



Conference TFRI Event Summary

as of 4/24/2023 7:59:16 AM

CACC

Women's 100 Meters

1	Ariel SALKEY	#2 Holy Family (Pa.	12.52	(-0.9)	4/21
2	Temiloluwa MUSTAPHA	#4 Wilmington (Del	12.55	(1.7)	4/22
3	Kenisha GREENWOOD	#2 Holy Family (Pa.	12.75	(-0.9)	4/21
4	Karla CHARDON	#6 Goldey-Beacom	12.79	(0.0)	4/8
5	Shaquira WALCOTT	#1 Felician	12.83	(0.1)	3/31
5	Woizero RICHARDS	#1 Felician	12.83	(-1.6)	4/15
7	Mikayla HALL	#2 Holy Family (Pa.	12.90	(-1.3)	4/21
8	Sydonia TURNER	#2 Holy Family (Pa.	12.91	(-0.1)	4/21
9	Kahdia JONES	#2 Holy Family (Pa.	13.02	(-0.1)	3/30
10	Chennaya TSCHOPP	#7 Caldwell	13.05	(0.0)	4/21

Women's 100 Meter Hurdles

1	84 Autumn DEMARY	#9 Bloomfield	14.73	(-2.5)	4/15
2	Shanell PUSEY	#2 Holy Family (Pa.	15.24	(0.1)	3/30
3	Nyoki JONES	#2 Holy Family (Pa.	15.36	(-1.2)	4/15
4	Shalom ADZAKRO	#3 Georgian Court	15.39w	(2.4)	3/24
5	Jada CARROLL	#1 Felician	15.55w	(3.1)	4/13
6	Jaison-Ashley PLEVA	#3 Georgian Court	15.57	(1.2)	4/19
7	Layla HUNT	#4 Wilmington (Del	15.83	(1.3)	4/22
8	Talia FERGUSON	#1 Felician	15.98	(0.2)	3/31
9	Julia KIRSCHNICK	#3 Georgian Court	16.28	(1.6)	4/7
10	Kenisha GREENWOOD	#2 Holy Family (Pa.	16.29	(0.4)	3/30

Women's 200 Meters

1	Imani FITZPATRICK	#1 Felician	26.02	(0.6)	4/8
2	Jade JONES	#2 Holy Family (Pa.	26.32	(0.7)	4/21
3	Darrian LEWIS	#1 Felician	26.33	(1.0)	4/21
4	Woizero RICHARDS	#1 Felician	26.36	(-0.6)	3/31
5	Chantoya THOMAS	#1 Felician	26.38	(0.0)	4/8
6	Autumn DEMARY	#9 Bloomfield	26.39w	(3.1)	3/24
7	Ariel SALKEY	#2 Holy Family (Pa.	26.41	(0.0)	4/8
8	Genelle HEYWARD	#2 Holy Family (Pa.	26.61	(0.4)	4/21
9	Karla CHARDON	#6 Goldey-Beacom	26.68	(0.4)	4/21
10	Naomi LONG	#2 Holy Family (Pa.	27.21	(-0.3)	4/21

Women's 400 Meters

1	Imani FITZPATRICK	#1 Felician	57.60		4/8
2	Chantoya THOMAS	#1 Felician	57.82		4/15
3	Nyoki JONES	#2 Holy Family (Pa.	58.36		4/21
4	Kahdia JONES	#2 Holy Family (Pa.	59.02		4/21
5	Samara EDWARDS	#9 Bloomfield	59.47		4/8
6	Jade JONES	#2 Holy Family (Pa.	59.78		4/15
7	Genelle HEYWARD	#2 Holy Family (Pa.	1:00.40		4/15
8	Darrian LEWIS	#1 Felician	1:01.00		4/21
9	Ariel SALKEY	#2 Holy Family (Pa.	1:01.14		3/30
10	Brianna COATES	#2 Holy Family (Pa.	1:01.31		4/15

Women's 400 Meter Hurdles

1	3 Kenisha GREENWOOD	#2 Holy Family (Pa. P	59.53		4/21
2	93 Shanell PUSEY	#2 Holy Family (Pa.	1:04.80		3/30
3	Nyoki JONES	#2 Holy Family (Pa.	1:05.93		4/8
4	Brianna COATES	#2 Holy Family (Pa.	1:08.99		3/30
5	Layla HUNT	#4 Wilmington (Del	1:10.74		4/7
6	Kharonay BROWN	#4 Wilmington (Del	1:10.75		3/10
7	Nyjashia SMITH	#6 Goldey-Beacom	1:10.81		4/21
8	Emilia RUSSELL	#8 Bridgeport	1:12.26		4/21
9	Nina CECCANNECCHIO	#5 Jefferson (Pa.)	1:14.07		3/30
10	Alicja MARUT	#1 Felician	1:14.15		4/21

Women's 800 Meters

1	39 Shania LEMAITRE	#2 Holy Family (Pa. P	2:11.70		4/21
2	Annalee CAPUANO	#5 Jefferson (Pa.)	2:19.06		3/30
3	Amirah BEASLEY	#3 Georgian Court	2:22.43		4/19
4	Yailynn RAMIREZ	#4 Wilmington (Del	2:23.84		4/7
5	Tiffany BANNIING	#4 Wilmington (Del	2:24.19		3/10
6	Lydia SHAW	#5 Jefferson (Pa.)	2:24.26		4/21
7	Catherine CATIPAY	#1 Felician	2:25.54		4/21
8	Samara EDWARDS	#9 Bloomfield	2:26.68		3/31
9	Ashley LINARES	#1 Felician	2:26.74		4/15
10	Teresa FAUST	#2 Holy Family (Pa.	2:28.30		4/21

Women's 1500 Meters

1	Annalee CAPUANO	#5 Jefferson (Pa.)	4:47.58		3/30
2	Ana ESHRAGHI	#5 Jefferson (Pa.)	4:54.22		4/21
3	Ashley LINARES	#1 Felician	4:54.67		4/15
4	Shania LEMAITRE	#2 Holy Family (Pa.	4:57.14		4/8
5	Teresa FAUST	#2 Holy Family (Pa.	4:57.15		4/21
6	Briseidy BALDERAS	#1 Felician	4:58.04		4/21
7	Tiffany BANNIING	#4 Wilmington (Del	4:58.93		4/15
8	Yailynn RAMIREZ	#4 Wilmington (Del	4:59.70		4/15
9	Emma MCNAMEE	#2 Holy Family (Pa.	5:00.89		4/8
10	Lydia SHAW	#5 Jefferson (Pa.)	5:03.81		3/30

Women's Steeplechase

1	Briseidy BALDERAS	#1 Felician	12:25.95		4/8
2	Elizabeth HUSSEY	#5 Jefferson (Pa.)	13:27.96		4/21
3	Julia LLOYD	#2 Holy Family (Pa.	13:29.55		4/15
4	Kadreja SIMEON	#1 Felician	13:58.15		4/15
5	Alysson MARTINEZ	#1 Felician	15:36.64		4/15



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Women's 5000 Meters

1	Ashley LINARES	#1	Felician	18:29.96	4/8
2	Annalee CAPUANO	#5	Jefferson (Pa.)	18:36.08	4/21
3	Ana ESHRAGHI	#5	Jefferson (Pa.)	18:38.87	3/30
4	Tiffany BANNIING	#4	Wilmington (Del	18:51.93	4/22
5	Alexa CROWELL	#4	Wilmington (Del	18:57.74	4/22
6	Yailynn RAMIREZ	#4	Wilmington (Del	19:02.58	3/30
7	Briseidy BALDERAS	#1	Felician	19:04.54	3/31
8	Shayla MORALES	#1	Felician	19:15.63	4/21
9	Cynthia DELAPAZ	#1	Felician	19:24.45	4/8
10	Emma MCNAMEE	#2	Holy Family (Pa.	19:29.68	3/25

Women's 10,000 Meters

1	Ashley LINARES	#1	Felician	39:22.06	3/31
2	Cynthia DELAPAZ	#1	Felician	40:13.71	3/31
3	Alexa CROWELL	#4	Wilmington (Del	40:21.40	3/30
4	Olivia MONAHON	#5	Jefferson (Pa.)	41:02.44	3/30
5	Emma MCNAMEE	#2	Holy Family (Pa.	41:10.59	3/30
6	Teresa FAUST	#2	Holy Family (Pa.	41:31.30	3/30
7	Ana MARTIN	#7	Caldwell	42:43.39	4/21
8	Madalyn MINNICK	#6	Goldey-Beacom	45:22.47	3/31
9	Julia LLOYD	#2	Holy Family (Pa.	46:00.27	4/21
10	Callie NEGRO	#1	Felician	46:53.74	3/31

Women's 4x100 Relay

1	Shaquira WALCOTT, Chantoya THOMAS, Darrian LEWIS, Imani FITZPATRICK	#1	Felician	49.18	4/8
2	Ariel SALKEY, Sydonia TURNER, Mikayla HALL, Naomi LONG	#2	Holy Family (Pa.	49.39	4/21
3	Yanely BOHORQUEZ GONZALEZ, Shanae RAYSIDE, Shalom ADZAKRO, Elena MARTINEZ RODRIGUEZ	#3	Georgian Court	49.89	4/19
4	Jalah TURNER, Kharonay BROWN, Layla HUNT, Temiloluwa MUSTAPHA	#4	Wilmington (Del	50.07	4/22
5	Alexis BYFIELD, Deneisha WILLIAMS, Sabina NEUPANE, Chennaya TSCHOPP	#7	Caldwell	51.88	4/15
6	Savannah BOYCE, Karla CHARDON, Kayla COOK, Asia HOLLIS	#6	Goldey-Beacom	52.56	3/31

Women's 4x400 Relay

1	25 Nyoki JONES, Ariel SALKEY, Kenisha GREENWOOD, Shania LEMAITRE	#2	Holy Family (Pa. P	3:49.03	4/21
2	Catherine CATIPAY, Woizero RICHARDS, Tishanna COHEN, Talia FERGUSON	#1	Felician	4:05.03	3/31
3	Lexys CAPUTO, Shamica CAREY, Kathleenjoy GORDON, Gabriela LOPEZ	#7	Caldwell	4:24.46	3/31
4	Amirah BEASLEY, Niya BARDEN, Selma CAZIMOSKA, Ashlee PATAKY	#3	Georgian Court	4:26.04	3/31
5	Kharonay BROWN, Jalah TURNER, Alicia WHYTE, Tiffany BANNIING	#4	Wilmington (Del	4:28.31	3/10
6	Julia DUNNE, Jayda JONES, Anjalice ARIAS, Anna MURPHY	#10	Dominican (N.Y.	4:40.66	4/22

Women's High Jump

1	Talia FERGUSON	#1	Felician	1.57m	5-1¾	4/8
2	Jada CARROLL	#1	Felician	1.56m	5-1¼	4/13
3	Elena MARTINEZ RODRIGUEZ	#3	Georgian Court	1.54m	5-½	3/31
4	Alexis BYFIELD	#7	Caldwell	1.52m	4-11¾	4/4
5	Savannah BOYCE	#6	Goldey-Beacom	1.51m	4-11½	4/21
5	Sydonia TURNER	#2	Holy Family (Pa.	1.51m	4-11½	3/30
5	Alicja MARUT	#1	Felician	1.51m	4-11½	4/15
8	Tiffany PARAJON	#3	Georgian Court	1.47m	4-9¾	4/7
8	Julia KIRSCHNICK	#3	Georgian Court	1.47m	4-9¾	4/19
10	Hager KHOWESSA	#2	Holy Family (Pa.	1.36m	4-5½	4/21

Women's Pole Vault

1	Julia KIRSCHNICK	#3	Georgian Court	3.35m	10-11¾	4/19
2	Nina CASALINO	#3	Georgian Court	2.90m	9-6¼	4/19
3	Faith HERSHBERGER	#8	Bridgeport	2.45m	8-½	4/21
3	Jillian GATLEY	#2	Holy Family (Pa.	2.45m	8-½	4/15
5	Tiffany PARAJON	#3	Georgian Court	2.30m	7-6½	4/19

Women's Long Jump

1	28 Aniyah RUSSELL	#3	Georgian Court	P 5.91m	19-4¾ (0.8	3/31
2	69 Alexis BYFIELD	#7	Caldwell	5.61m	18-5 (0.0)	4/15
3	Woizero RICHARDS	#1	Felician	5.36m	17-7 (0.8)	4/21
4	Jada CARROLL	#1	Felician	5.35m	17-6¾ (1.0	4/21
5	Talia FERGUSON	#1	Felician	5.28m	17-4 (0.2)	3/31
6	Mikayla HALL	#2	Holy Family (Pa.	5.27m	17-3½ (0.0	4/21
7	Elena MARTINEZ RODRIGUEZ	#3	Georgian Court	5.24m	17-2¼ (0.8	4/19
8	Malama TOURE	#3	Georgian Court	5.17m	16-11½ (1.0	4/19
9	Sydonia TURNER	#2	Holy Family (Pa.	5.04m	16-6½ (0.0	4/21
10	Shalom ADZAKRO	#3	Georgian Court	4.99m	16-4½ (1.5	3/24



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Women's Triple Jump

1	39	Shanae RAYSIDE	#3	Georgian Court	11.84m	38-10¼ (0.0)	4/7
2	47	Talia FERGUSON	#1	Felician	11.71m	38-5 (1.8)	4/21
3	67	Jada CARROLL	#1	Felician	11.53mw	37-10 (2.1)	4/21
4	78	Jaison-Ashley PLEVA	#3	Georgian Court	11.43m	37-6 (1.1)	4/7
5		Aniyah RUSSELL	#3	Georgian Court	11.12m	36-5¾ (0.0)	4/7
6		Woizero RICHARDS	#1	Felician	10.97m	36-0 (-0.4)	3/25
7		Alivia ROBERTS	#2	Holy Family (Pa.	10.93m	35-10½ (0.0)	4/15
8		Temiloluwa MUSTAPHA	#4	Wilmington (Del	10.91m	35-9½ (0.1)	4/7
9		Shaquira WALCOTT	#1	Felician	10.84m	35-6¾ (1.1)	4/21
10		Elena MARTINEZ RODRIGUEZ	#3	Georgian Court	10.81m	35-5¾ (0.0)	4/7

Women's Shot Put

1	55	Sage SUMPTER	#11	Alliance	13.16m	43-2¼	3/24
2		Korryn BRAXTON-YOUNG	#2	Holy Family (Pa.	12.14m	39-10	4/8
3		Elena KECK	#3	Georgian Court	12.00m	39-4½	3/24
4		Destiny ELLERBE	#1	Felician	11.84m	38-10¼	4/8
5		Jada OBEGI	#4	Wilmington (Del	11.44m	37-6½	3/31
6		Destiny FIELDS	#1	Felician	11.39m	37-4½	4/8
7		Alexis HARRISON	#6	Goldey-Beacom	11.37m	37-3¾	4/15
8		Samaria WARD	#2	Holy Family (Pa.	11.28m	37-¼	4/8
9		Anastasia WATSON	#12	Chestnut Hill	11.16m	36-7½	4/5
10		Alyssa POMPEY	#1	Felician	11.10m	36-5	3/31

Women's Discus

1		Anastasia WATSON	#12	Chestnut Hill	39.65m	130-1	4/14
2		Sage SUMPTER	#11	Alliance	39.41m	129-4	3/30
3		Freja OLOFSSON	#4	Wilmington (Del	38.30m	125-8	4/7
4		Alexis HARRISON	#6	Goldey-Beacom	37.80m	124-0	4/15
5		Natajiana WARD	#1	Felician	37.45m	122-11	4/21
6		Janae SCOTT	#8	Bridgeport	35.78m	117-5	4/8
7		Destiny FIELDS	#1	Felician	35.56m	116-8	4/8
8		Anna BONATO	#13	Post	34.88m	114-5	4/21
9		Elena KECK	#3	Georgian Court	34.72m	113-11	3/24
10		Sheridan MARTINEZ	#3	Georgian Court	33.34m	109-5	3/24

Women's Hammer

1		Elena KECK	#3	Georgian Court	44.87m	147-3	4/7
2		Anna BONATO	#13	Post	43.99m	144-4	4/21
3		Freja OLOFSSON	#4	Wilmington (Del	41.54m	136-4	3/10
4		Alyssa POMPEY	#1	Felician	41.42m	135-11	4/21
5		Viviana CAAMANO	#4	Wilmington (Del	39.79m	130-7	3/4
6		Jada OBEGI	#4	Wilmington (Del	36.66m	120-4	4/7
7		Sheridan MARTINEZ	#3	Georgian Court	34.69m	113-10	4/7
8		Samaria WARD	#2	Holy Family (Pa.	34.12m	112-0	4/15
9		Valerie HARTMAN	#1	Felician	31.79m	104-4	4/21
10		Stacy ELIEZER	#10	Dominican (N.Y.	30.81m	101-1	3/31

Women's Javelin

1	38	Sheridan MARTINEZ	#3	Georgian Court	41.01m	134-7	3/24
2	47	Karla CHARDON	#6	Goldey-Beacom	40.23m	132-0	3/31
3	62	Emilia RUSSELL	#8	Bridgeport	39.19m	128-7	4/1
4	93	Larissa WEBER	#8	Bridgeport	37.00m	121-5	4/15
5		Jada CARROLL	#1	Felician	33.50m	109-11	4/8
6		Miranda TUCKER	#10	Dominican (N.Y.	32.04m	105-2	3/31
7		Julia KIRSCHNICK	#3	Georgian Court	30.74m	100-10	4/7
8		Valerie HARTMAN	#1	Felician	30.08m	98-8¼	3/31
9		Abigail CHOMO	#4	Wilmington (Del	28.22m	92-7	3/31
10		Samara EDWARDS	#9	Bloomfield	28.00m	91-10½	4/21

Women's Heptathlon

1	59	Jada CARROLL	#1	Felician	4,091		4/13
2		Larissa WEBER	#8	Bridgeport	3,065		4/12
3		Jalah TURNER	#4	Wilmington (Del	2,840		4/7



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CCAA

Women's 100 Meters

1	64	Yuna QUENIAT	#2	Cal Poly Pomona	11.94	(1.2)	3/30
1	64	Hailey HUNT	#4	Cal State San Be	11.94	(1.0)	4/14
3	68	Sariyah COPELAND	#4	Cal State San Be	11.95w	(2.8)	4/14
4		Chloe TAYLOR	#1	Chico State	12.08w	(2.8)	4/22
5		Kelsey EHINLAIYE	#2	Cal Poly Pomona	12.10	(1.7)	3/10
6		Joy HANO	#5	Cal Poly Humboldt	12.19	(1.0)	4/12
7		Journie ALEXANDER	#4	Cal State San Be	12.21w	(3.6)	4/14
8		Devin YARBROUGH	#3	Cal State San Mar	12.25	(-0.4)	4/21
8		Sierra STOKES	#4	Cal State San Be	12.25w	(2.7)	4/14
10		Lamiah GEORGE	#7	SF State	12.29	(0.2)	4/21

Women's 100 Meter Hurdles

1	14	Susie FOWLER	#2	Cal Poly Pomona	13.94	(-0.7)	3/30
2	16	Joy HANO	#5	Cal Poly Humboldt	13.96w	(2.3)	4/13
3	34	Ari MILTON	#2	Cal Poly Pomona	14.30w	(2.2)	3/24
4	80	Morgann WILSON	#3	Cal State San Mar	14.69w	(2.2)	3/24
5	82	Kyndahl CARTER	#4	Cal State San Be	14.72	(-0.6)	4/21
6	LEO	Alexis HINOJOSA	#1	Chico State	14.82w	(3.0)	3/3
7		Citlalli ANGUIANO	#2	Cal Poly Pomona	15.09	(0.9)	4/7
8		Payton MCCARTNEY	#4	Cal State San Be	15.19w	(2.4)	4/14
9		Teigen O'DONNELL	#3	Cal State San Mar	15.23	(0.8)	3/18
10		Kathleen O'BRIEN	#7	SF State	15.36w	(2.8)	4/21

Women's 200 Meters

1	1	Ayana FIELDS	#2	Cal Poly Pomona	23.05w	(2.4)	4/13
2	27	Sariyah COPELAND	#4	Cal State San Be	24.07	(0.0)	4/21
3	43	Yuna QUENIAT	#2	Cal Poly Pomona	24.27w	(2.8)	3/3
4	55	Hailey HUNT	#4	Cal State San Be	24.37	(1.7)	4/7
5	66	Kelsey EHINLAIYE	#2	Cal Poly Pomona	24.47w	(2.2)	4/13
6	72	Chloe TAYLOR	#1	Chico State	24.57	(1.4)	4/7
7	73	Alexis WHITE	#4	Cal State San Be	24.58w	(3.2)	4/7
8	88	Savannah BAILEY	#1	Chico State	24.70w	(2.2)	4/13
9	99	Jaelyn THOMAS	#2	Cal Poly Pomona	24.76	(1.8)	4/13
10		Mina TSAI	#9	Cal State Monterey	25.22	(0.6)	4/21

Women's 400 Meters

1	6	Ayana FIELDS	#2	Cal Poly Pomona	53.85		3/30
2	22	Alexis WHITE	#4	Cal State San Be	55.45		4/21
3	31	Savannah BAILEY	#1	Chico State	55.62		4/13
4	37	Chloe TAYLOR	#1	Chico State	55.74		4/7
5	67	Isabel PEREZ-ZOGHBI	#5	Cal Poly Humboldt	56.71		4/21
6	83	Taylor LEE	#1	Chico State	57.08		4/22
7	85	Rasha BADRANI	#3	Cal State San Mar	57.13		4/7
8		Danielle BACON	#1	Chico State	57.73		4/22
9		Mia SALINAS	#3	Cal State San Mar	58.10		3/10
10		Ashton STAMATOPOULOS	#3	Cal State San Mar	58.16		3/24

Women's 400 Meter Hurdles

1	7	Chloe TAYLOR	#1	Chico State	1:00.21		3/31
2	17	Isabel PEREZ-ZOGHBI	#5	Cal Poly Humboldt	1:01.18		4/13
3	34	Tianna JARDSTROM	#2	Cal Poly Pomona	1:02.79		4/7
4	43	Ari MILTON	#2	Cal Poly Pomona	1:03.13		3/30
5	50	Mia SALINAS	#3	Cal State San Mar	1:03.40		4/7
6	71	Rasha BADRANI	#3	Cal State San Mar	1:03.98		4/14
7	96	Taylor YOST	#9	Cal State Monterey	1:04.94		4/21
8		Susie FOWLER	#2	Cal Poly Pomona	1:05.60		3/30
9		Katie SHELTON	#8	Sonoma State	1:06.20		3/24
10		Daisy GONZALEZ	#3	Cal State San Mar	1:06.28		3/18

Women's 800 Meters

1	29	Luz MERCADO	#3	Cal State San Mar	2:10.89		4/13
2	53	Ariisa HATCHER	#2	Cal Poly Pomona	2:12.90		4/13
3	57	Ana MERCADO	#3	Cal State San Mar	2:12.96		4/7
4	79	Mia SALINAS	#3	Cal State San Mar	2:13.90		4/13
5	95	Katie HAWLEY	#1	Chico State	2:14.75		4/13
6	96	Amelia JACKSON	#5	Cal Poly Humboldt	2:14.87		4/13
7		Emma MILLS	#3	Cal State San Mar	2:17.23		4/21
8		Destiny MOEDANO	#11	Cal State LA	2:17.39		3/31
9		Najwa CHOUATI	#6	Stanislaus State	2:17.79		4/7
10		Angelee BERGANIO	#9	Cal State Monterey	2:18.29		4/8

Women's 1500 Meters

1	19	Najwa CHOUATI	#6	Stanislaus State	4:27.78		4/13
2	29	Marissa D'ATRI	#1	Chico State	4:29.29		4/13
3	66	Luz MERCADO	#3	Cal State San Mar	4:34.48		3/24
4	74	Katie HAWLEY	#1	Chico State	4:35.29		4/13
5	94	Hannah TIFFANY	#1	Chico State	4:37.70		4/13
6		Yahaira ZUNIGA	#6	Stanislaus State	4:39.67		4/13
7		Alisa MORADIAN	#2	Cal Poly Pomona	4:43.93		4/13
8		Jasmine FLETCHER	#1	Chico State	4:43.98		4/13
9		Angie ARELLANO	#2	Cal Poly Pomona	4:44.16		4/13
10		Melissa SOSA	#10	Cal State East Bay	4:44.67		4/13

Women's Steeplechase

1	4	Marissa D'ATRI	#1	Chico State	10:16.88		4/13
2	46	Mackenzie CAPRINO	#9	Cal State Monterey	11:16.98		4/14
3	47	Hannah WIRTH	#1	Chico State	11:19.31		4/13
4	79	Anika PETTINGER	#7	SF State	11:35.46		4/14
5	88	Saedy WILLIAMSON	#5	Cal Poly Humboldt	11:39.47		4/13
6	98	Lisa IRVINE	#9	Cal State Monterey	11:45.71		3/30
7		Bridget EDWARDS	#2	Cal Poly Pomona	11:53.47		3/24
8		Sara WENGER	#8	Sonoma State	12:05.26		4/14
9		Avery LAMBRITE	#1	Chico State	12:08.13		3/17
10		Daisy SALINAS	#7	SF State	12:11.11		4/21



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Women's 5000 Meters

1	10	Najwa CHOUATI	#6 Stanislaus State	P	16:21.79	3/31
2	16	Marissa D'ATRI	#1 Chico State	P	16:30.25	3/30
3	29	Gianna BOMARITO	#8 Sonoma State	P	16:50.53	3/18
4	39	Hannah TIFFANY	#1 Chico State	P	16:56.42	4/13
5	70	Yahaira ZUNIGA	#6 Stanislaus State		17:18.12	4/13
6		Rosa GRANADOS	#5 Cal Poly Humboldt		17:36.63	3/24
7		Isabela MORENO	#6 Stanislaus State		17:36.68	3/30
8		Kimberly LIMA	#10 Cal State East Bay		17:37.89	3/30
9		Gracie DUPUIS	#1 Chico State		17:42.23	4/13
10		Jasmine FLETCHER	#1 Chico State		17:48.00	3/30

Women's 10,000 Meters

1	5	Najwa CHOUATI	#6 Stanislaus State	P	34:00.12	4/13
2	7	Gianna BOMARITO	#8 Sonoma State	P	34:05.73	4/13
3	46	Hannah TIFFANY	#1 Chico State	P	36:08.91	3/30
4	55	Rosa GRANADOS	#5 Cal Poly Humboldt		36:28.97	3/30
5	67	Kimberly LIMA	#10 Cal State East Bay		37:02.99	4/13
6	79	Claire FISHER	#10 Cal State East Bay		37:21.42	4/13
7	93	Jennifer RUIZ	#1 Chico State		37:38.86	3/30
8		Saedy WILLIAMSON	#5 Cal Poly Humboldt		37:52.98	3/30
9		Maria TEXIS	#3 Cal State San Marcos		38:31.80	3/24
10		Sophie RODRIGUEZ	#8 Sonoma State		38:57.16	3/24

Women's 4x100 Relay

1	8	Jaelyn THOMAS, Kelsey EHINLAIE, Yuna QUENIAT, Ayana FIELDS	#2 Cal Poly Pomona	P	45.72	3/24
2	9	Journie ALEXANDER, Hailey HUNT, Sariyah COPELAND, Alexis WHITE	#4 Cal State San Bernardino	P	45.82	4/21
3	58	Danielle BACON, Jessica JAMES, Chloe TAYLOR, Savannah BAILEY	#1 Chico State		47.66	4/13
4	79	Eden HAHN, Alyssa JOHNSON, Azalet DANAGE, Isis JOHNSON	#11 Cal State LA		48.03	3/3
5	91	Lauren GEORGE, Zyah HARRIS- BAZUAYE, Dami OYATAYO, Essence JACKSON	#7 SF State		48.40	4/21
6		Chris ROBERDS, Isabel PEREZ- ZOGHBI, Grace KASBERGER, Joy HANO	#5 Cal Poly Humboldt		48.83	4/21
7		Ashton STAMATOPOULOS, Jalyn GUGLIELMANA, Julia MUNIZ, Daisy GONZALEZ	#3 Cal State San Marcos		49.22	3/10
8		Nia ARCENEUX, Mia CECILIO, Makayla BERNADEZ, Katie SHELDON	#8 Sonoma State		49.33	3/30



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Women's 4x400 Relay

1	6	Jaelyn THOMAS, Ari MILTON, Yuna QUENIAT, Ayana FIELDS	#2	Cal Poly Pomona	P 3:42.21	4/12
2	16	Savannah BAILEY, Taylor LEE, Danielle BACON, Chloe TAYLOR	#1	Chico State	P 3:47.13	4/13
3	20	Sariyah COPELAND, Alexis WHITE, Hailey HUNT, Na'kel PENNIX-WEBB	#4	Cal State San Bernardino	P 3:48.31	4/21
4	52	Daisy GONZALEZ, Rasha BADRANI, Mia SALINAS, Ashton STAMATOPOULOS	#3	Cal State San Marcos	3:55.34	4/7
5	73	Lauren GEORGE, Assata POLK, Sabryn KNIGHT, Dami OYATAYO	#7	SF State	3:58.76	4/13
6	88	Nia ARCENEUX, Mia CECILIO, Makayla BERNADEZ, Katie SHELTON	#8	Sonoma State	4:01.84	3/30
7	95	Angelee BERGANIO, Ali KEITH, Taylor YOST, Mina TSAI	#9	Cal State Monterey Park	4:02.75	4/14
8		Simryn PARIKH, Ashley TROUT, Veronica VALENTON, Jenna RODRIGUEZ	#10	Cal State East Bay	4:07.69	4/22
9		Grace KASBERGER, Amelia JACKSON, Mariska KESSLER, Isabel PEREZ-ZOGHBI	#5	Cal Poly Humboldt	4:08.82	4/21
10		Eden HAHN, Destiny MOEDANO, Isis JOHNSON, Azalet DANAGE	#11	Cal State LA	4:11.07	3/31

Women's High Jump

1	5	Macaria MOORE-BASTIDE	#7	SF State	P 1.71m	5-7¼	4/13
2	19	Keiana HAMM	#2	Cal Poly Pomona	1.67m	5-5¾	4/13
3	71	Sarah LINDENTHAL	#2	Cal Poly Pomona	1.61m	5-3¾	3/10
4		Charlotte ALLISON	#3	Cal State San Marcos	1.57m	5-1¾	4/7
5		Kendra PEARSON	#1	Chico State	1.56m	5-1¼	4/22
6		Payton MCCARTNEY	#4	Cal State San Bernardino	1.55m	5-1	4/21
6		Grace KASBERGER	#5	Cal Poly Humboldt	1.55m	5-1	3/10
6		Cocome MCKAMEY	#5	Cal Poly Humboldt	1.55m	5-1	4/6
6		Sarena PADILLA	#2	Cal Poly Pomona	1.55m	5-1	3/17
6		Kathryn RUST	#8	Sonoma State	1.55m	5-1	3/25
6		Victoria VALLY	#1	Chico State	1.55m	5-1	3/17

Women's Pole Vault

1	34	Amy CHRISTENSEN	#7	SF State	P 3.76m	12-4	4/13
2	63	Rebecca GRAHAM	#1	Chico State	3.56m	11-8	4/22
2	63	Elise BARNUM	#1	Chico State	3.56m	11-8	4/22
4	82	Carissa RODRIGUEZ	#1	Chico State	3.49m	11-5¼	4/7
5	92	Lilly MCGRAW	#3	Cal State San Marcos	3.44m	11-3½	3/24
6	97	Samantha BRACKETT	#1	Chico State	3.41m	11-2¼	4/22
6	97	Shelby GILL	#1	Chico State	3.41m	11-2¼	4/22
8		Macky MORRIS	#6	Stanislaus State	3.35m	10-11¼	3/3
9		Lauren MEREDITH	#3	Cal State San Marcos	3.29m	10-9½	3/24
10		Kailey FRYE	#3	Cal State San Marcos	3.25m	10-8	3/25
10		Zoe BUCK	#3	Cal State San Marcos	3.25m	10-8	3/25

Women's Long Jump

1	25	Journie ALEXANDER	#4	Cal State San Bernardino	P 5.97m	19-7 (0.9)	4/21
2	26	Devin YARBROUGH	#3	Cal State San Marcos	P 5.96m	19-6¼ (0.9)	4/21
3	75	Kelsey EHINLAIYE	#2	Cal Poly Pomona	5.59m	18-4¼ (-1)	4/13
4	91	Alyssa JOHNSON	#11	Cal State LA	5.53m	18-1¾ (-2)	4/21
5	97	Joy HANO	#5	Cal Poly Humboldt	5.51m	18-1 (0.0)	4/8
5	97	Cocome MCKAMEY	#5	Cal Poly Humboldt	5.51m	18-1 (2.0)	4/14
7		Charlotte ALLISON	#3	Cal State San Marcos	5.43mw	17-9¾ (3.5)	4/7
8		Essence JACKSON	#7	SF State	5.40m	17-8¾ (0.0)	4/13
9		Natalie LIN	#2	Cal Poly Pomona	5.38m	17-8 (0.0)	3/3
10		Mattie CECILIO	#7	SF State	5.34m	17-6¼ (0.3)	3/18
10		Isis JOHNSON	#11	Cal State LA	5.34m	17-6¼ (1.4)	3/25

Women's Triple Jump

1	19	Mattie CECILIO	#7	SF State	P 12.16m	39-10¾ (1)	4/13
2	71	Natalie LIN	#2	Cal Poly Pomona	11.48mw	37-8 (2.3)	4/13
3	79	Essence JACKSON	#7	SF State	11.42m	37-5¾ (0.1)	4/21
4		Dezirae SMITH	#7	SF State	11.21m	36-9½ (1.5)	4/13
5		Natalie MUSE	#1	Chico State	11.05mw	36-3 (2.4)	4/13
6		Mina TSAI	#9	Cal State Monterey Park	10.88m	35-8½ (0.0)	3/10
6		Evelyn CONTRERAS	#7	SF State	10.88m	35-8½ (1.5)	4/13
8		Cocome MCKAMEY	#5	Cal Poly Humboldt	10.81mw	35-5¾ (2.1)	4/13
9		Kailey FRYE	#3	Cal State San Marcos	10.80m	35-5¼ (1.0)	4/7
10		Gabrielle AGUIGUI	#4	Cal State San Bernardino	10.71m	35-1¾ (0.5)	4/21

Women's Shot Put

1	73	Keiana TURNER	#2	Cal Poly Pomona	12.93m	42-5¼	3/31
2		Shona CHRISTENSEN	#2	Cal Poly Pomona	12.22m	40-1¼	4/13
3		Ava CAVALLARO	#1	Chico State	12.01m	39-5	4/22
4		Alexis GARNICA	#6	Stanislaus State	11.74m	38-6¼	4/7
5		Taylor LINZIE	#10	Cal State East Bay	11.65m	38-2¾	3/18
6		Abby VENGLASS	#4	Cal State San Bernardino	11.62m	38-1½	3/23
7		Danyell BOOKER	#12	Cal State Dominguez Hills	11.48m	37-8	4/8
8		Nizhoni KEARS	#5	Cal Poly Humboldt	11.07m	36-4	4/21
9		Halle MCDANIELS	#8	Sonoma State	11.01m	36-1½	3/25
10		Ariyah FORD	#8	Sonoma State	10.97m	36-0	4/14



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Women's Discus

1	33	Macky MORRIS	#6	Stanislaus State	44.41m	145-9	4/7
2	45	Danielle LISTER	#4	Cal State San Be	43.44m	142-6	3/24
3	62	Caitlyn BELL	#6	Stanislaus State	42.36m	139-0	3/30
4	64	Keiana TURNER	#2	Cal Poly Pomona	42.33m	138-11	4/7
5	97	Halle MCDANIELS	#8	Sonoma State	40.99m	134-6	4/8
6		Cynthia HURTADO	#2	Cal Poly Pomona	40.85m	134-0	3/31
7		Ava CAVALLARO	#1	Chico State	40.26m	132-1	4/22
8		Lily GARCIA	#8	Sonoma State	39.55m	129-9	4/8
9		Ariyah FORD	#8	Sonoma State	38.50m	126-4	4/14
10		Abby VENGLASS	#4	Cal State San Be	37.33m	122-6	4/21

Women's Hammer

1	16	Alexis GARNICA	#6	Stanislaus State P	54.89m	180-1	2/18
2	30	Caitlyn BELL	#6	Stanislaus State P	52.75m	173-1	4/7
3	39	Keiana TURNER	#2	Cal Poly Pomona	51.98m	170-7	4/13
4		Ava CAVALLARO	#1	Chico State	46.82m	153-8	4/22
5		Elizabeth RUSHING	#4	Cal State San Be	46.09m	151-3	3/31
6		Citlalli FERNANDEZ	#1	Chico State	45.79m	150-3	3/17
7		Macky MORRIS	#6	Stanislaus State	45.29m	148-7	4/7
8		Lily GARCIA	#8	Sonoma State	44.74m	146-10	3/18
9		Kyra TOGNI	#8	Sonoma State	43.56m	142-11	4/14
10		Danielle LISTER	#4	Cal State San Be	42.52m	139-6	4/21

Women's Javelin

1	21	Josie PETERSON	#1	Chico State P	43.16m	141-7	3/31
2	41	Macky MORRIS	#6	Stanislaus State	40.65m	133-5	4/22
3	44	Ashley BROWN	#1	Chico State	40.44m	132-8	3/17
4	75	Morgann WILSON	#3	Cal State San Mæ	38.21m	125-5	3/3
5		Selina SCHILLIG	#1	Chico State	36.29m	119-1	4/13
6		Caitlyn BELL	#6	Stanislaus State	35.32m	115-11	4/13
7		Riyanna JACKSON	#11	Cal State LA	34.88m	114-5	4/8
8		Hunter CASPERSON	#1	Chico State	34.63m	113-8	4/22
9		Rachelle ZILAVEC	#3	Cal State San Mæ	32.71m	107-4	3/18
10		Teigen O'DONNELL	#3	Cal State San Mæ	32.45m	106-6	3/24

Women's Heptathlon

1	41	Cocome MCKAMEY	#5	Cal Poly Humboldt	4,276	4/6
2	44	Grace KASBERGER	#5	Cal Poly Humboldt	4,243	3/23
3	68	Morgann WILSON	#3	Cal State San Mæ	4,013	4/13
4	91	Payton MCCARTNEY	#4	Cal State San Be	3,827	3/23
5		Annie BELTER	#1	Chico State	3,550	4/6
6		Lauren MEREDITH	#3	Cal State San Mæ	3,534	4/13
7		Kaleigh GIANNONE	#4	Cal State San Be	3,479	3/23
8		Lauren GEORGE	#7	SF State	2,930	4/6
9		Talyn STEFFENS	#1	Chico State	2,877	2/23
10		Madison ALGARIN	#7	SF State	2,746	4/6



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Women's 100 Meters

1	15	Jordyn HEAD	#8 Johnson C. Smit P	11.60w	(3.6)	3/31
2	21	Malaysia JOHNSON	#2 Saint Augustine' P	11.63w	(3.1)	4/15
3	37	Queen BURNETT	#1 Fayetteville Stat P	11.81w	(2.3)	4/14
4	71	Lydia CHAPPLE	#7 Livingstone	11.97	(0.1)	4/21
5		Ronee TUDOR	#3 Winston-Salem !	12.07w	(3.4)	3/16
6		Glenda JENKINS	#4 Virginia State	12.27	(-1.8)	4/22
7		Tramoni MYLES	#1 Fayetteville Stat	12.29	(1.9)	4/14
7		Allysa FRYER	#7 Livingstone	12.29	(1.9)	3/24
9		Anaeja FERRELL	#6 Lincoln (Pa.)	12.33w	(2.4)	4/15
10		Jayla GREENE	#4 Virginia State	12.38	(1.4)	4/15

Women's 100 Meter Hurdles

1	10	Aisha CARRINGTON	#6 Lincoln (Pa.) P	13.75w	(2.2)	4/22
2	34	Symone WRIGHT	#5 Shaw	14.30	(-0.2)	4/21
3	72	Christabelle OBI	#2 Saint Augustine'	14.65w	(2.1)	4/21
4	98	Amique WILLIS	#3 Winston-Salem !	14.81w	(2.3)	3/31
5		Layla SIMPSON	#8 Johnson C. Smit	14.92w	(2.3)	3/31
6		Camille TALBERT	#2 Saint Augustine'	15.13w	(2.8)	3/17
7		Amani ADAMS	#6 Lincoln (Pa.)	15.23	(-0.1)	4/22
8		Pheijana BURNSIDE	#10 Claflin	15.26	(0.8)	2/25
9		Aria GOODE	#8 Johnson C. Smit	15.31w	(2.3)	3/31
10		Shaunece MILLER	#2 Saint Augustine'	15.70w	(2.8)	3/17

Women's 200 Meters

1	9	Malaysia JOHNSON	#2 Saint Augustine' P	23.68	(1.9)	4/15
2	49	Teanna BELL	#1 Fayetteville Stat P	24.32	(1.5)	4/21
3	82	Queen BURNETT	#1 Fayetteville Stat	24.63	(0.5)	4/21
4	83	Lydia CHAPPLE	#7 Livingstone	24.64w	(2.5)	4/21
5	85	Jessica MCQUEEN	#1 Fayetteville Stat	24.67	(1.5)	4/21
6	93	Kamani JOHNS	#6 Lincoln (Pa.)	24.73w	(2.3)	4/22
7		Glenda JENKINS	#4 Virginia State	24.94	(1.1)	4/22
8		Aisha CARRINGTON	#6 Lincoln (Pa.)	25.00	(1.4)	4/15
9		Ronee TUDOR	#3 Winston-Salem !	25.03	(1.5)	4/21
10		Allysa FRYER	#7 Livingstone	25.05w	(2.3)	4/21

Women's 400 Meters

1	28	Jessica MCQUEEN	#1 Fayetteville Stat P	55.55		4/21
2	37	Malaysia JOHNSON	#2 Saint Augustine' P	55.74		3/17
3	55	Kamani JOHNS	#6 Lincoln (Pa.)	56.26		4/15
4	59	Teanna BELL	#1 Fayetteville Stat	56.39		4/21
5	65	Zoe ADAMS	#10 Claflin	56.67		3/24
6		Cache MILLER	#2 Saint Augustine'	59.00		4/15
7		Bahiyyah BARNES	#4 Virginia State	59.18		4/15
8		Jazlynn CHURCH	#6 Lincoln (Pa.)	59.32		4/22
9		Sierrah MATTHEWS	#1 Fayetteville Stat	59.33		4/21
10		Tamia MCLEAN	#3 Winston-Salem !	59.49		3/31

Women's 400 Meter Hurdles

1	40	Symone WRIGHT	#5 Shaw	1:02.96		4/21
2	52	Christabelle OBI	#2 Saint Augustine'	1:03.53		3/23
3	53	Angel ADAMS	#6 Lincoln (Pa.)	1:03.54		4/22
4	99	Jordyn HEAD	#8 Johnson C. Smit	1:05.03		3/24
5		Layla SIMPSON	#8 Johnson C. Smit	1:07.29		3/24
6		Jaynissa CAUTHEN	#3 Winston-Salem !	1:07.53		4/14
7		Amani ADAMS	#6 Lincoln (Pa.)	1:07.57		4/22
8		Shaunece MILLER	#2 Saint Augustine'	1:07.93		3/31
9		Pheijana BURNSIDE	#10 Claflin	1:08.15		4/14
10		Charity COLLINS	#7 Livingstone	1:08.50		3/24

Women's 800 Meters

1		Repline CHEPTOO	#1 Fayetteville Stat	2:17.90		4/21
2		Tamia MCLEAN	#3 Winston-Salem !	2:18.32		4/21
3		Emoni COLEMAN	#4 Virginia State	2:18.46		3/16
4		Miracle PRICE	#4 Virginia State	2:19.50		4/15
5		Shanae INGRAM	#1 Fayetteville Stat	2:20.54		4/21
6		Taymar SMITH	#2 Saint Augustine'	2:20.97		4/21
7		Sydney MCDONALD	#7 Livingstone	2:21.12		4/21
8		Nia GIBSON	#1 Fayetteville Stat	2:22.88		4/21
9		Jazlynn CHURCH	#6 Lincoln (Pa.)	2:23.02		4/8
10		Kamani JOHNS	#6 Lincoln (Pa.)	2:23.21		4/1

Women's 1500 Meters

1		Repline CHEPTOO	#1 Fayetteville Stat	4:52.92		4/21
2		Emoni COLEMAN	#4 Virginia State	4:59.13		4/15
3		Alandina HYPOLITE	#4 Virginia State	5:02.93		4/15
4		Vanessa JONES	#3 Winston-Salem !	5:03.85		4/21
5		Nia GIBSON	#1 Fayetteville Stat	5:04.03		4/21
6		Taymar SMITH	#2 Saint Augustine'	5:06.39		4/21
7		Tamia MCLEAN	#3 Winston-Salem !	5:06.53		4/21
8		Joan KIPLAGAT	#1 Fayetteville Stat	5:07.20		4/21
9		Miracle PRICE	#4 Virginia State	5:09.21		4/15
10		Abijah JEPKEMBOI	#2 Saint Augustine'	5:10.75		4/21

Women's 5000 Meters

1		Abijah JEPKEMBOI	#2 Saint Augustine'	19:10.75		3/31
2		Manuelene DEIGH	#4 Virginia State	20:30.74		4/15
3		Vanessa JONES	#3 Winston-Salem !	20:36.54		3/23
4		Manuela DEIGH	#4 Virginia State	21:02.63		4/15
5		Joyce KIPTUM	#5 Shaw	22:02.25		3/23
6		Ruby WILLIAMS	#4 Virginia State	22:25.87		4/15
7		Taymar SMITH	#2 Saint Augustine'	22:42.30		4/15
8		Sania PETERSON	#4 Virginia State	23:35.65		4/15



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Women's 4x100 Relay

1	28	Tramoni MYLES, Queen BURNETT, Jessica MCQUEEN, Teanna BELL	#1 Fayetteville Stat P	46.71	4/21
2	40	Malaysia JOHNSON, Saniya SIMMONS, Cache MILLER, Kyrasani MITCHELL	#2 Saint Augustine'	47.08	3/17
3	51	Aisha CARRINGTON, Anaaja FERRELL, Ade CONOVER, Kamani JOHNS	#6 Lincoln (Pa.)	47.39	4/22
4	53	Glenda JENKINS, Shakell WILLIAMS, Elisha BARNES, Jayla GREENE	#4 Virginia State	47.57	3/16
5	75	Anijah TRIGGS, Symone WRIGHT, Micah WRIGHT, Brijette BASDEN	#5 Shaw	48.00	4/14
6	88	Daijion LEE, Amique WILLIS, Sadiyah MCGREGOR, Ronee TUDOR	#3 Winston-Salem !	48.33	3/23
7		Staci SMITH, Zoe ADAMS, Skekinah DUFFIN, Jonnica FULLER	#10 Claflin	49.48	3/24
8		Kayla LEE, Tiana LUGG, Christal ROLACK, Naeva RENE	#11 Virginia Union	49.93	4/1
9		Fantasia CARNEY, Agi MBOOB, Catherine ENWEREJI, Zahra GRAHAM	#9 Bowie State	50.13	4/22

Women's 4x400 Relay

1	24	Cache MILLER, Malaysia JOHNSON, Christabelle OBI, Shaunece MILLER	#2 Saint Augustine' P	3:49.02	3/23
2	39	Jessica MCQUEEN, Queen BURNETT, Sierrah MATTHEWS, Tracy IDUGBOE	#1 Fayetteville Stat	3:52.41	4/21
3	76	Aisha CARRINGTON, Jazlynn CHURCH, Nakacee MCNAB, Kamani JOHNS	#6 Lincoln (Pa.)	3:59.35	3/17
4	78	Taniyah OATES, I'Sheondra POWELL, Imani TATUM, Sadiyah MCGREGOR	#3 Winston-Salem !	3:59.91	4/14
5		Iylis MARTINEZ, Aydia COBB, Florence WREH, Imani CORBETT	#5 Shaw	4:05.29	3/23
6		Charity COLLINS, Asia'Lee FAIR, Dajaneen ALEJANDRO-ORTIZ, Saa'Naudia DELOATCH	#7 Livingstone	4:06.48	4/21
7		Glenda JENKINS, Emoni COLEMAN, Bahiyah BARNES, Miracle PRICE	#4 Virginia State	4:07.93	4/15
8		Agi MBOOB, Catherine ENWEREJI, Zahra GRAHAM, Destiny LEWIS	#9 Bowie State	4:17.24	4/8
9		Staci SMITH, Kristian GOSS, Dorian HUTCHERSON, Justice BELL	#10 Claflin	4:25.81	2/25

Women's High Jump

1	26	Kennedy ALEXANDER	#3 Winston-Salem !	1.66m	5-5¼	4/14
1	26	Domanique KNOWLES	#1 Fayetteville Stat	1.66m	5-5¼	4/14
3	59	Sheree WRIGHT	#2 Saint Augustine'	1.62m	5-3¾	4/15
4		Aanya HOWARD	#4 Virginia State	1.57m	5-1¾	4/15
5		Angel BOWDEN	#3 Winston-Salem !	1.52m	4-11¾	3/23
6		Kaiya WRIGHT	#1 Fayetteville Stat	1.49m	4-10½	3/31
7		Jade LANE	#11 Virginia Union	1.47m	4-9¾	4/15
8		Zahra GRAHAM	#9 Bowie State	1.46m	4-9½	3/25
9		Naeva RENE	#11 Virginia Union	1.45m	4-9	4/22
9		Amiyah MURRAY	#3 Winston-Salem !	1.45m	4-9	4/21



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CIAA

Women's Long Jump

1	3	M'Smrya SEWARD	#1	Fayetteville Stat P	6.24m	20-5¼ (-0.)	3/24
2	59	Allysa FRYER	#7	Livingstone	5.66m	18-7 (-2.8)	4/14
3	66	Tracy IDUGBOE	#1	Fayetteville Stat	5.62m	18-5¼ (-0.)	4/14
4		Domanique KNOWLES	#1	Fayetteville Stat	5.46m	17-11 (1.9)	4/21
5		Anaeja FERRELL	#6	Lincoln (Pa.)	5.45m	17-10¾ (0.)	4/22
6		Aria GOODE	#8	Johnson C. Smit	5.27m	17-3½ (1.4)	3/24
7		Tionna WILSON	#3	Winston-Salem !	5.26mw	17-3¼ (2.1)	3/16
8		Imani CORBETT	#5	Shaw	5.21mw	17-1¼ (2.1)	4/21
9		Tiara WILSON	#1	Fayetteville Stat	5.13mw	16-10 (2.1)	4/21
10		Holley JOHNSON	#1	Fayetteville Stat	5.08mw	16-8 (3.3)	3/16

Women's Triple Jump

1	15	Aria GOODE	#8	Johnson C. Smit P	12.20mw	40-½ (2.4)	3/31
2	40	Tracy IDUGBOE	#1	Fayetteville Stat	11.80m	38-8¾ (-2.)	4/14
3	46	Iysis MARTINEZ	#5	Shaw	11.72m	38-5½ (-0.)	4/14
4	49	Tiara WILSON	#1	Fayetteville Stat	11.68mw	38-4 (3.7)	3/31
5	68	M'Smrya SEWARD	#1	Fayetteville Stat	11.50m	37-8¾ (-2.)	4/14
6	81	Domanique KNOWLES	#1	Fayetteville Stat	11.41m	37-5¼ (0.9)	3/31
7	91	Jayla WARREN	#3	Winston-Salem !	11.32mw	37-1¾ (3.4)	3/31
8		Olivia WRIGHT	#6	Lincoln (Pa.)	11.24mw	36-10½ (2.)	3/17
9		Florence WREH	#5	Shaw	10.69m	35-1 (0.0)	3/23
10		Kiara SHEPHERD	#11	Virginia Union	10.68m	35-½ (0.1)	3/17

Women's Shot Put

1		Yassine KAMARA	#9	Bowie State	12.35m	40-6¼	4/15
2		Ashley TAYLOR	#1	Fayetteville Stat	12.29m	40-4	4/14
3		Asia LAMPE	#3	Winston-Salem !	12.28m	40-3½	3/16
4		Kyrasani MITCHELL	#2	Saint Augustine'	11.85m	38-10½	3/23
5		Gabrielle HENRY	#5	Shaw	11.79m	38-8¼	3/3
6		Ashanti WRIGHT	#5	Shaw	11.75m	38-6¾	3/23
7		Janiya HARMON	#4	Virginia State	11.34m	37-2½	4/22
8		Jazmyn MCGIRT	#9	Bowie State	10.99m	36-¾	4/22
9		Jovanah GRAHAM	#1	Fayetteville Stat	10.84m	35-6¾	4/21
10		Nyelah HAKIM	#1	Fayetteville Stat	10.62m	34-10¼	3/24

Women's Discus

1	86	Asia LAMPE	#3	Winston-Salem !	41.48m	136-1	3/16
2		Kyrasani MITCHELL	#2	Saint Augustine'	40.85m	134-0	3/17
3		Ashanti WRIGHT	#5	Shaw	40.34m	132-4	3/3
4		Kyra WEBB	#1	Fayetteville Stat	39.86m	130-9	3/24
5		Yassine KAMARA	#9	Bowie State	39.40m	129-3	4/8
6		Ashley TAYLOR	#1	Fayetteville Stat	38.84m	127-5	3/16
7		Gabrielle HENRY	#5	Shaw	37.22m	122-2	3/3
8		Janiya HARMON	#4	Virginia State	36.95m	121-3	4/15
9		Katrina GAMBLE	#1	Fayetteville Stat	36.61m	120-2	3/24
10		Varvara PAKONSTANTINO U	#7	Livingstone	35.51m	116-6	4/21

Women's Hammer

1		Kyrasani MITCHELL	#2	Saint Augustine'	38.37m	125-11	4/15
2		Jamesia POINDEXTER	#9	Bowie State	36.40m	119-5	4/15
3		Jazmyn MCGIRT	#9	Bowie State	29.47m	96-8¼	3/25

Women's Javelin

1		Kamile PATRICK	#5	Shaw	33.96m	111-5	4/21
2		Jade LANE	#11	Virginia Union	33.65m	110-5	4/15
3		Alexia BRYANT	#1	Fayetteville Stat	33.52m	110-0	4/21
4		Daina MORRISON	#5	Shaw	32.24m	105-9	3/31
5		Varvara PAKONSTANTINO U	#7	Livingstone	31.27m	102-7	4/21
6		Tionna GRAHAM	#2	Saint Augustine'	30.95m	101-7	3/17
7		Reid COBB-PHILLIPS	#5	Shaw	30.51m	100-1	4/21
8		Janiya HARMON	#4	Virginia State	29.23m	95-10¾	4/15
9		Kyra WEBB	#1	Fayetteville Stat	27.19m	89-2½	3/24
10		Jovanah GRAHAM	#1	Fayetteville Stat	27.02m	88-7¾	4/14



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Conference Carolinas

Women's 100 Meters

1	28	Jaylin REEVES	#1	Mount Olive	P	11.72	(2.0)	3/31
2	52	Tiara COX	#6	North Greenville		11.87	(1.8)	4/1
3	64	Amora OKODUWA	#4	Converse		11.94		4/22
4	74	Chianel ASOBURUENWU	#1	Mount Olive		11.98w	(2.1)	3/3
5	82	Hannah HILL	#6	North Greenville		12.00	(1.5)	3/24
6	85	Mycherie ONWUZURUKIE	#2	Southern Wesley		12.02	(1.8)	4/1
7		Jada PITTMAN	#2	Southern Wesley		12.09	(0.1)	4/14
7		Jaiden MOODY	#1	Mount Olive		12.09w	(4.0)	3/16
9		Krishayla BOYD	#4	Converse		12.13w		4/22
10		Makayla WILSON	#2	Southern Wesley		12.15	(0.1)	4/14

