



Conference TFRI Event Summary

as of 5/1/2023 7:27:53 AM

CACC

Women's 100 Meters

1	Ariel SALKEY	#2	Holy Family (Pa.	12.52	(-0.9)	4/21
2	Temiloluwa MUSTAPHA	#4	Wilmington (Del	12.55	(1.7)	4/22
3	Aniyah RUSSELL	#3	Georgian Court	12.74	(1.3)	4/28
4	Kenisha GREENWOOD	#2	Holy Family (Pa.	12.75	(-0.9)	4/21
5	Karla CHARDON	#6	Goldey-Beacom	12.79	(0.0)	4/8
6	Woizero RICHARDS	#1	Felician	12.83	(-1.6)	4/15
6	Shaquira WALCOTT	#1	Felician	12.83	(0.1)	3/31
8	Mikayla HALL	#2	Holy Family (Pa.	12.90	(-1.3)	4/21
9	Sydonia TURNER	#2	Holy Family (Pa.	12.91	(-0.1)	4/21
10	Chennaya TSCHOPP	#5	Caldwell	12.94w	(2.7)	4/29

Women's 100 Meter Hurdles

1	51 Autumn DEMARY	#10	Bloomfield	14.38	(1.2)	4/28
2	Shanell PUSEY	#2	Holy Family (Pa.	15.24	(0.1)	3/30
3	Nyoki JONES	#2	Holy Family (Pa.	15.36	(-1.2)	4/15
4	Shalom ADZAKRO	#3	Georgian Court	15.39w	(2.4)	3/24
5	Jada CARROLL	#1	Felician	15.55w	(3.1)	4/13
6	Jaison-Ashley PLEVA	#3	Georgian Court	15.57	(1.2)	4/19
7	Layla HUNT	#4	Wilmington (Del	15.83	(1.3)	4/22
8	Talia FERGUSON	#1	Felician	15.98	(0.2)	3/31
9	Julia KIRSCHNICK	#3	Georgian Court	16.28	(1.6)	4/7
10	Kenisha GREENWOOD	#2	Holy Family (Pa.	16.29	(0.4)	3/30

Women's 200 Meters

1	Chantoya THOMAS	#1	Felician	25.76	(-0.8)	4/29
2	Imani FITZPATRICK	#1	Felician	26.02	(0.6)	4/8
3	Jade JONES	#2	Holy Family (Pa.	26.32	(0.7)	4/21
4	Darrian LEWIS	#1	Felician	26.33	(1.0)	4/21
5	Woizero RICHARDS	#1	Felician	26.36	(-0.6)	3/31
6	Autumn DEMARY	#10	Bloomfield	26.39w	(3.1)	3/24
7	Ariel SALKEY	#2	Holy Family (Pa.	26.41	(0.0)	4/8
8	Shaquira WALCOTT	#1	Felician	26.59	(-0.1)	4/29
9	Genelle HEYWARD	#2	Holy Family (Pa.	26.61	(0.4)	4/21
10	Karla CHARDON	#6	Goldey-Beacom	26.68	(0.4)	4/21

Women's 400 Meters

1	Imani FITZPATRICK	#1	Felician	57.60		4/8
2	Chantoya THOMAS	#1	Felician	57.82		4/15
3	Nyoki JONES	#2	Holy Family (Pa.	58.36		4/21
4	Kahdia JONES	#2	Holy Family (Pa.	59.02		4/21
5	Samara EDWARDS	#10	Bloomfield	59.47		4/8
6	Jade JONES	#2	Holy Family (Pa.	59.78		4/15
7	Genelle HEYWARD	#2	Holy Family (Pa.	1:00.40		4/15
8	Catherine CATIPAY	#1	Felician	1:00.69		4/29
9	Darrian LEWIS	#1	Felician	1:00.95		4/29
10	Ariel SALKEY	#2	Holy Family (Pa.	1:01.14		3/30

Women's 400 Meter Hurdles

1	5 Kenisha GREENWOOD	#2	Holy Family (Pa. P	59.53		4/21
2	94 Shanell PUSEY	#2	Holy Family (Pa.	1:04.41		4/27
3	Nyoki JONES	#2	Holy Family (Pa.	1:04.63		4/27
4	Brianna COATES	#2	Holy Family (Pa.	1:08.99		3/30
5	Layla HUNT	#4	Wilmington (Del	1:10.74		4/7
6	Kharonay BROWN	#4	Wilmington (Del	1:10.75		3/10
7	Nyjashia SMITH	#6	Goldey-Beacom	1:10.81		4/21
8	Emilia RUSSELL	#8	Bridgeport	1:12.26		4/21
9	Alicja MARUT	#1	Felician	1:13.26		4/29
10	Nina CECCANNECCHIO	#7	Jefferson (Pa.)	1:14.07		3/30

Women's 800 Meters

1	42 Shania LEMAITRE	#2	Holy Family (Pa. P	2:11.70		4/21
2	Annalee CAPUANO	#7	Jefferson (Pa.)	2:19.06		3/30
3	Samara EDWARDS	#10	Bloomfield	2:22.30		4/28
4	Amirah BEASLEY	#3	Georgian Court	2:22.43		4/19
5	Ashley LINARES	#1	Felician	2:22.48		4/29
6	Yailynn RAMIREZ	#4	Wilmington (Del	2:23.84		4/7
7	Tiffany BANING	#4	Wilmington (Del	2:24.19		3/10
8	Lydia SHAW	#7	Jefferson (Pa.)	2:24.26		4/21
9	Catherine CATIPAY	#1	Felician	2:24.30		4/29
10	Teresa FAUST	#2	Holy Family (Pa.	2:28.30		4/21

Women's 1500 Meters

1	Annalee CAPUANO	#7	Jefferson (Pa.)	4:46.24		4/28
2	Ana ESHRAGHI	#7	Jefferson (Pa.)	4:54.22		4/21
3	Ashley LINARES	#1	Felician	4:54.67		4/15
4	Shania LEMAITRE	#2	Holy Family (Pa.	4:57.14		4/8
5	Teresa FAUST	#2	Holy Family (Pa.	4:57.15		4/21
6	Briseidy BALDERAS	#1	Felician	4:58.04		4/21
7	Tiffany BANING	#4	Wilmington (Del	4:58.93		4/15
8	Yailynn RAMIREZ	#4	Wilmington (Del	4:59.70		4/15
9	Emma MCNAMEE	#2	Holy Family (Pa.	5:00.89		4/8
10	Lydia SHAW	#7	Jefferson (Pa.)	5:03.81		3/30

Women's Steeplechase

1	Briseidy BALDERAS	#1	Felician	12:25.95		4/8
2	Kadreja SIMEON	#1	Felician	12:58.44		4/29
3	Nyjashia SMITH	#6	Goldey-Beacom	13:06.83		4/28
4	Ana MARTIN	#5	Caldwell	13:15.55		4/29
5	Elizabeth HUSSEY	#7	Jefferson (Pa.)	13:27.96		4/21
6	Julia LLOYD	#2	Holy Family (Pa.	13:29.55		4/15
7	Tahasia THOMAS	#1	Felician	13:52.55		4/29
8	Anna MURPHY	#9	Dominican (N.Y.	14:17.33		4/28
9	Alysson MARTINEZ	#1	Felician	15:34.06		4/29
10	Gabriela LOPEZ	#5	Caldwell	16:04.27		4/29



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Women's 5000 Meters

1	Ashley LINARES	#1 Felician	18:29.96	4/8
2	Annalee CAPUANO	#7 Jefferson (Pa.)	18:36.08	4/21
3	Ana ESHRAGHI	#7 Jefferson (Pa.)	18:38.87	3/30
4	Tiffany BANNIING	#4 Wilmington (Del	18:51.93	4/22
5	Alexa CROWELL	#4 Wilmington (Del	18:57.74	4/22
6	Yailynn RAMIREZ	#4 Wilmington (Del	19:02.58	3/30
7	Briseidy BALDERAS	#1 Felician	19:04.54	3/31
8	Shayla MORALES	#1 Felician	19:15.63	4/21
9	Cynthia DELAPAZ	#1 Felician	19:24.45	4/8
10	Emma MCNAMEE	#2 Holy Family (Pa.	19:29.68	3/25

Women's 10,000 Meters

1	Ashley LINARES	#1 Felician	39:22.06	3/31
2	Cynthia DELAPAZ	#1 Felician	40:13.71	3/31
3	Alexa CROWELL	#4 Wilmington (Del	40:21.40	3/30
4	Olivia MONAHON	#7 Jefferson (Pa.)	41:02.44	3/30
5	Emma MCNAMEE	#2 Holy Family (Pa.	41:10.59	3/30
6	Teresa FAUST	#2 Holy Family (Pa.	41:31.30	3/30
7	Ana MARTIN	#5 Caldwell	42:43.39	4/21
8	Madalyn MINNICK	#6 Goldey-Beacom	45:22.47	3/31
9	Julia LLOYD	#2 Holy Family (Pa.	46:00.27	4/21
10	Callie NEGRO	#1 Felician	46:53.74	3/31

Women's 4x100 Relay

1	77 Shaquira WALCOTT, Woizero RICHARDS, Chantoya THOMAS, Darrian LEWIS	#1 Felician	47.98	4/29
2	Ariel SALKEY, Kenisha GREENWOOD, Mikayla HALL, Jade JONES	#2 Holy Family (Pa.	48.79	4/27
3	Yanely BOHORQUEZ GONZALEZ, Shanae RAYSIDE, Shalom ADZAKRO, Elena MARTINEZ RODRIGUEZ	#3 Georgian Court	49.89	4/19
4	Jalah TURNER, Kharonay BROWN, Layla HUNT, Temiloluwa MUSTAPHA	#4 Wilmington (Del	50.07	4/22
5	Alexis BYFIELD, Deneisha WILLIAMS, Sabina NEUPANE, Chennaya TSCHOPP	#5 Caldwell	51.88	4/15
6	Savannah BOYCE, Karla CHARDON, Kayla COOK, Asia HOLLIS	#6 Goldey-Beacom	52.56	3/31
7	Julia DUNNE, Jayda JONES, Krystal PARRIS, Anjalice ARIAS	#9 Dominican (N.Y.	54.62	4/28

Women's 4x400 Relay

1	27 Nyoki JONES, Ariel SALKEY, Kenisha GREENWOOD, Shania LEMAITRE	#2 Holy Family (Pa. P	3:49.03	4/21
2	Catherine CATIPAY, Woizero RICHARDS, Tishanna COHEN, Talia FERGUSON	#1 Felician	4:05.03	3/31
3	Lexys CAPUTO, Shamica CAREY, Kathleenjoy GORDON, Gabriela LOPEZ	#5 Caldwell	4:24.46	3/31
4	Amirah BEASLEY, Niya BARDEN, Selma CAZIMOSKA, Ashlee PATAKY	#3 Georgian Court	4:26.04	3/31
5	Kharonay BROWN, Jalah TURNER, Alicia WHYTE, Tiffany BANNIING	#4 Wilmington (Del	4:28.31	3/10
6	Anna MURPHY, Jayda JONES, Anjalice ARIAS, Julia DUNNE	#9 Dominican (N.Y.	4:37.57	4/28

Women's High Jump

1	7 Talia FERGUSON	#1 Felician	P 1.71m	5-7¼	4/29
2	Jada CARROLL	#1 Felician	1.56m	5-1¼	4/13
3	Elena MARTINEZ RODRIGUEZ	#3 Georgian Court	1.54m	5-½	3/31
4	Alexis BYFIELD	#5 Caldwell	1.52m	4-11¾	4/4
5	Savannah BOYCE	#6 Goldey-Beacom	1.51m	4-11½	4/21
5	Sydonia TURNER	#2 Holy Family (Pa.	1.51m	4-11½	3/30
5	Alicja MARUT	#1 Felician	1.51m	4-11½	4/15
8	Tiffany PARAJON	#3 Georgian Court	1.47m	4-9¾	4/7
8	Julia KIRSCHNICK	#3 Georgian Court	1.47m	4-9¾	4/19
10	Hager KHOWESSA	#2 Holy Family (Pa.	1.36m	4-5½	4/21

Women's Pole Vault

1	Julia KIRSCHNICK	#3 Georgian Court	3.35m	10-11¾	4/19
2	Nina CASALINO	#3 Georgian Court	2.90m	9-6¼	4/19
3	Faith HERSHBERGER	#8 Bridgeport	2.45m	8-½	4/21
3	Jillian GATLEY	#2 Holy Family (Pa.	2.45m	8-½	4/15
5	Tiffany PARAJON	#3 Georgian Court	2.30m	7-6½	4/19



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Women's Long Jump

1	29	Aniyah RUSSELL	#3	Georgian Court	P	5.91m	19-4¾ (0.8)	3/31
2	78	Alexis BYFIELD	#5	Caldwell		5.61m	18-5 (0.0)	4/15
3		Woizero RICHARDS	#1	Felician		5.36m	17-7 (0.8)	4/21
4		Jada CARROLL	#1	Felician		5.35m	17-6¾ (1.0)	4/21
5		Talia FERGUSON	#1	Felician		5.28m	17-4 (0.2)	3/31
6		Mikayla HALL	#2	Holy Family (Pa.		5.27m	17-3½ (0.0)	4/21
7		Elena MARTINEZ RODRIGUEZ	#3	Georgian Court		5.24m	17-2¼ (0.8)	4/19
8		Malama TOURE	#3	Georgian Court		5.17m	16-11½ (1.)	4/19
9		Sydonia TURNER	#2	Holy Family (Pa.		5.04m	16-6½ (0.0)	4/21
10		Shalom ADZAKRO	#3	Georgian Court		4.99m	16-4½ (1.5)	3/24

Women's Triple Jump

1	44	Shanae RAYSIDE	#3	Georgian Court		11.84m	38-10¼ (0.)	4/7
2	56	Talia FERGUSON	#1	Felician		11.71m	38-5 (1.8)	4/21
3	76	Jada CARROLL	#1	Felician		11.53mw	37-10 (2.1)	4/21
4	84	Jaison-Ashley PLEVA	#3	Georgian Court		11.43m	37-6 (1.1)	4/7
5		Aniyah RUSSELL	#3	Georgian Court		11.12m	36-5¾ (0.0)	4/7
6		Woizero RICHARDS	#1	Felician		10.97m	36-0 (-0.4)	3/25
7		Alivia ROBERTS	#2	Holy Family (Pa.		10.93m	35-10½ (0.)	4/15
8		Temiloluwa MUSTAPHA	#4	Wilmington (Del		10.91m	35-9½ (0.1)	4/7
9		Shaquira WALCOTT	#1	Felician		10.84m	35-6¾ (1.1)	4/21
10		Elena MARTINEZ RODRIGUEZ	#3	Georgian Court		10.81m	35-5¾ (0.0)	4/7

Women's Shot Put

1	64	Sage SUMPTER	#12	Alliance		13.16m	43-2¼	3/24
2		Destiny ELLERBE	#1	Felician		12.29m	40-4	4/29
3		Korryn BRAXTON-YOUNG	#2	Holy Family (Pa.		12.14m	39-10	4/8
4		Elena KECK	#3	Georgian Court		12.00m	39-4½	3/24
5		Jada OBEGI	#4	Wilmington (Del		11.44m	37-6½	3/31
6		Destiny FIELDS	#1	Felician		11.39m	37-4½	4/8
7		Alexis HARRISON	#6	Goldey-Beacom		11.37m	37-3¾	4/15
8		Samaria WARD	#2	Holy Family (Pa.		11.28m	37-¼	4/8
9		Anastasia WATSON	#11	Chestnut Hill		11.16m	36-7½	4/5
10		Alyssa POMPEY	#1	Felician		11.10m	36-5	3/31

Women's Discus

1		Anastasia WATSON	#11	Chestnut Hill		40.63m	133-4	4/29
2		Sage SUMPTER	#12	Alliance		39.41m	129-4	3/30
3		Freja OLOFSSON	#4	Wilmington (Del		38.30m	125-8	4/7
4		Alexis HARRISON	#6	Goldey-Beacom		37.80m	124-0	4/15
5		Natajiana WARD	#1	Felician		37.45m	122-11	4/21
6		Janae SCOTT	#8	Bridgeport		35.78m	117-5	4/8
7		Destiny FIELDS	#1	Felician		35.56m	116-8	4/8
8		Anna BONATO	#13	Post		34.88m	114-5	4/21
9		Elena KECK	#3	Georgian Court		34.72m	113-11	3/24
10		Sheridan MARTINEZ	#3	Georgian Court		33.34m	109-5	3/24

Women's Hammer

1		Elena KECK	#3	Georgian Court		44.87m	147-3	4/7
2		Anna BONATO	#13	Post		43.99m	144-4	4/21
3		Freja OLOFSSON	#4	Wilmington (Del		41.54m	136-4	3/10
4		Alyssa POMPEY	#1	Felician		41.42m	135-11	4/21
5		Viviana CAAMANO	#4	Wilmington (Del		39.79m	130-7	3/4
6		Jada OBEGI	#4	Wilmington (Del		36.66m	120-4	4/7
7		Sheridan MARTINEZ	#3	Georgian Court		34.69m	113-10	4/7
8		Samaria WARD	#2	Holy Family (Pa.		34.12m	112-0	4/15
9		Valerie HARTMAN	#1	Felician		31.79m	104-4	4/21
10		Stacy ELIEZER	#9	Dominican (N.Y.		30.81m	101-1	3/31

Women's Javelin

1	39	Sheridan MARTINEZ	#3	Georgian Court		41.01m	134-7	3/24
2	51	Karla CHARDON	#6	Goldey-Beacom		40.23m	132-0	3/31
3	66	Emilia RUSSELL	#8	Bridgeport		39.19m	128-7	4/1
4	98	Larissa WEBER	#8	Bridgeport		37.00m	121-5	4/15
5		Jada CARROLL	#1	Felician		33.50m	109-11	4/8
6		Miranda TUCKER	#9	Dominican (N.Y.		32.04m	105-2	3/31
7		Ana LOPEZ	#1	Felician		30.78m	101-0	4/29
8		Julia KIRSCHNICK	#3	Georgian Court		30.74m	100-10	4/7
9		Valerie HARTMAN	#1	Felician		30.08m	98-8¼	3/31
10		Abigail CHOMO	#4	Wilmington (Del		28.22m	92-7	3/31

Women's Heptathlon

1	64	Jada CARROLL	#1	Felician		4,091		4/13
2		Larissa WEBER	#8	Bridgeport		3,065		4/12
3		Jalah TURNER	#4	Wilmington (Del		2,840		4/7



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CCAA

Women's 100 Meters

1	8	Ayana FIELDS	#2	Cal Poly Pomona	P	11.48	(0.5)	4/28
2	71	Yuna QUENIAT	#2	Cal Poly Pomona		11.94w	(2.3)	3/24
2	71	Hailey HUNT	#4	Cal State San Be		11.94	(1.0)	4/14
4	74	Sariyah COPELAND	#4	Cal State San Be		11.95w	(2.8)	4/14
5		Chloe TAYLOR	#1	Chico State		12.08w	(2.8)	4/22
6		Kelsey EHINLAIE	#2	Cal Poly Pomona		12.10	(1.7)	3/10
7		Jaelyn THOMAS	#2	Cal Poly Pomona		12.15	(1.2)	4/28
8		Joy HANO	#5	Cal Poly Humboldt		12.19	(1.0)	4/12
9		Journie ALEXANDER	#4	Cal State San Be		12.21w	(3.6)	4/14
10		Devin YARBROUGH	#3	Cal State San Mar		12.25	(-0.4)	4/21
10		Sierra STOKES	#4	Cal State San Be		12.25w	(2.7)	4/14

Women's 100 Meter Hurdles

1	17	Susie FOWLER	#2	Cal Poly Pomona	P	13.94	(-0.7)	3/30
2	20	Joy HANO	#5	Cal Poly Humboldt	P	13.96w	(2.3)	4/13
3	36	Ari MILTON	#2	Cal Poly Pomona		14.30w	(2.2)	3/24
4	84	Morgann WILSON	#3	Cal State San Mar		14.69w	(2.2)	3/24
5	86	Kyndahl CARTER	#4	Cal State San Be		14.72	(-0.6)	4/21
6		Alexis HINOJOSA	#1	Chico State		14.82w	(3.0)	3/3
7		Citlalli ANGUIANO	#2	Cal Poly Pomona		14.94w	(2.1)	4/28
8		Payton MCCARTNEY	#4	Cal State San Be		15.19w	(2.4)	4/14
9		Teigen O'DONNELL	#3	Cal State San Mar		15.23	(0.8)	3/18
10		Kathleen O'BRIEN	#7	SF State		15.36w	(2.8)	4/21

Women's 200 Meters

1	1	Ayana FIELDS	#2	Cal Poly Pomona	P	23.05w	(2.4)	4/13
2	33	Sariyah COPELAND	#4	Cal State San Be	P	24.07	(0.0)	4/21
3	50	Yuna QUENIAT	#2	Cal Poly Pomona	P	24.27w	(2.8)	3/3
4	62	Hailey HUNT	#4	Cal State San Be		24.37	(1.7)	4/7
5	72	Kelsey EHINLAIE	#2	Cal Poly Pomona		24.47w	(2.2)	4/13
6	81	Chloe TAYLOR	#1	Chico State		24.57	(1.4)	4/7
7	83	Alexis WHITE	#4	Cal State San Be		24.58w	(3.2)	4/7
8	LE+0:	Savannah BAILEY	#1	Chico State		24.70w	(2.2)	4/13
9		Jaelyn THOMAS	#2	Cal Poly Pomona		24.76	(1.8)	4/13
10		Mina TSAI	#10	Cal State Monterey		25.22	(0.6)	4/21

Women's 400 Meters

1	8	Ayana FIELDS	#2	Cal Poly Pomona	P	53.85		3/30
2	24	Alexis WHITE	#4	Cal State San Be	P	55.45		4/21
3	33	Savannah BAILEY	#1	Chico State	P	55.62		4/13
4	34	Yuna QUENIAT	#2	Cal Poly Pomona	P	55.63		4/28
5	41	Chloe TAYLOR	#1	Chico State	P	55.74		4/7
6	80	Isabel PEREZ-ZOGHBI	#5	Cal Poly Humboldt		56.71		4/21
7	96	Taylor LEE	#1	Chico State		57.08		4/22
8	98	Rasha BADRANI	#3	Cal State San Mar		57.13		4/7
9		Danielle BACON	#1	Chico State		57.73		4/22
10		Mia SALINAS	#3	Cal State San Mar		58.10		3/10

Women's 400 Meter Hurdles

1	9	Chloe TAYLOR	#1	Chico State	P	1:00.21		3/31
2	20	Isabel PEREZ-ZOGHBI	#5	Cal Poly Humboldt	P	1:01.18		4/13
3	26	Rasha BADRANI	#3	Cal State San Mar	P	1:01.62		4/28
4	33	Mia SALINAS	#3	Cal State San Mar	P	1:01.95		4/28
5	44	Tianna JARDSTROM	#2	Cal Poly Pomona		1:02.79		4/7
6	53	Ari MILTON	#2	Cal Poly Pomona		1:03.13		3/30
7		Taylor YOST	#10	Cal State Monterey		1:04.94		4/21
8		Susie FOWLER	#2	Cal Poly Pomona		1:05.60		3/30
9		Katie SHELTON	#8	Sonoma State		1:06.20		3/24
10		Daisy GONZALEZ	#3	Cal State San Mar		1:06.28		3/18

Women's 800 Meters

1	17	Luz MERCADO	#3	Cal State San Mar	P	2:09.68		4/28
2	57	Ariisa HATCHER	#2	Cal Poly Pomona		2:12.90		4/13
3	59	Ana MERCADO	#3	Cal State San Mar		2:12.96		4/7
4	80	Mia SALINAS	#3	Cal State San Mar		2:13.90		4/13
5	LE+0:	Katie HAWLEY	#1	Chico State		2:14.75		4/13
6		Amelia JACKSON	#5	Cal Poly Humboldt		2:14.87		4/13
7		Emma MILLS	#3	Cal State San Mar		2:17.23		4/21
8		Destiny MOEDANO	#11	Cal State LA		2:17.39		3/31
9		Najwa CHOUATI	#6	Stanislaus State		2:17.79		4/7
10		Angelee BERGANIO	#10	Cal State Monterey		2:18.29		4/8

Women's 1500 Meters

1	31	Najwa CHOUATI	#6	Stanislaus State	P	4:27.78		4/13
2	40	Marissa D'ATRI	#1	Chico State	P	4:29.29		4/13
3	70	Luz MERCADO	#3	Cal State San Mar		4:34.48		3/24
4	79	Katie HAWLEY	#1	Chico State		4:35.29		4/13
5	98	Hannah TIFFANY	#1	Chico State		4:37.70		4/13
6		Yahaira ZUNIGA	#6	Stanislaus State		4:39.67		4/13
7		Alisa MORADIAN	#2	Cal Poly Pomona		4:43.93		4/13
8		Jasmine FLETCHER	#1	Chico State		4:43.98		4/13
9		Angie ARELLANO	#2	Cal Poly Pomona		4:44.16		4/13
10		Melissa SOSA	#9	Cal State East Bay		4:44.67		4/13

Women's Steeplechase

1	5	Marissa D'ATRI	#1	Chico State	P	10:16.88		4/13
2	53	Mackenzie CAPRINO	#10	Cal State Monterey		11:16.98		4/14
3	55	Hannah WIRTH	#1	Chico State		11:19.31		4/13
4	86	Anika PETTINGER	#7	SF State		11:35.46		4/14
5	LE+0:	Saedy WILLIAMSON	#5	Cal Poly Humboldt		11:39.47		4/13
6		Lisa IRVINE	#10	Cal State Monterey		11:45.71		3/30
7		Bridget EDWARDS	#2	Cal Poly Pomona		11:53.47		3/24
8		Sara WENGER	#8	Sonoma State		12:05.26		4/14
9		Avery LAMBRITE	#1	Chico State		12:08.13		3/17
10		Daisy SALINAS	#7	SF State		12:11.11		4/21



Conference TFRI Event Summary

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Women's 5000 Meters

1	11	Najwa CHOUATI	#6 Stanislaus State P	16:21.79	3/31
2	18	Marissa D'ATRI	#1 Chico State P	16:30.25	3/30
3	31	Gianna BOMARITO	#8 Sonoma State P	16:50.53	3/18
4	40	Hannah TIFFANY	#1 Chico State P	16:56.42	4/13
5	74	Yahaira ZUNIGA	#6 Stanislaus State	17:18.12	4/13
6		Rosa GRANADOS	#5 Cal Poly Humboldt	17:36.63	3/24
7		Isabela MORENO	#6 Stanislaus State	17:36.68	3/30
8		Kimberly LIMA	#9 Cal State East Bay	17:37.89	3/30
9		Gracie DUPUIS	#1 Chico State	17:42.23	4/13
10		Jasmine FLETCHER	#1 Chico State	17:48.00	3/30

Women's 10,000 Meters

1	5	Najwa CHOUATI	#6 Stanislaus State P	34:00.12	4/13
2	7	Gianna BOMARITO	#8 Sonoma State P	34:05.73	4/13
3	46	Hannah TIFFANY	#1 Chico State P	36:08.91	3/30
4	56	Rosa GRANADOS	#5 Cal Poly Humboldt	36:28.97	3/30
5	70	Kimberly LIMA	#9 Cal State East Bay	37:02.99	4/13
6	84	Claire FISHER	#9 Cal State East Bay	37:21.42	4/13
7	97	Jennifer RUIZ	#1 Chico State	37:38.86	3/30
8		Saedy WILLIAMSON	#5 Cal Poly Humboldt	37:52.98	3/30
9		Maria TEXIS	#3 Cal State San Marcos	38:31.80	3/24
10		Sophie RODRIGUEZ	#8 Sonoma State	38:57.16	3/24

Women's 4x100 Relay

1	8	Jaelyn THOMAS, Kelsey EHINLAIE, Yuna QUENIAT, Ayana FIELDS	#2 Cal Poly Pomona P	45.72	3/24
2	9	Journie ALEXANDER, Hailey HUNT, Sariyah COPELAND, Alexis WHITE	#4 Cal State San Bernardino P	45.82	4/21
3	61	Kailey FRYE, Isabel ORTIZ, Ashton STAMATOPOULOS, Devin YARBROUGH	#3 Cal State San Marcos	47.54	4/28
4	68	Danielle BACON, Jessica JAMES, Chloe TAYLOR, Savannah BAILEY	#1 Chico State	47.66	4/13
5	82	Eden HAHN, Alyssa JOHNSON, Azalet DANAGE, Isis JOHNSON	#11 Cal State LA	48.03	3/3
6	97	Lauren GEORGE, Zyah HARRIS- BAZUAYE, Dami OYATAYO, Essence JACKSON	#7 SF State	48.40	4/21
7		Chris ROBERDS, Isabel PEREZ- ZOGHBI, Grace KASBERGER, Joy HANO	#5 Cal Poly Humboldt	48.83	4/21
8		Nia ARCENEUX, Mia CECILIO, Makayla BERNADEZ, Katie SHELDON	#8 Sonoma State	49.33	3/30



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Women's 4x400 Relay

1	8	Jaelyn THOMAS, Ari MILTON, Yuna QUENIAT, Ayana FIELDS	#2	Cal Poly Pomona	P	3:42.21	4/12
2	18	Savannah BAILEY, Taylor LEE, Danielle BACON, Chloe TAYLOR	#1	Chico State	P	3:47.13	4/13
3	22	Sariyah COPELAND, Alexis WHITE, Hailey HUNT, Na'kel PENNIX-WEBB	#4	Cal State San Bernardino	P	3:48.31	4/21
4	60	Daisy GONZALEZ, Rasha BADRANI, Mia SALINAS, Ashton STAMATOPOULOS	#3	Cal State San Marcos		3:55.34	4/7
5	80	Lauren GEORGE, Assata POLK, Sabryn KNIGHT, Dami OYATAYO	#7	SF State		3:58.76	4/13
6	95	Nia ARCENEUX, Mia CECILIO, Makayla BERNADEZ, Katie SHELTON	#8	Sonoma State		4:01.84	3/30
7		Angelee BERGANIO, Ali KEITH, Taylor YOST, Mina TSAI	#10	Cal State Monterey Park		4:02.75	4/14
8		Simryn PARIKH, Ashley TROUT, Veronica VALENTON, Jenna RODRIGUEZ	#9	Cal State East Bay		4:07.69	4/22
9		Grace KASBERGER, Amelia JACKSON, Mariska KESSLER, Isabel PEREZ-ZOGHBI	#5	Cal Poly Humboldt		4:08.82	4/21
10		Eden HAHN, Destiny MOEDANO, Isis JOHNSON, Azalet DANAGE	#11	Cal State LA		4:11.07	3/31

Women's High Jump

1	7	Macaria MOORE-BASTIDE	#7	SF State	P	1.71m	5-7½	4/13
2	23	Keiana HAMM	#2	Cal Poly Pomona		1.67m	5-5¾	4/13
3	79	Sarah LINDENTHAL	#2	Cal Poly Pomona		1.61m	5-3¾	3/10
4		Charlotte ALLISON	#3	Cal State San Marcos		1.57m	5-1¾	4/7
5		Kendra PEARSON	#1	Chico State		1.56m	5-1¼	4/22
6		Sarena PADILLA	#2	Cal Poly Pomona		1.55m	5-1	3/17
6		Cocome MCKAMEY	#5	Cal Poly Humboldt		1.55m	5-1	4/6
6		Kathryn RUST	#8	Sonoma State		1.55m	5-1	3/25
6		Grace KASBERGER	#5	Cal Poly Humboldt		1.55m	5-1	3/10
6		Payton MCCARTNEY	#4	Cal State San Bernardino		1.55m	5-1	4/21
6		Victoria VALLY	#1	Chico State		1.55m	5-1	3/17

Women's Pole Vault

1	35	Amy CHRISTENSEN	#7	SF State	P	3.76m	12-4	4/13
2	47	Lilly MCGRAW	#3	Cal State San Marcos		3.66m	12-0	4/28
3	67	Rebecca GRAHAM	#1	Chico State		3.56m	11-8	4/22
3	67	Elise BARNUM	#1	Chico State		3.56m	11-8	4/22
5	89	Carissa RODRIGUEZ	#1	Chico State		3.49m	11-5¼	4/7
6	LE+0:	Samantha BRACKETT	#1	Chico State		3.41m	11-2¼	4/22
6	LE+0:	Shelby GILL	#1	Chico State		3.41m	11-2¼	4/22
8		Lauren MEREDITH	#3	Cal State San Marcos		3.36m	11-¼	4/28
9		Macky MORRIS	#6	Stanislaus State		3.35m	10-11¾	3/3
10		Zoe BUCK	#3	Cal State San Marcos		3.25m	10-8	3/25
10		Kailey FRYE	#3	Cal State San Marcos		3.25m	10-8	3/25

Women's Long Jump

1	26	Journie ALEXANDER	#4	Cal State San Bernardino	P	5.97m	19-7 (0.9)	4/21
2	27	Devin YARBROUGH	#3	Cal State San Marcos	P	5.96m	19-6¾ (0.9)	4/21
3	43	Kelsey EHINLAIYE	#2	Cal Poly Pomona		5.79m	19-0 (1.0)	4/28
4	96	Alyssa JOHNSON	#11	Cal State LA		5.53m	18-1¾ (-2)	4/21
5		Joy HANO	#5	Cal Poly Humboldt		5.51m	18-1 (0.0)	4/8
5		Cocome MCKAMEY	#5	Cal Poly Humboldt		5.51m	18-1 (2.0)	4/14
7		Charlotte ALLISON	#3	Cal State San Marcos		5.43mw	17-9¾ (3.5)	4/7
8		Essence JACKSON	#7	SF State		5.40m	17-8¾ (0.0)	4/13
9		Natalie LIN	#2	Cal Poly Pomona		5.39mw	17-8¼ (2.1)	4/28
10		Isis JOHNSON	#11	Cal State LA		5.34m	17-6¼ (1.4)	3/25
10		Mattie CECILIO	#7	SF State		5.34m	17-6¼ (0.3)	3/18

Women's Triple Jump

1	5	Jade DESOUZA	#2	Cal Poly Pomona	P	12.65mw	41-6 (2.2)	4/28
2	21	Mattie CECILIO	#7	SF State	P	12.16m	39-10¾ (1)	4/13
3	57	Ari MILTON	#2	Cal Poly Pomona		11.70m	38-4¾ (1.9)	4/28
4	80	Natalie LIN	#2	Cal Poly Pomona		11.48mw	37-8 (2.3)	4/13
5	85	Essence JACKSON	#7	SF State		11.42m	37-5¾ (0.1)	4/21
6		Dezirae SMITH	#7	SF State		11.21m	36-9½ (1.5)	4/13
7		Natalie MUSE	#1	Chico State		11.05mw	36-3 (2.4)	4/13
8		Evelyn CONTRERAS	#7	SF State		10.88m	35-8½ (1.5)	4/13
8		Mina TSAI	#10	Cal State Monterey Park		10.88m	35-8½ (0.0)	3/10
10		Cocome MCKAMEY	#5	Cal Poly Humboldt		10.81mw	35-5¾ (2.1)	4/13

Women's Shot Put

1	81	Keiana TURNER	#2	Cal Poly Pomona		12.93m	42-5¼	3/31
2		Shona CHRISTENSEN	#2	Cal Poly Pomona		12.22m	40-1¼	4/13
3		Ava CAVALLARO	#1	Chico State		12.01m	39-5	4/22
4		Alexis GARNICA	#6	Stanislaus State		11.74m	38-6¼	4/7
5		Taylor LINZIE	#9	Cal State East Bay		11.65m	38-2¾	3/18
6		Abby VENGLASS	#4	Cal State San Bernardino		11.62m	38-1½	3/23
7		Danyell BOOKER	#12	Cal State Dominguez		11.48m	37-8	4/8
8		Nizhoni KEARS	#5	Cal Poly Humboldt		11.07m	36-4	4/21
9		Halle MCDANIELS	#8	Sonoma State		11.01m	36-1½	3/25
10		Ariyah FORD	#8	Sonoma State		10.97m	36-0	4/14



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Women's Discus

1	36	Macky MORRIS	#6	Stanislaus State	44.41m	145-9	4/7
2	49	Danielle LISTER	#4	Cal State San Be	43.44m	142-6	3/24
3	68	Caitlyn BELL	#6	Stanislaus State	42.36m	139-0	3/30
4	70	Keiana TURNER	#2	Cal Poly Pomona	42.33m	138-11	4/7
5	95	Cynthia HURTADO	#2	Cal Poly Pomona	41.50m	136-2	4/28
6		Halle MCDANIELS	#8	Sonoma State	40.99m	134-6	4/8
7		Ava CAVALLARO	#1	Chico State	40.26m	132-1	4/22
8		Lily GARCIA	#8	Sonoma State	39.55m	129-9	4/8
9		Ariyah FORD	#8	Sonoma State	38.50m	126-4	4/14
10		Shona CHRISTENSEN	#2	Cal Poly Pomona	37.60m	123-5	4/28

Women's Hammer

1	18	Alexis GARNICA	#6	Stanislaus State P	54.89m	180-1	2/18
2	33	Caitlyn BELL	#6	Stanislaus State P	52.75m	173-1	4/7
3	42	Keiana TURNER	#2	Cal Poly Pomona	51.98m	170-7	4/13
4		Ava CAVALLARO	#1	Chico State	46.82m	153-8	4/22
5		Elizabeth RUSHING	#4	Cal State San Be	46.09m	151-3	3/31
6		Citlalli FERNANDEZ	#1	Chico State	45.79m	150-3	3/17
7		Macky MORRIS	#6	Stanislaus State	45.29m	148-7	4/7
8		Lily GARCIA	#8	Sonoma State	44.74m	146-10	3/18
9		Kyra TOGNI	#8	Sonoma State	43.56m	142-11	4/14
10		Cynthia HURTADO	#2	Cal Poly Pomona	42.88m	140-8	4/28

Women's Javelin

1	23	Josie PETERSON	#1	Chico State	P 43.16m	141-7	3/31
2	42	Macky MORRIS	#6	Stanislaus State	40.65m	133-5	4/22
3	45	Ashley BROWN	#1	Chico State	40.44m	132-8	3/17
4	82	Morgann WILSON	#3	Cal State San Mæ	38.21m	125-5	3/3
5		Selina SCHILLIG	#1	Chico State	36.29m	119-1	4/13
6		Caitlyn BELL	#6	Stanislaus State	35.32m	115-11	4/13
7		Riyanna JACKSON	#11	Cal State LA	34.88m	114-5	4/8
8		Hunter CASPERSON	#1	Chico State	34.63m	113-8	4/22
9		Rachelle ZILAVEC	#3	Cal State San Mæ	32.71m	107-4	3/18
10		Teigen O'DONNELL	#3	Cal State San Mæ	32.45m	106-6	3/24

Women's Heptathlon

1	44	Cocome MCKAMEY	#5	Cal Poly Humbo	4,276	4/6
2	46	Grace KASBERGER	#5	Cal Poly Humbo	4,243	3/23
3	73	Morgann WILSON	#3	Cal State San Mæ	4,013	4/13
4	96	Payton MCCARTNEY	#4	Cal State San Be	3,827	3/23
5		Annie BELTER	#1	Chico State	3,550	4/6
6		Lauren MEREDITH	#3	Cal State San Mæ	3,534	4/13
7		Kaleigh GIANNONE	#4	Cal State San Be	3,479	3/23
8		Lauren GEORGE	#7	SF State	2,930	4/6
9		Talyn STEFFENS	#1	Chico State	2,877	2/23
10		Madison ALGARIN	#7	SF State	2,746	4/6



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Women's 100 Meters

1	20	Jordyn HEAD	#9 Johnson C. Smit P	11.60w	(3.6)	3/31
2	25	Malaysia JOHNSON	#2 Saint Augustine' P	11.63w	(3.1)	4/15
3	41	Queen BURNETT	#1 Fayetteville Stat P	11.81w	(2.3)	4/14
4	79	Lydia CHAPPLE	#7 Livingstone	11.97	(0.1)	4/21
5		Ronee TUDOR	#4 Winston-Salem !	12.07w	(3.4)	3/16
6		Glenda JENKINS	#3 Virginia State	12.09	(1.7)	4/30
7		Allysa FRYER	#7 Livingstone	12.29	(1.9)	3/24
7		Tramoni MYLES	#1 Fayetteville Stat	12.29	(1.9)	4/14
9		Anaeja FERRELL	#6 Lincoln (Pa.)	12.33w	(2.4)	4/15
10		Jayla GREENE	#3 Virginia State	12.38	(1.4)	4/15

Women's 100 Meter Hurdles

1	13	Aisha CARRINGTON	#6 Lincoln (Pa.) P	13.75w	(2.2)	4/22
2	36	Symone WRIGHT	#5 Shaw	14.30	(-0.2)	4/21
3	77	Christabelle OBI	#2 Saint Augustine'	14.65w	(2.1)	4/21
4		Amique WILLIS	#4 Winston-Salem !	14.81w	(2.3)	3/31
5		Layla SIMPSON	#9 Johnson C. Smit	14.92w	(2.3)	3/31
6		Jaelynn WYNDER-HILL	#3 Virginia State	15.12	(0.9)	4/30
7		Camille TALBERT	#2 Saint Augustine'	15.13w	(2.8)	3/17
8		Amani ADAMS	#6 Lincoln (Pa.)	15.23	(-0.1)	4/22
9		Pheijana BURNSIDE	#10 Claflin	15.26	(0.8)	2/25
10		Aria GOODE	#9 Johnson C. Smit	15.31w	(2.3)	3/31

Women's 200 Meters

1	9	Malaysia JOHNSON	#2 Saint Augustine' P	23.68	(1.9)	4/15
2	57	Teanna BELL	#1 Fayetteville Stat P	24.32	(1.5)	4/21
3	81	Zoe ADAMS	#10 Claflin	24.57	(1.9)	4/28
4	90	Queen BURNETT	#1 Fayetteville Stat	24.63	(0.5)	4/21
5	92	Lydia CHAPPLE	#7 Livingstone	24.64w	(2.5)	4/21
6	96	Jessica MCQUEEN	#1 Fayetteville Stat	24.67	(1.5)	4/21
7		Kamani JOHNS	#6 Lincoln (Pa.)	24.73w	(2.3)	4/22
8		Glenda JENKINS	#3 Virginia State	24.94	(1.1)	4/22
9		Aisha CARRINGTON	#6 Lincoln (Pa.)	25.00	(1.4)	4/15
10		Ronee TUDOR	#4 Winston-Salem !	25.03	(1.5)	4/21

Women's 400 Meters

1	17	Zoe ADAMS	#10 Claflin P	54.41		4/28
2	30	Jessica MCQUEEN	#1 Fayetteville Stat P	55.55		4/21
3	41	Malaysia JOHNSON	#2 Saint Augustine' P	55.74		3/17
4	61	Kamani JOHNS	#6 Lincoln (Pa.)	56.26		4/15
5	68	Teanna BELL	#1 Fayetteville Stat	56.39		4/21
6		Cache MILLER	#2 Saint Augustine'	59.00		4/15
7		Bahiyyah BARNES	#3 Virginia State	59.18		4/15
8		Jazlynn CHURCH	#6 Lincoln (Pa.)	59.32		4/22
9		Sierrah MATTHEWS	#1 Fayetteville Stat	59.33		4/21
10		Tamia MCLEAN	#4 Winston-Salem !	59.49		3/31

Women's 400 Meter Hurdles

1	49	Symone WRIGHT	#5 Shaw	1:02.96		4/21
2	63	Christabelle OBI	#2 Saint Augustine'	1:03.53		3/23
3	64	Angel ADAMS	#6 Lincoln (Pa.)	1:03.54		4/22
4		Jordyn HEAD	#9 Johnson C. Smit	1:05.03		3/24
5		Layla SIMPSON	#9 Johnson C. Smit	1:07.29		3/24
6		Jaynissa CAUTHEN	#4 Winston-Salem !	1:07.53		4/14
7		Amani ADAMS	#6 Lincoln (Pa.)	1:07.57		4/22
8		Jalynn RICE	#9 Johnson C. Smit	1:07.65		4/28
9		Zahra GRAHAM	#8 Bowie State	1:07.66		4/29
10		Shaunece MILLER	#2 Saint Augustine'	1:07.93		3/31

Women's 800 Meters

1	88	Emoni COLEMAN	#3 Virginia State	2:14.33		4/30
2		Miracle PRICE	#3 Virginia State	2:16.69		4/30
3		Repline CHEPTOO	#1 Fayetteville Stat	2:17.90		4/21
4		Tamia MCLEAN	#4 Winston-Salem !	2:18.32		4/21
5		Shanae INGRAM	#1 Fayetteville Stat	2:20.54		4/21
6		Taymar SMITH	#2 Saint Augustine'	2:20.97		4/21
7		Sydney MCDONALD	#7 Livingstone	2:21.12		4/21
8		Nia GIBSON	#1 Fayetteville Stat	2:22.88		4/21
9		Jazlynn CHURCH	#6 Lincoln (Pa.)	2:23.02		4/8
10		Kamani JOHNS	#6 Lincoln (Pa.)	2:23.21		4/1

Women's 1500 Meters

1		Repline CHEPTOO	#1 Fayetteville Stat	4:52.92		4/21
2		Emoni COLEMAN	#3 Virginia State	4:59.13		4/15
3		Alandina HYPPOLITE	#3 Virginia State	5:02.93		4/15
4		Vanessa JONES	#4 Winston-Salem !	5:03.85		4/21
5		Nia GIBSON	#1 Fayetteville Stat	5:04.03		4/21
6		Taymar SMITH	#2 Saint Augustine'	5:06.39		4/21
7		Tamia MCLEAN	#4 Winston-Salem !	5:06.53		4/21
8		Joan KIPLAGAT	#1 Fayetteville Stat	5:07.20		4/21
9		Manuelene DEIGH	#3 Virginia State	5:07.67		4/30
10		Miracle PRICE	#3 Virginia State	5:09.21		4/15

Women's 5000 Meters

1		Abijah JEPKEMBOI	#2 Saint Augustine'	19:10.75		3/31
2		Manuelene DEIGH	#3 Virginia State	20:30.74		4/15
3		Vanessa JONES	#4 Winston-Salem !	20:36.54		3/23
4		Manuela DEIGH	#3 Virginia State	21:02.63		4/15
5		Joyce KIPTUM	#5 Shaw	22:02.25		3/23
6		Ruby WILLIAMS	#3 Virginia State	22:25.87		4/15
7		Taymar SMITH	#2 Saint Augustine'	22:42.30		4/15
8		Sania PETERSON	#3 Virginia State	23:35.65		4/15



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Women's 4x100 Relay

1	29	Tramoni MYLES, Queen BURNETT, Jessica MCQUEEN, Teanna BELL	#1 Fayetteville Stat P	46.71	4/21
2	44	Malaysia JOHNSON, Saniya SIMMONS, Cache MILLER, Kyrasani MITCHELL	#2 Saint Augustine'	47.08	3/17
3	57	Aisha CARRINGTON, Anaaja FERRELL, Ade CONOVER, Kamani JOHNS	#6 Lincoln (Pa.)	47.39	4/22
4	63	Glenda JENKINS, Shakell WILLIAMS, Elisha BARNES, Jayla GREENE	#3 Virginia State	47.57	3/16
5	79	Anijah TRIGGS, Symone WRIGHT, Micah WRIGHT, Brijette BASDEN	#5 Shaw	48.00	4/14
6	92	Daijion LEE, Amique WILLIS, Sadiyah MCGREGOR, Ronee TUDOR	#4 Winston-Salem !	48.33	3/23
7		Staci SMITH, Zoe ADAMS, Skekinah DUFFIN, Jonnica FULLER	#10 Claflin	49.48	3/24
8		Asia' Lee FAIR, Amaya WILLIAMS, Charity COLLINS, Lydia CHAPPLE	#7 Livingstone	49.68	4/26
9		Kayla LEE, Tiana LUGG, Christal ROLACK, Naeva RENE	#11 Virginia Union	49.93	4/1
10		Fantasia CARNEY, Agi MBOOB, Catherine ENWEREJI, Zahra GRAHAM	#8 Bowie State	50.13	4/22

Women's 4x400 Relay

1	26	Cache MILLER, Malaysia JOHNSON, Christabelle OBI, Shaunece MILLER	#2 Saint Augustine' P	3:49.02	3/23
2	45	Jessica MCQUEEN, Queen BURNETT, Sierrah MATTHEWS, Tracy IDUGBOE	#1 Fayetteville Stat	3:52.41	4/21
3	82	Aisha CARRINGTON, Jazlynn CHURCH, Nakacee MCNAB, Kamani JOHNS	#6 Lincoln (Pa.)	3:59.35	3/17
4	84	Taniyah OATES, I'Sheondra POWELL, Imani TATUM, Sadiyah MCGREGOR	#4 Winston-Salem !	3:59.91	4/14
5		Iylis MARTINEZ, Aydia COBB, Florence WREH, Imani CORBETT	#5 Shaw	4:05.29	3/23
6		Charity COLLINS, Asia' Lee FAIR, Dajaneen ALEJANDRO-ORTIZ, Saa'Naudia DELOATCH	#7 Livingstone	4:06.48	4/21
7		Glenda JENKINS, Emoni COLEMAN, Bahiyah BARNES, Miracle PRICE	#3 Virginia State	4:07.93	4/15
8		Agi MBOOB, Catherine ENWEREJI, Zahra GRAHAM, Destiny LEWIS	#8 Bowie State	4:17.24	4/8
9		Staci SMITH, Kristian GOSS, Dorian HUTCHERSON, Justice BELL	#10 Claflin	4:25.81	2/25

Women's High Jump

1	28	Domanique KNOWLES	#1 Fayetteville Stat	1.66m	5-5¼	4/14
1	28	Kennedy ALEXANDER	#4 Winston-Salem !	1.66m	5-5¼	4/14
3	67	Sheree WRIGHT	#2 Saint Augustine'	1.62m	5-3¾	4/15
4		Aanya HOWARD	#3 Virginia State	1.57m	5-1¾	4/15
5		Angel BOWDEN	#4 Winston-Salem !	1.52m	4-11¾	3/23
6		Kaiya WRIGHT	#1 Fayetteville Stat	1.49m	4-10½	3/31
7		Jade LANE	#11 Virginia Union	1.47m	4-9¾	4/15
8		Zahra GRAHAM	#8 Bowie State	1.46m	4-9½	3/25
9		Amiyah MURRAY	#4 Winston-Salem !	1.45m	4-9	4/21
9		Naeva RENE	#11 Virginia Union	1.45m	4-9	4/22



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CIAA

Women's Long Jump

1	4	M'Smrya SEWARD	#1	Fayetteville Stat P	6.24m	20-5¾ (-0.)	3/24
2	66	Allysa FRYER	#7	Livingstone	5.66m	18-7 (-2.8)	4/14
3	76	Tracy IDUGBOE	#1	Fayetteville Stat	5.62m	18-5¼ (-0.)	4/14
4		Domanique KNOWLES	#1	Fayetteville Stat	5.46m	17-11 (1.9)	4/21
5		Anaeja FERRELL	#6	Lincoln (Pa.)	5.45m	17-10¾ (0.)	4/22
6		Aria GOODE	#9	Johnson C. Smit	5.27m	17-3½ (1.4)	3/24
7		Tionna WILSON	#4	Winston-Salem !	5.26mw	17-3¼ (2.1)	3/16
8		Imani CORBETT	#5	Shaw	5.21mw	17-1¼ (2.1)	4/21
9		Tiara WILSON	#1	Fayetteville Stat	5.13mw	16-10 (2.1)	4/21
10		Holley JOHNSON	#1	Fayetteville Stat	5.08mw	16-8 (3.3)	3/16

Women's Triple Jump

1	17	Aria GOODE	#9	Johnson C. Smit P	12.20mw	40-½ (2.4)	3/31
2	45	M'Smrya SEWARD	#1	Fayetteville Stat	11.81m	38-9 (0.6)	4/27
3	46	Tracy IDUGBOE	#1	Fayetteville Stat	11.80m	38-8¾ (-2.)	4/14
4	55	Ilysis MARTINEZ	#5	Shaw	11.72m	38-5½ (-0.)	4/14
5	59	Tiara WILSON	#1	Fayetteville Stat	11.68mw	38-4 (3.7)	3/31
6	87	Domanique KNOWLES	#1	Fayetteville Stat	11.41m	37-5¼ (0.9)	3/31
7	98	Jayla WARREN	#4	Winston-Salem !	11.32mw	37-1¾ (3.4)	3/31
8		Olivia WRIGHT	#6	Lincoln (Pa.)	11.24mw	36-10½ (2.)	3/17
9		Florence WREH	#5	Shaw	10.69m	35-1 (0.0)	3/23
10		Kiara SHEPHERD	#11	Virginia Union	10.68m	35-½ (0.1)	3/17

Women's Shot Put

1		Yassine KAMARA	#8	Bowie State	12.35m	40-6¼	4/15
2		Ashley TAYLOR	#1	Fayetteville Stat	12.29m	40-4	4/14
3		Asia LAMPE	#4	Winston-Salem !	12.28m	40-3½	3/16
4		Kyrasani MITCHELL	#2	Saint Augustine'	11.85m	38-10½	3/23
4		Janiya HARMON	#3	Virginia State	11.85m	38-10½	4/30
6		Gabrielle HENRY	#5	Shaw	11.79m	38-8¼	3/3
7		Ashanti WRIGHT	#5	Shaw	11.75m	38-6¾	3/23
8		Jazmyn MCGIRT	#8	Bowie State	10.99m	36-¾	4/22
9		Jamesia POINDEXTER	#8	Bowie State	10.85m	35-7¼	4/29
10		Jovanah GRAHAM	#1	Fayetteville Stat	10.84m	35-6¾	4/21

Women's Discus

1	83	Yassine KAMARA	#8	Bowie State	41.85m	137-4	4/29
2	98	Asia LAMPE	#4	Winston-Salem !	41.48m	136-1	3/16
3		Kyrasani MITCHELL	#2	Saint Augustine'	40.85m	134-0	3/17
4		Ashanti WRIGHT	#5	Shaw	40.34m	132-4	3/3
5		Kyra WEBB	#1	Fayetteville Stat	39.86m	130-9	3/24
6		Ashley TAYLOR	#1	Fayetteville Stat	38.84m	127-5	3/16
7		Gabrielle HENRY	#5	Shaw	37.22m	122-2	3/3
8		Janiya HARMON	#3	Virginia State	36.95m	121-3	4/15
9		Katrina GAMBLE	#1	Fayetteville Stat	36.61m	120-2	3/24
10		Varvara PAPAKONSTANTINO U	#7	Livingstone	35.51m	116-6	4/21

Women's Hammer

1		Kyrasani MITCHELL	#2	Saint Augustine'	38.37m	125-11	4/15
2		Jamesia POINDEXTER	#8	Bowie State	37.03m	121-6	4/29
3		Janiya HARMON	#3	Virginia State	32.44m	106-5	4/30
4		Jazmyn MCGIRT	#8	Bowie State	29.47m	96-8¼	3/25

Women's Javelin

1		Kamile PATRICK	#5	Shaw	33.96m	111-5	4/21
2		Jade LANE	#11	Virginia Union	33.65m	110-5	4/15
3		Alexia BRYANT	#1	Fayetteville Stat	33.52m	110-0	4/21
4		Daina MORRISON	#5	Shaw	32.24m	105-9	3/31
5		Varvara PAPAKONSTANTINO U	#7	Livingstone	31.27m	102-7	4/21
6		Tionna GRAHAM	#2	Saint Augustine'	30.95m	101-7	3/17
7		Reid COBB-PHILLIPS	#5	Shaw	30.51m	100-1	4/21
8		Janiya HARMON	#3	Virginia State	29.23m	95-10¾	4/15
9		Kyra WEBB	#1	Fayetteville Stat	27.19m	89-2½	3/24
10		Jovanah GRAHAM	#1	Fayetteville Stat	27.02m	88-7¾	4/14



