



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #1, March 27

as of 3/27/2023 7:28:24 AM

East

Women's 100 Meters

1	27	Alison MCDONOUGH	#4	Bridgewater Sta	12.46w	(2.1)	3/17
2	34	Wendy WOODEN	#3	Wheaton (Mass.)	12.49w	(4.0)	3/16
3	42	Michaina LORISTON	#3	Wheaton (Mass.)	12.55w	(4.0)	3/16
4	51	Jailene ESCALERA	#4	Bridgewater Sta	12.59	(0.7)	3/25
5	62	Lottie FRANCK	#2	Colby	12.64w	(2.1)	3/17
6	78	Teghan SYDNOR	#1	Tufts	12.76	(-0.4)	3/18
7	91	Sarah PILLONE	#1	Tufts	12.82	(0.0)	3/25
8		Ashley KELEHER	#17	Colby-Sawyer	12.87	(-1.4)	3/25
9		Amanda WALDEN	#12	Suffolk	12.93	(0.7)	3/25
10		Cora KAKALEC	#1	Tufts	12.99	(0.0)	3/25

Women's 100 Meter Hurdles

1	2	Alison MCDONOUGH	#4	Bridgewater Sta	14.46	(1.9)	3/17
2	7	Sarah PILLONE	#1	Tufts	14.77	(1.5)	3/25
3	11	Amanda CASTALDI	#3	Wheaton (Mass.)	15.00w	(2.6)	3/16
4	19	Erin DAUGHERTY	#2	Colby	15.17	(-0.9)	3/24
5	27	Kassie BRINK	#2	Colby	15.37	(-0.1)	3/24
6	31	Serenity SANDS	#4	Bridgewater Sta	15.46w	(3.2)	3/17
7	37	Alya CAMPBELL	#7	Brandeis	15.54w	(2.2)	3/24
8	53	Brooke JANKOWSKI	#6	Babson	15.94	(1.5)	3/18
9	93	Molly Lu MCKELLAR	#8	Keene State	16.73	(1.1)	3/24
10		Lexy SHANNON	#11	Thomas (Maine)	17.02	(0.7)	3/10

Women's 200 Meters

1	21	Schylar WYSE	#3	Wheaton (Mass.)	25.52	(-0.1)	3/16
2	52	Teghan SYDNOR	#1	Tufts	26.10	(1.3)	3/18
3	74	Amaris GOODWIN	#23	Gordon (Mass.)	26.36	(1.7)	3/24
4	E+0:	Kristina PIZZI	#2	Colby	26.60	(1.6)	3/24
4	E+0:	Lottie FRANCK	#2	Colby	26.60w	(2.5)	3/24
6		Alya CAMPBELL	#7	Brandeis	26.67	(1.7)	3/24
7		Nyla THOMPSON	#1	Tufts	26.74	(0.6)	3/25
8		Sarah PILLONE	#1	Tufts	26.89	(0.2)	3/18
9		Emma SMITH	#1	Tufts	26.92	(1.3)	3/18
10		Robyn WILKES	#6	Babson	26.97	(1.1)	3/18

Women's 400 Meters

1	1	Fiona MEJICO	#2	Colby	57.38		3/17
2	12	Annika KRAL	#1	Tufts	58.79		3/25
3	15	Emma SMITH	#1	Tufts	59.22		3/18
4	26	Olivia TOMLIN	#2	Colby	59.55		3/17
5	28	Olivia DOHERTY	#2	Colby	59.58		3/24
6	35	Kiara ABRANTES	#4	Bridgewater Sta	59.91		3/25
7	45	Kristina PIZZI	#2	Colby	1:00.30		3/17
8	50	Emily CONCEPCION	#12	Suffolk	1:00.54		3/25
9	84	Aoife FITZGERALD	#5	Wellesley	1:01.47		3/24
10	85	Harper MEEK	#1	Tufts	1:01.48		3/25

Women's 400 Meter Hurdles

1	1	Fiona MEJICO	#2	Colby	1:02.27		3/24
2	8	Emma SMITH	#1	Tufts	1:04.96		3/25
3	14	Campbell DEVLIN	#1	Tufts	1:05.83		3/25
4	18	Erin DAUGHERTY	#2	Colby	1:06.33		3/17
5	23	Angela HAGSTROM	#6	Babson	1:06.89		3/18
6	29	Haley WIMS	#2	Colby	1:07.92		3/24
7	37	Emily SVERAK	#1	Tufts	1:08.22		3/25
8	40	Yahni LAPA	#7	Brandeis	1:08.44		3/24
9	45	Aoife FITZGERALD	#5	Wellesley	1:08.94		3/24
10	51	Willow WHITTEN	#13	Husson	1:09.29		3/10

Women's 800 Meters

1	3	Hannah NEILON	#1	Tufts	2:12.27		3/24
2	14	Julia DOLCE	#1	Tufts	2:17.89		3/25
3	31	Anna MACKEY	#2	Colby	2:20.14		3/24
4	34	Haley WIMS	#2	Colby	2:20.43		3/24
5	49	Ella WHINNEY	#5	Wellesley	2:21.68		3/24
6	83	Payton GOODWIN	#13	Husson	2:24.24		3/10
7	87	Rose KITZ	#1	Tufts	2:24.54		3/25
8	96	Chloe CLIFFORD	#6	Babson	2:24.82		3/18
9		Aleah GHIAUDDIN	#5	Wellesley	2:25.58		3/24
10		Grace DOHERTY	#2	Colby	2:26.74		3/24

Women's 1500 Meters

1	5	Hannah NEILON	#1	Tufts	4:37.39		3/18
2	36	Alexandra DEAN	#1	Tufts	4:47.27		3/25
3	44	Ella WHINNEY	#5	Wellesley	4:48.46		3/24
4	65	Ellie MURPHY-WEISE	#5	Wellesley	4:51.75		3/24
5	67	Julia DOLCE	#1	Tufts	4:51.78		3/18
6	89	Kayla DIBENEDETTO	#7	Brandeis	4:55.25		3/24
7		Bridget PICKARD	#7	Brandeis	4:57.72		3/24
8		Nina PARZIALE	#9	Univ. of New En	4:59.58		3/26
9		Rose KITZ	#1	Tufts	5:00.65		3/18
10		Ella WARKENTINE	#7	Brandeis	5:03.01		3/24

Women's Steeplechase

1	91	Lilah MCANDREW	#10	Fitchburg State	13:58.23		3/25
2		Courtney BROUILLET	#10	Fitchburg State	17:22.18		3/25

Women's 5000 Meters

1	11	Kirsi RAJAGOPAL	#14	MIT	17:46.00		3/23
2	42	Grace OGDEN	#1	Tufts	18:17.19		3/18
3	76	Eliana MONTGOMERY	#1	Tufts	18:46.36		3/18
4		Emily BRYDGES	#5	Wellesley	19:03.18		3/24
5		Gwenyth STACH	#1	Tufts	19:10.20		3/18
6		Jaclyn TURNER	#1	Tufts	19:29.97		3/25
7		Alexandra KIRKPATRICK	#6	Babson	19:44.37		3/18
8		Lily VALCOVIC	#4	Bridgewater Sta	20:12.22		3/25
9		Maura BRUNS	#4	Bridgewater Sta	20:12.57		3/25
10		Elizabeth CAMERON	#15	Emmanuel (Mas	20:12.72		3/26



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East

Women's 10,000 Meters

1	4	Kate SANDERSON	#14 MIT	37:13.31	3/23
2	5	Einat GAVISH	#14 MIT	37:48.44	3/23
3	26	Shannon O'CONNELL	#17 Colby-Sawyer	40:10.37	3/25
4	53	Samantha CARUS	#17 Colby-Sawyer	41:57.64	3/25
5	99	Mia ROWELL	#15 Emmanuel (Mas)	49:48.20	3/26

Women's 4x100 Relay

1	19	Angela HAGSTROM, Robyn WILKES, Ashna KIRSHNAMURTHY, Caroline REILLY	#6 Babson	49.65	3/18
2	23	Lottie FRANCK, Fiona MEJICO, Erin DAUGHERTY, Kristina PIZZI	#2 Colby	49.76	3/24
3	26	Sarah PILLONE, Annika KRAL, Anne- Sophie JANSSEN, Teghan SYDNOR	#1 Tufts	50.02	3/25
4	31	Michaina LORISTON, Schylar WYSE, Wendy WOODEN, Amanda CASTALDI	#3 Wheaton (Mass.)	50.21	3/16
5	40	Lauren WOOD, Alyssa RODRIGUEZ, Emily CONCEPCION, Amanda WALDEN	#12 Suffolk	50.54	3/25
6	42	Taylor QUAYE, Sara Maeve KLINGENSMITH, Sally RICHARDSON, Merete OGAH	#5 Wellesley	50.59	3/24
7	47	Devin HILTUNEN, Shaniece NUGENT, Smiley HUYNH, Alya CAMPBELL	#7 Brandeis	50.79	3/24
8	58	Maureen GRADY, Heather TURNER, Elena PELLEGRINI, Bridget MAUNSELL	#16 Worcester State	51.86	3/25
9	82	Erica JOHNSON, Kennedy TODD, Carrie BURR, Abby MINOTT	#18 UMaine Farming	54.30	3/26
10	89	Becca MORRIS, Brooke FENTON, Lydia MANUROWSKI, Elizabeth DYKSTRA	#19 Framingham Sta	56.20	3/25

Women's 4x400 Relay

1	5	Campbell DEVLIN, Annika KRAL, Anne- Sophie JANSSEN, Emma SMITH	#1 Tufts	4:01.42	3/25
2	6	Olivia TOMLIN, Kristina PIZZI, Anna MACKEY, Olivia DOHERTY	#2 Colby	4:01.65	3/17
3	18	Caroline REILLY, Brooke JANKOWSKI, Angela HAGSTROM, Chloe CLIFFORD	#6 Babson	4:07.53	3/18
4	38	Schylar WYSE, Morgan ZAKRZEWSKI, Kassidy CHIM, Kristen DIBELLA	#3 Wheaton (Mass.)	4:13.77	3/16
5	47	Willow WHITTEN, Norah GARVEY, Payton GOODWIN, Madalynn HUBBARD	#13 Husson	4:16.13	3/10
6	57	Elizabeth KORN, Yahni LAPA, Devin HILTUNEN, Hannah BOHBOT-DRIDI	#7 Brandeis	4:20.16	3/24
7	76	Emily BUCHTER, Eden MORRIS, Sophia KING, Sydni LEHR	#9 Univ. of New En	4:31.43	3/26
8	90	Zainab ALBRAIHI, Amanda WINSLOW, Maddy REDDING, Lexy SHANNON	#11 Thomas (Maine)	4:43.61	3/10
9	97	Margaret ST JOHN, Aurora COUTO, Autumn BOISVERT, Sarah AMES	#8 Keene State	4:57.08	3/24
10	98	Nicole MAJOR, Naomi CASS, Madison ELLIS, Ana IMRIE	#4 Bridgewater Sta	4:58.50	3/25

Women's High Jump

1	1	Abigael PETERSON	#4 Bridgewater Sta	1.70m	5-7	3/25
2	2	Jaidyn APPEL	#1 Tufts	1.68m	5-6	3/25
3	4	Serenity SANDS	#4 Bridgewater Sta	1.65m	5-5	3/17
4	17	Juliana PATRONE	#4 Bridgewater Sta	1.55m	5-1	3/25
4	17	Makany CAMARA	#10 Fitchburg State	1.55m	5-1	3/25
4	17	Isabel LLACH	#2 Colby	1.55m	5-1	3/24
7	34	Desiree ROBINSON	#15 Emmanuel (Mas)	1.53m	5-1/4	3/26
8	55	Nicole DIBENEDETTO	#12 Suffolk	1.50m	4-11	3/25
8	55	Brooke JANKOWSKI	#6 Babson	1.50m	4-11	3/25
10	75	Anna EVANS	#9 Univ. of New En	1.48m	4-10 1/4	3/26



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Women's Pole Vault

1	28	Nyla THOMPSON	#1	Tufts	3.25m	10-8	3/25
2	44	Smiley HUYNH	#7	Brandeis	3.10m	10-2	3/24
3	69	Amelie WICKHAM	#1	Tufts	2.99m	9-9¾	3/18
4	98	Molly HENNEGAN	#12	Suffolk	2.75m	9-¼	3/25
5		Paula SALAZAR	#15	Emmanuel (Mas	2.65m	8-8¾	3/26
6		Eleni CHRISTOPOULOS	#22	Wentworth (Mas	2.30m	7-6½	3/25

Women's Long Jump

1	24	Sara Maeve KLINGENSMITH	#5	Wellesley	5.18m	17-0 (0.0)	3/24
2	27	Alison MCDONOUGH	#4	Bridgewater Sta	5.16m	16-11¼ (0.	3/17
3	32	Jaidyn APPEL	#1	Tufts	5.10m	16-8¾ (-1.	3/18
4	35	Brooke JANKOWSKI	#6	Babson	5.07m	16-7¾ (-0.	3/18
5	40	Ashna KIRSHNAMURTHY	#6	Babson	5.05m	16-7 (0.0)	3/18
6	60	Jailene ESCALERA	#4	Bridgewater Sta	4.98mw	16-4¼ (2.1	3/25
7	68	Smiley HUYNH	#7	Brandeis	4.95m	16-3 (-0.2)	3/24
8		Sydni LEHR	#9	Univ. of New En	4.78mw	15-8¼ (3.2	3/26
9		Brooklyn GOFF	#21	Saint Joseph's (I	4.72m	15-6 (0.5)	3/25
10		Payton GOODWIN	#13	Husson	4.71m	15-5½ (0.0	3/10

Women's Triple Jump

1	10	Kassie BRINK	#2	Colby	10.95m	35-11¼ (0.	3/24
2	12	Ashna KIRSHNAMURTHY	#6	Babson	10.93m	35-10½ (-0	3/18
2	12	Shaniece NUGENT	#7	Brandeis	10.93m	35-10½ (-1	3/24
4	18	Jaidyn APPEL	#1	Tufts	10.84m	35-6¾ (0.4	3/25
5	32	Trista SICARD	#6	Babson	10.68m	35-½ (-1.9)	3/18
6	47	Isabel LLACH	#2	Colby	10.56m	34-7¾ (-0.	3/24
7	49	Maelynn UGOKWE	#1	Tufts	10.52m	34-6¼ (1.7	3/25
8	52	Tamia DUBIDAD	#1	Tufts	10.48m	34-4¾ (0.7	3/25
9	66	Abby MINOTT	#18	UMaine Farming	10.38mw	34-¾ (2.6)	3/26
10	68	Kirsten MAN	#7	Brandeis	10.35m	33-11½ (-1	3/24

Women's Shot Put

1	50	Mary DISANTO	#11	Thomas (Maine)	11.57m	37-11½	3/10
2	54	Shannon PARKS	#8	Keene State	11.53m	37-10	3/24
3	89	Cheyenne CAHILL	#9	Univ. of New En	10.97m	36-0	3/26
4	94	Tianna ROGERS	#3	Wheaton (Mass.)	10.92m	35-10	3/16
5		Savannah SOLEAU	#8	Keene State	10.87m	35-8	3/24
6		Ephemian BAILEY	#10	Fitchburg State	10.28m	33-8¾	3/25
7		Anika WAGNER	#3	Wheaton (Mass.)	10.19m	33-5¼	3/16
8		Amelia SOBIESKI	#3	Wheaton (Mass.)	10.08m	33-1	3/16
9		Chelsey COTE	#11	Thomas (Maine)	9.99m	32-9½	3/10
10		Elizabeth GRAHAM	#1	Tufts	9.88m	32-5	3/18
10		Megan FLETCHER	#13	Husson	9.88m	32-5	3/10

Women's Discus

1	60	Mary DISANTO	#11	Thomas (Maine)	35.88m	117-9	3/10
2	77	Emily DOYLE	#5	Wellesley	35.11m	115-2	3/24
3		Savannah SOLEAU	#8	Keene State	33.70m	110-7	3/24
4		Lily MCDOWELL	#3	Wheaton (Mass.)	33.32m	109-4	3/16
5		Shannon PARKS	#8	Keene State	32.84m	107-9	3/24
6		Mary MEAGHER	#8	Keene State	32.03m	105-1	3/24
7		Ephemian BAILEY	#10	Fitchburg State	31.28m	102-8	3/25
8		Kassidy PLUMMER	#9	Univ. of New En	31.08m	102-0	3/26
9		Amelia SOBIESKI	#3	Wheaton (Mass.)	30.51m	100-1	3/16
10		Chelsey COTE	#11	Thomas (Maine)	30.03m	98-6¼	3/10

Women's Hammer

1	12	Shannon PARKS	#8	Keene State	46.30m	151-11	3/24
2	36	Amelia SOBIESKI	#3	Wheaton (Mass.)	42.91m	140-10	3/16
3	49	Anika WAGNER	#3	Wheaton (Mass.)	41.91m	137-6	3/16
4	58	Elizabeth GRAHAM	#1	Tufts	41.31m	135-7	3/25
5		Ashley GARVEY	#4	Bridgewater Sta	38.65m	126-10	3/25
6		Emily HARGREAVES	#18	UMaine Farming	38.37m	125-11	3/26
7		Tianna ROGERS	#3	Wheaton (Mass.)	36.94m	121-3	3/16
8		Anastazia COPELAND	#20	Regis (Mass.)	36.50m	119-9	3/25
9		Kaylee BECK	#19	Framingham Sta	35.82m	117-6	3/25
10		Madeline WALTERS	#1	Tufts	34.90m	114-6	3/18

Women's Javelin

1	3	Riley SANDERSON	#16	Worcester State	41.84m	137-3	3/25
2	27	Julia RENY	#11	Thomas (Maine)	36.47m	119-8	3/10
3	35	Sarah LAVITA	#9	Univ. of New En	36.21m	118-10	3/26
4	44	Savannah SOLEAU	#8	Keene State	35.34m	116-0	3/24
5	52	Emily DOYLE	#5	Wellesley	34.16m	112-1	3/24
6	58	Monica MCLAUGHLIN	#24	UMaine Presque	33.51m	109-11	3/25
7	68	Leah DICKMAN	#3	Wheaton (Mass.)	32.64m	107-1	3/16
8		Amelia SOBIESKI	#3	Wheaton (Mass.)	30.87m	101-4	3/16
9		Olivia NICHOLSON	#12	Suffolk	30.28m	99-4¼	3/25
10		Mary MEAGHER	#8	Keene State	30.15m	98-11	3/24



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Great Lakes

Women's 100 Meters

1	9	Sara SCHERMERHORN	#1	Hope	12.17	(1.4)	3/17
2	19	Madjo DOUMBIA	#9	Centre	12.38	(0.7)	3/4
3	38	Addystin LYKINS	#7	Ohio Wesleyan	12.50	(-0.6)	3/24
4	46	Avery CAMPBELL	#6	Albion	12.57w	(2.8)	3/3
5	58	Kymiah BLAIR	#12	Berea (Ky.)	12.62	(0.7)	3/4
6	69	Grace BEHRENS	#1	Hope	12.69	(1.8)	3/24
7	75	Jada STANSBERRY		Anderson (Ind.)	12.73	(-0.4)	3/25
8	82	Mihaela TOADER	#3	Allegheny (Pa.)	12.78	(-5.3)	3/24
9	87	Jessica KLONOWSKI	#14	Baldwin Wallace	12.80	(-0.6)	3/24
10	90	Zaleeya MARTIN	#11	Hanover	12.81	(-0.4)	3/25

Women's 100 Meter Hurdles

1	8	Narindwa SEMAKULA	#17	Rose-Hulman	14.86w	(2.1)	3/24
2	22	Nayaisha EDMOND	#6	Albion	15.25w	(2.4)	3/3
3	41	Lexi WACHTMAN	#15	Heidelberg	15.69w	(2.1)	3/16
4	46	Mary SIRIOS	#16	Wooster	15.79w	(2.1)	3/16
5	52	Brynn MERICLE	#4	Trine	15.93	(-0.9)	3/24
6	54	Clare MACKIN	#16	Wooster	15.95w	(2.1)	3/16
7	59	Grace MISIUNAS	#2	Case Western Re	16.00	(0.8)	3/24
8	64	Melina MANGINO	#3	Allegheny (Pa.)	16.13	(1.3)	3/24
8	64	Clara SYMINGTON	#22	Franciscan	16.13	(-0.5)	3/25
10	73	Olivia BEAN	#15	Heidelberg	16.30w	(3.2)	3/16

Women's 200 Meters

1	3	Sara SCHERMERHORN	#1	Hope	24.88w	(2.7)	3/24
2	13	Kymiah BLAIR	#12	Berea (Ky.)	25.20w	(2.6)	3/4
3	19	Madjo DOUMBIA	#9	Centre	25.50w	(2.6)	3/4
4	24	Avery CAMPBELL	#6	Albion	25.56w	(2.4)	3/3
5	42	Tymeerah DE'ARMOND	#20	Wittenberg	25.96	(0.7)	3/25
6	46	Grace BEHRENS	#1	Hope	26.02	(0.7)	3/24
7	49	Mihaela TOADER	#3	Allegheny (Pa.)	26.07	(-2.7)	3/24
8	76	Helen DODGE	#1	Hope	26.40w	(2.1)	3/24
9	80	Jada STANSBERRY		Anderson (Ind.)	26.45	(-3.6)	3/25
10	98	Mackenzie MILLER	#4	Trine	26.59	(1.6)	3/24

Women's 400 Meters

1	5	Mihaela TOADER	#3	Allegheny (Pa.)	57.65		3/24
2	11	Grace BEHRENS	#1	Hope	58.75		3/24
3	19	Abby COLLIER	#14	Baldwin Wallace	59.40		3/24
4	36	Sophia ELLERKMANN	#8	Denison	---		3/24
5	50	Averi WALLACE	#19	Muskingum	1:00.54		3/24
6	72	Danielle SARNO	#2	Case Western Re	1:01.22		3/24
7	81	Julie TIMPERMAN	#1	Hope	1:01.41		3/24
8	91	Anaya JOLIVETTE	#8	Denison	1:01.55		3/24
9	92	Melanie TAYLOR	#2	Case Western Re	1:01.61		3/24
10		Tymeerah DE'ARMOND	#20	Wittenberg	1:02.33		3/25