Women's 100 Meter Hurdles

1	27	Isabelle FLORES	#3	Belmont Abbey	P	14.14	(-1.1)	4/21
2	31	Phoebe MYERS	#4	Converse		14.27w		4/22
3		D'asia THOMAS	#4	Converse		15.07	(1.8)	4/14
4		TraVon LAY	#2	Southern Wesley		15.08	(1.4)	4/14
4		Channie JEFFERSON	#1	Mount Olive		15.08w	(3.7)	3/31
6		Zoe LOGUE	#7	Emmanuel (Ga.)		15.35	(1.8)	4/14
7		Karolina COLON	#3	Belmont Abbey		15.44w	(3.1)	4/14
8		Tylyia TRIGGS	#1	Mount Olive		15.89	(0.8)	3/24
9		Haley KELLS	#3	Belmont Abbey		15.96	(-0.6)	4/21
10		Madelyn BRIGHT	#7	Emmanuel (Ga.)		16.70w	(2.9)	4/14

Women's 200 Meters

1	19	Chianel ASOBURUENWU	#1	Mount Olive	P	23.91w	(2.4)	3/3
2	33	Jaylin REEVES	#1	Mount Olive	P	24.17	(1.6)	3/24
3	88	Tiara COX	#6	North Greenville		24.70	(-0.4)	4/1
4		Amora OKODUWA	#4	Converse		24.87	(0.6)	4/14
5		Vinesha BRIGGS	#1	Mount Olive		24.92w	(3.0)	3/24
6		Jaela THOMAS	#5	UNC Pembroke		24.94	(1.1)	4/14
7		Krishayla BOYD	#4	Converse		25.02	(-0.4)	4/1
8		Jaiden MOODY	#1	Mount Olive		25.07	(1.6)	3/24
9		Hannah HILL	#6	North Greenville		25.12	(0.6)	4/14
10		Mycherie ONWUZURUKIE	#2	Southern Wesley		25.21	(0.1)	3/24

Women's 400 Meters

1	30	Michele BEUGRE	#2	Southern Wesley	P	55.58		4/14
2	76	Jaiden MOODY	#1	Mount Olive		56.88		4/14
3	89	Cierra WRIGHT	#2	Southern Wesley		57.15		3/24
4	LE+0:	Vinesha BRIGGS	#1	Mount Olive		57.33		4/14
5		Hannah HILL	#6	North Greenville		57.46		4/1
6		Natalyah WILSON	#1	Mount Olive		57.60		4/22
7		Shanyia GREY	#4	Converse		58.33		4/14
8		Channie JEFFERSON	#1	Mount Olive		58.67		3/16
9		Isabelle FLORES	#3	Belmont Abbey		58.69		4/1
10		Nyree BACCHUS	#5	UNC Pembroke		58.74		4/14

Women's 400 Meter Hurdles

1	20	Isabelle FLORES	#3	Belmont Abbey	P	1:01.43		4/14
2	22	Channie JEFFERSON	#1	Mount Olive	P	1:01.66		4/14
3		Olivia WHITE	#3	Belmont Abbey		1:05.22		4/21
4		Kiwanna PEMBERTON	#1	Mount Olive		1:05.90		4/14
5		Antaja WHITEHEAD	#10	Erskine		1:06.52		4/14
6		Kayla LEMA	#2	Southern Wesley		1:06.64		3/17
7		Carleigh VAUGHN	#6	North Greenville		1:06.71		4/1
8		Isabela CASTILLO	#2	Southern Wesley		1:06.83		4/14
9		Samantha HAMRICK	#1	Mount Olive		1:07.47		4/14
10		Latavia BRACEY	#4	Converse		1:07.88		4/14

Women's 800 Meters

1	63	Ruth SPIJKER	#4	Converse		2:13.17		4/14
2		Lycia ZAVALA	#2	Southern Wesley		2:18.60		4/14
3		Katy NEUBERT	#8	King		2:19.71		4/14
4		Julia VAN DINE	#5	UNC Pembroke		2:21.59		3/30
5		Avery SHOPE	#6	North Greenville		2:23.11		3/24
6		Bayley ROBINSON	#4	Converse		2:24.11		4/1
7		Celine FLEURILUS	#1	Mount Olive		2:24.30		3/3
8		Campbell DILLE	#9	Lees-McRae		2:24.92		4/14
9		Maura BAIRD	#3	Belmont Abbey		2:25.48		4/21
10		Katherine THOMPSON	#10	Erskine		2:25.78		3/31

Women's 1500 Meters

1	81	Ruth SPIJKER	#4	Converse		4:36.54		4/22
2		Kamille DIXON	#4	Converse		4:47.22		4/22
3		Avery SHOPE	#6	North Greenville		4:48.01		4/14
4		Jackline KOSGEI	#5	UNC Pembroke		4:56.30		3/24
5		Riley NICHOLSON	#6	North Greenville		4:57.44		3/10
6		Valary SAMOEI	#5	UNC Pembroke		4:58.52		3/24
7		Julia VAN DINE	#5	UNC Pembroke		4:58.63		3/30
8		Katherine THOMPSON	#10	Erskine		4:58.87		3/31
9		Macey MORGAN	#2	Southern Wesley		4:59.99		3/17
10		Sharon YEGO	#7	Emmanuel (Ga.)		5:02.11		4/14

Women's Steeplechase

1	72	Kamille DIXON	#4	Converse		11:33.62		4/14
2		Abbey FROCK	#2	Southern Wesley		12:00.55		4/1
3		Morgan WHITLEY	#8	King		12:10.55		4/14
4		Olivia WEIDER	#7	Emmanuel (Ga.)		12:12.13		3/24
5		Katherine THOMPSON	#10	Erskine		12:27.45		4/14
6		Sydney KELLER	#3	Belmont Abbey		12:37.61		4/1
7		Meghan LITTLE	#3	Belmont Abbey		12:47.26		4/1
8		Emma BRIGHT	#6	North Greenville		13:12.44		3/10
9		Tori THOMPSON	#3	Belmont Abbey		14:55.99		4/14
10		Kacey MILLER	#6	North Greenville		15:39.38		4/1



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Conference Carolinas

Women's 5000 Meters

1	Jackline KOSGEI	#5	UNC Pembroke	18:08.11	3/30
2	Deanna BETZER	#9	Lees-McRae	18:30.03	3/31
3	Kathryn ANDERSON	#5	UNC Pembroke	18:40.46	3/30
4	Sharon YEGO	#7	Emmanuel (Ga.)	18:54.60	4/7
5	Riley NICHOLSON	#6	North Greenville	19:19.62	3/10
6	Valary SAMOEI	#5	UNC Pembroke	19:21.89	4/14
7	Avery SHOPE	#6	North Greenville	19:25.21	4/14
8	Abbey FROCK	#2	Southern Wesleyan	19:28.06	3/17
9	Cassandra SCHRUBB	#11	Barton	19:30.77	3/31
10	Emily WARD	#8	King	19:38.76	3/17

Women's 10,000 Meters

1	Emily WARD	#8	King	39:23.29	4/7
2	Deanna BETZER	#9	Lees-McRae	40:35.01	3/24
3	Meghan LITTLE	#3	Belmont Abbey	42:24.71	3/16
4	Rebekah HADDAD	#6	North Greenville	42:48.02	3/10
5	Paris ALSUP	#6	North Greenville	43:09.65	3/10
6	Savannah WILLIS	#3	Belmont Abbey	43:27.60	4/14

Women's 4x100 Relay

1	10	Channie JEFFERSON, Jaylin REEVES, Jaiden MOODY, Jamesha HOWELL	#1	Mount Olive	P	45.83	4/14
2	19	Makayla WILSON, Michele BEUGRE, Deborah MARLOW, Mycherie ONWUZURUIKE	#2	Southern Wesleyan	P	46.20	4/14
3	37	JoAnn SMILING, Hannah HILL, Carleigh VAUGHN, Tiara COX	#6	North Greenville		47.02	3/24
4	59	Aaliyah MORGAN, Krishayla BOYD, Madison GRIFFIN, Eseose OKODUWA	#4	Converse		47.67	4/14
5	90	Sekyah CHESTNUT, Olivia WHITE, Cristina VILLANUEVA, Isabelle FLORES	#3	Belmont Abbey		48.35	3/3
6		Leah DOTSON, Tyleah MOORER, Antaja WHITEHEAD, Mckenna PHILLIPS	#10	Erskine		49.34	4/14

Women's 4x400 Relay

1	26	Kyla JOHNSON, Cierra WRIGHT, Mycherie ONWUZURUIKE, Michele BEUGRE	#2	Southern Wesleyan	P	3:49.06	3/24
2	30	Vinesha BRIGGS, Jaiden MOODY, Channie JEFFERSON, Jaylin REEVES	#1	Mount Olive		3:50.15	4/14
3	66	JoAnn SMILING, Carleigh VAUGHN, Tiara COX, Hannah HILL	#6	North Greenville		3:57.78	4/14
4	77	Sekyah CHESTNUT, Karolina COLON, Olivia WHITE, Isabelle FLORES	#3	Belmont Abbey		3:59.43	4/21
5	93	Shanyia GREY, Krishayla BOYD, Latavia BRACEY, Quiana SUBER	#4	Converse		4:02.66	3/16
6		Emily CHRISTIAN, Amanda LOWERY, Caitlin PAULINS, Katy NEUBERT	#8	King		4:18.41	4/14
7		Vasey ASKINS, Zoe LOGUE, Paige TURNER, Taylor FARMER	#7	Emmanuel (Ga.)		4:22.30	4/14
8		Leah DOTSON, Antaja WHITEHEAD, Katherine THOMPSON, Mckenna PHILLIPS	#10	Erskine		4:23.11	3/17

Women's High Jump

1	34	Jordan BROWN	#4	Converse	1.65m	5-5	4/1
2	75	Phoebe MYERS	#4	Converse	1.60m	5-3	4/1
2	75	Haley KELLS	#3	Belmont Abbey	1.60m	5-3	4/21
4		Natalyah WILSON	#1	Mount Olive	1.58m	5-2¼	4/22
4		Madelyn BRIGHT	#7	Emmanuel (Ga.)	1.58m	5-2¼	3/16
6		Macie SIMS	#3	Belmont Abbey	1.55m	5-1	3/24
6		Aly HUDSPETH	#5	UNC Pembroke	1.55m	5-1	4/22
8		Karla HORMAZABAL	#1	Mount Olive	1.53m	5-¼	3/16
9		Isabela CASTILLO	#2	Southern Wesleyan	1.50m	4-11	4/1
9		D'asia THOMAS	#4	Converse	1.50m	4-11	4/1
9		Alyson SMITH	#3	Belmont Abbey	1.50m	4-11	3/24



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Conference Carolinas

Women's Pole Vault

1	LE+0: Caitlin PAULINS	#8 King	3.40m	11-1¾	4/14
2	Trinity FRAYER	#1 Mount Olive	3.05m	10-0	3/31
3	Jocelyn WALKER	#9 Lees-McRae	2.75m	9-¼	4/14
4	Sydney KELLER	#3 Belmont Abbey	2.70m	8-10¼	4/21
5	Tori THOMPSON	#3 Belmont Abbey	2.45m	8-½	4/1
5	Taylor REEPING	#3 Belmont Abbey	2.45m	8-½	4/14
7	Sara ORMSBY	#5 UNC Pembroke	2.30m	7-6½	4/14
8	Lauren ELLIS	#7 Emmanuel (Ga.)	2.20m	7-2½	4/14

Women's Long Jump

1	6 Mycherie ONWUZURUKIE	#2 Southern Wesleyan	6.16m	20-2½ (-1)	4/14
2	13 Olivia WEIDER	#7 Emmanuel (Ga.) P	6.09m	19-11¾ (1)	3/24
3	37 Channie JEFFERSON	#1 Mount Olive	5.81m	19-¾ (-2.3)	3/24
4	60 Mora SMITH	#1 Mount Olive	5.65m	18-6½ (-1)	3/24
5	75 Cristina VILLANUEVA	#3 Belmont Abbey	5.59m	18-4¼ (-2)	4/14
6	79 Jamesha HOWELL	#1 Mount Olive	5.58m	18-3¾ (-2)	3/24
7	85 JoAnn SMILING	#6 North Greenville	5.55m	18-2½ (1.4)	4/14
8	Jada PITTMAN	#2 Southern Wesleyan	5.44mw	17-10¼ (3)	4/1
9	:Lora DILLON	#9 Lees-McRae	5.37m	17-7½ (0.3)	3/17
9	Tyleah MOORER	#10 Erskine	5.37m	17-7½ (-0)	4/7

Women's Triple Jump

1	45 :Lora DILLON	#9 Lees-McRae	11.75m	38-6¾ (1.8)	3/31
2	52 Tyleah MOORER	#10 Erskine	11.64m	38-2¼ (0.0)	4/14
3	70 Karla HORMAZABAL	#1 Mount Olive	11.49mw	37-8½ (2.1)	3/3
4	74 Mora SMITH	#1 Mount Olive	11.47m	37-7¾ (-1)	3/24
5	Leah DOTSON	#10 Erskine	11.13m	36-6¼ (-0)	4/14
6	Kiana HATCHETT	#1 Mount Olive	11.10m	36-5	4/22
7	Jamesha HOWELL	#1 Mount Olive	10.98m	36-¼ (0.6)	3/31
8	Mackenzie WHITESIDE	#4 Converse	10.97m	36-0 (0.0)	4/14
9	Keza GREEN	#1 Mount Olive	10.90m	35-9¼ (-2)	4/14
10	Haley KELLS	#3 Belmont Abbey	10.85m	35-7¼ (1.1)	4/14

Women's Shot Put

1	Mary Brigid KECK	#1 Mount Olive	12.40m	40-8¼	3/24
2	Ashley LINDSAY	#1 Mount Olive	12.34m	40-6	4/22
3	Lillian MARINO	#5 UNC Pembroke	11.85m	38-10½	4/14
4	Kaliya SUTTON	#1 Mount Olive	11.80m	38-8¾	3/3
5	Alycia ARTMAN	#5 UNC Pembroke	11.76m	38-7	3/16
6	Cynthia THOMAS	#1 Mount Olive	11.52m	37-9½	3/24
7	Katlyn PARRISH	#1 Mount Olive	11.35m	37-3	3/24
8	Adrienne CRAWFORD	#1 Mount Olive	11.23m	36-10¼	4/14
9	Raigan EVANS	#5 UNC Pembroke	11.04m	36-2¾	4/14
10	Adrianna COLEMAN	#2 Southern Wesleyan	10.80m	35-5¼	4/1

Women's Discus

1	52 Mary Brigid KECK	#1 Mount Olive	42.93m	140-10	4/22
2	57 Raigan EVANS	#5 UNC Pembroke	42.54m	139-7	4/22
3	69 Adrianna COLEMAN	#2 Southern Wesleyan	41.98m	137-9	4/1
4	Madison BOYD	#2 Southern Wesleyan	40.30m	132-3	4/22
5	Lillian MARINO	#5 UNC Pembroke	40.22m	132-0	4/14
6	Ashley LINDSAY	#1 Mount Olive	39.75m	130-5	3/24
7	Elizabeth WOODRUFF	#3 Belmont Abbey	38.79m	127-3	4/14
8	Kaliya SUTTON	#1 Mount Olive	37.42m	122-9	3/24
9	Ruthie FRIPP	#8 King	37.38m	122-8	3/24
10	Bella MARTIN	#4 Converse	36.45m	119-7	4/1

Women's Hammer

1	8 Mary Brigid KECK	#1 Mount Olive P	58.08m	190-7	3/24
2	68 Madison BOYD	#2 Southern Wesleyan	48.84m	160-3	4/14
3	74 Raigan EVANS	#5 UNC Pembroke	48.52m	159-2	3/24
4	75 Adrienne CRAWFORD	#1 Mount Olive	48.50m	159-2	4/14
5	Lillian MARINO	#5 UNC Pembroke	46.85m	153-9	4/8
6	Kenisha BARNES	#1 Mount Olive	46.80m	153-7	4/22
7	Hannah HALL	#2 Southern Wesleyan	44.45m	145-10	3/17
8	Bella MARTIN	#4 Converse	43.65m	143-3	4/14
9	Kaliya SUTTON	#1 Mount Olive	43.21m	141-9	3/16
10	Ruthie FRIPP	#8 King	40.98m	134-6	4/14

Women's Javelin

1	30 Danielle TRIMBUR	#1 Mount Olive P	42.03m	137-11	3/24
2	70 Hannah HILL	#6 North Greenville	38.48m	126-3	4/14
3	Katlyn PARRISH	#1 Mount Olive	33.91m	111-3	3/16
4	Raigan EVANS	#5 UNC Pembroke	33.21m	109-0	4/14
5	Tylyia TRIGGS	#1 Mount Olive	30.14m	98-10¾	4/14
6	Annah BLANKENSHIP	#8 King	28.83m	94-7	4/14
7	Shadaynya TEH	#5 UNC Pembroke	28.31m	92-10¾	4/22
8	Haley KELLS	#3 Belmont Abbey	27.98m	91-9¾	3/3
9	Lakin LONG	#2 Southern Wesleyan	27.81m	91-3	4/14
10	Samantha DIBENE	#7 Emmanuel (Ga.)	27.73m	90-11¾	4/7

Women's Heptathlon

1	Haley KELLS	#3 Belmont Abbey	3,532	3/16
2	Madelyn BRIGHT	#7 Emmanuel (Ga.)	3,458	3/16
3	Sydney KELLER	#3 Belmont Abbey	2,735	3/16
4	Vasey ASKINS	#7 Emmanuel (Ga.)	2,377	3/16



Conference TFRI Event Summary

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ECC

Women's 100 Meters

1	95	Dayna THOMPSON	#2	UDC	12.05	(1.7)	4/22
2		Kayla COOPER	#2	UDC	12.07w	(3.1)	4/15
3		Janel BAXTER	#2	UDC	12.45	(1.4)	4/15
4		Lydia WARE	#1	Roberts Wesley	12.47w	(2.4)	4/14
5		Jenna PILLER	#4	Molloy	12.74	(1.1)	4/8
6		Ciara DOYLE	#5	St. Thomas Aqu	13.11	(1.0)	3/17
7		Ci'yanna PURNELL	#1	Roberts Wesley	13.34w	(2.3)	4/14
8		Zoe SHAW	#2	UDC	13.53	(1.1)	4/8
9		Christina HILLERY	#4	Molloy	13.58	(1.1)	4/8
10		Maya LAVIGNE	#1	Roberts Wesley	13.83	(0.2)	4/2

Women's 100 Meter Hurdles

1		Hailee LOWE	#1	Roberts Wesley	14.96	(1.4)	4/2
2		Kayleigh SHELTON	#2	UDC	15.41	(1.1)	4/8
3		Rebecca SHULTZ	#3	Daemen	15.78w	(2.1)	4/14
4		Alexis RODRIGUEZ	#3	Daemen	16.44w	(3.8)	4/22
5		Nicole GYSIN	#5	St. Thomas Aqu	16.98	(2.0)	4/8
6		Guerlourde ESTABINE	#5	St. Thomas Aqu	17.20	(0.0)	3/31
7		Jadalyn RODRIGUEZ	#4	Molloy	17.78	(0.5)	4/22
8		Alaysia COBB-ROUNTREE	#4	Molloy	18.11w	(2.7)	4/8
9		Morgan SPROULL	#1	Roberts Wesley	19.53	(1.4)	4/14

Women's 200 Meters

1		Kayla COOPER	#2	UDC	25.05w	(2.1)	4/15
2		Dayna THOMPSON	#2	UDC	25.20	(1.9)	4/15
3		Lydia WARE	#1	Roberts Wesley	25.47	(0.4)	4/14
4		Ayesha JARRETT	#2	UDC	25.70w	(2.3)	4/22
5		Antonette POMMELLS	#4	Molloy	26.05	(-3.4)	4/22
6		Janel BAXTER	#2	UDC	26.12w	(2.3)	4/22
7		Jenna PILLER	#4	Molloy	26.44	(-0.8)	4/8
8		Ciara DOYLE	#5	St. Thomas Aqu	27.85	(-1.4)	4/21
9		Samantha LATORRE	#4	Molloy	28.32	(-3.4)	4/22
10		Ci'yanna PURNELL	#1	Roberts Wesley	28.50	(1.0)	4/14

Women's 400 Meters

1		Ayesha JARRETT	#2	UDC	57.46		4/15
2		Dayna THOMPSON	#2	UDC	58.12		3/31
3		Lydia WARE	#1	Roberts Wesley	58.38		4/2
4		Tukey FRANCIS	#2	UDC	59.50		3/31
5		Jenna PILLER	#4	Molloy	1:01.11		3/31
6		Samantha LATORRE	#4	Molloy	1:01.78		4/22
7		Iyanna JACKSON	#2	UDC	1:02.30		4/22
8		Fatima MORROBEL	#6	Queens (N.Y.)	1:04.32		4/22
9		Tsianna BARNWELL	#7	D'Youville	1:05.25		4/14
10		Isabella FARINA-ESPOSITO	#5	St. Thomas Aqu	1:05.27		4/21

Women's 400 Meter Hurdles

1		Hailee LOWE	#1	Roberts Wesley	1:05.73		4/2
2		Skylar MORENO	#5	St. Thomas Aqu	1:06.67		4/21
3		Kayleigh SHELTON	#2	UDC	1:09.29		4/15
4		Chacoia WILKES	#2	UDC	1:09.56		4/22
5		Bianca HILTZ	#6	Queens (N.Y.)	1:11.13		4/2
6		Alaysia COBB-ROUNTREE	#4	Molloy	1:11.34		4/22
7		Sevilla GROEBE	#7	D'Youville	1:12.90		4/22
8		Alexis RODRIGUEZ	#3	Daemen	1:13.48		4/8
9		Samantha MORRISON	#2	UDC	1:16.17		4/8
10		Emma GRZEBINSKI	#3	Daemen	1:18.67		3/31

Women's 800 Meters

1		Kylee ODELL	#1	Roberts Wesley	2:15.16		4/14
2		Hannah THOMAS	#3	Daemen	2:21.07		4/22
3		Acacia BARBER	#1	Roberts Wesley	2:22.82		4/2
4		Kassandra NOLET	#3	Daemen	2:23.37		4/14
5		Sevilla GROEBE	#7	D'Youville	2:23.59		4/8
6		Samantha MORRISON	#2	UDC	2:27.29		4/22
7		Fatima MORROBEL	#6	Queens (N.Y.)	2:27.72		4/8
8		Emma GRZEBINSKI	#3	Daemen	2:28.24		4/14
9		Megan SOHL	#4	Molloy	2:29.65		4/22
10		Samantha LATORRE	#4	Molloy	2:30.45		3/25

Women's 1500 Meters

1		Kylee ODELL	#1	Roberts Wesley	4:39.91		4/2
2		Acacia BARBER	#1	Roberts Wesley	4:42.50		4/2
3		Kassandra NOLET	#3	Daemen	4:54.09		4/14
4		Camryn BAILEY	#3	Daemen	4:58.48		4/14
5		Hannah THOMAS	#3	Daemen	5:02.75		4/14
6		Karina ROMERO	#4	Molloy	5:03.86		4/8
7		Emma GRZEBINSKI	#3	Daemen	5:04.53		4/14
8		Courtney MERRILL	#3	Daemen	5:05.10		4/22
9		Kristi ACKERINA	#4	Molloy	5:05.27		4/8
10		Patsy OBERHOLZER	#3	Daemen	5:07.15		4/14

Women's Steeplechase

1		Kathleen HEALY	#4	Molloy	12:22.38		4/8
2		Emma GRZEBINSKI	#3	Daemen	12:30.14		4/8
3		Evie STRATI	#4	Molloy	13:58.10		3/25
4		Samantha FRISBEE	#5	St. Thomas Aqu	14:30.48		3/31



Conference TFRI Event Summary

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ECC

Women's 5000 Meters

1	Acacia BARBER	#1	Roberts Wesleyā	17:34.66	4/14
2	Rachel HORNER-RICHARDSON	#1	Roberts Wesleyā	17:59.26	4/2
3	Camryn BAILEY	#3	Daemen	18:28.04	4/22
4	Jennifer ZAMBUTO	#1	Roberts Wesleyā	18:34.10	4/14
5	Kristi ACKERINA	#4	Molloy	18:50.05	3/25
6	Patsy OBERHOLZER	#3	Daemen	19:04.69	3/31
7	Gabriella MOTT	#5	St. Thomas Aqu	19:15.52	4/8
8	Kathleen HEALY	#4	Molloy	19:29.73	3/25
9	Zoe LUCYSHYN	#1	Roberts Wesleyā	19:46.45	4/8
10	Ciara DURCAN	#5	St. Thomas Aqu	19:47.74	4/8

Women's 10,000 Meters

1	Jennifer ZAMBUTO	#1	Roberts Wesleyā	39:20.29	4/2
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Women's 4x100 Relay

1	49 Janel BAXTER, Kayla COOPER, Ayesha JARRETT, Dayna THOMPSON	#2	UDC	47.37	4/15
2	Jadalyn RODRIGUEZ, Jenna PILLER, Antonette POMMELLS, Christina HILLERY	#4	Molloy	49.53	4/22
3	Khareena PRIMUS, Bianca HILTZ, Mahaillia SPENCER, Jacklyn DIEL	#6	Queens (N.Y.)	52.20	4/22
4	Ciara DOYLE, Isabella FARINO-ESPOSITO, Emma NEIL, Megan MURPHY	#5	St. Thomas Aqu	53.88	3/17
5	Sydney TAYLOR, Alexis RODRIGUEZ, Grace GOMINIAK, Rebecca SCHULTZ	#3	Daemen	54.06	3/31

Women's 4x400 Relay

1	81 Dayna THOMPSON, Tukey FRANCIS, Iyanna JACKSON, Ayesha JARRETT	#2	UDC	4:00.14	4/8
2	Antonette POMMELLS, Jenna PILLER, Samantha LATORRE, Alaysia COBB-ROUNTREE	#4	Molloy	4:09.52	4/22
3	Khareena PRIMUS, Fatima MORROBEL, Jacklyn DIEL, Hayley MATTHEWS	#6	Queens (N.Y.)	4:21.15	4/2
4	Tsianna BARNWELL, Lexie HILLMAN, Lainie SMITH, Sevilla GROEBE	#7	D'Youville	4:25.98	4/14
5	Skylar MORENO, Isabella FARINO-ESPOSITO, Ciara DURCAN, Ciara DOYLE	#5	St. Thomas Aqu	4:29.55	4/8

Women's High Jump

1	59 Jazmine SEVERO	#8	Staten Island	1.62m	5-3¾	4/1
2	Zoe SHAW	#2	UDC	1.55m	5-1	3/31
3	Sydney TAYLOR	#3	Daemen	1.52m	4-11¾	4/14
4	Faith ROUSSEAU	#4	Molloy	1.50m	4-11	3/31
5	Kelly LUCAS	#7	D'Youville	1.47m	4-9¾	4/14
6	Angelina NATALE	#3	Daemen	1.42m	4-7¾	4/14
6	Nicole GYSIN	#5	St. Thomas Aqu	1.42m	4-7¾	4/21
8	Kensley BENJAMIN	#2	UDC	1.35m	4-5	4/22
9	Morgan SPROULL	#1	Roberts Wesleyā	1.29m	4-2¾	4/14

Women's Pole Vault

1	Annalise GRANT	#1	Roberts Wesleyā	2.50m	8-2½	4/14
2	Nicole GYSIN	#5	St. Thomas Aqu	2.35m	7-8½	4/21

Women's Long Jump

1	Kayla COOPER	#2	UDC	5.33m	17-6 (-0.5)	4/8
2	Alyssa AMIRATO	#3	Daemen	5.23m	17-2 (0.0)	4/14
3	Bianca HILTZ	#6	Queens (N.Y.)	5.20m	17-¾ (0.3)	4/2
4	Zoe SHAW	#2	UDC	5.00m	16-5 (0.0)	4/8
5	Guerlourde ESTABINE	#5	St. Thomas Aqu	4.80mw	15-9 (2.6)	3/17
6	Rebecca SHULTZ	#3	Daemen	4.75m	15-7 (-1.3)	4/22
6	Nicole GYSIN	#5	St. Thomas Aqu	4.75mw	15-7 (2.1)	3/17
8	Angelina NATALE	#3	Daemen	4.65m	15-3¼ (-0)	4/22
9	Kensley BENJAMIN	#2	UDC	4.57m	15-0 (0.0)	4/22
10	Sydney TAYLOR	#3	Daemen	4.49m	14-8¾ (0.0)	4/22



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Women's Triple Jump

1	Zoe SHAW	#2	UDC	11.16m	36-7½ (0.0)	4/15
2	Alyssa AMIRATO	#3	Daemen	11.01m	36-1½ (1.4)	4/14
3	Bianca HILTZ	#6	Queens (N.Y.)	10.65m	34-11¼ (1.)	4/2
4	Nicole GYSIN	#5	St. Thomas Aqu	10.58m	34-8½ (1.6)	4/21
5	Rebecca SHULTZ	#3	Daemen	10.25m	33-7½ (-1.)	4/8
6	Skylar MORENO	#5	St. Thomas Aqu	9.60m	31-6 (3.6)	3/17
7	Angelina NATALE	#3	Daemen	9.49m	31-1¾ (0.0)	4/14
8	Samantha FRISBEE	#5	St. Thomas Aqu	9.11m	29-10¾ (0.)	4/21

Women's Shot Put

1	Moriah MILLS	#1	Roberts Wesleya	11.63m	38-2	4/8
2	Kendra WILLIAMS	#2	UDC	11.34m	37-2½	4/22
3	Skylar POINTER	#8	Staten Island	10.94m	35-10¾	4/21
4	Emmanuela KOUAMI- KATOU	#2	UDC	10.82m	35-6	3/31
5	Guerlourde ESTABINE	#5	St. Thomas Aqu	10.38m	34-¾	4/21
6	Aryanna FINKELSTEIN	#8	Staten Island	9.95m	32-7¾	4/21
6	Faith ROUSSEAU	#4	Molloy	9.95m	32-7¾	4/8
8	Danaea JEFFERS	#1	Roberts Wesleya	9.62m	31-6¾	4/2
9	Elizabeth BENTLEY	#3	Daemen	9.52m	31-2¾	4/22
10	Skye DORCELY	#3	Daemen	9.41m	30-10½	4/22

Women's Discus

1	Emmanuela KOUAMI- KATOU	#2	UDC	37.44m	122-10	3/31
2	Moriah MILLS	#1	Roberts Wesleya	34.82m	114-3	4/14
3	Danaea JEFFERS	#1	Roberts Wesleya	32.49m	106-7	4/14
4	Ava THOMPSON	#8	Staten Island	31.84m	104-6	4/21
5	Kendra WILLIAMS	#2	UDC	30.85m	101-3	4/8
6	Samantha KABEL	#3	Daemen	30.82m	101-2	4/8
7	Alex KRAUSE	#5	St. Thomas Aqu	29.57m	97-¼	4/21
8	Paige WATKINS	#1	Roberts Wesleya	29.23m	95-10¾	4/14
9	Jessica KOWLASKI	#1	Roberts Wesleya	27.04m	88-8¾	4/8
10	Courtney ASHLINE	#1	Roberts Wesleya	26.86m	88-1½	4/14

Women's Hammer

1	Emmanuela KOUAMI- KATOU	#2	UDC	44.57m	146-3	4/15
2	Elizabeth BENTLEY	#3	Daemen	38.66m	126-10	4/14
3	Tima ABDELLATIF	#3	Daemen	38.35m	125-10	4/14
4	Alex KRAUSE	#5	St. Thomas Aqu	36.38m	119-4	4/21
5	Moriah MILLS	#1	Roberts Wesleya	34.94m	114-8	4/14
6	Skylar POINTER	#8	Staten Island	34.34m	112-8	4/15
7	Courtney ASHLINE	#1	Roberts Wesleya	34.20m	112-3	4/14
8	Samantha KABEL	#3	Daemen	33.66m	110-5	4/14
9	Skye DORCELY	#3	Daemen	33.42m	109-8	4/22
10	Danaea JEFFERS	#1	Roberts Wesleya	33.34m	109-5	4/2

Women's Javelin

1	Faith ROUSSEAU	#4	Molloy	34.22m	112-3	3/31
2	Madelyn MCMATH	#6	Queens (N.Y.)	31.54m	103-6	4/8
3	Samantha KABEL	#3	Daemen	24.20m	79-4¾	4/8
4	Kelly LUCAS	#7	D'Youville	23.91m	78-5½	4/14
5	Megan MURPHY	#5	St. Thomas Aqu	23.13m	75-10¾	4/21
6	Danaea JEFFERS	#1	Roberts Wesleya	22.86m	75-0	4/14
7	Elizabeth BENTLEY	#3	Daemen	22.65m	74-3¾	4/8
8	Courtney ASHLINE	#1	Roberts Wesleya	22.50m	73-10	4/21
9	Moriah MILLS	#1	Roberts Wesleya	21.65m	71-½	4/2
10	Kendra WILLIAMS	#2	UDC	20.23m	66-4½	4/8

Women's Heptathlon

1	Morgan SPROULL	#1	Roberts Wesleya	2,193	4/14
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GAC

Women's 100 Meters

1	51	Olivia TATE	#1	Oklahoma Bapti	11.86	(1.7)	3/24
2	56	Shackera DOUGLAS	#4	Northwestern O	11.89cw	(11.86A) (2)	4/6
3		Brianna BRANTLEY	#4	Northwestern O	12.10cw	(12.07A) (2)	4/6
4		Briana JOHNSON	#2	Harding	12.13	(0.0)	4/15
5		Debbie OLALERE	#4	Northwestern O	12.16cw	(12.13A) (2)	4/22
6		Carissa BURNS	#8	Southern Nazare	12.18w	(2.4)	4/21
7		Kamrin HOOKS	#3	Southern Arkan	12.27	(1.6)	3/25
8		Sa'Moriya WALKER	#3	Southern Arkan	12.32w	(3.7)	4/13
9		Deuna MILLER	#9	Southwestern O	12.34w	(2.8)	3/24
10		Diamond HILTON	#4	Northwestern O	12.37cw	(12.34A) (2)	4/22

Women's 100 Meter Hurdles

1	50	Tahlor BROWN	#1	Oklahoma Bapti	14.48w	(3.6)	4/7
2	60	Cella NGUEMA	#2	Harding	14.54	(-0.1)	4/20
3	72	Elisabeth JONES	#1	Oklahoma Bapti	14.65	(1.0)	4/21
4	82	Mary MCKEY	#1	Oklahoma Bapti	14.72w	(3.6)	4/7
5	92	Rozlyne MANOR	#3	Southern Arkan	14.79w	(2.4)	4/13
5	92	Kaliyah THOMPSON	#3	Southern Arkan	14.79w	(2.4)	4/13
7		Machala HENGEN	#4	Northwestern O	14.85c	(14.81A) (1)	4/6
8		Tiffany WILEY	#3	Southern Arkan	14.89w	(2.4)	4/13
9		Kamdyn MOODY	#1	Oklahoma Bapti	14.99w	(3.5)	3/24
10		Kyndall HICKS	#1	Oklahoma Bapti	15.03	(0.1)	4/14

Women's 200 Meters

1	22	Olivia TATE	#1	Oklahoma Bapti P	23.97w	(2.7)	3/30
2	54	Jordan COLLINS	#3	Southern Arkan	24.36w	(2.6)	4/13
3		Kamrin HOOKS	#3	Southern Arkan	24.96	(-1.2)	4/13
4		Briana JOHNSON	#2	Harding	25.01	(0.4)	4/15
5		Shackera DOUGLAS	#4	Northwestern O	25.38cw	(25.31A) (2)	4/6
6		Carissa BURNS	#8	Southern Nazare	25.45	(0.8)	4/21
7		Brianna BRANTLEY	#4	Northwestern O	25.55cw	(25.48A) (2)	4/6
8		Tiffany WILEY	#3	Southern Arkan	25.61w	(3.2)	4/6
9		Jenna AKINS	#2	Harding	25.66w	(2.6)	3/17
10		Charisma LACY-RAYE	#7	Southeastern Ol	25.69	(1.6)	3/24
10		Amore ARMSTRONG	#7	Southeastern Ol	25.69	(1.6)	3/24

Women's 400 Meters

1		Jordan COLLINS	#3	Southern Arkan	57.65		4/6
2		Kimberly MCKINNEY	#1	Oklahoma Bapti	57.77		4/14
3		Delaney RIEKERT	#1	Oklahoma Bapti	58.44		3/24
4		Kamrin HOOKS	#3	Southern Arkan	58.74		4/6
5		Lisa RETAILLEAU	#2	Harding	58.89		4/6
6		Abriel THRASH	#8	Southern Nazare	59.08		4/21
7		Kylie HALL	#2	Harding	59.33		4/15
8		Tavonyia LACY	#4	Northwestern O	59.66c	(59.55A)	4/6
9		Amore ARMSTRONG	#7	Southeastern Ol	59.69		3/24
10		Shakira LANE	#4	Northwestern O	1:00.06		3/23

Women's 400 Meter Hurdles

1	12	Mary MCKEY	#1	Oklahoma Bapti P	1:00.83		4/14
2	25	Lisa RETAILLEAU	#2	Harding	1:01.92	P	3/29
3	27	Tahlor BROWN	#1	Oklahoma Bapti P	1:02.00		4/14
4	55	Elisabeth JONES	#1	Oklahoma Bapti	1:03.62		4/21
5	79	Lauren SHELL	#2	Harding	1:04.31		4/6
6		Zoe WEAVER	#1	Oklahoma Bapti	1:05.27		3/30
7		Rozlyne MANOR	#3	Southern Arkan	1:05.63		4/6
8		Makensi GREENWOOD	#7	Southeastern Ol	1:06.66		4/14
9		Kaliyah THOMPSON	#3	Southern Arkan	1:06.92		4/13
10		Ashlynn LANE	#3	Southern Arkan	1:07.58		4/13

Women's 800 Meters

1	1E+0:	Kaia BIEKER	#2	Harding	2:15.15		3/24
2		Zoe WEAVER	#1	Oklahoma Bapti	2:18.87		3/30
3		Kaylen KING	#1	Oklahoma Bapti	2:19.56		4/21
4		Jaci MCGREGOR	#5	Ouachita Baptis	2:19.63		4/6
5		Madalyn HARPER	#8	Southern Nazare	2:20.08		3/24
6		Briana HALL	#2	Harding	2:21.41		4/21
7		Ashlynn HECHT	#5	Ouachita Baptis	2:21.79		3/30
8		Dinah WINDERS	#2	Harding	2:21.90		4/21
9		Felicity WEST	#6	Arkansas Tech	2:22.13		4/20
10		Audrey HILL	#6	Arkansas Tech	2:22.39		4/6

Women's 1500 Meters

1		Kayla MCGRUDER	#1	Oklahoma Bapti	4:39.48		4/13
2		Marcie CUDWORTH	#6	Arkansas Tech	4:41.19		4/6
3		Macie CASH	#5	Ouachita Baptis	4:43.09		4/21
4		Kate NACHTIGAL	#5	Ouachita Baptis	4:43.57		4/21
5		Dinah WINDERS	#2	Harding	4:44.29		4/21
6		Sophia STRANGE	#1	Oklahoma Bapti	4:45.63		4/21
7		Morganne BROWNING	#6	Arkansas Tech	4:45.69		4/6
8		Jaci MCGREGOR	#5	Ouachita Baptis	4:46.16		4/21
9		Madalyn HARPER	#8	Southern Nazare	4:46.52		4/7
10		Abby ELCAN	#5	Ouachita Baptis	4:47.03		3/30

Women's Steeplechase

1	31	Kayla MCGRUDER	#1	Oklahoma Bapti	11:03.47		4/13
2	48	Morganne BROWNING	#6	Arkansas Tech	11:19.46		4/14
3	53	Macie CASH	#5	Ouachita Baptis	11:21.94		3/30
4	66	Kate NACHTIGAL	#5	Ouachita Baptis	11:31.15		4/13
5	68	Elise KNIGHT	#5	Ouachita Baptis	11:31.99		3/10
6	80	Logan WARREN	#3	Southern Arkan	11:35.60		4/13
7	97	Avery STANLEY	#6	Arkansas Tech	11:45.01		3/10
8		Mandy SYKORA	#6	Arkansas Tech	11:47.27		4/20
9		Alyzah MCGLOSSON	#3	Southern Arkan	11:50.17		3/17
10		Calli BESHORE	#6	Arkansas Tech	11:53.73		3/24



Conference TFRI Event Summary

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GAC

Women's 5000 Meters

1	64	Sophia STRANGE	#1	Oklahoma Bapti	17:15.77	3/24
2	93	Marcie CUDWORTH	#6	Arkansas Tech	17:28.67	4/14
3		Ashlynn MAYS	#6	Arkansas Tech	17:47.32	3/17
4		Nieves MEGIAS	#2	Harding	17:51.31	3/17
5		Mackenzie EPPERSON	#6	Arkansas Tech	17:51.48	3/17
6		Mackenzie DAVIS	#5	Ouachita Baptis	17:52.72	3/10
7		Taylor KOETH	#5	Ouachita Baptis	17:58.80	3/24
8		Kayla MCGRUDER	#1	Oklahoma Bapti	18:07.50	4/21
9		Naomy LIMATUKEI	#10	East Central (Ok	18:09.32	3/10
10		Abigail KEMBOI	#10	East Central (Ok	18:10.18	4/7

Women's 10,000 Meters

1	34	Sophia STRANGE	#1	Oklahoma Bapti P	35:44.48	4/13
2	62	Ashlynn MAYS	#6	Arkansas Tech	36:54.24	3/24
3	65	Marcie CUDWORTH	#6	Arkansas Tech	36:57.38	3/24
4	69	Taylor KOETH	#5	Ouachita Baptis	37:05.97	4/13
5	81	Nieves MEGIAS	#2	Harding	37:27.05	4/7
6		Mackenzie EPPERSON	#6	Arkansas Tech	38:19.13	3/24
7		Libby BOOTH	#6	Arkansas Tech	38:29.21	3/24
8		Olivia LYNCH	#1	Oklahoma Bapti	38:49.93	4/7
9		Jade ROBINSON	#1	Oklahoma Bapti	39:17.01	4/7
10		Kylie PHILLIPS	#2	Harding	39:40.46	4/7

Women's 4x100 Relay

1	22	Anisha HENDERSON, Olivia TATE, Tahlor BROWN, Mary MCKEY	#1	Oklahoma Bapti P	46.61	3/24
2	35	Tylaa BERRY, Kamrin HOOKS, Jordan COLLINS, Sa'Moriya WALKER	#3	Southern Arkan	47.00	4/13
3	63	Darriane THOMPSON, Brianna BRANTLEY, Shackera DOUGLAS, Riley MIDGETT	#4	Northwestern O	47.74c (47.62A)	4/6
4	94	Briana JOHNSON, Kylie HALL, Sarah GAUTREAUX, Cella NGUEMA	#2	Harding	48.44	4/15
5		Nyla DAWES, Madison ROWE, Amore ARMSTRONG, Charisma LACY-RAYE	#7	Southeastern Ol	50.32	4/21
6		Karis MARTIN, Alexis PERRY, Reyna ROGERS, Rebekah WENDT	#5	Ouachita Baptis	50.80	4/14

Women's 4x400 Relay

1	35	Tahlor BROWN, Kimberly MCKINNEY, Olivia TATE, Mary MCKEY	#1	Oklahoma Bapti	3:51.22	4/7
2	67	Jordan COLLINS, Rozlyne MANOR, Kamrin HOOKS, Jordan WALKER	#3	Southern Arkan	3:57.80	4/13
3	96	Lauren SHELL, Jayden ELLERMAN, Kylie HALL, Lisa RETAILLEAU	#2	Harding	4:02.77	4/6
4		Shackera DOUGLAS, Riley MIDGETT, Brianna BRANTLEY, Darriane THOMPSON	#4	Northwestern O	4:03.64c (4:03.20A)	4/6
5		Amore ARMSTRONG, Kaitlyn CEDILLO, Makensi GREENWOOD, Madison ROWE	#7	Southeastern Ol	4:03.93	4/21
6		Alexis PERRY, Rebekah WENDT, Ashley DILLMAN, Jaci MCGREGOR	#5	Ouachita Baptis	4:06.45	3/30
7		Abriel THRASH, Madalyn HARPER, Carissa BURNS, Lyric HENRY	#8	Southern Nazari	4:09.86	4/7
8		Aynslee DUFFY, Caroline WHITEFIELD, Madison RADKE, Delaney YORK	#9	Southwestern O	4:22.99	3/24

Women's High Jump

1	19	Kiera BLANKINSHIP	#2	Harding	1.67m	5-5¾	4/15
2	50	Jamora HORACE	#1	Oklahoma Bapti	1.63m	5-4¼	3/24
2	50	Alexis MATLOCK	#3	Southern Arkan	1.63m	5-4¼	3/25
4	59	Brylan WILLIAMS	#2	Harding	1.62m	5-3¾	4/15
5	75	Peyton FOSTER	#9	Southwestern O	1.60m	5-3	4/15
6		Mirakle BLACKSHIRE	#8	Southern Nazari	1.58m	5-2¼	4/15
6		Lauren SHELL	#2	Harding	1.58m	5-2¼	4/13
8		Kamdyn MOODY	#1	Oklahoma Bapti	1.56m	5-1¼	4/14
9		Takia ZACHARY	#4	Northwestern O	1.54m	5-½	4/22
10		KAYLYN COTNER	#10	East Central (Ok	1.53m	5-¼	4/21
10		Abriel THRASH	#8	Southern Nazari	1.53m	5-¼	4/14



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GAC

Women's Pole Vault

1	10	Sierra WHITE	#2	Harding	P	4.00m	13-1½	3/17
2	21	Emily JULIAN	#1	Oklahoma Bapti	P	3.85m	12-7½	3/24
3	30	Sarah GAUTREAUX	#2	Harding	P	3.79m	12-5¼	4/20
4	53	Karyna VEHNER	#2	Harding		3.63m	11-10¾	3/24
5	76	Kendalyn STUEVE	#1	Oklahoma Bapti		3.50m	11-5¾	4/7
6		Payton HUFFORD	#1	Oklahoma Bapti		3.35m	10-11¾	3/24
6		Maya SULLIVAN	#1	Oklahoma Bapti		3.35m	10-11¾	3/24
8		Emilee BATES	#3	Southern Arkan		3.20m	10-6	4/21
8		Lindsey PARKER	#2	Harding		3.20m	10-6	3/17
10		Hailey SUTTON	#3	Southern Arkan		3.10m	10-2	4/13

Women's Long Jump

1	21	Anisha HENDERSON	#1	Oklahoma Bapti	P	6.02mw	19-9 (2.1)	3/30
2	22	Valerie NZEAKOR	#4	Northwestern O	P	6.00mwa	19-8¼ (3.6)	4/6
3	53	Diamond BRUNN	#3	Southern Arkan		5.70m	18-8½ (1.2)	4/13
4	75	Jenna AKINS	#2	Harding		5.59m	18-4¼ (1.5)	3/24
5		Karis MARTIN	#5	Ouachita Baptis		5.46mw	17-11 (2.6)	4/14
6		Elisabeth JONES	#1	Oklahoma Bapti		5.42m	17-9½ (-0.8)	4/21
7		Deuna MILLER	#9	Southwestern O		5.40m	17-8¾ (0.0)	3/24
8		Issah TRAYLOR	#3	Southern Arkan		5.35m	17-6¾ (1.6)	4/13
9		Aja JOHNSON	#4	Northwestern O		5.28mwa	17-4 (2.8)	4/6
10		Lauren SHELL	#2	Harding		5.27mw	17-3½ (2.4)	3/17

Women's Triple Jump

1	12	Karyna VEHNER	#2	Harding	P	12.27m	40-3¼ (1.8)	4/15
2	23	Mariah MILLER	#2	Harding	P	12.09m	39-8 (1.3)	4/20
3	94	Issah TRAYLOR	#3	Southern Arkan		11.29m	37-½ (1.5)	4/21
4	99	Anisha HENDERSON	#1	Oklahoma Bapti		11.26mw	36-11½ (2.0)	4/7
4	99	Breyonna STEWARD	#3	Southern Arkan		11.26mw	36-11½ (2.0)	4/6
6		Diamond BRUNN	#3	Southern Arkan		11.22m	36-9¾ (0.0)	3/4
7		Jamora HORACE	#1	Oklahoma Bapti		10.84m	35-6¾ (0.0)	4/21
8		Maryam DIANKA	#4	Northwestern O		10.80m	35-5¼ (1.1)	3/23
9		Ladashery BELL	#4	Northwestern O		10.79mwa	35-4¾ (3.5)	4/6
10		Saanaa FIELDS	#3	Southern Arkan		10.76m	35-3¾ (1.7)	4/13

Women's Shot Put

1	40	Samantha WALLIS	#7	Southeastern Ol		13.36m	43-10	4/14
2	50	Iriyanna WILSON	#3	Southern Arkan		13.22m	43-4½	4/6
3	67	Kailyn THOMAS	#3	Southern Arkan		12.99m	42-7½	3/25
4	74	Flora DUPANS	#1	Oklahoma Bapti		12.92m	42-4¾	4/21
5		Marleigh WEST	#9	Southwestern O		12.24m	40-2	4/15
6		Jessica KERN	#9	Southwestern O		12.20m	40-½	4/15
7		Cooper MONN	#2	Harding		12.15m	39-10½	3/17
8		Kaylee HAUSAM	#2	Harding		12.10m	39-8½	4/6
9		Anna-Kay CLARK	#2	Harding		11.83m	38-9¾	4/6
10		Hannah APPLETON	#4	Northwestern O		11.70mA	38-4¾	4/22

Women's Discus

1	4	Jade BYRD	#1	Oklahoma Bapti	P	49.93m	163-10	4/21
2	10	Flora DUPANS	#1	Oklahoma Bapti	P	48.06m	157-8	4/21
3	44	Kailyn THOMAS	#3	Southern Arkan		43.48m	142-8	4/13
4	65	Madison HITESHEW	#2	Harding		42.32m	138-10	4/21
5	88	Kaylee HAUSAM	#2	Harding		41.33m	135-7	4/21
6		Cooper MONN	#2	Harding		39.59m	129-11	3/17
7		Kelsey SWINDLE	#4	Northwestern O		39.19mA	128-7	4/6
8		Iriyanna WILSON	#3	Southern Arkan		38.97m	127-10	4/6
9		Hannah APPLETON	#4	Northwestern O		38.51mA	126-4	4/22
10		Marleigh WEST	#9	Southwestern O		37.78m	124-0	4/15

Women's Hammer

1	45	Kailyn THOMAS	#3	Southern Arkan		51.15m	167-10	3/25
2	95	Iriyanna WILSON	#3	Southern Arkan		47.40m	155-6	3/17
3		Cooper MONN	#2	Harding		44.55m	146-2	4/6
4		Jade BYRD	#1	Oklahoma Bapti		43.89m	144-0	4/21
5		Caitlin MANNON	#1	Oklahoma Bapti		43.68m	143-4	4/21
6		Madison HITESHEW	#2	Harding		42.38m	139-1	3/17
7		Kelsey SWINDLE	#4	Northwestern O		42.13m	138-3	3/30
8		Kaylee HAUSAM	#2	Harding		40.37m	132-6	3/17
9		Makayla PLUMMER	#3	Southern Arkan		38.61m	126-8	3/25
10		Spencer VAN DYKE	#2	Harding		37.12m	121-10	3/17

Women's Javelin

1	6	Anna-Kay CLARK	#2	Harding	P	45.90m	150-7	3/17
2	65	Meghan MCELROY	#2	Harding		38.90m	127-8	3/17
3	98	Cooper MONN	#2	Harding		36.54m	119-11	4/6
4		Sydney SOTO	#2	Harding		35.88m	117-9	4/6
5		Samantha WALLIS	#7	Southeastern Ol		35.49m	116-5	4/14
6		Abriel THRASH	#8	Southern Nazari		34.07m	111-10	4/21
7		Zoe WEAVER	#1	Oklahoma Bapti		33.42m	109-8	3/24
8		Lauren SHELL	#2	Harding		32.20m	105-8	3/17
9		Malori PLETCHER	#7	Southeastern Ol		32.13m	105-5	4/21
10		Avery DEMPSEY	#4	Northwestern O		31.82mA	104-5	4/22

Women's Heptathlon

1	26	Lauren SHELL	#2	Harding	P	4,600		4/13
2	35	Kamdyn MOODY	#1	Oklahoma Bapti		4,322		4/14
3	38	Anaya ERVIN	#3	Southern Arkan		4,301		4/13
4	39	Abriel THRASH	#8	Southern Nazari		4,293		4/14
5	51	Zoe WEAVER	#1	Oklahoma Bapti		4,165		3/24
6	55	Elisabeth JONES	#1	Oklahoma Bapti		4,146		3/24
7		Gina WILSON	#4	Northwestern O		3,627A		4/6
8		Nizhoni THOMPSON	#2	Harding		3,471		4/13
9		Ariana MORRIS	#3	Southern Arkan		2,781		4/13
10		Kate FOSTER	#4	Northwestern O		2,545		3/30



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GLIAC

Women's 100 Meters

1	74	Makayla SUMRALL	#2	Wayne State (Mi	11.98	(0.7)	3/30
2	95	Kate ZANG	#1	Grand Valley Sta	12.05	(1.5)	4/21
3		Angelina DELBOSQUE	#3	Saginaw Valley †	12.08	(1.0)	4/12
4		Melia WILLIAMS	#1	Grand Valley Sta	12.13	(1.6)	4/13
5		Angelica FLOYD	#1	Grand Valley Sta	12.19	(1.5)	4/21
6		Julia TUURI	#5	Davenport (Mich	12.39	(1.5)	4/21
7		Timia ROBINSON	#1	Grand Valley Sta	12.43	(1.5)	4/21
8		Rachel BLASKOWSKI	#6	UW-Parkside	12.50	(1.7)	4/12
9		Victoria LENDAL	#6	UW-Parkside	12.51	(-1.7)	3/23
10		Elyse MILLER	#2	Wayne State (Mi	12.52	(1.5)	4/8

Women's 100 Meter Hurdles

1	5	Cheyenne WILLIAMSON	#3	Saginaw Valley † P	13.67	(1.1)	4/13
2	22	Brooke BARKOCY	#1	Grand Valley Sta P	14.12	(1.9)	4/21
3	26	Cassie CAMPBELL	#3	Saginaw Valley † P	14.13	(0.6)	4/12
4	31	Crystal WALKER	#4	Northern Michig	14.27w	(2.5)	4/8
5	78	Ellyse WOLFRATH	#4	Northern Michig	14.68	(1.1)	4/8
6		Hanna SCHROEDER	#3	Saginaw Valley †	14.89	(1.6)	4/12
7		Annabelle SCHAFER	#5	Davenport (Mich	14.90	(1.9)	4/21
8		Kay-Lee MCSWAIN	#2	Wayne State (Mi	14.95w	(2.5)	4/8
9		Destini DORKINS	#1	Grand Valley Sta	15.21w	(3.2)	3/17
10		Kelsey LANDRA	#3	Saginaw Valley †	15.62	(1.3)	4/13
10		Stacia RISPRESS	#5	Davenport (Mich	15.62	(1.9)	4/21

