



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #4, April 18

as of 4/18/2022 5:53:23 AM

Central

Women's 100 Meters

1	2	Kiara CARTER	#1	DuPage (Ill.)	DI 13.07	(1.3)	4/2
2	3	Julianne HANSEN	#4	St. Charles (Mo.)	DI 13.13w	(3.7)	3/25
3	10	Laine COTTRELL	#2	Mineral Area (Mo.)	DI 13.53w	(2.9)	4/1
4	11	Alexandra OCHAB	#1	DuPage (Ill.)	DI 13.63w	(3.4)	4/9
5	13	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	DI 13.71w	(2.9)	4/1
6	14	Robyn MOORE	#4	St. Charles (Mo.)	DI 13.74w	(3.8)	3/25
7	21	Mya MANGAN	#1	DuPage (Ill.)	14.03	(0.5)	4/9
8	26	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	14.35w	(2.4)	4/1
9	27	Julianne OVERBY	#7	Patrick Henry (Va.)	14.41w	(5.0)	4/15
10	28	Faustyna KARPIESIUKE	#6	Triton (Ill.)	14.53w	(4.8)	4/8

Women's 100 Meter Hurdles

1	1	Samira ROSENFELD	#3	Harper (Ill.)	DI 16.11w	(3.4)	4/10
2	3	Grace BOSTIC	#4	St. Charles (Mo.)	DI 17.09w	(2.7)	4/15
3	6	Morgan CLIFFORD	#1	DuPage (Ill.)	DI 17.88	(0.7)	4/9
4	7	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	DI 18.02	(-2.7)	3/26

Women's 200 Meters

1	2	Kiara CARTER	#1	DuPage (Ill.)	DI 26.01	(2.0)	4/9
2	5	Paulina STACHURA	#1	DuPage (Ill.)	DI 27.26w	(2.7)	4/9
3	7	Samira ROSENFELD	#3	Harper (Ill.)	DI 27.57w	(3.4)	4/10
4	9	Julianne HANSEN	#4	St. Charles (Mo.)	DI 27.64w	(4.6)	4/1
5	11	Laine COTTRELL	#2	Mineral Area (Mo.)	27.92		4/9
6	12	Grace BOSTIC	#4	St. Charles (Mo.)	28.19w	(2.2)	4/9
7	15	Alexandra OCHAB	#1	DuPage (Ill.)	28.55		2/18
8	17	Mya MANGAN	#1	DuPage (Ill.)	28.81		2/5
9	18	Stephanie LATHAM	#2	Mineral Area (Mo.)	28.92w	(3.1)	4/1
10	24	Robyn MOORE	#4	St. Charles (Mo.)	29.46w	(4.0)	3/25

Women's 400 Meters

1	2	Kiara CARTER	#1	DuPage (Ill.)	DI 1:01.13		4/9
2	3	Julianne HANSEN	#4	St. Charles (Mo.)	DI 1:04.32		4/15
3	5	Laine COTTRELL	#2	Mineral Area (Mo.)	DI 1:04.69		3/26
4	8	Grace BOSTIC	#4	St. Charles (Mo.)	DI 1:06.17		4/9
5	9	Alexandra OCHAB	#1	DuPage (Ill.)	DI 1:06.36		2/12
6	10	Paulina STACHURA	#1	DuPage (Ill.)	DI 1:06.44		2/12
7	14	Belle ADDUCI	#1	DuPage (Ill.)	1:07.94		2/12
8	15	Alyssa GASKI	#1	DuPage (Ill.)	1:08.85		2/12
9	16	Morgan CLIFFORD	#1	DuPage (Ill.)	1:09.12		2/5
10	21	Jade CAMPOS	#1	DuPage (Ill.)	1:11.66		2/5

Women's 400 Meter Hurdles

1	1	Alexandra OCHAB	#1	DuPage (Ill.)	DI 1:14.82		4/9
2	3	Morgan CLIFFORD	#1	DuPage (Ill.)	DI 1:15.62		4/9
3	6	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	1:25.92		4/1

