



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:56:16 AM

Atlantic

Women's 60 Meters

1	4	Divonne FRANKLIN	#7 California (Pa.)	P 7.37	1/27
2	16	Leah GRAYBILL	#1 Shippensburg	P 7.55	1/21
3	42	Jordyn HEAD	#13 Johnson C. Smit	P 7.65	1/27
3	42	Riyana OWENS	#17 Lock Haven	P 7.65	1/27
5	68	Skylar BROWN	#20 Mansfield	7.72	12/3
6	71	Ny'Tierra HOBBS	#14 West Virginia We	7.73	1/27
7	80	Aliyah SERRANO	#1 Shippensburg	7.75	12/2
8	89	Ka'niya MCGOWAN	#8 Wheeling	7.77	12/2
8	89	Destiny THOMPSON	#5 East Stroudsbu	7.77	1/13
10	93	Davina NORMAN	#8 Wheeling	7.78	12/9

Women's 60 Meter Hurdles

1	18	Isha SESAY	#8 Wheeling	P 8.69	12/2
2	49	Aisha CARRINGTON	#19 Lincoln (Pa.)	8.93	1/27
3	65	Jeanette JONES	#5 East Stroudsbu	9.05	1/21
4	88	Amique WILLIS	#16 Winston-Salem	9.15	1/27
5	91	Layla SIMPSON	#13 Johnson C. Smit	9.16	1/22
6	93	Samantha CASH	#14 West Virginia We	9.17	1/27
7	97	Sasha LEE	#1 Shippensburg	9.18	1/21
8		Jenay SOUMAHRO	#8 Wheeling	9.20	12/9
8		De'Asia HOLLOMAN	#12 Millersville	9.20	1/27
8		Hailey CARREON	#18 West Liberty Sta	9.20	12/2

Women's 200 Meters

1	3	Divonne FRANKLIN	#7 California (Pa.)	P 23.77	1/21
2	5	Leah GRAYBILL	#1 Shippensburg	P 24.20c	1/27
3	42	Riyana OWENS	#17 Lock Haven	24.96	1/20
4	46	Louanne POUZANCRE	#3 Charleston (W.V.	25.01	12/2
5	57	Amaya WILLIAMS	Livingstone	25.12c	1/22
6	65	Aliyah SERRANO	#1 Shippensburg	25.15c	1/27
7	77	Skylar BROWN	#20 Mansfield	25.26c	1/27
8		Ka'niya MCGOWAN	#8 Wheeling	25.41	12/9
9		Zoe ADAMS	Claflin	25.42c	12/4
9		Destiny THOMPSON	#5 East Stroudsbu	25.42c	1/27

Women's 400 Meters

1	21	Louanne POUZANCRE	#3 Charleston (W.V.	P 56.66	12/2
2	25	Zoe ADAMS	Claflin	57.04	1/20
3	46	Kamani JOHNS	#19 Lincoln (Pa.)	57.65	1/27
4	68	Caroline MASTRIA	#1 Shippensburg	58.19c	12/2
5		Teanna BELL	#6 Fayetteville Stat	58.87c	1/29
6		Raechel BONNER	#11 Kutztown	58.92c	1/27
7		Aubrey SYDNOR	#12 Millersville	59.10c	12/2
8		malaysia JOHNSON	#22 Saint Augustine'	59.20c	12/3
9		Jeanette JONES	#5 East Stroudsbu	59.30c	1/27
10		Desairey GRAY	#24 Virginia State	59.46	1/20

Women's 800 Meters

1	71	Darby ROTH	#9 Seton Hill	2:18.07	1/21
2	83	Anna MANLEY	#17 Lock Haven	2:18.85c	1/27
3	92	Alexis CUNNINGHAM	#9 Seton Hill	2:19.02	1/27
4	1E+0	Kyra GERBER	#1 Shippensburg	2:19.33c	1/27
5		Emoni COLEMAN	#24 Virginia State	2:20.72c	1/29
6		Mackenzie CARVER	#21 Clarion	2:21.21c	1/27
7		Lily DOWDELL	#3 Charleston (W.V.	2:21.76	1/20
8		Alyssa KEELEY	#10 Bloomsburg	2:22.02c	1/27
9		Caroline FODOR	#8 Wheeling	2:22.18	1/27
10		Brianna DUMOND	#10 Bloomsburg	2:22.76c	1/27

Women's Mile

1	22	Kylie ANICIC	#4 Edinboro	P 4:54.93	1/20
2	57	Lily DOWDELL	#3 Charleston (W.V.	5:01.02	1/20
3		Kimberly GOERSS	#4 Edinboro	5:07.39c	1/14
4		Darby ROTH	#9 Seton Hill	5:08.47	1/21
5		Alexis CUNNINGHAM	#9 Seton Hill	5:09.76	1/21
6		Isabella MARCHINI	#15 West Chester	5:11.49c	1/27
7		Caroline FODOR	#8 Wheeling	5:13.67	12/9
8		Amanda KELLY	#10 Bloomsburg	5:13.79c	1/27
9		Colleen GILBERT	#11 Kutztown	5:14.67c	1/27
10		Kelsey HULL	#1 Shippensburg	5:14.83c	1/21

Women's 3000 Meters

1	7	Kylie ANICIC	#4 Edinboro	P 9:29.56	1/27
2	47	Elise LEVEEL	#3 Charleston (W.V.	10:05.11	1/20
3	85	Kimberly GOERSS	#4 Edinboro	10:14.95	1/20
4	90	Julie LAFARE	#3 Charleston (W.V.	10:16.47	1/20
5		Carly DANIELS	#20 Mansfield	10:23.27c	1/21
6		Isabella MARCHINI	#15 West Chester	10:25.10	12/9
7		Emily WALLACE	Concord	10:27.26	1/27
8		Savannah ANDERSON	#8 Wheeling	10:32.84	12/2
9		Jaime DIEDEL	#10 Bloomsburg	10:33.83c	1/21
10		Kelley SELHEIMER	#10 Bloomsburg	10:34.59c	1/21

Women's 5000 Meters

1	2	Kylie ANICIC	#4 Edinboro	P 16:26.23	12/9
2	5	Elise LEVEEL	#3 Charleston (W.V.	P 16:49.89	12/9
3	18	Flora TISSIER	#3 Charleston (W.V.	P 17:09.79	12/9
4	26	Julie LAFARE	#3 Charleston (W.V.	17:27.18	12/9
5	28	Lily DOWDELL	#3 Charleston (W.V.	17:29.32	12/9
6	39	Kimberly GOERSS	#4 Edinboro	17:41.13	1/27
7	53	Gwen LLOYD	#17 Lock Haven	18:00.57c	1/27
8	60	Hannah KEMP	#18 West Liberty Sta	18:06.05	12/9
9	61	Anna IGIMS	#2 Slippery Rock	18:08.13	12/2
10	62	Carly DANIELS	#20 Mansfield	18:08.24c	1/27



Regional TFRI Event Summary

as of 1/30/2023 6:56:16 AM

Atlantic

Women's 4x400 Relay

1	29	Leah GRAYBILL, Aliyah SERRANO, Alyssa WERT, Caroline MASTRIA	#1 Shippensburg	3:57.59c	1/27
2	39	Teanna BELL, Jessica MCQUEEN, Queen BURNETT, Malaysia BARBER	#6 Fayetteville Stat	3:59.20	1/21
3	47	Nakacee MCNAB, Jazlynn CHURCH, Angel ADAMS, Kamani JOHNS	#19 Lincoln (Pa.)	3:59.71	1/27
4	54	malaysia JOHNSON, christabelle OBL, shaunce MILLER, cache MILLER	#22 Saint Augustine'	4:01.26c	12/3
5	65	Trinity BELLAMY- REID, Cyan PEOPLES, Markayla TAYLOR, Alexandria RILEY	#13 Johnson C. Smit	4:03.30c	12/3
6	67	Malia ANDERSON, Divonne FRANKLIN, Beyonc'e KELLY, Taylor TIMMONS	#7 California (Pa.)	4:03.87	1/27
7	68	Jeanette JONES, Kayla HORNING, Ariel KYLE, Destiny THOMPSON	#5 East Stroudsbu	4:03.99c	1/27
8	70	Kiana YOUNG, Jaidah MITCHELL, Ava BENDETTI, Raechel BONNER	#11 Kutztown	4:04.21c	1/27
9	71	Daijion LEE, Kyla HOUSTON, Sadiyah MCGREGOR, Tinasia DAVIS	#16 Winston-Salem !	4:04.54c	12/4
10	80	Jenay SOUMAHRO, Caroline FODOR, Susan TRAMMEL, Ka'niya MCGOWAN	#8 Wheeling	4:06.27	1/27

Women's Distance Medley Relay

1	16	Jaime DIEDEL, Sarah CASTRONOVA, Brianna DUMOND, Amanda KELLY	#10 Bloomsburg	12:27.20c	1/27
2	17	Kelsey HULL, Alyssa WERT, Isabelle GULGERT, Kyra GERBER	#1 Shippensburg	12:30.76c	1/27
3	19	Kate PIPLO, Alyson TAYLOR, Anessa PIGULA, Alexis CUNNINGHAM	#9 Seton Hill	12:38.55	1/27
4	24	Ava BENDETTI, Anastasia FRATANDUONO, Raechel BONNER, Colleen GILBERT	#11 Kutztown	12:44.73	1/20
5	28	Allison MYERS, Ava MEDICI, Joli GOLEMBIEWSKI, Isabella MARCHINI	#15 West Chester	13:07.40c	1/27
6	29	taymar SMITH, camille TALBERT, christabelle OBL, Abijah JEPKEMBOI	#22 Saint Augustine'	13:09.56c	1/29
7	30	Alandina HYPPOLITE, Emoni COLEMAN, Manuelene DEIGH, Manuela DEIGH	#24 Virginia State	13:10.54c	1/29
8	33	Elizabeth STANLEY, Baby JIMERSON, Amy TARCZA, Alana DYCE-GIRAUD	#23 Frostburg State	13:24.47	1/27
9	34	Carrie CLAYPOOL, Kayla CRAWFORD, Anna DUNCAN, Bailey MORGAN	#20 Mansfield	13:24.82c	1/27
10	41	Lacey GREATHOUSE, Alexandra WALTON, Ava BARKER, Jenna SMITH	Pitt Johnstown	13:37.14	1/27

Women's High Jump

1	5	Beyonc'e KELLY	#7 California (Pa.)	P 1.73m	5-8	1/27
2	18	Kennedy ALEXANDER	#16 Winston-Salem !	P 1.68m	5-6	12/4
3	48	Jayna GALLEY	#4 Edinboro	1.64m	5-4½	12/3
4	77	Tatum HOFFMAN	#7 California (Pa.)	1.61m	5-3¼	12/3
5	81	Domanique KNOWLES	#6 Fayetteville Stat	1.60m	5-3	1/20
5	81	Cecily GREGGS	#2 Slippery Rock	1.60m	5-3	12/2
5	81	Jailah WALKER	#18 West Liberty Sta	1.60m	5-3	12/2
5	81	Tara PERRY	#8 Wheeling	1.60m	5-3	12/2
5	81	Samantha CASH	#14 West Virginia We	1.60m	5-3	1/20
10	99	sheree WRIGHT	#22 Saint Augustine'	1.59m	5-2½	12/3
10	99	Ally RICHWINE	#1 Shippensburg	1.59m	5-2½	1/21



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Atlantic

Women's Pole Vault

1	35	Annika HUMMELL	#15	West Chester	3.66m	12-0	1/20
1	35	Myah DAVIES	#11	Kutztown	3.66m	12-0	1/20
3	39	Keala MCCURRY	#8	Wheeling	3.60m	11-9¾	1/27
4	42	Allison TAYLOR	#2	Slippery Rock	3.59m	11-9¾	1/20
5	61	Megan MALECKI	#12	Millersville	3.51m	11-6¾	12/2
5	61	Nickolina ANNELLI	#5	East Stroudsbur	3.51m	11-6¾	1/21
5	61	Haylee EDWARDS	#11	Kutztown	3.51m	11-6¾	1/20
5	61	Darian HAUF	#12	Millersville	3.51m	11-6¾	12/2
9	66	Olivia SENTLE	#2	Slippery Rock	3.50m	11-5¾	1/27
9	66	Kendall GROSSMAN	#2	Slippery Rock	3.50m	11-5¾	1/27

Women's Long Jump

1	3	M'Smyra SEWARD	#6	Fayetteville Stat	6.10m	20-¼	1/20
2	18	Baylee BLAUSER	#2	Slippery Rock	5.83m	19-1½	12/2
3	41	Sara MCKEAN	#1	Shippensburg	5.64m	18-6	12/2
4	65	Samantha GILBERT	#2	Slippery Rock	5.55m	18-2½	12/2
5	69	Kamya EDMONDS	#5	East Stroudsbur	5.52m	18-1½	1/27
5	69	Dahlia HOSEY	#10	Bloomsburg	5.52m	18-1½	12/2
7	75	Sasha LEE	#1	Shippensburg	5.51m	18-1	1/21
8	84	Miriam DREHER	#3	Charleston (W.V.)	5.48m	17-11¾	12/2
8	84	Mackenzie FLETCHER	#4	Edinboro	5.48m	17-11¾	1/27
10	97	Tracy IDUGBOE	#6	Fayetteville Stat	5.44m	17-10¼	1/21

Women's Triple Jump

1	14	M'Smyra SEWARD	#6	Fayetteville Stat	11.95m	39-2½	1/20
2	28	Tracy IDUGBOE	#6	Fayetteville Stat	11.72m	38-5½	1/20
3	30	Omokemi BALOGUN	#23	Frostburg State	11.67m	38-3½	1/14
4	36	Aria GOODE	#13	Johnson C. Smit	11.62m	38-1½	1/22
5	44	Delaney BEARD	#21	Clarion	11.53m	37-10	12/2
6	45	Samantha CASH	#14	West Virginia We	11.52m	37-9½	1/20
7	49	Sasha LEE	#1	Shippensburg	11.47m	37-7¾	1/27
8	55	Kamya EDMONDS	#5	East Stroudsbur	11.41m	37-5¼	1/21
9	66	Baylee BLAUSER	#2	Slippery Rock	11.27m	36-11¾	12/2
10	71	Aleksandra BROZESKI	#2	Slippery Rock	11.23m	36-10¼	12/2

Women's Shot Put

1	20	Elizabeth MAKAR	#5	East Stroudsbur	13.85m	45-5¼	1/13
2	27	Shelly JONES	#21	Clarion	13.64m	44-9	1/27
3	42	Sarah CORRIE	#2	Slippery Rock	13.32m	43-8½	1/27
4	45	Hannah WOELFLING	#12	Millersville	13.28m	43-7	12/2
5	69	Hailey DODSON	#25	Indiana (Pa.)	12.90m	42-4	1/27
6	89	Asia LAMPE	#16	Winston-Salem	12.59m	41-3¾	1/22
7	91	Zhayria WASHINGTON	#15	West Chester	12.56m	41-2½	1/14
8		Maddy DOWNS	#12	Millersville	12.27m	40-3¾	12/2
9		Payton BAUER	#1	Shippensburg	12.26m	40-2¾	1/21
10		Madison HORAHAN	#5	East Stroudsbur	12.24m	40-2	1/21

Women's Weight Throw

1	43	Hannah WOELFLING	#12	Millersville	16.81m	55-2	1/21
2	70	Elizabeth MAKAR	#5	East Stroudsbur	16.09m	52-9½	1/21
3	76	Samayah LITTLE	#5	East Stroudsbur	15.84m	51-11¾	1/27
4	93	Tiffany JOLAYEMI	#2	Slippery Rock	15.56m	51-¾	1/27
5	99	Sarah GILLIAM	#9	Seton Hill	15.42m	50-7¼	12/9
6		Rachel HUTCHINSON	#2	Slippery Rock	15.34m	50-4	1/27
7		Makayla WESTRY	#23	Frostburg State	14.95m	49-¾	1/27
8		Sydney JEFFERYS	#18	West Liberty Sta	14.74m	48-4½	1/27
9		Madison HORAHAN	#5	East Stroudsbur	14.51m	47-7¼	1/27
10		Isabella MARTE	#5	East Stroudsbur	14.45m	47-5	1/13
10		Zionette SALAHUDDIN	#5	East Stroudsbur	14.45m	47-5	1/21

Women's Pentathlon

1	33	Samantha CASH	#14	West Virginia We	3,237		1/27
2	38	Jayna GALLEY	#4	Edinboro	3,187		12/3
3	73	Lorna SPEIGLE	#2	Slippery Rock	2,904		1/27
4	74	Darcie FRAZIER	#7	California (Pa.)	2,897		1/27
5	75	Laura DELGADO DE TORRES	#3	Charleston (W.V.)	2,894		1/27
6	78	Cassidy KLINE	#25	Indiana (Pa.)	2,858		1/27
7	84	Madelyn MILLER	#2	Slippery Rock	2,803		1/27
8	86	China JEFFERSON		Glenville State	2,799		12/2
9	87	Danielle MACBETH	#2	Slippery Rock	2,787		1/27
10	90	Nicola PUGGE	#1	Shippensburg	2,757		12/2



