



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #4, February 13

as of 2/13/2023 12:03:16 PM

East

Women's 60 Meters

1	4	Kianne BENJAMIN	#4	Bowdoin	N E 7.65	2/4
2	27	Ariel FOSTER	#15	Lasell	N E 7.78	2/12
3	66	Athena COMEAU	#18	Plymouth State	N E 7.90	1/21
4	96	Amanda WALDEN	#11	Suffolk	N E 7.96	2/12
5		Michaina LORISTON	#8	Wheaton (Mass.)	N E 7.97	1/28
6		Wendy WOODEN	#8	Wheaton (Mass.)	N E 7.98	2/10
7		Dorinda OKORJI	#22	UMass Boston	N E 7.99	1/14
8		Jazmyin EWING	#5	WPI	N E 8.03	1/28
9		Janiah YOUNG	#6	Southern Maine	N E 8.04	12/10
9		Schyler WYSE	#8	Wheaton (Mass.)	N E 8.04	1/14

Women's 60 Meter Hurdles

1	25	Amanda CASTALDI	#8	Wheaton (Mass.)	N E 8.96	1/14
2	34	Sarah PILLONE	#2	Tufts	N E 9.07	2/2
3	40	Teghan SYDNOR	#2	Tufts	N E 9.08	1/29
4	58	Alya CAMPBELL	#9	Brandeis	N E 9.22	2/4
5	60	Erin DAUGHERTY	#7	Colby	N E 9.23	2/4
6	69	Moriah SCHARN	#3	Bates	N E 9.28	2/10
7	98	Bianca DELMAESTRO	#19	Endicott	N E 9.40	2/11
8		Corryn FISHER	#5	WPI	N E 9.44	1/28
9		Sophia SLOVENSKI	#6	Southern Maine	N E 9.50	2/4
10		Makany CAMARA	#16	Fitchburg State	N E 9.57	1/14

Women's 200 Meters

1	11	Kianne BENJAMIN	#4	Bowdoin	N E 24.84c (25.22)	2/4
2	44	Schyler WYSE	#8	Wheaton (Mass.)	N E 25.59	2/10
3	58	Fiona MEJICO	#7	Colby	N E 25.79	2/10
4	73	Tally ZELLER	#7	Colby	N E 25.92	2/10
5	77	Amanda WALDEN	#11	Suffolk	N E 25.95	2/12
6	83	Wendy WOODEN	#8	Wheaton (Mass.)	N E 25.98	2/10
7	98	Kaitlyn BERNIER	#14	UMass Dartmouth	N E 26.07	2/10
7	98	Ariel FOSTER	#15	Lasell	N E 26.07c (26.47)	12/3
9		Shreya KALYAN	#1	MIT	N E 26.13	1/27
10		Janiah YOUNG	#6	Southern Maine	N E 26.17c (26.57)	2/4

Women's 400 Meters

1	9	Fiona MEJICO	#7	Colby	N E 56.77	2/10
2	17	Paige COOKSEY	#1	MIT	N E 57.26	1/27
3	37	Annika KRAL	#2	Tufts	N E 58.31c (59.08)	2/4
4	41	Kaitlyn BERNIER	#14	UMass Dartmouth	N E 58.38	2/10
5	47	Emma SMITH	#2	Tufts	N E 58.59	2/10
6	48	Cianna O'FLAHERTY	#4	Bowdoin	N E 58.60	2/10
7	54	Shreya KALYAN	#1	MIT	N E 58.81c (59.59)	2/4
8	73	Sonia PUROHIT	#1	MIT	N E 59.21	2/10
9	75	Krystal MONTGOMERY	#1	MIT	N E 59.25c (1:00.03)	2/4
10	81	Marina MILLER	#1	MIT	N E 59.39c (1:00.17)	1/21

Women's 800 Meters

1	5	Hannah NEILON	#2	Tufts	N E 2:12.07	2/10
2	12	Julia HOWARTH	#1	MIT	N E 2:13.99	2/10
3	39	Gillian ROEDER	#1	MIT	N E 2:17.07c (2:18.65)	1/14
4	41	Lora DUFRESNE	#5	WPI	N E 2:17.20	2/4
5	63	Julia DOLCE	#2	Tufts	N E 2:18.70	2/10
6	71	Krystal MONTGOMERY	#1	MIT	N E 2:19.00	2/10
7	74	Nicole WHIPKEY	#5	WPI	N E 2:19.25	2/4
8	92	Anna MACKEY	#7	Colby	N E 2:20.01	2/10
9		Christina CROW	#1	MIT	N E 2:20.42c (2:22.04)	1/14
10		Caitlin GUILFOYLE	#5	WPI	N E 2:20.98c (2:22.60)	2/4

Women's Mile

1	4	Gillian ROEDER	#1	MIT	N E 4:52.78	2/10
2	19	Grace HADLEY	#5	WPI	N E 4:57.71	1/27
3	30	Leila TRUMMEL	#4	Bowdoin	N E 4:59.30	2/10
4	31	Christina CROW	#1	MIT	N E 4:59.72	2/4
5	32	Lexi FERNANDEZ	#1	MIT	N E 4:59.79	2/4
6	33	Olivia ROSENSTEIN	#1	MIT	N E 4:59.91	1/27
7	48	Sarah BENTLEY	#1	MIT	N E 5:02.06	1/27
8	57	Chrissy AMAN	#3	Bates	N E 5:03.94c (5:06.94)	1/20
9	58	Jillian RICHARDSON	#3	Bates	N E 5:04.04c (5:07.05)	2/4
10	92	Amelia KOKERNAK	#5	WPI	N E 5:07.51	2/10

Women's 3000 Meters

1	13	Jillian RICHARDSON	#3	Bates	N E 9:46.54	2/10
2	18	Grace HADLEY	#5	WPI	N E 9:50.89	2/4
3	26	Sarah BENTLEY	#1	MIT	N E 9:56.28	2/10
4	28	Kirsi RAJAGOPAL	#1	MIT	N E 9:58.84	2/10
5	33	Archana MOHANDAS	#1	MIT	N E 10:00.20	2/10
6	40	Lexi FERNANDEZ	#1	MIT	N E 10:02.02	2/10
7	48	Elizabeth HOLCOMBE	#3	Bates	N E 10:04.46	2/10
8	50	Kate SANDERSON	#1	MIT	N E 10:05.36	2/10
9	52	Einat GAVISH	#1	MIT	N E 10:05.67	2/10
10	73	Jordan WILSON	#3	Bates	N E 10:13.05	2/10

Women's 5000 Meters

1	17	Kate SANDERSON	#1	MIT	N E 17:14.15	1/27
2	20	Archana MOHANDAS	#1	MIT	N E 17:15.32	1/27
3	30	Jillian RICHARDSON	#3	Bates	N E 17:33.24	1/29
4	40	Anna HADDAD	#1	MIT	N E 17:42.15	1/27
5	45	Einat GAVISH	#1	MIT	N E 17:44.62	1/27
6	51	Rachel BRENNAN	#17	Gordon (Mass.)	N E 17:46.39	12/3
7	61	Claire ANDERSON	#13	Wellesley	N E 17:53.46c (18:01.68)	2/11
8	93	Phoebe POHL	#3	Bates	N E 18:07.93	2/10
9		Jordan WILSON	#3	Bates	N E 18:20.64	1/29
10		Abby MUELLER	#4	Bowdoin	N E 18:24.96	2/10



Regional TFRI Event Summary

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East

Women's 4x400 Relay

1	3	Maddy HON, Shreya KALYAN, Marina MILLER, Julia HOWARTH	#1 MIT	3:49.60	2/10
2	10	Tally ZELLER, Olivia DOHERTY, Fiona MEJICO, Kristina PIZZI	#7 Colby	3:53.26	2/10
3	24	Annika KRAL, Campbell DEVLIN, Antonia KNOTH, Emma SMITH	#2 Tufts	4:00.04	1/29
4	46	Elizabeth KORN, Yahni LAPA, Hannah BOHBOT-DRIDI, Devin HILTUNEN	#9 Brandeis	4:06.76	2/10
5	51	Arly RODRIGUEZ, Catherine UWAKWE, Cianna O'FLAHERTY, Katherine PAGE	#4 Bowdoin	4:07.81c (4:11.10)	2/4
6	79	Amanda WALDEN, Amy PATTELENA, Emily CONCEPCION, Jocelyn TRISCIAC	#11 Suffolk	4:11.11	2/12
7	85	Mckenzie CANUEL, Ray ARMIJO, Grace RUSSELL, Kaitlyn BERNIER	#14 UMass Dartmouth	4:12.07c (4:15.41)	1/28
8	93	Grace BEACH, Schyler WYSE, Kassidy CHIM, Morgan ZAKRZEWSKI	#8 Wheaton (Mass.)	4:13.15c (4:16.51)	1/21
9		Aoife FITZGERALD, Aleah GHIASUDDIN, Charlie BARRON, Alejandra CASTILLO	#13 Wellesley	4:16.41c (4:19.81)	2/11
10		Willow WHITTEN, Norah GARVEY, Payton GOODWIN, Madalynn HUBBARD	#12 Husson	4:16.99	2/12

Women's Distance Medley Relay

1	3	Christina CROW, Sonia PUROHIT, Julia HOWARTH, Gillian ROEDER	#1 MIT	11:45.22	2/10
2	8	Lora DUFRESNE, Leithsa DIMANCHE, Nicole WHIPKEY, Grace HADLEY	#5 WPI	12:00.55	2/10
3	10	Alexandra DEAN, Emma SMITH, Julia DOLCE, Hannah NEILON	#2 Tufts	12:05.96	2/10
4	16	Elizabeth HOLCOMBE, Evelyn MARCHAND, Jordan WILSON, Jillian RICHARDSON	#3 Bates	12:20.60	2/10
5	25	Ella WHINNEY, Aoife FITZGERALD, Claire PENG, Ellie MURPHY-WEISE	#13 Wellesley	12:32.47	2/10
6	50	Abby MURPHY, Lilah MCANDREW, Maria BURNETT, Skye GOBA	#16 Fitchburg State	13:17.23	2/2
7	59	Aurora COUTO, Anna O'REILLY, Marlena DWYER, Margaret ST JOHN	#10 Keene State	13:35.86c (13:44.60)	1/28
8	70	Grace BEDORE, Addison LASLIE, Miranda DUNTON, Ava DOWLING	#12 Husson	13:47.14	2/12
9	78	Charlotte WENTWORTH, Abby MINOTT, Eve POTEET, Anna MACDONALD	#23 UMaine Farming	14:07.72	2/12
10	84	Libby PARKER, Katie KELLEY, Alayja LINTON, Ashleigh KELLEY	#21 Regis (Mass.)	14:14.95	2/12

Women's High Jump

1	1	Jaidyn APPEL	#2 Tufts	N E 1.73m	5-8	1/29
2	16	Katherine KEMPF	#1 MIT	N E 1.65m	5-5	1/20
3	35	Mackenzie LAMBERT	#12 Husson	N E 1.61m	5-3 1/4	1/7
3	35	Isabel LLACH	#7 Colby	N E 1.61m	5-3 1/4	1/14
3	35	Olivia JALBERT	#6 Southern Maine	N E 1.61m	5-3 1/4	2/4
6	40	Tolu AKINBO	#1 MIT	N E 1.60m	5-3	12/10
6	40	Kimmy MCPHERSON	#1 MIT	N E 1.60m	5-3	12/10
8	94	Makany CAMARA	#16 Fitchburg State	N E 1.56m	5-1 1/4	2/11
8	94	Isabella TACCOGNA	#14 UMass Dartmouth	N E 1.56m	5-1 1/4	1/7
8	94	Amanda BORDEN	#5 WPI	N E 1.56m	5-1 1/4	1/28



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East

Women's Pole Vault

1	12	Charlotte HODGE	#4	Bowdoin	N E 3.70m	12-1½	1/29
2	17	Sarah FIRTH	#2	Tufts	N E 3.65m	11-11¾	2/11
3	21	Hailey SURACE	#1	MIT	N E 3.60m	11-9¾	2/11
3	21	Sophia SLOVENSKI	#6	Southern Maine	N E 3.60m	11-9¾	2/4
5	41	Lia ROTTI	#2	Tufts	N E 3.45m	11-3¾	2/11
6	74	Nyla THOMPSON	#2	Tufts	N E 3.30m	10-9¾	1/29
6	74	Amelie WICKHAM	#2	Tufts	N E 3.30m	10-9¾	1/29
6	74	Mary CALVERT	#7	Colby	N E 3.30m	10-9¾	2/10
6	74	Smiley HUYNH	#9	Brandeis	N E 3.30m	10-9¾	1/20
6	74	Sophie MAGUIRE	#4	Bowdoin	N E 3.30m	10-9¾	12/3

Women's Long Jump

1	24	Lia ROTTI	#2	Tufts	N E 5.49m	18-¼	12/3
2	49	Jordan ANDREW	#2	Tufts	N E 5.40m	17-8¾	2/11
3	70	Mackenzie LAMBERT	#12	Husson	N E 5.32m	17-5½	12/10
4	99	Emma MARTIN	#1	MIT	N E 5.25m	17-2¾	2/4
5		Megan LACEY	#3	Bates	N E 5.20m	17-¾	1/29
6		Olivia JALBERT	#6	Southern Maine	N E 5.19m	17-½	1/20
7		Anna YANG	#4	Bowdoin	N E 5.18m	17-0	2/4
8		Abbey OTTERBEIN	#3	Bates	N E 5.17m	16-11½	2/4
9		Janiah YOUNG	#6	Southern Maine	N E 5.16m	16-11¼	12/10
10		Shaniece NUGENT	#9	Brandeis	5.14m	16-10½	1/14

Women's Triple Jump

1	7	Lia ROTTI	#2	Tufts	N E 11.86m	38-11	1/29
2	33	Jaidyn APPEL	#2	Tufts	N E 11.37m	37-3¾	1/29
3	40	Nony OTU UGWU	#1	MIT	N E 11.25m	36-11	1/21
4	51	Jen ROTTI	#2	Tufts	N E 11.14m	36-6¾	12/3
5	70	Shaniece NUGENT	#9	Brandeis	N E 10.98m	36-¼	2/4
5	70	Laena TIENG	#1	MIT	N E 10.98m	36-¼	2/4
7	74	Jordan ANDREW	#2	Tufts	N E 10.97m	36-0	1/20
8	81	Sarah PILLONE	#2	Tufts	N E 10.88m	35-8½	1/29
9	88	Kassie BRINK	#7	Colby	N E 10.83m	35-6½	1/29
10	90	Desiree ROBINSON	#25	Emmanuel (Mas)	N E 10.82m	35-6	2/12

Women's Shot Put

1	5	Alexis BOYKIN	#1	MIT	N E 14.29m	46-10¾	12/10
2	56	Shannon PARKS	#10	Keene State	N E 12.55m	41-2¼	1/27
3	58	Zoe BARNES	#6	Southern Maine	N E 12.52m	41-1	2/4
4	62	Emily BALL	#1	MIT	N E 12.49m	40-11¾	2/11
5	89	Emma HARGREAVES	#4	Bowdoin	N E 12.18m	39-11½	12/3
6	92	Savannah SOLEAU	#10	Keene State	N E 12.13m	39-9¾	1/21
7		Maggie HILLWIG	#3	Bates	N E 11.74m	38-6¼	1/14
8		Nicole DANDELO	#19	Endicott	N E 11.71m	38-5	2/11
9		Tiana FOX	#17	Gordon (Mass.)	N E 11.46m	37-7¼	2/11
10		Rona SCOTT	#6	Southern Maine	N E 11.44m	37-6½	1/27

Women's Weight Throw

1	3	Alexis BOYKIN	#1	MIT	N E 18.32m	60-1¼	12/10
2	24	Emily BALL	#1	MIT	N E 16.52m	54-2½	2/11
3	40	Emma HARGREAVES	#4	Bowdoin	N E 15.93m	52-3¼	1/20
4	65	Shannon PARKS	#10	Keene State	N E 15.42m	50-7¼	1/14
5		Alma MACKIC	#3	Bates	N E 14.39m	47-2½	1/29
6		Zoe BARNES	#6	Southern Maine	N E 14.32m	46-11¾	1/28
7		Jada SCOTLAND	#4	Bowdoin	N E 14.18m	46-6¼	2/4
8		Anika WAGNER	#8	Wheaton (Mass.)	N E 14.15m	46-5¼	1/28
9		Hannah CORBETT	#6	Southern Maine	N E 14.09m	46-2¾	1/14
10		Erika LEASHER	#1	MIT	N E 13.87m	45-6¼	12/10

Women's Pentathlon

1	25	Abbey OTTERBEIN	#3	Bates	N E 3,091c	(3,070)	1/20
2	43	Katherine KEMPFF	#1	MIT	N E 2,885c	(2,865)	1/20
3	61	Sophia SLOVENSKI	#6	Southern Maine	2,767c	(2,747)	1/20
4	67	Madelyn SILVEIRA	#2	Tufts	2,678c	(2,656)	1/20
5	70	Anna YANG	#4	Bowdoin	2,661c	(2,641)	1/20
6	72	Elizabeth KORN	#9	Brandeis	2,656c	(2,635)	1/20
7	78	Inga DOVRE	#4	Bowdoin	2,622c	(2,602)	1/20
8	92	Laci SANTOS		Wentworth (Mas)	2,534c	(2,514)	1/20
9	94	Olivia JALBERT	#6	Southern Maine	2,507c	(2,489)	1/20
10		Molly Lu MCKELLAR	#10	Keene State	2,438c	(2,417)	1/20



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Great Lakes

Women's 60 Meters

1	12	Kenadee WAYT	#1	Mount Union	N E 7.70	1/21
2	31	Taylor ANTHONY	#2	John Carroll	N E 7.80	1/21
3	43	Zaleeya MARTIN	#23	Hanover	N E 7.84	1/27
3	43	Zora SHAKHAM	#4	Wittenberg	N E 7.84	2/11
5	49	Lauren RONCONE	#1	Mount Union	N E 7.85	2/4
6	54	Madjo DOUMBIA	#18	Centre	N E 7.86	12/3
7	77	Meghan FRAZIER	#4	Wittenberg	N E 7.92	1/28
8	78	Anaya JOLIVETTE	#15	Denison	N E 7.93	12/3
9	89	Kylee SCHAFER		Wilmington (Ohio)	N E 7.95	2/11
10		Katrina AGUSTIN	#9	Rose-Hulman	N E 7.98	2/11
10		Avery CAMPBELL	#11	Albion	N E 7.98	1/28
10		Lindsey MAGOTEAUX	#4	Wittenberg	N E 7.98	2/11
10		Madison DIETZ		Wilmington (Ohio)	N E 7.98	2/11

Women's 60 Meter Hurdles

1	19	Kennady GIBBINS	#1	Mount Union	N E 8.91	2/3
2	25	Narindwa SEMAKULA	#9	Rose-Hulman	N E 8.96	2/4
3	51	Haley LIVINGSTON	#7	Trine	N E 9.20	12/10
4	54	Chilly WALLACE	#10	Oberlin	N E 9.21	2/11
5	60	Olivia BEAN	#22	Heidelberg	N E 9.23	2/3
6	64	Natasha ZAHURSKY	#1	Mount Union	N E 9.26	2/3
7	71	Caliyah BENNETT	#15	Denison	N E 9.29	2/4
8	86	Grace MISIUNAS	#5	Case Western Reserve	N E 9.34	2/11
9	98	Coral PIERSON	#17	Ohio Wesleyan	N E 9.40	2/11
10		Lexi WACHTMAN	#22	Heidelberg	N E 9.42	2/3

Women's 200 Meters

1	5	Kenadee WAYT	#1	Mount Union	N E 24.75	1/21
2	27	Sara SCHERMERHORN	#3	Hope	N E 25.30c (25.69)	2/10
3	40	Madison MILES	#1	Mount Union	N E 25.49c (25.88)	2/4
4	44	Larissa AGBOR-NKONGHO	#20	Capital	N E 25.59	2/3
5	49	Mihaela TOADER	#14	Allegheny (Pa.)	N E 25.66	2/11
6	67	Taylor ANTHONY	#2	John Carroll	N E 25.84	1/21
7		Lisa-Maria MARKAU		Defiance	N E 26.09	2/11
8		Cece SAMUELS	#20	Capital	N E 26.15	2/3
8		Ericka BIGHAM		Alma	N E 26.15c (26.55)	2/10
8		Haleigh WILLISON	#4	Wittenberg	N E 26.15	2/11

Women's 400 Meters

1	4	Kenadee WAYT	#1	Mount Union	N E 56.04	2/11
2	18	Madison MILES	#1	Mount Union	N E 57.29c (58.05)	12/3
3	24	Mihaela TOADER	#14	Allegheny (Pa.)	N E 57.73	2/11
4	30	Ericka BIGHAM		Alma	N E 58.10c (58.87)	2/10
5	34	Mary MASON	#1	Mount Union	N E 58.21c (58.98)	12/3
6	45	Avery CAMPBELL	#11	Albion	N E 58.51	1/28
7	95	Tymeerah DE'ARMOND	#4	Wittenberg	N E 59.61	2/11
8	99	Taylor CUPP	#1	Mount Union	N E 59.66c (1:00.45)	12/3
9		Micah DONLEY	#1	Mount Union	N E ---c (1:00.79)	12/3
10		Annalise GRAMMEL	#19	DePauw	N E 1:00.02c (1:00.81)	1/20

Women's 800 Meters

1	8	Kenadee WAYT	#1	Mount Union	N E 2:12.93c (2:14.46)	2/4
2	24	Hope MURPHY	#12	Baldwin Wallace	N E 2:15.36c (2:16.92)	1/28
3	52	Claire EBERHARDT	#2	John Carroll	N E 2:18.41	1/21
4	58	Melissa PHUNG	#5	Case Western Reserve	N E 2:18.56	2/10
5	72	Mary MASON	#1	Mount Union	N E 2:19.05	1/21
6	78	Natalie TEBBEN	#6	Calvin	N E 2:19.34	1/21
7	88	Grace JACKSON	#5	Case Western Reserve	N E 2:19.71c (2:21.32)	1/28
8		Sage REDDISH	#10	Oberlin	N E 2:20.75c (2:22.37)	2/3
9		Ellie KITS MILLER	#2	John Carroll	N E 2:20.94	2/3
10		Megan WERTZ	#1	Mount Union	N E 2:20.95c (2:22.57)	1/28