Women's 800 Meters

1	1	Fiona METZO	#3	Harper (Ill.)	DI 2:28.86		2/18
2	3	Belle ADDUCI	#1	DuPage (Ill.)	DI 2:33.25		4/9
3	6	Kara HOVICK	#2	Mineral Area (Mo.)	DI 2:39.81		4/9
4	8	Shaylinn AVER	#1	DuPage (Ill.)	DI 2:40.92		2/12
5	11	Rachel WILSON	#2	Mineral Area (Mo.)	2:43.64		4/15
6	12	Alyssa GASKI	#1	DuPage (Ill.)	2:44.88		4/9
7	14	https://www.tfrrs.org/athletes/8018103	#1	DuPage (Ill.)	2:46.25		4/9
8	20	Emilia KADIYALA	#1	DuPage (Ill.)	2:51.23		4/9
9	28	Alexandra MALAGON	#3	Harper (Ill.)	2:56.58		4/14
10	30	Laura MADDOX	#2	Mineral Area (Mo.)	2:58.21		4/1

Women's 1500 Meters

1	1	Lillian BUZANI	#1	DuPage (Ill.)	DI 5:01.22		2/18
2	3	Fiona METZO	#3	Harper (Ill.)	DI 5:11.39		3/4
3	4	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 5:24.64		4/9
4	5	Shaylinn AVER	#1	DuPage (Ill.)	DI 5:27.39		2/12
5	6	Rachel WILSON	#2	Mineral Area (Mo.)	DI 5:27.85		4/15
6	9	Laura MADDOX	#2	Mineral Area (Mo.)	DI 5:37.59		4/1
7	13	Kara HOVICK	#2	Mineral Area (Mo.)	5:57.83		4/1

Women's 5000 Meters

1	1	Lillian BUZANI	#1	DuPage (Ill.)	DI 19:11.95		4/9
2	3	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 19:45.79		4/15
3	6	Laura MADDOX	#2	Mineral Area (Mo.)	DI 21:06.63		3/26

Women's 10,000 Meters

1	1	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 42:05.46		4/1
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Women's 4x100 Relay

1	3	Brianna SANSOUCIE, Reilly BAUGHMAN, Stephanie LATHAM, Laine COTTRELL	#2	Mineral Area (Mo.)	DI 53.00		4/1
2	6	Samira ROSENFELD, Pola KUBRAK, Gabriela VELASCO, Fiona METZO	#3	Harper (Ill.)	DI 55.96		4/10

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/686	#1	DuPage (Ill.)	DI 4:18.39		2/18
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Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/686	#1	DuPage (Ill.)	DI 10:45.30		4/14
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Women's High Jump

1	1	Samira ROSENFELD	#3	Harper (Ill.)	I:Q 1.65m	5-5	4/10
2	2	Pola KUBRAK	#3	Harper (Ill.)	DI 1.55m	5-1	4/2
3	3	Akira LEBRON	#1	DuPage (Ill.)	DI 1.52m	4-11¾	4/9
4	4	Paulina STACHURA	#1	DuPage (Ill.)	DI 1.47m	4-9¾	4/9
5	5	Liberty COLEMAN	#2	Mineral Area (Mo.)	DI 1.46m	4-9½	4/9

Women's Pole Vault

1	1	Mya MANGAN	#1	DuPage (Ill.)	I:Q 3.25m	10-8	4/9
2	2	Liberty COLEMAN	#2	Mineral Area (Mo.)	DI 2.88m	9-5¾	4/1
3	4	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	DI 2.45m	8-½	4/15



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Central

Women's Long Jump

1	1	Samira ROSENFELD	#3	Harper (Ill.)	DI 5.05mw	16-7 (6.2)	4/14
2	2	Ifeoluwa EPEBINUADE	#5	Howard (Md.) CC	DI 4.88m	16-¼ (1.8)	4/9
3	4	Alexandra OCHAB	#1	DuPage (Ill.)	DI 4.73m	15-6¼ (1.4)	4/2
4	5	Stephanie LATHAM	#2	Mineral Area (Mo.)	DI 4.65m	15-3¼ (0.8)	4/1
5	7	Robyn MOORE	#4	St. Charles (Mo.)	4.58mw	15-½ (5.4)	3/25
6	8	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	4.55m		4/9
7	12	Akira LEBRON	#1	DuPage (Ill.)	4.47m	14-8 (1.9)	4/2
8	13	Paulina STACHURA	#1	DuPage (Ill.)	4.43mw	14-6½ (2.3)	4/2
9	17	Faustyna KARPIESIUKE	#6	Triton (Ill.)	4.22m	13-10¼ (0)	4/8
10	25	Isabelle BRUCKERHOFF	#2	Mineral Area (Mo.)	3.98m	13-¾ (-1.7)	4/1

Women's Triple Jump

1	2	Akira LEBRON	#1	DuPage (Ill.)	DI 10.02m	32-10½ (1)	4/9
2	5	Stephanie LATHAM	#2	Mineral Area (Mo.)	9.56m	31-4½	1/28
3	6	Robyn MOORE	#4	St. Charles (Mo.)	9.55m	31-4 (1.1)	4/9
4	8	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	9.03m	29-7½	2/12