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Central

Women's 60 Meters

1	1	Makayla JACKSON	#1	Minnesota State	P	7.29	12/3
2	2	Denisha CARTWRIGHT	#1	Minnesota State	P	7.31	12/3
3	4	Shenese WALKER	#5	Lincoln (Mo.)	P	7.37	12/9
4	7	Isabella HOHL	#10	Washburn	P	7.43	12/9
5	12	Jovanna GUSTAVE	#5	Lincoln (Mo.)	P	7.52	12/9
6	15	Lytic HOLMAN	#9	Fort Hays State	P	7.54	12/10
7	16	Taniya LOONEY	#2	Pittsburg State	P	7.55	12/10
8	19	Ally HAMMOND	#3	Northwest Missc	P	7.57	12/9
8	19	Monea CAREY	#5	Lincoln (Mo.)	P	7.57	12/9
10	23	Hughasia FYFFE	#5	Lincoln (Mo.)	P	7.60	1/21
10	23	Renea TAYLOR	#21	Northern State	P	7.60	12/9

Women's 60 Meter Hurdles

1	1	Denisha CARTWRIGHT	#1	Minnesota State	P	8.07	1/20
2	2	Audreanae HAGAN	#2	Pittsburg State	P	8.31	1/28
2	2	Kiara SMITH	#6	Missouri Southe	P	8.31	1/28
4	6	Sophia MYERS	#5	Lincoln (Mo.)	P	8.51	12/9
5	10	Shanette ALLISON	#5	Lincoln (Mo.)	P	8.64	12/9
5	10	Roxan FOSTER	#1	Minnesota State	P	8.64	12/3
7	14	Mattie ROSSI	#9	Fort Hays State	P	8.67	1/27
7	14	Ally HAMMOND	#3	Northwest Missc	P	8.67	1/13
9	16	Nakiya MARSHALL	#2	Pittsburg State	P	8.68	12/10
10	18	Blakelee WINN	#2	Pittsburg State	P	8.69c	1/26
10	18	Madelyn MARQUEZ	#2	Pittsburg State	P	8.69	12/10

Women's 200 Meters

1	2	Denisha CARTWRIGHT	#1	Minnesota State	P	23.75c	1/13
2	5	Tiffany HUGHEY	#3	Northwest Missc	P	24.20	1/21
3	7	Nyanas KUR	#11	Augustana (S.D.)	P	24.29c	1/27
4	8	Shenese WALKER	#5	Lincoln (Mo.)	P	24.37	12/9
5	9	Makayla JACKSON	#1	Minnesota State	P	24.41	1/20
6	10	Luisarys TOLEDO	#3	Northwest Missc	P	24.44	1/21
7	14	Robynn ROLLE-CURRY	#16	MSU Moorhead	P	24.59	1/27
8	19	Renea TAYLOR	#21	Northern State	P	24.66c	12/3
8	19	Rose CRAMER	#1	Minnesota State	P	24.66c	1/27
10	25	Isabella HOHL	#10	Washburn	P	24.74	12/3

Women's 400 Meters

1	1	Shereen VALLABOUY	#4	Winona State	P	52.77c	1/13
2	2	Tiffany HUGHEY	#3	Northwest Missc	P	53.82	1/21
3	3	Luisarys TOLEDO	#3	Northwest Missc	P	54.70	1/13
4	6	Robynn ROLLE-CURRY	#16	MSU Moorhead	P	55.45c	1/14
5	8	Kennedi CLINE	#3	Northwest Missc	P	55.59	1/21
6	9	Maria DIAMOND	#5	Lincoln (Mo.)	P	55.87	12/9
7	14	Shantae GEORGE	#5	Lincoln (Mo.)	P	56.08	12/9
8	17	Chardae OVERSTREET	#6	Missouri Southe	P	56.44	1/20
9	19	Isabella HOHL	#10	Washburn	P	56.57	12/9
10	20	LaNea WALLACE	#6	Missouri Southe	P	56.62	1/28

Women's 800 Meters

1	5	Kaylee BEYER	#4	Winona State	P	2:12.17c	1/21
2	6	Kate DAWSON	#2	Pittsburg State	P	2:12.27	1/28
3	10	Kaylee HARP	#3	Northwest Missc	P	2:12.82	1/21
4	11	Mara HEMMER	#8	Neb.-Kearney	P	2:13.17c	1/27
5	12	Alexis ADAMS	#25	Missouri Western	P	2:13.28	1/21
6	14	Bailey BLAKE	#3	Northwest Missc	P	2:13.31	1/21
7	16	Lydia MCGLOCKLIN	#3	Northwest Missc	P	2:13.50	1/21
8	17	Savannah SCHLEY	#17	Minnesota Dulut	P	2:13.74c	1/27
9	27	Nicole MESSBARGER	#8	Neb.-Kearney	P	2:14.64c	1/27
10	30	Emily SALMANS	#9	Fort Hays State	P	2:14.90	12/10

Women's Mile

1	2	Cailee PETERSON	#17	Minnesota Dulut	P	4:45.02c	1/27
2	17	Caroline CUNNINGHAM	#3	Northwest Missc	P	4:53.39	1/21
3	18	Kaylee BEYER	#4	Winona State	P	4:53.44c	1/27
4	24	Nicolette SCHMIDT	#11	Augustana (S.D.)	P	4:56.34c	1/27
5	31	Katie BYRD	#18	Rogers State	P	4:57.10	1/28
6	40	MaKenna THURSTON	#1	Minnesota State	P	4:59.00c	1/13
7	43	Lily JOHNSON	#10	Washburn	P	4:59.17	1/21
8	44	Jentrie ALDERSON	#2	Pittsburg State	P	4:59.19	1/20
9	46	Cami STREFF	#11	Augustana (S.D.)	P	4:59.60c	1/27
10	47	Mia SALAS	#11	Augustana (S.D.)	P	4:59.63c	1/27
10	47	Morgan GEHL	#12	Sioux Falls	P	4:59.63	1/21

Women's 3000 Meters

1	8	Lindsay CUNNINGHAM	#4	Winona State	P	9:30.69c	1/13
2	11	Amanda MONTPLAISIR	#1	Minnesota State	P	9:41.45	1/20
3	20	Alyssa BECKER	#15	U-Mary	P	9:52.20	1/21
4	23	Caroline CUNNINGHAM	#3	Northwest Missc	P	9:54.34	1/21
5	24	Emily CUNNINGHAM	#1	Minnesota State	P	9:54.67c	1/13
6	25	Regan HODSDEN	#9	Fort Hays State	P	9:55.20c	1/27
7	26	Jentrie ALDERSON	#2	Pittsburg State	P	9:56.00	1/20
8	31	Marcie CUDWORTH	#20	Arkansas Tech	P	9:57.66	1/20
9	33	McKenna TAYLOR	#4	Winona State	P	9:58.04c	1/27
10	55	Julia NIELSEN	#17	Minnesota Dulut	P	10:06.73c	1/27

Women's 5000 Meters

1	1	Lindsay CUNNINGHAM	#4	Winona State	P	15:58.82c	1/27
2	7	Caroline CUNNINGHAM	#3	Northwest Missc	P	16:52.48	12/9
3	8	Lara MURDOCK	#2	Pittsburg State	P	16:53.31	12/10
4	9	Amanda MONTPLAISIR	#1	Minnesota State	P	16:54.00c	1/27
5	12	Megan MEANS	#11	Augustana (S.D.)	P	17:00.92	12/9
6	16	Regan HODSDEN	#9	Fort Hays State	P	17:06.87	12/10
7	19	Alyssa BECKER	#15	U-Mary	P	17:14.81c	12/9
8	21	Jentrie ALDERSON	#2	Pittsburg State	P	17:18.00	1/28
9	24	Lilah GENEL	#6	Missouri Southe	P	17:24.57	1/28
10	30	Marcie CUDWORTH	#20	Arkansas Tech	P	17:29.49	1/13



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:56:17 AM

Central

Women's 4x400 Relay

1	1	Kennedi CLINE, Chloe SAENZ, Luisarys TOLEDO, Tiffany HUGHEY	#3	Northwest Missc	P	3:44.37	1/13
2	3	Regan FEIT, Kaylee BEYER, Brooklyn SCHYVINCK, Shereen VALLABOUY	#4	Winona State	P	3:47.93c	1/21
3	4	Shevanae THOMAS, Chrissani MAY, Maria DIAMOND, Sophia MYERS	#5	Lincoln (Mo.)	P	3:48.31	12/9
4	10	Chardae OVERSTREET, LaNea WALLACE, Mya FERGUSON, Kiara SMITH	#6	Missouri Southe	P	3:52.71	12/10
5	12	Lyrice HOLMAN, Emily SALMANS, Taylor SAVOLT, Mattie ROSSI	#9	Fort Hays State	P	3:52.95	1/21
6	14	Kinleigh HALL, Jamiya MORGAN, Taniya LOONEY, Olivia LOWREY	#2	Pittsburg State		3:53.84	1/28
7	16	Tahlor BROWN, Kimberly MCKINNEY, Olivia TATE, Kaylen KING	#19	Oklahoma Bapti		3:54.39	1/28
8	19	Rose GAYE, Rose CRAMER, Elizabeth SCHMIDT, Dyashia COLVIN	#1	Minnesota State		3:55.14	1/20
9	20	Lauren CARLSON, Abigael REID, Hollie MARLOW, Jasmine HURLA	#22	Emporia State		3:55.29	12/10
10	27	Hope THIEL, Kayla GOODWIN, Jana SHAWVER, Brooklynn HOLTMAN	#7	Central Missouri		3:57.01c	1/20

Women's Distance Medley Relay

1	4	Khot JUAC, Emma KENKEL, Cassidy O'MEARA, Morgan GEHL	#12	Sioux Falls	P	11:56.03c	1/27
2	11	Kate DAWSON, Maddie O'NEILL, Claire BRUENING, Cami ROY	#2	Pittsburg State		12:21.64	1/28
3	13	Calli BESHORE, Felicity WEST, Mary Beth BAILEY, Marcie CUDWORTH	#20	Arkansas Tech		12:24.27	1/13
4	14	Brianna DEANGELIS, Jayden LAZZARI, Madison BRADSHAW, Katie BYRD	#18	Rogers State		12:25.64	1/28
5	23	Clara WELHOUSE, Brooklyn BROUSE, Lauren SERTICH, Greta FREED	#23	St. Cloud State		12:44.70c	1/27
6	40	Jaci MCGREGOR, Savannah CARRIGAN, Laynie WHITE, Elise KNIGHT		Ouachita Baptis		13:36.66	1/21
7	50	Josilyn SCHENK, Samantha KUZMA, Madison RADKE, Isabel SANCHEZ		Southwestern O		14:26.22	1/28
8	52	Emily FLORES, Kate FOSTER, Jasmin GARCIA, Libby GOODNOW		Northwestern O		14:40.66	1/13

Women's High Jump

1	2	Arika ROBINSON	#13	Concordia-St. P	P	1.80m	5-10¾	12/9
2	3	Erica SCHAMEL	#2	Pittsburg State	P	1.77m	5-9¾	12/10
3	7	Allary LIBERATORE	#2	Pittsburg State	P	1.72m	5-7¾	1/20
4	14	Emily SWANSON	#12	Sioux Falls	P	1.69m	5-6½	12/2
4	14	Lillian WASHINGTON	#1	Minnesota State	P	1.69m	5-6½	1/27
6	24	Paola BREÑA	#23	St. Cloud State	P	1.67m	5-5¾	1/13
7	31	Kayla GOODWIN	#7	Central Missouri		1.66m	5-5¼	1/20
7	31	Claire LUAllen	#7	Central Missouri		1.66m	5-5¼	12/3
7	31	Ella PAAVERUD	#13	Concordia-St. P		1.66m	5-5¼	12/9
10	35	Grace JACOBS	#22	Emporia State		1.65m	5-5	12/10
10	35	Mattie FLANAGAN	#2	Pittsburg State		1.65m	5-5	12/9
10	35	Jamora HORACE	#19	Oklahoma Bapti		1.65m	5-5	12/10
10	35	Brianna RUSSELL	#8	Neb.-Kearney		1.65m	5-5	1/13



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

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Central

Women's Pole Vault

1	1	Ashley HOKANSON	#16	MSU Moorhead	P	4.10m	13-5¼	12/2
2	4	Kyla DAVIS	#2	Pittsburg State	P	4.03m	13-2½	12/10
2	4	Paige HICKSON	#1	Minnesota State	P	4.03m	13-2½	12/3
4	8	Madi WULFEKOTTER	#7	Central Missouri	P	3.97m	13-¼	1/27
5	14	Tassilyn BOLIN	#10	Washburn	P	3.87m	12-8¼	1/28
5	14	Rachael MAYBERRY	#10	Washburn	P	3.87m	12-8¼	1/28
7	18	Megan MCMANIS	#22	Emporia State	P	3.78m	12-4¾	1/20
8	19	Sarah GAUTREAUX	#24	Harding	P	3.77m	12-4½	1/20
8	19	Sierra WHITE	#24	Harding	P	3.77m	12-4½	1/20
8	19	Holly ROBINSON	#6	Missouri Southern	P	3.77m	12-4½	1/20
8	19	Shelbi DAY	#2	Pittsburg State	P	3.77m	12-4½	1/28

Women's Long Jump

1	1	Makayla JACKSON	#1	Minnesota State	P	6.35m	20-10	1/13
2	7	Mariah WILLIAMS	#1	Minnesota State	P	5.98m	19-7½	12/3
3	9	Arianna PASSERI	#15	U-Mary	P	5.93m	19-5½	12/9
4	11	Kayla GOODWIN	#7	Central Missouri	P	5.89m	19-4	12/3
5	17	Kary PETRICKA	#1	Minnesota State	P	5.84m	19-2	12/3
6	21	Arika ROBINSON	#13	Concordia-St. P.	P	5.81m	19-¾	1/21
7	22	Auna CHILDRESS	#2	Pittsburg State	P	5.80m	19-½	1/20
8	27	Haley SCHALL	#8	Neb.-Kearney	P	5.74m	18-10	12/9
9	28	Kylee SALLEE	#11	Augustana (S.D.)	P	5.72m	18-9¼	1/27
10	29	Mattie FLANAGAN	#2	Pittsburg State	P	5.71m	18-8¾	12/9

Women's Triple Jump

1	2	Auna CHILDRESS	#2	Pittsburg State	P	12.85m	42-2	1/28
2	3	Flore GRACIA	#1	Minnesota State	P	12.75m	41-10	1/13
3	5	Lillian WASHINGTON	#1	Minnesota State	P	12.51m	41-½	1/20
4	7	Annalisa BARCLAY	#5	Lincoln (Mo.)	P	12.34m	40-6	1/21
5	11	Stella NEOPHYTOU	#1	Minnesota State	P	12.17m	39-11¼	1/20
6	16	Nakiya MARSHALL	#2	Pittsburg State	P	11.90m	39-½	12/10
7	21	Xana LEUM	#4	Winona State	P	11.86m	38-11	12/3
8	22	Camryn HOLLOMAN	#7	Central Missouri	P	11.81m	38-9	12/10
9	26	Hanna REICHENBERGER	#4	Winona State	P	11.76m	38-7	12/3
10	30	Taylor SAVOLT	#9	Fort Hays State	P	11.67m	38-3½	12/10

Women's Shot Put

1	1	Lexie HURST	#1	Minnesota State	P	16.91m	55-5¼	12/3
2	14	Samariae BONDS	#6	Missouri Southern	P	14.19m	46-6¾	1/28
3	17	Shanice HUTSON	#10	Washburn	P	14.06m	46-1½	1/28
4	21	Abbi STAFSLIEN-DUMALE	#1	Minnesota State	P	13.84m	45-5	1/13
5	23	Mackenzie SMITH	#8	Neb.-Kearney	P	13.71m	44-11¾	1/27
6	26	Jordan DOCKWEILER	#8	Neb.-Kearney	P	13.66m	44-9¾	1/21
7	27	Brooke LANGUIS	#14	Wayne State (Ne)	P	13.64m	44-9	1/27
8	31	Tierra DOSS		Bemidji State		13.62m	44-8¼	12/10
9	33	Madeline FRETAG	#1	Minnesota State		13.60m	44-7½	12/3
10	35	Mony JOHNSON	#1	Minnesota State		13.50m	44-3½	1/20