Women's Mile

1	14	Anastasia TUCKER	#3	Hope	N E 4:56.98	1/14
2	44	Jenna ALLMAN	#6	Calvin	N E 5:01.30	1/14
3	53	Erica ESPER	#2	John Carroll	N E 5:02.92	1/20
4	56	Hope MURPHY	#12	Baldwin Wallace	N E 5:03.49	2/10
5	64	Abby SCHROFF	#2	John Carroll	N E 5:05.31	2/10
6	71	Ella WEBSTER	#4	Wittenberg	N E 5:05.94	2/10
7		Sydney KHOSLA	#4	Wittenberg	N E 5:09.03	12/3
8		Ellie JANKOWSKI	#3	Hope	N E 5:09.25	2/11
9		Gianini VENUTO	#1	Mount Union	N E 5:11.03c (5:14.10)	1/28
10		Lydia RANDOLPH	#7	Trine	N E 5:11.33c (5:14.41)	2/4

Women's 3000 Meters

1	5	Anastasia TUCKER	#3	Hope	N E 9:36.11	12/2
2	10	Jenna ALLMAN	#6	Calvin	N E 9:45.17	2/10
3	49	Megan MCCULLOCH	#11	Albion	N E 10:04.64	1/28
4	66	Macy MCADAMS		Muskingum	N E 10:11.01	2/11
5	68	Taylor ELLERBROCK	#8	Ohio Northern	N E 10:11.18	2/10
6	72	Erica ESPER	#2	John Carroll	N E 10:12.59	1/28
7	80	Sienna RUITER-DIAZ	#6	Calvin	N E 10:15.85	1/21
8	95	Natalie TEBBEN	#6	Calvin	N E 10:18.87	1/27
9	96	Abby SCHROFF	#2	John Carroll	N E 10:19.47	1/28
10	98	Lydia RANDOLPH	#7	Trine	N E 10:19.58c (10:24.89)	1/21

Women's 5000 Meters

1	3	Anastasia TUCKER	#3	Hope	N E 16:29.34	12/9
2	28	Megan MCCULLOCH	#11	Albion	N E 17:29.93	12/3
3	32	Sienna RUITER-DIAZ	#6	Calvin	N E 17:34.92	2/10
4	33	Tessa PITCOVICH	#8	Ohio Northern	N E 17:35.35	2/10
5	36	Corin TURKOVICH	#4	Wittenberg	N E 17:38.65	12/3
6	53	Lydia RANDOLPH	#7	Trine	N E 17:48.26	12/3
7	60	Macy MCADAMS		Muskingum	N E 17:53.10c (18:01.31)	1/28
8	63	Olivia QUILLEN	#3	Hope	N E 17:55.01	12/9
9	70	Maddy STRUCK	#3	Hope	N E 17:57.47	2/10
10	71	Erica ESPER	#2	John Carroll	N E 17:58.05	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:03:17 PM

Great Lakes

Women's 4x400 Relay

1	6	Kenadee WAYT, Kennady GIBBINS, Mary MASON, Madison MILES	#1 Mount Union	3:51.06	1/27
2	37	Julie TIMPERMAN, Sara SCHERMERHORN, Samantha SCHERMERHORN, Erin MORAN	#3 Hope	4:04.88c (4:08.13)	2/10
3	40	Delaney TACKETT, Meghan FRAZIER, Abigail DANNE, Tymeerah DE'ARMOND	#4 Wittenberg	4:06.14	2/11
4	55	Morgan DOBOS, Ellie KITS MILLER, Abby SCHROFF, Kaleigh MCNAMARA	#2 John Carroll	4:08.48	2/3
5	63	Katie PLECKO, Morgan ALOI, Hope MURPHY, Abby COLLIER	#12 Baldwin Wallace	4:09.50c (4:12.81)	1/21
6	65	Sophia ELLERKMANN, Erin ANDERSON, Fatima HENDERSON-BERNA, Erin MAYLE	#15 Denison	4:09.53c (4:12.84)	2/4
7	78	Celia COCCA, Renee TETLOW, Emma ANDERSON, Kelsey ANDERSON	#14 Allegheny (Pa.)	4:10.91	1/27
8	82	Hannah DRISCOLL, Mia KILROY, Melanie TAYLOR, Elise MOORE	#5 Case Western Re	4:11.76	2/11
9	83	Alexis CAGAN, Emily LOERA, Sadie GIBSON, Annalise GRAMMEL	#19 DePauw	4:12.02c (4:15.36)	1/20
10	91	Athena THARENOS, Haley BLOOM, Isabella COZZIE, Ignacia MENDEZ	#13 Wooster	4:12.73	2/11

Women's Distance Medley Relay

1	5	Ellie JANKOWSKI, Grace BEHRENS, Madison STERN, Anastasia TUCKER	#3 Hope	11:47.02	2/11
2	19	Natalie TEBBEN, Katie GEORGES, Delaney SALL, Sienna RUITER-DIAZ	#6 Calvin	12:25.54	2/11
3	22	Melissa PHUNG, Melanie TAYLOR, Jessica KWASNY, Grace JACKSON	#5 Case Western Re	12:31.02c(12:39.06)	2/4
4	28	Brianna MEDCALF, Emily WAHL, Amira FAULKNER, Lydia RANDOLPH	#7 Trine	12:38.34c(12:46.46)	1/21
5	29	Ella WEBSTER, Kynston COLLINS, Emma HAWK, Megan KEYS	#4 Wittenberg	12:38.74c(12:46.86)	1/21
6	41	Kaitlin PRUSNEK, Olyvia ASHBROOK, Lexi NEFF, Abby MATTHEWS	#8 Ohio Northern	13:04.55c(13:12.95)	2/11
7	44	Anna BROWN, Denna MEDRANO, Lorien KAUFFMAN, Ella WILSON	#21 Kenyon	13:10.38c(13:18.84)	2/4
8	52	Athena THARENOS, Haley BLOOM, Ignacia MENDEZ, Isabelle DWYER	#13 Wooster	13:22.32c(13:30.91)	1/21
9	54	Isabel CHASNEY, Sydney SHAFFER, Kenzie FOUNTAIN, Vanessa SHANAMAN	#22 Heidelberg	13:25.20	2/3
10	55	Sarah GROVE, Tonya TEPIN, Abbey PETERS, Allyson STEVENS	Olivet	13:26.24c(13:34.87)	1/21

Women's High Jump

1	7	Kennady GIBBINS	#1 Mount Union	N E 1.68m	5-6	1/21
2	13	Cailey BEAUDOIN	Adrian	N E 1.67m	5-5¾	1/28
3	19	Peyton HOWELL	#17 Ohio Wesleyan	N E 1.64m	5-4½	2/11
3	19	Taylor WEISS	#4 Wittenberg	N E 1.64m	5-4½	2/11
3	19	Drew PATTERSON	#13 Wooster	N E 1.64m	5-4½	2/11
6	24	Claudia PARTRIDGE	#13 Wooster	N E 1.63m	5-4¼	1/26
7	32	Ciara HESLET	Adrian	N E 1.62m	5-3¾	1/28
8	40	Mia VARGO	#5 Case Western Re	N E 1.60m	5-3	2/4
8	40	Emma KLOSTERMAN	#16 Otterbein	N E 1.60m	5-3	2/3
10	63	Michaela BRYAN	#2 John Carroll	N E 1.58m	5-2¼	2/10
10	63	Julissa WILLIAMS	#4 Wittenberg	N E 1.58m	5-2¼	2/11



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #4, February 13

as of 2/13/2023 12:03:17 PM

Great Lakes

Women's Pole Vault

1	2	Peyton PROFFITT	#16	Otterbein	N E 3.86m	12-8	1/28
2	15	Emily THOMPSON	#24	Marietta	N E 3.68m	12-3/4	1/13
3	20	Bri AVENI	#1	Mount Union	N E 3.62m	11-10 1/2	2/11
4	28	Caroline BEERY	#2	John Carroll	N E 3.56m	11-8	1/28
5	34	Cate GAGNIER	#15	Denison	N E 3.52m	11-6 1/2	2/11
6	36	Ellie FORD	#8	Ohio Northern	N E 3.50m	11-5 3/4	2/3
7	41	Anna SCHATZLE	#8	Ohio Northern	N E 3.45m	11-3 3/4	1/20
8	47	Victoria ZHAO	#5	Case Western Res	N E 3.42m	11-2 1/2	2/11
9	59	Alison LOASE	#24	Marietta	N E 3.36m	11-1/4	1/21
10	61	Morgan KROMER	#13	Wooster	N E 3.35m	10-11 3/4	2/4

Women's Long Jump

1	2	Kennady GIBBINS	#1	Mount Union	N E 5.71m	18-8 3/4	2/3
2	19	Emma FORKER	#7	Trine	N E 5.54m	18-2 1/4	12/10
3	27	Haley LIVINGSTON	#7	Trine	N E 5.48m	17-11 3/4	12/10
3	27	Lauren RONCONE	#1	Mount Union	N E 5.48m	17-11 3/4	12/3
5	34	Rofiat ADEYEMI	#9	Rose-Hulman	N E 5.44m	17-10 1/4	1/13
6	42	Genevieve ARNOLD	#2	John Carroll	N E 5.42m	17-9 1/2	1/28
7	46	Paula SORIC	#21	Kenyon	N E 5.41m	17-9	12/3
8	70	Chloe GIBSON	#8	Ohio Northern	N E 5.32m	17-5 1/2	1/20
9	89	Lauren MCDOWELL	#11	Albion	N E 5.27m	17-3 1/2	1/28
10	93	Jasmine CLAUNCH	#18	Centre	N E 5.26m	17-3 1/4	1/28
10	93	Olivia BEAN	#22	Heidelberg	N E 5.26m	17-3 1/4	12/9
10	93	Lexi WACHTMAN	#22	Heidelberg	N E 5.26m	17-3 1/4	1/28

Women's Triple Jump

1	3	Jasmine CLAUNCH	#18	Centre	N E 12.06m	39-6 3/4	2/11
2	19	Paula SORIC	#21	Kenyon	N E 11.60m	38-3/4	1/28
3	23	Rofiat ADEYEMI	#9	Rose-Hulman	N E 11.52m	37-9 1/2	2/4
4	24	Kyra HICKS	#9	Rose-Hulman	N E 11.51m	37-9 1/4	2/3
5	27	Emily HOPKINS	#5	Case Western Res	N E 11.42m	37-5 3/4	2/4
6	68	Chilly WALLACE	#10	Oberlin	N E 10.99m	36-3/4	12/3
7	79	Layla SEATON	#5	Case Western Res	N E 10.91m	35-9 1/2	1/21
8	80	Rainer YAEGER	#15	Denison	N E 10.90m	35-9 1/4	12/3
9	85	Emma FEHRMAN	#24	Marietta	N E 10.85m	35-7 1/4	1/13
10	92	Genevieve ARNOLD	#2	John Carroll	N E 10.80m	35-5 1/4	2/11
10	92	Jaida SMITH	#19	DePauw	N E 10.80m	35-5 1/4	2/11

Women's Shot Put

1	27	Carley CAMP	#25	Manchester	N E 13.11m	43-1/4	2/11
2	29	Jessica BECKMAN	#23	Hanover	N E 13.07m	42-10 3/4	1/27
3	35	Evelyn UTLEY	#9	Rose-Hulman	N E 12.96m	42-6 1/4	2/3
4	42	Greta ROBRAHN	#3	Hope	N E 12.81m	42-1/2	2/4
5	50	Bree MAHONEY-SUTHERLAND	#19	DePauw	N E 12.69m	41-7 3/4	2/11
6	59	Adrienne WACHTMAN	#5	Case Western Res	N E 12.50m	41-1/4	1/28
7	70	Emma MILLER	#14	Allegheny (Pa.)	N E 12.39m	40-7 3/4	1/27
8	71	Makayla SITZLAR	#1	Mount Union	N E 12.38m	40-7 1/2	2/11
9	80	Aidan ORTH	#4	Wittenberg	N E 12.28m	40-3 1/2	1/14
10	84	Evangeline SANFORD	#13	Wooster	N E 12.20m	40-1/2	2/4

Women's Weight Throw

1	1	Iyanna LEWIS	#10	Oberlin	N E 18.72m	61-5	12/3
2	22	Khloe DUBENION	#17	Ohio Wesleyan	N E 16.78m	55-3/4	2/3
3	42	Abby CANNON	#10	Oberlin	N E 15.92m	52-2 3/4	2/3
4	44	Izzy BURMAN	#8	Ohio Northern	N E 15.83m	51-11 1/4	1/20
5	48	Alexa POLING	#20	Capital	N E 15.80m	51-10	1/28
6	62	Tess ANTHONY	#11	Albion	N E 15.46m	50-8 3/4	1/28
7	67	Beth SCHULTZ	#12	Baldwin Wallace	N E 15.35m	50-4 1/2	2/10
8	69	Ainsley WIESNER	#13	Wooster	N E 15.26m	50-3/4	1/26
9	73	Carley CAMP	#25	Manchester	N E 15.17m	49-9 1/4	2/11
10		Elizabeth NAGY	#17	Ohio Wesleyan	N E 14.67m	48-1 3/4	1/28

Women's Pentathlon

1	3	Kennady GIBBINS	#1	Mount Union	N E 3,635		2/3
2	51	Natasha ZAHURSKY	#1	Mount Union	2,847		2/3
3	69	Becca SANTOM	#1	Mount Union	2,669		2/3
4	79	Genevieve ARNOLD	#2	John Carroll	2,621c	(2,601)	12/1
5	99	Ziciah GIBSON	#4	Wittenberg	2,446c	(2,427)	12/1
6		Amanda RADKE	#16	Otterbein	2,439		2/3
7		Lainee VALENTINE	#4	Wittenberg	2,349c	(2,328)	12/1
8		Charlie DOLLIVER	#16	Otterbein	2,074c	(2,055)	12/1
9		Matilda EARWOOD	#14	Allegheny (Pa.)	1,779		12/3



Regional TFRI Event Summary

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Metro

Women's 60 Meters

1	2	Gbarper DWAH	#9	Ramapo	N E 7.61	2/3
2	33	Maria MUZZARELLI	#2	Widener	N E 7.81	2/3
2	33	Jayla GORE	#2	Widener	N E 7.81	2/3
4	43	Laura MATHEWS	#4	Stevens	N E 7.84	1/14
5	49	Valandra RIGGINS	#1	TCNJ	N E 7.85	2/10
6	54	Helen DAVIS	#8	Moravian	N E 7.86	12/2
7	89	Ashlyn MACLURE	#1	TCNJ	N E 7.95	12/3
7	89	Krystle BOADI	#6	Swarthmore	N E 7.95	2/4
9	96	Ashanae MORRISON	#3	Stockton	N E 7.96	2/11
10		Zrreyah MOORE	#11	Rutgers-Newark	N E 7.97	12/9

Women's 60 Meter Hurdles

1	4	Laura MATHEWS	#4	Stevens	N E 8.60	12/3
2	22	Victoria PURRITANO	#1	TCNJ	N E 8.94	1/21
3	30	Kristen WILLIAMS	#4	Stevens	N E 9.04	1/20
4	34	Eliza BRUNCAJ	#1	TCNJ	N E 9.07	1/21
5	75	Gloria HUGHES	#5	Rowan	N E 9.30	12/2
6		Sarah MULLEN	#19	Delaware Valley	N E 9.54	2/11
7		Sydni BELL	#2	Widener	N E 9.59	2/3
8		Carmelle ALEXIS	#11	Rutgers-Newark	9.79	1/20
9		Nicole WALETZKI	#4	Stevens	9.89	12/3
10		Hannah SWALE	#6	Swarthmore	9.92	12/9

Women's 200 Meters

1	4	Laura MATHEWS	#4	Stevens	N E 24.74	2/10
2	14	Maria GRILL	#1	TCNJ	N E 24.98	2/10
3	19	Gbarper DWAH	#9	Ramapo	N E 25.14	2/3
4	24	Molly LODGE	#5	Rowan	N E 25.27	2/10
5	33	Valandra RIGGINS	#1	TCNJ	N E 25.43	2/10
6	36	Eliza BRUNCAJ	#1	TCNJ	N E 25.46	2/10
7	38	Jasmine BROADWAY	#5	Rowan	N E 25.48	2/10
8	47	Ashlyn MACLURE	#1	TCNJ	N E 25.61	2/10
9	48	Rebecca KNEPPEL	#9	Ramapo	N E 25.64	2/11
10	62	Crystal ROBINSON	#8	Moravian	N E 25.82c (26.22)	12/2

Women's 400 Meters

1	15	Laura MATHEWS	#4	Stevens	N E 57.18c (57.93)	1/28
2	21	Megan GASNICK	#1	TCNJ	N E 57.50	2/10
3	26	Maria GRILL	#1	TCNJ	N E 57.85	2/3
4	42	Kathleen PEDERSEN	#5	Rowan	N E 58.47	2/3
5	58	Nevaeh LORJUSTE	#5	Rowan	N E 58.87	2/3
6	62	Kayla KASS	#3	Stockton	N E 59.05	2/3
7	68	Olivia D'AULERIO	#10	Haverford	N E 59.17	2/10
8	80	Zrreyah MOORE	#11	Rutgers-Newark	N E 59.38	12/2
9	98	Erin BUQUICCHIO	#1	TCNJ	N E 59.65	2/10
10		Emma CONROY	#3	Stockton	N E 59.90c (1:00.69)	1/28

Women's 800 Meters

1	9	Rose TESZLER	#6	Swarthmore	N E 2:13.17	2/10
2	46	Rachel CONHOFF	#7	Ursinus	N E 2:17.91c (2:19.50)	2/4
3	90	Anna SASSE	#5	Rowan	N E 2:19.86	2/3
4		Kayla KASS	#3	Stockton	N E 2:20.53	2/11
5		Kelly O'GRADY	#1	TCNJ	N E 2:21.05	2/10
6		Brooke ADAMS	#7	Ursinus	N E 2:21.29	2/10
7		Donna HOLT	#2	Widener	N E 2:21.34	2/10
8		Jaden SWEELY	#2	Widener	N E 2:22.19	2/3
9		Holly CHAMBERS	#7	Ursinus	N E 2:22.21c (2:23.85)	2/4
10		Courtney HUMPHREYS	#25	Neumann	N E 2:22.92	2/10

Women's Mile

1	46	Rachel CONHOFF	#7	Ursinus	N E 5:01.80	2/10
2		Gabriella NYE	#2	Widener	N E 5:09.80	2/3
3		Amelia SMITH	#13	DeSales	N E 5:10.64	2/10
4		Anna SASSE	#5	Rowan	N E 5:12.68	2/3
5		Rose TESZLER	#6	Swarthmore	N E 5:12.83c (5:15.92)	2/4
6		Holly CHAMBERS	#7	Ursinus	N E 5:14.19c (5:17.30)	1/21
7		Katherine RICE	#1	TCNJ	N E 5:16.56c (5:19.69)	2/11
8		Liz EGAN	#2	Widener	N E 5:18.82	2/3
9		Jaelyn BARKLEY	#3	Stockton	N E 5:18.97c (5:22.12)	1/28
10		Jaden SWEELY	#2	Widener	N E 5:19.18	2/10

Women's 3000 Meters

1	77	Gabriella NYE	#2	Widener	N E 10:14.96c(10:20.23)	1/21
2		Carly GABLE	#2	Widener	N E 10:21.97	2/10
3		Katherine HIRSCH	#10	Haverford	N E 10:23.83	2/10
4		Emily HOEGLER	#1	TCNJ	N E 10:28.16	2/10
5		Amelia SMITH	#13	DeSales	N E 10:28.54	2/3
6		Liz EGAN	#2	Widener	N E 10:32.97c(10:38.39)	1/21
7		Emily COONEY	#2	Widener	N E 10:33.12c(10:38.54)	1/28
8		Olivia MONTINI	#6	Swarthmore	10:35.17c(10:40.61)	1/28
9		Salini IYER	#1	TCNJ	10:42.17c(10:47.67)	2/11
10		Tara SMURLA	#8	Moravian	10:42.32c(10:47.82)	2/4

Women's 5000 Meters

1	39	Katherine HIRSCH	#10	Haverford	N E 17:41.94c(17:50.07)	2/4
2		Liz EGAN	#2	Widener	N E 18:19.59	2/10
3		Carly GABLE	#2	Widener	N E 18:23.53c(18:31.98)	1/21
4		Gabriella NYE	#2	Widener	N E 18:24.25	2/10
5		Tara SMURLA	#8	Moravian	N E 18:30.43	2/10
6		Emily COONEY	#2	Widener	18:33.68c(18:42.20)	2/11
7		Cassidy QUINN	#1	TCNJ	18:38.73	2/10
8		Jaquelynn SHEEDY	#17	Merchant Marine	18:49.72c(18:59.63)	2/3
9		Suzanne ZAUGG	#9	Ramapo	18:52.11	12/3
10		Ryann WAUTHIER	#7	Ursinus	18:54.18	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:03:18 PM

Metro

Women's 4x400 Relay

1	4	Maria GRILL, Eliza BRUNCAJ, Ashlyn MACLURE, Megan GASNICK	#1 TCNJ	3:50.28	2/10
2	8	Molly LODGE, Jasmine BROADWAY, Kathleen PEDERSEN, Nevaeh LORJUSTE	#5 Rowan	3:52.57	2/10
3	22	Rachel BYRNE, Crystal ROBINSON, Elena BOCCHETTI, Abby GIAMONI	#8 Moravian	3:59.02	2/10
4	25	Emma CONROY, Lauren MALDONADO, Emma PETROLIA, Kayla KASS	#3 Stockton	4:00.51	2/11
5	32	Gabby JOHNSON, Cami BORTZ, Johanna SCHUBERT, Morgan MOUER	#6 Swarthmore	4:04.32c (4:07.56)	2/4
6	57	Meredith YASKOVIC, Dina AYOUB, Barbara EXILUS, Gbarper DWAH	#9 Ramapo	4:08.73	2/3
7	59	Olivia D'AULERIO, Rachel NOVEMBER, Jahsaiah MOSES, Isabel THORNBERRY	#10 Haverford	4:09.20c (4:12.50)	2/4
8	70	Zahkyrah CATER, Zreyah MOORE, Carmelle ALEXIS, Chidimma IGWE	#11 Rutgers-Newark	4:09.89	1/13
9	81	Emma SCHULTZ, Jayla GORE, Erin O'BRIEN, Kelly BARR	#2 Widener	4:11.62c (4:14.96)	1/28
10	98	Kristen WILLIAMS, Allie CANCIANI, Stephanie RYAZANOVA, Laura MATHEWS	#4 Stevens	4:13.86	1/20