Women's Shot Put

1	3	Na'Shae EARLY	#5	Howard (Md.) CC	DI 10.91m	35-9½	3/19
2	6	Sierra BATTEE	#1	DuPage (Ill.)	DI 9.91m	32-6¼	2/18
3	10	Molly GEARHART	#2	Mineral Area (Mo.)	8.91m	29-2¾	2/18
4	13	Gabriela VELASCO	#3	Harper (Ill.)	8.44m	27-8¼	4/14
5	15	Darnyce SPRINGFIELD	#1	DuPage (Ill.)	8.10m	26-7	2/12
6	25	Arianna TEICHMAN	#3	Harper (Ill.)	7.14m	23-5¼	4/14
7	27	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	7.06m	23-2	1/28

Women's Discus

1	1	Na'Shae EARLY	#5	Howard (Md.) CC	DI 35.22m	115-7	3/19
2	2	Molly GEARHART	#2	Mineral Area (Mo.)	DI 32.90m	107-11	4/1
3	5	Arianna TEICHMAN	#3	Harper (Ill.)	DI 28.75m	94-4	4/2
4	8	Gabriela VELASCO	#3	Harper (Ill.)	27.08m	88-10¼	4/10
5	14	Darnyce SPRINGFIELD	#1	DuPage (Ill.)	24.35m	79-10¾	4/9

Women's Hammer

1	1	Na'Shae EARLY	#5	Howard (Md.) CC	DI 32.34m	106-1	4/9
2	3	Arianna TEICHMAN	#3	Harper (Ill.)	DI 30.26m	99-3½	4/14
3	4	Gabriela VELASCO	#3	Harper (Ill.)	24.81m	81-4¾	4/10

Women's Javelin

1	2	Robyn MOORE	#4	St. Charles (Mo.)	DI 30.50m	100-1	3/19
2	3	Faustyna KARPIESIUKE	#6	Triton (Ill.)	DI 29.42m	96-6¼	4/8
3	7	Molly GEARHART	#2	Mineral Area (Mo.)	23.73m	77-10¼	3/26
4	9	Gabriela VELASCO	#3	Harper (Ill.)	22.90m	75-1¾	4/10
5	10	Na'Shae EARLY	#5	Howard (Md.) CC	20.69m	67-10¾	4/1
6	16	Pola KUBRAK	#3	Harper (Ill.)	17.09m	56-1	4/2
7	21	Arianna TEICHMAN	#3	Harper (Ill.)	11.54m	37-10½	4/14



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East

Women's 100 Meters

1	6	Lia SOARES	#2	Hudson Valley (N.Y.)	DI 13.34	(1.9)	4/2
2	8	Jynnae STEVENS	#8	Herkimer County	DI 13.49w	(2.4)	4/2
2	8	Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	DI 13.49	(1.6)	4/9
4	12	Ericka MOODY	#3	Finger Lakes (N.Y.)	DI 13.69	(0.5)	4/16
5	15	Precious BARCLIFT	#1	Rowan-Gloucester	DI 13.77w	(2.3)	4/1
6	16	Raven ORANGE	#6	Middlesex County	DI 13.79	(0.5)	4/2
7	17	Catherine SCHWARTZ	#10	Northern Essex (N.H.)	13.87	(-0.9)	4/2
7	17	Imani FOAT	#6	Middlesex County	13.87	(0.0)	4/2
7	17	Sadia ABAKAR	#4	Mohawk Valley (N.Y.)	13.87	(0.5)	4/1
10	22	Iveion SEABROOKS	#4	Mohawk Valley (N.Y.)	14.13	(0.3)	4/16

Women's 100 Meter Hurdles

1	2	Raven ORANGE	#6	Middlesex County	DI 16.73	(1.6)	4/2
2	4	Idayat ADISA	#5	Camden County (N.J.)	DI 17.25	(-0.5)	4/1
3	8	Ja'Nia RAY	#8	Herkimer County	DI 18.50	(0.0)	4/9
4	9	Precious BARCLIFT	#1	Rowan-Gloucester	DI 18.78	(0.1)	4/16
5	11	Avonna ANDERSON	#1	Rowan-Gloucester	20.94	(0.1)	4/16
6	12	Alysiana CRUZ	#9	Massasoit (Mass.)	21.10w	(2.4)	4/2
7	13	Sabrina BAER	#1	Rowan-Gloucester	21.63	(-0.3)	4/8
8	14	Grace VIT	#1	Rowan-Gloucester	23.31	(-1.0)	4/8