Women's Weight Throw

1	5	Mckenzie SCHEIL	#14	Wayne State (Ne)	P	19.60m	64-3¾	12/2
2	6	Brooklynn CHIPPS	#14	Wayne State (Ne)	P	19.39m	63-7½	1/27
3	9	Rachael MOLLOY	#7	Central Missouri	P	18.94m	62-1¾	1/27
4	10	Mallory HUBER	#6	Missouri Southern	P	18.92m	62-1	1/28
5	14	Samariae BONDS	#6	Missouri Southern	P	18.36m	60-3	1/28
6	21	Mackenzie SMITH	#8	Neb.-Kearney	P	17.73m	58-2	1/27
7	25	Lily NOVACEK	#8	Neb.-Kearney	P	17.44m	57-2¾	1/21
8	31	Madison GLYNN	#1	Minnesota State		16.97m	55-8¼	1/27
9	35	Madeline FRETAG	#1	Minnesota State		16.89m	55-5	12/3
10	39	Abby VOGEL	#7	Central Missouri		16.84m	55-3	1/27

Women's Pentathlon

1	3	Kayla GOODWIN	#7	Central Missouri	P	3,912	12/3
2	4	Arika ROBINSON	#13	Concordia-St. P.	P	3,848	12/1
3	6	Claire LUALLAN	#7	Central Missouri	P	3,812	12/3
4	8	Mattie FLANAGAN	#2	Pittsburg State	P	3,736	12/9
5	9	Blakelee WINN	#2	Pittsburg State	P	3,699	1/26
6	10	Mattie ROSSI	#9	Fort Hays State	P	3,689	12/9
7	15	Emily SWANSON	#12	Sioux Falls	P	3,568	12/2
8	16	Miranda LAUVSTAD	#1	Minnesota State	P	3,565	12/2
9	17	Sophia MYERS	#5	Lincoln (Mo.)	P	3,564	12/9
10	18	Taylor SAVOLT	#9	Fort Hays State	P	3,512	12/9



USTFCCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:56:17 AM

East

Women's 60 Meters

1	32	Ella MACLEAN	#2	Southern Conne	P	7.63	12/2
2	42	Dayna THOMPSON	#7	UDC	P	7.65	1/27
3	68	Nyjah YOUNG-BEY	#4	Franklin Pierce		7.72	12/2
4	71	Kayla COOPER	#7	UDC		7.73	1/27
5		Anna-Sashia JONES	#2	Southern Conne		7.80	12/10
6		Ariel SALKEY	#8	Holy Family (Pa.		7.94	12/2
7		Avery WINTERS	#2	Southern Conne		7.95	1/22
8		Dardielle EXANTUS	#2	Southern Conne		7.96	12/2
9		Lucy AMBROULT	#16	Bentley		7.97	12/10
10		Ava GRAVELL	#1	Southern New H		7.98	1/21

Women's 60 Meter Hurdles

1	16	Jasmine STATEN	#8	Holy Family (Pa.	P	8.68	12/2
2	24	Amari JOHNSON	#3	Adelphi	P	8.74	1/27
3	42	Raven-Symone JARRETT	#5	American Intern		8.88	1/27
4	68	Hailee LOWE	#10	Roberts Wesleya		9.06	1/27
5		Nyoki JONES	#8	Holy Family (Pa.		9.20	12/2
6		Patrice MANSFIELD	#2	Southern Conne		9.32	1/22
6		Kayleigh SHELTON	#7	UDC		9.32	12/9
8		Shalom ADZAKRO	#6	Georgian Court		9.36	12/2
9		Isabella NEWBURY	#2	Southern Conne		9.37	1/22
10		Autumn DEMARY	#23	Bloomfield		9.50	1/20
10		Katrina SULLIVAN	#13	Assumption		9.50	12/3

Women's 200 Meters

1	38	Ella MACLEAN	#2	Southern Conne		24.91	1/27
2	45	Dayna THOMPSON	#7	UDC		24.97	1/27
3	49	Nyjah YOUNG-BEY	#4	Franklin Pierce		25.03	1/27
4	80	Antonette POMMELLS	#14	Molloy		25.27	1/27
5	83	Avery WINTERS	#2	Southern Conne		25.29c	1/22
6	93	Anna-Sashia JONES	#2	Southern Conne		25.34c	1/22
7		Monique MALCOLM	#5	American Intern		25.50	12/10
8		Kayla COOPER	#7	UDC		25.52c	1/21
9		Hannah CAIOLA	#2	Southern Conne		25.53c	1/22
10		Kisha FRANCOIS	#2	Southern Conne		25.66	1/27

Women's 400 Meters

1	13	Nyjah YOUNG-BEY	#4	Franklin Pierce	P	56.05	1/27
2	47	Hannah CAIOLA	#2	Southern Conne		57.68	1/27
3	60	Dayna THOMPSON	#7	UDC		57.94	1/14
4	61	Avery WINTERS	#2	Southern Conne		57.96	1/27
5	69	Ava GRAVELL	#1	Southern New H		58.22	1/27
6	77	Antonette POMMELLS	#14	Molloy		58.39	1/27
7	89	Syeira CAMPBELL	#5	American Intern		58.66	1/27
8	95	Gabrielle GRIFFIN	#3	Adelphi		58.75	1/27
9		Imani FITZPATRICK	#11	Felician		59.10c	1/21
10		Isabella NEWBURY	#2	Southern Conne		59.14	1/27

Women's 800 Meters

1	4	Katherine MARSH	#3	Adelphi	P	2:11.12	1/27
2	22	Isabel MARSH	#3	Adelphi	P	2:14.07	1/27
3	42	Ashley CORCORAN	#1	Southern New H		2:16.43c	1/21
4	70	Shania LEMAITRE	#8	Holy Family (Pa.		2:18.06	1/20
5	97	Julia MANSFIELD	#2	Southern Conne		2:19.25	1/27
6		Saylee MISSEL	#4	Franklin Pierce		2:22.81	1/27
7		Caitlin BURMESTER	#16	Bentley		2:23.25	1/27
8		Alana THOMPSON	#4	Franklin Pierce		2:23.81	1/27
9		Kaitlyn O'ROURKE	#1	Southern New H		2:23.82c	1/21
10		Peri SNOW	#13	Assumption		2:23.90	1/27

Women's Mile

1	13	Ashley CORCORAN	#1	Southern New H	P	4:52.78	1/27
2		Katherine MARSH	#3	Adelphi		5:07.23	1/13
3		Kaitlyn O'ROURKE	#1	Southern New H		5:10.71	1/27
4		Kassandra NOLET	#15	Daemen		5:12.56c	12/9
5		Sarah ENES	#13	Assumption		5:13.84	1/27
6		Peri SNOW	#13	Assumption		5:14.29	1/27
7		Briana GRECO	#2	Southern Conne		5:19.91	1/27
8		Kylee ODELL	#10	Roberts Wesleya		5:20.19	1/27
9		Fransisca CHEROTICH	#5	American Intern		5:21.21c	1/21
10		Grace MINIKEL	#3	Adelphi		5:21.80	1/13

Women's 3000 Meters

1	22	Ashley CORCORAN	#1	Southern New H	P	9:54.27	1/14
2		Marcy COLCA	#15	Daemen		10:28.47c	1/21
3		Fransisca CHEROTICH	#5	American Intern		10:30.36c	1/14
4		Acacia BARBER	#10	Roberts Wesleya		10:30.93	1/27
5		Grace MINIKEL	#3	Adelphi		10:38.72	1/20
6		Rachel HORNER-RICHARDSON	#10	Roberts Wesleya		10:47.36	1/27
7		Kelsey SEAMANS	#1	Southern New H		10:48.41	1/27
8		Rachel TUCCI	#3	Adelphi		10:50.47	1/20
9		Camryn BAILEY	#15	Daemen		10:54.97	1/27
10		Hannah THOMAS	#15	Daemen		10:56.58c	12/9

Women's 5000 Meters

1	83	Grace MINIKEL	#3	Adelphi		18:23.32	1/27
2		Rachel TUCCI	#3	Adelphi		18:34.15	1/27
3		Corrina OBERNESSER	#1	Southern New H		18:50.30c	1/21
4		Kelsey SEAMANS	#1	Southern New H		19:08.53c	1/21
5		Kendyl VERMETTE	#5	American Intern		19:09.38c	1/14
6		Jennifer ZAMBUTO	#10	Roberts Wesleya		19:12.12	1/27
7		Meghan SHELIN	#4	Franklin Pierce		19:17.03c	12/10
8		Sarah ZARAKOTAS	#1	Southern New H		19:22.02	1/27
9		Sophia BISOGNANO	#12	Le Moyne		19:31.53c	1/21
10		Victoria VAN HOUTEN	#4	Franklin Pierce		19:35.24c	12/10



Regional TFRI Event Summary

as of 1/30/2023 6:56:17 AM

East

Women's 4x400 Relay

1	11	Isabella NEWBURY, Avery WINTERS, Anna-Sashia JONES, Ella MACLEAN	#2	Southern Conne P	3:52.80	12/10
2	32	Claire O'REGAN, Gabrielle GRIFFIN, Fiona MALONEY, Isabel MARSH	#3	Adelphi	3:57.70	1/27
3	45	Kenisha GREENWOOD, Nyoki JONES, Kahdia JONES, Shania LEMAITRE	#8	Holy Family (Pa.	3:59.58	1/20
4	69	Dayna THOMPSON, Ayesha JARRETT, Kayleigh SHELTON, Tukey FRANCIS	#7	UDC	4:04.02	1/14
5	72	Jenna PILLER, Antonette POMMELLS, Samantha LATORRE, Alaysia COBB-ROUNTREE	#14	Molloy	4:04.69	1/27
6	82	Syeira CAMPBELL, Monique MALCOLM, Eliza MULLIN, Raven-Symone JARRETT	#5	American Intern	4:06.77c	1/21
7	87	Imani FITZPATRICK, Woizero RICHARDS, Darrian LEWIS, Chantoya THOMAS	#11	Felician	4:07.89	12/3
8		Madison CZARNECKI, Jaimee HIRSCHFELD, Michaela NAMOTKA, Katrina SULLIVAN	#13	Assumption	4:19.12c	12/3
9		Amirah BEASLEY, Aaliyah THORPE, Niya BARDEN, Molly BURNS	#6	Georgian Court	4:19.37c	1/28
10		Kalaya FITCH, Daphna GERBER, Deja HARRIS, Emily MAZZUCCO	#9	New Haven	4:20.97	12/10

Women's Distance Medley Relay

1	21	Rachel TUCCI, Katherine MARSH, Grace MINIKEL, Isabel MARSH	#3	Adelphi	12:39.95	1/13
2	36	Ashley LINARES, Shayla MORALES, Catherine CATIPAY, Briseidy BALDERAS	#11	Felician	13:27.39c	1/27
3	37	Victoria VAN HOUTEN, Alana THOMPSON, Saylee MISSEL, Alena MASTERSON	#4	Franklin Pierce	13:28.51c	12/2
4	46	Megan SOHL, Maureen O'CALLAGHAN, Karina ROMERO, Kristi ACKERINA	#14	Molloy	13:44.81	1/13
5	47	Anita JEPCHIRCHIR, Cayla HUNGERFORD, Hilda KIPRONO, Sophia BISOGNANO	#12	Le Moyne	14:04.67	1/13
6	49	Elsie KAAS, Deja HARRIS, Jennifer TORRES, Isabella BOSTIC	#9	New Haven	14:15.12c	12/2
7	53	Brooke IANNONE, Jaelyn HOWARD, Sara FITZGERALD, Elizabeth MATTAIR	#22	Saint Rose	14:40.69c	12/3
8	55	Favour ANYALEWECHI, Fatima MORROBEL, Alexis HALL, Destiny MORLEY	#19	Queens (N.Y.)	15:35.79	1/13

Women's High Jump

1	10	Raven-Symone JARRETT	#5	American Intern P	1.70m	5-7	1/27
2	24	Nouhayla ERRAHILI	#4	Franklin Pierce P	1.67m	5-5¾	1/28
3	61	Jasmine SEVERO	#17	Staten Island	1.62m	5-3¾	1/28
3	61	Lilly CAPRIA	#12	Le Moyne	1.62m	5-3¾	1/27
5		Abigail SEAMAN	#12	Le Moyne	1.57m	5-1¾	1/27
6		Emma HALLET	#1	Southern New H	1.56m	5-1¼	1/7
6		Madison MCMAHON	#1	Southern New H	1.56m	5-1¼	12/10
6		Theresa IRVING	#1	Southern New H	1.56m	5-1¼	12/10
9		Hannah GREENE	#16	Bentley	1.55m	5-1	1/22
9		Sarah ST PIERRE	#13	Assumption	1.55m	5-1	1/22
9		Elena MARTINEZ RODRIGUEZ	#6	Georgian Court	1.55m	5-1	12/2



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

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East

Women's Pole Vault

1	Julia KIRSCHNICK	#6	Georgian Court	3.30m	10-9¾	12/2
2	Hannah GRAVANTE	#6	Georgian Court	2.95m	9-8	1/28
3	Elizabeth JONES	#4	Franklin Pierce	2.90m	9-6¼	12/2
4	Lauren TOLAND	#3	Adelphi	2.80m	9-2¼	1/22
4	Nina CASALINO	#6	Georgian Court	2.80m	9-2¼	1/28
6	Molly CLARK	#9	New Haven	2.75m	9-¼	1/14
6	Teresa DEASY	#4	Franklin Pierce	2.75m	9-¼	1/28
8	Wenka VIL	#9	New Haven	2.55m	8-4¼	12/9
9	Amelia EDMONDS	#1	Southern New H	2.45m	8-½	12/10
9	Adrianna CIESLAK	#22	Saint Rose	2.45m	8-½	1/20

Women's Long Jump

1	14	Aniyah RUSSELL	#6	Georgian Court	P 5.85m	19-2½	12/2
2	43	Raven-Symone JARRETT	#5	American Intern	5.63m	18-5¾	12/8
3	46	Kisha FRANCOIS	#2	Southern Conne	5.62m	18-5¼	1/27
4	48	Kristen WASHINGTON	#9	New Haven	5.61m	18-5	1/20
5	54	Woizero RICHARDS	#11	Felician	5.59m	18-4¼	12/3
6	69	Lucy AMBROULT	#16	Bentley	5.52m	18-1½	1/14
7	81	Mackenzie GLENN	#2	Southern Conne	5.49m	18-¼	1/22
8		Rachel FLEISCHER	#2	Southern Conne	5.38m	17-8	1/22
9		Talia FERGUSON	#11	Felician	5.34m	17-6¼	12/3
10		Shayna SMITH	#2	Southern Conne	5.33m	17-6	1/22

Women's Triple Jump

1	13	Rachel FLEISCHER	#2	Southern Conne	P 11.96m	39-3	1/14
2	26	Kristen WASHINGTON	#9	New Haven	P 11.76m	38-7	1/22
3	29	Shanae RAYSIDE	#6	Georgian Court	P 11.70m	38-4¾	1/14
4	58	Janae KELLY	#5	American Intern	11.37m	37-3¾	1/27
5	65	Jaison-Ashley PLEVA	#6	Georgian Court	11.29m	37-½	1/20
6	72	Olivia JOHNSON	#13	Assumption	11.21m	36-9½	12/3
6	72	Gabrielle TEEL	#9	New Haven	11.21m	36-9½	1/22
8	80	Abigail SEAMAN	#12	Le Moyne	11.17m	36-7¾	12/3
9	93	Lilly CAPRIA	#12	Le Moyne	11.11m	36-5½	1/27
10		Shayna SMITH	#2	Southern Conne	11.08m	36-4¼	1/14
10		Holland HENDERSON	#11	Felician	11.08m	36-4¼	12/3

Women's Shot Put

1	5	Sage SUMPTER	#18	Alliance	P 14.70m	48-2¾	12/10
2	94	Kyria MOORE	#3	Adelphi	12.47m	40-11	1/13
3		Korryn BRAXTON-YOUNG	#8	Holy Family (Pa.	12.09m	39-8	12/9
4		Bennie ALULA	#1	Southern New H	11.77m	38-7½	1/28
5		Tyra FELTON	#4	Franklin Pierce	11.76m	38-7	1/21
6		Isabelle ROBINSON	#9	New Haven	11.72m	38-5½	1/14
6		Alyssa POMPEY	#11	Felician	11.72m	38-5½	1/21
8		Laila BUNNITT	#1	Southern New H	11.35m	37-3	1/28
9		Brooke BIBBO	#1	Southern New H	11.27m	36-11¾	1/14
10		Simone MOTLEY	#9	New Haven	11.22m	36-9¾	12/2

Women's Weight Throw

1	7	Kyria MOORE	#3	Adelphi	P 19.19m	62-11½	1/13
2		Emmanuela KOUAMI-KATOU	#7	UDC	15.04m	49-4¼	1/21
3		Alyssa LEBRON	#19	Queens (N.Y.)	14.90m	48-10¾	12/9
4		Bennie ALULA	#1	Southern New H	14.67m	48-1¾	1/28
5		Laila BUNNITT	#1	Southern New H	14.36m	47-1½	1/7
6		Elise DODEL	#9	New Haven	14.29m	46-10¾	12/2
7		Madison KOZYRA	#12	Le Moyne	13.90m	45-7¼	1/6
8		Kathryn LYNN	#3	Adelphi	13.72m	45-¼	1/20
9		Tyra FELTON	#4	Franklin Pierce	13.69m	44-11	12/2
9		Skylar POINTER	#17	Staten Island	13.69m	44-11	1/13

