



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2023 Week #5, April 24

as of 4/24/2023 7:38:50 AM

Central

Men's 100 Meters

1	2	Noah MACK	#2 DuPage (Ill.)	DI 10.69	(2.0)	4/14
2	3	Cory STOLL	#1 Mineral Area (Mo)	DI 10.91w	(3.0)	4/15
3	4	Jerette PASSERO	#3 Harper (Ill.)	DI 11.08w	(3.6)	4/15
4	5	Hunter CARY	#1 Mineral Area (Mo)	DI 11.11	(1.3)	3/31
5	6	Sie'ntez LERMA	#1 Mineral Area (Mo)	DI 11.12	(0.2)	3/24
6	7	Ezekiel JATTO	#4 Howard (Md.) CC	DI 11.13w	(2.1)	4/22
7	9	Fred MCCRAY	#9 Delaware County	DI 11.19	(-0.9)	4/21
8	10	Koby CUSTODIO	#4 Howard (Md.) CC	DI 11.22	(1.5)	3/3
9	11	Jaelyn WILLIAMS	#3 Harper (Ill.)	DI 11.23w	(3.1)	4/15
9	11	Mark BAVARO	#3 Harper (Ill.)	DI 11.23	(1.4)	4/15

Men's 110 Meter Hurdles

1	2	Hunter CARY	#1 Mineral Area (Mo)	DI 15.13	(-2.5)	4/15
2	8	Graham MCANINCH	#2 DuPage (Ill.)	DI 17.12	(1.6)	4/1
3	16	Mitchell MEYER	#1 Mineral Area (Mo)	DI 19.34	(-0.3)	4/22
4	19	Thomas KLING	#2 DuPage (Ill.)	DI 20.41	(0.0)	4/14
5	21	Alexander ZAKY	#4 Howard (Md.) CC	DI 23.01w	(2.6)	4/8

Men's 200 Meters

1	1	Noah MACK	#2 DuPage (Ill.)	DI 21.39w	(3.2)	4/14
2	2	Sie'ntez LERMA	#1 Mineral Area (Mo)	DI 21.62w	(3.0)	4/15
3	3	Jerette PASSERO	#3 Harper (Ill.)	DI 22.14w	(3.1)	4/15
4	4	Cory STOLL	#1 Mineral Area (Mo)	DI 22.23	(1.7)	4/15
5	9	Mark BAVARO	#3 Harper (Ill.)	DI 22.62w	(3.9)	4/15
6	12	Koby CUSTODIO	#4 Howard (Md.) CC	DI 22.73	(1.1)	3/3
7	13	Tylen PETERS	#3 Harper (Ill.)	DI 22.86		3/3
8	15	Dylan MORRISON	#1 Mineral Area (Mo)	DI 22.92	(1.4)	4/15
9	17	Jaelyn WILLIAMS	#3 Harper (Ill.)	DI 23.00w	(3.9)	4/15
9	17	Fred MCCRAY	#9 Delaware County	DI 23.00	(-0.6)	4/21

Men's 400 Meters

1	1	Sie'ntez LERMA	#1 Mineral Area (Mo)	DI 49.52		4/15
2	5	Graham MCANINCH	#2 DuPage (Ill.)	DI 51.02		4/1
3	6	Koby CUSTODIO	#4 Howard (Md.) CC	DI 51.08		4/22
4	7	Noah MACK	#2 DuPage (Ill.)	DI 51.15		4/22
5	8	Mark ALDAY	#3 Harper (Ill.)	DI 51.24		4/15
6	10	Dylan MORRISON	#1 Mineral Area (Mo)	DI 51.31		4/15
7	11	Brenton LONG	#3 Harper (Ill.)	DI 51.38		4/7
8	12	Derrick ERDMAN	#2 DuPage (Ill.)	DI 51.41		4/14
9	14	Joshua DEVEAUX	#5 Thaddeus Steve	DI 51.56		3/31
10	16	Alexander ZAKY	#4 Howard (Md.) CC	DI 52.13		4/22

Men's 400 Meter Hurdles

1	1	Graham MCANINCH	#2 DuPage (Ill.)	DI 56.03		4/14
2	3	Hunter SHAWLEY	#5 Thaddeus Steve	DI 57.43		3/25
3	6	Alex MENDEZ	#2 DuPage (Ill.)	DI 1:00.41		4/14
4	7	Hunter ZEHNER	#5 Thaddeus Steve	DI 1:00.63		3/25
5	9	Rashid BLACKMON	#8 Prince George's	DI 1:01.35		3/24
6	14	Diego FARIAS	#3 Harper (Ill.)	DI 1:02.36		4/15
7	15	Mitchell MEYER	#1 Mineral Area (Mo)	DI 1:02.88		4/7
8	16	Michael SANDERS	#6 Joliet (Ill.) JC	DI 1:03.55		4/22
9	17	Timothy BRYANT	#3 Harper (Ill.)	DI 1:03.66		4/15
10	26	Toby BROWN	#1 Mineral Area (Mo)	DI 1:12.33		4/22

Men's 800 Meters

1	1	Bradley AHRENS	#1 Mineral Area (Mo)	DI 1:55.52		4/7
2	4	Remy JANKUSKY	#3 Harper (Ill.)	DI 1:59.46		4/15
3	5	Marcos JAIMES	#3 Harper (Ill.)	DI 1:59.53		4/22
4	6	Anthony EDDY	#2 DuPage (Ill.)	DI 2:00.50		4/14
5	9	Sebastian ESPARZA	#2 DuPage (Ill.)	DI 2:01.78		2/17
6	10	Matt CLARK	#6 Joliet (Ill.) JC	DI 2:01.98		4/7
7	12	Randy ALMARALEZ	#2 DuPage (Ill.)	DI 2:02.68		2/11
8	13	Eian BUTLER	#4 Howard (Md.) CC	DI 2:03.01		4/8
9	14	Daniel ZAVALA	#6 Joliet (Ill.) JC	DI 2:03.30		4/14
10	15	Levi WIEGAND	#1 Mineral Area (Mo)	DI 2:03.43		4/7

Men's 1500 Meters

1	1	Bradley AHRENS	#1 Mineral Area (Mo)	Q 3:58.75		3/3
2	4	Remy JANKUSKY	#3 Harper (Ill.)	DI 4:06.40		4/22
3	6	Anthony EDDY	#2 DuPage (Ill.)	DI 4:06.47		4/14
4	8	Sheldon POWELL	#2 DuPage (Ill.)	DI 4:10.68		2/4
5	11	Randy ALMARALEZ	#2 DuPage (Ill.)	DI 4:13.32		2/17
6	12	Sebastian ESPARZA	#2 DuPage (Ill.)	DI 4:13.61		4/14
7	13	Matt CLARK	#6 Joliet (Ill.) JC	DI 4:13.89		2/17
8	16	Daniel ZAVALA	#6 Joliet (Ill.) JC	DI 4:15.48		2/17
9	17	Nicholas KEELING	#2 DuPage (Ill.)	DI 4:15.75		2/4
10	18	Albert SZEWCZYK	#3 Harper (Ill.)	DI 4:15.84		3/3

