



as of 2/13/23 11:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, February 15

WHAC

unch

LW: 1

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 60m	5	A:N	Soyinne GRENYION		7.56	2/10/23	14	0.95	14.95
► 60m	12	A:N	Jamaya WARTHEN		7.61	1/27/23	7	0.66	7.66
► 60m	23	A:IA	Kiya POGUE		7.70	1/13/23	1.25	0.26	1.51
► 60H	3	A:N	Katlyn JONES		8.48	2/10/23	16	1.78	17.78
► 60H	4	A:N	Kiya POGUE		8.51	1/13/23	15	1.60	16.60
► 60H	8	A:N	Jaunita WEBSTER-FREEMAN		8.67	2/10/23	D 11	0.85	2.85
► 200m	9	A:N	Jamaya WARTHEN		24.74	2/10/23	10	0.77	10.77
► 200m	13	A:N	Soyinne GRENYION		24.93	1/27/23	6	0.13	6.13
► 400m	17	A:N	Jo'Deci IRBY		57.47	1/27/23	3.5	0.41	3.91
► 400m	28	A:IA	Kennia DEXTER		58.25	1/27/23	0.35	0.15	0.50
► 600m	2	A:N	Lisa VOYLES		1:32.78c (1:33.91)	1/20/23	D 18	2.10	4.10
► 600m	4	A:N	Jo'Deci IRBY		1:33.94	2/10/23	15	1.38	16.38
► 600m	21	A:IA	Olaide OLAPADE		1:37.13	2/10/23	1.75	0.23	1.98
► 600m	26		Haven EVANS		1:37.69	2/10/23	0.45	0.12	0.57
► 800m	2	A:N	Lisa VOYLES		2:08.21	2/10/23	18	3.02	21.02
► 800m	26		Krista BOESE		2:19.63c (2:21.24)	2/4/23	0.45	0.11	0.56
► 800m	33		Jaunita WEBSTER-FREEMAN		2:20.58c (2:22.20)	2/4/23	0.1	0.02	0.12
► 1000m	2	A:N	Lisa VOYLES		2:50.71	1/13/23	18	3.15	21.15
► 1000m	11	A:IA	Krista BOESE		3:00.23c (3:02.19)	1/20/23	8	0.47	8.47
► Mile	2	A:N	Lisa VOYLES		4:50.74	1/13/23	D 18	2.01	4.01
► Mile	19	A:IA	Krista BOESE		5:05.93	1/27/23	D 2.5	0.20	2.20
► 3000m	8	A:N	Lisa VOYLES		9:55.68	12/2/22	D 11	0.87	2.87
► 3000m	13	A:N	Krista BOESE		10:00.71	2/10/23	6	0.56	6.56
► RW3000	18		Korissa VANOVER		18:43.99	1/20/23	3	0.36	3.36
► 4x400	3	A:N	Soyinne GRENYION, Olaide OLAPADE, Haven EVANS, Jo'Deci IRBY		3:50.97	2/10/23	16	2.19	18.19
► DMR	1	A:N	Krista BOESE, Kayla MOODY, Lily GREIWE, Lisa VOYLES		11:51.65	2/11/23	20	3.13	23.13
► HJ	4	A:N	Jaunita WEBSTER-FREEMAN		1.67m	5-5¾	D 15	1.65	3.65
► HJ	12	A:IA	Mary Catherine LEE		1.64m	5-4½	7		7.00
► LJ	7	A:N	Carlie TURNER		5.71m	18-8¾	12	0.95	12.95
► LJ	22	A:IA	Jaunita WEBSTER-FREEMAN		5.54m	18-2¼	1.5	0.29	1.79
► TJ	16	A:N	Katlyn JONES		11.54m	37-10½	4	0.33	4.33

WHAC

unch

LW: 1

[illegible]

William Carey (Miss.)

SSAC

unch

LW: 2

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60m	3	A:N	Fredricka MCKENZIE		7.49	1/13/23	16	1.53	17.53
▶ 60m	6	A:N	Joy ABU		7.57	1/21/23	D 13	0.88	2.88
▶ 60m	8	A:N	Salieci MYLES		7.59	1/13/23	11	0.77	11.77
▶ 60m	14	A:N	Tyeesse SMITH		7.63	2/6/23	5	0.55	5.55
▶ 60m	17	A:N	Machaeda LINTON		7.65	2/6/23	D 3.5	0.44	2.44
▶ 60H	1	A:N	Salieci MYLES		8.35	2/6/23	20	2.59	22.59
▶ 60H	2	A:N	Joy ABU		8.41	1/13/23	18	2.22	20.22
▶ 200m	3	A:N	Joy ABU		24.35	1/13/23	D 16	2.96	4.96
▶ 200m	7	A:N	Fredricka MCKENZIE		24.67	1/13/23	12	1.01	13.01
▶ 200m	17	A:N	Salieci MYLES		25.04	1/21/23	D 3.5		2.00
▶ 400m	1	A:N	Joy ABU		55.16	2/6/23	20	2.16	22.16
▶ 600m	19	A:IA	Maria SIMANCAS		1:36.99	2/6/23	2.5	0.25	2.75
▶ 3000m	3	A:N	Lina MAY		9:48.08	2/6/23	16	1.55	17.55
▶ 5000m	1	A:N	Lina MAY		16:53.68	2/6/23	20	2.45	22.45
▶ 4x400	2	A:N	Feja HODGES, Maria SIMANCAS, Nevagant JONES, Joy ABU		3:50.33	2/6/23	18	2.42	20.42
▶ LJ	1	A:N	Machaeda LINTON		5.91m	19-4¾	20	2.16	22.16
▶ LJ	15	A:N	Nevagant JONES		5.61m	18-5	4.5	0.56	5.06
▶ LJ	24	A:IA	Zaniyah WILSON		5.52m	18-1½	1	0.21	1.21
▶ LJ	35		Tyeesse SMITH		5.46m	17-11	0.02		0.02
▶ TJ	2	A:N	Machaeda LINTON		12.36m	40-6¾	18	2.47	20.47
▶ TJ	3	A:N	Nevagant JONES		12.32m	40-5	16	2.31	18.31
▶ TJ	32	A:IA	LaToria SPENCE		11.22m	36-9¾	0.15		0.15
▶ TJ	34	A:IA	Zaniyah WILSON		11.21m	36-9½	0.05		0.05
WILLIAM CAREY (MISS.) TFRI Team Total									255.71



USTFCCCA NAIA Indoor Track & Field

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WOMEN — 2023 Week #4, February 15

3

Huntington (Ind.)

Crossroads

▲ 1

LW: 4

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 400m	9	A:N	Destinee MCGRADY		56.79c (57.54)	2/3/23	10	0.79	10.79
▶ 600m	1	A:N	Addy WILEY		1:28.69c (1:29.77)	1/20/23 D 20	20	4.81	6.81
▶ 800m	1	A:N	Addy WILEY		2:02.33	2/10/23	20	5.21	25.21
▶ 1000m	1	A:N	Addy WILEY		2:49.71c (2:51.56)	1/20/23 D 20	20	3.47	5.47
▶ Mile	1	A:N	Addy WILEY		4:29.49c (4:32.15)	2/3/23	20	6.18	26.18
▶ Mile	36	A:IA	Abigail MAYS		5:09.53	12/9/22		0.00	0.00
▶ 3000m	1	A:N	Addy WILEY		9:24.28	12/9/22 D 20	20	3.97	5.97
▶ 5000m	10	A:N	Abbey GENTZ		17:28.37	2/10/23	9	0.82	9.82
▶ 4x400	21	A:IA	Destinee MCGRADY, Erica XAYARATH, Destiny COPELAND, Addy WILEY		3:59.52	2/10/23	0	0.18	0.18
▶ DMR	3	A:N	Emily TEDDER, Destinee MCGRADY, MacKenzie BREWER, Addy WILEY		11:57.92	2/11/23	16	2.41	18.41
▶ HJ	1	A:N	Erica XAYARATH		1.71m 5-7¼	12/10/22	20	4.13	24.13
▶ LJ	2	A:N	Destiny COPELAND		5.87m 19-3¼	1/20/23	18	1.86	19.86
▶ LJ	3	A:N	Erica XAYARATH		5.85m 19-2½	12/10/22	16	1.71	17.71
▶ TJ	1	A:N	Destiny COPELAND		12.43m 40-9½	12/10/22	20	2.74	22.74
▶ TJ	12	A:N	Erica XAYARATH		11.62m 38-1½	12/10/22 D 7	7	0.44	2.44
HUNTINGTON (IND.) TFRI Team Total									195.70

4

Concordia (Neb.)

