



Regional TFRI Event Summary

as of 2/13/2023 12:23:04 PM

Great Lakes

Women's 60 Meters

1	5	Soyinne GRENYION	#1	Indiana Tech	A:B 7.56	2/10
2	7	Jozlen BRISBON	#16	Lindsey Wilson	A:B 7.58	12/9
3	12	Jamaya WARTHEN	#1	Indiana Tech	A:B 7.61	1/27
4	17	Alexia BOYD	#5	Campbellsville	A:B 7.65	2/10
5	23	Kiya POGUE	#1	Indiana Tech	B 7.70	1/13
6	24	Patience SAKEUH	#8	Taylor (Ind.)	B 7.72	2/4
7	26	Giorgia MAMELI	#3	Marian (Ind.)	B 7.73	2/4
8	29	Jamila GARBA	#5	Campbellsville (	B 7.74	2/10
8	29	Anaiya JONES	#6	Madonna (Mich.)	B 7.74	2/4
10	38	Ally HAWK	#10	Indiana Wesleya	7.78	1/21

Women's 60 Meter Hurdles

1	3	Katlyn JONES	#1	Indiana Tech	A:B 8.48	2/10
2	4	Kiya POGUE	#1	Indiana Tech	A:B 8.51	1/13
3	8	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech	A:B 8.67	2/10
4	11	Patience SAKEUH	#8	Taylor (Ind.)	A:B 8.73	1/20
5	17	Faith JACKSON	#11	Siena Heights (M)	A:B 8.79	1/28
6	19	Erin OLEKSAK	#3	Marian (Ind.)	A:B 8.87	1/20
7	29	Audrey ALTUM	#8	Taylor (Ind.)	A:B 8.98	2/4
8	30	Kiana SIEFERT	#8	Taylor (Ind.)	B 8.99	1/20
9	39	Denise TURPIN	#1	Indiana Tech	B 9.09	12/10
10	47	Ally HAWK	#10	Indiana Wesleya	9.11	2/4

Women's 200 Meters

1	9	Jamaya WARTHEN	#1	Indiana Tech	A:B 24.74	2/10
2	13	Soyinne GRENYION	#1	Indiana Tech	A:B 24.93	1/27
3	15	Alexia SCHOFIELD	#5	Campbellsville	A:B 24.98	12/3
4	19	Charity JONES	#6	Madonna (Mich.)	A:B 25.08	1/27
5	22	Jamila GARBA	#5	Campbellsville	A:B 25.16c (25.55)	1/27
6	23	Giorgia MAMELI	#3	Marian (Ind.)	B 25.17	2/10
7	29	Patience SAKEUH	#8	Taylor (Ind.)	B 25.26c (25.65)	2/4
8	35	Alexia BOYD	#5	Campbellsville (	B 25.34c (25.73)	2/10
9	38	Nia WOOD	#6	Madonna (Mich.)	B 25.39	1/7
10	46	Jozlen BRISBON	#16	Lindsey Wilson (	25.52	1/21

Women's 400 Meters

1	6	Charity JONES	#6	Madonna (Mich.)	A:B 56.65	2/10
2	9	Destinee MCGRADY	#2	Huntington (Ind)	A:B 56.79c (57.54)	2/3
3	14	Jayla BROWN	#6	Madonna (Mich.)	A:B 57.26	2/10
4	17	Jo'Deci IRBY	#1	Indiana Tech	A:B 57.47	1/27
5	28	Kennia DEXTER	#1	Indiana Tech	B 58.25	1/27
6	31	Nia WOOD	#6	Madonna (Mich.)	B 58.46	1/27
7	39	Kylie BROWN	#19	Spring Arbor (Mi	58.78	1/27
8	44	Hanna REUTER	#3	Marian (Ind.)	59.02c (59.80)	2/4
9	48	Sarah GENZINK	#4	Cornerstone (Mi	59.39c (1:00.17)	2/10
10	52	Jai-Lyn NORWOOD	#3	Marian (Ind.)	59.48c (1:00.27)	1/28

Women's 600 Meters

1	1	Addy WILEY	#2	Huntington (Ind)	A:B 1:28.69c (1:29.77)	1/20
2	2	Lisa VOYLES	#1	Indiana Tech	A:B 1:32.78c (1:33.91)	1/20
3	4	Jo'Deci IRBY	#1	Indiana Tech	A:B 1:33.94	2/10
4	21	Olaide OLAPADE	#1	Indiana Tech	B 1:37.13	2/10
5	23	Jessica PHILLIPS	#6	Madonna (Mich.)	B 1:37.21	2/10
6	26	Haven EVANS	#1	Indiana Tech	1:37.69	2/10
7	28	Taylor THOMAS	#3	Marian (Ind.)	1:37.90	2/10
8	31	Mariah MALEY	#14	Saint Francis (In	1:38.05c (1:39.25)	2/4
9	39	Morgan FARR	#10	Indiana Wesleya	1:39.12c (1:40.33)	2/4
10	40	Emily BIRD	#12	Cumberlands (K	1:39.31	1/13

Women's 800 Meters

1	1	Addy WILEY	#2	Huntington (Ind)	A:B 2:02.33	2/10
2	2	Lisa VOYLES	#1	Indiana Tech	A:B 2:08.21	2/10
3	6	Maggie WHITNEY	#7	Aquinas (Mich.)	A:B 2:14.80	2/10
4	9	Kylie SAUDER	#9	Grace (Ind.)	A:B 2:15.69c (2:17.25)	2/10
5	16	Emily BIRD	#12	Cumberlands (K	B 2:17.48	1/13
6	19	Jessica PHILLIPS	#6	Madonna (Mich.)	B 2:17.77	1/27
7	20	Hannah ADLER	#7	Aquinas (Mich.)	2:18.36c (2:19.95)	2/3
8	25	Anna HULSTEDT	#9	Grace (Ind.)	2:19.45	1/27
9	26	Krista BOESE	#1	Indiana Tech	2:19.63c (2:21.24)	2/4
10	27	Summer COOPER	#17	Goshen (Ind.)	2:19.66c (2:21.27)	1/28

Women's 1000 Meters

1	1	Addy WILEY	#2	Huntington (Ind)	A:B 2:49.71c (2:51.56)	1/20
2	2	Lisa VOYLES	#1	Indiana Tech	A:B 2:50.71	1/13
3	8	Hannah ADLER	#7	Aquinas (Mich.)	A:B 2:58.87c (3:00.82)	1/20
4	10	Kylie SAUDER	#9	Grace (Ind.)	A:B 2:59.36c (3:01.31)	1/20
5	11	Krista BOESE	#1	Indiana Tech	B 3:00.23c (3:02.19)	1/20
6	13	Alex EBETINO	#14	Saint Francis (In	B 3:00.61c (3:02.58)	1/28
7	16	Heather PLASTOW	#9	Grace (Ind.)	B 3:01.22c (3:03.19)	2/4
8	21	Maggie WHITNEY	#7	Aquinas (Mich.)	3:02.32c (3:04.31)	2/3
9	27	Summer COOPER	#17	Goshen (Ind.)	3:03.33c (3:05.33)	2/4
10	32	Anna HULSTEDT	#9	Grace (Ind.)	3:04.79c (3:06.80)	2/4

Women's Mile

1	1	Addy WILEY	#2	Huntington (Ind)	A:B 4:29.49c (4:32.15)	2/3
2	2	Lisa VOYLES	#1	Indiana Tech	A:B 4:50.74	1/13
3	6	Anna MARTIN	#4	Cornerstone (Mi	A:B 4:59.00	1/27
4	8	Malarie PINWAR	#4	Cornerstone (Mi	A:B 4:59.37	1/21
5	9	Noel VANDERWALL	#8	Taylor (Ind.)	A:B 4:59.93c (5:02.89)	1/20
6	12	Hannah ADLER	#7	Aquinas (Mich.)	A:B 5:02.66	1/14
7	13	Heather PLASTOW	#9	Grace (Ind.)	A:B 5:02.67c (5:05.66)	2/10
8	15	Summer COOPER	#17	Goshen (Ind.)	A:B 5:03.98c (5:06.98)	1/21
9	18	Kylie SAUDER	#9	Grace (Ind.)	A:B 5:04.91	12/2
10	19	Krista BOESE	#1	Indiana Tech	B 5:05.93	1/27



Regional TFRI Event Summary

as of 2/13/2023 12:23:04 PM

Great Lakes

Women's 3000 Meters

1	1	Addy WILEY	#2	Huntington (Ind.)	A:B 9:24.28	12/9
2	4	Noel VANDERWALL	#8	Taylor (Ind.)	A:B 9:51.96c (9:57.03)	2/4
3	6	Anna MARTIN	#4	Cornerstone (Mi.)	A:B 9:54.68	2/10
4	8	Lisa VOYLES	#1	Indiana Tech	A:B 9:55.68	12/2
5	9	Hannah ADLER	#7	Aquinas (Mich.)	A:B 9:56.02	1/27
6	10	Malarie PINWAR	#4	Cornerstone (Mi.)	A:B 9:57.86	1/14
7	11	Alyssa CAMPBELL	#18	Point Park (Pa.)	A:B 9:59.94	2/3
8	13	Krista BOESE	#1	Indiana Tech	A:B 10:00.71	2/10
9	15	Ahna VANDERWALL	#8	Taylor (Ind.)	A:B 10:04.05c (10:09.22)	2/4
10	16	Summer COOPER	#17	Goshen (Ind.)	A:B 10:04.74	2/11

Women's 5000 Meters

1	3	Hannah ADLER	#7	Aquinas (Mich.)	A:B 17:05.40	2/10
2	5	Ahna VANDERWALL	#8	Taylor (Ind.)	A:B 17:18.13c (17:26.08)	1/28
3	7	Anna MARTIN	#4	Cornerstone (Mi.)	A:B 17:20.25	12/9
4	10	Abbey GENTZ	#2	Huntington (Ind.)	A:B 17:28.37	2/10
5	14	Audrey BRINKRUFF	#8	Taylor (Ind.)	A:B 17:36.61c (17:44.70)	1/28
6	15	Addi DEWEY	#10	Indiana Wesleyan	A:B 17:37.47	2/10
7	21	Alex EBETINO	#14	Saint Francis (Ind.)	A:B 17:50.87	12/9
8	23	Mollie GAMBLE	#8	Taylor (Ind.)	A:B 17:54.93c (18:03.16)	1/28
9	26	Heather PLASTOW	#9	Grace (Ind.)	A:B 18:03.29	12/9
10	27	Carmen TRIER	#9	Grace (Ind.)	A:B 18:04.22c (18:12.52)	2/10

Women's 3000m Race Walk

1	8	Jenna GROGAN	#12	Cumberlands (K)	B 16:43.97	1/28
2	11	Lanie POCOCK	#15	IU Kokomo (Ind.)	B 17:37.04	2/4
3	14	Tara TODD	#12	Cumberlands (K)	17:52.31	1/28
4	18	Korissa VANOVER	#1	Indiana Tech	18:43.99	1/20
5	21	Maddie DOTLICH	#15	IU Kokomo (Ind.)	19:15.92	2/4
6	24	Eliza HAGENS	#16	Lindsey Wilson (	20:06.16	1/21
7	26	Cady SCHOECK	#16	Lindsey Wilson (	20:23.95	1/21
8	27	Anna-Claire CARWILE	#5	Campbellsville (	20:25.22	1/21
9	28	Taylor MORGAN	#5	Campbellsville (	20:26.88	1/21
10	31	Madison WELCH	#5	Campbellsville (	20:37.00	1/21

Women's 4x400 Relay

1	3	Soyinne GRENYION, Olaide OLAPADE, Haven EVANS, Jo'Deci IRBY	#1	Indiana Tech	A:B 3:50.97	2/10
2	11	Diamond CARNEVA, Jessica PHILLIPS, Nia WOOD, Charity JONES	#6	Madonna (Mich.)	A:B 3:55.83	12/9
3	12	Hanna REUTER, Giorgia MAMELI, Makayla MELVIN, Taylor THOMAS	#3	Marian (Ind.)	B 3:56.87	2/10
4	21	Destinee MCGRADY, Erica XAYARATH, Destiny COPELAND, Addy WILEY	#2	Huntington (Ind.)	B 3:59.52	2/10
5	23	Ka'Niya DOUGLAS, Jamila GARBA, Victoria YOUNG, Alexia SCHOFIELD	#5	Campbellsville (	4:01.76c (4:04.96)	1/27
6	24	Olivia ADKINS, Zoe HULEY, Tara FRIESEN, Kylie SAUDER	#9	Grace (Ind.)	4:01.97c (4:05.18)	2/10
7	30	Piper LINDSAY, Chloe TAYLOR, Kyrrah MAAS, Erin WADLEY	#10	Indiana Wesleyan	4:04.73c (4:07.97)	2/4
8	32	Malarie PINWAR, Sarah GENZINK, Madi HAID, Anna MARTIN	#4	Cornerstone (Mi.)	4:05.95	1/27
9	33	Vladlena KLYMOVA, Cailyn PENTECOST, Riley HERSHBERGER, Brianna HOOTON	#13	Bethel (Ind.)	4:06.76c (4:10.03)	2/10
10	37	Rachel ROSE, Beautiful CORLEON, Bailey MCCULLOCH, Linnearia RICHARDS	#11	Siena Heights (N	4:07.49	12/2



Regional TFRI Event Summary

as of 2/13/2023 12:23:04 PM

Great Lakes

Women's 4x800 Relay

1	1	Heather PLASTOW, Tara FRIESEN, Anna HULSTEDT, Kylie SAUDER	#9	Grace (Ind.)	A:B 9:22.50c (9:28.98)	2/4
2	5	Alex EBETINO, Lillie STEWART, Kelsey PECK, Mariah MALEY	#14	Saint Francis (Ind.)	A:B 9:35.50c (9:42.13)	2/4
3	6	Kaitlyn THOMAS, Hannah ADLER, Lauren WOOER, Maggie WHITNEY	#7	Aquinas (Mich.)	A:B 9:35.96c (9:42.60)	2/3
4	8	Emily BIRD, Lauren SANDERSON, Ashley TERRY, Ashlyn LIDDLE	#12	Cumberlands (Ky.)	A:B 9:36.28c (9:42.92)	1/22
5	9	Summer COOPER, Mia WELLINGTON, Britney ORTEGA, Stephany CLAUDIO	#17	Goshen (Ind.)	A:B 9:36.63c (9:43.28)	2/4
6	22	Ella BALDWIN, Rachel MURPHY, Raegan TIPPEY, Selah JACKSON	#10	Indiana Wesleyan	10:12.42c (10:19.48)	2/4
7	29	https://www.tfrs.org/teams/77219	#15	IU Kokomo (Ind.)	10:21.35c (10:28.51)	1/28
8	34	Meredith WILSON, Taylor MORGAN, Anna-Claire CARWILE, Marlena SIPES	#5	Campbellsville (Ky.)	10:29.03c (10:36.28)	2/10
9	39	Emma COUGILL, Hannah CUSSEN, Emma GRUET, Holly WYKOFF	#13	Bethel (Ind.)	10:47.32c (10:54.78)	2/4
10	52	Alison DOERR, Madisyn FLAMINI, Amanda FOGO, Mary SALEM	#22	Concordia (Mich.)	12:04.48c (12:12.83)	2/10

