



Regional TFRI Event Summary

as of 1/30/2023 6:47:35 AM

Great Lakes

Women's 60 Meters

1	6	Jozlen BRISBON	#15	Lindsey Wilson (A:B 7.58	12/9
2	10	Jamaya WARTHEN	#1	Indiana Tech A:B 7.61	1/27
3	11	Soyinne GRENYION	#1	Indiana Tech A:B 7.63	1/27
4	16	Kiya POGUE	#1	Indiana Tech B 7.70	1/13
5	20	Giorgia MAMELI	#3	Marian (Ind.) B 7.74	1/28
6	23	Ally HAWK	#12	Indiana Wesleya 7.78	1/21
7	25	Jamila GARBA	#4	Campbellsville (7.80	1/27
8	27	Nia WOOD	#7	Madonna (Mich. 7.81	12/2
9	33	Anaiya JONES	#7	Madonna (Mich. 7.83	1/27
9	33	Alexia BOYD	#4	Campbellsville (7.83	12/3

Women's 60 Meter Hurdles

1	3	Kiya POGUE	#1	Indiana Tech A:B 8.51	1/13
2	4	Katlyn JONES	#1	Indiana Tech A:B 8.52	12/10
3	9	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech A:B 8.72	12/10
4	10	Patience SAKEUH	#9	Taylor (Ind.) A:B 8.73	1/20
5	13	Faith JACKSON	#8	Siena Heights (M:A:B 8.79	1/28
6	17	Erin OLESAK	#3	Marian (Ind.) A:B 8.87	1/20
7	24	Kiana SIEFERT	#9	Taylor (Ind.) B 8.99	1/20
8	31	Audrey ALTUM	#9	Taylor (Ind.) B 9.05	12/10
9	36	Denise TURPIN	#1	Indiana Tech B 9.09	12/10
10	42	Omarea DANIELS	#1	Indiana Tech 9.13	12/10

Women's 200 Meters

1	9	Soyinne GRENYION	#1	Indiana Tech A:B 24.93	1/27
2	10	Alexia SCHOFIELD	#4	Campbellsville (A:B 24.98	12/3
3	12	Jamaya WARTHEN	#1	Indiana Tech A:B 25.05c	1/20
4	13	Charity JONES	#7	Madonna (Mich. A:B 25.08	1/27
5	16	Jamila GARBA	#4	Campbellsville (A:B 25.16c	1/27
6	26	Nia WOOD	#7	Madonna (Mich. B 25.39	1/7
7	32	Jozlen BRISBON	#15	Lindsey Wilson (25.52	1/21
8	34	Nordia CAMPBELL	#10	Grace (Ind.) 25.59	12/2
9	46	Giorgia MAMELI	#3	Marian (Ind.) 25.77c	1/20
10	47	Erin OLESAK	#3	Marian (Ind.) 25.79c	1/14

Women's 400 Meters

1	8	Destinee MCGRADY	#2	Huntington (Ind A:B 57.46	1/27
2	9	Jo'Deci IRBY	#1	Indiana Tech A:B 57.47	1/27
3	10	Charity JONES	#7	Madonna (Mich. A:B 57.55	12/2
4	20	Kennia DEXTER	#1	Indiana Tech B 58.25	1/27
5	22	Nia WOOD	#7	Madonna (Mich. B 58.46	1/27
6	29	Kylie BROWN	#20	Spring Arbor (Mi 58.78	1/27
7	35	Hanna REUTER	#3	Marian (Ind.) 59.05c	12/10
8	38	Jai-Lyn NORWOOD	#3	Marian (Ind.) 59.48c	1/28
9	42	Kayla MOODY	#1	Indiana Tech 59.58	1/13
10	47	Jamila GARBA	#4	Campbellsville (59.65	1/21

Women's 600 Meters

1	1	Addy WILEY	#2	Huntington (Ind A:B 1:28.69c	1/20
2	2	Lisa VOYLES	#1	Indiana Tech A:B 1:32.78c	1/20
3	6	Jo'Deci IRBY	#1	Indiana Tech A:B 1:34.79c	12/3
4	17	Jessica PHILLIPS	#7	Madonna (Mich. 1:37.74	1/14
5	21	Olaide OLAPADE	#1	Indiana Tech 1:38.10	12/10
6	28	Mariah MALEY	#13	Saint Francis (In 1:39.15c	12/3
7	29	Emily BIRD	#6	Cumberlands (K 1:39.31	1/13
8	30	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech 1:39.77c	1/14
9	31	Maggie WHITNEY	#11	Aquinas (Mich.) 1:39.91	1/14
10	34	Taylor THOMAS	#3	Marian (Ind.) 1:40.62c	1/14

Women's 800 Meters

1	1	Addy WILEY	#2	Huntington (Ind A:B 2:08.28c	1/20
2	5	Kylie SAUDER	#10	Grace (Ind.) A:B 2:16.12	1/27
3	10	Emily BIRD	#6	Cumberlands (K B 2:17.48	1/13
4	14	Jessica PHILLIPS	#7	Madonna (Mich. B 2:17.77	1/27
5	15	Maggie WHITNEY	#11	Aquinas (Mich.) B 2:17.84	1/27
6	20	Anna HULSTEDT	#10	Grace (Ind.) 2:19.45	1/27
7	21	Summer COOPER	#17	Goshen (Ind.) 2:19.66c	1/28
8	22	Heather PLASTOW	#10	Grace (Ind.) 2:20.01	1/27
9	24	Tara FRIESEN	#10	Grace (Ind.) 2:20.04	12/9
10	25	Krista BOESE	#1	Indiana Tech 2:20.41	1/13

Women's 1000 Meters

1	1	Addy WILEY	#2	Huntington (Ind A:B 2:49.71c	1/20
2	2	Lisa VOYLES	#1	Indiana Tech A:B 2:50.71	1/13
3	7	Hannah ADLER	#11	Aquinas (Mich.) A:B 2:58.87c	1/20
4	9	Kylie SAUDER	#10	Grace (Ind.) A:B 2:59.36c	1/20
5	10	Krista BOESE	#1	Indiana Tech B 3:00.23c	1/20
6	12	Alex EBETINO	#13	Saint Francis (In B 3:00.61c	1/28
7	25	Anna HULSTEDT	#10	Grace (Ind.) 3:06.04c	1/20
8	28	Jana SCHMID	#21	Point Park (Pa.) 3:06.85	1/27
9	32	Ashley TERRY	#6	Cumberlands (K 3:07.50c	1/22
10	34	Lilly GRIEWE	#1	Indiana Tech 3:07.69c	1/20

Women's Mile

1	1	Lisa VOYLES	#1	Indiana Tech A:B 4:50.74	1/13
2	4	Anna MARTIN	#5	Cornerstone (Mi A:B 4:59.00	1/27
3	5	Malarie PINWAR	#5	Cornerstone (Mi A:B 4:59.37	1/21
4	6	Noel VANDERWALL	#9	Taylor (Ind.) A:B 4:59.93c	1/20
5	9	Hannah ADLER	#11	Aquinas (Mich.) A:B 5:02.66	1/14
6	10	Heather PLASTOW	#10	Grace (Ind.) A:B 5:03.26	12/2
7	12	Summer COOPER	#17	Goshen (Ind.) A:B 5:03.98c	1/21
8	14	Kylie SAUDER	#10	Grace (Ind.) A:B 5:04.91	12/2
9	15	Krista BOESE	#1	Indiana Tech B 5:05.93	1/27
10	19	Elizabeth LUCASON	#6	Cumberlands (K B 5:06.45	1/20



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Great Lakes

Women's 3000 Meters

1	1	Addy WILEY	#2	Huntington (Ind.)	A:B 9:24.28	12/9
2	4	Lisa VOYLES	#1	Indiana Tech	A:B 9:55.68	12/2
3	5	Hannah ADLER	#11	Aquinas (Mich.)	A:B 9:56.02	1/27
4	6	Malarie PINWAR	#5	Cornerstone (Mi.)	A:B 9:57.86	1/14
5	8	Alex EBETINO	#13	Saint Francis (Ind.)	A:B 10:04.79c	12/3
6	9	Addi DEWEY	#12	Indiana Wesleyan	A:B 10:05.24	1/27
7	11	Summer COOPER	#17	Goshen (Ind.)	A:B 10:05.61	12/2
8	13	Alyssa CAMPBELL	#21	Point Park (Pa.)	A:B 10:10.71	12/2
9	14	Ahna VANDERWALL	#9	Taylor (Ind.)	A:B 10:10.98c	1/20
10	19	Audrey BRINKRUFF	#9	Taylor (Ind.)	A:B 10:15.27c	1/20

Women's 5000 Meters

1	3	Ahna VANDERWALL	#9	Taylor (Ind.)	B 17:18.13c	1/28
2	4	Anna MARTIN	#5	Cornerstone (Mi.)	B 17:20.25	12/9
3	9	Hannah ADLER	#11	Aquinas (Mich.)	B 17:34.89	12/9
4	11	Audrey BRINKRUFF	#9	Taylor (Ind.)	B 17:36.61c	1/28
5	18	Alex EBETINO	#13	Saint Francis (Ind.)	B 17:50.87	12/9
6	20	Mollie GAMBLE	#9	Taylor (Ind.)	B 17:54.93c	1/28
7	21	Abbey GENTZ	#2	Huntington (Ind.)	B 18:01.68c	1/28
8	22	Heather PLASTOW	#10	Grace (Ind.)	B 18:03.29	12/9
9	28	Cammie MCCONNELL	#5	Cornerstone (Mi.)	B 18:14.56	12/9
10	34	Carmen TRIER	#10	Grace (Ind.)	B 18:21.13	1/27

Women's 3000m Race Walk

1	8	Jenna GROGAN	#6	Cumberlands (K)	B 17:23.07	1/22
2	10	Lanie POCOCK	#14	IU Kokomo (Ind.)	B 17:44.89	1/20
3	14	Korissa VANOVER	#1	Indiana Tech	18:43.99	1/20
4	15	Tara TODD	#6	Cumberlands (K)	18:52.29	1/22
5	19	Eliza HAGENS	#15	Lindsey Wilson (	20:06.16	1/21
6	21	Cady SCHOECK	#15	Lindsey Wilson (	20:23.95	1/21
7	22	Anna-Claire CARWILE	#4	Campbellsville (	20:25.22	1/21
8	23	Taylor MORGAN	#4	Campbellsville (	20:26.88	1/21
9	24	Madison WELCH	#4	Campbellsville (	20:37.00	1/21
10	25	Maddie DOTLICH	#14	IU Kokomo (Ind.)	20:50.97	1/20

Women's 4x400 Relay

1	5	Jaunita WEBSTER-FREEMAN, Jo'Deci IRBY, Olaide OLAPADE, Kayla MOODY	#1	Indiana Tech	A:B 3:54.30c	1/20
2	7	Diamond CARNEVA, Jessica PHILLIPS, Nia WOOD, Charity JONES	#7	Madonna (Mich.)	A:B 3:55.83	12/9
3	14	KaNiya DOUGLAS, Jamila GARBA, Victoria YOUNG, Alexia SCHOFIELD	#4	Campbellsville (	4:01.76c	1/27
4	16	Liz LOICHTINGER, Giorgia MAMELI, Makayla MELVIN, Jai-Lyn NORWOOD	#3	Marian (Ind.)	4:03.32c	1/20
5	20	Kailyn ELY, Erin WADLEY, Ally HAWK, Karis HUNTER	#12	Indiana Wesleyan	4:04.81	1/27
6	23	Malarie PINWAR, Sarah GENZINK, Madi HAID, Anna MARTIN	#5	Cornerstone (Mi.)	4:05.95	1/27
7	25	Rachel ROSE, Beautiful CORLEON, Bailey MCCULLOCH, Linnearia RICHARDS	#8	Siena Heights (N	4:07.49	12/2
8	26	Kylie SAUDER, Heather PLASTOW, Tara FRIESEN, Anna HULSTEDT	#10	Grace (Ind.)	4:08.06	1/27
9	29	Emily BIRD, MaQuoia RAGLAN, Jullia MORRIS, Kathryn COUCH	#6	Cumberlands (K)	4:08.63	1/13
10	32	Kaitlin MEADE, Lyssi SNOUFFER, Jocelyn DORNBIRER, Ashley BURGESS	#18	Mount Vernon N	4:09.64c	1/28

Women's 4x800 Relay

1	1	Emily BIRD, Lauren SANDERSON, Ashley TERRY, Ashlyn LIDDLE	#6	Cumberlands (K)	A:B 9:36.28c	1/22
2	5	Alex EBETINO, Mariah MALEY, Kelsey PECK, Kristina BAUM	#13	Saint Francis (In	9:50.98c	1/14
3	8	https://www.tfrrs.org/teams/77219	#14	IU Kokomo (Ind.)	10:21.35c	1/28



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Women's Distance Medley Relay