GPAC

▼ 1

LW: 3

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	12	A:N	Adrianna RODENCAL		8.76	2/10/23	7	0.50	7.50
▶ 60H	25	A:N	Rachel BATTERSHELL		8.94	1/28/23	0.5	0.15	0.65
▶ 400m	11	A:N	Rachel BATTERSHELL		57.06c (57.81)	2/10/23	8	0.61	8.61
▶ 400m	23	A:IA	Trinity TULS		58.11c (58.88)	2/10/23	1.25	0.20	1.45
▶ 400m	35	A:IA	Jenna ESCH		58.62c (59.39)	1/28/23	0.02	0.04	0.06
▶ 600m	11	A:N	Jenna ESCH		1:35.92c (1:37.09)	2/10/23	8	0.47	8.47
▶ 600m	14	A:IA	Jordan KOEPKE		1:36.52c (1:37.70)	2/10/23	5	0.35	5.35
▶ 1000m	3	A:N	Rylee HAECKER		2:56.44c (2:58.36)	1/21/23	16	1.39	17.39
▶ 1000m	19	A:IA	Kylahn HERITAGE		3:01.65c (3:03.63)	2/10/23	2.5	0.30	2.80
▶ Mile	22	A:IA	Rylee HAECKER		5:06.10c (5:09.13)	1/28/23	1.5	0.19	1.69
▶ Mile	29	A:IA	Kylahn HERITAGE		5:07.94c (5:10.98)	1/21/23	0.3	0.09	0.39
▶ RW3000	13		Lauren DAWSON		17:50.34	2/10/23	6	0.59	6.59
▶ RW3000	23		Peyton GISSLER		19:44.79	2/10/23	1.25	0.12	1.37
▶ RW3000	35		Laci HAVLAT		21:20.57	1/21/23	0.02		0.02
▶ 4x400	8	A:N	Jenna ESCH, Jordan KOEPKE, Trinity TULS, Rachel BATTERSHELL		3:54.81c (3:57.92)	1/21/23	8	1.00	9.00
▶ 4x800	11	A:IA	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Julie MCINTYRE		9:39.96c (9:46.64)	12/9/22	5	0.87	5.87
▶ DMR	11	A:N	Rylee HAECKER, Kayla KIRCHNER, Rhaya KASCHINSKE, Kylahn FREIBERG		12:20.68	1/13/23	5	0.50	5.50
▶ HJ	4	A:N	Hannah NEWTON		1.67m 5-5¾	2/10/23	15	1.65	16.65
▶ HJ	12	A:IA	Amy RICHERT		1.64m 5-4½	1/28/23	7		7.00
▶ PV	3	A:N	Josie PUELZ		3.97m 13-¼	2/3/23	16	3.52	19.52
▶ PV	7	A:N	Erin MAPSON		3.77m 12-4½	2/10/23	12	1.09	13.09
▶ PV	15	A:N	Amira CUMMINGS		3.52m 11-6½	2/3/23	4.5		4.50
▶ PV	15	A:N	Kayla SVOBODA		3.52m 11-6½	2/3/23	4.5		4.50
▶ PV	15	A:N	Erin BOGGS		3.52m 11-6½	2/3/23	4.5		4.50
▶ SP	14	A:N	Madeleine ROBINSON		13.64m 44-9	12/3/22	5		5.00
▶ SP	23	A:IA	Kamryn POKORNEY		13.11m 43-¼	2/10/23	1.25		1.25
▶ WT	16	A:N	Madeleine ROBINSON		16.54m 54-3¼	2/10/23	4	0.51	4.51
▶ WT	21	A:IA	Abi WOHLGEMUTH		16.21m 53-2¼	12/9/22	1.75	0.27	2.02
▶ WT	22	A:IA	Abigail GERBER		16.19m 53-1½	1/21/23	1.5	0.26	1.76
▶ WT	24	A:IA	Alli OWINGS		16.00m 52-6	12/9/22	1	0.12	1.12
▶ WT	26	A:IA	Kamryn POKORNEY		15.88m 52-1¼	2/3/23	0.45	0.03	0.48
▶ PENT	4	A:N	Amy RICHERT		3,487c (3,465)	12/9/22	15	1.65	16.65



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4

Concordia (Neb.)

GPAC

▼ 1

LW: 3

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
► PENT	19	A:N	Elena BATENHORST		3,022	1/21/23	2.5		2.50
► PENT	23	A:N	Isabelle SALTERS		2,968	1/21/23	1.25		1.25
► PENT	25	A:N	Josi NOBLE		2,951	1/21/23	0.5		0.50
► PENT	32		Amanda STEINKE		2,868c (2,847)	12/9/22	0.15		0.15
► PENT	34		Faith ESPINOSA		2,853	1/21/23	0.05		0.05

CONCORDIA (NEB.) TFRI Team Total 189.68

5

Life (Ga.)

SSAC

▲ 3

LW: 8

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 60m	1	A:N	Talayla DAVIS		7.42	2/6/23	20	2.12	22.12
► 60m	19	A:N	Kayce DARBY		7.66	2/10/23	2.5	0.39	2.89
► 60m	26	AIA	Sabrina RICHMAN		7.73	2/10/23	0.45	0.18	0.63
► 60m	33	AIA	Maya SMITH-SPEED		7.75	2/6/23	0.1	0.13	0.23
► 60m	33	AIA	Dalajah LONG		7.75	2/10/23	0.1	0.13	0.23
► 200m	4	A:N	Talayla DAVIS		24.54	2/6/23	15	1.65	16.65
► 200m	6	A:N	Maya SMITH-SPEED		24.66	2/6/23	13	1.05	14.05
► 200m	21	A:N	Sabrina RICHMAN		25.13	2/6/23	1.75		1.75
► 400m	5	A:N	Brianna FLORVILUS		55.57	1/13/23	14	1.73	15.73
► 400m	6	A:N	Sabrina RICHMAN		56.65	2/6/23	13	0.88	13.88
► 600m	33		Brianna FLORVILUS		1:38.51	2/6/23	0.1		0.10
► 4x400	5	A:N	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Sabrina RICHMAN		3:52.56	2/6/23	12	1.62	13.62
► 4x800	16		Breanna PRATT, Darcy PICKER, Dagbjort MAGNUSDOTTIR, Kyja WILLIAMS		9:49.23	2/6/23	0.8	0.44	1.24
► LJ	17	AIA	Talayla DAVIS		5.57m 18-3¼	2/6/23	D 3.5	0.41	2.41
► LJ	19	AIA	Kaylee LOWE		5.55m #Error	1/28/23	2.5	0.33	2.83
► TJ	18	A:N	Kaylee LOWE		11.49m #Error	1/28/23	3	0.26	3.26
► SP	4	A:N	Levonis DAVIS		14.25m 46-9	1/13/23	15	2.06	17.06
► WT	12	A:N	Jennifer BATU		16.73m 54-10¾	1/28/23	7	0.65	7.65

LIFE (GA.) TFRI Team Total 136.32

6

Milligan (Tenn.)

AAC

unch

LW: 6

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 800m	4	A:N	Ellen-Mary KEARNEY		2:13.85	1/27/23	15	1.09	16.09
► 1000m	5	A:N	Caitlin DOMINY		2:56.53c (2:58.45)	1/14/23	14	1.36	15.36
► 1000m	6	A:N	Ellen-Mary KEARNEY		2:57.01c (2:58.94)	1/22/23	D 13	1.22	3.22
► 1000m	25		Gracie ALLEN		3:03.07c (3:05.06)	1/14/23	0.5	0.16	0.66
► Mile	3	A:N	Ellen-Mary KEARNEY		4:51.74c (4:54.62)	2/3/23	16	1.83	17.83
► Mile	11	A:N	Caitlin DOMINY		5:02.44	1/27/23	D 8	0.40	2.40
► Mile	23	AIA	Alyssa BEARZI		5:06.16c (5:09.19)	1/14/23	1.25	0.19	1.44
► 3000m	2	A:N	Caitlin DOMINY		9:46.12c (9:51.14)	2/3/23	18	1.75	19.75
► 3000m	7	A:N	Ellen-Mary KEARNEY		9:55.23c (10:00.33)	12/4/22	D 12	0.90	2.90
► 3000m	19	A:N	Alyssa BEARZI		10:05.35 (10:10.54)	12/4/22	2.5	0.38	2.88
► 5000m	2	A:N	Alyssa BEARZI		16:58.31 (17:06.10)	2/3/23	18	2.20	20.20
► 5000m	9	A:N	Ellen-Mary KEARNEY		17:27.59	11/29/22	D 10	0.85	2.85
► 5000m	12	A:N	Caitlin DOMINY		17:29.18	11/29/22	D 7	0.80	2.80
► 4x800	15		Gracie ALLEN, Sophia JEFFERS, Kara MCDANIEL, Kaelyn SLAUGHTER		9:46.13	1/27/23	1	0.55	1.55
► DMR	2	A:N	Caitlin DOMINY, Megan CHRISTIAN, Ellen-Mary KEARNEY, Alyssa BEARZI		11:57.88	1/27/23	18	2.41	20.41

MILLIGAN (TENN.) TFRI Team Total 130.33

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WOMEN — 2023 Week #4, February 15

7

Central Methodist (Mo.)

The Heart



2

LW: 5

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60m	29	A/A	Gizel CLAYTON		7.74	12/10/22	0.3	0.15	0.45
▶ 60H	5	A:N	Gizel CLAYTON		8.53	2/2/23	14	1.48	15.44
▶ 60H	6	A:N	Tre'Breh SCOTT		8.65	2/2/23	13	0.92	13.92
▶ 600m	5	A:N	Darly CAMILO-MONTENEGRO		1:34.03	12/10/22	14	1.32	15.32
▶ 600m	9	A:N	Kjirsten GUILFORD		1:35.54c (1:36.71)	1/20/23	10	0.61	10.61
▶ 1000m	30		Kjirsten GUILFORD		3:04.27c (3:06.28)	1/27/23	0.25	0.05	0.30
▶ RW3000	6	A:N	Yanira DEANA PANINKA		16:17.94	1/20/23	13	1.20	14.20
▶ RW3000	19		Baileigh MORRIS		18:53.08	1/27/23	2.5	0.32	2.82
▶ 4x400	4	A:N	Darly CAMILO-MONTENEG, Tre'Breh SCOTT, Kjirsten GUILFORD, Sakoya JOHNSON		3:52.52	12/10/22	14	1.63	15.63
▶ HJ	9	A/A	Delaney MILLER		1.65m 5-5	1/13/23	10	0.41	10.41
▶ SP	11	A:N	Baylee BEARD		13.75m 45-1½	12/10/22	8		8.00
▶ WT	8	A:N	Baylee BEARD		17.04m 55-11	1/27/23	11	0.99	11.99
▶ WT	11	A:N	Karli WOLFE		16.75m 54-11½	2/2/23	8	0.67	8.67
▶ PENT	33		Renee FINKE		2,864c (2,844)	1/27/23	0.1		0.10
CENTRAL METHODIST (MO.) TFRI Team Total									127.91

8

Hastings (Neb.)

