



Regional TFRI Event Summary

as of 2/13/2023 12:16:21 PM

Atlantic

Women's 60 Meters

1	13	Alyssa DYETT	#1	Monroe-New Ro	Q 7.66	1/14
2	16	Haniyyah JOHNSON	#3	Richard Bland (V	Q 7.68	1/8
3	24	Abigail DYETT	#1	Monroe-New Ro	Q 7.74	1/14
4	51	Jelese ALEXANDER	#2	Essex County (N	7.94	1/16
5	69	Djior DELISSER	#1	Monroe-New Ro	8.10	2/3
5	69	Lynette SCUTARI	#11	Tallahassee (Fla	8.10	2/2
7	72	Swayne CLENNON	#3	Richard Bland (V	8.12	1/8
8	82	Kiana CASIMIR	#2	Essex County (N	8.17	1/28
9	86	Kahliyah SMITH	#1	Monroe-New Ro	8.20	2/10
10	94	Karizma BRATHWAITE	#6	Onondaga (N.Y.)	8.27	2/4
10	94	Shaniece MORRIS	#3	Richard Bland (V	8.27	12/3

Women's 60 Meter Hurdles

1	32	Jelese ALEXANDER	#2	Essex County (N	9.45	1/13
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Women's 200 Meters

1	50	Kahliyah SMITH	#1	Monroe-New Ro	25.93	2/10
2	58	Jelese ALEXANDER	#2	Essex County (N	26.07	1/13
3	74	Haniyyah JOHNSON	#3	Richard Bland (V	26.51c (26.92)	12/3
4	84	Kiana CASIMIR	#2	Essex County (N	26.78	2/10
5	96	Karizma BRATHWAITE	#6	Onondaga (N.Y.)	27.03c (27.45)	1/27
6		Ashanti GORDON	#2	Essex County (N	27.16	2/3
7		Vegonia JEAN BAPTISTE	#1	Monroe-New Ro	27.25	2/10
8		Swayne CLENNON	#3	Richard Bland (V	27.30	1/8
9		Shaniece MORRIS	#3	Richard Bland (V	27.44c (27.86)	12/3
10		Leah STEVENS	#5	Hagerstown (Mc	28.37c (28.81)	1/21

Women's 400 Meters

1	7	Jelese ALEXANDER	#2	Essex County (N	Q 56.14	2/10
2	30	Swayne CLENNON	#3	Richard Bland (V	58.85	1/8
3	40	Ashanti GORDON	#2	Essex County (N	1:00.18	1/16
4	48	Kahliyah SMITH	#1	Monroe-New Ro	1:00.67	1/14
5	51	Fanta SANGOO	#2	Essex County (N	1:00.96	2/10
6	54	thomyka VALCENT	#2	Essex County (N	1:01.07	1/16
7	55	Karizma BRATHWAITE	#6	Onondaga (N.Y.)	1:01.29c (1:02.10)	1/27
8	76	Vegonia JEAN BAPTISTE	#1	Monroe-New Ro	1:03.45	1/20
9	82	Aaliyah KING	#3	Richard Bland (V	1:04.79c (1:05.65)	12/3
10	85	Raeven BYRD	#11	Tallahassee (Fla	1:05.85	2/2

Women's 600 Meters

1	14	Shaquka TYRELL	#1	Monroe-New Ro	Q 1:37.72	2/3
2	16	Kayla JOHNSON	#1	Monroe-New Ro	Q 1:38.59	2/3
3	43	Ashanti GORDON	#2	Essex County (N	1:45.25	1/13
4	46	Fanta SANGOO	#2	Essex County (N	1:47.56	1/6
5	60	Janeisy CAMILO	#1	Monroe-New Ro	1:57.60	2/3
6	70	Eva MURPHY	#6	Onondaga (N.Y.)	2:20.06c (1:52.52)	2/4
7	71	Yanise GALLO	#1	Monroe-New Ro	2:24.37	2/3

Women's 800 Meters

1	8	Kayla JOHNSON	#1	Monroe-New Ro	Q 2:19.31	2/10
2	16	Shaquka TYRELL	#1	Monroe-New Ro	Q 2:21.64	1/27
3	38	Taylor HARVEY	#8	Mohawk Valley (	2:27.12	2/11
4	53	thomyka VALCENT	#2	Essex County (N	2:29.24	2/3
5	81	Leah LLOYD	#7	Finger Lakes (N.	2:36.77c (2:38.57)	1/21
6	88	Fanta SANGOO	#2	Essex County (N	2:38.33	1/13
7		Molly BRASHEARS	#5	Hagerstown (Mc	2:45.41	2/3
8		Alheli RAMOS-GARCIA	#9	Patrick & Henry	2:49.04	12/1
9		Jelese ALEXANDER	#2	Essex County (N	2:49.70c (2:51.65)	1/27
10		Maggie THOMPSON	#5	Hagerstown (Mc	2:52.70	2/3

Women's 1000 Meters

1	7	Shaquka TYRELL	#1	Monroe-New Ro	Q 3:06.78	2/10
2	9	Kayla JOHNSON	#1	Monroe-New Ro	Q 3:07.48	1/20
3	29	thomyka VALCENT	#2	Essex County (N	3:19.41	2/10
4	50	Molly BRASHEARS	#5	Hagerstown (Mc	3:32.95	2/3
5	55	Alheli RAMOS-GARCIA	#9	Patrick & Henry	3:35.36	12/1
6	65	Maggie THOMPSON	#5	Hagerstown (Mc	3:52.89	2/3

Women's Mile

1	13	Kayla JOHNSON	#1	Monroe-New Ro	Q 5:18.64	1/27
2	40	Aaliyah HEADLEY	#1	Monroe-New Ro	5:38.44	1/14
3	50	Leah LLOYD	#7	Finger Lakes (N.	5:44.09c (5:47.49)	1/21
4	99	Alheli RAMOS-GARCIA	#9	Patrick & Henry	6:19.33	2/4
5		Darlyn PACHECO	#4	Queensborough	6:47.80	2/3
6		Morgan CHENEY	#7	Finger Lakes (N.	6:48.56c (6:52.60)	2/3
7		Ellicia SWEDISH	#12	Hudson Valley (I	7:10.82c (7:15.08)	1/28
8		Shivangi SHARMA	#4	Queensborough	7:53.38	1/20
9		Andrea RIVERA	#4	Queensborough	7:56.42	2/3

Women's 3000 Meters

1	21	Zothile Jesica MBHAMALI	#1	Monroe-New Ro	10:56.05	2/10
2	26	Leah LLOYD	#7	Finger Lakes (N.	11:08.28c(11:14.00)	2/3
3	30	Aaliyah HEADLEY	#1	Monroe-New Ro	11:14.84	1/27

Women's 4x400 Relay

1	9	Ashanti GORDON, Jelese ALEXANDER, thomyka VALCENT, Fanta SANGOO	#2	Essex County (N	3:59.28	2/3
2	32	Shivangi SHARMA, Kafilat YEKINNI, Darlyn PACHECO, Andrea RIVERA	#4	Queensborough	5:23.33	1/20



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Atlantic

Women's Distance Medley Relay

1	5	Zothile Jesi MBHAMALI, Kahliyah SMITH, Shaquka TYRELL, Kayla JOHNSON	#1	Monroe-New Ro	Q 12:52.26	2/10
2	20	Julianne COSSIN, Kafilat YEKINNI, Darlyn PACHECO, Shivangi SHARMA	#4	Queensborough	17:28.12	1/13

Women's High Jump

1	4	Jelese ALEXANDER	#2	Essex County (N	Q 1.70m 5-7	1/13
2	7	Josey REINEMAN	#5	Hagerstown (Mc	Q 1.65m 5-5	2/10
3	29	Akayla PICKERSGILL	#1	Monroe-New Ro	1.50m 4-11	2/10

Women's Pole Vault

1	7	Mikaila EK	#5	Hagerstown (Mc	Q 3.25m 10-8	2/3
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Women's Long Jump

1	1	Haniyyah JOHNSON	#3	Richard Bland (V	Q 5.87m 19-3¼	12/3
2	16	Djior DELISSER	#1	Monroe-New Ro	5.43m 17-9¾	2/10
3	17	Jelese ALEXANDER	#2	Essex County (N	5.41m 17-9	1/27
4	23	Brooklyn SIMMONS	#3	Richard Bland (V	5.26m 17-3¼	1/8
5	38	Alyssa DYETT	#1	Monroe-New Ro	5.03m 16-6	1/14
6	58	Aaliyah KING	#3	Richard Bland (V	4.61m 15-1½	12/3
7	67	Akayla PICKERSGILL	#1	Monroe-New Ro	4.52m 14-10	2/3
8	85	Sanbegoure MEDA	#12	Hudson Valley (I	4.13m 13-6¾	1/28
9	92	Yasmin WASHINGTON	#8	Mohawk Valley (	3.83m 12-6¾	2/11
10	93	Iveion SEABROOKS	#8	Mohawk Valley (	3.80m 12-5¾	1/27

