



USTFCCA NCAA Division II Indoor Track & Field
Regional TFRI Event Summary

WOMEN — 2023 Week #1, January 23

as of 1/23/2023 10:28:41 AM

Atlantic

Women's 60 Meters

1	5	Divonne FRANKLIN	#9 California (Pa.)	P 7.40c	12/2
2	16	Leah GRAYBILL	#2 Shippensburg	P 7.55c	1/21
3	44	Jordyn HEAD	#12 Johnson C. Smitl	7.67c	12/3
4	51	Riyana OWENS	#19 Lock Haven	7.68c	1/20
5	61	Skylar BROWN	#22 Mansfield	7.72c	12/3
6	69	Aliyah SERRANO	#2 Shippensburg	7.75c	12/2
7	76	Destiny THOMPSON	#7 East Stroudsbu	7.77c	1/13
7	76	Ka'niya MCGOWAN	#8 Wheeling	7.77c	12/2
9	80	Davina NORMAN	#8 Wheeling	7.78c	12/9
10	85	Valerie BOARDS	#18 Frostburg State	7.79c	1/20
10	85	Ronee TUDOR	#14 Winston-Salem S	7.79c	1/14
10	85	Samantha GILBERT	#3 Slippery Rock	7.79c	12/2
10	85	Lydia CHAPPLE	#23 Livingstone	7.79c	12/9

Women's 60 Meter Hurdles

1	17	Isha SESAY	#8 Wheeling	P 8.69c	12/2
2	50	Aisha CARRINGTON	#15 Lincoln (Pa.)	9.01c	12/2
3	59	Jeanette JONES	#7 East Stroudsbu	9.05c	1/21
4	79	Layla SIMPSON	#12 Johnson C. Smitl	9.16c	1/22
5	83	Amique WILLIS	#14 Winston-Salem S	9.18c	1/22
5	83	Sasha LEE	#2 Shippensburg	9.18c	1/21
7	93	Hailey CARREON	#16 West Liberty Sta	9.20c	12/2
7	93	Jenay SOUMAHRO	#8 Wheeling	9.20c	12/9
9		De'Asia HOLLOMAN	#11 Millersville	9.22c	12/2
10		Jordyn HEAD	#12 Johnson C. Smitl	9.25c	12/3

Women's 200 Meters

1	3	Divonne FRANKLIN	#9 California (Pa.)	P 23.77c	1/21
2	6	Leah GRAYBILL	#2 Shippensburg	P 24.40c	1/21
3	32	Riyana OWENS	#19 Lock Haven	24.96c	1/20
4	35	Louanne POUZANCRE	#1 Charleston (W.V:	25.01c	12/2
5	41	Amaya WILLIAMS	#23 Livingstone	25.12c	1/22
6	57	Aliyah SERRANO	#2 Shippensburg	25.29c	12/2
7	78	Ka'niya MCGOWAN	#8 Wheeling	25.41c	12/9
8	80	Zoe ADAMS	Clafin	25.42c	12/4
9		Davina NORMAN	#8 Wheeling	25.59c	12/2
10		Nyasia WEATHERLY	#12 Johnson C. Smitl	25.61c	1/22
10		Valerie BOARDS	#18 Frostburg State	25.61c	12/2
10		Destiny THOMPSON	#7 East Stroudsbu	25.61c	1/13

Women's 400 Meters

1	18	Louanne POUZANCRE	#1 Charleston (W.V: P	56.66c	12/2
2	24	Zoe ADAMS	Clafin	57.04c	1/20
3	55	Kamani JOHNS	#15 Lincoln (Pa.)	58.13c	1/14
4	56	Caroline MASTRIA	#2 Shippensburg	58.19c	12/2
5	93	Teanna BELL	#4 Fayetteville Stat	59.05c	1/14
5	93	Raechel BONNER	#6 Kutztown	59.05c	12/2
7	99	Aubrey SYDNOR	#11 Millersville	59.10c	12/2
8		malaysia JOHNSON	#21 Saint Augustine'	59.20c	12/3
9		Desairey GRAY	Virginia State	59.46c	1/20
10		Cassidy KLINE	#25 Indiana (Pa.)	59.62c	12/2

Women's 800 Meters

1	44	Darby ROTH	#13 Seton Hill	2:18.07c	1/21
2		Lily DOWDELL	#1 Charleston (W.V:	2:21.76c	1/20
3		Emily WALLACE	Concord	2:23.97c	1/20
4		Anastasia FRATANDUONO	#6 Kutztown	2:24.40c	12/2
5		Kelsie ROBINSON	#10 Bloomsburg	2:24.41c	12/2
6		Ava BENDETTI	#6 Kutztown	2:24.63c	1/14
7		Emily MCDONNELL	#20 Clarion	2:24.83c	12/2
8		Shanae INGRAM	#4 Fayetteville Stat	2:25.19c	1/20
9		Repline CHEPTOO	#4 Fayetteville Stat	2:25.72c	1/21
10		Jazlynn CHURCH	#15 Lincoln (Pa.)	2:25.98c	1/14

Women's Mile

1	5	Kylie ANICIC	#5 Edinboro	P 4:54.93c	1/20
2	31	Lily DOWDELL	#1 Charleston (W.V:	5:01.02c	1/20
3	74	Kimberly GOERSS	#5 Edinboro	5:07.39c	1/14
4	86	Darby ROTH	#13 Seton Hill	5:08.47c	1/21
5	92	Alexis CUNNINGHAM	#13 Seton Hill	5:09.76c	1/21
6		Caroline FODOR	#8 Wheeling	5:13.67c	12/9
7		Kelsey HULL	#2 Shippensburg	5:14.83c	1/21
8		Carly DANIELS	#22 Mansfield	5:15.48c	1/14
9		Maele FUCHS	#1 Charleston (W.V:	5:15.58c	1/20
10		Brianna DUMOND	#10 Bloomsburg	5:16.62c	1/21

Women's 3000 Meters

1	30	Elise LEVEEL	#1 Charleston (W.V:	10:05.11c	1/20
2	61	Kimberly GOERSS	#5 Edinboro	10:14.95c	1/20
3	65	Julie LAFARE	#1 Charleston (W.V:	10:16.47c	1/20
4	84	Carly DANIELS	#22 Mansfield	10:23.27c	1/21
5	88	Isabella MARCHINI	#17 West Chester	10:25.10c	12/9
6		Savanaugh ANDERSON	#8 Wheeling	10:32.84c	12/2
7		Jaime DIEDEL	#10 Bloomsburg	10:33.83c	1/21
8		Kelley SELHEIMER	#10 Bloomsburg	10:34.59c	1/21
9		Anna IGIMS	#3 Slippery Rock	10:38.30c	1/20
10		Katie PLASSIO	#3 Slippery Rock	10:39.19c	1/20

Women's 5000 Meters

1	1	Kylie ANICIC	#5 Edinboro	P 16:26.23c	12/9
2	4	Elise LEVEEL	#1 Charleston (W.V: P	16:49.89c	12/9
3	16	Flora TISSIER	#1 Charleston (W.V: P	17:09.79c	12/9
4	22	Julie LAFARE	#1 Charleston (W.V:	17:27.18c	12/9
5	24	Lily DOWDELL	#1 Charleston (W.V:	17:29.32c	12/9
6	38	Kimberly GOERSS	#5 Edinboro	17:44.57c	12/9
7	52	Hannah KEMP	#16 West Liberty Sta	18:06.05c	12/9
8	53	Anna IGIMS	#3 Slippery Rock	18:08.13c	12/2
9	68	Amanda KELLY	#10 Bloomsburg	18:19.28c	1/21
10	77	Nicole KEELEY	#10 Bloomsburg	18:28.03c	1/21



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as of 1/23/2023 10:28:41 AM

Atlantic

Women's 4x400 Relay

1	30	Teanna BELL, Jessica MCQUEEN, Queen BURNETT, Malaysia BARBER	#4 Fayetteville Stat	3:59.20c	1/21
2	40	Nakacee MCNAB, Jazlynn CHURCH, Avionne BARNES, Kamani JOHNS	#15 Lincoln (Pa.)	4:00.46c	1/20
3	44	malaysia JOHNSON, christabelle OBL, shaunece MILLER, cache MILLER	#21 Saint Augustine'	4:01.26c	12/3
4	50	Alyssa WERT, Leah GRAYBILL, Melanie BARGER, Caroline MASTRIA	#2 Shippensburg	4:01.78c	12/2
5	54	Trinity BELLAMY-REID, Cyan PEOPLES, Markayla TAYLOR, Alexandria RILEY	#12 Johnson C. Smitl	4:03.30c	12/3
6	58	Daijion LEE, Kyla HOUSTON, Sadiyah MCGREGOR, Tinasia DAVIS	#14 Winston-Salem S	4:04.54c	12/4
7	62	Alicia UNDERKOFFLER, Kiana YOUNG, Jaidah MITCHELL, Raechel BONNER	#6 Kutztown	4:06.32c	1/14
8	63	Asia'Lee FAIR, Charity COLLINS, Saa'Naudia DELOATCH, Taryn O'NEAL	#23 Livingstone	4:06.70c	12/9
9	66	Elisha BARNES, Desairey GRAY, Jayla GREENE, Emoni COLEMAN	Virginia State	4:07.87c	1/20
10	75	Valerie BOARDS, Tia MOYE, Jasmine SCOTT, Baby JIMERSON	#18 Frostburg State	4:08.83c	1/20

Women's Distance Medley Relay

1	6	Ava BENDETTI, Anastasia FRATANDUONO, Raechel BONNER, Colleen GILBERT	#6 Kutztown	12:44.73c	1/20
2	7	Alyssa KEELEY, Megan GAMBOGI, Kelsie ROBINSON, Brianna DUMOND	#10 Bloomsburg	13:04.79c	1/14
3	17	Savannah ANDERSON, Caroline FODOR, Sophia TOMANA, Sydney HAMBEL	#8 Wheeling	14:29.24c	1/21

Women's High Jump

1	7	Beyonc'e KELLY	#9 California (Pa.)	1.70mc	12/2
2	15	Kennedy ALEXANDER	#14 Winston-Salem S	1.68mc	12/4
3	42	Jayna GALLEY	#5 Edinboro	1.64mc	12/3
4	66	Tatum HOFFMAN	#9 California (Pa.)	1.61mc	12/3
5	71	Cecily GREGGS	#3 Slippy Rock	1.60mc	12/2
5	71	Samantha CASH	#24 West Virginia We	1.60mc	1/20
5	71	Domonique KNOWLES	#4 Fayetteville Stat	1.60mc	1/20
5	71	Tara PERRY	#8 Wheeling	1.60mc	12/2
5	71	Jailah WALKER	#16 West Liberty Sta	1.60mc	12/2
10	90	sheree WRIGHT	#21 Saint Augustine'	1.59mc	12/3
10	90	Ally RICHWINE	#2 Shippensburg	1.59mc	1/21

Women's Pole Vault

1	32	Myah DAVIES	#6 Kutztown	3.66mc	1/20
1	32	Annika HUMMELL	#17 West Chester	3.66mc	1/20
3	39	Allison TAYLOR	#3 Slippy Rock	3.59mc	1/20
4	54	Haylee EDWARDS	#6 Kutztown	3.51mc	1/20
4	54	Nickolina ANNELLI	#7 East Stroudsburi	3.51mc	1/21
4	54	Darian HAUF	#11 Millersville	3.51mc	12/2
4	54	Megan MALECKI	#11 Millersville	3.51mc	12/2
8	58	Keala MCCURRY	#8 Wheeling	3.50mc	12/9
9	62	Olivia SENTLE	#3 Slippy Rock	3.49mc	1/20
9	62	Kendall GROSSMAN	#3 Slippy Rock	3.49mc	1/20

Women's Long Jump

1	3	M'Smyra SEWARD	#4 Fayetteville Stat	6.10mc	1/20
2	17	Baylee BLAUSER	#3 Slippy Rock	5.83mc	12/2
3	38	Sara MCKEAN	#2 Shippensburg	5.64mc	12/2
4	60	Samantha GILBERT	#3 Slippy Rock	5.55mc	12/2
5	64	Dahlia HOSEY	#10 Bloomsburg	5.52mc	12/2
6	70	Sasha LEE	#2 Shippensburg	5.51mc	1/21
7	77	Miriam DREHER	#1 Charleston (W.V.)	5.48mc	12/2
8	88	Tracy IDUGBOE	#4 Fayetteville Stat	5.44mc	1/21
9	90	Aleksandra BROZESKI	#3 Slippy Rock	5.43mc	12/2
9	90	Kacie SIENKO	#6 Kutztown	5.43mc	12/2

Women's Triple Jump

1	14	M'Smyra SEWARD	#4 Fayetteville Stat	11.95mc	1/20
2	25	Tracy IDUGBOE	#4 Fayetteville Stat	11.72mc	1/20
3	27	Omokemi BALOGUN	#18 Frostburg State	11.67mc	1/14
4	33	Aria GOODE	#12 Johnson C. Smitl	11.62mc	1/22
5	41	Delaney BEARD	#20 Clarion	11.53mc	12/2
6	43	Samantha CASH	#24 West Virginia We	11.52mc	1/20
7	49	Sasha LEE	#2 Shippensburg	11.45mc	1/21
8	52	Kamyia EDMONDS	#7 East Stroudsburi	11.41mc	1/21
9	64	Baylee BLAUSER	#3 Slippy Rock	11.27mc	12/2
10	69	Aleksandra BROZESKI	#3 Slippy Rock	11.23mc	12/2



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Women's Shot Put

1	18 Elizabeth MAKAR	#7 East Stroudsbury P	13.85mc	1/13
2	38 Hannah WOELFLING	#11 Millersville	13.28mc	12/2
3	50 Shelly JONES	#20 Clarion	12.96mc	12/2
4	66 Hailey DODSON	#25 Indiana (Pa.)	12.80mc	12/2
5	69 Sarah CORRIE	#3 Slippery Rock	12.76mc	1/20
6	80 Asia LAMPE	#14 Winston-Salem S	12.59mc	1/22
7	83 Zhayria WASHINGTON	#17 West Chester	12.56mc	1/14
8	Maddy DOWNS	#11 Millersville	12.27mc	12/2
9	Payton BAUER	#2 Shippensburg	12.26mc	1/21
10	Madison HORAHAN	#7 East Stroudsbury	12.24mc	1/21

Women's Weight Throw

1	33 Hannah WOELFLING	#11 Millersville	16.81mc	1/21
2	58 Elizabeth MAKAR	#7 East Stroudsbury	16.09mc	1/21
3	85 Tiffany JOLAYEMI	#3 Slippery Rock	15.48mc	12/2
4	87 Sarah GILLIAM	#13 Seton Hill	15.42mc	12/9
5	Samiyah LITTLE	#7 East Stroudsbury	15.00mc	1/21
6	Rachel HUTCHINSON	#3 Slippery Rock	14.80mc	12/2
7	Makayla WESTRY	#18 Frostburg State	14.60mc	1/14
8	Sydney JEFFERYS	#16 West Liberty Sta	14.52mc	1/14
9	Zionette SALAHUDDIN	#7 East Stroudsbury	14.45mc	1/21
9	Isabella MARTE	#7 East Stroudsbury	14.45mc	1/13

