



Conference TFRI Event Summary

as of 4/17/2023 6:58:38 AM

AEC

Women's 100 Meters

1	Agnes SIGNOU	#1	Marymount (Va.)	12.90	(0.0)	4/1
2	Destiny NOEL	#1	Marymount (Va.)	13.43	(0.0)	4/1
3	Alyssa KAVLESKI	#2	Marywood	13.59	(0.9)	4/4
4	Janell GOLDSMITH	#3	Neumann	13.78	(-0.5)	4/13
5	Jenna CLARENCY	#5	Gwynedd-Mercy	13.92	(1.9)	4/1
6	Peyton HAYS	#4	Immaculata	14.22w	(2.6)	3/31
6	Caitlin MILLS	#2	Marywood	14.22	(-0.6)	3/30
8	Natalie O'NEILL	#5	Gwynedd-Mercy	14.94	(-1.8)	3/25
9	Djeneba KONAKE	#3	Neumann	15.06	(-0.3)	4/13
10	Kyleigh JONIEC	#3	Neumann	15.07	(-0.8)	4/13

Women's 100 Meter Hurdles

1	Deziree CONKLIN	#1	Marymount (Va.)	15.68	(-1.1)	4/14
2	Brooke HAMER	#1	Marymount (Va.)	16.21	(1.1)	4/1
3	Ariana GRANT	#1	Marymount (Va.)	17.93	(0.3)	4/7
4	Emma WAGNER	#2	Marywood	20.54	(-0.2)	3/30

Women's 200 Meters

1	Agnes SIGNOU	#1	Marymount (Va.)	26.68	(0.1)	4/1
2	Destiny NOEL	#1	Marymount (Va.)	27.26	(0.9)	4/1
3	Janell GOLDSMITH	#3	Neumann	28.85	(1.5)	4/13
4	Kimberly ALVAREZ	#4	Immaculata	29.10	(0.0)	3/25
5	Caitlin MILLS	#2	Marywood	29.49	(-0.1)	4/4
6	Jenna CLARENCY	#5	Gwynedd-Mercy	29.70	(0.0)	3/25
7	Natalie O'NEILL	#5	Gwynedd-Mercy	30.63	(-0.2)	3/25
8	Ny'zhja LOPER	#3	Neumann	31.01	(-0.8)	3/30
9	Djeneba KONAKE	#3	Neumann	31.12	(2.0)	4/13
10	Faith GILLIN	#4	Immaculata	31.27	(0.0)	3/25

Women's 400 Meters

1	Agnes SIGNOU	#1	Marymount (Va.)	1:01.80		4/1
2	Mary STEINBICKER	#4	Immaculata	1:02.84		3/31
3	Deziree CONKLIN	#1	Marymount (Va.)	1:03.24		3/24
4	Jocelyn DAMES	#2	Marywood	1:03.84		3/30
5	Michaela FLETCHER	#3	Neumann	1:05.05		3/30
6	Cydney LAHR	#2	Marywood	1:05.96		3/30
7	Paige REDMAN	#2	Marywood	1:06.37		3/30
8	Brooke HAMER	#1	Marymount (Va.)	1:07.32		3/24
9	Ariana GRANT	#1	Marymount (Va.)	1:11.30		3/4
10	Djeneba KONAKE	#3	Neumann	1:12.90		3/30

Women's 400 Meter Hurdles

1	76 Deziree CONKLIN	#1	Marymount (Va.)	1:07.03		4/14
2	Ariana GRANT	#1	Marymount (Va.)	1:14.18		4/7
3	Brianna ROTH	#2	Marywood	1:15.66		4/4
4	Emma WAGNER	#2	Marywood	1:25.68		4/4

Women's 800 Meters

1	Courtney HUMPHREYS	#3	Neumann	2:21.55		4/13
2	Cydney LAHR	#2	Marywood	2:22.26		4/14
3	Jocelyn DAMES	#2	Marywood	2:29.21		4/4
4	Kimberly ALVAREZ	#4	Immaculata	2:40.44		3/31
5	Kristin JOHNSON	#1	Marymount (Va.)	2:49.60		3/24
6	Olivia MORRIS	#4	Immaculata	3:11.82		3/31
7	Kathryn DEHAVEN	#4	Immaculata	3:12.19		3/25
8	Gabrielle WEIRSKY	#1	Marymount (Va.)	3:17.36		3/4
9	Viviana PEREZ	#1	Marymount (Va.)	3:20.46		3/4
10	Abby SPROCK	#4	Immaculata	3:24.66		3/31

Women's 1500 Meters

1	Courtney HUMPHREYS	#3	Neumann	5:07.08		3/30
2	Paige REDMAN	#2	Marywood	5:17.36		4/4
3	Avery FINNEGAN	#1	Marymount (Va.)	5:29.86		3/24
4	Caitlyn POWELL	#2	Marywood	5:34.62		3/18
5	Gabrielle SNEE	#2	Marywood	5:45.51		3/18
6	Alyssa WILLIAMS	#2	Marywood	5:49.48		3/18
7	Alicia BENNETT	#5	Gwynedd-Mercy	5:58.06		3/25
8	Gabrielle WEIRSKY	#1	Marymount (Va.)	6:14.94		3/4
9	Abby SPROCK	#4	Immaculata	6:26.56		3/25
10	Emily MCGONIGLE	#4	Immaculata	6:36.19		3/31

Women's Steeplechase

1	36 Milana STRAUB	#2	Marywood	11:20.45		4/14
2	Kaitlyn NEWBERRY	#2	Marywood	13:46.04		3/18
3	Kristin JOHNSON	#1	Marymount (Va.)	15:14.72		4/1

Women's 5000 Meters

1	Avery FINNEGAN	#1	Marymount (Va.)	19:50.42		4/7
2	Kaitlyn NEWBERRY	#2	Marywood	19:50.67		3/30
3	Kathryn DEHAVEN	#4	Immaculata	24:29.30		3/31

Women's 10,000 Meters

1	36 Milana STRAUB	#2	Marywood	37:04.99		3/30
2	Caitlyn POWELL	#2	Marywood	43:46.69		3/30
3	Alyssa WILLIAMS	#2	Marywood	44:11.43		3/30
4	Saige STERNER	#2	Marywood	49:14.72		3/30

Women's 4x100 Relay

1	Deziree CONKLIN, Destiny NOEL, Ariana GRANT, Brooke HAMER	#1	Marymount (Va.)	51.11		4/7
2	Kimberly ALVAREZ, Faith GILLIN, Peyton HAYS, Mary STEINBICKER	#4	Immaculata	54.17		4/15
3	Alyssa KAVLESKI, Cydney LAHR, Brianna ROTH, Caitlin MILLS	#2	Marywood	55.06		4/4



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Women's 4x400 Relay

1	Agnes SIGNOU, Brooke HAMER, Ariana GRANT, Avery FINNEGAN	#1 Marymount (Va.)	4:40.45	4/1
2	Kimberly ALVAREZ, Faith GILLIN, Catherine HAAS, Mary STEINBICKER	#4 Immaculata	4:43.94	3/25

Women's High Jump

1	Ella MORRISON	#1 Marymount (Va.)	1.45m	4-9	4/1
2	Caitlin MILLS	#2 Marywood	1.37m	4-6	4/4

Women's Pole Vault

1	Ariana GRANT	#1 Marymount (Va.)	2.65m	8-8½	3/4
2	Brianna ROTH	#2 Marywood	1.90m	6-2¾	4/4

Women's Long Jump

1	Deziree CONKLIN	#1 Marymount (Va.)	5.18m	17-0 (-0.6)	3/24
2	Ella MORRISON	#1 Marymount (Va.)	4.74m	15-6¾ (0.3)	4/1
3	Alexandra KOTLIAROV	#1 Marymount (Va.)	4.49mw	14-8¾ (3.4)	4/1
4	Daelyn KARBOSKI	#2 Marywood	4.43m	14-6½ (-1.)	4/4
5	Brianna ROTH	#2 Marywood	4.40m	14-5¼ (0.9)	3/30
6	Caitlin MILLS	#2 Marywood	4.33m	14-2½ (0.3)	3/30
7	Rosalyn PAGE	#2 Marywood	4.18m	13-8¾ (-0.)	4/4
8	Emma WAGNER	#2 Marywood	3.99m	13-1¼ (0.0)	3/30

Women's Triple Jump

1	Ella MORRISON	#1 Marymount (Va.)	9.86m	32-4¼ (1.9)	4/7
2	Brianna ROTH	#2 Marywood	9.62m	31-6¾ (-0.)	3/30
3	Daelyn KARBOSKI	#2 Marywood	9.37m	30-9 (0.0)	4/4

Women's Shot Put

1	58 Rosalyn PAGE	#2 Marywood	12.45m	40-10¼	4/4
2	LE+0: Samantha HEALY	#1 Marymount (Va.)	12.05m	39-6½	4/14
3	Jada NOEL	#1 Marymount (Va.)	10.88m	35-8½	3/4
4	Shayla WYNDER	#1 Marymount (Va.)	10.15m	33-3¾	3/24
5	Breyonna CONNER	#3 Neumann	9.56m	31-4½	3/25
6	Leah ZAMBETTI	#2 Marywood	9.51m	31-2½	4/4
7	Faith ALLEN	#1 Marymount (Va.)	9.36m	30-8½	4/7
8	Allison SIRAVO	#3 Neumann	8.72m	28-7½	3/25
9	Lucia ANAWALT	#2 Marywood	8.40m	27-6¾	3/30
10	Sydney WILSON	#3 Neumann	7.73m	25-4½	3/25
10	Jaylah FLAMER	#3 Neumann	7.73m	25-4½	3/30

Women's Discus

1	Rosalyn PAGE	#2 Marywood	36.98m	121-4	4/4
2	Jada NOEL	#1 Marymount (Va.)	33.41m	109-8	4/7
3	Leah ZAMBETTI	#2 Marywood	31.98m	104-11	4/4
4	Shayla WYNDER	#1 Marymount (Va.)	25.14m	82-5¾	3/4
5	Faith ALLEN	#1 Marymount (Va.)	24.14m	79-2½	4/7
6	Breyonna CONNER	#3 Neumann	22.84m	74-11¼	3/25
7	Breanna HARE	#5 Gwynedd-Mercy	22.62m	74-2½	4/1
8	Paige STRYSHAK	#2 Marywood	21.85m	71-8¼	4/4
9	Lucia ANAWALT	#2 Marywood	21.72m	71-3¼	4/4
10	Meghan LOSTRACCO	#5 Gwynedd-Mercy	21.29m	69-10¼	4/1

Women's Hammer

1	23 Samantha HEALY	#1 Marymount (Va.)	49.54m	162-7	4/14
2	Jada NOEL	#1 Marymount (Va.)	39.18m	128-7	4/7
3	Shayla WYNDER	#1 Marymount (Va.)	37.23m	122-2	4/7
4	Meghan LOSTRACCO	#5 Gwynedd-Mercy	33.16m	108-10	3/25
5	Rosalyn PAGE	#2 Marywood	25.47m	83-6¾	4/4
6	Faith ALLEN	#1 Marymount (Va.)	23.13m	75-10¾	4/1
7	Breanna HARE	#5 Gwynedd-Mercy	19.35m	63-6	4/1
8	Lucia ANAWALT	#2 Marywood	13.56m	44-6	4/4

Women's Javelin

1	46 Leah ZAMBETTI	#2 Marywood	37.31m	122-5	3/18
2	Kyleigh JONIEC	#3 Neumann	25.85m	84-9¾	3/30
3	Emily ETTIEN	#4 Immaculata	24.80m	81-4½	3/25
4	Jada NOEL	#1 Marymount (Va.)	22.98m	75-4¾	4/1
5	Sydney WILSON	#3 Neumann	22.70m	74-5¾	3/25
6	Shayla WYNDER	#1 Marymount (Va.)	20.89m	68-6½	3/4
7	Ariana GRANT	#1 Marymount (Va.)	20.81m	68-3¼	4/7
8	Macie WATKINS	#4 Immaculata	18.57m	60-11¼	3/31
9	Breyonna CONNER	#3 Neumann	17.92m	58-9½	3/25
10	Allison SIRAVO	#3 Neumann	17.03m	55-10½	3/25



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Women's 100 Meters

1	7	Gabrielle NOLAND	#2	Loras	11.91w	(2.3)	4/14
2	8	Marion EDWARDS	#2	Loras	11.93w	(2.3)	4/14
3	30	Emma SEIPEL	#4	Dubuque	12.14w	(3.4)	4/7
3	30	Harmony CREASY	#2	Loras	12.14	(2.0)	4/14
5	47	Mikala SIDNEY	#1	Wartburg	12.26w	(2.2)	4/1
6	56	Emily MCMARTIN	#3	Central (Iowa)	12.31w	(3.1)	4/7
7	67	Kelly KOHLHOF	#2	Loras	12.34w	(2.3)	4/14
8	90	Kynzi BOOTH	#5	Nebraska Wesleyan	12.45	(0.6)	4/7
9	95	Breanne GEARY	#5	Nebraska Wesleyan	12.47	(0.6)	4/7
10		Katara JONDLE	#6	Buena Vista	12.52	(1.6)	4/14

Women's 100 Meter Hurdles

1	62	Audrey ARNOLD	#7	Simpson (Iowa)	15.15	(2.0)	4/14
2	72	Grace ALLEY	#2	Loras	15.31w	(2.3)	3/30
3	73	Sailor HINEGARDNER	#1	Wartburg	15.32w	(2.5)	4/1
4	79	Olivia BOHLEN	#3	Central (Iowa)	15.36w	(2.7)	4/7
5	98	Aricka LAMBSON	#1	Wartburg	15.54w	(2.5)	4/1
6		Merryl GREEN	#2	Loras	15.58w	(3.0)	4/14
7		Maddax DEVAULT	#7	Simpson (Iowa)	15.60	(2.0)	4/14
8		Keeley HOURIGAN	#5	Nebraska Wesleyan	15.71	(1.3)	4/7
9		Demetria JOHNSON	#4	Dubuque	16.05w	(3.1)	4/2
10		Annika ELCO	#9	Luther	16.08	(1.6)	4/15

Women's 200 Meters

1	3	Gabrielle NOLAND	#2	Loras	24.31	(-0.9)	4/14
2	36	Harmony CREASY	#2	Loras	25.16	(-0.9)	4/14
3	87	Emily MCMARTIN	#3	Central (Iowa)	25.67w	(2.9)	4/7
4	92	Mikala SIDNEY	#1	Wartburg	25.71	(0.3)	4/7
5		Katara JONDLE	#6	Buena Vista	25.82w	(3.3)	4/14
6		Willa SICKELKA	#3	Central (Iowa)	26.15w	(2.9)	4/7
7		Grace ALLEY	#2	Loras	26.17w	(3.0)	3/30
8		Mary GUSTASON	#3	Central (Iowa)	26.34w	(2.9)	4/7
9		Brooke KRUSE	#2	Loras	26.36	(0.4)	4/14
10		Natalie CUMMINS	#5	Nebraska Wesleyan	26.39w	(3.3)	4/7

Women's 400 Meters

1	2	Alyssa PFADENHAUER	#2	Loras	55.21		3/30
2	34	Aaliyah COLLIER	#2	Loras	58.01		4/14
3	37	Stevie LAMBE	#2	Loras	58.09		4/14
4	63	Katara JONDLE	#6	Buena Vista	58.79		4/14
5	75	Abbi ROERDINK	#3	Central (Iowa)	59.04		4/13
6		Isabella HILGER	#5	Nebraska Wesleyan	59.45		4/7
7		Madison HAYS	#7	Simpson (Iowa)	1:00.44		4/14
8		Abigail SMITH	#4	Dubuque	1:01.00		4/7
9		Olivia TOLLARI	#1	Wartburg	1:01.03		4/7
10		Lauren BROWN	#3	Central (Iowa)	1:01.60		4/7

Women's 400 Meter Hurdles

1	26	Carson MCSORLEY	#1	Wartburg	1:04.58		4/13
2	72	Merryl GREEN	#2	Loras	1:06.92		4/14
3	77	Aricka LAMBSON	#1	Wartburg	1:07.06		4/1
4	79	Katelyn PFALTZGRAFF	#4	Dubuque	1:07.15		4/7
5		Abby GRUVER	#3	Central (Iowa)	1:08.34		4/7
6		Emma LUNDQUIST	#4	Dubuque	1:08.40		4/14
7		Keeley HOURIGAN	#5	Nebraska Wesleyan	1:08.93		4/7
8		Jessica SUMP	#6	Buena Vista	1:09.60		4/14
9		Aaliyah COLLIER	#2	Loras	1:10.05		4/2
10		Allison KETTMANN	#1	Wartburg	1:10.53		4/14

Women's 800 Meters

1	53	Elly BURDS	#2	Loras	2:16.87		4/14
2	70	Lily CAMPBELL	#1	Wartburg	2:17.89		4/7
3	81	Caroline MCMARTIN	#3	Central (Iowa)	2:18.25		4/7
3	81	Haley MEYER	#1	Wartburg	2:18.25		4/7
5	98	Brielle RUCH	#1	Wartburg	2:18.87		4/14
6		Frankie CHAIDEZ	#2	Loras	2:19.66		4/14
7		Lexi BROWN	#1	Wartburg	2:19.91		4/7
8		Alyssa BLANKENSHIP	#9	Luther	2:20.68		4/15
9		Jenna MOREY	#1	Wartburg	2:22.50		4/7
10		Grace ALLEY	#2	Loras	2:22.93		3/30

Women's 1500 Meters

1	13	Lexi BROWN	#1	Wartburg	4:35.04		4/1
2	16	Caroline MCMARTIN	#3	Central (Iowa)	4:35.92		4/7
3	36	Aubrie FISHER	#1	Wartburg	4:37.91		4/7
4	LE+02	Ellie OSTERBERGER	#2	Loras	4:45.03		4/1
5		Megan JOHNSON	#3	Central (Iowa)	4:45.55		4/7
6		Ellie MEYER	#1	Wartburg	4:46.16		4/7
7		Peyton STEFFEN	#3	Central (Iowa)	4:47.89		4/14
8		Valerie HERBST	#2	Loras	4:49.61		4/14
9		Sara GOODENBOUR	#3	Central (Iowa)	4:50.92		4/14
10		Brianna RENNER	#2	Loras	4:51.88		4/1

Women's Steeplechase

1	1	Aubrie FISHER	#1	Wartburg	10:35.41		4/1
2	4	Caroline MCMARTIN	#3	Central (Iowa)	10:43.95		4/14
3	7	Ellie MEYER	#1	Wartburg	10:47.15		4/1
4	9	Megan JOHNSON	#3	Central (Iowa)	10:51.29		4/1
5	23	Brianna RENNER	#2	Loras	11:07.96		4/14
6	38	Jane PINKOWSKI	#1	Wartburg	11:22.04		4/7
7	61	Ellie OSTERBERGER	#2	Loras	11:37.91		4/14
8	66	Kaylee OSTERBERGER	#2	Loras	11:41.94		4/14
9		Ashley BLOOMQUIST	#1	Wartburg	12:02.68		4/1
10		Layken BYTNAR	#3	Central (Iowa)	12:06.63		4/14



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American Rivers

Women's 5000 Meters

1	5	Lexi BROWN	#1	Wartburg	16:39.03	4/14
2	10	Caroline MCMARTIN	#3	Central (Iowa)	16:50.17	4/1
3	13	Aubrie FISHER	#1	Wartburg	16:56.40	4/14
4	21	Shaelyn HOSTAGER	#1	Wartburg	17:07.79	4/14
5		Natalie PAULSON	#1	Wartburg	17:53.03	4/14
6		Ellie MEYER	#1	Wartburg	17:53.38	4/14
7		Teghan BOOTH	#7	Simpson (Iowa)	18:05.90	4/14
8		Lara KALLEM	#7	Simpson (Iowa)	18:11.78	4/14
9		Riley MAYER	#1	Wartburg	18:12.34	4/14
10		Addy CARLSON	#1	Wartburg	18:26.19	4/14

Women's 10,000 Meters

1	1	Kassie PARKER	#2	Loras	32:36.22	3/31
2	8	Shaelyn HOSTAGER	#1	Wartburg	35:21.23	4/1
3	33	Natalie PAULSON	#1	Wartburg	36:59.06	4/1
4	46	Hailey HILL	#3	Central (Iowa)	37:41.30	4/1
5	54	Kelly GIARDINA	#1	Wartburg	38:19.55	4/1
6	60	Lillian BOGE	#1	Wartburg	38:27.83	4/1
7		Addy CARLSON	#1	Wartburg	39:56.32	4/1
8		Emily HOESING	#6	Buena Vista	40:46.96	4/14

Women's 4x100 Relay

1	2	Harmony CREASY, Marion EDWARDS, Alyssa PFADENHAUER, Gabrielle NOLAND	#2	Loras	46.70	4/14
2	43	Demetria JOHNSON, Emma SEIPEL, Gianna BORZILERI, Keira ALLISS	#4	Dubuque	48.93	4/7
3	50	Makenzie FOELSKE, JoJo TYNNISMAA, Olivia TOLLARI, Mikala SIDNEY	#1	Wartburg	49.11	4/13
4	62	Mary GUSTASON, Olivia BOHLEN, Willa SICKELKA, Emily MCMARTIN	#3	Central (Iowa)	49.34	4/7
5	92	Jessica SUMP, Katara JONDLE, Hannah OLSON, Kylie JOHNSTON	#6	Buena Vista	50.03	4/7
6		Kate LEIMBACH, Raegan LEVI, Shantel KORANDA, Natalie CUMMINS	#5	Nebraska Wesleyan	50.22	4/7
7		Audrey ARNOLD, Bianca CLEMONS, Arryss FORBES, Anna PARROTT	#7	Simpson (Iowa)	50.55	4/14
8		Annika ELCO, Kassandra KELLER, Amara MARKS, Grace DAVIDSON	#9	Luther	51.57	4/15
9		Sangai DUKULY, Hannah PECHARICH, Cailyn WRIGHT, Alexis PERDOMO	#8	Coe	52.59	4/7



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Women's 4x400 Relay

1	1	Marion EDWARDS, Gabrielle NOLAND, Stevie LAMBE, Alyssa PFADENHAUER	#2 Loras	3:41.95	3/29
2	23	Carson MCSORLEY, Lily CAMPBELL, JoJo TYYNISMAA, Aricka LAMBSON	#1 Wartburg	4:00.62	4/7
3	33	Lauren BROWN, Abby GRUVER, Peyton STEFFEN, Abbi ROERDINK	#3 Central (Iowa)	4:02.66	4/7
4	49	Trisha HAYES, Breanne GEARY, Raegan LEVI, Isabella HILGER	#5 Nebraska Wesleyan	4:05.46	4/7
5	55	Maddax DEVAULT, Madison HAYS, Arryss FORBES, Ava CARDER	#7 Simpson (Iowa)	4:06.42	4/7
6	63	Abigail SMITH, Riley FINN, Emma LUNDQUIST, Gianna BORZILERI	#4 Dubuque	4:07.15	4/14
7		Puritie SMITH, Hannah OLSON, Zoie CALLAN, Katara JONDLE	#6 Buena Vista	4:19.32	4/1
8		Kasandra KELLER, Rose SIEVE, Berit SKOGEN, Lindsey MOSELEY	#9 Luther	4:24.38	4/15
9		Alexis PERDOMO, Hannah PECHARICH, Cailyn WRIGHT, Alexis VAUGHN	#8 Coe	4:36.66	4/7

Women's High Jump

1	10	Aaliyah COLLIER	#2 Loras	1.67m	5-5¾	4/14
1	10	Breya CHRISTOPHER	#1 Wartburg	1.67m	5-5¾	4/14
1	10	Grace ALLEY	#2 Loras	1.67m	5-5¾	4/14
4	29	Sara HOSKINS	#2 Loras	1.62m	5-3¾	4/5
5	37	Mary YANGA	#6 Buena Vista	1.60m	5-3	4/7
5	37	Samantha NIELSEN	#1 Wartburg	1.60m	5-3	4/1
7	93	Abigail WHITE	#3 Central (Iowa)	1.55m	5-1	4/14
8		Meghan PROHASKA	#4 Dubuque	1.53m	5-¼	4/2
8		Abigail SMITH	#4 Dubuque	1.53m	5-¼	4/2
10		Julia KLEIN	#2 Loras	1.52m	4-11¾	4/5

Women's Pole Vault

1	95	Hannah PECHARICH	#8 Coe	3.26m	10-8¼	4/7
2		Amber VROMAN	#3 Central (Iowa)	3.20m	10-6	4/7
3		Samantha HARVELL	#4 Dubuque	3.10m	10-2	4/2
3		Emily DRUSE	#5 Nebraska Wesleyan	3.10m	10-2	4/1
5		Cali COFFMAN	#3 Central (Iowa)	3.05m	10-0	4/7
6		Isabelle ALBERS	#1 Wartburg	3.02m	9-10¾	4/1
7		Amelia HERBERT	#5 Nebraska Wesleyan	2.95m	9-8	4/14
7		Meghan PROHASKA	#4 Dubuque	2.95m	9-8	4/7
9		Abby FAULK	#9 Luther	2.85m	9-4¼	4/1
10		Maya VAN ERP	#2 Loras	2.61m	8-6¾	4/14

Women's Long Jump

1	1	Emma SEIPEL	#4 Dubuque	6.04mw	19-9¾ (3.4)	4/7
2	3	Harmony CREASY	#2 Loras	5.85mw	19-2½ (3.2)	4/5
3	9	Demetria JOHNSON	#4 Dubuque	5.69m	18-8 (0.7)	4/14
4	10	Olivia TOLLARI	#1 Wartburg	5.67mw	18-7¼ (2.6)	4/7
5	13	Grace ALLEY	#2 Loras	5.64m	18-6 (1.9)	3/30
6	28	De'ja AUSTIN- CHERRY	#2 Loras	5.52m	18-1½ (1.2)	4/14
7	43	Shaniah JOHNSON	#1 Wartburg	5.45m	17-10¾ (0)	4/14
8	92	Trisha HAYES	#5 Nebraska Wesleyan	5.24mw	17-2¼ (3.8)	4/1
9		Breanne GEARY	#5 Nebraska Wesleyan	5.18mw	17-0 (3.3)	4/1
10		Breya CHRISTOPHER	#1 Wartburg	5.13mw	16-10 (2.9)	4/1

Women's Triple Jump

1	6	Grace ALLEY	#2 Loras	12.04mw	39-6 (2.5)	4/5
2	7	Harmony CREASY	#2 Loras	11.96mw	39-3 (2.8)	4/5
3	12	Breya CHRISTOPHER	#1 Wartburg	11.87mw	38-11½ (2)	4/1
4	15	Aaliyah COLLIER	#2 Loras	11.73m	38-6 (1.6)	4/2
5	21	Shaniah JOHNSON	#1 Wartburg	11.53m	37-10 (1.4)	4/7
5	21	De'ja AUSTIN- CHERRY	#2 Loras	11.53m	37-10 (1.2)	4/14
7	24	Daekota KNOTT	#1 Wartburg	11.48m	37-8 (0.0)	4/14
8	55	Emma SEIPEL	#4 Dubuque	11.11mw	36-5½ (3.7)	4/7
9	73	Victoria ZOLTOWSKA	#4 Dubuque	10.95m	35-11¼ (0)	4/14
10	85	Sangai DUKULY	#8 Coe	10.88m	35-8½ (0.0)	4/7

Women's Shot Put

1	4	Kaitlyn WILDER	#4 Dubuque	14.50m	47-7	4/2
2	5	Rebecca SIMPSON	#6 Buena Vista	14.27m	46-10	4/7
3	23	Kristen REICKS	#1 Wartburg	13.37m	43-10½	4/14
4	28	Ellie AKOUGH	#5 Nebraska Wesleyan	13.16m	43-2¼	4/7
5	35	Lily MEESTER	#1 Wartburg	12.89m	42-3½	4/1
6	36	Jaydyn PALMER	#8 Coe	12.87m	42-2¾	4/14
7	37	Haley BEMINIO	#1 Wartburg	12.85m	42-2	4/14
8	57	Mackenna WITTE	#5 Nebraska Wesleyan	12.46m	40-10½	4/7
9	73	Lilly DUFF	#4 Dubuque	12.31m	40-4¾	4/2
10	76	Grace ALLEY	#2 Loras	12.27m	40-3¼	3/30



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American Rivers

Women's Discus

1	4	Ellie AKOUGH	#5	Nebraska Wesleyan	46.73m	153-4	4/14
2	6	Kaitlyn WILDER	#4	Dubuque	44.77m	146-11	4/7
3	10	Kylee DOHERTY	#4	Dubuque	44.24m	145-2	4/2
4	17	Taylor FLAIG	#2	Loras	42.82m	140-6	4/2
5	26	Mackenna WITTE	#5	Nebraska Wesleyan	41.88m	137-5	4/14
6	39	Riley VICE	#2	Loras	40.53m	133-0	4/2
7	65	Alyssa STRIEGEL	#3	Central (Iowa)	39.39m	129-3	4/7
8	68	Anna FRIEDRICHSEN	#6	Buena Vista	39.21m	128-8	4/14
9	74	Laura BENEDICT	#2	Loras	38.89m	127-7	4/2
10	80	Allison VAN GORP	#3	Central (Iowa)	38.68m	126-11	4/14

Women's Hammer

1	1	Kaitlyn WILDER	#4	Dubuque	58.98m	193-6	4/2
2	4	Rebecca SIMPSON	#6	Buena Vista	56.12m	184-2	4/14
3	9	Ellie AKOUGH	#5	Nebraska Wesleyan	53.14m	174-4	4/1
4	11	Payton MCHONE	#4	Dubuque	52.95m	173-9	4/7
5	12	Emma TRUE	#1	Wartburg	52.93m	173-8	4/7
6	20	Caitlyn COX	#2	Loras	50.35m	165-2	4/2
7	33	Taylor FLAIG	#2	Loras	48.73m	159-11	4/2
8	62	Abby MARR	#3	Central (Iowa)	46.82m	153-8	4/7
9	92	Haley BEMINIO	#1	Wartburg	45.44m	149-1	4/7
10	93	Jaydyn PALMER	#8	Coe	45.43m	149-1	4/14

Women's Javelin

1	4	Rebecca SIMPSON	#6	Buena Vista	43.96m	144-3	4/7
2	5	Avery DECKER	#5	Nebraska Wesleyan	43.57m	143-0	4/14
3	25	Addie THOMAS	#5	Nebraska Wesleyan	39.05m	128-2	4/7
4	35	Kylee DOHERTY	#4	Dubuque	37.75m	123-10	4/14
5	52	Grace ALLEY	#2	Loras	36.99m	121-4	4/14
6	63	Mackenna WITTE	#5	Nebraska Wesleyan	36.73m	120-6	4/14
7	70	Alivia AUER	#4	Dubuque	36.52m	119-10	4/2
8	71	Taryn HINTZ	#3	Central (Iowa)	36.47m	119-8	4/14
9	76	Ashley GLENNON	#4	Dubuque	36.32m	119-2	4/14
10	91	Gabbie SCHEI	#9	Luther	35.50m	116-6	4/1

Women's Heptathlon

1	1	Grace ALLEY	#2	Loras	5,163	3/30
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ASC

Women's 100 Meters

1	78	Jada MORRIS	#1	McMurry	12.42w	(2.9)	4/14
2	82	Brynn YANEZ	#1	McMurry	12.44w	(2.9)	4/14
3		Jayla ALDRIDGE	#5	Concordia Texas	12.52w	(2.9)	4/14
4		Losuria WEBB-BARBER	#1	McMurry	12.78w	(2.9)	4/14
5		Pendo MUGOFWA	#5	Concordia Texas	12.82w	(3.5)	3/25
6		Tia BILLINGSLEY	#6	UT Dallas	13.04w	(2.8)	3/24
6		Payton CLARK	#4	East Texas Bapti	13.04	(1.8)	4/6
8		Honor KNOTT	#2	Hardin-Simmon	13.07w	(2.4)	4/14
9		Danielle SAULS	#2	Hardin-Simmon	13.10w	(2.7)	3/17
10		Rachel MCCALISTER	#1	McMurry	13.17	(0.8)	3/3

Women's 100 Meter Hurdles

1	20	Naj CAMPBELL	#1	McMurry	14.55w	(3.0)	4/14
2		Neelie SCHIEL	#4	East Texas Bapti	15.96	(0.6)	3/17
3		Madelyn GOLLIHAR	#1	McMurry	16.50	(1.5)	3/17
4		Victoria WILSON	#3	LeTourneau	16.67	(0.5)	4/13
5		Annie DAVID	#4	East Texas Bapti	17.03	(2.0)	3/25
6		Ellie MARSH	#3	LeTourneau	17.28w	(2.4)	4/13
7		Emmalee HORTON	#2	Hardin-Simmon	17.34	(0.6)	3/17
8		Jada CALAIS	#5	Concordia Texas	17.81	(2.0)	3/25
9		Brooke O'NEAL	#4	East Texas Bapti	18.36	(0.8)	4/13
10		Allissa RODRIGUEZ	#1	McMurry	18.65w	(2.1)	4/14

Women's 200 Meters

1		Jayla ALDRIDGE	#5	Concordia Texas	26.02w	(2.8)	4/14
2		Madelyn GOLLIHAR	#1	McMurry	26.03w	(3.4)	4/14
3		Payton CLARK	#4	East Texas Bapti	26.27	(0.0)	3/25
4		Nakiah TOLBERT	#2	Hardin-Simmon	26.36w	(2.8)	4/14
5		Brynn YANEZ	#1	McMurry	26.41w	(2.5)	3/17
6		Danielle PENA	#2	Hardin-Simmon	26.55w	(2.8)	4/14
7		Naj CAMPBELL	#1	McMurry	26.68w	(2.5)	3/17
8		Pendo MUGOFWA	#5	Concordia Texas	26.73	(1.7)	3/3
8		Jacee DINKINS	#1	McMurry	26.73w	(2.3)	4/14
10		Tia BILLINGSLEY	#6	UT Dallas	27.01	(1.2)	4/7

Women's 400 Meters

1		Nakiah TOLBERT	#2	Hardin-Simmon	59.63		3/3
2		Payton CLARK	#4	East Texas Bapti	1:00.09		4/13
3		Haily BASS	#3	LeTourneau	1:00.80		3/4
4		Danielle PENA	#2	Hardin-Simmon	1:01.38		3/3
5		Jacee DINKINS	#1	McMurry	1:02.14		4/7
6		Allyson PROSPERIE	#4	East Texas Bapti	1:04.18		4/6
7		Isabella SANCHEZ	#1	McMurry	1:05.33		4/14
8		Kylee FREEMAN	#3	LeTourneau	1:05.43		3/25
9		Meriah GONZALEZ	#1	McMurry	1:06.90		4/7
10		Hope GIADOLOR	#6	UT Dallas	1:08.24		3/24

Women's 400 Meter Hurdles

1	37	Ellie MARSH	#3	LeTourneau	1:05.23		4/13
2		Naj CAMPBELL	#1	McMurry	1:08.09		3/25
3		Madelyn GOLLIHAR	#1	McMurry	1:10.01		3/25
4		Jada CALAIS	#5	Concordia Texas	1:16.56		3/25
5		Chloe BOYER	#7	Ozarks (Ark.)	1:28.11		4/6

Women's 800 Meters

1		Kylah HOLLAND	#2	Hardin-Simmon	2:22.81		3/3
2		Madylin HERRERA	#6	UT Dallas	2:23.54		4/7
3		Ellie MARSH	#3	LeTourneau	2:23.58		3/30
4		Chloe WEATHER	#7	Ozarks (Ark.)	2:25.42		4/6
5		Janeth CHACON	#1	McMurry	2:27.06		3/25
6		Chloe MCLELLAN	#1	McMurry	2:27.44		4/7
7		Jazmin CHACON	#1	McMurry	2:28.91		3/3
8		Ache' ANDERSON	#4	East Texas Bapti	2:31.30		3/25
9		Katelyn HERNANDEZ	#1	McMurry	2:32.09		4/7
10		Allyson PROSPERIE	#4	East Texas Bapti	2:32.85		3/17

Women's 1500 Meters

1	72	Kylah HOLLAND	#2	Hardin-Simmon	4:42.86		3/30
2		Chloe WEATHER	#7	Ozarks (Ark.)	4:52.52		4/6
3		Janeth CHACON	#1	McMurry	4:55.91		4/7
4		Madylin HERRERA	#6	UT Dallas	4:59.78		3/24
5		Jazmin CHACON	#1	McMurry	5:03.13		3/3
6		Chloe MCLELLAN	#1	McMurry	5:03.88		4/14
7		Savanna DANNER	#1	McMurry	5:09.42		4/14
8		Hope GREENWALD	#3	LeTourneau	5:14.09		4/13
9		Jazmin MENDEZ	#2	Hardin-Simmon	5:14.16		3/30
10		Rebecca BETANZO	#6	UT Dallas	5:14.97		3/17

Women's Steeplechase

1	13	Kylah HOLLAND	#2	Hardin-Simmon	10:55.51		3/30
2		Savanna DANNER	#1	McMurry	12:10.78		4/7
3		Sierra BENNER	#3	LeTourneau	12:19.42		3/30
4		Phoebe DUNHAM	#4	East Texas Bapti	12:19.86		4/13
5		Jazmin MENDEZ	#2	Hardin-Simmon	12:59.38		4/14
6		Aubrey BATTEN	#1	McMurry	13:43.39		4/7
7		Chloe BOYER	#7	Ozarks (Ark.)	14:15.08		3/10
8		Nadja BABILONIA-LOPEZ	#1	McMurry	14:46.20		4/7
9		Madison SOULTANOVA	#1	McMurry	16:22.09		4/7

Women's 5000 Meters

1	63	Kylah HOLLAND	#2	Hardin-Simmon	17:38.58c(17:53.16A)		3/24
2		Janeth CHACON	#1	McMurry	18:26.51		3/3
3		Jazmin CHACON	#1	McMurry	18:32.63		4/7
4		Chloe WEATHER	#7	Ozarks (Ark.)	18:40.68		3/10
5		Phoebe DUNHAM	#4	East Texas Bapti	19:27.16		4/6
6		Savanna DANNER	#1	McMurry	19:31.76		3/17
7		Sierra BENNER	#3	LeTourneau	19:46.61		4/13
8		Rebecca BETANZO	#6	UT Dallas	19:52.40		3/17
9		Ashley SHEA	#1	McMurry	20:14.50		4/7
10		Jocelyn MORENO	#1	McMurry	20:49.57		3/3



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Women's 10,000 Meters

1	61	Janeth CHACON	#1	McMurry	38:29.37	3/17
2		Chloe WEATHER	#7	Ozarks (Ark.)	40:40.24	4/14
3		Ashley SHEA	#1	McMurry	43:02.00	3/17
4		Jocelyn MORENO	#1	McMurry	43:47.75	3/17
5		Trinity MARTINEZ	#1	McMurry	43:58.81	3/17

Women's 4x100 Relay

1	40	Madelyn GOLLIHAR, Brynn YANEZ, Losuria WEBB- BARBER, Jada MORRIS	#1	McMurry	48.81	4/14
2	56	Jada SLAINE, Danielle PENA, Danielle SAULS, Nakiah TOLBERT	#2	Hardin-Simmon	49.26	3/30
3	98	Pendo MUGOFWA, Jayla ALDRIDGE, Kallie KRENZ, Mattison STAYROOK	#5	Concordia Texas	50.12	3/25
4		Faith HUDSON, Payton CLARK, Maddie REID, Neelie SCHIEL	#4	East Texas Bapti	51.44	3/25
5		Haily BASS, Kylee FREEMAN, Jenna CARTER, Ellie MARSH	#3	LeTourneau	52.51	4/13

Women's 4x400 Relay

1	91	Allyson PROSPERIE, Ache' ANDERSON, Neelie SCHIEL, Payton CLARK	#4	East Texas Bapti	4:10.98	3/25
2		Haily BASS, Kylee FREEMAN, Hope GREENWALD, Ellie MARSH	#3	LeTourneau	4:12.74	3/30
3		Isabella SANCHEZ, Meriah GONZALEZ, Kyleigh MATHEWS, Losuria WEBB- BARBER	#1	McMurry	4:13.71	3/3
4		Chloe BOYER, Mileidy ESPINOZA, Almalila RAMIREZ, Marcela VALLADARES	#7	Ozarks (Ark.)	5:35.52	4/6

Women's High Jump

1		Kylie FLIPPIN	#1	McMurry	1.53m	5-¼	3/17
2		Bethany WOOD	#1	McMurry	1.50m	4-11	4/14
2		Janae GREEN	#2	Hardin-Simmon	1.50m	4-11	4/14
4		Victoria WILSON	#3	LeTourneau	1.49m	4-10½	4/13
5		Kallie KRENZ	#5	Concordia Texas	1.45m	4-9	4/14
5		Alexa SOWERS	#2	Hardin-Simmon	1.45m	4-9	4/14
7		Emmalee HORTON	#2	Hardin-Simmon	1.43m	4-8¾	3/17
8		Hanna CHELLALI	#6	UT Dallas	1.25m	4-1¼	4/14
8		Allissa RODRIGUEZ	#1	McMurry	1.25m	4-1¼	4/14

Women's Pole Vault

1	85	Jacee DINKINS	#1	McMurry	3.30m	10-9¾	4/14
2		Kylee FREEMAN	#3	LeTourneau	2.80m	9-2¼	4/13

Women's Long Jump

1	36	Jada MORRIS	#1	McMurry	5.49mw	18-¼ (2.5)	4/14
2	82	Kallie KRENZ	#5	Concordia Texas	5.26mw	17-3¼ (3.3)	4/14
3		Danielle SAULS	#2	Hardin-Simmon	5.16mw	16-11¼ (3)	4/14
4		Losuria WEBB- BARBER	#1	McMurry	4.98m	16-4¼ (1.7)	4/14
5		Alexa SOWERS	#2	Hardin-Simmon	4.97m	16-3¾ (0.0)	3/3
6		Emerald GARCIA	#2	Hardin-Simmon	4.80m	15-9 (0.4)	3/24
7		Meriah GONZALEZ	#1	McMurry	4.77m	15-7¾ (0.0)	3/3
8		Jada SLAINE	#2	Hardin-Simmon	4.67mw	15-4 (3.9)	4/14
9		Hannah EDWARDS	#6	UT Dallas	4.65m	15-3¼ (0.0)	3/24
10		Nakiah TOLBERT	#2	Hardin-Simmon	4.54m	14-10¾ (1)	4/14

Women's Triple Jump

1	33	She'Ray WILSON	#2	Hardin-Simmon	11.35mw	37-3 (2.6)	4/14
2		Meriah GONZALEZ	#1	McMurry	10.65mw	34-11¼ (2)	4/14
3		Losuria WEBB- BARBER	#1	McMurry	10.15m	33-3¾ (2.0)	3/3
4		Emerald GARCIA	#2	Hardin-Simmon	10.10m	33-1¾ (1.9)	3/3
5		Alexa SOWERS	#2	Hardin-Simmon	9.76m	32-¼ (1.9)	4/14

Women's Shot Put

1	47	Amaris DELGADO	#1	McMurry	12.70m	41-8	4/7
2	70	Kiki GONZALES	#2	Hardin-Simmon	12.33m	40-5½	4/14
3	83	Elizabeth JORDAN	#1	McMurry	12.22m	40-1¼	3/17
4		Lynda FARMER	#2	Hardin-Simmon	11.78m	38-7¾	4/14
5		Allese CRUTCHER	#5	Concordia Texas	11.29m	37-½	4/14
6		Hannah HUTCHISON	#1	McMurry	11.00m	36-1¼	4/14
7		Elizabeth CUNNINGHAM	#1	McMurry	10.77m	35-4	3/25
8		Rae KIMBLE	#5	Concordia Texas	10.76m	35-3¾	4/14
9		Rylee ORTEGA	#2	Hardin-Simmon	10.69m	35-1	3/3
10		Corbin STULIR	#1	McMurry	10.23m	33-6¾	3/3

Women's Discus

1	59	Elizabeth RYAN	#1	McMurry	39.64m	130-1	4/7
2		Elizabeth JORDAN	#1	McMurry	36.68m	120-4	4/14
3		Glenda PARRA	#1	McMurry	36.38m	119-4	3/3
4		Graycee MOSLEY	#4	East Texas Bapti	36.19m	118-9	3/17
5		Hannah HUTCHISON	#1	McMurry	36.04m	118-3	4/14
6		Lynda FARMER	#2	Hardin-Simmon	35.20m	115-6	4/14
7		Shakayla BROWDER	#4	East Texas Bapti	31.91m	104-8	3/25
8		Allese CRUTCHER	#5	Concordia Texas	30.80m	101-1	4/14
9		Kaitlyn BARBER	#4	East Texas Bapti	30.65m	100-7	3/17
10		Chisom MBAH	#6	UT Dallas	30.50m	100-1	3/24



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Women's Hammer

1	31	Elizabeth CUNNINGHAM	#1	McMurry	48.85m	160-3	4/14
2	50	Elizabeth RYAN	#1	McMurry	47.50m	155-10	3/25
3		Amaris DELGADO	#1	McMurry	39.98m	131-2	4/14
4		Corbin STULIR	#1	McMurry	39.60m	129-11	4/14
5		Hannah HUTCHISON	#1	McMurry	35.02m	114-11	4/14
6		Elizabeth JORDAN	#1	McMurry	34.22m	112-3	4/7
7		Rebekah MCQUEEN	#5	Concordia Texas	31.65m	103-10	4/14

Women's Javelin

1	6	Allissa RODRIGUEZ	#1	McMurry	42.37m	139-0	4/14
2	26	Neelie SCHIEL	#4	East Texas Bapti	39.01m	128-0	3/17
3	67	Mattison STAYROOK	#5	Concordia Texas	36.64m	120-3	3/25
4	98	Corbin STULIR	#1	McMurry	35.20m	115-6	4/7
5		Jaycee BRANNON	#1	McMurry	34.00m	111-7	3/25
6		Victoria WILSON	#3	LeTourneau	33.20m	108-11	4/13
7		Elizabeth RYAN	#1	McMurry	33.01m	108-4	3/17
8		Hannah EDWARDS	#6	UT Dallas	30.80m	101-1	4/7
9		Bethany WOOD	#1	McMurry	30.35m	99-7	3/3
10		Jenna CARTER	#3	LeTourneau	25.31m	83-½	3/4

Women's Heptathlon

1	44	Victoria WILSON	#3	LeTourneau	3,463		4/13
2	83	Allissa RODRIGUEZ	#1	McMurry	2,715		4/7



Conference TFRI Event Summary

as of 4/17/2023 6:58:39 AM

C2C

Women's 100 Meters

1	16	Sydney TRUSSELL	#2	Christopher Nev	12.07	(0.8)	4/14
2		Sophia REDMOND	#5	Mary Washingto	12.49	(0.7)	3/17
3		Amaya CUMMINS	#1	UC Santa Cruz	12.71	(1.2)	3/30
4		Karia FORVIL	#3	Salisbury	12.88w	(2.9)	3/16
5		Marlyse HAACK	#3	Salisbury	12.89w	(2.4)	4/15
6		Haileigh BYRD	#5	Mary Washingto	12.90	(0.1)	4/14
7		Siena SUJITNO	#6	Pratt Institute	12.94	(0.9)	4/1
7		Mia HILL	#3	Salisbury	12.94w	(2.9)	3/4
9		Lindsey STIRLING	#2	Christopher Nev	13.05w	(2.1)	4/7
10		Chay'La RIVERS	#4	St. Mary's (Md.)	13.26	(1.8)	4/1

Women's 100 Meter Hurdles

1	26	Alyssa ROACH	#2	Christopher Nev	14.62w	(3.3)	4/7
2	54	Chloe SOLUMUA	#1	UC Santa Cruz	15.01	(1.2)	4/14
3	76	Haileigh BYRD	#5	Mary Washingto	15.35w	(3.5)	3/17
4		Mackenzie JONES	#1	UC Santa Cruz	17.33	(1.0)	3/30
5		Bella SARAO	#1	UC Santa Cruz	17.85	(1.0)	4/14
6		Isha KASANAGOTTU	#1	UC Santa Cruz	18.17	(1.2)	4/14
7		Grace DEAR	#3	Salisbury	18.22	(1.3)	3/4
8		Alicia DASALLA	#1	UC Santa Cruz	18.46	(1.0)	3/30
9		Chay'La RIVERS	#4	St. Mary's (Md.)	19.36	(-3.9)	3/17
10		Kayla GALVAN	#6	Pratt Institute	21.37	(-1.2)	4/15

Women's 200 Meters

1	21	Sydney TRUSSELL	#2	Christopher Nev	24.96w	(2.1)	4/14
2	79	Sophia REDMOND	#5	Mary Washingto	25.58w	(3.2)	4/14
3		Adrianna DESANTIS	#2	Christopher Nev	25.98	(1.6)	4/7
4		Chloe SOLUMUA	#1	UC Santa Cruz	26.13	(1.3)	4/6
5		Amaya CUMMINS	#1	UC Santa Cruz	26.18	(1.6)	4/14
6		Mia HILL	#3	Salisbury	26.19w	(2.6)	4/15
6		Caitlin DONOVAN	#1	UC Santa Cruz	26.19	(1.6)	4/14
8		Marlyse HAACK	#3	Salisbury	26.25	(1.8)	4/15
9		Alyssa ROACH	#2	Christopher Nev	26.70	(-0.3)	4/7
10		Karia FORVIL	#3	Salisbury	26.89w	(3.0)	4/15

Women's 400 Meters

1	66	Adrianna DESANTIS	#2	Christopher Nev	58.89		4/14
2	82	Sophia REDMOND	#5	Mary Washingto	59.19		4/1
3		Caitlin DONOVAN	#1	UC Santa Cruz	1:00.15		3/18
4		Kayla GALVEZ	#1	UC Santa Cruz	1:02.91		4/14
5		Sophie JIMENEZ	#1	UC Santa Cruz	1:03.33		4/14
6		Brittney DOUGLAS	#4	St. Mary's (Md.)	1:04.05		4/15
7		Caroleene BLOCK	#1	UC Santa Cruz	1:04.48		3/10
8		Amanda HECKMAN	#5	Mary Washingto	1:04.99		4/1
9		Savannah OWENS	#4	St. Mary's (Md.)	1:05.00		4/15
10		Ria SAINI	#1	UC Santa Cruz	1:05.50		3/10

Women's 400 Meter Hurdles

1		Haileigh BYRD	#5	Mary Washingto	1:08.54		4/14
2		Alicia DASALLA	#1	UC Santa Cruz	1:13.57		4/14
3		Mackenzie JONES	#1	UC Santa Cruz	1:14.20		4/14
4		Eliza DANA	#2	Christopher Nev	1:17.42		3/25
5		Chay'La RIVERS	#4	St. Mary's (Md.)	1:20.68		3/17
6		Dina JONES	#4	St. Mary's (Md.)	1:22.71		4/1
7		Grace DEAR	#3	Salisbury	1:23.52		3/4

Women's 800 Meters

1	99	Hanna HEKKANEN	#1	UC Santa Cruz	2:18.89		4/13
2		Mae SAVOIE	#2	Christopher Nev	2:23.05		4/7
3		Andrea GALLARDO	#1	UC Santa Cruz	2:24.56		4/7
4		Helena JANKU	#1	UC Santa Cruz	2:24.95		3/3
5		Brittney DOUGLAS	#4	St. Mary's (Md.)	2:25.93		4/1
6		Frieda CEDILLO	#1	UC Santa Cruz	2:27.12		4/7
7		Adalyn PEREZ	#2	Christopher Nev	2:27.39		4/14
8		Arabella EDLER	#1	UC Santa Cruz	2:28.69		3/10
9		Casey YENYO	#2	Christopher Nev	2:29.21		3/25
10		Abigale SIMMONS	#3	Salisbury	2:29.24		3/31

Women's 1500 Meters

1	19	Ash BAUDIN	#1	UC Santa Cruz	4:36.10		3/18
2	39	Riley MARTEL-PHILLIPS	#1	UC Santa Cruz	4:38.41		3/18
3	74	Hanna HEKKANEN	#1	UC Santa Cruz	4:42.88		3/18
4		Helena JANKU	#1	UC Santa Cruz	4:52.11		3/18
5		Mae SAVOIE	#2	Christopher Nev	4:53.94		3/30
6		Eliza DANA	#2	Christopher Nev	4:57.40		4/14
7		Cheryl CHUANG	#1	UC Santa Cruz	4:59.81		3/18
8		Andrea GALLARDO	#1	UC Santa Cruz	5:00.94		3/30
9		Emma WIRZ	#1	UC Santa Cruz	5:01.02		3/18
10		Sage SIMMS	#1	UC Santa Cruz	5:01.42		4/14

Women's Steeplechase

1	11	Ash BAUDIN	#1	UC Santa Cruz	10:52.84		3/30
2	92	Emma WIRZ	#1	UC Santa Cruz	11:55.19		4/14
3	94	Eliza DANA	#2	Christopher Nev	11:55.27		3/30
4		Cheryl CHUANG	#1	UC Santa Cruz	12:14.90		4/14
5		Monica FONSECA	#1	UC Santa Cruz	12:36.61		4/14
6		Rachel ROBERTS	#3	Salisbury	12:41.99		4/15
7		Lex MCGRIL	#2	Christopher Nev	12:57.38		3/25
8		Leah SNYDER	#3	Salisbury	12:57.79		4/15
9		Jessica OBERLIES	#5	Mary Washingto	13:17.35		4/1
10		Katherine ARMSTRONG	#5	Mary Washingto	13:39.37		4/1



Conference TFRI Event Summary

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C2C

Women's 5000 Meters

1	33	Riley MARTEL-PHILLIPS	#1	UC Santa Cruz	17:17.72	4/13
2	1	Helena JANKU	#1	UC Santa Cruz	17:52.73	3/30
3		Maddy RAWLINGS	#2	Christopher Nev	18:36.81	4/14
4		Alyssa SANTORO	#3	Salisbury	18:45.65	3/31
5		Emma WIRZ	#1	UC Santa Cruz	18:56.26	3/30
6		Monica FONSECA	#1	UC Santa Cruz	19:01.90	3/30
7		Sage SIMMS	#1	UC Santa Cruz	19:08.60	3/30
8		Cheryl CHUANG	#1	UC Santa Cruz	19:23.33	3/30
9		Lindsay RULE	#1	UC Santa Cruz	19:27.56	3/30
10		Lauren SAPP	#4	St. Mary's (Md.)	19:30.35	3/17

Women's 10,000 Meters

1	85	Maddy RAWLINGS	#2	Christopher Nev	39:24.10	3/30
2		Claire GARSTER	#2	Christopher Nev	41:16.52	3/30
3		Michelle VALCICH	#2	Christopher Nev	41:26.55	3/25
4		Allyson WAGNER	#3	Salisbury	41:33.18	3/16
5		Libby MILES	#2	Christopher Nev	41:55.70	3/25
6		Rachel ROBERTS	#3	Salisbury	42:02.01	3/16
7		Callie PRATT	#2	Christopher Nev	42:23.66	3/25

Women's 4x100 Relay

1		Lindsey STIRLING, Eleanor EUNGARD, Adrianna DESANTIS, Sydney TRUSSELL	#2	Christopher Nev	50.24	3/25
2		Karia FORVIL, Marlyse HAACK, Destinee EKANEM, Mia HILL	#3	Salisbury	52.18	3/31
3		Chay'La RIVERS, Fladaina BRUNO, Tray MOBRAY, Alana THOMPSON	#4	St. Mary's (Md.)	53.56	4/15
4		Ava HUNWICK, Kathleen CHEN, Emily VAZQUEZ, Ella AMBROGGIO	#6	Pratt Institute	1:05.33	4/1

Women's 4x400 Relay

1	55	Caitlin DONOVAN, Ash BAUDIN, Chloe SOLUMUA, Caroleene BLOCK	#1	UC Santa Cruz	4:06.42	3/18
2	79	Ainsley MILLER, Casey YENYO, Sydney TRUSSELL, Adrianna DESANTIS	#2	Christopher Nev	4:09.24	3/17
3	97	Mia HILL, Marlyse HAACK, Destinee EKANEM, Karia FORVIL	#3	Salisbury	4:11.81	3/31
4		Alana THOMPSON, Brittney DOUGLAS, Chay'La RIVERS, Dina JONES	#4	St. Mary's (Md.)	4:31.42	3/17

Women's High Jump

1	93	Alyssa ROACH	#2	Christopher Nev	1.55m	5-1	4/14
2		Elise KINYANJUI	#4	St. Mary's (Md.)	1.53m	5-¼	4/1
3		Hannah UNGER	#5	Mary Washingto	1.45m	4-9	4/1
4		Chloe SOLUMUA	#1	UC Santa Cruz	1.37m	4-6	4/6
5		Isha KASANAGOTTU	#1	UC Santa Cruz	1.33m	4-4¼	4/14

Women's Pole Vault

1		Ainsley MILLER	#2	Christopher Nev	3.05m	10-0	3/25
2		Lauren KNAPP	#3	Salisbury	2.95m	9-8	3/31
3		Avery MANGELS	#2	Christopher Nev	2.90m	9-6¼	3/25
4		Maddie PHILLIPS	#5	Mary Washingto	2.75m	9-¼	4/1
5		Mackenzie TATE	#2	Christopher Nev	2.60m	8-6¼	3/25
6		Sophia REDMOND	#5	Mary Washingto	2.45m	8-½	4/1
7		Hana BUSSELL	#5	Mary Washingto	2.30m	7-6½	4/1

Women's Long Jump

1	41	Alyssa ROACH	#2	Christopher Nev	5.47m	17-11½ (0.4)	4/14
2	65	Haileigh BYRD	#5	Mary Washingto	5.36m	17-7 (0.0)	4/14
3		Marlyse HAACK	#3	Salisbury	5.01m	16-5¼ (-1.1)	4/15
4		Mia HILL	#3	Salisbury	4.98mw	16-4¼ (2.9)	3/16
5		Siena SUJITNO	#6	Pratt Institute	4.85m	15-11 (1.1)	4/2
6		Alexandra GUZMAN	#2	Christopher Nev	4.81m	15-9½ (0.0)	4/14
7		Chloe SOLUMUA	#1	UC Santa Cruz	4.60m	15-1¼ (2.0)	4/6
8		Alana THOMPSON	#4	St. Mary's (Md.)	4.58m	15-½ (0.7)	4/1
9		Chay'La RIVERS	#4	St. Mary's (Md.)	4.34m	14-3 (1.1)	3/25
10		Alex KAPLAN	#1	UC Santa Cruz	4.25m	13-11½ (0.4)	4/14

Women's Triple Jump

1	76	Alexandra GUZMAN	#2	Christopher Nev	10.94m	35-10¾ (-0.4)	4/14
2		Marlyse HAACK	#3	Salisbury	10.49m	34-5 (0.0)	4/15
3		Haileigh BYRD	#5	Mary Washingto	10.17m	33-4½ (1.0)	3/25
4		Alex KAPLAN	#1	UC Santa Cruz	10.01m	32-10¼ (1.1)	4/7
5		Emma CHRISTMAN	#3	Salisbury	9.66mw	31-8½ (3.1)	3/4
6		Chay'La RIVERS	#4	St. Mary's (Md.)	9.60m	31-6 (-0.3)	4/15
7		Bella SARAO	#1	UC Santa Cruz	9.51m	31-2½ (0.7)	4/14

Women's Shot Put

1		Katherine STEVENS	#2	Christopher Nev	11.84m	38-10¼	4/14
2		Annabelle DREHER	#2	Christopher Nev	9.48m	31-1¼	4/14
3		Whitney PORTER	#1	UC Santa Cruz	9.35m	30-8¼	4/14
4		Kailey JARBOE	#3	Salisbury	8.94m	29-4	4/15
5		Faith JONES	#5	Mary Washingto	8.62m	28-3½	3/25
6		Amira WHITAKER	#4	St. Mary's (Md.)	8.46m	27-9¼	4/15
6		Fladaina BRUNO	#4	St. Mary's (Md.)	8.46m	27-9¼	4/1
8		Alyssa ROACH	#2	Christopher Nev	8.23m	27-0	4/7
9		Morgan MARZEC	#4	St. Mary's (Md.)	8.14m	26-8½	3/25
10		Chloe SOLUMUA	#1	UC Santa Cruz	7.76m	25-5½	4/6



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C2C

Women's Discus

1	44	Katherine STEVENS	#2	Christopher Nev	40.32m	132-4	4/14
2		Whitney PORTER	#1	UC Santa Cruz	28.84m	94-7½	4/14
3		Kailey JARBOE	#3	Salisbury	28.41m	93-2½	3/16
4		Annabelle DREHER	#2	Christopher Nev	26.60m	87-3¼	4/14
5		Faith JONES	#5	Mary Washingto	23.99m	78-8½	3/25
6		Eleanor EUNGARD	#2	Christopher Nev	22.62m	74-2½	4/7
7		Ella AMBROGGIO	#6	Pratt Institute	22.21m	72-10½	4/15
8		Quentessa GAINES	#5	Mary Washingto	20.82m	68-3¾	4/14
9		Morgan MARZEC	#4	St. Mary's (Md.)	20.75m	68-1	3/25
10		Olivia MAGALETTA	#4	St. Mary's (Md.)	19.78m	64-10¾	3/17

Women's Hammer

1		Katherine STEVENS	#2	Christopher Nev	42.95m	140-11	4/7
2		Annabelle DREHER	#2	Christopher Nev	31.82m	104-5	4/14
3		Kailey JARBOE	#3	Salisbury	30.02m	98-6	3/4
4		Faith JONES	#5	Mary Washingto	27.15m	89-1	4/1
5		Jordyn MILES	#4	St. Mary's (Md.)	27.13m	89-¼	4/15
6		Morgan MARZEC	#4	St. Mary's (Md.)	24.61m	80-9	4/1
7		Fladaina BRUNO	#4	St. Mary's (Md.)	23.40m	76-9¼	3/25
8		Nayev PUMPHREY	#4	St. Mary's (Md.)	22.90m	75-1¾	4/1
9		Olivia MAGALETTA	#4	St. Mary's (Md.)	22.30m	73-2	3/25
10		Whitney PORTER	#1	UC Santa Cruz	20.57m	67-6	4/7

Women's Javelin

1		Katherine STEVENS	#2	Christopher Nev	24.76m	81-2¾	4/7
2		Alyssa ROACH	#2	Christopher Nev	23.79m	78-¾	3/25
3		Chloe SOLUMUA	#1	UC Santa Cruz	18.66m	61-2¾	4/6
4		Faith JONES	#5	Mary Washingto	17.02m	55-10¼	4/1
5		Mackenzie TATE	#2	Christopher Nev	16.49m	54-1¼	3/25
6		Alana THOMPSON	#4	St. Mary's (Md.)	15.99m	52-5½	3/25
7		Haileigh BYRD	#5	Mary Washingto	15.07m	49-5½	4/1
8		Olivia MAGALETTA	#4	St. Mary's (Md.)	14.68m	48-2	4/1
9		Eleanor EUNGARD	#2	Christopher Nev	13.83m	45-4½	3/25
10		Maddie PHILLIPS	#5	Mary Washingto	12.42m	40-9	4/1

Women's Heptathlon

1	15	Alyssa ROACH	#2	Christopher Nev	4,268	4/7
2	36	Chloe SOLUMUA	#1	UC Santa Cruz	3,768	4/6



Conference TFRI Event Summary

as of 4/17/2023 6:58:40 AM

CCC

Women's 100 Meters

1	95	Amanda WALDEN	#3	Suffolk	12.47	(1.2)	3/30
2		Amaris GOODWIN	#5	Gordon (Mass.)	12.48	(1.0)	4/14
3		Bianca DELMAESTRO	#1	Endicott	12.73	(1.9)	4/8
4		Madison CLARK	#8	Nichols	12.84w	(2.1)	4/15
5		Lauren WOOD	#3	Suffolk	13.03	(0.7)	3/25
6		Alicia LOPEZ	#6	Salve Regina	13.19w	(2.3)	4/15
7		Jordan WILLIAMS	#1	Endicott	13.26		4/14
8		Emily BUCHTER	#2	Univ. of New En	13.35	(1.0)	4/14
9		Emily CONCEPCION	#3	Suffolk	13.36	(0.5)	4/8
10		Kaylie GROOM	#3	Suffolk	13.63	(-0.8)	4/8

Women's 100 Meter Hurdles

1	48	Bianca DELMAESTRO	#1	Endicott	14.96		4/14
2		Laci SANTOS	#7	Wentworth (Mas	15.82	(1.8)	4/14
3		Kinneal DICKENS	#1	Endicott	16.75		4/14
4		Meghan PURCELL	#4	Roger Williams	16.80	(0.7)	4/14
5		Julia LEAVEY	#3	Suffolk	16.93	(0.0)	4/1
6		Nicole DANGELO	#1	Endicott	17.08		4/14
7		Kara QUINLAN	#1	Endicott	17.18	(0.6)	4/6
8		Sarah AYLWIN	#1	Endicott	17.62		4/14
9		Isabelle SLOCUM	#3	Suffolk	17.79	(0.0)	4/1
10		Deanna DUKAS	#1	Endicott	17.91	(-0.1)	4/8

Women's 200 Meters

1		Amanda WALDEN	#3	Suffolk	26.07	(1.3)	3/30
2		Amaris GOODWIN	#5	Gordon (Mass.)	26.17	(1.2)	4/14
3		Emily CONCEPCION	#3	Suffolk	26.84	(1.3)	3/30
4		Bianca DELMAESTRO	#1	Endicott	27.06		4/14
5		Jordan WILLIAMS	#1	Endicott	27.31		4/14
6		Alyssa RODRIGUEZ	#3	Suffolk	27.55	(0.2)	4/8
7		Emily BUCHTER	#2	Univ. of New En	27.91	(0.9)	4/14
8		Sydni LEHR	#2	Univ. of New En	27.98	(0.7)	4/14
9		Kimberly LAJOIE	#4	Roger Williams	28.00	(1.2)	4/14
10		Colleen MCLAUGHLIN	#1	Endicott	28.05	(0.1)	4/6

Women's 400 Meters

1		Amaris GOODWIN	#5	Gordon (Mass.)	1:00.05		4/8
2		Emily CONCEPCION	#3	Suffolk	1:00.54		3/25
3		Amy PATTELENA	#3	Suffolk	1:02.98		3/25
4		Kimberly LAJOIE	#4	Roger Williams	1:03.52		4/14
5		Alyssa RODRIGUEZ	#3	Suffolk	1:03.68		4/8
6		Hannah RISKI	#1	Endicott	1:03.73		4/6
7		Colleen MCLAUGHLIN	#1	Endicott	1:03.83		4/6
8		Riley RISCHITELLI	#1	Endicott	1:04.06		4/1
9		Colleen SULLIVAN	#7	Wentworth (Mas	1:04.29		4/8
10		Ceirra MERRITT	#2	Univ. of New En	1:04.78		4/8
10		Hannah SHEPARD	#1	Endicott	1:04.78		4/1

Women's 400 Meter Hurdles

1		Meghan PURCELL	#4	Roger Williams	1:08.47		4/14
2		Izabella HAAGENSON	#2	Univ. of New En	1:10.97		4/8
3		Nicole WOO	#1	Endicott	1:13.60		4/8
4		Riley RISCHITELLI	#1	Endicott	1:14.09		4/8
5		Sophia KING	#2	Univ. of New En	1:14.34		4/8
6		Eden BAILEY	#5	Gordon (Mass.)	1:19.09		4/8

Women's 800 Meters

1		Amy PATTELENA	#3	Suffolk	2:20.44		4/14
2		Hannah SHEPARD	#1	Endicott	2:24.15		4/8
3		Jocelyn TRISCIAC	#3	Suffolk	2:25.83		3/30
4		Sydney FOGG	#3	Suffolk	2:26.56		4/1
5		Colleen SULLIVAN	#7	Wentworth (Mas	2:30.75		4/14
6		Brie AM ENDE	#1	Endicott	2:30.98		4/14
7		Avery BRACCIA	#6	Salve Regina	2:31.63		4/15
8		Jessica MARTIN	#2	Univ. of New En	2:31.70		4/8
9		Olivia FORBES	#6	Salve Regina	2:34.43		4/15
10		Kim POULOS	#5	Gordon (Mass.)	2:35.30		4/14

Women's 1500 Meters

1		Amy PATTELENA	#3	Suffolk	4:51.84		4/14
2		Rachel BRENNAN	#5	Gordon (Mass.)	4:52.90		4/8
3		Sydney FOGG	#3	Suffolk	4:55.77		4/14
4		Nina PARZIALE	#2	Univ. of New En	4:59.58		3/26
5		Sarah NEWMAN	#4	Roger Williams	5:04.02		3/25
6		Hannah SHEPARD	#1	Endicott	5:06.80		4/1
7		Jessica MARTIN	#2	Univ. of New En	5:14.26		3/26
8		Caitlin BOUFFORD	#4	Roger Williams	5:16.88		4/1
9		Olivia FORBES	#6	Salve Regina	5:17.02		4/15
10		Allegra DEVOE	#1	Endicott	5:17.55		4/8

Women's Steeplechase

1		Sarah NEWMAN	#4	Roger Williams	11:59.17		4/14
2		Katie FLAHERTY	#4	Roger Williams	12:07.83		4/14
3		Caitlin BOUFFORD	#4	Roger Williams	12:09.77		4/14
4		Megan FECTEAU	#2	Univ. of New En	12:49.13		4/14
5		Makayla VIGNEAUX	#1	Endicott	14:10.51		4/14
6		Cate HERNDON	#1	Endicott	14:13.87		4/8

Women's 5000 Meters

1		Ellie DAVIS	#3	Suffolk	18:00.39		3/30
2		Nina PARZIALE	#2	Univ. of New En	18:04.32		4/1
3		Rachel BRENNAN	#5	Gordon (Mass.)	18:07.07		4/1
4		Carolyn DAY	#5	Gordon (Mass.)	18:40.26		4/14
5		Kelsee GLADU	#2	Univ. of New En	19:18.25		4/1
6		Haley SLATTERY	#2	Univ. of New En	19:23.70		4/14
7		Caitlin BOUFFORD	#4	Roger Williams	19:26.72		3/25
8		Katie FLAHERTY	#4	Roger Williams	19:44.73		3/25
9		Sarah ROBERTS	#3	Suffolk	19:46.80		4/8
10		Julia ADRIAN	#1	Endicott	20:03.64		4/14



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Women's 10,000 Meters

1	31	Rachel BRENNAN	#5	Gordon (Mass.)	36:53.40	4/14
2	37	Nina PARZIALE	#2	Univ. of New En	37:05.20	4/14
3	76	Kelsee GLADU	#2	Univ. of New En	39:10.43	4/14
4		Carolyn DAY	#5	Gordon (Mass.)	40:07.58	4/1
5		Brittany MARTIN	#4	Roger Williams	42:02.58	4/14
6		Amanda NAYLOR	#4	Roger Williams	42:31.96	4/14
7		Emma JOHNSON	#1	Endicott	43:52.31	4/1
8		Annabel SMITH	#5	Gordon (Mass.)	44:12.33	4/1

Women's 4x100 Relay

1		Lauren WOOD, Alyssa RODRIGUEZ, Emily CONCEPCION, Amanda WALDEN	#3	Suffolk	50.54	3/25
2		Jordan WILLIAMS, Bianca DELMAESTRO, Riley RISCHITELLI, Nicole WOO	#1	Endicott	51.31	4/8
3		Emily BUCHTER, Izabella HAAGENSON, Sydni LEHR, Ceirra MERRITT	#2	Univ. of New En	53.20	4/14
4		Marisela ACKERMAN, Meena GOSWAMI, Alicia LOPEZ, Bryanna RAWNSLEY	#6	Salve Regina	54.70	4/1
5		Rajchel SMARDON, Emma NOEL, Jenna CONDON, Madison CLARK	#8	Nichols	55.01	4/15
6		Dionne ANG, Colleen SULLIVAN, Eleni CHRISTOPOULOS, Erin MACLEAN	#7	Wentworth (Mas	56.33	4/8

Women's 4x400 Relay

1		Hannah RISKI, Riley RISCHITELLI, Brie AM ENDE, Hannah SHEPARD	#1	Endicott	4:16.81	4/8
2		Emily BUCHTER, Izabella HAAGENSON, Sophia KING, Sydni LEHR	#2	Univ. of New En	4:30.32	4/1
3		Dionne ANG, Eleni CHRISTOPOULOS, Erin MACLEAN, Colleen SULLIVAN	#7	Wentworth (Mas	4:41.38	4/14
4		Marisela ACKERMAN, Sarah HAUPTMAN, Mary SCALZULLI, Avery BRACCIA	#6	Salve Regina	4:42.56	4/15

Women's High Jump

1	70	Anna EVANS	#2	Univ. of New En	1.57m	5-1¾	4/1
2		Brie AM ENDE	#1	Endicott	1.52m	4-11¾	4/1
3		Nicole DIBENEDETTO	#3	Suffolk	1.50m	4-11	3/25
3		Katie RITZER	#1	Endicott	1.50m	4-11	4/6
5		Alexa FLEWELLING	#1	Endicott	1.47m	4-9¾	4/14
6		Julia LEAVEY	#3	Suffolk	1.45m	4-9	4/8
7		Eden BAILEY	#5	Gordon (Mass.)	1.43m	4-8¾	4/8
8		Nicole DANDELO	#1	Endicott	1.42m	4-7¾	4/14
9		Bryanna RAWNSLEY	#6	Salve Regina	1.36m	4-5½	4/8
10		Laci SANTOS	#7	Wentworth (Mas	1.33m	4-4¾	4/14

Women's Pole Vault

1		Nicole DANDELO	#1	Endicott	2.80m	9-2¼	4/14
2		Molly HENNEGAN	#3	Suffolk	2.75m	9-¾	3/25
3		Sarah AYLWIN	#1	Endicott	2.65m	8-8¾	4/8
3		Eleni CHRISTOPOULOS	#7	Wentworth (Mas	2.65m	8-8¾	4/14
5		Sarah FORRISTER	#3	Suffolk	2.55m	8-4¾	4/1
5		Kara SICKLE	#3	Suffolk	2.55m	8-4¾	4/1
5		Logan BAXTER	#1	Endicott	2.55m	8-4¾	4/1
8		Kinneal DICKENS	#1	Endicott	2.50m	8-2½	4/14
9		Sophia ECHEVARRIA	#3	Suffolk	2.45m	8-½	4/8
10		Olivia MCHUGH	#6	Salve Regina	2.25m	7-4½	4/8

Women's Long Jump

1		Sydni LEHR	#2	Univ. of New En	4.80m	15-9 (0.7)	4/14
2		Sarah AYLWIN	#1	Endicott	4.77m	15-7¾ (-0.0)	4/1
2		Kinneal DICKENS	#1	Endicott	4.77m	15-7¾	4/14
4		Izabella HAAGENSON	#2	Univ. of New En	4.70mw	15-5 (3.6)	3/26
5		Eden MORRIS	#2	Univ. of New En	4.60m	15-1¼ (0.0)	4/8
6		Lara KESTER	#4	Roger Williams	4.50mw	14-9¼ (2.5)	4/8
7		Rajchel SMARDON	#8	Nichols	4.45m	14-7¼ (-0.0)	4/15
7		Sarah FORRISTER	#3	Suffolk	4.45m	14-7¼ (0.0)	4/1
9		Laci SANTOS	#7	Wentworth (Mas	4.44m	14-6¾ (0.0)	4/8
10		Grace GILMORE	#6	Salve Regina	4.33m	14-2½ (0.5)	4/15