Women's Triple Jump

1	8	Alyssa DYETT	#1	Monroe-New Ro	Q 11.61m 38-1¼	1/20
2	11	Jelese ALEXANDER	#2	Essex County (N	11.12m 36-5¾	1/28
3	20	Aaliyah KING	#3	Richard Bland (V	10.55m 34-7½	12/3
4	25	Brooklyn SIMMONS	#3	Richard Bland (V	10.25m 33-7½	1/21

Women's Shot Put

1	60	De'Janaeia JOHNSON	#10	Spartanburg Me	9.73m 31-11¼	2/3
2	61	Jelese ALEXANDER	#2	Essex County (N	9.69m 31-9½	1/27
3	68	Akyla WALCOTT	#2	Essex County (N	9.37m 30-9	1/28
4	83	Rahmat SHOWA	#1	Monroe-New Ro	8.97m 29-5¼	2/10
5	92	Kaylah ATTIS	#4	Queensborough	8.38m 27-6	1/13
6		Lauren SHALER	#6	Onondaga (N.Y.)	7.88m 25-10¼	2/4
7		Ange COMPERE	#4	Queensborough	7.80m 25-7¼	1/6
8		Mackenzie FERRIS	#7	Finger Lakes (N.	7.35m 24-1½	1/21
9		Morgan CHENEY	#7	Finger Lakes (N.	6.82m 22-4½	2/3
10		Tionnal DAVIS	#4	Queensborough	6.26m 20-6½	2/3

Women's Weight Throw

1	68	Lauren SHALER	#6	Onondaga (N.Y.)	9.12m 29-11¼	2/4
2	76	Tionnal DAVIS	#4	Queensborough	7.33m 24-¾	2/3
3	79	Cheryl BIELBY	#8	Mohawk Valley (	3.87m 12-8½	2/11

Women's Pentathlon

1	4	Jelese ALEXANDER	#2	Essex County (N	Q 3,235c (3,215)	1/27
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Central

Women's 60 Meters

1	4	Miracle THOMPSON	#1	Cloud County (K)	Q	7.48	1/27
2	10	oarabile TSHOSA	#2	Barton (Kan.) CC	Q	7.61	2/3
3	16	Keyann WILSON	#3	Fort Scott (Kan.)	Q	7.68	1/27
4	21	Serenity JACKSON	#11	Pratt (Kan.) CC	Q	7.71	2/10
4	21	Kayly GUTHRIE	#13	Highland (Kan.)	Q	7.71	2/10
6	23	Danae NEMBARD	#2	Barton (Kan.) CC	Q	7.72c (7.70A)	1/26
7	24	Troynelle MILLER	#6	Colby (Kan.) CC	Q	7.74	2/3
8	26	Chaniqua TONGE	#3	Fort Scott (Kan.)		7.76	2/3
9	28	Damazvia DAMES	#3	Fort Scott (Kan.)		7.78	1/28
10	29	Takiria BROWN	#10	Coffeyville (Kan.)		7.79	2/10

Women's 60 Meter Hurdles

1	1	Miracle THOMPSON	#1	Cloud County (K)	Q	8.35	1/27
2	2	Danae NEMBARD	#2	Barton (Kan.) CC	Q	8.45	2/10
3	7	Ana COUTO	#2	Barton (Kan.) CC	Q	8.73c (8.71A)	1/26
4	11	Kaylee JAMES	#5	Hutchinson (Kar)	Q	8.87	2/10
5	14	Kay-Lagay CLARKE	#2	Barton (Kan.) CC	Q	8.91c (8.89A)	1/26
6	22	kayleigh PRENTISS	#2	Barton (Kan.) CC		9.16c (9.14A)	1/26
7	23	Vionce OLIVARES	#7	Butler (Kan.) CC		9.17	1/7
8	24	Deborah LOWE	#2	Barton (Kan.) CC		9.18	1/13
9	27	Vanessa MERCERA	#1	Cloud County (K)		9.29	2/9
10	28	L'Oreal JONES	#3	Fort Scott (Kan.)		9.35	2/3

Women's 200 Meters

1	5	Naiya MORGAN	#2	Barton (Kan.) CC	Q	24.22	2/10
2	9	Vimbayi MAISOVOREWA	#1	Cloud County (K)	Q	24.62	2/9
3	15	Serenity JACKSON	#11	Pratt (Kan.) CC	Q	24.85	2/10
4	17	Damazvia DAMES	#3	Fort Scott (Kan.)	Q	24.90	2/3
5	19	Dy'Mond WILEY	#2	Barton (Kan.) CC		25.02c (24.95A)	1/26
6	20	Keyann WILSON	#3	Fort Scott (Kan.)		25.03	2/3
7	22	Chaniqua TONGE	#3	Fort Scott (Kan.)		25.08	2/3
8	32	Kayly GUTHRIE	#13	Highland (Kan.)		25.67	1/21
9	33	Bethany BRIDGE	#2	Barton (Kan.) CC		25.68c (25.61A)	1/26
10	36	Brandi DRAKE	#3	Fort Scott (Kan.)		25.76	2/3

Women's 400 Meters

1	4	Dy'Mond WILEY	#2	Barton (Kan.) CC	Q	55.57	2/10
2	5	Vimbayi MAISOVOREWA	#1	Cloud County (K)	Q	55.62	1/21
3	9	Naiya MORGAN	#2	Barton (Kan.) CC	Q	56.36c (56.25A)	1/26
4	14	Serenity JACKSON	#11	Pratt (Kan.) CC	Q	57.29	1/21
5	15	Star MPAMA	#7	Butler (Kan.) CC	Q	57.35c (58.11)	1/7
6	16	Trishanie WARNER	#7	Butler (Kan.) CC	Q	57.47	1/28
7	19	Passion CREWS	#1	Cloud County (K)	Q	57.97	2/9
8	20	Isabella KUPKA	#4	Cowley (Kan.)		58.03	2/10
9	21	Gartasia CRAWELY	#10	Coffeyville (Kan.)		58.16	2/3
10	29	Amaya MINOR	#3	Fort Scott (Kan.)		58.78	1/28

Women's 600 Meters

1	7	Vimbayi MAISOVOREWA	#1	Cloud County (K)	Q	1:35.13	2/3
2	15	Passion CREWS	#1	Cloud County (K)	Q	1:37.96	1/21
3	19	Star MPAMA	#7	Butler (Kan.) CC	Q	1:38.85c (1:40.06)	1/7
4	20	Naiya MORGAN	#2	Barton (Kan.) CC	Q	1:39.18	1/13
5	24	Aliyaha HERON	#3	Fort Scott (Kan.)		1:40.31	1/21
6	34	Tashira EDWARDS	#7	Butler (Kan.) CC		1:42.83	2/10
7	36	Nijah MARTIN	#3	Fort Scott (Kan.)		1:43.02	1/28
8	37	Selket REID	#3	Fort Scott (Kan.)		1:44.00	1/21
9	39	Keneah ROMNEY	#5	Hutchinson (Kar)		1:44.39	2/10
10	40	Amaree HAMILTON	#13	Highland (Kan.)		1:44.70	2/2
10	40	Lela SINGLETON	#1	Cloud County (K)		1:44.70	1/21

Women's 800 Meters

1	10	Passion CREWS	#1	Cloud County (K)	Q	2:19.63	2/3
2	11	Elif POYRAZ	#6	Colby (Kan.) CC	Q	2:20.10	2/10
3	15	Gracie LAMBERT	#5	Hutchinson (Kar)	Q	2:21.40	2/10
4	17	Tara BERT	#6	Colby (Kan.) CC	Q	2:21.66	1/13
5	21	Abigail PINNOCK	#4	Cowley (Kan.)	Q	2:22.53	2/10
6	26	Ana COUTO	#2	Barton (Kan.) CC		2:24.65c (2:25.06A)	1/26
7	28	Taylor HOSKINSON	#5	Hutchinson (Kar)		2:24.78	2/10
8	29	Ann BADAWI	#3	Fort Scott (Kan.)		2:25.27	2/3
9	31	Melody OCHANA	#1	Cloud County (K)		2:25.41	2/9
10	35	Vanessa MERCERA	#1	Cloud County (K)		2:26.52c (2:28.21)	1/27

Women's 1000 Meters

1	8	Taylor HOSKINSON	#5	Hutchinson (Kar)	Q	3:06.95c (3:08.99)	1/27
2	10	Melody OCHANA	#1	Cloud County (K)	Q	3:07.77c (3:09.82)	1/27
3	14	Gracie LAMBERT	#5	Hutchinson (Kar)	Q	3:09.82c (3:11.89)	1/27
4	15	Lucy NDUNGU	#1	Cloud County (K)	Q	3:10.41	2/9
5	20	Ellie VAN ZELFDEN	#5	Hutchinson (Kar)		3:14.10c (3:16.22)	1/27
6	22	Chrystal OSAKWE	#3	Fort Scott (Kan.)		3:16.30c (3:16.86A)	1/13
7	23	Ann BADAWI	#3	Fort Scott (Kan.)		3:16.75c (3:17.31A)	1/13
8	27	Khloi BIRD	#7	Butler (Kan.) CC		3:18.65c (3:20.81)	1/7
9	30	Emily PUNCHES	#1	Cloud County (K)		3:19.56c (3:21.73)	1/27
10	34	Aina GOIR	#1	Cloud County (K)		3:22.21c (3:24.41)	1/27