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Conference Carolinas

Women's 100 Meters

1	17	Jaylin REEVES	#1	Mount Olive	P	11.59w	(2.3)	4/28
2	28	Mycherie ONWUZURUKIE	#2	Southern Wesleyan	P	11.66w	(2.3)	4/28
3	35	Amora OKODUWA	#4	Converse	P	11.73w	(2.3)	4/28
4	56	Tiara COX	#6	North Greenville		11.87	(1.8)	4/1
5	79	Mahala EVANS	#5	UNC Pembroke		11.97	(1.9)	4/28
6	84	Chianel ASOBURUENWU	#1	Mount Olive		11.98w	(2.1)	3/3
7	94	Hannah HILL	#6	North Greenville		12.00	(1.5)	3/24
8		Jamesha HOWELL	#1	Mount Olive		12.03w	(3.1)	4/28
9		Jaiden MOODY	#1	Mount Olive		12.09w	(4.0)	3/16
9		Jada PITTMAN	#2	Southern Wesleyan		12.09	(0.1)	4/14

Women's 100 Meter Hurdles

1	29	Isabelle FLORES	#3	Belmont Abbey	P	14.14	(-1.1)	4/21
2	30	Phoebe MYERS	#4	Converse	P	14.15	(1.2)	4/28
3	67	Channie JEFFERSON	#1	Mount Olive		14.56	(1.2)	4/28
4		TraVon LAY	#2	Southern Wesleyan		15.01	(1.2)	4/28
5		D'asia THOMAS	#4	Converse		15.02	(1.2)	4/28
6		Zoe LOGUE	#7	Emmanuel (Ga.)		15.35	(1.8)	4/14
6		Tylyia TRIGGS	#1	Mount Olive		15.35	(1.2)	4/28
8		Karolina COLON	#3	Belmont Abbey		15.37	(1.2)	4/28
9		Haley KELLS	#3	Belmont Abbey		15.96	(-0.6)	4/21
10		Madelyn BRIGHT	#7	Emmanuel (Ga.)		16.70w	(2.9)	4/14

Women's 200 Meters

1	24	Chianel ASOBURUENWU	#1	Mount Olive	P	23.91w	(2.4)	3/3
2	43	Jaylin REEVES	#1	Mount Olive	P	24.17	(1.6)	3/24
3	86	Amora OKODUWA	#4	Converse		24.60	(1.6)	4/28
4	LE+0	Tiara COX	#6	North Greenville		24.70	(-0.4)	4/1
5		Jaiden MOODY	#1	Mount Olive		24.72	(0.5)	4/28
6		Hannah HILL	#6	North Greenville		24.82	(1.6)	4/28
7		Vinesha BRIGGS	#1	Mount Olive		24.92w	(3.0)	3/24
8		Jaela THOMAS	#5	UNC Pembroke		24.94	(1.1)	4/14
9		Krishayla BOYD	#4	Converse		25.02	(-0.4)	4/1
10		Mycherie ONWUZURUKIE	#2	Southern Wesleyan		25.21	(0.1)	3/24

Women's 400 Meters

1	32	Michele BEUGRE	#2	Southern Wesleyan	P	55.58		4/14
2	69	Hannah HILL	#6	North Greenville		56.40		4/28
3	72	Jaiden MOODY	#1	Mount Olive		56.46		4/28
4	75	Vinesha BRIGGS	#1	Mount Olive		56.51		4/28
5	78	Natalyah WILSON	#1	Mount Olive		56.69		4/28
6		Cierra WRIGHT	#2	Southern Wesleyan		57.15		3/24
7		Nyree BACCHUS	#5	UNC Pembroke		57.52		4/28
8		Shanyia GREY	#4	Converse		58.33		4/14
9		Channie JEFFERSON	#1	Mount Olive		58.67		3/16
10		Isabelle FLORES	#3	Belmont Abbey		58.69		4/1

Women's 400 Meter Hurdles

1	4	Channie JEFFERSON	#1	Mount Olive	P	59.36		4/28
2	13	Isabelle FLORES	#3	Belmont Abbey	P	1:00.59		4/28
3	94	Kiwanna PEMBERTON	#1	Mount Olive		1:04.41		4/28
4	97	Olivia WHITE	#3	Belmont Abbey		1:04.46		4/28
5		Kayla LEMA	#2	Southern Wesleyan		1:05.58		4/28
6		Antaja WHITEHEAD	#10	Erskine		1:06.52		4/14
7		Isabela CASTILLO	#2	Southern Wesleyan		1:06.60		4/28
8		Carleigh VAUGHN	#6	North Greenville		1:06.71		4/1
9		Telina BUNCH	#11	Barton		1:06.88		4/28
10		Samantha HAMRICK	#1	Mount Olive		1:07.47		4/14

Women's 800 Meters

1	65	Ruth SPIJKER	#4	Converse		2:13.17		4/14
2		Lycia ZAVALA	#2	Southern Wesleyan		2:18.60		4/14
3		Celine FLEURILUS	#1	Mount Olive		2:18.63		4/28
4		Katy NEUBERT	#8	King		2:19.34		4/28
5		Julia VAN DINE	#5	UNC Pembroke		2:21.59		3/30
6		Avery SHOPE	#6	North Greenville		2:23.11		3/24
7		Bayley ROBINSON	#4	Converse		2:23.46		4/28
8		Campbell DILLE	#9	Lees-McRae		2:24.79		4/28
9		Maura BAIRD	#3	Belmont Abbey		2:25.48		4/21
10		Katherine THOMPSON	#10	Erskine		2:25.78		3/31

Women's 1500 Meters

1	86	Ruth SPIJKER	#4	Converse		4:36.54		4/22
2		Kamille DIXON	#4	Converse		4:47.22		4/22
3		Avery SHOPE	#6	North Greenville		4:48.01		4/14
4		Jackline KOSGEI	#5	UNC Pembroke		4:56.30		3/24
5		Riley NICHOLSON	#6	North Greenville		4:57.15		4/28
6		Valary SAMOEI	#5	UNC Pembroke		4:58.52		3/24
7		Julia VAN DINE	#5	UNC Pembroke		4:58.63		3/30
8		Katherine THOMPSON	#10	Erskine		4:58.87		3/31
9		Macey MORGAN	#2	Southern Wesleyan		4:59.99		3/17
10		Olivia WEIDER	#7	Emmanuel (Ga.)		5:00.52		4/28

Women's Steeplechase

1	79	Kamille DIXON	#4	Converse		11:33.62		4/14
2		Morgan WHITLEY	#8	King		11:58.99		4/28
3		Abbey FROCK	#2	Southern Wesleyan		12:00.55		4/1
4		Olivia WEIDER	#7	Emmanuel (Ga.)		12:04.73		4/28
5		Katherine THOMPSON	#10	Erskine		12:25.51		4/28
6		Sydney KELLER	#3	Belmont Abbey		12:37.61		4/1
7		Ciara SULTON	#1	Mount Olive		12:39.74		4/28
8		Meghan LITTLE	#3	Belmont Abbey		12:47.26		4/1
9		Emma BRIGHT	#6	North Greenville		13:07.42		4/28
10		Tori THOMPSON	#3	Belmont Abbey		14:55.99		4/14



Conference TFRI Event Summary

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Conference Carolinas

Women's 5000 Meters

1	Jackline KOSGEI	#5	UNC Pembroke	18:08.11	3/30
2	Deanna BETZER	#9	Lees-McRae	18:30.03	3/31
3	Kathryn ANDERSON	#5	UNC Pembroke	18:40.46	3/30
4	Sharon YEGO	#7	Emmanuel (Ga.)	18:54.60	4/7
5	Avery SHOPE	#6	North Greenville	19:07.29	4/28
6	Riley NICHOLSON	#6	North Greenville	19:19.62	3/10
7	Valary SAMOEI	#5	UNC Pembroke	19:21.89	4/14
8	Abbey FROCK	#2	Southern Wesleyan	19:28.06	3/17
9	Cassandra SCHRUBB	#11	Barton	19:30.77	3/31
10	Emily WARD	#8	King	19:38.76	3/17

Women's 10,000 Meters

1	Emily WARD	#8	King	39:23.29	4/7
2	Deanna BETZER	#9	Lees-McRae	39:36.57	4/28
3	Anna-Fidelia RUSING	#4	Converse	41:26.98	4/28
4	Ashley SOSA	#4	Converse	41:49.74	4/28
5	Meghan LITTLE	#3	Belmont Abbey	42:21.29	4/28
6	Piper GRANT	#4	Converse	42:30.56	4/28
7	Savannah WILLIS	#3	Belmont Abbey	42:41.12	4/28
8	Rebekah HADDAD	#6	North Greenville	42:48.02	3/10
9	Paris ALSUP	#6	North Greenville	43:04.65	4/28
10	Anna FRETWELL	#11	Barton	43:39.31	4/28

Women's 4x100 Relay

1	10	Channie JEFFERSON, Jaylin REEVES, Jaiden MOODY, Jamesha HOWELL	#1	Mount Olive	P 45.83	4/14
2	17	Jada PITTMAN, Michele BEUGRE, Deborah MARLOW, Mycherie ONWUZURUIKE	#2	Southern Wesleyan	P 46.02	4/28
3	39	JoAnn SMILING, Hannah HILL, Carleigh VAUGHN, Tiara COX	#6	North Greenville	47.02	3/24
4	44	Aaliyah MORGAN, Krishayla BOYD, Madison GRIFFIN, Eseose OKODUWA	#4	Converse	47.08	4/28
5	95	Bethany BLACKWELL, Keiarra TUTT, Aniya HECKSTALL, Indira RAUF	#11	Barton	48.35	4/28
5	95	Sekyah CHESTNUT, Olivia WHITE, Cristina VILLANUEVA, Isabelle FLORES	#3	Belmont Abbey	48.35	3/3
7		Leah DOTSON, Tyleah MOORER, Antaja WHITEHEAD, Mckenna PHILLIPS	#10	Erskine	49.34	4/14
8		Zoe LOGUE, Paige TURNER, Madelyn BRIGHT, Vasey ASKINS	#7	Emmanuel (Ga.)	52.15	4/28



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Conference Carolinas

Women's 4x400 Relay

1	28	Kyla JOHNSON, Cierra WRIGHT, Mycherie ONWUZURUIKE, Michele BEUGRE	#2 Southern Wesleyan	3:49.06	3/24
2	37	Vinesha BRIGGS, Jaiden MOODY, Channie JEFFERSON, Jaylin REEVES	#1 Mount Olive	3:50.15	4/14
3	69	JoAnn SMILING, Carleigh VAUGHN, Tiara COX, Hannah HILL	#6 North Greenville	3:56.71	4/28
4	83	Sekyah CHESTNUT, Karolina COLON, Olivia WHITE, Isabelle FLORES	#3 Belmont Abbey	3:59.43	4/21
5	92	Krishayla BOYD, Latavia BRACEY, Eseose OKODUWA, Shanyia GREY	#4 Converse	4:00.53	4/28
6		Telina BUNCH, Kayla KING, Hailey RUSSELL, Aniya HECKSTALL	#11 Barton	4:10.51	4/28
7		Leah DOTSON, Antaja WHITEHEAD, Katherine THOMPSON, Mckenna PHILLIPS	#10 Erskine	4:13.05	4/28
8		Emily CHRISTIAN, Amanda LOWERY, Caitlin PAULINS, Katy NEUBERT	#8 King	4:18.41	4/14
9		Vasey ASKINS, Zoe LOGUE, Paige TURNER, Taylor FARMER	#7 Emmanuel (Ga.)	4:22.30	4/14
10		Symone TAYLOR, Maddie QUINN, Kaitlyn ROWE, Campbell DILLE	#9 Lees-McRae	4:30.01	4/28

Women's High Jump

1	36	Jordan BROWN	#4 Converse	1.65m	5-5	4/1
2	83	Haley KELLS	#3 Belmont Abbey	1.60m	5-3	4/21
2	83	Phoebe MYERS	#4 Converse	1.60m	5-3	4/1
4		Natalyah WILSON	#1 Mount Olive	1.58m	5-2¼	4/22
4		Madelyn BRIGHT	#7 Emmanuel (Ga.)	1.58m	5-2¼	3/16
6		Aly HUDSPETH	#5 UNC Pembroke	1.55m	5-1	4/22
6		Macie SIMS	#3 Belmont Abbey	1.55m	5-1	3/24
8		Karla HORMAZABAL	#1 Mount Olive	1.53m	5-¼	3/16
9		Alyson SMITH	#3 Belmont Abbey	1.50m	4-11	3/24
9		Isabela CASTILLO	#2 Southern Wesleyan	1.50m	4-11	4/1
9		D'asia THOMAS	#4 Converse	1.50m	4-11	4/1

Women's Pole Vault

1		Caitlin PAULINS	#8 King	3.40m	11-1¾	4/14
2		Trinity FRAYER	#1 Mount Olive	3.05m	10-0	3/31
3		Jocelyn WALKER	#9 Lees-McRae	2.84m	9-3¾	4/28
4		Sydney KELLER	#3 Belmont Abbey	2.70m	8-10¼	4/21
5		Taylor REEPING	#3 Belmont Abbey	2.45m	8-½	4/14
5		Tori THOMPSON	#3 Belmont Abbey	2.45m	8-½	4/1
7		Sara ORMSBY	#5 UNC Pembroke	2.44m	8-0	4/28
8		Tyra MITCHELL	#9 Lees-McRae	2.29m	7-6	4/28
9		Lauren ELLIS	#7 Emmanuel (Ga.)	2.20m	7-2½	4/14

Women's Long Jump

1	6	Mycherie ONWUZURUKIE	#2 Southern Wesleyan	6.16mw	20-2½ (2.6)	4/28
2	14	Olivia WEIDER	#7 Emmanuel (Ga.)	6.09m	19-11¾ (1.3)	3/24
3	39	Channie JEFFERSON	#1 Mount Olive	5.81m	19-¾ (-2.3)	3/24
4	63	JoAnn SMILING	#6 North Greenville	5.67mw	18-7¼ (2.5)	4/28
5	67	Mora SMITH	#1 Mount Olive	5.65m	18-6½ (-1.3)	3/24
5	67	Cristina VILLANUEVA	#3 Belmont Abbey	5.65mw	18-6½ (3.5)	4/28
7	86	Jamesha HOWELL	#1 Mount Olive	5.58m	18-3¾ (-2.3)	3/24
8		Jada PITTMAN	#2 Southern Wesleyan	5.44mw	17-10¼ (3.3)	4/1
9		Aniya HECKSTALL	#11 Barton	5.38mw	17-8 (2.1)	4/28
10		Tyleah MOORER	#10 Erskine	5.37m	17-7½ (-0.9)	4/7
10		:Lora DILLON	#9 Lees-McRae	5.37m	17-7½ (1.1)	3/31

Women's Triple Jump

1	35	Mora SMITH	#1 Mount Olive	P 11.96mw	39-3 (2.4)	4/28
2	42	Leah DOTSON	#10 Erskine	11.87m	38-11½ (1.3)	4/28
3	47	Tyleah MOORER	#10 Erskine	11.79m	38-8¼ (1.5)	4/28
4	49	Mycherie ONWUZURUKIE	#2 Southern Wesleyan	11.77m	38-7½ (1.7)	4/28
5	52	Karla HORMAZABAL	#1 Mount Olive	11.76m	38-7 (1.1)	4/28
6	53	:Lora DILLON	#9 Lees-McRae	11.75m	38-6¾ (1.8)	3/31
7		Mackenzie WHITESIDE	#4 Converse	11.21m	36-9½ (1.2)	4/28
8		Nashayla WARREN	#4 Converse	11.13m	36-6¼ (1.8)	4/28
9		Haley KELLS	#3 Belmont Abbey	11.11m	36-5½ (1.9)	4/28
10		Kiana HATCHETT	#1 Mount Olive	11.10m	36-5 (-0.9)	4/22

Women's Shot Put

1		Mary Brigid KECK	#1 Mount Olive	12.40m	40-8¼	3/24
2		Ashley LINDSAY	#1 Mount Olive	12.34m	40-6	4/22
3		Kaliya SUTTON	#1 Mount Olive	12.02m	39-5¼	4/28
4		Lillian MARINO	#5 UNC Pembroke	11.85m	38-10½	4/14
5		Alycia ARTMAN	#5 UNC Pembroke	11.76m	38-7	3/16
6		Cynthia THOMAS	#1 Mount Olive	11.52m	37-9½	3/24
7		Raigan EVANS	#5 UNC Pembroke	11.45m	37-6¾	4/28
8		Katlyn PARRISH	#1 Mount Olive	11.36m	37-3¼	4/28
9		Adrienne CRAWFORD	#1 Mount Olive	11.23m	36-10¼	4/14
10		Adrianna COLEMAN	#2 Southern Wesleyan	10.80m	35-5¼	4/1



Conference TFRI Event Summary

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Conference Carolinas

Women's Discus

1	58	Mary Brigid KECK	#1	Mount Olive	42.93m	140-10	4/22
2	62	Raigan EVANS	#5	UNC Pembroke	42.54m	139-7	4/22
3	76	Adrianna COLEMAN	#2	Southern Wesley	41.98m	137-9	4/1
4		Lillian MARINO	#5	UNC Pembroke	40.95m	134-4	4/28
5		Madison BOYD	#2	Southern Wesley	40.30m	132-3	4/22
6		Ashley LINDSAY	#1	Mount Olive	39.75m	130-5	3/24
7		Elizabeth WOODRUFF	#3	Belmont Abbey	38.79m	127-3	4/14
8		Kaliya SUTTON	#1	Mount Olive	37.42m	122-9	3/24
9		Ruthie FRIPP	#8	King	37.38m	122-8	3/24
10		Bella MARTIN	#4	Converse	36.45m	119-7	4/1

Women's Hammer

1	8	Mary Brigid KECK	#1	Mount Olive	P 58.08m	190-7	3/24
2	47	Madison BOYD	#2	Southern Wesley	51.17m	167-11	4/28
3	64	Raigan EVANS	#5	UNC Pembroke	49.79m	163-4	4/28
4	73	Lillian MARINO	#5	UNC Pembroke	49.40m	162-1	4/28
5	83	Adrienne CRAWFORD	#1	Mount Olive	48.50m	159-2	4/14
6		Kenisha BARNES	#1	Mount Olive	46.80m	153-7	4/22
7		Hannah HALL	#2	Southern Wesley	44.45m	145-10	3/17
8		Bella MARTIN	#4	Converse	43.65m	143-3	4/14
9		Kaliya SUTTON	#1	Mount Olive	43.21m	141-9	3/16
10		Selah HOLCOMBE	#2	Southern Wesley	42.96m	141-0	4/28

Women's Javelin

1	32	Danielle TRIMBUR	#1	Mount Olive	P 42.03m	137-11	3/24
2	77	Hannah HILL	#6	North Greenville	38.48m	126-3	4/14
3	86	Raigan EVANS	#5	UNC Pembroke	38.01m	124-9	4/28
4		Katlyn PARRISH	#1	Mount Olive	33.91m	111-3	3/16
5		Tylyia TRIGGS	#1	Mount Olive	30.28m	99-4¼	4/28
6		Annah BLANKENSHIP	#8	King	28.83m	94-7	4/14
7		Shadaynya TEH	#5	UNC Pembroke	28.31m	92-10¾	4/22
8		Haley KELLS	#3	Belmont Abbey	27.98m	91-9¾	3/3
9		Lakin LONG	#2	Southern Wesley	27.81m	91-3	4/14
10		Samantha DIBENE	#7	Emmanuel (Ga.)	27.73m	90-11¾	4/7

Women's Heptathlon

1		Haley KELLS	#3	Belmont Abbey	3,532		3/16
2		Madelyn BRIGHT	#7	Emmanuel (Ga.)	3,458		3/16
3		Sydney KELLER	#3	Belmont Abbey	2,735		3/16
4		Vasey ASKINS	#7	Emmanuel (Ga.)	2,377		3/16



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ECC

Women's 100 Meters

1	Dayna THOMPSON	#2	UDC	12.05w	(3.1)	4/15
2	Kayla COOPER	#2	UDC	12.07w	(3.1)	4/15
3	Janel BAXTER	#2	UDC	12.45	(1.4)	4/15
4	Lydia WARE	#1	Roberts Wesley	12.47w	(2.4)	4/14
5	Jenna PILLER	#4	Molloy	12.74	(1.1)	4/8
6	Rebecca SHULTZ	#3	Daemen	12.97	(0.4)	4/29
7	Ciara DOYLE	#5	St. Thomas Aqu	13.11	(1.0)	3/17
8	Ci'yanna PURNELL	#1	Roberts Wesley	13.34w	(2.3)	4/14
9	Zoe SHAW	#2	UDC	13.53	(1.1)	4/8
10	Christina HILLERY	#4	Molloy	13.58	(1.1)	4/8

Women's 100 Meter Hurdles

1	Hailee LOWE	#1	Roberts Wesley	14.96	(1.4)	4/2
2	Kayleigh SHELTON	#2	UDC	15.41	(1.1)	4/8
3	Rebecca SHULTZ	#3	Daemen	15.78w	(2.1)	4/14
4	Alexis RODRIGUEZ	#3	Daemen	16.44w	(3.8)	4/22
5	Nicole GYSIN	#5	St. Thomas Aqu	16.98	(2.0)	4/8
6	Guerlourde ESTABINE	#5	St. Thomas Aqu	17.20	(0.0)	3/31
7	Jadalyn RODRIGUEZ	#4	Molloy	17.78	(0.5)	4/22
8	Alaysia COBB-ROUNTREE	#4	Molloy	18.11w	(2.7)	4/8
9	Morgan SPROULL	#1	Roberts Wesley	19.53	(1.4)	4/14

Women's 200 Meters

1	Kayla COOPER	#2	UDC	25.05w	(2.1)	4/15
2	Dayna THOMPSON	#2	UDC	25.20	(1.9)	4/15
3	Lydia WARE	#1	Roberts Wesley	25.47	(0.4)	4/14
4	Ayesha JARRETT	#2	UDC	25.70w	(2.3)	4/22
5	Antonette POMMELLS	#4	Molloy	26.05	(-3.4)	4/22
6	Janel BAXTER	#2	UDC	26.12w	(2.3)	4/22
7	Jenna PILLER	#4	Molloy	26.44	(-0.8)	4/8
8	Ciara DOYLE	#5	St. Thomas Aqu	27.85	(-1.4)	4/21
9	Samantha LATORRE	#4	Molloy	28.32	(-3.4)	4/22
10	Ci'yanna PURNELL	#1	Roberts Wesley	28.50	(1.0)	4/14

Women's 400 Meters

1	Ayesha JARRETT	#2	UDC	57.46		4/15
2	Dayna THOMPSON	#2	UDC	58.12		3/31
3	Lydia WARE	#1	Roberts Wesley	58.38		4/2
4	Tukey FRANCIS	#2	UDC	59.50		3/31
5	Jenna PILLER	#4	Molloy	1:01.11		3/31
6	Samantha LATORRE	#4	Molloy	1:01.78		4/22
7	Iyanna JACKSON	#2	UDC	1:02.30		4/22
8	Fatima MORROBEL	#6	Queens (N.Y.)	1:04.32		4/22
9	Tsianna BARNWELL	#7	D'Youville	1:05.25		4/14
10	Megan SOHL	#4	Molloy	1:05.27		4/28
10	Isabella FARINA-ESPOSITO	#5	St. Thomas Aqu	1:05.27		4/21

Women's 400 Meter Hurdles

1	Hailee LOWE	#1	Roberts Wesley	1:05.73		4/2
2	Skylar MORENO	#5	St. Thomas Aqu	1:06.67		4/21
3	Kayleigh SHELTON	#2	UDC	1:09.29		4/15
4	Chacoia WILKES	#2	UDC	1:09.56		4/22
5	Alaysia COBB-ROUNTREE	#4	Molloy	1:10.60		4/28
6	Bianca HILTZ	#6	Queens (N.Y.)	1:11.13		4/2
7	Sevilla GROEBE	#7	D'Youville	1:12.90		4/22
8	Alexis RODRIGUEZ	#3	Daemen	1:13.48		4/8
9	Samantha MORRISON	#2	UDC	1:16.17		4/8
10	Emma GRZEBINSKI	#3	Daemen	1:18.67		3/31

Women's 800 Meters

1	Kylee ODELL	#1	Roberts Wesley	2:15.16		4/14
2	Hannah THOMAS	#3	Daemen	2:21.07		4/22
3	Acacia BARBER	#1	Roberts Wesley	2:22.82		4/2
4	Kassandra NOLET	#3	Daemen	2:23.37		4/14
5	Sevilla GROEBE	#7	D'Youville	2:23.59		4/8
6	Samantha MORRISON	#2	UDC	2:27.29		4/22
7	Fatima MORROBEL	#6	Queens (N.Y.)	2:27.72		4/8
8	Emma GRZEBINSKI	#3	Daemen	2:28.24		4/14
9	Megan SOHL	#4	Molloy	2:29.65		4/22
10	Samantha LATORRE	#4	Molloy	2:30.45		3/25

Women's 1500 Meters

1	Kylee ODELL	#1	Roberts Wesley	4:38.21		4/29
2	Acacia BARBER	#1	Roberts Wesley	4:42.50		4/2
3	Kassandra NOLET	#3	Daemen	4:54.09		4/14
4	Camryn BAILEY	#3	Daemen	4:58.48		4/14
5	Hannah THOMAS	#3	Daemen	5:02.75		4/14
6	Karina ROMERO	#4	Molloy	5:03.86		4/8
7	Emma GRZEBINSKI	#3	Daemen	5:04.53		4/14
8	Courtney MERRILL	#3	Daemen	5:05.10		4/22
9	Kristi ACKERINA	#4	Molloy	5:05.27		4/8
10	Patsy OBERHOLZER	#3	Daemen	5:07.15		4/14

Women's Steeplechase

1	Kathleen HEALY	#4	Molloy	12:18.98		4/28
2	Emma GRZEBINSKI	#3	Daemen	12:30.14		4/8
3	Evie STRATI	#4	Molloy	13:58.10		3/25
4	Samantha FRISBEE	#5	St. Thomas Aqu	14:30.48		3/31



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ECC

Women's 5000 Meters

1	Acacia BARBER	#1	Roberts Wesleyā	17:34.66	4/14
2	Rachel HORNER-RICHARDSON	#1	Roberts Wesleyā	17:59.26	4/2
3	Camryn BAILEY	#3	Daemen	18:28.04	4/22
4	Jennifer ZAMBUTO	#1	Roberts Wesleyā	18:34.10	4/14
5	Kristi ACKERINA	#4	Molloy	18:50.05	3/25
6	Patsy OBERHOLZER	#3	Daemen	19:04.69	3/31
7	Gabriella MOTT	#5	St. Thomas Aqu	19:15.52	4/8
8	Zoe LUCYSHYN	#1	Roberts Wesleyā	19:29.68	4/29
9	Kathleen HEALY	#4	Molloy	19:29.73	3/25
10	Ciara DURCAN	#5	St. Thomas Aqu	19:47.74	4/8

Women's 10,000 Meters

1	Jennifer ZAMBUTO	#1	Roberts Wesleyā	39:20.29	4/2
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Women's 4x100 Relay

1	55 Janel BAXTER, Kayla COOPER, Ayesha JARRETT, Dayna THOMPSON	#2	UDC	47.37	4/15
2	Jadelyn RODRIGUEZ, Jenna PILLER, Antonette POMMELLS, Christina HILLERY	#4	Molloy	49.53	4/22
3	Khareena PRIMUS, Bianca HILTZ, Mahaillia SPENCER, Jacklyn DIEL	#6	Queens (N.Y.)	52.20	4/22
4	Ciara DOYLE, Isabella FARINO-ESPOSITO, Emma NEIL, Megan MURPHY	#5	St. Thomas Aqu	53.88	3/17
5	Sydney TAYLOR, Alexis RODRIGUEZ, Grace GOMINIAK, Rebecca SCHULTZ	#3	Daemen	54.06	3/31

Women's 4x400 Relay

1	88 Dayna THOMPSON, Tukey FRANCIS, Iyanna JACKSON, Ayesha JARRETT	#2	UDC	4:00.14	4/8
2	Antonette POMMELLS, Jenna PILLER, Samantha LATORRE, Alaysia COBB-ROUNTREE	#4	Molloy	4:09.52	4/22
3	Khareena PRIMUS, Fatima MORROBEL, Jacklyn DIEL, Hayley MATTHEWS	#6	Queens (N.Y.)	4:21.15	4/2
4	Tsianna BARNWELL, Lexie HILLMAN, Lainie SMITH, Sevilla GROEBE	#7	D'Youville	4:25.98	4/14
5	Skylar MORENO, Isabella FARINO-ESPOSITO, Ciara DURCAN, Ciara DOYLE	#5	St. Thomas Aqu	4:29.55	4/8

Women's High Jump

1	67 Jazmine SEVERO	#8	Staten Island	1.62m	5-3¾	4/1
2	Zoe SHAW	#2	UDC	1.55m	5-1	3/31
3	Sydney TAYLOR	#3	Daemen	1.52m	4-11¾	4/14
4	Faith ROUSSEAU	#4	Molloy	1.50m	4-11	3/31
5	Kelly LUCAS	#7	D'Youville	1.47m	4-9¾	4/14
6	Nicole GYSIN	#5	St. Thomas Aqu	1.42m	4-7¾	4/21
6	Angelina NATALE	#3	Daemen	1.42m	4-7¾	4/14
8	Kensley BENJAMIN	#2	UDC	1.35m	4-5	4/22
9	Morgan SPROULL	#1	Roberts Wesleyā	1.29m	4-2¾	4/14

Women's Pole Vault

1	Annalise GRANT	#1	Roberts Wesleyā	2.50m	8-2½	4/14
2	Nicole GYSIN	#5	St. Thomas Aqu	2.35m	7-8½	4/21

Women's Long Jump

1	Kayla COOPER	#2	UDC	5.33m	17-6 (-0.5)	4/8
2	Alyssa AMIRATO	#3	Daemen	5.23m	17-2 (0.0)	4/14
3	Bianca HILTZ	#6	Queens (N.Y.)	5.20m	17-¾ (0.3)	4/2
4	Zoe SHAW	#2	UDC	5.00m	16-5 (0.0)	4/8
5	Rebecca SHULTZ	#3	Daemen	4.82m	15-9¾ (1.5)	4/29
6	Guerlourde ESTABINE	#5	St. Thomas Aqu	4.80mw	15-9 (2.6)	3/17
7	Nicole GYSIN	#5	St. Thomas Aqu	4.75mw	15-7 (2.1)	3/17
8	Angelina NATALE	#3	Daemen	4.65m	15-3¼ (-0.)	4/22
9	Kensley BENJAMIN	#2	UDC	4.57m	15-0 (0.0)	4/22
10	Sydney TAYLOR	#3	Daemen	4.49m	14-8¾ (0.0)	4/22



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Women's Triple Jump

1	Zoe SHAW	#2	UDC	11.16m	36-7½ (0.0)	4/15
2	Alyssa AMIRATO	#3	Daemen	11.01m	36-1½ (1.4)	4/14
3	Bianca HILTZ	#6	Queens (N.Y.)	10.65m	34-11¼ (1.)	4/2
4	Nicole GYSIN	#5	St. Thomas Aqu	10.58m	34-8½ (1.6)	4/21
5	Rebecca SHULTZ	#3	Daemen	10.25m	33-7½ (-1.)	4/8
6	Skylar MORENO	#5	St. Thomas Aqu	9.60m	31-6 (3.6)	3/17
7	Angelina NATALE	#3	Daemen	9.49m	31-1¾ (0.0)	4/14
8	Samantha FRISBEE	#5	St. Thomas Aqu	9.11m	29-10¾ (0.)	4/21

Women's Shot Put

1	Moriah MILLS	#1	Roberts Wesleya	11.63m	38-2	4/8
2	Kendra WILLIAMS	#2	UDC	11.34m	37-2½	4/22
3	Skylar POINTER	#8	Staten Island	10.94m	35-10¾	4/21
4	Emmanuela KOUAMI- KATOU	#2	UDC	10.82m	35-6	3/31
5	Guerlourde ESTABINE	#5	St. Thomas Aqu	10.38m	34-¾	4/21
6	Aryanna FINKELSTEIN	#8	Staten Island	9.95m	32-7¾	4/21
6	Faith ROUSSEAU	#4	Molloy	9.95m	32-7¾	4/8
8	Danaea JEFFERS	#1	Roberts Wesleya	9.62m	31-6¾	4/2
9	Elizabeth BENTLEY	#3	Daemen	9.52m	31-2¾	4/22
10	Skye DORCELY	#3	Daemen	9.41m	30-10½	4/22

Women's Discus

1	Emmanuela KOUAMI- KATOU	#2	UDC	37.44m	122-10	3/31
2	Moriah MILLS	#1	Roberts Wesleya	34.82m	114-3	4/14
3	Danaea JEFFERS	#1	Roberts Wesleya	32.49m	106-7	4/14
4	Ava THOMPSON	#8	Staten Island	31.84m	104-6	4/21
5	Kendra WILLIAMS	#2	UDC	30.85m	101-3	4/8
6	Samantha KABEL	#3	Daemen	30.82m	101-2	4/8
7	Alex KRAUSE	#5	St. Thomas Aqu	29.57m	97-¼	4/21
8	Paige WATKINS	#1	Roberts Wesleya	29.23m	95-10¾	4/14
9	Jessica KOWLASKI	#1	Roberts Wesleya	27.04m	88-8¾	4/8
10	Courtney ASHLINE	#1	Roberts Wesleya	26.86m	88-1½	4/14

Women's Hammer

1	Emmanuela KOUAMI- KATOU	#2	UDC	44.57m	146-3	4/15
2	Elizabeth BENTLEY	#3	Daemen	38.66m	126-10	4/14
3	Tima ABDELLATIF	#3	Daemen	38.35m	125-10	4/14
4	Alex KRAUSE	#5	St. Thomas Aqu	36.38m	119-4	4/21
5	Moriah MILLS	#1	Roberts Wesleya	34.94m	114-8	4/14
6	Skylar POINTER	#8	Staten Island	34.34m	112-8	4/15
7	Courtney ASHLINE	#1	Roberts Wesleya	34.20m	112-3	4/14
8	Samantha KABEL	#3	Daemen	33.66m	110-5	4/14
9	Skye DORCELY	#3	Daemen	33.42m	109-8	4/22
10	Danaea JEFFERS	#1	Roberts Wesleya	33.34m	109-5	4/2

Women's Javelin

1	Faith ROUSSEAU	#4	Molloy	34.22m	112-3	3/31
2	Madelyn MCMATH	#6	Queens (N.Y.)	31.54m	103-6	4/8
3	Samantha KABEL	#3	Daemen	24.20m	79-4¾	4/8
4	Kelly LUCAS	#7	D'Youville	23.91m	78-5½	4/14
5	Megan MURPHY	#5	St. Thomas Aqu	23.13m	75-10¾	4/21
6	Danaea JEFFERS	#1	Roberts Wesleya	22.86m	75-0	4/14
7	Elizabeth BENTLEY	#3	Daemen	22.65m	74-3¾	4/8
8	Courtney ASHLINE	#1	Roberts Wesleya	22.50m	73-10	4/21
9	Moriah MILLS	#1	Roberts Wesleya	21.65m	71-½	4/2
10	Kendra WILLIAMS	#2	UDC	20.23m	66-4½	4/8

Women's Heptathlon

1	Morgan SPROULL	#1	Roberts Wesleya	2,193		4/14
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GAC

Women's 100 Meters

1	55	Olivia TATE	#1	Oklahoma Bapti	11.86	(1.7)	3/24
2	61	Shackera DOUGLAS	#4	Northwestern O	11.89cw	(11.86A) (2)	4/6
3		Brianna BRANTLEY	#4	Northwestern O	12.10cw	(12.07A) (2)	4/6
4		Briana JOHNSON	#2	Harding	12.13	(0.0)	4/15
5		Debbie OLALERE	#4	Northwestern O	12.16cw	(12.13A) (2)	4/22
6		Carissa BURNS	#8	Southern Nazarene	12.18w	(2.4)	4/21
7		Kamrin HOOKS	#3	Southern Arkansas	12.27	(1.6)	3/25
8		Sa'Moriya WALKER	#3	Southern Arkansas	12.32w	(3.7)	4/13
9		Deuna MILLER	#9	Southwestern O	12.34w	(2.8)	3/24
10		Diamond HILTON	#4	Northwestern O	12.37cw	(12.34A) (2)	4/22

Women's 100 Meter Hurdles

1	60	Tahlor BROWN	#1	Oklahoma Bapti	14.48w	(3.6)	4/7
2	66	Cella NGUEMA	#2	Harding	14.54	(-0.1)	4/20
3	77	Elisabeth JONES	#1	Oklahoma Bapti	14.65	(1.0)	4/21
4	86	Mary MCKEY	#1	Oklahoma Bapti	14.72w	(3.6)	4/7
5	99	Rozlyne MANOR	#3	Southern Arkansas	14.79w	(2.4)	4/13
5	99	Kaliyah THOMPSON	#3	Southern Arkansas	14.79w	(2.4)	4/13
7		Machala HENGEN	#4	Northwestern O	14.85c	(14.81A) (1)	4/6
8		Tiffany WILEY	#3	Southern Arkansas	14.87	(0.8)	4/27
9		Kamdyn MOODY	#1	Oklahoma Bapti	14.99w	(3.5)	3/24
10		Kyndall HICKS	#1	Oklahoma Bapti	15.03	(0.1)	4/14

Women's 200 Meters

1	19	Olivia TATE	#1	Oklahoma Bapti P	23.87c	(23.80A) (2)	4/28
2	61	Jordan COLLINS	#3	Southern Arkansas	24.36w	(2.6)	4/13
3		Kamrin HOOKS	#3	Southern Arkansas	24.96	(-1.2)	4/13
4		Briana JOHNSON	#2	Harding	25.01	(0.4)	4/15
5		Shackera DOUGLAS	#4	Northwestern O	25.38cw	(25.31A) (2)	4/6
6		Carissa BURNS	#8	Southern Nazarene	25.45	(0.8)	4/21
7		Brianna BRANTLEY	#4	Northwestern O	25.55cw	(25.48A) (2)	4/6
8		Tiffany WILEY	#3	Southern Arkansas	25.61w	(3.2)	4/6
9		Jenna AKINS	#2	Harding	25.66w	(2.6)	3/17
10		Charisma LACY-RAYE	#7	Southeastern Oklahoma	25.69	(1.6)	3/24
10		Amore ARMSTRONG	#7	Southeastern Oklahoma	25.69	(1.6)	3/24

Women's 400 Meters

1	92	Jordan COLLINS	#3	Southern Arkansas	57.03		4/27
2		Kimberly MCKINNEY	#1	Oklahoma Bapti	57.77		4/14
3		Delaney RIEKERT	#1	Oklahoma Bapti	58.27c	(58.16A)	4/28
4		Kamrin HOOKS	#3	Southern Arkansas	58.74		4/6
5		Lisa RETAILLEAU	#2	Harding	58.89		4/6
6		Abriel THRASH	#8	Southern Nazarene	59.08		4/21
7		Kylie HALL	#2	Harding	59.33		4/15
8		Tavonyia LACY	#4	Northwestern O	59.66c	(59.55A)	4/6
9		Amore ARMSTRONG	#7	Southeastern Oklahoma	59.69		3/24
10		Shakira LANE	#4	Northwestern O	1:00.06		3/23

Women's 400 Meter Hurdles

1	17	Mary MCKEY	#1	Oklahoma Bapti P	1:00.83		4/14
2	32	Lisa RETAILLEAU	#2	Harding	1:01.92		3/29
3	35	Tahlor BROWN	#1	Oklahoma Bapti P	1:02.00		4/14
4	43	Elisabeth JONES	#1	Oklahoma Bapti	1:02.75c	(1:02.64A)	4/28
5	89	Lauren SHELL	#2	Harding	1:04.31		4/6
6		Zoe WEAVER	#1	Oklahoma Bapti	1:05.27		3/30
7		Rozlyne MANOR	#3	Southern Arkansas	1:05.63		4/6
8		Makensie GREENWOOD	#7	Southeastern Oklahoma	1:06.66		4/14
9		Kaliyah THOMPSON	#3	Southern Arkansas	1:06.92		4/13
10		Ashlynn LANE	#3	Southern Arkansas	1:07.11		4/27

Women's 800 Meters

1		Kaia BIEKER	#2	Harding	2:15.15		3/24
2		Kaylen KING	#1	Oklahoma Bapti	2:18.73c	(2:19.13A)	4/28
3		Zoe WEAVER	#1	Oklahoma Bapti	2:18.87		3/30
4		Jaci MCGREGOR	#5	Ouachita Baptist	2:19.63		4/6
5		Madalyn HARPER	#8	Southern Nazarene	2:20.08		3/24
6		Briana HALL	#2	Harding	2:21.41		4/21
7		Ashlynn HECHT	#5	Ouachita Baptist	2:21.79		3/30
8		Dinah WINDERS	#2	Harding	2:21.90		4/21
9		Felicity WEST	#6	Arkansas Tech	2:22.13		4/20
10		Audrey HILL	#6	Arkansas Tech	2:22.39		4/6

Women's 1500 Meters

1		Kayla MCGRUDER	#1	Oklahoma Bapti	4:39.48		4/13
2		Marcie CUDWORTH	#6	Arkansas Tech	4:41.19		4/6
3		Macie CASH	#5	Ouachita Baptist	4:43.09		4/21
4		Kate NACHTIGAL	#5	Ouachita Baptist	4:43.57		4/21
5		Dinah WINDERS	#2	Harding	4:44.29		4/21
6		Sophia STRANGE	#1	Oklahoma Bapti	4:45.63		4/21
7		Morganne BROWNING	#6	Arkansas Tech	4:45.69		4/6
8		Jaci MCGREGOR	#5	Ouachita Baptist	4:46.16		4/21
9		Madalyn HARPER	#8	Southern Nazarene	4:46.52		4/7
10		Abby ELCAN	#5	Ouachita Baptist	4:47.03		3/30

Women's Steeplechase

1	36	Kayla MCGRUDER	#1	Oklahoma Bapti	11:03.47		4/13
2	56	Morganne BROWNING	#6	Arkansas Tech	11:19.46		4/14
3	59	Macie CASH	#5	Ouachita Baptist	11:21.94		3/30
4	72	Kate NACHTIGAL	#5	Ouachita Baptist	11:31.15		4/13
5	75	Elise KNIGHT	#5	Ouachita Baptist	11:31.99		3/10
6	87	Logan WARREN	#3	Southern Arkansas	11:35.60		4/13
7		Avery STANLEY	#6	Arkansas Tech	11:45.01		3/10
8		Mandy SYKORA	#6	Arkansas Tech	11:47.27		4/20
9		Alyzah MCGLOSSON	#3	Southern Arkansas	11:50.17		3/17
10		Calli BESHORE	#6	Arkansas Tech	11:53.73		3/24



Conference TFRI Event Summary

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GAC

Women's 5000 Meters

1	68	Sophia STRANGE	#1	Oklahoma Bapti	17:15.77	3/24
2	98	Marcie CUDWORTH	#6	Arkansas Tech	17:28.67	4/14
3		Ashlynn MAYS	#6	Arkansas Tech	17:47.32	3/17
4		Nieves MEGIAS	#2	Harding	17:51.31	3/17
5		Mackenzie EPPERSON	#6	Arkansas Tech	17:51.48	3/17
6		Mackenzie DAVIS	#5	Ouachita Baptis	17:52.72	3/10
7		Taylor KOETH	#5	Ouachita Baptis	17:58.80	3/24
8		Kayla MCGRUDER	#1	Oklahoma Bapti	18:07.50	4/21
9		Naomy LIMATUKEI	#10	East Central (Ok	18:09.32	3/10
10		Abigail KEMBOI	#10	East Central (Ok	18:10.18	4/7

Women's 10,000 Meters

1	34	Sophia STRANGE	#1	Oklahoma Bapti P	35:44.48	4/13
2	63	Ashlynn MAYS	#6	Arkansas Tech	36:54.24	3/24
3	67	Marcie CUDWORTH	#6	Arkansas Tech	36:57.38	3/24
4	72	Taylor KOETH	#5	Ouachita Baptis	37:05.97	4/13
5	87	Nieves MEGIAS	#2	Harding	37:27.05	4/7
6		Mackenzie EPPERSON	#6	Arkansas Tech	38:19.13	3/24
7		Libby BOOTH	#6	Arkansas Tech	38:29.21	3/24
8		Olivia LYNCH	#1	Oklahoma Bapti	38:49.93	4/7
9		Jade ROBINSON	#1	Oklahoma Bapti	39:17.01	4/7
10		Kylie PHILLIPS	#2	Harding	39:40.46	4/7

Women's 4x100 Relay

1	20	Anisha HENDERSON, Olivia TATE, Tahlor BROWN, Mary MCKEY	#1	Oklahoma Bapti P	46.25c (46.13A)	4/28
2	37	Tylaa BERRY, Kamrin HOOKS, Jordan COLLINS, Sa'Moriya WALKER	#3	Southern Arkan	47.00	4/13
3	49	Diamond HILTON, Brianna BRANTLEY, Shackera DOUGLAS, Debbie OLALERE	#4	Northwestern O	47.27	4/29
4	LE+0	Briana JOHNSON, Kylie HALL, Sarah GAUTREAUX, Cella NGUEMA	#2	Harding	48.44	4/15
5		Nyla DAWES, Madison ROWE, Amore ARMSTRONG, Charisma LACY-RAYE	#7	Southeastern Ol	50.32	4/21
6		Karis MARTIN, Alexis PERRY, Reyna ROGERS, Rebekah WENDT	#5	Ouachita Baptis	50.80	4/14

Women's 4x400 Relay

1	25	Olivia TATE, Kimberly MCKINNEY, Tahlor BROWN, Mary MCKEY	#1	Oklahoma Bapti P	3:48.94c (3:48.50A)	4/28
2	76	Jordan COLLINS, Rozlyne MANOR, Kamrin HOOKS, Jordan WALKER	#3	Southern Arkan	3:57.80	4/13
3		Lauren SHELL, Jayden ELLERMAN, Kylie HALL, Lisa RETAILLEAU	#2	Harding	4:02.77	4/6
4		Shackera DOUGLAS, Riley MIDGETT, Brianna BRANTLEY, Darianne THOMPSON	#4	Northwestern O	4:03.64c (4:03.20A)	4/6
5		Amore ARMSTRONG, Kaitlyn CEDILLO, Makensi GREENWOOD, Madison ROWE	#7	Southeastern Ol	4:03.93	4/21
6		Alexis PERRY, Rebekah WENDT, Ashley DILLMAN, Jaci MCGREGOR	#5	Ouachita Baptis	4:06.45	3/30
7		Abriel THRASH, Madalyn HARPER, Carissa BURNS, Lyric HENRY	#8	Southern Nazari	4:09.86	4/7
8		Aynslee DUFFY, Caroline WHITEFIELD, Madison RADKE, Delaney YORK	#9	Southwestern O	4:22.99	3/24

Women's High Jump

1	23	Kiera BLANKINSHIP	#2	Harding	1.67m 5-5¾	4/15
2	59	Alexis MATLOCK	#3	Southern Arkan	1.63m 5-4¼	3/25
2	59	Jamora HORACE	#1	Oklahoma Bapti	1.63m 5-4¼	3/24
4	67	Brylan WILLIAMS	#2	Harding	1.62m 5-3¾	4/15
5	83	Peyton FOSTER	#9	Southwestern O	1.60m 5-3	4/15
6		Mirakle BLACKSHIRE	#8	Southern Nazari	1.58m 5-2¼	4/15
6		Lauren SHELL	#2	Harding	1.58m 5-2¼	4/13
8		Kamdyn MOODY	#1	Oklahoma Bapti	1.56m 5-1¼	4/14
9		Takia ZACHARY	#4	Northwestern O	1.54m 5-½	4/22
10		KAYLYN COTNER	#10	East Central (Ok	1.53m 5-¼	4/21
10		Abriel THRASH	#8	Southern Nazari	1.53m 5-¼	4/14



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GAC

Women's Pole Vault

1	12	Sierra WHITE	#2	Harding	P	4.00m	13-1½	3/17
2	24	Emily JULIAN	#1	Oklahoma Bapti	P	3.85m	12-7½	3/24
3	29	Sarah GAUTREAUX	#2	Harding	P	3.80m	12-5½	4/27
4	57	Karyna VEHNER	#2	Harding		3.63m	11-10¾	3/24
5	81	Kendalyn STUEVE	#1	Oklahoma Bapti		3.50m	11-5¾	3/24
6		Maya SULLIVAN	#1	Oklahoma Bapti		3.35m	10-11¾	3/24
6		Payton HUFFORD	#1	Oklahoma Bapti		3.35m	10-11¾	3/24
6		Lindsey PARKER	#2	Harding		3.35m	10-11¾	4/27
9		Emilee BATES	#3	Southern Arkan		3.20m	10-6	4/21
10		Hailey SUTTON	#3	Southern Arkan		3.10m	10-2	4/13

Women's Long Jump

1	11	Anisha HENDERSON	#1	Oklahoma Bapti	P	6.10mA	20-¼ (1.9)	4/28
2	23	Valerie NZEAKOR	#4	Northwestern O	P	6.00mWA	19-8¼ (3.6)	4/6
3	58	Diamond BRUNN	#3	Southern Arkan		5.70m	18-8½ (1.2)	4/13
4	84	Jenna AKINS	#2	Harding		5.59m	18-4¼ (1.5)	3/24
5		Karis MARTIN	#5	Ouachita Baptis		5.46mw	17-11 (2.6)	4/14
6		Elisabeth JONES	#1	Oklahoma Bapti		5.43mWA	17-9¾ (2.2)	4/28
7		Deuna MILLER	#9	Southwestern O		5.40m	17-8¾ (0.0)	3/24
8		Issah TRAYLOR	#3	Southern Arkan		5.35m	17-6¾ (1.6)	4/13
9		Aja JOHNSON	#4	Northwestern O		5.28mWA	17-4 (2.8)	4/6
10		Lauren SHELL	#2	Harding		5.27mw	17-3½ (2.4)	3/17

Women's Triple Jump

1	14	Karyna VEHNER	#2	Harding	P	12.27m	40-3¼ (1.8)	4/15
2	27	Mariah MILLER	#2	Harding	P	12.09m	39-8 (1.3)	4/20
3	LE+0:	Issah TRAYLOR	#3	Southern Arkan		11.29m	37-½ (1.5)	4/21
4		Breyonna STEWARD	#3	Southern Arkan		11.26mw	36-11½ (2)	4/6
4		Anisha HENDERSON	#1	Oklahoma Bapti		11.26mw	36-11½ (2)	4/7
6		Diamond BRUNN	#3	Southern Arkan		11.22m	36-9¾ (0.0)	3/4
7		Jamora HORACE	#1	Oklahoma Bapti		10.84m	35-6¾ (0.0)	4/21
8		Maryam DIANKA	#4	Northwestern O		10.80m	35-5¼ (1.1)	3/23
9		Ladashery BELL	#4	Northwestern O		10.79mWA	35-4¾ (3.5)	4/6
10		Saanaa FIELDS	#3	Southern Arkan		10.76m	35-3¾ (1.7)	4/13

Women's Shot Put

1	45	Samantha WALLIS	#7	Southeastern Ol		13.36m	43-10	4/14
2	58	Irieyanna WILSON	#3	Southern Arkan		13.22m	43-4½	4/6
3	72	Kailyn THOMAS	#3	Southern Arkan		12.99m	42-7½	3/25
4	82	Flora DUPANS	#1	Oklahoma Bapti		12.92m	42-4¾	4/21
5		Marleigh WEST	#9	Southwestern O		12.24m	40-2	4/15
6		Jessica KERN	#9	Southwestern O		12.20m	40-½	4/15
7		Cooper MONN	#2	Harding		12.15m	39-10½	3/17
8		Kaylee HAUSAM	#2	Harding		12.10m	39-8½	4/6
9		Anna-Kay CLARK	#2	Harding		11.83m	38-9¾	4/6
10		Hannah APPLETON	#4	Northwestern O		11.70mA	38-4¾	4/22

Women's Discus

1	4	Jade BYRD	#1	Oklahoma Bapti	P	49.93m	163-10	4/21
2	11	Flora DUPANS	#1	Oklahoma Bapti	P	48.31mA	158-6	4/28
3	48	Kailyn THOMAS	#3	Southern Arkan		43.48m	142-8	4/13
4	71	Madison HITESHEW	#2	Harding		42.32m	138-10	4/21
5	LE+0:	Kaylee HAUSAM	#2	Harding		41.33m	135-7	4/21
6		Cooper MONN	#2	Harding		39.59m	129-11	3/17
7		Kelsey SWINDLE	#4	Northwestern O		39.19mA	128-7	4/6
8		Irieyanna WILSON	#3	Southern Arkan		38.97m	127-10	4/6
9		Hannah APPLETON	#4	Northwestern O		38.51mA	126-4	4/22
10		Marleigh WEST	#9	Southwestern O		37.78m	124-0	4/15

Women's Hammer

1	48	Kailyn THOMAS	#3	Southern Arkan		51.15m	167-10	3/25
2		Irieyanna WILSON	#3	Southern Arkan		47.40m	155-6	3/17
3		Cooper MONN	#2	Harding		44.55m	146-2	4/6
4		Caitlin MANNON	#1	Oklahoma Bapti		44.35mA	145-6	4/28
5		Jade BYRD	#1	Oklahoma Bapti		43.89m	144-0	4/21
6		Kelsey SWINDLE	#4	Northwestern O		43.50m	142-9	4/29
7		Madison HITESHEW	#2	Harding		42.38m	139-1	3/17
8		Kaylee HAUSAM	#2	Harding		40.37m	132-6	3/17
9		Makayla PLUMMER	#3	Southern Arkan		38.61m	126-8	3/25
10		Spencer VAN DYKE	#2	Harding		37.12m	121-10	3/17

Women's Javelin

1	8	Anna-Kay CLARK	#2	Harding	P	45.90m	150-7	3/17
2	70	Meghan MCELROY	#2	Harding		38.90m	127-8	3/17
3		Cooper MONN	#2	Harding		36.54m	119-11	4/6
4		Sydney SOTO	#2	Harding		35.88m	117-9	4/6
5		Samantha WALLIS	#7	Southeastern Ol		35.49m	116-5	4/14
6		Abriel THRASH	#8	Southern Nazari		34.07m	111-10	4/21
7		Avery DEMPSEY	#4	Northwestern O		33.50m	109-11	4/29
8		Zoe WEAVER	#1	Oklahoma Bapti		33.42m	109-8	3/24
9		Lauren SHELL	#2	Harding		32.20m	105-8	3/17
10		Malori PLETCHER	#7	Southeastern Ol		32.13m	105-5	4/21

Women's Heptathlon

1	29	Lauren SHELL	#2	Harding	P	4,600		4/13
2	37	Kamdyn MOODY	#1	Oklahoma Bapti		4,322		4/14
3	41	Anaya ERVIN	#3	Southern Arkan		4,301		4/13
4	42	Abriel THRASH	#8	Southern Nazari		4,293		4/14
5	55	Zoe WEAVER	#1	Oklahoma Bapti		4,165		3/24
6	59	Elisabeth JONES	#1	Oklahoma Bapti		4,146		3/24
7		Gina WILSON	#4	Northwestern O		3,627A		4/6
8		Nizhoni THOMPSON	#2	Harding		3,471		4/13
9		Ariana MORRIS	#3	Southern Arkan		2,781		4/13
10		Kate FOSTER	#4	Northwestern O		2,545		3/30



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GLIAC

Women's 100 Meters

1	84	Makayla SUMRALL	#3	Wayne State (Mi	11.98	(0.7)	3/30
2		Kate ZANG	#1	Grand Valley Sta	12.05	(1.5)	4/21
3		Angelina DELBOSQUE	#2	Saginaw Valley ‡	12.08	(1.0)	4/12
4		Melia WILLIAMS	#1	Grand Valley Sta	12.13	(1.6)	4/13
5		Angelica FLOYD	#1	Grand Valley Sta	12.19	(1.5)	4/21
6		Julia TUURI	#5	Davenport (Mich	12.39	(1.5)	4/21
7		Timia ROBINSON	#1	Grand Valley Sta	12.43	(1.5)	4/21
8		Rachel BLASKOWSKI	#6	UW-Parkside	12.50	(1.7)	4/12
9		Victoria LENDAL	#6	UW-Parkside	12.51	(-1.7)	3/23
10		Elyse MILLER	#3	Wayne State (Mi	12.52	(1.5)	4/8

