



Regional TFRI Event Summary

as of 1/30/2023 6:49:57 AM

East

Women's 60 Meters

1	9	Kianne BENJAMIN	#5 Bowdoin	N E 7.70	1/29
2	46	Athena COMEAU	#16 Plymouth State	N E 7.90	1/21
2	46	Ariel FOSTER	#15 Lasell	N E 7.90	12/3
4	76	Michaina LORISTON	#8 Wheaton (Mass.)	N E 7.97	1/28
5	89	Dorinda OKORJI	#18 UMass Boston	N E 7.99	1/14
6		Jazmyn EWING	#6 WPI	N E 8.03	1/28
7		Schylar WYSE	#8 Wheaton (Mass.)	N E 8.04	1/14
7		Janiah YOUNG	#4 Southern Maine	N E 8.04	12/10
9		Vivienne EVANS	#6 WPI	N E 8.05	1/28
10		Catriona GOULD	#4 Southern Maine	N E 8.06	1/28

Women's 60 Meter Hurdles

1	18	Amanda CASTALDI	#8 Wheaton (Mass.)	N E 8.96	1/14
2	30	Teghan SYDNOR	#2 Tufts	N E 9.08	1/29
3	38	Sarah PILLONE	#2 Tufts	N E 9.14	1/14
4	56	Alya CAMPBELL	#10 Brandeis	N E 9.29	1/14
5	59	Moriah SCHARN	#3 Bates	N E 9.32	1/20
6	67	Erin DAUGHERTY	#7 Colby	N E 9.37	1/21
7	79	Corryn FISHER	#6 WPI	N E 9.44	1/28
8		Bianca DELMAESTRO	#25 Endicott	N E 9.53	12/3
9		Makany CAMARA	#21 Fitchburg State	N E 9.57	1/14
10		Brooklyn GOFF	#19 Saint Joseph's (W)	N E 9.63	1/28

Women's 200 Meters

1	11	Kianne BENJAMIN	#5 Bowdoin	N E 25.21	1/29
2	49	Schylar WYSE	#8 Wheaton (Mass.)	N E 25.97c	1/14
3	60	Ariel FOSTER	#15 Lasell	N E 26.07c	12/3
4	64	Shreya KALYAN	#1 MIT	N E 26.13	1/27
5	85	Amanda WALDEN	#11 Suffolk	N E 26.25	1/27
6	90	Janiah YOUNG	#4 Southern Maine	N E 26.27	1/27
7	97	Catriona GOULD	#4 Southern Maine	N E 26.31c	1/28
7	97	Kaitlyn BERNIER	#13 UMass Dartmouth	N E 26.31c	1/20
9		Marina MILLER	#1 MIT	N E 26.34c	12/10
10		Teghan SYDNOR	#2 Tufts	N E 26.39	1/29

Women's 400 Meters

1	11	Paige COOKSEY	#1 MIT	N E 57.26	1/27
2	25	Kaitlyn BERNIER	#13 UMass Dartmouth	N E 58.81c	1/28
3	26	Fiona MEJICO	#7 Colby	N E 58.88c	12/10
4	37	Marina MILLER	#1 MIT	N E 59.39c	1/21
5	43	Emma SMITH	#2 Tufts	N E 59.52c	1/14
6	55	Annika KRAL	#2 Tufts	N E 59.84	1/29
7	57	Sonia PUROHIT	#1 MIT	N E 59.90c	12/10
8	74	Maddy HON	#1 MIT	N E 1:00.11	1/27
9	76	Olivia DIAS	#1 MIT	N E 1:00.15c	12/10
10	E+0:	Kristina PIZZI	#7 Colby	N E 1:00.64	1/29

Women's 800 Meters

1	12	Julia HOWARTH	#1 MIT	N E 2:16.29	1/27
2	14	Hannah NEILON	#2 Tufts	N E 2:16.59	1/29
3	20	Gillian ROEDER	#1 MIT	N E 2:17.07c	1/14
4	39	Krystal MONTGOMERY	#1 MIT	N E 2:19.24	1/27
5	59	Christina CROW	#1 MIT	N E 2:20.42c	1/14
6	72	Nicole WHIPKEY	#6 WPI	N E 2:21.05c	1/28
7	78	Abby STEFFLER	#7 Colby	N E 2:21.20c	1/21
8	80	Anna MACKEY	#7 Colby	N E 2:21.33	1/29
9	95	Amy PATTELENA	#11 Suffolk	N E 2:22.37	1/27
10	98	Chrissy AMAN	#3 Bates	N E 2:22.65	1/29

Women's Mile

1	2	Gillian ROEDER	#1 MIT	N E 4:54.37	1/27
2	13	Grace HADLEY	#6 WPI	N E 4:57.71	1/27
3	16	Olivia ROSENSTEIN	#1 MIT	N E 4:59.91	1/27
4	26	Sarah BENTLEY	#1 MIT	N E 5:02.06	1/27
5	28	Lexi FERNANDEZ	#1 MIT	N E 5:02.10	1/27
6	33	Christina CROW	#1 MIT	N E 5:02.96	1/27
7	34	Chrissy AMAN	#3 Bates	N E 5:03.94c	1/20
8	65	Lora DUFRESNE	#6 WPI	N E 5:08.35	1/27
9	86	Kirsi RAJAGOPAL	#1 MIT	N E 5:10.79c	1/21
10	93	Amelia KOKERNAK	#6 WPI	N E 5:11.44c	1/21

Women's 3000 Meters

1	15	Jillian RICHARDSON	#3 Bates	N E 9:56.78	12/3
2	25	Sarah BENTLEY	#1 MIT	N E 10:00.29	12/3
3	48	Elizabeth HOLCOMBE	#3 Bates	N E 10:11.28	1/29
4	59	Claire ANDERSON	#14 Wellesley	N E 10:15.66	1/27
5	82	Ellie MURPHY-WEISE	#14 Wellesley	N E 10:22.02c	12/3
6	85	Ellie DAVIS	#11 Suffolk	N E 10:22.60	1/27
7	93	Caitlin GUILFOYLE	#6 WPI	N E 10:24.62c	1/28
8	94	Claire BEEBE	#7 Colby	N E 10:24.95c	1/14
9	96	Amelia KOKERNAK	#6 WPI	N E 10:25.22c	1/28
10		Frieda KICKLITER	#3 Bates	N E 10:26.52	1/29

Women's 5000 Meters

1	10	Kate SANDERSON	#1 MIT	N E 17:14.15	1/27
2	12	Archana MOHANDAS	#1 MIT	N E 17:15.32	1/27
3	20	Jillian RICHARDSON	#3 Bates	N E 17:33.24	1/29
4	23	Anna HADDAD	#1 MIT	N E 17:42.15	1/27
5	25	Einat GAVISH	#1 MIT	N E 17:44.62	1/27
6	29	Rachel BRENNAN	#20 Gordon (Mass.)	N E 17:46.39	12/3
7	58	Jordan WILSON	#3 Bates	N E 18:20.64	1/29
8	64	Ellie DAVIS	#11 Suffolk	N E 18:27.32	12/3
9	70	Caitlin GUILFOYLE	#6 WPI	18:32.68	12/3
10	72	Kaylee GLADU	#6 WPI	18:33.63	12/3



Regional TFRI Event Summary

as of 1/30/2023 6:49:58 AM

East

Women's 4x400 Relay

1	4	Maddy HON, Paige COOKSEY, Marina MILLER, Julia HOWARTH	#1 MIT	3:51.84	1/27
2	10	Annika KRAL, Campbell DEVLIN, Antonia KNOTH, Emma SMITH	#2 Tufts	4:00.04	1/29
3	13	Tally ZELLER, Olivia DOHERTY, Fiona MEJICO, Kristina PIZZI	#7 Colby	4:01.13	1/29
4	42	Yahni LAPA, Hannah BOHBOT-DRIDI, Victoria MORRONGIELLO, Elizabeth KORN	#10 Brandeis	4:10.23	1/27
5	56	Mckenzie CANUEL, Ray ARMIJO, Grace RUSSELL, Kaitlyn BERNIER	#13 UMass Dartmouth	4:12.07c	1/28
6	66	Grace BEACH, Schylar WYSE, Kassidy CHIM, Morgan ZAKRZEWSKI	#8 Wheaton (Mass.)	4:13.15c	1/21
7		Leithsa DIMANCHE, Jazmyn EWING, Lauren MITCHESON, Beth BROWN	#6 WPI	4:18.12c	1/21
8		Willow WHITTEN, Madalynn HUBBARD, Payton GOODWIN, Norah GARVEY	#12 Husson	4:20.73c	1/20
9		Kaylie GROOM, Jocelyn TRISCIAC, Amy PATTELENA, Shannon GROOM	#11 Suffolk	4:20.80	12/10
10		Elena PELLEGRINI, Erin CONDON, Nina FONTEIX, Heather TURNER	Worcester State	4:20.86	1/27

Women's Distance Medley Relay

1	8	Alexandra DEAN, Emily SVERAK, Hannah NEILON, Eleanor TYNE	#2 Tufts	12:40.73	1/29
2	24	Aurora COUTO, Anna O'REILLY, Marlena DWYER, Margaret ST JOHN	#9 Keene State	13:35.86c	1/28
3	40	Janelle KITCHEN, MacKenzie LABRIE, Lexi MARCOLINI, Gracie VILLAREAL	#16 Plymouth State	14:19.06c	1/28
4	43	Lucy DEPOLITO, Megan LAWRENCE, Olivia MOSCA, Anabel MELANSON	#4 Southern Maine	14:29.79c	1/28
5	44	Grace BEDORE, Ava DOWLING, Miranda DUNTON, Isabelle JACKSON	#12 Husson	14:31.17c	1/20
6	47	Libby PARKER, Abigail KILBRIDE, Annabelle JEAN- PHILIPPE, Erin KELLEY	#17 Regis (Mass.)	14:42.16	12/3
7	55	Amanda WINSLOW, Tori WATKINS, Zainab ALBRAHIM, Maria PROTHEROE	#22 Thomas (Maine)	15:00.08	1/27

Women's High Jump

1	1	Jaidyn APPEL	#2 Tufts	N E 1.73m	5-8	1/29
2	14	Katherine KEMPF	#1 MIT	N E 1.65m	5-5	1/20
3	28	Isabel LLACH	#7 Colby	N E 1.61m	5-3¼	1/14
3	28	Mackenzie LAMBERT	#12 Husson	N E 1.61m	5-3¼	1/7
5	31	Tolu AKINBO	#1 MIT	N E 1.60m	5-3	12/10
5	31	Kimmy MCPHERSON	#1 MIT	N E 1.60m	5-3	12/10
7	74	Olivia JALBERT	#4 Southern Maine	N E 1.56m	5-1¼	1/20
7	74	Amanda BORDEN	#6 WPI	N E 1.56m	5-1¼	1/28
7	74	Isabella TACCOGNA	#13 UMass Dartmouth	N E 1.56m	5-1¼	1/7
10		Moriah SCHARN	#3 Bates	1.53m	5-¼	1/14
10		Inga DOVRE	#5 Bowdoin	1.53m	5-¼	1/20
10		Marie PROCK	#4 Southern Maine	1.53m	5-¼	1/14

Women's Pole Vault

1	9	Charlotte HODGE	#5 Bowdoin	N E 3.70m	12-1½	1/29
2	17	Sarah FIRTH	#2 Tufts	N E 3.60m	11-9¾	1/29
3	35	Sophia SLOVENSKI	#4 Southern Maine	N E 3.40m	11-1¾	1/28
4	47	Hailey SURACE	#1 MIT	N E 3.34m	10-11½	1/14
5	52	Smiley HUYNH	#10 Brandeis	N E 3.30m	10-9¾	1/20
5	52	Sophie MAGUIRE	#5 Bowdoin	N E 3.30m	10-9¾	12/3
5	52	Amelie WICKHAM	#2 Tufts	N E 3.30m	10-9¾	1/29
5	52	Nyla THOMPSON	#2 Tufts	N E 3.30m	10-9¾	1/29
9	97	Mary CALVERT	#7 Colby	N E 3.15m	10-4	12/10
9	97	Lia ROTTI	#2 Tufts	N E 3.15m	10-4	1/29



Regional TFRI Event Summary

as of 1/30/2023 6:49:58 AM

East

Women's Long Jump

1	18	Lia ROTTI	#2	Tufts	N E 5.49m	18-¼	12/3
2	59	Mackenzie LAMBERT	#12	Husson	N E 5.32m	17-5½	12/10
3	68	Jordan ANDREW	#2	Tufts	N E 5.28m	17-4	1/29
4		Megan LACEY	#3	Bates	N E 5.20m	17-¾	1/29
5		Olivia JALBERT	#4	Southern Maine	N E 5.19m	17-½	1/20
6		Janiah YOUNG	#4	Southern Maine	N E 5.16m	16-11¼	12/10
7		Anna YANG	#5	Bowdoin	N E 5.15m	16-10¾	1/20
8		Shaniece NUGENT	#10	Brandeis	5.14m	16-10½	1/14
9		Sara Maeve KLINGENSMITH	#14	Wellesley	5.09m	16-8½	12/3
10		Jenna ALBANESE	#5	Bowdoin	5.06m	16-7¼	1/14

Women's Triple Jump

1	5	Lia ROTTI	#2	Tufts	N E 11.86m	38-11	1/29
2	24	Jaidyn APPEL	#2	Tufts	N E 11.37m	37-3¾	1/29
3	29	Nony OTU UGWU	#1	MIT	N E 11.25m	36-11	1/21
4	40	Jen ROTTI	#2	Tufts	N E 11.14m	36-6¾	12/3
5	58	Jordan ANDREW	#2	Tufts	N E 10.97m	36-0	1/20
6	67	Sarah PILLONE	#2	Tufts	N E 10.88m	35-8½	1/29
7	70	Shaniece NUGENT	#10	Brandeis	N E 10.86m	35-7¾	1/14
7	70	Laena TIENG	#1	MIT	N E 10.86m	35-7¾	1/21
9	76	Kassie BRINK	#7	Colby	N E 10.83m	35-6½	1/29
10	95	Aaliyah WILSONFALCONE	#19	Saint Joseph's (W	N E 10.68m	35-½	12/10

Women's Shot Put

1	5	Alexis BOYKIN	#1	MIT	N E 14.29m	46-10¾	12/10
2	42	Shannon PARKS	#9	Keene State	N E 12.55m	41-2¼	1/27
3	56	Zoe BARNES	#4	Southern Maine	N E 12.36m	40-6¾	1/27
4	74	Emma HARGREAVES	#5	Bowdoin	N E 12.18m	39-11½	12/3
5	77	Savannah SOLEAU	#9	Keene State	N E 12.13m	39-9¾	1/21
6		Emily BALL	#1	MIT	N E 11.80m	38-8¾	12/10
7		Maggie HILLWIG	#3	Bates	N E 11.74m	38-6¼	1/14
8		Rona SCOTT	#4	Southern Maine	N E 11.44m	37-6½	1/27
9		Tianna ROGERS	#8	Wheaton (Mass.)	N E 11.42m	37-5¾	1/28
10		Elizabeth MATTICOLI	#6	WPI	N E 11.39m	37-4½	1/21

Women's Weight Throw

1	3	Alexis BOYKIN	#1	MIT	N E 18.32m	60-1¼	12/10
2	34	Emma HARGREAVES	#5	Bowdoin	N E 15.93m	52-3¼	1/20
3	47	Shannon PARKS	#9	Keene State	N E 15.42m	50-7¼	1/14
4	81	Emily BALL	#1	MIT	N E 14.69m	48-2½	12/10
5	1E+0:	Alma MACKIC	#3	Bates	N E 14.39m	47-2½	1/29
6		Zoe BARNES	#4	Southern Maine	N E 14.32m	46-11¾	1/28
7		Anika WAGNER	#8	Wheaton (Mass.)	N E 14.15m	46-5¼	1/28
7		Jada SCOTLAND	#5	Bowdoin	N E 14.15m	46-5¼	1/20
9		Hannah CORBETT	#4	Southern Maine	N E 14.09m	46-2¾	1/14
10		Erika LEASHER	#1	MIT	N E 13.87m	45-6¼	12/10

Women's Pentathlon

1	19	Abbey OTTERBEIN	#3	Bates	N E 3,091	1/20
2	30	Katherine KEMPFF	#1	MIT	N E 2,885	1/20
3	42	Sophia SLOVENSKI	#4	Southern Maine	2,767	1/20
4	48	Madelyn SILVEIRA	#2	Tufts	2,678	1/20
5	49	Anna YANG	#5	Bowdoin	2,661	1/20
6	51	Elizabeth KORN	#10	Brandeis	2,656	1/20
7	55	Inga DOVRE	#5	Bowdoin	2,622	1/20
8	62	Laci SANTOS	#24	Wentworth (Mas	2,534	1/20
9	64	Olivia JALBERT	#4	Southern Maine	2,507	1/20
10	68	Molly Lu MCKELLAR	#9	Keene State	2,438	1/20



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:49:58 AM

Great Lakes

Women's 60 Meters

1	9	Kenadee WAYT	#1	Mount Union	N E 7.70	1/21
2	19	Taylor ANTHONY	#2	John Carroll	N E 7.80	1/21
3	26	Zaleeya MARTIN	#21	Hanover	N E 7.84	1/27
4	34	Madjo DOUMBIA	#16	Centre	N E 7.86	12/3
5	38	Lauren RONCONE	#1	Mount Union	N E 7.87	1/28
6	58	Meghan FRAZIER	#3	Wittenberg	N E 7.92	1/28
7	60	Anaya JOLIVETTE	#17	Denison	N E 7.93	12/3
8	76	Zora SHAKHAM	#3	Wittenberg	N E 7.97	12/3
9	80	Avery CAMPBELL	#11	Albion	N E 7.98	1/28
10	89	Lisa-Maria MARKAU		Defiance	N E 7.99	12/2

Women's 60 Meter Hurdles

1	30	Narindwa SEMAKULA	#10	Rose-Hulman	N E 9.08	1/13
2	35	Kennady GIBBINS	#1	Mount Union	N E 9.13	1/21
3	44	Haley LIVINGSTON	#5	Trine	N E 9.20	12/10
4	62	Olivia BEAN	#20	Heidelberg	N E 9.35	1/21
5	67	Chilly WALLACE	#15	Oberlin	N E 9.37	12/3
6	77	Genevieve ARNOLD	#2	John Carroll	N E 9.43	1/21
7	85	Lexi WACHTMAN	#20	Heidelberg	N E 9.45	1/21
8	88	Natasha ZAHURSKY	#1	Mount Union	N E 9.46	1/28
8	88	Alison MUCK		Franklin	N E 9.46	1/21
10	98	Grace MISIUNAS	#7	Case Western Res	N E 9.51	12/9

Women's 200 Meters

1	1	Kenadee WAYT	#1	Mount Union	N E 24.75	1/21
2	18	Sara SCHERMERHORN	#4	Hope	N E 25.49	1/27
3	19	Madison MILES	#1	Mount Union	N E 25.51	1/27
4	39	Mihaela TOADER	#13	Allegheny (Pa.)	N E 25.83c	12/10
5	40	Taylor ANTHONY	#2	John Carroll	N E 25.84	1/21
6	62	Larissa AGBOR-NKONGHO	#23	Capital	N E 26.09	1/21
7	72	Abby COLLIER	#9	Baldwin Wallace	N E 26.18c	12/3
8	77	Tymeerah DE'ARMOND	#3	Wittenberg	N E 26.21c	12/9
8	77	Micah DONLEY	#1	Mount Union	N E 26.21c	12/3
10	81	Madjo DOUMBIA	#16	Centre	N E 26.22	12/3

Women's 400 Meters

1	3	Kenadee WAYT	#1	Mount Union	N E 56.40c	12/3
2	12	Madison MILES	#1	Mount Union	N E 57.29c	12/3
3	18	Ericka BIGHAM	#22	Alma	N E 58.21	1/27
3	18	Mary MASON	#1	Mount Union	N E 58.21c	12/3
5	24	Avery CAMPBELL	#11	Albion	N E 58.51	1/28
6	27	Mihaela TOADER	#13	Allegheny (Pa.)	N E 59.04	1/27
7	48	Taylor CUPP	#1	Mount Union	N E 59.66c	12/3
8	59	Tymeerah DE'ARMOND	#3	Wittenberg	N E 59.95	12/3
9	66	Micah DONLEY	#1	Mount Union	N E ---c	12/3
10	67	Annalise GRAMMEL		DePauw	N E 1:00.02c	1/20

Women's 800 Meters

1	8	Hope MURPHY	#9	Baldwin Wallace	N E 2:15.36c	1/28
2	26	Claire EBERHARDT	#2	John Carroll	N E 2:18.41	1/21
3	37	Mary MASON	#1	Mount Union	N E 2:19.05	1/21
4	42	Natalie TEBBEN	#8	Calvin	N E 2:19.34	1/21
5	45	Melissa PHUNG	#7	Case Western Res	N E 2:19.49c	1/28
6	48	Grace JACKSON	#7	Case Western Res	N E 2:19.71c	1/28
7	70	Megan WERTZ	#1	Mount Union	N E 2:20.95c	1/28
8	74	Delaney SALL	#8	Calvin	N E 2:21.10	1/21
9	96	Celia COCCA	#13	Allegheny (Pa.)	N E 2:22.53	1/27
10		Jessica KWASNY	#7	Case Western Res	N E 2:23.03c	1/28