1	3	Lillee STEWART, Audrey ZEIGLER, Mariah MALEY, Alex EBETINO	#13 Saint Francis (In B	12:27.21c	1/21
2	4	Ashlyn LIDDLE, Ashley TERRY, Emily BIRD, Lauren SANDERSON	#6 Cumberlands (K B	12:28.71	1/20
3	5	Christy SHANK, Victoria YOUNG, Hailey SHANK, Emma STEFF	#4 Campbellsville (	12:37.44c	1/27
4	9	Whitney RICKS, Izzie LASHAWAY, Jessica PHILLIPS, Elizabeth DANCEY	#7 Madonna (Mich.)	13:02.76	1/27
5	10	Ellyn COE, Lily SCARBERRY, Jocelyn DORNBIRER, Morgan FORNEY	#18 Mount Vernon N	13:05.27c	1/20
6	11	Emily MONROE, Bailey MCCULLOCH, Alexis CORDLE, Morgan TURK	#8 Siena Heights (M	13:17.26c	1/20
7	14	Olivia CISCO, Alyssa DINGUS, Jayden ROACH, Amarissa KERNs	#19 Rio Grande (Ohi	13:23.56c	1/28
8	20	Sarah BAILEY, Kirsten GEARY, Isabel WILBER, Libby MILLER	Georgetown (Ky	13:48.94c	1/27
9	21	Casey PFEFFERKORN, Alexis SHEETS, Joy MCDIVITT, Isabelle ALTIC	#14 IU Kokomo (Ind.	13:53.47c	1/20
10	23	Savannah HART, Abby PAGE, Maddy WOLF, Julia ARRUDA	IU East (Ind.)	14:03.09c	1/27

Women's High Jump

1	1	Erica XAYARATH	#2 Huntington (Ind)	A:B 1.71m	5-7¼	12/10
2	3	Emma VALENTINE	#8 Siena Heights (M)	A:B 1.67m	5-5¼	1/28
2	3	Jaunita WEBSTER-FREEMAN	#1 Indiana Tech	A:B 1.67m	5-5¼	1/20
4	5	Erin OLESAK	#3 Marian (Ind.)	B 1.66m	5-5¼	1/14
5	9	Mary Catherine LEE	#1 Indiana Tech	B 1.64m	5-4½	12/10
5	9	Abi HUME	#12 Indiana Wesleya B	1.64m	5-4½	1/27
7	14	Lyssi SNOUFFER	#18 Mount Vernon N	1.62m	5-3¾	1/28
7	14	Madison AXOM	#17 Goshen (Ind.)	1.62m	5-3¾	1/28
7	14	Braely HERREMA	#5 Cornerstone (Mi	1.62m	5-3¾	1/14
10	17	Kaylee DIAMOND	#11 Aquinas (Mich.)	1.61m	5-3¼	1/27

Women's Pole Vault

1	1	Tyler FUGATE	#8 Siena Heights (M)	A:B 3.98m	13-¾	1/20
2	4	Ashley VERPLANK	#5 Cornerstone (Mi)	A:B 3.88m	12-8¾	1/27
3	5	Nevaeh BROWN	#23 Midway (Ky.)	A:B 3.72m	12-2½	1/13
4	7	Grace CONWAY	#16 Bethel (Ind.)	A:B 3.70m	12-1½	12/2
5	8	Chasity MIES	#8 Siena Heights (M)	A:B 3.68m	12-¾	1/28
5	8	Margherita CONRAD	#8 Siena Heights (M)	A:B 3.68m	12-¾	1/28
5	8	Samantha NOWELL	#8 Siena Heights (M)	A:B 3.68m	12-¾	1/28
8	11	Brooke HOLLOWAY	#18 Mount Vernon N	A:B 3.63m	11-10¾	12/2
9	12	Erica ALBRECHT	#8 Siena Heights (M)	A:B 3.62m	11-10½	1/20
10	13	Tatum TOWNSEND	#5 Cornerstone (Mi)	A:B 3.58m	11-9	1/27

Women's Long Jump

1	1	Destiny COPELAND	#2 Huntington (Ind)	A:B 5.87m	19-3¼	1/20
2	2	Erica XAYARATH	#2 Huntington (Ind)	A:B 5.85m	19-2½	12/10
3	4	Patience SAKEUH	#9 Taylor (Ind.)	A:B 5.72m	18-9¼	1/28
4	5	Carlie TURNER	#1 Indiana Tech	A:B 5.71m	18-8¾	12/10
5	6	Morgan VARGO	#5 Cornerstone (Mi)	A:B 5.68m	18-7¾	1/21
6	7	Destiny COPELAND	#2 Huntington (Ind)	A:B 5.66m	18-7	12/10
7	8	Jai-Lyn NORWOOD	#3 Marian (Ind.)	A:B 5.65m	18-6½	1/20
8	9	Luna SENICA	#15 Lindsey Wilson (A)	B 5.63m	18-5¾	1/21
9	12	Makala PFEFFERKORN	#14 IU Kokomo (Ind)	A:B 5.60m	18-4½	12/10
10	19	Anastasia BEACH	#11 Aquinas (Mich.)	B 5.54m	18-2¼	1/20
10	19	Jaunita WEBSTER-FREEMAN	#1 Indiana Tech	B 5.54m	18-2¼	12/3

Women's Triple Jump

1	1	Destiny COPELAND	#2 Huntington (Ind)	A:B 12.43m	40-9½	12/10
2	4	Alexia SCHOFIELD	#4 Campbellsville (A)	B 11.94m	39-2¼	12/3
3	8	Jai-Lyn NORWOOD	#3 Marian (Ind.)	A:B 11.68m	38-4	1/20
4	9	Erica XAYARATH	#2 Huntington (Ind)	A:B 11.62m	38-1½	12/10
5	11	Katlyn JONES	#1 Indiana Tech	A:B 11.54m	37-10½	12/10
6	13	Destiny COPELAND	#2 Huntington (Ind)	A:B 11.49m	37-8½	1/20
7	15	Makala PFEFFERKORN	#14 IU Kokomo (Ind)	A:B 11.48m	37-8	12/3
8	17	Jullia MORRIS	#6 Cumberlands (K)	A:B 11.45m	37-6¾	1/13
9	19	Olivia MILLER	#22 Carlow (Pa.)	A:B 11.41m	37-5¼	1/14
10	23	Alexia BOYD	#4 Campbellsville (B	11.30m	37-1	1/27

Women's Shot Put

1	8	Arriana BENJAMIN	#3 Marian (Ind.)	A:B 13.75m	45-1½	1/20
2	13	Merideth DEVRIES	#12 Indiana Wesleya B	13.42m	44-½	1/27
3	15	Jaunita WEBSTER-FREEMAN	#1 Indiana Tech	B 13.39m	43-11¼	1/14
4	19	Alecia PARKER	#16 Bethel (Ind.)	B 13.13m	43-1	1/20
5	23	Markalah BARNES	#16 Bethel (Ind.)	12.98m	42-7	1/28
6	28	Lena KORTE	#24 Concordia (Mich	12.74m	41-9¾	1/20
7	31	Lydia HALL	#20 Spring Arbor (Mi	12.65m	41-6	1/13
8	34	Mackenzie DELONG	#10 Grace (Ind.)	12.63m	41-5¼	1/27
9	36	Valerie KENDRICK	#25 Pikeville (Ky.)	12.62m	41-5	1/21
10	39	Princess KARA	#12 Indiana Wesleya	12.57m	41-3	1/27



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Women's Weight Throw

1	3	Arriana BENJAMIN	#3	Marian (Ind.)	A:B 17.20m	56-5¼	1/28
2	11	Emilee KESSLER	#7	Madonna (Mich.)	A:B 16.51m	54-2	1/13
3	25	Ricquel WILLIAMS	#4	Campbellsville (	15.73m	51-7¼	12/3
4	29	Keeley HUGHES	#3	Marian (Ind.)	15.62m	51-3	12/10
5	31	Erin GOTHA	#8	Siena Heights (N	15.49m	50-10	12/9
6	34	Jenna BREUKER	#5	Cornerstone (Mi	15.44m	50-8	12/9
7	35	Deneara MBOUG	#1	Indiana Tech	15.37m	50-5¼	12/3
8	39	Madison KAUFFMAN	#16	Bethel (Ind.)	15.28m	50-1¾	12/2
9	45	Chloe MILLER	#12	Indiana Wesleya	14.96m	49-1	1/27
10	48	Verlecia SCARLETT	#25	Pikeville (Ky.)	14.87m	48-9½	12/9

Women's Pentathlon

1	1	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech	A:B 3,958	1/27
2	19	Ketelynn DIX	#5	Cornerstone (Mi	2,881	1/27
3	25	Denise TURPIN	#1	Indiana Tech	2,811	12/2
4	27	Cassidy VOGT	#19	Rio Grande (Ohio	2,778	1/28
5	32	Allison TEED	#20	Spring Arbor (Mi	2,646	1/27
6	40	Lauren JOLLY	#19	Rio Grande (Ohio	2,496	1/28
7	53	Vanessa TEMPLE		IU East (Ind.)	2,126	1/27



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Midwest

Women's 60 Meters

1	29	Wrenzi WRZESINSKI	#6 Dickinson State	7.82c	1/20
1	29	Emerson COLINS	#2 St. Francis (Ill.)	7.82	1/20
3	33	Alyssa BUSKER	#19 Trinity Christian	7.83	12/3
4	36	Mara BRUNO	#2 St. Francis (Ill.)	7.84	12/2
5	38	Kimberly BRENT	#4 Olivet Nazarene	7.85	12/3
5	38	Linda GRIFFITH	#4 Olivet Nazarene	7.85	1/28
7	41	Isabel BOTHWELL	#5 Doane (Neb.)	7.86	1/28
8	50	Kya EDWARDS	#3 Hastings (Neb.)	7.89	1/7
9	56	Kiara CARTER	#4 Olivet Nazarene	7.91	12/9
9	56	Breanna IHDE	#11 Viterbo (Wis.)	7.91	12/10
9	56	Lana YEAKEL	#11 Viterbo (Wis.)	7.91	12/10

Women's 60 Meter Hurdles

1	5	Wrenzi WRZESINSKI	#6 Dickinson State	A:B 8.65	1/27
2	11	Kaitlyn MCCOLLY	#6 Dickinson State	A:B 8.76	1/27
3	15	Hannah ANTKOVIK	#4 Olivet Nazarene	A:B 8.80	12/9
4	16	Nisa THOMAS	#3 Hastings (Neb.)	A:B 8.86	12/9
5	17	Linda GRIFFITH	#4 Olivet Nazarene	A:B 8.87	12/9
6	19	Adrianna RODENCAL	#1 Concordia (Neb.)	A:B 8.89	1/21
7	21	Rachel BATTERSHELL	#1 Concordia (Neb.)	A:B 8.94	1/28
8	30	Jaida ROWE	#3 Hastings (Neb.)	B 9.04	12/2
9	31	Lindsay ADAMS	#5 Doane (Neb.)	B 9.05	1/28
10	38	Fane SAUVAKACOLO	#14 Dakota State (S. B	9.10	1/20
10	38	Taylor SARGENT	Valley City State	B 9.10	1/27
10	38	Clair SHEPARDSON	#11 Viterbo (Wis.)	B 9.10	1/21

Women's 200 Meters

1	8	Linda GRIFFITH	#4 Olivet Nazarene	A:B 24.90c	12/3
2	17	Kimberly BRENT	#4 Olivet Nazarene	B 25.18c	1/28
3	18	Nisa THOMAS	#3 Hastings (Neb.)	B 25.23c	12/9
4	21	Mara BRUNO	#2 St. Francis (Ill.)	B 25.31c	1/20
5	23	Hannah ANTKOVIK	#4 Olivet Nazarene	B 25.33c	12/3
6	24	Kiara CARTER	#4 Olivet Nazarene	B 25.36	12/9
7	37	Alyssa BUSKER	#19 Trinity Christian	25.61c	1/21
8	38	Rhys MAXEY	#3 Hastings (Neb.)	25.62c	12/9
9	39	Calli DAVIS	#9 Mount Marty (S.I	25.64c	1/14
10	40	Adrianna RODENCAL	#1 Concordia (Neb.)	25.66c	1/21

Women's 400 Meters

1	2	Linda GRIFFITH	#4 Olivet Nazarene	A:B 56.70	12/9
2	5	Hannah ANTKOVIK	#4 Olivet Nazarene	A:B 57.06	12/9
3	11	Rachel BATTERSHELL	#1 Concordia (Neb.)	B 57.64c	1/21
4	12	Kiara CARTER	#4 Olivet Nazarene	B 57.67c	1/28
5	13	Allena ROWLAND	#17 Clarke (Iowa)	B 57.87c	1/27
6	15	Gabbi BUTLER	#8 St. Ambrose (Iov	B 58.01c	1/27
7	18	Calli DAVIS	#9 Mount Marty (S.I	B 58.22	1/20
8	19	Mara BRUNO	#2 St. Francis (Ill.)	B 58.24c	1/27
9	24	Jenna ESCH	#1 Concordia (Neb.)	B 58.62c	1/28
10	25	Annika PINGEL	#5 Doane (Neb.)	58.67c	1/21