Women's Triple Jump

1		Sydni LEHR	#2	Univ. of New En	10.33mw	33-10¾ (3.0)	3/26
2		Izabella HAAGENSON	#2	Univ. of New En	10.11m	33-2 (0.0)	4/8
3		Grace GILMORE	#6	Salve Regina	10.00m	32-9¾ (0.3)	4/15
4		Logan BAXTER	#1	Endicott	9.96m	32-8¼ (0.0)	4/1
5		Eden MORRIS	#2	Univ. of New En	9.68m	31-9¼ (0.0)	4/8
6		Kinneal DICKENS	#1	Endicott	9.63m	31-7¼	4/14
7		Anna EVANS	#2	Univ. of New En	9.55m	31-4 (1.2)	4/14
8		Nicole DIBENEDETTO	#3	Suffolk	9.35m	30-8¼ (1.8)	4/8
9		Marisela ACKERMAN	#6	Salve Regina	9.01m	29-6¾ (1.0)	4/15
10		Peyton SULLIVAN	#4	Roger Williams	8.48m	27-10 (0.2)	3/25



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Women's Shot Put

1	68	Nicole DANGELO	#1	Endicott	12.34m	40-6	4/14
2		Cheyenne CAHILL	#2	Univ. of New En	11.83m	38-9¾	4/14
3		Tiana FOX	#5	Gordon (Mass.)	11.35m	37-3	4/1
4		Kelsey CHIASSON	#6	Salve Regina	10.17m	33-4½	4/15
5		Sienna MATREGRANO	#2	Univ. of New En	10.04m	32-11¼	4/14
6		Gates MACPHERSON	#1	Endicott	9.77m	32-¾	4/14
7		Gabby ANDERSON	#3	Suffolk	9.70m	31-10	4/8
8		Samantha BRODY	#4	Roger Williams	9.60m	31-6	4/8
9		Hannah DUZY	#4	Roger Williams	9.40m	30-10¼	4/1
10		Taylor MOYNIHAN	#1	Endicott	9.19m	30-2	4/14

Women's Discus

1		Gates MACPHERSON	#1	Endicott	36.36m	119-4	4/1
2		Brooke DUTTON	#4	Roger Williams	34.46m	113-1	4/14
3		Sarah LAVITA	#2	Univ. of New En	34.45m	113-0	4/14
4		Nicole DANGELO	#1	Endicott	33.34m	109-5	4/14
5		Olivia CHASE	#2	Univ. of New En	32.32m	106-1	4/8
6		Kassidy PLUMMER	#2	Univ. of New En	31.41m	103-1	4/8
7		Sienna MATREGRANO	#2	Univ. of New En	30.82m	101-2	4/8
8		Megan BURNS	#2	Univ. of New En	30.43m	99-10	4/8
9		Taylor MOYNIHAN	#1	Endicott	30.23m	99-2¼	4/6
10		Gabby ANDERSON	#3	Suffolk	29.41m	96-6	4/8

Women's Hammer

1		Brooke DUTTON	#4	Roger Williams	39.21m	128-8	4/14
2		Olivia CHASE	#2	Univ. of New En	38.59m	126-7	4/14
3		Hannah LIMANEK	#4	Roger Williams	34.95m	114-8	4/14
4		Kassidy PLUMMER	#2	Univ. of New En	31.59m	103-8	4/14
5		Gracie O'CONNELL	#3	Suffolk	30.34m	99-6½	4/1
6		Cheyenne CAHILL	#2	Univ. of New En	30.13m	98-10¼	4/14
7		Madison AHERN	#5	Gordon (Mass.)	28.86m	94-8¼	4/8
8		Megan BURNS	#2	Univ. of New En	28.56m	93-8½	4/14
9		Emma MINI	#2	Univ. of New En	28.31m	92-10¾	4/14
10		Avery WILLIAMS	#4	Roger Williams	26.08m	85-6¾	4/14

Women's Javelin

1	53	Sarah LAVITA	#2	Univ. of New En	36.95m	121-3	4/14
2		Courtney COLLIBEE	#6	Salve Regina	34.74m	114-0	4/1
3		Samantha BRODY	#4	Roger Williams	31.96m	104-10	4/1
4		Victoria BIRD	#6	Salve Regina	30.52m	100-2	4/15
5		Olivia NICHOLSON	#3	Suffolk	30.28m	99-4¼	3/25
6		Nicole DANGELO	#1	Endicott	29.00m	95-1¾	4/14
7		Sienna MATREGRANO	#2	Univ. of New En	28.84m	94-7½	3/26
8		Alyssa DEMITRI	#1	Endicott	27.14m	89-½	4/6
9		Hannah DUZY	#4	Roger Williams	26.87m	88-2	4/1
10		Colleen SULLIVAN	#7	Wentworth (Mas	25.78m	84-7	4/14

Women's Heptathlon

1	40	Nicole DANGELO	#1	Endicott	3,601	4/14
2	45	Laci SANTOS	#7	Wentworth (Mas	3,449	4/14
3	76	Brie AM ENDE	#1	Endicott	2,873	4/14
4	81	Tabitha KLAUS	#4	Roger Williams	2,750	4/14



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Women's 100 Meters

1	21	Mercedes JACKSON	#1	North Central (IL)	12.08w	(2.8)	4/14
1	21	Ava DAVID	#2	Elmhurst	12.08	(0.9)	4/12
3	26	Huda HUSSAINI	#2	Elmhurst	12.11	(0.9)	4/12
4	40	Lauren MARSHALL	#2	Elmhurst	12.23	(1.7)	4/12
5	90	Denise PARTEE	#1	North Central (IL)	12.45	(1.0)	4/12
6		Itzel GARCIA	#4	Millikin	12.49	(1.4)	3/25
7		Maria LAMBERT	#4	Millikin	12.55	(1.4)	3/25
8		Cali MINKIE	#1	North Central (IL)	12.57w	(3.5)	4/2
9		Anna KEGEL	#3	Carthage	12.58	(1.2)	4/14
10		McKenzie RESER	#7	Augustana (ILL.)	12.65w	(2.2)	4/1

Women's 100 Meter Hurdles

1	8	Julia BABINEC	#1	North Central (IL)	14.15	(1.8)	4/7
2	10	Nakala NADEAU	#2	Elmhurst	14.22	(0.6)	4/12
3	11	Denise PARTEE	#1	North Central (IL)	14.32	(0.6)	4/12
4	53	Mary QUINN	#8	Carroll (Wis.)	15.00w	(2.2)	4/7
5	69	Amy KEANE	#6	Wheaton (ILL.)	15.28	(0.0)	4/14
6		Marissa HAGLAR	#5	Illinois Wesleyan	15.63	(2.0)	4/8
7		Madison MORROW	#7	Augustana (ILL.)	16.28w	(2.2)	4/7
8		Faith LADIN	#1	North Central (IL)	16.36w	(2.7)	4/2
9		Esther MILLER	#9	North Park	16.48	(0.7)	4/13
9		Alexis MAZZENGA	#1	North Central (IL)	16.48	(-0.8)	4/14

Women's 200 Meters

1	9	Ava DAVID	#2	Elmhurst	24.57w	(3.3)	4/13
2	22	Lindsey NOVAK	#1	North Central (IL)	24.99	(0.1)	4/12
3	57	Maria LAMBERT	#4	Millikin	25.40w	(3.4)	4/15
4	72	Huda HUSSAINI	#2	Elmhurst	25.54w	(2.5)	4/7
5		McKenzie RESER	#7	Augustana (ILL.)	25.87	(0.1)	4/14
6		Itzel GARCIA	#4	Millikin	26.06	(1.9)	3/25
7		Jordynn GRIFFIN	#5	Illinois Wesleyan	26.12w	(3.5)	4/14
8		Abi GUM	#6	Wheaton (ILL.)	26.20	(1.7)	4/7
9		Davion LEMON	#5	Illinois Wesleyan	26.22	(0.5)	4/14
10		Kyla MILLER	#1	North Central (IL)	26.26	(0.5)	4/14

Women's 400 Meters

1	10	Lindsey NOVAK	#1	North Central (IL)	56.71		4/14
2	13	Ava DAVID	#2	Elmhurst	57.05		4/13
3	95	Naomi JONES	#2	Elmhurst	59.32		4/7
4		Ari LEFAIVRE	#4	Millikin	59.85		4/15
5		Jules GRUNLOH	#5	Illinois Wesleyan	1:00.37		4/14
6		Alyssa RUIZ	#4	Millikin	1:00.43		4/15
7		Itzel GARCIA	#4	Millikin	1:00.46		4/15
8		Cali MINKIE	#1	North Central (IL)	1:00.51		4/7
9		Crystelle VANWINGERDEN	#6	Wheaton (ILL.)	1:00.69		4/14
10		Annie BRANDT	#1	North Central (IL)	1:00.98		4/14

Women's 400 Meter Hurdles

1	99	Julia BABINEC	#1	North Central (IL)	1:07.83		4/7
2		Hannah JONES	#1	North Central (IL)	1:09.47		4/14
3		Tori WITZIG	#5	Illinois Wesleyan	1:09.85		4/14
4		Gianna KONIECZNY	#2	Elmhurst	1:10.87		4/14
5		Marissa HAGLAR	#5	Illinois Wesleyan	1:11.67		4/8
6		Holly BROWN	#6	Wheaton (ILL.)	1:12.35		4/14
7		Audrey EADES	#4	Millikin	1:13.49		4/15
8		Kayley BURKE	#2	Elmhurst	1:13.94		4/14
9		Olivia EISSES	#6	Wheaton (ILL.)	1:14.27		4/14
10		Audrey COYLE	#6	Wheaton (ILL.)	1:16.15		4/14

Women's 800 Meters

1	35	Alyssa RUIZ	#4	Millikin	2:15.97		4/7
2		Lina MAATOUK	#7	Augustana (ILL.)	2:21.62		4/14
3		Venezia MUNOZ	#2	Elmhurst	2:21.97		4/14
4		Katie RISNER	#4	Millikin	2:22.23		3/25
5		Chloe VETH	#6	Wheaton (ILL.)	2:25.37		4/7
6		Krista KOKE	#4	Millikin	2:25.78		4/7
7		Callin NADDY	#1	North Central (IL)	2:26.60		4/7
8		Faith BRINDLEY	#4	Millikin	2:26.65		3/25
9		Kara LOTZ	#7	Augustana (ILL.)	2:28.10		4/7
10		Adriana CRABTREE	#5	Illinois Wesleyan	2:29.62		4/14

Women's 1500 Meters

1	22	Alyssa RAFUSE	#2	Elmhurst	4:36.20		4/13
2	32	Alyssa RUIZ	#4	Millikin	4:37.32		4/1
3		Susannah BENNETT	#6	Wheaton (ILL.)	4:50.53		4/14
4		Adriana CRABTREE	#5	Illinois Wesleyan	4:52.86		4/14
5		Annalese CHUDY	#5	Illinois Wesleyan	4:52.96		4/14
6		Hope CLARK	#6	Wheaton (ILL.)	4:55.70		4/14
7		Katelyn SMITH	#3	Carthage	4:57.55		4/7
8		Anna BOARDMAN	#7	Augustana (ILL.)	4:58.02		4/7
9		Kylie SMITH	#3	Carthage	4:58.41		4/7
10		Emma MALLORY	#4	Millikin	4:58.84		4/15

Women's Steeplechase

1	50	Bethany SMEAD	#1	North Central (IL)	11:31.49		4/14
2	59	Esther BROWN	#2	Elmhurst	11:37.30		4/14
3	79	Quincy COLLINGS	#4	Millikin	11:48.29		4/15
4	90	Destiny ROGERS	#6	Wheaton (ILL.)	11:54.66		4/7
5		Emma ODLE	#7	Augustana (ILL.)	12:06.10		4/14
6		Adriana CRABTREE	#5	Illinois Wesleyan	12:09.72		4/8
7		Natalie CONRAD	#6	Wheaton (ILL.)	12:11.42		4/7
8		Lily LEBE	#6	Wheaton (ILL.)	12:11.97		4/7
9		Hailey O'MALLEY	#4	Millikin	12:24.38		4/15
10		Paige RUNKLE	#1	North Central (IL)	12:40.07		4/7



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Women's 5000 Meters

1	51	Susannah BENNETT	#6	Wheaton (Ill.)	17:32.91	4/7
2	93	Annalese CHUDY	#5	Illinois Wesleyan	17:50.13	4/8
3		Hope CLARK	#6	Wheaton (Ill.)	18:08.97	4/7
4		Patrycja MIAZEK	#9	North Park	18:16.51	4/7
5		Kylie SMITH	#3	Carthage	18:22.95	4/2
6		Louisa BRORSON	#6	Wheaton (Ill.)	18:40.87	4/7
7		Anna BOARDMAN	#7	Augustana (Ill.)	18:45.44	4/1
8		Quincy COLLINGS	#4	Millikin	18:47.98	4/7
9		Elizabeth HULICK	#4	Millikin	18:49.15	4/7
10		Elizabeth REDDEMAN	#8	Carroll (Wis.)	18:57.57	4/2

Women's 10,000 Meters

1	52	Katelyn SMITH	#3	Carthage	38:07.50	4/2
2	59	Patrycja MIAZEK	#9	North Park	38:26.89	4/14
3	99	Julia BENES	#1	North Central (Il)	39:40.49	4/7

Women's 4x100 Relay

1	6	Mercedes JACKSON, Julia BABINEC, Lindsey NOVAK, Denise PARTEE	#1	North Central (Il)	47.08	4/14
2	7	Lauren MARSHALL, Ava DAVID, Hannah SCHWARZ, Huda HUSSAINI	#2	Elmhurst	47.31	4/7
3	53	Avery SMITH, Davion LEMON, Tori BURKE, Jordynn GRIFFIN	#5	Illinois Wesleyan	49.16	4/8
4	83	Anna KEGEL, Teresa TOPOLSKI, Christina HALL, Sarah KERFIN	#3	Carthage	49.87	4/14
5		Amy KEANE, Crystelle VANWINGERDEN, Rylee SIGLER, Abi GUM	#6	Wheaton (Ill.)	50.24	4/7
6		Ameerah BROWN, Thea RING, Aaliyah PARKER-FOX, Riana HAYES	#9	North Park	50.38	4/14
7		Jordyn VANSANTEN, Madison MORROW, Sara CLAPP, McKenzie RESER	#7	Augustana (Ill.)	51.93	4/14
8		Jessica MUELLER, Katilyn GREGORY, Sydney HALVERSEN, Taylor OLUND	#8	Carroll (Wis.)	52.94	4/15

Women's 4x400 Relay

1	26	Naomi JONES, Ava DAVID, Venezia MUNOZ, Alyssa RAFUSE	#2	Elmhurst	4:01.46	4/7
2	38	Jules GRUNLOH, Isabella GONZALEZ, Davion LEMON, Jordynn GRIFFIN	#5	Illinois Wesleyan	4:03.72	4/14
3	46	Itzel GARCIA, Alyssa RUIZ, Ari LEFAIVRE, Katie RISNER	#4	Millikin	4:05.27	4/7
4	67	Abi GUM, Crystelle VANWINGERDEN, Sadie RICHART, Chloe VETH	#6	Wheaton (Ill.)	4:07.73	4/14
5		Sarah KERFIN, Julie HEINRICH, Anna KEGEL, Grace NISIUS	#3	Carthage	4:17.02	4/14
6		McKenzie RESER, Lina MAATOUK, Madison MORROW, Kira NELSON	#7	Augustana (Ill.)	4:23.59	4/1
7		Annie BRANDT, Julia BABINEC, Katie WAGNER, Macy FLEURY	#1	North Central (Il)	4:28.65	4/2
8		Victoria WATSON, Rebekah BUBOLTZ, Natalie DRESANG, Anika TOLLERUD	#8	Carroll (Wis.)	4:29.47	4/15

Women's High Jump

1	29	Gabriela LOIZ	#7	Augustana (Ill.)	1.62m	5-3¾	4/5
2	93	Rhiannon MARSHALL	#7	Augustana (Ill.)	1.55m	5-1	4/14
2	93	Esther MILLER	#9	North Park	1.55m	5-1	4/13
4		Mary QUINN	#8	Carroll (Wis.)	1.50m	4-11	4/7
4		Vashayla BRADLEY	#2	Elmhurst	1.50m	4-11	4/14
4		Julia KLEIN	#9	North Park	1.50m	4-11	4/14
7		Anna COTTER	#1	North Central (Il)	1.48m	4-10¼	4/2
7		Sydney HALVERSEN	#8	Carroll (Wis.)	1.48m	4-10¼	4/6
9		Teagan JOHNSTON	#3	Carthage	1.46m	4-9½	4/7
9		Faith LADIN	#1	North Central (Il)	1.46m	4-9½	4/7

Women's Pole Vault

1	19	Gwen BERENYI	#1	North Central (Il)	3.65m	11-11¾	4/14
2	33	Abigail CALHOUN	#3	Carthage	3.50m	11-5¾	4/2
3	40	Jessica MUELLER	#8	Carroll (Wis.)	3.47m	11-4½	4/6
4	55	Natalie JOHNSON	#1	North Central (Il)	3.40m	11-1¾	4/2
4	55	Ariana RIVERA	#1	North Central (Il)	3.40m	11-1¾	4/2
6		Kelsey BECKER	#2	Elmhurst	3.10m	10-2	4/7
7		Kate WEBER	#2	Elmhurst	3.05m	10-0	4/14
7		Alexis MAZZENGA	#1	North Central (Il)	3.05m	10-0	4/14
9		Hailey NEWILL	#4	Millikin	3.03m	9-11¼	4/15
10		Haylee YELLE	#4	Millikin	2.88m	9-5¼	4/15



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CCIW

Women's Long Jump

1	39	Christina HALL	#3	Carthage	5.48mw	17-11¾ (3.1)	4/2
2	68	Anna KEGEL	#3	Carthage	5.33m	17-6 (1.2)	4/7
3		Lauren WONG	#5	Illinois Wesleyan	5.22mw	17-1½ (2.1)	4/8
4		Amy KEANE	#6	Wheaton (Ill.)	5.10m	16-8¾ (1.4)	4/14
4		Itzel GARCIA	#4	Millikin	5.10m	16-8¾ (-2.1)	4/7
6		Lauren MARSHALL	#2	Elmhurst	5.09mw	16-8½ (2.2)	4/1
7		Katie JANVRIN	#4	Millikin	5.06m	16-7¼ (1.7)	4/15
8		Erin MATTHIAS	#2	Elmhurst	5.04m	16-6½ (0.9)	4/14
9		Mary QUINN	#8	Carroll (Wis.)	5.01m	16-5¼ (1.9)	4/2
10		Rachel PARTHMORE	#1	North Central (Ill.)	5.00mw	16-5 (2.2)	4/7

Women's Triple Jump

1	28	Lauren WONG	#5	Illinois Wesleyan	11.39m	37-4½ (0.1)	4/14
2	44	Abigail CALHOUN	#3	Carthage	11.20m	36-9 (0.1)	4/14
3		Vanessa CARR	#2	Elmhurst	10.79m	35-4¾ (0.7)	4/13
4		Francesca SMITH	#5	Illinois Wesleyan	10.54mw	34-7 (3.1)	4/8
5		Taylor PRICE	#1	North Central (Ill.)	10.48m	34-4¾ (0.0)	4/7
6		Mckinlee MILLER	#5	Illinois Wesleyan	10.43m	34-2¾ (0.9)	4/14
6		Erin MATTHIAS	#2	Elmhurst	10.43m	34-2¾ (1.4)	4/1
8		Katie JANVRIN	#4	Millikin	10.42mw	34-2¼ (2.5)	3/25
9		Zainab MAIYAKI	#1	North Central (Ill.)	10.33mw	33-10¾ (2.1)	4/14
10		Hannah SAGO	#4	Millikin	10.17m	33-4½ (0.0)	4/15

Women's Shot Put

1	8	Aubrey SCHOENEMAN	#3	Carthage	14.00m	45-11¼	4/14
2	10	Vanessa UITENBROEK	#8	Carroll (Wis.)	13.87m	45-6¼	4/15
3	16	Maria FALK	#8	Carroll (Wis.)	13.54m	44-5½	4/15
4	66	Jackie TUZIL	#3	Carthage	12.35m	40-6¼	4/7
5	71	Alyssa GULSVIG	#3	Carthage	12.32m	40-5	4/2
6	82	Mikayla WRIGHT	#3	Carthage	12.23m	40-1½	4/7
7	84	Madison PAYNE	#3	Carthage	12.19m	40-0	4/14
8	90	Olivia CAREL	#3	Carthage	12.13m	39-9¾	4/7
9		Cate GUDAITIS	#8	Carroll (Wis.)	11.99m	39-4	4/7
10		Kaitlyn BRUCCI	#8	Carroll (Wis.)	11.72m	38-5½	4/2
10		Heather MICHALSKI	#7	Augustana (Ill.)	11.72m	38-5½	3/25

Women's Discus

1	7	Charlotte FRERE	#7	Augustana (Ill.)	44.67m	146-7	4/14
1	7	Aubrey SCHOENEMAN	#3	Carthage	44.67m	146-7	4/14
3	9	Vanessa UITENBROEK	#8	Carroll (Wis.)	44.41m	145-9	4/15
4	22	Cate GUDAITIS	#8	Carroll (Wis.)	42.18m	138-5	4/7
5	35	Amanda MELTON	#1	North Central (Ill.)	40.73m	133-8	4/2
6	54	Alexandra DRAVES	#1	North Central (Ill.)	39.82m	130-8	4/12
7	58	Jackie TUZIL	#3	Carthage	39.66m	130-2	4/14
8	93	Nicole TARPLEY	#3	Carthage	38.32m	125-9	4/14
9		Heather MICHALSKI	#7	Augustana (Ill.)	37.56m	123-3	4/14
10		Maria FALK	#8	Carroll (Wis.)	37.01m	121-5	4/2

Women's Hammer

1	7	Alexandra DRAVES	#1	North Central (Ill.)	54.16m	177-8	4/2
2	15	Alexis MATTOX	#3	Carthage	51.72m	169-8	4/14
3	19	Adriyanna PATTERSON	#4	Millikin	50.51m	165-9	4/15
4	30	Vanessa UITENBROEK	#8	Carroll (Wis.)	48.86m	160-4	4/15
5	47	Nicole TARPLEY	#3	Carthage	47.77m	156-9	4/2
6	79	Dora DILL	#3	Carthage	46.14m	151-5	4/7
7	86	Maria BUGGE	#9	North Park	45.81m	150-4	4/7
8		Katie ABELL	#4	Millikin	44.50m	146-0	4/15
9		Maria FALK	#8	Carroll (Wis.)	44.37m	145-7	4/15
10		Jessie CLEVENGER	#3	Carthage	44.11m	144-9	4/14

Women's Javelin

1	14	Heather MICHALSKI	#7	Augustana (Ill.)	40.34m	132-4	4/7
2	19	Faith LADIN	#1	North Central (Ill.)	39.68m	130-2	4/7
3	32	Hannah JONES	#1	North Central (Ill.)	37.93m	124-6	4/7
4		Abi GUM	#6	Wheaton (Ill.)	33.52m	110-0	4/7
5		Esther MILLER	#9	North Park	31.09m	102-0	4/7
6		Kayleigh HALL	#5	Illinois Wesleyan	29.67m	97-4¼	4/8
7		Jadyn BOTHE	#5	Illinois Wesleyan	28.50m	93-6	4/8
8		Afi GATI	#7	Augustana (Ill.)	28.40m	93-2¼	4/14
9		Grace HEPPNER	#9	North Park	28.05m	92-½	4/14
10		Caitlin MCCANE	#5	Illinois Wesleyan	27.34m	89-8½	4/8
10		Sylvia HARVIN	#7	Augustana (Ill.)	27.34m	89-8½	4/5

Women's Heptathlon

1	31	Esther MILLER	#9	North Park	3,914		4/13
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CCS

Women's 100 Meters

1	Kimona HAYNES	#3	Belhaven (Miss.)	12.48	(1.8)	3/25
2	Ashaunti BARNES	#3	Belhaven (Miss.)	12.55	(1.8)	3/25
2	Kymiah BLAIR	#2	Berea (Ky.)	12.55	(-0.3)	4/1
4	Anneshia GREER	#3	Belhaven (Miss.)	12.95	(1.5)	3/25
5	Brianna JEMISON	#4	Maryville (Tenn.)	13.13w	(4.0)	3/25
6	Emma CHRISTENSEN	#5	Covenant	13.16w	(4.0)	3/25
7	Jahkida DOYLE	#1	Piedmont	13.43w	(2.6)	3/10
8	Hannah HISLE	#2	Berea (Ky.)	13.65	(-0.1)	4/8
9	Anita CHUKWU	#2	Berea (Ky.)	13.72	(0.7)	3/4
10	Imani HIGGINBOTHAM	#7	Wesleyan (Ga.)	13.73	(-0.9)	4/1

Women's 100 Meter Hurdles

1	Michelle CATES	#1	Piedmont	16.85	(-0.7)	4/14
2	Jakeisha LEWIS	#2	Berea (Ky.)	17.60	(-0.8)	4/14
3	Cortney BROWN	#1	Piedmont	18.07	(1.1)	3/17
4	Samantha SEYMOUR	#1	Piedmont	18.39	(-1.5)	4/14
5	Bella CACCAMO	#1	Piedmont	18.52	(0.6)	3/10
6	Jerneisha LEWIS	#2	Berea (Ky.)	18.89	(-0.5)	4/14
7	Alyssa TITTSWORTH	#2	Berea (Ky.)	19.23	(-0.5)	4/14
8	Angel PATTERSON	#2	Berea (Ky.)	21.76	(-0.5)	4/14

Women's 200 Meters

1	42 Kymiah BLAIR	#2	Berea (Ky.)	25.20w	(2.6)	3/4
2	75 Ashaunti BARNES	#3	Belhaven (Miss.)	25.55	(-0.4)	3/25
3	81 Kimona HAYNES	#3	Belhaven (Miss.)	25.62	(-0.4)	3/25
4	Anneshia GREER	#3	Belhaven (Miss.)	27.10	(0.1)	3/31
5	Maurissa WINFORD	#3	Belhaven (Miss.)	27.31	(1.6)	3/25
6	Emma CHRISTENSEN	#5	Covenant	27.40w	(3.7)	3/25
7	Brianna JEMISON	#4	Maryville (Tenn.)	28.06w	(3.7)	3/25
7	Jahkida DOYLE	#1	Piedmont	28.06	(0.4)	4/7
9	Anita CHUKWU	#2	Berea (Ky.)	28.28	(1.1)	3/4
10	Bella CACCAMO	#1	Piedmont	28.38w	(3.2)	3/25
10	Jakeisha LEWIS	#2	Berea (Ky.)	28.38w	(2.9)	3/17

Women's 400 Meters

1	22 Kymiah BLAIR	#2	Berea (Ky.)	57.49		4/8
2	24 Ashaunti BARNES	#3	Belhaven (Miss.)	57.55		3/25
3	45 Kimona HAYNES	#3	Belhaven (Miss.)	58.35		3/31
4	Maurissa WINFORD	#3	Belhaven (Miss.)	1:00.51		3/25
5	Jahkida DOYLE	#1	Piedmont	1:02.74		4/14
6	Kate SMITH	#6	Huntingdon (Ala)	1:04.12		4/14
7	Madalyn WILLIAMS	#1	Piedmont	1:04.21		3/10
8	Rhiannon SEVIER	#6	Huntingdon (Ala)	1:04.54		4/14
9	Bella CACCAMO	#1	Piedmont	1:05.26		3/17
10	Riley GAGNE	#6	Huntingdon (Ala)	1:05.95		3/17

Women's 400 Meter Hurdles

1	Michelle CATES	#1	Piedmont	1:10.31		4/14
2	Jakeisha LEWIS	#2	Berea (Ky.)	1:10.60		4/14
3	Rhiannon SEVIER	#6	Huntingdon (Ala)	1:11.23		4/14
4	Jerneisha LEWIS	#2	Berea (Ky.)	1:12.81		3/4
5	Bella CACCAMO	#1	Piedmont	1:13.77		4/14
6	Samantha SEYMOUR	#1	Piedmont	1:14.75		4/14
7	Alyssa TITTSWORTH	#2	Berea (Ky.)	1:16.03		4/8
8	Aleah VESS	#6	Huntingdon (Ala)	1:25.77		3/11

Women's 800 Meters

1	Jaycie PONCE	#1	Piedmont	2:21.72		4/14
2	Kristin FISCHLI	#2	Berea (Ky.)	2:24.28		4/8
3	Liberte MACK	#2	Berea (Ky.)	2:27.18		4/8
4	Madison STONESTREET	#2	Berea (Ky.)	2:29.52		4/8
5	Lydia DORMAN	#5	Covenant	2:32.17		3/17
6	Brianna DOWELL	#2	Berea (Ky.)	2:34.94		4/14
7	Kate SMITH	#6	Huntingdon (Ala)	2:35.99		3/31
8	Madalyn WILLIAMS	#1	Piedmont	2:36.47		4/14
9	LeeAnn LAWRENCE	#1	Piedmont	2:37.04		4/14
10	Kristina BUCKLEY	#4	Maryville (Tenn.)	2:41.62		4/15

Women's 1500 Meters

1	Jaycie PONCE	#1	Piedmont	4:47.30		4/14
2	Madison STONESTREET	#2	Berea (Ky.)	4:57.52		4/14
3	Kate SMITH	#6	Huntingdon (Ala)	5:10.59		4/14
4	Lydia DORMAN	#5	Covenant	5:10.77		4/1
5	Carah ANTECK	#2	Berea (Ky.)	5:12.84		3/4
6	LeeAnn LAWRENCE	#1	Piedmont	5:17.85		4/14
7	Skyler SEEGER	#1	Piedmont	5:18.35		4/7
8	Diana ANGEL ESPINOZA	#2	Berea (Ky.)	5:32.09		4/8
9	Jocelyn GARTMAN	#5	Covenant	5:36.33		4/1
10	Hannah MARLOWE	#1	Piedmont	5:37.25		4/7

Women's Steeplechase

1	Skyler SEEGER	#1	Piedmont	13:10.20		4/14
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Women's 5000 Meters

1	Jaycie PONCE	#1	Piedmont	18:42.80		3/10
2	Carah ANTECK	#2	Berea (Ky.)	18:59.71		4/1
3	Skyler SEEGER	#1	Piedmont	19:21.40		3/17
4	LeeAnn LAWRENCE	#1	Piedmont	20:17.72		3/10
5	Lydia DORMAN	#5	Covenant	20:36.12		4/14
6	Hannah MARLOWE	#1	Piedmont	20:40.52		4/14
7	Izzy JUDA	#4	Maryville (Tenn.)	20:42.89		4/1
8	Summer BAHR	#2	Berea (Ky.)	20:50.69		4/8
9	Jocelyn GARTMAN	#5	Covenant	20:58.05		4/14
10	Leslie ESTRADA	#2	Berea (Ky.)	21:15.92		4/8



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CCS

Women's 10,000 Meters

1	88	Carah ANTECK	#2	Berea (Ky.)	39:26.27	4/7
2		Breanna SMITH	#6	Huntingdon (Ala)	44:45.61	3/17
3		Lydia DORMAN	#5	Covenant	45:11.73	3/25
4		Jocelyn GARTMAN	#5	Covenant	46:35.08	3/25
5		Brooke DONLEY	#2	Berea (Ky.)	47:57.40	4/1
6		Leslie ESTRADA	#2	Berea (Ky.)	49:26.63	3/25

Women's 4x100 Relay

1	85	Ashaunti BARNES, Kimona HAYNES, Annessia GREER, Maurissa WINFORD	#3	Belhaven (Miss.)	49.88	4/15
2		Jakeisha LEWIS, Kymiah BLAIR, Anita CHUKWU, Angel PATTERSON	#2	Berea (Ky.)	51.13	3/4
3		Ileyna BROOKS, Cortney BROWN, Bella CACCAMO, Michelle CATES	#1	Piedmont	52.71	3/25
4		Lauren MYERS, Caylee RIES, Carla GUENZI, Brianna JEMISON	#4	Maryville (Tenn.)	55.44	4/15
5		Rhiannon SEVIER, Aleah VESS, Sydney THOMPSON, Kate SMITH	#6	Huntingdon (Ala)	58.70	4/14

Women's 4x400 Relay

1	69	Ashaunti BARNES, Kimona HAYNES, Maurissa WINFORD, Myisha TURNER	#3	Belhaven (Miss.)	4:07.78	3/4
2	95	Kristin FISCHLI, Jerneisha LEWIS, Kymiah BLAIR, Madison STONESTREET	#2	Berea (Ky.)	4:11.72	3/4
3		Madalyn WILLIAMS, Jaycie PONCE, Bella CACCAMO, Michelle CATES	#1	Piedmont	4:22.22	3/10
4		Rhiannon SEVIER, Breanna SMITH, Kate SMITH, Aleah VESS	#6	Huntingdon (Ala)	4:40.89	3/4

Women's High Jump

1		Emma CHRISTENSEN	#5	Covenant	1.52m	4-11¾	4/1
2		Alyssa TITTSWORTH	#2	Berea (Ky.)	1.46m	4-9½	3/25
2		Samantha SEYMOUR	#1	Piedmont	1.46m	4-9½	3/25
4		Aleah VESS	#6	Huntingdon (Ala)	1.37m	4-6	4/14
4		Cortney BROWN	#1	Piedmont	1.37m	4-6	4/14
6		Liz STOKES	#2	Berea (Ky.)	1.31m	4-3½	3/4

Women's Pole Vault

1		Allie FELTUS	#1	Piedmont	2.12m	6-11½	4/14
1		Victoria DROUIN	#1	Piedmont	2.12m	6-11½	4/14
3		Angel PATTERSON	#2	Berea (Ky.)	2.00m	6-6¾	4/14

Women's Long Jump

1		Karime CORONADO	#3	Belhaven (Miss.)	5.01m	16-5¼ (1.5)	3/25
2		Samantha SEYMOUR	#1	Piedmont	4.98m	16-4¼ (0.5)	4/14
3		Jerneisha LEWIS	#2	Berea (Ky.)	4.88m	16-¼ (0.0)	4/8
4		Cortney BROWN	#1	Piedmont	4.80m	15-9 (0.0)	4/14
5		Hannah HISLE	#2	Berea (Ky.)	4.71m	15-5½ (-2)	3/25
6		Liz STOKES	#2	Berea (Ky.)	4.52m	14-10 (0.2)	3/4
7		Jakeisha LEWIS	#2	Berea (Ky.)	4.50m	14-9¼ (1.1)	3/17
8		Rhiannon SEVIER	#6	Huntingdon (Ala)	4.42m	14-6 (0.1)	3/11
9		Marinda GRUBB	#1	Piedmont	4.05m	13-3½ (0.0)	3/17
10		Ileyna BROOKS	#1	Piedmont	3.97m	13-¼ (1.7)	3/25

Women's Triple Jump

1		Jakeisha LEWIS	#2	Berea (Ky.)	10.61m	34-9¾ (0.0)	4/8
2		Karime CORONADO	#3	Belhaven (Miss.)	10.60m	34-9½ (0.5)	3/31
3		Jahkida DOYLE	#1	Piedmont	10.44m	34-3 (-1.0)	3/10
4		Samantha SEYMOUR	#1	Piedmont	10.12m	33-2½ (-1)	3/10
5		Marinda GRUBB	#1	Piedmont	9.63m	31-7¼ (0.4)	4/14
6		Cortney BROWN	#1	Piedmont	9.58m	31-5¼ (0.0)	4/14
7		Jerneisha LEWIS	#2	Berea (Ky.)	9.42m	30-11 (0.0)	4/14
8		Ileyna BROOKS	#1	Piedmont	9.38m	30-9¼ (1.9)	4/14

Women's Shot Put

1		Jelesia BROWN	#3	Belhaven (Miss.)	11.34m	37-2½	3/4
2		Nakiyah WASHINGTON	#1	Piedmont	11.00m	36-1¼	4/14
3		Lilly STEARS	#2	Berea (Ky.)	10.56m	34-7¾	4/14
4		Sarah KEOWN	#2	Berea (Ky.)	10.49m	34-5	3/4
5		Desire TACKETT	#3	Belhaven (Miss.)	10.02m	32-10½	3/25
6		Elise KEMP	#2	Berea (Ky.)	9.86m	32-4¼	4/14
7		Abby MAULDIN	#1	Piedmont	9.70m	31-10	3/10
8		Isabelle BEACH	#7	Wesleyan (Ga.)	9.64m	31-7½	3/11
9		Kelci SPARKS	#4	Maryville (Tenn.)	9.29m	30-5¾	4/1
10		Sophia WIERSEMA	#5	Covenant	9.15m	30-¼	4/1

Women's Discus

1	36	Jelesia BROWN	#3	Belhaven (Miss.)	40.72m	133-7	3/25
2	66	Allie FELTUS	#1	Piedmont	39.29m	128-11	4/14
3		Nakiyah WASHINGTON	#1	Piedmont	34.44m	113-0	4/14
4		Taylor SAVAGE	#3	Belhaven (Miss.)	32.66m	107-2	3/25
5		Kelci SPARKS	#4	Maryville (Tenn.)	32.12m	105-5	4/8
6		Audrey SANDERS	#4	Maryville (Tenn.)	31.67m	103-11	4/15
7		Desire TACKETT	#3	Belhaven (Miss.)	31.53m	103-6	4/15
8		Lilly STEARS	#2	Berea (Ky.)	31.42m	103-1	4/14
9		Abigail HOCKSTOK	#2	Berea (Ky.)	29.84m	97-10¾	3/25
10		Sarah KEOWN	#2	Berea (Ky.)	28.55m	93-8	3/4



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CCS

Women's Hammer

1	Kelci SPARKS	#4	Maryville (Tenn.)	40.80m	133-10	4/15
2	Lauren MYERS	#4	Maryville (Tenn.)	40.07m	131-6	4/15
3	Jelesia BROWN	#3	Belhaven (Miss.)	39.77m	130-6	3/25
4	Allie FELTUS	#1	Piedmont	39.24m	128-9	3/10
5	Whitney DARSEY	#1	Piedmont	36.82m	120-10	4/1
6	Desire TACKETT	#3	Belhaven (Miss.)	35.76m	117-4	4/15
7	Taylor SAVAGE	#3	Belhaven (Miss.)	34.20m	112-3	4/15
8	Elise KEMP	#2	Berea (Ky.)	33.22m	109-0	4/1
9	Kyonna ROSS	#2	Berea (Ky.)	32.90m	107-11	4/8
10	Nakiyah WASHINGTON	#1	Piedmont	32.77m	107-6	4/7

Women's Javelin

1	44 Cortney BROWN	#1	Piedmont	37.45m	122-11	4/14
2	Wren GREUBEL	#1	Piedmont	30.00m	98-5¼	4/1
3	Nakiyah WASHINGTON	#1	Piedmont	28.89m	94-9½	4/14
4	Alyssa BELL	#2	Berea (Ky.)	23.53m	77-2½	4/14
5	Audrey SANDERS	#4	Maryville (Tenn.)	21.01m	68-11¼	4/8
6	Kyonna ROSS	#2	Berea (Ky.)	20.86m	68-5¼	4/8
7	Lauren MYERS	#4	Maryville (Tenn.)	20.71m	67-11½	4/15
8	Abby MAULDIN	#1	Piedmont	20.67m	67-9¾	4/1
9	Whitney DARSEY	#1	Piedmont	20.32m	66-8	4/1
10	Isabelle BEACH	#7	Wesleyan (Ga.)	18.35m	60-2½	3/4



Conference TFRI Event Summary

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Centennial

Women's 100 Meters

1	30	Lauren PHILLIPS	#1	Johns Hopkins	12.14	(0.1)	3/31
2	56	Sara PENUELA	#2	Dickinson	12.31w	(3.9)	4/1
3	68	Erin OLSAVSKY	#2	Dickinson	12.35w	(3.9)	4/1
4	82	Krystle BOADI	#3	Swarthmore	12.44	(1.7)	4/8
5		Victoria KADIRI	#1	Johns Hopkins	12.65	(0.4)	4/14
6		Jahsaiah MOSES	#5	Haverford	12.68	(0.0)	4/8
6		Abigail GERDES	#1	Johns Hopkins	12.68w	(3.1)	4/7
8		Abby LIENHARD	#7	Franklin & Marshall	12.80w	(3.5)	3/31
8		Mirra KLIMOV	#1	Johns Hopkins	12.80	(0.5)	4/14
10		Ashley TANG	#1	Johns Hopkins	12.89w	(2.5)	4/7

Women's 100 Meter Hurdles

1	69	Victoria KADIRI	#1	Johns Hopkins	15.28	(-2.2)	4/14
2	88	Lillian MORRELL	#6	Gettysburg	15.46w	(2.4)	4/13
3		Darya MIKUSOVA	#2	Dickinson	15.61w	(3.0)	4/1
4		Jaclyn DONOHO	#1	Johns Hopkins	15.90	(-0.1)	4/14
5		Taryn SILVERNALE	#1	Johns Hopkins	15.96	(0.7)	4/7
6		Sophia KOVATSIS	#2	Dickinson	16.01w	(3.0)	4/1
7		Hannah SWALE	#3	Swarthmore	16.21	(-1.9)	4/14
8		Naomi ALPERIN	#2	Dickinson	17.12	(0.0)	4/13
9		Renee DUPRE	#8	McDaniel	17.29	(1.9)	4/13
10		Glory EDIOMA	#7	Franklin & Marshall	17.45	(1.5)	4/7

Women's 200 Meters

1	24	Lauren PHILLIPS	#1	Johns Hopkins	25.00	(1.3)	4/14
2	99	Krystle BOADI	#3	Swarthmore	25.77	(-1.1)	3/30
3		Erin OLSAVSKY	#2	Dickinson	25.79	(1.1)	4/1
4		Emerlee SIMONS	#2	Dickinson	25.93	(2.0)	4/13
5		Victoria KADIRI	#1	Johns Hopkins	26.05	(-0.4)	4/14
6		Olivia D'AULERIO	#5	Haverford	26.15	(-1.0)	3/30
7		Grace MASSILLON	#1	Johns Hopkins	26.24	(1.6)	4/7
8		Katie MORGAN	#8	McDaniel	26.27w	(2.2)	4/13
9		Jahsaiah MOSES	#5	Haverford	26.28	(-1.0)	3/30
10		Ally LANDAU	#5	Haverford	26.37	(0.0)	4/8

Women's 400 Meters

1	4	Lauren PHILLIPS	#1	Johns Hopkins	55.46		4/14
2	41	Rose TESZLER	#3	Swarthmore	58.26		3/30
3	62	Katie MORGAN	#8	McDaniel	58.78		3/30
4	67	Olivia D'AULERIO	#5	Haverford	58.90		3/30
5	93	Lillian BOUDREAU	#6	Gettysburg	59.29		4/13
6		Isabel THORNBERRY	#5	Haverford	1:00.05		4/15
7		Sydney DZENUTIS	#7	Franklin & Marshall	1:00.79		3/31
8		Mariana PENUELA	#2	Dickinson	1:01.13		4/1
9		Lorna ARCESE	#1	Johns Hopkins	1:01.47		4/14
10		Emerlee SIMONS	#2	Dickinson	1:01.55		4/5

Women's 400 Meter Hurdles

1	13	Darya MIKUSOVA	#2	Dickinson	1:02.63		4/1
2	20	Lillian MORRELL	#6	Gettysburg	1:03.63		4/13
3	85	Lorna ARCESE	#1	Johns Hopkins	1:07.38		4/7
4		Jahsaiah MOSES	#5	Haverford	1:09.17		4/8
5		Tatum EVANS	#7	Franklin & Marshall	1:09.36		3/31
6		Lily SWAIN	#2	Dickinson	1:10.04		4/1
7		Anna RANDO	#8	McDaniel	1:10.44		4/8
8		Kaelin RYAN	#4	Ursinus	1:11.26		3/25
9		Katie MORGAN	#8	McDaniel	1:11.90		4/8
10		Amanda IMHAUSER	#7	Franklin & Marshall	1:14.27		3/25

Women's 800 Meters

1	9	Rose TESZLER	#3	Swarthmore	2:12.80		4/14
2	50	Harrinee SENTHILKUMAR	#1	Johns Hopkins	2:16.78		4/14
3	58	Mackenzie SETTON	#1	Johns Hopkins	2:17.19		4/14
4	60	Rachel CONHOFF	#4	Ursinus	2:17.31		4/8
5	89	Lorna ARCESE	#1	Johns Hopkins	2:18.49		4/14
6	95	Olivia D'AULERIO	#5	Haverford	2:18.58		4/8
7		Isabel THORNBERRY	#5	Haverford	2:19.75		4/8
8		Brooke ADAMS	#4	Ursinus	2:20.33		4/13
9		Lauren PHILLIPS	#1	Johns Hopkins	2:20.80		3/31
10		Quinn BASEWITZ	#3	Swarthmore	2:21.47		3/30

Women's 1500 Meters

1	20	Rachel CONHOFF	#4	Ursinus	4:36.16		4/14
2	35	Harrinee SENTHILKUMAR	#1	Johns Hopkins	4:37.67		4/14
3	60	Mackenzie SETTON	#1	Johns Hopkins	4:41.32		4/14
4	91	Adriana CATALANO	#1	Johns Hopkins	4:44.59		3/30
5		Amiyah PRIEBE	#2	Dickinson	4:46.11		4/14
6		Rose TESZLER	#3	Swarthmore	4:46.91		4/8
7		Camille SAWOSIK	#1	Johns Hopkins	4:46.92		4/14
8		Abigail TOUHEY	#2	Dickinson	4:48.46		4/14
9		Isis DIAZ	#1	Johns Hopkins	4:48.88		4/7
10		Holly CHAMBERS	#4	Ursinus	4:50.36		4/14

Women's Steeplechase

1	2	Sara STEPHENSON	#1	Johns Hopkins	10:37.99		3/30
2	46	Amiyah PRIEBE	#2	Dickinson	11:30.93		4/1
3		Cooper BROTHERTON	#1	Johns Hopkins	11:57.61		3/31
4		Bailey MULLEN	#8	McDaniel	12:01.19		4/8
5		Amanda ADDESSO	#6	Gettysburg	12:05.72		3/25
6		Carys COOK	#6	Gettysburg	12:09.38		3/25
7		Charlotte KRATOVL-LAVELLE	#2	Dickinson	12:14.95		3/25
8		Jenna LOZZI	#4	Ursinus	12:19.25		4/1
9		Natasha FURYK	#9	Muhlenberg	12:25.02		4/1
10		Kate HENDERSON	#7	Franklin & Marshall	12:26.81		4/7



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Centennial

Women's 5000 Meters

1	14	Sara STEPHENSON	#1	Johns Hopkins	16:57.33	4/14
2	53	Triya ROY	#1	Johns Hopkins	17:33.26	4/14
3		Cooper BROTHERTON	#1	Johns Hopkins	17:54.09	4/14
4		Rachel CONHOFF	#4	Ursinus	17:58.31	3/25
5		Caitlin O'HEHIR	#1	Johns Hopkins	18:02.23	4/14
6		Holly CHAMBERS	#4	Ursinus	18:13.28	3/25
7		Olivia MONTINI	#3	Swarthmore	18:18.16	3/30
8		Myra NAQVI	#2	Dickinson	18:21.33	4/14
9		Amiyah PRIEBE	#2	Dickinson	18:24.44	4/5
10		Bailey MULLEN	#8	McDaniel	18:29.60	4/13

Women's 10,000 Meters

1	22	Katherine HIRSCHKE	#5	Haverford	36:33.24	3/30
2	95	Amanda ADDESSO	#6	Gettysburg	39:35.44	3/31
3		Carys COOK	#6	Gettysburg	40:55.75	3/31
4		Maddie GARBER	#2	Dickinson	41:31.01	4/14
5		Kathryn HOPKINS	#6	Gettysburg	41:56.58	3/31
6		Sarah SMITH	#6	Gettysburg	41:57.52	3/31
7		Eliza LEHMAN	#10	Bryn Mawr	42:18.38	4/7
8		Evelyn CHENG	#10	Bryn Mawr	42:49.08	4/7
9		Kyla LORDEN	#6	Gettysburg	43:38.24	3/31
10		Megan MCARTHUR	#6	Gettysburg	43:47.98	3/31

Women's 4x100 Relay

1	44	Grace MASSILLON, Lauren PHILLIPS, Marissa HSU, Victoria KADIRI	#1	Johns Hopkins	48.94	4/7
2	46	Darya MIKUSOVA, Sara PENUELA, Mariana PENUELA, Erin OLSAVSKY	#2	Dickinson	49.04	4/13
3	61	Jahsaiah MOSES, Olivia D'AULERIO, Ally LANDAU, Kayla ROBINSON	#5	Haverford	49.33	4/15
4		Angel BIDGELL, Katie MORGAN, Gabrielle COLLINS, Anna RANDO	#8	McDaniel	51.39	4/8
5		Tatum EVANS, Allison HUELBIG, Glory EDIOMA, Abby LIENHARD	#7	Franklin & Marsl	51.64	3/25
6		Niki MATTHEWS, Devon EASTLACK, Shanice WILLIAMS, Shira GAMSON	#9	Muhlenberg	52.36	4/1
7		Lauren DIOTTAVIO, Lillian BOUDREAU, Lola BALKCOM, Lilian MORRELL	#6	Gettysburg	53.63	3/25

Women's 4x400 Relay

1	27	Krystle BOADI, Hannah GARROU, Gabby JOHNSON, Rose TESZLER	#3	Swarthmore	4:01.57	3/30
2	39	Ally LANDAU, Isabel THORNBERRY, Dominique MONROY, Olivia D'AULERIO	#5	Haverford	4:03.93	4/8
3	40	Anna ZAESKE, Lorna ARCESE, Ashley TANG, Monal DATERAO	#1	Johns Hopkins	4:04.30	3/31
4	43	Abbe KITCHIN, Darya MIKUSOVA, Sara PENUELA, Emerlee SIMONS	#2	Dickinson	4:04.91	4/1
5		Meghan CARROLL, Tashyah SAMPLE, Holly CHAMBERS, Rachel CONHOFF	#4	Ursinus	4:13.07	4/8
6		Lillian BOUDREAU, Julia WERT, Eliza HOOVER, Lilian MORRELL	#6	Gettysburg	4:16.92	3/25
7		Sydney DZENUTIS, Emma KLINE, Tatum EVANS, Abby BACHMAN	#7	Franklin & Marsl	4:22.01	3/25
8		Adrienne ELLISON, Ellen MAGUIRE, Erin JACKSON, Lauren HOUSE	#9	Muhlenberg	4:23.60	4/1
9		Katie MORGAN, Gabrielle COLLINS, Anna RANDO, Megan O'NEILL	#8	McDaniel	4:29.39	4/8
10		Ellie SCHUMACHER, Malin JUST, Sofie PRIETO, Phylcia CANNON	#10	Bryn Mawr	4:44.17	4/7

Women's High Jump

1	21	Taryn SILVERNALE	#1	Johns Hopkins	1.63m	5-4¼	4/14
2	70	Margaret HARDIGG	#10	Bryn Mawr	1.57m	5-1¾	4/7
3	93	Jaclyn DONOHO	#1	Johns Hopkins	1.55m	5-1	3/31
4		Victoria KADIRI	#1	Johns Hopkins	1.54m	5-½	4/14
5		Emily TRELSTAD	#3	Swarthmore	1.53m	5-¼	3/10
6		Leah BIWOTT	#2	Dickinson	1.52m	4-11¾	3/25
6		Avery MCNULTY	#9	Muhlenberg	1.52m	4-11¾	4/1
6		Jessica JOHNSON	#10	Bryn Mawr	1.52m	4-11¾	4/7
6		Allison HUELBIG	#7	Franklin & Marsl	1.52m	4-11¾	4/7
10		Hannah SWALE	#3	Swarthmore	1.51m	4-11½	4/14
10		Kayla ROBINSON	#5	Haverford	1.51m	4-11½	4/15



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Centennial

Women's Pole Vault

1	27	Taryn SILVERNALE	#1	Johns Hopkins	3.55m	11-7¾	3/31
2	55	Sarah-Caulley SOTO	#1	Johns Hopkins	3.40m	11-1¾	3/31
3	99	Miyunique SOUTH	#1	Johns Hopkins	3.25m	10-8	3/31
3	99	Cassidy BROWN	#1	Johns Hopkins	3.25m	10-8	3/31
5		Sophie SPRINGER	#3	Swarthmore	3.05m	10-0	4/8
6		Lily SWAIN	#2	Dickinson	2.97m	9-9	4/13
7		Juniper BAUROTH-SHERMAN	#4	Ursinus	2.90m	9-6¼	4/8
8		Alice CREED	#5	Haverford	2.80m	9-2¼	3/30
9		Cassidy CALLAHAN	#6	Gettysburg	2.75m	9-¼	3/25
9		Olivia TAYLOR	#6	Gettysburg	2.75m	9-¼	3/25
9		Stephani FRANKS	#7	Franklin & Marshall	2.75m	9-¼	3/25

Women's Long Jump

1	2	Victoria KADIRI	#1	Johns Hopkins	5.91m	19-4¾ (0.8)	4/14
2	73	Abby LIENHARD	#7	Franklin & Marshall	5.29m	17-4¼ (-0.1)	3/31
3		Sara PENUELA	#2	Dickinson	5.22m	17-1½ (-1.1)	4/13
4		Rainah DUNHAM	#4	Ursinus	5.21m	17-1½ (-1.1)	4/1
5		Kayla ROBINSON	#5	Haverford	5.20m	17-¾ (-0.5)	4/8
6		Angel BIDGELL	#8	McDaniel	5.15m	16-10¾ (0.3)	3/24
7		Mariana PENUELA	#2	Dickinson	5.14m	16-10½ (-1.1)	4/13
8		Eden MERRITT	#4	Ursinus	5.05m	16-7 (-2.4)	4/1
9		Marissa HSU	#1	Johns Hopkins	4.95m	16-3 (0.8)	4/7
10		Alyssa ZHANG	#3	Swarthmore	4.92m	16-1¾ (0.0)	4/15

Women's Triple Jump

1	1	Victoria KADIRI	#1	Johns Hopkins	12.82m	42-¾ (0.0)	4/14
2	73	Kayla ROBINSON	#5	Haverford	10.95m	35-11¼ (0.1)	4/15
3	88	Sara BARTLETT	#1	Johns Hopkins	10.87m	35-8 (0.9)	4/7
4		Shira GAMSON	#9	Muhlenberg	10.77m	35-4 (-0.8)	4/1
5		Hannah SWALE	#3	Swarthmore	10.66m	34-11¾ (-0.3)	3/30
5		Sophie NILSSON	#1	Johns Hopkins	10.66m	34-11¾ (1.1)	4/14
7		Rainah DUNHAM	#4	Ursinus	10.53m	34-6¾ (-1.1)	4/13
8		Elizabeth LIEB	#2	Dickinson	10.46m	34-4 (0.0)	4/13
9		Jessica JOHNSON	#10	Bryn Mawr	10.34m	33-11¼ (-0.3)	3/31
10		Niki MATTHEWS	#9	Muhlenberg	10.09m	33-1¼ (0.0)	4/13

Women's Shot Put

1	6	Adria RETTER	#3	Swarthmore	14.14m	46-4¾	3/30
2	40	Isabelle DEAL	#4	Ursinus	12.78m	41-11¼	4/13
3		Kelsey NEFF	#1	Johns Hopkins	11.75m	38-6¾	3/31
4		Kayla ROBINSON	#5	Haverford	11.32m	37-1¾	3/30
5		Abby EVERETT	#2	Dickinson	11.19m	36-8½	4/1
6		Tate GARCIA	#3	Swarthmore	11.10m	36-5	3/10
7		Hannah BIERLING	#4	Ursinus	11.01m	36-1½	4/13
8		Jacqueline ALLEN	#4	Ursinus	10.95m	35-11¼	4/13
9		Erika EZUMBA	#1	Johns Hopkins	10.78m	35-4½	3/31
10		Phoebe WILLIAMS	#1	Johns Hopkins	10.64m	34-11	3/31

Women's Discus

1	1	Adria RETTER	#3	Swarthmore	49.87m	163-8	4/8
2	41	Sarayne FORBES	#2	Dickinson	40.48m	132-10	4/1
3		Tate GARCIA	#3	Swarthmore	37.86m	124-3	4/15
4		Abby EVERETT	#2	Dickinson	36.38m	119-4	4/1
5		Sarah WILCHER	#5	Haverford	35.16m	115-4	4/15
6		Erin HENDERSHOT	#4	Ursinus	34.22m	112-3	4/1
7		Katya GALKOWSKI	#4	Ursinus	33.47m	109-10	4/8
8		Erika EZUMBA	#1	Johns Hopkins	32.78m	107-7	4/7
9		Catie OWENS	#4	Ursinus	32.43m	106-5	4/1
10		Phoebe WILLIAMS	#1	Johns Hopkins	31.51m	103-5	4/7

Women's Hammer

1	24	Adria RETTER	#3	Swarthmore	49.49m	162-5	4/8
2		Jillian BARGER	#7	Franklin & Marshall	44.41m	145-9	3/31
3		Faith FEZENKO	#9	Muhlenberg	43.85m	143-11	4/13
4		Caroline GENSINGER	#6	Gettysburg	41.62m	136-7	4/13
5		Jacqueline ALLEN	#4	Ursinus	40.60m	133-3	4/8
6		Abby EVERETT	#2	Dickinson	40.31m	132-3	4/5
7		Julia ZAMBO	#1	Johns Hopkins	38.80m	127-4	3/31
8		Elizabeth AGYEI	#3	Swarthmore	38.44m	126-2	3/30
9		Jenna DEEP	#2	Dickinson	37.97m	124-7	3/25
10		Isabelle DEAL	#4	Ursinus	37.52m	123-1	4/1

Women's Javelin

1	3	Isabelle DEAL	#4	Ursinus	45.26m	148-6	4/14
2	27	Holly FERRARA	#6	Gettysburg	38.95m	127-10	3/31
3		Avery MCNULTY	#9	Muhlenberg	34.46m	113-1	4/7
4		Jill PROVAZNIK	#3	Swarthmore	33.92m	111-4	3/30
5		Katya GALKOWSKI	#4	Ursinus	33.84m	111-0	4/1
6		Jordan SCHUCKER	#2	Dickinson	33.53m	110-0	4/1
7		Hannah SWALE	#3	Swarthmore	32.58m	106-11	4/8
8		Hannah BIERLING	#4	Ursinus	31.50m	103-4	3/25
9		Rachel CARUSO	#7	Franklin & Marshall	31.29m	102-8	4/7
10		Cortlyn MORRIS	#5	Haverford	30.41m	99-9¼	3/30

Women's Heptathlon

1	6	Victoria KADIRI	#1	Johns Hopkins	4,635		4/14
2	32	Hannah SWALE	#3	Swarthmore	3,871		4/14
3	33	Jaclyn DONOHO	#1	Johns Hopkins	3,851		4/14
4	57	Renee DUPRE	#8	McDaniel	3,287		4/13
5	78	Georgia MERCER	#6	Gettysburg	2,829		4/13
6	97	Megan O'NEILL	#8	McDaniel	2,182		4/13



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CSAC

Women's 100 Meters

1	Madison KAPPELER	#1 Penn State Behr	13.05w	(3.2)	4/6
2	Lawery EDWARDS	#2 Alfred State	13.15w	(2.3)	4/14
3	Madeline COLE	#2 Alfred State	13.19w	(2.3)	4/14
4	Kourtney DOLLIOLLE	#4 Gallaudet	13.71w	(2.6)	4/8
5	Angelina COMPEGGIE	#1 Penn State Behr	13.73w	(2.5)	4/6
6	Ellise EVERETT	#3 Cedar Crest	13.92w	(2.1)	4/1
7	Dietrich VICTORIA	#1 Penn State Behr	14.06w	(2.3)	4/6
8	Olivia BROWN	#4 Gallaudet	14.29	(-1.4)	3/25
9	Burns SHANNON	#1 Penn State Behr	14.39	(-0.1)	4/16
9	Grace JONES	#1 Penn State Behr	14.39w	(2.5)	4/6
9	Rajena GUETTLER	#4 Gallaudet	14.39	(-1.4)	3/25

Women's 100 Meter Hurdles

1	Emma TAGGART	#2 Alfred State	15.79w	(3.6)	4/8
2	Haley FELTON	#1 Penn State Behr	17.20	(-0.4)	4/16
3	Olivia HORNINGER	#3 Cedar Crest	19.37	(-2.9)	4/15
4	Mackenzie GILLETTE	#2 Alfred State	20.05	(1.3)	4/14
5	Adrainna GILL	#2 Alfred State	20.34	(-0.9)	4/8
6	Gaudy REINOSO	#3 Cedar Crest	20.67	(-2.9)	4/15
7	Sarah DAUNCE	#2 Alfred State	20.78	(1.3)	4/14
8	Zakiyyah SABIR	#3 Cedar Crest	21.77	(-2.9)	4/15

Women's 200 Meters

1	Madison KAPPELER	#1 Penn State Behr	27.11	(-0.2)	4/16
2	Hannah WETZEL	#4 Gallaudet	27.31	(1.4)	4/8
3	Ivy LAFFAN	#1 Penn State Behr	27.38	(-0.2)	4/16
4	Lawery EDWARDS	#2 Alfred State	27.66	(1.1)	4/8
5	Madeline COLE	#2 Alfred State	27.74	(2.0)	4/8
6	Emma TAGGART	#2 Alfred State	27.80	(1.0)	4/8
7	Dietrich VICTORIA	#1 Penn State Behr	28.66	(-0.2)	4/16
8	Kourtney DOLLIOLLE	#4 Gallaudet	28.83	(-0.4)	4/8
9	Ellise EVERETT	#3 Cedar Crest	29.56	(0.5)	4/1
10	Rajena GUETTLER	#4 Gallaudet	29.88	(0.1)	3/25

Women's 400 Meters

1	Ivy LAFFAN	#1 Penn State Behr	1:01.48		4/16
2	Lily SCHNELL	#2 Alfred State	1:05.10		4/8
3	Haley FELTON	#1 Penn State Behr	1:08.10		4/16
4	Dietrich VICTORIA	#1 Penn State Behr	1:08.70		4/6
5	Izzy SPIRES	#1 Penn State Behr	1:12.60		4/6
6	Gaudy REINOSO	#3 Cedar Crest	1:16.42		4/1
7	Alexandra THORNTON	#5 Keystone	1:16.70		4/4
8	Zakiyyah SABIR	#3 Cedar Crest	1:22.70		4/1
9	Rachael BUHL	#1 Penn State Behr	1:22.89		4/6
10	Carolina BEVERAGE	#3 Cedar Crest	1:33.67		4/15

Women's 400 Meter Hurdles

1	Sarah RIVET	#2 Alfred State	1:09.54		4/2
2	Haley FELTON	#1 Penn State Behr	1:13.69		4/6

Women's 800 Meters

1	Olivia NOLA	#1 Penn State Behr	2:21.90		4/6
2	Isabelle POPOFF	#2 Alfred State	2:30.08		4/8
3	Emily FERRANS	#1 Penn State Behr	2:34.22		4/6
4	Lindsey HARTLE	#1 Penn State Behr	2:36.82		4/6
5	Emma TAGGART	#2 Alfred State	2:40.30		4/8
6	Lexi TRAUTWEIN	#2 Alfred State	2:43.10		4/14
7	Izzy SPIRES	#1 Penn State Behr	2:45.64		4/16
8	Jessica SIMINS	#3 Cedar Crest	2:52.34		4/15
9	Cassidy LEBARON	#4 Gallaudet	2:55.30		3/25
10	Summer KIER	#2 Alfred State	2:58.10		4/14

Women's 1500 Meters

1	Olivia NOLA	#1 Penn State Behr	4:50.54		4/16
2	Savanna CARR	#1 Penn State Behr	5:04.26		3/31
3	Lindsey HARTLE	#1 Penn State Behr	5:13.65		4/6
4	Emily FERRANS	#1 Penn State Behr	5:27.27		4/16
5	Isabelle POPOFF	#2 Alfred State	5:27.60		4/14
6	Laura FERRIS	#2 Alfred State	5:47.91		4/2
7	Jonquil LOEFFELHOLZ	#3 Cedar Crest	5:50.31		4/15
8	Sierra PRATT	#4 Gallaudet	6:10.12		4/8
9	Summer KIER	#2 Alfred State	6:22.44		4/8
10	Jessica SIMINS	#3 Cedar Crest	6:25.83		3/18

Women's Steeplechase

1	Savanna CARR	#1 Penn State Behr	12:02.63		4/16
2	Bethany LITWILER	#1 Penn State Behr	13:18.97		4/16
3	Sierra PRATT	#4 Gallaudet	14:11.07		4/8
4	Olivia KELLY	#3 Cedar Crest	17:19.08		4/1

Women's 5000 Meters

1	Savanna CARR	#1 Penn State Behr	18:26.91		4/6
2	Olivia NOLA	#1 Penn State Behr	18:29.77		3/31
3	Lindsey HARTLE	#1 Penn State Behr	20:05.84		4/16
4	Bethany LITWILER	#1 Penn State Behr	21:01.11		3/31
5	Jonquil LOEFFELHOLZ	#3 Cedar Crest	21:27.07		3/24
6	Emily FERRANS	#1 Penn State Behr	23:21.22		4/16
7	Taylor NGUYEN	#4 Gallaudet	25:41.27		4/8

Women's 10,000 Meters

1	Bethany LITWILER	#1 Penn State Behr	42:18.91		4/6
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Women's 4x100 Relay

1	Lawery EDWARDS, Madeline COLE, Sarah RIVET, Madison SNAYCZUK	#2 Alfred State	51.82		4/14
2	Priscilla BERRIOS, Olivia BROWN, Kourtney DOLLIOLLE, Hannah WETZEL	#4 Gallaudet	52.98		4/8
3	Gracie JONES, Ivy LAFFAN, Victoria DIETRICH, Madison KAPPELER	#1 Penn State Behr	54.95		4/16



Conference TFRI Event Summary

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CSAC

Women's 4x400 Relay

1	Isabelle POPOFF, Lily SCHNELL, Annaliese HERSOM, Lexi TRAUTWEIN	#2 Alfred State	4:33.53	4/8
2	Izzy SPIRES, Emily FERRANS, Angelina COMPEGGIE, Victoria DIETRICH	#1 Penn State Behr	4:37.83	4/6

Women's High Jump

1 70	Emma TAGGART	#2 Alfred State	1.57m	5-1¾	4/14
2	Burns SHANNON	#1 Penn State Behr	1.52m	4-11¾	4/16
3	Julia BALASKI	#1 Penn State Behr	1.42m	4-7¾	4/16
4	Olivia NOLA	#1 Penn State Behr	1.37m	4-6	4/16
4	Haley FELTON	#1 Penn State Behr	1.37m	4-6	4/16
4	Olivia HORNINGER	#3 Cedar Crest	1.37m	4-6	4/1

Women's Pole Vault

1 99	Madison KAPPELER	#1 Penn State Behr	3.25m	10-8	4/16
2	Noelani TAKEI	#1 Penn State Behr	2.95m	9-8	4/16
3	Laura WALTER	#2 Alfred State	2.65m	8-8¾	4/8
4	Grace JONES	#1 Penn State Behr	2.50m	8-2½	3/24
4	Lexi TRAUTWEIN	#2 Alfred State	2.50m	8-2½	4/8
6	Abby ROUGHSEEDGE	#2 Alfred State	2.35m	7-8½	4/8
7	Angelina COMPEGGIE	#1 Penn State Behr	2.20m	7-2½	4/16

Women's Long Jump

1	Hannah WETZEL	#4 Gallaudet	5.14m	16-10½ (1.	4/1
2	Madison KAPPELER	#1 Penn State Behr	5.09m	16-8½ (-0.	4/16
3	Emma TAGGART	#2 Alfred State	4.98m	16-4¼ (0.0	4/8
4	Madison SNAYCZUK	#2 Alfred State	4.87m	15-11¾ (-0	4/8
5	Madeline COLE	#2 Alfred State	4.85m	15-11 (0.6)	4/14
6	Burns SHANNON	#1 Penn State Behr	4.62m	15-2 (0.1)	4/16
7	Grace JONES	#1 Penn State Behr	4.45m	14-7¼ (-0.	4/16
8	Laura WALTER	#2 Alfred State	4.37m	14-4 (0.4)	4/14
9	Haley FELTON	#1 Penn State Behr	4.33m	14-2½ (1.0	3/31
10	Olivia HORNINGER	#3 Cedar Crest	4.26m	13-11¾ (-0	4/15

Women's Triple Jump

1 49	Hannah WETZEL	#4 Gallaudet	11.16m	36-7½ (-3.	3/25
2	Lily SCHNELL	#2 Alfred State	10.24m	33-7¼ (1.0	4/14
3	Madison SNAYCZUK	#2 Alfred State	9.97m	32-8½ (0.8	4/14
4	Sarah DAUNCE	#2 Alfred State	9.90m	32-5¾ (1.4	4/14
5	Burns SHANNON	#1 Penn State Behr	9.45m	31-0 (0.1)	4/16

Women's Shot Put

1 71	Midajah DAVIS	#4 Gallaudet	12.32m	40-5	4/8
2	Paige MASSEY	#1 Penn State Behr	10.84m	35-6¾	4/16
3	Emma TAGGART	#2 Alfred State	10.57m	34-8¼	4/8
4	Kelsee SCHOUPE	#3 Cedar Crest	10.39m	34-1¼	4/15
5	Nicole HUME	#2 Alfred State	9.95m	32-7¾	4/8
6	Katelyn CURRY	#2 Alfred State	9.83m	32-3	4/14
7	Brianna THIGPEN	#4 Gallaudet	9.40m	30-10¼	3/25
8	Brianna DOWNING	#1 Penn State Behr	9.31m	30-6½	4/16
9	Emma WHITEMAN	#1 Penn State Behr	9.06m	29-8¾	4/16
10	Allyson FRANK	#5 Keystone	8.78m	28-9¾	4/4

Women's Discus

1	Kelsee SCHOUPE	#3 Cedar Crest	34.11m	111-11	4/15
2	Nicole HUME	#2 Alfred State	31.28m	102-8	4/14
3	Allyson FRANK	#5 Keystone	30.16m	98-11½	4/4
4	Brianna THIGPEN	#4 Gallaudet	29.90m	98-1¼	3/25
5	Emma WHITEMAN	#1 Penn State Behr	29.43m	96-6¾	4/16
6	Brianna DOWNING	#1 Penn State Behr	29.05m	95-3¾	3/24
7	Paige MASSEY	#1 Penn State Behr	28.74m	94-3½	4/16
8	Isabella BOZEN	#3 Cedar Crest	28.73m	94-3¼	4/15
9	Mackenzie GILLETTE	#2 Alfred State	23.43m	76-10½	4/8
10	Katelyn CURRY	#2 Alfred State	23.33m	76-6½	4/8

Women's Hammer

1	Nicole HUME	#2 Alfred State	38.81m	127-4	4/14
2	Kelsee SCHOUPE	#3 Cedar Crest	36.37m	119-4	4/1
3	Brianna DOWNING	#1 Penn State Behr	33.98m	111-6	4/16
4	Jessica PARK	#1 Penn State Behr	32.54m	106-9	4/6
5	Midajah DAVIS	#4 Gallaudet	29.49m	96-9	4/1
6	Mackenzie GILLETTE	#2 Alfred State	28.66m	94-½	4/8
7	Katelyn CURRY	#2 Alfred State	26.24m	86-1¼	4/8
8	Alexys SANTIAGO	#4 Gallaudet	20.89m	68-6½	4/1
9	Heaven BETHEA	#3 Cedar Crest	20.50m	67-3¼	4/15

Women's Javelin

1 30	Julia BALASKI	#1 Penn State Behr	38.10m	125-0	3/24
2	Sadie TRUBILLA	#3 Cedar Crest	32.69m	107-3	4/15
3	Cassidy PERRY	#4 Gallaudet	30.83m	101-2	4/8
4	Brianna DOWNING	#1 Penn State Behr	26.30m	86-3½	4/16
5	Natalie BARKLEY	#1 Penn State Behr	25.29m	82-11¾	4/16
6	Allyson FRANK	#5 Keystone	24.98m	81-11½	3/18
7	Camryn SNYDER	#3 Cedar Crest	23.23m	76-2¾	4/15
8	Sarah RIVET	#2 Alfred State	20.74m	68-½	4/14
9	Lilian NELSON	#4 Gallaudet	20.11m	65-11¾	4/8
10	Rachel SKOCZLAS	#1 Penn State Behr	19.80m	64-11½	4/16

Women's Heptathlon

1 27	Emma TAGGART	#2 Alfred State	3,985	4/8
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Conference TFRI Event Summary

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CUNYAC

Women's 100 Meters

1	Althea WILLIAMS	#2 Hunter	13.89	(-0.8)	3/31
1	Zaria NEPTUNE	#4 York (N.Y.)	13.89	(1.2)	4/1
3	Aminata SISSOKO	#3 Lehman	13.99	(-0.2)	4/15
4	Bianca WOODBERRY	#5 Medgar Evers	14.01w	(2.6)	4/2
5	Ayayo ORWA	#2 Hunter	14.14	(0.0)	3/25
6	Tamicia SYLVESTER	#4 York (N.Y.)	14.26	(1.5)	4/1
7	Nidia NELSON	#3 Lehman	14.66	(1.7)	4/8
8	Leondra CRAIG	#1 CCNY	14.68	(-0.2)	4/2
9	Laura VILLATORO	#1 CCNY	14.92	(-0.2)	4/2
10	Shemone HERON	#3 Lehman	14.96w	(3.0)	4/2

Women's 100 Meter Hurdles

1	Zuha KHAN	#1 CCNY	19.20	(-0.9)	4/2
2	Aminata SISSOKO	#3 Lehman	20.23	(-1.6)	4/2
3	Helen DAI	#2 Hunter	21.44	(-1.2)	4/15
4	Elizatte LAKOUE TENE	#2 Hunter	22.48	(-1.2)	4/15
5	Ashley TAYLOR	#2 Hunter	27.90	(-1.2)	4/15

Women's 200 Meters

1	Zaria NEPTUNE	#4 York (N.Y.)	28.61	(1.0)	4/1
2	Aakaysha WILLIAMS	#1 CCNY	29.36	(1.2)	4/7
3	Samantha MAENDEL	#1 CCNY	29.39	(1.2)	4/7
4	Tamicia SYLVESTER	#4 York (N.Y.)	29.56	(1.0)	4/1
5	Aminata SISSOKO	#3 Lehman	29.65	(0.3)	4/8
6	Althea WILLIAMS	#2 Hunter	30.15	(0.1)	3/31
7	Bianca WOODBERRY	#5 Medgar Evers	30.60	(-1.8)	4/2
8	Zuha KHAN	#1 CCNY	31.14	(-1.6)	4/2
9	Kaylin SOTO	#1 CCNY	31.94w	(3.0)	4/7
10	Rubilyn NAVARRO	#2 Hunter	32.27	(1.5)	4/7

Women's 400 Meters

1	Samantha MAENDEL	#1 CCNY	1:05.58		4/15
2	Aminata SISSOKO	#3 Lehman	1:06.96		4/8
3	Taylor MCCLAY	#2 Hunter	1:07.72		4/7
4	Kaylin SOTO	#1 CCNY	1:11.01		4/15
5	Nana SAMAKE	#5 Medgar Evers	1:11.06		4/2
6	Amelia CATALDO	#1 CCNY	1:12.16		4/2
7	Johanni VALERIO	#1 CCNY	1:21.35		3/25
8	Joeli VALERIO	#1 CCNY	1:23.77		4/15
9	Evelyn ROIZIN	#2 Hunter	1:33.31		3/31