Women's Pentathlon

1	31 Jayna GALLEY	#5 Edinboro	3,187c	12/3
2	58 Darcie FRAZIER	#9 California (Pa.)	2,879c	12/3
3	64 China JEFFERSON	Glenville State	2,799c	12/2
4	67 Nicola PUGGE	#2 Shippensburg	2,757c	12/2
5	70 Tatum HOFFMAN	#9 California (Pa.)	2,733c	12/3
6	71 Lorna SPEIGLE	#3 Slippery Rock	2,706c	12/3
7	74 Rhianne MARKOVCHICK	#6 Kutztown	2,683c	12/2
8	79 Kyli MOON-RUMSEY	#2 Shippensburg	2,644c	12/2
9	83 Madeline NEWARK	#5 Edinboro	2,617c	12/3
10	88 Macy HINES	#2 Shippensburg	2,582c	12/2



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Central

Women's 60 Meters

1	1	Makayla JACKSON	#1 Minnesota State	P 7.29c	12/3
2	2	Denisha CARTWRIGHT	#1 Minnesota State	P 7.31c	12/3
3	4	Shenese WALKER	#4 Lincoln (Mo.)	P 7.37c	12/9
4	7	Isabella HOHL	#10 Washburn	P 7.43c	12/9
5	12	Jovanna GUSTAVE	#4 Lincoln (Mo.)	P 7.52c	12/9
6	14	Lyric HOLMAN	#7 Fort Hays State	P 7.54c	12/10
7	16	Taniya LOONEY	#2 Pittsburg State	P 7.55c	12/10
8	19	Ally HAMMOND	#3 Northwest Misso	P 7.57c	12/9
8	19	Monea CAREY	#4 Lincoln (Mo.)	P 7.57c	12/9
10	22	Hughasia FYFFE	#4 Lincoln (Mo.)	P 7.60c	1/21
10	22	Renea TAYLOR	#16 Northern State	P 7.60c	12/9

Women's 800 Meters

1	2	Kaylee BEYER	#5 Winona State	P 2:12.17c	1/21
2	5	Kaylee HARP	#3 Northwest Misso	P 2:12.82c	1/21
3	6	Alexis ADAMS	#21 Missouri Westerr	P 2:13.28c	1/21
4	8	Bailey BLAKE	#3 Northwest Misso	P 2:13.31c	1/21
5	9	Lydia MCGLOCKLIN	#3 Northwest Misso	P 2:13.50c	1/21
6	17	Emily SALMANS	#7 Fort Hays State	2:14.90c	12/10
7	28	Cassidy O'MEARA	#14 Sioux Falls	2:16.49c	1/21
8	30	Jennifer CLARK	#16 Northern State	2:16.68c	12/3
9	32	Mary FRANSSSEN	#16 Northern State	2:16.77c	12/3
10	37	Katie BYRD	#23 Rogers State	2:17.13c	1/20

Women's 60 Meter Hurdles

1	1	Denisha CARTWRIGHT	#1 Minnesota State	P 8.07c	1/20
2	2	Audreanae HAGAN	#2 Pittsburg State	P 8.40c	1/20
3	4	Kiara SMITH	#8 Missouri Souther	P 8.45c	12/10
4	5	Sophia MYERS	#4 Lincoln (Mo.)	P 8.51c	12/9
5	8	Roxan FOSTER	#1 Minnesota State	P 8.64c	12/3
5	8	Shanette ALLISON	#4 Lincoln (Mo.)	P 8.64c	12/9
7	14	Ally HAMMOND	#3 Northwest Misso	P 8.67c	1/13
8	15	Nakiya MARSHALL	#2 Pittsburg State	P 8.68c	12/10
9	17	Madelyn MARQUEZ	#2 Pittsburg State	P 8.69c	12/10
10	19	Mattie ROSSI	#7 Fort Hays State	P 8.70c	1/21

Women's Mile

1	3	Caroline CUNNINGHAM	#3 Northwest Misso	P 4:53.39c	1/21
2	12	Kaylee BEYER	#5 Winona State	P 4:57.50c	1/13
3	16	MaKenna THURSTON	#1 Minnesota State	4:59.00c	1/13
4	19	Lily JOHNSON	#10 Washburn	4:59.17c	1/21
5	20	Jentrie ALDERSON	#2 Pittsburg State	4:59.19c	1/20
6	23	Morgan GEHL	#14 Sioux Falls	4:59.63c	1/21
7	42	Lilah GENEL	#8 Missouri Souther	5:02.52c	1/20
8	47	McKenna TAYLOR	#5 Winona State	5:03.20c	1/21
9	53	Mara HEMMER	#9 Neb.-Kearney	5:04.17c	1/21
10	54	Kelie HENDERSON	#8 Missouri Souther	5:04.20c	1/20

Women's 200 Meters

1	2	Denisha CARTWRIGHT	#1 Minnesota State	P 23.75c	1/13
2	4	Tiffany HUGHEY	#3 Northwest Misso	P 24.20c	1/21
3	5	Shenese WALKER	#4 Lincoln (Mo.)	P 24.37c	12/9
4	7	Makayla JACKSON	#1 Minnesota State	P 24.41c	1/20
5	8	Luisarys TOLEDO	#3 Northwest Misso	P 24.44c	1/21
6	12	Nyanas KUR	#17 Augustana (S.D.)	P 24.62c	1/21
7	15	Renea TAYLOR	#16 Northern State	P 24.66c	12/3
8	19	Isabella HOHL	#10 Washburn	P 24.74c	12/3
9	20	Olivia TATE	#19 Oklahoma Bapti:	P 24.76c	12/10
10	27	Kennedi CLINE	#3 Northwest Misso	P 24.88c	1/13
10	27	Rose CRAMER	#1 Minnesota State	P 24.88c	1/13

Women's 3000 Meters

1	6	Lindsay CUNNINGHAM	#5 Winona State	P 9:30.69c	1/13
2	7	Amanda MONTPLAISIR	#1 Minnesota State	P 9:41.45c	1/20
3	12	Alyssa BECKER	#12 U.-Mary	P 9:52.20c	1/21
4	16	Caroline CUNNINGHAM	#3 Northwest Misso	P 9:54.34c	1/21
5	17	Emily CUNNINGHAM	#1 Minnesota State	P 9:54.67c	1/13
6	18	Jentrie ALDERSON	#2 Pittsburg State	P 9:56.00c	1/20
7	22	Marcie CUDWORTH	#13 Arkansas Tech	9:57.66c	1/20
8	47	Khot JUAC	#14 Sioux Falls	10:10.21c	1/21
9	50	Ashlynn MAYS	#13 Arkansas Tech	10:11.85c	1/20
9	50	Sophia STRANGE	#19 Oklahoma Bapti:	10:11.85c	1/20

Women's 400 Meters

1	1	Shereen VALLABOUY	#5 Winona State	P 52.77c	1/13
2	2	Tiffany HUGHEY	#3 Northwest Misso	P 53.82c	1/21
3	3	Luisarys TOLEDO	#3 Northwest Misso	P 54.70c	1/13
4	5	Robynn ROLLE-CURRY	#18 MSU Moorhead	P 55.45c	1/14
5	7	Kennedi CLINE	#3 Northwest Misso	P 55.59c	1/21
6	8	Maria DIAMOND	#4 Lincoln (Mo.)	P 55.87c	12/9
7	11	Shantae GEORGE	#4 Lincoln (Mo.)	P 56.08c	12/9
8	14	Chardae OVERSTREET	#8 Missouri Souther	P 56.44c	1/20
9	17	Isabella HOHL	#10 Washburn	P 56.57c	12/9
10	22	LaNea WALLACE	#8 Missouri Souther	P 56.76c	1/20

Women's 5000 Meters

1	6	Caroline CUNNINGHAM	#3 Northwest Misso	P 16:52.48c	12/9
2	7	Lara MURDOCK	#2 Pittsburg State	P 16:53.31c	12/10
3	10	Megan MEANS	#17 Augustana (S.D.)	P 17:00.92c	12/9
4	14	Regan HODSDEN	#7 Fort Hays State	P 17:06.87c	12/10
5	17	Alyssa BECKER	#12 U.-Mary	P 17:14.81c	12/9
6	26	Marcie CUDWORTH	#13 Arkansas Tech	17:29.49c	1/13
7	27	Amber OWENS	#3 Northwest Misso	17:30.60c	1/21
8	32	Madison BRADSHAW	#23 Rogers State	17:41.09c	12/10
9	34	Hannah HONEYMAN	#2 Pittsburg State	17:43.41c	12/10
10	35	Madison NASH	#21 Missouri Westerr	17:43.54c	12/9



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WOMEN — 2023 Week #1, January 23

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Central

Women's 4x400 Relay

1	1	Kennedi CLINE, Chloe SAENZ, Luisarys TOLEDO, Tiffany HUGHEY	#3 Northwest Misso	P 3:44.37c	1/13
2	3	Regan FEIT, Kaylee BEYER, Brooklyn SCHYVINCK, Shereen VALLABOUY	#5 Winona State	P 3:47.93c	1/21
3	4	Shevanae THOMAS, Chrissani MAY, Maria DIAMOND, Sophia MYERS	#4 Lincoln (Mo.)	P 3:48.31c	12/9
4	6	Chardae OVERSTREET, LaNea WALLACE, Mya FERGUSON, Kiara SMITH	#8 Missouri Southe	P 3:52.71c	12/10
5	8	Lyric HOLMAN, Emily SALMANS, Taylor SAVOLT, Mattie ROSSI	#7 Fort Hays State	P 3:52.95c	1/21
6	13	Rose GAYE, Rose CRAMER, Elizabeth SCHMIDT, Dyashia COLVIN	#1 Minnesota State	3:55.14c	1/20
7	14	Matti PRICE, Taniya LOONEY, Nakiya MARSHALL, Olivia LOWREY	#2 Pittsburg State	3:55.25c	12/10
8	15	Lauren CARLSON, Abigael REID, Hollie MARLOW, Jasmine HURLA	#20 Emporia State	3:55.29c	12/10
9	21	Hope THIEL, Kayla GOODWIN, Jana SHAWVER, Brooklynn HOLTMAN	#6 Central Missouri	3:57.01c	1/20
10	23	Lisa RETAILLEAU, Jenna AKINS, Kaia BIEKER, Jayden ELLERMAN	#22 Harding	3:57.68c	1/20

Women's Distance Medley Relay

1	3	Calli BESHORE, Felicity WEST, Mary Beth BAILEY, Marcie CUDWORTH	#13 Arkansas Tech	12:24.27c	1/13
2	18	Emily FLORES, Kate FOSTER, Jasmin GARCIA, Libby GOODNOW	#24 Northwestern OI	14:40.66c	1/13

Women's High Jump

1	2	Arika ROBINSON	#11 Concordia-St. Pa	P 1.80mc	12/9
2	3	Erica SCHAMEL	#2 Pittsburg State	P 1.77mc	12/10
3	5	Allary LIBERATORE	#2 Pittsburg State	P 1.72mc	1/20
4	12	Emily SWANSON	#14 Sioux Falls	P 1.69mc	12/2
5	22	Paola BREÑA	St. Cloud State	P 1.67mc	1/13
6	26	Claire LUALLEN	#6 Central Missouri	1.66mc	12/3
6	26	Kayla GOODWIN	#6 Central Missouri	1.66mc	1/20
6	26	Ella PAAVERUD	#11 Concordia-St. Pa	1.66mc	12/9
9	30	Mattie FLANAGAN	#2 Pittsburg State	1.65mc	12/9
9	30	Jamora HORACE	#19 Oklahoma Bapti:	1.65mc	12/10
9	30	Brianna RUSSELL	#9 Neb.-Kearney	1.65mc	1/13
9	30	Grace JACOBS	#20 Emporia State	1.65mc	12/10

Women's Pole Vault

1	1	Ashley HOKANSON	#18 MSU Moorhead	P 4.10mc	12/2
2	4	Kyla DAVIS	#2 Pittsburg State	P 4.03mc	12/10
2	4	Paige HICKSON	#1 Minnesota State	P 4.03mc	12/3
4	8	Madi WULFEKOTTER	#6 Central Missouri	P 3.93mc	12/10
5	12	Rachael MAYBERRY	#10 Washburn	P 3.85mc	12/3
6	16	Megan MCMANIS	#20 Emporia State	P 3.78mc	1/20
7	17	Sarah GAUTREAUX	#22 Harding	P 3.77mc	1/20
7	17	Sierra WHITE	#22 Harding	P 3.77mc	1/20
7	17	Holly ROBINSON	#8 Missouri Southe	P 3.77mc	1/20
10	23	Emily JULIAN	#19 Oklahoma Bapti:	P 3.73mc	12/10

Women's Long Jump

1	1	Makayla JACKSON	#1 Minnesota State	P 6.35mc	1/13
2	7	Mariah WILLIAMS	#1 Minnesota State	P 5.98mc	12/3
3	9	Arianna PASSERI	#12 U-Mary	P 5.93mc	12/9
4	10	Kayla GOODWIN	#6 Central Missouri	P 5.89mc	12/3
5	16	Kary PETRICKA	#1 Minnesota State	P 5.84mc	12/3
6	20	Arika ROBINSON	#11 Concordia-St. Pa	P 5.81mc	1/21
7	21	Auna CHILDRESS	#2 Pittsburg State	P 5.80mc	1/20
8	25	Haley SCHALL	#9 Neb.-Kearney	P 5.74mc	12/9
9	26	Mattie FLANAGAN	#2 Pittsburg State	P 5.71mc	12/9
10	28	Kim SMITH	#10 Washburn	P 5.68mc	12/3
10	28	Makayla WATSON	#2 Pittsburg State	P 5.68mc	12/10

Women's Triple Jump

1	2	Flore GRACIA	#1 Minnesota State	P 12.75mc	1/13
2	3	Auna CHILDRESS	#2 Pittsburg State	P 12.67mc	12/10
3	4	Lillian WASHINGTON	#1 Minnesota State	P 12.51mc	1/20
4	6	Annalisa BARCLAY	#4 Lincoln (Mo.)	P 12.34mc	1/21
5	11	Stella NEOPHYTOU	#1 Minnesota State	P 12.17mc	1/20
6	16	Nakiya MARSHALL	#2 Pittsburg State	P 11.90mc	12/10
7	20	Xana LEUM	#5 Winona State	P 11.86mc	12/3
8	21	Camryn HOLLOMAN	#6 Central Missouri	P 11.81mc	12/10
9	23	Hanna REICHENBERGER	#5 Winona State	P 11.76mc	12/3
10	27	Taylor SAVOLT	#7 Fort Hays State	P 11.67mc	12/10



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Central

Women's Shot Put

1	1	Lexie HURST	#1 Minnesota State	P 16.91mc	12/3
2	15	Shanice HUTSON	#10 Washburn	P 14.00mc	1/21
3	19	Abbi STAFSLIEN-DUMALE	#1 Minnesota State	P 13.84mc	1/13
4	24	Jordan DOCKWEILER	#9 Neb.-Kearney	P 13.66mc	1/21
5	27	Tierra DOSS	#25 Bemidji State	13.62mc	12/10
6	29	Madeline FRETAG	#1 Minnesota State	13.60mc	12/3
7	31	Mony JOHNSON	#1 Minnesota State	13.50mc	1/20
8	33	Camryn WILLIAMS	#2 Pittsburg State	13.42mc	12/10
9	36	Ilaria VILLA	#10 Washburn	13.37mc	12/3
10	37	Samantha CERRA	#21 Missouri Westerr	13.33mc	12/9

Women's Weight Throw

1	4	Mckenzie SCHEIL	#15 Wayne State (Ne	P 19.60mc	12/2
2	7	Brooklynn CHIPPS	#15 Wayne State (Ne	P 19.12mc	1/14
3	10	Mallory HUBER	#8 Missouri Southe	P 18.75mc	12/10
4	18	Rachael MOLLOY	#6 Central Missouri	P 17.79mc	1/20
5	22	Lily NOVACEK	#9 Neb.-Kearney	P 17.44mc	1/21
6	28	Madeline FRETAG	#1 Minnesota State	16.89mc	12/3
7	34	Abbi STAFSLIEN-DUMALE	#1 Minnesota State	16.79mc	12/3
8	35	Mony JOHNSON	#1 Minnesota State	16.78mc	1/13
9	43	Abby MEINKE	#9 Neb.-Kearney	16.61mc	1/21
10	45	Mackenzie SMITH	#9 Neb.-Kearney	16.52mc	1/13