Men's Steeplechase

1	3	Sheldon POWELL	#2 DuPage (Ill.)	DI 10:28.78		4/14
2	4	Andrew CIARLETTE	#6 Joliet (Ill.) JC	DI 10:28.85		4/14
3	6	Levi WIEGAND	#1 Mineral Area (Mo)	DI 10:59.64		4/15
4	7	Axel HUERTA	#2 DuPage (Ill.)	DI 11:01.56		4/22
5	13	Hunter ZEHNER	#5 Thaddeus Steve	DI 12:07.95		4/22
6	15	Dominic VERI	#4 Howard (Md.) CC	DI 13:10.81		3/31

Men's 5000 Meters

1	2	Bradley AHRENS	#1 Mineral Area (Mo)	DI 15:32.20		4/15
2	6	Albert SZEWCZYK	#3 Harper (Ill.)	DI 16:00.47		4/22
3	7	Jacob ARNOLD	#1 Mineral Area (Mo)	DI 16:02.97		4/15
4	8	Nicholas KEELING	#2 DuPage (Ill.)	DI 16:03.17		4/22
5	9	Caleb DEBOER	#2 DuPage (Ill.)	DI 16:05.71		4/22
6	10	Anthony EDDY	#2 DuPage (Ill.)	DI 16:06.02		4/22
7	11	Elijah MYERS	#1 Mineral Area (Mo)	DI 16:11.43		1/27
8	13	Sheldon POWELL	#2 DuPage (Ill.)	DI 16:18.98		4/7
9	14	Devin ST. CLAIR	#1 Mineral Area (Mo)	DI 16:24.81		3/24
10	15	Timothy O'LEARY	#2 DuPage (Ill.)	DI 16:34.98		2/17



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as of 4/24/2023 7:38:51 AM

Central

Men's 10,000 Meters

1	1	Albert SZEWCZYK	#3 Harper (Ill.)	DI 31:58.93	4/7
2	2	Jacob ARNOLD	#1 Mineral Area (Mo.)	DI 34:17.10	3/31
3	3	Caleb DEBOER	#2 DuPage (Ill.)	DI 34:27.19	4/1
4	4	Nicholas KEELING	#2 DuPage (Ill.)	DI 34:29.61	4/1
5	5	Andrew CIARLETTE	#6 Joliet (Ill.) JC	DI 34:54.99	4/7
6	6	Devin ST. CLAIR	#1 Mineral Area (Mo.)	DI 35:10.55	3/31
7	7	Elijah MYERS	#1 Mineral Area (Mo.)	DI 35:58.73	3/31
8	8	Trevor MAY	#3 Harper (Ill.)	DI 36:02.61	4/7
9	11	Ryan DRYSCH	#6 Joliet (Ill.) JC	DI 36:37.65	4/7
10	12	Timothy O'LEARY	#2 DuPage (Ill.)	DI 37:02.44	4/1

Men's 4x100 Relay

1	3	Sie'ntez LERMA, Anthony TREADWELL, Dylan MORRISON, Cory STOLL	#1 Mineral Area (Mo.)	DI 43.69	4/7
2	4	Mark BAVARO, Timothy BRYANT, Jaelyn WILLIAMS, Jerette PASSERO	#3 Harper (Ill.)	DI 43.73	4/15
3	5	Ezekiel JATTO, Koby CUSTODIO, Logan YOUNG, Kamren BELT	#4 Howard (Md.) CC	DI 43.78	4/15
4	6	Gabriel PARKER, Noah MACK, Aubrey OBERSHAN, Tramere CORNELIUS	#2 DuPage (Ill.)	DI 43.98	4/7
5	9	Tarius JACKSON, Hunter SHAWLEY, Zachary STOUTT, Joshua GIBSON	#5 Thaddeus Steve	DI 44.88	3/31
6	12	Javon WATTS, Chris GBAKINRO, Maurice FRANKLIN, Rashid BLACKMON	#8 Prince George's	DI 45.30	4/15
7	16	Cameron EASLEY, Jamari JOHNSON, Conner STANLEY, Tahli CLANTON	#10 Patrick & Henry	DI 46.54	4/8
8	17	Tyshaun BROOKS, Michael SANDERS, Joel ANYAN, Darren ANDERSON	#6 Joliet (Ill.) JC	DI 46.84	4/7

Men's 4x400 Relay

1	1	Marc ALDAY, Marcos JAIMES, Remy JANKUSKY, Brenton LONG	#3 Harper (Ill.)	DI 3:25.11	4/22
2	3	Alex MENDEZ, Derek ERDMAN, Randy ALMARALES, Graham MCANINCH	#2 DuPage (Ill.)	DI 3:26.05	4/14
3	4	Bradley AHRENS, Levi WIEGAND, Dylan MORRISON, Sie'ntez LERMA	#1 Mineral Area (Mo.)	DI 3:30.46	4/7
4	5	Alexander ZAKY, Koby CUSTODIO, Eian BUTLER, Kamren BELT	#4 Howard (Md.) CC	DI 3:30.73	3/31
5	8	Tarius JACKSON, Hunter SHAWLEY, Isaiah LAMISIN, Joshua DEVEAUX	#5 Thaddeus Steve	DI 3:36.46	3/31
6	9	Matt CLARK, Julian ROSENBACH, Collin LIPPE, Michael SANDERS	#6 Joliet (Ill.) JC	DI 3:37.29	4/14
7	12	Rashid BLACKMON, Chris GBAKINRO, Javon WATTS, Maurice FRANKLIN	#8 Prince George's	3:39.83	3/24

Men's 4x800 Relay

1	1	https://www.tfrrs.org/teams/685	#2 DuPage (Ill.)	DI 8:12.85	4/15
2	2	https://www.tfrrs.org/teams/98373	#1 Mineral Area (Mo.)	DI 8:15.64	3/25
3	3	https://www.tfrrs.org/teams/741	#3 Harper (Ill.)	DI 8:18.12	4/23
4	5	https://www.tfrrs.org/teams/106227	#6 Joliet (Ill.) JC	DI 8:37.32	2/4
5	6	Aiden JEFFERSON, Daniel ENBERG, Parker KILIAN, Zack SOUTHARD	#11 St. Charles (Mo.)	8:56.35	4/22

Men's High Jump

1	1	Jewleus BENNER	#5 Thaddeus Steve	DI 1.98m	6-6	3/31
2	2	Joel ANYAN	#6 Joliet (Ill.) JC	DI 1.93m	6-4	4/1
3	4	Hunter CARY	#1 Mineral Area (Mo.)	DI 1.85m	6-3/4	3/31
3	4	Gavin CARTWRIGHT	#1 Mineral Area (Mo.)	DI 1.85m	6-3/4	4/7
3	4	Austin DUNN	#1 Mineral Area (Mo.)	DI 1.85m	6-3/4	4/15
6	7	Alexander ZAKY	#4 Howard (Md.) CC	DI 1.83m	6-0	4/22
7	10	Jaedon SARDON	#3 Harper (Ill.)	DI 1.80m	5-10 3/4	4/15
8	12	Toby BROWN	#1 Mineral Area (Mo.)	DI 1.78m	5-10	3/24
8	12	Darren ANDERSON	#6 Joliet (Ill.) JC	DI 1.78m	5-10	2/11
10	17	Ny'Aud FRAZIER	#5 Thaddeus Steve	1.72m	5-7 3/4	4/8