Women's Pentathlon

1	7	Raven-Symone JARRETT	#5	American Intern	P 3,746		12/8
2	42	Hailee LOWE	#10	Roberts Wesleya	3,172		1/27
3	94	Emilia RUSSELL	#20	Bridgeport	2,716		1/27
4		Tori ALLEN	#1	Southern New H	2,646		12/2
5		Gillian PENNA	#2	Southern Conne	2,604		12/2
6		Maggie MCINERNEY	#1	Southern New H	2,528		12/2
7		Elizabeth JONES	#4	Franklin Pierce	2,432		1/20
8		Emma HALLET	#1	Southern New H	2,247		12/2
9		Larissa WEBER	#20	Bridgeport	2,089		1/27
10		Morgan SPROULL	#10	Roberts Wesleya	1,811		1/27



Regional TFRI Event Summary

as of 1/30/2023 6:56:17 AM

Midwest

Women's 60 Meters

1	11	Makayla SUMRALL	#8 Wayne State (Mi	P 7.51	12/9
2	13	Khristel MARTINDALE	#4 Lewis	P 7.53	1/27
2	13	Kya EPPS	#13 Walsh	P 7.53	12/2
4	23	Jordan TAYLOR	#2 Findlay	P 7.60	12/1
5	27	Brooke ARMBRUST	#21 Ohio Dominican	P 7.61	12/3
6	30	Nora HAGAN	#11 Cedarville	P 7.62	1/28
7	38	Rose OGBULI	#4 Lewis	P 7.64	12/9
7	38	Ashley CHILDERS	#16 Drury	P 7.64	1/21
9	46	Rajiah ANDREWS	#6 Tiffin	P 7.66	12/9
10	50	Morgan DENNIS	#5 Ashland	7.67	12/2

Women's 60 Meter Hurdles

1	21	Rajiah ANDREWS	#6 Tiffin	P 8.72	12/9
2	31	Kylie RAY	#2 Findlay	P 8.78	1/13
3	36	Ellyse WOLRATH	#12 Northern Michig	P 8.82	12/10
4	42	Crystal WALKER	#12 Northern Michig	8.88	12/10
5	46	Cassie CAMPBELL	#9 Saginaw Valley ‡	8.91	12/2
6	57	Hanna SCHROEDER	#9 Saginaw Valley ‡	9.01	1/13
7	64	Shura ERMAKOV	#3 Hillsdale	9.04	1/28
8	65	Amirah STRAUTHER	#6 Tiffin	9.05	1/20
9	68	Grace COLLETT	#9 Saginaw Valley ‡	9.06	1/20
10	71	Bria ARMSTRONG	#16 Drury	9.08	1/27
10	71	Caroline MAYES	#23 William Jewell	9.08	1/27

Women's 200 Meters

1	11	Collinique FARRINGTON	#10 Southwest Bapt	P 24.46	12/10
2	15	Kya EPPS	#13 Walsh	P 24.63	12/9
3	22	Khristel MARTINDALE	#4 Lewis	P 24.72	12/9
4	27	Ashley CHILDERS	#16 Drury	P 24.77	1/21
5	36	Jordan TAYLOR	#2 Findlay	24.90c	12/1
6	54	Dakota STAMM	#3 Hillsdale	25.10c	1/28
7	67	Angelina DELBOSQUE	#9 Saginaw Valley ‡	25.16	1/27
8	71	Stephanique DEAN	#10 Southwest Bapt	25.19	1/28
9	74	Rose OGBULI	#4 Lewis	25.23	12/9
9	74	Kate ZANG	#1 Grand Valley Sta	25.23	1/14

Women's 400 Meters

1	4	Collinique FARRINGTON	#10 Southwest Bapt	P 54.90	12/10
2	23	Cheyenne DAVIS	#5 Ashland	P 56.75	12/2
3	26	Mia GARDNER	#5 Ashland	57.16c	1/13
4	34	Alaysia BROOKS	#17 Ursuline	57.34	1/27
5	39	Kylie RAY	#2 Findlay	57.48c	12/1
6	41	Dakota STAMM	#3 Hillsdale	57.53	1/20
7	47	Bethany SMITH	#2 Findlay	57.68c	12/1
8	53	Jade AVANCE	#5 Ashland	57.79	1/27
9	55	Kiersten FRANKLIN	#11 Cedarville	57.83	1/28
10	61	Taylor IVORY	#2 Findlay	57.96c	1/20

Women's 800 Meters

1	7	Katja BAUERLE	#15 UW-Parkside	P 2:12.33c	1/21
2	8	Lainy WILLIAMS	#10 Southwest Bapt	P 2:12.44	1/28
3	18	Emily GORDON	#8 Wayne State (Mi	P 2:13.85	1/27
4	21	Maria MITCHELL	#1 Grand Valley Sta	P 2:14.06	1/21
5	23	Erin DORN	#14 Davenport (Mict	P 2:14.26	1/21
6	29	Sydney NESBITT	#1 Grand Valley Sta	2:14.78	1/27
7	35	Karissa PICARD	#9 Saginaw Valley ‡	2:15.71	1/27
8	37	Hannah BODINE	#1 Grand Valley Sta	2:16.16	1/27
9	38	Reese DRAGOVICH	#3 Hillsdale	2:16.18c	1/13
10	39	Gwynne RILEY	#3 Hillsdale	2:16.19	1/20

Women's Mile

1	1	Natalie GRABER	#1 Grand Valley Sta	P 4:44.98	1/27
2	9	Lauren KILEY	#1 Grand Valley Sta	P 4:51.46	1/27
3	15	Maria MITCHELL	#1 Grand Valley Sta	P 4:53.04	1/27
4	24	Gwynne RILEY	#3 Hillsdale	P 4:56.34	1/20
5	26	Taryn CHAPKO	#1 Grand Valley Sta	P 4:56.51	1/21
6	27	Meg SCHESKE	#3 Hillsdale	P 4:56.77	1/20
7	34	Lainy WILLIAMS	#10 Southwest Bapt	4:57.60	12/10
8	37	Katja BAUERLE	#15 UW-Parkside	4:57.95	1/27
9	38	Ines MACADAM	#6 Tiffin	4:58.52c	1/28
10	50	Alexa KEISER	#9 Saginaw Valley ‡	4:59.86	1/13

Women's 3000 Meters

1	5	Klaudia O'MALLEY	#1 Grand Valley Sta	P 9:28.06	12/9
2	12	Taryn CHAPKO	#1 Grand Valley Sta	P 9:41.56	12/9
3	13	Alexa KEISER	#9 Saginaw Valley ‡	P 9:42.32	1/27
4	17	Hannah RHEM	#11 Cedarville	P 9:49.23	1/28
5	18	Reagan JUSTICE	#8 Wayne State (Mi	P 9:50.57	1/27
6	19	Kayce RYPMA	#1 Grand Valley Sta	P 9:51.85	1/27
7	27	Savannah ACKLEY	#11 Cedarville	9:56.35	1/20
8	28	Lauren BUCKNER	#9 Saginaw Valley ‡	9:56.68	1/27
9	29	Rachael MORRISON	#4 Lewis	9:57.45	1/21
10	30	Briana VOJINOV	#8 Wayne State (Mi	9:57.53	12/9

Women's 5000 Meters

1	3	Natalie GRABER	#1 Grand Valley Sta	P 16:32.64	12/9
2	4	Lauren KILEY	#1 Grand Valley Sta	P 16:41.44	12/9
3	6	Abby VANDERKOOI	#1 Grand Valley Sta	P 16:51.35	12/9
4	10	Sarah MAY	#1 Grand Valley Sta	P 16:54.23	12/9
5	11	Kayce RYPMA	#1 Grand Valley Sta	P 16:56.33	12/9
6	14	Emma EVERHART-DECKARD	#1 Grand Valley Sta	P 17:05.88	12/9
7	17	Madison EBRIGHT	#1 Grand Valley Sta	P 17:08.27	12/9
8	20	Hannah RHEM	#11 Cedarville	P 17:15.33	1/20
9	22	Grace PAGONE	#1 Grand Valley Sta	P 17:18.69	12/9
10	27	Melissa SPENCER	#7 Indianapolis	17:28.45	12/9



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

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Midwest

Women's 4x400 Relay

1	7	Bethany SMITH, Taylor IVORY, Hayley ROBINETT, Kylie RAY	#2 Findlay	P 3:51.33	1/27
2	8	Shura ERMAKOV, Dakota STAMM, Francesca FEDERICI, Reese DRAGOVICH	#3 Hillsdale	P 3:51.44c	1/28
3	9	Jade AVANCE, Mia GARDNER, McKenna WOODRUFF, Cheyanne DAVIS	#5 Ashland	P 3:52.27	1/20
4	22	Elyse MILLER, Renae KUTCHA, Avery WILSON, Makenzie WELLNER	#8 Wayne State (Mi	3:55.62	1/27
5	34	Sophie OXANDALE, Kendall DASCHER, Raina BAKER, Alayna PIPKIN	#19 Truman	3:57.89c	12/3
6	50	Cassie CAMPBELL, Sophia THELEN, Taylor MOYER, Trinity GREER	#9 Saginaw Valley S	4:00.71	1/27
7	57	Jerralee TESTA, Mya PETERS, Darnesha FRALEY, Da'Ja JONES	#22 Purdue Northwe	4:01.46	12/9
8	66	Jacy RULE, Ashley CHILDERS, Jaedyn LOWE, Jasmyn DOUGLAS	#16 Drury	4:03.61	1/21
9	73	Madison HICKS, Alexis BARBER, Lainy WILLIAMS, Paige BRADLEY	#10 Southwest Bapt	4:04.73	1/28
10	77	Alaysia BROOKS, Ciani KENSEY, A'Zaria THOMAS, Breanna BANKS	#17 Ursuline	4:05.78	1/27

Women's Distance Medley Relay

1	6	Emily GORDON, Renae KUTCHA, Rachel FELSTOW, Briana VOJINOV	#8 Wayne State (Mi	P 12:03.33	1/27
2	7	Lauren BUCKNER, Cassie CAMPBELL, Karissa PICARD, Kailee SANDOVAL	#9 Saginaw Valley S	P 12:03.46	1/27
3	10	Erin DORN, Erin BOETTCHER, Aislyn SHANNON, Ella BARYO	#14 Davenport (Mic	12:16.66	1/27
4	18	Sarah VANDERHOOF- DOSSETT, Claire LANGE, Katherine KELLER, Abigail LESNAIK	#20 Kentucky Wesle	12:33.70c	1/27
5	22	A'Zaria THOMAS, Ciani KENSEY, Alaysia BROOKS, Emma ESTEVES	#17 Ursuline	12:43.07	1/21
6	35	Clare HOLMES, Emma PUETZ, Grace GIESLER, Victoria REGITZ	#18 Missouri S&T	13:26.34c	1/27
7	39	Elliott SMITH, Roman MENHART, Paige ANDERSON, Emma SWEENEY	#12 Northern Michig	13:33.36	1/27
8	43	Lily WAGEMANN, Kennedy MOORE, Ella TYNAN, Kayley HEETER	#25 UMSL	13:39.15c	1/27
9	44	Kaylin CASNER, Trinity GLEITZ, Emma GASTON, Clare WIGGER	#7 Indianapolis	13:42.88c	1/27
10	54	Kayla WINECOFF, Chloe DASENBROCK, Savannah LESHER, McKenna LAING	#24 Maryville (Mo.)	15:03.59c	1/21

Women's High Jump

1	18	Lindsey STRUTZ	#1 Grand Valley Sta	P 1.68m	5-6	1/27
2	24	Jenna DOYLE	#1 Grand Valley Sta	P 1.67m	5-5¾	1/27
2	24	Ellie LENERICH	#7 Indianapolis	P 1.67m	5-5¾	1/21
2	24	C'aira CARTER	#6 Tiffin	P 1.67m	5-5¾	12/9
2	24	Hannah WILLOW	#11 Cedarville	P 1.67m	5-5¾	1/28
6	35	Emma LIBERATORE	#5 Ashland	1.65m	5-5	1/20
7	48	Nadia ROBERTS	#4 Lewis	1.64m	5-4½	1/27
8	54	Toni DENMARK	#13 Walsh	1.63m	5-4¼	12/3
8	54	Mikayla WILLIAMS	#8 Wayne State (Mi	1.63m	5-4¼	1/20
8	54	Olivia HENKEL	#18 Missouri S&T	1.63m	5-4¼	1/27
8	54	Annmarie TYSON	#18 Missouri S&T	1.63m	5-4¼	1/27



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Midwest

Women's Pole Vault

1	1	Kelsey HARTSOCK	#13 Walsh	P	4.10m	13-5¼	12/9
2	6	Brittney CLARK	#7 Indianapolis	P	4.00m	13-1½	1/27
3	7	Sabrina ROBISON	#7 Indianapolis	P	3.98m	13-¾	1/21
4	10	Lindsey KLUESENER	#2 Findlay	P	3.91m	12-10	1/27
5	11	Sidney HEUGEL	#14 Davenport (Mich)	P	3.90m	12-9½	12/9
5	11	Kassidie STIMMEL	#1 Grand Valley Sta	P	3.90m	12-9½	1/21
7	16	Meadow CROMER	#2 Findlay	P	3.81m	12-6	1/27
8	23	Haleigh ECKERT	#11 Cedarville	P	3.75m	12-3½	12/3
8	23	Kaylee KOCH	#1 Grand Valley Sta	P	3.75m	12-3½	1/21
10	27	Sarah MASUOKA	#5 Ashland	P	3.70m	12-1½	12/1

Women's Long Jump

1	6	Simone GREEN	#2 Findlay	P	5.99m	19-8	12/1
2	23	Rachel BLASKOWSKI	#15 UW-Parkside	P	5.78m	18-11¾	1/21
3	31	Madison MYERS	#2 Findlay	P	5.68m	18-7¾	12/1
4	35	Denise HERNANDEZ	#4 Lewis	P	5.67m	18-7¼	12/9
5	43	Crystal WALKER	#12 Northern Michig	P	5.63m	18-5¾	1/27
6	61	Emma SPRINGER	#13 Walsh	P	5.57m	18-3¼	12/3
6	61	Jaden CHRISTIAN	#4 Lewis	P	5.57m	18-3¼	12/2
8	65	Akirah VENERABLE	#12 Northern Michig	P	5.55m	18-2½	1/21
9	67	Kaylin MARTIN	#5 Ashland	P	5.53m	18-1¾	1/13
10	75	Jena MARTIN	#4 Lewis	P	5.51m	18-1	12/9

Women's Triple Jump

1	16	Alecea CARDILLO	#4 Lewis	P	11.90m	39-½	12/2
2	19	Simone GREEN	#2 Findlay	P	11.88m	38-11¾	1/27
3	20	Jaden CHRISTIAN	#4 Lewis	P	11.87m	38-11½	12/9
4	33	Victoria LENDAL	#15 UW-Parkside	P	11.66m	38-3¼	1/21
5	42	Bria ARMSTRONG	#16 Drury	P	11.55m	37-10¾	12/10
6	69	Anna KATTOU	#12 Northern Michig	P	11.24m	36-10½	12/10
6	69	Claire MARTIN	#13 Walsh	P	11.24m	36-10½	12/3
8	75	Emily GERDIN	#3 Hillsdale	P	11.19m	36-8½	12/1
9	80	Mackenzie BRIGHAM	#14 Davenport (Mich)	P	11.17m	36-7¾	12/9
10	90	Tori HAGG	#4 Lewis	P	11.13m	36-6¼	1/14

Women's Shot Put

1	2	Emma RICHARDS	#1 Grand Valley Sta	P	15.41m	50-6¾	1/27
2	3	Trista FINTEL	#2 Findlay	P	15.09m	49-6¼	1/13
3	6	Erika BEISTLE	#1 Grand Valley Sta	P	14.66m	48-1¼	12/9
4	7	Kelsey KINSLEY	#5 Ashland	P	14.61m	47-11¼	1/27
5	8	Brook BOES	#6 Tiffin	P	14.59m	47-10½	12/9
6	10	Nikita MAINES	#3 Hillsdale	P	14.43m	47-4¼	12/1
7	11	Paige EMNETT	#2 Findlay	P	14.35m	47-1	1/20
8	13	Averi PARKER	#3 Hillsdale	P	14.22m	46-8	1/28
9	18	Cydney BANKS	#23 William Jewell	P	13.97m	45-10	12/9
10	19	Reette THORNS	#1 Grand Valley Sta	P	13.91m	45-7¾	1/21