Women's 400 Meter Hurdles

1	27	Rosie MURRAY	#13	John Carroll	1:07.82		3/24
2	28	Aliisa JAMES	#7	Ohio Wesleyan	1:07.83		3/24
3	48	Adrianne JACKSON	#4	Trine	1:09.23		3/24
4	59	Becca SANTOM	#5	Mount Union	1:09.66		3/24
5	63	Julia HENDERSON	#5	Mount Union	1:09.89		3/24
6	82	Renee TETLOW	#3	Allegheny (Pa.)	1:10.99		3/24
7	84	Maria PARACAMPOS DA CUNHA	#18	Capital	1:11.23		3/24
8	95	Aumrie WEISS	#4	Trine	1:11.68		3/24
9	98	Elliana JOHNSON	#1	Hope	1:11.70		3/17
10		Ashley KLOSTERMAN	#24	Mount St. Josep	1:11.99		3/17

Women's 800 Meters

1	16	Erin ANDERSON	#8	Denison	2:18.01		3/24
2	17	Ellie JANKOWSKI	#1	Hope	2:18.44		3/24
3	18	Melissa PHUNG	#2	Case Western Re	2:18.78		3/24
4	27	Grace JACKSON	#2	Case Western Re	2:19.80		3/24
5	39	Samantha SCHERMERHORN	#1	Hope	2:20.58		3/24
6	40	Olivia QUILLEN	#1	Hope	2:20.62		3/24
7	42	Megan WERTZ	#5	Mount Union	2:20.89		3/24
8	46	Jessica KWASNY	#2	Case Western Re	2:21.41		3/17
9	48	Danielle SARNO	#2	Case Western Re	2:21.57		3/24
10	54	Celia COCCA	#3	Allegheny (Pa.)	2:21.96		3/24

Women's 1500 Meters

1	15	Brittany MCCAULEY	#5	Mount Union	4:42.99		3/24
2	17	Megan WERTZ	#5	Mount Union	4:44.36		3/24
3	21	Ellie JANKOWSKI	#1	Hope	4:44.77		3/24
4	47	Olivia QUILLEN	#1	Hope	4:49.00		3/24
5	56	Grace JACKSON	#2	Case Western Re	4:50.48		3/24
6	60	Lauren IAGNEMMA	#2	Case Western Re	4:51.41		3/24
7	69	Nelly STAFFORD	#3	Allegheny (Pa.)	4:51.96		3/24
8	70	Maddy STRUCK	#1	Hope	4:51.99		3/24
9	83	Anna MASON	#1	Hope	4:54.67		3/24
10	92	Meghan OWENS	#9	Centre	4:55.93		3/25

Women's Steeplechase

1	21	Maddy STRUCK	#1	Hope	11:54.52		3/17
2	23	Jennifer MASSUCCI	#13	John Carroll	11:58.20		3/24
3	27	Marrin CRIST	#3	Allegheny (Pa.)	12:04.75		3/24
4	38	Kennedy KUHLMANN	#1	Hope	12:19.66		3/17
5	45	Madison LINDFELT	#17	Rose-Hulman	12:29.20		3/24
6	49	Abbey PETERS	#23	Olivet	12:32.98		3/24
7	51	Laura TAYLOR	#1	Hope	12:33.11		3/17
8	61	Katie COLE	#1	Hope	12:47.53		3/17
9	67	Rachel WALTERS	#3	Allegheny (Pa.)	12:55.24		3/24
10	71	Jaelyn JAQUAY	#14	Baldwin Wallace	12:59.80		3/24



USTFCCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #1, March 27

as of 3/27/2023 7:28:25 AM

Great Lakes

Women's 5000 Meters

1	7	Megan AARON	#3	Allegheny (Pa.)	17:42.70	3/24
2	28	Rebecca MARKHAM	#1	Hope	18:03.64	3/17
3	30	Sophie BOULDIN	#9	Centre	18:06.23	3/4
4	32	Anna MASON	#1	Hope	18:07.27	3/17
5	34	Claire WALTERS	#22	Franciscan	18:10.38	3/25
6	35	Olivia QUILLEN	#1	Hope	18:10.44	3/17
7	50	Leuca HANISH	#3	Allegheny (Pa.)	18:24.88	3/24
8	51	Macy MCADAMS	#19	Muskingum	18:25.80	3/24
9	59	Catherine PHILLIPS	#2	Case Western Re	18:30.59	3/17
10	77	Gianini VENUTO	#5	Mount Union	18:46.95	3/24

Women's 10,000 Meters

1	1	Anastasia TUCKER	#1	Hope	34:24.97	3/23
2	19	Noelle LOLLER		Anderson (Ind.)	39:34.07	3/25
3	24	Janie DEGROOT	#1	Hope	40:04.37	3/17
4	25	Vanessa SHANAMAN	#15	Heidelberg	40:07.95	3/16
5	31	Ellie CODERRE	#1	Hope	40:32.13	3/17
6	78	Claire VELLINGA	#1	Hope	43:44.47	3/17
7	97	Leslie ESTRADA	#12	Berea (Ky.)	49:26.63	3/25

Women's 4x100 Relay

1	7	Ava SCHMIDT, Grace BEHRENS, Helen DODGE, Sara SCHERMERHORN	#1	Hope	48.34	3/24
2	22	Nayaisha EDMOND, Lauren MCDOWELL, Becca ROSS, Avery CAMPBELL	#6	Albion	49.69	3/3
3	33	Julia HURD, Abby COLLIER, Olivia BRADLEY, Morgan ALOI	#14	Baldwin Wallace	50.27	3/24
4	46	Mackenzie MILLER, Emma FORKER, Malena RICKS, Brynn MERICLE	#4	Trine	50.72	3/24
5	49	Jakeisha LEWIS, Kymiah BLAIR, Anita CHUKWU, Angel PATTERSON	#12	Berea (Ky.)	51.13	3/4
6	53	Hailei HAYNES, Ashanti ELKINS, Shyla PEMBERTON, Lisa-Maria MARKAU		Defiance	51.28	3/25
7	59	Liberty BUNTING, Kilikina SCHULTZ, Briana ROWE, Emily FIESELER	#19	Muskingum	52.03	3/24
7	59	Ericka BIGHAM, Andrea TAGHON, Victoria GOTAAS, Helena SNYDER	#25	Alma	52.03	3/24
9	62	Hanna BAUER, Cece SAMUELS, Maria DA CUNHA, Larissa AGBOR-NKONGHO	#18	Capital	52.26	3/17
10	72	Maddie SUNDQUIST, Olivia BEAN, Claire ST. BERNARD, Lexi WACHTMAN	#15	Heidelberg	53.42	3/16



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Great Lakes

Women's 4x400 Relay

1	3	Julie TIMPERMAN, Sara SCHERMERHORN, Samantha SCHERMERHORN, Grace BEHRENS	#1 Hope	3:59.23	3/17
2	21	Sophia ELLERKMANN, Erin ANDERSON, Lillian WALLACE-LARKIN, Erin MAYLE	#8 Denison	4:08.47	3/24
3	33	Kristin FISCHLI, Jerneisha LEWIS, Kymiah BLAIR, Madison STONESTREET	#12 Berea (Ky.)	4:11.72	3/4
4	34	Haley BLOOM, Claudia PARTIDGE, Isabella COZZIE, Athena THARENOS	#16 Wooster	4:12.05	3/16
5	58	Aliisa JAMES, Addystin LYKINS, McKenna DOWNING, Siarra HOOVER	#7 Ohio Wesleyan	4:20.31	3/24
6	60	Hannah DRISCOLL, Grace JACKSON, Jessica KWASNY, Melanie TAYLOR	#2 Case Western Re	4:21.96	3/24
7	67	Rachel BOLLO, Brooke HAMILTON, Josey JOHNSON, Angela MAIO	#10 Otterbein	4:23.65	3/24
8	71	Kristin BAKER, Emily WAHL, Brynn MERICLE, Adrienne JACKSON	#4 Trine	4:24.99	3/24
9	72	Ericka BIGHAM, Andrea TAGHON, Victoria GOTAAS, Cornelia GOTAAS	#25 Alma	4:25.82	3/24
10	74	Renee TETLOW, Celia COCCA, Nelly STAFFORD, Logan WAGNER	#3 Allegheny (Pa.)	4:29.67	3/24

Women's High Jump

1	7	Emma KLOSTERMAN	#10 Otterbein	1.61m	5-3¼	3/24
2	10	Claudia PARTIDGE	#16 Wooster	1.58m	5-2¼	3/16
3	14	Peyton HOWELL	#7 Ohio Wesleyan	1.56m	5-1¼	3/24
4	17	Taylor ROARK	Transylvania	1.55m	5-1	3/25
4	17	Natalie CHRISTNAGEL	#1 Hope	1.55m	5-1	3/24
6	34	Drew PATTERSON	#16 Wooster	1.53m	5-¼	3/16
7	51	Madison MANNIS	#7 Ohio Wesleyan	1.51m	4-11½	3/24
7	51	Mia VARGO	#2 Case Western Re	1.51m	4-11½	3/24
9	55	Helena SNYDER	#25 Alma	1.50m	4-11	3/24
9	55	Allison SCHRAM	#1 Hope	1.50m	4-11	3/24
9	55	Alison MUCK	Franklin	1.50m	4-11	3/25

Women's Pole Vault

1	1	Peyton PROFFITT	#10 Otterbein	4.00m	13-1½	3/24
2	5	Emily THOMPSON	#21 Marietta	3.67m	12-½	3/24
3	12	Bri AVENI	#5 Mount Union	3.52m	11-6½	3/24
4	22	Caroline BEERY	#13 John Carroll	3.37m	11-¾	3/24
5	24	Gabby JOLLIFF	#23 Olivet	3.30m	10-9¾	3/24
6	28	Victoria ZHAO	#2 Case Western Re	3.25m	10-8	3/24
7	38	Cate GAGNIER	#8 Denison	3.15m	10-4	3/24
7	38	Tiffany HIX	#20 Wittenberg	3.15m	10-4	3/25
9	44	Shelby COOPER	#2 Case Western Re	3.10m	10-2	3/24
10	51	Meredith GLAVACH	#13 John Carroll	3.07m	10-¾	3/24
10	51	Alison LOASE	#21 Marietta	3.07m	10-¾	3/24

Women's Long Jump

1	11	Lauren MCDOWELL	#6 Albion	5.39m	17-8¼ (0.5)	3/3
2	13	Lauren RONCONE	#5 Mount Union	5.37m	17-7½ (0.0)	3/24
3	17	Emma FORKER	#4 Trine	5.28m	17-4 (0.7)	3/24
4	19	Olivia BEAN	#15 Heidelberg	5.25m	17-2¾ (1.7)	3/16
5	32	Lexi WACHTMAN	#15 Heidelberg	5.10m	16-8¾ (0.0)	3/16
6	47	Emma KLOSTERMAN	#10 Otterbein	5.02m	16-5¾ (-0.)	3/24
7	50	Ariana COLEMAN	#15 Heidelberg	5.01mw	16-5¼ (3.3)	3/16
8	83	Helen DODGE	#1 Hope	4.89m	16-½ (1.6)	3/24
9	96	Stefany SPARKS	#8 Denison	4.82m	15-9¾ (1.0)	3/24
10	1E+0:	Elliana JOHNSON	#1 Hope	4.81m	15-9½ (2.0)	3/24
10	1E+0:	Veronica HARDMAN	#7 Ohio Wesleyan	4.81m	15-9½ (0.0)	3/24

Women's Triple Jump

1	14	Sarah OZEKI	#2 Case Western Re	10.91mw	35-9½ (3.0)	3/17
2	46	Emily HOPKINS	#2 Case Western Re	10.58m	34-8½ (-1.)	3/24
3	54	Shelby SMITH	#9 Centre	10.47m	34-4¼ (0.0)	3/4
4	88	Rainer YAEGER	#8 Denison	10.18m	33-4¾ (-2.)	3/24
5		Jakeisha LEWIS	#12 Berea (Ky.)	10.04m	32-11¼ (0.)	3/4
6		Peyton SMITH	#6 Albion	10.00m	32-9¾ (-0.)	3/3
7		Charlie DOLLIVER	#10 Otterbein	9.90m	32-5¾ (0.2)	3/24
8		Claire LARGER	#18 Capital	9.72m	31-10¾ (-1)	3/24
9		Ireland NOWAK	#7 Ohio Wesleyan	9.71m	31-10¼ (-0)	3/24
10		Jacquelynn GRINNELL	#19 Muskingum	9.62m	31-6¾ (0.2)	3/24

Women's Shot Put

1	2	Ari MCPHETERS	#7 Ohio Wesleyan	13.24m	43-5¼	3/24
2	6	Greta ROBRAHN	#1 Hope	12.53m	41-1½	3/17
3	9	Jessie STENGER	#11 Hanover	12.42m	40-9	3/25
4	11	Emma MILLER	#3 Allegheny (Pa.)	12.41m	40-8¾	3/24
5	30	Tess ANTHONY	#6 Albion	11.86m	38-11	3/3
6	31	Adrienne WACHTMAN	#2 Case Western Re	11.83m	38-9¾	3/24
6	31	Madelyn SUMMERS	#4 Trine	11.83m	38-9¾	3/24
8	33	Jessica BECKMAN	#11 Hanover	11.81m	38-9	3/25
9	34	Lauren FOUTCH	#9 Centre	11.80m	38-8¾	3/4
10	39	Chloe BARD	#4 Trine	11.70m	38-4¾	3/24



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Great Lakes

Women's Discus

1	4	Jessie STENGER	#11	Hanover	40.94m	134-4	3/25
2	5	Sidney RAMBO	#5	Mount Union	40.93m	134-4	3/24
3	6	Jessica BECKMAN	#11	Hanover	40.89m	134-2	3/25
4	8	Kelsey DUNN	#13	John Carroll	40.71m	133-7	3/24
5	10	Brigid MACK	#22	Franciscan	40.50m	132-11	3/16
6	11	Sadie KNOTSMAN	#20	Wittenberg	40.40m	132-7	3/25
7	21	Greta ROBRAHN	#1	Hope	38.57m	126-7	3/24
8	24	Brooke HUFFMAN	#21	Marietta	38.40m	126-0	3/24
9	27	Adrienne WACHTMAN	#2	Case Western Re	38.27m	125-7	3/24
10	30	Tess ANTHONY	#6	Albion	37.98m	124-7	3/24

Women's Hammer

1	1	Brooke BUCKHANNON	#14	Baldwin Wallace	52.70m	172-11	3/24
2	4	Brooke HUFFMAN	#21	Marietta	49.66m	162-11	3/24
3	19	Amy POLLACK	#8	Denison	44.45m	145-10	3/24
4	21	Madelyn SUMMERS	#4	Trine	44.36m	145-7	3/24
5	24	Alexa POLING	#18	Capital	44.02m	144-5	3/24
6	29	Kylee SILVERMAN	#8	Denison	43.13m	141-6	3/24
7	31	Cameron WEBER	#17	Rose-Hulman	43.11m	141-5	3/25
8	32	Jessica BECKMAN	#11	Hanover	43.06m	141-3	3/25
9	33	Lauren FOUTCH	#9	Centre	43.02m	141-2	3/4
10	34	Tori COHEN	#2	Case Western Re	43.01m	141-2	3/17

Women's Javelin

1	9	Adrienne WACHTMAN	#2	Case Western Re	38.35m	125-10	3/17
2	16	Lauren ROSKUSZKA	#2	Case Western Re	37.64m	123-6	3/17
3	17	Aaliyah BRIGGS	#17	Rose-Hulman	37.57m	123-3	3/25
4	29	Aarika EDIGER	#1	Hope	36.40m	119-5	3/24
5	31	Meghan OWENS	#9	Centre	36.33m	119-3	3/25
6	37	Jill WILHELM	#24	Mount St. Josep	35.97m	118-0	3/25
7	53	Hope GOMEZ	#3	Allegheny (Pa.)	34.07m	111-10	3/17
8	61	Madalyn HUDNALL	#24	Mount St. Josep	33.19m	108-11	3/25
9	62	Evelyn UTLEY	#17	Rose-Hulman	33.16m	108-10	3/25
10	71	Reese RECKER	#15	Heidelberg	32.41m	106-4	3/16
10	71	Jessica BECKMAN	#11	Hanover	32.41m	106-4	3/25

Women's Heptathlon

1	10	Amanda RADKE	#10	Otterbein	2,922	3/16
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USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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Metro

Women's 100 Meters

1	73	Erin BUQUICCHIO	#2	TCNJ	12.72w	(2.4)	3/24
2	95	Jahsaiah MOSES	#7	Haverford	12.83	(0.0)	3/25
3		Chidimma IGWE	#8	Rutgers-Newark	12.91	(0.7)	3/25
4		Karla GOMEZ-MATOS	#2	TCNJ	12.95w	(2.8)	3/24
5		Erin PICKLO	#2	TCNJ	13.02w	(2.4)	3/24
6		Jalynn JUSTICE	#1	Rowan	13.10	(0.2)	3/17
7		Paris MOORE	#1	Rowan	13.12	(0.2)	3/17
8		Brya BYRD	#8	Rutgers-Newark	13.16w	(2.4)	3/16
9		Sanaa BRODIE	#8	Rutgers-Newark	13.33	(0.2)	3/25
10		Samantha ELOY	#1	Rowan	13.47	(0.7)	3/17

Women's 100 Meter Hurdles

1	13	Nicole NOTARANNI	#1	Rowan	15.10w	(3.5)	3/17
2	63	Brya BYRD	#8	Rutgers-Newark	16.12	(1.5)	3/16
3	67	Kristen WILLIAMS	#11	Stevens	16.15	(1.3)	3/25
4	69	Gloria HUGHES	#1	Rowan	16.25w	(3.5)	3/17
5	83	Hannah SWALE	#9	Swarthmore	16.57	(0.7)	3/10
6	84	Carmelle ALEXIS	#8	Rutgers-Newark	16.58	(1.5)	3/16
7		Pearl OPAREBEA	#8	Rutgers-Newark	17.07w	(2.1)	3/16
8		Brianna FASOLI	#15	FDU Florham	17.75	(-3.9)	3/18
9		Sophia ZUO	#11	Stevens	17.90	(1.3)	3/25
10		Isabella KOWALSKI	#12	Arcadia	18.05	(0.9)	3/25

Women's 200 Meters

1	10	Jasmine BROADWAY	#1	Rowan	25.16	(1.1)	3/17
2	47	Nevaeh LORJUSTE	#1	Rowan	26.05	(1.1)	3/17
3	57	Krystle BOADI	#9	Swarthmore	26.14	(0.7)	3/10
4	64	Chidimma IGWE	#8	Rutgers-Newark	26.21	(-1.5)	3/16
5	71	Erin BUQUICCHIO	#2	TCNJ	26.33w	(2.2)	3/24
6	85	Paris MOORE	#1	Rowan	26.50w	(2.9)	3/17
7		Rebecca KNEPPEL	#13	Ramapo	26.62	(1.5)	3/25
8		Erin PICKLO	#2	TCNJ	26.68w	(3.1)	3/24
9		Crystal ROBINSON	#5	Moravian	27.00w	(3.9)	3/25
10		Jalynn JUSTICE	#1	Rowan	27.16	(1.0)	3/17

Women's 400 Meters

1	32	Olivia D'AULERIO	#7	Haverford	59.76		3/25
2	44	Paris MOORE	#1	Rowan	1:00.26		3/17
3	48	Abigail RADCLIFFE	#6	DeSales	1:00.49		3/24
4	60	Isabel THORNBERRY	#7	Haverford	1:00.88		3/25
5	62	Rebecca KNEPPEL	#13	Ramapo	1:00.89		3/25
6	95	Chidimma IGWE	#8	Rutgers-Newark	1:01.75		3/16
7		Emma CONROY	#3	Stockton	1:02.30		3/25
8		Barbara EXILUS	#13	Ramapo	1:02.90		3/25
9		Johanna SCHUBERT	#9	Swarthmore	1:03.53		3/10
9		Meredith YASKOVIC	#13	Ramapo	1:03.53		3/25

Women's 400 Meter Hurdles

1	5	Molly LODGE	#1	Rowan	1:04.46		3/17
2	26	Brya BYRD	#8	Rutgers-Newark	1:07.74		3/16
3	32	Emma PETROLIA	#3	Stockton	1:08.00		3/25
4	43	Alivia STOCKLIN	#1	Rowan	1:08.60		3/17
5	56	Sameerah KHAN	#2	TCNJ	1:09.53		3/24
6	57	Mahon MCCLENAHAN	#1	Rowan	1:09.61		3/17
7	72	Meredith O'DONNELL	#3	Stockton	1:10.41		3/25
8	86	Kaelin RYAN	#4	Ursinus	1:11.26		3/25
9	91	Sarah DOUGHERTY	#15	FDU Florham	1:11.46		3/18
10		Ellie HALLMAN	#3	Stockton	1:15.62		3/25

Women's 800 Meters

1	66	Kelly O'GRADY	#2	TCNJ	2:23.29		3/24
2		Courtney HUMPHREYS	#21	Neumann	2:25.37		3/25
3		Olivia MONTINI	#9	Swarthmore	2:26.10		3/10
4		Erin HANLON	#2	TCNJ	2:26.25		3/24
5		Rachel BYRNE	#5	Moravian	2:27.09		3/25
6		Grace CURNOW	#12	Arcadia	2:28.11		3/25
7		Rachel ROUSE	#11	Stevens	2:28.40		3/25
8		Hailey SHREFFLER	#10	Eastern (Pa.)	2:29.12		3/18
9		Olivia SHAFER	#1	Rowan	2:29.60		3/17
10		Dominique MONROY	#7	Haverford	2:29.90		3/25

