J.) CC	21.95m	72- 1/4	4/1
6	17	Grace VIT	#1	Rowan-Gloucester	21.61m	70-10 3/4	4/1
7	19	Isabella GUYER	#2	Hudson Valley (N.Y.)	17.86m	58-7 1/4	4/2
8	22	Cailynn PATTERSON	#4	Mohawk Valley (N.Y.)	16.20m	53-1 3/4	4/9
9	23	Skylar LENTZ	#4	Mohawk Valley (N.Y.)	14.34m	47- 3/4	4/1

Women's Hammer

1	2	Kara KNORR	#1	Rowan-Gloucester	DI 31.90m	104-8	4/8
2	4	Mariella FARRELL	#1	Rowan-Gloucester	24.32m	79-9 1/2	3/26
3	8	Grace VIT	#1	Rowan-Gloucester	18.68m	61-3 1/2	3/26

Women's Javelin

1	2	Kara KNORR	#1	Rowan-Gloucester	DI 29.79m	97-9	3/26
2	4	Grace VIT	#1	Rowan-Gloucester	DI 28.31m	92-10 3/4	4/8
3	5	Sabrina BAER	#1	Rowan-Gloucester	DI 28.15m	92-4 1/4	3/5
4	6	Amia GREEN	#5	Camden County (N.J.)	23.95m	78-7	3/26
5	8	Sloane GENOVESE	#1	Rowan-Gloucester	22.92m	75-2 1/2	4/8
6	11	Alyssa BRUNO	#2	Hudson Valley (N.Y.)	19.18m	62-11 1/4	3/26
7	12	Morgan COLLAZO	#3	Finger Lakes (N.Y.)	18.99m	62-3 3/4	4/9
8	18	Isabella GUYER	#2	Hudson Valley (N.Y.)	15.82m	51-11	4/2

Women's Heptathlon

1	2	Sabrina BAER	#1	Rowan-Gloucester	d:Q 2,393	4/8
2	3	Grace VIT	#1	Rowan-Gloucester	d:Q 1,980	4/8



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #3, April 13

as of 4/13/2022 6:38:15 AM

Northeast

Women's 100 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 12.56	<i>(-1.9)</i>	4/8
2	11	Stephane HONORE	#1	Suffolk County (N	DI 13.70	<i>(-1.4)</i>	4/8
3	37	Kaylah ATTIS	#2	Queensborough (	16.35		4/3
4	39	Melanie PALMACCIO	#1	Suffolk County (N	16.79	<i>(0.6)</i>	4/1
5	41	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	17.13	<i>(-0.2)</i>	4/1
6	42	Shivangi SHARMA	#2	Queensborough (	17.25	<i>(1.1)</i>	3/26
7	43	Lauren SHALER	#3	Onondaga (N.Y.) (	17.50	<i>(-0.4)</i>	4/1
8	44	Arielle ALLERT	#2	Queensborough (	18.24		4/3

Women's 100 Meter Hurdles

1	4	Angelina GUEVARA	#1	Suffolk County (N	DI 17.58	<i>(-0.2)</i>	4/8
2	12	https://www.tfrrs.org/athletes/8140090	#5	FIT (N.Y.)	27.47	<i>(-1.3)</i>	4/8

Women's 200 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 25.75	<i>(-1.8)</i>	4/8
2	3	Jiana HALL	#1	Suffolk County (N	DI 26.48	<i>(0.0)</i>	4/1
3	11	Stephane HONORE	#1	Suffolk County (N	27.93	<i>(-0.5)</i>	4/8
4	35	https://www.tfrrs.org/athletes/8144989	#1	Suffolk County (N	30.71	<i>(-1.6)</i>	4/8
5	36	Angelina GUEVARA	#1	Suffolk County (N	30.73	<i>(1.5)</i>	4/8
6	46	EmmaGrace FITCH	#1	Suffolk County (N	31.98	<i>(-1.7)</i>	4/8
7	50	Shivangi SHARMA	#2	Queensborough (	33.40	<i>(1.7)</i>	4/9
8	58	Kafilat YEKINNI	#2	Queensborough (	37.18		1/21
9	59	Arielle ALLERT	#2	Queensborough (	38.86w	<i>(2.7)</i>	4/9