Women's 200 Meters

1	6	Antonia BRANCATO	#2	Hudson Valley (N.Y.)	DI 27.35		1/29
2	10	Lia SOARES	#2	Hudson Valley (N.Y.)	DI 27.78	(0.8)	4/2
3	13	Jynnae STEVENS	#8	Herkimer County	28.45w	(3.6)	4/2
4	14	Sadia ABAKAR	#4	Mohawk Valley (N.Y.)	28.54	(1.7)	4/9
5	19	Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	28.95	(-0.5)	4/1
6	20	Ericka MOODY	#3	Finger Lakes (N.Y.)	29.21	(0.1)	4/16
7	21	Raven ORANGE	#6	Middlesex County	29.27	(-0.8)	4/2
8	22	Arafa DJOUMA	#4	Mohawk Valley (N.Y.)	29.31		2/18
9	23	Imani FOAT	#6	Middlesex County	29.33	(-0.8)	4/2
10	25	Iveion SEABROOKS	#4	Mohawk Valley (N.Y.)	29.59		2/5

Women's 400 Meters

1	4	Ericka MOODY	#3	Finger Lakes (N.Y.)	DI 1:04.48		4/1
2	6	Hailey HARTWYK	#1	Rowan-Gloucester	DI 1:04.84		4/16
3	11	Arafa DJOUMA	#4	Mohawk Valley (N.Y.)	DI 1:06.81		4/1
4	13	Elizabeth ROSE	#3	Finger Lakes (N.Y.)	DI 1:07.85		4/1
5	17	Sabrina BAER	#1	Rowan-Gloucester	1:10.36		3/5
6	18	Paige WODARCZYK	#1	Rowan-Gloucester	1:10.55		3/19
7	20	Precious BARCLIFT	#1	Rowan-Gloucester	1:11.48		3/19
8	22	Luana RAMPELOTTI		Union County (N.J.)	1:12.89		4/15
9	24	Alyssa CONNOR	#1	Rowan-Gloucester	1:13.95		4/8
10	26	Idayat ADISA	#5	Camden County (N.J.)	1:15.78		4/1

Women's 400 Meter Hurdles

1	2	Idayat ADISA	#5	Camden County (N.J.)	DI 1:15.33		4/1
2	4	Raven ORANGE	#6	Middlesex County	DI 1:18.17		3/5
3	5	Precious BARCLIFT	#1	Rowan-Gloucester	DI 1:18.85		4/16
4	7	Avonna ANDERSON	#1	Rowan-Gloucester	1:28.96		4/16

Women's 800 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 2:33.24		4/9
2	4	Ashton WISELEY	#1	Rowan-Gloucester	DI 2:35.59		4/8
3	5	Elizabeth SANTANA	#5	Camden County (N.J.)	DI 2:37.99		4/1
4	10	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 2:42.30		4/16
5	15	Elizabeth ROSE	#3	Finger Lakes (N.Y.)	2:46.99		4/9
6	16	Sabrina BAER	#1	Rowan-Gloucester	2:48.44		4/1
7	18	Delaney BREWER	#4	Mohawk Valley (N.Y.)	2:50.60		1/29
8	19	Julia KOERNER	#5	Camden County (N.J.)	2:51.09		4/8
9	21	Gilana RINCON	#6	Middlesex County	2:51.81		4/2
10	23	Natalie REHN	#5	Camden County (N.J.)	2:53.90		4/1

Women's 1500 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 5:04.76		4/9
2	7	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 5:29.70		3/26
3	8	Ashton WISELEY	#1	Rowan-Gloucester	DI 5:32.70		4/8
4	11	Gilana RINCON	#6	Middlesex County	5:49.46		4/2
5	14	Hickory WHELAN	#2	Hudson Valley (N.Y.)	6:01.96		4/16
6	16	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	6:05.26		3/26
7	18	Betzabel DELOSSANTOS TRINIDAD	#5	Camden County (N.J.)	6:11.48		4/8
8	19	Natalie REHN	#5	Camden County (N.J.)	6:15.53		4/8
9	21	Ellicia SWEDISH	#2	Hudson Valley (N.Y.)	6:26.16		1/29
10	22	Alyssa CONNOR	#1	Rowan-Gloucester	6:50.35		3/19