Women's 1500 Meters

1		Quinn BASEWITZ	#9	Swarthmore	4:57.59		3/10
2		Katherine HIRSCHKE	#7	Haverford	5:00.96		3/25
3		Jessie KLENK	#3	Stockton	5:05.94		3/25
4		Sha'Lynn CLARKE	#1	Rowan	5:06.94		3/17
5		Olivia SHAFER	#1	Rowan	5:08.28		3/17
6		Micah GORDLEY	#12	Arcadia	5:08.83		3/25
7		Hailey SHREFFLER	#10	Eastern (Pa.)	5:09.03		3/25
8		Tara SMURLA	#5	Moravian	5:09.14		3/25
9		Molly BOSSDORF	#2	TCNJ	5:09.83		3/24
10		Madelyn VALASEK	#3	Stockton	5:11.00		3/25

Women's Steeplechase

1	25	Haley ESTUS	#6	DeSales	12:01.49		3/24
2	36	Amber PONIATERA	#5	Moravian	12:15.34		3/25
3	80	Hannah KOLONOSKI	#5	Moravian	13:29.20		3/25
4	87	Grace TIRABASSI	#5	Moravian	13:46.36		3/25
5		Emma GARCHINSKY	#5	Moravian	16:13.42		3/25



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Metro

Women's 5000 Meters

1	19	Rachel CONHOFF	#4	Ursinus	17:58.31	3/25
2	31	Amelia SMITH	#6	DeSales	18:07.11	3/24
3	39	Holly CHAMBERS	#4	Ursinus	18:13.28	3/25
4	74	Samantha GRUBB	#4	Ursinus	18:44.66	3/25
5	98	Cameron WRIGHT	#1	Rowan	18:59.90	3/17
6		Katelyn BERNOTAS	#20	Widener	19:09.84	3/25
7		Mia SIDERIS	#4	Ursinus	19:13.49	3/25
8		Anna SASSE	#1	Rowan	19:15.56	3/17
9		Ryann WAUTHIER	#4	Ursinus	19:18.81	3/25
10		Lauren KITAY	#14	Bryn Mawr	19:19.03	3/25

Women's 10,000 Meters

1	96	Julie BARRETT	#6	DeSales	48:26.47	3/24
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Women's 4x100 Relay

1	36	Jahsaiah MOSES, Olivia D'AULERIO, Ally LANDAU, Kayla ROBINSON	#7	Haverford	50.39	3/25
2	67	Selene GUNER, Zahkyrah CATER, Carmelle ALEXIS, Sanaa BRODIE	#8	Rutgers-Newark	52.61	3/25
3	71	Kaylee APPLE, Ashanae MORRISON, Khristina WASHINGTON, Ellie HALLMAN	#3	Stockton	53.12	3/25
4	83	Kimberly ALVAREZ, Faith GILLIN, Peyton HAYS, Mary STEINBICKER	#17	Immaculata	54.36	3/25
5	95	Jada HILL, Bianca BURKE, Reyniyah ROGERS-CARTER, Brianna FASOLI	#15	FDU Florham	57.95	3/25
6	97	Zaria NEPTUNE, Peta-Gay HUNTER, Tamicia SYLVESTER, Emmaly MERCED	#22	York (N.Y.)	1:01.27	3/25

Women's 4x400 Relay

1	16	Kelly O'GRADY, Erin BUQUICCHIO, Sameerah KHAN, Erin HANLON	#2	TCNJ	4:07.15	3/24
2	24	Gbarper DWAH, Meredith YASKOVIC, Barbara EXILUS, Kacy EWING	#13	Ramapo	4:09.09	3/25
3	43	Olivia D'AULERIO, Abby RYAN, Isabel THORNBERRY, Rachel NOVEMBER	#7	Haverford	4:15.71	3/25
4	63	Paris MOORE, Brooke DRIVER, Alivia STOCKLIN, Gabriella PAGANO	#1	Rowan	4:22.51	3/17
5	91	Kimberly ALVAREZ, Faith GILLIN, Catherine HAAS, Mary STEINBICKER	#17	Immaculata	4:43.94	3/25
6	99	Brya BYRD, Brooke BACHIA, Carmelle ALEXIS, Zahkyrah CATER	#8	Rutgers-Newark	4:59.48	3/25
7		Peta-Gay HUNTER, Emmaly MERCED, Zaria NEPTUNE, Tamicia SYLVESTER	#22	York (N.Y.)	5:26.50	3/25

Women's High Jump

1	34	Emily TRELSTAD	#9	Swarthmore	1.53m	5-1/4	3/10
2	55	Sarah SCEPKOWSKI	#2	TCNJ	1.50m	4-11	3/24
3	75	Hannah SWALE	#9	Swarthmore	1.48m	4-10 1/4	3/10
4	87	Margaret HARDIGG	#14	Bryn Mawr	1.47m	4-9 3/4	3/25
5		Kayley HARNETT	#2	TCNJ	1.45m	4-9	3/24
6		Rachel WRIGHT	#1	Rowan	1.43m	4-8 1/4	3/17
7		Jessica JOHNSON	#14	Bryn Mawr	1.42m	4-7 3/4	3/25
7		Amanda TRASKA	#4	Ursinus	1.42m	4-7 3/4	3/25
9		Aliya NAGBE	#10	Eastern (Pa.)	1.36m	4-5 1/2	3/18
10		Maya ROSADO	#3	Stockton	1.32m	4-4	3/25

Women's Pole Vault

1	38	Aliza WHITE-VEGA	#10	Eastern (Pa.)	3.15m	10-4	3/18
2	53	Emma MELE	#6	DeSales	3.05m	10-0	3/24
2	53	Paige CARPENTER	#10	Eastern (Pa.)	3.05m	10-0	3/25
4	81	Julia DAKWAR	#2	TCNJ	2.90m	9-6 1/4	3/24
5	98	Sophie SPRINGER	#9	Swarthmore	2.75m	9-1/4	3/10
5	98	Juniper BAUROTH- SHERMAN	#4	Ursinus	2.75m	9-1/4	3/25
7		Alice CREED	#7	Haverford	2.60m	8-6 1/4	3/25
8		Marissa DOUGHER	#12	Arcadia	2.20m	7-2 1/2	3/25
8		Anjali CHANDRASEKHAR	#11	Stevens	2.20m	7-2 1/2	3/25



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Metro

Women's Long Jump

1	66	Emma PETROLIA	#3	Stockton	4.96m	16-3¼ (2.0)	3/25
2	83	Megan BRUBAKER	#6	DeSales	4.89m	16-½ (0.0)	3/24
3	85	Khristina WASHINGTON	#3	Stockton	4.88m	16-¼ (1.4)	3/25
4	90	Jessica JOHNSON	#14	Bryn Mawr	4.84m	15-10½ (-0)	3/25
5	96	Divora BEKELE	#10	Eastern (Pa.)	4.82mw	15-9¾ (2.6)	3/18
6		Sarah SCEPKOWSKI	#2	TCNJ	4.62mw	15-2 (3.2)	3/24
7		Ella SANTORO	#11	Stevens	4.59m	15-¾ (2.0)	3/25
7		Gianna MALLEE	#12	Arcadia	4.59m	15-¾ (1.4)	3/25
9		Jalynn JUSTICE	#1	Rowan	4.50m	14-9¼ (0.0)	3/17
10		Mikailia DONMOYER	#6	DeSales	4.48m	14-8½ (0.0)	3/24

Women's Triple Jump

1	49	Zoe IOVINO	#2	TCNJ	10.52mw	34-6¼ (2.8)	3/24
2	54	Divora BEKELE	#10	Eastern (Pa.)	10.47mw	34-4¼ (2.8)	3/18
3	86	Alexandra HAEFELE	#5	Moravian	10.19m	33-5¼ (1.4)	3/25
4		Mikailia DONMOYER	#6	DeSales	10.06m	33-¼ (0.3)	3/24
5		Shanice WILLIAMS	#18	Muhlenberg	9.70mw	31-10 (3.7)	3/25
6		Ariel STANALONIS	#6	DeSales	8.88m	29-1¾ (0.1)	3/24

Women's Shot Put

1	12	Shahyan ABRAHAM	#3	Stockton	12.35m	40-6¼	3/25
2	14	Isabelle DEAL	#4	Ursinus	12.32m	40-5	3/25
3	40	Kerri MCCARTHY	#2	TCNJ	11.69m	38-4¼	3/24
4	73	Jessica REILLY	#2	TCNJ	11.20m	36-9	3/24
5	77	Tate GARCIA	#9	Swarthmore	11.10m	36-5	3/10
6	88	Emily GALVIN	#1	Rowan	10.99m	36-¾	3/17
7	94	Alexia BEY	#1	Rowan	10.92m	35-10	3/17
8		Hannah BIERLING	#4	Ursinus	10.53m	34-6¾	3/25
9		Kayla ROBINSON	#7	Haverford	10.52m	34-6¼	3/25
10		Jacqueline ALLEN	#4	Ursinus	10.49m	34-5	3/25

Women's Discus

1	1	Isabelle MECKES	#6	DeSales	44.81m	147-0	3/24
2	33	Michaela POMATTO	#3	Stockton	37.75m	123-10	3/25
3	58	Ashley MULIAWAN	#11	Stevens	35.89m	117-9	3/25
4	88	Jessica REILLY	#2	TCNJ	34.55m	113-4	3/24
5		Shahyan ABRAHAM	#3	Stockton	33.55m	110-1	3/25
6		Isabel RODRIGUEZ	#20	Widener	33.43m	109-8	3/25
7		Caillie FISH	#5	Moravian	32.67m	107-2	3/25
8		Kelsee SCHOUPE	#19	Cedar Crest	32.33m	106-1	3/24
9		Margie RAYNE	#5	Moravian	31.34m	102-10	3/25
10		Erin HENDERSHOT	#4	Ursinus	30.56m	100-3	3/25

Women's Hammer

1	2	Emily GALVIN	#1	Rowan	52.17m	171-2	3/17
2	3	Emily HILT	#16	Rutgers-Camden	50.22m	164-9	3/25
3	17	Alexis MARINI	#16	Rutgers-Camden	45.14m	148-1	3/25
4	40	Shahyan ABRAHAM	#3	Stockton	42.78m	140-4	3/25
5	51	Alexia BEY	#1	Rowan	41.87m	137-5	3/17
6	60	AnaMaria LACCETTI	#11	Stevens	41.27m	135-5	3/25
7	82	Faith REMIAS	#8	Rutgers-Newark	39.65m	130-1	3/16
8	92	Kerri MCCARTHY	#2	TCNJ	39.27m	128-10	3/24
9		Emily DISZLER	#2	TCNJ	38.25m	125-6	3/24
10		Quamora PROCTOR	#3	Stockton	38.01m	124-9	3/25

Women's Javelin

1	6	Isabelle DEAL	#4	Ursinus	39.70m	130-3	3/25
2	77	Morgan FARRELL	#3	Stockton	31.96m	104-10	3/25
3	80	Lily LORIO	#2	TCNJ	31.85m	104-6	3/24
4	83	Katya GALKOWSKI	#4	Ursinus	31.72m	104-1	3/25
5	90	Hannah BIERLING	#4	Ursinus	31.50m	103-4	3/25
6	98	Jess RODGERS	#1	Rowan	31.01m	101-9	3/17
7		Mia SANTANA	#13	Ramapo	30.29m	99-4½	3/25
8		Amanda ANTICO	#11	Stevens	30.23m	99-2¼	3/25
9		Sadie TRUBILLA	#19	Cedar Crest	29.95m	98-3¼	3/18
10		Emily TRELSTAD	#9	Swarthmore	29.74m	97-7	3/10



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Mid-Atlantic

Women's 100 Meters

1	20	Emma RUDOLPH	#2	Westminster (Pa	12.39w	(2.9)	3/16
2	31	Jessica FATIGAI	#2	Westminster (Pa	12.48w	(2.6)	3/25
3	49	Samantha GIORDANI	#1	Carnegie Mellon	12.58	(-5.3)	3/24
4	LE+0	Tahira BAKARE	#21	Goucher	12.85	(1.4)	3/17
5		Abby LIENHARD	#6	Franklin & Marsl	12.87	(1.8)	3/17
6		Karia FORVIL	#12	Salisbury	12.88w	(2.9)	3/16
7		Mia HILL	#12	Salisbury	12.94w	(2.9)	3/4
8		Madison CONLEY	#2	Westminster (Pa	13.04	(-1.0)	3/25
9		Tatum EVANS	#6	Franklin & Marsl	13.23	(1.8)	3/17
9		Breannnda DAVIS	#2	Westminster (Pa	13.23	(-1.0)	3/25

Women's 100 Meter Hurdles

1	26	Carlee DOMKE	#11	Chatham	15.36	(1.3)	3/24
2	34	Leah BERGEY	#22	Lancaster Bible	15.53	(-1.0)	3/25
3	61	Katherine HENDERSON	#17	Waynesburg	16.05	(-0.5)	3/25
4	69	Claire MILLER	#5	Messiah	16.25w	(2.3)	3/10
5	76	Kara BROWN	#5	Messiah	16.45	(-0.6)	3/25
6		Naomi SWARTZBAUGH	#8	Geneva	16.92	(0.6)	3/10
7		Laura CARDONA	#10	Elizabethtown	16.94	(0.1)	3/24
8		Iniyaa MOHANRAJ	#1	Carnegie Mellon	17.12	(0.8)	3/24
9		Victoria ZULTEVICZ	#9	King's College (F	17.13	(-1.9)	3/24
10		Breannnda DAVIS	#2	Westminster (Pa	17.45w	(2.1)	3/16

Women's 200 Meters

1	17	Samantha GIORDANI	#1	Carnegie Mellon	25.49	(-2.7)	3/24
2	83	Jessica FATIGAI	#2	Westminster (Pa	26.47	(0.9)	3/25
3	94	Noelle GONZALEZ	#3	Scranton	26.55	(-0.6)	3/24
4		Mia HILL	#12	Salisbury	26.65	(-0.2)	3/16
5		Isabella RHEE	#1	Carnegie Mellon	26.73w	(2.9)	3/17
6		Abby LIENHARD	#6	Franklin & Marsl	26.85w	(2.1)	3/17
7		Elena VARGAS	#5	Messiah	26.90	(0.6)	3/10
8		Darrian BERKHEIMER	#16	Lebanon Valley	26.92	(-0.4)	3/25
9		Sonialys BADILLO	#13	Misericordia	27.13	(-3.8)	3/18
10		Halle JENNETT	#5	Messiah	27.22	(0.0)	3/25

Women's 400 Meters

1	4	Elizabeth BARRE	#1	Carnegie Mellon	57.63		3/24
2	24	Isabella RHEE	#1	Carnegie Mellon	59.47		3/24
3	68	Noelle GONZALEZ	#3	Scranton	1:01.05		3/24
4	85	Chloe YODER	#7	Susquehanna	1:01.48		3/24
5	87	Bre TRUSLER	#18	Washington & Je	1:01.49		3/25
6		Sydney DZENUTIS	#6	Franklin & Marsl	1:01.91		3/17
7		Kerrigan LEB0	#5	Messiah	1:02.27		3/25
8		Kendall SIRIGNANO	#11	Chatham	1:02.65		3/24
9		Hannah ALDERFER	#7	Susquehanna	1:02.91		3/24
10		Kristin GALLAGHER	#13	Misericordia	1:03.23		3/18

Women's 400 Meter Hurdles

1	6	Darya MIKUSOVA	#4	Dickinson	1:04.53		3/25
2	21	Carlee DOMKE	#11	Chatham	1:06.55		3/24
3	30	Lillian MORRELL	#14	Gettysburg	1:07.94		3/25
4	33	Breannnda DAVIS	#2	Westminster (Pa	1:08.07		3/25
5	69	Tatum EVANS	#6	Franklin & Marsl	1:10.18		3/25
6	74	Naomi SWARTZBAUGH	#8	Geneva	1:10.49		3/10
7	78	Alexa LOWE	#1	Carnegie Mellon	1:10.75		3/17
8	79	Clara BENNER	#5	Messiah	1:10.76		3/25
9	89	Allison SILVA	#1	Carnegie Mellon	1:11.38		3/17
10		Molly WHITE	#3	Scranton	1:12.04		3/24

Women's 800 Meters

1	19	Kavya TUMMALAPALLI	#1	Carnegie Mellon	2:18.88		3/17
2	23	Jacqueline LIU	#1	Carnegie Mellon	2:19.24		3/24
3	35	Mona YUAN	#1	Carnegie Mellon	2:20.48		3/24
4	38	Hailey CARROLL	#8	Geneva	2:20.56		3/24
5	50	Cassie CARR	#18	Washington & Je	2:21.73		3/24
6	52	Samantha HOFFMAN	#3	Scranton	2:21.87		3/24
7	71	Katelyn SCHOENER		Alvernia	2:23.84		3/24
8	78	Madison CASTRO	#8	Geneva	2:24.12		3/24
9	81	Carmen MEDVIT	#8	Geneva	2:24.21		3/24
10	86	Sydney DZENUTIS	#6	Franklin & Marsl	2:24.48		3/25

Women's 1500 Meters

1	42	Carmen MEDVIT	#8	Geneva	4:48.31		3/24
2	57	Kavya TUMMALAPALLI	#1	Carnegie Mellon	4:50.53		3/17
3	59	Margaret Ann HEALY	#1	Carnegie Mellon	4:50.87		3/17
4	63	Jacqueline LIU	#1	Carnegie Mellon	4:51.56		3/17
5	72	Mona YUAN	#1	Carnegie Mellon	4:52.22		3/17
6	77	Kristen SEBALLOS	#1	Carnegie Mellon	4:53.78		3/24
7	80	Samantha HOFFMAN	#3	Scranton	4:53.88		3/24
8	88	Katie ANTHONY	#5	Messiah	4:55.17		3/25
9	90	Madison CASTRO	#8	Geneva	4:55.34		3/10
10	91	Katelyn SCHOENER		Alvernia	4:55.72		3/24

Women's Steeplechase

1	16	Amiyah PRIEBE	#4	Dickinson	11:45.64		3/25
2	20	Ella LYLE	#15	Grove City	11:53.37		3/25
3	22	Milana STRAUB	#19	Marywood	11:55.75		3/18
4	29	Amanda ADDESSO	#14	Gettysburg	12:05.72		3/25
5	31	Carys COOK	#14	Gettysburg	12:09.38		3/25
6	35	Charlotte KRATOVL-LAVELLE	#4	Dickinson	12:14.95		3/25
7	37	Melissa FITZGIBBON	#10	Elizabethtown	12:18.73		3/24
8	40	Norah CZAJKA	#1	Carnegie Mellon	12:23.98		3/24
9	60	Kate HENDERSON	#6	Franklin & Marsl	12:45.98		3/25
10	82	Joula ANDERSON	#17	Waynesburg	13:34.15		3/25



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Mid-Atlantic

Women's 5000 Meters

1	3	Carmen MEDVIT	#8 Geneva	17:36.90	3/10
2	8	Clare ERWIN	#11 Chatham	17:43.05	3/24
3	18	Kate DICKOW	#5 Messiah	17:57.65	3/25
4	26	Claire ANDERSON	#18 Washington & Jefferson	18:02.21	3/24
5	36	Alyssa HOFFMAN	#1 Carnegie Mellon	18:11.59	3/24
6	43	Emily HOPKINS	#3 Scranton	18:18.03	3/24
7	45	Cassie CARR	#18 Washington & Jefferson	18:19.98	3/24
8	96	Lauryn MCKENNA	#1 Carnegie Mellon	18:57.39	3/24
9		Molly NEESON	#3 Scranton	19:11.58	3/24
10		Ali SCHUTTE	#5 Messiah	19:13.78	3/25

Women's 10,000 Meters

1	27	Kristen PRINCE	#23 Saint Vincent	40:19.36	3/25
2	34	Madison WEBBER	#10 Elizabethtown	40:50.12	3/24
3	37	Amanda KAUFFMAN	#10 Elizabethtown	41:11.31	3/24
4	43	Sarah KERN	#3 Scranton	41:27.93	3/24
5	45	Allyson WAGNER	#12 Salisbury	41:33.18	3/16
6	51	Kallan CARTER	#7 Susquehanna	41:49.43	3/24
7	57	Rachel ROBERTS	#12 Salisbury	42:02.01	3/16
8	61	Emma MYERS	#7 Susquehanna	42:20.90	3/24
9	69	Isabelle SMITH	#10 Elizabethtown	42:41.20	3/24
10	75	Emma O'TOOLE	#10 Elizabethtown	43:10.16	3/24

Women's 4x100 Relay

1	19	Anna GUMBY, Madison CONLEY, Emma RUDOLPH, Jessica FATIGATI	#2 Westminster (Pa.)	49.65	3/16
2	34	Darya MIKUSOVA, Sara PENUELA, Erin OLSAVSKY, Mariana PENUELA	#4 Dickinson	50.33	3/25
3	56	Tatum EVANS, Allison HUELBIG, Glory EDIOMA, Abby LIENHARD	#6 Franklin & Marshall	51.64	3/25
4	63	Karia FORVIL, Marlyse HAACK, Destinee EKANEM, Mia HILL	#12 Salisbury	52.42	3/16
5	75	Lauren DIOTTAVIO, Lillian BOUDREAU, Lola BALKCOM, Lilian MORRELL	#14 Gettysburg	53.63	3/25
6	76	Naomi SWARTZBAUGH, Anne HOLDEMAN, Emma PARNELL, Kendall SHAPORKA	#8 Geneva	53.66	3/25
7	80	Sydney HELLER, Elizabeth LIEB, Emma ROHN, Kara HUBER	#22 Lancaster Bible	54.15	3/25
8	87	Addie SNELL- OSTENDORF, Chay'La RIVERS, Fladaina BRUNO, Alana THOMPSON	#24 St. Mary's (Md.)	55.36	3/25
9	88	Melissa PATTON, Lucy STERN, Madison EISENHART, Trinity FAUPEL	#10 Elizabethtown	55.50	3/24
10	1E+00	Lucia JOHNSON, Alicia BORETTI, Sydney ANDREWS, Miranda GUTHRIE	#23 Saint Vincent	1:02.93	3/25