Women's Mile

1	8	Anastasia TUCKER	#4	Hope	N E 4:56.98	1/14
2	22	Jenna ALLMAN	#8	Calvin	N E 5:01.30	1/14
3	32	Erica ESPER	#2	John Carroll	N E 5:02.92	1/20
4	68	Hope MURPHY	#9	Baldwin Wallace	N E 5:08.82c	1/28
5	71	Sydney KHOSLA	#3	Wittenberg	N E 5:09.03	12/3
6	79	Ella WEBSTER	#3	Wittenberg	N E 5:09.87	1/28
7	80	Ellie JANKOWSKI	#4	Hope	N E 5:10.14c	1/20
8	85	Abby SCHROFF	#2	John Carroll	N E 5:10.46	1/21
9	88	Gianini VENUTO	#1	Mount Union	N E 5:11.03c	1/28
10		Grace JACKSON	#7	Case Western Res	N E 5:12.06	1/21

Women's 3000 Meters

1	1	Anastasia TUCKER	#4	Hope	N E 9:36.11	12/2
2	19	Jenna ALLMAN	#8	Calvin	N E 9:58.02	1/21
3	35	Megan MCCULLOCH	#11	Albion	N E 10:04.64	1/28
4	52	Erica ESPER	#2	John Carroll	N E 10:12.59	1/28
5	60	Sienna RUITER-DIAZ	#8	Calvin	N E 10:15.85	1/21
6	73	Natalie TEBBEN	#8	Calvin	N E 10:18.87	1/27
7	74	Abby SCHROFF	#2	John Carroll	N E 10:19.47	1/28
8	76	Lydia RANDOLPH	#5	Trine	N E 10:19.58c	1/21
9	77	Ellie JANKOWSKI	#4	Hope	N E 10:19.83	1/27
10	80	Taylor ELLERBROCK	#6	Ohio Northern	N E 10:20.97c	1/28

Women's 5000 Meters

1	3	Anastasia TUCKER	#4	Hope	N E 16:29.34	12/9
2	17	Megan MCCULLOCH	#11	Albion	N E 17:29.93	12/3
3	21	Tessa PITCOVICH	#6	Ohio Northern	N E 17:37.74c	1/28
4	22	Corin TURKOVICH	#3	Wittenberg	N E 17:38.65	12/3
5	30	Lydia RANDOLPH	#5	Trine	N E 17:48.26	12/3
6	35	Macy MCADAMS		Muskingum	N E 17:53.10c	1/28
7	37	Olivia QUILLEN	#4	Hope	N E 17:55.01	12/9
8	39	Sienna RUITER-DIAZ	#8	Calvin	N E 17:55.65	1/27
9	47	Ellie JANKOWSKI	#4	Hope	N E 18:05.33	12/9
10	54	Brianna MEDCALF	#5	Trine	N E 18:17.16	1/27



Regional TFRI Event Summary

as of 1/30/2023 6:49:58 AM

Great Lakes

Women's 4x400 Relay

1	1	Kenadee WAYT, Kennady GIBBINS, Mary MASON, Madison MILES	#1 Mount Union	3:51.06	1/27
2	29	Julie TIMPERMAN, Samantha SCHERMERHORN, Erin MORAN, Grace BEHRENS	#4 Hope	4:06.98	1/27
3	39	Katie PLECKO, Morgan ALOI, Hope MURPHY, Abby COLLIER	#9 Baldwin Wallace	4:09.50c	1/21
4	48	Celia COCCA, Renee TETLOW, Emma ANDERSON, Kelsey ANDERSON	#13 Allegheny (Pa.)	4:10.91	1/27
5	51	Tymeerah DE'ARMOND, Ella WEBSTER, Abigail DANNE, Delaney TACKETT	#3 Wittenberg	4:11.45	12/3
6	54	Morgan DOBOS, Claire EBERHARDT, Sydney WINGLER, Ellie KITS MILLER	#2 John Carroll	4:11.68	1/21
7	55	Alexis CAGAN, Emily LOERA, Sadie GIBSON, Annalise GRAMMEL	DePauw	4:12.02c	1/20
8	70	Ericka BIGHAM, Andrea TAGHON, Victoria GOTAAS, Cornelia GOTAAS	#22 Alma	4:13.38	1/27
9	81	Lauren MARQUARDT, Emily PETERSON, Madison LINDFELT, Sarah SHOEMAKER	#10 Rose-Hulman	4:14.69c	1/27
10	88	Fatima HENDERSON- BERNA, Erin ANDERSON, Erin MAYLE, Lillian WALLACE-LARKIN	#17 Denison	4:15.24c	1/14

Women's Distance Medley Relay

1	6	Brianna MEDCALF, Emily WAHL, Amira FAULKNER, Lydia RANDOLPH	#5 Trine	12:38.34c	1/21
2	7	Ella WEBSTER, Kyngston COLLINS, Emma HAWK, Megan KEYS	#3 Wittenberg	12:38.74c	1/21
3	19	Athena THARENOS, Haley BLOOM, Ignacia MENDEZ, Isabelle DWYER	#12 Wooster	13:22.32c	1/21
4	20	Sarah GROVE, Tonya TEPIN, Abbey PETERS, Allyson STEVENS	Olivet	13:26.24c	1/21
5	26	Cornelia GOTAAS, Andrea TAGHON, Ericka BIGHAM, Caleigh WINTERS	#22 Alma	13:39.31c	1/21
6	27	Lauryn CHAPMAN, Brittany BOBER, Michaela DAVIS, Halle COCHRAN	#1 Mount Union	13:41.94c	1/28
7	39	Isabelle POLING, Michaela HIERONYMUS, Mackenzie MORAN, Kaitlyn GOUGH	#19 Marietta	14:18.09c	1/28
8	48	Sammy MAGLOTT, Liz POLLNER, Lauren MONTGOMERY, Alyssa HENRY	#18 Ohio Wesleyan	14:46.07c	1/28

Women's High Jump

1	6	Kennady GIBBINS	#1 Mount Union	N E 1.68m	5-6	1/21
2	9	Cailey BEAUDOIN	#24 Adrian	N E 1.67m	5-5½	1/28
3	18	Claudia PARTRIDGE	#12 Wooster	N E 1.63m	5-4¼	1/26
4	25	Drew PATTERSON	#12 Wooster	N E 1.62m	5-3¾	1/14
4	25	Ciara HESLET	#24 Adrian	N E 1.62m	5-3¾	1/28
6	31	Taylor WEISS	#3 Wittenberg	N E 1.60m	5-3	1/14
7	43	Emma KLOSTERMAN	#14 Otterbein	N E 1.59m	5-2½	1/21
8	46	Mia VARGO	#7 Case Western Res	N E 1.58m	5-2¼	1/28
8	46	Peyton HOWELL	#18 Ohio Wesleyan	N E 1.58m	5-2¼	1/28
10	58	Toria INGALLS	#6 Ohio Northern	N E 1.57m	5-1¾	1/28



Regional TFRI Event Summary

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Great Lakes

Women's Pole Vault

1	1	Peyton PROFFITT	#14	Otterbein	N E 3.86m	12-8	1/28
2	12	Emily THOMPSON	#19	Marietta	N E 3.68m	12-3/4	1/13
3	21	Caroline BEERY	#2	John Carroll	N E 3.56m	11-8	1/28
4	23	Cate GAGNIER	#17	Denison	N E 3.50m	11-5 3/4	1/26
5	26	Anna SCHATZLE	#6	Ohio Northern	N E 3.45m	11-3 3/4	1/20
5	26	Ellie FORD	#6	Ohio Northern	N E 3.45m	11-3 3/4	1/20
7	34	Victoria ZHAO	#7	Case Western Res	E 3.41m	11-2 1/4	1/28
8	41	Alison LOASE	#19	Marietta	N E 3.36m	11-1/4	1/21
9	61	Olivia OGG	#6	Ohio Northern	N E 3.27m	10-8 3/4	1/28
9	61	Madison BROKAW	#14	Otterbein	N E 3.27m	10-8 3/4	1/28
9	61	Riley HEITKAMP	#6	Ohio Northern	N E 3.27m	10-8 3/4	1/28

Women's Long Jump

1	15	Emma FORKER	#5	Trine	N E 5.54m	18-2 1/4	12/10
2	21	Haley LIVINGSTON	#5	Trine	N E 5.48m	17-11 3/4	12/10
2	21	Lauren RONCONE	#1	Mount Union	N E 5.48m	17-11 3/4	12/3
4	27	Rofiat ADEYEMI	#10	Rose-Hulman	N E 5.44m	17-10 1/4	1/13
5	32	Genevieve ARNOLD	#2	John Carroll	N E 5.42m	17-9 1/2	1/28
6	34	Paula SORIC	#25	Kenyon	N E 5.41m	17-9	12/3
7	49	Kennady GIBBINS	#1	Mount Union	N E 5.34m	17-6 1/4	1/21
8	59	Chloe GIBSON	#6	Ohio Northern	N E 5.32m	17-5 1/2	1/20
9	74	Lauren MCDOWELL	#11	Albion	N E 5.27m	17-3 1/2	1/28
10	76	Lexi WACHTMAN	#20	Heidelberg	N E 5.26m	17-3 1/4	1/28
10	76	Jasmine CLAUNCH	#16	Centre	N E 5.26m	17-3 1/4	1/28
10	76	Olivia BEAN	#20	Heidelberg	N E 5.26m	17-3 1/4	12/9

Women's Triple Jump

1	13	Paula SORIC	#25	Kenyon	N E 11.60m	38-3/4	1/28
2	17	Jasmine CLAUNCH	#16	Centre	N E 11.53m	37-10	1/28
3	26	Emily HOPKINS	#7	Case Western Res	E 11.29m	37-1/2	1/28
4	28	Rofiat ADEYEMI	#10	Rose-Hulman	N E 11.26m	36-11 1/2	1/20
5	53	Chilly WALLACE	#15	Oberlin	N E 10.99m	36-3/4	12/3
6	64	Layla SEATON	#7	Case Western Res	E 10.91m	35-9 1/2	1/21
7	65	Rainer YAEGER	#17	Denison	N E 10.90m	35-9 1/4	12/3
8	72	Emma FEHRMAN	#19	Marietta	N E 10.85m	35-7 1/4	1/13
9	82	Tori MILLER	#2	John Carroll	N E 10.77m	35-4	12/3
10	86	Genevieve ARNOLD	#2	John Carroll	N E 10.74m	35-3	1/28

Women's Shot Put

1	23	Jessica BECKMAN	#21	Hanover	N E 13.07m	42-10 3/4	1/27
2	31	Evelyn UTLEY	#10	Rose-Hulman	N E 12.90m	42-4	1/27
3	38	Carley CAMP		Manchester	N E 12.61m	41-4 1/2	1/20
4	44	Greta ROBRAHN	#4	Hope	N E 12.52m	41-1	1/27
5	45	Adrienne WACHTMAN	#7	Case Western Res	E 12.50m	41-1/4	1/28
6	51	Emma MILLER	#13	Allegheny (Pa.)	N E 12.39m	40-7 3/4	1/27
7	58	Makayla SITZLAR	#1	Mount Union	N E 12.35m	40-6 1/4	1/28
8	59	Bree MAHONEY-SUTHERLAND		DePauw	N E 12.34m	40-6	1/20
9	65	Aidan ORTH	#3	Wittenberg	N E 12.28m	40-3 1/2	1/14
10	76	Izzy BURMAN	#6	Ohio Northern	N E 12.16m	39-10 3/4	1/20

Women's Weight Throw

1	1	Iyanna LEWIS	#15	Oberlin	N E 18.72m	61-5	12/3
2	21	Khloe DUBENION	#18	Ohio Wesleyan	N E 16.53m	54-2 3/4	1/28
3	36	Izzy BURMAN	#6	Ohio Northern	N E 15.83m	51-11 1/4	1/20
4	37	Alexa POLING	#23	Capital	N E 15.80m	51-10	1/28
5	46	Tess ANTHONY	#11	Albion	N E 15.46m	50-8 3/4	1/28
6	51	Ainsley WIESNER	#12	Wooster	N E 15.26m	50-3/4	1/26
7	60	Abby CANNON	#15	Oberlin	N E 15.07m	49-5 1/2	1/14
8	68	Carley CAMP		Manchester	N E 14.91m	48-11	1/20
9	80	Beth SCHULTZ	#9	Baldwin Wallace	E 14.74m	48-4 1/2	1/28
10	85	Elizabeth NAGY	#18	Ohio Wesleyan	N E 14.67m	48-1 3/4	1/28

Women's Pentathlon

1	56	Genevieve ARNOLD	#2	John Carroll	2,621	12/1
2	67	Ziciah GIBSON	#3	Wittenberg	2,446	12/1
3	75	Lainee VALENTINE	#3	Wittenberg	2,349	12/1
4	85	Amanda RADKE	#14	Otterbein	2,244	12/1
5	94	Charlie DOLLIVER	#14	Otterbein	2,074	12/1
6		Matilda EARWOOD	#13	Allegheny (Pa.)	1,779	12/3



Regional TFRI Event Summary

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Metro

Women's 60 Meters

1	2	Gbarper DWAH	#10	Ramapo	N E 7.64	12/9
2	26	Laura MATHEWS	#2	Stevens	N E 7.84	1/14
3	34	Helen DAVIS	#7	Moravian	N E 7.86	12/2
4	43	Maria MUZZARELLI	#5	Widener	N E 7.89	1/14
5	46	Jayla GORE	#5	Widener	N E 7.90	1/21
6	52	Valandra RIGGINS	#1	TCNJ	N E 7.91	1/21
7	68	Ashlyn MACLURE	#1	TCNJ	N E 7.95	12/3
8	76	Zrreyah MOORE	#9	Rutgers-Newark	N E 7.97	12/9
9	80	Maria GRILL	#1	TCNJ	N E 7.98	1/21
10		Meredith YASKOVIC	#10	Ramapo	N E 8.02	12/3

Women's 60 Meter Hurdles

1	2	Laura MATHEWS	#2	Stevens	N E 8.60	12/3
2	16	Victoria PURRITANO	#1	TCNJ	N E 8.94	1/21
3	24	Kristen WILLIAMS	#2	Stevens	N E 9.04	1/20
4	26	Eliza BRUNCAJ	#1	TCNJ	N E 9.07	1/21
5	57	Gloria HUGHES	#4	Rowan	N E 9.30	12/2
6		Carmelle ALEXIS	#9	Rutgers-Newark	9.79	1/20
7		Sydni BELL	#5	Widener	9.80	1/28
8		Nicole WALETZKI	#2	Stevens	9.89	12/3
9		Hannah SWALE	#6	Swarthmore	9.92	12/9
10		Caroline TIGHE	#2	Stevens	9.99	12/3

Women's 200 Meters

1	16	Laura MATHEWS	#2	Stevens	N E 25.42	1/20
2	34	Maria GRILL	#1	TCNJ	N E 25.82c	1/21
2	34	Crystal ROBINSON	#7	Moravian	N E 25.82c	12/2
4	40	Gbarper DWAH	#10	Ramapo	N E 25.84	1/14
5	45	Molly LODGE	#4	Rowan	N E 25.93	12/2
6	47	Zrreyah MOORE	#9	Rutgers-Newark	N E 25.95	1/13
7	48	Helen DAVIS	#7	Moravian	N E 25.96c	12/9
8	58	Eliza BRUNCAJ	#1	TCNJ	N E 26.06c	1/21
9	67	Jasmine BROADWAY	#4	Rowan	N E 26.14	1/27
10	69	Ashlyn MACLURE	#1	TCNJ	N E 26.17c	1/21
10	69	Olivia D'AULERIO	#12	Haverford	N E 26.17c	12/9

Women's 400 Meters

1	8	Laura MATHEWS	#2	Stevens	N E 57.18c	1/28
2	31	Olivia D'AULERIO	#12	Haverford	N E 59.19c	1/28
3	35	Zrreyah MOORE	#9	Rutgers-Newark	N E 59.38	12/2
4	39	Nevaeh LORJUSTE	#4	Rowan	N E 59.45	12/2
5	57	Emma CONROY	#3	Stockton	N E 59.90c	1/28
6	61	Allison UHL	#1	TCNJ	N E 59.96c	1/21
7	89	Erin HANLON	#1	TCNJ	N E 1:00.48c	1/21
8	93	Kelly O'GRADY	#1	TCNJ	N E 1:00.57c	1/21
9	97	Amanthy SOSA CACERE	#4	Rowan	N E 1:00.62	1/27
10		Molly LODGE	#4	Rowan	N E 1:00.65c	1/14

Women's 800 Meters

1	5	Rose TESZLER	#6	Swarthmore	N E 2:14.17	1/21
2	38	Rachel CONHOFF	#8	Ursinus	N E 2:19.13c	1/21
3	52	Anna SASSE	#4	Rowan	N E 2:20.11	1/20
4	61	Kayla KASS	#3	Stockton	N E 2:20.60c	1/28
5		Courtney HUMPHREYS	#21	Neumann	N E 2:23.63c	1/21
6		Brooke ADAMS	#8	Ursinus	N E 2:23.96c	1/27
7		Quinn BASEWITZ	#6	Swarthmore	N E 2:24.13c	1/28
8		Holly CHAMBERS	#8	Ursinus	N E 2:24.37c	1/27
9		Rachel PINHO	#2	Stevens	N E 2:24.46c	1/28
10		Sameerah KHAN	#1	TCNJ	N E 2:24.47c	1/21

Women's Mile

1	48	Rachel CONHOFF	#8	Ursinus	N E 5:06.80	12/2
2		Holly CHAMBERS	#8	Ursinus	N E 5:14.19c	1/21
3		Anna SASSE	#4	Rowan	N E 5:14.30	12/2
4		Gabriella NYE	#5	Widener	N E 5:18.35c	1/14
5		Jaelyn BARKLEY	#3	Stockton	N E 5:18.97c	1/28
6		Amelia SMITH	#13	DeSales	N E 5:19.37c	1/27
7		Katherine HIRSCH	#12	Haverford	5:19.90c	1/21
8		Liz EGAN	#5	Widener	5:20.88c	1/14
9		Tara SMURLA	#7	Moravian	5:21.55c	1/27
10		Emily HOEGLER	#1	TCNJ	5:21.86	1/14

Women's 3000 Meters

1	57	Gabriella NYE	#5	Widener	N E 10:14.96c	1/21
2		Amelia SMITH	#13	DeSales	N E 10:30.73c	1/21
3		Liz EGAN	#5	Widener	N E 10:32.97c	1/21
4		Emily COONEY	#5	Widener	N E 10:33.12c	1/28
5		Olivia MONTINI	#6	Swarthmore	10:35.17c	1/28
6		Katherine HIRSCH	#12	Haverford	10:36.53	1/14
7		Emily HOEGLER	#1	TCNJ	10:36.98c	1/21
8		Cassidy QUINN	#1	TCNJ	10:49.45c	1/21
9		Tara SMURLA	#7	Moravian	10:50.26c	1/21
10		Suzanne ZAUGG	#10	Ramapo	10:52.86	12/9

Women's 5000 Meters

1	60	Carly GABLE	#5	Widener	N E 18:23.53c	1/21
2	83	Tara SMURLA	#7	Moravian	18:40.58c	12/9
3		Suzanne ZAUGG	#10	Ramapo	18:52.11	12/3
4		Adrienne ELLISON	#11	Muhlenberg	19:26.20c	12/9
5		Guinevere KENNEDY	#3	Stockton	19:29.74c	12/9
6		Tori CHAMPAGNE	#7	Moravian	19:33.09c	12/9
7		Ryann WAUTHIER	#8	Ursinus	19:35.99c	1/27
8		Fionna FEERICK	#2	Stevens	19:37.27c	1/28
9		Kiersten CLEM	#3	Stockton	19:40.31	1/20
10		Samantha GRUBB	#8	Ursinus	19:44.00c	1/27