Women's Distance Medley Relay

1	17	Holly CHAMBERS, Meghan CARROLL, Brooke ADAMS, Rachel CONHOFF	#7 Ursinus	12:24.09	2/10
2	34	Gabriella PAGANO, Casey BAQUERO, Sha'Lynn CLARKE, Anna SASSE	#5 Rowan	12:47.55	1/20
3	35	Rachel PINHO, Allie CANCIANI, Nina BURDEN, Rachel ROUSE	#4 Stevens	12:53.38	2/10
4	56	Lauren HOUSE, Caitlin KINNEAR, Erin JACKSON, Devon EASTLACK	#12 Muhlenberg	13:29.59	2/10
5	79	Emily MCGONIGLE, Olivia MORRIS, Catherine HAAS, Kathryn DEHAVEN	#20 Immaculata	14:09.31c(14:18.41)	1/21
6	88	Audrey CARTER, Dominique MONROY, Annemarie WOOD, Hedy GOODMAN	#10 Haverford	14:19.14	2/10
7	97	Brianna MARTINEZ-BURNS, Ava HUNWICK, Emily BYUN, Christina SANCHO-SPORE	#24 Pratt Institute	14:33.54	2/10

Women's High Jump

1	15	Lexi GROFF	#8 Moravian	N E 1.66m	5-5½	12/9
2	16	Kira PORZIO	#17 Merchant Marine	E 1.65m	5-5	1/6
3	63	Hannah SWALE	#6 Swarthmore	N E 1.58m	5-2¼	1/27
3	63	Emily RUSSELL	#16 Farmingdale State	E 1.58m	5-2¼	12/2
3	63	Eliza BRUNCAJ	#1 TCNJ	N E 1.58m	5-2¼	1/21
6	78	Kaitlyn VERVER	#3 Stockton	N E 1.57m	5-1¾	1/28
6	78	Caroline TIGHE	#4 Stevens	N E 1.57m	5-1¾	1/28
6	78	Avery MCNULTY	#12 Muhlenberg	N E 1.57m	5-1¾	1/27
6	78	Susann FOLEY	#3 Stockton	N E 1.57m	5-1¾	12/3
10		Emily TRELSTAD	#6 Swarthmore	1.55m	5-1	12/9

Women's Pole Vault

1	61	Aliza WHITE-VEGA	#14 Eastern (Pa.)	N E 3.35m	10-11¾	2/4
1	61	Savannah STEGER	#2 Widener	N E 3.35m	10-11¾	2/10
3	72	Paige CARPENTER	#14 Eastern (Pa.)	N E 3.33m	10-11	2/10
4		Alexis MEROLA	#4 Stevens	N E 3.20m	10-6	12/3
5		Madison FEY	#3 Stockton	3.06m	10-½	2/11
6		Emma MELE	#13 DeSales	3.05m	10-0	2/5
7		Julia DAKWAR	#1 TCNJ	3.00m	9-10	2/11
8		Sophie SPRINGER	#6 Swarthmore	2.89m	9-5¾	12/9
9		Alaysia COURSEY	#5 Rowan	2.85m	9-4¼	12/2
10		Alicia KLOTZ	#3 Stockton	2.75m	9-¼	1/28
10		Juniper BAUROTH-SHERMAN	#7 Ursinus	2.75m	9-¼	12/9



Regional TFRI Event Summary

as of 2/13/2023 12:03:18 PM

Metro

Women's Long Jump

1	57	Sidney WHETSTONE	#15	Montclair State	N E 5.35m	17-6¾	1/28
2	79	Karla GOMEZ-MATOS	#1	TCNJ	N E 5.29m	17-4¼	1/21
3	99	Eliza BRUNCAJ	#1	TCNJ	N E 5.25m	17-2¾	12/10
3	99	Khristina WASHINGTON	#3	Stockton	N E 5.25m	17-2¾	1/20
5		Liana MEYER	#4	Stevens	N E 5.24m	17-2¼	1/28
6		Niki MATTHEWS	#12	Muhlenberg	N E 5.15m	16-10¾	1/21
7		Gianna MALLEE	#21	Arcadia	5.08m	16-8	12/9
8		Sophia GRESHAM	#5	Rowan	5.04m	16-6½	1/20
9		Paige THOMPSON	#19	Delaware Valley	5.03m	16-6	2/11
10		Nicole WALETZKI	#4	Stevens	5.02m	16-5¾	12/3

Women's Triple Jump

1		Emma PETROLIA	#3	Stockton	N E 10.77m	35-4	2/3
2		Khristina WASHINGTON	#3	Stockton	10.63m	34-10½	1/28
2		Ashanae MORRISON	#3	Stockton	10.63m	34-10½	12/3
4		Hannah SWALE	#6	Swarthmore	10.58m	34-8½	12/9
5		Megan BRUBAKER	#13	DeSales	10.56m	34-7¾	12/2
6		Polina AGUTINA	#23	New Jersey City	10.51m	34-5¾	1/20
6		Divora BEKELE	#14	Eastern (Pa.)	10.51m	34-5¾	2/10
8		Brooke VALAN	#3	Stockton	10.50m	34-5½	1/28
9		Zoe IOVINO	#1	TCNJ	10.48m	34-4¾	12/3
10		Meredith O'DONNELL	#3	Stockton	10.28m	33-8¾	2/11
10		Niki MATTHEWS	#12	Muhlenberg	10.28m	33-8¾	1/27

Women's Shot Put

1	15	Adria RETTER	#6	Swarthmore	N E 13.50m	44-3½	2/4
2	35	Shahyan ABRAHAM	#3	Stockton	N E 12.96m	42-6¼	2/11
3	37	Isabelle DEAL	#7	Ursinus	N E 12.95m	42-6	2/4
4	53	Taniya GILES	#15	Montclair State	N E 12.62m	41-5	2/10
5	79	Kerri MCCARTHY	#1	TCNJ	N E 12.29m	40-4	2/11
6	81	Emily GALVIN	#5	Rowan	N E 12.24m	40-2	1/28
7	92	Edith GONZALEZ	#1	TCNJ	N E 12.13m	39-9¾	2/4
8		Shanil AUGUSTE	#11	Rutgers-Newark	N E 11.86m	38-11	1/13
9		Jacqueline ALLEN	#7	Ursinus	N E 11.64m	38-2¼	2/4
10		Margie RAYNE	#8	Moravian	N E 11.48m	37-8	1/21

Women's Weight Throw

1	11	Shahyan ABRAHAM	#3	Stockton	N E 17.58m	57-8¼	2/11
2	21	Emily GALVIN	#5	Rowan	N E 16.86m	55-3¾	1/20
3	29	Emily HILT	#18	Rutgers-Camden	N E 16.31m	53-6¼	1/21
4	39	Adria RETTER	#6	Swarthmore	N E 15.97m	52-4¾	12/9
5	69	Jessica REILLY	#1	TCNJ	N E 15.26m	50-¾	2/11
6	74	Shanil AUGUSTE	#11	Rutgers-Newark	N E 15.15m	49-8½	12/9
7		Faith FEZENKO	#12	Muhlenberg	N E 14.32m	46-11¾	1/21
8		Faith REMIAS	#11	Rutgers-Newark	N E 14.02m	46-0	2/10
8		Alexis MARINI	#18	Rutgers-Camden	N E 14.02m	46-0	2/10
10		AnaMaria LACCETTI	#4	Stevens	N E 14.00m	45-11¼	1/20
10		Jacqueline ALLEN	#7	Ursinus	N E 14.00m	45-11¼	2/4

Women's Pentathlon

1	15	Eliza BRUNCAJ	#1	TCNJ	N E 3,212		2/4
2	40	Hannah SWALE	#6	Swarthmore	N E 2,925c	(2,905)	1/27
3	41	Liana MEYER	#4	Stevens	N E 2,913c	(2,890)	12/2
4	45	Emily RUSSELL	#16	Farmingdale State	N E 2,882c	(2,866)	12/2
5		Susan GEORGE	#4	Stevens	2,359c	(2,339)	12/2
6		Juniper BAUROTH-SHERMAN	#7	Ursinus	2,276		2/4
7		Emily KIPERS	#20	Immaculata	1,322		2/4



Regional TFRI Event Summary

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Mid-Atlantic

Women's 60 Meters

1	7	Lauren PHILLIPS	#1	Johns Hopkins	N E 7.68	1/14
2	19	Samantha GIORDANI	#2	Carnegie Mellon	N E 7.75	2/4
3	49	Victoria KADIRI	#1	Johns Hopkins	N E 7.85	2/11
4	89	Elizabeth BARRE	#2	Carnegie Mellon	N E 7.95	2/4
5	96	Alayna KREMPA	#3	Susquehanna	N E 7.96	2/4
5	96	Alexa RINE	#3	Susquehanna	N E 7.96	2/10
5	96	Leah GRAY		Penn State Harrisburg	N E 7.96	2/10
8		Mirra KLIMOV	#1	Johns Hopkins	N E 8.03	12/2
9		Emma VEZZOSI	#15	Grove City	N E 8.04	12/2
9		Sara PENUELA	#6	Dickinson	N E 8.04	2/10
9		Abigail GERDES	#1	Johns Hopkins	N E 8.04	2/3

Women's 60 Meter Hurdles

1	11	Leah BERGEY	#11	Lancaster Bible	N E 8.85	2/10
2	16	Chloe YODER	#3	Susquehanna	N E 8.89	2/4
3	27	Julia PENA	#13	York (Pa.)	N E 8.98	1/27
4	32	Elizabeth BARRE	#2	Carnegie Mellon	N E 9.05	1/21
5	57	Victoria KADIRI	#1	Johns Hopkins	N E 9.22	1/27
6	95	Alayna KREMPA	#3	Susquehanna	N E 9.38	1/20
7	96	Katherine HENDERSON	#10	Waynesburg	N E 9.39	1/27
8	98	Hannah ALDERFER	#3	Susquehanna	N E 9.40	2/4
9		Victoria ZULTEVICZ	#19	King's College (Pa.)	N E 9.47	2/3
10		Darya MIKUSOVA	#6	Dickinson	N E 9.52	2/3

Women's 200 Meters

1	7	Samantha GIORDANI	#2	Carnegie Mellon	N E 24.78	12/2
2	18	Lauren PHILLIPS	#1	Johns Hopkins	N E 25.10	2/10
3	80	Grace MASSILLON	#1	Johns Hopkins	N E 25.96	2/10
4	97	Noelle GONZALEZ	#5	Scranton	N E 26.05c (26.45)	2/11
5		Jessica FATIGAI	#8	Westminster (Pa.)	N E 26.25	2/11
6		Erin OLSAVSKY	#6	Dickinson	N E 26.28c (26.68)	2/10
7		Sara PENUELA	#6	Dickinson	N E 26.33	2/3
8		Abby LIENHARD	#20	Franklin & Marshall	N E 26.34c (26.75)	2/10
9		Sonialys BADILLO	#4	Misericordia	N E 26.45c (26.86)	1/28
10		Kathleen SAUSSY	#1	Johns Hopkins	N E 26.48	2/10

Women's 400 Meters

1	2	Lauren PHILLIPS	#1	Johns Hopkins	N E 55.35	2/10
2	16	Samantha GIORDANI	#2	Carnegie Mellon	N E 57.22	12/2
3	40	Kathleen SAUSSY	#1	Johns Hopkins	N E 58.36	2/10
4	58	Grace MASSILLON	#1	Johns Hopkins	N E 58.87	2/10
5	60	Noelle GONZALEZ	#5	Scranton	N E 58.96c (59.74)	2/11
6	94	Lorna ARCESE	#1	Johns Hopkins	N E 59.60	2/10
7		Tanise THORNTON-FILLYAW	#9	Goucher	N E 59.71c (1:00.50)	2/4
8		Monal DATEROAO	#1	Johns Hopkins	N E 59.91	2/10
9		Darrian BERKHEIMER	#7	Lebanon Valley	N E 1:00.09c (1:00.88)	1/21
10		Anna ZAESKE	#1	Johns Hopkins	N E 1:00.16	12/2

Women's 800 Meters

1	37	Kelty OASTER	#14	Elizabethtown	N E 2:16.94c (2:18.52)	2/10
2	43	Tanise THORNTON-FILLYAW	#9	Goucher	N E 2:17.54	2/10
3	49	Emma KOTHARI	#1	Johns Hopkins	N E 2:18.28	2/10
4	68	Mackenzie SETTON	#1	Johns Hopkins	N E 2:18.87c (2:20.47)	1/27
5	83	Lily SHETH	#1	Johns Hopkins	N E 2:19.48c (2:21.08)	1/27
6	91	Mona YUAN	#2	Carnegie Mellon	N E 2:19.88	2/10
7	93	Lauren BUNKE	#7	Lebanon Valley	N E 2:20.05c (2:21.66)	2/11
8		Samantha HOFFMAN	#5	Scranton	N E 2:20.54c (2:22.16)	2/11
9		Kavya TUMMALAPALLI	#2	Carnegie Mellon	N E 2:21.65c (2:23.28)	2/4
10		Audrey KARWOWSKI	#15	Grove City	N E 2:22.06	2/11

Women's Mile

1	21	Mackenzie SETTON	#1	Johns Hopkins	N E 4:57.92	2/10
2	42	Carmen MEDVIT	#12	Geneva	N E 5:01.14	1/20
3	43	Isis DIAZ	#1	Johns Hopkins	N E 5:01.25c (5:04.23)	1/27
4	47	Sara STEPHENSON	#1	Johns Hopkins	N E 5:01.93c (5:04.91)	1/27
5	68	Adriana CATALANO	#1	Johns Hopkins	N E 5:05.64	2/10
6		Kelty OASTER	#14	Elizabethtown	N E 5:08.40	2/3
7		Jessica HOFFMANN	#5	Scranton	N E 5:08.50	2/3
8		Lily SHETH	#1	Johns Hopkins	N E 5:08.73	2/10
9		Cassie CARR	#21	Washington & Jefferson	N E 5:09.98	2/11
10		Samantha HOFFMAN	#5	Scranton	N E 5:10.30	2/3

Women's 3000 Meters

1	15	Sara STEPHENSON	#1	Johns Hopkins	N E 9:49.12	2/10
2	35	Isis DIAZ	#1	Johns Hopkins	N E 10:00.96	1/20
3	51	Carmen MEDVIT	#12	Geneva	N E 10:05.66	1/20
4	55	Jessica HOFFMANN	#5	Scranton	N E 10:06.56c (10:11.76)	1/28
5	63	Stephanie BROWN	#1	Johns Hopkins	N E 10:09.54	1/20
6	75	Clare ERWIN	#24	Chatham	N E 10:13.50c (10:18.76)	1/28
7	83	Milana STRAUB	#16	Marywood	N E 10:16.58c (10:21.86)	1/21
8	92	Molly KUZMA	#1	Johns Hopkins	N E 10:18.47	1/14
9		Triya ROY	#1	Johns Hopkins	N E 10:20.95	2/11
10		Kathryn HOPKINS	#23	Gettysburg	N E 10:22.25c (10:27.58)	2/4

Women's 5000 Meters

1	5	Alex ROSS	#1	Johns Hopkins	N E 16:41.39	12/2
2	23	Sydney FRIDEL	#1	Johns Hopkins	N E 17:21.82	12/2
3	25	Jessica HOFFMANN	#5	Scranton	N E 17:28.08c (17:36.10)	2/11
4	29	Molly KUZMA	#1	Johns Hopkins	N E 17:30.38c (17:38.42)	1/27
5	43	Katharine PRIU	#1	Johns Hopkins	N E 17:43.71	12/2
6	56	Milana STRAUB	#16	Marywood	N E 17:50.14	2/10
7	58	Isabelle PARDEW	#22	Stevenson	N E 17:50.58c (17:58.77)	1/27
8	62	Stephanie BROWN	#1	Johns Hopkins	N E 17:53.66c (18:01.88)	1/27
9	89	Clare ERWIN	#24	Chatham	N E 18:07.41c (18:15.73)	1/28
10	98	Triya ROY	#1	Johns Hopkins	N E 18:11.40	12/2



Regional TFRI Event Summary

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Mid-Atlantic

Women's 4x400 Relay

1	5	Lauren PHILLIPS, Grace MASSILLON, Monal DATERAQ, Kathleen SAUSSY	#1 Johns Hopkins	3:50.56	2/10
2	38	Isabella RHEE, Alexa LOWE, Elizabeth BARRE, Samantha GIORDANI	#2 Carnegie Mellon	4:05.29c (4:08.54)	2/4
3	47	Darya MIKUSOVA, Emerlee SIMONS, Abbe KITCHIN, Sara PENUELA	#6 Dickinson	4:06.88	2/3
4	50	Elena VARGAS, Halle JENNETT, Emma GRAYBILL, Kerrigan LEBO	#17 Messiah	4:07.76	2/3
5	80	Noelle GONZALEZ, Tasia MINIOTIS, Molly WHITE, Olivia MILLER	#5 Scranton	4:11.37c (4:14.70)	1/28
6	95	Ashley NEWMAN, Liza LEVIN, Kallan CARTER, Hannah ALDERFER	#3 Susquehanna	4:13.24c (4:16.60)	1/28
7	97	Amber HACKENBERG, Kristin GALLAGHER, Casey ALLEN, Sonialys BADILLO	#4 Misericordia	4:13.48	1/20
8		Tahira BAKARE, Tanise THORNTON- FILLYA, Emma KISTNER, Jaelan GABRIEL	#9 Goucher	4:16.50c (4:19.90)	2/4
9		Jessica FATIGATI, Caitlyn GOODRICH, Tamyah RAY, Abigail PAINTER	#8 Westminster (Pa)	4:19.15	2/11
10		Elizabeth LIEB, Kendal REAM, Janae BERGEY, Kara HUBER	#11 Lancaster Bible	4:19.33c (4:22.77)	2/10

Women's Distance Medley Relay

1	7	Mackenzie SETTON, Lauren PHILLIPS, Emma KOTHARI, Isis DIAZ	#1 Johns Hopkins	11:59.73	2/10
2	38	Olivia TULLMAN, Maria VIOLA, Isabella GENAO, Jessica HOFFMANN	#5 Scranton	12:57.00c (13:05.32)	1/21
3	39	Mona YUAN, Jacqueline LIU, Kavya TUMMALAPALLI, Kristen SEBALLOS	#2 Carnegie Mellon	13:03.34c (13:11.73)	2/4
4	43	Claire ANDERSON, Bre TRUSLER, Chloe LOCASTRO, Cassie CARR	#21 Washington & Je	13:06.84	1/27
5	46	Brianna WAGNER, Amber HACKENBERG, Madison KAMMER, Kristin GALLAGHER	#4 Misericordia	13:12.09c (13:20.57)	1/28
6	49	Lauren BRENNAN, Lily MURPHY, Cassy LANZA, Kristen PRINCE	Saint Vincent	13:17.01c (13:25.54)	2/4
7	96	Lilly RYER, Ella BOOTHE, Maggie STAINS, Jaylene MUNDORFF	#10 Waynesburg	14:32.26c (14:41.60)	1/21
8	100	Tumba POWELL, Hannah JONES, Hannah STROTT, Lillianna BRISCOE	#25 Thiel	14:48.68c (14:58.20)	2/4
9		Elizabeth ROBEY, Chloe TOLSON, Molly KLOSS, Lauren SAPP	St. Mary's (Md.)	14:54.08c (15:03.65)	1/14
10		Julia BAUER, Gianna D'AMATO, Abby BIDDLE, Alaina POST	#15 Grove City	14:59.31	1/27

Women's High Jump

1	3	Elizabeth BARRE	#2 Carnegie Mellon	E 1.71m	5-7¼	1/21
2	7	Leah BERGEY	#11 Lancaster Bible	E 1.68m	5-6	1/13
3	24	Casey ALLEN	#4 Misericordia	E 1.63m	5-4¼	2/11
4	32	Sarah WAGNER	#4 Misericordia	E 1.62m	5-3¾	1/14
5	40	Katherine HENDERSON	#10 Waynesburg	E 1.60m	5-3	2/4
5	40	Taryn SILVERNALE	#1 Johns Hopkins	E 1.60m	5-3	2/11
5	40	Sydney DETKY	#14 Elizabethtown	E 1.60m	5-3	12/9
5	40	Melena KOUTCH	#7 Lebanon Valley	E 1.60m	5-3	2/11
9	63	Kaylee SUAREZ	#25 Thiel	E 1.58m	5-2¼	2/4
10	78	Dorian CHENEY	#9 Goucher	E 1.57m	5-1¾	12/3



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Mid-Atlantic

Women's Pole Vault

1	4	Julia PENA	#13 York (Pa.)	N E 3.81m	12-6	12/9
2	32	Emma RUDOLPH	#8 Westminster (Pa.)	N E 3.55m	11-7¾	2/11
3	39	Sarah-Caulley SOTO	#1 Johns Hopkins	N E 3.49m	11-5¼	2/3
4	56	Cassidy BROWN	#1 Johns Hopkins	N E 3.37m	11-¾	1/27
5	59	Taryn SILVERNALE	#1 Johns Hopkins	N E 3.36m	11-¼	2/11
6	61	Madison CONLEY	#8 Westminster (Pa.)	N E 3.35m	10-11¾	1/27
7	71	Emily ORIEL	#7 Lebanon Valley	N E 3.34m	10-11½	12/9
8		Bianca SKELTON	#1 Johns Hopkins	N E 3.22m	10-6¾	1/27
9		Miayunique SOUTH	#1 Johns Hopkins	N E 3.21m	10-6¼	2/11
10		Maddy TREHARN	#8 Westminster (Pa.)	N E 3.20m	10-6	12/2

Women's Long Jump

1	1	Victoria KADIRI	#1 Johns Hopkins	N E 5.89m	19-4	1/27
2	16	Remi ACORD	#3 Susquehanna	N E 5.56m	18-3	12/3
3	34	Sarah WAGNER	#4 Misericordia	N E 5.44m	17-10¼	2/11
3	34	Hannah ALDERFER	#3 Susquehanna	N E 5.44m	17-10¼	2/10
5	39	Katherine HENDERSON	#10 Waynesburg	N E 5.43m	17-9¾	1/27
5	39	Julia PENA	#13 York (Pa.)	N E 5.43m	17-9¾	2/4
7	55	Elizabeth BARRE	#2 Carnegie Mellon	N E 5.37m	17-7½	2/4
8	62	Emma VEZZOSI	#15 Grove City	N E 5.34m	17-6¼	1/27
9	63	Shinelle FELIX	#18 Alvernia	N E 5.33m	17-6	12/2
10	78	Abby LIENHARD	#20 Franklin & Marshall	N E 5.30m	17-4¾	2/4