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Mid-Atlantic

Women's 4x400 Relay

1	29	Isabella RHEE, Emily LANNEN, Rhythm SATAV, Allison SILVA	#1	Carnegie Mellon	4:10.18	3/17
2	48	Lillian BOUDREAU, Julia WERT, Eliza HOOVER, Lilian MORRELL	#14	Gettysburg	4:16.92	3/25
3	56	Ashley NEWMAN, Chloe YODER, Liza LEVIN, Avery FRANCIS	#7	Susquehanna	4:19.91	3/24
4	59	Noelle GONZALEZ, Tasia MINIOTIS, Olivia MILLER, Ashley BENHAM	#3	Scranton	4:20.34	3/24
5	61	Sydney DZENUTIS, Emma KLINE, Tatum EVANS, Abby BACHMAN	#6	Franklin & Marshall	4:22.01	3/25
6	70	Claire MILLER, Natalie HAMLEN, Julia RICKARD, Elena VARGAS	#5	Messiah	4:24.40	3/10
7	75	Alana THOMPSON, Brittney DOUGLAS, Chay'La RIVERS, Dina JONES	#24	St. Mary's (Md.)	4:31.42	3/17
8	83	Ella BOOTHE, Maggie STAINS, Michaela ROSE, Cameron FRAME	#17	Waynesburg	4:34.21	3/25
9	85	Abbe KITCHIN, Emerlee SIMONS, Sara PENUELA, Darya MIKUSOVA	#4	Dickinson	4:34.84	3/25
10	86	Victoria WERT, Melissa PATTON, Axel GEORGIEFF, Laura CARDONA	#10	Elizabethtown	4:35.44	3/24

Women's High Jump

1	3	Aurielle BRUNNER	#11	Chatham	1.66m	5-5½	3/24
2	12	Breannnda DAVIS	#2	Westminster (Pa)	1.57m	5-1¾	3/25
3	14	Kaylee SUAREZ	#25	Thiel	1.56m	5-1¼	3/24
3	14	Casey ALLEN	#13	Misericordia	1.56m	5-1¼	3/18
5	45	Leah BIWOTT	#4	Dickinson	1.52m	4-11¾	3/25
5	45	Jocelynn ITTERLY	#10	Elizabethtown	1.52m	4-11¾	3/24
5	45	Katie BALLER	#15	Grove City	1.52m	4-11¾	3/25
8	51	Madison ARMITAGE	#9	King's College (F)	1.51m	4-11½	3/18
9	91	Lauren FRITZSCH	#13	Misericordia	1.46m	4-9½	3/18
9	91	Nevada GRANT	#11	Chatham	1.46m	4-9½	3/24
9	91	Melena KOUTCH	#16	Lebanon Valley	1.46m	4-9½	3/25

Women's Pole Vault

1	4	Emma RUDOLPH	#2	Westminster (Pa)	3.70m	12-1½	3/25
2	28	Sarah BOWER	#7	Susquehanna	3.25m	10-8	3/24
3	34	Madison CONLEY	#2	Westminster (Pa)	3.20m	10-6	3/25
4	44	Jo-Michelle HUCZKO	#1	Carnegie Mellon	3.10m	10-2	3/24
5	71	Victoria ZULTEVICZ	#9	King's College (F)	2.95m	9-8	3/18
5	71	Ally MANISCALCO	#3	Scranton	2.95m	9-8	3/24
7	81	Lauren KNAPP	#12	Salisbury	2.90m	9-6¼	3/16
7	81	Maddy TREHARN	#2	Westminster (Pa)	2.90m	9-6¼	3/16
7	81	Noelle CROWLEY	#5	Messiah	2.90m	9-6¼	3/25
7	81	Kara HUBER	#22	Lancaster Bible	2.90m	9-6¼	3/25

Women's Long Jump

1	3	Elizabeth BARRE	#1	Carnegie Mellon	5.52m	18-1½ (0.2)	3/24
2	6	Aurielle BRUNNER	#11	Chatham	5.44mw	17-10¼ (3)	3/17
3	19	Abby LIENHARD	#6	Franklin & Marshall	5.25m	17-2¾ (0.4)	3/25
4	50	Sara PENUELA	#4	Dickinson	5.01m	16-5¼ (0.1)	3/25
5	54	Carter HINTON-AYODELE	#21	Goucher	5.00m	16-5 (0.0)	3/17
6	57	Madelynn PERFILO	#9	King's College (F)	4.99mw	16-4½ (2.1)	3/18
7	60	Mia HILL	#12	Salisbury	4.98mw	16-4¼ (2.9)	3/16
8	66	Serena LI	#1	Carnegie Mellon	4.96m	16-3¼ (0.0)	3/17
9	76	Marlyse HAACK	#12	Salisbury	4.91mw	16-1½ (2.5)	3/4
10	90	Mariana PENUELA	#4	Dickinson	4.84m	15-10½ (0)	3/25
10	90	Samantha SHARROW	#3	Scranton	4.84m	15-10½ (1)	3/24
10	90	Emma PARNELL	#8	Geneva	4.84m	15-10½ (-1)	3/25

Women's Triple Jump

1	5	Aurielle BRUNNER	#11	Chatham	11.37m	37-3¾ (0.0)	3/24
2	20	Alexa LOWE	#1	Carnegie Mellon	10.82m	35-6 (1.0)	3/17
3	27	Elena VARGAS	#5	Messiah	10.74mw	35-3 (2.2)	3/10
4	29	Emma PARNELL	#8	Geneva	10.72mw	35-2 (2.1)	3/10
5	30	Carter HINTON-AYODELE	#21	Goucher	10.71m	35-1¾ (1.2)	3/17
6	39	Jocelyn KIEFEL	#1	Carnegie Mellon	10.65m	34-11¼ (0)	3/17
7	40	Breannnda DAVIS	#2	Westminster (Pa)	10.64m	34-11 (-0.3)	3/25
8	52	Gabriella CONFORTI	#9	King's College (F)	10.48mw	34-4¾ (2.1)	3/18
9	61	Marlyse HAACK	#12	Salisbury	10.42mw	34-2¼ (2.1)	3/4
10	91	Iniyaa MOHANRAJ	#1	Carnegie Mellon	10.15m	33-3¾ (0.0)	3/17

Women's Shot Put

1	4	Maggie BOYER	#7	Susquehanna	12.59m	41-3¾	3/24
2	8	Kathleen MONAHAN	#1	Carnegie Mellon	12.44m	40-9¾	3/17
3	18	Lexi SHIDERLY	#2	Westminster (Pa)	12.20m	40-½	3/25
4	19	Rosalyn PAGE	#19	Marywood	12.15m	39-10½	3/24
5	23	Brenna KARNISH	#13	Misericordia	12.12m	39-9¼	3/18
6	44	Brandy VARNER	#9	King's College (F)	11.62m	38-1½	3/24
7	60	Makenna PHILSON	#20	Bethany (W.Va.)	11.48m	37-8	3/10
8	89	Taylor SYMONETTE	#1	Carnegie Mellon	10.97m	36-0	3/17
9	91	Adele HOLLANDER	#9	King's College (F)	10.96m	35-11½	3/18
10		Ola OWODUNNI	#1	Carnegie Mellon	10.85m	35-7¼	3/24



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Mid-Atlantic

Women's Discus

1	63	Megan WISE	#15	Grove City	35.84m	117-7	3/25
2	68	DaniRae RENNO	#10	Elizabethtown	35.53m	116-7	3/24
3	69	Sarayne FORBES	#4	Dickinson	35.50m	116-6	3/25
4	75	Kathleen MONAHAN	#1	Carnegie Mellon	35.23m	115-7	3/17
5	81	Brandy VARNER	#9	King's College (F	34.97m	114-9	3/18
6	84	Makenze SPENCE	#16	Lebanon Valley	34.89m	114-6	3/25
7	96	Shelby RAMBO	#2	Westminster (Pa	34.21m	112-3	3/25
8	97	Alyssa BETZ	#16	Lebanon Valley	34.10m	111-11	3/25
9		Trinity SOTO	#10	Elizabethtown	33.48m	109-10	3/24
10		Alexandra FERRADOR	#3	Scranton	32.65m	107-2	3/24

Women's Hammer

1	7	Brenna KARNISH	#13	Misericordia	47.97m	157-5	3/18
2	14	Ashley BARTELS	#16	Lebanon Valley	45.89m	150-7	3/25
3	25	Jillian BARGER	#6	Franklin & Marshall	43.97m	144-3	3/17
4	30	Ola OWODUNNI	#1	Carnegie Mellon	43.12m	141-6	3/24
5	39	Kayla ROUNTREE	#1	Carnegie Mellon	42.83m	140-6	3/24
6	44	Kathleen MONAHAN	#1	Carnegie Mellon	42.52m	139-6	3/24
7	69	Anna BELLUCCI	#9	King's College (F	40.52m	132-11	3/24
8	74	Katelyn SHOEMAKER	#9	King's College (F	40.22m	132-0	3/18
9	75	Adele HOLLANDER	#9	King's College (F	40.21m	131-11	3/24
10	84	Trinity SOTO	#10	Elizabethtown	39.63m	130-0	3/24

Women's Javelin

1	5	Alexandra SNYDER	#13	Misericordia	39.80m	130-7	3/18
2	18	Grace TICE	#20	Bethany (W.Va.)	37.45m	122-11	3/10
3	19	Leah ZAMBETTI	#19	Marywood	37.31m	122-5	3/18
4	22	Katelyn SHOEMAKER	#9	King's College (F	36.87m	121-0	3/24
5	28	Erin MILLER	#10	Elizabethtown	36.43m	119-6	3/24
6	39	Ainslee BINKLEY	#7	Susquehanna	35.85m	117-8	3/24
7	48	Delaynee MCLEOD	#7	Susquehanna	34.71m	113-11	3/24
8	49	Holly FERRARA	#14	Gettysburg	34.63m	113-8	3/25
9	50	Megan BARRY	#17	Waynesburg	34.47m	113-1	3/25
10	56	Rachel BRADY	#2	Westminster (Pa	33.93m	111-4	3/16



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Mideast

Women's 100 Meters

1	2	Michelle KWAFO	#3	Coast Guard	11.97	(1.3)	3/24
2	3	Kiara TAN	#2	Williams	12.03w	(2.3)	3/25
3	8	Malissa LINDSEY	#6	Connecticut Coll	12.13w	(3.1)	3/26
4	15	Melissa WHITE	#1	Middlebury	12.32w	(3.4)	3/25
5	25	Traci FRANCIS	#4	Vassar	12.45w	(3.8)	3/16
6	40	Cady BARNES	#1	Middlebury	12.51	(1.0)	3/18
7	49	Olive LAWRENCE	#1	Middlebury	12.58w	(3.4)	3/25
8	56	Paige MORONEY	#8	Westfield State	12.61w	(3.1)	3/26
9	59	Eva KAIDEN	#1	Middlebury	12.63	(1.5)	3/18
9	59	Rachel ARTHUR	#2	Williams	12.63w	(2.3)	3/25
9	59	Scarlet RUSCH	#2	Williams	12.63w	(2.3)	3/25

Women's 100 Meter Hurdles

1	1	Michelle KWAFO	#3	Coast Guard	14.34w	(2.2)	3/24
2	23	Emily RUBIO	#1	Middlebury	15.31	(0.9)	3/25
3	38	Jahmilia DENNIS	#4	Vassar	15.60w	(3.4)	3/16
4	89	Livi MAZEROLLE	#2	Williams	16.66	(0.9)	3/25
5		Nora JENSEN	#4	Vassar	16.95	(1.5)	3/16
6		Caroline DOUGLAS	#2	Williams	17.19	(1.2)	3/25
7		Meghan PURCELL	#11	Roger Williams	17.37	(1.4)	3/25
8		Lila MILLER	#4	Vassar	18.01	(1.8)	3/24
9		Freja NIKLASSON	#4	Vassar	18.17w	(2.1)	3/16
10		Ida EAMES	#15	Northern Vermo	19.98	(0.0)	3/25

Women's 200 Meters

1	6	Kiara TAN	#2	Williams	25.00	(0.9)	3/25
2	16	Malissa LINDSEY	#6	Connecticut Coll	25.46w	(2.1)	3/26
3	21	Melissa WHITE	#1	Middlebury	25.52	(0.4)	3/18
4	29	Michelle LOUIE	#1	Middlebury	25.63	(1.7)	3/18
5	34	Eva KAIDEN	#1	Middlebury	25.79	(0.4)	3/18
6	45	Scarlet RUSCH	#2	Williams	26.00	(0.9)	3/25
7	53	Cady BARNES	#1	Middlebury	26.12	(0.6)	3/18
8	55	Emily RUBIO	#1	Middlebury	26.13	(0.9)	3/25
8	55	Christine MALLETTE	#9	RPI	26.13w	(2.1)	3/26
10	61	Malia KLEIN	#2	Williams	26.15	(1.5)	3/25

Women's 400 Meters

1	9	Michelle LOUIE	#1	Middlebury	58.55		3/25
2	31	Anna KROUSE	#1	Middlebury	59.65		3/25
3	33	Elle THOMPSON	#1	Middlebury	59.83		3/18
4	36	Annabel CLONEY	#1	Middlebury	---		3/25
5	46	Eva KAIDEN	#1	Middlebury	1:00.32		3/25
6	56	Mary ELLIOT	#1	Middlebury	1:00.72		3/18
7	59	Ella SUKUP	#2	Williams	1:00.86		3/25
8	71	Daisy VALLE	#2	Williams	1:01.17		3/25
9	98	Lily BULCZYNSKI	#1	Middlebury	1:01.84		3/25
10		Sarah SCHLOSBERG	#7	Wesleyan (Conn	1:01.89		3/26

Women's 400 Meter Hurdles

1	3	Ciara DALE	#1	Middlebury	1:03.15		3/18
2	4	Camryn TAYLOR	#2	Williams	1:03.90		3/25
3	35	Cate KREUTZEN	#1	Middlebury	1:08.12		3/25
4	42	Greta VAUGHN	#2	Williams	1:08.59		3/25
5	54	Kate HAUSLADEN	#7	Wesleyan (Conn	1:09.38		3/26
6	58	Meaghan MCENROE	#1	Middlebury	1:09.65		3/25
7	61	Alyssa SIRIANNI	#5	Eastern Connect	1:09.73		3/26
8	65	Liz FREEMAN	#6	Connecticut Coll	1:09.91		3/26
9	67	Brooke DOLAN	#1	Middlebury	1:09.99		3/25
10	83	Meghan PURCELL	#11	Roger Williams	1:11.03		3/25

Women's 800 Meters

1	5	Elle THOMPSON	#1	Middlebury	2:15.13		3/25
2	9	Grace DEVANNY	#7	Wesleyan (Conn	2:16.12		3/26
3	24	Audrey GRIMES	#1	Middlebury	2:19.37		3/25
4	29	Tatum PESKIN	#1	Middlebury	2:19.90		3/18
5	37	Sophia WHITE	#3	Coast Guard	2:20.53		3/24
6	43	Grace KAERCHER	#2	Williams	2:20.94		3/25
7	47	Elsa MARTIN	#2	Williams	2:21.43		3/25
8	64	Bea PARR	#1	Middlebury	2:22.88		3/18
9	90	Lily BULCZYNSKI	#1	Middlebury	2:24.65		3/18
10		Ashley RAYNOR	#1	Middlebury	2:27.83		3/25

Women's 1500 Meters

1	2	Ella BALL	#2	Williams	4:36.94		3/24
2	3	Kate KENNY	#1	Middlebury	4:37.10		3/18
3	6	Abby SCOTT	#2	Williams	4:38.11		3/25
4	10	Lucy GAGNON	#2	Williams	4:40.77		3/24
5	11	Lilly WELLS	#2	Williams	4:41.52		3/25
6	16	Bea PARR	#1	Middlebury	4:43.23		3/18
7	18	Nora JOHNSON	#2	Williams	4:44.62		3/25
8	22	Tatum PESKIN	#1	Middlebury	4:44.94		3/18
9	28	Blakeley BUCKINGHAM	#2	Williams	4:46.25		3/24
10	30	Maeve HOFFMAN	#7	Wesleyan (Conn	4:46.38		3/26

Women's Steeplechase

1	1	Molly FITZGIBBONS	#2	Williams	10:44.23		3/24
2	3	Kate KENNY	#1	Middlebury	10:58.59		3/24
3	4	Audrey GRIMES	#1	Middlebury	11:00.69		3/24
4	14	Tatum PESKIN	#1	Middlebury	11:42.40		3/25
5	63	Cate KREUTZEN	#1	Middlebury	12:51.74		3/25
6	70	Janie MORGANROTH	#1	Middlebury	12:57.63		3/25



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Mideast

Women's 5000 Meters

1	13	Fiona PICONE	#2	Williams	17:50.16	3/25
2	17	Bea PARR	#1	Middlebury	17:56.51	3/25
3	44	Violet ROSS	#1	Middlebury	18:18.59	3/18
4	46	Augusta STOCKMAN	#4	Vassar	18:20.59	3/16
5	49	Charlotte STAUDENMAYER	#2	Williams	18:23.22	3/24
6	53	Morgane ORCUTT	#1	Middlebury	18:26.66	3/18
7	61	Hope SHALES	#3	Coast Guard	18:33.25	3/24
8	65	Megan GOULDEN	#3	Coast Guard	18:40.30	3/24
9	82	Maddy FOHT	#3	Coast Guard	18:50.01	3/24
10	84	Meghan CHURM	#3	Coast Guard	18:52.19	3/24

Women's 10,000 Meters

1	32	Mia MCDONALD	#8	Westfield State	40:32.27	3/26
2	33	Keegan MCAULIFE	#1	Middlebury	40:44.30	3/24
3	49	Keara FONTAINE	#5	Eastern Connect	41:47.54	3/26
4	58	Grace POPLAWSKI	#8	Westfield State	42:07.55	3/26
5	94	Jillian MCGAHAN	#5	Eastern Connect	45:18.35	3/26

Women's 4x100 Relay

1	4	Melissa WHITE, Michelle LOUIE, Eva KAIDEN, Cady BARNS	#1	Middlebury	47.82	3/25
2	27	Jazmyn GILLESPIE, Mary RUSNOCK, Kathryn SUPLEE, Malissa LINDSEY	#6	Connecticut Coll	50.03	3/26
3	50	Malinda SMITH, Ava NOVAK, Jahmilia DENNIS, Sydney PASSLEY-HARRIS	#4	Vassar	51.15	3/24
4	68	Alyssa SIRIANNI, Mackenzie DUNN, Nicole POPHAM, Haley ROBERTSON	#5	Eastern Connect	52.62	3/26
5	78	Mackenzie BURGOYNE, Paige MORONEY, Paige BRANDT, Emily OTTOMANIELLO	#8	Westfield State	53.76	3/26
6	79	Rachel DOTY-SHAY, Shay LAWRENCE, Kiera PIPELING, Kaitlin BARDELLINI	#12	Castleton	53.89	3/25
7	85	Meena GOSWAMI, Bryanna RAWNSLEY, Mary SCALZULLI, Marisela ACKERMAN	#14	Salve Regina	54.86	3/25
8	94	Jessica KERRIGAN, Maria BALDWIN, Kaitlin HANSEN, Raina QUINONES	#13	Mount Saint Mar	57.13	3/25

Women's 4x400 Relay

1	1	Elle THOMPSON, Anna KROUSE, Mary ELLIOT, Lily BULCZYNSKI	#1	Middlebury	3:57.72	3/18
2	12	Lucy GAGNON, Grace KAERCHER, Lilly WELLS, Nora JOHNSON	#2	Williams	4:06.17	3/25
3	23	Kenzie KELLY, Maya NIKOUKARI, Kate HAUSLADEN, Sophia MACK	#7	Wesleyan (Conn	4:08.95	3/26
4	54	Kathryn SUPLEE, Erica MACSWEENEY, Mary RUSNOCK, Camille CORTES	#6	Connecticut Coll	4:18.92	3/26
5	68	Laura WONG, Sophia HENDERSON, Ava WATERS, Jordan NORMAN	#4	Vassar	4:24.13	3/24
6	79	Kayla LAMALFA, Ashley GENTILE, Nicole POPHAM, Haley ROBERTSON	#5	Eastern Connect	4:32.71	3/26

Women's High Jump

1	8	Amelie JAMANKA	#2	Williams	1.60m	5-3	3/25
2	17	Allie WILDSMITH	#3	Coast Guard	1.55m	5-1	3/24
3	34	Vicky MARIN	#8	Westfield State	1.53m	5-¼	3/26
3	34	Emma WHEELER	#6	Connecticut Coll	1.53m	5-¼	3/26
5	55	Peyton BELSHER	#1	Middlebury	1.50m	4-11	3/18
5	55	Livi MAZEROLLE	#2	Williams	1.50m	4-11	3/25
7	75	Emily OTTOMANIELLO	#8	Westfield State	1.48m	4-10¼	3/26
7	75	Aria MALLARE	#10	Mount Holyoke	1.48m	4-10¼	3/26
7	75	Liz FREEMAN	#6	Connecticut Coll	1.48m	4-10¼	3/26
10		Katherine BRUNO	#1	Middlebury	1.45m	4-9	3/25
10		Briana JOHNSON	#1	Middlebury	1.45m	4-9	3/25

Women's Pole Vault

1	11	Madison GARRIGUS	#3	Coast Guard	3.55m	11-7¾	3/24
2	17	Ellie FITZGERALD	#2	Williams	3.44m	11-3½	3/25
2	17	Zoe WANG	#1	Middlebury	3.44m	11-3½	3/18
4	26	Poppy MILLER	#2	Williams	3.29m	10-9½	3/25
5	43	Jae YU	#2	Williams	3.14m	10-3½	3/25
6	44	Fiona CARROLL	#7	Wesleyan (Conn	3.10m	10-2	3/26
6	44	Erika KLUGE	#7	Wesleyan (Conn	3.10m	10-2	3/26
8	71	Claire MILLER	#1	Middlebury	2.95m	9-8	3/25
9	98	Mollie BRINKER	#3	Coast Guard	2.75m	9-¼	3/24
10		Anna KESTER	#1	Middlebury	2.50m	8-2½	3/25
10		Gracie MATTALIANO	#6	Connecticut Coll	2.50m	8-2½	3/26
10		Natasha FRISCH	#5	Eastern Connect	2.50m	8-2½	3/26