Women's Mile

1	1	Emily DIERCKS	#6	Colby (Kan.) CC	Q	5:06.27	2/10
2	11	Elif POYRAZ	#6	Colby (Kan.) CC	Q	5:17.28	2/10
3	15	Lucy NDUNGU	#1	Cloud County (K)		5:20.04	2/3
4	16	Asli ATAN	#6	Colby (Kan.) CC		5:21.62	2/10
5	18	Tara BERT	#6	Colby (Kan.) CC		5:23.21	2/10
6	19	Melody OCHANA	#1	Cloud County (K)		5:23.65	2/3
7	20	Khloi BIRD	#7	Butler (Kan.) CC		5:23.91	2/3
8	21	Ann BADAWI	#3	Fort Scott (Kan.)		5:23.95	1/28
9	24	Taylor HOSKINSON	#5	Hutchinson (Kar)		5:26.54	2/3
10	30	Nonhlanhla MABUZA	#6	Colby (Kan.) CC		5:31.62	2/10



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Central

Women's 3000 Meters

1	4	Emily DIERCKS	#6 Colby (Kan.) CC	Q 10:27.24	2/3
2	8	Lucy NDUNGU	#1 Cloud County (K	Q 10:42.20	2/3
3	18	Serenity LARSON	#5 Hutchinson (Kar	10:53.72c(10:59.32)	1/27
4	19	Khloi BIRD	#7 Butler (Kan.) CC	10:54.79	2/3
5	22	Andrea GARCIA-GONZALEZ	#4 Cowley (Kan.)	10:57.75	2/10
6	23	Melody OCHANA	#1 Cloud County (K	11:01.18	2/3
7	24	Asli ATAN	#6 Colby (Kan.) CC	11:04.98	2/3
8	25	Maissane JOUEN	#6 Colby (Kan.) CC	11:06.75	2/10
9	31	Yazmin REYES	#4 Cowley (Kan.)	11:16.99	2/10
10	36	Jamaira ROSS	#11 Pratt (Kan.) CC	11:28.37	1/21

Women's 5000 Meters

1	8	Khloi BIRD	#7 Butler (Kan.) CC	Q 18:49.24	1/28
2	9	Serenity LARSON	#5 Hutchinson (Kar	Q 18:53.82	2/3
3	15	Maissane JOUEN	#6 Colby (Kan.) CC	19:23.12	2/3
4	16	Denise DOMINGUEZ	#9 Dodge City (Kan	19:24.83c(20:14.92A)	2/3
5	17	Andrea GARCIA-GONZALEZ	#4 Cowley (Kan.)	19:26.34	2/3
6	22	Yazmin REYES	#4 Cowley (Kan.)	19:42.97	2/3
7	24	Shareen CHERUIYOT	#8 Garden City (Kar	20:13.89c(20:23.18)	1/27
8	25	Riley PETSCH	#14 Mineral Area (Mc	20:27.84c(20:37.24)	1/27
9	27	Karina HERRERA	#2 Barton (Kan.) CC	21:05.25	1/13
10	28	Wendy MEDINA	#9 Dodge City (Kan	21:14.69	1/21

Women's 4x400 Relay

1	2	Naiya MORGAN, Ana COUTO, Danae NEMBARD, Dy'Mond WILEY	#2 Barton (Kan.) CC	Q 3:47.28	2/10
2	4	Vanessa MERCERA, Passion CREWS, Vimbayi MAISOVOREWA, Lela SINGLETON	#1 Cloud County (K	Q 3:48.91	2/3
3	11	Icey GREEN, Aliyaha HERON, Amaya MINOR, Nijah MARTIN	#3 Fort Scott (Kan.)	4:02.85	1/28
4	12	Vionce OLIVARES, Tashira EDWARDS, Trishanie WARNER, Star MPAMA	#7 Butler (Kan.) CC	4:03.21	1/28
5	14	Kaylee JAMES, Keneah ROMNEY, Taylor HOSKINSON, Gracie LAMBERT	#5 Hutchinson (Kar	4:06.90c(4:10.17)	1/27
6	17	Gabriela ELIZALDE, Sequoya MCADOO, Makayla WILLIAMS, Deslyne COOPER	#9 Dodge City (Kan	4:10.55c(4:15.24A)	2/3
7	20	Isabella KUPKA, Alyssa BRIDGES, Gracie SHIRE, LaShae' SMITH	#4 Cowley (Kan.)	4:16.21	2/3
8	24	Faith MILLNER, Saniyah HAMMOND, Jalia BUNN, Bailey MILLER	#10 Coffeyville (Kan.	4:28.50	1/28
9	25	Kirsten MARCOTTE, Danielle HARTWELL, Troynelle MILLER, Tara GRAHAM	#6 Colby (Kan.) CC	4:28.55	2/3
10	26	Kerrishma WILLIAMS, Chiara CANINI, Breanna CLEMENS, Sara CHAPA	#8 Garden City (Kar	4:33.69c(4:37.32)	1/27

Women's 4x800 Relay

1	4	https://www.tfrrs.org/teams/545	#1 Cloud County (K	Q 9:46.99	1/31
2	5	https://www.tfrrs.org/teams/978	#5 Hutchinson (Kar	Q 9:49.13	2/10
3	8	https://www.tfrrs.org/teams/8048	#3 Fort Scott (Kan.)	10:10.03	1/28
4	9	https://www.tfrrs.org/teams/992	#12 Neosho County	10:37.73	2/11



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Central

Women's Distance Medley Relay

1	7	Emily DIERCKS, Kirsten MARCOTTE, Asli ATAN, Maissane JOUEN	#6 Colby (Kan.) CC	Q 13:04.73	1/13
2	8	Ellie VAN ZELFDEN, Kaylee JAMES, Gracie LAMBERT, Taylor HOSKINSON	#5 Hutchinson (Kan.)	Q 13:05.36	2/3
3	11	Paula PI- RODRIGUEZ, Layla INGALLS, Abigail PINNOCK, Delicia BOOTHE	#4 Cowley (Kan.)	13:32.07	2/10
4	13	Delsinay PENA, Landrea SEARS, Daisy KORIR, Naomi SALIL	#12 Neosho County (Mo.)	13:42.07	2/3
5	14	Arelly GAMEZ, Deslyne COOPER, Makayla WILLIAMS, Nevaeh CARRIZAL	#9 Dodge City (Kan.)	13:42.71c(14:10.84A)	2/3
6	16	Emily PUNCHES, Mariem SOLTANI, Aliya JOHNSON, Mary KUA	#1 Cloud County (K)	13:59.82	2/3
7	18	Sara CHAPA, Chiara CANINI, Andrea SERRANO, Taylor THORP	#8 Garden City (Kan.)	14:42.47	2/3
8	19	Breanna JAMES, Alexis KOHRMANN, Madelyn MCBRIDE, Tanner MAGGARD	#15 State Fair (Mo.)	14:52.51	2/2

Women's High Jump

1	2	Shackala HENRY	#1 Cloud County (K)	Q 1.74m	5-8½	1/21
2	3	Vanessa MERCERA	#1 Cloud County (K)	Q 1.71m	5-7¼	1/21
3	6	jazmine WILLIAMSON	#2 Barton (Kan.) CC	Q 1.69m	5-6½	1/27
4	7	Madelyn HERNANDEZ	#5 Hutchinson (Kan.)	Q 1.65m	5-5	1/21
5	14	LaShae' SMITH	#4 Cowley (Kan.)	1.58m	5-2¼	1/27
6	15	Mariem SOLTANI	#1 Cloud County (K)	1.56m	5-1¼	2/3
6	15	Liberty LIMON	#5 Hutchinson (Kan.)	1.56m	5-1¼	2/3
8	22	Dayjahney HIBBERT	#13 Highland (Kan.)	1.53m	5-¼	2/10
9	24	Gracie SHIRE	#4 Cowley (Kan.)	1.52m	4-11¾	1/27
10	29	Kerrishma WILLIAMS	#8 Garden City (Kan.)	1.50m	4-11	1/27

Women's Pole Vault

1	2	Arantxa CORTEZ	#4 Cowley (Kan.)	Q 3.65m	11-11¾	1/21
2	3	Jasmine SAKAGUCHI	#1 Cloud County (K)	Q 3.59m	11-9¼	1/27
3	5	Mia MANLEY	#1 Cloud County (K)	Q 3.40m	11-1¾	2/3
4	8	Carla SANTOS	#4 Cowley (Kan.)	Q 3.05m	10-0	1/21
5	13	Kayla ORTMAN	#7 Butler (Kan.) CC	2.75m	9-¼	1/7
6	15	Alivia NOLL	#5 Hutchinson (Kan.)	2.69m	8-9¾	1/27
7	17	Raylee JOHNSON	#5 Hutchinson (Kan.)	2.45m	8-½	1/21