Women's 200 Meters

1	49	Cheyenne WILLIAMSON	#3	Saginaw Valley † P	24.32	(0.5)	4/13
2	67	Kate ZANG	#1	Grand Valley Sta	24.49w	(3.0)	4/13
3		Angelina DELBOSQUE	#3	Saginaw Valley †	24.89w	(3.3)	4/13
4		Makayla SUMRALL	#2	Wayne State (Mi	24.90	(0.3)	3/30
5		Melia WILLIAMS	#1	Grand Valley Sta	24.99w	(3.2)	4/13
6		Julia TUURI	#5	Davenport (Mich	25.21	(1.8)	4/13
7		Timia ROBINSON	#1	Grand Valley Sta	25.66w	(2.5)	4/21
8		Rachel BLASKOWSKI	#6	UW-Parkside	25.75	(0.4)	3/23
9		Ashley PLUM	#8	Michigan Tech	25.78	(0.9)	4/21
10		Elyse MILLER	#2	Wayne State (Mi	25.89	(1.1)	4/8

Women's 400 Meters

1	56	Kate ZANG	#1	Grand Valley Sta	56.30		3/30
2		Avery WILSON	#2	Wayne State (Mi	57.42		3/30
3		Scout NELSON	#5	Davenport (Mich	57.95		4/21
4		Renae KUTCHA	#2	Wayne State (Mi	58.03		4/20
5		Da'Ja JONES	#7	Purdue Northwe	59.04		4/21
6		Sonja MITROVIC	#6	UW-Parkside	59.51		4/15
7		Ashtyn GLUCK	#1	Grand Valley Sta	1:00.07		4/8
8		Jerralee TESTA	#7	Purdue Northwe	1:00.19		3/24
9		Elyse MILLER	#2	Wayne State (Mi	1:00.21		4/20
10		Ciara OSTRENGA	#4	Northern Michig	1:00.42		4/14

Women's 400 Meter Hurdles

1	32	Cassie CAMPBELL	#3	Saginaw Valley †	1:02.63		4/13
2	60	Ahna LARSON	#4	Northern Michig	1:03.71		4/20
3	65	Brooke BARKOCY	#1	Grand Valley Sta	1:03.80		3/29
4	80	Makenzie WELLNER	#2	Wayne State (Mi	1:04.32		4/20
5	92	Jerralee TESTA	#7	Purdue Northwe	1:04.75		4/13
6	94	Akirah VENERABLE	#4	Northern Michig	1:04.89		4/20
7	95	Nyah TYRON	#9	Ferris State	1:04.92		4/21
8		Grace MILDICE	#6	UW-Parkside	1:05.43		4/15
9		Makayla FUERST	#3	Saginaw Valley †	1:05.93		3/31
10		Sydney ROMPS	#4	Northern Michig	1:06.89		4/20

Women's 800 Meters

1	3	Taryn CHAPKO	#1	Grand Valley Sta P	2:07.64		4/13
2	21	Jesse JACOBUSSE	#8	Michigan Tech	2:10.39		4/21
3	33	Katja BAUERLE	#6	UW-Parkside	2:11.20		4/13
4	38	Klaudia O'MALLEY	#1	Grand Valley Sta P	2:11.49		3/23
5	40	Maria MITCHELL	#1	Grand Valley Sta P	2:11.76		3/23
6	43	Lauren BUCKNER	#3	Saginaw Valley † P	2:11.87		4/8
7	53	Erin DORN	#5	Davenport (Mich	2:12.90		4/13
8	84	Emily GORDON	#2	Wayne State (Mi	2:14.20		3/30
9	86	Karissa PICARD	#3	Saginaw Valley †	2:14.33		4/13
9	86	Sydney NESBITT	#1	Grand Valley Sta	2:14.33		3/23

Women's 1500 Meters

1	3	Klaudia O'MALLEY	#1	Grand Valley Sta P	4:19.43		3/23
2	6	Taryn CHAPKO	#1	Grand Valley Sta P	4:21.82		4/13
3	13	Kayce RYPMA	#1	Grand Valley Sta P	4:26.12		4/13
4	21	Katja BAUERLE	#6	UW-Parkside	4:28.02		4/13
5	22	Lauren BUCKNER	#3	Saginaw Valley † P	4:28.47		4/21
6	24	Maria MITCHELL	#1	Grand Valley Sta P	4:28.62		4/13
7	43	Alexa KEISER	#3	Saginaw Valley † P	4:31.31		4/13
8	87	Madi SZYMANSKI	#4	Northern Michig	4:37.10		4/20
9	88	Gianna HOVING	#4	Northern Michig	4:37.42		4/20
10	99	Emily GORDON	#2	Wayne State (Mi	4:38.32		4/20

Women's Steeplechase

1	8	Kayce RYPMA	#1	Grand Valley Sta P	10:23.95		4/13
2	9	Natalie GRABER	#1	Grand Valley Sta P	10:24.54		3/23
3	13	Maria MITCHELL	#1	Grand Valley Sta P	10:31.68		4/13
4	21	Alexa KEISER	#3	Saginaw Valley † P	10:47.63		4/13
5	23	Ella BARYO	#5	Davenport (Mich P	10:49.95		4/21
6	24	Jordyn HOPGOOD	#1	Grand Valley Sta P	10:51.04		4/21
7	25	Landyn HOWELL	#1	Grand Valley Sta P	10:56.93		4/13
8	29	Thailyia CHRISTENSEN	#2	Wayne State (Mi	11:02.81		4/14
9	40	Ella RONDEAU	#6	UW-Parkside	11:13.15		4/13
10	41	Paige MCALOON	#1	Grand Valley Sta	11:14.31		4/21



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GLIAC

Women's 5000 Meters

1	2	Klaudia O'MALLEY	#1	Grand Valley Sta P	16:07.63	4/13
2	5	Natalie GRABER	#1	Grand Valley Sta P	16:08.27	4/13
3	8	Lauren KILEY	#1	Grand Valley Sta P	16:17.29	4/13
4	40	Sarah MAY	#1	Grand Valley Sta P	16:58.63	4/13
5	56	Grace PAGONE	#1	Grand Valley Sta	17:09.88	3/23
6		Madison EBRIGHT	#1	Grand Valley Sta	17:30.20	3/23
7		Charlene YAREMA	#2	Wayne State (Mi	17:31.14	4/14
8		Emma EVERHART-DECKARD	#1	Grand Valley Sta	17:33.09	3/23
9		Reagan JUSTICE	#2	Wayne State (Mi	17:34.49	3/23
10		Christina SHAGINAW	#7	Purdue Northwe	17:42.59	4/21

Women's 10,000 Meters

1	22	Grace PAGONE	#1	Grand Valley Sta P	35:13.21	4/13
2	29	Madison EBRIGHT	#1	Grand Valley Sta P	35:25.68	4/13
3	35	Emma EVERHART-DECKARD	#1	Grand Valley Sta P	35:44.77	4/13
4	44	Michelle BOLLINI	#8	Michigan Tech P	36:07.85	4/21
5	53	Reagan JUSTICE	#2	Wayne State (Mi P	36:25.36	4/14
6	56	Lynsey AMTHOR	#3	Saginaw Valley	36:34.25	4/13
7	74	Hannah LOUGHLIN	#8	Michigan Tech	37:17.94	4/21
8		Skylar GRUBB	#4	Northern Michig	38:14.87	4/14
9		Christina SHAGINAW	#7	Purdue Northwe	38:38.89	3/31
10		Meghan LANGWORTHY	#4	Northern Michig	39:23.84	4/14

Women's 4x100 Relay

1	28	Angelica FLOYD, Melia WILLIAMS, Timia ROBINSON, Kate ZANG	#1	Grand Valley Sta P	46.71	4/13
2	74	Elyse MILLER, Makayla SUMRALL, Avery WILSON, Mikaela OWEN	#2	Wayne State (Mi	47.99	4/20
3	77	Ellyse WOLFRATH, Akirah VENERABLE, Jahtiyva WILLIAMS, Crystal WALKER	#4	Northern Michig	48.02	4/20
4	79	Autumn MORRIS, Angelina DELBOSQUE, Cassie CAMPBELL, Taylor MOYER	#3	Saginaw Valley	48.03	4/20
5		Julia TUURI, Leialani AKALAONU, Shantynae ATWATER, Mya STACZEK	#5	Davenport (Mich	48.84	4/13
6		Arianah CARROLL, Emily ELFORD, Victoria LENDAL, Rachel BLASKOWSKI	#6	UW-Parkside	49.75	4/22
7		Lindsey TONELLO, Breanyl BAKER, Sofia SALAZAR, Jayda WILLIAMS	#10	Lake Superior St	50.39	3/31

Women's 4x400 Relay

1	19	Elyse MILLER, Renae KUTCHA, Avery WILSON, Makenzie WELLNER	#2	Wayne State (Mi P	3:48.25	3/30
2	56	Kate ZANG, Brooke BARKOCY, Ashtyn GLUCK, Melia WILLIAMS	#1	Grand Valley Sta	3:56.05	3/29
3	94	Sydney ROMPS, Ahna LARSON, Beverly HARPER, Ciara OSTRENGA	#4	Northern Michig	4:02.69	4/20
4		Scout NELSON, Erin DORN, Shantynae ATWATER, Aislyn SHANNON	#5	Davenport (Mich	4:05.53	4/13
5		Nyah TYRON, Makayla ROBERTS, Daisy ENGLUND, Danae FELDPAUSCH	#9	Ferris State	4:08.86	4/21
6		Jerralee TESTA, Da'Ja JONES, Morgan BARTLETT, Alaina SCHULTZE	#7	Purdue Northwe	4:09.21	3/24
7		Sonja MITROVIC, Grace MILDICE, Katja BAUERLE, Savannah WITTIG	#6	UW-Parkside	4:10.14	4/22
8		Jayda WILLIAMS, Sofia SALAZAR, Sydney KAPUSHINSKI, Kara MOSHER	#10	Lake Superior St	4:34.14	4/14

Women's High Jump

1	44	Cheyenne WILLIAMSON	#3	Saginaw Valley	1.64m	5-4½	4/13
2	59	Jenna DOYLE	#1	Grand Valley Sta	1.62m	5-3¾	4/21
3	75	Jamie HENDRICKSON	#8	Michigan Tech	1.60m	5-3	4/1
3	75	Lindsey STRUTZ	#1	Grand Valley Sta	1.60m	5-3	3/17
3	75	Jacqueline SMITH	#4	Northern Michig	1.60m	5-3	4/20
6		Alessia OLHAVA	#1	Grand Valley Sta	1.57m	5-1¾	4/21
7		Sydney CANGILLA	#1	Grand Valley Sta	1.55m	5-1	4/8
7		De'Yana FRANCO-DAYE	#7	Purdue Northwe	1.55m	5-1	4/13
7		Claudia WILKINSON	#9	Ferris State	1.55m	5-1	4/8
10		Deidre LORTON	#5	Davenport (Mich	1.54m	5-½	3/31
10		Teiolla HARVEY	#4	Northern Michig	1.54m	5-½	4/14



Conference TFRI Event Summary

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GLIAC

Women's Pole Vault

1	10	Kassidie STIMMEL	#1	Grand Valley Sta P	4.00m	13-1½	3/17
2	27	Sidney HEUGEL	#5	Davenport (Mich	3.80m	12-5½	3/31
3	32	Taylor DEHOMMEL	#1	Grand Valley Sta P	3.77m	12-4½	4/14
4	46	Kaylee KOCH	#1	Grand Valley Sta	3.65m	11-11¾	3/17
5	54	Miranda FIRARI	#1	Grand Valley Sta	3.62m	11-10½	4/21
6	56	Leah ROOT	#4	Northern Michig	3.60m	11-9¾	4/14
6	56	Anna SCHUELLER	#8	Michigan Tech	3.60m	11-9¾	4/1
6	56	Ellie ZIMMERMANN	#8	Michigan Tech	3.60m	11-9¾	4/1
9	76	Karlee NORTH	#1	Grand Valley Sta	3.50m	11-5¾	3/24
10		Riley LACY	#1	Grand Valley Sta	3.35m	10-11¾	3/24
10		Rebecca LANE	#4	Northern Michig	3.35m	10-11¾	4/8
10		Kelsey LOVERCHECK	#8	Michigan Tech	3.35m	10-11¾	4/8

Women's Long Jump

1	15	Cheyenne WILLIAMSON	#3	Saginaw Valley S P	6.07m	19-11 (0.0)	4/13
2	34	Crystal WALKER	#4	Northern Michig P	5.85m	19-2½ (1.4)	4/15
3	57	Rachel BLASKOWSKI	#6	UW-Parkside	5.69m	18-8 (0.9)	4/13
4		Mckenna ARMSTRONG	#6	UW-Parkside	5.50m	18-½ (0.0)	4/15
5		Mikayla WILLIAMS	#2	Wayne State (Mi	5.46m	17-11 (0.0)	4/20
6		Kiara SPATES	#7	Purdue Northwe	5.43m	17-9¾ (1.0)	4/14
7		Akirah VENERABLE	#4	Northern Michig	5.41m	17-9 (-0.7)	4/14
8		Victoria LENDAL	#6	UW-Parkside	5.40m	17-8¾ (0.8)	4/12
9		Mackenzie BRIGHAM	#5	Davenport (Mich	5.31m	17-5¼ (1.1)	4/8
10		Annabelle SCHAFER	#5	Davenport (Mich	5.29m	17-4¼ (0.8)	4/13

Women's Triple Jump

1	34	Mikayla WILLIAMS	#2	Wayne State (Mi	11.92m	39-1¼ (1.2)	4/20
2		Kiara SPATES	#7	Purdue Northwe	11.09m	36-4¾ (1.0)	4/13
3		Autumn MORRIS	#3	Saginaw Valley S	11.03m	36-2¼ (0.0)	3/24
4		Mackenzie BRIGHAM	#5	Davenport (Mich	11.02m	36-2 (-0.2)	4/21
4		Victoria LENDAL	#6	UW-Parkside	11.02m	36-2 (1.0)	3/23
6		Mckenna ARMSTRONG	#6	UW-Parkside	10.84m	35-6¾ (1.4)	3/31
7		Leah ROOT	#4	Northern Michig	10.74m	35-3 (-0.6)	4/15
8		Morgan WITZGALL	#2	Wayne State (Mi	10.48m	34-4¾ (0.0)	4/8
9		Reilly LOVERCHECK	#8	Michigan Tech	10.41m	34-2 (-0.4)	4/1
10		De'Yana FRANCO-DAYE	#7	Purdue Northwe	10.23m	33-6¾ (1.7)	4/13

Women's Shot Put

1	1	Emma RICHARDS	#1	Grand Valley Sta P	15.67m	51-5	4/21
2	18	Erika BEISTLE	#1	Grand Valley Sta P	14.34m	47-¾	4/14
3	48	Margaret STEVENSON	#1	Grand Valley Sta	13.23m	43-5	4/14
4	87	Alaina OMONODE	#1	Grand Valley Sta	12.68m	41-7¼	4/13
5		Lisa WANGLER	#5	Davenport (Mich	12.46m	40-10½	4/8
6		Katherine JARVIS	#8	Michigan Tech	12.45m	40-10¼	4/8
7		Izabella TAYLOR	#2	Wayne State (Mi	12.44m	40-9¾	3/30
8		Reette THORNS	#1	Grand Valley Sta	12.39m	40-7¾	4/13
9		MacKenzie RAMEY	#3	Saginaw Valley S	12.08m	39-7¾	3/24
10		Brianna COPLEY	#9	Ferris State	12.06m	39-6¾	4/14

Women's Discus

1	1	Erika BEISTLE	#1	Grand Valley Sta P	52.53m	172-4	4/14
2	2	Emma RICHARDS	#1	Grand Valley Sta P	51.74m	169-9	4/14
3	3	Margaret STEVENSON	#1	Grand Valley Sta P	50.48m	165-8	4/13
4	7	Kelsi HULIT	#1	Grand Valley Sta P	48.87m	160-4	3/24
5	48	Brianna COPLEY	#9	Ferris State	43.00m	141-1	4/21
6		Michelle BARNVOS	#6	UW-Parkside	39.07m	128-2	3/31
7		Allison RYDER	#5	Davenport (Mich	38.97m	127-10	4/8
8		Kaitlyn PICKERING	#7	Purdue Northwe	38.48m	126-3	4/13
9		MacKenzie RAMEY	#3	Saginaw Valley S	38.06m	124-11	4/8
10		Emma STEPHAYN	#9	Ferris State	38.05m	124-10	4/8

Women's Hammer

1	1	Judith ESSEMAH	#1	Grand Valley Sta P	63.57m	208-7	3/30
2	17	Shelby ULVEN	#1	Grand Valley Sta P	54.65m	179-4	4/21
3	24	Alaina OMONODE	#1	Grand Valley Sta P	53.30m	174-11	4/13
4	66	Lisa WANGLER	#5	Davenport (Mich	48.92m	160-6	4/13
5	72	MacKenzie RAMEY	#3	Saginaw Valley S	48.68m	159-9	4/12
6	90	Kaleigh FLOWERS	#2	Wayne State (Mi	47.76m	156-9	3/25
7	98	Emma STEPHAYN	#9	Ferris State	47.06m	154-5	4/21
8		MaKayla RAWLS	#2	Wayne State (Mi	46.81m	153-7	4/8
9		Izabella TAYLOR	#2	Wayne State (Mi	45.52m	149-4	4/20
10		Teanna MCCUAIG	#2	Wayne State (Mi	43.91m	144-1	4/20

Women's Javelin

1	4	Jenna FLEMING	#10	Lake Superior St P	45.95m	150-9	4/14
2	96	Lindsey STRUTZ	#1	Grand Valley Sta	36.87m	121-0	4/21
3		Annabelle SCHAFER	#5	Davenport (Mich	35.57m	116-9	4/13
4		Teiolla HARVEY	#4	Northern Michig	34.63m	113-8	4/8
5		Izabella TAYLOR	#2	Wayne State (Mi	32.75m	107-6	4/20
6		Teanna MCCUAIG	#2	Wayne State (Mi	31.65m	103-10	4/8
7		Cheyenne WILLIAMSON	#3	Saginaw Valley S	30.62m	100-6	4/13
8		Mckenna ARMSTRONG	#6	UW-Parkside	30.61m	100-5	4/22
9		Isabel DZIADZIO	#9	Ferris State	28.31m	92-10¾	3/31
10		De'Yana FRANCO-DAYE	#7	Purdue Northwe	27.12m	88-11¾	4/14

Women's Heptathlon

1	3	Cheyenne WILLIAMSON	#3	Saginaw Valley S P	5,595		4/13
2	57	Kelsey LANDRA	#3	Saginaw Valley S	4,099		4/13
3	1E+0	Annabelle SCHAFER	#5	Davenport (Mich	3,650		4/13



Conference TFRI Event Summary

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GLVC

Women's 100 Meters

1	25	Khristel MARTINDALE	#1	Lewis	P	11.68	(1.3)	4/13
2	41	Rose OGBULI	#1	Lewis	P	11.82	(0.9)	4/12
3		Hallie MONTGOMERY	#2	Indianapolis		12.18	(1.9)	4/20
3		Sarai BROWN	#3	Maryville (Mo.)		12.18w	(3.7)	3/31
5		Lorena ALANSO	#3	Maryville (Mo.)		12.21w	(2.5)	4/14
6		Faith WYMAN	#1	Lewis		12.25	(0.9)	4/7
7		Margaux SHELTON	#6	Drury		12.32	(1.2)	4/8
8		Denise HERNANDEZ	#1	Lewis		12.34	(1.7)	4/12
9		Joanna FIELDS	#2	Indianapolis		12.45w	(2.5)	4/20
9		Alexandra MARTINEZ	#1	Lewis		12.45	(1.7)	4/12

Women's 100 Meter Hurdles

1	46	Ailliyah REESE	#2	Indianapolis		14.37w	(2.8)	4/20
2	76	Bria ARMSTRONG	#6	Drury		14.67w	(2.5)	3/31
3		Lindsey WORMUTH	#2	Indianapolis		14.83	(1.8)	4/14
4		Caroline MAYES	#8	William Jewell		15.30	(-0.1)	4/20
5		Christian HAGGARD	#11	Quincy (Ill.)		15.36	(0.8)	4/15
6		Maya WRIGHT	#7	Missouri S&T		15.42	(1.8)	4/7
7		Emma NEARGARDNER	#2	Indianapolis		15.97w	(2.1)	4/20
8		Lily SIMMONS	#5	Southwest Bapt		16.04	(0.6)	3/31
9		Aliza VAN DEN ELZEN	#1	Lewis		16.12	(1.6)	4/12
10		Ellie LENGERICH	#2	Indianapolis		16.13w	(2.3)	4/20

Women's 200 Meters

1	26	Khristel MARTINDALE	#1	Lewis	P	24.05	(1.5)	4/13
2	44	Rose OGBULI	#1	Lewis	P	24.28w	(3.3)	4/13
3		Faith WYMAN	#1	Lewis		25.05	(1.6)	4/13
3		Hallie MONTGOMERY	#2	Indianapolis		25.05w	(2.2)	4/14
5		Sarai BROWN	#3	Maryville (Mo.)		25.28w	(3.2)	3/31
6		Kyla CHALMERS	#1	Lewis		25.40	(2.0)	4/13
7		Lorena ALANSO	#3	Maryville (Mo.)		25.66	(1.6)	4/14
8		Alexandra MARTINEZ	#1	Lewis		25.82	(1.6)	4/13
9		Jacy RULE	#6	Drury		26.13	(0.0)	4/8
10		Reagan THOMURE	#5	Southwest Bapt		26.21	(1.6)	4/14

Women's 400 Meters

1		Sophie OXANDALE	#4	Truman		57.47		4/14
2		Kyla CHALMERS	#1	Lewis		57.98		4/13
3		Emily SONDERMAN	#2	Indianapolis		58.59		4/20
4		Madison HICKS	#5	Southwest Bapt		58.64		4/8
5		Lorena ALANSO	#3	Maryville (Mo.)		59.59		3/24
6		Faith WYMAN	#1	Lewis		59.68		3/24
7		Alayna PIPKIN	#4	Truman		59.70		4/14
8		Raina BAKER	#4	Truman		59.76		4/14
9		Reagan THOMURE	#5	Southwest Bapt		59.78		4/8
10		Jacy RULE	#6	Drury		59.87		3/24

Women's 400 Meter Hurdles

1	73	Ellie LENGERICH	#2	Indianapolis		1:04.12		4/20
2		Carly THACKER	#8	William Jewell		1:05.94		4/20
3		Cloey SIMON	#2	Indianapolis		1:07.09		4/7
4		Maya WRIGHT	#7	Missouri S&T		1:08.12		4/7
5		Olivia BRIMMAGE	#2	Indianapolis		1:08.64		4/14
6		Abby DREYER	#3	Maryville (Mo.)		1:11.04		4/7
7		Audrey GILMORE	#4	Truman		1:12.92		4/14
8		Azia DOUGLAS	#10	McKendree		1:13.32		4/7
9		Kelsey URBAN	#6	Drury		1:15.79		4/14
10		Elaine READNOUR	#3	Maryville (Mo.)		1:16.28		4/7

Women's 800 Meters

1	37	Sophie OXANDALE	#4	Truman	P	2:11.38		4/13
2	46	Lainy WILLIAMS	#5	Southwest Bapt	P	2:12.10		4/13
3	60	Alexis BARBER	#5	Southwest Bapt		2:13.09		4/13
4		Lexy HENRIKSON	#4	Truman		2:17.15		4/13
5		Emily SONDERMAN	#2	Indianapolis		2:17.58		4/14
6		Addie MATHIS	#4	Truman		2:18.40		4/13
7		Brocklyn BARBER	#5	Southwest Bapt		2:19.38		4/14
8		Alayna PIPKIN	#4	Truman		2:21.07		3/31
9		Antoinette MUSSORICI	#3	Maryville (Mo.)		2:23.41		4/14
10		Reagan LUCAS	#10	McKendree		2:24.72		4/7

Women's 1500 Meters

1	37	Alexis BARBER	#5	Southwest Bapt	P	4:30.51		4/20
2	67	Rachael MORRISON	#1	Lewis		4:34.65		4/13
3	72	Anna KOZAK	#1	Lewis		4:35.19		4/13
4	83	Lexy HENRIKSON	#4	Truman		4:36.68		4/13
5	97	Lainy WILLIAMS	#5	Southwest Bapt		4:38.03		3/31
6		Addie MATHIS	#4	Truman		4:39.63		4/13
7		Sydney WOLF	#1	Lewis		4:43.44		4/13
8		Luz OLIVERA	#6	Drury		4:44.54		3/24
9		Kate GUDERJAN	#1	Lewis		4:48.02		4/7
10		Emma PUETZ	#7	Missouri S&T		4:48.62		4/13

Women's Steeplechase

1	74	Melissa SPENCER	#2	Indianapolis		11:34.28		4/20
2	82	Grace GIESLER	#7	Missouri S&T		11:35.82		4/14
3		Hannah WELLS	#2	Indianapolis		11:52.25		4/20
4		Sydney WOLF	#1	Lewis		11:53.74		4/7
5		Jade MILLER	#1	Lewis		11:54.46		4/7
6		Taylor RENKES	#1	Lewis		12:11.07		4/7
7		Kati SCHOENEBERG	#4	Truman		12:18.73		3/31
8		Ellie KITCHIN	#5	Southwest Bapt		12:26.82		4/8
9		Sophia PASCHAL	#10	McKendree		12:36.39		4/15
10		Olivia CLIVE	#3	Maryville (Mo.)		12:58.46		4/14



Conference TFRI Event Summary

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GLVC

Women's 5000 Meters

1	32	Rachael MORRISON	#1	Lewis	P	16:53.14	4/1
2	35	Hannah SMRCKA	#1	Lewis	P	16:56.20	4/1
3	38	Luz OLIVERA	#6	Drury	P	16:56.39	4/1
4		Caroline PACER	#1	Lewis		17:30.97	4/1
5		Zoe VAN DIJK	#6	Drury		17:31.06	4/7
6		Anna KOZAK	#1	Lewis		17:40.25	4/13
7		Abbey KOZAK	#1	Lewis		17:45.04	3/31
8		Emma PUETZ	#7	Missouri S&T		17:46.41	4/13
9		Brianna LAWSON	#2	Indianapolis		17:46.48	4/20
10		Kate GUDERJAN	#1	Lewis		18:00.64	3/31

Women's 10,000 Meters

1	19	Hannah SMRCKA	#1	Lewis	P	35:06.58	4/13
2	38	Caroline PACER	#1	Lewis	P	35:58.00	4/13
3		Chloe WANNAMAKER	#1	Lewis		37:53.18	4/7
4		Mariah DAVIS	#2	Indianapolis		38:32.51	4/7
5		Jade ANDERSON	#9	Illinois-Springfie		38:50.88	4/7
6		Maddie MILLER	#9	Illinois-Springfie		39:21.48	4/14
7		Emma LEAHY	#9	Illinois-Springfie		40:08.28	4/7
8		Sophia WILKS	#1	Lewis		40:22.80	4/7
9		Gabrielle HARRELL	#2	Indianapolis		41:08.63	4/7
10		Aubrie CALDWELL	#7	Missouri S&T		41:20.70	3/31

Women's 4x100 Relay

1	17	Khristel MARTINDALE, Rose OGBULI, Faith WYMAN, Alexandra MARTINEZ	#1	Lewis	P	46.06	4/13
2	76	Bria ARMSTRONG, Jaedyn LOWE, Jacy RULE, Margaux SHELTON	#6	Drury		48.01	4/8
3	77	Olivia BRIMMAGE, Hallie MONTGOMERY, Joanna FIELDS, Madison SCHOFIELD	#2	Indianapolis		48.02	4/14
4		Emma SHIRLEY, Chloe DAVIS, Darrionna GRIFFIN, Sarai BROWN	#3	Maryville (Mo.)		48.85	3/24
5		Cecelia ROGERS, Caroline MAYES, Svea PIERSON, Carly THACKER	#8	William Jewell		50.37	4/7
6		Kendall DASCHER, Addison WALKER, Cassidy BOORD, Alexandra KLIETHERMES	#4	Truman		51.80	3/31

Women's 4x400 Relay

1	55	Madison HICKS, Alexis BARBER, Lainy WILLIAMS, Reagan THOMURE	#5	Southwest Bapt		3:55.98	4/8
2	64	Sophie OXANDALE, Raina BAKER, Kendall DASCHER, Alayna PIPKIN	#4	Truman		3:57.67	3/31
3		Ellie LINGERICH, Emily SONDERMAN, Trinity GLEITZ, Kaylin CASNER	#2	Indianapolis		4:05.48	4/20
4		Lorena ALONSO, Makaila WILLIAMS, Sarai BROWN, Abby DREYER	#3	Maryville (Mo.)		4:07.21	4/14
5		Carly THACKER, Cecelia ROGERS, Brooke WARE, Svea PIERSON	#8	William Jewell		4:13.94	4/20
6		Tori KING, Sophia PASCHAL, Azia DOUGLAS, Reagan LUCAS	#10	McKendree		4:23.47	4/7
7		Clare HOLMES, Victoria REGITZ, Aubrie CALDWELL, Grace GIESLER	#7	Missouri S&T		4:30.63	3/24

Women's High Jump

1	19	Ellie LINGERICH	#2	Indianapolis		1.67m	5-5¾	4/14
2	34	Nadia ROBERTS	#1	Lewis		1.65m	5-5	3/24
3	50	Lily SIMMONS	#5	Southwest Bapt		1.63m	5-4¼	3/24
4	75	Kendal FRANKLIN	#8	William Jewell		1.60m	5-3	3/31
4	75	Margaux SHELTON	#6	Drury		1.60m	5-3	3/31
6		Annmari TYSON	#7	Missouri S&T		1.58m	5-2¼	4/7
6		Grace GRAHAM	#3	Maryville (Mo.)		1.58m	5-2¼	4/7
8		Olivia HENKEL	#7	Missouri S&T		1.55m	5-1	4/7
9		Aziah HUBBARD	#3	Maryville (Mo.)		1.52m	4-11¾	3/24
9		Paige BRADLEY	#5	Southwest Bapt		1.52m	4-11¾	3/24
9		Morgan AHLE	#3	Maryville (Mo.)		1.52m	4-11¾	3/24

Women's Pole Vault

1	10	Brittney CLARK	#2	Indianapolis	P	4.00m	13-1½	4/14
1	10	Sabrina ROBISON	#2	Indianapolis	P	4.00m	13-1½	4/7
3	46	Brynlee KEERAN	#1	Lewis		3.65m	11-11¾	3/31
4		Mackenzie VANBIBBER	#2	Indianapolis		3.35m	10-11¾	4/7
5		Elizabeth ROTHWEILER	#7	Missouri S&T		3.25m	10-8	3/31
6		Ellie SCHILLING	#3	Maryville (Mo.)		2.92m	9-7	4/7
7		Katelyn GALL	#1	Lewis		2.90m	9-6¼	4/7
8		Sydney GRATZ	#7	Missouri S&T		2.52m	8-3¼	4/7



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GLVC

Women's Long Jump

1	14	Denise HERNANDEZ	#1	Lewis	P	6.08m	19-11½ (0.3)	3/24
2	37	Jaden CHRISTIAN	#1	Lewis		5.81m	19-¾ (0.5)	3/24
3	60	Jena MARTIN	#1	Lewis		5.65m	18-6½ (0.0)	4/12
4	73	Alecea CARDILLO	#1	Lewis		5.60m	18-4½ (1.8)	3/31
5		Joanna FIELDS	#2	Indianapolis		5.48m	17-11¾ (1.4)	4/7
6		Ellie LINGERICH	#2	Indianapolis		5.45mw	17-10¾ (2.3)	3/30
7		Lily SIMMONS	#5	Southwest Bapt		5.31m	17-5½ (1.2)	3/31
8		Rebekah MAPPE	#2	Indianapolis		5.23mw	17-2 (2.9)	3/30
9		Makaila WILLIAMS	#3	Maryville (Mo.)		5.14m	16-10½ (1.3)	3/24
10		Tori HAGG	#1	Lewis		5.13m	16-10 (1.1)	3/24

Women's Triple Jump

1	14	Jaden CHRISTIAN	#1	Lewis	P	12.24m	40-2 (1.8)	3/31
2	21	Alecea CARDILLO	#1	Lewis	P	12.15m	39-10½ (0.3)	3/31
3	41	Bria ARMSTRONG	#6	Drury		11.79m	38-8¼ (0.0)	3/24
4	64	Tori HAGG	#1	Lewis		11.55m	37-10¾ (0.3)	3/31
5		Jena MARTIN	#1	Lewis		11.23m	36-10¼ (1.3)	3/24
6		Addison WALKER	#4	Truman		10.45m	34-3½ (1.9)	4/7
7		Milhan DUKES	#3	Maryville (Mo.)		10.14mw	33-3¼ (3.6)	4/14
8		MacKenzie BROWN	#3	Maryville (Mo.)		9.97mw	32-8½ (2.6)	4/14

Women's Shot Put

1	9	Cydney BANKS	#8	William Jewell	P	14.66m	48-1¼	4/13
2	27	Ellie WELTHA	#4	Truman	P	13.97m	45-10	4/7
3	59	Nia LYLES	#3	Maryville (Mo.)		13.11m	43-¼	4/7
4	66	Zoe PENTECOST	#2	Indianapolis		13.02m	42-8¾	3/30
5	95	Faith HENSEL	#2	Indianapolis		12.53m	41-1½	4/14
6		Bobbie POLLARD	#8	William Jewell		12.32m	40-5	4/13
7		Sydney STEPHENS	#7	Missouri S&T		12.15m	39-10½	3/24
8		Emily BONSER	#2	Indianapolis		12.07m	39-7¼	4/7
9		Julia HAHN	#3	Maryville (Mo.)		11.92m	39-1¼	4/7
10		Shayla STEWART	#8	William Jewell		11.91m	39-1	4/13

Women's Discus

1	18	Zoe PENTECOST	#2	Indianapolis	P	46.32m	152-0	4/20
2	30	Emily BONSER	#2	Indianapolis		44.59m	146-4	4/20
3	35	Jessica RHOADS	#7	Missouri S&T		44.36m	145-7	4/14
4	36	Raquel VALDEZ	#5	Southwest Bapt		44.26m	145-3	4/14
5	39	Ellie WELTHA	#4	Truman		43.88m	144-0	3/24
6	42	Shayla STEWART	#8	William Jewell		43.57m	143-0	4/20
7	72	Cydney BANKS	#8	William Jewell		41.93m	137-7	4/20
8		Aubrey BRINKMAN	#1	Lewis		39.97m	131-2	3/24
9		Sydney STEPHENS	#7	Missouri S&T		39.70m	130-3	3/24
10		MaKenna MASCHINO	#2	Indianapolis		39.28m	128-11	3/30

Women's Hammer

1	9	Zoe PENTECOST	#2	Indianapolis	P	57.92m	190-1	4/20
2	50	Cydney BANKS	#8	William Jewell		50.70m	166-4	3/31
3	55	Emily BONSER	#2	Indianapolis		49.95m	163-11	3/30
4		Raquel VALDEZ	#5	Southwest Bapt		44.43m	145-9	3/24
5		MaKenna MASCHINO	#2	Indianapolis		44.24m	145-2	4/20
6		Bobbie POLLARD	#8	William Jewell		44.04m	144-6	4/20
7		Sydney STEPHENS	#7	Missouri S&T		43.90m	144-1	4/7
8		Claire TABBIT	#2	Indianapolis		43.26m	141-11	4/20
9		Jada ALFARO	#8	William Jewell		43.08m	141-4	4/13
10		Skylar SHEPHERD	#5	Southwest Bapt		41.40m	135-10	3/31

Women's Javelin

1	25	Aliza VAN DEN ELZEN	#1	Lewis	P	42.67m	140-0	4/7
2	40	Quinn ALBERTSON	#4	Truman		40.75m	133-9	4/14
3	49	Tayte KOZLOWSKI	#6	Drury		40.20m	131-11	3/17
4	59	Natalie TELEP	#4	Truman		39.23m	128-9	4/14
5	66	Halstyn LAWRENCE	#6	Drury		38.87m	127-7	4/8
6	72	Jozlyn GARCIA	#1	Lewis		38.38m	125-11	3/31
7	79	Emma FRISBEE	#8	William Jewell		37.99m	124-8	3/23
8	84	Jaylynn MARTIN	#4	Truman		37.67m	123-7	4/7
9	85	Jolie MCCLELLAN	#6	Drury		37.60m	123-5	3/17
10	91	Sabrina LANE	#6	Drury		37.38m	122-8	4/8

Women's Heptathlon

1	64	Lily SIMMONS	#5	Southwest Bapt	4,049	3/24
2		Taya ALLEN	#3	Maryville (Mo.)	3,328	3/24



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Women's 100 Meters

1	8	Kya EPPS	#6 Walsh	P	11.51w	(4.0)	3/31
2	36	Rajah ANDREWS	#3 Tiffin	P	11.80	(1.1)	3/23
3	48	Jordan TAYLOR	#1 Findlay	P	11.84	(-0.1)	4/14
4	60	Alena WILLIAMS	#5 Ashland		11.92w	(3.6)	3/24
5	74	Kiersten FRANKLIN	#4 Cedarville		11.98	(-0.1)	4/14
6	85	Brooke ARMBRUST	#13 Ohio Dominican		12.02w	(3.8)	4/21
7		Morgan DENNIS	#5 Ashland		12.12	(1.9)	3/24
8		Nicole FISHPAW	#1 Findlay		12.18	(0.2)	4/14
9		Shura ERMAKOV	#2 Hillsdale		12.20	(1.7)	4/21
10		Alexandra BRIZZI	#4 Cedarville		12.26	(-0.1)	4/14
10		Nora HAGAN	#4 Cedarville		12.26	(0.0)	4/1

Women's 100 Meter Hurdles

1	11	Rajah ANDREWS	#3 Tiffin	P	13.82	(-0.7)	4/14
2	33	Amirah STRAUTHER	#3 Tiffin		14.29	(0.3)	4/14
3	70	Kylie RAY	#1 Findlay		14.64	(0.5)	4/15
4	88	Louisa KLASERNER	#2 Hillsdale		14.74	(1.9)	4/21
5		Britain MUSICK	#4 Cedarville		14.97	(1.9)	3/25
5		Shura ERMAKOV	#2 Hillsdale		14.97	(-0.7)	4/14
7		Samantha HOELSCHER	#3 Tiffin		15.39	(-0.2)	4/14
8		Kenedi HAYDEN	#1 Findlay		15.49	(-0.5)	4/14
9		Jordan HAMPTON	#5 Ashland		15.53w	(4.0)	3/24
9		Emily CURTICE	#3 Tiffin		15.53	(0.0)	4/21

Women's 200 Meters

1	10	Kya EPPS	#6 Walsh	P	23.72w	(2.7)	3/31
2	33	Rajah ANDREWS	#3 Tiffin	P	24.17	(-0.1)	4/15
3	46	Shura ERMAKOV	#2 Hillsdale	P	24.29w	(2.5)	4/21
4	79	Jordan TAYLOR	#1 Findlay		24.62	(-0.1)	4/15
5		Alena WILLIAMS	#5 Ashland		24.81w	(2.2)	3/24
6		Nicole FISHPAW	#1 Findlay		24.88	(-0.1)	4/15
7		Medgine WOJTON	#5 Ashland		24.98	(-0.1)	4/15
8		Morgan DENNIS	#5 Ashland		25.08w	(2.7)	3/24
9		Kiersten FRANKLIN	#4 Cedarville		25.12w	(3.7)	4/7
10		Cheyenne DAVIS	#5 Ashland		25.31	(-1.3)	4/7

Women's 400 Meters

1	18	Alaysia BROOKS	#7 Ursuline	P	54.85		4/22
2	34	Cheyenne DAVIS	#5 Ashland	P	55.66		4/7
3	63	Mia GARDNER	#5 Ashland		56.50		4/14
4	66	Dakota STAMM	#2 Hillsdale		56.69		3/31
5	68	Jade AVANCE	#5 Ashland		56.73		4/14
6	73	Bethany SMITH	#1 Findlay		56.85		4/14
7	79	Taylor IVORY	#1 Findlay		57.02		4/21
8		Francesca FEDERICI	#2 Hillsdale		58.42		4/14
9		Alyssa SMITH	#3 Tiffin		58.52		4/14
10		Kiersten FRANKLIN	#4 Cedarville		58.73		4/1

Women's 400 Meter Hurdles

1	4	Kylie RAY	#1 Findlay	P	59.61		4/21
2	13	Shura ERMAKOV	#2 Hillsdale	P	1:01.00		4/14
3	50	Samantha HOELSCHER	#3 Tiffin		1:03.40		4/14
4	66	Macy CREAMER	#5 Ashland		1:03.81		4/21
5		Claire LANGE	#11 Kentucky Wesleyan		1:05.37		4/14
6		Montana WALKER	#5 Ashland		1:05.88		4/14
7		Judith ALLISON	#2 Hillsdale		1:06.67		4/14
8		Caroline SCHAECKENBACH	#4 Cedarville		1:07.14		4/21
9		Abby BELOW	#5 Ashland		1:07.41		4/14
9		Gabby JONES	#8 Northwood (Mic)		1:07.41		4/20

Women's 800 Meters

1	10	Alaysia BROOKS	#7 Ursuline	P	2:09.07		4/7
2	27	Reese DRAGOVICH	#2 Hillsdale	P	2:10.70		4/14
3	30	Ines MACADAM	#3 Tiffin	P	2:10.91		4/14
4	36	Audrianna ENNS	#4 Cedarville	P	2:11.33		4/14
5	42	Hayley ROBINETT	#1 Findlay	P	2:11.86		4/14
6	58	McKenna WOODRUFF	#5 Ashland		2:12.97		4/14
7	62	Gwynne RILEY	#2 Hillsdale		2:13.12		4/21
8	98	Bailey CHENEVEY	#1 Findlay		2:15.12		4/14
9		Nicole MARSHALL	#2 Hillsdale		2:15.64		4/21
10		Hailey WILSON	#1 Findlay		2:15.87		4/14

Women's 1500 Meters

1	35	Gwynne RILEY	#2 Hillsdale	P	4:30.36		4/14
2	41	Meg SCHESKE	#2 Hillsdale	P	4:31.09		4/21
3	84	Audrianna ENNS	#4 Cedarville		4:36.80		4/21
4		Raena WILLET	#9 Lake Erie		4:39.65		4/21
5		A'Zaria THOMAS	#7 Ursuline		4:40.28		4/7
6		Reilly COZETTE	#1 Findlay		4:42.00		3/31
7		Madeline SPAULDING	#4 Cedarville		4:47.64		4/14
8		Claire RETHMAN	#6 Walsh		4:47.71		4/21
9		Rylee YOCUM	#10 Malone		4:48.66		4/14
10		Remington HOBSON	#4 Cedarville		4:48.78		4/14

Women's Steeplechase

1	5	Meg SCHESKE	#2 Hillsdale	P	10:20.30		4/14
2	28	Alayna ACKLEY	#4 Cedarville	P	11:00.53		4/14
3	52	Natalie MARTINSON	#2 Hillsdale		11:21.43		4/21
4	67	Ava BEAM	#1 Findlay		11:31.57		4/14
5	91	Sabrina MCCLAIN	#10 Malone		11:40.67		4/14
6	95	Becky MADSEN	#4 Cedarville		11:43.10		4/14
7		Abigail ATKINS	#4 Cedarville		12:00.57		4/21
8		Katie EDISON	#2 Hillsdale		12:07.80		4/21
9		Sarah REINHART	#1 Findlay		12:08.01		4/14
10		Julia LAUDATO	#9 Lake Erie		12:09.80		4/22



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Women's 5000 Meters

1	44	Alayna ACKLEY	#4	Cedarville	P	17:04.81	3/31
2	48	Savannah ACKLEY	#4	Cedarville	P	17:05.42	3/31
3	57	Bethany SHOLL	#4	Cedarville		17:11.77	3/31
4	73	Emma ESTEVES	#7	Ursuline		17:18.96	4/7
5	82	Gabrielle LAWRENCE	#1	Findlay		17:21.60	4/7
6	83	Reilly COZETTE	#1	Findlay		17:21.90	4/7
7		Elizabeth WAMSLEY	#2	Hillsdale		17:42.08	4/21
8		Camryn BARKER	#6	Walsh		17:44.03	4/14
9		Naomi HERMAN	#4	Cedarville		17:44.82	3/31
10		Natalie MARTINSON	#2	Hillsdale		17:48.26	4/14

Women's 10,000 Meters

1	16	Savannah ACKLEY	#4	Cedarville	P	34:57.13	4/7
2	18	Elizabeth WAMSLEY	#2	Hillsdale	P	34:59.45	4/14
3	21	Alayna ACKLEY	#4	Cedarville	P	35:08.87	4/7
4	27	Gabrielle LAWRENCE	#1	Findlay	P	35:23.84	3/23
5	39	Bethany SHOLL	#4	Cedarville	P	35:58.28	4/20
6	61	Bridget HAHN	#6	Walsh		36:51.35	4/14
7	90	Becky MADSEN	#4	Cedarville		37:36.39	4/7
8		Teja YOUNG	#6	Walsh		38:11.27	4/14
9		Izzy RAMMEL	#6	Walsh		39:42.08	4/14
10		Claire SMOUT	#4	Cedarville		40:51.60	3/25

Women's 4x100 Relay

1	18	Nicole FISHPAW, Taylor IVORY, Kylie RAY, Jordan TAYLOR	#1	Findlay	P	46.11	4/15
2	22	Morgan DENNIS, Alena WILLIAMS, Greta BARKER, Medgine WOJTON	#5	Ashland	P	46.61	4/14
3	32	Amirah STRAUTHER, Chelsea JANIS, Sidney RICHARDSON, Rajiah ANDREWS	#3	Tiffin		46.81	4/14
4	33	Kelsey HARTSOCK, Style HENRY, Claire MARTIN, Kya EPPS	#6	Walsh		46.90	3/31
5		Bryn MOZZI, Alexandra BRIZZI, Nora HAGAN, Kiersten FRANKLIN	#4	Cedarville		48.70	4/21
6		Jae'Anna HUGHES, Breanna BANKS, Elyse KELLEY, Kayla CHILDS	#7	Ursuline		50.75	4/22
7		Jenna BURNS, Claire LANGE, Claire SLOANE, Karyn WILLIAMS	#11	Kentucky Wesleyan		51.09	4/21
8		Molly KITSON, Hailey GRANATA, Gabby JONES, Vivian WILLIAMS	#8	Northwood (Mich)		51.64	4/13
9		Megan REIFSNYDER, Amber MORRIS, Delaney FARRELL, Macey HICKS	#10	Malone		51.79	4/14



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Women's 4x400 Relay

1	8	Cheyenne DAVIS, Montana WALKER, Jade AVANCE, Mia GARDNER	#5 Ashland	P 3:44.57	4/15
2	29	Bethany SMITH, Peyton HEITMEYER, Taylor IVORY, Kylie RAY	#1 Findlay	3:49.85	4/15
3	59	Martha BERGLEY, Kiersten FRANKLIN, Jessica FERGUSON, Sydney DIEDRICH	#4 Cedarville	3:57.10	4/14
4	90	Anna LAMOREAUX, Ameera WILSON, Lucia WILSON, Nicole MARSHALL	#2 Hillsdale	4:01.89	4/14
5	91	Ciani KENSEY, Alaysia BROOKS, Breanna BANKS, A'Zaria THOMAS	#7 Ursuline	4:02.07	4/5
6	92	Alyssa SMITH, Sidney RICHARDSON, Ines MACADAM, Samantha HOELSCHER	#3 Tiffin	4:02.59	4/21
7	LEO	Jenna BURNS, Karyn WILLIAMS, Havanah JOHN, Claire LANGE	#11 Kentucky Wesleyan	4:03.62	4/21
8		Brooke ARMBRUST, Molly VAN HORN, Kassydee OWENS, Nikane AMBOS	#13 Ohio Dominican	4:15.24	4/14
9		Julie WHITE, Talia MCLIN, Toni DENMARK, Rebecca BODO	#6 Walsh	4:16.49	4/14
10		Katherine HAUPT, Avery STADT, Taylor HOPKINS, Sarah ZEHR	#8 Northwood (Mic)	4:16.89	3/31

Women's High Jump

1	15	C'airra CARTER	#3 Tiffin	P 1.68m	5-6	3/31
2	19	Hannah WILLOW	#4 Cedarville	1.67m	5-5¾	4/1
3	34	Alexa FRIES	#1 Findlay	1.65m	5-5	4/15
4	44	Emma LIBERATORE	#5 Ashland	1.64m	5-4½	4/14
4	44	Reagan DAHLQUIST	#2 Hillsdale	1.64m	5-4½	4/14
6	75	Morgan FOOS	#3 Tiffin	1.60m	5-3	4/15
6	75	Toni DENMARK	#6 Walsh	1.60m	5-3	4/22
6	75	Kassandra STINE	#1 Findlay	1.60m	5-3	4/15
9		Abby WHEELER	#5 Ashland	1.59m	5-2½	4/14
9		Ashley SIGMON	#1 Findlay	1.59m	5-2½	4/14

Women's Pole Vault

1	4	Kelsey HARTSOCK	#6 Walsh	P 4.12m	13-6¼	3/31
2	6	Meadow CROMER	#1 Findlay	P 4.08m	13-4½	4/21
3	7	Lindsey KLUESENER	#1 Findlay	P 4.05m	13-3½	3/25
4	16	Haleigh ECKERT	#4 Cedarville	P 3.95m	12-11½	4/14
5	20	Sarah MASUOKA	#5 Ashland	P 3.86m	12-8	4/7
6	24	Lily HOLLIBAUGH	#3 Tiffin	P 3.83m	12-6¾	4/21
7	32	Kaylee JACKSON	#2 Hillsdale	P 3.77m	12-4½	3/31
8	38	Natalie NEWTON	#1 Findlay	P 3.75m	12-3½	3/25
9	54	Tara TOWNSEND	#2 Hillsdale	3.62m	11-10½	4/21
10	56	Samantha SMITH	#3 Tiffin	3.60m	11-9¾	3/25
10	56	Sophia SCHNEIDER	#4 Cedarville	3.60m	11-9¾	4/14

Women's Long Jump

1	62	Elliott PENNELL	#3 Tiffin	5.64mw	18-6 (2.5)	4/21
2	87	Simone GREEN	#1 Findlay	5.54m	18-2¼ (-1)	4/14
3		Riley THOMAS	#5 Ashland	5.42m	17-9½ (1.9)	3/24
4		Madison MYERS	#1 Findlay	5.37m	17-7½ (0.3)	4/15
5		Emma SPRINGER	#6 Walsh	5.36m	17-7 (1.3)	4/14
5		Kaylin MARTIN	#5 Ashland	5.36m	17-7 (1.6)	3/24
7		C'airra CARTER	#3 Tiffin	5.33m	17-6 (1.3)	4/21
8		Anna NEGULIC	#6 Walsh	5.30m	17-4¾ (0.9)	3/31
9		Bryn MOZZI	#4 Cedarville	5.29mw	17-4¼ (3.1)	4/1
9		Emily GERDIN	#2 Hillsdale	5.29m	17-4¼ (0.5)	3/31

Women's Triple Jump

1	43	Simone GREEN	#1 Findlay	11.77m	38-7½ (0.0)	4/14
2	77	Emily GERDIN	#2 Hillsdale	11.44m	37-6½ (0.8)	3/31
3		Jessica HOBAN	#1 Findlay	11.22m	36-9¾ (0.8)	4/15
4		Karyn WILLIAMS	#11 Kentucky Wesleyan	10.88mw	35-8½ (3.0)	3/24
5		Claire MARTIN	#6 Walsh	10.81mw	35-5¾ (2.5)	3/31
6		C'airra CARTER	#3 Tiffin	10.76m	35-3¾ (0.5)	3/31
7		Grace CHEN	#2 Hillsdale	10.69m	35-1 (0.0)	4/14
8		Anna NEGULIC	#6 Walsh	10.56m	34-7¾ (0.0)	3/24
8		Madison MYERS	#1 Findlay	10.56m	34-7¾ (-1)	4/15
10		Deona DAVIS	#3 Tiffin	10.46m	34-4 (-0.4)	4/14

Women's Shot Put

1	3	Trista FINTEL	#1 Findlay	P 15.49m	50-10	4/21
2	6	Paige EMNETT	#1 Findlay	P 14.88m	48-10	4/21
3	8	Brook BOES	#3 Tiffin	P 14.70m	48-2¾	4/14
4	12	Averi PARKER	#2 Hillsdale	P 14.55m	47-9	4/21
5	13	Nikita MAINES	#2 Hillsdale	P 14.54m	47-8½	4/14
6	20	Kelsey KINSLEY	#5 Ashland	P 14.26m	46-9½	3/24
7	38	Kelsey KENNON	#1 Findlay	13.38m	43-10¾	4/7
8	44	Brittany DEVAL	#3 Tiffin	13.30m	43-7¾	4/14
9	59	Lillian ALBAUGH	#8 Northwood (Mic)	13.11m	43-¼	4/14
9	59	Harley WEST	#3 Tiffin	13.11m	43-¼	4/14



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Women's Discus

1	11	Brook BOES	#3	Tiffin	P	47.88m	157-1	4/7
2	14	Trista FINTEL	#1	Findlay	P	46.74m	153-4	4/21
3	24	Olivia OOSTDYK	#9	Lake Erie		44.90m	147-4	4/6
4	31	Claudia CHIRILA	#3	Tiffin		44.57m	146-3	4/7
5	47	Averi PARKER	#2	Hillsdale		43.08m	141-4	3/31
6	60	Sarah HIMES	#4	Cedarville		42.40m	139-1	4/14
7	69	Brynlee HANNEMAN	#1	Findlay		41.98m	137-9	4/14
8	75	Samantha WATKINS	#6	Walsh		41.80m	137-2	3/24
9	80	Kaylyn BARNETTE	#5	Ashland		41.63m	136-7	3/24
10	85	Paige EMNETT	#1	Findlay		41.49m	136-2	4/14

Women's Hammer

1	10	Trista FINTEL	#1	Findlay	P	56.94m	186-10	4/21
2	13	Kelsey KINSLEY	#5	Ashland	P	56.14m	184-2	4/21
3	15	Katie WELDY	#2	Hillsdale	P	55.19m	181-1	3/31
4	18	Averi PARKER	#2	Hillsdale	P	54.57m	179-1	4/14
5	19	Carrol PAULEY	#5	Ashland	P	54.32m	178-3	4/1
6	20	Brook BOES	#3	Tiffin	P	53.91m	176-11	4/21
7	22	Paige EMNETT	#1	Findlay	P	53.62m	175-11	4/14
8	32	Richella SPIELVOGEL	#9	Lake Erie	P	52.67m	172-10	4/6
9	38	Brooke COULTER	#1	Findlay		52.15m	171-1	4/14
10	40	Kaylyn BARNETTE	#5	Ashland		51.75m	169-10	4/21

Women's Javelin

1	19	Eden LITTLE	#2	Hillsdale	P	43.47m	142-8	3/31
2	52	Rylee SYBERT	#1	Findlay		39.92m	131-0	4/14
3	50	Emily COULTER	#8	Northwood (Mic		36.48m	119-8	4/8
4		Campbell JOHNSON	#12	Trevecca Nazare		36.12m	118-6	3/31
5		Kassandra STINE	#1	Findlay		35.76m	117-4	3/25
6		Claudia CHIRILA	#3	Tiffin		35.75m	117-4	4/21
7		Emily CURTICE	#3	Tiffin		35.38m	116-1	3/25
8		Samantha WATKINS	#6	Walsh		33.36m	109-6	4/14
9		Emma LIBERATORE	#5	Ashland		32.68m	107-3	4/21
10		Onalee KEYSOR	#3	Tiffin		31.71m	104-1	4/14