Women's Triple Jump

1	1	Victoria KADIRI	#1 Johns Hopkins	N E 12.38m	40-7½	12/2
2	4	Shinelle FELIX	#18 Alvernia	N E 11.96m	39-3	2/11
3	30	Carter HINTON-AYODELE	#9 Goucher	N E 11.39m	37-4½	1/13
4	36	Remi ACORD	#3 Susquehanna	N E 11.30m	37-1	2/10
5	37	Mylina CASTILLO	#18 Alvernia	N E 11.29m	37-½	2/11
5	37	Sarah WAGNER	#4 Misericordia	N E 11.29m	37-½	1/28
7	66	Sophie NILSSON	#1 Johns Hopkins	N E 11.00m	36-1¼	12/2
8	91	Natasha MIHALKO	#4 Misericordia	N E 10.81m	35-5¾	12/2
9	98	Emma PARNELL	#12 Geneva	N E 10.79m	35-4¾	1/27
10	99	Elizabeth LIEB	#6 Dickinson	N E 10.78m	35-4½	2/4

Women's Shot Put

1	25	Brenna KARNISH	#4 Misericordia	N E 13.18m	43-3	2/11
2	51	Rosalyn PAGE	#16 Marywood	N E 12.67m	41-7	1/14
3	55	Kathleen MONAHAN	#2 Carnegie Mellon	N E 12.58m	41-3¼	1/28
4		Lexi SHIDERLY	#8 Westminster (Pa.)	N E 11.94m	39-2¼	2/10
5		Kelsey NEFF	#1 Johns Hopkins	N E 11.80m	38-8¾	1/21
6		Adele HOLLANDER	#19 King's College (Ft.)	N E 11.63m	38-2	12/3
6		Maggie BOYER	#3 Susquehanna	N E 11.63m	38-2	1/20
8		Sarayne FORBES	#6 Dickinson	N E 11.56m	37-11¼	2/4
9		Rebecca DOLCE	#10 Waynesburg	11.15m	36-7	2/10
10		Brandy VARNER	#19 King's College (Ft.)	11.11m	36-5½	2/11

Women's Weight Throw

1	18	Brenna KARNISH	#4 Misericordia	N E 17.01m	55-9¾	1/20
2	90	Ashley BARTELS	#7 Lebanon Valley	N E 14.92m	48-11½	1/21
3	91	Ola OWODUNNI	#2 Carnegie Mellon	N E 14.91m	48-11	12/3
4		Jillian BARGER	#20 Franklin & Marshall	N E 14.42m	47-3¾	1/27
5		Allison STANDISH	#12 Geneva	N E 13.81m	45-3¾	1/27
6		Makayla VAUGHNS	#22 Stevenson	N E 13.67m	44-10¼	1/27
7		Anna BELLUCCI	#19 King's College (Ft.)	N E 13.49m	44-3¼	2/11
7		Makenze SPENCE	#7 Lebanon Valley	N E 13.49m	44-3¼	2/11
9		Agnes ZHOU	#2 Carnegie Mellon	N E 13.44m	44-1¼	12/3
10		Jenna DEEP	#6 Dickinson	N E 13.43m	44-¾	2/3

Women's Pentathlon

1	4	Victoria KADIRI	#1 Johns Hopkins	N E 3,491c	(3,470)	1/27
2	7	Elizabeth BARRE	#2 Carnegie Mellon	N E 3,388c	(3,367)	12/2
3	12	Leah BERGEY	#11 Lancaster Bible	N E 3,241c	(3,220)	2/10
4	14	Katherine HENDERSON	#10 Waynesburg	N E 3,229		1/27
5	21	Hannah ALDERFER	#3 Susquehanna	N E 3,102c	(3,081)	2/4
6	46	Chloe YODER	#3 Susquehanna	N E 2,875c	(2,854)	12/9
7	47	Emma VEZZOSI	#15 Grove City	N E 2,873		1/27
8	65	Jaclyn DONOHO	#1 Johns Hopkins	2,689c	(2,666)	1/27
9	74	Sophia KOVATSIS	#6 Dickinson	2,631		2/4
10	93	Jasmine AHMED	#5 Scranton	2,515c	(2,494)	12/9



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Mideast

Women's 60 Meters

1	2	Kiara TAN	#1	Williams	N E 7.61	1/29
2	19	Michelle KWAFO	#7	Coast Guard	N E 7.75	2/3
3	40	Malissa LINDSEY	#6	Connecticut Col	W E 7.83	2/4
4	62	Cady BARNES	#2	Middlebury	N E 7.89	1/14
5	71	Traci FRANCIS	#9	Vassar	N E 7.91	12/3
6	78	Augusta Claire BURHANS	#4	Wesleyan (Conn)	N E 7.93	1/14
7	84	Grace DEVANNY	#4	Wesleyan (Conn)	N E 7.94	1/20
8	96	Gabby HARRIS	#4	Wesleyan (Conn)	N E 7.96	1/14
9		Gwendolyn ANDERSEN	#5	Springfield (Mas)	N E 7.98	1/27
10		Stephanie BROWN	#5	Springfield (Mas)	N E 7.99	2/4

Women's 60 Meter Hurdles

1	11	Eliza CARDWELL	#3	Amherst	N E 8.85	1/29
2	14	Michelle KWAFO	#7	Coast Guard	N E 8.88	2/10
3	30	Emma MCGUINN	#8	RPI	N E 9.04	2/4
4	43	Emily RUBIO	#2	Middlebury	N E 9.10	1/29
5	46	Jahmilia DENNIS	#9	Vassar	N E 9.13	12/3
6	51	Anastasia IOPPOLO	#3	Amherst	N E 9.20	2/4
7	54	Arisa Grace MCGOWAN	#3	Amherst	N E 9.21	1/29
8	69	Hayden COLFAX	#1	Williams	N E 9.28	1/29
9	83	Ziann FACEY	#1	Williams	N E 9.33	1/29
10	94	Trintje NYDAM	#3	Amherst	N E 9.37	1/20

Women's 200 Meters

1	1	Grace DEVANNY	#4	Wesleyan (Conn)	N E 24.42	2/10
2	12	Kiara TAN	#1	Williams	N E 24.96	2/10
3	31	Malissa LINDSEY	#6	Connecticut Col	W E 25.37	2/10
4	36	Michelle KWAFO	#7	Coast Guard	N E 25.46	2/10
5	77	Augusta Claire BURHANS	#4	Wesleyan (Conn)	N E 25.95	2/10
6	88	Marley FROE	#17	Union (N.Y.)	N E 25.99	2/10
7		Ava NOVAK	#9	Vassar	N E 26.09	2/10
8		Michelle LOUIE	#2	Middlebury	N E 26.11	2/10
9		Eva KAIDEN	#2	Middlebury	N E 26.13c (26.53)	1/14
10		Christine MALLETTE	#8	RPI	N E 26.14	2/10

Women's 400 Meters

1	1	Grace DEVANNY	#4	Wesleyan (Conn)	N E 55.26	2/10
2	19	Camryn TAYLOR	#1	Williams	N E 57.42	2/10
3	23	Kennedy MULLEN	#10	Trinity (Conn.)	N E 57.66	2/10
4	29	Malia KLEIN	#1	Williams	N E 58.09	2/10
5	60	Michelle LOUIE	#2	Middlebury	N E 58.96	2/10
6	66	Ciara DALE	#2	Middlebury	N E 59.11	1/29
7	82	Annabel CLONEY	#2	Middlebury	N E 59.42	2/10
8		Cate KNEEBONE	#10	Trinity (Conn.)	N E 59.69	2/10
9		Eva KAIDEN	#2	Middlebury	N E 59.88c (1:00.67)	1/20
10		Casie EIFRIG	#3	Amherst	N E 1:00.07c (1:00.86)	2/4

Women's 800 Meters

1	36	Maeve HOFFMAN	#4	Wesleyan (Conn)	N E 2:16.80	2/10
2	45	Aislyn MCDONOUGH	#11	SUNY Plattsburg	W E 2:17.80	2/10
3	56	Margo PEDERSEN	#3	Amherst	N E 2:18.50	1/29
4	59	Grace MCDONOUGH	#6	Connecticut Col	W E 2:18.57	2/10
5	67	Piper LENTZ	#3	Amherst	N E 2:18.86	2/10
6	75	Blakeley BUCKINGHAM	#1	Williams	N E 2:19.29c (2:20.89)	1/14
7	77	Alexa ESTES	#6	Connecticut Col	W E 2:19.31	2/10
8	79	Bella LOZIER	#3	Amherst	N E 2:19.35	2/10
9	87	Sophia WHITE	#7	Coast Guard	N E 2:19.69	2/10
10	96	Kate KENNY	#2	Middlebury	N E 2:20.17	1/29

Women's Mile

1	7	Molly FITZGIBBONS	#1	Williams	N E 4:54.71	2/10
2	10	Morgan LEE	#8	RPI	N E 4:55.91	2/10
3	16	Blakeley BUCKINGHAM	#1	Williams	N E 4:57.47	1/29
4	18	Kate KENNY	#2	Middlebury	N E 4:57.59	2/10
5	35	Lucy GAGNON	#1	Williams	N E 5:00.02	2/10
6	59	Julia CURRAN	#6	Connecticut Col	W E 5:04.31c (5:07.32)	1/21
7	61	Maeve HOFFMAN	#4	Wesleyan (Conn)	N E 5:05.07	1/29
8	69	Pria PARKER	#12	Smith	N E 5:05.67	1/27
9	73	Jordan WALTER	#4	Wesleyan (Conn)	N E 5:06.19	1/29
10	78	Mary Kate MCGRANAHAN	#3	Amherst	N E 5:06.56c (5:09.59)	2/4

Women's 3000 Meters

1	7	Morgan LEE	#8	RPI	N E 9:40.99	1/27
2	19	Ella BALL	#1	Williams	N E 9:50.96	2/10
3	20	Molly FITZGIBBONS	#1	Williams	N E 9:52.99	1/29
4	31	Nia GODDARD	#8	RPI	N E 10:00.11	1/27
5	76	Claire SEMEROD	#7	Coast Guard	N E 10:13.59c (10:20.03)	1/14
6	78	Pria PARKER	#12	Smith	N E 10:15.57	12/3
7	86	Olivia PISACANO	#8	RPI	N E 10:17.27	2/10
8	89	Mary Kate MCGRANAHAN	#3	Amherst	N E 10:17.66c (10:22.95)	1/14
9	91	Bea PARR	#2	Middlebury	N E 10:18.46c (10:23.76)	1/14
10	94	Julia CURRAN	#6	Connecticut Col	W E 10:18.79c (10:24.09)	1/14

Women's 5000 Meters

1	9	Ella BALL	#1	Williams	N E 17:00.82	12/3
2	14	Genna GIRARD	#1	Williams	N E 17:07.57	12/3
3	24	Mary Kate MCGRANAHAN	#3	Amherst	N E 17:25.31	1/29
4	44	Julia CURRAN	#6	Connecticut Col	W E 17:43.78	2/10
5	54	Nia GODDARD	#8	RPI	N E 17:48.44	2/10
6	55	Bea PARR	#2	Middlebury	N E 17:49.48	2/10
7	69	Charlotte STAUDENMAYER	#1	Williams	N E 17:57.14	2/10
8	72	Miranda GRAVES	#4	Wesleyan (Conn)	N E 17:58.90	2/10
9	73	Allison LOUNSBURY	#3	Amherst	N E 17:58.98	1/29
10	77	Fiona PICONE	#1	Williams	N E 18:02.23	1/29



Regional TFRI Event Summary

as of 2/13/2023 12:03:19 PM

Midwest

Women's 4x400 Relay

1	13	Eliza CARDWELL, Myeh MEDINA, Trintje NYDAM, Casie EIFRIG	#3 Amherst	3:55.74	2/10
2	16	Kenzie KELLY, Gabby HARRIS, Augusta Clai BURHANS, Grace DEVANNY	#4 Wesleyan (Conn)	3:57.50	2/10
3	18	Cate KNEEBONE, Julianna KENNEDY, Kennedy MULLEN, Sophia JONES	#10 Trinity (Conn.)	3:58.28	2/10
4	19	Ella SUKUP, Malia KLEIN, Daisy VALLE, Camryn TAYLOR	#1 Williams	3:58.54	2/10
5	27	Eva KAIDEN, Annabel CLONEY, Mary ELLIOT, Ciara DALE	#2 Middlebury	4:02.16	1/29
6	51	Jazmyn GILLESPIE, Mary RUSNOCK, Emma WHEELER, Kathryn SUPLEE	#6 Connecticut Coll	4:07.81	2/10
7	75	Katie MANNING, Faydia THOMPSON, Emma MCGUINN, Christine MALLETT	#8 RPI	4:10.50	2/10
8	88	Allison RITCHIE, Emma RACCARO, Mackenzie DIDONATO, Emma DONOHUE	#5 Springfield (Mas)	4:12.17c (4:15.51)	2/4
9	92	Lena BAKER, Ellen SMITH, Shams FERVER, Anjali JONES	#12 Smith	4:12.93c (4:16.28)	1/28
10		Gabrielle BAKER, Catherine DACEY, Alayna GIBSON, Caroline STANTON	#17 Union (N.Y.)	4:18.76c (4:22.19)	1/27

Women's Distance Medley Relay

1	2	Blakeley BUCKINGHAM, Camryn TAYLOR, Katerina PAPCHELA, Molly FITZGIBBONS	#1 Williams	11:45.04	2/10
2	9	Jordan WALTER, Kenzie KELLY, Grace DEVANNY, Maeve HOFFMAN	#4 Wesleyan (Conn)	12:03.94	2/10
3	12	Bella LOZIER, Casie EIFRIG, Piper LENTZ, Sylvan WOLD	#3 Amherst	12:10.70	2/10
4	13	Grace MCDONOUGH, Mary RUSNOCK, Alexa ESTES, Julia CURRAN	#6 Connecticut Coll	12:10.85	2/10
5	20	Audrey GRIMES, Elle THOMPSON, Tatum PESKIN, Kate KENNY	#2 Middlebury	12:26.42	1/29
6	24	Emma PALUMBO, Alexa SMITH, Alexis PARENT, Allison SIBOLD	#14 St. Lawrence	12:32.07	2/10
7	26	Mirabel BRUNELL, Abigail CLINCH, Kristina KYLE, Brenna LACHAPPELLE	#5 Springfield (Mas)	12:35.56	2/10
8	27	Paige PHILLIPS, Sidney TRIEPKE, Sophia WHITE, Hope SHALES	#7 Coast Guard	12:38.07	2/10
9	57	Augusta STOCKMAN, Nora GOLDBERG- COURTN, Clara WIESLER, Noni PATTINGTON	#9 Vassar	13:30.54c(13:39.22)	1/27
10	58	Molly KENNEDY, Mia MCDONALD, Brynne LECOURS, Shea HAMEL	#15 Westfield State	13:33.92c(13:46.06)	1/14

Women's High Jump

1	16	Emily RUBIO	#2 Middlebury	N E 1.65m	5-5	1/20
2	24	Livi MAZEROLLE	#1 Williams	N E 1.63m	5-4¼	1/14
2	24	Gabriella GRATTAN	#10 Trinity (Conn.)	N E 1.63m	5-4¼	2/11
4	63	Anaya THOMAS	#3 Amherst	N E 1.58m	5-2¼	1/14
4	63	Allie WILDSMITH	#7 Coast Guard	N E 1.58m	5-2¼	2/11
4	63	Amelie JAMANKA	#1 Williams	N E 1.58m	5-2¼	2/11
7	78	Kerry SEEKAMP	#12 Smith	N E 1.57m	5-1¾	1/14
7	78	Maia WAHLQUIST	#14 St. Lawrence	N E 1.57m	5-1¾	1/14
7	78	Hayden COLFAX	#1 Williams	N E 1.57m	5-1¾	12/9
7	78	Rebecca CHRISTIE	#11 SUNY Plattsburgh	N E 1.57m	5-1¾	2/8



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #4, February 13

as of 2/13/2023 12:03:19 PM

Mideast

Women's Pole Vault

1	21	Madison GARRIGUS	#7	Coast Guard	N E 3.60m	11-9¾	1/14
1	21	Ellie FITZGERALD	#1	Williams	N E 3.60m	11-9¾	1/29
1	21	Kerry SEEKAMP	#12	Smith	N E 3.60m	11-9¾	2/4
4	61	Zoe WANG	#2	Middlebury	N E 3.35m	10-11¾	1/20
5	74	Jordan HECKER	#3	Amherst	N E 3.30m	10-9¾	2/4
5	74	Mia BAWENDI	#3	Amherst	N E 3.30m	10-9¾	1/14
5	74	Jae YU	#1	Williams	N E 3.30m	10-9¾	1/29
5	74	Poppy MILLER	#1	Williams	N E 3.30m	10-9¾	2/11
9		Jillian SCOTT	#5	Springfield (Masv	E 3.22m	10-6¾	2/4
10		Fiona CARROLL	#4	Wesleyan (Conn	E 3.21m	10-6¼	1/20

Women's Long Jump

1	8	Morgan NASIR	#1	Williams	N E 5.65m	18-6½	2/11
2	16	Cady BARNS	#2	Middlebury	N E 5.56m	18-3	2/8
3	23	Kristen CHOU	#1	Williams	N E 5.50m	18-½	2/11
4	27	Mackenzie DAGGITT	#2	Middlebury	N E 5.48m	17-11¾	1/29
5	32	Matlyn GROSS	#5	Springfield (Masv	E 5.45m	17-10¾	1/21
6	34	Eliza CARDWELL	#3	Amherst	N E 5.44m	17-10¼	1/14
7	56	Lucinda POLLITT	#2	Middlebury	N E 5.36m	17-7	2/8
8	57	Anastasia IOPPOLO	#3	Amherst	N E 5.35m	17-6¾	2/4
9	75	Vicky MARIN	#15	Westfield State	N E 5.31m	17-5¼	12/10
10	79	Emma WHEELER	#6	Connecticut Coll	E 5.29m	17-4¼	1/29

Women's Triple Jump

1	8	Matlyn GROSS	#5	Springfield (Masv	E 11.82m	38-9½	1/21
2	13	Cady BARNS	#2	Middlebury	N E 11.66m	38-3¼	2/8
3	30	Jahmilia DENNIS	#9	Vassar	N E 11.39m	37-4½	2/10
4	40	Samantha PAUL	#5	Springfield (Masv	E 11.25m	36-11	1/21
5	42	Lucinda POLLITT	#2	Middlebury	N E 11.24m	36-10½	2/11
6	55	Erica MACSWEENEY	#6	Connecticut Coll	E 11.10m	36-5	1/29
7	64	Anastasia IOPPOLO	#3	Amherst	N E 11.04m	36-2¾	1/29
8	68	Vicky MARIN	#15	Westfield State	N E 10.99m	36-¾	12/3
9	75	Michaela SCHAFFER	#11	SUNY Plattsburg	E 10.93m	35-10½	12/3
9	75	Anaya THOMAS	#3	Amherst	N E 10.93m	35-10½	2/4

Women's Shot Put

1	67	Kaitlyn BJELKO	#11	SUNY Plattsburg	E 12.42m	40-9	2/8
2	74	Julia TULIMIERI	#2	Middlebury	N E 12.37m	40-7	1/14
3	87	Wenesha STEWART	#16	Eastern Connect	E 12.19m	40-0	12/2
4	97	Emma MILLER	#1	Williams	N E 12.08m	39-7¾	1/14
5		Christa CARR	#5	Springfield (Masv	E 12.00m	39-4½	1/21
6		Sadie OLSON	#7	Coast Guard	N E 11.89m	39-¼	2/11
7		Sophie WARREN	#5	Springfield (Masv	E 11.56m	37-11¼	2/4
8		Emma DOYLE	#18	Mount Holyoke	N E 11.54m	37-10½	1/28
9		Mary Scott ROBINSON	#2	Middlebury	N E 11.33m	37-2¼	1/29
10		Maureen HAMMOND	#7	Coast Guard	N E 11.27m	36-11¾	1/20
10		Mackenzie GINGRAS	#5	Springfield (Masv	E 11.27m	36-11¾	2/4

Women's Weight Throw

1	38	Melissa MEJIA	#13	Rhode Island Co	E 16.01m	52-6½	1/27
2	61	Samantha SAINTRISIL	#13	Rhode Island Co	N E 15.48m	50-9½	2/10
3	81	Lily GOULD	#5	Springfield (Mas	E 15.02m	49-3½	2/4
4		Kamila ZYGADLO	#10	Trinity (Conn.)	N E 14.74m	48-4½	2/11
5		Kalea SALANG	#7	Coast Guard	N E 14.58m	47-10	2/3
6		Mary Scott ROBINSON	#2	Middlebury	N E 14.35m	47-1	1/29
7		Mackenzie GINGRAS	#5	Springfield (Mas	E 13.84m	45-5	1/21
8		Hayley CHARITER	#13	Rhode Island Co	N E 13.77m	45-2¼	12/10
9		Sophie WARREN	#5	Springfield (Mas	E 13.75m	45-1½	12/3
10		Sadie OLSON	#7	Coast Guard	N E 13.71m	44-11¾	1/14

Women's Pentathlon

1	6	Emily RUBIO	#2	Middlebury	N E 3,463c	(3,440)	1/20
2	22	Hayden COLFAX	#1	Williams	N E 3,098c	(3,077)	12/9
3	37	Livi MAZEROLLE	#1	Williams	N E 2,976c	(2,955)	12/9
4	39	Emma WHEELER	#6	Connecticut Coll	E 2,963c	(2,943)	1/20
5	42	Trintje NYDAM	#3	Amherst	N E 2,904c	(2,882)	1/20
6	51	Faye STEVENS	#9	Vassar	2,847		12/3
7	53	Hannah BROWN	#1	Williams	2,846c	(2,826)	12/9
8	56	Erica MACSWEENEY	#6	Connecticut Coll	2,802		2/2
9	89	Elinor KOPS	#9	Vassar	2,567		12/3
10	96	Greta VAUGHN	#1	Williams	2,467c	(2,446)	12/9



Regional TFRI Event Summary

as of 2/13/2023 12:03:20 PM

Midwest

Women's 60 Meters

1	7	Marion EDWARDS	#3	Loras	N E 7.68	1/27
2	12	Ava DAVID	#6	Elmhurst	N E 7.70	2/10
3	15	Maddie LYONS	#1	Chicago	N E 7.74	2/11
3	15	Mercedes JACKSON	#5	North Central (Ilw)	E 7.74	2/11
3	15	Izzy LAYNE	#1	Chicago	N E 7.74	2/11
6	19	Gabri MESCHINO	#1	Chicago	N E 7.75	2/11
6	19	Lindsey NOVAK	#5	North Central (Ilw)	E 7.75	2/11
8	23	Mikala SIDNEY	#4	Wartburg	N E 7.76	2/3
9	29	Harmony CREASY	#3	Loras	N E 7.79	2/3
10	31	Mycah CLAY	#2	Washington (Mo)	E 7.80	1/13