Women's Weight Throw

1	1	Judith ESSEMAH	#1 Grand Valley Sta	P	20.26m	66-5¾	12/9
2	2	Zoe PENTECOST	#7 Indianapolis	P	20.10m	65-11½	12/10
3	4	Carrol PAULEY	#5 Ashland	P	19.81m	65-0	1/20
4	8	Nikita MAINES	#3 Hillsdale	P	19.06m	62-6½	12/1
5	11	Katie SAYLES	#3 Hillsdale	P	18.88m	61-11½	1/20
6	12	Alaina OMONODE	#1 Grand Valley Sta	P	18.65m	61-2¼	1/27
7	13	Brook BOES	#6 Tiffin	P	18.55m	60-10½	12/9
8	15	Kelsey KINSLEY	#5 Ashland	P	18.28m	59-11¾	12/1
9	16	Trista FINTEL	#2 Findlay	P	18.15m	59-6¾	1/20
10	18	Paige EMNETT	#2 Findlay	P	18.01m	59-1¼	1/27

Women's Pentathlon

1	11	Ellie LENCHERICH	#7 Indianapolis	P	3,665		1/27
2	13	Lindsey STRUTZ	#1 Grand Valley Sta	P	3,615		1/27
3	26	Crystal WALKER	#12 Northern Michig	P	3,320		1/27
4	27	Emily CURTICE	#6 Tiffin	P	3,309		12/1
5	29	Annabelle SCHAFER	#14 Davenport (Mich)	P	3,287		1/27
6	36	C'aira CARTER	#6 Tiffin	P	3,226		12/1
7	41	Kelsey LANDRA	#9 Saginaw Valley	P	3,176		12/2
8	49	Allison NIMTZ	#3 Hillsdale	P	3,104		12/1
9	53	Kassandra STINE	#2 Findlay	P	3,063		12/1
10	54	Neva POLO	#3 Hillsdale	P	3,060		12/1



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South

Women's 60 Meters

1	23	Kelechi CHRISTIAN	#2	Mississippi Colle P	7.60	1/28
2	46	Campbell BROWN	#4	West Georgia	P 7.66	12/2
2	46	Alana GREEN	#2	Mississippi Colle P	7.66	12/2
4	56	Krystalynn OATMAN	#3	Alabama-Huntsv	7.70	1/14
5	62	Ijah DRAKE	#3	Alabama-Huntsv	7.71	1/14
6	71	Hannah DUNSTON	#4	West Georgia	7.73	1/22
7	89	Kristen BLEVINS	#1	Lee (Tenn.)	7.77	1/14
8		Mia CULPEPPER	#4	West Georgia	7.82	12/2
9		Shenya PATRICE	#5	Embry-Riddle (F	7.83	1/26
9		Zakiria HOLIFIELD	#3	Alabama-Huntsv	7.83	1/14

Women's 60 Meter Hurdles

1	37	Santiona FREEMAN	#7	Benedict	P 8.83	1/20
2	52	Gioia SCOPEL	#6	Christian Brothe	8.96	12/10
3	88	Tytavia HARDY	#2	Mississippi Colle	9.15	1/14
4	93	Kaciann COWAN	#7	Benedict	9.17	12/4
5		Camielle MILLEDGE	#11	Shorter	9.19	1/20
6		T'Oni BIRDEN	#4	West Georgia	9.23	1/22
7		Amarianna LOFTON	#12	Central State	9.40	1/27
8		Jeainna BRYANT	#10	Savannah State	9.42	1/22
9		Teleah MOORER	#16	Allen (S.C.)	9.45	1/20
9		Kylie CARROLL	#8	Montevallo	9.45	1/22

Women's 200 Meters

1	13	Kelechi CHRISTIAN	#2	Mississippi Colle P	24.55	1/21
2	30	Ijah DRAKE	#3	Alabama-Huntsv P	24.82	1/14
3	32	Ana IGLESIAS	#6	Christian Brothe P	24.85	1/22
4	57	Alana GREEN	#2	Mississippi Colle	25.12	1/28
5	87	Kristen BLEVINS	#1	Lee (Tenn.)	25.31	1/20
6	99	Carissa HALL	#1	Lee (Tenn.)	25.38	1/14
7		Paishence COLLIER	#4	West Georgia	25.49	1/22
8		Zakiria HOLIFIELD	#3	Alabama-Huntsv	25.57	1/20
9		Ravyn CYSTRUNK	#10	Savannah State	25.76	1/22
10		Nina RICHARDSON	#5	Embry-Riddle (F	25.85	1/19

Women's 400 Meters

1	22	Oriana GEE	#6	Christian Brothe P	56.70	12/2
2	50	Eve HINE	#1	Lee (Tenn.)	57.71	1/14
3	57	Hilary UDECHUKWU	#2	Mississippi Colle	57.86	1/28
4	95	Chandler ROBINSON	#3	Alabama-Huntsv	58.75	1/20
5		Janay RYAN	#1	Lee (Tenn.)	58.83	1/20
6		Carissa HALL	#1	Lee (Tenn.)	58.86	1/20
7		Ravyn CYSTRUNK	#10	Savannah State	58.92	1/21
8		Ereyonna GORE	#2	Mississippi Colle	58.97	1/14
9		Talia PFIEFER	#6	Christian Brothe	59.05	1/22
10		Kassie JORDAN	#7	Benedict	59.27	1/20

Women's 800 Meters

1	24	Laura MCBRIDE	#5	Embry-Riddle (F P	2:14.37	1/26
2	34	Morgan DUDLEY	#5	Embry-Riddle (F	2:15.58	1/26
3	51	Aria HAWKINS	#1	Lee (Tenn.)	2:16.83	1/14
4	60	Jazmin HERNANDEZ	#2	Mississippi Colle	2:17.16	1/28
5	68	Haley HALL	#2	Mississippi Colle	2:17.98	1/21
6	73	Kerry REILLY	#9	Saint Leo	2:18.23	1/26
7	77	Lauren WALLACE	#2	Mississippi Colle	2:18.54	1/28
8	87	Lily HARE	#1	Lee (Tenn.)	2:18.92	1/14
9	94	Caroline HARRIS	#5	Embry-Riddle (F	2:19.17	1/19
10	98	Leslie BAXTER	#2	Mississippi Colle	2:19.26	1/28

Women's Mile

1	28	Lily HARE	#1	Lee (Tenn.)	P 4:56.81	1/20
2	35	Aria HAWKINS	#1	Lee (Tenn.)	4:57.66	1/20
3	39	Jazmin HERNANDEZ	#2	Mississippi Colle	4:58.72	1/28
4	40	Megan ADAM	#1	Lee (Tenn.)	4:59.00	1/14
5	51	Lauren WALLACE	#2	Mississippi Colle	4:59.88	1/28
6	58	Liza KELLERMAN	#1	Lee (Tenn.)	5:01.14	1/20
7	64	Johanna WISTOKAT	#6	Christian Brothe	5:01.55	1/22
8	75	Paige PATTERSON	#9	Saint Leo	5:02.73	1/26
9	99	Anna MILLER	#5	Embry-Riddle (F	5:05.59	1/19
10		Emily BERRY	#2	Mississippi Colle	5:06.52	1/21

Women's 3000 Meters

1	53	Johanna WISTOKAT	#6	Christian Brothe	10:06.62	1/22
2	57	Holly LITTLE	#9	Saint Leo	10:07.21	1/19
3	66	Emily BERRY	#2	Mississippi Colle	10:09.84	1/14
4	74	Julia HALTERMAN	#1	Lee (Tenn.)	10:12.25	1/14
5	93	Hannah OFFENBACK	#15	Tampa	10:17.22	1/26
6	94	Paige PATTERSON	#9	Saint Leo	10:17.70	1/19
7		Kerry REILLY	#9	Saint Leo	10:19.22	1/19
8		Olivia MCLAIN	#1	Lee (Tenn.)	10:19.40	1/14
9		Taylor ENGRAM	#3	Alabama-Huntsv	10:21.39	1/14
10		Lauren WALLACE	#2	Mississippi Colle	10:23.34	1/15

Women's 5000 Meters

1	29	Julia HALTERMAN	#1	Lee (Tenn.)	17:29.44	1/20
2	32	Olivia MCLAIN	#1	Lee (Tenn.)	17:32.04	1/20
3	35	Taylor ENGRAM	#3	Alabama-Huntsv	17:38.32	1/20
4	40	Emily MCMURRY	#3	Alabama-Huntsv	17:41.81	1/20
5	44	Lauren WALLACE	#2	Mississippi Colle	17:46.48	1/21
6	51	Katie KRUEGER	#1	Lee (Tenn.)	17:54.49	1/20
7	54	Jazmin HERNANDEZ	#2	Mississippi Colle	18:01.69	1/21
8	78	Emily BERRY	#2	Mississippi Colle	18:16.69	1/15
9	99	Bre BELL	#2	Mississippi Colle	18:31.42	1/15
10		Norma GUTIERREZ	#2	Mississippi Colle	18:37.46	1/15



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South

Women's 4x400 Relay

1	15	Kelechi CHRISTIAN, Ereyonna GORE, Alana GREEN, Hilary UDECHUKWU	#2	Mississippi Colle	3:54.17	1/14
2	17	Talia PFEIFER, Ana IGLESIAS, Pauline WILSON, Oriana GEE	#6	Christian Brothe	3:55.01	1/22
3	18	Eve HINE, Carissa HALL, Kaia MARTZ, Janay RYAN	#1	Lee (Tenn.)	3:55.02	1/20
4	37	Kassie JORDAN, Jada DAVID, Torriann NOAD, Kanesha MOSES	#7	Benedict	3:58.60c	12/4
5	42	Ronni VANZANDT, Nikki MATA, Grace HAMPEL, Chandler ROBINSON	#3	Alabama-Huntsv	3:59.32	1/14
6	48	Morgan DUDLEY, Laura MCBRIDE, Nina RICHARDSON, Caroline HARRIS	#5	Embry-Riddle (F	4:00.23	1/19
7	99	Camielle MILLEDGE, Nia HARRIS, Treneice GRIMES, Jazmine ANDERSON	#11	Shorter	4:09.90	1/21
8		Skyelar AGUILAR, Julia AHAUS, Kayla GROPPE, Sara THOMAS	#9	Saint Leo	4:10.41	1/19
9		Jaylin BRADSHAW, Jurnie HEMSLEY, Amarianna LOFTON, Kaylah HUSTON	#12	Central State	4:15.26	12/2
10		Jaysha BELL, Jaylynn WILLIAMS, Hannah BURTON, Esperance NIBITANGA	#13	Kentucky State	4:24.89	12/3

Women's Distance Medley Relay

1	3	Paige PATTERSON, Julia AHAUS, Kerry REILLY, Holly LITTLE	#9	Saint Leo	P 11:55.71	1/26
2	5	Anna MILLER, Laura MCBRIDE, Morgan DUDLEY, Mackenzie KELLER	#5	Embry-Riddle (F	P 12:02.53	1/26
3	9	Megan ADAM, Liza KELLERMAN, Eve HINE, Aria HAWKINS	#1	Lee (Tenn.)	P 12:06.61	1/20
4	27	Emma MUSSANTE, Caitlin BEERY, Mya STAM, Jinia JOHNSON	#14	Florida Southern	13:01.21	1/26
5	48	Amber FISHER, Khalayah BERRY, Sarah TURNER, Abby SNYDER	#8	Montevallo	14:05.70	1/15

Women's High Jump

1	24	Amarianna LOFTON	#12	Central State	P 1.67m	5-5¾	12/9
2	61	Gioia SCOPEL	#6	Christian Brothe	1.62m	5-3¾	12/10
3	77	Liezl THERON	#1	Lee (Tenn.)	1.61m	5-3¼	1/20
4	81	Kennedy SPEARS	#10	Savannah State	1.60m	5-3	1/22
5		Haley HALL	#2	Mississippi Colle	1.57m	5-1¾	1/28
6		Zauren BURTON	#8	Montevallo	1.55m	5-1	1/22
6		Adrianna BURAGE	#2	Mississippi Colle	1.55m	5-1	12/2
6		Olivia FULFORD	#4	West Georgia	1.55m	5-1	1/14
9		Sydney WHITE	#1	Lee (Tenn.)	1.52m	4-11¾	1/20
10		Tytavia HARDY	#2	Mississippi Colle	1.50m	4-11	1/21

Women's Pole Vault

1	46	Malahne WALKER	#4	West Georgia	3.55m	11-7¾	12/2
2	66	Brynn DEPINET	#1	Lee (Tenn.)	3.50m	11-5¾	1/14
3	75	Ann HAMPTON	#3	Alabama-Huntsv	3.45m	11-3¾	1/20
4	82	Skylar SUGGITT	#8	Montevallo	3.40m	11-1¾	12/2
5	94	Leah DENDY	#8	Montevallo	3.35m	10-11¾	1/15
6		Raegan MILLER	#3	Alabama-Huntsv	3.30m	10-9¾	1/14
7		Lauren HAMM	#3	Alabama-Huntsv	3.05m	10-0	1/14
7		Emika MIYAMOTO	#3	Alabama-Huntsv	3.05m	10-0	1/14
7		Bryce HACKWORTH	#4	West Georgia	3.05m	10-0	1/22
10		Taylor WALKER	#8	Montevallo	2.95m	9-8	12/2
10		Piper KIMES	#5	Embry-Riddle (F	2.95m	9-8	1/19

Women's Long Jump

1	8	Paishence COLLIER	#4	West Georgia	P 5.95m	19-6¼	1/14
2	23	Oriana GEE	#6	Christian Brothe	P 5.78m	18-11¾	12/10
3	41	T'Oni BIRDEN	#4	West Georgia	5.64m	18-6	1/14
4	48	Carissa HALL	#1	Lee (Tenn.)	5.61m	18-5	1/14
5	63	Jydia FAUCETTE	#1	Lee (Tenn.)	5.56m	18-3	1/20
6	92	Mia CULPEPPER	#4	West Georgia	5.45m	17-10¾	1/14
7		Sadrea MABRY	#10	Savannah State	5.40m	17-8¾	1/21
8		Da'Aliyah JOHNSON	#10	Savannah State	5.37m	17-7½	1/21
9		Tytavia HARDY	#2	Mississippi Colle	5.32m	17-5½	1/21
10		Mikaela MILES	#5	Embry-Riddle (F	5.27m	17-3½	1/19

Women's Triple Jump

1	12	Mikaela MILES	#5	Embry-Riddle (F	P 11.98m	39-3¾	1/19
2	18	Mia CULPEPPER	#4	West Georgia	P 11.89m	39-¼	12/2
3	24	Jada DAVID	#7	Benedict	P 11.77m	38-7½	12/4
4	47	Sadrea MABRY	#10	Savannah State	11.49m	37-8½	1/22
5	49	T'Oni BIRDEN	#4	West Georgia	11.47m	37-7¾	12/2
6	53	Tytavia HARDY	#2	Mississippi Colle	11.42m	37-5¾	1/28
7	56	Haley TRAMMELL	#4	West Georgia	11.38m	37-4	12/2
8	75	Eliane ROBINSON	#7	Benedict	11.19m	36-8½	12/4
9	97	Michala DANIELS	#5	Embry-Riddle (F	11.10m	36-5	1/19
10		Emma SORENSON	#5	Embry-Riddle (F	10.75m	35-3¼	1/19



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South

Women's Shot Put

1	4	Shakira ARDISTER	#11	Shorter	P	14.83m	48-8	1/21
2	22	Brandi BODDY	#4	West Georgia	P	13.75m	45-1½	1/22
3	LE+0:	Kimberly LUGG	#13	Kentucky State		12.42m	40-9	12/3
4		Yasmine CHAMBERS	#7	Benedict		12.36m	40-6¾	12/4
5		Amani WAGNER	#13	Kentucky State		11.93m	39-1¾	1/28
6		Deborah RUBIN	#1	Lee (Tenn.)		11.91m	39-1	1/14
7		Essence TORNABENE	#2	Mississippi Colle		11.90m	39-½	12/2
8		Hannah GANT	#3	Alabama-Huntsv		11.81m	38-9	1/14
9		Amber SAUER	#5	Embry-Riddle (F		11.75m	38-6¾	1/26
10		Symphony BUXTON	#1	Lee (Tenn.)		11.59m	38-¼	1/20

Women's Weight Throw

1	20	Essence TORNABENE	#2	Mississippi Colle	P	17.83m	58-6	1/14
2	27	Deborah RUBIN	#1	Lee (Tenn.)	P	17.10m	56-1¼	1/14
3	28	Brandi BODDY	#4	West Georgia	P	17.00m	55-9¼	1/22
4	33	Shakira ARDISTER	#11	Shorter		16.93m	55-6½	1/21
5	38	Hannah GANT	#3	Alabama-Huntsv		16.85m	55-3½	1/20
6	48	Symphony BUXTON	#1	Lee (Tenn.)		16.73m	54-10¾	1/14
7	61	Nyla SHIPMAN	#8	Montevallo		16.32m	53-6½	1/22
8	90	Jovita DAVE	#11	Shorter		15.62m	51-3	12/2
9	95	TaNiyah THOMAS	#3	Alabama-Huntsv		15.51m	50-10¾	1/20
10		Amani WAGNER	#13	Kentucky State		15.25m	50-½	1/28