Women's Pentathlon

1	3	Kayla GOODWIN	#6 Central Missouri	P 3,912c	12/3
2	4	Arika ROBINSON	#11 Concordia-St. Pa	P 3,848c	12/1
3	6	Claire LUAllen	#6 Central Missouri	P 3,812c	12/3
4	8	Mattie FLANAGAN	#2 Pittsburg State	P 3,736c	12/9
5	9	Mattie ROSSI	#7 Fort Hays State	P 3,689c	12/9
6	12	Emily SWANSON	#14 Sioux Falls	P 3,568c	12/2
7	13	Miranda LAUVSTAD	#1 Minnesota State	P 3,565c	12/2
8	14	Sophia MYERS	#4 Lincoln (Mo.)	P 3,564c	12/9
9	15	Taylor SAVOLT	#7 Fort Hays State	P 3,512c	12/9
10	19	Abriel THRASH	Southern Nazare	P 3,394c	12/9



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East

Women's 60 Meters

1	28	Ella MACLEAN	#3 Southern Conne	7.63c	12/2
2	61	Nyah YOUNG-BEY	#5 Franklin Pierce	7.72c	12/2
3	98	Anna-Sashia JONES	#3 Southern Conne	7.80c	12/10
4		Kayla COOPER	#8 UDC	7.84c	1/21
5		Ariel SALKEY	#6 Holy Family (Pa.)	7.94c	12/2
6		Avery WINTERS	#3 Southern Conne	7.95c	1/22
7		Dardielle EXANTUS	#3 Southern Conne	7.96c	12/2
8		Lucy AMBROULT	#15 Bentley	7.97c	12/10
9		Ava GRAVELL	#1 Southern New H.	7.98c	1/21
10		Jenna PILLER	#13 Molloy	8.01c	12/3

Women's 60 Meter Hurdles

1	15	Jasmine STATEN	#6 Holy Family (Pa.)	8.68c	12/2
2	37	Raven-Symone JARRETT	#2 American Intern:	8.90c	12/10
3	40	Amari JOHNSON	#4 Adelphi	8.92c	12/3
4	93	Nyoki JONES	#6 Holy Family (Pa.)	9.20c	12/2
5	98	Hailee LOWE	#19 Roberts Wesleya	9.21c	12/9
6		Kayleigh SHELTON	#8 UDC	9.32c	12/9
6		Patrice MANSFIELD	#3 Southern Conne	9.32c	1/22
8		Shalom ADZAKRO	#7 Georgian Court	9.36c	12/2
9		Isabella NEWBURY	#3 Southern Conne	9.37c	1/22
10		Katrina SULLIVAN	#14 Assumption	9.50c	12/3

Women's 200 Meters

1	34	Ella MACLEAN	#3 Southern Conne	24.97c	1/22
2	39	Nyah YOUNG-BEY	#5 Franklin Pierce	25.07c	12/2
3	57	Avery WINTERS	#3 Southern Conne	25.29c	1/22
4	66	Anna-Sashia JONES	#3 Southern Conne	25.34c	1/22
5	69	Dayna THOMPSON	#8 UDC	25.36c	1/21
6	87	Monique MALCOLM	#2 American Intern:	25.50c	12/10
7	91	Kayla COOPER	#8 UDC	25.52c	1/21
8	93	Hannah CAIOLA	#3 Southern Conne	25.53c	1/22
9		Jhonnelle THOMAS	#2 American Intern:	25.67c	12/3
10		Antonette POMMELLS	#13 Molloy	25.73c	12/10

Women's 400 Meters

1	39	Nyah YOUNG-BEY	#5 Franklin Pierce	57.56c	1/14
2	48	Dayna THOMPSON	#8 UDC	57.94c	1/14
3	92	Syeira CAMPBELL	#2 American Intern:	59.01c	1/14
4	99	Imani FITZPATRICK	#10 Felician	59.10c	1/21
5		Kenisha GREENWOOD	#6 Holy Family (Pa.)	59.64c	12/2
6		Antonette POMMELLS	#13 Molloy	59.72c	12/10
7		Jhonnelle THOMAS	#2 American Intern:	1:00.53c	12/3
8		Nyoki JONES	#6 Holy Family (Pa.)	1:00.68c	1/13
9		Tukey FRANCIS	#8 UDC	1:00.74c	1/21
10		Jenna PILLER	#13 Molloy	1:01.28c	1/13

Women's 800 Meters

1	27	Ashley CORCORAN	#1 Southern New H.	2:16.43c	1/21
2	43	Shania LEMAITRE	#6 Holy Family (Pa.)	2:18.06c	1/20
3	50	Katherine MARSH	#4 Adelphi	2:18.53c	1/20
4		Kaitlyn O'ROURKE	#1 Southern New H.	2:23.82c	1/21
5		Caitlin BURMESTER	#15 Bentley	2:24.85c	1/14
6		Samantha MORRISON	#8 UDC	2:25.27c	1/21
7		Raven-Symone JARRETT	#2 American Intern:	2:26.33c	12/8
8		Skylar MORENO	#16 St. Thomas Aquil	2:26.89c	1/6
9		Teresa FAUST	#6 Holy Family (Pa.)	2:26.96c	1/20
9		Catherine CATIPAY	#10 Felician	2:26.96c	1/21

Women's Mile

1	72	Katherine MARSH	#4 Adelphi	5:07.23c	1/13
2		Kassandra NOLET	#12 Daemen	5:12.56c	12/9
3		Fransisca CHEROTICH	#2 American Intern:	5:21.21c	1/21
4		Grace MINIKEL	#4 Adelphi	5:21.80c	1/13
5		Alana THOMPSON	#5 Franklin Pierce	5:23.10c	12/10
6		Caitlin BURMESTER	#15 Bentley	5:23.75c	12/10
7		Camryn BAILEY	#12 Daemen	5:27.51c	1/21
8		Kendyl VERMETTE	#2 American Intern:	5:29.67c	1/21
9		Sarah ENES	#14 Assumption	5:29.79c	1/14
10		Rachel TUCCI	#4 Adelphi	5:30.85c	1/13

Women's 3000 Meters

1	15	Ashley CORCORAN	#1 Southern New H. P	9:54.27c	1/14
2	96	Marcy COLCA	#12 Daemen	10:28.47c	1/21
3		Fransisca CHEROTICH	#2 American Intern:	10:30.36c	1/14
4		Grace MINIKEL	#4 Adelphi	10:38.72c	1/20
5		Rachel TUCCI	#4 Adelphi	10:50.47c	1/20
6		Hannah THOMAS	#12 Daemen	10:56.58c	12/9
7		Kristi ACKERINA	#13 Molloy	10:57.33c	1/13
8		Kendyl VERMETTE	#2 American Intern:	11:02.74c	12/3
9		Corrina OBERNESSER	#1 Southern New H.	11:12.11c	1/14
10		Emma GRZEBINSKI	#12 Daemen	11:13.98c	12/9

Women's 5000 Meters

1		Corrina OBERNESSER	#1 Southern New H.	18:50.30c	1/21
2		Kelsey SEAMANS	#1 Southern New H.	19:08.53c	1/21
3		Kendyl VERMETTE	#2 American Intern:	19:09.38c	1/14
4		Meghan SHELINE	#5 Franklin Pierce	19:17.03c	12/10
5		Sophia BISOGNANO	#11 Le Moyne	19:31.53c	1/21
6		Victoria VAN HOUTEN	#5 Franklin Pierce	19:35.24c	12/10
7		Briseidy BALDERAS	#10 Felician	19:42.63c	1/21
8		Skylar MORENO	#16 St. Thomas Aquil	19:43.36c	12/3
9		Ciara DURCAN	#16 St. Thomas Aquil	19:51.11c	1/20
10		Maggie CASEY	#11 Le Moyne	19:55.41c	1/21



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East

Women's 4x400 Relay

1	7	Isabella NEWBURY, Avery WINTERS, Anna-Sashia JONES, Ella MACLEAN	#3 Southern Conne P	3:52.80c	12/10
2	36	Kenisha GREENWOOD, Nyoki JONES, Kahdia JONES, Shania LEMAITRE	#6 Holy Family (Pa.)	3:59.58c	1/20
3	56	Dayna THOMPSON, Ayesha JARRETT, Kayleigh SHELTON, Tukey FRANCIS	#8 UDC	4:04.02c	1/14
4	64	Syaira CAMPBELL, Monique MALCOLM, Eliza MULLIN, Raven-Symone JARRETT	#2 American Intern:	4:06.77c	1/21
5	67	Imani FITZPATRICK, Wozero RICHARDS, Darrian LEWIS, Chantoya THOMAS	#10 Felician	4:07.89c	12/3
6	78	Katherine MARSH, Nikki SEARLES, Christina GAYLE, Isabel MARSH	#4 Adelphi	4:09.45c	1/20
7	90	Jenna PILLER, Antonette POMMELLS, Jadalyn RODRIGUEZ, Christina HILLERY	#13 Molloy	4:11.34c	12/3
8		Madison CZARNECKI, Jaimee HIRSCHFELD, Michaela NAMIOTKA, Katrina SULLIVAN	#14 Assumption	4:19.12c	12/3
9		Kalaya FITCH, Daphna GERBER, Deja HARRIS, Emily MAZZUCCO	#9 New Haven	4:20.97c	12/10
10		Aaliyah THORPE, Amirah BEASLEY, Niya BARDEN, Molly BURNS	#7 Georgian Court	4:23.07c	1/20

Women's Distance Medley Relay

1	4	Rachel TUCCI, Katherine MARSH, Grace MINIKEL, Isabel MARSH	#4 Adelphi	12:39.95c	1/13
2	10	Victoria VAN HOUTEN, Alana THOMPSON, Saylee MISSEL, Alena MASTERSON	#5 Franklin Pierce	13:28.51c	12/2
3	13	Megan SOHL, Maureen O'CALLAGHAN, Karina ROMERO, Kristi ACKERINA	#13 Molloy	13:44.81c	1/13
4	14	Anita JEPCHIRCHIR, Cayla HUNGERFORD, Hilda KIPRONO, Sophia BISOGNANO	#11 Le Moyne	14:04.67c	1/13
5	16	Elsie KAAS, Deja HARRIS, Jennifer TORRES, Isabella BOSTIC	#9 New Haven	14:15.12c	12/2
6	19	Brooke IANNONE, Jaelyn HOWARD, Sara FITZGERALD, Elizabeth MATTAIR	#21 Saint Rose	14:40.69c	12/3
7	21	Favour ANYALEWECHI, Fatima MORROBEL, Alexis HALL, Destiny MORLEY	#17 Queens (N.Y.)	15:35.79c	1/13

Women's High Jump

1	15	Raven-Symone JARRETT	#2 American Intern: P	1.68mc	12/8
2	71	Lilly CAPRIA	#11 Le Moyne	1.60mc	12/3
3		Emma HALLET	#1 Southern New H.	1.56mc	1/7
3		Madison MCMAHON	#1 Southern New H.	1.56mc	12/10
3		Theresa IRVING	#1 Southern New H.	1.56mc	12/10
6		Sarah ST PIERRE	#14 Assumption	1.55mc	1/22
6		Jazmine SEVERO	#20 Staten Island	1.55mc	1/13
6		Elena MARTINEZ RODRIGUEZ	#7 Georgian Court	1.55mc	12/2
9		Alexandria O'SHEA	#14 Assumption	1.52mc	1/14
9		Zoe SHAW	#8 UDC	1.52mc	1/21
9		Hannah GREENE	#15 Bentley	1.52mc	1/14
9		Tori ALLEN	#1 Southern New H.	1.52mc	12/2
9		Holland HENDERSON	#10 Felician	1.52mc	12/3



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East

Women's Pole Vault

1	98	Julia KIRSCHNICK	#7 Georgian Court	3.30mc	12/2
2		Elizabeth JONES	#5 Franklin Pierce	2.90mc	12/2
3		Lauren TOLAND	#4 Adelphi	2.80mc	1/22
4		Molly CLARK	#9 New Haven	2.75mc	1/14
4		Nina CASALINO	#7 Georgian Court	2.75mc	1/20
6		Teresa DEASY	#5 Franklin Pierce	2.70mc	12/10
7		Wenka VIL	#9 New Haven	2.55mc	12/9
8		Adrianna CIESLAK	#21 Saint Rose	2.45mc	1/20
8		Amelia EDMONDS	#1 Southern New H.	2.45mc	12/10
10		Grace SILVA	#5 Franklin Pierce	2.25mc	12/10
10		Emma CUTTER	#5 Franklin Pierce	2.25mc	12/10

Women's Weight Throw

1	6	Kyria MOORE	#4 Adelphi	P 19.19mc	1/13
2		Emmanuela KOUAMI-KATOU	#8 UDC	15.04mc	1/21
3		Alyssa LEBRON	#17 Queens (N.Y.)	14.90mc	12/9
4		Laila BUNNITT	#1 Southern New H.	14.36mc	1/7
5		Elise DODEL	#9 New Haven	14.29mc	12/2
6		Bennie ALULA	#1 Southern New H.	14.15mc	1/14
7		Madison KOZYRA	#11 Le Moyne	13.90mc	1/6
8		Kathryn LYNN	#4 Adelphi	13.72mc	1/20
9		Tyra FELTON	#5 Franklin Pierce	13.69mc	12/2
9		Skylar POINTER	#20 Staten Island	13.69mc	1/13

Women's Long Jump

1	13	Aniyah RUSSELL	#7 Georgian Court	P 5.85mc	12/2
2	40	Raven-Symone JARRETT	#2 American Intern:	5.63mc	12/8
3	43	Kristen WASHINGTON	#9 New Haven	5.61mc	1/20
4	49	Woizero RICHARDS	#10 Felician	5.59mc	12/3
5	64	Lucy AMBROULT	#15 Bentley	5.52mc	1/14
6	74	Kisha FRANCOIS	#3 Southern Conne	5.49mc	12/2
6	74	Mackenzie GLENN	#3 Southern Conne	5.49mc	1/22
8		Rachel FLEISCHER	#3 Southern Conne	5.38mc	1/22
9		Talia FERGUSON	#10 Felician	5.34mc	12/3
10		Shayna SMITH	#3 Southern Conne	5.33mc	1/22

Women's Pentathlon

1	7	Raven-Symone JARRETT	#2 American Intern: P	3,746c	12/8
2	78	Tori ALLEN	#1 Southern New H.	2,646c	12/2
3	85	Gillian PENNA	#3 Southern Conne	2,604c	12/2
4	91	Maggie MCINERNEY	#1 Southern New H.	2,528c	12/2
5	97	Elizabeth JONES	#5 Franklin Pierce	2,432c	1/20
6		Emma HALLET	#1 Southern New H.	2,247c	12/2

Women's Triple Jump

1	13	Rachel FLEISCHER	#3 Southern Conne	P 11.96mc	1/14
2	23	Kristen WASHINGTON	#9 New Haven	P 11.76mc	1/22
3	26	Shanae RAYSIDE	#7 Georgian Court	P 11.70mc	1/14
4	61	Jaison-Ashley PLEVA	#7 Georgian Court	11.29mc	1/20
5	70	Janae KELLY	#2 American Intern:	11.22mc	1/21
6	71	Olivia JOHNSON	#14 Assumption	11.21mc	12/3
6	71	Gabrielle TEEL	#9 New Haven	11.21mc	1/22
8	79	Abigail SEAMAN	#11 Le Moyne	11.17mc	12/3
9	94	Holland HENDERSON	#10 Felician	11.08mc	12/3
9	94	Shayna SMITH	#3 Southern Conne	11.08mc	1/14