Women's 400 Meter Hurdles

1	Aminata SISSOKO	#3 Lehman	1:18.89		4/2
2	Helen DAI	#2 Hunter	1:25.02		3/31
3	Elizatte LAKOUE TENE	#2 Hunter	1:37.66		4/7

Women's 800 Meters

1	Taylor MCCLAY	#2 Hunter	2:43.32		3/31
2	Lily MCADAMS	#2 Hunter	2:49.47		3/25
3	Samantha SURIEL	#2 Hunter	2:50.11		3/25
4	Zara MCPARTLAND	#1 CCNY	2:51.24		3/25
5	Emmaly MERCED	#4 York (N.Y.)	2:58.74		4/8
6	Wendy MONTIEL	#2 Hunter	3:01.33		3/31
7	Sandra LU	#1 CCNY	3:02.31		4/2
8	Irving JIANG	#2 Hunter	3:02.62		3/25
9	Joeli VALERIO	#1 CCNY	3:05.78		4/7
10	Nana SAMAKE	#5 Medgar Evers	3:06.08		4/2

Women's 1500 Meters

1	Samantha SURIEL	#2 Hunter	5:48.42		3/31
2	Zara MCPARTLAND	#1 CCNY	5:57.10		4/15
3	Wendy MONTIEL	#2 Hunter	6:01.74		3/31
4	Aakaysha WILLIAMS	#1 CCNY	6:08.50		3/25
5	Irving JIANG	#2 Hunter	6:15.97		3/31
6	Sandra LU	#1 CCNY	6:24.00		4/15
7	Karen SOLANO	#3 Lehman	6:44.53		3/25
8	Sindy KALAUCH	#2 Hunter	6:55.46		3/31
9	Rawnaa ELSHITA	#2 Hunter	7:02.35		4/15
10	Mehnoor YOUSAF	#2 Hunter	7:18.74		4/15

Women's Steeplechase

1	Zara MCPARTLAND	#1 CCNY	14:44.29		4/2
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Women's 5000 Meters

1	Wendy MONTIEL	#2 Hunter	22:44.60		4/7
2	Sindy KALAUCH	#2 Hunter	23:15.89		3/25
3	Mehnoor YOUSAF	#2 Hunter	25:42.02		4/7
4	Rawnaa ELSHITA	#2 Hunter	26:53.00		4/7

Women's 4x100 Relay

1	Leondra CRAIG, Zuha KHAN, Sandra LU, Samantha MAENDEL	#1 CCNY	55.40		4/15
2	Althea WILLIAMS, Taylor MCCLAY, Rubilyn NAVARRO, Ayayo ORWA	#2 Hunter	55.87		3/31
3	Peta-Gay HUNTER, Emmaly MERCED, Zaria NEPTUNE, Tamicia SYLVESTER	#4 York (N.Y.)	57.78		4/15
4	Amber ADRIEN, Bianca WOODBERRY, Calia KING, Nana SAMAKE	#5 Medgar Evers	1:01.12		4/15
5	Kimarea BROWN, Judith ROBLES REYES, Elaine ROJAS MESA, Karen SOLANO	#3 Lehman	1:04.08		4/15



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CUNYAC

Women's 4x400 Relay

1	Ayayo ORWA, Helen DAI, Althea WILLIAMS, Taylor MCCLAY	#2 Hunter	5:01.12	4/7
2	Amelia CATALDO, Johanni VALERIO, Sandra LU, Joeli VALERIO	#1 CCNY	5:19.21	4/2
3	Peta-Gay HUNTER, Emmaly MERCED, Zaria NEPTUNE, Tamicia SYLVESTER	#4 York (N.Y.)	5:26.50	3/25
4	Lesley TOLENTINO, Margaret ODONKOR, Nidia NELSON, Aminata SISSOKO	#3 Lehman	6:55.90	3/25

Women's High Jump

1	Daria NIEBRZYDOWSKI	#2 Hunter	1.45m	4-9	3/31
2	Rubilyn NAVARRO	#2 Hunter	1.37m	4-6	4/7
3	Zara MCPARTLAND	#1 CCNY	1.35m	4-5	4/2
4	Aakaysha WILLIAMS	#1 CCNY	1.30m	4-3¼	4/2

Women's Long Jump

1	Ayayo ORWA	#2 Hunter	4.83m	15-10¼ (0.0)	4/15
2	Rubilyn NAVARRO	#2 Hunter	4.50m	14-9¼ (0.7)	3/31
3	Leondra CRAIG	#1 CCNY	4.42m	14-6 (0.0)	4/15
4	Daria NIEBRZYDOWSKI	#2 Hunter	4.25m	13-11½ (0.0)	4/15
5	Kaylin SOTO	#1 CCNY	4.18m	13-8¾ (0.0)	4/15
6	Sandra LU	#1 CCNY	3.92m	12-10½ (0.0)	4/2
7	Aminata SISSOKO	#3 Lehman	3.62m	11-10½ (0.0)	3/25
8	Bianca WOODBERRY	#5 Medgar Evers	3.49m	11-5½ (1.1)	4/8
9	Kelly RIVERA	#1 CCNY	2.46m	8-1 (1.6)	4/7
10	Tiffany AZUBUIKE	#3 Lehman	2.39mw	7-10¼ (2.8)	4/8

Women's Triple Jump

1	Ayayo ORWA	#2 Hunter	8.87m	29-1¼ (0.0)	3/25
2	Leondra CRAIG	#1 CCNY	8.00m	26-3 (0.0)	4/2

Women's Shot Put

1	Serena WARNER	#1 CCNY	10.02m	32-10½	4/7
2	Nidia NELSON	#3 Lehman	8.48m	27-10	4/2
3	Stephanie TOUSSAINT	#1 CCNY	8.42m	27-7½	3/25
4	Aminata SISSOKO	#3 Lehman	7.51m	24-7¾	4/8
5	Valerie MCCREE	#3 Lehman	7.22m	23-8¼	3/25
6	Jennasia NELSON	#3 Lehman	7.00m	22-11¾	3/25
7	Elainne ROJAS MESA	#3 Lehman	6.71m	22-¼	3/25
8	Rawnaa ELSHITA	#2 Hunter	6.58m	21-7¼	4/7
9	Helen DAI	#2 Hunter	6.47m	21-2¾	3/25
10	Karina TAN	#2 Hunter	6.44m	21-1½	4/7

Women's Discus

1	Serena WARNER	#1 CCNY	30.43m	99-10	4/15
2	Leondra CRAIG	#1 CCNY	23.35m	76-7¼	4/7
3	Nidia NELSON	#3 Lehman	19.90m	65-3½	4/15
4	Aminata SISSOKO	#3 Lehman	18.88m	61-11½	4/15
5	Rawnaa ELSHITA	#2 Hunter	18.25m	59-10½	3/25
6	Jennasia NELSON	#3 Lehman	18.16m	59-7	4/15
7	Helen DAI	#2 Hunter	17.17m	56-4	4/7
8	Valerie MCCREE	#3 Lehman	16.56m	54-4	3/25
9	Karina TAN	#2 Hunter	16.52m	54-2½	4/7
10	Tiffany AZUBUIKE	#3 Lehman	15.38m	50-5½	4/8

Women's Hammer

1	Nidia NELSON	#3 Lehman	33.02m	108-4	4/2
2	Jennasia NELSON	#3 Lehman	24.13m	79-2	4/2
3	Tiffany AZUBUIKE	#3 Lehman	23.95m	78-7	4/8
4	Serena WARNER	#1 CCNY	22.43m	73-7¼	4/2
5	Gabriella ORTIZ-MENENDEZ	#3 Lehman	16.20m	53-1¾	4/8
6	Noor EMRECH	#1 CCNY	11.78m	38-7¾	4/7

Women's Javelin

1	Serena WARNER	#1 CCNY	21.07m	69-1½	3/25
2	Zara MCPARTLAND	#1 CCNY	20.96m	68-9¼	4/2
3	Nidia NELSON	#3 Lehman	20.46m	67-1½	4/2
4	Aakaysha WILLIAMS	#1 CCNY	19.87m	65-2¼	4/7
5	Elainne ROJAS MESA	#3 Lehman	18.27m	59-11¼	3/25
6	Sandra LU	#1 CCNY	18.22m	59-9½	3/25
7	Valerie MCCREE	#3 Lehman	15.16m	49-9	3/25
8	Zuha KHAN	#1 CCNY	14.46m	47-5¼	4/7
9	Noor EMRECH	#1 CCNY	14.35m	47-1	3/25
10	Gabriella ORTIZ-MENENDEZ	#3 Lehman	14.16m	46-5½	4/2



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Empire 8

Women's 100 Meters

1	Zhane LETTSOME	#1	St. John Fisher	12.49w	(2.6)	4/2
2	Ciarra FRANZ	#1	St. John Fisher	12.53	(0.0)	4/7
3	Michaela KURBS	#1	St. John Fisher	12.54w	(2.6)	4/2
3	Brenna JOHNSON	#2	Nazareth	12.54	(0.0)	4/8
5	Isabelle ROWLEY	#1	St. John Fisher	12.70	(1.5)	4/2
6	Mackenzie MIX	#3	Utica	12.71w	(2.1)	4/1
7	Alaina MORLEY	#2	Nazareth	12.86	(1.5)	4/2
8	Hannah RAGULE	#2	Nazareth	12.99	(1.5)	4/2
9	Laura MEADE	#3	Utica	13.03	(0.0)	4/7
10	Brenda LE	#1	St. John Fisher	13.10	(0.9)	4/2

Women's 100 Meter Hurdles

1	31 Ciarra FRANZ	#1	St. John Fisher	14.68	(-0.1)	4/14
2	Sydney VANDERHOOF	#2	Nazareth	16.41w	(2.1)	4/14
3	Laura MEADE	#3	Utica	16.58	(1.8)	4/7
4	Anne SPILA	#4	Alfred	16.80	(1.6)	4/13
5	Lily REXFORD	#1	St. John Fisher	17.48	(1.8)	4/14
6	Bianca DURSO	#4	Alfred	17.54w	(2.2)	4/2
7	Hayly FREDRICKSON	#1	St. John Fisher	17.59	(1.8)	4/7
8	Giovanna WALL	#7	Hartwick	17.94w	(3.4)	4/15
9	Logan FREDRICKSON	#1	St. John Fisher	18.24w	(4.0)	4/2
10	Nora DEVITT	#3	Utica	18.45	(-0.4)	4/1

Women's 200 Meters

1	91 Samantha SHEA	#1	St. John Fisher	25.69	(0.3)	4/14
2	Mackenzie MIX	#3	Utica	25.83	(1.1)	4/1
3	Zhane LETTSOME	#1	St. John Fisher	25.92	(1.6)	4/14
4	Grace WRIGHT	#1	St. John Fisher	26.90	(-1.7)	4/2
5	Isabelle ROWLEY	#1	St. John Fisher	27.20	(-0.8)	4/2
6	Lina YOUNG	#4	Alfred	27.24	(0.3)	4/2
6	Alexandria WISNIEWSKI	#5	Houghton	27.24	(0.7)	4/8
8	Claudia SIMIONE	#3	Utica	27.30	(1.6)	4/1
9	Anne SPILA	#4	Alfred	27.34	(1.0)	4/13
10	Alaina MORLEY	#2	Nazareth	27.38	(1.4)	4/8

Women's 400 Meters

1	9 Samantha SHEA	#1	St. John Fisher	56.69		4/14
2	29 Brenna JOHNSON	#2	Nazareth	57.78		4/14
3	84 Grace WRIGHT	#1	St. John Fisher	59.21		4/14
4	Olivia GILBERT	#4	Alfred	1:00.73		4/2
5	Alexandria WISNIEWSKI	#5	Houghton	1:01.88		4/8
6	Mary SHAKER	#5	Houghton	1:02.76		4/2
7	Isabella HEATH	#2	Nazareth	1:03.65		4/14
8	Hayly FREDRICKSON	#1	St. John Fisher	1:04.07		4/2
9	Emma WRIGHT	#1	St. John Fisher	1:05.09		4/2
10	Leigha GOULD	#2	Nazareth	1:05.14		4/8

Women's 400 Meter Hurdles

1	92 Mackenzie MIX	#3	Utica	1:07.57		4/15
2	Alexandria WISNIEWSKI	#5	Houghton	1:08.20		4/14
3	Brenda LE	#1	St. John Fisher	1:08.38		4/2
4	Hayly FREDRICKSON	#1	St. John Fisher	1:09.77		4/14
5	Laura MEADE	#3	Utica	1:10.03		4/15
6	Shiana SUSA	#2	Nazareth	1:10.81		4/2
7	Samantha LUBA	#2	Nazareth	1:11.24		4/2
8	Lily REXFORD	#1	St. John Fisher	1:13.86		4/2
9	Tirzah SPIVEY	#6	Sage Colleges	1:15.15		4/14
10	Katie WIDMER	#5	Houghton	1:18.57		4/14

Women's 800 Meters

1	Olivia GILBERT	#4	Alfred	2:22.56		4/13
2	Abbey SZUMLOZ	#2	Nazareth	2:23.02		4/2
3	Jade DENING	#3	Utica	2:25.12		4/15
4	Isabella HEATH	#2	Nazareth	2:27.20		4/2
5	Mackenzie FEENEY	#6	Sage Colleges	2:27.83		4/7
6	Amanda BURRICHTER	#5	Houghton	2:27.94		4/8
7	Ella IMPAGLIA	#2	Nazareth	2:28.57		4/8
8	Janaiya CRUZ-BERMEDEZ	#3	Utica	2:28.58		4/15
9	Caitlin VOLOSHEN	#1	St. John Fisher	2:29.17		4/7
10	Kyra BINNEY	#5	Houghton	2:29.61		4/2

Women's 1500 Meters

1	70 Amanda BURRICHTER	#5	Houghton	4:42.72		4/14
2	Caitlin VOLOSHEN	#1	St. John Fisher	4:57.08		4/14
3	Ella IMPAGLIA	#2	Nazareth	4:58.84		4/14
4	Lauren DEMICHELE	#1	St. John Fisher	4:59.11		4/7
5	Jade DENING	#3	Utica	4:59.84		4/7
6	McKenzie HALL	#4	Alfred	5:00.46		4/13
7	Laura WITT	#1	St. John Fisher	5:02.09		4/14
8	Emily WEAVER	#2	Nazareth	5:02.51		4/8
9	Olivia GRINNELL	#1	St. John Fisher	5:02.90		4/14
10	Mackenzie FEENEY	#6	Sage Colleges	5:05.49		4/14

Women's Steeplechase

1	81 Emily WEAVER	#2	Nazareth	11:49.97		4/14
2	Jade DENING	#3	Utica	12:15.46		4/1
3	Sabrina ANTONINI	#1	St. John Fisher	12:36.57		4/7
4	Ashley O'TOOLE	#4	Alfred	12:59.84		4/13
5	Kennedy MCCOY	#5	Houghton	13:10.84		4/14
6	Allison LIST	#1	St. John Fisher	13:13.30		4/14
7	Maggie DOLLOFF	#1	St. John Fisher	13:51.50		4/14
8	Noella BURLETTE	#3	Utica	14:08.67		4/1
9	Kyla REED	#3	Utica	14:29.10		4/1
10	Sophie RIDGWAY	#7	Hartwick	15:05.65		4/7



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Empire 8

Women's 5000 Meters

1	Amanda BURRICHTER	#5	Houghton	18:01.03	4/2
2	Lilianna HANNING	#2	Nazareth	18:17.59	4/14
3	Rachel DOMARACKI	#5	Houghton	18:30.48	4/14
4	Brigid MCGEE	#1	St. John Fisher	19:08.23	4/7
5	Elizabeth INGELLIS	#6	Sage Colleges	19:08.83	4/1
6	McKenzie HALL	#4	Alfred	19:12.33	4/2
7	Sophia PROUTY	#1	St. John Fisher	19:16.85	4/2
8	Lauren ALMY	#1	St. John Fisher	19:40.13	4/2
9	Brynita HAAS	#7	Hartwick	19:47.41	4/7
10	Kennedy MCCOY	#5	Houghton	19:49.13	4/2

Women's 10,000 Meters

1	65 Rachel DOMARACKI	#5	Houghton	38:37.48	4/2
2	78 Lauren DEMICHELE	#1	St. John Fisher	39:12.21	4/2
3	83 Lilianna HANNING	#2	Nazareth	39:23.94	4/2
4	91 Elizabeth INGELLIS	#6	Sage Colleges	39:29.69	4/7
5	96 Brigid MCGEE	#1	St. John Fisher	39:36.93	4/2
6	Laura WITT	#1	St. John Fisher	40:11.91	4/2
7	Megan MORIN	#2	Nazareth	40:39.31	4/2
8	Sophia PROUTY	#1	St. John Fisher	40:48.93	4/7
9	Lauren ALMY	#1	St. John Fisher	41:19.94	4/7
10	Mari JABLONSKI	#4	Alfred	41:38.81	4/2

Women's 4x100 Relay

1	19 Michaela KURBS, Samantha SHEA, Zhane LETTSOME, Ciarra FRANZ	#1	St. John Fisher	48.01	4/14
2	Alaina MORLEY, Brenna JOHNSON, Alexis LASHER, Hannah RAGULE	#2	Nazareth	51.70	4/14
3	Ayjah CLARKE, Claudia SIMIONE, Elizabeth GLOMSKI, Zeniyah GHOLSON	#3	Utica	52.32	4/1
4	Alexandria WISNIEWSKI, Mary SHAKER, Hannah HEINL, Hannah SIEWERT	#5	Houghton	52.56	4/14
5	Bianca DURSO, Lina YOUNG, Natalya RYCKMAN, Anne SPILA	#4	Alfred	53.51	3/10

Women's 4x400 Relay

1	74 Jade DENING, Noella BURLETTE, Kyla REED, Emma ZACHAREWICZ	#3	Utica	4:08.58	4/15
2	Shiana SUSA, Samantha LUBA, Sydney LASALLE, Isabella HEATH	#2	Nazareth	4:23.24	4/8
3	Ashley O'TOOLE, Nyah SOLLY, Sarah LUTKINS, McKenzie HALL	#4	Alfred	4:32.24	3/24
4	Tirzah SPIVEY, Crystal IVERY, Charisma LOSEE, Mackenzie FEENEY	#6	Sage Colleges	4:46.30	4/7

Women's High Jump

1	70 Hayden WILLIAMSON	#5	Houghton	1.57m	5-1¾	4/8
2	Sarah JACQUES	#1	St. John Fisher	1.52m	4-11¾	4/14
2	Claudia VOGEL	#1	St. John Fisher	1.52m	4-11¾	4/14
2	Bianca DURSO	#4	Alfred	1.52m	4-11¾	3/24
5	Amina SINCLAIR	#3	Utica	1.48m	4-10¼	3/26
6	Alaina MORLEY	#2	Nazareth	1.47m	4-9¾	4/2
6	Angela CARLSON	#1	St. John Fisher	1.47m	4-9¾	4/14
6	Anne SPILA	#4	Alfred	1.47m	4-9¾	3/24
9	Aalyiah WILLIAMS	#7	Hartwick	1.45m	4-9	4/7
10	Ana ION	#4	Alfred	1.42m	4-7¾	3/24

Women's Pole Vault

1	55 Isabel MORSE	#2	Nazareth	3.40m	11-1¾	4/14
2	Kiara TORNUSCIOLO	#2	Nazareth	3.15m	10-4	4/2
3	Emily FRECH	#1	St. John Fisher	2.80m	9-2¼	4/7
4	Hayly FREDRICKSON	#1	St. John Fisher	2.70m	8-10¼	4/2
5	Sofie FISCHLER	#2	Nazareth	2.65m	8-8¼	4/8

Women's Long Jump

1	19 Michaela KURBS	#1	St. John Fisher	5.57m	18-3¼ (1.2)	4/14
2	25 Veronica DUELL	#1	St. John Fisher	5.53m	18-1¾ (1.7)	4/2
3	36 Brenna JOHNSON	#2	Nazareth	5.49m	18-¼ (1.5)	4/14
4	47 Anne SPILA	#4	Alfred	5.44m	17-10¼ (1.)	4/2
5	McKenzie LEAHEY	#2	Nazareth	5.20m	17-¾ (0.1)	4/14
6	Hannah RAGULE	#2	Nazareth	5.16m	16-11¼ (0.)	4/14
7	Nora DEVITT	#3	Utica	5.09m	16-8½ (1.2)	4/7
7	Isabella HEATH	#2	Nazareth	5.09m	16-8½ (0.0)	4/8
9	Laura MEADE	#3	Utica	5.03m	16-6 (2.0)	3/26
10	Bianca DURSO	#4	Alfred	5.00m	16-5 (0.4)	4/13



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Women's Triple Jump

1	70	Laura MEADE	#3	Utica	10.96m	35-11½ (0.4)	4/15
2	93	Hannah RAGULE	#2	Nazareth	10.83m	35-6½ (0.2)	4/8
3		Nyah SOLLY	#4	Alfred	10.78m	35-4½ (0.0)	3/24
4		Ana ION	#4	Alfred	10.66m	34-11¾ (0.3)	3/24
5		Nora DEVITT	#3	Utica	10.61m	34-9¾ (0.1)	4/7
6		Isabella HEATH	#2	Nazareth	10.58m	34-8½ (0.0)	4/8
7		Sydney LASALLE	#2	Nazareth	10.22m	33-6½ (0.0)	4/8
8		Zeniyah GHOLSON	#3	Utica	9.99mw	32-9½ (2.1)	4/7
9		McKenzie LEAHEY	#2	Nazareth	9.93m	32-7 (0.0)	4/8
10		Abigail NUZZO	#5	Houghton	9.87m	32-4¾ (1.3)	4/14

Women's Shot Put

1	33	Jane FAHY	#3	Utica	12.94m	42-5½	4/1
2	78	Makenna KING	#1	St. John Fisher	12.25m	40-2¼	4/14
3		Madison PALMER	#4	Alfred	11.63m	38-2	4/2
4		Lyndsay O'BRIEN	#1	St. John Fisher	11.23m	36-10¼	4/14
5		Erin MCGUINNESS	#1	St. John Fisher	11.11m	36-5½	4/14
6		Lea RICHARD	#2	Nazareth	10.92m	35-10	4/14
7		Duanena GRAVES	#3	Utica	10.69m	35-1	4/7
8		Ranasia BAILEY	#3	Utica	10.19m	33-5¼	4/15
9		Kathryn EVANS	#5	Houghton	10.11m	33-2	4/2
10		Ana ION	#4	Alfred	10.09m	33-1¼	4/13

Women's Discus

1	18	Makenna KING	#1	St. John Fisher	42.62m	139-10	4/7
2		Jane FAHY	#3	Utica	36.01m	118-2	4/15
3		Sarah FLORIAN	#3	Utica	34.52m	113-3	3/26
4		Gabrielle DESANCTIS	#3	Utica	31.04m	101-10	4/7
5		Erin MCGUINNESS	#1	St. John Fisher	30.92m	101-6	4/7
6		Hallie KNAPP	#1	St. John Fisher	30.83m	101-2	4/7
7		Madison PALMER	#4	Alfred	30.46m	99-11¼	4/13
8		Duanena GRAVES	#3	Utica	29.94m	98-2¾	4/7
9		Lyndsay O'BRIEN	#1	St. John Fisher	29.11m	95-6¼	4/7
10		Lea RICHARD	#2	Nazareth	28.70m	94-2	4/14

Women's Hammer

1	56	Lea RICHARD	#2	Nazareth	47.23m	155-0	4/14
2		Madison PALMER	#4	Alfred	43.57m	143-0	4/2
3		Emilia COSTELLO	#3	Utica	43.46m	142-7	4/15
4		Makenna KING	#1	St. John Fisher	43.32m	142-2	4/7
5		Grace MOYER	#2	Nazareth	42.51m	139-6	4/2
6		Jazelle MCINTYRE	#1	St. John Fisher	40.06m	131-5	4/2
7		Gabrielle DESANCTIS	#3	Utica	38.81m	127-4	4/15
8		Megan BRINCK	#3	Utica	37.45m	122-11	4/15
9		Skyler WHORF	#3	Utica	36.94m	121-3	4/15
10		Ranasia BAILEY	#3	Utica	34.58m	113-6	4/7

Women's Javelin

1		Abigail NUZZO	#5	Houghton	29.95m	98-3¼	4/2
2		Laura MEADE	#3	Utica	29.94m	98-2¾	4/7
3		Ada SYLVESTER	#1	St. John Fisher	28.55m	93-8	4/2
4		Abbie KNAISCH	#3	Utica	25.88m	84-11	4/7
5		Gabrielle DESANCTIS	#3	Utica	25.00m	82-¼	3/26
6		Claudia VOGEL	#1	St. John Fisher	24.64m	80-10¼	4/14
7		Anne SPILA	#4	Alfred	23.33m	76-6½	3/10
8		Madison PALMER	#4	Alfred	22.93m	75-2¾	3/24
9		Bianca DURSO	#4	Alfred	21.76m	71-4¾	4/13
10		Atticus DINSMORE	#7	Hartwick	21.54m	70-8	4/15

Women's Heptathlon

1	37	Anne SPILA	#4	Alfred	3,766		4/13
2	41	Bianca DURSO	#4	Alfred	3,591		4/13
3	75	Logan FREDRICKSON	#1	St. John Fisher	2,943		4/14



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Women's 100 Meters

1	Ashley KELEHER	#4	Colby-Sawyer	12.49	(0.3)	4/8
2	Mikayla FRANCOIS	#1	Regis (Mass.)	13.68	(0.1)	4/6
3	Desiree ROBINSON	#2	Emmanuel (Mas	13.76	(0.0)	4/6
4	Lily BELSCHNER	#1	Regis (Mass.)	14.00	(0.1)	4/6
5	Olivia DENCH	#1	Regis (Mass.)	14.03	(0.1)	4/6
6	Hannah BABEK	#3	Lasell	14.05	(-2.8)	4/8
7	Damali WAUGH	#3	Lasell	14.09		4/14
8	Tori BETTENCOURT	#2	Emmanuel (Mas	14.22		4/14
9	Abigail KILBRIDE	#1	Regis (Mass.)	14.34	(0.1)	4/6
10	Maya WARYAS	#5	Saint Joseph's (I	14.43	(2.0)	4/8

Women's 100 Meter Hurdles

1	Brooklyn GOFF	#5	Saint Joseph's (I	16.35	(-0.9)	4/8
2	Kate COCHRAN	#4	Colby-Sawyer	16.78	(-0.1)	4/8
3	Beverly BROWN	#2	Emmanuel (Mas	17.42	(0.6)	4/6
4	Mikayla FRANCOIS	#1	Regis (Mass.)	17.47	(0.6)	4/6
5	Emily VANHOUTEN	#3	Lasell	18.10		4/14
6	Maya WARYAS	#5	Saint Joseph's (I	18.57		4/14
7	Emily AHO	#1	Regis (Mass.)	18.94	(0.6)	4/6
8	Cynthia BRITO	#2	Emmanuel (Mas	19.79	(0.0)	4/6

Women's 200 Meters

1	75 Ashley KELEHER	#4	Colby-Sawyer	25.55	(2.0)	4/8
2	Brooklyn GOFF	#5	Saint Joseph's (I	27.24		4/14
3	Emily VANHOUTEN	#3	Lasell	27.51		4/14
4	Hannah BABEK	#3	Lasell	28.40		4/14
5	Desiree ROBINSON	#2	Emmanuel (Mas	28.43	(-0.3)	4/1
6	Olivia DENCH	#1	Regis (Mass.)	28.83	(0.1)	4/6
7	Alexia YOUNG	#5	Saint Joseph's (I	29.01	(-2.8)	4/8
8	Abigail KILBRIDE	#1	Regis (Mass.)	29.22	(0.1)	4/6
9	Lily BELSCHNER	#1	Regis (Mass.)	29.23	(-1.9)	4/14
10	Tori BETTENCOURT	#2	Emmanuel (Mas	29.51	(0.1)	4/6

Women's 400 Meters

1	36 Ashley KELEHER	#4	Colby-Sawyer	58.08		4/14
2	Emily VANHOUTEN	#3	Lasell	1:02.54		4/8
3	Desiree ROBINSON	#2	Emmanuel (Mas	1:04.59		3/26
4	Alexia YOUNG	#5	Saint Joseph's (I	1:04.64		4/8
5	Hannah BABEK	#3	Lasell	1:07.53		4/14
6	Abigail KILBRIDE	#1	Regis (Mass.)	1:08.74		4/14
7	Annabelle JEAN-PHILLIPPE	#1	Regis (Mass.)	1:09.92		3/25
8	Courtney LARSON	#4	Colby-Sawyer	1:11.68		4/14
9	Kate LUIZ	#5	Saint Joseph's (I	1:11.78		4/14
10	Adrianna TASSONE	#3	Lasell	1:12.32		4/14

Women's 400 Meter Hurdles

1	Brooklyn GOFF	#5	Saint Joseph's (I	1:12.05		4/8
2	Elisa D'SA	#1	Regis (Mass.)	1:14.21		4/14
3	Naomi OBENHAUS	#2	Emmanuel (Mas	1:19.20		4/6
4	Emily GREEN	#2	Emmanuel (Mas	1:20.29		3/26
5	Cynthia BRITO	#2	Emmanuel (Mas	1:27.82		4/6

Women's 800 Meters

1	Elizabeth CAMERON	#2	Emmanuel (Mas	2:37.93		4/1
2	Annabelle JEAN-PHILLIPPE	#1	Regis (Mass.)	2:38.28		4/14
3	Brooklyn GOFF	#5	Saint Joseph's (I	2:39.13		4/14
4	Ashleigh KELLEY	#1	Regis (Mass.)	2:40.28		3/25
5	Sydney GONZALEZ	#2	Emmanuel (Mas	2:41.49		4/6
6	Erin KELLEY	#1	Regis (Mass.)	2:41.62		4/6
7	Emma KRANTZ	#2	Emmanuel (Mas	2:42.43		4/14
8	Emily VANHOUTEN	#3	Lasell	2:43.27		4/14
9	Tessa MILLETTE	#4	Colby-Sawyer	2:43.28		4/1
10	Lezly ACEVEDO	#3	Lasell	2:48.39		4/8

Women's 1500 Meters

1	Ashleigh KELLEY	#1	Regis (Mass.)	4:59.21		4/6
2	Shannon O'CONNELL	#4	Colby-Sawyer	5:07.11		4/8
3	Elizabeth CAMERON	#2	Emmanuel (Mas	5:10.50		4/6
4	Tessa MILLETTE	#4	Colby-Sawyer	5:12.68		4/14
5	Emma KRANTZ	#2	Emmanuel (Mas	5:16.60		4/6
6	Erin KELLEY	#1	Regis (Mass.)	5:17.22		4/6
7	Kelsey KENNEDY	#5	Saint Joseph's (I	5:26.62		4/8
8	Samantha CARUS	#4	Colby-Sawyer	5:45.90		4/1
9	Sydney GONZALEZ	#2	Emmanuel (Mas	5:51.15		3/26
10	Elisa D'SA	#1	Regis (Mass.)	5:51.62		4/1

Women's Steeplechase

1	Libby PARKER	#1	Regis (Mass.)	13:26.94		4/1
2	Molly WINSHIP	#2	Emmanuel (Mas	14:44.37		4/1
3	Kate ELLIOTT	#2	Emmanuel (Mas	14:45.18		4/14

Women's 5000 Meters

1	Ashleigh KELLEY	#1	Regis (Mass.)	18:23.35		4/14
2	Shannon O'CONNELL	#4	Colby-Sawyer	18:52.17		4/14
3	Erin KELLEY	#1	Regis (Mass.)	19:19.37		4/1
4	Elizabeth CAMERON	#2	Emmanuel (Mas	20:12.72		3/26
5	Tessa MILLETTE	#4	Colby-Sawyer	20:44.44		4/14
6	Kelsey KENNEDY	#5	Saint Joseph's (I	20:45.65		3/25
7	Libby PARKER	#1	Regis (Mass.)	21:14.49		3/25
8	Madelyn KLEIN	#1	Regis (Mass.)	21:31.17		4/14
9	Emma KRANTZ	#2	Emmanuel (Mas	21:50.23		4/14
10	Elizabeth STEVENSON	#1	Regis (Mass.)	22:29.74		4/14

Women's 10,000 Meters

1	Shannon O'CONNELL	#4	Colby-Sawyer	40:10.37		3/25
2	Erin KELLEY	#1	Regis (Mass.)	40:33.78		4/14
3	Samantha CARUS	#4	Colby-Sawyer	41:57.64		3/25
4	Adriana NADEAU	#4	Colby-Sawyer	45:43.06		4/1
5	Mia ROWELL	#2	Emmanuel (Mas	49:48.20		3/26



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Women's 4x100 Relay

1	Kate COCHRAN, Courtney BREWSTER, Ashley KELEHER, Anna BIESZCZAD	#4 Colby-Sawyer	52.13	4/14
2	Lily BELSCHNER, Olivia DENCH, Abigail KILBRIDE, Mikayla FRANCOIS	#1 Regis (Mass.)	52.85	4/14
3	Beverly BROWNE, Tori BETTENCOURT, Cynthia BRITO, Desiree ROBINSON	#2 Emmanuel (Mas)	53.69	4/14
4	Hanna BABEK, Damali WAUGH, Delvarie MOORE, Emily VANHOUTEN	#3 Lasell	53.92	4/1

Women's 4x400 Relay

1	Naomi OBENHAUS, Desiree ROBINSON, Emma KRANTZ, Emily GREEN	#2 Emmanuel (Mas)	4:36.35	4/1
2	Emily VANHOUTEN, Lezly ACEVEDO, Emily VARGA, Hanna BABEK	#3 Lasell	4:38.14	4/8
3	Annabelle JEAN-PHILIPPE, Mikayla FRANCOIS, Olivia DENCH, Abigail KILBRIDE	#1 Regis (Mass.)	4:45.01	4/14

Women's High Jump

1	70 Desiree ROBINSON	#2 Emmanuel (Mas)	1.57m	5-1¾	4/1
2	Emily GREEN	#2 Emmanuel (Mas)	1.45m	4-9	4/6
2	Emily VANHOUTEN	#3 Lasell	1.45m	4-9	3/25
2	Brooklyn GOFF	#5 Saint Joseph's (I)	1.45m	4-9	3/25
5	Grace MICKLON	#1 Regis (Mass.)	1.42m	4-7¾	4/1
5	Courtney BREWSTER	#4 Colby-Sawyer	1.42m	4-7¾	4/1
5	Kate COCHRAN	#4 Colby-Sawyer	1.42m	4-7¾	4/14
8	Tori BETTENCOURT	#2 Emmanuel (Mas)	1.37m	4-6	4/14
8	Emily PARENT	#4 Colby-Sawyer	1.37m	4-6	4/14
10	Emily AHO	#1 Regis (Mass.)	1.35m	4-5	4/6
10	Mikayla FRANCOIS	#1 Regis (Mass.)	1.35m	4-5	4/6

Women's Pole Vault

1	Paula SALAZAR	#2 Emmanuel (Mas)	2.65m	8-8¾	3/26
2	Beverly BROWN	#2 Emmanuel (Mas)	2.50m	8-2½	4/14

Women's Long Jump

1	Desiree ROBINSON	#2 Emmanuel (Mas)	4.90m	16-1 (0.0)	4/6
2	Brooklyn GOFF	#5 Saint Joseph's (I)	4.89m	16-½	4/14
3	Tori BETTENCOURT	#2 Emmanuel (Mas)	4.71m	15-5½ (0.0)	4/1
4	Mikayla FRANCOIS	#1 Regis (Mass.)	4.43m	14-6½ (0.2)	4/14
5	Beverly BROWN	#2 Emmanuel (Mas)	4.35m	14-3¼ (2.8)	3/26
6	Emily VANHOUTEN	#3 Lasell	4.34m	14-3	4/14
7	Cynthia BRITO	#2 Emmanuel (Mas)	4.24m	13-11 (1.1)	4/6
8	Lily BELSCHNER	#1 Regis (Mass.)	4.12m	13-6¼ (1.2)	4/6
9	Emily GREEN	#2 Emmanuel (Mas)	4.04m	13-3¼ (0.0)	4/1
10	Sarah MILNE	#3 Lasell	3.99m	13-1¼ (0.6)	3/25

Women's Triple Jump

1	Ashley KELEHER	#4 Colby-Sawyer	10.50m	34-5½ (0.4)	4/8
2	Desiree ROBINSON	#2 Emmanuel (Mas)	10.39m	34-1¼	4/14
3	Cynthia BRITO	#2 Emmanuel (Mas)	9.95m	32-7¾	4/14
4	Anna BIESZCZAD	#4 Colby-Sawyer	9.58m	31-5¼ (1.4)	4/1
5	Emily AHO	#1 Regis (Mass.)	9.46m	31-½ (1.0)	4/6
6	Katie KELLEY	#1 Regis (Mass.)	9.07m	29-9¼ (0.0)	4/1
7	Emily GREEN	#2 Emmanuel (Mas)	9.05m	29-8¼ (-0.)	4/6
8	Tori BETTENCOURT	#2 Emmanuel (Mas)	8.89m	29-2 (1.8)	4/6
9	Damali WAUGH	#3 Lasell	8.81m	28-11	4/14
10	Beverly BROWN	#2 Emmanuel (Mas)	8.59m	28-2¼ (1.5)	4/6

Women's Shot Put

1	Kristen BARRETT	#1 Regis (Mass.)	10.19m	33-5¼	4/14
2	Pilar BROWN	#1 Regis (Mass.)	9.87m	32-4¾	4/6
3	Jasmine DEPINA	#3 Lasell	9.56m	31-4½	4/14
4	Riley SILVIA	#3 Lasell	9.46m	31-½	4/8
5	Alexandra SANIDAS	#1 Regis (Mass.)	9.32m	30-7	4/6
6	Anastazia COPELAND	#1 Regis (Mass.)	8.92m	29-3¼	4/6
7	Sinclair SAMUELS	#3 Lasell	8.91m	29-2¾	3/25
8	Shakirah KETANT	#2 Emmanuel (Mas)	8.90m	29-2½	4/14
9	Erika OLDHAM	#3 Lasell	8.83m	28-11¾	4/8
10	Kimberly MOULTON	#5 Saint Joseph's (I)	8.60m	28-2¾	3/25

Women's Discus

1	Riley SILVIA	#3 Lasell	31.80m	104-4	4/8
2	Alyssa FRENCH-GRAHAM	#2 Emmanuel (Mas)	31.56m	103-7	4/6
3	Jasmine DEPINA	#3 Lasell	29.88m	98-½	4/14
4	Faith MAZZAPICA	#4 Colby-Sawyer	29.53m	96-10¾	4/8
5	Abby O'BRIEN	#5 Saint Joseph's (I)	29.24m	95-11¼	4/14
6	Victoria BRADLEY	#1 Regis (Mass.)	28.53m	93-7¼	4/6
7	Alexandra SANIDAS	#1 Regis (Mass.)	28.04m	92-0	4/14
8	Shakirah KETANT	#2 Emmanuel (Mas)	26.94m	88-4¾	4/6
9	Taylor GARLAND	#5 Saint Joseph's (I)	26.89m	88-2¾	4/14
10	Emily FRANZIK	#3 Lasell	26.87m	88-2	4/8



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GNAC

Women's Hammer

1	Anastazia COPELAND	#1	Regis (Mass.)	36.80m	120-9	4/6
2	Kimberly MOULTON	#5	Saint Joseph's (I	36.23m	118-11	4/14
3	Victoria BRADLEY	#1	Regis (Mass.)	34.88m	114-5	3/25
4	Madelyn ROBERTSON	#1	Regis (Mass.)	33.72m	110-8	4/6
5	Alyssa FRENCH-GRAHAM	#2	Emmanuel (Mas	33.29m	109-3	4/14
6	Abby O'BRIEN	#5	Saint Joseph's (I	32.79m	107-7	4/14
7	Alexandra SANIDAS	#1	Regis (Mass.)	32.30m	106-0	4/6
8	Sinclair SAMUELS	#3	Lasell	32.05m	105-2	4/14
9	Faith MAZZAPICA	#4	Colby-Sawyer	30.58m	100-4	4/1
10	Erika OLDHAM	#3	Lasell	27.24m	89-4½	4/8

Women's Javelin

1	62 Jasmine DEPINA	#3	Lasell	36.74m	120-7	4/14
2	Tiffany FISCHER	#2	Emmanuel (Mas	29.22m	95-10½	4/14
3	Anna BIESZCZAD	#4	Colby-Sawyer	27.61m	90-7	4/8
4	Victoria BRADLEY	#1	Regis (Mass.)	26.91m	88-3½	4/14
5	Shakirah KETANT	#2	Emmanuel (Mas	24.65m	80-10½	3/26
6	Emily FRANZIK	#3	Lasell	24.33m	79-10	4/8
7	Alayja LINTON	#1	Regis (Mass.)	24.27m	79-7½	4/6
8	Arery FAMA	#2	Emmanuel (Mas	23.47m	77-0	4/6
9	Faith MAZZAPICA	#4	Colby-Sawyer	23.18m	76-¾	4/8
10	MacKenzie HOWARD	#5	Saint Joseph's (I	21.15m	69-4¾	4/14

Women's Heptathlon

1	43 Brooklyn GOFF	#5	Saint Joseph's (I	3,526		4/14
2	60 Emily VANHOUTEN	#3	Lasell	3,225		4/14



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HCAC

Women's 100 Meters

1	60	Sarah O'DAY	#4	Franklin	12.32w	(2.8)	4/15
2	76	Zaleeya MARTIN	#1	Hanover	12.40w	(2.8)	4/15
3	78	Lisa-Maria MARKAU	#10	Defiance	12.42w	(3.6)	4/15
4		Jada STANSBERRY	#9	Anderson (Ind.)	12.73	(-0.4)	3/25
5		Katrina AGUSTIN	#2	Rose-Hulman	12.74w	(3.1)	4/1
6		Madalynn SCHIFER	#6	Bluffton	13.05	(1.3)	4/8
7		Hailei HAYNES	#10	Defiance	13.06	(1.2)	4/15
8		Alex ADAMS	#2	Rose-Hulman	13.20w	(3.8)	4/1
9		Jay'ana BLAKELY	#3	Manchester	13.35w	(2.9)	4/15
10		Julia DRIER	#9	Anderson (Ind.)	13.39w	(2.9)	4/15

Women's 100 Meter Hurdles

1	30	Narindwa SEMAKULA	#2	Rose-Hulman	14.67	(2.0)	4/8
2		Alison MUCK	#4	Franklin	15.58	(1.9)	4/15
3		Katrina AGUSTIN	#2	Rose-Hulman	16.34	(1.9)	4/15
4		Brooke BOUWENS	#3	Manchester	16.83	(-0.7)	4/8
5		Kyra HICKS	#2	Rose-Hulman	17.32	(2.0)	4/8
6		Natalie DAY	#1	Hanover	17.44	(1.9)	4/15
7		Isabella CALHOUN	#5	Mount St. Josep	18.13	(-0.4)	4/8
8		Ashley KLOSTERMAN	#5	Mount St. Josep	18.80	(-0.4)	4/8
9		Josie LYONS	#4	Franklin	18.88	(-0.7)	4/8
10		Brantley WATHEN	#4	Franklin	19.16	(-0.7)	4/8

Women's 200 Meters

1	72	Sarah O'DAY	#4	Franklin	25.54w	(2.2)	4/15
2	80	Lisa-Maria MARKAU	#10	Defiance	25.60w	(2.6)	4/15
3	96	Jada STANSBERRY	#9	Anderson (Ind.)	25.75w	(2.2)	4/15
4		Zaleeya MARTIN	#1	Hanover	26.44w	(2.2)	4/15
5		Shyla PEMBERTON	#10	Defiance	26.63w	(2.6)	4/15
6		Katrina AGUSTIN	#2	Rose-Hulman	26.94w	(2.2)	4/8
7		Brooke BOUWENS	#3	Manchester	27.07w	(2.2)	4/15
8		Narindwa SEMAKULA	#2	Rose-Hulman	27.19w	(2.2)	4/8
9		Ashanti ELKINS	#10	Defiance	27.48	(1.5)	4/7
10		Willow RUNYON	#8	Earlham	27.58w	(2.4)	4/15

Women's 400 Meters

1	51	Jada STANSBERRY	#9	Anderson (Ind.)	58.46		4/15
2		Olivia KYRK	#8	Earlham	1:02.34		4/15
2		Emily PETERSON	#2	Rose-Hulman	1:02.34		4/1
4		Kailea KERR	#6	Bluffton	1:02.62		4/14
5		Abbey ROWE	#7	Transylvania	1:03.14		4/1
6		Shyla PEMBERTON	#10	Defiance	1:03.74		4/15
7		Kinsey MYERS	#6	Bluffton	1:05.02		4/14
8		Lex DESEMBERG	#4	Franklin	1:05.13		4/8
9		Penelope EASH	#3	Manchester	1:05.90		4/15
10		Ashley KLOSTERMAN	#5	Mount St. Josep	1:06.30		3/17

Women's 400 Meter Hurdles

1	65	Brooke BOUWENS	#3	Manchester	1:06.57		4/15
2	98	Jada HUNTER-HAYS	#2	Rose-Hulman	1:07.76		4/15
3		Ashley KLOSTERMAN	#5	Mount St. Josep	1:09.52		4/8
4		Natalie DAY	#1	Hanover	1:11.19		4/8
5		Jenae MONA	#2	Rose-Hulman	1:13.93		4/15
6		Josie LYONS	#4	Franklin	1:19.96		4/8
7		Mallory WATSON	#4	Franklin	1:20.04		3/30
8		Brantley WATHEN	#4	Franklin	1:36.33		4/8

Women's 800 Meters

1		Amberleigh SORENSEN	#1	Hanover	2:26.33		4/1
2		Kaycee MOORE	#7	Transylvania	2:27.14		4/8
3		Elena STIRN	#8	Earlham	2:28.70		4/15
4		Haley MAKOWSKI	#4	Franklin	2:31.01		4/15
5		Angelina GREGORY	#4	Franklin	2:31.52		4/15
6		Emilie PENICK	#9	Anderson (Ind.)	2:32.73		4/15
7		Emma LITZELMAN	#1	Hanover	2:34.80		4/8
8		Hanna WHITNEY	#1	Hanover	2:35.31		4/15
9		Libby PERKINS	#7	Transylvania	2:35.96		4/8
10		Ella BRYANT	#7	Transylvania	2:36.07		4/14

Women's 1500 Meters

1		Amberleigh SORENSEN	#1	Hanover	4:53.13		4/15
2		Hannah BRUBAKER	#3	Manchester	5:03.64		4/8
3		Jill ANSPAUGH	#4	Franklin	5:12.59		4/8
4		Madison LINDFELT	#2	Rose-Hulman	5:12.62		4/8
5		Haley MAKOWSKI	#4	Franklin	5:13.64		4/8
6		Kaycee MOORE	#7	Transylvania	5:14.94		4/1
7		Basil GATES	#6	Bluffton	5:15.99		4/14
8		Elsa KING	#2	Rose-Hulman	5:16.72		4/8
9		Mallory WATSON	#4	Franklin	5:21.38		4/8
10		Angelina GREGORY	#4	Franklin	5:23.94		4/8

Women's Steeplechase

1	28	Elizabeth LOHMAN	#3	Manchester	11:12.67		4/1
2		Madison LINDFELT	#2	Rose-Hulman	12:29.20		3/24
3		Callie SWEGMAN	#1	Hanover	12:39.90		4/8
4		Sydney SLUYS	#3	Manchester	13:18.53		4/8
5		Hanna WHITNEY	#1	Hanover	13:23.65		4/1
6		Rylee STEPHANY	#3	Manchester	13:32.10		4/8
7		Adair DOOLEY	#1	Hanover	13:41.85		4/8
8		Mallory WATSON	#4	Franklin	13:41.99		4/15
9		Elyse WILSON	#1	Hanover	14:00.91		4/15
10		Shelby STEGEMOLLER	#1	Hanover	14:14.51		4/8



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Women's 5000 Meters

1	Amberleigh SORENSEN	#1	Hanover	18:42.97	4/8
2	Hannah BRUBAKER	#3	Manchester	19:10.34	4/15
3	Sarah JONES	#1	Hanover	19:13.31	4/8
4	Elsa KING	#2	Rose-Hulman	19:41.21	4/15
5	Jill ANSPAUGH	#4	Franklin	19:44.86	4/15
6	Ella BASHOR	#4	Franklin	20:04.61	4/15
7	Callie SWEGMAN	#1	Hanover	20:30.15	3/25
8	Hannah MORGAN	#5	Mount St. Josep	20:33.60	4/8
9	Madi HILLIKER	#3	Manchester	20:40.96	4/8
10	Sydney SLUYS	#3	Manchester	20:52.18	4/15

Women's 10,000 Meters

1	94 Noelle LOLLER	#9	Anderson (Ind.)	39:34.07	3/25
2	Jenia FREEWALT	#6	Bluffton	43:23.99	4/14
3	Sarah JONES	#1	Hanover	43:28.00	4/1
4	Callie SWEGMAN	#1	Hanover	43:33.90	4/1

Women's 4x100 Relay

1	90 Narindwa SEMAKULA, Jada HUNTER-HAYS, Alex ADAMS, Katrina AGUSTIN	#2	Rose-Hulman	50.02	4/8
2	Lisa-Maria MARKAU, Ashanti ELKINS, Hailei HAYNES, Shyla PEMBERTON	#10	Defiance	50.17	4/15
3	Adelle STANKO, Penelope EASH, Jay'ana BLAKELY, Brooke BOUWENS	#3	Manchester	51.92	4/8
4	Nina JAZDZEWSKI, Natalie DAY, Ally MCGUIRE, Zaleeya MARTIN	#1	Hanover	52.38	4/15
5	Izzy JAHJAH, Julia DRIER, Jaycie SONES, Jada STANSBERRY	#9	Anderson (Ind.)	52.68	4/15
6	Willow RUNYON, Madison HUELSKAMP, Evangeline LYON, Olivia KYRK	#8	Earlham	52.94	4/15
7	Grace HOLTMEIER, Sydney BELL, Isabella CALHOUN, Ashley KLOSTERMAN	#5	Mount St. Josep	53.67	4/8
8	Josie LYONS, Brantley WATHEN, Sarah O'DAY, Alison MUCK	#4	Franklin	55.26	3/25

Women's 4x400 Relay

1	Lex DESENBURG, Haley MAKOWSKI, Angelina GREGORY, Mallory WATSON	#4	Franklin	4:25.35	4/8
2	Penelope EASH, Adelle STANKO, Elizabeth LOHMAN, Brooke BOUWENS	#3	Manchester	4:30.76	4/8
3	Natalie DAY, Amberleigh SORENSEN, Kelli BROCK, Emma LITZELMAN	#1	Hanover	4:33.37	4/15
4	Grace HOLTMEIER, Julia GOODING, Isabella CALHOUN, Ashley KLOSTERMAN	#5	Mount St. Josep	4:33.74	4/1
5	Abbey ROWE, Ella BRYANT, Libby PERKINS, Kaycee MOORE	#7	Transylvania	4:36.16	4/8
6	Brooke BARNES, Miranda BILLMAN, Jenia FREEWALT, Sammie UNGER	#6	Bluffton	4:45.45	4/8

Women's High Jump

1	37 Taylor ROARK	#7	Transylvania	1.60m	5-3	4/14
2	Alison MUCK	#4	Franklin	1.54m	5-1/2	4/15
3	Megan KORTE	#2	Rose-Hulman	1.45m	4-9	4/1
3	Farris HOWARD	#7	Transylvania	1.45m	4-9	4/14
3	Jada HUNTER-HAYS	#2	Rose-Hulman	1.45m	4-9	4/8
6	Olivia RIDER	#6	Bluffton	1.42m	4-7 3/4	4/1
7	Madalyn HUDNALL	#5	Mount St. Josep	1.40m	4-7	3/25
7	Kennadi LAKINS	#1	Hanover	1.40m	4-7	4/8
9	Adelle STANKO	#3	Manchester	1.35m	4-5	4/8
9	Lili SEALS	#1	Hanover	1.35m	4-5	3/25
9	Julia GOODING	#5	Mount St. Josep	1.35m	4-5	3/25

Women's Pole Vault

1	73 Nina JAZDZEWSKI	#1	Hanover	3.35m	10-11 3/4	4/1
2	Aliza BOLES	#1	Hanover	2.85m	9-4 1/4	4/15
2	Ally MCGUIRE	#1	Hanover	2.85m	9-4 1/4	4/15
4	Natalie OLIC	#2	Rose-Hulman	2.06m	6-9	3/25
5	Kaylyn MULLINS	#5	Mount St. Josep	1.91m	6-3 1/4	3/25
5	Megan DEATON	#2	Rose-Hulman	1.91m	6-3 1/4	3/25



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Women's Long Jump

1	87	Madison HUELSKAMP	#8	Earlham	5.25m	17-2¾ (0.0)	4/1
2		Kyra HICKS	#2	Rose-Hulman	4.95mw	16-3 (3.3)	4/8
3		Rofiat ADEYEMI	#2	Rose-Hulman	4.88m	16-¼ (1.8)	4/1
4		Brooke BOUWENS	#3	Manchester	4.79mw	15-8¾ (3.7)	4/1
5		Zaleeya MARTIN	#1	Hanover	4.70m	15-5 (0.5)	3/25
5		Willow RUNYON	#8	Earlham	4.70mw	15-5 (2.7)	4/15
7		Adelle STANKO	#3	Manchester	4.68m	15-4¼ (0.7)	4/1
8		Jay'ana BLAKELY	#3	Manchester	4.30m	14-1¼ (1.5)	4/15
9		Juliana CLAYTON	#7	Transylvania	4.21m	13-9¾ (1.1)	4/14
10		Londyn FRAZIER	#5	Mount St. Josep	4.09mw	13-5 (3.4)	4/1

Women's Triple Jump

1	36	Kyra HICKS	#2	Rose-Hulman	11.31mw	37-1¼ (2.4)	4/15
2		Madison HUELSKAMP	#8	Earlham	10.72m	35-2 (0.0)	4/8
3		Adelle STANKO	#3	Manchester	10.38m	34-¾ (1.6)	4/8
4		Megan KORTE	#2	Rose-Hulman	9.22mw	30-3 (3.0)	4/8
5		Londyn FRAZIER	#5	Mount St. Josep	8.70m	28-6½ (-0.)	3/25
6		Lili SEALS	#1	Hanover	8.68m	28-5¾ (0.5)	3/25

Women's Shot Put

1	24	Jessica BECKMAN	#1	Hanover	13.34m	43-9¼	4/15
2	25	Jessie STENGER	#1	Hanover	13.29m	43-7¼	4/15
3	31	Carley CAMP	#3	Manchester	13.01m	42-8¼	4/8
4	49	Evelyn UTLEY	#2	Rose-Hulman	12.62m	41-5	4/8
5		Allison GRABER	#3	Manchester	11.77m	38-7½	4/15
6		Lydia LUPINSKI	#1	Hanover	11.16m	36-7½	4/15
7		Aloria KINES	#4	Franklin	10.94m	35-10¾	4/15
8		Madalyn HUDNALL	#5	Mount St. Josep	10.79m	35-4¾	4/1
9		Alexis GIBSON	#8	Earlham	10.75m	35-3¼	4/1
10		Jill WILHELM	#5	Mount St. Josep	10.63m	34-10½	4/1

Women's Discus

1	19	Jessica BECKMAN	#1	Hanover	42.30m	138-10	4/8
2	33	Jessie STENGER	#1	Hanover	41.10m	134-10	4/8
3	61	Taylor TATLOCK	#4	Franklin	39.59m	129-11	4/15
4	86	Carley CAMP	#3	Manchester	38.49m	126-4	4/8
5		Lydia LUPINSKI	#1	Hanover	36.98m	121-4	4/8
6		Jill WILHELM	#5	Mount St. Josep	36.67m	120-4	3/25
7		Charlotte WILSON	#3	Manchester	36.18m	118-9	4/15
8		Evelyn UTLEY	#2	Rose-Hulman	35.96m	118-0	4/15
9		Alexis GIBSON	#8	Earlham	34.49m	113-2	3/25
10		Cameron WEBER	#2	Rose-Hulman	34.29m	112-6	3/25

Women's Hammer

1	64	Carley CAMP	#3	Manchester	46.73m	153-4	4/15
2	89	Jessica BECKMAN	#1	Hanover	45.57m	149-6	4/15
3		Cameron WEBER	#2	Rose-Hulman	43.11m	141-5	3/25
4		Emma PAYNE	#6	Bluffton	42.84m	140-7	4/8
5		Lydia LUPINSKI	#1	Hanover	42.74m	140-3	3/25
6		Maggie HARTZLER	#6	Bluffton	42.13m	138-3	4/8
7		Kylie RATHBUN	#2	Rose-Hulman	40.58m	133-2	4/8
8		Dakota GOETZ	#3	Manchester	40.32m	132-4	4/8
9		Jill WILHELM	#5	Mount St. Josep	40.28m	132-2	3/25
10		Allison GRABER	#3	Manchester	39.24m	128-9	4/15

Women's Javelin

1	42	Aaliyah BRIGGS	#2	Rose-Hulman	37.57m	123-3	3/25
2	60	Kylie RATHBUN	#2	Rose-Hulman	36.77m	120-8	4/8
3	61	Taylor TATLOCK	#4	Franklin	36.76m	120-7	4/15
4	80	Jill WILHELM	#5	Mount St. Josep	35.97m	118-0	3/25
5		Evelyn UTLEY	#2	Rose-Hulman	34.85m	114-4	4/15
6		Jessica BECKMAN	#1	Hanover	34.78m	114-1	4/15
7		Madalyn HUDNALL	#5	Mount St. Josep	33.43m	109-8	4/1
8		Alexis GIBSON	#8	Earlham	30.17m	98-11¾	4/15
9		Lizzie GILL	#5	Mount St. Josep	29.95m	98-3¼	3/25
10		Mady REES	#3	Manchester	29.16m	95-8	4/8



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Independent

Women's 100 Meters

1	Sydney HELLER	#1	Lancaster Bible	13.91w	(2.4)	3/31
2	Jessica MERENA	#1	Lancaster Bible	15.65	(1.4)	3/31

Women's 100 Meter Hurdles

1	37 Leah BERGEY	#1	Lancaster Bible	14.81w	(2.3)	3/31
2	Mazzy CIRINELLI	#4	Drew	17.49w	(2.7)	4/8
3	Emma ROHN	#1	Lancaster Bible	17.99w	(3.1)	4/13
4	Tahlia KOSEK	#3	Hilbert	18.06	(1.2)	4/8

Women's 200 Meters

1	Emily CAMLET	#4	Drew	26.09	(1.1)	4/1
2	Sydney HELLER	#1	Lancaster Bible	28.78	(2.0)	4/13
3	Emma ROHN	#1	Lancaster Bible	29.01	(1.0)	4/13
4	Elizabeth LIEB	#1	Lancaster Bible	29.53	(-2.0)	4/5
5	Zenith AKANDE	#8	Agnes Scott	29.73	(1.0)	4/7
6	Alexandra LISZKIEWICZ	#3	Hilbert	30.51	(0.0)	4/8
7	Vanessa VAN SLYKE	#3	Hilbert	31.34	(-0.2)	4/16
8	Grace SIMPSON	#1	Lancaster Bible	31.39w	(2.4)	4/13
9	Nela BUSOVSKA	#3	Hilbert	32.04	(0.0)	4/8
10	Emma MCMURRAY	#1	Lancaster Bible	32.80w	(2.3)	4/13

Women's 400 Meters

1	Emily CAMLET	#4	Drew	59.99		4/8
2	Elizabeth LIEB	#1	Lancaster Bible	1:04.40		4/5
3	Kara HUBER	#1	Lancaster Bible	1:04.41		4/5
4	Davis FARROW	#9	Western New En	1:07.89		4/8
5	Alexandra LISZKIEWICZ	#3	Hilbert	1:09.57		4/8
6	Nela BUSOVSKA	#3	Hilbert	1:11.28		4/8
7	Vanessa VAN SLYKE	#3	Hilbert	1:14.50		4/16
8	Zenith AKANDE	#8	Agnes Scott	1:15.22		3/24
9	Andzani MTHENJANE	#4	Drew	1:16.93		4/8
10	Tahlia KOSEK	#3	Hilbert	1:20.27		4/8

Women's 400 Meter Hurdles

1	Leah BERGEY	#1	Lancaster Bible	1:08.28		4/5
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Women's 800 Meters

1	Lily CAREY	#5	Clark (Mass.)	2:27.07		4/1
2	Paige ANDERSON	#2	Kalamazoo	2:27.87		4/7
3	Alison HANKINS	#2	Kalamazoo	2:29.26		4/7
4	Zenaida SACKETT	#2	Kalamazoo	2:32.99		4/7
5	Maddie FUSCO	#3	Hilbert	2:36.55		4/16
6	Anna VARITEK	#2	Kalamazoo	2:36.82		4/7
7	Haleigh NOWER	#2	Kalamazoo	2:41.56		4/7
8	Maya ALKEMA	#2	Kalamazoo	2:43.19		4/7
9	Mikayla CECORA	#6	SUNY New Paltz	2:43.69		4/7
10	Madison MAGDA	#2	Kalamazoo	2:52.98		4/7

Women's 1500 Meters

1	Alison HANKINS	#2	Kalamazoo	4:56.08		4/7
2	Paige ANDERSON	#2	Kalamazoo	4:56.19		4/7
3	Anna VARITEK	#2	Kalamazoo	4:58.81		4/7
4	Haleigh NOWER	#2	Kalamazoo	5:18.97		4/7
5	Maddie FUSCO	#3	Hilbert	5:21.02		4/16
6	Lily CAREY	#5	Clark (Mass.)	5:22.87		3/26
7	Maya ALKEMA	#2	Kalamazoo	5:26.78		4/7
8	Maddie HANULCIK	#2	Kalamazoo	5:33.33		4/7
9	Dana KELLER	#1	Lancaster Bible	5:34.94		4/5
10	Mikayla CECORA	#6	SUNY New Paltz	5:36.88		4/7

Women's Steeplechase

1	Milo COOK-SHARP	#7	Maine Maritime	15:37.37		4/14
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Women's 5000 Meters

1	Ruby KRASNOW	#5	Clark (Mass.)	18:17.63		4/1
2	Elise ELLIOT	#2	Kalamazoo	20:26.28		4/7
3	Lillian STEPHENSON	#6	SUNY New Paltz	20:39.04		3/31
4	Anna LARSON	#6	SUNY New Paltz	21:13.35		4/7
5	Allison ENGLISH	#6	SUNY New Paltz	21:30.92		4/7
6	Mari WALSH	#8	Agnes Scott	22:24.50		4/7
7	Milo COOK-SHARP	#7	Maine Maritime	24:25.15		4/14
8	Wynne DROMEY	#5	Clark (Mass.)	24:25.43		4/14
9	Sofia BARRETT	#8	Agnes Scott	25:10.41		3/24

Women's 10,000 Meters

1	43 Ruby KRASNOW	#5	Clark (Mass.)	37:33.62		4/14
2	Anna LARSON	#6	SUNY New Paltz	44:25.82		3/31
3	Wynne DROMEY	#5	Clark (Mass.)	52:17.21		3/26

Women's 4x100 Relay

1	Sydney HELLER, Elizabeth LIEB, Emma ROHN, Leah BERGEY	#1	Lancaster Bible	53.10		4/13
2	Melina CHRISTODOULOU, Lauren MIGLIETTA, Mazzy CIRINELLI, Emily CAMLET	#4	Drew	55.56		4/8



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Independent

Women's 4x400 Relay

1	Elizabeth LIEB, Leah BERGEY, Dana KELLER, Kara HUBER	#1	Lancaster Bible	4:27.97	3/31
2	Paige ANDERSON, Alison HANKINS, Zenaida SACKETT, Anna VARITEK	#2	Kalamazoo	4:36.46	4/7
3	Emily CAMLET, Samantha VILLANUEVA, Andzani MTHENJANE, Lauren MIGLIETTA	#4	Drew	4:53.07	4/8
4	Lily CAREY, Siobhan CONNOLLY, Abigail GAHAGAN, Emmy UDRY	#5	Clark (Mass.)	5:07.69	4/14

Women's High Jump

1	37 Leah BERGEY	#1	Lancaster Bible	1.60m	5-3	3/31
2	Tahlia KOSEK	#3	Hilbert	1.47m	4-9¾	4/16
3	Emma ROHN	#1	Lancaster Bible	1.45m	4-9	4/5
4	Mazzy CIRINELLI	#4	Drew	1.37m	4-6	4/8
5	Grace SIMPSON	#1	Lancaster Bible	1.25m	4-1¼	4/5

Women's Pole Vault

1	Kara HUBER	#1	Lancaster Bible	2.90m	9-6¼	3/25
2	Emma MCMURRAY	#1	Lancaster Bible	2.45m	8-½	3/31
3	Dana KELLER	#1	Lancaster Bible	2.30m	7-6½	4/5

Women's Long Jump

1	Mazzy CIRINELLI	#4	Drew	4.57m	15-0 (0.0)	4/8
2	Kaylisa MONTIJO	#1	Lancaster Bible	4.43m	14-6½ (-2.)	4/5
3	Emma ROHN	#1	Lancaster Bible	4.28m	14-½ (-0.5)	4/13
4	Lauren MIGLIETTA	#4	Drew	4.14m	13-7 (0.0)	4/8
5	Jessica MERENA	#1	Lancaster Bible	4.00m	13-1½ (-0.)	3/31

Women's Triple Jump

1	Vanessa VAN SLYKE	#3	Hilbert	9.26m	30-4¾ (0.1)	4/16
2	Kaylisa MONTIJO	#1	Lancaster Bible	9.15m	30-¼ (-1.0)	3/31

Women's Shot Put

1	Rebecca BEST	#1	Lancaster Bible	9.89m	32-5½	3/31
2	Erin WILSEY	#1	Lancaster Bible	9.41m	30-10½	4/13
3	Emma ROHN	#1	Lancaster Bible	6.78m	22-3	4/13

Women's Discus

1	Rebecca BEST	#1	Lancaster Bible	28.97m	95-½	4/13
2	Erin WILSEY	#1	Lancaster Bible	21.60m	70-10½	4/13

Women's Javelin

1	Marcy FOLTZ	#1	Lancaster Bible	27.58m	90-6	4/5
2	Tahlia KOSEK	#3	Hilbert	25.68m	84-3	4/16
3	Emma ROHN	#1	Lancaster Bible	18.86m	61-10½	4/13
4	Sydney HELLER	#1	Lancaster Bible	17.39m	57-¾	4/13
5	Lilly VERRILL	#7	Maine Maritime	9.28m	30-5½	4/14

Women's Heptathlon

1	73 Emma ROHN	#1	Lancaster Bible	2,975		4/13
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Landmark

Women's 100 Meters

1	82	Helen DAVIS	#2	Moravian	12.44	(1.8)	4/7
2		Chloe YODER	#1	Susquehanna	12.56	(-0.1)	4/8
3		Alayna KREMPA	#1	Susquehanna	12.73	(-0.2)	4/8
4		Tahira BAKARE	#6	Goucher	12.85	(1.4)	3/17
5		Alexa RINE	#1	Susquehanna	12.88	(-0.2)	4/8
6		Molly FERULLO	#3	Scranton	13.00	(-0.5)	4/13
7		Samantha SHARROW	#3	Scranton	13.11	(-0.5)	4/13
8		Hannah ALDERFER	#1	Susquehanna	13.18	(-1.9)	4/15
9		Remi ACORD	#1	Susquehanna	13.19	(-0.6)	4/15
10		Fiona BURKE	#3	Scranton	13.24	(0.2)	4/4

Women's 100 Meter Hurdles

1	6	Chloe YODER	#1	Susquehanna	14.05w	(3.6)	4/8
2	43	Hannah ALDERFER	#1	Susquehanna	14.91w	(3.6)	4/8
3		Alayna KREMPA	#1	Susquehanna	16.26	(-0.3)	4/15
4		Laura CARDONA	#5	Elizabethtown	16.51	(0.0)	4/13
5		Molly WHITE	#3	Scranton	16.81	(0.6)	4/4
6		Isabella DEMASSA	#2	Moravian	16.98w	(3.3)	4/1
7		Ashley BENHAM	#3	Scranton	17.22	(0.6)	4/4
8		Victoria LIBRETTI	#3	Scranton	17.35	(2.0)	4/1
8		Elizabeth DEMASSA	#2	Moravian	17.35w	(3.3)	4/1
10		Jessica TSU	#3	Scranton	17.61	(0.6)	4/4

Women's 200 Meters

1	56	Crystal ROBINSON	#2	Moravian	25.38	(1.1)	4/1
2	85	Abby GIAMONI	#2	Moravian	25.65	(1.1)	4/1
3	99	Alayna KREMPA	#1	Susquehanna	25.77	(1.2)	4/8
4		Noelle GONZALEZ	#3	Scranton	25.83	(1.1)	4/1
5		Helen DAVIS	#2	Moravian	25.85	(0.5)	4/7
6		Chloe YODER	#1	Susquehanna	25.89	(1.1)	4/8
7		Hannah ALDERFER	#1	Susquehanna	26.11	(1.0)	4/8
8		Ellie BIXENMAN	#4	Catholic (D.C.)	26.66w	(2.2)	3/25
9		Samantha SHARROW	#3	Scranton	26.97	(0.6)	4/4
10		Ashley NEWMAN	#1	Susquehanna	27.09	(2.0)	4/8

Women's 400 Meters

1	42	Crystal ROBINSON	#2	Moravian	58.30		4/7
2	49	Noelle GONZALEZ	#3	Scranton	58.43		4/14
3	88	Abby GIAMONI	#2	Moravian	59.23		4/15
4		Rachel BYRNE	#2	Moravian	59.78		4/1
5		Clare MARSH	#4	Catholic (D.C.)	59.83		3/31
6		Tanise THORNTON-FILLYAW	#6	Goucher	59.96		3/31
7		Chloe YODER	#1	Susquehanna	1:01.48		3/24
8		Ellie BIXENMAN	#4	Catholic (D.C.)	1:02.40		3/31
9		Rebecca CHRISTOPHEL	#7	Juniata	1:02.61		4/13
10		Olivia MILLER	#3	Scranton	1:02.65		4/1

Women's 400 Meter Hurdles

1	35	Clare MARSH	#4	Catholic (D.C.)	1:04.96		4/14
2	68	Chloe YODER	#1	Susquehanna	1:06.76		3/30
3		Laura CARDONA	#5	Elizabethtown	1:07.94		4/13
4		Alayna KREMPA	#1	Susquehanna	1:11.46		3/30
5		Molly WHITE	#3	Scranton	1:12.04		3/24
6		Ashley BENHAM	#3	Scranton	1:12.23		4/1
7		Kate FODERO	#4	Catholic (D.C.)	1:15.27		3/25
8		Elizabeth DEMASSA	#2	Moravian	1:15.54		4/7
9		Isabella DEMASSA	#2	Moravian	1:15.79		4/7
10		Alicia ACOSTA	#3	Scranton	1:15.96		4/4

Women's 800 Meters

1	38	Emily MOEHRINGER	#4	Catholic (D.C.)	2:16.20		4/14
2	65	Tanise THORNTON-FILLYAW	#6	Goucher	2:17.84		4/7
3		Samantha HOFFMAN	#3	Scranton	2:21.87		3/24
4		Kallan CARTER	#1	Susquehanna	2:21.99		3/30
5		Apolline GASPERS	#4	Catholic (D.C.)	2:22.75		4/14
6		Kate INGLIS	#4	Catholic (D.C.)	2:23.11		3/31
7		Liza LEVIN	#1	Susquehanna	2:24.63		3/30
8		Rachel BYRNE	#2	Moravian	2:25.38		4/15
9		Alexis RUSHATZ	#2	Moravian	2:25.73		4/15
10		Danielle OHRTMAN	#4	Catholic (D.C.)	2:26.14		4/15

Women's 1500 Meters

1	84	Kate INGLIS	#4	Catholic (D.C.)	4:43.62		3/31
2	93	Emily MOEHRINGER	#4	Catholic (D.C.)	4:44.68		4/14
3	96	Kallan CARTER	#1	Susquehanna	4:44.93		3/30
4		Samantha HOFFMAN	#3	Scranton	4:47.79		4/14
5		Apolline GASPERS	#4	Catholic (D.C.)	4:50.26		4/14
6		Melissa FITZGIBBON	#5	Elizabethtown	4:50.58		4/13
7		Danielle OHRTMAN	#4	Catholic (D.C.)	4:54.43		4/15
8		Tanise THORNTON-FILLYAW	#6	Goucher	4:54.44		4/7
9		Olivia TULLMAN	#3	Scranton	4:54.74		4/14
10		Ava PERLOV	#4	Catholic (D.C.)	4:56.65		4/15

Women's Steeplechase

1	55	Amber PONIATERA	#2	Moravian	11:34.47		4/14
2	70	Rachael GOODMAN	#2	Moravian	11:42.76		4/14
3		Sadie ABOOD	#4	Catholic (D.C.)	12:09.30		3/31
4		Melissa FITZGIBBON	#5	Elizabethtown	12:13.38		4/14
5		Grace TIRABASSI	#2	Moravian	12:35.49		4/7
6		Hannah KOLONOSKI	#2	Moravian	12:38.19		4/1
7		Katie GUELCHE	#5	Elizabethtown	13:23.96		3/31
8		Meghan MCDONALD	#1	Susquehanna	13:30.73		4/15
9		Isabell ANDERSON	#5	Elizabethtown	13:45.83		3/31
10		Emma GARCHINSKY	#2	Moravian	16:13.42		3/25



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Women's 5000 Meters

1	27	Jessica HOFFMANN	#3	Scranton	17:15.02	4/14
2	61	Kate INGLIS	#4	Catholic (D.C.)	17:37.32	4/14
3		Emily HOPKINS	#3	Scranton	18:18.03	3/24
4		Melissa FITZGIBBON	#5	Elizabethtown	18:35.62	4/5
5		Emma MYERS	#1	Susquehanna	18:45.94	4/8
6		Amber PONIKTERA	#2	Moravian	18:47.45	4/7
7		Danielle OHRTMAN	#4	Catholic (D.C.)	18:59.02	3/31
8		Tara SMURLA	#2	Moravian	19:01.25	4/14
9		Tori CHAMPAGNE	#2	Moravian	19:04.42	4/7
10		Rachael GOODMAN	#2	Moravian	19:08.95	4/7

Women's 10,000 Meters

1		Madison WEBBER	#5	Elizabethtown	40:50.12	3/24
2		Amanda KAUFFMAN	#5	Elizabethtown	41:11.31	3/24
3		Sarah KERN	#3	Scranton	41:27.93	3/24
4		Kallan CARTER	#1	Susquehanna	41:49.43	3/24
5		Emma MYERS	#1	Susquehanna	42:20.90	3/24
6		Isabelle SMITH	#5	Elizabethtown	42:41.20	3/24
7		Emma O'TOOLE	#5	Elizabethtown	43:10.16	3/24
8		Rebekah JONES	#1	Susquehanna	43:36.49	3/24
9		Kylie DIXON	#1	Susquehanna	43:51.10	3/24
10		Sydney MITROS	#1	Susquehanna	49:28.90	3/24