Women's 600 Meters

1	5	Annika PINGEL	#5 Doane (Neb.)	A:B 1:34.75c	1/28
2	9	Emilee HEYNEN	#7 Dordt (Iowa)	A:B 1:36.12c	12/9
3	10	Veronica PINKERTON	#3 Hastings (Neb.)	B 1:36.71c	1/21
4	12	Abigail CLARKE	#16 Northwestern (I	B 1:36.86c	12/9
4	12	Jenna ESCH	#1 Concordia (Neb.)	B 1:36.86c	1/21
6	15	Mika KOOISTRA	#7 Dordt (Iowa)	B 1:37.30	12/2
7	18	Chantaya GRIFFIN	#24 College of Saint	1:37.79c	1/28
8	19	Shelby BUWALDA	#7 Dordt (Iowa)	1:37.91	1/21
9	20	Allena ROWLAND	#17 Clarke (Iowa)	1:37.98c	1/21
10	23	Jordan KOEPKE	#1 Concordia (Neb.)	1:38.25c	1/21

Women's 800 Meters

1	2	Veronica PINKERTON	#3 Hastings (Neb.)	A:B 2:12.91c	1/27
2	8	Annika PINGEL	#5 Doane (Neb.)	B 2:17.29c	1/14
3	9	Ana PINEDA	#2 St. Francis (Ill.)	B 2:17.41c	1/27
4	13	Emilee HEYNEN	#7 Dordt (Iowa)	B 2:17.75	1/21
5	16	Mika KOOISTRA	#7 Dordt (Iowa)	2:19.01	1/21
6	23	Madison GERKEN	#3 Hastings (Neb.)	2:20.03c	1/27
7	27	Allena ROWLAND	#17 Clarke (Iowa)	2:21.04c	1/27
8	36	Elizabeth WIDMER	#6 Dickinson State	2:22.41	1/27
9	38	Jenna ESCH	#1 Concordia (Neb.)	2:22.76c	1/28
10	46	Allison RAMSEY	#2 St. Francis (Ill.)	2:23.25c	1/27

Women's 1000 Meters

1	3	Rylee HAECKER	#1 Concordia (Neb.)	A:B 2:56.44c	1/21
2	11	Ana PINEDA	#2 St. Francis (Ill.)	B 3:00.42c	1/14
3	13	Maria GEESAMAN	#18 York (Neb.)	B 3:00.63c	1/21
4	18	Annika PINGEL	#5 Doane (Neb.)	3:02.95c	12/9
5	27	Allison RAMSEY	#2 St. Francis (Ill.)	3:06.59c	1/14
6	30	Madison GERKEN	#3 Hastings (Neb.)	3:07.23c	1/21
7	31	Veronica PINKERTON	#3 Hastings (Neb.)	3:07.28c	1/7
8	39	Rhaya KASCHINSKE	#1 Concordia (Neb.)	3:08.59c	1/21
9	45	Alexia BIBAKIS	#2 St. Francis (Ill.)	3:09.24c	1/27
10	47	Courtney SPORRER	#23 Morningside (Iov	3:09.34c	12/9

Women's Mile

1	17	Rylee HAECKER	#1 Concordia (Neb.)	B 5:06.10c	1/28
2	20	Ana PINEDA	#2 St. Francis (Ill.)	B 5:06.70c	1/27
3	21	Allison RAMSEY	#2 St. Francis (Ill.)	B 5:07.08c	1/27
4	22	Morgan LAWSON	#12 Grand View (Iow	B 5:07.35c	1/27
5	24	Kylahn HERITAGE	#1 Concordia (Neb.)	B 5:07.94c	1/21
6	31	Bailey WILK	#2 St. Francis (Ill.)	5:12.77c	1/27
7	39	Katherine BAKKEN	#2 St. Francis (Ill.)	5:15.66c	1/27
8	45	Kristine HONOMICHL	#7 Dordt (Iowa)	5:17.05	1/21
9	60	Courtney SPORRER	#23 Morningside (Iov	5:21.06	1/20
10	61	Jacey SCHICKEL	#4 Olivet Nazarene	5:21.38c	1/28



Regional TFRI Event Summary

as of 1/30/2023 6:47:36 AM

Midwest

Women's 3000 Meters

1	2	Jessica KAMPAN	#7	Dordt (Iowa)	A:B 9:54.47	1/21
2	15	Katherine BAKKEN	#2	St. Francis (Ill.)	A:B 10:11.11	12/2
3	16	Ana PINEDA	#2	St. Francis (Ill.)	A:B 10:11.20	12/2
4	23	Bailey WILK	#2	St. Francis (Ill.)	A:B 10:18.65	12/2
5	24	Kristine HONOMICHL	#7	Dordt (Iowa)	A:B 10:19.28	12/2
6	28	Allison RAMSEY	#2	St. Francis (Ill.)	B 10:21.54	12/2
7	31	Kylahn HERITAGE	#1	Concordia (Neb.)	B 10:24.45c	1/28
8	41	Emily HAVERDINK	#16	Northwestern (I)	10:39.59c	1/14
9	43	Alexia BIBAKIS	#2	St. Francis (Ill.)	10:39.99	12/2
10	46	Jacey SCHICKEL	#4	Olivet Nazarene	10:41.45c	1/20

Women's 5000 Meters

1	2	Katherine BAKKEN	#2	St. Francis (Ill.)	B 17:17.20	12/9
2	7	Ana PINEDA	#2	St. Francis (Ill.)	B 17:28.75	12/9
3	14	Allison RAMSEY	#2	St. Francis (Ill.)	B 17:44.89	12/9
4	15	Catherine WHITE	#4	Olivet Nazarene	B 17:45.69	12/9
5	16	Bailey WILK	#2	St. Francis (Ill.)	B 17:47.97	12/9
6	19	Morgan LAWSON	#12	Grand View (Iow)	B 17:50.88	1/21
7	24	Olivia BUKOWSKI	#2	St. Francis (Ill.)	B 18:06.52	12/9
8	25	Alexia BIBAKIS	#2	St. Francis (Ill.)	B 18:06.96	12/9
9	27	Jacey SCHICKEL	#4	Olivet Nazarene	B 18:13.95	12/9
10	40	Lucy BORKOWSKI	#7	Dordt (Iowa)	18:34.85	1/20

Women's 3000m Race Walk

1	6	Paige THOMPSON	#12	Grand View (Iow)	B 16:47.52	1/27
2	7	Faith YOUNCE	#15	Iowa Wesleyan	B 16:53.49	1/21
3	9	Tristyn DIPENTINO	#3	Hastings (Neb.)	B 17:28.01	1/21
4	11	Alanna RODRIGUEZ	#10	Saint Xavier (Ill.)	17:55.54	1/20
5	12	Abby HILL	#13	Mount Mercy (Io)	17:59.17	1/27
6	13	Lilly GARNSEY	#15	Iowa Wesleyan	18:23.32	1/21
7	17	Allison MORRIS	#15	Iowa Wesleyan	19:16.19	1/21
8	18	Carley DAVIS	#3	Hastings (Neb.)	19:23.68	1/7
9	26	Baylee EVARTS	#3	Hastings (Neb.)	21:03.76	1/21
10	27	Peyton GISSLER	#1	Concordia (Neb.)	21:06.76	1/21

Women's 4x400 Relay

1	1	Kimberly BRENT, Linda GRIFFITH, Tera MILLER, Hannah ANTKOVIK	#4	Olivet Nazarene	A:B 3:51.27	12/9
2	6	Jenna ESCH, Jordan KOEPEKE, Trinity TULS, Rachel BATTERSHELL	#1	Concordia (Neb.)	A:B 3:54.81c	1/21
3	8	Anmarie STUIT, Ayda DEN HERDER, Grace KOOISTRA, Emilee HEYEN	#7	Dordt (Iowa)	A:B 3:56.47	1/21
4	10	Megan JANSETT, Katie LAMBRECHT, Megan BECKER, Gabbi BUTLER	#8	St. Ambrose (Iov)	B 3:59.02c	12/3
5	11	Annika PINGEL, Caitlyn COTTON, Candela MANRIQUE, Lindsay ADAMS	#5	Doane (Neb.)	B 3:59.70c	1/21
6	15	Kyley BARNETT, Jewel OLSON, Wrenzi WRZESINSKI, Kaitlyn MCCOLLY	#6	Dickinson State	4:02.88c	1/14
7	17	Calli DAVIS, Lexa BURTZLAFF, Elianna CLARK, Tianna BUMBACE-KUEHL	#9	Mount Marty (S.)	4:04.43c	12/9
8	21	Diana KOLLARS, Rhys MAXEY, Madison GERKEN, Veronica PINKERTON	#3	Hastings (Neb.)	4:04.83c	1/21
9	33	Maria GEESAMAN, Kamrie DILLAN, Leilia VERDUGO, Ty IRVIN	#18	York (Neb.)	4:09.81c	12/9
10	35	Abigail CLARKE, Kennedy KRAMER, Akeyma FEDDERS, Abby ERVIN	#16	Northwestern (I)	4:11.25	1/20

Women's 4x800 Relay

1	3	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Julie MCINTYRE	#1	Concordia (Neb.)	B 9:39.96c	12/9
2	9	Madelyn SYLVA, Saddie PALMQUIST, Jada ANDERSON, Lindsey ROTH	#14	Dakota State (S.)	10:31.53c	1/14
3	13	Abrielle NELSON, Emily JOHNSON, Jacey CIHAK, Jordyn FISCHER	#9	Mount Marty (S.)	10:44.08c	1/14



Regional TFRI Event Summary

as of 1/30/2023 6:47:36 AM

Midwest

Women's Distance Medley Relay

1	2	Rylee HAECKER, Kayla KIRCHNER, Rhaya KASCHINSKE, Kylahn FREIBERG	#1	Concordia (Neb.)	A:B 12:20.68	1/13
2	17	Jada ANDERSON, Raylee WALLIS, Saddie PALMQUIST, Lindsey ROTH	#14	Dakota State (S.)	13:29.63c	1/27
3	18	Abby RINDERKNECHT, Kiah COFFIN, Ruth JENNINGS, Jessa DAY	#13	Mount Mercy (Iowa)	13:34.10c	1/27
4	19	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Rachel PARSONS	#10	Saint Xavier (Ill.)	13:38.16c	1/27
5	27	Faith YOUNCE, Izela AVALOS, Allison MORRIS, Lilly GARNSEY	#15	Iowa Wesleyan	14:34.76c	1/28
6	29	Lola ARREOLA, Angela LOUIS, Destiny ASHCRAFT, Angie DELGADO		Roosevelt (Ill.)	14:44.64c	1/20

Women's High Jump

1	9	Amy RICHERT	#1	Concordia (Neb.)	B 1.64m	5-4½	1/28
1	9	Hannah NEWTON	#1	Concordia (Neb.)	B 1.64m	5-4½	12/9
3	13	Josie GARRETT	#5	Doane (Neb.)	1.63m	5-4¼	12/3
4	17	Andrea SUCHA	#9	Mount Marty (S.D.)	1.61m	5-3¼	1/14
4	17	Ambyer MAREE-DERRICK	#10	Saint Xavier (Ill.)	1.61m	5-3¼	1/20
6	22	Adarra HAGLUND	#6	Dickinson State	1.60m	5-3	1/14
7	27	Sidney GILLILAND	#21	Graceland (Iowa)	1.59m	5-2½	12/9
7	27	Sarah THEILER	#5	Doane (Neb.)	1.59m	5-2½	12/9
7	27	Miranda KENDALL	#11	Viterbo (Wis.)	1.59m	5-2½	12/2
7	27	Zailee POULSON	#3	Hastings (Neb.)	1.59m	5-2½	1/14
7	27	Kimberly SCHROFFER	#1	Concordia (Neb.)	1.59m	5-2½	1/14
7	27	Ashlynn PERKINS	#21	Graceland (Iowa)	1.59m	5-2½	1/28

Women's Pole Vault

1	3	Josie PUELZ	#1	Concordia (Neb.)	A:B 3.90m	12-9½	1/13
2	5	Erin MAPSON	#1	Concordia (Neb.)	A:B 3.72m	12-2½	1/21
3	14	Ryleigh WARDEN	#8	St. Ambrose (Iowa)	A:B 3.52m	11-6½	1/27
3	14	Bailey NUUTINEN	#11	Viterbo (Wis.)	A:B 3.52m	11-6½	12/2
5	18	Emma JOHNSON	#11	Viterbo (Wis.)	B 3.43m	11-3	1/27
5	18	Tess DURSCHER	#11	Viterbo (Wis.)	B 3.43m	11-3	1/27
7	21	Kennedy STANLEY	#5	Doane (Neb.)	B 3.42m	11-2½	1/14
7	21	Amira CUMMINGS	#1	Concordia (Neb.)	B 3.42m	11-2½	1/28
7	21	Erin BOGGS	#1	Concordia (Neb.)	B 3.42m	11-2½	1/21
7	21	Gracie RIPPEN	#9	Mount Marty (S.D.)	B 3.42m	11-2½	1/14
7	21	Grace SQUIRES	#17	Clarke (Iowa)	B 3.42m	11-2½	1/27
7	21	Olivia EARL	#4	Olivet Nazarene	B 3.42m	11-2½	1/28