Women's Shot Put

1	5	Sage SUMPTER	#18 Nyack	P 14.70mc	12/10
2	86	Kyria MOORE	#4 Adelphi	12.47mc	1/13
3		Korryn BRAXTON-YOUNG	#6 Holy Family (Pa.)	12.09mc	12/9
4		Tyra FELTON	#5 Franklin Pierce	11.76mc	1/21
5		Alyssa POMPEY	#10 Felician	11.72mc	1/21
5		Isabelle ROBINSON	#9 New Haven	11.72mc	1/14
7		Brooke BIBBO	#1 Southern New H.	11.27mc	1/14
8		Bennie ALULA	#1 Southern New H.	11.26mc	12/10
9		Simone MOTLEY	#9 New Haven	11.22mc	12/2
10		Moriah MILLS	#19 Roberts Wesleya	11.16mc	1/21



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Midwest

Women's 60 Meters

1	11	Makayla SUMRALL	#8 Wayne State (Mi	P 7.51c	12/9
2	13	Kya EPPS	#9 Walsh	P 7.53c	12/2
3	14	Khristel MARTINDALE	#4 Lewis	P 7.54c	12/9
4	22	Jordan TAYLOR	#2 Findlay	P 7.60c	12/1
5	25	Brooke ARMBRUST	#21 Ohio Dominican	P 7.61c	12/3
6	32	Rose OGBULI	#4 Lewis	P 7.64c	12/9
6	32	Ashley CHILDERS	#14 Drury	P 7.64c	1/21
8	39	Rajiah ANDREWS	#6 Tiffin	P 7.66c	12/9
9	44	Morgan DENNIS	#5 Ashland	7.67c	12/2
9	44	Nora HAGAN	#12 Cedarville	7.67c	12/3

Women's 60 Meter Hurdles

1	21	Rajiah ANDREWS	#6 Tiffin	P 8.72c	12/9
2	24	Kylie RAY	#2 Findlay	P 8.78c	1/13
3	30	Ellyse WOLRATH	#15 Northern Michig	P 8.82c	12/10
4	36	Crystal WALKER	#15 Northern Michig	8.88c	12/10
5	38	Cassie CAMPBELL	#10 Saginaw Valley S	8.91c	12/2
6	50	Hanna SCHROEDER	#10 Saginaw Valley S	9.01c	1/13
7	59	Amirah STRAUTHER	#6 Tiffin	9.05c	1/20
8	63	Grace COLLETT	#10 Saginaw Valley S	9.06c	1/20
9	66	Bria ARMSTRONG	#14 Drury	9.09c	12/10
10	68	Shura ERMAKOV	#3 Hillsdale	9.11c	12/1
10	68	Kay-Lee MCSWAIN	#8 Wayne State (Mi	9.11c	12/9

Women's 200 Meters

1	9	Collinique FARRINGTON	#11 Southwest Bapti	P 24.46c	12/10
2	13	Kya EPPS	#9 Walsh	P 24.63c	12/9
3	17	Khristel MARTINDALE	#4 Lewis	P 24.72c	12/9
4	21	Ashley CHILDERS	#14 Drury	P 24.77c	1/21
5	29	Jordan TAYLOR	#2 Findlay	24.90c	12/1
6	50	Rose OGBULI	#4 Lewis	25.23c	12/9
6	50	Kate ZANG	#1 Grand Valley Sta	25.23c	1/14
8	52	Makayla SUMRALL	#8 Wayne State (Mi	25.24c	12/9
8	52	Angelina DELBOSQUE	#10 Saginaw Valley S	25.24c	1/20
10	55	Kylie RAY	#2 Findlay	25.27c	1/13

Women's 400 Meters

1	4	Collinique FARRINGTON	#11 Southwest Bapti	P 54.90c	12/10
2	21	Cheyenne DAVIS	#5 Ashland	P 56.75c	12/2
3	25	Mia GARDNER	#5 Ashland	57.16c	1/13
4	36	Kylie RAY	#2 Findlay	57.48c	12/1
5	37	Dakota STAMM	#3 Hillsdale	57.53c	1/20
6	42	Bethany SMITH	#2 Findlay	57.68c	12/1
7	49	Taylor IVORY	#2 Findlay	57.96c	1/20
8	57	Jade AVANCE	#5 Ashland	58.23c	1/20
9	61	Renae KUTCHA	#8 Wayne State (Mi	58.30c	12/9
10	63	Kiersten FRANKLIN	#12 Cedarville	58.36c	12/3

Women's 800 Meters

1	4	Katja BAUERLE	#16 UW-Parkside	P 2:12.33c	1/21
2	11	Maria MITCHELL	#1 Grand Valley Sta	P 2:14.06c	1/21
3	12	Erin DORN	#13 Davenport (Mich	P 2:14.26c	1/21
4	21	Lainy WILLIAMS	#11 Southwest Bapti	2:15.26c	1/20
5	22	Reese DRAGOVICH	#3 Hillsdale	2:16.18c	1/13
6	23	Gwynne RILEY	#3 Hillsdale	2:16.19c	1/20
7	29	Emily SONDERMAN	#7 Indianapolis	2:16.64c	12/9
8	31	Sophie OXANDALE	#19 Truman	2:16.76c	1/21
9	32	Hayley ROBINETT	#2 Findlay	2:16.77c	1/20
10	35	Alexis BARBER	#11 Southwest Bapti	2:16.85c	1/20

Women's Mile

1	6	Gwynne RILEY	#3 Hillsdale	P 4:56.34c	1/20
2	7	Taryn CHAPKO	#1 Grand Valley Sta	P 4:56.51c	1/21
3	8	Meg SCHESKE	#3 Hillsdale	P 4:56.77c	1/20
4	13	Lainy WILLIAMS	#11 Southwest Bapti	4:57.60c	12/10
5	25	Alexa KEISER	#10 Saginaw Valley S	4:59.86c	1/13
6	27	Maria MITCHELL	#1 Grand Valley Sta	4:59.97c	12/9
7	30	Ines MACADAM	#6 Tiffin	5:00.79c	1/20
8	33	Reilly COZETTE	#2 Findlay	5:01.45c	1/20
9	35	Lauren BUCKNER	#10 Saginaw Valley S	5:01.49c	1/13
10	36	Bradley WEIMER	#14 Drury	5:01.53c	1/13

Women's 3000 Meters

1	5	Klaudia O'MALLEY	#1 Grand Valley Sta	P 9:28.06c	12/9
2	8	Taryn CHAPKO	#1 Grand Valley Sta	P 9:41.56c	12/9
3	19	Savannah ACKLEY	#12 Cedarville	9:56.35c	1/20
4	20	Rachael MORRISON	#4 Lewis	9:57.45c	1/21
5	21	Briana VOJINOV	#8 Wayne State (Mi	9:57.53c	12/9
6	23	Anna KOZAK	#4 Lewis	9:58.03c	1/21
7	24	Madi SZYMANSKI	#15 Northern Michig	9:59.85c	1/21
8	25	Ines MACADAM	#6 Tiffin	10:00.02c	12/9
9	29	Thailyia CHRISTENSEN	#8 Wayne State (Mi	10:04.86c	12/9
10	32	Maria MITCHELL	#1 Grand Valley Sta	10:05.89c	1/21

Women's 5000 Meters

1	2	Natalie GRABER	#1 Grand Valley Sta	P 16:32.64c	12/9
2	3	Lauren KILEY	#1 Grand Valley Sta	P 16:41.44c	12/9
3	5	Abby VANDERKOOI	#1 Grand Valley Sta	P 16:51.35c	12/9
4	8	Sarah MAY	#1 Grand Valley Sta	P 16:54.23c	12/9
5	9	Kayce RYPMA	#1 Grand Valley Sta	P 16:56.33c	12/9
6	12	Emma EVERHART-DECKARD	#1 Grand Valley Sta	P 17:05.88c	12/9
7	15	Madison EBRIGHT	#1 Grand Valley Sta	P 17:08.27c	12/9
8	18	Hannah RHEM	#12 Cedarville	P 17:15.33c	1/20
9	19	Grace PAGONE	#1 Grand Valley Sta	P 17:18.69c	12/9
10	23	Melissa SPENCER	#7 Indianapolis	17:28.45c	12/9



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as of 1/23/2023 10:28:42 AM

Midwest

Women's 4x400 Relay

1	5	Jade AVANCE, Mia GARDNER, McKenna WOODRUFF, Cheyanne DAVIS	#5 Ashland	P 3:52.27c	1/20
2	16	Taylor IVORY, Peyton HEITMEYER, Hayley ROBINETT, Kylie RAY	#2 Findlay	3:55.97c	12/1
3	17	Shura ERMAKOV, Reese DRAGOVICH, Francesca FEDERICI, Dakota STAMM	#3 Hillsdale	3:56.28c	12/1
4	20	Avery WILSON, Renae KUTCHA, Elyse MILLER, Makenzie WELLNER	#8 Wayne State (Mi	3:56.72c	12/9
5	25	Sophie OXANDALE, Kendall DASCHER, Raina BAKER, Alayna PIPKIN	#19 Truman	3:57.89c	12/3
6	46	Cassie CAMPBELL, Taylor MOYER, Trinity GREER, Kelsey LANDRA	#10 Saginaw Valley S	4:01.37c	1/13
7	55	Jacy RULE, Ashley CHILDERS, Jaedyn LOWE, Jasmyn DOUGLAS	#14 Drury	4:03.61c	1/21
8	68	Erin BOETTCHER, Amilia JONES, Erin DORN, Julia TUURI	#13 Davenport (Mich	4:08.18c	12/9
9	69	Madison HICKS, Alexis BARBER, Stephanique DEAN, Lainy WILLIAMS	#11 Southwest Bapti	4:08.33c	1/20
10	79	Abigail WINKLE, Nyah TYRON, Daisy ENGLUND, Makayla ROBERTS	#22 Ferris State	4:09.68c	1/20

Women's Distance Medley Relay

1	5	A'Zaria THOMAS, Ciani KENSEY, Alaysia BROOKS, Emma ESTEVES	#17 Ursuline	12:43.07c	1/21
2	20	Kayla WINECOFF, Chloe DASENBROCK, Savannah LESHAR, McKenna LAING	#18 Maryville (Mo.)	15:03.59c	1/21

Women's High Jump

1	22	C'airra CARTER	#6 Tiffin	P 1.67mc	12/9
1	22	Ellie LENGERICH	#7 Indianapolis	P 1.67mc	1/21
3	30	Emma LIBERATORE	#5 Ashland	1.65mc	1/20
4	46	Toni DENMARK	#9 Walsh	1.63mc	12/3
4	46	Hannah WILLOW	#12 Cedarville	1.63mc	1/20
4	46	Mikayla WILLIAMS	#8 Wayne State (Mi	1.63mc	1/20
7	51	Jenna DOYLE	#1 Grand Valley Sta	1.62mc	1/14
7	51	Ashley SIGMON	#2 Findlay	1.62mc	12/1
7	51	Nadia ROBERTS	#4 Lewis	1.62mc	1/21
7	51	Reagan DAHLQUIST	#3 Hillsdale	1.62mc	12/1
7	51	Kassandra STINE	#2 Findlay	1.62mc	1/20
7	51	Alexa FRIES	#2 Findlay	1.62mc	12/1
7	51	Olivia HENKEL	#20 Missouri S&T	1.62mc	12/10

Women's Pole Vault

1	1	Kelsey HARTSOCK	#9 Walsh	P 4.10mc	12/9
2	6	Sabrina ROBISON	#7 Indianapolis	P 3.98mc	1/21
3	9	Kassidie STIMMEL	#1 Grand Valley Sta	P 3.90mc	1/21
3	9	Sidney HEUGEL	#13 Davenport (Mich	P 3.90mc	12/9
5	13	Lindsey KLUESENER	#2 Findlay	P 3.83mc	1/20
5	13	Brittney CLARK	#7 Indianapolis	P 3.83mc	1/21
7	20	Haleigh ECKERT	#12 Cedarville	P 3.75mc	12/3
7	20	Kaylee KOCH	#1 Grand Valley Sta	P 3.75mc	1/21
9	24	Sarah MASUOKA	#5 Ashland	P 3.70mc	12/1
10	27	Meadow CROMER	#2 Findlay	P 3.68mc	1/20

Women's Long Jump

1	6	Simone GREEN	#2 Findlay	P 5.99mc	12/1
2	22	Rachel BLASKOWSKI	#16 UW-Parkside	P 5.78mc	1/21
3	28	Madison MYERS	#2 Findlay	P 5.68mc	12/1
4	32	Denise HERNANDEZ	#4 Lewis	P 5.67mc	12/9
5	56	Jaden CHRISTIAN	#4 Lewis	5.57mc	12/2
5	56	Emma SPRINGER	#9 Walsh	5.57mc	12/3
7	60	Akirah VENERABLE	#15 Northern Michig	5.55mc	1/21
8	62	Kaylin MARTIN	#5 Ashland	5.53mc	1/13
9	70	Jena MARTIN	#4 Lewis	5.51mc	12/9
10		C'airra CARTER	#6 Tiffin	5.35mc	12/1
10		Kassandra STINE	#2 Findlay	5.35mc	1/20
10		Mackenzie BRIGHAM	#13 Davenport (Mich	5.35mc	12/2

Women's Triple Jump

1	16	Alecea CARDILLO	#4 Lewis	P 11.90mc	12/2
2	19	Jaden CHRISTIAN	#4 Lewis	P 11.87mc	12/9
3	30	Victoria LENDAL	#16 UW-Parkside	11.66mc	1/21
4	35	Simone GREEN	#2 Findlay	11.60mc	1/20
5	39	Bria ARMSTRONG	#14 Drury	11.55mc	12/10
6	67	Claire MARTIN	#9 Walsh	11.24mc	12/3
6	67	Anna KATTOU	#15 Northern Michig	11.24mc	12/10
8	74	Emily GERDIN	#3 Hillsdale	11.19mc	12/1
9	79	Mackenzie BRIGHAM	#13 Davenport (Mich	11.17mc	12/9
10	85	Tori HAGG	#4 Lewis	11.13mc	1/14



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Midwest

Women's Shot Put

1	2	Trista FINTEL	#2 Findlay	P 15.09mc	1/13
2	3	Emma RICHARDS	#1 Grand Valley Sta	P 15.00mc	1/21
3	6	Erika BEISTLE	#1 Grand Valley Sta	P 14.66mc	12/9
4	7	Brook BOES	#6 Tiffin	P 14.59mc	12/9
5	9	Nikita MAINES	#3 Hillsdale	P 14.43mc	12/1
6	10	Paige EMNETT	#2 Findlay	P 14.35mc	1/20
7	11	Kelsey KINSLEY	#5 Ashland	P 14.34mc	1/13
8	16	Cydney BANKS	#23 William Jewell	P 13.97mc	12/9
9	17	Reette THORNS	#1 Grand Valley Sta	P 13.91mc	1/21
10	21	Averi PARKER	#3 Hillsdale	P 13.71mc	1/13