Women's Heptathlon

1	48	Emily CURTICE	#3	Tiffin		4,200	4/7
2	69	Neva POLO	#2	Hillsdale		4,012	4/6
3	72	Kassandra STINE	#1	Findlay		3,988	4/7
4	81	Elliott PENNELL	#3	Tiffin		3,894	4/7
5	89	C'aira CARTER	#3	Tiffin		3,833	4/7
6	94	Allison NIMTZ	#2	Hillsdale		3,754	4/6
7		Bryn MOZZI	#4	Cedarville		3,431	4/7
8		Jordan HAMPTON	#5	Ashland		3,265	4/13
9		Caroline SCHAECKENBACH	#4	Cedarville		3,256	4/7
10		Hannah SIMS	#12	Trevecca Nazare		3,226	4/7



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Women's 100 Meters

1	5	Marie-Eloise LECLAIR	#4	Simon Fraser	P	11.45	(1.2)	3/31
2	35	E'lexis HOLLIS	#3	Central Washing	P	11.78	(0.7)	4/13
3	70	Maliyah THOMPSON	#2	Western Oregon		11.96w	(2.8)	4/13
4	85	Emma CANNAN	#4	Simon Fraser		12.02w	(2.8)	4/13
5		Abbey WOOD	#5	Northwest Naza		12.19	(1.8)	4/7
6		Juliette WILLIAMS	#3	Central Washing		12.20	(1.8)	4/7
7		Olivia MANLEY	#6	Alaska Anchorage		12.21	(1.7)	3/30
8		Caitlyn CHENEY	#1	Western Washin		12.22	(-0.1)	3/10
9		Maya HOPWOOD	#2	Western Oregon		12.26w	(2.8)	4/13
10		Jaeland CUMMINGS	#4	Simon Fraser		12.28w	(3.0)	4/13

Women's 100 Meter Hurdles

1	18	Laurny CHANDLER	#3	Central Washing	P	13.99w	(2.8)	4/14
2	40	Diana VOLOSHIN	#4	Simon Fraser		14.33w	(2.8)	4/13
3	54	Hannah CHANG	#8	Seattle Pacific		14.50	(0.3)	3/24
4	70	Maliyah THOMPSON	#2	Western Oregon		14.64	(-0.6)	3/30
5	78	Blanca DE ARVIZU SARRIAS	#6	Alaska Anchorage		14.68	(1.3)	4/22
6	91	Ellie DEGROOT	#3	Central Washing		14.78	(1.3)	4/22
7	92	Gabriel CINTRON	#9	Saint Martin's		14.79	(1.3)	4/22
8		Jenelle HURLEY	#2	Western Oregon		15.02w	(2.5)	4/13
9		McCall DECHENNE	#3	Central Washing		15.04	(0.7)	4/13
10		Isabella PORTER	#1	Western Washin		15.17	(1.3)	4/22

Women's 200 Meters

1	5	Marie-Eloise LECLAIR	#4	Simon Fraser	P	23.42w	(2.4)	4/13
2	92	Juliette WILLIAMS	#3	Central Washing		24.72	(-0.1)	4/22
3	96	Emma CANNAN	#4	Simon Fraser		24.75w	(3.2)	3/31
4		Abbey WOOD	#5	Northwest Naza		24.89	(0.9)	4/15
5		Caitlyn CHENEY	#1	Western Washin		25.14	(1.2)	3/10
6		Olivia MANLEY	#6	Alaska Anchorage		25.20	(1.8)	3/24
7		Maliyah THOMPSON	#2	Western Oregon		25.27w	(2.7)	3/30
8		Aniya GREEN	#8	Seattle Pacific		25.30	(-0.1)	4/22
9		E'lexis HOLLIS	#3	Central Washing		25.35	(-0.1)	4/22
10		Kalli BRENCÉ	#5	Northwest Naza		25.36	(0.9)	4/15

Women's 400 Meters

1	15	Marie-Eloise LECLAIR	#4	Simon Fraser	P	54.38		4/13
2		Marian LEDESMA	#1	Western Washin		57.62		4/13
3		Laine DEJONG	#5	Northwest Naza		57.81		4/15
3		Marissa CRANE	#8	Seattle Pacific		57.81		4/8
5		Aniya GREEN	#8	Seattle Pacific		57.99		4/8
6		Claire BOSMA	#4	Simon Fraser		58.04		4/8
7		Joel VIDAD	#6	Alaska Anchorage		58.32		4/22
8		Johanna BROWN	#8	Seattle Pacific		58.41		4/22
9		Elise HOPPER	#3	Central Washing		58.49		3/30
10		Anna MILLER	#1	Western Washin		58.59		4/13

Women's 400 Meter Hurdles

1	29	McCall DECHENNE	#3	Central Washing	P	1:02.19		3/31
2	42	Erika BINDER	#4	Simon Fraser		1:03.10		4/13
3	85	Ellie DEGROOT	#3	Central Washing		1:04.41		3/31
4	89	Zoe MCDEVITT	#3	Central Washing		1:04.60		4/22
5	98	Sarah SEWELL	#3	Central Washing		1:05.01		4/14
6		Brooke MANSFIELD	#1	Western Washin		1:05.11		4/22
7		Elise HOPPER	#3	Central Washing		1:05.22		3/30
7		Jenelle HURLEY	#2	Western Oregon		1:05.22		4/13
9		Madeline LAMBING	#2	Western Oregon		1:05.29		3/24
10		Grace TWISS	#3	Central Washing		1:05.70		4/1

Women's 800 Meters

1	9	Marian LEDESMA	#1	Western Washin	P	2:08.98		4/13
2	12	Megan ROXBY	#4	Simon Fraser	P	2:09.34		3/31
3	65	Sophie WRIGHT	#1	Western Washin		2:13.19		4/13
4	66	Mia CROCKER	#1	Western Washin		2:13.26		4/8
5	78	Cassidy WALCHAK-SLOAN	#9	Saint Martin's		2:13.88		4/14
6	93	Emily CHILTON	#4	Simon Fraser		2:14.70		3/30
7	94	Kate CAMERON	#4	Simon Fraser		2:14.73		4/13
8		Alisha SAUCEDO	#9	Saint Martin's		2:15.17		3/17
9		Libby MICHAEL	#8	Seattle Pacific		2:15.78		3/25
10		Elizabeth VANDERPOT	#4	Simon Fraser		2:15.93		4/13

Women's 1500 Meters

1	10	Megan ROXBY	#4	Simon Fraser	P	4:24.56		4/13
2	36	Cassidy WALCHAK-SLOAN	#9	Saint Martin's	P	4:30.42		4/13
3	46	Mia CROCKER	#1	Western Washin	P	4:31.56		3/30
4	53	Sophie WRIGHT	#1	Western Washin		4:32.90		4/13
5	57	Ila DAVIS	#1	Western Washin		4:33.73		4/13
6	93	Kate CAMERON	#4	Simon Fraser		4:37.63		4/13
7		Selin TASDEMIR	#4	Simon Fraser		4:39.39		3/31
8		Libby MICHAEL	#8	Seattle Pacific		4:39.51		3/24
9		Emily CHILTON	#4	Simon Fraser		4:40.06		4/13
10		Alisha SAUCEDO	#9	Saint Martin's		4:40.50		4/13

Women's Steeplechase

1	6	Ila DAVIS	#1	Western Washin	P	10:21.10		3/31
2	30	Ashley REECK	#1	Western Washin		11:03.09		4/13
3	56	Alfin NYAMASYO	#6	Alaska Anchorage		11:24.05		4/13
4	59	Evelyn COLLINS-WINN	#1	Western Washin		11:27.70		4/8
5	70	Laura HALSELL	#1	Western Washin		11:33.42		4/8
6	83	Olivia FLACK	#2	Western Oregon		11:36.68		3/24
7	85	Maya EWING	#8	Seattle Pacific		11:37.77		4/8
8	94	Kailee STOPPEL	#7	Montana St.-Bill		11:42.50c	(11:59.59A)	3/24
9		Katelyn FLOLO	#8	Seattle Pacific		11:46.15		4/8
10		Sidra MILLER	#1	Western Washin		11:56.33		3/25



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Women's 5000 Meters

1	31	Annika ESVELT	#8	Seattle Pacific	P	16:52.91	4/13
2	54	Ila DAVIS	#1	Western Washin		17:08.91	4/13
3	96	Ashley REECK	#1	Western Washin		17:29.47	4/13
4		Nell BAKER	#6	Alaska Anchorag		17:31.76	4/13
5		Caitlin HELDT	#2	Western Oregon		17:39.29	3/24
6		Alauna CARSTENS	#9	Saint Martin's		17:39.69	4/14
7		Meaera SHANNON	#1	Western Washin		17:42.50	3/30
8		Sara SABRA	#9	Saint Martin's		17:43.67	4/7
9		Morgan ERLER	#5	Northwest Naza		17:53.29	3/25
10		Alfin NYAMASYO	#6	Alaska Anchorag		17:55.96	3/30

Women's 10,000 Meters

1	49	Caitlin HELDT	#2	Western Oregon	P	36:20.29	4/13
2	64	Meaera SHANNON	#1	Western Washin		36:56.79	4/13
3	83	Sara SABRA	#9	Saint Martin's		37:27.60	3/3
4		Emma SMITH	#1	Western Washin		38:22.52	3/3
5		Alanna PARKER	#1	Western Washin		38:22.97	3/3
6		Matise MULCH	#8	Seattle Pacific		38:22.99	3/3
7		Morgan ERLER	#5	Northwest Naza		38:25.07	3/3
8		Ashley REECK	#1	Western Washin		38:34.88	3/3
9		Laura HALSELL	#1	Western Washin		38:48.15	3/3
10		Alexis PARKER	#1	Western Washin		39:08.95	3/3

Women's 4x100 Relay

1	26	Diana VOLOSHIN, Marie-Eloise LECLAIR, Emma CANNAN, Jaeland CUMMINGS	#4	Simon Fraser	P	46.66	4/13
2	46	Juliette WILLIAMS, McCall DECHENNE, Laurn CHANDLER, E'Lexis HOLLIS	#3	Central Washing		47.31	4/22
3	66	Brooke MANSFIELD, Anna MILLER, Hannah POLKINGHORN, Caitlyn CHENEY	#1	Western Washin		47.78	4/22
4	72	Abbey WOOD, Katie BANIAGA, Kayla BANIAGA, Kalli BRENC	#5	Northwest Naza		47.96	4/15
5	84	Josie LAVATO, Josie LAVATO, Ujunwa NWOKOMA, Ujunwa NWOKOMA	#2	Western Oregon		48.23	4/7
6		Jayden GLAZE, Joei VIDAD, Blanca DE ARVIZU SARRI, Olivia MANLEY	#6	Alaska Anchorag		48.84	3/23
7		Bella KLEIN, Mya RICHARDSON, Katelyn HAMILL, Madison THOMPSON	#7	Montana St.-Bill		49.53c (49.41A)	4/21

Women's 4x400 Relay

1	17	Erika BINDER, Claire BOSMA, Emma CANNAN, Marie- Eloise LECLAIR	#4	Simon Fraser	P	3:47.65	3/31
2	46	McCall DECHENNE, Juliette WILLIAMS, Elise HOPPER, Donna Marie HARRIS	#3	Central Washing		3:54.55	4/22
3	47	Blanca DE ARVIZU SARRI, Sophia CVANCARA, Joei VIDAD, Olivia MANLEY	#6	Alaska Anchorag		3:54.66	3/30
4	49	Aniya GREEN, Johanna BROWN, McKenzie FLETCHER, Marissa CRANE	#8	Seattle Pacific		3:54.94	4/8
5	99	Kalli BRENC, Makenze KNOWLES, Alejandra GOMEZ, Laine DEJONG	#5	Northwest Naza		4:03.13	4/15
6		Marian LEDESMA, Mia CROCKER, Sophie WRIGHT, Emmy KROONTJE	#1	Western Washin		4:07.12	4/8
7		Bella KLEIN, Mya RICHARDSON, Katelyn HAMILL, Madeline SEVERSON	#7	Montana St.-Bill		4:10.53c (4:10.09A)	4/21

Women's High Jump

1	15	Miya KOCH	#5	Northwest Naza	P	1.68m	5-6	4/15
2	19	Jenelle HURLEY	#2	Western Oregon		1.67m	5-5¾	3/30
3	59	Kalulusno NGAIDA	#2	Western Oregon		1.62m	5-3¾	4/13
3	59	Sydney KANIA	#4	Simon Fraser		1.62m	5-3¾	4/13
5		Carlotta DUENNINGER	#6	Alaska Anchorag		1.58m	5-2¼	3/30
6		Lyndee MCLAUCHLIN	#2	Western Oregon		1.57m	5-1¾	4/14
7		Amity DETERS	#2	Western Oregon		1.55m	5-1	3/30
8		Madeline SEVERSON	#7	Montana St.-Bill		1.53m	5-¼	3/19
8		Mikayla MADER	#6	Alaska Anchorag		1.53m	5-¼	4/22
8		Olivia WINDBIEL	#4	Simon Fraser		1.53m	5-¼	3/18

Women's Pole Vault

1	27	Kinsey YENOR	#5	Northwest Naza	P	3.80m	12-5½	4/15
2	34	Emily THOMASON	#8	Seattle Pacific	P	3.76m	12-4	4/22
3	41	Lizzy DAUGHERTY	#8	Seattle Pacific	P	3.74m	12-3¼	3/25
4	74	Annie TRAN	#1	Western Washin		3.51m	11-6¼	4/22
5		Kaylee COBLE	#1	Western Washin		3.36m	11-¼	4/22
6		Charlie HILL	#8	Seattle Pacific		3.14m	10-3½	3/25
7		Claire SKAGGS	#9	Saint Martin's		3.06m	10-½	4/22
8		Jancy SYKES	#3	Central Washing		2.76m	9-½	4/22
9		Jessy HART	#2	Western Oregon		2.30m	7-6½	4/7



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Women's Long Jump

1	26	Ujunwa NWOKOMA	#2	Western Oregon P	5.96m	19-6¾ (1.8)	4/13
2	75	Matty LAGERWEY	#1	Western Washin	5.59m	18-4¼ (0.0)	4/22
3	84	Kendall LYNN	#7	Montana St.-Bill	5.56mw	18-3 (2.8)	3/31
4	87	Alyssa DUNCAN	#9	Saint Martin's	5.54m	18-2¼ (1.7)	4/22
4	87	Jenelle HURLEY	#2	Western Oregon	5.54m	18-2¼ (0.1)	3/30
6		Erica CABANOS	#3	Central Washing	5.45m	17-10¾ (1.0)	4/22
7		Tatum HULL	#7	Montana St.-Bill	5.36mWA	17-7 (2.4)	3/24
8		Essence SLATE	#6	Alaska Anchorage	5.30m	17-4¾ (0.0)	4/22
9		Hannah POLKINGHORN	#1	Western Washin	5.20m	17-¾ (0.1)	4/13
10		Madison THOMPSON	#7	Montana St.-Bill	5.15m	16-10¾ (0.0)	4/7

Women's Triple Jump

1	29	Kendall LYNN	#7	Montana St.-Bill P	11.99m	39-4 (0.0)	4/1
2	52	Olivia WINDBIEL	#4	Simon Fraser	11.64m	38-2¼ (0.3)	4/13
3	66	Erica CABANOS	#3	Central Washing	11.54m	37-10½ (1.0)	4/22
4	71	Kennedy PRIMROSE	#4	Simon Fraser	11.48mw	37-8 (3.0)	4/13
5	81	Kalulusno NGAIDA	#2	Western Oregon	11.41m	37-5¼ (1.2)	4/13
6		Alyssa DUNCAN	#9	Saint Martin's	10.97m	36-0 (0.0)	4/22
7		Tehya MOORE	#3	Central Washing	10.93m	35-10½ (1.0)	4/7
8		Margaret ZILLA	#9	Saint Martin's	10.72m	35-2 (1.6)	4/22
9		Ellie ALBERTS	#5	Northwest Naza	10.69mw	35-1 (4.0)	4/15
10		Alyssa SANCHEZ	#7	Montana St.-Bill	10.32m	33-10¼ (0.0)	4/1

Women's Shot Put

1	16	Destany HERBERT	#5	Northwest Naza P	14.36m	47-1½	4/15
2	65	Katie POTTS	#1	Western Washin	13.07m	42-10¾	3/25
3	87	Mara PARKS	#1	Western Washin	12.68m	41-7¼	4/8
4		Jocelyn SARIBAY	#9	Saint Martin's	12.17m	39-11¼	4/22
5		Grace JONES	#7	Montana St.-Bill	12.11m	39-8¾	4/7
6		Maddy GRANDBOIS	#1	Western Washin	11.89m	39-¼	4/22
7		Jaida GREEN	#7	Montana St.-Bill	11.82m	38-9½	4/21
8		Liliana LYNESS	#2	Western Oregon	11.79m	38-8¼	3/25
9		Krystal ANDRES	#2	Western Oregon	11.01m	36-1½	3/25
10		Brenna BOARD	#3	Central Washing	10.66m	34-11¾	4/22

Women's Discus

1	34	Katie POTTS	#1	Western Washin	44.38m	145-7	4/22
2	76	Krystal ANDRES	#2	Western Oregon	41.79m	137-1	4/14
3	98	Ryann MOLINE	#7	Montana St.-Bill	40.98m	134-6	4/21
4		Destany HERBERT	#5	Northwest Naza	40.12m	131-8	4/15
5		Brenna BOARD	#3	Central Washing	39.33m	129-1	3/18
6		Payton ELENBAAS	#3	Central Washing	39.14m	128-5	4/22
7		Isabella HOLMES	#3	Central Washing	35.62m	116-11	4/7
8		Jordan CRAWFORD	#5	Northwest Naza	33.71m	110-7	4/7
9		Jocelyn SARIBAY	#9	Saint Martin's	33.65m	110-5	3/3
10		Danara TULIMAIU	#7	Montana St.-Bill	33.29m	109-3	4/7

Women's Hammer

1	51	Raine WESTFALL	#1	Western Washin	50.51m	165-9	3/25
2	57	Zuzanna LINIEWSKI	#4	Simon Fraser	49.92m	163-10	4/12
3		Grace JONES	#7	Montana St.-Bill	46.56m	152-9	3/19
4		Destany HERBERT	#5	Northwest Naza	46.37m	152-2	4/15
5		Emillia CARPENTER	#2	Western Oregon	45.08m	147-11	4/7
6		Kaitlyn HANGER	#4	Simon Fraser	44.78m	146-11	3/18
7		Payton ELENBAAS	#3	Central Washing	44.53m	146-1	4/22
8		Liliana LYNESS	#2	Western Oregon	43.86m	143-11	4/13
9		Jaida GREEN	#7	Montana St.-Bill	43.79m	143-8	4/21
10		Brenna BOARD	#3	Central Washing	43.62m	143-2	4/22

Women's Javelin

1	9	Kaylee WRIGHT	#2	Western Oregon P	44.54m	146-2	3/17
2	34	Ryann MOLINE	#7	Montana St.-Bill	41.60m	136-6	3/19
3	43	Lyndee MCLAUCHLIN	#2	Western Oregon	40.57m	133-1	3/17
4	55	Nizhoni BUCKWAY	#5	Northwest Naza	39.86m	130-9	3/25
5	82	Carlotta DUENNINGER	#6	Alaska Anchorage	37.76m	123-11	3/23
6	86	Abigail SANDERS	#2	Western Oregon	37.50m	123-1	4/7
7	94	Emillia CARPENTER	#2	Western Oregon	36.92m	121-2	3/25
8		Jordan COOKMAN	#7	Montana St.-Bill	35.70m	117-2	3/19
9		Madison PAUGH	#4	Simon Fraser	35.51m	116-6	4/8
10		Matty LAGERWEY	#1	Western Washin	35.26m	115-8	4/22

Women's Heptathlon

1	20	Jenelle HURLEY	#2	Western Oregon P	4,720		3/30
2	32	McCall DECHENNE	#3	Central Washing	4,447		4/13
3	34	Carlotta DUENNINGER	#6	Alaska Anchorage	4,376		3/23
4	50	Ellie DEGROOT	#3	Central Washing	4,172		4/13
5	66	Amity DETERS	#2	Western Oregon	4,039		3/30
6	67	Maliyah THOMPSON	#2	Western Oregon	4,017		3/30
7	84	Nicole AVERY	#1	Western Washin	3,876		3/25
8	88	Matty LAGERWEY	#1	Western Washin	3,856		4/13
9	90	Amariyah CLAY	#2	Western Oregon	3,831		3/30
10	92	Carley HUBER	#3	Central Washing	3,786		4/13



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Women's 100 Meters

1	9	Kaitlin HILL	#8	West Alabama	P	11.52w	(2.4)	4/14
2	15	Kelechi CHRISTIAN	#3	Mississippi Colle	P	11.60	(1.4)	4/21
3	22	Kristen BLEVINS	#1	Lee (Tenn.)	P	11.64	(1.4)	4/21
4	23	Krystalynn OATMAN	#2	Alabama-Huntsv	P	11.67	(1.2)	4/21
5	52	Ijah DRAKE	#2	Alabama-Huntsv		11.87	(1.2)	4/21
6	71	Jydia FAUCETTE	#1	Lee (Tenn.)		11.97	(1.6)	3/25
7	74	Zakiria HOLIFIELD	#2	Alabama-Huntsv		11.98	(1.6)	3/25
7	74	Kira MONTEFUSCO	#4	West Georgia		11.98w	(2.4)	4/14
9	92	Isila APKUP	#8	West Alabama		12.04w	(3.6)	3/23
10	95	Erin JONES	#6	Shorter		12.05w	(3.8)	4/21

Women's 100 Meter Hurdles

1	41	Ijah DRAKE	#2	Alabama-Huntsv		14.34	(1.8)	4/7
2	54	Tytavia HARDY	#3	Mississippi Colle		14.50	(1.5)	3/24
3		Andrea CHESTER	#2	Alabama-Huntsv		14.84	(0.6)	4/13
4		Gioia SCOPEL	#7	Christian Brothe		14.85	(0.4)	4/21
5		T'Oni BIRDEN	#4	West Georgia		15.00	(-0.2)	4/1
6		Ronni VANZANDT	#2	Alabama-Huntsv		15.35w	(2.2)	3/25
7		Camielle MILLEDGE	#6	Shorter		15.46	(-1.1)	3/23
8		Chioma UWAOMAH	#4	West Georgia		15.81		4/22
9		Olivia FULFORD	#4	West Georgia		16.03	(-0.2)	4/1
10		Sydney WHITE	#1	Lee (Tenn.)		16.85w	(2.2)	3/25

Women's 200 Meters

1	14	Kaitlin HILL	#8	West Alabama	P	23.83w	(2.1)	3/23
2	37	Kelechi CHRISTIAN	#3	Mississippi Colle	P	24.23	(-1.0)	3/31
3	38	Ijah DRAKE	#2	Alabama-Huntsv	P	24.24	(-0.4)	4/21
4	56	Nia HARRIS	#6	Shorter		24.38	(1.1)	4/21
5	60	Annaya CHELCY	#8	West Alabama		24.42	(1.2)	4/21
6	64	Kristen BLEVINS	#1	Lee (Tenn.)		24.45	(1.3)	3/25
7	86	Carissa HALL	#1	Lee (Tenn.)		24.68	(1.3)	3/25
8	88	Eve HINE	#1	Lee (Tenn.)		24.70w	(3.5)	4/7
9		Ana IGLESIAS	#7	Christian Brothe		24.81	(1.1)	3/25
10		Jydia FAUCETTE	#1	Lee (Tenn.)		24.92	(0.8)	4/14

Women's 400 Meters

1	20	Kelechi CHRISTIAN	#3	Mississippi Colle	P	55.19		3/24
2	33	Eve HINE	#1	Lee (Tenn.)	P	55.65		4/14
3	36	Ana IGLESIAS	#7	Christian Brothe	P	55.73		3/25
4	51	Nia HARRIS	#6	Shorter		56.08		4/7
5	58	Carissa HALL	#1	Lee (Tenn.)		56.38		4/7
6	71	Oriana GEE	#7	Christian Brothe		56.75		4/15
7	76	Isila APKUP	#8	West Alabama		56.88		4/21
8	82	Kaia MARTZ	#1	Lee (Tenn.)		57.07		4/14
9	97	Isabella ZURITA	#7	Christian Brothe		57.25		3/25
10		Chandler ROBINSON	#2	Alabama-Huntsv		57.65		4/21

Women's 400 Meter Hurdles

1	63	Jydia FAUCETTE	#1	Lee (Tenn.)		1:03.74		4/21
2	67	Nikki MATA	#2	Alabama-Huntsv		1:03.88		4/13
3	74	Andrea CHESTER	#2	Alabama-Huntsv		1:04.20		4/21
4		Olivia FULFORD	#4	West Georgia		1:07.99		4/14
5		Camielle MILLEDGE	#6	Shorter		1:09.49		3/23
6		Maniyah THOMAS	#4	West Georgia		1:13.19		4/22
7		Audriana BLAKELY	#5	Montevallo		1:18.57		3/4
8		Kiffin BRUN	#5	Montevallo		1:18.69		4/13

Women's 800 Meters

1	18	Celine RITTER	#1	Lee (Tenn.)	P	2:10.12		4/21
2	49	Lily HARE	#1	Lee (Tenn.)		2:12.56		4/21
3	50	Lauren WALLACE	#3	Mississippi Colle		2:12.57		4/21
4	83	Aria HAWKINS	#1	Lee (Tenn.)		2:14.17		4/21
5		Jazmin HERNANDEZ	#3	Mississippi Colle		2:15.34		3/24
6		Haley HALL	#3	Mississippi Colle		2:15.88		4/21
7		Sarah DELGADO	#7	Christian Brothe		2:16.23		3/17
8		Megan ADAMS	#1	Lee (Tenn.)		2:17.05		4/7
9		Johanna WISTOKAT	#7	Christian Brothe		2:17.34		4/15
10		Liza KELLERMAN	#1	Lee (Tenn.)		2:17.81		4/7

Women's 1500 Meters

1	2	Celine RITTER	#1	Lee (Tenn.)	P	4:18.79		4/21
2	26	Lauren WALLACE	#3	Mississippi Colle	P	4:29.08		4/13
3	27	Aria HAWKINS	#1	Lee (Tenn.)	P	4:29.16		4/21
4	47	Lily HARE	#1	Lee (Tenn.)	P	4:31.69		4/21
5	70	Liza KELLERMAN	#1	Lee (Tenn.)		4:34.80		4/7
6	75	Jazmin HERNANDEZ	#3	Mississippi Colle		4:35.33		4/13
7	76	Johanna WISTOKAT	#7	Christian Brothe		4:35.86		3/24
8	95	Megan ADAMS	#1	Lee (Tenn.)		4:37.73		4/21
9		Emily BERRY	#3	Mississippi Colle		4:41.88		3/31
10		Haley HALL	#3	Mississippi Colle		4:42.76		4/21

Women's Steeplechase

1	35	Bre BELL	#3	Mississippi Colle		11:08.81		4/21
2	42	Taylor ENGRAM	#2	Alabama-Huntsv		11:15.31		4/7
3	45	Ashlyn ILIFF	#1	Lee (Tenn.)		11:16.72		4/21
4	58	Elizabeth BECKHAM	#1	Lee (Tenn.)		11:27.68		4/21
5	76	Ava DICKERSON	#3	Mississippi Colle		11:34.70		4/21
6	77	Tatiana PADGETT	#2	Alabama-Huntsv		11:35.08		4/21
7	81	Abby WEIST	#2	Alabama-Huntsv		11:35.63		4/7
8		Amber FISHER	#5	Montevallo		11:56.84		4/13
9		Paige WOHLGEMUTH	#2	Alabama-Huntsv		12:23.32		4/7
10		Kendall SPARKS	#4	West Georgia		13:59.48		3/11



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GSC

Women's 5000 Meters

1	13	Celine RITTER	#1	Lee (Tenn.)	P	16:25.65	4/7
2	42	Jazmin HERNANDEZ	#3	Mississippi Colle	P	17:01.99	4/13
3	46	Johanna WISTOKAT	#7	Christian Brothe	P	17:05.12	4/21
4	49	Lily HARE	#1	Lee (Tenn.)	P	17:05.44	3/25
5	68	Aria HAWKINS	#1	Lee (Tenn.)		17:16.85	3/25
6	87	Lauren WALLACE	#3	Mississippi Colle		17:23.68	4/13
7	90	Megan ADAMS	#1	Lee (Tenn.)		17:26.12	3/25
8	92	Julia HALTERMAN	#1	Lee (Tenn.)		17:27.39	4/7
9		Katie KRUEGER	#1	Lee (Tenn.)		17:46.86	4/21
10		Olivia MCLAIN	#1	Lee (Tenn.)		17:50.24	4/21

Women's 10,000 Meters

1	57	Olivia MCLAIN	#1	Lee (Tenn.)		36:34.57	4/7
2	66	Katie KRUEGER	#1	Lee (Tenn.)		36:58.53	4/7
3		Mary Frances MATTINGLY	#2	Alabama-Huntsv		39:46.22	4/7
4		Amelia BRADY	#2	Alabama-Huntsv		39:51.26	3/25
5		Danielle HORTER	#1	Lee (Tenn.)		41:05.52	4/7
6		Natalie WARNER	#5	Montevallo		41:44.71	3/24
7		Ana WATTERS	#5	Montevallo		42:24.55	3/24

Women's 4x100 Relay

1	5	Krystalynn OATMAN, Zakiria HOLIFIELD, Chandler ROBINSON, Ijah DRAKE	#2	Alabama-Huntsv	P	45.55	4/21
2	11	Kaitlin HILL, Mikia HUTCHINGS, Annaya CHELCY, Isila APKUP	#8	West Alabama	P	45.86	4/21
3	20	Erica DUNCAN, Nia HARRIS, Erien JONES, Madison ROSE	#6	Shorter	P	46.36	4/14
4	21	Jydia FAUCETTE, Carissa HALL, Eve HINE, Kristen BLEVINS	#1	Lee (Tenn.)	P	46.53	4/21
5	41	Hannah DUNSTON, Kira MONTEFUSCO, Paishence COLLIER, Mia CULPEPPER	#4	West Georgia		47.13	4/22
6	96	Zauren BURTON, Hannah SMITH, Destiny BETTON, Sydney GOODE	#5	Montevallo		48.51	4/13

Women's 4x400 Relay

1	10	Kaia MARTZ, Kristen BLEVINS, Eve HINE, Carissa HALL	#1	Lee (Tenn.)	P	3:45.36	4/14
2	23	Talia PFEIFER, Isabella ZURITA, Ana IGLESIAS, Oriana GEE	#7	Christian Brothe	P	3:48.88	4/15
3	42	Alana GREEN, Haley HALL, Ereyonna GORE, Kelechi CHRISTIAN	#3	Mississippi Colle		3:53.12	4/15
4	82	Ijah DRAKE, Grace HAMPEL, Anndrea CHESTER, Nikki MATA	#2	Alabama-Huntsv		4:00.43	4/13
5	87	Camielle MILLEDGE, Nia HARRIS, Treneice GRIMES, Madison ROSE	#6	Shorter		4:01.81	3/4
6		Hannah SMITH, Rachel SMITH, Amber FISHER, Destiny BETTON	#5	Montevallo		4:24.37	3/17
7		Linda VASQUEZ, Adela BELOHLAVOVA, Ama AHOVI, Joycelyn TIFREA	#4	West Georgia		4:27.31	4/1

Women's High Jump

1	50	Olivia FULFORD	#4	West Georgia		1.63m	5-4¼	3/23
2	59	Gioia SCOPEL	#7	Christian Brothe		1.62m	5-3¾	3/25
3	75	Zauren BURTON	#5	Montevallo		1.60m	5-3	3/24
4		Haley HALL	#3	Mississippi Colle		1.58m	5-2¼	3/24
5		Adrianna BURAGE	#3	Mississippi Colle		1.54m	5-½	3/31
6		Cali POLASTRO	#2	Alabama-Huntsv		1.53m	5-¼	4/13
7		Sarah GOFF	#7	Christian Brothe		1.52m	4-11¾	3/25
8		Devon JACKETT	#1	Lee (Tenn.)		1.51m	4-11½	3/25
9		Ryleigh BORBASH	#3	Mississippi Colle		1.50m	4-11	3/4
10		T'Oni BIRDEN	#4	West Georgia		1.47m	4-9¾	3/23

Women's Pole Vault

1	62	Leah DENDY	#5	Montevallo		3.58m	11-9	3/24
2	74	Brynn DEPINET	#1	Lee (Tenn.)		3.51m	11-6¼	3/25
3		Lauren HAMM	#2	Alabama-Huntsv		3.36m	11-¼	3/25
4		Skylar SUGGITT	#5	Montevallo		3.30m	10-9¾	3/24
5		Emika MIYAMOTO	#2	Alabama-Huntsv		3.23m	10-7	4/13
5		Ann HAMPTON	#2	Alabama-Huntsv		3.23m	10-7	4/13
7		Taylor WALKER	#5	Montevallo		3.15m	10-4	4/7
8		Raegan MILLER	#2	Alabama-Huntsv		3.06m	10-½	3/25
9		Hallie Grace WILLIAMSON	#2	Alabama-Huntsv		3.00m	9-10	3/17
10		Elizabeth OSBORNE	#4	West Georgia		2.90m	9-6¼	4/1



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Women's Long Jump

1	20	Carissa HALL	#1	Lee (Tenn.)	P	6.03mw	19-9½ (2.4)	3/25
2	41	Oriana GEE	#7	Christian Brothe		5.78mw	18-11¾ (2.)	3/25
2	41	T'Oni BIRDEN	#4	West Georgia		5.78m	18-11¾ (-1)	4/1
4	52	Jydia FAUCETTE	#1	Lee (Tenn.)		5.71m	18-8¾ (1.6)	3/25
5	66	Paishence COLLIER	#4	West Georgia		5.62m	18-5¼	4/22
6		Chelsie BURNETT	#2	Alabama-Huntsv		5.40m	17-8¾ (-0.)	4/13
7		Dasani MINTER	#4	West Georgia		5.26m	17-3¼	4/22
7		Madison ROSE	#6	Shorter		5.26m	17-3¼ (0.5)	4/14
9		Mia CULPEPPER	#4	West Georgia		5.17m	16-11½ (-1)	4/1
10		Ereyonna GORE	#3	Mississippi Colle		5.13m	16-10 (0.8)	4/15

Women's Triple Jump

1	19	Carissa HALL	#1	Lee (Tenn.)	P	12.16m	39-10¾ (-1)	4/7
2	54	Tytavia HARDY	#3	Mississippi Colle		11.62m	38-1½ (-1.)	3/4
3	56	Haley TRAMMELL	#4	West Georgia		11.60m	38-¾ (1.3)	4/22
3	56	Mia CULPEPPER	#4	West Georgia		11.60m	38-¾ (1.8)	4/1
5	59	T'Oni BIRDEN	#4	West Georgia		11.59m	38-¼ (0.1)	4/14
6		Kiara HILL	#2	Alabama-Huntsv		10.71m	35-1¾ (0.0)	4/22
7		Leah DENDY	#5	Montevallo		10.00m	32-9¾ (1.5)	4/13
8		Ronni VANZANDT	#2	Alabama-Huntsv		9.98m	32-9 (0.7)	3/25
9		Kiffin BRUN	#5	Montevallo		9.70m	31-10 (0.9)	4/7
10		Alyssa PEREZ	#5	Montevallo		9.42m	30-11 (-0.1)	3/17

Women's Shot Put

1	7	Shakira ARDISTER	#6	Shorter	P	14.72m	48-3½	4/21
2	43	Deborah RUBIN	#1	Lee (Tenn.)		13.31m	43-8	3/25
3	82	Essence TORNABENE	#3	Mississippi Colle		12.72m	41-8¾	3/24
4	98	Rashanna THORNE	#3	Mississippi Colle		12.49m	40-11¾	4/15
5		Jovita DAVE	#6	Shorter		12.47m	40-11	4/14
6		Nyla SHIPMAN	#5	Montevallo		12.24m	40-2	3/24
7		Sakari FAULKNER	#3	Mississippi Colle		11.53m	37-10	4/15
8		Nicole MORRIS	#3	Mississippi Colle		11.46m	37-7¼	3/24
9		Sydney WHITE	#1	Lee (Tenn.)		11.42m	37-5¾	3/25
10		Symphony BUXTON	#1	Lee (Tenn.)		11.40m	37-5	4/7

Women's Discus

1	90	Bailey WEIBLE	#2	Alabama-Huntsv		41.25m	135-4	3/25
2		Nicole MORRIS	#3	Mississippi Colle		40.17m	131-10	3/4
3		Rashanna THORNE	#3	Mississippi Colle		39.26m	128-10	4/15
4		Nyla SHIPMAN	#5	Montevallo		38.90m	127-8	4/13
5		Shakira ARDISTER	#6	Shorter		38.87m	127-7	4/7
6		Essence TORNABENE	#3	Mississippi Colle		38.21m	125-5	3/31
7		Sambresha EVERETT	#5	Montevallo		38.18m	125-3	3/24
8		Kailani SERAPION	#4	West Georgia		37.84m	124-2	3/11
9		Symphony BUXTON	#1	Lee (Tenn.)		37.66m	123-7	4/7
10		Trinity STEPHENS	#4	West Georgia		36.95m	121-3	3/23

Women's Hammer

1	23	Deborah RUBIN	#1	Lee (Tenn.)	P	53.54m	175-8	4/21
2	26	Essence TORNABENE	#3	Mississippi Colle	P	53.18m	174-6	4/21
3	52	Shakira ARDISTER	#6	Shorter		50.16m	164-7	4/21
4	76	Hannah GANT	#2	Alabama-Huntsv		48.47m	159-0	4/7
5		Nyla SHIPMAN	#5	Montevallo		45.46m	149-2	3/17
6		Nicole MORRIS	#3	Mississippi Colle		44.98m	147-7	3/24
7		Sakari FAULKNER	#3	Mississippi Colle		43.19m	141-9	4/15
8		Rashanna THORNE	#3	Mississippi Colle		42.94m	140-11	4/15
9		Symphony BUXTON	#1	Lee (Tenn.)		40.22m	132-0	4/7
10		Jovita DAVE	#6	Shorter		39.65m	130-1	4/7

Women's Javelin

1	20	Katie LONG	#2	Alabama-Huntsv	P	43.28m	142-0	4/21
2		Nautica SWAIN	#5	Montevallo		36.47m	119-8	3/4
3		Ronni VANZANDT	#2	Alabama-Huntsv		35.72m	117-2	3/17
4		Shakira ARDISTER	#6	Shorter		34.38m	112-10	4/14
5		Kailani SERAPION	#4	West Georgia		33.17m	108-10	4/14
6		Hailey SMITH	#2	Alabama-Huntsv		32.54m	106-9	4/13
7		T'Oni BIRDEN	#4	West Georgia		31.76m	104-3	3/23
8		Sydney WHITE	#1	Lee (Tenn.)		30.21m	99-1½	3/25
9		Sambresha EVERETT	#5	Montevallo		28.81m	94-6¼	3/17
10		Jayla WOODS	#6	Shorter		28.07m	92-1¼	3/4

Women's Heptathlon

1	53	T'Oni BIRDEN	#4	West Georgia		4,152	3/23
2	98	Olivia FULFORD	#4	West Georgia		3,686	3/23
3		Ronni VANZANDT	#2	Alabama-Huntsv		3,134	3/17
4		Kiffin BRUN	#5	Montevallo		3,010	3/17



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Independents

Women's 100 Meters

1	62	Camilla NICHOLAS	#2	Tampa	11.93w	(2.7)	4/7
2		Jada BOLHUIS	#2	Tampa	12.45	(1.6)	4/7
3		Robyn BURROWS	#4	Saint Leo	12.62	(1.7)	4/21
4		Nayeli COBOS	#7	Western New Me	12.75	(0.9)	3/24
5		Jaime HICKS	#2	Tampa	12.84w	(2.8)	4/7
6		Lillian HICKS	#2	Tampa	12.86	(-0.8)	4/21
7		Makayla LEWIS	#5	Lynn	13.03w	(3.1)	3/30
8		Abi SAINTELMY	#2	Tampa	13.36w	(2.8)	4/7
8		Lillie SHINABERRY	#1	Bluefield State	13.36	(0.0)	4/14
10		Tawnee MADDEN	#5	Lynn	13.79	(1.0)	3/17

Women's 100 Meter Hurdles

1		Allie MURPHY	#2	Tampa	15.38	(1.0)	4/21
2		Khrisalyn KEGLER	#1	Bluefield State	15.42	(1.0)	3/24
3		Kayla HAVENS	#1	Bluefield State	16.74	(1.0)	3/24
4		Raelyn VADALA	#1	Bluefield State	16.75	(0.1)	4/14
5		Arianna WICKLIFF	#1	Bluefield State	17.52	(0.1)	4/14

Women's 200 Meters

1	88	Camilla NICHOLAS	#2	Tampa	24.70	(1.8)	3/24
2		Jada BOLHUIS	#2	Tampa	25.02w	(2.2)	4/7
3		Julia AHAUS	#4	Saint Leo	26.10	(1.2)	4/7
4		Lillian HICKS	#2	Tampa	26.21	(1.2)	3/24
4		Nayeli COBOS	#7	Western New Me	26.21	(-0.6)	4/7
6		Robyn BURROWS	#4	Saint Leo	26.24	(1.2)	4/7
7		Nicole SULLIVAN	#2	Tampa	26.38w	(2.5)	3/24
8		Makayla LEWIS	#5	Lynn	26.97	(1.4)	3/30
9		Jaime HICKS	#2	Tampa	27.06	(1.0)	3/24
10		Lillie SHINABERRY	#1	Bluefield State	27.44	(0.1)	4/14

Women's 400 Meters

1		Julia AHAUS	#4	Saint Leo	58.84		3/17
2		Nicole SULLIVAN	#2	Tampa	59.13		4/7
3		Lillian HICKS	#2	Tampa	59.46		4/21
4		Zahra WILSON	#2	Tampa	1:00.48		2/18
5		Macie SISSON	#2	Tampa	1:01.55		3/3
6		Kayden KRUCHOSKI	#2	Tampa	1:03.11		3/24
7		Deike SCHIPPER	#5	Lynn	1:04.01		4/7
8		elizabeth YORK	#2	Tampa	1:04.06		2/18
9		Veronika GARCIA	#7	Western New Me	1:06.07		3/24
10		Lily CANOY	#2	Tampa	1:06.16		4/7

Women's 400 Meter Hurdles

1	45	Allie MURPHY	#2	Tampa	1:03.17		4/21
2		Khrisalyn KEGLER	#1	Bluefield State	1:08.04		4/14
3		Kayden KRUCHOSKI	#2	Tampa	1:08.40		3/3
4		Veronika GARCIA	#7	Western New Me	1:12.16		4/14
5		Raelyn VADALA	#1	Bluefield State	1:12.53		3/24
6		Kayla HAVENS	#1	Bluefield State	1:14.90		3/24
7		Shannon CONNELLY	#2	Tampa	1:15.00		4/7
8		Arianna WICKLIFF	#1	Bluefield State	1:18.52		4/8
9		Olivia ROBERTSON	#11	USC Aiken	1:19.01		3/24

Women's 800 Meters

1	82	Holly LITTLE	#4	Saint Leo	2:14.10		4/7
2		Madelyn RODRIGUEZ	#3	Palm Beach Atla	2:16.74		3/30
3		Aoife MAHONY	#3	Palm Beach Atla	2:16.82		3/30
4		Zahra WILSON	#2	Tampa	2:19.49		4/21
5		Kerry REILLY	#4	Saint Leo	2:21.05		4/7
6		Riley O'REGAN	#2	Tampa	2:23.75		4/7
7		Emily KRINEY	#2	Tampa	2:24.62		3/3
8		Brooke MULLINS	#5	Lynn	2:24.63		3/30
9		Caitlin BEERY	#8	Florida Southern	2:24.90		3/24
10		Jessica HERNANDEZ	#2	Tampa	2:24.91		3/17

Women's 1500 Meters

1	48	Holly LITTLE	#4	Saint Leo	P 4:31.71		3/17
2	55	Madelyn RODRIGUEZ	#3	Palm Beach Atla	4:33.16		3/30
3	90	Aoife MAHONY	#3	Palm Beach Atla	4:37.50		3/30
4		Kerry REILLY	#4	Saint Leo	4:38.92		4/21
5		Dune COSTES	#3	Palm Beach Atla	4:39.74		3/30
6		Aspen GORDON	#2	Tampa	4:41.52		4/21
7		Emma SKINNER	#2	Tampa	4:44.13		3/24
8		Tabitha SUGGS	#2	Tampa	4:45.07		4/21
9		Hannah OFFENBACK	#2	Tampa	4:45.13		3/24
10		Emma MUSSANTE	#8	Florida Southern	4:45.22		3/30

Women's Steeplechase

1	27	Holly LITTLE	#4	Saint Leo	P 11:00.44		4/21
2		Carolina TITUS	#8	Florida Southern	12:18.09		3/30
3		Skylar GRANT	#9	West Florida	12:32.70		3/31
4		Ayla YOUNG	#13	Union (Tenn.)	13:27.54		3/25
5		Bella HOMORODY	#15	Mercyhurst	13:42.32		4/16
6		Olivia ROBERTSON	#11	USC Aiken	14:29.95		3/10
7		Emma FLYNN	#1	Bluefield State	14:37.48		3/10

Women's 5000 Meters

1	58	Madelyn RODRIGUEZ	#3	Palm Beach Atla	17:11.91		4/7
2	72	Holly LITTLE	#4	Saint Leo	17:18.73		3/3
3	88	Emma MUSSANTE	#8	Florida Southern	17:24.37		3/16
4		Dune COSTES	#3	Palm Beach Atla	17:37.60		4/7
5		Kerry REILLY	#4	Saint Leo	17:46.46		4/21
6		Tabitha SUGGS	#2	Tampa	17:46.47		4/7
7		Paige PATTERSON	#4	Saint Leo	17:46.51		3/3
8		Laura GEORGELIN	#3	Palm Beach Atla	17:48.83		3/17
9		Ellie FLUMAN	#8	Florida Southern	17:51.35		3/16
10		Allison SENG	#3	Palm Beach Atla	17:55.03		3/17

Women's 10,000 Meters

1	73	Laura GEORGELIN	#3	Palm Beach Atla	37:16.84		4/7
2	82	Ellie FLUMAN	#8	Florida Southern	37:27.24		4/7
3	84	Allison SENG	#3	Palm Beach Atla	37:28.33		4/7
4		Skylar GRANT	#9	West Florida	39:39.22		3/17
5		Anna AGI	#14	Georgia College	40:00.30		4/14
6		Karah MCELHONE	#8	Florida Southern	40:02.43		4/7
7		Ava BALDAUF	#9	West Florida	40:03.87		3/17



Conference TFRI Event Summary

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Independents

Women's 4x100 Relay

1	48	Alejandra CRUZ, Gidelys PEREZ, Solymar ARROYO, Cherilyn TORO	#10 UPR Mayaguez	47.34	3/25
2	57	Alejandra CRUZ, Gidelys PEREZ, Solymar ARROYO, Cherilyn TORO	#12 UPR Mayaguez	47.65	3/10
3	65	Jada BOLHUIS, Lillian HICKS, Jaime HICKS, Camilla NICHOLAS	#2 Tampa	47.77	3/17
4		Rori COX, Raelyn VADALA, Kayla HAVENS, Khrisalyn KEGLER	#1 Bluefield State	52.37	4/8
5		Tawnee MADDEN, Makayla LEWIS, Lily KOCH, Brooke BOND	#5 Lynn	52.61	3/17
6		Joni DICE, Madelyn RODRIGUEZ, Aoife MAHONY, Faith KULIS	#3 Palm Beach Atla	58.96	2/18

Women's 4x400 Relay

1	85	Nicole SULLIVAN, Lillian HICKS, Kayden KRUCHOSKI, Zahra WILSON	#2 Tampa	4:00.68	3/24
2		Aoife MAHONY, Sadie NORDMEYER, Gwen SHAMEL, Madelyn RODRIGUEZ	#3 Palm Beach Atla	4:17.01	2/18
3		Deike SCHIPPER, Lily KOCH, Makayla LEWIS, Emma CAMPBELL	#5 Lynn	4:18.42	3/30
4		Sophie BARTH, Caitlin BEERY, Jinia JOHNSON, Rachel HOCKENBERRY	#8 Florida Southern	4:21.40	2/18
5		Khrisalyn KEGLER, Raelyn VADALA, Kayla HAVENS, BriShaela MCHANEY	#1 Bluefield State	4:31.35	3/24
6		Haley SYKES, Kaley SYKES, Gracie CRESS, Isabella STURGILL	#6 UVa-Wise	5:01.36	4/14

Women's High Jump

1		Rori COX	#1 Bluefield State	1.50m	4-11	4/14
2		BriShaela MCHANEY	#1 Bluefield State	1.36m	4-5½	4/14
3		Raelyn VADALA	#1 Bluefield State	1.31m	4-3½	4/14
3		Aerihna AFOA	#1 Bluefield State	1.31m	4-3½	4/14
5		Kayla HAVENS	#1 Bluefield State	1.26m	4-1½	4/14

Women's Pole Vault

1		Karlee WILLIAMS	#1 Bluefield State	1.22m	4-0	4/14
1		Arianna WICKLIFF	#1 Bluefield State	1.22m	4-0	4/14

Women's Long Jump

1		Raelyn VADALA	#1 Bluefield State	4.96m	16-3¼ (0.0)	4/14
2		Kateryna DASHEVSKA	#1 Bluefield State	4.49m	14-8¾ (0.9)	3/24
3		Kayla HAVENS	#1 Bluefield State	4.33m	14-2½ (0.0)	4/8
4		Aerihna AFOA	#1 Bluefield State	4.32m	14-2¼ (1.6)	4/8
5		Tawnee MADDEN	#5 Lynn	4.19m	13-9 (1.9)	4/7
6		Karlee WILLIAMS	#1 Bluefield State	4.08m	13-4¾ (-1.)	4/14
7		Kayrha AUGUSTUS	#5 Lynn	3.98m	13-¾ (1.0)	4/7
8		Rori COX	#1 Bluefield State	3.05m	10-¼ (0.0)	4/8

Women's Triple Jump

1		Kayla HAVENS	#1 Bluefield State	10.25m	33-7½ (0.0)	4/8
2		Kateryna DASHEVSKA	#1 Bluefield State	10.14m	33-3¼ (1.0)	3/24
3		Raelyn VADALA	#1 Bluefield State	9.97m	32-8½ (1.3)	3/10

Women's Shot Put

1		Nia ROGERS	#6 UVa-Wise	11.23m	36-10¼	3/24
2		Beyonka LEE	#1 Bluefield State	10.90m	35-9¼	4/8
3		Coraly DUPREE	#1 Bluefield State	9.74m	31-11½	4/8
4		Hannah MCAMIS	#6 UVa-Wise	8.85m	29-½	3/24
5		Oliviah GREEN	#1 Bluefield State	8.50m	27-10¾	4/8
6		Britney HICKMAN	#7 Western New Me	8.01m	26-3½	4/7
7		Mady BUCHANAN	#6 UVa-Wise	7.95m	26-1	4/14
8		Maia MESA	#7 Western New Me	7.75m	25-5¼	4/7
9		Emma DINGUS	#6 UVa-Wise	7.42m	24-4¼	3/24
10		Charnetta BROWN	#5 Lynn	7.08m	23-2¾	3/30

Women's Discus

1		Nia ROGERS	#6 UVa-Wise	30.95m	101-7	4/8
2		Oliviah GREEN	#1 Bluefield State	30.94m	101-6	4/14
3		Beyonka LEE	#1 Bluefield State	30.30m	99-5	4/8
4		Joni DICE	#3 Palm Beach Atla	27.62m	90-7½	3/30
5		Rachel MAJOR	#1 Bluefield State	23.67m	77-8	3/10
6		Emma DINGUS	#6 UVa-Wise	23.63m	77-6½	3/24
7		Britney HICKMAN	#7 Western New Me	23.61m	77-5½	4/14
8		Coraly DUPREE	#1 Bluefield State	21.19m	69-6¼	4/8
9		Mady BUCHANAN	#6 UVa-Wise	21.00m	68-10¾	4/14
10		Rylee TRUSLOW	#1 Bluefield State	20.66m	67-9½	3/10

Women's Hammer

1		Beyonka LEE	#1 Bluefield State	38.28m	125-7	4/8
2		Oliviah GREEN	#1 Bluefield State	33.30m	109-3	4/8
3		Nia ROGERS	#6 UVa-Wise	30.48m	100-0	4/14
4		Emma DINGUS	#6 UVa-Wise	28.56m	93-8½	4/14
5		Mady BUCHANAN	#6 UVa-Wise	24.43m	80-2	4/14
6		Coraly DUPREE	#1 Bluefield State	22.31m	73-2½	4/8
7		Hannah MCAMIS	#6 UVa-Wise	21.89m	71-10	3/24



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Independents

Women's Javelin

1	Selma CARRASCO	#7	Western New Me	30.23m	99-2¼	4/7
2	Britney HICKMAN	#7	Western New Me	29.54m	96-11	4/7
3	Oliviah GREEN	#1	Bluefield State	27.72m	90-11½	4/14
4	Catherine SAN MIGUEL	#7	Western New Me	27.05m	88-9	4/14
5	Rylee TRUSLOW	#1	Bluefield State	26.15m	85-9½	4/14
6	Mady BUCHANAN	#6	UVa-Wise	25.82m	84-8½	4/14
7	Christina GUERRERO	#7	Western New Me	25.16m	82-6½	4/21
8	Kateryna DASHEVSKA	#1	Bluefield State	24.42m	80-1½	4/14
9	Taylor ANDERSON	#1	Bluefield State	21.84m	71-8	4/14
10	Alixé VAN CRAENBROECK	#1	Bluefield State	19.54m	64-1¼	3/10



Conference TFRI Event Summary

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Lone Star

Women's 100 Meters

1	4	DeOndra GREEN	#1	West Texas A&M P	11.39c	(11.36A) (1	4/6
2	7	Leah BELFIELD	#1	West Texas A&M P	11.50c	(11.47A) (1	4/6
3	13	Alana WILSON	#1	West Texas A&M P	11.59c	(11.56A) (1	4/6
4	37	Bryah DAVIS	#8	Oklahoma Chris	11.81	(1.7)	3/24
5	43	Gabriella HOLMSTROM	#1	West Texas A&M P	11.83cw	(11.80A) (2	4/6
5	43	Corrssia PERRY	#1	West Texas A&M P	11.83c	(11.80A) (-	3/24
5	43	Jordanae SCOTT	#1	West Texas A&M P	11.83c	(11.80A) (1	4/6
8	68	Jaylen HOGUE	#6	Midwestern Stat	11.95w	(3.7)	4/14
9	92	Asia ROBERTSON	#6	Midwestern Stat	12.04w	(3.7)	4/14
10	95	Fatoumata KABO	#2	Angelo State	12.05	(0.9)	4/7
10	95	Joy EGWU	#5	Lubbock Christi	12.05cw	(12.02A) (2	4/6