Women's Long Jump

1	3	Brooklyn JOHNSON	#13	Mount Mercy (Iowa)	A:B 5.78m	18-11¾	12/9
2	26	Lexie JOHNSON	#8	St. Ambrose (Iowa)	B 5.50m	18-½	1/21
3	31	Jocelyn OTT	#6	Dickinson State	5.48m	17-11¾	1/20
4	34	Katie LAMBRECHT	#8	St. Ambrose (Iowa)	5.44m	17-10¼	1/27
5	38	Lindsay ADAMS	#5	Doane (Neb.)	5.43m	17-9¾	1/28
6	42	Amy RICHERT	#1	Concordia (Neb.)	5.39m	17-8¼	1/14
7	46	Lana YEAKEL	#11	Viterbo (Wis.)	5.36m	17-7	12/10
8	54	Abigail BATU-TIAKO	#25	William Penn (Iowa)	5.29m	17-4¼	1/26
8	54	Mara BRUNO	#2	St. Francis (Ill.)	5.29m	17-4¼	12/2
10	59	Wrenzi WRZESINSKI	#6	Dickinson State	5.26m	17-3¼	1/20

Women's Triple Jump

1	22	Amia HARRISON	#10	Saint Xavier (Ill.)	B 11.33m	37-2¼	1/27
2	30	Fane SAUVAKACOLO	#14	Dakota State (S.D.)	11.10m	36-5	1/27
2	30	Trinity DOUBLIN	#3	Hastings (Neb.)	11.10m	36-5	1/21
4	34	Rosalyn ROGGASCH	#5	Doane (Neb.)	10.93m	35-10½	12/9
5	41	Josi NOBLE	#1	Concordia (Neb.)	10.88m	35-8½	1/14
6	42	Isabel SAYLER	#20	Briar Cliff (Iowa)	10.87m	35-8	12/9
7	48	Sarah THEILER	#5	Doane (Neb.)	10.77m	35-4	12/9
8	50	Jolene MANTOAN	#4	Olivet Nazarene	10.71m	35-1¾	1/28
9	51	Kaitlyn MCCOLLY	#6	Dickinson State	10.68m	35-½	1/27
9	51	Paige DECKER	#7	Dordt (Iowa)	10.68m	35-½	1/14

Women's Shot Put

1	2	Kori NAGEL	#6	Dickinson State	A:B 14.08m	46-2½	1/27
2	4	Kiara ANDERSON	#3	Hastings (Neb.)	A:B 13.90m	45-7¼	1/14
2	4	Hope WAGNER	#20	Briar Cliff (Iowa)	A:B 13.90m	45-7¼	1/20
4	6	Allison SKALA	#5	Doane (Neb.)	A:B 13.83m	45-4½	1/21
5	7	Bre NAIL	#13	Mount Mercy (Iowa)	A:B 13.79m	45-3	12/9
6	10	Madeleine ROBINSON	#1	Concordia (Neb.)	A:B 13.64m	44-9	12/3
7	11	Annah MILLER	#8	St. Ambrose (Iowa)	A:B 13.57m	44-6¼	1/21
8	12	Brianna HUNTER	#15	Iowa Wesleyan	A:B 13.48m	44-2¾	12/9
9	17	Alivia BAUCOM	#5	Doane (Neb.)	B 13.23m	43-5	1/21
10	21	Asia TYLER	#3	Hastings (Neb.)	B 13.05m	42-9¾	1/7
10	21	Lila GRONSETH		Dakota Wesleyan	B 13.05m	42-9¾	12/3

Women's Weight Throw

1	1	Kiara ANDERSON	#3	Hastings (Neb.)	A:B 17.98m	59-0	1/14
2	4	Jessa EDEN	#3	Hastings (Neb.)	A:B 17.07m	56-0	1/21
3	6	Madison GREEN	#12	Grand View (Iowa)	A:B 16.84m	55-3	1/27
4	8	Macy FULLER	#5	Doane (Neb.)	A:B 16.65m	54-7½	1/21
5	12	Cassandra PINE	#3	Hastings (Neb.)	A:B 16.50m	54-1¾	1/14
6	13	Madeleine ROBINSON	#1	Concordia (Neb.)	B 16.44m	53-11¼	12/9
7	15	Asia TYLER	#3	Hastings (Neb.)	B 16.27m	53-4½	1/27
8	16	Kori NAGEL	#6	Dickinson State	B 16.26m	53-4¼	1/20
9	17	Tori NYGARD	#6	Dickinson State	B 16.23m	53-3	1/14
10	18	Abi WOHLGEMUTH	#1	Concordia (Neb.)	B 16.21m	53-2¼	12/9



USTFCCA NAIA Indoor Track & Field

WOMEN — 2023 Week #2, January 30

Regional TFRI Event Summary

as of 1/30/2023 6:47:36 AM

Midwest

Women's Pentathlon

1	2	Amy RICHERT	#1	Concordia (Neb.)	A:B 3,487	12/9
2	3	Kaitlyn MCCOLLY	#6	Dickinson State	A:B 3,436	12/9
3	6	Jordynn TOLIVER	#22	Jamestown (N.D.)	A:B 3,254	12/9
4	7	Katie LAMBRECHT	#8	St. Ambrose (Iowa)	A:B 3,173	1/27
5	10	Ashinee GEORGE	#9	Mount Marty (S.D.)	A:B 3,053	12/9
6	12	Lana MUSA	#10	Saint Xavier (Ill.)	A:B 3,035	12/9
7	13	Elena BATENHORST	#1	Concordia (Neb.)	A:B 3,022	1/21
8	15	Isabelle SALTERS	#1	Concordia (Neb.)	A:B 2,968	1/21
9	17	Josi NOBLE	#1	Concordia (Neb.)	A:B 2,951	1/21
10	20	Mya MOORE	#12	Grand View (Iowa)	2,871	1/27



Regional TFRI Event Summary

as of 1/30/2023 6:47:36 AM

South

Women's 60 Meters

1	1	Talayla DAVIS	#5	Life (Ga.)	A:B 7.43	1/13
2	2	Fredricka MCKENZIE	#2	William Carey (M)	A:B 7.49	1/13
3	3	Praise IDAMADUDU	#10	Cumberland (Te)	A:B 7.52	1/21
3	3	Nicole JOHNSON	#18	Warner (Fla.)	A:B 7.52	1/26
5	5	Joy ABU	#2	William Carey (M)	A:B 7.57	1/21
6	7	Salieci MYLES	#2	William Carey (M)	A:B 7.59	1/13
6	7	Latavia JACK	#8	Mobile (Ala.)	A:B 7.59	1/13
8	9	Irmiris MENDEZ	#3	Southeastern (F)	A:B 7.60	12/10
9	12	Alana MACK	#10	Cumberland (Te)	A:B 7.64	1/21
10	13	Tyeese SMITH	#2	William Carey (M)	A:B 7.65	12/2

Women's 60 Meter Hurdles

1	1	Salieci MYLES	#2	William Carey (M)	A:B 8.38	1/13
2	2	Joy ABU	#2	William Carey (M)	A:B 8.41	1/13
3	13	Yasmyne WILLIAMS	#13	Florida Memorial	A:B 8.79	12/10
4	19	Irmiris MENDEZ	#3	Southeastern (F)	A:B 8.89	12/10
5	23	Daila YOUNG	#7	Dillard (La.)	A:B 8.96	1/13
6	24	Anna CABRERA	#8	Mobile (Ala.)	B 8.99	1/21
7	26	Paige MANNEY	#9	Tennessee Wesleyan	B 9.00	11/29
8	27	Amaya KIER	#3	Southeastern (F)	B 9.01	12/10
9	31	Tenae GRIGSBY	#3	Southeastern (F)	B 9.05	1/19
10	35	Tashina BEYIOKU-ALASE	#7	Dillard (La.)	B 9.08	1/21

Women's 200 Meters

1	1	Joy ABU	#2	William Carey (M)	A:B 24.35	1/13
2	3	Denai WILSON	#13	Florida Memorial	A:B 24.62	12/10
3	4	Fredricka MCKENZIE	#2	William Carey (M)	A:B 24.67	1/13
4	5	Talayla DAVIS	#5	Life (Ga.)	A:B 24.71	1/20
5	6	Kevell BYRD	#7	Dillard (La.)	A:B 24.77	1/13
6	7	Latavia JACK	#8	Mobile (Ala.)	A:B 24.80	1/13
7	11	Salieci MYLES	#2	William Carey (M)	A:B 25.04	1/21
8	14	Maya SMITH-SPEED	#5	Life (Ga.)	A:B 25.14	12/2
9	15	Praise IDAMADUDU	#10	Cumberland (Te)	A:B 25.15	1/21
10	20	Anitria SANGSTER	#13	Florida Memorial	B 25.25	12/10

Women's 400 Meters

1	1	Brianna FLORVILUS	#5	Life (Ga.)	A:B 55.57	1/13
2	3	Praise IDAMADUDU	#10	Cumberland (Te)	A:B 56.95	1/21
3	4	Kevell BYRD	#7	Dillard (La.)	A:B 56.99	1/21
4	6	Namiah SIMPSON	#3	Southeastern (F)	A:B 57.31	1/26
5	21	Samaya BATSON-CAURTHENS	#12	Keiser (Fla.)	B 58.42	1/26
6	23	Oluwafikayomi LAWRENCE	#3	Southeastern (F)	B 58.57	1/19
7	41	Feja HODGES	#2	William Carey (M)	B 59.57	12/2
8	44	Sadiya SHAMSID-DEEN	#8	Mobile (Ala.)	59.60	1/21
9	55	Nevagant JONES	#2	William Carey (M)	B 59.90	1/13
10	63	Breanna PRATT	#5	Life (Ga.)	1:00.12	1/13

Women's 600 Meters

1	32	Maria SIMANCAS	#2	William Carey (M)	A:B 1:40.22	1/21
2	37	Jaeva RIDLEY	#11	Brenau (Ga.)	1:41.05c	12/4
3	40	Emily STANDIFER	#6	Montreat (N.C.)	1:41.17c	12/3
3	40	Megan CHRISTIAN	#1	Milligan (Tenn.)	1:41.17c	1/22
5	47	Kyja WILLIAMS	#5	Life (Ga.)	1:41.56	1/13
6	48	Dagbjort MAGNUSDOTTIR	#5	Life (Ga.)	1:41.66	1/13
7	57	Madisyn ACOSTA	#14	Loyola (La.)	1:42.33c	1/27
8	68	Marie MARC	#12	Keiser (Fla.)	1:43.36	1/26
9	82	Kiley WOOD	#1	Milligan (Tenn.)	1:44.39c	12/4
10	96	Kayland THOMASON	#11	Brenau (Ga.)	1:45.21c	12/4

Women's 800 Meters

1	3	Ellen-Mary KEARNEY	#1	Milligan (Tenn.)	A:B 2:13.85	1/27
2	19	Theresa LONG	#17	Ave Maria (Fla.)	2:19.31	1/19
3	31	Dylan GARCIA	#6	Montreat (N.C.)	2:21.46	1/20
4	43	Kyja WILLIAMS	#5	Life (Ga.)	2:23.01	1/20
5	49	Kilia HASTY	#6	Montreat (N.C.)	2:23.93	1/20
6	52	Maggie FRONING	#15	SCAD Savannah	2:24.02	1/20
7	99	Kara MCDANIEL	#1	Milligan (Tenn.)	2:27.85	1/27
8		Ashlyn VANLANDINGHAM		SCAD Atlanta (Ga.)	2:28.45	1/15
9		Kaelyn SLAUGHTER	#1	Milligan (Tenn.)	2:28.52	1/27
10		Mahaley CRONK	#6	Montreat (N.C.)	2:28.63	1/20

Women's 1000 Meters

1	5	Caitlin DOMINY	#1	Milligan (Tenn.)	A:B 2:56.53c	1/14
2	6	Ellen-Mary KEARNEY	#1	Milligan (Tenn.)	A:B 2:57.01c	1/22
3	19	Gracie ALLEN	#1	Milligan (Tenn.)	3:03.07c	1/14
4	24	Yessenia CASTELLANOS	#6	Montreat (N.C.)	3:05.99	11/29
5	26	Theresa LONG	#17	Ave Maria (Fla.)	3:06.30	1/19
6	37	Mahaley CRONK	#6	Montreat (N.C.)	3:08.22	11/29
7	47	Kilia HASTY	#6	Montreat (N.C.)	3:09.34	11/29
8	51	Emily STANDIFER	#6	Montreat (N.C.)	3:09.85	11/29
9	57	Jillian BLASER	#3	Southeastern (F)	3:10.72	12/2
10	64	Makayla HOLLIFIELD	#4	Columbia (S.C.)	3:12.32c	1/14

