



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2022 Week #5, April 26

as of 4/26/2022 9:52:06 AM

Central

Women's 100 Meters

1	2	Samira ROSENFELD	#3	Harper (Ill.)	DI 12.69w	4/23
2	3	Kiara CARTER	#1	DuPage (Ill.)	DI 13.07 (1.3)	4/2
3	4	Julianne HANSEN	#4	St. Charles (Mo.)	DI 13.13w (3.7)	3/25
4	8	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	DI 13.31w (3.8)	4/22
5	12	Laine COTTRELL	#2	Mineral Area (Mo.)	DI 13.53w (2.9)	4/1
6	14	Alexandra OCHAB	#1	DuPage (Ill.)	DI 13.63w (3.4)	4/9
7	17	Robyn MOORE	#4	St. Charles (Mo.)	DI 13.74w (3.8)	3/25
8	24	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	DI 13.97w (2.8)	4/22
9	26	Mya MANGAN	#1	DuPage (Ill.)	DI 14.03 (0.5)	4/9
10	31	Isabelle BRUCKERHOFF	#2	Mineral Area (Mo.)	DI 14.37w (2.8)	4/22

Women's 100 Meter Hurdles

1	1	Samira ROSENFELD	#3	Harper (Ill.)	DI 16.11w (3.4)	4/10
2	2	Grace BOSTIC	#4	St. Charles (Mo.)	DI 16.21w (4.9)	4/22
3	6	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	DI 17.79w (5.8)	4/22
4	7	Morgan CLIFFORD	#1	DuPage (Ill.)	DI 17.88 (0.7)	4/9

Women's 200 Meters

1	2	Kiara CARTER	#1	DuPage (Ill.)	DI 25.50 (-2.4)	4/23
2	3	Samira ROSENFELD	#3	Harper (Ill.)	DI 26.29w	4/23
3	6	Paulina STACHURA	#1	DuPage (Ill.)	DI 27.26w (2.7)	4/9
4	12	Julianne HANSEN	#4	St. Charles (Mo.)	DI 27.64w (4.6)	4/1
5	13	Laine COTTRELL	#2	Mineral Area (Mo.)	DI 27.92	4/9
6	15	Grace BOSTIC	#4	St. Charles (Mo.)	DI 28.19w (2.2)	4/9
7	16	Alexandra OCHAB	#1	DuPage (Ill.)	DI 28.55	2/18
8	18	Mya MANGAN	#1	DuPage (Ill.)	DI 28.81	2/5
9	19	Stephanie LATHAM	#2	Mineral Area (Mo.)	DI 28.92w (3.1)	4/1
10	22	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	DI 29.04w (4.6)	4/22

Women's 400 Meters

1	2	Kiara CARTER	#1	DuPage (Ill.)	DI 1:01.13	4/9
2	3	Julianne HANSEN	#4	St. Charles (Mo.)	DI 1:04.32	4/15
3	6	Laine COTTRELL	#2	Mineral Area (Mo.)	DI 1:04.69	3/26
4	8	Grace BOSTIC	#4	St. Charles (Mo.)	DI 1:06.17	4/9
5	9	Alexandra OCHAB	#1	DuPage (Ill.)	DI 1:06.36	2/12
6	10	Paulina STACHURA	#1	DuPage (Ill.)	DI 1:06.44	2/12
7	14	Belle ADDUCI	#1	DuPage (Ill.)	DI 1:07.94	2/12
8	15	Alyssa GASKI	#1	DuPage (Ill.)	DI 1:08.85	2/12
9	16	Morgan CLIFFORD	#1	DuPage (Ill.)	DI 1:09.12	2/5
10	22	Jade CAMPOS	#1	DuPage (Ill.)	DI 1:11.66	2/5

Women's 400 Meter Hurdles

1	3	Alexandra OCHAB	#1	DuPage (Ill.)	DI 1:14.24	4/23
2	4	Morgan CLIFFORD	#1	DuPage (Ill.)	DI 1:14.53	4/23
3	9	Grace BOSTIC	#4	St. Charles (Mo.)	DI 1:18.23	4/22
4	10	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	DI 1:22.23	4/22

Women's 800 Meters

1	1	Lillan BUZANI	#1	DuPage (Ill.)	DI 2:26.94	4/23
2	2	Fiona METZO	#3	Harper (Ill.)	DI 2:28.86	2/18
3	5	Belle ADDUCI	#1	DuPage (Ill.)	DI 2:33.25	4/9
4	10	Kara HOVICK	#2	Mineral Area (Mo.)	DI 2:39.81	4/9
5	12	Shaylinn AVER	#1	DuPage (Ill.)	DI 2:40.92	2/12
6	15	Rachel WILSON	#2	Mineral Area (Mo.)	DI 2:43.64	4/15
7	17	Alyssa GASKI	#1	DuPage (Ill.)	DI 2:44.88	4/9
8	18	Laura DE LA TORRE	#1	DuPage (Ill.)	DI 2:46.25	4/9
9	19	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 2:46.55	4/22
10	25	Emilia KADIYALA	#1	DuPage (Ill.)	DI 2:51.23	4/9