Women's Distance Medley Relay

1	1	Krista BOESE, Kayla MOODY, Lily GREIWE, Lisa VOYLES	#1	Indiana Tech	A:B 11:51.65	2/11
2	3	Emily TEDDER, Destinee MCGRADY, MacKenzie BREWER, Addy WILEY	#2	Huntington (Ind.)	A:B 11:57.92	2/11
3	4	Maggie WHITNEY, Ronnie MCMILLAN, Lauren WOOER, Hannah ADLER	#7	Aquinas (Mich.)	A:B 12:04.33	2/11
4	8	Malarie PINWAR, Sarah GENZINK, Kori BAUMANN, Anna MARTIN	#4	Cornerstone (Mich.)	A:B 12:11.91	2/11
5	9	Anna HULSTEDT, Olivia ADKINS, Heather PLASTOW, Kylie SAUDER	#9	Grace (Ind.)	A:B 12:14.55c (12:22.42)	2/10
6	12	Elizabeth BARRETT, Karis HUNTER, Morgan FARR, Addi DEWEY	#10	Indiana Wesleyan	A:B 12:22.45c (12:30.40)	2/4
7	16	Jana SCHMID, Hannah BOND, Carlijn DE BIE, Alyssa CAMPBELL	#18	Point Park (Pa.)	A:B 12:24.99	2/3
8	18	Lillie STEWART, Audrey ZEIGLER, Mariah MALEY, Alex EBETINO	#14	Saint Francis (Ind.)	B 12:27.21c (12:35.21)	1/21
9	19	Ashlyn LIDDLE, Ashley TERRY, Emily BIRD, Lauren SANDERSON	#12	Cumberlands (Ky.)	B 12:28.71	1/20
10	24	Christy SHANK, Victoria YOUNG, Hailey SHANK, Emma STEFF	#5	Campbellsville (Ky.)	12:37.44c (12:45.55)	1/27

Women's High Jump

1	1	Erica XAYARATH	#2	Huntington (Ind.)	A:B 1.71m	5-7¼	12/10
2	4	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech	A:B 1.67m	5-5¾	1/20
2	4	Emma VALENTINE	#11	Siena Heights (Mich.)	A:B 1.67m	5-5¾	1/28
2	4	Abi HUME	#10	Indiana Wesleyan	A:B 1.67m	5-5¾	2/4
5	8	Erin OLEKSAK	#3	Marian (Ind.)	B 1.66m	5-5¼	1/14
6	12	Emma PAVELEK	#18	Point Park (Pa.)	B 1.64m	5-4½	2/10
6	12	Mary Catherine LEE	#1	Indiana Tech	B 1.64m	5-4½	1/20
6	12	Morgan LUTTON	#11	Siena Heights (Mich.)	B 1.64m	5-4½	2/10
6	12	Kaitlin ESSIG	#4	Cornerstone (Mich.)	B 1.64m	5-4½	2/3
10	25	Lyssi SNOUFFER	#21	Mount Vernon N	1.62m	5-3¾	1/28
10	25	Gina BUTZ	#3	Marian (Ind.)	1.62m	5-3¾	2/11
10	25	Braely HERREMA	#4	Cornerstone (Mich.)	1.62m	5-3¾	1/14
10	25	Madison AXOM	#17	Goshen (Ind.)	1.62m	5-3¾	1/28



Regional TFRI Event Summary

as of 2/13/2023 12:23:04 PM

Great Lakes

Women's Pole Vault

1	2	Tyler FUGATE	#11	Siena Heights (M)	A:B 3.98m	13-¾	1/20
2	3	Ashley VERPLANK	#4	Cornerstone (Mi)	A:B 3.97m	13-¼	2/3
3	5	Nevaeh BROWN	#23	Midway (Ky.)	A:B 3.83m	12-6¾	2/3
4	6	Margherita CONRAD	#11	Siena Heights (M)	A:B 3.82m	12-6¼	2/10
5	8	Grace CONWAY	#13	Bethel (Ind.)	A:B 3.70m	12-1½	12/2
6	9	Chasity MIES	#11	Siena Heights (M)	A:B 3.68m	12-¾	1/28
6	9	Samantha NOWELL	#11	Siena Heights (M)	A:B 3.68m	12-¾	1/28
8	11	Brooke HOLLOWAY	#21	Mount Vernon NA	A:B 3.63m	11-10¾	12/2
9	12	Erica ALBRECHT	#11	Siena Heights (M)	A:B 3.62m	11-10½	1/20
9	12	Sophia SUMER	#13	Bethel (Ind.)	A:B 3.62m	11-10½	2/4

Women's Long Jump

1	2	Destiny COPELAND	#2	Huntington (Ind)	A:B 5.87m	19-3¾	1/20
2	3	Erica XAYARATH	#2	Huntington (Ind)	A:B 5.85m	19-2½	12/10
3	5	Morgan VARGO	#4	Cornerstone (Mi)	A:B 5.73m	18-9¾	2/10
4	6	Patience SAKUHU	#8	Taylor (Ind.)	A:B 5.72m	18-9¼	1/28
5	7	Carlie TURNER	#1	Indiana Tech	A:B 5.71m	18-8¾	12/10
6	9	Alexia SCHOFIELD	#5	Campbellsville (A)	B 5.66m	18-7	2/10
7	10	Jai-Lyn NORWOOD	#3	Marian (Ind.)	A:B 5.65m	18-6½	1/20
8	11	Luna SENICA	#16	Lindsey Wilson (A)	B 5.63m	18-5¾	1/21
9	16	Makala PFEFFERKORN	#15	IU Kokomo (Ind)	A:B 5.60m	18-4½	12/10
10	22	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech	B 5.54m	18-2¼	12/3
10	22	Anastatia BEACH	#7	Aquinas (Mich.)	B 5.54m	18-2¼	1/20

Women's Triple Jump

1	1	Destiny COPELAND	#2	Huntington (Ind)	A:B 12.43m	40-9½	12/10
2	5	Alexia SCHOFIELD	#5	Campbellsville (A)	B 11.94m	39-2¼	12/3
3	8	Jai-Lyn NORWOOD	#3	Marian (Ind.)	A:B 11.85m	38-10½	2/4
4	12	Erica XAYARATH	#2	Huntington (Ind)	A:B 11.62m	38-1½	12/10
5	15	Jullia MORRIS	#12	Cumberlands (K)	A:B 11.56m	37-11¼	2/10
6	16	Katlyn JONES	#1	Indiana Tech	A:B 11.54m	37-10½	12/10
7	20	Makala PFEFFERKORN	#15	IU Kokomo (Ind)	A:B 11.48m	37-8	12/3
7	20	Blessing LAUDERMILCH	#10	Indiana Wesleyan	A:B 11.48m	37-8	2/4
9	24	Olivia MILLER	#24	Carlow (Pa.)	A:B 11.41m	37-5¼	1/14
10	30	Alexia BOYD	#5	Campbellsville (B)	11.30m	37-1	1/27

Women's Shot Put

1	1	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech	A:B 14.97m	49-1½	2/10
2	11	Arriana BENJAMIN	#3	Marian (Ind.)	A:B 13.75m	45-1½	1/20
3	16	Merideth DEVRIES	#10	Indiana Wesleyan	B 13.42m	44-½	1/27
4	22	Alecia PARKER	#13	Bethel (Ind.)	B 13.13m	43-1	1/20
5	23	Lena KORTE	#22	Concordia (Mich)	B 13.11m	43-¼	2/4
6	30	Markalah BARNES	#13	Bethel (Ind.)	12.98m	42-7	1/28
7	37	Princess KARA	#10	Indiana Wesleyan	12.75m	41-10	2/4
8	43	Lydia HALL	#19	Spring Arbor (Mi)	12.65m	41-6	1/13
9	45	Mackenzie DELONG	#9	Grace (Ind.)	12.63m	41-5¼	1/27
10	46	Valerie KENDRICK	#25	Pikeville (Ky.)	12.62m	41-5	1/21

Women's Weight Throw

1	4	Arriana BENJAMIN	#3	Marian (Ind.)	A:B 17.31m	56-9½	2/4
2	17	Emilee KESSLER	#6	Madonna (Mich.)	A:B 16.51m	54-2	1/13
3	25	Jenna BREUKER	#4	Cornerstone (Mi)	B 15.94m	52-3¾	2/10
4	28	Ricquel WILLIAMS	#5	Campbellsville (B)	15.79m	51-9¾	2/10
5	33	Madison KAUFFMAN	#13	Bethel (Ind.)	15.68m	51-5½	2/10
6	35	Keeley HUGHES	#3	Marian (Ind.)	15.62m	51-3	12/10
7	38	Erin GOTH	#11	Siena Heights (N)	15.49m	50-10	12/9
8	41	Deneara MBOUG	#1	Indiana Tech	15.37m	50-5¼	12/3
9	45	Aanyah WRIGHT	#2	Huntington (Ind)	15.30m	50-2½	2/4
10	50	Verlecia SCARLETT	#25	Pikeville (Ky.)	15.08m	49-5¾	2/11

Women's Pentathlon

1	1	Jaunita WEBSTER-FREEMAN	#1	Indiana Tech	A:B 3,958c	(3,936)	1/27
2	7	Erin OLEKSAK	#3	Marian (Ind.)	A:B 3,387		2/3
3	11	Cailyn PENTECOST	#13	Bethel (Ind.)	A:B 3,199c	(3,178)	2/10
4	29	Ketelynn DIX	#4	Cornerstone (Mi)	2,881		1/27
5	37	Denise TURPIN	#1	Indiana Tech	2,811c	(2,792)	12/2
6	40	Cassidy VOGT	#20	Rio Grande (Ohio)	2,778c	(2,759)	1/28
7	45	Allison TEED	#19	Spring Arbor (Mi)	2,646		1/27
8	52	Lauren JOLLY	#20	Rio Grande (Ohio)	2,496c	(2,474)	1/28
9	71	Vanessa TEMPLE		IU East (Ind.)	2,126c	(2,105)	1/27
10	79	Ariana SIMMONS	#5	Campbellsville (B)	1,746c	(1,726)	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:23:05 PM

Midwest

Women's 60 Meters

1	10	Alyssa BUSKER	#15	Trinity ChristianA	B 7.60	2/10
2	47	Emerson COLINS	#2	St. Francis (Ill.)	7.82	1/20
2	47	Wrenzi WRZESINSKI	#5	Dickinson State	7.82c (7.80A)	1/20
4	50	Kimberly BRENT	#3	Olivet Nazarene	7.83	2/10
4	50	Breanna IHDE	#11	Viterbo (Wis.)	7.83	2/11
6	53	Mara BRUNO	#2	St. Francis (Ill.)	7.84	12/2
7	55	Kiara CARTER	#3	Olivet Nazarene	7.85	2/11
7	55	Linda GRIFFITH	#3	Olivet Nazarene	7.85	1/28
9	60	Isabel BOTHWELL	#6	Doane (Neb.)	7.86	1/28
9	60	Elianna CLARK	#10	Mount Marty (S.)	7.86	2/11

Women's 60 Meter Hurdles

1	6	Wrenzi WRZESINSKI	#5	Dickinson State	A:B 8.65	1/27
2	12	Hannah ANTKOVIK	#3	Olivet NazareneA	B 8.76	2/11
2	12	Kaitlyn MCCOLLY	#5	Dickinson State	A:B 8.76	1/27
2	12	Adrianna RODENCAL	#1	Concordia (Neb.)	A:B 8.76	2/10
2	12	Nisa THOMAS	#4	Hastings (Neb.)	A:B 8.76	2/10
6	19	Linda GRIFFITH	#3	Olivet NazareneA	B 8.87	12/9
7	23	Jaida ROWE	#4	Hastings (Neb.)	A:B 8.92	2/10
8	25	Rachel BATTERSHELL	#1	Concordia (Neb.)	A:B 8.94	1/28
9	35	Lindsay ADAMS	#6	Doane (Neb.)	B 9.05	1/28
10	38	Amy RICHERT	#1	Concordia (Neb.)	B 9.07	2/3

Women's 200 Meters

1	8	Linda GRIFFITH	#3	Olivet NazareneA	B 24.72c (25.10)	2/4
2	12	Kimberly BRENT	#3	Olivet NazareneA	B 24.91c (25.29)	2/4
3	16	Alyssa BUSKER	#15	Trinity ChristianA	B 25.00c (25.38)	2/10
4	23	Hannah ANTKOVIK	#3	Olivet Nazarene	B 25.17	2/11
5	26	Nisa THOMAS	#4	Hastings (Neb.)	B 25.23c (25.88)	12/9
6	31	Mara BRUNO	#2	St. Francis (Ill.)	B 25.31c (25.70)	1/20
6	31	Kiara CARTER	#3	Olivet Nazarene	B 25.31c (25.70)	2/4
8	37	Adrianna RODENCAL	#1	Concordia (Neb.)	B 25.38c (25.77)	2/10
9	47	Calli DAVIS	#10	Mount Marty (S.)	25.56c (25.95)	2/11
10	51	Rhys MAXEY	#4	Hastings (Neb.)	25.62c (26.28)	12/9

Women's 400 Meters

1	4	Hannah ANTKOVIK	#3	Olivet NazareneA	B 55.51	2/10
2	8	Linda GRIFFITH	#3	Olivet NazareneA	B 56.70	12/9
3	11	Rachel BATTERSHELL	#1	Concordia (Neb.)	A:B 57.06c (57.81)	2/10
4	12	Annika PINGEL	#6	Doane (Neb.)	A:B 57.15c (57.90)	2/10
5	15	Kiara CARTER	#3	Olivet NazareneA	B 57.29	2/11
6	19	Allena ROWLAND	#20	Clarke (Iowa)	B 57.87c (58.63)	1/27
7	22	Gabbi BUTLER	#8	St. Ambrose (Iov)	B 58.01c (58.78)	1/27
8	23	Trinity TULS	#1	Concordia (Neb.)	B 58.11c (58.88)	2/10
9	26	Calli DAVIS	#10	Mount Marty (S.)	B 58.22	1/20
10	27	Mara BRUNO	#2	St. Francis (Ill.)	B 58.24c (59.01)	1/27

Women's 600 Meters

1	7	Annika PINGEL	#6	Doane (Neb.)	A:B 1:34.75c (1:35.91)	1/28
2	11	Jenna ESCH	#1	Concordia (Neb.)	A:B 1:35.92c (1:37.09)	2/10
3	12	Emilee HEYNEN	#7	Dordt (Iowa)	A:B 1:36.12c (1:37.29)	12/9
4	13	Veronica PINKERTON	#4	Hastings (Neb.)	B 1:36.14c (1:37.31)	2/3
5	14	Jordan KOEPEKE	#1	Concordia (Neb.)	B 1:36.52c (1:37.70)	2/10
6	15	Mika KOOISTRA	#7	Dordt (Iowa)	B 1:36.68	2/10
7	16	Shelby BUWALDA	#7	Dordt (Iowa)	B 1:36.69	2/10
8	18	Abigail CLARKE	#18	Northwestern (I)	B 1:36.86c (1:38.04)	12/9
9	20	Chantaya GRIFFIN	#24	College of Saint	B 1:37.12c (1:38.31)	2/10
10	25	Maria GEESAMAN	#19	York (Neb.)	1:37.63c (1:38.82)	2/10