Regional TFRI Event Summary

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Metro

Women's 4x400 Relay

1	12	Megan GASNICK, Eliza BRUNCAJ, Ashlyn MACLURE, Allison UHL	#1 TCNJ	4:01.07	1/14
2	26	Molly LODGE, Nevaeh LORJUSTE, Kathleen PEDERSEN, Amanthy SOSA CACERE	#4 Rowan	4:04.78c	1/14
3	38	Meredith YASKOVIC, Gbarper DWAH, Dina AYOUB, Rebecca KNEPPEL	#10 Ramapo	4:09.31	12/9
4	40	Zahkyrah CATER, Zrreyah MOORE, Carmelle ALEXIS, Chidimma IGWE	#9 Rutgers-Newark	4:09.89	1/13
5	44	Rachel BYRNE, Elena BOCCHETTI, Abby GIAMONI, Crystal ROBINSON	#7 Moravian	4:10.62c	1/27
6	46	Olivia D'AULERIO, Rachel NOVEMBER, Isabel THORNBERRY, Jahsaiah MOSES	#12 Haverford	4:10.64c	1/21
7	53	Emma SCHULTZ, Jayla GORE, Erin O'BRIEN, Kelly BARR	#5 Widener	4:11.62c	1/28
8	58	Lauren MALDONADO, Emma CONROY, Emma PETROLIA, Meredith O'DONNELL	#3 Stockton	4:12.09	1/14
9	73	Kristen WILLIAMS, Allie CANCIANI, Stephanie RYAZANOVA, Laura MATHEWS	#2 Stevens	4:13.86	1/20
10	76	Krystle BOADI, Rose TESZLER, Quinn BASEWITZ, Morgan MOUER	#6 Swarthmore	4:14.17	1/14

Women's Distance Medley Relay

1	10	Gabriella PAGANO, Casey BAQUERO, Sha'Lynn CLARKE, Anna SASSE	#4 Rowan	12:47.55	1/20
2	28	Adrienne ELLISON, Erin JACKSON, Lauren HOUSE, Caitlin KINNEAR	#11 Muhlenberg	13:45.47c	1/21
3	36	Emily MCGONIGLE, Olivia MORRIS, Catherine HAAS, Kathryn DEHAVEN	#20 Immaculata	14:09.31c	1/21
4	56	Christina ALEXANDROV, Nina BURDEN, Taylor ENES, Mia PETROLINO	#2 Stevens	15:00.90	1/20

Women's High Jump

1	12	Lexi GROFF	#7 Moravian	N E 1.66m	5-5¼	12/9
2	14	Kira PORZIO	#19 Merchant Marine	N E 1.65m	5-5	1/6
3	46	Emily RUSSELL	#16 Farmingdale State	N E 1.58m	5-2¼	12/2
3	46	Eliza BRUNCAJ	#1 TCNJ	N E 1.58m	5-2¼	1/21
3	46	Hannah SWALE	#6 Swarthmore	N E 1.58m	5-2¼	1/27
6	58	Susann FOLEY	#3 Stockton	N E 1.57m	5-1¾	12/3
6	58	Caroline TIGHE	#2 Stevens	N E 1.57m	5-1¾	1/28
6	58	Avery MCNULTY	#11 Muhlenberg	N E 1.57m	5-1¾	1/27
6	58	Kaitlyn VERVIER	#3 Stockton	N E 1.57m	5-1¾	1/28
10	87	Emily TRELSTAD	#6 Swarthmore	1.55m	5-1	12/9

Women's Pole Vault

1	67	Aliza WHITE-VEGA	#14 Eastern (Pa.)	N E 3.25m	10-8	1/14
2	76	Savannah STEGER	#5 Widener	N E 3.20m	10-6	1/28
2	76	Alexis MEROLA	#2 Stevens	N E 3.20m	10-6	12/3
4	95	Paige CARPENTER	#14 Eastern (Pa.)	N E 3.19m	10-5½	1/21
5		Madison FEY	#3 Stockton	3.05m	10-0	12/3
6		Julia DAKWAR	#1 TCNJ	2.90m	9-6¼	12/3
7		Emma MELE	#13 DeSales	2.89m	9-5¾	1/21
7		Sophie SPRINGER	#6 Swarthmore	2.89m	9-5¾	12/9
9		Alaysia COURSEY	#4 Rowan	2.85m	9-4¼	12/2
10		Alicia KLOTZ	#3 Stockton	2.75m	9-¼	1/28
10		Juniper BAUROTH-SHERMAN	#8 Ursinus	2.75m	9-¼	12/9

Women's Long Jump

1	46	Sidney WHETSTONE	#15 Montclair State	N E 5.35m	17-6¾	1/28
2	64	Karla GOMEZ-MATOS	#1 TCNJ	N E 5.29m	17-4¼	1/21
3	81	Eliza BRUNCAJ	#1 TCNJ	N E 5.25m	17-2¾	12/10
3	81	Khristina WASHINGTON	#3 Stockton	N E 5.25m	17-2¾	1/20
5	87	Liana MEYER	#2 Stevens	N E 5.24m	17-2¼	1/28
6		Niki MATTHEWS	#11 Muhlenberg	N E 5.15m	16-10¾	1/21
7		Gianna MALLEE	#17 Arcadia	5.08m	16-8	12/9
8		Sophia GRESHAM	#4 Rowan	5.04m	16-6½	1/20
9		Nicole WALETZKI	#2 Stevens	5.02m	16-5¾	12/3
10		Jessica JOHNSON	#23 Bryn Mawr	4.99m	16-4½	1/28



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Metro

Women's Triple Jump

1	Khristina WASHINGTON	#3	Stockton	10.63m	34-10½	1/28
1	Ashanae MORRISON	#3	Stockton	10.63m	34-10½	12/3
3	Hannah SWALE	#6	Swarthmore	10.58m	34-8½	12/9
4	Megan BRUBAKER	#13	DeSales	10.56m	34-7¾	12/2
5	Emma PETROLIA	#3	Stockton	10.55m	34-7½	12/3
6	Polina AGUTINA	#22	New Jersey City	10.51m	34-5¾	1/20
7	Brooke VALAN	#3	Stockton	10.50m	34-5½	1/28
8	Zoe IOVINO	#1	TCNJ	10.48m	34-4¾	12/3
9	Divora BEKELE	#14	Eastern (Pa.)	10.30m	33-9½	1/14
10	Niki MATTHEWS	#11	Muhlenberg	10.28m	33-8¾	1/27

Women's Shot Put

1	16	Adria RETTER	#6	Swarthmore	N E 13.35m	43-9¾	1/21
2	27	Isabelle DEAL	#8	Ursinus	N E 12.93m	42-5¼	1/27
2	27	Shahyan ABRAHAM	#3	Stockton	N E 12.93m	42-5¼	12/9
4	61	Taniya GILES	#15	Montclair State	N E 12.33m	40-5½	1/28
5	68	Emily GALVIN	#4	Rowan	N E 12.24m	40-2	1/28
6	91	Kerri MCCARTHY	#1	TCNJ	N E 11.90m	39-½	1/28
7	98	Shanil AUGUSTE	#9	Rutgers-Newark	E 11.86m	38-11	1/13
8		Edith GONZALEZ	#1	TCNJ	N E 11.70m	38-4¾	12/10
9		Margie RAYNE	#7	Moravian	N E 11.48m	37-8	1/21
10		AnaMaria LACCETTI	#2	Stevens	N E 11.40m	37-5	1/28

Women's Weight Throw

1	11	Shahyan ABRAHAM	#3	Stockton	N E 17.15m	56-3¼	1/14
2	17	Emily GALVIN	#4	Rowan	N E 16.86m	55-3¾	1/20
3	25	Emily HILT	#18	Rutgers-Camden	E 16.31m	53-6¼	1/21
4	33	Adria RETTER	#6	Swarthmore	N E 15.97m	52-4¾	12/9
5	54	Shanil AUGUSTE	#9	Rutgers-Newark	E 15.15m	49-8½	12/9
6	85	Jessica REILLY	#1	TCNJ	N E 14.67m	48-1¾	1/21
7		Faith FEZENKO	#11	Muhlenberg	N E 14.32m	46-11¾	1/21
8		AnaMaria LACCETTI	#2	Stevens	N E 14.00m	45-11¼	1/20
9		Faith REMIAS	#9	Rutgers-Newark	E 13.91m	45-7¾	12/2
10		Isabelle DEAL	#8	Ursinus	N E 13.63m	44-8¾	1/27

Women's Pentathlon

1	27	Hannah SWALE	#6	Swarthmore	N E 2,925	1/27
2	28	Liana MEYER	#2	Stevens	N E 2,913	12/2
3	31	Emily RUSSELL	#16	Farmingdale State	E 2,882	12/2
4	74	Susan GEORGE	#2	Stevens	2,359	12/2



Regional TFRI Event Summary

as of 1/30/2023 6:49:59 AM

Mid-Atlantic

Women's 60 Meters

1	4	Lauren PHILLIPS	#1	Johns Hopkins	N E 7.68	1/14
2	16	Samantha GIORDANI	#2	Carnegie Mellon	N E 7.77	1/28
3	38	Victoria KADIRI	#1	Johns Hopkins	N E 7.87	12/2
4	96	Leah GRAY	#21	Penn State Harri	N E 8.01	1/21
5		Alexa RINE	#4	Susquehanna	N E 8.02	1/28
6		Mirra KLIMOV	#1	Johns Hopkins	N E 8.03	12/2
7		Emma VEZZOSI	#13	Grove City	N E 8.04	12/2
8		Sarah WAGNER	#3	Misericordia	N E 8.05	12/9
9		Sara PENUELA	#9	Dickinson	N E 8.07	1/27
10		Sonialys BADILLO	#3	Misericordia	N E 8.08	12/9

Women's 60 Meter Hurdles

1	19	Chloe YODER	#4	Susquehanna	N E 8.98	1/28
1	19	Julia PENA	#15	York (Pa.)	N E 8.98	1/27
3	23	Leah BERGEY	#14	Lancaster Bible	N E 9.03	12/9
4	25	Elizabeth BARRE	#2	Carnegie Mellon	N E 9.05	1/21
5	47	Victoria KADIRI	#1	Johns Hopkins	N E 9.22	1/27
6	69	Alayna KREMPA	#4	Susquehanna	N E 9.38	1/20
7	72	Katherine HENDERSON	#7	Waynesburg	N E 9.39	1/27
8		Kara BROWN	#16	Messiah	N E 9.56	1/27
9		Anna STROUP	#17	Washington & J	N E 9.59	12/3
10		Hannah ALDERFER	#4	Susquehanna	N E 9.70	12/9

Women's 200 Meters

1	2	Samantha GIORDANI	#2	Carnegie Mellon	N E 24.78	12/2
2	21	Lauren PHILLIPS	#1	Johns Hopkins	N E 25.54	1/14
3	85	Noelle GONZALEZ	#5	Scranton	N E 26.25c	1/28
4		Sonialys BADILLO	#3	Misericordia	N E 26.45c	1/28
5		Grace MASSILLON	#1	Johns Hopkins	N E 26.48	1/20
6		Elizabeth BARRE	#2	Carnegie Mellon	N E 26.54	1/21
7		Darrian BERKHEIMER	#6	Lebanon Valley	26.60c	12/9
8		Alayna KREMPA	#4	Susquehanna	26.78c	1/28
9		Elena VARGAS	#16	Messiah	26.89c	1/27
10		Leah GRAY	#21	Penn State Harri	26.91c	1/27

Women's 400 Meters

1	9	Lauren PHILLIPS	#1	Johns Hopkins	N E 57.21	1/20
2	10	Samantha GIORDANI	#2	Carnegie Mellon	N E 57.22	12/2
3	35	Noelle GONZALEZ	#5	Scranton	N E 59.38c	1/28
4	54	Kathleen SAUSSY	#1	Johns Hopkins	N E 59.81	12/2
5	73	Darrian BERKHEIMER	#6	Lebanon Valley	N E 1:00.09c	1/21
6	77	Anna ZAESKE	#1	Johns Hopkins	N E 1:00.16	12/2
7	79	Grace MASSILLON	#1	Johns Hopkins	N E 1:00.20	1/20
8	82	Lorna ARCESE	#1	Johns Hopkins	N E 1:00.26	1/20
9	84	Sonialys BADILLO	#3	Misericordia	N E 1:00.30c	12/9
10		Darya MIKUSOVA	#9	Dickinson	N E 1:00.88c	1/27

Women's 800 Meters

1	25	Kelty OASTER	#12	Elizabethtown	N E 2:18.15c	1/27
2	34	Mackenzie SETTON	#1	Johns Hopkins	N E 2:18.87c	1/27
3	44	Lily SHETH	#1	Johns Hopkins	N E 2:19.48c	1/27
4	94	Kavya TUMMALAPALLI	#2	Carnegie Mellon	N E 2:22.23c	1/28
5		Mona YUAN	#2	Carnegie Mellon	N E 2:23.14	1/21
6		Tanise THORNTON-FILLYAW	#10	Goucher	N E 2:23.80c	1/21
7		Samantha HOFFMAN	#5	Scranton	N E 2:23.89c	1/28
8		Tatyana GIBSON	#21	Penn State Harri	N E 2:24.18c	1/27
9		Jacqueline LIU	#2	Carnegie Mellon	N E 2:25.29c	12/3
10		Emma KLINE	#22	Franklin & Marsh	N E 2:25.59c	1/27

Women's Mile

1	20	Carmen MEDVIT	#8	Geneva	N E 5:01.14	1/20
2	21	Isis DIAZ	#1	Johns Hopkins	N E 5:01.25c	1/27
3	24	Mackenzie SETTON	#1	Johns Hopkins	N E 5:01.70c	1/27
4	25	Sara STEPHENSON	#1	Johns Hopkins	N E 5:01.93c	1/27
5	49	Adriana CATALANO	#1	Johns Hopkins	N E 5:06.81c	1/27
6	83	Kelty OASTER	#12	Elizabethtown	N E 5:10.27c	1/21
7	92	Lily SHETH	#1	Johns Hopkins	N E 5:11.40	12/2
8		Cassie CARR	#17	Washington & J	N E 5:12.50c	12/3
9		Milana STRAUB	#19	Marywood	N E 5:13.30c	1/28
10		Kallan CARTER	#4	Susquehanna	N E 5:14.59c	1/14

Women's 3000 Meters

1	26	Isis DIAZ	#1	Johns Hopkins	N E 10:00.96	1/20
2	31	Sara STEPHENSON	#1	Johns Hopkins	N E 10:02.81	12/2
3	36	Carmen MEDVIT	#8	Geneva	N E 10:05.66	1/20
4	38	Jessica HOFFMANN	#5	Scranton	N E 10:06.56c	1/28
5	46	Stephanie BROWN	#1	Johns Hopkins	N E 10:09.54	1/20
6	53	Clare ERWIN	#23	Chatham	N E 10:13.50c	1/28
7	63	Milana STRAUB	#19	Marywood	N E 10:16.58c	1/21
8	71	Molly KUZMA	#1	Johns Hopkins	N E 10:18.47	1/14
9	87	Alyssa HOFFMAN	#2	Carnegie Mellon	N E 10:23.36c	1/28
10	99	Triya ROY	#1	Johns Hopkins	N E 10:26.02	1/14

Women's 5000 Meters

1	5	Alex ROSS	#1	Johns Hopkins	N E 16:41.39	12/2
2	15	Sydney FRIDEL	#1	Johns Hopkins	N E 17:21.82	12/2
3	19	Molly KUZMA	#1	Johns Hopkins	N E 17:30.38c	1/27
4	24	Katharine PRIU	#1	Johns Hopkins	N E 17:43.71	12/2
5	31	Isabelle PARDEW	#20	Stevenson	N E 17:50.58c	1/27
6	36	Stephanie BROWN	#1	Johns Hopkins	N E 17:53.66c	1/27
7	48	Clare ERWIN	#23	Chatham	N E 18:07.41c	1/28
8	50	Triya ROY	#1	Johns Hopkins	N E 18:11.40	12/2
9	51	Jessica HOFFMANN	#5	Scranton	N E 18:12.04c	1/21
10	53	Kathryn HOPKINS	#25	Gettysburg	N E 18:15.53c	1/27



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:49:59 AM

Mid-Atlantic

Women's 4x400 Relay

1	7	Kathleen SAUSSY, Grace MASSILLON, Lorna ARCESE, Lauren PHILLIPS	#1 Johns Hopkins	3:55.09c	1/27
2	35	Darya MIKUSOVA, Emerlee SIMONS, Abbe KITCHIN, Sara PENUELA	#9 Dickinson	4:09.09c	1/27
3	50	Noelle GONZALEZ, Tasia MINOTIS, Molly WHITE, Olivia MILLER	#5 Scranton	4:11.37c	1/28
4	63	Isabella RHEE, Kavya TUMMALAPALLI, Mona YUAN, Alexa LOWE	#2 Carnegie Mellon	4:12.64	1/21
5	67	Ashley NEWMAN, Liza LEVIN, Kallan CARTER, Hannah ALDERFER	#4 Susquehanna	4:13.24c	1/28
6	71	Amber HACKENBERG, Kristin GALLAGHER, Casey ALLEN, Sonialys BADILLO	#3 Misericordia	4:13.48	1/20
7	97	Tahira BAKARE, Tanise THORNTON- FILLYA, Precious ENOW, Jaelan GABRIEL	#10 Goucher	4:17.19c	1/21
8		Emma GRAYBILL, Cassidy CHANDLER, Megan RAAB, Julia RICKARD	#16 Messiah	4:20.22c	1/27
9		Victoria WERT, Melissa PATTON, Gina CARAPELUCCI, Kelty OASTER	#12 Elizabethtown	4:20.75c	12/9
10		Jasmine WILSON, Alissa SWANN, Skylia DAY, Hannah KEPLER	#20 Stevenson	4:21.37c	1/27

Women's Distance Medley Relay

1	3	Lily SHETH, Grace MASSILLON, Emma KOTHARI, Mackenzie SETTON	#1 Johns Hopkins	12:28.77	1/20
2	12	Olivia TULLMAN, Maria VIOLA, Isabella GENAO, Jessica HOFFMANN	#5 Scranton	12:57.00c	1/21
3	14	Claire ANDERSON, Bre TRUSLER, Chloe LOCASTRO, Cassie CARR	#17 Washington & Jc	13:06.84	1/27
4	17	Brianna WAGNER, Amber HACKENBERG, Madison KAMMER, Kristin GALLAGHER	#3 Misericordia	13:12.09c	1/28
5	45	Lilly RYER, Ella BOOTHE, Maggie STAINS, Jaylene MUNDORFF	#7 Waynesburg	14:32.26c	1/21
6	52	Elizabeth ROBEY, Chloe TOLSON, Molly KLOSS, Lauren SAPP	St. Mary's (Md.)	14:54.08c	1/14
7	53	Julia BAUER, Gianna D'AMATO, Abby BIDDLE, Alaina POST	#13 Grove City	14:59.31	1/27
8	60	Adalie HELLER, Megan PEZENOSKY, Megan MULHOLLAND, Maddie ARBAUGH	Hood	15:20.95	1/20

Women's High Jump

1	3	Elizabeth BARRE	#2 Carnegie Mellon	1.71m	5-7¼	1/21
2	6	Leah BERGEY	#14 Lancaster Bible	1.68m	5-6	1/13
3	25	Sarah WAGNER	#3 Misericordia	1.62m	5-3¾	1/14
4	31	Sydney DETKY	#12 Elizabethtown	1.60m	5-3	12/9
5	46	Katherine HENDERSON	#7 Waynesburg	1.58m	5-2¼	1/27
6	58	Casey ALLEN	#3 Misericordia	1.57m	5-1¾	12/9
6	58	Dorian CHENEY	#10 Goucher	1.57m	5-1¾	12/3
8	87	Jocelynn ITTERLY	#12 Elizabethtown	1.55m	5-1	12/9
8	87	Taryn SILVERNALE	#1 Johns Hopkins	1.55m	5-1	1/27
10		Jaclyn DONOHO	#1 Johns Hopkins	1.53m	5-¼	1/27
10		Victoria KADIRI	#1 Johns Hopkins	1.53m	5-¼	1/27



USTFCCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, January 30

as of 1/30/2023 6:49:59 AM

Mid-Atlantic

Women's Pole Vault

1	2	Julia PENA	#15 York (Pa.)	N E 3.81m	12-6	12/9
2	24	Emma RUDOLPH	#11 Westminster (Pa.)	E 3.49m	11-5¼	1/20
3	40	Cassidy BROWN	#1 Johns Hopkins	N E 3.37m	11-¾	1/27
4	42	Madison CONLEY	#11 Westminster (Pa.)	E 3.35m	10-11¾	1/27
4	42	Sarah-Caulley SOTO	#1 Johns Hopkins	N E 3.35m	10-11¾	1/21
6	47	Emily ORIEL	#6 Lebanon Valley	N E 3.34m	10-11½	12/9
7	72	Bianca SKELTON	#1 Johns Hopkins	N E 3.22m	10-6¾	1/27
8	76	Maddy TREHARN	#11 Westminster (Pa.)	E 3.20m	10-6	12/2
9		Miayunique SOUTH	#1 Johns Hopkins	3.07m	10-¾	1/27
10		Sarah BOWER	#4 Susquehanna	3.05m	10-0	1/14
10		Kate STAMPER	#2 Carnegie Mellon	3.05m	10-0	1/21
10		Sydney STAINBROOK	#13 Grove City	3.05m	10-0	12/2
10		Rachel SNAVELY	#6 Lebanon Valley	3.05m	10-0	1/13