Women's Pentathlon

1	52	Liezl THERON	#1	Lee (Tenn.)		3,065		1/20
2	71	Sydney WHITE	#1	Lee (Tenn.)		2,935		1/20
3	79	Ronni VANZANDT	#3	Alabama-Huntsv		2,851		1/20
4		Kiffin BRUN	#8	Montevallo		2,066		1/19



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South Central

Women's 60 Meters

1	9	Leah BELFIELD	#1	West Texas A&M	P	7.46c	1/26
2	16	DeOndra GREEN	#1	West Texas A&M	P	7.55c	1/13
3	27	Bryah DAVIS	#15	Oklahoma Chris	P	7.61	1/28
4	30	Brittany FUCHS	#2	UC-Colorado Sp	P	7.62c	12/9
5	32	Alana WILSON	#1	West Texas A&M	P	7.63c	1/26
6	50	Audrey BLOOMQUIST	#2	UC-Colorado Sp	P	7.67c	12/9
7	56	Victoria FARINAS	#2	UC-Colorado Sp	P	7.70c	1/28
7	56	Jordanae SCOTT	#1	West Texas A&M	P	7.70c	1/26
9	62	Breanne FULLER	#18	Black Hills State	P	7.71c	1/14
10	68	Claire HUMMEL	#14	MSU Denver	P	7.72c	1/28

Women's 60 Meter Hurdles

1	5	Missy MORENI	#2	UC-Colorado Sp	P	8.50c	1/28
2	6	Patreece CLARKE	#10	New Mexico Hig	P	8.51c	12/9
3	10	Makenzie HALE	#13	UT Tyler	P	8.64	12/2
4	24	Laiten GREESON	#1	West Texas A&M	P	8.74c	1/26
5	26	Maricia SPENCE	#3	Angelo State	P	8.75c	1/27
6	34	Maya RIES	#14	MSU Denver	P	8.81c	1/28
7	46	Elliot HARRISON	#1	West Texas A&M	P	8.91	12/9
8	59	Abby ZAMZOW	#3	Angelo State	P	9.02	12/9
9	62	Anna RICCOMAGNO	#3	Angelo State	P	9.03c	1/27
10	74	Regan THORNE	#4	Western Colorac	P	9.09c	12/9

Women's 200 Meters

1	17	Jaylen HOGUE	#12	Midwestern Stat	P	24.64	1/28
2	22	Leah BELFIELD	#1	West Texas A&M	P	24.72c	1/26
2	22	Jordan BURNETT	#7	Colorado Mesa	P	24.72c	1/21
4	39	Shiean WALTERS	#3	Angelo State	P	24.92c	1/27
5	41	Breanne FULLER	#18	Black Hills State	P	24.95c	1/27
6	42	Keyanda BOLTON	#2	UC-Colorado Sp	P	24.96c	1/27
7	49	Fatoumata KABO	#3	Angelo State	P	25.03c	1/27
7	49	Brittany FUCHS	#2	UC-Colorado Sp	P	25.03c	1/27
9	53	Sierra ARCENEUX	#7	Colorado Mesa	P	25.09c	1/28
10	59	Allyssa ROMERO	#14	MSU Denver	P	25.13c	1/28
10	59	Bryah DAVIS	#15	Oklahoma Chris	P	25.13c	1/13
10	59	DeOndra GREEN	#1	West Texas A&M	P	25.13c	1/26
10	59	Kaiya FIROR	#4	Western Colorac	P	25.13c	1/21

Women's 400 Meters

1	5	Shiean WALTERS	#3	Angelo State	P	55.17c	1/27
2	7	Shadae FINDLEY	#3	Angelo State	P	55.52c	1/13
3	9	Jordan BURNETT	#7	Colorado Mesa	P	55.87c	1/28
4	16	McKenna MOLDER	#7	Colorado Mesa	P	56.29c	12/9
5	18	Anna SALISBURY	#20	Lubbock Christi	P	56.55c	1/21
6	27	Zykia MCDANIEL	#3	Angelo State	P	57.17c	1/13
7	28	Kaiya FIROR	#4	Western Colorac	P	57.18c	1/28
8	29	Jaylen HOGUE	#12	Midwestern Stat	P	57.24c	1/13
9	35	Moillet KOUAKOU	#1	West Texas A&M	P	57.36	12/10
10	41	Allyssa ROMERO	#14	MSU Denver	P	57.53c	1/21

Women's 800 Meters

1	2	Ava O'CONNOR	#6	Adams State	P	2:09.63c	1/28
2	3	Helen BRAYBROOK	#8	CSU Pueblo	P	2:09.93c	1/27
3	9	Mackenzie DUCK	#5	Colo. School of I	P	2:12.67	1/27
4	15	Aryelle WRIGHT	#5	Colo. School of I	P	2:13.47	1/27
5	20	Maggie MCCLESKEY	#6	Adams State	P	2:14.00c	1/21
6	26	Taylor HOLLAND	#8	CSU Pueblo	P	2:14.63c	12/9
7	28	Courtney MCALINDON	#16	Westminster (Ut	P	2:14.74c	1/20
8	31	Leah TAYLOR	#4	Western Colorac	P	2:14.97c	1/21
9	36	Lauren WILLSON	#4	Western Colorac	P	2:15.86c	1/28
10	40	Josii JOHNSON	#16	Westminster (Ut	P	2:16.21c	1/12

Women's Mile

1	3	Kate HEDLUND	#2	UC-Colorado Sp	P	4:45.49c	1/27
2	5	Zoe BAKER	#5	Colo. School of I	P	4:49.72c	1/27
3	6	Allison BEASLEY	#4	Western Colorac	P	4:50.74c	1/28
4	7	Clare PETERS	#5	Colo. School of I	P	4:51.17c	1/27
5	8	Emily SCHOELLKOPF	#6	Adams State	P	4:51.41c	1/28
6	10	Katie DOUCETTE	#4	Western Colorac	P	4:51.62c	1/28
7	11	Anna FAUSKE	#2	UC-Colorado Sp	P	4:51.90c	1/27
8	12	Eleonora CURTABBI	#1	West Texas A&M	P	4:51.97c	1/13
9	14	Katie FANKHOUSER	#22	Fort Lewis	P	4:53.01c	1/27
10	16	Courtney MCALINDON	#16	Westminster (Ut	P	4:53.08c	12/8

Women's 3000 Meters

1	1	Brianna ROBLES	#6	Adams State	P	9:13.55c	12/9
2	2	Precious ROBINSON	#6	Adams State	P	9:23.56c	12/9
3	3	Reina PAREDES	#6	Adams State	P	9:27.30c	12/9
4	4	Emily SCHOELLKOPF	#6	Adams State	P	9:27.34c	12/9
5	6	Eleonora CURTABBI	#1	West Texas A&M	P	9:29.18c	1/26
6	9	Madison BROWN	#9	Dallas Baptist	P	9:36.37	1/27
7	10	Marissa INSINNA	#9	Dallas Baptist	P	9:39.12	1/27
8	14	Anna FAUSKE	#2	UC-Colorado Sp	P	9:43.15c	12/9
9	15	Margot THOMAS	#8	CSU Pueblo	P	9:44.15c	12/9
10	16	Florance UWAJENEZA	#1	West Texas A&M	P	9:46.74c	1/26

Women's 5000 Meters

1	13	Amailia DORIN	#6	Adams State	P	17:00.94	12/3
2	23	Claire PAULEY	#8	CSU Pueblo	P	17:20.36c	12/9
3	37	KayCee KELLER	#9	Dallas Baptist	P	17:40.50	1/28
4	45	Molly BREUER	#2	UC-Colorado Sp	P	17:46.51c	1/28
5	46	Mason INGALLINERA	#2	UC-Colorado Sp	P	17:46.59c	1/28
6	47	Jessica MADRID	#2	UC-Colorado Sp	P	17:47.77c	1/28
7	48	ABI READ	#14	MSU Denver	P	17:52.01c	1/28
8	56	Jenna HOWARD	#9	Dallas Baptist	P	18:02.79	12/10
9	86	Libby MCGRATH	#2	UC-Colorado Sp	P	18:24.71c	1/28
10	87	Hannah ROHRER-FITZHUGH	#16	Westminster (Ut	P	18:24.80c	1/28



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South Central

Women's 4x400 Relay

1	2	Shiean WALTERS, Zykia MCDANIEL, Maricia SPENCE, Shadae FINDLEY	#3 Angelo State	P 3:46.48c	1/13
2	6	Randi HIGASHI, Grace GALVIN, Aryelle WRIGHT, Amena NELSON	#5 Colo. School of I	P 3:49.57	1/27
3	21	Daiza JONES, Jadynd DANGERFIELD, Nathalia ESCONTRIAS, Da'Shrana SIMS	#12 Midwestern Stat	3:55.36	1/28
4	26	Beatrice ARMIJO, Lucia HARRISON, Nadine ROSE, Charity JOHNSON	#10 New Mexico Higl	3:56.65c	12/9
5	28	Jessica SIMON, Nicole LAWRENCE, Ava O'CONNOR, Lieke HOOGSTEN	#6 Adams State	3:57.40c	1/28
6	35	Skylar HAWK, Brittany FUCHS, Keyanda BOLTON, Amber DAVIS	#2 UC-Colorado Sp	3:58.21c	12/9
7	38	Moillet KOUAKOU, Leah BELFIELD, Jordanae SCOTT, Jordan BROWN	#1 West Texas A&M	3:59.18c	1/13
8	40	Erin CASE, Ella HARRIS, Taylor HOLLAND, Helen BRAYBROOK	#8 CSU Pueblo	3:59.23c	12/9
9	49	Abbey BRADSHAW, Whitney WILLEFORD, Reagan JONES, Ellie FRYE	#9 Dallas Baptist	4:00.55	12/10
10	52	Kelia PORTIS, Mikayla HUTCHISON, Kiarra LAPP, Lauren WILLSON	#4 Western Colorac	4:00.86c	1/28

Women's Distance Medley Relay

1	15	Emme O'DONNELL, Emily COLE, Giselle LUERA, KayCee KELLER	#9 Dallas Baptist	12:25.80	1/28
2	26	Payton DUESING, Brooke LATHAM, Elizabeth HEFFERNAN, Caroline KARR	#15 Oklahoma Chris	12:52.11	1/28

Women's High Jump

1	1	Ahshareah ENOE	#10 New Mexico Higl	P 1.85ma	6-3/4	12/9
2	8	Brooke URBAN	#1 West Texas A&M	P 1.71m	5-7 1/4	12/10
2	8	Samantha BRETZ	#4 Western Colorac	P 1.71ma	5-7 1/4	1/28
4	10	Josie COFFEY	#7 Colorado Mesa	P 1.70ma	5-7	12/9
5	14	Hope MATTESON	#7 Colorado Mesa	P 1.69ma	5-6 1/2	12/9
6	18	Faith NOVESS	#2 UC-Colorado Sp	P 1.68ma	5-6	12/9
7	31	Lexye WOOD	#5 Colo. School of I	P 1.66ma	5-5 1/4	1/21
8	35	Elliot HARRISON	#1 West Texas A&M	P 1.65m	5-5	12/9
8	35	Aerin THOMPSON	#13 UT Tyler	P 1.65m	5-5	1/20
8	35	Jourdaine CERENIL	#11 Chadron State	P 1.65ma	5-5	1/14
8	35	Destiny PELTON	#11 Chadron State	P 1.65ma	5-5	1/14
8	35	Mikayla JONES	#8 CSU Pueblo	P 1.65ma	5-5	12/9

Women's Pole Vault

1	3	Hannah MILLER	#5 Colo. School of I	P 4.08ma	13-4 1/2	12/9
2	9	Avery HERBOLD	#5 Colo. School of I	P 3.95ma	12-11 1/2	12/2
3	13	Abeni KRATZMEYER	#13 UT Tyler	P 3.88m	12-8 3/4	1/20
4	17	Ava KOWALSKI	#5 Colo. School of I	P 3.80ma	12-5 1/2	1/21
5	27	Dale THOMPSON	#5 Colo. School of I	P 3.70ma	12-1 1/2	1/21
6	30	Lauren SMITH	#4 Western Colorac	P 3.68ma	12-3/4	12/9
7	34	Camryn BARROS	#3 Angelo State	P 3.67ma	12-1/2	1/27
8	49	Brianna SPENCER	#2 UC-Colorado Sp	P 3.53ma	11-7	12/9
8	49	Laura BRIGNOLI	#4 Western Colorac	P 3.53ma	11-7	12/9
8	49	Choying O'BRIEN	#4 Western Colorac	P 3.53ma	11-7	12/9
8	49	Olivia MITCHELL	#13 UT Tyler	P 3.53m	11-7	1/13

Women's Long Jump

1	10	Taylor NELLOMS	#1 West Texas A&M	P 5.90m	19-4 1/4	1/26
2	13	Miriam ZANOVELLO	#1 West Texas A&M	P 5.86m	19-2 3/4	1/13
3	18	Abby ZAMZOW	#3 Angelo State	P 5.83m	19-1 1/2	12/9
3	18	Maricia SPENCE	#3 Angelo State	P 5.83m	19-1 1/2	1/13
5	26	Audrey BLOOMQUIST	#2 UC-Colorado Sp	P 5.75ma	18-10 1/2	1/28
6	30	Lexye WOOD	#5 Colo. School of I	P 5.70ma	18-8 1/2	12/9
7	35	Daniela PESIC	#1 West Texas A&M	P 5.67m	18-7 1/4	1/13
8	46	Anna RICCOMAGNO	#3 Angelo State	P 5.62m	18-5 1/4	1/13
9	48	Kailee BENTON	#1 West Texas A&M	P 5.61m	18-5	1/13
10	69	Kathryn CARROLL	#2 UC-Colorado Sp	P 5.52ma	18-1 1/2	1/21

Women's Triple Jump

1	1	Taylor NELLOMS	#1 West Texas A&M	P 12.94m	42-5 1/2	1/26
2	4	Miriam ZANOVELLO	#1 West Texas A&M	P 12.55m	41-2 1/4	1/26
3	9	Eireann DONOHUE	#4 Western Colorac	P 12.20ma	40-1/2	1/21
3	9	Audrey BLOOMQUIST	#2 UC-Colorado Sp	P 12.20ma	40-1/2	1/28
5	15	Kiana JACKSON	#7 Colorado Mesa	P 11.94ma	39-2 1/4	12/9
6	23	Hekla MAGNUSDOTTIR	#1 West Texas A&M	P 11.78m	38-7 3/4	1/26
7	24	Allison VAUGHN	#3 Angelo State	P 11.77ma	38-7 1/2	1/27
8	39	Stefani VASILEVA	#1 West Texas A&M	P 11.57m	37-11 1/2	1/26
8	39	Abby ZAMZOW	#3 Angelo State	P 11.57m	37-11 1/2	1/21
10	51	Jazmin RAY	#17 Texas A&M-King	P 11.46m	37-7 1/4	12/10



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South Central

Women's Shot Put

1	9	Kyla SAWVELL	#11	Chadron State	P	14.50m	47-7	1/20
2	12	Katherine HIGGINS	#8	CSU Pueblo	P	14.31mA	46-11½	1/27
3	14	Ali ALDRICH	#4	Western Colorac	P	14.19mA	46-6¾	1/21
4	16	Febe WESSELS	#8	CSU Pueblo	P	14.08mA	46-2½	1/27
5	23	Katryna HERNANDEZ	#17	Texas A&M-King	P	13.71m	44-11¾	12/10
6	37	Maricia SPENCE	#3	Angelo State		13.42m	44-½	12/9
7	39	Tamia SMITH	#21	Eastern New Me		13.38mA	43-10¾	1/13
8	48	Emily MALOUF	#16	Westminster (Ut		13.25mA	43-5¾	1/20
9	53	Alexandria TICE	#1	West Texas A&M		13.11mA	43-¼	1/28
10	59	Virginia TOMON	#7	Colorado Mesa		13.03mA	42-9	1/28

Women's Weight Throw

1	2	Kyla SAWVELL	#11	Chadron State	P	20.10mA	65-11½	1/28
2	17	Anna HOLLAND	#2	UC-Colorado Sp	P	18.02mA	59-1½	12/9
3	19	Olivia MIKAELIAN	#8	CSU Pueblo	P	17.93mA	58-10	12/2
4	24	Ali ALDRICH	#4	Western Colorac	P	17.64mA	57-10½	1/21
5	33	Jenna SAYLER	#19	South Dakota Mi		16.93mA	55-6½	1/28
6	47	Jada SEWELL	#1	West Texas A&M		16.74m	54-11¼	12/10
7	62	Courtney SMITH	#11	Chadron State		16.30mA	53-5¾	12/2
8	64	Kaitlyn SCOTT	#10	New Mexico Higl		16.29mA	53-5½	1/28
9	68	Krystal WORTHAM	#4	Western Colorac		16.17mA	53-¾	1/21
10		Chloe BRACKENBURY	#4	Western Colorac		15.34mA	50-4	1/21