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MEN — 2023 Week #5, April 24

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Central

Men's Pole Vault

1	1	Jack SAUDER	#2	DuPage (Ill.)	I:Q 4.60m	15-1	4/7
2	2	Matt GREENHOLT	#3	Harper (Ill.)	DI 4.13m	13-6½	4/22
3	5	Thomas KLING	#2	DuPage (Ill.)	DI 3.78m	12-4¾	4/1
4	6	Cody BISHOP	#1	Mineral Area (Mo)	DI 3.65m	11-11¾	2/17
5	7	James MAROMPON	#3	Harper (Ill.)	DI 3.60m	11-9¾	2/11
6	9	Tabor MAYES	#1	Mineral Area (Mo)	2.76m	9-½	1/27
7	12	Hunter CARY	#1	Mineral Area (Mo)	2.45m	8-½	3/31
8	13	Alexander ZAKY	#4	Howard (Md.) CC	2.35m	7-8½	4/8

Men's Long Jump

1	3	Cory STOLL	#1	Mineral Area (Mo)	DI 6.83m	22-5 (1.0)	3/24
2	6	Austin DUNN	#1	Mineral Area (Mo)	DI 6.54m		4/7
3	7	Anthony TREADWELL	#1	Mineral Area (Mo)	DI 6.47m		4/7
4	8	Hunter CARY	#1	Mineral Area (Mo)	DI 6.46m	21-2½ (0.9)	3/31
5	12	Noah MACK	#2	DuPage (Ill.)	DI 6.33mw	20-9¼ (4.5)	4/22
6	16	Gabriel PARKER	#2	DuPage (Ill.)	DI 6.16m		4/1
7	17	Ezekiel JATTO	#4	Howard (Md.) CC	6.14m	20-1¾ (-1)	4/22
8	18	Jaelyn WILLIAMS	#3	Harper (Ill.)	6.13m	20-1½ (0.0)	4/22
9	22	Jewleus BENNER	#5	Thaddeus Steve	5.99m	19-8 (-1.1)	3/31
10	27	Donovan MEDLEY	#4	Howard (Md.) CC	5.89m	19-4 (0.0)	3/25

Men's Triple Jump

1	5	Anthony TREADWELL	#1	Mineral Area (Mo)	DI 13.36m	43-10 (-4.1)	4/22
2	7	Austin DUNN	#1	Mineral Area (Mo)	DI 13.16m	43-2¼ (1.3)	4/22
3	12	Donovan MEDLEY	#4	Howard (Md.) CC	12.60m		4/8
4	16	Mohammed ALI	#2	DuPage (Ill.)	12.14mw	39-10 (3.9)	4/22
5	18	Gabriel PARKER	#2	DuPage (Ill.)	11.63m	38-2 (-0.2)	4/14
6	20	Elijah EGURIDU	#8	Prince George's	11.35m	37-3 (-0.5)	4/15
7	22	Koral FLINN	#2	DuPage (Ill.)	11.01m	36-1½	1/27
8	23	Harris MANCHO	#8	Prince George's	11.00m	36-1¼ (0.0)	3/24
9	25	Jayden SOCKA	#8	Prince George's	8.64m	28-4¼ (0.0)	4/15

Men's Shot Put

1	2	Kimani COFFEE	#7	Triton (Ill.)	DI 12.90m	42-4	2/17
1	2	Levi MAYER	#5	Thaddeus Steve	DI 12.90m	42-4	3/25
3	4	Dustyn KOCIS	#2	DuPage (Ill.)	DI 12.82m	42-¾	2/4
3	4	Trenton BRASWELL	#1	Mineral Area (Mo)	DI 12.82m	42-¾	2/11
5	6	Gavin POPEJOY	#5	Thaddeus Steve	DI 12.80m	42-0	4/15
6	9	Miguel MORAN	#4	Howard (Md.) CC	DI 12.18m	39-11½	3/25
7	11	Isaias LOPEZ	#2	DuPage (Ill.)	DI 11.80m	38-8¾	2/17
8	12	Dale PROPST	#1	Mineral Area (Mo)	DI 11.70m	38-4¾	4/15
9	14	Alexander ZAKY	#4	Howard (Md.) CC	11.45m	37-6¾	4/15
10	15	Hunter CARY	#1	Mineral Area (Mo)	11.38m	37-4	2/4

Men's Discus

1	1	Kimani COFFEE	#7	Triton (Ill.)	DI 43.20m	141-9	4/13
2	2	Trenton BRASWELL	#1	Mineral Area (Mo)	DI 41.44m	136-0	4/15
3	3	Dustyn KOCIS	#2	DuPage (Ill.)	DI 39.49m	129-7	4/22
4	4	Isaias LOPEZ	#2	DuPage (Ill.)	DI 39.48m	129-7	4/7
5	7	Alexander ZAKY	#4	Howard (Md.) CC	DI 38.45m	126-2	4/8
6	8	Miguel MORAN	#4	Howard (Md.) CC	DI 37.85m	124-2	3/3
7	10	Josh DUERR	#1	Mineral Area (Mo)	35.00m	114-10	3/24
8	11	Dale PROPST	#1	Mineral Area (Mo)	34.31m	112-7	4/15
9	12	Brandon MCMASTER	#9	Delaware Count	31.79m	104-4	3/25
10	14	Hunter CARY	#1	Mineral Area (Mo)	31.56m	103-7	4/7

Men's Hammer

1	4	Trenton BRASWELL	#1	Mineral Area (Mo)	DI 41.46m	136-0	4/22
2	5	Isaias LOPEZ	#2	DuPage (Ill.)	DI 41.35m	135-8	4/14
3	6	Dustyn KOCIS	#2	DuPage (Ill.)	DI 40.83m	134-0	4/22
4	8	Miguel MORAN	#4	Howard (Md.) CC	DI 36.89m	121-1	4/22
5	9	Kimani COFFEE	#7	Triton (Ill.)	DI 36.83m	120-10	4/13
6	10	Luke GAVIN	#2	DuPage (Ill.)	33.20m	108-11	4/7
7	12	Grant EATON	#1	Mineral Area (Mo)	30.39m	99-8½	4/15
8	13	Gavin POPEJOY	#5	Thaddeus Steve	27.19m	89-2½	4/22
9	14	Sam PEREZ	#7	Triton (Ill.)	26.04m	85-5¼	4/22
10	15	Dale PROPST	#1	Mineral Area (Mo)	25.55m	83-10	4/22