Women's Long Jump

1	3	Damazvia DAMES	#3 Fort Scott (Kan.)	Q 5.82m	19-1¼	1/28
2	6	jazmine WILLIAMSON	#2 Barton (Kan.) CC	Q 5.65m	18-6½	1/21
3	10	Icey GREEN	#3 Fort Scott (Kan.)	Q 5.55m	18-2½	1/27
4	13	Brittania INGRAM	#2 Barton (Kan.) CC	5.45m	17-10¾	1/21
5	15	Kay-Lagay CLARKE	#2 Barton (Kan.) CC	5.44m	17-10¼	2/10
6	17	Ana COUTO	#2 Barton (Kan.) CC	5.41m	17-9	2/10
7	19	Vanessa MERCERA	#1 Cloud County (K)	5.37m	17-7½	2/3
8	21	Genesis BAUTISTA	#4 Cowley (Kan.)	5.35m	17-6¾	2/10
9	22	Chaniqua TONGE	#3 Fort Scott (Kan.)	5.31m	17-5¼	1/21
10	29	Ashley ROBINSON	#16 Allen (Kan.) CC	5.19m	17-½	2/3

Women's Triple Jump

1	2	Damazvia DAMES	#3 Fort Scott (Kan.)	Q 12.13m	39-9¾	1/27
2	4	Kay-Lagay CLARKE	#2 Barton (Kan.) CC	Q 11.92m	39-1¼	2/10
3	6	Brittania INGRAM	#2 Barton (Kan.) CC	Q 11.84m	38-10¼	2/10
4	9	Icey GREEN	#3 Fort Scott (Kan.)	Q 11.37m	37-3¾	1/27
5	14	Saniyah HAMMOND	#10 Coffeyville (Kan.)	11.03m	36-2¼	1/28
6	15	Shackala HENRY	#1 Cloud County (K)	10.99m	36-¾	1/13
7	16	Abby RUESCHHOFF	#4 Cowley (Kan.)	10.98m	36-¼	2/3
8	17	Emma GERSTNER	#14 Mineral Area (Mo.)	10.83m	35-6½	2/11
9	18	Dayjahney HIBBERT	#13 Highland (Kan.)	10.70m	35-1¼	2/10
10	21	Liberty LIMON	#5 Hutchinson (Kan.)	10.54m	34-7	1/21

Women's Shot Put

1	1	Kelsie MURRELL- ROSS	#2 Barton (Kan.) CC	Q 15.76m	51-8½	1/21
2	3	Treneese HAMILTON	#2 Barton (Kan.) CC	Q 14.62m	47-11¾	1/27
3	5	Beatriz FERRIERA	#8 Garden City (Kan.)	Q 13.63m	44-8¾	2/3
4	10	Jamilet BAUTISTA INFANTE	#4 Cowley (Kan.)	Q 12.35m	40-6¼	1/21
5	20	Mallory CALLIHAN	#1 Cloud County (K)	11.69m	38-4¼	1/27
6	21	Ana COUTO	#2 Barton (Kan.) CC	11.62m	38-1½	1/21
7	22	Tamara THOMPSON	#1 Cloud County (K)	11.58m	38-0	2/9
8	25	Chloe GRUSING	#4 Cowley (Kan.)	11.19m	36-8½	1/21
9	28	Kadine BROWN	#7 Butler (Kan.) CC	11.10m	36-5	1/21
10	30	Tahisha THOMPSON	#1 Cloud County (K)	11.04m	36-2¾	2/9

Women's Weight Throw

1	1	Kayla MCCLELLAN	#4 Cowley (Kan.)	Q 16.96m	55-7¾	2/10
2	3	Efe LATHAM	#2 Barton (Kan.) CC	Q 16.57m	54-4½	1/21
3	4	Kelsie MURRELL- ROSS	#2 Barton (Kan.) CC	Q 16.19m	53-1½	2/10
4	10	McKenna DREW- MARKLE	#4 Cowley (Kan.)	Q 14.88m	48-10	1/27
5	11	Mallory CALLIHAN	#1 Cloud County (K)	14.53m	47-8	2/9
6	12	Lushous DAVIS	#5 Hutchinson (Kan.)	14.50m	47-7	2/10
7	14	Tahisha THOMPSON	#1 Cloud County (K)	14.10m	46-3¼	2/9
8	15	Cloe KALANICK	#8 Garden City (Kan.)	13.71m	44-11¾	1/27
9	17	Tamara THOMPSON	#1 Cloud County (K)	13.37m	43-10½	2/9
10	18	Beatriz FERRIERA	#8 Garden City (Kan.)	13.25m	43-5¾	1/27



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Central

Women's Pentathlon

1	2	Vanessa MERCERA	#1	Cloud County (K	Q 3,523c	(3,501)	1/27
2	10	LaShae' SMITH	#4	Cowley (Kan.)	Q 2,699c	(2,680)	1/27
3	14	Gracie SHIRE	#4	Cowley (Kan.)	Q 2,385c	(2,366)	1/27
4	15	Mariem SOLTANI	#1	Cloud County (K	Q 2,381c	(2,360)	1/27
5	19	Mercedes GLOVER	#4	Cowley (Kan.)	Q 2,108c	(2,090)	1/27
6	21	Rebecca HALL	#15	State Fair (Mo.)	Q 2,064c	(2,045)	1/27
7	22	Meagan BURKHART	#8	Garden City (Kan	Q 1,430		2/3



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Midwest

Women's 60 Meters

1	5	Jahzara HART	#3	Indian Hills (Iowa)	Q 7.53	12/3
2	16	Adeyha BREWSTER	#2	Iowa Central CC	Q 7.68	2/3
2	16	Miracle AILES	#1	Iowa Western CC	Q 7.68	1/13
4	30	Marquetta BERLIN-BURNS	#1	Iowa Western CC	7.80	2/10
5	35	Zaniya KING	#3	Indian Hills (Iowa)	7.83	12/3
5	35	Shanice COX	#3	Indian Hills (Iowa)	7.83	2/10
7	43	Zakiya PORTER	#3	Indian Hills (Iowa)	7.90	12/9
8	45	Zyaire ROBINSON	#3	Indian Hills (Iowa)	7.91	2/4
9	51	Queanna TAYLOR	#2	Iowa Central CC	7.94	2/10
10	61	Kendall BROWN	#16	Bryant & Stratton	8.02	2/11

Women's 60 Meter Hurdles

1	3	Adeyha BREWSTER	#2	Iowa Central CC	Q 8.46	1/27
2	5	Monique GRANT	#1	Iowa Western CC	Q 8.48	1/21
3	6	Antonia SEALY	#1	Iowa Western CC	Q 8.66	2/2
4	18	Jade JACKSON	#2	Iowa Central CC	Q 9.04	1/21
5	25	Dayvione BRIGGS	#6	Cuyahoga (Ohio)	9.20	2/4
6	31	Myasia MATTHEWS	#6	Cuyahoga (Ohio)	9.41	2/9
7	35	Saria OLIVER	#2	Iowa Central CC	9.47	1/27
8	36	Abigail FREY	#2	Iowa Central CC	9.49	2/4
9	37	Paige CONDON	#2	Iowa Central CC	9.53	1/27
10	39	Samira ROSENFELD	#8	Harper (Ill.)	9.62	2/4

Women's 200 Meters

1	11	Zaniya KING	#3	Indian Hills (Iowa)	Q 24.75	2/4
2	12	Jahzara HART	#3	Indian Hills (Iowa)	Q 24.78	12/9
3	13	Ethel AMISSAH	#1	Iowa Western CC	Q 24.84	2/10
3	13	Monique GRANT	#1	Iowa Western CC	Q 24.84	2/10
5	23	Shanice COX	#3	Indian Hills (Iowa)	25.29	2/10
6	25	Adalin ROBINSON	#3	Indian Hills (Iowa)	25.40	2/10
7	34	Marquetta BERLIN-BURNS	#1	Iowa Western CC	25.71	2/10
8	63	Saria OLIVER	#2	Iowa Central CC	26.26c (26.66)	1/27
9	68	Zyaire ROBINSON	#3	Indian Hills (Iowa)	26.34	2/10
10	69	Dayvione BRIGGS	#6	Cuyahoga (Ohio)	26.41c (26.82)	2/9

Women's 400 Meters

1	6	Ethel AMISSAH	#1	Iowa Western CC	Q 56.07	2/3
2	12	Daniella DEER	#1	Iowa Western CC	Q 57.10	2/3
3	24	Adalin ROBINSON	#3	Indian Hills (Iowa)	58.32	2/10
4	37	Jordan GALLENTINE	#4	Hawkeye (Iowa)	59.59c (1:00.38)	2/10
5	42	Dayvione BRIGGS	#6	Cuyahoga (Ohio)	1:00.20c (1:01.00)	2/9
6	43	Lexi CLARKE	#11	Joliet (Ill.) JC	1:00.21c (1:01.01)	2/4
7	46	Ja'Dashia CATLIN	#3	Indian Hills (Iowa)	1:00.51	12/9
8	56	Sydney MARTIN	#4	Hawkeye (Iowa)	1:01.59c (1:02.40)	1/20
9	63	Holly HOEPNER	#1	Iowa Western CC	1:02.40	2/2
10	71	Cheyenne MCGHEE	#3	Indian Hills (Iowa)	1:03.19	12/9