Women's Mile

1	8	Caitlin DOMINY	#1	Milligan (Tenn.)	A:B 5:02.44	1/27
2	18	Alyssa BEARZI	#1	Milligan (Tenn.)	B 5:06.16c	1/14
3	25	Julia ROHM	#3	Southeastern (F)	B 5:08.21	12/2
4	27	Dylan GARCIA	#6	Montreat (N.C.)	B 5:09.11c	12/3
5	34	Kathryn VRADENBURGH	#19	Dalton State (Ga.)	5:13.16	1/15
6	35	Ella HODGES	#15	SCAD Savannah	5:13.90	1/20
7	44	Montserrat DE SANTIAGO	#15	SCAD Savannah	5:17.01	1/20
8	48	Kilia HASTY	#6	Montreat (N.C.)	5:17.43	1/20
9	53	Jenna MALLORY	#6	Montreat (N.C.)	5:18.56	1/20
10	55	Mahaley CRONK	#6	Montreat (N.C.)	5:18.71c	12/3



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South

Women's 3000 Meters

1	3	Ellen-Mary KEARNEY	#1	Milligan (Tenn.) A:B	9:55.23c	12/4
2	7	Caitlin DOMINY	#1	Milligan (Tenn.) A:B	9:58.22c	12/4
3	10	Alyssa BEARZI	#1	Milligan (Tenn.) A:B	10:05.35c	12/4
4	18	Julia ROHM	#3	Southeastern (FA:B	10:13.41	12/2
5	29	Sarah OLAMIDE	#2	William Carey (M	10:22.30	12/2
6	35	Gracie ALLEN	#1	Milligan (Tenn.)	10:30.02c	12/4
7	36	Talia SULLIVAN	#15	SCAD Savannah	10:30.71	1/20
8	37	Dylan GARCIA	#6	Montreat (N.C.)	10:32.82	11/29
9	38	Blanca CONESA	#2	William Carey (M	10:33.19	12/2
10	45	Montserrat DE SANTIAGO	#15	SCAD Savannah	10:41.19	1/20

Women's 5000 Meters

1	1	Lina MAY	#2	William Carey (M	16:57.07	12/9
2	6	Ellen-Mary KEARNEY	#1	Milligan (Tenn.) B	17:27.59	11/29
3	8	Caitlin DOMINY	#1	Milligan (Tenn.) B	17:29.18	11/29
4	10	Julia ROHM	#3	Southeastern (F	17:36.56	1/19
5	12	Alyssa BEARZI	#1	Milligan (Tenn.) B	17:40.70	11/29
6	23	Talia SULLIVAN	#15	SCAD Savannah B	18:05.29	1/20
7	31	Gracie ALLEN	#1	Milligan (Tenn.) B	18:17.86	11/29
8	33	Jenna MALLORY	#6	Montreat (N.C.) B	18:20.93	11/29
9	36	Catherine SLACK	#6	Montreat (N.C.)	18:26.36	11/29
10	42	Julia GRALKI	#15	SCAD Savannah	18:41.30	1/20

Women's 3000m Race Walk

1	1	Izabelle TREFTS	#4	Columbia (S.C.) A:B	14:13.74	12/3
2	2	Victoria HEISER-WHATLEY	#4	Columbia (S.C.) A:B	15:39.46	1/22
3	3	Ainhua COLINO	#4	Columbia (S.C.) A:B	15:40.08	1/22
4	4	Jessica HEISER-WHATLEY	#4	Columbia (S.C.) A:B	15:55.78	1/22
5	20	Ariana PRATT	#4	Columbia (S.C.)	20:18.94	12/3
6	33	Mina SHULL	#4	Columbia (S.C.)	22:17.23	1/22
7	36	Gabrielle HUGGINS	#4	Columbia (S.C.)	22:56.24	12/3
8	38	Esther EKUNDAYO	#4	Columbia (S.C.)	23:34.74	12/3

Women's 4x400 Relay

1	3	Feja HODGES, Maria SIMANCAS, Joy ABU, Nevagant JONES	#2	William Carey (M:A:B	3:53.88	1/21
2	4	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#3	Southeastern (FA:B	3:53.95	1/19
3	9	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Kyja WILLIAMS, Kaylee LOWE	#5	Life (Ga.) B	3:57.34	1/13
4	12	Qunizel BAZILIO, Denai WILSON, Monique BROWN, Anitria SANGSTER	#13	Florida Memoria	4:00.34	1/14
5	27	Adriunna EARL, Kayland THOMASON, Kamryn CHAMBLISS, Jaeva RIDLEY	#11	Brenau (Ga.)	4:08.15c	12/4
6	28	Kevell BYRD, Ta'nijal MATTHEWS, Ta'nyia FLOWERS, Tori BURTON	#7	Dillard (La.)	4:08.23	1/21
7	34	Samaya CAURTHENS, Shanice FLEURIMOND, Aiana COLAS, Marie MARC	#12	Keiser (Fla.)	4:10.28	1/26
8	50	Keonna HAMLER, Destiny HANNA, Ziona HARRIS, Kayla PHIPPS	#20	Brewton-Parker	4:19.02	12/3
9	59	Theresa LONG, Abigail RALL, Carol LONG, Felicity FOXHOVEN	#17	Ave Maria (Fla.)	4:21.22	1/19
10	77	Leesa MUTANDWA, Hailee SERVAIS, Biddle MADDIE, Sabrina ANDERSON	#10	Cumberland (Te	4:27.34	1/7



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South

Women's 4x800 Relay

1	4	Gracie ALLEN, Sophia JEFFERS, Kara MCDANIEL, Kaelyn SLAUGHTER	#1 Milligan (Tenn.)	9:46.13	1/27
2	11	Angeline KRAVITZ, Gabrielle HUGGINS, Kayleigh LODGE, Makayla HOLLIFIELD	#4 Columbia (S.C.)	10:40.62c	1/22
3	14	Isabel ESTEB, Madisyn ACOSTA, Lauren GOENS, Amber BYRD	#14 Loyola (La.)	11:02.53	1/13
4	17	Nyjae BLANTON, Rachel JACKSON, Kaylyn TURNER, Kennedy TIMMONS	#7 Dillard (La.)	12:00.65	1/13

Women's Distance Medley Relay

1	1	Caitlin DOMINY, Megan CHRISTIAN, Ellen-Mary KEARNEY, Alyssa BEARZI	#1 Milligan (Tenn.)	A:B 11:57.88	1/27
2	12	Riley Jo FORD, Rebecca POE, Kayla MATTOX, Kathryn VRADENBURGH	#19 Dalton State (Ga)	13:17.53	1/15
3	24	Abigail HAMPTON, Victoria VERRAN, Ashlee CARON, Molly WOODYBY	#9 Tennessee Wesl	14:05.19	11/29

Women's High Jump

1	2	Paige MANNEY	#9 Tennessee Wesl	A:B 1.70m	5-7	11/29
2	22	Aiana COLAS	#12 Keiser (Fla.)	1.60m	5-3	12/10
3	35	Nevagant JONES	#2 William Carey (N	1.58m	5-2¼	1/13
4	46	Alea BOCHETTE	#22 Thomas (Ga.)	1.55m	5-1	12/3
4	46	Kaitlyn BECNEL	#14 Loyola (La.)	1.55m	5-1	1/27
4	46	Anna CABRERA	#8 Mobile (Ala.)	1.55m	5-1	1/21
7	70	Kailyn KELLY	#12 Keiser (Fla.)	1.52m	4-11¾	1/26
8	87	Victoria MORRIS	#3 Southeastern (F	1.50m	4-11	12/2
8	87	Alexandrea GAETZ	#21 Webber Internat	1.50m	4-11	1/13
8	87	Emma HARRIS	#3 Southeastern (F	1.50m	4-11	12/2
8	87	Zaniyah WILSON	#2 William Carey (N	1.50m	4-11	1/13
8	87	Grace WRIGHT	#4 Columbia (S.C.)	1.50m	4-11	12/9

Women's Pole Vault

1	43	Halie HAWKINS	#1 Milligan (Tenn.)	3.21mA	10-6¼	1/20
2	66	Caroline RIMMER	#3 Southeastern (F	2.90m	9-6¼	12/2
3		Amari GRAHAM	#3 Southeastern (F	2.20m	7-2½	1/26
4		Brook VILLHAUER	#23 Reinhardt (Ga.)	2.15m	7-½	1/22
5		Mara MILLER	#16 Columbia Intern	2.13m	6-11¾	1/28

Women's Long Jump

1	10	Paige MANNEY	#9 Tennessee Wesl	A:B 5.62m	18-5¼	1/28
1	10	Dasia SHEPHERD	#20 Brewton-Parker	A:B 5.62m		12/3
3	13	Anna CABRERA	#8 Mobile (Ala.)	B 5.58m		1/13
4	14	Machaeda LINTON	#2 William Carey (N	B 5.57m	18-3¼	1/13
5	15	Nevagant JONES	#2 William Carey (N	B 5.56m	18-3	1/21
6	17	Brandy MACKEY	#25 Voorhees (S.C.)	B 5.55m	18-2½	1/29
7	21	Zaniyah WILSON	#2 William Carey (N	B 5.52m	18-1½	1/13
8	23	Rachel ROWE	#7 Dillard (La.)	B 5.51m		1/13
9	26	Raegan LATIOLAIS	#8 Mobile (Ala.)	B 5.50m		1/13
9	26	Aniecia GOSS	#9 Tennessee Wesl	B 5.50m		11/29

Women's Triple Jump

1	2	Machaeda LINTON	#2 William Carey (N	A:B 12.36m	40-6¾	1/13
2	3	Nevagant JONES	#2 William Carey (N	A:B 12.32m	40-5	12/2
3	5	Alana MACK	#10 Cumberland (Te	A:B 11.92m	39-1¼	1/21
4	7	Paige MANNEY	#9 Tennessee Wesl	A:B 11.79m		11/29
5	10	Jessica GAKERI	#6 Montreat (N.C.)	A:B 11.60m	38-¾	1/20
6	12	Selena JOHNSON	#18 Warner (Fla.)	A:B 11.51m	37-9¼	1/14
7	13	Miyah FORD	#3 Southeastern (F	A:B 11.49m	37-8½	1/13
8	20	Kaylee LOWE	#5 Life (Ga.)	B 11.39m	37-4½	1/20
9	21	Aniecia GOSS	#9 Tennessee Wesl	B 11.38m		11/29
10	24	LaToria SPENCE	#2 William Carey (N	B 11.22m	36-9¾	12/2

Women's Shot Put

1	1	Levonis DAVIS	#5 Life (Ga.)	A:B 14.25m	46-9	1/13
2	16	Sha'Nyia WOOLERY	#11 Brenau (Ga.)	B 13.25m	43-5¾	1/22
3	20	Daveina WATSON	#10 Cumberland (Te	B 13.08m	42-11	1/21
4	29	Kloey PICKENS	#16 Columbia Intern	12.70m	41-8	1/28
5	34	Fedra FLORENTIN	#8 Mobile (Ala.)	12.63m	41-5¼	1/21
6	46	Darci DAWSON	#4 Columbia (S.C.)	12.43m	40-9½	1/20
7	53	Mykhala COLEMAN	#14 Loyola (La.)	12.20m	40-½	1/27
8	58	Bryana BAZILE	#14 Loyola (La.)	12.15m	39-10½	1/27
9	99	Zaida CARSON	#4 Columbia (S.C.)	11.54m	37-10½	12/9
9	99	Kaylyn TURNER	#7 Dillard (La.)	11.54m	37-10½	1/21

Women's Weight Throw

1	7	Jennifer BATU	#5 Life (Ga.)	A:B 16.68m	54-8¾	1/13
2	28	Dazanni HINTON	#16 Columbia Intern	15.64mA	51-3¾	12/2
3	33	Niesha ALDAJUSTE	#21 Webber Internat	15.48m	50-9½	1/26
4	40	Darci DAWSON	#4 Columbia (S.C.)	15.22m	49-11¼	1/22
5	52	Jailyn KENDRICK	#11 Brenau (Ga.)	14.78m	48-6	12/4
6	53	Sha'Nyia WOOLERY	#11 Brenau (Ga.)	14.75m	48-4¾	1/28
7	78	Kloey PICKENS	#16 Columbia Intern	14.05m	46-1¼	1/28
8	89	Sophiat OMIZI	#10 Cumberland (Te	13.90m	45-7¼	1/7
9	96	Levonis DAVIS	#5 Life (Ga.)	13.74m	45-1	1/13
10	98	Mersadies FOOTE	#5 Life (Ga.)	13.71m	44-11¾	1/15

Women's Pentathlon

1	41	Zykirah DAVIS	#4 Columbia (S.C.)	2,479		12/9
2	47	Natalie ROHM	#3 Southeastern (F	2,348		1/19
3	51	Kailyn KELLY	#12 Keiser (Fla.)	2,191		1/19