GPAC



1

LW: 7

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	12	A:N	Nisa THOMAS		8.76	2/10/23	7	0.50	7.50
▶ 60H	23	A:N	Jaida ROWE		8.92	2/10/23	1.25	0.19	1.44
▶ 200m	26	AIA	Nisa THOMAS		25.23c (25.88)	12/9/22	0.45		0.45
▶ 400m	34	AIA	Veronica PINKERTON		58.60c (59.37)	2/10/23	0.05	0.04	0.09
▶ 600m	13	AIA	Veronica PINKERTON		1:36.14c (1:37.31)	2/3/23	6	0.42	6.42
▶ 800m	3	A:N	Veronica PINKERTON		2:12.91c (2:15.09)	1/27/23	16	1.40	17.40
▶ 800m	30		Madison GERKEN		2:20.03c (2:22.33)	1/27/23	0.25	0.07	0.32
▶ RW3000	10	AIA	Tristyn DIPENTINO		17:28.01	1/21/23	9	0.69	9.69
▶ RW3000	22		Carley DAVIS		19:23.68	1/7/23	1.5	0.20	1.70
▶ RW3000	30		Baylee EVARTS		20:29.81	2/3/23	0.25		0.25
▶ SP	8	A:N	Kiara ANDERSON		13.90m 45-7¼	1/14/23	11	0.51	11.51
▶ SP	27	AIA	Asia TYLER		13.05m 42-9¾	1/7/23	0.4		0.40
▶ SP	33		Cassandra PINE		12.89m 42-3½	1/14/23	0.1		0.10
▶ WT	1	A:N	Kiara ANDERSON		17.98m 59-0	1/14/23	20	2.88	22.88
▶ WT	3	A:N	Cassandra PINE		17.33m 56-10¼	2/10/23	16	1.52	17.52
▶ WT	5	A:N	Jessa EDEN		17.28m 56-8½	2/3/23	14	1.42	15.42
▶ WT	10	A:N	Asia TYLER		16.78m 55-3¼	2/3/23	9	0.69	9.69
▶ PENT	35		Zailee POULSON		2,837c (2,817)	2/2/23	0.02		0.02
HASTINGS (NEB.) TFRI Team Total									122.80



USTFCCCA NAIA Indoor Track & Field

National TFRI Team Summary

as of 2/13/23 11:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, February 15

9

Cornerstone (Mich.)

WHAC

unch

LW: 9

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
► Mile	6	A:N	Anna MARTIN		4:59.00	1/27/23	13	0.79	13.79	
► Mile	8	A:N	Malarie PINWAR		4:59.37	1/21/23	11	0.75	11.75	
► 3000m	6	A:N	Anna MARTIN		9:54.68	2/10/23	13	0.94	13.94	
► 3000m	10	A:N	Malarie PINWAR		9:57.86	1/14/23	9	0.74	9.74	
► 5000m	7	A:N	Anna MARTIN		17:20.25	12/9/22	D 12	1.11	3.11	
► 5000m	35	A:IA	Cammie MCCONNELL		18:14.56	12/9/22	0.02		0.02	
► DMR	8	A:N	Malarie PINWAR, Sarah GENZINK, Kori BAUMANN, Anna MARTIN		12:11.91	2/11/23	8	1.09	9.09	
► HJ	12	A:IA	Kaitlin ESSIG		1.64m	5-4½	2/3/23	7	7.00	
► HJ	25		Braely HERREMA		1.62m	5-3¾	1/14/23	0.5	0.50	
► PV	3	A:N	Ashley VERPLANK		3.97m	13-¼	2/3/23	16	3.52	19.52
► PV	14	A:N	Tatum TOWNSEND		3.58m	11-9	1/27/23	5		5.00
► PV	22	A:IA	Morgan VARGO		3.50m	11-5¾	12/9/22	1.5		1.50
► LJ	5	A:N	Morgan VARGO		5.73m	18-9¾	2/10/23	14	1.03	15.03
► WT	25	A:IA	Jenna BREUKER		15.94m	52-3¾	2/10/23	0.5	0.07	0.57
► PENT	29		Ketelynn DIX		2,881	1/27/23	0.3		0.30	

CORNERSTONE (MICH.) TFRI Team Total 110.85

10

Olivet Nazarene (Ill.)

Chicagoland

unch

LW: 10

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	12	A:N	Hannah ANTKOVIK		8.76	2/11/23	7	0.50	7.50
▶ 60H	19	A:N	Linda GRIFFITH		8.87	12/9/22	D 2.5	0.28	2.28
▶ 200m	8	A:N	Linda GRIFFITH		24.72c (25.10)	2/4/23	11	0.84	11.84
▶ 200m	12	A:N	Kimberly BRENT		24.91c (25.29)	2/4/23	7	0.20	7.20
▶ 200m	23	A:IA	Hannah ANTKOVIK		25.17	2/11/23	1.25		1.25
▶ 200m	31	A:IA	Kiara CARTER		25.31c (25.70)	2/4/23	0.2		0.20
▶ 400m	4	A:N	Hannah ANTKOVIK		55.51	2/10/23	15	1.79	16.79
▶ 400m	8	A:N	Linda GRIFFITH		56.70	12/9/22	11	0.85	11.85
▶ 400m	15	A:N	Kiara CARTER		57.29	2/11/23	4.5	0.46	4.96
▶ 400m	30	A:IA	Tera MILLER		58.36	2/10/23	0.25	0.12	0.37
▶ 5000m	18	A:N	Catherine WHITE		17:45.69	12/9/22	3	0.37	3.37
▶ 5000m	25	A:N	Jacey SCHICKEL		17:59.27	2/10/23	0.5	0.14	0.64
▶ 4x400	1	A:N	Kiara CARTER, Tera MILLER, Hannah ANTKOVIK, Linda GRIFFITH		3:48.79	2/10/23	20	2.98	22.98
▶ PV	28	A:IA	Olivia EARL		3.42m 11-2½	1/28/23	0.35		0.35
▶ SP	32		Lana KROHE		12.92m 42-4¾	2/4/23	0.15		0.15
▶ WT	20	A:IA	Courtney HALL		16.42m 53-10½	2/11/23	2	0.42	2.42

OLIVET NAZARENE (ILL.) TFRI Team Total 94.16

National TFRI Team Summary

as of 2/13/23 11:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, February 15

11

Dickinson State (N.D.)

North Star



7

LW: 18

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	6	A:N	Wrenzi WRZESINSKI	8.65		1/27/23	13	0.92	13.92
▶ 60H	12	A:N	Kaitlyn MCCOLLY	8.76		1/27/23	7	0.50	7.50
▶ 4x400	14	A:IA	Kyley BARNETT, Kaitlyn MCCOLLY, Wrenzi WRZESINSKI, Jewel OLSON	3:57.65		2/10/23	2	0.39	2.39
▶ 4x800	4	A:N	Elizabeth WIDMER, Kaitlyn MCCOLLY, Grace TIMM, Natalie LILE	9:35.33		2/10/23	14	1.39	15.39
▶ HJ	34		Adarra HAGLUND	1.60m	5-3	1/14/23	0.05		0.05
▶ PV	23	A:IA	Madison WAHL	3.45m	11-3¾	2/3/23	1.25		1.25
▶ PV	33		Cassidy JORENSON	3.40m	11-1¾	1/27/23	0.1		0.10
▶ LJ	34		Jocelyn OTT	5.48m	17-11¾	1/20/23	0.05	0.06	0.11
▶ SP	4	A:N	Kori NAGEL	14.25m	46-9	2/10/23	15	2.06	17.06
▶ WT	13	A:N	Kori NAGEL	16.72m	54-10¼	2/10/23	6	0.64	6.64
▶ WT	14	A:N	Tori NYGARD	16.65m	54-7½	2/10/23	5	0.59	5.59
▶ PENT	2	A:N	Kaitlyn MCCOLLY	3,632c	(3,610)	2/3/23	18	4.06	22.06

DICKINSON STATE (N.D.) TFR1 Team Total 92.08

12

Doane (Neb.)

GPAC



1

LW: 11

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	35	AIA	Lindsay ADAMS	9.05		1/28/23	0.02		0.02
▶ 400m	12	A:N	Annika PINGEL	57.15c	(57.90)	2/10/23	D 7	0.55	2.55
▶ 600m	7	A:N	Annika PINGEL	1:34.75c	(1:35.91)	1/28/23	12	0.93	12.93
▶ 800m	5	A:N	Annika PINGEL	2:14.31		2/3/23	14	0.95	14.95
▶ 1000m	24		Annika PINGEL	3:02.95c	(3:04.94)	12/9/22	1	0.17	1.17
▶ 4x400	18	AIA	Annika PINGEL, Candela MANRIQUE, Kat VOGT, Caitlyn COTTON	3:58.70c	(4:01.86)	2/10/23	0.4	0.27	0.67
▶ HJ	23		Josie GARRETT	1.63m	5-4¼	12/3/22	1.25		1.25
▶ PV	28	AIA	Kennedy STANLEY	3.42m	11-2½	2/10/23	0.35		0.35
▶ SP	3	A:N	Allison SKALA	14.32m	46-11¾	2/10/23	16	2.57	18.57
▶ SP	9	A:N	Alivia BAUCOM	13.89m	45-7	2/3/23	10	0.47	10.47
▶ WT	9	A:N	Macy FULLER	16.86m	55-3¾	2/10/23	10	0.75	10.75
▶ PENT	3	A:N	Lindsay ADAMS	3.508c	(3.486)	2/2/23	16	2.00	18.00

DOANE (NEB.) TFRI Team Total 91.69

13

Siena Heights (Mich.)