Women's 100 Meter Hurdles

1	4	Maricia SPENCE	#2	Angelo State P	13.66w	(2.4)	4/7
2	15	Laiten GREESON	#1	West Texas A&M P	13.95w	(3.9)	3/29
3	39	Elliot HARRISON	#1	West Texas A&M	14.31c	(14.27A) (2	4/6
4	47	Anna RICCOMAGNO	#2	Angelo State	14.40w	(2.4)	4/7
5	72	Kennedi SILMON	#4	Texas A&M-King	14.65	(2.0)	4/15
6	76	Abby ZAMZOW	#2	Angelo State	14.67w	(2.5)	4/22
7	84	Ariyah SAMUELS	#2	Angelo State	14.73	(1.1)	3/3
8		Audrey WISTAIN	#10	St. Edward's	14.89	(1.2)	3/30
9		Allison VAUGHN	#2	Angelo State	15.02	(1.8)	4/7
10		Jasmyne TULLOCH	#4	Texas A&M-King	15.18w	(3.0)	3/17

Women's 200 Meters

1	12	Leah BELFIELD	#1	West Texas A&M P	23.76c	(23.69A) (1	4/6
2	14	Corrssia PERRY	#1	West Texas A&M P	23.83c	(23.76A) (0	3/24
3	17	DeOndra GREEN	#1	West Texas A&M P	23.87cw	(23.80A) (2	4/6
4	19	Alana WILSON	#1	West Texas A&M P	23.91cw	(23.84A) (2	4/6
5	35	Jordan BROWN	#1	West Texas A&M P	24.19c	(24.12A) (0	4/6
6	49	Shiean WALTERS	#2	Angelo State P	24.32w	(2.5)	3/17
7	58	Maricia SPENCE	#2	Angelo State	24.40	(0.6)	4/7
8	62	Fatoumata KABO	#2	Angelo State	24.44	(2.0)	4/7
9	67	Anna SALISBURY	#5	Lubbock Christi	24.49c	(24.42A) (0	4/6
10	73	Zykia MCDANIEL	#2	Angelo State	24.58w	(2.2)	4/22

Women's 400 Meters

1	2	Corrssia PERRY	#1	West Texas A&M P	52.82c	(52.71A)	4/6
2	4	Shadae FINDLEY	#2	Angelo State P	53.42c	(53.31A)	3/24
3	5	Shiean WALTERS	#2	Angelo State P	53.66		4/7
4	9	Zykia MCDANIEL	#2	Angelo State P	54.02		4/7
5	14	Anna SALISBURY	#5	Lubbock Christi	54.12c	(54.01A)	4/6
6	17	Jordan BROWN	#1	West Texas A&M P	54.75c	(54.64A)	4/6
7	25	Melanie ROLAND	#4	Texas A&M-King P	55.48		4/21
8	41	Cynai CHRISTOPHER	#4	Texas A&M-King P	55.77		4/21
9	42	Jozlyn ARANA	#5	Lubbock Christi	55.79		4/13
10	75	Vitiana ROBERT	#4	Texas A&M-King	56.87		4/21

Women's 400 Meter Hurdles

1	35	Allison VAUGHN	#2	Angelo State	1:02.84		4/22
1	35	Amber GONZALEZ	#4	Texas A&M-King	1:02.84		3/24
3	44	Elliot HARRISON	#1	West Texas A&M	1:03.14c	(1:03.03A)	4/6
4	61	Maricia SPENCE	#2	Angelo State	1:03.72c	(1:03.61A)	3/24
5	64	Mahault LEBRUN	#9	Eastern New Me	1:03.79		4/14
6	74	Abbey BRADSHAW	#3	Dallas Baptist	1:04.20		4/7
7	87	Anna RICCOMAGNO	#2	Angelo State	1:04.49		3/29
8		Trell'Kyrh WATKINS	#6	Midwestern Stat	1:05.24		4/14
9		Ariyah SAMUELS	#2	Angelo State	1:05.81		3/3
10		Meadow HOUSMAN	#3	Dallas Baptist	1:05.96		3/9

Women's 800 Meters

1	16	Shadae FINDLEY	#2	Angelo State P	2:09.74		4/7
2	44	Raquel CHAVEZ	#1	West Texas A&M P	2:11.95c	(2:12.37A)	4/6
3	85	Madelyn MERRELL	#5	Lubbock Christi	2:14.23		4/13
4	97	Juliana MERLO	#10	St. Edward's	2:15.11		4/13
5		Emily COLE	#3	Dallas Baptist	2:15.82		4/22
6		Calista SEGURA	#7	UT Tyler	2:15.96		4/22
7		Emme O'DONNELL	#3	Dallas Baptist	2:16.73		3/9
8		Genevieve YOUNG	#11	Cameron	2:17.17		4/22
9		Jadyn DANGERFIELD	#6	Midwestern Stat	2:17.24		4/14
10		Nathalia ESCONTRIAS	#6	Midwestern Stat	2:17.27		4/7

Women's 1500 Meters

1	1	Eleonora CURTABBI	#1	West Texas A&M P	4:18.72		4/13
2	17	Madison BROWN	#3	Dallas Baptist P	4:27.40		4/22
3	44	Betty BAJIKA	#1	West Texas A&M P	4:31.46c	(4:34.74A)	3/24
4	56	Marissa INSINNA	#3	Dallas Baptist	4:33.48		4/13
5	63	Madelyn MERRELL	#5	Lubbock Christi	4:34.19		4/13
6	85	Emme O'DONNELL	#3	Dallas Baptist	4:36.99		3/9
7		Raquel CHAVEZ	#1	West Texas A&M	4:39.98c	(4:43.36A)	3/24
8		Elizabeth HEFFERNAN	#8	Oklahoma Chris	4:40.52		4/13
9		Juliana MERLO	#10	St. Edward's	4:40.59		4/13
10		KayCee KELLER	#3	Dallas Baptist	4:43.29		3/9

Women's Steeplechase

1	1	Eleonora CURTABBI	#1	West Texas A&M P	9:57.76		4/13
2	57	Rylee CRISTAN	#3	Dallas Baptist	11:26.03		4/13
3		Mary BROWN	#2	Angelo State	11:46.48		4/7
4		Elayna METZGER	#7	UT Tyler	11:50.36		4/22
5		Elizabeth BUTZKE	#6	Midwestern Stat	11:53.71		3/17
6		Megan KIRTLEY	#3	Dallas Baptist	12:23.08		4/22
7		Mathilde WINTHER	#11	Cameron	12:26.25		4/7
8		Marigold HUNTER	#7	UT Tyler	12:26.26		3/17
9		Arian SPEARS	#11	Cameron	12:36.39		3/24
10		Lauren GRIEGO	#9	Eastern New Me	13:06.90c	(13:18.18A)	4/22



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Lone Star

Women's 5000 Meters

1	1	Florance UWAJENEZA	#1	West Texas A&M P	16:07.13	3/29
2	9	Madison BROWN	#3	Dallas Baptist P	16:19.49	4/13
3	25	Betty BAJIKA	#1	West Texas A&M P	16:47.65	4/13
4	60	Elizabeth HEFFERNAN	#8	Oklahoma Chris'	17:12.55	3/24
5	61	KayCee KELLER	#3	Dallas Baptist	17:13.26	4/22
6	65	Jenna HOWARD	#3	Dallas Baptist	17:16.37	4/22
7	75	Lexi MAUL	#1	West Texas A&M	17:19.62c (17:35.81A)	3/18
8	97	Fae GONZALEZ	#4	Texas A&M-King	17:29.50	4/22
9		Emme O'DONNELL	#3	Dallas Baptist	17:34.35	4/13
10		Megan SMITH	#3	Dallas Baptist	17:46.68	4/13

Women's 10,000 Meters

1	2	Florance UWAJENEZA	#1	West Texas A&M P	32:49.06	4/13
2	8	Marissa INSINNA	#3	Dallas Baptist P	34:26.51	3/17
3	10	Madison BROWN	#3	Dallas Baptist P	34:28.89	3/17
4	28	KayCee KELLER	#3	Dallas Baptist P	35:25.43	4/12
5	36	Betty BAJIKA	#1	West Texas A&M P	35:47.00c (36:26.54A)	4/22
6	45	Jenna HOWARD	#3	Dallas Baptist P	36:08.17	4/13
7	51	Lexi MAUL	#1	West Texas A&M P	36:24.33c (37:04.56A)	4/22
8	97	Elizabeth HEFFERNAN	#8	Oklahoma Chris'	37:47.84	3/29
9		Caroline KARR	#8	Oklahoma Chris'	37:58.51	3/29
10		Kallie BULLARD	#1	West Texas A&M	38:24.94c (39:07.39A)	4/22

Women's 4x100 Relay

1	1	Jordanae SCOTT, Leah BELFIELD, Alana WILSON, DeOndra GREEN	#1	West Texas A&M P	44.46c (44.34A)	4/6
2	30	Maricia SPENCE, Fatoumata KABO, Shiean WALTERS, Zykia MCDANIEL	#2	Angelo State	46.75	3/17
3	31	Kennedy SMITH, Asia ROBERTSON, Corinne THORPE, Jaylen HOGUE	#6	Midwestern Stal	46.76	4/7
4	50	Cynai CHRISTOPHER, Vitiana ROBERT, Melanie ROLAND, Martina STANCHI	#4	Texas A&M-King	47.38	4/7
5	73	Michaelle SIME, Joy EGWU, Jozlyn ARANA, Kiley CUMMINGS	#5	Lubbock Christi	47.98c (47.86A)	4/6
6	96	Whitney WILLEFORD, Ellie FRYE, Meggie MORRIS, Grace HARNEY	#3	Dallas Baptist	48.51	4/22
7		Jaliyah DENNY, Meghan RODRIGUEZ, Mahault LEBRUN, Ashlynn EVANS	#9	Eastern New Me	49.00c (48.88A)	4/6
8		Denim BOONE, Saarah HILL, Amiah OSBORNE, Anne DE JONG	#11	Cameron	51.27	3/30



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Lone Star

Women's 4x400 Relay

1	2	Shiean WALTERS, Zykia MCDANIEL, Maricia SPENCE, Shadae FINDLEY	#2 Angelo State	P 3:38.64	3/29
2	3	Corrssia PERRY, Alana WILSON, Moillet KOUAKOU, Jordan BROWN	#1 West Texas A&M	P 3:39.96	3/29
3	12	Melanie ROLAND, Vitiana ROBERT, Amber GONZALEZ, Cynai CHRISTOPHER	#4 Texas A&M-King	P 3:46.02	4/21
4	14	Reanna ARGULLIN, Jozlyn ARANA, Kiley CUMMINGS, Anna SALISBURY	#5 Lubbock Christi	P 3:46.94c (3:46.50A)	4/6
5	36	Daiza JONES, Jadyne DANGERFIELD, Da'Shrana SIMS, Trell'Kyrah WATKINS	#6 Midwestern Stat	3:51.49	4/21
6	69	Ellie FRYE, Whitney WILLEFORD, Meggie MORRIS, Abbey BRADSHAW	#3 Dallas Baptist	3:58.08	4/22
7	74	Yamila CARTWRIGHT, Amari SINGLETON, Hailey RODRIGUEZ, Mia RIVERA	#10 St. Edward's	3:58.77	3/3
8		Meghan RODRIGUEZ, Mahault LEBRUN, Savannah ROMERO, Kaylyn DE LA ROSA	#9 Eastern New Me	4:09.21	4/14
9		Aerin THOMPSON, Calista SEGURA, Marissa AGEE, Charlisa TEAGLE	#7 UT Tyler	4:09.83c (4:09.39A)	3/24
10		Saarah HILL, Daesha BRATHWAITE, Genevieve YOUNG, Malethabo SEEMA	#11 Cameron	4:10.07	3/24

Women's High Jump

1	5	Brooke URBAN	#1 West Texas A&M	P 1.71mA	5-7¼	3/24
2	11	Taylor NELLOMS	#1 West Texas A&M	P 1.70mA	5-7	4/6
3	26	Madison RAMOS	#4 Texas A&M-King	1.66m	5-5¼	4/15
4	59	Anna RICCOMAGNO	#2 Angelo State	1.62m	5-3¾	4/7
5	75	Kylie PADEN	#2 Angelo State	1.60m	5-3	3/3
5	75	Aerin THOMPSON	#7 UT Tyler	1.60m	5-3	4/14
7		Laiten GREESON	#1 West Texas A&M	1.59mA	5-2½	4/6
8		Elliot HARRISON	#1 West Texas A&M	1.56mA	5-1¼	4/6
9		Abby PHILLIPS	#3 Dallas Baptist	1.55m	5-1	4/13
10		Abbey BRADSHAW	#3 Dallas Baptist	1.54m	5-½	3/9
10		Amanda CHACON	#3 Dallas Baptist	1.54m	5-½	3/9
10		Hekla MAGNUSDOTTIR	#1 West Texas A&M	1.54mA	5-½	4/22

Women's Pole Vault

1	8	Abeni KRATZMEYER	#7 UT Tyler	P 4.02m	13-2¼	4/22
2	46	Coryn PETERS	#2 Angelo State	3.65mA	11-11¾	3/24
2	46	Camryn BARROS	#2 Angelo State	3.65mA	11-11¾	3/24
4	76	Joey ZIMMERMAN	#1 West Texas A&M	3.50mA	11-5¾	4/6
5	88	Kylie PADEN	#2 Angelo State	3.45mA	11-3¾	3/24
6		Paige GRAHAM	#9 Eastern New Me	3.35mA	10-11¾	4/14
6		Olivia MITCHELL	#7 UT Tyler	3.35m	10-11¾	4/14
8		Katelyn BOHENSKY	#2 Angelo State	3.28m	10-9	4/22
9		Delaini HANNA	#6 Midwestern Stat	3.20m	10-6	4/14
10		Sofia GARCIA	#4 Texas A&M-King	3.17m	10-4¾	4/22

Women's Long Jump

1	7	Daniela PESIC	#1 West Texas A&M	P 6.15mwA	20-2¼ (3.9)	4/6
2	9	Maricia SPENCE	#2 Angelo State	P 6.11mw	20-½ (2.1)	4/7
3	18	Taylor NELLOMS	#1 West Texas A&M	P 6.06mwA	19-10¾ (3.)	4/6
4	29	Kailee BENTON	#1 West Texas A&M	P 5.89mwA	19-4 (3.7)	4/22
5	32	Miriam ZANOVELLO	#1 West Texas A&M	P 5.87mwA	19-3¼ (3.3)	4/6
6	45	Abby ZAMZOW	#2 Angelo State	5.76m	18-10¾ (0.)	4/7
7	47	Elliot HARRISON	#1 West Texas A&M	5.75mA	18-10½ (1.)	4/6
8	69	Laiten GREESON	#1 West Texas A&M	5.61mA	18-5 (0.8)	4/6
8	69	Whitney WILLEFORD	#3 Dallas Baptist	5.61mw	18-5 (2.9)	4/14
10		Ashlynn EVANS	#9 Eastern New Me	5.50mA	18-½ (0.4)	4/6

Women's Triple Jump

1	2	Taylor NELLOMS	#1 West Texas A&M	P 13.29mw	43-7¼ (2.4)	3/29
2	13	Miriam ZANOVELLO	#1 West Texas A&M	P 12.26mwA	40-2¾ (2.8)	4/6
3	23	Jazmin RAY	#4 Texas A&M-King	P 12.09m	39-8 (1.6)	4/22
4	28	Allison VAUGHN	#2 Angelo State	P 12.00m	39-4½ (-0.)	4/7
5	32	Hekla MAGNUSDOTTIR	#1 West Texas A&M	11.93mA	39-1¾ (1.5)	4/22
6	35	Stefani VASILEVA	#1 West Texas A&M	11.90mwA	39-½ (3.7)	3/18
7	71	Kailee BENTON	#1 West Texas A&M	11.48mwA	37-8 (2.4)	4/22
8	87	Hayden GREEN	#3 Dallas Baptist	11.37m	37-3¾ (1.4)	4/13
9	93	Ashlynn EVANS	#9 Eastern New Me	11.30m	37-1 (0.0)	3/24
10		Peyton LEWIS	#6 Midwestern Stat	11.13m	36-6¼ (-1.)	4/14

Women's Shot Put

1	14	Katryna HERNANDEZ	#4 Texas A&M-King	P 14.45m	47-5	4/15
2	33	Tamia SMITH	#9 Eastern New Me	13.54mA	44-5¼	4/6
3	35	Mackenzie CONTRERAS	#4 Texas A&M-King	13.40m	43-11¾	4/15
4	46	Brooklyn HOUSE	#7 UT Tyler	13.25m	43-5¾	3/17
5	52	Maricia SPENCE	#2 Angelo State	13.18m	43-3	4/7
6	72	Abigail JONES	#5 Lubbock Christi	12.95mA	42-6	3/24
7	80	Meadow GALLETINE	#1 West Texas A&M	12.85mA	42-2	4/14
8	82	Alexandria TICE	#1 West Texas A&M	12.72mA	41-8¾	4/14
9		Landri SAGEBIEL	#2 Angelo State	12.44mA	40-9¾	3/24
10		Kennedy ULMER	#9 Eastern New Me	12.43mA	40-9½	4/22



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Lone Star

Women's Discus

1	13	Brooklyn HOUSE	#7	UT Tyler	P	46.90m	153-11	4/14
2	23	Veronica GARCIA	#4	Texas A&M-King		45.19m	148-3	4/15
3	49	Kennedy ULMER	#9	Eastern New Me		42.95mA	140-11	4/22
4	58	Nikkita ADDY	#8	Oklahoma Chris		42.52m	139-6	4/7
5	71	Katryna HERNANDEZ	#4	Texas A&M-King		41.94m	137-7	3/24
6	77	Tiamara HILL-JOHNSON	#2	Angelo State		41.78m	137-1	3/17
7	83	Abigail JONES	#5	Lubbock Christi		41.61mA	136-6	4/22
8	92	Diana BUSTOS-TORRES	#4	Texas A&M-King		41.19m	135-2	3/17
9		Mackenzie CONTRERAS	#4	Texas A&M-King		40.71m	133-7	3/17
10		Hope GRAY	#1	West Texas A&M		40.64mA	133-4	4/22

Women's Hammer

1	46	Katryna HERNANDEZ	#4	Texas A&M-King		51.14m	167-10	4/7
2	LE+0:	Jenna LLOYD	#4	Texas A&M-King		46.90m	153-11	4/7
3		Abigail JONES	#5	Lubbock Christi		45.54mA	149-5	4/22
4		Diana BUSTOS-TORRES	#4	Texas A&M-King		45.37m	148-10	4/15
5		Andrea JIMENEZ	#4	Texas A&M-King		45.30m	148-8	4/15
6		Taelor BROWN	#8	Oklahoma Chris		44.58m	146-3	4/15
7		Leah OGUNTOPE	#8	Oklahoma Chris		44.36m	145-7	4/15
8		Tamia SMITH	#9	Eastern New Me		44.29m	145-4	4/14
9		Veronica GARCIA	#4	Texas A&M-King		44.11m	144-9	4/22
10		Meadow GALLENTINE	#1	West Texas A&M		43.79mA	143-8	3/18

Women's Javelin

1	8	Talena MURRAY	#2	Angelo State	P	44.70m	146-8	4/22
2	42	Maricia SPENCE	#2	Angelo State		40.63m	133-4	4/7
3	81	Anna RICCOMAGNO	#2	Angelo State		37.77m	123-11	4/7
4		Anna PICKETT	#2	Angelo State		36.05m	118-3	3/17
5		Laiten GREESON	#1	West Texas A&M		34.50mA	113-2	4/6
6		Skyler DEMPSEY	#5	Lubbock Christi		33.17mA	108-10	3/18
7		Paityn GREEN	#5	Lubbock Christi		31.01mA	101-9	3/18
8		Allison VAUGHN	#2	Angelo State		30.80m	101-1	4/22
9		Abby ZAMZOW	#2	Angelo State		29.96m	98-3½	4/22
10		Taryn BROUSSARD	#3	Dallas Baptist		29.29m	96-1¼	4/22

Women's Heptathlon

1	4	Maricia SPENCE	#2	Angelo State	P	5,513	4/7
2	8	Laiten GREESON	#1	West Texas A&M	P	5,136A	4/6
3	10	Anna RICCOMAGNO	#2	Angelo State	P	4,983	4/7
4	13	Elliot HARRISON	#1	West Texas A&M	P	4,895A	4/6
5	14	Allison VAUGHN	#2	Angelo State	P	4,849	4/7
6	16	Abby ZAMZOW	#2	Angelo State	P	4,782	4/7
7	75	Coulter REEL	#5	Lubbock Christi		3,928A	4/6
8	80	Jezell SHOWS	#4	Texas A&M-King		3,907	4/7
9	LE+0:	Kylie FRUSH	#2	Angelo State		3,650	4/7
10		Aerin THOMPSON	#7	UT Tyler		3,419A	4/6



Conference TFRI Event Summary

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MIAA

Women's 100 Meters

1	2	Taniya LOONEY	#1	Pittsburg State	P	11.34w	(3.1)	3/23
2	13	Shenese WALKER	#8	Lincoln (Mo.)	P	11.59w	(3.7)	4/13
3	23	Isabella HOHL	#7	Washburn	P	11.67	(1.4)	4/13
4	28	Hughasia FYFFE	#8	Lincoln (Mo.)	P	11.72w	(2.4)	3/31
5	32	Ally HAMMOND	#2	Northwest Missc	P	11.76w	(3.1)	3/23
5	32	Lytic HOLMAN	#3	Fort Hays State	P	11.76w	(3.1)	3/23
7	34	Kiara SMITH	#4	Missouri Southe	P	11.77	(1.5)	4/8
8	48	Jovanna GUSTAVE	#8	Lincoln (Mo.)	P	11.84	(-3.1)	4/21
9	50	Kennedi CLINE	#2	Northwest Missc	P	11.85w	(3.1)	3/23
10	56	Jamiya MORGAN	#1	Pittsburg State		11.89w	(2.3)	4/22

Women's 100 Meter Hurdles

1	2	Kiara SMITH	#4	Missouri Southe	P	13.22	(2.0)	4/20
2	8	Sophia MYERS	#8	Lincoln (Mo.)	P	13.74w	(2.8)	4/21
3	12	Shanette ALLISON	#8	Lincoln (Mo.)	P	13.91	(1.8)	4/7
4	21	Sarah PRICKETT	#2	Northwest Missc	P	14.11w	(3.1)	4/13
5	22	Nakiya MARSHALL	#1	Pittsburg State	P	14.12	(-0.3)	3/31
6	29	Mattie ROSSI	#3	Fort Hays State	P	14.19	(1.3)	4/23
7	30	Kayla GOODWIN	#5	Central Missouri		14.26w	(2.5)	3/23
8	34	Ally HAMMOND	#2	Northwest Missc		14.30	(0.5)	3/23
8	34	Cornesia CALHOUN-WHITE	#4	Missouri Southe		14.30w	(2.5)	4/14
10	47	Chloe STANLEY	#3	Fort Hays State		14.40	(1.3)	4/23

Women's 200 Meters

1	14	Taniya LOONEY	#1	Pittsburg State	P	23.83	(0.0)	4/8
2	21	Kennedi CLINE	#2	Northwest Missc	P	23.94w	(3.4)	4/13
3	29	Kiara SMITH	#4	Missouri Southe	P	24.08w	(2.4)	4/20
4	40	Lytic HOLMAN	#3	Fort Hays State	P	24.25w	(3.8)	4/23
5	44	Jamiya MORGAN	#1	Pittsburg State	P	24.28	(1.5)	4/22
6	46	Chloe SAENZ	#2	Northwest Missc	P	24.29w	(2.6)	4/13
7	48	Tiffany HUGHEY	#2	Northwest Missc	P	24.30w	(3.4)	4/13
8	62	Chardae OVERSTREET	#4	Missouri Southe		24.44w	(2.4)	4/20
9	77	Isabella HOHL	#7	Washburn		24.60	(0.1)	4/8
10	99	Lauren CARLSON	#9	Emporia State		24.76w	(2.9)	3/23

Women's 400 Meters

1	3	Luisarys TOLEDO	#2	Northwest Missc	P	53.33		4/13
2	6	Tiffany HUGHEY	#2	Northwest Missc	P	53.85		4/13
3	10	Kennedi CLINE	#2	Northwest Missc	P	54.05		4/13
4	16	Chardae OVERSTREET	#4	Missouri Southe	P	54.53		4/20
5	19	Chloe SAENZ	#2	Northwest Missc	P	54.86		4/13
6	23	Kinleigh HALL	#1	Pittsburg State	P	55.46		4/13
7	37	Lytic HOLMAN	#3	Fort Hays State	P	55.74		4/23
8	43	Aneesa ABDUL-HAMEED	#10	Missouri Western	P	55.84		4/13
9	44	Nicole MESSBARGER	#6	Neb.-Kearney	P	55.86c	(55.75A)	4/6
10	45	LaNea WALLACE	#4	Missouri Southe	P	55.88		3/23

Women's 400 Meter Hurdles

1	1	Maria DIAMOND	#8	Lincoln (Mo.)	P	57.88		4/21
2	5	Mattie ROSSI	#3	Fort Hays State	P	59.86		4/13
3	11	Jaedy COMMINS	#2	Northwest Missc	P	1:00.82		4/13
4	14	Olivia SATTLEFIELD	#2	Northwest Missc	P	1:01.01		4/13
5	15	Taylor SAVOLT	#3	Fort Hays State	P	1:01.17		4/13
5	15	Abigail REID	#9	Emporia State	P	1:01.17		4/8
7	21	LaNea WALLACE	#4	Missouri Southe	P	1:01.53		4/20
8	46	Kyla CARLSON	#6	Neb.-Kearney		1:03.18c	(1:03.07A)	4/6
9	47	Kayla GOODWIN	#5	Central Missouri		1:03.20		3/29
10	54	Chloe STANLEY	#3	Fort Hays State		1:03.59		4/13

Women's 800 Meters

1	4	Luisarys TOLEDO	#2	Northwest Missc	P	2:07.78		4/13
2	11	Bailey BLAKE	#2	Northwest Missc	P	2:09.15		4/13
3	13	Kaylee HARP	#2	Northwest Missc	P	2:09.42		4/13
4	23	Emily SALMANS	#3	Fort Hays State	P	2:10.52		4/13
5	63	Jana SHAWVER	#5	Central Missouri		2:13.17		4/20
6	68	Alexis ADAMS	#10	Missouri Western		2:13.45		4/23
7	70	Katie BEAN	#5	Central Missouri		2:13.49		4/20
8	71	Lydia MCGLOCKLIN	#2	Northwest Missc		2:13.50		4/13
9	80	Claire BRUENING	#1	Pittsburg State		2:14.01		4/13
10	91	Katie BYRD	#11	Rogers State		2:14.66		4/14

Women's 1500 Meters

1	78	Claire BRUENING	#1	Pittsburg State		4:36.28		4/13
2	86	Lily JOHNSON	#7	Washburn		4:37.03		4/14
3	98	Emily SALMANS	#3	Fort Hays State		4:38.20		4/13
4		Katie BYRD	#11	Rogers State		4:39.20		4/7
5		Regan HODSDEN	#3	Fort Hays State		4:39.27		4/13
6		Madison BRADSHAW	#11	Rogers State		4:40.02		3/24
7		Tori WOOD	#11	Rogers State		4:40.05		3/24
8		Kelie HENDERSON	#4	Missouri Southe		4:41.00		3/23
9		Baylee ALSTROM	#6	Neb.-Kearney		4:42.01		4/21
10		Katie BEAN	#5	Central Missouri		4:42.40		4/22

Women's Steeplechase

1	15	Caroline CUNNINGHAM	#2	Northwest Missc	P	10:38.52		4/13
2	50	Kayana GAINES	#4	Missouri Southe		11:20.91		4/20
3	51	Brynn HIRSCHFELD	#6	Neb.-Kearney		11:21.34		4/7
4	62	Eve WEBER	#7	Washburn		11:30.03		4/14
5	64	Erin HAMMEKE	#1	Pittsburg State		11:30.50		4/22
6		Risper MENGICH	#5	Central Missouri		11:46.73		4/22
7		Kennedy KREJDL	#6	Neb.-Kearney		11:58.03		4/21
8		Emma BONSALL	#6	Neb.-Kearney		11:58.98		4/7
9		Stacy BRIGGS	#7	Washburn		12:20.66		4/7
10		Alana BUNDY	#4	Missouri Southe		12:36.00		4/14



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MIAA

Women's 5000 Meters

1	26	Regan HODSDEN	#3	Fort Hays State	P	16:47.77	4/13
2	33	Caroline CUNNINGHAM	#2	Northwest Missc	P	16:53.58	4/13
3	45	Kelie HENDERSON	#4	Missouri Southe	P	17:04.90	4/1
4	79	Jaycee VATH	#3	Fort Hays State		17:20.22	4/13
5	84	Lilah GENEL	#4	Missouri Southe		17:21.92	4/1
6	94	Tori WOOD	#11	Rogers State		17:28.91	4/7
7		Brianna DEANGELIS	#11	Rogers State		17:33.68	3/24
8		Katie BYRD	#11	Rogers State		17:33.84	3/24
9		Lily JOHNSON	#7	Washburn		17:35.91	4/7
10		Jordan SOTO-STOPAK	#6	Neb.-Kearney		17:38.56	4/7

Women's 10,000 Meters

1	24	Madison NASH	#10	Missouri Western	P	35:17.50	4/13
2	50	Lara MURDOCK	#1	Pittsburg State	P	36:21.88	4/13
3	58	Brianna DEANGELIS	#11	Rogers State		36:39.28	4/7
4	80	Amber OWENS	#2	Northwest Missc		37:26.77	4/23
5	89	Hannah HONEYMAN	#1	Pittsburg State		37:35.88	4/13
6		Kenzie BERGMAN	#5	Central Missouri		39:07.27	4/14
7		Abby KINNEY	#10	Missouri Western		39:48.31	4/23

Women's 4x100 Relay

1	4	Hughasia FYFFE, Danneika LYN, Monea CAREY, Jovanna GUSTAVE	#8	Lincoln (Mo.)	P	45.13	4/21
2	14	Lexie GILBERT, Tiffany HUGHEY, Kennedy CLINE, Ally HAMMOND	#2	Northwest Missc	P	45.95	3/31
3	16	Kiara SMITH, Chardae OVERSTREET, Cornesia CALHOUN-WHITE, LaNea WALLACE	#4	Missouri Southe	P	45.99	4/20
4	34	Allison BRUMLEY, Taniya LOONEY, Nakiya MARSHALL, Jamiya MORGAN	#1	Pittsburg State		46.96	3/23
5	44	Tori POE, Kinley BROWN, Jasey DOWNING, Lyric HOLMAN	#3	Fort Hays State		47.28	3/23
6	54	Kadaisha MPWO, Lauren CARLSON, Ashley WILDEMAN, Jasmine HURLA	#9	Emporia State		47.61	4/23
7	56	Hailey PATTERSON, Maya PATTISON, Kereser AUGUSTIN, Isabella HOHL	#7	Washburn		47.64	3/31
8	60	Camryn HOLLOMAN, Brooklynn HOLTMAN, Aubree BELL, Lenetta LEE	#5	Central Missouri		47.68	4/14
9	85	Jaida STEWARD, Alexis ADAMS, Sherine VAN DER WESTHUI, Aneesa ABDUL-HAMEED	#10	Missouri Western		48.26	3/31



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MIAA

Women's 4x400 Relay

1	1	Chloe SAENZ, Luisarys TOLEDO, Kennedi CLINE, Tiffany HUGHEY	#2	Northwest Missc	P	3:35.51	4/13
2	11	Lytic HOLMAN, Reba MADER, Taylor SAVOLT, Mattie ROSSI	#3	Fort Hays State	P	3:45.64	4/13
3	13	Chrissani MAY, Shantae GEORGE, Maria DIAMOND, Shevanae THOMAS	#8	Lincoln (Mo.)	P	3:46.19	4/7
4	14	Maddie O'NEILL, Kinleigh HALL, Matti PRICE, Nakiya MARSHALL	#1	Pittsburg State	P	3:46.94	4/13
5	21	Kereser AUGUSTIN, Ashley HEAVNER, Katelyn JONES, Isabella HOHL	#7	Washburn	P	3:48.33	4/13
6	32	Lauren CARLSON, Abigail REID, Jasmine HURLA, Hollie MARLOW	#9	Emporia State		3:50.68	3/23
7	38	Kyla CARLSON, Abby ROSE, Hannah ANDERSON, Nicole MESSBARGER	#6	Neb.-Kearney		3:52.18	4/1
8	40	Brooklynn HOLTMAN, Katie BEAN, Jana SHAWVER, Kayla GOODWIN	#5	Central Missouri		3:52.55	4/14
9	51	Alexis ADAMS, Haley SAMPSON, Paige KVALE, Sherine VAN DER WESTHUIZEN	#10	Missouri Western		3:55.14	4/23
10		Hannah ANELLO, Tori WOOD, Jocelyn TURNER, Katie BYRD	#11	Rogers State		4:07.70	3/10

Women's High Jump

1	5	Brianna RUSSELL	#6	Neb.-Kearney	P	1.71m	5-7¼	4/15
1	5	Allary LIBERATORE	#1	Pittsburg State	P	1.71m	5-7¼	4/22
1	5	Erica SCHAMEL	#1	Pittsburg State	P	1.71m	5-7¼	3/30
4	15	Nehlia MILLS	#8	Lincoln (Mo.)	P	1.68m	5-6	3/24
5	26	Mattie FLANAGAN	#1	Pittsburg State		1.66m	5-5¼	4/22
5	26	Kyra HEALD	#1	Pittsburg State		1.66m	5-5¼	3/23
7	34	Brooklyn STAAB	#6	Neb.-Kearney		1.65m	5-5	4/21
7	34	Abby EVERITT	#6	Neb.-Kearney		1.65m	5-5	4/21
9	50	Rachel WILSON	#1	Pittsburg State		1.63m	5-4¼	3/23
9	50	Kayla GOODWIN	#5	Central Missouri		1.63m	5-4¼	4/22

Women's Pole Vault

1	1	Madi WULFEKOTTER	#5	Central Missouri	P	4.27m	14-0	4/14
2	2	Kyla DAVIS	#1	Pittsburg State	P	4.20m	13-9¼	4/13
3	15	Holly ROBINSON	#4	Missouri Southern	P	3.97m	13-¼	4/14
4	18	Megan MCMANIS	#9	Emporia State	P	3.90m	12-9½	4/23
5	21	Tassilyn BOLIN	#7	Washburn	P	3.85m	12-7½	3/31
6	26	Abby HOBBS	#4	Missouri Southern	P	3.82m	12-6¼	4/14
7	27	Rachael MAYBERRY	#7	Washburn	P	3.80m	12-5½	3/23
8	34	Shelbi DAY	#1	Pittsburg State	P	3.76m	12-4	4/8
9	38	Gabrielle OBORNY	#6	Neb.-Kearney	P	3.75m	12-3½	4/21
10	43	Katie CANDRL	#4	Missouri Southern		3.67m	12-½	4/14
10	43	Mackenzie MORING	#4	Missouri Southern		3.67m	12-½	4/14

Women's Long Jump

1	8	Luisarys TOLEDO	#2	Northwest Missouri	P	6.12m	20-1 (-0.4)	4/13
2	23	Claire LUALLAN	#5	Central Missouri	P	5.99mw	19-8 (3.2)	4/14
3	24	Kayla GOODWIN	#5	Central Missouri	P	5.98m	19-7½ (1.9)	3/23
4	30	Kim SMITH	#7	Washburn	P	5.88m	19-3½ (-1)	4/8
5	40	Makayla WATSON	#1	Pittsburg State		5.79m	19-0 (0.7)	3/23
6	43	Haley SCHALL	#6	Neb.-Kearney		5.77m	18-11¼ (0)	4/21
7	48	Maggie KLOVER	#5	Central Missouri		5.73mw	18-9¾ (3.8)	4/14
8	62	Annalisa BARCLAY	#8	Lincoln (Mo.)		5.64m	18-6 (0.7)	4/7
9	73	Taylor SAVOLT	#3	Fort Hays State		5.60m	18-4½ (1.3)	4/13
10	81	Mattie FLANAGAN	#1	Pittsburg State		5.57m	18-3¼ (0.6)	4/8

Women's Triple Jump

1	1	Auna CHILDRESS	#1	Pittsburg State	P	13.47mw	44-2½ (2.1)	4/22
2	5	Nakiya MARSHALL	#1	Pittsburg State	P	12.51m	41-½ (0.0)	4/14
3	6	Annalisa BARCLAY	#8	Lincoln (Mo.)	P	12.47mw	40-11 (3.7)	4/13
4	10	Kayla GOODWIN	#5	Central Missouri	P	12.34m	40-6 (1.2)	4/20
5	27	Jennifer OKEKE	#4	Missouri Southern	P	12.03m	39-5¾ (0.9)	3/31
6	35	Maggie KLOVER	#5	Central Missouri		11.90mw	39-½ (3.2)	4/22
7	59	Camryn HOLLOMAN	#5	Central Missouri		11.59mw	38-¼ (3.4)	4/22
8	81	Myah MORRIS	#5	Central Missouri		11.41m	37-5¼ (0.0)	3/23
9		Makayla PAVELKA	#1	Pittsburg State		11.16m	36-7½ (0.5)	4/8
10		Lillian HART	#4	Missouri Southern		10.78m	35-4½ (0.7)	3/31

Women's Shot Put

1	2	Samariae BONDS	#4	Missouri Southern	P	15.54m	51-0	4/14
2	11	Shanice HUTSON	#7	Washburn	P	14.59m	47-10½	3/31
3	22	Dahsauni LYDAY	#12	Central Oklahoma	P	14.19m	46-6¾	4/21
4	28	Ilaria VILLA	#7	Washburn		13.93m	45-8½	4/23
5	29	Jordan DOCKWEILER	#6	Neb.-Kearney		13.89mA	45-7	4/6
6	36	Camryn WILLIAMS	#1	Pittsburg State		13.39m	43-11¼	4/8
7	48	Abby LASITER	#1	Pittsburg State		13.23m	43-5	4/14
8	51	Quinn WEAKLEY	#2	Northwest Missouri		13.19m	43-3¼	4/23
9	52	Emma SEIDL	#9	Emporia State		13.18m	43-3	4/13
10	56	Mackenzie SMITH	#6	Neb.-Kearney		13.15m	43-1¾	4/21



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MIAA

Women's Discus

1	8	Lily NOVACEK	#6	Neb.-Kearney	P	48.63m	159-7	4/15
2	17	Allyssa MAHONE	#10	Missouri Western	P	46.45m	152-5	4/23
3	20	Addison HINTERWEGER	#1	Pittsburg State		45.69m	149-11	4/14
4	21	Shanice HUTSON	#7	Washburn		45.48m	149-3	4/14
5	38	Ilaria VILLA	#7	Washburn		44.10m	144-8	4/7
6	40	Rachael MOLLOY	#5	Central Missouri		43.84m	143-10	4/14
7	55	Mackenzie SMITH	#6	Neb.-Kearney		42.64m	139-11	4/1
8	68	Madison VERMETTEN	#9	Emporia State		42.10m	138-2	4/13
9	73	Abby VOGEL	#5	Central Missouri		41.89m	137-5	4/14
10	74	Dahsauni LYDAY	#12	Central Oklahoma		41.84m	137-3	4/7

Women's Hammer

1	5	Rachael MOLLOY	#5	Central Missouri	P	59.37m	194-10	4/14
2	6	Alyssa CONWAY	#9	Emporia State	P	59.31m	194-7	4/13
3	11	Samariae BONDS	#4	Missouri Southern	P	56.72m	186-1	4/14
4	12	Lily NOVACEK	#6	Neb.-Kearney	P	56.39m	185-0	4/15
5	21	Mackenzie SMITH	#6	Neb.-Kearney	P	53.87m	176-9	4/15
6	25	Paola CASTALDI	#7	Washburn	P	53.21m	174-7	4/7
7	29	Abby LASITER	#1	Pittsburg State	P	52.85m	173-5	4/22
8	31	Mallory HUBER	#4	Missouri Southern	P	52.69m	172-11	4/14
9	34	Adriel HOLLOWAY	#7	Washburn	P	52.53m	172-4	4/14
10	37	Abby VOGEL	#5	Central Missouri		52.17m	171-2	4/14

Women's Javelin

1	1	Keilee JOHNSON	#4	Missouri Southern	P	51.41m	168-8	3/31
2	2	Rhyann BROWN	#3	Fort Hays State	P	48.71m	159-10	4/1
3	3	Addie BERENS	#3	Fort Hays State	P	47.14m	154-8	4/7
4	7	Elizabeth POMATTO	#4	Missouri Southern	P	45.00m	147-8	4/8
5	10	Madison REESE	#1	Pittsburg State	P	44.44m	145-10	3/23
6	11	Jaida MCEWEN	#6	Neb.-Kearney	P	44.37m	145-7	3/23
7	13	Rylee GARRETT	#1	Pittsburg State	P	44.07m	144-7	3/31
8	15	Susan MOMAN	#4	Missouri Southern	P	43.79m	143-8	4/8
9	23	Shelby SOGAARD	#1	Pittsburg State	P	42.71m	140-2	3/31
10	26	Bailey MONROE	#1	Pittsburg State	P	42.39m	139-1	3/31

Women's Heptathlon

1	5	Kayla GOODWIN	#5	Central Missouri	P	5,476		3/23
2	11	Mattie ROSSI	#3	Fort Hays State	P	4,962		4/13
3	15	Claire LUALLEN	#5	Central Missouri	P	4,838		3/23
4	18	Taylor SAVOLT	#3	Fort Hays State	P	4,741		4/13
5	19	Naiuri KREIN	#7	Washburn	P	4,726		4/13
6	21	Abigail REID	#9	Emporia State	P	4,712		3/23
7	27	Anna GLADSTONE	#2	Northwest Missouri State	P	4,580		4/13
8	29	Chloe STANLEY	#3	Fort Hays State	P	4,530		4/13
9	60	Shelby BUTTERFIELD	#2	Northwest Missouri State		4,083		3/23
10	73	Victoria PETTAY	#9	Emporia State		3,982		3/23



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Mountain East

Women's 100 Meters

1	11	Ny'Tierra HOBBS	#5	West Virginia We P	11.56w	(4.0)	3/31
2		Susan TRAMMEL	#3	Wheeling	12.12w	(3.8)	4/21
3		Louanne POUZANCRE	#1	Charleston (W.V.	12.13	(1.7)	4/8
4		Ka'niya MCGOWAN	#3	Wheeling	12.16	(-3.1)	4/21
5		Valerie BOARDS	#4	Frostburg State	12.24	(1.1)	4/13
6		Deja RYALS	#3	Wheeling	12.26	(1.9)	4/7
7		Sierra LANHAM	#2	West Liberty Sta	12.34	(1.3)	4/15
8		China JEFFERSON	#6	Glenville State	12.36	(1.3)	3/10
9		Talayna HOLMES	#7	Concord	12.40	(0.0)	4/14
10		Shannon FARROW	#5	West Virginia We	12.43w	(3.0)	3/31

Women's 100 Meter Hurdles

1	67	Samantha CASH	#5	West Virginia We	14.62	(-1.9)	4/21
2	96	Isha SESAY	#3	Wheeling	14.80w	(2.8)	4/21
3		Hailey CARREON	#2	West Liberty Sta	14.93	(1.5)	4/15
4		Miriam DREHER	#1	Charleston (W.V.	15.08w	(2.3)	3/31
5		Tara PERRY	#3	Wheeling	15.31	(-0.6)	4/14
6		Balie DESTEFANO	#1	Charleston (W.V.	15.34w	(2.3)	3/31
7		Jenay SOUMAHRO	#3	Wheeling	15.39	(1.1)	4/7
8		China JEFFERSON	#6	Glenville State	15.49	(1.9)	3/25
9		Angela EJIMOFOR	#6	Glenville State	15.51	(-1.0)	4/22
10		Aubrey WIETHE	#5	West Virginia We	15.85	(0.3)	4/7

Women's 200 Meters

1	40	Louanne POUZANCRE	#1	Charleston (W.V. P	24.25w	(2.2)	4/13
2	49	Ny'Tierra HOBBS	#5	West Virginia We P	24.32	(1.1)	4/15
3	96	China JEFFERSON	#6	Glenville State	24.75	(0.8)	3/31
4		Ka'niya MCGOWAN	#3	Wheeling	25.08	(0.0)	4/14
5		Susan TRAMMEL	#3	Wheeling	25.36	(1.6)	4/14
6		Valerie BOARDS	#4	Frostburg State	25.75w	(2.2)	4/13
7		Talayna HOLMES	#7	Concord	25.80	(0.1)	4/14
8		Sierra LANHAM	#2	West Liberty Sta	25.84	(0.9)	4/15
9		Gabrielle HEARD	#4	Frostburg State	25.87	(0.0)	4/22
10		Jasmine SCOTT	#4	Frostburg State	25.97	(0.5)	4/7

Women's 400 Meters

1	21	Louanne POUZANCRE	#1	Charleston (W.V. P	55.27		4/13
2	84	Jasmine SCOTT	#4	Frostburg State	57.12		4/22
3		China JEFFERSON	#6	Glenville State	58.03		4/22
4		Roxanne MCFARLIN	#8	Davis and Elkins	58.71		4/14
5		Jerell STRACHAN	#7	Concord	58.89		3/24
6		Camilia HOYA	#1	Charleston (W.V.	59.95		3/31
7		Trinity BUMBRY	#9	Alderson Broadc	1:00.30		4/14
8		Baby JIMERSON	#4	Frostburg State	1:00.42		3/17
9		Balie DESTEFANO	#1	Charleston (W.V.	1:00.70		4/8
10		Mercy JEPLETING	#1	Charleston (W.V.	1:01.46		4/22

Women's 400 Meter Hurdles

1	56	Balie DESTEFANO	#1	Charleston (W.V.	1:03.64		4/21
2	77	Samantha CASH	#5	West Virginia We	1:04.28		4/21
3		Aubrey WIETHE	#5	West Virginia We	1:05.29		4/15
4		Janel MITCHELL	#6	Glenville State	1:05.78		3/25
5		Jenay SOUMAHRO	#3	Wheeling	1:05.95		4/14
6		Marina BARAHONA	#1	Charleston (W.V.	1:09.67		3/31
7		Josea SMITH	#7	Concord	1:10.72		4/14
8		Bre'ya CLOPPER	#3	Wheeling	1:11.26		4/7
9		Iyanna WOODY	#4	Frostburg State	1:11.37		4/7
10		Ivy ALLEN	#2	West Liberty Sta	1:13.75		4/15

Women's 800 Meters

1	81	Flora TISSIER	#1	Charleston (W.V.	2:14.07		4/8
2		Caroline FODOR	#3	Wheeling	2:15.21		4/14
2		Lily DOWDELL	#1	Charleston (W.V.	2:15.21		3/23
4		Dakota JOHNSON	#5	West Virginia We	2:15.91		4/21
5		Mercy JEPLETING	#1	Charleston (W.V.	2:16.88		4/8
6		Layla JAMES	#9	Alderson Broadc	2:17.10		4/14
7		Hannah ALTIZER	#7	Concord	2:18.09		4/14
8		Lauren TWYMAN	#8	Davis and Elkins	2:20.51		3/30
9		Emily WALLACE	#7	Concord	2:22.07		4/14
10		Ella HESSON	#8	Davis and Elkins	2:23.10		4/14

Women's 1500 Meters

1	39	Flora TISSIER	#1	Charleston (W.V. P	4:30.80		4/13
2	61	Lily DOWDELL	#1	Charleston (W.V.	4:33.97		4/13
3		Mercy JEPLETING	#1	Charleston (W.V.	4:44.73		4/21
4		Julie LAFARE	#1	Charleston (W.V.	4:44.82		4/8
5		Hannah KEMP	#2	West Liberty Sta	4:46.75		4/21
6		Emily WALLACE	#7	Concord	4:47.03		3/31
7		Madison WOOLWINE	#1	Charleston (W.V.	4:47.74		4/21
8		Anya MILLER	#8	Davis and Elkins	4:47.86		3/30
9		Lauren TWYMAN	#8	Davis and Elkins	4:49.46		3/30
10		Ella HESSON	#8	Davis and Elkins	4:51.46		4/14

Women's Steeplechase

1	69	Leigha HALL	#5	West Virginia We	11:32.93		3/31
2		Maele FUCHS	#1	Charleston (W.V.	11:51.61		4/21
3		Hannah MUIR	#4	Frostburg State	12:18.03		4/7
4		Ella HESSON	#8	Davis and Elkins	12:25.17		4/7
5		Erin O'SULLIVAN	#7	Concord	12:33.59		3/10
6		Amanda BRENT	#1	Charleston (W.V.	12:58.99		3/31
7		Gabby BAIANO	#3	Wheeling	12:59.01		4/21
8		Ally HICKS	#2	West Liberty Sta	13:11.41		4/1
9		Rachel SCHENCK	#3	Wheeling	13:22.09		4/21
10		Kristina LESHIO	#5	West Virginia We	13:22.13		4/21



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Mountain East

Women's 5000 Meters

1	24	Julie LAFARE	#1	Charleston (W.V. P	16:44.20	4/13
2		Emily WALLACE	#7	Concord	18:03.71	4/7
3		Mercy JEPLETING	#1	Charleston (W.V.	18:03.82	3/31
4		Kloe LITTLEMAN	#8	Davis and Elkins	18:07.65	3/30
5		Madison WOOLWINE	#1	Charleston (W.V.	18:11.57	4/8
6		Elise LEVEEL	#1	Charleston (W.V.	18:11.95	4/8
7		Hannah KEMP	#2	West Liberty Sta	18:17.91	3/16
8		Hannah MUIR	#4	Frostburg State	18:24.99	3/24
9		Leigha HALL	#5	West Virginia We	18:26.61	3/17
10		Savanna HARDMAN	#8	Davis and Elkins	18:41.73	3/30

Women's 10,000 Meters

1	26	Julie LAFARE	#1	Charleston (W.V. P	35:22.54	3/23
2	41	Elise LEVEEL	#1	Charleston (W.V. P	35:59.17	4/13
3	60	Hannah KEMP	#2	West Liberty Sta	36:47.88	4/14
4		Sydney HAMBEL	#3	Wheeling	40:11.84	4/7
5		Madison CORNETT	#7	Concord	40:29.61	3/10
6		Leigha HALL	#5	West Virginia We	40:45.65	4/14
7		Katy WALKUP	#7	Concord	42:11.82	3/10
8		Rachel SNEDDEN	#8	Davis and Elkins	43:14.19	4/14
9		Chelsea MONTAU	#4	Frostburg State	43:49.49	3/24
10		Emma LONDEREE	#7	Concord	45:38.41	4/22

Women's 4x100 Relay

1	62	Maggie KOVALCIK, Sierra LANHAM, Madison CADLE, Hailey CARREON	#2	West Liberty Sta	47.71	4/15
2	88	Hailey DILLOW, Shannon FARROW, Samantha CASH, Ny'Tierra HOBBS	#5	West Virginia We	48.33	3/31
3	98	Tristen CLARK, Malaika HABIB, Gabrielle HEARD, Valerie BOARDS	#4	Frostburg State	48.52	4/22
4		Deja RYALS, Heaven JACKSON, Susan TRAMMEL, Ka'niya MCGOWAN	#3	Wheeling	48.89	4/7
5		Talayna HOLMES, Ryann DAVIS, Savannah CUNNINGHAM, Jerell STRACHAN	#7	Concord	50.98	3/31
6		Bellela COLAS, Justice WASHINGTON, Shaam ALNATOUR, Desiree KNOTTS	#9	Alderson Broadc	51.75	4/22
7		Aaliyah SHEFFIELD, Louanne POUZANCRE, Miriam DREHER, Balie DESTEFANO	#1	Charleston (W.V.	52.33	4/8

Women's 4x400 Relay

1	63	Balie DESTEFANO, Camilia HOYA, Patricia ALONSO- MUNOZ, Louanne POUZANCRE	#1	Charleston (W.V.	3:57.64	4/21
2	80	Jenay SOUMAHRO, Caroline FODOR, Susan TRAMMEL, Ka'niya MCGOWAN	#3	Wheeling	4:00.07	4/21
3		Aissatou DIALLO, Gabrielle HEARD, Baby JIMERSON, Jasmine SCOTT	#4	Frostburg State	4:04.62	4/13
4		Aubrey WIETHE, Samantha CASH, Ny'Tierra HOBBS, Dakota JOHNSON	#5	West Virginia We	4:07.21	3/31
5		Layla JAMES, Nykia FORT, Justice WASHINGTON, Bellela COLAS	#9	Alderson Broadc	4:15.74	3/10
6		Hannah ALTIZER, Savannah CUNNINGHAM, Emily WALLACE, Jerell STRACHAN	#7	Concord	4:15.81	4/14
7		Hannah HILL, Janel MITCHELL, Koschinya JEFFERSON, Jayden COVER	#6	Glenville State	4:17.40	4/7
8		Cassidy WALLACE, Ella HESSON, Savanna HARDMAN, Baylee ADKINS	#8	Davis and Elkins	4:23.05	3/25
9		Abby MASTERS, Hailey CARREON, Bailey PACK, Maggie KOVALCIK	#2	West Liberty Sta	4:26.82	3/25

Women's High Jump

1	75	Mara PENDERGRAST	#2	West Liberty Sta	1.60m	5-3	4/6
1	75	Tara PERRY	#3	Wheeling	1.60m	5-3	3/17
3		Samantha CASH	#5	West Virginia We	1.58m	5-2¼	4/6
4		Bridgette KNAPP	#6	Glenville State	1.57m	5-1¾	3/25
5		Olivia COMBS	#2	West Liberty Sta	1.55m	5-1	4/21
5		Miriam DREHER	#1	Charleston (W.V.	1.55m	5-1	4/8
5		Kaylie LASKODY	#9	Alderson Broadc	1.55m	5-1	4/22
5		Balie DESTEFANO	#1	Charleston (W.V.	1.55m	5-1	4/8
9		Laura DELGADO DE TORRES	#1	Charleston (W.V.	1.52m	4-11¾	3/16
10		Khady NDIAYE	#4	Frostburg State	1.51m	4-11½	4/13



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Mountain East

Women's Pole Vault

1	65	Olivia COMBS	#2	West Liberty Sta	3.55m	11-7½	4/1
2	LE+0:	Eva MORRISON	#4	Frostburg State	3.40m	11-1¾	3/24
3		Mackenzie RINE	#2	West Liberty Sta	3.30m	10-9¾	4/21
4		Olivia MILLER	#2	West Liberty Sta	3.00m	9-10	4/6
5		Kimbria LANCE	#3	Wheeling	2.90m	9-6¼	3/17
5		Brady BROWNING	#5	West Virginia We	2.90m	9-6¼	3/17
7		Kimberly HALSEY	#6	Glenville State	2.88m	9-5¼	4/7
8		Rachael FRANK	#4	Frostburg State	2.30m	7-6½	3/17
9		Sara LOWE	#6	Glenville State	2.28m	7-5¾	4/19
10		Amara MASON	#1	Charleston (W.V.	2.25m	7-4½	4/8

Women's Long Jump

1	53	Sierra LANHAM	#2	West Liberty Sta	5.70m	18-8½ (0.1)	4/21
2		Samantha CASH	#5	West Virginia We	5.47m	17-11½ (1.)	4/15
3		Miriam DREHER	#1	Charleston (W.V.	5.45m	17-10¾ (1.)	3/31
4		Maggie KOVALCIK	#2	West Liberty Sta	5.41m	17-9 (0.6)	4/1
5		Omokemi BALOGUN	#4	Frostburg State	5.35m	17-6¾ (-2.)	4/22
6		China JEFFERSON	#6	Glenville State	5.20m	17-¾ (-1.0)	4/19
7		Olivia COMBS	#2	West Liberty Sta	5.14m	16-10½ (1.)	3/17
7		Lauren WYATT	#2	West Liberty Sta	5.14m	16-10½ (0.)	4/21
9		Tristen CLARK	#4	Frostburg State	5.13m	16-10 (-1.6)	4/13
10		Laura DELGADO DE TORRES	#1	Charleston (W.V.	5.09m	16-8½ (0.3)	4/21