Men's Javelin

1	2	Kaleb HILYER	#5	Thaddeus Steve	Q 57.00m	187-0	4/15
2	3	Trenton BRASWELL	#1	Mineral Area (Mo)	DI 49.91m	163-9	4/15
3	4	Gavin POPEJOY	#5	Thaddeus Steve	DI 48.69m	159-9	4/15
4	5	Hunter CARY	#1	Mineral Area (Mo)	DI 45.34m	148-9	3/24
5	10	Dale PROPST	#1	Mineral Area (Mo)	DI 38.99m	127-11	4/15
6	11	Kamil DROZD	#3	Harper (Ill.)	DI 37.99m	124-8	4/22
7	12	Kimani COFFEE	#7	Triton (Ill.)	DI 37.90m	124-4	4/22
8	13	Thomas KLING	#2	DuPage (Ill.)	DI 37.66m	123-7	4/1
9	14	Gavin CARTWRIGHT	#1	Mineral Area (Mo)	DI 37.02m	121-6	4/22
10	19	Noah WINCH	#1	Mineral Area (Mo)	34.40m	112-11	4/15

Men's Decathlon

1	1	Hunter CARY	#1	Mineral Area (Mo)	5,685		3/31
2	2	Alexander ZAKY	#4	Howard (Md.) CC	4,870		4/8



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East

Men's 100 Meters

1	1	Charles BENICHOX	#2	Hudson Valley (I)	DI 10.62	(0.9)	4/21
2	8	Jessi JIMENEZ	#5	Middlesex County	DI 11.17	(-1.2)	4/15
3	13	Michael BUSBEE	#6	Camden County	DI 11.29	(-0.2)	4/21
4	15	Khalif HORTON	#1	RCSJ Gloucester	DI 11.36	(0.3)	4/7
4	15	Keenan CANNON	#3	Mohawk Valley (I)	DI 11.36	(0.3)	4/21
6	20	James COLEMAN	#1	RCSJ Gloucester	DI 11.46	(-0.3)	3/30
7	23	Zach WILECZEK	#1	RCSJ Gloucester	11.49	(0.0)	4/21
7	23	Daniel BARRERA	#3	Mohawk Valley (I)	11.49	(1.9)	4/21
7	23	Simba MAZARURA	#6	Camden County	11.49	(-0.2)	4/21
10	33	Hayden DAY	#3	Mohawk Valley (I)	11.57w	(2.4)	4/15

Men's 110 Meter Hurdles

1	4	Demetrius WILLIAMS	#2	Hudson Valley (I)	DI 16.02w	(2.9)	4/21
2	6	Brian REILE	#4	Herkimer County	DI 16.43w	(3.2)	4/15
3	7	Tommy ECCLESTON	#8	SUNY Broome County	DI 16.52	(1.5)	4/21
4	11	Xavier HUGHES	#2	Hudson Valley (I)	17.93w	(2.9)	4/21
5	12	Dylan LAWLESS	#2	Hudson Valley (I)	18.08w	(2.9)	4/21

Men's 200 Meters

1	5	Jessi JIMENEZ	#5	Middlesex County	DI 22.24w	(4.3)	3/24
2	6	James COLEMAN	#1	RCSJ Gloucester	DI 22.41	(1.4)	4/21
3	7	Khalif HORTON	#1	RCSJ Gloucester	DI 22.49	(-0.6)	4/21
4	10	Charles BENICHOX	#2	Hudson Valley (I)	DI 22.69	(1.7)	3/26
5	20	Michael BUSBEE	#6	Camden County	DI 23.08	(-0.1)	4/21
6	21	Simba MAZARURA	#6	Camden County	DI 23.22	(-0.1)	4/21
7	25	Hayden DAY	#3	Mohawk Valley (I)	DI 23.57	(1.4)	4/15
8	26	Zach WILECZEK	#1	RCSJ Gloucester	DI 23.58	(-0.4)	3/30
9	30	Ben ROSS	#2	Hudson Valley (I)	23.76w	(3.6)	4/21
10	46	Demetrius WILLIAMS	#2	Hudson Valley (I)	24.19	(1.1)	3/26

Men's 400 Meters

1	3	James COLEMAN	#1	RCSJ Gloucester	DI 50.93		4/21
2	4	Jessi JIMENEZ	#5	Middlesex County	DI 50.94		3/24
3	9	Jan NOLASCO	#5	Middlesex County	DI 51.28		4/15
4	13	Khalif HORTON	#1	RCSJ Gloucester	DI 51.54		4/21
5	19	Giorgio BRUNO	#1	RCSJ Gloucester	DI 52.32		4/15
6	22	Zach WILECZEK	#1	RCSJ Gloucester	52.73		4/21
7	27	Anthony JOHNSON	#2	Hudson Valley (I)	53.32		4/21
8	30	Maurice HERNANDEZ	#5	Middlesex County	53.70		3/24
9	34	Allen BOOTH	#4	Herkimer County	54.01		4/7
10	42	Ben DIZER	#8	SUNY Broome County	54.93		4/15

Men's 400 Meter Hurdles

1	2	Giorgio BRUNO	#1	RCSJ Gloucester	DI 56.94		4/21
2	5	Landon KEPPEL	#4	Herkimer County	DI 59.74		4/15
3	8	Demetrius WILLIAMS	#2	Hudson Valley (I)	DI 1:00.72		4/1
4	10	Tom BELL	#5	Middlesex County	DI 1:01.85		4/22
5	11	Maurice HERNANDEZ	#5	Middlesex County	DI 1:01.96		4/22
6	13	Xavier HUGHES	#2	Hudson Valley (I)	DI 1:02.34		3/26

Men's 800 Meters

1	3	Anas BENSABUD	#1	RCSJ Gloucester	DI 1:58.72		4/21
2	7	Joshua CASON	#6	Camden County	DI 2:00.74		4/21
3	11	Angelo BOTTEON	#5	Middlesex County	DI 2:02.04		4/22
4	17	Omar MOHAMED	#3	Mohawk Valley (I)	DI 2:04.22		4/15
5	18	Allen BOOTH	#4	Herkimer County	2:05.06		4/21
6	19	Derek WYLLIE	#1	RCSJ Gloucester	2:05.26		4/21
7	23	Charlie HEPLER	#1	RCSJ Gloucester	2:07.04		4/21
8	24	Jan NOLASCO	#5	Middlesex County	2:07.08		3/24
9	35	Avion HARRIS	#4	Herkimer County	2:09.18		4/7
10	39	Conner SMITH	#8	SUNY Broome County	2:09.68		4/21

Men's 1500 Meters

1	3	Joshua CASON	#6	Camden County	DI 4:04.96		4/21
2	7	Omar MOHAMED	#3	Mohawk Valley (I)	DI 4:10.19		4/15
3	9	Avion HARRIS	#4	Herkimer County	DI 4:11.05		4/15
4	10	Conner SMITH	#8	SUNY Broome County	DI 4:12.91		4/15
5	14	Anas BENSABUD	#1	RCSJ Gloucester	DI 4:13.99		4/15
6	15	Angelo BOTTEON	#5	Middlesex County	DI 4:15.02		4/15
7	31	Ryan KEENAN	#3	Mohawk Valley (I)	4:25.79		2/17
8	33	Enrique HERRERA	#6	Camden County	4:27.27		4/21
9	42	Josh ORMILON	#5	Middlesex County	4:32.63		4/15
10	44	Charlie HEPLER	#1	RCSJ Gloucester	4:33.22		4/7