Women's 100 Meter Hurdles

1	8	Cheyenne WILLIAMSON	#2	Saginaw Valley ‡ P	13.67	(1.1)	4/13
2	25	Brooke BARKOCY	#1	Grand Valley Sta P	14.12	(1.9)	4/21
3	28	Cassie CAMPBELL	#2	Saginaw Valley ‡ P	14.13	(0.6)	4/12
4	34	Crystal WALKER	#4	Northern Michig	14.27w	(2.5)	4/8
5	55	Ellyse WOLFRATH	#4	Northern Michig	14.41	(0.7)	4/28
6		Hanna SCHROEDER	#2	Saginaw Valley ‡	14.89	(1.6)	4/12
7		Annabelle SCHAFER	#5	Davenport (Mich	14.90	(1.9)	4/21
8		Kay-Lee MCSWAIN	#3	Wayne State (Mi	14.95w	(2.5)	4/8
9		Destini DORKINS	#1	Grand Valley Sta	15.21w	(3.2)	3/17
10		Stacia RISPRESS	#5	Davenport (Mich	15.41	(0.0)	4/28

Women's 200 Meters

1	57	Cheyenne WILLIAMSON	#2	Saginaw Valley ‡ P	24.32	(0.5)	4/13
2	74	Kate ZANG	#1	Grand Valley Sta	24.49w	(3.0)	4/13
3		Angelina DELBOSQUE	#2	Saginaw Valley ‡	24.89w	(3.3)	4/13
4		Makayla SUMRALL	#3	Wayne State (Mi	24.90	(0.3)	3/30
5		Melia WILLIAMS	#1	Grand Valley Sta	24.99w	(3.2)	4/13
6		Julia TUURI	#5	Davenport (Mich	25.21	(1.8)	4/13
7		Timia ROBINSON	#1	Grand Valley Sta	25.66w	(2.5)	4/21
8		Rachel BLASKOWSKI	#6	UW-Parkside	25.75	(0.4)	3/23
9		Ashley PLUM	#7	Michigan Tech	25.78	(0.9)	4/21
10		Elyse MILLER	#3	Wayne State (Mi	25.89	(1.1)	4/8

Women's 400 Meters

1	62	Kate ZANG	#1	Grand Valley Sta	56.30		3/30
2		Avery WILSON	#3	Wayne State (Mi	57.42		3/30
3		Scout NELSON	#5	Davenport (Mich	57.95		4/21
4		Renae KUTCHA	#3	Wayne State (Mi	58.03		4/20
5		Beverly HARPER	#4	Northern Michig	58.40		4/28
6		Da'Ja JONES	#8	Purdue Northwe	59.04		4/21
7		Sonja MITROVIC	#6	UW-Parkside	59.51		4/15
8		Ciara OSTRENGA	#4	Northern Michig	59.58		4/28
9		Ashtyn GLUCK	#1	Grand Valley Sta	59.94		4/29
10		Jerralee TESTA	#8	Purdue Northwe	1:00.19		3/24

Women's 400 Meter Hurdles

1	41	Cassie CAMPBELL	#2	Saginaw Valley ‡	1:02.63		4/13
2	50	Akirah VENERABLE	#4	Northern Michig	1:02.99		4/28
3	67	Ahna LARSON	#4	Northern Michig	1:03.71		4/20
4	71	Brooke BARKOCY	#1	Grand Valley Sta	1:03.80		3/29
5	90	Makenzie WELLNER	#3	Wayne State (Mi	1:04.32		4/20
6		Jerralee TESTA	#8	Purdue Northwe	1:04.75		4/13
7		Nyah TYRON	#9	Ferris State	1:04.92		4/21
8		Grace MILDICE	#6	UW-Parkside	1:05.43		4/15
9		Makayla FUERST	#2	Saginaw Valley ‡	1:05.93		3/31
10		Sydney ROMPS	#4	Northern Michig	1:06.89		4/20

Women's 800 Meters

1	4	Taryn CHAPKO	#1	Grand Valley Sta P	2:07.64		4/13
2	26	Jesse JACOBUSSE	#7	Michigan Tech	2:10.39		4/21
3	37	Katja BAUERLE	#6	UW-Parkside	2:11.20		4/13
4	41	Klaudia O'MALLEY	#1	Grand Valley Sta P	2:11.49		3/23
5	43	Maria MITCHELL	#1	Grand Valley Sta P	2:11.76		3/23
6	46	Lauren BUCKNER	#2	Saginaw Valley ‡ P	2:11.87		4/8
7	57	Erin DORN	#5	Davenport (Mich	2:12.90		4/13
8	86	Emily GORDON	#3	Wayne State (Mi	2:14.20		3/30
9	88	Sydney NESBITT	#1	Grand Valley Sta	2:14.33		3/23
9	88	Karissa PICARD	#2	Saginaw Valley ‡	2:14.33		4/13

Women's 1500 Meters

1	3	Klaudia O'MALLEY	#1	Grand Valley Sta P	4:19.43		3/23
2	6	Taryn CHAPKO	#1	Grand Valley Sta P	4:21.82		4/13
3	8	Lauren BUCKNER	#2	Saginaw Valley ‡ P	4:23.54		4/29
4	18	Katja BAUERLE	#6	UW-Parkside	4:25.36		4/26
5	20	Kayce RYPMA	#1	Grand Valley Sta P	4:26.12		4/13
6	26	Lauren KILEY	#1	Grand Valley Sta P	4:27.27		4/29
7	35	Maria MITCHELL	#1	Grand Valley Sta P	4:28.62		4/13
8	49	Alexa KEISER	#2	Saginaw Valley ‡ P	4:31.31		4/13
9	91	Madi SZYMANSKI	#4	Northern Michig	4:37.10		4/20
10	93	Gianna HOVING	#4	Northern Michig	4:37.42		4/20

Women's Steeplechase

1	3	Natalie GRABER	#1	Grand Valley Sta P	10:13.41		4/29
2	9	Kayce RYPMA	#1	Grand Valley Sta P	10:23.95		4/13
3	14	Maria MITCHELL	#1	Grand Valley Sta P	10:31.68		4/13
4	19	Alexa KEISER	#2	Saginaw Valley ‡ P	10:37.87		4/29
5	23	Ella BARYO	#5	Davenport (Mich P	10:49.95		4/21
6	24	Jordyn HOPGOOD	#1	Grand Valley Sta P	10:51.04		4/21
7	26	Landyn HOWELL	#1	Grand Valley Sta P	10:53.57		4/29
8	32	Thailyia CHRISTENSEN	#3	Wayne State (Mi	11:02.81		4/14
9	34	Whitney FARRELL	#9	Ferris State	11:02.94		4/29
10	46	Ella RONDEAU	#6	UW-Parkside	11:13.15		4/13



Conference TFRI Event Summary

as of 5/1/2023 7:27:57 AM

GLIAC

Women's 5000 Meters

1	3	Klaudia O'MALLEY	#1	Grand Valley Sta P	16:07.63	4/13
2	5	Natalie GRABER	#1	Grand Valley Sta P	16:08.27	4/13
3	9	Lauren KILEY	#1	Grand Valley Sta P	16:17.29	4/13
4	15	Kayce RYPMA	#1	Grand Valley Sta P	16:27.35	4/29
5	41	Sarah MAY	#1	Grand Valley Sta P	16:56.83	4/29
6	59	Grace PAGONE	#1	Grand Valley Sta	17:09.88	3/23
7		Madison EBRIGHT	#1	Grand Valley Sta	17:30.20	3/23
8		Charlene YAREMA	#3	Wayne State (Mi	17:31.14	4/14
9		Emma EVERHART-DECKARD	#1	Grand Valley Sta	17:33.09	3/23
10		Reagan JUSTICE	#3	Wayne State (Mi	17:34.49	3/23

Women's 10,000 Meters

1	22	Grace PAGONE	#1	Grand Valley Sta P	35:13.21	4/13
2	29	Madison EBRIGHT	#1	Grand Valley Sta P	35:25.68	4/13
3	35	Emma EVERHART-DECKARD	#1	Grand Valley Sta P	35:44.77	4/13
4	44	Michelle BOLLINI	#7	Michigan Tech P	36:07.85	4/21
5	54	Reagan JUSTICE	#3	Wayne State (Mi P	36:25.36	4/14
6	57	Lynsey AMTHOR	#2	Saginaw Valley S	36:34.25	4/13
7	77	Hannah LOUGHLIN	#7	Michigan Tech	37:17.94	4/21
8		Skylar GRUBB	#4	Northern Michig	38:14.87	4/14
9		Christina SHAGINAW	#8	Purdue Northwe	38:38.89	3/31
10		Meghan LANGWORTHY	#4	Northern Michig	39:23.84	4/14

Women's 4x100 Relay

1	22	Autumn MORRIS, Angelina DELBOSQUE, Cassie CAMPBELL, Cheyenne WILLIAMSON	#2	Saginaw Valley S P	46.42	4/28
2	29	Angelica FLOYD, Melia WILLIAMS, Timia ROBINSON, Kate ZANG	#1	Grand Valley Sta P	46.71	4/13
3	50	Elyse MILLER, Makayla SUMRALL, Avery WILSON, Mikaela OWEN	#3	Wayne State (Mi	47.28	4/28
4	81	Ellyse WOLFRATH, Akirah VENERABLE, Jahtivya WILLIAMS, Crystal WALKER	#4	Northern Michig	48.02	4/20
5		Julia TUURI, Leialani AKALAONU, Shantynae ATWATER, Mya STACZEK	#5	Davenport (Mict	48.84	4/13
6		Arianah CARROLL, Emily ELFORD, Victoria LENDAL, Rachel BLASKOWSKI	#6	UW-Parkside	49.75	4/22
7		Lindsey TONELLO, Breanyl BAKER, Sofia SALAZAR, Jayda WILLIAMS	#10	Lake Superior St	50.39	3/31



Conference TFRI Event Summary

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GLIAC

Women's 4x400 Relay

1	21	Elyse MILLER, Renae KUTCHA, Avery WILSON, Makenzie WELLNER	#3	Wayne State (Mi P	3:48.25	3/30
2	41	Kelsey LANDRA, Cassie CAMPBELL, Makayla FUERST, Cheyenne WILLIAMSON	#2	Saginaw Valley †	3:51.01	4/28
3	67	Kate ZANG, Brooke BARKOCY, Ashtyn GLUCK, Melia WILLIAMS	#1	Grand Valley Sta	3:56.05	3/29
4	LE+0	Sydney ROMPS, Ahna LARSON, Beverly HARPER, Ciara OSTRENGA	#4	Northern Michig	4:02.69	4/20
5		Scout NELSON, Erin DORN, Shantynae ATWATER, Aislyn SHANNON	#5	Davenport (Mich	4:05.53	4/13
6		Nyah TYRON, Makayla ROBERTS, Daisy ENGLUND, Danae FELDPAAUSCH	#9	Ferris State	4:08.86	4/21
7		Jerralee TESTA, Da'Ja JONES, Morgan BARTLETT, Alaina SCHULTZE	#8	Purdue Northwe	4:09.21	3/24
8		Sonja MITROVIC, Grace MILDICE, Katja BAUERLE, Savannah WITTIG	#6	UW-Parkside	4:10.14	4/22
9		Jayda WILLIAMS, Sofia SALAZAR, Sydney KAPUSHINSKI, Kara MOSHER	#10	Lake Superior St	4:34.14	4/14

Women's High Jump

1	50	Cheyenne WILLIAMSON	#2	Saginaw Valley †	1.64m	5-4½	4/13
1	50	Jenna DOYLE	#1	Grand Valley Sta	1.64m	5-4½	4/29
3	83	Jamie HENDRICKSON	#7	Michigan Tech	1.60m	5-3	4/1
3	83	Jacqueline SMITH	#4	Northern Michig	1.60m	5-3	4/20
3	83	Lindsey STRUTZ	#1	Grand Valley Sta	1.60m	5-3	3/17
6		Mikayla WILLIAMS	#3	Wayne State (Mi	1.59m	5-2½	4/28
6		Claudia WILKINSON	#9	Ferris State	1.59m	5-2½	4/28
8		Alessia OLHAVA	#1	Grand Valley Sta	1.57m	5-1¾	4/21
9		De'Yana FRANCO-DAYE	#8	Purdue Northwe	1.55m	5-1	4/13
9		Sydney CANGILLA	#1	Grand Valley Sta	1.55m	5-1	4/8

Women's Pole Vault

1	12	Kassidie STIMMEL	#1	Grand Valley Sta P	4.00m	13-1½	3/17
2	29	Sidney HEUGEL	#5	Davenport (Mich P	3.80m	12-5½	3/31
3	33	Taylor DEHOMMEL	#1	Grand Valley Sta P	3.77m	12-4½	3/31
4	47	Miranda FIRARI	#1	Grand Valley Sta	3.66m	12-0	4/29
5	51	Kaylee KOCH	#1	Grand Valley Sta	3.65m	11-11¾	3/17
6	60	Anna SCHUELLER	#7	Michigan Tech	3.60m	11-9¾	4/1
6	60	Ellie ZIMMERMANN	#7	Michigan Tech	3.60m	11-9¾	4/1
6	60	Leah ROOT	#4	Northern Michig	3.60m	11-9¾	4/20
9	81	Karlee NORTH	#1	Grand Valley Sta	3.50m	11-5¾	3/24
10		Rebecca LANE	#4	Northern Michig	3.35m	10-11¾	4/8
10		Rileigh LACY	#1	Grand Valley Sta	3.35m	10-11¾	3/24
10		Kelsey LOVERCHECK	#7	Michigan Tech	3.35m	10-11¾	4/8

Women's Long Jump

1	17	Cheyenne WILLIAMSON	#2	Saginaw Valley † P	6.07m	19-11 (0.0)	4/13
2	35	Crystal WALKER	#4	Northern Michig P	5.85m	19-2½ (1.4	4/15
3	42	Rachel BLASKOWSKI	#6	UW-Parkside	5.80mw	19-½ (3.5)	4/26
4		Mckenna ARMSTRONG	#6	UW-Parkside	5.50m	18-½ (0.0)	4/15
5		Mikayla WILLIAMS	#3	Wayne State (Mi	5.49m	18-¼ (0.9)	4/28
6		Kiara SPATES	#8	Purdue Northwe	5.43m	17-9¾ (1.0	4/14
7		Akirah VENERABLE	#4	Northern Michig	5.41m	17-9 (-0.7)	4/14
7		Mackenzie BRIGHAM	#5	Davenport (Mich	5.41m	17-9 (0.5)	4/28
9		Victoria LENDAL	#6	UW-Parkside	5.40m	17-8¾ (0.8	4/12
10		Annabelle SCHAFER	#5	Davenport (Mich	5.29m	17-4¼ (0.8	4/13

Women's Triple Jump

1	38	Mikayla WILLIAMS	#3	Wayne State (Mi	11.92m	39-1¼ (1.2	4/20
2		Kiara SPATES	#8	Purdue Northwe	11.09m	36-4¾ (1.0	4/13
3		Autumn MORRIS	#2	Saginaw Valley †	11.03m	36-2¼ (0.0	3/24
4		Victoria LENDAL	#6	UW-Parkside	11.02m	36-2 (1.0)	3/23
4		Mackenzie BRIGHAM	#5	Davenport (Mich	11.02m	36-2 (-0.2)	4/21
6		Mckenna ARMSTRONG	#6	UW-Parkside	10.84m	35-6¾ (1.4	3/31
7		Leah ROOT	#4	Northern Michig	10.74m	35-3 (-0.6)	4/15
8		Morgan WITZGALL	#3	Wayne State (Mi	10.48m	34-4¾ (0.0	4/8
9		Reilly LOVERCHECK	#7	Michigan Tech	10.41m	34-2 (-0.4)	4/1
10		De'Yana FRANCO-DAYE	#8	Purdue Northwe	10.23m	33-6¾ (1.7	4/13

Women's Shot Put

1	2	Emma RICHARDS	#1	Grand Valley Sta P	15.67m	51-5	4/21
2	20	Erika BEISTLE	#1	Grand Valley Sta P	14.34m	47-¾	4/14
3	26	Margaret STEVENSON	#1	Grand Valley Sta P	14.11m	46-3½	4/29
4	52	Izabella TAYLOR	#3	Wayne State (Mi	13.28m	43-7	4/28
5	54	MacKenzie RAMEY	#2	Saginaw Valley †	13.25m	43-5¾	4/28
6	97	Alaina OMONODE	#1	Grand Valley Sta	12.68m	41-7¼	4/13
7		Lisa WANGLER	#5	Davenport (Mich	12.46m	40-10½	4/8
8		Katherine JARVIS	#7	Michigan Tech	12.45m	40-10¼	4/8
9		Reette THORNS	#1	Grand Valley Sta	12.39m	40-7¾	4/13
10		Brianna COPLEY	#9	Ferris State	12.06m	39-6¾	4/14



Conference TFRI Event Summary

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GLIAC

Women's Discus

1	1	Erika BEISTLE	#1	Grand Valley Sta P	52.53m	172-4	4/14
2	2	Emma RICHARDS	#1	Grand Valley Sta P	51.74m	169-9	4/14
3	3	Margaret STEVENSON	#1	Grand Valley Sta P	50.48m	165-8	4/13
4	8	Kelsi HULIT	#1	Grand Valley Sta P	48.89m	160-5	4/29
5	54	Brianna COPLEY	#9	Ferris State	43.00m	141-1	4/21
6		Emma STEPHAYN	#9	Ferris State	39.40m	129-3	4/28
7		Michelle BARNVOS	#6	UW-Parkside	39.19m	128-7	4/28
8		Allison RYDER	#5	Davenport (Mich	38.97m	127-10	4/8
9		Kaitlyn PICKERING	#8	Purdue Northwe	38.48m	126-3	4/13
10		MacKenzie RAMEY	#2	Saginaw Valley S	38.06m	124-11	4/8

Women's Hammer

1	1	Judith ESSEMAH	#1	Grand Valley Sta P	63.57m	208-7	3/30
2	19	Shelby ULVEN	#1	Grand Valley Sta P	54.65m	179-4	4/21
3	27	Alaina OMONODE	#1	Grand Valley Sta P	53.30m	174-11	4/13
4	56	Lisa WANGLER	#5	Davenport (Mich	50.48m	165-8	4/28
5	82	MacKenzie RAMEY	#2	Saginaw Valley S	48.68m	159-9	4/12
6	97	Kaleigh FLOWERS	#3	Wayne State (Mi	47.76m	156-9	3/25
7		Emma STEPHAYN	#9	Ferris State	47.08m	154-6	4/28
8		MaKayla RAWLS	#3	Wayne State (Mi	46.81m	153-7	4/8
9		Izabella TAYLOR	#3	Wayne State (Mi	45.52m	149-4	4/20
10		Teanna MCCUAIG	#3	Wayne State (Mi	43.91m	144-1	4/20

Women's Javelin

1	7	Jenna FLEMING	#10	Lake Superior St P	45.95m	150-9	4/14
2	1E+0	Lindsey STRUTZ	#1	Grand Valley Sta	36.87m	121-0	4/21
3		Annabelle SCHAFER	#5	Davenport (Mich	35.57m	116-9	4/13
4		Teiolla HARVEY	#4	Northern Michig	34.63m	113-8	4/8
5		Izabella TAYLOR	#3	Wayne State (Mi	32.75m	107-6	4/20
6		Teanna MCCUAIG	#3	Wayne State (Mi	31.65m	103-10	4/8
7		Cheyenne WILLIAMSON	#2	Saginaw Valley S	30.62m	100-6	4/13
8		Mckenna ARMSTRONG	#6	UW-Parkside	30.61m	100-5	4/22
9		Isabel DZIADZIO	#9	Ferris State	28.31m	92-10¾	3/31
10		De'Yana FRANCO-DAYE	#8	Purdue Northwe	27.12m	88-11¾	4/14

Women's Heptathlon

1	3	Cheyenne WILLIAMSON	#2	Saginaw Valley S P	5,595		4/13
2	62	Kelsey LANDRA	#2	Saginaw Valley S	4,099		4/13
3		Annabelle SCHAFER	#5	Davenport (Mich	3,650		4/13



Conference TFRI Event Summary

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GLVC

Women's 100 Meters

1	30	Khristel MARTINDALE	#1	Lewis	P	11.68	(1.3)	4/13
2	45	Rose OGBULI	#1	Lewis	P	11.82	(0.9)	4/12
3		Sarai BROWN	#3	Maryville (Mo.)		12.18w	(3.7)	3/31
3		Hallie MONTGOMERY	#2	Indianapolis		12.18	(1.9)	4/20
5		Lorena ALANSO	#3	Maryville (Mo.)		12.21w	(2.5)	4/14
6		Faith WYMAN	#1	Lewis		12.25	(0.9)	4/7
7		Margaux SHELTON	#7	Drury		12.32	(1.2)	4/8
8		Denise HERNANDEZ	#1	Lewis		12.34	(1.7)	4/12
9		Alexandra MARTINEZ	#1	Lewis		12.45	(1.7)	4/12
9		Joanna FIELDS	#2	Indianapolis		12.45w	(2.5)	4/20

Women's 100 Meter Hurdles

1	23	Ailliyah REESE	#2	Indianapolis	P	14.10w	(2.1)	4/29
2	81	Bria ARMSTRONG	#7	Drury		14.67w	(2.5)	3/31
3	97	Lindsey WORMUTH	#2	Indianapolis		14.77w	(2.1)	4/29
4		Maya WRIGHT	#6	Missouri S&T		15.28	(-0.2)	4/22
5		Caroline MAYES	#8	William Jewell		15.30	(-0.1)	4/20
6		Christian HAGGARD	#11	Quincy (Ill.)		15.36	(0.8)	4/15
7		Paige BRADLEY	#5	Southwest Bapt		15.90	(-0.2)	4/22
8		Emma NEARGARDNER	#2	Indianapolis		15.97w	(2.1)	4/20
9		Lily SIMMONS	#5	Southwest Bapt		16.04	(0.6)	3/31
10		Aliza VAN DEN ELZEN	#1	Lewis		16.12	(1.6)	4/12

Women's 200 Meters

1	32	Khristel MARTINDALE	#1	Lewis	P	24.05	(1.5)	4/13
2	51	Rose OGBULI	#1	Lewis	P	24.28w	(3.3)	4/13
3		Hallie MONTGOMERY	#2	Indianapolis		25.05w	(2.2)	4/14
3		Faith WYMAN	#1	Lewis		25.05	(1.6)	4/13
5		Sarai BROWN	#3	Maryville (Mo.)		25.28w	(3.2)	3/31
6		Kyla CHALMERS	#1	Lewis		25.40	(2.0)	4/13
7		Lorena ALANSO	#3	Maryville (Mo.)		25.66	(1.6)	4/14
8		Alexandra MARTINEZ	#1	Lewis		25.82	(1.6)	4/13
9		Jacy RULE	#7	Drury		26.13	(0.0)	4/8
10		Reagan THOMURE	#5	Southwest Bapt		26.21	(1.6)	4/14

Women's 400 Meters

1		Sophie OXANDALE	#4	Truman		57.47		4/14
2		Kyla CHALMERS	#1	Lewis		57.98		4/13
3		Emily SONDERMAN	#2	Indianapolis		58.59		4/20
4		Madison HICKS	#5	Southwest Bapt		58.64		4/8
5		Lorena ALANSO	#3	Maryville (Mo.)		59.59		3/24
6		Faith WYMAN	#1	Lewis		59.68		3/24
7		Alayna PIPKIN	#4	Truman		59.70		4/14
8		Raina BAKER	#4	Truman		59.76		4/14
9		Reagan THOMURE	#5	Southwest Bapt		59.78		4/8
10		Jacy RULE	#7	Drury		59.87		3/24

Women's 400 Meter Hurdles

1	81	Ellie LENGERICH	#2	Indianapolis		1:04.12		4/20
2		Carly THACKER	#8	William Jewell		1:05.94		4/20
3		Kirsten POOLE	#4	Truman		1:06.09		4/27
4		Cloey SIMON	#2	Indianapolis		1:07.09		4/7
5		Maya WRIGHT	#6	Missouri S&T		1:08.12		4/7
6		Olivia BRIMMAGE	#2	Indianapolis		1:08.64		4/14
7		Taya ALLEN	#3	Maryville (Mo.)		1:10.70		4/22
8		Abby DREYER	#3	Maryville (Mo.)		1:11.04		4/7
9		Audrey GILMORE	#4	Truman		1:12.53		4/27
10		Azia DOUGLAS	#10	McKendree		1:13.32		4/7

Women's 800 Meters

1	35	Sophie OXANDALE	#4	Truman	P	2:11.07		4/26
2	50	Lainy WILLIAMS	#5	Southwest Bapt	P	2:12.10		4/13
3	62	Alexis BARBER	#5	Southwest Bapt		2:13.09		4/13
4		Lexy HENRIKSON	#4	Truman		2:17.15		4/13
5		Emily SONDERMAN	#2	Indianapolis		2:17.58		4/14
6		Addie MATHIS	#4	Truman		2:18.40		4/13
7		Brocklyn BARBER	#5	Southwest Bapt		2:19.38		4/14
8		Alayna PIPKIN	#4	Truman		2:21.07		3/31
9		Breanna CHANDLER	#9	Illinois-Springfie		2:21.36		4/29
10		Lydia LEHMBECK	#4	Truman		2:21.61		4/27

Women's 1500 Meters

1	45	Alexis BARBER	#5	Southwest Bapt	P	4:30.51		4/20
2	71	Rachael MORRISON	#1	Lewis		4:34.54		4/27
3	77	Anna KOZAK	#1	Lewis		4:35.19		4/13
4	88	Lexy HENRIKSON	#4	Truman		4:36.68		4/13
5	1E+01	Lainy WILLIAMS	#5	Southwest Bapt		4:38.03		3/31
6		Addie MATHIS	#4	Truman		4:39.63		4/13
7		Sydney WOLF	#1	Lewis		4:43.44		4/13
8		Luz OLIVERA	#7	Drury		4:44.54		3/24
9		Emma PUETZ	#6	Missouri S&T		4:45.54		4/22
10		Kate GUDERJAN	#1	Lewis		4:48.02		4/7

Women's Steeplechase

1	81	Melissa SPENCER	#2	Indianapolis		11:34.28		4/20
2	89	Grace GIESLER	#6	Missouri S&T		11:35.82		4/14
3		Sydney WOLF	#1	Lewis		11:43.54		4/27
4		Jade MILLER	#1	Lewis		11:44.71		4/27
5		Taylor RENKES	#1	Lewis		11:46.03		4/27
6		Hannah WELLS	#2	Indianapolis		11:52.25		4/20
7		Carly SHIPMAN	#1	Lewis		11:57.65		4/27
8		Kate YATES	#4	Truman		12:06.00		4/27
9		Kati SCHOENEBERG	#4	Truman		12:18.73		3/31
10		Ellie KITCHIN	#5	Southwest Bapt		12:26.82		4/8



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GLVC

Women's 5000 Meters

1	34	Rachael MORRISON	#1 Lewis	P	16:53.14	4/1
2	37	Hannah SMRCKA	#1 Lewis	P	16:56.20	4/1
3	39	Luz OLIVERA	#7 Drury	P	16:56.39	4/1
4		Caroline PACER	#1 Lewis		17:30.97	4/1
5		Zoe VAN DIJK	#7 Drury		17:31.06	4/7
6		Kate GUDERJAN	#1 Lewis		17:34.09	4/27
7		Anna KOZAK	#1 Lewis		17:40.25	4/13
8		Abbey KOZAK	#1 Lewis		17:45.04	3/31
9		Emma PUETZ	#6 Missouri S&T		17:46.41	4/13
10		Brianna LAWSON	#2 Indianapolis		17:46.48	4/20

Women's 10,000 Meters

1	19	Hannah SMRCKA	#1 Lewis	P	35:06.58	4/13
2	38	Caroline PACER	#1 Lewis	P	35:58.00	4/13
3		Chloe WANNAMAKER	#1 Lewis		37:53.18	4/7
4		Mariah DAVIS	#2 Indianapolis		38:32.51	4/7
5		Jade ANDERSON	#9 Illinois-Springfie		38:50.88	4/7
6		Maddie MILLER	#9 Illinois-Springfie		39:21.48	4/14
7		Emma LEAHY	#9 Illinois-Springfie		40:08.28	4/7
8		Sophia WILKS	#1 Lewis		40:22.80	4/7
9		Gabrielle HARRELL	#2 Indianapolis		41:08.63	4/7
10		Aubrie CALDWELL	#6 Missouri S&T		41:20.70	3/31

Women's 4x100 Relay

1	18	Khristel MARTINDALE, Rose OGBULI, Faith WYMAN, Alexandra MARTINEZ	#1 Lewis	P	46.06	4/13
2	60	Joanna FIELDS, Hallie MONTGOMERY, Olivia BRIMMAGE, Ailliyah REESE	#2 Indianapolis		47.53	4/29
3	80	Bria ARMSTRONG, Jaedyn LOWE, Jacy RULE, Margaux SHELTON	#7 Drury		48.01	4/8
4		Emma SHIRLEY, Chloe DAVIS, Darrionna GRIFFIN, Sarai BROWN	#3 Maryville (Mo.)		48.85	3/24
5		Cecelia ROGERS, Caroline MAYES, Svea PIERSON, Carly THACKER	#8 William Jewell		50.37	4/7
6		Kendall DASCHER, Addison WALKER, Cassidy BOORD, Alexandra KLIETHERMES	#4 Truman		51.80	3/31
7		Rachel STARESINIC, Tori KING, Azia DOUGLAS, Reagan LUCAS	#10 McKendree		53.07	4/29

Women's 4x400 Relay

1	66	Madison HICKS, Alexis BARBER, Lainy WILLIAMS, Reagan THOMURE	#5 Southwest Bapt		3:55.98	4/8
2	73	Sophie OXANDALE, Raina BAKER, Kendall DASCHER, Alayna PIPKIN	#4 Truman		3:57.46	4/26
3		Ellie LINGERICH, Emily SONDERMAN, Trinity GLEITZ, Kaylin CASNER	#2 Indianapolis		4:05.48	4/20
4		Lorena ALONSO, Makaila WILLIAMS, Sarai BROWN, Abby DREYER	#3 Maryville (Mo.)		4:07.21	4/14
5		Carly THACKER, Cecelia ROGERS, Brooke WARE, Svea PIERSON	#8 William Jewell		4:13.94	4/20
6		Tori KING, Sophia PASCHAL, Azia DOUGLAS, Reagan LUCAS	#10 McKendree		4:23.47	4/7
7		Clare HOLMES, Victoria REGITZ, Aubrie CALDWELL, Grace GIESLER	#6 Missouri S&T		4:30.63	3/24

Women's High Jump

1	23	Ellie LINGERICH	#2 Indianapolis		1.67m	5-5¾	4/14
2	36	Olivia HENKEL	#6 Missouri S&T		1.65m	5-5	4/22
2	36	Nadia ROBERTS	#1 Lewis		1.65m	5-5	3/24
4	59	Lily SIMMONS	#5 Southwest Bapt		1.63m	5-4¼	3/24
5	83	Kendal FRANKLIN	#8 William Jewell		1.60m	5-3	3/31
5	83	Annmarie TYSON	#6 Missouri S&T		1.60m	5-3	4/22
5	83	Margaux SHELTON	#7 Drury		1.60m	5-3	3/31
8		Grace GRAHAM	#3 Maryville (Mo.)		1.58m	5-2¼	4/7
9		Aziah HUBBARD	#3 Maryville (Mo.)		1.52m	4-11¾	3/24
9		Paige BRADLEY	#5 Southwest Bapt		1.52m	4-11¾	3/24
9		Morgan AHLE	#3 Maryville (Mo.)		1.52m	4-11¾	3/24

Women's Pole Vault

1	12	Brittney CLARK	#2 Indianapolis	P	4.00m	13-1½	4/14
1	12	Sabrina ROBISON	#2 Indianapolis	P	4.00m	13-1½	4/7
3	51	Brynlee KEERAN	#1 Lewis		3.65m	11-11¾	3/31
4	59	Mackenzie VANBIBBER	#2 Indianapolis		3.61m	11-10	4/29
5		Elizabeth ROTHWEILER	#6 Missouri S&T		3.25m	10-8	3/31
6		Ellie SCHILLING	#3 Maryville (Mo.)		2.95m	9-8	4/22
7		Katelyn GALL	#1 Lewis		2.90m	9-6¼	4/7
8		Sydney GRATZ	#6 Missouri S&T		2.52m	8-3¼	4/7
9		Cassie CULLINANE	#3 Maryville (Mo.)		2.45m	8-½	4/22



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GLVC

Women's Long Jump

1	15	Denise HERNANDEZ	#1	Lewis	P	6.08m	19-11½ (0.3)	3/24
2	39	Jaden CHRISTIAN	#1	Lewis		5.81m	19-¾ (0.5)	3/24
3	67	Jena MARTIN	#1	Lewis		5.65m	18-6½ (0.0)	4/12
4	82	Alecea CARDILLO	#1	Lewis		5.60m	18-4½ (1.8)	3/31
5		Joanna FIELDS	#2	Indianapolis		5.48m	17-11¾ (1.4)	4/7
6		Ellie LINGERICH	#2	Indianapolis		5.45mw	17-10¾ (2.3)	3/30
7		Lily SIMMONS	#5	Southwest Bapt		5.31m	17-5¼ (1.2)	3/31
8		Rebekah MAPPE	#2	Indianapolis		5.23mw	17-2 (2.9)	3/30
9		Makaila WILLIAMS	#3	Maryville (Mo.)		5.14m	16-10½ (1.3)	3/24
10		Tori HAGG	#1	Lewis		5.13m	16-10 (1.1)	3/24

Women's Triple Jump

1	16	Jaden CHRISTIAN	#1	Lewis	P	12.24m	40-2 (1.8)	3/31
2	23	Alecea CARDILLO	#1	Lewis	P	12.15m	39-10½ (0.3)	3/31
3	47	Bria ARMSTRONG	#7	Drury		11.79m	38-8½ (0.0)	3/24
4	73	Tori HAGG	#1	Lewis		11.55m	37-10¾ (0.3)	3/31
5		Jena MARTIN	#1	Lewis		11.23m	36-10¼ (1.3)	3/24
6		Addison WALKER	#4	Truman		10.45m	34-3½ (1.9)	4/7
7		Milhan DUKES	#3	Maryville (Mo.)		10.27m	33-8½ (0.9)	4/22
8		MacKenzie BROWN	#3	Maryville (Mo.)		9.97mw	32-8½ (2.6)	4/14

Women's Shot Put

1	11	Cydney BANKS	#8	William Jewell	P	14.66m	48-1¼	4/13
2	29	Ellie WELTHA	#4	Truman	P	13.97m	45-10	4/7
3	59	Nia LYLES	#3	Maryville (Mo.)		13.21m	43-4¼	4/22
4	71	Zoe PENTECOST	#2	Indianapolis		13.02m	42-8¾	3/30
5	94	Emily BONSER	#2	Indianapolis		12.70m	41-8	4/28
6	100	Julia HAHN	#3	Maryville (Mo.)		12.63m	41-5¼	4/22
7		Faith HENSEL	#2	Indianapolis		12.53m	41-1½	4/14
8		Bobbie POLLARD	#8	William Jewell		12.32m	40-5	4/13
9		Sydney STEPHENS	#6	Missouri S&T		12.15m	39-10½	3/24
10		Shayla STEWART	#8	William Jewell		11.91m	39-1	4/13

Women's Discus

1	20	Zoe PENTECOST	#2	Indianapolis	P	46.32m	152-0	4/20
2	32	Emily BONSER	#2	Indianapolis		44.79m	147-0	4/28
3	37	Jessica RHOADS	#6	Missouri S&T		44.36m	145-7	4/14
4	38	Raquel VALDEZ	#5	Southwest Bapt		44.26m	145-3	4/14
5	41	Ellie WELTHA	#4	Truman		43.88m	144-0	3/24
6	46	Shayla STEWART	#8	William Jewell		43.57m	143-0	4/20
7	80	Cydney BANKS	#8	William Jewell		41.93m	137-7	4/20
8		Aubrey BRINKMAN	#1	Lewis		39.97m	131-2	3/24
9		Faith HENSEL	#2	Indianapolis		39.88m	130-10	4/28
10		Sydney STEPHENS	#6	Missouri S&T		39.70m	130-3	3/24

Women's Hammer

1	9	Zoe PENTECOST	#2	Indianapolis	P	57.92m	190-1	4/20
2	54	Cydney BANKS	#8	William Jewell		50.70m	166-4	3/31
3	57	Emily BONSER	#2	Indianapolis		50.39m	165-4	4/28
4		Raquel VALDEZ	#5	Southwest Bapt		44.43m	145-9	3/24
5		MaKenna MASCHINO	#2	Indianapolis		44.24m	145-2	4/20
6		Sydney STEPHENS	#6	Missouri S&T		44.17m	144-11	4/22
7		Bobbie POLLARD	#8	William Jewell		44.04m	144-6	4/20
8		Claire TABBIT	#2	Indianapolis		43.26m	141-11	4/20
9		Jada ALFARO	#8	William Jewell		43.08m	141-4	4/13
10		Skylar SHEPHERD	#5	Southwest Bapt		41.40m	135-10	3/31

Women's Javelin

1	24	Aliza VAN DEN ELZEN	#1	Lewis	P	43.06m	141-3	4/26
2	41	Quinn ALBERTSON	#4	Truman		40.75m	133-9	4/14
3	53	Tayte KOZLOWSKI	#7	Drury		40.20m	131-11	3/17
4	57	Natalie TELEP	#4	Truman		39.92m	131-0	4/26
5	61	Jaylynn MARTIN	#4	Truman		39.78m	130-6	4/26
6	72	Halstyn LAWRENCE	#7	Drury		38.87m	127-7	4/8
7	79	Jozlyn GARCIA	#1	Lewis		38.38m	125-11	3/31
8	87	Emma FRISBEE	#8	William Jewell		37.99m	124-8	3/23
9	91	Jolie MCCLELLAN	#7	Drury		37.60m	123-5	3/17
10	96	Sabrina LANE	#7	Drury		37.38m	122-8	4/8

Women's Heptathlon

1	69	Lily SIMMONS	#5	Southwest Bapt	4,049	3/24
2		Taya ALLEN	#3	Maryville (Mo.)	3,328	3/24



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Women's 100 Meters

1	11	Kya EPPS	#6 Walsh	P	11.51w	(4.0)	3/31
2	40	Rajiah ANDREWS	#3 Tiffin	P	11.80	(1.1)	3/23
3	52	Jordan TAYLOR	#1 Findlay	P	11.84	(-0.1)	4/14
4	67	Alena WILLIAMS	#4 Ashland		11.92w	(3.6)	3/24
5	84	Kiersten FRANKLIN	#5 Cedarville		11.98	(-0.1)	4/14
6	96	Brooke ARMBRUST	#12 Ohio Dominican		12.01	(1.2)	4/27
7		Morgan DENNIS	#4 Ashland		12.12	(1.9)	3/24
8		Nicole FISHPAW	#1 Findlay		12.18	(0.2)	4/14
9		Shura ERMAKOV	#2 Hillsdale		12.20	(1.7)	4/21
10		Alexandra BRIZZI	#5 Cedarville		12.26	(-0.1)	4/14
10		Nora HAGAN	#5 Cedarville		12.26	(0.0)	4/1

Women's 100 Meter Hurdles

1	14	Rajiah ANDREWS	#3 Tiffin	P	13.82	(-0.7)	4/14
2	35	Amirah STRAUTHER	#3 Tiffin		14.29	(0.3)	4/14
3	75	Kylie RAY	#1 Findlay		14.64	(0.5)	4/15
4	92	Louisa KLASERNER	#2 Hillsdale		14.74	(1.9)	4/21
5		Britain MUSICK	#5 Cedarville		14.97	(1.9)	3/25
5		Shura ERMAKOV	#2 Hillsdale		14.97	(-0.7)	4/14
7		Kenedi HAYDEN	#1 Findlay		15.21	(-1.7)	4/27
8		Samantha HOELSCHER	#3 Tiffin		15.39	(-0.2)	4/14
9		Jordan HAMPTON	#4 Ashland		15.53w	(4.0)	3/24
9		Emily CURTICE	#3 Tiffin		15.53	(0.0)	4/21

Women's 200 Meters

1	12	Kya EPPS	#6 Walsh	P	23.72w	(2.7)	3/31
2	37	Jordan TAYLOR	#1 Findlay	P	24.09w	(2.4)	4/28
3	43	Rajiah ANDREWS	#3 Tiffin	P	24.17	(-0.1)	4/15
4	53	Shura ERMAKOV	#2 Hillsdale	P	24.29w	(2.5)	4/21
5		Alena WILLIAMS	#4 Ashland		24.81w	(2.2)	3/24
6		Morgan DENNIS	#4 Ashland		24.86w	(2.4)	4/28
7		Brooke ARMBRUST	#12 Ohio Dominican		24.88	(1.4)	4/27
7		Nicole FISHPAW	#1 Findlay		24.88	(-0.1)	4/15
9		Mia GARDNER	#4 Ashland		24.96w	(2.4)	4/28
10		Medgine WOJTON	#4 Ashland		24.98	(-0.1)	4/15

Women's 400 Meters

1	20	Alaysia BROOKS	#7 Ursuline	P	54.85		4/22
2	37	Cheyenne DAVIS	#4 Ashland	P	55.66		4/7
3	74	Mia GARDNER	#4 Ashland		56.50		4/14
4	78	Dakota STAMM	#2 Hillsdale		56.69		3/31
5	81	Jade AVANCE	#4 Ashland		56.73		4/14
6	85	Bethany SMITH	#1 Findlay		56.85		4/14
7	91	Taylor IVORY	#1 Findlay		57.02		4/21
8		Hayley ROBINETT	#1 Findlay		57.79		4/27
9		Francesca FEDERICI	#2 Hillsdale		58.42		4/14
10		Elizabeth ADAMS	#4 Ashland		58.44		4/28

Women's 400 Meter Hurdles

1	7	Kylie RAY	#1 Findlay	P	59.61		4/21
2	11	Shura ERMAKOV	#2 Hillsdale	P	1:00.36		4/27
3	60	Samantha HOELSCHER	#3 Tiffin		1:03.40		4/14
4	72	Macy CREAMER	#4 Ashland		1:03.81		4/21
5		Claire LANGE	#11 Kentucky Wesleyan		1:05.37		4/14
6		Montana WALKER	#4 Ashland		1:05.45		4/28
7		Gabby JONES	#8 Northwood (Mic)		1:06.19		4/29
8		Judith ALLISON	#2 Hillsdale		1:06.67		4/14
9		Caroline SCHAECKENBACH	#5 Cedarville		1:07.14		4/21
10		Abby BELOW	#4 Ashland		1:07.41		4/14

Women's 800 Meters

1	12	Alaysia BROOKS	#7 Ursuline	P	2:09.07		4/7
2	31	Reese DRAGOVICH	#2 Hillsdale	P	2:10.70		4/14
3	32	Ines MACADAM	#3 Tiffin	P	2:10.91		4/14
4	40	Audrianna ENNS	#5 Cedarville	P	2:11.33		4/14
5	45	Hayley ROBINETT	#1 Findlay	P	2:11.86		4/14
6	60	McKenna WOODRUFF	#4 Ashland		2:12.97		4/14
7	64	Gwynne RILEY	#2 Hillsdale		2:13.12		4/21
8		Bailey CHENEVEY	#1 Findlay		2:15.12		4/14
9		Nicole MARSHALL	#2 Hillsdale		2:15.64		4/21
10		Hailey WILSON	#1 Findlay		2:15.87		4/14

Women's 1500 Meters

1	44	Gwynne RILEY	#2 Hillsdale	P	4:30.36		4/14
2	48	Meg SCHESKE	#2 Hillsdale	P	4:31.09		4/21
3	89	Audrianna ENNS	#5 Cedarville		4:36.80		4/21
4		Raena WILLETT	#9 Lake Erie		4:39.65		4/21
5		A'Zaria THOMAS	#7 Ursuline		4:40.28		4/7
6		Reilly COZETTE	#1 Findlay		4:42.00		3/31
7		Claire RETHMAN	#6 Walsh		4:44.77		4/27
8		Madeline SPAULDING	#5 Cedarville		4:47.64		4/14
9		Emma ESTEVES	#7 Ursuline		4:47.90		4/28
10		Rylee YOCUM	#10 Malone		4:48.66		4/14

Women's Steeplechase

1	6	Meg SCHESKE	#2 Hillsdale	P	10:20.30		4/14
2	30	Alayna ACKLEY	#5 Cedarville	P	11:00.53		4/14
3	58	Natalie MARTINSON	#2 Hillsdale		11:21.43		4/21
4	67	Ava BEAM	#1 Findlay		11:28.79		4/27
5		Sabrina MCCLAIN	#10 Malone		11:40.67		4/14
6		Becky MADSEN	#5 Cedarville		11:43.10		4/14
7		Abigail ATKINS	#5 Cedarville		12:00.57		4/21
8		Katie EDISON	#2 Hillsdale		12:07.80		4/21
9		Sarah REINHART	#1 Findlay		12:08.01		4/14
10		Julia LAUDATO	#9 Lake Erie		12:09.80		4/22



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Women's 5000 Meters

1	45	Alayna ACKLEY	#5	Cedarville	P	17:04.81	3/31
2	49	Savannah ACKLEY	#5	Cedarville	P	17:05.42	3/31
3	61	Bethany SHOLL	#5	Cedarville		17:11.77	3/31
4	77	Emma ESTEVES	#7	Ursuline		17:18.96	4/7
5	86	Gabrielle LAWRENCE	#1	Findlay		17:21.60	4/7
6	87	Reilly COZETTE	#1	Findlay		17:21.90	4/7
7		Elizabeth WAMSLEY	#2	Hillsdale		17:42.08	4/21
8		Camryn BARKER	#6	Walsh		17:44.03	4/14
9		Naomi HERMAN	#5	Cedarville		17:44.82	3/31
10		Natalie MARTINSON	#2	Hillsdale		17:48.26	4/14

Women's 10,000 Meters

1	16	Savannah ACKLEY	#5	Cedarville	P	34:57.13	4/7
2	18	Elizabeth WAMSLEY	#2	Hillsdale	P	34:59.45	4/14
3	21	Alayna ACKLEY	#5	Cedarville	P	35:08.87	4/7
4	27	Gabrielle LAWRENCE	#1	Findlay	P	35:23.84	3/23
5	39	Bethany SHOLL	#5	Cedarville	P	35:58.28	4/20
6	62	Bridget HAHN	#6	Walsh		36:51.35	4/14
7	95	Becky MADSEN	#5	Cedarville		37:36.39	4/7
8		Teja YOUNG	#6	Walsh		38:11.27	4/14
9		Izzy RAMMEL	#6	Walsh		39:42.08	4/14
10		Claire SMOUT	#5	Cedarville		40:51.60	3/25

Women's 4x100 Relay

1	19	Nicole FISHPAW, Taylor IVORY, Kylie RAY, Jordan TAYLOR	#1	Findlay	P	46.11	4/15
2	25	Morgan DENNIS, Alena WILLIAMS, Greta BARKER, Medgine WOJTON	#4	Ashland	P	46.61	4/14
3	33	Amirah STRAUTHER, Chelsea JANIS, Sidney RICHARDSON, Rajiah ANDREWS	#3	Tiffin		46.81	4/14
4	34	Kelsey HARTSOCK, Style HENRY, Claire MARTIN, Kya EPPS	#6	Walsh		46.90	3/31
5		Bryn MOZZI, Alexandra BRIZZI, Nora HAGAN, Kiersten FRANKLIN	#5	Cedarville		48.70	4/21
6		G'Nae MORRISON, Molly VAN HORN, Kassydee OWENS, Brooke ARMBRUST	#12	Ohio Dominican		48.90	4/27
7		Francesca FEDERICI, Tara TOWNSEND, Louisa KLASERNER, Kaylee JACKSON	#2	Hillsdale		49.32	4/27
8		Jae'Anna HUGHES, Kayla CHILDS, Elyse KELLEY, Karrington GREEN	#7	Ursuline		50.23	4/28
9		Jenna BURNS, Claire LANGE, Claire SLOANE, Karyn WILLIAMS	#11	Kentucky Wesleyan		51.09	4/21
10		Molly KITSON, Hailey GRANATA, Gabby JONES, Vivian WILLIAMS	#8	Northwood (Mich)		51.64	4/13



Conference TFRI Event Summary

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Women's 4x400 Relay

1	11	Cheyenne DAVIS, Montana WALKER, Jade AVANCE, Mia GARDNER	#4	Ashland	P	3:44.57	4/15
2	34	Bethany SMITH, Peyton HEITMEYER, Taylor IVORY, Kylie RAY	#1	Findlay		3:49.85	4/15
3	71	Martha BERGLEY, Kiersten FRANKLIN, Jessica FERGUSON, Sydney DIEDRICH	#5	Cedarville		3:57.10	4/14
4	97	Anna LAMOREAUX, Ameera WILSON, Lucia WILSON, Nicole MARSHALL	#2	Hillsdale		4:01.89	4/14
5	98	Ciani KENSEY, Alaysia BROOKS, Breanna BANKS, A'Zaria THOMAS	#7	Ursuline		4:02.07	4/5
6	99	Alyssa SMITH, Sidney RICHARDSON, Ines MACADAM, Samantha HOELSCHER	#3	Tiffin		4:02.59	4/21
7		Jenna BURNS, Karyn WILLIAMS, Havanah JOHN, Claire LANGE	#11	Kentucky Wesleyan		4:03.62	4/21
8		Kayla GIBSON, Andi MANN, Laura RODGERS, Claire RETHMAN	#6	Walsh		4:15.12	4/27
9		Brooke ARMBRUST, Molly VAN HORN, Kassydee OWENS, Nikane AMBOS	#12	Ohio Dominican		4:15.24	4/14
10		Katherine HAUPT, Avery STADT, Taylor HOPKINS, Sarah ZEHR	#8	Northwood (Mic)		4:16.89	3/31

Women's High Jump

1	18	C'airra CARTER	#3	Tiffin	P	1.68m	5-6	3/31
1	18	Emma LIBERATORE	#4	Ashland	P	1.68m	5-6	4/28
3	23	Hannah WILLOW	#5	Cedarville		1.67m	5-5¾	4/1
4	36	Alexa FRIES	#1	Findlay		1.65m	5-5	4/15
5	50	Reagan DAHLQUIST	#2	Hillsdale		1.64m	5-4½	4/14
6	67	Toni DENMARK	#6	Walsh		1.62m	5-3¾	4/27
7	83	Kassandra STINE	#1	Findlay		1.60m	5-3	4/15
7	83	Morgan FOOS	#3	Tiffin		1.60m	5-3	4/15
9		Abby WHEELER	#4	Ashland		1.59m	5-2½	4/14
9		Ashley SIGMON	#1	Findlay		1.59m	5-2½	4/14

Women's Pole Vault

1	4	Kelsey HARTSOCK	#6	Walsh	P	4.12m	13-6¼	3/31
2	7	Meadow CROMER	#1	Findlay	P	4.08m	13-4½	4/21
3	9	Lindsey KLUESNER	#1	Findlay	P	4.05m	13-3½	3/25
4	18	Haleigh ECKERT	#5	Cedarville	P	3.95m	12-11½	4/14
5	23	Sarah MASUOKA	#4	Ashland	P	3.86m	12-8	4/7
6	26	Lily HOLLIBAUGH	#3	Tiffin	P	3.83m	12-6¾	4/21
7	33	Kaylee JACKSON	#2	Hillsdale	P	3.77m	12-4½	3/31
8	40	Natalie NEWTON	#1	Findlay	P	3.75m	12-3½	3/25
9	58	Tara TOWNSEND	#2	Hillsdale		3.62m	11-10½	4/21
10	60	Samantha SMITH	#3	Tiffin		3.60m	11-9¾	4/14
10	60	Sophia SCHNEIDER	#5	Cedarville		3.60m	11-9¾	4/1

Women's Long Jump

1	70	Elliott PENNELL	#3	Tiffin		5.64mw	18-6 (2.5)	4/21
2	93	Simone GREEN	#1	Findlay		5.54m	18-2¼ (-1)	4/14
3		Kaylin MARTIN	#4	Ashland		5.44m	17-10¼ (1)	4/28
4		Riley THOMAS	#4	Ashland		5.42m	17-9½ (1.9)	3/24
5		Madison MYERS	#1	Findlay		5.37m	17-7½ (0.3)	4/15
6		Emma SPRINGER	#6	Walsh		5.36m	17-7 (1.3)	4/14
7		C'airra CARTER	#3	Tiffin		5.33m	17-6 (1.3)	4/21
8		Anna NEGULIC	#6	Walsh		5.30m	17-4¾ (0.9)	3/31
9		Emily GERDIN	#2	Hillsdale		5.29m	17-4¼ (0.5)	3/31
9		Bryn MOZZI	#5	Cedarville		5.29mw	17-4¼ (3.1)	4/1

Women's Triple Jump

1	49	Simone GREEN	#1	Findlay		11.77mw	38-7½ (2.7)	4/21
2	83	Emily GERDIN	#2	Hillsdale		11.44m	37-6½ (0.8)	3/31
3		Jessica HOBAN	#1	Findlay		11.22m	36-9¾ (0.8)	4/15
4		Karyn WILLIAMS	#11	Kentucky Wesleyan		10.88mw	35-8½ (3.0)	3/24
5		Claire MARTIN	#6	Walsh		10.81mw	35-5¾ (2.5)	3/31
6		C'airra CARTER	#3	Tiffin		10.76m	35-3¾ (0.5)	3/31
7		Grace CHEN	#2	Hillsdale		10.69m	35-1 (0.0)	4/14
8		Madison MYERS	#1	Findlay		10.56m	34-7¾ (-1)	4/15
8		Anna NEGULIC	#6	Walsh		10.56m	34-7¾ (0.0)	3/24
10		Deona DAVIS	#3	Tiffin		10.46m	34-4 (-0.4)	4/14

Women's Shot Put

1	4	Trista FINTEL	#1	Findlay	P	15.49m	50-10	4/21
2	6	Paige EMNETT	#1	Findlay	P	14.88m	48-10	4/21
3	8	Averi PARKER	#2	Hillsdale	P	14.74m	48-4½	4/27
4	10	Brook BOES	#3	Tiffin	P	14.70m	48-2¾	4/14
5	15	Nikita MAINES	#2	Hillsdale	P	14.54m	47-8½	4/14
6	17	Kelsey KINSLEY	#4	Ashland	P	14.44m	47-4½	4/28
7	36	Harley WEST	#3	Tiffin		13.55m	44-5½	4/28
8	38	Lillian ALBAUGH	#8	Northwood (Mic)		13.48m	44-2¾	4/29
9	43	Kelsey KENNON	#1	Findlay		13.38m	43-10¾	4/7
10	49	Brittany DEVALL	#3	Tiffin		13.30m	43-7¾	4/14



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Women's Discus

1	12	Brook BOES	#3	Tiffin	P	47.88m	157-1	4/7
2	15	Trista FINTEL	#1	Findlay	P	46.74m	153-4	4/21
3	27	Olivia OOSTDYK	#9	Lake Erie		44.90m	147-4	4/6
4	34	Claudia CHIRILA	#3	Tiffin		44.57m	146-3	4/7
5	53	Averi PARKER	#2	Hillsdale		43.08m	141-4	3/31
6	66	Sarah HIMES	#5	Cedarville		42.40m	139-1	4/14
7	76	Brynlee HANNEMAN	#1	Findlay		41.98m	137-9	4/14
8	78	Kaylyn BARNETTE	#4	Ashland		41.97m	137-9	4/28
9	85	Samantha WATKINS	#6	Walsh		41.80m	137-2	3/24
10	96	Carrol PAULEY	#4	Ashland		41.49m	136-2	4/28
10	96	Paige EMNETT	#1	Findlay		41.49m	136-2	4/14

Women's Hammer

1	11	Trista FINTEL	#1	Findlay	P	56.94m	186-10	4/21
2	14	Kelsey KINSLEY	#4	Ashland	P	56.18m	184-4	4/28
3	15	Carrol PAULEY	#4	Ashland	P	56.08m	184-0	4/28
4	16	Katie WELDY	#2	Hillsdale	P	55.19m	181-1	3/31
5	17	Averi PARKER	#2	Hillsdale	P	55.07m	180-8	4/27
6	21	Brook BOES	#3	Tiffin	P	53.91m	176-11	4/21
7	25	Paige EMNETT	#1	Findlay	P	53.62m	175-11	4/14
8	32	Richella SPIELVOGEL	#9	Lake Erie	P	52.85m	173-5	4/28
9	40	Brooke COULTER	#1	Findlay		52.15m	171-1	4/14
10	43	Kaylyn BARNETTE	#4	Ashland		51.75m	169-10	4/21