Women's 60 Meter Hurdles

1	6	Julia BABINEC	#5	North Central (Ilw)	E 8.73	1/27
2	10	Nakala NADEAU	#6	Elmhurst	N E 8.84	1/27
3	14	Charis RIEBE	#2	Washington (Mo)	E 8.88	2/11
4	18	Ren BROWN	#1	Chicago	N E 8.90	2/11
5	19	Cayden SHARP	#7	Greenville	N E 8.91	1/27
6	21	Lauren GAY	#2	Washington (Mo)	E 8.93	1/27
7	22	Denise PARTEE	#5	North Central (Ilw)	E 8.94	1/27
8	27	JoJo TYYNISMAA	#4	Wartburg	N E 8.98	2/3
9	32	Natalie MCALLISTER	#13	Cornell College	N E 9.05	2/11
10	34	Olivia BOHLEN	#10	Central (Iowa)	N E 9.07	12/9

Women's 200 Meters

1	3	Lindsey NOVAK	#5	North Central (Ilw)	E 24.66c (25.04)	2/11
2	8	Marion EDWARDS	#3	Loras	N E 24.81c (25.19)	2/11
3	15	Isabella HOGUE	#8	Nebraska Wesleyan	E 24.99	1/20
4	16	Ava DAVID	#6	Elmhurst	N E 25.06c (25.45)	1/21
5	21	Lauren GAY	#2	Washington (Mo)	E 25.24c (25.63)	1/27
6	28	Kylie SPYTEK	#2	Washington (Mo)	E 25.31c (25.70)	2/3
7	29	Nicole STEWART	#2	Washington (Mo)	E 25.36c (25.75)	2/11
7	29	Gabri MESCHINO	#1	Chicago	N E 25.36c (25.75)	2/11
9	32	Harmony CREASY	#3	Loras	N E 25.42c (25.81)	2/3
10	51	Huda HUSSAINI	#6	Elmhurst	N E 25.68c (26.08)	2/11

Women's 400 Meters

1	5	Ava DAVID	#6	Elmhurst	N E 56.26	1/27
2	6	Alyssa PFADENHAUER	#3	Loras	N E 56.42c (57.16)	2/3
3	10	Lindsey NOVAK	#5	North Central (Ilw)	E 56.81	1/27
4	12	Emma KELLEY	#2	Washington (Mo)	E 56.85c (57.60)	1/21
5	13	Marion EDWARDS	#3	Loras	N E 56.87c (57.62)	2/3
6	35	Kylie SPYTEK	#2	Washington (Mo)	E 58.25c (59.02)	1/21
7	38	Isabella HILGER	#8	Nebraska Wesleyan	E 58.33	2/10
8	46	Alexa KOZA	#8	Nebraska Wesleyan	E 58.52c (59.29)	2/3
9	57	Faith UDOBONG	#1	Chicago	N E 58.86c (59.64)	2/11
10	62	Rachel NAGEL	#4	Wartburg	N E 59.05c (59.83)	2/3

Women's 800 Meters

1	1	Emma KELLEY	#2	Washington (Mo)	E 2:08.85c (2:10.33)	2/11
2	2	Aoife DUNNE	#2	Washington (Mo)	E 2:10.70c (2:12.20)	2/11
3	13	Alessia SARUSSI	#2	Washington (Mo)	E 2:14.01c (2:15.55)	2/11
4	14	Elisabeth CAMIC	#1	Chicago	N E 2:14.21c (2:15.75)	2/11
5	15	Elly BURDS	#3	Loras	N E 2:14.31c (2:15.85)	2/11
6	17	Claudia HARNETT	#1	Chicago	N E 2:14.73	1/27
7	19	Sophie FOX	#2	Washington (Mo)	E 2:14.98c (2:16.53)	2/11
8	21	Maddie KELLY	#1	Chicago	N E 2:15.05c (2:16.60)	1/7
9	25	Emily KONKUS	#2	Washington (Mo)	E 2:15.41c (2:16.97)	2/3
10	27	Danielle SCHULTZ	#2	Washington (Mo)	E 2:15.78c (2:17.34)	2/3

Women's Mile

1	5	Emily KONKUS	#2	Washington (Mo)	E 4:53.66c (4:56.56)	2/11
2	6	Maddie KELLY	#1	Chicago	N E 4:53.94	1/27
3	11	Evelyn BATTLESON-GUNKEL	#1	Chicago	N E 4:56.33	1/27
4	13	Cat WIMMER	#1	Chicago	N E 4:56.75	1/27
5	17	Nora HOLMES	#1	Chicago	N E 4:57.52	1/27
6	20	Lindsay OTT	#2	Washington (Mo)	E 4:57.85c (5:00.79)	2/11
7	21	Claudia HARNETT	#1	Chicago	N E 4:57.92	2/10
8	26	Aubrie FISHER	#4	Wartburg	N E 4:58.98	1/21
9	28	Alyssa RAFUSE	#6	Elmhurst	N E 4:59.07	2/10
10	34	Aoife DUNNE	#2	Washington (Mo)	E 4:59.94c (5:02.90)	1/13

Women's 3000 Meters

1	4	Maddie KELLY	#1	Chicago	N E 9:33.08	2/10
2	6	Aubrie FISHER	#4	Wartburg	N E 9:39.79c (9:44.76)	2/3
3	11	Evelyn BATTLESON-GUNKEL	#1	Chicago	N E 9:46.21	2/10
4	12	Lexi BROWN	#4	Wartburg	N E 9:46.39	1/21
5	14	Caroline MCMARTIN	#10	Central (Iowa)	N E 9:47.86c (9:52.90)	2/3
6	17	Emily KONKUS	#2	Washington (Mo)	E 9:50.00c (9:55.05)	1/21
7	23	Ella BEHRENS	#2	Washington (Mo)	E 9:54.28c (9:59.37)	1/21
8	24	Anna KENIG-ZIESLER	#1	Chicago	N E 9:55.34c (10:00.44)	1/21
9	27	Katarina BIRIMAC	#1	Chicago	N E 9:57.22c (10:02.34)	1/21
10	29	Frances SCHAEFFLER	#1	Chicago	N E 9:59.45c (10:04.59)	1/21

Women's 5000 Meters

1	6	Anna KENIG-ZIESLER	#1	Chicago	N E 16:55.17c (17:02.94)	2/11
2	7	Lexi BROWN	#4	Wartburg	N E 16:55.47c (17:03.24)	2/11
3	10	Shaelyn HOSTAGER	#4	Wartburg	N E 17:02.70c (17:10.53)	2/11
4	12	Frances SCHAEFFLER	#1	Chicago	N E 17:05.99c (17:13.84)	2/11
5	15	Katarina BIRIMAC	#1	Chicago	N E 17:09.79c (17:17.67)	2/11
6	19	Ella BEHRENS	#2	Washington (Mo)	E 17:14.98c (17:22.90)	2/11
7	27	Caroline MCMARTIN	#10	Central (Iowa)	N E 17:29.58	2/10
8	31	Natalie PAULSON	#4	Wartburg	N E 17:33.32c (17:41.38)	2/11
9	35	Deyanneira COLON MALDONADO	#19	Aurora	N E 17:37.85c (17:45.95)	2/11
10	38	Susannah BENNETT	#12	Wheaton (Ill.)	N E 17:41.21c (17:49.33)	2/11



Regional TFRI Event Summary

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Midwest

Women's 4x400 Relay

1	1	Marion EDWARDS, Elly BURDS, Harmony CREAMY, Alyssa PFADENHAUER	#3	Loras	3:47.74c (3:50.76)	2/11
2	2	Kylie SPYTEK, Aoife DUNNE, Sophie FOX, Emma KELLEY	#2	Washington (Mo)	3:47.77c (3:50.79)	2/11
3	11	Isabella HILGER, Alexa KOZA, Gabby THOMAS, Isabella HOGUE	#8	Nebraska Wesleyan	3:54.99	1/13
4	14	Rachel NAGEL, Olivia TOLLARI, Haley MEYER, JoJo TYNISMAA	#4	Wartburg	3:55.80c (3:58.93)	2/3
5	17	Camila GARANTON, Izzy LAYNE, Maddie LYONS, Faith UDOBONG	#1	Chicago	3:57.86c (4:01.01)	2/11
6	23	Cali MINKE, Lindsey NOVAK, Julia BABINEC, Denise PARTEE	#5	North Central (IL)	4:00.03c (4:03.21)	2/11
7	45	Itzel GARCIA, Alyssa RUIZ, Maria LAMBERT, Ari LEFAIVRE	#15	Millikin	4:06.74c (4:10.01)	2/3
8	48	Abbi ROERDINK, Abby GRUVER, Lauren BROWN, Olivia BOHLEN	#10	Central (Iowa)	4:07.05c (4:10.33)	2/11
9	53	Huda HUSSAINI, Karmyn FLESCHE, Naomi JONES, Ava DAVID	#6	Elmhurst	4:07.85c (4:11.14)	12/3
10	64	Sadie RICHERT, Abi GUM, Chloe VETH, Cristelle VANWINGERDEN	#12	Wheaton (Ill.)	4:09.51c (4:12.82)	2/11

Women's Distance Medley Relay

1	1	Aoife DUNNE, Kylie SPYTEK, Emma KELLEY, Emily KONKUS	#2	Washington (Mo)	11:33.50c (11:40.93)	2/3
2	6	Cat WIMMER, Izzy LAYNE, Claudia HARNETT, Maddie KELLY	#1	Chicago	11:47.91c (11:55.49)	2/4
3	18	Esther BROWN, Ava DAVID, Venezia MUNOZ, Alyssa RAFUSE	#6	Elmhurst	12:24.97c (12:32.95)	2/4
4	67	Olivia MANSFIELD, Vanessa COMPTON, Norah SWINIGAN, Gretchen CARIE	#7	Greenville	13:42.18c (13:50.98)	2/10
5	69	Gabriella BATES, Amelia MOSEMAN, Valerie LENDING, Sophia HALAMA	#20	Illinois Tech	13:46.58c (13:55.43)	2/4
6	73	Hailey POE, Paige RUNKLE, Alyssa MEAD, Natalie NESTLER	#5	North Central (IL)	13:55.90c (14:04.85)	1/20
7	85	Katelyn PFALTZGRAFF, Lizzie SCHWARTZ, Alexa ROEDER, Makenzie SCHUSSLER	#9	Dubuque	14:16.29c (14:25.46)	2/11
8	93	Angela GODUTO, Ana PONCE, August PAUTSCH, N'Dya FIELDS	#19	Aurora	14:29.13	1/27
9	99	Grace CHARRON, Ginger MULLEN, Kylie KLASSEN, Allison RABBANI	#25	Grinnell	14:46.07c (14:55.56)	1/28
10		Laura MAYO, Mirsa BOYER, Geena RICHARDS, Sarah ERICKSON		Principia	14:59.79c (15:09.43)	1/27

Women's High Jump

1	4	Grace ALLEY	#3	Loras	N E 1.70m	5-7	12/9
2	5	Breya CHRISTOPHER	#4	Wartburg	N E 1.69m	5-6½	2/3
3	7	Kylie PERIMAN	#23	Illinois College	N E 1.68m	5-6	2/4
3	7	Hailey CAROLAN	#13	Cornell College	N E 1.68m	5-6	1/28
5	19	Cayden SHARP	#7	Greenville	N E 1.64m	5-4½	2/10
5	19	Rhiannon MARSHALL	#21	Augustana (Ill.)	N E 1.64m	5-4½	1/13
7	24	Sara HOSKINS	#3	Loras	N E 1.63m	5-4¼	1/21
7	24	Laila GRAHAM	#7	Greenville	N E 1.63m	5-4¼	1/27
7	24	Miku OKADA	#2	Washington (Mo)	N E 1.63m	5-4¼	1/27
7	24	Abigail SMITH	#9	Dubuque	N E 1.63m	5-4¼	1/28



Regional TFRI Event Summary

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Midwest

Women's Pole Vault

1	6	Susannah TRUITT	#1	Chicago	N E 3.80m	12-5½	1/27
1	6	Yasmin RUFF	#2	Washington (Mo)	N E 3.80m	12-5½	2/3
3	12	Natalie JOHNSON	#5	North Central (Il)	N E 3.70m	12-1½	1/27
4	27	Gwen BERENYI	#5	North Central (Il)	N E 3.57m	11-8½	2/11
5	52	Emilia CURRENT	#1	Chicago	N E 3.40m	11-1¾	1/27
5	52	Celeste TAYLOR	#1	Chicago	N E 3.40m	11-1¾	1/27
5	52	Julia KLEIN	#18	North Park	N E 3.40m	11-1¾	1/14
5	52	Anna CURTIS	#2	Washington (Mo)	N E 3.40m	11-1¾	1/13
9	61	Ariana RIVERA	#5	North Central (Il)	N E 3.35m	10-11¾	1/20
10	91	Makenzie STOCK	#2	Washington (Mo)	N E 3.26m	10-8¾	2/11
10	91	Linsey TURNER	#16	Monmouth (Ill.)	N E 3.26m	10-8¾	2/11

Women's Long Jump

1	4	Emma SEIPEL	#9	Dubuque	N E 5.68m	18-7¾	1/28
1	4	Ebunoluwa OPATA	#2	Washington (Mo)	N E 5.68m	18-7¾	2/3
3	13	Harmony CREASY	#3	Loras	N E 5.60m	18-4½	12/9
4	20	Olivia TOLLARI	#4	Wartburg	N E 5.52m	18-1½	2/3
5	24	Cayden SHARP	#7	Greenville	N E 5.49m	18-¼	2/10
6	30	Grace ALLEY	#3	Loras	N E 5.47m	17-11½	12/9
7	34	Marina SEMPLE	#1	Chicago	N E 5.44m	17-10¼	2/4
8	42	Thea RING	#18	North Park	N E 5.42m	17-9½	2/4
9	57	Sophia SCHULER	#3	Loras	N E 5.35m	17-6¾	12/9
10	63	Zahra SAMMOUR	#14	Concordia Chicago	N E 5.33m	17-6	2/4

Women's Triple Jump

1	2	Ebunoluwa OPATA	#2	Washington (Mo)	N E 12.10m	39-8½	1/21
2	6	Breya CHRISTOPHER	#4	Wartburg	N E 11.90m	39-½	1/27
3	15	Grace ALLEY	#3	Loras	N E 11.64m	38-2¼	1/27
3	15	De'ja AUSTIN-CHERRY	#3	Loras	N E 11.64m	38-2¼	2/3
5	29	Daekota KNOTT	#4	Wartburg	N E 11.40m	37-5	2/3
6	32	Harmony CREASY	#3	Loras	N E 11.38m	37-4	2/11
7	39	Leslie MANSON	#1	Chicago	N E 11.28m	37-¼	2/4
8	43	Zahra SAMMOUR	#14	Concordia Chicago	N E 11.22m	36-9¾	1/20
8	43	Cayden SHARP	#7	Greenville	N E 11.22m	36-9¾	2/10
10	45	Sara YAKANA	#7	Greenville	N E 11.20m	36-9	2/10
10	45	Lauren WONG	#22	Illinois Wesleyan	N E 11.20m	36-9	12/10

Women's Shot Put

1	6	Rebecca SIMPSON	#11	Buena Vista	N E 14.21m	46-7½	2/10
2	7	Kaitlyn WILDER	#9	Dubuque	N E 14.10m	46-3¼	2/11
3	9	Molly LAUMAKIS	#1	Chicago	N E 13.98m	45-10½	1/21
4	16	Madeline BOBINSKI	#14	Concordia Chicago	N E 13.49m	44-3¼	12/2
5	19	Haley BEMINIO	#4	Wartburg	N E 13.38m	43-10¾	1/27
6	21	Kash ALLEN	#24	Benedictine (Ill.)	N E 13.33m	43-8¾	2/11
7	22	Jenae BOTHE	#2	Washington (Mo)	N E 13.31m	43-8	2/11
8	29	Ellie AKOUGH	#8	Nebraska Wesleyan	N E 13.07m	42-10¾	2/3
9	31	Heather MICHALSKI	#21	Augustana (Ill.)	N E 13.00m	42-8	2/3
10	38	Maddie BOLEY	#16	Monmouth (Ill.)	N E 12.93m	42-5¼	2/11

Women's Weight Throw

1	5	Alexandra DRAVES	#5	North Central (Il)	N E 18.02m	59-1½	2/11
2	6	Caitlyn COX	#3	Loras	N E 17.89m	58-8½	2/11
3	7	Ellie AKOUGH	#8	Nebraska Wesleyan	N E 17.77m	58-3¾	2/3
4	9	Rebecca SIMPSON	#11	Buena Vista	N E 17.71m	58-1¼	2/10
5	10	Kaitlyn WILDER	#9	Dubuque	N E 17.61m	57-9½	1/21
6	12	Adriyanna PATTERSON	#15	Millikin	N E 17.26m	56-7½	1/27
7	13	Abby MARR	#10	Central (Iowa)	N E 17.16m	56-3¾	1/14
8	15	Emma TRUE	#4	Wartburg	N E 17.09m	56-1	1/27
9	24	Taylor FLAIG	#3	Loras	N E 16.52m	54-2½	2/11
10	34	Molly LAUMAKIS	#1	Chicago	N E 16.19m	53-1½	1/7

Women's Pentathlon

1	2	Grace ALLEY	#3	Loras	N E 3,681c	(3,659)	12/9
2	5	Cayden SHARP	#7	Greenville	N E 3,467c	(3,446)	2/10
3	17	Olivia BOHLEN	#10	Central (Iowa)	N E 3,152c	(3,130)	2/3
4	32	Faith LADIN	#5	North Central (Il)	N E 3,005c	(2,986)	2/3
5	38	Abi GUM	#12	Wheaton (Ill.)	N E 2,964c	(2,943)	2/3
6	60	Hannah JONES	#5	North Central (Il)	N E 2,770c	(2,751)	2/3
7	64	Aaliyah JOHNSON	#17	Simpson (Iowa)	N E 2,704c	(2,687)	1/26
8	66	Mckinlee MILLER	#22	Illinois Wesleyan	N E 2,687c	(2,667)	2/3
9	73	Skylar GIBBS	#19	Aurora	N E 2,647c	(2,626)	2/3
10	77	Madison HAYS	#17	Simpson (Iowa)	N E 2,626c	(2,604)	1/26



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #4, February 13

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Niagara

Women's 60 Meters

1	54	Mackenzie MIX	#7	Utica	N E 7.86	2/4
2	58	Logan BRUCE	#2	Ithaca	N E 7.87	2/10
3	66	Mia MONTGOMERY	#3	SUNY Brockport	N E 7.90	12/9
3	66	Samantha SHEA	#6	St. John Fisher	N E 7.90	1/21
5	71	Kate ISAAC	#4	Rochester (N.Y.)	N E 7.91	1/28
6	78	Ciarra FRANZ	#6	St. John Fisher	N E 7.93	2/10
7	96	Khia LASTER	#12	Buffalo State	N E 7.96	2/3
7	96	Brenna JOHNSON	#5	Nazareth	N E 7.96	1/28
9		Caroline HILL	#11	RIT	N E 7.98	1/21
9		Gwen SHEPARDSON	#1	SUNY Geneseo	N E 7.98	2/3

Women's 60 Meter Hurdles

1	5	Gwen SHEPARDSON	#1	SUNY Geneseo	N E 8.71	12/2
2	8	Logan BRUCE	#2	Ithaca	N E 8.78	1/21
3	34	Ejim NNATE	#10	SUNY Oneonta	N E 9.07	2/4
3	34	Natalia SAWYER	#12	Buffalo State	N E 9.07	2/10
5	40	Ciarra FRANZ	#6	St. John Fisher	N E 9.08	2/10
6	71	Allyson SUROWICK	#1	SUNY Geneseo	N E 9.29	2/3
7	88	Allison REGNANTE	#11	RIT	N E 9.35	2/3
8	92	Ashley HEFFERNAN	#4	Rochester (N.Y.)	N E 9.36	12/9
9		Laura MEADE	#7	Utica	N E 9.54	2/4
10		AnJalyna TALMADGE	#8	SUNY Cortland	N E 9.55	12/10
10		Emma TAGGART	#13	Alfred State	N E 9.55	2/3

Women's 200 Meters

1	20	Natalia SAWYER	#12	Buffalo State	N E 25.20	2/10
2	21	Gwen SHEPARDSON	#1	SUNY Geneseo	N E 25.24	2/10
3	24	Mackenzie MIX	#7	Utica	N E 25.27c (25.66)	2/4
4	33	Susan BANSBACH	#4	Rochester (N.Y.)	N E 25.43c (25.82)	1/28
5	38	Kate KOUTSOURADES	#1	SUNY Geneseo	N E 25.48c (25.87)	2/3
6	43	Caroline HILL	#11	RIT	N E 25.58c (25.97)	2/3
7	50	Kate ISAAC	#4	Rochester (N.Y.)	N E 25.67c (26.06)	1/28
8	51	Isre'al CONERLY	#9	NYU	N E 25.68	2/11
9	62	Logan BRUCE	#2	Ithaca	N E 25.82	2/10
10	66	Elizabeth LIRIANO	#8	SUNY Cortland	N E 25.83	2/10

Women's 400 Meters

1	3	Madeline O'CONNELL	#4	Rochester (N.Y.)	N E 55.68c (56.41)	12/9
2	7	Susan BANSBACH	#4	Rochester (N.Y.)	N E 56.54	2/10
3	8	Samantha SHEA	#6	St. John Fisher	N E 56.70	2/10
4	11	Gwen SHEPARDSON	#1	SUNY Geneseo	N E 56.82c (57.57)	12/9
5	14	Mackenzie MIX	#7	Utica	N E 56.90	2/10
6	24	Brenna JOHNSON	#5	Nazareth	N E 57.73	2/10
7	27	Kate ISAAC	#4	Rochester (N.Y.)	N E 58.03c (58.80)	2/3
8	31	Natalia SAWYER	#12	Buffalo State	N E 58.15	1/27
9	56	Clara SENSINI	#3	SUNY Brockport	N E 58.82	2/10
10	64	Grace WRIGHT	#6	St. John Fisher	N E 59.10	2/10

Women's 800 Meters

1	23	Janelle ECKL	#1	SUNY Geneseo	N E 2:15.30	2/10
2	26	Paloma DEMONTE	#2	Ithaca	N E 2:15.43	2/10
3	35	Sierra DOODY	#1	SUNY Geneseo	N E 2:16.60c (2:18.17)	2/4
4	48	Raechel ZIELINSKI	#1	SUNY Geneseo	N E 2:18.10	2/10
5	61	Susan BANSBACH	#4	Rochester (N.Y.)	N E 2:18.63c (2:20.22)	2/3
6	62	Jennifer METZ	#3	SUNY Brockport	N E 2:18.65c (2:20.24)	2/3
7	63	Nieve MAHOOD	#1	SUNY Geneseo	N E 2:18.70	2/10
8	66	Erin EIVERS	#1	SUNY Geneseo	N E 2:18.82c (2:20.42)	2/4
9	75	Claire LENIHAN	#1	SUNY Geneseo	N E 2:19.29	2/10
10	81	Megan BELL	#4	Rochester (N.Y.)	N E 2:19.46c (2:21.06)	2/3