Women's 800 Meters

1	3	Veronica PINKERTON	#4	Hastings (Neb.)	A:B 2:12.91c (2:15.09)	1/27
2	5	Annika PINGEL	#6	Doane (Neb.)	A:B 2:14.31	2/3
3	13	Emilee HEYNEN	#7	Dordt (Iowa)	B 2:17.01	2/10
4	15	Ana PINEDA	#2	St. Francis (Ill.)	B 2:17.41c (2:18.99)	1/27
5	22	Mika KOOISTRA	#7	Dordt (Iowa)	2:19.01	1/21
6	24	Maria GEESAMAN	#19	York (Neb.)	2:19.33c (2:20.93)	2/3
7	30	Madison GERKEN	#4	Hastings (Neb.)	2:20.03c (2:22.33)	1/27
8	36	Allena ROWLAND	#20	Clarke (Iowa)	2:21.04c (2:22.66)	1/27
9	41	Rhaya KASCHINSKE	#1	Concordia (Neb.)	2:21.71c (2:23.34)	2/10
10	49	Elizabeth WIDMER	#5	Dickinson State	2:22.34c (2:23.98)	2/3

Women's 1000 Meters

1	3	Rylee HAECKER	#1	Concordia (Neb.)	A:B 2:56.44c (2:58.36)	1/21
2	12	Ana PINEDA	#2	St. Francis (Ill.)	B 3:00.42c (3:02.39)	1/14
3	14	Maria GEESAMAN	#19	York (Neb.)	B 3:00.63c (3:02.60)	1/21
4	19	Kylahn HERITAGE	#1	Concordia (Neb.)	B 3:01.65c (3:03.63)	2/10
5	24	Annika PINGEL	#6	Doane (Neb.)	3:02.95c (3:04.94)	12/9
6	28	Courtney SPORRER	#14	Morningside (Iov)	3:03.62	2/10
7	36	Rhaya KASCHINSKE	#1	Concordia (Neb.)	3:05.78c (3:07.80)	2/3
8	41	Madison GERKEN	#4	Hastings (Neb.)	3:06.52c (3:08.55)	2/3
9	42	Allison RAMSEY	#2	St. Francis (Ill.)	3:06.59c (3:08.62)	1/14
10	43	Emily CHICOINE	#14	Morningside (Iov)	3:06.73	2/10

Women's Mile

1	7	Ana PINEDA	#2	St. Francis (Ill.)	A:B 4:59.29	2/10
2	16	Allison RAMSEY	#2	St. Francis (Ill.)	A:B 5:04.50	2/10
3	22	Rylee HAECKER	#1	Concordia (Neb.)	B 5:06.10c (5:09.13)	1/28
4	25	Morgan LAWSON	#12	Grand View (Iow)	B 5:07.35c (5:10.39)	1/27
5	29	Kylahn HERITAGE	#1	Concordia (Neb.)	B 5:07.94c (5:10.98)	1/21
6	31	Jessica KAMPMAN	#7	Dordt (Iowa)	B 5:08.22	2/10
7	38	Bailey WILK	#2	St. Francis (Ill.)	5:10.06	2/10
8	42	Kristine HONOMICHL	#7	Dordt (Iowa)	5:11.60	2/3
9	53	Katherine BAKKEN	#2	St. Francis (Ill.)	5:15.66c (5:18.78)	1/27
10	57	Grace TIMM	#5	Dickinson State	5:16.93	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:23:05 PM

Midwest

Women's 3000 Meters

1	5	Jessica KAMPMAN	#7	Dordt (Iowa)	A:B 9:54.47	1/21
2	22	Katherine BAKKEN	#2	St. Francis (Ill.)	A:B 10:11.11	12/2
3	23	Ana PINEDA	#2	St. Francis (Ill.)	A:B 10:11.20	12/2
4	32	Bailey WILK	#2	St. Francis (Ill.)	A:B 10:16.11c (10:21.39)	2/4
5	35	Kristine HONOMICHL	#7	Dordt (Iowa)	A:B 10:19.28	12/2
6	36	Allison RAMSEY	#2	St. Francis (Ill.)	A:B 10:20.27c (10:25.58)	2/4
7	45	Kylahn HERITAGE	#1	Concordia (Neb.)	B 10:24.45c (10:29.80)	1/28
8	52	Jacey SCHICKEL	#3	Olivet Nazarene	10:31.15c (10:36.56)	2/4
9	55	Morgan LAWSON	#12	Grand View (Iowa)	10:33.22	2/2
10	59	Alexia BIBAKIS	#2	St. Francis (Ill.)	10:37.27c (10:42.73)	2/4

Women's 5000 Meters

1	4	Katherine BAKKEN	#2	St. Francis (Ill.)	A:B 17:17.20	12/9
2	6	Jessica KAMPMAN	#7	Dordt (Iowa)	A:B 17:18.91	2/3
3	11	Ana PINEDA	#2	St. Francis (Ill.)	A:B 17:28.75	12/9
4	17	Allison RAMSEY	#2	St. Francis (Ill.)	A:B 17:44.89	12/9
5	18	Catherine WHITE	#3	Olivet Nazarene	A:B 17:45.69	12/9
6	19	Bailey WILK	#2	St. Francis (Ill.)	A:B 17:47.97	12/9
7	22	Morgan LAWSON	#12	Grand View (Iowa)	A:B 17:50.88	1/21
8	25	Jacey SCHICKEL	#3	Olivet Nazarene	A:B 17:59.27	2/10
9	30	Olivia BUKOWSKI	#2	St. Francis (Ill.)	A:B 18:06.52	12/9
10	31	Alexia BIBAKIS	#2	St. Francis (Ill.)	A:B 18:06.96	12/9

Women's 3000m Race Walk

1	2	Faith YOUNCE	#13	Iowa Wesleyan	A:B 15:32.82	2/10
2	7	Allison MORRIS	#13	Iowa Wesleyan	A:B 16:29.15	2/10
3	9	Paige THOMPSON	#12	Grand View (Iowa)	B 16:47.52	1/27
4	10	Tristyn DIPENTINO	#4	Hastings (Neb.)	B 17:28.01	1/21
5	12	Beth RODRIGUEZ	#25	Judson (Ill.)	17:48.26	2/4
6	13	Lauren DAWSON	#1	Concordia (Neb.)	17:50.34	2/10
7	15	Alanna RODRIGUEZ	#9	Saint Xavier (Ill.)	17:55.54	1/20
8	16	Abby HILL	#17	Mount Mercy (Iowa)	17:59.17	1/27
9	17	Lilly GARNSEY	#13	Iowa Wesleyan	18:23.32	1/21
10	20	Darby WALSH		Midland (Neb.)	19:12.69	2/10

Women's 4x400 Relay

1	1	Kiara CARTER, Tera MILLER, Hannah ANTKOVIK, Linda GRIFFITH	#3	Olivet Nazarene	A:B 3:48.79	2/10
2	8	Jenna ESCH, Jordan KOEPKE, Trinity TULS, Rachel BATTERSHELL	#1	Concordia (Neb.)	A:B 3:54.81c (3:57.92)	1/21
3	9	Anmarie STUIT, Shelby BUWALDA, Mika KOOISTRA, Emilee HEYENEN	#7	Dordt (Iowa)	A:B 3:54.99	2/10
4	14	Kyley BARNETT, Kaitlyn MCCOLLY, Wrenzi WRZESINSKI, Jewel OLSON	#5	Dickinson State	B 3:57.65	2/10
5	16	Megan JANSETT, Megan BECKER, Katie LAMBRECHT, Gabbi BUTLER	#8	St. Ambrose (Iowa)	B 3:58.13	2/2
6	17	Emma ZOET, Abigail CLARKE, Savonne STERK, Kennedy KRAMER	#18	Northwestern (Ill.)	B 3:58.34	2/10
7	18	Annika PINGEL, Candela MANRIQUE, Kat VOGT, Caitlyn COTTON	#6	Doane (Neb.)	B 3:58.70c (4:01.86)	2/10
8	20	Tianna BUMBACA-KUEHL, Elianna CLARK, Abrielle NELSON, Calli DAVIS	#10	Mount Marty (S.D.)	B 3:59.49	2/3
9	22	Rhys MAXEY, Jaida ROWE, Madison GERKEN, Veronica PINKERTON	#4	Hastings (Neb.)	4:01.64c (4:04.84)	2/10
10	41	Fane SAUVAKACOLO, Shaylee DEBEER, Lindsey ROTH, Raylee WALLIS	#16	Dakota State (S.D.)	4:08.60	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:23:05 PM

Midwest

Women's 4x800 Relay

1	3	Shelby BUWALDA, Anmarie STUIT, Bethany TEN HAKEN, Emilee HEYENEN	#7 Dordt (Iowa)	A:B 9:34.23	2/10
2	4	Elizabeth WIDMER, Kaitlyn MCCOLLY, Grace TIMM, Natalie LILE	#5 Dickinson State	A:B 9:35.33	2/10
3	7	Tenna BEEL, Taylor SPORRER, Courtney SPORRER, Emily CHICOINE	#14 Morningside (Iowa)	A:B 9:36.09c (9:42.73)	2/4
4	11	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Julie MCINTYRE	#1 Concordia (Neb.)	B 9:39.96c (9:46.64)	12/9
5	27	Emma KARCZEWSKI, Victoria DOLBNIK, Isabella ALATORRE, Rachel PARSONS	#9 Saint Xavier (Ill.)	10:16.16c(10:23.26)	2/4
6	31	Ariadna JUAREZ, Claire ROBERTS, Liliana ORDONEZ, Tiffany LEHMANN	#2 St. Francis (Ill.)	10:26.96c(10:34.19)	2/4
7	35	Madelyn SYLVA, Saddie PALMQUIST, Jada ANDERSON, Lindsey ROTH	#16 Dakota State (S.)	10:31.53c(10:38.81)	1/14
8	38	Abrielle NELSON, Emily JOHNSON, Jacey CIHAK, Jordyn FISCHER	#10 Mount Marty (S.)	10:44.08c(10:51.50)	1/14
9	41	Leah LISOWSKI, Olivia WROBEL, Chloe KIKSTRA, Gracie OLSON	#15 Trinity Christian	10:52.68c(11:00.20)	2/10

Women's Distance Medley Relay

1	7	Allison RAMSEY, Mara BRUNO, Bailey WILK, Ana PINEDA	#2 St. Francis (Ill.)	A:B 12:11.65	2/11
2	11	Rylee HAECKER, Kayla KIRCHNER, Rhaya KASCHINSKE, Kylahn FREIBERG	#1 Concordia (Neb.)	A:B 12:20.68	1/13
3	25	Kristine HONOMICHL, Ayda DEN HERDER, Mika KOOISTRA, Jessica KAMPMAN	#7 Dordt (Iowa)	12:37.59	2/10
4	29	Taylor SPORRER, Tenna BEEL, Emily CHICOINE, Courtney SPORRER	#14 Morningside (Iowa)	12:44.00	2/10
5	32	Elizabeth WIDMER, Jewel OLSON, Claire KREIDT, Grace TIMM	#5 Dickinson State	12:54.39c(13:02.68)	2/3
6	50	Jada ANDERSON, Raylee WALLIS, Saddie PALMQUIST, Lindsey ROTH	#16 Dakota State (S.)	13:29.63c(13:38.30)	1/27
7	52	Abby RINDERKNECHT, Kiah COFFIN, Ruth JENNINGS, Jessa DAY	#17 Mount Mercy (Iowa)	13:34.10c(13:42.82)	1/27
8	54	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Rachel PARSONS	#9 Saint Xavier (Ill.)	13:38.16c(13:46.92)	1/27
9	58	Jordyn FLEENER, Gracie OLSON, Leah LISOWSKI, Olivia WROBEL	#15 Trinity Christian	13:52.78c(14:01.70)	2/10
10	68	Faith YOUNCE, Izela AVALOS, Allison MORRIS, Lilly GARNSEY	#13 Iowa Wesleyan	14:34.76c(14:44.13)	1/28

Women's High Jump

1	4	Hannah NEWTON	#1 Concordia (Neb.)	A:B 1.67m	5-5¾	2/10
2	12	Amy RICHERT	#1 Concordia (Neb.)	B 1.64m	5-4½	1/28
3	23	Josie GARRETT	#6 Doane (Neb.)	1.63m	5-4¼	12/3
3	23	Miranda KENDALL	#11 Viterbo (Wis.)	1.63m	5-4¼	2/4
5	29	Ashlynn PERKINS	#21 Graceland (Iowa)	1.61m	5-3¼	2/3
5	29	Andrea SUCHA	#10 Mount Marty (S.)	1.61m	5-3¼	1/14
5	29	Amyer MAREE- DERRICK	#9 Saint Xavier (Ill.)	1.61m	5-3¼	1/20
8	34	Adarra HAGLUND	#5 Dickinson State	1.60m	5-3	1/14
9	37	Sidney GILLILAND	#21 Graceland (Iowa)	1.59m	5-2½	1/28
9	37	Zailee POULSON	#4 Hastings (Neb.)	1.59m	5-2½	1/14
9	37	Sarah THEILER	#6 Doane (Neb.)	1.59m	5-2½	1/28
9	37	Kimberly SCHROPFER	#1 Concordia (Neb.)	1.59m	5-2½	1/14



Regional TFRI Event Summary

as of 2/13/2023 12:23:05 PM

Midwest

Women's Pole Vault

1	3	Josie PUELZ	#1	Concordia (Neb.)	A:B 3.97m	13-¼	2/3
2	7	Erin MAPSON	#1	Concordia (Neb.)	A:B 3.77m	12-4½	2/10
3	15	Ryleigh WARDEN	#8	St. Ambrose (Iowa)	A:B 3.52m	11-6½	1/27
3	15	Kayla SVOBODA	#1	Concordia (Neb.)	A:B 3.52m	11-6½	2/3
3	15	Amira CUMMINGS	#1	Concordia (Neb.)	A:B 3.52m	11-6½	2/3
3	15	Erin BOGGS	#1	Concordia (Neb.)	A:B 3.52m	11-6½	2/3
3	15	Gracie RIPPEN	#10	Mount Marty (S.A.)	B 3.52m	11-6½	2/11
3	15	Bailey NUUTINEN	#11	Viterbo (Wis.)	A:B 3.52m	11-6½	12/2
9	23	Madison WAHL	#5	Dickinson State	B 3.45m	11-3¾	2/3
9	23	Erin HULBERG	#18	Northwestern (I.)	B 3.45m	11-3¾	2/10

Women's Long Jump

1	4	Brooklyn JOHNSON	#17	Mount Mercy (Iowa)	A:B 5.78m	18-11¾	12/9
2	30	Lexie JOHNSON	#8	St. Ambrose (Iowa)	B 5.50m	18-½	1/21
3	34	Jocelyn OTT	#5	Dickinson State	5.48m	17-11¾	1/20
4	38	Katie LAMBRECHT	#8	St. Ambrose (Iowa)	5.44m	17-10¼	1/27
5	40	Lindsay ADAMS	#6	Doane (Neb.)	5.43m	17-9¾	1/28
5	40	Kaitlyn MCCOLLY	#5	Dickinson State	5.43m	17-9¾	2/3
7	42	Lana YEAKEL	#11	Viterbo (Wis.)	5.41m	17-9	2/4
8	46	Amy RICHERT	#1	Concordia (Neb.)	5.39m	17-8¼	1/14
9	49	Hayley MILES	#1	Concordia (Neb.)	5.38m	17-8	2/3
10	56	Kellie RHODES	#1	Concordia (Neb.)	5.35m	17-6¾	2/10