Women's 4x100 Relay

1	27	Hannah ALDERFER, Alexa RINE, Alayna KREMPA, Chloe YODER	#1	Susquehanna	48.34	3/30
2	37	Helen DAVIS, Crystal ROBINSON, Abby GIAMONI, Rachel BYRNE	#2	Moravian	48.63	4/1
3		Fiona BURKE, Molly FERULLO, Noelle GONZALEZ, Samantha SHARROW	#3	Scranton	50.16	4/4
4		Jaelan GABRIEL, Tahira BAKARE, Carter HINTON-AYODELE, Dorian CHENEY	#6	Goucher	51.07	4/15
5		Aila TROXEL, Sarah SCHUMACHER, Alyssa CHAMPAGNE, Ellie BIXENMAN	#4	Catholic (D.C.)	51.21	3/31
6		Ashleigh DENAULT, Christina IPPOLITO, Jordan SOBOLESKY, O'Livia MCINTOSH	#5	Elizabethtown	51.57	4/13
7		Rebecca CHRISTOPHEL, Olivia BARBACCI, Ashley ALFREE, Zoe BILES	#7	Juniata	54.20	4/13

Women's 4x400 Relay

1	57	Emily MOEHRINGER, Clare MARSH, Apolline GASPER, Ellie BIXENMAN	#4	Catholic (D.C.)	4:06.44	4/14
2	73	Rylie MURPHY, Rachel BYRNE, Racquel RAMEY, Crystal ROBINSON	#2	Moravian	4:08.39	4/7
3		Ashleigh DENAULT, O'Livia MCINTOSH, Marissa LAPINSKY, Emma AGER	#5	Elizabethtown	4:15.62	4/13
4		Alexa RINE, Kallan CARTER, Caitlyn KUHN, Liza LEVIN	#1	Susquehanna	4:18.09	4/8
5		Noelle GONZALEZ, Tasia MINOTIS, Olivia MILLER, Ashley BENHAM	#3	Scranton	4:20.34	3/24
6		Rebecca CHRISTOPHEL, Olivia BARBACCI, Ashley ALFREE, Zoe BILES	#7	Juniata	4:20.76	4/13

Women's High Jump

1	37	Anna SCOBlick	#4	Catholic (D.C.)	1.60m	5-3	3/31
1	37	Jocelynn ITTERLY	#5	Elizabethtown	1.60m	5-3	4/5
3	61	Lexi GROFF	#2	Moravian	1.58m	5-2¼	4/7
4		Dorian CHENEY	#6	Goucher	1.48m	4-10¼	3/24
5		Alexandra HAEFELE	#2	Moravian	1.47m	4-9¾	4/1
5		Paige BELL	#3	Scranton	1.47m	4-9¾	4/4
7		Jenna HORNING	#1	Susquehanna	1.42m	4-7¾	4/8
8		Hannah ALDERFER	#1	Susquehanna	1.40m	4-7	4/8
8		Chloe YODER	#1	Susquehanna	1.40m	4-7	4/8
8		Abby SJOSWARD	#4	Catholic (D.C.)	1.40m	4-7	3/31

Women's Pole Vault

1	99	Sarah BOWER	#1	Susquehanna	3.25m	10-8	3/24
2		Ally MANISCALCO	#3	Scranton	3.10m	10-2	4/4
3		Brooke LEITZEL	#1	Susquehanna	2.80m	9-2¼	4/8
4		Olivia BARBACCI	#7	Juniata	2.75m	9-¼	3/24
5		Katie SEAL	#3	Scranton	2.55m	8-4¼	3/24
6		Ashley ALFREE	#7	Juniata	2.45m	8-½	3/31
7		Ana GARIPPA	#3	Scranton	2.40m	7-10½	4/1
8		Katie CAMMARATA	#1	Susquehanna	2.35m	7-8½	4/8



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Women's Long Jump

1	34	Remi ACORD	#1	Susquehanna	5.50m	18-½ (0.0)	4/15
2	49	Hannah ALDERFER	#1	Susquehanna	5.43m	17-9¾ (0.0)	4/15
3	82	Chloe YODER	#1	Susquehanna	5.26m	17-3¼ (0.0)	4/8
4		Samantha SHARROW	#3	Scranton	5.15m	16-10¾ (-1)	4/13
5		Dorian CHENEY	#6	Goucher	5.12m	16-9¾ (-3)	4/5
6		Carter HINTON-AYODELE	#6	Goucher	5.00m	16-5 (0.0)	3/17
7		Erin DRISCOLL	#4	Catholic (D.C.)	4.90m	16-1 (0.0)	3/31
8		Meghan WINTER	#3	Scranton	4.80m	15-9 (0.5)	4/4
9		Haylee SAYLOR	#2	Moravian	4.70m	15-5 (-1.4)	4/1
10		Julia ACEVEDO	#1	Susquehanna	4.69m	15-4¾ (-0)	4/8

Women's Triple Jump

1	13	Remi ACORD	#1	Susquehanna	11.83m	38-9¾ (0.1)	4/8
2	28	Carter HINTON-AYODELE	#6	Goucher	11.39mw	37-4½ (2.5)	4/5
3	76	Julia ACEVEDO	#1	Susquehanna	10.94m	35-10¾ (-0)	4/15
4		Alexandra HAEFELE	#2	Moravian	10.75m	35-3¼ (0.6)	4/7
5		Meghan WINTER	#3	Scranton	10.46m	34-4 (-2.1)	4/1
6		Molly WHITE	#3	Scranton	10.26m	33-8 (-1.4)	4/1
7		Jaelan GABRIEL	#6	Goucher	10.09m	33-1¼ (-1)	4/15
8		Hannah ALDERFER	#1	Susquehanna	10.07m	33-½ (-0.7)	4/8
9		Elizabeth DEMASSA	#2	Moravian	10.06m	33-¼ (-2.8)	4/1
10		Haylee SAYLOR	#2	Moravian	9.80m	32-2 (-1.5)	4/1

Women's Shot Put

1	51	Maggie BOYER	#1	Susquehanna	12.59m	41-3¾	3/24
2		Ciara DONEGAN	#4	Catholic (D.C.)	11.52m	37-9½	3/31
3		Mylea NEIDIG	#5	Elizabethtown	11.28m	37-¼	3/31
4		Maura BRADNEY	#5	Elizabethtown	11.17m	36-7¾	4/13
5		Alexandra FERRADOR	#3	Scranton	10.87m	35-8	4/4
6		DaniRae RENNO	#5	Elizabethtown	10.64m	34-11	3/31
7		Arin PEYKAR	#2	Moravian	10.60m	34-9½	4/1
8		Sarah ROTH	#6	Goucher	10.38m	34-¾	3/17
9		Halie MURPHY	#4	Catholic (D.C.)	10.15m	33-3¾	3/31
10		Margie RAYNE	#2	Moravian	10.12m	33-2½	4/7

Women's Discus

1	60	Trinity SOTO	#5	Elizabethtown	39.60m	129-11	4/5
2	98	DaniRae RENNO	#5	Elizabethtown	38.21m	125-5	4/14
3		Halie MURPHY	#4	Catholic (D.C.)	37.31m	122-5	3/25
4		Madeline WICKEL	#2	Moravian	36.29m	119-1	4/7
5		Alexandra FERRADOR	#3	Scranton	35.33m	115-11	4/4
6		Caillie FISH	#2	Moravian	34.93m	114-7	4/1
7		Mylea NEIDIG	#5	Elizabethtown	33.52m	110-0	4/13
8		Karalyn VASHEY	#2	Moravian	32.14m	105-6	4/7
9		Molly MAXWELL	#4	Catholic (D.C.)	31.70m	104-0	3/25
10		Margie RAYNE	#2	Moravian	31.34m	102-10	3/25

Women's Hammer

1	81	Maggie BOYER	#1	Susquehanna	46.06m	151-2	4/8
2		Caillie FISH	#2	Moravian	42.00m	137-10	4/7
3		Margie RAYNE	#2	Moravian	41.19m	135-2	4/7
4		Trinity SOTO	#5	Elizabethtown	39.95m	131-1	4/5
5		Alexandra FERRADOR	#3	Scranton	39.55m	129-9	4/4
6		Liz MISKOVSKY	#2	Moravian	39.38m	129-3	4/7
7		Sarah ROTH	#6	Goucher	39.10m	128-4	4/15
8		Katherine FAFIAN	#3	Scranton	37.59m	123-4	4/1
9		Karalyn VASHEY	#2	Moravian	37.19m	122-0	4/7
10		Abigail CARBAUGH	#5	Elizabethtown	35.25m	115-8	4/5

Women's Javelin

1	10	Erin MILLER	#5	Elizabethtown	41.79m	137-1	4/14
2	83	Ainslee BINKLEY	#1	Susquehanna	35.85m	117-8	3/24
3		Delaynee MCLEOD	#1	Susquehanna	34.77m	114-1	3/30
4		Delaney WISEMAN	#2	Moravian	34.41m	112-11	4/7
5		Emma COOLIDGE	#7	Juniata	32.88m	107-11	4/13
6		Abby MCCLASKEY	#2	Moravian	32.38m	106-3	4/7
7		Samantha SHAFER	#1	Susquehanna	29.71m	97-5¾	4/8
8		Sophia SCHOENBORN	#4	Catholic (D.C.)	27.70m	90-10½	3/25
9		Maura BRADNEY	#5	Elizabethtown	26.71m	87-7¾	4/13
10		Hannah ALDERFER	#1	Susquehanna	25.32m	83-1	4/8

Women's Heptathlon

1	11	Hannah ALDERFER	#1	Susquehanna	4,368		4/8
2	16	Chloe YODER	#1	Susquehanna	4,260		4/8
3	65	Julia ACEVEDO	#1	Susquehanna	3,134		4/8
4	82	Jessica TSU	#3	Scranton	2,736		4/13
5	84	Alicia ACOSTA	#3	Scranton	2,678		4/13
6	87	Ally MANISCALCO	#3	Scranton	2,568		4/13



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Women's 100 Meters

1	40	Madeline O'CONNELL	#1	Rochester (N.Y.)	12.23w	(2.6)	4/2
2	56	Susan BANSBACH	#1	Rochester (N.Y.)	12.31w	(2.6)	4/2
3	90	Traci FRANCIS	#4	Vassar	12.45w	(3.8)	3/16
4		Christine MALLETT	#3	RPI	12.53w	(2.2)	4/8
5		Kate ISAAC	#1	Rochester (N.Y.)	12.59	(1.5)	4/6
6		Kristin HARDY	#1	Rochester (N.Y.)	12.75	(1.5)	4/2
7		Megan BELL	#1	Rochester (N.Y.)	12.83	(1.4)	4/14
8		Lola PEREZ-FRY	#4	Vassar	12.89	(1.0)	4/14
9		Ava NOVAK	#4	Vassar	12.91	(0.6)	4/7
10		Sara BROWN	#2	Ithaca	12.96	(0.0)	3/25

Women's 100 Meter Hurdles

1	7	Logan BRUCE	#2	Ithaca	14.14w	(3.0)	4/1
2	32	Emma MCGUINN	#3	RPI	14.72w	(2.4)	4/14
3	48	Ashley HEFFERNAN	#1	Rochester (N.Y.)	14.96w	(2.2)	4/14
4	58	Jahmilia DENNIS	#4	Vassar	15.12	(0.7)	4/7
5	99	Allison REGNANTE	#5	RIT	15.56	(-0.6)	4/14
6		Rachel LARSON	#2	Ithaca	15.80	(1.1)	4/15
7		Samantha CRISCI	#5	RIT	16.11	(-2.0)	4/14
8		Cecelia LABONTE	#2	Ithaca	16.50	(-0.1)	4/14
9		Nora JENSEN	#4	Vassar	16.60	(0.2)	3/31
10		Moriah BYRD	#2	Ithaca	16.72	(0.0)	3/25

Women's 200 Meters

1	18	Susan BANSBACH	#1	Rochester (N.Y.)	24.90	(1.8)	4/14
2	32	Ashley HEFFERNAN	#1	Rochester (N.Y.)	25.13	(2.0)	4/14
3	40	Kristin HARDY	#1	Rochester (N.Y.)	25.17	(1.8)	4/14
4	87	Logan BRUCE	#2	Ithaca	25.67	(-0.4)	4/14
5	98	Kate ISAAC	#1	Rochester (N.Y.)	25.76	(-0.3)	4/2
6		Christine MALLETT	#3	RPI	25.79	(1.1)	4/1
7		Caroline HILL	#5	RIT	26.01	(1.6)	4/8
8		Devan ADEGBILE	#2	Ithaca	26.39	(1.2)	4/15
9		Emma MCGUINN	#3	RPI	26.60	(1.1)	4/1
10		Megan BELL	#1	Rochester (N.Y.)	26.62	(-1.7)	4/2

Women's 400 Meters

1	3	Susan BANSBACH	#1	Rochester (N.Y.)	55.41		4/14
2	6	Madeline O'CONNELL	#1	Rochester (N.Y.)	56.29		4/14
3	17	Kristin HARDY	#1	Rochester (N.Y.)	57.25		4/14
4	31	Megan BELL	#1	Rochester (N.Y.)	57.86		4/2
5	33	Kate ISAAC	#1	Rochester (N.Y.)	57.92		4/14
6		Caroline HILL	#5	RIT	59.95		4/2
7		Gabrielle BAKER	#7	Union (N.Y.)	1:00.40		4/14
8		Natalie MACARTHUR	#2	Ithaca	1:00.75		4/15
9		Devan ADEGBILE	#2	Ithaca	1:02.01		4/1
10		Ava NOVAK	#4	Vassar	1:02.15		3/31

Women's 400 Meter Hurdles

1	27	Megan BELL	#1	Rochester (N.Y.)	1:04.61		4/14
2	50	Luca PECORA	#2	Ithaca	1:05.80		4/14
3	58	Samantha CRISCI	#5	RIT	1:06.28		4/14
4		Freja NIKLASSON	#4	Vassar	1:09.67		4/14
5		Laura WONG	#4	Vassar	1:10.68		4/7
6		Madison MARTINEZ	#2	Ithaca	1:11.22		4/1
7		Caroline STANTON	#7	Union (N.Y.)	1:12.42		4/14
8		Leila WARDE	#7	Union (N.Y.)	1:13.23		4/7
9		Kelly MORAN	#3	RPI	1:13.38		4/14
10		Rachel LARSON	#2	Ithaca	1:13.45		4/1

Women's 800 Meters

1	18	Paloma DEMONTE	#2	Ithaca	2:14.38		4/14
2		Sophia HENDERSON	#4	Vassar	2:20.15		4/14
3		Jillian LEES	#3	RPI	2:20.20		4/8
4		Augusta STOCKMAN	#4	Vassar	2:20.60		4/14
5		Allison SIBOLD	#6	St. Lawrence	2:20.68		4/14
6		Abigail NAUTEL	#5	RIT	2:23.50		4/14
7		Amelia GILBERT	#5	RIT	2:24.11		4/14
8		Carissa MINAROVICH	#1	Rochester (N.Y.)	2:24.72		4/2
9		Sierra DANIEU	#5	RIT	2:24.82		4/8
10		Madison PEREZ	#3	RPI	2:24.90		4/14

Women's 1500 Meters

1	10	Allison SIBOLD	#6	St. Lawrence	4:34.26		4/14
2	86	Augusta STOCKMAN	#4	Vassar	4:43.82		4/14
3		Paloma DEMONTE	#2	Ithaca	4:48.15		4/1
4		Catherine DACEY	#7	Union (N.Y.)	4:50.09		4/7
5		Jillian LEES	#3	RPI	4:50.15		4/14
6		Olivia PISACANO	#3	RPI	4:52.27		4/8
7		Sierra DANIEU	#5	RIT	4:53.80		4/14
8		Amelia GILBERT	#5	RIT	4:54.28		4/14
9		Sophia HENDERSON	#4	Vassar	4:56.06		3/24
10		Abigail NAUTEL	#5	RIT	4:58.07		4/14

Women's Steeplechase

1	21	Haylei COOLICAN	#6	St. Lawrence	11:02.82		4/14
2	29	Emma PALUMBO	#6	St. Lawrence	11:13.66		4/14
3	67	Katherine BENNINGER	#1	Rochester (N.Y.)	11:42.04		4/8
4	82	Kyla EISMAN	#2	Ithaca	11:50.78		4/8
5	87	Eileen BERES	#3	RPI	11:53.71		4/8
6	93	Claudia WOLF	#3	RPI	11:55.20		4/8
7	98	Bridget HASTINGS	#6	St. Lawrence	11:56.70		4/14
8		Sab LIN	#1	Rochester (N.Y.)	12:00.52		4/2
9		Tessa BOSSOM	#3	RPI	12:06.96		4/8
10		Allison MALTESTA	#7	Union (N.Y.)	12:12.69		4/14



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Women's 5000 Meters

1	55	Olivia PISACANO	#3	RPI	17:33.64	4/14
2	69	Augusta STOCKMAN	#4	Vassar	17:41.30	4/7
3	81	Nia GODDARD	#3	RPI	17:44.88	4/8
4		Emma PALUMBO	#6	St. Lawrence	17:59.01	4/1
5		Haylei COOLICAN	#6	St. Lawrence	18:06.38	4/1
6		Sennett TURNER	#1	Rochester (N.Y.)	18:08.65	4/8
7		Olivia WATSON	#6	St. Lawrence	18:13.62	4/1
8		Noni PATTINGTON	#4	Vassar	18:18.69	4/14
9		Katherine SHEEHY	#6	St. Lawrence	18:21.02	4/14
10		Leah GOODLOE	#3	RPI	18:29.56	4/8

Women's 10,000 Meters

1	12	Nia GODDARD	#3	RPI	35:51.79	4/14
2	27	Sennett TURNER	#1	Rochester (N.Y.)	36:45.13	4/14
3	45	Ava FOWLER	#2	Ithaca	37:38.77	4/14
4	57	Olivia WATSON	#6	St. Lawrence	38:22.46	4/14
5	70	Leah GOODLOE	#3	RPI	39:01.01	4/14
6		Meredith GARRITY	#2	Ithaca	40:21.03	3/25
7		Alicia LAWSON	#1	Rochester (N.Y.)	40:32.37	4/14
8		Morgan BREMER	#1	Rochester (N.Y.)	40:41.46	4/14
9		Erin PERCY	#5	RIT	41:05.86	4/14
10		Ann BYERLEY	#5	RIT	41:06.25	4/14

Women's 4x100 Relay

1	11	Kate ISAAC, Susan BANSBACH, Ashley HEFFERNAN, Madeline O'CONNELL	#1	Rochester (N.Y.)	47.55	4/14
2	82	Jamie EU, Ava NOVAK, Lola PEREZ-FRY, Traci FRANCIS	#4	Vassar	49.84	3/31
3	88	Ayenaliz VELASQUEZ, Logan BRUCE, Luca PECORA, Milla GONZALEZ	#2	Ithaca	49.97	4/8
4		Glory MONCION-ALLEN, Gabrielle BAKER, Caroline STANTON, Marley FROE	#7	Union (N.Y.)	51.22	4/14
5		Maeve MURPHY, Caitlin SMITH, Summer LOONEY, Katie UNGER	#3	RPI	52.38	4/14
6		Samantha CRISCI, Allison REGNANTE, Rania SABRI, Violet AMEELE	#5	RIT	52.63	4/8
7		Hayley CASTAGNIER, Cora KNIGHT, Kaylee BERTINI, Olivia MIDDLETON	#6	St. Lawrence	54.15	4/1

Women's 4x400 Relay

1	5	Madeline O'CONNELL, Kate ISAAC, Megan BELL, Susan BANSBACH	#1	Rochester (N.Y.)	3:53.88	4/6
2	62	Paloma DEMONTE, Moriah BYRD, Natalie MACARTHUR, Rachel ROSE	#2	Ithaca	4:07.02	3/25
3		Caroline STANTON, Catherine DACEY, Allison MALATESTA, Grace ARDITO	#7	Union (N.Y.)	4:16.99	4/1
4		Margaret MCLAUGHLIN, Sophia HENDERSON, Laura WONG, Ava NOVAK	#4	Vassar	4:20.05	3/31
5		Alexa SMITH, Kristina KOES, Kaylee BERTINI, Cameran STONE	#6	St. Lawrence	4:30.97	4/1
6		Sierra DANIEU, Abigail THOMAS, Ally ZUIDEMA, Amelia GILBERT	#5	RIT	4:34.21	4/8
7		Becca ITTY, Summer LOONEY, Lauren MAHER, Kelly MORAN	#3	RPI	4:34.26	4/8
8		Chloe DESAUTELS, Lizzie ALDOUS, Sadie TORRE, Sophia TIGHE	#8	Bard	4:56.59	4/15

Women's High Jump

1	35	Charly SLUSSER	#2	Ithaca	1.61m	5-3¼	4/15
2	37	Logan BRUCE	#2	Ithaca	1.60m	5-3	4/14
3		Kassidy BURROWS	#5	RIT	1.52m	4-11¾	4/14
3		Trinity JOHNSON	#1	Rochester (N.Y.)	1.52m	4-11¾	4/14
5		Cecelia LABONTE	#2	Ithaca	1.48m	4-10¼	4/14
6		Kaylee BERTINI	#6	St. Lawrence	1.45m	4-9	4/8
6		Grace ARDITO	#7	Union (N.Y.)	1.45m	4-9	4/1
8		Nora DRESLIN	#1	Rochester (N.Y.)	1.42m	4-7¾	4/2
9		Ashley HEFFERNAN	#1	Rochester (N.Y.)	1.41m	4-7½	4/14
9		Iva SAVIC	#1	Rochester (N.Y.)	1.41m	4-7½	4/14



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Women's Pole Vault

1	4	Madeline O'CONNELL	#1	Rochester (N.Y.)	3.85m	12-7½	4/2
2	13	Meghan MATHENY	#2	Ithaca	3.72m	12-2½	4/8
3	42	Martha KEMP-NEILSON	#2	Ithaca	3.45m	11-3¾	4/1
4	55	Catherine FOX	#5	RIT	3.40m	11-1¾	4/14
4	55	Kennedy HEICHEL	#2	Ithaca	3.40m	11-1¾	4/15
6	99	Erin EASTWOOD	#2	Ithaca	3.25m	10-8	4/15
7		Jamie ROSSIG	#2	Ithaca	3.10m	10-2	4/15
8		Bree BOYLE	#2	Ithaca	3.00m	9-10	4/8
9		Siri WALSH	#3	RPI	2.60m	8-6¼	4/14
10		Samantha SCHLECTMAN	#5	RIT	2.35m	7-8½	4/14

Women's Long Jump

1	5	Logan BRUCE	#2	Ithaca	5.77m	18-11¼ (0.	4/8
2	41	Lola PEREZ-FRY	#4	Vassar	5.47m	17-11½ (1.	4/7
3	59	Ashleigh BARRETT	#1	Rochester (N.Y.)	5.39mw	17-8¼ (2.7	4/2
4	70	Alyssa HOOGS	#1	Rochester (N.Y.)	5.32m	17-5½ (1.5	4/2
5	79	Sara BROWN	#2	Ithaca	5.27m	17-3½ (0.7	4/15
6	92	Ashley HEFFERNAN	#1	Rochester (N.Y.)	5.24m	17-2¼ (1.4	4/14
7		Allison REGNANTE	#5	RIT	5.22m	17-1½ (0.0	4/14
8		Ava NOVAK	#4	Vassar	5.18m	17-0 (1.4)	4/7
9		Heather KWAFO	#4	Vassar	5.16mw	16-11¼ (4.	3/16
10		Jamie ROSSIG	#2	Ithaca	5.10mw	16-8¾ (2.1	4/15

Women's Triple Jump

1	19	Jahmilia DENNIS	#4	Vassar	11.60mw	38-¾ (2.7)	3/24
2	48	Alyssa HOOGS	#1	Rochester (N.Y.)	11.17mw	36-7¾ (3.0	4/14
3	92	Heather KWAFO	#4	Vassar	10.84m	35-6¾ (1.6	3/24
4		Ashleigh BARRETT	#1	Rochester (N.Y.)	10.70mw	35-1¼ (2.7	4/2
5		Luca PECORA	#2	Ithaca	10.66m	34-11¾ (0.	4/8
6		Rania SABRI	#5	RIT	10.56mw	34-7¾ (2.4	4/2
7		Violet AMEELE	#5	RIT	10.47mw	34-4¼ (2.1	4/2
8		Denesha LAFONTANT	#7	Union (N.Y.)	10.44m	34-3 (-0.2)	4/14
9		Siri WALSH	#3	RPI	10.31m	33-10 (-1.0	4/14
10		Erin EASTWOOD	#2	Ithaca	10.25mw	33-7½ (2.2	4/15

Women's Shot Put

1	59	Cora ROSE	#1	Rochester (N.Y.)	12.44m	40-9¾	4/8
2		Emily DIMARCO	#5	RIT	12.01m	39-5	4/2
3		Marinna HEICHBERGER	#5	RIT	11.99m	39-4	4/14
4		Holly LAUZON	#3	RPI	11.29m	37-½	4/14
5		Lily SEYFERT	#2	Ithaca	11.25m	36-11	3/25
6		Hannah ROGERS	#3	RPI	10.87m	35-8	4/14
7		Sonya SHIVOK	#5	RIT	10.79m	35-4¾	4/2
8		Arla DAVIS	#2	Ithaca	10.73m	35-2½	3/25
9		Logan BRUCE	#2	Ithaca	10.33m	33-10¾	4/14
10		Katie LYNCH	#3	RPI	10.13m	33-3	4/1

Women's Discus

1	43	Cora ROSE	#1	Rochester (N.Y.)	40.38m	132-6	4/8
2	55	Emily DIMARCO	#5	RIT	39.79m	130-7	4/14
3	64	Gillian REEDER	#1	Rochester (N.Y.)	39.40m	129-3	4/8
4		Katie LYNCH	#3	RPI	35.92m	117-10	4/8
5		Grace RICHARD	#3	RPI	35.79m	117-5	4/14
6		Lacey ECKERT	#6	St. Lawrence	33.14m	108-9	4/1
7		Yasmine ELMADY	#3	RPI	32.98m	108-3	4/14
8		Hannah ROGERS	#3	RPI	32.50m	106-8	4/1
9		Marinna HEICHBERGER	#5	RIT	31.59m	103-8	4/2
10		Livia ILASZ	#1	Rochester (N.Y.)	31.56m	103-7	4/2

Women's Hammer

1	96	Lily SEYFERT	#2	Ithaca	45.28m	148-7	4/15
2		Gillian REEDER	#1	Rochester (N.Y.)	44.37m	145-7	4/14
3		Vanessa WISH	#1	Rochester (N.Y.)	43.62m	143-2	4/2
4		Livia ILASZ	#1	Rochester (N.Y.)	42.41m	139-2	4/2
5		Hannah ROGERS	#3	RPI	41.25m	135-4	4/14
6		Holly LAUZON	#3	RPI	40.59m	133-2	4/14
7		Soncerae HAMITER	#2	Ithaca	39.88m	130-10	4/15
8		Yasmine ELMADY	#3	RPI	38.82m	127-5	4/14
9		Katie LYNCH	#3	RPI	37.56m	123-3	4/14
10		Grace RICHARD	#3	RPI	37.21m	122-1	4/14

Women's Javelin

1	73	Lily SEYFERT	#2	Ithaca	36.40m	119-5	4/8
2	87	Moriah BYRD	#2	Ithaca	35.74m	117-3	3/25
3		Sonya SHIVOK	#5	RIT	34.12m	112-0	4/8
4		Gillian REEDER	#1	Rochester (N.Y.)	33.71m	110-7	4/2
5		Brooke MARTINDALE	#6	St. Lawrence	33.05m	108-5	4/1
6		Logan BRUCE	#2	Ithaca	31.76m	104-3	4/1
7		Arla DAVIS	#2	Ithaca	30.94m	101-6	4/8
8		Iva SAVIC	#1	Rochester (N.Y.)	30.87m	101-4	4/2
9		Abigail CARPENTER	#5	RIT	30.63m	100-6	4/14
10		Lauren ARMSTRONG	#7	Union (N.Y.)	29.79m	97-9	4/1

Women's Heptathlon

1	3	Logan BRUCE	#2	Ithaca	4,988	4/14
2	13	Ashley HEFFERNAN	#1	Rochester (N.Y.)	4,334	4/14
3	35	Cecelia LABONTE	#2	Ithaca	3,770	4/14
4	55	Iva SAVIC	#1	Rochester (N.Y.)	3,320	4/14
5	61	Lila MILLER	#4	Vassar	3,209	4/14
6	80	Julia LARGETT	#1	Rochester (N.Y.)	2,805	4/14
7	98	Soleil YUONG	#4	Vassar	2,171	4/14



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Little East

Women's 100 Meters

1	Janiah YOUNG	#1	Southern Maine	12.48	(1.6)	4/15
2	MacKenzie LABRIE	#5	Plymouth State	12.50	(1.6)	4/15
3	Catriona GOULD	#1	Southern Maine	12.66	(0.7)	4/8
4	Athena COMEAU	#5	Plymouth State	12.70	(1.9)	4/8
5	Shay LAWRENCE	#8	Castleton	13.10w	(2.1)	4/1
6	Petrashea JOHNSON	#3	UMass Dartmou'	13.13	(0.0)	4/15
7	Jaiden ANDREWS	#3	UMass Dartmou'	13.27	(0.0)	4/15
8	Aryianna GARCEAU	#6	UMass Boston	13.31	(0.0)	4/1
9	Cassidy HANSON	#5	Plymouth State	13.38w	(2.3)	4/15
10	Emma NOONAN	#1	Southern Maine	13.46	(0.7)	4/8

Women's 100 Meter Hurdles

1	73 Jaiden ANDREWS	#3	UMass Dartmou'	15.32	(0.4)	4/15
2	99 Alyssa SIRIANNI	#2	Eastern Connect	15.56	(1.0)	4/14
3	Aryianna GARCEAU	#6	UMass Boston	15.65	(-1.2)	4/15
4	Molly Lu MCKELLAR	#4	Keene State	16.54w	(3.0)	4/12
5	Analiese POISSON	#2	Eastern Connect	18.13	(1.1)	4/8
6	Alana HOAG	#5	Plymouth State	18.34w	(2.3)	4/15
7	Jordan VELIE	#5	Plymouth State	18.41w	(2.3)	4/15
8	Megan MOYNIHAN	#5	Plymouth State	18.52	(-0.1)	4/8
9	Delaney SARTWELL	#6	UMass Boston	19.80	(0.0)	4/6
10	Amy COHEN	#5	Plymouth State	21.56	(-2.0)	4/8

Women's 200 Meters

1	Janiah YOUNG	#1	Southern Maine	26.06	(1.0)	4/15
2	Catriona GOULD	#1	Southern Maine	26.24	(1.5)	4/1
3	Kaitlyn BERNIER	#3	UMass Dartmou'	26.46	(0.9)	4/8
4	Heaven CONLEY	#1	Southern Maine	26.90	(1.6)	4/1
5	MacKenzie LABRIE	#5	Plymouth State	27.12w	(3.4)	4/15
6	Emma NOONAN	#1	Southern Maine	27.21	(1.0)	4/15
7	Shay LAWRENCE	#8	Castleton	27.27	(1.6)	4/1
8	Mackenzie DUNN	#2	Eastern Connect	27.49w	(2.9)	3/26
9	Alyssa SIRIANNI	#2	Eastern Connect	27.57	(0.9)	4/14
10	Jaiden ANDREWS	#3	UMass Dartmou'	27.68	(-1.4)	4/8

Women's 400 Meters

1	71 Kaitlyn BERNIER	#3	UMass Dartmou'	58.96		4/15
2	Heaven CONLEY	#1	Southern Maine	1:01.26		4/8
3	Anna RENY	#1	Southern Maine	1:01.48		4/1
4	Ashley GENTILE	#2	Eastern Connect	1:03.54		3/26
5	McKenzie CANUEL	#3	UMass Dartmou'	1:03.66		4/15
6	Cassandra KANE	#1	Southern Maine	1:03.85		4/15
7	Alexis KARANTZA	#1	Southern Maine	1:04.45		4/8
8	Haley ROBERTSON	#2	Eastern Connect	1:06.11		4/1
9	Anabel MELANSON	#1	Southern Maine	1:06.29		4/1
10	Dorinda OKORJI	#6	UMass Boston	1:06.46		4/1

Women's 400 Meter Hurdles

1	15 Anna RENY	#1	Southern Maine	1:02.97		4/15
2	Alyssa SIRIANNI	#2	Eastern Connect	1:08.98		4/8
3	Cassandra KANE	#1	Southern Maine	1:12.59		4/1
4	Grace RUSSELL	#3	UMass Dartmou'	1:13.68		4/15
5	Megan MOYNIHAN	#5	Plymouth State	1:18.99		4/8
6	Analiese POISSON	#2	Eastern Connect	1:19.76		4/8
7	Charlotte MILLETTE	#6	UMass Boston	1:20.45		4/6
8	Amy COHEN	#5	Plymouth State	1:22.45		4/8

Women's 800 Meters

1	Olivia MOSCA	#1	Southern Maine	2:27.72		4/8
2	Haley OLIVER	#7	Rhode Island Co	2:28.00		4/8
3	AnnMarie LIMBERGER	#1	Southern Maine	2:31.57		4/15
4	Ashley GENTILE	#2	Eastern Connect	2:32.23		4/8
5	Margaret ST JOHN	#4	Keene State	2:32.42		3/24
6	Carly ALSTON	#2	Eastern Connect	2:32.88		4/8
7	Jacqueline EARNER	#6	UMass Boston	2:33.27		4/6
8	Aurora COUTO	#4	Keene State	2:33.96		4/15
9	Meghan GEORGESCU	#2	Eastern Connect	2:34.62		4/8
10	Anabel MELANSON	#1	Southern Maine	2:35.54		4/8

Women's 1500 Meters

1	Haley OLIVER	#7	Rhode Island Co	4:55.50		4/8
2	Olivia MOSCA	#1	Southern Maine	4:59.21		4/15
3	Alexa VANVOORHIS	#3	UMass Dartmou'	5:04.82		4/8
4	Margaret ST JOHN	#4	Keene State	5:06.69		4/8
5	Jacqueline EARNER	#6	UMass Boston	5:09.22		4/8
6	Kiara CERRUTI	#3	UMass Dartmou'	5:13.65		4/14
7	Carly ALSTON	#2	Eastern Connect	5:14.21		4/1
8	Emily PHILBROOK	#5	Plymouth State	5:19.44		4/15
9	Amber CUTHBERT	#8	Castleton	5:20.08		4/14
10	Elisabeth RODIL	#2	Eastern Connect	5:21.30		4/8

Women's Steeplechase

1	Rachael MONGEAU	#7	Rhode Island Co	12:37.11		4/8
2	Aurora COUTO	#4	Keene State	12:53.09		4/8
3	Keara FONTAINE	#2	Eastern Connect	12:53.62		4/8
4	Jacqueline EARNER	#6	UMass Boston	12:55.52		4/15
5	Alison LECLERC	#2	Eastern Connect	12:59.86		4/14
6	Lexi MARCOLINI	#5	Plymouth State	13:33.76		4/8
7	Sarah CABELL	#6	UMass Boston	14:39.98		4/15
8	Rachel GREEN	#6	UMass Boston	14:48.58		4/8
9	Abigail SCHELL	#6	UMass Boston	17:05.88		4/15



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Little East

Women's 5000 Meters

1	Haley OLIVER	#7	Rhode Island Co	18:27.16	4/14
2	Margaret ST JOHN	#4	Keene State	18:36.77	4/14
3	Grace FURLONG	#4	Keene State	18:42.45	4/14
4	Alexa VANVOORHIS	#3	UMass Dartmou	18:57.73	4/14
5	Meghan GEORGESCU	#2	Eastern Connect	19:35.25	4/14
6	Emily PHILBROOK	#5	Plymouth State	19:43.92	3/31
7	Alison LECLERC	#2	Eastern Connect	20:06.53	4/8
8	Amanda HEBERT	#7	Rhode Island Co	20:08.64	4/8
9	Hannah JONES	#4	Keene State	20:15.10	4/1
10	Kelsey ZATOR	#2	Eastern Connect	20:31.99	4/8

Women's 10,000 Meters

1	56 Haley OLIVER	#7	Rhode Island Co	38:22.39	3/31
2	84 Alexa VANVOORHIS	#3	UMass Dartmou	39:24.03	4/1
3	Grace FURLONG	#4	Keene State	39:51.70	4/1
4	Emily PHILBROOK	#5	Plymouth State	40:53.69	4/8
5	Keara FONTAINE	#2	Eastern Connect	41:37.28	4/14
6	Grace COLON	#6	UMass Boston	43:23.75	4/1
7	Jillian MCGAHAN	#2	Eastern Connect	43:40.57	4/1
8	Bee GREENBERG	#3	UMass Dartmou	45:38.09	4/1
9	Sara CHRISTIAN	#4	Keene State	47:18.22	4/1
10	Sarah CAMBELL	#6	UMass Boston	49:27.25	4/1

Women's 4x100 Relay

1	94 Anna RENY, Janiah YOUNG, Emma NOONAN, Catriona GOULD	#1	Southern Maine	50.07	4/1
2	Montana CASA, Cassidy HANSON, MacKenzie LABRIE, Megan MOYNIHAN	#5	Plymouth State	52.59	4/15
3	Alyssa SIRIANNI, Mackenzie DUNN, Nicole POPHAM, Haley ROBERTSON	#2	Eastern Connect	52.62	3/26
4	Rachel DOTY-SHAY, Shay LAWRENCE, Kiera PIPELING, Kaitlin BARDELLINI	#8	Castleton	53.89	3/25
5	Molly Lu MCKELLAR, Savannah SOLEAU, Alexa HURLEY, Abigail JOSLIN	#4	Keene State	59.87	4/1

Women's 4x400 Relay

1	Heaven CONLEY, Alexis KARANTZA, Emma NOONAN, Riley REITCHEL	#1	Southern Maine	4:14.33	4/15
2	Mckenzie CANUEL, Grace RUSSELL, Jaiden ANDREWS, Isabella TACCOGNA	#3	UMass Dartmou	4:20.42	4/15
3	Ashley GENTILE, Haley ROBERTSON, Alyssa SIRIANNI, Nicole POPHAM	#2	Eastern Connect	4:26.68	4/8
4	Erika BOONE, Abbey HURLEY, Lexi MARCOLINI, Gracie VILLAREAL	#5	Plymouth State	4:40.89	4/15
5	Sarah AMES, Autumn BOISVERT, Alexa HURLEY, Alana PERRY	#4	Keene State	4:53.33	4/15

Women's High Jump

1	37 Olivia JALBERT	#1	Southern Maine	1.60m	5-3	4/15
2	70 Autumn GERRY	#1	Southern Maine	1.57m	5-1¾	4/1
3	93 Julia AHERN	#5	Plymouth State	1.55m	5-1	3/31
4	Isabella TACCOGNA	#3	UMass Dartmou	1.52m	4-11¾	4/15
5	Cassandra KANE	#1	Southern Maine	1.47m	4-9¾	4/1
6	Dorinda OKORJI	#6	UMass Boston	1.45m	4-9	4/15
6	Alexa HURLEY	#4	Keene State	1.45m	4-9	4/15
8	Marie PROCK	#1	Southern Maine	1.42m	4-7¾	4/1
9	Megan MOYNIHAN	#5	Plymouth State	1.40m	4-7	4/15
10	Aryanna GARCEAU	#6	UMass Boston	1.37m	4-6	4/1

Women's Pole Vault

1	27 Sophia SLOVENSKI	#1	Southern Maine	3.55m	11-7¾	4/8
2	Riley REITCHEL	#1	Southern Maine	2.80m	9-2¼	4/1
3	Natasha FRISCH	#2	Eastern Connect	2.70m	8-10¼	4/8
4	Maggie DALLAIRE	#1	Southern Maine	2.50m	8-2½	4/1
5	Mackenzie JORGENSEN	#6	UMass Boston	2.45m	8-½	4/8
6	Danielle SOLOMON	#8	Castleton	2.35m	7-8½	4/8
6	Sarah FECTEAU	#1	Southern Maine	2.35m	7-8½	4/1
8	Catriona GOULD	#1	Southern Maine	2.15m	7-½	4/8

Women's Long Jump

1	Janiah YOUNG	#1	Southern Maine	5.09m	16-8½ (-1)	4/8
1	Sophia SLOVENSKI	#1	Southern Maine	5.09m	16-8½ (-1)	4/15
3	Olivia JALBERT	#1	Southern Maine	5.07mw	16-7¾ (3.6)	4/8
4	Dorinda OKORJI	#6	UMass Boston	5.06m	16-7¼ (0.0)	4/15
5	Mackenzie DUNN	#2	Eastern Connect	5.03mw	16-6 (2.5)	4/8
6	Ella BOUCHER	#1	Southern Maine	4.83m	15-10¼ (-0)	4/15
7	Isabella TACCOGNA	#3	UMass Dartmou	4.81mw	15-9½ (2.1)	4/8
8	Molly Lu MCKELLAR	#4	Keene State	4.59m	15-¾ (0.2)	4/8
9	Catriona GOULD	#1	Southern Maine	4.58m	15-½ (1.1)	4/1
10	Sasha SAINRISTIL	#7	Rhode Island Co	4.49m	14-8¾ (0.0)	3/31



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Little East

Women's Triple Jump

1	Nicole POPHAM	#2 Eastern Connect	10.60mw	34-9½ (3.1)	3/26
2	Ella BOUCHER	#1 Southern Maine	10.39m	34-1¼ (0.7)	4/15
3	Mackenzie DUNN	#2 Eastern Connect	10.34mw	33-11¼ (2.9)	4/8
4	Taylor ROSS	#8 Castleton	10.18m	33-4¾ (-2.1)	4/8
5	Abby JOHNSON	#5 Plymouth State	10.12m	33-2½ (0.9)	3/31
6	Isabella TACCOGNA	#3 UMass Dartmouth	9.98mw	32-9 (3.1)	4/8
7	Sasha SAINRISTIL	#7 Rhode Island Co	9.85m	32-3¾ (0.3)	4/14

Women's Shot Put

1	30 Zoe BARNES	#1 Southern Maine	13.02m	42-8¾	4/15
2	42 Shannon PARKS	#4 Keene State	12.75m	41-10	4/15
3	52 Wenesha STEWART	#2 Eastern Connect	12.58m	41-3¾	4/14
4	Kate HOCKENBURY	#3 UMass Dartmouth	11.27m	36-11¾	4/15
5	Gwyn TATTON	#8 Castleton	11.23m	36-10¼	4/14
6	Hannah CORBETT	#1 Southern Maine	11.22m	36-9¾	4/1
7	Savannah SOLEAU	#4 Keene State	11.15m	36-7	4/8
8	Molly Lu MCKELLAR	#4 Keene State	11.01m	36-1½	4/12
9	Isabell BELLPORT	#2 Eastern Connect	10.89m	35-8¾	3/26
10	Isabell LANFEAR	#8 Castleton	10.85m	35-7¼	4/14

Women's Discus

1	27 Wenesha STEWART	#2 Eastern Connect	41.65m	136-8	4/14
2	53 Zoe BARNES	#1 Southern Maine	39.84m	130-9	4/15
3	Neisha BOITEUX	#3 UMass Dartmouth	36.61m	120-2	4/14
4	Naomi BISIMWA	#1 Southern Maine	35.97m	118-0	4/8
5	Savannah SOLEAU	#4 Keene State	33.70m	110-7	3/24
6	Samantha SAINRISTILL	#7 Rhode Island Co	32.89m	107-11	3/31
7	Shannon PARKS	#4 Keene State	32.84m	107-9	3/24
8	Amanda LITTLE	#3 UMass Dartmouth	32.60m	107-0	4/8
9	Mary MEAGHER	#4 Keene State	32.03m	105-1	3/24
10	Melissa MEJIA	#7 Rhode Island Co	31.54m	103-6	4/8

Women's Hammer

1	21 Melissa MEJIA	#7 Rhode Island Co	50.34m	165-2	4/14
2	41 Shannon PARKS	#4 Keene State	48.40m	158-10	4/15
3	95 Hannah CORBETT	#1 Southern Maine	45.37m	148-10	4/15
4	Samantha SAINRISTILL	#7 Rhode Island Co	43.83m	143-10	4/14
5	Hayley CHARITER	#7 Rhode Island Co	43.39m	142-4	3/31
6	Wenesha STEWART	#2 Eastern Connect	43.03m	141-2	4/14
7	Zoe BARNES	#1 Southern Maine	42.30m	138-10	4/8
8	Amanda LITTLE	#3 UMass Dartmouth	36.96m	121-3	4/8
9	Daniela MORALES	#2 Eastern Connect	34.74m	114-0	4/14
10	Neisha BOITEUX	#3 UMass Dartmouth	34.24m	112-4	4/1

Women's Javelin

1	8 Riley REITCHEL	#1 Southern Maine	42.11m	138-2	4/8
2	31 Bethanie JEAN-PHILIPPE	#3 UMass Dartmouth	38.02m	124-9	4/15
3	50 Olivia JALBERT	#1 Southern Maine	37.00m	121-5	4/15
4	94 Savannah SOLEAU	#4 Keene State	35.34m	116-0	3/24
5	LE+0: Gwyn TATTON	#8 Castleton	35.13m	115-3	4/8
6	Kaitlyn CHIRKIS	#6 UMass Boston	34.14m	112-0	4/8
7	Luna PERRY-ST. PETER	#8 Castleton	33.25m	109-1	4/8
8	Shannon BURBY	#2 Eastern Connect	32.24m	105-9	4/8
9	Mary MEAGHER	#4 Keene State	32.18m	105-7	4/15
10	Hailey MALOZZI	#7 Rhode Island Co	30.98m	101-8	4/14

Women's Heptathlon

1	70 Molly Lu MCKELLAR	#4 Keene State	3,053	4/12
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MAC

Women's 100 Meters

1	29	Laura MATHEWS	#3	Stevens	12.13	(0.6)	4/7
2	33	Jayla GORE	#5	Widener	12.16	(0.0)	4/8
3	46	Maria MUZZARELLI	#5	Widener	12.25	(0.0)	4/8
4		Breyanna ROPER	#7	DeSales	12.69w	(3.9)	4/1
5		Halle JENNETT	#2	Messiah	12.77	(1.1)	4/13
6		Abigail RADCLIFFE	#7	DeSales	12.88w	(2.8)	4/1
7		Abigail SPRINGER	#6	King's College (F	12.91w	(3.9)	4/1
8		Kelly BARR	#5	Widener	12.95	(-0.2)	4/15
9		Tori HUNYARA	#4	Lebanon Valley	12.96w	(3.1)	3/31
10		Juliet BRADY	#6	King's College (F	13.04w	(2.6)	4/15

Women's 100 Meter Hurdles

1	4	Laura MATHEWS	#3	Stevens	14.03	(1.0)	4/14
2	23	Julia PENA	#9	York (Pa.)	14.59	(0.1)	3/30
3		Victoria ZULTEVICZ	#6	King's College (F	15.72w	(3.0)	4/1
4		Kara BROWN	#2	Messiah	15.96w	(2.4)	4/13
5		Kristen WILLIAMS	#3	Stevens	16.05	(0.1)	3/30
6		Claire MILLER	#2	Messiah	16.18w	(2.4)	4/13
7		Liana MEYER	#3	Stevens	16.22	(1.2)	4/13
8		Giavanna INNAMORATI	#6	King's College (F	16.31	(0.6)	4/4
9		Sydni BELL	#5	Widener	16.32	(0.0)	4/8
10		Lauren FRITZSCH	#1	Misericordia	16.58	(0.6)	4/4

Women's 200 Meters

1	11	Laura MATHEWS	#3	Stevens	24.68	(-1.1)	3/30
2		Maria MUZZARELLI	#5	Widener	25.86	(0.0)	4/8
3		Halle JENNETT	#2	Messiah	25.95w	(2.2)	4/13
4		Darrian BERKHEIMER	#4	Lebanon Valley	26.06w	(4.0)	3/31
5		Abigail RADCLIFFE	#7	DeSales	26.37	(2.0)	4/13
6		Jasmine WILSON	#8	Stevenson	26.42	(-1.0)	3/30
7		Kate SMILOVIC	#11	Arcadia	26.71w	(2.5)	4/13
8		Jayla GORE	#5	Widener	26.75	(0.0)	4/8
9		Elena VARGAS	#2	Messiah	26.90	(0.6)	3/10
10		Lindsay BEDNAREK	#7	DeSales	27.00w	(2.5)	4/13

Women's 400 Meters

1		Sonialys BADILLO	#1	Misericordia	59.65		3/30
2		Kelly BARR	#5	Widener	59.79		4/8
3		Jasmine WILSON	#8	Stevenson	1:00.03		3/30
4		Darrian BERKHEIMER	#4	Lebanon Valley	1:00.06		4/5
5		Mia MARTINEZ	#8	Stevenson	1:00.27		3/24
6		Abigail RADCLIFFE	#7	DeSales	1:00.49		3/24
7		Maria MUZZARELLI	#5	Widener	1:00.58		3/30
8		Elena VARGAS	#2	Messiah	1:00.73		4/13
9		Emma GRAYBILL	#2	Messiah	1:01.44		3/30
10		Grace CURNOW	#11	Arcadia	1:01.47		3/30

Women's 400 Meter Hurdles

1	31	Sonialys BADILLO	#1	Misericordia	1:04.75		4/13
2	91	Payton MANN	#9	York (Pa.)	1:07.49		4/14
3		Elise DANIEL	#5	Widener	1:08.72		3/30
4		Lauren FRITZSCH	#1	Misericordia	1:08.90		3/30
5		Clara BENNER	#2	Messiah	1:09.93		3/30
6		Mia MARTINEZ	#8	Stevenson	1:09.97		3/30
7		Sarah DOUGHERTY	#16	FDU Florham	1:10.01		4/8
8		Alyssa PEIFFER	#4	Lebanon Valley	1:10.11		4/13
9		Jacqueline LULAJ	#3	Stevens	1:10.66		4/7
10		Claudia GROSS	#9	York (Pa.)	1:11.18		3/30

Women's 800 Meters

1	85	Lauren BUNKE	#4	Lebanon Valley	2:18.34		4/5
2	87	Nina BURDEN	#3	Stevens	2:18.36		3/30
3		Kristin GALLAGHER	#1	Misericordia	2:20.27		4/13
4		Katie ANTHONY	#2	Messiah	2:20.89		4/5
5		Katelyn BERNOTAS	#5	Widener	2:20.90		4/8
6		Katelyn SCHOENER	#10	Alvernia	2:21.72		4/14
7		Hailey SHREFFLER	#12	Eastern (Pa.)	2:21.82		3/31
8		Amelia SMITH	#7	DeSales	2:22.23		4/13
9		Alyssa NORI	#2	Messiah	2:22.37		3/30
10		Donna HOLT	#5	Widener	2:22.68		3/30

Women's 1500 Meters

1	78	Lauren BUNKE	#4	Lebanon Valley	4:43.04		4/14
2		Gabriella NYE	#5	Widener	4:45.15		4/14
3		Amelia SMITH	#7	DeSales	4:45.45		4/13
4		Katelyn SCHOENER	#10	Alvernia	4:47.16		4/14
5		Kate DICKOW	#2	Messiah	4:47.44		4/5
6		Isabelle PARDEW	#8	Stevenson	4:48.72		4/5
7		Katelyn BERNOTAS	#5	Widener	4:51.33		4/14
8		Jaden SWEELY	#5	Widener	4:53.09		4/14
9		Katie ANTHONY	#2	Messiah	4:54.69		4/13
10		Alexa THOMPSON	#1	Misericordia	4:55.84		4/14

Women's Steeplechase

1	39	Emily COONEY	#5	Widener	11:22.40		4/14
2		Haley ESTUS	#7	DeSales	12:01.49		3/24
3		Liz EGAN	#5	Widener	12:05.30		4/14
4		Alyssa BLACKMON	#15	Delaware Valley	12:28.13		4/7
5		Ali SCHUTTE	#2	Messiah	12:29.32		4/13
6		Julia JOHNSON	#6	King's College (F	12:38.43		4/1
7		Bre KAISER	#9	York (Pa.)	12:52.16		3/30
8		Mikaela MAJCHER	#6	King's College (F	12:55.62		4/1
9		Lindsay FRY	#9	York (Pa.)	13:00.64		3/30
10		Casey FRANZREB	#1	Misericordia	13:10.77		4/13



Conference TFRI Event Summary

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MAC

Women's 5000 Meters

1	31	Isabelle PARDEW	#8	Stevenson	17:15.59	4/14
2	58	Sarah DEVRIES	#1	Misericordia	17:35.88	4/14
3		Kate DICKOW	#2	Messiah	17:57.65	3/25
4		Lauren BUNKE	#4	Lebanon Valley	17:57.73	3/30
5		Cera GASTON	#10	Alvernia	18:05.78	4/14
6		Amelia SMITH	#7	DeSales	18:07.11	3/24
7		Grace GALLAGHER	#1	Misericordia	18:14.00	4/14
8		Katie ANTHONY	#2	Messiah	18:25.95	3/30
9		Coyla BARTHOLOMEW	#4	Lebanon Valley	18:29.97	3/30
10		Katherine JONES	#1	Misericordia	18:38.76	4/14

Women's 10,000 Meters

1	53	Abigail JAMES	#1	Misericordia	38:16.50	3/30
2	62	Isabelle PARDEW	#8	Stevenson	38:32.78	3/24
3	89	Katherine JONES	#1	Misericordia	39:26.36	3/30
4		Gabriella NYE	#5	Widener	40:44.99	3/30
5		Fionna FEERICK	#3	Stevens	41:02.55	3/30
6		Liz EGAN	#5	Widener	41:09.30	3/30
7		Anna DONNELLY	#4	Lebanon Valley	41:13.97	3/30
8		Connor COGGINS	#2	Messiah	41:23.28	3/30
9		Aylene NOY	#13	Hood	41:26.74	3/31
10		Emily COONEY	#5	Widener	41:36.64	3/30

Women's 4x100 Relay

1	60	Kathryn WIEDERRECHT, Abby MCMINN, Ellie LONGSHAW, Taylor WIEDERRECHT	#2	Messiah	49.32	4/13
2		Emily ORIEL, Darrian BERKHEIMER, Alyssa PEIFFER, Tori HUNYARA	#4	Lebanon Valley	50.56	3/31
3		Sarah ROSS, Savannah LYNCH, Emily HARRINGTON, Ellen KUZMA	#6	King's College (F	50.86	4/13
4		Maria MUZZARELLI, Jayla GORE, Olivia GIANNELLA, Kelly BARR	#5	Widener	51.42	4/15
5		Isabella BANKERT, Claudia GROSS, Payton MANN, Keziah BOYCE	#9	York (Pa.)	51.43	4/5
6		Al'iyah MCCLOUD, Akilah HOXTER, Jenna PHILIPPE, Shinelle FELIX	#10	Alvernia	52.34	4/15
7		Taisha CHARLES, Mackenzie DOVER, Eren TIGHE, Laurel GINGRICH	#14	Albright	52.62	4/1
8		Iiyana TAYLOR-SPARKS, Gloria CASTILLO, Chloe MCQUILLEN, Shayna HANCOCK	#13	Hood	53.09	4/14
9		Roxy ILIESCU, Emma Mae JONES, Paige MASONHEIMER, Gianna MALLEE	#11	Arcadia	53.38	4/13
10		Kelly HASTINGS, Catherine COUSE, Chante NEWMAN, Alysia JOSEPH	#15	Delaware Valley	53.65	4/13



Conference TFRI Event Summary

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MAC

Women's 4x400 Relay

1	86	Liana MEYER, Allie CANCIANI, Stephanie RYAZANOVA, Laura MATHEWS	#3 Stevens	4:010.00	4/7
2	98	Rebecca CROSLEY, Emma JOHNSEN, Brianna HESS, Ellissa SLADER	#2 Messiah	4:11.96	4/13
3		Sonialys BADILLO, Casey ALLEN, Amber HACKENBERG, Kristin GALLAGHER	#1 Misericordia	4:12.26	4/4
4		Jasmine WILSON, Hannah KEPLER, Skylia DAY, Mia MARTINEZ	#8 Stevenson	4:15.93	4/5
5		Grace CURNOW, Micah GORDLEY, Delaney MCGARRY, Kate SMILOVIC	#11 Arcadia	4:17.84	4/13
6		Lauren BUNKE, Coyla BARTHOLOMEW, Sierra KAPCSOS, Autumn GARGES	#4 Lebanon Valley	4:18.19	4/5
7		Sarah ROSS, Kailey ORZECOWSKI, Madde WNUKOWSKI, Tina WALKER	#6 King's College (F)	4:19.48	4/13
8		Katie KRUTZ, Jordan WAGNER, Kelsie NALDRETT, Rylee WINKELSPECHT	#9 York (Pa.)	4:26.17	4/13
9		Julie BARRETT, Elizabeth CHIDESTER, Abby DURBANO, Cassie HAGER	#7 DeSales	4:26.73	4/13
10		Alyssa DEVITA, Laurel GINGRICH, Taisha CHARLES, Eren TIGHE	#14 Albright	4:28.38	4/5

Women's High Jump

1	7	Casey ALLEN	#1 Misericordia	1.68m	5-6	4/4
2	37	Melena KOUTCH	#4 Lebanon Valley	1.60m	5-3	4/5
3		Madison ARMITAGE	#6 King's College (F)	1.52m	4-11¾	4/1
4		Caroline TIGHE	#3 Stevens	1.51m	4-11½	3/30
4		Maggie PREVIGLIAN	#3 Stevens	1.51m	4-11½	3/30
4		Kara BROWN	#2 Messiah	1.51m	4-11½	4/13
4		Allie CANCIANI	#3 Stevens	1.51m	4-11½	3/30
8		Carolina WEGMAN	#4 Lebanon Valley	1.50m	4-11	4/5
9		Morgan GLISTA	#11 Arcadia	1.49m	4-10½	4/7
10		Lauren FRITZSCH	#1 Misericordia	1.47m	4-9¾	4/4
10		Liana MEYER	#3 Stevens	1.47m	4-9¾	4/13

Women's Pole Vault

1	8	Julia PENA	#9 York (Pa.)	3.80m	12-5½	4/14
2	54	Emily ORIEL	#4 Lebanon Valley	3.42m	11-2½	4/13
3	92	Rachel SNAVELY	#4 Lebanon Valley	3.27m	10-8¾	4/13
3	92	Emma MELE	#7 DeSales	3.27m	10-8¾	4/13
5	99	Savannah STEGER	#5 Widener	3.25m	10-8	3/30
6		Aliza WHITE-VEGA	#12 Eastern (Pa.)	3.20m	10-6	4/8
7		Julia LAZO	#1 Misericordia	3.10m	10-2	4/4
7		Victoria ZULTEVICZ	#6 King's College (F)	3.10m	10-2	4/4
9		Paige CARPENTER	#12 Eastern (Pa.)	3.05m	10-0	3/25
10		Noelle CROWLEY	#2 Messiah	2.90m	9-6¼	3/25

Women's Long Jump

1	7	Shinelle FELIX	#10 Alvernia	5.71m	18-8¾ (0.0)	4/15
2	11	Julia PENA	#9 York (Pa.)	5.65m	18-6½ (-0.0)	3/30
3	92	Madelynn PERFILO	#6 King's College (F)	5.24m	17-2¼ (1.9)	4/15
3	92	Liana MEYER	#3 Stevens	5.24m	17-2¼ (-0.0)	4/13
5		Kaitlyn HESS	#8 Stevenson	5.11m	16-9¼ (0.0)	3/30
6		Sarah WAGNER	#1 Misericordia	5.04m	16-6½ (-1.0)	4/13
7		Gianna MALLEE	#11 Arcadia	5.03m	16-6 (-1.4)	4/13
8		Gabriella CONFORTI	#6 King's College (F)	4.97m	16-3¾ (0.7)	4/15
8		Mikailia DONMOYER	#7 DeSales	4.97m	16-3¾ (-0.0)	4/1
10		Megan BRUBAKER	#7 DeSales	4.95m	16-3 (-1.4)	4/13

Women's Triple Jump

1	36	Gabriella CONFORTI	#6 King's College (F)	11.31m	37-1¼ (1.9)	4/15
2	83	Kristen WILLIAMS	#3 Stevens	10.89m	35-8¾ (0.4)	3/30
3		Elena VARGAS	#2 Messiah	10.74m	35-3 (2.2)	3/10
4		Jill OLEWINE	#1 Misericordia	10.67m	35-¼ (-0.1)	3/30
5		Kaitlyn HESS	#8 Stevenson	10.56m	34-7¾ (0.5)	3/30
6		Divora BEKELE	#12 Eastern (Pa.)	10.47m	34-4¼ (2.8)	3/18
7		Megan BRUBAKER	#7 DeSales	10.39m	34-1¼ (0.0)	4/13
8		Madelynn PERFILO	#6 King's College (F)	10.21m	33-6 (2.6)	4/15
9		Ella SANTORO	#3 Stevens	10.16m	33-4 (0.1)	3/30
10		Mikailia DONMOYER	#7 DeSales	10.08m	33-1 (-2.7)	4/1

Women's Shot Put

1	44	Brenna KARNISH	#1 Misericordia	12.72m	41-8¾	3/30
2		Brandy VARNER	#6 King's College (F)	11.97m	39-3¼	4/4
3		Kyrarh AGBEMBLE	#8 Stevenson	11.94m	39-2¼	3/24
4		AnaMaria LACCETTI	#3 Stevens	11.57m	37-11½	4/7
5		Adele HOLLANDER	#6 King's College (F)	11.25m	36-11	4/15
6		Lauren ASSANTE	#4 Lebanon Valley	10.93m	35-10½	4/13
7		Caroline REED	#4 Lebanon Valley	10.91m	35-9½	4/5
8		Alyssa BETZ	#4 Lebanon Valley	10.49m	34-5	4/13
9		Makayla VAUGHNS	#8 Stevenson	10.48m	34-4¾	4/13
10		Delaney HILFERTY	#15 Delaware Valley	10.37m	34-¼	3/30



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MAC

Women's Discus

1	5	Isabelle MECKES	#7	DeSales	44.81m	147-0	3/24
2	76	Makenze SPENCE	#4	Lebanon Valley	38.84m	127-5	4/5
3	84	Ashley MULIAWAN	#3	Stevens	38.54m	126-6	4/15
4	92	Brenna KARNISH	#1	Misericordia	38.33m	125-9	3/30
5		Brandy VARNER	#6	King's College (F	38.01m	124-9	4/15
6		AnaMaria LACCETTI	#3	Stevens	37.57m	123-3	4/15
7		Alyssa BETZ	#4	Lebanon Valley	36.36m	119-4	4/5
8		Alexis HAWLEY	#1	Misericordia	35.21m	115-6	4/13
9		Sofia HARNOIS	#9	York (Pa.)	34.13m	112-0	3/30
10		Isabel RODRIGUEZ	#5	Widener	33.52m	110-0	4/8

Women's Hammer

1	8	Brenna KARNISH	#1	Misericordia	54.07m	177-5	3/30
2	64	AnaMaria LACCETTI	#3	Stevens	46.73m	153-4	4/7
3	72	Isabel RODRIGUEZ	#5	Widener	46.43m	152-4	4/15
4	84	Ashley BARTELS	#4	Lebanon Valley	45.89m	150-7	3/25
5		Anna BELLUCCI	#6	King's College (F	43.75m	143-7	4/15
6		Katelyn SHOEMAKER	#6	King's College (F	43.62m	143-2	4/15
7		Taileen ZECHMAN	#13	Hood	41.11m	134-11	4/8
8		Lauren ASSANTE	#4	Lebanon Valley	40.80m	133-10	4/5
9		Adele HOLLANDER	#6	King's College (F	40.21m	131-11	3/24
10		Makayla VAUGHNS	#8	Stevenson	40.10m	131-7	4/5

Women's Javelin

1	7	Alexandra SNYDER	#1	Misericordia	42.35m	139-0	4/4
2	24	Valerie BADGER	#1	Misericordia	39.26m	128-10	4/4
3	56	Katelyn SHOEMAKER	#6	King's College (F	36.87m	121-0	3/24
4		Ruby RAMSEY	#2	Messiah	34.70m	113-10	4/13
5		Morgan STOVER	#1	Misericordia	34.37m	112-9	4/4
6		Brynn GAUGLER	#2	Messiah	34.31m	112-7	4/5
7		Zoe MYERS	#9	York (Pa.)	34.26m	112-5	4/5
8		Ashley BARTELS	#4	Lebanon Valley	33.71m	110-7	4/13
9		Kaitlyn SNYDER	#4	Lebanon Valley	33.51m	109-11	3/25
10		Taileen ZECHMAN	#13	Hood	33.40m	109-7	4/8

Women's Heptathlon

1	19	Liana MEYER	#3	Stevens	4,177	4/13
2	49	Nathalie HAMLEN	#2	Messiah	3,381	4/13
3	85	Morgan GLISTA	#11	Arcadia	2,677	4/7
4	91	Carolina WEGMAN	#4	Lebanon Valley	2,453	4/13
5	95	Nicole OSEI	#8	Stevenson	2,354	4/13



Conference TFRI Event Summary

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MASCAC

Women's 100 Meters

1	60	Alison MCDONOUGH	#2	Bridgewater Sta	12.32	(0.6)	4/14
2	82	Jailene ESCALERA	#2	Bridgewater Sta	12.44	(0.6)	4/14
3		Paige MORONEY	#1	Westfield State	12.61w	(3.1)	3/26
4		Elena PELLEGRINI	#5	Worcester State	13.14	(-0.8)	4/8
5		Maeve GROSSCHEDL	#2	Bridgewater Sta	13.16	(1.0)	4/14
6		Maureen GRADY	#5	Worcester State	13.32	(0.7)	4/8
7		Emily OTTOMANIELLO	#1	Westfield State	13.37	(1.8)	3/26
8		Hailey KILROY	#2	Bridgewater Sta	13.85	(0.4)	4/8
9		Eryca LOPES	#5	Worcester State	14.12	(-0.8)	4/8
9		Mackenzie BURGOYNE	#1	Westfield State	14.12w	(2.8)	3/26

Women's 100 Meter Hurdles

1	14	Alison MCDONOUGH	#2	Bridgewater Sta	14.46	(0.3)	4/8
2	85	Serenity SANDS	#2	Bridgewater Sta	15.39	(1.5)	4/8
3		Makany CAMARA	#4	Fitchburg State	15.79	(1.0)	4/14
4		Vicky MARIN	#1	Westfield State	15.92	(0.4)	4/15
5		Erin DONELAN	#4	Fitchburg State	19.01	(0.8)	4/14
6		Bridgette BORIOLO	#6	Massachusetts M	20.20	(0.0)	4/6

Women's 200 Meters

1	49	Jailene ESCALERA	#2	Bridgewater Sta	25.29	(2.0)	4/8
2		Kiara ABRANTES	#2	Bridgewater Sta	26.15	(2.0)	4/8
3		Paige MORONEY	#1	Westfield State	26.25	(-0.7)	4/15
4		Elena PELLEGRINI	#5	Worcester State	27.19	(0.2)	4/8
5		Maeve GROSSCHEDL	#2	Bridgewater Sta	27.31	(1.2)	4/14
6		Lily MARRA	#2	Bridgewater Sta	27.95	(0.0)	3/25
7		Eliza LEE	#1	Westfield State	28.20w	(2.9)	4/8
8		Lindsey GOLDEN	#2	Bridgewater Sta	28.27	(0.0)	3/25
9		Emily OTTOMANIELLO	#1	Westfield State	28.35	(2.0)	4/8
10		Erin CONDON	#5	Worcester State	28.78	(0.4)	3/25

Women's 400 Meters

1	74	Kiara ABRANTES	#2	Bridgewater Sta	59.02		4/14
2		Lily MARRA	#2	Bridgewater Sta	1:01.85		4/8
3		Eliza LEE	#1	Westfield State	1:02.43		4/15
4		Bridget MAUNSELL	#5	Worcester State	1:02.91		4/8
5		Heather TURNER	#5	Worcester State	1:04.16		4/8
6		Alyssa GRIECO	#6	Massachusetts M	1:04.34		4/6
7		Lindsey GOLDEN	#2	Bridgewater Sta	1:05.77		4/8
8		Elizabeth DYKSTRA	#3	Framingham Sta	1:06.27		4/6
9		Erin CONDON	#5	Worcester State	1:07.23		3/25
10		Savannah CAMPBELL	#1	Westfield State	1:07.69		4/8

Women's 400 Meter Hurdles

1	87	Alyssa GRIECO	#6	Massachusetts M	1:07.45		4/14
2		Vicky MARIN	#1	Westfield State	1:13.05		4/15
3		Savannah CAMPBELL	#1	Westfield State	1:13.92		4/15
4		Erin CONDON	#5	Worcester State	1:15.18		4/8
5		Bridgette BORIOLO	#6	Massachusetts M	1:23.05		4/14
6		Courtney BROUILLET	#4	Fitchburg State	1:25.03		4/14
7		Trinity HANSEN	#4	Fitchburg State	1:25.50		4/8
8		Erin DONELAN	#4	Fitchburg State	1:33.28		4/1

Women's 800 Meters

1		Emily NEWCOMB	#3	Framingham Sta	2:28.46		4/6
2		Brynne LECOURS	#1	Westfield State	2:29.42		4/15
3		Abby MURPHY	#4	Fitchburg State	2:30.08		4/8
4		Nicole MAJOR	#2	Bridgewater Sta	2:31.00		4/14
5		Skye GOBA	#4	Fitchburg State	2:32.09		4/14
6		Allison RAPOSO	#2	Bridgewater Sta	2:33.89		4/14
7		Ariann LECOURS	#1	Westfield State	2:36.75		4/8
8		Rayna CONSIGLIO	#1	Westfield State	2:37.43		4/15
9		Alyssa GRIECO	#6	Massachusetts M	2:37.80		4/1
10		Madison ELLIS	#2	Bridgewater Sta	2:37.97		4/8

Women's 1500 Meters

1		Mia MCDONALD	#1	Westfield State	5:02.65		4/15
2		Molly KENNEDY	#1	Westfield State	5:03.17		4/15
3		Shea HAMEL	#1	Westfield State	5:03.81		4/15
4		Abby MURPHY	#4	Fitchburg State	5:03.91		3/25
5		Naomi CASS	#2	Bridgewater Sta	5:05.28		4/14
6		Ariann LECOURS	#1	Westfield State	5:08.10		4/15
7		Emily NEWCOMB	#3	Framingham Sta	5:09.97		3/25
8		Brynne LECOURS	#1	Westfield State	5:11.31		3/26
9		Skye GOBA	#4	Fitchburg State	5:13.98		3/25
10		Casey MCAULIFFE	#3	Framingham Sta	5:17.83		4/6

Women's Steeplechase

1		Mia MCDONALD	#1	Westfield State	12:31.41		4/1
2		Emily NEWCOMB	#3	Framingham Sta	12:48.64		4/8
3		Lilah MCANDREW	#4	Fitchburg State	13:12.20		4/14
4		Kammarie PELLAND	#3	Framingham Sta	14:03.32		4/8
5		Courtney BROUILLET	#4	Fitchburg State	16:17.42		4/8

Women's 5000 Meters

1		Mia MCDONALD	#1	Westfield State	18:29.80		4/8
2		Shea HAMEL	#1	Westfield State	18:38.36		4/8
3		Molly KENNEDY	#1	Westfield State	19:18.04		4/8
4		Lily VALCOVIC	#2	Bridgewater Sta	19:40.92		4/14
5		Grace POPLAWSKI	#1	Westfield State	19:47.81		4/8
6		Ariann LECOURS	#1	Westfield State	20:10.66		4/1
7		Maura BRUNS	#2	Bridgewater Sta	20:12.57		3/25
8		Rebecca PATEL	#1	Westfield State	20:19.64		4/15
9		Casey MCAULIFFE	#3	Framingham Sta	20:44.43		4/1
10		Olivia POOLE	#3	Framingham Sta	20:55.72		3/25



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MASCAC

Women's 10,000 Meters

1	Mia McDONALD	#1	Westfield State	40:32.27	3/26
2	Maura BRUNS	#2	Bridgewater Sta	40:55.33	4/8
3	Grace POPLAWSKI	#1	Westfield State	41:49.56	4/1
4	Rebecca PATEL	#1	Westfield State	42:44.31	4/1
5	Casey MCAULIFFE	#3	Framingham Sta	43:23.89	4/8
6	Camille CARVALHO	#3	Framingham Sta	44:06.99	4/8
7	Olivia POOLE	#3	Framingham Sta	44:28.61	4/8
8	Amanda BEDARD	#3	Framingham Sta	45:59.69	4/8
9	Caitlin CONNEELY	#5	Worcester State	46:12.04	4/8
10	Sophie GEREMIA	#4	Fitchburg State	49:28.80	4/8

Women's 4x100 Relay

1	55 Allison RAPOSO, Kate BROWN, Naomi CASS, Ana IMRIE	#2	Bridgewater Sta	49.24	4/1
2	Maureen GRADY, Heather TURNER, Elena PELLEGRINI, Bridget MAUNSELL	#5	Worcester State	50.30	4/8
3	Mackenzie BURGOYNE, Paige MORONEY, Eliza LEE, Emily OTTOMANIELLO	#1	Westfield State	51.74	4/15
4	Makany CAMARA, Shamy BOULWARE MCKNIG, Jenna AUBUCHON, Lizzy READ	#4	Fitchburg State	56.17	4/14
5	Becca MORRIS, Brooke FENTON, Lydia MANUROWSKI, Elizabeth DYKSTRA	#3	Framingham Sta	56.20	3/25

Women's 4x400 Relay

1	Heather TURNER, Elena PELLEGRINI, Bridget MAUNSELL, Erin CONDON	#5	Worcester State	4:19.33	4/8
2	Kiara ABRANTES, Lily MARRA, Lindsey GOLDEN, Allison RAPOSO	#2	Bridgewater Sta	4:20.95	4/14
3	Paige MORONEY, Savannah CAMPBELL, Mackenzie BURGOYNE, Eliza LEE	#1	Westfield State	4:28.42	4/8
4	Leah CHACE, Brooke FENTON, Kelsey GENDREAU, Lydia MANUROWSKI	#3	Framingham Sta	4:59.18	4/6

Women's High Jump

1	2 Abigail PETERSON	#2	Bridgewater Sta	1.70m	5-7	3/25
2	14 Serenity SANDS	#2	Bridgewater Sta	1.65m	5-5	3/25
3	37 Makany CAMARA	#4	Fitchburg State	1.60m	5-3	4/8
4	93 Juliana PATRONE	#2	Bridgewater Sta	1.55m	5-1	3/25
5	Vicky MARIN	#1	Westfield State	1.53m	5-1/4	3/26
6	Emily OTTOMANIELLO	#1	Westfield State	1.48m	4-10 1/4	3/26

Women's Long Jump

1	Alison MCDONOUGH	#2	Bridgewater Sta	5.18m	17-0 (0.0)	4/14
2	Alexa WILSON	#2	Bridgewater Sta	5.12m	16-9 3/4 (0.0)	4/8
3	Vicky MARIN	#1	Westfield State	5.09m	16-8 1/2 (0.0)	4/15
4	Eliza LEE	#1	Westfield State	5.04m	16-6 1/2 (0.3)	4/15
5	Jailene ESCALERA	#2	Bridgewater Sta	4.98mw	16-4 1/2 (2.1)	3/25
6	Emily OTTOMANIELLO	#1	Westfield State	4.81mw	15-9 1/2 (2.3)	3/26
7	Tristen GOMES	#2	Bridgewater Sta	4.79m	15-8 3/4 (0.0)	4/1
8	Maureen GRADY	#5	Worcester State	4.71m	15-5 1/2 (1.4)	4/8
9	Avonia HERBERT	#5	Worcester State	4.60m	15-1 1/4 (0.6)	4/8
10	Hailey KILROY	#2	Bridgewater Sta	4.47m	14-8 (1.6)	3/25