Women's Mile

1	23	Erin EIVERS	#1	SUNY Geneseo	N E 4:58.06	2/10
2	24	Marcie HOGAN	#1	SUNY Geneseo	N E 4:58.26	2/10
3	25	Windsor ARDNER	#1	SUNY Geneseo	N E 4:58.85c (5:01.80)	1/21
4	27	Sierra DOODY	#1	SUNY Geneseo	N E 4:59.01	2/10
5	70	Paloma DEMONTE	#2	Ithaca	N E 5:05.74	1/14
6	80	Amanda BURRICHTER	#14	Houghton	N E 5:06.68	2/10
7	95	Grace RICHARDSON	#9	NYU	N E 5:07.88	2/3
8		Jessica GOODE	#2	Ithaca	N E 5:09.86c (5:12.92)	1/28
9		Leah HALEY	#9	NYU	N E 5:09.87	2/10
10		Katherine CHENG	#9	NYU	N E 5:10.54	2/10

Women's 3000 Meters

1	8	Windsor ARDNER	#1	SUNY Geneseo	N E 9:43.20	2/10
2	21	Rachel HIRSCHKIND	#1	SUNY Geneseo	N E 9:53.45c (9:58.53)	1/28
3	25	Kathleen MCCAREY	#1	SUNY Geneseo	N E 9:55.36c (10:00.46)	1/28
4	30	Erin EIVERS	#1	SUNY Geneseo	N E 9:59.83c (10:04.97)	1/28
5	45	Lilly FOWLER-CONNER	#1	SUNY Geneseo	N E 10:03.52c (10:08.69)	1/28
6	46	Penelope GREENE	#1	SUNY Geneseo	N E 10:03.80	2/10
7	47	Sierra DOODY	#1	SUNY Geneseo	N E 10:04.24c (10:09.42)	1/28
8	59	Marcie HOGAN	#1	SUNY Geneseo	N E 10:07.61c (10:12.81)	1/28
9	64	Marie NAUDUS	#1	SUNY Geneseo	N E 10:09.85	2/10
10	90	Gabriella MCCARTHY	#1	SUNY Geneseo	N E 10:18.00	2/10

Women's 5000 Meters

1	11	Kathleen MCCAREY	#1	SUNY Geneseo	N E 17:05.46	2/10
2	13	Grace RICHARDSON	#9	NYU	N E 17:07.06	2/10
3	21	Rachel HIRSCHKIND	#1	SUNY Geneseo	N E 17:17.10	2/10
4	57	Kerry FLOWER	#3	SUNY Brockport	N E 17:50.46	2/10
5	67	Megan FRANCOEUR	#10	SUNY Oneonta	N E 17:56.68	2/10
6	68	Penelope GREENE	#1	SUNY Geneseo	N E 17:57.03c (18:05.27)	2/4
7	75	Ava FOWLER	#2	Ithaca	N E 17:59.34	2/10
8	86	Sennett TURNER	#4	Rochester (N.Y.)	N E 18:06.08	2/10
9	90	Amanda BURRICHTER	#14	Houghton	N E 18:07.64c (18:15.97)	2/3
10		Daniela SEKHAR	#9	NYU	N E 18:14.11	2/10



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WOMEN — 2023 Week #4, February 13

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Niagara

Women's 4x400 Relay

1	7	Madeline O'CONNELL, Kate ISAAC, Kristin HARDY, Susan BANSBACH	#4	Rochester (N.Y.)	3:51.29c (3:54.36)	12/9
2	15	Kate KOUTSOURADES, Julianna KLIMOW, Janelle ECKL, Emma FLAITZ	#1	SUNY Geneseo	3:56.03	2/10
3	26	Courtney BOSTIC, Jennifer METZ, Clara SENSINI, Sarah LEVINE	#3	SUNY Brockport	4:01.18c (4:04.38)	2/3
4	30	Grace WRIGHT, Emma WRIGHT, Brenda LE, Samantha SHEA	#6	St. John Fisher	4:03.05c (4:06.27)	1/28
5	31	Abbey SZUMLOZ, Lauren BENDALL, Isabella HEATH, Brenna JOHNSON	#5	Nazareth	4:03.09c (4:06.31)	1/28
6	36	Avery HEBERT, Yasmine PERALTA, Maris SEABURY, Elizabeth LIRIANO	#8	SUNY Cortland	4:04.79c (4:08.04)	2/4
7	49	Logan BRUCE, Luca PECORA, Devan ADEGBILE, Paloma DEMONTE	#2	Ithaca	4:07.42c (4:10.70)	1/21
8	56	Janaiya CRUZ-BERMEDEZ, Jade DENING, Laura MEADE, Mackenzie MIX	#7	Utica	4:08.58c (4:11.88)	1/20
9	87	Lola AKINDELE, Laila GOODMAN, Aminata JOHNSON, Fiona KELLEHER	#9	NYU	4:12.15c (4:15.49)	1/28
10	90	Victoria FLORCZAK, Brooklyn LAWRENCE, Natalia SAWYER, Destiny RIVERA	#12	Buffalo State	4:12.57c (4:15.92)	12/9

Women's Distance Medley Relay

1	4	Erin EIVERS, Gwen SHEPARDSON, Sierra DOODY, Windsor ARDNER	#1	SUNY Geneseo	11:45.62	2/10
2	15	Rachel ROSE, Logan BRUCE, Joy PETERSEN, Paloma DEMONTE	#2	Ithaca	12:17.71	2/10
3	31	Savanna CARR, Victoria DIETRICH, Ivy LAFFAN, Olivia NOLA	#15	Penn State Behr	12:42.73	2/3
4	32	Jennifer METZ, Clara SENSINI, Kaylee HAYNES, Veronica DAILEY	#3	SUNY Brockport	12:45.16	2/10
5	33	Ella IMPAGLIA, Brenna JOHNSON, Abbey SZUMLOZ, Emily WEAVER	#5	Nazareth	12:47.09	2/10
6	37	Olivia GRINNELL, Samantha SHEA, Emma WRIGHT, Lauren DEMICHELE	#6	St. John Fisher	12:54.27	2/10
7	45	Naomi ANDREW, Hannah TURNER, Sylvie NAJARIAN, Clara FU	#17	Hamilton	13:11.22c (13:19.69)	2/4
8	47	Olivia GILBERT, Ashley PAGE, Sarah LUTKINS, McKenzie HALL	#16	Alfred	13:12.55c (13:21.04)	2/3
9	48	Noelle LINENFELSER, Alexandria WISNIEWSKI, Kyra BINNEY, Amanda BURRICHTER	#14	Houghton	13:16.46	2/10
10	61	Olivia O'DONNELL, Taylor JOHNSON, Ella DEPHILLIPS, Eva WOODWORTH	#10	SUNY Oneonta	13:38.52	2/10

Women's High Jump

1	13	Danielle FISK	#8	SUNY Cortland	N E 1.67m 5-5¾	1/21
2	40	Logan BRUCE	#2	Ithaca	N E 1.60m 5-3	1/14
3	57	Emma TAGGART	#13	Alfred State	N E 1.59m 5-2½	2/3
3	57	Michaela LEVESQUE	#3	SUNY Brockport	N E 1.59m 5-2½	2/3
5	63	Charly SLUSSER	#2	Ithaca	N E 1.58m 5-2¼	1/21
6	78	Amina SINCLAIR	#7	Utica	N E 1.57m 5-1¾	12/10
6	78	Mariah SAGGESE	#8	SUNY Cortland	N E 1.57m 5-1¾	2/4
6	78	Janelle ECKL	#1	SUNY Geneseo	N E 1.57m 5-1¾	12/9
9		Ezri SCOTT	#9	NYU	1.55m 5-1	1/20
9		Hayden WILLIAMSON	#14	Houghton	1.55m 5-1	1/21



USTFCCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #4, February 13

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Niagara

Women's Pole Vault

1	11	Meghan MATHENY	#2	Ithaca	N E 3.72m	12-2½	2/4
2	12	Sara ALTONEN	#2	Ithaca	N E 3.70m	12-1½	1/21
3	16	Martha KEMP-NEILSON	#2	Ithaca	N E 3.67m	12-½	2/4
4	17	Madeline O'CONNELL	#4	Rochester (N.Y.)	N E 3.65m	11-11¾	12/9
5	61	Isabel MORSE	#5	Nazareth	N E 3.35m	10-11¾	2/10
5	61	Jamie ROSSIG	#2	Ithaca	N E 3.35m	10-11¾	2/10
5	61	Kennedy HEICHEL	#2	Ithaca	N E 3.35m	10-11¾	1/21
8	74	Catherine FOX	#11	RIT	N E 3.30m	10-9¾	1/27
9		Erin EASTWOOD	#2	Ithaca	N E 3.22m	10-6¾	2/4
9		Becca BREADY	#8	SUNY Cortland	N E 3.22m	10-6¾	2/4

Women's Long Jump

1	4	Logan BRUCE	#2	Ithaca	N E 5.68m	18-7¾	2/4
2	7	Michaela KURBS	#6	St. John Fisher	N E 5.66m	18-7	2/3
3	8	Veronica DUELL	#6	St. John Fisher	N E 5.65m	18-6½	2/10
4	10	Brenna JOHNSON	#5	Nazareth	N E 5.63m	18-5¾	2/4
5	22	Mia MONTGOMERY	#3	SUNY Brockport	N E 5.51m	18-1	12/9
6	30	Sara BROWN	#2	Ithaca	N E 5.47m	17-11½	2/4
7	46	Alyssa HOOGS	#4	Rochester (N.Y.)	N E 5.41m	17-9	12/9
8	49	Hannah RAGULE	#5	Nazareth	N E 5.40m	17-8¾	1/21
8	49	Michelle FITTING	#1	SUNY Geneseo	N E 5.40m	17-8¾	2/10
10	54	Katelyn JACQUES	#1	SUNY Geneseo	N E 5.38m	17-8	12/2

Women's Triple Jump

1	22	Katelyn JACQUES	#1	SUNY Geneseo	N E 11.55m	37-10¾	12/2
2	27	Ally ALVIRA	#1	SUNY Geneseo	N E 11.42m	37-5¾	2/10
3	45	Violet AMEELE	#11	RIT	N E 11.20m	36-9	2/10
4	48	Laura MEADE	#7	Utica	N E 11.17m	36-7¾	2/4
5	70	Alyssa HOOGS	#4	Rochester (N.Y.)	N E 10.98m	36-¼	12/9
5	70	Hannah RAGULE	#5	Nazareth	N E 10.98m	36-¼	1/28
7	81	Ashleigh BARRETT	#4	Rochester (N.Y.)	N E 10.88m	35-8½	2/3
8	92	Mia MONTGOMERY	#3	SUNY Brockport	N E 10.80m	35-5¼	2/3
9		Cora ROSE	#4	Rochester (N.Y.)	N E 10.73m	35-2½	2/3
9		Areyanna MCCARTHY	#9	NYU	N E 10.73m	35-2½	2/3

Women's Shot Put

1	10	Sarah CROCKETT	#3	SUNY Brockport	N E 13.90m	45-7¼	2/10
2	13	Isabella FABRIZIO	#10	SUNY Oneonta	N E 13.63m	44-8¾	2/10
3	27	Jane FAHY	#7	Utica	N E 13.11m	43-¼	1/27
4	71	Lily SEYFERT	#2	Ithaca	N E 12.38m	40-7½	1/28
5	75	Zoe CONNER	#1	SUNY Geneseo	N E 12.36m	40-6¾	1/21
6		Maleenah ORTIZ	#3	SUNY Brockport	N E 11.89m	39-¼	12/9
6		Emelene BUREK	#10	SUNY Oneonta	N E 11.89m	39-¼	1/27
8		Makenna KING	#6	St. John Fisher	N E 11.88m	38-11¾	1/21
9		Moriah BYRD	#2	Ithaca	N E 11.84m	38-10¼	12/3
10		Trinity DEES	#3	SUNY Brockport	N E 11.58m	38-0	2/3

Women's Weight Throw

1	14	Sarah CROCKETT	#3	SUNY Brockport	N E 17.13m	56-2½	1/21
2	32	Lea RICHARD	#5	Nazareth	N E 16.22m	53-2¾	2/10
3	40	Zoe CONNER	#1	SUNY Geneseo	N E 15.93m	52-3¼	2/3
4	66	Emma KINNICUTT	#3	SUNY Brockport	N E 15.40m	50-6¼	1/21
5	74	Sarah PARR	#8	SUNY Cortland	N E 15.15m	49-8½	12/3
6	84	Gillian REEDER	#4	Rochester (N.Y.)	N E 14.98m	49-1¾	2/10
7	87	Katrina CHANDLER	#3	SUNY Brockport	N E 14.95m	49-¾	2/10
8	96	Gabrielle DESANTIS	#7	Utica	N E 14.83m	48-8	12/3
9		Lauren JAKLITSCH	#1	SUNY Geneseo	N E 14.53m	47-8	2/10
10		Isabella FABRIZIO	#10	SUNY Oneonta	N E 14.49m	47-6½	1/27

Women's Pentathlon

1	1	Logan BRUCE	#2	Ithaca	N E 3,722c	(3,701)	2/4
2	30	Michelle FITTING	#1	SUNY Geneseo	N E 3,029c	(3,007)	2/3
3	34	Moriah BYRD	#2	Ithaca	N E 3,000c	(2,979)	2/4
4	36	Abrianna KRUGER	#1	SUNY Geneseo	N E 2,981c	(2,960)	2/3
5	48	Lanna WANDY	#1	SUNY Geneseo	N E 2,867c	(2,846)	2/3
6	49	Emma TAGGART	#13	Alfred State	N E 2,859c	(2,839)	1/27
7	55	Laura MEADE	#7	Utica	2,830		12/10
8	59	Hannah RAGULE	#5	Nazareth	2,772c	(2,751)	2/4
9	68	Anne SPILA	#16	Alfred	2,675c	(2,655)	2/3
10	76	Leah BASEL	#17	Hamilton	2,627		12/10



Regional TFRI Event Summary

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North

Women's 60 Meters

1	1	Tina SHELTON	#6	UW-Whitewater	N E 7.55	2/11
2	6	Birgen NELSON	#5	Gustavus Adolphus	N E 7.66	2/10
3	7	Lauren JARRETT	#1	UW-La Crosse	N E 7.68	2/4
4	14	Emily DAWIDOWICH	#1	UW-La Crosse	N E 7.71	2/4
5	23	Emma LAWRENCE	#1	UW-La Crosse	N E 7.76	2/4
6	27	Lexi LEFEVER	#7	UW-River Falls	N E 7.78	2/11
7	29	Rachel CASTELLI	#3	UW-Oshkosh	N E 7.79	12/10
8	33	Sarah STELLMACH	#8	Bethel (Minn.)	N E 7.81	1/21
9	36	Andrea GLAZ	#3	UW-Oshkosh	N E 7.82	12/10
9	36	Kate CARLSON	#5	Gustavus Adolphus	N E 7.82	2/11

Women's 60 Meter Hurdles

1	1	Birgen NELSON	#5	Gustavus Adolphus	N E 8.38	12/9
2	2	Emma LAWRENCE	#1	UW-La Crosse	N E 8.51	2/4
3	3	Kelsie SEALOCK	#8	Bethel (Minn.)	N E 8.53	2/4
4	9	Hannah ZASTROW	#2	UW-Eau Claire	N E 8.79	2/10
5	11	Emilee BOOKER	#2	UW-Eau Claire	N E 8.85	2/10
6	24	Brooke MCDOWELL	#1	UW-La Crosse	N E 8.95	2/4
7	27	Riley KINDT	#3	UW-Oshkosh	N E 8.98	12/10
8	43	Olivia MILLER	#16	Ripon	N E 9.10	2/11
9	48	Lexi LEFEVER	#7	UW-River Falls	N E 9.16	1/27
10	64	Hannah HOLM	#1	UW-La Crosse	N E 9.26	1/27

Women's 200 Meters

1	2	Emma LAWRENCE	#1	UW-La Crosse	N E 24.59c (24.97)	2/11
2	6	Tina SHELTON	#6	UW-Whitewater	N E 24.77c (25.15)	2/11
3	9	Emily DAWIDOWICH	#1	UW-La Crosse	N E 24.82c (25.20)	2/4
4	10	Birgen NELSON	#5	Gustavus Adolphus	N E 24.83c (25.21)	12/9
5	13	Lauren JARRETT	#1	UW-La Crosse	N E 24.97c (25.35)	2/4
6	26	Lexi LEFEVER	#7	UW-River Falls	N E 25.28c (25.67)	2/11
7	51	Mikayla JACKSON	#3	UW-Oshkosh	N E 25.68c (26.08)	12/10
8	54	Andrea GLAZ	#3	UW-Oshkosh	N E 25.72c (26.12)	12/10
9	56	Sarah STELLMACH	#8	Bethel (Minn.)	N E 25.73c (26.13)	2/4
10	62	Megan GERAETS	#5	Gustavus Adolphus	N E 25.82c (26.22)	1/28

Women's 400 Meters

1	19	Birgen NELSON	#5	Gustavus Adolphus	N E 57.42c (58.18)	2/11
2	28	Mara SCHROEDER	#1	UW-La Crosse	N E 58.04c (58.81)	2/11
3	31	Allison HOOKUM	#21	Augsburg	N E 58.15c (58.92)	2/4
4	36	Lilly HALVORSON	#1	UW-La Crosse	N E 58.28c (59.05)	2/4
5	39	Amber JOHNSON	#1	UW-La Crosse	N E 58.34c (59.11)	2/11
6	43	Mikayla TUREK	#8	Bethel (Minn.)	N E 58.49c (59.26)	2/10
7	44	Cyna MADIGAN	#3	UW-Oshkosh	N E 58.50c (59.27)	1/21
8	49	Melanie KUNZE	#1	UW-La Crosse	N E 58.63c (59.40)	2/11
9	50	Izi KNOERNSCHILD	#1	UW-La Crosse	N E 58.68c (59.45)	2/11
10	52	Mackenzie JOHNSON	#12	UW-Stevens Point	N E 58.69c (59.47)	2/11

Women's 800 Meters

1	3	Maddie HANNAN	#1	UW-La Crosse	N E 2:10.87c (2:12.38)	2/11
2	6	Cyna MADIGAN	#3	UW-Oshkosh	N E 2:12.30c (2:13.82)	2/11
3	11	Brooke WELLHAUSEN	#12	UW-Stevens Point	N E 2:13.98c (2:15.52)	1/27
4	16	Christine ALBRECHT	#9	St. Olaf	N E 2:14.38c (2:15.93)	2/4
5	18	Annessa IHDE	#8	Bethel (Minn.)	N E 2:14.75c (2:16.30)	2/10
6	20	Paige FASSBENDER	#6	UW-Whitewater	N E 2:15.04c (2:16.59)	2/11
7	22	Anna SCHUETH	#2	UW-Eau Claire	N E 2:15.22c (2:16.78)	2/10
8	28	Sydney REISNER	#14	UW-Stout	N E 2:15.79c (2:17.35)	2/10
9	29	Libby GEISNESS	#3	UW-Oshkosh	N E 2:15.92c (2:17.48)	2/11
10	37	Alexandra MADDUX		Hamline	N E 2:16.94c (2:18.52)	2/4

Women's Mile

1	1	Fiona SMITH	#11	Saint Benedict	N E 4:50.01c (4:52.88)	2/4
2	3	Clara MAYFIELD	#4	Carleton	N E 4:50.90c (4:53.77)	2/11
3	8	Maddie HANNAN	#1	UW-La Crosse	N E 4:55.78	1/20
4	9	Christine ALBRECHT	#9	St. Olaf	N E 4:55.83c (4:58.75)	1/21
5	12	Emma MALOOLY	#1	UW-La Crosse	N E 4:56.58c (4:59.51)	2/11
6	15	Carolyn SHULT	#2	UW-Eau Claire	N E 4:57.10c (5:00.04)	2/10
7	28	Mary BLANCHARD	#4	Carleton	N E 4:59.07c (5:02.03)	2/11
8	38	Rachel EHRHART	#22	Edgewood	N E 5:00.29c (5:03.26)	12/10
9	39	Amelia LEHMAN	#3	UW-Oshkosh	N E 5:00.58c (5:03.55)	12/10
10	51	Maddy VANTASSEL	#1	UW-La Crosse	N E 5:02.58c (5:05.57)	1/21

Women's 3000 Meters

1	1	Fiona SMITH	#11	Saint Benedict	N E 9:23.31c (9:28.14)	2/10
2	3	Clara MAYFIELD	#4	Carleton	N E 9:32.00c (9:36.90)	2/10
3	9	Maddie HANNAN	#1	UW-La Crosse	N E 9:45.10c (9:50.11)	2/4
4	16	Helen CROSS	#4	Carleton	N E 9:49.39c (9:54.44)	2/11
5	22	Hannah PREISSER	#4	Carleton	N E 9:53.77c (9:58.86)	2/11
6	34	Sofia CARLSON	#9	St. Olaf	N E 10:00.25	2/10
7	36	Sophie MCMANUS	#4	Carleton	N E 10:01.04c (10:06.19)	2/11
8	37	Christine ALBRECHT	#9	St. Olaf	N E 10:01.37c (10:06.52)	1/13
9	41	Carolyn SHULT	#2	UW-Eau Claire	N E 10:02.21c (10:07.37)	1/27
10	42	Libby ROWLAND	#4	Carleton	N E 10:02.24c (10:07.40)	2/11

Women's 5000 Meters

1	1	Fiona SMITH	#11	Saint Benedict	N E 16:28.97c (16:36.54)	1/27
2	4	Clara MAYFIELD	#4	Carleton	N E 16:31.05c (16:38.64)	1/27
3	8	Sofia CARLSON	#9	St. Olaf	N E 16:58.15c (17:05.94)	1/27
4	16	Alison BODE	#9	St. Olaf	N E 17:10.20c (17:18.09)	1/27
5	18	Hannah PREISSER	#4	Carleton	N E 17:14.85c (17:22.77)	1/27
6	22	Maddy VANTASSEL	#1	UW-La Crosse	N E 17:20.03c (17:27.99)	2/11
7	34	Julia ANDERSON	#1	UW-La Crosse	N E 17:36.43c (17:44.52)	2/11
8	37	Katelyn CHADWICK	#1	UW-La Crosse	N E 17:40.67c (17:48.79)	2/11
9	42	Sophie MCMANUS	#4	Carleton	N E 17:43.61c (17:51.75)	2/4
10	46	Ari DE LA CERDA	#6	UW-Whitewater	N E 17:44.98c (17:53.13)	2/11