Women's Triple Jump

1	25	Fane SAUVAKACOLO	#16	Dakota State (S.)	B 11.35m	37-3	2/4
2	27	Amia HARRISON	#9	Saint Xavier (Ill.)	B 11.33m	37-2¼	1/27
3	39	Trinity DOUBLIN	#4	Hastings (Neb.)	11.10m	36-5	1/21
4	42	Jolene MANTOAN	#3	Olivet Nazarene	10.99m	36-¾	2/4
5	43	Alexis ANDERSEN	#8	St. Ambrose (Iowa)	10.96m	35-11½	2/2
6	46	Rosalyn ROGGASCH	#6	Doane (Neb.)	10.93m	35-10½	12/9
7	51	Josi NOBLE	#1	Concordia (Neb.)	10.89m	35-8¾	2/10
8	53	Tajana SIMS	#9	Saint Xavier (Ill.)	10.87m	35-8	2/4
8	53	Isabel SAYLER	#22	Briar Cliff (Iowa)	10.87m	35-8	12/9
10	58	Sarah THEILER	#6	Doane (Neb.)	10.77m	35-4	12/9

Women's Shot Put

1	2	Annah MILLER	#8	St. Ambrose (Iowa)	A:B 14.34m	47-¾	2/10
2	3	Allison SKALA	#6	Doane (Neb.)	A:B 14.32m	46-11¾	2/10
3	4	Kori NAGEL	#5	Dickinson State	A:B 14.25m	46-9	2/10
4	6	Hope WAGNER	#22	Briar Cliff (Iowa)	A:B 14.19m	46-6¾	2/11
5	8	Kiara ANDERSON	#4	Hastings (Neb.)	A:B 13.90m	45-7¼	1/14
6	9	Alivia BAUCOM	#6	Doane (Neb.)	A:B 13.89m	45-7	2/3
7	10	Bre NAIL	#17	Mount Mercy (Iowa)	A:B 13.79m	45-3	12/9
8	13	Brianna HUNTER	#13	Iowa Wesleyan	A:B 13.66m	44-9¾	2/10
9	14	Madeleine ROBINSON	#1	Concordia (Neb.)	A:B 13.64m	44-9	12/3
10	17	Claire CASPERSEN	#24	College of Saint	B 13.40m	43-11¾	2/3

Women's Weight Throw

1	1	Kiara ANDERSON	#4	Hastings (Neb.)	A:B 17.98m	59-0	1/14
2	3	Cassandra PINE	#4	Hastings (Neb.)	A:B 17.33m	56-10¼	2/10
3	5	Jessa EDEN	#4	Hastings (Neb.)	A:B 17.28m	56-8½	2/3
4	7	Madison GREEN	#12	Grand View (Iowa)	A:B 17.08m	56-½	2/1
5	9	Macy FULLER	#6	Doane (Neb.)	A:B 16.86m	55-3¾	2/10
6	10	Asia TYLER	#4	Hastings (Neb.)	A:B 16.78m	55-¾	2/3
7	13	Kori NAGEL	#5	Dickinson State	A:B 16.72m	54-10¼	2/10
8	14	Tori NYGARD	#5	Dickinson State	A:B 16.65m	54-7½	2/10
9	16	Madeleine ROBINSON	#1	Concordia (Neb.)	A:B 16.54m	54-3¾	2/10
10	20	Courtney HALL	#3	Olivet Nazarene	B 16.42m	53-10½	2/11

Women's Pentathlon

1	2	Kaitlyn MCCOLLY	#5	Dickinson State	A:B 3,632c	(3,610)	2/3
2	3	Lindsay ADAMS	#6	Doane (Neb.)	A:B 3,508c	(3,486)	2/2
3	4	Amy RICHERT	#1	Concordia (Neb.)	A:B 3,487c	(3,465)	12/9
4	10	Jordynn TOLIVER	#23	Jamestown (N.D.)	A:B 3,254c	(3,233)	12/9
5	12	Katie LAMBRECHT	#8	St. Ambrose (Iowa)	A:B 3,173c	(3,151)	1/27
6	17	Ashinee GEORGE	#10	Mount Marty (S.A.)	A:B 3,053c	(3,032)	12/9
7	18	Lana MUSA	#9	Saint Xavier (Ill.)	A:B 3,035c	(3,014)	12/9
8	19	Elena BATENHORST	#1	Concordia (Neb.)	A:B 3,022		1/21
9	23	Isabelle SALTERS	#1	Concordia (Neb.)	A:B 2,968		1/21
10	25	Josi NOBLE	#1	Concordia (Neb.)	A:B 2,951		1/21



Regional TFRI Event Summary

as of 2/13/2023 12:23:05 PM

South

Women's 60 Meters

1	1	Talayla DAVIS	#3	Life (Ga.)	A:B 7.42	2/6
2	2	Nicole JOHNSON	#18	Warner (Fla.)	A:B 7.44	2/6
3	3	Fredricka MCKENZIE	#1	William Carey (M)	B 7.49	1/13
4	4	Praise IDAMADUDU	#10	Cumberland (Te)	A:B 7.52	1/21
5	6	Joy ABU	#1	William Carey (M)	A:B 7.57	1/21
6	8	Latavia JACK	#8	Mobile (Ala.)	A:B 7.59	1/13
6	8	Salieci MYLES	#1	William Carey (M)	A:B 7.59	1/13
8	10	Irmiris MENDEZ	#4	Southeastern (F)	A:B 7.60	12/10
9	13	Brandy MACKEY	#23	Voorhees (S.C.)	A:B 7.62	2/10
10	14	Tyeese SMITH	#1	William Carey (M)	A:B 7.63	2/6

Women's 60 Meter Hurdles

1	1	Salieci MYLES	#1	William Carey (M)	A:B 8.35	2/6
2	2	Joy ABU	#1	William Carey (M)	A:B 8.41	1/13
3	16	Tashina BEYIOKU-ALASE	#9	Dillard (La.)	A:B 8.78	2/10
4	17	Yasmyne WILLIAMS	#14	Florida Memoria	A:B 8.79	12/10
5	21	Irmiris MENDEZ	#4	Southeastern (F)	A:B 8.89	12/10
6	24	Paige MANNEY	#11	Tennessee Wesl	A:B 8.93	2/11
7	25	Tenae GRIGSBY	#4	Southeastern (F)	A:B 8.94	2/6
7	25	Daila YOUNG	#9	Dillard (La.)	A:B 8.94	2/10
9	30	Anna CABRERA	#8	Mobile (Ala.)	B 8.99	1/21
10	32	Amaya KIER	#4	Southeastern (F)	B 9.01	12/10
10	32	Keyana YEOMAN	#23	Voorhees (S.C.)	B 9.01	2/10

Women's 200 Meters

1	1	Praise IDAMADUDU	#10	Cumberland (Te)	A:B 24.10	2/5
2	3	Joy ABU	#1	William Carey (M)	A:B 24.35	1/13
3	4	Talayla DAVIS	#3	Life (Ga.)	A:B 24.54	2/6
4	5	Denai WILSON	#14	Florida Memoria	A:B 24.62	12/10
5	6	Maya SMITH-SPEED	#3	Life (Ga.)	A:B 24.66	2/6
6	7	Fredricka MCKENZIE	#1	William Carey (M)	A:B 24.67	1/13
7	10	Kevell BYRD	#9	Dillard (La.)	A:B 24.77	1/13
8	11	Latavia JACK	#8	Mobile (Ala.)	A:B 24.80	1/13
9	17	Salieci MYLES	#1	William Carey (M)	A:B 25.04	1/21
10	20	Kynneddy TURNER	#20	Xavier (La.)	A:B 25.10	2/10

Women's 400 Meters

1	1	Joy ABU	#1	William Carey (M)	A:B 55.16	2/6
2	3	Praise IDAMADUDU	#10	Cumberland (Te)	A:B 55.38	2/5
3	5	Brianna FLORVILUS	#3	Life (Ga.)	A:B 55.57	1/13
4	6	Sabrina RICHMAN	#3	Life (Ga.)	A:B 56.65	2/6
5	10	Kevell BYRD	#9	Dillard (La.)	A:B 56.99	1/21
6	13	Namiah SIMPSON	#4	Southeastern (F)	A:B 57.25	2/6
7	21	Samaya BATSON-CAURTHENS	#16	Keiser (Fla.)	B 57.97	2/6
8	32	Oluwafikayomi LAWRENCE	#4	Southeastern (F)	B 58.53	2/6
9	37	Breanna PRATT	#3	Life (Ga.)	58.74	1/28
10	47	Sadiya SHAMSID-DEEN	#8	Mobile (Ala.)	59.26	2/6

Women's 600 Meters

1	19	Maria SIMANCAS	#1	William Carey (N)	B 1:36.99	2/6
2	33	Brianna FLORVILUS	#3	Life (Ga.)	1:38.51	2/6
3	37	Kyja WILLIAMS	#3	Life (Ga.)	1:38.95	1/28
4	42	Dagbjort MAGNUSDOTTIR	#3	Life (Ga.)	1:39.59	2/6
5	56	Jaeva RIDLEY	#15	Brenau (Ga.)	1:41.05c (1:42.28)	12/4
6	59	Megan CHRISTIAN	#2	Milligan (Tenn.)	1:41.17c (1:42.41)	1/22
6	59	Emily STANDIFER	#6	Montreat (N.C.)	1:41.17c (1:42.41)	12/3
8	66	Madelyn GORTEMOLLER	#8	Mobile (Ala.)	1:41.53	2/6
9	69	Marie MARC	#16	Keiser (Fla.)	1:41.79	2/6
10	78	Madisyn ACOSTA	#13	Loyola (La.)	1:42.33c (1:43.58)	1/27

Women's 800 Meters

1	4	Ellen-Mary KEARNEY	#2	Milligan (Tenn.)	A:B 2:13.85	1/27
2	23	Theresa LONG	#19	Ave Maria (Fla.)	2:19.31	1/19
3	39	Dylan GARCIA	#6	Montreat (N.C.)	2:21.46	1/20
4	60	Kyja WILLIAMS	#3	Life (Ga.)	2:23.01	1/20
5	68	Ashlyn VANLANDINGHAM	#21	SCAD Atlanta (G)	2:23.53c (2:25.18)	2/3
6	69	Monique BROWN	#14	Florida Memoria	2:23.66	2/6
7	71	Maggie FRONING	#12	SCAD Savannah	2:23.77	2/6
8	72	Yessenia CASTELLANOS	#6	Montreat (N.C.)	2:23.82c (2:25.47)	2/9
9	75	Anna KOLETNIK	#21	SCAD Atlanta (G)	2:23.90c (2:25.56)	2/3
10	77	Kilia HASTY	#6	Montreat (N.C.)	2:23.93	1/20

Women's 1000 Meters

1	5	Caitlin DOMINY	#2	Milligan (Tenn.)	A:B 2:56.53c (2:58.45)	1/14
2	6	Ellen-Mary KEARNEY	#2	Milligan (Tenn.)	A:B 2:57.01c (2:58.94)	1/22
3	7	Dylan GARCIA	#6	Montreat (N.C.)	A:B 2:57.97c (2:59.91)	2/3
4	22	Kilia HASTY	#6	Montreat (N.C.)	3:02.57c (3:04.56)	2/3
5	25	Gracie ALLEN	#2	Milligan (Tenn.)	3:03.07c (3:05.06)	1/14
6	37	Yessenia CASTELLANOS	#6	Montreat (N.C.)	3:05.99	11/29
7	40	Theresa LONG	#19	Ave Maria (Fla.)	3:06.30	1/19
8	46	Kathryn VRADENBURGH	#17	Dalton State (Ga)	3:07.16	2/6
9	57	Mahaley CRONK	#6	Montreat (N.C.)	3:08.22	11/29
10	69	Kyja WILLIAMS	#3	Life (Ga.)	3:09.56	1/28

Women's Mile

1	3	Ellen-Mary KEARNEY	#2	Milligan (Tenn.)	A:B 4:51.74c (4:54.62)	2/3
2	11	Caitlin DOMINY	#2	Milligan (Tenn.)	A:B 5:02.44	1/27
3	23	Alyssa BEARZI	#2	Milligan (Tenn.)	B 5:06.16c (5:09.19)	1/14
4	30	Julia ROHM	#4	Southeastern (F)	B 5:08.21	12/2
5	33	Dylan GARCIA	#6	Montreat (N.C.)	B 5:09.11c (5:12.17)	12/3
5	33	Montserrat DE SANTIAGO	#12	SCAD Savannah	B 5:09.11	2/6
7	35	Kathryn VRADENBURGH	#17	Dalton State (Ga)	B 5:09.50	2/6
8	43	Blanca CONESA	#1	William Carey (N)	5:11.99	2/6
9	49	Ella HODGES	#12	SCAD Savannah	5:13.90	1/20
10	60	Kilia HASTY	#6	Montreat (N.C.)	5:17.43	1/20



Regional TFRI Event Summary

as of 2/13/2023 12:23:06 PM

South

Women's 3000 Meters

1	2	Caitlin DOMINY	#2	Milligan (Tenn.) A:B 9:46.12c (9:51.14)	2/3
2	3	Lina MAY	#1	William Carey (M:B 9:48.08	2/6
3	7	Ellen-Mary KEARNEY	#2	Milligan (Tenn.) A:B 9:55.23c (10:00.33)	12/4
4	19	Alyssa BEARZI	#2	Milligan (Tenn.) A:B 10:05.35c (10:10.54)	12/4
5	27	Julia ROHM	#4	Southeastern (FA:B 10:13.41	12/2
6	40	Sarah OLAMIDE	#1	William Carey (M B 10:22.30	12/2
7	42	Talia SULLIVAN	#12	SCAD Savannah B 10:23.40	2/6
8	50	Gracie ALLEN	#2	Milligan (Tenn.) 10:30.02c (10:35.42)	12/4
9	53	Blanca CONESA	#1	William Carey (M 10:32.18	2/6
10	54	Dylan GARCIA	#6	Montreat (N.C.) 10:32.82	11/29

Women's 5000 Meters

1	1	Lina MAY	#1	William Carey (M:B 16:53.68	2/6
2	2	Alyssa BEARZI	#2	Milligan (Tenn.) A:B 16:58.31c (17:06.10)	2/3
3	9	Ellen-Mary KEARNEY	#2	Milligan (Tenn.) A:B 17:27.59	11/29
4	12	Caitlin DOMINY	#2	Milligan (Tenn.) A:B 17:29.18	11/29
5	13	Julia ROHM	#4	Southeastern (FA:B 17:36.56	1/19
6	28	Talia SULLIVAN	#12	SCAD Savannah A:B 18:05.29	1/20
7	34	Madisyn ACOSTA	#13	Loyola (La.) B 18:13.83	2/10
8	39	Gracie ALLEN	#2	Milligan (Tenn.) B 18:17.86	11/29
9	45	Jenna MALLORY	#6	Montreat (N.C.) B 18:20.93	11/29
10	50	Makayla HOLLIFIELD	#5	Columbia (S.C.) 18:25.50	1/28