WHAC



1

LW: 14

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
► 60H	17	A:N	Faith JACKSON		8.79	1/28/23	3.5	0.44	3.94	
► HJ	4	A:N	Emma VALENTINE		1.67m	5-5¾	1/28/23	15	1.65	16.65
► HJ	12	A:IA	Morgan LUTTON		1.64m	5-4½	2/10/23	7		7.00
► PV	2	A:N	Tyler FUGATE		3.98m	13-¾	1/20/23	18	3.72	21.72
► PV	6	A:N	Margherita CONRAD		3.82m	12-6¼	2/10/23	13	1.61	14.61
► PV	9	A:N	Chasity MIES		3.68m	12-¾	1/28/23	10	0.17	10.17
► PV	9	A:N	Samantha NOWELL		3.68m	12-¾	1/28/23	10	0.17	10.17
► PV	12	A:N	Erica ALBRECHT		3.62m	11-10½	1/20/23	7		7.00
► PV	34		Abigail STAUBER		3.38m	11-1	1/28/23	0.05		0.05

SIENA HEIGHTS (MICH.) TFR1 Team Total	91.31
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14

Aquinas (Mich.)

WHAC



11

LW: 25

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	6	A:N	Maggie WHITNEY		2:14.80	2/10/23	13	0.84	13.84
▶ 800m	20		Hannah ADLER		2:18.36c (2:19.95)	2/3/23	2	0.24	2.24
▶ 1000m	8	A:N	Hannah ADLER		2:58.87c (3:00.82)	1/20/23	11	0.74	11.74
▶ 1000m	21		Maggie WHITNEY		3:02.32c (3:04.31)	2/3/23	1.75	0.23	1.98
▶ Mile	12	A:N	Hannah ADLER		5:02.66	1/14/23	D 7	0.39	2.39
▶ 3000m	9	A:N	Hannah ADLER		9:56.02	1/27/23	D 10	0.85	2.85
▶ 5000m	3	A:N	Hannah ADLER		17:05.40	2/10/23	16	1.81	17.81
▶ 4x800	6	A:N	Kaitlyn THOMAS, Hannah ADLER, Lauren WOOER, Maggie WHITNEY		9:35.96c (9:42.60)	2/3/23	10	1.32	11.32
▶ DMR	4	A:N	Maggie WHITNEY, Ronnie MCMILLAN, Lauren WOOER, Hannah ADLER		12:04.33	2/11/23	14	1.69	15.69
▶ HJ	29		Kaylee DIAMOND		1.61m 5-3¼	1/27/23	0.3		0.30
▶ PV	25	A:IA	Shaily BAYNES		3.43m 11-3	1/27/23	0.5		0.50
▶ LJ	22	A:IA	Anastatia BEACH		5.54m 18-2¼	1/20/23	1.5	0.29	1.79

AQUINAS (MICH.) TFR1 Team Total	82.46
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USTFCCCA NAIA Indoor Track & Field

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as of 2/13/23 11:05 AM ET

Only those who score >0.01 pts are shown

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WOMEN — 2023 Week #4, February 15

15

Marian (Ind.)

Crossroads

▼ 3

LW: 12

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 60m	26	AIA	Giorgia MAMELI		7.73	2/4/23	0.45	0.18	0.63	
▶ 60H	19	A:N	Erin OLESAK		8.87	1/20/23	D 2.5	0.28	2.28	
▶ 200m	23	AIA	Giorgia MAMELI		25.17	2/10/23	1.25		1.25	
▶ 600m	28		Taylor THOMAS		1:37.90	2/10/23	0.35	0.08	0.43	
▶ 4x400	12	AIA	Hanna REUTER, Giorgia MAMELI, Makayla MELVIN, Taylor THOMAS		3:56.87	2/10/23	4	0.52	4.52	
▶ HJ	8	AIA	Erin OLESAK		1.66m	5-5¼	1/14/23	11	1.03	12.03
▶ HJ	25		Gina BUTZ		1.62m	5-3¾	2/11/23	0.5		0.50
▶ LJ	10	A:N	Jai-Lyn NORWOOD		5.65m	18-6½	1/20/23	9	0.72	9.72
▶ LJ	24	AIA	Erin OLESAK		5.52m	18-1½	1/20/23	1	0.21	1.21
▶ TJ	8	A:N	Jai-Lyn NORWOOD		11.85m	38-10½	2/4/23	11	0.91	11.91
▶ TJ	31	AIA	Shirmara ANDERSON		11.25m	36-11	2/11/23	0.2		0.20
▶ SP	11	A:N	Arriana BENJAMIN		13.75m	45-1½	1/20/23	8		8.00
▶ WT	4	A:N	Arriana BENJAMIN		17.31m	56-9½	2/4/23	15	1.48	16.48
▶ WT	35		Keeley HUGHES		15.62m	51-3	12/10/22	0.02		0.02
▶ PENT	7	A:N	Erin OLESAK		3.387	2/3/23	12	0.68	12.68	

MARIAN (IND.) TFRI Team Total 81.86

16

Dordt (Iowa)

GPAC

▲ 8

LW: 24

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 600m	12	A:N	Emilee HEYNEN		1:36.12c (1:37.29)	12/9/22	7	0.43	7.43
▶ 600m	15	AIA	Mika KOOISTRA		1:36.68	2/10/23	4.5	0.32	4.82
▶ 600m	16	AIA	Shelby BUWALDA		1:36.69	2/10/23	4	0.31	4.31
▶ 800m	13	AIA	Emilee HEYNEN		2:17.01	2/10/23	6	0.39	6.39
▶ 800m	22		Mika KOOISTRA		2:19.01	1/21/23	1.5	0.18	1.68
▶ Mile	31	AIA	Jessica KAMPAN		5:08.22	2/10/23	0.2	0.07	0.27
▶ 3000m	5	A:N	Jessica KAMPAN		9:54.47	1/21/23	14	0.95	14.95
▶ 3000m	35	A:N	Kristine HONOMICHL		10:19.28	12/2/22	0.02		0.02
▶ 5000m	6	A:N	Jessica KAMPAN		17:18.91	2/3/23	13	1.15	14.15
▶ 4x400	9	A:N	Anmarie STUIT, Shelby BUWALDA, Mika KOOISTRA, Emilee HEYNEN		3:54.99	2/10/23	7	0.96	7.96
▶ 4x800	3	A:N	Shelby BUWALDA, Anmarie STUIT, Bethany TEN HAKEN, Emilee HEYNEN		9:34.23	2/10/23	16	1.52	17.52

DORDT (IOWA) TFRI Team Total 79.49

17

Taylor (Ind.)

Crossroads

▼ 4

LW: 13

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60m	24	AIA	Patience SAKEUH		7.72	2/4/23	1	0.21	1.21
▶ 60H	11	A:N	Patience SAKEUH		8.73	1/20/23	8	0.61	8.61
▶ 60H	29	A:N	Audrey ALTUM		8.98	2/4/23	0.3	0.07	0.37
▶ 60H	30	AIA	Kiana SIEFERT		8.99	1/20/23	0.25	0.06	0.31
▶ 200m	29	AIA	Patience SAKEUH		25.26c (25.65)	2/4/23	0.3		0.30
▶ Mile	9	A:N	Noel VANDERWALL		4:59.93c (5:02.89)	1/20/23	10	0.68	10.68
▶ 3000m	4	A:N	Noel VANDERWALL		9:51.96c (9:57.03)	2/4/23	15	1.18	16.18
▶ 3000m	15	A:N	Ahna VANDERWALL		10:04.05 (10:09.22)	2/4/23	4.5	0.42	4.92
▶ 3000m	31	A:N	Audrey BRINKRUFF		10:15.27 (10:20.54)	1/20/23	0.2	0.07	0.27
▶ 3000m	34	A:N	Mollie GAMBLE		10:17.26 (10:22.55)	1/20/23	0.05	0.01	0.06
▶ 5000m	5	A:N	Ahna VANDERWALL		17:18.13 (17:26.08)	1/28/23	14	1.18	15.18
▶ 5000m	14	A:N	Audrey BRINKRUFF		17:36.61 (17:44.70)	1/28/23	5	0.54	5.54
▶ 5000m	23	A:N	Mollie GAMBLE		17:54.93 (18:03.16)	1/28/23	1.25	0.21	1.46
▶ LJ	6	A:N	Patience SAKEUH		5.72m 18-9¼	1/28/23	13	0.99	13.99

TAYLOR (IND.) TFRI Team Total 79.09



USTFCCCA NAIA Indoor Track & Field

National TFRI Team Summary

as of 2/13/23 11:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, February 15

18

Lewis-Clark State (Idaho)

Indep.



8

LW: 26

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	9	A:N	Madigan KELLY		8.68	2/10/23	10	0.81	10.81
▶ 60H	35	A:IA	Sara HATHAWAY		9.05	1/20/23	0.02		0.02
▶ 200m	25	A:IA	Anika GROGAN		25.22	2/10/23	0.5		0.50
▶ 400m	18	A:IA	Emily COLLINS		57.82	2/10/23	3	0.29	3.29
▶ 400m	24	A:IA	Anika GROGAN		58.15	1/13/23	1	0.19	1.19
▶ 800m	12	A:IA	Geraldin CORREA		2:16.90	1/28/23	7	0.40	7.40
▶ 4x400	13	A:IA	Anika GROGAN, Sara HATHAWAY, Jennah CARPENTER, Emily COLLINS		3:57.51	2/10/23	3	0.41	3.41
▶ DMR	13	A:N	Grace TIEGS, Emily COLLINS, Geraldin CORREA, Brooklyn SHELL		12:22.61	2/10/23	3	0.43	3.43
▶ HJ	2	A:N	Jennah CARPENTER		1.70m	5-7 2/10/23	18	3.51	21.51
▶ PV	35		Cynthia SMITH		3.37m	11-¾ 2/10/23	0.02		0.02
▶ TJ	11	A:N	Sydney ZYWINA		11.63m	38-2 2/4/23	8	0.45	8.45
▶ PENT	8	A:N	Jennah CARPENTER		3,340	2/10/23	11	0.28	11.28
▶ PENT	15	A:N	Sara HATHAWAY		3,100	2/10/23	4.5		4.50

LEWIS-CLARK STATE (IDAHO) TFRI Team Total 75.81

19

Columbia (S.C.)