Women's Weight Throw

1	1	Judith ESSEMIH	#1 Grand Valley Sta	P 20.26mc	12/9
2	2	Zoe PENTECOST	#7 Indianapolis	P 20.10mc	12/10
3	3	Carrol PAULEY	#5 Ashland	P 19.81mc	1/20
4	8	Nikita MAINES	#3 Hillsdale	P 19.06mc	12/1
5	9	Katie SAYLES	#3 Hillsdale	P 18.88mc	1/20
6	11	Brook BOES	#6 Tiffin	P 18.55mc	12/9
7	12	Kelsey KINSLEY	#5 Ashland	P 18.28mc	12/1
8	13	Trista FINTEL	#2 Findlay	P 18.15mc	1/20
9	14	Alaina OMONODE	#1 Grand Valley Sta	P 18.13mc	1/14
10	19	Katie WELDY	#3 Hillsdale	P 17.70mc	12/1

Women's Pentathlon

1	23	Emily CURTICE	#6 Tiffin	P 3,309c	12/1
2	30	C'aira CARTER	#6 Tiffin	3,226c	12/1
3	33	Kelsey LANDRA	#10 Saginaw Valley S	3,176c	12/2
4	35	Annabelle SCHAFFER	#13 Davenport (Mich	3,157c	12/2
5	40	Allison NIMTZ	#3 Hillsdale	3,104c	12/1
6	44	Kassandra STINE	#2 Findlay	3,063c	12/1
7	45	Neva POLO	#3 Hillsdale	3,060c	12/1
8	50	Maya WRIGHT	#20 Missouri S&T	2,993c	12/9
9	55	Maddie ALEXANDER	#2 Findlay	2,940c	12/1
10	66	Olivia CARPENTER	#10 Saginaw Valley S	2,776c	12/2



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South

Women's 60 Meters

1	32 Kelechi CHRISTIAN	#2 Mississippi Colle	P 7.64c	1/21
2	39 Campbell BROWN	#4 West Georgia	P 7.66c	12/2
2	39 Alana GREEN	#2 Mississippi Colle	P 7.66c	12/2
4	52 Krystalynn OATMAN	#3 Alabama-Huntsv	7.70c	1/14
5	56 Ijah DRAKE	#3 Alabama-Huntsv	7.71c	1/14
6	63 Hannah DUNSTON	#4 West Georgia	7.73c	1/22
7	76 Kristen BLEVINS	#1 Lee (Tenn.)	7.77c	1/14
8	Mia CULPEPPER	#4 West Georgia	7.82c	12/2
9	Zakiria HOLIFIELD	#3 Alabama-Huntsv	7.83c	1/14
10	Kira MONTEFUSCO	#4 West Georgia	7.84c	1/22
10	Xaria BASCOMBE	#7 Benedict	7.84c	1/20

Women's 60 Meter Hurdles

1	31 Santiona FREEMAN	#7 Benedict	P 8.83c	1/20
2	44 Gioia SCOPEL	#5 Christian Brothe	8.96c	12/10
3	77 Tytavia HARDY	#2 Mississippi Colle	9.15c	1/14
4	81 Kaciann COWAN	#7 Benedict	9.17c	12/4
5	86 Camielle MILLEDGE	#10 Shorter	9.19c	1/20
6	T'Oni BIRDEN	#4 West Georgia	9.23c	1/22
7	Jeanna BRYANT	#9 Savannah State	9.42c	1/22
8	Kylie CARROLL	#8 Montevallo	9.45c	1/22
8	Amarianna LOFTON	#12 Central State	9.45c	12/9
8	Teleah MOORER	#14 Allen (S.C.)	9.45c	1/20

Women's 200 Meters

1	11 Kelechi CHRISTIAN	#2 Mississippi Colle	P 24.55c	1/21
2	23 Ijah DRAKE	#3 Alabama-Huntsv	P 24.82c	1/14
3	24 Ana IGLESIAS	#5 Christian Brothe	P 24.85c	1/22
4	46 Alana GREEN	#2 Mississippi Colle	25.15c	12/2
5	62 Kristen BLEVINS	#1 Lee (Tenn.)	25.31c	1/20
6	73 Carissa HALL	#1 Lee (Tenn.)	25.38c	1/14
7	85 Paishence COLLIER	#4 West Georgia	25.49c	1/22
8	Zakiria HOLIFIELD	#3 Alabama-Huntsv	25.57c	1/20
9	Ravyn CYSTRUNK	#9 Savannah State	25.76c	1/22
10	Nina RICHARDSON	#6 Embry-Riddle (Fl)	25.85c	1/19

Women's 400 Meters

1	19 Oriana GEE	#5 Christian Brothe	P 56.70c	12/2
2	43 Eve HINE	#1 Lee (Tenn.)	57.71c	1/14
3	50 Hilary UDECHUKWU	#2 Mississippi Colle	57.99c	1/14
4	75 Chandler ROBINSON	#3 Alabama-Huntsv	58.75c	1/20
5	81 Janay RYAN	#1 Lee (Tenn.)	58.83c	1/20
6	82 Carissa HALL	#1 Lee (Tenn.)	58.86c	1/20
7	88 Ravyn CYSTRUNK	#9 Savannah State	58.92c	1/21
8	90 Ereyonna GORE	#2 Mississippi Colle	58.97c	1/14
9	93 Talia PFIEFER	#5 Christian Brothe	59.05c	1/22
10	Kassie JORDAN	#7 Benedict	59.27c	1/20

Women's 800 Meters

1	34 Aria HAWKINS	#1 Lee (Tenn.)	2:16.83c	1/14
2	40 Haley HALL	#2 Mississippi Colle	2:17.98c	1/21
2	40 Morgan DUDLEY	#6 Embry-Riddle (Fl)	2:17.98c	1/19
4	47 Jazmin HERNANDEZ	#2 Mississippi Colle	2:18.35c	1/14
5	58 Lily HARE	#1 Lee (Tenn.)	2:18.92c	1/14
6	63 Caroline HARRIS	#6 Embry-Riddle (Fl)	2:19.17c	1/19
7	64 Megan ADAM	#1 Lee (Tenn.)	2:19.36c	1/14
8	68 Liza KELLERMAN	#1 Lee (Tenn.)	2:19.55c	1/20
9	70 Megan THOMPSON	#7 Benedict	2:19.67c	12/4
10	90 Leslie BAXTER	#2 Mississippi Colle	2:21.09c	1/21

Women's Mile

1	9 Lily HARE	#1 Lee (Tenn.)	P 4:56.81c	1/20
2	14 Aria HAWKINS	#1 Lee (Tenn.)	4:57.66c	1/20
3	16 Megan ADAM	#1 Lee (Tenn.)	4:59.00c	1/14
4	32 Liza KELLERMAN	#1 Lee (Tenn.)	5:01.14c	1/20
5	37 Johanna WISTOKAT	#5 Christian Brothe	5:01.55c	1/22
6	38 Lauren WALLACE	#2 Mississippi Colle	5:01.57c	1/14
7	50 Jazmin HERNANDEZ	#2 Mississippi Colle	5:03.65c	1/14
8	62 Anna MILLER	#6 Embry-Riddle (Fl)	5:05.59c	1/19
9	66 Emily BERRY	#2 Mississippi Colle	5:06.52c	1/21
10	Mackenzie KELLER	#6 Embry-Riddle (Fl)	5:11.90c	1/19

Women's 3000 Meters

1	36 Johanna WISTOKAT	#5 Christian Brothe	10:06.62c	1/22
2	39 Holly LITTLE	#11 Saint Leo	10:07.21c	1/19
3	45 Emily BERRY	#2 Mississippi Colle	10:09.84c	1/14
4	53 Julia HALTERMAN	#1 Lee (Tenn.)	10:12.25c	1/14
5	68 Paige PATTERSON	#11 Saint Leo	10:17.70c	1/19
6	74 Kerry REILLY	#11 Saint Leo	10:19.22c	1/19
7	75 Olivia MCLAIN	#1 Lee (Tenn.)	10:19.40c	1/14
8	79 Taylor ENGRAM	#3 Alabama-Huntsv	10:21.39c	1/14
9	85 Lauren WALLACE	#2 Mississippi Colle	10:23.34c	1/15
10	98 Ariana ANDERSON	#6 Embry-Riddle (Fl)	10:29.09c	1/19

Women's 5000 Meters

1	25 Julia HALTERMAN	#1 Lee (Tenn.)	17:29.44c	1/20
2	28 Olivia MCLAIN	#1 Lee (Tenn.)	17:32.04c	1/20
3	31 Taylor ENGRAM	#3 Alabama-Huntsv	17:38.32c	1/20
4	33 Emily MCMURRY	#3 Alabama-Huntsv	17:41.81c	1/20
5	39 Lauren WALLACE	#2 Mississippi Colle	17:46.48c	1/21
6	42 Katie KRUEGER	#1 Lee (Tenn.)	17:54.49c	1/20
7	45 Jazmin HERNANDEZ	#2 Mississippi Colle	18:01.69c	1/21
8	67 Emily BERRY	#2 Mississippi Colle	18:16.69c	1/15
9	81 Bre BELL	#2 Mississippi Colle	18:31.42c	1/15
10	86 Norma GUTIERREZ	#2 Mississippi Colle	18:37.46c	1/15



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South

Women's 4x400 Relay

1	9	Kelechi CHRISTIAN, Ereyonna GORE, Alana GREEN, Hilary UDECHUKWU	#2 Mississippi Colle	3:54.17c	1/14
2	11	Talia PFEIFER, Ana IGLESIAS, Pauline WILSON, Oriana GEE	#5 Christian Brothe	3:55.01c	1/22
3	12	Eve HINE, Carissa HALL, Kaia MARTZ, Janay RYAN	#1 Lee (Tenn.)	3:55.02c	1/20
4	28	Kassie JORDAN, Jada DAVID, Torriann NOAD, Kaneshia MOSES	#7 Benedict	3:58.60c	12/4
5	33	Ronni VANZANDT, Nikki MATA, Grace HAMPEL, Chandler ROBINSON	#3 Alabama-Huntsv	3:59.32c	1/14
6	39	Morgan DUDLEY, Laura MCBRIDE, Nina RICHARDSON, Caroline HARRIS	#6 Embry-Riddle (Fl)	4:00.23c	1/19
7	81	Camielle MILLEDGE, Nia HARRIS, Treneice GRIMES, Jazmine ANDERSON	#10 Shorter	4:09.90c	1/21
8	84	Skyelar AGUILAR, Julia AHAUS, Kayla GROPE, Sara THOMAS	#11 Saint Leo	4:10.41c	1/19
9		Jaylin BRADSHAW, Jurnie HEMSLEY, Amarianna LOFTON, Kaylah HUSTON	#12 Central State	4:15.26c	12/2
10		Jaysha BELL, Jaylynn WILLIAMS, Hannah BURTON, Esperance NIBITANGA	#13 Kentucky State	4:24.89c	12/3

Women's Distance Medley Relay

1	2	Megan ADAM, Liza KELLERMAN, Eve HINE, Aria HAWKINS	#1 Lee (Tenn.)	P 12:06.61c	1/20
2	15	Amber FISHER, Khaliyah BERRY, Sarah TURNER, Abby SNYDER	#8 Montevallo	14:05.70c	1/15

Women's High Jump

1	22	Amarianna LOFTON	#12 Central State	P 1.67mc	12/9
2	51	Gioia SCOPEL	#5 Christian Brothe	1.62mc	12/10
3	66	Liezl THERON	#1 Lee (Tenn.)	1.61mc	1/20
4	71	Kennedy SPEARS	#9 Savannah State	1.60mc	1/22
5		Adrianna BURAGE	#2 Mississippi Colle	1.55mc	12/2
5		Haley HALL	#2 Mississippi Colle	1.55mc	1/21
5		Olivia FULFORD	#4 West Georgia	1.55mc	1/14
5		Zauren BURTON	#8 Montevallo	1.55mc	1/22
9		Sydney WHITE	#1 Lee (Tenn.)	1.52mc	1/20
10		Tytavia HARDY	#2 Mississippi Colle	1.50mc	1/21

Women's Pole Vault

1	42	Malahne WALKER	#4 West Georgia	3.55mc	12/2
2	58	Brynn DEPINET	#1 Lee (Tenn.)	3.50mc	1/14
3	69	Ann HAMPTON	#3 Alabama-Huntsv	3.45mc	1/20
4	77	Skylar SUGGITT	#8 Montevallo	3.40mc	12/2
5	88	Leah DENDY	#8 Montevallo	3.35mc	1/15
6	98	Raegan MILLER	#3 Alabama-Huntsv	3.30mc	1/14
7		Emika MIYAMOTO	#3 Alabama-Huntsv	3.05mc	1/14
7		Bryce HACKWORTH	#4 West Georgia	3.05mc	1/22
7		Lauren HAMM	#3 Alabama-Huntsv	3.05mc	1/14
10		Taylor WALKER	#8 Montevallo	2.95mc	12/2
10		Piper KIMES	#6 Embry-Riddle (Fl)	2.95mc	1/19

Women's Long Jump

1	8	Paishence COLLIER	#4 West Georgia	P 5.95mc	1/14
2	22	Oriana GEE	#5 Christian Brothe	P 5.78mc	12/10
3	38	T'Oni BIRDEN	#4 West Georgia	5.64mc	1/14
4	43	Carissa HALL	#1 Lee (Tenn.)	5.61mc	1/14
5	58	Jydia FAUCETTE	#1 Lee (Tenn.)	5.56mc	1/20
6	82	Mia CULPEPPER	#4 West Georgia	5.45mc	1/14
7	95	Sadrea MABRY	#9 Savannah State	5.40mc	1/21
8		Da'Aliyah JOHNSON	#9 Savannah State	5.37mc	1/21
9		Tytavia HARDY	#2 Mississippi Colle	5.32mc	1/21
10		Mikaela MILES	#6 Embry-Riddle (Fl)	5.27mc	1/19

Women's Triple Jump

1	12	Mikaela MILES	#6 Embry-Riddle (Fl)	P 11.98mc	1/19
2	18	Mia CULPEPPER	#4 West Georgia	P 11.89mc	12/2
3	22	Jada DAVID	#7 Benedict	P 11.77mc	12/4
4	45	Sadrea MABRY	#9 Savannah State	11.49mc	1/22
5	47	T'Oni BIRDEN	#4 West Georgia	11.47mc	12/2
6	53	Haley TRAMMELL	#4 West Georgia	11.38mc	12/2
7	63	Tytavia HARDY	#2 Mississippi Colle	11.28mc	1/14
8	74	Eliane ROBINSON	#7 Benedict	11.19mc	12/4
9	89	Michala DANIELS	#6 Embry-Riddle (Fl)	11.10mc	1/19
10		Emma SORENSON	#6 Embry-Riddle (Fl)	10.75mc	1/19

Women's Shot Put

1	4	Shakira ARDISTER	#10 Shorter	P 14.83mc	1/21
2	20	Brandi BODDY	#4 West Georgia	P 13.75mc	1/22
3	92	Kimberly LUGG	#13 Kentucky State	12.42mc	12/3
4	96	Yasmine CHAMBERS	#7 Benedict	12.36mc	12/4
5		Deborah RUBIN	#1 Lee (Tenn.)	11.91mc	1/14
6		Essence TORNABENE	#2 Mississippi Colle	11.90mc	12/2
7		Hannah GANT	#3 Alabama-Huntsv	11.81mc	1/14
8		Symphony BUXTON	#1 Lee (Tenn.)	11.59mc	1/20
9		Sakari FAULKNER	#2 Mississippi Colle	11.31mc	12/2
10		Grace PUCKETT	#5 Christian Brothe	11.22mc	12/10