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Mideast

Women's Long Jump

1	5	Cady BARNES	#1	Middlebury	5.51m	18-1 (0.7)	3/25
2	7	Olive LAWRENCE	#1	Middlebury	5.43m	17-9¾ (-0.3)	3/18
3	13	Kristen CHOU	#2	Williams	5.37m	17-7½ (1.3)	3/25
4	21	Erica MACSWEENEY	#6	Connecticut Coll	5.22mw	17-1½ (3.1)	3/26
5	24	Briana JOHNSON	#1	Middlebury	5.18m	17-0 (0.0)	3/18
6	27	Heather KWAFO	#4	Vassar	5.16mw	16-11¼ (4.3)	3/16
7	30	Ava NOVAK	#4	Vassar	5.11mw	16-9¼ (2.9)	3/24
8	47	Mackenzie DUNN	#5	Eastern Connect	5.02mw	16-5¾ (3.9)	3/26
9	68	Rachel ARTHUR	#2	Williams	4.95m	16-3 (0.0)	3/25
10	85	Sydney PASSLEY-HARRIS	#4	Vassar	4.88m	16-¼ (0.8)	3/24

Women's Triple Jump

1	3	Cady BARNES	#1	Middlebury	11.68m	38-4 (1.2)	3/25
2	4	Jahmilia DENNIS	#4	Vassar	11.60mw	38-¾ (2.7)	3/24
3	6	Erica MACSWEENEY	#6	Connecticut Coll	11.33mw	37-2¼ (2.2)	3/26
4	18	Heather KWAFO	#4	Vassar	10.84m	35-6¾ (1.6)	3/24
5	20	Zoe WANG	#1	Middlebury	10.82m	35-6 (-1.9)	3/18
6	31	Lucinda POLLITT	#1	Middlebury	10.70m	35-1¼ (0.2)	3/18
7	32	Vicky MARIN	#8	Westfield State	10.68mw	35-½ (3.4)	3/26
8	44	Nicole POPHAM	#5	Eastern Connect	10.60mw	34-9½ (3.1)	3/26
9	57	Eliza LEE	#8	Westfield State	10.44mw	34-3 (3.6)	3/26
10	65	Madelyne GREEN	#3	Coast Guard	10.39m	34-1¼ (0.9)	3/24

Women's Shot Put

1	12	Julia TULIMIERI	#1	Middlebury	12.35m	40-6¼	3/25
2	15	Emma DOYLE	#10	Mount Holyoke	12.29m	40-4	3/26
3	24	Wenesha STEWART	#5	Eastern Connect	12.02m	39-5¼	3/26
4	70	Emma MILLER	#2	Williams	11.25m	36-11	3/25
5	73	Lillian WURTZ	#1	Middlebury	11.20m	36-9	3/25
6	80	Mary Scott ROBINSON	#1	Middlebury	11.08m	36-4¼	3/25
7	LE+0:	Isabell BELLPORT	#5	Eastern Connect	10.89m	35-8¾	3/26
8		Emma WHEELER	#6	Connecticut Coll	10.79m	35-4¾	3/26
9		Madeline SAUNDERS	#1	Middlebury	10.51m	34-5¾	3/18
10		Emily RUBIO	#1	Middlebury	10.32m	33-10¼	3/18

Women's Discus

1	42	Madeline SAUNDERS	#1	Middlebury	36.82m	120-10	3/25
2	49	Wenesha STEWART	#5	Eastern Connect	36.43m	119-6	3/26
3	56	Kalea SALANG	#3	Coast Guard	36.09m	118-5	3/24
4	LE+0:	Sadie OLSON	#3	Coast Guard	33.85m	111-1	3/24
5		Grace RICHARD	#9	RPI	33.38m	109-6	3/26
6		Emma DOYLE	#10	Mount Holyoke	32.85m	107-10	3/26
7		Lillian WURTZ	#1	Middlebury	32.26m	105-10	3/18
8		Katie LYNCH	#9	RPI	31.60m	103-8	3/26
9		Eleanor MERCATORIS	#3	Coast Guard	31.47m	103-3	3/24
10		Mercedes DURDEN	#15	Northern Vermo	30.27m	99-3¾	3/25

Women's Hammer

1		Brooke DUTTON	#11	Roger Williams	37.55m	123-3	3/25
2		Reilly ISLER	#1	Middlebury	37.15m	121-11	3/25
3		Kalea SALANG	#3	Coast Guard	37.06m	121-7	3/24
4		Jaxon PALMER	#1	Middlebury	35.93m	117-11	3/25
5		Emma MILLER	#2	Williams	35.81m	117-6	3/25
6		Emma DOYLE	#10	Mount Holyoke	34.40m	112-11	3/26
7		Hannah LIMANEK	#11	Roger Williams	32.94m	108-1	3/25
8		Madeline SAUNDERS	#1	Middlebury	32.59m	106-11	3/25
9		Wenesha STEWART	#5	Eastern Connect	32.55m	106-10	3/26
10		Daniela MORALES	#5	Eastern Connect	31.55m	103-6	3/26

Women's Javelin

1	20	Jacey TIPPAN	#3	Coast Guard	37.24m	122-2	3/24
2	36	Jaxon PALMER	#1	Middlebury	36.09m	118-5	3/25
3	43	Eleanor MERCATORIS	#3	Coast Guard	35.57m	116-9	3/24
4	66	Reilly ISLER	#1	Middlebury	32.74m	107-5	3/25
5	78	Shannon BURBY	#5	Eastern Connect	31.92m	104-9	3/26
6	88	Courtney COLLIBEE	#14	Salve Regina	31.55m	103-6	3/25
7	99	Luna PERRY-ST. PETER	#12	Castleton	30.98m	101-8	3/25
8		Sadie OLSON	#3	Coast Guard	30.30m	99-5	3/24
9		Maureen HAMMOND	#3	Coast Guard	30.04m	98-6¾	3/24
10		Emilia THORNTON	#7	Wesleyan (Conn	29.59m	97-1	3/26



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Midwest

Women's 100 Meters

1	11	Nicole STEWART	#1	Washington (Mo)	12.21	(1.4)	3/25
2	12	Jasmine WRIGHT	#1	Washington (Mo)	12.27	(1.4)	3/25
3	13	Cayden SHARP	#2	Greenville	12.30	(1.4)	3/25
4	34	Itzel GARCIA	#3	Millikin	12.49	(1.4)	3/25
5	42	Maria LAMBERT	#3	Millikin	12.55	(1.4)	3/25
6	53	Lauren HAMILTON	#1	Washington (Mo)	12.60	(1.4)	3/25
7	70	Lakeida NICHOLS	#4	Illinois College	12.70w	(3.5)	3/25
8	82	Natalie SWINEHART	#1	Washington (Mo)	12.78	(1.4)	3/25
9	91	Gemma PLEAS	#1	Washington (Mo)	12.82	(1.4)	3/25
10		Madelyn MOENICKHEIM	#1	Washington (Mo)	13.15w	(3.5)	3/25

Women's 100 Meter Hurdles

1	3	Lauren GAY	#1	Washington (Mo)	14.54	(1.6)	3/25
2	6	Charis RIEBE	#1	Washington (Mo)	14.72	(1.6)	3/25
3	15	Cayden SHARP	#2	Greenville	15.12	(1.6)	3/25
4	74	Kristina HILMES	#4	Illinois College	16.38	(1.6)	3/25
5	95	Jocelyn FRITZ	#2	Greenville	16.78	(1.6)	3/25
6		Maddie MARAGNI	#3	Millikin	18.22	(1.6)	3/25
7		Annie DECKER	#3	Millikin	18.23	(1.6)	3/25
8		EMBER HUGHES	#7	Hendrix	20.15	(1.4)	3/17

Women's 200 Meters

1	4	Lauren GAY	#1	Washington (Mo)	24.96	(1.9)	3/25
2	9	Nicole STEWART	#1	Washington (Mo)	25.13	(1.9)	3/25
3	48	Itzel GARCIA	#3	Millikin	26.06	(1.9)	3/25
4	57	Sonia EDASSERY	#5	Grinnell	26.14	(0.0)	3/25
5	81	Lauren HAMILTON	#1	Washington (Mo)	26.46	(1.9)	3/25
6	88	Natalie SWINEHART	#1	Washington (Mo)	26.51	(1.9)	3/25
7		Eyonna OWENS	#2	Greenville	26.77	(1.4)	3/25
8		Gemma PLEAS	#1	Washington (Mo)	26.92	(1.9)	3/25
9		Maria LAMBERT	#3	Millikin	26.94	(1.9)	3/25
10		Brooke OAKLEY	#4	Illinois College	27.32	(1.4)	3/25

Women's 400 Meters

1	43	Kathryn LEIGHTY	#1	Washington (Mo)	1:00.17		3/25
2	52	Sonia EDASSERY	#5	Grinnell	1:00.64		3/25
3		Margaux THIGPEN	#1	Washington (Mo)	1:03.23		3/25
4		Rachel FISHER	#11	Eureka	1:04.34		3/24
5		Alexis ROBERTS	#2	Greenville	1:05.60		3/25
6		Ashlynn DUNCAN	#3	Millikin	1:06.72		3/25
7		Abby WOOD	#1	Washington (Mo)	1:06.99		3/25
8		Caitlin ONG	#5	Grinnell	1:07.02		3/25
9		Payten GEPPERT	#2	Greenville	1:08.37		3/25
10		Eva SCHWAAB	#2	Greenville	1:10.63		3/25

Women's 400 Meter Hurdles

1	16	Ruby KAPLAN	#1	Washington (Mo)	1:06.04		3/25
2	77	Sejal RAJAMANI	#1	Washington (Mo)	1:10.74		3/25

Women's 800 Meters

1	6	Danielle SCHULTZ	#1	Washington (Mo)	2:15.14		3/25
2	7	Lindsay OTT	#1	Washington (Mo)	2:15.87		3/25
3	10	Helena TEIXEIRA-DASILVA	#1	Washington (Mo)	2:16.21		3/25
4	14	Sophie BEKINS	#1	Washington (Mo)	2:17.89		3/25
5	28	Elizabeth WAGNER	#1	Washington (Mo)	2:19.86		3/25
6	32	Cate STEVENS	#1	Washington (Mo)	2:20.22		3/25
7	36	Izzy GORTON	#1	Washington (Mo)	2:20.52		3/25
8	41	Morgan FOWLER	#1	Washington (Mo)	2:20.68		3/25
9	56	Katie RISNER	#3	Millikin	2:22.23		3/25
10		Rachel FISHER	#11	Eureka	2:26.54		3/24

Women's 1500 Meters

1	14	Kiera OLSON	#1	Washington (Mo)	4:42.90		3/25
2	19	Alyssa RUIZ	#3	Millikin	4:44.65		3/25
3	84	Chloe WEATHER	#8	Ozarks (Ark.)	4:55.01		3/17
4		Alexa ANDERSON	#1	Washington (Mo)	5:01.10		3/25
5		Meredith LANG	#1	Washington (Mo)	5:01.71		3/25
6		Virginia PRIDGEN	#1	Washington (Mo)	5:04.42		3/25
7		Emma MALLORY	#3	Millikin	5:05.30		3/25
8		Karissa HEFFERNAN	#11	Eureka	5:05.55		3/24
9		Ella CERNY	#1	Washington (Mo)	5:06.40		3/25
10		Macy IYER	#1	Washington (Mo)	5:07.49		3/25

Women's Steeplechase

1	6	Julia PATTERSON	#1	Washington (Mo)	11:09.83		3/25
2	8	Abigail PATTERSON	#1	Washington (Mo)	11:26.37		3/25
3	19	Riley CLARK	#1	Washington (Mo)	11:50.54		3/25
4	79	Laura MAYO	#9	Principia	13:23.89		3/17
5	90	Geena RICHARDS	#9	Principia	13:52.74		3/17
6	98	Chloe BOYER	#8	Ozarks (Ark.)	14:15.08		3/10

Women's 5000 Meters

1	67	Chloe WEATHER	#8	Ozarks (Ark.)	18:40.68		3/10
2		Hannah ROARK	#5	Grinnell	20:01.89		3/25
3		Diana BARBA	#5	Grinnell	20:30.48		3/25
4		Solena MARTINEZ ALEMAN	#8	Ozarks (Ark.)	22:25.56		3/10
5		Sarah ERICKSON	#9	Principia	23:55.96		3/17
6		Almalila RAMIREZ	#8	Ozarks (Ark.)	24:02.55		3/10

Women's 4x100 Relay

1	2	Jasmine WRIGHT, Nicole STEWART, Lauren HAMILTON, Lauren GAY	#1	Washington (Mo)	47.34		3/25
2	25	Jocelyn FRITZ, Laila GRAHAM, Cheyenne BRADSHAW, Eyonna OWENS	#2	Greenville	49.93		3/25



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Midwest

Women's 4x400 Relay

1	9	Elizabeth WAGNER, Morgan FOWLER, Margaux THIGPEN, Danielle SCHULTZ	#1	Washington (Mo)	4:05.11	3/25
2	41	Itzel GARCIA, Ashlyn DUNCAN, Maddie MARAGNI, Maria LAMBERT	#3	Millikin	4:14.40	3/25
3	69	Cayden SHARP, Vanessa COMPTON, Brooklyn MCKEE, Eyonna OWENS	#2	Greenville	4:24.25	3/25
4	96	Kaylee KLEIST, Madi LESLIE, Joy ONYECHI, Mirsa BOYER	#9	Principia	4:55.70	3/17

Women's High Jump

1	5	Miku OKADA	#1	Washington (Mo)	1.63m	5-4¼	3/25
2	8	Anna Beth VANCIL	#2	Greenville	1.60m	5-3	3/25
3	17	Laura BUCCHIERI	#1	Washington (Mo)	1.55m	5-1	3/25
3	17	Madelyn MOENICKHEIM	#1	Washington (Mo)	1.55m	5-1	3/25
5		Hannah SAGO	#3	Millikin	1.45m	4-9	3/25
6		EMBER HUGHES	#7	Hendrix	1.42m	4-7¾	3/17

Women's Pole Vault

1	8	Yasmin RUFF	#1	Washington (Mo)	3.65m	11-11¾	3/25
2	34	Anna CURTIS	#1	Washington (Mo)	3.20m	10-6	3/25
3	53	Madeline BENSON	#4	Illinois College	3.05m	10-0	3/25
3	53	Makenzie STOCK	#1	Washington (Mo)	3.05m	10-0	3/25
3	53	Paige NOWAK	#4	Illinois College	3.05m	10-0	3/25
6		Audrey EADES	#3	Millikin	2.60m	8-6¼	3/25

Women's Long Jump

1	15	Ebunoluwa OPATA	#1	Washington (Mo)	5.31m	17-5¼ (0.9)	3/25
2	47	Laila GRAHAM	#2	Greenville	5.02m	16-5¾ (1.3)	3/25
3	76	Itzel GARCIA	#3	Millikin	4.91m	16-1½ (-1.1)	3/25
4		Kaitlin DAY	#1	Washington (Mo)	4.64m	15-2¾ (-0.3)	3/25
5		Melanie ODEN	#5	Grinnell	4.60mw	15-1¼ (3.8)	3/25
6		Danielle CUTHBERT	#1	Washington (Mo)	4.59m	15-¾ (0.0)	3/25
7		Ronnautica DIXON	#4	Illinois College	4.49m	14-8¾ (1.4)	3/25
8		EMBER HUGHES	#7	Hendrix	4.29m	14-1 (1.9)	3/17
9		Hannah GROVE	#4	Illinois College	4.24m	13-11 (1.5)	3/25
10		Alena NEAL	#3	Millikin	3.94m	12-11¼ (0.3)	3/25

Women's Triple Jump

1	2	Ebunoluwa OPATA	#1	Washington (Mo)	11.72m	38-5½ (0.8)	3/25
2	17	Danielle CUTHBERT	#1	Washington (Mo)	10.86m	35-7¾ (1.2)	3/25
3	61	Katie JANVRIN	#3	Millikin	10.42mw	34-2¼ (2.5)	3/25
4	78	Kaitlin DAY	#1	Washington (Mo)	10.28m	33-8¾ (1.4)	3/25
5		Lainey HICKS	#2	Greenville	10.06m	33-¼ (0.3)	3/25
6		Melanie ODEN	#5	Grinnell	9.93m	32-7 (1.7)	3/25
7		Ronnautica DIXON	#4	Illinois College	9.14m	30-0 (-0.3)	3/25
8		Mira VOLLMAYR-LEE	#5	Grinnell	8.69m	28-6¼ (1.9)	3/25

Women's Shot Put

1	7	Tawny RODRIGUEZ	#2	Greenville	12.51m	41-½	3/25
2	21	Ashley SMITH	#2	Greenville	12.14m	39-10	3/25
3	38	Heather MICHALSKI	#6	Augustana (Ill.)	11.72m	38-5½	3/25
4	43	Alivia ALLEN	#7	Hendrix	11.63m	38-2	3/17
5	78	Krista SUDAR	#1	Washington (Mo)	11.09m	36-4¾	3/25
6	93	Talahiva TALANOA	#2	Greenville	10.94m	35-10¾	3/25
7		Sydney KUPER	#4	Illinois College	10.67m	35-¼	3/25
8		Ava VOLLMER	#2	Greenville	10.01m	32-10¼	3/25
9		Bridgett WUNDERLICH	#6	Augustana (Ill.)	10.00m	32-9¾	3/25
10		Ogechi OKPARA	#10	Fontbonne	9.87m	32-4¾	3/24

Women's Discus

1	3	Charlotte FRERE	#6	Augustana (Ill.)	42.81m	140-6	3/25
2	15	Tawny RODRIGUEZ	#2	Greenville	39.18m	128-7	3/25
3	25	Karyssa MACK	#1	Washington (Mo)	38.32m	125-9	3/25
4	35	Jenae BOTHE	#1	Washington (Mo)	37.53m	123-2	3/25
5	45	Sydney KUPER	#4	Illinois College	36.50m	119-9	3/25
6	48	Alivia ALLEN	#7	Hendrix	36.48m	119-8	3/17
7	61	Taylor SIMPSON	#1	Washington (Mo)	35.87m	117-8	3/25
8	66	Heather MICHALSKI	#6	Augustana (Ill.)	35.73m	117-3	3/25
9	76	Talahiva TALANOA	#2	Greenville	35.18m	115-5	3/25
10	99	Kylie GALOWITZ	#5	Grinnell	33.89m	111-2	3/25

Women's Hammer

1	28	Talahiva TALANOA	#2	Greenville	43.45m	142-7	3/25
2	37	Krista SUDAR	#1	Washington (Mo)	42.88m	140-8	3/25
3	67	Sydney KUPER	#4	Illinois College	40.74m	133-8	3/25
4	81	Tawny RODRIGUEZ	#2	Greenville	39.67m	130-2	3/25
5	88	Ashley SMITH	#2	Greenville	39.55m	129-9	3/25
6	95	Heather MICHALSKI	#6	Augustana (Ill.)	39.09m	128-3	3/25
7	1E+0	Ava VOLLMER	#2	Greenville	38.95m	127-10	3/25
8		Ella RAY	#2	Greenville	36.72m	120-6	3/25
9		Holly PEARCE	#10	Fontbonne	35.27m	115-9	3/24
10		Alivia ALLEN	#7	Hendrix	35.16m	115-4	3/17

Women's Javelin

1	25	Heather MICHALSKI	#6	Augustana (Ill.)	36.63m	120-2	3/25
2	67	Rafaela DIAMOND	#1	Washington (Mo)	32.68m	107-3	3/25
3	91	Abbi THOMASON	#2	Greenville	31.49m	103-4	3/25
4	96	Keyleigh THOMAS	#4	Illinois College	31.13m	102-2	3/25
5		EMBER HUGHES	#7	Hendrix	27.50m	90-2¾	3/17
6		Afi GATI	#6	Augustana (Ill.)	26.02m	85-4½	3/25
7		Alexis ROBERTS	#2	Greenville	25.77m	84-6¾	3/25
8		Danya GOLDSTEIN	#1	Washington (Mo)	25.31m	83-½	3/25
9		Carson BEYERS	#4	Illinois College	24.32m	79-9½	3/25
10		Charlotte FRERE	#6	Augustana (Ill.)	23.68m	77-8¼	3/25

Women's Heptathlon

1	11	EMBER HUGHES	#7	Hendrix	2,835	3/17
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Niagara

Women's 100 Meters

1	25	Isre'al CONERLY	#1	NYU	12.45w	(2.8)	3/24
2	34	Summer REID	#1	NYU	12.49w	(2.8)	3/24
3		Miranda COLE	#9	SUNY Delhi	12.96	(0.0)	3/25
4		Claudia SIMIONE	#6	Utica	13.19w	(2.8)	3/26
5		Lola AKINDELE	#1	NYU	13.20	(1.8)	3/24
6		Lina YOUNG	#2	Alfred	13.36	(1.7)	3/10
7		Kate WALSH	#1	NYU	13.40	(1.8)	3/24
8		Elizabeth GLOMSKI	#6	Utica	13.43w	(2.8)	3/26
9		Milla GONZALEZ	#3	Ithaca	13.51	(0.2)	3/25
10		Kimberly DEAN	#9	SUNY Delhi	13.60	(0.0)	3/25

Women's 100 Meter Hurdles

1	62	Dasha JACKSON	#1	NYU	16.08	(1.8)	3/24
2		Mackenzie RICHARD	#1	NYU	17.10	(1.8)	3/24
3		Anne SPILA	#2	Alfred	17.22	(-1.0)	3/24
4		Bianca DURSO	#2	Alfred	17.82	(1.2)	3/10
5		Natalya RYCKMAN	#2	Alfred	19.51	(1.2)	3/10
6		Ashlee SPHABMIXAY	#4	SUNY Oneonta	19.92	(-1.0)	3/24
7		Ana ION	#2	Alfred	21.54	(-1.9)	3/24
8		Helen DAI	#8	Hunter	22.83	(0.0)	3/25
9		Elizatte LAKOUETENE	#8	Hunter	25.86	(0.0)	3/25