Women's 1500 Meters

1	1	Lillan BUZANI	#1	DuPage (Ill.)	DI 5:01.22	2/18
2	3	Fiona METZO	#3	Harper (Ill.)	DI 5:11.39	3/4
3	4	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 5:24.64	4/9
4	5	Shaylinn AVER	#1	DuPage (Ill.)	DI 5:27.39	2/12
5	7	Rachel WILSON	#2	Mineral Area (Mo.)	DI 5:27.85	4/15
6	8	Belle ADDUCI	#1	DuPage (Ill.)	DI 5:28.03	4/23
7	11	Laura MADDOX	#2	Mineral Area (Mo.)	DI 5:37.59	4/1
8	17	Kara HOVICK	#2	Mineral Area (Mo.)	DI 5:57.83	4/1

Women's 5000 Meters

1	1	Lillan BUZANI	#1	DuPage (Ill.)	DI 19:11.95	4/9
2	3	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 19:45.79	4/15
3	6	Laura MADDOX	#2	Mineral Area (Mo.)	DI 21:06.63	3/26

Women's 10,000 Meters

1	1	Haley HERNANDEZ	#2	Mineral Area (Mo.)	DI 42:05.46	4/1
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Women's 4x100 Relay

1	1	Alexandra OCHAB, Paulina STACHURA, Mya MANGAN, Kiara CARTER	#1	DuPage (Ill.)	DI 50.11	4/23
2	4	Brianna SANSOUCIE, Reilly BAUGHMAN, Stephany LATHAM, Laine COTTRELL	#2	Mineral Area (Mo.)	DI 53.00	4/1
3	7	Samira ROSENFELD, Pola KUBRAK, Gabriela VELASCO, Fiona METZO	#3	Harper (Ill.)	DI 55.96	4/10

Women's 4x400 Relay

1	1	https://www.tfrrs.org/teams/686	#1	DuPage (Ill.)	DI 4:18.39	2/18
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Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/686	#1	DuPage (Ill.)	DI 10:45.30	4/14
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Women's High Jump

1	1	Samira ROSENFELD	#3	Harper (Ill.)	I:Q 1.65m 5-5	4/10
2	2	Pola KUBRAK	#3	Harper (Ill.)	DI 1.55m 5-1	4/10
3	3	Akira LEBRON	#1	DuPage (Ill.)	DI 1.52m 4-11¾	4/9
4	5	Paulina STACHURA	#1	DuPage (Ill.)	DI 1.47m 4-9¾	4/9
5	6	Liberty COLEMAN	#2	Mineral Area (Mo.)	DI 1.46m 4-9½	4/9



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Central

Women's Pole Vault

1	1	Mya MANGAN	#1	DuPage (Ill.)	I:Q 3.25m	10-8	4/9
2	3	Liberty COLEMAN	#2	Mineral Area (Mo.)	DI 2.88m	9-5¼	4/1
3	4	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	DI 2.45m	8-½	4/15
4	5	Akira LEBRON	#1	DuPage (Ill.)	DI 2.35m	7-8½	4/23

Women's Long Jump

1	1	Samira ROSENFELD	#3	Harper (Ill.)	DI 5.35mw	17-6¾	4/23
2	3	Robyn MOORE	#4	St. Charles (Mo.)	DI 5.04mw	16-6½ (5.1)	4/22
3	5	Alexandra OCHAB	#1	DuPage (Ill.)	DI 4.93mw	16-2¼ (8.9)	4/23
4	6	Ifeoluwa EPEBINUADE	#5	Howard (Md.) CC	DI 4.88m	16-¼ (1.8)	4/9
5	7	Paulina STACHURA	#1	DuPage (Ill.)	DI 4.77mw	15-7¾ (8.1)	4/23
6	10	Stephanie LATHAM	#2	Mineral Area (Mo.)	DI 4.65m	15-3¼ (0.8)	4/1
7	13	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	4.55m		4/9
8	16	Akira LEBRON	#1	DuPage (Ill.)	4.47m	14-8 (1.9)	4/2
9	17	Faustyna KARPIESIUKE	#6	Triton (Ill.)	4.40mw	14-5¼ (6.7)	4/23
10	30	Isabelle BRUCKERHOFF	#2	Mineral Area (Mo.)	3.98m	13-¾ (-1.7)	4/1