Men's Steeplechase

1	1	Avion HARRIS	#4	Herkimer County	DI 10:09.18		4/21
2	2	Conner SMITH	#8	SUNY Broome County	DI 10:14.80		4/21
3	5	John ZIMMERMAN	#7	Finger Lakes (N.Y.)	DI 10:54.55		4/2
4	8	Michael OBERDORF	#7	Finger Lakes (N.Y.)	11:18.66		4/8
5	9	Josh ORMILON	#5	Middlesex County	11:18.67		4/22
6	10	Adam BLOUGH	#2	Hudson Valley (I)	11:51.79		4/21
7	17	Jesse EUSON	#3	Mohawk Valley (I)	13:59.84		4/1

Men's 5000 Meters

1	1	Conner SMITH	#8	SUNY Broome County	DI 15:24.09		4/7
2	4	Anas BENSABUD	#1	RCSJ Gloucester	DI 15:54.01		4/21
3	5	Joshua CASON	#6	Camden County	DI 15:55.33		4/7
4	19	Charlie HEPLER	#1	RCSJ Gloucester	DI 16:44.79		4/21
5	22	John ZIMMERMAN	#7	Finger Lakes (N.Y.)	17:11.95		2/17
6	25	Mike ABATE	#1	RCSJ Gloucester	17:18.36		3/30
7	29	Enrique HERRERA	#6	Camden County	17:31.48		4/7
8	31	Avion HARRIS	#4	Herkimer County	17:44.94		4/1
9	33	Jacob DIGIOVANNI	#7	Finger Lakes (N.Y.)	18:32.81		4/8
10	35	Benjamin KELLUM	#1	RCSJ Gloucester	18:43.63		4/21

Men's 10,000 Meters

1	10	Mike ABATE	#1	RCSJ Gloucester	DI 36:19.58		4/7
2	13	Jacob DIGIOVANNI	#7	Finger Lakes (N.Y.)	DI 38:20.20		4/2



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2023 Week #5, April 24

as of 4/24/2023 7:38:52 AM

East

Men's 4x100 Relay

1	1	Tom BELL, Axel ROMERO, Jessi JIMENEZ, Matthew SUTTON	#5 Middlesex County	DI 43.36	4/15
2	2	Giorgio BRUNO, James COLEMAN, Khalif HORTON, Zach WILECZEK	#1 RCSJ Gloucester	DI 43.61	4/21
3	11	Jonathan HANNA, Dylan LAWLESS, Brooks ROBSON, Daniel HONSINGER	#2 Hudson Valley (I)	DI 45.21	4/15
4	13	Ainsley DALEY, Chris MILLER, Kris MATTHEWS, Simba MAZARURA	#6 Camden County	DI 46.19	3/30
5	18	DeShawn OWENS, Nasir CARR, Jose RIVERA, Memphis LOHNES	#7 Finger Lakes (N.)	DI 46.90	4/14
6	19	Nokio KENNEDY, Abdulhamid WILLIAMS, Joaquin NIETES, Brian REILE	#4 Herkimer County	48.38	4/1
7	20	Ben DIZER, Tommy ECCLESTON, Dandre JAMES, Daniel LAMB	#8 SUNY Broome County	49.45	4/15

Men's 4x400 Relay

1	2	Tom BELL, Jessi JIMENEZ, Jan NOLASCO, Maurice HERNANDEZ	#5 Middlesex County	DI 3:25.96	4/22
2	10	Allen BOOTH, Landon KEPPEL, Joaquin NIETES, Avion HARRIS	#4 Herkimer County	3:38.73	4/21
3	11	Anthony JOHNSON, Xavier HUGHES, Ben ROSS, Charles BENICHOX	#2 Hudson Valley (I)	3:39.14	4/1
4	13	Anas BENSABOUD, James COLEMAN, Khalif HORTON, Zach WILECZEK	#1 RCSJ Gloucester	3:41.15	4/7
5	14	John ZIMMERMAN, Memphis LOHNES, DeShawn OWENS, Michael OBERDORF	#7 Finger Lakes (N.)	3:51.46	4/8
6	15	Eric DEHART, Ben DIZER, Daniel LAMB, Damian TERRELL	#8 SUNY Broome County	3:52.15	4/21

Men's 4x800 Relay

1	4	https://www.tfrrs.org/teams/554	#1 RCSJ Gloucester	DI 8:23.53	4/23
2	7	Ryan JENKINS, Landon KEPPEL, Allen BOOTH, Avion HARRIS	#4 Herkimer County	9:00.20	4/21

Men's High Jump

1	3	Brian REILE	#4 Herkimer County	DI 1.87m	6-1½	2/17
2	7	Keenan CANNON	#3 Mohawk Valley (I)	DI 1.83m	6-0	4/21
3	9	Simba MAZARURA	#6 Camden County	DI 1.81m	5-11¼	4/7
4	10	Jonathan HANNA	#2 Hudson Valley (I)	DI 1.80m	5-10¾	4/21
5	20	Tommy ECCLESTON	#8 SUNY Broome County	1.68m	5-6	4/15
6	22	Khalif HORTON	#1 RCSJ Gloucester	1.66m	5-5¼	4/7
6	22	Omar MOHAMED	#3 Mohawk Valley (I)	1.66m	5-5¼	1/27
8	24	Dylan LAWLESS	#2 Hudson Valley (I)	1.65m	5-5	4/8
8	24	Jude AKUDINOBI	#5 Middlesex County	1.65m	5-5	4/15

Men's Pole Vault

1	3	Memphis LOHNES	#7 Finger Lakes (N.)	DI 4.10m	13-5¼	4/22
2	4	Aden HOLLENBECK	#8 SUNY Broome County	DI 3.80m	12-5½	4/7
3	11	Brian REILE	#4 Herkimer County	2.55m	8-4¼	4/21

Men's Long Jump

1	1	Keenan CANNON	#3 Mohawk Valley (I)	DI 7.10m	23-3½	2/11
2	4	Brooks ROBSON	#2 Hudson Valley (I)	DI 6.64mw	21-9½ (3.0)	3/26
3	5	Brian REILE	#4 Herkimer County	DI 6.63m	21-9	2/17
4	9	Kaden STEVENS	#9 Bergen (N.J.) CC	DI 6.38m	20-11¼ (0.3)	3/31
5	11	Jonathan HANNA	#2 Hudson Valley (I)	DI 6.34mw	20-9¾ (2.7)	3/26
6	13	Hayden DAY	#3 Mohawk Valley (I)	DI 6.22m	20-5 (0.0)	4/15
7	14	Matthew SUTTON	#5 Middlesex County	DI 6.19m		4/15
8	15	Daniel HONSINGER	#2 Hudson Valley (I)	DI 6.18mw	20-3½ (5.8)	4/21
9	19	Dandre JAMES	#8 SUNY Broome County	6.02m	19-9 (1.4)	4/21
10	21	DeShawn OWENS	#7 Finger Lakes (N.)	6.00m	19-8¼ (0.4)	4/22