AAC



2

LW: 17

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ RW3000	1	A:N	Izabelle TREFTS		14:07.00	1/28/23	20	3.21	23.21
▶ RW3000	3	A:N	Victoria HEISER-WHATLEY		15:39.46	1/22/23	16	1.64	17.64
▶ RW3000	4	A:N	Ainhoa COLINO		15:40.08	1/22/23	15	1.63	16.63
▶ RW3000	5	A:N	Jessica HEISER-WHATLEY		15:50.50	1/28/23	14	1.48	15.48
▶ RW3000	25		Ariana PRATT		20:18.94	12/3/22	0.5		0.50
▶ RW3000	29		Gabrielle HUGGINS		20:27.01	1/28/23	0.3		0.30

COLUMBIA (S.C.) TFRI Team Total 73.75

20

St. Francis (Ill.)

Chicagoland



3

LW: 23

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 200m	31	A:IA	Mara BRUNO		25.31c (25.70)	1/20/23	0.2		0.20
▶ 400m	27	A:IA	Mara BRUNO		58.24c (59.01)	1/27/23	0.4	0.16	0.56
▶ 800m	15	A:IA	Ana PINEDA		2:17.41c (2:18.99)	1/27/23	D 4.5	0.34	2.34
▶ 1000m	12	A:IA	Ana PINEDA		3:00.42c (3:02.39)	1/14/23	D 7	0.44	2.44
▶ Mile	7	A:N	Ana PINEDA		4:59.29	2/10/23	12	0.76	12.76
▶ Mile	16	A:N	Allison RAMSEY		5:04.50	2/10/23	4	0.28	4.28
▶ 3000m	22	A:N	Katherine BAKKEN		10:11.11	12/2/22	1.5	0.20	1.70
▶ 3000m	23	A:N	Ana PINEDA		10:11.20	12/2/22	1.25	0.20	1.45
▶ 3000m	32	A:N	Bailey WILK		10:16.11 (10:21.39)	2/4/23	0.15	0.05	0.20
▶ 5000m	4	A:N	Katherine BAKKEN		17:17.20	12/9/22	15	1.21	16.21
▶ 5000m	11	A:N	Ana PINEDA		17:28.75	12/9/22	8	0.81	8.81
▶ 5000m	17	A:N	Allison RAMSEY		17:44.89	12/9/22	3.5	0.38	3.88
▶ 5000m	19	A:N	Bailey WILK		17:47.97	12/9/22	2.5	0.33	2.83
▶ 5000m	30	A:N	Olivia BUKOWSKI		18:06.52	12/9/22	0.25	0.02	0.27
▶ 5000m	31	A:N	Alexia BIBAKIS		18:06.96	12/9/22	0.2	0.01	0.21
▶ DMR	7	A:N	Allison RAMSEY, Mara BRUNO, Bailey WILK, Ana PINEDA		12:11.65	2/11/23	9	1.11	10.11

ST. FRANCIS (ILL.) TFRI Team Total 68.25



USTFCCCA NAIA Indoor Track & Field

National TFRI Team Summary

as of 2/13/23 11:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, February 15

21

Grace (Ind.)
Crossroads

▲ 1

LW: 22

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
800m	9	A:N	Kylie SAUDER		2:15.69c (2:17.25)	2/10/23	10	0.65	10.65
800m	25		Anna HULSTEDT		2:19.45	1/27/23	0.5	0.13	0.63
800m	28		Heather PLASTOW		2:20.01	1/27/23	0.35	0.07	0.42
800m	31		Tara FRIESEN		2:20.04	12/9/22	0.2	0.07	0.27
1000m	10	A:N	Kylie SAUDER		2:59.36c (3:01.31)	1/20/23	9	0.64	9.64
1000m	16	AIA	Heather PLASTOW		3:01.22c (3:03.19)	2/4/23	4	0.34	4.34
1000m	32		Anna HULSTEDT		3:04.79c (3:06.80)	2/4/23	0.15	0.00	0.15
Mile	13	A:N	Heather PLASTOW		5:02.67c (5:05.66)	2/10/23	6	0.39	6.39
Mile	18	A:N	Kylie SAUDER		5:04.91	12/2/22	D 3	0.26	2.26
5000m	26	A:N	Heather PLASTOW		18:03.29	12/9/22	0.45	0.07	0.52
5000m	27	A:N	Carmen TRIER		18:04.22 (18:12.52)	2/10/23	0.4	0.06	0.46
4x800	1	A:N	Heather PLASTOW, Tara FRIESEN, Anna HULSTEDT, Kylie SAUDER		9:22.50c (9:28.98)	2/4/23	20	2.89	22.89
DMR	9	A:N	Anna HULSTEDT, Olivia ADKINS, Heather PLASTOW, Kylie SAUDER		12:14.55 (12:22.42)	2/10/23	7	0.90	7.90

GRACE (IND.) TFRI Team Total 66.52

22

Cumberland (Tenn.)
Mid-South

▼ 2

LW: 20

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
60m	4	A:N	Praise IDAMADUDU		7.52	1/21/23	D 15	1.28	3.28
60m	15	A:N	Alana MACK		7.64	1/21/23	4.5	0.49	4.99
200m	1	A:N	Praise IDAMADUDU		24.10	2/5/23	20	4.73	24.73
400m	3	A:N	Praise IDAMADUDU		55.38	2/5/23	16	1.93	17.93
TJ	6	A:N	Alana MACK		11.92m 39-1¼	1/21/23	13	1.09	14.09
SP	25	AIA	Daveina WATSON		13.08m 42-11	1/21/23	0.5		0.50

CUMBERLAND (TENN.) TFRI Team Total 65.52

23

Saint Mary (Kan.)
KCAC

▼ 8

LW: 15

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
60m	38		Gretchen RANEY		7.78	2/10/23	0.05		0.05
800m	14	AIA	Maddy WALTER-SHERRETTS		2:17.23	2/3/23	5	0.36	5.36
1000m	9	A:N	Alyssa ARMENDARIZ		2:59.15	12/3/22	10	0.68	10.68
1000m	15	AIA	Carlie GREGG		3:00.98	12/3/22	4.5	0.36	4.86
1000m	17	AIA	Maddy WALTER-SHERRETTS		3:01.54c (3:03.52)	2/10/23	3.5	0.31	3.81
1000m	17	AIA	Riley HIEBERT		3:01.54	12/3/22	3.5	0.31	3.81
Mile	10	A:N	Alyssa ARMENDARIZ		5:01.21c (5:04.19)	1/14/23	D 9	0.54	2.54
Mile	17	A:N	Riley HIEBERT		5:04.66c (5:07.67)	2/10/23	D 3.5	0.27	2.27
Mile	32	AIA	Maddy WALTER-SHERRETTS		5:09.10	1/21/23	0.15	0.02	0.17
3000m	14	A:N	Alyssa ARMENDARIZ		10:02.96	2/3/23	D 5	0.45	2.45
3000m	26	A:N	Riley HIEBERT		10:11.77	1/21/23	0.45	0.18	0.63
3000m	28	A:N	Reagan HIEBERT		10:13.51	2/3/23	0.35	0.13	0.48
5000m	8	A:N	Alyssa ARMENDARIZ		17:27.12	1/21/23	11	0.87	11.87
5000m	16	A:N	Riley HIEBERT		17:43.00	12/3/22	4	0.41	4.41
5000m	20	A:N	Reagan HIEBERT		17:48.31	1/21/23	2	0.32	2.32
5000m	33	AIA	Kate MADSEN		18:10.60 (18:18.95)	2/10/23	0.1		0.10
4x800	19		Riley FISHER, Carlie GREGG, Emilia DIAZ, Maddy WALTER-SHERRETT		9:55.48c (10:02.34)	2/10/23	0.2	0.21	0.41
DMR	10	A:N	Maddy WALTER-SHERRETT, Lexi WARDLOW, Carlie GREGG, Riley HIEBERT		12:16.09	2/3/23	6	0.79	6.79

SAINT MARY (KAN.) TFRI Team Total 63.00



USTFCCCA NAIA Indoor Track & Field

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Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, February 15

24

Eastern Oregon

Indep.



3

LW: 21

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60H	28	A:N	Morgan BAYES		8.96	2/4/23	0.35	0.11	0.46
▶ 600m	8	A:N	Michelle HERBES		1:34.93	1/20/23	11	0.86	11.86
▶ 600m	24	AIA	Lauryn MITCHELL		1:37.32	12/10/22	1	0.19	1.19
▶ 600m	35		Morgan BAYES		1:38.84	1/20/23	0.02		0.02
▶ 800m	21		Lauryn MITCHELL		2:18.52	2/10/23	1.75	0.23	1.98
▶ 1000m	4	A:N	Michelle HERBES		2:56.45	1/20/23	15	1.38	16.38
▶ 1000m	33		Katie Jo GEBHARDT		3:04.87c (3:07.68)	2/4/23	0.1		0.10
▶ Mile	14	A:N	Michelle HERBES		5:03.46	1/28/23	D 5	0.34	2.34
▶ DMR	17	AIA	Madelyn NICHOLS, Morgan BAYES, Katie Jo GEBHARDT, Michelle HERBES		12:25.37	2/10/23	0.6	0.33	0.93
▶ HJ	12	AIA	Lizzy GRANDLE		1.64m 5-4½	2/10/23	7		7.00
▶ SP	15	AIA	Maggie LEDBETTER		13.44m 44-1¼	2/10/23	4.5		4.50
▶ WT	15	A:N	Kenna WOODWARD		16.63m 54-6¾	1/28/23	4.5	0.58	5.08
▶ WT	18	AIA	Maggie LEDBETTER		16.44m 53-11¼	1/28/23	3	0.44	3.44
▶ PENT	14	A:N	Lizzy GRANDLE		3,165	2/10/23	5		5.00
▶ PENT	21	A:N	Karli BEDARD		3,002	1/20/23	1.75		1.75

EASTERN OREGON TFRI Team Total 62.03

25

MidAmerica Nazarene (Kan.)