Women's Triple Jump

1	3	Ifeoluwa EPEBINUADE	#5	Howard (Md.) CC	DI 10.12m	33-2½ (0.0)	4/23
2	5	Akira LEBRON	#1	DuPage (Ill.)	DI 10.02m	32-10½ (1.1)	4/9
3	6	Robyn MOORE	#4	St. Charles (Mo.)	DI 9.83mw	32-3 (3.7)	4/22
4	8	Faustyna KARPIESIUKE	#6	Triton (Ill.)	DI 9.60mw	31-6 (2.5)	4/23
5	10	Stephanie LATHAM	#2	Mineral Area (Mo.)	9.56m	31-4½	1/28
6	12	Brianna SANSOUCIE	#2	Mineral Area (Mo.)	9.03m	29-7½	2/12

Women's Shot Put

1	3	Na'Shae EARLY	#5	Howard (Md.) CC	DI 10.91m	35-9½	3/19
2	6	Sierra BATTEE	#1	DuPage (Ill.)	DI 9.91m	32-6¼	2/18
3	11	Molly GEARHART	#2	Mineral Area (Mo.)	8.92m	29-3¼	4/22
4	14	Gabriela VELASCO	#3	Harper (Ill.)	8.44m	27-8¼	4/14
5	17	Darnyce SPRINGFIELD	#1	DuPage (Ill.)	8.10m	26-7	2/12
6	23	Arianna TEICHMAN	#3	Harper (Ill.)	7.60m	24-11¼	4/23
7	30	Reilly BAUGHMAN	#2	Mineral Area (Mo.)	7.06m	23-2	1/28

Women's Discus

1	1	Na'Shae EARLY	#5	Howard (Md.) CC	DI 35.22m	115-7	3/19
2	2	Molly GEARHART	#2	Mineral Area (Mo.)	DI 34.15m	112-1	4/22
3	5	Arianna TEICHMAN	#3	Harper (Ill.)	DI 28.86m	94-8¼	4/23
4	10	Gabriela VELASCO	#3	Harper (Ill.)	27.08m	88-10¼	4/10
5	17	Darnyce SPRINGFIELD	#1	DuPage (Ill.)	24.35m	79-10¾	4/9

Women's Hammer

1	1	Arianna TEICHMAN	#3	Harper (Ill.)	DI 35.08m	115-1	4/23
2	2	Na'Shae EARLY	#5	Howard (Md.) CC	DI 32.34m	106-1	4/9
3	5	Gabriela VELASCO	#3	Harper (Ill.)	24.81m	81-4¾	4/10

Women's Javelin

1	2	Robyn MOORE	#4	St. Charles (Mo.)	DI 30.50m	100-1	3/19
2	3	Faustyna KARPIESIUKE	#6	Triton (Ill.)	DI 29.42m	96-6¼	4/8
3	8	Molly GEARHART	#2	Mineral Area (Mo.)	23.73m	77-10¼	3/26
4	10	Gabriela VELASCO	#3	Harper (Ill.)	22.90m	75-1¾	4/10
5	13	Na'Shae EARLY	#5	Howard (Md.) CC	20.69m	67-10¾	4/1
6	19	Pola KUBRAK	#3	Harper (Ill.)	17.09m	56-1	4/2
7	22	Arianna TEICHMAN	#3	Harper (Ill.)	15.01m	49-3	4/23



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East

Women's 100 Meters

1	9	Lia SOARES	#2	Hudson Valley (N.Y.)	DI 13.34	(1.9)	4/2
1	9	Jynnae STEVENS	#8	Herkimer County	DI 13.34	(0.2)	4/22
3	11	Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	DI 13.49	(1.6)	4/9
4	13	Catherine SCHWARTZ	#9	Northern Essex (N.Y.)	DI 13.61	(0.7)	4/22
5	15	Sadia ABAKAR	#4	Mohawk Valley (N.Y.)	DI 13.66	(0.2)	4/22
6	16	Ericka MOODY	#3	Finger Lakes (N.Y.)	DI 13.69	(0.5)	4/16
7	18	Precious BARCLIFT	#1	Rowan-Gloucester	DI 13.77w	(2.3)	4/1
8	19	Raven ORANGE	#6	Middlesex County	DI 13.79	(0.5)	4/2
9	20	Imani FOAT	#6	Middlesex County	13.87	(0.0)	4/2
10	25	Iveion SEABROOKS	#4	Mohawk Valley (N.Y.)	13.99	(0.3)	4/22

Women's 100 Meter Hurdles

1	3	Raven ORANGE	#6	Middlesex County	DI 16.71	(1.8)	4/23
2	4	Idayat ADISA	#5	Camden County (N.J.)	DI 16.96	(-0.5)	4/22
3	9	Ja'Nia RAY	#8	Herkimer County	DI 18.50	(0.0)	4/9
4	10	Precious BARCLIFT	#1	Rowan-Gloucester	DI 18.78	(-0.1)	4/16
5	13	Avonna ANDERSON	#1	Rowan-Gloucester	20.60	(-1.1)	4/22
6	14	Alysiana CRUZ	#10	Massasoit (Mass.)	21.10w	(2.4)	4/2
7	15	Sabrina BAER	#1	Rowan-Gloucester	21.63	(-0.3)	4/8
8	16	Grace VIT	#1	Rowan-Gloucester	23.31	(-1.0)	4/8