Women's 400 Meters

1	2	Oceane ODE	#1	Suffolk County (N	DI 1:01.86		4/1
2	7	Madison SOHL	#4	Nassau (N.Y.) CC	DI 1:06.14		4/1
3	16	Eleni TORRES	#4	Nassau (N.Y.) CC	1:10.04		4/8
4	19	https://www.tfrrs.org/athletes/8144989	#1	Suffolk County (N	1:11.16		4/8
5	25	EmmaGrace FITCH	#1	Suffolk County (N	1:15.13		4/1
6	28	Shivangi SHARMA	#2	Queensborough (	1:22.96		4/9
7	29	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	1:26.02		4/9
8	31	Kelin ZHU	#2	Queensborough (	1:28.97		4/3

Women's 800 Meters

1	7	Emma VIELHAUER	#5	FIT (N.Y.)	DI 2:40.56		4/2
2	9	Madison SOHL	#4	Nassau (N.Y.) CC	DI 2:41.84		4/8
3	11	Nicole DIOH	#6	CCRI	2:46.05		4/9
4	16	Eleni TORRES	#4	Nassau (N.Y.) CC	2:49.56		3/26
5	21	Yasmeen ARAUJO	#1	Suffolk County (N	2:52.50		4/8
6	23	Melissa MERONE	#1	Suffolk County (N	2:54.84		4/1
7	24	Angelina GUEVARA	#1	Suffolk County (N	2:55.05		4/8
8	27	EmmaGrace FITCH	#1	Suffolk County (N	2:57.24		4/8
9	34	Valerie MUSE	#2	Queensborough (	3:12.88		3/26
10	35	Arianna ARAUJO	#1	Suffolk County (N	3:15.98		4/1

Women's 1500 Meters

1	10	Nicole DIOH	#6	CCRI	5:44.11		3/26
2	12	Yasmeen ARAUJO	#1	Suffolk County (N	5:54.24		4/1
3	14	Melissa MERONE	#1	Suffolk County (N	6:05.10		4/1
4	15	Andrea DISTEFANO	#5	FIT (N.Y.)	6:05.26		4/2
5	20	Arianna ARAUJO	#1	Suffolk County (N	6:21.27		4/1
6	24	Valerie MUSE	#2	Queensborough (	7:24.09		3/26

Women's 5000 Meters

1	5	Yasmeen ARAUJO	#1	Suffolk County (N	DI 20:56.18		4/1
2	10	Arianna ARAUJO	#1	Suffolk County (N	23:12.09		4/1

Women's 10,000 Meters

1	2	Yasmeen ARAUJO	#1	Suffolk County (N	DI 43:19.12		4/8
2	3	Arianna ARAUJO	#1	Suffolk County (N	DI 48:25.66		4/8

Women's 4x100 Relay

1	1	Jiana HALL, Stephane HONORE, Caitlin KEGHLIAN, Oceane ODE	#1	Suffolk County (N	DI 50.33		4/1
2	7	Brashauna DEFREITAS, Samantha HARRISON, Lauren SHALER, Aubree DOMAGALA	#3	Onondaga (N.Y.) (	1:06.70		4/9
3	8	Valerie MUSE, Kelin ZHU, Shivangi SHARMA, Arielle ALLERT	#2	Queensborough (	1:07.15		3/26

Women's 4x400 Relay

1	4	Oceane ODE, Jiana HALL, Stephane HONORE, Caitlin KEGHLIAN	#1	Suffolk County (N	4:53.87		4/1
2	6	Valerie MUSE, Kelin ZHU, Shivangi SHARMA, Christina CHATTAN	#2	Queensborough (	5:49.53		4/3