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North

Women's 4x400 Relay

1	9	Emma LAWRENCE, Lilly HALVORSON, Morgan JENNINGS, Mara SCHROEDER	#1 UW-La Crosse	3:53.09c (3:56.18)	2/11
2	12	Kelsie SEALOCK, Grace ROBINSON, Annessa IHDE, Mikayla TUREK	#8 Bethel (Minn.)	3:55.71c (3:58.83)	2/4
3	20	Addie MANGOLD, Emilee BOOKER, Madeline WAINWRIGHT, Jane KAUTZ	#2 UW-Eau Claire	3:58.76c (4:01.93)	2/10
4	21	Brooke WELLHAUSEN, Ashley BARTELT, Anetha VOGEL, Mackenzie JOHNSON	#12 UW-Stevens Poi	3:58.92c (4:02.09)	2/11
5	29	Cyna MADIGAN, Libby GEISNESS, Olivia STENZEL, Josephine MAKURAT	#3 UW-Oshkosh	4:02.70c (4:05.92)	2/11
6	34	Sammy BRAUNLICH, Sarah LANGLOIS, Lexi LEFEVER, Sarah HANSEN	#7 UW-River Falls	4:04.58c (4:07.82)	1/21
7	39	Paige FASSBENDER, Hannah BILODEAU, Aaliyah TAYLOR, Sarah NIEHEUSER	#6 UW-Whitewater	4:05.95c (4:09.21)	2/11
8	43	Grace ENGBRETSON, Payton RAHN, Olivia MILLER, Bridget FINN	#16 Ripon	4:06.32c (4:09.59)	2/11
9	58	Ashlee MUELLER, Anna RAASCH, Janae JENSEN, Brooke GRAESSLIN	#19 Wisconsin Luthe	4:09.11c (4:12.41)	2/11
10	60	Nikki TRANEL, Kennedy MARQUARDT, Julie DUNKEL, Katie SCHULTZ	#10 St. Norbert	4:09.35c (4:12.66)	2/11

Women's Distance Medley Relay

1	23	Natalie PAKOSZ, Payton RAHN, Jenny CORTES, Mikayla FLYTE	#16 Ripon	12:31.34c(12:39.39)	2/11
2	53	Peyton OPSAHL, Erin BORASH, Megan HALBACH, Jaidyn MCALPINE	#7 UW-River Falls	13:23.18c(13:31.78)	2/11
3	60	Paige FASSBENDER, Kayleigh THOMAS, Roxanne TEMPLE, Jill CAVANAUGH	#6 UW-Whitewater	13:36.45c(13:45.19)	1/21
4	64	Brooke GRAESSLIN, Anna RAASCH, Ashlee MUELLER, Emily HERRIED	#19 Wisconsin Luthe	13:40.14c(13:48.92)	2/11
5	82	Olivia SHIP, Natalie DRANE, Veronika COLON TORRES, Ella JERDEE	#10 St. Norbert	14:12.03c(14:21.15)	1/27
6	98	Megan FROSCH, Caeli MCMAHON, Abbie MEYER, Kendra KLOBE	#25 Saint Mary's (Mi	14:41.78c(14:51.22)	2/11
7		Simone DE MONTIGNY, Jade MOSQUERA, Rose LOOS-AUSTIN, Carter BROWNE	Beloit	15:03.08c(15:12.75)	1/21
8		Jeanna SCANLON, Halle BARKER, Cora HUDELLA, Tea BOERNER	UW-Superior	15:10.35c(15:20.10)	1/21

Women's High Jump

1	1	Ainsley HANSEN	#1 UW-La Crosse	N E 1.73m 5-8	2/11
2	5	Macie TODD	#1 UW-La Crosse	N E 1.69m 5-6½	2/4
3	7	Hannah ZASTROW	#2 UW-Eau Claire	N E 1.68m 5-6	2/10
4	35	Madeline ZIRBEL	#12 UW-Stevens Poi	N E 1.61m 5-3¼	1/27
4	35	Olivia OWENS	#1 UW-La Crosse	N E 1.61m 5-3¼	2/11
6	40	Emma GRUEN	#2 UW-Eau Claire	N E 1.60m 5-3	1/21
7	57	Lexi COLE	#14 UW-Stout	N E 1.59m 5-2½	1/27
7	57	Alia VANDERHOEF	#1 UW-La Crosse	N E 1.59m 5-2½	2/4
7	57	Ella WILLIAMSON	#2 UW-Eau Claire	N E 1.59m 5-2½	2/4
10	63	Rachel AMOTH	#7 UW-River Falls	N E 1.58m 5-2¼	12/9
10	63	Ally RAKOW	#5 Gustavus Adolp	N E 1.58m 5-2¼	2/11
10	63	Lauren ROTTIER	#10 St. Norbert	N E 1.58m 5-2¼	2/4



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North

Women's Pole Vault

1	1	Gracie HOLLAND	#6 UW-Whitewater	N E 3.91m	12-10	2/11
2	4	Annika GUNDERSON	#7 UW-River Falls	N E 3.81m	12-6	2/11
3	8	Ashley O'CONNELL	#1 UW-La Crosse	N E 3.74m	12-3¼	1/27
4	9	Leah ZASTROW	#2 UW-Eau Claire	N E 3.73m	12-2¾	1/27
5	26	Araceli DE LEO LOPEZ	#1 UW-La Crosse	N E 3.59m	11-9¼	1/27
6	28	Abi WEISHOFF	#14 UW-Stout	N E 3.56m	11-8	2/10
6	28	Abby MEIDL	#1 UW-La Crosse	N E 3.56m	11-8	2/11
6	28	Nina MORRISON	#1 UW-La Crosse	N E 3.56m	11-8	2/4
9	36	Grace KOWALKOWSKI	#10 St. Norbert	N E 3.50m	11-5¾	2/4
10	44	Jessica MUELLER	#15 Carroll (Wis.)	N E 3.44m	11-3½	2/3

Women's Long Jump

1	3	Nayeli WILLIAMS	#4 Carleton	N E 5.69m	18-8	2/4
2	11	Maddie HANSEN	#1 UW-La Crosse	N E 5.62m	18-5¼	1/27
2	11	Sydney SPAETH	#10 St. Norbert	N E 5.62m	18-5¼	2/11
4	15	Ava FOLEY	#1 UW-La Crosse	N E 5.57m	18-3¼	1/27
5	24	Hailie KENT	#1 UW-La Crosse	N E 5.49m	18-¼	1/27
6	32	Annika MULLER	#9 St. Olaf	N E 5.45m	17-10¾	2/4
7	42	Lexi LEFEVER	#7 UW-River Falls	N E 5.42m	17-9½	2/11
7	42	Maya HIELSCHER	#24 Concordia Wisc	N E 5.42m	17-9½	1/21
9	46	Jenna DRISCOLL	#14 UW-Stout	N E 5.41m	17-9	1/27
10	49	Dyllan POWERS	#1 UW-La Crosse	N E 5.40m	17-8¾	2/4

Women's Triple Jump

1	5	Miah KELLER	#1 UW-La Crosse	N E 11.95m	39-2½	1/21
2	9	Hailie KENT	#1 UW-La Crosse	N E 11.78m	38-7¾	1/21
3	11	Madi KES	#5 Gustavus Adolph	N E 11.70m	38-4¾	1/21
4	12	Ellie HERNES	#8 Bethel (Minn.)	N E 11.68m	38-4	2/4
5	13	Sydney SPAETH	#10 St. Norbert	N E 11.66m	38-3¼	2/11
6	17	Journey AMUNDSON	#20 Macalester	N E 11.63m	38-2	1/21
6	17	Stephanie WITBROD	#18 Bethany Lutheran	N E 11.63m	38-2	2/10
8	19	Kylah FREDERIXON	#1 UW-La Crosse	N E 11.60m	38-¾	1/21
9	25	Abigail CALHOUN	#13 Carthage	N E 11.50m	37-8¾	1/20
10	26	Annika MULLER	#9 St. Olaf	N E 11.48m	37-8	1/28

Women's Shot Put

1	1	Vanessa UITENBROEK	#15 Carroll (Wis.)	N E 14.64m	48-½	12/10
2	2	Skye DIGMAN	#1 UW-La Crosse	N E 14.55m	47-9	1/27
3	3	Annika POE	#5 Gustavus Adolph	N E 14.38m	47-2¼	1/28
4	4	Catie FOBBE	#2 UW-Eau Claire	N E 14.33m	47-¼	1/27
5	8	Brenna NOON	#17 UW-Platteville	N E 14.08m	46-2½	2/11
6	11	Aubrey SCHOENEMAN	#13 Carthage	N E 13.87m	45-6¼	1/20
7	12	Katie FRUTH	#3 UW-Oshkosh	N E 13.64m	44-9	1/21
8	14	Brenna MASLOROFF	#3 UW-Oshkosh	N E 13.52m	44-4¼	2/4
9	18	Kayla BEHNKE	#2 UW-Eau Claire	N E 13.45m	44-1½	1/27
10	20	Emma ROETHLER	#8 Bethel (Minn.)	N E 13.37m	43-10½	1/21

Women's Weight Throw

1	2	Skye DIGMAN	#1 UW-La Crosse	N E 18.36m	60-3	1/27
2	4	Brenna MASLOROFF	#3 UW-Oshkosh	N E 18.06m	59-3	2/11
3	8	Catie FOBBE	#2 UW-Eau Claire	N E 17.73m	58-2	1/27
4	17	Alexis MATTOX	#13 Carthage	N E 17.03m	55-10½	12/3
5	19	Hannah LIZANO	#13 Carthage	N E 16.98m	55-8½	12/3
6	20	Teagan JONES	#2 UW-Eau Claire	N E 16.90m	55-5½	2/10
7	23	Paulina WIENKE	#17 UW-Platteville	N E 16.65m	54-7½	2/11
8	26	Vanessa UITENBROEK	#15 Carroll (Wis.)	N E 16.47m	54-½	1/21
8	26	Lily BENEKE	St. Scholastica	N E 16.47m	54-½	2/4
10	28	Kenni CZARNECKI	#6 UW-Whitewater	N E 16.34m	53-7½	2/4

Women's Pentathlon

1	8	Lauren ROTTIER	#10 St. Norbert	N E 3,371c	(3,350)	1/27
2	10	Jane KAUTZ	#2 UW-Eau Claire	N E 3,279c	(3,258)	1/27
3	11	Lexi LEFEVER	#7 UW-River Falls	N E 3,270c	(3,249)	1/27
4	16	Skylar WHITE	#1 UW-La Crosse	N E 3,157c	(3,135)	1/27
5	18	Noelle HACKENMUELLER	#1 UW-La Crosse	N E 3,147c	(3,125)	1/27
6	19	Allison ANDERSON	#1 UW-La Crosse	N E 3,140c	(3,118)	1/27
7	20	Stephanie WITBROD	#18 Bethany Lutheran	N E 3,107c	(3,087)	1/27
8	23	Emilee BOOKER	#2 UW-Eau Claire	N E 3,095c	(3,074)	1/27
9	24	Peyton SELLE	#23 Concordia Moor	N E 3,094c	(3,072)	2/3
10	26	Emma GRUEN	#2 UW-Eau Claire	N E 3,086c	(3,065)	1/27



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South

Women's 60 Meters

1	7	Katelyn GAMBLE	#3	Washington and	W E 7.68	1/27
1	7	Adalia COLEMAN	#12	Bridgewater (Va	W E 7.68	1/20
3	15	Olivia FREEMAN	#8	Rhodes	N E 7.74	12/2
4	23	Mariah BROOKS	#13	North Carolina W	E 7.76	12/3
5	26	Ahnia CHERRY	#13	North Carolina W	E 7.77	12/3
6	36	Jailah LOVING	#19	Birmingham-Sow	E 7.82	2/11
7	43	Audrey JOHNSON	#1	Emory	N E 7.84	2/11
8	60	Sydney TRUSSELL	#5	Christopher New	E 7.88	2/5
9	71	Sophia REDMOND	#22	Mary Washingto	N E 7.91	2/4
10	89	Kacee HOOKER	#12	Bridgewater (Va	N E 7.95	2/11

Women's 60 Meter Hurdles

1	7	Aniya SEWARD	#2	Lynchburg	N E 8.77	12/3
2	34	Jailah LOVING	#19	Birmingham-Sow	E 9.07	1/28
3	42	Hannah SNODGRASS	#4	Roanoke	N E 9.09	2/11
4	45	Hannah BODUS	#1	Emory	N E 9.11	1/15
5	47	Alyssa ROACH	#5	Christopher New	E 9.15	12/3
6	51	Madelyn VENABLE	#3	Washington and	N E 9.20	2/11
7	54	Amaya MARTIN	#1	Emory	N E 9.21	12/2
8	58	Betsy MOHNKERN	#2	Lynchburg	N E 9.22	2/11
9	86	Klaudia KOSA	#1	Emory	N E 9.34	1/15
10		Haileigh BYRD	#22	Mary Washingto	N E 9.43	2/4

Women's 200 Meters

1	17	Adalia COLEMAN	#12	Bridgewater (Va	N E 25.08c (25.47)	2/11
2	23	Mariah BROOKS	#13	North Carolina W	E 25.26	1/20
3	41	Ahnia CHERRY	#13	North Carolina W	E 25.53c (25.92)	2/3
4	42	Katelyn GAMBLE	#3	Washington and	N E 25.54	2/3
5	44	Sydney TRUSSELL	#5	Christopher New	E 25.59	1/21
6	58	Audrey JOHNSON	#1	Emory	N E 25.79	2/3
7	70	Haylee GAMBLE	#4	Roanoke	N E 25.89	1/28
8	83	Aniya SEWARD	#2	Lynchburg	N E 25.98c (26.38)	2/11
8	83	Adrianna DESANTIS	#5	Christopher New	E 25.98c (26.38)	2/3
10	92	Olivia FREEMAN	#8	Rhodes	N E 26.02	12/2

Women's 400 Meters

1	22	Dashiel Tao HARRIS	#1	Emory	N E 57.62	2/10
2	33	Libby RANOCHA	#1	Emory	N E 58.18	1/15
3	50	Adrianna DESANTIS	#5	Christopher New	E 58.68c (59.45)	2/3
4	68	Mikayla HEFFERON	#4	Roanoke	N E 59.17c (59.95)	2/11
5	76	Haylee GAMBLE	#4	Roanoke	N E 59.26	1/28
6	79	Vuronika BARNES	#2	Lynchburg	N E 59.37c (1:00.15)	2/11
7	85	Clare MARSH	#7	Catholic (D.C.)	N E 59.47	2/10
8	89	Sydney TRUSSELL	#5	Christopher New	E 59.51c (1:00.30)	1/29
9		Kayla MITCHELL	#21	Methodist	N E 59.78c (1:00.57)	2/3
10		Julia HATHAWAY	#10	Virginia Wesleya	N E 1:00.05	1/21

Women's 800 Meters

1	7	Libby RANOCHA	#1	Emory	N E 2:12.47	2/10
2	10	Hailey SMITH	#2	Lynchburg	N E 2:13.86	2/10
3	42	Luna MCCAULEY	#1	Emory	N E 2:17.40	2/3
4	57	Jenna DALY	#1	Emory	N E 2:18.51	2/3
5	69	Kyandra CHANDLER	#15	Southern Virgin	W E 2:18.89	2/10
6	73	Emily MOEHRINGER	#7	Catholic (D.C.)	N E 2:19.14	2/10
7	95	Parker HAWK	#3	Washington and	N E 2:20.16c (2:21.77)	2/11
8		Payton SULLIVAN	#1	Emory	N E 2:21.57	2/3
9		Sydney HOLDEN	#1	Emory	N E 2:21.59	12/2
10		Kate SCIBELLI	#3	Washington and	N E 2:22.72	1/27

Women's Mile

1	2	Annika URBAN	#1	Emory	N E 4:50.74	2/3
2	63	Madison LOWERY	#20	Pfeiffer	N E 5:05.13c (5:08.15)	12/4
3	72	Jenna DALY	#1	Emory	N E 5:06.04	2/3
4	90	Molly SILVA	#2	Lynchburg	N E 5:07.43	1/28
5		Lauren MASSEY	#2	Lynchburg	N E 5:09.13	1/28
6		Hailey SMITH	#2	Lynchburg	N E 5:10.18	1/28
7		Kyandra CHANDLER	#15	Southern Virgin	W E 5:12.04	2/4
8		Parker HAWK	#3	Washington and	N E 5:12.18	2/3
9		Kelsey LAGUNAS	#2	Lynchburg	N E 5:13.04	1/19
10		Luna MCCAULEY	#1	Emory	N E 5:13.31	2/3

Women's 3000 Meters

1	2	Annika URBAN	#1	Emory	N E 9:28.14	2/10
2	44	Corrine WEAVER	#11	Meredith	N E 10:03.43c (10:08.60)	2/3
3	60	Isabel ZIMMERMANN	#11	Meredith	N E 10:08.17c (10:13.38)	1/14
4	69	Allison DELL	#2	Lynchburg	N E 10:11.38	2/10
5	81	Kate INGLIS	#7	Catholic (D.C.)	N E 10:16.36	2/10
6		Lauren MASSEY	#2	Lynchburg	N E 10:20.44	2/10
7		Carolyn TODD	#3	Washington and	N E 10:22.91	2/3
8		Kelsey LAGUNAS	#2	Lynchburg	N E 10:26.51	1/28
9		Parker HAWK	#3	Washington and	N E 10:27.87c (10:33.25)	1/15
10		Kyandra CHANDLER	#15	Southern Virgin	W E 10:30.51	1/27

Women's 5000 Meters

1	2	Annika URBAN	#1	Emory	N E 16:29.14	12/3
2	26	Isabel ZIMMERMANN	#11	Meredith	N E 17:28.56c (17:36.59)	2/3
3	49	Corrine WEAVER	#11	Meredith	N E 17:45.79c (17:53.95)	1/20
4	65	Carolyn TODD	#3	Washington and	N E 17:56.51	1/27
5	76	Liesl SCHERRER	#1	Emory	N E 18:01.81	1/20
6	81	Kelsey LAGUNAS	#2	Lynchburg	N E 18:03.14	2/10
7	1E+0	Kate INGLIS	#7	Catholic (D.C.)	N E 18:12.32c (18:20.68)	1/27
8		Claire HAMLET	#3	Washington and	18:32.96	2/3
9		Mackenzie YOUNG	#12	Bridgewater (Va	18:34.50c (18:43.03)	2/3
10		Maddy RAWLINGS	#5	Christopher Nev	18:42.00c (18:50.59)	2/3



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South

Women's 4x400 Relay

1	28	Mina LEOPOLD, Libby RANOCHA, Paige MURDOCK, Dashiel Tao HARRIS	#1 Emory	4:02.50	12/2
2	33	Vuronika BARNES, Allison BOBST, Madelyn BOYCE, Betsy MOHNKERN	#2 Lynchburg	4:04.54	1/28
3	41	Amia BARNES, Julia HATHAWAY, Casey STEDMAN, Yadeja BRITTON	#10 Virginia Wesleya	4:06.16	2/5
4	44	Paige TULENKO, Jordynn PALETHORPE, Jesma EVANS, Kate SCIBELLI	#3 Washington and	4:06.34	2/3
5	54	Lauren HENSON, Haylee GAMBLE, Maryrose MOLINA- SHUMAN, Mikayla HEFFERON	#4 Roanoke	4:07.93c (4:11.22)	1/20
6	62	Marianna MOELL, Sarah NELSON, Macy MURDOCK, Emily THOMPSON	#14 Berry	4:09.46	2/11
7		Ava DUNN, Olivia FREEMAN, Megan WEILMUNSTER, Rachel SULLIVAN	#8 Rhodes	4:15.28	12/2
8		Alexis HUBBARD, Haley VAN VOORHIS, Erin ATKINSON, Sarah SIDORO	#9 Shenandoah	4:15.61	2/3
9		Adrianna DESANTIS, Sydney TRUSSELL, Casey YENYO, Ainsley MILLER	#5 Christopher Nev	4:16.21	1/21
10		Treasure ROSARIO- WATSON, Patti BUSCH, Brandi GARDNER, Kayla MITCHELL	#21 Methodist	4:16.62c (4:20.02)	2/11

Women's Distance Medley Relay

1	14	Lauren MASSEY, Madelyn BOYCE, Hailey SMITH, Molly SILVA	#2 Lynchburg	12:11.78	2/10
2	21	Emily MOEHRINGER, Clare MARSH, Apolline GASPERS, Kate INGLIS	#7 Catholic (D.C.)	12:28.17	2/10
3	36	Eliza DANA, Adrianna DESANTIS, Kenzie HURLEY, Mae SAVOIE	#5 Christopher Nev	12:53.88c(13:02.17)	1/29
4	42	Jesma EVANS, Jensen ROCHA, Kate SCIBELLI, Mimi KEMP	#3 Washington and	13:06.34	12/3
5	51	Lucy UNZICKER, Elili ASEFA, Vanessa GARDINER, Halie MAST	#6 Eastern Mennon	13:21.29c(13:29.87)	1/20
6	71	Skyler SEEGER, Anna GIBSON, LeeAnn LAWRENCE, Jaycie PONCE	#23 Piedmont	13:50.62	1/15
7	80	Lydia DORMAN, Daehla SMITH, Maggie MCGINLEY, Jocelyn GARTMAN	#25 Covenant	14:10.29c(14:19.40)	1/28
8		Ashley BROWN, Zoe DUNLAP, Abby CASEN, Lauren BROWN	#4 Roanoke	14:50.65c(15:00.19)	1/20
9		Dawn FORREST, Holly HYLTON, Madison BROUSSEAU, Sylvia GUILLET	Hollins	15:16.82c(15:26.64)	1/20
10		Rhiannon SEVIER, Aleah VESS, Kate SMITH, Breanna SMITH	Huntingdon (Ala)	15:40.28	12/2

Women's High Jump

1	7	Rachel SULLIVAN	#8 Rhodes	N E 1.68m	5-6	2/11
2	40	Cammi WINSTON	#4 Roanoke	N E 1.60m	5-3	2/11
2	40	Camille GILLUM	#3 Washington and	N E 1.60m	5-3	1/15
4	63	Alyssa ROACH	#5 Christopher Nev	N E 1.58m	5-2¼	1/13
5	94	Kim RODEN	#4 Roanoke	N E 1.56m	5-1¼	1/28
6		Jilane PEDERSEN	#15 Southern Virgini	1.55m	5-1	12/9
6		Kaitlyn NGUYEN	#4 Roanoke	1.55m	5-1	12/9
6		Ray Ray TAYLOR	#6 Eastern Mennon	1.55m	5-1	2/10
6		Norah CIANO	#10 Virginia Wesleya	1.55m	5-1	2/10
10		Natalie MOORE	#18 Guilford	1.54m	5-½	2/3