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South Central

Women's 60 Meters

1	15	Nikiwe MONGWE	#2	MidAmerica Naz B	7.69	1/28
2	19	Jaelynn WILLIAMS	#14	Texas Wesleyan B	7.73	1/21
3	20	Gizel CLAYTON	#1	Central Methodi B	7.74	12/10
4	25	Delaney WEIMER	#16	Evangel (Mo.)	7.80	1/21
5	41	Rachel BOOKER	#10	Southwestern (T)	7.86	1/27
6	46	Kiana KEBBI	#20	Our Lady of the I	7.87	12/10
7	48	Alison AMBUUL	#3	Benedictine (Ka)	7.88	1/14
8	53	Nala BURNS	#2	MidAmerica Naz	7.90	1/21
9	62	Larrisa MCHENRY	#20	Our Lady of the I	7.93	1/21
9	62	Malaisha CARTWRIGHT		UNT Dallas	7.93	1/21

Women's 60 Meter Hurdles

1	6	Tre'Breh SCOTT	#1	Central MethodiA:B	8.66	12/10
2	8	Tajanique BELL	#18	Baker (Kan.)	A:B 8.71	12/9
3	12	Gizel CLAYTON	#1	Central MethodiA:B	8.78	1/20
4	22	Keiana NEWMAN	#5	Friends (Kan.)	A:B 8.95	12/3
5	28	Khristen BRYANT	#12	Columbia (Mo.) B	9.02	12/10
6	44	Ally SWAIM		Central Baptist (	9.15	12/9
7	46	Jocelyn JENKINS	#2	MidAmerica Naz	9.16	1/28
8	52	Kaiya MCKIE	#18	Baker (Kan.)	9.23	12/3
9	57	JayOnna PERRY	#8	Ottawa (Kan.)	9.31	1/28
10	61	Grace BOSTIC	#9	Missouri Baptist	9.33	12/10
10	61	Samantha COLSON	#4	Saint Mary (Kan.)	9.33	12/3

Women's 200 Meters

1	2	Nikiwe MONGWE	#2	MidAmerica NazA:B	24.41	1/28
2	24	Gizel CLAYTON	#1	Central Methodi B	25.36c	1/20
3	27	Rachel BOOKER	#10	Southwestern (T) B	25.40c	1/27
4	31	Darnee WILLIAMS		Wiley (Texas)	25.51c	1/27
5	34	Jaylen KNIGHT	#5	Friends (Kan.)	25.59c	1/7
6	36	Kiana KEBBI	#20	Our Lady of the I	25.60	12/10
7	47	Maysa VICKERS	#7	Langston (Okla.)	25.79	12/3
8	49	Alison AMBUUL	#3	Benedictine (Ka)	25.80c	1/14
9	51	Jaelynn WILLIAMS	#14	Texas Wesleyan	25.81	1/21
10	59	Naomi KILSON	#18	Baker (Kan.)	25.96c	12/3

Women's 400 Meters

1	7	Alison AMBUUL	#3	Benedictine (KaA:B)	57.43	1/28
2	14	Mumina MILLINGTON	#8	Ottawa (Kan.) B	57.94	1/28
3	31	Darly CAMILO-MONTENEGRO	#1	Central Methodi	58.85c	1/20
4	36	Shelby BIRMINGHAM	#17	Park (Mo.)	59.39	1/21
5	37	Maysa VICKERS	#7	Langston (Okla.)	59.41c	1/7
6	40	Kendra BLAYLOCK	#5	Friends (Kan.)	59.51c	1/27
7	43	Sakoya JOHNSON	#1	Central Methodi	59.59c	1/20
8	48	Kyah HILL	#10	Southwestern (T)	59.69c	1/27
9	49	Kjirsten GUILFORD	#1	Central Methodi	59.71	1/13
10	76	Shawna SMITH	#6	Oklahoma City	1:00.76	1/13
10	76	Vanessa PEREZ	#23	Oklahoma Wesle	1:00.76c	1/27

Women's 600 Meters

1	3	Darly CAMILO-MONTENEGRO	#1	Central MethodiA:B	1:34.03	12/10
2	4	Alison AMBUUL	#3	Benedictine (KaA:B)	1:34.50	12/9
3	8	Kjirsten GUILFORD	#1	Central MethodiA:B	1:35.54c	1/20
4	11	Caroline COBO	#3	Benedictine (Ka) B	1:36.82c	1/27
5	14	Magdalena BURDOVA	#2	MidAmerica Naz B	1:37.19	1/28
6	22	Jena HAHLEBECK	#17	Park (Mo.)	1:38.12	1/21
7	27	Cailen JOLLEY	#6	Oklahoma City	1:39.06c	1/7
8	33	Kendra BLAYLOCK	#5	Friends (Kan.)	1:40.35	1/21
9	42	Natalie GARR	#1	Central Methodi	1:41.38	1/21
10	49	Kailey JOHNSON	#1	Central Methodi	1:41.82c	1/27

Women's 800 Meters

1	7	Jena HAHLEBECK	#17	Park (Mo.) B	2:17.16	12/9
2	12	Cailen JOLLEY	#6	Oklahoma City B	2:17.65	1/13
3	17	Caroline COBO	#3	Benedictine (Ka)	2:19.05	1/28
3	17	Rianna VIDALES	#14	Texas Wesleyan	2:19.05	12/10
5	26	Jaymee YELTON		Huston-Tillotson	2:20.81	1/13
6	28	Alyssa ARMENDARIZ	#4	Saint Mary (Kan.)	2:21.11c	1/14
7	30	Maddy WALTER-SHERRETTS	#4	Saint Mary (Kan.)	2:21.32	1/21
8	41	Shelby DUNCAN	#2	MidAmerica Naz	2:22.90	12/9
9	45	Madalenn FEE	#19	Cottey (Mo.)	2:23.24	12/9
10	55	Maya EIDMAN	#2	MidAmerica Naz	2:24.21	1/21

Women's 1000 Meters

1	8	Alyssa ARMENDARIZ	#4	Saint Mary (KanA:B)	3:25.15	12/3
2	14	Carlie GREGG	#4	Saint Mary (Kan. B)	3:00.98	12/3
3	15	Riley HIEBERT	#4	Saint Mary (Kan. B)	3:01.54	12/3
4	16	Cailen JOLLEY	#6	Oklahoma City	3:02.24	12/3
5	17	Brooke WIEBE	#13	Tabor (Kan.)	3:02.67c	1/27
6	20	Danielle ALLISON	#13	Tabor (Kan.)	3:03.20c	1/27
7	21	Kjirsten GUILFORD	#1	Central Methodi	3:04.27c	1/27
8	22	Maddy WALTER-SHERRETTS	#4	Saint Mary (Kan.)	3:04.37c	1/14
9	23	Caroline GILES	#5	Friends (Kan.)	3:04.61c	1/27
10	29	Siena MICHAEL	#3	Benedictine (Ka)	3:07.20c	1/27

Women's Mile

1	7	Alyssa ARMENDARIZ	#4	Saint Mary (KanA:B)	5:01.21c	1/14
2	13	Riley HIEBERT	#4	Saint Mary (KanA:B)	5:04.78c	1/14
3	26	Maddy WALTER-SHERRETTS	#4	Saint Mary (Kan. B)	5:09.10	1/21
4	29	Caroline COBO	#3	Benedictine (Ka)	5:10.84	1/28
5	33	Reagan HIEBERT	#4	Saint Mary (Kan.)	5:13.07c	1/14
6	36	Caroline GILES	#5	Friends (Kan.)	5:14.11c	1/27
7	40	Cailen JOLLEY	#6	Oklahoma City	5:15.73	1/21
8	50	Natasha ORTIZ	#3	Benedictine (Ka)	5:17.88c	1/27
9	56	Ashlei MCDONALD	#14	Texas Wesleyan	5:18.99	1/21
10	57	Mia REED	#9	Missouri Baptist	5:19.25c	1/27



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South Central

Women's 3000 Meters

1	17	Riley HIEBERT	#4	Saint Mary (Kan.)	10:11.77	1/21
2	25	Natalia QUIROZ	#23	Oklahoma Wesleyan	10:20.80c	1/27
3	27	Caroline COBO	#3	Benedictine (Kan.)	10:21.40c	12/3
4	34	Natasha ORTIZ	#3	Benedictine (Kan.)	10:29.63c	12/3
5	42	Danielle ALLISON	#13	Tabor (Kan.)	10:39.95	1/21
6	52	Caroline GILES	#5	Friends (Kan.)	10:43.47	1/21
7	55	Brooke WIEBE	#13	Tabor (Kan.)	10:46.52	1/21
8	63	Julia MCLAUGHLIN	#3	Benedictine (Kan.)	10:50.11	1/28
9	69	Daisy OTWELL		SAGU (Texas)	10:53.07	1/21
10	77	Ashlei MCDONALD	#14	Texas Wesleyan	10:55.88	1/21

Women's 5000 Meters

1	5	Alyssa ARMENDARIZ	#4	Saint Mary (Kan.)	17:27.12	1/21
2	13	Riley HIEBERT	#4	Saint Mary (Kan.)	17:43.00	12/3
3	17	Reagan HIEBERT	#4	Saint Mary (Kan.)	17:48.31	1/21
4	29	Josie TYRRELL	#4	Saint Mary (Kan.)	18:15.46	1/21
5	30	Alicia ENGELBRECHT	#11	William Woods (Kan.)	18:15.53	12/10
6	32	Natasha ORTIZ	#3	Benedictine (Kan.)	18:19.65	1/28
7	35	Danielle ALLISON	#13	Tabor (Kan.)	18:25.30c	1/27
8	38	Brooke WIEBE	#13	Tabor (Kan.)	18:27.81c	1/27
9	44	Kate MADSEN	#4	Saint Mary (Kan.)	18:43.77	1/21
10	52	Isabella GUERRA	#3	Benedictine (Kan.)	18:55.60	1/28

Women's 3000m Race Walk

1	5	Yanira DEANA PANINKA	#1	Central Methodist (Kan.)	16:17.94	1/20
2	16	Baileigh MORRIS	#1	Central Methodist	18:53.08	1/27
3	35	Deziree HOOD	#1	Central Methodist	22:42.90	1/27
4	39	Lynnzey YOUNG	#21	Bethel (Kan.)	25:21.14	1/7

Women's 4x400 Relay

1	2	Darly CAMILO-MONTENEG, Tre'Breh SCOTT, Kjirsten GUILFORD, Sakoya JOHNSON	#1	Central Methodist (Kan.)	3:52.52	12/10
2	18	Janiah NICHOLSON, Maya EIDMAN, Magdalena BURDOVA, Daizy SOLIR	#2	MidAmerica Nazarene	4:04.62	1/21
3	22	Kentayshija PRUITT, Rachel BOOKER, Meliah HANNA, Kyah HILL	#10	Southwestern (Tex.)	4:05.63c	1/27
4	30	Destiny ESCOBAR, Mumina MILLINGTON, JayOnna PERRY, Jordyn WEEMS	#8	Ottawa (Kan.)	4:09.00	1/28
5	31	Antonia SMITH, Tatiana SMITH, Catherine STARRS, Alison AMBUUL	#3	Benedictine (Kan.)	4:09.25	1/28
6	37	Shawna SMITH, Erika PENA, Kaylee CLARK, Cailen JOLLEY	#6	Oklahoma City	4:12.34	1/21
7	39	Jane DUTEIL, Gretchen RANEY, Zaira SPENCER, Lexi WARDLOW	#4	Saint Mary (Kan.)	4:14.20	12/3
8	41	Tamayia WASHINGTON, Samiyah WALKER, Grace PEARSON, Bailey MANN	#22	Kansas Wesleyan	4:14.60c	12/9
9	42	Shelby BIRMINGHAM, Hope KLAMM, Jena HAHLEBECK, Allison ANDERSON	#17	Park (Mo.)	4:14.62	12/9
10	45	Maysha VICKERS, Irakoze AMIDA, Ahmia DORSEY, Yazmeen SARKISSIAN	#7	Langston (Okla.)	4:15.05	12/3



Regional TFRI Event Summary

as of 1/30/2023 6:47:37 AM

South Central

Women's 4x800 Relay

1	2	Florencia CABRERA, Ginger MACINNIS- PIERCE, Erika PENA, Cailen JOLLEY	#6 Oklahoma City	B 9:39.20	1/21
2	6	Skylar ADAMS, Emily HARRIS, Danielle CALDARELLI, Macy KOPP	#16 Evangel (Mo.)	10:13.87c	1/27
3	7	Catherine STARRS, Siena MICHAEL, Catherine AARON, Emilie NELSON	#3 Benedictine (Ka)	10:20.49c	1/14
4	10	Kacie LANCASTER, Anzhelany JORDAN, Kirstin HACKNEY, Kentayshija PRUITT	#10 Southwestern (W)	10:36.31	1/21
5	12	Adrienne ROCKETTE, Madison SARGENT, Brooke HEBERER, Haley HERNANDEZ	#9 Missouri Baptist	10:43.18c	1/27
6	15	Abby BAXTER, Claudia LABRUYERE, Alyssa MCPIKE, Lillian THOMAS	#25 St. Louis Pharm	11:06.71c	1/27
7	16	Kiana GARCIA, Mikaela FABEY, Taylor RECHENMACHER, Hannah HAYDUK	#19 Cottey (Mo.)	11:15.21	1/21