Women's Javelin

1	21	Eden LITTLE	#2	Hillsdale	P	43.47m	142-8	3/31
2	57	Rylee SYBERT	#1	Findlay		39.92m	131-0	4/14
3		Emily COULTER	#8	Northwood (Mic		36.48m	119-8	4/8
4		Campbell JOHNSON	#13	Trevecca Nazare		36.12m	118-6	3/31
5		Kassandra STINE	#1	Findlay		35.76m	117-4	3/25
6		Claudia CHIRILA	#3	Tiffin		35.75m	117-4	4/21
7		Emily CURTICE	#3	Tiffin		35.38m	116-1	3/25
8		Samantha WATKINS	#6	Walsh		33.36m	109-6	4/14
9		Emma LIBERATORE	#4	Ashland		32.68m	107-3	4/21
10		Onalee KEYSOR	#3	Tiffin		31.71m	104-1	4/14

Women's Heptathlon

1	50	Emily CURTICE	#3	Tiffin		4,200	4/7
2	74	Neva POLO	#2	Hillsdale		4,012	4/6
3	77	Kassandra STINE	#1	Findlay		3,988	4/7
4	86	Elliott PENNELL	#3	Tiffin		3,894	4/7
5	94	C'aira CARTER	#3	Tiffin		3,833	4/7
6	99	Allison NIMTZ	#2	Hillsdale		3,754	4/6
7		Bryn MOZZI	#5	Cedarville		3,431	4/7
8		Jordan HAMPTON	#4	Ashland		3,265	4/13
9		Caroline SCHAECKENBACH	#5	Cedarville		3,256	4/7
10		Hannah SIMS	#13	Trevecca Nazare		3,226	4/7



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Women's 100 Meters

1	7	Marie-Eloise LECLAIR	#4	Simon Fraser	P	11.45	(1.2)	3/31
2	25	E'lexis HOLLIS	#3	Central Washing	P	11.63	(1.4)	4/29
3	77	Maliyah THOMPSON	#2	Western Oregon		11.96w	(2.8)	4/13
3	77	Abbey WOOD	#5	Northwest Naza		11.96c	(11.93A) (1	4/19
5	96	Juliette WILLIAMS	#3	Central Washing		12.01	(1.4)	4/29
6	LE+0: Emma CANNAN	#4	Simon Fraser		12.02w	(2.8)		4/13
7		Jaeland CUMMINGS	#4	Simon Fraser		12.11	(1.4)	4/29
8		Maya HOPWOOD	#2	Western Oregon		12.20	(1.6)	4/28
9		Olivia MANLEY	#6	Alaska Anchorage		12.21	(1.7)	3/30
10		Caitlyn CHENEY	#1	Western Washin		12.22	(-0.1)	3/10

Women's 100 Meter Hurdles

1	21	Laurn CHANDLER	#3	Central Washing	P	13.99w	(2.8)	4/14
2	43	Diana VOLOSHIN	#4	Simon Fraser		14.33w	(2.8)	4/13
3	63	Hannah CHANG	#8	Seattle Pacific		14.50	(0.3)	3/24
4	75	Maliyah THOMPSON	#2	Western Oregon		14.64	(-0.6)	3/30
5	83	Blanca DE ARVIZU SARRIAS	#6	Alaska Anchorage		14.68	(1.3)	4/22
6	98	Ellie DEGROOT	#3	Central Washing		14.78	(1.3)	4/22
7	99	Gabriel CINTRON	#9	Saint Martin's		14.79	(1.3)	4/22
8		Jenelle HURLEY	#2	Western Oregon		15.02w	(2.5)	4/13
9		McCall DECHENNE	#3	Central Washing		15.04	(0.7)	4/13
10		Isabella PORTER	#1	Western Washin		15.17	(1.3)	4/22

Women's 200 Meters

1	5	Marie-Eloise LECLAIR	#4	Simon Fraser	P	23.42w	(2.4)	4/13
2	74	Abbey WOOD	#5	Northwest Naza		24.49c	(24.42A) (-	4/28
3		Juliette WILLIAMS	#3	Central Washing		24.72	(-0.1)	4/22
4		Emma CANNAN	#4	Simon Fraser		24.75w	(3.2)	3/31
5		Caitlyn CHENEY	#1	Western Washin		25.14	(1.2)	3/10
6		Olivia MANLEY	#6	Alaska Anchorage		25.20	(1.8)	3/24
7		Maliyah THOMPSON	#2	Western Oregon		25.27w	(2.7)	3/30
8		Aniya GREEN	#8	Seattle Pacific		25.30	(-0.1)	4/22
9		E'lexis HOLLIS	#3	Central Washing		25.35	(-0.1)	4/22
10		Kalli BRENCE	#5	Northwest Naza		25.36	(0.9)	4/15

Women's 400 Meters

1	16	Marie-Eloise LECLAIR	#4	Simon Fraser	P	54.38		4/13
2		Laine DEJONG	#5	Northwest Naza		57.26c	(57.15A)	4/28
3		Marian LEDESMA	#1	Western Washin		57.62		4/13
4		Claire BOSMA	#4	Simon Fraser		57.75		4/29
5		Marissa CRANE	#8	Seattle Pacific		57.81		4/8
6		Aniya GREEN	#8	Seattle Pacific		57.99		4/8
7		Anna MILLER	#1	Western Washin		58.01		4/29
8		Joei VIDAD	#6	Alaska Anchorage		58.32		4/22
9		Johanna BROWN	#8	Seattle Pacific		58.41		4/22
10		Elise HOPPER	#3	Central Washing		58.49		3/30

Women's 400 Meter Hurdles

1	36	McCall DECHENNE	#3	Central Washing	P	1:02.19		3/31
2	52	Erika BINDER	#4	Simon Fraser		1:03.10		4/13
3	73	Grace TWISS	#3	Central Washing		1:03.83		4/29
4	83	Brooke MANSFIELD	#1	Western Washin		1:04.18		4/29
5	94	Ellie DEGROOT	#3	Central Washing		1:04.41		3/31
6		Zoe MCDEVITT	#3	Central Washing		1:04.60		4/22
7		Sarah SEWELL	#3	Central Washing		1:05.01		4/14
8		Jenelle HURLEY	#2	Western Oregon		1:05.22		4/13
8		Elise HOPPER	#3	Central Washing		1:05.22		3/30
10		Madeline LAMBING	#2	Western Oregon		1:05.29		3/24

Women's 800 Meters

1	11	Marian LEDESMA	#1	Western Washin	P	2:08.98		4/13
2	14	Megan ROXBY	#4	Simon Fraser	P	2:09.34		3/31
3	67	Sophie WRIGHT	#1	Western Washin		2:13.19		4/13
4	68	Mia CROCKER	#1	Western Washin		2:13.26		4/8
5	79	Cassidy WALCHAK-SLOAN	#9	Saint Martin's		2:13.88		4/14
6	97	Emily CHILTON	#4	Simon Fraser		2:14.70		3/30
7	98	Kate CAMERON	#4	Simon Fraser		2:14.73		4/13
8		Alisha SAUCEDO	#9	Saint Martin's		2:15.17		3/17
9		Elizabeth VANDERPUT	#4	Simon Fraser		2:15.19		4/29
10		Libby MICHAEL	#8	Seattle Pacific		2:15.78		3/25

Women's 1500 Meters

1	14	Megan ROXBY	#4	Simon Fraser	P	4:24.56		4/13
2	33	Cassidy WALCHAK-SLOAN	#9	Saint Martin's	P	4:27.97		4/29
3	51	Mia CROCKER	#1	Western Washin	P	4:31.56		3/30
4	56	Sophie WRIGHT	#1	Western Washin		4:32.90		4/13
5	59	Ila DAVIS	#1	Western Washin		4:33.73		4/13
6	63	Ashley REECK	#1	Western Washin		4:33.80		4/29
7	97	Kate CAMERON	#4	Simon Fraser		4:37.63		4/13
8		Selin TASDEMIR	#4	Simon Fraser		4:39.39		3/31
9		Libby MICHAEL	#8	Seattle Pacific		4:39.51		3/24
10		Emily CHILTON	#4	Simon Fraser		4:40.06		4/13

Women's Steeplechase

1	7	Ila DAVIS	#1	Western Washin	P	10:21.10		3/31
2	35	Ashley REECK	#1	Western Washin		11:03.09		4/13
3	49	Kailee STOPPEL	#7	Montana St.-Bill		11:14.64c(11:28.96A)		4/28
4	60	Alfin NYAMASYO	#6	Alaska Anchorage		11:24.05		4/13
5	65	Evelyn COLLINS-WINN	#1	Western Washin		11:27.70		4/8
6	77	Laura HALSELL	#1	Western Washin		11:33.42		4/8
7	92	Olivia FLACK	#2	Western Oregon		11:36.68		3/24
8	96	Maya EWING	#8	Seattle Pacific		11:37.77		4/8
9		Katelyn FLOLO	#8	Seattle Pacific		11:46.15		4/8
10		Sidra MILLER	#1	Western Washin		11:56.33		3/25



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Women's 5000 Meters

1	33	Annika ESVELT	#8	Seattle Pacific	P	16:52.91	4/13
2	54	Caitlin HELDT	#2	Western Oregon	P	17:06.05	4/28
3	57	Ila DAVIS	#1	Western Washin		17:08.91	4/13
4		Ashley REECK	#1	Western Washin		17:29.47	4/13
5		Nell BAKER	#6	Alaska Anchorage		17:31.76	4/13
6		Alauna CARSTENS	#9	Saint Martin's		17:39.69	4/14
7		Meaera SHANNON	#1	Western Washin		17:42.50	3/30
8		Sara SABRA	#9	Saint Martin's		17:43.67	4/7
9		Morgan ERLER	#5	Northwest Nazarene		17:53.29	3/25
10		Alfin NYAMASYO	#6	Alaska Anchorage		17:55.96	3/30

Women's 10,000 Meters

1	50	Caitlin HELDT	#2	Western Oregon	P	36:20.29	4/13
2	66	Meaera SHANNON	#1	Western Washin		36:56.79	4/13
3	89	Sara SABRA	#9	Saint Martin's		37:27.60	3/3
4		Emma SMITH	#1	Western Washin		38:22.52	3/3
5		Alanna PARKER	#1	Western Washin		38:22.97	3/3
6		Matise MULCH	#8	Seattle Pacific		38:22.99	3/3
7		Morgan ERLER	#5	Northwest Nazarene		38:25.07	3/3
8		Ashley REECK	#1	Western Washin		38:34.88	3/3
9		Laura HALSELL	#1	Western Washin		38:48.15	3/3
10		Alexis PARKER	#1	Western Washin		39:08.95	3/3

Women's 4x100 Relay

1	27	Diana VOLOSHIN, Marie-Eloise LECLAIR, Emma CANNAN, Jaeland CUMMINGS	#4	Simon Fraser	P	46.66	4/13
2	52	Juliette WILLIAMS, McCall DECHENNE, Lauryn CHANDLER, E'Lexis HOLLIS	#3	Central Washington		47.31	4/22
3	59	Katie BANIAGA, Abbey WOOD, Kalli BRENCCE, Kayla BANIAGA	#5	Northwest Nazarene		47.52c (47.40A)	4/28
4	62	Brooke MANSFIELD, Anna MILLER, Hannah POLKINGHORN, Caitlyn CHENEY	#1	Western Washin		47.55	4/29
5	88	Josie LAVATO, Josie LAVATO, Ujunwa NWOKOMA, Ujunwa NWOKOMA	#2	Western Oregon		48.23	4/7
6		Jayden GLAZE, Joei VIDAD, Blanca DE ARVIZU SARRI, Olivia MANLEY	#6	Alaska Anchorage		48.84	3/23
7		Bella KLEIN, Mya RICHARDSON, Katelyn HAMILL, Madison THOMPSON	#7	Montana St.-Billings		49.53c (49.41A)	4/21
8		Madison VU, Alyssa DUNCAN, Grace SILLS, Margaret ZILLA	#9	Saint Martin's		49.95	4/29



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Women's 4x400 Relay

1	19	Erika BINDER, Claire BOSMA, Emma CANNAN, Marie-Eloise LECLAIR	#4	Simon Fraser	P	3:47.65	3/31
2	53	McCall DECHENNE, Juliette WILLIAMS, Elise HOPPER, Donna Marie HARRIS	#3	Central Washing		3:54.55	4/22
3	54	Blanca DE ARVIZU SARRI, Sophia CVANCARA, Joei VIDAD, Olivia MANLEY	#6	Alaska Anchorage		3:54.66	3/30
4	57	Aniya GREEN, Johanna BROWN, McKenzie FLETCHER, Marissa CRANE	#8	Seattle Pacific		3:54.94	4/8
5	64	Alejandra GOMEZ, Makenze KNOWLES, Shayna WILLIAMS, Laine DEJONG	#5	Northwest Nazarene		3:55.87c (3:55.43A)	4/28
6	70	Caitlyn CHENEY, Marian LEDESMA, Anna MILLER, Sophie WRIGHT	#1	Western Washington		3:56.98	4/29
7		Bella KLEIN, Mya RICHARDSON, Annelise CLARK, Madeline SEVERSON	#7	Montana State-Billings		4:06.24c (4:05.80A)	4/28
8		Bethanie ALTAMIRANO, Holly HUTTON, Jessy HART, Madeline LAMBING	#2	Western Oregon		4:06.78	4/28

Women's High Jump

1	18	Miya KOCH	#5	Northwest Nazarene	P	1.68m	5-6	4/15
2	23	Jenelle HURLEY	#2	Western Oregon		1.67m	5-5¾	3/30
3	50	Sydney KANIA	#4	Simon Fraser		1.64m	5-4½	4/29
3	50	Mikayla MADER	#6	Alaska Anchorage		1.64m	5-4½	4/29
5	67	Kalulusno NGAIDA	#2	Western Oregon		1.62m	5-3¾	4/13
6		Carlotta DUENNINGER	#6	Alaska Anchorage		1.58m	5-2¼	3/30
7		Lyndee MCLAUCHLIN	#2	Western Oregon		1.57m	5-1¾	4/14
8		Amity DETERS	#2	Western Oregon		1.55m	5-1	3/30
9		Olivia WINDBIEL	#4	Simon Fraser		1.53m	5-¼	3/18
9		Madeline SEVERSON	#7	Montana State-Billings		1.53m	5-¼	3/19

Women's Pole Vault

1	16	Kinsey YENOR	#5	Northwest Nazarene	P	3.98m	13-¾	4/28
2	35	Emily THOMASON	#8	Seattle Pacific	P	3.76m	12-4	4/22
2	35	Lizzy DAUGHERTY	#8	Seattle Pacific	P	3.76m	12-4	4/29
4	47	Annie TRAN	#1	Western Washington		3.66m	12-0	4/29
5		Kaylee COBLE	#1	Western Washington		3.36m	11-¼	4/22
6		Charlie HILL	#8	Seattle Pacific		3.14m	10-3½	3/25
7		Claire SKAGGS	#9	Saint Martin's		3.06m	10-½	4/22
8		Jancy SYKES	#3	Central Washington		2.76m	9-½	4/22
9		Jessy HART	#2	Western Oregon		2.30m	7-6½	4/7

Women's Long Jump

1	27	Ujunwa NWOKOMA	#2	Western Oregon	P	5.96m	19-6¾ (1.8)	4/13
2	52	Jenelle HURLEY	#2	Western Oregon		5.74m	18-10 (1.6)	4/28
3	84	Matty LAGERWEY	#1	Western Washington		5.59m	18-4¼ (0.0)	4/22
4	91	Kendall LYNN	#7	Montana State-Billings		5.56mw	18-3 (2.8)	3/31
5	93	Alyssa DUNCAN	#9	Saint Martin's		5.54m	18-2¼ (1.7)	4/22
6		Erica CABANOS	#3	Central Washington		5.45m	17-10¾ (1)	4/22
7		Emma CLARK	#5	Northwest Nazarene		5.37m	17-7½ (0.0)	4/28
8		Tatum HULL	#7	Montana State-Billings		5.36mw	17-7 (2.4)	3/24
9		Essence SLATE	#6	Alaska Anchorage		5.30m	17-4¾ (0.0)	4/22
10		Hannah POLKINGHORN	#1	Western Washington		5.20m	17-¾ (0.1)	4/13

Women's Triple Jump

1	32	Kendall LYNN	#7	Montana State-Billings	P	11.99m	39-4 (0.0)	4/21
2	62	Olivia WINDBIEL	#4	Simon Fraser		11.64m	38-2¼ (0.3)	4/13
3	75	Erica CABANOS	#3	Central Washington		11.54m	37-10½ (1)	4/22
4	80	Kennedy PRIMROSE	#4	Simon Fraser		11.48mw	37-8 (3.0)	4/13
5	87	Kalulusno NGAIDA	#2	Western Oregon		11.41m	37-5¼ (1.2)	4/13
6	94	Ana POPCHOCK	#2	Western Oregon		11.36mw	37-3¼ (2.7)	4/28
7	LE+0	Emma CLARK	#5	Northwest Nazarene		11.29mw	37-½ (2.3)	4/28
8		Alyssa DUNCAN	#9	Saint Martin's		10.97m	36-0 (0.0)	4/22
9		Tehya MOORE	#3	Central Washington		10.93m	35-10½ (1)	4/7
10		Margaret ZILLA	#9	Saint Martin's		10.72m	35-2 (1.6)	4/22

Women's Shot Put

1	18	Destany HERBERT	#5	Northwest Nazarene	P	14.36m	47-1½	4/15
2	69	Katie POTTS	#1	Western Washington		13.07m	42-10¾	3/25
3	70	Mara PARKS	#1	Western Washington		13.06m	42-10¼	4/29
4		Jocelyn SARIBAY	#9	Saint Martin's		12.17m	39-11¼	4/22
5		Grace JONES	#7	Montana State-Billings		12.11m	39-8¾	4/7
6		Maddy GRANDBOIS	#1	Western Washington		11.89m	39-¼	4/22
7		Jaida GREEN	#7	Montana State-Billings		11.82m	38-9½	4/21
8		Liliana LYNESS	#2	Western Oregon		11.79m	38-8¼	3/25
9		Brenna BOARD	#3	Central Washington		11.25m	36-11	4/29
10		Krystal ANDRES	#2	Western Oregon		11.01m	36-1½	3/25



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GNAC

Women's Discus

1	16	Katie POTTS	#1	Western Washin. P	46.67m	153-2	4/29
2	86	Krystal ANDRES	#2	Western Oregon	41.79m	137-1	4/14
3		Ryann MOLINE	#7	Montana St.-Bill	40.98m	134-6	4/21
4		Destany HERBERT	#5	Northwest Naza	40.12m	131-8	4/15
5		Brenna BOARD	#3	Central Washing	39.33m	129-1	3/18
6		Payton ELENBAAS	#3	Central Washing	39.14m	128-5	4/22
7		Isabella HOLMES	#3	Central Washing	37.98m	124-7	4/29
8		Jordan CRAWFORD	#5	Northwest Naza	33.71m	110-7	4/7
9		Jocelyn SARIBAY	#9	Saint Martin's	33.65m	110-5	3/3
10		Danara TULIMAIAU	#7	Montana St.-Bill	33.29m	109-3	4/7

Women's Hammer

1	55	Raine WESTFALL	#1	Western Washin.	50.51m	165-9	3/25
2	62	Zuzanna LINIEWSKI	#4	Simon Fraser	49.92m	163-10	4/12
3	66	Destany HERBERT	#5	Northwest Naza	49.68m	163-0	4/19
4	87	Kaitlyn HANGER	#4	Simon Fraser	48.42m	158-10	4/29
5		Grace JONES	#7	Montana St.-Bill	46.56m	152-9	3/19
6		Emillia CARPENTER	#2	Western Oregon	46.09m	151-3	4/28
7		Brenna BOARD	#3	Central Washing	44.66m	146-6	4/29
8		Jocelyn SARIBAY	#9	Saint Martin's	44.62m	146-5	4/29
9		Payton ELENBAAS	#3	Central Washing	44.53m	146-1	4/22
10		Mara PARKS	#1	Western Washin.	43.94m	144-2	4/29

Women's Javelin

1	11	Kaylee WRIGHT	#2	Western Oregon P	44.54m	146-2	3/17
2	35	Ryann MOLINE	#7	Montana St.-Bill	41.60m	136-6	3/19
3	44	Lyndee MCLAUCHLIN	#2	Western Oregon	40.57m	133-1	3/17
4	60	Nizhoni BUCKWAY	#5	Northwest Naza	39.86m	130-9	3/25
5	66	Madison PAUGH	#4	Simon Fraser	39.19m	128-7	4/29
6	89	Carlotta DUENNINGER	#6	Alaska Anchorage	37.76m	123-11	3/23
7	92	Abigail SANDERS	#2	Western Oregon	37.50m	123-1	4/7
8	99	Emillia CARPENTER	#2	Western Oregon	36.92m	121-2	3/25
9		Jordan COOKMAN	#7	Montana St.-Bill	35.70m	117-2	3/19
10		Matty LAGERWEY	#1	Western Washin.	35.26m	115-8	4/22

Women's Heptathlon

1	23	Jenelle HURLEY	#2	Western Oregon P	4,720	3/30
2	34	McCall DECHENNE	#3	Central Washing	4,447	4/13
3	36	Carlotta DUENNINGER	#6	Alaska Anchorage	4,376	3/23
4	53	Ellie DEGROOT	#3	Central Washing	4,172	4/13
5	71	Amity DETERS	#2	Western Oregon	4,039	3/30
6	72	Maliyah THOMPSON	#2	Western Oregon	4,017	3/30
7	89	Nicole AVERY	#1	Western Washin.	3,876	3/25
8	93	Matty LAGERWEY	#1	Western Washin.	3,856	4/13
9	95	Amariyah CLAY	#2	Western Oregon	3,831	3/30
10	98	Carley HUBER	#3	Central Washing	3,786	4/13



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GSC

Women's 100 Meters

1	12	Kaitlin HILL	#8	West Alabama	P	11.52w	(2.4)	4/14
2	20	Kelechi CHRISTIAN	#3	Mississippi Colle	P	11.60	(1.4)	4/21
3	27	Kristen BLEVINS	#1	Lee (Tenn.)	P	11.64	(1.4)	4/21
4	29	Krystalynn OATMAN	#2	Alabama-Huntsv	P	11.67	(1.2)	4/21
5	56	Ijah DRAKE	#2	Alabama-Huntsv		11.87	(1.2)	4/21
6	79	Jydia FAUCETTE	#1	Lee (Tenn.)		11.97	(1.6)	3/25
7	84	Alana GREEN	#3	Mississippi Colle		11.98	(0.0)	4/28
7	84	Kira MONTEFUSCO	#4	West Georgia		11.98w	(2.4)	4/14
7	84	Zakiria HOLIFIELD	#2	Alabama-Huntsv		11.98	(1.6)	3/25
10		Isila APKUP	#8	West Alabama		12.04w	(3.6)	3/23

Women's 100 Meter Hurdles

1	45	Ijah DRAKE	#2	Alabama-Huntsv		14.34	(1.8)	4/7
2	63	Tytavia HARDY	#3	Mississippi Colle		14.50	(1.5)	3/24
3		Andrea CHESTER	#2	Alabama-Huntsv		14.84	(0.6)	4/13
4		Gioia SCOPEL	#7	Christian Brothe		14.85	(0.4)	4/21
5		T'Oni BIRDEN	#4	West Georgia		15.00	(-0.2)	4/1
6		Ronni VANZANDT	#2	Alabama-Huntsv		15.35w	(2.2)	3/25
7		Camielle MILLEDGE	#6	Shorter		15.46	(-1.1)	3/23
8		Chioma UWAMAH	#4	West Georgia		15.81	(-1.2)	4/22
9		Olivia FULFORD	#4	West Georgia		16.03	(-0.2)	4/1
10		Adrianna BURAGE	#3	Mississippi Colle		16.79	(0.0)	4/28

Women's 200 Meters

1	16	Kaitlin HILL	#8	West Alabama	P	23.83w	(2.1)	3/23
2	46	Kelechi CHRISTIAN	#3	Mississippi Colle	P	24.21	(0.0)	4/28
3	47	Ijah DRAKE	#2	Alabama-Huntsv	P	24.24	(-0.4)	4/21
4	63	Nia HARRIS	#6	Shorter		24.38	(1.1)	4/21
5	67	Annaya CHELCY	#8	West Alabama		24.42	(1.2)	4/21
6	71	Kristen BLEVINS	#1	Lee (Tenn.)		24.45	(1.3)	3/25
7	90	Alana GREEN	#3	Mississippi Colle		24.63	(0.0)	4/28
8	97	Carissa HALL	#1	Lee (Tenn.)		24.68	(1.3)	3/25
9	LE+0:	Eve HINE	#1	Lee (Tenn.)		24.70w	(3.5)	4/7
10		Ana IGLESIAS	#7	Christian Brothe		24.81	(1.1)	3/25

Women's 400 Meters

1	22	Kelechi CHRISTIAN	#3	Mississippi Colle	P	54.87		4/28
2	36	Eve HINE	#1	Lee (Tenn.)	P	55.65		4/14
3	40	Ana IGLESIAS	#7	Christian Brothe	P	55.73		3/25
4	45	Oriana GEE	#7	Christian Brothe	P	55.75		4/28
5	56	Nia HARRIS	#6	Shorter		56.08		4/7
6	67	Carissa HALL	#1	Lee (Tenn.)		56.38		4/7
7	88	Isila APKUP	#8	West Alabama		56.88		4/21
8	95	Kaia MARTZ	#1	Lee (Tenn.)		57.07		4/14
9		Isabella ZURITA	#7	Christian Brothe		57.25		3/25
10		Chandler ROBINSON	#2	Alabama-Huntsv		57.65		4/21

Women's 400 Meter Hurdles

1	69	Jydia FAUCETTE	#1	Lee (Tenn.)		1:03.74		4/21
2	76	Nikki MATA	#2	Alabama-Huntsv		1:03.88		4/13
3	84	Andrea CHESTER	#2	Alabama-Huntsv		1:04.20		4/21
4		Olivia FULFORD	#4	West Georgia		1:07.99		4/14
5		Camielle MILLEDGE	#6	Shorter		1:09.49		3/23
6		Maniyah THOMAS	#4	West Georgia		1:13.19		4/22
7		Audriana BLAKELY	#5	Montevallo		1:18.57		3/4
8		Kiffin BRUN	#5	Montevallo		1:18.69		4/13

Women's 800 Meters

1	24	Celine RITTER	#1	Lee (Tenn.)	P	2:10.12		4/21
2	53	Lily HARE	#1	Lee (Tenn.)		2:12.56		4/21
3	54	Lauren WALLACE	#3	Mississippi Colle		2:12.57		4/21
4	70	Jazmin HERNANDEZ	#3	Mississippi Colle		2:13.43		4/28
5	82	Haley HALL	#3	Mississippi Colle		2:14.06		4/28
6	85	Aria HAWKINS	#1	Lee (Tenn.)		2:14.17		4/21
7	91	Sarah DELGADO	#7	Christian Brothe		2:14.40		4/28
8		Megan ADAMS	#1	Lee (Tenn.)		2:17.05		4/7
9		Johanna WISTOKAT	#7	Christian Brothe		2:17.34		4/15
10		Leslie BAXTER	#3	Mississippi Colle		2:17.52		4/28

Women's 1500 Meters

1	2	Celine RITTER	#1	Lee (Tenn.)	P	4:18.79		4/21
2	37	Lauren WALLACE	#3	Mississippi Colle	P	4:29.08		4/13
3	38	Aria HAWKINS	#1	Lee (Tenn.)	P	4:29.16		4/21
4	52	Lily HARE	#1	Lee (Tenn.)	P	4:31.69		4/21
5	75	Liza KELLERMAN	#1	Lee (Tenn.)		4:34.80		4/7
6	80	Jazmin HERNANDEZ	#3	Mississippi Colle		4:35.33		4/13
7	81	Johanna WISTOKAT	#7	Christian Brothe		4:35.86		3/24
8	99	Megan ADAMS	#1	Lee (Tenn.)		4:37.73		4/21
9		Emily BERRY	#3	Mississippi Colle		4:41.88		3/31
10		Haley HALL	#3	Mississippi Colle		4:42.76		4/21

Women's Steeplechase

1	41	Bre BELL	#3	Mississippi Colle		11:08.81		4/21
2	50	Taylor ENGRAM	#2	Alabama-Huntsv		11:15.31		4/7
3	52	Ashlyn ILIFF	#1	Lee (Tenn.)		11:16.72		4/21
4	64	Elizabeth BECKHAM	#1	Lee (Tenn.)		11:27.68		4/21
5	83	Ava DICKERSON	#3	Mississippi Colle		11:34.70		4/21
6	84	Tatiana PADGETT	#2	Alabama-Huntsv		11:35.08		4/21
7	88	Abby WEIST	#2	Alabama-Huntsv		11:35.63		4/7
8		Amber FISHER	#5	Montevallo		11:56.84		4/13
9		Paige WOHLGEMUTH	#2	Alabama-Huntsv		12:23.32		4/7
10		Kendall SPARKS	#4	West Georgia		13:59.48		3/11



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Women's 5000 Meters

1	14	Celine RITTER	#1	Lee (Tenn.)	P	16:25.65	4/7
2	43	Jazmin HERNANDEZ	#3	Mississippi Colle	P	17:01.99	4/13
3	47	Johanna WISTOKAT	#7	Christian Brothe	P	17:05.12	4/21
4	50	Lily HARE	#1	Lee (Tenn.)	P	17:05.44	3/25
5	72	Aria HAWKINS	#1	Lee (Tenn.)		17:16.85	3/25
6	91	Lauren WALLACE	#3	Mississippi Colle		17:23.68	4/13
7	94	Megan ADAMS	#1	Lee (Tenn.)		17:26.12	3/25
8	97	Julia HALTERMAN	#1	Lee (Tenn.)		17:27.39	4/7
9		Katie KRUEGER	#1	Lee (Tenn.)		17:46.86	4/21
10		Olivia MCLAIN	#1	Lee (Tenn.)		17:50.24	4/21

Women's 10,000 Meters

1	58	Olivia MCLAIN	#1	Lee (Tenn.)		36:34.57	4/7
2	68	Katie KRUEGER	#1	Lee (Tenn.)		36:58.53	4/7
3		Mary Frances MATTINGLY	#2	Alabama-Huntsv		39:46.22	4/7
4		Amelia BRADY	#2	Alabama-Huntsv		39:51.26	3/25
5		Danielle HORTER	#1	Lee (Tenn.)		41:05.52	4/7
6		Natalie WARNER	#5	Montevallo		41:44.71	3/24
7		Ana WATTERS	#5	Montevallo		42:24.55	3/24

Women's 4x100 Relay

1	6	Krystalynn OATMAN, Zakiria HOLIFIELD, Chandler ROBINSON, Ijah DRAKE	#2	Alabama-Huntsv	P	45.55	4/21
2	11	Kaitlin HILL, Mikia HUTCHINGS, Annaya CHELCY, Isila APKUP	#8	West Alabama	P	45.86	4/21
3	21	Erica DUNCAN, Nia HARRIS, Erien JONES, Madison ROSE	#6	Shorter	P	46.36	4/14
4	24	Jydia FAUCETTE, Carissa HALL, Eve HINE, Kristen BLEVINS	#1	Lee (Tenn.)	P	46.53	4/21
5	47	Hannah DUNSTON, Kira MONTEFUSCO, Paishence COLLIER, Mia CULPEPPER	#4	West Georgia		47.13	4/22
6		Zauren BURTON, Hannah SMITH, Destiny BETTON, Sydney GOODE	#5	Montevallo		48.51	4/13

Women's 4x400 Relay

1	12	Kaia MARTZ, Kristen BLEVINS, Eve HINE, Carissa HALL	#1	Lee (Tenn.)	P	3:45.36	4/14
2	24	Talia PFEIFER, Isabella ZURITA, Ana IGLESIAS, Oriana GEE	#7	Christian Brothe	P	3:48.88	4/15
3	46	Alana GREEN, Haley HALL, Ereyonna GORE, Kelechi CHRISTIAN	#3	Mississippi Colle		3:53.12	4/15
4	89	Ijah DRAKE, Grace HAMPEL, Anndrea CHESTER, Nikki MATA	#2	Alabama-Huntsv		4:00.43	4/13
5	94	Camielle MILLEDGE, Nia HARRIS, Treneice GRIMES, Madison ROSE	#6	Shorter		4:01.81	3/4
6		Hannah SMITH, Rachel SMITH, Amber FISHER, Destiny BETTON	#5	Montevallo		4:24.37	3/17
7		Linda VASQUEZ, Adela BELOHLAVOVA, Ama AHOVI, Joycelyn TIFREA	#4	West Georgia		4:27.31	4/1

Women's High Jump

1	59	Gioia SCOPEL	#7	Christian Brothe	1.63m	5-4¼	4/28
1	59	Olivia FULFORD	#4	West Georgia	1.63m	5-4¼	3/23
3	83	Zauren BURTON	#5	Montevallo	1.60m	5-3	3/24
4		Haley HALL	#3	Mississippi Colle	1.58m	5-2¼	3/24
5		Sarah GOFF	#7	Christian Brothe	1.54m	5-½	4/28
5		Adrianna BURAGE	#3	Mississippi Colle	1.54m	5-½	3/31
7		Cali POLASTRO	#2	Alabama-Huntsv	1.53m	5-¼	4/13
8		Devon JACKETT	#1	Lee (Tenn.)	1.51m	4-11½	3/25
9		Ryleigh BORBASH	#3	Mississippi Colle	1.50m	4-11	3/4
10		T'Oni BIRDEN	#4	West Georgia	1.47m	4-9¾	3/23

Women's Pole Vault

1	66	Leah DENDY	#5	Montevallo	3.58m	11-9	3/24
2	80	Brynn DEPINET	#1	Lee (Tenn.)	3.51m	11-6¼	3/25
3		Lauren HAMM	#2	Alabama-Huntsv	3.36m	11-¼	3/25
4		Skylar SUGGITT	#5	Montevallo	3.30m	10-9¾	3/24
5		Emika MIYAMOTO	#2	Alabama-Huntsv	3.23m	10-7	4/13
5		Ann HAMPTON	#2	Alabama-Huntsv	3.23m	10-7	4/13
7		Taylor WALKER	#5	Montevallo	3.15m	10-4	4/7
8		Raegan MILLER	#2	Alabama-Huntsv	3.06m	10-½	3/25
9		Hallie Grace WILLIAMSON	#2	Alabama-Huntsv	3.00m	9-10	3/17
10		Elizabeth OSBORNE	#4	West Georgia	2.90m	9-6¼	4/1



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Women's Long Jump

1	22	Carissa HALL	#1	Lee (Tenn.)	P	6.03mw	19-9½ (2.4)	3/25
2	34	Oriana GEE	#7	Christian Brothe	P	5.86m	19-2¾ (0.0)	4/28
3	45	T'Oni BIRDEN	#4	West Georgia		5.78m	18-11¾ (-1)	4/1
4	57	Jydia FAUCETTE	#1	Lee (Tenn.)		5.71m	18-8¾ (1.6)	3/25
5	76	Paishence COLLIER	#4	West Georgia		5.62m	18-5¼ (-0)	4/22
6		Chelsie BURNETT	#2	Alabama-Huntsv		5.40m	17-8¾ (-0)	4/13
7		Dasani MINTER	#4	West Georgia		5.26m	17-3¼ (0.0)	4/22
7		Madison ROSE	#6	Shorter		5.26m	17-3¼ (0.5)	4/14
9		Ryleigh BORBASH	#3	Mississippi Colle		5.23m	17-2 (0.0)	4/28
10		Mia CULPEPPER	#4	West Georgia		5.17m	16-11½ (-1)	4/1

Women's Triple Jump

1	21	Carissa HALL	#1	Lee (Tenn.)	P	12.16m	39-10¾ (-1)	4/7
2	63	Tytavia HARDY	#3	Mississippi Colle		11.62m	38-1½ (-1)	3/4
3	66	Haley TRAMMELL	#4	West Georgia		11.60m	38-¾ (1.3)	4/22
3	66	Mia CULPEPPER	#4	West Georgia		11.60m	38-¾ (1.8)	4/1
5	68	T'Oni BIRDEN	#4	West Georgia		11.59m	38-¼ (0.1)	4/14
6		Kiara HILL	#2	Alabama-Huntsv		10.71m	35-1¾ (0.0)	4/22
7		Leah DENDY	#5	Montevallo		10.00m	32-9¾ (1.5)	4/13
8		Ronni VANZANDT	#2	Alabama-Huntsv		9.98m	32-9 (0.7)	3/25
9		Kiffin BRUN	#5	Montevallo		9.70m	31-10 (0.9)	4/7
10		Alyssa PEREZ	#5	Montevallo		9.42m	30-11 (-0.1)	3/17

Women's Shot Put

1	9	Shakira ARDISTER	#6	Shorter	P	14.72m	48-3½	4/21
2	48	Deborah RUBIN	#1	Lee (Tenn.)		13.31m	43-8	3/25
3	91	Essence TORNABENE	#3	Mississippi Colle		12.72m	41-8¾	3/24
4		Rashanna THORNE	#3	Mississippi Colle		12.49m	40-11¾	4/15
5		Jovita DAVE	#6	Shorter		12.47m	40-11	4/14
6		Nicole MORRIS	#3	Mississippi Colle		12.44m	40-9¾	4/28
7		Nyla SHIPMAN	#5	Montevallo		12.24m	40-2	3/24
8		Sakari FAULKNER	#3	Mississippi Colle		11.53m	37-10	4/15
9		Sydney WHITE	#1	Lee (Tenn.)		11.42m	37-5¾	3/25
10		Symphony BUXTON	#1	Lee (Tenn.)		11.40m	37-5	4/7

Women's Discus

1		Bailey WEIBLE	#2	Alabama-Huntsv		41.25m	135-4	3/25
2		Nicole MORRIS	#3	Mississippi Colle		40.17m	131-10	3/4
3		Rashanna THORNE	#3	Mississippi Colle		39.26m	128-10	4/15
4		Nyla SHIPMAN	#5	Montevallo		38.90m	127-8	4/13
5		Shakira ARDISTER	#6	Shorter		38.87m	127-7	4/7
6		Essence TORNABENE	#3	Mississippi Colle		38.21m	125-5	3/31
7		Sambresha EVERETT	#5	Montevallo		38.18m	125-3	3/24
8		Kailani SERAPION	#4	West Georgia		37.84m	124-2	3/11
9		Symphony BUXTON	#1	Lee (Tenn.)		37.66m	123-7	4/7
10		Trinity STEPHENS	#4	West Georgia		36.95m	121-3	3/23

Women's Hammer

1	26	Deborah RUBIN	#1	Lee (Tenn.)	P	53.54m	175-8	4/21
2	29	Essence TORNABENE	#3	Mississippi Colle	P	53.18m	174-6	4/21
3	59	Shakira ARDISTER	#6	Shorter		50.16m	164-7	4/21
4	85	Hannah GANT	#2	Alabama-Huntsv		48.47m	159-0	4/7
5		Nyla SHIPMAN	#5	Montevallo		45.46m	149-2	3/17
6		Nicole MORRIS	#3	Mississippi Colle		44.98m	147-7	3/24
7		Sakari FAULKNER	#3	Mississippi Colle		43.19m	141-9	4/15
8		Rashanna THORNE	#3	Mississippi Colle		42.94m	140-11	4/15
9		Symphony BUXTON	#1	Lee (Tenn.)		40.22m	132-0	4/7
10		Jovita DAVE	#6	Shorter		39.65m	130-1	4/7

Women's Javelin

1	22	Katie LONG	#2	Alabama-Huntsv	P	43.28m	142-0	4/21
2		Nautica SWAIN	#5	Montevallo		36.47m	119-8	3/4
3		Ronni VANZANDT	#2	Alabama-Huntsv		35.72m	117-2	3/17
4		Shakira ARDISTER	#6	Shorter		34.38m	112-10	4/14
5		Kailani SERAPION	#4	West Georgia		33.17m	108-10	4/14
6		Hailey SMITH	#2	Alabama-Huntsv		32.54m	106-9	4/13
7		T'Oni BIRDEN	#4	West Georgia		31.76m	104-3	3/23
8		Sydney WHITE	#1	Lee (Tenn.)		30.21m	99-1½	3/25
9		Sambresha EVERETT	#5	Montevallo		28.81m	94-6¼	3/17
10		Jayla WOODS	#6	Shorter		28.07m	92-1¼	3/4

Women's Heptathlon

1	57	T'Oni BIRDEN	#4	West Georgia		4,152		3/23
2		Olivia FULFORD	#4	West Georgia		3,686		3/23
3		Ronni VANZANDT	#2	Alabama-Huntsv		3,134		3/17
4		Kiffin BRUN	#5	Montevallo		3,010		3/17



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Independents

Women's 100 Meters

1	69	Camilla NICHOLAS	#2	Tampa	11.93w	(2.7)	4/7
2		Jada BOLHUIS	#2	Tampa	12.45	(1.6)	4/7
3		Robyn BURROWS	#5	Saint Leo	12.62	(1.7)	4/21
4		Nayeli COBOS	#7	Western New Me	12.75	(0.9)	3/24
5		Jaime HICKS	#2	Tampa	12.84w	(2.8)	4/7
6		Lillian HICKS	#2	Tampa	12.86	(-0.8)	4/21
7		Makayla LEWIS	#4	Lynn	13.03w	(3.1)	3/30
8		Abi SAINTELMY	#2	Tampa	13.36w	(2.8)	4/7
8		Lillie SHINABERRY	#1	Bluefield State	13.36	(0.0)	4/14
10		Tawnee MADDEN	#4	Lynn	13.79	(1.0)	3/17

Women's 100 Meter Hurdles

1		Allie MURPHY	#2	Tampa	15.00w	(2.3)	4/28
2		Khrisalyn KEGLER	#1	Bluefield State	15.42	(1.0)	3/24
3		Kayla HAVENS	#1	Bluefield State	16.74	(1.0)	3/24
4		Raelyn VADALA	#1	Bluefield State	16.75	(0.1)	4/14
5		Arianna WICKLIFF	#1	Bluefield State	17.52	(0.1)	4/14

Women's 200 Meters

1	73	Camilla NICHOLAS	#2	Tampa	24.48w	(2.9)	4/28
2		Jada BOLHUIS	#2	Tampa	25.02w	(2.2)	4/7
3		Lillian HICKS	#2	Tampa	25.89	(1.2)	4/28
4		Nicole SULLIVAN	#2	Tampa	25.96	(1.2)	4/28
5		Julia AHAUS	#5	Saint Leo	26.10	(1.2)	4/7
6		Nayeli COBOS	#7	Western New Me	26.21	(-0.6)	4/7
7		Robyn BURROWS	#5	Saint Leo	26.24	(1.2)	4/7
8		Makayla LEWIS	#4	Lynn	26.97	(1.4)	3/30
9		Jaime HICKS	#2	Tampa	27.06	(1.0)	3/24
10		Lillie SHINABERRY	#1	Bluefield State	27.44	(0.1)	4/14

Women's 400 Meters

1		Julia AHAUS	#5	Saint Leo	58.84		3/17
1		Lillian HICKS	#2	Tampa	58.84		4/28
3		Nicole SULLIVAN	#2	Tampa	59.13		4/7
4		Zahra WILSON	#2	Tampa	1:00.48		2/18
5		Macie SISSON	#2	Tampa	1:01.55		3/3
6		Kayden KRUCHOSKI	#2	Tampa	1:03.11		3/24
7		Deike SCHIPPER	#4	Lynn	1:04.01		4/7
8		elizabeth YORK	#2	Tampa	1:04.06		2/18
9		Veronika GARCIA	#7	Western New Me	1:06.07		3/24
10		Lily CANOY	#2	Tampa	1:06.16		4/7

Women's 400 Meter Hurdles

1	47	Allie MURPHY	#2	Tampa	1:02.95		4/28
2		Khrisalyn KEGLER	#1	Bluefield State	1:08.04		4/14
3		Kayden KRUCHOSKI	#2	Tampa	1:08.40		3/3
4		Veronika GARCIA	#7	Western New Me	1:12.16		4/14
5		Raelyn VADALA	#1	Bluefield State	1:12.53		3/24
6		Kayla HAVENS	#1	Bluefield State	1:14.90		3/24
7		Shannon CONNELLY	#2	Tampa	1:15.00		4/7
8		Arianna WICKLIFF	#1	Bluefield State	1:18.52		4/8
9		Olivia ROBERTSON	#11	USC Aiken	1:19.01		3/24

Women's 800 Meters

1	84	Holly LITTLE	#5	Saint Leo	2:14.10		4/7
2		Madelyn RODRIGUEZ	#3	Palm Beach Atla	2:14.89		4/28
3		Aoife MAHONY	#3	Palm Beach Atla	2:16.82		3/30
4		Zahra WILSON	#2	Tampa	2:17.08		4/28
5		Emily KRINEY	#2	Tampa	2:20.05		4/28
6		Kerry REILLY	#5	Saint Leo	2:21.05		4/7
7		Emma MUSSANTE	#8	Florida Southern	2:21.69		4/28
8		Riley O'REGAN	#2	Tampa	2:23.75		4/7
9		Caitlyn KOSKE	#15	Valdosta State	2:24.43		4/28
10		Brooke MULLINS	#4	Lynn	2:24.63		3/30

Women's 1500 Meters

1	53	Holly LITTLE	#5	Saint Leo	P 4:31.71		3/17
2	57	Madelyn RODRIGUEZ	#3	Palm Beach Atla	4:33.16		3/30
3	95	Aoife MAHONY	#3	Palm Beach Atla	4:37.50		3/30
4		Kerry REILLY	#5	Saint Leo	4:38.92		4/21
5		Dune COSTES	#3	Palm Beach Atla	4:39.74		3/30
6		Aspen GORDON	#2	Tampa	4:41.52		4/21
7		Emma SKINNER	#2	Tampa	4:44.13		3/24
8		Tabitha SUGGS	#2	Tampa	4:45.07		4/21
9		Hannah OFFENBACK	#2	Tampa	4:45.13		3/24
10		Emma MUSSANTE	#8	Florida Southern	4:45.22		3/30

Women's Steeplechase

1	29	Holly LITTLE	#5	Saint Leo	P 11:00.44		4/21
2	43	Dune COSTES	#3	Palm Beach Atla	11:11.43		4/28
3		Carolina TITUS	#8	Florida Southern	12:18.09		3/30
4		Skylar GRANT	#9	West Florida	12:32.70		3/31
5		Ayla YOUNG	#12	Union (Tenn.)	13:27.54		3/25
6		Bella HOMORODY	#14	Mercyhurst	13:42.32		4/16
7		Olivia ROBERTSON	#11	USC Aiken	14:29.95		3/10
8		Emma FLYNN	#1	Bluefield State	14:37.48		3/10

Women's 5000 Meters

1	62	Madelyn RODRIGUEZ	#3	Palm Beach Atla	17:11.91		4/7
2	76	Holly LITTLE	#5	Saint Leo	17:18.73		3/3
3	92	Emma MUSSANTE	#8	Florida Southern	17:24.37		3/16
4		Dune COSTES	#3	Palm Beach Atla	17:37.60		4/7
5		Aspen GORDON	#2	Tampa	17:42.71		4/28
6		Kerry REILLY	#5	Saint Leo	17:46.46		4/21
7		Tabitha SUGGS	#2	Tampa	17:46.47		4/7
8		Paige PATTERSON	#5	Saint Leo	17:46.51		3/3
9		Laura GEORGELIN	#3	Palm Beach Atla	17:48.83		3/17
10		Ellie FLUMAN	#8	Florida Southern	17:51.35		3/16

Women's 10,000 Meters

1	76	Laura GEORGELIN	#3	Palm Beach Atla	37:16.84		4/7
2	88	Ellie FLUMAN	#8	Florida Southern	37:27.24		4/7
3	90	Allison SENG	#3	Palm Beach Atla	37:28.33		4/7
4		Skylar GRANT	#9	West Florida	39:39.22		3/17
5		Anna AGI	#13	Georgia College	40:00.30		4/14
6		Karah MCELHONE	#8	Florida Southern	40:02.43		4/7
7		Ava BALDAUF	#9	West Florida	40:03.87		3/17



Conference TFRI Event Summary

as of 5/1/2023 7:28:00 AM

Independents

Women's 4x100 Relay

1	54	Alejandra CRUZ, Gidelys PEREZ, Solymar ARROYO, Cherilyn TORO	#10 UPR Mayaguez	47.34	3/25
2	70	Jada BOLHUIS, Lillian HICKS, Jaime HICKS, Camilla NICHOLAS	#2 Tampa	47.77	3/17
3		Rori COX, Raelyn VADALA, Kayla HAVENS, Khrisalyn KEGLER	#1 Bluefield State	52.37	4/8
4		Tawnee MADDEN, Makayla LEWIS, Lily KOCH, Brooke BOND	#4 Lynn	52.61	3/17
5		Joni DICE, Madelyn RODRIGUEZ, Aoife MAHONY, Faith KULIS	#3 Palm Beach Atla	58.96	2/18

Women's 4x400 Relay

1	52	Nicole SULLIVAN, Lillian HICKS, Allie MURPHY, Zahra WILSON	#2 Tampa	3:54.34	4/28
2		Aoife MAHONY, Sadie NORDMEYER, Gwen SHAMEL, Madelyn RODRIGUEZ	#3 Palm Beach Atla	4:17.01	2/18
3		Deike SCHIPPER, Lily KOCH, Makayla LEWIS, Emma CAMPBELL	#4 Lynn	4:18.42	3/30
4		Sophie BARTH, Caitlin BEERY, Jinia JOHNSON, Rachel HOCKENBERRY	#8 Florida Southern	4:21.40	2/18
5		Khrisalyn KEGLER, Raelyn VADALA, Kayla HAVENS, BriShaela MCHANEY	#1 Bluefield State	4:31.35	3/24
6		Haley SYKES, Kaley SYKES, Gracie CRESS, Isabella STURGILL	#6 UVa-Wise	5:01.36	4/14

Women's High Jump

1		Rori COX	#1 Bluefield State	1.50m	4-11	4/14
2		BriShaela MCHANEY	#1 Bluefield State	1.36m	4-5½	4/14
3		Aerihna AFOA	#1 Bluefield State	1.31m	4-3½	4/14
3		Raelyn VADALA	#1 Bluefield State	1.31m	4-3½	4/14
5		Kayla HAVENS	#1 Bluefield State	1.26m	4-1½	4/14

Women's Pole Vault

1		Arianna WICKLIFF	#1 Bluefield State	1.22m	4-0	4/14
1		Karlee WILLIAMS	#1 Bluefield State	1.22m	4-0	4/14

Women's Long Jump

1		Raelyn VADALA	#1 Bluefield State	4.96m	16-3¼ (0.0)	4/14
2		Kateryna DASHEVSKA	#1 Bluefield State	4.49m	14-8¾ (0.9)	3/24
3		Kayla HAVENS	#1 Bluefield State	4.33m	14-2½ (0.0)	4/8
4		Aerihna AFOA	#1 Bluefield State	4.32m	14-2¼ (1.6)	4/8
5		Tawnee MADDEN	#4 Lynn	4.19m	13-9 (1.9)	4/7
6		Karlee WILLIAMS	#1 Bluefield State	4.08m	13-4¾ (-1.)	4/14
7		Kayrha AUGUSTUS	#4 Lynn	3.98m	13-¾ (1.0)	4/7
8		Rori COX	#1 Bluefield State	3.05m	10-¼ (0.0)	4/8

Women's Triple Jump

1		Kayla HAVENS	#1 Bluefield State	10.25m	33-7½ (0.0)	4/8
2		Kateryna DASHEVSKA	#1 Bluefield State	10.14m	33-3¼ (1.0)	3/24
3		Raelyn VADALA	#1 Bluefield State	9.97m	32-8½ (1.3)	3/10

Women's Shot Put

1		Nia ROGERS	#6 UVa-Wise	11.23m	36-10¼	3/24
2		Beyonka LEE	#1 Bluefield State	10.90m	35-9¼	4/8
3		Coraly DUPREE	#1 Bluefield State	9.74m	31-11½	4/8
4		Hannah MCAMIS	#6 UVa-Wise	8.85m	29-½	3/24
5		Oliviah GREEN	#1 Bluefield State	8.50m	27-10¾	4/8
6		Britney HICKMAN	#7 Western New Me	8.01m	26-3½	4/7
7		Mady BUCHANAN	#6 UVa-Wise	7.95m	26-1	4/14
8		Maia MESA	#7 Western New Me	7.75m	25-5¼	4/7
9		Emma DINGUS	#6 UVa-Wise	7.42m	24-4¼	3/24
10		Charnetta BROWN	#4 Lynn	7.08m	23-2¾	3/30

Women's Discus

1		Nia ROGERS	#6 UVa-Wise	30.95m	101-7	4/8
2		Oliviah GREEN	#1 Bluefield State	30.94m	101-6	4/14
3		Beyonka LEE	#1 Bluefield State	30.30m	99-5	4/8
4		Joni DICE	#3 Palm Beach Atla	28.40m	93-2¼	4/28
5		Rachel MAJOR	#1 Bluefield State	23.67m	77-8	3/10
6		Emma DINGUS	#6 UVa-Wise	23.63m	77-6½	3/24
7		Britney HICKMAN	#7 Western New Me	23.61m	77-5½	4/14
8		Coraly DUPREE	#1 Bluefield State	21.19m	69-6¼	4/8
9		Mady BUCHANAN	#6 UVa-Wise	21.00m	68-10¾	4/14
10		Rylee TRUSLOW	#1 Bluefield State	20.66m	67-9½	3/10

Women's Hammer

1		Beyonka LEE	#1 Bluefield State	38.28m	125-7	4/8
2		Oliviah GREEN	#1 Bluefield State	33.30m	109-3	4/8
3		Nia ROGERS	#6 UVa-Wise	30.48m	100-0	4/14
4		Emma DINGUS	#6 UVa-Wise	28.56m	93-8½	4/14
5		Mady BUCHANAN	#6 UVa-Wise	24.43m	80-2	4/14
6		Coraly DUPREE	#1 Bluefield State	22.31m	73-2½	4/8
7		Hannah MCAMIS	#6 UVa-Wise	21.89m	71-10	3/24



Conference TFRI Event Summary

as of 5/1/2023 7:28:00 AM

Independents

Women's Javelin

1	Selma CARRASCO	#7	Western New Me	30.23m	99-2¼	4/7
2	Britney HICKMAN	#7	Western New Me	29.54m	96-11	4/7
3	Oliviah GREEN	#1	Bluefield State	27.72m	90-11½	4/14
4	Catherine SAN MIGUEL	#7	Western New Me	27.05m	88-9	4/14
5	Rylee TRUSLOW	#1	Bluefield State	26.15m	85-9½	4/14
6	Mady BUCHANAN	#6	UVa-Wise	25.82m	84-8½	4/14
7	Kateryna DASHEVSKA	#1	Bluefield State	24.42m	80-1½	4/14
8	Taylor ANDERSON	#1	Bluefield State	21.84m	71-8	4/14
9	Alixé VAN CRAENBROECK	#1	Bluefield State	19.54m	64-1¼	3/10
10	Beyonka LEE	#1	Bluefield State	18.25m	59-10½	3/10



Conference TFRI Event Summary

as of 5/1/2023 7:28:01 AM

Lone Star

Women's 100 Meters

1	5	DeOndra GREEN	#1	West Texas A&M	P	11.39c	(11.36A) (1	4/6
2	10	Leah BELFIELD	#1	West Texas A&M	P	11.50c	(11.47A) (1	4/6
3	17	Alana WILSON	#1	West Texas A&M	P	11.59c	(11.56A) (1	4/6
4	41	Bryah DAVIS	#9	Oklahoma Chris	P	11.81	(1.7)	3/24
5	47	Corrssia PERRY	#1	West Texas A&M	P	11.83c	(11.80A) (-	3/24
5	47	Gabriella HOLMSTROM	#1	West Texas A&M	P	11.83cw	(11.80A) (2	4/6
5	47	Jordanae SCOTT	#1	West Texas A&M	P	11.83c	(11.80A) (1	4/6
8	74	Jaylen HOGUE	#6	Midwestern Stat		11.95w	(3.7)	4/14
9		Asia ROBERTSON	#6	Midwestern Stat		12.04w	(3.7)	4/14
10		Joy EGWU	#5	Lubbock Christi		12.05cw	(12.02A) (2	4/6
10		Fatoumata KABO	#2	Angelo State		12.05	(0.9)	4/7