Women's Steeplechase

1	1	Leah LLOYD	#3	Finger Lakes (N.Y.)	Q 11:47.81		4/1
2	2	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 12:42.67		4/9
3	3	Hickory WHELAN	#2	Hudson Valley (N.Y.)	DI 14:39.36		4/9
4	4	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	DI 15:05.38		4/9

Women's 5000 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 19:35.17		4/1
2	4	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 20:55.01		4/2
3	7	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	21:58.00		4/2
4	8	Hickory WHELAN	#2	Hudson Valley (N.Y.)	22:07.00		4/2
5	9	Gabrielle MYERS	#4	Mohawk Valley (N.Y.)	22:42.78		4/16
6	11	Jennifer WALIKE	#4	Mohawk Valley (N.Y.)	29:33.05		2/5
7	12	Elizabeth ERNO	#2	Hudson Valley (N.Y.)	31:24.02		4/9

Women's 4x100 Relay

1	4	Dreana ALGARIN, Sabrina BAER, Hailey HARTWYK, Precious BARCLIFT	#1	Rowan-Gloucester	DI 54.75		4/1
2	5	Sadia ABAKAR, Yasmin WILSON, Iveion SEABROOKS, Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	DI 55.53		4/1
3	9	Chyra PATTERSON, Deja GLOVER, Sarah WOERNER, Ericka MOODY	#3	Finger Lakes (N.Y.)	1:08.66		4/1



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East

Women's 4x400 Relay

1	2	Precious BARCLIFT, Sabrina BAER, Hailey HARTWYK, Ashton WISELEY	#1	Rowan-Gloucest	DI 4:38.92	4/1
2	3	https://www.tfrrs.org/teams/712	#4	Mohawk Valley (N	DI 4:42.06	1/29
3	5	https://www.tfrrs.org/teams/96697	#2	Hudson Valley (N	5:03.72	1/29

Women's 4x800 Relay

1	2	Elizabeth SANTANA, Julia KOERNER, Natalie REHN, Betzabel DELOSSANTOS TRI	#5	Camden County (	DI 11:20.76	4/8
2	3	https://www.tfrrs.org/teams/555	#1	Rowan-Gloucest	DI 12:10.99	4/2

Women's High Jump

1	7	Alyssa BRUNO	#2	Hudson Valley (N	DI 1.40m	4-7	4/16
2	8	Grace VIT	#1	Rowan-Gloucest	1.37m	4-6	3/5
3	9	Elizabeth ROSE	#3	Finger Lakes (N.Y.	1.35m	4-5	4/1
4	10	Sabrina BAER	#1	Rowan-Gloucest	1.31m	4-3½	4/8

Women's Pole Vault

1	3	Caitlyn CALUPAD	#7	Bergen (N.J.) CC	DI 2.60m	8-6¼	4/1
2	5	Hailey HARTWYK	#1	Rowan-Gloucest	DI 2.30m	7-6½	4/8
3	7	Morgan WARD	#3	Finger Lakes (N.Y.	DI 2.00m	6-6¾	1/29

Women's Long Jump

1	3	Imani FOAT	#6	Middlesex County	DI 4.76mw	15-7½ (2.3	4/2
2	6	Iveion SEABROOKS	#4	Mohawk Valley (N	4.64m	15-2¾ (0.8	4/16
3	10	Lia SOARES	#2	Hudson Valley (N	4.50m	14-9¼ (0.0	4/16
4	11	Dreana ALGARIN	#1	Rowan-Gloucest	4.49m	14-8¾ (0.0	3/26
5	14	Ciena LENTZ	#2	Hudson Valley (N	4.39m	14-5 (-0.4)	3/26
6	15	Chyra PATTERSON	#3	Finger Lakes (N.Y.	4.31m	14-1¾	1/22
7	16	Sabrina BAER	#1	Rowan-Gloucest	4.30m		4/16
8	18	Ericka MOODY	#3	Finger Lakes (N.Y.	4.20m	13-9½	1/22
9	19	Sadia ABAKAR	#4	Mohawk Valley (N	4.14m	13-7 (0.0)	4/16
10	21	Hanadi TAJIR	#4	Mohawk Valley (N	4.11m	13-6 (0.0)	4/1
10	21	Arafa DJOUMA	#4	Mohawk Valley (N	4.11m	13-6 (0.0)	4/1

Women's Triple Jump

1	1	Imani FOAT	#6	Middlesex County	DI 10.09m	33-1¼ (1.2	4/2
2	3	Dreana ALGARIN	#1	Rowan-Gloucest	DI 9.68m	31-9¼ (0.0	3/5
3	4	Hailey HARTWYK	#1	Rowan-Gloucest	DI 9.60m	31-6 (-1.4)	3/19
4	7	Ciena LENTZ	#2	Hudson Valley (N	9.10m	29-10¼ (0.	3/26