Women's Triple Jump

1	93 Tristen GOMES	#2	Bridgewater Sta	10.83mw	35-6 1/2 (2.8)	4/8
2	Eliza LEE	#1	Westfield State	10.74m	35-3 (0.3)	4/15
3	Vicky MARIN	#1	Westfield State	10.68m	35-1 1/2 (1.4)	4/15
4	Avonia HERBERT	#5	Worcester State	10.56m	34-7 3/4 (-0.)	4/8
5	Alexa WILSON	#2	Bridgewater Sta	10.29m	33-9 1/4 (0.1)	4/8
6	Eryca LOPES	#5	Worcester State	9.87m	32-4 3/4 (1.7)	4/8
7	Bridgette BORIOLO	#6	Massachusetts B	9.51m	31-2 1/2 (1.5)	4/14
8	Emily OTTOMANIELLO	#1	Westfield State	9.47m	31-1 (0.2)	4/15
9	Lydia MANUROWSKI	#3	Framingham Sta	9.11m	29-10 3/4 (0.)	3/25
10	Emily RUSSO	#4	Fitchburg State	8.88m	29-1 3/4 (0.8)	3/25

Women's Shot Put

1	Ephemian BAILEY	#4	Fitchburg State	11.51m	37-9 1/4	4/14
2	Kaylee BECK	#3	Framingham Sta	10.62m	34-10 1/4	4/8
3	Ashley GARVEY	#2	Bridgewater Sta	10.18m	33-4 3/4	4/8
4	Alyssa CAPUTO	#3	Framingham Sta	9.60m	31-6	4/6
5	Olivia KEPHART	#4	Fitchburg State	8.68m	28-5 3/4	3/25
6	Antonia SACRAMONE	#4	Fitchburg State	8.46m	27-9 1/4	4/8
7	Olivia PELLEGRINO	#1	Westfield State	8.18m	26-10	4/15
8	Charlie KATZ	#2	Bridgewater Sta	8.12m	26-7 3/4	4/8
9	Cassie ISRAELSON	#4	Fitchburg State	8.01m	26-3 1/2	3/25
10	Mackenzie BURGOYNE	#1	Westfield State	7.92m	26-0	4/15



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Women's Discus

1	82	Ephemian BAILEY	#4	Fitchburg State	38.59m	126-7	4/14
2		Alyssa CAPUTO	#3	Framingham State	36.32m	119-2	4/6
3		Ashley GARVEY	#2	Bridgewater State	33.71m	110-7	4/8
4		Kaylee BECK	#3	Framingham State	27.68m	90-9¾	4/6
5		Bella KONDI	#3	Framingham State	23.97m	78-7¾	3/25
6		Charlie KATZ	#2	Bridgewater State	22.53m	73-11	4/8
7		Cassie ISRAELSON	#4	Fitchburg State	22.29m	73-1¾	4/14
8		Olivia KEPHART	#4	Fitchburg State	22.25m	73-0	3/25
9		Olivia PELLEGRINO	#1	Westfield State	21.74m	71-4	4/15
10		Jennier VERILLI	#6	Massachusetts Maritime	20.98m	68-10	4/14

Women's Hammer

1		Ashley GARVEY	#2	Bridgewater State	39.58m	129-10	4/8
2		Kaylee BECK	#3	Framingham State	35.82m	117-6	3/25
3		Alyssa CAPUTO	#3	Framingham State	34.50m	113-2	4/1
4		Charlie KATZ	#2	Bridgewater State	32.06m	105-2	4/8
5		Olivia KEPHART	#4	Fitchburg State	28.60m	93-10	4/8
6		Arianna CONSTANT	#5	Worcester State	28.53m	93-7¼	4/8
7		Ephemian BAILEY	#4	Fitchburg State	24.98m	81-11½	4/14
8		Sydney SAWYER	#6	Massachusetts Maritime	24.68m	80-11¾	4/8
9		Cassie ISRAELSON	#4	Fitchburg State	19.39m	63-7½	4/8
10		Mollie PIMENTEL	#3	Framingham State	17.84m	58-6½	4/6

Women's Javelin

1	9	Riley SANDERSON	#5	Worcester State	41.84m	137-3	3/25
2		Lizzy READ	#4	Fitchburg State	30.60m	100-5	4/14
3		Arianna CONSTANT	#5	Worcester State	29.40m	96-5½	4/8
4		Hailey KILROY	#2	Bridgewater State	28.12m	92-3¼	3/25
5		Kammarie PELLAND	#3	Framingham State	27.85m	91-4½	4/6
6		Brooke FENTON	#3	Framingham State	26.07m	85-6½	4/6
7		Sydney SAWYER	#6	Massachusetts Maritime	25.67m	84-2¾	4/6
8		Vicky MARIN	#1	Westfield State	23.93m	78-6¼	4/1
9		Emily OTTOMANIELLO	#1	Westfield State	23.79m	78-¾	4/15
10		Lauren HUNTER	#3	Framingham State	23.60m	77-5¼	4/1



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Women's 100 Meters

1	34	Sara SCHERMERHORN	#1	Hope	12.17	(1.4)	3/17
2	51	Avery CAMPBELL	#4	Albion	12.27	(1.3)	4/13
3	82	Mackenzie MILLER	#2	Trine	12.44w	(2.8)	4/15
4		Grace BEHRENS	#1	Hope	12.69	(1.8)	3/24
5		Kaleigh MACHINO	#2	Trine	12.83w	(2.9)	4/15
6		Helen DODGE	#1	Hope	12.85w	(2.9)	3/17
7		Onyinyechi IHEME	#3	Calvin	12.97w	(2.6)	3/31
8		Malena RICKS	#2	Trine	12.98w	(2.8)	4/15
9		Ava SCHMIDT	#1	Hope	13.10w	(2.5)	3/24
10		Lauren MCDOWELL	#4	Albion	13.17w	(2.3)	4/13

Women's 100 Meter Hurdles

1	60	Nayaisha EDMOND	#4	Albion	15.13	(1.2)	4/13
2		Brynn MERICLE	#2	Trine	15.93	(-0.9)	3/24
3		Mia DEJONGE	#3	Calvin	15.95	(0.6)	4/14
4		Andrea TAGHON	#5	Alma	16.26w	(3.2)	3/31
5		Emily NORKOWSKI	#7	Olivet	16.27	(1.5)	4/14
6		Helena SNYDER	#5	Alma	16.44	(0.6)	4/14
7		Colette ASKINS	#4	Albion	16.69	(-0.3)	4/7
8		Allison WICHERT	#5	Alma	16.90	(0.6)	4/14
9		Adrianne JACKSON	#2	Trine	16.95	(0.8)	4/7
10		Kristin BAKER	#2	Trine	17.10	(0.8)	4/7

Women's 200 Meters

1	15	Sara SCHERMERHORN	#1	Hope	24.81	(0.2)	4/7
2	29	Avery CAMPBELL	#4	Albion	25.11w	(3.2)	4/13
3		Grace BEHRENS	#1	Hope	25.80	(0.2)	4/7
4		Ericka BIGHAM	#5	Alma	25.91	(0.1)	4/14
5		Mackenzie MILLER	#2	Trine	26.10w	(2.2)	4/15
6		Helen DODGE	#1	Hope	26.30	(0.1)	4/14
7		Julie TIMPERMAN	#1	Hope	26.48	(1.5)	4/7
8		Nayaisha EDMOND	#4	Albion	26.66w	(3.2)	4/13
9		Kaleigh MACHINO	#2	Trine	26.85w	(2.2)	4/15
10		Brynn MERICLE	#2	Trine	27.26w	(2.7)	4/15

Women's 400 Meters

1	20	Ericka BIGHAM	#5	Alma	57.37		4/14
2	38	Grace BEHRENS	#1	Hope	58.20		4/14
3	46	Avery CAMPBELL	#4	Albion	58.37		4/7
4		Julie TIMPERMAN	#1	Hope	1:00.53		4/14
5		Delaney SALL	#3	Calvin	1:00.83		4/7
6		Lily CONNELLY	#7	Olivet	1:01.16		4/14
7		Katie GEORGES	#3	Calvin	1:01.21		4/7
8		Trinity KOLKA	#3	Calvin	1:01.47		4/7
9		London ELDRIDGE	#7	Olivet	1:02.65		4/14
10		Samantha SCHERMERHORN	#1	Hope	1:03.11		4/14

Women's 400 Meter Hurdles

1	68	Brynn MERICLE	#2	Trine	1:06.76		4/7
2	80	Adrianne JACKSON	#2	Trine	1:07.21		4/7
3	81	Andrea TAGHON	#5	Alma	1:07.30		4/7
4	95	London ELDRIDGE	#7	Olivet	1:07.64		4/7
5		Mia DEJONGE	#3	Calvin	1:08.18		4/14
6		Aumrie WEISS	#2	Trine	1:10.20		4/7
7		Colette ASKINS	#4	Albion	1:10.42		4/7
8		Kristin BAKER	#2	Trine	1:10.94		3/31
9		Elliana JOHNSON	#1	Hope	1:11.47		4/14
10		Allison WICHERT	#5	Alma	1:14.02		4/7

Women's 800 Meters

1	88	Ellie JANKOWSKI	#1	Hope	2:18.44		3/24
2	93	Delaney SALL	#3	Calvin	2:18.55		4/1
3		Brianna MEDCALF	#2	Trine	2:19.17		4/15
4		Jenna ALLMAN	#3	Calvin	2:20.46		4/14
5		Samantha SCHERMERHORN	#1	Hope	2:20.58		3/24
6		Olivia QUILLEN	#1	Hope	2:20.62		3/24
7		Madison STERN	#1	Hope	2:20.87		4/7
8		Erin MORAN	#1	Hope	2:21.47		4/14
9		Emme KOUTZ	#6	Adrian	2:22.56		4/7
10		Maddy STRUCK	#1	Hope	2:22.78		3/24

Women's 1500 Meters

1	94	Ellie JANKOWSKI	#1	Hope	4:44.77		3/24
2		Lydia RANDOLPH	#2	Trine	4:45.05		4/7
3		Jenna ALLMAN	#3	Calvin	4:46.47		4/14
4		Olivia QUILLEN	#1	Hope	4:49.00		3/24
5		Megan MCCULLOCH	#4	Albion	4:49.06		4/7
6		Ana PARKER	#2	Trine	4:50.86		4/15
7		Maddy STRUCK	#1	Hope	4:51.99		3/24
8		Emme KOUTZ	#6	Adrian	4:53.12		4/7
9		Natalie TEBBEN	#3	Calvin	4:53.84		4/14
10		Madison STERN	#1	Hope	4:54.05		4/14

Women's Steeplechase

1	25	Jenna ALLMAN	#3	Calvin	11:08.32		4/1
2	51	Samantha BIETH	#4	Albion	11:31.59		4/14
3	73	Brynne WINIARSKI	#3	Calvin	11:43.10		4/1
4	89	Maddy STRUCK	#1	Hope	11:54.52		3/17
5		Natalie TEBBEN	#3	Calvin	12:00.00		4/1
6		Sophie BULL	#3	Calvin	12:02.64		3/31
7		Catherine KORTMAN	#3	Calvin	12:15.84		3/31
8		Kennedy KUHLMANN	#1	Hope	12:19.66		3/17
9		Abbey PETERS	#7	Olivet	12:32.98		3/24
10		Laura TAYLOR	#1	Hope	12:33.11		3/17



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Women's 5000 Meters

1	16	Megan MCCULLOCH	#4 Albion	17:01.89	4/1
2	83	Anna MASON	#1 Hope	17:45.77	4/14
3	99	Maddy STRUCK	#1 Hope	17:52.08	4/14
4		Lydia RANDOLPH	#2 Trine	17:54.07	3/31
5		Rebecca MARKHAM	#1 Hope	17:59.50	4/14
6		Olivia QUILLEN	#1 Hope	18:09.67	4/14
7		Brianna MEDCALF	#2 Trine	18:11.27	4/7
8		Ana PARKER	#2 Trine	18:20.84	4/7
9		Brynne WINIARSKI	#3 Calvin	18:28.82	4/14
10		Emme KOUTZ	#6 Adrian	18:43.67	4/14

Women's 10,000 Meters

1	3	Anastasia TUCKER	#1 Hope	34:24.97	3/23
2	16	Megan MCCULLOCH	#4 Albion	36:11.27	4/14
3	17	Sienna RUITER-DIAZ	#3 Calvin	36:20.49	4/1
4		Janie DEGROOT	#1 Hope	40:04.37	3/17
5		Ellie CODERRE	#1 Hope	40:32.13	3/17
6		Claire VELLINGA	#1 Hope	43:44.47	3/17
7		Hannah PARKER	#2 Trine	44:15.05	4/15

Women's 4x100 Relay

1	15	Ava SCHMIDT, Grace BEHRENS, Helen DODGE, Sara SCHERMERHORN	#1 Hope	47.82	4/14
2	69	Nayaisha EDMOND, Lauren MCDOWELL, Colette ASKINS, Avery CAMPBELL	#4 Albion	49.51	4/7
3	89	Mackenzie MILLER, Emma FORKER, Kaleigh MACHINO, Malena RICKS	#2 Trine	49.98	4/7
4		Ericka BIGHAM, Andrea TAGHON, Victoria GOTAAS, Helena SNYDER	#5 Alma	51.92	4/7
5		Amanda MATHEWS, Emily PETERSON, Rylea MOUGRABI, Isabelle SALAZAR	#6 Adrian	51.93	4/14
6		Natalia JOHNSON, London ELDRIDGE, Gabby JOLLIFF, Alexandra DEVAULT	#7 Olivet	53.58	4/7

Women's 4x400 Relay

1	9	Julie TIMPERMAN, Sara SCHERMERHORN, Erin MORAN, Grace BEHRENS	#1 Hope	3:56.93	4/14
2	88	Ericka BIGHAM, Andrea TAGHON, Victoria GOTAAS, Cornelia GOTAAS	#5 Alma	4:10.38	4/14
3	10	Katie GEORGES, Mia DEJONGE, Trinity KOLKA, Delaney SALL	#3 Calvin	4:12.10	4/7
4		Kristin BAKER, Adrianne JACKSON, Brynn MERICLE, Aumrie WEISS	#2 Trine	4:16.03	4/7
5		London ELDRIDGE, Lily CONNELLY, Allyson STEVENS, Tonya TEPIN	#7 Olivet	4:16.75	4/7
6		Zyana VEA, Olivia DUNSCOMBE, Abigail RAFTIS, Emme KOUTZ	#6 Adrian	4:26.72	4/7
7		Samantha BIETH, Megan MCCULLOCH, Bianca WIEGERINK, Serena ARNOLD	#4 Albion	4:41.77	4/7

Women's High Jump

1	29	Cailey BEAUDOIN	#6 Adrian	1.62m	5-3¾	4/14
2	37	Allison SCHRAM	#1 Hope	1.60m	5-3	4/14
2	37	Helena SNYDER	#5 Alma	1.60m	5-3	3/31
4	70	Ciara HESLET	#6 Adrian	1.57m	5-1¾	4/14
5	93	Natalie CHRISTNAGEL	#1 Hope	1.55m	5-1	3/24
6		Brooklynn RETTIG	#2 Trine	1.54m	5-½	4/7
7		Gabby JOLLIFF	#7 Olivet	1.50m	4-11	4/7
8		Reagan KEYSER	#5 Alma	1.47m	4-9¾	4/14
9		Elena WELKER	#4 Albion	1.45m	4-9	3/24
9		Aerin BAKER	#3 Calvin	1.45m	4-9	4/7
9		Daniah BEAVERS	#4 Albion	1.45m	4-9	3/24

Women's Pole Vault

1	55	Gabby JOLLIFF	#7 Olivet	3.40m	11-1¾	4/14
2		Morgan MOSLOW	#2 Trine	3.20m	10-6	3/31
3		Avery BOYCE	#2 Trine	3.15m	10-4	4/15
3		Katie SEINEN	#3 Calvin	3.15m	10-4	4/7
5		Mya SCOTT	#5 Alma	3.11m	10-2½	4/7
6		Megan LARGE	#2 Trine	3.00m	9-10	4/15
7		Kyria GOWMAN	#1 Hope	2.90m	9-6¼	4/14
7		Bella CHARRON	#3 Calvin	2.90m	9-6¼	4/14
9		Laura ROBOTHAM	#3 Calvin	2.85m	9-4¼	4/7
10		Sarah STONE	#4 Albion	2.75m	9-¼	3/3



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Women's Long Jump

1	59	Lauren MCDOWELL	#4 Albion	5.39m	17-8¼ (0.5)	3/3
2	63	Emma FORKER	#2 Trine	5.38m	17-8 (0.0)	4/7
3		Onyinyechi IHEME	#3 Calvin	5.02m	16-5¾ (-2.0)	4/14
4		Katelyn DEJONG	#3 Calvin	5.00m	16-5 (-0.4)	4/14
5		Peyton SMITH	#4 Albion	4.98m	16-4¼ (1.3)	4/7
6		Helen DODGE	#1 Hope	4.89m	16-½ (1.6)	3/24
7		Emily NORKOWSKI	#7 Olivet	4.85m	15-11 (1.1)	4/7
8		Elliana JOHNSON	#1 Hope	4.81m	15-9½ (2.0)	3/24
9		Becca ROSS	#4 Albion	4.80m	15-9 (-0.9)	4/7
10		Taylor NOVOTNY	#1 Hope	4.78m	15-8¼ (1.4)	4/14

Women's Triple Jump

1		Peyton SMITH	#4 Albion	10.36m	34-0 (1.2)	4/7
2		Jessye VANDEN AKKER	#3 Calvin	10.32m	33-10¼ (0.0)	4/14
3		Katelyn DEJONG	#3 Calvin	10.21m	33-6 (-1.6)	4/7
4		Elliana JOHNSON	#1 Hope	10.10mw	33-1¾ (2.1)	4/14
5		Emily NORKOWSKI	#7 Olivet	10.03m	32-11 (-0.4)	4/7
6		Aerin BAKER	#3 Calvin	9.74m	31-11½ (-2.0)	4/7
7		Taylor NOVOTNY	#1 Hope	9.46m	31-½ (1.3)	4/14
8		Allison SCHRAM	#1 Hope	9.43m	30-11¼ (0.0)	3/24
9		Amanda MATHEWS	#6 Adrian	9.32m	30-7 (-0.9)	4/7
10		Kyria GOWMAN	#1 Hope	9.20mw	30-2¼ (2.1)	4/14

Women's Shot Put

1	11	Ryann ROHRER	#3 Calvin	13.71m	44-11¾	4/14
2	38	Tess ANTHONY	#4 Albion	12.84m	42-1½	4/13
3	50	Greta ROBRAHN	#1 Hope	12.61m	41-4½	4/14
4		Karen BEKHET	#3 Calvin	11.94m	39-2¼	4/14
5		Madelyn SUMMERS	#2 Trine	11.83m	38-9¾	3/24
6		Chloe BARD	#2 Trine	11.70m	38-4¾	3/24
7		Elisabeth STROTMAN	#1 Hope	11.61m	38-1¼	4/7
8		Kamryn BICE	#1 Hope	11.57m	37-11½	3/24
9		Bryanna CAREY	#6 Adrian	11.07m	36-4	4/7
10		Daniah BEAVERS	#4 Albion	10.99m	36-¾	4/13

Women's Discus

1	51	Karen BEKHET	#3 Calvin	39.92m	131-0	4/7
2	83	Greta ROBRAHN	#1 Hope	38.57m	126-7	3/24
3	99	Ryann ROHRER	#3 Calvin	38.20m	125-4	3/31
4		Tess ANTHONY	#4 Albion	37.98m	124-7	3/24
5		Abby SANNER	#2 Trine	37.20m	122-1	3/25
6		Olivia VANDE VEGTE	#3 Calvin	37.11m	121-9	4/7
7		Kamryn BICE	#1 Hope	36.50m	119-9	3/24
8		Ashley SANTO	#7 Olivet	36.37m	119-4	4/7
9		Lindsey KOSSICK	#3 Calvin	36.06m	118-4	4/7
10		Chloe BARD	#2 Trine	35.51m	116-6	4/15

Women's Hammer

1	73	Madelyn SUMMERS	#2 Trine	46.39m	152-3	4/15
2	LE+0:	Tess ANTHONY	#4 Albion	45.11m	148-0	4/13
3		Ashley SANTO	#7 Olivet	41.60m	136-6	3/24
4		Emma ALTHOUSE	#1 Hope	41.13m	134-11	4/7
5		Lindsey KOSSICK	#3 Calvin	40.33m	132-4	4/7
6		Marlie MCDONALD	#1 Hope	39.31m	129-0	3/24
7		Ashley BOOTH	#4 Albion	38.35m	125-10	4/13
8		Bryanna CAREY	#6 Adrian	38.13m	125-1	4/14
9		Breeyn FULKERSON	#2 Trine	37.57m	123-3	4/15
10		Liathano RAMIREZ	#5 Alma	37.11m	121-9	4/14

Women's Javelin

1	17	Audrey SALENBIEN	#6 Adrian	39.99m	131-3	4/7
2	73	Aarika EDIGER	#1 Hope	36.40m	119-5	3/24
3		Olivia VANDE VEGTE	#3 Calvin	33.33m	109-4	4/14
4		Amanda TIMONEN	#1 Hope	33.31m	109-4	4/14
5		Christy MARTIN	#3 Calvin	33.15m	108-9	4/14
6		Malena RICKS	#2 Trine	32.43m	106-5	4/7
7		Elisabeth STROTMAN	#1 Hope	31.97m	104-11	4/14
8		Lauren TOCCO	#1 Hope	31.15m	102-3	3/24
9		Katie BERLEW	#2 Trine	29.15m	95-7¾	4/7
10		Allyson STEVONS	#7 Olivet	29.13m	95-7	3/24



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Women's 100 Meters

1	47	Birgen NELSON	#2	Gustavus Adolpl	12.26c	(12.19A) (1	4/3
2		Sarah STELLMACH	#1	Bethel (Minn.)	12.48	(0.8)	4/7
3		Jireh BABALOLA	#1	Bethel (Minn.)	12.53	(-0.5)	4/15
4		Kate CARLSON	#2	Gustavus Adolpl	12.56	(-0.5)	4/15
5		Makayla STINSON	#8	St. Catherine (M	12.74	(0.3)	4/7
6		Kate GALLAGHER	#4	Saint Benedict	12.88	(2.0)	4/1
7		Emily RENG	#6	Concordia Moor	12.90	(-1.0)	4/15
8		Hadley TWICHELL	#5	Carleton	13.01	(-0.5)	4/15
9		Allison HOOKOM	#12	Augsburg	13.05	(0.7)	4/7
10		Danielle MILLER	#2	Gustavus Adolpl	13.14c	(13.07A) (1	4/3

Women's 100 Meter Hurdles

1	2	Birgen NELSON	#2	Gustavus Adolpl	13.88	(-0.2)	4/6
2	3	Kelsie SEALOCK	#1	Bethel (Minn.)	13.98w	(2.5)	4/7
3	88	Rebekah SALFER	#3	St. Olaf	15.46w	(2.5)	4/7
4	90	Gabby BODIN	#8	St. Catherine (M	15.49w	(2.5)	4/7
5	92	Daneyah HUGHES	#2	Gustavus Adolpl	15.50	(-0.4)	4/15
6		Lauren BERG	#4	Saint Benedict	15.61	(0.9)	4/1
7		Danielle MILLER	#2	Gustavus Adolpl	15.74c	(15.66A) (1	4/3
8		Grace BLANCHETTE	#5	Carleton	15.78	(1.4)	4/15
9		Ellie HERNES	#1	Bethel (Minn.)	15.85	(1.5)	4/7
10		AnnaGrace NELSON	#1	Bethel (Minn.)	15.93	(1.5)	4/7

Women's 200 Meters

1		Emily RENG	#6	Concordia Moor	26.35w	(3.8)	4/7
2		Allison HOOKOM	#12	Augsburg	26.49	(1.0)	3/18
2		Jireh BABALOLA	#1	Bethel (Minn.)	26.49	(-0.9)	4/15
4		Kate CARLSON	#2	Gustavus Adolpl	26.51	(-0.9)	4/15
5		Hadley TWICHELL	#5	Carleton	26.59w	(2.2)	4/7
6		Karla KROSCH	#3	St. Olaf	26.80	(1.0)	4/7
6		Makayla STINSON	#8	St. Catherine (M	26.80	(1.0)	4/7
8		Makenna BROWN	#1	Bethel (Minn.)	26.85	(1.0)	4/7
9		Rebekah SALFER	#3	St. Olaf	27.07	(0.5)	4/13
10		Lindsey BERNARDY	#7	Hamline	27.09w	(3.9)	4/7

Women's 400 Meters

1	24	Sarah STELLMACH	#1	Bethel (Minn.)	57.55		4/15
2	86	Hailey GREGG	#1	Bethel (Minn.)	59.22		4/15
3		Allison HOOKOM	#12	Augsburg	59.42		3/18
4		Hadley TWICHELL	#5	Carleton	1:00.15		4/7
5		Lindsey BERNARDY	#7	Hamline	1:00.46		4/15
5		Makenna BROWN	#1	Bethel (Minn.)	1:00.46		4/7
7		Maddie GULER	#6	Concordia Moor	1:00.62		4/15
8		Karla KROSCH	#3	St. Olaf	1:00.94		4/7
9		Morgan DEAN	#1	Bethel (Minn.)	1:01.03		4/15
10		Meg SHERCLIFFE	#6	Concordia Moor	1:01.27		4/7

Women's 400 Meter Hurdles

1	17	Birgen NELSON	#2	Gustavus Adolpl	1:03.21		4/15
2	41	Lauren BERG	#4	Saint Benedict	1:05.61		4/7
3	59	Rebekah SALFER	#3	St. Olaf	1:06.30		4/7
4		Annie PAULSON	#1	Bethel (Minn.)	1:08.04		4/15
5		McKenzie WILLIAMS	#11	St. Scholastica	1:08.41		4/15
6		Jessie SMITH	#1	Bethel (Minn.)	1:09.14		4/15
7		Makenna HUETTEN	#2	Gustavus Adolpl	1:10.10		4/15
8		Katie DANIELZUK	#7	Hamline	1:12.27		4/15
9		Nicole LILLEBERG	#6	Concordia Moor	1:12.66		4/7
10		Hailey SCHOLTEN	#1	Bethel (Minn.)	1:13.16		4/7

Women's 800 Meters

1	13	Annessa IHDE	#1	Bethel (Minn.)	2:13.78		4/15
2	40	Alexandra MADDUX	#7	Hamline	2:16.21		4/7
3		Fiona SMITH	#4	Saint Benedict	2:19.14		4/7
4		Mary BLANCHARD	#5	Carleton	2:19.83		4/15
5		Lara ERICKSON	#5	Carleton	2:20.96		4/7
6		Celia SILVERSTEIN	#5	Carleton	2:21.24		4/7
7		Drew FROLEK	#6	Concordia Moor	2:21.63		4/15
8		Ella YOUNG	#4	Saint Benedict	2:21.93		4/15
9		Ellie SHOLING	#11	St. Scholastica	2:22.09		4/15
10		Jules FROMM	#3	St. Olaf	2:22.54		4/7

Women's 1500 Meters

1	5	Fiona SMITH	#4	Saint Benedict	4:31.94		4/7
2	53	Christine ALBRECHT	#3	St. Olaf	4:40.46		4/7
3	64	Mary BLANCHARD	#5	Carleton	4:41.85		4/7
4	65	Annessa IHDE	#1	Bethel (Minn.)	4:41.93		4/7
5	77	Alexandra MADDUX	#7	Hamline	4:43.02		4/15
6		Sofia CARLSON	#3	St. Olaf	4:47.75		4/7
7		Ella LANDIS	#3	St. Olaf	4:49.88		4/7
8		Alison BODE	#3	St. Olaf	4:49.90		4/7
9		Grace MOELLER	#3	St. Olaf	4:53.42		4/7
10		Sky THEODOSOPOLOUS	#9	Macalester	4:53.53		4/7

Women's Steeplechase

1	16	Christine ALBRECHT	#3	St. Olaf	11:00.02		4/15
2	33	Sophie MCMANUS	#5	Carleton	11:17.82		4/15
3	84	Keiley MAAHS	#4	Saint Benedict	11:51.76		4/15
4	85	Emily RUGLOSKI	#6	Concordia Moor	11:52.21		4/7
5	88	Josie HARMS	#1	Bethel (Minn.)	11:53.75		4/15
6	94	Bridget TETMEYER	#4	Saint Benedict	11:55.27		4/15
7		Mary KENNEY	#4	Saint Benedict	12:12.73		4/15
8		Sydney HAGEN	#2	Gustavus Adolpl	12:25.18		4/15
9		Molly WEBERG	#2	Gustavus Adolpl	12:29.91		4/15
10		Karley THURSTON	#9	Macalester	12:40.14		4/15



Conference TFRI Event Summary

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MIAC

Women's 5000 Meters

1	2	Fiona SMITH	#4 Saint Benedict	16:26.20	4/1
2	3	Clara MAYFIELD	#5 Carleton	16:30.62	3/24
3	17	Sofia CARLSON	#3 St. Olaf	17:04.03	4/14
4	35	Hannah PREISSER	#5 Carleton	17:21.94	4/15
5	37	Sophie MCMANUS	#5 Carleton	17:22.90	4/7
6	72	Alison BODE	#3 St. Olaf	17:42.62	4/14
7	82	Lauren WALDA	#3 St. Olaf	17:45.27	4/7
8		Bella CALL	#3 St. Olaf	17:59.78	4/15
9		Phoebe WARD	#5 Carleton	18:10.62	4/7
10		Maj-Lis HELMER	#11 St. Scholastica	18:12.57	4/7

Women's 10,000 Meters

1	2	Fiona SMITH	#4 Saint Benedict	33:23.89	4/12
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Women's 4x100 Relay

1	18	Jireh BABALOLA, Kelsie SEALOCK, Makenna BROWN, Sarah STELLMACH	#1 Bethel (Minn.)	47.94	4/15
2	22	Danielle MILLER, Birgen NELSON, Megan GERAETS, Kate CARLSON	#2 Gustavus Adolpl	48.02	4/15
3		Maddie GULER, Emily RENG, Carlie HEINECKE, Kyla NYGAARD	#6 Concordia Moor	50.37	4/15
4		Mya BISHOP, Allison HOOKOM, CC CESARE, Santrice RODRIGUEZ	#12 Augsburg	50.42	3/18
5		Riley ROBERTS, Jocelyn FERGUSON, Grace BLANCHETTE, Hadley TWICHELL	#5 Carleton	50.75	4/15
6		Myah NELSON, Hailey JOHNSON, Madi JOSEPHSON, Kate GALLAGHER	#4 Saint Benedict	51.17	4/15
7		Claire NICHOLS, Makayla STINSON, Reilee SCHEPPER, Erin DOYLE	#8 St. Catherine (M	51.31	4/7
8		Ashley GRABAU, Ellie LOGELIN, Emme NELSON, Liana WOO	#7 Hamline	51.95	4/15
9		Jaeden SIMS, Caitlin FALKOWSKI, Penny HUNTER, Amanda CREWEY	#9 Macalester	53.34	4/1

Women's 4x400 Relay

1	12	Kelsie SEALOCK, Hailey GREGG, Annessa IHDE, Makenna BROWN	#1 Bethel (Minn.)	3:58.23	4/15
2	60	Mary BLANCHARD, Jocelyn FERGUSON, Lara ERICKSON, Hadley TWICHELL	#5 Carleton	4:06.91	4/15
3	66	Ququ HOLMAN, Karla KROSCHER, Rachael WILSON, Emma STORBAKKEN	#3 St. Olaf	4:07.54	4/15
4	84	Emerson KNAPP, Mirjana GANLEY, Sidela NYUGA, Lauren BERG	#4 Saint Benedict	4:09.52	4/15
5	85	Maddie GULER, Peyton SELLE, Mary WUNDERLICH, Drew FROLEK	#6 Concordia Moor	4:09.98	4/15
6		Jaden ELLEFSON, Kayla NELSON, Anna KIMINISKI, Ellie SHOLING	#11 St. Scholastica	4:12.66	4/15
7		Lindsey BERNARDY, Ellie LOGELIN, Ashley GRABAU, Emme NELSON	#7 Hamline	4:15.28	4/7
8		Journey AMUNDSON, Jaeden SIMS, Hadley WILKINS, Penny HUNTER	#9 Macalester	4:17.61	4/1
9		Sydney HAUGER, Isabel FYNBOH, Kailyn WALUKAS, Grace WAGNER	#2 Gustavus Adolpl	4:18.74	4/15
10		Caeli MCMAHON, Abbie MEYER, Megan FROSCH, Caroline GEARIN	#10 Saint Mary's (Mi	4:28.33	4/7

Women's High Jump

1	14	Glasha HOVEY	#1 Bethel (Minn.)	1.65m	5-5	4/15
2	37	Justus FLOREN	#4 Saint Benedict	1.60m	5-3	4/1
3		Lindsay BANGS	#2 Gustavus Adolpl	1.50m	4-11	4/15
3		Jenna KALEVIK	#6 Concordia Moor	1.50m	4-11	4/15
3		Ally RAKOW	#2 Gustavus Adolpl	1.50m	4-11	4/15
3		Claire NICHOLS	#8 St. Catherine (M	1.50m	4-11	3/18
3		Elizabeth SELISKER	#4 Saint Benedict	1.50m	4-11	4/15
8		AnnaGrace NELSON	#1 Bethel (Minn.)	1.48m	4-10¼	4/7
8		Gabby BODIN	#8 St. Catherine (M	1.48m	4-10¼	4/7
10		Sofia FISCHER	#11 St. Scholastica	1.45m	4-9	4/15
10		Sarah Beth HOBBY	#9 Macalester	1.45m	4-9	4/15
10		Toria STRAMPE	#11 St. Scholastica	1.45m	4-9	4/15



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MIAC

Women's Pole Vault

1	33	Caroline GEARIN	#10 Saint Mary's (Mi	3.50m	11-5¼	3/31
2	39	Jessica LILLAND	#1 Bethel (Minn.)	3.49m	11-5¼	4/15
3		Caitlin SALFER	#4 Saint Benedict	3.07m	10-¾	4/7
4		Emily LITTON	#5 Carleton	2.89m	9-5¾	4/15
4		Jenna BUNKER	#2 Gustavus Adolpl	2.89m	9-5¾	4/15
4		Grace PIERSON	#7 Hamline	2.89m	9-5¾	4/15
7		Julia CORDES	#3 St. Olaf	2.77m	9-1	4/7
7		Sabrina BUFFETTA	#4 Saint Benedict	2.77m	9-1	4/7
9		Lillian SELBERG	#2 Gustavus Adolpl	2.74m	8-11¾	4/15
10		Lily RAMSDELL	#7 Hamline	2.59m	8-6	4/15
10		Lizzie GREEN	#7 Hamline	2.59m	8-6	4/15
10		Maddox LEE	#2 Gustavus Adolpl	2.59m	8-6	4/15

Women's Long Jump

1		Journey AMUNDSON	#9 Macalester	5.15m	16-10¾ (0.4)	4/15
2		Ellie HERNES	#1 Bethel (Minn.)	5.14m	16-10½ (0.4)	4/7
3		Lauren DIMLER	#2 Gustavus Adolpl	5.04m	16-6½ (-0.4)	4/3
4		AnnaGrace NELSON	#1 Bethel (Minn.)	5.02m	16-5¾ (-0.4)	4/7
5		Sarrah LINDNER	#2 Gustavus Adolpl	5.01m	16-5¼ (-1.1)	4/3
5		Reilee SCHEPPER	#8 St. Catherine (M	5.01m	16-5¼ (2.0)	4/15
7		Madi KES	#2 Gustavus Adolpl	4.97m	16-3¾ (1.0)	4/15
8		Grace BLANCHETTE	#5 Carleton	4.95m	16-3 (1.3)	4/15
9		Emily RENGO	#6 Concordia Moor	4.92m	16-1¾ (0.5)	4/15
10		Maren SUNDBERG	#2 Gustavus Adolpl	4.90m	16-1 (1.0)	4/15

Women's Triple Jump

1	14	Journey AMUNDSON	#9 Macalester	11.79m	38-8¼ (2.9)	4/1
2	40	Ellie HERNES	#1 Bethel (Minn.)	11.23m	36-10¼ (1.4)	4/15
3	66	Madi KES	#2 Gustavus Adolpl	11.00m	36-1¼ (0.0)	4/15
4		AnnaGrace NELSON	#1 Bethel (Minn.)	10.73m	35-2½ (1.7)	4/15
5		Reilee SCHEPPER	#8 St. Catherine (M	10.69m	35-1 (0.2)	4/7
6		Sarrah LINDNER	#2 Gustavus Adolpl	10.54m	34-7 (-1.4)	4/3
7		CC CESARE	#12 Augsburg	10.44m	34-3 (-1.5)	3/18
8		Ainslee PARKER	#3 St. Olaf	10.35m	33-11½ (0.4)	4/15
9		Burnices BARLUE	#8 St. Catherine (M	10.08m	33-1 (-0.4)	3/18
9		Lili GUY	#2 Gustavus Adolpl	10.08m	33-1 (0.0)	4/15

Women's Shot Put

1	12	Annika POE	#2 Gustavus Adolpl	13.65m	44-9½	4/15
2	55	Emma ROETHLER	#1 Bethel (Minn.)	12.53m	41-1½	4/7
3	68	Nora WILHELM	#1 Bethel (Minn.)	12.34m	40-6	4/7
4	LE+0:	Samantha KUBES	#10 Saint Mary's (Mi	12.05m	39-6½	4/15
5		Aleah KESKE	#3 St. Olaf	11.96m	39-3	4/7
6		Allyson KANGAS	#6 Concordia Moor	11.91m	39-1	4/15
7		Molly MEYERS	#7 Hamline	11.80m	38-8¾	4/7
8		Desirae DATES	#7 Hamline	11.53m	37-10	4/15
9		Sydney JACKMAN	#10 Saint Mary's (Mi	11.47m	37-7¾	4/7
10		Morgan WALLENDAL	#10 Saint Mary's (Mi	11.44m	37-6½	4/15

Women's Discus

1	85	Morgan WALLENDAL	#10 Saint Mary's (Mi	38.52m	126-5	4/7
2	88	Annika POE	#2 Gustavus Adolpl	38.47m	126-3	4/15
3		Aleah KESKE	#3 St. Olaf	37.61m	123-5	4/15
4		Madison REED	#7 Hamline	37.05m	121-7	4/15
5		Jade HUNT	#7 Hamline	36.64m	120-3	4/15
6		Allyson KANGAS	#6 Concordia Moor	36.60m	120-1	4/7
7		Desirae DATES	#7 Hamline	35.31m	115-10	4/15
8		Claire DUMMER	#6 Concordia Moor	35.03m	114-11	4/15
9		Maggie BECKMANN	#4 Saint Benedict	34.84m	114-4	4/15
10		Nora WILHELM	#1 Bethel (Minn.)	34.24m	112-4	4/15

Women's Hammer

1	39	Lily BENEKE	#11 St. Scholastica	48.53m	159-3	4/15
2	49	Allyson KANGAS	#6 Concordia Moor	47.66m	156-5	4/15
3	51	Samantha KUBES	#10 Saint Mary's (Mi	47.46m	155-9	4/15
4	52	Madison REED	#7 Hamline	47.36m	155-5	4/7
5	58	Maggie BECKMANN	#4 Saint Benedict	47.15m	154-8	4/7
6		Molly LUKENBILL	#1 Bethel (Minn.)	44.41m	145-9	4/15
7		Anna BECKER	#10 Saint Mary's (Mi	43.54m	142-10	3/31
8		Lexi BRAINER	#7 Hamline	43.11m	141-5	4/15
9		Kelley BRENNAN	#2 Gustavus Adolpl	43.04m	141-3	4/15
10		Chando HORVATH	#8 St. Catherine (M	42.65m	139-11	4/7

Women's Javelin

1	12	Bryana LEVERENTZ	#8 St. Catherine (M	40.81m	133-11	3/18
2	36	Grace BLANCHETTE	#5 Carleton	37.71m	123-9	3/23
3	64	Justus FLOREN	#4 Saint Benedict	36.71m	120-5	4/15
4	79	Kelsie SEALOCK	#1 Bethel (Minn.)	36.23m	118-11	4/15
5		Sarah Beth HOBBY	#9 Macalester	34.47m	113-1	4/15
6		Abbie SWENSON	#1 Bethel (Minn.)	32.29m	105-11	4/15
7		Elise ASLANIAN	#3 St. Olaf	32.13m	105-5	4/15
8		Peyton SELLE	#6 Concordia Moor	31.57m	103-7	4/15
9		Alli JOERGER	#2 Gustavus Adolpl	30.82m	101-2	4/15
10		Gabby GROMACKI	#2 Gustavus Adolpl	30.60m	100-5	4/15

Women's Heptathlon

1	20	Rebekah SALFER	#3 St. Olaf	4,145	4/13
2	23	Grace BLANCHETTE	#5 Carleton	4,069	3/23



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MWC

Women's 100 Meters

1	54	T'Aira BOYANCE	#5	Beloit	12.29w	(2.1)	4/15
2	70	Jordyn MCDONALD	#5	Beloit	12.37w	(2.1)	4/15
3		Allie DOCKINS	#8	Knox	12.68w	(2.3)	4/15
4		Lakeida NICHOLS	#6	Illinois College	12.70w	(3.5)	3/25
5		Madison OSBORN	#3	Cornell College	12.75	(0.0)	4/14
6		Maddie RUSK	#2	Monmouth (Ill.)	12.82w	(2.1)	4/15
7		Brooke OAKLEY	#6	Illinois College	12.87w	(2.3)	4/15
8		Alyssa VILLARREAL	#2	Monmouth (Ill.)	12.93w	(2.1)	4/15
9		Peyton BALFOUR	#8	Knox	13.06w	(3.3)	4/15
10		Eva CARCHIDI	#4	Grinnell	13.12	(-1.8)	4/15

Women's 100 Meter Hurdles

1	47	Natalie MCALLISTER	#3	Cornell College	14.94	(0.1)	4/14
2	50	Olivia MILLER	#1	Ripon	14.97w	(2.1)	4/15
3		Kristina HILMES	#6	Illinois College	16.27	(0.9)	4/7
4		Hailey CAROLAN	#3	Cornell College	16.72w	(2.9)	4/1
5		Hannah WELTE	#5	Beloit	16.94w	(2.2)	4/7
6		Jacquelyn HAN	#9	Lake Forest	17.50w	(2.3)	4/15
7		Bridget FINN	#1	Ripon	17.59w	(2.3)	4/15
8		Sadie STAKER	#4	Grinnell	17.66	(-1.9)	4/7
9		Irene YANK	#7	Lawrence	17.74w	(2.1)	4/15
10		Mariana ZENDEJAS	#7	Lawrence	17.82w	(2.1)	4/15

Women's 200 Meters

1	59	T'Aira BOYANCE	#5	Beloit	25.43	(2.0)	4/2
2		Madison OSBORN	#3	Cornell College	25.90	(-1.0)	4/14
3		Jordyn MCDONALD	#5	Beloit	26.08	(-1.8)	4/15
4		Sonia EDASSERY	#4	Grinnell	26.14	(0.0)	3/25
5		Olivia MILLER	#1	Ripon	26.28	(1.4)	4/6
6		Brooke OAKLEY	#6	Illinois College	26.30w	(3.4)	4/15
7		Allie DOCKINS	#8	Knox	26.43	(2.0)	4/15
8		Lakeida NICHOLS	#6	Illinois College	26.53	(2.0)	4/15
9		Eva CARCHIDI	#4	Grinnell	26.54	(-1.7)	4/15
10		Madeline BENSON	#6	Illinois College	26.65	(1.8)	4/15

Women's 400 Meters

1	23	T'Aira BOYANCE	#5	Beloit	57.51		4/7
2		Sonia EDASSERY	#4	Grinnell	59.76		4/7
3		Sidney BROWN	#3	Cornell College	59.98		4/7
4		Madison OSBORN	#3	Cornell College	1:00.38		4/1
5		Payton RAHN	#1	Ripon	1:01.01		4/15
6		Brooke OAKLEY	#6	Illinois College	1:01.48		4/7
7		Alayna FURCH	#5	Beloit	1:01.49		4/15
8		Rose LOOS-AUSTIN	#5	Beloit	1:03.48		4/15
9		Candis DAMSTE	#5	Beloit	1:03.68		4/15
10		Lilia BODNAR	#7	Lawrence	1:04.52		4/15

Women's 400 Meter Hurdles

1	62	Hannah WELTE	#5	Beloit	1:06.33		4/15
2		Hailey CAROLAN	#3	Cornell College	1:08.84		4/7
3		Sadie STAKER	#4	Grinnell	1:08.99		4/15
4		Kristina HILMES	#6	Illinois College	1:11.95		4/1
5		Cari PICKUP	#3	Cornell College	1:12.25		4/7
6		Bridget FINN	#1	Ripon	1:12.79		4/2
7		Caroline FLESCHE	#1	Ripon	1:15.94		4/15
8		Jacquelyn HAN	#9	Lake Forest	1:17.52		4/15
9		Nicole ARNHOLD	#1	Ripon	1:20.53		4/2
10		Jahaira GONZALEZ	#1	Ripon	1:22.50		4/2

Women's 800 Meters

1		Jenny CORTES	#1	Ripon	2:22.66		4/2
2		Alyza KOPPE	#3	Cornell College	2:25.51		4/7
3		Grace ENGEBRETSON	#1	Ripon	2:26.16		4/2
4		Isabelle WILLETT	#1	Ripon	2:27.07		4/2
5		Ava CLAUSSEN-TUBBS	#3	Cornell College	2:27.28		4/7
6		Sam REID	#4	Grinnell	2:28.64		3/25
7		Hannah ROARK	#4	Grinnell	2:29.60		3/25
7		Katie LAMMERS	#3	Cornell College	2:29.60		4/1
9		Madeline TAYLOR	#7	Lawrence	2:31.93		4/15
10		Crystal KACZMARCZYK	#4	Grinnell	2:31.99		4/1

Women's 1500 Meters

1		Katie LAMMERS	#3	Cornell College	4:53.72		4/7
2		Jenny CORTES	#1	Ripon	4:58.95		4/15
3		Alyza KOPPE	#3	Cornell College	5:02.58		4/1
4		Natalie PAKOSZ	#1	Ripon	5:03.58		4/15
5		Isabelle WILLETT	#1	Ripon	5:06.87		4/15
6		Grace ENGEBRETSON	#1	Ripon	5:07.92		4/15
7		Ali DENAMUR	#1	Ripon	5:09.08		4/15
8		Crystal KACZMARCZYK	#4	Grinnell	5:15.13		4/1
9		Madeline TAYLOR	#7	Lawrence	5:16.58		4/2
10		Ashley ORRICK	#6	Illinois College	5:16.65		4/7

Women's Steeplechase

1		Mikayla FLYTE	#1	Ripon	12:00.34		4/2
2		Crystal KACZMARCZYK	#4	Grinnell	12:27.15		4/15
3		Natalie PAKOSZ	#1	Ripon	12:29.98		4/2
4		Angela MOSCONI	#1	Ripon	12:30.19		4/15
5		Autumn CROW	#8	Knox	12:55.65		4/15
6		Natalie ANDERSON	#7	Lawrence	13:39.89		4/15
7		Saxon ALVAREZ	#8	Knox	13:41.70		4/15



Conference TFRI Event Summary

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MWC

Women's 5000 Meters

1	Mikayla FLYTE	#1	Ripon	18:08.87	4/14
2	Keely MIYAMOTO	#4	Grinnell	18:14.80	4/15
3	Ali DENAMUR	#1	Ripon	18:26.25	4/14
4	Cristyn OLIVER	#7	Lawrence	18:44.80	4/14
5	Riley WINEBRENNER	#7	Lawrence	18:51.94	4/14
6	Emma SCHAEFER	#4	Grinnell	18:53.95	4/1
7	Hannah ROARK	#4	Grinnell	18:54.06	4/15
8	Katie LAMMERS	#3	Cornell College	18:54.91	4/7
9	Morgan KAROW	#4	Grinnell	18:58.04	4/15
10	Mira DIAMOND-BERMAN	#4	Grinnell	19:02.63	4/15

Women's 10,000 Meters

1	Althea FOSTER	#7	Lawrence	42:27.76	4/15
2	Sophia FORD	#4	Grinnell	43:47.58	4/14
3	Aasma HAIDER	#7	Lawrence	45:41.24	4/15
4	Elinor HANDLIN	#3	Cornell College	46:37.55	4/14
5	Simone DE MONTIGNY	#5	Beloit	46:59.33	4/15
6	Rain ORSI	#7	Lawrence	47:31.61	4/15
7	Annika SUTTER	#3	Cornell College	47:53.07	4/14
8	Eliza WUNDERLICH	#7	Lawrence	51:13.39	4/2
9	Mina TOLU-HONARY	#5	Beloit	58:53.60	4/15

Women's 4x100 Relay

1	38	Jordyn MCDONALD, Alayna FURCH, Hannah WELTE, T'Aira BOYANCE	#5	Beloit	48.68	4/15
2	51	Caitlyne MAR, Madison OSBORN, Sidney BROWN, Natalie MCALLISTER	#3	Cornell College	49.12	4/14
3		Marissa SIFUENTEZ-LEWIS, Brooke OAKLEY, Kristina HILMES, Lakeida NICHOLS	#6	Illinois College	50.21	4/7
4		Olivia MILLER, Kynaeda GRAY, Payton RAHN, Jenna ERICKSON	#1	Ripon	51.04	4/2
5		Lauren ANDERSON, Alyssa VILLARREAL, Ally CELUS, Maddie RUSK	#2	Monmouth (Ill.)	51.73	4/7
6		Allie DOCKINS, Kayla BEAMAN, Peyton BALFOUR, Thao LUONG	#8	Knox	53.07	4/15
7		Jacquelyn HAN, Sarah MCFIELD, Annie PULASKI, Mary RADZIEWICZ	#9	Lake Forest	53.18	4/15
8		Anna VANDEN ACKER, Claire PAQUIN, Irene YANK, Morgan CROSS	#7	Lawrence	53.46	4/15



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MWC

Women's 4x400 Relay

1	13	Candis DAMSTE, Alayna FURCH, Jordyn MCDONALD, T'Aira BOYANCE	#5	Beloit	3:58.47	4/15
2	80	Olivia MILLER, Grace ENGBRETSON, Natalie PAKOSZ, Payton RAHN	#1	Ripon	4:09.28	4/15
3	87	Madison OSBORN, Hailey CAROLAN, Caroline RISS, Sidney BROWN	#3	Cornell College	4:10.07	4/14
4		Sonia EDASSERY, Sadie STAKER, Sam REID, Athena FRASCA	#4	Grinnell	4:13.04	4/15
5		Kristina HILMES, Madeline BENSON, Ashley ORRICK, Brooke OAKLEY	#6	Illinois College	4:13.17	4/7
6		Claire PAQUIN, Lilia BODNAR, Madeline TAYLOR, Emily SUGIYAMA	#7	Lawrence	4:29.32	4/2
7		Nicole HOYER, Carina ENGST, Ally CELUS, Skylar GAREY	#2	Monmouth (Ill.)	4:35.20	4/7

Women's High Jump

1	14	Hailey CAROLAN	#3	Cornell College	1.65m	5-5	4/14
2	21	Liz KALK	#5	Beloit	1.63m	5-4¼	4/15
3		Bridget FINN	#1	Ripon	1.53m	5-¼	4/15
3		Caroline FLESCHE	#1	Ripon	1.53m	5-¼	4/15
5		Lauren ANDERSON	#2	Monmouth (Ill.)	1.50m	4-11	4/1
6		Sidney BROWN	#3	Cornell College	1.43m	4-8¼	4/7
7		Megan SHAFAR	#8	Knox	1.40m	4-7	4/1
8		Bethany ALLEN	#2	Monmouth (Ill.)	1.38m	4-6¼	4/15
9		Olivia MILLER	#1	Ripon	1.33m	4-4¼	4/15
10		Ally CLAY	#2	Monmouth (Ill.)	1.30m	4-3¼	4/1

Women's Pole Vault

1		Miranda HURSEY	#2	Monmouth (Ill.)	3.10m	10-2	4/7
2		Paige NOWAK	#6	Illinois College	3.05m	10-0	3/25
2		Madeline BENSON	#6	Illinois College	3.05m	10-0	3/25
4		Linsey TURNER	#2	Monmouth (Ill.)	3.00m	9-10	4/15
5		Delaney REXROAT	#2	Monmouth (Ill.)	2.70m	8-10¼	4/15
6		Carson BEYERS	#6	Illinois College	2.58m	8-5½	4/15
7		Rose LOOS-AUSTIN	#5	Beloit	2.55m	8-4¼	4/15
8		Lesly ALFARO	#5	Beloit	2.10m	6-10¾	4/15

Women's Long Jump

1	21	Olivia MILLER	#1	Ripon	5.55mw	18-2½ (3.0)	4/2
2	73	Natalie MCALLISTER	#3	Cornell College	5.29m	17-4¼ (0.0)	4/7
3		Alyssa VILLARREAL	#2	Monmouth (Ill.)	4.99m	16-4¼ (-2.)	4/7
4		Maddie RUSK	#2	Monmouth (Ill.)	4.97m	16-3¾ (-2.)	4/7
5		Lauren ANDERSON	#2	Monmouth (Ill.)	4.92m	16-1¾ (-1.)	4/7
6		Nyasia YOUNG	#6	Illinois College	4.86m	15-11½ (1.)	4/15
7		Mariana ZENDEJAS	#7	Lawrence	4.71m	15-5½ (0.6)	4/15
8		T'Aira BOYANCE	#5	Beloit	4.70m	15-5 (1.7)	4/15
9		Melanie ODEN	#4	Grinnell	4.67m	15-4 (0.5)	4/15
10		Eleanor ELLIOTT- RUDE	#4	Grinnell	4.63m	15-2¼ (0.5)	4/15

Women's Triple Jump

1	62	Peyton BALFOUR	#8	Knox	11.05m	36-3 (0.0)	4/15
2		Nyasia YOUNG	#6	Illinois College	10.74m	35-3 (0.0)	4/15
3		Mariana ZENDEJAS	#7	Lawrence	10.17m	33-4½ (0.6)	4/15
4		Delaney REXROAT	#2	Monmouth (Ill.)	10.13m	33-3 (0.8)	4/15
5		Payton RAHN	#1	Ripon	10.12mw	33-2½ (2.7)	4/6
5		Carina ENGST	#2	Monmouth (Ill.)	10.12m	33-2½ (0.7)	4/7
7		Melanie ODEN	#4	Grinnell	9.93m	32-7 (1.7)	3/25
8		Maddie RUSK	#2	Monmouth (Ill.)	9.71m	31-10¼ (1.)	4/15
9		Nicole ARNHOLD	#1	Ripon	9.56mw	31-4½ (2.1)	4/15
10		Kynaeda GRAY	#1	Ripon	9.46m	31-½ (1.3)	4/15

Women's Shot Put

1	76	Maddie BOLEY	#2	Monmouth (Ill.)	12.27m	40-3¼	4/7
2	84	Kayla BRAUN	#2	Monmouth (Ill.)	12.19m	40-0	4/15
3	92	Addi COX	#2	Monmouth (Ill.)	12.12m	39-9¼	4/15
4		Kalyn OTZELBERGER	#1	Ripon	11.97m	39-3¼	4/15
5		Natalie MCALLISTER	#3	Cornell College	11.28m	37-¼	4/14
6		Sara BOOHER	#4	Grinnell	11.20m	36-9	4/15
7		Gracie GIBBONS	#2	Monmouth (Ill.)	11.17m	36-7¾	4/1
8		Sydney KUPER	#6	Illinois College	11.13m	36-6¼	4/15
9		Amanda DYBAL	#2	Monmouth (Ill.)	10.78m	35-4½	4/15
10		Arynn MATHIEU	#1	Ripon	10.41m	34-2	4/15

Women's Discus

1	13	Maddie BOLEY	#2	Monmouth (Ill.)	43.63m	143-2	4/7
2	32	Amanda DYBAL	#2	Monmouth (Ill.)	41.12m	134-11	4/7
3	50	Kalyn OTZELBERGER	#1	Ripon	40.03m	131-4	4/6
4		Aiyana ROCKWELL	#4	Grinnell	36.50m	119-9	4/7
4		Sydney KUPER	#6	Illinois College	36.50m	119-9	3/25
6		Andrea FILKINS	#4	Grinnell	36.37m	119-4	4/15
7		Kayla BRAUN	#2	Monmouth (Ill.)	35.58m	116-9	4/7
8		Addi COX	#2	Monmouth (Ill.)	34.97m	114-9	4/15
9		Kylie GALOWITZ	#4	Grinnell	33.89m	111-2	3/25
10		Myra JOHNSON	#7	Lawrence	33.61m	110-3	4/2



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Women's Hammer

1	78	Addi COX	#2	Monmouth (Ill.)	46.21m	151-7	4/7
2	80	Amanda DYBAL	#2	Monmouth (Ill.)	46.09m	151-3	4/7
3		Sydney KUPER	#6	Illinois College	43.15m	141-7	4/15
4		Arynn MATHIEU	#1	Ripon	43.03m	141-2	4/15
5		Maddie BOLEY	#2	Monmouth (Ill.)	42.63m	139-11	4/15
6		Jillian TOTH	#2	Monmouth (Ill.)	41.95m	137-8	4/15
7		Kalyn OTZELBERGER	#1	Ripon	41.31m	135-7	4/15
8		Cheyenne SAYLOR	#1	Ripon	40.03m	131-4	4/15
9		Cydney PITTENGER	#1	Ripon	39.84m	130-9	4/15
10		Samantha WARHOE	#3	Cornell College	38.47m	126-3	4/1

Women's Javelin

1		Amanda DYBAL	#2	Monmouth (Ill.)	33.14m	108-9	4/7
2		Natalie MCALLISTER	#3	Cornell College	31.67m	103-11	4/1
3		Keyleigh THOMAS	#6	Illinois College	31.13m	102-2	3/25
4		Olivia MILLER	#1	Ripon	30.22m	99-1¾	4/6
5		Delaney REXROAT	#2	Monmouth (Ill.)	29.45m	96-7½	4/15
6		Kady PATELSKI	#2	Monmouth (Ill.)	28.84m	94-7½	4/15
7		Bridget FINN	#1	Ripon	28.83m	94-7	4/6
8		Grace FOX	#7	Lawrence	28.58m	93-9¼	4/2
9		Carson BEYERS	#6	Illinois College	28.44m	93-3¾	4/15
10		Gracie GIBBONS	#2	Monmouth (Ill.)	28.17m	92-5¼	4/7



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NAC

Women's 100 Meters

1	Miranda COLE	#2	SUNY Delhi	12.83	(0.0)	4/7
1	Kadie-Ann WHYTE	#2	SUNY Delhi	12.83w	(2.1)	4/1
3	Zoe RODI	#2	SUNY Delhi	12.85w	(2.1)	4/1
4	Lilah WARD	#5	SUNY Cobleskill	13.04w	(2.6)	4/15
4	Kimberly DEAN	#2	SUNY Delhi	13.04w	(2.6)	4/15
6	Abby MINOTT	#4	UMaine Farming	13.63	(1.0)	3/31
7	Cara PERRY	#4	UMaine Farming	13.69	(1.8)	3/26
8	Chantel WILLIAMS	#6	UMaine Presque	13.76		4/14
9	Johanna STILES	#1	Husson	13.81	(0.5)	3/10
10	Kennedy TODD	#4	UMaine Farming	13.87		4/14

Women's 100 Meter Hurdles

1	Erica JOHNSON	#4	UMaine Farming	16.24	(-0.1)	3/31
2	Willow WHITTEN	#1	Husson	17.02	(0.3)	4/8
2	Lexy SHANNON	#3	Thomas (Maine)	17.02	(0.7)	3/10
4	Lilly SWYERS	#5	SUNY Cobleskill	17.16	(1.1)	4/15
5	Angelina COTONI	#1	Husson	17.34w	(2.3)	3/10
6	Alexis FREEMAN	#1	Husson	17.64	(0.7)	3/10
7	Norah GARVEY	#1	Husson	17.78	(-0.1)	4/8
8	Niamiah PERRY	#1	Husson	17.93		4/14
9	Tori WATKINS	#3	Thomas (Maine)	17.99w	(2.3)	3/10
10	Hayleigh GIRARD	#5	SUNY Cobleskill	18.15	(0.0)	4/8

Women's 200 Meters

1	Miranda COLE	#2	SUNY Delhi	26.04	(0.0)	4/14
2	Zoe RODI	#2	SUNY Delhi	26.20	(1.6)	4/1
3	Kadie-Ann WHYTE	#2	SUNY Delhi	26.40	(0.4)	4/14
4	Sabrina RICHARDS	#2	SUNY Delhi	27.01	(0.1)	4/7
5	Lilah WARD	#5	SUNY Cobleskill	27.29	(1.2)	4/15
6	Kimberly DEAN	#2	SUNY Delhi	27.31	(1.5)	4/15
7	Addison LASLIE	#1	Husson	27.72	(0.4)	4/8
8	Payton GOODWIN	#1	Husson	27.75	(0.3)	4/8
9	Aniya JONES	#2	SUNY Delhi	27.79w	(2.5)	4/1
10	Charlotte WENTWORTH	#4	UMaine Farming	28.26w	(3.8)	3/26

Women's 400 Meters

1	Sabrina RICHARDS	#2	SUNY Delhi	1:00.24		4/7
2	Zoe RODI	#2	SUNY Delhi	1:00.71		4/14
3	Payton GOODWIN	#1	Husson	1:01.05		4/8
4	Charlotte WENTWORTH	#4	UMaine Farming	1:02.98		3/31
5	Addison LASLIE	#1	Husson	1:04.87		4/14
6	Madalynn HUBBARD	#1	Husson	1:05.23		4/8
7	Norah GARVEY	#1	Husson	1:05.42		4/8
8	Kali WOOSTER	#7	Northern Vermo	1:05.74		4/8
9	Katelyn OSBORNE	#6	UMaine Presque	1:05.98		4/14
10	Zainab ALBRAIHI	#3	Thomas (Maine)	1:06.66		3/10

Women's 400 Meter Hurdles

1	Willow WHITTEN	#1	Husson	1:08.30		4/8
2	Zainab ALBRAIHI	#3	Thomas (Maine)	1:12.98		4/14
3	Norah GARVEY	#1	Husson	1:13.57		4/14
4	Carrie BURR	#4	UMaine Farming	1:16.29		3/26
5	Alexis FREEMAN	#1	Husson	1:18.92		3/10
6	Niamiah PERRY	#1	Husson	1:21.43		4/8
7	Patricia RIVERA	#7	Northern Vermo	1:22.13		4/14
8	Anna MACDONALD	#4	UMaine Farming	1:22.23		4/14

Women's 800 Meters

1	Payton GOODWIN	#1	Husson	2:24.24		3/10
2	Charlotte WENTWORTH	#4	UMaine Farming	2:29.31		4/14
3	Katelyn OSBORNE	#6	UMaine Presque	2:33.33		4/8
4	Miranda DUNTON	#1	Husson	2:34.31		4/8
5	Kailyn OREGLIO	#2	SUNY Delhi	2:37.62		4/7
6	Grace BEDORE	#1	Husson	2:42.09		4/8
7	Kathrine LEDERMANN	#5	SUNY Cobleskill	2:43.89		4/8
8	Jenna SWYERS	#5	SUNY Cobleskill	2:44.50		4/15
9	Eve POTEET	#4	UMaine Farming	2:49.86		4/14
10	Rebekah IRELAND	#3	Thomas (Maine)	2:49.88		3/10

Women's 1500 Meters

1	Alexa WOLCOTT	#2	SUNY Delhi	5:09.46		4/7
2	Miranda DUNTON	#1	Husson	5:16.68		3/10
3	Charlotte WENTWORTH	#4	UMaine Farming	5:16.75		3/26
4	Katelyn OSBORNE	#6	UMaine Presque	5:17.45		4/6
5	Hannah NANGLE	#8	Lesley	5:27.23		4/1
6	Jenna SWYERS	#5	SUNY Cobleskill	5:31.25		4/8
7	Kathrine LEDERMANN	#5	SUNY Cobleskill	5:31.29		4/8
8	Mary LYONS	#2	SUNY Delhi	5:31.68		4/1
9	Grace BEDORE	#1	Husson	5:34.10		3/10
10	Eve POTEET	#4	UMaine Farming	5:35.72		4/14

Women's Steeplechase

1	Alexa WOLCOTT	#2	SUNY Delhi	12:02.43		4/15
2	Anna MACDONALD	#4	UMaine Farming	13:18.15		4/14
3	Grace BEDORE	#1	Husson	14:03.85		4/14
4	Emma ABBOTT	#1	Husson	14:14.58		4/8
5	Rebekah IRELAND	#3	Thomas (Maine)	14:14.66		4/14
6	Isabelle JACKSON	#1	Husson	14:42.54		4/14
7	Emily EATON	#4	UMaine Farming	15:44.54		4/14



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NAC

Women's 5000 Meters

1	Alexa WOLCOTT	#2	SUNY Delhi	19:19.17	3/25
2	Ava DOWLING	#1	Husson	19:26.60	4/14
3	Marissa LOMBARDI	#2	SUNY Delhi	20:46.81	3/25
4	Miranda DUNTON	#1	Husson	20:48.19	3/10
5	Eve POTEET	#4	UMaine Farming	21:40.54	3/31
6	Isabelle JACKSON	#1	Husson	22:51.86	3/10
7	Emily EATON	#4	UMaine Farming	23:52.41	3/31
8	Emma ABBOTT	#1	Husson	24:30.96	3/10
9	Sophia LINGAR	#3	Thomas (Maine)	24:53.40	4/14
10	Olivia MICHAUD	#1	Husson	25:15.11	4/14

Women's 10,000 Meters

1	Marissa LOMBARDI	#2	SUNY Delhi	42:09.00	4/7
2	Alexa WOLCOTT	#2	SUNY Delhi	42:18.58	4/1
3	Amanda WINSLOW	#3	Thomas (Maine)	50:13.75	4/14

Women's 4x100 Relay

1	42	Sabrina RICHARDS, Miranda COLE, Zoe RODI, Kadie-Ann WHYTE	#2	SUNY Delhi	48.90	4/14
2		Angelina COTONI, Johanna STILES, Addison LASLIE, Madalynn HUBBARD	#1	Husson	52.51	4/14
3		Erica JOHNSON, Abby MINOTT, Kennedy TODD, Cara PERRY	#4	UMaine Farming	52.76	4/14
4		Hayleigh GIRARD, Lilah WARD, Lilly SWYERS, Shealinn STEVENS	#5	SUNY Cobleskill	53.29	4/8
5		Maddy REDDING, Apiyo CHARLES, Zainab ALBRAIHI, Tori WATKINS	#3	Thomas (Maine)	54.80	4/14
6		Monica MCLAUGHLIN, Lexi RODRIGUEZ, Katelyn OSBORNE, Chantel WILLIAMS	#6	UMaine Presque	57.19	4/8

Women's 4x400 Relay

1	Willow WHITTEN, Norah GARVEY, Payton GOODWIN, Madalynn HUBBARD	#1	Husson	4:16.13	3/10
2	Zainab ALBRAIHI, Amanda WINSLOW, Maddy REDDING, Lexy SHANNON	#3	Thomas (Maine)	4:43.61	3/10
3	Sabrina RICHARDS, Kadie-Ann WHYTE, Kimberly DEAN, Zoe RODI	#2	SUNY Delhi	4:47.09	3/25
4	Ida EAMES, Alyssa CERVANTES, Patricia RIVERA, Kali WOOSTER	#7	Northern Vermo	4:55.96	4/8

Women's High Jump

1	93	Lilah WARD	#5	SUNY Cobleskill	1.55m	5-1	4/8
2		Josie HARRINGTON	#3	Thomas (Maine)	1.51m	4-11½	4/14
3		Nina GREGORY	#1	Husson	1.47m	4-9¾	4/14
4		Tori WATKINS	#3	Thomas (Maine)	1.43m	4-8¼	3/10
5		Chantel WILLIAMS	#6	UMaine Presque	1.40m	4-7	4/6
6		Lexi RODRIGUEZ	#6	UMaine Presque	1.37m	4-6	4/14
7		Hayleigh GIRARD	#5	SUNY Cobleskill	1.35m	4-5	4/15
8		Payton GOODWIN	#1	Husson	1.32m	4-4	4/8
9		Abby MINOTT	#4	UMaine Farming	1.28m	4-2¼	3/26
10		Alexis FREEMAN	#1	Husson	1.27m	4-2	4/14

Women's Pole Vault

1	Angelina COTONI	#1	Husson	2.65m	8-8¼	4/8
2	Alexis FREEMAN	#1	Husson	2.50m	8-2½	4/14
3	Jenna SWYERS	#5	SUNY Cobleskill	2.20m	7-2½	4/8
4	Isabelle JACKSON	#1	Husson	2.05m	6-8¾	4/14

Women's Long Jump

1	Chantel WILLIAMS	#6	UMaine Presque	5.01m	16-5¼ (1.6)	4/8
2	Shealinn STEVENS	#5	SUNY Cobleskill	4.95m	16-3 (-0.5)	4/15
3	Payton GOODWIN	#1	Husson	4.71m	15-5½ (0.0)	3/10
4	Kimberly DEAN	#2	SUNY Delhi	4.68mw	15-4¼ (2.2)	4/15
5	Abby MINOTT	#4	UMaine Farming	4.60m	15-1¼	4/14
6	Quinn YOUNG	#1	Husson	4.45m	14-7¼	4/14
7	Lexy SHANNON	#3	Thomas (Maine)	4.42m	14-6 (0.7)	3/10
8	Lilah WARD	#5	SUNY Cobleskill	4.32m	14-2¼ (-1)	4/1
9	Monica MCLAUGHLIN	#6	UMaine Presque	4.26m	13-11¾ (1)	4/8
10	Niamiah PERRY	#1	Husson	4.22m	13-10¼	4/14

Women's Triple Jump

1	Abby MINOTT	#4	UMaine Farming	10.38mw	34-¾ (2.6)	3/26
2	Lilly SWYERS	#5	SUNY Cobleskill	10.29mw	33-9¼ (2.3)	4/15
3	Erica JOHNSON	#4	UMaine Farming	10.26m	33-8 (1.0)	3/31
4	Quinn YOUNG	#1	Husson	9.89m	32-5½	4/14
5	Niamiah PERRY	#1	Husson	8.90m	29-2½	4/14
6	Megan FLETCHER	#1	Husson	8.33m	27-4	4/14
7	Madeline JACKSON	#1	Husson	7.45m	24-5½	4/14



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NAC

Women's Shot Put

1	Mary DISANTO	#3	Thomas (Maine)	11.93m	39-1¾	4/14
2	Kitty MESSINA	#2	SUNY Delhi	11.30m	37-1	4/7
3	Mercedes DURDEN	#7	Northern Vermo	10.52m	34-6¼	4/14
4	Chelsey COTE	#3	Thomas (Maine)	9.99m	32-9½	3/10
5	Megan FLETCHER	#1	Husson	9.88m	32-5	3/10
6	Emily HARGREAVES	#4	UMaine Farming	9.49m	31-1¾	3/26
7	Aaralyn SCROGGINS	#1	Husson	9.21m	30-2¾	4/8
8	Christina BETHAM	#7	Northern Vermo	9.10m	29-10¼	4/14
9	Katelyn RICHARDS	#3	Thomas (Maine)	9.00m	29-6½	3/10
9	Gabby WARDWELL	#7	Northern Vermo	9.00m	29-6½	4/14

Women's Discus

1	Mary DISANTO	#3	Thomas (Maine)	35.88m	117-9	3/10
2	Mercedes DURDEN	#7	Northern Vermo	34.84m	114-4	4/14
3	Kitty MESSINA	#2	SUNY Delhi	30.04m	98-6¾	4/1
4	Chelsey COTE	#3	Thomas (Maine)	30.03m	98-6¼	3/10
5	Angelena CURCURCU	#1	Husson	29.69m	97-5	4/8
6	Megan FLETCHER	#1	Husson	29.41m	96-6	4/8
7	Katelyn RICHARDS	#3	Thomas (Maine)	28.36m	93-½	4/14
8	Kaitlyn HARMON-BOLDING	#4	UMaine Farming	27.58m	90-6	3/31
9	Emily HARGREAVES	#4	UMaine Farming	27.32m	89-7¾	3/31
10	Katelynn REYNOLDS	#1	Husson	26.45m	86-9½	4/8

Women's Hammer

1	Emily HARGREAVES	#4	UMaine Farming	39.08m	128-3	4/14
2	Kitty MESSINA	#2	SUNY Delhi	38.06m	124-11	4/15
3	Aaralyn SCROGGINS	#1	Husson	33.36m	109-6	4/14
4	Ilana LYBARGER	#4	UMaine Farming	32.66m	107-2	3/31
5	Megan FLETCHER	#1	Husson	30.22m	99-1¾	4/8
6	Kaitlyn HARMON-BOLDING	#4	UMaine Farming	30.06m	98-7½	4/14
7	Bailee MALLET	#3	Thomas (Maine)	28.94m	94-11½	3/10
8	Molly SOTTAK	#3	Thomas (Maine)	28.87m	94-8¾	4/14
9	Mary DISANTO	#3	Thomas (Maine)	27.58m	90-6	4/14
10	Katelynn REYNOLDS	#1	Husson	25.30m	83-¼	4/8

Women's Javelin

1	71 Julia RENY	#3	Thomas (Maine)	36.47m	119-8	3/10
2	92 Monica MCLAUGHLIN	#6	UMaine Presque	35.48m	116-5	4/1
3	Kitty MESSINA	#2	SUNY Delhi	32.32m	106-1	4/15
4	Jessica CARNEY	#5	SUNY Cobleskill	29.50m	96-9½	4/1
5	Alyssa COLE	#2	SUNY Delhi	26.49m	86-11	4/15
6	Megan FLETCHER	#1	Husson	24.71m	81-1	4/8
7	Kailee SPRAGUE	#6	UMaine Presque	23.62m	77-6	4/14
8	Lacie BARKLEY	#7	Northern Vermo	23.49m	77-¾	3/31
9	Abby MINOTT	#4	UMaine Farming	23.38m	76-8½	3/26
10	Samantha MORTON	#6	UMaine Presque	23.08m	75-8¾	4/14

Women's Heptathlon

1	88 Tori WATKINS	#3	Thomas (Maine)	2,565		4/14
2	94 Josie HARRINGTON	#3	Thomas (Maine)	2,378		4/14



Conference TFRI Event Summary

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NACC

Women's 100 Meters

1	Grace KORGER-MITCHELL	#6 Edgewood	12.68	(1.4)	4/7
2	Lauren BLIEFERNICHT	#2 Aurora	12.75	(-0.5)	4/7
3	Nicole MAKOPE	#1 St. Norbert	12.79w	(2.1)	4/15
4	Sabrina MOORE	#4 Concordia Wisc	12.87w	(2.1)	4/15
5	Jenna ZAHORIK	#4 Concordia Wisc	12.88	(0.5)	4/15
6	Daisia WILSON	#5 Concordia Chica	12.91w	(3.2)	4/15
7	Gillian MCDANIEL	#3 MSOE	13.07	(1.9)	4/7
8	Olivia JAMESON	#8 Illinois Tech	13.13w	(3.2)	4/1
9	Kennedy MARQUARDT	#1 St. Norbert	13.16	(0.5)	4/15
10	Zoe TURNER	#8 Illinois Tech	13.17w	(3.2)	4/1