Women's 3000m Race Walk

1	1	Izabelle TREFTS	#5	Columbia (S.C.) A:B 14:07.00	1/28
2	3	Victoria HEISER-WHATLEY	#5	Columbia (S.C.) A:B 15:39.46	1/22
3	4	Ainhwa COLINO	#5	Columbia (S.C.) A:B 15:40.08	1/22
4	5	Jessica HEISER-WHATLEY	#5	Columbia (S.C.) A:B 15:50.50	1/28
5	25	Ariana PRATT	#5	Columbia (S.C.) 20:18.94	12/3
6	29	Gabrielle HUGGINS	#5	Columbia (S.C.) 20:27.01	1/28
7	36	Jennyfer VIGUERAS	#5	Columbia (S.C.) 21:51.19	1/28
8	38	Mina SHULL	#5	Columbia (S.C.) 22:17.23	1/22
9	42	Esther EKUNDAYO	#5	Columbia (S.C.) 23:34.74	12/3

Women's 4x400 Relay

1	2	Feja HODGES, Maria SIMANCAS, Nevagant JONES, Joy ABU	#1	William Carey (M:A:B 3:50.33	2/6
2	5	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Sabrina RICHMAN	#3	Life (Ga.) A:B 3:52.56	2/6
3	7	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#4	Southeastern (FA:B 3:53.95	1/19
4	15	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Monique WOODS	#14	Florida Memoria B 3:57.81	2/6
5	19	Ta'nijal MATTHEWS, Anginique ANDREWS, Kevell BYRD, Ta'nyia FLOWERS	#9	Dillard (La.) B 3:59.05	2/10
6	34	Kynneddy TURNER, Darryan HORTON, Hannah STOUTMIRE, Vanessa OLADAPO	#20	Xavier (La.) 4:07.19	2/10
7	39	Adriunna EARL, Kayland THOMASON, Kamryn CHAMBLISS, Jaeva RIDLEY	#15	Brenau (Ga.) 4:08.15c (4:11.44)	12/4
8	40	Samaya CAURTHENS, Aiana COLAS, Marie MARC, Shanice FLEURIMOND	#16	Keiser (Fla.) 4:08.43	2/6
9	52	Raegan LATIOLAIS, Yasmin PINES, Ashlyn BROUSSARD, Sadiya SHAMSID-DEEN	#8	Mobile (Ala.) 4:14.75	2/6
10	59	Emma BARNES, Jasmine HERNANDEZ, Anna TASTINGER, Paris TURNER	#6	Montreat (N.C.) 4:17.10c (4:20.51)	2/3



Regional TFRI Event Summary

as of 2/13/2023 12:23:06 PM

South

Women's 4x800 Relay

1	15	Gracie ALLEN, Sophia JEFFERS, Kara MCDANIEL, Kaelyn SLAUGHTER	#2 Milligan (Tenn.)	9:46.13	1/27
2	16	Breanna PRATT, Darcy PICKER, Dagbjort MAGNUSDOTTIR, Kyja WILLIAMS	#3 Life (Ga.)	9:49.23	2/6
3	18	Jillian BLASER, Kaitlyn VORKAPICH, Natalie ROHM, Julia ROHM	#4 Southeastern (F	9:55.19	2/6
4	21	Rosemary REED, Dzana CISIC, Mercy BERKEMEYER, Lydia WILLHITE	#7 Columbia Intern	10:01.76c(10:08.70)	2/10
5	23	Sarah OLAMIDE, Paige ANDERSON, Angela OPORE, Blanca CONESA	#1 William Carey (N	10:13.28	2/6
6	24	Anna KOLETNIK, Ashlyn VANLANDINGHAM, Kylie HILLIARD, Ashleigh WHITE	#21 SCAD Atlanta (Ga	10:13.39	1/28
7	36	Angeline KRAVITZ, Gabrielle HUGGINS, Kayleigh LODGE, Makayla HOLLIFIELD	#5 Columbia (S.C.)	10:40.62c(10:48.00)	1/22
8	43	Amber BYRD, Isabel ESTEB, Jasmine MARTINEZ, Mallory FORET	#13 Loyola (La.)	10:57.86	2/6
9	46	Madelyn GORTERMOLLER, Trinity PAGE, Kayley BURGESS, Reese PRESTRIDGE	#8 Mobile (Ala.)	11:22.40	2/6
10	47	Emma WATSON, Kayla MATTOX, Haley TILLERY, Riley Jo FORD	#17 Dalton State (Ga	11:28.53	2/6

Women's Distance Medley Relay

1	2	Caitlin DOMINY, Megan CHRISTIAN, Ellen-Mary KEARNEY, Alyssa BEARZI	#2 Milligan (Tenn.) A:B	11:57.88	1/27
2	14	Dylan GARCIA, Emily STANDIFER, Kilia HASTY, Jenna MALLORY	#6 Montreat (N.C.) A:B	12:23.52c(12:31.48)	2/3
3	38	Montserrat DE SANTIAGO, Natalie RANDALL, Maggie FRONING, Julia GRALKI	#12 SCAD Savannah	13:07.37	2/6
4	39	Rosemary REED, Dzana CISIC, Mercy BERKEMEYER, Lydia WILLHITE	#7 Columbia Intern	13:10.32c(13:18.78)	2/10
5	42	Riley Jo FORD, Rebecca POE, Kayla MATTOX, Kathryn VRADENBURGH	#17 Dalton State (Ga	13:17.53	1/15
6	55	Kathy MACEDO, Amari GRAHAM, Natalie ROHM, Grace FEDER	#4 Southeastern (F	13:38.26	2/6
7	62	Ainhoa COLINO, Kayleigh LODGE, Izabelle TREFTS, Makayla HOLLIFIELD	#5 Columbia (S.C.)	13:58.31	1/28
8	64	Felicity FOXHOVEN, Regina PIROLLI, Gabrielle SJOSTEDT, Anne SCHECK	#19 Ave Maria (Fla.)	14:03.40	2/6
9	65	Abigail HAMPTON, Victoria VERRAN, Ashlee CARON, Molly WOODB	#11 Tennessee Wesl	14:05.19	11/29
10	76	Marie Ann ESCOBAR, Breanna PRATT, Kyja WILLIAMS, Kaitlin IVEY	#3 Life (Ga.)	16:43.32	2/6

Women's High Jump

1	2	Paige MANNEY	#11 Tennessee WeslA:B	1.70m	5-7	11/29
2	12	Aiana COLAS	#16 Keiser (Fla.)	B 1.64m	5-4½	2/6
2	12	Tashina BEYIOKU- ALASE	#9 Dillard (La.)	B 1.64m	5-4½	2/10
2	12	Kaitlyn BECNEL	#13 Loyola (La.)	B 1.64m	5-4½	2/10
5	45	Nevagant JONES	#1 William Carey (N	1.58m	5-2¼	1/13
6	58	Alea BOCHETTE	Thomas (Ga.)	1.55m	5-1	12/3
6	58	Anna CABRERA	#8 Mobile (Ala.)	1.55m	5-1	1/21
8	89	Kailyn KELLY	#16 Keiser (Fla.)	1.52m	4-11¾	1/26
9		Kaylee LOWE	#3 Life (Ga.)	1.51m	4-11½	2/6
9		Victoria MORRIS	#4 Southeastern (F	1.51m	4-11½	2/6



Regional TFRI Event Summary

as of 2/13/2023 12:23:06 PM

South

Women's Pole Vault

1	48	Halie HAWKINS	#2	Milligan (Tenn.)	3.21m	10-6¼	1/27
2	76	Caroline RIMMER	#4	Southeastern (F	2.90m	9-6¼	12/2
3		Briana RAY	#17	Dalton State (Ga	2.45m	8-½	2/6
4		Amari GRAHAM	#4	Southeastern (F	2.35m	7-8½	2/6
5		Brook VILLHAUER	#25	Reinhardt (Ga.)	2.15m	7-½	1/22
6		Mara MILLER	#7	Columbia Intern	2.13m	6-11¾	1/28
7		Marie Ann ESCOBAR	#3	Life (Ga.)	2.00m	6-6¾	2/6

Women's Long Jump

1	1	Machaeda LINTON	#1	William Carey (M	5.91m	19-4¾	2/6
2	11	Anna CABRERA	#8	Mobile (Ala.)	5.63m	18-5¾	2/6
3	13	Dasia SHEPHERD	#24	Brewton-Parker	5.62m		12/3
3	13	Paige MANNEY	#11	Tennessee Wes	5.62m	18-5¼	1/28
5	15	Nevagant JONES	#1	William Carey (M	5.61m	18-5	2/6
6	17	Talayla DAVIS	#3	Life (Ga.)	5.57m	18-3¼	2/6
7	19	Brandy MACKEY	#23	Voorhees (S.C.)	5.55m	18-2½	1/29
7	19	Kaylee LOWE	#3	Life (Ga.)	5.55m		1/28
9	24	Zaniyah WILSON	#1	William Carey (N	5.52m	18-1½	1/13
10	27	Rachel ROWE	#9	Dillard (La.)	5.51m		1/13

Women's Triple Jump

1	2	Machaeda LINTON	#1	William Carey (M	12.36m	40-6¾	1/13
2	3	Nevagant JONES	#1	William Carey (M	12.32m	40-5	12/2
3	4	Paige MANNEY	#11	Tennessee Wes	12.31m	40-4¾	2/11
4	6	Alana MACK	#10	Cumberland (Te	11.92m	39-1¼	1/21
5	10	Selena JOHNSON	#18	Warner (Fla.)	11.70m	38-4¾	2/6
6	14	Jessica GAKERI	#6	Montreat (N.C.)	11.60m	38-¾	1/20
7	18	Kaylee LOWE	#3	Life (Ga.)	11.49m		1/28
7	18	Miyah FORD	#4	Southeastern (F	11.49m	37-8½	1/13
9	23	Aniecia GOSS	#11	Tennessee Wes	11.42m	37-5¼	2/11
10	25	Rachel ROWE	#9	Dillard (La.)	11.35m		2/10

Women's Shot Put

1	4	Levonis DAVIS	#3	Life (Ga.)	14.25m	46-9	1/13
2	19	Sha'Nyia WOOLERY	#15	Brenau (Ga.)	13.25m	43-5¾	1/22
3	25	Daveina WATSON	#10	Cumberland (Te	13.08m	42-11	1/21
4	28	Fedra FLORENTIN	#8	Mobile (Ala.)	13.04m	42-9½	2/6
5	29	Bryana BAZILE	#13	Loyola (La.)	13.02m	42-8¾	2/10
6	31	Kloey PICKENS	#7	Columbia Intern	12.93m	42-5¼	2/10
7	48	Mykhala COLEMAN	#13	Loyola (La.)	12.52m	41-1	2/6
8	56	Darci DAWSON	#5	Columbia (S.C.)	12.43m	40-9½	1/20
9	80	Somara BUTCHER	#8	Mobile (Ala.)	11.94m	39-2¼	2/11
10		Zaida CARSON	#5	Columbia (S.C.)	11.54m	37-10½	12/9
10		Kaylyn TURNER	#9	Dillard (La.)	11.54m	37-10½	1/21

Women's Weight Throw

1	6	Dazanni HINTON	#7	Columbia Intern	17.14m	56-2¾	2/10
2	12	Jennifer BATU	#3	Life (Ga.)	16.73m	54-10¾	1/28
3	40	Niesha ALDAJUSTE	#22	Webber Internat	15.48m	50-9½	1/26
4	48	Darci DAWSON	#5	Columbia (S.C.)	15.22m	49-11¼	1/22
5	60	Jailyn KENDRICK	#15	Brenau (Ga.)	14.78m	48-6	12/4
6	61	Sha'Nyia WOOLERY	#15	Brenau (Ga.)	14.75m	48-4¾	1/28
7	71	Levonis DAVIS	#3	Life (Ga.)	14.41m	47-3½	2/6
8	95	Kloey PICKENS	#7	Columbia Intern	14.05m	46-1¼	1/28
9	E+0	Zaida CARSON	#5	Columbia (S.C.)	14.00m	45-11¼	1/28
10		Sophiat OMIZI	#10	Cumberland (Te	13.90m	45-7¼	1/7

Women's Pentathlon

1	53	Morgan JOHNSON	#7	Columbia Intern	2,485c	(2,466)	2/10
2	54	Zykirah DAVIS	#5	Columbia (S.C.)	2,479c	(2,459)	12/9
3	62	Natalie ROHM	#4	Southeastern (F	2,348		1/19
4	66	Kailyn KELLY	#16	Keiser (Fla.)	2,191		1/19



Regional TFRI Event Summary

as of 2/13/2023 12:23:06 PM

South Central

Women's 60 Meters

1	22	Nikiwe MONGWE	#3	MidAmerica Naz B	7.69	1/28
2	26	Jaelynn WILLIAMS	#14	Texas Wesleyan B	7.73	1/21
3	29	Gizel CLAYTON	#1	Central Methodi B	7.74	12/10
4	33	Jaylen KNIGHT	#5	Friends (Kan.) B	7.75	2/10
5	38	Gretchen RANEY	#2	Saint Mary (Kan.	7.78	2/10
5	38	Delaney WEIMER	#16	Evangel (Mo.)	7.78	2/10
7	41	Malaisha CARTWRIGHT		UNT Dallas	7.79	2/11
8	42	Rachel BOOKER	#10	Southwestern (T	7.80	2/10
9	60	Kiana KEBBI	#24	Our Lady of the I	7.86c (7.84A)	2/10
10	67	Alison AMBUUL	#4	Benedictine (Ka	7.88	1/14

Women's 60 Meter Hurdles

1	5	Gizel CLAYTON	#1	Central MethodiA	B 8.53	2/2
2	6	Tre'Breh SCOTT	#1	Central MethodiA	B 8.65	2/2
3	10	Tajanique BELL	#20	Baker (Kan.)	A; B 8.71	12/9
4	21	Keiana NEWMAN	#5	Friends (Kan.)	A; B 8.89	2/10
5	34	Khristen BRYANT	#9	Columbia (Mo.)	B 9.02	12/10
6	35	JayOnna PERRY	#6	Ottawa (Kan.)	B 9.05	2/10
7	51	Ally SWAIM		Central Baptist (	9.15	12/9
8	53	Jocelyn JENKINS	#3	MidAmerica Naz	9.16	1/28
9	60	Kaiya MCKIE	#20	Baker (Kan.)	9.23	12/3
10	70	Samantha COLSON	#2	Saint Mary (Kan.	9.31	2/10

Women's 200 Meters

1	2	Nikiwe MONGWE	#3	MidAmerica NazA	B 24.18	2/2
2	14	Jaylen KNIGHT	#5	Friends (Kan.)	A; B 24.95c (25.33)	2/10
3	30	Kyah HILL	#10	Southwestern (T	B 25.28c (25.67)	2/10
4	31	Shelby BIRMINGHAM	#11	Park (Mo.)	B 25.31	2/2
5	36	Gizel CLAYTON	#1	Central Methodi B	25.36c (25.75)	1/20
6	38	Rachel BOOKER	#10	Southwestern (T	B 25.39c (25.78)	2/10
7	45	Darnee WILLIAMS		Wiley (Texas)	25.51c (25.90)	1/27
8	50	Kiana KEBBI	#24	Our Lady of the I	25.60	12/10
9	54	Mumina MILLINGTON	#6	Ottawa (Kan.)	25.67c (26.06)	2/10
10	63	Maysha VICKERS	#8	Langston (Okla.)	25.79	12/3