Women's Shot Put

1	4	Kara KNORR	#1	Rowan-Gloucest	DI 10.21m	33-6	3/5
2	5	Morgan COLLAZO	#3	Finger Lakes (N.Y.	DI 9.92m	32-6½	4/9
3	7	Grace VIT	#1	Rowan-Gloucest	DI 9.85m	32-3¾	4/8
4	8	Amia GREEN	#5	Camden County (	DI 9.84m	32-3½	4/8
5	11	Dreana ALGARIN	#1	Rowan-Gloucest	8.55m	28-¾	4/8
6	14	Mariella FARRELL	#1	Rowan-Gloucest	8.42m	27-7½	4/8
7	16	Zoe FLORIO	#7	Bergen (N.J.) CC	7.75m	25-5¼	4/1
8	17	Sabrina BAER	#1	Rowan-Gloucest	7.70m	25-3¼	4/8
9	18	Caitlyn CALUPAD	#7	Bergen (N.J.) CC	7.69m	25-2¾	3/26
10	20	Ericka MOODY	#3	Finger Lakes (N.Y.	7.62m	25-0	1/22

Women's Discus

1	3	Mariella FARRELL	#1	Rowan-Gloucest	DI 31.62m	103-9	4/1
2	4	Kara KNORR	#1	Rowan-Gloucest	DI 29.98m	98-4½	4/1
3	8	Amia GREEN	#5	Camden County (	27.08m	88-10¼	3/26
4	12	Morgan COLLAZO	#3	Finger Lakes (N.Y.	24.69m	81-0	4/1
5	16	Zoe FLORIO	#7	Bergen (N.J.) CC	21.95m	72-¼	4/1
6	17	Grace VIT	#1	Rowan-Gloucest	21.61m	70-10¾	4/1
7	18	Isabella GUYER	#2	Hudson Valley (N	18.57m	60-11¼	4/16
8	22	Cailynn PATTERSON	#4	Mohawk Valley (N	16.20m	53-1¾	4/9
9	23	Skylar LENTZ	#4	Mohawk Valley (N	14.34m	47-¾	4/1

Women's Hammer

1	2	Kara KNORR	#1	Rowan-Gloucest	DI 31.90m	104-8	4/8
2	6	Mariella FARRELL	#1	Rowan-Gloucest	24.32m	79-9½	3/26
3	9	Isabella GUYER	#2	Hudson Valley (N	19.19m	62-11½	4/16
4	11	Grace VIT	#1	Rowan-Gloucest	18.75m	61-6¼	4/16

Women's Javelin

1	1	Kara KNORR	#1	Rowan-Gloucest	DI 30.83m	101-2	4/16
2	4	Grace VIT	#1	Rowan-Gloucest	DI 28.31m	92-10¾	4/8
3	5	Sabrina BAER	#1	Rowan-Gloucest	DI 28.15m	92-4¼	3/5
4	6	Amia GREEN	#5	Camden County (	23.95m	78-7	3/26
5	8	Sloane GENOVESE	#1	Rowan-Gloucest	22.92m	75-2½	4/8
6	11	Alyssa BRUNO	#2	Hudson Valley (N	19.18m	62-11¼	3/26
7	12	Morgan COLLAZO	#3	Finger Lakes (N.Y.	18.99m	62-3¾	4/9
8	18	Isabella GUYER	#2	Hudson Valley (N	15.82m	51-11	4/2

Women's Heptathlon

1	2	Sabrina BAER	#1	Rowan-Gloucest	d:Q 2,393	4/8
2	3	Grace VIT	#1	Rowan-Gloucest	d:Q 1,980	4/8



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #4, April 18

as of 4/18/2022 5:53:24 AM

Northeast

Women's 100 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 12.56	<i>(-1.9)</i>	4/8
2	7	Stephane HONORE	#1	Suffolk County (N	DI 13.39	<i>(1.4)</i>	4/16
3	38	Kaylah ATTIS	#2	Queensborough (	16.35		4/3
4	40	Melanie PALMACCIO	#1	Suffolk County (N	16.79	<i>(0.6)</i>	4/1
5	42	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	17.13	<i>(-0.2)</i>	4/1
6	43	Shivangi SHARMA	#2	Queensborough (	17.25	<i>(1.1)</i>	3/26
7	44	Lauren SHALER	#3	Onondaga (N.Y.) (	17.50	<i>(-0.4)</i>	4/1
8	46	Arielle ALLERT	#2	Queensborough (	18.24		4/3