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South

Women's Pole Vault

1	9	Ace COLE	#8 Rhodes	N E 3.73m	12-2¾	1/21
2	41	Lauren ANDERSON	#2 Lynchburg	N E 3.45m	11-3¾	1/13
3	61	Ashley D'AMBROSIA	#3 Washington and	N E 3.35m	10-11¾	2/11
4		Madeline HUBBERT	#14 Berry	N E 3.21m	10-6¼	2/11
4		Alex FEURER	#1 Emory	N E 3.21m	10-6¼	2/11
6		Chloe VAN DUYNE	#4 Roanoke	N E 3.20m	10-6	2/11
6		Allison BOBST	#2 Lynchburg	N E 3.20m	10-6	1/20
8		Ticia KING	#1 Emory	3.10m	10-2	2/3
9		Claire COLEMAN	#3 Washington and	3.05m	10-0	1/20
9		Avery MANGELS	#5 Christopher Nev	3.05m	10-0	2/5

Women's Long Jump

1	14	Alyssa ROACH	#5 Christopher New	E 5.59m	18-4¼	1/13
2	16	Ray Ray TAYLOR	#6 Eastern Mennon	E 5.56m	18-3	1/13
3	20	Kaitlin MEASELL	#9 Shenandoah	N E 5.52m	18-1½	2/10
4	89	Madelyn VENABLE	#3 Washington and	N E 5.27m	17-3½	2/11
5	99	Brandi GARDNER	#21 Methodist	N E 5.25m	17-2¾	12/3
6		Emily THOMPSON	#14 Berry	N E 5.21m	17-1¼	1/28
7		Alexis HUBBARD	#9 Shenandoah	N E 5.19m	17-½	2/3
8		Hannah BODUS	#1 Emory	N E 5.18m	17-0	12/2
8		Parker LONGOOD	#3 Washington and	N E 5.18m	17-0	2/3
10		Julia HATHAWAY	#10 Virginia Wesleya	N E 5.17m	16-11½	12/3

Women's Triple Jump

1	10	Aniya SEWARD	#2 Lynchburg	N E 11.71m	38-5	1/28
2	58	Madelyn VENABLE	#3 Washington and	N E 11.08m	36-4¼	2/3
3	61	Ray Ray TAYLOR	#6 Eastern Mennon	N E 11.06m	36-3½	1/13
4	92	Cammi WINSTON	#4 Roanoke	N E 10.80m	35-5¼	2/11
4	92	Hannah WETZEL	#16 Gallaudet	N E 10.80m	35-5¼	2/11
6		Audrey JOHNSON	#1 Emory	N E 10.70m	35-1¼	12/2
7		Caroline HANSEN	#1 Emory	10.63m	34-10½	1/15
8		Kiara SMITH	#2 Lynchburg	10.58m	34-8½	2/4
9		Selah EUM	#1 Emory	10.53m	34-6¾	1/20
10		Kaitlin BOWER	Mary Baldwin	10.47m	34-4¼	12/3
10		Ophelia LADNER	#4 Roanoke	10.47m	34-4¼	1/28

Women's Shot Put

1	16	Midajah DAVIS	#16 Gallaudet	N E 13.49m	44-3¼	2/5
2	66	Sarah FINEMAN	#1 Emory	N E 12.43m	40-9½	2/11
3		Samantha HEALY	#17 Marymount (Va.)	N E 11.86m	38-11	1/21
4		Portia JONES	#18 Guilford	N E 11.74m	38-6¼	1/22
5		Hope JACKSON	#1 Emory	N E 11.70m	38-4¾	2/11
6		Ciara DONEGAN	#7 Catholic (D.C.)	N E 11.62m	38-1½	2/10
7		Jelesia BROWN	#24 Belhaven (Miss.)	N E 11.57m	37-11½	1/21
7		Katherine STEVENS	#5 Christopher New	E 11.57m	37-11½	1/29
9		Grace FOWLER	#4 Roanoke	N E 11.52m	37-9½	1/28
10		Kiara FELSTON	#9 Shenandoah	N E 11.48m	37-8	1/21

Women's Weight Throw

1	15	Kiara FELSTON	#9 Shenandoah	N E 17.09m	56-1	2/3
2	32	Nyah WILLIS	#1 Emory	N E 16.22m	53-2¾	2/11
3	35	Logan BABBS	#2 Lynchburg	N E 16.09m	52-9½	2/11
4	57	Samantha HEALY	#17 Marymount (Va.)	N E 15.56m	51-¾	1/27
5	80	Grace FOWLER	#4 Roanoke	N E 15.05m	49-4½	2/3
6	99	Elizabeth JONES	#20 Pfeiffer	N E 14.79m	48-6¼	2/3
7		Katherine STEVENS	#5 Christopher New	E 14.74m	48-4½	2/5
8		Bailey HEDGEMON	#3 Washington and	N E 14.12m	46-4	2/3
9		Jada NOEL	#17 Marymount (Va.)	N E 14.07m	46-2	1/27
10		Grace BUTTIGLIERI	#7 Catholic (D.C.)	N E 13.90m	45-7¼	1/14

Women's Pentathlon

1	9	Ray Ray TAYLOR	#6 Eastern Mennon	N E 3,335		2/10
2	13	Alyssa ROACH	#5 Christopher New	E 3,233c	(3,210)	1/27
3	98	Norah CIANO	#10 Virginia Wesleya	2,448		2/10
4		Natalie MOORE	#18 Guilford	2,356		2/3



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West

Women's 60 Meters

1	4	Jasmyn CRAWFORD	#10 Whittier	N E 7.65	2/10
2	40	Mackenzie REED	#10 Whittier	N E 7.83	2/10
2	40	Amelia HEWSON	#2 Whitworth	N E 7.83	2/10
4	49	McKenzie FEINGLAS	#20 Linfield	N E 7.85	1/20
5	66	Sydney HARNESS	#4 Redlands (Calif.)	N E 7.90c (7.86A)	2/3
6	78	Alexandra ACKERMAN	#4 Redlands (Calif.)	N E 7.93c (7.89A)	2/3
7	84	Jordyn LUNGO	#2 Whitworth	N E 7.94	2/10
8		Mykler RODERIQUE	#17 St. Thomas (Tex)	N E 8.00	2/11
9		Trinity MURDOCK	#18 Texas Lutheran	N E 8.04	2/11
10		Danya SELBER	#1 Trinity (Texas)	N E 8.06	2/11

Women's 60 Meter Hurdles

1	16	Amelia HEWSON	#2 Whitworth	N E 8.89	2/10
2	50	Caroline DELVECCHIO	#3 Claremont-Mudw	E 9.19	2/10
3	67	Katherine THORNTON	#16 Willamette	N E 9.27	2/5
4	83	Eleanor BACHMEIER	#4 Redlands (Calif.)	N E 9.33c (9.29A)	2/3
5	92	Naj CAMPBELL	#5 McMurry	N E 9.36	2/10
6	96	Ebonee NATION	#17 St. Thomas (Tex)	N E 9.39	1/20
7		Sophia DELGADO	#17 St. Thomas (Tex)	N E 9.44	1/20
8		Chloe SOLUMA	#11 UC Santa Cruz	N E 9.45	2/5
9		Jenna HUNTSMAN	#9 George Fox	N E 9.51	2/5
10		Breanne RAWLS	#2 Whitworth	N E 9.54	2/2
10		Avery PUIG	#1 Trinity (Texas)	N E 9.54	2/11

Women's 200 Meters

1	33	Jasmyn CRAWFORD	#10 Whittier	N E 25.43	2/10
2	54	McKenzie FEINGLAS	#20 Linfield	N E 25.72	1/28
3	80	Mackenzie REED	#10 Whittier	N E 25.96	2/10
4		Clara LIPPERT	#19 Colorado Colleg	N E 26.35c (26.61A)	1/28
5		Kaela SAWYERS	#17 St. Thomas (Tex)	N E 26.46	2/11
6		Jackilyn LEWIS	#21 Puget Sound	26.69	2/5
7		Sealan LEDAT	#1 Trinity (Texas)	26.74	2/11
8		Macy O'HARA	#6 Lewis & Clark	26.83	2/5
8		Kyrstin WILSON	#21 Puget Sound	26.83	2/10
10		Olivia REICHLE	#8 Pomona-Pitzer	26.84	2/10

Women's 400 Meters

1	54	Allison KREMER	#13 Chapman	N E 58.81	2/3
2		Kaylee SMITH	#13 Chapman	N E 59.73	2/3
3		Angelica GATICA GOMEZ	#14 Pacific (Ore.)	N E 1:00.31	2/5
4		Shriya VELICHALA	#3 Claremont-Mudw	E 1:00.40	2/10
5		Macy O'HARA	#6 Lewis & Clark	N E 1:00.45	2/10
6		Nakiah TOLBERT	#12 Hardin-Simon	N E 1:00.82	2/11
7		Elizabeth HAWLEY	#22 Occidental	N E 1:00.84c (1:00.63A)	2/3
8		McKenzie FEINGLAS	#20 Linfield	N E 1:01.02	2/10
8		Emily RUTKOWSKI	#14 Pacific (Ore.)	N E 1:01.02	2/5
10		Haily BASS	#15 LeTourneau	1:01.25	2/11

Women's 800 Meters

1	4	Ellie RISING	#9 George Fox	N E 2:12.03	2/10
2	52	Michaela JONES	#8 Pomona-Pitzer	N E 2:18.41	2/10
3	80	Hana YAMAMOTO	#11 UC Santa Cruz	N E 2:19.45	2/5
4	97	Malia HEIEN	#6 Lewis & Clark	N E 2:20.25	2/5
5		Elizabeth BRADLEY	#14 Pacific (Ore.)	N E 2:23.91	2/5
6		Madelyn BUCKLEY	#2 Whitworth	N E 2:24.05	2/10
7		Chloe BULLOCK	#4 Redlands (Calif.)	N E 2:24.76c (2:26.37A)	2/3
8		Lulu BRADY	#2 Whitworth	2:27.01	2/10
9		Caroline DELVECCHIO	#3 Claremont-Mud	2:27.14	2/10
10		Hope GREENWALD	#15 LeTourneau	2:28.78c (2:30.49)	1/27

Women's Mile

1	36	Brenna SCLAIR	#9 George Fox	N E 5:00.05	2/10
2	41	Laura ZIMMER	#3 Claremont-Mudw	E 5:00.82	2/10
3	80	Chloe BULLOCK	#4 Redlands (Calif.)	N E 5:06.68c (5:18.24A)	2/3
4		Ash BAUDIN	#11 UC Santa Cruz	N E 5:09.06	2/5
5		Riley MARTEL-PHILLIPS	#11 UC Santa Cruz	N E 5:11.61	2/5
6		Anna MACDONALD	#8 Pomona-Pitzer	N E 5:13.13	2/10
7		Madelyn BUCKLEY	#2 Whitworth	N E 5:15.56	2/10
8		Hanna HEKKANEN	#11 UC Santa Cruz	N E 5:17.17	2/5
9		Kylah HOLLAND	#12 Hardin-Simon	N E 5:17.71	1/21
10		Helena JANKU	#11 UC Santa Cruz	5:24.08	2/5

Women's 3000 Meters

1	53	Riley BUESE	#6 Lewis & Clark	N E 10:06.14	2/10
2	88	Jenna LANGE	#8 Pomona-Pitzer	N E 10:17.31	2/10
3		Sarah PAQUET	#7 Pacific Lutheran	N E 10:23.51	1/14
4		Kylah HOLLAND	#12 Hardin-Simon	N E 10:31.13c (10:38.83A)	1/13
5		Genevieve DIBARI	#8 Pomona-Pitzer	10:42.59	2/10
6		Elaine KASTER	#1 Trinity (Texas)	10:47.75	2/11
7		Gianna KEENA	#1 Trinity (Texas)	10:50.14	2/11
8		Janeth CHACON	#5 McMurry	10:52.16	1/21
9		Iris ABEGGLEN	#11 UC Santa Cruz	10:53.65	2/5
10		Jennifer TORRES	#20 Linfield	10:55.09	2/10

Women's 5000 Meters

1	50	Meredith BLOSS	#3 Claremont-Mudw	E 17:45.95	2/10
2	64	Sarah PAQUET	#7 Pacific Lutheran	N E 17:55.31	2/10
3	66	Kylah HOLLAND	#12 Hardin-Simon	N E 17:56.54	1/21
4	87	Anika KIMME	#3 Claremont-Mudw	E 18:07.25	2/10
5	91	Abigail LOISELLE	#8 Pomona-Pitzer	N E 18:07.67	2/10
6		Janeth CHACON	#5 McMurry	18:40.44	2/10
7		Elaine KASTER	#1 Trinity (Texas)	18:47.85	1/21
8		Em MILLER	#1 Trinity (Texas)	19:46.80	1/21
9		Grace ETZEL	#1 Trinity (Texas)	20:14.45	1/21
10		Madison BRAVO	#25 La Verne	20:16.97	2/10



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #4, February 13

as of 2/13/2023 12:03:22 PM

West

Women's 4x400 Relay

1	35	Shriya VELICHALA, Alyssa RUIZ, Jada HIGGINS, Caroline DELVECCHIO	#3 Claremont-Mud	4:04.70	2/10
2	42	Taylor KOTFAS, CC GRAY, Sealan LEDAT, Hayley HUCK	#1 Trinity (Texas)	4:06.23	2/11
3	66	Brynn YANEZ, Jacee DINKINS, Naj CAMPBELL, Madelyn GOLLIHAR	#5 McMurry	4:09.59	2/10
4	89	Ellie MARSH, Hope GREENWALD, Kylee FREEMAN, Haily BASS	#15 LeTourneau	4:12.48	2/10
5		Emily RUTKOWSKI, Courtney TIERNAN, Dina ALTUHOVS, Angelica GATICA GOMEZ	#14 Pacific (Ore.)	4:19.63	1/21
6		Macy O'HARA, Malia HEIEN, Olivia FARRAR, Ella CHIN	#6 Lewis & Clark	4:19.80	1/21
7		Arabella EDLER, Hana YAMAMOTO, Ria SAINI, Faith DYOGI	#11 UC Santa Cruz	4:20.85	2/5
8		Emma FOWKES, Emma JONES, Asha SONI, Clara LIPPERT	#19 Colorado Colleg	4:21.73c (4:24.35A)	1/28
9		Madelyn BUCKLEY, Lulu BRADY, Brooke CLINTON, Haley JACOBSON	#2 Whitworth	4:31.79	2/10
10		Danielle PENA, Candice VARNELL, Abigail TSCHACHER, Nakiah TOLBERT	#12 Hardin-Simmon	4:38.33	1/21

Women's Distance Medley Relay

1	11	Anna MACDONALD, Olivia REICHLER, Michaela JONES, Katie CLINE	#8 Pomona-Pitzer	12:10.54	2/10
2	30	Riley BUESE, Macy O'HARA, Malia HEIEN, Katya SCHWIETERMAN	#6 Lewis & Clark	12:39.09	2/10
3	40	Savanna DANNER, Jacee DINKINS, Jazmin CHACON, Janeth CHACON	#5 McMurry	13:04.47	2/10
4	65	Olivia ARMSTRONG, Kayla ALMEIDA, Annika CARLSON, Grace COLEMAN	#13 Chapman	13:40.27	2/3
5	72	Lily TURNER, Jackilyn LEWIS, McKenna CLARK, Ella COURTNAGE-DYKE	#21 Puget Sound	13:54.24	2/10
6	74	Rachel MORRISON, Allyson PROSPERIE, Scarlett PEREZ, Phoebe DUNHAM	#23 East Texas Bapti	13:56.83	12/2
7	75	Victoria RAMIREZ, Karelann SKINNER, Nelsy VERA, Ashley MARTINEZ	#17 St. Thomas (Tex	13:57.02	2/11

Women's High Jump

1	32	Whitley STEPP	#16 Willamette	N E 1.62m	5-3¾	2/5
2	40	Breanne RAWLS	#2 Whitworth	N E 1.60m	5-3	1/20
3	78	Monica KAYLOR	#2 Whitworth	N E 1.57m	5-1¾	1/28
4		Emma JONES	#19 Colorado Colleg	1.51m	4-11½	1/28
4		April KWAN	#19 Colorado Colleg	1.51m	4-11½	1/28
6		Janae GREEN	#12 Hardin-Simmon	1.50m	4-11	12/2
6		Victoria WILSON	#15 LeTourneau	1.50m	4-11	1/21
8		Caroline DELVECCHIO	#3 Claremont-Mud	1.49m	4-10½	2/10
9		Allie YOUNGS	#7 Pacific Lutheran	1.47m	4-9¾	2/10
9		Adva SHILON	#13 Chapman	1.47m	4-9¾	2/3
9		Bridget FERGUSON	#22 Occidental	1.47m	4-9¾	2/3
9		Elee FAULKNER	#4 Redlands (Calif.)	1.47m	4-9¾	2/3



Regional TFRI Event Summary

as of 2/13/2023 12:03:22 PM

West

Women's Pole Vault

1	3	Brooke SIMON	#3	Claremont-Mudw	E 3.82m	12-6¼	2/10
2	19	Alison YOUNG	#9	George Fox	N E 3.64m	11-11¼	2/10
3	33	Karissa RICKS	#10	Whittier	N E 3.54m	11-7¼	2/10
4	34	Lily LUKSICH	#7	Pacific Lutheran	E 3.52m	11-6½	2/10
5	36	Grace TULLY	#9	George Fox	N E 3.50m	11-5¼	2/5
6	39	Payton DAVIDSON	#9	George Fox	N E 3.49m	11-5¼	2/10
7	56	Kristine NGUYEN	#7	Pacific Lutheran	E 3.37m	11-¾	2/10
7	56	Madeline SEIFERT	#3	Claremont-Mudw	E 3.37m	11-¾	2/10
9	74	Ashlynn RECKNAGEL	#18	Texas Lutheran	N E 3.30m	10-9¾	2/11
10	94	Kalea BROWN	#13	Chapman	N E 3.25m	10-8	2/3
10	94	Adva SHILON	#13	Chapman	N E 3.25m	10-8	2/3

Women's Long Jump

1	39	Ciara AW	#4	Redlands (Calif.)	N E 5.43mA	17-9¾	2/3
2	75	Annabelle SMITH	#16	Willamette	N E 5.31m	17-5¼	2/5
3		Joy AREOLA	#1	Trinity (Texas)	N E 5.21m	17-1¼	12/2
4		Jenna HUNTSMAN	#9	George Fox	5.06m	16-7¼	2/5
5		Victoria WILSON	#15	LeTourneau	5.01m	16-5¼	2/3
6		Breanne RAWLS	#2	Whitworth	4.87m	15-11¾	2/10
7		Maigan ADAMS	#4	Redlands (Calif.)	4.83mA	15-10¼	2/3
8		Aij MCFARLAND	#13	Chapman	4.79m		2/3
9		April KWAN	#19	Colorado Colleg	4.78mA	15-8¼	1/28
10		Alexa SOWERS	#12	Hardin-Simmon	4.73mA	15-6¼	12/2

Women's Triple Jump

1	21	Maigan ADAMS	#4	Redlands (Calif.)	N E 11.58mA	38-0	2/3
2	34	Joy AREOLA	#1	Trinity (Texas)	N E 11.32m	37-1¾	2/11
3	65	Maddy WIETSTRUCK	#1	Trinity (Texas)	N E 11.03m	36-2¼	2/11
4		Cameryn NAGAJI	#6	Lewis & Clark	N E 10.65m	34-11¼	2/10
5		Kyrstin WILSON	#21	Puget Sound	10.57m	34-8¼	2/10
6		Aliya NOE	#1	Trinity (Texas)	10.35m	33-11½	2/11
7		Olivia FARRAR	#6	Lewis & Clark	10.21m	33-6	2/10
8		Christen WILEY	#4	Redlands (Calif.)	10.14mA	33-3¼	2/3
9		Meriah GONZALEZ	#5	McMurry	9.86m	32-4¼	1/21
10		Emerald GARCIA	#12	Hardin-Simmon	9.84m	32-3½	2/11

Women's Shot Put

1	23	Renee TIUMALU	#2	Whitworth	N E 13.23m	43-5	2/10
2	41	Julissa RODRIGUEZ	#18	Texas Lutheran	N E 12.84m	42-1½	1/27
3	77	Elizabeth JORDAN	#5	McMurry	N E 12.30m	40-4¼	1/21
4		Ava NELSON	#7	Pacific Lutheran	E 11.99m	39-4	2/10
5		Amaris DELGADO	#5	McMurry	N E 11.66m	38-3¼	12/10
6		Emagen STYRA	#18	Texas Lutheran	N E 11.54m	37-10½	2/11
7		Timony SHERRY	#4	Redlands (Calif.)	N E 11.47mA	37-7¼	2/3
8		Lynda FARMER	#12	Hardin-Simmon	N E 11.35m	37-3	2/11
9		Emma ROSS	#1	Trinity (Texas)	N E 11.29m	37-½	1/21
10		Savannah ASHBAUGH	#14	Pacific (Ore.)	11.13m	36-6¼	2/5

Women's Weight Throw

1	67	Kierra FRANCOIS	#1	Trinity (Texas)	N E 15.35m	50-4½	2/11
2		Elizabeth RYAN	#5	McMurry	N E 14.68m	48-2	12/10
3		Elizabeth CUNNINGHAM	#5	McMurry	N E 14.20m	46-7¼	1/21
4		Amaris DELGADO	#5	McMurry	N E 13.69m	44-11	12/10
5		Leslie SERNAQUE FALCON	#4	Redlands (Calif.)	N E 13.48mA	44-2¾	2/3
6		Peyton SANTOS	#7	Pacific Lutheran	12.78m	41-11¼	2/10
7		Megan ROBERSTON	#24	Caltech	12.69mA	41-7¾	2/3
8		Tabitha MESSINEO	#7	Pacific Lutheran	12.47m	40-11	2/10
9		Kylie TIDWELL	#14	Pacific (Ore.)	12.46m	40-10½	2/5
10		Renee TIUMALU	#2	Whitworth	12.31m	40-4¾	1/13

Women's Pentathlon

1	27	Caroline DELVECCHIO	#3	Claremont-Mudw	E 3,062		2/10
2	28	Breanne RAWLS	#2	Whitworth	N E 3,059		2/10
3	35	Victoria WILSON	#15	LeTourneau	N E 2,987		2/3
4	43	Eleanor BACHMEIER	#4	Redlands (Calif.)	N E 2,885A		2/3
5		Virginia ARTHUR	#7	Pacific Lutheran	2,344		2/10
6		Olivia FARRAR	#6	Lewis & Clark	2,333		2/10