Women's 200 Meters

1	19	Isre'al CONERLY	#1	NYU	25.50	(-0.1)	3/24
2	57	Summer REID	#1	NYU	26.14	(1.8)	3/24
3		Lola AKINDELE	#1	NYU	27.20w	(2.3)	3/24
4		Michelle WU	#5	Hamilton	27.36w	(3.5)	3/24
5		Lina YOUNG	#2	Alfred	27.50	(-0.8)	3/24
6		Claudia SIMIONE	#6	Utica	27.52w	(2.9)	3/26
7		Claire TRATNYEK	#5	Hamilton	27.61w	(3.1)	3/24
8		Danielle JACKSON	#4	SUNY Oneonta	27.71	(-1.4)	3/24
9		Tessa STANLEY	#3	Ithaca	28.01w	(2.4)	3/25
10		Kate WALSH	#1	NYU	28.10	(1.8)	3/24

Women's 400 Meters

1		Ivy LAFFAN	#7	Penn State Behr	1:01.96		3/24
2		Natalie MACARTHUR	#3	Ithaca	1:02.10		3/25
3		Katherine DOWNEY	#3	Ithaca	1:02.57		3/25
4		Sehyr PATEL	#1	NYU	1:03.39		3/24
5		Alegra REINHOLD	#1	NYU	1:08.01		3/24
6		Ashlee SPHABMIXAY	#4	SUNY Oneonta	1:17.34		3/24
7		Johanni VALERIO	#10	CCNY	1:21.35		3/25
8		Angelyne SILVERIO	#11	Manhattanville	1:21.59		3/25

Women's 400 Meter Hurdles

1	63	Hannah TURNER	#5	Hamilton	1:09.89		3/24
2	90	Mackenzie RICHARD	#1	NYU	1:11.43		3/24
3		Madison MARTINEZ	#3	Ithaca	1:13.05		3/25
4		Laura MEADE	#6	Utica	1:14.32		3/26
5		Rachel LARSON	#3	Ithaca	1:14.41		3/25
6		Elaine FRASER	#5	Hamilton	1:15.98		3/24

Women's 800 Meters

1	26	Paloma DEMONTE	#3	Ithaca	2:19.73		3/25
2	33	Aminata JOHNSON	#1	NYU	2:20.29		3/24
3		Fiona KELLEHER	#1	NYU	2:27.54		3/24
4		Olivia GILBERT	#2	Alfred	2:27.93		3/10
5		Eva MCILRAITH	#5	Hamilton	2:30.33		3/24
6		Rachel ROSE	#3	Ithaca	2:30.49		3/25
7		McKenzie HALL	#2	Alfred	2:33.39		3/24
8		Emily POGOZELSKI	#5	Hamilton	2:33.53		3/24
9		Giana HAUBRICH	#3	Ithaca	2:33.90		3/25
10		Sarah LUTKINS	#2	Alfred	2:36.28		3/24

Women's 1500 Meters

1	45	Stella GLADDEN	#1	NYU	4:48.82		3/24
2	93	Janie COOPER	#1	NYU	4:56.03		3/24
3		Olivia NOLA	#7	Penn State Behr	4:56.95		3/24
4		McKenzie HALL	#2	Alfred	5:07.47		3/24
5		Joy PETERSEN	#3	Ithaca	5:08.11		3/25
6		Jade DENING	#6	Utica	5:08.18		3/26
7		Julia TOMANOVICH	#3	Ithaca	5:09.09		3/25
8		Sophie CARISSIMO	#1	NYU	5:13.74		3/24
9		Betsy OVERSTRUM	#5	Hamilton	5:14.51		3/24
10		Olivia GILBERT	#2	Alfred	5:16.38		3/10

Women's Steeplechase

1	56	Logan BRASACCHIO	#3	Ithaca	12:42.60		3/25
2	73	Ashley O'TOOLE	#2	Alfred	13:11.37		3/24

Women's 5000 Meters

1	68	Taylor HARRIS	#5	Hamilton	18:41.52		3/24
2		Alexa WOLCOTT	#9	SUNY Delhi	19:19.17		3/25
3		Jessica GOODE	#3	Ithaca	19:21.96		3/25
4		Maggie WINSTEAD	#5	Hamilton	19:45.03		3/24
5		McKenzie HALL	#2	Alfred	19:46.60		3/10
6		Maddie FOSS	#5	Hamilton	19:50.67		3/24
7		Naomi ANDREW	#5	Hamilton	20:04.37		3/24
8		Mari JABLONSKI	#2	Alfred	20:06.38		3/10
9		Marissa LOMBARDI	#9	SUNY Delhi	20:46.81		3/25
10		Sophie HILL	#5	Hamilton	20:47.04		3/24

Women's 10,000 Meters

1	10	Ava FOWLER	#3	Ithaca	38:38.12		3/25
2	28	Meredith GARRITY	#3	Ithaca	40:21.03		3/25
3	59	Mari JABLONSKI	#2	Alfred	42:17.79		3/24



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Niagara

Women's 4x100 Relay

1	40	Summer REID, Lola AKINDELE, Alyssa MENG, Isre'al CONERLY	#1 NYU	50.54	3/24
2	66	Michelle WU, Claire TRATNYEK, Hannah TURNER, Nina SHAIKH	#5 Hamilton	52.56	3/24
3	70	Rachel LARSON, Tessa STANLEY, Cecelia LABONTE, Natalie MACARTHUR	#3 Ithaca	53.08	3/25
4	73	Bianca DURSO, Lina YOUNG, Natalya RYCKMAN, Anne SPILA	#2 Alfred	53.51	3/10
5	96	Tomoka ASAKUMA, Hlande ROMAINE, Angelyne SILVERIO, Jennifer SCHMIDT	#11 Manhattanville	59.89	3/25
6	99	Zuha KHAN, Joeli VALERIO, Johanni VALERIO, Kaylin SOTO	#10 CCNY	1:01.65	3/25

Women's 4x400 Relay

1	15	Natalie MACARTHUR, Moriah BYRD, Rachel LARSON, Paloma DEMONTE	#3 Ithaca	4:07.02	3/25
2	50	Claire TRATNYEK, Eva MCILRAITH, Hannah TURNER, Emily POGOZELSKI	#5 Hamilton	4:18.41	3/24
3	78	Ashley O'TOOLE, Nyah SOLLY, Sarah LUTKINS, McKenzie HALL	#2 Alfred	4:32.24	3/24
4	95	Sabrina RICHARDS, Kadie-Ann WHYTE, Kimberly DEAN, Zoe RODI	#9 SUNY Delhi	4:47.08	3/25
5		Lesley TOLENTINO, Margaret ODONKOR, Nidia NELSON, Aminata SISSOKO	#12 Lehman	6:55.90	3/25

Women's High Jump

1	17	Ezri SCOTT	#1 NYU	1.55m	5-1	3/24
2	45	Bianca DURSO	#2 Alfred	1.52m	4-11¾	3/24
3	55	Areyanna MCCARTHY	#1 NYU	1.50m	4-11	3/24
4	75	Amina SINCLAIR	#6 Utica	1.48m	4-10¼	3/26
5	87	Anne SPILA	#2 Alfred	1.47m	4-9¾	3/24
6		Ana ION	#2 Alfred	1.42m	4-7¾	3/24
7		Daria NIEBRZYDOWSKI	#8 Hunter	1.36m	4-5½	3/25
8		Rubilyn NAVARRO	#8 Hunter	1.27m	4-2	3/25

Women's Pole Vault

1	44	Madison KAPPELER	#7 Penn State Behr	3.10m	10-2	3/24
2	95	Noelani TAKEI	#7 Penn State Behr	2.80m	9-2¼	3/24
3		Grace JONES	#7 Penn State Behr	2.50m	8-2½	3/24

Women's Long Jump

1	45	Laura MEADE	#6 Utica	5.03m	16-6 (2.0)	3/26
2	50	Kate WALSH	#1 NYU	5.01m	16-5¼ (1.5)	3/24
3	LEO	Leah BASEL	#5 Hamilton	4.81m	15-9½ (1.2)	3/24
4		Bianca DURSO	#2 Alfred	4.65m	15-3¼ (1.4)	3/24
5		Nyah SOLLY	#2 Alfred	4.54m	14-10¾ (0)	3/24
6		Ayayo ORWA	#8 Hunter	4.35m	14-3¼ (0.0)	3/25
7		Ayenaliz VELASQUEZ	#3 Ithaca	4.29m	14-1 (1.7)	3/25
8		Natalya RYCKMAN	#2 Alfred	4.24m	13-11 (0.8)	3/24
9		Kimberly DEAN	#9 SUNY Delhi	4.10m	13-5½ (0.0)	3/25
10		Rubilyn NAVARRO	#8 Hunter	3.98m	13-¾ (0.0)	3/25

Women's Triple Jump

1	15	Dasha JACKSON	#1 NYU	10.89mw	35-8¾ (2.1)	3/24
2	23	Areyanna MCCARTHY	#1 NYU	10.79m	35-4¾ (0.4)	3/24
3	24	Nyah SOLLY	#2 Alfred	10.78m	35-4½ (0.0)	3/24
4	38	Ana ION	#2 Alfred	10.66m	34-11¾ (0)	3/24
5	93	Leah BASEL	#5 Hamilton	10.14mw	33-3¾ (2.1)	3/24
6		Zeniyah GHOLSON	#6 Utica	9.19mw	30-2 (2.7)	3/26
7		Ayayo ORWA	#8 Hunter	8.87m	29-1¼ (0.0)	3/25

Women's Shot Put

1	3	Jane FAHY	#6 Utica	12.65m	41-6	3/26
2	4	Isabella FABRIZIO	#4 SUNY Oneonta	12.59m	41-3¾	3/24
3	70	Lily SEYFERT	#3 Ithaca	11.25m	36-11	3/25
4	72	Madison PALMER	#2 Alfred	11.24m	36-10½	3/24
5		Emelene BUREK	#4 SUNY Oneonta	10.84m	35-6¾	3/24
6		Paige MASSEY	#7 Penn State Behr	10.78m	35-4½	3/24
7		Kate BELLMAN	#4 SUNY Oneonta	10.75m	35-3¾	3/24
8		Arla DAVIS	#3 Ithaca	10.73m	35-2½	3/25
9		Gabby RAGOZZINE	#4 SUNY Oneonta	10.72m	35-2	3/24
10		Michelle UVIEGHARA	#1 NYU	10.36m	34-0	3/24

Women's Discus

1	12	Michelle UVIEGHARA	#1 NYU	40.15m	131-9	3/24
2	89	Sarah FLORIAN	#6 Utica	34.52m	113-3	3/26
3		Gabrielle DESANCTIS	#6 Utica	30.95m	101-7	3/26
4		Gabby RAGOZZINE	#4 SUNY Oneonta	29.77m	97-8	3/24
5		Hannah JACKSON	#4 SUNY Oneonta	29.45m	96-7½	3/24
6		Kate BELLMAN	#4 SUNY Oneonta	29.39m	96-5¼	3/24
7		Isabella FABRIZIO	#4 SUNY Oneonta	29.10m	95-5¾	3/24
8		Brianna DOWNING	#7 Penn State Behr	29.05m	95-3¾	3/24
9		Serena WARNER	#10 CCNY	28.53m	93-7¼	3/25
10		Madison PALMER	#2 Alfred	26.64m	87-5	3/24



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Niagara

Women's Hammer

1	26	Hannah JACKSON	#4	SUNY Oneonta	43.72m	143-5	3/24
2	35	Isabella FABRIZIO	#4	SUNY Oneonta	43.00m	141-1	3/24
3	77	Gabby RAGOZZINE	#4	SUNY Oneonta	40.08m	131-6	3/24
4	85	Christina GROLEAU	#4	SUNY Oneonta	39.61m	130-0	3/24
5		Madison PALMER	#2	Alfred	37.42m	122-9	3/24
6		Lily SEYFERT	#3	Ithaca	36.97m	121-4	3/25
7		Gabrielle DESANCTIS	#6	Utica	35.71m	117-2	3/26
8		Skyler WHORF	#6	Utica	34.20m	112-3	3/26
9		Ranasia BAILEY	#6	Utica	31.53m	103-6	3/26
10		Soncerae HAMITER	#3	Ithaca	31.34m	102-10	3/25

Women's Javelin

1	11	Julia BALASKI	#7	Penn State Behr	38.10m	125-0	3/24
2	40	Moriah BYRD	#3	Ithaca	35.74m	117-3	3/25
3	45	Lily SEYFERT	#3	Ithaca	35.31m	115-10	3/25
4		Emma GRUNIN	#1	NYU	30.02m	98-6	3/24
5		Olivia DITOMASSO	#5	Hamilton	29.35m	96-3½	3/24
6		Arla DAVIS	#3	Ithaca	28.50m	93-6	3/25
7		Sage DOUGLASS	#4	SUNY Oneonta	28.03m	91-11½	3/24
8		Gabrielle DESANCTIS	#6	Utica	25.00m	82-¼	3/26
9		Natalie BARKLEY	#7	Penn State Behr	23.45m	76-11¼	3/24
10		Anne SPILA	#2	Alfred	23.33m	76-6½	3/10



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North

Women's 100 Meters

1	51	T'Aira BOYANCE	#4	Beloit	12.59w	(3.4)	3/16
2		Darcel ROYSTER	#4	Beloit	13.37w	(2.4)	3/16
3		Santrice RODRIGUEZ	#5	Augsburg	13.38w	(2.1)	3/18
4		Mya BISHOP	#5	Augsburg	13.54	(2.0)	3/18
5		Sydney SCHROER	#2	Wisconsin Luthe	13.73	(1.4)	3/25
6		Katie YODER	#1	St. Catherine (M	14.51w	(2.3)	3/18

Women's 100 Meter Hurdles

1	43	Sydney SPAETH	#3	St. Norbert	15.73w	(2.1)	3/16
2	55	Gabby BODIN	#1	St. Catherine (M	15.96	(0.8)	3/18
3	88	Grace BLANCHETTE	#6	Carleton	16.65	(1.2)	3/23
4	90	Burnices BARLUE	#1	St. Catherine (M	16.67	(1.7)	3/18
5		Hannah WELTE	#4	Beloit	17.37w	(2.1)	3/16

Women's 200 Meters

1	84	Allison HOOKOM	#5	Augsburg	26.49	(1.0)	3/18
2		Makayla STINSON	#1	St. Catherine (M	26.93w	(2.4)	3/18
3		Lauren ROTTIER	#3	St. Norbert	27.21	(-1.5)	3/16
4		Nicole MAKOPÉ	#3	St. Norbert	27.39	(-2.0)	3/16
5		Santrice RODRIGUEZ	#5	Augsburg	27.41w	(2.4)	3/18
6		Grace BLANCHETTE	#6	Carleton	28.08	(1.2)	3/23
7		Mya BISHOP	#5	Augsburg	28.27w	(2.4)	3/18
8		Burnices BARLUE	#1	St. Catherine (M	29.21	(1.2)	3/18
9		Katie YODER	#1	St. Catherine (M	30.22	(1.2)	3/18

Women's 400 Meters

1	10	Anna RAASCH	#2	Wisconsin Luthe	58.58		3/25
2	21	Allison HOOKOM	#5	Augsburg	59.42		3/18
3	82	Brooke GRAESSLIN	#2	Wisconsin Luthe	1:01.44		3/25
4		Ashlee MUELLER	#2	Wisconsin Luthe	1:03.51		3/25
5		Alayna FURCH	#4	Beloit	1:03.65		3/16
6		Candis DAMSTE	#4	Beloit	1:05.05		3/16
7		Makayla STINSON	#1	St. Catherine (M	1:06.17		3/18
8		Erin DOYLE	#1	St. Catherine (M	1:06.42		3/18
9		Montana MCMAHON	#4	Beloit	1:09.32		3/16
10		Lesly ALFARO	#4	Beloit	1:21.57		3/16

Women's 400 Meter Hurdles

1	50	Hannah WELTE	#4	Beloit	1:09.28		3/16
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Women's 800 Meters

1		Grace BLANCHETTE	#6	Carleton	2:34.25		3/23
2		Brooklyn CONRAD	#5	Augsburg	2:37.11		3/18
3		Megan PERKINS	#1	St. Catherine (M	2:39.38		3/18
4		Josephine CZUJ	#4	Beloit	2:45.03		3/16
5		Madeline MEASON	#4	Beloit	2:59.06		3/16

Women's 1500 Meters

1		Emily HERRIED	#2	Wisconsin Luthe	5:17.16		3/25
2		Brooklyn CONRAD	#5	Augsburg	5:23.31		3/18
3		Megan PERKINS	#1	St. Catherine (M	5:25.43		3/18
4		Aspen VALENTINE	#4	Beloit	5:32.18		3/16
5		Simone DE MONTIGNY	#4	Beloit	5:32.72		3/16
6		Jade MOSQUERA	#4	Beloit	5:37.49		3/16
7		Sylvia WALENTOWSKI	#2	Wisconsin Luthe	6:00.86		3/25
8		Louisa FELGENHAUER	#2	Wisconsin Luthe	6:16.62		3/25

Women's Steeplechase

1	72	Brittany BREED	#1	St. Catherine (M	13:10.94		3/18
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Women's 5000 Meters

1	1	Clara MAYFIELD	#6	Carleton	16:30.62		3/24
2	95	Gracie JOHNSON	#5	Augsburg	18:56.97		3/18
3		Brenna NELSON	#1	St. Catherine (M	21:08.13		3/18
4		Louisa FELGENHAUER	#2	Wisconsin Luthe	22:42.48		3/25

Women's 4x100 Relay

1	37	Mya BISHOP, Allison HOOKOM, CC CESARE, Santrice RODRIGUEZ	#5	Augsburg	50.42		3/18
2	43	Montana MCMAHON, Alayna FURCH, Jordyn MCDONALD, T'Aira BOYANCE	#4	Beloit	50.61		3/16
3	45	Lauren ROTTIER, Sydney SPAETH, Marissa LORENZ, Nicole MAKOPÉ	#3	St. Norbert	50.71		3/16
4	57	Katie YODER, Makayla STINSON, Claire NICHOLS, Erin DOYLE	#1	St. Catherine (M	51.81		3/18
5	77	Liz EILERTSON, Anna RAASCH, Sydney SCHROER, Alyssa LEMKE	#2	Wisconsin Luthe	53.70		3/25

Women's High Jump

1	34	Lauren ROTTIER	#3	St. Norbert	1.53m	5-¼	3/16
2	55	Claire NICHOLS	#1	St. Catherine (M	1.50m	4-11	3/18
3		Grace BLANCHETTE	#6	Carleton	1.44m	4-8¾	3/23
4		Emily MEILLER	#2	Wisconsin Luthe	1.37m	4-6	3/25
5		Alyssa LEMKE	#2	Wisconsin Luthe	1.32m	4-4	3/25

Women's Pole Vault

1	13	Grace KOWALKOWSKI	#3	St. Norbert	3.50m	11-5¼	3/16
2		Leah WIERSCHKE	#2	Wisconsin Luthe	2.35m	7-8½	3/25



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North

Women's Long Jump

1	1	Sydney SPAETH	#3	St. Norbert	5.71m	<i>18-8¾ (3.8)</i>	3/16
2	11	Nicole MAKOPE	#3	St. Norbert	5.39m	<i>17-8¼ (2.7)</i>	3/16
3	71	Reilee SCHEPPER	#1	St. Catherine (M	4.93m	<i>16-2¼ (-1.)</i>	3/18
4	73	Marissa LORENZ	#3	St. Norbert	4.92m	<i>16-1¾ (3.1)</i>	3/16
5	87	Elizabeth EILERTSON	#2	Wisconsin Luthe	4.86m	<i>15-11½ (2.)</i>	3/25
6	96	Grace BLANCHETTE	#6	Carleton	4.82m	<i>15-9¾ (0.0)</i>	3/23
7		Bryana LEVERENTZ	#1	St. Catherine (M	4.59m	<i>15-¾ (-1.6)</i>	3/18
8		CC CESARE	#5	Augsburg	4.55m	<i>14-11¼ (-1)</i>	3/18
9		Erin DOYLE	#1	St. Catherine (M	4.49m	<i>14-8¾ (-1.)</i>	3/18
10		Darcel ROYSTER	#4	Beloit	4.45m	<i>14-7¼ (3.0)</i>	3/16

Women's Triple Jump

1	36	Reilee SCHEPPER	#1	St. Catherine (M	10.67m	<i>35-¼ (-1.8)</i>	3/18
2	57	CC CESARE	#5	Augsburg	10.44m	<i>34-3 (-1.5)</i>	3/18
3	1E+0	Burnices BARLUE	#1	St. Catherine (M	10.08m	<i>33-1 (-0.4)</i>	3/18
4		Bryana LEVERENTZ	#1	St. Catherine (M	9.46m	<i>31-½ (-1.3)</i>	3/18

Women's Shot Put

1	65	Peyton PANKA	#3	St. Norbert	11.39m	<i>37-4½</i>	3/16
2		Kayla STARNES	#3	St. Norbert	9.88m	<i>32-5</i>	3/16
3		Hadja BAYO	#4	Beloit	9.87m	<i>32-4¾</i>	3/16
4		Leah SCHMIDT	#2	Wisconsin Luthe	9.57m	<i>31-4¾</i>	3/25
5		Abby ALTHOFF	#1	St. Catherine (M	9.54m	<i>31-3¾</i>	3/18
6		Kayla PAGEL	#2	Wisconsin Luthe	9.53m	<i>31-3¼</i>	3/25
7		Grace BLANCHETTE	#6	Carleton	9.19m	<i>30-2</i>	3/23
8		Kiya HERRERA	#4	Beloit	8.24m	<i>27-½</i>	3/16
9		Stephanie SCHAFER	#2	Wisconsin Luthe	8.17m	<i>26-9¾</i>	3/25
10		Leah WIERSCHKE	#2	Wisconsin Luthe	8.15m	<i>26-9</i>	3/25