Women's Long Jump

1	1	Victoria KADIRI	#1 Johns Hopkins	N E 5.89m	19-4	1/27
2	13	Remi ACORD	#4 Susquehanna	N E 5.56m	18-3	12/3
3	31	Katherine HENDERSON	#7 Waynesburg	N E 5.43m	17-9¾	1/27
4	38	Sarah WAGNER	#3 Misericordia	N E 5.40m	17-8¾	1/28
4	38	Hannah ALDERFER	#4 Susquehanna	N E 5.40m	17-8¾	12/3
6	43	Julia PENA	#15 York (Pa.)	N E 5.36m	17-7	12/9
7	49	Emma VEZZOSI	#13 Grove City	N E 5.34m	17-6¼	1/27
8	53	Shinelle FELIX	#18 Alvernia	N E 5.33m	17-6	12/2
9	81	Dorian CHENEY	#10 Goucher	N E 5.25m	17-2¾	12/3
10	95	Sara PENUELA	#9 Dickinson	N E 5.21m	17-1¼	1/21

Women's Triple Jump

1	1	Victoria KADIRI	#1 Johns Hopkins	N E 12.38m	40-7½	12/2
2	20	Shinelle FELIX	#18 Alvernia	N E 11.45m	37-6¾	1/27
3	21	Carter HINTON-AYODELE	#10 Goucher	N E 11.39m	37-4½	1/13
4	26	Sarah WAGNER	#3 Misericordia	N E 11.29m	37-½	1/28
5	35	Remi ACORD	#4 Susquehanna	N E 11.19m	36-8½	12/3
6	51	Sophie NILSSON	#1 Johns Hopkins	N E 11.00m	36-1¼	12/2
7	65	Mylina CASTILLO	#18 Alvernia	N E 10.90m	35-9¼	12/2
8	80	Natasha MIHALKO	#3 Misericordia	N E 10.81m	35-5¾	12/2
9	81	Emma PARNELL	#8 Geneva	N E 10.79m	35-4¾	1/27
10	84	Elena VARGAS	#16 Messiah	N E 10.76m	35-3¾	12/9

Women's Shot Put

1	32	Brenna KARNISH	#3 Misericordia	N E 12.87m	42-2¾	1/28
2	36	Rosalyn PAGE	#19 Marywood	N E 12.67m	41-7	1/14
3	40	Kathleen MONAHAN	#2 Carnegie Mellon	N E 12.58m	41-3¼	1/28
4		Kelsey NEFF	#1 Johns Hopkins	N E 11.80m	38-8¾	1/21
5		Lexi SHIDERLY	#11 Westminster (Pa.)	E 11.71m	38-5	1/20
6		Maggie BOYER	#4 Susquehanna	N E 11.63m	38-2	1/20
6		Adele HOLLANDER	#24 King's College (Ft.)	E 11.63m	38-2	12/3
8		Anna Rose SAYLES	#13 Grove City	10.86m	35-7¾	1/27
9		Allison STANDISH	#8 Geneva	10.85m	35-7¼	12/2
10		Erika EZUMBA	#1 Johns Hopkins	10.76m	35-3¾	1/21

Women's Weight Throw

1	15	Brenna KARNISH	#3 Misericordia	N E 17.01m	55-9¾	1/20
2	67	Ashley BARTELS	#6 Lebanon Valley	N E 14.92m	48-11½	1/21
3	68	Ola OWODUNNI	#2 Carnegie Mellon	N E 14.91m	48-11	12/3
4	95	Jillian BARGER	#22 Franklin & Marshall	E 14.42m	47-3¾	1/27
5		Allison STANDISH	#8 Geneva	N E 13.81m	45-3¾	1/27
6		Makayla VAUGHNS	#20 Stevenson	N E 13.67m	44-10¼	1/27
7		Agnes ZHOU	#2 Carnegie Mellon	N E 13.44m	44-1¼	12/3
8		Lauren ASSANTE	#6 Lebanon Valley	N E 13.35m	43-9¾	1/27
9		Rebecca DOLCE	#7 Waynesburg	13.28m	43-7	1/21
10		Makenze SPENCE	#6 Lebanon Valley	13.26m	43-6	1/27

Women's Pentathlon

1	2	Victoria KADIRI	#1 Johns Hopkins	N E 3,491	1/27
2	5	Elizabeth BARRE	#2 Carnegie Mellon	N E 3,388	12/2
3	11	Katherine HENDERSON	#7 Waynesburg	N E 3,229	1/27
4	12	Leah BERGEY	#14 Lancaster Bible	N E 3,164	1/13
5	32	Chloe YODER	#4 Susquehanna	N E 2,875	12/9
6	33	Emma VEZZOSI	#13 Grove City	N E 2,873	1/27
7	43	Hannah ALDERFER	#4 Susquehanna	2,735	12/9
8	47	Jaclyn DONOHO	#1 Johns Hopkins	2,689	1/27
9	63	Jasmine AHMED	#5 Scranton	2,515	12/9
10	76	Alicia ACOSTA	#5 Scranton	2,327	12/9



Regional TFRI Event Summary

as of 1/30/2023 6:50:00 AM

Midwest

Women's 60 Meters

1	1	Kiara TAN	#1	Williams	N E 7.61	1/29
2	14	Michelle KWAFO	#7	Coast Guard	N E 7.76	1/27
3	43	Cady BARNES	#2	Middlebury	N E 7.89	1/14
4	52	Traci FRANCIS	#9	Vassar	N E 7.91	12/3
5	60	Malissa LINDSEY	#6	Connecticut Col	N E 7.93	1/14
5	60	Augusta Claire BURHANS	#5	Wesleyan (Conn	N E 7.93	1/14
7	65	Grace DEVANNY	#5	Wesleyan (Conn	N E 7.94	1/20
8	72	Gabby HARRIS	#5	Wesleyan (Conn	N E 7.96	1/14
9	80	Gwendolyn ANDERSEN	#4	Springfield (Mas	N E 7.98	1/27
10	96	Rachel ARTHUR	#1	Williams	N E 8.01	1/14

Women's 60 Meter Hurdles

1	10	Eliza CARDWELL	#3	Amherst	N E 8.85	1/29
2	13	Michelle KWAFO	#7	Coast Guard	N E 8.92	1/20
3	32	Emily RUBIO	#2	Middlebury	N E 9.10	1/29
4	35	Jahmilia DENNIS	#9	Vassar	N E 9.13	12/3
5	45	Arisa Grace MCGOWAN	#3	Amherst	N E 9.21	1/29
6	51	Emma MCGUINN	#8	RPI	N E 9.25	12/3
7	55	Hayden COLFAX	#1	Williams	N E 9.28	1/29
8	60	Ziann FACEY	#1	Williams	N E 9.33	1/29
9	66	Trintje NYDAM	#3	Amherst	N E 9.37	1/20
10	69	Anastasia IOPPOLO	#3	Amherst	N E 9.38	1/29

Women's 200 Meters

1	12	Kiara TAN	#1	Williams	N E 25.22	1/29
2	64	Eva KAIDEN	#2	Middlebury	N E 26.13c	1/14
3	69	Malissa LINDSEY	#6	Connecticut Col	N E 26.17c	12/9
4	72	Gwendolyn ANDERSEN	#4	Springfield (Mas	N E 26.18c	1/21
5	75	Christine MALLETTE	#8	RPI	N E 26.20c	12/10
6	77	Melissa WHITE	#2	Middlebury	N E 26.21	1/29
7	99	Malia KLEIN	#1	Williams	N E 26.32	12/3
7	99	Annabel CLONEY	#2	Middlebury	N E 26.32c	1/14
9		Stephanie BROWN	#4	Springfield (Mas	N E 26.47	1/27
10		Gabby HARRIS	#5	Wesleyan (Conn	N E 26.49	1/29

Women's 400 Meters

1	21	Camryn TAYLOR	#1	Williams	N E 58.39	12/3
2	29	Ciara DALE	#2	Middlebury	N E 59.11	1/29
3	41	Kennedy MULLEN	#13	Trinity (Conn.)	N E 59.51	1/29
4	56	Eva KAIDEN	#2	Middlebury	N E 59.88c	1/20
5	63	Malia KLEIN	#1	Williams	N E 59.97	12/3
6	74	Casie EIFRIG	#3	Amherst	N E 1:00.11c	1/14
7	77	Kenzie KELLY	#5	Wesleyan (Conn	N E 1:00.16	1/29
8		Anna KROUSE	#2	Middlebury	N E 1:00.65	1/29
9		Sarah SCHLOSBERG	#5	Wesleyan (Conn	N E 1:00.81	1/29
10		Mary ELLIOT	#2	Middlebury	N E 1:00.82c	1/14

Women's 800 Meters

1	29	Margo PEDERSEN	#3	Amherst	N E 2:18.50	1/29
2	40	Blakeley BUCKINGHAM	#1	Williams	N E 2:19.29c	1/14
3	54	Kate KENNY	#2	Middlebury	N E 2:20.17	1/29
4	55	Jordan WALTER	#5	Wesleyan (Conn	N E 2:20.32	1/20
5	62	Bella LOZIER	#3	Amherst	N E 2:20.76	1/29
6	66	Allison SIBOLD	#11	St. Lawrence	N E 2:20.85c	1/28
6	66	Grace MCDONOUGH	#6	Connecticut Col	N E 2:20.85	1/29
8	70	Katerina PAPCHELA	#1	Williams	N E 2:20.95	1/29
9	75	Alexa ESTES	#6	Connecticut Col	N E 2:21.13	1/29
10	84	Sidney TRIEPKE	#7	Coast Guard	N E 2:21.58	1/27

Women's Mile

1	11	Blakeley BUCKINGHAM	#1	Williams	N E 4:57.47	1/29
2	36	Julia CURRAN	#6	Connecticut Col	N E 5:04.31c	1/21
3	37	Maeve HOFFMAN	#5	Wesleyan (Conn	N E 5:05.07	1/29
4	43	Pria PARKER	#10	Smith	N E 5:05.67	1/27
5	45	Lucy GAGNON	#1	Williams	N E 5:05.98	12/3
6	46	Jordan WALTER	#5	Wesleyan (Conn	N E 5:06.19	1/29
7	55	Kate KENNY	#2	Middlebury	N E 5:07.29c	1/20
8	59	Ella BALL	#1	Williams	N E 5:07.65c	1/14
9	62	Jillian LEES	#8	RPI	N E 5:07.99	1/27
10	67	Genna GIRARD	#1	Williams	N E 5:08.63c	1/14

Women's 3000 Meters

1	3	Morgan LEE	#8	RPI	N E 9:40.99	1/27
2	9	Molly FITZGIBBONS	#1	Williams	N E 9:52.99	1/29
3	22	Ella BALL	#1	Williams	N E 9:59.98	1/29
4	23	Nia GODDARD	#8	RPI	N E 10:00.11	1/27
5	54	Claire SEMEROD	#7	Coast Guard	N E 10:13.59c	1/14
6	58	Pria PARKER	#10	Smith	N E 10:15.57	12/3
7	67	Mary Kate MCGRANAHAN	#3	Amherst	N E 10:17.66c	1/14
8	70	Bea PARR	#2	Middlebury	N E 10:18.46c	1/14
9	72	Julia CURRAN	#6	Connecticut Col	N E 10:18.79c	1/14
10	86	Kate KENNY	#2	Middlebury	N E 10:22.79c	1/14

Women's 5000 Meters

1	7	Ella BALL	#1	Williams	N E 17:00.82	12/3
2	8	Genna GIRARD	#1	Williams	N E 17:07.57	12/3
3	16	Mary Kate MCGRANAHAN	#3	Amherst	N E 17:25.31	1/29
4	38	Julia CURRAN	#6	Connecticut Col	N E 17:55.21	1/29
5	42	Allison LOUNSBURY	#3	Amherst	N E 17:58.98	1/29
6	46	Fiona PICONE	#1	Williams	N E 18:02.23	1/29
7	49	Claire CALLON	#3	Amherst	N E 18:10.57	1/29
8	66	Katherine SHEEHY	#11	St. Lawrence	N E 18:27.96c	1/20
9	67	Stephanie AGER	#5	Wesleyan (Conn	N E 18:28.05	1/29
10	71	Kate SWANN	#1	Williams	18:33.12	12/3



Regional TFRI Event Summary

as of 1/30/2023 6:50:00 AM

Midwest

Women's 4x400 Relay

1	14	Sarah SCHLOSBERG, Kenzie KELLY, Augusta Clai BURHANS, Grace DEVANNY	#5 Wesleyan (Conn	4:01.37c	1/14
2	15	Eva KAIDEN, Annabel CLONEY, Mary ELLIOT, Ciara DALE	#2 Middlebury	4:02.16	1/29
3	20	Eliza CARDWELL, Trintje NYDAM, Anastasia IOPPOLO, Casie EIFRIG	#3 Amherst	4:03.34c	1/14
4	22	Ella SUKUP, Camryn TAYLOR, Malia KLEIN, Daisy VALLE	#1 Williams	4:04.36c	1/14
5	23	Cate KNEEBONE, Julianna KENNEDY, Kennedy MULLEN, Sophia JONES	#13 Trinity (Conn.)	4:04.54	1/29
6	47	Katie MANNING, Summer LOONEY, Emma MCGUINN, Maeve MURPHY	#8 RPI	4:10.80c	1/27
7	64	Jazmyn GILLESPIE, Mary RUSNOCK, Annie MORGAN, Erica MACSWEENEY	#6 Connecticut Coll	4:12.71	1/29
8	65	Lena BAKER, Ellen SMITH, Shams FERVER, Anjali JONES	#10 Smith	4:12.93c	1/28
9	79	Allison RITCHIE, Emma RACCARO, Mackenzie DIDONATO, Emma DONOHUE	#4 Springfield (Mas	4:14.39	1/27
10		Gabrielle BAKER, Catherine DACEY, Alayna GIBSON, Caroline STANTON	#18 Union (N.Y.)	4:18.76c	1/27

Women's Distance Medley Relay

1	1	Jordan WALTER, Sarah SCHLOSBERG, Nadia LIM, Maeve HOFFMAN	#5 Wesleyan (Conn	12:21.88	1/29
2	2	Audrey GRIMES, Elle THOMPSON, Tatum PESKIN, Kate KENNY	#2 Middlebury	12:26.42	1/29
3	4	Blakeley BUCKINGHAM, Grace KAERCHER, Lucy GAGNON, Nora JOHNSON	#1 Williams	12:32.75	1/29
4	9	Ally DEEGAN, Margo PEDERSEN, Piper LENTZ, Bella LOZIER	#3 Amherst	12:44.85	1/29
5	15	Alexa ESTES, Emma WHEELER, Liz FREEMAN, Grace MCDONOUGH	#6 Connecticut Coll	13:08.34	1/29
6	16	Taylor WINTERS, Sidney TRIEPKE, Sophia WHITE, Claire SEMEROD	#7 Coast Guard	13:11.46c	1/14
7	21	Augusta STOCKMAN, Nora GOLDBERG- COURTN, Clara WIESLER, Noni PATTINGTON	#9 Vassar	13:30.54c	1/27
8	23	Molly KENNEDY, Mia MCDONALD, Brynne LECOURS, Shea HAMEL	#14 Westfield State	13:33.92c	1/14
9	32	Cameron STONE, Amy FRANCESCONI, Alexis PARENT, Bridget HASTINGS	#11 St. Lawrence	13:55.61c	12/3
10	41	Mackenzie FEENEY, Crystal IVERY, Charisma LOSEE, Elizabeth INGELLIS	#19 Sage Colleges	14:27.13c	1/27

Women's High Jump

1	14	Emily RUBIO	#2 Middlebury	N E 1.65m	5-5	1/20
2	18	Livi MAZEROLLE	#1 Williams	N E 1.63m	5-4¼	1/14
3	46	Anaya THOMAS	#3 Amherst	N E 1.58m	5-2¼	1/14
4	58	Kerry SEEKAMP	#10 Smith	N E 1.57m	5-1¾	1/14
4	58	Hayden COLFAX	#1 Williams	N E 1.57m	5-1¾	12/9
4	58	Maia WAHLQUIST	#11 St. Lawrence	N E 1.57m	5-1¾	1/14
7	74	Mackenzie DAGGITT	#2 Middlebury	N E 1.56m	5-1¼	1/29
7	74	Amelie JAMANKA	#1 Williams	N E 1.56m	5-1¼	1/29
7	74	Gabriella GRATTAN	#13 Trinity (Conn.)	N E 1.56m	5-1¼	1/29
7	74	Allie WILDSMITH	#7 Coast Guard	N E 1.56m	5-1¼	1/14



Regional TFRI Event Summary

as of 1/30/2023 6:50:00 AM

Midwest

Women's Pole Vault

1	17	Madison GARRIGUS	#7	Coast Guard	N E 3.60m	11-9¾	1/14
1	17	Ellie FITZGERALD	#1	Williams	N E 3.60m	11-9¾	1/29
3	26	Kerry SEEKAMP	#10	Smith	N E 3.45m	11-3¾	1/20
4	42	Zoe WANG	#2	Middlebury	N E 3.35m	10-11¾	1/20
5	52	Jae YU	#1	Williams	N E 3.30m	10-9¾	1/29
5	52	Mia BAWENDI	#3	Amherst	N E 3.30m	10-9¾	1/14
7	74	Fiona CARROLL	#5	Wesleyan (Conn)	N E 3.21m	10-6¾	1/20
8	76	Erika KLUGE	#5	Wesleyan (Conn)	N E 3.20m	10-6	1/28
8	76	Jordan HECKER	#3	Amherst	N E 3.20m	10-6	1/20
10	97	Eve GIANCARLO	#3	Amherst	N E 3.15m	10-4	1/14
10	97	Poppy MILLER	#1	Williams	N E 3.15m	10-4	1/14
10	97	Emily RACANA	#4	Springfield (Mas)	N E 3.15m	10-4	1/21
10	97	Payton SORENSEN	#3	Amherst	N E 3.15m	10-4	1/14

Women's Long Jump

1	3	Morgan NASIR	#1	Williams	N E 5.64m	18-6	12/3
2	16	Cady BARNES	#2	Middlebury	N E 5.53m	18-1¾	1/29
3	21	Mackenzie DAGGITT	#2	Middlebury	N E 5.48m	17-11¾	1/29
4	26	Matlyn GROSS	#4	Springfield (Mas)	N E 5.45m	17-10¾	1/21
5	27	Eliza CARDWELL	#3	Amherst	N E 5.44m	17-10¼	1/14
6	43	Kristen CHOU	#1	Williams	N E 5.36m	17-7	12/3
7	62	Vicky MARIN	#14	Westfield State	N E 5.31m	17-5¼	12/10
8	64	Emma WHEELER	#6	Connecticut Coll	N E 5.29m	17-4¼	1/29
9	87	Emily RUBIO	#2	Middlebury	N E 5.24m	17-2¼	1/20
10		Faye STEVENS	#9	Vassar	N E 5.15m	16-10¾	12/3
10		Olive LAWRENCE	#2	Middlebury	N E 5.15m	16-10¾	1/14

Women's Triple Jump

1	6	Matlyn GROSS	#4	Springfield (Mas)	N E 11.82m	38-9½	1/21
2	15	Cady BARNES	#2	Middlebury	N E 11.55m	37-10¾	1/20
3	29	Samantha PAUL	#4	Springfield (Mas)	N E 11.25m	36-11	1/21
4	42	Erica MACSWEENEY	#6	Connecticut Coll	N E 11.10m	36-5	1/29
5	48	Anastasia IOPPOLO	#3	Amherst	N E 11.04m	36-2¾	1/29
6	53	Vicky MARIN	#14	Westfield State	N E 10.99m	36-¾	12/3
7	61	Jahmilia DENNIS	#9	Vassar	N E 10.94m	35-10¾	12/3
8	62	Michaela SCHAFFER	#15	SUNY Plattsburg	N E 10.93m	35-10½	12/3
9	67	Anaya THOMAS	#3	Amherst	N E 10.88m	35-8½	1/29
10	87	Elle RIMANDO	#17	Mount Holyoke	N E 10.73m	35-2½	1/20

Women's Shot Put

1	55	Julia TULIMIERI	#2	Middlebury	N E 12.37m	40-7	1/14
2	72	Wenesha STEWART	#16	Eastern Connect	N E 12.19m	40-0	12/2
3	80	Emma MILLER	#1	Williams	N E 12.08m	39-7¾	1/14
4	85	Christa CARR	#4	Springfield (Mas)	N E 12.00m	39-4½	1/21
5		Kaitlyn BJELKO	#15	SUNY Plattsburg	N E 11.75m	38-6¾	1/28
6		Emma DOYLE	#17	Mount Holyoke	N E 11.54m	37-10½	1/28
7		Sadie OLSON	#7	Coast Guard	N E 11.52m	37-9½	1/27
8		Mary Scott ROBINSON	#2	Middlebury	N E 11.33m	37-2¼	1/29
9		Maureen HAMMOND	#7	Coast Guard	N E 11.27m	36-11¾	1/20
10		Emma WHEELER	#6	Connecticut Coll	11.14m	36-6¾	1/20