Women's 100 Meter Hurdles

1	62 Sydney SPAETH	#1 St. Norbert	15.15w	(2.1)	4/15
2	83 Maya HIELSCHER	#4 Concordia Wisc	15.38w	(2.1)	4/15
3	Olivia JAMESON	#8 Illinois Tech	15.69	(1.8)	4/7
4	Lauren ROTTIER	#1 St. Norbert	15.74w	(3.8)	4/7
5	Skylar GIBBS	#2 Aurora	16.19	(0.8)	4/13
6	Jerzey ALLEN	#5 Concordia Chica	16.20w	(2.8)	4/15
6	Sammi DIGMAN	#1 St. Norbert	16.20	(1.3)	4/2
8	Lauren BORCHARDT	#1 St. Norbert	16.55	(1.3)	4/2
9	Kelsey ALBOVIAS	#3 MSOE	16.79w	(2.8)	4/15
10	Mary DIETZ	#2 Aurora	17.12	(-0.8)	4/14

Women's 200 Meters

1	1 Kayla ARMSTRONG	#5 Concordia Chica	24.24w	(2.6)	4/15
2	Lauren BLIEFERNICHT	#2 Aurora	26.11	(1.7)	4/7
3	Janae JENSEN	#7 Wisconsin Luthe	26.16w	(2.6)	4/15
4	Simone WILSON	#5 Concordia Chica	26.31w	(2.6)	4/15
5	Rachel ROMENS	#7 Wisconsin Luthe	26.34w	(3.7)	4/15
6	Lauren ROTTIER	#1 St. Norbert	26.52w	(2.3)	4/7
7	Nicole MAKOPE	#1 St. Norbert	26.60	(1.4)	4/6
8	Jenna ZAHORIK	#4 Concordia Wisc	26.61	(-1.8)	4/15
9	Zoe TURNER	#8 Illinois Tech	26.66	(-0.6)	4/1
10	Eve SHELTON	#5 Concordia Chica	26.93	(2.0)	4/2

Women's 400 Meters

1	19 Kayla ARMSTRONG	#5 Concordia Chica	57.26		4/15
2	53 Anna RAASCH	#7 Wisconsin Luthe	58.58		3/25
3	Amelia MOSEMAN	#8 Illinois Tech	59.48		4/14
4	Zoe TURNER	#8 Illinois Tech	1:00.94		4/14
5	Brooke GRAESSLIN	#7 Wisconsin Luthe	1:01.44		3/25
6	Nikki TRANEL	#1 St. Norbert	1:01.97		4/15
7	Lauren BLIEFERNICHT	#2 Aurora	1:02.23		4/14
8	Eve SHELTON	#5 Concordia Chica	1:02.68		4/2
9	Ashlee MUELLER	#7 Wisconsin Luthe	1:03.51		3/25
10	Hannah CLARK	#6 Edgewood	1:03.53		4/7

Women's 400 Meter Hurdles

1	38 Simone WILSON	#5 Concordia Chica	1:05.37		4/15
2	Eve SHELTON	#5 Concordia Chica	1:08.32		4/15
3	Sammi DIGMAN	#1 St. Norbert	1:08.81		4/15
4	MacKenzie BOLLIS	#3 MSOE	1:09.80		4/15
5	Jennifer NUMMI	#1 St. Norbert	1:11.57		4/2
6	Natalie GRIMALDO	#2 Aurora	1:12.16		4/14
7	Sam BARRETT	#2 Aurora	1:13.55		4/7
8	Michelle WATSON	#9 Benedictine (Ill.)	1:13.91		4/14
9	Julie DUNKEL	#1 St. Norbert	1:15.54		4/15
10	Kelsey ALBOVIAS	#3 MSOE	1:16.10		4/15

Women's 800 Meters

1	55 Simone WILSON	#5 Concordia Chica	2:17.00		4/2
2	Carolyn EVERS	#6 Edgewood	2:23.90		4/2
3	Brooke GRAESSLIN	#7 Wisconsin Luthe	2:24.53		4/2
4	Ashlee MUELLER	#7 Wisconsin Luthe	2:25.65		4/15
5	Deyanneira COLON MALDONADO	#2 Aurora	2:25.93		4/14
6	Madison ETHERIDGE	#2 Aurora	2:26.31		4/14
7	Danielle VAN GRINSVEN	#4 Concordia Wisc	2:26.41		4/15
8	Rachel EHRHART	#6 Edgewood	2:27.19		4/14
9	Olivia SHIP	#1 St. Norbert	2:28.22		4/15
10	Skylar GIBBS	#2 Aurora	2:28.96		4/13

Women's 1500 Meters

1	Rachel EHRHART	#6 Edgewood	4:46.32		4/7
2	Deyanneira COLON MALDONADO	#2 Aurora	4:47.63		4/14
3	Ally VERBAUWHEDE	#6 Edgewood	4:50.75		4/7
4	Madison ETHERIDGE	#2 Aurora	4:55.31		4/14
5	Kaitlyn RODMAN	#3 MSOE	4:55.52		4/7
6	LaNea BARTEL	#4 Concordia Wisc	5:01.02		4/2
7	Brooke GRAESSLIN	#7 Wisconsin Luthe	5:07.13		4/6
8	Carolyn EVERS	#6 Edgewood	5:10.72		4/7
9	KC MCQUAID	#2 Aurora	5:13.14		4/14
10	Danielle VAN GRINSVEN	#4 Concordia Wisc	5:14.90		4/2

Women's Steeplechase

1	35 Rachel EHRHART	#6 Edgewood	11:20.10		4/1
2	97 Sabryn BLEY	#3 MSOE	11:56.58		4/7
3	Sam BARRETT	#2 Aurora	12:53.03		4/14
4	Abby LIESEN	#2 Aurora	13:01.71		4/14
5	Ellee GRUNWALD	#1 St. Norbert	13:06.78		4/15
6	Carsen GATZ	#1 St. Norbert	13:14.03		4/15
7	Ada PARKER	#3 MSOE	13:38.28		4/2
8	Sylvia WALENTOWSKI	#7 Wisconsin Luthe	13:49.66		4/2
9	Katy LIESEN	#2 Aurora	13:54.85		4/7



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Women's 5000 Meters

1	28	Ally VERBAUWHEDE	#6 Edgewood	17:15.03	4/14
2		Irene EHRHART	#6 Edgewood	19:16.82	4/14
3		Molly STEWART	#3 MSOE	19:30.12	4/7
4		Madison ETHERIDGE	#2 Aurora	19:33.59	3/31
5		Faith MERTZIG	#1 St. Norbert	19:39.13	4/2
6		Kaitlyn RODMAN	#3 MSOE	19:50.05	4/15
7		Sarah KULAS	#1 St. Norbert	19:59.87	4/2
8		Mandy GIESE	#6 Edgewood	20:01.01	4/14
9		Shaley GONZALEZ	#2 Aurora	20:35.85	4/7
10		Natalie FLORES	#2 Aurora	20:42.03	4/7

Women's 10,000 Meters

1	47	Deyanneira COLON MALDONADO	#2 Aurora	37:45.41	4/1
2	97	LaNea BARTEL	#4 Concordia Wisc	39:37.91	4/15
3		Anessa YIM	#4 Concordia Wisc	41:02.43	4/15
4		Abby LIESEN	#2 Aurora	41:04.81	3/31
5		Molly STEWART	#3 MSOE	41:56.67	4/2
6		Emily FETZER	#2 Aurora	42:40.32	3/31
7		Brenna CISLER	#1 St. Norbert	42:55.32	4/2
8		Ainara SAINZ DE ROZAS	#4 Concordia Wisc	43:26.93	4/15
9		Faith MERTZIG	#1 St. Norbert	44:35.32	4/15
10		Abigail POEHLMAN	#4 Concordia Wisc	45:35.74	4/15

Women's 4x100 Relay

1	80	Lauren ROTTIER, Nicole MAKOPE, Kennedy MARQUARDT, Gracie WOLFE	#1 St. Norbert	49.77	4/15
2	97	Hannah EBEL, Jenna ZAHORIK, Sabrina MOORE, Maya HIELSCHER	#4 Concordia Wisc	50.09	4/15
3		Kelsey ALBOVIAS, MacKenzie BOLLIS, Abigail SMITH, Gillian MCDANIEL	#3 MSOE	51.91	4/15
4		Skylar GIBBS, Lauren BLIEFERNICHT, Keyara BAILEY, Mary DIETZ	#2 Aurora	52.23	4/7
5		Rachel ROMENS, Sydney SCHROER, Autumn PRZYBYLA, Anna RAASCH	#7 Wisconsin Luth	52.36	4/2
6		Jerzey ALLEN, Aniyah ISOM, Daisia WILSON, Jaime SEIBERT	#5 Concordia Chica	52.54	4/15

Women's 4x400 Relay

1	47	Eve SHELTON, Simone WILSON, Kayla ARMSTRONG, Daisia WILSON	#5 Concordia Chica	4:05.32	4/15
2		Trinity BURG, Hannah CLARK, Carolyn EVERS, Rachel EHRHART	#6 Edgewood	4:15.27	4/14
3		Katie SCHULTZ, Julie DUNKEL, Laci HOEKSEMA, Ally ZICKERT	#1 St. Norbert	4:18.82	4/15
4		LaNea BARTEL, Abigail POEHLMAN, Ainara SAINZ DE ROZAS, Danielle VAN GRINSVEN	#4 Concordia Wisc	4:34.24	4/2
5		MacKenzie BOLLIS, Lauren CAMPBELL, Kaitlyn RODMAN, Kendall KRICH	#3 MSOE	4:36.27	4/7
6		N'Dya FIELDS, KC MCQUAID, August PAUTSCH, Ana PONCE	#2 Aurora	4:37.09	4/7

Women's High Jump

1	7	Olivia JAMESON	#8 Illinois Tech	1.68m	5-6	4/14
2	61	Maya HIELSCHER	#4 Concordia Wisc	1.58m	5-2¼	4/15
3	93	Lauren ROTTIER	#1 St. Norbert	1.55m	5-1	4/7
4		Grace KORGER-MITCHELL	#6 Edgewood	1.53m	5-¼	4/7
5		Jaime SEIBERT	#5 Concordia Chica	1.49m	4-10½	4/15
6		Alayna KOEHLER	#2 Aurora	1.48m	4-10¼	4/13
7		Annika MCKOWN	#8 Illinois Tech	1.46m	4-9½	4/7
8		Keyara BAILEY	#2 Aurora	1.45m	4-9	4/14
8		Skylar GIBBS	#2 Aurora	1.45m	4-9	4/13
8		Amereka MCPHERSON	#1 St. Norbert	1.45m	4-9	4/2
8		Gillian SPUHLER	#3 MSOE	1.45m	4-9	4/2

Women's Pole Vault

1	12	Grace KOWALKOWSKI	#1 St. Norbert	3.75m	12-3½	4/15
2	85	Grace MENZIA	#3 MSOE	3.30m	10-9¾	4/2
3		Carly GRIESEMER	#4 Concordia Wisc	3.00m	9-10	4/2
4		Lora HAUPT	#5 Concordia Chica	2.89m	9-5¾	4/15
5		Isabella GALINDO	#1 St. Norbert	2.87m	9-5	4/6
6		Paige WINTERFELDT	#4 Concordia Wisc	2.85m	9-4¼	4/2
6		Kaitlyn KOTULA	#4 Concordia Wisc	2.85m	9-4¼	4/2
8		Lara DESHLER	#1 St. Norbert	2.70m	8-10¼	4/15
9		Jissell CANO	#2 Aurora	2.45m	8-½	4/7
10		Leah WIERSCHKE	#7 Wisconsin Luth	2.35m	7-8½	3/25



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Women's Long Jump

1	7	Sydney SPAETH	#1	St. Norbert	5.71m	18-8¾ (3.8)	3/16
2	15	Grace KORGER-MITCHELL	#6	Edgewood	5.62m	18-5¼ (1.6)	4/14
3	59	Nicole MAKOPE	#1	St. Norbert	5.39m	17-8¼ (1.8)	4/6
4		Maya HIELSCHER	#4	Concordia Wisc	5.19m	17-½ (2.1)	4/2
5		Marissa LORENZ	#1	St. Norbert	5.04m	16-6½ (3.5)	4/6
6		Ellie STAEHLING	#1	St. Norbert	5.02m	16-5¾ (2.6)	4/2
6		Zahra SAMMOUR	#5	Concordia Chica	5.02m	16-5¾ (3.1)	4/2
8		Gillian MCDANIEL	#3	MSOE	5.01m	16-5¼ (1.4)	4/2
9		Rachel ROMENS	#7	Wisconsin Luthe	5.00m	16-5 (0.1)	4/15
10		Gillian SPUHLER	#3	MSOE	4.92m	16-1¾ (0.0)	4/15

Women's Triple Jump

1	11	Sydney SPAETH	#1	St. Norbert	11.88m	38-11¾ (0.)	4/15
2	25	Zahra SAMMOUR	#5	Concordia Chica	11.45m	37-6¾ (2.3)	4/2
3	60	Marissa LORENZ	#1	St. Norbert	11.08m	36-4¼ (1.4)	4/15
4		Gillian SPUHLER	#3	MSOE	10.74m	35-3 (0.0)	4/15
5		Amereka MCPHERSON	#1	St. Norbert	10.45m	34-3½ (-1.)	4/6
6		Rachel ROMENS	#7	Wisconsin Luthe	10.15m	33-3¾ (3.3)	4/2
7		Gillian MCDANIEL	#3	MSOE	10.08m	33-1 (2.3)	4/7
8		Noor SAMMOUR	#5	Concordia Chica	9.91m	32-6¼ (0.0)	4/15
9		Keyara BAILEY	#2	Aurora	9.85m	32-3¾ (0.3)	4/7
10		Janae JENSEN	#7	Wisconsin Luthe	9.41m	30-10½ (0.)	4/15

Women's Shot Put

1	2	Kash ALLEN	#9	Benedictine (Ill.)	14.67m	48-1¾	4/14
2	18	Katrina WAWRZYN	#3	MSOE	13.51m	44-4	4/7
3	45	Josephine JACKLIN	#3	MSOE	12.71m	41-8½	4/2
4	53	Madeline BOBINSKI	#5	Concordia Chica	12.57m	41-3	4/2
5	92	Kylie CRUM	#3	MSOE	12.12m	39-9¼	4/15
6		Jessa ALDERMAN	#3	MSOE	11.96m	39-3	4/7
6		Peyton PANKA	#1	St. Norbert	11.96m	39-3	4/15
8		Ava LARSON	#3	MSOE	11.87m	38-11½	4/15
9		Lauren ROTTIER	#1	St. Norbert	11.52m	37-9½	4/7
10		Miani BLACKWELL	#1	St. Norbert	11.22m	36-9¾	4/2

Women's Discus

1	14	Katrina WAWRZYN	#3	MSOE	43.37m	142-4	4/7
2		Lydia ALBRECHT	#1	St. Norbert	37.87m	124-3	4/6
3		Jessa ALDERMAN	#3	MSOE	37.72m	123-9	4/7
4		Gabrielle HARDING	#5	Concordia Chica	36.66m	120-4	4/15
5		Taylor THIRY	#1	St. Norbert	36.26m	119-0	4/15
6		Ava LARSON	#3	MSOE	36.09m	118-5	4/7
7		Megan PETRAS	#1	St. Norbert	36.05m	118-3	4/6
8		Elizabeth MIKKELSON	#3	MSOE	35.04m	115-0	4/2
9		Sydney THOMAS	#3	MSOE	34.84m	114-4	4/7
10		Madeline BOBINSKI	#5	Concordia Chica	34.81m	114-3	4/2

Women's Hammer

1	36	Elizabeth MIKKELSON	#3	MSOE	48.60m	159-6	4/7
2	73	Gabrielle HARDING	#5	Concordia Chica	46.39m	152-3	4/15
3		Miani BLACKWELL	#1	St. Norbert	42.61m	139-10	4/15
4		Ava LARSON	#3	MSOE	42.31m	138-10	4/7
5		Katrina WAWRZYN	#3	MSOE	42.09m	138-1	4/2
6		Gloria TYLER	#1	St. Norbert	40.52m	132-11	4/2
7		Kayla PAGEL	#7	Wisconsin Luthe	39.78m	130-6	4/15
8		Jessa ALDERMAN	#3	MSOE	39.13m	128-5	4/15
9		Sydney THOMAS	#3	MSOE	38.76m	127-2	4/2
10		Peyton PANKA	#1	St. Norbert	38.47m	126-3	3/16

Women's Javelin

1	15	Peyton PANKA	#1	St. Norbert	40.09m	131-7	4/6
2	18	Madeline BOBINSKI	#5	Concordia Chica	39.98m	131-2	4/2
3	50	Lauren ROTTIER	#1	St. Norbert	37.00m	121-5	4/7
4	84	Maya HIELSCHER	#4	Concordia Wisc	35.83m	117-7	4/15
5		Ashley GREER	#2	Aurora	33.22m	109-0	4/14
6		Megan PETRAS	#1	St. Norbert	31.72m	104-1	4/15
7		Elizabeth EILERTSON	#7	Wisconsin Luthe	30.56m	100-3	3/25
8		Emily GONNERING	#1	St. Norbert	28.96m	95-¼	4/6
9		Paige SWEEM	#7	Wisconsin Luthe	28.40m	93-2¼	4/2
10		Catherine ROMINE	#4	Concordia Wisc	26.70m	87-7¼	4/2

Women's Heptathlon

1	10	Lauren ROTTIER	#1	St. Norbert	4,492		4/7
2	29	Skylar GIBBS	#2	Aurora	3,962		4/13
3	69	Alayna KOEHLER	#2	Aurora	3,086		4/13
4	74	Hannah CURE	#2	Aurora	2,959		4/13



Conference TFRI Event Summary

as of 4/17/2023 6:58:52 AM

NCAC

Women's 100 Meters

1	35	Anaya JOLIVETTE	#5	Denison	12.19w	(3.6)	4/15
2	90	Meghan FRAZIER	#1	Wittenberg	12.45	(0.0)	4/8
3		Addystin LYKINS	#2	Ohio Wesleyan	12.50	(-0.6)	3/24
4		Zora SHAKHAN	#1	Wittenberg	12.60	(0.2)	4/14
5		Drew PATTERSON	#6	Wooster	12.69w	(3.6)	4/15
6		Tymeerah DE'ARMOND	#1	Wittenberg	12.70	(0.0)	4/8
7		Lindsey MAGOTEAUX	#1	Wittenberg	12.74	(0.1)	4/14
8		Lillian BOSTON	#3	DePauw	12.88w	(2.6)	3/31
9		Haleigh WILLISON	#1	Wittenberg	12.91	(0.0)	4/8
10		Ryley STEGGALL	#4	Oberlin	13.01w	(2.7)	4/15

Women's 100 Meter Hurdles

1	39	Chilly WALLACE	#4	Oberlin	14.86w	(3.2)	4/15
2	58	Coral PIERSON	#2	Ohio Wesleyan	15.12w	(3.2)	4/15
3	94	Caliyah BENNETT	#5	Denison	15.51	(1.5)	4/1
4		Clare MACKIN	#6	Wooster	15.65w	(3.2)	4/15
5		Mary SIRIOS	#6	Wooster	15.79w	(2.1)	3/16
6		Reese NEUMEYER	#1	Wittenberg	15.86	(1.5)	4/1
7		Seelye STOFFREGEN	#3	DePauw	16.11	(1.9)	4/15
8		Aliisa JAMES	#2	Ohio Wesleyan	16.13	(1.5)	4/1
9		Ava KLANN	#2	Ohio Wesleyan	16.28	(1.6)	4/15
10		Grace NEUGER	#7	Kenyon	16.44	(1.6)	4/15

Women's 200 Meters

1	44	Anaya JOLIVETTE	#5	Denison	25.24w	(2.6)	4/15
1	44	Meghan FRAZIER	#1	Wittenberg	25.24w	(2.1)	4/14
3	81	Addystin LYKINS	#2	Ohio Wesleyan	25.62w	(2.6)	4/15
4		Tymeerah DE'ARMOND	#1	Wittenberg	25.79	(0.3)	4/8
5		Haleigh WILLISON	#1	Wittenberg	25.81w	(3.2)	4/14
6		Zora SHAKHAN	#1	Wittenberg	26.41	(0.3)	4/8
7		Sophia ELLERKMANN	#5	Denison	26.53	(0.9)	4/12
8		Isabella COZZIE	#6	Wooster	26.61w	(2.9)	4/15
9		Chilly WALLACE	#4	Oberlin	26.67	(1.3)	4/8
10		Kyngston COLLINS	#1	Wittenberg	26.76w	(2.3)	4/14

Women's 400 Meters

1	55	Tymeerah DE'ARMOND	#1	Wittenberg	58.64		4/14
2	96	Sophia ELLERKMANN	#5	Denison	59.35		4/8
3		Erin ANDERSON	#5	Denison	1:00.39		4/1
4		Addystin LYKINS	#2	Ohio Wesleyan	1:00.53		4/1
5		Haley BLOOM	#6	Wooster	1:01.06		4/12
6		Anaya JOLIVETTE	#5	Denison	1:01.55		3/24
7		Abigail DANNE	#1	Wittenberg	1:01.75		4/14
8		Delaney TACKETT	#1	Wittenberg	1:01.83		4/1
9		Camila CIEMBRONIEWICZ	#4	Oberlin	1:02.12		4/8
10		Kyngston COLLINS	#1	Wittenberg	1:02.29		4/14

Women's 400 Meter Hurdles

1	52	Aliisa JAMES	#2	Ohio Wesleyan	1:05.91		4/8
2	97	Seelye STOFFREGEN	#3	DePauw	1:07.75		4/8
3		Hayden HILL	#4	Oberlin	1:10.34		4/8
4		Reese NEUMEYER	#1	Wittenberg	1:10.50		4/8
5		Daysia HARGRAVE	#6	Wooster	1:10.85		4/12
6		Maya VIRDELL	#7	Kenyon	1:11.12		4/15
7		Sydney BROWN	#5	Denison	1:11.74		4/15
8		Hazel JOLLIFF	#2	Ohio Wesleyan	1:12.69		4/8
9		Mary SIRIOS	#6	Wooster	1:13.09		4/8
10		Celia VAUGHN	#4	Oberlin	1:13.40		3/31

Women's 800 Meters

1	76	Erin ANDERSON	#5	Denison	2:18.01		3/24
2		Ella WEBSTER	#1	Wittenberg	2:19.41		4/14
3		Anna BROWN	#7	Kenyon	2:20.80		4/15
4		Athena THARENOS	#6	Wooster	2:22.38		3/16
5		Emma JACOBS	#3	DePauw	2:22.56		4/15
6		Katelyn STAPLETON	#2	Ohio Wesleyan	2:22.90		4/8
7		Camila CIEMBRONIEWICZ	#4	Oberlin	2:23.15		3/31
8		Logan VIDAL	#7	Kenyon	2:23.28		4/15
9		Sage REDDISH	#4	Oberlin	2:23.99		4/8
10		McKenna DOWNING	#2	Ohio Wesleyan	2:24.81		4/8

Women's 1500 Meters

1		Sage REDDISH	#4	Oberlin	4:46.73		4/15
2		Ella WEBSTER	#1	Wittenberg	4:47.93		4/14
3		Anna LINDOWER	#5	Denison	4:58.38		4/8
4		Sophie PORTER	#3	DePauw	4:58.99		3/31
5		Rachel DELANCEY	#3	DePauw	5:00.28		4/15
6		Meredith SIERPINA	#3	DePauw	5:01.64		3/31
7		Margo LEE	#4	Oberlin	5:01.71		4/15
8		Anna BROWN	#7	Kenyon	5:01.89		4/8
9		Morgan THARP	#3	DePauw	5:02.13		4/8
10		Emma JACOBS	#3	DePauw	5:02.37		3/31

Women's Steeplechase

1	14	Sydney KHOSLA	#1	Wittenberg	10:56.99		4/1
2	24	Athena THARENOS	#6	Wooster	11:08.22		4/15
3	71	Eliza MEDEARIS	#4	Oberlin	11:42.78		3/31
4		Kendall MANN	#3	DePauw	12:22.15		4/8
5		Lauren MONTGOMERY	#2	Ohio Wesleyan	12:50.35		4/8
6		Sammy MAGLOT	#2	Ohio Wesleyan	13:06.47		4/8
7		Amber BOROFSKY	#4	Oberlin	13:12.15		4/15
8		Isabel PROSNITZ	#7	Kenyon	13:16.64		4/8
9		Caleigh LYONS	#4	Oberlin	13:22.55		3/31
10		Julia RENETZKY	#5	Denison	13:25.00		4/15



Conference TFRI Event Summary

as of 4/17/2023 6:58:52 AM

NCAC

Women's 5000 Meters

1	38	Sydney KHOSLA	#1	Wittenberg	17:25.29	4/14
2	96	Sophie PORTER	#3	DePauw	17:51.69	4/8
3	98	Meredith SIERPINA	#3	DePauw	17:52.07	4/8
4		Emma HAWK	#1	Wittenberg	18:10.34	4/14
5		Anna LINDOWER	#5	Denison	18:23.44	4/14
6		Isabelle HOOVER	#6	Wooster	18:24.56	3/31
7		Ella WEBSTER	#1	Wittenberg	18:24.99	4/1
8		Brynn URBAN	#3	DePauw	18:35.09	4/8
9		Amzie MAIENBROOK	#3	DePauw	18:39.66	4/8
10		Megan KEYS	#1	Wittenberg	18:40.84	4/14

Women's 10,000 Meters

1	64	Sophie PORTER	#3	DePauw	38:35.35	4/15
2		Amzie MAIENBROOK	#3	DePauw	40:18.21	4/15
3		Brynn URBAN	#3	DePauw	40:26.77	4/15
4		Eleanor LUTTMAN	#2	Ohio Wesleyan	42:53.17	4/15
5		Claire CAMPANELLI	#5	Denison	43:01.30	4/1
6		Roberta FISHER	#5	Denison	45:46.90	4/15

Women's 4x100 Relay

1	23	Zora SHAKHAN, Lindsey MAGOTEAUX, Haleigh WILLISON, Meghan FRAZIER	#1	Wittenberg	48.06	4/14
2	73	Coral PIERSON, Addystin LYKINS, Aliisa JAMES, Liberty BROCK	#2	Ohio Wesleyan	49.61	4/15
3		Maia DOESCHER, Isabella COZZIE, Drew PATTERSON, Clare MACKIN	#6	Wooster	50.22	4/15
4		Caliyah BENNETT, Fatima HENDERSON- BERNA, Anaya JOLIVETTE, Sophia ELLERKMANN	#5	Denison	50.29	4/1
5		Jaida SMITH, Lillian BOSTON, Alexis CAGAN, Emily LOERA	#3	DePauw	51.13	4/15
6		Ryley STEGGALL, Anna FRITZ, Heather BENWAY, Chilly WALLACE	#4	Oberlin	51.82	4/15
7		Erika CONANT, Paula SORIC, Grace NEUGER, Talulla SHERIDAN	#7	Kenyon	53.25	4/15

Women's 4x400 Relay

1	19	Abigail DANNE, Meghan FRAZIER, Haleigh WILLISON, Tymeerah DE'ARMOND	#1	Wittenberg	4:00.30	4/14
2	64	Sophia ELLERKMANN, Emily BRENNAN, Anaya JOLIVETTE, Erin MAYLE	#5	Denison	4:07.28	4/15
3	71	Liberty BROCK, Addystin LYKINS, Katelyn STAPLETON, Sierra HOOVER	#2	Ohio Wesleyan	4:07.91	4/15
4	89	Haley BLOOM, Isabella COZZIE, Athena THARENOS, Ignacia MENDEZ	#6	Wooster	4:10.79	4/15
5		Alexis CAGAN, Emily LOERA, Seelye STOFFREGEN, Annalise GRAMMEL	#3	DePauw	4:12.89	3/31
6		Myranda MONTOYE, Clara SMITH, Camila CIEMBRONIEWICZ, Sage REDDISH	#4	Oberlin	4:14.96	4/8
7		Anna BROWN, Logan VIDAL, Jean COOK, Denna MEDRANO	#7	Kenyon	4:21.99	4/15

Women's High Jump

1	21	Drew PATTERSON	#6	Wooster	1.63m	5-4¼	4/15
2	37	Julissa WILLIAMS	#1	Wittenberg	1.60m	5-3	4/8
2	37	Peyton HOWELL	#2	Ohio Wesleyan	1.60m	5-3	4/8
4	57	Claudia PARTRIDGE	#6	Wooster	1.59m	5-2½	4/8
5	93	Taylor WEISS	#1	Wittenberg	1.55m	5-1	4/1
6		Madison MANNIS	#2	Ohio Wesleyan	1.53m	5-¼	4/8
7		Maia DOESCHER	#6	Wooster	1.50m	4-11	4/12
8		Abby HARTMAN	#3	DePauw	1.49m	4-10½	4/15
9		Hayden HILL	#4	Oberlin	1.48m	4-10¼	4/15
10		Ireland NOWAK	#2	Ohio Wesleyan	1.43m	4-8¼	4/8

Women's Pole Vault

1	50	Cate GAGNIER	#5	Denison	3.43m	11-3	4/15
1	50	Morgan KROMER	#6	Wooster	3.43m	11-3	4/15
3	99	Tiffany HIX	#1	Wittenberg	3.25m	10-8	4/8
4		Emma STEMEN	#3	DePauw	3.15m	10-4	4/15
5		Cameron ROGERS	#2	Ohio Wesleyan	3.13m	10-3¼	4/15
6		Celeste SWIHART	#2	Ohio Wesleyan	3.05m	10-0	4/1
7		Emma HART	#4	Oberlin	2.98m	9-9¼	4/15
8		Sydney KULKARNI	#4	Oberlin	2.83m	9-3¼	4/15
9		Lily VAUGHT	#3	DePauw	2.70m	8-10¼	4/15
10		Brooklyn HELLER	#5	Denison	2.68m	8-9½	4/15



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NCAC

Women's Long Jump

1	71	Julissa WILLIAMS	#1	Wittenberg	5.30m	17-4¾ (0.0)	4/14
2		Emily LOERA	#3	DePauw	5.17mw	16-11½ (3.0)	4/15
3		Veronica HARDMAN	#2	Ohio Wesleyan	5.16mw	16-11¼ (3.0)	4/1
4		Anna FRITZ	#4	Oberlin	5.13m	16-10 (0.0)	4/15
4		Heather BENWAY	#4	Oberlin	5.13mw	16-10 (3.8)	3/31
6		Erica CONANT	#7	Kenyon	5.10mw	16-8¾ (2.1)	4/8
7		Tiffany HIX	#1	Wittenberg	4.92mw	16-1¾ (2.6)	4/1
7		Lainee VALENTINE	#1	Wittenberg	4.92m	16-1¾ (0.0)	4/14
9		Stefany SPARKS	#5	Denison	4.91m	16-1½ (-1.0)	4/15
10		Aliisa JAMES	#2	Ohio Wesleyan	4.87m	15-11¾ (1.0)	4/8

Women's Triple Jump

1	46	Chilly WALLACE	#4	Oberlin	11.19mw	36-8½ (4.0)	3/31
2		Drew PATTERSON	#6	Wooster	10.73m	35-2½ (1.5)	3/31
3		Tessa KOCHERT	#3	DePauw	10.70mw	35-1¼ (3.3)	4/8
4		Erica CONANT	#7	Kenyon	10.36mw	34-0 (3.0)	3/31
5		Rainer YAEGER	#5	Denison	10.24mw	33-7¼ (2.4)	4/1
6		Anna FRITZ	#4	Oberlin	10.19mw	33-5¼ (3.1)	4/8
7		Jaida SMITH	#3	DePauw	9.93mw	32-7 (3.8)	4/15
8		Nina HOYT	#4	Oberlin	9.79m	32-1½ (0.0)	4/8
9		Reese NEUMEYER	#1	Wittenberg	9.77mw	32-¾ (3.1)	4/1
10		Ireland NOWAK	#2	Ohio Wesleyan	9.71m	31-10¼ (-0.0)	3/24

Women's Shot Put

1	13	Ari MCPHETERS	#2	Ohio Wesleyan	13.60m	44-7½	4/15
2	26	Mikaila CARPENTER	#5	Denison	13.19m	43-3¾	4/15
3	84	Bree MAHONEY-SUTHERLAND	#3	DePauw	12.19m	40-0	4/8
4		Aidan ORTH	#1	Wittenberg	11.88m	38-11¾	4/14
5		Evangeline SANFORD	#6	Wooster	11.75m	38-6¾	4/12
6		Kylee SILVERMAN	#5	Denison	11.49m	37-8½	4/12
7		Emma HALL	#2	Ohio Wesleyan	11.45m	37-6¾	3/24
8		Tamara DZOLIC	#5	Denison	11.21m	36-9½	4/12
9		Ainsley WIESNER	#6	Wooster	11.16m	36-7½	4/8
9		Shayla KEEGAN	#4	Oberlin	11.16m	36-7½	4/15

Women's Discus

1	42	Sadie KNOTSMAN	#1	Wittenberg	40.40m	132-7	3/25
2	45	Evangeline SANFORD	#6	Wooster	40.28m	132-2	3/31
3	72	Abby CANNON	#4	Oberlin	38.97m	127-10	4/8
4	95	Emily DAVIS	#2	Ohio Wesleyan	38.24m	125-6	4/8
5		Aidan ORTH	#1	Wittenberg	37.96m	124-7	4/8
6		Shayla KEEGAN	#4	Oberlin	37.26m	122-3	4/15
7		Mikaila CARPENTER	#5	Denison	36.44m	119-7	4/12
8		Khloe DUBENION	#2	Ohio Wesleyan	35.13m	115-3	4/1
9		Victoria BLAIR	#4	Oberlin	35.07m	115-1	4/8
10		Emma DOERMAN	#1	Wittenberg	33.68m	110-6	4/14

Women's Hammer

1	13	Khloe DUBENION	#2	Ohio Wesleyan	52.64m	172-9	4/15
2	27	Kylee SILVERMAN	#5	Denison	48.89m	160-5	4/12
3	32	Amy POLLACK	#5	Denison	48.75m	159-11	4/12
4	33	Ainsley WIESNER	#6	Wooster	48.73m	159-11	4/12
5	37	Iyanna LEWIS	#4	Oberlin	48.56m	159-4	4/15
6	59	Abby CANNON	#4	Oberlin	46.92m	153-11	4/15
7	97	Gabby STEFANKA	#2	Ohio Wesleyan	45.27m	148-6	4/15
8		Shayla KEEGAN	#4	Oberlin	42.53m	139-7	4/15
9		Victoria BLAIR	#4	Oberlin	40.78m	133-10	4/8
10		Evangeline SANFORD	#6	Wooster	39.66m	130-2	4/8

Women's Javelin

1	55	Ainsley WIESNER	#6	Wooster	36.92m	121-2	4/12
2		Hazel JOLLIFF	#2	Ohio Wesleyan	34.87m	114-5	4/15
3		Jocelyn WEAVER	#2	Ohio Wesleyan	32.28m	105-11	4/15
4		Lucy STOKES	#3	DePauw	31.49m	103-4	4/8
5		Ziciah GIBSON	#1	Wittenberg	31.00m	101-9	4/8
6		Reanna STIEHLER	#3	DePauw	28.70m	94-2	4/8
7		Iyanna LEWIS	#4	Oberlin	28.22m	92-7	4/15
8		Mady ALTMAN	#3	DePauw	27.88m	91-5¾	4/15
9		Alexis CAGAN	#3	DePauw	27.72m	90-11½	4/8
10		Marissa SIEGAL	#2	Ohio Wesleyan	26.67m	87-6	4/8



Conference TFRI Event Summary

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NESCAC

Women's 100 Meters

1	13	Kiara TAN	#4 Williams	12.03w	(2.3)	3/25
2	16	Kianne BENJAMIN	#5 Bowdoin	12.07	(1.9)	4/8
3	23	Malissa LINDSEY	#7 Connecticut Coll	12.10w	(3.8)	4/8
4	36	Grace DEVANNY	#6 Wesleyan (Conn	12.20	(0.4)	4/8
5	56	Gabby HARRIS	#6 Wesleyan (Conn	12.31	(0.6)	4/14
6	60	Melissa WHITE	#1 Middlebury	12.32w	(3.4)	3/25
7		Cady BARNES	#1 Middlebury	12.51	(1.0)	3/18
8		Olive LAWRENCE	#1 Middlebury	12.58w	(3.4)	3/25
9		Scarlet RUSCH	#4 Williams	12.60	(0.4)	4/8
10		Eva KAIDEN	#1 Middlebury	12.63	(1.5)	3/18
10		Rachel ARTHUR	#4 Williams	12.63w	(2.3)	3/25

Women's 100 Meter Hurdles

1	16	Eliza CARDWELL	#3 Amherst	14.51	(1.6)	4/8
2	34	Arisa Grace MCGOWAN	#3 Amherst	14.76	(1.6)	4/8
3	35	Sarah PILLONE	#2 Tufts	14.77	(1.5)	3/25
4	46	Emily RUBIO	#1 Middlebury	14.93	(1.5)	4/14
5	52	Erin DAUGHERTY	#9 Colby	14.99	(0.7)	4/14
6	65	Moriah SCHARN	#8 Bates	15.16	(-1.2)	4/15
7	67	Anastasia IOPPOLO	#3 Amherst	15.25	(1.4)	4/8
8	80	Kassie BRINK	#9 Colby	15.37	(-0.1)	3/24
9		Emma WHEELER	#7 Connecticut Coll	15.60w	(2.2)	3/26
10		Livi MAZEROLLE	#4 Williams	15.76	(1.5)	4/14

Women's 200 Meters

1	11	Kianne BENJAMIN	#5 Bowdoin	24.68	(-3.0)	4/14
2	19	Grace DEVANNY	#6 Wesleyan (Conn	24.93	(0.7)	4/14
3	24	Kiara TAN	#4 Williams	25.00	(0.9)	3/25
4	34	Fiona MEJICO	#9 Colby	25.14w	(2.5)	4/14
5	51	Malissa LINDSEY	#7 Connecticut Coll	25.31	(0.9)	4/8
6	69	Melissa WHITE	#1 Middlebury	25.52	(0.4)	3/18
7	83	Michelle LOUIE	#1 Middlebury	25.63	(1.7)	3/18
8	92	Scarlet RUSCH	#4 Williams	25.71	(-3.0)	4/14
9		Eva KAIDEN	#1 Middlebury	25.79	(0.4)	3/18
10		Gabby HARRIS	#6 Wesleyan (Conn	25.93	(1.2)	4/14

Women's 400 Meters

1	7	Fiona MEJICO	#9 Colby	56.43		4/14
2	14	Kianne BENJAMIN	#5 Bowdoin	57.10		4/1
3	28	Cianna O'FLAHERTY	#5 Bowdoin	57.73		4/14
4	30	Scarlet RUSCH	#4 Williams	57.81		4/14
5	35	Camryn TAYLOR	#4 Williams	58.06		4/8
6	52	Michelle LOUIE	#1 Middlebury	58.55		3/25
7	58	Casie EIFRIG	#3 Amherst	58.70		4/14
8	60	Katherine PAGE	#5 Bowdoin	58.75		4/14
9	63	Annika KRAL	#2 Tufts	58.79		3/25
10	69	Kennedy MULLEN	#10 Trinity (Conn.)	58.94		4/14

Women's 400 Meter Hurdles

1	3	Eliza CARDWELL	#3 Amherst	1:01.68		4/14
2	7	Camryn TAYLOR	#4 Williams	1:02.04		4/14
3	10	Fiona MEJICO	#9 Colby	1:02.27		3/24
4	14	Ciara DALE	#1 Middlebury	1:02.84		4/14
5	19	Emma SMITH	#2 Tufts	1:03.44		4/14
6	29	Campbell DEVLIN	#2 Tufts	1:04.64		4/1
7	32	Antonia KNOTH	#2 Tufts	1:04.77		4/14
8	36	Erica MACSWEENEY	#7 Connecticut Coll	1:05.12		4/14
9	39	Erin DAUGHERTY	#9 Colby	1:05.38		4/14
10	56	Myeh MEDINA	#3 Amherst	1:06.01		3/31
10	56	Trintje NYDAM	#3 Amherst	1:06.01		4/14

Women's 800 Meters

1	5	Hannah NEILON	#2 Tufts	2:12.27		3/24
2	23	Margo PEDERSEN	#3 Amherst	2:14.91		4/14
3	25	Elle THOMPSON	#1 Middlebury	2:15.13		3/25
4	31	Grace DEVANNY	#6 Wesleyan (Conn	2:15.65		4/8
5	47	Jane HOLLANDER	#6 Wesleyan (Conn	2:16.54		4/8
6	56	Lucy GAGNON	#4 Williams	2:17.11		4/8
7	70	Julia DOLCE	#2 Tufts	2:17.89		3/25
8	74	Alexa ESTES	#7 Connecticut Coll	2:17.99		4/14
9	75	Bella LOZIER	#3 Amherst	2:18.00		4/14
10	84	Piper LENTZ	#3 Amherst	2:18.33		4/14

Women's 1500 Meters

1	28	Ella BALL	#4 Williams	4:36.94		3/24
2	30	Kate KENNY	#1 Middlebury	4:37.10		3/18
3	34	Hannah NEILON	#2 Tufts	4:37.39		3/18
4	37	Chrissy AMAN	#8 Bates	4:38.08		4/14
5	38	Abby SCOTT	#4 Williams	4:38.11		3/25
6	46	Blakeley BUCKINGHAM	#4 Williams	4:39.33		4/14
7	49	Leila TRUMMEL	#5 Bowdoin	4:40.13		4/14
8	50	Julia SCHOR	#3 Amherst	4:40.18		4/14
9	51	Sylvan WOLD	#3 Amherst	4:40.31		4/8
10	55	Lilly WELLS	#4 Williams	4:40.70		4/14

Women's Steeplechase

1	5	Molly FITZGIBBONS	#4 Williams	10:44.23		3/24
2	8	Mary Kate MCGRANAHAN	#3 Amherst	10:49.85		4/8
3	15	Kate KENNY	#1 Middlebury	10:58.59		3/24
4	18	Audrey GRIMES	#1 Middlebury	11:00.69		3/24
5	44	Ona ORTIZ-GUDEMAM	#3 Amherst	11:30.04		3/31
6	47	Tatum PESKIN	#1 Middlebury	11:31.06		4/14
7	56	Claire CALLON	#3 Amherst	11:34.86		4/8
8	58	Stephanie AGER	#6 Wesleyan (Conn	11:35.98		4/14
9	75	Kelsey CRAWFORD	#5 Bowdoin	11:45.14		4/14
10	76	Alexandra DEAN	#2 Tufts	11:45.56		4/14



Conference TFRI Event Summary

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NESCAC

Women's 5000 Meters

1	20	Jillian RICHARDSON	#8 Bates	17:07.59	4/14
2	29	Ella BALL	#4 Williams	17:15.36	4/14
3	45	Molly FITZGIBBONS	#4 Williams	17:29.51	4/14
4	47	Mary Kate MCGRANAHAN	#3 Amherst	17:31.42	4/14
5	52	Julia CURRAN	#7 Connecticut Coll	17:33.08	4/14
6	62	Allison LOUNSBURY	#3 Amherst	17:38.44	4/8
7	86	Stephanie AGER	#6 Wesleyan (Conn	17:48.17	4/8
8	94	Fiona PICONE	#4 Williams	17:50.16	3/25
9	97	Elizabeth HOLCOMBE	#8 Bates	17:51.76	4/1
10		Daphne THEILER	#3 Amherst	17:54.58	4/8

Women's 10,000 Meters

1	28	Fiona PICONE	#4 Williams	36:45.76	4/14
2	38	Miranda GRAVES	#6 Wesleyan (Conn	37:09.89	4/14
3	42	Allison LOUNSBURY	#3 Amherst	37:32.54	4/14
4	58	Alsacia TIMMERMAN	#7 Connecticut Coll	38:25.74	4/14
5	66	Claire CALLON	#3 Amherst	38:49.56	4/14
6	71	Isabel MAY	#8 Bates	39:01.13	4/1
7		Ana GUNTHER	#5 Bowdoin	39:52.58	4/1
8		Eliana MONTGOMERY	#2 Tufts	39:53.89	4/1
9		Keegan MCAULIFE	#1 Middlebury	40:44.30	3/24
10		Gwenyth STACH	#2 Tufts	40:55.72	4/1

Women's 4x100 Relay

1	14	Melissa WHITE, Michelle LOUIE, Eva KAIDEN, Cady BARNS	#1 Middlebury	47.69	4/14
2	19	Kiara TAN, Rachel ARTHUR, Scarlet RUSCH, Ella SUKUP	#4 Williams	48.01	4/14
2	19	Gabby HARRIS, Kenzie KELLY, Augusta Clai BURHANS, Grace DEVANNY	#6 Wesleyan (Conn	48.01	4/14
4	36	Mia BAWENDI, Arissa Grace MCGOWAN, Anastasia IOPPOLO, Eliza CARDWELL	#3 Amherst	48.62	4/14
5	54	Jazmyn GILLESPIE, Mary RUSNOCK, Abby ILUSORIO, Malissa LINDSEY	#7 Connecticut Coll	49.19	4/14
6	66	Katherine PAGE, Arly RODRIGUEZ, Catherine UWAKWE, Gabby PHILLIPS	#5 Bowdoin	49.42	4/14
7	79	Lottie FRANCK, Fiona MEJICO, Erin DAUGHERTY, Kristina PIZZI	#9 Colby	49.76	3/24
8	90	Sarah PILLONE, Annika KRAL, Anne-Sophie JANSSEN, Teghan SYDNOR	#2 Tufts	50.02	3/25
9		Megan LACEY, Alice COCKERHAM, Moriah SCHARN, Lily D'ADDARIO	#8 Bates	51.05	4/8
10		Savannah CECE, Sophia JONES, Jillian FISHER, Cate KNEEBONE	#10 Trinity (Conn.)	51.44	4/14



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NESCAC

Women's 4x400 Relay

1	8	Michelle LOUIE, Ciara DALE, Anna KROUSE, Elle THOMPSON	#1 Middlebury	3:56.81	4/14
2	15	Mads RABB, Casie EIFRIG, Halle HANNA, Myeh MEDINA	#3 Amherst	3:59.24	4/14
3	16	Campbell DEVLIN, Annika KRAL, Antonia KNOTH, Emma SMITH	#2 Tufts	3:59.42	4/14
4	20	Sophia JONES, Julianna KENNEDY, Cate KNEEBONE, Kennedy MULLEN	#10 Trinity (Conn.)	4:00.54	4/8
5	22	Jazmyn GILLESPIE, Erica MACSWEENEY, Alexa ESTES, Mary RUSNOCK	#7 Connecticut Coll	4:00.55	4/8
6	24	Katherine PAGE, Gabby PHILLIPS, Cianna O'FLAHERTY, Kianne BENJAMIN	#5 Bowdoin	4:00.71	4/8
7	28	Sophia MACK, Imagen WALTERS, Kenzie KELLY, Grace DEVANNY	#6 Wesleyan (Conn)	4:01.63	4/1
8	29	Olivia TOMLIN, Kristina PIZZI, Anna MACKEY, Olivia DOHERTY	#9 Colby	4:01.65	3/17
9	54	Lucy GAGNON, Grace KAERCHER, Lilly WELLS, Nora JOHNSON	#4 Williams	4:06.17	3/25
10		Claire TRATNYEK, Eva MCILRAITH, Hannah TURNER, Emily POGOZELSKI	#11 Hamilton	4:18.41	3/24

Women's High Jump

1	1	Jaidyn APPEL	#2 Tufts	1.73m	5-8	4/14
2	14	Emily RUBIO	#1 Middlebury	1.65m	5-5	4/14
2	14	Gabriella GRATTAN	#10 Trinity (Conn.)	1.65m	5-5	4/14
4	29	Livi MAZEROLLE	#4 Williams	1.62m	5-3¾	4/14
5	37	Isabel LLACH	#9 Colby	1.60m	5-3	4/14
5	37	Amelie JAMANKA	#4 Williams	1.60m	5-3	3/25
7	61	Harper MEEK	#2 Tufts	1.58m	5-2¼	4/8
8	70	Emma WHEELER	#7 Connecticut Coll	1.57m	5-1¾	4/14
9	89	Anaya THOMAS	#3 Amherst	1.56m	5-1¼	4/14
10		Hayden COLFAX	#4 Williams	1.53m	5-¼	4/8

Women's Pole Vault

1	4	Kelsie HAO	#2 Tufts	3.85m	12-7½	4/1
2	22	Mia BAWENDI	#3 Amherst	3.60m	11-9¾	4/8
3	27	Charlotte HODGE	#5 Bowdoin	3.55m	11-7¾	4/1
4	48	Zoe WANG	#1 Middlebury	3.44m	11-3½	3/25
4	48	Ellie FITZGERALD	#4 Williams	3.44m	11-3½	3/25
6	55	Lia ROTTI	#2 Tufts	3.40m	11-1¾	4/14
6	55	Sarah FIRTH	#2 Tufts	3.40m	11-1¾	4/14
6	55	Poppy MILLER	#4 Williams	3.40m	11-1¾	4/14
9	85	Nyla THOMPSON	#2 Tufts	3.30m	10-9¾	4/8
9	85	Erika KLUGE	#6 Wesleyan (Conn)	3.30m	10-9¾	4/8
9	85	Jae YU	#4 Williams	3.30m	10-9¾	4/8

Women's Long Jump

1	28	Lia ROTTI	#2 Tufts	5.52m	18-1½ (0.0)	4/14
2	31	Cady BARNS	#1 Middlebury	5.51m	18-1 (0.7)	3/25
2	31	Eliza CARDWELL	#3 Amherst	5.51m	18-1 (0.0)	4/14
4	47	Kristen CHOU	#4 Williams	5.44m	17-10¼ (0.0)	4/14
5	49	Olive LAWRENCE	#1 Middlebury	5.43m	17-9¾ (-0.0)	3/18
5	49	Jordan ANDREW	#2 Tufts	5.43mw	17-9¾ (2.1)	4/8
7	59	Jenna ALBANESE	#5 Bowdoin	5.39m	17-8¼ (0.0)	4/14
8	79	Jen ROTTI	#2 Tufts	5.27m	17-3½ (0.8)	4/8
9	87	Erica MACSWEENEY	#7 Connecticut Coll	5.25m	17-2¾ (0.3)	4/14
10	92	Anastasia IOPPOLO	#3 Amherst	5.24mw	17-2¼ (2.5)	4/8

Women's Triple Jump

1	4	Lia ROTTI	#2 Tufts	12.09m	39-8 (1.2)	4/8
2	18	Cady BARNS	#1 Middlebury	11.68m	38-4 (1.2)	3/25
3	20	Erica MACSWEENEY	#7 Connecticut Coll	11.54m	37-10½ (0.0)	4/14
4	33	Jaidyn APPEL	#2 Tufts	11.35m	37-3 (1.0)	4/14
5	55	Sarah PILLONE	#2 Tufts	11.11m	36-5½ (0.4)	4/1
5	55	Jen ROTTI	#2 Tufts	11.11m	36-5½ (0.0)	4/1
7	60	Anaya THOMAS	#3 Amherst	11.08m	36-4¼ (0.3)	4/8
8	64	Anastasia IOPPOLO	#3 Amherst	11.02m	36-2 (0.6)	4/8
9	67	Enisa SHOSHI	#8 Bates	10.99m	36-¾ (-2.0)	4/15
10	70	Jordan ANDREW	#2 Tufts	10.96m	35-11½ (-1.0)	4/8

Women's Shot Put

1	66	Julia TULIMIERI	#1 Middlebury	12.35m	40-6¼	3/25
2		Emma HARGREAVES	#5 Bowdoin	12.01m	39-5	4/14
3		Lillian WURTZ	#1 Middlebury	11.41m	37-5¼	4/8
4		Emma MILLER	#4 Williams	11.25m	36-11	3/25
5		Livi MAZEROLLE	#4 Williams	11.17m	36-7¾	4/14
6		Mary Scott ROBINSON	#1 Middlebury	11.12m	36-5¾	4/14
7		Emma WHEELER	#7 Connecticut Coll	10.79m	35-4¾	3/26
8		Hannah BROWN	#4 Williams	10.78m	35-4½	4/14
9		Elizabeth GRAHAM	#2 Tufts	10.57m	34-8¼	4/8
10		Abbey OTTERBEIN	#8 Bates	10.56m	34-7¾	4/14



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NESCAC

Women's Discus

1	Madeline SAUNDERS	#1	Middlebury	36.82m	120-10	3/25
2	Kamila ZYGADLO	#10	Trinity (Conn.)	35.69m	117-1	4/8
3	Jada SCOTLAND	#5	Bowdoin	35.09m	115-2	4/1
4	Debra THAYER	#3	Amherst	34.61m	113-7	4/14
5	Ravyn TAMMIRUUSU	#2	Tufts	34.54m	113-4	4/8
6	Claire EDWARDS	#6	Wesleyan (Conn)	32.71m	107-4	4/1
7	Emma GIBBENS	#5	Bowdoin	32.67m	107-2	4/8
8	Lillian WURTZ	#1	Middlebury	32.26m	105-10	3/18
9	Bethany MARTIN	#3	Amherst	31.49m	103-4	4/8
10	Mary Scott ROBINSON	#1	Middlebury	31.14m	102-2	4/14

Women's Hammer

1	10 Kamila ZYGADLO	#10	Trinity (Conn.)	53.11m	174-3	4/8
2	25 Emma HARGREAVES	#5	Bowdoin	49.39m	162-1	4/8
3	69 Alma MACKIC	#8	Bates	46.55m	152-9	4/15
4	Elizabeth GRAHAM	#2	Tufts	42.62m	139-10	4/14
5	Jaxon PALMER	#1	Middlebury	42.21m	138-6	4/14
6	Jada SCOTLAND	#5	Bowdoin	41.68m	136-9	4/1
7	Bethany MARTIN	#3	Amherst	41.02m	134-7	4/8
8	Mary Scott ROBINSON	#1	Middlebury	39.24m	128-9	4/14
9	Emma MILLER	#4	Williams	38.76m	127-2	4/8
10	Carli CIAVARELLI	#8	Bates	38.28m	125-7	4/1

Women's Javelin

1	49 Carolina ANDRADE	#3	Amherst	37.06m	121-7	3/31
2	58 Morgan ROME	#3	Amherst	36.81m	120-9	3/31
3	64 Jaxon PALMER	#1	Middlebury	36.71m	120-5	4/8
4	68 Lia ROTTI	#2	Tufts	36.63m	120-2	4/14
5	Reilly ISLER	#1	Middlebury	34.50m	113-2	4/8
6	Dahlia GALANTE	#10	Trinity (Conn.)	33.41m	109-8	4/14
7	Emma WHEELER	#7	Connecticut Coll	33.23m	109-0	4/14
8	Annelise ROMERO	#3	Amherst	31.63m	103-9	4/14
9	Chiara CHRISTIE	#6	Wesleyan (Conn)	30.77m	101-0	4/14
10	Olivia DITOMASSO	#11	Hamilton	30.52m	100-2	4/14

Women's Heptathlon

1	12 Emily RUBIO	#1	Middlebury	4,344	4/14
2	14 Emma WHEELER	#7	Connecticut Coll	4,329	4/14
3	17 Livi MAZEROLLE	#4	Williams	4,223	4/14
4	22 Madelyn SILVEIRA	#2	Tufts	4,086	4/14
5	28 Abbey OTTERBEIN	#8	Bates	3,978	4/14
6	46 Livia KOZICK	#8	Bates	3,442	4/14
7	48 Anaya THOMAS	#3	Amherst	3,395	4/14
8	50 Inga DOVRE	#5	Bowdoin	3,358	4/14
9	51 Kassie BRINK	#9	Colby	3,352	4/14
10	56 Anna YANG	#5	Bowdoin	3,316	4/14



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NEWMAC

Women's 100 Meters

1	2	Michelle KWAFO	#3	Coast Guard	11.75w	(3.8)	4/8
2	82	Shreya KALYAN	#2	MIT	12.44w	(2.3)	4/8
3	95	Gwendolyn ANDERSEN	#4	Springfield (Mas	12.47	(0.6)	4/14
4		Wendy WOODEN	#5	Wheaton (Mass.)	12.49w	(4.0)	3/16
5		Michaina LORISTON	#5	Wheaton (Mass.)	12.55w	(4.0)	3/16
6		Schylar WYSE	#5	Wheaton (Mass.)	12.62	(0.3)	3/31
7		Stephanie BROWN	#4	Springfield (Mas	12.64	(1.0)	4/14
7		Vivienne EVANS	#1	WPI	12.64	(0.1)	4/15
9		Robyn WILKES	#6	Babson	12.72w	(3.8)	4/8
10		Jazmyn EWING	#1	WPI	12.81	(1.0)	4/8

Women's 100 Meter Hurdles

1	9	Michelle KWAFO	#3	Coast Guard	14.19	(1.3)	4/8
2	39	Amanda CASTALDI	#5	Wheaton (Mass.)	14.86	(1.6)	4/8
3		Brooke JANKOWSKI	#6	Babson	15.65	(1.3)	4/8
4		Samantha STALLARD	#4	Springfield (Mas	15.92	(0.3)	4/8
5		Lydia BEERS	#1	WPI	15.99	(2.0)	4/12
6		Corryn FISHER	#1	WPI	16.53	(1.1)	4/8
7		Rachel IP	#6	Babson	16.59	(1.3)	4/8
8		Beth BROWN	#1	WPI	17.05	(-1.2)	4/15
9		Julia PIKE	#6	Babson	17.19	(0.7)	4/14
10		Trista SICARD	#6	Babson	17.29	(1.5)	3/18

Women's 200 Meters

1	69	Schylar WYSE	#5	Wheaton (Mass.)	25.52	(-0.1)	3/16
2	75	Sydney FACKRELL	#4	Springfield (Mas	25.55	(-0.1)	4/1
3		Shreya KALYAN	#2	MIT	25.86	(1.9)	4/8
4		Gwendolyn ANDERSEN	#4	Springfield (Mas	26.02	(-0.1)	4/1
5		Vivienne EVANS	#1	WPI	26.34	(0.8)	4/15
6		Michaina LORISTON	#5	Wheaton (Mass.)	26.37	(1.2)	3/31
7		Stephanie BROWN	#4	Springfield (Mas	26.55w	(3.2)	4/8
8		Grace FLYNN	#3	Coast Guard	26.58w	(2.3)	3/24
9		Maddy HON	#2	MIT	26.62	(1.0)	4/8
10		Amanda CASTALDI	#5	Wheaton (Mass.)	26.72	(1.3)	4/8

Women's 400 Meters

1	21	Marina MILLER	#2	MIT	57.45		4/8
2	81	Olivia DIAS	#2	MIT	59.14		4/14
3		Isabel HALLAL	#1	WPI	1:00.54		4/15
4		Aoife FITZGERALD	#7	Wellesley	1:01.37		4/14
5		Lauren MITCHESON	#1	WPI	1:01.60		4/15
6		Grace FLYNN	#3	Coast Guard	1:01.61		4/14
7		Charlie BARRON	#7	Wellesley	1:01.82		4/14
8		Angela HAGSTROM	#6	Babson	1:02.00		3/25
9		Caroline REILLY	#6	Babson	1:02.12		4/8
10		Abigail CLINCH	#4	Springfield (Mas	1:02.64		4/8

Women's 400 Meter Hurdles

1	71	Angela HAGSTROM	#6	Babson	1:06.82		4/14
2		Allison RITCHIE	#4	Springfield (Mas	1:08.17		4/8
3		Aoife FITZGERALD	#7	Wellesley	1:08.64		4/8
4		Charlotte KOKERNAK	#1	WPI	1:09.55		4/15
5		Rachel BUBECK	#3	Coast Guard	1:10.81		4/14
6		Beth BROWN	#1	WPI	1:10.99		4/8
7		Heather HUANG	#3	Coast Guard	1:11.61		3/31
7		Mackenzie DIDONATO	#4	Springfield (Mas	1:11.61		4/14
9		Kristen DIBELLA	#5	Wheaton (Mass.)	1:12.36		3/16
10		Lena BAKER	#8	Smith	1:12.41		4/14

Women's 800 Meters

1	6	Sydney PACKARD	#1	WPI	2:12.41		4/8
2	19	Julia HOWARTH	#2	MIT	2:14.65		4/14
3	42	Gillian ROEDER	#2	MIT	2:16.22		4/8
4	97	Christina CROW	#2	MIT	2:18.83		4/8
5		Lora DUFRESNE	#1	WPI	2:19.02		4/15
6		Sophia WHITE	#3	Coast Guard	2:19.14		4/14
7		Sidney TRIEPKE	#3	Coast Guard	2:19.44		4/14
8		Elise DESHUSSES	#1	WPI	2:19.66		4/8
9		Krystal MONTGOMERY	#2	MIT	2:20.00		3/30
10		Pria PARKER	#8	Smith	2:20.24		4/8

Women's 1500 Meters

1	3	Grace HADLEY	#1	WPI	4:30.00		4/15
2	8	Sydney PACKARD	#1	WPI	4:32.92		4/15
3	17	Gillian ROEDER	#2	MIT	4:36.01		3/29
4	52	Lexi FERNANDEZ	#2	MIT	4:40.38		4/8
5	72	Christina CROW	#2	MIT	4:42.86		3/30
6	76	Kirsi RAJAGOPAL	#2	MIT	4:42.94		4/8
7	88	Kate SANDERSON	#2	MIT	4:44.28		4/8
8	89	Amelia KOKERNAK	#1	WPI	4:44.29		4/15
9	92	Caitlin GUILFOYLE	#1	WPI	4:44.60		3/31
10		Pria PARKER	#8	Smith	4:45.45		4/14

Women's Steeplechase

1	10	Einat GAVISH	#2	MIT	10:52.39		4/8
2	32	Ellie MURPHY-WEISE	#7	Wellesley	11:17.54		4/14
3	42	Amelia KOKERNAK	#1	WPI	11:26.23		4/8
4	83	Tessa LANCASTER	#9	Mount Holyoke	11:50.87		4/14
5	86	Mirabel BRUNELL	#4	Springfield (Mas	11:52.69		4/8
6		Hope SHALES	#3	Coast Guard	12:00.25		4/8
7		Nicole WHIPKEY	#1	WPI	12:06.71		4/8
8		Beth IRWIN	#1	WPI	12:11.87		4/8
9		Sophia REYNOLDS	#1	WPI	12:22.06		4/8
10		Aliza KOTZEN	#3	Coast Guard	12:56.91		4/8



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NEWMAC

Women's 5000 Meters

1	12	Grace HADLEY	#1	WPI	16:53.64	4/8
2	84	Kirsi RAJAGOPAL	#2	MIT	17:46.00	3/23
3		Meghan CHURM	#3	Coast Guard	18:15.39	4/8
4		Paige PHILLIPS	#3	Coast Guard	18:20.69	4/8
5		Megan GOULDEN	#3	Coast Guard	18:20.97	4/8
6		Tessa LANCASTER	#9	Mount Holyoke	18:25.99	4/8
7		Maddy FOHT	#3	Coast Guard	18:29.77	4/14
8		Hope SHALES	#3	Coast Guard	18:33.25	3/24
9		Kaylee GLADU	#1	WPI	18:33.66	4/8
10		Sophia REYNOLDS	#1	WPI	18:41.63	3/31

Women's 10,000 Meters

1	19	Claire ANDERSON	#7	Wellesley	36:28.96	4/14
2	40	Kate SANDERSON	#2	MIT	37:13.31	3/23
3	48	Einat GAVISH	#2	MIT	37:48.44	3/23
4	72	Kaylee GLADU	#1	WPI	39:02.61	4/14
5	80	Megan GOULDEN	#3	Coast Guard	39:15.63	3/31
6	81	Maddy FOHT	#3	Coast Guard	39:18.07	3/31
7	87	Meghan CHURM	#3	Coast Guard	39:25.14	3/31
8	90	Emily BRYDGES	#7	Wellesley	39:29.14	4/14
9	92	Lauren MELLON	#3	Coast Guard	39:32.43	3/31
10		Margarita HILLON	#3	Coast Guard	42:16.48	3/31

Women's 4x100 Relay

1	13	Emily ZIELINSKI, Schylar WYSE, Amanda CASTALDI, Michaina LORISTON	#5	Wheaton (Mass.)	47.66	4/14
2	25	Maddy HON, Emma MARTIN, Marina MILLER, Shreya KALYAN	#2	MIT	48.31	3/30
3	39	Stephanie BROWN, Sydney FACKRELL, Kaitlyn DOHERTY, Gwendolyn ANDERSEN	#4	Springfield (Mas	48.77	4/8
4	58	Michelle KWAFO, Kelly WADE, Heather HUANG, Grace FLYNN	#3	Coast Guard	49.29	4/8
5	75	Angela HAGSTROM, Robyn WILKES, Ashna KIRSHNAMURTHY, Caroline REILLY	#6	Babson	49.65	3/18
6	81	Corryn FISHER, Jazmyn EWING, Vivienne EVANS, Isabel HALLAL	#1	WPI	49.78	4/15
7		Taylor QUAYE, Sara Maeve KLINGENSMITH, Sally RICHARDSON, Merete OGAH	#7	Wellesley	50.59	3/24
8		Daniela PILIER, Lena BAKER, Natalie DIONNE, Kerry SEEKAMP	#8	Smith	54.01	4/14



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NEWMAC

Women's 4x400 Relay

1	2	Maddy HON, Shreya KALYAN, Marina MILLER, Julia HOWARTH	#2 MIT	3:49.17	4/14
2	30	Leithsa DIMANCHE, Lora DUFRESNE, Isabel HALLAL, Sydney PACKARD	#1 WPI	4:01.74	4/15
3	44	Caroline REILLY, Brooke JANKOWSKI, Chloe CLIFFORD, Angela HAGSTROM	#6 Babson	4:05.08	4/1
4	83	Charlie BARRON, Aoife FITZGERALD, Aleah GHIASUDDIN, Ella WHINNEY	#7 Wellesley	4:09.51	4/14
5	94	Taylor WINTERS, Paige PHILLIPS, Sidney TRIEPKE, Sophia WHITE	#3 Coast Guard	4:11.54	4/8
6	99	Lena BAKER, Ellen SMITH, Shams FEVER, Pria PARKER	#8 Smith	4:12.07	4/14
7		Allison RITCHIE, Emma RACCARO, Maggie DONOHUE, Emma DONOHUE	#4 Springfield (Mas	4:12.47	4/14
8		Schylar WYSE, Morgan ZAKRZEWSKI, Kassidy CHIM, Kristen DIBELLA	#5 Wheaton (Mass.)	4:13.77	3/16

Women's High Jump

1	2	Allie WILDSMITH	#3 Coast Guard	1.70m	5-7	4/14
2	61	Katherine KEMPF	#2 MIT	1.58m	5-2¼	4/8
3	89	Brooke JANKOWSKI	#6 Babson	1.56m	5-1¼	4/8
4		Tolu AKINBO	#2 MIT	1.53m	5-¼	4/8
5		Dreya MARTIN	#1 WPI	1.52m	4-11¾	4/15
6		Amanda BORDEN	#1 WPI	1.50m	4-11	4/8
6		Kerry SEEKAMP	#8 Smith	1.50m	4-11	4/14
6		Lydia BEERS	#1 WPI	1.50m	4-11	4/12
9		Aria MALLARE	#9 Mount Holyoke	1.48m	4-10¼	3/26
10		Zoe PRZYBYCIEN	#4 Springfield (Mas	1.47m	4-9¾	4/8
10		Hannah LAVITA	#4 Springfield (Mas	1.47m	4-9¾	4/8

Women's Pole Vault

1	25	Hailey SURACE	#2 MIT	3.57m	11-8½	4/14
2	26	Madison GARRIGUS	#3 Coast Guard	3.56m	11-8	4/14
3	27	Kerry SEEKAMP	#8 Smith	3.55m	11-7¾	4/14
4	99	Ella SMITH	#4 Springfield (Mas	3.25m	10-8	4/8
5		Jillian SCOTT	#4 Springfield (Mas	3.10m	10-2	4/8
5		Emily RACANA	#4 Springfield (Mas	3.10m	10-2	4/14
7		Mollie BRINKER	#3 Coast Guard	2.95m	9-8	3/31
7		Elizabeth LEWELLING	#4 Springfield (Mas	2.95m	9-8	4/14
9		Jillian DA COSTA PINTO	#8 Smith	2.80m	9-2¼	4/14
10		Amanda BORDEN	#1 WPI	2.45m	8-½	4/15

Women's Long Jump

1	16	Matlyn GROSS	#4 Springfield (Mas	5.61m	18-5 (1.7)	4/14
2	71	Emma MARTIN	#2 MIT	5.30m	17-4¾ (1.1)	4/14
3		Sara Maeve KLINGENSMITH	#7 Wellesley	5.18m	17-0 (0.0)	3/24
4		Kelly WADE	#3 Coast Guard	5.16mw	16-11¼ (3)	4/8
5		Laena TIENG	#2 MIT	5.15m	16-10¾ (1)	4/8
6		Brooke JANKOWSKI	#6 Babson	5.07m	16-7¾ (-0)	3/18
7		Ashna KIRSHNAMURTHY	#6 Babson	5.05m	16-7 (0.0)	3/18
8		Abigail CLINCH	#4 Springfield (Mas	4.91m	16-1½ (0.3)	4/14
8		Erin DICKINSON	#7 Wellesley	4.91m	16-1½ (1.6)	4/8
10		Kaylee WRIGHT	#3 Coast Guard	4.82mw	15-9¾ (3.1)	4/8

Women's Triple Jump

1	31	Laena TIENG	#2 MIT	11.37mw	37-3¾ (2.9)	4/14
2	38	Samantha PAUL	#4 Springfield (Mas	11.30m	37-1 (0.1)	4/14
3	41	Matlyn GROSS	#4 Springfield (Mas	11.22m	36-9¾ (1.2)	4/8
4	52	Nony OTU UGWU	#2 MIT	11.13m	36-6¼ (1.5)	4/8
5	79	Ashna KIRSHNAMURTHY	#6 Babson	10.93m	35-10½ (-0)	3/18
6		Michaela MATTSON	#1 WPI	10.78m	35-4½ (-0)	4/15
7		Madelyne GREEN	#3 Coast Guard	10.73mw	35-2½ (2.2)	3/31
8		Trista SICARD	#6 Babson	10.68m	35-½ (0.0)	4/1
9		Abigail CLINCH	#4 Springfield (Mas	10.56m	34-7¾ (1.1)	4/14
10		Ariel TRAVER	#7 Wellesley	10.30m	33-9½ (0.0)	3/24

Women's Shot Put

1	3	Alexis BOYKIN	#2 MIT	14.62m	47-11¾	3/30
2	41	Christa CARR	#4 Springfield (Mas	12.77m	41-10¾	4/8
3	75	Emma DOYLE	#9 Mount Holyoke	12.29m	40-4	3/26
4		Sadie OLSON	#3 Coast Guard	12.01m	39-5	3/31
5		Emily BALL	#2 MIT	11.87m	38-11½	3/30
6		Katelynn TAYLOR	#4 Springfield (Mas	11.48m	37-8	4/8
7		Morgan COLLINS	#1 WPI	11.32m	37-1¾	4/15
8		Mackenzie GINGRAS	#4 Springfield (Mas	11.29m	37-½	4/8
9		Tianna ROGERS	#5 Wheaton (Mass.)	10.92m	35-10	3/16
10		Maureen HAMMOND	#3 Coast Guard	10.67m	35-¼	3/31



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Women's Discus

1	2	Alexis BOYKIN	#2	MIT	48.78m	160-1	4/8
2	20	Emily BALL	#2	MIT	42.24m	138-7	4/14
3	56	Kalea SALANG	#3	Coast Guard	39.75m	130-5	4/14
4	62	Sadie OLSON	#3	Coast Guard	39.56m	129-10	4/14
5	95	Morgan COLLINS	#1	WPI	38.24m	125-6	4/15
6		Emma DOYLE	#9	Mount Holyoke	35.36m	116-0	4/15
7		Emily DOYLE	#7	Wellesley	35.11m	115-2	3/24
8		Amanda FORGIONE	#1	WPI	34.95m	114-8	3/31
9		Meirabella ROUANE	#3	Coast Guard	34.38m	112-10	3/31
10		Elizabeth MATTICOLI	#1	WPI	34.16m	112-1	4/8

Women's Hammer

1	18	Alexis BOYKIN	#2	MIT	50.58m	166-0	4/8
2	40	Emily BALL	#2	MIT	48.49m	159-1	4/14
3	63	Sadie OLSON	#3	Coast Guard	46.75m	153-5	4/14
4	68	Sophie WARREN	#4	Springfield (Mas	46.63m	153-0	4/14
5		Lily MCDOWELL	#5	Wheaton (Mass.)	42.98m	141-0	4/8
6		Amelia SOBIESKI	#5	Wheaton (Mass.)	42.91m	140-10	3/16
7		Morgan COLLINS	#1	WPI	42.84m	140-7	4/15
8		Kalea SALANG	#3	Coast Guard	42.64m	139-11	4/8
9		Christa CARR	#4	Springfield (Mas	42.18m	138-5	4/14
10		Anika WAGNER	#5	Wheaton (Mass.)	41.91m	137-6	3/16

Women's Javelin

1	20	Elaine WANG	#2	MIT	39.59m	129-11	3/30
2	22	Abigail CALISTRA	#1	WPI	39.53m	129-8	3/31
3	37	Elizabeth MATTICOLI	#1	WPI	37.69m	123-8	3/31
4	47	Jacey TIPPMAN	#3	Coast Guard	37.24m	122-2	3/24
5	59	Emily BALL	#2	MIT	36.80m	120-9	3/30
6	89	Eleanor MERCATORIS	#3	Coast Guard	35.57m	116-9	3/24
7	95	Piper O'CONNELL	#1	WPI	35.31m	115-10	3/31
8		Katy GORDEN	#1	WPI	35.07m	115-1	4/8
9		Emily DOYLE	#7	Wellesley	34.16m	112-1	3/24
10		Bailey MCDEVITT	#4	Springfield (Mas	32.89m	107-11	4/14

Women's Heptathlon

1	53	Lydia BEERS	#1	WPI	3,343	4/12
2	58	Lauren ZATULOVE	#6	Babson	3,284	4/14



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Women's 100 Meters

1	13	Gbarper DWAH	#4	Ramapo	12.03	(0.1)	3/31
2	43	Valandra RIGGINS	#1	TCNJ	12.24	(2.0)	4/8
3	52	Leah GRAY	#8	Penn State Harri	12.28w	(3.4)	3/31
4		Ashlyn MACLURE	#1	TCNJ	12.65w	(3.1)	3/29
5		Meredith YASKOVIC	#4	Ramapo	12.70	(-0.8)	4/8
6		Erin BUQUICCHIO	#1	TCNJ	12.72w	(2.4)	3/24
7		Promise FADAHUNSI	#3	Rowan	12.73	(0.1)	3/30
8		Michelle ITOUA	#5	Montclair State	12.89	(-0.2)	4/15
9		Chidimma IGWE	#6	Rutgers-Newark	12.91	(0.7)	3/25
10		Jasmine BROADWAY	#3	Rowan	12.93	(-1.2)	4/8