Women's Pentathlon

1	5	Maricia SPENCE	#3	Angelo State	P	3,817		12/9
2	12	Abby ZAMZOW	#3	Angelo State	P	3,657		12/9
3	14	Anna RICCOMAGNO	#3	Angelo State	P	3,583		12/9
4	19	Elliot HARRISON	#1	West Texas A&M	P	3,483		12/9
5	20	Laiten GREESON	#1	West Texas A&M	P	3,476		12/9
6	21	Mica JENRETTE	#7	Colorado Mesa	P	3,471A		12/9
7	24	Allison VAUGHN	#3	Angelo State	P	3,366		12/9
8	31	Hope MATTESON	#7	Colorado Mesa	P	3,251A		12/9
9	34	Faith NOVESS	#2	UC-Colorado Sp		3,235A		12/9
10	38	Maggie REMSBERG	#2	UC-Colorado Sp		3,187A		12/9



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Southeast

Women's 60 Meters

1	3	Alexis BROWN	#1	Lenoir-Rhyne	P	7.34	12/9
2	6	Sade DESOUZA	#3	Carson-Newmar	P	7.41	1/13
3	32	Melody JONES	#1	Lenoir-Rhyne	P	7.63	1/20
4	42	Mycherie ONWUZURUKIE	#8	Southern Wesley	P	7.65	12/2
5	50	Mahala EVANS	#10	UNC Pembroke		7.67	1/14
6	56	Jaylin REEVES	#4	Mount Olive		7.70	1/14
6	56	Tiara COX	#14	North Greenville		7.70	1/20
8	85	Sarah ABUMERE	#13	Newberry		7.76	1/22
9	93	Theresa GREEN-WHITE	#15	Tusculum		7.78	1/27
10	LEO	Janaya DAVIS-GAINER	#3	Carson-Newmar		7.79	1/13

Women's 60 Meter Hurdles

1	9	Melody JONES	#1	Lenoir-Rhyne	P	8.58	1/27
2	34	Kadidja SANGARE	#3	Carson-Newmar	P	8.81	1/13
3	51	Phoebe MYERS	#11	Converse		8.94	1/20
4	53	Amari SMITH	#12	Limestone		8.99	1/14
4	53	Theresa GREEN-WHITE	#15	Tusculum		8.99	1/14
6	58	Kennedy CONNER	#1	Lenoir-Rhyne		9.02	12/9
7	74	McKenzie CONNOR	#2	Wingate		9.09	1/27
8	81	Isabelle FLORES	#17	Belmont Abbey		9.13	1/14
9	97	Elizabeth CLOSE	#9	Lincoln Memorial		9.18	1/27
10		Emma JOHNSON	#13	Newberry		9.26	1/26

Women's 200 Meters

1	12	Alexis BROWN	#1	Lenoir-Rhyne	P	24.47c	12/9
2	27	Jaylin REEVES	#4	Mount Olive	P	24.77c	12/4
3	33	Samantha PAYNE	#6	Catawba	P	24.86c	12/4
4	47	Jordan SHEALEY	#1	Lenoir-Rhyne		25.02c	12/9
5	52	Sade DESOUZA	#3	Carson-Newmar		25.05	1/13
6	92	Sarah ABUMERE	#13	Newberry		25.33	1/26
7		Hannah HILL	#14	North Greenville		25.41	1/20
8		Naiobi WHITE	#2	Wingate		25.45c	1/22
9		Quinn WALL	#9	Lincoln Memorial		25.57	12/3
10		Lacey BOOZER	#7	Anderson (S.C.)		25.68c	12/3
10		Chianel ASOBURUENWU	#4	Mount Olive		25.68	1/27

Women's 400 Meters

1	15	Samantha PAYNE	#6	Catawba	P	56.18c	12/4
2	24	Tytiana WILSON	#3	Carson-Newmar	P	56.79	1/13
3	66	Jordan SHEALEY	#1	Lenoir-Rhyne		58.07c	12/3
4	72	Abby HEATH	#2	Wingate		58.29	12/9
5	84	Brianna QUARTARARO	#7	Anderson (S.C.)		58.55	1/14
6		Hannah HILL	#14	North Greenville		58.86c	1/14
7		Jaiden MOODY	#4	Mount Olive		58.91c	1/20
8		Shanyia GREY	#11	Converse		58.98c	12/3
9		Cierra WRIGHT	#8	Southern Wesley		59.07	1/14
10		Damyja ALEJANDRO-ORTIZ	#1	Lenoir-Rhyne		59.35c	12/9

Women's 800 Meters

1		Abigail MISCH	#5	Flagler		2:21.96c	12/4
2		Katy NEUBERT	#18	King		2:22.99c	1/22
3		Emily CODDINGTON	#15	Tusculum		2:24.03	1/20
4		Emma WHITAKER	#7	Anderson (S.C.)		2:24.25	1/20
5		Lea STEINBACH	#5	Flagler		2:24.56	1/26
6		Olivia OVERHOLT	#1	Lenoir-Rhyne		2:24.60	1/27
7		Clemence TREGUER	#5	Flagler		2:24.68	1/26
8		Maria CHELLAH	#9	Lincoln Memorial		2:25.37	1/27
9		JaBresha PALMER	#19	Clayton State		2:25.71	1/22
10		Avery SHOPE	#14	North Greenville		2:26.33	1/20

Women's Mile

1	40	Lauryn TUMEY	#2	Wingate		4:59.00c	1/22
2		Megan CHURCHILL	#5	Flagler		5:07.23	1/19
3		Monika KUBAI	#5	Flagler		5:09.57	1/19
4		Marissa KEMPF	#5	Flagler		5:10.55c	12/4
5		Katilee CROFT	#9	Lincoln Memorial		5:11.89	1/27
6		Natalie ALMOND	#6	Catawba		5:15.40c	1/22
7		Lauren BEATTY	#11	Converse		5:17.62	1/14
8		Aubrey STODDARD	#7	Anderson (S.C.)		5:19.19	1/20
9		Sam GAYTON	#5	Flagler		5:19.55	1/19
10		Ruth SPIJKER	#11	Converse		5:20.88c	12/3

Women's 3000 Meters

1	35	Monika KUBAI	#5	Flagler		9:59.59	1/26
2	54	Zoe BRICKLEY	#2	Wingate		10:06.69	12/9
3	60	Megan CHURCHILL	#5	Flagler		10:08.14	1/26
4	86	Brooke FOSTER	#9	Lincoln Memorial		10:15.13c	1/14
5	98	Enola SAVEL	#5	Flagler		10:18.11c	12/4
6		Elise MATTHEWS	#7	Anderson (S.C.)		10:22.13	1/14
7		Natalie ALMOND	#6	Catawba		10:27.13c	1/22
8		Kathryn ANDERSON	#10	UNC Pembroke		10:31.02c	1/22
9		Emily GOLDEN	#7	Anderson (S.C.)		10:33.53	1/14
10		Amber SCOTT	#2	Wingate		10:35.74	12/9

Women's 5000 Meters

1	15	Mollie SCOTT	#2	Wingate	P	17:06.12	12/9
2	25	Tatjana MENSE	#2	Wingate		17:24.73	12/9
3	34	Lauryn TUMEY	#2	Wingate		17:38.25	12/9
4	50	Brooklyn PIERCE	#2	Wingate		17:53.34	12/9
5	55	Emily GOLDEN	#7	Anderson (S.C.)		18:02.21	1/20
6	65	Brooke FOSTER	#9	Lincoln Memorial		18:10.78	1/27
7	67	Elise MATTHEWS	#7	Anderson (S.C.)		18:10.91	1/20
8	77	Paige EWALD	#1	Lenoir-Rhyne		18:16.24c	12/3
9	81	Lauren BEATTY	#11	Converse		18:20.29c	1/20
10	90	Kathrin POLKE	#1	Lenoir-Rhyne		18:26.67c	12/3



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Southeast

Women's 4x400 Relay

1	23	Kyla JOHNSON, Michele BEUGRE, Deborah MARLOW, Cierra WRIGHT	#8 Southern Wesley	3:55.81	1/27
2	36	Jaiden MOODY, Vinesha BRIGGS, Jaylin REEVES, Channie JEFFERSON	#4 Mount Olive	3:58.48c	1/20
3	51	Onii BIVENS, Gianna GUTIERREZ, Skylar PAYNE, Samantha PAYNE	#6 Catawba	4:00.76c	12/4
4	54	Lacey BOOZER, Autumn BLADEN, Joeli HAYDEN, Brianna QUARTARARO	#7 Anderson (S.C.)	4:01.26c	12/3
5	58	Tytiana WILSON, Lauren TABOR, Abbie ZANDER, Morgan BAILEY	#3 Carson-Newmar	4:01.54	1/27
6	76	Hannah HILL, Carleigh VAUGHN, Zoie JUSTICE, JoAnn SMILING	#14 North Greenville	4:05.41	1/20
7	90	Ashlee LEWIS, Elizabeth CLOSE, Micah SELLS, Vyctoria BOGER	#9 Lincoln Memorial	4:08.44c	1/14
8	93	Desiree CONNER, Deimante BEDALYTE, Khasmine HARRIS, Amari SMITH	#12 Limestone	4:08.75	1/20
9	95	Karolina COLON, Sekyah CHESTNUT, Olivia WHITE, Isabelle FLORES	#17 Belmont Abbey	4:08.77c	12/3
10		Mikayla OSBORNE, Enesyice KENNEMORE, Ivorie SMITH, JaBresha PALMER	#19 Clayton State	4:11.15	1/22

Women's Distance Medley Relay

1	12	Megan CHURCHILL, Lea STEINBACH, Marissa KEMPF, Monika KUBAI	#5 Flagler	12:22.86	1/26
2	25	Harper RUSSELL, Grace ROSE, Katilee CROFT, Maria CHELLAH	#9 Lincoln Memorial	12:46.19	1/27
3	31	Riley NICHOLSON, Brianna MILLER, Zoie JUSTICE, Avery SHOPE	#14 North Greenville	13:17.14	1/20
4	32	Chloe MUMAW, Leah DOTSON, Katherine THOMPSON, Becca BOWERS	#16 Erskine	13:23.86c	1/20
5	38	Imke VAN GOG, Morgan BAILEY, Karli YARID, Katie SMOCK	#3 Carson-Newmar	13:28.93	1/27
6	42	Jada WARREN, Ivorie SMITH, Sasha KNOWLES, Tanaeya JOHNSON	#19 Clayton State	13:38.52	1/15

Women's High Jump

1	4	Moena BATTLE	#2 Wingate	P 1.75m	5-8¾	1/27
2	14	Kennedy CONNER	#1 Lenoir-Rhyne	P 1.69m	5-6½	12/9
3	18	Valerie DAEHLER	#2 Wingate	P 1.68m	5-6	1/22
3	18	Nathalie SCHUMACHER	#3 Carson-Newmar	P 1.68m	5-6	1/20
5	48	Georgia PIPER	#7 Anderson (S.C.)	1.64m	5-4½	12/3
6		Phoebe MYERS	#11 Converse	1.58m	5-2¼	1/20
6		Morgan STANTON	#3 Carson-Newmar	1.58m	5-2¼	1/13
8		Sofia LANINA	#1 Lenoir-Rhyne	1.57m	5-1¾	12/2
8		Amanda LISI	#9 Lincoln Memorial	1.57m	5-1¾	1/14
10		Kadidja SANGARE	#3 Carson-Newmar	1.55m	5-1	1/27
10		Madelyn BRIGHT	#23 Emmanuel (Ga.)	1.55m	5-1	1/22

Women's Pole Vault

1	39	Abby OWENS	#3 Carson-Newmar	3.60m	11-9¾	12/9
2	82	Camryn HARRIS	#12 Limestone	3.40m	11-1¾	1/20
3	94	Pearl BALLARD	#1 Lenoir-Rhyne	3.35m	10-11¾	12/9
4		Lacey TRIPLETT	#1 Lenoir-Rhyne	3.06m	10-½	1/27
5		Ava LABRANT	#8 Southern Wesley	3.00m	9-10	1/20
5		Kirsten LEONARD	#7 Anderson (S.C.)	3.00m	9-10	1/14
7		Trinity FRAYER	#4 Mount Olive	2.90m	9-6¼	1/20
8		Caitlin PAULINS	#18 King	2.80m	9-2¼	1/14
9		Stephenie BROWN	#1 Lenoir-Rhyne	2.75m	9-¾	12/4
9		Stacie JORGENSEN	#1 Lenoir-Rhyne	2.75m	9-¾	12/4
9		Kennedy CONNER	#1 Lenoir-Rhyne	2.75m	9-¾	1/20
9		Melena HOWELL	#1 Lenoir-Rhyne	2.75m	9-¾	12/4



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Southeast

Women's Long Jump

1	5	Kadidja SANGARE	#3	Carson-Newmar	P	6.00m	19-8¼	1/13
2	12	Mycherie ONWUZURUKIE	#8	Southern Wesleyan	P	5.87m	19-3¼	1/14
3	14	MeKayla WHITE	#6	Catawba	P	5.85m	19-2½	1/22
4	25	Jada PITTMAN	#8	Southern Wesleyan	P	5.77m	18-11¼	1/14
5	48	Sydney MCCARTY	#3	Carson-Newmar		5.61m	18-5	1/13
6	54	Melody JONES	#1	Lenoir-Rhyne		5.59m	18-4¼	1/20
6	54	Maisonnee JONES	#22	USC Beaufort (S)		5.59m	18-4¼	1/22
8	69	Cristina VILLANUEVA	#17	Belmont Abbey		5.52m	18-1½	1/20
9	80	Efemena EGBERI	#6	Catawba		5.50m	18-½	12/4
10	86	Mora SMITH	#4	Mount Olive		5.47m	17-11½	12/4
10	86	Kennedy CONNER	#1	Lenoir-Rhyne		5.47m	17-11½	1/27

Women's Triple Jump

1	30	MeKayla WHITE	#6	Catawba	P	11.67m	38-3½	1/22
2	36	Holly KONE	#1	Lenoir-Rhyne		11.62m	38-1½	1/27
3	38	Tyleah MOORER	#16	Erskine		11.60m	38-¾	12/2
4	61	Mycherie ONWUZURUKIE	#8	Southern Wesleyan		11.35m	37-3	1/14
5	64	Leah DOTSON	#16	Erskine		11.30m	37-1	12/2
6	83	Kennedy CONNER	#1	Lenoir-Rhyne		11.16m	36-7½	12/9
6	83	Lora DILLON	#20	Lees-McRae		11.16m	36-7½	1/20
8	90	Mora SMITH	#4	Mount Olive		11.13m	36-6¼	12/4
9		Karla HORMAZABAL	#4	Mount Olive		11.05m	36-3	12/4
10		Brooke TAYLOR	#3	Carson-Newmar		10.97m	36-0	1/13

Women's Shot Put

1	54	Danielle CRAWFORD	#2	Wingate		13.09m	42-11½	1/27
2	92	Taylor SMITH	#12	Limestone		12.53m	41-1½	1/20
3	99	Mary Brigid KECK	#4	Mount Olive		12.43m	40-9½	12/4
4		Amber LAWLESS	#2	Wingate		12.41m	40-8¾	1/22
5		Victoria MCEACHERN	#2	Wingate		12.40m	40-8¼	1/27
6		Kaliya SUTTON	#4	Mount Olive		12.33m	40-5½	12/3
7		Olivia JACKSON	#1	Lenoir-Rhyne		12.18m	39-11½	12/2
8		Carly PLATT	#2	Wingate		12.08m	39-7¾	1/27
9		Marlesia WALKER	#1	Lenoir-Rhyne		11.93m	39-1¾	12/2
10		Lillian MARINO	#10	UNC Pembroke		11.92m	39-1¼	1/27

Women's Weight Throw

1	26	Irma WATSON-PEREZ	#13	Newberry	P	17.13m	56-2½	1/26
2	54	Lillian MARINO	#10	UNC Pembroke		16.53m	54-2¾	1/27
3	56	Mary Brigid KECK	#4	Mount Olive		16.46m	54-0	12/4
4	69	Raigan EVANS	#10	UNC Pembroke		16.15m	53-0	1/27
5	84	Esma PAJT	#2	Wingate		15.74m	51-7¾	1/27
6	98	Kaliya SUTTON	#4	Mount Olive		15.43m	50-7½	12/3
7		Carly PLATT	#2	Wingate		14.78m	48-6	1/27
8		Andrea PASCUAL RIVERA	#13	Newberry		14.62m	47-11¾	1/26
9		Kennedy MYERS	#13	Newberry		14.40m	47-3	1/26
10		Trinity DOWNS	#12	Limestone		14.35m	47-1	1/20