Women's 600 Meters

1	2	Jordan GALLENTINE	#4	Hawkeye (Iowa)	Q 1:32.71	1/21
2	3	Haley BELLAMY	#3	Indian Hills (Iowa)	Q 1:32.93	2/4
3	4	Sydney MARTIN	#4	Hawkeye (Iowa)	Q 1:33.61	1/21
4	9	Daniella DEER	#1	Iowa Western CC	Q 1:35.98	1/21
5	11	Britney BROWN	#2	Iowa Central CC	Q 1:36.59	1/21
6	17	Jules BREAKENRIDGE	#4	Hawkeye (Iowa)	Q 1:38.75	1/21
7	35	Allie WITT	#4	Hawkeye (Iowa)	1:42.95	1/21
8	42	Dayvione BRIGGS	#6	Cuyahoga (Ohio)	1:45.19	1/21
9	51	Lauren PIERSON	#1	Iowa Western CC	1:51.70c (1:53.06)	1/7
10	54	Faith CLARK	#14	Muskegon (Mich)	1:53.03	1/13

Women's 800 Meters

1	5	Chloe GARCIA GRAFING	#2	Iowa Central CC	Q 2:16.68	1/21
2	6	Lilly ALBERTS	#8	Harper (Ill.)	Q 2:18.23c (2:19.82)	2/11
3	12	Britney BROWN	#2	Iowa Central CC	Q 2:20.37	1/20
4	23	Lexi CLARKE	#11	Joliet (Ill.) JC	2:23.58c (2:25.23)	2/11
5	25	Aisha RAMONE	#5	Southeastern (Ia)	2:24.28c (2:25.94)	2/4
6	27	Bethany STACEY	#1	Iowa Western CC	2:24.75	2/10
7	32	Lillan BUZANI	#9	DuPage (Ill.)	2:26.16c (2:27.84)	2/11
8	34	Paige CONDON	#2	Iowa Central CC	2:26.33	1/21
9	39	Fiona METZO	#8	Harper (Ill.)	2:27.24c (2:28.93)	2/4
10	43	Faith CLARK	#14	Muskegon (Mich)	2:28.04c (2:29.74)	2/3

Women's 1000 Meters

1	1	Chloe GARCIA GRAFING	#2	Iowa Central CC	Q 2:58.85	1/20
2	13	Bethany STACEY	#1	Iowa Western CC	Q 3:09.47	2/2
3	19	Allie SIMPSON	#5	Southeastern (Ia)	3:13.84c (3:15.95)	2/10
4	21	Faith CLARK	#14	Muskegon (Mich)	3:15.99c (3:18.13)	2/9
5	25	Brittany PAGE	#7	Vincennes (Ind.)	3:16.97c (3:19.12)	2/4
6	26	Callie ARNOLD	#1	Iowa Western CC	3:17.15	2/2
7	31	Jules BREAKENRIDGE	#4	Hawkeye (Iowa)	3:20.26c (3:22.44)	2/10
8	32	Lauren PIERSON	#1	Iowa Western CC	3:21.90	2/2
9	37	Sydney MARTIN	#4	Hawkeye (Iowa)	3:26.05	1/13
10	38	Lizeth FLORES	#3	Indian Hills (Iowa)	3:26.23	1/21

Women's Mile

1	3	Chloe GARCIA GRAFING	#2	Iowa Central CC	Q 5:08.28c (5:11.33)	1/27
2	6	Aisha RAMONE	#5	Southeastern (Ia)	Q 5:13.04c (5:16.13)	2/10
3	7	Taylor MCCREEDY	#2	Iowa Central CC	Q 5:13.24	1/21
4	27	Fiona METZO	#8	Harper (Ill.)	5:28.98c (5:32.23)	2/11
5	31	Bethany STACEY	#1	Iowa Western CC	5:32.49c (5:35.78)	1/14
6	35	Elle KNAPP	#15	Heartland (Ill.) C	5:35.75c (5:39.07)	2/11
7	44	Lillan BUZANI	#9	DuPage (Ill.)	5:41.69	1/27
8	49	Katie GEISZ	#15	Heartland (Ill.) C	5:43.86c (5:47.26)	2/11
9	57	Brittany PAGE	#7	Vincennes (Ind.)	5:47.29	1/20
10	59	Hope LAUGHLIN	#7	Vincennes (Ind.)	5:47.78	1/27



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Midwest

Women's 3000 Meters

1	2	Mercy BIWOTT	#1	Iowa Western CC	Q 10:16.12	2/2
2	3	Taylor MCCREEDY	#2	Iowa Central CC	Q 10:20.95	2/3
3	12	Bethany STACEY	#1	Iowa Western CC	Q 10:46.50	2/10
4	13	Lillan BUZANI	#9	DuPage (Ill.)	Q 10:46.55c (10:52.09)	2/11
5	29	Daisie KINNETT	#7	Vincennes (Ind.)	11:14.49	2/10
6	35	Addysen CLARK	#15	Heartland (Ill.) C	11:26.97c (11:32.86)	2/11
7	40	Aisha RAMONE	#5	Southeastern (Ic	11:38.42c (11:44.40)	1/21
8	41	Zinash VALEN	#2	Iowa Central CC	11:38.67c (11:44.66)	1/27
9	43	Josey FRENCH	#1	Iowa Western CC	11:41.05	1/21
10	44	Kelly KIBLER	#9	DuPage (Ill.)	11:42.52c (11:48.54)	2/11

Women's 5000 Meters

1	1	Mercy BIWOTT	#1	Iowa Western CC	Q 17:24.09	1/21
2	5	Taylor MCCREEDY	#2	Iowa Central CC	Q 18:29.60	1/20
3	14	Daisie KINNETT	#7	Vincennes (Ind.)	19:13.53	1/27
4	20	Bethany STACEY	#1	Iowa Western CC	19:30.04	1/21
5	23	Zinash VALEN	#2	Iowa Central CC	20:06.01c (20:15.24)	2/4
6	31	Kenzie KAPERKA	#2	Iowa Central CC	21:55.03	2/10
7	35	Ashleigh DUFFY	#6	Cuyahoga (Ohio	22:27.89c (22:38.21)	2/9
8	36	Raylene WILLIAMS	#2	Iowa Central CC	27:45.52	1/20

Women's 4x400 Relay

1	8	Adalin ROBINSON, Shanice COX, Jahzara HART, Ja'Dashia CATLIN	#3	Indian Hills (Iow	Q 3:56.46	2/10
2	10	Ethel AMISSAH, Daniella DEER, Holly HOEPNER, Marquetta BERLIN- BURNS	#1	Iowa Western CC	4:01.39	1/21
3	15	Arianna PAUL, Abigail FREY, Saria OLIVER, Chloe GARCIA GRAFING	#2	Iowa Central CC	4:07.49	2/10
4	16	Samira ROSENFELD, Kyia HEMPHILL, Brianna RUIZ, Lilly ALBERTS	#8	Harper (Ill.)	4:09.24c (4:12.54)	2/4
5	19	Lexi CLARKE, Bailey HARRIS, Lindsey HATTEBERG, Katelyn MCCANN	#11	Joliet (Ill.) JC	4:15.78c (4:19.17)	2/11
6	21	Jordan GALLENTINE, Jules BREAKENRIDGE, Melody KREMER, Sydney MARTIN	#4	Hawkeye (Iowa)	4:16.58c (4:19.98)	1/27
7	22	Morgan CLIFFORD, Patrycja KARPIESIU, Kelly KIBLER, Lillan BUZANI	#9	DuPage (Ill.)	4:19.87c (4:23.32)	2/11
8	23	Patricia HANK, Camille SCHROEDER, Cassidy YALEY, Brooklyn MOEHLE	#5	Southeastern (Ic	4:27.94c (4:31.49)	1/27
9	28	Faith CLARK, Neva HUNDT, Andreea ATCHINSON, Abigail KIAUNIS	#14	Muskegon (Mich	4:34.79	1/13
10	30	Baileigh BERDING, Taia HILLHOUSE, Katyrra PECK, Gabyiela MEDEIYOS	#12	North Iowa Area	4:46.86c (4:50.66)	1/20

Women's 4x800 Relay

1	2	https://www.tfrrs.org/teams/20051	#2	Iowa Central CC	Q 9:33.62	1/21
2	6	https://www.tfrrs.org/teams/104138	#5	Southeastern (Ic	Q 10:00.95	2/4
3	7	https://www.tfrrs.org/teams/59718	#1	Iowa Western CC	Q 10:03.21	2/12



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Midwest

Women's Distance Medley Relay

1	1	Taylor MCCREEDY, Saria OLIVER, Britney BROWN, Chloe GARCIA GRAFING	#2	Iowa Central CC	Q 12:25.39	2/10
2	9	Allie SIMPSON, Carissa MACKEY, Cassidy YALEY, Aisha RAMONE	#5	Southeastern (Ia)	13:12.54c (13:21.03)	2/4
3	15	Jules BREAKENRIDGE, Jordan GALLENTINE, Sydnie MARTIN, Maddie TIESKOTTER	#4	Hawkeye (Iowa)	13:56.20	2/2