Women's 100 Meter Hurdles

1	7	Maricia SPENCE	#2	Angelo State	P	13.66w	(2.4)	4/7
2	18	Laiten GREESON	#1	West Texas A&M	P	13.95w	(3.9)	3/29
3	42	Elliot HARRISON	#1	West Texas A&M		14.31c	(14.27A) (2	4/6
4	53	Anna RICCOMAGNO	#2	Angelo State		14.40w	(2.4)	4/7
5	77	Kennedi SILMON	#4	Texas A&M-King		14.65	(2.0)	4/15
6	81	Abby ZAMZOW	#2	Angelo State		14.67w	(2.5)	4/22
7	89	Ariyah SAMUELS	#2	Angelo State		14.73	(1.1)	3/3
8		Audrey WISTAIN	#10	St. Edward's		14.89	(1.2)	3/30
9		Allison VAUGHN	#2	Angelo State		15.02	(1.8)	4/7
10		Jasmyne TULLOCH	#4	Texas A&M-King		15.18w	(3.0)	3/17

Women's 200 Meters

1	14	Leah BELFIELD	#1	West Texas A&M	P	23.76c	(23.69A) (1	4/6
2	16	Corrssia PERRY	#1	West Texas A&M	P	23.83c	(23.76A) (0	3/24
3	19	DeOndra GREEN	#1	West Texas A&M	P	23.87cw	(23.80A) (2	4/6
4	24	Alana WILSON	#1	West Texas A&M	P	23.91cw	(23.84A) (2	4/6
5	45	Jordan BROWN	#1	West Texas A&M	P	24.19c	(24.12A) (0	4/6
6	57	Shiean WALTERS	#2	Angelo State	P	24.32w	(2.5)	3/17
7	65	Maricia SPENCE	#2	Angelo State		24.40	(0.6)	4/7
8	69	Fatoumata KABO	#2	Angelo State		24.44	(2.0)	4/7
9	74	Anna SALISBURY	#5	Lubbock Christi		24.49c	(24.42A) (0	4/6
10	83	Zykia MCDANIEL	#2	Angelo State		24.58w	(2.2)	4/22

Women's 400 Meters

1	2	Corrssia PERRY	#1	West Texas A&M	P	52.82c	(52.71A)	4/6
2	4	Shadae FINDLEY	#2	Angelo State	P	53.42c	(53.31A)	3/24
3	6	Shiean WALTERS	#2	Angelo State	P	53.66		4/7
4	10	Zykia MCDANIEL	#2	Angelo State	P	53.99		4/27
5	14	Anna SALISBURY	#5	Lubbock Christi	P	54.12c	(54.01A)	4/6
6	19	Jordan BROWN	#1	West Texas A&M	P	54.75c	(54.64A)	4/6
7	27	Melanie ROLAND	#4	Texas A&M-King	P	55.48		4/21
8	47	Cynai CHRISTOPHER	#4	Texas A&M-King	P	55.77		4/21
9	48	Jozlyn ARANA	#5	Lubbock Christi	P	55.79		4/13
10	87	Vitiana ROBERT	#4	Texas A&M-King		56.87		4/21

Women's 400 Meter Hurdles

1	37	Maricia SPENCE	#2	Angelo State	P	1:02.24		4/27
2	45	Allison VAUGHN	#2	Angelo State		1:02.84		4/22
2	45	Amber GONZALEZ	#4	Texas A&M-King		1:02.84		3/24
4	54	Elliot HARRISON	#1	West Texas A&M		1:03.14c	(1:03.03A)	4/6
5	70	Mahault LEBRUN	#8	Eastern New Me		1:03.79		4/14
6	84	Abbey BRADSHAW	#3	Dallas Baptist		1:04.20		4/7
7	99	Anna RICCOMAGNO	#2	Angelo State		1:04.49		3/29
8		Trell'Kyrh WATKINS	#6	Midwestern Stat		1:05.24		4/14
9		Ariyah SAMUELS	#2	Angelo State		1:05.81		3/3
10		Meadow HOUSMAN	#3	Dallas Baptist		1:05.96		3/9

Women's 800 Meters

1	21	Shadae FINDLEY	#2	Angelo State	P	2:09.74		4/7
2	47	Raquel CHAVEZ	#1	West Texas A&M	P	2:11.95c	(2:12.37A)	4/6
3	87	Madelyn MERRELL	#5	Lubbock Christi		2:14.23		4/13
4		Juliana MERLO	#10	St. Edward's		2:15.11		4/13
5		Emily COLE	#3	Dallas Baptist		2:15.82		4/22
6		Calista SEGURA	#7	UT Tyler		2:15.96		4/22
7		Marissa INSINNA	#3	Dallas Baptist		2:15.98		4/28
8		Emme O'DONNELL	#3	Dallas Baptist		2:16.73		3/9
9		Genevieve YOUNG	#11	Cameron		2:17.17		4/22
10		Jadyn DANGERFIELD	#6	Midwestern Stat		2:17.24		4/14

Women's 1500 Meters

1	1	Eleonora CURTABBI	#1	West Texas A&M	P	4:18.72		4/13
2	27	Madison BROWN	#3	Dallas Baptist	P	4:27.40		4/22
3	50	Betty BAJIKA	#1	West Texas A&M	P	4:31.46c	(4:34.74A)	3/24
4	58	Marissa INSINNA	#3	Dallas Baptist		4:33.48		4/13
5	67	Madelyn MERRELL	#5	Lubbock Christi		4:34.19		4/13
6	90	Emme O'DONNELL	#3	Dallas Baptist		4:36.99		3/9
7		Raquel CHAVEZ	#1	West Texas A&M		4:39.98c	(4:43.36A)	3/24
8		Elizabeth HEFFERNAN	#9	Oklahoma Chris		4:40.52		4/13
9		Juliana MERLO	#10	St. Edward's		4:40.59		4/13
10		KayCee KELLER	#3	Dallas Baptist		4:43.29		3/9

Women's Steeplechase

1	1	Eleonora CURTABBI	#1	West Texas A&M	P	9:57.76		4/13
2	62	Rylee CRISTAN	#3	Dallas Baptist		11:26.03		4/13
3		Mary BROWN	#2	Angelo State		11:46.48		4/7
4		Elayna METZGER	#7	UT Tyler		11:50.36		4/22
5		Elizabeth BUTZKE	#6	Midwestern Stat		11:53.71		3/17
6		Megan KIRTLEY	#3	Dallas Baptist		12:23.08		4/22
7		Mathilde WINTHER	#11	Cameron		12:26.25		4/7
8		Marigold HUNTER	#7	UT Tyler		12:26.26		3/17
9		Arian SPEARS	#11	Cameron		12:36.39		3/24
10		Lauren GRIEGO	#8	Eastern New Me		13:06.90c	(13:18.18A)	4/22



Conference TFRI Event Summary

as of 5/1/2023 7:28:01 AM

Lone Star

Women's 5000 Meters

1	2	Florance UWAJENEZA	#1	West Texas A&M P	16:07.13	3/29
2	10	Madison BROWN	#3	Dallas Baptist P	16:19.49	4/13
3	28	Betty BAJIKA	#1	West Texas A&M P	16:47.65	4/13
4	51	Marissa INSINNA	#3	Dallas Baptist P	17:05.57	4/28
5	64	Elizabeth HEFFERNAN	#9	Oklahoma Chris	17:12.55	3/24
6	65	KayCee KELLER	#3	Dallas Baptist	17:13.26	4/22
7	69	Jenna HOWARD	#3	Dallas Baptist	17:16.37	4/22
8	79	Lexi MAUL	#1	West Texas A&M	17:19.62c (17:35.81A)	3/18
9		Fae GONZALEZ	#4	Texas A&M-King	17:29.50	4/22
10		Emme O'DONNELL	#3	Dallas Baptist	17:34.35	4/13

Women's 10,000 Meters

1	2	Florance UWAJENEZA	#1	West Texas A&M P	32:49.06	4/13
2	8	Marissa INSINNA	#3	Dallas Baptist P	34:26.51	3/17
3	10	Madison BROWN	#3	Dallas Baptist P	34:28.89	3/17
4	28	KayCee KELLER	#3	Dallas Baptist P	35:25.43	4/12
5	36	Betty BAJIKA	#1	West Texas A&M P	35:47.00c (36:26.54A)	4/22
6	45	Jenna HOWARD	#3	Dallas Baptist P	36:08.17	4/13
7	52	Lexi MAUL	#1	West Texas A&M P	36:24.33c (37:04.56A)	4/22
8	LE+0:	Elizabeth HEFFERNAN	#9	Oklahoma Chris	37:47.84	3/29
9		Caroline KARR	#9	Oklahoma Chris	37:58.51	3/29
10		Kallie BULLARD	#1	West Texas A&M	38:24.94c (39:07.39A)	4/22

Women's 4x100 Relay

1	1	Jordanae SCOTT, Leah BELFIELD, Alana WILSON, DeOndra GREEN	#1	West Texas A&M P	44.46c (44.34A)	4/6
2	31	Maricia SPENCE, Fatoumata KABO, Shiean WALTERS, Zykia MCDANIEL	#2	Angelo State	46.75	3/17
3	32	Kennedy SMITH, Asia ROBERTSON, Corinne THORPE, Jaylen HOGUE	#6	Midwestern Stal	46.76	4/7
4	56	Cynai CHRISTOPHER, Vitiana ROBERT, Melanie ROLAND, Martina STANCHI	#4	Texas A&M-King	47.38	4/7
5	77	Michaelle SIME, Joy EGWU, Jozlyn ARANA, Kiley CUMMINGS	#5	Lubbock Christi	47.98c (47.86A)	4/6
6		Whitney WILLEFORD, Ellie FRYE, Meggie MORRIS, Grace HARNEY	#3	Dallas Baptist	48.51	4/22
7		Jaliyah DENNY, Meghan RODRIGUEZ, Mahault LEBRUN, Ashlynn EVANS	#8	Eastern New Me	49.00c (48.88A)	4/6
8		Denim BOONE, Saarah HILL, Amiah OSBORNE, Anne DE JONG	#11	Cameron	51.27	3/30



Conference TFRI Event Summary

as of 5/1/2023 7:28:01 AM

Lone Star

Women's 4x400 Relay

1	2	Shiean WALTERS, Zykia MCDANIEL, Maricia SPENCE, Shadae FINDLEY	#2 Angelo State	P 3:38.64	3/29
2	3	Corrssia PERRY, Alana WILSON, Moillet KOUAKOU, Jordan BROWN	#1 West Texas A&M	P 3:39.96	3/29
3	14	Melanie ROLAND, Vitiana ROBERT, Amber GONZALEZ, Cynai CHRISTOPHER	#4 Texas A&M-King	P 3:46.02	4/21
4	15	Reanna ARGULLIN, Jozlyn ARANA, Kiley CUMMINGS, Anna SALISBURY	#5 Lubbock Christi	P 3:46.94c (3:46.50A)	4/6
5	43	Daiza JONES, Jady DANGERFIELD, Da'Shrana SIMS, Trell'Kyrah WATKINS	#6 Midwestern Stat	3:51.49	4/21
6	78	Ellie FRYE, Whitney WILLEFORD, Meggie MORRIS, Abbey BRADSHAW	#3 Dallas Baptist	3:58.08	4/22
7	81	Yamila CARTWRIGHT, Amari SINGLETON, Hailey RODRIGUEZ, Mia RIVERA	#10 St. Edward's	3:58.77	3/3
8		Meghan RODRIGUEZ, Mahault LEBRUN, Savannah ROMERO, Kaylyn DE LA ROSA	#8 Eastern New Me	4:09.21	4/14
9		Aerin THOMPSON, Calista SEGURA, Marissa AGEE, Charlisa TEAGLE	#7 UT Tyler	4:09.83c (4:09.39A)	3/24
10		Saarah HILL, Daesha BRATHWAITE, Genevieve YOUNG, Malethabo SEEMA	#11 Cameron	4:10.07	3/24

Women's High Jump

1	7	Brooke URBAN	#1 West Texas A&M	P 1.71mA 5-7¼	3/24
2	14	Taylor NELLOMS	#1 West Texas A&M	P 1.70mA 5-7	4/6
3	28	Madison RAMOS	#4 Texas A&M-King	1.66m 5-5¼	4/15
4	67	Anna RICCOMAGNO	#2 Angelo State	1.62m 5-3¾	4/7
5	83	Kylie PADEN	#2 Angelo State	1.60m 5-3	3/3
5	83	Aerin THOMPSON	#7 UT Tyler	1.60m 5-3	4/14
7		Laiten GREESON	#1 West Texas A&M	1.59mA 5-2½	4/6
8		Elliot HARRISON	#1 West Texas A&M	1.56mA 5-1¼	4/6
9		Abby PHILLIPS	#3 Dallas Baptist	1.55m 5-1	4/13
10		Amanda CHACON	#3 Dallas Baptist	1.54m 5-½	3/9
10		Abbey BRADSHAW	#3 Dallas Baptist	1.54m 5-½	3/9
10		Hekla MAGNUSDOTTIR	#1 West Texas A&M	1.54mA 5-½	4/22

Women's Pole Vault

1	10	Abeni KRATZMEYER	#7 UT Tyler	P 4.02m 13-2¼	4/22
2	44	Camryn BARROS	#2 Angelo State	3.68m 12-¾	4/27
3	51	Coryn PETERS	#2 Angelo State	3.65mA 11-11¾	3/24
4	81	Joey ZIMMERMAN	#1 West Texas A&M	3.50mA 11-5¾	4/6
5	94	Kylie PADEN	#2 Angelo State	3.45mA 11-3¾	3/24
6		Katelyn BOHENSKY	#2 Angelo State	3.38m 11-1	4/27
7		Paige GRAHAM	#8 Eastern New Me	3.35mA 10-11¾	4/14
7		Olivia MITCHELL	#7 UT Tyler	3.35m 10-11¾	4/14
9		Delaini HANNA	#6 Midwestern Stat	3.20m 10-6	4/14
10		Sofia GARCIA	#4 Texas A&M-King	3.17m 10-4¾	4/22

Women's Long Jump

1	7	Daniela PESIC	#1 West Texas A&M	P 6.15mwA 20-2¼ (3.9)	4/6
2	9	Maricia SPENCE	#2 Angelo State	P 6.11mw 20-½ (2.1)	4/7
3	20	Taylor NELLOMS	#1 West Texas A&M	P 6.06mwA 19-10¾ (3)	4/6
4	30	Kailee BENTON	#1 West Texas A&M	P 5.89mwA 19-4 (3.7)	4/22
5	32	Miriam ZANOVELLO	#1 West Texas A&M	P 5.87mwA 19-3¼ (3.3)	4/6
6	48	Abby ZAMZOW	#2 Angelo State	5.76m 18-10¾ (0)	4/7
7	51	Elliot HARRISON	#1 West Texas A&M	5.75mA 18-10½ (1)	4/6
8	78	Laiten GREESON	#1 West Texas A&M	5.61mA 18-5 (0.8)	4/6
8	78	Whitney WILLEFORD	#3 Dallas Baptist	5.61mw 18-5 (2.9)	4/14
10		Ashlynn EVANS	#8 Eastern New Me	5.50mA 18-½ (0.4)	4/6

Women's Triple Jump

1	2	Taylor NELLOMS	#1 West Texas A&M	P 13.29mw 43-7¼ (2.4)	3/29
2	13	Abby ZAMZOW	#2 Angelo State	P 12.33m 40-5½ (0.1)	4/27
3	15	Miriam ZANOVELLO	#1 West Texas A&M	P 12.26mwA 40-2¾ (2.8)	4/6
4	27	Jazmin RAY	#4 Texas A&M-King	P 12.09m 39-8 (1.6)	4/22
5	31	Allison VAUGHN	#2 Angelo State	P 12.02m 39-5¼ (0.4)	4/27
6	37	Hekla MAGNUSDOTTIR	#1 West Texas A&M	11.93mA 39-1¾ (1.5)	4/22
7	39	Stefani VASILEVA	#1 West Texas A&M	11.90mwA 39-½ (3.7)	3/18
8	80	Kailee BENTON	#1 West Texas A&M	11.48mwA 37-8 (2.4)	4/22
9	93	Hayden GREEN	#3 Dallas Baptist	11.37m 37-3¾ (1.4)	4/13
10	99	Ashlynn EVANS	#8 Eastern New Me	11.30m 37-1 (0.0)	3/24

Women's Shot Put

1	16	Katryna HERNANDEZ	#4 Texas A&M-King	P 14.45m 47-5	4/15
2	37	Tamia SMITH	#8 Eastern New Me	13.54mA 44-5¼	4/6
3	40	Mackenzie CONTRERAS	#4 Texas A&M-King	13.40m 43-11¾	4/15
4	54	Brooklyn HOUSE	#7 UT Tyler	13.25m 43-5¾	3/17
5	61	Maricia SPENCE	#2 Angelo State	13.18m 43-3	4/7
6	78	Abigail JONES	#5 Lubbock Christi	12.95mA 42-6	3/24
6	78	Jazmene DURAN	#5 Lubbock Christi	12.95mA 42-6	4/28
8	89	Meadow GALLETINE	#1 West Texas A&M	12.85mA 42-2	4/14
9	90	Kennedy ULMER	#8 Eastern New Me	12.74mA 41-9¾	4/28
10	91	Alexandria TICE	#1 West Texas A&M	12.72mA 41-8¾	4/14



Conference TFRI Event Summary

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Lone Star

Women's Discus

1	13	Brooklyn HOUSE	#7	UT Tyler	P	46.90m	153-11	4/14
2	25	Veronica GARCIA	#4	Texas A&M-King		45.19m	148-3	4/15
3	55	Kennedy ULMER	#8	Eastern New Me		42.95mA	140-11	4/22
4	63	Nikkita ADDY	#9	Oklahoma Chris		42.52m	139-6	4/7
5	79	Katryna HERNANDEZ	#4	Texas A&M-King		41.94m	137-7	3/24
6	87	Tiamara HILL-JOHNSON	#2	Angelo State		41.78m	137-1	3/17
7	89	Abigail JONES	#5	Lubbock Christi		41.69mA	136-10	4/28
8		Diana BUSTOS-TORRES	#4	Texas A&M-King		41.19m	135-2	3/17
9		Skyler DEMPSEY	#5	Lubbock Christi		41.13mA	134-11	4/28
10		Mackenzie CONTRERAS	#4	Texas A&M-King		40.71m	133-7	3/17

Women's Hammer

1	49	Katryna HERNANDEZ	#4	Texas A&M-King		51.14m	167-10	4/7
2		Jenna LLOYD	#4	Texas A&M-King		46.90m	153-11	4/7
3		Abigail JONES	#5	Lubbock Christi		45.54mA	149-5	4/22
4		Diana BUSTOS-TORRES	#4	Texas A&M-King		45.37m	148-10	4/15
5		Andrea JIMENEZ	#4	Texas A&M-King		45.30m	148-8	4/15
6		Taelor BROWN	#9	Oklahoma Chris		44.58m	146-3	4/15
7		Leah OGUNTOPE	#9	Oklahoma Chris		44.36m	145-7	4/15
8		Tamia SMITH	#8	Eastern New Me		44.29m	145-4	4/14
9		Veronica GARCIA	#4	Texas A&M-King		44.11m	144-9	4/22
10		Meadow GALLENTINE	#1	West Texas A&M		43.79mA	143-8	3/18

Women's Javelin

1	10	Talena MURRAY	#2	Angelo State	P	44.70m	146-8	4/22
2	43	Maricia SPENCE	#2	Angelo State		40.63m	133-4	4/7
3	88	Anna RICCOMAGNO	#2	Angelo State		37.77m	123-11	4/7
4		Anna PICKETT	#2	Angelo State		36.05m	118-3	3/17
5		Laiten GREESON	#1	West Texas A&M		34.50mA	113-2	4/6
6		Skyler DEMPSEY	#5	Lubbock Christi		33.17mA	108-10	3/18
7		Paityn GREEN	#5	Lubbock Christi		31.01mA	101-9	3/18
8		Allison VAUGHN	#2	Angelo State		30.80m	101-1	4/22
9		Abby ZAMZOW	#2	Angelo State		29.96m	98-3½	4/22
10		Ayse ALLISON	#5	Lubbock Christi		29.67mA	97-4¼	4/28

Women's Heptathlon

1	4	Maricia SPENCE	#2	Angelo State	P	5,513		4/7
2	9	Laiten GREESON	#1	West Texas A&M	P	5,136A		4/6
3	11	Anna RICCOMAGNO	#2	Angelo State	P	4,983		4/7
4	14	Elliot HARRISON	#1	West Texas A&M	P	4,895A		4/6
5	15	Allison VAUGHN	#2	Angelo State	P	4,849		4/7
6	18	Abby ZAMZOW	#2	Angelo State	P	4,782		4/7
7	80	Coulter REEL	#5	Lubbock Christi		3,928A		4/6
8	85	Jezell SHOWS	#4	Texas A&M-King		3,907		4/7
9		Kylie FRUSH	#2	Angelo State		3,650		4/7
10		Aerin THOMPSON	#7	UT Tyler		3,419A		4/6



Conference TFRI Event Summary

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MIAA

Women's 100 Meters

1	2	Taniya LOONEY	#1	Pittsburg State	P	11.34w	(3.1)	3/23
2	4	Isabella HOHL	#6	Washburn	P	11.38w	(2.8)	4/27
3	17	Shenese WALKER	#8	Lincoln (Mo.)	P	11.59w	(3.7)	4/13
4	33	Hughasia FYFFE	#8	Lincoln (Mo.)	P	11.72w	(2.4)	3/31
5	37	Ally HAMMOND	#2	Northwest Missc	P	11.76w	(3.1)	3/23
5	37	Lytic HOLMAN	#3	Fort Hays State	P	11.76w	(3.1)	3/23
7	39	Kiara SMITH	#5	Missouri Southe	P	11.77	(1.5)	4/8
8	52	Jovanna GUSTAVE	#8	Lincoln (Mo.)	P	11.84	(-3.1)	4/21
9	54	Kennedi CLINE	#2	Northwest Missc	P	11.85w	(3.1)	3/23
10	59	Luisarys TOLEDO	#2	Northwest Missc		11.88	(1.2)	4/27

Women's 100 Meter Hurdles

1	2	Kiara SMITH	#5	Missouri Southe	P	13.22	(2.0)	4/20
2	12	Sophia MYERS	#8	Lincoln (Mo.)	P	13.74w	(2.8)	4/21
3	16	Shanette ALLISON	#8	Lincoln (Mo.)	P	13.91	(1.8)	4/7
4	18	Mattie ROSSI	#3	Fort Hays State	P	13.95w	(2.2)	4/27
5	24	Sarah PRICKETT	#2	Northwest Missc	P	14.11w	(3.1)	4/13
6	25	Nakiya MARSHALL	#1	Pittsburg State	P	14.12	(-0.3)	3/31
7	33	Kayla GOODWIN	#4	Central Missouri		14.26w	(2.5)	3/23
8	36	Cornesia CALHOUN-WHITE	#5	Missouri Southe		14.30w	(2.5)	4/14
8	36	Ally HAMMOND	#2	Northwest Missc		14.30	(0.5)	3/23
10	53	Chloe STANLEY	#3	Fort Hays State		14.40	(1.3)	4/23

Women's 200 Meters

1	16	Taniya LOONEY	#1	Pittsburg State	P	23.83	(0.0)	4/8
2	23	Isabella HOHL	#6	Washburn	P	23.90w	(3.3)	4/27
3	26	Kennedi CLINE	#2	Northwest Missc	P	23.94w	(3.4)	4/13
4	31	Luisarys TOLEDO	#2	Northwest Missc	P	24.04w	(2.2)	4/27
5	35	Shenese WALKER	#8	Lincoln (Mo.)	P	24.08	(-2.0)	4/29
5	35	Kiara SMITH	#5	Missouri Southe	P	24.08w	(2.4)	4/20
7	39	Lytic HOLMAN	#3	Fort Hays State	P	24.10w	(3.3)	4/27
8	41	Hughasia FYFFE	#8	Lincoln (Mo.)	P	24.13	(1.2)	4/29
9	51	Jamiya MORGAN	#1	Pittsburg State	P	24.28	(1.5)	4/22
10	53	Chloe SAENZ	#2	Northwest Missc	P	24.29w	(2.6)	4/13

Women's 400 Meters

1	3	Luisarys TOLEDO	#2	Northwest Missc	P	53.33		4/13
2	7	Tiffany HUGHEY	#2	Northwest Missc	P	53.67		4/27
3	11	Kennedi CLINE	#2	Northwest Missc	P	54.05		4/13
4	18	Chardae OVERSTREET	#5	Missouri Southe	P	54.53		4/20
5	21	Chloe SAENZ	#2	Northwest Missc	P	54.86		4/13
6	25	Kinleigh HALL	#1	Pittsburg State	P	55.46		4/13
7	41	Lytic HOLMAN	#3	Fort Hays State	P	55.74		4/23
8	49	Aneesa ABDUL-HAMEED	#10	Missouri Western	P	55.84		4/13
9	50	Nicole MESSBARGER	#7	Neb.-Kearney	P	55.86c	(55.75A)	4/6
10	51	LaNea WALLACE	#5	Missouri Southe	P	55.88		3/23

Women's 400 Meter Hurdles

1	1	Maria DIAMOND	#8	Lincoln (Mo.)	P	57.88		4/21
2	3	Mattie ROSSI	#3	Fort Hays State	P	59.19		4/27
3	14	Taylor SAVOLT	#3	Fort Hays State	P	1:00.61		4/27
4	16	Jaedy COMMINS	#2	Northwest Missc	P	1:00.82		4/13
5	18	Olivia SATTLEFIELD	#2	Northwest Missc	P	1:01.01		4/13
6	19	Abigail REID	#9	Emporia State	P	1:01.17		4/8
7	25	LaNea WALLACE	#5	Missouri Southe	P	1:01.53		4/20
8	39	Chloe STANLEY	#3	Fort Hays State		1:02.59		4/27
9	56	Kyla CARLSON	#7	Neb.-Kearney		1:03.18c	(1:03.07A)	4/6
10	57	Kayla GOODWIN	#4	Central Missouri		1:03.20		3/29

Women's 800 Meters

1	5	Luisarys TOLEDO	#2	Northwest Missc	P	2:07.78		4/13
2	13	Bailey BLAKE	#2	Northwest Missc	P	2:09.15		4/13
3	15	Kaylee HARP	#2	Northwest Missc	P	2:09.42		4/13
4	28	Emily SALMANS	#3	Fort Hays State	P	2:10.52		4/13
5	65	Jana SHAWVER	#4	Central Missouri		2:13.17		4/20
6	71	Alexis ADAMS	#10	Missouri Western		2:13.45		4/23
7	72	Katie BEAN	#4	Central Missouri		2:13.49		4/20
8	73	Lydia MCGLOCKLIN	#2	Northwest Missc		2:13.50		4/13
9	81	Claire BRUENING	#1	Pittsburg State		2:14.01		4/13
10	95	Katie BYRD	#11	Rogers State		2:14.66		4/14

Women's 1500 Meters

1	74	Lily JOHNSON	#6	Washburn		4:34.73		4/26
2	83	Claire BRUENING	#1	Pittsburg State		4:36.28		4/13
3		Emily SALMANS	#3	Fort Hays State		4:38.20		4/13
4		Katie BYRD	#11	Rogers State		4:39.20		4/7
5		Regan HODSDEN	#3	Fort Hays State		4:39.27		4/13
6		Madison BRADSHAW	#11	Rogers State		4:40.02		3/24
7		Tori WOOD	#11	Rogers State		4:40.05		3/24
8		Kelie HENDERSON	#5	Missouri Southe		4:41.00		3/23
9		Baylee ALSTROM	#7	Neb.-Kearney		4:42.01		4/21
10		Katie BEAN	#4	Central Missouri		4:42.40		4/22

Women's Steeplechase

1	15	Caroline CUNNINGHAM	#2	Northwest Missc	P	10:31.87		4/26
2	31	Brynn HIRSCHFELD	#7	Neb.-Kearney		11:01.55		4/27
3	47	Eve WEBER	#6	Washburn		11:13.51		4/29
4	57	Kayana GAINES	#5	Missouri Southe		11:20.91		4/20
5	71	Erin HAMMEKE	#1	Pittsburg State		11:30.50		4/22
6		Risper MENGICH	#4	Central Missouri		11:46.73		4/22
7		Kennedy KREJDL	#7	Neb.-Kearney		11:58.03		4/21
8		Emma BONSALL	#7	Neb.-Kearney		11:58.98		4/7
9		Stacy BRIGGS	#6	Washburn		12:20.66		4/7
10		Alana BUNDY	#5	Missouri Southe		12:36.00		4/14



Conference TFRI Event Summary

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MIAA

Women's 5000 Meters

1	29	Regan HODSDEN	#3	Fort Hays State	P	16:47.77	4/13
2	35	Caroline CUNNINGHAM	#2	Northwest Missc	P	16:53.58	4/13
3	46	Kelie HENDERSON	#5	Missouri Southe	P	17:04.90	4/1
4	83	Jaycee VATH	#3	Fort Hays State		17:20.22	4/13
5	88	Lilah GENEL	#5	Missouri Southe		17:21.92	4/1
6	99	Tori WOOD	#11	Rogers State		17:28.91	4/7
7		Brianna DEANGELIS	#11	Rogers State		17:33.68	3/24
8		Katie BYRD	#11	Rogers State		17:33.84	3/24
9		Lily JOHNSON	#6	Washburn		17:35.91	4/7
10		Jordan SOTO-STOPAK	#7	Neb.-Kearney		17:38.56	4/7

Women's 10,000 Meters

1	24	Madison NASH	#10	Missouri Wester	P	35:17.50	4/13
2	51	Lara MURDOCK	#1	Pittsburg State	P	36:21.88	4/13
3	59	Brianna DEANGELIS	#11	Rogers State		36:39.28	4/7
4	86	Amber OWENS	#2	Northwest Missc		37:26.77	4/23
5	94	Hannah HONEYMAN	#1	Pittsburg State		37:35.88	4/13
6		Kenzie BERGMAN	#4	Central Missouri		39:07.27	4/14
7		Abby KINNEY	#10	Missouri Wester		39:48.31	4/23

Women's 4x100 Relay

1	4	Hughasia FYFFE, Danneika LYN, Monea CAREY, Jovanna GUSTAVE	#8	Lincoln (Mo.)	P	45.13	4/21
2	11	Lexie GILBERT, Tiffany HUGHEY, Kennedy CLINE, Ally HAMMOND	#2	Northwest Missc	P	45.86	4/27
3	16	Kiara SMITH, Chardae OVERSTREET, Cornesia CALHOUN-WHITE, LaNea WALLACE	#5	Missouri Southe	P	45.99	4/20
4	34	Camryn HOLLOMAN, Brooklynn HOLTMAN, Claire LUALLAN, Lenetta LEE	#4	Central Missouri		46.90	4/26
5	36	Allison BRUMLEY, Taniya LOONEY, Nakiya MARSHALL, Jamiya MORGAN	#1	Pittsburg State		46.96	3/23
6	41	Jasey DOWNING, Kinley BROWN, Tori POE, Lyric HOLMAN	#3	Fort Hays State		47.03	4/27
7	64	Kadaisha MPWO, Lauren CARLSON, Ashley WILDEMAN, Jasmine HURLA	#9	Emporia State		47.61	4/23
8	67	Hailey PATTERSON, Maya PATTISON, Kereser AUGUSTIN, Isabella HOHL	#6	Washburn		47.64	3/31
9	89	Jaida STEWARD, Alexis ADAMS, Sherine VAN DER WESTHUI, Aneesa ABDUL-HAMEED	#10	Missouri Wester		48.26	3/31



Conference TFRI Event Summary

as of 5/1/2023 7:28:02 AM

MIAA

Women's 4x400 Relay

1	1	Chloe SAENZ, Luisarys TOLEDO, Kennedi CLINE, Tiffany HUGHEY	#2	Northwest Missc	P	3:35.51	4/13
2	9	Denita JACKSON, Chrissani MAY, Maria DIAMOND, Shevanae THOMAS	#8	Lincoln (Mo.)	P	3:42.32	4/29
3	13	Lyric HOLMAN, Reba MADER, Taylor SAVOLT, Mattie ROSSI	#3	Fort Hays State	P	3:45.64	4/13
4	15	Maddie O'NEILL, Kinleigh HALL, Matti PRICE, Nakiya MARSHALL	#1	Pittsburg State	P	3:46.94	4/13
5	23	Kereser AUGUSTIN, Ashley HEAVNER, Katelyn JONES, Isabella HOHL	#6	Washburn	P	3:48.33	4/13
6	30	Jana SHAWVER, Katie BEAN, Kayla GOODWIN, Brooklynn HOLTMAN	#4	Central Missouri	P	3:49.57	4/26
7	40	Lauren CARLSON, Abigael REID, Jasmine HURLA, Hollie MARLOW	#9	Emporia State		3:50.68	3/23
8	44	Kyla CARLSON, Abby ROSE, Hannah ANDERSON, Nicole MESSBARGER	#7	Neb.-Kearney		3:52.18	4/1
9	59	Alexis ADAMS, Haley SAMPSON, Paige KVALE, Sherine VAN DER WESTHUIZEN	#10	Missouri Western		3:55.14	4/23
10		Hannah ANELLO, Tori WOOD, Jocelyn TURNER, Katie BYRD	#11	Rogers State		4:07.70	3/10

Women's High Jump

1	1	Brianna RUSSELL	#7	Neb.-Kearney	P	1.76m	5-9¼	4/28
2	7	Erica SCHAMEL	#1	Pittsburg State	P	1.71m	5-7¼	3/30
2	7	Allary LIBERATORE	#1	Pittsburg State	P	1.71m	5-7¼	4/22
4	18	Nehlia MILLS	#8	Lincoln (Mo.)	P	1.68m	5-6	3/24
5	28	Kyra HEALD	#1	Pittsburg State		1.66m	5-5¼	3/23
5	28	Mattie FLANAGAN	#1	Pittsburg State		1.66m	5-5¼	4/22
7	36	Brooklyn STAAB	#7	Neb.-Kearney		1.65m	5-5	4/21
7	36	Abby EVERITT	#7	Neb.-Kearney		1.65m	5-5	4/21
9	59	Kayla GOODWIN	#4	Central Missouri		1.63m	5-4¼	4/22
9	59	Rachel WILSON	#1	Pittsburg State		1.63m	5-4¼	3/23

Women's Pole Vault

1	1	Madi WULFEKOTTER	#4	Central Missouri	P	4.31m	14-1¾	4/26
2	2	Kyla DAVIS	#1	Pittsburg State	P	4.20m	13-9¼	4/13
3	6	Rachael MAYBERRY	#6	Washburn	P	4.10m	13-5¼	4/29
4	17	Holly ROBINSON	#5	Missouri Southern	P	3.97m	13-¼	4/14
5	20	Megan MCMANIS	#9	Emporia State	P	3.90m	12-9½	4/23
5	20	Tassilyn BOLIN	#6	Washburn	P	3.90m	12-9½	4/27
7	28	Abby HOBBS	#5	Missouri Southern	P	3.82m	12-6¼	4/14
8	35	Shelbi DAY	#1	Pittsburg State	P	3.76m	12-4	4/8
9	40	Gabrielle OBORNY	#7	Neb.-Kearney	P	3.75m	12-3½	4/21
10	45	Katie CANDRL	#5	Missouri Southern		3.67m	12-½	4/14
10	45	Mackenzie MORING	#5	Missouri Southern		3.67m	12-½	4/14

Women's Long Jump

1	8	Luisarys TOLEDO	#2	Northwest Missc	P	6.12m	20-1 (-0.4)	4/13
2	15	Kim SMITH	#6	Washburn	P	6.08m	19-11½ (1.1)	4/27
3	24	Claire LUALLAN	#4	Central Missouri	P	5.99mw	19-8 (3.2)	4/14
4	25	Kayla GOODWIN	#4	Central Missouri	P	5.98m	19-7½ (1.9)	3/23
5	43	Makayla WATSON	#1	Pittsburg State		5.79m	19-0 (0.7)	3/23
6	46	Haley SCHALL	#7	Neb.-Kearney		5.77m	18-11¼ (0.4)	4/21
7	53	Maggie KLOVER	#4	Central Missouri		5.73mw	18-9¾ (3.8)	4/14
8	70	Annalisa BARCLAY	#8	Lincoln (Mo.)		5.64m	18-6 (0.7)	4/7
9	82	Taylor SAVOLT	#3	Fort Hays State		5.60m	18-4½ (1.3)	4/13
10	88	Mattie FLANAGAN	#1	Pittsburg State		5.57m	18-3¼ (0.6)	4/8

Women's Triple Jump

1	1	Auna CHILDRESS	#1	Pittsburg State	P	13.47mw	44-2½ (2.1)	4/22
2	6	Nakiya MARSHALL	#1	Pittsburg State	P	12.51m	41-½ (0.0)	4/14
3	8	Annalisa BARCLAY	#8	Lincoln (Mo.)	P	12.47mw	40-11 (3.7)	4/13
4	11	Kayla GOODWIN	#4	Central Missouri	P	12.34m	40-6 (1.2)	4/20
5	30	Jennifer OKEKE	#5	Missouri Southern	P	12.03m	39-5¾ (0.9)	3/31
6	39	Maggie KLOVER	#4	Central Missouri		11.90mw	39-½ (3.2)	4/22
7	68	Camryn HOLLOMAN	#4	Central Missouri		11.59mw	38-¼ (3.4)	4/22
8	87	Myah MORRIS	#4	Central Missouri		11.41m	37-5¼ (0.0)	3/23
9		Makayla PAVELKA	#1	Pittsburg State		11.16m	36-7½ (0.5)	4/8
10		Lillian HART	#5	Missouri Southern		10.78m	35-4½ (0.7)	3/31

Women's Shot Put

1	3	Samariae BONDS	#5	Missouri Southern	P	15.54m	51-0	4/14
2	13	Shanice HUTSON	#6	Washburn	P	14.59m	47-10½	3/31
3	24	Dahsauni LYDAY	#12	Central Oklahoma	P	14.19m	46-6¾	4/21
4	30	Ilaria VILLA	#6	Washburn		13.93m	45-8½	4/23
5	32	Jordan DOCKWEILER	#7	Neb.-Kearney		13.89mA	45-7	4/6
6	41	Camryn WILLIAMS	#1	Pittsburg State		13.39m	43-11¼	4/8
7	57	Abby LASITER	#1	Pittsburg State		13.23m	43-5	4/14
8	60	Quinn WEAKLEY	#2	Northwest Missc		13.19m	43-3¼	4/23
9	61	Emma SEIDL	#9	Emporia State		13.18m	43-3	4/13
10	65	Mackenzie SMITH	#7	Neb.-Kearney		13.15m	43-1¾	4/21



Conference TFRI Event Summary

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MIAA

Women's Discus

1	9	Lily NOVACEK	#7	Neb.-Kearney	P	48.63m	159-7	4/15
2	14	Ilaria VILLA	#6	Washburn	P	46.78m	153-6	4/27
3	19	Allyssa MAHONE	#10	Missouri Western	P	46.45m	152-5	4/23
4	22	Addison HINTERWEGER	#1	Pittsburg State		45.69m	149-11	4/14
5	23	Shanice HUTSON	#6	Washburn		45.48m	149-3	4/14
6	42	Rachael MOLLOY	#4	Central Missouri		43.84m	143-10	4/14
7	43	Mackenzie SMITH	#7	Neb.-Kearney		43.81m	143-9	4/27
8	75	Madison VERMETTEN	#9	Emporia State		42.10m	138-2	4/13
9	81	Abby VOGEL	#4	Central Missouri		41.89m	137-5	4/14
10	82	Jessica SAUNDERS	#3	Fort Hays State		41.86m	137-4	4/27

Women's Hammer

1	5	Rachael MOLLOY	#4	Central Missouri	P	59.37m	194-10	4/14
2	6	Alyssa CONWAY	#9	Emporia State	P	59.31m	194-7	4/13
3	12	Samariae BONDS	#5	Missouri Southern	P	56.72m	186-1	4/14
4	13	Lily NOVACEK	#7	Neb.-Kearney	P	56.39m	185-0	4/15
5	20	Paola CASTALDI	#6	Washburn	P	54.45m	178-8	4/27
6	22	Mackenzie SMITH	#7	Neb.-Kearney	P	53.87m	176-9	4/15
7	24	Allyssa MAHONE	#10	Missouri Western	P	53.73m	176-4	4/27
8	28	Abby LASITER	#1	Pittsburg State	P	53.23m	174-8	4/29
9	34	Mallory HUBER	#5	Missouri Southern	P	52.69m	172-11	4/14
10	36	Adriel HOLLOWAY	#6	Washburn	P	52.53m	172-4	4/14

Women's Javelin

1	1	Keilee JOHNSON	#5	Missouri Southern	P	51.41m	168-8	3/31
2	2	Rhyann BROWN	#3	Fort Hays State	P	48.71m	159-10	4/1
3	4	Addie BERENS	#3	Fort Hays State	P	47.14m	154-8	4/7
4	9	Elizabeth POMATTO	#5	Missouri Southern	P	45.00m	147-8	4/8
5	12	Madison REESE	#1	Pittsburg State	P	44.44m	145-10	3/23
6	13	Jaida MCEWEN	#7	Neb.-Kearney	P	44.37m	145-7	3/23
7	15	Rylee GARRETT	#1	Pittsburg State	P	44.07m	144-7	3/31
8	18	Susan MOMAN	#5	Missouri Southern	P	43.79m	143-8	4/8
9	25	Shelby SOGAARD	#1	Pittsburg State	P	42.71m	140-2	3/31
10	27	Bailey MONROE	#1	Pittsburg State	P	42.39m	139-1	3/31

Women's Heptathlon

1	5	Kayla GOODWIN	#4	Central Missouri	P	5,476		3/23
2	12	Mattie ROSSI	#3	Fort Hays State	P	4,962		4/13
3	16	Claire LUALLEN	#4	Central Missouri	P	4,838		3/23
4	20	Taylor SAVOLT	#3	Fort Hays State	P	4,741		4/13
5	22	Naiuri KREIN	#6	Washburn	P	4,726		4/13
6	24	Abigail REID	#9	Emporia State	P	4,712		3/23
7	30	Anna GLADSTONE	#2	Northwest Missouri State	P	4,580		4/13
8	31	Chloe STANLEY	#3	Fort Hays State	P	4,530		4/13
9	65	Shelby BUTTERFIELD	#2	Northwest Missouri State		4,083		3/23
10	78	Victoria PETTAY	#9	Emporia State		3,982		3/23



Conference TFRI Event Summary

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Mountain East

Women's 100 Meters

1	15	Ny'Tierra HOBBS	#5	West Virginia We P	11.56w	(4.0)	3/31
2		Susan TRAMMEL	#3	Wheeling	12.12w	(3.8)	4/21
3		Louanne POUZANCRE	#1	Charleston (W.V.	12.13	(1.7)	4/8
4		Ka'niya MCGOWAN	#3	Wheeling	12.16	(-3.1)	4/21
5		Valerie BOARDS	#4	Frostburg State	12.24	(1.1)	4/13
6		Deja RYALS	#3	Wheeling	12.26	(1.9)	4/7
7		Sierra LANHAM	#2	West Liberty Sta	12.34	(1.3)	4/15
8		China JEFFERSON	#6	Glenville State	12.36	(1.3)	3/10
9		Talayna HOLMES	#7	Concord	12.40	(0.0)	4/14
10		Shannon FARROW	#5	West Virginia We	12.43w	(3.0)	3/31

Women's 100 Meter Hurdles

1	73	Samantha CASH	#5	West Virginia We	14.62	(-1.9)	4/21
2		Isha SESAY	#3	Wheeling	14.80w	(2.8)	4/21
3		Hailey CARREON	#2	West Liberty Sta	14.93	(1.5)	4/15
4		Miriam DREHER	#1	Charleston (W.V.	15.08w	(2.3)	3/31
5		Tara PERRY	#3	Wheeling	15.31	(-0.6)	4/14
6		Balie DESTEFANO	#1	Charleston (W.V.	15.34w	(2.3)	3/31
7		Jenay SOUMAHRO	#3	Wheeling	15.39	(1.1)	4/7
8		China JEFFERSON	#6	Glenville State	15.49	(1.9)	3/25
9		Angela EJIMOFOR	#6	Glenville State	15.51	(-1.0)	4/22
10		Aubrey WIETHE	#5	West Virginia We	15.85	(0.3)	4/7

Women's 200 Meters

1	48	Louanne POUZANCRE	#1	Charleston (W.V. P	24.25w	(2.2)	4/13
2	57	Ny'Tierra HOBBS	#5	West Virginia We P	24.32	(1.1)	4/15
3		China JEFFERSON	#6	Glenville State	24.75	(0.8)	3/31
4		Ka'niya MCGOWAN	#3	Wheeling	25.08	(0.0)	4/14
5		Susan TRAMMEL	#3	Wheeling	25.36	(1.6)	4/14
6		Valerie BOARDS	#4	Frostburg State	25.75w	(2.2)	4/13
7		Talayna HOLMES	#7	Concord	25.80	(0.1)	4/14
8		Sierra LANHAM	#2	West Liberty Sta	25.84	(0.9)	4/15
9		Gabrielle HEARD	#4	Frostburg State	25.87	(0.0)	4/22
10		Jasmine SCOTT	#4	Frostburg State	25.97	(0.5)	4/7

Women's 400 Meters

1	23	Louanne POUZANCRE	#1	Charleston (W.V. P	55.27		4/13
2	97	Jasmine SCOTT	#4	Frostburg State	57.12		4/22
3		China JEFFERSON	#6	Glenville State	58.03		4/22
4		Roxanne MCFARLIN	#8	Davis and Elkins	58.71		4/14
5		Jerell STRACHAN	#7	Concord	58.89		3/24
6		Camilia HOYA	#1	Charleston (W.V.	59.95		3/31
7		Trinity BUMBRY	#9	Alderson Broadc	1:00.30		4/14
8		Baby JIMERSON	#4	Frostburg State	1:00.42		3/17
9		Balie DESTEFANO	#1	Charleston (W.V.	1:00.70		4/8
10		Mercy JEPLETING	#1	Charleston (W.V.	1:01.46		4/22

Women's 400 Meter Hurdles

1	65	Balie DESTEFANO	#1	Charleston (W.V.	1:03.64		4/21
2	87	Samantha CASH	#5	West Virginia We	1:04.28		4/21
3		Aubrey WIETHE	#5	West Virginia We	1:05.29		4/15
4		Janel MITCHELL	#6	Glenville State	1:05.78		3/25
5		Jenay SOUMAHRO	#3	Wheeling	1:05.95		4/14
6		Marina BARAHONA	#1	Charleston (W.V.	1:09.67		3/31
7		Josea SMITH	#7	Concord	1:10.72		4/14
8		Bre'ya CLOPPER	#3	Wheeling	1:11.26		4/7
9		Iyanna WOODY	#4	Frostburg State	1:11.37		4/7
10		Ivy ALLEN	#2	West Liberty Sta	1:13.75		4/15

Women's 800 Meters

1	83	Flora TISSIER	#1	Charleston (W.V.	2:14.07		4/8
2		Lily DOWDELL	#1	Charleston (W.V.	2:15.21		3/23
2		Caroline FODOR	#3	Wheeling	2:15.21		4/14
4		Dakota JOHNSON	#5	West Virginia We	2:15.91		4/21
5		Mercy JEPLETING	#1	Charleston (W.V.	2:16.88		4/8
6		Layla JAMES	#9	Alderson Broadc	2:17.10		4/14
7		Hannah ALTIZER	#7	Concord	2:18.09		4/14
8		Lauren TWYMAN	#8	Davis and Elkins	2:20.51		3/30
9		Emily WALLACE	#7	Concord	2:22.07		4/14
10		Ella HESSON	#8	Davis and Elkins	2:23.10		4/14

Women's 1500 Meters

1	46	Flora TISSIER	#1	Charleston (W.V. P	4:30.80		4/13
2	65	Lily DOWDELL	#1	Charleston (W.V.	4:33.97		4/13
3		Mercy JEPLETING	#1	Charleston (W.V.	4:44.73		4/21
4		Julie LAFARE	#1	Charleston (W.V.	4:44.82		4/8
5		Hannah KEMP	#2	West Liberty Sta	4:46.75		4/21
6		Emily WALLACE	#7	Concord	4:47.03		3/31
7		Madison WOOLWINE	#1	Charleston (W.V.	4:47.74		4/21
8		Anya MILLER	#8	Davis and Elkins	4:47.86		3/30
9		Lauren TWYMAN	#8	Davis and Elkins	4:49.46		3/30
10		Ella HESSON	#8	Davis and Elkins	4:51.46		4/14

Women's Steeplechase

1	76	Leigha HALL	#5	West Virginia We	11:32.93		3/31
2		Maele FUCHS	#1	Charleston (W.V.	11:51.61		4/21
3		Hannah MUIR	#4	Frostburg State	12:18.03		4/7
4		Ella HESSON	#8	Davis and Elkins	12:25.17		4/7
5		Erin O'SULLIVAN	#7	Concord	12:33.59		3/10
6		Amanda BRENT	#1	Charleston (W.V.	12:58.99		3/31
7		Gabby BAIANO	#3	Wheeling	12:59.01		4/21
8		Ally HICKS	#2	West Liberty Sta	13:11.41		4/1
9		Rachel SCHENCK	#3	Wheeling	13:22.09		4/21
10		Kristina LESHIO	#5	West Virginia We	13:22.13		4/21



Conference TFRI Event Summary

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Mountain East

Women's 5000 Meters

1	26	Julie LAFARE	#1	Charleston (W.V. P	16:44.20	4/13
2		Emily WALLACE	#7	Concord	18:03.71	4/7
3		Mercy JEPLETING	#1	Charleston (W.V.	18:03.82	3/31
4		Kloe LITTLEMAN	#8	Davis and Elkins	18:07.65	3/30
5		Madison WOOLWINE	#1	Charleston (W.V.	18:11.57	4/8
6		Elise LEVEEL	#1	Charleston (W.V.	18:11.95	4/8
7		Hannah KEMP	#2	West Liberty Sta	18:17.91	3/16
8		Hannah MUIR	#4	Frostburg State	18:24.99	3/24
9		Leigha HALL	#5	West Virginia We	18:26.61	3/17
10		Savanna HARDMAN	#8	Davis and Elkins	18:41.73	3/30

Women's 10,000 Meters

1	26	Julie LAFARE	#1	Charleston (W.V. P	35:22.54	3/23
2	41	Elise LEVEEL	#1	Charleston (W.V. P	35:59.17	4/13
3	61	Hannah KEMP	#2	West Liberty Sta	36:47.88	4/14
4		Sydney HAMBEL	#3	Wheeling	40:11.84	4/7
5		Madison CORNETT	#7	Concord	40:29.61	3/10
6		Leigha HALL	#5	West Virginia We	40:45.65	4/14
7		Katy WALKUP	#7	Concord	42:11.82	3/10
8		Rachel SNEDDEN	#8	Davis and Elkins	43:14.19	4/14
9		Chelsea MONTAU	#4	Frostburg State	43:49.49	3/24
10		Emma LONDEREE	#7	Concord	45:38.41	4/22

Women's 4x100 Relay

1	69	Maggie KOVALCIK, Sierra LANHAM, Madison CADLE, Hailey CARREON	#2	West Liberty Sta	47.71	4/15
2	92	Hailey DILLOW, Shannon FARROW, Samantha CASH, Ny'Tierra HOBBS	#5	West Virginia We	48.33	3/31
3		Tristen CLARK, Malaika HABIB, Gabrielle HEARD, Valerie BOARDS	#4	Frostburg State	48.52	4/22
4		Deja RYALS, Heaven JACKSON, Susan TRAMMEL, Ka'niya MCGOWAN	#3	Wheeling	48.89	4/7
5		Talayna HOLMES, Ryann DAVIS, Savannah CUNNINGHAM, Jerell STRACHAN	#7	Concord	50.98	3/31
6		Bellela COLAS, Justice WASHINGTON, Shaam ALNATOUR, Desiree KNOTTS	#9	Alderson Broadc	51.75	4/22
7		Aaliyah SHEFFIELD, Louanne POUZANCRE, Miriam DREHER, Balie DESTEFANO	#1	Charleston (W.V.	52.33	4/8

Women's 4x400 Relay

1	74	Balie DESTEFANO, Camilia HOYA, Patricia ALONSO- MUNOZ, Louanne POUZANCRE	#1	Charleston (W.V.	3:57.64	4/21
2	86	Jenay SOUMAHRO, Caroline FODOR, Susan TRAMMEL, Ka'niya MCGOWAN	#3	Wheeling	4:00.07	4/21
3		Aissatou DIALLO, Gabrielle HEARD, Baby JIMERSON, Jasmine SCOTT	#4	Frostburg State	4:04.62	4/13
4		Aubrey WIETHE, Samantha CASH, Ny'Tierra HOBBS, Dakota JOHNSON	#5	West Virginia We	4:07.21	3/31
5		Layla JAMES, Nykia FORT, Justice WASHINGTON, Bellela COLAS	#9	Alderson Broadc	4:15.74	3/10
6		Hannah ALTIZER, Savannah CUNNINGHAM, Emily WALLACE, Jerell STRACHAN	#7	Concord	4:15.81	4/14
7		Hannah HILL, Janel MITCHELL, Koschinya JEFFERSON, Jayden COVER	#6	Glenville State	4:17.40	4/7
8		Cassidy WALLACE, Ella HESSON, Savanna HARDMAN, Baylee ADKINS	#8	Davis and Elkins	4:23.05	3/25
9		Abby MASTERS, Hailey CARREON, Bailey PACK, Maggie KOVALCIK	#2	West Liberty Sta	4:26.82	3/25

Women's High Jump

1	83	Tara PERRY	#3	Wheeling	1.60m	5-3	3/17
1	83	Mara PENDERGRAST	#2	West Liberty Sta	1.60m	5-3	4/6
3		Samantha CASH	#5	West Virginia We	1.58m	5-2¼	4/6
4		Bridgette KNAPP	#6	Glenville State	1.57m	5-1¾	3/25
5		Kaylie LASKODY	#9	Alderson Broadc	1.55m	5-1	4/22
5		Miriam DREHER	#1	Charleston (W.V.	1.55m	5-1	4/8
5		Balie DESTEFANO	#1	Charleston (W.V.	1.55m	5-1	4/8
5		Olivia COMBS	#2	West Liberty Sta	1.55m	5-1	4/21
9		Laura DELGADO DE TORRES	#1	Charleston (W.V.	1.52m	4-11¾	3/16
10		Khady NDIAYE	#4	Frostburg State	1.51m	4-11½	4/13



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Mountain East

Women's Pole Vault

1	71	Olivia COMBS	#2	West Liberty Sta	3.55m	11-7½	4/1
2		Eva MORRISON	#4	Frostburg State	3.40m	11-1¾	3/24
3		Mackenzie RINE	#2	West Liberty Sta	3.30m	10-9¾	4/21
4		Olivia MILLER	#2	West Liberty Sta	3.00m	9-10	4/6
5		Brady BROWNING	#5	West Virginia We	2.90m	9-6¼	3/17
5		Kimbria LANCE	#3	Wheeling	2.90m	9-6¼	3/17
7		Kimberly HALSEY	#6	Glenville State	2.88m	9-5¼	4/7
8		Rachael FRANK	#4	Frostburg State	2.30m	7-6½	3/17
9		Sara LOWE	#6	Glenville State	2.28m	7-5¾	4/19
10		Amara MASON	#1	Charleston (W.V.	2.25m	7-4½	4/8