Women's 400 Meters

1	16	Alison AMBUUL	#4	Benedictine (KaA	B 57.43	1/28
2	20	Mumina MILLINGTON	#6	Ottawa (Kan.)	B 57.94	1/28
3	25	JayOnna PERRY	#6	Ottawa (Kan.)	B 58.16c (58.93)	2/10
4	33	Shelby BIRMINGHAM	#11	Park (Mo.)	B 58.56	2/2
5	41	Darly CAMILO-MONTENEGRO	#1	Central Methodi	58.85c (59.63)	1/20
6	49	Maysha VICKERS	#8	Langston (Okla.)	59.41c (1:00.19)	1/7
7	54	Kendra BLAYLOCK	#5	Friends (Kan.)	59.51c (1:00.30)	1/27
8	55	Vanessa PEREZ	#22	Oklahoma Wesle	59.53c (1:00.32)	2/10
9	60	Sakoya JOHNSON	#1	Central Methodi	59.59c (1:00.38)	1/20
10	67	Kyah HILL	#10	Southwestern (T	59.69c (1:00.48)	1/27

Women's 600 Meters

1	5	Darly CAMILO-MONTENEGRO	#1	Central MethodiA	B 1:34.03	12/10
2	6	Alison AMBUUL	#4	Benedictine (KaA	B 1:34.50	12/9
3	9	Kjirsten GUILFORD	#1	Central MethodiA	B 1:35.54c (1:36.71)	1/20
4	10	Jena HAHLEBECK	#11	Park (Mo.)	A; B 1:35.66	2/2
5	17	Caroline COBO	#4	Benedictine (Ka	B 1:36.82c (1:38.00)	1/27
6	22	Magdalena BURDOVA	#3	MidAmerica Naz B	1:37.19	1/28
7	30	Kendra BLAYLOCK	#5	Friends (Kan.)	1:38.04c (1:39.24)	2/10
8	36	Kentayshija PRUITT	#10	Southwestern (T	1:38.86c (1:40.07)	2/10
9	38	Cailen JOLLEY	#7	Oklahoma City	1:39.06c (1:40.27)	1/7
10	44	Yanira DEANA PANINKA	#1	Central Methodi	1:39.72	2/2

Women's 800 Meters

1	8	Jena HAHLEBECK	#11	Park (Mo.)	A; B 2:15.52	2/2
2	10	Caroline COBO	#4	Benedictine (Ka	B 2:16.52c (2:18.09)	2/3
3	11	Rianna VIDALES	#14	Texas Wesleyan B	2:16.78	2/3
4	14	Maddy WALTER-SHERRETTS	#2	Saint Mary (Kan.	B 2:17.23	2/3
5	18	Cailen JOLLEY	#7	Oklahoma City	B 2:17.65	1/13
6	32	Isabel RINKENBERGER	#12	Missouri Baptist	2:20.30	2/10
7	35	Jaymee YELTON		Huston-Tillotsoi	2:20.81	1/13
8	37	Alyssa ARMENDARIZ	#2	Saint Mary (Kan.	2:21.11c (2:22.73)	1/14
9	44	Kjirsten GUILFORD	#1	Central Methodi	2:21.83	2/2
10	45	Macy KOPP	#16	Evangel (Mo.)	2:21.84	2/2

Women's 1000 Meters

1	9	Alyssa ARMENDARIZ	#2	Saint Mary (KanA	B 2:59.15	12/3
2	15	Carlie GREGG	#2	Saint Mary (Kan.	B 3:00.98	12/3
3	17	Riley HIEBERT	#2	Saint Mary (Kan.	B 3:01.54	12/3
3	17	Maddy WALTER-SHERRETTS	#2	Saint Mary (Kan.	B 3:01.54c (3:03.52)	2/10
5	20	Cailen JOLLEY	#7	Oklahoma City	3:02.24	12/3
6	23	Brooke WIEBE	#15	Tabor (Kan.)	3:02.67c (3:04.66)	1/27
7	26	Danielle ALLISON	#15	Tabor (Kan.)	3:03.20c (3:05.20)	1/27
8	29	Mia REED	#12	Missouri Baptist	3:04.22c (3:06.23)	2/4
9	30	Kjirsten GUILFORD	#1	Central Methodi	3:04.27c (3:06.28)	1/27
10	31	Caroline GILES	#5	Friends (Kan.)	3:04.61c (3:06.62)	1/27

Women's Mile

1	10	Alyssa ARMENDARIZ	#2	Saint Mary (KanA	B 5:01.21c (5:04.19)	1/14
2	17	Riley HIEBERT	#2	Saint Mary (KanA	B 5:04.66c (5:07.67)	2/10
3	19	Caroline GILES	#5	Friends (Kan.)	B 5:05.93	2/2
4	26	Danielle ALLISON	#15	Tabor (Kan.)	B 5:07.65c (5:10.69)	2/10
5	32	Maddy WALTER-SHERRETTS	#2	Saint Mary (Kan.	B 5:09.10	1/21
6	37	Cailen JOLLEY	#7	Oklahoma City	5:10.01	2/3
7	40	Caroline COBO	#4	Benedictine (Ka	5:10.84	1/28
8	41	Mia REED	#12	Missouri Baptist	5:11.23	2/10
9	46	Reagan HIEBERT	#2	Saint Mary (Kan.	5:13.07c (5:16.16)	1/14
10	47	Rianna VIDALES	#14	Texas Wesleyan	5:13.18	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:23:07 PM

South Central

Women's 3000 Meters

1	14	Alyssa ARMENDARIZ	#2	Saint Mary (Kan.)	A:B 10:02.96	2/3
2	26	Riley HIEBERT	#2	Saint Mary (Kan.)	A:B 10:11.77	1/21
3	28	Reagan HIEBERT	#2	Saint Mary (Kan.)	A:B 10:13.51	2/3
4	37	Natalia QUIROZ	#22	Oklahoma Wesleyan	B 10:20.80c (10:26.12)	1/27
5	39	Caroline COBO	#4	Benedictine (Kan.)	B 10:21.40c (10:26.72)	12/3
6	41	Louise COCKING	#7	Oklahoma City	B 10:22.39	2/10
7	49	Natasha ORTIZ	#4	Benedictine (Kan.)	B 10:29.63c (10:35.02)	12/3
8	51	Josie TYRRELL	#2	Saint Mary (Kan.)	B 10:30.41	2/3
9	58	Kate MADSEN	#2	Saint Mary (Kan.)	B 10:37.05c (10:42.51)	2/10
10	60	Alicia ENGELBRECHT	#13	William Woods (Mo.)	B 10:37.97c (10:43.44)	2/4

Women's 5000 Meters

1	8	Alyssa ARMENDARIZ	#2	Saint Mary (Kan.)	A:B 17:27.12	1/21
2	16	Riley HIEBERT	#2	Saint Mary (Kan.)	A:B 17:43.00	12/3
3	20	Reagan HIEBERT	#2	Saint Mary (Kan.)	A:B 17:48.31	1/21
4	24	Danielle ALLISON	#15	Tabor (Kan.)	A:B 17:56.91c (18:05.15)	2/10
5	33	Kate MADSEN	#2	Saint Mary (Kan.)	B 18:10.60c (18:18.95)	2/10
6	37	Josie TYRRELL	#2	Saint Mary (Kan.)	B 18:15.46	1/21
7	38	Alicia ENGELBRECHT	#13	William Woods (Mo.)	B 18:15.53	12/10
8	43	Natasha ORTIZ	#4	Benedictine (Kan.)	B 18:19.65	1/28
9	47	Mekayla GIBSON	#13	William Woods (Mo.)	B 18:23.09c (18:31.53)	2/11
10	52	Brooke WIEBE	#15	Tabor (Kan.)	B 18:27.81c (18:36.29)	1/27

Women's 3000m Race Walk

1	6	Yanira DEANA PANINKA	#1	Central Methodist (Mo.)	A:B 16:17.94	1/20
2	19	Baileigh MORRIS	#1	Central Methodist	B 18:53.08	1/27
3	40	Deziree HOOD	#1	Central Methodist	B 22:42.90	1/27
4	43	Lynnzey YOUNG	#17	Bethel (Kan.)	B 25:21.14	1/7

Women's 4x400 Relay

1	4	Darly CAMILO-MONTENEG, Tre'Breh SCOTT, Kjirsten GUILFORD, Sakoya JOHNSON	#1	Central Methodist (Mo.)	A:B 3:52.52	12/10
2	10	Janiah NICHOLSON, Maya EIDMAN, Nikiwe MONGWE, Daizy SOLIR	#3	MidAmerica Nazarene (Mo.)	A:B 3:55.51	2/2
3	25	Kentayshija PRUITT, Rachel BOOKER, Meliah HANNA, Kyah HILL	#10	Southwestern (Mo.)	B 4:02.44c (4:05.65)	2/10
4	26	Destiny ESCOBAR, Jennae RAMIREZ, JayOnna PERRY, Mumina MILLINGTON	#6	Ottawa (Kan.)	B 4:02.69c (4:05.91)	2/10
5	27	Halle NAGEL, Kaylah PETTY, Kourtney WARREN, Kendra BLAYLOCK	#5	Friends (Kan.)	B 4:04.00c (4:07.23)	2/10
6	28	Yarnia EVANS, Jaelynn WILLIAMS, Lasharia GORDON, Allison DALZELL	#14	Texas Wesleyan	B 4:04.47	2/10
7	31	Gretchen RANEY, Maddy WALTER-SHERRETT, Jane DUTEIL, Lexi WARDLOW	#2	Saint Mary (Kan.)	B 4:05.82c (4:09.08)	2/10
8	38	Jena HAHLEBECK, Shelby BIRMINGHAM, Allison ANDERSON, Shanai SWEETING	#11	Park (Mo.)	B 4:07.85	2/2
9	43	Antonia SMITH, Tatiana SMITH, Catherine STARRS, Alison AMBUUL	#4	Benedictine (Kan.)	B 4:09.25	1/28
10	46	Shawna SMITH, Erika PENA, Kaylee CLARK, Cailen JOLLEY	#7	Oklahoma City	B 4:11.55	2/3



Regional TFRI Event Summary

as of 2/13/2023 12:23:07 PM

South Central

Women's 4x800 Relay

1	10	Florencia CABRERA, Ginger MACINNIS-PIERCE, Erika PENA, Cailen JOLLEY	#7 Oklahoma City	B	9:39.20	1/21
2	12	Shelby DUNCAN, Abigail ALRED, Maya EIDMAN, Magdalena BURDOVA	#3 MidAmerica Naz	B	9:41.24	2/2
3	17	Caroline COBO, Emilie NELSON, Catherine STARRS	#4 Benedictine (Ka		9:50.37c (9:57.17)	2/3
4	19	Riley FISHER, Carlie GREGG, Emilia DIAZ, Maddy WALTER-SHERRETT	#2 Saint Mary (Kan.		9:55.48c (10:02.34)	2/10
5	20	Josie KOPPES, Joni SCHROEDER, Daniella GAONA, Madisyn EHRLICH	#18 Kansas Wesleyan		10:00.17c(10:07.09)	2/10
6	25	Skylar ADAMS, Emily HARRIS, Danielle CALDARELLI, Macy KOPP	#16 Evangel (Mo.)		10:13.87c(10:20.94)	1/27
7	28	Emily TRUAX, Kaya TANNER, Zoe TRAUSCH, Abbigael COYLE	#19 Saint Mary-of-th		10:19.53c(10:26.67)	2/4
8	30	Kourtney WARREN, Claire DINGLER, Madison MOSES, Kayli GONZALES	#5 Friends (Kan.)		10:21.46c(10:28.62)	2/10
9	32	Georgia HITCHCOCK, Samantha THOMPSON, Amari ROBB, Abriana PHIPPS	#25 McPherson (Kan		10:27.04c(10:34.27)	2/10
10	33	Elisa LLAMAS, Anzhelany JORDAN, Kacie LANCASTER, Kirstin HACKNEY	#10 Southwestern (I		10:28.95c(10:36.20)	2/10

Women's Distance Medley Relay

1	10	Maddy WALTER-SHERRETT, Lexi WARDLOW, Carlie GREGG, Riley HIEBERT	#2 Saint Mary (KanA:	B	12:16.09	2/3
2	20	Erika PENA, Shawna SMITH, Florencia CABRERA, Cailen JOLLEY	#7 Oklahoma City	B	12:29.17	2/3
3	27	Isabel RINKENBERGER, Mattie NOYES, Adrienne ROCKETTE, Mia REED	#12 Missouri Baptist		12:43.24c(12:51.41)	2/4
4	28	Caroline COBO, Tatiana SMITH, Alison AMBUUL, Julia MCLAUGHLIN	#4 Benedictine (Ka		12:43.43c(12:51.60)	1/27
5	30	Rianna VIDALES, Lasharia GORDON, Indya PRICE, Ashlei MCDONALD	#14 Texas Wesleyan		12:45.50	2/3
6	31	Brooke WIEBE, Sydnee GARDNER, Sonya ZIMMERMAN, Danielle ALLISON	#15 Tabor (Kan.)		12:54.38c(13:02.67)	2/10
7	33	Kjirsten GUILFORD, Yanira DEANA PANINKA, Darly CAMILO-MONTENEG, Madeline WIESEMAN	#1 Central Methodi		12:56.36	1/13
8	34	Macy KOPP, Liberty WILES, Emily HARRIS, Skylar ADAMS	#16 Evangel (Mo.)		12:57.74	2/2
9	35	Madisyn EHRLICH, Bailey MANN, Joni SCHROEDER, Josie KOPPES	#18 Kansas Wesleyan		13:01.13c(13:09.49)	2/10
10	40	Jada O'DONNELL, Lily ASHRAFZADEH, Grace BRINKMANN, Emma HOMFELDT	#9 Columbia (Mo.)		13:14.46c(13:22.97)	2/4

Women's High Jump

1	9	Delaney MILLER	#1 Central Methodi	B	1.65m	5-5	1/13
2	12	JayOnna PERRY	#6 Ottawa (Kan.)	B	1.64m	5-4½	2/10
3	29	Carly LINDENMEYER	#3 MidAmerica Naz		1.61m	5-3¼	12/9
4	37	Jaylen KNIGHT	#5 Friends (Kan.)		1.59m	5-2½	2/10
5	45	Jocelyn JENKINS	#3 MidAmerica Naz		1.58m	5-2¼	12/9
6	52	Renee FINKE	#1 Central Methodi		1.57m	5-1¾	2/2
6	52	Nykeriah ALLEN	#4 Benedictine (Ka		1.57m	5-1¾	2/2
8	58	Jessenia VELEZ	#6 Ottawa (Kan.)		1.55m	5-1	1/21
8	58	Kaileigh PRUITT	#19 Saint Mary-of-th		1.55m	5-1	12/10
10	71	Hannah SLATE	Sterling (Kan.)		1.54m	5-½	1/14



Regional TFRI Event Summary

as of 2/13/2023 12:23:07 PM

South Central

Women's Pole Vault

1	1	Khristen BRYANT	#9	Columbia (Mo.)	A: B 4.00m	13-1½	2/4
2	37	Alaina SCOTT	#12	Missouri Baptist	3.30m	10-9¾	1/21
3	40	Brynnna HALATA	#5	Friends (Kan.)	3.27m	10-8¾	2/10
4	49	Carter HAWKINS	#1	Central Methodi	3.20m	10-6	1/21
5	55	Aaliyah RAMIREZ	#5	Friends (Kan.)	3.14m	10-3½	1/27
6	56	Bailey HARTLEY	#25	McPherson (Kan	3.12m	10-2¾	2/10
7	63	Gemma STARRS	#4	Benedictine (Ka	3.05m	10-0	12/9
8	69	Krislynn BAILEY	#19	Saint Mary-of-th	2.97m	9-9	2/4
9	82	Kloe SIMONS	#10	Southwestern (t	2.82m	9-3	2/10
10	88	Heather HARBISON	#13	William Woods (	2.74m	8-11¾	2/4
10	88	Ashley STRODE	#13	William Woods (	2.74m	8-11¾	2/4