Men's Triple Jump

1	1	Brooks ROBSON	#2 Hudson Valley (I)	DI 13.96m	45-9¾ (0.9)	4/21
2	2	Kaden STEVENS	#9 Bergen (N.J.) CC	DI 13.67m		4/22
3	3	Keenan CANNON	#3 Mohawk Valley (I)	DI 13.46m	44-2 (0.2)	4/7
4	7	Dandre JAMES	#8 SUNY Broome County	DI 13.16mw	43-2¼ (3.1)	4/21
5	9	Matthew SUTTON	#5 Middlesex County	DI 13.00m	42-8 (0.3)	4/22
6	10	James COLEMAN	#1 RCSJ Gloucester	DI 12.71m	41-8½ (0.2)	4/21
7	11	Jay BOWMAN	#3 Mohawk Valley (I)	DI 12.67m	41-7	1/27
8	13	Simba MAZARURA	#6 Camden County	12.44m	40-9¾ (0.0)	4/21
9	15	Joaquin NIETES	#4 Herkimer County	12.28m	40-3¾ (1.0)	4/15
10	17	Hayden DAY	#3 Mohawk Valley (I)	11.83mw	38-9¾ (2.6)	4/1

Men's Shot Put

1	1	Chris GUERRIERI	#1 RCSJ Gloucester	Q 15.57m	51-1	4/7
2	7	Jaylen WIMMS	#7 Finger Lakes (N.)	DI 12.70m	41-8	1/21
3	8	Guerin DUPUIS	#2 Hudson Valley (I)	DI 12.52m	41-1	4/15
4	10	Jalen GRAHAM	#2 Hudson Valley (I)	DI 11.90m	39-½	1/28
5	13	Yaman OKLLA	#8 SUNY Broome County	11.54m	37-10½	4/15
6	21	Aiden ALAXANIAN	#2 Hudson Valley (I)	10.62m	34-10¼	3/26
7	22	Alex BALDOSARO	#6 Camden County	10.52m	34-6¼	3/25
8	23	Robert FITZGERALD	#2 Hudson Valley (I)	10.08m	33-1	1/28
9	30	Evan HOPE	#1 RCSJ Gloucester	9.47m	31-1	4/21
10	31	Jimmy RILEY	#3 Mohawk Valley (I)	9.45m	31-0	4/7



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2023 Week #5, April 24

as of 4/24/2023 7:38:52 AM

East

Men's Discus

1	5	Michael TAYLOR	#1	RCSJ Gloucester DI	38.90m	127-8	4/21
2	6	Chris GUERRIERI	#1	RCSJ Gloucester DI	38.70m	127-0	4/21
3	9	Jalen GRAHAM	#2	Hudson Valley (I	36.78m	120-8	4/1
4	13	Jaylen WIMMS	#7	Finger Lakes (N.	31.59m	103-8	4/8
5	16	Jimmy RILEY	#3	Mohawk Valley (	30.22m	99-1¾	4/7
6	17	Aiden ALAXANIAN	#2	Hudson Valley (I	30.07m	98-8	4/8
7	22	Yaman OKLLA	#8	SUNY Broome Co	28.75m	94-4	4/21
8	26	Jordon LOVETT	#5	Middlesex Count	27.78m	91-1¾	4/15
9	27	Robert FITZGERALD	#2	Hudson Valley (I	27.18m	89-2¼	3/26
10	30	Bo JOHNZO	#3	Mohawk Valley (	24.84m	81-6	4/1

Men's Hammer

1	1	Michael TAYLOR	#1	RCSJ Gloucester DI	46.25m	151-9	4/21
2	2	Jalen GRAHAM	#2	Hudson Valley (I	45.77m	150-2	4/21
3	3	Chris GUERRIERI	#1	RCSJ Gloucester DI	41.86m	137-4	4/7
4	7	Robert FITZGERALD	#2	Hudson Valley (I	37.34m	122-6	4/21
5	11	Guerin DUPUIS	#2	Hudson Valley (I	30.96m	101-7	4/8
6	17	Evan HOPE	#1	RCSJ Gloucester	22.99m	75-5¼	4/21
7	18	Jimmy RILEY	#3	Mohawk Valley (	22.36m	73-4½	4/15
8	22	Bo JOHNZO	#3	Mohawk Valley (	16.06m	52-8¼	4/15
9	23	Dakata SAXE	#3	Mohawk Valley (	13.76m	45-1¾	4/15

Men's Javelin

1	1	Thomas FLANAGAN	#10	Union County (N:Q	58.05m	190-6	4/22
2	6	Jalen GRAHAM	#2	Hudson Valley (I	42.86m	140-8	3/26
3	8	Aiden ALAXANIAN	#2	Hudson Valley (I	39.63m	130-0	4/21
4	9	Alex BALDOSARO	#6	Camden County DI	39.25m	128-9	3/25
5	17	Daniel HONSINGER	#2	Hudson Valley (I	35.23m	115-7	3/26
6	18	Jason HAMMOND	#7	Finger Lakes (N.	34.70m	113-10	4/14
7	20	Jimmy RILEY	#3	Mohawk Valley (	34.14m	112-0	4/7
8	26	Gavin FERNAAYS	#7	Finger Lakes (N.	32.48m	106-7	4/14
9	31	Bo JOHNZO	#3	Mohawk Valley (	31.42m	103-1	4/15
10	32	Emin SKILJAN	#3	Mohawk Valley (	29.58m	97-¾	4/1

Men's Decathlon

1	3	Brian REILE	#4	Herkimer Count	4,428	4/21
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USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2023 Week #5, April 24

as of 4/24/2023 7:38:52 AM

Northeast

Men's 100 Meters

1	15	Marcello MASTROCCO	#2	Suffolk County (	DI 11.36	(0.4)	4/21
2	19	Ayoub ELFAHIM	#1	Queensborough	DI 11.38	(0.1)	4/7
3	30	Mohammad MOHAMMAD	#2	Suffolk County (	11.55	(0.5)	4/15
4	35	David ADEKOYA	#1	Queensborough	11.58	(1.3)	4/2
4	35	Jaaden HENRY	#2	Suffolk County (	11.58	(0.2)	4/21
6	38	Kedron GOLDEN	#4	Onondaga (N.Y.)	11.63	(1.4)	4/15
7	40	Derrick SPERLING	#3	Nassau (N.Y.) CC	11.73	(-0.2)	4/21
8	41	Isaiah LEE	#3	Nassau (N.Y.) CC	11.74	(-0.4)	4/15
9	44	Samuel ESTHERSON	#2	Suffolk County (	11.79	(0.0)	4/7
10	48	Malik DAVIS	#4	Onondaga (N.Y.)	11.85	(1.5)	4/21