Women's 100 Meter Hurdles

1	12	Victoria PURRITANO	#1	TCNJ	14.36	(0.9)	4/14
2	18	Eliza BRUNCAJ	#1	TCNJ	14.53	(1.2)	4/13
3	56	Nicole NOTARANNI	#3	Rowan	15.10w	(3.5)	3/17
4		Gloria HUGHES	#3	Rowan	15.80	(-2.5)	4/15
5		Brya BYRD	#6	Rutgers-Newark	16.12	(1.5)	3/16
6		Carmelle ALEXIS	#6	Rutgers-Newark	16.24	(2.0)	4/8
7		Cristen MOLIWOLO	#2	Stockton	16.62	(1.6)	4/7
8		Abigail GALLACHER	#2	Stockton	17.03	(0.2)	3/31
9		Pearl OPAREBEA	#6	Rutgers-Newark	17.07w	(2.1)	3/16
9		Grace WEBER	#8	Penn State Harri	17.07w	(2.3)	3/31

Women's 200 Meters

1	16	Jasmine BROADWAY	#3	Rowan	24.85	(-1.1)	3/30
2	36	Gbarper DWAH	#4	Ramapo	25.16	(-1.6)	4/8
3	53	Eliza BRUNCAJ	#1	TCNJ	25.33	(0.6)	4/13
4		Chidimma IGWE	#6	Rutgers-Newark	25.90	(0.6)	4/8
5		Nevaeh LORJUSTE	#3	Rowan	25.99	(-1.1)	3/30
6		Ashlyn MACLURE	#1	TCNJ	26.03	(-0.8)	4/8
7		Leah GRAY	#8	Penn State Harri	26.10w	(2.2)	4/13
8		Meredith YASKOVIC	#4	Ramapo	26.18	(-0.1)	4/8
9		Valandra RIGGINS	#1	TCNJ	26.25	(-0.8)	4/8
10		Erin BUQUICCHIO	#1	TCNJ	26.33w	(2.2)	3/24

Women's 400 Meters

1	12	Nevaeh LORJUSTE	#3	Rowan	56.90		4/14
2	44	Chidimma IGWE	#6	Rutgers-Newark	58.33		4/15
3	54	Amanthy SOSA CACERES	#3	Rowan	58.59		3/30
4	56	Kathleen PEDERSEN	#3	Rowan	58.65		4/8
5	83	Rebecca KNEPPEL	#4	Ramapo	59.20		3/31
6		Kelly O'GRADY	#1	TCNJ	59.90		4/15
7		Kayla KASS	#2	Stockton	59.97		3/31
8		Paris MOORE	#3	Rowan	1:00.26		3/17
9		Jealyne RAMOS	#5	Montclair State	1:01.04		4/15
10		Emma CONROY	#2	Stockton	1:01.44		4/15

Women's 400 Meter Hurdles

1	4	Eliza BRUNCAJ	#1	TCNJ	1:01.74		3/29
2	22	Molly LODGE	#3	Rowan	1:04.13		4/8
3	24	Victoria PURRITANO	#1	TCNJ	1:04.50		4/8
4	52	Emma PETROLIA	#2	Stockton	1:05.91		3/31
5	66	Mahon MCCLENAHAN	#3	Rowan	1:06.69		3/30
6	96	Brya BYRD	#6	Rutgers-Newark	1:07.74		3/16
7		Alivia STOCKLIN	#3	Rowan	1:08.60		3/17
8		Sameerah KHAN	#1	TCNJ	1:08.63		4/8
9		Meredith O'DONNELL	#2	Stockton	1:09.30		3/31
10		Grace WEBER	#8	Penn State Harri	1:09.79		4/13

Women's 800 Meters

1	69	Anna SASSE	#3	Rowan	2:17.86		3/30
2	73	Allison UHL	#1	TCNJ	2:17.92		4/8
3	94	Eliza BRUNCAJ	#1	TCNJ	2:18.56		4/13
4		Erin HANLON	#1	TCNJ	2:19.45		4/8
5		Kayla KASS	#2	Stockton	2:19.58		4/7
6		Kelly O'GRADY	#1	TCNJ	2:20.51		4/8
7		Rachel HAYES	#2	Stockton	2:23.86		4/15
8		Sameerah KHAN	#1	TCNJ	2:24.33		4/15
9		Sha'Lynn CLARKE	#3	Rowan	2:24.86		4/8
10		Olivia SHAFER	#3	Rowan	2:25.01		3/30

Women's 1500 Meters

1	87	Anna SASSE	#3	Rowan	4:44.09		4/8
2		Suzanne ZAUGG	#4	Ramapo	4:49.27		4/8
3		Emily HOEGLER	#1	TCNJ	4:52.33		3/31
4		Cassidy QUINN	#1	TCNJ	4:57.21		4/15
5		Zoey CASSAVELL	#4	Ramapo	4:57.25		4/14
6		Salini IYER	#1	TCNJ	4:57.82		4/15
7		Olivia SHAFER	#3	Rowan	4:57.84		4/14
8		Katherine RICE	#1	TCNJ	4:58.35		3/31
9		Madelyn VALASEK	#2	Stockton	5:00.68		4/14
10		Molly BOSSDORF	#1	TCNJ	5:03.98		4/8

Women's Steeplechase

1		Olivia HARRIS	#2	Stockton	12:19.28		3/31
2		Brianna RODDY	#5	Montclair State	13:00.94		4/7
3		Julia BEDNARZ	#1	TCNJ	13:14.30		4/15

Women's 5000 Meters

1		Emily HOEGLER	#1	TCNJ	18:47.98		4/14
2		Cameron WRIGHT	#3	Rowan	18:59.90		3/17
3		Madelyn VALASEK	#2	Stockton	19:06.02		3/31
4		Anna SASSE	#3	Rowan	19:15.56		3/17
5		Jenna PRIORE	#1	TCNJ	19:25.35		4/8
6		Kiersten CLEM	#2	Stockton	19:28.94		4/7
7		Mia GUERRA	#3	Rowan	19:36.69		3/30
8		Guinevere KENNEDY	#2	Stockton	19:48.88		4/7
9		Nicole ARITA	#1	TCNJ	19:56.38		3/24
10		Christiana CAPRIO	#5	Montclair State	19:58.94		3/30



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Women's 10,000 Meters

1	Kiersten CLEM	#2 Stockton	39:54.66	3/31
2	Guinevere KENNEDY	#2 Stockton	40:28.08	3/31
3	Isabella CAMPIGLIA	#2 Stockton	42:42.02	4/7

Women's 4x100 Relay

1	9	Nevaeh LORJUSTE, Jasmine BROADWAY, Promise FADAHUNSI, Nicole NOTARIANNI	#3 Rowan	47.42	4/14
2	30	Ashlyn MACLURE, Eliza BRUNCAJ, Victoria PURRITANO, Valandra RIGGINS	#1 TCNJ	48.45	3/29
3		Emma CONROY, Ashanae MORRISON, Kaylee APPLE, Khristina WASHINGTON	#2 Stockton	50.31	4/7
4		Syncere LAMBERT, Selene GUNER, Sanaa BRODIE, Zahkyrah CATER	#6 Rutgers-Newark	50.47	4/8
5		Lamya YOUNG, Ayriana YOUNG, Nyla BOYD, Tiffany ORTIZ	#9 New Jersey City	51.15	4/14
6		Layla GERMAIN, Leah GRAY, Madison PARKS, Grace WEBER	#8 Penn State Harri	51.72	4/13

Women's 4x400 Relay

1	10	Valandra RIGGINS, Eliza BRUNCAJ, Allison UHL, Megan GASNICK	#1 TCNJ	3:57.05	3/29
2	48	Emma CONROY, Lauren MALDONADO, Emma PETROLIA, Kayla KASS	#2 Stockton	4:05.43	3/31
3	51	Rebecca KNEPPEL, Barbara EXILUS, Kacy EWING, Gbarper DWAH	#4 Ramapo	4:05.68	3/31
4		Anna SASSE, Gabriella PAGANO, Sha'Lynn CLARKE, Robin COLLURA	#3 Rowan	4:12.61	4/8
5		Ashley ADAMES, Nyla BOYD, Ayriana YOUNG, Tiffany ORTIZ	#9 New Jersey City	4:15.55	4/14
6		Brooke BACHIA, Zahkyrah CATER, Chidimma IGWE, Brya BYRD	#6 Rutgers-Newark	4:35.73	4/8

Women's High Jump

1	70	Susann FOLEY	#2 Stockton	1.57m	5-1¾	4/7
1	70	Sarah SCEPKOWSKI	#1 TCNJ	1.57m	5-1¾	4/8
3	89	Kaitlyn VERVER	#2 Stockton	1.56m	5-1¼	4/14
4		Kayley HARNETT	#1 TCNJ	1.52m	4-11¾	4/8
4		Abigail PFAFF	#1 TCNJ	1.52m	4-11¾	4/8
6		Lily BECK	#7 Rutgers-Camder	1.47m	4-9¾	4/7
6		Eliza BRUNCAJ	#1 TCNJ	1.47m	4-9¾	4/8
8		Rachel WRIGHT	#3 Rowan	1.45m	4-9	4/8
9		Maya ROSADO	#2 Stockton	1.41m	4-7½	4/15
10		Sabrina BAER	#7 Rutgers-Camder	1.25m	4-1¼	4/7

Women's Pole Vault

1		Madison FEY	#2 Stockton	3.10m	10-2	3/31
1		Julia DAKWAR	#1 TCNJ	3.10m	10-2	4/8
3		Alicia KLOTZ	#2 Stockton	2.80m	9-2¼	3/31
4		Isabella MRAZ	#1 TCNJ	2.65m	8-8¼	4/8
5		Alaysia COURSEY	#3 Rowan	2.60m	8-6¼	4/8

Women's Long Jump

1	77	Sophia GRESHAM	#3 Rowan	5.28m	17-4 (1.3)	4/8
2		Ashanae MORRISON	#2 Stockton	5.20m	17-¾ (0.2)	3/31
3		Eliza BRUNCAJ	#1 TCNJ	5.19m	17-½ (0.0)	4/13
4		Sidney WHETSTONE	#5 Montclair State	5.12m	16-9¾ (1.7)	4/7
5		Emma PETROLIA	#2 Stockton	4.96m	16-3¼ (2.0)	3/25
6		Mia PEGUERO	#5 Montclair State	4.90m	16-1 (0.8)	3/30
7		Khristina WASHINGTON	#2 Stockton	4.88m	16-¼ (1.4)	3/25
8		Sarah SCEPKOWSKI	#1 TCNJ	4.86m	15-11½ (2.0)	4/8
9		Jalynn JUSTICE	#3 Rowan	4.72m	15-6 (0.0)	4/15
10		Karla GOMEZ-MATOS	#1 TCNJ	4.69m	15-4¾ (0.0)	4/8

Women's Triple Jump

1	88	Ashanae MORRISON	#2 Stockton	10.87m	35-8 (1.5)	4/7
2		Khristina WASHINGTON	#2 Stockton	10.79m	35-4¾ (1.5)	3/31
3		Emma PETROLIA	#2 Stockton	10.62m	34-10¼ (1.0)	4/7
4		Zoe IOVINO	#1 TCNJ	10.60m	34-9½ (1.5)	4/8
5		Mia PEGUERO	#5 Montclair State	10.47m	34-4¼ (0.0)	4/15
6		Meredith O'DONNELL	#2 Stockton	10.27m	33-8½ (0.7)	3/31
7		Brooke VALAN	#2 Stockton	10.22m	33-6½ (0.1)	4/7
8		Kaitlyn VERVER	#2 Stockton	10.21m	33-6 (0.1)	4/7
9		Jessica HOLLER	#5 Montclair State	9.79m	32-1½ (0.2)	3/30
10		Maya ROSADO	#2 Stockton	9.28m	30-5½ (0.1)	4/7



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Women's Shot Put

1	14	Shahyan ABRAHAM	#2	Stockton	13.57m	44-6¼	4/7
2	64	Kerri MCCARTHY	#1	TCNJ	12.38m	40-7½	4/8
3		Jessica REILLY	#1	TCNJ	11.71m	38-5	4/8
4		Alexia BEY	#3	Rowan	11.24m	36-10½	4/8
5		Alexis MARINI	#7	Rutgers-Camder	11.09m	36-4¾	3/30
6		Taniya GILES	#5	Montclair State	11.01m	36-1½	4/15
7		Emily GALVIN	#3	Rowan	10.99m	36-¾	3/17
8		Jade SAMPSON	#4	Ramapo	10.96m	35-11½	4/8
9		Edith GONZALEZ	#1	TCNJ	10.76m	35-3¾	4/8
10		grace VIT	#3	Rowan	10.73m	35-2½	4/8

Women's Discus

1	21	Michaela POMATTO	#2	Stockton	42.19m	138-5	4/14
2		Jessica REILLY	#1	TCNJ	35.91m	117-10	4/8
3		Alexis MARINI	#7	Rutgers-Camder	35.42m	116-3	3/30
4		Emily DISZLER	#1	TCNJ	33.98m	111-6	4/8
5		Shahyan ABRAHAM	#2	Stockton	33.55m	110-1	3/25
6		Emily WEBER	#8	Penn State Harri	33.39m	109-7	4/13
7		Taniya GILES	#5	Montclair State	33.18m	108-10	3/30
8		Chrystanna DECKER	#2	Stockton	32.06m	105-2	4/15
9		Shantel WORRELL	#9	New Jersey City	30.65m	100-7	3/31
10		Tara MASTROIANNI	#5	Montclair State	30.39m	99-8½	4/7

Women's Hammer

1	3	Emily GALVIN	#3	Rowan	56.17m	184-4	4/14
2	6	Emily HILT	#7	Rutgers-Camder	54.33m	178-3	4/7
3	44	Alexis MARINI	#7	Rutgers-Camder	48.00m	157-6	3/30
4	54	Shahyan ABRAHAM	#2	Stockton	47.28m	155-2	4/7
5	90	Jessica REILLY	#1	TCNJ	45.53m	149-5	4/15
6		Alexia BEY	#3	Rowan	41.87m	137-5	3/17
7		Quamora PROCTOR	#2	Stockton	41.67m	136-9	4/15
8		Isabella FREDA	#2	Stockton	41.61m	136-6	4/15
9		Faith REMIAS	#6	Rutgers-Newark	40.50m	132-11	4/8
10		Comfort ADESINA	#3	Rowan	40.32m	132-4	4/8

Women's Javelin

1	23	Megan CAMPANILE	#2	Stockton	39.52m	129-8	4/14
2		Lily LORIO	#1	TCNJ	34.75m	114-0	4/14
3		Jenna KULINSKI	#3	Rowan	33.21m	109-0	4/8
4		Annalise STEPHENS	#1	TCNJ	32.95m	108-1	4/8
5		Morgan FARRELL	#2	Stockton	31.96m	104-10	3/25
6		grace VIT	#3	Rowan	31.72m	104-1	3/30
7		Dimitra KOSSIS	#3	Rowan	31.15m	102-3	3/30
8		Jess RODGERS	#3	Rowan	31.01m	101-9	3/17
9		Mia SANTANA	#4	Ramapo	30.29m	99-4½	3/31
10		Jolie SHEERIN	#1	TCNJ	29.88m	98-½	4/8

Women's Heptathlon

1	8	Eliza BRUNCAJ	#1	TCNJ	4,533		4/13
2	96	Sabrina BAER	#7	Rutgers-Camder	2,310		4/7



Conference TFRI Event Summary

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NWC

Women's 100 Meters

1	43	McKenzie FEINGLAS	#7	Linfield	12.24	(-0.5)	4/14
2	82	Kyrstin WILSON	#8	Puget Sound	12.44	(1.9)	3/24
3	95	Alison BALL	#2	Whitworth	12.47	(0.5)	3/18
3	95	Amelia HEWSON	#2	Whitworth	12.47	(0.5)	3/18
5		Jordyn LUNGO	#2	Whitworth	12.57	(0.5)	3/18
6		Annabelle SMITH	#5	Willamette	12.68w	(2.5)	3/4
7		Allyson HAMMOND	#4	Pacific (Ore.)	12.75	(0.1)	4/1
8		Lorin COX	#3	Pacific Lutheran	12.85	(1.4)	3/18
9		Rachelle SILIS	#7	Linfield	12.87	(-0.5)	4/14
10		Macy O'HARA	#6	Lewis & Clark	12.89	(0.1)	3/24

Women's 100 Meter Hurdles

1	13	Amelia HEWSON	#2	Whitworth	14.39	(1.2)	4/13
2	60	Brecken VANDENHOEK	#1	George Fox	15.13w	(3.9)	3/23
3	71	Katherine THORNTON	#5	Willamette	15.29	(0.3)	4/1
4	86	Allyson HAMMOND	#4	Pacific (Ore.)	15.42w	(2.5)	3/25
5	96	Elisabeth JENSEN	#1	George Fox	15.53	(1.6)	3/23
6	99	Ayahna BAHATI	#1	George Fox	15.56	(0.7)	4/14
7		Jenna HUNTSMAN	#1	George Fox	15.76	(1.4)	4/10
8		Jordan ROBERTS	#7	Linfield	15.93	(-0.4)	4/14
9		Lecia SINCERE	#5	Willamette	16.28	(0.6)	4/7
10		Esther BRUTUS	#3	Pacific Lutheran	16.29	(0.7)	4/14

Women's 200 Meters

1	29	McKenzie FEINGLAS	#7	Linfield	25.11	(0.9)	4/14
2	36	Alison BALL	#2	Whitworth	25.16	(0.9)	4/7
3	65	Jackilyn LEWIS	#8	Puget Sound	25.49	(0.9)	4/14
4		Macy O'HARA	#6	Lewis & Clark	25.96	(0.9)	4/14
5		Kyrstin WILSON	#8	Puget Sound	25.97	(0.9)	4/14
5		Sami RIGGS	#5	Willamette	25.97	(-1.5)	4/7
7		Amelia HEWSON	#2	Whitworth	26.14	(0.9)	4/7
8		Angelica GATICA GOMEZ	#4	Pacific (Ore.)	26.18	(-0.8)	3/11
9		Jordyn LUNGO	#2	Whitworth	26.20	(1.9)	4/1
10		Rachelle SILIS	#7	Linfield	26.38	(1.3)	4/14

Women's 400 Meters

1	39	Sami RIGGS	#5	Willamette	58.22		3/25
2	75	Angelica GATICA GOMEZ	#4	Pacific (Ore.)	59.04		4/1
3	91	Malia HEIEN	#6	Lewis & Clark	59.28		4/14
4	94	Ellie RISING	#1	George Fox	59.31		3/18
5	97	Jackilyn LEWIS	#8	Puget Sound	59.36		4/8
6		McKenzie FEINGLAS	#7	Linfield	59.45		3/25
7		Kylie BEAN	#1	George Fox	59.49		4/8
8		Macy O'HARA	#6	Lewis & Clark	59.86		3/17
9		Elizabeth WARREN	#1	George Fox	1:00.09		3/18
10		Emily RUTKOWSKI	#4	Pacific (Ore.)	1:00.94		3/17

Women's 400 Meter Hurdles

1	40	Emily RUTKOWSKI	#4	Pacific (Ore.)	1:05.56		3/11
2	67	Katherine THORNTON	#5	Willamette	1:06.75		4/7
3		Esther BRUTUS	#3	Pacific Lutheran	1:08.19		4/14
4		Jenna HUNTSMAN	#1	George Fox	1:08.30		4/8
5		Clara THOMAS	#5	Willamette	1:08.98		3/18
6		Carmen WINSLOW-GONZALEZ	#2	Whitworth	1:10.13		4/7
7		Sarah DAVENPORT	#1	George Fox	1:10.24		4/8
8		Olivia FARRIOR	#7	Linfield	1:10.55		4/1
9		Adalia OLMOS	#3	Pacific Lutheran	1:10.71		4/14
10		Sage MILLER	#5	Willamette	1:10.84		3/22

Women's 800 Meters

1	4	Ellie RISING	#1	George Fox	2:11.07		3/25
2	43	Annie BERRY	#4	Pacific (Ore.)	2:16.24		3/17
3	59	Malia HEIEN	#6	Lewis & Clark	2:17.27		4/10
4	62	Annalise GONZALES	#1	George Fox	2:17.71		3/25
5	83	Hannah TRANBY	#1	George Fox	2:18.31		4/14
6		Elizabeth WARREN	#1	George Fox	2:19.02		3/25
7		Madelyn BUCKLEY	#2	Whitworth	2:19.52		4/7
8		Karina RODRIGUEZ	#1	George Fox	2:22.11		4/14
8		Jennifer TORRES	#7	Linfield	2:22.11		4/14
10		Isabelle JONES	#1	George Fox	2:22.37		4/14

Women's 1500 Meters

1	44	Brenna SCLAIR	#1	George Fox	4:39.00		3/18
2	68	Annie BERRY	#4	Pacific (Ore.)	4:42.46		3/25
3		Hannah TRANBY	#1	George Fox	4:45.72		3/25
4		Kayla AALPOEL	#1	George Fox	4:46.38		3/25
5		Madelyn BUCKLEY	#2	Whitworth	4:47.06		3/23
6		Sarah PULLEN	#1	George Fox	4:47.84		3/25
7		Riley BUESE	#6	Lewis & Clark	4:48.19		4/14
8		Annalise GONZALES	#1	George Fox	4:49.14		4/14
9		Elizabeth BRADLEY	#4	Pacific (Ore.)	4:49.85		3/11
10		Jessie BAILEY	#1	George Fox	4:51.71		3/18

Women's Steeplechase

1	31	Jessica NEAL	#1	George Fox	11:15.73		4/13
2	41	Zoe HEINO	#5	Willamette	11:24.88		4/7
3	43	Breanna SCHMITT	#1	George Fox	11:28.86		3/25
4	74	Madelyn HUBBS	#4	Pacific (Ore.)	11:44.67		3/25
5	78	Katya SCHWIETERMAN	#6	Lewis & Clark	11:48.00		3/17
6		Jenessa TEACHOUT	#1	George Fox	12:05.69		3/25
7		Cris BRETHEROW	#4	Pacific (Ore.)	12:06.36		3/17
8		Grace KOSMICKI	#5	Willamette	12:22.59		4/1
9		Lily TURNER	#8	Puget Sound	12:27.74		4/1
10		Joan PARK	#3	Pacific Lutheran	12:31.25		3/10



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Women's 5000 Meters

1	26	Brenna SCLAIR	#1	George Fox	17:12.73	4/13
2		Annie BERRY	#4	Pacific (Ore.)	17:56.67	3/30
3		Sarah PAQUET	#3	Pacific Lutheran	18:02.86	4/8
4		Kayla AALPOEL	#1	George Fox	18:03.10	3/18
5		Riley BUESE	#6	Lewis & Clark	18:09.84	3/17
6		Sarah PULLEN	#1	George Fox	18:16.52	3/18
7		Madelyn BUCKLEY	#2	Whitworth	18:28.90	3/18
8		Jennifer TORRES	#7	Linfield	18:30.50	4/8
9		Katya SCHWIETERMAN	#6	Lewis & Clark	18:39.54	3/30
10		Breanna SCHMITT	#1	George Fox	18:40.62	3/3

Women's 10,000 Meters

1	18	Riley BUESE	#6	Lewis & Clark	36:22.98	3/30
2	24	Kayla AALPOEL	#1	George Fox	36:35.93	4/13
3	35	Sarah PAQUET	#3	Pacific Lutheran	37:04.01	3/3
4	73	Sarah PULLEN	#1	George Fox	39:06.37	3/3
5	98	Dori BUTTLEMAN	#9	Whitman	39:40.25	3/3
6		Cris BRETHER	#4	Pacific (Ore.)	39:49.86	3/3
7		Kendall MCKIBBON	#1	George Fox	39:58.21	3/3
8		Emogene LUTZ	#6	Lewis & Clark	40:21.24	3/3
9		Makayla ERICKSON	#7	Linfield	40:30.42	3/3
10		Ella COURTNAGE-DYKE	#8	Puget Sound	40:58.07	3/3

Women's 4x100 Relay

1	16	Jordyn LUNGO, Amelia HEWSON, Margaret BYLE, Alison BALL	#2	Whitworth	47.87	4/13
2	64	Hillary CONNORS, Rachelle SILIS, Addison KLINDT, McKenzie FEINGLAS	#7	Linfield	49.38	3/25
3	95	Keia MORRIS, Ayahna BAHATI, Carli SHORT, Sophia OLSON	#1	George Fox	50.08	3/25
4		Sami RIGGS, Mashani COLEMAN, Kenzie LEE, Whitley STEPP	#5	Willamette	50.47	4/1
5		Sydney PATTON, Itzel VAZQUEZ, Alexis LOWERY, Allyson HAMMOND	#4	Pacific (Ore.)	51.34	4/1
6		Esther BRUTUS, Allie YOUNGS, Madelyn REQUA, Lorin COX	#3	Pacific Lutheran	52.20	3/18
7		Sarah CARNEY, Olivia FARRAR, Elsie CHIN, Miriam RESIDE	#6	Lewis & Clark	55.62	4/14

Women's 4x400 Relay

1	65	Jordan HAYES, Jennifer TORRES-BERMEDEZ, Rachelle SILIS, McKenzie FEINGLAS	#7	Linfield	4:07.40	3/18
2	70	Annalise GONZALES, Isabelle JONES, Ellie RISING, Karina RODRIGUEZ	#1	George Fox	4:07.85	3/25
3		Carmen WINSLOW-GONZALE, Lulu BRADY, Margaret BYLE, Madelyn BUCKLEY	#2	Whitworth	4:14.40	4/7
4		Elsie CHIN, Malia HEIEN, Clare LUCEY, Macy O'HARA	#6	Lewis & Clark	4:15.94	3/24
5		Dina ALTUHOVS, Emily RUTKOWSKI, Courtney TIERNAN, Angelica GATICA GOMEZ	#4	Pacific (Ore.)	4:17.10	3/11
6		Jackilyn LEWIS, Dylan MOORE, Kyrstin WILSON, Victoria BRADSHAW	#8	Puget Sound	4:18.64	3/24
7		Katherine THORNTON, Clara THOMAS, Sage MILLER, Katie BRIGGS	#5	Willamette	4:19.35	3/18
8		Lorin COX, Sarah PAQUET, Alexia SIODA, Esther BRUTUS	#3	Pacific Lutheran	4:26.20	3/10
9		Payton DAVIES, Maleda SIMS, Ally KIM, Aiyana PERRY	#9	Whitman	4:27.27	4/7

Women's High Jump

1	21	Logan ROBERTS	#7	Linfield	1.63m	5-4¼	4/8
1	21	Whitley STEPP	#5	Willamette	1.63m	5-4¼	3/4
3	89	Breanne RAWLS	#2	Whitworth	1.56m	5-1¼	3/23
4	93	Brecken VANDENHOEK	#1	George Fox	1.55m	5-1	3/23
4	93	Marina CARROL	#1	George Fox	1.55m	5-1	3/25
6		Monica KAYLOR	#2	Whitworth	1.54m	5-½	3/18
7		Maddie O'HARE	#1	George Fox	1.53m	5-¼	3/18
7		Jordyn REVERMAN	#8	Puget Sound	1.53m	5-¼	4/14
9		Elisabeth JENSEN	#1	George Fox	1.52m	4-11¾	3/23
10		Nora WADE	#5	Willamette	1.51m	4-11½	4/7



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Women's Pole Vault

1	8	Alison YOUNG	#1	George Fox	3.80m	12-5½	3/25
2	19	Grace TULLY	#1	George Fox	3.65m	11-11¾	3/18
3	22	Lily LUKSICH	#3	Pacific Lutheran	3.60m	11-9¾	3/3
4	42	Payton DAVIDSON	#1	George Fox	3.45m	11-3¾	4/14
4	42	Kristine NGUYEN	#3	Pacific Lutheran	3.45m	11-3¾	3/3
6	55	Shelby LARSON	#1	George Fox	3.40m	11-1¾	3/25
7	73	Siera CRAWFORD	#7	Linfield	3.35m	10-11¾	4/8
8	99	Valerie BRUGGEMAN	#1	George Fox	3.25m	10-8	3/25
9		Allison GOODELL	#8	Puget Sound	3.11m	10-2½	4/8
10		Anna WILSON	#1	George Fox	3.00m	9-10	4/14

Women's Long Jump

1	53	Allyson HAMMOND	#4	Pacific (Ore.)	5.41m	17-9 (0.0)	4/14
2	82	Annabelle SMITH	#5	Willamette	5.26mw	17-3¼ (3.2)	3/11
3		Victoria AZAR	#1	George Fox	5.22mw	17-1½ (3.2)	4/8
4		Brecken VANDENHOEK	#1	George Fox	5.19m	17-½ (0.0)	3/23
5		Devyn COPE	#2	Whitworth	5.11m	16-9¼ (1.1)	3/18
6		Jenna HUNTSMAN	#1	George Fox	5.10mw	16-8¾ (3.3)	4/10
7		Elisabeth JENSEN	#1	George Fox	4.97m	16-3¾ (1.8)	3/23
8		Malia HEIEN	#6	Lewis & Clark	4.89m	16-½ (1.6)	4/10
9		Whitney WADDELL	#1	George Fox	4.85m	15-11 (-1.6)	3/18
10		Itzel VAZQUEZ	#4	Pacific (Ore.)	4.83m	15-10¼ (-0)	4/1

Women's Triple Jump

1	65	Erica SNYDER	#5	Willamette	11.01m	36-1½ (-1)	4/7
2	76	Cameryn NAGAJI	#6	Lewis & Clark	10.94m	35-10¾ (-1)	3/17
3		Kyrstin WILSON	#8	Puget Sound	10.76m	35-3¾ (0.0)	3/3
4		Olivia FARRAR	#6	Lewis & Clark	10.67m	35-¼ (-1.2)	4/7
5		Devyn COPE	#2	Whitworth	10.60m	34-9½ (0.0)	4/7
6		Bella DEAN	#1	George Fox	10.54m	34-7 (1.8)	3/18
7		Lecia SINCERE	#5	Willamette	10.42m	34-2¼ (-0)	4/7
8		Elisabeth JENSEN	#1	George Fox	10.39m	34-1¼ (0.0)	4/14
9		Nara VAN DE GRIFT	#7	Linfield	10.30m	33-9½ (1.9)	4/1
10		Victoria AZAR	#1	George Fox	10.24m	33-7¼ (1.4)	3/18

Women's Shot Put

1	19	Renee TIUMALU	#2	Whitworth	13.46m	44-2	3/18
2	61	Georjina SOLIAI	#3	Pacific Lutheran	12.42m	40-9	3/3
3		Logan SPENCER	#2	Whitworth	11.96m	39-3	4/7
4		Carole RAMOS	#3	Pacific Lutheran	11.94m	39-2¼	3/18
5		Ellena CORWIN	#1	George Fox	11.90m	39-½	3/18
6		Tabitha MESSINEO	#3	Pacific Lutheran	11.49m	37-8½	3/30
7		Piper HARMON	#6	Lewis & Clark	11.45m	37-6¾	4/14
8		Amblessed OKEMGBO	#2	Whitworth	11.12m	36-5¾	4/13
9		Ava NELSON	#3	Pacific Lutheran	10.95m	35-11¼	4/1
10		Kailee WALKER	#1	George Fox	10.92m	35-10	3/3

Women's Discus

1	11	Laurny RAWLS	#2	Whitworth	44.17m	144-11	3/18
2	39	Amblessed OKEMGBO	#2	Whitworth	40.53m	133-0	3/18
3	79	Abbie Jo CARLSON	#2	Whitworth	38.75m	127-2	3/23
4	89	Peyton SANTOS	#3	Pacific Lutheran	38.45m	126-2	3/25
5		Renee TIUMALU	#2	Whitworth	37.78m	124-0	3/18
6		Ava NELSON	#3	Pacific Lutheran	36.80m	120-9	3/10
7		Eva WIRTH	#3	Pacific Lutheran	36.51m	119-10	4/14
8		Kaitlyn JOHNSON	#1	George Fox	35.89m	117-9	3/25
9		Tahnisha MANIBUSAN	#1	George Fox	35.75m	117-4	3/25
10		Virginia ARTHUR	#3	Pacific Lutheran	35.42m	116-3	4/14

Women's Hammer

1	29	Abbie Jo CARLSON	#2	Whitworth	48.88m	160-5	4/13
2	44	Tahnisha MANIBUSAN	#1	George Fox	48.00m	157-6	4/8
3	67	Tabitha MESSINEO	#3	Pacific Lutheran	46.65m	153-1	3/3
4		Tenley GRANT	#5	Willamette	44.66m	146-6	3/11
5		Kaitlyn JOHNSON	#1	George Fox	43.90m	144-1	4/14
6		Alessandra VALMONTE	#3	Pacific Lutheran	43.84m	143-10	4/14
7		Kailee WALKER	#1	George Fox	42.16m	138-4	3/18
8		Peyton SANTOS	#3	Pacific Lutheran	40.52m	132-11	3/10
9		Eva WIRTH	#3	Pacific Lutheran	40.46m	132-9	4/14
10		Leanne MACHADO	#5	Willamette	40.04m	131-5	3/11

Women's Javelin

1	1	Ava NELSON	#3	Pacific Lutheran	46.27m	151-10	3/3
2	2	Chrissy STRICKLAND	#1	George Fox	46.04m	151-1	3/18
3	28	Ellena CORWIN	#1	George Fox	38.83m	127-5	4/8
4	34	Eva MILLAN	#2	Whitworth	37.87m	124-3	3/23
5	57	Brecken VANDENHOEK	#1	George Fox	36.85m	120-11	3/23
6	69	Piper HARMON	#6	Lewis & Clark	36.55m	119-11	3/25
7	81	Ashlyn HANSON	#2	Whitworth	35.96m	118-0	3/3
8	96	Emily MAUCH	#2	Whitworth	35.30m	115-10	4/13
9	97	Tabitha MESSINEO	#3	Pacific Lutheran	35.25m	115-8	3/3
10		Katy COOK	#3	Pacific Lutheran	34.80m	114-2	3/18

Women's Heptathlon

1	7	Brecken VANDENHOEK	#1	George Fox	4,624		3/23
2	21	Elisabeth JENSEN	#1	George Fox	4,102		3/23
3	25	Malia HEIEN	#6	Lewis & Clark	4,051		4/10
4	30	Jenna HUNTSMAN	#1	George Fox	3,920		3/23
5	34	Breanne RAWLS	#2	Whitworth	3,786		4/10
6	38	Breeauna O'REAR	#1	George Fox	3,719		3/23
7	42	Tabitha MESSINEO	#3	Pacific Lutheran	3,554		4/10
8	62	Olivia FARRAR	#6	Lewis & Clark	3,201		4/10
9	71	Courtney TIERNAN	#4	Pacific (Ore.)	3,046		3/30
10	79	Dina ALTUHOVS	#4	Pacific (Ore.)	2,808		3/30



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OAC

Women's 100 Meters

1	11	Kenadee WAYT	#1	Mount Union	12.02	(0.6)	3/24
2	39	Kendra KRICHBAUM	#2	Ohio Northern	12.22w	(3.6)	4/15
3	72	Lauren RONCONE	#1	Mount Union	12.39w	(2.5)	4/6
4	95	Taylor ANTHONY	#3	John Carroll	12.47w	(2.3)	4/6
5		Madison DIETZ	#10	Wilmington (Ohi	12.50w	(2.7)	4/15
6		Larissa AGBOR-NKONGHO	#7	Capital	12.60w	(2.8)	3/31
7		Genevieve ARNOLD	#3	John Carroll	12.66	(1.4)	4/6
8		Hannah NEIGER	#1	Mount Union	12.73w	(3.2)	4/6
9		Cece SAMUELS	#7	Capital	12.75w	(2.6)	3/31
10		Jessica KLONOWSKI	#4	Baldwin Wallace	12.80	(-0.6)	3/24

Women's 100 Meter Hurdles

1		Lexi WACHTMAN	#6	Heidelberg	15.68	(-0.5)	4/14
2		Rosie SCHROEDER	#2	Ohio Northern	15.73w	(3.2)	4/15
3		Kilikina SCHULTZ	#9	Muskingum	15.85	(1.2)	4/15
4		Olyvia ASHBROOK	#2	Ohio Northern	15.92	(1.2)	4/15
5		Olivia BEAN	#6	Heidelberg	15.95	(0.8)	4/8
6		Becca SANTOM	#1	Mount Union	16.04	(1.5)	4/15
7		McKenzie CHINE	#1	Mount Union	16.37w	(2.5)	4/6
8		Kenni VOYTEK	#4	Baldwin Wallace	16.83	(0.9)	4/8
9		Maria PARACAMPOS DA CUNHA	#7	Capital	17.00	(0.9)	4/15
10		Lindsey ZERA	#1	Mount Union	17.06w	(2.8)	4/6

Women's 200 Meters

1	14	Kenadee WAYT	#1	Mount Union	24.77	(1.6)	4/6
2	31	Madison MILES	#1	Mount Union	25.12	(1.6)	4/6
3	46	Abby COLLIER	#4	Baldwin Wallace	25.25	(-0.1)	4/15
4	62	Kylee SCHAFER	#10	Wilmington (Ohi	25.46w	(2.6)	4/15
5		Taylor ANTHONY	#3	John Carroll	25.89	(-0.1)	4/15
6		Kendra KRICHBAUM	#2	Ohio Northern	26.15w	(2.6)	4/15
7		Emma FEHRMAN	#8	Marietta	26.53	(1.9)	4/15
8		Cece SAMUELS	#7	Capital	26.60w	(2.1)	3/24
9		Taylor CUPP	#1	Mount Union	26.67	(1.6)	4/6
10		Mia SCOTT	#3	John Carroll	26.69	(-0.3)	4/15

Women's 400 Meters

1	5	Kenadee WAYT	#1	Mount Union	56.14		4/6
2	8	Madison MILES	#1	Mount Union	56.58		4/6
3	40	Abby COLLIER	#4	Baldwin Wallace	58.24		4/14
4	73	Mary MASON	#1	Mount Union	59.00		4/6
5		Rosie MURRAY	#3	John Carroll	59.82		3/31
6		Averi WALLACE	#9	Muskingum	1:00.42		4/6
7		Taylor CUPP	#1	Mount Union	1:00.78		4/6
8		Hope MURPHY	#4	Baldwin Wallace	1:00.85		3/31
9		Ellie KITS MILLER	#3	John Carroll	1:01.05		4/6
10		Claire EBERHARDT	#3	John Carroll	1:01.55		4/14

Women's 400 Meter Hurdles

1	46	Rosie MURRAY	#3	John Carroll	1:05.70		4/6
2	70	Kennady GIBBINS	#1	Mount Union	1:06.78		4/15
3	73	Olyvia ASHBROOK	#2	Ohio Northern	1:06.94		4/15
4	83	JJ HERRON	#2	Ohio Northern	1:07.35		4/8
5		Becca SANTOM	#1	Mount Union	1:09.66		3/24
6		Julia HENDERSON	#1	Mount Union	1:09.89		3/24
7		Maria PARACAMPOS DA CUNHA	#7	Capital	1:09.99		3/31
8		Rosie SCHROEDER	#2	Ohio Northern	1:10.78		4/8
9		Manaka YAMAUCHI	#5	Otterbein	1:12.21		4/15
10		Kilikina SCHULTZ	#9	Muskingum	1:12.28		4/6

Women's 800 Meters

1	11	Kenadee WAYT	#1	Mount Union	2:13.33		4/15
2	20	Hope MURPHY	#4	Baldwin Wallace	2:14.71		4/14
3	24	Mary MASON	#1	Mount Union	2:15.12		4/14
4	45	Brittany MCCAULEY	#1	Mount Union	2:16.36		4/14
5	46	Ellie KITS MILLER	#3	John Carroll	2:16.48		4/14
6	79	Megan WERTZ	#1	Mount Union	2:18.21		4/6
7		Katie PLECKO	#4	Baldwin Wallace	2:21.49		4/14
8		Taylor CUPP	#1	Mount Union	2:21.77		4/15
9		Halle COCHRAN	#1	Mount Union	2:21.84		4/14
10		Angela MAIO	#5	Otterbein	2:23.80		4/6

Women's 1500 Meters

1	7	Brittany MCCAULEY	#1	Mount Union	4:32.87		4/14
2	54	Hope MURPHY	#4	Baldwin Wallace	4:40.64		4/8
3	57	Megan WERTZ	#1	Mount Union	4:40.98		4/14
4	95	Gianini VENUTO	#1	Mount Union	4:44.78		4/14
5		Abby SCHROFF	#3	John Carroll	4:47.70		4/6
6		Leah COSTELLO	#1	Mount Union	4:49.32		4/14
7		Ellie KITS MILLER	#3	John Carroll	4:52.95		4/6
8		Isabel CHASNEY	#6	Heidelberg	4:54.15		4/8
9		Alyssa MATTIS	#5	Otterbein	4:55.57		4/6
10		Angela DEFABIO	#1	Mount Union	4:55.85		4/14

Women's Steeplechase

1	37	Jennifer MASSUCCI	#3	John Carroll	11:21.87		4/14
2	63	Taylor ELLERBROCK	#2	Ohio Northern	11:38.84		4/1
3	96	Katy FELLESTEIN	#3	John Carroll	11:55.65		4/14
4		Sydney WINGLER	#3	John Carroll	11:59.50		4/6
5		Madelyn MILLER	#4	Baldwin Wallace	12:16.35		3/31
6		Caitlyn GATTA	#1	Mount Union	12:26.68		4/6
7		Josey JOHNSON	#5	Otterbein	12:32.81		4/15
8		Jaelyn JAQUAY	#4	Baldwin Wallace	12:32.93		4/14
9		Natalie ARMBRUSTER	#2	Ohio Northern	12:36.16		4/8
10		Elizabeth MAK	#7	Capital	12:46.63		4/14



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Women's 5000 Meters

1	46	Tessa PITCOVICH	#2	Ohio Northern	17:30.27	4/14
2	64	Abby SCHROFF	#3	John Carroll	17:38.98	4/14
3	66	Amanda KEIM	#3	John Carroll	17:40.37	4/14
4	70	Isabel CHASNEY	#6	Heidelberg	17:41.61	4/14
5	75	Morgan EDWARDS	#3	John Carroll	17:42.84	4/14
6		Ashley HOCKSTOK	#2	Ohio Northern	18:20.12	4/14
7		Macy MCADAMS	#9	Muskingum	18:25.80	3/24
8		Kennedy RADER	#2	Ohio Northern	18:27.49	4/14
9		Sarah WELDON	#3	John Carroll	18:33.17	4/14
10		Gianini VENUTO	#1	Mount Union	18:46.95	3/24

Women's 10,000 Meters

1	13	Macy MCADAMS	#9	Muskingum	36:04.45	4/14
2	14	Erica ESPER	#3	John Carroll	36:05.02	4/14
3	15	Tessa PITCOVICH	#2	Ohio Northern	36:07.00	4/1
4	34	Ashley HOCKSTOK	#2	Ohio Northern	37:00.60	4/1
5	44	Kennedy RADER	#2	Ohio Northern	37:37.58	4/1
6		Vanessa SHANAMAN	#6	Heidelberg	40:07.95	3/16
7		Jensen WOLFE	#4	Baldwin Wallace	42:11.13	4/14
8		Kaitlyn RAUCH	#10	Wilmington (Ohi	49:11.60	4/1

Women's 4x100 Relay

1	7	Lauren RONCONE, Madison MILES, Hannah NEIGER, Kenadee WAYT	#1	Mount Union	47.31	4/15
2	30	Taylor ANTHONY, Genevieve ARNOLD, Mia SCOTT, Rosie MURRAY	#3	John Carroll	48.45	4/14
3	77	Hanna BAUER, Cece SAMUELS, Ernieasha GUERRIER, Larissa AGBOR-NKONGHO	#7	Capital	49.70	3/31
4	83	Alexis STARNER, Kendra KRICHBAUM, Haley CANNON, Chloe GIBSON	#2	Ohio Northern	49.87	4/15
5		Julia HURD, Abby COLLIER, Olivia BRADLEY, Morgan ALOI	#4	Baldwin Wallace	50.27	3/24
6		Kylee SCHAFER, Madison DIETZ, Jaieneen SMITH, Rachel SPANFELLNER	#10	Wilmington (Ohi	50.38	4/15
7		Lydia BAUMGARTNER, Peyton PROFFITT, Emma KLOSTERMAN, Eden EDENFIELD	#5	Otterbein	51.19	4/15
8		Maddie SUNDQUIST, Ariana COLEMAN, Olivia BEAN, Lexi WACHTMAN	#6	Heidelberg	51.21	4/15
9		Liberty BUNTING, Kilikina SCHULTZ, Briana ROWE, Emily FIESELER	#9	Muskingum	52.03	3/24



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Women's 4x400 Relay

1	41	Abby COLLIER, Katie PLECKO, Hope MURPHY, Morgan ALOI	#4	Baldwin Wallace	4:04.38	4/8
2	77	Taylor ANTHONY, Rosie MURRAY, Mia SCOTT, Kaleigh MCNAMARA	#3	John Carroll	4:08.88	4/6
3		Lexi NEFF, Rachel RUGGLES, Olivia ASHBROOK, JJ HERRON	#2	Ohio Northern	4:13.52	4/15
4		Rachel BOLLO, Brooke HAMILTON, Angela MAIO, Cassidy SHAVER	#5	Otterbein	4:17.18	4/6
5		Averi WALLACE, Liberty BUNTING, Abigail DERRY, Rylee BOLLENBACHER	#9	Muskingum	4:18.20	4/15
6		Kylee SCHAFFER, Madison DIETZ, Jaineen SMITH, Rachel SPANFELLNER	#10	Wilmington (Ohi	4:25.62	4/15
7		Riley ELLIOT, Sydney SHAFFER, Maddie SUNDQUIST, Isabel CHASNEY	#6	Heidelberg	4:25.80	4/15

Women's High Jump

1	21	Emma KLOSTERMAN	#5	Otterbein	1.63m	5-4¼	4/15
2	57	Michaela BRYAN	#3	John Carroll	1.59m	5-2½	4/14
3	93	Lindsay WEININGER	#2	Ohio Northern	1.55m	5-1	4/8
3	93	Riley HEITKAMP	#2	Ohio Northern	1.55m	5-1	4/8
3	93	Kennedi HENDRICKS	#7	Capital	1.55m	5-1	4/15
6		Toria INGALLS	#2	Ohio Northern	1.53m	5-¼	4/15
7		Ellie FORD	#2	Ohio Northern	1.52m	4-11¾	4/1
8		Lexi WACHTMAN	#6	Heidelberg	1.50m	4-11	4/15
9		Amanda RADKE	#5	Otterbein	1.49m	4-10½	3/16
10		Kenni VOYTEK	#4	Baldwin Wallace	1.40m	4-7	3/31
10		Sarah SHREFFLER	#3	John Carroll	1.40m	4-7	3/31

Women's Pole Vault

1	1	Peyton PROFFITT	#5	Otterbein	4.06m	13-3¾	4/6
2	14	Emily THOMPSON	#8	Marietta	3.70m	12-1½	4/1
3	15	Bri AVENI	#1	Mount Union	3.68m	12-¾	4/6
4	19	Claire SCHWELLER	#2	Ohio Northern	3.65m	11-11¾	4/14
5	24	Caroline BEERY	#3	John Carroll	3.59m	11-9¼	4/15
6	33	Anna SCHATZLE	#2	Ohio Northern	3.50m	11-5¾	4/14
7	50	Olivia OGG	#2	Ohio Northern	3.43m	11-3	4/15
7	50	Alison LOASE	#8	Marietta	3.43m	11-3	4/15
9	82	Jaclyn BOARDMAN	#2	Ohio Northern	3.32m	10-10¾	4/8
10		Meredith GLAVACH	#3	John Carroll	3.18m	10-5¼	3/31

Women's Long Jump

1	53	Genevieve ARNOLD	#3	John Carroll	5.41mw	17-9 (2.8)	3/31
1	53	Chloe GIBSON	#2	Ohio Northern	5.41m	17-9 (1.5)	4/8
3	63	Lauren RONCONE	#1	Mount Union	5.38m	17-8 (0.8)	4/15
4	79	Madison DIETZ	#10	Wilmington (Ohi	5.27mw	17-3½ (3.4)	4/1
5	87	Olivia BEAN	#6	Heidelberg	5.25m	17-2¾ (1.7)	3/16
6		Lexi WACHTMAN	#6	Heidelberg	5.14mw	16-10½ (3)	4/1
7		Lauryn WOLTERS	#2	Ohio Northern	5.06m	16-7¼ (2.0)	4/8
8		Emma KLOSTERMAN	#5	Otterbein	5.02m	16-5¾ (-0)	3/24
9		Ariana COLEMAN	#6	Heidelberg	5.01mw	16-5¼ (3.3)	3/16
10		Stacey LEGG	#2	Ohio Northern	4.90m	16-1 (1.9)	4/1

Women's Triple Jump

1	54	Emma FEHRMAN	#8	Marietta	11.12m	36-5¾ (1.1)	4/15
2	83	Genevieve ARNOLD	#3	John Carroll	10.89m	35-8¾ (0.0)	4/14
3		Tori MILLER	#3	John Carroll	10.71m	35-1¾ (-0)	4/14
4		Mackenzie DETMER	#2	Ohio Northern	10.45m	34-3½ (1.8)	4/8
5		Riley BARRINGTON	#2	Ohio Northern	10.39m	34-1¼ (1.0)	4/8
6		Olivia STEFKA	#3	John Carroll	10.24m	33-7¼ (0.8)	4/6
7		Madison DIETZ	#10	Wilmington (Ohi	10.17mw	33-4½ (2.4)	4/1
8		Chloe GIBSON	#2	Ohio Northern	10.12m	33-2½ (1.1)	4/15
9		Charlie DOLLIVER	#5	Otterbein	9.90m	32-5¾ (0.2)	3/24
10		Emma KLOSTERMAN	#5	Otterbein	9.81m	32-2¼ (0.0)	4/15

Women's Shot Put

1	45	Brooke BUCKHANNON	#4	Baldwin Wallace	12.71m	41-8½	4/8
2	96	Buzz KLINE	#1	Mount Union	12.07m	39-7¼	4/15
3	98	Makayla SITZLAR	#1	Mount Union	12.06m	39-6¾	4/15
4		Izzy BURMAN	#2	Ohio Northern	11.77m	38-7½	4/1
5		Samantha SELLERS	#2	Ohio Northern	11.54m	37-10½	4/8
6		Emily TORRES	#4	Baldwin Wallace	11.38m	37-4	4/14
7		Lily PURDON	#7	Capital	11.37m	37-3¾	3/24
8		Alexa POLING	#7	Capital	11.30m	37-1	4/14
9		Hannah FRIEND	#2	Ohio Northern	11.18m	36-8¼	4/8
10		Brooke HUFFMAN	#8	Marietta	11.14m	36-6¾	4/15

Women's Discus

1	12	Sidney RAMBO	#1	Mount Union	44.11m	144-9	4/6
2	16	Kelsey DUNN	#3	John Carroll	43.07m	141-4	3/31
3	25	Hannah FRIEND	#2	Ohio Northern	41.90m	137-6	4/14
4	29	Brooke HUFFMAN	#8	Marietta	41.34m	135-8	4/6
5	49	Brooke BUCKHANNON	#4	Baldwin Wallace	40.14m	131-9	4/14
6		Grace HECKENLIVELY	#7	Capital	37.30m	122-5	3/24
7		Izzy BURMAN	#2	Ohio Northern	36.56m	120-0	4/1
8		Samantha SELLERS	#2	Ohio Northern	36.34m	119-3	4/8
9		Breanna BERWALD	#3	John Carroll	36.17m	118-8	4/6
10		Amy MYERS	#10	Wilmington (Ohi	35.14m	115-4	4/6



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Women's Hammer

1	5	Brooke BUCKHANNON	#4	Baldwin Wallace	54.58m	179-1	3/31
2	22	Brooke HUFFMAN	#8	Marietta	49.84m	163-6	4/15
3	53	Izzy BURMAN	#2	Ohio Northern	47.29m	155-2	4/8
4	55	Alexa POLING	#7	Capital	47.24m	155-0	4/14
5		Kelsey DUNN	#3	John Carroll	44.60m	146-4	3/31
6		Lucy TROUT	#10	Wilmington (Ohi	42.74m	140-3	4/15
7		Avrie O'NEIL	#9	Muskingum	42.52m	139-6	4/15
8		Sarah HART	#3	John Carroll	42.16m	138-4	4/15
9		Camya CALLOWAY	#10	Wilmington (Ohi	41.81m	137-2	4/1
10		Hannah FRIEND	#2	Ohio Northern	41.79m	137-1	4/14

Women's Javelin

1		Sidney RAMBO	#1	Mount Union	34.28m	112-6	4/15
2		Reese RECKER	#6	Heidelberg	32.43m	106-5	4/8
3		Leah FRITSCH	#3	John Carroll	30.54m	100-3	3/31
4		McKenna HEWITT	#8	Marietta	30.53m	100-2	4/1
5		Chloe GIBSON	#2	Ohio Northern	30.32m	99-5¾	4/8
6		Peyton CARPENTER	#5	Otterbein	29.79m	97-9	4/15
7		Mackenzie DETMER	#2	Ohio Northern	29.75m	97-7¼	4/15
8		Emalie NOVOTNY	#1	Mount Union	29.73m	97-6½	4/6
9		Jaclyn BOARDMAN	#2	Ohio Northern	28.71m	94-2½	4/8
10		Brooke HUFFMAN	#8	Marietta	28.48m	93-5¼	3/17

Women's Heptathlon

1	67	Amanda RADKE	#5	Otterbein	3,106		4/6
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Women's 100 Meters

1	1	Adalia COLEMAN	#5	Bridgewater (Va	11.63w	(4.0)	3/31
2	23	Katelyn GAMBLE	#3	Washington and	12.10	(0.1)	4/14
3	55	Kacee HOOKER	#5	Bridgewater (Va	12.30	(1.6)	3/25
4	95	Aniya SEWARD	#1	Lynchburg	12.47	(0.5)	3/30
5		Lyric HOGGARD	#6	Virginia Wesleya	12.54	(1.7)	3/30
6		Jessica CAMMARATA	#1	Lynchburg	12.55	(0.8)	4/14
7		Eleanor HINCKLEY	#2	Roanoke	12.57	(0.2)	4/14
8		Lindsey HOBIN	#2	Roanoke	12.61	(0.1)	4/14
9		Kaitlin MEASELL	#4	Shenandoah	12.66	(1.6)	3/25
10		Taylor POOLE	#2	Roanoke	12.72	(0.1)	4/14

Women's 100 Meter Hurdles

1	1	Aniya SEWARD	#1	Lynchburg	13.76	(0.0)	4/14
2	27	Betsy MOHNKERN	#1	Lynchburg	14.64	(0.0)	4/14
3	62	Hannah SNODGRASS	#2	Roanoke	15.15	(0.0)	4/14
4	87	Aanykka JACKSON	#6	Virginia Wesleya	15.44	(1.5)	3/30
5	96	Ray Ray TAYLOR	#7	Eastern Mennon	15.53w	(2.2)	3/25
6		Amanda ROMANO	#3	Washington and	15.57	(1.1)	4/1
7		Cammi WINSTON	#2	Roanoke	15.86	(1.9)	3/31
8		Shirell WASHINGTON	#6	Virginia Wesleya	15.94	(1.5)	3/30
9		Paige TULENKO	#3	Washington and	16.13	(0.2)	4/8
10		Kenna FOX	#2	Roanoke	16.26w	(2.3)	3/31

Women's 200 Meters

1	2	Adalia COLEMAN	#5	Bridgewater (Va	24.28	(2.0)	3/25
2	28	Kacee HOOKER	#5	Bridgewater (Va	25.08	(2.0)	3/25
3	41	Katelyn GAMBLE	#3	Washington and	25.18	(2.0)	3/25
4	55	Haylee GAMBLE	#2	Roanoke	25.37w	(2.1)	4/14
5	57	Aniya SEWARD	#1	Lynchburg	25.40	(1.6)	3/30
6	59	Lyric HOGGARD	#6	Virginia Wesleya	25.43	(2.0)	4/15
7	72	Mikayla HEFFERON	#2	Roanoke	25.54w	(3.2)	4/14
8		Kendra OGUAMENA	#7	Eastern Mennon	25.83	(2.0)	3/25
9		Julia HATHAWAY	#6	Virginia Wesleya	25.84	(1.8)	3/30
10		Kaitlin MEASELL	#4	Shenandoah	25.86w	(2.2)	3/25

Women's 400 Meters

1	15	Mikayla HEFFERON	#2	Roanoke	57.23		4/14
2	43	Amia BARNES	#6	Virginia Wesleya	58.32		4/15
3	67	Vuronika BARNES	#1	Lynchburg	58.90		4/14
4	70	Haylee GAMBLE	#2	Roanoke	58.95		4/14
5	89	Julia HATHAWAY	#6	Virginia Wesleya	59.26		3/30
6		Kacee HOOKER	#5	Bridgewater (Va	59.65		3/31
7		Madelyn BOYCE	#1	Lynchburg	59.81		4/14
8		Lauren HENSON	#2	Roanoke	1:00.13		4/14
9		Jordynn PALETHORPE	#3	Washington and	1:00.69		4/14
10		Sarah SIDORO	#4	Shenandoah	1:00.81		4/14

Women's 400 Meter Hurdles

1	23	Allison BOBST	#1	Lynchburg	1:04.29		4/14
2	24	Betsy MOHNKERN	#1	Lynchburg	1:04.50		4/14
3	54	Amanda ROMANO	#3	Washington and	1:05.94		4/14
4	64	Paige TULENKO	#3	Washington and	1:06.45		3/25
5		Ophelia LADNER	#2	Roanoke	1:08.81		4/14
6		Casey STEDMAN	#6	Virginia Wesleya	1:09.94		3/17
7		Aanykka JACKSON	#6	Virginia Wesleya	1:10.03		3/30
8		Alexis HUBBARD	#4	Shenandoah	1:11.06		4/14
9		Cammi WINSTON	#2	Roanoke	1:13.58		3/31
10		Sarah TEAGLE	#3	Washington and	1:13.85		4/8

Women's 800 Meters

1	15	Hailey SMITH	#1	Lynchburg	2:14.33		4/14
2		Kate SCIBELLI	#3	Washington and	2:19.55		3/17
3		Zoe DUNLAP	#2	Roanoke	2:22.51		3/17
4		Lauren MASSEY	#1	Lynchburg	2:23.31		4/14
5		Kelsey LAGUNAS	#1	Lynchburg	2:24.16		3/24
6		Molly SILVA	#1	Lynchburg	2:24.32		3/24
7		Parker HAWK	#3	Washington and	2:24.33		3/17
8		Mimi KEMP	#3	Washington and	2:25.33		3/25
9		Amia BARNES	#6	Virginia Wesleya	2:25.86		4/15
10		Madelyn BOYCE	#1	Lynchburg	2:25.98		4/8

Women's 1500 Meters

1		Hailey SMITH	#1	Lynchburg	4:45.21		4/14
2		Kelsey LAGUNAS	#1	Lynchburg	4:45.71		4/14
3		Molly SILVA	#1	Lynchburg	4:46.46		3/24
4		Lauren MASSEY	#1	Lynchburg	4:46.91		3/24
5		Allison DELL	#1	Lynchburg	4:48.02		3/24
6		Parker HAWK	#3	Washington and	4:48.42		3/17
7		Emily SANSBURY	#3	Washington and	4:49.37		4/14
8		Sarah JAMES	#1	Lynchburg	4:49.98		3/24
9		Erin ATKINSON	#4	Shenandoah	4:54.43		4/1
10		Zoe DUNLAP	#2	Roanoke	4:55.12		3/17

Women's Steeplechase

1	17	Kelsey LAGUNAS	#1	Lynchburg	11:00.49		4/14
2	30	Emily SMEDS	#5	Bridgewater (Va	11:15.58		3/31
3	40	Mackenzie YOUNG	#5	Bridgewater (Va	11:22.55		4/14
4	53	Molly SILVA	#1	Lynchburg	11:33.93		4/14
5	57	Erin ATKINSON	#4	Shenandoah	11:35.54		3/30
6		Brianna BREYVAULT	#3	Washington and	11:57.79		4/8
7		Halie MAST	#7	Eastern Mennon	12:03.64		4/8
8		Vanessa GARDINER	#7	Eastern Mennon	12:29.13		4/8
9		Elii ASEFA	#7	Eastern Mennon	12:38.40		4/8
10		Ashley DODD	#5	Bridgewater (Va	12:44.81		4/14



Conference TFRI Event Summary

as of 4/17/2023 6:58:57 AM

ODAC

Women's 5000 Meters

1	30	Carolyn TODD	#3	Washington and	17:15.47	3/30
2	42	Allison DELL	#1	Lynchburg	17:28.36	4/14
3	68	Kelsey LAGUNAS	#1	Lynchburg	17:40.83	3/30
4	89	Sarah JAMES	#1	Lynchburg	17:49.46	4/14
5		Lauren MASSEY	#1	Lynchburg	18:01.14	3/17
6		Claire HAMLET	#3	Washington and	18:08.22	4/14
7		Erin ATKINSON	#4	Shenandoah	18:13.99	4/14
8		Mackenzie YOUNG	#5	Bridgewater (Va	18:22.42	3/17
9		Molly SILVA	#1	Lynchburg	18:22.94	3/17
10		Emily SMEDS	#5	Bridgewater (Va	18:26.83	3/17

Women's 10,000 Meters

1	20	Carolyn TODD	#3	Washington and	36:29.03	4/14
2	25	Sarah JAMES	#1	Lynchburg	36:37.38	3/30
3	77	Emily SMEDS	#5	Bridgewater (Va	39:10.75	4/14
4	93	Madeline LOTT	#4	Shenandoah	39:32.89	3/16
5		Jenna WEAVER	#7	Eastern Mennon	40:02.94	3/17
6		Lucy UNZICKER	#7	Eastern Mennon	41:27.21	3/17
7		Allie CLARKSON	#4	Shenandoah	41:42.17	3/16
8		Makenna THRUSH	#4	Shenandoah	41:46.57	4/14
9		Sarah EARLE	#5	Bridgewater (Va	42:07.81	4/14
10		Megan WESTERMAN	#10	Randolph	42:40.02	3/24

Women's 4x100 Relay

1	24	Jade BUCKLES, Adalia COLEMAN, Haleigh HAMLIN, Kacee HOOKER	#5	Bridgewater (Va	48.10	4/14
2	26	Lindsey HOBIN, Taylor POOLE, Hannah SNODGRASS, Mikayla HEFFERON	#2	Roanoke	48.33	4/14
3	41	Rylee TURNER, Jessica CAMMARATA, Vuronika BARNES, Aniya SEWARD	#1	Lynchburg	48.89	3/24
4	68	Susannah BIRLE, Ashley D'AMBROSIA, Jordynn PALETHORPE, Katelyn GAMBLE	#3	Washington and	49.46	4/14
5	70	Alexis HUBBARD, Janelle ANDERSON, Sarah SIDORO, Kaitlin MEASELL	#4	Shenandoah	49.52	4/8
6	86	Amia BARNES, Aanykka JACKSON, Ashantaye DUBOIS, Lyric HOGGARD	#6	Virginia Wesleya	49.92	4/15
7		Kendra SMITH, Patrice FORCEY, Jennifer MOORE, Jaidyn TURNER	#10	Randolph	52.06	4/8
8		Airiana BEVERLEY, Jordan HAIRSTON, Trina LEWIS, Tejah YATES	#11	Ferrum	53.60	4/14



Conference TFRI Event Summary

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ODAC

Women's 4x400 Relay

1	11	Vuronika BARNES, Allison BOBST, Madelyn BOYCE, Jessica CAMMARATA	#1 Lynchburg	3:57.73	4/14
2	42	Lauren HENSON, Maryrose MOLINA- SHUMAN, Haylee GAMBLE, Mikayla HEFFERON	#2 Roanoke	4:04.68	3/31
3	52	Paige TULENKO, Jordynn PALETHORPE, Amanda ROMANO, Kate SCIBELLI	#3 Washington and	4:05.78	3/25
4	78	Jade BUCKLES, Kacee HOOKER, Cassidy OLIVER, Adalia COLEMAN	#5 Bridgewater (Va	4:08.92	3/31
5		Alexis HUBBARD, Sarah SIDORO, Amy OLEKSY, Erin ATKINSON	#4 Shenandoah	4:14.55	4/8
6		Ray Ray TAYLOR, Kendra OGUAMENA, Marissa WALKER, Elili ASEFA	#7 Eastern Mennon	4:15.93	3/17
7		Yadeja BRITTON, Amia BARNES, Julia HATHAWAY, Casey STEDMAN	#6 Virginia Wesleya	4:18.41	3/17
8		Noelani CARTER, Jazmine PATTERSON, Holly HYLTON, Madison BROUSSEAU	#9 Hollins	4:27.94	4/8

Women's High Jump

1	37	Norah CIANO	#6 Virginia Wesleya	1.60m	5-3	4/15
2	61	Katya HOOVER	#4 Shenandoah	1.58m	5-2¼	4/8
3	70	Kim RODEN	#2 Roanoke	1.57m	5-1¾	3/31
3	70	Ray Ray TAYLOR	#7 Eastern Mennon	1.57m	5-1¾	4/14
5	93	Kaitlyn NGUYEN	#2 Roanoke	1.55m	5-1	4/14
5	93	Natalie MOORE	#8 Guilford	1.55m	5-1	4/14
7		Cammi WINSTON	#2 Roanoke	1.53m	5-¼	3/17
7		Eleanor HINCKLEY	#2 Roanoke	1.53m	5-¼	3/17
9		Camille GILLUM	#3 Washington and	1.48m	4-10¼	3/25
10		Abby RUSSELL	#1 Lynchburg	1.45m	4-9	3/24

Women's Pole Vault

1	33	Lauren ANDERSON	#1 Lynchburg	3.50m	11-5¼	4/14
2	42	Ashley D'AMBROSIA	#3 Washington and	3.45m	11-3¾	4/8
3	69	Chloe VAN DUYNE	#2 Roanoke	3.38m	11-1	3/17
4	95	Claire COLEMAN	#3 Washington and	3.26m	10-8¼	3/25
5		Allison BOBST	#1 Lynchburg	3.20m	10-6	4/14
6		Clare KINNEY	#2 Roanoke	3.05m	10-0	4/14
7		Tasha MILLER	#2 Roanoke	2.93m	9-7¼	3/17
8		Kailee FRANKLIN	#7 Eastern Mennon	2.75m	9-¼	4/14

Women's Long Jump

1	20	Kaitlin MEASELL	#4 Shenandoah	5.56m	18-3 (0.0)	4/14
2	53	Ray Ray TAYLOR	#7 Eastern Mennon	5.41m	17-9 (0.7)	3/25
3	66	Alexis HUBBARD	#4 Shenandoah	5.34m	17-6¼ (0.0)	4/14
4		Kiara SMITH	#1 Lynchburg	5.19mw	17-½ (3.2)	3/16
5		Parker LONGOOD	#3 Washington and	5.16m	16-11¼ (0.0)	4/14
6		Aniya SEWARD	#1 Lynchburg	5.15mw	16-10¾ (2.0)	4/8
7		Lyric HOGGARD	#6 Virginia Wesleya	5.10m	16-8¾ (0.0)	3/17
8		Kendra SMITH	#10 Randolph	5.08m	16-8 (0.0)	4/14
9		Natalie MOORE	#8 Guilford	5.06m	16-7¼ (-2.0)	3/24
10		Mahlia PARSONS	#1 Lynchburg	5.05m	16-7 (0.0)	4/14

Women's Triple Jump

1	3	Aniya SEWARD	#1 Lynchburg	12.10m	39-8½ (0.5)	4/14
2	4	Kacey KELLY	#1 Lynchburg	12.09m	39-8 (0.0)	4/14
3	52	Ray Ray TAYLOR	#7 Eastern Mennon	11.13m	36-6¼ (1.5)	4/1
4	98	Kiara SMITH	#1 Lynchburg	10.81m	35-5¾ (0.6)	4/14
5		Shirell WASHINGTON	#6 Virginia Wesleya	10.74m	35-3 (1.6)	3/17
6		J'Quaycia BROWN	#5 Bridgewater (Va	10.68m	35-½ (0.0)	3/25
7		Kim RODEN	#2 Roanoke	10.63m	34-10½ (0.0)	3/17
8		Dakota WEBB- HAWKINS	#9 Hollins	10.60m	34-9½ (1.5)	4/1
9		Mahlia PARSONS	#1 Lynchburg	10.39m	34-1¼ (0.6)	4/14
10		Cassidy OLIVER	#5 Bridgewater (Va	10.32m	33-10¼ (0.0)	3/25

Women's Shot Put

1		Ray Ray TAYLOR	#7 Eastern Mennon	11.93m	39-1¾	4/14
2		Logan BABBS	#1 Lynchburg	11.80m	38-8¾	3/30
3		Grace FOWLER	#2 Roanoke	11.77m	38-7½	4/14
4		Portia JONES	#8 Guilford	11.51m	37-9¼	4/14
5		Clare KINNEY	#2 Roanoke	11.42m	37-5¾	3/25
6		Katya HOOVER	#4 Shenandoah	11.17m	36-7¾	4/14
7		Bailey HEDGEMON	#3 Washington and	10.96m	35-11½	3/25
8		Jessica RENDFREY	#4 Shenandoah	10.88m	35-8½	4/1
9		Abigail MCGLOTHIN	#2 Roanoke	10.75m	35-3¼	3/25
10		Heaven LEE	#11 Ferrum	10.71m	35-1¾	4/14

Women's Discus

1	67	Quinlin ZUNK	#3 Washington and	39.26m	128-10	3/25
2	77	Natalie MCCAFFERY	#3 Washington and	38.78m	127-3	3/17
3		Kiara FELSTON	#4 Shenandoah	37.19m	122-0	3/16
4		Logan BABBS	#1 Lynchburg	36.58m	120-0	4/14
5		Portia JONES	#8 Guilford	35.73m	117-3	4/14
6		Abigail MCGLOTHIN	#2 Roanoke	35.26m	115-8	3/17
7		Abbey GAJKOWSKI	#2 Roanoke	34.64m	113-8	4/14
8		Clare KINNEY	#2 Roanoke	33.12m	108-8	3/25
9		Grace FOWLER	#2 Roanoke	32.86m	107-10	3/17
10		Madeline BRAINARD	#1 Lynchburg	32.68m	107-3	4/14



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ODAC

Women's Hammer

1	38	Kiara FELSTON	#4	Shenandoah	48.55m	159-4	3/16
2		Logan BABBS	#1	Lynchburg	44.29m	145-4	3/24
3		Quinlin ZUNK	#3	Washington and	43.97m	144-3	4/14
4		Abbey GAJKOWSKI	#2	Roanoke	43.92m	144-1	4/14
5		Bailey HEDGEMON	#3	Washington and	43.62m	143-2	3/17
6		Jessica RENDFREY	#4	Shenandoah	42.55m	139-7	4/1
7		Grace FOWLER	#2	Roanoke	40.65m	133-5	3/25
8		Andrea DECKER	#4	Shenandoah	40.16m	131-9	4/8
9		Liberty TENNYSON	#4	Shenandoah	39.04m	128-1	4/8
10		Olivia WHEATLY	#4	Shenandoah	38.83m	127-5	4/14

Women's Javelin

1	41	Katya HOOVER	#4	Shenandoah	37.60m	123-5	4/14
2	77	Ray Ray TAYLOR	#7	Eastern Mennon	36.26m	119-0	3/24
3		Natalie MCCAFFERY	#3	Washington and	32.36m	106-2	4/14
4		Quinlin ZUNK	#3	Washington and	31.68m	103-11	3/17
5		Darria HUNTER	#1	Lynchburg	30.50m	100-1	4/14
6		Elisabeth CULLEN	#2	Roanoke	30.23m	99-2¼	3/25
7		Madison MAJORS	#6	Virginia Wesleya	29.08m	95-5	3/25
8		Claudia DISBROW	#2	Roanoke	28.69m	94-1½	4/14
9		Grace FOWLER	#2	Roanoke	26.39m	86-7	4/14
10		Abigail MCGLOTHIN	#2	Roanoke	26.32m	86-4¼	3/25

Women's Heptathlon

1	4	Ray Ray TAYLOR	#7	Eastern Mennon	4,824		4/14
2	47	Norah CIANO	#6	Virginia Wesleya	3,421		4/7
3	59	Natalie MOORE	#8	Guilford	3,228		3/17



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PAC

Women's 100 Meters

1	72	Emma RUDOLPH	#3	Westminster (Pa)	12.39w	(2.9)	3/16
2		Jessica FATIGAI	#3	Westminster (Pa)	12.48w	(2.6)	3/25
3		Emma VEZZOSI	#2	Grove City	12.61w	(2.8)	3/31
4		Mihaela TOADER	#1	Allegheny (Pa.)	12.74	(-0.8)	4/8
5		Melina MANGINO	#1	Allegheny (Pa.)	12.97	(0.9)	4/14
6		Madison CONLEY	#3	Westminster (Pa)	13.04	(-1.0)	3/25
7		Michaela ROSE	#7	Waynesburg	13.07	(1.1)	4/15
8		Anna STROUP	#5	Washington & Jefferson	13.22	(-0.7)	4/14
9		Breannnda DAVIS	#3	Westminster (Pa)	13.23	(-1.0)	3/25
10		Carolyn COLTERYAHN	#2	Grove City	13.33	(0.4)	4/15

Women's 100 Meter Hurdles

1	43	Carlee DOMKE	#4	Chatham	14.91	(0.2)	4/13
2	75	Emma VEZZOSI	#2	Grove City	15.34	(-0.4)	4/14
3		Breannnda DAVIS	#3	Westminster (Pa)	15.59	(-0.7)	4/5
4		Clara SYMINGTON	#9	Franciscan	15.71	(0.5)	4/15
5		Anna STROUP	#5	Washington & Jefferson	15.85	(0.4)	4/8
6		Katherine HENDERSON	#7	Waynesburg	16.05	(-0.5)	3/25
7		Melina MANGINO	#1	Allegheny (Pa.)	16.13	(1.3)	3/24
8		Naomi SWARTZBAUGH	#6	Geneva	16.81	(0.1)	4/8
9		Sarah SCHNEIDER	#5	Washington & Jefferson	17.48	(0.5)	4/15
10		Tamyah RAY	#3	Westminster (Pa)	17.69	(-0.5)	4/5

Women's 200 Meters

1	34	Mihaela TOADER	#1	Allegheny (Pa.)	25.14	(0.6)	4/14
2		Carlee DOMKE	#4	Chatham	26.12	(-1.1)	4/13
3		Jessica FATIGAI	#3	Westminster (Pa)	26.27	(-1.9)	4/8
4		Emma VEZZOSI	#2	Grove City	26.29	(-0.3)	4/14
5		Tumba POWELL	#8	Thiel	26.82	(-1.4)	4/15
6		Melina MANGINO	#1	Allegheny (Pa.)	27.05	(0.0)	4/14
7		Anna GUMBY	#3	Westminster (Pa)	27.22	(0.4)	4/8
7		Michaela ROSE	#7	Waynesburg	27.22	(-1.4)	4/15
9		Clara SYMINGTON	#9	Franciscan	27.32	(0.8)	4/5
10		Breannnda DAVIS	#3	Westminster (Pa)	27.35	(-2.0)	3/16