Women's Triple Jump

1	17	Omokemi BALOGUN	#4	Frostburg State	P 12.17m	39-11¼ (0.)	4/13
2	31	Samantha CASH	#5	West Virginia We	11.94mw	39-2¼ (2.2)	4/15
3	51	Miriam DREHER	#1	Charleston (W.V.	11.65mw	38-2¾ (2.3)	3/31
4		Camilia HOYA	#1	Charleston (W.V.	10.87mw	35-8 (3.7)	3/16
5		Khady NDIAYE	#4	Frostburg State	10.47m	34-4¼ (-1.)	4/7
6		Olivia COMBS	#2	West Liberty Sta	10.26m	33-8 (0.4)	4/19
7		Kayla LEMKUS	#1	Charleston (W.V.	10.23m	33-6¾ (0.0)	4/8
8		Sadie EDDINS	#6	Glenville State	10.04m	32-11¼ (-0)	4/7
9		Adria CHAPPLE	#6	Glenville State	10.00m	32-9¾ (1.5)	4/22
10		Kalista MILNE	#1	Charleston (W.V.	9.97m	32-8½ (1.4)	4/21

Women's Shot Put

1	41	Abby MCKINNEY	#1	Charleston (W.V.	13.34m	43-9¼	4/21
2	52	Kimora POOLER	#3	Wheeling	13.18m	43-3	4/19
3		Kennedy MARTIN	#2	West Liberty Sta	12.15m	39-10½	4/21
4		Michelle BAUGHMAN	#5	West Virginia We	11.69m	38-4¼	4/21
5		China JEFFERSON	#6	Glenville State	11.51m	37-9¼	3/16
6		Kamille GRAHAM	#3	Wheeling	11.39m	37-4½	4/19
7		Jacquelin LEAMAN	#5	West Virginia We	11.13m	36-6¼	4/21
8		Kaylee SAVAGE	#2	West Liberty Sta	11.04m	36-2¾	4/21
9		Zowie MANUMA	#1	Charleston (W.V.	10.95m	35-11¼	4/21
10		Addy COTTRILL	#4	Frostburg State	10.80m	35-5¼	3/17

Women's Discus

1	49	Kennedy MARTIN	#2	West Liberty Sta	42.95m	140-11	4/21
2		Addy COTTRILL	#4	Frostburg State	40.27m	132-2	3/24
3		Michelle BAUGHMAN	#5	West Virginia We	38.59m	126-7	4/7
4		China JEFFERSON	#6	Glenville State	37.36m	122-7	4/7
5		Alexa BRADBURN	#4	Frostburg State	34.57m	113-5	4/13
6		Kamille GRAHAM	#3	Wheeling	34.12m	112-0	4/6
7		Makayla WESTRY	#4	Frostburg State	33.31m	109-4	4/13
8		Sydney JEFFERYS	#2	West Liberty Sta	32.19m	105-8	4/21
9		Kimora POOLER	#3	Wheeling	31.82m	104-5	4/14
10		Jaeda NOWAK	#2	West Liberty Sta	31.42m	103-1	4/6

Women's Hammer

1	92	Suzan JOHNSON	#2	West Liberty Sta	47.61m	156-3	4/15
2	99	Makayla WESTRY	#4	Frostburg State	47.05m	154-5	4/7
3		Sydney JEFFERYS	#2	West Liberty Sta	44.61m	146-4	4/15
4		Alexa BRADBURN	#4	Frostburg State	41.21m	135-3	4/7
5		Abby MCKINNEY	#1	Charleston (W.V.	39.74m	130-5	4/21
6		Tessa BOYD	#6	Glenville State	39.49m	129-7	3/10
7		Jaeda NOWAK	#2	West Liberty Sta	39.08m	128-3	3/25
8		Kaylee SAVAGE	#2	West Liberty Sta	38.73m	127-1	4/19
9		Haley NORRIS	#2	West Liberty Sta	38.07m	124-11	4/15
10		Jacquelin LEAMAN	#5	West Virginia We	37.85m	124-2	4/7

Women's Javelin

1		Kennedy MARTIN	#2	West Liberty Sta	33.90m	111-3	4/6
2		Makayla ROLLINCE	#2	West Liberty Sta	33.55m	110-1	4/15
3		JayLynn MCCLARREN	#3	Wheeling	32.59m	106-11	4/14
4		Kalista MILNE	#1	Charleston (W.V.	31.67m	103-11	4/21
5		Ivy ALLEN	#2	West Liberty Sta	29.84m	97-10¾	4/19
6		Kimora POOLER	#3	Wheeling	29.46m	96-8	4/19
7		Mariah PELKEY	#3	Wheeling	29.45m	96-7½	4/19
8		Lilly JACKSON	#7	Concord	28.85m	94-8	4/14
9		Jenna GREEN	#4	Frostburg State	27.18m	89-2¼	4/22
10		Aliana MILLS	#7	Concord	26.83m	88-¼	4/14

Women's Heptathlon

1	33	Samantha CASH	#5	West Virginia We	4,395		4/6
2	63	China JEFFERSON	#6	Glenville State	4,055		3/16
3		Laura DELGADO DE TORRES	#1	Charleston (W.V.	3,419		3/16
4		Ivy ALLEN	#2	West Liberty Sta	3,173		4/6
5		JayLynn MCCLARREN	#3	Wheeling	3,141		4/6
6		Hayley WILLEY	#5	West Virginia We	3,085		4/6
7		Erin HAVILAND	#4	Frostburg State	2,976		4/13
8		Zayne BRAKEALL	#2	West Liberty Sta	2,877		4/6
9		Liz SALAS	#3	Wheeling	2,860		4/6
10		Tori FISHER	#2	West Liberty Sta	2,838		4/6



Conference TFRI Event Summary

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Northeast-10

Women's 100 Meters

1	43	Ella MACLEAN	#2 Southern Conne	11.83	(2.0)	4/14
2		Anna-Sashia JONES	#2 Southern Conne	12.13w	(3.0)	4/14
3		Kisha FRANCOIS	#2 Southern Conne	12.20	(1.3)	4/14
4		Nyjah YOUNG-BEY	#5 Franklin Pierce	12.34	(1.0)	3/31
5		Dardielle EXANTUS	#2 Southern Conne	12.45w	(3.0)	4/14
6		Claire O'REGAN	#3 Adelphi	12.49	(1.6)	3/30
7		Avery WINTERS	#2 Southern Conne	12.50	(0.1)	4/22
7		Lucy AMBROULT	#9 Bentley	12.50	(0.7)	4/21
9		Ava GRAVELL	#1 Southern New H	12.52	(1.0)	3/31
10		Hannah CAIOLA	#2 Southern Conne	12.62	(1.2)	4/1

Women's 100 Meter Hurdles

1	41	Amari JOHNSON	#3 Adelphi	14.34	(0.1)	4/20
2	50	Raven-Symone JARRETT	#6 American Intern	14.48	(2.0)	4/14
3	66	Patrice MANSFIELD	#2 Southern Conne	14.61w	(2.1)	3/25
4		Isabella NEWBURY	#2 Southern Conne	15.03w	(2.1)	3/25
5		Emma HALLET	#1 Southern New H	15.62w	(2.3)	4/15
6		Janae KELLY	#6 American Intern	15.71	(0.3)	4/8
7		Briahna BOUCHARD	#5 Franklin Pierce	15.80	(1.1)	3/31
8		Deborah OFODILE	#6 American Intern	16.00	(0.3)	4/8
9		Gillian PENNA	#2 Southern Conne	16.21	(0.7)	4/14
10		Maggie MCINERNEY	#1 Southern New H	16.34	(1.1)	3/31

Women's 200 Meters

1	60	Ella MACLEAN	#2 Southern Conne	24.42	(1.8)	4/14
2	87	Kisha FRANCOIS	#2 Southern Conne	24.69	(1.8)	4/14
3		Nyjah YOUNG-BEY	#5 Franklin Pierce	24.95	(1.6)	4/14
4		Avery WINTERS	#2 Southern Conne	24.99	(1.8)	4/1
5		Anna-Sashia JONES	#2 Southern Conne	25.00w	(2.2)	3/25
6		Hannah CAIOLA	#2 Southern Conne	25.31	(1.8)	4/14
7		Monique MALCOLM	#6 American Intern	25.49	(-0.1)	4/1
8		Ava GRAVELL	#1 Southern New H	25.78	(1.0)	4/15
9		Jaimee HIRSCHFELD	#7 Assumption	25.84	(-0.1)	4/1
10		Syeira CAMPBELL	#6 American Intern	25.85	(2.0)	4/8
10		Claire O'REGAN	#3 Adelphi	25.85	(0.9)	3/30

Women's 400 Meters

1	47	Nyjah YOUNG-BEY	#5 Franklin Pierce P	55.95		4/14
2	85	Hannah CAIOLA	#2 Southern Conne	57.13		4/8
2	85	Avery WINTERS	#2 Southern Conne	57.13		4/14
4		Ella MACLEAN	#2 Southern Conne	57.54		4/1
5		Johnelle THOMAS	#6 American Intern	57.63		4/14
6		Syeira CAMPBELL	#6 American Intern	57.96		4/14
7		Ava GRAVELL	#1 Southern New H	58.05		4/15
8		Rebecca CADY	#11 Saint Anselm	1:00.34		4/15
9		Fiona MALONEY	#3 Adelphi	1:00.43		4/14
10		Camille LOPEZ	#7 Assumption	1:00.66		4/6

Women's 400 Meter Hurdles

1	31	Isabella NEWBURY	#2 Southern Conne	1:02.60		3/25
2	62	Gabrielle GRIFFIN	#3 Adelphi	1:03.73		4/14
3	76	Maggie MCINERNEY	#1 Southern New H	1:04.22		4/15
4	87	Patrice MANSFIELD	#2 Southern Conne	1:04.49		4/14
5		Johnelle THOMAS	#6 American Intern	1:05.92		4/22
6		Alyson SIMPSON	#7 Assumption	1:09.86		4/15
7		Briahna BOUCHARD	#5 Franklin Pierce	1:10.38		4/14
8		Peri SNOW	#7 Assumption	1:10.43		4/6
9		Jennifer KULICK	#5 Franklin Pierce	1:10.76		4/15
10		Bridget HAILEY	#7 Assumption	1:12.20		4/6

Women's 800 Meters

1	8	Isabel MARSH	#3 Adelphi P	2:08.93		4/14
2	34	Katherine MARSH	#3 Adelphi	2:11.31		4/20
3		Julia MANSFIELD	#2 Southern Conne	2:17.72		4/14
4		Peri SNOW	#7 Assumption	2:17.95		4/14
5		Caitlin BURMESTER	#9 Bentley	2:18.08		4/15
6		Ashley CORCORAN	#1 Southern New H	2:20.10		4/8
7		Sumaira MAYAN	#3 Adelphi	2:21.43		4/14
8		Fransisca CHEROTICH	#6 American Intern	2:22.07		4/22
9		Rachel TUCCI	#3 Adelphi	2:23.03		4/22
10		Hannah BRADBURY	#1 Southern New H	2:23.89		4/15

Women's 1500 Meters

1	60	Ashley CORCORAN	#1 Southern New H	4:33.90		4/21
2		Katherine MARSH	#3 Adelphi	4:42.34		3/24
3		Isabel MARSH	#3 Adelphi	4:43.86		3/24
4		Fransisca CHEROTICH	#6 American Intern	4:46.39		4/14
5		Caitlin BURMESTER	#9 Bentley	4:48.91		4/21
6		Grace MINIKEL	#3 Adelphi	4:50.28		4/22
7		Kaitlyn O'ROURKE	#1 Southern New H	4:53.57		4/15
8		Alana THOMPSON	#5 Franklin Pierce	4:54.84		4/22
9		Audrey CHRISTO	#9 Bentley	4:55.02		4/15
10		Kelsey SEAMANS	#1 Southern New H	4:56.30		4/15

Women's Steeplechase

1	7	Ashley CORCORAN	#1 Southern New H P	10:21.74		4/15
2	60	Kaitlyn O'ROURKE	#1 Southern New H	11:28.43		3/31
3	96	Corrina OBERNESSER	#1 Southern New H	11:44.00		3/31
4		Riley MCDERMOTT	#1 Southern New H	12:08.00		4/15
5		Sarah ENES	#7 Assumption	12:13.55		4/22
6		Sumaira MAYAN	#3 Adelphi	12:14.24		4/8
7		Victoria VAN HOUTEN	#5 Franklin Pierce	12:24.41		4/15
8		Alexandra KENEALY	#4 New Haven	12:30.91		4/22
9		Lucia KUTNER	#3 Adelphi	12:42.83		4/8
10		Rose CONNOLLY	#7 Assumption	13:34.72		4/8



Conference TFRI Event Summary

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Northeast-10

Women's 5000 Meters

1	Kelsey SEAMANS	#1	Southern New H	17:50.58	4/21
2	Grace MINIKEL	#3	Adelphi	17:57.06	3/30
3	Ashley CORCORAN	#1	Southern New H	18:02.60	3/31
4	Kendyl VERMETTE	#6	American Intern	18:11.34	4/14
5	Marin PROVENCHER	#11	Saint Anselm	18:28.04	3/31
6	Fransiscah CHEROTICH	#6	American Intern	18:33.98	4/1
7	Sarah ZARAKOTAS	#1	Southern New H	18:40.16	4/21
8	Rachel TUCCI	#3	Adelphi	18:44.56	4/14
9	Ava O'DONNELL	#11	Saint Anselm	19:12.28	3/31
10	Nora CONWAY	#11	Saint Anselm	19:15.38	3/31

Women's 10,000 Meters

1	Rachel TUCCI	#3	Adelphi	39:59.17	3/30
2	Maggie CASEY	#8	Le Moyne	42:23.12	4/14
3	Brooke IANNONE	#10	Saint Rose	44:18.75	4/7
4	Maggie HANNAN	#3	Adelphi	44:20.81	4/1
5	Elizabeth MATTAIR	#10	Saint Rose	45:01.28	4/1

Women's 4x100 Relay

1	13	Dardielle EXANTUS, Anna-Sashia JONES, Kisha FRANCOIS, Ella MACLEAN	#2	Southern Conne P	45.87	4/14
2	92	Valencia BEAUBRUN, Amari JOHNSON, Claire O'REGAN, Gabrielle GRIFFIN	#3	Adelphi	48.42	4/14
3	95	Hope SINCLAIR, Ava GRAVELL, Emma HALLET, Maggie MCINERNEY	#1	Southern New H	48.46	4/15
4		Yulive PERALTA, Monique MALCOLM, Janae KELLY, Syeira CAMPBELL	#6	American Intern	49.19	4/14
5		Kristen WASHINGTON, Kalaya FITCH, Daphna GERBER, Savannah SISTRUNK	#4	New Haven	49.53	4/14
6		Alexandra RIPPSTEIN, Audrey STRMISKA, Madison CZARNECKI, Jaimee HIRSCHFELD	#7	Assumption	49.75	4/6
7		Catherine DURANT, Cleo BAKER, Abigail SEAMAN, Natalie LAVELLO	#8	Le Moyne	51.11	4/2
8		Rachel ROMERO, Kieya DION, Meredith MARTIN, Rebecca CADY	#11	Saint Anselm	51.79	4/15
9		Lucy AMBROULT, HaiLian ROWAN, Hannah CROTEAU, Adriana MINASIAN	#9	Bentley	53.65	4/21

Women's 4x400 Relay

1	18	Avery WINTERS, Hannah CAIOLA, Isabella NEWBURY, Ella MACLEAN	#2	Southern Conne P	3:47.66	4/14
2	75	Claire O'REGAN, Gabrielle GRIFFIN, Fiona MALONEY, Katherine MARSH	#3	Adelphi	3:59.21	3/30
3		Syeira CAMPBELL, Monique MALCOLM, Eliza MULLIN, Raven-Symone JARRETT	#6	American Intern	4:04.92	4/8
4		Hannah BRADBURY, Emma HALLET, Anne WIERSMA, Ava GRAVELL	#1	Southern New H	4:16.21	3/31
5		Daphna GERBER, Kalaya FITCH, Deja HARRIS, Savannah SISTRUNK	#4	New Haven	4:20.89	4/14
6		Mia BEAUDET, Briahna BOUCHARD, Jennifer KULICK, Nyjah YOUNG-BEY	#5	Franklin Pierce	4:22.29	3/31
7		Caitlin BURMESTER, Audrey CHRISTO, Sophia DEARCOP, HaiLian ROWAN	#9	Bentley	4:28.58	4/15
8		Sara FITZGERALD, Dajah TAYLOR, Zoe HARRIS, Brooke IANNONE	#10	Saint Rose	4:32.65	4/21
9		Cleo BAKER, Catherine DURANT, Cayla HUNGERFORD, Natalie LAVELLO	#8	Le Moyne	4:34.65	4/21

Women's High Jump

1	11	Raven-Symone JARRETT	#6	American Intern P	1.70m	5-7	4/22
2	34	Emma HALLET	#1	Southern New H	1.65m	5-5	4/15
3	59	Lilly CAPRIA	#8	Le Moyne	1.62m	5-3¾	4/2
4		Hannah GREENE	#9	Bentley	1.57m	5-1¾	3/31
4		Madison MCMAHON	#1	Southern New H	1.57m	5-1¾	4/8
6		Sarah ST PIERRE	#7	Assumption	1.55m	5-1	4/6
6		Diana ZAMUDIO	#4	New Haven	1.55m	5-1	3/31
8		Gillian PENNA	#2	Southern Conne	1.53m	5-¼	4/14
9		Mackenzie LUTH	#5	Franklin Pierce	1.50m	4-11	3/31
10		Abigail SEAMAN	#8	Le Moyne	1.47m	4-9¾	4/2



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Northeast-10

Women's Pole Vault

1	Elizabeth JONES	#5	Franklin Pierce	3.10m	10-2	4/22
2	Lauren TOLAND	#3	Adelphi	2.95m	9-8	4/22
3	Maddie HATHORN	#2	Southern Conne	2.90m	9-6¼	4/22
4	Teresa DEASY	#5	Franklin Pierce	2.80m	9-2¼	4/22
5	Molly CLARK	#4	New Haven	2.65m	8-8¼	3/31
5	Wenka VIL	#4	New Haven	2.65m	8-8¼	4/8
7	Amelia EDMONDS	#1	Southern New H	2.60m	8-6¼	4/15
8	Adrianna CIESLAK	#10	Saint Rose	2.50m	8-2½	4/21
9	Emma CUTTER	#5	Franklin Pierce	2.15m	7-½	4/15

Women's Long Jump

1	34 Kisha FRANCOIS	#2	Southern Conne P	5.85m	19-2½ (1.8)	4/22
2	62 Lucy AMBROULT	#9	Bentley	5.64mw	18-6 (2.3)	4/7
3	79 Kristen WASHINGTON	#4	New Haven	5.58m	18-3¾ (1.0)	4/14
4	87 Rachel FLEISCHER	#2	Southern Conne	5.54mw	18-2¼ (3.5)	4/14
5	97 Mackenzie GLENN	#2	Southern Conne	5.51m	18-1 (1.4)	4/22
6	Lilly CAPRIA	#8	Le Moyne	5.48m	17-11¾ (1.4)	4/21
7	Valencia BEAUBRUN	#3	Adelphi	5.46m	17-11 (0.2)	4/8
8	Olivia JOHNSON	#7	Assumption	5.39m	17-8¼ (-1.0)	4/15
9	Madison MCMAHON	#1	Southern New H	5.31m	17-5¼ (1.8)	4/8
10	Emma HALLET	#1	Southern New H	5.21m	17-1¼ (1.4)	4/21

Women's Triple Jump

1	8 Rachel FLEISCHER	#2	Southern Conne P	12.35mw	40-6¼ (3.0)	4/14
2	79 Olivia JOHNSON	#7	Assumption	11.42m	37-5¾ (0.0)	4/6
3	85 Lilly CAPRIA	#8	Le Moyne	11.38mw	37-4 (4.0)	4/2
4	Kristen WASHINGTON	#4	New Haven	11.21m	36-9½ (1.3)	4/14
4	Shayna SMITH	#2	Southern Conne	11.21mw	36-9½ (3.6)	4/14
6	Abigail SEAMAN	#8	Le Moyne	10.98m	36-¼ (1.3)	4/14
7	Gabrielle TEEL	#4	New Haven	10.97m	36-0 (0.0)	4/14
8	Hailey PARROTTI	#7	Assumption	10.53m	34-6¾ (0.0)	4/6
9	Joanna WEBER	#3	Adelphi	10.44m	34-3 (-0.5)	4/8
10	Emily MORAN	#7	Assumption	10.32mw	33-10¼ (2.0)	4/15

Women's Shot Put

1	Tyra FELTON	#5	Franklin Pierce	12.05m	39-6½	4/15
2	Laila BUNNITT	#1	Southern New H	12.01m	39-5	4/8
3	Bennie ALULA	#1	Southern New H	11.63m	38-2	4/15
4	Brooke BIBBO	#1	Southern New H	11.57m	37-11½	4/21
5	Kyria MOORE	#3	Adelphi	11.39m	37-4½	4/8
6	Tatyanna BECKFORD	#1	Southern New H	11.37m	37-3¾	4/21
7	Vanessa CONNOLLY	#4	New Haven	11.20m	36-9	4/14
8	Isabelle ROBINSON	#4	New Haven	11.01m	36-1½	4/14
9	Emily NHUN	#5	Franklin Pierce	10.96m	35-11½	4/22
10	Madison MCMAHON	#1	Southern New H	10.60m	34-9½	4/8

Women's Discus

1	96 Madison KOZYRA	#8	Le Moyne	41.06m	134-9	4/2
2	Katerina DAJIA	#5	Franklin Pierce	37.77m	123-11	4/22
3	Kyria MOORE	#3	Adelphi	37.68m	123-8	4/8
4	Brooke BIBBO	#1	Southern New H	37.61m	123-5	3/31
5	Laila BUNNITT	#1	Southern New H	37.16m	121-11	3/31
6	Anita HODGE	#4	New Haven	36.62m	120-2	4/14
7	Tatyanna BECKFORD	#1	Southern New H	33.88m	111-2	4/15
8	Emily NHUN	#5	Franklin Pierce	33.61m	110-3	4/15
9	Bennie ALULA	#1	Southern New H	32.58m	106-11	4/21
10	Elise DODEL	#4	New Haven	32.46m	106-6	4/22

Women's Hammer

1	7 Kyria MOORE	#3	Adelphi P	58.23m	191-1	3/24
2	Bennie ALULA	#1	Southern New H	45.91m	150-8	4/21
3	Madison KOZYRA	#8	Le Moyne	44.12m	144-9	4/14
4	Madison LUPINO	#7	Assumption	43.70m	143-5	4/8
5	Tyra FELTON	#5	Franklin Pierce	42.69m	140-1	4/22
6	Megan RUOFF	#4	New Haven	41.08m	134-10	4/22
7	Jalynn MCCOWIN	#4	New Haven	40.56m	133-1	4/14
8	Elise DODEL	#4	New Haven	40.26m	132-1	4/8
9	Rosanni GONZALEZ	#2	Southern Conne	39.36m	129-2	4/1
10	Laila BUNNITT	#1	Southern New H	38.51m	126-4	4/8

Women's Javelin

1	77 Tori LIMONE	#1	Southern New H	38.05m	124-10	4/21
2	92 Neva BOSTIC	#4	New Haven	37.31m	122-5	3/16
3	Tatyanna BECKFORD	#1	Southern New H	35.11m	115-2	3/31
4	Abby CAMELIO	#7	Assumption	34.99m	114-10	4/15
5	Tori ALLEN	#1	Southern New H	34.01m	111-7	3/31
6	Rachel GIZZONIO	#1	Southern New H	33.02m	108-4	3/31
7	Skyler GALVEZ	#4	New Haven	32.85m	107-10	4/8
8	Mackenzie LACHANCE	#4	New Haven	32.79m	107-7	3/31
9	Katerina DAJIA	#5	Franklin Pierce	31.44m	103-2	3/31
10	Theresa IRVING	#1	Southern New H	31.17m	102-3	4/21

Women's Heptathlon

1	22 Raven-Symone JARRETT	#6	American Intern P	4,706		4/14
2	86 Gillian PENNA	#2	Southern Conne	3,857		4/14



Conference TFRI Event Summary

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NSIC

Women's 100 Meters

1	12	Renea TAYLOR	#8 Northern State	P 11.58	(1.5)	4/13
2	15	Makayla JACKSON	#1 Minnesota State	P 11.60	(1.4)	4/13
3	19	Denisha CARTWRIGHT	#1 Minnesota State	P 11.62	(1.4)	4/13
4	37	Robynn ROLLE-CURRY	#12 MSU Moorhead	P 11.81w	(2.2)	4/22
5	55	Arianna PASSERI	#3 U-Mary	11.88w	(2.2)	4/22
6		Nyanas KUR	#2 Augustana (S.D.)	12.16	(-3.3)	4/14
7		Alaina HALL	#10 Bemidji State	12.25	(-1.0)	4/15
8		Lily JUHNKE	#2 Augustana (S.D.)	12.29	(2.0)	4/1
9		Ja'Cey SIMMONS	#1 Minnesota State	12.35	(0.2)	4/12
10		Tamia HORTON	#5 Sioux Falls	12.37	(1.5)	4/1

Women's 100 Meter Hurdles

1	1	Denisha CARTWRIGHT	#1 Minnesota State	P 13.04	(1.2)	4/12
2	22	Kynnedi MALONE	#1 Minnesota State	P 14.12w	(2.3)	4/13
2	22	Roxan FOSTER	#1 Minnesota State	P 14.12	(1.7)	4/13
4	41	Arika HARBO	#11 Concordia-St. P.	14.34w	(2.5)	4/7
5	54	Elizabeth SCHAEFER	#2 Augustana (S.D.)	14.50w	(2.4)	4/14
6	58	Quanterra HARRISON	#1 Minnesota State	14.52w	(2.3)	4/7
7	62	Xana LEUM	#4 Winona State	14.57w	(3.4)	4/7
8	65	Tia HORNING	#3 U-Mary	14.60w	(2.1)	4/22
9	84	Hanna REICHENBERGER	#4 Winona State	14.73w	(3.4)	4/7
10		Miranda LAUVSTAD	#1 Minnesota State	15.02w	(2.3)	4/7

Women's 200 Meters

1	4	Denisha CARTWRIGHT	#1 Minnesota State	P 23.18w	(2.4)	4/13
2	7	Nyanas KUR	#2 Augustana (S.D.)	P 23.59w	(2.9)	4/7
3	11	Makayla JACKSON	#1 Minnesota State	P 23.75w	(2.4)	4/13
4	23	Renea TAYLOR	#8 Northern State	P 23.98w	(2.6)	4/13
5	24	Robynn ROLLE-CURRY	#12 MSU Moorhead	P 23.99w	(3.3)	4/13
6	27	Sakena MASSIAH	#3 U-Mary	P 24.07w	(2.8)	4/13
7	31	Miranda LAUVSTAD	#1 Minnesota State	P 24.10	(2.0)	4/7
8	59	Rose CRAMER	#1 Minnesota State	24.41w	(2.9)	4/7
9		Rose GAYE	#1 Minnesota State	25.01w	(2.9)	4/7
10		Lily JUHNKE	#2 Augustana (S.D.)	25.17w	(3.7)	4/7

Women's 400 Meters

1	1	Shereen VALLABOUY	#4 Winona State	P 51.80		4/12
2	13	Robynn ROLLE-CURRY	#12 MSU Moorhead	P 54.10		4/13
3	27	Sakena MASSIAH	#3 U-Mary	P 55.51		4/22
4	70	Rose GAYE	#1 Minnesota State	56.74		4/14
5		Sierra CLIFFORD	#13 Southwest Minn	57.87		4/15
6		Rachel BOELKE	#6 Minnesota Dulut	57.90		4/14
7		Grace ACHESON	#3 U-Mary	58.17		4/22
8		Grace HAMBEL	#1 Minnesota State	58.38		4/14
9		Sydney JACKSON	#11 Concordia-St. P.	58.41		3/23
10		Elizabeth SCHMIDT	#1 Minnesota State	58.54		4/14

Women's 400 Meter Hurdles

1	8	Renea TAYLOR	#8 Northern State	P 1:00.22		4/12
2	9	Morgan HERTZ	#3 U-Mary	P 1:00.39		4/13
3	10	Brooklyn SCHYVINCK	#4 Winona State	P 1:00.50		4/13
4	19	Eilika LANE	#1 Minnesota State	P 1:01.42		4/13
5	26	Elizabeth SCHAEFER	#2 Augustana (S.D.)	P 1:01.93		4/14
6	48	Brooklyn BROUSE	#9 St. Cloud State	1:03.25		4/7
7	57	Emma BOROWICZ	#1 Minnesota State	1:03.68		4/7
8	59	Noa MARTEAU	#2 Augustana (S.D.)	1:03.69		4/14
9	69	Quanterra HARRISON	#1 Minnesota State	1:03.90		4/13
10	84	Natalie FULTZ	#10 Bemidji State	1:04.36		4/13

Women's 800 Meters

1	15	Kaylee BEYER	#4 Winona State	P 2:09.72		4/13
2	19	Cailee PETERSON	#6 Minnesota Dulut	P 2:10.27		4/7
3	34	Savannah SCHLEY	#6 Minnesota Dulut	P 2:11.31		4/13
4	48	MaKenna THURSTON	#1 Minnesota State	2:12.55		4/12
5	55	Cassidy O'MEARA	#5 Sioux Falls	2:12.92		4/13
6		Kiran GREEN	#3 U-Mary	2:15.37		4/13
7		Francine SEIDEL	#6 Minnesota Dulut	2:15.60		4/14
8		Annika AHO	#5 Sioux Falls	2:15.67		4/13
9		Caroline SUDBECK	#2 Augustana (S.D.)	2:16.19		4/14
10		Sidra SADOWSKY	#15 Minot State	2:16.57		4/13

Women's 1500 Meters

1	8	Kaylee BEYER	#4 Winona State	P 4:24.34		4/13
2	15	Cailee PETERSON	#6 Minnesota Dulut	P 4:26.74		4/13
3	18	PJ ENGLISH	#2 Augustana (S.D.)	P 4:27.43		3/23
4	38	Khot JUAC	#5 Sioux Falls	P 4:30.65		4/13
5	40	MaKenna THURSTON	#1 Minnesota State	P 4:30.99		4/13
6	52	Morgan GEHL	#5 Sioux Falls	4:32.72		4/13
7	65	Cassidy O'MEARA	#5 Sioux Falls	4:34.46		4/13
8	69	Mia SALAS	#2 Augustana (S.D.)	4:34.68		4/1
9	89	McKenna TAYLOR	#4 Winona State	4:37.45		4/21
10		Alexis ERICKSON	#10 Bemidji State	4:38.65		4/13

Women's Steeplechase

1	3	Amanda MONTPLAISIR	#1 Minnesota State	P 10:14.05		4/13
2	26	Mary GOODWIN	#10 Bemidji State	P 10:57.96		4/13
3	49	Lauryn RENIER	#6 Minnesota Dulut	11:19.75		4/7
4	99	Morgan RADEL	#6 Minnesota Dulut	11:45.78		4/7
5		Cheresa BOULEY	#9 St. Cloud State	11:53.88		4/13
6		Clara WELHOUSE	#9 St. Cloud State	11:54.52		4/7
7		Rhya BRANDEMUEHL	#4 Winona State	12:01.01		4/7
8		Anna PALODICHUK	#6 Minnesota Dulut	12:10.09		4/14
9		Karlee SIMMONS	#5 Sioux Falls	12:20.27		4/7
10		Ashley DONOVAN	#14 Upper Iowa	12:21.00		4/7



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Women's 5000 Meters

1	4	Lindsay CUNNINGHAM	#4	Winona State	P	16:08.11	4/1
2	15	Amanda MONTPLAISIR	#1	Minnesota State	P	16:28.39	4/12
3	21	Khot JUAC	#5	Sioux Falls	P	16:40.89	4/13
4	23	PJ ENGLISH	#2	Augustana (S.D.)	P	16:42.02	4/14
5	47	Kaylee BEYER	#4	Winona State	P	17:05.13	4/21
6	59	Jessica LUTMER	#5	Sioux Falls		17:11.95	4/13
7	74	McKenna TAYLOR	#4	Winona State		17:19.03	4/13
8	76	Megan MEANS	#2	Augustana (S.D.)		17:19.90	4/14
9	81	Mia SALAS	#2	Augustana (S.D.)		17:21.58	4/14
10	89	Ella BAKKEN	#2	Augustana (S.D.)		17:25.00	4/14

Women's 10,000 Meters

1	1	Lindsay CUNNINGHAM	#4	Winona State	P	32:43.64	4/12
2	42	Jessica LUTMER	#5	Sioux Falls	P	36:04.37	4/21
3	59	Andrijana FUNDIAK	#3	U-Mary		36:41.97	4/13
4		Eve ANDERSON	#6	Minnesota Duluth		38:35.63	4/22
5		Lindsey STUCKEY	#7	Wayne State (Ne)		38:49.21	4/23
6		Karlee SIMMONS	#5	Sioux Falls		38:57.48	4/21
7		Greta FREED	#9	St. Cloud State		39:39.07	4/7
8		Teresa BLOTE	#3	U-Mary		39:55.66	4/22
9		Anna PALODICHUK	#6	Minnesota Duluth		40:00.63	4/22
10		Brooke SOLOMON	#7	Wayne State (Ne)		40:42.79	4/14

Women's 4x100 Relay

1	3	Denisha CARTWRIGHT, Ja'Cey SIMMONS, Rose CRAMER, Makayla JACKSON	#1	Minnesota State	P	45.07	4/12
2	45	Lauren MERKLEY, Ella HEINITZ, Lily JUHNKE, Nyanas KUR	#2	Augustana (S.D.)		47.30	4/14
3	46	Morgan HERTZ, Sakena MASSIAH, Taylor WEIDNER, Arianna PASSERI	#3	U-Mary		47.31	4/22
4	82	Megan GILLES, Jordan GRELL, Kate FITZGERALD, Emily ANDERSON	#6	Minnesota Duluth		48.21	4/14
5	99	Vanessa KLEIN, Renea TAYLOR, Laci LEVERTY, Kyanna COLLYMORE	#8	Northern State		48.56	4/7
6		Megan HANSEN, Maya COUCH, Sarah COTTON, Elizabeth MAYER	#7	Wayne State (Ne)		48.74	4/23
7		Myah ROGGENBUCK, Natalie MEYERS, Grace GIOFFREDI, Tamia HORTON	#5	Sioux Falls		49.11	4/7
8		Shavante ROBERTS, Ashley HOKANSON, Adla SERRAO, Robynn ROLLE-CURRY	#12	MSU Moorhead		49.32	4/22
9		Daria TERSINA, Ashlie LOCKINGTON, Courtney LUKAS, Kaylee OLSON	#4	Winona State		49.58	4/7
10		Olivia OLSON, Alaina HALL, Abbie DISBROW, Lily JOHNSON	#10	Bemidji State		50.12	4/15



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Women's 4x400 Relay

1	5	Regan FEIT, Alyssa LARSON, Brooklyn SCHYVINCK, Shereen VALLABOUY	#4 Winona State	P 3:42.13	4/13
2	9	Denisha CARTWRIGHT, Ja'Cey SIMMONS, Rose CRAMER, Makayla JACKSON	#1 Minnesota State	P 3:45.23	4/12
3	33	Morgan HERTZ, Ava GRIMM, Grace ACHESON, Sakena MASSIAH	#3 U-Mary	3:51.11	4/13
4	48	Caroline SUDBECK, Ella HEINITZ, Nyanas KUR, Kylee SALLEE	#2 Augustana (S.D.)	3:54.85	4/14
5	86	Rachel BOELKE, Haleigh REINDL, Francine SEIDEL, Savannah SCHLEY	#6 Minnesota Dulut	4:01.59	4/1
6		Kyanna COLLYMORE, Vanessa KLEIN, Alli JACKSON, Renea TAYLOR	#8 Northern State	4:05.47	4/21
7		Michaela HARTINGER, Nyadio CHAN, Destiny MATTINGLY, Karlina ZIMMERMAN	#11 Concordia-St. P.	4:09.95	4/2
8		Josie AITKEN, Alexis ERICKSON, Natalie FULTZ, Abby SYVERSON	#10 Bemidji State	4:10.28c (4:09.84A)	3/31
9		Mackenzie RADER, Jillian DODDS, Ashley DONOVAN, Jade MARTIN	#14 Upper Iowa	4:11.09	4/15
10		Annika AHO, Khot JUAC, Morgan GEHL, Cassidy O'MEARA	#5 Sioux Falls	4:11.82	4/1

Women's High Jump

1	1	Arika HARBO	#11 Concordia-St. P.	P 1.75m	5-8¾	4/7
2	3	Paola BREÑA	#9 St. Cloud State	P 1.73m	5-8	4/13
3	34	Ella PAAVERUD	#11 Concordia-St. P.	1.65m	5-5	4/15
4	44	Teya LANGSTON	#1 Minnesota State	1.64m	5-4½	4/14
4	44	Olivia SOLIS	#1 Minnesota State	1.64m	5-4½	4/14
6	50	Antonia GENET	#3 U-Mary	1.63m	5-4¼	4/16
6	50	Julia ROWLES	#9 St. Cloud State	1.63m	5-4¼	4/13
6	50	Jerrica PACHL	#3 U-Mary	1.63m	5-4¼	4/16
9	59	Brynn GREENWALDT	#2 Augustana (S.D.)	1.62m	5-3¾	4/21
10	75	Abbi WEBB	#5 Sioux Falls	1.60m	5-3	4/14
10	75	Anna COFFEE	#7 Wayne State (Ne	1.60m	5-3	4/7
10	75	Rainbow STANDS	#13 Southwest Minn	1.60m	5-3	4/7
10	75	Toryn RICHARDS	#1 Minnesota State	1.60m	5-3	4/15
10	75	Maria PEDROSO	#2 Augustana (S.D.)	1.60m	5-3	4/21
10	75	Kylee SALLEE	#2 Augustana (S.D.)	1.60m	5-3	4/1

Women's Pole Vault

1	3	Ashley HOKANSON	#12 MSU Moorhead	P 4.19m	13-9	4/7
2	10	Paige HICKSON	#1 Minnesota State	P 4.00m	13-1½	4/13
3	46	Paige BAUER	#1 Minnesota State	3.65m	11-11¾	4/14
4	65	Kenzee DANIELSON	#8 Northern State	3.55m	11-7¾	4/21
4	65	Laci LEVERTY	#8 Northern State	3.55m	11-7¾	4/21
6	76	Shealyn TOM	#13 Southwest Minn	3.50m	11-5¾	4/15
7	LE+0	Bethany DYBDAHL	#8 Northern State	3.40m	11-1¾	4/14
8		Jenna SIKEL	#1 Minnesota State	3.29m	10-9½	4/7
8		Sarena SCHWARTZ	#13 Southwest Minn	3.29m	10-9½	4/7
8		Micah ZAEMISCH	#1 Minnesota State	3.29m	10-9½	4/7
8		Toryn RICHARDS	#1 Minnesota State	3.29m	10-9½	4/7

Women's Long Jump

1	1	Makayla JACKSON	#1 Minnesota State	P 6.62m	21-8¾ (1.9)	4/13
2	9	Arianna PASSERI	#3 U-Mary	P 6.11mw	20-½ (2.2)	4/13
3	32	Kylee SALLEE	#2 Augustana (S.D.)	P 5.87mw	19-3¼ (3.6)	4/1
4	36	Arika HARBO	#11 Concordia-St. P.	P 5.83m	19-1½ (0.7)	4/13
5	37	Kary PETRICKA	#1 Minnesota State	5.81m	19-¾ (1.9)	4/7
6	53	Kaylee OLSON	#4 Winona State	5.70mw	18-8½ (2.3)	4/7
7	69	Natalie MEYERS	#5 Sioux Falls	5.61m	18-5 (0.0)	4/14
8		Taylor WEIDNER	#3 U-Mary	5.48m	17-11¾ (-1)	4/16
9		Miranda LAUVSTAD	#1 Minnesota State	5.46m	17-11 (1.9)	4/14
10		Parker BUSKE	#9 St. Cloud State	5.45mw	17-10¾ (2)	4/13

Women's Triple Jump

1	3	Flore GRACIA	#1 Minnesota State	P 12.92m	42-4¾ (0.0)	4/12
2	8	Lillian WASHINGTON	#1 Minnesota State	P 12.35mw	40-6¼ (2.5)	4/7
3	10	Stella NEOPHYTOU	#1 Minnesota State	P 12.34m	40-6 (1.1)	4/7
4	22	Kaja SALEMONSEN	#2 Augustana (S.D.)	P 12.10mw	39-8½ (3.3)	4/7
5	23	Parker BUSKE	#9 St. Cloud State	P 12.09mw	39-8 (2.2)	4/7
6	43	Hanna REICHENBERGER	#4 Winona State	11.77m	38-7½ (1.3)	4/13
7	64	Xana LEUM	#4 Winona State	11.55m	37-10¾ (1)	4/1
8	90	Sierra SWEENEY	#8 Northern State	11.34mw	37-2½ (2.4)	4/7
9		Taylor WEIDNER	#3 U-Mary	11.21m	36-9½ (0.0)	4/22
10		Ashlie LOCKINGTON	#4 Winona State	11.11m	36-5½ (0.3)	4/13



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Women's Shot Put

1	5	Lexie HURST	#1 Minnesota State P	15.13m	49-7¾	4/7
2	26	Tierra DOSS	#10 Bemidji State P	14.04m	46-¾	4/13
3	32	Kaitlyn SCHROEDER	#1 Minnesota State	13.57m	44-6¼	4/15
4	34	Madeline FRETAG	#1 Minnesota State	13.44m	44-1¼	4/7
5	38	Kendra PAASCH	#7 Wayne State (Ne	13.38m	43-10¾	4/1
6	45	Mckenzie SCHEIL	#7 Wayne State (Ne	13.29m	43-7¼	4/1
7	64	Mony JOHNSON	#1 Minnesota State	13.08m	42-11	4/14
8	68	Nadia SANFORD	#13 Southwest Minn	12.97m	42-6¾	4/15
9	75	Brooklynn CHIPPS	#7 Wayne State (Ne	12.91m	42-4¼	4/23
10	81	Kamry LINDSEY	#5 Sioux Falls	12.78m	41-11¼	4/15

Women's Discus

1	5	Reilly YOUNG	#7 Wayne State (Ne P	49.33m	161-10	3/24
2	15	Kendra PAASCH	#7 Wayne State (Ne P	46.50m	152-7	4/14
3	16	Lexie HURST	#1 Minnesota State P	46.49m	152-7	3/24
4	19	Kamry LINDSEY	#5 Sioux Falls P	46.01m	151-0	4/15
5	25	Madeline FRETAG	#1 Minnesota State	44.88m	147-3	3/24
6	26	MacKenzie BENGTON	#5 Sioux Falls	44.85m	147-2	4/15
7	27	Mack RATH	#1 Minnesota State	44.82m	147-1	4/15
8	37	Kaitlyn SCHROEDER	#1 Minnesota State	44.14m	144-10	3/24
9	49	Gianna TROTTER	#1 Minnesota State	42.95m	140-11	4/15
10	59	Olivia SCHWARZROCK	#7 Wayne State (Ne	42.47m	139-4	4/14

Women's Hammer

1	3	Mckenzie SCHEIL	#7 Wayne State (Ne P	60.77m	199-5	4/1
2	4	Brooklynn CHIPPS	#7 Wayne State (Ne P	60.52m	198-7	4/7
3	36	Cassidy GOUGH	#8 Northern State P	52.35m	171-9	4/7
4	47	Hailey BAKER	#7 Wayne State (Ne	51.13m	167-9	4/1
5	48	Kendra PAASCH	#7 Wayne State (Ne	51.08m	167-7	4/14
6	53	Abbi STAFSLIEN-DUMALE	#1 Minnesota State	50.05m	164-3	3/24
7	56	Lexie HURST	#1 Minnesota State	49.94m	163-10	4/7
8	63	Ella PAAVERUD	#11 Concordia-St. P	49.11m	161-2	4/7
9	70	Madison GLYNN	#1 Minnesota State	48.73m	159-11	4/15
10	87	Veronica GUENTHER	#7 Wayne State (Ne	47.91m	157-2	4/14

Women's Javelin

1	22	Olivia BAUMBERGER	#5 Sioux Falls P	42.85m	140-7	4/7
2	24	Nicole KRAMCHYNSKY	#3 U-Mary P	42.70m	140-1	3/31
3	31	Samantha SUNNARBORG	#1 Minnesota State	41.97m	137-9	4/7
4	80	Kaylee PATNODE	#4 Winona State	37.97m	124-7	4/1
5		Mikenna PATTRIN	#10 Bemidji State	34.41m	112-11	3/31
6		Cassidy GOUGH	#8 Northern State	34.11m	111-11	4/14
7		Tia HORNING	#3 U-Mary	33.31m	109-4	4/22
8		Davis GUETTERMAN	#5 Sioux Falls	32.54m	106-9	4/1
9		Kennedy HAWK	#6 Minnesota Dulut	32.50m	106-8	4/14
10		Arika HARBO	#11 Concordia-St. P	32.36m	106-2	4/13

Women's Heptathlon

1	7	Arika HARBO	#11 Concordia-St. P	5,193	4/13
2	25	Miranda LAUVSTAD	#1 Minnesota State P	4,648	4/7
3	28	Kylee SALLEE	#2 Augustana (S.D.) P	4,568	4/7
4	31	Tia HORNING	#3 U-Mary	4,475	4/22
5	42	Samantha SUNNARBORG	#1 Minnesota State	4,272	4/7
6	43	Cora ANDERSEN	#1 Minnesota State	4,244	4/7
7	45	Jacqi RAE	#6 Minnesota Dulut	4,241	4/21
8	54	Mackenzie HEMMER	#2 Augustana (S.D.)	4,148	4/7
9	70	Laura INAMA	#3 U-Mary	4,006	4/22
10	76	Bryn LONDON	#6 Minnesota Dulut	3,927	4/21



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PacWest

Women's 100 Meters

1	18	Selena ARJONA-ALCAZAR	#3	Academy of Art	P	11.61	(1.4)	4/13
2	27	Madison FLORES	#5	Fresno Pacific	P	11.69	(0.7)	3/24
3	28	Zara ANTHONY	#5	Fresno Pacific	P	11.72	(0.7)	3/24
4	31	Darria MATTHIAS	#3	Academy of Art	P	11.75	(1.2)	3/31
5	56	Alayna VERNER	#1	Azusa Pacific		11.89	(0.5)	3/18
6	60	Jaylah WALKER	#1	Azusa Pacific		11.92w	(2.7)	3/3
7	74	Britney CLARK	#3	Academy of Art		11.98	(1.7)	3/18
8	89	Trinity MILLER	#1	Azusa Pacific		12.03	(0.5)	3/18
9	95	Aubrianne SMITH	#5	Fresno Pacific		12.05	(0.3)	4/8
10		Ariana VERA	#5	Fresno Pacific		12.10	(0.6)	4/8

Women's 100 Meter Hurdles

1	3	Esther CONDE-TURPIN	#1	Azusa Pacific	P	13.40	(1.1)	4/13
2	8	Jaylah WALKER	#1	Azusa Pacific	P	13.74	(1.7)	4/13
3	12	Marie-Jeanne OUREGA	#3	Academy of Art	P	13.91	(1.7)	3/31
4	16	Nicole WARWICK	#1	Azusa Pacific	P	13.96	(1.3)	4/13
5	53	Alysa HENRY	#1	Azusa Pacific		14.49	(1.3)	4/13
6	61	Rebeka PRESTON	#2	Biola (Calif.)		14.56	(1.5)	3/25
7	62	Karyn BEST	#4	CUI		14.57	(1.7)	4/13
8	69	Alexis RANGER-DUNBAR	#5	Fresno Pacific		14.63w	(3.0)	3/3
9	81	Ryann BEVERIDGE	#4	CUI		14.70w	(2.1)	3/25
10		Kenna CHISM	#2	Biola (Calif.)		14.90w	(2.6)	3/25

Women's 200 Meters

1	12	Selena ARJONA-ALCAZAR	#3	Academy of Art	P	23.76w	(3.0)	4/12
2	25	Madison FLORES	#5	Fresno Pacific	P	24.02	(1.3)	3/24
3	32	Britney CLARK	#3	Academy of Art	P	24.11	(1.5)	4/13
4	36	Jaylah WALKER	#1	Azusa Pacific	P	24.21	(1.0)	2/18
5	38	Alayna VERNER	#1	Azusa Pacific	P	24.24	(1.1)	3/31
6	53	Zara ANTHONY	#5	Fresno Pacific	P	24.34	(1.5)	3/30
7	64	Darria MATTHIAS	#3	Academy of Art		24.45	(1.5)	4/13
8	75	Ariana VERA	#5	Fresno Pacific		24.59	(1.7)	3/30
8	75	Brianna GREEN	#5	Fresno Pacific		24.59	(1.7)	3/30
10	93	Alicia THOMAS	#3	Academy of Art		24.73	(1.8)	4/13

Women's 400 Meters

1	8	Alayna VERNER	#1	Azusa Pacific	P	53.86		4/13
2	10	Madison FLORES	#5	Fresno Pacific	P	54.05		3/30
3	24	Brianna GREEN	#5	Fresno Pacific	P	55.47		3/30
4	35	Jaylah WALKER	#1	Azusa Pacific	P	55.72		3/24
5	40	Alisha WILSON	#3	Academy of Art	P	55.75		4/12
6	49	Kiayra HOLMES	#1	Azusa Pacific		56.06		3/31
6	49	Britney CLARK	#3	Academy of Art		56.06		3/31
8	53	Selena ARJONA-ALCAZAR	#3	Academy of Art		56.25		4/8
9	79	Madelynn WORLEY	#6	Point Loma Naz		57.02		3/25
10		Maria SARTIN	#4	CUI		57.39		3/25

Women's 400 Meter Hurdles

1	2	Jaylah WALKER	#1	Azusa Pacific	P	58.15		4/13
2	18	Rebeka PRESTON	#2	Biola (Calif.)	P	1:01.32		3/24
3	28	Maria SARTIN	#4	CUI	P	1:02.16		3/25
4	35	Kiayra HOLMES	#1	Azusa Pacific		1:02.84		4/13
5	78	Sophia MORRIS	#2	Biola (Calif.)		1:04.29		4/8
6	82	Karyn BEST	#4	CUI		1:04.33		4/13
7		Joley SPROUL	#2	Biola (Calif.)		1:05.48		3/25
8		Ryann BEVERIDGE	#4	CUI		1:05.95		3/25
9		Alexis RANGER-DUNBAR	#5	Fresno Pacific		1:06.20		3/30
10		Anna BELLES GALLAN	#3	Academy of Art		1:06.35		4/8

Women's 800 Meters

1	19	Maggie WILLIAMS	#2	Biola (Calif.)	P	2:10.27		4/13
2	23	Lina HANICH	#3	Academy of Art	P	2:10.52		4/13
3	32	Grace SOUTHERN	#3	Academy of Art	P	2:11.02		4/13
4	45	Porshe EISMANN	#4	CUI	P	2:12.09		4/13
5	51	Briseida GARCIA MEZA	#1	Azusa Pacific		2:12.67		4/13
6	55	Eline PINTER	#1	Azusa Pacific		2:12.92		4/13
7	59	Aubrie NEX	#6	Point Loma Naz		2:12.99		3/31
8	67	Katharina GOETSCHL	#3	Academy of Art		2:13.34		3/30
9	69	Hannah CHAMPNESS	#2	Biola (Calif.)		2:13.48		4/13
10		Kristilyn HETHERINGTON	#1	Azusa Pacific		2:15.21		4/13

Women's 1500 Meters

1	30	Eline PINTER	#1	Azusa Pacific	P	4:29.46		4/13
2	32	Aubrie NEX	#6	Point Loma Naz	P	4:29.65		4/13
3	42	Jori PARADIS	#4	CUI	P	4:31.23		4/13
4	51	Grace SOUTHERN	#3	Academy of Art		4:32.49		3/30
5	58	Maggie WILLIAMS	#2	Biola (Calif.)		4:33.77		4/8
6	62	Katharina GOETSCHL	#3	Academy of Art		4:34.17		4/13
7	68	Porshe EISMANN	#4	CUI		4:34.66		4/13
8	71	Lina HANICH	#3	Academy of Art		4:35.17		3/30
9	77	Briseida GARCIA MEZA	#1	Azusa Pacific		4:36.26		4/13
10	79	Hannah CHAMPNESS	#2	Biola (Calif.)		4:36.34		3/30

Women's Steeplechase

1	19	Katharina GOETSCHL	#3	Academy of Art	P	10:46.64		4/13
2	33	Audrey ROSENCRANS	#3	Academy of Art		11:07.31		4/13
3	39	Britta HOLMBERG	#2	Biola (Calif.)		11:12.29		3/18
4	43	Grace CATENA	#2	Biola (Calif.)		11:15.47		3/18
5	86	Adriana GIL	#4	CUI		11:37.88		4/7
6	92	Lauren LANDRITH	#2	Biola (Calif.)		11:41.73		4/8
7	93	Maribel AGUILAR	#5	Fresno Pacific		11:42.09		4/14
8		Kelsey BALLARD	#4	CUI		12:00.16		3/10
9		Elizabeth SATTERLEE	#6	Point Loma Naz		12:04.55		3/18
10		Maylea BRAWNER	#1	Azusa Pacific		12:40.59		4/8



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PacWest

Women's 5000 Meters

1	30	Lynette RUIZ	#2 Biola (Calif.)	P 16:52.71	4/13
2	41	Jori PARADIS	#4 CUI	P 17:00.04	4/13
3	50	Bethany MAPES	#2 Biola (Calif.)	P 17:05.71	4/13
3	50	Lisa REDLINGER	#3 Academy of Art	P 17:05.71	4/8
5	62	Grace SOUTHERN	#3 Academy of Art	17:14.90	4/8
6	80	Katharina GOETSCHL	#3 Academy of Art	17:20.76	4/8
7	91	Britta HOLMBERG	#2 Biola (Calif.)	17:27.16	4/13
8		Ryley BURNS	#6 Point Loma Nazarene	17:33.62	4/13
9		Kristilyn HETHERINGTON	#1 Azusa Pacific	17:33.91	3/30
10		Justine STECKO	#1 Azusa Pacific	17:34.09	4/13

Women's 10,000 Meters

1	9	Lynette RUIZ	#2 Biola (Calif.)	P 34:27.55	3/31
2	20	Lisa REDLINGER	#3 Academy of Art	P 35:06.72	4/13
3	23	Madeline JAHSHAN	#4 CUI	P 35:15.38	4/13
4	63	Grace CATENA	#2 Biola (Calif.)	36:55.20	3/30
5	72	Karis BROWN	#2 Biola (Calif.)	37:15.88	3/30
6	75	Justine STECKO	#1 Azusa Pacific	37:18.06	3/30
7	76	Audrey ROSENCRANS	#3 Academy of Art	37:18.10	4/13
8	96	Ellie STETINA	#2 Biola (Calif.)	37:45.52	3/30
9	99	Haleigh GUERRERO	#2 Biola (Calif.)	37:48.51	3/30
10		Yorkabel GEBREHIWOT	#5 Fresno Pacific	38:55.33	3/11