Women's Long Jump

1	58	Sierra LANHAM	#2	West Liberty Sta	5.70m	18-8½ (0.1)	4/21
2		Samantha CASH	#5	West Virginia We	5.47m	17-11½ (1)	4/15
3		Miriam DREHER	#1	Charleston (W.V.	5.45m	17-10¾ (1)	3/31
4		Maggie KOVALCIK	#2	West Liberty Sta	5.41m	17-9 (0.6)	4/1
5		Omokemi BALOGUN	#4	Frostburg State	5.35m	17-6¾ (-2)	4/22
6		China JEFFERSON	#6	Glenville State	5.20m	17-¾ (-1.0)	4/19
7		Lauren WYATT	#2	West Liberty Sta	5.14m	16-10½ (0)	4/21
7		Olivia COMBS	#2	West Liberty Sta	5.14m	16-10½ (1)	3/17
9		Tristen CLARK	#4	Frostburg State	5.13m	16-10 (-1.6)	4/13
10		Laura DELGADO DE TORRES	#1	Charleston (W.V.	5.09m	16-8½ (0.3)	4/21

Women's Triple Jump

1	19	Omokemi BALOGUN	#4	Frostburg State	P 12.17m	39-11¼ (0)	4/13
2	36	Samantha CASH	#5	West Virginia We	11.94mw	39-2¼ (2.2)	4/15
3	61	Miriam DREHER	#1	Charleston (W.V.	11.65mw	38-2¾ (2.3)	3/31
4		Camilia HOYA	#1	Charleston (W.V.	10.87mw	35-8 (3.7)	3/16
5		Khady NDIAYE	#4	Frostburg State	10.47m	34-4¼ (-1)	4/7
6		Olivia COMBS	#2	West Liberty Sta	10.26m	33-8 (0.4)	4/19
7		Kayla LEMKUS	#1	Charleston (W.V.	10.23m	33-6¾ (0.0)	4/8
8		Sadie EDDINS	#6	Glenville State	10.04m	32-11¼ (-0)	4/7
9		Adria CHAPPLE	#6	Glenville State	10.00m	32-9¾ (1.5)	4/22
10		Kalista MILNE	#1	Charleston (W.V.	9.97m	32-8½ (1.4)	4/21

Women's Shot Put

1	46	Abby MCKINNEY	#1	Charleston (W.V.	13.34m	43-9¼	4/21
2	61	Kimora POOLER	#3	Wheeling	13.18m	43-3	4/19
3		Kennedy MARTIN	#2	West Liberty Sta	12.15m	39-10½	4/21
4		Michelle BAUGHMAN	#5	West Virginia We	11.69m	38-4¼	4/21
5		China JEFFERSON	#6	Glenville State	11.51m	37-9¼	3/16
6		Kamille GRAHAM	#3	Wheeling	11.39m	37-4½	4/19
7		Jacquelin LEAMAN	#5	West Virginia We	11.13m	36-6¼	4/21
8		Kaylee SAVAGE	#2	West Liberty Sta	11.04m	36-2¾	4/21
9		Zowie MANUMA	#1	Charleston (W.V.	10.95m	35-11¼	4/21
10		Addy COTTRILL	#4	Frostburg State	10.80m	35-5¼	3/17

Women's Discus

1	55	Kennedy MARTIN	#2	West Liberty Sta	42.95m	140-11	4/21
2		Addy COTTRILL	#4	Frostburg State	40.27m	132-2	3/24
3		Michelle BAUGHMAN	#5	West Virginia We	38.59m	126-7	4/7
4		China JEFFERSON	#6	Glenville State	37.36m	122-7	4/7
5		Alexa BRADBURN	#4	Frostburg State	34.57m	113-5	4/13
6		Kamille GRAHAM	#3	Wheeling	34.12m	112-0	4/6
7		Makayla WESTRY	#4	Frostburg State	33.31m	109-4	4/13
8		Sydney JEFFERYS	#2	West Liberty Sta	32.19m	105-8	4/21
9		Kimora POOLER	#3	Wheeling	31.82m	104-5	4/14
10		Jaeda NOWAK	#2	West Liberty Sta	31.42m	103-1	4/6

Women's Hammer

1	99	Suzan JOHNSON	#2	West Liberty Sta	47.61m	156-3	4/15
2		Makayla WESTRY	#4	Frostburg State	47.05m	154-5	4/7
3		Sydney JEFFERYS	#2	West Liberty Sta	44.61m	146-4	4/15
4		Alexa BRADBURN	#4	Frostburg State	41.21m	135-3	4/7
5		Abby MCKINNEY	#1	Charleston (W.V.	39.74m	130-5	4/21
6		Tessa BOYD	#6	Glenville State	39.49m	129-7	3/10
7		Jaeda NOWAK	#2	West Liberty Sta	39.08m	128-3	3/25
8		Kaylee SAVAGE	#2	West Liberty Sta	38.73m	127-1	4/19
9		Haley NORRIS	#2	West Liberty Sta	38.07m	124-11	4/15
10		Jacquelin LEAMAN	#5	West Virginia We	37.85m	124-2	4/7

Women's Javelin

1		Kennedy MARTIN	#2	West Liberty Sta	33.90m	111-3	4/6
2		Makayla ROLLINCE	#2	West Liberty Sta	33.55m	110-1	4/15
3		JayLynn MCCLARREN	#3	Wheeling	32.59m	106-11	4/14
4		Kalista MILNE	#1	Charleston (W.V.	31.67m	103-11	4/21
5		Ivy ALLEN	#2	West Liberty Sta	29.84m	97-10¾	4/19
6		Kimora POOLER	#3	Wheeling	29.46m	96-8	4/19
7		Mariah PELKEY	#3	Wheeling	29.45m	96-7½	4/19
8		Lilly JACKSON	#7	Concord	28.85m	94-8	4/14
9		Jenna GREEN	#4	Frostburg State	27.18m	89-2¼	4/22
10		Aliana MILLS	#7	Concord	26.83m	88-¼	4/14

Women's Heptathlon

1	35	Samantha CASH	#5	West Virginia We	4,395		4/6
2	68	China JEFFERSON	#6	Glenville State	4,055		3/16
3		Laura DELGADO DE TORRES	#1	Charleston (W.V.	3,419		3/16
4		Ivy ALLEN	#2	West Liberty Sta	3,173		4/6
5		JayLynn MCCLARREN	#3	Wheeling	3,141		4/6
6		Hayley WILLEY	#5	West Virginia We	3,085		4/6
7		Erin HAVILAND	#4	Frostburg State	2,976		4/13
8		Zayne BRAKEALL	#2	West Liberty Sta	2,877		4/6
9		Liz SALAS	#3	Wheeling	2,860		4/6
10		Tori FISHER	#2	West Liberty Sta	2,838		4/6



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Northeast-10

Women's 100 Meters

1	47	Ella MACLEAN	#2	Southern Conne	P	11.83	(2.0)	4/14
2		Anna-Sashia JONES	#2	Southern Conne		12.13w	(3.0)	4/14
3		Kisha FRANCOIS	#2	Southern Conne		12.20	(1.3)	4/14
4		Nyjah YOUNG-BEY	#4	Franklin Pierce		12.34	(1.0)	3/31
5		Dardielle EXANTUS	#2	Southern Conne		12.45w	(3.0)	4/14
6		Claire O'REGAN	#3	Adelphi		12.49	(1.6)	3/30
7		Lucy AMBROULT	#9	Bentley		12.50	(0.7)	4/21
7		Avery WINTERS	#2	Southern Conne		12.50	(0.1)	4/22
9		Ava GRAVELL	#1	Southern New H		12.52	(1.0)	3/31
10		Hannah CAIOLA	#2	Southern Conne		12.62	(1.2)	4/1

Women's 100 Meter Hurdles

1	45	Amari JOHNSON	#3	Adelphi		14.34	(0.1)	4/20
2	60	Raven-Symone JARRETT	#7	American Intern		14.48	(2.0)	4/14
3	72	Patrice MANSFIELD	#2	Southern Conne		14.61w	(2.1)	3/25
4		Isabella NEWBURY	#2	Southern Conne		15.03w	(2.1)	3/25
5		Emma HALLET	#1	Southern New H		15.62w	(2.3)	4/15
6		Janae KELLY	#7	American Intern		15.71	(0.3)	4/8
7		Briahna BOUCHARD	#4	Franklin Pierce		15.80	(1.1)	3/31
8		Deborah OFODILE	#7	American Intern		16.00	(0.3)	4/8
9		Gillian PENNA	#2	Southern Conne		16.21	(0.7)	4/14
10		Maggie MCINERNEY	#1	Southern New H		16.34	(1.1)	3/31

Women's 200 Meters

1	67	Ella MACLEAN	#2	Southern Conne		24.42	(1.8)	4/14
2	99	Kisha FRANCOIS	#2	Southern Conne		24.69	(1.8)	4/14
3		Nyjah YOUNG-BEY	#4	Franklin Pierce		24.95	(1.6)	4/14
4		Avery WINTERS	#2	Southern Conne		24.99	(1.8)	4/1
5		Anna-Sashia JONES	#2	Southern Conne		25.00w	(2.2)	3/25
6		Hannah CAIOLA	#2	Southern Conne		25.31	(1.8)	4/14
7		Monique MALCOLM	#7	American Intern		25.49	(-0.1)	4/1
8		Ava GRAVELL	#1	Southern New H		25.78	(1.0)	4/15
9		Jaimee HIRSCHFELD	#6	Assumption		25.84	(-0.1)	4/1
10		Syeira CAMPBELL	#7	American Intern		25.85	(2.0)	4/8
10		Claire O'REGAN	#3	Adelphi		25.85	(0.9)	3/30

Women's 400 Meters

1	53	Nyjah YOUNG-BEY	#4	Franklin Pierce	P	55.95		4/14
2	98	Avery WINTERS	#2	Southern Conne		57.13		4/14
2	98	Hannah CAIOLA	#2	Southern Conne		57.13		4/8
4		Ella MACLEAN	#2	Southern Conne		57.54		4/1
5		Johnelle THOMAS	#7	American Intern		57.63		4/14
6		Syeira CAMPBELL	#7	American Intern		57.96		4/14
7		Ava GRAVELL	#1	Southern New H		58.05		4/15
8		Rebecca CADY	#10	Saint Anselm		1:00.34		4/15
9		Fiona MALONEY	#3	Adelphi		1:00.43		4/14
10		Camille LOPEZ	#6	Assumption		1:00.66		4/6

Women's 400 Meter Hurdles

1	40	Isabella NEWBURY	#2	Southern Conne		1:02.60		3/25
2	68	Gabrielle GRIFFIN	#3	Adelphi		1:03.73		4/14
3	86	Maggie MCINERNEY	#1	Southern New H		1:04.22		4/15
4	99	Patrice MANSFIELD	#2	Southern Conne		1:04.49		4/14
5		Johnelle THOMAS	#7	American Intern		1:05.92		4/22
6		Alyson SIMPSON	#6	Assumption		1:09.86		4/15
7		Briahna BOUCHARD	#4	Franklin Pierce		1:10.38		4/14
8		Peri SNOW	#6	Assumption		1:10.43		4/6
9		Jennifer KULICK	#4	Franklin Pierce		1:10.76		4/15
10		Bridget HAILEY	#6	Assumption		1:12.20		4/6

Women's 800 Meters

1	10	Isabel MARSH	#3	Adelphi	P	2:08.93		4/14
2	38	Katherine MARSH	#3	Adelphi	P	2:11.31		4/20
3		Julia MANSFIELD	#2	Southern Conne		2:17.72		4/14
4		Peri SNOW	#6	Assumption		2:17.95		4/14
5		Caitlin BURMESTER	#9	Bentley		2:17.99		4/29
6		Ashley CORCORAN	#1	Southern New H		2:20.10		4/8
7		Sumaira MAYAN	#3	Adelphi		2:21.43		4/14
8		Rachel TUCCI	#3	Adelphi		2:21.93		4/28
9		Fransisca CHEROTICH	#7	American Intern		2:22.07		4/22
10		Alana THOMPSON	#4	Franklin Pierce		2:22.41		4/28

Women's 1500 Meters

1	64	Ashley CORCORAN	#1	Southern New H		4:33.90		4/21
2		Katherine MARSH	#3	Adelphi		4:42.34		3/24
3		Isabel MARSH	#3	Adelphi		4:43.86		3/24
4		Fransisca CHEROTICH	#7	American Intern		4:46.39		4/14
5		Caitlin BURMESTER	#9	Bentley		4:48.91		4/21
6		Grace MINIKEL	#3	Adelphi		4:50.28		4/22
7		Kaitlyn O'ROURKE	#1	Southern New H		4:53.57		4/15
8		Alana THOMPSON	#4	Franklin Pierce		4:54.84		4/22
9		Audrey CHRISTO	#9	Bentley		4:55.02		4/15
10		Kelsey SEAMANS	#1	Southern New H		4:56.30		4/15

Women's Steeplechase

1	8	Ashley CORCORAN	#1	Southern New H	P	10:21.74		4/15
2	66	Kaitlyn O'ROURKE	#1	Southern New H		11:28.43		3/31
3		Corrina OBERNESSER	#1	Southern New H		11:44.00		3/31
4		Riley MCDERMOTT	#1	Southern New H		12:08.00		4/15
5		Sarah ENES	#6	Assumption		12:13.55		4/22
6		Sumaira MAYAN	#3	Adelphi		12:14.24		4/8
7		Victoria VAN HOUTEN	#4	Franklin Pierce		12:24.41		4/15
8		Alexandra KENEALY	#5	New Haven		12:30.91		4/22
9		Lucia KUTNER	#3	Adelphi		12:42.83		4/8
10		Rose CONNOLLY	#6	Assumption		13:34.72		4/8



Conference TFRI Event Summary

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Northeast-10

Women's 5000 Meters

1	Kelsey SEAMANS	#1	Southern New H	17:50.58	4/21
2	Grace MINIKEL	#3	Adelphi	17:57.06	3/30
3	Ashley CORCORAN	#1	Southern New H	18:02.60	3/31
4	Kendyl VERMETTE	#7	American Intern	18:11.34	4/14
5	Marin PROVENCHER	#10	Saint Anselm	18:28.04	3/31
6	Fransiscah CHEROTICH	#7	American Intern	18:33.98	4/1
7	Sarah ZARAKOTAS	#1	Southern New H	18:40.16	4/21
8	Rachel TUCCI	#3	Adelphi	18:44.56	4/14
9	Ava O'DONNELL	#10	Saint Anselm	19:12.28	3/31
10	Nora CONWAY	#10	Saint Anselm	19:15.38	3/31

Women's 10,000 Meters

1	Rachel TUCCI	#3	Adelphi	39:59.17	3/30
2	Maggie CASEY	#8	Le Moyne	42:23.12	4/14
3	Brooke IANNONE	#11	Saint Rose	44:18.75	4/7
4	Maggie HANNAN	#3	Adelphi	44:20.81	4/1
5	Elizabeth MATTAIR	#11	Saint Rose	45:01.28	4/1

Women's 4x100 Relay

1	14	Dardielle EXANTUS, Anna-Sashia JONES, Kisha FRANCOIS, Ella MACLEAN	#2	Southern Conne P	45.87	4/14
2	98	Valencia BEAUBRUN, Amari JOHNSON, Claire O'REGAN, Gabrielle GRIFFIN	#3	Adelphi	48.42	4/14
3		Hope SINCLAIR, Ava GRAVELL, Emma HALLET, Maggie MCINERNEY	#1	Southern New H	48.46	4/15
4		Yulive PERALTA, Monique MALCOLM, Janae KELLY, Syeira CAMPBELL	#7	American Intern	49.19	4/14
5		Kristen WASHINGTON, Kalaya FITCH, Daphna GERBER, Savannah SISTRUNK	#5	New Haven	49.53	4/14
6		Alexandra RIPPSTEIN, Audrey STRMISKA, Madison CZARNECKI, Jaimee HIRSCHFELD	#6	Assumption	49.75	4/6
7		Catherine DURANT, Cleo BAKER, Abigail SEAMAN, Natalie LAVELLO	#8	Le Moyne	51.11	4/2
8		Rebecca CADY, Kieya DION, Meredith MARTIN, Rachel ROMERO	#10	Saint Anselm	51.39	4/29
9		Lucy AMBROULT, HaiLian ROWAN, Hannah CROTEAU, Adriana MINASIAN	#9	Bentley	53.65	4/21

Women's 4x400 Relay

1	20	Avery WINTERS, Hannah CAIOLA, Isabella NEWBURY, Ella MACLEAN	#2	Southern Conne P	3:47.66	4/14
2	49	Gabrielle GRIFFIN, Katherine MARSH, Fiona MALONEY, Isabel MARSH	#3	Adelphi	3:54.22	4/27
3		Ava GRAVELL, Emma HALLET, Maggie MCINERNEY, Hope SINCLAIR	#1	Southern New H	4:04.59	4/29
4		Syeira CAMPBELL, Monique MALCOLM, Eliza MULLIN, Raven-Symone JARRETT	#7	American Intern	4:04.92	4/8
5		Peri SNOW, Michaela NAMIOITKA, Camille LOPEZ, Alyson SIMPSON	#6	Assumption	4:09.34	4/29
6		Daphna GERBER, Kalaya FITCH, Deja HARRIS, Savannah SISTRUNK	#5	New Haven	4:20.89	4/14
7		Mia BEAUDET, Briahna BOUCHARD, Jennifer KULICK, Nyjah YOUNG-BEY	#4	Franklin Pierce	4:22.29	3/31
8		Rebecca CADY, Ava O'DONNELL, Caroline CODNER, Kathryn HYNES	#10	Saint Anselm	4:22.50	4/29
9		Caitlin BURMESTER, Audrey CHRISTO, Sophia DEARCOP, HaiLian ROWAN	#9	Bentley	4:28.58	4/15
10		Sara FITZGERALD, Dajah TAYLOR, Zoe HARRIS, Brooke IANNONE	#11	Saint Rose	4:32.65	4/21

Women's High Jump

1	14	Raven-Symone JARRETT	#7	American Intern P	1.70m	5-7	4/22
2	36	Emma HALLET	#1	Southern New H	1.65m	5-5	4/15
3	67	Lilly CAPRIA	#8	Le Moyne	1.62m	5-3¾	4/2
4		Madison MCMAHON	#1	Southern New H	1.57m	5-1¾	4/8
4		Hannah GREENE	#9	Bentley	1.57m	5-1¾	3/31
6		Sarah ST PIERRE	#6	Assumption	1.55m	5-1	4/6
6		Diana ZAMUDIO	#5	New Haven	1.55m	5-1	3/31
8		Gillian PENNA	#2	Southern Conne	1.53m	5-¼	4/14
9		Mackenzie LUTH	#4	Franklin Pierce	1.50m	4-11	3/31
9		Theresa IRVING	#1	Southern New H	1.50m	4-11	4/29



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Northeast-10

Women's Pole Vault

1	Elizabeth JONES	#4	Franklin Pierce	3.10m	10-2	4/22
2	Lauren TOLAND	#3	Adelphi	2.95m	9-8	4/22
3	Maddie HATHORN	#2	Southern Conne	2.90m	9-6¼	4/22
4	Teresa DEASY	#4	Franklin Pierce	2.80m	9-2¼	4/22
5	Molly CLARK	#5	New Haven	2.65m	8-8¼	3/31
5	Wenka VIL	#5	New Haven	2.65m	8-8¼	4/8
7	Amelia EDMONDS	#1	Southern New H	2.60m	8-6¼	4/15
8	Adrianna CIESLAK	#11	Saint Rose	2.50m	8-2½	4/21
9	Emma CUTTER	#4	Franklin Pierce	2.15m	7-½	4/15

Women's Long Jump

1	35	Kisha FRANCOIS	#2	Southern Conne P	5.85m	19-2½ (1.8)	4/22
2	70	Lucy AMBROULT	#9	Bentley	5.64mw	18-6 (2.3)	4/7
3	86	Kristen WASHINGTON	#5	New Haven	5.58m	18-3¾ (1.0)	4/14
4	93	Rachel FLEISCHER	#2	Southern Conne	5.54mw	18-2¼ (3.5)	4/14
5		Lilly CAPRIA	#8	Le Moyne	5.52m	18-1½ (1.7)	4/29
6		Mackenzie GLENN	#2	Southern Conne	5.51m	18-1 (1.4)	4/22
6		Ava GRAVELL	#1	Southern New H	5.51m	18-1 (0.0)	4/29
8		Valencia BEAUBRUN	#3	Adelphi	5.46m	17-11 (0.2)	4/8
9		Raven-Symone JARRETT	#7	American Intern	5.43m	17-9¾ (0.8)	4/28
10		Olivia JOHNSON	#6	Assumption	5.39m	17-8¼ (-1.)	4/15

Women's Triple Jump

1	10	Rachel FLEISCHER	#2	Southern Conne P	12.35mw	40-6¼ (3.0)	4/14
2	85	Olivia JOHNSON	#6	Assumption	11.42m	37-5¾ (0.0)	4/6
3	91	Lilly CAPRIA	#8	Le Moyne	11.38mw	37-4 (4.0)	4/2
4		Shayna SMITH	#2	Southern Conne	11.21mw	36-9½ (3.6)	4/14
4		Kristen WASHINGTON	#5	New Haven	11.21m	36-9½ (1.3)	4/14
6		Abigail SEAMAN	#8	Le Moyne	10.98m	36-¼ (1.3)	4/14
7		Gabrielle TEEL	#5	New Haven	10.97m	36-0 (0.0)	4/14
8		Hailey PARROTTI	#6	Assumption	10.53m	34-6¾ (0.0)	4/6
9		Joanna WEBER	#3	Adelphi	10.44m	34-3 (-0.5)	4/8
10		Emily MORAN	#6	Assumption	10.32mw	33-10¼ (2.)	4/15

Women's Shot Put

1		Tyra FELTON	#4	Franklin Pierce	12.05m	39-6½	4/15
2		Laila BUNNITT	#1	Southern New H	12.01m	39-5	4/8
3		Bennie ALULA	#1	Southern New H	11.63m	38-2	4/15
4		Brooke BIBBO	#1	Southern New H	11.57m	37-11½	4/21
5		Kyria MOORE	#3	Adelphi	11.39m	37-4½	4/8
6		Tatyanna BECKFORD	#1	Southern New H	11.37m	37-3¾	4/21
7		Vanessa CONNOLLY	#5	New Haven	11.20m	36-9	4/14
8		Isabelle ROBINSON	#5	New Haven	11.01m	36-1½	4/14
9		Emily NHUN	#4	Franklin Pierce	10.96m	35-11½	4/22
10		Kathryn LYNN	#3	Adelphi	10.93m	35-10½	4/28

Women's Discus

1		Madison KOZYRA	#8	Le Moyne	41.06m	134-9	4/2
2		Katerina DAJIA	#4	Franklin Pierce	37.77m	123-11	4/22
3		Kyria MOORE	#3	Adelphi	37.68m	123-8	4/8
4		Brooke BIBBO	#1	Southern New H	37.61m	123-5	3/31
5		Laila BUNNITT	#1	Southern New H	37.16m	121-11	3/31
6		Anita HODGE	#5	New Haven	36.62m	120-2	4/14
7		Tatyanna BECKFORD	#1	Southern New H	33.88m	111-2	4/15
8		Emily NHUN	#4	Franklin Pierce	33.64m	110-5	4/28
9		Bennie ALULA	#1	Southern New H	32.58m	106-11	4/21
10		Elise DODEL	#5	New Haven	32.46m	106-6	4/22

Women's Hammer

1	7	Kyria MOORE	#3	Adelphi P	59.24m	194-4	4/27
2		Bennie ALULA	#1	Southern New H	45.91m	150-8	4/21
3		Madison KOZYRA	#8	Le Moyne	44.12m	144-9	4/14
4		Madison LUPINO	#6	Assumption	43.70m	143-5	4/8
5		Tyra FELTON	#4	Franklin Pierce	42.90m	140-9	4/28
6		Megan RUOFF	#5	New Haven	41.08m	134-10	4/22
7		Jalynn MCCOWIN	#5	New Haven	40.56m	133-1	4/14
8		Elise DODEL	#5	New Haven	40.26m	132-1	4/8
9		Rosanni GONZALEZ	#2	Southern Conne	39.36m	129-2	4/1
10		Laila BUNNITT	#1	Southern New H	38.51m	126-4	4/8

Women's Javelin

1	84	Tori LIMONE	#1	Southern New H	38.05m	124-10	4/21
2	97	Neva BOSTIC	#5	New Haven	37.31m	122-5	3/16
3		Harmony MARQUEZ	#10	Saint Anselm	35.73m	117-3	4/29
4		Tatyanna BECKFORD	#1	Southern New H	35.11m	115-2	3/31
5		Abby CAMELIO	#6	Assumption	34.99m	114-10	4/15
6		Tori ALLEN	#1	Southern New H	34.37m	112-9	4/29
7		Teresa DEASY	#4	Franklin Pierce	34.07m	111-10	4/28
8		Rachel GIZZONIO	#1	Southern New H	33.02m	108-4	3/31
9		Skyler GALVEZ	#5	New Haven	32.85m	107-10	4/8
10		Mackenzie LACHANCE	#5	New Haven	32.79m	107-7	3/31

Women's Heptathlon

1	25	Raven-Symone JARRETT	#7	American Intern P	4,706		4/14
2	91	Gillian PENNA	#2	Southern Conne	3,857		4/14



Conference TFRI Event Summary

as of 5/1/2023 7:28:03 AM

NSIC

Women's 100 Meters

1	6	Denisha CARTWRIGHT	#1	Minnesota State P	11.44	(1.9)	4/27
2	16	Renea TAYLOR	#8	Northern State P	11.58	(1.5)	4/13
3	20	Makayla JACKSON	#1	Minnesota State P	11.60	(1.4)	4/13
4	41	Robynn ROLLE-CURRY	#13	MSU Moorhead P	11.81w	(2.2)	4/22
5	59	Arianna PASSERI	#5	U-Mary	11.88w	(2.2)	4/22
6	96	Norah D'ALMEIDA	#1	Minnesota State	12.01	(1.9)	4/27
7		Ja'Cey SIMMONS	#1	Minnesota State	12.07	(0.5)	4/27
8		Tamia HORTON	#4	Sioux Falls	12.15	(1.2)	4/24
9		Nyanas KUR	#2	Augustana (S.D.)	12.16	(-3.3)	4/14
10		Alaina HALL	#11	Bemidji State	12.25	(-1.0)	4/15

Women's 100 Meter Hurdles

1	1	Denisha CARTWRIGHT	#1	Minnesota State P	13.04	(1.2)	4/12
2	10	Roxan FOSTER	#1	Minnesota State P	13.71w	(3.2)	4/27
3	25	Kynnedi MALONE	#1	Minnesota State P	14.12w	(2.3)	4/13
4	43	Quanterra HARRISON	#1	Minnesota State	14.33w	(3.2)	4/27
5	45	Arika HARBO	#10	Concordia-St. P.	14.34w	(2.5)	4/7
6	56	Lytic BRENNEN	#1	Minnesota State	14.42	(1.4)	4/27
7	63	Elizabeth SCHAEFER	#2	Augustana (S.D.)	14.50w	(2.4)	4/14
8	68	Xana LEUM	#3	Winona State	14.57w	(3.4)	4/7
9	71	Tia HORNING	#5	U-Mary	14.60w	(2.1)	4/22
10	89	Hanna REICHENBERGER	#3	Winona State	14.73w	(3.4)	4/7

Women's 200 Meters

1	4	Denisha CARTWRIGHT	#1	Minnesota State P	23.18w	(2.4)	4/13
2	7	Nyanas KUR	#2	Augustana (S.D.) P	23.59w	(2.9)	4/7
3	10	Makayla JACKSON	#1	Minnesota State P	23.70	(0.6)	4/27
4	28	Renea TAYLOR	#8	Northern State P	23.98w	(2.6)	4/13
5	29	Robynn ROLLE-CURRY	#13	MSU Moorhead P	23.99w	(3.3)	4/13
6	33	Sakena MASSIAH	#5	U-Mary P	24.07w	(2.8)	4/13
7	39	Miranda LAUVSTAD	#1	Minnesota State P	24.10	(2.0)	4/7
8	66	Rose CRAMER	#1	Minnesota State	24.41w	(2.9)	4/7
9		Rose GAYE	#1	Minnesota State	25.00	(0.6)	4/27
10		Norah D'ALMEIDA	#1	Minnesota State	25.09	(1.0)	4/27

Women's 400 Meters

1	1	Shereen VALLABOUY	#3	Winona State P	51.80		4/12
2	13	Robynn ROLLE-CURRY	#13	MSU Moorhead P	54.10		4/13
3	29	Sakena MASSIAH	#5	U-Mary P	55.51		4/22
4	65	Elizabeth SCHMIDT	#1	Minnesota State	56.35		4/27
5	83	Rose GAYE	#1	Minnesota State	56.74		4/14
6		Sierra CLIFFORD	#12	Southwest Minn	57.16		4/26
7		Rachel BOELKE	#6	Minnesota Dulut	57.56		4/26
8		Grace HAMBEL	#1	Minnesota State	57.70		4/27
9		Maia PETERSON	#2	Augustana (S.D.)	58.03		4/27
10		Grace ACHESON	#5	U-Mary	58.17		4/22

Women's 400 Meter Hurdles

1	5	Brooklyn SCHYVINCK	#3	Winona State P	59.53		4/26
2	10	Renea TAYLOR	#8	Northern State P	1:00.22		4/12
3	12	Morgan HERTZ	#5	U-Mary P	1:00.39		4/13
4	20	Eilika LANE	#1	Minnesota State P	1:01.18		4/26
5	22	Elizabeth SCHAEFER	#2	Augustana (S.D.) P	1:01.25		4/26
6	28	Noa MARTEAU	#2	Augustana (S.D.) P	1:01.80		4/27
7	34	Quanterra HARRISON	#1	Minnesota State P	1:01.98		4/27
8	58	Brooklyn BROUSE	#9	St. Cloud State	1:03.25		4/7
9	61	Regan FEIT	#3	Winona State	1:03.41		4/28
10	66	Emma BOROWICZ	#1	Minnesota State	1:03.68		4/7

Women's 800 Meters

1	19	Kaylee BEYER	#3	Winona State P	2:09.72		4/13
2	25	Cailee PETERSON	#6	Minnesota Dulut P	2:10.27		4/7
3	36	MaKenna THURSTON	#1	Minnesota State P	2:11.15		4/26
4	38	Savannah SCHLEY	#6	Minnesota Dulut P	2:11.31		4/13
5	48	Cassidy O'MEARA	#4	Sioux Falls P	2:11.96		4/27
6		Kiran GREEN	#5	U-Mary	2:15.37		4/13
7		Francine SEIDEL	#6	Minnesota Dulut	2:15.60		4/14
8		Annika AHO	#4	Sioux Falls	2:15.67		4/13
9		Alexis ERICKSON	#11	Bemidji State	2:16.15		4/27
10		Caroline SUDBECK	#2	Augustana (S.D.)	2:16.19		4/14

Women's 1500 Meters

1	10	Kaylee BEYER	#3	Winona State P	4:24.34		4/13
2	12	Cailee PETERSON	#6	Minnesota Dulut P	4:24.42		4/26
3	21	PJ ENGLISH	#2	Augustana (S.D.) P	4:26.52		4/26
4	32	Khot JUAC	#4	Sioux Falls P	4:27.93		4/26
5	47	MaKenna THURSTON	#1	Minnesota State P	4:30.99		4/13
6	55	Morgan GEHL	#4	Sioux Falls	4:32.72		4/13
7	69	Cassidy O'MEARA	#4	Sioux Falls	4:34.46		4/13
8	73	Mia SALAS	#2	Augustana (S.D.)	4:34.68		4/1
9	94	McKenna TAYLOR	#3	Winona State	4:37.45		4/21
10		Iris VELTING	#2	Augustana (S.D.)	4:38.28		4/27

Women's Steeplechase

1	4	Amanda MONTPLAISIR	#1	Minnesota State P	10:14.05		4/13
2	27	Mary GOODWIN	#11	Bemidji State P	10:55.62		4/26
3	33	Lauryn RENIER	#6	Minnesota Dulut	11:02.93		4/26
4	54	Cheresa BOULEY	#9	St. Cloud State	11:18.96		4/26
5	93	Clara WELHOUSE	#9	St. Cloud State	11:36.80		4/26
6		Morgan RADEL	#6	Minnesota Dulut	11:45.78		4/7
7		Rhya BRANDEMUEHL	#3	Winona State	11:53.58		4/28
8		Andrea FROMELT	#3	Winona State	12:09.06		4/28
9		Anna PALODICHUK	#6	Minnesota Dulut	12:10.09		4/14
10		Kenzie HAMANN	#8	Northern State	12:12.35		4/26



Conference TFRI Event Summary

as of 5/1/2023 7:28:04 AM

NSIC

Women's 5000 Meters

1	1	Lindsay CUNNINGHAM	#3	Winona State	P	15:45.91	4/26
2	17	Amanda MONTPLAISIR	#1	Minnesota State	P	16:28.39	4/12
3	23	Khot JUAC	#4	Sioux Falls	P	16:40.89	4/13
4	25	PJ ENGLISH	#2	Augustana (S.D.)	P	16:42.02	4/14
5	48	Kaylee BEYER	#3	Winona State	P	17:05.13	4/21
6	63	Jessica LUTMER	#4	Sioux Falls		17:11.95	4/13
7	78	McKenna TAYLOR	#3	Winona State		17:19.03	4/13
8	80	Megan MEANS	#2	Augustana (S.D.)		17:19.90	4/14
9	85	Mia SALAS	#2	Augustana (S.D.)		17:21.58	4/14
10	93	Ella BAKKEN	#2	Augustana (S.D.)		17:25.00	4/14

Women's 10,000 Meters

1	1	Lindsay CUNNINGHAM	#3	Winona State	P	32:43.64	4/12
2	42	Jessica LUTMER	#4	Sioux Falls	P	36:04.37	4/21
3	49	Ella BAKKEN	#2	Augustana (S.D.)	P	36:18.31	4/26
4	60	Andrijana FUNDIAK	#5	U-Mary		36:41.97	4/13
5	64	Megan MEANS	#2	Augustana (S.D.)		36:54.79	4/26
6		Eve ANDERSON	#6	Minnesota Duluth		38:35.63	4/22
7		Lindsey STUCKEY	#7	Wayne State (Ne)		38:49.21	4/23
8		Karlee SIMMONS	#4	Sioux Falls		38:57.48	4/21
9		Greta FREED	#9	St. Cloud State		39:39.07	4/7
10		Teresa BLOTE	#5	U-Mary		39:55.66	4/22

Women's 4x100 Relay

1	3	Denisha CARTWRIGHT, Ja'Cey SIMMONS, Rose CRAMER, Makayla JACKSON	#1	Minnesota State	P	44.91	4/26
2	51	Lauren MERKLEY, Ella HEINITZ, Lily JUHNKE, Nyanas KUR	#2	Augustana (S.D.)		47.30	4/14
3	52	Morgan HERTZ, Sakena MASSIAH, Taylor WEIDNER, Arianna PASSERI	#5	U-Mary		47.31	4/22
4	83	Tamia HORTON, Grace GIOFFREDI, Myah ROGGENBUCK, Natalie MEYERS	#4	Sioux Falls		48.04	4/24
5	86	Megan GILLES, Jordan GRELL, Kate FITZGERALD, Emily ANDERSON	#6	Minnesota Duluth		48.21	4/14
6	92	Vanessa KLEIN, Renea TAYLOR, Laci LEVERTY, Kyanna COLLYMORE	#8	Northern State		48.33	4/26
7		Megan HANSEN, Maya COUCH, Sarah COTTON, Elizabeth MAYER	#7	Wayne State (Ne)		48.74	4/23
8		Sofia DODGE, Sydney JACKSON, Destiny MATTINGLY, Lauryn SAMUEL	#10	Concordia-St. P.		49.27	4/26
9		Shavante ROBERTS, Ashley HOKANSON, Adla SERRAO, Robynn ROLLE-CURRY	#13	MSU Moorhead		49.32	4/22
9		Lexy GILBERT, Taytum KLICK, Emily VAN ROEKEL, Sierra CLIFFORD	#12	Southwest Minn		49.32	4/26



Conference TFRI Event Summary

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NSIC

Women's 4x400 Relay

1	5	Rose GAYE, Rose CRAMER, Eilika LANE, Elizabeth SCHMIDT	#1	Minnesota State P	3:41.01	4/26
2	7	Regan FEIT, Alyssa LARSON, Brooklyn SCHYVINCK, Shereen VALLABOUY	#3	Winona State P	3:42.13	4/13
3	42	Morgan HERTZ, Ava GRIMM, Grace ACHESON, Sakena MASSIAH	#5	U-Mary	3:51.11	4/13
4	56	Caroline SUDBECK, Ella HEINITZ, Nyanas KUR, Kylee SALLEE	#2	Augustana (S.D.)	3:54.85	4/14
5	93	Rachel BOELKE, Haleigh REINDL, Francine SEIDEL, Savannah SCHLEY	#6	Minnesota Dulut	4:01.59	4/1
6		Mariana GUERRA-REESE, Brooklyn BROUSE, Makaylin CHRISTENSON, Katie LAVATO	#9	St. Cloud State	4:04.72	4/26
7		Sydney JACKSON, Jaid PERRY, Lauryn SAMUEL, Michaela HARTINGER	#10	Concordia-St. P	4:04.79	4/26
8		Kyanna COLLYMORE, Vanessa KLEIN, Alli JACKSON, Renea TAYLOR	#8	Northern State	4:05.47	4/21
9		Josie AITKEN, Alexis ERICKSON, Natalie FULTZ, Abby SYVERSON	#11	Bemidji State	4:10.28c (4:09.84A)	3/31
10		Mackenzie RADER, Jillian DODDS, Ashley DONOVAN, Jade MARTIN	#14	Upper Iowa	4:11.09	4/15

Women's High Jump

1	2	Arika HARBO	#10	Concordia-St. P	1.75m	5-8¾	4/7
2	4	Paola BREÑA	#9	St. Cloud State P	1.73m	5-8	4/13
3	36	Ella PAAVERUD	#10	Concordia-St. P	1.65m	5-5	4/15
3	36	Rainbow STANDS	#12	Southwest Minn	1.65m	5-5	4/26
3	36	Antonia GENET	#5	U-Mary	1.65m	5-5	4/28
6	50	Olivia SOLIS	#1	Minnesota State	1.64m	5-4½	4/14
6	50	Teya LANGSTON	#1	Minnesota State	1.64m	5-4½	4/14
6	50	Julia ROWLES	#9	St. Cloud State	1.64m	5-4½	4/26
9	59	Jerrica PACHL	#5	U-Mary	1.63m	5-4¼	4/16
10	67	Brynn GREENWALDT	#2	Augustana (S.D.)	1.62m	5-3¾	4/21

Women's Pole Vault

1	3	Ashley HOKANSON	#13	MSU Moorhead P	4.19m	13-9	4/7
2	8	Paige HICKSON	#1	Minnesota State P	4.07m	13-4¼	4/26
3	51	Paige BAUER	#1	Minnesota State	3.65m	11-11¾	4/14
4	71	Kenzee DANIELSON	#8	Northern State	3.55m	11-7¾	4/21
4	71	Laci LEVERTY	#8	Northern State	3.55m	11-7¾	4/21
6	81	Shealyn TOM	#12	Southwest Minn	3.50m	11-5¾	4/15
7		Bethany DYBDAHL	#8	Northern State	3.40m	11-1¾	4/14
8		Jenna SIKEL	#1	Minnesota State	3.29m	10-9½	4/7
8		Toryn RICHARDS	#1	Minnesota State	3.29m	10-9½	4/7
8		Sarena SCHWARTZ	#12	Southwest Minn	3.29m	10-9½	4/7
8		Micah ZAEMISCH	#1	Minnesota State	3.29m	10-9½	4/7

Women's Long Jump

1	1	Makayla JACKSON	#1	Minnesota State P	6.62m	21-8¾ (1.9)	4/13
2	9	Arianna PASSERI	#5	U-Mary P	6.11mw	20-½ (2.2)	4/13
3	32	Kylee SALLEE	#2	Augustana (S.D.) P	5.87mw	19-3¼ (3.6)	4/1
4	37	Mariah WILLIAMS	#1	Minnesota State P	5.83m	19-1½ (-0.)	4/26
4	37	Arika HARBO	#10	Concordia-St. P	5.83m	19-1½ (0.7)	4/13
6	39	Kary PETRICKA	#1	Minnesota State	5.81m	19-¾ (1.9)	4/7
7	58	Natalie MEYERS	#4	Sioux Falls	5.70mw	18-8½ (2.2)	4/26
7	58	Kaylee OLSON	#3	Winona State	5.70mw	18-8½ (2.3)	4/7
9		Miranda LAUVSTAD	#1	Minnesota State	5.50m	18-½ (0.9)	4/26
10		Emily SMOLLEN	#7	Wayne State (Ne	5.48mw	17-11¾ (3.)	4/26
10		Taylor WEIDNER	#5	U-Mary	5.48m	17-11¾ (-1)	4/16

Women's Triple Jump

1	3	Flore GRACIA	#1	Minnesota State P	12.92m	42-4¾ (0.0)	4/12
2	9	Lillian WASHINGTON	#1	Minnesota State P	12.44mw	40-9¾ (2.4)	4/26
3	11	Stella NEOPHYTOU	#1	Minnesota State P	12.34m	40-6 (1.1)	4/7
4	26	Kaja SALEMONSEN	#2	Augustana (S.D.) P	12.10mw	39-8½ (3.3)	4/7
5	27	Parker BUSKE	#9	St. Cloud State P	12.09mw	39-8 (2.2)	4/7
6	49	Hanna REICHENBERGER	#3	Winona State	11.77m	38-7½ (1.3)	4/13
7	73	Xana LEUM	#3	Winona State	11.55m	37-10¾ (1.)	4/1
8	97	Sierra SWEENEY	#8	Northern State	11.34mw	37-2½ (2.4)	4/7
9		Taylor WEIDNER	#5	U-Mary	11.21m	36-9½ (0.0)	4/22
10		Ashlie LOCKINGTON	#3	Winona State	11.11m	36-5½ (0.3)	4/13

Women's Shot Put

1	1	Lexie HURST	#1	Minnesota State P	15.80m	51-10	4/27
2	27	Tierra DOSS	#11	Bemidji State P	14.04m	46-¾	4/13
3	28	Mony JOHNSON	#1	Minnesota State P	13.98m	45-10½	4/27
4	31	Kaitlyn SCHROEDER	#1	Minnesota State	13.92m	45-8	4/27
5	39	Madeline FRETAG	#1	Minnesota State	13.46m	44-2	4/27
6	43	Kendra PAASCH	#7	Wayne State (Ne	13.38m	43-10¾	4/1
7	49	Kamry LINDSEY	#4	Sioux Falls	13.30m	43-7¾	4/24
8	51	Mckenzie SCHEIL	#7	Wayne State (Ne	13.29m	43-7¼	4/1
9	74	Nadia SANFORD	#12	Southwest Minn	12.97m	42-6¾	4/15
10	83	Brooklynn CHIPPS	#7	Wayne State (Ne	12.91m	42-4¼	4/23



Conference TFRI Event Summary

as of 5/1/2023 7:28:04 AM

NSIC

Women's Discus

1	6	Reilly YOUNG	#7 Wayne State (Ne P	49.33m	161-10	3/24
2	17	Kendra PAASCH	#7 Wayne State (Ne P	46.50m	152-7	4/14
3	18	Lexie HURST	#1 Minnesota State P	46.49m	152-7	3/24
4	21	Kamry LINDSEY	#4 Sioux Falls P	46.15m	151-5	4/24
5	28	Madeline FRETAG	#1 Minnesota State	44.88m	147-3	3/24
6	29	MacKenzie BENGTON	#4 Sioux Falls	44.85m	147-2	4/15
7	30	Mack RATH	#1 Minnesota State	44.82m	147-1	4/15
8	40	Kaitlyn SCHROEDER	#1 Minnesota State	44.14m	144-10	3/24
9	51	Tierra DOSS	#11 Bemidji State	43.20m	141-9	4/29
10	55	Gianna TROTTER	#1 Minnesota State	42.95m	140-11	4/15

Women's Hammer

1	3	Mckenzie SCHEIL	#7 Wayne State (Ne P	60.77m	199-5	4/1
2	4	Brooklynn CHIPPS	#7 Wayne State (Ne P	60.52m	198-7	4/7
3	23	Abbi STAFSLIEN-DUMALE	#1 Minnesota State P	53.86m	176-9	4/26
4	38	Cassidy GOUGH	#8 Northern State P	52.35m	171-9	4/7
5	50	Hailey BAKER	#7 Wayne State (Ne	51.13m	167-9	4/1
6	51	Kendra PAASCH	#7 Wayne State (Ne	51.08m	167-7	4/14
7	61	Lexie HURST	#1 Minnesota State	49.94m	163-10	4/7
8	76	Ella PAAVERUD	#10 Concordia-St. P	49.11m	161-2	4/7
9	80	Madison GLYNN	#1 Minnesota State	48.73m	159-11	4/15
10	84	Mony JOHNSON	#1 Minnesota State	48.48m	159-1	4/27

Women's Javelin

1	3	Olivia BAUMBERGER	#4 Sioux Falls P	48.38m	158-9	4/26
2	17	Samantha SUNNARBORG	#1 Minnesota State P	43.89m	144-0	4/26
3	26	Nicole KRAMCHYNSKY	#5 U-Mary P	42.70m	140-1	3/31
4	50	Kaylee PATNODE	#3 Winona State	40.27m	132-2	4/28
5		Kasey PARISH	#9 St. Cloud State	35.35m	116-0	4/26
6		Davis GUETTERMAN	#4 Sioux Falls	34.52m	113-3	4/26
7		Mikenna PATTRIN	#11 Bemidji State	34.41m	112-11	3/31
8		Kennedy HAWK	#6 Minnesota Dulut	34.19m	112-2	4/26
9		Cassidy GOUGH	#8 Northern State	34.11m	111-11	4/14
10		Arika HARBO	#10 Concordia-St. P	33.62m	110-4	4/26

Women's Heptathlon

1	8	Arika HARBO	#10 Concordia-St. P	5,193		4/13
2	17	Kylee SALLEE	#2 Augustana (S.D.) P	4,786		4/26
3	28	Miranda LAUVSTAD	#1 Minnesota State P	4,648		4/7
4	33	Tia HORNING	#5 U-Mary	4,475		4/22
5	40	Samantha SUNNARBORG	#1 Minnesota State	4,306		4/26
6	45	Cora ANDERSEN	#1 Minnesota State	4,244		4/7
7	47	Jacqi RAE	#6 Minnesota Dulut	4,241		4/21
8	58	Mackenzie HEMMER	#2 Augustana (S.D.)	4,148		4/7
9	76	Laura INAMA	#5 U-Mary	4,006		4/22
10	81	Bryn LONDON	#6 Minnesota Dulut	3,927		4/21



Conference TFRI Event Summary

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PacWest

Women's 100 Meters

1	14	Selena ARJONA-ALCAZAR	#3	Academy of Art	P	11.54w	(2.1)	4/28
2	23	Britney CLARK	#3	Academy of Art	P	11.62w	(2.1)	4/28
3	32	Madison FLORES	#5	Fresno Pacific	P	11.69	(0.7)	3/24
4	33	Zara ANTHONY	#5	Fresno Pacific	P	11.72	(0.7)	3/24
5	36	Darria MATTHIAS	#3	Academy of Art	P	11.75	(1.2)	3/31
6	61	Alayna VERNER	#1	Azusa Pacific		11.89	(0.5)	3/18
7	65	Aubrianne SMITH	#5	Fresno Pacific		11.91w	(2.1)	4/28
7	65	Trinity MILLER	#1	Azusa Pacific		11.91w	(2.1)	4/28
9	67	Jaylah WALKER	#1	Azusa Pacific		11.92w	(2.7)	3/3
10	79	Iyanna FULLER	#5	Fresno Pacific		11.97w	(2.1)	4/28

Women's 100 Meter Hurdles

1	2	Esther CONDE-TURPIN	#1	Azusa Pacific	P	13.22w	(2.5)	4/28
2	4	Jaylah WALKER	#1	Azusa Pacific	P	13.32w	(2.5)	4/28
3	5	Marie-Jeanne OUREGA	#3	Academy of Art	P	13.59w	(2.5)	4/28
4	15	Nicole WARWICK	#1	Azusa Pacific	P	13.88w	(2.5)	4/28
5	36	Rebeka PRESTON	#2	Biola (Calif.)		14.30	(0.5)	4/28
6	50	Karyn BEST	#4	CUI		14.37	(0.5)	4/28
7	51	Ryann BEVERIDGE	#4	CUI		14.38w	(2.3)	4/28
8	58	Alysa HENRY	#1	Azusa Pacific		14.45w	(2.3)	4/28
9	68	Alexis RANGER-DUNBAR	#5	Fresno Pacific		14.57w	(2.3)	4/28
10	86	Yanique WHITE	#3	Academy of Art		14.72w	(2.3)	4/28

Women's 200 Meters

1	11	Jaylah WALKER	#1	Azusa Pacific	P	23.71	(1.3)	4/28
2	13	Madison FLORES	#5	Fresno Pacific	P	23.74w	(2.5)	4/28
3	14	Selena ARJONA-ALCAZAR	#3	Academy of Art	P	23.76w	(3.0)	4/12
4	22	Alayna VERNER	#1	Azusa Pacific	P	23.89w	(2.5)	4/28
5	26	Britney CLARK	#3	Academy of Art	P	23.94w	(2.5)	4/28
6	30	Zara ANTHONY	#5	Fresno Pacific	P	24.00w	(2.5)	4/28
7	42	Ariana VERA	#5	Fresno Pacific	P	24.14w	(2.1)	4/28
8	55	Darria MATTHIAS	#3	Academy of Art	P	24.30w	(2.5)	4/28
9	85	Brianna GREEN	#5	Fresno Pacific		24.59	(1.7)	3/30
10	94	Alicia THOMAS	#3	Academy of Art		24.65	(1.3)	4/28

Women's 400 Meters

1	5	Alayna VERNER	#1	Azusa Pacific	P	53.59		4/28
2	9	Madison FLORES	#5	Fresno Pacific	P	53.89		4/28
3	15	Ariana VERA	#5	Fresno Pacific	P	54.16		4/28
4	26	Brianna GREEN	#5	Fresno Pacific	P	55.47		3/30
5	39	Jaylah WALKER	#1	Azusa Pacific	P	55.72		3/24
6	45	Alisha WILSON	#3	Academy of Art	P	55.75		4/12
7	54	Britney CLARK	#3	Academy of Art		56.06		3/31
7	54	Kiayra HOLMES	#1	Azusa Pacific		56.06		3/31
9	60	Selena ARJONA-ALCAZAR	#3	Academy of Art		56.25		4/8
10	62	Madelynn WORLEY	#6	Point Loma Naz		56.30		4/28

Women's 400 Meter Hurdles

1	2	Jaylah WALKER	#1	Azusa Pacific	P	58.15		4/13
2	15	Kiayra HOLMES	#1	Azusa Pacific	P	1:00.74		4/28
3	23	Rebeka PRESTON	#2	Biola (Calif.)	P	1:01.32		3/24
3	23	Maria SARTIN	#4	CUI	P	1:01.32		4/28
5	75	Karyn BEST	#4	CUI		1:03.85		4/28
6	82	Joley SPOUL	#2	Biola (Calif.)		1:04.16		4/28
7	88	Sophia MORRIS	#2	Biola (Calif.)		1:04.29		4/8
8		Anna BELLES GALLAN	#3	Academy of Art		1:04.75		4/28
9		Mikayla BUTLER	#4	CUI		1:05.67		4/28
10		Ryann BEVERIDGE	#4	CUI		1:05.95		3/25

Women's 800 Meters

1	9	Porshe EISMAN	#4	CUI	P	2:08.75		4/28
2	16	Briseida GARCIA MEZA	#1	Azusa Pacific	P	2:09.61		4/28
3	22	Maggie WILLIAMS	#2	Biola (Calif.)	P	2:09.82		4/28
4	28	Lina HANICH	#3	Academy of Art	P	2:10.52		4/13
5	34	Grace SOUTHERN	#3	Academy of Art	P	2:11.02		4/13
6	51	Hannah CHAMPNESS	#2	Biola (Calif.)		2:12.38		4/28
7	55	Eline PINTER	#1	Azusa Pacific		2:12.63		4/28
8	61	Aubrie NEX	#6	Point Loma Naz		2:12.99		3/31
9	69	Katharina GOETSCHL	#3	Academy of Art		2:13.34		3/30
10		Kristilyn HETHERINGTON	#1	Azusa Pacific		2:15.21		4/13

Women's 1500 Meters

1	35	Aubrie NEX	#6	Point Loma Naz	P	4:28.62		4/28
2	39	Jori PARADIS	#4	CUI	P	4:29.26		4/28
3	41	Eline PINTER	#1	Azusa Pacific	P	4:29.46		4/13
4	43	Grace SOUTHERN	#3	Academy of Art	P	4:29.85		4/28
5	60	Maggie WILLIAMS	#2	Biola (Calif.)		4:33.77		4/8
6	66	Katharina GOETSCHL	#3	Academy of Art		4:34.17		4/13
7	72	Porshe EISMAN	#4	CUI		4:34.66		4/13
8	76	Lina HANICH	#3	Academy of Art		4:35.17		3/30
9	82	Briseida GARCIA MEZA	#1	Azusa Pacific		4:36.26		4/13
10	84	Hannah CHAMPNESS	#2	Biola (Calif.)		4:36.34		3/30

Women's Steeplechase

1	21	Katharina GOETSCHL	#3	Academy of Art	P	10:46.64		4/13
2	38	Grace CATENA	#2	Biola (Calif.)		11:06.26		4/28
3	39	Audrey ROSENCRANS	#3	Academy of Art		11:07.31		4/13
4	45	Britta HOLMBERG	#2	Biola (Calif.)		11:12.29		3/18
5	63	Maribel AGUILAR	#5	Fresno Pacific		11:26.59		4/28
6	73	Lauren LANDRITH	#2	Biola (Calif.)		11:31.18		4/28
7	74	Kelsey BALLARD	#4	CUI		11:31.98		4/28
8	91	Adriana GIL	#4	CUI		11:36.15		4/28
9		Elizabeth SATTERLEE	#6	Point Loma Naz		12:04.55		3/18
10		Maylea BRAWNER	#1	Azusa Pacific		12:23.78		4/28



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Women's 5000 Meters

1	32	Lynette RUIZ	#2 Biola (Calif.)	P 16:52.71	4/13
2	42	Jori PARADIS	#4 CUI	P 17:00.04	4/13
3	52	Lisa REDLINGER	#3 Academy of Art	P 17:05.71	4/8
3	52	Bethany MAPES	#2 Biola (Calif.)	P 17:05.71	4/13
5	66	Grace SOUTHERN	#3 Academy of Art	17:14.90	4/8
6	84	Katharina GOETSCHL	#3 Academy of Art	17:20.76	4/8
7	96	Britta HOLMBERG	#2 Biola (Calif.)	17:27.16	4/13
8		Porshe EISMANN	#4 CUI	17:33.35	4/28
9		Ryley BURNS	#6 Point Loma Nazarene	17:33.62	4/13
10		Kristilyn HETHERINGTON	#1 Azusa Pacific	17:33.91	3/30

Women's 10,000 Meters

1	9	Lynette RUIZ	#2 Biola (Calif.)	P 34:27.55	3/31
2	20	Lisa REDLINGER	#3 Academy of Art	P 35:06.72	4/13
3	23	Madeline JAHSHAN	#4 CUI	P 35:15.38	4/13
4	65	Grace CATENA	#2 Biola (Calif.)	36:55.20	3/30
5	75	Karis BROWN	#2 Biola (Calif.)	37:15.88	3/30
6	78	Justine STECKO	#1 Azusa Pacific	37:18.06	3/30
7	79	Audrey ROSENCRANS	#3 Academy of Art	37:18.10	4/13
8	99	Ellie STETINA	#2 Biola (Calif.)	37:45.52	3/30
9		Haleigh GUERRERO	#2 Biola (Calif.)	37:48.51	3/30
10		Yorkabel GEBREHIWOT	#5 Fresno Pacific	38:55.33	3/11