Men's 110 Meter Hurdles

1	1	Samuel ESTHERSON	#2	Suffolk County (	DI 15.03	(1.8)	4/7
2	3	Tariq EARL	#2	Suffolk County (	DI 15.47	(0.0)	4/21
3	5	David ADEKOYA	#1	Queensborough	DI 16.42	(0.3)	4/2
4	9	Paul DOUGLAS	#1	Queensborough	DI 17.77		3/25
5	13	Carlos DIAZ	#4	Onondaga (N.Y.)	18.83	(1.0)	4/7
6	15	Chrisnel NICOLAS	#1	Queensborough	19.30		3/25
7	17	Andrew COLEMAN	#4	Onondaga (N.Y.)	19.88	(1.0)	4/7
8	20	Brian CRUZ	#1	Queensborough	22.20	(-1.6)	4/15
9	22	Arturo GISCOMBE	#1	Queensborough	31.16		3/25

Men's 200 Meters

1	8	Ayoub ELFAHIM	#1	Queensborough	DI 22.59w	(2.6)	4/7
2	11	Marcello MASTROCCO	#2	Suffolk County (	DI 22.72	(0.1)	4/21
3	14	David ADEKOYA	#1	Queensborough	DI 22.90		3/25
4	16	Jaaden HENRY	#2	Suffolk County (	DI 22.95	(1.0)	4/21
5	19	Mohammad MOHAMMAD	#2	Suffolk County (	DI 23.04	(1.0)	4/21
6	29	Michael BAILEY	#2	Suffolk County (	23.75	(-0.6)	3/31
7	34	Samuel ESTHERSON	#2	Suffolk County (	23.87	(1.0)	4/21
8	38	John ZARNOWSKI	#3	Nassau (N.Y.) CC	23.90		3/25
9	39	Tyreece DACOSTA	#3	Nassau (N.Y.) CC	23.92	(0.0)	4/21
10	42	Dontay TAYLOR	#5	Kingsborough (	24.00		3/25

Men's 400 Meters

1	2	Michael BAILEY	#2	Suffolk County (	DI 50.70		4/21
2	15	Ayoub ELFAHIM	#1	Queensborough	DI 51.80		1/13
3	20	David ADEKOYA	#1	Queensborough	DI 52.37		4/15
4	26	LeAndre SIMPSON	#1	Queensborough	53.12		2/26
5	28	Justin EWEKU	#1	Queensborough	53.41		4/15
6	32	Tyreece DACOSTA	#3	Nassau (N.Y.) CC	53.87		4/21
7	38	Luke CLACKETT	#2	Suffolk County (	54.30		3/31
8	46	Paul DOUGLAS	#1	Queensborough	55.19		4/7
9	53	Anthony BEARESE	#2	Suffolk County (	55.70		3/31
10	55	Rueben CHEONG	#3	Nassau (N.Y.) CC	55.86		4/21

Men's 400 Meter Hurdles

1	4	Luke CLACKETT	#2	Suffolk County (	DI 58.66		4/21
2	18	LeAndre SIMPSON	#1	Queensborough	1:03.82		3/25
3	19	Paul DOUGLAS	#1	Queensborough	1:04.46		4/2
4	20	David ADEKOYA	#1	Queensborough	1:05.78		4/7
5	22	Carlos DIAZ	#4	Onondaga (N.Y.)	1:10.69		4/7
6	23	Rueben CHEONG	#3	Nassau (N.Y.) CC	1:11.26		4/7
7	24	Arturo GISCOMBE	#1	Queensborough	1:12.29		4/2
8	25	Richard STAFFORD	#2	Suffolk County (	1:12.31		4/7
9	27	Brian CRUZ	#1	Queensborough	1:13.49		4/2

Men's 800 Meters

1	2	Jeffrey SIMMONS	#2	Suffolk County (	DI 1:58.49		4/21
2	8	Michael BURNS	#2	Suffolk County (	DI 2:01.71		4/21
3	26	Anthony BEARESE	#2	Suffolk County (	2:07.56		4/21
4	31	Renaediaz MILLER	#1	Queensborough	2:08.09		2/11
5	36	Douglas BURGESS	#3	Nassau (N.Y.) CC	2:09.25		4/15
6	43	LeAndre SIMPSON	#1	Queensborough	2:10.15		2/18
7	45	Logan FERRARI	#2	Suffolk County (	2:10.22		4/7
8	59	Oliver PEREZ	#3	Nassau (N.Y.) CC	2:14.15		3/25
9	62	Nickolas PIROVOLIKOS	#1	Queensborough	2:14.67		2/18
10	66	Thomas POVEROMO	#4	Onondaga (N.Y.)	2:15.84		4/15

Men's 1500 Meters

1	2	Michael BURNS	#2	Suffolk County (	DI 4:04.65		4/21
2	4	Logan FERRARI	#2	Suffolk County (	DI 4:06.40		4/21
3	30	Jeffrey SIMMONS	#2	Suffolk County (	4:23.31		4/21
4	35	Renaediaz MILLER	#1	Queensborough	4:28.41		4/2
5	38	Oliver PEREZ	#3	Nassau (N.Y.) CC	4:30.24		4/2
6	43	Thomas POVEROMO	#4	Onondaga (N.Y.)	4:32.97		4/15
7	51	Nickolas PIROVOLIKOS	#1	Queensborough	4:39.41		2/26
8	62	Peter HOFFMANN	#1	Queensborough	4:49.59		2/3
9	63	Douglas BURGESS	#3	Nassau (N.Y.) CC	4:53.11		4/2
10	65	Ryan TRENDLELL	#4	Onondaga (N.Y.)	4:57.27		4/15

Men's Steeplechase

1	11	Peter HOFFMANN	#1	Queensborough	11:59.63		4/2
2	14	Nickolas PIROVOLIKOS	#1	Queensborough	12:21.37		4/2
3	16	Karlo BALDONADO	#1	Queensborough	13:50.22		4/2

Men's 5000 Meters

1	3	Michael BURNS	#2	Suffolk County (	DI 15:51.91		4/21
2	12	Logan FERRARI	#2	Suffolk County (	DI 16:11.55		4/21
3	26	Renaediaz MILLER	#1	Queensborough	17:22.93		4/2
4	34	Peter HOFFMANN	#1	Queensborough	18:35.77		3/25
5	41	Matthew POLLACKOV	#6	FIT (N.Y.)	20:11.05		3/25
6	42	Karlo BALDONADO	#1	Queensborough	21:08.47		3/25

Men's 10,000 Meters

1	9	Renaediaz MILLER	#1	Queensborough	DI 36:13.10		4/7
2	14	Nickolas PIROVOLIKOS	#1	Queensborough	38:52.62		4/7



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2023 Week #5, April 24

as of 4/24/2023 7:38:52 AM

Northeast

Men's 4x100 Relay

1	7	David ADEKOYA, Justin EWEKA, LeAndre SIMPSON, Ayoub ELFAHIM	#1	Queensborough	DI 44.25	4/7
2	8	Marcello MASTROCCO, Mohammad MOHAMMAD, Jaaden HENRY, Samuel ESTHERSON	#2	Suffolk County (	DI 44.49	4/21
3	10	Derrick SPERLING, Isaiah LEE, Tyreece DACOSTA, Cameron POWELL	#3	Nassau (N.Y.) CC	DI 45.19	4/21
4	14	Andrew COLEMAN, Kedron GOLDEN, Thomas POVEROMO, Deyquan CRAWFORD	#4	Onondaga (N.Y.)	DI 46.48	4/15