Women's Distance Medley Relay

1	6	Caroline COBO, Tatiana SMITH, Alison AMBUUL, Julia MCLAUGHLIN	#3 Benedictine (Ka)	12:43.43c	1/27
2	7	Isabel RINKENBERGER, Mattie NOYES, Adrienne ROCKETTE, Mia REED	#9 Missouri Baptist	12:47.45c	1/27
3	8	Kjirsten GUILFORD, Yanira DEANA PANINKA, Darly CAMILO-MONTENEG, Madeline WIESEMAN	#1 Central Methodi	12:56.36	1/13
4	13	Abigail ALRED, Shelby DUNCAN, Justine WHEELER, Abigail ZITTER	#2 MidAmerica Naz	13:19.37	1/13
5	15	Emily TRUAX, Evelyn MORALES, Abbigael COYLE, Kayla CORYEA	#15 Saint Mary-of-th	13:24.01c	1/14
6	16	Viridiana ZUNIGA, Kennedy VILLALPANDO, Brianna PANTOJA, Nadia SIFUENTES	#20 Our Lady of the I	13:25.89	1/21
7	22	Tiajhae NEZ, Alexis WHITEHORN-CORIZ, Hannah POORMAN, Kiara IRON HEART	Haskell (Kan.)	13:57.53c	1/27
8	25	Kyia WEISBROD, Ali WARD, Dani BARSTEAD, Mikey LARSON	#24 Williams Baptist	14:12.05c	1/27
9	28	Alyssa MCPIKE, Claudia LABRUYERE, Abby BAXTER, Mikayla SHERRILL	#25 St. Louis Pharm	14:36.61c	1/21

Women's High Jump

1	6	Delaney MILLER	#1 Central Methodi B	1.65m	5-5	1/13
2	17	Carly LINDENMEYER	#2 MidAmerica Naz	1.61m	5-3¼	12/9
3	35	Jocelyn JENKINS	#2 MidAmerica Naz	1.58m	5-2¼	12/9
4	46	Kaileigh PRUITT	#15 Saint Mary-of-th	1.55m	5-1	12/10
4	46	Jessenia VELEZ	#8 Ottawa (Kan.)	1.55m	5-1	1/21
6	54	Hannah SLATE	Sterling (Kan.)	1.54m	5-½	1/14
6	54	Renee FINKE	#1 Central Methodi	1.54m	5-½	12/10
8	63	Kaylynn BARTON	#15 Saint Mary-of-th	1.53m	5-¼	1/14
9	70	Josephine WRIGHT	#12 Columbia (Mo.)	1.52m	4-11¾	1/21
9	70	Madalenn FEE	#19 Cottey (Mo.)	1.52m	4-11¾	1/27



Regional TFRI Event Summary

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South Central

Women's Pole Vault

1	2	Khristen BRYANT	#12	Columbia (Mo.)	A:B 3.97m	13-¼	1/27
2	33	Alaina SCOTT	#9	Missouri Baptist	3.30m	10-9¾	1/21
3	44	Carter HAWKINS	#1	Central Methodist	3.20m	10-6	1/21
4	48	Aaliyah RAMIREZ	#5	Friends (Kan.)	3.14m	10-3½	1/27
5	53	Brynna HALATA	#5	Friends (Kan.)	3.05m	10-0	1/7
5	53	Gemma STARRS	#3	Benedictine (Ka)	3.05m	10-0	12/9
7	63	Krislynn BAILEY	#15	Saint Mary-of-th	2.93m	9-7¼	1/27
8	66	Bailey HARTLEY		McPherson (Kan	2.90m	9-6¼	1/7
9	81	Kloe SIMONS	#10	Southwestern (t	2.75m	9-¼	1/7
10	82	Maci HUBBARD		John Brown (Ar	2.70m	8-10¼	1/21
10	82	Grace MITCHELL		John Brown (Ar	2.70m	8-10¼	1/21

Women's Long Jump

1	15	Chasity VEALS	#7	Langston (Okla.)	B 5.56m	18-3	1/21
2	29	Carly LINDENMEYER	#2	MidAmerica Naz	5.49m	18-¼	12/9
3	32	Kelsey DRAPEAU		Southwestern C	5.46m	17-11	1/21
4	39	Reanna GREEN	#2	MidAmerica Naz	5.41m	17-9	12/9
5	57	Nia HAWKINS	#11	William Woods (	5.27m	17-3½	12/10
6	59	Samiyah WALKER	#22	Kansas Wesleyan	5.26m	17-3¼	12/9
7	61	Nala BURNS	#2	MidAmerica Naz	5.24m	17-2¼	1/21
8	62	Jaelynn WILLIAMS	#14	Texas Wesleyan	5.23m	17-2	1/21
9	69	Lily ASHRAFZADEH	#12	Columbia (Mo.)	5.20m	17-¾	1/27
10	83	Maegan SALEH	#9	Missouri Baptist	5.13m	16-10	12/9

Women's Triple Jump

1	5	Chasity VEALS	#7	Langston (Okla.)	A:B 11.92m	39-1¼	1/21
2	16	Ahmia DORSEY	#7	Langston (Okla.)	A:B 11.47m	37-7¾	1/21
3	18	Angel EDWARDS	#7	Langston (Okla.)	A:B 11.43m	37-6	1/7
4	33	Jacee WILSON	#16	Evangel (Mo.)	10.96m	35-11½	12/10
5	36	Hayley LOEWEN	#2	MidAmerica Naz	10.91m	35-9½	1/13
6	43	Madeline BURTON	#12	Columbia (Mo.)	10.86m	35-7¾	1/27
7	49	Karsen DUNHAM	#21	Bethel (Kan.)	10.76m	35-3¾	1/14
8	56	Myiah LOGUE	#21	Bethel (Kan.)	10.65m	34-11¼	1/7
9	69	Reanna GREEN	#2	MidAmerica Naz	10.48m	34-4¾	12/9
10	79	Carissa MARTIN	#4	Saint Mary (Kan.	10.39m	34-1¼	1/14

Women's Shot Put

1	3	Katie FRENCH	#11	William Woods (A	B 13.92m	45-8	1/27
2	8	Baylee BEARD	#1	Central Methodist	A:B 13.75m	45-1½	12/10
3	18	Victoria LOTZ	#2	MidAmerica Naz	B 13.20m	43-3¾	12/9
4	23	Laurel BARBER	#8	Ottawa (Kan.)	12.98m	42-7	1/21
5	30	Caitlin WITT	#2	MidAmerica Naz	12.69m	41-7¾	1/21
6	33	Danielle NOBLE		Southwestern C	12.64m	41-5¾	1/27
7	41	Madison SUTTON	#3	Benedictine (Ka)	12.49m	40-11¾	12/3
8	44	Daryn BATTS	#6	Oklahoma City	12.47m	40-11	1/7
9	54	Kaylyn POWERS		Hannibal-LaGra	12.19m	40-0	1/27
10	55	Hannah BAKER	#24	Williams Baptist	12.17m	39-11¼	1/27

Women's Weight Throw

1	2	Madison SUTTON	#3	Benedictine (Ka)	A:B 17.44m	57-2¾	12/3
2	5	Baylee BEARD	#1	Central Methodist	A:B 17.04m	55-11	1/27
3	8	Karli WOLFE	#1	Central Methodist	A:B 16.65m	54-7½	1/27
4	21	Katie FRENCH	#11	William Woods (	B 16.01m	52-6½	12/10
5	24	Victoria LOTZ	#2	MidAmerica Naz	15.78m	51-9¼	1/21
6	30	Jaine JOHNSON	#8	Ottawa (Kan.)	15.52m	50-11	12/9
7	49	Daryn BATTS	#6	Oklahoma City	14.86m	48-9	1/21
8	55	Hannah BAKER	#24	Williams Baptist	14.55m	47-9	1/14
9	56	Nicole HOLADAY	#22	Kansas Wesleyan	14.52m	47-7¾	1/27
10	61	Alejandra HANDIE	#10	Southwestern (t	14.41m	47-3½	1/21

Women's Pentathlon

1	5	Carly LINDENMEYER	#2	MidAmerica Naz	A:B 3,297	12/9
2	8	Jocelyn JENKINS	#2	MidAmerica Naz	A:B 3,170	12/9
3	9	Madalenn FEE	#19	Cottey (Mo.)	A:B 3,060	1/27
4	18	Magdalena BURDOVA	#2	MidAmerica Naz	2,940	12/9
5	22	Renee FINKE	#1	Central Methodist	2,864	1/27
6	37	Gema DEL VALLE	#5	Friends (Kan.)	2,529	1/27
7	38	Paige SCHMID	#3	Benedictine (Ka)	2,520	12/1
8	42	Maegan SALEH	#9	Missouri Baptist	2,478	12/9
9	50	Ella MARGHEIM	#2	MidAmerica Naz	2,208	12/9
10	54	Stella WHALEN	#2	MidAmerica Naz	2,087	12/9



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West

Women's 60 Meters

1	36	Natylia JACOBSON	#3	Montana Tech	7.84c	12/7
2	53	Kellan WAHL	#6	Rocky Mountain	7.90c	1/14
2	53	Madigan KELLY	#2	Lewis-Clark Stat	7.90	1/20
4	84	Yahaira CHAVARRIA	#1	Eastern Oregon	7.98	1/20
5	98	Anika GROGAN	#2	Lewis-Clark Stat	8.01	1/13
6		Mollee CONLAN	#3	Montana Tech	8.04c	1/20
6		Charlotte WILSON	#5	College of Idaho	8.04c	1/28
8		Katie BROWN	#1	Eastern Oregon	8.14	1/20
9		Addison TRENT	#5	College of Idaho	8.18c	1/28
10		Emily COLLINS	#2	Lewis-Clark Stat	8.19	1/13

Women's 60 Meter Hurdles

1	7	Madigan KELLY	#2	Lewis-Clark Stat	8.70	1/20
2	28	Morgan BAYES	#1	Eastern Oregon	9.02	1/13
3	31	Sara HATHAWAY	#2	Lewis-Clark Stat	9.05	1/20
4	67	Abi STEVENS	#9	Southern Orego	9.38	1/27
5	68	Ashley BRITT	#2	Lewis-Clark Stat	9.39	1/20
6	78	Jennah CARPENTER	#2	Lewis-Clark Stat	9.49	1/13
7	79	Abby CLARK	#3	Montana Tech	9.51c	1/20
8	91	Olleca SEVERSON	#3	Montana Tech	9.63c	12/7
9		Lizzy GRANDLE	#1	Eastern Oregon	9.74	1/20
10		Naiya BEAUDIN	#3	Montana Tech	9.81c	1/20

Women's 200 Meters

1	18	Anika GROGAN	#2	Lewis-Clark Stat	25.23	1/20
2	89	Natylia JACOBSON	#3	Montana Tech	26.27c	12/7
2	89	Emily COLLINS	#2	Lewis-Clark Stat	26.27	1/13
4		Katie BROWN	#1	Eastern Oregon	26.37	12/10
5		Ashley BRITT	#2	Lewis-Clark Stat	26.46	1/13
6		Sara HATHAWAY	#2	Lewis-Clark Stat	26.55	1/13
7		Yahaira CHAVARRIA	#1	Eastern Oregon	26.56	1/20
8		Madigan KELLY	#2	Lewis-Clark Stat	26.57	12/10
9		Kellan WAHL	#6	Rocky Mountain	26.63	1/28
10		Sage WOOD	#5	College of Idaho	26.78c	1/28

Women's 400 Meters

1	16	Emily COLLINS	#2	Lewis-Clark Stat	58.04	1/28
2	17	Anika GROGAN	#2	Lewis-Clark Stat	58.15	1/13
3	27	Paige BAXSTRESSER	#4	Carroll (Mont.)	58.71c	1/20
4	45	Allena ROWLAND	#8	Park (Ariz.)	59.62	12/10
5	53	Hadassah WILSON	#3	Montana Tech	59.84c	1/20
6	62	Morgan BAYES	#1	Eastern Oregon	1:00.10	1/28
7	94	Ashley BRITT	#2	Lewis-Clark Stat	1:01.45	12/10
8		Kellan WAHL	#6	Rocky Mountain	1:02.22c	1/14
9		Kamryn COMBA	#3	Montana Tech	1:02.36	1/28
10		Dalli ELISON	#2	Lewis-Clark Stat	1:02.92	1/13