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South

Women's Weight Throw

1	17 Essence TORNABENE	#2 Mississippi Colle P	17.83mc	1/14
2	23 Deborah RUBIN	#1 Lee (Tenn.) P	17.10mc	1/14
3	24 Brandi BODDY	#4 West Georgia P	17.00mc	1/22
4	27 Shakira ARDISTER	#10 Shorter	16.93mc	1/21
5	30 Hannah GANT	#3 Alabama-Huntsv	16.85mc	1/20
6	38 Symphony BUXTON	#1 Lee (Tenn.)	16.73mc	1/14
7	49 Nyla SHIPMAN	#8 Montevallo	16.32mc	1/22
8	79 Jovita DAVE	#10 Shorter	15.62mc	12/2
9	83 TaNiyah THOMAS	#3 Alabama-Huntsv	15.51mc	1/20
10	99 Kirsten ROLLE	#6 Embry-Riddle (Fl)	15.12mc	1/19

Women's Pentathlon

1	43 Liezl THERON	#1 Lee (Tenn.)	3,065c	1/20
2	57 Sydney WHITE	#1 Lee (Tenn.)	2,935c	1/20
3	59 Ronni VANZANDT	#3 Alabama-Huntsv	2,851c	1/20
4	Kiffin BRUN	#8 Montevallo	2,066c	1/19



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South Central

Women's 60 Meters

1	9	Leah BELFIELD	#1 West Texas A&M	P 7.48c	12/10
2	16	DeOndra GREEN	#1 West Texas A&M	P 7.55c	1/13
3	27	Brittany FUCHS	#2 UC-Colorado Spr	P 7.62c	12/9
4	44	Audrey BLOOMQUIST	#2 UC-Colorado Spr	P 7.67c	12/9
5	52	Bryah DAVIS	#18 Oklahoma Christ	P 7.70c	1/20
6	56	Breanne FULLER	#19 Black Hills State	P 7.71c	1/14
7	63	Keyanda BOLTON	#2 UC-Colorado Spr	P 7.73c	12/9
8	69	Patreece CLARKE	#9 New Mexico High	P 7.75c	12/9
8	69	Jaivion LATTIMORE	#15 MSU Denver	P 7.75c	1/21
10	72	Joy EGWU	#17 Lubbock Christi	P 7.76c	1/21

Women's 800 Meters

1	3	Helen BRAYBROOK	#5 CSU Pueblo	P 2:12.31c	1/21
2	10	Maggie MCCLESKEY	#8 Adams State	P 2:14.00c	1/21
3	14	Taylor HOLLAND	#5 CSU Pueblo	P 2:14.63c	12/9
4	15	Courtney MCALINDON	#12 Westminster (Ut	P 2:14.74c	1/20
5	16	Mackenzie DUCK	#7 Colo. School of M	P 2:14.75c	1/21
6	18	Leah TAYLOR	#4 Western Colorad	P 2:14.97c	1/21
7	24	Josii JOHNSON	#12 Westminster (Ut	P 2:16.21c	1/12
8	25	Emma KJELLEN	#4 Western Colorad	P 2:16.24c	1/21
9	26	Aryelle WRIGHT	#7 Colo. School of M	P 2:16.28c	12/9
10	36	Nathalia ESCONTRIAS	#14 Midwestern Stat	P 2:16.95c	12/10

Women's 60 Meter Hurdles

1	5	Patreece CLARKE	#9 New Mexico High	P 8.51c	12/9
2	8	Makenzie HALE	#13 UT Tyler	P 8.64c	12/2
2	8	Missy MORENI	#2 UC-Colorado Spr	P 8.64c	1/21
4	27	Laiten GREESON	#1 West Texas A&M	P 8.80c	12/9
5	34	Maricia SPENCE	#3 Angelo State	P 8.86c	12/9
6	38	Elliot HARRISON	#1 West Texas A&M	P 8.91c	12/9
7	40	Maya RIES	#15 MSU Denver	P 8.92c	1/21
8	55	Abby ZAMZOW	#3 Angelo State	P 9.02c	12/9
9	65	Anna RICCOMAGNO	#3 Angelo State	P 9.08c	12/9
10	66	Regan THORNE	#4 Western Colorad	P 9.09c	12/9

Women's Mile

1	1	Eleonora CURTABBI	#1 West Texas A&M	P 4:51.97c	1/13
2	2	Courtney MCALINDON	#12 Westminster (Ut	P 4:53.08c	12/8
3	4	Kira MACGILL	#6 Colorado Mesa	P 4:54.31c	1/21
4	10	Margot THOMAS	#5 CSU Pueblo	P 4:57.06c	12/9
5	11	Helen BRAYBROOK	#5 CSU Pueblo	P 4:57.23c	12/9
6	15	Maggie MCCLESKEY	#8 Adams State	P 4:57.76c	1/13
7	22	Amailia DORIN	#8 Adams State	P 4:59.35c	12/9
8	24	Emma KJELLEN	#4 Western Colorad	P 4:59.75c	12/9
9	28	Florance UWAJENEZA	#1 West Texas A&M	P 5:00.01c	1/13
10	34	Emme O'DONNELL	#10 Dallas Baptist	P 5:01.46c	12/10

Women's 200 Meters

1	17	Jordan BURNETT	#6 Colorado Mesa	P 24.72c	1/21
2	36	Keyanda BOLTON	#2 UC-Colorado Spr	P 25.02c	12/9
3	40	Brittany FUCHS	#2 UC-Colorado Spr	P 25.08c	1/13
4	43	Bryah DAVIS	#18 Oklahoma Christ	P 25.13c	1/13
4	43	Kaiya FIROR	#4 Western Colorad	P 25.13c	1/21
6	49	Anna SALISBURY	#17 Lubbock Christi	P 25.21c	1/13
7	64	Breanne FULLER	#19 Black Hills State	P 25.32c	1/20
8	66	Allyssa ROMERO	#15 MSU Denver	P 25.34c	1/21
9	80	Patreece CLARKE	#9 New Mexico High	P 25.42c	1/21
10	85	Moillet KOUAKOU	#1 West Texas A&M	P 25.49c	12/10

Women's 3000 Meters

1	1	Brianna ROBLES	#8 Adams State	P 9:13.55c	12/9
2	2	Precious ROBINSON	#8 Adams State	P 9:23.56c	12/9
3	3	Reina PAREDES	#8 Adams State	P 9:27.30c	12/9
4	4	Emily SCHOELLKOPF	#8 Adams State	P 9:27.34c	12/9
5	9	Anna FAUSKE	#2 UC-Colorado Spr	P 9:43.15c	12/9
6	10	Margot THOMAS	#5 CSU Pueblo	P 9:44.15c	12/9
7	11	Madison BROWN	#10 Dallas Baptist	P 9:47.54c	12/10
8	14	Marissa INSINNA	#10 Dallas Baptist	P 9:53.27c	12/10
9	27	Libby MCGRATH	#2 UC-Colorado Spr	P 10:02.81c	1/21
10	33	Amanda LEE	#12 Westminster (Ut	P 10:05.98c	1/20

Women's 400 Meters

1	6	Shadae FINDLEY	#3 Angelo State	P 55.52c	1/13
2	13	McKenna MOLDER	#6 Colorado Mesa	P 56.29c	12/9
3	15	Shiean WALTERS	#3 Angelo State	P 56.47c	1/13
4	16	Anna SALISBURY	#17 Lubbock Christi	P 56.55c	1/21
5	19	Jordan BURNETT	#6 Colorado Mesa	P 56.70c	12/9
6	26	Zykia MCDANIEL	#3 Angelo State	P 57.17c	1/13
7	27	Jaylen HOGUE	#14 Midwestern Stat	P 57.24c	1/13
8	32	Moillet KOUAKOU	#1 West Texas A&M	P 57.36c	12/10
9	37	Allyssa ROMERO	#15 MSU Denver	P 57.53c	1/21
10	46	Aryelle WRIGHT	#7 Colo. School of M	P 57.82c	1/21

Women's 5000 Meters

1	11	Amailia DORIN	#8 Adams State	P 17:00.94c	12/3
2	20	Claire PAULEY	#5 CSU Pueblo	P 17:20.36c	12/9
3	37	KayCee KELLER	#10 Dallas Baptist	P 17:44.18c	12/10
4	43	Molly BREUER	#2 UC-Colorado Spr	P 17:58.89c	12/9
5	44	Jessica MADRID	#2 UC-Colorado Spr	P 18:00.33c	12/9
6	47	ABI READ	#15 MSU Denver	P 18:02.43c	12/9
7	48	Jenna HOWARD	#10 Dallas Baptist	P 18:02.79c	12/10
8	76	Lily JACOBS	#10 Dallas Baptist	P 18:27.76c	12/10
9	87	Alex FELLER	#14 Midwestern Stat	P 18:38.42c	12/10
10		Jessica PLASCENCIA	#10 Dallas Baptist	P 18:52.52c	12/10



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Women's 4x400 Relay

1	2	Shiean WALTERS, Zykia MCDANIEL, Maricia SPENCE, Shadae FINDLEY	#3 Angelo State	P 3:46.48c	1/13
2	10	Randi HIGASHI, Mackenzie DUCK, Aryelle WRIGHT, Amena NELSON	#7 Colo. School of M	3:54.64c	1/21
3	19	Beatrice ARMIJO, Lucia HARRISON, Nadine ROSE, Charity JOHNSON	#9 New Mexico High	3:56.65c	12/9
4	26	Skylar HAWK, Brittany FUCHS, Keyanda BOLTON, Amber DAVIS	#2 UC-Colorado Spr	3:58.21c	12/9
5	29	Moillet KOUAKOU, Leah BELFIELD, Jordanae SCOTT, Jordan BROWN	#1 West Texas A&M	3:59.18c	1/13
6	31	Erin CASE, Ella HARRIS, Taylor HOLLAND, Helen BRAYBROOK	#5 CSU Pueblo	3:59.23c	12/9
7	38	Asia ROBERTSON, Da'Shrana SIMS, Jadyn DANGERFIELD, Trell'Kyrah WATKINS	#14 Midwestern Stat	4:00.03c	12/10
8	41	Abbey BRADSHAW, Whitney WILLEFORD, Reagan JONES, Ellie FRYE	#10 Dallas Baptist	4:00.55c	12/10
9	43	Kelia PORTIS, Clara TUTI, Kiarra LAPP, Regan THORNE	#4 Western Colorad	4:01.05c	12/9
10	48	Jozlyn ARANA, Kiley CUMMINGS, Joy EGWU, Anna SALISBURY	#17 Lubbock Christia	4:01.59c	1/13

Women's High Jump

1	1	Ahshareah ENOE	#9 New Mexico High	P 1.85mc	12/9
2	6	Brooke URBAN	#1 West Texas A&M	P 1.71mc	12/10
3	7	Samantha BRETZ	#4 Western Colorad	P 1.70mc	12/9
3	7	Josie COFFEY	#6 Colorado Mesa	P 1.70mc	12/9
5	12	Hope MATTESON	#6 Colorado Mesa	P 1.69mc	12/9
6	15	Faith NOVESS	#2 UC-Colorado Spr	P 1.68mc	12/9
7	26	Lexye WOOD	#7 Colo. School of M	1.66mc	1/21
8	30	Mikayla JONES	#5 CSU Pueblo	1.65mc	12/9
8	30	Destiny PELTON	#11 Chadron State	1.65mc	1/14
8	30	Aerin THOMPSON	#13 UT Tyler	1.65mc	1/20
8	30	Elliot HARRISON	#1 West Texas A&M	1.65mc	12/9
8	30	Jourdaine CERENIL	#11 Chadron State	1.65mc	1/14

Women's Pole Vault

1	3	Hannah MILLER	#7 Colo. School of M	P 4.08mc	12/9
2	7	Avery HERBOLD	#7 Colo. School of M	P 3.95mc	12/2
3	11	Abeni KRATZMEYER	#13 UT Tyler	P 3.88mc	1/20
4	15	Ava KOWALSKI	#7 Colo. School of M	P 3.80mc	1/21
5	24	Dale THOMPSON	#7 Colo. School of M	P 3.70mc	1/21
6	27	Lauren SMITH	#4 Western Colorad	P 3.68mc	12/9
7	45	Laura BRIGNOLI	#4 Western Colorad	3.53mc	12/9
7	45	Choying O'BRIEN	#4 Western Colorad	3.53mc	12/9
7	45	Olivia MITCHELL	#13 UT Tyler	3.53mc	1/13
7	45	Brianna SPENCER	#2 UC-Colorado Spr	3.53mc	12/9

Women's Long Jump

1	12	Miriam ZANOVELLO	#1 West Texas A&M	P 5.86mc	1/13
2	17	Maricia SPENCE	#3 Angelo State	P 5.83mc	1/13
2	17	Abby ZAMZOW	#3 Angelo State	P 5.83mc	12/9
4	27	Lexye WOOD	#7 Colo. School of M	P 5.70mc	12/9
5	28	Taylor NELLOMS	#1 West Texas A&M	P 5.68mc	12/10
6	32	Daniela PESIC	#1 West Texas A&M	P 5.67mc	1/13
6	32	Audrey BLOOMQUIST	#2 UC-Colorado Spr	P 5.67mc	12/9
8	42	Anna RICCOMAGNO	#3 Angelo State	5.62mc	1/13
9	43	Kailee BENTON	#1 West Texas A&M	5.61mc	1/13
10	64	Kathryn CARROLL	#2 UC-Colorado Spr	5.52mc	1/21

Women's Triple Jump

1	1	Taylor NELLOMS	#1 West Texas A&M	P 12.76mc	1/13
2	8	Miriam ZANOVELLO	#1 West Texas A&M	P 12.30mc	12/10
3	9	Eireann DONOHOE	#4 Western Colorad	P 12.20mc	1/21
4	10	Audrey BLOOMQUIST	#2 UC-Colorado Spr	P 12.19mc	12/9
5	15	Kiana JACKSON	#6 Colorado Mesa	P 11.94mc	12/9
6	33	Allison VAUGHN	#3 Angelo State	11.62mc	1/13
7	37	Abby ZAMZOW	#3 Angelo State	11.57mc	1/21
8	48	Jazmin RAY	#16 Texas A&M-King	11.46mc	12/10
9	55	Kylie FRUSH	#3 Angelo State	11.36mc	1/13
10	57	Hekla MAGNUSDOTTIR	#1 West Texas A&M	11.33mc	12/10

Women's Shot Put

1	8	Kyla SAWWELL	#11 Chadron State	P 14.50mc	1/20
2	12	Ali ALDRICH	#4 Western Colorad	P 14.19mc	1/21
3	13	Katherine HIGGINS	#5 CSU Pueblo	P 14.12mc	12/9
4	14	Febe WESSELS	#5 CSU Pueblo	P 14.03mc	1/21
5	21	Katryna HERNANDEZ	#16 Texas A&M-King	P 13.71mc	12/10
6	33	Maricia SPENCE	#3 Angelo State	13.42mc	12/9
7	35	Tamia SMITH	#21 Eastern New Me	13.38mc	1/13
8	41	Emily MALOUF	#12 Westminster (Ut	13.25mc	1/20
9	48	Alexandria TICE	#1 West Texas A&M	12.98mc	1/21
10	56	Heather GRAHAM	#5 CSU Pueblo	12.92mc	12/9



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South Central

Women's Weight Throw

1	5	Kyla SAWWELL	#11 Chadron State	P 19.45mc	1/14
2	15	Anna HOLLAND	#2 UC-Colorado Spr	P 18.02mc	12/9
3	16	Olivia MIKAELIAN	#5 CSU Pueblo	P 17.93mc	12/2
4	21	Ali ALDRICH	#4 Western Colorad	P 17.64mc	1/21
5	37	Jada SEWELL	#1 West Texas A&M	16.74mc	12/10
6	50	Courtney SMITH	#11 Chadron State	16.30mc	12/2
6	50	Jenna SAYLER	#20 South Dakota Mi	16.30mc	1/14
8	54	Kaitlyn SCOTT	#9 New Mexico High	16.23mc	1/21
9	56	Krystal WORTHAM	#4 Western Colorad	16.17mc	1/21
10	88	Chloe BRACKENBURY	#4 Western Colorad	15.34mc	1/21