Women's 4x100 Relay

1	2	Britney CLARK, Darria MATTHIAS, Alicia THOMAS, Selena ARJONA-ALCAZAR	#3 Academy of Art	P 44.82	3/31
2	5	Aubrianna SMITH, Madison FLORES, Ariana VERA, Zara ANTHONY	#5 Fresno Pacific	P 45.27	4/28
3	7	Trinity MILLER, Kiayra HOLMES, Alayna VERNER, Jaylah WALKER	#1 Azusa Pacific	P 45.59	4/28
4	43	Logan NELSON, Romane BAUDIN, Nataleah YANEZ, Maurinique AVERY	#4 CUI	47.07	4/28
5	86	Priscilla JONES, Audrey MOUSA, Maria VIDAL POY, Kelaiah MOORE	#2 Biola (Calif.)	48.21	3/25
6		Madeleine DEKKERS, Blanca GRANADOS, Madelynn WORLEY, Brynn CELANI	#6 Point Loma Nazarene	48.75	3/18
7		Morgan SEMANA, Sarah CHAVEZ, Caytlin CAPULONG, Kiana PELTON	#7 Dominican (Calif.)	50.61	4/28

Women's 4x400 Relay

1	4	Iyanna FULLER, Brianna GREEN, Madison FLORES, Ariana VERA	#5 Fresno Pacific	P 3:40.64	4/28
2	6	Kiayra HOLMES, Alayna VERNER, Esther CONDE-TURPIN, Jaylah WALKER	#1 Azusa Pacific	P 3:41.99	3/23
3	31	Britney CLARK, Alisha WILSON, Anna BELLES GALLEN, Selena ARJONA-ALCAZAR	#3 Academy of Art	P 3:49.58	3/31
4	35	Aubree GENTRY, Aubrie NEX, Madelynn WORLEY, Blanca GRANADOS	#6 Point Loma Nazarene	3:49.95	4/28
5	38	Madison FEARON, Maria SARTIN, Logan NELSON, Porshe EISMANN	#4 CUI	3:50.20	4/28
6	79	Sophia MORRIS, Audrey MOUSA, Robin AHLQUIST, Jordan GOSSETT	#2 Biola (Calif.)	3:58.36	4/28
7		Sarah CHAVEZ, LaNicia ELLIS, Bella BUENO, Eryn TUFTS	#7 Dominican (Calif.)	4:15.10	4/28

Women's High Jump

1	2	Eliana SAUNDERS	#1 Azusa Pacific	P 1.75m	5-8¾	4/13
2	4	Esther CONDE-TURPIN	#1 Azusa Pacific	P 1.73m	5-8	4/28
3	7	Luisa FISCHER	#1 Azusa Pacific	P 1.71m	5-7¼	4/28
4	36	Hanna BEVAN	#2 Biola (Calif.)	1.65m	5-5	3/18
5	67	Ashley HUME	#1 Azusa Pacific	1.62m	5-3¾	4/28
6	79	Alysa HENRY	#1 Azusa Pacific	1.61m	5-3¼	4/13
7		Joley SPROUL	#2 Biola (Calif.)	1.59m	5-2½	4/28
8		Nicole WARWICK	#1 Azusa Pacific	1.58m	5-2¼	4/13
9		Gabriella HIRALDO	#4 CUI	1.57m	5-1¾	3/25
10		Nikki CROUCH	#5 Fresno Pacific	1.55m	5-1	3/24
10		Kathryn THOMPSON	#2 Biola (Calif.)	1.55m	5-1	3/18

Women's Pole Vault

1	31	Nikki CROUCH	#5 Fresno Pacific	P 3.79m	12-5¼	3/17
2	40	Evanthia KOUTELIERIS	#6 Point Loma Nazarene	P 3.75m	12-3½	4/13
3	65	Alysa HENRY	#1 Azusa Pacific	3.59m	11-9¼	3/18
4	71	Abigail KEANE	#1 Azusa Pacific	3.55m	11-7¾	3/3
5	81	Peyton YOSHIDA	#6 Point Loma Nazarene	3.50m	11-5¾	4/28
5	81	Reanna MAROON	#2 Biola (Calif.)	3.50m	11-5¾	4/28
7		Katherine HEekin	#6 Point Loma Nazarene	3.25m	10-8	4/28
8		Sophie ABE	#2 Biola (Calif.)	3.10m	10-2	4/28
9		Ella LAMP	#6 Point Loma Nazarene	2.84m	9-3¾	3/18
10		Caytlin CAPULONG	#7 Dominican (Calif.)	2.35m	7-8½	4/7



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Women's Long Jump

1	2	Nicole WARWICK	#1 Azusa Pacific	P 6.37mw	20-10¾ (2)	4/28
2	3	Marie-Jeanne OUREGA	#3 Academy of Art	P 6.30m	20-8 (1.1)	3/31
3	5	Esther CONDE-TURPIN	#1 Azusa Pacific	P 6.21m	20-4½ (1.0)	4/13
4	48	Rebeka PRESTON	#2 Biola (Calif.)	5.76m	18-10¾ (2)	4/28
5	96	Romane BAUDIN	#4 CUI	5.53m	18-1¾ (2.0)	3/25
6		Alysa HENRY	#1 Azusa Pacific	5.45m	17-10¾ (0)	4/13
6		Luisa FISCHER	#1 Azusa Pacific	5.45m	17-10¾ (0)	4/28
8		Olivia BAERNY	#1 Azusa Pacific	5.37mw	17-7½ (2.2)	4/28
9		Kenna CHISM	#2 Biola (Calif.)	5.34m	17-6¼ (0.6)	4/28
10		Alysa BETIONG	#1 Azusa Pacific	5.18m	17-0 (1.1)	4/28

Women's Triple Jump

1	4	Marie-Jeanne OUREGA	#3 Academy of Art	P 12.81m	42-½ (1.2)	3/31
2	19	Rebeka PRESTON	#2 Biola (Calif.)	P 12.17m	39-11¼ (1)	3/3
3	53	Olivia BAERNY	#1 Azusa Pacific	11.75mw	38-6¾ (2.2)	4/28
4	70	Kathryn THOMPSON	#2 Biola (Calif.)	11.58m	38-0 (1.3)	4/13
5	91	Darrian WILLIAMS	#4 CUI	11.38m	37-4 (0.3)	4/13
6		Makenna SULLIVAN	#6 Point Loma Naz	11.11m	36-5½ (0.8)	3/25
7		Kenna CHISM	#2 Biola (Calif.)	10.72mw	35-2 (2.2)	3/3
8		Amelia RIVAS	#1 Azusa Pacific	10.71m	35-1¾ (-1)	3/18
9		Kristin BELLE	#2 Biola (Calif.)	9.85m	32-3¾ (-2)	3/18

Women's Shot Put

1	18	Hannah RICHARDSON	#1 Azusa Pacific	P 14.36m	47-1½	3/18
2	21	Sarah FAJER	#4 CUI	P 14.30m	46-11	4/13
3	35	Esther CONDE-TURPIN	#1 Azusa Pacific	13.66m	44-9¾	4/28
4	46	Hope ERWIN	#5 Fresno Pacific	13.34m	43-9¾	3/24
5	97	Jada PIERCE	#2 Biola (Calif.)	12.68m	41-7¼	3/25
6		Priscilla JONES	#2 Biola (Calif.)	12.42m	40-9	4/28
7		Alysa HENRY	#1 Azusa Pacific	12.21m	40-¾	4/28
8		Luisa FISCHER	#1 Azusa Pacific	12.04m	39-6	4/28
9		Alexa HUME	#1 Azusa Pacific	11.90m	39-½	4/28
10		Molly OLSON	#1 Azusa Pacific	11.89m	39-¼	2/18

Women's Discus

1	26	Anessa CHIRGWIN	#6 Point Loma Naz	45.10m	148-0	4/28
2	44	Hannah RICHARDSON	#1 Azusa Pacific	43.79m	143-8	4/28
3	52	Khaiya SIMPSON	#4 CUI	43.12m	141-6	4/28
4	60	Hope ERWIN	#5 Fresno Pacific	42.66m	140-0	3/30
5	90	Sarah FAJER	#4 CUI	41.68m	136-9	3/25
6		Molly OLSON	#1 Azusa Pacific	40.75m	133-9	3/18
7		Gigi FIERRO	#2 Biola (Calif.)	39.29m	128-11	3/18
8		Gianna TROPPI	#2 Biola (Calif.)	36.95m	121-3	4/8
9		Sydney CASSENS	#4 CUI	31.86m	104-7	4/28
10		Madisyn ARMSTRONG	#6 Point Loma Naz	31.31m	102-9	4/28

Women's Hammer

1	74	Sarah FAJER	#4 CUI	49.25m	161-7	4/28
2	91	Jada PIERCE	#2 Biola (Calif.)	48.15m	158-0	4/21
3		Khaiya SIMPSON	#4 CUI	45.30m	148-8	4/28
4		Anessa CHIRGWIN	#6 Point Loma Naz	44.25m	145-2	4/28
5		Hannah RICHARDSON	#1 Azusa Pacific	42.09m	138-1	4/28
6		Gigi FIERRO	#2 Biola (Calif.)	40.81m	133-11	4/28
7		Elizabeth NARANJO	#5 Fresno Pacific	40.44m	132-8	4/28
8		Madisyn ARMSTRONG	#6 Point Loma Naz	39.93m	131-0	3/31
9		Hope ERWIN	#5 Fresno Pacific	39.50m	129-7	4/28
10		Alexa HUME	#1 Azusa Pacific	39.35m	129-1	4/28

Women's Javelin

1	5	Molly OLSON	#1 Azusa Pacific	P 47.13m	154-8	4/28
2	6	Alysa HENRY	#1 Azusa Pacific	P 46.11m	151-4	4/28
3	13	Luisa FISCHER	#1 Azusa Pacific	P 44.37m	145-7	4/13
4	15	Esther CONDE-TURPIN	#1 Azusa Pacific	P 44.07m	144-7	4/13
5	48	Leonor BROOKS	#1 Azusa Pacific	40.37m	132-6	4/28
6	68	Nicole WARWICK	#1 Azusa Pacific	39.04m	128-1	4/13
7		Sara CHAO	#2 Biola (Calif.)	36.07m	118-4	4/28
8		Ashley HUME	#1 Azusa Pacific	36.06m	118-4	4/28
9		Jada PIERCE	#2 Biola (Calif.)	35.69m	117-1	4/21
10		Bella PATTERSON	#6 Point Loma Naz	33.66m	110-5	3/31

Women's Heptathlon

1	1	Esther CONDE-TURPIN	#1 Azusa Pacific	P 6,007		4/13
2	2	Nicole WARWICK	#1 Azusa Pacific	P 5,640		4/13
3	6	Alysa HENRY	#1 Azusa Pacific	P 5,306		4/13
4	7	Luisa FISCHER	#1 Azusa Pacific	P 5,247		4/28
5	39	Brianna GREEN	#5 Fresno Pacific	4,310		2/23
6	49	Joley SPROUL	#2 Biola (Calif.)	4,214		4/28
7	51	Priscilla JONES	#2 Biola (Calif.)	4,183		4/28
8	60	Ashley HUME	#1 Azusa Pacific	4,132		4/28
9	75	Nica ZSIROS	#6 Point Loma Naz	4,008		4/28
10		Riley NORRIS	#4 CUI	3,737		4/28



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PBC

Women's 100 Meters

1	71	Priscilla AJALA	#5	Augusta	11.94	(1.8)	4/20
2		Shenya PATRICE	#1	Embry-Riddle (F	12.03	(1.8)	4/20
3		Cayla BROWN	#3	Clayton State	12.22w	(2.9)	4/20
4		Nahkia MONTGOMERY	#2	Columbus State	12.35	(1.2)	3/17
5		Sierra COWARD	#1	Embry-Riddle (F	12.36w	(3.3)	4/20
6		Nina RICHARDSON	#1	Embry-Riddle (F	12.58	(0.9)	3/24
7		Maya ADAMS	#3	Clayton State	12.65	(-0.5)	3/24
8		Michala DANIELS	#1	Embry-Riddle (F	12.68w	(2.9)	4/20
9		D'Azhia WOODS	#2	Columbus State	12.77	(0.0)	4/8
10		Reagan HUNTER	#8	Lander	12.79	(1.4)	4/14

Women's 100 Meter Hurdles

1	48	Sierra COWARD	#1	Embry-Riddle (F	14.35	(1.6)	4/7
2		Helena HUYKE	#1	Embry-Riddle (F	15.64w	(2.3)	2/18
3		Dejah SAUNDERS	#1	Embry-Riddle (F	15.75	(-0.3)	4/20
4		Clareese SPAHN	#2	Columbus State	16.01	(1.3)	4/20
5		Michala DANIELS	#1	Embry-Riddle (F	16.04	(-0.3)	4/20
6		Laura MCBRIDE	#1	Embry-Riddle (F	16.42	(1.3)	4/20
7		Joy MCLEOD	#3	Clayton State	16.46	(-0.2)	4/1
8		Sydney CASH	#1	Embry-Riddle (F	16.61	(1.1)	4/20
9		Ashley MOORE	#1	Embry-Riddle (F	16.90	(1.3)	4/7
10		Emma SORENSON	#1	Embry-Riddle (F	17.38	(1.7)	3/30

Women's 200 Meters

1	88	Priscilla AJALA	#5	Augusta	24.62w	(2.4)	4/20
2		Cayla BROWN	#3	Clayton State	24.82w	(2.4)	4/20
3		Shenya PATRICE	#1	Embry-Riddle (F	25.05w	(2.4)	4/20
4		Ariyonna JONES	#3	Clayton State	25.10	(-2.8)	4/1
5		Nina RICHARDSON	#1	Embry-Riddle (F	25.15	(1.6)	4/20
6		Adriana AMEER	#3	Clayton State	25.93	(0.5)	4/1
7		Maya ADAMS	#3	Clayton State	26.02w	(2.5)	3/24
8		Laura MCBRIDE	#1	Embry-Riddle (F	26.11	(1.2)	4/20
9		D'Azhia WOODS	#2	Columbus State	26.16	(1.3)	3/24
10		Mikayla OSBORNE	#3	Clayton State	26.23	(1.6)	4/20

Women's 400 Meters

1	28	Ukeyvia BECKWITH	#1	Embry-Riddle (F P	55.50		3/30
2		Ariyonna JONES	#3	Clayton State	57.51		4/1
3		Morgan DUDLEY	#1	Embry-Riddle (F	57.57		4/20
4		Adriana AMEER	#3	Clayton State	57.63		4/1
5		Nina RICHARDSON	#1	Embry-Riddle (F	58.47		4/20
6		Alesia JOHNSON	#2	Columbus State	59.16		4/1
7		Mikayla OSBORNE	#3	Clayton State	59.17		4/20
8		Ella STODENMIRE	#6	North Georgia	59.61		4/7
9		Priscilla AJALA	#5	Augusta	59.90		3/17
10		De'aisha STEPHENS	#2	Columbus State	1:00.34		4/20

Women's 400 Meter Hurdles

1	38	Laura MCBRIDE	#1	Embry-Riddle (F	1:02.42		4/28
2	47	Adriana AMEER	#3	Clayton State	1:02.95		4/20
3		Parmelie ANDRIS	#5	Augusta	1:07.78		4/20
4		Joy MCLEOD	#3	Clayton State	1:08.68		4/1
5		Sasha KNOWLES	#3	Clayton State	1:10.31		4/20
6		Alesia JOHNSON	#2	Columbus State	1:11.73		4/20
7		Tara GILLIGAN	#1	Embry-Riddle (F	1:13.29		4/20
8		Sydney BOLYARD	#6	North Georgia	1:13.55		4/14
9		Alaina RIDER	#1	Embry-Riddle (F	1:16.40		4/20
10		Aija WALL	#3	Clayton State	1:18.31		3/24

Women's 800 Meters

1	1	Ukeyvia BECKWITH	#1	Embry-Riddle (F P	2:04.84		4/28
2	74	Ella STODENMIRE	#6	North Georgia	2:13.51		4/14
3	78	Laura MCBRIDE	#1	Embry-Riddle (F	2:13.87		3/24
4		Caroline HARRIS	#1	Embry-Riddle (F	2:17.17		4/7
5		Abigail MISCH	#4	Flagler	2:17.30		4/20
6		Morgan DUDLEY	#1	Embry-Riddle (F	2:17.33		3/16
7		Monique WHITEMAN	#4	Flagler	2:17.45		3/30
8		Mackenzie KELLER	#1	Embry-Riddle (F	2:17.99		4/20
9		Emily MCBRIDE	#6	North Georgia	2:18.28		4/14
10		Lea STEINBACH	#4	Flagler	2:18.36		3/24

Women's 1500 Meters

1	77	Mackenzie KELLER	#1	Embry-Riddle (F	4:35.19		3/30
2		Lea STEINBACH	#4	Flagler	4:39.78		3/30
3		Monique WHITEMAN	#4	Flagler	4:40.06		4/20
4		Monika KUBAI	#4	Flagler	4:41.55		3/30
5		Maya ESPINOSA	#7	Nova Southeast	4:41.98		4/28
6		Abigail MISCH	#4	Flagler	4:42.25		4/20
7		Eden TOAL	#7	Nova Southeast	4:42.37		4/28
8		Emily MCBRIDE	#6	North Georgia	4:42.82		4/7
9		Ella STODENMIRE	#6	North Georgia	4:43.74		4/20
10		Clemence TREGUER	#4	Flagler	4:43.98		3/30

Women's Steeplechase

1	22	Ariana ANDERSON	#1	Embry-Riddle (F P	10:46.78		2/18
2	42	Emily MCBRIDE	#6	North Georgia	11:09.08		4/7
3	85	Lea STEINBACH	#4	Flagler	11:35.34		4/20
4	99	Valeria ANGEL	#6	North Georgia	11:39.40		4/20
5		Claire MILLS	#6	North Georgia	11:39.85		4/20
6		Anna CHASTEEN	#6	North Georgia	11:47.49		4/20
7		Monique WHITEMAN	#4	Flagler	11:50.75		4/20
8		Kelly STEFFENS	#1	Embry-Riddle (F	11:57.56		4/20
9		Sydney BOLYARD	#6	North Georgia	12:09.67		4/20
10		Tanaeya JOHNSON	#3	Clayton State	12:11.22		4/20



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Women's 5000 Meters

1	55	Kamila SOJA	#7 Nova Southeastern	17:07.80	3/3
2	67	Ariana ANDERSON	#1 Embry-Riddle (F)	17:15.50	3/16
3	70	Monique WHITEMAN	#4 Flagler	17:16.62	3/16
4	73	Monika KUBAI	#4 Flagler	17:17.75	3/16
5		Megan CHURCHILL	#4 Flagler	17:30.04	3/16
6		Enola SAVEL	#4 Flagler	17:40.22	3/16
7		Karmen LEROY	#6 North Georgia	18:01.55	4/7
8		Hannah BEACH	#5 Augusta	18:09.36	3/16
9		Marissa KEMPF	#4 Flagler	18:11.80	3/16
10		Abigail MISCH	#4 Flagler	18:14.42	3/16

Women's 10,000 Meters

1	37	Kamila SOJA	#7 Nova Southeastern	35:51.20	4/7
2	74	Hannah BEACH	#5 Augusta	37:07.18	4/7
3	96	Karmen LEROY	#6 North Georgia	37:38.83	3/16
4		Megan CHURCHILL	#4 Flagler	37:48.03	4/20
5		Enola SAVEL	#4 Flagler	37:50.65	4/20
6		Cassie LAGAN	#5 Augusta	37:57.78	4/7
7		Valeria ANGEL	#6 North Georgia	38:06.25	3/16
8		Monika KUBAI	#4 Flagler	38:08.26	4/20
9		Madison KENNEDY	#5 Augusta	38:21.18	4/7
10		Kelly STEFFENS	#1 Embry-Riddle (F)	38:29.12	3/16

Women's 4x100 Relay

1	66	Ariyonna JONES, Maya ADAMS, Mikayla OSBORNE, Cayla BROWN	#3 Clayton State	47.63	3/24
2	90	Michala DANIELS, Shenya PATRICE, Cerenity DAISE, Nina RICHARDSON	#1 Embry-Riddle (F)	48.27	4/20
3		Nakhia MONTGOMERY, De'aisha STEPHENS, Tieria MALONE, Alesia JOHNSON	#2 Columbus State	51.11	4/20
4		Karmen LEROY, Ashley POPE, Korey DICKERSON, Lindsay ALLAN	#6 North Georgia	55.85	4/20
5		Haley GILBERT, Caroline PIERCE, Madison KENNEDY, Hannah BEACH	#5 Augusta	57.28	4/20
6		Zoie MARCHANT, Monika KUBAI, Megan CHURCHILL, Hannah GATLAND	#4 Flagler	58.60	4/20

Women's 4x400 Relay

1	17	Laura MCBRIDE, Morgan DUDLEY, Ukeyvia BECKWITH, Nina RICHARDSON	#1 Embry-Riddle (F P)	3:47.12	4/28
2	77	Ariyonna JONES, Adriana AMEER, Mikayla OSBORNE, JaBresha PALMER	#3 Clayton State	3:57.87	3/24
3		De'aisha STEPHENS, Amber ELDER, Royal DELAY, Alesia JOHNSON	#2 Columbus State	4:04.03	4/20
4		Mattison CULVER, Maddi HOOD, Clemence TREGUER, Abigail MISCH	#4 Flagler	4:06.21	4/20
5		Emery RYAN, Korey DICKERSON, Lindsay ALLAN, Ella STOUDENMIRE	#6 North Georgia	4:06.78	4/20
6		Priscilla AJALA, Parmelie ANDRIS, Julia MASINO, Cheyenne RYAN	#5 Augusta	4:16.42	3/4
7		Julianna BASSANO, Megan WINTERBOTTOM, Kaitlin WHALEN, Lauren BRESKI	#7 Nova Southeastern	4:34.80	2/18

Women's High Jump

1	50	Ukeyvia BECKWITH	#1 Embry-Riddle (F)	1.64m	5-4½	4/20
2		Ashtyn HUNT	#1 Embry-Riddle (F)	1.57m	5-1¾	2/18
3		Sierra COWARD	#1 Embry-Riddle (F)	1.54m	5-½	4/20
4		Laura MCBRIDE	#1 Embry-Riddle (F)	1.53m	5-¼	4/20
5		Emma SORENSON	#1 Embry-Riddle (F)	1.50m	4-11	3/16
5		Rachel LOVELL	#5 Augusta	1.50m	4-11	3/17
7		Sydney CASH	#1 Embry-Riddle (F)	1.49m	4-10½	3/30
8		Kayla WOMMACK	#7 Nova Southeastern	1.47m	4-9¾	4/14
9		Clareese SPAHN	#2 Columbus State	1.44m	4-8¾	4/20
10		Riley WOLTERS	#8 Lander	1.40m	4-7	4/1

Women's Pole Vault

1		Piper KIMES	#1 Embry-Riddle (F)	3.35m	10-11¾	4/7
2		Cai-Lin DAVIS	#2 Columbus State	3.15m	10-4	4/20
2		Jenna ROLEN	#2 Columbus State	3.15m	10-4	4/20
4		Noel KONITZER	#1 Embry-Riddle (F)	2.95m	9-8	3/16
5		Resa AKERS	#1 Embry-Riddle (F)	2.80m	9-2¼	3/16
5		Breck JOHNSON	#1 Embry-Riddle (F)	2.80m	9-2¼	3/16
7		Amber JOHNSON	#2 Columbus State	2.75m	9-¼	4/20
8		Meghan KOH	#2 Columbus State	2.45m	8-½	3/4



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Women's Long Jump

1	53	Sierra COWARD	#1	Embry-Riddle (F	5.73mw	18-9¾ (3.2)	3/30
2		Mikaela MILES	#1	Embry-Riddle (F	5.47m	17-11½ (1)	3/16
3		Ariyonna JONES	#3	Clayton State	5.24m	17-2¼ (0.0)	4/20
4		Tanija TURNER	#1	Embry-Riddle (F	5.22m	17-1½ (-1)	4/7
5		Michala DANIELS	#1	Embry-Riddle (F	5.19m	17-½ (0.8)	3/16
6		Emma SORENSON	#1	Embry-Riddle (F	5.15m	16-10¾ (0)	2/18
7		Ny'Asia GREEN	#3	Clayton State	4.90m	16-1 (0.0)	3/11
7		Dejah SAUNDERS	#1	Embry-Riddle (F	4.90m	16-1 (-2.2)	3/30
9		Sydney CASH	#1	Embry-Riddle (F	4.88m	16-¼ (1.2)	4/20
10		Noel KONITZER	#1	Embry-Riddle (F	4.74m	15-6¾ (0.5)	3/16

Women's Triple Jump

1	24	Mikaela MILES	#1	Embry-Riddle (F P	12.14m	39-10 (0.8)	4/28
2		Ny'Asia GREEN	#3	Clayton State	11.16m	36-7½ (-1)	3/24
3		Michala DANIELS	#1	Embry-Riddle (F	11.02m	36-2 (2.0)	3/24
4		Avya DOTTIN	#5	Augusta	10.86m	35-7¾ (1.4)	3/4
5		Emma SORENSON	#1	Embry-Riddle (F	10.79mw	35-4¾ (2.8)	3/16
6		Cerenity DAISE	#1	Embry-Riddle (F	10.44mw	34-3 (2.4)	4/20
6		Deandra DOWNER	#2	Columbus State	10.44m	34-3 (1.9)	4/20
8		Rachel LOVELL	#5	Augusta	10.42m	34-2¼ (1.5)	4/20
9		Ashley MOORE	#1	Embry-Riddle (F	10.10m	33-1¾ (-1)	4/7
10		Dejah SAUNDERS	#1	Embry-Riddle (F	10.09m	33-1¼ (1.4)	4/20

Women's Shot Put

1	25	Cyan GREEN	#2	Columbus State P	14.17m	46-6	3/17
2		Amber SAUER	#1	Embry-Riddle (F	12.22m	40-1¼	3/24
3		Sierra COWARD	#1	Embry-Riddle (F	11.99m	39-4	3/30
4		Madison MORRIS	#1	Embry-Riddle (F	11.66m	38-3¼	4/20
5		Ar'Rionne HICKSON	#2	Columbus State	11.58m	38-0	4/20
6		Katilyn LANCASTER	#5	Augusta	11.21m	36-9½	4/20
7		Victoria PEREZ	#1	Embry-Riddle (F	10.95m	35-11¼	4/20
8		Kirsten ROLLE	#1	Embry-Riddle (F	10.41m	34-2	4/20
9		Thomas KAILYN	#2	Columbus State	10.07m	33-½	4/20
10		Clareese SPAHN	#2	Columbus State	9.93m	32-7	3/17

Women's Discus

1	24	Cyan GREEN	#2	Columbus State	45.29m	148-7	3/4
2	35	Madison MORRIS	#1	Embry-Riddle (F	44.44m	145-10	4/7
3	59	Sophia GUSTELY	#1	Embry-Riddle (F	42.74m	140-3	3/16
4		Victoria PEREZ	#1	Embry-Riddle (F	39.34m	129-1	3/24
5		Amber SAUER	#1	Embry-Riddle (F	39.17m	128-6	3/24
6		Ar'Rionne HICKSON	#2	Columbus State	37.19m	122-0	3/24
7		Shania RILES	#3	Clayton State	34.75m	114-0	2/25
8		Kirsten ROLLE	#1	Embry-Riddle (F	31.75m	104-2	4/20
9		Taylor ENGLISH	#9	Florida Tech	31.60m	103-8	3/24
10		Thomas KAILYN	#2	Columbus State	30.91m	101-5	4/20

Women's Hammer

1	80	Amber SAUER	#1	Embry-Riddle (F	48.73m	159-11	4/20
2		Kirsten ROLLE	#1	Embry-Riddle (F	45.89m	150-7	4/20
3		Madison MORRIS	#1	Embry-Riddle (F	45.78m	150-3	4/20
4		Cyan GREEN	#2	Columbus State	43.27m	142-0	4/20
5		Thomas KAILYN	#2	Columbus State	42.02m	137-11	3/24
6		Ar'Rionne HICKSON	#2	Columbus State	40.82m	133-11	4/20
7		Shania RILES	#3	Clayton State	35.43m	116-3	3/24
8		Victoria PEREZ	#1	Embry-Riddle (F	34.86m	114-5	4/20
9		Morgan SWINTON	#8	Lander	27.13m	89-¼	4/14
10		Addison DAVIS	#8	Lander	26.39m	86-7	4/14

Women's Javelin

1	28	Sophia GUSTELY	#1	Embry-Riddle (F P	42.23m	138-7	3/16
2	30	Maxime KIRSCHNER	#1	Embry-Riddle (F P	42.17m	138-4	4/28
3	64	Sierra COWARD	#1	Embry-Riddle (F	39.21m	128-8	3/30
4	84	Katilyn LANCASTER	#5	Augusta	38.05m	124-10	3/24
5		Victoria PEREZ	#1	Embry-Riddle (F	33.81m	110-11	3/30
6		Madison MORRIS	#1	Embry-Riddle (F	30.63m	100-6	4/20
7		Kaley EATON	#1	Embry-Riddle (F	29.58m	97-¾	3/16
8		Addison DAVIS	#8	Lander	27.09m	88-10½	3/24
9		Kirsten ROLLE	#1	Embry-Riddle (F	26.98m	88-6¼	3/30
10		Julia ANDERSON	#5	Augusta	25.85m	84-9¾	3/4

Women's Heptathlon

1	19	Sierra COWARD	#1	Embry-Riddle (F P	4,747w	3/30
2	52	Laura MCBRIDE	#1	Embry-Riddle (F	4,177w	4/20
3		Sydney CASH	#1	Embry-Riddle (F	3,613w	4/20
4		Clareese SPAHN	#2	Columbus State	3,612	3/17
5		Emma SORENSON	#1	Embry-Riddle (F	2,842w	3/30
6		Sasha KNOWLES	#3	Clayton State	2,819w	4/20
7		Noel KONITZER	#1	Embry-Riddle (F	2,615w	4/20
8		Kaley EATON	#1	Embry-Riddle (F	2,194w	4/20



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Women's 100 Meters

1	1	Divonne FRANKLIN	#4	California (Pa.)	P	11.27	(1.3)	4/14
2	23	Skylar BROWN	#15	Mansfield	P	11.62w	(2.2)	4/22
3	30	Leah GRAYBILL	#2	Shippensburg	P	11.68	(1.7)	3/30
4	47	Riyana OWENS	#11	Lock Haven	P	11.83	(1.3)	4/14
5	84	Aliyah SERRANO	#2	Shippensburg		11.98	(0.9)	4/29
5	84	Samantha GILBERT	#1	Slippery Rock		11.98w	(2.3)	4/20
7		Sandra JACKSON	#12	West Chester		12.07w	(3.4)	3/31
8		Kiana YOUNG	#8	Kutztown		12.19w	(3.3)	4/21
9		Destiny THOMPSON	#5	East Stroudsburg		12.23	(1.8)	4/7
10		De'Asia HOLLOMAN	#3	Millersville		12.27	(1.7)	4/22

Women's 100 Meter Hurdles

1	31	Sasha LEE	#2	Shippensburg	P	14.16	(1.8)	4/29
2	59	De'Asia HOLLOMAN	#3	Millersville		14.47	(1.8)	4/29
3	73	Jeanette JONES	#5	East Stroudsburg		14.62w	(2.2)	3/24
4		Chaley YOUNKIN	#1	Slippery Rock		14.80	(1.0)	4/20
5		Alyson TAYLOR	#10	Seton Hill		15.00	(1.8)	4/29
6		Kailee BUNYARD	#4	California (Pa.)		15.06	(1.1)	4/29
7		Billie Jo BOLLINGER	#11	Lock Haven		15.07	(0.2)	4/22
8		Chalondra CLARKE	#1	Slippery Rock		15.30w	(2.5)	4/20
9		Bryna KELLY	#14	Indiana (Pa.)		15.38	(-1.4)	4/8
10		Iyana CAMPBELL	#4	California (Pa.)		15.48	(1.8)	4/29

Women's 200 Meters

1	3	Divonne FRANKLIN	#4	California (Pa.)	P	23.13	(1.3)	4/14
2	8	Leah GRAYBILL	#2	Shippensburg	P	23.65	(2.0)	3/30
3	64	Riyana OWENS	#11	Lock Haven		24.39w	(2.6)	3/30
4	88	Skylar BROWN	#15	Mansfield		24.62w	(2.3)	4/22
5		Aliyah SERRANO	#2	Shippensburg		24.82	(0.3)	3/24
6		Samantha GILBERT	#1	Slippery Rock		25.20	(0.0)	4/14
7		Kiana YOUNG	#8	Kutztown		25.23	(-0.8)	4/29
8		Destiny THOMPSON	#5	East Stroudsburg		25.26	(0.4)	4/7
9		Aurora CONRAD	#3	Millersville		25.43	(0.6)	4/14
10		Jeanette JONES	#5	East Stroudsburg		25.62	(-0.1)	4/21

Women's 400 Meters

1	31	Divonne FRANKLIN	#4	California (Pa.)	P	55.57		4/8
2	59	Aubrey SYDNOR	#3	Millersville		56.17		4/14
3		Shelby DERKOSH	#3	Millersville		57.33		4/29
4		Caroline MASTRIA	#2	Shippensburg		57.55		4/19
5		Berna ZUKINA	#6	Edinboro		57.60		4/8
6		Jeanette JONES	#5	East Stroudsburg		57.92		4/21
7		Sarah CASTRONOVA	#7	Bloomsburg		58.04		4/29
8		Raechel BONNER	#8	Kutztown		58.07		4/21
9		Natalya HEARD	#7	Bloomsburg		58.40		4/29
10		Hunter BARGER	#11	Lock Haven		58.85		4/14

Women's 400 Meter Hurdles

1	27	Jeanette JONES	#5	East Stroudsburg	P	1:01.76		4/14
2	59	Cassidy KLINE	#14	Indiana (Pa.)		1:03.32		4/14
3	90	Kara MCKENZIE	#13	Pitt Johnstown		1:04.32		4/21
4		Rachel VENEZIANO	#1	Slippery Rock		1:04.74		4/14
5		Melanie BARGER	#2	Shippensburg		1:04.85		4/29
6		Jaidah MITCHELL	#8	Kutztown		1:05.55		3/30
7		Keelin BECKER	#10	Seton Hill		1:05.75		4/29
8		Haley BRENNY	#10	Seton Hill		1:05.76		4/29
9		Billie Jo BOLLINGER	#11	Lock Haven		1:05.93		3/30
10		Layla ROBERTSON	#10	Seton Hill		1:06.13		3/31

Women's 800 Meters

1	30	Maila ANDERSON	#4	California (Pa.)	P	2:10.67		4/21
2	56	Anna MANLEY	#11	Lock Haven		2:12.87		4/14
3		Darby ROTH	#10	Seton Hill		2:15.75		4/29
4		Mackenzie CARVER	#9	Clarion		2:17.05		4/29
5		Jordan KLICK	#1	Slippery Rock		2:17.98		4/29
6		Abbey SULLIVAN	#3	Millersville		2:18.78		4/14
7		Alyssa KEELEY	#7	Bloomsburg		2:19.31		4/29
8		Kelley SELHEIMER	#7	Bloomsburg		2:19.35		4/29
9		Kelsey HULL	#2	Shippensburg		2:19.87		4/14
10		Ava BENDETTI	#8	Kutztown		2:19.94		4/21

Women's 1500 Meters

1	16	Kylie ANICIC	#6	Edinboro	P	4:25.00		4/14
2	92	Anna IGIMS	#1	Slippery Rock		4:37.22		4/29
3		Darby ROTH	#10	Seton Hill		4:39.85		4/29
4		Isabella MARCHINI	#12	West Chester		4:41.18		4/29
5		Maila ANDERSON	#4	California (Pa.)		4:42.67		4/14
6		Kyra GERBER	#2	Shippensburg		4:43.46		3/24
7		Alexis CUNNINGHAM	#10	Seton Hill		4:44.30		3/17
8		Morgan JANIUK	#3	Millersville		4:44.49		4/29
9		Kelsey HULL	#2	Shippensburg		4:46.28		4/14
10		Abbey SULLIVAN	#3	Millersville		4:46.39		4/29

Women's Steeplechase

1	13	Kimberly GOERSS	#6	Edinboro	P	10:30.73		4/29
2	20	Anna IGIMS	#1	Slippery Rock	P	10:39.07		4/14
3	68	Abbey SULLIVAN	#3	Millersville		11:29.00		4/14
4	82	Madeline GRILLO	#1	Slippery Rock		11:34.35		4/14
5	89	Alexis CUNNINGHAM	#10	Seton Hill		11:35.82		4/29
6	94	Sophia KNERR	#8	Kutztown		11:36.82		4/29
7	98	Anastasia FRATANDUONO	#8	Kutztown		11:37.86		4/29
8		Bailey MORGAN	#15	Mansfield		11:57.95		4/29
9		Abigail SULLIVAN	#9	Clarion		11:58.02		4/8
10		Maria SCARPA	#1	Slippery Rock		12:05.51		3/16



Conference TFRI Event Summary

as of 5/1/2023 7:28:06 AM

PSAC

Women's 5000 Meters

1	16	Kylie ANICIC	#6 Edinboro	P	16:27.88	4/20
2		Elaina KLINGER	#11 Lock Haven		17:37.62	4/14
3		Kate SZEP	#6 Edinboro		17:40.93	4/14
4		Anna IGIMS	#1 Slippery Rock		17:44.19	3/16
5		Sheilah CHERUIYOT	#6 Edinboro		17:44.74	4/29
6		Marianne ABDALAH	#1 Slippery Rock		17:47.50	4/29
7		Katie PLASSIO	#1 Slippery Rock		17:49.30	4/29
8		Isabella MARCHINI	#12 West Chester		17:50.79	4/14
9		Nicole KEELEY	#7 Bloomsburg		17:53.10	4/29
10		Carly DANIELS	#15 Mansfield		17:57.17	3/30

Women's 10,000 Meters

1	11	Kylie ANICIC	#6 Edinboro	P	34:30.63	3/23
2	98	Elaina KLINGER	#11 Lock Haven		37:42.91	3/16
3		Katie PLASSIO	#1 Slippery Rock		38:43.02	3/16
4		Gwen LLOYD	#11 Lock Haven		38:47.28	3/16
5		Jaelyn D'AMELIO	#8 Kutztown		38:58.66	3/30
6		Marianne ABDALAH	#1 Slippery Rock		39:03.71	3/16
7		Sophia KNERR	#8 Kutztown		39:19.48	3/30
8		Morgan JANIUK	#3 Millersville		39:20.88	3/31
9		Amanda KELLY	#7 Bloomsburg		39:34.06	4/14
10		Belle WEIKERT	#2 Shippensburg		39:38.29	3/24

Women's 4x100 Relay

1	22	Aliyah SERRANO, Sara MCKEAN, Kayla DALHOUSE, Leah GRAYBILL	#2 Shippensburg	P	46.42	4/29
2	46	Samantha GILBERT, Haley MORGAN, Regan JOHNSON, Thai-Lin PIERCE	#1 Slippery Rock		47.10	4/29
3	65	De'Asia HOLLOMAN, Heather LESINSKI, Arianna KOUAKOU, Emma ELWELL	#3 Millersville		47.62	4/29
4	84	Andrea DANCIU, Kiana YOUNG, Raechel BONNER, Brianna FOSTER	#8 Kutztown		48.19	4/14
5	85	Gabby CURTIS, Sandra JACKSON, Brianna RIBIC, Lily PALACIO-LEWIS	#12 West Chester		48.20	4/27
6		Mayah CHARITY, Alexandra WALTON, Abbey-Gale BROOKS, Kara MCKENZIE	#13 Pitt Johnstown		48.97	4/13
7		Darcie FRAZIER, Alice ETIENNE, Vanessa DAMONE, Bailey POPOVICH	#4 California (Pa.)		49.08	4/29
8		Sarah CASTRONOVA, Melissa SICINSKI, Emma KAY, Natalya HEARD	#7 Bloomsburg		49.29	3/31
9		Emma LAUGHLIN, Bryna KELLY, Morgan SLEBODNICK, Cassidy KLINE	#14 Indiana (Pa.)		49.35	4/14
10		Jeanette JONES, Destiny THOMPSON, Kayla HORNING, Ariel KYLE	#5 East Stroudsbur		49.40	4/7



Conference TFRI Event Summary

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PSAC

Women's 4x400 Relay

1	32	Taylor TIMMONS, Divonne FRANKLIN, Beyonc'e KELLY, Malia ANDERSON	#4	California (Pa.)	3:49.80	4/27
2	39	Kayla DALHOUSE, Aliyah SERRANO, Leah GRAYBILL, Caroline MASTRIA	#2	Shippensburg	3:50.33	4/14
3	72	Kiana YOUNG, Jaidah MITCHELL, Brianna FOSTER, Raechel BONNER	#8	Kutztown	3:57.26	4/14
4	75	Shelby DERKOSH, Emma ELWELL, Aubrey SYDNOR, Mia CARSON	#3	Millersville	3:57.77	4/14
5	87	Layla ROBERTSON, Haley BRENNY, Maddi FIKE, Anna ROBERTS	#10	Seton Hill	4:00.12	4/29
6	89	Lorna SPEIGLE, Alice BOGIA, Danielle MACBETH, Samantha GILBERT	#1	Slippery Rock	4:00.43	4/20
7		Sarah CASTRONOVA, Megan GAMBOGI, Kelsie ROBINSON, Emma KAY	#7	Bloomsburg	4:02.88	4/14
8		Natalie GENTZEL, Riyana OWENS, Hunter BARGER, Billie Jo BOLLINGER	#11	Lock Haven	4:03.06	3/30
9		Dejuanna GILE, Bryna KELLY, Alyssa HOOVER, Cassidy KLINKE	#14	Indiana (Pa.)	4:03.73	4/14
10		Bailee MIARA, Mackenzie FLETCHER, Jayna GALLEY, Berna ZUKINA	#6	Edinboro	4:06.59	3/16

Women's High Jump

1	4	Beyonc'e KELLY	#4	California (Pa.)	P 1.73m	5-8	4/14
2	14	Ariel JONES	#2	Shippensburg	P 1.70m	5-7	4/5
3	36	Mia GRASSIA	#8	Kutztown	1.65m	5-5	4/29
4	67	Ally RICHWINE	#2	Shippensburg	1.62m	5-3 3/4	4/29
5	83	Sarah ISENBERG	#14	Indiana (Pa.)	1.60m	5-3	4/8
5	83	Paige GRIFFITH	#1	Slippery Rock	1.60m	5-3	4/20
7		Kayla DALHOUSE	#2	Shippensburg	1.59m	5-2 1/2	4/29
8		Madeline NEWARK	#6	Edinboro	1.58m	5-2 1/4	3/16
9		Norah VALLON	#2	Shippensburg	1.56m	5-1 1/4	4/29
9		Jade SALMON	#12	West Chester	1.56m	5-1 1/4	4/29
9		Jenna UNCAPHER	#9	Clarion	1.56m	5-1 1/4	4/29
9		Natalie LIPPINCOTT	#13	Pitt Johnstown	1.56m	5-1 1/4	4/13

Women's Pole Vault

1	18	Darian HAUF	#3	Millersville	P 3.95m	12-11 1/2	4/14
2	25	Kendall GROSSMAN	#1	Slippery Rock	P 3.84m	12-7 1/4	4/20
3	32	Annika HUMMEL	#12	West Chester	P 3.78m	12-4 3/4	4/27
4	47	Kate YAHNER	#13	Pitt Johnstown	3.66m	12-0	4/21
5	51	Nickolina ANNELLI	#5	East Stroudsbu	3.65m	11-11 3/4	4/14
5	51	Olivia SENTLE	#1	Slippery Rock	3.65m	11-11 3/4	4/14
7	71	Andrea DANCUI	#8	Kutztown	3.55m	11-7 3/4	4/21
8	81	Heather GAUGHRAN	#5	East Stroudsbu	3.50m	11-5 3/4	3/31
8	81	Megan MALECKI	#3	Millersville	3.50m	11-5 3/4	4/14
10	91	Allison TAYLOR	#1	Slippery Rock	3.46m	11-4 1/4	4/8

Women's Long Jump

1	11	Sara MCKEAN	#2	Shippensburg	P 6.10m	20-1/4 (0.7)	4/19
2	48	Sasha LEE	#2	Shippensburg	5.76m	18-10 3/4 (0)	4/19
3	56	Dahlia HOSEY	#7	Bloomsburg	5.72m	18-9 1/4 (0.3)	4/19
4	78	Baylee BLAUSER	#1	Slippery Rock	5.61m	18-5 (1.1)	4/29
5	92	Kamya EDMONDS	#5	East Stroudsbu	5.55mw	18-2 1/2 (3.2)	3/24
6		Brianna FOSTER	#8	Kutztown	5.48m	17-11 3/4 (0)	4/7
6		Kacie SIENKO	#8	Kutztown	5.48m	17-11 3/4 (-1)	4/21
6		Abigail WILLIAMSON	#1	Slippery Rock	5.48m	17-11 3/4 (0)	4/29
9		Mackenzie FLETCHER	#6	Edinboro	5.45mw	17-10 3/4 (2)	3/31
10		Devin HUBLER	#7	Bloomsburg	5.43m	17-9 3/4 (1.0)	4/19

Women's Triple Jump

1	32	Sasha LEE	#2	Shippensburg	P 11.99m	39-4 (0.0)	4/29
2	41	Delaney BEARD	#9	Clarion	11.88m	38-11 3/4 (1)	4/20
3	42	Abigail TAYLOR	#15	Mansfield	11.87m	38-11 1/2 (-1)	4/22
4	58	Keelin BECKER	#10	Seton Hill	11.69m	38-4 1/4 (0.6)	4/15
5	60	Aleksandra BROZESKI	#1	Slippery Rock	11.67m	38-3 1/2 (0.2)	4/20
6	71	Alice BOGIA	#1	Slippery Rock	11.56m	37-11 1/4 (0)	4/20
7	78	Quintasia STREETER	#4	California (Pa.)	11.50m	37-8 3/4 (0.0)	4/29
7	78	Alice ETIENNE	#4	California (Pa.)	11.50m	37-8 3/4 (0.6)	4/14
9	90	Dahlia HOSEY	#7	Bloomsburg	11.39m	37-4 1/2 (0.7)	4/19
10		Kamya EDMONDS	#5	East Stroudsbu	11.28m	37-1/4 (0.0)	4/7

Women's Shot Put

1	22	Elizabeth MAKAR	#5	East Stroudsbu	P 14.29m	46-10 3/4	4/28
2	23	Sarah CORRIE	#1	Slippery Rock	P 14.21m	46-7 1/2	4/5
3	41	Shelly JONES	#9	Clarion	13.39m	43-11 1/4	4/15
4	67	Hannah WOELFLING	#3	Millersville	13.12m	43-1/2	4/22
5	76	Kenzie LENDON	#6	Edinboro	12.96m	42-6 1/4	4/15
6	93	Olivia HECKMAN	#1	Slippery Rock	12.71m	41-8 1/2	4/14
7	94	Payton BAUER	#2	Shippensburg	12.70m	41-8	3/31
8		Zhayria WASHINGTON	#12	West Chester	12.55m	41-2 1/4	4/29
9		Madison BAUDILLE	#7	Bloomsburg	12.48m	40-11 1/2	3/31
10		Sarah HESSLER	#3	Millersville	12.47m	40-11	3/31



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PSAC

Women's Discus

1	7	Hannah WOELFLING	#3	Millersville	P	49.11m	161-2	3/31
2	65	Maddy DOWNS	#3	Millersville		42.43m	139-3	4/29
3	93	Zhayria WASHINGTON	#12	West Chester		41.57m	136-5	4/29
4		Makalya DECKER	#2	Shippensburg		40.17m	131-10	4/29
5		Emma PESICKA	#9	Clarion		39.80m	130-7	4/29
6		Zionette SALAHUDDIN	#5	East Stroudsbu		39.72m	130-4	4/28
7		Shelly JONES	#9	Clarion		39.42m	129-4	3/24
8		Madison BROOKS	#9	Clarion		39.38m	129-3	4/29
9		Seya TRUJILLO	#3	Millersville		39.06m	128-2	4/22
10		Mallory ECK	#11	Lock Haven		38.32m	125-9	4/14

Women's Hammer

1	2	Hannah WOELFLING	#3	Millersville	P	61.08m	200-5	3/31
2	35	Elizabeth MAKAR	#5	East Stroudsbu	P	52.59m	172-7	4/21
3	46	Tiffany JOLAYEMI	#1	Slippery Rock		51.37m	168-7	3/31
4	53	Cassie SHARROW	#3	Millersville		50.76m	166-7	4/29
5	63	Isabella MARTE	#5	East Stroudsbu		49.83m	163-6	4/21
6	68	Samiyah LITTLE	#5	East Stroudsbu		49.58m	162-8	4/21
7	98	Rachel HUTCHINSON	#1	Slippery Rock		47.62m	156-3	3/31
8		Seya TRUJILLO	#3	Millersville		46.79m	153-6	4/19
9		Zionette SALAHUDDIN	#5	East Stroudsbu		46.62m	153-0	4/28
10		Kelly GILMORE	#7	Bloomsburg		46.52m	152-8	3/31

Women's Javelin

1	19	Trinity CLARK	#1	Slippery Rock	P	43.63m	143-2	3/31
2	20	Kelly LESZCZYNSKI	#7	Bloomsburg	P	43.48m	142-8	4/14
3	29	Abby REASONER	#2	Shippensburg	P	42.20m	138-6	4/5
4	34	Ryann BRUNDAGE	#6	Edinboro		41.62m	136-7	3/23
5	45	Olivia SFORZA	#5	East Stroudsbu		40.44m	132-8	4/7
6	51	Skylar SHERRY	#1	Slippery Rock		40.23m	132-0	4/8
7	56	Brittany NYE	#2	Shippensburg		40.09m	131-7	4/29
8	68	Catherine MANCINO	#2	Shippensburg		39.04m	128-1	3/31
9	76	Madison SIEG	#2	Shippensburg		38.53m	126-5	4/29
10	77	Cassie SHARROW	#3	Millersville		38.48m	126-3	3/31

Women's Heptathlon

1	48	Nicola PUGGE	#2	Shippensburg		4,240	4/14
2	56	Jenna UNCIPHER	#9	Clarion		4,162	4/13
3	66	Jayna GALLEY	#6	Edinboro		4,075	4/8
4	67	Lorna SPEIGLE	#1	Slippery Rock		4,059	3/16
5	70	Darcie FRAZIER	#4	California (Pa.)		4,045	4/14
6	79	Danielle MACBETH	#1	Slippery Rock		3,947	4/8
7	83	Leah PERRY	#9	Clarion		3,919	4/13
8	84	Madeline NEWARK	#6	Edinboro		3,909	4/8
9		Macy HINES	#2	Shippensburg		3,738	4/14
10		Kyli MOON-RUMSEY	#2	Shippensburg		3,723	4/14



Conference TFRI Event Summary

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RMAC

Women's 100 Meters

1	12	Sierra ARCENEUX	#3	Colorado Mesa	P	11.52c	(11.49A) (1	3/31
2	56	Audrey BLOOMQUIST	#1	UC-Colorado Sp		11.87cw	(11.84A) (2	4/6
3	61	Brittany FUCHS	#1	UC-Colorado Sp		11.89c	(11.86A) (1	4/6
4	74	Breanne FULLER	#12	Black Hills State		11.95c	(11.92A) (0	4/28
5	93	Alese SARTAIN	#5	Adams State		11.99c	(11.96A) (0	4/28
6	96	Keyanda BOLTON	#1	UC-Colorado Sp		12.01cw	(11.98A) (2	4/6
7	LE+0:	Myia DANTZLER	#4	Western Colorac		12.02c	(11.99A) (0	4/15
8		Victoria FARINAS	#1	UC-Colorado Sp		12.03cw	(12.00A) (2	4/6
9		Jaivion LATTIMORE	#7	MSU Denver		12.05c	(12.02A) (0	4/7
10		Gaby HORTON	#3	Colorado Mesa		12.09cw	(12.06A) (2	3/31

Women's 100 Meter Hurdles

1	6	Patreece CLARKE	#9	New Mexico Higl	P	13.62c	(13.58A) (-	4/28
2	11	Missy MORENI	#1	UC-Colorado Sp	P	13.72c	(13.68A) (1	4/6
3	48	Maya RIES	#7	MSU Denver		14.35	(0.6)	4/12
4	85	Averie GRIFFITH	#3	Colorado Mesa		14.71c	(14.67A) (0	4/28
5	94	Jordan BROCKMAN	#3	Colorado Mesa		14.75c	(14.71A) (1	4/28
6	99	Maggie REMSBERG	#1	UC-Colorado Sp		14.79c	(14.75A) (1	4/28
7		Faith NOVESS	#1	UC-Colorado Sp		14.85c	(14.81A) (1	4/28
7		Mica JENRETTE	#3	Colorado Mesa		14.85c	(14.81A) (1	4/28
9		Katie BROTHERSON	#10	Westminster (Ut		15.06c	(15.02A) (0	4/28
10		Eireann DONOHOE	#4	Western Colorac		15.17c	(15.13A) (1	4/28

Women's 200 Meters

1	6	Sierra ARCENEUX	#3	Colorado Mesa	P	23.54c	(23.47A) (0	3/31
2	49	Keyanda BOLTON	#1	UC-Colorado Sp	P	24.26cw	(24.19A) (2	4/6
3	78	Brittany FUCHS	#1	UC-Colorado Sp		24.53c	(24.46A) (1	4/6
4	79	Kaiya FIROR	#4	Western Colorac		24.54w	(3.3)	4/13
5		Breanne FULLER	#12	Black Hills State		24.71c	(24.64A) (0	4/28
6		Alese SARTAIN	#5	Adams State		24.77c	(24.70A) (-	4/28
7		Selisa PALMER	#9	New Mexico Higl		24.78c	(24.71A) (1	4/6
8		Jordan BURNETT	#3	Colorado Mesa		24.89c	(24.82A) (-	4/28
9		Carlie COLLIER	#8	Chadron State		25.04c	(24.97A) (-	4/28
10		McKenna MOLDER	#3	Colorado Mesa		25.10c	(25.03A) (0	4/15

Women's 400 Meters

1	34	Sierra ARCENEUX	#3	Colorado Mesa	P	55.63c	(55.52A)	4/7
2	38	Amena NELSON	#2	Colo. School of I	P	55.70c	(55.59A)	4/28
3	41	Jordan BURNETT	#3	Colorado Mesa	P	55.74c	(55.63A)	4/28
4	56	Cemore DONALD	#9	New Mexico Higl		56.08c	(55.97A)	4/28
5	64	Amber DAVIS	#1	UC-Colorado Sp		56.33c	(56.22A)	4/6
6	84	Grace GALVIN	#2	Colo. School of I		56.83c	(56.72A)	4/7
7	86	Allyssa ROMERO	#7	MSU Denver		56.86c	(56.75A)	4/7
8	89	Tara SMOKER	#13	Colorado Christi		56.92c	(56.81A)	4/28
9	92	Nadine ROSE	#9	New Mexico Higl		57.03c	(56.92A)	4/28
10		Helen BRAYBROOK	#6	CSU Pueblo		57.23c	(57.12A)	3/17

Women's 400 Meter Hurdles

1	8	Kaiya FIROR	#4	Western Colorac	P	59.91		4/13
2	29	Kelia PORTIS	#4	Western Colorac	P	1:01.83c	(1:01.72A)	4/28
3	30	Katie BROTHERSON	#10	Westminster (Ut	P	1:01.84c	(1:01.73A)	4/28
4	55	Skylar HAWK	#1	UC-Colorado Sp		1:03.15c	(1:03.04A)	4/28
5	62	Allison COMER	#2	Colo. School of I		1:03.48c	(1:03.37A)	4/28
6	74	Leyah MARTINEZ	#1	UC-Colorado Sp		1:03.84c	(1:03.73A)	4/28
7	78	Beatrice ARMIJO	#9	New Mexico Higl		1:03.91c	(1:03.80A)	4/28
8		Averie GRIFFITH	#3	Colorado Mesa		1:05.05c	(1:04.94A)	3/31
9		Nadine ROSE	#9	New Mexico Higl		1:05.41c	(1:05.30A)	4/6
10		Lexie WILLIAMS	#3	Colorado Mesa		1:05.83c	(1:05.72A)	4/15