Women's Discus

1		Chando HORVATH	#1	St. Catherine (M	30.33m	<i>99-6¼</i>	3/18
2		Kayla STARNES	#3	St. Norbert	29.79m	<i>97-9</i>	3/16
3		Kayla PAGEL	#2	Wisconsin Luthe	27.80m	<i>91-2½</i>	3/25
4		Leah SCHMIDT	#2	Wisconsin Luthe	26.32m	<i>86-4¼</i>	3/25
5		Stephanie SCHAFER	#2	Wisconsin Luthe	24.85m	<i>81-6½</i>	3/25
6		Leah WIERSCHKE	#2	Wisconsin Luthe	19.83m	<i>65-¾</i>	3/25
7		Grace KORDUS	#1	St. Catherine (M	16.79m	<i>55-1</i>	3/18

Women's Hammer

1	54	Chando HORVATH	#1	St. Catherine (M	41.52m	<i>136-3</i>	3/18
2		Peyton PANKA	#3	St. Norbert	38.47m	<i>126-3</i>	3/16
3		Kayla STARNES	#3	St. Norbert	36.76m	<i>120-7</i>	3/16
4		Kayla PAGEL	#2	Wisconsin Luthe	34.08m	<i>111-10</i>	3/25
5		Leah SCHMIDT	#2	Wisconsin Luthe	31.69m	<i>104-0</i>	3/25
6		Alekzandria TAYLOR	#4	Beloit	31.63m	<i>103-9</i>	3/16
7		Abby ALTHOFF	#1	St. Catherine (M	31.29m	<i>102-8</i>	3/18
8		Stephanie SCHAFER	#2	Wisconsin Luthe	31.20m	<i>102-5</i>	3/25
9		Lydia WEHRSPANN	#1	St. Catherine (M	30.03m	<i>98-6¼</i>	3/18
10		Kiya HERRERA	#4	Beloit	27.89m	<i>91-6</i>	3/16

Women's Javelin

1	4	Bryana LEVERENTZ	#1	St. Catherine (M	40.81m	<i>133-11</i>	3/18
2	13	Grace BLANCHETTE	#6	Carleton	37.71m	<i>123-9</i>	3/23
3	30	Peyton PANKA	#3	St. Norbert	36.36m	<i>119-4</i>	3/16
4	32	Lauren ROTTIER	#3	St. Norbert	36.27m	<i>119-0</i>	3/16
5		Elizabeth EILERTSON	#2	Wisconsin Luthe	30.56m	<i>100-3</i>	3/25
6		Paige SWEEM	#2	Wisconsin Luthe	24.50m	<i>80-4¾</i>	3/25
7		McKayla SIMAO	#4	Beloit	23.14m	<i>75-11</i>	3/16
8		Sydney SCHROER	#2	Wisconsin Luthe	17.87m	<i>58-7½</i>	3/25

Women's Heptathlon

1	3	Grace BLANCHETTE	#6	Carleton	4,069	3/23
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South

Women's 100 Meters

1	4	Mariah BROOKS	#20 North Carolina V	12.06	(1.6)	3/24
2	5	Audrey JOHNSON	#1 Emory	12.07	(1.4)	3/17
3	7	Dashiel Tao HARRIS	#1 Emory	12.12	(1.4)	3/17
4	10	Olivia FREEMAN	#6 Rhodes	12.20	(1.4)	3/25
5	13	Kacee HOOKER	#8 Bridgewater (Va	12.30	(1.6)	3/25
6	15	Kaya BINETTI	#1 Emory	12.32w	(2.9)	3/17
7	17	Maura DIANNO	#1 Emory	12.35w	(2.1)	3/17
8	18	Katelyn GAMBLE	#5 Washington and	12.36	(-0.5)	3/17
9	20	Ella LAVELLE	#1 Emory	12.39w	(2.1)	3/17
10	31	Kimona HAYNES	#10 Belhaven (Miss.)	12.48	(1.8)	3/25

Women's 100 Meter Hurdles

1	5	Hannah BODUS	#1 Emory	14.69	(-1.0)	3/24
2	9	Betsy MOHNKERN	#2 Lynchburg	14.87w	(2.6)	3/16
3	13	Emily THOMPSON	#3 Berry	15.10	(1.2)	3/4
4	19	Hannah SNODGRASS	#4 Roanoke	15.17w	(3.5)	3/17
5	24	Jailah LOVING	#22 Birmingham-Sou	15.33	(1.1)	3/17
6	25	Haileigh BYRD	Mary Washingto	15.35w	(3.5)	3/17
7	32	Amaya MARTIN	#1 Emory	15.49	(1.9)	3/17
8	33	Aanykka JACKSON	#12 Virginia Wesleya	15.50	(1.8)	3/24
9	34	Ray Ray TAYLOR	#11 Eastern Mennon	15.53w	(2.2)	3/25
10	39	Megan WEILMUNSTER	#6 Rhodes	15.65	(2.0)	3/25

Women's 200 Meters

1	1	Adalia COLEMAN	#8 Bridgewater (Va	24.28	(2.0)	3/25
2	2	Ahnia CHERRY	#20 North Carolina V	24.80	(1.6)	3/24
3	7	Audrey JOHNSON	#1 Emory	25.03w	(2.4)	3/24
4	8	Kacee HOOKER	#8 Bridgewater (Va	25.08	(2.0)	3/25
5	10	Dashiel Tao HARRIS	#1 Emory	25.16w	(2.4)	3/24
6	12	Katelyn GAMBLE	#5 Washington and	25.18	(2.0)	3/25
7	14	Olivia FREEMAN	#6 Rhodes	25.31	(1.1)	3/25
8	15	Sydney TRUSSELL	#9 Christopher Nev	25.34	(-2.1)	3/25
9	23	Ashaunti BARNES	#10 Belhaven (Miss.)	25.55	(-0.4)	3/25
10	28	Kimona HAYNES	#10 Belhaven (Miss.)	25.62	(-0.4)	3/25

Women's 400 Meters

1	2	Ashaunti BARNES	#10 Belhaven (Miss.)	57.55		3/25
2	3	Libby RANOCHA	#1 Emory	57.58		3/17
3	8	Kimona HAYNES	#10 Belhaven (Miss.)	58.38		3/4
4	14	Mikayla HEFFERON	#4 Roanoke	59.08		3/17
5	16	Vuronika BARNES	#2 Lynchburg	59.23		3/16
6	26	Amia BARNES	#12 Virginia Wesleya	59.55		3/24
7	38	Julia HATHAWAY	#12 Virginia Wesleya	1:00.05		3/17
8	39	Haylee GAMBLE	#4 Roanoke	1:00.09		3/25
9	47	Madelyn BOYCE	#2 Lynchburg	1:00.33		3/24
10	49	Maurissa WINFORD	#10 Belhaven (Miss.)	1:00.51		3/25

Women's 400 Meter Hurdles

1	7	Betsy MOHNKERN	#2 Lynchburg	1:04.67		3/24
2	10	Clare MARSH	#13 Catholic (D.C.)	1:05.32		3/25
3	12	Emily THOMPSON	#3 Berry	1:05.73		3/4
4	15	Amanda ROMANO	#5 Washington and	1:05.95		3/25
5	17	Macy MURDOCK	#3 Berry	1:06.28		3/4
6	19	Kaitlyn MCREE	#23 Mississippi Univ	1:06.40		3/25
7	20	Paige TULENKO	#5 Washington and	1:06.45		3/25
8	25	Hannah BODUS	#1 Emory	1:07.58		3/17
9	38	Haylea-Layne MILLER	Brevard (N.C.)	1:08.28		3/17
10	39	Amaya MARTIN	#1 Emory	1:08.42		3/24

Women's 800 Meters

1	1	Annika URBAN	#1 Emory	2:10.15		3/24
2	4	Libby RANOCHA	#1 Emory	2:13.34		3/24
3	8	Jenna DALY	#1 Emory	2:16.11		3/24
4	25	Kate SCIBELLI	#5 Washington and	2:19.55		3/17
5	44	Michelle MITTAZ	#1 Emory	2:21.04		3/17
6	45	Madison TIAFFAY	#1 Emory	2:21.18		3/24
7	58	Zoe DUNLAP	#4 Roanoke	2:22.51		3/17
8	59	Carly O'TOOLE	#16 Meredith	2:22.52		3/24
9	60	Liz MORGAN	#14 Southern Virgini	2:22.69		3/17
10	67	Emily MOEHRINGER	#13 Catholic (D.C.)	2:23.51		3/17

Women's 1500 Meters

1	23	Jenna DALY	#1 Emory	4:45.29		3/17
2	27	Kelsey LAGUNAS	#2 Lynchburg	4:46.24		3/24
3	29	Hailey SMITH	#2 Lynchburg	4:46.28		3/24
4	32	Molly SILVA	#2 Lynchburg	4:46.46		3/24
5	33	Lauren MASSEY	#2 Lynchburg	4:46.91		3/24
6	40	Allison DELL	#2 Lynchburg	4:48.02		3/24
7	41	Jaycie PONCE	#15 Piedmont	4:48.07		3/10
8	43	Parker HAWK	#5 Washington and	4:48.42		3/17
9	53	Sarah JAMES	#2 Lynchburg	4:49.98		3/24
10	62	Liesl SCHERRER	#1 Emory	4:51.55		3/17

Women's Steeplechase

1	2	Corrine WEAVER	#16 Meredith	10:51.62		3/3
2	12	Emily SMEDS	#8 Bridgewater (Va	11:37.58		3/25
3	13	Mackenzie YOUNG	#8 Bridgewater (Va	11:38.40		3/25
4	18	Erin ATKINSON	#7 Shenandoah	11:50.29		3/16
5	24	Britany ZIEMER	#6 Rhodes	11:58.36		3/17
6	26	Savy HAUSHALTER	#1 Emory	12:02.56		3/24
7	39	Halie MAST	#11 Eastern Mennon	12:21.78		3/25
8	43	Amethyst JOSEPH	#16 Meredith	12:28.75		3/3
9	44	Brianna BREYALT	#5 Washington and	12:28.94		3/17
10	57	Emma Grace HENDRICKSON	Univ. of the Sou	12:44.74		3/4



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #1, March 27

as of 3/27/2023 7:28:29 AM

South

Women's 5000 Meters

1	6	Kelsey LAGUNAS	#2	Lynchburg	17:42.45	3/17
2	10	Isabel ZIMMERMANN	#16	Meredith	17:45.28	3/23
3	12	Allison DELL	#2	Lynchburg	17:46.02	3/17
4	14	Sarah JAMES	#2	Lynchburg	17:50.29	3/17
5	16	Kate INGLIS	#13	Catholic (D.C.)	17:55.74	3/17
6	24	Lauren MASSEY	#2	Lynchburg	18:01.14	3/17
7	41	Claire HU	#1	Emory	18:16.81	3/17
8	47	Mackenzie YOUNG	#8	Bridgewater (Va	18:22.42	3/17
9	48	Molly SILVA	#2	Lynchburg	18:22.94	3/17
10	54	Emily SMEDS	#8	Bridgewater (Va	18:26.83	3/17

Women's 10,000 Meters

1	17	Sasha WILLIE	#14	Southern Virgini	39:31.60	3/17
2	18	Madeline LOTTIS	#7	Shenandoah	39:32.89	3/16
3	23	Jenna WEAVER	#11	Eastern Mennon	40:02.94	3/17
4	36	Hastings GRAY	#3	Berry	41:06.76	3/17
5	40	Michelle VALCICH	#9	Christopher Nev	41:26.55	3/25
6	42	Lucy UNZICKER	#11	Eastern Mennon	41:27.21	3/17
7	48	Allie CLARKSON	#7	Shenandoah	41:42.17	3/16
8	50	Makenna THRUSH	#7	Shenandoah	41:47.57	3/16
9	52	Libby MILES	#9	Christopher Nev	41:55.70	3/25
10	56	Lilly DALEBOUT	#14	Southern Virgini	42:00.49	3/17

Women's 4x100 Relay

1	6	Maura DIANNO, Dashiel Tao HARRIS, Hannah BODUS, Audrey JOHNSON	#1	Emory	48.17	3/17
2	10	Rylee TURNER, Jessica CAMMARATA, Vuronika BARNES, Aniya SEWARD	#2	Lynchburg	48.89	3/24
3	11	Isabel FARNSWORTH, Ava DUNN, Megan WEILMUNSTER, Olivia FREEMAN	#6	Rhodes	49.06	3/25
4	14	Kenna FOX, Taylor POOLE, Hannah SNODGRASS, Eleanor HINCKLEY	#4	Roanoke	49.17	3/25
5	15	Brandi GARDNER, Treazure ROSARIO- WATSON, Erykalyn NEAL, Kayla MITCHELL	#17	Methodist	49.35	3/24
6	17	Susannah BIRLE, Ashley D'AMBROSIA, Jordynn PALETHORPE, Katelyn GAMBLE	#5	Washington and	49.51	3/17
7	18	Leighan WILLIAMS, Macy MURDOCK, Clark KELLY, Emily THOMPSON	#3	Berry	49.58	3/24
8	24	Ashaunti BARNES, Kimona HAYNES, Annessia GREER, Maurissa WINFORD	#10	Belhaven (Miss.)	49.89	3/25
9	28	Sydney SMITH, Jailah LOVING, Kya GARDNER, Trinity JONES	#22	Birmingham-Soi	50.08	3/17
10	32	Lindsey STIRLING, Eleanor EUNGARD, Adrianna DESANTIS, Sydney TRUSSELL	#9	Christopher Nev	50.24	3/25



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South

Women's 4x400 Relay

1	4	Audrey JOHNSON, Mina LEOPOLD, Kaya BINETTI, Jenna DALY	#1 Emory	4:01.25	3/24
2	10	Maryrose MOLINA- SHUMAN, Lauren HENSON, Haylee GAMBLE, Mikayla HEFFERON	#4 Roanoke	4:05.37	3/17
3	11	Paige TULENKO, Jordynn PALETHORPE, Amanda ROMANO, Kate SCIBELLI	#5 Washington and	4:05.78	3/25
4	19	Ashaunti BARNES, Kimona HAYNES, Maurissa WINFORD, Myisha TURNER	#10 Belhaven (Miss.)	4:07.78	3/4
5	25	Ainsley MILLER, Casey YENYO, Sydney TRUSSELL, Adrianna DESANTIS	#9 Christopher Nev	4:09.24	3/17
6	27	Marianna MOELL, Macy MURDOCK, Sarah NELSON, Emily THOMPSON	#3 Berry	4:09.45	3/4
7	30	Olivia FREEMAN, Isabel FARNSWORTH, Megan WEILMUNSTER, Ava DUNN	#6 Rhodes	4:10.83	3/17
8	35	Treazure ROSARIO- WATSON, Brandi GARDNER, Patti BUSCH, Kayla MITCHELL	#17 Methodist	4:12.32	3/24
9	39	Folole TORRES, Addie PARKER, Savanna CHAPIN, Kyandra CHANDLER	#14 Southern Virgini	4:13.98	3/17
10	44	Ray Ray TAYLOR, Kendra OGUAMENA, Marissa WALKER, Elili ASEFA	#11 Eastern Mennon	4:15.93	3/17

Women's High Jump

1	10	Anna SCOBlick	#13 Catholic (D.C.)	1.58m	5-2¼	3/25
2	12	Rachel SULLIVAN	#6 Rhodes	1.57m	5-1¾	3/25
3	17	Eleanor SCOTT	#18 Millsaps	1.55m	5-1	3/4
3	17	Norah CIANO	#12 Virginia Wesleya	1.55m	5-1	3/17
5	34	Cammi WINSTON	#4 Roanoke	1.53m	5-¼	3/17
5	34	Kim RODEN	#4 Roanoke	1.53m	5-¼	3/17
5	34	Eleanor HINCKLEY	#4 Roanoke	1.53m	5-¼	3/17
8	45	Natalie MOORE	#21 Guilford	1.52m	4-11¾	3/24
9	51	Emma CHRISTENSEN	Covenant	1.51m	4-11½	3/25
10	55	Kym YOUNG	#6 Rhodes	1.50m	4-11	3/4

Women's Pole Vault

1	5	Ace COLE	#6 Rhodes	3.67m	12-½	3/25
2	20	Chloe VAN DUYN	#4 Roanoke	3.38m	11-1	3/17
2	20	Ashley D'AMBROSIA	#5 Washington and	3.38m	11-1	3/17
4	23	Lauren ANDERSON	#2 Lynchburg	3.35m	10-11¾	3/24
5	27	Claire COLEMAN	#5 Washington and	3.26m	10-8¼	3/25
6	34	Madeline HUBBERT	#3 Berry	3.20m	10-6	3/4
7	38	Ticia KING	#1 Emory	3.15m	10-4	3/24
8	53	Ainsley MILLER	#9 Christopher Nev	3.05m	10-0	3/25
8	53	Sierra SCHMIDT	#18 Millsaps	3.05m	10-0	3/4
8	53	Maya IHLING	#6 Rhodes	3.05m	10-0	3/4
8	53	Allison BOBST	#2 Lynchburg	3.05m	10-0	3/24

Women's Long Jump

1	2	Brandi GARDNER	#17 Methodist	5.60m	18-4½ (-2)	3/24
2	9	Ray Ray TAYLOR	#11 Eastern Mennon	5.41m	17-9 (0.7)	3/25
3	10	Emily THOMPSON	#3 Berry	5.40mw	17-8¾ (2.4)	3/24
4	22	Kiara SMITH	#2 Lynchburg	5.19mw	17-½ (3.2)	3/16
5	32	Lytic HOGGARD	#12 Virginia Wesleya	5.10m	16-8¾ (0.0)	3/17
6	37	Alexis HUBBARD	#7 Shenandoah	5.06mw	16-7¼ (3.4)	3/16
6	37	Natalie MOORE	#21 Guilford	5.06m	16-7¼ (-2)	3/24
8	42	Cassidy OLIVER	#8 Bridgewater (Va	5.04m	16-6½ (0.3)	3/17
8	42	Haileigh BYRD	Mary Washingto	5.04m	16-6½ (0.2)	3/17
10	45	Parker LONGOOD	#5 Washington and	5.03m	16-6 (1.4)	3/17

Women's Triple Jump

1	1	Kacey KELLY	#2 Lynchburg	11.73m	38-6 (0.2)	3/24
2	8	Hannah WETZEL	#19 Gallaudet	11.16m	36-7½ (-3)	3/25
3	22	Brandi GARDNER	#17 Methodist	10.80m	35-5¼ (-1)	3/24
4	27	Shirell WASHINGTON	#12 Virginia Wesleya	10.74m	35-3 (1.6)	3/17
5	32	J'Quaycia BROWN	#8 Bridgewater (Va	10.68m	35-½ (0.0)	3/25
6	36	Caroline HANSEN	#1 Emory	10.67m	35-¼ (-0.8)	3/17
7	41	Grace SCOWDEN	#6 Rhodes	10.63mw	34-10½ (3)	3/25
7	41	Kim RODEN	#4 Roanoke	10.63m	34-10½ (0)	3/17
9	45	Eleanor SCOTT	#18 Millsaps	10.59m	34-9 (1.0)	3/25
10	57	Jahkida DOYLE	#15 Piedmont	10.44m	34-3 (-1.0)	3/10

Women's Shot Put

1	16	Midajah DAVIS	#19 Gallaudet	12.22m	40-1¼	3/25
2	19	Malysha WINSTON	#3 Berry	12.15m	39-10½	3/24
3	22	Hope JACKSON	#1 Emory	12.13m	39-9¾	3/24
4	25	Avery JONES	#3 Berry	11.99m	39-4	3/24
5	28	Sarah FINEMAN	#1 Emory	11.91m	39-1	3/17
6	37	Samantha HEALY	#25 Marymount (Va.	11.76m	38-7	3/4
7	41	Logan BABBS	#2 Lynchburg	11.68m	38-4	3/16
8	42	Grace FOWLER	#4 Roanoke	11.67m	38-3½	3/25
9	44	Kym YOUNG	#6 Rhodes	11.62m	38-1½	3/25
10	47	Zoe CURTIS	#6 Rhodes	11.58m	38-0	3/25



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South

Women's Discus

1	7	Jeledia BROWN	#10	Belhaven (Miss.)	40.72m	133-7	3/25
2	14	Quinlin ZUNK	#5	Washington and	39.26m	128-10	3/25
3	17	Hope JACKSON	#1	Emory	38.85m	127-6	3/24
4	18	Natalie MCCAFFERY	#5	Washington and	38.78m	127-3	3/17
5	31	Allie FELTUS	#15	Piedmont	37.91m	124-5	3/17
6	34	Katherine STEVENS	#9	Christopher Nev	37.70m	123-8	3/25
7	36	Halie MURPHY	#13	Catholic (D.C.)	37.31m	122-5	3/25
8	39	Kiara FELSTON	#7	Shenandoah	37.19m	122-0	3/16
9	52	Logan BABBS	#2	Lynchburg	36.34m	119-3	3/24
10	70	Kym YOUNG	#6	Rhodes	35.44m	116-3	3/25

Women's Hammer

1	5	Kiara FELSTON	#7	Shenandoah	48.55m	159-4	3/16
2	9	Samantha HEALY	#25	Marymount (Va.)	47.05m	154-5	3/4
3	10	Nyjah WILLIS	#1	Emory	46.86m	153-9	3/24
4	22	Logan BABBS	#2	Lynchburg	44.29m	145-4	3/24
5	27	Bailey HEDGEMON	#5	Washington and	43.62m	143-2	3/17
6	38	Katherine STEVENS	#9	Christopher Nev	42.85m	140-7	3/17
7	46	Aaliyah THOMAS	#24	Pfeiffer	42.26m	138-8	3/24
8	47	Elizabeth JONES	#24	Pfeiffer	42.17m	138-4	3/17
9	56	Jessica RENDFREY	#7	Shenandoah	41.48m	136-1	3/25
10	63	Majesty SMITH		William Peace	41.10m	134-10	3/24