Women's Long Jump

1	18	Chasity VEALS	#8	Langston (Okla.)	B 5.56m	18-3	1/21
2	24	Kelsey DRAPEAU	#21	Southwestern Cl	B 5.52m	18-1½	2/10
3	33	Carly LINDENMEYER	#3	MidAmerica Naz	5.49m	18-¼	12/9
4	42	Reanna GREEN	#3	MidAmerica Naz	5.41m	17-9	12/9
5	54	Nala BURNS	#3	MidAmerica Naz	5.36m	17-7	2/2
6	56	Lily ASHRAFAZADEH	#9	Columbia (Mo.)	5.35m	17-6¾	2/10
7	71	Madeline BURTON	#9	Columbia (Mo.)	5.28m	17-4	2/10
8	72	Nia HAWKINS	#13	William Woods (	5.27m	17-3½	12/10
9	74	Samiyah WALKER	#18	Kansas Wesleya	5.26m	17-3¼	12/9
10	79	Jaelynn WILLIAMS	#14	Texas Wesleyan	5.23m	17-2	1/21

Women's Triple Jump

1	6	Chasity VEALS	#8	Langston (Okla.)	A: B 11.92m	39-1¼	1/21
2	12	Ahmia DORSEY	#8	Langston (Okla.)	A: B 11.62m	38-1½	2/10
3	17	Myiah LOGUE	#17	Bethel (Kan.)	A: B 11.52m	37-9½	2/10
4	22	Angel EDWARDS	#8	Langston (Okla.)	A: B 11.43m	37-6	1/7
5	29	Karsen DUNHAM	#17	Bethel (Kan.)	B 11.31m	37-1¼	2/10
6	43	Jacee WILSON	#16	Evangel (Mo.)	10.96m	35-11½	12/10
7	48	Hayley LOEWEN	#3	MidAmerica Naz	10.91m	35-9½	1/13
7	48	Nyah EARL		Harris-Stowe St	10.91m	35-9½	2/11
9	55	Madeline BURTON	#9	Columbia (Mo.)	10.86m	35-7¾	1/27
10	69	Lily ASHRAFAZADEH	#9	Columbia (Mo.)	10.64m	34-11	2/10

Women's Shot Put

1	7	Katie FRENCH	#13	William Woods (A:B	13.92m	45-8	1/27
2	11	Baylee BEARD	#1	Central MethodiA:B	13.75m	45-1½	12/10
3	17	Laurel BARBER	#6	Ottawa (Kan.) B	13.40m	43-11¾	2/10
4	21	Victoria LOTZ	#3	MidAmerica Naz B	13.20m	43-3¾	12/9
5	34	Kaylyn POWERS		Hannibal-LaGra	12.80m	42-0	2/10
6	41	Caitlin WITT	#3	MidAmerica Naz	12.69m	41-7¾	1/21
7	44	Danielle NOBLE	#21	Southwestern C	12.64m	41-5¾	1/27
8	50	Madison SUTTON	#4	Benedictine (Ka	12.49m	40-11¾	12/3
9	52	Daryn BATTS	#7	Oklahoma City	12.47m	40-11	1/7
10	63	Elizabeth STOUT	#18	Kansas Wesleya	12.20m	40-½	2/10

Women's Weight Throw

1	2	Madison SUTTON	#4	Benedictine (Ka	A: B 17.44m	57-2¾	12/3
2	8	Baylee BEARD	#1	Central Methodi	A: B 17.04m	55-11	1/27
3	11	Karli WOLFE	#1	Central Methodi	A: B 16.75m	54-11½	2/2
4	18	Katie FRENCH	#13	William Woods (	B 16.44m	53-11¼	2/4
5	29	Victoria LOTZ	#3	MidAmerica Naz	15.78m	51-9¼	1/21
6	36	Jaine JOHNSON	#6	Ottawa (Kan.)	15.52m	50-11	12/9
7	44	Alejandra HANDIE	#10	Southwestern (t	15.31m	50-2¾	2/10
8	58	Nicole HOLADAY	#18	Kansas Wesleya	14.88m	48-10	2/10
9	59	Daryn BATTS	#7	Oklahoma City	14.86m	48-9	1/21
10	66	Naiyah LANDRUM	#11	Park (Mo.)	14.55m	47-9	2/2
10	66	Hannah BAKER		Williams Baptist	14.55m	47-9	1/14

Women's Pentathlon

1	9	Carly LINDENMEYER	#3	MidAmerica Naz	A: B 3,297		12/9
2	13	Jocelyn JENKINS	#3	MidAmerica Naz	A: B 3,170		12/9
3	16	Madalenn FEE	#22	Cottey (Mo.)	A: B 3,060c	(3,038)	1/27
4	22	Magdalena BURDOVA	#3	MidAmerica Naz	A: B 2,996		2/2
5	33	Renee FINKE	#1	Central Methodi	2,864c	(2,844)	1/27
6	46	Paige SCHMID	#4	Benedictine (Ka	2,625		2/2
7	50	Gema DEL VALLE	#5	Friends (Kan.)	2,529c	(2,508)	1/27
8	55	Maegan SALEH	#12	Missouri Baptist	2,478		12/9
9	56	Ella MARGHEIM	#3	MidAmerica Naz	2,462		2/2
10	65	Madison BLANCH		SAGU (Texas)	2,233c	(2,212)	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:23:07 PM

Southeast

Women's 60 Meters

1	Maisonne JONES	#1	USC Beaufort (S	8.03	1/22
2	Marcella SHATOYNY	#1	USC Beaufort (S	8.54	12/3
3	LeeAisha FORD	#1	USC Beaufort (S	8.65	12/3

Women's 60 Meter Hurdles

1	Aniah WRIGHT	#1	USC Beaufort (S	9.81	12/4
2	De'Andra BROWN	#1	USC Beaufort (S	10.32	1/22

Women's 200 Meters

1	Aniah WRIGHT	#1	USC Beaufort (S	27.59c	(28.01)	12/3
2	LeeAisha FORD	#1	USC Beaufort (S	28.41		1/22
3	De'Andra BROWN	#1	USC Beaufort (S	28.51c	(28.95)	12/3
4	Marcella SHATOYNY	#1	USC Beaufort (S	28.54c	(28.98)	12/3
5	Algeria SCOTT	#1	USC Beaufort (S	29.98c	(30.44)	12/4

Women's 400 Meters

1	Aniah WRIGHT	#1	USC Beaufort (S	1:04.55c	(1:05.40)	12/3
2	LeeAisha FORD	#1	USC Beaufort (S	1:08.02		2/3
3	Riley EDWARDS	#1	USC Beaufort (S	1:09.47		2/3
4	Victoria DAVIS	#1	USC Beaufort (S	1:12.40c	(1:13.36)	12/3
5	Aleah WHITE	#1	USC Beaufort (S	1:15.10c	(1:16.09)	12/4

Women's 600 Meters

1	LeeAisha FORD	#1	USC Beaufort (S	1:58.84c	(2:00.29)	12/3
2	Cydney STEVENSON	#1	USC Beaufort (S	2:03.63c	(2:05.14)	12/4

Women's 800 Meters

1	Aleah WHITE	#1	USC Beaufort (S	2:58.65c	(3:00.71)	12/3
---	-------------	----	-----------------	----------	-----------	------

Women's 3000 Meters

1	Cydney STEVENSON	#1	USC Beaufort (S	12:25.39		1/22
---	------------------	----	-----------------	----------	--	------

Women's 5000 Meters

1	Cydney STEVENSON	#1	USC Beaufort (S	20:44.91		2/3
---	------------------	----	-----------------	----------	--	-----

Women's Long Jump

1	7 Maisonne JONES	#1	USC Beaufort (SA:B	5.71m	18-8¾	2/3
2	78 Aniah WRIGHT	#1	USC Beaufort (S	5.24m	17-2¼	2/3
3	De'Andra BROWN	#1	USC Beaufort (S	4.73m	15-6¼	2/3
4	Algeria SCOTT	#1	USC Beaufort (S	4.40m	14-5¼	12/4
5	Victoria DAVIS	#1	USC Beaufort (S	3.69m	12-1¼	2/3

Women's Triple Jump

1	De'Andra BROWN	#1	USC Beaufort (S	10.34m	33-11¼	12/3
---	----------------	----	-----------------	--------	--------	------

Women's Shot Put

1	Allayah BRYAN	#1	USC Beaufort (S	9.84m	32-3½	12/4
2	Sophia STALFORD	#1	USC Beaufort (S	8.50m	27-10¾	12/4
3	Algeria SCOTT	#1	USC Beaufort (S	7.67m	25-2	2/3

Women's Weight Throw

1	Allayah BRYAN	#1	USC Beaufort (S	12.30m	40-4¼	2/3
2	Sophia STALFORD	#1	USC Beaufort (S	8.72m	28-7½	1/22



Regional TFRI Event Summary

as of 2/13/2023 12:23:07 PM

West

Women's 60 Meters

1	47	Jordyn BURKE	#3	Vanguard (Calif.)	7.82	1/27
2	53	Natylia JACOBSON	#5	Montana Tech	7.84c (7.82A)	12/7
3	55	Kellan WAHL	#9	Rocky Mountain	7.85	2/10
4	67	Yahaira CHAVARRIA	#1	Eastern Oregon	7.88	2/4
5	72	Madigan KELLY	#2	Lewis-Clark Stat	7.90	2/4
6	75	Eryn BURKE	#3	Vanguard (Calif.)	7.91	2/10
7	99	Armiyah JOHNSON	#3	Vanguard (Calif.)	7.96	1/27
7	99	Anika GROGAN	#2	Lewis-Clark Stat	7.96	2/10
9		Charlotte WILLIAMS	#6	Westmont (Calif)	7.99	2/10
10		Katie BROWN	#1	Eastern Oregon	8.00	2/4

Women's 60 Meter Hurdles

1	9	Madigan KELLY	#2	Lewis-Clark Stat	8.68	2/10
2	28	Morgan BAYES	#1	Eastern Oregon	8.96	2/4
3	35	Sara HATHAWAY	#2	Lewis-Clark Stat	9.05	1/20
4	56	Nia COLLINS	#10	Southern Orego	9.19	2/10
5	61	Jennah CARPENTER	#2	Lewis-Clark Stat	9.24	2/4
6	66	Ashley BRITT	#2	Lewis-Clark Stat	9.28	2/10
7	80	Abi STEVENS	#10	Southern Orego	9.38	1/27
8	82	Olleca SEVERSON	#5	Montana Tech	9.40	2/10
9	94	Abby CLARK	#5	Montana Tech	9.51c (9.49A)	1/20
9	94	Lizzy GRANDLE	#1	Eastern Oregon	9.51	2/10

Women's 200 Meters

1	17	Eryn BURKE	#3	Vanguard (Calif.)	25.04	2/10
2	25	Anika GROGAN	#2	Lewis-Clark Stat	25.22	2/10
3	41	Jordyn BURKE	#3	Vanguard (Calif.)	25.42	2/10
4	53	Elizabeth BETTEN	#3	Vanguard (Calif.)	25.65	2/10
5	66	Katie BROWN	#1	Eastern Oregon	25.81c (26.47)	2/4
6	73	Yahaira CHAVARRIA	#1	Eastern Oregon	25.85c (26.51)	2/4
7	78	Jaiden RODRIGUES	#6	Westmont (Calif)	25.92	2/10
8	81	Madigan KELLY	#2	Lewis-Clark Stat	25.95	2/10
9	93	Armiyah JOHNSON	#3	Vanguard (Calif.)	26.04	1/27
10		Charlotte WILLIAMS	#6	Westmont (Calif)	26.17	2/10

Women's 400 Meters

1	2	Eryn BURKE	#3	Vanguard (Calif.)	55.26	1/27
2	18	Emily COLLINS	#2	Lewis-Clark Stat	57.82	2/10
3	24	Anika GROGAN	#2	Lewis-Clark Stat	58.15	1/13
4	36	Paige BAXSTRESSER	#7	Carroll (Mont.)	58.71c (59.37A)	1/20
5	61	Allena ROWLAND	#13	Park (Ariz.)	59.62	12/10
6	69	Charlotte WILLIAMS	#6	Westmont (Calif)	59.71	1/27
7	73	Ashley BRITT	#2	Lewis-Clark Stat	59.80	2/10
8	74	Hadassah WILSON	#5	Montana Tech	59.84c (1:00.52A)	1/20
9	85	Morgan BAYES	#1	Eastern Oregon	1:00.10	1/28
10	89	India ORTIZ	#10	Southern Orego	1:00.26	2/10

Women's 600 Meters

1	3	Eryn BURKE	#3	Vanguard (Calif.)	1:33.57	2/3
2	8	Michelle HERBES	#1	Eastern Oregon	1:34.93	1/20
3	24	Lauryn MITCHELL	#1	Eastern Oregon	1:37.32	12/10
4	27	Siena KECK	#6	Westmont (Calif)	1:37.84	1/27
5	32	Allena ROWLAND	#13	Park (Ariz.)	1:38.45	12/3
6	35	Morgan BAYES	#1	Eastern Oregon	1:38.84	1/20
7	56	Ashley BRITT	#2	Lewis-Clark Stat	1:41.05	1/20
8	77	Katie Jo GEBHARDT	#1	Eastern Oregon	1:42.30c (1:44.14)	2/4
9	83	Sydney PECK	#1	Eastern Oregon	1:42.65c (1:44.50)	2/4
10	90	Tracey HATCH	#19	Menlo (Calif.)	1:43.22	2/10

Women's 800 Meters

1	7	Sydney LITTLE LIGHT	#9	Rocky Mountain	2:14.96	1/28
2	12	Geraldine CORREA	#2	Lewis-Clark Stat	2:16.90	1/28
3	17	Natalie YOCUM	#7	Carroll (Mont.)	2:17.55c (2:18.20A)	1/28
4	21	Lauryn MITCHELL	#1	Eastern Oregon	2:18.52	2/10
5	28	Rebekah NIEDNAGEL	#8	The Master's (Ca	2:20.01	1/28
6	47	London LAMBRECHT	#7	Carroll (Mont.)	2:22.25c (2:22.92A)	1/28
7	50	Katie Jo GEBHARDT	#1	Eastern Oregon	2:22.37	2/10
8		MaryAlice MITCHELL	#17	Arizona Christia	2:25.40	2/11
9		Kallyn WILKINS	#9	Rocky Mountain	2:27.28c (2:29.80A)	1/20
10		Kate PICANCO	#7	Carroll (Mont.)	2:27.96c (2:30.49A)	1/20