Women's 800 Meters

1	2	Helen BRAYBROOK	#6	CSU Pueblo	P	2:05.95c	(2:06.34A)	4/28
2	3	Josii JOHNSON	#10	Westminster (Ut	P	2:07.13c	(2:07.53A)	4/28
3	6	Aryelle WRIGHT	#2	Colo. School of I	P	2:07.83		4/13
4	7	Lieke HOOGSTEEN	#5	Adams State	P	2:08.20c	(2:08.96A)	4/6
5	8	Mackenzie DUCK	#2	Colo. School of I	P	2:08.65c	(2:09.05A)	4/28
6	18	Kate HEDLUND	#1	UC-Colorado Sp	P	2:09.69		4/13
7	19	Jessica SIMON	#5	Adams State	P	2:09.72c	(2:10.12A)	4/28
8	23	Rachel O'BRIEN	#5	Adams State	P	2:09.97c	(2:10.37A)	4/28
9	27	Michelle KUIPERS	#13	Colorado Christi	P	2:10.45		4/13
10	44	Katie FANKHOUSER	#14	Fort Lewis	P	2:11.79c	(2:12.44A)	4/15

Women's 1500 Meters

1	4	Ava O'CONNOR	#5	Adams State	P	4:20.04		4/13
2	5	Helen BRAYBROOK	#6	CSU Pueblo	P	4:20.58		4/13
3	7	Kate HEDLUND	#1	UC-Colorado Sp	P	4:22.83		4/13
4	9	Katie FANKHOUSER	#14	Fort Lewis	P	4:23.77c	(4:27.22A)	4/28
5	10	Zanzie DEMCO	#13	Colorado Christi	P	4:24.34		4/13
6	13	Courtney MCALINDON	#10	Westminster (Ut	P	4:24.44c	(4:27.90A)	4/28
7	15	Nicole LAWRENCE	#5	Adams State	P	4:24.84c	(4:28.30A)	4/28
8	17	Leah TAYLOR	#4	Western Colorac	P	4:25.34c	(4:28.81A)	4/28
9	19	Brianna ROBLES	#5	Adams State	P	4:25.99c	(4:31.71A)	3/31
10	22	Rachel O'BRIEN	#5	Adams State	P	4:26.53c	(4:32.77A)	4/6

Women's Steeplechase

1	2	Ava O'CONNOR	#5	Adams State	P	10:07.96		4/13
2	10	Morgan HYKES	#5	Adams State	P	10:24.94		4/13
3	11	Allison BEASLEY	#4	Western Colorac	P	10:25.72c	(10:34.41A)	4/28
4	12	Emily SCHOELLKOPF	#5	Adams State	P	10:27.10		4/13
5	16	Margot THOMAS	#6	CSU Pueblo	P	10:33.26		4/13
6	17	Alex RAICHART	#2	Colo. School of I	P	10:34.84c	(10:43.66A)	4/28
7	18	Erin STONEBARGER	#5	Adams State	P	10:36.74c	(10:45.59A)	4/28
8	25	Margaux BASART	#2	Colo. School of I	P	10:52.86c	(11:01.93A)	4/28
9	28	Rachel RICHTMAN	#1	UC-Colorado Sp	P	10:57.80c	(11:06.94A)	4/28
10	44	Molly BREUER	#1	UC-Colorado Sp		11:11.88		4/13



Conference TFRI Event Summary

as of 5/1/2023 7:28:06 AM

RMAC

Women's 5000 Meters

1	4	Zoe BAKER	#2	Colo. School of M	P	16:07.72	4/13
2	6	Katie DOUCETTE	#4	Western Colorac	P	16:13.73c (16:28.45A)	4/28
3	7	Emily SCHOELLKOPF	#5	Adams State	P	16:16.69	4/13
4	8	Morgan HYKES	#5	Adams State	P	16:16.85	4/13
5	12	Allison BEASLEY	#4	Western Colorac	P	16:23.07	4/13
6	13	Clare PETERS	#2	Colo. School of M	P	16:24.50	3/31
7	19	Jenna RAMSEY	#2	Colo. School of M	P	16:31.80	4/13
8	20	Anna FAUSKE	#1	UC-Colorado Sp	P	16:38.89	4/13
9	21	Leah TAYLOR	#4	Western Colorac	P	16:40.21	4/13
10	22	Amanda LEE	#10	Westminster (Ut	P	16:40.76	4/13

Women's 10,000 Meters

1	3	Brianna ROBLES	#5	Adams State	P	33:11.64	4/13
2	4	Precious ROBINSON	#5	Adams State	P	33:54.15	4/13
3	6	Reina PAREDES	#5	Adams State	P	34:00.79	4/13
4	12	Zoe BAKER	#2	Colo. School of M	P	34:34.46c (35:57.96A)	4/21
5	13	Molly MAK SIN	#2	Colo. School of M	P	34:38.57c (36:02.23A)	4/21
6	14	Jenna RAMSEY	#2	Colo. School of M	P	34:41.91c (36:05.71A)	4/21
7	15	Holly MOSER	#2	Colo. School of M	P	34:50.06c (36:14.19A)	4/7
8	30	Saydi ANDERSON	#10	Westminster (Ut	P	35:25.89	4/13
9	31	Sylvia BROWN	#12	Black Hills State	P	35:32.14	4/13
10	33	Grace STRONGMAN	#2	Colo. School of M	P	35:39.29c (37:05.40A)	4/21

Women's 4x100 Relay

1	15	Audrey BLOOMQUIST, Keyanda BOLTON, Brittany FUCHS, Victoria FARINAS	#1	UC-Colorado Sp	P	45.96c (45.84A)	3/31
2	26	Gaby HORTON, Sierra ARCENEAX, Serenity BURNETT-PERRY, Avry KENNISON	#3	Colorado Mesa	P	46.62c (46.50A)	4/7
3	28	Claire HUMMEL, Allyssa ROMERO, Jessica HOBSON, Jaivion LATTIMORE	#7	MSU Denver	P	46.70c (46.58A)	4/7
4	48	Mikayla HUTCHISON, Jada HYND, Cora OLSON, Myia DANTZLER	#4	Western Colorac	P	47.24c (47.12A)	3/31
5		Caydince GROTH, Carlie COLLIER, Danae RADER, Shantae MORGAN	#8	Chadron State	P	49.05c (48.93A)	4/28
6		Sophie CURTIS, Mikayla TRACY, Kendall TIETJEN, Breanne FULLER	#12	Black Hills State	P	49.53c (49.41A)	4/28
7		Erin CASE, Skyler KIMBLE, Gabrielle DUNICH, Ashley MILLER	#6	CSU Pueblo	P	49.71c (49.59A)	3/31
8		Beatrice ARMIJO, Charity JOHNSON, Faith JEBET, Nadine ROSE	#9	New Mexico Higl	P	54.41c (54.29A)	4/20
9		Katherine MATHIEU, Melissa MAY, Laine MANNES, Madeline HASSE	#11	South Dakota Mi	P	55.13	4/7
10		Isabel CROFTS, Lily CROFTS, Riley WELDON, Brooke SCUDDER	#10	Westminster (Ut	P	1:22.96c (1:22.84A)	4/19



Conference TFRI Event Summary

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RMAC

Women's 4x400 Relay

1	10	Amena NELSON, Grace GALVIN, Mackenzie DUCK, Aryelle WRIGHT	#2	Colo. School of M P	3:44.45	4/13
2	29	Nadine ROSE, Cemore DONALD, Beatrice ARMIJO, Lucia HARRISON	#9	New Mexico Higl P	3:49.16c (3:48.72A)	4/28
3	36	Kaiya FIROR, Kiarra LAPP, Kelia PORTIS, Sakara HARRISON	#4	Western Colorac	3:50.04c (3:49.60A)	4/28
4	50	Alyssa LOPEZ, Michela HEWITT, Faith NOVESS, Amber DAVIS	#1	UC-Colorado Sp	3:54.24c (3:53.80A)	3/31
5	55	Josii JOHNSON, Emily WORLINE, Courtney MCALINDON, Katie BROTHERSON	#10	Westminster (Ut	3:54.70c (3:54.26A)	4/28
6	58	Helen BRAYBROOK, Taylor HOLLAND, Ella HARRIS, Gabrielle DUNICH	#6	CSU Pueblo	3:55.07c (3:54.63A)	3/31
7	63	Gaby HORTON, Elaina ARCAND, Lexie WILLIAMS, Emma DIKKEN	#3	Colorado Mesa	3:55.80c (3:55.36A)	4/28
8	64	Allyssa ROMERO, Naleia SOWELL, Audrynn STREET, Teagan GARAND	#7	MSU Denver	3:55.87c (3:55.43A)	4/28
9	68	Jessica SIMON, Rachel O'BRIEN, Mikaela JONSSON, Lieke HOOGSTEEN	#5	Adams State	3:56.35c (3:55.91A)	3/31
10		Caydince GROTH, Kassyl SWINNEY, Cassandra WULFF, Carlie COLLIER	#8	Chadron State	4:05.09c (4:04.65A)	4/28

Women's High Jump

1	7	Josie COFFEY	#3	Colorado Mesa	P 1.71mA	5-7¼	4/7
2	17	Mikayla JONES	#6	CSU Pueblo	P 1.69mA	5-6½	4/21
3	18	Samantha BRETZ	#4	Western Colorac	P 1.68mA	5-6	4/7
4	28	Faith NOVESS	#1	UC-Colorado Sp	1.66mA	5-5¼	3/31
5	36	Lexye WOOD	#2	Colo. School of M	1.65m	5-5	4/15
6	67	Maggie REMSBERG	#1	UC-Colorado Sp	1.62mA	5-3¾	4/6
7	79	Jordan BROCKMAN	#3	Colorado Mesa	1.61m	5-3¼	4/15
7	79	Avery WRIGHT	#2	Colo. School of M	1.61m	5-3¼	4/28
9	83	Kaelea GIBSON	#3	Colorado Mesa	1.60m	5-3	4/15
9	83	Hope MATTESON	#3	Colorado Mesa	1.60m	5-3	4/15

Women's Pole Vault

1	5	Hannah MILLER	#2	Colo. School of M P	4.11mA	13-5¾	4/21
2	11	Avery HERBOLD	#2	Colo. School of M P	4.01mA	13-1¾	4/21
3	20	Lauren SMITH	#4	Western Colorac	P 3.90mA	12-9½	3/31
4	26	Ava KOWALSKI	#2	Colo. School of M P	3.83m	12-6¾	4/15
5	35	Dale THOMPSON	#2	Colo. School of M P	3.76mA	12-4	4/21
6	67	Kamryn SCULLY	#11	South Dakota Mi	3.56m	11-8	4/28
6	67	Laura BRIGNOLI	#4	Western Colorac	3.56m	11-8	4/28
8	91	Lauren KELLY	#2	Colo. School of M	3.46mA	11-4¼	4/21
8	91	Gabbi VARELA	#2	Colo. School of M	3.46mA	11-4¼	4/21
10	96	Brianna SPENCER	#1	UC-Colorado Sp	3.44mA	11-3½	3/24

Women's Long Jump

1	17	Lexye WOOD	#2	Colo. School of M P	6.07mA	19-11 (1.7)	4/7
2	31	Audrey BLOOMQUIST	#1	UC-Colorado Sp	P 5.88mA	19-3½ (1.2)	3/31
3	46	Sidney WALSHAW	#2	Colo. School of M	5.77mA	18-11¼ (0)	4/7
4	53	Cora OLSON	#4	Western Colorac	5.73mA	18-9¾ (1.3)	4/7
5	58	Christine BAILEY	#1	UC-Colorado Sp	5.70mA	18-8½ (0.7)	3/31
6	63	Faith NOVESS	#1	UC-Colorado Sp	5.67mw	18-7¼ (3.2)	4/28
6	63	Avery WRIGHT	#2	Colo. School of M	5.67m	18-7¼ (1.0)	4/15
8	70	Chisom OBIOHA	#9	New Mexico Higl	5.64m	18-6 (1.8)	4/28
8	70	Jordan BROCKMAN	#3	Colorado Mesa	5.64m	18-6 (1.2)	4/28
10	88	Taeryn TRUMPER	#3	Colorado Mesa	5.57mA	18-3¼ (0.0)	3/31

Women's Triple Jump

1	7	Audrey BLOOMQUIST	#1	UC-Colorado Sp	P 12.50m	41-¼ (-2.0)	4/28
2	25	Eireann DONOHOE	#4	Western Colorac	P 12.13m	39-9¾ (-0)	4/28
3	32	Kiana JACKSON	#3	Colorado Mesa	P 11.99m	39-4 (-2.1)	4/15
4	63	Christine BAILEY	#1	UC-Colorado Sp	11.62mw	38-1½ (3.6)	4/6
5	65	Ashley VIL	#13	Colorado Christi	11.61m	38-1¼ (-1)	4/28
6	77	Mikayla JONES	#6	CSU Pueblo	11.51m	37-9¼ (0.0)	4/28
7		Claire KINTZLEY	#2	Colo. School of M	11.28mA	37-¼ (1.4)	3/31
8		Kathryn CARROLL	#1	UC-Colorado Sp	11.25m	36-11 (-0.1)	4/28
9		Sidney WALSHAW	#2	Colo. School of M	11.20mA	36-9 (0.0)	3/31
10		Megan BALOUN	#8	Chadron State	11.01m	36-1½ (-2)	4/28

Women's Shot Put

1	5	Katherine HIGGINS	#6	CSU Pueblo	P 15.45mA	50-8¼	3/31
2	7	Ali ALDRICH	#4	Western Colorac	P 14.84m	48-8¼	4/28
3	12	Febe WESSELS	#6	CSU Pueblo	P 14.61mA	47-11¼	4/23
4	14	Kyla SAWWELL	#8	Chadron State	P 14.58m	47-10	4/28
5	34	Jaycie STUBBS	#11	South Dakota Mi	13.70m	44-11½	4/7
6	73	Hanah SULLIVAN	#12	Black Hills State	12.98m	42-7	4/28
7	74	Virginia TOMON	#3	Colorado Mesa	12.97m	42-6¾	4/28
8	78	Emily MALOUF	#10	Westminster (Ut	12.95m	42-6	4/28
9		Jenna SAYLER	#11	South Dakota Mi	12.61m	41-4½	4/28
10		Kitt RUPAR	#2	Colo. School of M	12.51m	41-½	4/15



Conference TFRI Event Summary

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RMAC

Women's Discus

1	5	Emily MALOUF	#10 Westminster (Ut P	49.78mA 163-4	4/19
2	31	Febe WESSELS	#6 CSU Pueblo	44.80mA 147-0	4/23
3	33	Heather YACKEY	#3 Colorado Mesa	44.64mA 146-6	4/7
4	39	Kyla SAWVELL	#8 Chadron State	44.22m 145-1	4/28
5	47	Katherine HIGGINS	#6 CSU Pueblo	43.54mA 142-10	3/31
6	61	Hanah SULLIVAN	#12 Black Hills State	42.57m 139-8	4/28
7	67	Lindsey OSTERFELT	#4 Western Colorac	42.39m 139-1	4/15
8	72	Jaycie STUBBS	#11 South Dakota Mi	42.26m 138-8	4/15
9	73	Kitt RUPAR	#2 Colo. School of M	42.22m 138-6	4/28
10		Olivia MIKAELIAN	#6 CSU Pueblo	40.95mA 134-4	4/23

Women's Hammer

1	10	Kyla SAWVELL	#8 Chadron State P	57.28m 187-11	4/28
2	30	Kaitlyn SCOTT	#9 New Mexico Higl P	52.96mA 173-9	4/14
3	31	Ali ALDRICH	#4 Western Colorac P	52.94mA 173-8	4/7
4	45	Anna HOLLAND	#1 UC-Colorado Spi	51.62mA 169-4	3/17
5	65	Olivia MIKAELIAN	#6 CSU Pueblo	49.72m 163-2	4/28
6	77	Jenna SAYLER	#11 South Dakota Mi	49.08m 161-0	4/15
7	79	Courtney SMITH	#8 Chadron State	48.76mA 160-0	4/8
8	86	Kitt RUPAR	#2 Colo. School of M	48.43mA 158-11	4/7
9	89	Jennifer JARNAGIN	#2 Colo. School of M	48.29mA 158-5	4/21
10	92	Chloe BRACKENBURY	#4 Western Colorac	48.01m 157-6	4/15

Women's Javelin

1	33	Jaycie STUBBS	#11 South Dakota Mi	41.96m 137-8	4/21
2	40	Febe WESSELS	#6 CSU Pueblo	40.88m 134-2	4/28
3	49	Bailey GRAVES	#6 CSU Pueblo	40.29m 132-2	4/28
4	59	Brooklynn JONES	#7 MSU Denver	39.87mA 130-10	3/17
5	70	Patreece CLARKE	#9 New Mexico Higl	38.90m 127-8	4/28
6	73	Kamryn BOHLKEN	#1 UC-Colorado Spi	38.79mA 127-3	3/31
7	80	Kitrie FRANK	#12 Black Hills State	38.33m 125-9	4/28
8		Caroline WALTERS	#1 UC-Colorado Spi	36.86mA 120-11	3/17
9		Adisyn SCHENCK	#11 South Dakota Mi	35.90m 117-10	4/21
10		Lindsey OSTERFELT	#4 Western Colorac	35.64mA 116-11	4/7

Women's Heptathlon

1	10	Mica JENRETTE	#3 Colorado Mesa P	5,022	4/15
2	13	Avery WRIGHT	#2 Colo. School of M P	4,900	4/15
3	21	Faith NOVESS	#1 UC-Colorado Spi P	4,730	4/28
4	26	Maggie REMSBERG	#1 UC-Colorado Spi P	4,697A	4/6
5	27	Jordan BROCKMAN	#3 Colorado Mesa P	4,654	4/15
6	43	Katie THOMSON	#3 Colorado Mesa	4,277	4/15
7	54	Jade MARVEL	#7 MSU Denver	4,169	4/28
8	61	Jocelyn KORBE	#7 MSU Denver	4,120	4/15
9	97	Mary SCOGGINS	#6 CSU Pueblo	3,819	4/28
10		Eireann DONOHOE	#4 Western Colorac	3,482	4/15



Conference TFRI Event Summary

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SAC

Women's 100 Meters

1	2	Alexis BROWN	#2	Lenoir-Rhyne	P	11.34	(0.0)	4/14
2	8	Sade DE SOUSA	#5	Carson-Newmar	P	11.48	(1.9)	3/29
3	41	Kiera TAYLOR	#9	Tusculum	P	11.81w	(2.7)	4/14
4	45	Melody JONES	#2	Lenoir-Rhyne	P	11.82	(1.4)	3/23
5	79	Sarah ABUMERE	#6	Newberry		11.97w	(3.3)	4/22
6	94	Janaya DAVIS-GAINER	#5	Carson-Newmar		12.00	(1.6)	3/25
7		Kierra JONES	#3	Catawba		12.09	(0.1)	4/21
8		Aliyah ADDERLEY	#9	Tusculum		12.13w	(2.7)	4/14
9		Nya EXUM	#10	Coker		12.15	(0.6)	4/22
10		Emma JOHNSON	#6	Newberry		12.17	(1.5)	4/14

Women's 100 Meter Hurdles

1	9	Melody JONES	#2	Lenoir-Rhyne	P	13.68	(-1.1)	4/21
2	32	Kadidja SANGARE	#5	Carson-Newmar	P	14.17	(-1.1)	4/21
3	60	McKenzie CONNOR	#1	Wingate		14.48w	(3.1)	4/14
4	80	Kalisha HILL	#7	Limestone		14.66	(-3.7)	4/22
5	92	Theresa GREEN-WHITE	#9	Tusculum		14.74	(0.2)	4/14
6	99	Amari SMITH	#7	Limestone		14.79	(-0.3)	4/22
7		Emma JOHNSON	#6	Newberry		14.87	(1.8)	4/14
8		Kennedy CONNER	#2	Lenoir-Rhyne		14.90w	(2.3)	3/31
8		Naizja REDDING	#10	Coker		14.90	(0.8)	3/24
10		Hoyane ESPER	#1	Wingate		15.17	(1.8)	4/14

Women's 200 Meters

1	2	Alexis BROWN	#2	Lenoir-Rhyne	P	23.11	(0.0)	4/14
2	19	Sarah ABUMERE	#6	Newberry	P	23.87w	(3.2)	4/22
3	37	Samantha PAYNE	#3	Catawba	P	24.09	(0.6)	4/14
4	79	Sade DE SOUSA	#5	Carson-Newmar		24.54	(1.0)	4/6
5		Naiobi WHITE	#1	Wingate		24.76	(0.6)	4/14
6		Mariah MITCHEM	#10	Coker		24.84	(-0.4)	4/1
7		Janaya DAVIS-GAINER	#5	Carson-Newmar		24.91	(0.7)	3/25
8		Kiera TAYLOR	#9	Tusculum		25.02	(0.9)	3/17
9		Efemena EGBERI	#3	Catawba		25.07	(1.9)	4/14
10		Kierra JONES	#3	Catawba		25.09w	(2.5)	4/21

Women's 400 Meters

1	11	Samantha PAYNE	#3	Catawba	P	54.05		4/21
2	72	Mariah MITCHEM	#10	Coker		56.46		4/14
3	76	Tytiana WILSON	#5	Carson-Newmar		56.59		3/25
4		Damyja ALEJANDRO-ORTIZ	#2	Lenoir-Rhyne		57.24		4/14
5		Holly KONE	#2	Lenoir-Rhyne		57.25		3/24
6		Destiny GIBBS	#8	Lincoln Memorial		57.40		4/15
7		Abby HEATH	#1	Wingate		57.47		3/23
8		Brianna QUARTARARO	#4	Anderson (S.C.)		57.50		4/21
9		Lacey BOOZER	#4	Anderson (S.C.)		57.73		3/17
10		Abbie ZANDER	#5	Carson-Newmar		58.74		4/21

Women's 400 Meter Hurdles

1	50	Skylar PAYNE	#3	Catawba		1:02.99		4/21
2	92	Abby HEATH	#1	Wingate		1:04.34		3/16
3		Gianna GUTIERREZ	#3	Catawba		1:05.24		4/21
4		Hoyane ESPER	#1	Wingate		1:05.64		4/14
5		Araceli ESPINOZA	#2	Lenoir-Rhyne		1:07.23		4/14
6		Dounia ROUTBI	#1	Wingate		1:07.61		4/14
7		Lacey TRIPLETT	#2	Lenoir-Rhyne		1:07.88		4/14
8		Madison RICKETTS	#12	Emory and Henr		1:08.06		4/14
9		Amari SMITH	#7	Limestone		1:08.95		4/22
10		Jasmine DUNLAP	#1	Wingate		1:09.89		4/14

Women's 800 Meters

1	32	Raina ANDREWS	#3	Catawba	P	2:10.91		4/14
2		Olivia RISH	#4	Anderson (S.C.)		2:15.38		4/14
3		Natalie ALMOND	#3	Catawba		2:15.64		4/14
4		Ona ALONSO	#1	Wingate		2:17.60		3/16
5		Harper RUSSELL	#8	Lincoln Memorial		2:17.82		4/21
6		Whitney HANSON	#4	Anderson (S.C.)		2:17.85		3/23
7		Olivia OVERHOLT	#2	Lenoir-Rhyne		2:18.68		4/14
8		Meg RAPLEY	#1	Wingate		2:18.71		4/7
9		Sira BO	#1	Wingate		2:18.73		3/16
10		Brianna QUARTARARO	#4	Anderson (S.C.)		2:18.78		3/24

Women's 1500 Meters

1		Natalie ALMOND	#3	Catawba		4:38.47		4/21
2		Raina ANDREWS	#3	Catawba		4:39.35		3/16
3		Zoe BRICKLEY	#1	Wingate		4:40.05		4/28
4		Olivia RISH	#4	Anderson (S.C.)		4:41.16		3/17
5		Lauryn TUMEY	#1	Wingate		4:44.56		4/28
6		Sira BO	#1	Wingate		4:45.36		4/28
7		Whitney HANSON	#4	Anderson (S.C.)		4:45.70		4/14
8		Katilee CROFT	#8	Lincoln Memorial		4:46.74		3/24
9		Ona ALONSO	#1	Wingate		4:47.13		4/28
10		Madison CLAY	#3	Catawba		4:47.48		4/14

Women's Steeplechase

1	37	Whitney HANSON	#4	Anderson (S.C.)		11:04.06		4/21
2	40	Meg RAPLEY	#1	Wingate		11:08.43		4/7
3	51	Enora TOUPIN	#1	Wingate		11:16.51		4/14
4	95	Doriane LANGLOIS	#1	Wingate		11:37.31		4/7
5		Elizabeth KESSLER	#2	Lenoir-Rhyne		11:46.04		4/21
6		Rebecca WARD	#4	Anderson (S.C.)		12:16.61		4/14
7		Claudia TERAN-ROMAGOSA	#2	Lenoir-Rhyne		12:25.55		4/21
8		Madison CRUMLEY	#4	Anderson (S.C.)		12:29.94		3/31
9		Vennise SHELTON	#1	Wingate		12:33.40		4/7
10		Elise MCKINNEY	#12	Emory and Henr		12:50.83		4/14



Conference TFRI Event Summary

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SAC

Women's 5000 Meters

1	56	Mollie SCOTT	#1	Wingate	17:07.89	4/20
2	58	Lauryn TUMEY	#1	Wingate	17:09.76	4/13
3	71	Zoe BRICKLEY	#1	Wingate	17:16.66	4/7
4	81	Natalie ALMOND	#3	Catawba	17:19.96	4/6
5	89	Madison CLAY	#3	Catawba	17:22.11	4/6
6	LEO: Mikayla JONES		#3	Catawba	17:29.02	4/6
7		Amber SCOTT	#1	Wingate	17:32.47	3/16
8		Tatjana MENSE	#1	Wingate	17:47.50	3/16
9		Brooke FOSTER	#8	Lincoln Memorial	17:53.49	4/7
10		Paige EWALD	#2	Lenoir-Rhyne	17:58.79	3/31

Women's 10,000 Meters

1	17	Madison CLAY	#3	Catawba	P 34:57.28	4/21
2	25	Mollie SCOTT	#1	Wingate	P 35:21.14	4/12
3	32	Lauryn TUMEY	#1	Wingate	P 35:37.54	4/12
4	48	Tatjana MENSE	#1	Wingate	P 36:16.59	4/7
5	55	Laila ABOUZAID	#1	Wingate	P 36:26.76	4/7
6	71	Paige EWALD	#2	Lenoir-Rhyne	37:05.90	4/14
7	81	Emily GOLDEN	#4	Anderson (S.C.)	37:19.32	4/7
8	92	Doriane LANGLOIS	#1	Wingate	37:31.78	3/16
9	93	Elise MATTHEWS	#4	Anderson (S.C.)	37:35.20	4/7
10		Katie SMOCK	#5	Carson-Newmar	38:23.84	4/7

Women's 4x100 Relay

1	11	Molly MCGRATH, Melody JONES, Jordan SHEALEY, Alexis BROWN	#2	Lenoir-Rhyne	P 45.86	3/23
2	39	Onii BIVENS, Efemena EGBERI, Kierra JONES, Samantha PAYNE	#3	Catawba	47.02	4/14
3	42	Kiera TAYLOR, Kyllia WRIGHT, Theresa GREEN-WHITE, Silvia BAH	#9	Tusculum	47.06	4/21
4	70	Kierra MCNEILL, Naiobi WHITE, Justyce MOSES, Chelsey THOMAS	#1	Wingate	47.77	4/28
5	72	Ayanna ENGLISH, Mariah MITCHEM, Naizja REDDING, Nya EXUM	#10	Coker	47.81	4/22
6	75	Janaya DAVIS- GAINER, Tytiana WILSON, Kadidja SANGARE, Sade DE SOUSA	#5	Carson-Newmar	47.91	4/6
7	76	Charlotte JOHNSON, Sarah ABUMERE, Emma JOHNSON, Jada JOHNSON	#6	Newberry	47.95	3/17
8		Joeli HAYDEN, Lacey BOOZER, Brianna QUARTARARO, Lauren CHILDERS	#4	Anderson (S.C.)	50.38	4/14
9		Scarlett EVERSLEY, Madison RICKETTS, Chloe JONES, Kylee TURMAN	#12	Emory and Henry	53.33	4/1



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SAC

Women's 4x400 Relay

1	47	Abby HEATH, Kennedy RIVERS, Natalie PINZAN, Naobi WHITE	#1 Wingate	3:53.26	4/28
2	51	Araceli ESPINOZA, Olivia OVERHOLT, Damyja ALEJANDRO- ORTIZ, Holly KONE	#2 Lenoir-Rhyne	3:54.27	4/14
3	61	Kierra JONES, Gianna GUTIERREZ, Skylar PAYNE, Samantha PAYNE	#3 Catawba	3:55.46	3/31
4	91	Brianna QUARTARARO, Lacey BOOZER, Joeli HAYDEN, Emma WHITAKER	#4 Anderson (S.C.)	4:00.49	3/17
5		Theresa GREEN- WHITE, Kiera TAYLOR, Emily CODDINGTON, Silvia BAH	#9 Tusculum	4:03.75	4/14
6		Ashlee LEWIS, Harper RUSSELL, Micah SELLS, Maria CHELLAH	#8 Lincoln Memorial	4:05.36	3/17
7		Abbie ZANDER, Tytiana WILSON, Morgan BAILEY, Lauren TABOR	#5 Carson-Newmar	4:07.12	4/21
8		Khasmine HARRIS, Desiree CONNER, Amari SMITH, Deimante BEDALYTE	#7 Limestone	4:10.23	3/17
9		Stephani FORRESTER, Michaela HAYES, Mariah MITCHEM, Shawnteanna TILLMAN	#10 Coker	4:11.77	4/14
10		Michelle DIAZ, Madison RICKETTS, Scarlett EVERSLEY, Chloe JONES	#12 Emory and Henry	4:36.70	3/25

Women's High Jump

1	28	Kennedy CONNER	#2 Lenoir-Rhyne	1.66m	5-5½	4/14
2	36	Valerie DAEHLER	#1 Wingate	1.65m	5-5	3/16
3	83	Amanda LISI	#8 Lincoln Memorial	1.60m	5-3	3/17
3	83	Morgan STANTON	#5 Carson-Newmar	1.60m	5-3	3/24
3	83	Sofia LANINA	#2 Lenoir-Rhyne	1.60m	5-3	4/14
6		Judith VAQUERO	#1 Wingate	1.55m	5-1	3/16
6		Destini WILSON	#2 Lenoir-Rhyne	1.55m	5-1	4/14
8		Miranda MARR	#2 Lenoir-Rhyne	1.54m	5-½	4/14
9		Carmen BISHOP	#3 Catawba	1.50m	4-11	3/16
10		Alina MUELLER	#11 Mars Hill	1.47m	4-9¾	4/7
10		Valicia DEMERITTE	#10 Coker	1.47m	4-9¾	3/24

Women's Pole Vault

1	43	Abby OWENS	#5 Carson-Newmar P	3.74m	12-3¼	4/14
2	94	Pearl BALLARD	#2 Lenoir-Rhyne	3.45m	11-3¾	4/21
3		Kirsten LEONARD	#4 Anderson (S.C.)	3.31m	10-10¼	4/28
4		Camryn HARRIS	#7 Limestone	3.20m	10-6	3/24
5		Lacey TRIPLETT	#2 Lenoir-Rhyne	3.15m	10-4	4/21
6		Melena HOWELL	#2 Lenoir-Rhyne	3.00m	9-10	4/21
6		Stacie JORGENSEN	#2 Lenoir-Rhyne	3.00m	9-10	4/21
8		Adair DUPREE	#2 Lenoir-Rhyne	2.85m	9-4¼	4/21
8		Mykayla KING	#11 Mars Hill	2.85m	9-4¼	3/17
10		Madison CRUMLEY	#4 Anderson (S.C.)	2.80m	9-2¼	4/14

Women's Long Jump

1	11	Kadidja SANGARE	#5 Carson-Newmar P	6.10mw	20-¼ (2.5)	4/21
2	17	MeKayla WHITE	#3 Catawba P	6.07m	19-11 (0.0)	4/21
3	21	Sydney MCCARTY	#5 Carson-Newmar P	6.05m	19-10¼ (1)	4/21
4	75	Efemena EGBERI	#3 Catawba	5.63mw	18-5¾ (2.9)	3/31
5	96	Desiree CONNER	#7 Limestone	5.53m	18-1¾ (-0)	4/22
6		Jael STAUFFER	#10 Coker	5.51m	18-1 (0.3)	4/1
6		Daryn MCDONALD	#7 Limestone	5.51m	18-1 (1.9)	3/17
8		Brooke TAYLOR	#5 Carson-Newmar	5.48m	17-11¾ (1)	3/24
9		Abigail KINOSHITA	#2 Lenoir-Rhyne	5.44mw	17-10¼ (2)	3/17
10		Destini WILSON	#2 Lenoir-Rhyne	5.43m	17-9¾ (-0)	4/14

Women's Triple Jump

1	18	Holly KONE	#2 Lenoir-Rhyne P	12.19mw	40-0 (3.3)	3/31
2		Ennessey SORRELLS	#1 Wingate	11.28m	37-¼ (1.1)	4/14
3		Daryn MCDONALD	#7 Limestone	11.20m	36-9 (0.0)	3/17
4		Brooke TAYLOR	#5 Carson-Newmar	11.19mw	36-8½ (2.3)	4/6
5		Shaniya FIELDS	#7 Limestone	11.16m	36-7½ (0.0)	3/17
6		MeKayla WHITE	#3 Catawba	11.09m	36-4¾ (0.0)	4/14
7		Janiyah GARDNER	#6 Newberry	10.89m	35-8¾ (0.0)	3/17
8		Valerie DAEHLER	#1 Wingate	10.82m	35-6 (-1.8)	4/7
9		Abigail KINOSHITA	#2 Lenoir-Rhyne	10.68m	35-½ (0.0)	4/21
10		Lynaiyah SYLVESTER	#1 Wingate	10.64m	34-11 (-2.3)	4/7

Women's Shot Put

1	54	Danielle CRAWFORD	#1 Wingate	13.25m	43-5¾	4/14
2	76	Taylor SMITH	#7 Limestone	12.96m	42-6¼	4/22
3	86	Victoria MCEACHERN	#1 Wingate	12.89m	42-3½	3/16
4	100	Olivia JACKSON	#2 Lenoir-Rhyne	12.63m	41-5¼	4/14
5		Amber LAWLESS	#1 Wingate	12.14m	39-10	4/14
6		Carly PLATT	#1 Wingate	11.96m	39-3	4/7
7		Sarah WIMPEE	#4 Anderson (S.C.)	11.38m	37-4	4/14
8		ShaNadia MARSHALL	#6 Newberry	11.27m	36-11¾	3/24
9		Rachael TURNER	#1 Wingate	10.95m	35-11¼	4/14
10		Taylor STEELE	#5 Carson-Newmar	10.88m	35-8½	4/21



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Women's Discus

1	50	Judith VAQUERO	#1	Wingate	43.23m	141-10	4/21
2	68	Irma WATSON-PEREZ	#6	Newberry	42.36m	139-0	4/29
3		Amber LAWLESS	#1	Wingate	39.25m	128-9	4/14
4		Taylor SMITH	#7	Limestone	39.10m	128-4	3/17
5		Sarah WIMPEE	#4	Anderson (S.C.)	38.40m	126-0	4/14
6		Kennedy MYERS	#6	Newberry	36.83m	120-10	4/29
7		Danielle CRAWFORD	#1	Wingate	36.47m	119-8	4/7
8		Marlesia WALKER	#2	Lenoir-Rhyne	35.01m	114-11	3/17
9		Cierra WILLIAMS	#11	Mars Hill	35.00m	114-10	4/21
10		Lexie MAY	#1	Wingate	34.50m	113-2	3/16

Women's Hammer

1	37	Esma PAJT	#1	Wingate	P 52.49m	172-3	4/14
2	41	Andrea PASCUAL RIVERA	#6	Newberry	52.14m	171-1	4/29
3		Olivia JACKSON	#2	Lenoir-Rhyne	45.91m	150-8	4/21
4		Danielle CRAWFORD	#1	Wingate	45.45m	149-2	4/7
5		Irma WATSON-PEREZ	#6	Newberry	45.10m	148-0	4/29
6		Carly PLATT	#1	Wingate	42.85m	140-7	4/7
7		Marlesia WALKER	#2	Lenoir-Rhyne	42.20m	138-6	3/17
8		Trinity DOWNS	#7	Limestone	41.78m	137-1	3/17
9		Victoria MCEACHERN	#1	Wingate	41.08m	134-10	4/7
10		Amber HOGAN	#9	Tusculum	40.85m	134-0	3/17

Women's Javelin

1	90	Tyla STOLBERG	#6	Newberry	37.72m	123-9	4/14
2	94	Carmen BISHOP	#3	Catawba	37.41m	122-9	3/16
3		Lexie MAY	#1	Wingate	35.05m	115-0	4/7
4		Savannah JORDAN	#6	Newberry	34.94m	114-8	4/14
5		Lacey TRIPLETT	#2	Lenoir-Rhyne	34.73m	114-0	4/14
6		Miranda MARR	#2	Lenoir-Rhyne	34.19m	112-2	4/14
7		Mykayla KING	#11	Mars Hill	33.15m	108-9	3/17
8		Kylee ALVIS	#8	Lincoln Memorial	30.89m	101-4	4/21
9		Makayla ROGERS	#11	Mars Hill	30.17m	98-11¾	4/14
10		Victoria MCEACHERN	#1	Wingate	29.53m	96-10¾	4/7

Women's Heptathlon

1	32	Kennedy CONNER	#2	Lenoir-Rhyne	P 4,516	4/14
2	38	Miranda MARR	#2	Lenoir-Rhyne	4,313	4/14
3	63	Carmen BISHOP	#3	Catawba	4,096	4/14
4	90	Elizabeth CLOSE	#8	Lincoln Memorial	3,868	3/24
5		Alina MUELLER	#11	Mars Hill	3,663	4/7
6		Maggie SANDERSON	#8	Lincoln Memorial	2,992	3/24
7		Keagan OSIKA	#11	Mars Hill	2,870	4/7
8		Sofia ULANDAY	#2	Lenoir-Rhyne	2,765	4/14



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SIAC

Women's 100 Meters

1	69	Shantel WILLIAMS	#1	Benedict	11.93	(1.8)	4/22
2		D'liyah AUSTELL	#3	Fort Valley State	12.27	(0.0)	4/14
3		Javaela JONES	#4	Lane	12.33w	(2.2)	4/6
4		Dasia GILYARD	#2	Albany State (Ga)	12.37	(1.4)	3/17
5		Anniyah WILLIAMS	#6	Clark Atlanta	12.40	(-0.5)	4/1
6		Shonkeria JONES	#2	Albany State (Ga)	12.47	(0.4)	2/25
7		Kapri DAWKINS	#5	Central State	12.48	(0.9)	4/14
8		Ciara BARDWELL	#4	Lane	12.50	(-1.5)	3/24
8		Gabriel STEPHENS	#8	Tuskegee	12.50w	(2.5)	3/31
10		Sha'keryah PASSMORE	#10	Allen (S.C.)	12.51	(0.9)	4/1

Women's 100 Meter Hurdles

1	22	Santiona FREEMAN	#1	Benedict	P 14.06w	(3.1)	4/14
2	36	Kaciann COWAN	#1	Benedict	14.30	(-3.7)	4/22
3	89	Jazz BARNETT	#3	Fort Valley State	14.73	(0.1)	4/8
4	95	Amarianna LOFTON	#5	Central State	14.76	(0.5)	4/14
5		Briana MADISON	#3	Fort Valley State	14.86	(-0.4)	4/14
6		Jeainna BRYANT	#7	Savannah State	14.87	(0.8)	2/25
7		Teleah MOORER	#10	Allen (S.C.)	14.93w	(3.8)	3/17
8		Jaylynn WILLIAMS	#9	Kentucky State	14.99	(-0.8)	4/14
9		Ky'Leigha ROBINSON	#7	Savannah State	15.77	(-0.4)	4/14
10		Mikayln CHAMBERS	#4	Lane	15.95	(0.2)	3/17

Women's 200 Meters

1		Khamil EVANS	#4	Lane	24.86	(0.0)	3/24
2		Ravyn CYSTRUNK	#7	Savannah State	25.00	(-0.7)	3/11
3		D'liyah AUSTELL	#3	Fort Valley State	25.11	(0.3)	4/14
4		Shantel WILLIAMS	#1	Benedict	25.12	(1.7)	3/24
5		Kanesha MOSES	#1	Benedict	25.28	(1.9)	4/14
6		Tylar LIGHTBOURN	#5	Central State	25.29	(1.1)	4/14
7		Ciara BARDWELL	#4	Lane	25.30	(0.3)	4/6
8		Anniyah WILLIAMS	#6	Clark Atlanta	25.35	(-2.8)	4/1
9		Kassie JORDAN	#1	Benedict	25.40w	(3.6)	4/22
10		Dasia GILYARD	#2	Albany State (Ga)	25.51	(-2.8)	4/1

Women's 400 Meters

1	71	Kapri DAWKINS	#5	Central State	56.44		4/14
2	90	Ravyn CYSTRUNK	#7	Savannah State	56.99		3/11
3	94	Kanesha MOSES	#1	Benedict	57.04		4/14
4		Nathalia ROWE	#2	Albany State (Ga)	57.23		4/1
5		Torriann NOAD	#1	Benedict	57.44		4/22
6		Karon WARREN	#6	Clark Atlanta	57.87		4/1
7		Khamil EVANS	#4	Lane	58.14		3/11
8		Jaylin BRADSHAW	#5	Central State	58.54		4/14
9		Ajeceia PRESSWOOD	#14	LeMoyne-Owen	59.21		3/11
10		Kassie JORDAN	#1	Benedict	59.33		4/14

Women's 400 Meter Hurdles

1	31	Megan THOMPSON	#1	Benedict	P 1:01.88		4/22
2	41	Nathalia ROWE	#2	Albany State (Ga)	1:02.63		3/23
3		Kayla HUSTON	#5	Central State	1:05.41		4/14
4		Sinia MASSILLON	#1	Benedict	1:06.58		4/14
5		Amarianna LOFTON	#5	Central State	1:10.92		3/16
6		Shekinah RACHEL	#3	Fort Valley State	1:11.13		4/14
7		Naima HOSKINS	#8	Tuskegee	1:11.31		4/21
8		Saniya KEETON	#8	Tuskegee	1:11.76		3/23
9		Jaylin RIVERS	#3	Fort Valley State	1:11.81		4/14
10		Teleah MOORER	#10	Allen (S.C.)	1:12.06		3/17

Women's 800 Meters

1		Megan THOMPSON	#1	Benedict	2:19.80		3/24
2		Kayla CHANCE	#7	Savannah State	2:19.97		4/14
3		Kiyah PITTMON	#2	Albany State (Ga)	2:23.24		3/23
4		Zenay RHANEY	#2	Albany State (Ga)	2:25.29		3/23
5		Quanisha MARSHALL	#4	Lane	2:27.59		3/31
6		Cavel BARNETT	#1	Benedict	2:28.55		3/24
7		Floma OKUMU	#1	Benedict	2:28.64		3/24
8		Aliyah JACKSON	#6	Clark Atlanta	2:28.80		4/1
9		Akierah WALKER	#8	Tuskegee	2:31.01		3/31
10		Purity KIBET	#1	Benedict	2:31.46		3/24

Women's 1500 Meters

1		Kayla CHANCE	#7	Savannah State	4:56.55		3/24
2		Purity KIBET	#1	Benedict	5:08.44		4/22
3		Floma OKUMU	#1	Benedict	5:11.25		4/22
4		Aliyah JACKSON	#6	Clark Atlanta	5:14.74		3/11
5		Montana WILLIAMS	#3	Fort Valley State	5:18.34		4/8
6		Kiyah PITTMON	#2	Albany State (Ga)	5:18.42		3/23
7		Madeline KNIGHTLY	#11	Spring Hill (Ala.)	5:20.18		4/8
8		Zamya RHANEY	#2	Albany State (Ga)	5:21.92		4/8
9		Zenay RHANEY	#2	Albany State (Ga)	5:23.05		3/17
10		Akierah WALKER	#8	Tuskegee	5:30.80		3/31

Women's Steeplechase

1		Kayla CHANCE	#7	Savannah State	12:17.46		4/14
2		Jane KIBORUS	#1	Benedict	12:23.97		4/14
3		Aliyah JACKSON	#6	Clark Atlanta	12:56.16		3/23
4		Zamya RHANEY	#2	Albany State (Ga)	13:09.12		3/23
5		Mariah HUSTON	#5	Central State	13:26.86		4/7
6		Claire MORGAN	#11	Spring Hill (Ala.)	13:59.97		3/17
7		Miracle SMITH	#6	Clark Atlanta	14:56.86		3/4



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Women's 5000 Meters

1	Purity KIBET	#1 Benedict	19:53.37	4/14
2	Jane KIBORUS	#1 Benedict	20:00.76	3/24
3	Kayla CHANCE	#7 Savannah State	20:03.19	2/25
4	Skyler ARMSTEAD	#2 Albany State (Ga.)	20:38.72	2/25
5	Aliyah JACKSON	#6 Clark Atlanta	20:48.38	4/1
6	Madeline KNIGHTLY	#11 Spring Hill (Ala.)	20:51.65	3/31
7	Zamya RHANEY	#2 Albany State (Ga.)	21:19.80	4/1
8	Montana WILLIAMS	#3 Fort Valley State	21:56.53	4/1
9	Sky BUIE-COX	#7 Savannah State	22:16.71	2/25
10	Miracle SMITH	#6 Clark Atlanta	22:36.02	4/1

Women's 10,000 Meters

1	Floma OKUMU	#1 Benedict	43:18.38	4/14
2	Montana WILLIAMS	#3 Fort Valley State	46:03.58	4/14

Women's 4x100 Relay

1	37 Santiona FREEMAN, Kassie JORDAN, Shantel WILLIAMS, Kanesha MOSES	#1 Benedict	47.00	4/22
2	58 Khamil EVANS, Nadia ALEXANDER, Kyra GASTON, Brikeria GILKEY	#4 Lane	47.40	3/11
3	73 Daveja WILSON, Aquila KERR, Briana MADISON, D'Liyah AUSTELL	#3 Fort Valley State	47.83	4/14
4	74 Jeainna BRYANT, Ravyn CYSTRUNK, Sadrea MABRY, Delilyah PELHAM	#7 Savannah State	47.85	4/14
5	90 Tylar LIGHTBOURN, Kapri DAWKINS, Michael ADDISON, Skye LIVINGSTON	#5 Central State	48.27	3/31
6	99 Aisha PATTERSON, Teleah MOORER, Sha'keryah PASSMORE, Measha JONES	#10 Allen (S.C.)	48.43	4/14
7	Kennedy SIMMONS, Dasia GILYARD, Jeniya LAWRENCE, Shonkeria JONES	#2 Albany State (Ga.)	48.70	3/11
8	Kaylin STRAHAN, Jayla HARTLEY-SCOTT, Isis LEWIS, Anniyah WILLIAMS	#6 Clark Atlanta	48.79	4/1
9	Jessica MYERS, Ajeceia PRESSWOOD, Patrina ROGERS, Malaisha JOHNSON	#14 LeMoyne-Owen	49.26	4/6
10	Gabriel STEPHENS, Cyndi SAMUEL, M'Kenzii FRAZIER, De'Shell CARR	#8 Tuskegee	49.32	3/31

Women's 4x400 Relay

1	33 Torriann NOAD, Megan THOMPSON, Kassie JORDAN, Kanesha MOSES	#1 Benedict	3:49.83	3/24
2	48 Nathalia ROWE, Dasia GILYARD, Kiyah PITTMON, Zenay RHANEY	#2 Albany State (Ga.)	3:53.67	3/23
3	62 Anniyah WILLIAMS, Karon WARREN, Kaylin STRAHAN, Jayla HARTLEY-SCOTT	#6 Clark Atlanta	3:55.48	3/23
4	85 Jaylin BRADSHAW, Kapri DAWKINS, Michael ADDISON, Jurnie HEMSLEY	#5 Central State	4:00.06	3/31
5	95 Javaela JONES, Jayla WRIGHT, Jasmine JONES, Brikeria GILKEY	#4 Lane	4:01.84	3/11
6	Akierah WALKER, Gabriel STEPHENS, Cyndi SAMUEL, Madison MINGA-PERRY	#8 Tuskegee	4:05.78	3/23
7	Brionna GRAHAM, Jaysha BELL, Sydney THOMAS, Jaylynne WILLIAMS	#9 Kentucky State	4:12.64	4/21
8	Jurni CUMMINGS, Madison LEE, Alexis DOVER, Jordan YARBROUGH	#12 Miles	4:27.32	3/23
9	Aisha PATTERSON, Kiana PACK, Ayani TAYLOR, Measha JONES	#10 Allen (S.C.)	4:32.31	4/1
10	Da'Mariona GOGGINS, Destiny BYRD, Di-Raphaelle NELSON, Sanya JOSEPH	#13 Edward Waters (Ga.)	4:46.73	4/7

Women's High Jump

1	28 Amarianna LOFTON	#5 Central State	1.66m	5-5¼	4/14
2	67 Kennedy SPEARS	#7 Savannah State	1.62m	5-3¾	4/14
3	83 Naomi ANDREWS	#6 Clark Atlanta	1.60m	5-3	3/11
4	Maliyah WHITE	#6 Clark Atlanta	1.55m	5-1	3/23
5	Aquilla KERR	#3 Fort Valley State	1.52m	4-11¾	3/23
5	A'mijya DUDLEY	#7 Savannah State	1.52m	4-11¾	4/14
5	Madison LEE	#12 Miles	1.52m	4-11¾	3/23
5	Erica JONES	#9 Kentucky State	1.52m	4-11¾	3/23
5	Julianna KERN	#2 Albany State (Ga.)	1.52m	4-11¾	3/23
10	Kourtney ENGLISH	#10 Allen (S.C.)	1.48m	4-10¼	3/10

Women's Pole Vault

1	Abigail REMICK	#11 Spring Hill (Ala.)	2.45m	8-½	3/4
2	Zenay RHANEY	#2 Albany State (Ga.)	2.30m	7-6½	4/1



Conference TFRI Event Summary

as of 5/1/2023 7:28:08 AM

SIAC

Women's Long Jump

1	88	Mikayln CHAMBERS	#4	Lane	5.57m	18-3¼ (1.2)	3/31
2	96	Da'Aliyah JOHNSON	#7	Savannah State	5.53m	18-1¾ (0.9)	4/14
3		Amarianna LOFTON	#5	Central State	5.49mw	18-¼ (2.2)	3/31
4		Measha JONES	#10	Allen (S.C.)	5.46m	17-11 (1.3)	3/17
5		Aquilla KERR	#3	Fort Valley State	5.40m	17-8¾ (0.1)	4/8
6		Cyndi SAMUEL	#8	Tuskegee	5.39m	17-8¼ (2.0)	3/23
7		De'Shell CARR	#8	Tuskegee	5.29m	17-4¼ (0.0)	3/31
8		Sadrea MABRY	#7	Savannah State	5.26m	17-3¼ (0.6)	4/14
8		Arinn HAYES	#9	Kentucky State	5.26mw	17-3¼ (2.4)	4/21
10		Jaylin BRADSHAW	#5	Central State	5.11m	16-9¼ (0.6)	3/31

Women's Triple Jump

1	71	Sadrea MABRY	#7	Savannah State	11.56m	37-11¼ (0.)	3/11
2	94	Jada DAVID	#1	Benedict	11.36mw	37-3¼ (3.2)	3/16
3	96	Shynique MCGEE	#6	Clark Atlanta	11.35m	37-3 (-1.1)	3/23
4		Shekinah RACHEL	#3	Fort Valley State	11.01mw	36-1½ (4.0)	4/1
5		Ja'Nyah JENKINS	#8	Tuskegee	11.00m	36-1¼ (0.0)	3/31
6		Aquilla KERR	#3	Fort Valley State	10.98m	36-¼ (0.0)	4/14
7		Dimya EVANS	#11	Spring Hill (Ala.)	10.69m	35-1 (-2.3)	3/17
8		Tiana SMITH	#11	Spring Hill (Ala.)	10.68m	35-½ (-0.9)	4/8
8		Eliane ROBINSON	#1	Benedict	10.68m	35-½ (0.0)	3/24
10		Andrianna WALKER	#13	Edward Waters (	10.64m	34-11 (-1.7)	3/23

Women's Shot Put

1	33	Diamond RICHARDSON	#4	Lane	13.76m	45-1¾	4/6
2		Na'dejah BATTS	#3	Fort Valley State	12.42m	40-9	4/1
3		Dezarai STEWART	#4	Lane	12.22m	40-1¼	4/6
4		Amani WAGNER	#9	Kentucky State	12.00m	39-4½	3/17
5		Feliah GREER	#12	Miles	11.98m	39-3¾	3/23
6		Darcey DORRIS	#5	Central State	11.78m	38-7¾	4/14
7		Sydney BLACKBURN	#2	Albany State (Ga	11.77m	38-7½	3/11
8		Mykhayla CARROLL	#2	Albany State (Ga	11.70m	38-4¾	3/17
9		Alana THOMAS	#8	Tuskegee	11.62m	38-1½	3/11
10		Paris STANTON	#1	Benedict	11.57m	37-11½	4/14

Women's Discus

1	10	Sydney BLACKBURN	#2	Albany State (Ga P	48.32m	158-7	3/23
2	45	Diamond RICHARDSON	#4	Lane	43.76m	143-7	4/6
3		Mykhayla CARROLL	#2	Albany State (Ga	40.10m	131-7	3/11
4		Miniya MILLER	#3	Fort Valley State	37.72m	123-9	4/14
5		Darcey DORRIS	#5	Central State	37.50m	123-1	3/25
6		Amani WAGNER	#9	Kentucky State	37.26m	122-3	4/14
7		Logan MARSHALL	#2	Albany State (Ga	36.65m	120-3	3/23
8		Dezarai STEWART	#4	Lane	36.57m	120-0	4/6
9		Daneika WILLIAMSON	#1	Benedict	36.51m	119-10	4/14
10		Kaia BARNETT	#6	Clark Atlanta	36.30m	119-1	4/14

Women's Hammer

1	60	Diamond RICHARDSON	#4	Lane	50.05m	164-3	3/31
2		Amani WAGNER	#9	Kentucky State	43.88m	144-0	4/8
3		Mykhayla CARROLL	#2	Albany State (Ga	41.71m	136-10	3/23
4		Na'dejah BATTS	#3	Fort Valley State	40.78m	133-10	3/23
5		Miniya MILLER	#3	Fort Valley State	40.43m	132-8	4/1
6		Alana THOMAS	#8	Tuskegee	38.59m	126-7	3/11
7		Nadejah BATTS	#3	Fort Valley State	38.20m	125-4	3/11
8		Sydney BLACKBURN	#2	Albany State (Ga	37.75m	123-10	3/11
9		Dezarai STEWART	#4	Lane	34.64m	113-8	3/17
10		Paris STANTON	#1	Benedict	34.62m	113-7	3/16

Women's Javelin

1		Hannah WILLIAMS	#8	Tuskegee	35.75m	117-4	4/21
2		Feliah GREER	#12	Miles	35.06m	115-1	3/31
3		Anaya HOWELL	#2	Albany State (Ga	32.00m	105-0	4/14
4		Aliyah JACKSON	#6	Clark Atlanta	31.30m	102-8	4/14
5		Mikayln CHAMBERS	#4	Lane	30.35m	99-7	3/17
6		Matelia HARPER	#8	Tuskegee	30.26m	99-3½	3/23
6		Danielle WILSON	#8	Tuskegee	30.26m	99-3½	3/23
8		Logan MARSHALL	#2	Albany State (Ga	27.55m	90-4¾	2/25
9		Kaia BARNETT	#6	Clark Atlanta	26.94m	88-4¾	4/1
9		Shynique MCGEE	#6	Clark Atlanta	26.94m	88-4¾	4/14

Women's Heptathlon

1	82	Mikayln CHAMBERS	#4	Lane	3,920		3/17
2		Kaleah KLECKLEY	#2	Albany State (Ga	3,070		3/23
3		Sanya JOSEPH	#13	Edward Waters (	2,916		3/23
4		Da'Mariona GOGGINS	#13	Edward Waters (	2,576		3/23
5		Julianna KERN	#2	Albany State (Ga	2,287		3/23
6		Ternya GIBSON	#3	Fort Valley State	2,060		3/23
7		Tania HALL	#3	Fort Valley State	1,868		3/23