Women's 600 Meters

1	7	Michelle HERBES	#1	Eastern Oregon	1:34.93	1/20
2	16	Lauryn MITCHELL	#1	Eastern Oregon	1:37.32	12/10
3	24	Allena ROWLAND	#8	Park (Ariz.)	1:38.45	12/3
4	26	Morgan BAYES	#1	Eastern Oregon	1:38.84	1/20
5	37	Ashley BRITT	#2	Lewis-Clark Stat	1:41.05	1/20
6	61	Sydney PECK	#1	Eastern Oregon	1:42.79	1/20
7	79	Katie Jo GEBHARDT	#1	Eastern Oregon	1:43.99	1/20
8	89	Kendall BONZANI	#1	Eastern Oregon	1:44.66	1/20
9		Karli BEDARD	#1	Eastern Oregon	1:49.01	12/10
10		Maryan SHARIF	#8	Park (Ariz.)	1:49.09	12/3

Women's 800 Meters

1	4	Sydney LITTLE LIGHT	#6	Rocky Mountain	2:14.96	1/28
2	6	Geraldin CORREA	#2	Lewis-Clark Stat	2:16.90	1/28
3	11	Natalie YOCUM	#4	Carroll (Mont.)	2:17.55c	1/28
4	35	London LAMBRECHT	#4	Carroll (Mont.)	2:22.25c	1/28
5	57	Katie Jo GEBHARDT	#1	Eastern Oregon	2:24.63	1/28
6	89	MaryAlice MITCHELL	#11	Arizona Christia	2:26.92	1/28
7	95	Kallyn WILKINS	#6	Rocky Mountain	2:27.28c	1/20
8		Kate PICANCO	#4	Carroll (Mont.)	2:27.96c	1/20
9		Zoe BUTLER	#5	College of Idaho	2:29.82c	1/28
10		Kyle OLSON	#4	Carroll (Mont.)	2:30.06c	1/28

Women's 1000 Meters

1	4	Michelle HERBES	#1	Eastern Oregon	2:56.45	1/20
2	35	Katie Jo GEBHARDT	#1	Eastern Oregon	3:07.70	1/20
3	99	Kendall BONZANI	#1	Eastern Oregon	3:16.87	1/20
4		Kaesha GUILLAUME	#11	Arizona Christia	3:26.35	1/28
5		Madison TURNER	#8	Park (Ariz.)	3:36.95	1/28

Women's Mile

1	2	Sydney LITTLE LIGHT	#6	Rocky Mountain	4:56.77c	1/20
2	3	Sage MARTIN	#5	College of Idaho	4:57.80c	1/28
3	11	Michelle HERBES	#1	Eastern Oregon	5:03.46	1/28
4	16	Abbey SHIRTS	#5	College of Idaho	5:06.04c	1/28
5	47	Natalie YOCUM	#4	Carroll (Mont.)	5:17.27c	1/20
6	54	Larissa MAUER	#5	College of Idaho	5:18.61c	1/28
7	64	Grace TIEGS	#2	Lewis-Clark Stat	5:22.18	1/20
8	66	Samantha DARA	#16	Corban (Ore.)	5:22.38	1/21
9	67	Brooklyn SHELL	#2	Lewis-Clark Stat	5:22.51	1/28
10	84	Riley MORRIS	#1	Eastern Oregon	5:24.80	1/28

Women's 3000 Meters

1	12	Sydney LITTLE LIGHT	#6	Rocky Mountain	10:07.80	1/28
2	39	Kaylea HARTMAN	#12	Northwest (Was	10:36.77	1/14
3	51	Reghan WORLEY	#4	Carroll (Mont.)	10:43.46c	1/20
4	66	Abigail PEIGHTAL	#2	Lewis-Clark Stat	10:51.33	1/20
5	79	Grace DIXON	#2	Lewis-Clark Stat	10:56.85	1/20
6	80	Katelyn MCKAY	#4	Carroll (Mont.)	10:57.04c	1/20
7	83	Jayden WOODLAND	#6	Rocky Mountain	10:58.74	1/28
8	87	Taya BREWER	#10	Montana Wester	10:59.13c	1/28
9	88	Madelyn NICHOLS	#1	Eastern Oregon	10:59.82	1/20
10		Morgan BASELEY	#10	Montana Wester	11:06.66c	1/20



Regional TFRI Event Summary

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West

Women's 5000 Meters

1	26	Reghan WORLEY	#4	Carroll (Mont.)	B	18:08.72c	1/28
2	75	Katelyn MCKAY	#4	Carroll (Mont.)		19:36.33c	1/28
3	83	Morgan BASELEY	#10	Montana Wester		19:45.28c	12/7
4		Riley MORRIS	#1	Eastern Oregon		20:22.82	12/10
5		Madelyn NICHOLS	#1	Eastern Oregon		20:38.00	12/10
6		Elisabeth YOUNG	#1	Eastern Oregon		20:47.75	12/10

Women's 4x400 Relay

1	13	Anika GROGAN, Sara HATHAWAY, Keelyn PILCHER, Emily COLLINS	#2	Lewis-Clark Stat		4:00.41	12/10
2	19	Morgan BAYES, Katie Jo GEBHARDT, Sydney PECK, Michelle HERBES	#1	Eastern Oregon		4:04.72	1/28
3	24	Olleca SEVERSON, Kamryn COMBA, Elise KZALEY, Hadassah WILSON	#3	Montana Tech		4:07.24	1/28
4	58	Sorren REESE, Chloe RAATS, London LAMBRECHT, Kate PICANCO	#4	Carroll (Mont.)		4:21.14c	1/28
5	65	Sage WOOD, Graycee LITTON, Rachel PLETCHER, Roby YOUNG	#5	College of Idaho		4:23.30c	1/28
6	71	Grace ALEXANDER, Emilie CRAGO, cora PESANTI, Jasmyn MURPHY	#7	Providence (Moi)		4:26.26c	1/28
7	78	Janea ROBERTSON, Sarah PHILLIPS, Madeline DESEMONE, Adrienne MAI	#15	Bushnell (Ore.)		4:28.02	1/21
8	87	Marissa MARTINDALE, Mason BASELEY, Araceli RAMIREZ, CeCe EAGLETON	#10	Montana Wester		4:35.41c	1/28
9	96	Malajha ADKISSON, Makayla BORG, Allison MAETHNER, Abby THEIS	#14	Ottawa (Ariz.)		4:46.12	1/28

Women's High Jump

1	6	Abi STEVENS	#9	Southern Orego	B	1.65m	5-5	1/27
1	6	Abby CLARK	#3	Montana Tech	B	1.65mA	5-5	12/7
3	17	Jennah CARPENTER	#2	Lewis-Clark Stat		1.61m	5-3¼	1/13
4	35	Madde BOLES	#4	Carroll (Mont.)		1.58mA	5-2¼	1/28
5	42	Lizzy GRANDLE	#1	Eastern Oregon		1.57m	5-1¾	1/20
6	46	Brooke WIRKKALA	#6	Rocky Mountain		1.55mA	5-1	1/14
7	54	Sara HATHAWAY	#2	Lewis-Clark Stat		1.54m	5-½	1/20
8	63	Roby YOUNG	#5	College of Idaho		1.53mA	5-¼	1/28
9	83	Karli BEDARD	#1	Eastern Oregon		1.51m	4-11½	1/20
9	83	Taylor MCCARRELL	#1	Eastern Oregon		1.51m	4-11½	12/10

Women's Pole Vault

1	21	terra BERTSCH	#7	Providence (Moi)	B	3.42mA	11-2½	1/28
2	31	Cynthia SMITH	#2	Lewis-Clark Stat		3.36m	11-¼	1/28
3	33	Dakota MANECKE	#6	Rocky Mountain		3.30mA	10-9¾	12/7
4	42	Chloe GALLAGHER	#4	Carroll (Mont.)		3.22mA	10-6¾	1/20
5	47	India ORTIZ	#9	Southern Orego		3.16m	10-4¼	1/27
6	58	Emberlynn MACK	#2	Lewis-Clark Stat		3.01m	9-10½	1/20
7	64	violet JOHNSON	#7	Providence (Moi)		2.92mA	9-7	1/28
8	70	Desiree WINSLOW	#2	Lewis-Clark Stat		2.86m	9-4½	1/20
8	70	Faith WAGNER	#1	Eastern Oregon		2.86m	9-4½	1/20
10	80	Alex PARTCH	#1	Eastern Oregon		2.76m	9-½	1/28

Women's Long Jump

1	17	Jadyn VERMILLION	#3	Montana Tech	B	5.55mA	18-2½	12/7
2	47	Abby CLARK	#3	Montana Tech		5.35mA	17-6¾	1/20
3	69	Brooke WIRKKALA	#6	Rocky Mountain		5.20mA	17-¾	1/14
4	99	Jennah CARPENTER	#2	Lewis-Clark Stat		5.06m	16-7¼	1/13
5		Hadassah WILSON	#3	Montana Tech		5.02mA	16-5¾	1/20
6		Abi STEVENS	#9	Southern Orego		5.01m	16-5¼	1/27
7		Jeramea DENNISON	#13	Multnomah (Ore)		4.98m	16-4¼	12/10
8		Marissa MARTINDALE	#10	Montana Wester		4.94mA	16-2½	1/28
9		Naiya BEAUDIN	#3	Montana Tech		4.92m	16-1¾	1/28
10		Addison TRENT	#5	College of Idaho		4.91mA	16-1½	1/28

Women's Triple Jump

1	32	Sydney ZYWINA	#2	Lewis-Clark Stat		11.01m	36-1½	1/20
2	36	Jadyn VERMILLION	#3	Montana Tech		10.91mA	35-9½	1/20
3	40	Sophie LOVELESS	#4	Carroll (Mont.)		10.89mA	35-8¾	1/20
4	54	Sophi CLAY	#5	College of Idaho		10.66mA	34-11¾	1/28
5	64	Naiya BEAUDIN	#3	Montana Tech		10.55m	34-7½	1/28
6	91	Jada KISNER	#5	College of Idaho		10.28mA	33-8¾	1/28
7	92	Lauryn FRIDERES	#6	Rocky Mountain		10.27mA	33-8½	1/14
8	96	Anika PLOEGER	#3	Montana Tech		10.25mA	33-7½	12/7
9		Jeramea DENNISON	#13	Multnomah (Ore)		10.09m	33-1¼	12/10
10		Kourtney BRUNER	#11	Arizona Christian		9.79m		1/28

Women's Shot Put

1	13	Maggie LEDBETTER	#1	Eastern Oregon	B	13.42m	44-½	1/28
2	48	Kenna WOODWARD	#1	Eastern Oregon		12.34m	40-6	1/28
3	66	tatiana MARTINEZ	#7	Providence (Moi)		12.08mA	39-7¾	1/20
4		Allyson CONNER	#7	Providence (Moi)		11.03mA	36-2¼	1/20
5		Star HERRON	#5	College of Idaho		10.96mA	35-11½	1/28
6		Kayla BOTKIN	#4	Carroll (Mont.)		10.56mA	34-7¾	1/28
7		Abby CLARK	#3	Montana Tech		10.44mA	34-3	1/20
8		Lizzy GRANDLE	#1	Eastern Oregon		10.21m	33-6	1/20
9		Taylor DURFEY	#5	College of Idaho		10.17mA	33-4½	1/28
10		Grace OSBORNE	#2	Lewis-Clark Stat		10.16m	33-4	12/10



Regional TFRI Event Summary

as of 1/30/2023 6:47:38 AM

West

Women's Weight Throw

1	10	Kenna WOODWARD	#1	Eastern Oregon A:B	16.63m	54-6¾	1/28
2	13	Maggie LEDBETTER	#1	Eastern Oregon B	16.44m	53-11¼	1/28
3	36	Allyson CONNER	#7	Providence (Mo)	15.33mA	50-3½	1/28
4	74	tatiana MARTINEZ	#7	Providence (Mo)	14.09mA	46-2¾	1/20
5	93	Trinity HILL	#1	Eastern Oregon	13.84m	45-5	12/10
6		Kay REED	#5	College of Idaho	12.68mA	41-7¼	1/28
7		Abby LUSCO	#1	Eastern Oregon	12.31m	40-4¾	12/10
8		Karly LAWSON	#3	Montana Tech	12.23mA	40-1½	12/7
9		Taylor DURFEY	#5	College of Idaho	12.22mA	40-1¼	1/28
10		Avari BATT	#7	Providence (Mo)	12.19mA	40-0	1/28

Women's Pentathlon

1	4	Abby CLARK	#3	Montana Tech A:B	3,411A	1/20
2	11	Lizzy GRANDLE	#1	Eastern Oregon A:B	3,043	1/20
3	14	Karli BEDARD	#1	Eastern Oregon A:B	3,002	1/20
4	15	Olleca SEVERSON	#3	Montana Tech A:B	2,968A	1/20
5	29	Naiya BEAUDIN	#3	Montana Tech	2,743A	1/20
6	34	Sorren REESE	#4	Carroll (Mont.)	2,600A	1/20
7	52	Maggie PLUHAR	#4	Carroll (Mont.)	2,186A	1/20
8	58	Mikayla GOFFENA	#4	Carroll (Mont.)	1,920A	1/20