Women's 1000 Meters

1	4	Michelle HERBES	#1	Eastern Oregon	3:56.45	1/20
2	33	Katie Jo GEBHARDT	#1	Eastern Oregon	3:04.87c (3:07.68)	2/4
3	39	Madelyn NICHOLS	#1	Eastern Oregon	3:06.27c (3:09.10)	2/4
4	45	Kate BARANSKI	#3	Vanguard (Calif.)	3:06.88	1/27
5	87	Riley MORRIS	#1	Eastern Oregon	3:11.42c (3:14.33)	2/4
6		Kendall BONZANI	#1	Eastern Oregon	3:15.35c (3:18.32)	2/4
7		Abigail HUNDLEY	#6	Westmont (Calif)	3:15.69	2/10
8		Emma VIZINA	#19	Menlo (Calif.)	3:18.42	2/10
9		Maryan SHARIF	#13	Park (Ariz.)	3:23.63	2/10
10		Kaesha GUILLAUME	#17	Arizona Christia	3:26.35	1/28

Women's Mile

1	4	Sydney LITTLE LIGHT	#9	Rocky Mountain	4:56.77c (5:06.31A)	1/20
2	5	Sage MARTIN	#4	College of Idaho	4:57.80c (5:03.58A)	1/28
3	14	Michelle HERBES	#1	Eastern Oregon	5:03.46	1/28
4	21	Abbey SHIRTS	#4	College of Idaho	5:06.04c (5:11.98A)	1/28
5	52	Emma BAETH	#10	Southern Orego	5:15.61	2/10
6	54	Madden HUNDLEY	#6	Westmont (Calif)	5:15.92	2/10
7	59	Natalie YOCUM	#7	Carroll (Mont.)	5:17.27c (5:27.47A)	1/20
8	68	Larissa MAUER	#4	College of Idaho	5:18.61c (5:24.80A)	1/28
9	69	Brooklyn SHELL	#2	Lewis-Clark Stat	5:18.66	2/10
10	84	Kahea FIGUEIRA	#4	College of Idaho	5:21.72	2/10



Regional TFRI Event Summary

as of 2/13/2023 12:23:07 PM

West

Women's 3000 Meters

1	12	Sage MARTIN	#4	College of IdahoA:B	9:59.96	2/10
2	20	Sydney LITTLE LIGHT	#9	Rocky MountainA:B	10:07.80	1/28
3	24	Hannah FREDERICKS	#8	The Master's (CaA:B	10:11.49	1/28
4	25	Autumn NOOTBAAR	#8	The Master's (CaA:B	10:11.58	2/10
5	29	Ellyse TINGELSTAD	#4	College of IdahoA:B	10:13.58	2/10
6	30	Ellen PALMGREN	#8	The Master's (CaA:B	10:14.76	1/28
7	46	Emma TIMMERMANS	#14	Hope Internatio B	10:24.97	1/28
8	56	Kaylea HARTMAN	#16	Northwest (Wasl	10:36.77	1/14
9	77	Reghan WORLEY	#7	Carroll (Mont.)	10:43.46c ^(11:05.19A)	1/20
10	86	Elizabeth RADMILOVICH	#8	The Master's (Ca	10:46.99	2/10

Women's 5000 Meters

1	32	Reghan WORLEY	#7	Carroll (Mont.) A:B	18:08.72c ^(18:34.30A)	1/28
2	44	Emma TIMMERMANS	#14	Hope Internatio B	18:20.55	2/10
3	46	Kaylea HARTMAN	#16	Northwest (Wasl	18:22.53	2/10
4	49	Azalea PRINCE	#12	William Jessup (	18:24.29	2/10
5	56	Kari ANEMA	#6	Westmont (Calif	18:37.89	1/27
6	59	Anne WEST	#6	Westmont (Calif	18:41.73	1/27
7	69	Carlin MANNING	#5	Montana Tech	18:54.00	2/10
8		India MOORS	#3	Vanguard (Calif.	19:34.71	1/27
9		Katelyn MCKAY	#7	Carroll (Mont.)	19:36.33c ^(20:03.97A)	1/28
10		Morgan BASELEY	#20	Montana Wester	19:45.28c ^(20:26.46A)	12/7

Women's 3000m Race Walk

1	32	Allie METHUM	#8	The Master's (Ca	20:46.77	2/10
---	-----------	--------------	-----------	------------------	-----------------	-------------

Women's 4x400 Relay

1	6	Nohemi ANDERSON, Eryn BURKE, Jordyn BURKE, Elizabeth BETTEN	#3	Vanguard (Calif.A:B	3:53.93	1/27
2	13	Anika GROGAN, Sara HATHAWAY, Jennah CARPENTER, Emily COLLINS	#2	Lewis-Clark Stat B	3:57.51	2/10
3	29	Morgan BAYES, Katie Jo GEBHARDT, Sydney PECK, Michelle HERBES	#1	Eastern Oregon	4:04.72	1/28
4	35	Olleca SEVERSON, Kamryn COMBA, Elise KZALEY, Hadassah WILSON	#5	Montana Tech	4:07.24	1/28
5	36	Siena KECK, Charlotte WILLIAMS, Jaiden RODRIGUES, McKenna PHILLIPS	#6	Westmont (Calif	4:07.32	1/27
6	66	Graycee LITTON, Rachel PLETCHER, Sage WOOD, Addison TRENT	#4	College of Idaho	4:19.05	2/10
7	76	Sorren REESE, Chloe RAATS, London LAMBRECHT, Kate PICANCO	#7	Carroll (Mont.)	4:21.14c ^(4:20.70A)	1/28
8	90	Grace ALEXANDER, Emilie CRAGO, cora PESANTI, Jasmyn MURPHY	#11	Providence (Moi	4:26.26c ^(4:25.82A)	1/28
9	95	Janea ROBERTSON, Sarah PHILLIPS, Madeline DESEMONE, Adrienne MAI	#18	Bushnell (Ore.)	4:28.02	1/21
10		Marissa MARTINDALE, Mason BASELEY, Araceli RAMIREZ, CeCe EAGLETON	#20	Montana Wester	4:35.41c ^(4:34.97A)	1/28



Regional TFRI Event Summary

as of 2/13/2023 12:23:08 PM

West

Women's 4x800 Relay

1	2	Ellen PALMGREN, Suzie JOHNSON, Rebekah NIEDNAGEL, Hannah FREDERICKS	#8 The Master's (Ca)	B 9:30.78	2/10
2	13	Kyle OLSON, Kate PICANCO, London LAMBRECHT, Natalie YOCUM	#7 Carroll (Mont.)	9:42.00	2/10
3	14	Kate BARANSKI, Jessina MORALES, India MOORS, Penelopi LEACH	#3 Vanguard (Calif.)	9:44.44	2/3
4	26	Landon TORRES, Meredith SCHROCK, Emily WHEELER, Gretchen SCHERREI	#6 Westmont (Calif.)	10:15.23	1/27

Women's Distance Medley Relay

1	5	Ellen PALMGREN, Micaiah SCOTT, Emma NELSON, Hannah FREDERICKS	#8 The Master's (Ca)	B 12:05.97	1/28
2	6	Abbey SHIRTS, Zoe BUTLER, Larissa MAUER, Sage MARTIN	#4 College of Idaho	A 12:09.43	2/10
3	13	Grace TIEGS, Emily COLLINS, Geraldine CORREA, Brooklyn SHELL	#2 Lewis-Clark State	A 12:22.61	2/10
4	15	Jayden WOODLAND, Kellan WAHL, Kallyn WILKINS, Sydney LITTLE LIGHT	#9 Rocky Mountain	A 12:24.09	2/10
5	17	Madelyn NICHOLS, Morgan BAYES, Katie Jo GEBHARDT, Michelle HERBES	#1 Eastern Oregon	B 12:25.37	2/10
6	21	Natalie YOCUM, Paige BAXSTRESSER, London LAMBRECHT, Reghan WORLEY	#7 Carroll (Mont.)	12:30.03	2/10
7	22	Madden HUNDLEY, Siena KECK, Abigail HUNDLEY, Kari ANEMA	#6 Westmont (Calif.)	12:35.47	2/10
8	23	Jessina MORALES, Elizabeth BETTEN, Karla SANCHEZ- RUIZ, Kate BARANSKI	#3 Vanguard (Calif.)	12:35.65	2/10
9	26	Emma BAETH, Aayzia DUMAS, Sarah MAUK, Lauren FORSTER	#10 Southern Oregon	12:37.92	2/10
10	53	Madison KELLY, Hadassah WILSON, Kamryn COMBA, Abby HOFFMAN	#5 Montana Tech	13:34.26	2/10

Women's High Jump

1	2	Jennah CARPENTER	#2 Lewis-Clark State	A 1.70m	5-7	2/10
2	9	Abi STEVENS	#10 Southern Oregon	B 1.65m	5-5	1/27
2	9	Abby CLARK	#5 Montana Tech	B 1.65m	5-5	12/7
4	12	Lizzy GRANDLE	#1 Eastern Oregon	B 1.64m	5-4½	2/10
4	12	Lily SWEEN	#6 Westmont (Calif.)	B 1.64m	5-4½	1/27
6	45	Sara HATHAWAY	#2 Lewis-Clark State	1.58m	5-2¼	2/10
6	45	Madde BOLES	#7 Carroll (Mont.)	1.58m	5-2¼	1/28
8	58	Brooke WIRKKALA	#9 Rocky Mountain	1.55m	5-1	1/14
9	71	Julianna HOLM	#3 Vanguard (Calif.)	1.54m	5-½	1/27
10	80	Roby YOUNG	#4 College of Idaho	1.53m	5-¼	1/28



Regional TFRI Event Summary

as of 2/13/2023 12:23:08 PM

West

Women's Pole Vault

1	15	Abby RUMOHR	#6	Westmont (Calif)	A:B 3.52m	11-6½	1/27
2	28	terra BERTSCH	#11	Providence (Mo)	B 3.42m	11-2½	1/28
3	35	Cynthia SMITH	#2	Lewis-Clark Stat	3.37m	11-¾	2/10
4	37	Dakota MANECKE	#9	Rocky Mountain	3.30m	10-9¾	12/7
5	40	Moriah CHIANG	#6	Westmont (Calif)	3.27m	10-8¾	1/27
5	40	Britain POLK	#6	Westmont (Calif)	3.27m	10-8¾	1/27
7	47	Chloe GALLAGHER	#7	Carroll (Mont.)	3.22m	10-6¾	1/20
8	53	India ORTIZ	#10	Southern Orego	3.16m	10-4¼	1/27
9	54	Faith WAGNER	#1	Eastern Oregon	3.15m	10-4	2/4
10	66	Emberlynn MACK	#2	Lewis-Clark Stat	3.01m	9-10½	1/20

Women's Long Jump

1	19	Jadyn VERMILLION	#5	Montana Tech	B 5.55m	18-2½	12/7
2	37	Addison TRENT	#4	College of Idaho	5.45m	17-10¾	2/4
3	49	Abby CLARK	#5	Montana Tech	5.38m	17-8	2/10
4	60	Lizzy GRANDLE	#1	Eastern Oregon	5.31m	17-5¼	2/4
5	62	Abi STEVENS	#10	Southern Orego	5.30m	17-4¾	2/10
6	66	Jennah CARPENTER	#2	Lewis-Clark Stat	5.29m	17-4¼	2/10
7	76	Alexis JONES	#12	William Jessup (	5.25m		2/10
8	79	Roby YOUNG	#4	College of Idaho	5.23m	17-2	2/4
9	89	Brooke WIRKKALA	#9	Rocky Mountain	5.20m	17-¾	1/14
10		Jeramea DENNISON	#15	Multnomah (Ore	5.12m	16-9¾	2/5

Women's Triple Jump

1	8	Princess BROWNE	#15	Multnomah (Ore)	A:B 11.85m	38-10½	2/10
2	11	Sydney ZYWINA	#2	Lewis-Clark Stat	A:B 11.63m	38-2	2/4
3	40	Alexis JONES	#12	William Jessup (	11.04m		2/10
4	41	Jadyn VERMILLION	#5	Montana Tech	11.03m	36-2¼	2/10
5	51	Sophie LOVELESS	#7	Carroll (Mont.)	10.89m	35-8¾	1/20
6	60	Jada KISNER	#4	College of Idaho	10.69m	35-1	2/4
7	66	Sophi CLAY	#4	College of Idaho	10.66m	34-11¾	1/28
8	80	Naiya BEAUDIN	#5	Montana Tech	10.55m	34-7½	1/28
9	99	Alexa HORSLEY	#2	Lewis-Clark Stat	10.37m	34-¼	2/4
10		Lauryn FRIDERES	#9	Rocky Mountain	10.27m	33-8½	1/14

Women's Shot Put

1	15	Maggie LEDBETTER	#1	Eastern Oregon	B 13.44m	44-1¼	2/10
2	58	Kenna WOODWARD	#1	Eastern Oregon	12.34m	40-6	1/28
3	63	Jaelah BUTLER	#3	Vanguard (Calif.	12.20m	40-½	1/27
4	74	tatiana MARTINEZ	#11	Providence (Mo)	12.08m	39-7¾	1/20
5	89	Jessica PEDRETTI	#12	William Jessup (	11.83m	38-9¾	2/10
6		Lizzy GRANDLE	#1	Eastern Oregon	11.34m	37-2½	2/4
7		Allyson CONNER	#11	Providence (Mo)	11.03m	36-2¼	1/20
8		Star HERRON	#4	College of Idaho	10.96m	35-11½	1/28
9		Taylor DURFEY	#4	College of Idaho	10.93m	35-10½	2/4
10		Kayla BOTKIN	#7	Carroll (Mont.)	10.56m	34-7¾	1/28

Women's Weight Throw

1	15	Kenna WOODWARD	#1	Eastern Oregon	A:B 16.63m	54-6¾	1/28
2	18	Maggie LEDBETTER	#1	Eastern Oregon	B 16.44m	53-11¼	1/28
3	31	Jaelah BUTLER	#3	Vanguard (Calif.	15.71m	51-6½	2/10
4	42	Allyson CONNER	#11	Providence (Mo)	15.33m	50-3½	1/28
5	78	Trinity HILL	#1	Eastern Oregon	14.27m	46-10	2/10
6	90	tatiana MARTINEZ	#11	Providence (Mo)	14.09m	46-2¾	1/28
7		Taylor DURFEY	#4	College of Idaho	13.90m	45-7¼	2/4
8		Star HERRON	#4	College of Idaho	13.16m	43-2¼	2/4
9		Abby LUSCO	#1	Eastern Oregon	12.99m	42-7½	2/10
10		Jessica PEDRETTI	#12	William Jessup (	12.92m	42-4¾	2/10

Women's Pentathlon

1	5	Abi STEVENS	#10	Southern Orego	A:B 3,418		2/10
2	6	Abby CLARK	#5	Montana Tech	A:B 3,411c	(3,390)	1/20
3	8	Jennah CARPENTER	#2	Lewis-Clark Stat	A:B 3,340		2/10
4	14	Lizzy GRANDLE	#1	Eastern Oregon	A:B 3,165		2/10
5	15	Sara HATHAWAY	#2	Lewis-Clark Stat	A:B 3,100		2/10
6	20	Lily SWEEN	#6	Westmont (Calif)	A:B 3,004		1/27
7	21	Karli BEDARD	#1	Eastern Oregon	A:B 3,002		1/20
8	23	Olleca SEVERSON	#5	Montana Tech	A:B 2,968c	(2,947)	1/20
9	26	Naiya BEAUDIN	#5	Montana Tech	2,934		2/10
10	27	Jenna HODGES	#10	Southern Orego	2,885		2/10