Women's High Jump

1	1	Miracle AILES	#1	Iowa Western CC	Q 1.87m	6-1½	1/21
2	4	Haleigh HADLEY	#3	Indian Hills (Iowa)	Q 1.70m	5-7	1/20
3	7	Teagan MEYERS	#10	Sauk Valley (Ill.)	Q 1.65m	5-5	2/10
4	13	Ritchina STALLMAN	#1	Iowa Western CC	1.59m	5-2½	1/27
5	17	Jordan SWENSON	#12	North Iowa Area	1.55m	5-1	2/10
6	20	Monique GRANT	#1	Iowa Western CC	1.54m	5-½	1/27
6	20	Samira ROSENFELD	#8	Harper (Ill.)	1.54m	5-½	2/4
8	24	Pola KUBRAK	#8	Harper (Ill.)	1.52m	4-11¾	2/11
8	24	Antonia SEALY	#1	Iowa Western CC	1.52m	4-11¾	1/21
8	24	Patrycja KARPIESIUKE	#9	DuPage (Ill.)	1.52m	4-11¾	2/11
8	24	Paulina STACHURA	#9	DuPage (Ill.)	1.52m	4-11¾	2/11

Women's Pole Vault

1	4	Julia DO AMARAL SALVI	#7	Vincennes (Ind.)	Q 3.58m	11-9	1/27
2	6	Ysnaira DOS SANTOS VIEIRA	#7	Vincennes (Ind.)	Q 3.38m	11-1	2/11
3	11	Abby MAKARA	#6	Cuyahoga (Ohio)	2.85m	9-4¼	2/9
4	12	Patrycja KARPIESIUKE	#9	DuPage (Ill.)	2.82m	9-3	2/11
5	16	Jillian CARRICK	#6	Cuyahoga (Ohio)	2.55m	8-4¼	1/14
6	20	Baylee HORNER	#1	Iowa Western CC	2.17m	7-1½	1/27
7	21	Victoria MCCRANEY	#4	Hawkeye (Iowa)	1.80m	5-10¾	2/10

Women's Long Jump

1	2	Miracle AILES	#1	Iowa Western CC	Q 5.84m	19-2	1/13
2	7	Monique GRANT	#1	Iowa Western CC	Q 5.63m	18-5¾	1/21
3	10	Antonia SEALY	#1	Iowa Western CC	Q 5.55m	18-2½	2/2
4	12	Adeyah BREWSTER	#2	Iowa Central CC	5.46m	17-11	1/21
5	23	Arianna PAUL	#2	Iowa Central CC	5.26m	17-3¼	2/10
6	25	Haley BELLAMY	#3	Indian Hills (Iowa)	5.25m	17-2¾	2/4
6	25	Katelyn MCCANN	#11	Joliet (Ill.) JC	5.25m	17-2¾	2/4
8	27	Kamdyn STANLEY	#1	Iowa Western CC	5.21m	17-1¼	1/7
9	35	Nyadhol THICHOT	#2	Iowa Central CC	5.04m	16-6½	2/3
10	40	Sofia RUMBOLZ	#10	Sauk Valley (Ill.)	4.98m	16-4¼	2/4

Women's Triple Jump

1	10	Monique GRANT	#1	Iowa Western CC	11.21m	36-9½	1/27
2	11	Nyadhol THICHOT	#2	Iowa Central CC	11.12m	36-5¾	2/10
3	22	Kamdyn STANLEY	#1	Iowa Western CC	10.48m	34-4¾	2/10
4	23	Sofia RUMBOLZ	#10	Sauk Valley (Ill.)	10.41m	34-2	2/10
5	24	Teagan MEYERS	#10	Sauk Valley (Ill.)	10.30m	33-9½	2/10
6	26	Dayvione BRIGGS	#6	Cuyahoga (Ohio)	10.24m	33-7¼	1/28
7	28	Sadie LENZ	#10	Sauk Valley (Ill.)	9.95m	32-7¾	2/4
8	30	Tessa BLEERS	#9	DuPage (Ill.)	9.85m	32-3¾	2/11
9	31	Camille SCHROEDER	#5	Southeastern (Ia)	9.48m	31-1¼	1/21
10	32	Lily WINTERGERST	#8	Harper (Ill.)	9.40m	30-10¼	2/11

Women's Shot Put

1	2	Jazmyn JAMES	#1	Iowa Western CC	Q 14.78m	48-6	1/13
2	4	Shakera WILLIAMS	#1	Iowa Western CC	Q 14.38m	47-2¼	2/10
3	7	Molly VENTEICHER	#13	Southwestern (Ill.)	Q 13.20m	43-3¾	1/21
4	9	Natalie ALBERT	#1	Iowa Western CC	Q 12.51m	41-½	1/7
5	11	Abby BARTZ	#4	Hawkeye (Iowa)	Q 12.34m	40-6	1/21
6	12	Antonia SEALY	#1	Iowa Western CC	Q 12.22m	40-1¼	1/13
7	13	Carlie HOPPE	#4	Hawkeye (Iowa)	12.18m	39-11½	2/4
8	14	Tyjah THOMPSON	#1	Iowa Western CC	11.99m	39-4	1/27
8	14	Madison DAVIS	#7	Vincennes (Ind.)	11.99m	39-4	2/11
10	18	Sara DIEW	#2	Iowa Central CC	11.80m	38-8¾	2/4

Women's Weight Throw

1	5	Molly VENTEICHER	#13	Southwestern (Ill.)	Q 15.90m	52-2	1/28
2	6	Abby BARTZ	#4	Hawkeye (Iowa)	Q 15.62m	51-3	2/10
3	13	Khersa MORGAN	#16	Bryant & Stratton	14.37m	47-1¾	2/3
4	16	Charity FINAU	#1	Iowa Western CC	13.70m	44-11½	1/14
5	21	Tyjah THOMPSON	#1	Iowa Western CC	12.71m	41-8½	1/27
6	27	Lexi WOOD	#2	Iowa Central CC	12.18m	39-11½	1/27
7	30	Alex FECKNER	#6	Cuyahoga (Ohio)	11.87m	38-11½	1/28
7	30	Pascaline KOFFI	#12	North Iowa Area	11.87m	38-11½	1/20
9	35	Natalie ALBERT	#1	Iowa Western CC	11.72m	38-5½	2/10
10	37	Madelyn WILSON	#12	North Iowa Area	11.63m	38-2	2/10

Women's Pentathlon

1	1	Antonia SEALY	#1	Iowa Western CC	Q 3,615		2/2
2	5	Paige CONDON	#2	Iowa Central CC	Q 3,040c	(3,018)	1/27
3	7	Jade JACKSON	#2	Iowa Central CC	Q 3,001c	(2,980)	1/27
4	8	Adeyah BREWSTER	#2	Iowa Central CC	Q 2,959c	(2,941)	1/27
5	12	Carlie HOPPE	#4	Hawkeye (Iowa)	Q 2,662c	(2,642)	1/27



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West

Women's 60 Meters

1	1	Success UMUKORO	#2	South Plains (Te	Q	7.39c	(7.37A)	1/13
2	2	Soniya JONES	#4	Central Arizona	Q	7.42		2/11
3	3	Ashantai BOLLERS	#1	New Mexico JC	Q	7.47c	(7.45A)	1/13
4	5	Brianna CHARLES	#9	Hinds (Miss.) CC	Q	7.53		1/21
4	5	Diandrenique GAINES	#9	Hinds (Miss.) CC	Q	7.53		2/11
6	8	Juvonna CORNETTE	#4	Central Arizona	Q	7.55		1/21
7	9	Tijuanique MORTON	#1	New Mexico JC	Q	7.57c	(7.55A)	2/10
8	11	Kiersten CLARK	#9	Hinds (Miss.) CC	Q	7.63		1/21
9	12	Kishawna WALLACE	#1	New Mexico JC	Q	7.64c	(7.62A)	1/27
10	14	Cece CHARLES	#4	Central Arizona	Q	7.67		1/28
10	14	Sofia CARDOZO	#8	Paradise Valley	Q	7.67		2/11

Women's 60 Meter Hurdles

1	4	Ese AWUSA	#1	New Mexico JC	Q	8.47c	(8.45A)	1/27
2	8	Leila BARMORE	#7	Glendale (Ariz.)	Q	8.79		2/11
3	9	Ashyria SAVAGE	#2	South Plains (Te	Q	8.80c	(8.78A)	2/10
4	10	Arryona SIMMONS	#12	Meridian (Miss.)	Q	8.86		1/21
5	11	Patience BOAHEMAA	#4	Central Arizona	Q	8.87		2/3
6	13	Katherine LEMISH	#3	Mesa (Ariz.) CC	Q	8.88c	(8.84A)	2/3
7	15	Breanna CLARKE	#2	South Plains (Te	Q	8.94c	(8.92A)	2/10
8	16	Aaliyah LINDSAY	#1	New Mexico JC	Q	8.98c	(8.96A)	1/27
9	17	JodyAnn DIXON	#9	Hinds (Miss.) CC	Q	9.01		2/11
10	18	Lilyanna MARTINEZ	#3	Mesa (Ariz.) CC	Q	9.04		1/21