Women's Pentathlon

1	5	Maricia SPENCE	#3 Angelo State	P 3,817c	12/9
2	10	Abby ZAMZOW	#3 Angelo State	P 3,657c	12/9
3	11	Anna RICCOMAGNO	#3 Angelo State	P 3,583c	12/9
4	16	Elliot HARRISON	#1 West Texas A&M	P 3,483c	12/9
5	17	Laiten GREESON	#1 West Texas A&M	P 3,476c	12/9
6	18	Mica JENRETTE	#6 Colorado Mesa	P 3,471c	12/9
7	20	Allison VAUGHN	#3 Angelo State	P 3,366c	12/9
8	26	Hope MATTESON	#6 Colorado Mesa	P 3,251c	12/9
9	28	Faith NOVESS	#2 UC-Colorado Spr	3,235c	12/9
10	31	Maggie REMSBERG	#2 UC-Colorado Spr	3,187c	12/9



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Southeast

Women's 60 Meters

1	3	Alexis BROWN	#1 Lenoir-Rhyne	P 7.34c	12/9
2	6	Sade DESOUZA	#4 Carson-Newman	P 7.41c	1/13
3	28	Melody JONES	#1 Lenoir-Rhyne	P 7.63c	1/20
4	38	Mycherie ONWUZURUKIE	#8 Southern Wesley	P 7.65c	12/2
5	44	Mahala EVANS	#12 UNC Pembroke	7.67c	1/14
6	52	Jaylin REEVES	#3 Mount Olive	7.70c	1/14
6	52	Tiara COX	#11 North Greenville	7.70c	1/20
8	72	Sarah ABUMERE	#16 Newberry	7.76c	1/22
9	85	Janaya DAVIS-GAINER	#4 Carson-Newman	7.79c	1/13
10	98	Kiera TAYLOR	#15 Tusculum	7.80c	12/3
10	98	Jordan SHEALEY	#1 Lenoir-Rhyne	7.80c	1/20

Women's 60 Meter Hurdles

1	12	Melody JONES	#1 Lenoir-Rhyne	P 8.65c	1/20
2	29	Kadidja SANGARE	#4 Carson-Newman	P 8.81c	1/13
3	43	Phoebe MYERS	#9 Converse	8.94c	1/20
4	45	Amari SMITH	#10 Limestone	8.99c	1/14
4	45	Theresa GREEN-WHITE	#15 Tusculum	8.99c	1/14
6	54	Kennedy CONNER	#1 Lenoir-Rhyne	9.02c	12/9
7	73	Isabelle FLORES	#17 Belmont Abbey	9.13c	1/14
8		Mataylin GOINS	#14 Lincoln Memoria	9.30c	12/3
9		Karolina COLON	#17 Belmont Abbey	9.36c	1/20
9		Naizja REDDING	#23 Coker	9.36c	12/3

Women's 200 Meters

1	10	Alexis BROWN	#1 Lenoir-Rhyne	P 24.47c	12/9
2	21	Jaylin REEVES	#3 Mount Olive	P 24.77c	12/4
3	25	Samantha PAYNE	#6 Catawba	P 24.86c	12/4
4	36	Jordan SHEALEY	#1 Lenoir-Rhyne	25.02c	12/9
5	38	Sade DESOUZA	#4 Carson-Newman	25.05c	1/13
6	78	Hannah HILL	#11 North Greenville	25.41c	1/20
7	82	Naiobi WHITE	#2 Wingate	25.45c	1/22
8		Quinn WALL	#14 Lincoln Memoria	25.57c	12/3
9		Lacey BOOZER	#5 Anderson (S.C.)	25.68c	12/3
10		Cierra WRIGHT	#8 Southern Wesley	25.72c	1/14

Women's 400 Meters

1	12	Samantha PAYNE	#6 Catawba	P 56.18c	12/4
2	23	Tytiana WILSON	#4 Carson-Newman	P 56.79c	1/13
3	53	Jordan SHEALEY	#1 Lenoir-Rhyne	58.07c	12/3
4	60	Abby HEATH	#2 Wingate	58.29c	12/9
5	71	Brianna QUARTARARO	#5 Anderson (S.C.)	58.55c	1/14
6	82	Hannah HILL	#11 North Greenville	58.86c	1/14
7	86	Jaiden MOODY	#3 Mount Olive	58.91c	1/20
8	91	Shanyia GREY	#9 Converse	58.98c	12/3
9	97	Cierra WRIGHT	#8 Southern Wesley	59.07c	1/14
10		Damyja ALEJANDRO-ORTIZ	#1 Lenoir-Rhyne	59.35c	12/9

Women's 800 Meters

1		Abigail MISCH	#7 Flagler	2:21.96c	12/4
2		Katy NEUBERT	#19 King	2:22.99c	1/22
3		Emily CODDINGTON	#15 Tusculum	2:24.03c	1/20
4		Emma WHITAKER	#5 Anderson (S.C.)	2:24.25c	1/20
5		JaBresha PALMER	#18 Clayton State	2:25.71c	1/22
6		Lea STEINBACH	#7 Flagler	2:25.72c	1/19
7		Olivia OVERHOLT	#1 Lenoir-Rhyne	2:26.03c	12/3
8		Avery SHOPE	#11 North Greenville	2:26.33c	1/20
9		Katherine THOMPSON	#13 Erskine	2:26.63c	1/20
10		Ruth SPIJKER	#9 Converse	2:26.87c	1/20

Women's Mile

1	16	Lauryn TUMEY	#2 Wingate	4:59.00c	1/22
2	72	Megan CHURCHILL	#7 Flagler	5:07.23c	1/19
3	90	Monika KUBAI	#7 Flagler	5:09.57c	1/19
4	95	Marissa KEMPF	#7 Flagler	5:10.55c	12/4
5		Natalie ALMOND	#6 Catawba	5:15.40c	1/22
6		Lauren BEATTY	#9 Converse	5:17.62c	1/14
7		Aubrey STODDARD	#5 Anderson (S.C.)	5:19.19c	1/20
8		Sam GAYTON	#7 Flagler	5:19.55c	1/19
9		Ruth SPIJKER	#9 Converse	5:20.88c	12/3
10		Enora TOUPIN	#2 Wingate	5:23.90c	1/22

Women's 3000 Meters

1	37	Zoe BRICKLEY	#2 Wingate	10:06.69c	12/9
2	62	Brooke FOSTER	#14 Lincoln Memoria	10:15.13c	1/14
3	71	Enola SAVEL	#7 Flagler	10:18.11c	12/4
4	80	Elise MATTHEWS	#5 Anderson (S.C.)	10:22.13c	1/14
5	92	Natalie ALMOND	#6 Catawba	10:27.13c	1/22
6		Kathryn ANDERSON	#12 UNC Pembroke	10:31.02c	1/22
7		Emily GOLDEN	#5 Anderson (S.C.)	10:33.53c	1/14
8		Amber SCOTT	#2 Wingate	10:35.74c	12/9
9		Mikayla JONES	#6 Catawba	10:41.39c	1/22
10		Lauren BEATTY	#9 Converse	10:44.97c	12/3

Women's 5000 Meters

1	13	Mollie SCOTT	#2 Wingate	P 17:06.12c	12/9
2	21	Tatjana MENSE	#2 Wingate	17:24.73c	12/9
3	30	Lauryn TUMEY	#2 Wingate	17:38.25c	12/9
4	41	Brooklyn PIERCE	#2 Wingate	17:53.34c	12/9
5	46	Emily GOLDEN	#5 Anderson (S.C.)	18:02.21c	1/20
6	56	Elise MATTHEWS	#5 Anderson (S.C.)	18:10.91c	1/20
7	66	Paige EWALD	#1 Lenoir-Rhyne	18:16.24c	12/3
8	69	Lauren BEATTY	#9 Converse	18:20.29c	1/20
9	75	Kathrin POLKE	#1 Lenoir-Rhyne	18:26.67c	12/3
10	79	Vennise SHELTON	#2 Wingate	18:29.87c	12/9



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Southeast

Women's 4x400 Relay

1	27	Jaiden MOODY, Vinesha BRIGGS, Jaylin REEVES, Channie JEFFERSON	#3 Mount Olive	3:58.48c	1/20
2	42	Onii BIVENS, Gianna GUTIERREZ, Skylar PAYNE, Samantha PAYNE	#6 Catawba	4:00.76c	12/4
3	44	Lacey BOOZER, Autumnn BLADEN, Joeli HAYDEN, Brianna QUARTARARO	#5 Anderson (S.C.)	4:01.26c	12/3
4	60	Hannah HILL, Carleigh VAUGHN, Zoie JUSTICE, JoAnn SMILING	#11 North Greenville	4:05.41c	1/20
5	65	Tytiana WILSON, Lauren TABOR, Abbie ZANDER, Kellie IVENS	#4 Carson-Newman	4:07.55c	1/13
6	71	Ashlee LEWIS, Elizabeth CLOSE, Micah SELLS, Vyctoria BOGER	#14 Lincoln Memoria	4:08.44c	1/14
7	73	Desiree CONNER, Deimante BEDALYTE, Khasmine HARRIS, Amari SMITH	#10 Limestone	4:08.75c	1/20
8	74	Karolina COLON, Sekyah CHESTNUT, Olivia WHITE, Isabelle FLORES	#17 Belmont Abbey	4:08.77c	12/3
9	88	Mikayla OSBORNE, Enesyice KENNEMORE, Ivorie SMITH, JaBresha PALMER	#18 Clayton State	4:11.15c	1/22
10		Theresa GREEN-WHITE, Kiera TAYLOR, Kyliya WRIGHT, Aliyah ADDERLEY	#15 Tusculum	4:15.98c	12/3

Women's Distance Medley Relay

1	8	Riley NICHOLSON, Brianna MILLER, Zoie JUSTICE, Avery SHOPE	#11 North Greenville	13:17.14c	1/20
2	9	Chloe MUMAW, Leah DOTSON, Katherine THOMPSON, Becca BOWERS	#13 Erskine	13:23.86c	1/20
3	12	Jada WARREN, Ivorie SMITH, Sasha KNOWLES, Tanaeya JOHNSON	#18 Clayton State	13:38.52c	1/15

Women's High Jump

1	12	Kennedy CONNER	#1 Lenoir-Rhyne	P 1.69mc	12/9
2	15	Valerie DAEHLER	#2 Wingate	P 1.68mc	1/22
2	15	Moena BATTLE	#2 Wingate	P 1.68mc	1/22
2	15	Nathalie SCHUMACHER	#4 Carson-Newman	P 1.68mc	1/20
5	42	Georgia PIPER	#5 Anderson (S.C.)	1.64mc	12/3
6		Phoebe MYERS	#9 Converse	1.58mc	1/20
6		Morgan STANTON	#4 Carson-Newman	1.58mc	1/13
8		Sofia LANINA	#1 Lenoir-Rhyne	1.57mc	12/2
8		Amanda LISI	#14 Lincoln Memoria	1.57mc	1/14
10		Madelyn BRIGHT	#24 Emmanuel (Ga.)	1.55mc	1/22

Women's Pole Vault

1	37	Abby OWENS	#4 Carson-Newman	3.60mc	12/9
2	77	Camryn HARRIS	#10 Limestone	3.40mc	1/20
3	88	Pearl BALLARD	#1 Lenoir-Rhyne	3.35mc	12/9
4		Lacey TRIPLETT	#1 Lenoir-Rhyne	3.05mc	12/9
5		Ava LABRANT	#8 Southern Wesley	3.00mc	1/20
5		Kirsten LEONARD	#5 Anderson (S.C.)	3.00mc	1/14
7		Trinity FRAYER	#3 Mount Olive	2.90mc	1/20
8		Caitlin PAULINS	#19 King	2.80mc	1/14
9		Stephenie BROWN	#1 Lenoir-Rhyne	2.75mc	12/4
9		Stacie JORGENSEN	#1 Lenoir-Rhyne	2.75mc	12/4
9		Kennedy CONNER	#1 Lenoir-Rhyne	2.75mc	1/20
9		Melena HOWELL	#1 Lenoir-Rhyne	2.75mc	12/4

Women's Long Jump

1	5	Kadidja SANGARE	#4 Carson-Newman	P 6.00mc	1/13
2	11	Mycherie ONWUZURUKIE	#8 Southern Wesley	P 5.87mc	1/14
3	13	MeKayla WHITE	#6 Catawba	P 5.85mc	1/22
4	24	Jada PITTMAN	#8 Southern Wesley	P 5.77mc	1/14
5	43	Sydney MCCARTY	#4 Carson-Newman	5.61mc	1/13
6	49	Maisonne JONES	#22 USC Beaufort (S.)	5.59mc	1/22
6	49	Melody JONES	#1 Lenoir-Rhyne	5.59mc	1/20
8	64	Cristina VILLANUEVA	#17 Belmont Abbey	5.52mc	1/20
9	73	Efemena EGBERI	#6 Catawba	5.50mc	12/4
10	78	Mora SMITH	#3 Mount Olive	5.47mc	12/4

Women's Triple Jump

1	27	MeKayla WHITE	#6 Catawba	P 11.67mc	1/22
2	35	Tyleah MOORER	#13 Erskine	11.60mc	12/2
3	41	Holly KONE	#1 Lenoir-Rhyne	11.53mc	1/20
4	56	Mycherie ONWUZURUKIE	#8 Southern Wesley	11.35mc	1/14
5	60	Leah DOTSON	#13 Erskine	11.30mc	12/2
6	81	Kennedy CONNER	#1 Lenoir-Rhyne	11.16mc	12/9
6	81	Lora DILLON	#20 Lees-McRae	11.16mc	1/20
8	85	Mora SMITH	#3 Mount Olive	11.13mc	12/4
9	99	Karla HORMAZABAL	#3 Mount Olive	11.05mc	12/4
10		Brooke TAYLOR	#4 Carson-Newman	10.97mc	1/13



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Women's Shot Put

1	84 Taylor SMITH	#10 Limestone	12.53mc	1/20
2	91 Mary Brigid KECK	#3 Mount Olive	12.43mc	12/4
3	94 Amber LAWLESS	#2 Wingate	12.41mc	1/22
4	97 Kaliya SUTTON	#3 Mount Olive	12.33mc	12/3
5	Olivia JACKSON	#1 Lenoir-Rhyne	12.18mc	12/2
6	Marlesia WALKER	#1 Lenoir-Rhyne	11.93mc	12/2
7	Ashley LINDSAY	#3 Mount Olive	11.90mc	12/4
8	Alycia ARTMAN	#12 UNC Pembroke	11.85mc	1/22
9	Katlyn PARRISH	#3 Mount Olive	11.70mc	1/14
10	Rachael TURNER	#2 Wingate	10.94mc	1/22

Women's Weight Throw

1	47 Mary Brigid KECK	#3 Mount Olive	16.46mc	12/4
2	67 Irma WATSON-PEREZ	#16 Newberry	15.77mc	1/22
3	86 Kaliya SUTTON	#3 Mount Olive	15.43mc	12/3
4	96 Raigan EVANS	#12 UNC Pembroke	15.20mc	1/20
5	Lillian MARINO	#12 UNC Pembroke	14.71mc	1/20
6	Andrea PASCUAL RIVERA	#16 Newberry	14.36mc	1/22
7	Trinity DOWNS	#10 Limestone	14.35mc	1/20
8	Rolanda DESIR-MOREAU	#3 Mount Olive	14.18mc	1/20
9	Alycia ARTMAN	#12 UNC Pembroke	14.12mc	1/14
10	Marlesia WALKER	#1 Lenoir-Rhyne	14.04mc	12/2