Women's Weight Throw

1	32	Melissa MEJIA	#12	Rhode Island Co	N E 16.01m	52-6½	1/27
2	52	Samantha SAINTRISIL	#12	Rhode Island Co	N E 15.22m	49-11¼	1/27
3		Mary Scott ROBINSON	#2	Middlebury	N E 14.35m	47-1	1/29
4		Kalea SALANG	#7	Coast Guard	N E 14.00m	45-11¼	1/20
5		Lily GOULD	#4	Springfield (Mas)	N E 13.92m	45-8	1/21
6		Kamila ZYGADLO	#13	Trinity (Conn.)	N E 13.91m	45-7¾	1/29
7		Mackenzie GINGRAS	#4	Springfield (Mas)	N E 13.84m	45-5	1/21
8		Hayley CHARITER	#12	Rhode Island Co	N E 13.77m	45-2¼	12/10
9		Sophie WARREN	#4	Springfield (Mas)	N E 13.75m	45-1½	12/3
10		Sadie OLSON	#7	Coast Guard	N E 13.71m	44-11¾	1/14

Women's Pentathlon

1	3	Emily RUBIO	#2	Middlebury	N E 3,463	1/20
2	17	Hayden COLFAX	#1	Williams	N E 3,098	12/9
3	25	Livi MAZEROLLE	#1	Williams	N E 2,976	12/9
4	26	Emma WHEELER	#6	Connecticut Coll	N E 2,963	1/20
5	29	Trintje NYDAM	#3	Amherst	N E 2,904	1/20
6	36	Faye STEVENS	#9	Vassar	2,847	12/3
7	37	Hannah BROWN	#1	Williams	2,846	12/9
8	60	Elinor KOPS	#9	Vassar	2,567	12/3
9	66	Greta VAUGHN	#1	Williams	2,467	12/9
10	70	Kaylee BERTINI	#11	St. Lawrence	2,423	1/20



Regional TFRI Event Summary

as of 1/30/2023 6:50:00 AM

Midwest

Women's 60 Meters

1	4	Marion EDWARDS	#3	Loras	N E 7.68	1/27
2	11	Ava DAVID	#6	Elmhurst	N E 7.72	1/21
3	19	Izzy LAYNE	#1	Chicago	N E 7.80	1/14
3	19	Myciah CLAY	#2	Washington (Mo)	E 7.80	1/13
5	24	Mercedes JACKSON	#5	North Central (Il)	E 7.82	1/20
6	26	Kynzi BOOTH	#8	Nebraska Wesleyan	E 7.84	1/28
7	30	Huda HUSSAINI	#6	Elmhurst	N E 7.85	1/27
7	30	Maddie LYONS	#1	Chicago	N E 7.85	1/27
7	30	Kylie SPYTEK	#2	Washington (Mo)	E 7.85	12/3
10	34	Kelly KOHLHOF	#3	Loras	N E 7.86	12/9
10	34	Harmony CREASY	#3	Loras	N E 7.86	1/27

Women's 60 Meter Hurdles

1	4	Julia BABINEC	#5	North Central (Il)	E 8.73	1/27
2	8	Nakala NADEAU	#6	Elmhurst	N E 8.84	1/27
3	12	Cayden SHARP	#7	Greenville	N E 8.91	1/27
4	14	Lauren GAY	#2	Washington (Mo)	E 8.93	1/27
4	14	Ren BROWN	#1	Chicago	N E 8.93	1/21
6	16	Denise PARTEE	#5	North Central (Il)	E 8.94	1/27
7	26	Olivia BOHLEN	#9	Central (Iowa)	N E 9.07	12/9
7	26	Natalie MCALLISTER	#13	Cornell College	N E 9.07	1/21
9	35	Charis RIEBE	#2	Washington (Mo)	E 9.13	1/27
10	48	Sailor HINEGARDNER	#4	Wartburg	N E 9.22	1/21
10	48	JoJo TYNISMMAA	#4	Wartburg	N E 9.22	1/14

Women's 200 Meters

1	4	Marion EDWARDS	#3	Loras	N E 24.92	1/27
2	6	Isabella HOGUE	#8	Nebraska Wesleyan	E 24.99	1/20
2	6	Lindsey NOVAK	#5	North Central (Il)	E 24.99c	1/20
4	8	Ava DAVID	#6	Elmhurst	N E 25.06c	1/21
5	13	Lauren GAY	#2	Washington (Mo)	E 25.24c	1/27
6	20	Kylie SPYTEK	#2	Washington (Mo)	E 25.53c	1/13
7	21	Nicole STEWART	#2	Washington (Mo)	E 25.54c	1/27
8	33	Denise PARTEE	#5	North Central (Il)	E 25.79c	1/20
9	34	Huda HUSSAINI	#6	Elmhurst	N E 25.82c	1/21
10	45	Maddie LYONS	#1	Chicago	N E 25.93	1/27

Women's 400 Meters

1	2	Ava DAVID	#6	Elmhurst	N E 56.26	1/27
2	4	Lindsey NOVAK	#5	North Central (Il)	E 56.81	1/27
3	6	Emma KELLEY	#2	Washington (Mo)	E 56.85c	1/21
4	13	Alyssa PFADENHAUER	#3	Loras	N E 57.56	1/27
5	20	Kylie SPYTEK	#2	Washington (Mo)	E 58.25c	1/21
6	22	Isabella HILGER	#8	Nebraska Wesleyan	E 58.43	1/20
7	44	Stevie LAMBE	#3	Loras	N E 59.57c	12/9
8	50	Alexa KOZA	#8	Nebraska Wesleyan	E 59.75	1/20
9	59	Madison HAYS	#11	Simpson (Iowa)	N E 59.95c	1/28
10	61	Rachel NAGEL	#4	Wartburg	N E 59.96	1/21

Women's 800 Meters

1	1	Emma KELLEY	#2	Washington (Mo)	E 2:09.03c	12/3
2	2	Aoife DUNNE	#2	Washington (Mo)	E 2:11.62c	1/27
3	6	Claudia HARNETT	#1	Chicago	N E 2:14.73	1/27
4	7	Maddie KELLY	#1	Chicago	N E 2:15.05c	1/7
5	9	Alessia SARUSSI	#2	Washington (Mo)	E 2:15.53c	1/27
6	10	Sophie FOX	#2	Washington (Mo)	E 2:15.74c	1/27
7	11	Kaylee OSTERBERGER	#3	Loras	N E 2:16.08c	1/21
8	14	Maya ORDONEZ	#1	Chicago	N E 2:16.59c	1/21
9	18	Elly BURDS	#3	Loras	N E 2:16.94c	1/21
10	22	Elisabeth CAMIC	#1	Chicago	N E 2:17.17	1/27

Women's Mile

1	1	Maddie KELLY	#1	Chicago	N E 4:53.94	1/27
2	5	Evelyn BATTLES-GUNKEL	#1	Chicago	N E 4:56.33	1/27
3	7	Cat WIMMER	#1	Chicago	N E 4:56.75	1/27
4	10	Emily KONKUS	#2	Washington (Mo)	E 4:57.18c	1/13
5	12	Nora HOLMES	#1	Chicago	N E 4:57.52	1/27
6	15	Aubrie FISHER	#4	Wartburg	N E 4:58.98	1/21
7	17	Aoife DUNNE	#2	Washington (Mo)	E 4:59.94c	1/13
8	23	Caroline MCMARTIN	#9	Central (Iowa)	N E 5:01.58c	1/28
9	27	Anna KENIG-ZIESLER	#1	Chicago	N E 5:02.08	1/27
10	29	Alyssa RAFUSE	#6	Elmhurst	N E 5:02.40	1/27

Women's 3000 Meters

1	4	Lexi BROWN	#4	Wartburg	N E 9:46.39	1/21
2	6	Maddie KELLY	#1	Chicago	N E 9:48.57c	1/21
3	7	Emily KONKUS	#2	Washington (Mo)	E 9:50.00c	1/21
4	11	Ella BEHRENS	#2	Washington (Mo)	E 9:54.28c	1/21
5	12	Aubrie FISHER	#4	Wartburg	N E 9:54.55c	1/14
6	13	Anna KENIG-ZIESLER	#1	Chicago	N E 9:55.34c	1/21
7	16	Katarina BIRIMAC	#1	Chicago	N E 9:57.22c	1/21
8	17	Evelyn BATTLES-GUNKEL	#1	Chicago	N E 9:57.59c	1/21
9	20	Frances SCHAEFFLER	#1	Chicago	N E 9:59.45c	1/21
10	24	Cat WIMMER	#1	Chicago	N E 10:00.16c	1/21

Women's 5000 Meters

1	26	Lexi BROWN	#4	Wartburg	N E 17:45.47c	1/14
2	27	Ashley BLOOMQUIST	#4	Wartburg	N E 17:45.70c	12/3
3	32	Shaelyn HOSTAGER	#4	Wartburg	N E 17:50.84c	1/14
4	33	Natalie PAULSON	#4	Wartburg	N E 17:50.92c	1/14
5	56	Keely MIYAMOTO	#15	Grinnell	N E 18:20.18c	1/28
6	65	Leah ULRICH	#1	Chicago	N E 18:27.95	1/27
7		Kelly GIARDINA	#4	Wartburg	18:50.51c	1/14
8		Audrey BRUNNER	#1	Chicago	18:55.72	1/27
9		Addy CARLSON	#4	Wartburg	19:01.44c	1/14
10		Hailey HILL	#9	Central (Iowa)	19:12.60	1/20



Regional TFRI Event Summary

as of 1/30/2023 6:50:01 AM

Midwest

Women's 4x400 Relay

1	3	Kylie SPYTEK, Aoife DUNNE, Sophie FOX, Emma KELLEY	#2 Washington (Mo)	3:51.68c	1/27
2	5	Marion EDWARDS, Harmony CREASY, Merryl GREEN, Alyssa PFADENHAUER	#3 Loras	3:53.08	1/27
3	6	Isabella HILGER, Alexa KOZA, Gabby THOMAS, Isabella HOGUE	#8 Nebraska Wesleyan	3:54.99	1/13
4	11	Rachel NAGEL, Olivia TOLLARI, JoJo TYNISMMA, Carson MCSORLEY	#4 Wartburg	4:00.57	1/21
5	16	Izzy LAYNE, Ren BROWN, Maddie KELLY, Faith UDOBONG	#1 Chicago	4:02.18	1/27
6	31	Huda HUSSAINI, Karmyn FLESCHE, Naomi JONES, Ava DAVID	#6 Elmhurst	4:07.85c	12/3
7	35	Abbi ROERDINK, Caroline MCMARTIN, Peyton STEFFEN, Lauren BROWN	#9 Central (Iowa)	4:09.09c	1/28
8	43	Abigail SMITH, Gianna BORZILERI, Emma LUNDQUIST, Riley FINN	#10 Dubuque	4:10.38c	1/28
9	51	Isabella GONZALEZ, Avery SMITH, Jules GRUNLOH, Lexi WARD	#20 Illinois Wesleyan	4:11.45c	1/28
10	57	Itzel GARCIA, Alyssa RUIZ, Maria LAMBERT, Ari LEFAIVRE	#14 Millikin	4:12.08	1/20

Women's Distance Medley Relay

1	33	Hailey POE, Paige RUNKLE, Alyssa MEAD, Natalie NESTLER	#5 North Central (Ill.)	13:55.90c	1/20
2	35	Norah SWINIGAN, Kiera COLEMAN, Olivia MANSFIELD, Sedina LOGAN	#7 Greenville	13:59.93c	1/27
3	42	Angela GODUTO, Ana PONCE, August PAUTSCH, N'Dya FIELDS	#17 Aurora	14:29.13	1/27
4	48	Grace CHARRON, Ginger MULLEN, Kylie KLASSEN, Allison RABBANI	#15 Grinnell	14:46.07c	1/28
5	54	Laura MAYO, Mirsa BOYER, Geena RICHARDS, Sarah ERICKSON	#25 Principia	14:59.79c	1/27

Women's High Jump

1	4	Grace ALLEY	#3 Loras	N E 1.70m	5-7	12/9
2	6	Hailey CAROLAN	#13 Cornell College	N E 1.68m	5-6	1/28
3	9	Breya CHRISTOPHER	#4 Wartburg	N E 1.67m	5-5½	1/27
4	12	Kylie PERIMAN	#21 Illinois College	N E 1.66m	5-5½	1/21
5	17	Rhiannon MARSHALL	#18 Augustana (Ill.)	N E 1.64m	5-4½	1/13
6	18	Abigail SMITH	#10 Dubuque	N E 1.63m	5-4¼	1/28
6	18	Cayden SHARP	#7 Greenville	N E 1.63m	5-4¼	1/27
6	18	Miku OKADA	#2 Washington (Mo)	N E 1.63m	5-4¼	1/27
6	18	Sara HOSKINS	#3 Loras	N E 1.63m	5-4¼	1/21
6	18	Laila GRAHAM	#7 Greenville	N E 1.63m	5-4¼	1/27

Women's Pole Vault

1	3	Yasmin RUFF	#2 Washington (Mo)	N E 3.80m	12-5½	1/21
1	3	Susannah TRUITT	#1 Chicago	N E 3.80m	12-5½	1/27
3	9	Natalie JOHNSON	#5 North Central (Ill.)	E 3.70m	12-1½	1/27
4	22	Gwen BERENYI	#5 North Central (Ill.)	E 3.55m	11-7¾	1/27
5	35	Anna CURTIS	#2 Washington (Mo)	E 3.40m	11-1¾	1/13
5	35	Celeste TAYLOR	#1 Chicago	N E 3.40m	11-1¾	1/27
5	35	Julia KLEIN	#19 North Park	N E 3.40m	11-1¾	1/14
5	35	Emilia CURRENT	#1 Chicago	N E 3.40m	11-1¾	1/27
9	42	Ariana RIVERA	#5 North Central (Ill.)	E 3.35m	10-11¾	1/20
10	67	Makenzie STOCK	#2 Washington (Mo)	E 3.25m	10-8	1/13
10	67	Lindsay RECKER	#1 Chicago	N E 3.25m	10-8	1/27



Regional TFRI Event Summary

as of 1/30/2023 6:50:01 AM

Midwest

Women's Long Jump

1	2	Emma SEIPEL	#10	Dubuque	N E 5.68m	18-7¾	1/28
2	6	Ebunoluwa OPATA	#2	Washington (Mo)	N E 5.61m	18-5	12/3
3	8	Harmony CREASY	#3	Loras	N E 5.60m	18-4½	12/9
4	18	Olivia TOLLARI	#4	Wartburg	N E 5.49m	18-¼	1/14
5	24	Grace ALLEY	#3	Loras	N E 5.47m	17-11½	12/9
6	34	Cayden SHARP	#7	Greenville	N E 5.41m	17-9	1/27
7	46	Sophia SCHULER	#3	Loras	N E 5.35m	17-6¾	12/9
8	49	Thea RING	#19	North Park	N E 5.34m	17-6¼	1/21
9	64	Marina SEMPLE	#1	Chicago	N E 5.29m	17-4¼	1/14
10	68	Morgan RAMIREZ	#3	Loras	N E 5.28m	17-4	12/9

Women's Triple Jump

1	2	Ebunoluwa OPATA	#2	Washington (Mo)	N E 12.10m	39-8½	1/21
2	4	Breya CHRISTOPHER	#4	Wartburg	N E 11.90m	39-½	1/27
3	10	Grace ALLEY	#3	Loras	N E 11.64m	38-2¼	1/27
4	31	Zahra SAMMOUR	#12	Concordia Chicago	N E 11.22m	36-9¾	1/20
5	32	Harmony CREASY	#3	Loras	N E 11.21m	36-9½	1/14
6	33	Lauren WONG	#20	Illinois Wesleyan	N E 11.20m	36-9	12/10
6	33	De'ja AUSTIN-CHERRY	#3	Loras	N E 11.20m	36-9	1/21
8	35	Cayden SHARP	#7	Greenville	N E 11.19m	36-8½	1/21
9	37	Aaliyah COLLIER	#3	Loras	N E 11.17m	36-7¾	1/21
9	37	Becca STEWART	#1	Chicago	N E 11.17m	36-7¾	1/21

Women's Shot Put

1	6	Molly LAUMAKIS	#1	Chicago	N E 13.98m	45-10½	1/21
2	10	Madeline BOBINSKI	#12	Concordia Chicago	N E 13.49m	44-3¾	12/2
3	11	Rebecca SIMPSON	#16	Buena Vista	N E 13.45m	44-1½	1/14
4	14	Haley BEMINIO	#4	Wartburg	N E 13.38m	43-10¾	1/27
5	21	Kaitlyn WILDER	#10	Dubuque	N E 13.10m	42-11¾	1/28
6	22	Jenae BOTHE	#2	Washington (Mo)	N E 13.09m	42-11½	12/3
7	25	Kash ALLEN		Benedictine (Ill.)	N E 13.03m	42-9	1/28
8	35	Lily MEESTER	#4	Wartburg	N E 12.80m	42-0	1/27
9	37	Jaydyn PALMER	#23	Coe	N E 12.64m	41-5¾	12/9
10	47	Kristen REICKS	#4	Wartburg	N E 12.49m	40-11¾	1/14

Women's Weight Throw

1	4	Alexandra DRAVES	#5	North Central (Ill)	N E 17.92m	58-9½	1/20
2	7	Kaitlyn WILDER	#10	Dubuque	N E 17.61m	57-9½	1/21
3	8	Adriyanna PATTERSON	#14	Millikin	N E 17.26m	56-7½	1/27
4	9	Caitlyn COX	#3	Loras	N E 17.24m	56-6¾	1/21
5	10	Abby MARR	#9	Central (Iowa)	N E 17.16m	56-3¾	1/14
6	13	Emma TRUE	#4	Wartburg	N E 17.09m	56-1	1/27
7	18	Rebecca SIMPSON	#16	Buena Vista	N E 16.80m	55-1½	1/20
8	19	Ellie AKOUGH	#8	Nebraska Wesleyan	N E 16.74m	54-11¼	1/28
9	22	Taylor FLAIG	#3	Loras	N E 16.49m	54-1¼	1/14
10	28	Molly LAUMAKIS	#1	Chicago	N E 16.19m	53-1½	1/7

Women's Pentathlon

1	1	Grace ALLEY	#3	Loras	N E 3,681	12/9
2	4	Cayden SHARP	#7	Greenville	N E 3,416	1/27
3	22	Olivia BOHLEN	#9	Central (Iowa)	N E 3,014	12/3
4	46	Aaliyah JOHNSON	#11	Simpson (Iowa)	2,704	1/26
5	54	Madison HAYS	#11	Simpson (Iowa)	2,626	1/26
6	92	Megan SHAFAR		Knox	2,084	1/27
7	95	EMBER HUGHES		Hendrix	2,036	1/27



Regional TFRI Event Summary

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Niagara

Women's 60 Meters

1	46	Mia MONTGOMERY	#4	SUNY Brockport	W E 7.90	12/9
1	46	Samantha SHEA	#5	St. John Fisher	N E 7.90	1/21
3	52	Kate ISAAC	#3	Rochester (N.Y.)	N E 7.91	1/28
4	65	Logan BRUCE	#2	Ithaca	N E 7.94	1/21
5	72	Brenna JOHNSON	#7	Nazareth	N E 7.96	1/28
6	80	Ciarra FRANZ	#5	St. John Fisher	N E 7.98	1/21
6	80	Caroline HILL	#10	RIT	N E 7.98	1/21
8	89	Mackenzie MIX	#6	Utica	N E 7.99	1/20
9	96	Kate KOUTSOURADES	#1	SUNY Geneseo	N E 8.01	1/28
10		Marissa WISE	#4	SUNY Brockport	W E 8.03	1/14
10		Susan BANSBACH	#3	Rochester (N.Y.)	N E 8.03	1/28

Women's 60 Meter Hurdles

1	3	Gwen SHEPARDSON	#1	SUNY Geneseo	N E 8.71	12/2
2	7	Logan BRUCE	#2	Ithaca	N E 8.78	1/21
3	32	Ciarra FRANZ	#5	St. John Fisher	N E 9.10	1/28
4	39	Natalia SAWYER	#11	Buffalo State	N E 9.15	12/9
5	43	Ejim NNATE	#9	SUNY Oneonta	N E 9.18	1/21
6	65	Ashley HEFFERNAN	#3	Rochester (N.Y.)	N E 9.36	12/9
7	76	Allyson SUROWICK	#1	SUNY Geneseo	N E 9.42	12/2
8	92	Allison REGNANTE	#10	RIT	N E 9.47	1/21
9		Laura MEADE	#6	Utica	N E 9.55	12/10
9		AnJalya TALMADGE	#8	SUNY Cortland	N E 9.55	12/10