Women's 100 Meter Hurdles

1	5	Angelina GUEVARA	#1	Suffolk County (N	DI 17.58	<i>(-0.2)</i>	4/8
2	15	https://www.tfrrs.org/athletes/8140090	#5	FIT (N.Y.)	27.47	<i>(-1.3)</i>	4/8

Women's 200 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 25.34	<i>(0.0)</i>	4/16
2	3	Jiana HALL	#1	Suffolk County (N	DI 26.48	<i>(0.0)</i>	4/1
3	8	Stephane HONORE	#1	Suffolk County (N	DI 27.62	<i>(0.0)</i>	4/16
4	38	https://www.tfrrs.org/athletes/8144989	#1	Suffolk County (N	30.71	<i>(-1.6)</i>	4/8
5	39	Angelina GUEVARA	#1	Suffolk County (N	30.73	<i>(1.5)</i>	4/8
6	46	EmmaGrace FITCH	#1	Suffolk County (N	31.98	<i>(-1.7)</i>	4/8
7	50	Shivangi SHARMA	#2	Queensborough (	33.40	<i>(1.7)</i>	4/9
8	58	Kafilat YEKINNI	#2	Queensborough (	37.18		1/21
9	59	Arielle ALLERT	#2	Queensborough (	38.86w	<i>(2.7)</i>	4/9

Women's 400 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 59.83		4/16
2	7	Madison SOHL	#4	Nassau (N.Y.) CC	DI 1:06.14		4/1
3	12	Eleni TORRES	#4	Nassau (N.Y.) CC	DI 1:07.72		4/16
4	19	https://www.tfrrs.org/athletes/8144989	#1	Suffolk County (N	1:11.16		4/8
5	25	EmmaGrace FITCH	#1	Suffolk County (N	1:15.13		4/1
6	29	Shivangi SHARMA	#2	Queensborough (	1:22.96		4/9
7	30	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	1:26.02		4/9
8	32	Kelin ZHU	#2	Queensborough (	1:28.97		4/3

Women's 800 Meters

1	7	Emma VIELHAUER	#5	FIT (N.Y.)	DI 2:40.56		4/2
2	9	Madison SOHL	#4	Nassau (N.Y.) CC	DI 2:41.84		4/8
3	13	Nicole DIOH	#6	CCRI	2:46.05		4/9
4	17	Eleni TORRES	#4	Nassau (N.Y.) CC	2:49.56		3/26
5	22	Yasmeen ARAUJO	#1	Suffolk County (N	2:52.50		4/8
6	24	Melissa MERONE	#1	Suffolk County (N	2:54.84		4/1
7	25	Angelina GUEVARA	#1	Suffolk County (N	2:55.05		4/8
8	29	EmmaGrace FITCH	#1	Suffolk County (N	2:57.24		4/8
9	36	Valerie MUSE	#2	Queensborough (	3:12.88		3/26
10	37	Arianna ARAUJO	#1	Suffolk County (N	3:15.98		4/1

Women's 1500 Meters

1	10	Nicole DIOH	#6	CCRI	5:44.11		3/26
2	12	Yasmeen ARAUJO	#1	Suffolk County (N	5:54.24		4/1
3	15	Melissa MERONE	#1	Suffolk County (N	6:05.10		4/1
4	16	Andrea DISTEFANO	#5	FIT (N.Y.)	6:05.26		4/2
5	20	Arianna ARAUJO	#1	Suffolk County (N	6:21.27		4/1
6	24	Valerie MUSE	#2	Queensborough (	7:24.09		3/26

Women's 5000 Meters

1	5	Yasmeen ARAUJO	#1	Suffolk County (N	DI 20:56.18		4/1
2	10	Arianna ARAUJO	#1	Suffolk County (N	23:12.09		4/1

Women's 10,000 Meters

1	2	Yasmeen ARAUJO	#1	Suffolk County (N	DI 43:19.12		4/8
2	3	Arianna ARAUJO	#1	Suffolk County (N	DI 48:25.66		4/8

Women's 4x100 Relay

1	1	Jiana HALL, Stephane HONORE, Caitlin KEGHLIAN, Oceane ODE	#1	Suffolk County (N	DI 50.33		4/1
2	7	Brashauna DEFREITAS, Samantha HARRISON, Lauren SHALER, Aubree DOMAGALA	#3	Onondaga (N.Y.) (	1:06.70		4/9
3	8	Valerie MUSE, Kelin ZHU, Shivangi SHARMA, Arielle ALLERT	#2	Queensborough (	1:07.15		3/26