Men's 4x400 Relay

1	6	Anthony BEARESE, Alexander EDGEHILL, Tariq EARL, Samuel ESTHERSON	#2	Suffolk County (	DI 3:34.21	3/25
2	7	https://www.tfrrs.org/teams/8055	#1	Queensborough	DI 3:36.40	2/18
3	17	https://www.tfrrs.org/teams/70564	#4	Onondaga (N.Y.)	4:23.63	1/27

Men's 4x800 Relay

1	8	Stanley CAZEAU, LeAndre SIMPSON, Paul DOUGLAS, Renaediaz MILLER	#1	Queensborough	9:04.35	4/7
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Men's High Jump

1	14	Dean GAGAN	#2	Suffolk County (	1.77m	5-9¾	4/21
2	15	Bryan GODETTE	#1	Queensborough	1.75m	5-8¾	4/15
3	17	Dillon POWELL	#3	Nassau (N.Y.) CC	1.72m	5-7¾	4/21
4	24	Paul DOUGLAS	#1	Queensborough	1.65m	5-5	4/2
5	27	Chrisnel NICOLAS	#1	Queensborough	1.61m	5-3¼	4/7
6	28	Brian CRUZ	#1	Queensborough	1.60m	5-3	4/15

Men's Pole Vault

1	8	Hunter DILLON	#2	Suffolk County (	3.55m	11-7¾	4/7
2	10	Chrisnel NICOLAS	#1	Queensborough	2.65m	8-8¼	4/7
3	14	Paul DOUGLAS	#1	Queensborough	2.29m	7-6	4/2

Men's Long Jump

1	10	Kedron GOLDEN	#4	Onondaga (N.Y.)	DI 6.37m	20-10¾ (0.2)	4/21
2	20	David ADEKOYA	#1	Queensborough	6.01m	19-8¾ (0.5)	4/2
3	23	Jahmire CRUZ	#3	Nassau (N.Y.) CC	5.94m	19-6 (0.0)	4/21
4	32	Marcello MASTROCCO	#2	Suffolk County (	5.77m	18-11¼ (0.2)	4/21
5	33	Paul DOUGLAS	#1	Queensborough	5.75m	18-10½ (0.2)	4/15
6	36	Jaaden HENRY	#2	Suffolk County (	5.57m	18-3¼ (0.2)	4/21
7	42	Chrisnel NICOLAS	#1	Queensborough	5.47m	17-11½	1/13
8	44	Henry ALMANZAR	#2	Suffolk County (	5.45mw	17-10¾ (3.0)	4/7
9	51	Dean GAGAN	#2	Suffolk County (	5.19m	17-½ (0.1)	4/2
10	57	Justin EWEKU	#1	Queensborough	4.81m		4/15

Men's Triple Jump

1	6	Kedron GOLDEN	#4	Onondaga (N.Y.)	DI 13.17mw	43-2½ (2.8)	4/21
2	14	Jahmire CRUZ	#3	Nassau (N.Y.) CC	12.32m	40-5 (0.0)	4/21
3	19	Chrisnel NICOLAS	#1	Queensborough	11.62m	38-1½	2/26
4	21	Henry ALMANZAR	#2	Suffolk County (	11.30m	37-1 (0.0)	4/21
5	24	Carlos DIAZ	#4	Onondaga (N.Y.)	10.43m	34-2¾	2/4

Men's Shot Put

1	18	Rodney YARBROUGH	#3	Nassau (N.Y.) CC	10.81m	35-5¾	4/7
2	24	Isaiah LEE	#3	Nassau (N.Y.) CC	9.93m	32-7	4/2
3	34	Chrisnel NICOLAS	#1	Queensborough	9.11m	29-10¾	2/26
4	36	Carter AURELIO	#4	Onondaga (N.Y.)	8.88m	29-1¾	4/15
5	37	Philip PARK	#1	Queensborough	8.82m	28-11¼	4/15
6	38	James KNIGHT	#3	Nassau (N.Y.) CC	8.78m	28-9¾	3/25
7	41	Paul DOUGLAS	#1	Queensborough	8.53m	28-0	4/7
8	47	Nyiem GREEN-POTTER	#1	Queensborough	8.03m	26-4¼	2/3

Men's Discus

1	21	Isaiah LEE	#3	Nassau (N.Y.) CC	29.00m	95-1¾	4/2
2	23	Rodney YARBROUGH	#3	Nassau (N.Y.) CC	28.50m	93-6	4/15
3	24	Chrisnel NICOLAS	#1	Queensborough	28.35m	93-¼	4/7
4	33	Carter AURELIO	#4	Onondaga (N.Y.)	24.56m	80-7	4/21
5	37	Paul DOUGLAS	#1	Queensborough	22.92m	75-2½	4/7
6	39	Philip PARK	#1	Queensborough	22.88m	75-¾	4/2
7	46	James KNIGHT	#3	Nassau (N.Y.) CC	17.65m	57-11	3/25
8	47	Henry ALMANZAR	#2	Suffolk County (	17.07m	56-0	4/7
9	48	Dillon POWELL	#3	Nassau (N.Y.) CC	16.22m	53-2¾	4/2

Men's Hammer

1	19	Carter AURELIO	#4	Onondaga (N.Y.)	22.10m	72-6¼	4/15
2	20	Philip PARK	#1	Queensborough	19.99m	65-7	4/2



Regional TFRI Event Summary

as of 4/24/2023 7:38:52 AM

Northeast

Men's Javelin

1	7	Rodney YARBROUGH	#3	Nassau (N.Y.) CC DI	41.34m	135-8	4/21
2	15	Carter AURELIO	#4	Onondaga (N.Y.)	36.26m	119-0	4/21
3	23	David ADEKOYA	#1	Queensborough	32.88m	107-11	4/7
4	24	Chrisnel NICOLAS	#1	Queensborough	32.85m	107-10	4/2
5	29	Andrew COLEMAN	#4	Onondaga (N.Y.)	31.69m	104-0	4/7
6	34	Bryan GODETTE	#1	Queensborough	28.63m	93-11¼	3/25
7	40	Dillon POWELL	#3	Nassau (N.Y.) CC	24.09m	79-½	4/21
8	41	Philip PARK	#1	Queensborough	23.78m	78-¼	4/2
9	48	James KNIGHT	#3	Nassau (N.Y.) CC	21.12m	69-3½	4/2
10	49	Paul DOUGLAS	#1	Queensborough	18.96m	62-2½	4/7

Men's Decathlon

1	4	Chrisnel NICOLAS	#1	Queensborough	4,040	4/7
2	5	Paul DOUGLAS	#1	Queensborough	3,913	4/7