Women's Pentathlon

1	29 Kennedy CONNER	#1 Lenoir-Rhyne	3,229c	12/9
2	65 Miranda MARR	#1 Lenoir-Rhyne	2,777c	12/9
3	68 Lacey TRIPLETT	#1 Lenoir-Rhyne	2,752c	12/9
4	84 Alina MUELLER	#21 Mars Hill	2,614c	12/9
5	94 Sofia ULANDAY	#1 Lenoir-Rhyne	2,466c	12/9
6	Tylyia TRIGGS	#3 Mount Olive	2,205c	12/9



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West

Women's 60 Meters

1	8	Marie-Eloise LECLAIR	#7 Simon Fraser	P 7.45c	1/14
2	10	Ayana FIELDS	#3 Cal Poly Pomona	P 7.50c	12/10
3	21	Selena ARJONA-ALCAZAR	#1 Academy of Art	P 7.59c	12/10
4	32	Darria MATTHIAS	#1 Academy of Art	P 7.64c	1/13
4	32	Abbey WOOD	#11 Northwest Nazarene	P 7.64c	12/8
6	39	E'lexis HOLLIS	#5 Central Washington	P 7.66c	12/10
6	39	Yuna QUENIAT	#3 Cal Poly Pomona	P 7.66c	12/10
8	56	Britney CLARK	#1 Academy of Art	7.71c	12/10
9	68	Maya HOPWOOD	#6 Western Oregon	7.74c	1/14
10	72	Maliyah THOMPSON	#6 Western Oregon	7.76c	1/13

Women's 60 Meter Hurdles

1	3	Esther CONDE-TURPIN	#2 Azusa Pacific	P 8.44c	1/21
2	7	Nicole WARWICK	#2 Azusa Pacific	P 8.57c	1/21
3	12	Marie-Jeanne OUREGA	#1 Academy of Art	P 8.65c	1/21
4	25	Lauryn CHANDLER	#5 Central Washington	P 8.79c	1/13
5	27	Alysa HENRY	#2 Azusa Pacific	P 8.80c	1/20
6	59	Susie FOWLER	#3 Cal Poly Pomona	9.05c	12/10
6	59	Maliyah THOMPSON	#6 Western Oregon	9.05c	1/13
8	63	Mette VAN DER MEER	#15 Alaska Anchorage	9.06c	1/14
9	73	Hannah CHANG	#8 Seattle Pacific	9.13c	12/10
10	77	Sarah SEWELL	#5 Central Washington	9.15c	1/13

Women's 200 Meters

1	1	Ayana FIELDS	#3 Cal Poly Pomona	P 23.71c	1/21
2	13	Selena ARJONA-ALCAZAR	#1 Academy of Art	P 24.63c	1/13
3	16	Darria MATTHIAS	#1 Academy of Art	P 24.71c	1/13
4	25	Yuna QUENIAT	#3 Cal Poly Pomona	P 24.86c	1/21
5	32	Britney CLARK	#1 Academy of Art	24.96c	12/10
6	54	Alayna VERNER	#2 Azusa Pacific	25.26c	1/20
7	66	Kelsey EHINLAIYE	#3 Cal Poly Pomona	25.34c	1/21
8	73	Jaelyn THOMAS	#3 Cal Poly Pomona	25.38c	1/21
9	97	Alicia THOMAS	#1 Academy of Art	25.56c	1/13
10		Juliette WILLIAMS	#5 Central Washington	25.65c	12/10

Women's 400 Meters

1	9	Alayna VERNER	#2 Azusa Pacific	P 55.88c	1/21
2	10	Ayana FIELDS	#3 Cal Poly Pomona	P 55.90c	12/10
3	33	Kiayra HOLMES	#2 Azusa Pacific	57.39c	1/21
4	41	Anna BELLES GALLEN	#1 Academy of Art	57.59c	12/10
5	45	Elise HOPPER	#5 Central Washington	57.74c	1/20
6	76	Marissa CRANE	#8 Seattle Pacific	58.77c	12/10
7		Jaelyn THOMAS	#3 Cal Poly Pomona	59.24c	12/10
8		Aniya GREEN	#8 Seattle Pacific	59.55c	1/14
8		Claire BOSMA	#7 Simon Fraser	59.55c	1/14
10		Tianna JARDSTROM	#3 Cal Poly Pomona	59.77c	12/10

Women's 800 Meters

1	1	Vanessa ANITEYE	#8 Seattle Pacific	P 2:10.83c	1/14
2	6	Lina HANICH	#1 Academy of Art	P 2:13.28c	1/21
3	13	Marian LEDESMA	#4 Western Washington	P 2:14.40c	1/14
4	19	Michaela ANDREWS	#1 Academy of Art	2:15.16c	1/20
5	20	Katharina GOETSCHL	#1 Academy of Art	2:15.21c	1/21
6	45	Sophie WRIGHT	#4 Western Washington	2:18.14c	1/14
7	49	Eline PINTER	#2 Azusa Pacific	2:18.52c	1/20
8	55	Briseida GARCIA MEZA	#2 Azusa Pacific	2:18.82c	1/20
9	59	Sarah SEWELL	#5 Central Washington	2:18.97c	1/20
10	61	Megan ROXBY	#7 Simon Fraser	2:19.10c	1/14

Women's Mile

1	20	Megan ROXBY	#7 Simon Fraser	4:59.19c	1/14
2	26	Katharina GOETSCHL	#1 Academy of Art	4:59.90c	1/20
3	29	Grace SOUTHERN	#1 Academy of Art	5:00.44c	1/21
4	38	Sophie WRIGHT	#4 Western Washington	5:01.57c	1/14
5	45	Mia CROCKER	#4 Western Washington	5:03.07c	1/14
6	49	Eline PINTER	#2 Azusa Pacific	5:03.60c	1/21
7	55	Lina HANICH	#1 Academy of Art	5:04.24c	1/20
8	59	Lisa REDLINGER	#1 Academy of Art	5:04.91c	1/21
9	66	Riley SMITH	#6 Western Oregon	5:06.52c	1/14
10	69	Briseida GARCIA MEZA	#2 Azusa Pacific	5:06.80c	1/21

Women's 3000 Meters

1	13	Lisa REDLINGER	#1 Academy of Art	P 9:53.16c	1/20
2	26	Grace SOUTHERN	#1 Academy of Art	10:00.44c	1/20
3	28	Katharina GOETSCHL	#1 Academy of Art	10:03.55c	1/13
4	31	Caitlin HELDT	#6 Western Oregon	10:05.58c	1/14
5	40	Libby MICHAEL	#8 Seattle Pacific	10:07.54c	1/14
6	60	Ila DAVIS	#4 Western Washington	10:14.51c	1/14
7	82	Mia CROCKER	#4 Western Washington	10:22.92c	12/10
8	94	Ella MARION	#7 Simon Fraser	10:28.16c	1/14
9		Luz GARCIA	#6 Western Oregon	10:33.03c	1/14
10		Meaera SHANNON	#4 Western Washington	10:38.74c	1/14

Women's 5000 Meters

1		Audrey ROSENCRANS	#1 Academy of Art	19:14.02c	1/13
2		Ally WHITMER	#9 Montana St.-Billings	20:18.10c	12/7
3		Kit WIERSEMA	#9 Montana St.-Billings	20:22.41c	12/7
4		Aspen TOLMAN	#9 Montana St.-Billings	20:28.93c	12/7
5		Toree MANNING	#9 Montana St.-Billings	22:16.05c	12/7



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West

Women's 4x400 Relay

1	18	Britney CLARK, Anna BELLES GALLEN, Erine COLLARD, Lina HANICH	#1 Academy of Art	3:56.51c	12/10
2	22	Elise HOPPER, Donna Marie HARRIS, McCall DECHEENNE, Zoe MCDEVITT	#5 Central Washing	3:57.43c	1/20
3	31	Erika BINDER, Claire BOSMA, Elizabeth VANDERPUT, Marie-Eloise LECLAIR	#7 Simon Fraser	3:59.23c	1/14
4	51	Vanessa ANITEYE, Aniya GREEN, Hannah CHANG, Johanna BROWN	#8 Seattle Pacific	4:01.87c	1/14
5	53	Maria SARTIN, Porshe EISMANN, Madison FEARON, Ruby BISHOP	#10 Concordia Irvine	4:02.75c	1/20
6	57	Sophie WRIGHT, Mia CROCKER, Marian LEDESMA, Emmy KROONTJE	#4 Western Washing	4:04.15c	1/14
7	93	Blanca DE ARVIZU SARRI, Joeli VIDAD, Haley BARTOLABA, Sophia CVANCARA	#15 Alaska Anchorag	4:11.79c	1/14
8	95	Cree BELL, Madison VU, Alisha SAUCEDO, Annika BRIGGS	#13 Saint Martin's	4:12.26c	12/9
9		Sabryn KNIGHT, Assata POLK, Kathleen O'BRIEN, Zyah HARRIS-BAZUAYE	#12 SF State	4:13.84c	12/10
10		Azalet DANAGE, Eden HAHN, Isis JOHNSON, Saminah HADDAD	#16 Cal State LA	4:17.36c	1/14

Women's Distance Medley Relay

1	1	Lina HANICH, Britney CLARK, Michaela ANDREWS, Katharina GOETSCHL	#1 Academy of Art	P 12:05.39c	1/13
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Women's High Jump

1	4	Macaria MOORE-BASTIDE	#12 SF State	P 1.73mc	1/14
2	7	Eliana SAUNDERS	#2 Azusa Pacific	P 1.70mc	1/20
2	7	Esther CONDE-TURPIN	#2 Azusa Pacific	P 1.70mc	1/20
4	15	Alysa HENRY	#2 Azusa Pacific	P 1.68mc	12/9
5	30	Luisa FISCHER	#2 Azusa Pacific	1.65mc	1/20
5	30	Jessica NEAL	#4 Western Washing	1.65mc	1/14
7	46	Jenelle HURLEY	#6 Western Oregon	1.63mc	1/20
8	66	Kylie GRIFFIN	#5 Central Washing	1.61mc	12/10
9	71	Charlotte ALLISON	#14 Cal State San Ma	1.60mc	12/9
9	71	Sydney KANIA	#7 Simon Fraser	1.60mc	1/14

Women's Pole Vault

1	20	Kinsey YENOR	#11 Northwest Nazari	P 3.75mc	12/8
2	27	Alysa HENRY	#2 Azusa Pacific	P 3.68mc	1/20
3	40	Kayla TASSARA	#8 Seattle Pacific	3.58mc	1/14
4	69	Amy CHRISTENSEN	#12 SF State	3.45mc	12/10
5	98	Charlie HILL	#8 Seattle Pacific	3.30mc	12/10
6		Lizzy DAUGHERTY	#8 Seattle Pacific	3.28mc	1/14
7		Keanna KRUEGER	#5 Central Washing	3.15mc	12/10
8		Lauren MEREDITH	#14 Cal State San Ma	3.08mc	12/9

Women's Long Jump

1	2	Marie-Jeanne OUREGA	#1 Academy of Art	P 6.16mc	1/20
2	4	Nicole WARWICK	#2 Azusa Pacific	P 6.04mc	12/9
3	13	Alysa HENRY	#2 Azusa Pacific	P 5.85mc	12/9
4	43	Ujunwa NWOKOMA	#6 Western Oregon	5.61mc	1/13
5	48	Matty LAGERWEY	#4 Western Washing	5.60mc	1/14
6	49	Romane BAUDIN	#10 Concordia Irvine	5.59mc	12/9
7	62	Kendall HERREN	#10 Concordia Irvine	5.53mc	12/9
8	64	Jenelle HURLEY	#6 Western Oregon	5.52mc	12/10
9	78	Kelsey EHINLAIYE	#3 Cal Poly Pomona	5.47mc	12/10
10	90	Alyssa JOHNSON	#16 Cal State LA	5.43mc	1/14

Women's Triple Jump

1	5	Jade DESOUZA	#3 Cal Poly Pomona	P 12.46mc	1/21
2	7	Marie-Jeanne OUREGA	#1 Academy of Art	P 12.33mc	1/21
3	45	Mattie CECILIO	#12 SF State	11.49mc	12/10
4	50	Margaret ZILLA	#13 Saint Martin's	11.43mc	12/9
5	54	Kendall LYNN	#9 Montana St.-Billi	11.37mc	12/7
6	58	Erica CABANOS	#5 Central Washing	11.32mc	1/20
7	74	Ana POPCHOCK	#6 Western Oregon	11.19mc	1/13
8		Essence JACKSON	#12 SF State	10.98mc	1/14
9		Dezirae SMITH	#12 SF State	10.82mc	1/21
10		Tehya MOORE	#5 Central Washing	10.78mc	1/20



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West

Women's Shot Put

1	23	Sarah FAJER	#10 Concordia Irvine P	13.70mc	12/9
2	25	Destany HERBERT	#11 Northwest Nazari	13.64mc	1/13
3	52	Alysa HENRY	#2 Azusa Pacific	12.95mc	1/20
4	69	Jaida GREEN	#9 Montana St.-Billi	12.76mc	1/20
5	73	Luisa FISCHER	#2 Azusa Pacific	12.74mc	1/20
6	74	Katie POTTS	#4 Western Washing	12.73mc	12/10
7	76	Nicole WARWICK	#2 Azusa Pacific	12.70mc	12/9
8	97	Keiana TURNER	#3 Cal Poly Pomona	12.33mc	12/10
9		Shona CHRISTENSEN	#3 Cal Poly Pomona	12.28mc	12/10
9		Jocelyn SARIBAY	#13 Saint Martin's	12.28mc	12/9

Women's Weight Throw

1	28	Keiana TURNER	#3 Cal Poly Pomona	16.89mc	12/10
2	36	Raine WESTFALL	#4 Western Washing	16.75mc	12/10
3		Sarah FAJER	#10 Concordia Irvine	15.04mc	1/20
4		Jocelyn SARIBAY	#13 Saint Martin's	14.97mc	12/9
5		Destany HERBERT	#11 Northwest Nazari	14.47mc	1/13
5		Katie POTTS	#4 Western Washing	14.47mc	1/14
7		Liliana LYNESS	#6 Western Oregon	14.23mc	1/13
8		Grace JONES	#9 Montana St.-Billi	14.15mc	1/20
9		Emillia CARPENTER	#6 Western Oregon	13.89mc	1/13
10		Zuzanna LINIEWSKI	#7 Simon Fraser	13.87mc	1/14

Women's Pentathlon

1	1	Nicole WARWICK	#2 Azusa Pacific	P 4,011c	12/9
2	2	Alysa HENRY	#2 Azusa Pacific	P 3,957c	12/9
3	36	McCall DECHENNE	#5 Central Washing	3,136c	12/1
4	48	Amariyah CLAY	#6 Western Oregon	3,009c	1/20
5	49	Morgann WILSON	#14 Cal State San Ma	2,994c	12/9
6	52	Ellie DEGROOT	#5 Central Washing	2,981c	1/20
7	56	Sarah SEWELL	#5 Central Washing	2,939c	1/20
8	72	Charlotte ALLISON	#14 Cal State San Ma	2,697c	12/9
9	75	Emily POWERS	#11 Northwest Nazari	2,664c	12/8
10	77	Jenelle HURLEY	#6 Western Oregon	2,660c	1/20