Women's Javelin

1	15	Dana CATALANO	#1	Emory	37.65m	123-6	3/24
2	33	Ray Ray TAYLOR	#11	Eastern Mennon	36.26m	119-0	3/24
3	41	Cailin DELEO	#3	Berry	35.67m	117-1	3/17
4	42	Katya HOOVER	#7	Shenandoah	35.61m	116-10	3/16
5	54	Jilane PEDERSEN	#14	Southern Virgini	34.05m	111-9	3/17
6	74	Zoe CURTIS	#6	Rhodes	32.14m	105-6	3/25
7	76	Evan DUET	#6	Rhodes	32.07m	105-3	3/25
8	84	Quinlin ZUNK	#5	Washington and	31.68m	103-11	3/17
9	86	Sadie PHILLIPS	#3	Berry	31.66m	103-11	3/4
10		Cortney BROWN	#15	Piedmont	30.79m	101-0	3/25

Women's Heptathlon

1	4	Emily THOMPSON	#3	Berry	3,991	3/17
2	7	Macy MURDOCK	#3	Berry	3,327	3/17
3	8	Natalie MOORE	#21	Guilford	3,228	3/17
4	9	Kaitlyn MCREE	#23	Mississippi Univ.	3,093	3/17



USTFCCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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as of 3/27/2023 7:28:30 AM

West

Women's 100 Meters

1	1	Jasmyn CRAWFORD	#8 Whittier	11.92w	(2.3)	3/25
2	6	Rhe Nae LEACH	#8 Whittier	12.10w	(2.3)	3/25
3	20	Sydney HARNESS	#3 Redlands (Calif.)	12.39	(0.9)	3/4
4	23	Trinity MURDOCK	#14 Texas Lutheran	12.42	(1.7)	3/25
5	24	Kyrstin WILSON	#20 Puget Sound	12.44	(1.9)	3/24
6	28	Alexandra ACKERMAN	#3 Redlands (Calif.)	12.47	(-0.1)	3/17
6	28	Amelia HEWSON	#2 Whitworth	12.47	(0.5)	3/18
6	28	Alison BALL	#2 Whitworth	12.47	(0.5)	3/18
9	31	Kaylee SMITH	#7 Chapman	12.48w	(2.1)	3/25
10	38	McKenzie FEINGLAS	#15 Linfield	12.50	(-0.8)	3/11

Women's 100 Meter Hurdles

1	4	Amelia HEWSON	#2 Whitworth	14.60	(1.0)	3/23
2	10	Caroline DELVECCHIO	#4 Claremont-Mud	14.89	(-0.7)	3/4
3	12	Ebonee NATION	#18 St. Thomas (Tex	15.01	(-0.6)	3/23
4	16	Mira JUNCAJ	#23 La Verne	15.13	(1.5)	3/25
4	16	Brecken VANDENHOEK	#1 George Fox	15.13w	(3.9)	3/23
6	18	Eleanor BACHMEIER	#3 Redlands (Calif.)	15.14	(-1.3)	3/17
7	21	Naj CAMPBELL	#6 McMurry	15.23	(1.1)	3/3
8	28	Katherine THORNTON	#12 Willamette	15.39w	(2.5)	3/25
9	29	Chloe SOLUMUA	#17 UC Santa Cruz	15.40	(0.0)	3/18
10	30	Allyson HAMMOND	#13 Pacific (Ore.)	15.42w	(2.5)	3/25

Women's 200 Meters

1	4	Jasmyn CRAWFORD	#8 Whittier	24.96	(0.9)	3/25
2	17	Sydney HARNESS	#3 Redlands (Calif.)	25.49	(0.3)	3/4
3	24	Allison KREMER	#7 Chapman	25.56	(1.1)	3/25
4	26	Jackilyn LEWIS	#20 Puget Sound	25.58	(0.8)	3/24
5	27	McKenzie FEINGLAS	#15 Linfield	25.59	(-0.8)	3/11
6	30	Alison BALL	#2 Whitworth	25.69	(-0.5)	3/18
7	31	Mackenzie REED	#8 Whittier	25.71	(-0.8)	3/17
8	35	Trinity PROVOST	#18 St. Thomas (Tex	25.82	(-0.5)	3/23
9	38	Rhe Nae LEACH	#8 Whittier	25.92	(1.6)	3/4
10	43	Kaylee SMITH	#7 Chapman	25.97	(1.1)	3/25

Women's 400 Meters

1	6	Allison KREMER	#7 Chapman	57.77		3/17
2	7	Sami RIGGS	#12 Willamette	58.22		3/25
3	13	Taylor KOTFAS	#5 Trinity (Texas)	58.96		3/25
4	17	Ellie RISING	#1 George Fox	59.31		3/18
5	18	Kaylee SMITH	#7 Chapman	59.38		3/17
6	19	CC GRAY	#5 Trinity (Texas)	59.40		3/3
7	22	McKenzie FEINGLAS	#15 Linfield	59.45		3/25
7	22	Jackilyn LEWIS	#20 Puget Sound	59.45		3/24
9	24	Makayla POWELL	#18 St. Thomas (Tex	59.47		3/23
10	29	Nakiah TOLBERT	#19 Hardin-Simmon	59.63		3/3
10	29	Angelica GATICA GOMEZ	#13 Pacific (Ore.)	59.63		3/3

Women's 400 Meter Hurdles

1	2	Caroline DELVECCHIO	#4 Claremont-Mud	1:02.33		3/17
2	9	Elee FAULKNER	#3 Redlands (Calif.)	1:05.25		3/4
3	11	Emily RUTKOWSKI	#13 Pacific (Ore.)	1:05.56		3/11
4	13	Ellie MARSH	LeTourneau	1:05.76		3/25
5	21	Eleanor BACHMEIER	#3 Redlands (Calif.)	1:06.55		3/17
6	24	Arden NEFF	#24 Southwestern (1	1:07.13		3/17
7	30	Katarina MARIC	#7 Chapman	1:07.94		3/17
8	34	Naj CAMPBELL	#6 McMurry	1:08.09		3/25
9	36	Esther BRUTUS	#9 Pacific Lutheran	1:08.21		3/10
10	44	Davina TORRES	#8 Whittier	1:08.91		3/17

Women's 800 Meters

1	2	Ellie RISING	#1 George Fox	2:11.07		3/25
2	11	Annie BERRY	#13 Pacific (Ore.)	2:16.24		3/17
3	12	Chloe BULLOCK	#3 Redlands (Calif.)	2:16.44		3/11
4	13	Annalise GONZALES	#1 George Fox	2:17.71		3/25
5	20	Ella FULLERTON	#10 Colorado Colleg	2:18.92c	(2:19.66A)	3/17
6	21	Elizabeth HAWLEY	#21 Occidental	2:18.98		3/11
7	22	Elizabeth WARREN	#1 George Fox	2:19.02		3/25
8	30	Isabel OLSON	#10 Colorado Colleg	2:19.92c	(2:20.67A)	3/17
9	51	Tori MATSON	#10 Colorado Colleg	2:21.79c	(2:22.55A)	3/17
10	53	Annika CARLSON	#7 Chapman	2:21.90		3/4

Women's 1500 Meters

1	1	Ash BAUDIN	#17 UC Santa Cruz	4:36.10		3/18
2	4	Sydney RANKIN	#10 Colorado Colleg	4:37.11		3/11
3	7	Riley MARTEL-PHILLIPS	#17 UC Santa Cruz	4:38.41		3/18
4	8	Brenna SCLAIR	#1 George Fox	4:39.00		3/18
5	9	Angela GUSHUE	#4 Claremont-Mud	4:39.76		3/11
6	12	Annie BERRY	#13 Pacific (Ore.)	4:42.46		3/25
7	13	Hanna HEKKANEN	#17 UC Santa Cruz	4:42.88		3/18
8	20	Kylah HOLLAND	#19 Hardin-Simmon	4:44.76		3/17
9	24	Jenna LANGE	#11 Pomona-Pitzer	4:45.42		3/24
10	25	Clare QUINN	#10 Colorado Colleg	4:45.58c	(4:51.72A)	3/17

Women's Steeplechase

1	5	Kylah HOLLAND	#19 Hardin-Simmon	11:06.67		3/17
2	7	Jessica NEAL	#1 George Fox	11:21.03		3/25
3	9	Breanna SCHMITT	#1 George Fox	11:28.86		3/25
4	10	Zoe HEINO	#12 Willamette	11:30.32		3/25
5	11	Ellie CATRON	#5 Trinity (Texas)	11:31.34		3/3
6	15	Madelyn HUBBS	#13 Pacific (Ore.)	11:44.67		3/25
7	17	Katya SCHWIETERMAN	#16 Lewis & Clark	11:48.00		3/17
8	28	Jenessa TEACHOUT	#1 George Fox	12:05.69		3/25
9	30	Cris BRETHOWER	#13 Pacific (Ore.)	12:06.36		3/17
10	32	Ciara GILLEN	#21 Occidental	12:11.65		3/4



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West

Women's 5000 Meters

1	2	Meredith BLOSS	#4	Claremont-Mud	17:32.33	3/11
2	4	Kylah HOLLAND	#19	Hardin-Simmon	17:38.58c(17:53.16A)	3/24
3	5	Elle MARSYLA	#4	Claremont-Mud	17:41.78	3/11
4	9	Abigail LOISELLE	#11	Pomona-Pitzer	17:44.44	3/11
5	15	Mira TERDIMAN	#11	Pomona-Pitzer	17:51.58	3/11
6	20	Anika KIMME	#4	Claremont-Mud	17:58.77	3/11
7	21	Sophia DALFONZO		Caltech	18:00.00	3/11
8	22	Annie BERRY	#13	Pacific (Ore.)	18:00.14	3/3
9	23	Jenna LENAY	#21	Occidental	18:00.66	3/11
10	25	Clare QUINN	#10	Colorado Colleg	18:01.88	3/11

Women's 10,000 Meters

1	2	Abigail LOISELLE	#11	Pomona-Pitzer	36:41.46	3/24
2	3	Sarah PAQUET	#9	Pacific Lutheran	37:04.01	3/3
3	6	Jenna LENAY	#21	Occidental	37:57.78	3/24
4	7	Janeth CHACON	#6	McMurry	38:29.37	3/17
5	8	Riley BUESE	#16	Lewis & Clark	38:30.11	3/17
6	9	Dafna WILLIAMS	#10	Colorado Colleg	38:33.24	3/11
7	12	Britt HELGAAS	#10	Colorado Colleg	38:50.87	3/11
8	13	Kayla AALPOEL	#1	George Fox	38:53.30	3/3
9	14	Alexandra EMERSON	#11	Pomona-Pitzer	38:58.66	3/24
10	15	Sarah PULLEN	#1	George Fox	39:06.37	3/3

Women's 4x100 Relay

1	1	Jasmyn CRAWFORD, Talia JOHNSON, Mackenzie REED, Rhe Nae LEACH	#8	Whittier	47.23	3/25
2	3	Maigan ADAMS, Alexandra ACKERMAN, Sydney HARNESS, Sabrina SEMMERE	#3	Redlands (Calif.)	47.80	3/17
3	5	Makenna LIZARDE, Allison KREMER, Kaylee SMITH, Zoe ZURASKY	#7	Chapman	47.86	3/17
4	8	Kaela SAWYERS, Ny'Cierra HINTON, Trinity PROVOST, Mykler RODERIQUE	#18	St. Thomas (Tex	48.53	3/3
5	9	Jordyn LUNGO, Amelia HEWSON, Margaret BYLE, Alison BALL	#2	Whitworth	48.56	3/18
6	12	Yasmin SUBAWALLA, Sealan LEDAT, Joy AREOLA, Danya SELBER	#5	Trinity (Texas)	49.07	3/3
7	13	Taylor NORRELL, Ja'Keia WILLIAMS, Trinity MURDOCK, Natalie GARCIA	#14	Texas Lutheran	49.11	3/25
8	16	Hillary CONNORS, Rachelle SILIS, Addison KLINDT, McKenzie FEINGLAS	#15	Linfield	49.38	3/25
9	21	Madelyn GOLLIHAR, Brynn YANEZ, Losuria WEBB- BARBER, Jada MORRIS	#6	McMurry	49.66	3/25
10	28	Keia MORRIS, Ayahna BAHATI, Carli SHORT, Sophia OLSON	#1	George Fox	50.08	3/25



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West

Women's 4x400 Relay

1	2	Allison KREMER, Kaylee SMITH, Makenna LIZARDE, Chayanit KITNITCHIVA	#7 Chapman	3:58.55	3/24
2	7	Taylor KOTFAS, Sealan LEDAT, CC GRAY, Hayley HUCK	#5 Trinity (Texas)	4:03.17	3/3
3	8	Shriya VELICHALA, Jada HIGGINS, Alyssa RUIZ, Caroline DELVECCHIO	#4 Claremont-Mud	4:03.60	3/4
4	13	Caitlin DONOVAN, Ash BAUDIN, Chloe SOLUMUA, Caroleene BLOCK	#17 UC Santa Cruz	4:06.42	3/18
5	14	Eleanor BACHMEIER, Cece MATTESON, Elee FAULKNER, Chloe BULLOCK	#3 Redlands (Calif.)	4:06.45	3/4
6	17	Jordan HAYES, Jennifer TORRES- BERMUDEZ, Rachelle SILIS, McKenzie FEINGLAS	#15 Linfield	4:07.40	3/18
7	20	Annalise GONZALES, Isabelle JONES, Ellie RISING, Karina RODRIGUEZ	#1 George Fox	4:07.85	3/25
8	22	Ja'Keia WILLIAMS, LeeAnnndrea CANAS, Aaliyah LEAL, Sage BARTLETT	#14 Texas Lutheran	4:08.87	3/25
9	26	Clara LIPPERT, Abby GOODFRIED, Maddie SHOVE, Emma JONES	#10 Colorado Colleg	4:09.35c (4:08.91A)	3/17
10	28	Lillie MINSKOFF, Reia LI, McKayla PROULX, Olivia REICHLE	#11 Pomona-Pitzer	4:10.09	3/4

Women's High Jump

1	5	Whitley STEPP	#12 Willamette	1.63m	5-4¼	3/4
2	17	Logan ROBERTS	#15 Linfield	1.55m	5-1	3/11
2	17	Marina CARROL	#1 George Fox	1.55m	5-1	3/25
2	17	Brecken VANDENHOEK	#1 George Fox	1.55m	5-1	3/23
2	17	Tene ARIYO	#11 Pomona-Pitzer	1.55m	5-1	3/25
6	32	Breanne RAWLS	#2 Whitworth	1.54m	5-½	3/18
6	32	Monica KAYLOR	#2 Whitworth	1.54m	5-½	3/18
8	34	Kylie FLIPPIN	#6 McMurry	1.53m	5-¼	3/17
8	34	Maddie O'HARE	#1 George Fox	1.53m	5-¼	3/18
10	45	Elisabeth JENSEN	#1 George Fox	1.52m	4-11¾	3/23

Women's Pole Vault

1	2	Alison YOUNG	#1 George Fox	3.80m	12-5½	3/25
1	2	Brooke SIMON	#4 Claremont-Mud	3.80m	12-5½	3/17
3	5	Karissa RICKS	#8 Whittier	3.67m	12-½	3/4
4	8	Grace TULLY	#1 George Fox	3.65m	11-11¾	3/18
5	10	Lily LUKSICH	#9 Pacific Lutheran	3.60m	11-9¾	3/3
6	13	Kalea BROWN	#7 Chapman	3.50m	11-5¾	3/17
6	13	Madeline SEIFERT	#4 Claremont-Mud	3.50m	11-5¾	3/17
8	16	Kristine NGUYEN	#9 Pacific Lutheran	3.45m	11-3¾	3/3
9	19	Shelby LARSON	#1 George Fox	3.40m	11-1¾	3/25
10	24	Maddy WIETSTRUCK	#5 Trinity (Texas)	3.30m	10-9¾	3/25

Women's Long Jump

1	3	Rhe Nae LEACH	#8 Whittier	5.52m	18-1½ (-0.)	3/4
2	7	Ciara AW	#3 Redlands (Calif.)	5.43m	17-9¾ (-0.9)	3/4
3	16	Joy AREOLA	#5 Trinity (Texas)	5.29m	17-4¼ (0.0)	3/3
4	18	Annabelle SMITH	#12 Willamette	5.26mw	17-3¼ (3.2)	3/11
5	22	Brecken VANDENHOEK	#1 George Fox	5.19m	17-½ (0.0)	3/23
6	24	Victoria AZAR	#1 George Fox	5.18m	17-0 (0.0)	3/25
7	29	Maigan ADAMS	#3 Redlands (Calif.)	5.12m	16-9¾ (-0.)	3/4
8	30	Devyn COPE	#2 Whitworth	5.11m	16-9¼ (1.1)	3/18
9	35	Claudia DAVIS	#18 St. Thomas (Tex	5.07m	16-7¾ (1.0)	3/23
10	37	Ella BOWERS	#11 Pomona-Pitzer	5.06m	16-7¼ (-0.)	3/4

Women's Triple Jump

1	7	Joy AREOLA	#5 Trinity (Texas)	11.26m	36-11½ (1.)	3/3
2	9	Maddy WIETSTRUCK	#5 Trinity (Texas)	11.15m	36-7 (1.1)	3/25
3	11	Cameryn NAGAJI	#16 Lewis & Clark	10.94m	35-10¾ (-1)	3/17
4	16	Ella BOWERS	#11 Pomona-Pitzer	10.87m	35-8 (-1.7)	3/4
5	25	Maigan ADAMS	#3 Redlands (Calif.)	10.77m	35-4 (0.0)	3/4
6	26	Kyrstin WILSON	#20 Puget Sound	10.76m	35-3¾ (0.0)	3/3
7	32	Khairat RAJI	#11 Pomona-Pitzer	10.68m	35-½ (-0.1)	3/25
8	43	Lilly COOPER	#7 Chapman	10.62m	34-10¼ (-0)	3/4
9	48	Bella DEAN	#1 George Fox	10.54m	34-7 (1.8)	3/18
10	51	Devyn COPE	#2 Whitworth	10.50m	34-5½ (1.0)	3/18

Women's Shot Put

1	1	Renee TIUMALU	#2 Whitworth	13.46m	44-2	3/18
2	9	Georjina SOLIAI	#9 Pacific Lutheran	12.42m	40-9	3/3
3	16	Elizabeth JORDAN	#6 McMurry	12.22m	40-1¼	3/17
4	26	Emagen STYRA	#14 Texas Lutheran	11.97m	39-3¼	3/25
5	27	Carole RAMOS	#9 Pacific Lutheran	11.94m	39-2¼	3/18
6	29	Ellena CORWIN	#1 George Fox	11.90m	39-½	3/18
7	34	Timony SHERRY	#3 Redlands (Calif.)	11.80m	38-8¾	3/17
8	36	Julissa RODRIGUEZ	#14 Texas Lutheran	11.79m	38-8¼	3/3
9	46	Amaris DELGADO	#6 McMurry	11.59m	38-¼	3/3
10	47	Maggie NAVA	#5 Trinity (Texas)	11.58m	38-0	3/25



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West

Women's Discus

1	2	Lauryn RAWLS	#2	Whitworth	44.17m	144-11	3/18
2	9	Amblessed OKEMGBO	#2	Whitworth	40.53m	133-0	3/18
3	13	Zaria OPARA	#22	Cal Lutheran	39.28m	128-11	3/25
4	16	Elizabeth RYAN	#6	McMurry	38.96m	127-10	3/25
5	19	Abbie Jo CARLSON	#2	Whitworth	38.75m	127-2	3/23
6	20	Caeli HAVEL	#3	Redlands (Calif.)	38.59m	126-7	3/17
7	22	Kierra FRANCOIS	#5	Trinity (Texas)	38.49m	126-4	3/3
8	23	Peyton SANTOS	#9	Pacific Lutheran	38.45m	126-2	3/25
9	25	Brianna WILSON-LARKIN	#14	Texas Lutheran	38.32m	125-9	3/25
10	28	Noelle CHAVEZ	#3	Redlands (Calif.)	38.07m	124-11	3/17

Women's Hammer

1	6	Abbie Jo CARLSON	#2	Whitworth	48.48m	159-1	3/18
2	8	Elizabeth RYAN	#6	McMurry	47.50m	155-10	3/25
3	11	Tabitha MESSINEO	#9	Pacific Lutheran	46.65m	153-1	3/3
4	13	Antonia HEKSTER	#4	Claremont-Mud	46.20m	151-7	3/4
5	15	Tahnisha MANIBUSAN	#1	George Fox	45.82m	150-4	3/18
6	16	Elizabeth CUNNINGHAM	#6	McMurry	45.59m	149-7	3/25
7	18	Tenley GRANT	#12	Willamette	44.66m	146-6	3/11
8	19	Megan ROBERSTON		Caltech	44.45m	145-10	3/4
9	23	Zaria OPARA	#22	Cal Lutheran	44.12m	144-9	3/11
10	45	Kaitlyn JOHNSON	#1	George Fox	42.30m	138-10	3/3

Women's Javelin

1	1	Ava NELSON	#9	Pacific Lutheran	46.27m	151-10	3/3
2	2	Chrissy STRICKLAND	#1	George Fox	46.04m	151-1	3/18
3	7	Allissa RODRIGUEZ	#6	McMurry	39.05m	128-2	3/25
4	8	Neelie SCHIEL	#25	East Texas Bapti	39.01m	128-0	3/17
5	10	Ellena CORWIN	#1	George Fox	38.25m	125-6	3/18
6	12	Eva MILLAN	#2	Whitworth	37.87m	124-3	3/23
7	14	Emily BURGER	#4	Claremont-Mud	37.67m	123-7	3/4
8	21	Emily HELDENBRAND	#23	La Verne	37.17m	122-0	3/4
9	23	Brecken VANDENHOEK	#1	George Fox	36.85m	120-11	3/23
10	24	Mattison STAYROOK		Concordia Texas	36.64m	120-3	3/25

Women's Heptathlon

1	1	Brecken VANDENHOEK	#1	George Fox	4,624		3/23
2	2	Elisabeth JENSEN	#1	George Fox	4,102		3/23
3	5	Jenna HUNTSMAN	#1	George Fox	3,920		3/23
4	6	Breeauna O'REAR	#1	George Fox	3,719		3/23