Women's 4x100 Relay

1	2	Britney CLARK, Darria MATTHIAS, Alicia THOMAS, Selena ARJONA-ALCAZAR	#3 Academy of Art	P 44.82	3/31
2	6	Zara ANTHONY, Madison FLORES, Brianna GREEN, Ariana VERA	#5 Fresno Pacific	P 45.59	3/30
3	7	Trinity MILLER, Kiayra HOLMES, Alayna VERNER, Jaylah WALKER	#1 Azusa Pacific	P 45.65	4/13
4	64	Logan NELSON, Romane BAUDIN, Darrian WILLIAMS, Mikayla BUTLER	#4 CUI	47.76	3/25
5	82	Priscilla JONES, Audrey MOUSA, Maria VIDAL POY, Kelaiah MOORE	#2 Biola (Calif.)	48.21	3/25
6		Madeleine DEKKERS, Blanca GRANADOS, Madelynn WORLEY, Brynn CELANI	#6 Point Loma Nazarene	48.75	3/18
7		Kiana PELTON, Morgan SEMANA, Emma WUELFING, Sarah CHAVEZ	#7 Dominican (Calif.)	51.13	2/18

Women's 4x400 Relay

1	4	Kiayra HOLMES, Alayna VERNER, Esther CONDE-TURPIN, Jaylah WALKER	#1 Azusa Pacific	P 3:41.99	3/23
2	22	Brianna GREEN, Madison FLORES, Ariana VERA, Iyanna FULLER	#5 Fresno Pacific	P 3:48.72	3/18
3	27	Britney CLARK, Alisha WILSON, Anna BELLES GALLEN, Selena ARJONA-ALCAZAR	#3 Academy of Art	P 3:49.58	3/31
4	62	Aubree GENTRY, Aubrie NEX, Madelynn WORLEY, Blanca GRANADOS	#6 Point Loma Nazarene	3:57.29	3/25
5	70	Maria SARTIN, Logan NELSON, Ruby BISHOP, Madison FEARON	#4 CUI	3:58.45	3/10
6	71	Sophia MORRIS, Audrey MOUSA, Robin AHLQUIST, Maria VIDAL POY	#2 Biola (Calif.)	3:58.50	4/13
7		Emma WUELFING, Eryn TUFTS, Bella BUENO, Sarah CHAVEZ	#7 Dominican (Calif.)	4:25.14	2/18

Women's High Jump

1	1	Eliana SAUNDERS	#1 Azusa Pacific	P 1.75m	5-8¾	4/13
2	19	Esther CONDE-TURPIN	#1 Azusa Pacific	1.67m	5-5¾	4/13
2	19	Luisa FISCHER	#1 Azusa Pacific	1.67m	5-5¾	4/13
4	34	Hanna BEVAN	#2 Biola (Calif.)	1.65m	5-5	3/18
5	71	Alysa HENRY	#1 Azusa Pacific	1.61m	5-3¼	4/13
6	75	Ashley HUME	#1 Azusa Pacific	1.60m	5-3	3/24
7		Nicole WARWICK	#1 Azusa Pacific	1.58m	5-2¼	4/13
8		Gabriella HIRALDO	#4 CUI	1.57m	5-1¾	3/25
9		Nikki CROUCH	#5 Fresno Pacific	1.55m	5-1	3/24
9		Joley SPROUL	#2 Biola (Calif.)	1.55m	5-1	4/8
9		Kathryn THOMPSON	#2 Biola (Calif.)	1.55m	5-1	3/18

Women's Pole Vault

1	30	Nikki CROUCH	#5 Fresno Pacific	P 3.79m	12-5¼	3/17
2	38	Evanthia KOUTELIERIS	#6 Point Loma Nazarene	P 3.75m	12-3½	4/13
3	61	Alysa HENRY	#1 Azusa Pacific	3.59m	11-9¼	3/18
4	65	Abigail KEANE	#1 Azusa Pacific	3.55m	11-7¾	3/3
5	88	Peyton YOSHIDA	#6 Point Loma Nazarene	3.45m	11-3¾	4/13
6	100	Reanna MAROON	#2 Biola (Calif.)	3.40m	11-1¾	4/7
7		Katherine HEekin	#6 Point Loma Nazarene	3.22m	10-6¾	4/7
8		Sophie ABE	#2 Biola (Calif.)	3.05m	10-0	2/18
9		Ella LAMP	#6 Point Loma Nazarene	2.84m	9-3¾	3/18
10		Caytlin CAPULONG	#7 Dominican (Calif.)	2.35m	7-8½	4/7



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PacWest

Women's Long Jump

1	2	Marie-Jeanne OUREGA	#3	Academy of Art	P	6.30m	20-8 (1.1)	3/31
2	4	Nicole WARWICK	#1	Azusa Pacific	P	6.23m	20-5¼ (1.2)	4/13
3	5	Esther CONDE-TURPIN	#1	Azusa Pacific	P	6.21m	20-4½ (1.0)	4/13
4	91	Romane BAUDIN	#4	CUI		5.53m	18-1¾ (2.0)	3/25
5		Alysa HENRY	#1	Azusa Pacific		5.45m	17-10¾ (0.0)	4/13
6		Rebeka PRESTON	#2	Biola (Calif.)		5.41m	17-9 (0.2)	3/24
7		Olivia BAERNY	#1	Azusa Pacific		5.35m	17-6¾ (0.0)	4/8
8		Alysa BETIONG	#1	Azusa Pacific		5.17m	16-11½ (2.0)	3/31
9		Luisa FISCHER	#1	Azusa Pacific		5.16mw	16-11¼ (2.0)	3/24
10		Kenna CHISM	#2	Biola (Calif.)		5.14m	16-10½ (1.0)	3/3

Women's Triple Jump

1	4	Marie-Jeanne OUREGA	#3	Academy of Art	P	12.81m	42-½ (1.2)	3/31
2	17	Rebeka PRESTON	#2	Biola (Calif.)	P	12.17m	39-11¼ (1.0)	3/3
3	56	Olivia BAERNY	#1	Azusa Pacific		11.60m	38-¾ (0.6)	3/3
4	61	Kathryn THOMPSON	#2	Biola (Calif.)		11.58m	38-0 (1.3)	4/13
5	85	Darrian WILLIAMS	#4	CUI		11.38m	37-4 (0.3)	4/13
6		Makenna SULLIVAN	#6	Point Loma Naz		11.11m	36-5½ (0.8)	3/25
7		Kenna CHISM	#2	Biola (Calif.)		10.72mw	35-2 (2.2)	3/3
8		Amelia RIVAS	#1	Azusa Pacific		10.71m	35-1¾ (-1.0)	3/18
9		Kristin BELLE	#2	Biola (Calif.)		9.85m	32-3¾ (-2.0)	3/18

Women's Shot Put

1	16	Hannah RICHARDSON	#1	Azusa Pacific	P	14.36m	47-1½	3/18
2	19	Sarah FAJER	#4	CUI	P	14.30m	46-11	4/13
3	41	Hope ERWIN	#5	Fresno Pacific		13.34m	43-9¼	3/24
4	68	Esther CONDE-TURPIN	#1	Azusa Pacific		12.97m	42-6¾	4/13
5	87	Jada PIERCE	#2	Biola (Calif.)		12.68m	41-7¼	3/25
6		Priscilla JONES	#2	Biola (Calif.)		12.27m	40-3¼	4/8
7		Alysa HENRY	#1	Azusa Pacific		12.15m	39-10½	3/18
8		Molly OLSON	#1	Azusa Pacific		11.89m	39-¼	2/18
9		Nicole WARWICK	#1	Azusa Pacific		11.86m	38-11	4/13
10		Luisa FISCHER	#1	Azusa Pacific		11.66m	38-3¼	3/18

Women's Discus

1	54	Hope ERWIN	#5	Fresno Pacific		42.66m	140-0	3/30
2	55	Khailya SIMPSON	#4	CUI		42.64m	139-11	3/25
3	79	Sarah FAJER	#4	CUI		41.68m	136-9	3/25
4	88	Hannah RICHARDSON	#1	Azusa Pacific		41.33m	135-7	4/8
5	94	Anessa CHIRGWIN	#6	Point Loma Naz		41.14m	135-0	4/13
6		Molly OLSON	#1	Azusa Pacific		40.75m	133-9	3/18
7		Gigi FIERRO	#2	Biola (Calif.)		39.29m	128-11	3/18
8		Gianna TROPPEY	#2	Biola (Calif.)		36.95m	121-3	4/8
9		Sydney CASSENS	#4	CUI		31.19m	102-4	3/31
10		Madisyn ARMSTRONG	#6	Point Loma Naz		29.52m	96-10¼	3/11

Women's Hammer

1	82	Jada PIERCE	#2	Biola (Calif.)		48.15m	158-0	4/21
2		Sarah FAJER	#4	CUI		46.06m	151-2	3/31
3		Anessa CHIRGWIN	#6	Point Loma Naz		43.84m	143-10	3/31
4		Khailya SIMPSON	#4	CUI		42.95m	140-11	4/7
5		Elizabeth NARANJO	#5	Fresno Pacific		40.34m	132-4	4/21
6		Madisyn ARMSTRONG	#6	Point Loma Naz		39.93m	131-0	3/31
7		Kaylee MEYERS	#1	Azusa Pacific		38.50m	126-4	4/8
8		Hope ERWIN	#5	Fresno Pacific		38.10m	125-0	4/8
9		Hannah RICHARDSON	#1	Azusa Pacific		37.54m	123-2	3/3
10		Gigi FIERRO	#2	Biola (Calif.)		37.23m	122-2	2/18

Women's Javelin

1	5	Molly OLSON	#1	Azusa Pacific	P	45.93m	150-8	3/31
2	11	Luisa FISCHER	#1	Azusa Pacific	P	44.37m	145-7	4/13
3	13	Esther CONDE-TURPIN	#1	Azusa Pacific	P	44.07m	144-7	4/13
4	16	Alysa HENRY	#1	Azusa Pacific	P	43.70m	143-5	3/18
5	53	Leonor BROOKS	#1	Azusa Pacific		39.90m	130-11	4/8
6	63	Nicole WARWICK	#1	Azusa Pacific		39.04m	128-1	4/13
7		Jada PIERCE	#2	Biola (Calif.)		35.69m	117-1	4/21
8		Ashley HUME	#1	Azusa Pacific		34.72m	113-11	3/18
9		Sara CHAO	#2	Biola (Calif.)		34.42m	112-11	4/21
10		Bella PATTERSON	#6	Point Loma Naz		33.66m	110-5	3/31

Women's Heptathlon

1	1	Esther CONDE-TURPIN	#1	Azusa Pacific	P	6,007		4/13
2	2	Nicole WARWICK	#1	Azusa Pacific	P	5,640		4/13
3	6	Alysa HENRY	#1	Azusa Pacific	P	5,306		4/13
4	37	Brianna GREEN	#5	Fresno Pacific		4,310		2/23
5	47	Joley SPOUL	#2	Biola (Calif.)		4,210		4/13



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PBC

Women's 100 Meters

1	64	Priscilla AJALA	#5	Augusta	11.94	(1.8)	4/20
2	89	Shenya PATRICE	#1	Embry-Riddle (F	12.03	(1.8)	4/20
3		Cayla BROWN	#3	Clayton State	12.22w	(2.9)	4/20
4		Nahkia MONTGOMERY	#2	Columbus State	12.35	(1.2)	3/17
5		Sierra COWARD	#1	Embry-Riddle (F	12.36w	(3.3)	4/20
6		Nina RICHARDSON	#1	Embry-Riddle (F	12.58	(0.9)	3/24
7		Maya ADAMS	#3	Clayton State	12.65	(-0.5)	3/24
8		Michala DANIELS	#1	Embry-Riddle (F	12.68w	(2.9)	4/20
9		D'Azhia WOODS	#2	Columbus State	12.77	(0.0)	4/8
10		Reagan HUNTER	#8	Lander	12.79	(1.4)	4/14

Women's 100 Meter Hurdles

1	44	Sierra COWARD	#1	Embry-Riddle (F	14.35	(1.6)	4/7
2		Helena HUYKE	#1	Embry-Riddle (F	15.64w	(2.3)	2/18
3		Dejah SAUNDERS	#1	Embry-Riddle (F	15.75	(-0.3)	4/20
4		Clareese SPAHN	#2	Columbus State	16.01	(1.3)	4/20
5		Michala DANIELS	#1	Embry-Riddle (F	16.04	(-0.3)	4/20
6		Laura MCBRIDE	#1	Embry-Riddle (F	16.42	(1.3)	4/20
7		Joy MCLEOD	#3	Clayton State	16.46	(-0.2)	4/1
8		Sydney CASH	#1	Embry-Riddle (F	16.61	(1.1)	4/20
9		Ashley MOORE	#1	Embry-Riddle (F	16.90	(1.3)	4/7
10		Emma SORENSON	#1	Embry-Riddle (F	17.38	(1.7)	3/30

Women's 200 Meters

1	79	Priscilla AJALA	#5	Augusta	24.62w	(2.4)	4/20
2		Cayla BROWN	#3	Clayton State	24.82w	(2.4)	4/20
3		Shenya PATRICE	#1	Embry-Riddle (F	25.05w	(2.4)	4/20
4		Ariyonna JONES	#3	Clayton State	25.10	(-2.8)	4/1
5		Nina RICHARDSON	#1	Embry-Riddle (F	25.15	(1.6)	4/20
6		Adriana AMEER	#3	Clayton State	25.93	(0.5)	4/1
7		Maya ADAMS	#3	Clayton State	26.02w	(2.5)	3/24
8		Laura MCBRIDE	#1	Embry-Riddle (F	26.11	(1.2)	4/20
9		D'Azhia WOODS	#2	Columbus State	26.16	(1.3)	3/24
10		Mikayla OSBORNE	#3	Clayton State	26.23	(1.6)	4/20

Women's 400 Meters

1	26	Ukeyvia BECKWITH	#1	Embry-Riddle (F P	55.50		3/30
2		Ariyonna JONES	#3	Clayton State	57.51		4/1
3		Morgan DUDLEY	#1	Embry-Riddle (F	57.57		4/20
4		Adriana AMEER	#3	Clayton State	57.63		4/1
5		Nina RICHARDSON	#1	Embry-Riddle (F	58.47		4/20
6		Alesia JOHNSON	#2	Columbus State	59.16		4/1
7		Mikayla OSBORNE	#3	Clayton State	59.17		4/20
8		Ella SToudenMIRE	#6	North Georgia	59.61		4/7
9		Priscilla AJALA	#5	Augusta	59.90		3/17
10		De'aisha STEPHENS	#2	Columbus State	1:00.34		4/20

Women's 400 Meter Hurdles

1	38	Laura MCBRIDE	#1	Embry-Riddle (F	1:02.92		4/20
2	39	Adriana AMEER	#3	Clayton State	1:02.95		4/20
3		Parmelie ANDRIS	#5	Augusta	1:07.78		4/20
4		Joy MCLEOD	#3	Clayton State	1:08.68		4/1
5		Sasha KNOWLES	#3	Clayton State	1:10.31		4/20
6		Alesia JOHNSON	#2	Columbus State	1:11.73		4/20
7		Tara GILLIGAN	#1	Embry-Riddle (F	1:13.29		4/20
8		Sydney BOLYARD	#6	North Georgia	1:13.55		4/14
9		Alaina RIDER	#1	Embry-Riddle (F	1:16.40		4/20
10		Aija WALL	#3	Clayton State	1:18.31		3/24

Women's 800 Meters

1	1	Ukeyvia BECKWITH	#1	Embry-Riddle (F P	2:05.72		4/6
2	72	Ella SToudenMIRE	#6	North Georgia	2:13.51		4/14
3	77	Laura MCBRIDE	#1	Embry-Riddle (F	2:13.87		3/24
4		Caroline HARRIS	#1	Embry-Riddle (F	2:17.17		4/7
5		Abigail MISCH	#4	Flagler	2:17.30		4/20
6		Morgan DUDLEY	#1	Embry-Riddle (F	2:17.33		3/16
7		Monique WHITEMAN	#4	Flagler	2:17.45		3/30
8		Mackenzie KELLER	#1	Embry-Riddle (F	2:17.99		4/20
9		Emily MCBRIDE	#6	North Georgia	2:18.28		4/14
10		Lea STEINBACH	#4	Flagler	2:18.36		3/24

Women's 1500 Meters

1	72	Mackenzie KELLER	#1	Embry-Riddle (F	4:35.19		3/30
2		Lea STEINBACH	#4	Flagler	4:39.78		3/30
3		Monique WHITEMAN	#4	Flagler	4:40.06		4/20
4		Monika KUBAI	#4	Flagler	4:41.55		3/30
5		Abigail MISCH	#4	Flagler	4:42.25		4/20
6		Emily MCBRIDE	#6	North Georgia	4:42.82		4/7
7		Eden TOAL	#7	Nova Southeast	4:43.25		3/30
8		Maya ESPINOSA	#7	Nova Southeast	4:43.57		3/30
9		Ella SToudenMIRE	#6	North Georgia	4:43.74		4/20
10		Clemence TREGUER	#4	Flagler	4:43.98		3/30

Women's Steeplechase

1	20	Ariana ANDERSON	#1	Embry-Riddle (F P	10:46.78		2/18
2	36	Emily MCBRIDE	#6	North Georgia	11:09.08		4/7
3	78	Lea STEINBACH	#4	Flagler	11:35.34		4/20
4	87	Valeria ANGEL	#6	North Georgia	11:39.40		4/20
5	90	Claire MILLS	#6	North Georgia	11:39.85		4/20
6		Anna CHASTEEN	#6	North Georgia	11:47.49		4/20
7		Monique WHITEMAN	#4	Flagler	11:50.75		4/20
8		Kelly STEFFENS	#1	Embry-Riddle (F	11:57.56		4/20
9		Sydney BOLYARD	#6	North Georgia	12:09.67		4/20
10		Tanaeya JOHNSON	#3	Clayton State	12:11.22		4/20



Conference TFRI Event Summary

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PBC

Women's 5000 Meters

1	52	Kamila SOJA	#7 Nova Southeastern	17:07.80	3/3
2	63	Ariana ANDERSON	#1 Embry-Riddle (F)	17:15.50	3/16
3	66	Monique WHITEMAN	#4 Flagler	17:16.62	3/16
4	69	Monika KUBAI	#4 Flagler	17:17.75	3/16
5	LE+0:	Megan CHURCHILL	#4 Flagler	17:30.04	3/16
6		Enola SAVEL	#4 Flagler	17:40.22	3/16
7		Karmen LEROY	#6 North Georgia	18:01.55	4/7
8		Hannah BEACH	#5 Augusta	18:09.36	3/16
9		Marissa KEMPF	#4 Flagler	18:11.80	3/16
10		Abigail MISCH	#4 Flagler	18:14.42	3/16

Women's 10,000 Meters

1	37	Kamila SOJA	#7 Nova Southeastern	35:51.20	4/7
2	71	Hannah BEACH	#5 Augusta	37:07.18	4/7
3	92	Karmen LEROY	#6 North Georgia	37:38.83	3/16
4	98	Megan CHURCHILL	#4 Flagler	37:48.03	4/20
5	LE+0:	Enola SAVEL	#4 Flagler	37:50.65	4/20
6		Cassie LAGAN	#5 Augusta	37:57.78	4/7
7		Valeria ANGEL	#6 North Georgia	38:06.25	3/16
8		Monika KUBAI	#4 Flagler	38:08.26	4/20
9		Madison KENNEDY	#5 Augusta	38:21.18	4/7
10		Kelly STEFFENS	#1 Embry-Riddle (F)	38:29.12	3/16

Women's 4x100 Relay

1	55	Ariyonna JONES, Maya ADAMS, Mikayla OSBORNE, Cayla BROWN	#3 Clayton State	47.63	3/24
2	86	Michala DANIELS, Shenya PATRICE, Cerenity DAISE, Nina RICHARDSON	#1 Embry-Riddle (F)	48.27	4/20
3		Nakhia MONTGOMERY, De'aisha STEPHENS, Tieria MALONE, Alesia JOHNSON	#2 Columbus State	51.11	4/20
4		Karmen LEROY, Ashley POPE, Korey DICKERSON, Lindsay ALLAN	#6 North Georgia	55.85	4/20
5		Haley GILBERT, Caroline PIERCE, Madison KENNEDY, Hannah BEACH	#5 Augusta	57.28	4/20
6		Zoie MARCHANT, Monika KUBAI, Megan CHURCHILL, Hannah GATLAND	#4 Flagler	58.60	4/20

Women's 4x400 Relay

1	34	Laura MCBRIDE, Morgan DUDLEY, Ukeyvia BECKWITH, Shenya PATRICE	#1 Embry-Riddle (F)	3:51.21	3/24
2	68	Ariyonna JONES, Adriana AMEER, Mikayla OSBORNE, JaBresha PALMER	#3 Clayton State	3:57.87	3/24
3		De'aisha STEPHENS, Amber ELDER, Royal DELAY, Alesia JOHNSON	#2 Columbus State	4:04.03	4/20
4		Mattison CULVER, Maddi HOOD, Clemence TREGUER, Abigail MISCH	#4 Flagler	4:06.21	4/20
5		Emery RYAN, Korey DICKERSON, Lindsay ALLAN, Ella STOUDENMIRE	#6 North Georgia	4:06.78	4/20
6		Priscilla AJALA, Parmelie ANDRIS, Julia MASINO, Cheyenne RYAN	#5 Augusta	4:16.42	3/4
7		Julianna BASSANO, Megan WINTERBOTTOM, Kaitlin WHALEN, Lauren BRESKI	#7 Nova Southeastern	4:34.80	2/18

Women's High Jump

1	44	Ukeyvia BECKWITH	#1 Embry-Riddle (F)	1.64m	5-4½	4/20
2		Ashtyn HUNT	#1 Embry-Riddle (F)	1.57m	5-1¾	2/18
3		Sierra COWARD	#1 Embry-Riddle (F)	1.54m	5-½	4/20
4		Laura MCBRIDE	#1 Embry-Riddle (F)	1.53m	5-¼	4/20
5		Emma SORENSON	#1 Embry-Riddle (F)	1.50m	4-11	3/16
5		Rachel LOVELL	#5 Augusta	1.50m	4-11	3/17
7		Sydney CASH	#1 Embry-Riddle (F)	1.49m	4-10½	3/30
8		Kayla WOMMACK	#7 Nova Southeastern	1.47m	4-9¾	4/14
9		Clareese SPAHN	#2 Columbus State	1.44m	4-8¾	4/20
10		Riley WOLTERS	#8 Lander	1.40m	4-7	4/1

Women's Pole Vault

1		Piper KIMES	#1 Embry-Riddle (F)	3.35m	10-11¾	4/7
2		Cai-Lin DAVIS	#2 Columbus State	3.15m	10-4	4/20
2		Jenna ROLEN	#2 Columbus State	3.15m	10-4	4/20
4		Noel KONITZER	#1 Embry-Riddle (F)	2.95m	9-8	3/16
5		Breck JOHNSON	#1 Embry-Riddle (F)	2.80m	9-2¼	3/16
5		Resa AKERS	#1 Embry-Riddle (F)	2.80m	9-2¼	3/16
7		Amber JOHNSON	#2 Columbus State	2.75m	9-¼	4/20
8		Meghan KOH	#2 Columbus State	2.45m	8-½	3/4



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Women's Long Jump

1	48	Sierra COWARD	#1	Embry-Riddle (F	5.73mw	18-9¾ (3.2	3/30
2		Mikaela MILES	#1	Embry-Riddle (F	5.47m	17-11½ (1.	3/16
3		Ariyonna JONES	#3	Clayton State	5.24m	17-2¼ (0.0	4/20
4		Tanija TURNER	#1	Embry-Riddle (F	5.22m	17-1½ (-1.	4/7
5		Michala DANIELS	#1	Embry-Riddle (F	5.19m	17-½ (0.8)	3/16
6		Emma SORENSON	#1	Embry-Riddle (F	5.15m	16-10¾ (0.	2/18
7		Dejah SAUNDERS	#1	Embry-Riddle (F	4.90m	16-1 (-2.2)	3/30
7		Ny'Asia GREEN	#3	Clayton State	4.90m	16-1 (0.0)	3/11
9		Sydney CASH	#1	Embry-Riddle (F	4.88m	16-¼ (1.2)	4/20
10		Noel KONITZER	#1	Embry-Riddle (F	4.74m	15-6¾ (0.5	3/16

Women's Triple Jump

1	26	Mikaela MILES	#1	Embry-Riddle (F P	12.07m	39-7¼ (0.0	2/18
2		Ny'Asia GREEN	#3	Clayton State	11.16m	36-7½ (-1.	3/24
3		Michala DANIELS	#1	Embry-Riddle (F	11.02m	36-2 (2.0)	3/24
4		Avya DOTTIN	#5	Augusta	10.86m	35-7¾ (1.4	3/4
5		Emma SORENSON	#1	Embry-Riddle (F	10.79mw	35-4¾ (2.8	3/16
6		Deandra DOWNER	#2	Columbus State	10.44m	34-3 (1.9)	4/20
6		Cerenity DAISE	#1	Embry-Riddle (F	10.44mw	34-3 (2.4)	4/20
8		Rachel LOVELL	#5	Augusta	10.42m	34-2¼ (1.5	4/20
9		Ashley MOORE	#1	Embry-Riddle (F	10.10m	33-1¾ (-1.	4/7
10		Dejah SAUNDERS	#1	Embry-Riddle (F	10.09m	33-1¼ (1.4	4/20

Women's Shot Put

1	23	Cyan GREEN	#2	Columbus State P	14.17m	46-6	3/17
2		Amber SAUER	#1	Embry-Riddle (F	12.22m	40-1¼	3/24
3		Sierra COWARD	#1	Embry-Riddle (F	11.99m	39-4	3/30
4		Madison MORRIS	#1	Embry-Riddle (F	11.66m	38-3¼	4/20
5		Ar'Rionne HICKSON	#2	Columbus State	11.58m	38-0	4/20
6		Katilyn LANCASTER	#5	Augusta	11.21m	36-9½	4/20
7		Victoria PEREZ	#1	Embry-Riddle (F	10.95m	35-11¼	4/20
8		Kirsten ROLLE	#1	Embry-Riddle (F	10.41m	34-2	4/20
9		Thomas KAILYN	#2	Columbus State	10.07m	33-½	4/20
10		Clareese SPAHN	#2	Columbus State	9.93m	32-7	3/17

Women's Discus

1	22	Cyan GREEN	#2	Columbus State	45.29m	148-7	3/4
2	32	Madison MORRIS	#1	Embry-Riddle (F	44.44m	145-10	4/7
3	53	Sophia GUSTELY	#1	Embry-Riddle (F	42.74m	140-3	3/16
4		Victoria PEREZ	#1	Embry-Riddle (F	39.34m	129-1	3/24
5		Amber SAUER	#1	Embry-Riddle (F	39.17m	128-6	3/24
6		Ar'Rionne HICKSON	#2	Columbus State	37.19m	122-0	3/24
7		Shania RILES	#3	Clayton State	34.75m	114-0	2/25
8		Kirsten ROLLE	#1	Embry-Riddle (F	31.75m	104-2	4/20
9		Taylor ENGLISH	#9	Florida Tech	31.60m	103-8	3/24
10		Thomas KAILYN	#2	Columbus State	30.91m	101-5	4/20

Women's Hammer

1	70	Amber SAUER	#1	Embry-Riddle (F	48.73m	159-11	4/20
2		Kirsten ROLLE	#1	Embry-Riddle (F	45.89m	150-7	4/20
3		Madison MORRIS	#1	Embry-Riddle (F	45.78m	150-3	4/20
4		Cyan GREEN	#2	Columbus State	43.27m	142-0	4/20
5		Thomas KAILYN	#2	Columbus State	42.02m	137-11	3/24
6		Ar'Rionne HICKSON	#2	Columbus State	40.82m	133-11	4/20
7		Shania RILES	#3	Clayton State	35.43m	116-3	3/24
8		Victoria PEREZ	#1	Embry-Riddle (F	34.86m	114-5	4/20
9		Morgan SWINTON	#8	Lander	27.13m	89-¼	4/14
10		Addison DAVIS	#8	Lander	26.39m	86-7	4/14

Women's Javelin

1	27	Sophia GUSTELY	#1	Embry-Riddle (F P	42.23m	138-7	3/16
2	39	Maxime KIRSCHNER	#1	Embry-Riddle (F	40.77m	133-9	2/18
3	60	Sierra COWARD	#1	Embry-Riddle (F	39.21m	128-8	3/30
4	77	Katilyn LANCASTER	#5	Augusta	38.05m	124-10	3/24
5		Victoria PEREZ	#1	Embry-Riddle (F	33.81m	110-11	3/30
6		Madison MORRIS	#1	Embry-Riddle (F	30.63m	100-6	4/20
7		Kaley EATON	#1	Embry-Riddle (F	29.58m	97-¾	3/16
8		Addison DAVIS	#8	Lander	27.09m	88-10½	3/24
9		Kirsten ROLLE	#1	Embry-Riddle (F	26.98m	88-6¼	3/30
10		Julia ANDERSON	#5	Augusta	25.85m	84-9¾	3/4

Women's Heptathlon

1	17	Sierra COWARD	#1	Embry-Riddle (F P	4,747w		3/30
2	49	Laura MCBRIDE	#1	Embry-Riddle (F	4,177w		4/20
3		Sydney CASH	#1	Embry-Riddle (F	3,613w		4/20
4		Clareese SPAHN	#2	Columbus State	3,612		3/17
5		Emma SORENSON	#1	Embry-Riddle (F	2,842w		3/30
6		Sasha KNOWLES	#3	Clayton State	2,819w		4/20
7		Noel KONITZER	#1	Embry-Riddle (F	2,615w		4/20
8		Kaley EATON	#1	Embry-Riddle (F	2,194w		4/20



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Women's 100 Meters

1	1	Divonne FRANKLIN	#5	California (Pa.)	P	11.27	(1.3)	4/14
2	19	Skylar BROWN	#15	Mansfield	P	11.62w	(2.2)	4/22
3	25	Leah GRAYBILL	#2	Shippensburg	P	11.68	(1.7)	3/30
4	43	Riyana OWENS	#9	Lock Haven	P	11.83	(1.3)	4/14
5	74	Samantha GILBERT	#1	Slippery Rock		11.98w	(2.3)	4/20
6		Sandra JACKSON	#12	West Chester		12.07w	(3.4)	3/31
6		Aliyah SERRANO	#2	Shippensburg		12.07	(0.6)	3/24
8		Kiana YOUNG	#8	Kutztown		12.19w	(3.3)	4/21
9		Destiny THOMPSON	#4	East Stroudsburg		12.23	(1.8)	4/7
10		De'Asia HOLLOMAN	#3	Millersville		12.27	(1.7)	4/22

Women's 100 Meter Hurdles

1	57	De'Asia HOLLOMAN	#3	Millersville		14.51w	(4.0)	3/31
2	59	Sasha LEE	#2	Shippensburg		14.53	(1.2)	4/19
3	67	Jeanette JONES	#4	East Stroudsburg		14.62w	(2.2)	3/24
4	96	Chaley YOUNKIN	#1	Slippery Rock		14.80	(1.0)	4/20
5		Billie Jo BOLLINGER	#9	Lock Haven		15.07w	(2.1)	3/30
6		Kailee BUNYARD	#5	California (Pa.)		15.17w	(2.1)	3/23
7		Alyson TAYLOR	#11	Seton Hill		15.19	(-1.1)	3/31
8		Chalondra CLARKE	#1	Slippery Rock		15.30w	(2.5)	4/20
9		Bryna KELLY	#14	Indiana (Pa.)		15.38	(-1.4)	4/8
10		Melanie BARGER	#2	Shippensburg		15.54	(1.2)	4/19

Women's 200 Meters

1	3	Divonne FRANKLIN	#5	California (Pa.)	P	23.13	(1.3)	4/14
2	8	Leah GRAYBILL	#2	Shippensburg	P	23.65	(2.0)	3/30
3	57	Riyana OWENS	#9	Lock Haven		24.39w	(2.6)	3/30
4	79	Skylar BROWN	#15	Mansfield		24.62w	(2.3)	4/22
5		Aliyah SERRANO	#2	Shippensburg		24.82	(0.3)	3/24
6		Samantha GILBERT	#1	Slippery Rock		25.20	(0.0)	4/14
7		Destiny THOMPSON	#4	East Stroudsburg		25.26	(0.4)	4/7
8		Kiana YOUNG	#8	Kutztown		25.39	(0.5)	4/7
9		Aurora CONRAD	#3	Millersville		25.43	(0.6)	4/14
10		Jeanette JONES	#4	East Stroudsburg		25.62	(-0.1)	4/21

Women's 400 Meters

1	29	Divonne FRANKLIN	#5	California (Pa.)	P	55.57		4/8
2	52	Aubrey SYDNOR	#3	Millersville		56.17		4/14
3		Caroline MASTRIA	#2	Shippensburg		57.55		4/19
4		Berna ZUKINA	#6	Edinboro		57.60		4/8
5		Shelby DERKOSH	#3	Millersville		57.84		4/14
6		Jeanette JONES	#4	East Stroudsburg		57.92		4/21
7		Raechel BONNER	#8	Kutztown		58.07		4/21
8		Sarah CASTRONOVA	#7	Bloomsburg		58.31		4/8
9		Hunter BARGER	#9	Lock Haven		58.85		4/14
10		Taylor TIMMONS	#5	California (Pa.)		59.28		4/14

Women's 400 Meter Hurdles

1	23	Jeanette JONES	#4	East Stroudsburg	P	1:01.76		4/14
2	49	Cassidy KLINE	#14	Indiana (Pa.)		1:03.32		4/14
3	80	Kara MCKENZIE	#13	Pitt Johnstown		1:04.32		4/21
4	91	Rachel VENEZIANO	#1	Slippery Rock		1:04.74		4/14
5		Melanie BARGER	#2	Shippensburg		1:05.29		4/19
6		Jaidah MITCHELL	#8	Kutztown		1:05.55		3/30
7		Billie Jo BOLLINGER	#9	Lock Haven		1:05.93		3/30
8		Layla ROBERTSON	#11	Seton Hill		1:06.13		3/31
9		Chaley YOUNKIN	#1	Slippery Rock		1:06.60		4/14
10		Anna ROBERTS	#11	Seton Hill		1:06.69		4/15

Women's 800 Meters

1	26	Maila ANDERSON	#5	California (Pa.)	P	2:10.67		4/21
2	52	Anna MANLEY	#9	Lock Haven		2:12.87		4/14
3		Darby ROTH	#11	Seton Hill		2:17.10		3/31
4		Mackenzie CARVER	#10	Clarion		2:17.91		4/8
5		Abbey SULLIVAN	#3	Millersville		2:18.78		4/14
6		Jordan KLICK	#1	Slippery Rock		2:19.23		4/14
7		Kelsey HULL	#2	Shippensburg		2:19.87		4/14
8		Ava BENDETTI	#8	Kutztown		2:19.94		4/21
9		Brianna DUMOND	#7	Bloomsburg		2:20.05		4/8
10		Isabella MARCHINI	#12	West Chester		2:20.44		4/8

Women's 1500 Meters

1	11	Kylie ANICIC	#6	Edinboro	P	4:25.00		4/14
2		Anna IGIMS	#1	Slippery Rock		4:41.60		4/8
3		Isabella MARCHINI	#12	West Chester		4:41.80		4/22
4		Maila ANDERSON	#5	California (Pa.)		4:42.67		4/14
5		Darby ROTH	#11	Seton Hill		4:42.95		3/31
6		Kyra GERBER	#2	Shippensburg		4:43.46		3/24
7		Alexis CUNNINGHAM	#11	Seton Hill		4:44.30		3/17
8		Kelsey HULL	#2	Shippensburg		4:46.28		4/14
9		Morgan JANIUK	#3	Millersville		4:46.75		3/31
10		Jaime DIEDEL	#7	Bloomsburg		4:47.10		4/14

Women's Steeplechase

1	16	Anna IGIMS	#1	Slippery Rock	P	10:39.07		4/14
2	22	Kimberly GOERSS	#6	Edinboro	P	10:49.23		4/14
3	61	Abbey SULLIVAN	#3	Millersville		11:29.00		4/14
4	75	Madeline GRILLO	#1	Slippery Rock		11:34.35		4/14
5		Alexis CUNNINGHAM	#11	Seton Hill		11:46.93		3/31
6		Abigail SULLIVAN	#10	Clarion		11:58.02		4/8
7		Sophia KNERR	#8	Kutztown		12:04.72		4/21
8		Maria SCARPA	#1	Slippery Rock		12:05.51		3/16
9		Anessa PIGULA	#11	Seton Hill		12:06.46		3/31
10		Addie LABOMBARD	#10	Clarion		12:12.26		4/8



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Women's 5000 Meters

1	14	Kylie ANICIC	#6 Edinboro	P	16:27.88	4/20
2		Elaina KLINGER	#9 Lock Haven		17:37.62	4/14
3		Kate SZEP	#6 Edinboro		17:40.93	4/14
4		Anna IGIMS	#1 Slippery Rock		17:44.19	3/16
5		Isabella MARCHINI	#12 West Chester		17:50.79	4/14
6		Carly DANIELS	#15 Mansfield		17:57.17	3/30
7		Gwen LLOYD	#9 Lock Haven		17:59.19	4/14
8		Sheilah CHERUIYOT	#6 Edinboro		17:59.85	4/14
9		Jaelyn D'AMELIO	#8 Kutztown		18:00.23	4/14
10		Nicole KEELEY	#7 Bloomsburg		18:04.91	3/24

Women's 10,000 Meters

1	11	Kylie ANICIC	#6 Edinboro	P	34:30.63	3/23
2	95	Elaina KLINGER	#9 Lock Haven		37:42.91	3/16
3		Katie PLASSIO	#1 Slippery Rock		38:43.02	3/16
4		Gwen LLOYD	#9 Lock Haven		38:47.28	3/16
5		Jaelyn D'AMELIO	#8 Kutztown		38:58.66	3/30
6		Marianne ABDALAH	#1 Slippery Rock		39:03.71	3/16
7		Sophia KNERR	#8 Kutztown		39:19.48	3/30
8		Morgan JANIUK	#3 Millersville		39:20.88	3/31
9		Amanda KELLY	#7 Bloomsburg		39:34.06	4/14
10		Belle WEIKERT	#2 Shippensburg		39:38.29	3/24

Women's 4x100 Relay

1	25	Aliyah SERRANO, Sara MCKEAN, Kayla DALHOUSE, Leah GRAYBILL	#2 Shippensburg	P	46.63	3/30
2	42	Samantha GILBERT, Haley MORGAN, Regan JOHNSON, Thai-Lin PIERCE	#1 Slippery Rock		47.15	4/14
3	61	Heather LESINSKI, Arianna KOUAKOU, Aurora CONRAD, Emma ELWELL	#3 Millersville		47.69	4/22
4	81	Andrea DANCIU, Kiana YOUNG, Raechel BONNER, Brianna FOSTER	#8 Kutztown		48.19	4/14
5	10	Gabby CURTIS, Sandra JACKSON, Brianna RIBIC, Lily PALACIO-LEWIS	#12 West Chester		48.61	4/22
6		Mayah CHARITY, Alexandra WALTON, Abbey-Gale BROOKS, Kara MCKENZIE	#13 Pitt Johnstown		48.97	4/13
7		Sarah CASTRONOVA, Melissa SICINSKI, Emma KAY, Natalya HEARD	#7 Bloomsburg		49.29	3/31
8		Emma LAUGHLIN, Bryna KELLY, Morgan SLEBODNICK, Cassidy KLINE	#14 Indiana (Pa.)		49.35	4/14
9		Jeanette JONES, Destiny THOMPSON, Kayla HORNING, Ariel KYLE	#4 East Stroudsbur		49.40	4/7
10		Vanessa DAMONE, Bailey POPOVICH, Darcie FRAZIER, Alice ETIENNE	#5 California (Pa.)		50.24	4/21



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PSAC

Women's 4x400 Relay

1	31	Kayla DALHOUSE, Aliyah SERRANO, Leah GRAYBILL, Caroline MASTRIA	#2	Shippensburg	3:50.33	4/14
2	41	Taylor TIMMONS, Divonne FRANKLIN, Beyonc'e KELLY, Malia ANDERSON	#5	California (Pa.)	3:52.79	4/14
3	61	Kiana YOUNG, Jaidah MITCHELL, Brianna FOSTER, Raechel BONNER	#8	Kutztown	3:57.26	4/14
4	65	Shelby DERKOSH, Emma ELWELL, Aubrey SYDNOR, Mia CARSON	#3	Millersville	3:57.77	4/14
5	82	Lorna SPEIGLE, Alice BOGIA, Danielle MACBETH, Samantha GILBERT	#1	Slippery Rock	4:00.43	4/20
6	97	Sarah CASTRONOVA, Megan GAMBOGI, Kelsie ROBINSON, Emma KAY	#7	Bloomsburg	4:02.88	4/14
7	98	Natalie GENTZEL, Riyana OWENS, Hunter BARGER, Billie Jo BOLLINGER	#9	Lock Haven	4:03.06	3/30
8		Dejuanna GILE, Bryna KELLY, Alyssa HOOVER, Cassidy KLINE	#14	Indiana (Pa.)	4:03.73	4/14
9		Haley BRENNY, Layla ROBERTSON, Anna ROBERTS, Alyson TAYLOR	#11	Seton Hill	4:05.66	3/24
10		Bailee MIARA, Mackenzie FLETCHER, Jayna GALLEY, Berna ZUKINA	#6	Edinboro	4:06.59	3/16

Women's High Jump

1	3	Beyonc'e KELLY	#5	California (Pa.)	P 1.73m	5-8	4/14
2	11	Ariel JONES	#2	Shippensburg	P 1.70m	5-7	4/5
3	71	Mia GRASSIA	#8	Kutztown	1.61m	5-3½	4/21
4	75	Paige GRIFFITH	#1	Slippery Rock	1.60m	5-3	4/20
4	75	Ally RICHWINE	#2	Shippensburg	1.60m	5-3	3/24
4	75	Sarah ISENBERG	#14	Indiana (Pa.)	1.60m	5-3	4/8
7		Madeline NEWARK	#6	Edinboro	1.58m	5-2¼	3/16
8		Natalie LIPPINCOTT	#13	Pitt Johnstown	1.56m	5-1¼	4/13
8		Kayla DALHOUSE	#2	Shippensburg	1.56m	5-1¼	4/19
10		Kacie SIENKO	#8	Kutztown	1.55m	5-1	4/21
10		Amanda GWINN	#14	Indiana (Pa.)	1.55m	5-1	4/22
10		Norah VALLON	#2	Shippensburg	1.55m	5-1	4/5

Women's Pole Vault

1	16	Darian HAUF	#3	Millersville	P 3.95m	12-11½	4/14
2	23	Kendall GROSSMAN	#1	Slippery Rock	P 3.84m	12-7¼	4/20
3	45	Kate YAHNER	#13	Pitt Johnstown	3.66m	12-0	4/21
4	46	Olivia SENTLE	#1	Slippery Rock	3.65m	11-11¾	4/14
4	46	Nickolina ANNELLI	#4	East Stroudsbu	3.65m	11-11¾	4/14
6	65	Andrea DANCUI	#8	Kutztown	3.55m	11-7¾	4/21
7	76	Heather GAUGHRAN	#4	East Stroudsbu	3.50m	11-5¾	3/31
7	76	Megan MALECKI	#3	Millersville	3.50m	11-5¾	4/14
9	82	Annika HUMMEL	#12	West Chester	3.49m	11-5¼	4/22
10	85	Allison TAYLOR	#1	Slippery Rock	3.46m	11-4¼	4/8

Women's Long Jump

1	11	Sara MCKEAN	#2	Shippensburg	P 6.10m	20-¼ (0.7)	4/19
2	45	Sasha LEE	#2	Shippensburg	5.76m	18-10¾ (0)	4/19
3	51	Dahlia HOSEY	#7	Bloomsburg	5.72m	18-9¼ (0.3)	4/19
4	85	Kamya EDMONDS	#4	East Stroudsbu	5.55mw	18-2½ (3.2)	3/24
5		Brianna FOSTER	#8	Kutztown	5.48m	17-11¾ (0)	4/7
5		Baylee BLAUSER	#1	Slippery Rock	5.48mw	17-11¾ (2)	3/31
5		Kacie SIENKO	#8	Kutztown	5.48m	17-11¾ (-1)	4/21
8		Abigail WILLIAMSON	#1	Slippery Rock	5.45mw	17-10¾ (3)	4/20
8		Mackenzie FLETCHER	#6	Edinboro	5.45mw	17-10¾ (2)	3/31
10		Devin HUBLER	#7	Bloomsburg	5.43m	17-9¾ (1.0)	4/19

Women's Triple Jump

1	32	Sasha LEE	#2	Shippensburg	11.93mw	39-1¾ (3.3)	4/5
2	37	Delaney BEARD	#10	Clarion	11.88m	38-11¾ (1)	4/20
3	38	Abigail TAYLOR	#15	Mansfield	11.87m	38-11½ (-1)	4/22
4	48	Keelin BECKER	#11	Seton Hill	11.69m	38-4¼ (0.6)	4/15
5	50	Aleksandra BROZESKI	#1	Slippery Rock	11.67m	38-3½ (0.2)	4/20
6	62	Alice BOGIA	#1	Slippery Rock	11.56m	37-11¼ (0)	4/20
7	68	Alice ETIENNE	#5	California (Pa.)	11.50m	37-8¾ (0.6)	4/14
8	84	Dahlia HOSEY	#7	Bloomsburg	11.39m	37-4½ (0.7)	4/19
9	91	Quintasia STREETER	#5	California (Pa.)	11.32mw	37-1¼ (2.3)	4/14
10	95	Kamya EDMONDS	#4	East Stroudsbu	11.28m	37-¼ (0.0)	4/7

Women's Shot Put

1	21	Sarah CORRIE	#1	Slippery Rock	P 14.21m	46-7½	4/5
2	25	Elizabeth MAKAR	#4	East Stroudsbu	P 14.15m	46-5¼	4/14
3	36	Shelly JONES	#10	Clarion	13.39m	43-11¼	4/15
4	58	Hannah WOELFLING	#3	Millersville	13.12m	43-½	4/22
5	70	Kenzie LENDON	#6	Edinboro	12.96m	42-6¼	4/15
6	84	Olivia HECKMAN	#1	Slippery Rock	12.71m	41-8½	4/14
7	85	Payton BAUER	#2	Shippensburg	12.70m	41-8	3/31
8	LE+0	Madison BAUDILLE	#7	Bloomsburg	12.48m	40-11½	3/31
9		Sarah HESSLER	#3	Millersville	12.47m	40-11	3/31
10		Zhayria WASHINGTON	#12	West Chester	12.32m	40-5	4/8



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Women's Discus

1	6	Hannah WOELFLING	#3	Millersville	P	49.11m	161-2	3/31
2	81	Maddy DOWNS	#3	Millersville		41.62m	136-7	4/14
3		Zhayria WASHINGTON	#12	West Chester		40.29m	132-2	4/8
4		Makalya DECKER	#2	Shippensburg		40.00m	131-3	4/19
5		Shelly JONES	#10	Clarion		39.42m	129-4	3/24
6		Zionette SALAHUDDIN	#4	East Stroudsbu		39.17m	128-6	4/14
7		Seya TRUJILLO	#3	Millersville		39.06m	128-2	4/22
8		Mallory ECK	#9	Lock Haven		38.32m	125-9	4/14
9		Emma PESICKA	#10	Clarion		38.28m	125-7	4/20
10		Isabella MARTE	#4	East Stroudsbu		38.25m	125-6	4/21

Women's Hammer

1	2	Hannah WOELFLING	#3	Millersville	P	61.08m	200-5	3/31
2	33	Elizabeth MAKAR	#4	East Stroudsbu	P	52.59m	172-7	4/21
3	42	Tiffany JOLAYEMI	#1	Slippery Rock		51.37m	168-7	3/31
4	58	Isabella MARTE	#4	East Stroudsbu		49.83m	163-6	4/21
5	59	Samiyah LITTLE	#4	East Stroudsbu		49.58m	162-8	4/21
6	65	Cassie SHARROW	#3	Millersville		49.01m	160-10	3/31
7	91	Rachel HUTCHINSON	#1	Slippery Rock		47.62m	156-3	3/31
8		Seya TRUJILLO	#3	Millersville		46.79m	153-6	4/19
9		Kelly GILMORE	#7	Bloomsburg		46.52m	152-8	3/31
10		Zionette SALAHUDDIN	#4	East Stroudsbu		45.79m	150-3	3/31

Women's Javelin

1	17	Trinity CLARK	#1	Slippery Rock	P	43.63m	143-2	3/31
2	18	Kelly LESZCZYNSKI	#7	Bloomsburg	P	43.48m	142-8	4/14
3	28	Abby REASONER	#2	Shippensburg	P	42.20m	138-6	4/5
4	33	Ryann BRUNDAGE	#6	Edinboro		41.62m	136-7	3/23
5	44	Olivia SFORZA	#4	East Stroudsbu		40.44m	132-8	4/7
6	47	Skylar SHERRY	#1	Slippery Rock		40.23m	132-0	4/8
7	63	Catherine MANCINO	#2	Shippensburg		39.04m	128-1	3/31
8	70	Cassie SHARROW	#3	Millersville		38.48m	126-3	3/31
9	73	Madison SIEG	#2	Shippensburg		38.35m	125-10	4/5
10	87	Nicola PUGGE	#2	Shippensburg		37.46m	122-11	4/14

Women's Heptathlon

1	46	Nicola PUGGE	#2	Shippensburg		4,240	4/14
2	52	Jenna UNCIPHER	#10	Clarion		4,162	4/13
3	61	Jayna GALLEY	#6	Edinboro		4,075	4/8
4	62	Lorna SPEIGLE	#1	Slippery Rock		4,059	3/16
5	65	Darcie FRAZIER	#5	California (Pa.)		4,045	4/14
6	74	Danielle MACBETH	#1	Slippery Rock		3,947	4/8
7	78	Leah PERRY	#10	Clarion		3,919	4/13
8	79	Madeline NEWARK	#6	Edinboro		3,909	4/8
9	96	Macy HINES	#2	Shippensburg		3,738	4/14
10	97	Kyli MOON-RUMSEY	#2	Shippensburg		3,723	4/14



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Women's 100 Meters

1	9	Sierra ARCENEUX	#3	Colorado Mesa	P	11.52c	(11.49A) (1	3/31
2	52	Audrey BLOOMQUIST	#1	UC-Colorado Sp		11.87cw	(11.84A) (2	4/6
3	56	Brittany FUCHS	#1	UC-Colorado Sp		11.89c	(11.86A) (1	4/6
4	84	Keyanda BOLTON	#1	UC-Colorado Sp		12.01cw	(11.98A) (2	4/6
5	85	Myia DANTZLER	#4	Western Colorac		12.02c	(11.99A) (0	4/15
6	89	Victoria FARINAS	#1	UC-Colorado Sp		12.03cw	(12.00A) (2	4/6
7	92	Alese SARTAIN	#5	Adams State		12.04c	(12.01A) (1	3/31
8	95	Jaivion LATTIMORE	#7	MSU Denver		12.05c	(12.02A) (0	4/7
9		Breanne FULLER	#11	Black Hills State		12.07c	(12.04A) (1	3/31
10		Gaby HORTON	#3	Colorado Mesa		12.09cw	(12.06A) (2	3/31

Women's 100 Meter Hurdles

1	7	Missy MORENI	#1	UC-Colorado Sp	P	13.72c	(13.68A) (1	4/6
2	19	Patreece CLARKE	#8	New Mexico Higl	P	14.04c	(14.00A) (-	3/24
3	44	Maya RIES	#7	MSU Denver		14.35	(0.6)	4/12
4		Faith NOVESS	#1	UC-Colorado Sp		14.87c	(14.83A) (0	3/31
4		Averie GRIFFITH	#3	Colorado Mesa		14.87cw	(14.83A) (2	4/15
6		Maggie REMSBERG	#1	UC-Colorado Sp		14.90c	(14.86A) (0	3/31
6		Mica JENRETTE	#3	Colorado Mesa		14.90c	(14.86A) (0	4/15
8		Jordan BROCKMAN	#3	Colorado Mesa		14.94c	(14.90A) (0	4/15
9		Avery WRIGHT	#2	Colo. School of M		15.19c	(15.15A) (0	4/15
10		Sydney SAMUELS	#1	UC-Colorado Sp		15.32c	(15.28A) (1	4/6

Women's 200 Meters

1	6	Sierra ARCENEUX	#3	Colorado Mesa	P	23.54c	(23.47A) (0	3/31
2	42	Keyanda BOLTON	#1	UC-Colorado Sp	P	24.26cw	(24.19A) (2	4/6
3	69	Brittany FUCHS	#1	UC-Colorado Sp		24.53c	(24.46A) (1	4/6
4	70	Kaiya FIROR	#4	Western Colorac		24.54w	(3.3)	4/13
5	95	Breanne FULLER	#11	Black Hills State		24.74w	(2.9)	4/7
6		Selisa PALMER	#8	New Mexico Higl		24.78c	(24.71A) (1	4/6
6		Alese SARTAIN	#5	Adams State		24.78c	(24.71A) (0	3/31
8		Jordan BURNETT	#3	Colorado Mesa		24.94c	(24.87A) (-	4/15
9		McKenna MOLDER	#3	Colorado Mesa		25.10c	(25.03A) (0	4/15
10		Hannah GEORGE	#13	Colorado Christi		25.11	(1.6)	4/13

Women's 400 Meters

1	32	Sierra ARCENEUX	#3	Colorado Mesa	P	55.63c	(55.52A)	4/7
2	48	Amena NELSON	#2	Colo. School of M	P	55.96c	(55.85A)	3/31
3	53	Jordan BURNETT	#3	Colorado Mesa		56.25c	(56.14A)	4/15
4	57	Amber DAVIS	#1	UC-Colorado Sp		56.33c	(56.22A)	4/6
5	72	Grace GALVIN	#2	Colo. School of M		56.83c	(56.72A)	4/7
6	74	Allyssa ROMERO	#7	MSU Denver		56.86c	(56.75A)	4/7
7	91	Tara SMOKER	#13	Colorado Christi		57.16		4/12
8	92	Nadine ROSE	#8	New Mexico Higl		57.19c	(57.08A)	3/24
9	93	Helen BRAYBROOK	#6	CSU Pueblo		57.23c	(57.12A)	3/17
10	99	Cemore DONALD	#8	New Mexico Higl		57.32c	(57.21A)	4/14

Women's 400 Meter Hurdles

1	6	Kaiya FIROR	#4	Western Colorac	P	59.91		4/13
2	30	Kelia PORTIS	#4	Western Colorac	P	1:02.30c	(1:02.19A)	4/7
3	57	Katie BROTHERSON	#12	Westminster (Ut		1:03.68		4/13
4	86	Allison COMER	#2	Colo. School of M		1:04.47c	(1:04.36A)	4/15
5	LE+0	Averie GRIFFITH	#3	Colorado Mesa		1:05.05c	(1:04.94A)	3/31
6		Skylar HAWK	#1	UC-Colorado Sp		1:05.31c	(1:05.20A)	4/6
7		Nadine ROSE	#8	New Mexico Higl		1:05.41c	(1:05.30A)	4/6
8		Beatrice ARMIJO	#8	New Mexico Higl		1:05.74c	(1:05.63A)	3/31
9		Leyah MARTINEZ	#1	UC-Colorado Sp		1:05.81c	(1:05.70A)	4/23
10		Lexie WILLIAMS	#3	Colorado Mesa		1:05.83c	(1:05.72A)	4/15