Women's 200 Meters

1	1	Success UMUKORO	#2	South Plains (Te	Q	23.85c	(23.78A)	2/10
2	2	Deshana SKEETE	#1	New Mexico JC	Q	23.95c	(23.88A)	1/27
3	3	Grace OBOUR	#11	Western Texas	Q	24.10c	(24.03A)	2/10
4	4	Ashantai BOLLERS	#1	New Mexico JC	Q	24.20c	(24.13A)	2/10
5	6	Lacarthea COOPER	#1	New Mexico JC	Q	24.24c	(24.17A)	2/3
6	7	Soniya JONES	#4	Central Arizona	Q	24.36		2/3
7	8	Tijuanique MORTON	#1	New Mexico JC	Q	24.40c	(24.33A)	2/10
8	10	Dejona SIMPSON	#1	New Mexico JC	Q	24.64c	(24.57A)	2/10
9	15	Cece CHARLES	#4	Central Arizona	Q	24.85		2/3
10	18	Kiersten CLARK	#9	Hinds (Miss.) CC	Q	24.92		2/11

Women's 400 Meters

1	1	Deshana SKEETE	#1	New Mexico JC	Q	54.40c	(54.29A)	1/27
2	2	Lacarthea COOPER	#1	New Mexico JC	Q	54.96c	(54.85A)	2/10
3	3	Grace OBOUR	#11	Western Texas	Q	54.97c	(54.86A)	2/10
4	8	Saffia HINDS	#2	South Plains (Te	Q	56.34c	(56.23A)	2/10
5	10	Dejona SIMPSON	#1	New Mexico JC	Q	56.53c	(56.42A)	2/3
6	11	Leticia QUINGOSTAS	#2	South Plains (Te	Q	56.92c	(56.81A)	2/10
7	13	Cece CHARLES	#4	Central Arizona	Q	57.13		2/11
8	17	JodyAnn DIXON	#9	Hinds (Miss.) CC	Q	57.87		1/21
9	18	Zaria HAMILTON	#3	Mesa (Ariz.) CC	Q	57.90		2/3
10	22	Corlasia SCOTT	#2	South Plains (Te	Q	58.21c	(58.10A)	2/10

Women's 600 Meters

1	1	Calisha TAYLOR	#1	New Mexico JC	Q	1:31.45		1/13
2	5	Rushana DWYER	#2	South Plains (Te	Q	1:33.79		2/10
3	6	Michalillah VASELL	#1	New Mexico JC	Q	1:34.50		2/10
4	8	Taylor JACOBS	#3	Mesa (Ariz.) CC	Q	1:35.75		2/11
5	10	Leticia QUINGOSTAS	#2	South Plains (Te	Q	1:36.51		2/10
6	12	Privilege CHIKARA	#12	Meridian (Miss.)	Q	1:37.23		1/13
7	13	Asia FOSTER	#11	Western Texas	Q	1:37.26		2/10
8	18	Cece CHARLES	#4	Central Arizona	Q	1:38.78		2/3
9	21	Lilliana GUERRERO	#2	South Plains (Te	Q	1:39.40		2/10
10	22	Jeniel JONES	#2	South Plains (Te	Q	1:39.53		2/10

Women's 800 Meters

1	1	Calisha TAYLOR	#1	New Mexico JC	Q	2:13.13c	(2:13.87A)	1/27
2	2	Letlhogonolo MAGORO	#1	New Mexico JC	Q	2:14.57c	(2:15.32A)	1/27
3	3	Rushana DWYER	#2	South Plains (Te	Q	2:14.62c	(2:15.00A)	2/10
4	4	Privilege CHIKARA	#12	Meridian (Miss.)	Q	2:15.71		2/10
5	7	Lilliana GUERRERO	#2	South Plains (Te	Q	2:18.29c	(2:18.68A)	2/10
6	9	Kate BROCKMAN	#3	Mesa (Ariz.) CC	Q	2:19.50		2/11
7	13	Anna HARMON	#3	Mesa (Ariz.) CC	Q	2:21.14		1/28
8	14	Vanessa GALLEGOS	#1	New Mexico JC	Q	2:21.21c	(2:22.00A)	1/27
9	18	Elizabeth PHILLIPS	#6	Southern Idaho	Q	2:22.10c	(2:24.46A)	1/20
10	19	Jeniel JONES	#2	South Plains (Te	Q	2:22.20c	(2:22.61A)	2/10

Women's 1000 Meters

1	2	Letlhogonolo MAGORO	#1	New Mexico JC	Q	2:59.27c	(2:59.78A)	2/10
2	3	Kate BROCKMAN	#3	Mesa (Ariz.) CC	Q	3:03.35		1/28
3	4	Vanessa GALLEGOS	#1	New Mexico JC	Q	3:03.45c	(3:03.97A)	2/10
4	5	Minankolo MAGASSA	#1	New Mexico JC	Q	3:06.65c	(3:07.18A)	2/10
5	6	Anna HARMON	#3	Mesa (Ariz.) CC	Q	3:06.69		2/11
6	11	Jazmin ESTRADA	#8	Paradise Valley	Q	3:08.11		2/11
7	12	Rushell JOHNSON	#11	Western Texas	Q	3:08.88c	(3:09.42A)	2/10
8	16	Ryan HEILIGER	#3	Mesa (Ariz.) CC	Q	3:13.01		2/11
9	17	Teresa GALLEGOS	#11	Western Texas	Q	3:13.64c	(3:14.19A)	2/10
10	18	Damaris CHEWON	#1	New Mexico JC	Q	3:13.83c	(3:14.38A)	1/13

Women's Mile

1	2	Letlhogonolo MAGORO	#1	New Mexico JC	Q	5:07.60c	(5:11.22A)	1/13
2	4	Privilege CHIKARA	#12	Meridian (Miss.)	Q	5:09.15		1/21
3	5	Elizabeth PHILLIPS	#6	Southern Idaho	Q	5:12.67c	(5:18.74A)	1/28
4	8	Anna HARMON	#3	Mesa (Ariz.) CC	Q	5:16.96		1/28
5	9	Damaris CHEWON	#1	New Mexico JC	Q	5:16.97c	(5:24.02A)	1/27
6	10	Joan KIMALEL	#1	New Mexico JC	Q	5:17.24c	(5:24.30A)	2/3
7	12	Jaresa JACKSON	#6	Southern Idaho	Q	5:17.99c	(5:24.17A)	1/28
8	14	Kate BROCKMAN	#3	Mesa (Ariz.) CC	Q	5:19.98c	(5:32.04A)	2/3
9	17	Lydia FELIX	#6	Southern Idaho	Q	5:22.50c	(5:28.76A)	1/28
10	22	Abigail CASE	#6	Southern Idaho	Q	5:25.07c	(5:35.01A)	1/20



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West

Women's 3000 Meters

1	1	Damaris CHEWON	#1	New Mexico JC	Q	10:09.59c	(10:24.98A)	1/27
2	5	Molly JENSEN	#10	Salt Lake (Utah)	Q	10:36.38c	(10:56.67A)	2/9
3	6	Lethogonolo MAGORO	#1	New Mexico JC	Q	10:39.23c	(10:55.37A)	1/27
4	7	Lydia FELIX	#6	Southern Idaho	Q	10:40.33c	(10:54.75A)	1/12
5	9	Kennedy SWAIN	#10	Salt Lake (Utah)	Q	10:44.27c	(11:04.81A)	2/9
6	10	Elizabeth PHILLIPS	#6	Southern Idaho	Q	10:45.12c	(10:59.19A)	1/28
7	11	Daisy JEROP	#1	New Mexico JC	Q	10:45.33c	(11:01.62A)	2/3
8	14	Carolyne KIMAIYO	#1	New Mexico JC	Q	10:47.95c	(11:04.31A)	1/27
9	15	Zaylie PARAS	#10	Salt Lake (Utah)	Q	10:48.29c	(11:08.96A)	2/9
10	16	Joan KIMALEL	#1	New Mexico JC		10:51.98c	(11:08.44A)	1/27

Women's 5000 Meters

1	2	Damaris CHEWON	#1	New Mexico JC	Q	17:26.77c	(17:40.73A)	2/10
2	3	Lydia FELIX	#6	Southern Idaho	Q	18:16.99c	(18:42.77A)	1/28
3	4	Abigail CASE	#6	Southern Idaho	Q	18:22.07c	(18:47.97A)	1/28
4	6	Carolyne KIMAIYO	#1	New Mexico JC	Q	18:41.43c	(18:56.38A)	2/10
5	7	Zaylie PARAS	#10	Salt Lake (Utah)	Q	18:47.31		1/27
6	10	Molly JENSEN	#10	Salt Lake (Utah)	Q	18:54.56		1/27
7	11	Marryn POLL	#6	Southern Idaho	Q	18:55.24c	(19:21.92A)	1/28
8	12	Kennedy SWAIN	#10	Salt Lake (Utah)	Q	18:55.89		1/27
9	13	Daisy JEROP	#1	New Mexico JC	Q	19:00.23c	(19:15.43A)	2/10
10	18	Lucy LINES	#3	Mesa (Ariz.) CC		19:29.28		2/11