Women's 200 Meters

1	7	Antonia BRANCATO	#2	Hudson Valley (N.Y.)	DI 27.35		1/29
2	8	Lia SOARES	#2	Hudson Valley (N.Y.)	DI 27.40	(1.0)	4/23
3	9	Jynnae STEVENS	#8	Herkimer County	DI 27.42	(0.0)	4/22
4	10	Ericka MOODY	#3	Finger Lakes (N.Y.)	DI 27.52	(0.3)	4/22
5	14	Sadia ABAKAR	#4	Mohawk Valley (N.Y.)	28.08	(0.0)	4/22
6	20	Moenae WASHINGTON	#4	Mohawk Valley (N.Y.)	28.95	(-0.5)	4/1
7	21	Precious BARCLIFT	#1	Rowan-Gloucester	28.98	(-0.6)	4/22
8	23	Raven ORANGE	#6	Middlesex County	29.27	(-0.8)	4/2
9	24	Arafa DJOUMA	#4	Mohawk Valley (N.Y.)	29.31		2/18
10	25	Imani FOAT	#6	Middlesex County	29.33	(-0.8)	4/2

Women's 400 Meters

1	4	Ericka MOODY	#3	Finger Lakes (N.Y.)	DI 1:04.48		4/1
2	5	Hailey HARTWYK	#1	Rowan-Gloucester	DI 1:04.62		4/22
3	11	Arafa DJOUMA	#4	Mohawk Valley (N.Y.)	DI 1:06.81		4/1
4	13	Elizabeth ROSE	#3	Finger Lakes (N.Y.)	DI 1:07.85		4/1
5	17	Sabrina BAER	#1	Rowan-Gloucester	1:10.36		3/5
6	18	Paige WODARCZYK	#1	Rowan-Gloucester	1:10.55		3/19
7	20	Julia KOERNER	#5	Camden County (N.J.)	1:11.18		4/22
8	21	Precious BARCLIFT	#1	Rowan-Gloucester	1:11.48		3/19
9	25	Luana RAMPELOTTI		Union County (N.J.)	1:12.89		4/15
10	27	Alyssa CONNOR	#1	Rowan-Gloucester	1:13.95		4/8

Women's 400 Meter Hurdles

1	1	Raven ORANGE	#6	Middlesex County	DI 1:13.69		4/23
2	5	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 1:14.64		4/23
3	6	Idayat ADISA	#5	Camden County (N.J.)	DI 1:15.33		4/1
4	8	Precious BARCLIFT	#1	Rowan-Gloucester	DI 1:18.18		4/22
5	11	Avonna ANDERSON	#1	Rowan-Gloucester	1:28.96		4/16
6	12	Yasmin WASHINGTON	#4	Mohawk Valley (N.Y.)	1:40.00		4/22

Women's 800 Meters

1	3	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 2:31.55		4/22
2	4	Ashton WISELEY	#1	Rowan-Gloucester	DI 2:32.94		4/22
3	7	Elizabeth ROSE	#3	Finger Lakes (N.Y.)	DI 2:37.88		4/22
4	8	Elizabeth SANTANA	#5	Camden County (N.J.)	DI 2:37.99		4/1
5	14	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 2:42.30		4/16
6	21	Sabrina BAER	#1	Rowan-Gloucester	2:48.44		4/1
7	22	Julia KOERNER	#5	Camden County (N.J.)	2:49.94		4/22
8	24	Delaney BREWER	#4	Mohawk Valley (N.Y.)	2:50.60		1/29
9	26	Gilana RINCON	#6	Middlesex County	2:51.33		4/23
10	28	Natalie REHN	#5	Camden County (N.J.)	2:53.90		4/1

Women's 1500 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 5:04.76		4/9
2	9	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 5:29.70		3/26
3	10	Ashton WISELEY	#1	Rowan-Gloucester	DI 5:32.70		4/8
4	14	Gilana RINCON	#6	Middlesex County	5:49.46		4/2
5	16	Betzabel DELOSSANTOS TRINIDAD	#5	Camden County (N.J.)	5:57.54		4/22
6	18	Hickory WHELAN	#2	Hudson Valley (N.Y.)	6:01.96		4/16
7	20	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	6:05.26		3/26
8	21	Elizabeth SANTANA	#5	Camden County (N.J.)	6:09.10		4/22
9	22	Natalie REHN	#5	Camden County (N.J.)	6:11.38		4/22
10	24	Ellicia SWEDISH	#2	Hudson Valley (N.Y.)	6:26.16		1/29