Women's 800 Meters

1	2	Helen BRAYBROOK	#6	CSU Pueblo	P	2:07.26		4/13
2	5	Aryelle WRIGHT	#2	Colo. School of M	P	2:07.83		4/13
3	6	Josii JOHNSON	#12	Westminster (Ut	P	2:08.02		4/13
4	7	Lieke HOOGSTEEN	#5	Adams State	P	2:08.20c	(2:08.96A)	4/6
5	14	Kate HEDLUND	#1	UC-Colorado Sp	P	2:09.69		4/13
6	17	Mackenzie DUCK	#2	Colo. School of M	P	2:09.81		4/13
7	22	Michelle KUIPERS	#13	Colorado Christi	P	2:10.45		4/13
8	25	Rachel O'BRIEN	#5	Adams State	P	2:10.57		4/13
9	28	Jessica SIMON	#5	Adams State	P	2:10.74		4/13
10	41	Katie FANKHOUSER	#14	Fort Lewis	P	2:11.79c	(2:12.44A)	4/15

Women's 1500 Meters

1	4	Ava O'CONNOR	#5	Adams State	P	4:20.04		4/13
2	5	Helen BRAYBROOK	#6	CSU Pueblo	P	4:20.58		4/13
3	7	Kate HEDLUND	#1	UC-Colorado Sp	P	4:22.83		4/13
4	8	Zanzie DEMCO	#13	Colorado Christi	P	4:24.34		4/13
5	12	Brianna ROBLES	#5	Adams State	P	4:25.99c	(4:31.71A)	3/31
6	14	Rachel O'BRIEN	#5	Adams State	P	4:26.53c	(4:32.77A)	4/6
7	16	Lieke HOOGSTEEN	#5	Adams State	P	4:27.03		4/13
8	20	Allison BEASLEY	#4	Western Colorac	P	4:27.84		4/13
9	23	Amalia DORION	#5	Adams State	P	4:28.56c	(4:34.84A)	4/6
10	25	Katie FANKHOUSER	#14	Fort Lewis	P	4:29.00c	(4:34.78A)	3/31

Women's Steeplechase

1	2	Ava O'CONNOR	#5	Adams State	P	10:07.96		4/13
2	10	Morgan HYKES	#5	Adams State	P	10:24.94		4/13
3	11	Allison BEASLEY	#4	Western Colorac	P	10:26.16c	(10:41.39A)	3/31
4	12	Emily SCHOELLKOPF	#5	Adams State	P	10:27.10		4/13
5	14	Margot THOMAS	#6	CSU Pueblo	P	10:33.26		4/13
6	17	Erin STONEBARGER	#5	Adams State	P	10:42.26		4/13
7	18	Alex RAICHART	#2	Colo. School of M	P	10:42.94c	(11:03.23A)	4/21
8	37	Margaux BASART	#2	Colo. School of M		11:09.57c	(11:30.70A)	4/21
9	38	Molly BREUER	#1	UC-Colorado Sp		11:11.88		4/13
10	54	Rachel RICHTMAN	#1	UC-Colorado Sp		11:22.34c	(11:43.88A)	4/21



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Women's 5000 Meters

1	3	Zoe BAKER	#2	Colo. School of M	P	16:07.72	4/13
2	6	Emily SCHOELLKOPF	#5	Adams State	P	16:16.69	4/13
3	7	Morgan HYKES	#5	Adams State	P	16:16.85	4/13
4	11	Allison BEASLEY	#4	Western Colorac	P	16:23.07	4/13
5	12	Clare PETERS	#2	Colo. School of M	P	16:24.50	3/31
6	17	Jenna RAMSEY	#2	Colo. School of M	P	16:31.80	4/13
7	18	Anna FAUSKE	#1	UC-Colorado Sp	P	16:38.89	4/13
8	19	Leah TAYLOR	#4	Western Colorac	P	16:40.21	4/13
9	20	Amanda LEE	#12	Westminster (Ut	P	16:40.76	4/13
10	22	Holly MOSER	#2	Colo. School of M	P	16:41.33	4/13

Women's 10,000 Meters

1	3	Brianna ROBLES	#5	Adams State	P	33:11.64	4/13
2	4	Precious ROBINSON	#5	Adams State	P	33:54.15	4/13
3	6	Reina PAREDES	#5	Adams State	P	34:00.79	4/13
4	12	Zoe BAKER	#2	Colo. School of M	P	34:34.46c	(35:57.96A) 4/21
5	13	Molly MAK SIN	#2	Colo. School of M	P	34:38.57c	(36:02.23A) 4/21
6	14	Jenna RAMSEY	#2	Colo. School of M	P	34:41.91c	(36:05.71A) 4/21
7	15	Holly MOSER	#2	Colo. School of M	P	34:50.06c	(36:14.19A) 4/7
8	30	Saydi ANDERSON	#12	Westminster (Ut	P	35:25.89	4/13
9	31	Sylvia BROWN	#11	Black Hills State	P	35:32.14	4/13
10	33	Grace STRONGMAN	#2	Colo. School of M	P	35:39.29c	(37:05.40A) 4/21

Women's 4x100 Relay

1	15	Audrey BLOOMQUIST, Keyanda BOLTON, Brittany FUCHS, Victoria FARINAS	#1	UC-Colorado Sp	P	45.96c	(45.84A)	3/31
2	24	Gaby HORTON, Sierra ARCENEAX, Serenity BURNETT- PERRY, Avry KENNISON	#3	Colorado Mesa	P	46.62c	(46.50A)	4/7
3	27	Claire HUMMEL, Allyssa ROMERO, Jessica HOBSON, Jaivion LATTIMORE	#7	MSU Denver	P	46.70c	(46.58A)	4/7
4	43	Mikayla HUTCHISON, Jada HYNDS, Cora OLSON, Myia DANTZLER	#4	Western Colorac		47.24c	(47.12A)	3/31
5		Sophie CURTIS, Kendall TIETJEN, Mikayla TRACY, Breanne FULLER	#11	Black Hills State		49.70		4/7
6		Erin CASE, Skyler KIMBLE, Gabrielle DUNICH, Ashley MILLER	#6	CSU Pueblo		49.71c	(49.59A)	3/31
7		Beatrice ARMIJO, Charity JOHNSON, Faith JEBET, Nadine ROSE	#8	New Mexico Higl		54.41c	(54.29A)	4/20
8		Katherine MATHIEU, Melissa MAY, Laine MANNES, Madeline HASSE	#9	South Dakota Mi		55.13		4/7



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Women's 4x400 Relay

1	7	Amena NELSON, Grace GALVIN, Mackenzie DUCK, Aryelle WRIGHT	#2 Colo. School of M P	3:44.45	4/13
2	37	Kaiya FIROR, Kiarra LAPP, Kelia PORTIS, Abbey MOHAN	#4 Western Colorac	3:51.62c (3:51.18A)	4/7
3	44	Alyssa LOPEZ, Michela HEWITT, Faith NOVESS, Amber DAVIS	#1 UC-Colorado Sp	3:54.24c (3:53.80A)	3/31
4	50	Helen BRAYBROOK, Taylor HOLLAND, Ella HARRIS, Gabrielle DUNICH	#6 CSU Pueblo	3:55.07c (3:54.63A)	3/31
5	57	Nadine ROSE, Cemore DONALD, Chisom OBIOHA, Faith JEBET	#8 New Mexico Higl	3:56.33c (3:55.89A)	4/6
6	58	Jessica SIMON, Rachel O'BRIEN, Mikaela JONSSON, Lieke HOOGSTEN	#5 Adams State	3:56.35c (3:55.91A)	3/31
7	60	Elaina ARCAND, Emma DIKKEN, Gaby HORTON, Avry KENNISON	#3 Colorado Mesa	3:57.24c (3:56.80A)	4/15
8	72	Katie BROTHERRSON, Josii JOHNSON, Courtney MCALINDON, Emily WORLINE	#12 Westminster (Ut	3:58.68c (3:58.24A)	4/7
9		Naleia SOWELL, Audrynn STREET, Raygen IVINS, Tanis CHAVEZ	#7 MSU Denver	4:10.45c (4:10.01A)	3/17
10		Kamryn SCULLY, Katherine MATHIEU, Laine MANNES, Abbie SALINE	#9 South Dakota Mi	4:24.96	4/7

Women's High Jump

1	5	Josie COFFEY	#3 Colorado Mesa P	1.71mA	5-7¼	4/7
2	14	Mikayla JONES	#6 CSU Pueblo P	1.69mA	5-6½	4/21
3	15	Samantha BRETZ	#4 Western Colorac P	1.68mA	5-6	4/7
4	26	Faith NOVESS	#1 UC-Colorado Sp	1.66mA	5-5¼	3/31
5	34	Lexye WOOD	#2 Colo. School of M	1.65m	5-5	4/15
6	59	Maggie REMSBERG	#1 UC-Colorado Sp	1.62mA	5-3¾	4/6
7	71	Jordan BROCKMAN	#3 Colorado Mesa	1.61m	5-3¼	4/15
8	75	Kaelea GIBSON	#3 Colorado Mesa	1.60m	5-3	4/15
8	75	Hope MATTESON	#3 Colorado Mesa	1.60m	5-3	4/15
10		Abigail GILLESPIE	#2 Colo. School of M	1.59mA	5-2½	4/21

Women's Pole Vault

1	5	Hannah MILLER	#2 Colo. School of M P	4.11mA	13-5¾	4/21
2	9	Avery HERBOLD	#2 Colo. School of M P	4.01mA	13-1¾	4/21
3	18	Lauren SMITH	#4 Western Colorac P	3.90mA	12-9½	3/31
4	24	Ava KOWALSKI	#2 Colo. School of M P	3.83m	12-6¾	4/15
5	34	Dale THOMPSON	#2 Colo. School of M P	3.76mA	12-4	4/21
6	85	Gabbi VARELA	#2 Colo. School of M	3.46mA	11-4¼	4/21
6	85	Lauren KELLY	#2 Colo. School of M	3.46mA	11-4¼	4/21
8	88	Laura BRIGNOLI	#4 Western Colorac	3.45mA	11-3¾	3/31
9	92	Kamryn SCULLY	#9 South Dakota Mi	3.44m	11-3½	4/15
9	92	Brianna SPENCER	#1 UC-Colorado Sp	3.44mA	11-3½	3/24

Women's Long Jump

1	15	Lexye WOOD	#2 Colo. School of M P	6.07mA	19-11 (1.7)	4/7
2	30	Audrey BLOOMQUIST	#1 UC-Colorado Sp P	5.88mA	19-3½ (1.2)	3/31
3	43	Sidney WALSHAW	#2 Colo. School of M	5.77mA	18-11¼ (0)	4/7
4	48	Cora OLSON	#4 Western Colorac	5.73mA	18-9¾ (1.3)	4/7
5	53	Christine BAILEY	#1 UC-Colorado Sp	5.70mA	18-8½ (0.7)	3/31
6	58	Avery WRIGHT	#2 Colo. School of M	5.67m	18-7¼ (1.0)	4/15
7	66	Jordan BROCKMAN	#3 Colorado Mesa	5.62mA	18-5¼ (-1)	3/31
8	81	Taeryn TRUMPER	#3 Colorado Mesa	5.57mA	18-3¼ (0.0)	3/31
9	91	Kierra ARCENEUX	#3 Colorado Mesa	5.53mA	18-1¾ (0.6)	3/31
10	96	Mica JENRETTE	#3 Colorado Mesa	5.52mA	18-1½ (0.0)	3/31

Women's Triple Jump

1	7	Audrey BLOOMQUIST	#1 UC-Colorado Sp P	12.46mA	40-10½ (-2)	3/31
2	29	Kiana JACKSON	#3 Colorado Mesa P	11.99m	39-4 (-2.1)	4/15
3	42	Eireann DONOHOE	#4 Western Colorac	11.78mw	38-7¾ (2.1)	4/7
4	54	Christine BAILEY	#1 UC-Colorado Sp	11.62mw	38-1½ (3.6)	4/6
5	74	Ashley VIL	#13 Colorado Christi	11.47m	37-7¾ (1.0)	4/13
6	76	Mikayla JONES	#6 CSU Pueblo	11.45mA	37-6¾ (-2)	3/31
7	95	Claire KINTZLEY	#2 Colo. School of M	11.28mA	37-¼ (1.4)	3/31
8		Sidney WALSHAW	#2 Colo. School of M	11.20mA	36-9 (0.0)	3/31
9		Kathryn CARROLL	#1 UC-Colorado Sp	11.08mA	36-4¼ (0.0)	3/24
10		Natalie SMYTHE	#3 Colorado Mesa	10.90mA	35-9¼ (1.1)	4/7

Women's Shot Put

1	4	Katherine HIGGINS	#6 CSU Pueblo P	15.45mA	50-8¼	3/31
2	10	Febe WESSELS	#6 CSU Pueblo P	14.61mA	47-11¼	4/23
3	15	Ali ALDRICH	#4 Western Colorac P	14.44mA	47-4½	4/7
4	23	Kyla SAWWELL	#10 Chadron State P	14.17m	46-6	4/21
5	31	Jaycie STUBBS	#9 South Dakota Mi	13.70m	44-11½	4/7
6	94	Virginia TOMON	#3 Colorado Mesa	12.54mA	41-1¾	3/31
7	97	Kitt RUPAR	#2 Colo. School of M	12.51m	41-½	4/15
8	98	Jenna SAYLER	#9 South Dakota Mi	12.49mA	40-11¾	3/24
9		Savannah JORGENS	#1 UC-Colorado Sp	12.36mA	40-6¾	3/17
10		Makayla FRIEDERICH	#11 Black Hills State	12.28mA	40-3½	3/31



Conference TFRI Event Summary

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RMAC

Women's Discus

1	12	Emily MALOUF	#12	Westminster (Ut P	47.18m	154-10	4/13
2	28	Febe WESSELS	#6	CSU Pueblo	44.80mA	147-0	4/23
3	29	Heather YACKEY	#3	Colorado Mesa	44.64mA	146-6	4/7
4	43	Katherine HIGGINS	#6	CSU Pueblo	43.54mA	142-10	3/31
5	61	Lindsey OSTERFELT	#4	Western Colorac	42.39m	139-1	4/15
6	63	Kyla SAWWELL	#10	Chadron State	42.34mA	138-11	3/24
7	66	Jaycie STUBBS	#9	South Dakota Mi	42.26m	138-8	4/15
8	98	Kitt RUPAR	#2	Colo. School of M	40.98mA	134-6	4/7
9	LE+0	Olivia MIKAELIAN	#6	CSU Pueblo	40.95mA	134-4	4/23
10		Caroline WALTERS	#1	UC-Colorado Sp	40.75mA	133-9	3/31

Women's Hammer

1	14	Kyla SAWWELL	#10	Chadron State	P 55.73mA	182-10	3/24
2	27	Kaitlyn SCOTT	#8	New Mexico Higl P	52.96mA	173-9	4/14
3	28	Ali ALDRICH	#4	Western Colorac P	52.94mA	173-8	4/7
4	41	Anna HOLLAND	#1	UC-Colorado Sp	51.62mA	169-4	3/17
5	64	Jenna SAYLER	#9	South Dakota Mi	49.08m	161-0	4/15
6	69	Courtney SMITH	#10	Chadron State	48.76mA	160-0	4/8
7	78	Kitt RUPAR	#2	Colo. School of M	48.43mA	158-11	4/7
8	80	Jennifer JARNAGIN	#2	Colo. School of M	48.29mA	158-5	4/21
9	84	Chloe BRACKENBURY	#4	Western Colorac	48.01m	157-6	4/15
10	86	Cassie LYNN BONNER	#1	UC-Colorado Sp	47.92mA	157-3	4/6

Women's Javelin

1	32	Jaycie STUBBS	#9	South Dakota Mi	41.96m	137-8	4/21
2	54	Brooklynn JONES	#7	MSU Denver	39.87mA	130-10	3/17
3	57	Febe WESSELS	#6	CSU Pueblo	39.71mA	130-4	4/23
4	67	Kamryn BOHLKEN	#1	UC-Colorado Sp	38.79mA	127-3	3/31
5	95	Bailey GRAVES	#6	CSU Pueblo	36.89mA	121-1	3/17
6	97	Caroline WALTERS	#1	UC-Colorado Sp	36.86mA	120-11	3/17
7		Patreece CLARKE	#8	New Mexico Higl	36.45mA	119-7	4/6
8		Kitrie FRANK	#11	Black Hills State	36.28m	119-1	4/14
9		Adisyn SCHENCK	#9	South Dakota Mi	35.90m	117-10	4/21
10		Lindsey OSTERFELT	#4	Western Colorac	35.64mA	116-11	4/7

Women's Heptathlon

1	9	Mica JENRETTE	#3	Colorado Mesa	P 5,022	4/15
2	12	Avery WRIGHT	#2	Colo. School of M	4,900	4/15
3	23	Maggie REMSBERG	#1	UC-Colorado Sp	P 4,697A	4/6
4	24	Jordan BROCKMAN	#3	Colorado Mesa	P 4,654	4/15
5	40	Katie THOMSON	#3	Colorado Mesa	4,277	4/15
6	56	Jocelyn KORBE	#7	MSU Denver	4,120	4/15
7	71	Faith NOVESS	#1	UC-Colorado Sp	4,000A	4/6
8	93	Jade MARVEL	#7	MSU Denver	3,777	4/15
9		Eireann DONOHOE	#4	Western Colorac	3,482	4/15
10		Mary SCOGGINS	#6	CSU Pueblo	3,439A	4/6



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SAC

Women's 100 Meters

1	2	Alexis BROWN	#2	Lenoir-Rhyne	P	11.34	(0.0)	4/14
2	6	Sade DE SOUSA	#5	Carson-Newmar	P	11.48	(1.9)	3/29
3	37	Kiera TAYLOR	#9	Tusculum	P	11.81w	(2.7)	4/14
4	41	Melody JONES	#2	Lenoir-Rhyne	P	11.82	(1.4)	3/23
5	71	Sarah ABUMERE	#6	Newberry		11.97w		4/22
6	82	Janaya DAVIS-GAINER	#5	Carson-Newmar		12.00	(1.6)	3/25
7		Kierra JONES	#3	Catawba		12.09	(0.1)	4/21
8		Aliyah ADDERLEY	#9	Tusculum		12.13w	(2.7)	4/14
9		Nya EXUM	#10	Coker		12.15		4/22
10		Emma JOHNSON	#6	Newberry		12.17	(1.5)	4/14

Women's 100 Meter Hurdles

1	6	Melody JONES	#2	Lenoir-Rhyne	P	13.68	(-1.1)	4/21
2	28	Kadidja SANGARE	#5	Carson-Newmar	P	14.17	(-1.1)	4/21
3	50	McKenzie CONNOR	#1	Wingate		14.48w	(3.1)	4/14
4	75	Kalisha HILL	#7	Limestone		14.66		4/22
5	88	Theresa GREEN-WHITE	#9	Tusculum		14.74	(0.2)	4/14
6	92	Amari SMITH	#7	Limestone		14.79		4/22
7		Emma JOHNSON	#6	Newberry		14.87	(1.8)	4/14
8		Kennedy CONNER	#2	Lenoir-Rhyne		14.90w	(2.3)	3/31
8		Naizja REDDING	#10	Coker		14.90	(0.8)	3/24
10		Hoyane ESPER	#1	Wingate		15.17	(1.8)	4/14

Women's 200 Meters

1	2	Alexis BROWN	#2	Lenoir-Rhyne	P	23.11	(0.0)	4/14
2	17	Sarah ABUMERE	#6	Newberry	P	23.87w		4/22
3	30	Samantha PAYNE	#3	Catawba	P	24.09	(0.6)	4/14
4	70	Sade DE SOUSA	#5	Carson-Newmar		24.54	(1.0)	4/6
5	99	Naiobi WHITE	#1	Wingate		24.76	(0.6)	4/14
6		Mariah MITCHEM	#10	Coker		24.84	(-0.4)	4/1
7		Janaya DAVIS-GAINER	#5	Carson-Newmar		24.91	(0.7)	3/25
8		Kiera TAYLOR	#9	Tusculum		25.02	(0.9)	3/17
9		Efemena EGBERI	#3	Catawba		25.07	(1.9)	4/14
10		Kierra JONES	#3	Catawba		25.09w	(2.5)	4/21

Women's 400 Meters

1	10	Samantha PAYNE	#3	Catawba	P	54.05		4/21
2	62	Mariah MITCHEM	#10	Coker		56.46		4/14
3	64	Tytiana WILSON	#5	Carson-Newmar		56.59		3/25
4	96	Damyja ALEJANDRO-ORTIZ	#2	Lenoir-Rhyne		57.24		4/14
5	97	Holly KONE	#2	Lenoir-Rhyne		57.25		3/24
6		Destiny GIBBS	#8	Lincoln Memorial		57.40		4/15
7		Abby HEATH	#1	Wingate		57.47		3/23
8		Brianna QUARTARARO	#4	Anderson (S.C.)		57.50		4/21
9		Lacey BOOZER	#4	Anderson (S.C.)		57.73		3/17
10		Abbie ZANDER	#5	Carson-Newmar		58.74		4/21

Women's 400 Meter Hurdles

1	41	Skylar PAYNE	#3	Catawba		1:02.99		4/21
2	83	Abby HEATH	#1	Wingate		1:04.34		3/16
3		Gianna GUTIERREZ	#3	Catawba		1:05.24		4/21
4		Hoyane ESPER	#1	Wingate		1:05.64		4/14
5		Araceli ESPINOZA	#2	Lenoir-Rhyne		1:07.23		4/14
6		Dounia ROUTBI	#1	Wingate		1:07.61		4/14
7		Lacey TRIPLETT	#2	Lenoir-Rhyne		1:07.88		4/14
8		Madison RICKETTS	#12	Emory and Henr		1:08.06		4/14
9		Amari SMITH	#7	Limestone		1:08.95		4/22
10		Jasmine DUNLAP	#1	Wingate		1:09.89		4/14

Women's 800 Meters

1	30	Raina ANDREWS	#3	Catawba	P	2:10.91		4/14
2		Olivia RISH	#4	Anderson (S.C.)		2:15.38		4/14
3		Natalie ALMOND	#3	Catawba		2:15.64		4/14
4		Ona ALONSO	#1	Wingate		2:17.60		3/16
5		Harper RUSSELL	#8	Lincoln Memorial		2:17.82		4/21
6		Whitney HANSON	#4	Anderson (S.C.)		2:17.85		3/23
7		Olivia OVERHOLT	#2	Lenoir-Rhyne		2:18.68		4/14
8		Meg RAPLEY	#1	Wingate		2:18.71		4/7
9		Sira BO	#1	Wingate		2:18.73		3/16
10		Brianna QUARTARARO	#4	Anderson (S.C.)		2:18.78		3/24

Women's 1500 Meters

1	1E+01	Natalie ALMOND	#3	Catawba		4:38.47		4/21
2		Raina ANDREWS	#3	Catawba		4:39.35		3/16
3		Zoe BRICKLEY	#1	Wingate		4:40.45		3/23
4		Olivia RISH	#4	Anderson (S.C.)		4:41.16		3/17
5		Whitney HANSON	#4	Anderson (S.C.)		4:45.70		4/14
6		Katilee CROFT	#8	Lincoln Memorial		4:46.74		3/24
7		Madison CLAY	#3	Catawba		4:47.48		4/14
8		Elise MATTHEWS	#4	Anderson (S.C.)		4:47.84		3/31
9		Emily CODDINGTON	#9	Tusculum		4:47.93		4/14
10		Aubrey STODDARD	#4	Anderson (S.C.)		4:48.99		4/14

Women's Steeplechase

1	32	Whitney HANSON	#4	Anderson (S.C.)		11:04.06		4/21
2	34	Meg RAPLEY	#1	Wingate		11:08.43		4/7
3	44	Enora TOUPIN	#1	Wingate		11:16.51		4/14
4	84	Doriane LANGLOIS	#1	Wingate		11:37.31		4/7
5		Elizabeth KESSLER	#2	Lenoir-Rhyne		11:46.04		4/21
6		Rebecca WARD	#4	Anderson (S.C.)		12:16.61		4/14
7		Claudia TERAN-ROMAGOSA	#2	Lenoir-Rhyne		12:25.55		4/21
8		Madison CRUMLEY	#4	Anderson (S.C.)		12:29.94		3/31
9		Vennise SHELTON	#1	Wingate		12:33.40		4/7
10		Elise MCKINNEY	#12	Emory and Henr		12:50.83		4/14



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SAC

Women's 5000 Meters

1	53	Mollie SCOTT	#1 Wingate	17:07.89	4/20
2	55	Lauryn TUMEY	#1 Wingate	17:09.76	4/13
3	67	Zoe BRICKLEY	#1 Wingate	17:16.66	4/7
4	77	Natalie ALMOND	#3 Catawba	17:19.96	4/6
5	85	Madison CLAY	#3 Catawba	17:22.11	4/6
6	95	Mikayla JONES	#3 Catawba	17:29.02	4/6
7		Amber SCOTT	#1 Wingate	17:32.47	3/16
8		Tatjana MENSE	#1 Wingate	17:47.50	3/16
9		Brooke FOSTER	#8 Lincoln Memorial	17:53.49	4/7
10		Paige EWALD	#2 Lenoir-Rhyne	17:58.79	3/31

Women's 10,000 Meters

1	17	Madison CLAY	#3 Catawba	P 34:57.28	4/21
2	25	Mollie SCOTT	#1 Wingate	P 35:21.14	4/12
3	32	Lauryn TUMEY	#1 Wingate	P 35:37.54	4/12
4	48	Tatjana MENSE	#1 Wingate	P 36:16.59	4/7
5	54	Laila ABOUZAID	#1 Wingate	P 36:26.76	4/7
6	68	Paige EWALD	#2 Lenoir-Rhyne	37:05.90	4/14
7	77	Emily GOLDEN	#4 Anderson (S.C.)	37:19.32	4/7
8	87	Doriane LANGLOIS	#1 Wingate	37:31.78	3/16
9	88	Elise MATTHEWS	#4 Anderson (S.C.)	37:35.20	4/7
10		Katie SMOCK	#5 Carson-Newmar	38:23.84	4/7

Women's 4x100 Relay

1	11	Molly MCGRATH, Melody JONES, Jordan SHEALEY, Alexis BROWN	#2 Lenoir-Rhyne	P 45.86	3/23
2	37	Onii BIVENS, Efemena EGBERI, Kierra JONES, Samantha PAYNE	#3 Catawba	47.02	4/14
3	39	Kiera TAYLOR, Kyli WRIGHT, Theresa GREEN-WHITE, Silvia BAH	#9 Tusculum	47.06	4/21
4	67	Ayanna ENGLISH, Mariah MITCHEM, Naizja REDDING, Nya EXUM	#10 Coker	47.81	4/22
5	70	Janaya DAVIS- GAINER, Tytiana WILSON, Kadidja SANGARE, Sade DE SOUSA	#5 Carson-Newmar	47.91	4/6
6	71	Charlotte JOHNSON, Sarah ABUMERE, Emma JOHNSON, Jada JOHNSON	#6 Newberry	47.95	3/17
7		Joeli HAYDEN, Lacey BOOZER, Brianna QUARTARARO, Lauren CHILDERS	#4 Anderson (S.C.)	50.38	4/14
8		Scarlett EVERSLEY, Madison RICKETTS, Chloe JONES, Kylee TURMAN	#12 Emory and Henr	53.33	4/1

Women's 4x400 Relay

1	45	Araceli ESPINOZA, Olivia OVERHOLT, Damyja ALEJANDRO- ORTIZ, Holly KONE	#2 Lenoir-Rhyne	3:54.27	4/14
2	53	Kierra JONES, Gianna GUTIERREZ, Skylar PAYNE, Samantha PAYNE	#3 Catawba	3:55.46	3/31
3	84	Brianna QUARTARARO, Lacey BOOZER, Joeli HAYDEN, Emma WHITAKER	#4 Anderson (S.C.)	4:00.49	3/17
4		Theresa GREEN- WHITE, Kiera TAYLOR, Emily CODDINGTON, Silvia BAH	#9 Tusculum	4:03.75	4/14
5		Ashlee LEWIS, Harper RUSSELL, Micah SELLS, Maria CHELLAH	#8 Lincoln Memorial	4:05.36	3/17
6		Abbie ZANDER, Tytiana WILSON, Morgan BAILEY, Lauren TABOR	#5 Carson-Newmar	4:07.12	4/21
7		Khasmine HARRIS, Desiree CONNER, Amari SMITH, Deimante BEDALYTE	#7 Limestone	4:10.23	3/17
8		Stephani FORRESTER, Michaela HAYES, Mariah MITCHEM, Shawnteanna TILLMAN	#10 Coker	4:11.77	4/14
9		Michelle DIAZ, Madison RICKETTS, Scarlett EVERSLEY, Chloe JONES	#12 Emory and Henr	4:36.70	3/25

Women's High Jump

1	26	Kennedy CONNER	#2 Lenoir-Rhyne	1.66m	5-5¼	4/14
2	34	Valerie DAEHLER	#1 Wingate	1.65m	5-5	3/16
3	75	Amanda LISI	#8 Lincoln Memorial	1.60m	5-3	3/17
3	75	Sofia LANINA	#2 Lenoir-Rhyne	1.60m	5-3	4/14
3	75	Morgan STANTON	#5 Carson-Newmar	1.60m	5-3	3/24
6		Judith VAQUERO	#1 Wingate	1.55m	5-1	3/16
6		Destini WILSON	#2 Lenoir-Rhyne	1.55m	5-1	4/14
8		Miranda MARR	#2 Lenoir-Rhyne	1.54m	5-½	4/14
9		Carmen BISHOP	#3 Catawba	1.50m	4-11	3/16
10		Alina MUELLER	#11 Mars Hill	1.47m	4-9¾	4/7
10		Valicia DEMERITTE	#10 Coker	1.47m	4-9¾	3/24



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SAC

Women's Pole Vault

1	41	Abby OWENS	#5	Carson-Newmar P	3.74m	12-3¼	4/14
2	88	Pearl BALLARD	#2	Lenoir-Rhyne	3.45m	11-3¾	4/21
3		Kirsten LEONARD	#4	Anderson (S.C.)	3.25m	10-8	4/14
4		Camryn HARRIS	#7	Limestone	3.20m	10-6	3/24
5		Lacey TRIPLETT	#2	Lenoir-Rhyne	3.15m	10-4	4/21
6		Melena HOWELL	#2	Lenoir-Rhyne	3.00m	9-10	4/21
6		Stacie JORGENSEN	#2	Lenoir-Rhyne	3.00m	9-10	4/21
8		Adair DUPREE	#2	Lenoir-Rhyne	2.85m	9-4¼	4/21
8		Mykayla KING	#11	Mars Hill	2.85m	9-4¼	3/17
10		Madison CRUMLEY	#4	Anderson (S.C.)	2.80m	9-2¼	4/14

Women's Long Jump

1	11	Kadidja SANGARE	#5	Carson-Newmar P	6.10mw	20-¼ (2.5)	4/21
2	15	McKayla WHITE	#3	Catawba P	6.07m	19-11 (0.0)	4/21
3	19	Sydney MCCARTY	#5	Carson-Newmar P	6.05m	19-10¼ (1.4)	4/21
4	65	Efemena EGBERI	#3	Catawba	5.63mw	18-5¾ (2.9)	3/31
5	91	Desiree CONNER	#7	Limestone	5.53m	18-1¾	4/22
6	97	Jael STAUFFER	#10	Coker	5.51m	18-1 (0.3)	4/1
6	97	Daryn MCDONALD	#7	Limestone	5.51m	18-1 (1.9)	3/17
8		Brooke TAYLOR	#5	Carson-Newmar	5.48m	17-11¾ (1.1)	3/24
9		Abigail KINOSHITA	#2	Lenoir-Rhyne	5.44mw	17-10¼ (2.1)	3/17
10		Destini WILSON	#2	Lenoir-Rhyne	5.43m	17-9¾ (-0.1)	4/14

Women's Triple Jump

1	16	Holly KONE	#2	Lenoir-Rhyne P	12.19mw	40-0 (3.3)	3/31
2	95	Ennessey SORRELLS	#1	Wingate	11.28m	37-¼ (1.1)	4/14
3		Daryn MCDONALD	#7	Limestone	11.20m	36-9 (0.0)	3/17
4		Brooke TAYLOR	#5	Carson-Newmar	11.19mw	36-8½ (2.3)	4/6
5		Shaniya FIELDS	#7	Limestone	11.16m	36-7½ (0.0)	3/17
6		McKayla WHITE	#3	Catawba	11.09m	36-4¾ (0.0)	4/14
7		Janiyah GARDNER	#6	Newberry	10.89m	35-8¾ (0.0)	3/17
8		Valerie DAEHLER	#1	Wingate	10.82m	35-6 (-1.8)	4/7
9		Abigail KINOSHITA	#2	Lenoir-Rhyne	10.68m	35-½ (0.0)	4/21
10		Lynaiyah SYLVESTER	#1	Wingate	10.64m	34-11 (-2.3)	4/7

Women's Shot Put

1	46	Danielle CRAWFORD	#1	Wingate	13.25m	43-5¾	4/14
2	70	Taylor SMITH	#7	Limestone	12.96m	42-6¼	4/22
3	77	Victoria MCEACHERN	#1	Wingate	12.89m	42-3½	3/16
4	91	Olivia JACKSON	#2	Lenoir-Rhyne	12.63m	41-5¼	4/14
5		Amber LAWLESS	#1	Wingate	12.14m	39-10	4/14
6		Carly PLATT	#1	Wingate	11.96m	39-3	4/7
7		Sarah WIMPEE	#4	Anderson (S.C.)	11.38m	37-4	4/14
8		ShaNadia MARSHALL	#6	Newberry	11.27m	36-11¾	3/24
9		Rachael TURNER	#1	Wingate	10.95m	35-11¼	4/14
10		Taylor STEELE	#5	Carson-Newmar	10.88m	35-8½	4/21

Women's Discus

1	46	Judith VAQUERO	#1	Wingate	43.23m	141-10	4/21
2		Irma WATSON-PEREZ	#6	Newberry	40.40m	132-7	3/24
3		Amber LAWLESS	#1	Wingate	39.25m	128-9	4/14
4		Taylor SMITH	#7	Limestone	39.10m	128-4	3/17
5		Sarah WIMPEE	#4	Anderson (S.C.)	38.40m	126-0	4/14
6		Danielle CRAWFORD	#1	Wingate	36.47m	119-8	4/7
7		Kennedy MYERS	#6	Newberry	35.91m	117-10	3/24
8		Marlesia WALKER	#2	Lenoir-Rhyne	35.01m	114-11	3/17
9		Cierra WILLIAMS	#11	Mars Hill	35.00m	114-10	4/21
10		Lexie MAY	#1	Wingate	34.50m	113-2	3/16

Women's Hammer

1	35	Esmá PAJT	#1	Wingate P	52.49m	172-3	4/14
2	44	Andrea PASCUAL RIVERA	#6	Newberry	51.22m	168-1	4/14
3		Olivia JACKSON	#2	Lenoir-Rhyne	45.91m	150-8	4/21
4		Danielle CRAWFORD	#1	Wingate	45.45m	149-2	4/7
5		Carly PLATT	#1	Wingate	42.85m	140-7	4/7
6		Irma WATSON-PEREZ	#6	Newberry	42.35m	139-0	3/24
7		Marlesia WALKER	#2	Lenoir-Rhyne	42.20m	138-6	3/17
8		Trinity DOWNS	#7	Limestone	41.78m	137-1	3/17
9		Victoria MCEACHERN	#1	Wingate	41.08m	134-10	4/7
10		Amber HOGAN	#9	Tusculum	40.85m	134-0	3/17

Women's Javelin

1	83	Tyla STOLBERG	#6	Newberry	37.72m	123-9	4/14
2	88	Carmen BISHOP	#3	Catawba	37.41m	122-9	3/16
3		Lexie MAY	#1	Wingate	35.05m	115-0	4/7
4		Savannah JORDAN	#6	Newberry	34.94m	114-8	4/14
5		Lacey TRIPLETT	#2	Lenoir-Rhyne	34.73m	114-0	4/14
6		Miranda MARR	#2	Lenoir-Rhyne	34.19m	112-2	4/14
7		Mykayla KING	#11	Mars Hill	33.15m	108-9	3/17
8		Kylee ALVIS	#8	Lincoln Memorial	30.89m	101-4	4/21
9		Makayla ROGERS	#11	Mars Hill	30.17m	98-11¼	4/14
10		Victoria MCEACHERN	#1	Wingate	29.53m	96-10¾	4/7

Women's Heptathlon

1	30	Kennedy CONNER	#2	Lenoir-Rhyne P	4,516		4/14
2	36	Miranda MARR	#2	Lenoir-Rhyne	4,313		4/14
3	58	Carmen BISHOP	#3	Catawba	4,096		4/14
4	85	Elizabeth CLOSE	#8	Lincoln Memorial	3,868		3/24
5	99	Alina MUELLER	#11	Mars Hill	3,663		4/7
6		Maggie SANDERSON	#8	Lincoln Memorial	2,992		3/24
7		Keagan OSIKA	#11	Mars Hill	2,870		4/7
8		Sofia ULANDAY	#2	Lenoir-Rhyne	2,765		4/14



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Women's 100 Meters

1	62	Shantel WILLIAMS	#1	Benedict	11.93		4/22
2		D'Iiyah AUSTELL	#3	Fort Valley State	12.27	(0.0)	4/14
3		Javaela JONES	#4	Lane	12.33w	(2.2)	4/6
4		Dasia GILYARD	#2	Albany State (Ga)	12.37	(1.4)	3/17
5		Anniyah WILLIAMS	#6	Clark Atlanta	12.40	(-0.5)	4/1
6		Shonkeria JONES	#2	Albany State (Ga)	12.47	(0.4)	2/25
7		Kapri DAWKINS	#5	Central State	12.48	(0.9)	4/14
8		Gabriel STEPHENS	#8	Tuskegee	12.50w	(2.5)	3/31
8		Ciara BARDWELL	#4	Lane	12.50	(-1.5)	3/24
10		Sha'keryah PASSMORE	#10	Allen (S.C.)	12.51	(0.9)	4/1

Women's 100 Meter Hurdles

1	20	Santiona FREEMAN	#1	Benedict	P 14.06w	(3.1)	4/14
2	34	Kaciann COWAN	#1	Benedict	14.30		4/22
3	84	Jazz BARNETT	#3	Fort Valley State	14.73	(0.1)	4/8
4	90	Amarianna LOFTON	#5	Central State	14.76	(0.5)	4/14
5		Briana MADISON	#3	Fort Valley State	14.86	(-0.4)	4/14
6		Jeainna BRYANT	#7	Savannah State	14.87	(0.8)	2/25
7		Teleah MOORER	#10	Allen (S.C.)	14.93w	(3.8)	3/17
8		Jaylynn WILLIAMS	#9	Kentucky State	14.99	(-0.8)	4/14
9		Ky'Leigha ROBINSON	#7	Savannah State	15.77	(-0.4)	4/14
10		Mikayln CHAMBERS	#4	Lane	15.95	(0.2)	3/17

Women's 200 Meters

1		Khamil EVANS	#4	Lane	24.86	(0.0)	3/24
2		Ravyn CYSTRUNK	#7	Savannah State	25.00	(-0.7)	3/11
3		D'Iiyah AUSTELL	#3	Fort Valley State	25.11	(0.3)	4/14
4		Shantel WILLIAMS	#1	Benedict	25.12	(1.7)	3/24
5		Kanesha MOSES	#1	Benedict	25.28	(1.9)	4/14
6		Tylar LIGHTBOURN	#5	Central State	25.29	(1.1)	4/14
7		Ciara BARDWELL	#4	Lane	25.30	(0.3)	4/6
8		Anniyah WILLIAMS	#6	Clark Atlanta	25.35	(-2.8)	4/1
9		Kassie JORDAN	#1	Benedict	25.40w		4/22
10		Dasia GILYARD	#2	Albany State (Ga)	25.51	(-2.8)	4/1

Women's 400 Meters

1	61	Kapri DAWKINS	#5	Central State	56.44		4/14
2	78	Ravyn CYSTRUNK	#7	Savannah State	56.99		3/11
3	81	Kanesha MOSES	#1	Benedict	57.04		4/14
4	93	Nathalia ROWE	#2	Albany State (Ga)	57.23		4/1
5		Torriann NOAD	#1	Benedict	57.44		4/22
6		Karon WARREN	#6	Clark Atlanta	57.87		4/1
7		Khamil EVANS	#4	Lane	58.14		3/11
8		Jaylin BRADSHAW	#5	Central State	58.54		4/14
9		Ajeceia PRESSWOOD	#14	LeMoyne-Owen	59.21		3/11
10		Kassie JORDAN	#1	Benedict	59.33		4/14

Women's 400 Meter Hurdles

1	24	Megan THOMPSON	#1	Benedict	P 1:01.88		4/22
2	32	Nathalia ROWE	#2	Albany State (Ga)	1:02.63		3/23
3		Kayla HUSTON	#5	Central State	1:05.41		4/14
4		Sinia MASSILLON	#1	Benedict	1:06.58		4/14
5		Amarianna LOFTON	#5	Central State	1:10.92		3/16
6		Shekinah RACHEL	#3	Fort Valley State	1:11.13		4/14
7		Naima HOSKINS	#8	Tuskegee	1:11.31		4/21
8		Saniya KEETON	#8	Tuskegee	1:11.76		3/23
9		Jaylin RIVERS	#3	Fort Valley State	1:11.81		4/14
10		Teleah MOORER	#10	Allen (S.C.)	1:12.06		3/17

Women's 800 Meters

1		Megan THOMPSON	#1	Benedict	2:19.80		3/24
2		Kayla CHANCE	#7	Savannah State	2:19.97		4/14
3		Kiyah PITTMON	#2	Albany State (Ga)	2:23.24		3/23
4		Zenay RHANEY	#2	Albany State (Ga)	2:25.29		3/23
5		Quanisha MARSHALL	#4	Lane	2:27.59		3/31
6		Cavel BARNETT	#1	Benedict	2:28.55		3/24
7		Floma OKUMU	#1	Benedict	2:28.64		3/24
8		Aliyah JACKSON	#6	Clark Atlanta	2:28.80		4/1
9		Akierah WALKER	#8	Tuskegee	2:31.01		3/31
10		Purity KIBET	#1	Benedict	2:31.46		3/24

Women's 1500 Meters

1		Kayla CHANCE	#7	Savannah State	4:56.55		3/24
2		Purity KIBET	#1	Benedict	5:08.44		4/22
3		Floma OKUMU	#1	Benedict	5:11.25		4/22
4		Aliyah JACKSON	#6	Clark Atlanta	5:14.74		3/11
5		Montana WILLIAMS	#3	Fort Valley State	5:18.34		4/8
6		Kiyah PITTMON	#2	Albany State (Ga)	5:18.42		3/23
7		Madeline KNIGHTLY	#11	Spring Hill (Ala.)	5:20.18		4/8
8		Zamya RHANEY	#2	Albany State (Ga)	5:21.92		4/8
9		Zenay RHANEY	#2	Albany State (Ga)	5:23.05		3/17
10		Akierah WALKER	#8	Tuskegee	5:30.80		3/31

Women's Steeplechase

1		Kayla CHANCE	#7	Savannah State	12:17.46		4/14
2		Jane KIBORUS	#1	Benedict	12:23.97		4/14
3		Aliyah JACKSON	#6	Clark Atlanta	12:56.16		3/23
4		Zamya RHANEY	#2	Albany State (Ga)	13:09.12		3/23
5		Mariah HUSTON	#5	Central State	13:26.86		4/7
6		Claire MORGAN	#11	Spring Hill (Ala.)	13:59.97		3/17
7		Miracle SMITH	#6	Clark Atlanta	14:56.86		3/4



Conference TFRI Event Summary

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Women's 5000 Meters

1	Purity KIBET	#1 Benedict	19:53.37	4/14
2	Jane KIBORUS	#1 Benedict	20:00.76	3/24
3	Kayla CHANCE	#7 Savannah State	20:03.19	2/25
4	Skyler ARMSTEAD	#2 Albany State (Ga.)	20:38.72	2/25
5	Aliyah JACKSON	#6 Clark Atlanta	20:48.38	4/1
6	Madeline KNIGHTLY	#11 Spring Hill (Ala.)	20:51.65	3/31
7	Zamya RHANEY	#2 Albany State (Ga.)	21:19.80	4/1
8	Montana WILLIAMS	#3 Fort Valley State	21:56.53	4/1
9	Sky BUIE-COX	#7 Savannah State	22:16.71	2/25
10	Miracle SMITH	#6 Clark Atlanta	22:36.02	4/1

Women's 10,000 Meters

1	Floma OKUMU	#1 Benedict	43:18.38	4/14
2	Montana WILLIAMS	#3 Fort Valley State	46:03.58	4/14

Women's 4x100 Relay

1	35 Santiona FREEMAN, Kassie JORDAN, Shantel WILLIAMS, Kanesha MOSES	#1 Benedict	47.00	4/22
2	52 Khamil EVANS, Nadia ALEXANDER, Kyra GASTON, Brikeria GILKEY	#4 Lane	47.40	3/11
3	68 Daveja WILSON, Aquila KERR, Briana MADISON, D'Liyah AUSTELL	#3 Fort Valley State	47.83	4/14
4	69 Jeainna BRYANT, Ravyn CYSTRUNK, Sadrea MABRY, Delilyah PELHAM	#7 Savannah State	47.85	4/14
5	86 Tylar LIGHTBOURN, Kapri DAWKINS, Michael ADDISON, Skye LIVINGSTON	#5 Central State	48.27	3/31
6	93 Aisha PATTERSON, Teleah MOORER, Sha'keryah PASSMORE, Measha JONES	#10 Allen (S.C.)	48.43	4/14
7	Kennedy SIMMONS, Dasia GILYARD, Jeniya LAWRENCE, Shonkeria JONES	#2 Albany State (Ga.)	48.70	3/11
8	Kaylin STRAHAN, Jayla HARTLEY-SCOTT, Isis LEWIS, Anniyah WILLIAMS	#6 Clark Atlanta	48.79	4/1
9	Jessica MYERS, Ajeceia PRESSWOOD, Patrina ROGERS, Malaisha JOHNSON	#14 LeMoyne-Owen	49.26	4/6
10	Gabriel STEPHENS, Cyndi SAMUEL, M'Kenzii FRAZIER, De'Shell CARR	#8 Tuskegee	49.32	3/31

Women's 4x400 Relay

1	28 Torriann NOAD, Megan THOMPSON, Kassie JORDAN, Kanesha MOSES	#1 Benedict	3:49.83	3/24
2	43 Nathalia ROWE, Dasia GILYARD, Kiyah PITTMON, Zenay RHANEY	#2 Albany State (Ga.)	3:53.67	3/23
3	54 Anniyah WILLIAMS, Karon WARREN, Kaylin STRAHAN, Jayla HARTLEY-SCOTT	#6 Clark Atlanta	3:55.48	3/23
4	79 Jaylin BRADSHAW, Kapri DAWKINS, Michael ADDISON, Jurnie HEMSLEY	#5 Central State	4:00.06	3/31
5	88 Javaela JONES, Jayla WRIGHT, Jasmine JONES, Brikeria GILKEY	#4 Lane	4:01.84	3/11
6	Akierah WALKER, Gabriel STEPHENS, Cyndi SAMUEL, Madison MINGA-PERRY	#8 Tuskegee	4:05.78	3/23
7	Brionna GRAHAM, Jaysha BELL, Sydney THOMAS, Jaylynne WILLIAMS	#9 Kentucky State	4:12.64	4/21
8	Jurni CUMMINGS, Madison LEE, Alexis DOVER, Jordan YARBROUGH	#12 Miles	4:27.32	3/23
9	Aisha PATTERSON, Kiana PACK, Ayani TAYLOR, Measha JONES	#10 Allen (S.C.)	4:32.31	4/1
10	Da'Mariona GOGGINS, Destiny BYRD, Di-Raphaelle NELSON, Sanya JOSEPH	#13 Edward Waters (Ga.)	4:46.73	4/7

Women's High Jump

1	26 Amarianna LOFTON	#5 Central State	1.66m	5-5¼	4/14
2	59 Kennedy SPEARS	#7 Savannah State	1.62m	5-3¾	4/14
3	75 Naomi ANDREWS	#6 Clark Atlanta	1.60m	5-3	3/11
4	Maliyah WHITE	#6 Clark Atlanta	1.55m	5-1	3/23
5	A'mijya DUDLEY	#7 Savannah State	1.52m	4-11¾	4/14
5	Aquilla KERR	#3 Fort Valley State	1.52m	4-11¾	3/23
5	Julianna KERN	#2 Albany State (Ga.)	1.52m	4-11¾	3/23
5	Madison LEE	#12 Miles	1.52m	4-11¾	3/23
5	Erica JONES	#9 Kentucky State	1.52m	4-11¾	3/23
10	Kourtney ENGLISH	#10 Allen (S.C.)	1.48m	4-10¼	3/10

Women's Pole Vault

1	Abigail REMICK	#11 Spring Hill (Ala.)	2.45m	8-½	3/4
2	Zenay RHANEY	#2 Albany State (Ga.)	2.30m	7-6½	4/1



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Women's Long Jump

1	81	Mikayln CHAMBERS	#4	Lane	5.57m	18-3¼ (1.2)	3/31
2	91	Da'Aliyah JOHNSON	#7	Savannah State	5.53m	18-1¾ (0.9)	4/14
3		Amarianna LOFTON	#5	Central State	5.49mw	18-¼ (2.2)	3/31
4		Measha JONES	#10	Allen (S.C.)	5.46m	17-11 (1.3)	3/17
5		Aquilla KERR	#3	Fort Valley State	5.40m	17-8¾ (0.1)	4/8
6		Cyndi SAMUEL	#8	Tuskegee	5.39m	17-8¼ (2.0)	3/23
7		De'Shell CARR	#8	Tuskegee	5.29m	17-4¼ (0.0)	3/31
8		Arinn HAYES	#9	Kentucky State	5.26mw	17-3¼ (2.4)	4/21
8		Sadrea MABRY	#7	Savannah State	5.26m	17-3¼ (0.6)	4/14
10		Jaylin BRADSHAW	#5	Central State	5.11m	16-9¼ (0.6)	3/31

Women's Triple Jump

1	62	Sadrea MABRY	#7	Savannah State	11.56m	37-11¼ (0.)	3/11
2	88	Jada DAVID	#1	Benedict	11.36mw	37-3¼ (3.2)	3/16
3	89	Shynique MCGEE	#6	Clark Atlanta	11.35m	37-3 (-1.1)	3/23
4		Shekinah RACHEL	#3	Fort Valley State	11.01mw	36-1½ (4.0)	4/1
5		Ja'Nyah JENKINS	#8	Tuskegee	11.00m	36-1¼ (0.0)	3/31
6		Aquilla KERR	#3	Fort Valley State	10.98m	36-¼ (0.0)	4/14
7		Dimya EVANS	#11	Spring Hill (Ala.)	10.69m	35-1 (-2.3)	3/17
8		Eliane ROBINSON	#1	Benedict	10.68m	35-½ (0.0)	3/24
8		Tiana SMITH	#11	Spring Hill (Ala.)	10.68m	35-½ (-0.9)	4/8
10		Andrianna WALKER	#13	Edward Waters (	10.64m	34-11 (-1.7)	3/23

Women's Shot Put

1	30	Diamond RICHARDSON	#4	Lane	13.76m	45-1¾	4/6
2		Na'dejah BATTS	#3	Fort Valley State	12.42m	40-9	4/1
3		Dezarai STEWART	#4	Lane	12.22m	40-1¼	4/6
4		Amani WAGNER	#9	Kentucky State	12.00m	39-4½	3/17
5		Feliah GREER	#12	Miles	11.98m	39-3¾	3/23
6		Darcey DORRIS	#5	Central State	11.78m	38-7¾	4/14
7		Sydney BLACKBURN	#2	Albany State (Ga	11.77m	38-7½	3/11
8		Mykhayla CARROLL	#2	Albany State (Ga	11.70m	38-4¾	3/17
9		Alana THOMAS	#8	Tuskegee	11.62m	38-1½	3/11
10		Paris STANTON	#1	Benedict	11.57m	37-11½	4/14

Women's Discus

1	9	Sydney BLACKBURN	#2	Albany State (Ga P	48.32m	158-7	3/23
2	41	Diamond RICHARDSON	#4	Lane	43.76m	143-7	4/6
3		Mykhayla CARROLL	#2	Albany State (Ga	40.10m	131-7	3/11
4		Miniya MILLER	#3	Fort Valley State	37.72m	123-9	4/14
5		Darcey DORRIS	#5	Central State	37.50m	123-1	3/25
6		Amani WAGNER	#9	Kentucky State	37.26m	122-3	4/14
7		Logan MARSHALL	#2	Albany State (Ga	36.65m	120-3	3/23
8		Dezarai STEWART	#4	Lane	36.57m	120-0	4/6
9		Daneika WILLIAMSON	#1	Benedict	36.51m	119-10	4/14
10		Kaia BARNETT	#6	Clark Atlanta	36.30m	119-1	4/14

Women's Hammer

1	53	Diamond RICHARDSON	#4	Lane	50.05m	164-3	3/31
2		Amani WAGNER	#9	Kentucky State	43.88m	144-0	4/8
3		Mykhayla CARROLL	#2	Albany State (Ga	41.71m	136-10	3/23
4		Na'dejah BATTS	#3	Fort Valley State	40.78m	133-10	3/23
5		Miniya MILLER	#3	Fort Valley State	40.43m	132-8	4/1
6		Alana THOMAS	#8	Tuskegee	38.59m	126-7	3/11
7		Nadejah BATTS	#3	Fort Valley State	38.20m	125-4	3/11
8		Sydney BLACKBURN	#2	Albany State (Ga	37.75m	123-10	3/11
9		Dezarai STEWART	#4	Lane	34.64m	113-8	3/17
10		Paris STANTON	#1	Benedict	34.62m	113-7	3/16

Women's Javelin

1		Hannah WILLIAMS	#8	Tuskegee	35.75m	117-4	4/21
2		Feliah GREER	#12	Miles	35.06m	115-1	3/31
3		Anaya HOWELL	#2	Albany State (Ga	32.00m	105-0	4/14
4		Aliyah JACKSON	#6	Clark Atlanta	31.30m	102-8	4/14
5		Mikayln CHAMBERS	#4	Lane	30.35m	99-7	3/17
6		Danielle WILSON	#8	Tuskegee	30.26m	99-3½	3/23
6		Matelia HARPER	#8	Tuskegee	30.26m	99-3½	3/23
8		Logan MARSHALL	#2	Albany State (Ga	27.55m	90-4¾	2/25
9		Kaia BARNETT	#6	Clark Atlanta	26.94m	88-4¾	4/1
9		Shynique MCGEE	#6	Clark Atlanta	26.94m	88-4¾	4/14

Women's Heptathlon

1	77	Mikayln CHAMBERS	#4	Lane	3,920		3/17
2		Kaleah KLECKLEY	#2	Albany State (Ga	3,070		3/23
3		Sanya JOSEPH	#13	Edward Waters (	2,916		3/23
4		Da'Mariona GOGGINS	#13	Edward Waters (	2,576		3/23
5		Julianna KERN	#2	Albany State (Ga	2,287		3/23
6		Ternya GIBSON	#3	Fort Valley State	2,060		3/23
7		Tania HALL	#3	Fort Valley State	1,868		3/23