Women's 4x400 Relay

1	1	Ashantai BOLLERS, Deshana SKEETE, Calisha TAYLOR, Lacarthea COOPER	#1	New Mexico JC	Q	3:42.83c	(3:42.39A)	1/13
2	3	Saffia HINDS, Leticia QUINGOSTAS, Corlasia SCOTT, Rushana DWYER	#2	South Plains (Te	Q	3:47.40c	(3:46.96A)	1/26
3	5	JodyAnn DIXON, Diandrenique GAINES, Kaylin ROBINSON, Brianna CHARLES	#9	Hinds (Miss.) CC	Q	3:51.82c	(3:54.89)	1/13
4	6	Zaria HAMILTON, Reanna CAMPBELL, Diane ONDOBO, Taylor JACOBS	#3	Mesa (Ariz.) CC	Q	3:54.42		2/11
5	7	Mikelia STRONG, Juvonna CORNETTE, Zamesha MYLE, Cece CHARLES	#4	Central Arizona	Q	3:54.96		1/21
6	13	Nevaeh COLE, Leila BARMORE, Kylie FIRRILOLO, Indiah FIELDS	#7	Glendale (Ariz.)		4:05.20		1/21
7	18	Trinity BETHEA, Peterson BROOKE, Brooke WARREN, Madison WARREN	#5	Pima (Ariz.) CC		4:11.32		2/3

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/7933	#1	New Mexico JC	Q	9:14.31		1/28
2	3	https://www.tfrrs.org/teams/730	#2	South Plains (Te	Q	9:35.30		2/11

Women's Distance Medley Relay

1	2	Anna HARMON, Reanna CAMPBELL, Taylor JACOBS, Kate BROCKMAN	#3	Mesa (Ariz.) CC	Q	12:29.19		2/3
2	3	Rushana DWYER, Saffia HINDS, Jeniel JONES, Lilliana GUERRERO	#2	South Plains (Te	Q	12:31.85c	(12:37.97A)	1/26
3	4	https://www.tfrrs.org/teams/7933	#1	New Mexico JC	Q	12:38.01c	(12:45.02A)	1/19
4	6	Audrey CAMP, Jaresa JACKSON, Elizabeth PHILLIPS, Lydia FELIX	#6	Southern Idaho	Q	13:01.12c	(13:11.92A)	1/12
5	10	Kennedy SWAIN, Mallory MCCARTER, Molly JENSEN, Zaylie PARAS	#10	Salt Lake (Utah)		13:17.35c	(13:37.30A)	2/9
6	12	Lisbet PORRAS, Cece CHARLES, Lucille LOVELACE, Beatrice KEDITUKEI	#4	Central Arizona		13:36.38		2/11
7	17	Lauren RODACKER, Chaneille RICHARDSON, Mia SNYDER, Emberlyn HOFFMAN-GASCHK	#15	Dawson (Mont.)		14:10.85		2/10

Women's High Jump

1	7	Achol MAYWIN	#1	New Mexico JC	Q	1.65m	5-5	2/10
1	7	Amaya BROWN	#2	South Plains (Te	Q	1.65m	5-5	1/13
1	7	Daniel HINDS	#1	New Mexico JC	Q	1.65m	5-5	1/13
4	17	Natalia BRZEZNIAK	#3	Mesa (Ariz.) CC		1.55m	5-1	1/28
4	17	Taylynd STUHR	#5	Pima (Ariz.) CC		1.55m	5-1	2/3
6	22	Aaliyah LINDSAY	#1	New Mexico JC		1.53m	5- $\frac{1}{4}$	1/19
7	32	Patience BOAHEMAA	#4	Central Arizona		1.48m	4-10 $\frac{1}{4}$	2/3
8	34	Maliyah ROSS	#3	Mesa (Ariz.) CC		1.45m	4-9	1/28
8	34	Jacklyn TRICE	#5	Pima (Ariz.) CC		1.45m	4-9	1/28
10	43	Amber SIMPSON	#2	South Plains (Te		1.41m	4-7 $\frac{1}{2}$	1/19

Women's Pole Vault

1	1	Peterson BROOKE	#5	Pima (Ariz.) CC	Q	3.75m	12-3 $\frac{1}{2}$	1/28
2	9	Candice PO CASE	#5	Pima (Ariz.) CC	Q	3.00m	9-10	2/3
2	9	Aaliyah PRICE	#7	Glendale (Ariz.)	Q	3.00m	9-10	1/21
4	13	Michiru KAWAMOTO	#3	Mesa (Ariz.) CC		2.75m	9- $\frac{1}{4}$	1/28
5	18	Luna GABOW	#7	Glendale (Ariz.)		2.40m	7-10 $\frac{1}{2}$	1/21
6	19	Briannah PEREIRA	#3	Mesa (Ariz.) CC		2.25m	7-4 $\frac{1}{2}$	1/21



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West

Women's Long Jump

1	4	Zamesha MYLE	#4	Central Arizona	Q 5.79m	1/21
2	5	Aaliyah LINDSAY	#1	New Mexico JC	Q 5.74mA	1/19
3	7	Jacklyn TRICE	#5	Pima (Ariz.) CC	Q 5.63m	2/3
4	9	Paula Ann CHAMBERS	#2	South Plains (Te	Q 5.62m 18-5¼	2/10
5	13	Amoy EDWARDS	#1	New Mexico JC	5.45m 17-10¾	1/13
6	19	Patience BOAHEMAA	#4	Central Arizona	5.37m	2/3
7	27	Maliyah ROSS	#3	Mesa (Ariz.) CC	5.21m	2/3
8	29	Leila BARMORE	#7	Glendale (Ariz.)	5.19mA 17-½	2/3
9	35	Psalm JOHNSON	#5	Pima (Ariz.) CC	5.04m	2/3
9	35	Brandi ECHOLS	#9	Hinds (Miss.) CC	5.04m 16-6½	1/13

Women's Triple Jump

1	1	Leila BARMORE	#7	Glendale (Ariz.)	Q 12.49mA 40-11¾	2/3
2	3	Aaliyah LINDSAY	#1	New Mexico JC	Q 11.93mA 39-1¾	2/3
3	5	Zamesha MYLE	#4	Central Arizona	11.86m	1/21
4	7	Paula Ann CHAMBERS	#2	South Plains (Te	Q 11.62mA	1/19
5	13	Tianna MOSLEY	#5	Pima (Ariz.) CC	11.11m	2/11
6	18	Psalm JOHNSON	#5	Pima (Ariz.) CC	10.70m	2/3
7	27	Breena SAND	#13	Bismarck State (	10.18m 33-4¾	1/21

Women's Shot Put

1	6	Karsten DEAKIN	#8	Paradise Valley	Q 13.61m 44-8	1/28
2	8	Shakera KIK	#4	Central Arizona	Q 12.52m 41-1	1/28
3	16	Catherine GREEN	#2	South Plains (Te	11.90mA 39-½	1/19
4	17	Patience BOAHEMAA	#4	Central Arizona	11.89m 39-¼	2/3
5	24	Alison HOFF	#13	Bismarck State (	11.23m 36-10¼	2/10
6	27	Victoria MALAKI	#3	Mesa (Ariz.) CC	11.13m 36-6¼	1/28
7	29	Kimola HINES	#2	South Plains (Te	11.06mA 36-3½	1/19
8	32	Leslie GUILLEN LOPEZ	#8	Paradise Valley (	10.89m 35-8¾	1/28
9	33	Ronelle PLAZA	#2	South Plains (Te	10.81m 35-5¾	1/13
10	38	Audrey ARMSTRONG	#8	Paradise Valley (	10.45m 34-3½	1/21

Women's Weight Throw

1	2	Ronelle PLAZA	#2	South Plains (Te	Q 16.67m 54-8¼	2/10
2	7	Audrey ARMSTRONG	#8	Paradise Valley	Q 15.30m 50-2½	1/28
3	8	Karsten DEAKIN	#8	Paradise Valley	Q 14.98m 49-1¾	1/21
4	9	Kimola HINES	#2	South Plains (Te	Q 14.89mA 48-10¼	1/19
5	19	Kapualani MAGNANI	#5	Pima (Ariz.) CC	13.13m 43-1	2/11
6	23	Madison HERNANDEZ	#3	Mesa (Ariz.) CC	12.45m 40-10¼	2/11
7	24	Alison HOFF	#13	Bismarck State (	12.40m 40-8¼	2/3
8	25	Leslie GUILLEN LOPEZ	#8	Paradise Valley (	12.32m 40-5	2/11
9	26	Shakera KIK	#4	Central Arizona	12.24m 40-2	2/11
10	28	Annika ARVAYO	#5	Pima (Ariz.) CC	12.10m 39-8½	2/3

Women's Pentathlon

1	3	Patience BOAHEMAA	#4	Central Arizona	Q 3,342	2/3
2	5	Aaliyah LINDSAY	#1	New Mexico JC	Q 3,040A	1/19
3	9	Maliyah ROSS	#3	Mesa (Ariz.) CC	Q 2,900	2/3
4	11	Jacklyn TRICE	#5	Pima (Ariz.) CC	Q 2,667	2/3
5	13	Psalm JOHNSON	#5	Pima (Ariz.) CC	Q 2,423	2/11
6	16	Amber SIMPSON	#2	South Plains (Te	Q 2,358A	1/19
7	17	Brynn HYTTINEN	#13	Bismarck State	Q 2,249c (2,228)	2/3
8	18	Lucille LOVELACE	#4	Central Arizona	Q 2,147	2/3
9	20	Amoy EDWARDS	#1	New Mexico JC	Q 2,106A	1/19
10	23	Ryley OLSON	#14	Phoenix (Ariz.)	Q 1,202	2/3