Women's 200 Meters

1	17	Susan BANSBACH	#3	Rochester (N.Y.)	N E 25.43c	1/28
2	24	Natalia SAWYER	#11	Buffalo State	N E 25.63	1/27
3	25	Gwen SHEPARDSON	#1	SUNY Geneseo	N E 25.64c	1/28
4	26	Kate ISAAC	#3	Rochester (N.Y.)	N E 25.67c	1/28
5	27	Mackenzie MIX	#6	Utica	N E 25.68c	1/20
6	34	Caroline HILL	#10	RIT	N E 25.82c	1/21
7	51	Kate KOUTSOURADES	#1	SUNY Geneseo	N E 26.01c	12/2
8	56	Samantha SHEA	#5	St. John Fisher	N E 26.03c	1/21
9		Elizabeth LIRIANO	#8	SUNY Cortland	N E 26.41c	12/10
10		Juliana KLIMOW	#1	SUNY Geneseo	N E 26.42c	12/2

Women's 400 Meters

1	1	Madeline O'CONNELL	#3	Rochester (N.Y.)	N E 55.68c	12/9
2	5	Gwen SHEPARDSON	#1	SUNY Geneseo	N E 56.82c	12/9
3	7	Susan BANSBACH	#3	Rochester (N.Y.)	N E 56.98c	12/9
4	14	Samantha SHEA	#5	St. John Fisher	N E 58.11c	12/9
5	15	Natalia SAWYER	#11	Buffalo State	N E 58.15	1/27
6	28	Mackenzie MIX	#6	Utica	N E 59.09c	1/27
7	31	Megan BELL	#3	Rochester (N.Y.)	N E 59.19c	1/28
8	34	Kristin HARDY	#3	Rochester (N.Y.)	N E 59.30c	12/9
9	51	Abbey SZUMLOZ	#7	Nazareth	N E 59.79c	1/28
9	51	Elizabeth LIRIANO	#8	SUNY Cortland	N E 59.79c	12/10

Women's 800 Meters

1	13	Janelle ECKL	#1	SUNY Geneseo	N E 2:16.38c	1/21
2	19	Paloma DEMONTE	#2	Ithaca	N E 2:17.02c	1/28
3	57	Marcie HOGAN	#1	SUNY Geneseo	N E 2:20.38c	1/21
4	66	Nieve MAHOOD	#1	SUNY Geneseo	N E 2:20.85c	1/28
5	69	Raechel ZIELINSKI	#1	SUNY Geneseo	N E 2:20.86c	1/21
6	73	Faith COYLE	#20	SUNY Oswego	N E 2:21.08c	1/21
7	77	Rachel ROSE	#2	Ithaca	N E 2:21.16c	1/28
8	79	Jessica GOODE	#2	Ithaca	N E 2:21.23c	1/21
9	89	Abbey SZUMLOZ	#7	Nazareth	N E 2:21.98c	1/21
10		Joy PETERSEN	#2	Ithaca	N E 2:22.82c	1/21

Women's Mile

1	14	Windsor ARDNER	#1	SUNY Geneseo	N E 4:58.85c	1/21
2	35	Erin EIVERS	#1	SUNY Geneseo	N E 5:04.18c	1/21
3	44	Paloma DEMONTE	#2	Ithaca	N E 5:05.74	1/14
4	73	Sierra DOODY	#1	SUNY Geneseo	N E 5:09.48c	1/21
5	74	Amanda BURRICHTER	#16	Houghton	N E 5:09.51c	12/9
6	78	Jessica GOODE	#2	Ithaca	N E 5:09.86c	1/28
7	90	Kaitlyn GROSSMAN	#1	SUNY Geneseo	N E 5:11.16c	1/28
8	97	Olivia NOLA	#17	Penn State Behr	N E 5:11.73c	12/9
9		Marie NAUDUS	#1	SUNY Geneseo	N E 5:12.28c	1/21
10		Lilly FOWLER-CONNER	#1	SUNY Geneseo	N E 5:13.74c	1/21

Women's 3000 Meters

1	8	Windsor ARDNER	#1	SUNY Geneseo	N E 9:52.87c	1/28
2	10	Rachel HIRSCHKIND	#1	SUNY Geneseo	N E 9:53.45c	1/28
3	14	Kathleen MCCAREY	#1	SUNY Geneseo	N E 9:55.36c	1/28
4	21	Erin EIVERS	#1	SUNY Geneseo	N E 9:59.83c	1/28
5	32	Lilly FOWLER-CONNER	#1	SUNY Geneseo	N E 10:03.52c	1/28
6	33	Sierra DOODY	#1	SUNY Geneseo	N E 10:04.24c	1/28
7	34	Penelope GREENE	#1	SUNY Geneseo	N E 10:04.45c	1/28
8	42	Marcie HOGAN	#1	SUNY Geneseo	N E 10:07.61c	1/28
9	68	Gabriella MCCARTHY	#1	SUNY Geneseo	N E 10:18.30c	12/9
10	78	Marie NAUDUS	#1	SUNY Geneseo	N E 10:20.10c	1/28

Women's 5000 Meters

1	13	Kathleen MCCAREY	#1	SUNY Geneseo	N E 17:17.24c	1/21
2	14	Grace RICHARDSON	#12	NYU	N E 17:18.51	12/2
3	18	Rachel HIRSCHKIND	#1	SUNY Geneseo	N E 17:30.32c	1/21
4	43	Kerry FLOWER	#4	SUNY Brockport	W E 17:59.49c	1/14
5	44	Penelope GREENE	#1	SUNY Geneseo	N E 17:59.60c	1/21
6	55	Ava FOWLER	#2	Ithaca	N E 18:17.66c	1/28
7	63	Katherine VOGEL	#1	SUNY Geneseo	N E 18:25.31c	1/28
8	76	Riley COREY	#5	St. John Fisher	18:37.34c	1/28
9	79	Lauren DEMICHELE	#5	St. John Fisher	18:39.97c	1/28
10	84	Meredith GARRITY	#2	Ithaca	18:41.33c	1/28



Regional TFRI Event Summary

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Niagara

Women's 4x400 Relay

1	2	Madeline O'CONNELL, Kate ISAAC, Kristin HARDY, Susan BANSBACH	#3 Rochester (N.Y.)	3:51.29c	12/9
2	9	Julianna KLIMOW, Kate KOUTSOURADES, Tori FEARS, Katelyn JACQUES	#1 SUNY Geneseo	3:59.85c	12/9
3	18	Grace WRIGHT, Emma WRIGHT, Brenda LE, Samantha SHEA	#5 St. John Fisher	4:03.05c	1/28
4	19	Abbey SZUMLOZ, Lauren BENDALL, Isabella HEATH, Brenna JOHNSON	#7 Nazareth	4:03.09c	1/28
5	30	Logan BRUCE, Luca PECORA, Devan ADEGBILE, Paloma DEMONTE	#2 Ithaca	4:07.42c	1/21
6	33	Janaiya CRUZ-BERMEDEZ, Jade DENING, Laura MEADE, Mackenzie MIX	#6 Utica	4:08.58c	1/20
7	34	Clara SENSINI, Jennifer METZ, Kaylee HAYNES, Vanessa RAMOS	#4 SUNY Brockport	4:09.01c	1/21
8	37	Elizabeth LIRIANO, Yasmine PERALTA, Marlee ANGUS, Avery HEBERT	#8 SUNY Cortland	4:09.14c	1/21
9	60	Lola AKINDELE, Laila GOODMAN, Aminata JOHNSON, Fiona KELLEHER	#12 NYU	4:12.15c	1/28
10	62	Victoria FLORCZAK, Brooklyn LAWRENCE, Natalia SAWYER, Destiny RIVERA	#11 Buffalo State	4:12.57c	12/9

Women's Distance Medley Relay

1	5	Jessica GOODE, Logan BRUCE, Rachel ROSE, Paloma DEMONTE	#2 Ithaca	12:37.35c	1/28
2	22	Ella IMPAGLIA, Shiana SUSA, Leigha GOULD, Megan MORIN	#7 Nazareth	13:30.88c	1/28
3	30	Eva MCILRAITH, Claire TRATNYEK, Hannah TURNER, Sylvie NAJARIAN	#13 Hamilton	13:52.13	1/29
4	37	Eva WOODWORTH, Ella DEPHILLIPS, Sierra BASCO, Sarah LUBY	#9 SUNY Oneonta	14:12.03c	1/27
5	46	Kristina MESSLER, Mary LYONS, Kailyn OREGGIO, Marissa LOMBARDI	#18 SUNY Delhi	14:35.03c	12/3
6	51	Kyla REED, Priya KATWALA, Meghan SONNACCHIO, Sarah SHARPE	#6 Utica	14:52.88c	12/3

Women's High Jump

1	9	Danielle FISK	#8 SUNY Cortland	N E 1.67m	5-5¾	1/21
2	31	Logan BRUCE	#2 Ithaca	N E 1.60m	5-3	1/14
3	46	Charly SLUSSER	#2 Ithaca	N E 1.58m	5-2¼	1/21
4	58	Janelle ECKL	#1 SUNY Geneseo	N E 1.57m	5-1¾	12/9
4	58	Michaela LEVESQUE	#4 SUNY Brockport	N E 1.57m	5-1¾	12/9
4	58	Amina SINCLAIR	#6 Utica	N E 1.57m	5-1¾	12/10
7	87	Hayden WILLIAMSON	#16 Houghton	1.55m	5-1	1/21
7	87	Ezri SCOTT	#12 NYU	1.55m	5-1	1/20
9		Sydney LASALLE	#7 Nazareth	1.54m	5-½	1/21
9		Destiny RIVERA	#11 Buffalo State	1.54m	5-½	1/21

Women's Pole Vault

1	9	Sara ALTONEN	#2 Ithaca	N E 3.70m	12-1½	1/21
2	14	Madeline O'CONNELL	#3 Rochester (N.Y.)	N E 3.65m	11-11¾	12/9
2	14	Meghan MATHENY	#2 Ithaca	N E 3.65m	11-11¾	1/14
2	14	Martha KEMP-NEILSON	#2 Ithaca	N E 3.65m	11-11¾	1/28
5	42	Kennedy HEICHEL	#2 Ithaca	N E 3.35m	10-11¾	1/21
6	52	Catherine FOX	#10 RIT	N E 3.30m	10-9¾	1/27
7	76	Cara PELLECHIA	#21 Fredonia	N E 3.20m	10-6	12/2
7	76	Isabel MORSE	#7 Nazareth	N E 3.20m	10-6	1/21
7	76	Madison KAPPELER	#17 Penn State Behr	N E 3.20m	10-6	1/27
7	76	Erin EASTWOOD	#2 Ithaca	N E 3.20m	10-6	1/28
7	76	Ashley HEFFERNAN	#3 Rochester (N.Y.)	N E 3.20m	10-6	1/21
7	76	Jamie ROSSIG	#2 Ithaca	N E 3.20m	10-6	1/14
7	76	Becca BREADY	#8 SUNY Cortland	N E 3.20m	10-6	1/28



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Niagara

Women's Long Jump

1	4	Veronica DUELL	#5	St. John Fisher	N E 5.62m	18-5¼	1/28
2	6	Michaela KURBS	#5	St. John Fisher	N E 5.61m	18-5	12/9
3	10	Logan BRUCE	#2	Ithaca	N E 5.58m	18-3¾	1/21
3	10	Brenna JOHNSON	#7	Nazareth	N E 5.58m	18-3¾	1/28
5	17	Mia MONTGOMERY	#4	SUNY Brockport	N E 5.51m	18-1	12/9
6	27	Sara BROWN	#2	Ithaca	N E 5.44m	17-10¼	1/28
7	34	Alyssa HOOGS	#3	Rochester (N.Y.)	N E 5.41m	17-9	12/9
8	38	Hannah RAGULE	#7	Nazareth	N E 5.40m	17-8¾	1/21
9	42	Katelyn JACQUES	#1	SUNY Geneseo	N E 5.38m	17-8	12/2
10	53	Allyson SUROWICK	#1	SUNY Geneseo	N E 5.33m	17-6	1/28

Women's Triple Jump

1	15	Katelyn JACQUES	#1	SUNY Geneseo	N E 11.55m	37-10¾	12/2
2	25	Ally ALVIRA	#1	SUNY Geneseo	N E 11.31m	37-1¼	12/9
3	56	Hannah RAGULE	#7	Nazareth	N E 10.98m	36-¼	1/28
3	56	Alyssa HOOGS	#3	Rochester (N.Y.)	N E 10.98m	36-¼	12/9
5	58	Laura MEADE	#6	Utica	N E 10.97m	36-0	12/3
6	88	Areyanna MCCARTHY	#12	NYU	N E 10.72m	35-2	1/28
6	88	Isabella HEATH	#7	Nazareth	N E 10.72m	35-2	1/28
8	90	Cora ROSE	#3	Rochester (N.Y.)	N E 10.71m	35-1¾	12/9
9	99	Allison REGNANTE	#10	RIT	10.64m	34-11	12/9
10		Ashleigh BARRETT	#3	Rochester (N.Y.)	10.61m	34-9¾	12/9

Women's Shot Put

1	19	Sarah CROCKETT	#4	SUNY Brockport	N E 13.11m	43-¼	1/21
1	19	Jane FAHY	#6	Utica	N E 13.11m	43-¼	1/27
3	29	Isabella FABRIZIO	#9	SUNY Oneonta	N E 12.92m	42-4¾	1/27
4	52	Lily SEYFERT	#2	Ithaca	N E 12.38m	40-7½	1/28
5	56	Zoe CONNER	#1	SUNY Geneseo	N E 12.36m	40-6¾	1/21
6	93	Emelene BUREK	#9	SUNY Oneonta	N E 11.89m	39-¼	1/27
6	93	Maleenah ORTIZ	#4	SUNY Brockport	N E 11.89m	39-¼	12/9
8	95	Makenna KING	#5	St. John Fisher	N E 11.88m	38-11¾	1/21
9		Moriah BYRD	#2	Ithaca	N E 11.84m	38-10¼	12/3
10		Trinity DEES	#4	SUNY Brockport	N E 11.51m	37-9¼	1/21

Women's Weight Throw

1	12	Sarah CROCKETT	#4	SUNY Brockport	N E 17.13m	56-2½	1/21
2	26	Lea RICHARD	#7	Nazareth	N E 16.22m	53-2¾	1/28
3	35	Zoe CONNER	#1	SUNY Geneseo	N E 15.87m	52-¾	1/28
4	49	Emma KINNICUTT	#4	SUNY Brockport	N E 15.40m	50-6¼	1/21
5	54	Sarah PARR	#8	SUNY Cortland	N E 15.15m	49-8½	12/3
6	73	Gabrielle DESANCTIS	#6	Utica	N E 14.83m	48-8	12/3
7	93	Isabella FABRIZIO	#9	SUNY Oneonta	N E 14.49m	47-6½	1/27
8	99	Lauren JAKLITSCH	#1	SUNY Geneseo	N E 14.40m	47-3	1/28
9		Gillian REEDER	#3	Rochester (N.Y.)	N E 14.38m	47-2¼	12/9
10		Emilia COSTELLO	#6	Utica	N E 14.23m	46-8¼	1/14

Women's Pentathlon

1	34	Emma TAGGART	#14	Alfred State	N E 2,859	1/27
2	39	Laura MEADE	#6	Utica	2,830	12/10
3	53	Leah BASEL	#13	Hamilton	2,627	12/10
4	70	Nora DEVITT	#6	Utica	2,423	1/27
5	96	Hayleigh GIRARD	#15	SUNY Cobleskill	1,984	12/10
6		Giovanna WALL	#19	Hartwick	1,628	1/27
7		Shealinn STEVENS	#15	SUNY Cobleskill	1,580	12/10
8		Lilly SWYERS	#15	SUNY Cobleskill	1,349	12/10
9		Jessica CARNEY	#15	SUNY Cobleskill	1,118	12/10



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North

Women's 60 Meters

1	2	Tina SHELTON	#8	UW-Whitewater	N E 7.64	1/27
2	4	Birgen NELSON	#5	Gustavus Adolphus	N E 7.68	1/28
3	13	Emily DAWIDOWICH	#1	UW-La Crosse	N E 7.75	1/20
4	18	Rachel CASTELLI	#2	UW-Oshkosh	N E 7.79	12/10
5	19	Lauren JARRETT	#1	UW-La Crosse	N E 7.80	1/20
6	23	Sarah STELLMACH	#12	Bethel (Minn.)	N E 7.81	1/21
7	24	Andrea GLAZ	#2	UW-Oshkosh	N E 7.82	12/10
8	38	Molly GREENINGER	#2	UW-Oshkosh	N E 7.87	12/10
9	43	Jireh BABALOLA	#12	Bethel (Minn.)	N E 7.89	1/21
10	52	Lexi LEFEVER	#7	UW-River Falls	N E 7.91	1/21
10	52	Anna KEGEL	#11	Carthage	N E 7.91	1/27

Women's 60 Meter Hurdles

1	1	Birgen NELSON	#5	Gustavus Adolphus	N E 8.38	12/9
2	4	Emma LAWRENCE	#1	UW-La Crosse	N E 8.73	1/20
3	8	Kelsie SEALOCK	#12	Bethel (Minn.)	N E 8.84	1/21
4	19	Riley KINDT	#2	UW-Oshkosh	N E 8.98	12/10
5	22	Emilee BOOKER	#3	UW-Eau Claire	N E 9.02	1/27
6	41	Lexi LEFEVER	#7	UW-River Falls	N E 9.16	1/27
7	48	Brooke MCDOWELL	#1	UW-La Crosse	N E 9.22	1/20
8	53	Hannah HOLM	#1	UW-La Crosse	N E 9.26	1/27
9	62	Jaryn JOHANSEN	#3	UW-Eau Claire	N E 9.35	1/27
9	62	Rebekah SALFER	#4	St. Olaf	N E 9.35	12/9

Women's 200 Meters

1	3	Birgen NELSON	#5	Gustavus Adolphus	N E 24.83c	12/9
2	5	Emily DAWIDOWICH	#1	UW-La Crosse	N E 24.97	1/20
3	9	Tina SHELTON	#8	UW-Whitewater	N E 25.09c	1/21
4	10	Emma LAWRENCE	#1	UW-La Crosse	N E 25.20	1/20
5	15	Lexi LEFEVER	#7	UW-River Falls	N E 25.29c	1/21
6	27	Mikayla JACKSON	#2	UW-Oshkosh	N E 25.68c	12/10
7	29	Lauren JARRETT	#1	UW-La Crosse	N E 25.69	1/20
8	30	Andrea GLAZ	#2	UW-Oshkosh	N E 25.72c	12/10
9	34	Megan GERAETS	#5	Gustavus Adolphus	N E 25.82c	1/28
10	50	Rachel CASTELLI	#2	UW-Oshkosh	N E 25.99c	12/10

Women's 400 Meters

1	15	Allison HOOKUM	#18	Augsburg	N E 58.15c	1/28
2	23	Cyna MADIGAN	#2	UW-Oshkosh	N E 58.50c	1/21
3	38	Megan GERAETS	#5	Gustavus Adolphus	N E 59.41c	1/28
4	39	Amber JOHNSON	#1	UW-La Crosse	N E 59.45	1/20
5	45	Lilly HALVORSON	#1	UW-La Crosse	N E 59.61	1/20
6	46	Izi KNOERNSCHILD	#1	UW-La Crosse	N E 59.63	1/20
7	49	Grace LUNDIE	#1	UW-La Crosse	N E 59.67c	1/27
8	51	Lauren BERG	#13	Saint Benedict	N E 59.79c	1/14
9	64	Sarah LANGLOIS	#7	UW-River Falls	N E 59.98c	1/21
10	67	Ellie JILLSON	#1	UW-La Crosse	N E 1:00.02c	1/27

Women's 800 Meters

1	3	Cyna MADIGAN	#2	UW-Oshkosh	N E 2:12.60c	12/2
2	4	Brooke WELLHAUSEN	#10	UW-Stevens Point	N E 2:13.98c	1/27
3	16	Libby GEISNESS	#2	UW-Oshkosh	N E 2:16.79	1/27
4	17	Paige FASSBENDER	#8	UW-Whitewater	N E 2:16.82c	1/27
5	21	Greta KOEHLER	#1	UW-La Crosse	N E 2:17.10c	1/27
6	23	Anna SCHUETH	#3	UW-Eau Claire	N E 2:17.94c	1/27
7	30	Ashley KACHURIK	#3	UW-Eau Claire	N E 2:18.60c	1/27
8	31	Kaitlyn GALGON	#17	UW-Platteville	N E 2:18.77	1/27
9	35	Joséphine MAKURAT	#2	UW-Oshkosh	N E 2:18.92c	1/21
10	60	Sydney REISNER	#14	UW-Stout	N E 2:20.48c	1/27

Women's Mile

1	3	Maddie HANNAN	#1	UW-La Crosse	N E 4:55.78	1/20
2	4	Christine ALBRECHT	#4	St. Olaf	N E 4:55.83c	1/21
3	9	Clara MAYFIELD	#6	Carleton	N E 4:57.06c	1/21
4	18	Rachel EHRHART	#22	Edgewood	N E 5:00.29c	12/10
5	19	Amelia LEHMAN	#2	UW-Oshkosh	N E 5:00.58c	12/10
6	30	Maddy VANTASSEL	#1	UW-La Crosse	N E 5:02.58c	1/21
7	40	Emma MALOOLY	#1	UW-La Crosse	N E 5:05.29	1/20
8	50	Hannah PREISSER	#6	Carleton	N E 5:06.91c	1/21
9	51	Julia ANDERSON	#1	UW-La Crosse	N E 5:06.93c	1/21
10	53	Carolyn SHULT	#3	UW-Eau Claire	N E 5:07.13c	1/21