Women's 4x400 Relay

1	4	Oceane ODE, Jiana HALL, Stephane HONORE, Caitlin KEGHLIAN	#1	Suffolk County (N	4:53.87		4/1
2	6	Valerie MUSE, Kelin ZHU, Shivangi SHARMA, Christina CHATTAN	#2	Queensborough (	5:49.53		4/3

Women's High Jump

1	5	Angelina GUEVARA	#1	Suffolk County (N	DI 1.46m	<i>4-9½</i>	4/8
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Women's Pole Vault

1	5	https://www.tfrrs.org/athletes/8144986	#1	Suffolk County (N	DI 2.30m	<i>7-6½</i>	4/8
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Women's Long Jump

1	19	Angelina GUEVARA	#1	Suffolk County (N	4.14m	<i>13-7 (0.1)</i>	4/8
2	29	Melanie PALMACCIO	#1	Suffolk County (N	3.80m	<i>12-5¾ (0.2)</i>	4/8
3	31	Valerie MUSE	#2	Queensborough (	3.43m	<i>11-3 (0.3)</i>	3/26
4	32	Kelin ZHU	#2	Queensborough (	3.22m	<i>10-6¾</i>	4/3



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #4, April 18

as of 4/18/2022 5:53:24 AM

Northeast

Women's Shot Put

1	1	Jaimee STARZEE	#1	Suffolk County (N	11.02m	36-2	4/8
2	2	Morgan KEULER	#1	Suffolk County (N	11.00m	36-1¼	4/8
3	9	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	8.94m	29-4	4/8
4	12	Brashauna DEFREITAS	#3	Onondaga (N.Y.) (	8.52m	27-11½	4/9
5	19	Samantha HARRISON	#3	Onondaga (N.Y.) (	7.64m	25-¾	4/16
6	21	Lauren SHALER	#3	Onondaga (N.Y.) (	7.55m	24-9¼	4/16
7	22	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	7.50m	24-7¼	4/1
8	24	Kaylah ATTIS	#2	Queensborough (	7.40m	24-3½	4/3
9	29	Tionnal DAVIS	#2	Queensborough (	6.70m	21-11¾	4/9
10	30	https://www.tfrs.org/athletes/8172548	#7	Sullivan County (I	6.42m	21-¾	4/9

Women's Discus

1	6	Morgan KEULER	#1	Suffolk County (N	28.61m	93-10½	4/1
2	7	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	27.14m	89-½	4/16
3	10	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	25.65m	84-2	4/1
4	11	Jaimee STARZEE	#1	Suffolk County (N	25.29m	82-11¾	4/8
5	13	Kaylah ATTIS	#2	Queensborough (	24.40m	80-¾	4/9
6	15	Samantha HARRISON	#3	Onondaga (N.Y.) (	23.89m	78-4½	4/9
7	19	https://www.tfrs.org/athletes/8172548	#7	Sullivan County (I	18.04m	59-2¼	4/9
8	20	Tionnal DAVIS	#2	Queensborough (	17.50m	57-5	4/9
9	21	Lauren SHALER	#3	Onondaga (N.Y.) (	17.34m	56-10¾	4/9
10	24	Brashauna DEFREITAS	#3	Onondaga (N.Y.) (	13.57m	44-6¼	4/9

Women's Hammer

1	5	Lauren SHALER	#3	Onondaga (N.Y.) (	24.43m	80-2	4/16
2	7	Jaimee STARZEE	#1	Suffolk County (N	19.64m	64-5¼	4/16
3	8	Kaylah ATTIS	#2	Queensborough (	19.56m	64-2¼	4/9
4	10	Tionnal DAVIS	#2	Queensborough (	19.00m	62-4	4/9

Women's Javelin

1	13	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	18.56m	60-10¾	4/1
2	14	Samantha HARRISON	#3	Onondaga (N.Y.) (	17.92m	58-9½	4/9
3	15	Morgan KEULER	#1	Suffolk County (N	17.82m	58-5¾	4/8
4	17	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	16.99m	55-9	4/9
5	19	Kaylah ATTIS	#2	Queensborough (	14.21m	46-7½	4/3
6	20	Arielle ALLERT	#2	Queensborough (	11.76m	38-7	4/3
7	22	Angelina GUEVARA	#1	Suffolk County (N	11.30m	37-1	4/8

Women's Heptathlon

1	1	Angelina GUEVARA	#1	Suffolk County (N:Q	2,670		4/8
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