Women's Pentathlon

1	35	Kennedy CONNER	#1	Lenoir-Rhyne	3,229	12/9
2	88	Miranda MARR	#1	Lenoir-Rhyne	2,777	12/9
3	91	Lacey TRIPLETT	#1	Lenoir-Rhyne	2,752	12/9
4		Alina MUELLER	#21	Mars Hill	2,614	12/9
5		Sofia ULANDAY	#1	Lenoir-Rhyne	2,466	12/9
6		Tylyia TRIGGS	#4	Mount Olive	2,205	12/9



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West

Women's 60 Meters

1	8	Marie-Eloise LECLAIR	#6	Simon Fraser	P	7.45	1/14
2	10	Ayana FIELDS	#3	Cal Poly Pomona	P	7.50	12/10
3	19	E'lexis HOLLIS	#7	Central Washing	P	7.57	1/27
4	22	Selena ARJONA-ALCAZAR	#2	Academy of Art	P	7.59	12/10
5	38	Darria MATTHIAS	#2	Academy of Art	P	7.64	1/13
5	38	Abbey WOOD	#9	Northwest Naza	P	7.64c	12/8
7	46	Yuna QUENIAT	#3	Cal Poly Pomona	P	7.66	12/10
8	62	Britney CLARK	#2	Academy of Art		7.71	12/10
9	77	Maya HOPWOOD	#5	Western Oregon		7.74	1/14
10	85	Maliyah THOMPSON	#5	Western Oregon		7.76	1/13

Women's 60 Meter Hurdles

1	4	Esther CONDE-TURPIN	#1	Azusa Pacific	P	8.44	1/21
2	8	Nicole WARWICK	#1	Azusa Pacific	P	8.57	1/21
3	13	Marie-Jeanne OUREGA	#2	Academy of Art	P	8.65	1/21
4	26	Susie FOWLER	#3	Cal Poly Pomona	P	8.75c	1/27
5	28	Laurn CHANDLER	#7	Central Washing	P	8.77	1/27
6	33	Alysa HENRY	#1	Azusa Pacific	P	8.80	1/20
7	65	Maliyah THOMPSON	#5	Western Oregon		9.05	1/13
8	68	Mette VAN DER MEER	#17	Alaska Anchorage		9.06	1/14
9	81	Hannah CHANG	#8	Seattle Pacific		9.13	12/10
10	88	Sarah SEWELL	#7	Central Washing		9.15	1/13

Women's 200 Meters

1	1	Ayana FIELDS	#3	Cal Poly Pomona	P	23.47c	1/27
2	4	Marie-Eloise LECLAIR	#6	Simon Fraser	P	23.80	1/27
3	15	Selena ARJONA-ALCAZAR	#2	Academy of Art	P	24.63	1/13
4	17	Madison FLORES	#13	Fresno Pacific	P	24.64	1/27
5	21	Darria MATTHIAS	#2	Academy of Art	P	24.71	1/13
6	27	Yuna QUENIAT	#3	Cal Poly Pomona	P	24.77c	1/27
7	42	Britney CLARK	#2	Academy of Art		24.96	12/10
8	55	Ariana VERA	#13	Fresno Pacific		25.11	1/27
9	59	Jaelyn THOMAS	#3	Cal Poly Pomona		25.13c	1/27
10	77	Alayna VERNER	#1	Azusa Pacific		25.26	1/20

Women's 400 Meters

1	11	Alayna VERNER	#1	Azusa Pacific	P	55.88	1/21
2	12	Ayana FIELDS	#3	Cal Poly Pomona	P	55.90	12/10
3	36	Kiayra HOLMES	#1	Azusa Pacific		57.39	1/21
4	41	Brianna GREEN	#13	Fresno Pacific		57.53	1/27
5	45	Anna BELLES GALLAN	#2	Academy of Art		57.59	12/10
6	52	Elise HOPPER	#7	Central Washing		57.74	1/20
7	98	Marissa CRANE	#8	Seattle Pacific		58.77	12/10
8		Claire BOSMA	#6	Simon Fraser		59.06	1/27
9		Jaelyn THOMAS	#3	Cal Poly Pomona		59.24	12/10
10		Aniya GREEN	#8	Seattle Pacific		59.55	1/14

Women's 800 Meters

1	1	Vanessa ANITEYE	#8	Seattle Pacific	P	2:08.74	1/27
2	12	Lina HANICH	#2	Academy of Art	P	2:13.28	1/21
3	19	Arisa HATCHER	#3	Cal Poly Pomona	P	2:13.88c	1/27
4	25	Marian LEDESMA	#4	Western Washin	P	2:14.40	1/14
5	32	Michaela ANDREWS	#2	Academy of Art		2:15.16	1/20
6	33	Katharina GOETSCHL	#2	Academy of Art		2:15.21	1/21
7	62	Elizabeth VANDERPUT	#6	Simon Fraser		2:17.34	1/27
8	72	Sophie WRIGHT	#4	Western Washin		2:18.14	1/14
9	76	Eline PINTER	#1	Azusa Pacific		2:18.52	1/20
10	78	Alisha SAUCEDO	#14	Saint Martin's		2:18.68	1/27

Women's Mile

1	4	Megan ROXBY	#6	Simon Fraser	P	4:48.70	1/27
2	45	Najwa CHOUATI	#15	Stanislaus State		4:59.56	1/28
3	52	Katharina GOETSCHL	#2	Academy of Art		4:59.90	1/20
4	55	Grace SOUTHERN	#2	Academy of Art		5:00.44	1/21
5	65	Sophie WRIGHT	#4	Western Washin		5:01.57	1/14
6	69	Libby MICHAEL	#8	Seattle Pacific		5:02.43	1/27
7	77	Mia CROCKER	#4	Western Washin		5:03.07	1/14
8	79	Riley SMITH	#5	Western Oregon		5:03.28	1/27
9	82	Eline PINTER	#1	Azusa Pacific		5:03.60	1/21
10	88	Lina HANICH	#2	Academy of Art		5:04.24	1/20

Women's 3000 Meters

1	21	Lisa REDLINGER	#2	Academy of Art	P	9:53.16	1/20
2	39	Grace SOUTHERN	#2	Academy of Art		10:00.44	1/20
3	41	Najwa CHOUATI	#15	Stanislaus State		10:02.17	1/28
4	43	Katharina GOETSCHL	#2	Academy of Art		10:03.55	1/13
5	48	Caitlin HELDT	#5	Western Oregon		10:05.58	1/14
6	58	Libby MICHAEL	#8	Seattle Pacific		10:07.54	1/14
7	76	Alauna CARSTENS	#14	Saint Martin's		10:12.77	1/27
8	83	Ila DAVIS	#4	Western Washin		10:14.51	1/14
9		Mia CROCKER	#4	Western Washin		10:22.92	12/10
10		Yahaira ZUNIGA	#15	Stanislaus State		10:24.23	1/28

Women's 5000 Meters

1	36	Caitlin HELDT	#5	Western Oregon		17:40.44	1/27
2	97	Meaera SHANNON	#4	Western Washin		18:31.12	1/27
3		Matise MULCH	#8	Seattle Pacific		18:49.43	1/27
4		Luz GARCIA	#5	Western Oregon		18:56.10	1/27
5		Audrey ROSENCRANS	#2	Academy of Art		19:14.02	1/13
6		Ally WHITMER	#10	Montana St.-Bill		20:18.10c	12/7
7		Kit WIERSEMA	#10	Montana St.-Bill		20:22.41c	12/7
8		Aspen TOLMAN	#10	Montana St.-Bill		20:28.93c	12/7
9		Toree MANNING	#10	Montana St.-Bill		22:16.05c	12/7



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:56:20 AM

West

Women's 4x400 Relay

1	5	Ariana VERA, Madison FLORES, Brianna GREEN, Ilyanna FULLER	#13 Fresno Pacific	P 3:49.37	1/27
2	13	Jaelyn THOMAS, Tianna JARDSTROM, Yuna QUENIAT, Arisa HATCHER	#3 Cal Poly Pomona	P 3:53.22c	1/27
3	24	Juliette WILLIAMS, Donna Marie HARRIS, Elise HOPPER, Ellie DEGROOT	#7 Central Washing	3:56.24	1/27
4	25	Britney CLARK, Anna BELLES GALLEN, Erine COLLARD, Lina HANICH	#2 Academy of Art	3:56.51	12/10
5	30	Vanessa ANITEYE, Aniya GREEN, Marissa CRANE, Johanna BROWN	#8 Seattle Pacific	3:57.63	1/27
6	40	Erika BINDER, Claire BOSMA, Elizabeth VANDERPUT, Marie- Eloise LECLAIR	#6 Simon Fraser	3:59.23	1/14
7	53	Blanca DE ARVIZU SARRI, Sophia CVANCARA, Kaitlyn BACKMAN, Joei VIDAD	#17 Alaska Anchorage	4:00.96	1/27
8	62	Brooke MANSFIELD, Anna MILLER, Caitlyn CHENEY, Naomi BATES	#4 Western Washington	4:01.87	1/27
9	64	Maria SARTIN, Porshe EISMANN, Madison FEARON, Ruby BISHOP	#11 Concordia Irvine	4:02.75	1/20
10	74	Abbey WOOD, Alejandra GOMEZ, Makenze KNOWLES, Laine DEJONG	#9 Northwest Nazarene	4:04.86	1/28

Women's Distance Medley Relay

1	1	Sophie WRIGHT, Caitlyn CHENEY, Mia CROCKER, Ila DAVIS	#4 Western Washington	P 11:47.47	1/27
2	2	Selin TASDEMIR, Marie-Eloise LECLAIR, Elizabeth VANDERPUT, Megan ROXBY	#6 Simon Fraser	P 11:52.60	1/27
3	8	Lina HANICH, Britney CLARK, Michaela ANDREWS, Katharina GOETSCHL	#2 Academy of Art	P 12:05.39	1/13
4	20	Katie CHAPMAN, Madeline LAMBING, Holly HUTTON, Riley SMITH	#5 Western Oregon	12:38.70	1/27

Women's High Jump

1	5	Macaria MOORE- BASTIDE	#12 SF State	P 1.73m	5-8	1/14
2	10	Eliana SAUNDERS	#1 Azusa Pacific	P 1.70m	5-7	1/20
2	10	Esther CONDE- TURPIN	#1 Azusa Pacific	P 1.70m	5-7	1/20
4	18	Alysa HENRY	#1 Azusa Pacific	P 1.68m	5-6	12/9
5	35	Sydney KANIA	#6 Simon Fraser	1.65m	5-5	1/27
5	35	Jessica NEAL	#4 Western Washington	1.65m	5-5	1/14
5	35	Luisa FISCHER	#1 Azusa Pacific	1.65m	5-5	1/20
8	54	Jenelle HURLEY	#5 Western Oregon	1.63m	5-4 1/4	1/20
9	77	Kylie GRIFFIN	#7 Central Washing	1.61m	5-3 1/4	12/10
10	81	Amity DETERS	#5 Western Oregon	1.60m	5-3	1/27
10	81	Charlotte ALLISON	#16 Cal State San Marcos	1.60m	5-3	12/9

Women's Pole Vault

1	23	Kinsey YENOR	#9 Northwest Nazarene	P 3.75m	12-3 1/2	12/8
2	30	Alysa HENRY	#1 Azusa Pacific	P 3.68m	12-3/4	1/20
3	44	Kayla TASSARA	#8 Seattle Pacific	3.58m	11-9	1/14
4	61	Amy CHRISTENSEN	#12 SF State	3.51m	11-6 1/4	1/28
5		Lizzy DAUGHERTY	#8 Seattle Pacific	3.31m	10-10 1/4	1/27
6		Charlie HILL	#8 Seattle Pacific	3.30m	10-9 3/4	12/10
7		Claire SKAGGS	#14 Saint Martin's	3.16m	10-4 1/4	1/27
8		Keanna KRUEGER	#7 Central Washing	3.15m	10-4	12/10
9		Lauren MEREDITH	#16 Cal State San Marcos	3.08m	10-1 1/4	12/9

Women's Long Jump

1	2	Marie-Jeanne OUREGA	#2 Academy of Art	P 6.16m	20-2 1/2	1/20
2	4	Nicole WARWICK	#1 Azusa Pacific	P 6.04m	19-9 3/4	12/9
3	14	Alysa HENRY	#1 Azusa Pacific	P 5.85m	19-2 1/2	12/9
4	48	Ujunwa NWOKOMA	#5 Western Oregon	5.61m	18-5	1/13
5	53	Matty LAGERWEY	#4 Western Washington	5.60m	18-4 1/2	1/14
6	54	Romane BAUDIN	#11 Concordia Irvine	5.59m	18-4 1/4	12/9
7	67	Kendall HERREN	#11 Concordia Irvine	5.53m	18-1 3/4	12/9
8	69	Jenelle HURLEY	#5 Western Oregon	5.52m	18-1 1/2	12/10
9	86	Kelsey EHINLAIYE	#3 Cal Poly Pomona	5.47m	17-11 1/2	12/10
10	99	Alyssa JOHNSON	#18 Cal State LA	5.43m	17-9 3/4	1/14

Women's Triple Jump

1	6	Jade DESOUZA	#3 Cal Poly Pomona	P 12.46m	40-10 1/2	1/21
2	8	Marie-Jeanne OUREGA	#2 Academy of Art	P 12.33m	40-5 1/2	1/21
3	47	Mattie CECILIO	#12 SF State	11.49m	37-8 1/2	12/10
4	52	Margaret ZILLA	#14 Saint Martin's	11.43m	37-6	12/9
5	58	Kendall LYNN	#10 Montana St.-Bill	11.37m	37-3 3/4	12/7
6	62	Erica CABANOS	#7 Central Washing	11.32m	37-1 3/4	1/20
7	75	Ana POPCHOCK	#5 Western Oregon	11.19m	36-8 1/2	1/13
8	93	Dezirae SMITH	#12 SF State	11.11m	36-5 1/2	1/28
9		Kennedy PRIMROSE	#6 Simon Fraser	11.08m	36-4 1/4	1/27
10		Essence JACKSON	#12 SF State	10.98m	36-1/4	1/14



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WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:56:20 AM

West

Women's Shot Put

1	25	Sarah FAJER	#11	Concordia Irvine P	13.70m	44-11½	12/9
2	27	Destany HERBERT	#9	Northwest Naza P	13.64m	44-9	1/13
3	63	Alysa HENRY	#1	Azusa Pacific	12.95m	42-6	1/20
4	74	Katie POTTS	#4	Western Washin	12.83m	42-1¼	1/27
5	80	Luisa FISCHER	#1	Azusa Pacific	12.74m	41-9¾	1/20
6	82	Nicole WARWICK	#1	Azusa Pacific	12.70m	41-8	12/9
7		Keiana TURNER	#3	Cal Poly Pomona	12.33m	40-5½	12/10
8		Shona CHRISTENSEN	#3	Cal Poly Pomona	12.28m	40-3½	12/10
8		Jocelyn SARIBAY	#14	Saint Martin's	12.28m	40-3½	12/9
10		Mara PARKS	#4	Western Washin	11.82m	38-9½	1/14

Women's Weight Throw

1	35	Keiana TURNER	#3	Cal Poly Pomona	16.89m	55-5	12/10
2	46	Raine WESTFALL	#4	Western Washin	16.75m	54-11½	12/10
3	60	Caitlyn BELL	#15	Stanislaus State	16.33m	53-7	1/28
4		Destany HERBERT	#9	Northwest Naza	15.24m	50-0	1/28
5		Katie POTTS	#4	Western Washin	15.18m	49-9¾	1/27
6		Sarah FAJER	#11	Concordia Irvine	15.04m	49-4¼	1/20
7		Jocelyn SARIBAY	#14	Saint Martin's	15.00m	49-2½	1/27
8		Grace JONES	#10	Montana St.-Bill	14.44m	47-4½	1/28
9		Liliana LYNESS	#5	Western Oregon	14.23m	46-8¼	1/13
10		Emillia CARPENTER	#5	Western Oregon	13.89m	45-7	1/13

Women's Pentathlon

1	1	Nicole WARWICK	#1	Azusa Pacific P	4,011A	12/9
2	2	Alysa HENRY	#1	Azusa Pacific P	3,957A	12/9
3	46	McCall DECHENNE	#7	Central Washing	3,136	12/1
4	60	Amariyah CLAY	#5	Western Oregon	3,009	1/20
5	61	Morgann WILSON	#16	Cal State San Ma	2,994A	12/9
6	64	Ellie DEGROOT	#7	Central Washing	2,981	1/20
7	69	Sarah SEWELL	#7	Central Washing	2,939	1/20
8	95	Charlotte ALLISON	#16	Cal State San Ma	2,697A	12/9
9	99	Emily POWERS	#9	Northwest Naza	2,664A	12/8
10		Jenelle HURLEY	#5	Western Oregon	2,660	1/20