Women's Steeplechase

1	1	Leah LLOYD	#3	Finger Lakes (N.Y.)	Q 11:47.81		4/1
2	2	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 12:42.67		4/9
3	3	Hickory WHELAN	#2	Hudson Valley (N.Y.)	DI 14:39.36		4/9
4	4	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	DI 15:05.38		4/9

Women's 5000 Meters

1	2	Leah LLOYD	#3	Finger Lakes (N.Y.)	DI 19:35.17		4/1
2	5	Olivia SKYLSTAD	#2	Hudson Valley (N.Y.)	DI 20:55.01		4/2
3	8	Eva SGAMBETTERA	#2	Hudson Valley (N.Y.)	21:58.00		4/2
4	9	Hickory WHELAN	#2	Hudson Valley (N.Y.)	22:07.00		4/2
5	11	Gabrielle MYERS	#4	Mohawk Valley (N.Y.)	22:42.78		4/16
6	13	Jennifer WALIKE	#4	Mohawk Valley (N.Y.)	29:33.05		2/5
7	14	Elizabeth ERNO	#2	Hudson Valley (N.Y.)	31:24.02		4/9



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East

Women's 4x100 Relay

1	5	Dreana ALGARIN, Sabrina BAER, Precious BARCLIFT, Hailey HARTWYK	#1 Rowan-Gloucest	DI 54.58	4/22
2	6	Sadia ABAKAR, Iveion SEABROOKS, Arafa DJOUMA, Moenae WASHINGTON	#4 Mohawk Valley (N	DI 54.90	4/22
3	10	Chyra PATTERSON, Deja GLOVER, Sarah WOERNER, Ericka MOODY	#3 Finger Lakes (N.Y.	1:08.66	4/1

Women's 4x400 Relay

1	2	Precious BARCLIFT, Sabrina BAER, Hailey HARTWYK, Ashton WISELEY	#1 Rowan-Gloucest	DI 4:38.92	4/1
2	3	https://www.tfrrs.org/teams/712	#4 Mohawk Valley (N	DI 4:42.06	1/29
3	4	Ericka MOODY, Chyra PATTERSON, Elizabeth ROSE, Leah LLOYD	#3 Finger Lakes (N.Y.	DI 4:44.12	4/22
4	7	https://www.tfrrs.org/teams/96697	#2 Hudson Valley (N	5:03.72	1/29

Women's 4x800 Relay

1	2	Elizabeth SANTANA, Julia KOERNER, Natalie REHN, Betzabel DELOSSANTOS TRI	#5 Camden County (	DI 11:20.76	4/8
2	3	https://www.tfrrs.org/teams/555	#1 Rowan-Gloucest	DI 12:10.99	4/2

Women's High Jump

1	6	Idayat ADISA	#5 Camden County (	DI 1.46m	4-9½	4/22
2	9	Grace VIT	#1 Rowan-Gloucest	DI 1.41m	4-7½	4/22
3	10	Alyssa BRUNO	#2 Hudson Valley (N	DI 1.40m	4-7	4/16
4	11	Elizabeth ROSE	#3 Finger Lakes (N.Y.	1.35m	4-5	4/1
5	12	Sabrina BAER	#1 Rowan-Gloucest	1.31m	4-3½	4/8

Women's Pole Vault

1	2	Caitlyn CALUPAD	#7 Bergen (N.J.) CC	DI 2.95m	9-8	4/23
2	6	Hailey HARTWYK	#1 Rowan-Gloucest	DI 2.30m	7-6½	4/8
3	8	Morgan WARD	#3 Finger Lakes (N.Y.	DI 2.00m	6-6¾	1/29

Women's Long Jump

1	8	Imani FOAT	#6 Middlesex County	DI 4.76mw	15-7½ (2.3	4/2
2	9	Lia SOARES	#2 Hudson Valley (N	DI 4.66m	15-3½ (0.5	4/23
3	12	Iveion SEABROOKS	#4 Mohawk Valley (N	4.64m	15-2¾ (0.8	4/16
4	15	Dreana ALGARIN	#1 Rowan-Gloucest	4.49m	14-8¾ (0.0	3/26
5	18	Ciena LENTZ	#2 Hudson Valley (N	4.39m	14-5 (-0.4)	3/26
6	19	Ericka MOODY	#3 Finger Lakes (N.Y.	4.32mw	14-2¼ (3.9	4/22
7	20	Chyra PATTERSON	#3 Finger Lakes (N.Y.	4.31m	14-1¾	1/22
8	21	Sabrina BAER	#1 Rowan-Gloucest	4.30m	14-1¼ (-0.	4/16
9	22	Sadia ABAKAR	#4 Mohawk Valley (N	4.29m	14-1 (0.0)	4/22
10	24	Arafa DJOUMA	#4 Mohawk Valley (N	4.11m	13-6 (0.0)	4/1
10	24	Hanadi TAJIR	#4 Mohawk Valley (N	4.11m	13-6 (0.0)	4/1