The Heart



9

LW: 16

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 60m	22	AIA	Nikiwe MONGWE		7.69	1/28/23	1.5	0.29	1.79	
▶ 200m	2	A:N	Nikiwe MONGWE		24.18	2/2/23	18	4.16	22.16	
▶ 600m	22	AIA	Magdalena BURDOVA		1:37.19	1/28/23	1.5	0.22	1.72	
▶ 4x400	10	A:N	Janiah NICHOLSON, Maya EIDMAN, Nikiwe MONGWE, Daizy SOLIR		3:55.51	2/2/23	6	0.83	6.83	
▶ 4x800	12	AIA	Shelby DUNCAN, Abigail ALRED, Maya EIDMAN, Magdalena BURDOVA		9:41.24	2/2/23	4	0.77	4.77	
▶ HJ	29		Carly LINDENMEYER		1.61m	5-3¼	12/9/22	0.3	0.30	
▶ LJ	33		Carly LINDENMEYER		5.49m	18-¼	12/9/22	0.1	0.10	0.20
▶ SP	21	AIA	Victoria LOTZ		13.20m	43-3¾	12/9/22	1.75	1.75	
▶ WT	29		Victoria LOTZ		15.78m	51-9¼	1/21/23	0.3	0.30	
▶ PENT	9	A:N	Carly LINDENMEYER		3,297	12/9/22	10		10.00	
▶ PENT	13	A:N	Jocelyn JENKINS		3,170	12/9/22	6		6.00	
▶ PENT	22	A:N	Magdalena BURDOVA		2,996	2/2/23	1.5		1.50	

MIDAMERICA NAZARENE (KAN.) TFRI Team Total 57.31

26

Vanguard (Calif.)

Indep.



5

LW: 31

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 200m	17	A:N	Eryn BURKE		25.04	#Error	2/10/23	D 3.5	2.00
▶ 400m	2	A:N	Eryn BURKE		55.26	1/27/23	18	2.05	20.05
▶ 600m	3	A:N	Eryn BURKE		1:33.57	2/3/23	16	1.61	17.61
▶ 4x400	6	A:N	Nohemi ANDERSON, Eryn BURKE, Jordyn BURKE, Elizabeth BETTEN		3:53.93	1/27/23	10	1.20	11.20
▶ 4x800	14		Kate BARANSKI, Jessina MORALES, India MOORS, Penelopi LEACH		9:44.44	2/3/23	2	0.62	2.62
▶ WT	31		Jaelah BUTLER		15.71m	51-6½	2/10/23	0.2	0.20
▶ PENT	28		Penelopi LEACH		2,883	1/27/23	0.35		0.35

VANGUARD (CALIF.) TFRI Team Total 54.03

National TFRI Team Summary

as of 2/13/23 11:05 AM ET

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WOMEN — 2023 Week #4, February 15

27

Benedictine (Kan.)

The Heart



8

LW: 19

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 400m	16	A: N	Alison AMBUUL		57.43	1/28/23	4	0.42	4.42
▶ 600m	6	A: N	Alison AMBUUL		1:34.50	12/9/22	13	1.04	14.04
▶ 600m	17	A: A	Caroline COBO		1:36.82c (1:38.00)	1/27/23	3.5	0.29	3.79
▶ 800m	10	A: A	Caroline COBO		2:16.52c (2:18.09)	2/3/23	9	0.48	9.48
▶ 1000m	34		Gemma DOWNEY		3:05.50	2/2/23	0.05		0.05
▶ 4x800	17		Caroline COBO, Tatiana SMITH, Emilie NELSON, Catherine STARRS		9:50.37c (9:57.17)	2/3/23	0.6	0.39	0.99
▶ WT	2	A: N	Madison SUTTON		17.44m 57-2¾	12/3/22	18	1.75	19.75

BENEDICTINE (KAN.) TFRI Team Total 52.52

28

Tennessee Wesleyan

AAC



5

LW: 33

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 60H	24	A:N	Paige MANNEY		8.93		2/11/23	1 0.17	1.17
► HJ	2	A:N	Paige MANNEY		1.70m	5-7	11/29/22	18 3.51	21.51
► LJ	13	A:N	Paige MANNEY		5.62m	18-5%	1/28/23	D 6 0.60	2.60
► LJ	30	A:IA	Aniecia GOSS		5.50m	#Error	11/29/22	0.25 0.14	0.39
► TJ	4	A:N	Paige MANNEY		12.31m	40-4%	2/11/23	15 2.27	17.27
► TJ	23	A:N	Aniecia GOSS		11.42m	37-5%	2/11/23	1.25 0.17	1.42

TENNESSEE WESLEYAN TFR1 Team Total 44.36

29

Iowa Wesleyan

North Star



24

LW: 53

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► RW3000	2	A:N	Faith YOUNCE		15:32.82	2/10/23	18	1.74	19.74
► RW3000	7	A:N	Allison MORRIS		16:29.15	2/10/23	12	1.09	13.09
► RW3000	17		Lilly GARNSEY		18:23.32	1/21/23	3.5	0.44	3.94
► SP	13	A:N	Brianna HUNTER		13.66m	44-9¼ 2/10/23	6		6.00

IOWA WESLEYAN TFR1 Team Total	42.77
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30

Southeastern (Fla.)

Sun Conference



2

LW: 28

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60m	10	A:N	Irmiris MENDEZ	7.60	#Error	12/10/22	9	0.71	9.71
▶ 60m	36	A:A	Oluwafikayomi LAWRENCE	7.76		2/6/23		0.10	0.10
▶ 60H	21	A:N	Irmiris MENDEZ	8.89	#Error	12/10/22	1.75	0.25	2.00
▶ 60H	25	A:N	Tenae GRIGSBY	8.94		2/6/23	0.5	0.15	0.65
▶ 60H	32	A:A	Amaya KIER	9.01	#Error	12/10/22	0.15	0.02	0.17
▶ 200m	26	A:A	Oluwafikayomi LAWRENCE	25.23		2/6/23	0.45		0.45
▶ 400m	13	A:N	Namiah SIMPSON	57.25		2/6/23	6	0.48	6.48
▶ 400m	32	A:A	Oluwafikayomi LAWRENCE	58.53		2/6/23	0.15	0.07	0.22
▶ Mile	30	A:A	Julia ROHM	5:08.21		12/2/22	0.25	0.07	0.32
▶ 3000m	27	A:N	Julia ROHM	10:13.41		12/2/22	0.4	0.13	0.53
▶ 5000m	13	A:N	Julia ROHM	17:36.56		1/19/23	6	0.54	6.54
▶ 4x400	7	A:N	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	3:53.95		1/19/23	9	1.20	10.20
▶ 4x800	18		Jillian BLASER, Kaitlyn VORKAPICH, Natalie ROHM, Julia ROHM	9:55.19		2/6/23	0.4	0.22	0.62
▶ TJ	18	A:N	Miyah FORD	11.49m	37-8½"	1/13/23	3	0.26	3.26

SOUTHEASTERN (FLA.) TFR1 Team Total	41.25
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31

Indiana Wesleyan

Crossroads



2

LW: 29

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 60m	38		Ally HAWK		7.78	1/21/23		0.05	0.05
▶ Mile	27	AIA	Addi DEWEY		5:07.85c (5:10.89)	1/21/23	0.4	0.09	0.49
▶ 3000m	18	A:N	Addi DEWEY		10:05.24	1/27/23	3	0.38	3.38
▶ 3000m	21	A:N	Elizabeth BARRETT		10:10.24	2/10/23	1.75	0.23	1.98
▶ 5000m	15	A:N	Addi DEWEY		17:37.47	2/10/23	4.5	0.51	5.01
▶ DMR	12	A:N	Elizabeth BARRETT, Karis HUNTER, Morgan FARR, Addi DEWEY		12:22.45 (12:30.40)	2/4/23	4	0.44	4.44
▶ HJ	4	A:N	Abi HUME		1.67m 5-5¾	2/4/23	15	1.65	16.65
▶ TJ	20	A:N	Blessing LAUDERMILCH		11.48m 37-8	2/4/23	2	0.25	2.25
▶ SP	16	AIA	Merideth DEVRIES		13.42m 44-½	1/27/23	4		4.00

INDIANA WESLEYAN TFRI Team Total	38.25
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USTFCCCA NAIA Indoor Track & Field

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WOMEN — 2023 Week #4, February 15

32

Cumberlands (Ky.)

Mid-South



5

LW: 27

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
800m	16	AIA	Emily BIRD		2:17.48	1/13/23	4	0.34	4.34
Mile	24	AIA	Elizabeth LUCASON		5:06.45	1/20/23	1	0.17	1.17
3000m	33	A:N	Elizabeth LUCASON		10:16.94	1/20/23	0.1	0.02	0.12
RW3000	8	AIA	Jenna GROGAN		16:43.97	1/28/23	11	0.95	11.95
RW3000	14		Tara TODD		17:52.31	1/28/23	5	0.58	5.58
RW3000	33		Isabelle BLATZ		21:12.95	1/28/23	0.1		0.10
4x800	8	A:N	Emily BIRD, Lauren SANDERSON, Ashley TERRY, Ashlyn LIDDLE		9:36.28c (9:42.92)	1/22/23	8	1.28	9.28
DMR	19	AIA	Ashlyn LIDDLE, Ashley TERRY, Emily BIRD, Lauren SANDERSON		12:28.71	1/20/23	0.2	0.21	0.41
TJ	15	A:N	Jullia MORRIS		11.56m 37-11¼	2/10/23	4.5	0.36	4.86

CUMBERLANDS (KY.) TFRI Team Total 37.81

33

Madonna (Mich.)