Women's 3000 Meters

1	2	Fiona SMITH	#13	Saint Benedict	N E 9:40.53c	1/14
2	5	Clara MAYFIELD	#6	Carleton	N E 9:47.13c	1/13
3	18	Helen CROSS	#6	Carleton	N E 9:57.80c	1/13
4	27	Christine ALBRECHT	#4	St. Olaf	N E 10:01.37c	1/13
5	29	Carolyn SHULT	#3	UW-Eau Claire	N E 10:02.21c	1/27
6	30	Sofia CARLSON	#4	St. Olaf	N E 10:02.64c	1/13
7	39	Amelia LEHMAN	#2	UW-Oshkosh	N E 10:06.60c	12/2
8	49	Alison BODE	#4	St. Olaf	N E 10:11.53c	1/13
9	51	Libby ROWLAND	#6	Carleton	N E 10:12.46c	1/13
10	55	Hannah PREISSER	#6	Carleton	N E 10:13.84c	1/13

Women's 5000 Meters

1	1	Fiona SMITH	#13	Saint Benedict	N E 16:28.97c	1/27
2	4	Clara MAYFIELD	#6	Carleton	N E 16:31.05c	1/27
3	6	Sofia CARLSON	#4	St. Olaf	N E 16:58.15c	1/27
4	9	Alison BODE	#4	St. Olaf	N E 17:10.20c	1/27
5	11	Hannah PREISSER	#6	Carleton	N E 17:14.85c	1/27
6	59	Mikayla FLYTE	#15	Ripon	N E 18:23.01c	1/21
7	86	Ali DENAMUR	#15	Ripon	18:41.53c	1/21
8	95	Emily KERN	#25	Saint Mary's (Mi)	18:46.85c	1/28
9		Gracia LARSEN-SCHMIDT	#4	St. Olaf	18:52.50c	1/27
10		Natalie PAKOSZ	#15	Ripon	19:05.89c	1/21



Regional TFRI Event Summary

as of 1/30/2023 6:50:02 AM

North

Women's 4x400 Relay

1	8	Amber JOHNSON, Brooke MCDOWELL, Izi KNOERNSCHILD, Lilly HALVORSON	#1 UW-La Crosse	3:56.62	1/20
2	21	Olivia STENZEL, Alaina WAGNER, Josephine MAKURAT, Cyna MADIGAN	#2 UW-Oshkosh	4:03.70c	12/10
3	25	Sammy BRAUNLICH, Sarah LANGLOIS, Lexi LEFEVER, Sarah HANSEN	#7 UW-River Falls	4:04.58c	1/21
4	27	Mackenzie JOHNSON, Shelby KLOBUCAR, Kylee SAUERS, Ashley BARTELT	#10 UW-Stevens Poi	4:05.02c	1/27
5	28	Addie MANGOLD, Emilee BOOKER, Chelsea DANNER, Jane KAUTZ	#3 UW-Eau Claire	4:05.72c	1/21
6	41	Olivia MILLER, Payton RAHN, Jenny CORTES, Isabelle WILLETT	#15 Ripon	4:10.13c	1/27
7	44	Hadley TWICHELL, Jocelyn FERGUSON, Mary BLANCHARD, Alice CUTTER	#6 Carleton	4:10.62c	1/27
8	59	Riki POORE, Abbie MANHARD, Ququ HOLMAN, Emma STORBAKKEN	#4 St. Olaf	4:12.12c	1/28
9	61	Morgan DEAN, Grace ROBINSON, Caitlyn WRZESIEN, Caley WRZESIEN	#12 Bethel (Minn.)	4:12.29c	1/21
10	68	Sidela NYUGA, Brooke VERKINNES, Kalli SMITH, Lauren BERG	#13 Saint Benedict	4:13.34c	1/14

Women's Distance Medley Relay

1	25	Paige FASSBENDER, Kayleigh THOMAS, Roxanne TEMPLE, Jill CAVANAUGH	#8 UW-Whitewater	13:36.45c	1/21
2	31	Peyton OPSAHL, Marlee DIETRICH, Cailyn KUECHLE, Erin BORASH	#7 UW-River Falls	13:52.88c	1/21
3	37	Olivia SHIP, Natalie DRANE, Veronika COLON TORRES, Ella JERDEE	#9 St. Norbert	14:12.03c	1/27
4	57	Simone DE MONTIGNY, Jade MOSQUERA, Rose LOOS-AUSTIN, Carter BROWNE	#23 Beloit	15:03.08c	1/21
5	58	Jeanna SCANLON, Halle BARKER, Cora HUDELLA, Tea BOERNER	#24 UW-Superior	15:10.35c	1/21

Women's High Jump

1	2	Ainsley HANSEN	#1 UW-La Crosse	N E 1.72m	5-7¾	1/27
2	5	Macie TODD	#1 UW-La Crosse	N E 1.69m	5-6½	1/27
3	28	Madeline ZIRBEL	#10 UW-Stevens Poi	E 1.61m	5-3¼	1/27
4	31	Emma GRUEN	#3 UW-Eau Claire	N E 1.60m	5-3	1/21
5	43	Lexi COLE	#14 UW-Stout	N E 1.59m	5-2½	1/27
5	43	Olivia OWENS	#1 UW-La Crosse	N E 1.59m	5-2½	1/21
7	46	Hannah ZASTROW	#3 UW-Eau Claire	N E 1.58m	5-2¼	1/27
7	46	Rachel AMOTH	#7 UW-River Falls	N E 1.58m	5-2¼	12/9
9	58	Megan HUNT	#2 UW-Oshkosh	N E 1.57m	5-1¾	12/2
10	74	Alia VANDERHOEF	#1 UW-La Crosse	N E 1.56m	5-1¼	1/27
10	74	Ally RAKOW	#5 Gustavus Adolph	E 1.56m	5-1¼	12/9
10	74	Sydney HALVERSEN	#16 Carroll (Wis.)	N E 1.56m	5-1¼	12/2

Women's Pole Vault

1	5	Gracie HOLLAND	#8 UW-Whitewater	N E 3.74m	12-3¼	1/27
1	5	Ashley O'CONNELL	#1 UW-La Crosse	N E 3.74m	12-3¼	1/27
3	7	Leah ZASTROW	#3 UW-Eau Claire	N E 3.73m	12-2¾	1/27
4	12	Annika GUNDERSON	#7 UW-River Falls	N E 3.68m	12-¾	1/21
5	20	Araceli DE LEO LOPEZ	#1 UW-La Crosse	N E 3.59m	11-9¼	1/27
6	30	Nina MORRISON	#1 UW-La Crosse	N E 3.44m	11-3½	1/27
6	30	Abby MEIDL	#1 UW-La Crosse	N E 3.44m	11-3½	1/27
8	32	Haley BLAGDON	#3 UW-Eau Claire	N E 3.43m	11-3	1/27
8	32	Haley KANITZ	#2 UW-Oshkosh	N E 3.43m	11-3	1/27
10	49	Grace KOWALKOWSKI	#9 St. Norbert	N E 3.33m	10-11	12/2



Regional TFRI Event Summary

as of 1/30/2023 6:50:02 AM

North

Women's Long Jump

1	4	Maddie HANSEN	#1 UW-La Crosse	N E 5.62m	18-5¼	1/27
2	12	Ava FOLEY	#1 UW-La Crosse	N E 5.57m	18-3¼	1/27
3	18	Hailie KENT	#1 UW-La Crosse	N E 5.49m	18-¼	1/27
4	24	Sydney SPAETH	#9 St. Norbert	N E 5.47m	17-11½	12/2
5	27	Annika MULLER	#4 St. Olaf	N E 5.44m	17-10¼	12/3
6	32	Maya HIELSCHER	#20 Concordia Wisc	N E 5.42m	17-9½	1/21
7	34	Jenna DRISCOLL	#14 UW-Stout	N E 5.41m	17-9	1/27
8	43	Olivia MILLER	#15 Ripon	N E 5.36m	17-7	1/27
9	46	Megan GERAETS	#5 Gustavus Adolph	N E 5.35m	17-6¾	1/21
10	49	Lexi LEFEVER	#7 UW-River Falls	N E 5.34m	17-6¼	1/14

Women's Triple Jump

1	3	Miah KELLER	#1 UW-La Crosse	N E 11.95m	39-2½	1/21
2	7	Hailie KENT	#1 UW-La Crosse	N E 11.78m	38-7¾	1/21
3	9	Madi KES	#5 Gustavus Adolph	N E 11.70m	38-4¾	1/21
4	11	Journey AMUNDSON	#21 Macalester	N E 11.63m	38-2	1/21
5	12	Sydney SPAETH	#9 St. Norbert	N E 11.61m	38-1¼	1/27
6	13	Kylah FREDERIXON	#1 UW-La Crosse	N E 11.60m	38-¾	1/21
7	18	Abigail CALHOUN	#11 Carthage	N E 11.50m	37-8¾	1/20
8	19	Annika MULLER	#4 St. Olaf	N E 11.48m	37-8	1/28
9	21	Ellie HERNES	#12 Bethel (Minn.)	N E 11.39m	37-4½	1/28
10	23	Stephanie WITBROD	#19 Bethany Lutheran	N E 11.38m	37-4	12/3

Women's Shot Put

1	1	Vanessa UITENBROEK	#16 Carroll (Wis.)	N E 14.64m	48-½	12/10
2	2	Skye DIGMAN	#1 UW-La Crosse	N E 14.55m	47-9	1/27
3	3	Annika POE	#5 Gustavus Adolph	N E 14.38m	47-2¼	1/28
4	4	Catie FOBBE	#3 UW-Eau Claire	N E 14.33m	47-¼	1/27
5	7	Aubrey SCHOENEMAN	#11 Carthage	N E 13.87m	45-6¼	1/20
6	8	Katie FRUTH	#2 UW-Oshkosh	N E 13.64m	44-9	1/21
7	9	Brenna MASLOROFF	#2 UW-Oshkosh	N E 13.51m	44-4	12/2
8	11	Kayla BEHNKE	#3 UW-Eau Claire	N E 13.45m	44-1½	1/27
9	13	Brenna NOON	#17 UW-Platteville	N E 13.43m	44-¾	1/28
10	15	Emma ROETHLER	#12 Bethel (Minn.)	N E 13.37m	43-10½	1/21

Women's Weight Throw

1	2	Skye DIGMAN	#1 UW-La Crosse	N E 18.36m	60-3	1/27
2	5	Brenna MASLOROFF	#2 UW-Oshkosh	N E 17.74m	58-2½	12/10
3	6	Catie FOBBE	#3 UW-Eau Claire	N E 17.73m	58-2	1/27
4	14	Alexis MATTOX	#11 Carthage	N E 17.03m	55-10½	12/3
5	16	Hannah LIZANO	#11 Carthage	N E 16.98m	55-8½	12/3
6	23	Vanessa UITENBROEK	#16 Carroll (Wis.)	N E 16.47m	54-½	1/21
7	24	Paulina WIENKE	#17 UW-Platteville	N E 16.43m	53-11	1/28
8	27	Lily BENEKE	St. Scholastica	N E 16.21m	53-2¼	12/10
9	30	Allyson KANGAS	Concordia Moor	N E 16.13m	52-11	1/27
10	31	Teagan JONES	#3 UW-Eau Claire	N E 16.06m	52-8¼	1/21

Women's Pentathlon

1	6	Lauren ROTTIER	#9 St. Norbert	N E 3,371	1/27
2	8	Jane KAUTZ	#3 UW-Eau Claire	N E 3,279	1/27
3	9	Lexi LEFEVER	#7 UW-River Falls	N E 3,270	1/27
4	13	Skylar WHITE	#1 UW-La Crosse	N E 3,157	1/27
5	14	Noelle HACKENMUELLER	#1 UW-La Crosse	N E 3,147	1/27
6	15	Allison ANDERSON	#1 UW-La Crosse	N E 3,140	1/27
7	16	Stephanie WITBROD	#19 Bethany Lutheran	N E 3,107	1/27
8	18	Emilee BOOKER	#3 UW-Eau Claire	N E 3,095	1/27
9	20	Emma GRUEN	#3 UW-Eau Claire	N E 3,086	1/27
10	21	Amber GROSSE	#1 UW-La Crosse	N E 3,037	1/27



Regional TFRI Event Summary

as of 1/30/2023 6:50:02 AM

South

Women's 60 Meters

1	4	Adalia COLEMAN	#15	Bridgewater (Va)	E 7.68	1/20
1	4	Katelyn GAMBLE	#3	Washington and	E 7.68	1/27
3	12	Olivia FREEMAN	#7	Rhodes	N E 7.74	12/2
4	14	Mariah BROOKS	#12	North Carolina W	E 7.76	12/3
5	16	Ahnia CHERRY	#12	North Carolina W	E 7.77	12/3
6	26	Jailah LOVING	#18	Birmingham-Sow	E 7.84	1/15
7	52	Audrey JOHNSON	#1	Emory	N E 7.91	1/20
8	68	Sydney TRUSSELL	#5	Christopher New	E 7.95	12/3
9	76	Julia HATHAWAY	#9	Virginia Wesleyan	E 7.97	1/20
10	80	Ella LAVELLE	#1	Emory	N E 7.98	12/2

Women's 60 Meter Hurdles

1	6	Aniya SEWARD	#2	Lynchburg	N E 8.77	12/3
2	26	Jailah LOVING	#18	Birmingham-Sow	E 9.07	1/28
3	34	Hannah BODUS	#1	Emory	N E 9.11	1/15
4	39	Alyssa ROACH	#5	Christopher New	E 9.15	12/3
5	41	Hannah SNODGRASS	#4	Roanoke	N E 9.16	1/20
6	45	Amaya MARTIN	#1	Emory	N E 9.21	12/2
7	54	Betsy MOHNKERN	#2	Lynchburg	N E 9.27	1/20
8	61	Klaudia KOSA	#1	Emory	N E 9.34	1/15
9	85	Lindsey HOBIN	#4	Roanoke	N E 9.45	12/9
10	92	Madelyn VENABLE	#3	Washington and	E 9.47	12/3

Women's 200 Meters

1	14	Mariah BROOKS	#12	North Carolina W	E 25.26	1/20
2	23	Sydney TRUSSELL	#5	Christopher New	E 25.59	1/21
3	32	Ahnia CHERRY	#12	North Carolina W	E 25.78	1/20
4	42	Adalia COLEMAN	#15	Bridgewater (Va)	E 25.88c	1/27
5	43	Haylee GAMBLE	#4	Roanoke	N E 25.89	1/28
6	44	Audrey JOHNSON	#1	Emory	N E 25.92	1/15
7	51	Katelyn GAMBLE	#3	Washington and	E 26.01	12/3
8	54	Olivia FREEMAN	#7	Rhodes	N E 26.02	12/2
9	63	Dashiel Tao HARRIS	#1	Emory	N E 26.12	12/2
10	81	Aniya SEWARD	#2	Lynchburg	N E 26.22	12/3

Women's 400 Meters

1	17	Libby RANOCHA	#1	Emory	N E 58.18	1/15
2	30	Dashiel Tao HARRIS	#1	Emory	N E 59.16	1/15
3	33	Haylee GAMBLE	#4	Roanoke	N E 59.26	1/28
4	41	Sydney TRUSSELL	#5	Christopher New	E 59.51c	1/29
5	47	Adrianna DESANTIS	#5	Christopher New	E 59.64	1/21
6	69	Vuronika BARNES	#2	Lynchburg	N E 1:00.03	1/28
7	70	Julia HATHAWAY	#9	Virginia Wesleyan	E 1:00.05	1/21
8	71	Mikayla HEFFERON	#4	Roanoke	N E 1:00.06	1/28
9		Kacee HOOKER	#15	Bridgewater (Va)	E 1:00.72c	1/20
10		Jordynn PALETHORPE	#3	Washington and	E 1:00.78	12/3

Women's 800 Meters

1	32	Libby RANOCHA	#1	Emory	N E 2:18.78	12/2
2	53	Emily MOEHRINGER	#11	Catholic (D.C.)	N E 2:20.14c	1/21
3	58	Hailey SMITH	#2	Lynchburg	N E 2:20.40	1/28
4	76	Kyandra CHANDLER	#13	Southern Virgin	E 2:21.15c	1/20
5	85	Sydney HOLDEN	#1	Emory	N E 2:21.59	12/2
6	LE+0:	Kate SCIBELLI	#3	Washington and	E 2:22.72	1/27
7		Luna MCCAULEY	#1	Emory	N E 2:23.97	1/20
8		Payton SULLIVAN	#1	Emory	N E 2:24.58	12/2
9		Lauren MASSEY	#2	Lynchburg	N E 2:25.57	1/28
10		Jaycie PONCE	#20	Piedmont	N E 2:26.05c	1/20

Women's Mile

1	6	Annika URBAN	#1	Emory	N E 4:56.66	1/20
2	39	Madison LOWERY	#19	Pfeiffer	N E 5:05.13c	12/4
3	57	Molly SILVA	#2	Lynchburg	N E 5:07.43	1/28
4	72	Lauren MASSEY	#2	Lynchburg	N E 5:09.13	1/28
5	81	Hailey SMITH	#2	Lynchburg	N E 5:10.18	1/28
6		Kelsey LAGUNAS	#2	Lynchburg	N E 5:13.04	1/19
7		Allison DELL	#2	Lynchburg	N E 5:14.93	1/19
8		Shana FITZMAURICE	#1	Emory	N E 5:18.46	1/15
9		Kyandra CHANDLER	#13	Southern Virgin	E 5:19.17	1/13
10		Kristen CLOGDO	#3	Washington and	E 5:19.27	1/27

Women's 3000 Meters

1	43	Isabel ZIMMERMANN	#8	Meredith	N E 10:08.17c	1/14
2	66	Corrine WEAVER	#8	Meredith	N E 10:17.45c	1/14
3	69	Allison DELL	#2	Lynchburg	N E 10:18.45	1/28
4	92	Lauren MASSEY	#2	Lynchburg	N E 10:24.35	1/19
5	LE+0:	Kelsey LAGUNAS	#2	Lynchburg	N E 10:26.51	1/28
6		Parker HAWK	#3	Washington and	E 10:27.87c	1/15
7		Kyandra CHANDLER	#13	Southern Virgin	E 10:30.51	1/27
8		Kate INGLIS	#11	Catholic (D.C.)	N E 10:31.73	1/14
9		Sarah JAMES	#2	Lynchburg	N E 10:34.30	1/28
10		Carolyn TODD	#3	Washington and	10:36.23c	1/15

Women's 5000 Meters

1	2	Annika URBAN	#1	Emory	N E 16:29.14	12/3
2	28	Corrine WEAVER	#8	Meredith	N E 17:45.79c	1/20
3	34	Isabel ZIMMERMANN	#8	Meredith	N E 17:51.01c	1/20
4	40	Carolyn TODD	#3	Washington and	E 17:56.51	1/27
5	45	Liesl SCHERRER	#1	Emory	N E 18:01.81	1/20
6	52	Kate INGLIS	#11	Catholic (D.C.)	N E 18:12.32c	1/27
7		Julia DANKO	#1	Emory	19:00.93	1/20
8		Sasha WILLIE	#13	Southern Virgini	19:02.72c	12/9
9		Jenna WEAVER	#6	Eastern Mennon	19:09.59c	1/20
10		Maddy RAWLINGS	#5	Christopher Nev	19:16.04	1/13



Regional TFRI Event Summary

as of 1/30/2023 6:50:02 AM

South

Women's 4x400 Relay

1	17	Mina LEOPOLD, Libby RANOCHA, Paige MURDOCK, Dashiel Tao HARRIS	#1 Emory	4:02.50	12/2
2	23	Vuronika BARNES, Allison BOBST, Madelyn BOYCE, Betsy MOHNKERN	#2 Lynchburg	4:04.54	1/28
3	32	Lauren HENSON, Haylee GAMBLE, Maryrose MOLINA- SHUMAN, Mikayla HEFFERON	#4 Roanoke	4:07.93c	1/20
4	49	Paige TULENKO, Jordynn PALETHORPE, Jesma EVANS, Kate SCIBELLI	#3 Washington and	4:11.36c	1/15
5	68	Amia BARNES, Julia HATHAWAY, Casey STEDMAN, Yadeja BRITTON	#9 Virginia Wesleya	4:13.34	1/21
6	89	Ava DUNN, Olivia FREEMAN, Megan WEILMUNSTER, Rachel SULLIVAN	#7 Rhodes	4:15.28	12/2
7	91	Leighan WILLIAMS, Marianna MOELL, Sarah NELSON, Emily THOMPSON	#14 Berry	4:15.89	1/15
8	92	Adrianna DESANTIS, Sydney TRUSSELL, Casey YENYO, Ainsley MILLER	#5 Christopher Nev	4:16.21	1/21
9		Kacee HOOKER, Adalia COLEMAN, Cassidy OLIVER, Jade BUCKLES	#15 Bridgewater (Va	4:18.19c	1/20
10		Kendra OGUAMENA, Elili ASEFA, Vanessa GARDINER, Ray Ray TAYLOR	#6 Eastern Mennon	4:18.45c	1/15