Women's Triple Jump

1	4	Imani FOAT	#6 Middlesex County	DI 10.09m	33-1¼ (1.2	4/2
2	7	Dreana ALGARIN	#1 Rowan-Gloucest	DI 9.68m	31-9¼ (0.0	3/5
3	8	Hailey HARTWYK	#1 Rowan-Gloucest	DI 9.60m	31-6 (-1.4)	3/19
4	11	Ciena LENTZ	#2 Hudson Valley (N	9.10m	29-10¼ (0.	3/26

Women's Shot Put

1	4	Morgan COLLAZO	#3 Finger Lakes (N.Y.	DI 10.32m	33-10¼	4/22
2	5	Kara KNORR	#1 Rowan-Gloucest	DI 10.21m	33-6	3/5
3	7	Grace VIT	#1 Rowan-Gloucest	DI 9.85m	32-3¾	4/8
4	8	Amia GREEN	#5 Camden County (	DI 9.84m	32-3½	4/8
5	12	Dreana ALGARIN	#1 Rowan-Gloucest	8.55m	28-¾	4/8
6	15	Mariella FARRELL	#1 Rowan-Gloucest	8.42m	27-7½	4/8
7	16	Zoe FLORIO	#7 Bergen (N.J.) CC	8.24m	27-½	4/23
8	18	Sabrina BAER	#1 Rowan-Gloucest	7.70m	25-3¼	4/8
9	19	Caitlyn CALUPAD	#7 Bergen (N.J.) CC	7.69m	25-2¾	3/26
10	22	Ericka MOODY	#3 Finger Lakes (N.Y.	7.62m	25-0	1/22

Women's Discus

1	3	Mariella FARRELL	#1 Rowan-Gloucest	DI 31.62m	103-9	4/1
2	4	Kara KNORR	#1 Rowan-Gloucest	DI 30.42m	99-9¾	4/22
3	10	Amia GREEN	#5 Camden County (	27.08m	88-10¼	3/26
4	13	Zoe FLORIO	#7 Bergen (N.J.) CC	25.66m	84-2¼	4/23
5	16	Morgan COLLAZO	#3 Finger Lakes (N.Y.	24.69m	81-0	4/1
6	18	Grace VIT	#1 Rowan-Gloucest	21.61m	70-10¾	4/1
7	23	Isabella GUYER	#2 Hudson Valley (N	18.57m	60-11¼	4/16
8	26	Cailynn PATTERSON	#4 Mohawk Valley (N	16.89m	55-5	4/22
9	29	Skylar LENTZ	#4 Mohawk Valley (N	14.34m	47-¾	4/1

Women's Hammer

1	3	Kara KNORR	#1 Rowan-Gloucest	DI 31.90m	104-8	4/8
2	6	Mariella FARRELL	#1 Rowan-Gloucest	24.32m	79-9½	3/26
3	9	Isabella GUYER	#2 Hudson Valley (N	19.42m	63-8¾	4/23
4	11	Grace VIT	#1 Rowan-Gloucest	18.75m	61-6¼	4/16



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East

Women's Javelin

1	1	Kara KNORR	#1	Rowan-Gloucester	DI 31.40m	103-0	4/22
2	4	Grace VIT	#1	Rowan-Gloucester	DI 28.64m	93-11¾	4/22
3	5	Sabrina BAER	#1	Rowan-Gloucester	DI 28.15m	92-4¼	3/5
4	7	Amia GREEN	#5	Camden County (	24.28m	79-8	4/22
5	9	Sloane GENOVESE	#1	Rowan-Gloucester	22.92m	75-2½	4/8
6	11	Alyssa BRUNO	#2	Hudson Valley (N	22.59m	74-1½	4/23
7	14	Morgan COLLAZO	#3	Finger Lakes (N.Y.	19.64m	64-5¼	4/22
8	21	Isabella GUYER	#2	Hudson Valley (N	15.82m	51-11	4/2

Women's Heptathlon

1	2	Sabrina BAER	#1	Rowan-Gloucester	d:Q 2,393	4/8
2	3	Grace VIT	#1	Rowan-Gloucester	d:Q 1,980	4/8



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Northeast

Women's 100 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 12.39	<i>(-0.6)</i>	4/22
2	7	Stephane HONORE	#1	Suffolk County (N	DI 13.30	<i>(0.4)</i>	4/22
3	22	Valerie MUSE	#2	Queensborough (	13.89		4/22
4	44	Shivangi SHARMA	#2	Queensborough (	15.50		4/22
5	46	Kaylah ATTIS	#2	Queensborough (	16.35	<i>(-1.0)</i>	4/3
6	48	Melanie PALMACCIO	#1	Suffolk County (N	16.79	<i>(0.6)</i>	4/1
7	50	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	17.13	<i>(-0.2)</i>	4/1
8	51	Lauren SHALER	#3	Onondaga (N.Y.) (	17.50	<i>(-0.4)</i>	4/1
9	53	Arielle ALLERT	#2	Queensborough (	18.24	<i>(-1.0)</i>	4/3