WHAC



1

LW: 32

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
60m	29	AIA	Anaiya JONES		7.74	2/4/23	0.3	0.15	0.45
200m	19	A:N	Charity JONES		25.08	1/27/23	2.5		2.50
400m	6	A:N	Charity JONES		56.65	2/10/23	13	0.88	13.88
400m	14	A:N	Jayla BROWN		57.26	2/10/23	5	0.48	5.48
400m	31	AIA	Nia WOOD		58.46	1/27/23	0.2	0.09	0.29
600m	23	AIA	Jessica PHILLIPS		1:37.21	2/10/23	1.25	0.21	1.46
800m	19	AIA	Jessica PHILLIPS		2:17.77	1/27/23	2.5	0.31	2.81
4x400	11	A:N	Diamond CARNEVA, Jessica PHILLIPS, Nia WOOD, Charity JONES		3:55.83	12/9/22	5	0.76	5.76
WT	17	A:N	Emilee KESSLER		16.51m 54-2	1/13/23	3.5	0.49	3.99

MADONNA (MICH.) TFRI Team Total 36.61

34

Campbellsville (Ky.)

Mid-South

unch

LW: 34

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
60m	17	A:N	Alexia BOYD		7.65	2/10/23	3.5	0.44	3.94
60m	29	AIA	Jamila GARBA		7.74	2/10/23	0.3	0.15	0.45
200m	15	A:N	Alexia SCHOFIELD		24.98	12/3/22	D	4.5	2.00
200m	22	A:N	Jamila GARBA		25.16c (25.55)	1/27/23	1.5		1.50
200m	35	AIA	Alexia BOYD		25.34c (25.73)	2/10/23	0.02		0.02
5000m	29	A:N	Emma STEFF		18:06.16 (18:14.47)	2/10/23	0.3	0.03	0.33
RW3000	27		Anna-Claire CARWILE		20:25.22	1/21/23	0.4		0.40
RW3000	28		Taylor MORGAN		20:26.88	1/21/23	0.35		0.35
RW3000	31		Madison WELCH		20:37.00	1/21/23	0.2		0.20
LJ	9	A:N	Alexia SCHOFIELD		5.66m 18-7	2/10/23	10	0.76	10.76
LJ	27	AIA	Alexia BOYD		5.51m 18-1	1/21/23	0.4	0.18	0.58
TJ	5	A:N	Alexia SCHOFIELD		11.94m 39-2¼	12/3/22	14	1.14	15.14
TJ	30	AIA	Alexia BOYD		11.30m 37-1	1/27/23	0.25	0.01	0.26
WT	28		Ricquel WILLIAMS		15.79m 51-9¾	2/10/23	0.35		0.35

CAMPBELLVILLE (KY.) TFRI Team Total 36.27

35

The Master's (Calif.)

Indep.



14

LW: 49

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
800m	28		Rebekah NIEDNAGEL		2:20.01	1/28/23	0.35	0.07	0.42
3000m	24	A:N	Hannah FREDERICKS		10:11.49	1/28/23	1	0.19	1.19
3000m	25	A:N	Autumn NOOTBAAR		10:11.58	2/10/23	0.5	0.19	0.69
3000m	30	A:N	Ellen PALMGREN		10:14.76	1/28/23	0.25	0.09	0.34
RW3000	32		Allie METHUM		20:46.77	2/10/23	0.15		0.15
4x800	2	A:N	Ellen PALMGREN, Suzie JOHNSON, Rebekah NIEDNAGEL, Hannah FREDERICKS		9:30.78	2/10/23	18	1.92	19.92
DMR	5	A:N	Ellen PALMGREN, Micaiah SCOTT, Emma NELSON, Hannah FREDERICKS		12:05.97	1/28/23	12	1.53	13.53

THE MASTER'S (CALIF.) TFRI Team Total 36.23



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Only those who score >0.01 pts are shown

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WOMEN — 2023 Week #4, February 15

36

College of Idaho

Indep.

▲ 23

LW: 59

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► Mile	5	A:N	Sage MARTIN		4:57.80c (5:03.58A)	1/28/23	14	0.93	14.93
► Mile	21	A:IA	Abbey SHIRTS		5:06.04c (5:11.98A)	1/28/23	1.75	0.19	1.94
► 3000m	12	A:N	Sage MARTIN		9:59.96	2/10/23	7	0.60	7.60
► 3000m	29	A:N	Ellyse TINGELSTAD		10:13.58	2/10/23	0.3	0.12	0.42
► DMR	6	A:N	Abbey SHIRTS, Zoe BUTLER, Larissa MAUER, Sage MARTIN		12:09.43	2/10/23	10	1.27	11.27

COLLEGE OF IDAHO TFRI Team Total 36.18

37

Dillard (La.)

Indep.

▲ 6

LW: 43

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 60m	15	A:N	Kevell BYRD		7.64 #Error	2/10/23	D 4.5	0.49	2.49
► 60m	29	A:IA	Ta'nyia FLOWERS		7.74 #Error	2/10/23	0.3	0.15	0.45
► 60H	16	A:N	Tashina BEYIOKU-ALASE		8.78 #Error	2/10/23	4	0.46	4.46
► 60H	25	A:N	Daila YOUNG		8.94 #Error	2/10/23	0.5	0.15	0.65
► 200m	10	A:N	Kevell BYRD		24.77 #Error	1/13/23	9	0.67	9.67
► 400m	10	A:N	Kevell BYRD		56.99	1/21/23	9	0.65	9.65
► 4x400	19	A:IA	Ta'nijal MATTHEWS, Anginique ANDREWS, Kevell BYRD, Ta'nyia FLOWERS		3:59.05	2/10/23	0.2	0.23	0.43
► HJ	12	A:IA	Tashina BEYIOKU-ALASE		1.64m 5-4½	2/10/23	7		7.00
► LJ	27	A:IA	Rachel ROWE		5.51m #Error	1/13/23	0.4	0.18	0.58
► TJ	25	A:IA	Rachel ROWE		11.35m #Error	2/10/23	0.5	0.07	0.57

DILLARD (LA.) TFRI Team Total 35.96

38

St. Ambrose (Iowa)

Chicagoland

▲ 3

LW: 41

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 400m	22	A:IA	Gabbi BUTLER		58.01c (58.78)	1/27/23	1.5	0.23	1.73
► 600m	34		Megan JANSETT		1:38.59c (1:39.79)	1/14/23	0.05		0.05
► 4x400	16	A:IA	Megan JANSETT, Megan BECKER, Katie LAMBRECHT, Gabbi BUTLER		3:58.13	2/2/23	0.8	0.34	1.14
► PV	15	A:N	Ryleigh WARDEN		3.52m 11-6½	1/27/23	4.5		4.50
► LJ	30	A:IA	Lexie JOHNSON		5.50m 18-½	1/21/23	0.25	0.14	0.39
► SP	2	A:N	Annah MILLER		14.34m 47-¾	2/10/23	18	2.71	20.71
► PENT	12	A:N	Katie LAMBRECHT		3,173c (3,151)	1/27/23	7		7.00

ST. AMBROSE (IOWA) TFRI Team Total 35.52

39

Rocky Mountain (Mont.)

Indep.

unch

LW: 39

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 800m	7	A:N	Sydney LITTLE LIGHT		2:14.96	1/28/23	12	0.81	12.81
► Mile	4	A:N	Sydney LITTLE LIGHT		4:56.77c (5:06.31A)	1/20/23	15	1.05	16.05
► 3000m	20	A:N	Sydney LITTLE LIGHT		10:07.80	1/28/23	2	0.30	2.30
► DMR	15	A:N	Jayden WOODLAND, Kellan WAHL, Kallyn WILKINS, Sydney LITTLE LIGHT		12:24.09	2/10/23	1	0.38	1.38

ROCKY MOUNTAIN (MONT.) TFRI Team Total 32.54

40

Mount Mercy (Iowa)

The Heart

▼ 5

LW: 35

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► RW3000	16		Abby HILL		17:59.17	1/27/23	4	0.55	4.55
► LJ	4	A:N	Brooklyn JOHNSON		5.78m 18-11¾	12/9/22	15	1.22	16.22
► SP	10	A:N	Bre NAIL		13.79m 45-3	12/9/22	9	0.11	9.11
► WT	32		Cristina VILLALOBOS		15.70m 51-6¼	1/27/23	0.15		0.15

MOUNT MERCY (IOWA) TFRI Team Total 30.03



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WOMEN — 2023 Week #4, February 15

52 Montreat (N.C.)
AAC▼ 15
LW: 37

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 1000m	7	A:N	Dylan GARCIA		2:57.97c (2:59.91)	2/3/23	12	0.94	12.94
▶ 1000m	22		Kilia HASTY		3:02.57c (3:04.56)	2/3/23	1.5	0.21	1.71
▶ Mile	33	AIA	Dylan GARCIA		5:09.11c (5:12.17)	12/3/22	0.1	0.02	0.12
▶ DMR	14	A:N	Dylan GARCIA, Emily STANDIFER, Kilia HASTY, Jenna MALLORY		12:23.52 (12:31.48)	2/3/23	2	0.40	2.40
▶ TJ	14	A:N	Jessica GAKERI		11.60m 38-¾	1/20/23	5	0.41	5.41

MONTREAT (N.C.) TFRI Team Total 22.58

53 Park (Mo.)
The Heart▼ 5
LW: 48

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 200m	31	AIA	Shelby BIRMINGHAM		25.31	2/2/23	0.2		0.20
▶ 400m	33	AIA	Shelby BIRMINGHAM		58.56	2/2/23	0.1	0.06	0.16
▶ 600m	10	A:N	Jena HAHLBECK		1:35.66	2/2/23	9	0.57	9.57
▶ 800m	8	A:N	Jena HAHLBECK		2:15.52	2/2/23	11	0.69	11.69