Women's Distance Medley Relay

1	11	Eliza DANA, Adrianna DESANTIS, Kenzie HURLEY, Mae SAVOIE	#5 Christopher Nev	12:53.88c	1/29
2	13	Jesma EVANS, Jensen ROCHA, Kate SCIBELLI, Mimi KEMP	#3 Washington and	13:06.34	12/3
3	18	Lucy UNZICKER, Elili ASEFA, Vanessa GARDINER, Halie MAST	#6 Eastern Mennon	13:21.29c	1/20
4	29	Skyler SEEBER, Anna GIBSON, LeeAnn LAWRENCE, Jaycie PONCE	#20 Piedmont	13:50.62	1/15
5	50	Ashley BROWN, Zoe DUNLAP, Abby CASEN, Lauren BROWN	#4 Roanoke	14:50.65c	1/20
6	59	Dawn FORREST, Holly HYLTON, Madison BROUSSEAU, Sylvia GUILLET	Hollins	15:16.82c	1/20
7	62	Rhiannon SEVIER, Aleah VESS, Kate SMITH, Breanna SMITH	Huntingdon (Ala	15:40.28	12/2

Women's High Jump

1	31	Camille GILLUM	#3 Washington and	1.60m	5-3	1/15
2	46	Alyssa ROACH	#5 Christopher Nev	1.58m	5-2¼	1/13
3	74	Kim RODEN	#4 Roanoke	1.56m	5-1¼	1/28
4	87	Rachel SULLIVAN	#7 Rhodes	1.55m	5-1	12/2
4	87	Kaitlyn NGUYEN	#4 Roanoke	1.55m	5-1	12/9
4	87	Jilane PEDERSEN	#13 Southern Virgini	1.55m	5-1	12/9
7		Norah CIANO	#9 Virginia Wesleya	1.54m	5-½	1/21
8		Cammi WINSTON	#4 Roanoke	1.53m	5-¼	1/20
9		Eleanor HINCKLEY	#4 Roanoke	1.51m	4-11½	1/28
10		Ray Ray TAYLOR	#6 Eastern Mennon	1.50m	4-11	1/15
10		Margo FOX	#2 Lynchburg	1.50m	4-11	12/3
10		Elizabeth HERTZBERG	#3 Washington and	1.50m	4-11	12/3
10		Courtney CUTTING	#11 Catholic (D.C.)	1.50m	4-11	12/3
10		Yadeja BRITTON	#9 Virginia Wesleya	1.50m	4-11	1/20
10		Emma CHRISTENSEN	Covenant	1.50m	4-11	1/14
10		Katya HOOVER	#10 Shenandoah	1.50m	4-11	1/15
10		Kym YOUNG	#7 Rhodes	1.50m	4-11	1/21
10		Hailey WRIGHT	#25 Oglethorpe	1.50m	4-11	12/2



Regional TFRI Event Summary

as of 1/30/2023 6:50:02 AM

South

Women's Pole Vault

1	7	Ace COLE	#7 Rhodes	N E 3.73m	12-2¾	1/21
2	26	Lauren ANDERSON	#2 Lynchburg	N E 3.45m	11-3¾	1/13
3	76	Allison BOBST	#2 Lynchburg	N E 3.20m	10-6	1/20
3	76	Ashley D'AMBROSIA	#3 Washington and	N E 3.20m	10-6	12/3
3	76	Alex FEURER	#1 Emory	N E 3.20m	10-6	1/20
6		Claire COLEMAN	#3 Washington and	3.05m	10-0	1/20
6		Chloe VAN DUYNE	#4 Roanoke	3.05m	10-0	12/9
8		Maya IHLING	#7 Rhodes	2.95m	9-8	12/2
9		Tasha MILLER	#4 Roanoke	2.94m	9-7¾	1/28
10		Madeline HUBBERT	#14 Berry	2.93m	9-7¼	1/21

Women's Long Jump

1	9	Alyssa ROACH	#5 Christopher New	E 5.59m	18-4¼	1/13
2	13	Ray Ray TAYLOR	#6 Eastern Mennon	w E 5.56m	18-3	1/13
3	41	Kaitlin MEASELL	#10 Shenandoah	N E 5.39m	17-8¼	12/3
4	81	Brandi GARDNER	#22 Methodist	N E 5.25m	17-2¾	12/3
5	95	Emily THOMPSON	#14 Berry	N E 5.21m	17-1¼	1/28
6		Hannah BODUS	#1 Emory	N E 5.18m	17-0	12/2
7		Julia HATHAWAY	#9 Virginia Wesleya	w E 5.17m	16-11½	12/3
8		Hannah WETZEL	#17 Gallaudet	N E 5.16m	16-11¼	1/27
8		Madelyn VENABLE	#3 Washington and	w E 5.16m	16-11¼	1/15
10		Alexis HUBBARD	#10 Shenandoah	5.12m	16-9¾	1/27

Women's Triple Jump

1	8	Aniya SEWARD	#2 Lynchburg	N E 11.71m	38-5	1/28
2	45	Ray Ray TAYLOR	#6 Eastern Mennon	w E 11.06m	36-3½	1/13
3	72	Madelyn VENABLE	#3 Washington and	w E 10.85m	35-7¼	12/3
4	91	Audrey JOHNSON	#1 Emory	N E 10.70m	35-1¼	12/2
5		Caroline HANSEN	#1 Emory	10.63m	34-10½	1/15
6		Hannah WETZEL	#17 Gallaudet	10.56m	34-7¾	1/27
7		Selah EUM	#1 Emory	10.53m	34-6¾	1/20
8		Ophelia LADNER	#4 Roanoke	10.47m	34-4¼	1/28
8		Kaitlin BOWER	Mary Baldwin	10.47m	34-4¼	12/3
10		Cammi WINSTON	#4 Roanoke	10.44m	34-3	12/9

Women's Shot Put

1	24	Midajah DAVIS	#17 Gallaudet	N E 13.04m	42-9½	1/15
2	59	Sarah FINEMAN	#1 Emory	N E 12.34m	40-6	1/20
3	98	Samantha HEALY	#16 Marymount (Va.)	N E 11.86m	38-11	1/21
4		Portia JONES	#23 Guilford	N E 11.74m	38-6¼	1/22
5		Jelesia BROWN	#21 Belhaven (Miss.)	w E 11.57m	37-11½	1/21
5		Katherine STEVENS	#5 Christopher New	E 11.57m	37-11½	1/29
7		Ciara DONEGAN	#11 Catholic (D.C.)	N E 11.53m	37-10	1/27
8		Grace FOWLER	#4 Roanoke	N E 11.52m	37-9½	1/28
9		Kiara FELSTON	#10 Shenandoah	N E 11.48m	37-8	1/21
10		Malysha WINSTON	#14 Berry	N E 11.43m	37-6	1/15

Women's Weight Throw

1	19	Kiara FELSTON	#10 Shenandoah	N E 16.74m	54-11¼	12/3
2	29	Nyah WILLIS	#1 Emory	N E 16.17m	53-¾	1/15
3	42	Samantha HEALY	#16 Marymount (Va.)	N E 15.56m	51-¾	1/27
4	88	Grace FOWLER	#4 Roanoke	N E 14.63m	48-0	1/28
5	97	Katherine STEVENS	#5 Christopher New	E 14.41m	47-3½	1/13
6		Jada NOEL	#16 Marymount (Va.)	N E 14.07m	46-2	1/27
7		Bailey HEDGEMON	#3 Washington and	w E 14.02m	46-0	1/15
8		Grace BUTTIGLIERI	#11 Catholic (D.C.)	N E 13.90m	45-7¼	1/14
9		Elizabeth JONES	#19 Pfeiffer	N E 13.87m	45-6¼	12/4
10		Hope JACKSON	#1 Emory	N E 13.76m	45-1¾	1/15

Women's Pentathlon

1	7	Ray Ray TAYLOR	#6 Eastern Mennon	w E 3,330	12/9
2	10	Alyssa ROACH	#5 Christopher New	E 3,233	1/27
3	83	Norah CIANO	#9 Virginia Wesleya	2,259	1/21



Regional TFRI Event Summary

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West

Women's 60 Meters

1	30	McKenzie FEINGLAS	#9	Linfield	N E 7.85	1/20
2	68	Amelia HEWSON	#2	Whitworth	N E 7.95	1/20
3		Mykler RODERIQUE	#4	St. Thomas (Tex)	E 8.06	1/13
4		Danya SELBER	#1	Trinity (Texas)	8.17	1/21
5		Ebonee NATION	#4	St. Thomas (Tex)	8.18	1/27
5		Avery PUIG	#1	Trinity (Texas)	8.18	1/21
7		Taylor NORRELL	#7	Texas Lutheran	8.21	12/10
8		Jordyn LUNGO	#2	Whitworth	8.23	1/13
8		Clara LIPPERT	#8	Colorado Colleg	8.23c	1/28
10		Trinity PROVOST	#4	St. Thomas (Tex)	8.24	1/27

Women's 60 Meter Hurdles

1	11	Amelia HEWSON	#2	Whitworth	N E 8.90	1/20
2	72	Ebonee NATION	#4	St. Thomas (Tex)	N E 9.39	1/20
3	79	Sophia DELGADO	#4	St. Thomas (Tex)	N E 9.44	1/20
4	85	Naj CAMPBELL	#3	McMurry	N E 9.45	1/21
5		Breanne RAWLS	#2	Whitworth	9.73	1/13
6		Neelie SCHIEL	#12	East Texas Bapti	9.93	12/2
6		Victoria WILSON	#6	LeTourneau	9.93	12/1
8		Avery PUIG	#1	Trinity (Texas)	9.99	12/2
9		Emma FOWKES	#8	Colorado Colleg	10.00c	1/28
10		Hayley HUCK	#1	Trinity (Texas)	10.14	12/2

Women's 200 Meters

1	30	McKenzie FEINGLAS	#9	Linfield	N E 25.72	1/28
2		Clara LIPPERT	#8	Colorado Colleg	N E 26.35c	1/28
3		Sealan LEDAT	#1	Trinity (Texas)	26.97	1/21
4		Naj CAMPBELL	#3	McMurry	27.02	1/21
5		Sophia DELGADO	#4	St. Thomas (Tex)	27.07	1/27
5		Kaela SAWYERS	#4	St. Thomas (Tex)	27.07	1/27
7		Makayla POWELL	#4	St. Thomas (Tex)	27.08	1/27
8		Angelica GATICA GOMEZ	#11	Pacific (Ore.)	27.12	1/21
8		Emma JONES	#8	Colorado Colleg	27.12c	1/28
10		Trinity PROVOST	#4	St. Thomas (Tex)	27.19	1/27

Women's 400 Meters

1		Taylor KOTFAS	#1	Trinity (Texas)	1:01.47	1/21
2		Nakiah TOLBERT	#5	Hardin-Simmon	1:01.59c	1/13
3		Makayla POWELL	#4	St. Thomas (Tex)	1:01.92	1/27
4		Haily BASS	#6	LeTourneau	1:02.02c	1/27
5		Christina STINSON	#4	St. Thomas (Tex)	1:02.09	1/20
6		CC GRAY	#1	Trinity (Texas)	1:02.16	1/21
7		Emily RUTKOWSKI	#11	Pacific (Ore.)	1:02.85	1/21
8		Ashlynn RECKNAGEL	#7	Texas Lutheran	1:03.45c	1/27
9		Ja'Keia WILLIAMS	#7	Texas Lutheran	1:03.53c	1/27
10		Danielle PENA	#5	Hardin-Simmon	1:03.92	1/21

Women's 800 Meters

1		Madelyn BUCKLEY	#2	Whitworth	N E 2:25.15	1/20
2		Hope GREENWALD	#6	LeTourneau	2:28.78c	1/27
3		Madison HABECK	#1	Trinity (Texas)	2:29.95	1/21
4		Gish SAINZ	#1	Trinity (Texas)	2:32.23	1/21
5		Mary STURLEY	#9	Linfield	2:33.96	1/28
6		Emily GNECCO	#1	Trinity (Texas)	2:34.59	1/21
7		Karelann SKINNER	#4	St. Thomas (Tex)	2:35.24	1/27
7		Hailey PEREZ	#4	St. Thomas (Tex)	2:35.24	1/20
9		Ache' ANDERSON	#12	East Texas Bapti	2:36.59	12/2
10		Payton MOORE	#2	Whitworth	2:37.65	1/20

Women's Mile

1		Kylah HOLLAND	#5	Hardin-Simmon	N E 5:17.71	1/21
2		Madelyn BUCKLEY	#2	Whitworth	5:22.99	1/28
3		Abby KLEIN	#11	Pacific (Ore.)	5:27.10	1/21
4		Malia HEIEN	#13	Lewis & Clark	5:27.54	1/21
5		Makayla ERICKSON	#9	Linfield	5:28.07	1/28
6		Gianna KEENA	#1	Trinity (Texas)	5:30.09	1/21
7		Janeth CHACON	#3	McMurry	5:30.94	1/21
8		Ellie CATRON	#1	Trinity (Texas)	5:33.87	1/21
9		Elizabeth BRADLEY	#11	Pacific (Ore.)	5:34.74	1/21
10		Madelyn HUBBS	#11	Pacific (Ore.)	5:38.36	1/21

Women's 3000 Meters

1	88	Sarah PAQUET	#10	Pacific Lutheran	N E 10:23.51	1/14
2		Kylah HOLLAND	#5	Hardin-Simmon	N E 10:31.13c	1/13
3		Janeth CHACON	#3	McMurry	10:52.16	1/21
4		Madelyn BUCKLEY	#2	Whitworth	10:57.21	1/20
5		Makayla ERICKSON	#9	Linfield	11:03.63	1/20
6		Jazmin CHACON	#3	McMurry	11:12.14	1/21
7		Savanna DANNER	#3	McMurry	11:17.42	1/21
8		Haley JACOBSON	#2	Whitworth	11:23.38	1/28
9		Sophia SANCHEZ	#4	St. Thomas (Tex)	11:34.45	1/13
10		Rachel MORRISON	#12	East Texas Bapti	11:37.70	12/2

Women's 5000 Meters

1	41	Kylah HOLLAND	#5	Hardin-Simmon	N E 17:56.54	1/21
2	98	Elaine KASTER	#1	Trinity (Texas)	18:47.85	1/21
3		Em MILLER	#1	Trinity (Texas)	19:46.80	1/21
4		Grace ETZEL	#1	Trinity (Texas)	20:14.45	1/21
5		Lynzie KUTSNER	#1	Trinity (Texas)	20:23.45	1/21



Regional TFRI Event Summary

as of 1/30/2023 6:50:03 AM

West

Women's 4x400 Relay

1	72	Brynn YANEZ, Jacee DINKINS, Naj CAMPBELL, Madelyn GOLLIHAR	#3	McMurry	4:13.53	12/10
2	75	Sealan LEDAT, CC GRAY, Hayley HUCK, Taylor KOTFAS	#1	Trinity (Texas)	4:14.14	1/21
3	83	Haily BASS, Kylee FREEMAN, Hope GREENWALD, Ellie MARSH	#6	LeTourneau	4:14.77c	1/27
4		Emily RUTKOWSKI, Courtney TIERNAN, Dina ALTUHOVS, Angelica GATICA GOMEZ	#11	Pacific (Ore.)	4:19.63	1/21
5		Macy O'HARA, Malia HEIEN, Olivia FARRAR, Ella CHIN	#13	Lewis & Clark	4:19.80	1/21
6		Emma FOWKES, Emma JONES, Asha SONI, Clara LIPPERT	#8	Colorado Colleg	4:21.73c	1/28
7		Danielle PENA, Candice VARNELL, Abigail TSCHACHER, Nakiah TOLBERT	#5	Hardin-Simmon:	4:38.33	1/21

Women's Distance Medley Relay

1	34	Rachel MORRISON, Allyson PROSPERIE, Scarlett PEREZ, Phoebe DUNHAM	#12	East Texas Bapti	13:56.83	12/2
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Women's High Jump

1	31	Breanne RAWLS	#2	Whitworth	N E 1.60m	5-3	1/20
2	58	Monica KAYLOR	#2	Whitworth	N E 1.57m	5-1¾	1/28
3		April KWAN	#8	Colorado Colleg	1.51m	4-11½	1/28
3		Emma JONES	#8	Colorado Colleg	1.51m	4-11½	1/28
5		Janae GREEN	#5	Hardin-Simmon:	1.50m	4-11	12/2
5		Victoria WILSON	#6	LeTourneau	1.50m	4-11	1/21

Women's Pole Vault

1	25	Lily LUKSICH	#10	Pacific Lutheran	E 3.46m	11-4¼	1/27
2	96	Kristine NGUYEN	#10	Pacific Lutheran	E 3.16m	10-4¼	1/27
3		Maddy WIETSTRUCK	#1	Trinity (Texas)	3.05m	10-0	1/21
3		Ashlynn RECKNAGEL	#7	Texas Lutheran	3.05m	10-0	1/27
5		Bailey DUEITT	#1	Trinity (Texas)	2.90m	9-6¼	1/21
5		Jacee DINKINS	#3	McMurry	2.90m	9-6¼	1/21
5		Kaelin LEISHMAN	#1	Trinity (Texas)	2.90m	9-6¼	1/21

Women's Long Jump

1	95	Joy AREOLA	#1	Trinity (Texas)	N E 5.21m	17-1¼	12/2
2		Breanne RAWLS	#2	Whitworth	4.84m	15-10½	1/13
3		Victoria WILSON	#6	LeTourneau	4.79m	15-8¾	12/1
4		April KWAN	#8	Colorado Colleg	4.78m	15-8¼	1/28
5		Alexa SOWERS	#5	Hardin-Simmon:	4.73m	15-6¼	12/2
6		Danielle SAULS	#5	Hardin-Simmon:	4.72m	15-6	1/21
7		Emerald GARCIA	#5	Hardin-Simmon:	4.54m	14-10¾	1/21
8		Monica KAYLOR	#2	Whitworth	4.34m	14-3	1/13
9		Jenna CARTER	#6	LeTourneau	4.31m	14-1¾	1/27

Women's Triple Jump

1	41	Joy AREOLA	#1	Trinity (Texas)	N E 11.13m	36-6¼	1/21
2	76	Maddy WIETSTRUCK	#1	Trinity (Texas)	N E 10.83m	35-6½	1/21
3		Meriah GONZALEZ	#3	McMurry	9.86m	32-4¼	1/21
4		Monica KAYLOR	#2	Whitworth	9.33m	30-7½	1/28

Women's Shot Put

1	33	Julissa RODRIGUEZ	#7	Texas Lutheran	N E 12.84m	42-1½	1/27
2	50	Renee TIUMALU	#2	Whitworth	N E 12.40m	40-8¼	1/20
3	64	Elizabeth JORDAN	#3	McMurry	N E 12.30m	40-4¼	1/21
4		Amaris DELGADO	#3	McMurry	N E 11.66m	38-3¼	12/10
5		Emma ROSS	#1	Trinity (Texas)	N E 11.29m	37-½	1/21
6		Lynda FARMER	#5	Hardin-Simmon:	11.09m	36-4¾	12/2
7		Hannah HUTCHISON	#3	McMurry	11.04m	36-2¾	1/21
8		Emagen STYRA	#7	Texas Lutheran	11.02m	36-2	12/10
9		Logan SPENCER	#2	Whitworth	10.99m	36-¾	1/28
10		Lauryn RAWLS	#2	Whitworth	10.80m	35-5¼	1/20

Women's Weight Throw

1	81	Kierra FRANCOIS	#1	Trinity (Texas)	N E 14.69m	48-2½	1/21
2	83	Elizabeth RYAN	#3	McMurry	N E 14.68m	48-2	12/10
3		Elizabeth CUNNINGHAM	#3	McMurry	N E 14.20m	46-7¼	1/21
4		Amaris DELGADO	#3	McMurry	N E 13.69m	44-11	12/10
5		Renee TIUMALU	#2	Whitworth	12.31m	40-4¾	1/13
6		Maggie NAVA	#1	Trinity (Texas)	11.76m	38-7	1/21
7		Julissa RODRIGUEZ	#7	Texas Lutheran	11.61m	38-1¼	12/10
8		Kirsten SMITH	#7	Texas Lutheran	11.45m	37-6¾	1/27
9		Emma ROSS	#1	Trinity (Texas)	10.72m	35-2	1/21
10		Emagen STYRA	#7	Texas Lutheran	10.57m	34-8¼	12/10

Women's Pentathlon

1	24	Breanne RAWLS	#2	Whitworth	N E 2,977	1/20
2	40	Victoria WILSON	#6	LeTourneau	2,790	12/1