Women's 100 Meter Hurdles

1	5	Angelina GUEVARA	#1	Suffolk County (N	DI 17.58	<i>(-0.2)</i>	4/8
2	17	Melanie WAN	#5	FIT (N.Y.)	27.47	<i>(-1.3)</i>	4/8

Women's 200 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 25.09	<i>(-0.3)</i>	4/22
2	4	Jiana HALL	#1	Suffolk County (N	DI 26.48	<i>(0.0)</i>	4/1
3	11	Stephane HONORE	#1	Suffolk County (N	DI 27.57	<i>(0.0)</i>	4/22
4	40	Caitlin KEGHLIAN	#1	Suffolk County (N	30.71	<i>(-1.6)</i>	4/8
5	41	Angelina GUEVARA	#1	Suffolk County (N	30.73	<i>(1.5)</i>	4/8
6	48	EmmaGrace FITCH	#1	Suffolk County (N	31.98	<i>(-1.7)</i>	4/8
7	52	Shivangi SHARMA	#2	Queensborough (	33.40	<i>(1.7)</i>	4/9
8	60	Kafilat YEKINNI	#2	Queensborough (	37.18		1/21
9	61	Arielle ALLERT	#2	Queensborough (	38.86w	<i>(2.7)</i>	4/9

Women's 400 Meters

1	1	Oceane ODE	#1	Suffolk County (N	DI 59.83		4/16
2	7	Madison SOHL	#4	Nassau (N.Y.) CC	DI 1:06.14		4/1
3	12	Eleni TORRES	#4	Nassau (N.Y.) CC	DI 1:07.72		4/16
4	19	Caitlin KEGHLIAN	#1	Suffolk County (N	1:11.16		4/8
5	28	EmmaGrace FITCH	#1	Suffolk County (N	1:15.13		4/1
6	32	Shivangi SHARMA	#2	Queensborough (	1:22.96		4/9
7	33	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	1:26.02		4/9
8	35	Kelin ZHU	#2	Queensborough (	1:28.97		4/3

Women's 400 Meter Hurdles

1	7	Caitlin KEGHLIAN	#1	Suffolk County (N	DI 1:16.47		4/22
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Women's 800 Meters

1	9	Nicole DIOH	#6	CCRI	DI 2:39.52		4/22
2	11	Emma VIELHAUER	#5	FIT (N.Y.)	DI 2:40.56		4/2
3	13	Madison SOHL	#4	Nassau (N.Y.) CC	DI 2:41.84		4/8
4	16	Eleni TORRES	#4	Nassau (N.Y.) CC	2:44.87		4/23
5	20	Yasmeen ARAUJO	#1	Suffolk County (N	2:47.91		4/22
6	27	Sara LAGOWSKI	#1	Suffolk County (N	2:53.12		4/22
7	29	Melissa MERONE	#1	Suffolk County (N	2:54.84		4/1
8	30	Angelina GUEVARA	#1	Suffolk County (N	2:55.05		4/8
9	34	EmmaGrace FITCH	#1	Suffolk County (N	2:57.24		4/8
10	40	Arianna ARAUJO	#1	Suffolk County (N	3:02.62		4/22

Women's 1500 Meters

1	12	Nicole DIOH	#6	CCRI	5:44.11		3/26
2	13	Andrea DISTEFANO	#5	FIT (N.Y.)	5:45.13		4/23
3	15	Yasmeen ARAUJO	#1	Suffolk County (N	5:54.24		4/1
4	19	Melissa MERONE	#1	Suffolk County (N	6:05.10		4/1
5	23	Arianna ARAUJO	#1	Suffolk County (N	6:21.27		4/1
6	29	Valerie MUSE	#2	Queensborough (	7:24.09		3/26

Women's 5000 Meters

1	4	Yasmeen ARAUJO	#1	Suffolk County (N	DI 20:13.78		4/22
2	10	Arianna ARAUJO	#1	Suffolk County (N	22:39.63		4/22

Women's 10,000 Meters

1	2	Yasmeen ARAUJO	#1	Suffolk County (N	DI 43:19.12		4/8
2	3	Arianna ARAUJO	#1	Suffolk County (N	DI 48:25.66		4/8

Women's 4x100 Relay

1	2	Jiana HALL, Stephane HONORE, Caitlin KEGHLIAN, Oceane ODE	#1	Suffolk County (N	DI 50.33		4/1
2	8	Valerie MUSE, Kelin ZHU, Shivangi SHARMA, Kaylah ATTIS	#2	Queensborough (	1:02.61		4/22
3	9	Brashauna DEFREITAS, Samantha HARRISON, Lauren SHALER, Aubree DOMAGALA	#3	Onondaga (N.Y.) (	1:06.70		4/9