Women's High Jump

1	5	Angelina GUEVARA	#1	Suffolk County (N	DI 1.46m	<i>4-9½</i>	4/8
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Women's Pole Vault

1	5	https://www.tfrrs.org/athletes/8144986	#1	Suffolk County (N	DI 2.30m	<i>7-6½</i>	4/8
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Women's Long Jump

1	17	Angelina GUEVARA	#1	Suffolk County (N	4.14m	<i>13-7 (0.1)</i>	4/8
2	27	Melanie PALMACCIO	#1	Suffolk County (N	3.80m	<i>12-5¾ (0.2)</i>	4/8
3	30	Valerie MUSE	#2	Queensborough (	3.43m	<i>11-3 (0.3)</i>	3/26
4	31	Kelin ZHU	#2	Queensborough (	3.22m	<i>10-6¾</i>	4/3



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Northeast

Women's Shot Put

1	1	Jaimee STARZEE	#1	Suffolk County (N	11.02m	36-2	4/8
2	2	Morgan KEULER	#1	Suffolk County (N	11.00m	36-1¼	4/8
3	9	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	8.94m	29-4	4/8
4	12	Brashauna DEFREITAS	#3	Onondaga (N.Y.) (	8.52m	27-11½	4/9
5	19	Lauren SHALER	#3	Onondaga (N.Y.) (	7.52m	24-8¼	4/1
6	20	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	7.50m	24-7¼	4/1
7	22	Samantha HARRISON	#3	Onondaga (N.Y.) (	7.44m	24-5	4/1
8	23	Kaylah ATTIS	#2	Queensborough (	7.40m	24-3½	4/3
9	28	Tionnal DAVIS	#2	Queensborough (	6.70m	21-11¾	4/9
10	29	https://www.tfrrs.org/athletes/8172548	#7	Sullivan County (I	6.42m	21-¾	4/9

Women's Discus

1	6	Morgan KEULER	#1	Suffolk County (N	28.61m	93-10½	4/1
2	9	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	25.65m	84-2	4/1
3	10	Jaimee STARZEE	#1	Suffolk County (N	25.29m	82-11¾	4/8
4	11	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	24.83m	81-5¾	4/8
5	13	Kaylah ATTIS	#2	Queensborough (	24.40m	80-¾	4/9
6	15	Samantha HARRISON	#3	Onondaga (N.Y.) (	23.89m	78-4½	4/9
7	18	https://www.tfrrs.org/athletes/8172548	#7	Sullivan County (I	18.04m	59-2¼	4/9
8	20	Tionnal DAVIS	#2	Queensborough (	17.50m	57-5	4/9
9	21	Lauren SHALER	#3	Onondaga (N.Y.) (	17.34m	56-10¾	4/9
10	24	Brashauna DEFREITAS	#3	Onondaga (N.Y.) (	13.57m	44-6¼	4/9

Women's Hammer

1	5	Lauren SHALER	#3	Onondaga (N.Y.) (	20.53m	67-4¼	4/9
2	6	Kaylah ATTIS	#2	Queensborough (	19.56m	64-2¼	4/9
3	7	Tionnal DAVIS	#2	Queensborough (	19.00m	62-4	4/9

Women's Javelin

1	13	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	18.56m	60-10¾	4/1
2	14	Samantha HARRISON	#3	Onondaga (N.Y.) (	17.92m	58-9½	4/9
3	15	Morgan KEULER	#1	Suffolk County (N	17.82m	58-5¾	4/8
4	17	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	16.99m	55-9	4/9
5	19	Kaylah ATTIS	#2	Queensborough (	14.21m	46-7½	4/3
6	20	Arielle ALLERT	#2	Queensborough (	11.76m	38-7	4/3
7	21	Angelina GUEVARA	#1	Suffolk County (N	11.30m	37-1	4/8

Women's Heptathlon

1	1	Angelina GUEVARA	#1	Suffolk County (N:Q	2,670		4/8
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