PARK (MO.) TFRI Team Total 21.61

54 Goshen (Ind.)
Crossroads▼ 10
LW: 44

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	27		Summer COOPER		2:19.66c (2:21.27)	1/28/23	0.4	0.11	0.51
▶ 1000m	27		Summer COOPER		3:03.33c (3:05.33)	2/4/23	0.4	0.14	0.54
▶ Mile	15	A:N	Summer COOPER		5:03.98c (5:06.98)	1/21/23	4.5	0.31	4.81
▶ 3000m	16	A:N	Summer COOPER		10:04.74	2/11/23	4	0.40	4.40
▶ 4x800	9	A:N	Summer COOPER, Mia WELLINGTON, Britney ORTEGA, Stephany CLAUDIO		9:36.63c (9:43.28)	2/4/23	7	1.24	8.24
▶ HJ	25		Madison AXOM		1.62m 5-3¾	1/28/23	0.5		0.50

GOSHEN (IND.) TFRI Team Total 19.00

55 IU Kokomo (Ind.)
River States▼ 4
LW: 51

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ RW3000	11	AIA	Lanie POCOCK		17:37.04	2/4/23	8	0.65	8.65
▶ RW3000	21		Maddie DOTLICH		19:15.92	2/4/23	1.75	0.23	1.98
▶ RW3000	34		Elizabeth SMITH		21:16.41	2/4/23	0.05		0.05
▶ LJ	16	A:N	Makala PFEFFERKORN		5.60m 18-4½	12/10/22	4	0.52	4.52
▶ TJ	20	A:N	Makala PFEFFERKORN		11.48m 37-8	12/3/22	2	0.25	2.25

IU KOKOMO (IND.) TFRI Team Total 17.45

56 Point Park (Pa.)
River Statesunch
LW: 56

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 3000m	11	A:N	Alyssa CAMPBELL		9:59.94	2/3/23	8	0.60	8.60
▶ DMR	16	A:N	Jana SCHMID, Hannah BOND, Carljin DE BIE, Alyssa CAMPBELL		12:24.99	2/3/23	0.8	0.35	1.15
▶ HJ	12	AIA	Emma PAVELEK		1.64m 5-4½	2/10/23	7		7.00

POINT PARK (PA.) TFRI Team Total 16.75

57 Midway (Ky.)
River States▲ 4
LW: 61

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ PV	5	A:N	Nevaeh BROWN		3.83m 12-6¾	2/3/23	14	1.71	15.71
▶ PV	28	AIA	Makayla BROOKS		3.42m 11-2½	2/11/23	0.35		0.35

MIDWAY (KY.) TFRI Team Total 16.06

58 William Woods (Mo.)
AMC▼ 4
LW: 54

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ SP	7	A:N	Katie FRENCH		13.92m 45-8	1/27/23	12	0.59	12.59
▶ WT	18	AIA	Katie FRENCH		16.44m 53-11¼	2/4/23	3	0.44	3.44

WILLIAM WOODS (MO.) TFRI Team Total 16.02



as of 2/13/23 11:05 AM ET

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59 **Columbia International (S.C.)** **28**
AAC LW: 87

60 Briar Cliff (Iowa) **unch**
GPAC | W: 60

61 **Westmont (Calif.)**  **4**
Indep. LW: 57

62

Trinity Christian (Ill.)
 Chicagoland

▲ 18
 LW: 80

63

Ottawa (Kan.)

KCAC

▲ 16

LW: 79

64 USC Beaufort (S.C.)
Independents LW:

65 **Oklahoma City**  **19**
Indep. LW: 46

66 Multnomah (Ore.)
Indep. LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► TJ	8	A:N	Princess BROWNE		11.85m 38-10½	2/10/23	11	0.91	11.91
MULTNOMAH (ORE.) TFRI Team Total									11.91



USTFCCCA NAIA Indoor Track & Field

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WOMEN — 2023 Week #4, February 15

74

Jamestown (N.D.)

GPAC

▼ 10

LW: 64

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► PENT	10	A:N	Jordynn TOLIVER		3,254c (3,233)	12/9/22	9		9.00
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JAMESTOWN (N.D.) TFRI Team Total 9.00

75

Keiser (Fla.)

Sun Conference

▲ 17

LW: 92

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► 400m	21	AIA	Samaya BATSON-CAURTHENS		57.97	2/6/23	1.75	0.24	1.99
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► HJ	12	AIA	Aiana COLAS		1.64m 5-4½	2/6/23	7		7.00
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KEISER (FLA.) TFRI Team Total 8.99

76

Mount Vernon Nazarene

Crossroads
(Ohio)

▼ 10

LW: 66

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► HJ	25		Lyssi SNOUFFER		1.62m 5-3¾	1/28/23	0.5		0.50
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► PV	11	A:N	Brooke HOLLOWAY		3.63m 11-10¾	12/2/22	8		8.00
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MOUNT VERNON NAZARENE (OHIO) TFRI Team Total 8.50

77

Carroll (Mont.)

Indep.

unch

LW: 77

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► 400m	36		Paige BAXSTRESSER		58.71c (59.37A)	1/20/23	0.01		0.01
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► 800m	17	AIA	Natalie YOCUM		2:17.55c (2:18.20A)	1/28/23	3.5	0.33	3.83
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► 5000m	32	A:N	Regan WORLEY		18:08.72 (18:34.30A)	1/28/23	0.15		0.15
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► 4x800	13		Kyle OLSON, Kate PICANCO, London LAMBRECHT, Natalie YOCUM		9:42.00	2/10/23	3	0.71	3.71
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► DMR	21		Natalie YOCUM, Paige BAXSTRESSER, London LAMBRECHT, Regan WORLEY		12:30.03	2/10/23	0	0.17	0.17
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CARROLL (MONT.) TFRI Team Total 7.87

78

Judson (Ill.)

Chicagoland

▼ 8

LW: 70

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► RW3000	12		Beth RODRIGUEZ		17:48.26	2/4/23	7	0.60	7.60
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JUDSON (ILL.) TFRI Team Total 7.60

79

York (Neb.)

KCAC

▼ 4

LW: 75

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

► 600m	25		Maria GEESAMAN		1:37.63c (1:38.82)	2/10/23	0.5	0.13	0.63
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► 800m	24		Maria GEESAMAN		2:19.33c (2:20.93)	2/3/23	1	0.14	1.14
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► 1000m	14	AIA	Maria GEESAMAN		3:00.63c (3:02.60)	1/21/23	5	0.40	5.40
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► SP	35		Candice JONES		12.79m 41-11½	2/10/23	0.02		0.02
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► SP	35		Amber DOMINGUEZ		12.79m 41-11½	2/10/23	0.02		0.02
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► WT	30		Amber DOMINGUEZ		15.77m 51-9	2/10/23	0.25		0.25
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YORK (NEB.) TFRI Team Total 7.46



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WOMEN — 2023 Week #4, February 15

LW:

81 **Viterbo (Wis.)**  **14**
North Star LW: 67

82 **Brewton-Parker (Ga.)**  **13**
 SSAC LW: 69

83 **Northwestern (Iowa)**  **9**
 GPAC LW: 74

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 400m	29	A/A	Kennedy KRAMER		58.32c (59.09)	2/3/23	0.3	0.13	0.43
► 600m	18	A/A	Abigail CLARKE		1:36.86c (1:38.04)	12/9/22	3	0.28	3.28
► 4x400	17	A/A	Emma ZOET, Abigail CLARKE, Savonne STERK, Kennedy KRAMER		3:58.34	2/10/23	0.6	0.31	0.91
► PV	23	A/A	Erin HULBERG		3.45m 11-3¾	2/10/23	1.25		1.25
NORTHWESTERN (IOWA) TFRI Team Total									5.88

▼ 6

LW: 78

85 **Xavier (La.)**  **4**
 Indep. LW: 89

86 **Bethel (Kan.)** KCAC LW:

87 **Cottey (Mo.)** ▼ **16**
 Region XVI LW: 71

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► PENT	16	A:N	Madalenn FEE		3,060c (3,038)	1/27/23	4		4.00
COTTEY (MO.) TFRI Team Total									4.00



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WOMEN — 2023 Week #4, February 15

104 Kansas Wesleyan

KCAC

LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

4x800	20		Josie KOPPEs, Joni SCHROEDER, Daniella GAONA, Madisyn EHRlich		10:00.17 (10:07.09)	2/10/23	0.1	0.04	0.14
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KANSAS WESLEYAN TFRI Team Total 0.14

105 Georgetown (Ky.)

Mid-South

LW: 104

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

HJ	34		Sarah BOLTON		1.60m 5-3	2/11/23	0.05		0.05
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GEORGETOWN (KY.) TFRI Team Total 0.05

105 Hannibal-LaGrange (Mo.)

AMC

LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

SP	34		Kaylyn POWERS		12.80m 42-0	2/10/23	0.05		0.05
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HANNIBAL-LAGRANGE (MO.) TFRI Team Total 0.05

107 Evangel (Mo.)

The Heart

LW: 85

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

60m	38		Delaney WEIMER		7.78	2/10/23	0.05		0.05
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EVANGEL (MO.) TFRI Team Total 0.05

108 Dalton State (Ga.)

SSAC

LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

Mile	35	AIA	Kathryn VRADENBURGH		5:09.50	2/6/23	0.02	0.00	0.02
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DALTON STATE (GA.) TFRI Team Total 0.02

109 UNT Dallas

Indep.

LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

60m	41		Malaisha CARTWRIGHT		7.79	2/11/23	0.02		0.02
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UNT DALLAS TFRI Team Total 0.02

110 Huston-Tillotson (Texas)

Indep.

LW: 103

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

800m	35		Jaymee YELTON		2:20.81	1/13/23	0.02		0.02
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HUSTON-TILLOTSON (TEXAS) TFRI Team Total 0.02

110 Oakland City (Ind.)

River States

LW: 99

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

TJ	35	AIA	DaKyra HOWARD		11.20m 36-9	12/9/22	0.02		0.02
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OAKLAND CITY (IND.) TFRI Team Total 0.02