Women's 4x400 Relay

1	6	Oceane ODE, Jiana HALL, Stephane HONORE, Caitlin KEGHLIAN	#1	Suffolk County (N	4:53.87		4/1
2	8	Valerie MUSE, Kelin ZHU, Shivangi SHARMA, Arielle ALLERT	#2	Queensborough (	5:33.80		4/22

Women's 4x800 Relay

1	4	Valerie MUSE, Kelin ZHU, Shivangi SHARMA, Christina CHATTAN	#2	Queensborough (	13:54.65		4/22
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Women's High Jump

1	6	Angelina GUEVARA	#1	Suffolk County (N	DI 1.46m	<i>4-9½</i>	4/8
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Women's Pole Vault

1	6	Rachel BERLIN	#1	Suffolk County (N	DI 2.30m	<i>7-6½</i>	4/16
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Women's Long Jump

1	23	Angelina GUEVARA	#1	Suffolk County (N	4.14m	<i>13-7 (0.1)</i>	4/8
2	33	Melanie PALMACCIO	#1	Suffolk County (N	3.80m	<i>12-5¾ (0.2)</i>	4/8
3	35	Valerie MUSE	#2	Queensborough (	3.52m		4/22
4	38	Kelin ZHU	#2	Queensborough (	3.22m	<i>10-6¾ (0.0)</i>	4/3



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Northeast

Women's Shot Put

1	1	Jaimee STARZEE	#1	Suffolk County (N	11.02m	36-2	4/8
2	2	Morgan KEULER	#1	Suffolk County (N	11.00m	36-1¼	4/8
3	10	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	8.94m	29-4	4/8
4	13	Brashauna DEFREITAS	#3	Onondaga (N.Y.) (	8.52m	27-11½	4/9
5	21	Samantha HARRISON	#3	Onondaga (N.Y.) (	7.65m	25-1¼	4/22
6	24	Lauren SHALER	#3	Onondaga (N.Y.) (	7.55m	24-9¼	4/16
7	25	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	7.50m	24-7¼	4/1
8	28	Kaylah ATTIS	#2	Queensborough (	7.40m	24-3½	4/3
9	32	Tionnal DAVIS	#2	Queensborough (	6.70m	21-11¾	4/9
10	34	Cassandra LAWSON	#7	Sullivan County (I	6.42m	21-¾	4/9

Women's Discus

1	6	Morgan KEULER	#1	Suffolk County (N	28.61m	93-10½	4/1
2	7	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	27.30m	89-6¾	4/22
3	9	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	27.14m	89-½	4/16
4	12	Samantha HARRISON	#3	Onondaga (N.Y.) (	25.69m	84-3½	4/22
5	14	Kaylah ATTIS	#2	Queensborough (	25.50m	83-8	4/22
6	15	Jaimee STARZEE	#1	Suffolk County (N	25.29m	82-11¾	4/8
7	19	Cassandra LAWSON	#7	Sullivan County (I	20.90m	68-7	4/23
8	22	Lauren SHALER	#3	Onondaga (N.Y.) (	19.57m	64-2½	4/22
9	25	Tionnal DAVIS	#2	Queensborough (	17.50m	57-5	4/9
10	27	Arielle ALLERT	#2	Queensborough (	16.70m	54-9½	4/22

Women's Hammer

1	4	Lauren SHALER	#3	Onondaga (N.Y.) (	25.59m	83-11½	4/22
2	7	Jaimee STARZEE	#1	Suffolk County (N	19.64m	64-5¼	4/16
3	8	Kaylah ATTIS	#2	Queensborough (	19.56m	64-2¼	4/9
4	10	Tionnal DAVIS	#2	Queensborough (	19.00m	62-4	4/9

Women's Javelin

1	15	Kimberlee SOKOLOWSKI	#1	Suffolk County (N	18.56m	60-10¾	4/1
2	16	Kaylah ATTIS	#2	Queensborough (	18.32m	60-1¼	4/22
3	17	Samantha HARRISON	#3	Onondaga (N.Y.) (	17.92m	58-9½	4/9
4	18	Morgan KEULER	#1	Suffolk County (N	17.82m	58-5¾	4/8
5	20	Aubree DOMAGALA	#3	Onondaga (N.Y.) (	16.99m	55-9	4/9
6	25	Arielle ALLERT	#2	Queensborough (	13.62m	44-8¼	4/22
7	27	Angelina GUEVARA	#1	Suffolk County (N	11.30m	37-1	4/8

Women's Heptathlon

1	1	Angelina GUEVARA	#1	Suffolk County (N:Q	2,670		4/8
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