Women's 400 Meters

1	11	Mihaela TOADER	#1	Allegheny (Pa.)	56.85		4/14
2		Clara SYMINGTON	#9	Franciscan	59.42		4/5
3		Tumba POWELL	#8	Thiel	1:00.58		4/15
4		Bre TRUSLER	#5	Washington & Jefferson	1:00.78		4/5
5		Jessica CAMPBELL	#9	Franciscan	1:01.73		4/5
6		Kendall SIRIGNANO	#4	Chatham	1:02.08		4/15
7		Selena ROGERS	#10	Bethany (W.Va.)	1:02.39		4/15
8		Caitlyn GOODRICH	#3	Westminster (Pa)	1:02.78		4/15
9		Annie VANNOY	#2	Grove City	1:03.30		3/25
10		Carolyn COLTERYAHN	#2	Grove City	1:03.32		4/5

Women's 400 Meter Hurdles

1	10	Carlee DOMKE	#4	Chatham	1:02.27		4/15
2	50	Clara SYMINGTON	#9	Franciscan	1:05.80		4/15
3	90	Breannnda DAVIS	#3	Westminster (Pa)	1:07.48		4/8
4		Jadyn HARTNER	#5	Washington & Jefferson	1:08.13		4/15
5		Abby BIDDLE	#2	Grove City	1:09.54		4/15
6		Naomi SWARTZBAUGH	#6	Geneva	1:10.21		4/8
7		Renee TETLOW	#1	Allegheny (Pa.)	1:10.99		3/24
8		Tamyah RAY	#3	Westminster (Pa)	1:11.32		4/15
9		Sydney STAINBROOK	#2	Grove City	1:12.34		4/5
10		Sarah SCHNEIDER	#5	Washington & Jefferson	1:13.44		4/15

Women's 800 Meters

1	63	Claire ANDERSON	#5	Washington & Jefferson	2:17.78		4/14
2	66	Celia COCCA	#1	Allegheny (Pa.)	2:17.85		4/14
3		Hailey CARROLL	#6	Geneva	2:20.56		3/24
4		Nelly STAFFORD	#1	Allegheny (Pa.)	2:21.13		4/14
5		Cassie CARR	#5	Washington & Jefferson	2:21.73		3/24
6		Jessica CAMPBELL	#9	Franciscan	2:22.03		3/16
7		Audrey KARWOWSKI	#2	Grove City	2:22.52		4/5
8		Madison CASTRO	#6	Geneva	2:22.53		4/8
9		Carmen MEDVIT	#6	Geneva	2:24.21		3/24
10		Megan AARON	#1	Allegheny (Pa.)	2:27.81		4/8

Women's 1500 Meters

1	26	Claire ANDERSON	#5	Washington & Jefferson	4:36.87		4/14
2	66	Claire WALTERS	#9	Franciscan	4:41.96		4/14
3	79	Grace SMITH	#2	Grove City	4:43.06		4/15
4		Cassie CARR	#5	Washington & Jefferson	4:45.30		4/14
5		Carmen MEDVIT	#6	Geneva	4:48.31		3/24
6		Hailey CARROLL	#6	Geneva	4:51.49		4/14
7		Nelly STAFFORD	#1	Allegheny (Pa.)	4:51.96		3/24
8		Clare ERWIN	#4	Chatham	4:53.37		4/13
9		Megan AARON	#1	Allegheny (Pa.)	4:53.59		4/8
10		Madison CASTRO	#6	Geneva	4:54.51		4/14

Women's Steeplechase

1	62	Ella LYLE	#2	Grove City	11:38.18		4/15
2	91	Cassie CARR	#5	Washington & Jefferson	11:55.01		4/5
3	99	Marrin CRIST	#1	Allegheny (Pa.)	11:56.81		4/15
4		Rachel WALTERS	#1	Allegheny (Pa.)	12:55.24		3/24
5		Reagan PETTIS	#7	Waynesburg	12:56.22		3/31
6		Virginia WILLIAMS	#2	Grove City	13:03.08		4/15
7		Abigail GEHMAN	#2	Grove City	13:11.91		4/15
8		Anna KWASNICA	#1	Allegheny (Pa.)	13:12.09		3/24
9		Joula ANDERSON	#7	Waynesburg	13:34.15		3/25
10		Alyssa KING	#7	Waynesburg	13:44.48		3/25



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PAC

Women's 5000 Meters

1	60	Carmen MEDVIT	#6	Geneva	17:36.90	3/10
2	74	Megan AARON	#1	Allegheny (Pa.)	17:42.70	3/24
3	76	Clare ERWIN	#4	Chatham	17:43.05	3/24
4		Claire ANDERSON	#5	Washington & Jefferson	18:02.21	3/24
5		Leuca HANISH	#1	Allegheny (Pa.)	18:03.05	4/14
6		Claire WALTERS	#9	Franciscan	18:10.38	3/25
7		Cassie CARR	#5	Washington & Jefferson	18:19.98	3/24
8		Lauren BRENNAN	#11	Saint Vincent	18:40.84	4/5
9		Mazzie STANDISH	#1	Allegheny (Pa.)	18:50.52	3/24
10		Tara CHILLINGWORTH	#1	Allegheny (Pa.)	18:55.55	3/17

Women's 10,000 Meters

1	26	Megan AARON	#1	Allegheny (Pa.)	36:41.69	4/14
2	30	Clare ERWIN	#4	Chatham	36:52.53	4/8
3	41	Carmen MEDVIT	#6	Geneva	37:14.71	4/14
4	68	Leuca HANISH	#1	Allegheny (Pa.)	38:53.97	3/31
5	79	Claire ANDERSON	#5	Washington & Jefferson	39:14.92	4/1
6		Kristen PRINCE	#11	Saint Vincent	40:19.36	3/25
7		Hailey STUPAY	#1	Allegheny (Pa.)	40:42.50	3/31
8		Julia BAUER	#2	Grove City	40:47.02	3/31
9		Grace TANKSLEY	#7	Waynesburg	41:06.15	4/15
10		Tara CHILLINGWORTH	#1	Allegheny (Pa.)	41:20.55	3/31

Women's 4x100 Relay

1	67	Madison CONLEY, Emma RUDOLPH, Breannnda DAVIS, Jessica FATIGATI	#3	Westminster (Pa.)	49.44	4/8
2		Carolyn COLTERYAHN, Britta LAGERQUIST, Hailey WEINERT, Emma VEZZOSI	#2	Grove City	50.24	4/5
3		Aurielle BRUNNER, Carlee DOMKE, Molly STANDING, Kendall SIRIGNANO	#4	Chatham	50.37	4/15
4		Naomi SWARTZBAUGH, Anne HOLDEMAN, Emma PARNELL, Favour OLADAPO	#6	Geneva	52.38	4/15
5		Jenna ZAWISLAK, Claire CLOUSE, Michaela ROSE, Samantha KELLY	#7	Waynesburg	52.83	4/15
6		Jadyn HARTNER, Bre TRUSLER, Sarah SCHNEIDER, Kiyanna DOWLING	#5	Washington & Jefferson	53.11	4/15
7		Erica FONTAN, Ela WILLIAMS, Mae HELD, Logan WAGNER	#1	Allegheny (Pa.)	54.90	4/8
8		Lucia JOHNSON, Alicia BORETTI, Sydney ANDREWS, Miranda GUTHRIE	#11	Saint Vincent	1:02.93	3/25



Conference TFRI Event Summary

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PAC

Women's 4x400 Relay

1	75	Jessica FATIGATI, Caitlyn GOODRICH, Abigail PAINTER, Breannnda DAVIS	#3	Westminster (Pa)	4:08.65	4/8
2	96	Carolyn COLTERYAHN, Abby BIDDLE, Annie VANNOY, Britta LAGERQUIST	#2	Grove City	4:11.73	4/5
3		Jadyn HARTNER, Sarah SCHNEIDER, Cassie CARR, Bre TRUSLER	#5	Washington & Jefferson	4:17.20	4/8
4		Celia COCCA, Renee TETLOW, Nelly STAFFORD, Mihaela TOADER	#1	Allegheny (Pa.)	4:18.39	3/31
5		Carlee DOMKE, Lauren HALL, Molly STANDING, Aubree TACK	#4	Chatham	4:19.20	4/5
6		Ella BOOTHE, Maggie STAINS, Alyssa KING, Gabrielle MENUCHAK	#7	Waynesburg	4:20.91	4/15
7		Kaylee SUAREZ, Hannah STROTT, Lillianna BRISCOE, Tumba POWELL	#8	Thiel	4:24.85	4/5
8		Victoria UNNERSTALL, Jianna HANSON, Becca BOLSTER, Anne O'BOYLE	#9	Franciscan	4:31.37	4/15
9		Danielle WILLIAMS, Aidah SHUTTLEWORTH, Catharina RECABEITIA, Selena ROGERS	#10	Bethany (W.Va.)	4:42.91	4/8

Women's High Jump

1	13	Aurielle BRUNNER	#4	Chatham	1.66m	5-5¼	3/24
2	29	Breannnda DAVIS	#3	Westminster (Pa)	1.62m	5-3¾	4/5
3	70	Kaylee SUAREZ	#8	Thiel	1.57m	5-1¾	4/15
3	70	Katie BALLER	#2	Grove City	1.57m	5-1¾	4/5
5		Tumba POWELL	#8	Thiel	1.52m	4-11¾	4/15
5		Clara HANNON	#2	Grove City	1.52m	4-11¾	4/15
7		Emma VEZZOSI	#2	Grove City	1.48m	4-10¼	4/14
8		Nevada GRANT	#4	Chatham	1.47m	4-9¾	4/5
8		Katherine HENDERSON	#7	Waynesburg	1.47m	4-9¾	4/8
10		Anna GUMBY	#3	Westminster (Pa)	1.42m	4-7¾	4/5
10		Delfina VIVIAN	#10	Bethany (W.Va.)	1.42m	4-7¾	4/8
10		Tamyah RAY	#3	Westminster (Pa)	1.42m	4-7¾	3/25
10		Tori STEWART	#2	Grove City	1.42m	4-7¾	3/25
10		Madi YURICH	#8	Thiel	1.42m	4-7¾	4/15
10		Claire CLOUSE	#7	Waynesburg	1.42m	4-7¾	4/8

Women's Pole Vault

1	2	Emma RUDOLPH	#3	Westminster (Pa)	3.90m	12-9½	3/31
2	27	Madison CONLEY	#3	Westminster (Pa)	3.55m	11-7¾	3/31
3	95	Maddy TREHARN	#3	Westminster (Pa)	3.26m	10-8¼	4/15
3	95	Sydney STAINBROOK	#2	Grove City	3.26m	10-8¼	4/15
5		Hailey WEINERT	#2	Grove City	2.80m	9-2¼	4/5
6		Alayna WILKINS	#6	Geneva	2.30m	7-6½	3/25
7		Madison UTISS	#3	Westminster (Pa)	2.26m	7-5	4/8

Women's Long Jump

1	4	Aurielle BRUNNER	#4	Chatham	5.80m	19-½ (1.3)	4/5
2	21	Emma VEZZOSI	#2	Grove City	5.55mw	18-2½ (3.4)	3/31
2	21	Annie VANNOY	#2	Grove City	5.55m	18-2½ (1.9)	4/5
4	39	Katherine HENDERSON	#7	Waynesburg	5.48mw	17-11¾ (3)	3/31
5		Emma PARNELL	#6	Geneva	5.10m	16-8¾ (1.0)	4/15
6		Alexis MCFADDEN	#8	Thiel	5.01mw	16-5¼ (3.0)	4/5
7		Jadyn HARTNER	#5	Washington & Jefferson	4.90mw	16-1 (2.4)	4/5
8		Julia SCHWORM	#1	Allegheny (Pa.)	4.72m	15-6 (-1.2)	4/15
9		Sarah SCHNEIDER	#5	Washington & Jefferson	4.65m	15-3¼ (-1)	4/1
10		Tori STEWART	#2	Grove City	4.62m	15-2 (1.2)	3/25

Women's Triple Jump

1	2	Aurielle BRUNNER	#4	Chatham	12.31m	40-4¾ (0.2)	4/13
2	49	Emma PARNELL	#6	Geneva	11.16m	36-7½ (-0)	4/8
3		Breannnda DAVIS	#3	Westminster (Pa)	10.64m	34-11 (-0.3)	3/25
4		Tori STEWART	#2	Grove City	10.48m	34-4¾ (0.0)	4/5
5		Annie VANNOY	#2	Grove City	10.18m	33-4¾ (0.0)	4/5
6		Ellie BATES	#6	Geneva	10.12m	33-2½ (-0)	4/15
7		Clara HANNON	#2	Grove City	9.96m	32-8¼ (0.5)	3/25
8		Alexis MCFADDEN	#8	Thiel	9.95m	32-7¾ (-0)	4/15
9		Kaya SKINNER	#3	Westminster (Pa)	9.84m	32-3½ (-2)	3/31
10		Aubree TACK	#4	Chatham	9.64m	31-7½ (0.6)	4/13

Women's Shot Put

1	29	Lexi SHIDERLY	#3	Westminster (Pa)	13.13m	43-1	4/15
2	53	Emma MILLER	#1	Allegheny (Pa.)	12.57m	41-3	4/8
3		Makenna PHILSON	#10	Bethany (W.Va.)	11.48m	37-8	3/10
4		Laila DAVIS	#1	Allegheny (Pa.)	11.32m	37-1¾	3/31
5		Shelby RAMBO	#3	Westminster (Pa)	11.10m	36-5	4/5
6		Allison STANDISH	#6	Geneva	11.02m	36-2	4/15
7		Rebecca DOLCE	#7	Waynesburg	11.00m	36-1¼	3/31
8		Rachel BRADY	#3	Westminster (Pa)	10.82m	35-6	4/5
9		Alexis MAHAFFEY	#10	Bethany (W.Va.)	10.77m	35-4	3/10
10		Danika SUDAR	#2	Grove City	10.76m	35-3¾	4/15



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Women's Discus

1	37	Brigid MACK	#9	Franciscan	40.68m	133-6	3/31
2	51	Shelby RAMBO	#3	Westminster (Pa)	39.92m	131-0	4/5
3		Megan WISE	#2	Grove City	35.84m	117-7	3/25
4		Emma MILLER	#1	Allegheny (Pa.)	34.37m	112-9	3/24
5		Jacqueline DIGIACOMO	#1	Allegheny (Pa.)	33.71m	110-7	4/8
6		Brooke MOTTLEY	#8	Thiel	33.27m	109-2	4/5
7		Lydia GIANNINI	#1	Allegheny (Pa.)	32.88m	107-11	4/8
8		Makenna PHILSON	#10	Bethany (W.Va.)	32.54m	106-9	4/8
9		Kayla JOHNSON	#4	Chatham	31.95m	104-10	4/5
10		Laila DAVIS	#1	Allegheny (Pa.)	31.88m	104-7	3/31

Women's Hammer

1		Laila DAVIS	#1	Allegheny (Pa.)	41.31m	135-7	3/31
2		Lydia GIANNINI	#1	Allegheny (Pa.)	40.00m	131-3	4/8
3		Emma MILLER	#1	Allegheny (Pa.)	38.68m	126-11	3/31
4		Alexis MAHAFFEY	#10	Bethany (W.Va.)	37.97m	124-7	4/8
5		Allison STANDISH	#6	Geneva	35.16m	115-4	4/8
6		Brooke MOTTLEY	#8	Thiel	32.32m	106-1	3/31
7		Emma JACKMAN	#6	Geneva	31.14m	102-2	4/8
8		Jacqueline DIGIACOMO	#1	Allegheny (Pa.)	31.02m	101-9	3/31
9		Caitlyn FAUST	#1	Allegheny (Pa.)	28.54m	93-7¾	4/8
10		Matilda EARWOOD	#1	Allegheny (Pa.)	28.16m	92-4¾	3/17

Women's Javelin

1	11	Grace TICE	#10	Bethany (W.Va.)	40.99m	134-6	4/8
2	33	Erynn DAUBENMIRE	#3	Westminster (Pa)	37.88m	124-4	4/5
3	53	Hope GOMEZ	#1	Allegheny (Pa.)	36.95m	121-3	4/15
4	90	Megan BARRY	#7	Waynesburg	35.51m	116-6	4/8
5		Rachel BRADY	#3	Westminster (Pa)	34.60m	113-6	4/15
6		Isabelle ILIEV	#8	Thiel	34.29m	112-6	4/15
7		Elizabeth MARTZ	#4	Chatham	33.61m	110-3	4/5
8		Alaina WILLIAMS	#3	Westminster (Pa)	33.31m	109-4	4/8
9		Alex MONTGOMERY	#6	Geneva	32.53m	106-9	3/25
10		Elizabeth LUBOLD	#1	Allegheny (Pa.)	31.38m	103-0	4/8

Women's Heptathlon

1	18	Emma VEZZOSI	#2	Grove City	4,205		4/14
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Conference TFRI Event Summary

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SAA

Women's 100 Meters

1	36	Olivia FREEMAN	#2 Rhodes	12.20	(1.4)	3/25
2	60	Madjo DOUMBIA	#3 Centre	12.32	(0.0)	4/1
3		Jailah LOVING	#4 Birmingham-Sou	12.51	(-1.0)	4/7
4		Aubrey GUYDEN	#7 Oglethorpe	12.65	(-0.4)	3/11
5		Cassidy JENKINS	#7 Oglethorpe	12.67	(-0.2)	4/14
6		Leighan WILLIAMS	#1 Berry	12.77	(1.6)	4/14
7		Jasmine CLAUNCH	#3 Centre	12.94	(1.3)	4/7
8		Clark KELLY	#1 Berry	12.98w	(2.5)	3/24
9		Ava DUNN	#2 Rhodes	12.99	(1.4)	3/25
10		Caroline DAVIS	#3 Centre	13.00	(1.2)	4/7

Women's 100 Meter Hurdles

1	38	Jailah LOVING	#4 Birmingham-Sou	14.83	(-1.1)	4/7
2	56	Emily THOMPSON	#1 Berry	15.10	(1.2)	3/4
3		Megan WEILMUNSTER	#2 Rhodes	15.65	(2.0)	3/25
4		Macy MURDOCK	#1 Berry	15.72	(1.2)	3/4
5		Josie LOGGINS	#1 Berry	15.76	(1.5)	4/1
6		Rachel SULLIVAN	#2 Rhodes	15.82	(2.0)	3/25
7		Jocelyn COVANEY	#8 Univ. of the Sou	17.32w	(2.7)	3/25
8		Amelia DOWLING	#4 Birmingham-Sou	17.45	(0.4)	4/13
9		Callie GORMLEY	#3 Centre	17.64	(-0.9)	4/1
10		Hailey WRIGHT	#7 Oglethorpe	17.73	(-0.8)	4/1

Women's 200 Meters

1	51	Olivia FREEMAN	#2 Rhodes	25.31	(1.1)	3/25
2	67	Madjo DOUMBIA	#3 Centre	25.50w	(2.6)	3/4
3		Jailah LOVING	#4 Birmingham-Sou	26.18	(0.2)	4/13
4		Leighan WILLIAMS	#1 Berry	26.50w	(2.6)	3/4
5		Cassidy JENKINS	#7 Oglethorpe	26.69	(-1.2)	4/14
6		Caroline DAVIS	#3 Centre	26.71	(0.0)	4/7
7		Ava DUNN	#2 Rhodes	26.81	(1.5)	3/25
8		Trinity JONES	#4 Birmingham-Sou	27.07	(0.2)	4/13
9		Kya GARDNER	#4 Birmingham-Sou	27.27w	(2.4)	3/17
10		Marianna MOELL	#1 Berry	27.28w	(2.8)	3/4

Women's 400 Meters

1	16	Madjo DOUMBIA	#3 Centre	57.24		4/7
2		Macy MURDOCK	#1 Berry	1:00.04		4/14
3		Sarah NELSON	#1 Berry	1:00.64		4/14
4		Emily THOMPSON	#1 Berry	1:00.71		3/24
5		Ava DUNN	#2 Rhodes	1:01.68		4/15
6		Caroline DAVIS	#3 Centre	1:01.94		4/14
7		Marianna MOELL	#1 Berry	1:02.30		4/14
8		Alexandra RAYBOURN	#5 Millsaps	1:02.48		3/25
9		Isabel FARNSWORTH	#2 Rhodes	1:02.95		3/25
10		Sydney SMITH	#4 Birmingham-Sou	1:03.24		3/31

Women's 400 Meter Hurdles

1	28	Macy MURDOCK	#1 Berry	1:04.62		4/14
2	47	Emily THOMPSON	#1 Berry	1:05.73		3/4
3	74	Josie LOGGINS	#1 Berry	1:06.97		4/14
4	93	Megan WEILMUNSTER	#2 Rhodes	1:07.59		4/15
5		Janea BOTTINELLI	#3 Centre	1:09.73		4/14
6		Isabel FARNSWORTH	#2 Rhodes	1:11.69		4/6
7		Rachel SULLIVAN	#2 Rhodes	1:13.41		4/15
8		Jocelyn COVANEY	#8 Univ. of the Sou	1:13.88		3/4
9		Zaralyn KRIEGER	#4 Birmingham-Sou	1:15.27		4/7
10		Khloe COLAR	#5 Millsaps	1:22.92		4/15

Women's 800 Meters

1		Sophie BOULDIN	#3 Centre	2:20.14		4/14
2		Anna ROSE	#1 Berry	2:23.79		4/14
3		Adelyn SHUPERT	#3 Centre	2:24.87		4/14
4		Erin HAUGH	#3 Centre	2:25.55		4/7
5		Asena ANDERSON	#1 Berry	2:25.68		4/14
6		Sarah NELSON	#1 Berry	2:26.14		3/4
7		Ellie SPEARS	#2 Rhodes	2:27.21		4/15
8		Alexandra RAYBOURN	#5 Millsaps	2:29.82		3/25
9		Layce SANNER	#3 Centre	2:30.03		3/4
10		Mary NUSLOCH	#2 Rhodes	2:31.45		4/6

Women's 1500 Meters

1		Sophie BOULDIN	#3 Centre	4:53.32		4/7
2		Anna ROSE	#1 Berry	4:54.42		4/14
3		Meghan OWENS	#3 Centre	4:55.93		3/25
4		Asena ANDERSON	#1 Berry	4:57.29		4/14
5		Sarah STRICKLAND	#5 Millsaps	5:02.82		3/31
6		Erin HAUGH	#3 Centre	5:04.69		4/14
7		Kate FREYALDENHOVEN	#2 Rhodes	5:06.01		3/25
8		Britany ZIEMER	#2 Rhodes	5:06.66		3/25
9		Mary NUSLOCH	#2 Rhodes	5:11.97		4/15
10		Hastings GRAY	#1 Berry	5:12.09		4/14

Women's Steeplechase

1		Britany ZIEMER	#2 Rhodes	11:58.36		3/17
2		Layce SANNER	#3 Centre	12:16.50		4/7
3		Rachel GAYNOR	#3 Centre	12:19.12		4/1
4		Emma Grace HENDRICKSON	#8 Univ. of the Sou	12:44.74		3/4
5		Anna LITTLETON	#2 Rhodes	13:00.07		4/15
6		Samantha UDE	#8 Univ. of the Sou	13:12.61		3/25
7		Meredith WHITE	#2 Rhodes	13:19.77		3/17
8		Katie KANZLER	#2 Rhodes	13:25.31		4/15
9		Emma HENAGER	#2 Rhodes	13:41.36		3/4
10		Rita JOHNSON	#2 Rhodes	13:43.91		4/6



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Women's 5000 Meters

1	77	Meghan OWENS	#3 Centre	17:43.41	4/1
2		Sophie BOULDIN	#3 Centre	18:06.23	3/4
3		Gracie WEST	#3 Centre	18:25.66	4/14
4		Cara TAYLOR	#3 Centre	18:38.13	4/14
5		Asena ANDERSON	#1 Berry	18:55.29	3/17
6		Hastings GRAY	#1 Berry	18:58.30	3/4
7		Kate FREYALDENHOVEN	#2 Rhodes	19:06.91	3/31
8		Rachel GAYNOR	#3 Centre	19:18.08	4/14
9		Anna ROSE	#1 Berry	19:27.93	3/17
10		Norine MOORE	#1 Berry	19:36.79	3/4

Women's 10,000 Meters

1	9	Meghan OWENS	#3 Centre	35:35.32	4/7
2		Hastings GRAY	#1 Berry	41:06.76	3/17
3		Cara TAYLOR	#3 Centre	41:08.00	4/7
4		Marissa POLIO	#3 Centre	41:30.27	4/7
5		Norine MOORE	#1 Berry	42:36.18	3/17
6		Sinclair DENNEY	#1 Berry	43:03.10	3/17
7		Emily PRESTON	#3 Centre	43:13.13	4/7
8		Maddie RILEY	#3 Centre	43:42.95	4/7
9		Emma Grace HENDRICKSON	#8 Univ. of the South	44:26.60	4/1

Women's 4x100 Relay

1	45	Caroline DAVIS, Jasmine CLAUNCH, Shelby SMITH, Madjo DOUMBIA	#3 Centre	49.00	4/1
2	46	Megan WEILMUNSTER, Ava DUNN, Grace SCOWDEN, Olivia FREEMAN	#2 Rhodes	49.04	4/15
3	71	Leighan WILLIAMS, Macy MURDOCK, Clark KELLY, Emily THOMPSON	#1 Berry	49.57	4/14
4	78	Sydney SMITH, Jailah LOVING, Kya GARDNER, Trinity JONES	#4 Birmingham-Southern	49.75	4/7
5		Ashanti LASTRAPES, Natalie BURKE, Khloe COLAR, Raneé LEVASSEUR	#5 Millsaps	53.57	3/25
6		Cassidy JENKINS, Hannah RHODES, Hailey WRIGHT, Ashley WILLIAMS	#7 Oglethorpe	55.36	4/1

Women's 4x400 Relay

1	82	Marianna MOELL, Macy MURDOCK, Sarah NELSON, Emily THOMPSON	#1 Berry	4:09.45	3/4
2	90	Olivia FREEMAN, Isabel FARNSWORTH, Megan WEILMUNSTER, Ava DUNN	#2 Rhodes	4:10.83	3/17
3		Janea BOTTINELLI, Sophie BOULDIN, Caroline DAVIS, Madjo DOUMBIA	#3 Centre	4:17.81	4/1
4		Kya GARDNER, Trinity JONES, Zaralyn KRIEGLER, Sydney SMITH	#4 Birmingham-Southern	4:22.89	3/24
5		Sarah STRICKLAND, Tyler HAMBY, Allyssa HEARN, Alexandra RAYBOURN	#5 Millsaps	4:33.15	3/4

Women's High Jump

1	29	Rachel SULLIVAN	#2 Rhodes	1.62m	5-3¾	4/15
2	93	Eleanor SCOTT	#5 Millsaps	1.55m	5-1	3/4
3		Lucia BERKEY	#2 Rhodes	1.52m	4-11¾	4/15
3		Kathryn CHAMBERS	#2 Rhodes	1.52m	4-11¾	4/15
3		Kym YOUNG	#2 Rhodes	1.52m	4-11¾	4/15
3		Hailey WRIGHT	#7 Oglethorpe	1.52m	4-11¾	4/14
7		Madi DUKE	#1 Berry	1.47m	4-9¾	4/14
8		EMBER HUGHES	#6 Hendrix	1.45m	4-9	4/6
8		Emily THOMPSON	#1 Berry	1.45m	4-9	3/17
10		Macy MURDOCK	#1 Berry	1.42m	4-7¾	3/17

Women's Pole Vault

1	16	Ace COLE	#2 Rhodes	3.67m	12-1½	3/25
2		Madeline HUBBERT	#1 Berry	3.20m	10-6	3/4
3		Maya IHLING	#2 Rhodes	3.05m	10-0	3/31
3		Sierra SCHMIDT	#5 Millsaps	3.05m	10-0	3/4
5		Addie BLAKE	#1 Berry	3.02m	9-10¾	4/14
6		Kylee CRAIG	#2 Rhodes	2.75m	9-¼	3/31
7		Alli HAGLER	#2 Rhodes	2.26m	7-5	4/6

Women's Long Jump

1	18	Jasmine CLAUNCH	#3 Centre	5.59mw	18-4¼ (2.1)	4/14
2	58	Emily THOMPSON	#1 Berry	5.40mw	17-8¾ (2.4)	3/24
3	92	Callie GORMLEY	#3 Centre	5.24m	17-2¼ (0.7)	4/7
4		Natalie BURKE	#5 Millsaps	5.17m	16-11½ (0.4)	4/15
5		Clark KELLY	#1 Berry	5.11mw	16-9¼ (3.2)	4/1
6		Grace SCOWDEN	#2 Rhodes	4.98m	16-4¼ (0.9)	4/15
7		Shelby SMITH	#3 Centre	4.97m	16-3¾ (1.9)	4/1
8		Rachel SULLIVAN	#2 Rhodes	4.95m	16-3 (0.3)	4/15
9		Leighan WILLIAMS	#1 Berry	4.93m	16-2¼ (0.2)	4/14
10		Lucia BERKEY	#2 Rhodes	4.83m	15-10¼ (0.4)	4/15



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Women's Triple Jump

1	8	Jasmine CLAUNCH	#3	Centre	11.94m	39-2¼ (-1.)	4/7
2	93	Clark KELLY	#1	Berry	10.83mw	35-6½ (2.9)	4/1
3		Rachel SULLIVAN	#2	Rhodes	10.70m	35-1¼ (0.1)	4/15
4		Eleanor SCOTT	#5	Millsaps	10.65mw	34-11¼ (2.3)	3/31
5		Grace SCOWDEN	#2	Rhodes	10.63mw	34-10½ (3.3)	3/25
6		Shelby SMITH	#3	Centre	10.60m	34-9½ (-0.)	4/7
7		Courtney JONES	#1	Berry	10.38m	34-¾ (1.1)	4/14
8		Natalie BURKE	#5	Millsaps	10.29m	33-9½ (0.3)	3/10
9		Kym YOUNG	#2	Rhodes	10.19m	33-5½ (1.0)	4/15
10		Amelia DOWLING	#4	Birmingham-Sou	9.87m	32-4¾ (-3.3)	3/17

Women's Shot Put

1	39	Lauren FOUTCH	#3	Centre	12.80m	42-0	4/7
2	89	Malysha WINSTON	#1	Berry	12.15m	39-10½	3/24
3		Avery JONES	#1	Berry	11.99m	39-4	3/24
4		Kym YOUNG	#2	Rhodes	11.71m	38-5	4/15
5		Alivia ALLEN	#6	Hendrix	11.66m	38-3¼	4/6
6		Jillian GRAY	#2	Rhodes	11.59m	38-¼	4/15
7		Zoe CURTIS	#2	Rhodes	11.58m	38-0	3/25
8		Sadie PHILLIPS	#1	Berry	10.66m	34-11¾	4/14
9		Emily THOMPSON	#1	Berry	9.95m	32-7¾	3/17
10		Emma HOWLETT	#8	Univ. of the Sou	9.66m	31-8½	3/25

Women's Discus

1	28	Lauren FOUTCH	#3	Centre	41.54m	136-4	4/14
2	78	Alivia ALLEN	#6	Hendrix	38.77m	127-3	4/15
3	91	Kym YOUNG	#2	Rhodes	38.39m	126-0	4/15
4		Jillian GRAY	#2	Rhodes	37.14m	121-10	4/15
5		Zoe CURTIS	#2	Rhodes	34.76m	114-1	3/25
6		Lindsey BROWNING	#3	Centre	33.30m	109-3	4/14
7		Lula HAILEY	#1	Berry	32.79m	107-7	4/14
8		Emma HOWLETT	#8	Univ. of the Sou	32.01m	105-0	3/25
9		Malysha WINSTON	#1	Berry	31.49m	103-4	3/4
10		Jordan FREDRICKSON	#2	Rhodes	29.34m	96-3¼	4/15

Women's Hammer

1		Lauren FOUTCH	#3	Centre	44.60m	146-4	4/14
2		Kym YOUNG	#2	Rhodes	42.93m	140-10	3/31
3		Jillian GRAY	#2	Rhodes	41.84m	137-3	4/15
4		Sadie PHILLIPS	#1	Berry	40.60m	133-3	4/14
5		Malysha WINSTON	#1	Berry	40.30m	132-3	4/14
6		Zoe CURTIS	#2	Rhodes	39.58m	129-10	4/15
7		Lula HAILEY	#1	Berry	39.32m	129-0	4/14
8		Lindsey BROWNING	#3	Centre	37.68m	123-8	4/1
9		Jordan FREDRICKSON	#2	Rhodes	37.27m	122-4	4/15
10		Alivia ALLEN	#6	Hendrix	37.05m	121-7	4/6

Women's Javelin

1	29	Cailin DELEO	#1	Berry	38.37m	125-11	4/14
2	75	Meghan OWENS	#3	Centre	36.33m	119-3	3/25
3		Evan DUET	#2	Rhodes	34.97m	114-9	4/15
4		Zoe CURTIS	#2	Rhodes	34.45m	113-0	4/15
5		Sadie PHILLIPS	#1	Berry	34.28m	112-6	4/14
6		Mallie TAYLOR	#4	Birmingham-Sou	33.31m	109-4	4/13
7		Dayanara MENDEZ	#3	Centre	32.38m	106-3	4/1
8		Tyler HAMBY	#5	Millsaps	30.31m	99-5½	3/31
9		Madi DUKE	#1	Berry	29.84m	97-10¾	4/14
10		Jordan FREDRICKSON	#2	Rhodes	29.76m	97-7¾	3/4

Women's Heptathlon

1	26	Emily THOMPSON	#1	Berry	3,991	3/17
2	54	Macy MURDOCK	#1	Berry	3,327	3/17
3	77	EMBER HUGHES	#6	Hendrix	2,835	3/17



Conference TFRI Event Summary

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SCAC

Women's 100 Meters

1	78	Trinity MURDOCK	#3	Texas Lutheran	12.42	(1.7)	3/25
2		Ebonee NATION	#5	St. Thomas (Tex	12.50w	(2.4)	4/13
3		Ny'Cierra HINTON	#5	St. Thomas (Tex	12.60	(1.0)	3/23
3		Mykler RODERIQUE	#5	St. Thomas (Tex	12.60	(1.0)	3/3
3		Danya SELBER	#1	Trinity (Texas)	12.60	(0.9)	4/7
6		Avery PUIG	#1	Trinity (Texas)	12.75	(1.4)	4/7
7		Lauren MACKRELL	#4	Southwestern (T	12.76w	(2.9)	4/14
8		Yasmin SUBAWALLA	#1	Trinity (Texas)	12.77w	(3.5)	3/25
9		Natalie GARCIA	#3	Texas Lutheran	12.84	(1.2)	3/3
9		Clara LIPPERT	#2	Colorado Colleg	12.84c	(12.77A) (1	4/3

Women's 100 Meter Hurdles

1	45	Ebonee NATION	#5	St. Thomas (Tex	14.92	(1.2)	3/30
2	83	Danya SELBER	#1	Trinity (Texas)	15.38	(1.6)	4/15
3		Taylor NORRELL	#3	Texas Lutheran	15.75	(1.1)	3/3
4		Barbara DUNLAP	#4	Southwestern (T	15.88w	(3.0)	4/14
5		Avery PUIG	#1	Trinity (Texas)	15.89	(0.9)	4/7
6		Ciara CAVAZOS	#3	Texas Lutheran	15.92w	(3.0)	4/14
7		Emma FOWKES	#2	Colorado Colleg	16.03c	(15.99A) (-	3/17
8		Arden NEFF	#4	Southwestern (T	16.14	(0.6)	3/17
9		Hayley HUCK	#1	Trinity (Texas)	16.38	(1.8)	4/7
10		Katelyn BROWN	#3	Texas Lutheran	16.95	(2.0)	3/25

Women's 200 Meters

1		Trinity PROVOST	#5	St. Thomas (Tex	25.82	(-0.5)	3/23
2		CC GRAY	#1	Trinity (Texas)	26.03	(1.8)	4/7
3		Danya SELBER	#1	Trinity (Texas)	26.05	(1.5)	4/7
4		Kaela SAWYERS	#5	St. Thomas (Tex	26.10	(1.7)	4/7
5		Sealan LEDAT	#1	Trinity (Texas)	26.14	(0.0)	3/25
6		Makayla POWELL	#5	St. Thomas (Tex	26.18	(-2.1)	4/13
7		Natalie GARCIA	#3	Texas Lutheran	26.33	(0.0)	3/25
7		Clara LIPPERT	#2	Colorado Colleg	26.33c	(26.26A) (0	3/17
9		Aliya JACKSON	#1	Trinity (Texas)	26.47	(0.8)	4/7
10		Ny'Cierra HINTON	#5	St. Thomas (Tex	26.59	(0.5)	3/3

Women's 400 Meters

1	71	Taylor KOTFAS	#1	Trinity (Texas)	58.96		3/25
2		CC GRAY	#1	Trinity (Texas)	59.40		3/3
3		Makayla POWELL	#5	St. Thomas (Tex	59.47		3/23
4		Aliya JACKSON	#1	Trinity (Texas)	1:00.17		4/7
5		Christina STINSON	#5	St. Thomas (Tex	1:00.18		4/7
6		Sealan LEDAT	#1	Trinity (Texas)	1:00.85		4/7
7		Clara LIPPERT	#2	Colorado Colleg	1:00.93		3/11
8		Maddie SHOVE	#2	Colorado Colleg	1:01.04c	(1:00.93A)	3/17
9		Ja'Keia WILLIAMS	#3	Texas Lutheran	1:01.07		4/7
9		Lilly VAN METER	#4	Southwestern (T	1:01.07		4/14

Women's 400 Meter Hurdles

1	33	Arden NEFF	#4	Southwestern (T	1:04.82		4/14
2		Avery PUIG	#1	Trinity (Texas)	1:07.93		3/30
3		Hayley HUCK	#1	Trinity (Texas)	1:08.89		3/30
4		Lily MCWHORTER	#4	Southwestern (T	1:09.67		4/14
5		Sage BARTLETT	#3	Texas Lutheran	1:10.36		3/30
6		Emma FOWKES	#2	Colorado Colleg	1:10.63c	(1:10.52A)	3/17
7		Ebonee NATION	#5	St. Thomas (Tex	1:12.36		3/23
8		Sophia DELGADO	#5	St. Thomas (Tex	1:13.08		3/30
9		Kamilah TANNER	#3	Texas Lutheran	1:13.31		3/25
10		Lauren PENDERS	#4	Southwestern (T	1:14.79		3/25

Women's 800 Meters

1		Ella FULLERTON	#2	Colorado Colleg	2:18.92c	(2:19.66A)	3/17
2		Maddie SHOVE	#2	Colorado Colleg	2:19.04c	(2:20.06A)	4/7
3		Isabel OLSON	#2	Colorado Colleg	2:19.92c	(2:20.67A)	3/17
4		Tori MATSON	#2	Colorado Colleg	2:21.79c	(2:22.55A)	3/17
5		Paige TANGNEY	#1	Trinity (Texas)	2:22.03		4/7
6		Abby GOODFRIED	#2	Colorado Colleg	2:22.98		3/3
7		Emily GNECCO	#1	Trinity (Texas)	2:23.38		3/30
8		Madison HABECK	#1	Trinity (Texas)	2:23.53		4/7
9		Josette GURULE	#1	Trinity (Texas)	2:23.97		4/7
10		May LAMB	#2	Colorado Colleg	2:24.20c	(2:24.97A)	3/17

Women's 1500 Meters

1	31	Sydney RANKIN	#2	Colorado Colleg	4:37.11		3/11
2		Clare QUINN	#2	Colorado Colleg	4:45.58c	(4:51.72A)	3/17
3		Elliot SINGER	#2	Colorado Colleg	4:47.26c	(4:53.43A)	3/17
4		Isabel OLSON	#2	Colorado Colleg	4:49.75		3/11
5		Emily GNECCO	#1	Trinity (Texas)	4:54.91		3/30
6		Brooktie FROGGE	#2	Colorado Colleg	4:55.13		4/7
7		May LAMB	#2	Colorado Colleg	4:55.61		4/7
8		Alison MUELLER-HICKLER	#2	Colorado Colleg	4:56.04c	(5:02.40A)	3/17
9		Madison HABECK	#1	Trinity (Texas)	4:56.59		3/23
10		Rachel CHIELLA	#4	Southwestern (T	4:58.13		3/17

Women's Steeplechase

1	48	Ellie CATRON	#1	Trinity (Texas)	11:31.34		3/3
2		Rachel CHIELLA	#4	Southwestern (T	11:59.68		3/30
3		Julia SOLANO	#2	Colorado Colleg	12:04.65		4/7
4		Liz WHITE	#2	Colorado Colleg	12:19.84		4/7
5		Maia DYKSTRA	#1	Trinity (Texas)	12:38.06		3/30
6		Elizabeth THOMPSON	#1	Trinity (Texas)	13:16.96		3/3
7		Hallie MARTINEZ	#4	Southwestern (T	14:26.55		3/3
8		Melissa LANDON	#6	Schreiner	14:30.85		3/25



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SCAC

Women's 5000 Meters

1	85	Elliot SINGER	#2	Colorado Colleg	17:47.39	4/7
2	92	Clare QUINN	#2	Colorado Colleg	17:50.08	4/7
3		Alison MUELLER-HICKLER	#2	Colorado Colleg	18:05.59	3/11
4		Sydney RANKIN	#2	Colorado Colleg	18:14.09	4/7
5		Charlotte FURMAN	#2	Colorado Colleg	18:20.35	4/7
6		Britt HELGAAS	#2	Colorado Colleg	18:26.23	4/7
7		Elaine KASTER	#1	Trinity (Texas)	18:29.00	3/3
8		Dafna WILLIAMS	#2	Colorado Colleg	18:36.31	4/7
9		Liz WHITE	#2	Colorado Colleg	18:42.23	3/11
10		Ellie CATRON	#1	Trinity (Texas)	18:51.58	4/7

Women's 10,000 Meters

1	63	Dafna WILLIAMS	#2	Colorado Colleg	38:33.24	3/11
2	67	Britt HELGAAS	#2	Colorado Colleg	38:50.87	3/11
3	74	Charlotte FURMAN	#2	Colorado Colleg	39:08.52	3/11
4		Lily BRAZIL	#2	Colorado Colleg	44:48.39	3/11

Women's 4x100 Relay

1	28	Taylor NORRELL, Ja'Keia WILLIAMS, Trinity MURDOCK, Natalie GARCIA	#3	Texas Lutheran	48.42	3/30
2	33	Kaela SAWYERS, Ny'Cierra HINTON, Trinity PROVOST, Mykler RODERIQUE	#5	St. Thomas (Tex	48.53	3/3
3	48	Yasmin SUBAWALLA, Sealan LEDAT, Joy AREOLA, Danya SELBER	#1	Trinity (Texas)	49.07	3/3
4	74	Arden NEFF, Dejahnae THOMPSON, Lauren MACKRELL, Katelin PILARSKI	#4	Southwestern (T	49.64	4/7
5	99	Emma FOWKES, Clara LIPPERT, Emma JONES, Shekinah OLOYEDE	#2	Colorado Colleg	50.15c (50.03A)	4/7

Women's 4x400 Relay

1	25	CC GRAY, Taylor KOTFAS, Aliya JACKSON, Hayley HUCK	#1	Trinity (Texas)	4:00.91	3/30
2	76	Ja'Keia WILLIAMS, LeeAndrea CANAS, Aaliyah LEAL, Sage BARTLETT	#3	Texas Lutheran	4:08.87	3/25
3	81	Clara LIPPERT, Abby GOODFRIED, Maddie SHOVE, Emma JONES	#2	Colorado Colleg	4:09.35c (4:08.91A)	3/17
4	93	Makayla POWELL, Christina STINSON, Nelsy VERA, Samyia SUMMERS	#5	St. Thomas (Tex	4:11.41	3/23
5		Arden NEFF, Dejahnae THOMPSON, Lily MCWHORTER, Lilly VAN METER	#4	Southwestern (T	4:13.52	4/7

Women's High Jump

1		Emma JONES	#2	Colorado Colleg	1.53ma 5-¼	4/7
1		April KWAN	#2	Colorado Colleg	1.53ma 5-¼	4/7
3		Emma FOWKES	#2	Colorado Colleg	1.50m 4-11	3/11
4		Katelyn BROWN	#3	Texas Lutheran	1.46m 4-9½	3/25
4		Phoenix SEMAJ	#3	Texas Lutheran	1.46m 4-9½	3/25
4		Peyton BOHLINGER	#1	Trinity (Texas)	1.46m 4-9½	3/25
7		Jenna HARVEY	#1	Trinity (Texas)	1.41m 4-7½	3/25
7		Rachel CHIELLA	#4	Southwestern (T	1.41m 4-7½	3/25
7		Hannah JONES	#4	Southwestern (T	1.41m 4-7½	3/25
7		Demi DURHAM	#1	Trinity (Texas)	1.41m 4-7½	3/25

Women's Pole Vault

1	42	Maddy WIETSTRUCK	#1	Trinity (Texas)	3.45m 11-3¾	4/7
2	85	Ashlynn RECKNAGEL	#3	Texas Lutheran	3.30m 10-9¾	4/7
3		Lily DAWSON	#3	Texas Lutheran	3.15m 10-4	4/7
4		Bailey DUEITT	#1	Trinity (Texas)	3.10m 10-2	4/15
5		Kaelin LEISHMAN	#1	Trinity (Texas)	3.00m 9-10	4/7
6		Leandra MOTELET	#4	Southwestern (T	2.80m 9-2¼	3/17
7		Isabelle RIVERA	#4	Southwestern (T	2.75m 9-¼	3/3
8		Brenna IANNELLI	#3	Texas Lutheran	2.40m 7-10½	3/25

Women's Long Jump

1	73	Joy AREOLA	#1	Trinity (Texas)	5.29m 17-4¼ (0.0	3/3
2		Claudia DAVIS	#5	St. Thomas (Tex	5.07m 16-7¾ (1.0	3/23
3		Aliya NOE	#1	Trinity (Texas)	4.97m 16-3¾ (2.0	4/7
4		Clara LIPPERT	#2	Colorado Colleg	4.89ma 16-½ (-3.3)	4/3
5		April KWAN	#2	Colorado Colleg	4.72ma 15-6 (0.0)	4/7
5		Courtney BURNETT	#3	Texas Lutheran	4.72mw 15-6 (2.6)	3/25
7		Katelyn BROWN	#3	Texas Lutheran	4.56mw 14-11½ (2. 4/14	
8		Jessie CHIELLA	#4	Southwestern (T	4.53m 14-10½ (0.	3/3
9		Lilly VAN METER	#4	Southwestern (T	4.51mw 14-9¾ (2.1	4/7
10		Valeria GONZALES	#5	St. Thomas (Tex	4.46m 14-7¾ (0.0	4/7



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Women's Triple Jump

1	32	Joy AREOLA	#1	Trinity (Texas)	11.36m	37-3¼ (-0.0)	4/7
2	51	Maddy WIETSTRUCK	#1	Trinity (Texas)	11.15m	36-7 (1.1)	3/25
3		Aliya NOE	#1	Trinity (Texas)	10.58m	34-8½ (0.2)	4/7
4		Jessie CHIELLA	#4	Southwestern (T)	9.82m	32-2¾ (0.0)	3/17
5		Courtney BURNETT	#3	Texas Lutheran	9.74m	31-11½ (3.0)	4/14
6		Katelyn BROWN	#3	Texas Lutheran	9.66m	31-8½ (2.1)	4/14
7		April KWAN	#2	Colorado Colleg	9.24m	30-3¾ (0.0)	3/3

Women's Shot Put

1	96	Julissa RODRIGUEZ	#3	Texas Lutheran	12.07m	39-7¼	3/30
2		Emagen STYRA	#3	Texas Lutheran	11.97m	39-3¾	3/25
3		Maggie NAVA	#1	Trinity (Texas)	11.71m	38-5	4/7
4		Kirsten SMITH	#3	Texas Lutheran	11.06m	36-3½	4/7
5		Madeleine SEABOLT	#1	Trinity (Texas)	11.01m	36-1½	3/3
6		Kierra FRANCOIS	#1	Trinity (Texas)	11.00m	36-1¼	4/7
7		Erin CAPELL	#2	Colorado Colleg	10.77m	35-4	4/3
8		Kate BALLENGEE	#1	Trinity (Texas)	10.44m	34-3	4/7
9		Maya FLAX	#3	Texas Lutheran	10.31m	33-10	4/7
10		Kenna KUBENKA	#3	Texas Lutheran	10.02m	32-10½	4/7

Women's Discus

1	86	Kierra FRANCOIS	#1	Trinity (Texas)	38.49m	126-4	3/3
2	93	Brianna WILSON-LARKIN	#3	Texas Lutheran	38.32m	125-9	3/25
3		Madeleine SEABOLT	#1	Trinity (Texas)	38.03m	124-9	3/3
4		Kate BALLENGEE	#1	Trinity (Texas)	37.11m	121-9	4/15
5		Julissa RODRIGUEZ	#3	Texas Lutheran	36.50m	119-9	4/7
6		Kirsten SMITH	#3	Texas Lutheran	33.85m	111-1	3/25
7		Sydney BRAUN	#4	Southwestern (T)	33.77m	110-10	4/14
8		Maggie NAVA	#1	Trinity (Texas)	32.87m	107-10	3/3
9		Emagen STYRA	#3	Texas Lutheran	32.73m	107-5	4/7
10		Gizelle GUTIERREZ	#3	Texas Lutheran	32.72m	107-4	3/25

Women's Hammer

1	91	Kierra FRANCOIS	#1	Trinity (Texas)	45.48m	149-3	4/7
2	99	Julissa RODRIGUEZ	#3	Texas Lutheran	45.13m	148-1	4/14
3		Riley BARLAGE	#4	Southwestern (T)	41.19m	135-2	4/14
4		Brianna WILSON-LARKIN	#3	Texas Lutheran	39.99m	131-3	4/7
5		Kirsten SMITH	#3	Texas Lutheran	39.83m	130-8	4/14
6		Kenna KUBENKA	#3	Texas Lutheran	39.04m	128-1	3/3
7		Gizelle GUTIERREZ	#3	Texas Lutheran	37.47m	122-11	4/14
8		Maggie NAVA	#1	Trinity (Texas)	35.92m	117-10	3/25
9		Sydney BRAUN	#4	Southwestern (T)	35.76m	117-4	4/14
10		Kate BALLENGEE	#1	Trinity (Texas)	34.45m	113-0	3/25

Women's Javelin

1	66	Kierra FRANCOIS	#1	Trinity (Texas)	36.69m	120-5	4/7
2		Madeleine SEABOLT	#1	Trinity (Texas)	34.82m	114-3	4/15
3		Heather WILSON	#4	Southwestern (T)	33.08m	108-7	4/14
4		Julissa RODRIGUEZ	#3	Texas Lutheran	32.13m	105-5	3/25
5		Taylor HUBBARD	#4	Southwestern (T)	30.94m	101-6	3/25
6		Gizelle GUTIERREZ	#3	Texas Lutheran	30.65m	100-7	3/25
7		Alexa MARTIN	#3	Texas Lutheran	29.91m	98-1¾	3/25
8		Sydney BRAUN	#4	Southwestern (T)	29.73m	97-6½	4/7
9		Julia MACIEL	#3	Texas Lutheran	29.31m	96-2	3/25
10		Emagen STYRA	#3	Texas Lutheran	28.59m	93-9¾	4/7



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SCIAC

Women's 100 Meters

1	6	Jasmyn CRAWFORD	#5 Whittier	11.85w	(2.4)	4/13
2	16	Sydney HARNESS	#2 Redlands (Calif.)	12.07	(1.1)	4/1
3	23	Rhe Nae LEACH	#5 Whittier	12.10w	(2.3)	3/25
4	40	Alexandra ACKERMAN	#2 Redlands (Calif.)	12.23	(1.1)	4/1
5	72	Makenna LIZARDE	#3 Chapman	12.39	(1.8)	4/1
6		Kaylee SMITH	#3 Chapman	12.48w	(2.1)	3/25
7		Maigan ADAMS	#2 Redlands (Calif.)	12.49w	(2.1)	4/8
8		Khyra STINER	#3 Chapman	12.51w	(3.4)	4/13
9		Talia JOHNSON	#5 Whittier	12.52w	(3.4)	3/25
10		Mackenzie REED	#5 Whittier	12.56w	(2.3)	3/25

Women's 100 Meter Hurdles

1	27	Caroline DELVECCHIO	#1 Claremont-Mud	14.64	(0.9)	4/15
2	33	Eleanor BACHMEIER	#2 Redlands (Calif.)	14.75	(1.3)	4/1
3	51	Mira JUNCAJ	#8 La Verne	14.98	(2.0)	4/7
4	76	Davina TORRES	#5 Whittier	15.35	(2.0)	4/7
5		Khyra STINER	#3 Chapman	15.80	(-0.9)	4/15
6		Elee FAULKNER	#2 Redlands (Calif.)	15.86	(1.3)	4/1
7		Nathalie CASTAÑOS	#5 Whittier	15.98	(2.0)	4/7
8		Jazzlyn JOHNSON	#8 La Verne	16.08	(1.3)	4/1
9		Adva SHILON	#3 Chapman	16.26w	(2.1)	3/25
10		Katarina MARIC	#3 Chapman	16.46	(0.9)	4/1

Women's 200 Meters

1	7	Jasmyn CRAWFORD	#5 Whittier	24.48w	(3.4)	4/13
2	19	Rhe Nae LEACH	#5 Whittier	24.93w	(2.2)	4/1
3	22	Sydney HARNESS	#2 Redlands (Calif.)	24.99w	(2.2)	4/1
4	43	Mackenzie REED	#5 Whittier	25.22w	(2.4)	4/13
5	50	Allison KREMER	#3 Chapman	25.30	(1.9)	4/7
6	84	Makenna LIZARDE	#3 Chapman	25.64	(1.9)	4/1
7	89	Alexandra ACKERMAN	#2 Redlands (Calif.)	25.68	(1.8)	4/15
8	95	Kaylee SMITH	#3 Chapman	25.74	(1.9)	4/1
9		Katriona KIRKPATRICK	#4 Pomona-Pitzer	25.87	(1.8)	4/15
10		Sabrina SEMMERE	#2 Redlands (Calif.)	26.18w	(2.2)	4/1

Women's 400 Meters

1	17	Allison KREMER	#3 Chapman	57.25		4/13
2	47	Kaylee SMITH	#3 Chapman	58.41		4/1
3	61	Elizabeth HAWLEY	#6 Occidental	58.77		4/1
4	91	Mackenzie REED	#5 Whittier	59.28		4/13
5		Shriya VELICHALA	#1 Claremont-Mud	1:00.16		4/1
6		Taylor VIERA	#5 Whittier	1:00.57		4/15
7		Jada HIGGINS	#1 Claremont-Mud	1:00.64		4/1
8		Sydney HARNESS	#2 Redlands (Calif.)	1:01.52		4/8
9		Olivia REICHL	#4 Pomona-Pitzer	1:01.76		4/8
10		Chayanit KITNITCHIVA	#3 Chapman	1:01.89		4/15

Women's 400 Meter Hurdles

1	2	Caroline DELVECCHIO	#1 Claremont-Mud	1:01.43		4/7
2	16	Elee FAULKNER	#2 Redlands (Calif.)	1:03.09		4/15
3	30	Eleanor BACHMEIER	#2 Redlands (Calif.)	1:04.67		4/15
4	45	Shriya VELICHALA	#1 Claremont-Mud	1:05.69		4/15
5	78	Katarina MARIC	#3 Chapman	1:07.08		4/15
6	82	Davina TORRES	#5 Whittier	1:07.32		4/7
7		Elisabeth EICHINGER	#2 Redlands (Calif.)	1:08.97		4/15
8		Nicole PLAYER	#4 Pomona-Pitzer	1:09.58		4/8
9		Ciara GILLEN	#6 Occidental	1:09.93		4/1
10		Fatima CERVANTES	#7 Cal Lutheran	1:10.52		4/15

Women's 800 Meters

1	38	Chloe BULLOCK	#2 Redlands (Calif.)	2:16.20		4/8
2	51	Riley CAPUANO	#1 Claremont-Mud	2:16.81		4/8
3	90	Megan MALEY	#1 Claremont-Mud	2:18.51		4/13
4		Elizabeth HAWLEY	#6 Occidental	2:18.98		3/11
5		Angela GUSHUE	#1 Claremont-Mud	2:19.97		4/8
6		Mia VOCE	#1 Claremont-Mud	2:20.49		4/7
7		Annika CARLSON	#3 Chapman	2:21.90		3/4
8		Samira NEGRETE	#7 Cal Lutheran	2:22.83		3/25
9		Michaela JONES	#4 Pomona-Pitzer	2:23.54		4/8
10		Rhea BRAGANZA	#4 Pomona-Pitzer	2:23.97		4/8

Women's 1500 Meters

1	45	Riley CAPUANO	#1 Claremont-Mud	4:39.22		4/13
2	48	Angela GUSHUE	#1 Claremont-Mud	4:39.76		3/11
3	81	Jenna LANGE	#4 Pomona-Pitzer	4:43.20		4/13
4	90	Abigail LOISELLE	#4 Pomona-Pitzer	4:44.52		4/1
5	97	Laura ZIMMER	#1 Claremont-Mud	4:44.96		4/1
6		Megan MALEY	#1 Claremont-Mud	4:46.28		4/8
7		Mira TERDIMAN	#4 Pomona-Pitzer	4:46.78		4/8
8		Anika KIMME	#1 Claremont-Mud	4:47.74		3/4
9		Chloe BULLOCK	#2 Redlands (Calif.)	4:48.83		3/4
10		Ciara GILLEN	#6 Occidental	4:50.04		4/1

Women's Steeplechase

1	45	Chloe BULLOCK	#2 Redlands (Calif.)	11:30.76		4/15
2	60	Ciara GILLEN	#6 Occidental	11:37.52		4/15
3	64	Annika CARLSON	#3 Chapman	11:39.56		4/13
4		Eve MAVY	#2 Redlands (Calif.)	12:17.93		4/15
5		Hannah WEAVER	#1 Claremont-Mud	12:18.86		4/1
6		Chloe CONNOLLY	#4 Pomona-Pitzer	12:28.19		4/1
7		Katy CHU	#9 Caltech	12:28.28		4/15
8		Cordelia HAUTEKEETE	#7 Cal Lutheran	12:29.64		3/25
9		Jenna MILBRODT	#1 Claremont-Mud	12:33.24		4/15
10		Brooke HOUGO	#7 Cal Lutheran	12:36.11		4/15



Conference TFRI Event Summary

as of 4/17/2023 6:58:59 AM

SCIAC

Women's 5000 Meters

1	50	Meredith BLOSS	#1	Claremont-Mud	17:32.33	3/11
2	71	Elle MARSYLA	#1	Claremont-Mud	17:41.78	3/11
3	78	Mira TERDIMAN	#4	Pomona-Pitzer	17:44.14	4/13
4	80	Abigail LOISELLE	#4	Pomona-Pitzer	17:44.44	3/11
5	87	Katie CLINE	#4	Pomona-Pitzer	17:48.84	4/13
6		Genevieve DIBARI	#4	Pomona-Pitzer	17:55.35	4/13
7		Anika KIMME	#1	Claremont-Mud	17:58.77	3/11
8		Sophia DALFONZO	#9	Caltech	18:00.00	3/11
9		Jenna LENAY	#6	Occidental	18:00.66	3/11
10		Virginia PISTILLI	#9	Caltech	18:12.37	3/11

Women's 10,000 Meters

1	21	Abigail LOISELLE	#4	Pomona-Pitzer	36:30.63	4/13
2	32	Sophia DALFONZO	#9	Caltech	36:59.04	4/13
3	39	Anika KIMME	#1	Claremont-Mud	37:12.29	4/13
4	50	Jenna LENAY	#6	Occidental	37:57.78	3/24
5	55	Meredith BLOSS	#1	Claremont-Mud	38:22.30	4/13
6	69	Alexandra EMERSON	#4	Pomona-Pitzer	38:58.66	3/24
7		Madison BRAVO	#8	La Verne	41:26.62	3/11

Women's 4x100 Relay

1	3	Jasmyn CRAWFORD, Talia JOHNSON, Mackenzie REED, Rhe Nae LEACH	#5	Whittier	46.81	4/7
2	4	Maigan ADAMS, Alexandra ACKERMAN, Sydney HARNESS, Sabrina SEMMERE	#2	Redlands (Calif.)	47.05	4/1
3	10	Makenna LIZARDE, Kaylee SMITH, Allison KREMER, Zoe ZURASKY	#3	Chapman	47.49	4/7
4	56	Lillie MINSKOFF, Olivia REICHLE, Tene ARIYO, Katriona KIRKPATRICK	#4	Pomona-Pitzer	49.26	4/15
5	86	Jazzlyn JOHNSON, Tamia BROWN, Kelly SANCHEZ, Dawson BELL	#8	La Verne	49.92	4/15
6	95	Karis PALOMINO, Francesca CANDELIERI, Emmamarie WATKINS, Elizabeth HAWLEY	#6	Occidental	50.08	4/1
7	99	Sydney BEHRENS, Malia MCCOLL, Shriya VELICHALA, Madison PACKBIER	#1	Claremont-Mud	50.15	4/15
8		Isabela CENICEROS, Ashwitha SURABHI, Lily RANDALL, Lauren PRYOR	#9	Caltech	52.50	3/4

Women's 4x400 Relay

1	4	Kaylee SMITH, Allison KREMER, Makenna LIZARDE, Chayanit KITNITCHIVA	#3	Chapman	3:52.54	4/8
2	18	Katriona KIRKPATRICK, Reia LI, Michaela JONES, Olivia REICHLE	#4	Pomona-Pitzer	4:00.22	4/15
3	37	Shriya VELICHALA, Jada HIGGINS, Alyssa RUIZ, Caroline DELVECCHIO	#1	Claremont-Mud	4:03.60	3/4
4	45	Eleanor BACHMEIER, Cece MATTESON, Elee FAULKNER, Chloe BULLOCK	#2	Redlands (Calif.)	4:05.13	4/1
5	72	Taylor VIERA, Mackenzie REED, Lexi HUFF, Davina TORRES	#5	Whittier	4:08.38	4/1
6	92	Tia AKASAKI, Francesca CANDELIERI, Alexa POREMB, Elizabeth HAWLEY	#6	Occidental	4:11.29	4/15
7		Jasmyne HOLLIDAY, Cordelia HAUTEKEETE, Brooke HOUGO, Samira NEGRETE	#7	Cal Lutheran	4:21.34	4/15
8		Sophia ELAM, Lauren GARRIQUES, Alex BURR, Makena RODRIGUEZ	#9	Caltech	4:33.89	3/4
9		Madison BRAVO, Andrea CAMACHO, Peyton CARRERA, Destiny ESPINOZA	#8	La Verne	4:38.70	4/1

Women's High Jump

1	70	Sarah BJORNSEN	#7	Cal Lutheran	1.57m	5-1¾	4/15
2	93	Tene ARIYO	#4	Pomona-Pitzer	1.55m	5-1	3/25
2	93	Elizabeth KIRSCHNER	#1	Claremont-Mud	1.55m	5-1	4/1
4		Zoe ZURASKY	#3	Chapman	1.53m	5-¼	4/7
5		Bridget FERGUSON	#6	Occidental	1.52m	4-11¾	4/15
6		Simone ROGERS	#1	Claremont-Mud	1.51m	4-11½	4/15
6		Ha'ani UNTALAN	#8	La Verne	1.51m	4-11½	4/15
8		Elee FAULKNER	#2	Redlands (Calif.)	1.50m	4-11	4/1
8		Adva SHILON	#3	Chapman	1.50m	4-11	4/1
8		Cameryn OKAMURA	#1	Claremont-Mud	1.50m	4-11	3/4
8		Mai Linh WONG	#6	Occidental	1.50m	4-11	4/8
8		Fatima CERVANTES	#7	Cal Lutheran	1.50m	4-11	4/1



Conference TFRI Event Summary

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SCIAC

Women's Pole Vault

1	4	Brooke SIMON	#1	Claremont-Mud	3.85m	12-7½	4/1
2	16	Karissa RICKS	#5	Whittier	3.67m	12-½	3/4
3	32	Madeline SEIFERT	#1	Claremont-Mud	3.52m	11-6½	4/15
4	33	Kalea BROWN	#3	Chapman	3.50m	11-5¾	3/17
5	73	Adva SHILON	#3	Chapman	3.35m	10-11¾	4/1
5	73	Isabella MILANO	#1	Claremont-Mud	3.35m	10-11¾	4/1
5	73	Savannah ENGLER	#2	Redlands (Calif.)	3.35m	10-11¾	4/15
8		Isabella AU	#3	Chapman	3.20m	10-6	3/17
9		Sarah BJORNSON	#7	Cal Lutheran	3.05m	10-0	3/11
9		Samantha DANIELS	#3	Chapman	3.05m	10-0	3/17

Women's Long Jump

1	11	Maigan ADAMS	#2	Redlands (Calif.)	5.65m	18-6½ (1.3)	4/15
2	28	Rhe Nae LEACH	#5	Whittier	5.52m	18-1½ (-0.)	3/4
3	43	Ciara AW	#2	Redlands (Calif.)	5.45m	17-10¾ (-0)	4/15
4		Ella BOWERS	#4	Pomona-Pitzer	5.06m	16-7¼ (-0.)	3/4
5		Kalea BROWN	#3	Chapman	5.04m	16-6½ (1.4)	3/25
5		Elizabeth KIRSCHNER	#1	Claremont-Mud	5.04m	16-6½ (2.0)	4/7
7		Ha'ani UNTALAN	#8	La Verne	4.99m	16-4½ (1.1)	3/17
8		Christen WILEY	#2	Redlands (Calif.)	4.94mw	16-2½ (2.2)	4/1
9		Caroline DELVECCHIO	#1	Claremont-Mud	4.93m	16-2¼ (0.0)	4/1
10		Khairat RAJI	#4	Pomona-Pitzer	4.91m	16-1½ (0.4)	4/1
10		Aij MCFARLAND	#3	Chapman	4.91mw	16-1½ (2.7)	3/25

Women's Triple Jump

1	39	Maigan ADAMS	#2	Redlands (Calif.)	11.24m	36-10½ (-0)	4/15
2	63	Ella BOWERS	#4	Pomona-Pitzer	11.03m	36-2¼ (1.5)	4/1
3	70	Ciara AW	#2	Redlands (Calif.)	10.96m	35-11½ (0.)	4/15
4		Khairat RAJI	#4	Pomona-Pitzer	10.68m	35-½ (-0.1)	3/25
5		Kalea BROWN	#3	Chapman	10.67m	35-¼ (0.5)	4/1
6		Lilly COOPER	#3	Chapman	10.62m	34-10¼ (-0)	3/4
7		Christen WILEY	#2	Redlands (Calif.)	10.50m	34-5½ (-2.)	4/7
7		Fatima CERVANTES	#7	Cal Lutheran	10.50m	34-5½ (-1.)	4/8
9		Jenna PARKER	#5	Whittier	10.44m	34-3 (-0.6)	4/8
10		Nicole PLAYER	#4	Pomona-Pitzer	10.34m	33-11¼ (1.)	4/15

Women's Shot Put

1	64	Timony SHERRY	#2	Redlands (Calif.)	12.38m	40-7½	4/1
2		Zaria OPARA	#7	Cal Lutheran	12.00m	39-4½	4/1
3		Jadyn AYALA	#3	Chapman	11.38m	37-4	4/15
4		Gabriella KNUITSEN	#6	Occidental	11.29m	37-½	4/15
5		Carly KIRSH	#1	Claremont-Mud	10.95m	35-11¼	4/1
6		Emily BURGER	#1	Claremont-Mud	10.86m	35-7¾	4/15
7		Megan ROBERSTON	#9	Caltech	10.63m	34-10½	4/15
8		Emily HELDENBRAND	#8	La Verne	10.58m	34-8½	3/25
9		Caeli HAVEL	#2	Redlands (Calif.)	10.52m	34-6¼	4/15
10		Noelle CHAVEZ	#2	Redlands (Calif.)	10.33m	33-10¾	3/17

Women's Discus

1	30	Noelle CHAVEZ	#2	Redlands (Calif.)	41.22m	135-3	4/1
2	38	Zaria OPARA	#7	Cal Lutheran	40.55m	133-1	4/1
3	63	Caeli HAVEL	#2	Redlands (Calif.)	39.43m	129-5	4/1
4		Leslie SERNAQUE FALCON	#2	Redlands (Calif.)	37.41m	122-9	4/1
5		Megan ROBERSTON	#9	Caltech	36.50m	119-9	3/17
6		Jadyn AYALA	#3	Chapman	35.87m	117-8	3/25
7		Carly KIRSH	#1	Claremont-Mud	35.86m	117-8	4/15
8		Sara ANDERSON	#4	Pomona-Pitzer	34.48m	113-2	4/1
9		Timony SHERRY	#2	Redlands (Calif.)	34.42m	112-11	4/7
10		Natalia WILLIAMS	#5	Whittier	33.71m	110-7	4/15

Women's Hammer

1	43	Antonia HEKSTER	#1	Claremont-Mud	48.15m	158-0	4/7
2	71	Zaria OPARA	#7	Cal Lutheran	46.45m	152-5	4/1
3		Leslie SERNAQUE FALCON	#2	Redlands (Calif.)	44.51m	146-1	4/15
4		Megan ROBERSTON	#9	Caltech	44.45m	145-10	3/4
5		Grace BEATY	#2	Redlands (Calif.)	41.09m	134-10	3/17
6		Noelle CHAVEZ	#2	Redlands (Calif.)	39.56m	129-10	3/4
7		Carly KIRSH	#1	Claremont-Mud	39.22m	128-8	4/1
8		Cheyenne RODRIGUEZ	#7	Cal Lutheran	38.39m	126-0	4/1
9		Jadyn AYALA	#3	Chapman	37.21m	122-1	4/15
10		Emily HU	#9	Caltech	36.02m	118-2	3/4

Women's Javelin

1	38	Emily BURGER	#1	Claremont-Mud	37.67m	123-7	3/4
2	48	Emily HELDENBRAND	#8	La Verne	37.17m	122-0	3/4
3	86	Logan SPOONEMORE	#4	Pomona-Pitzer	35.76m	117-4	4/15
4	99	Natalia WILLIAMS	#5	Whittier	35.14m	115-4	4/15
5		Michelle LAGUNAS-MONROY	#6	Occidental	31.84m	104-6	4/1
6		Antonia HEKSTER	#1	Claremont-Mud	31.30m	102-8	3/17
7		Georgia ARNOLD	#1	Claremont-Mud	30.39m	99-8½	4/8
8		Brianna HUYNH	#4	Pomona-Pitzer	30.15m	98-11	4/8
9		Kate COBAIN	#6	Occidental	29.94m	98-2¾	4/1
10		Davina TORRES	#5	Whittier	29.40m	96-5½	3/25

Women's Heptathlon

1	24	Eleanor BACHMEIER	#2	Redlands (Calif.)	4,055		4/6
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Conference TFRI Event Summary

as of 4/17/2023 6:59:00 AM

Skyline

Women's 100 Meters

1	Alexxis MCNEIL	#2	Farmingdale Sta	12.88	(0.9)	4/1
2	Jessica KERRIGAN	#1	Mount Saint Mar	13.55	(0.0)	4/14
3	Meghan CICHON	#2	Farmingdale Sta	13.89	(0.9)	4/1
4	Maria BALDWIN	#1	Mount Saint Mar	13.93	(1.1)	4/14
5	Jennifer SCHMIDT	#4	Manhattanville	13.96	(0.6)	3/31
6	Mia HARRIS	#2	Farmingdale Sta	14.35	(1.5)	4/1
7	Raina QUINONES	#1	Mount Saint Mar	14.82	(1.1)	4/14
8	Stephanie SCHATZMAN	#3	Merchant Marine	14.89	(-0.2)	4/15
9	Kimberlyn DAVID	#2	Farmingdale Sta	14.94	(1.5)	4/1
10	Tomoka ASAKUMA	#4	Manhattanville	15.07	(0.6)	3/31

Women's 100 Meter Hurdles

1	Emily RUSSELL	#2	Farmingdale Sta	17.75	(0.9)	4/1
2	Lily O'BRIEN	#1	Mount Saint Mar	18.24	(-0.2)	4/14
3	Amira KEMP	#2	Farmingdale Sta	18.39	(-1.3)	4/7
4	Kaitlin HANSEN	#1	Mount Saint Mar	19.31	(0.3)	4/14
5	Catherine MASAYDA	#1	Mount Saint Mar	19.52	(-0.9)	4/2
6	Anna HERCULES	#3	Merchant Marine	19.53	(-1.2)	4/15
7	Christania FEDE	#2	Farmingdale Sta	21.37	(-0.1)	4/7

Women's 200 Meters

1	Alexxis MCNEIL	#2	Farmingdale Sta	26.38	(1.0)	4/1
2	Meghan CICHON	#2	Farmingdale Sta	28.91	(1.0)	4/1
3	Maria BALDWIN	#1	Mount Saint Mar	28.97	(-2.8)	4/14
4	Jennifer SCHMIDT	#4	Manhattanville	29.12	(-0.7)	3/31
5	Olivia FINNEGAN	#2	Farmingdale Sta	30.24	(1.8)	4/1
6	Stephanie SCHATZMAN	#3	Merchant Marine	30.83	(-1.4)	4/2
7	Mia HARRIS	#2	Farmingdale Sta	30.85	(1.8)	4/1
8	Jessica KERRIGAN	#1	Mount Saint Mar	31.38	(-1.8)	4/2
9	Amira KEMP	#2	Farmingdale Sta	31.60	(1.0)	4/7
10	Tomoka ASAKUMA	#4	Manhattanville	32.25	(1.5)	4/7

Women's 400 Meters

1	Maria BALDWIN	#1	Mount Saint Mar	1:08.07		4/2
2	Jennifer SCHMIDT	#4	Manhattanville	1:09.22		4/2
3	Skyler BURNHAM	#3	Merchant Marine	1:10.36		4/2
4	Nicole PICKETT	#2	Farmingdale Sta	1:12.89		4/1
5	Raina QUINONES	#1	Mount Saint Mar	1:16.12		4/2
6	Alyssa MILLBURN	#1	Mount Saint Mar	1:16.49		4/14
7	Mia HARRIS	#2	Farmingdale Sta	1:17.15		4/7
8	Angelyne SILVERIO	#4	Manhattanville	1:17.22		4/2
9	Reyna BAUMANN	#1	Mount Saint Mar	1:22.01		4/2
10	Rebecca MEADE	#1	Mount Saint Mar	1:22.30		4/2

Women's 400 Meter Hurdles

1	Lily O'BRIEN	#1	Mount Saint Mar	1:13.86		4/14
2	Kaitlin HANSEN	#1	Mount Saint Mar	1:15.06		4/14
3	Catherine MASAYDA	#1	Mount Saint Mar	1:20.28		4/14
4	Anna HERCULES	#3	Merchant Marine	1:33.98		4/2

Women's 800 Meters

1	Alycia HAYNES	#2	Farmingdale Sta	2:28.11		4/1
2	Sayra RAYA	#3	Merchant Marine	2:29.96		4/2
3	Sarah LYON	#3	Merchant Marine	2:33.04		4/8
4	Skyler BURNHAM	#3	Merchant Marine	2:41.92		4/8
5	Sara KENNENBERG	#1	Mount Saint Mar	2:43.38		4/14
6	Veronica RICHARDS	#3	Merchant Marine	2:47.98		4/8
7	Priya PATEL	#1	Mount Saint Mar	2:54.00		4/2
8	Angelyne SILVERIO	#4	Manhattanville	2:54.97		3/31
9	Amira KEMP	#2	Farmingdale Sta	3:24.19		4/7
10	Christania FEDE	#2	Farmingdale Sta	3:37.56		4/7

Women's 1500 Meters

1	Sayra RAYA	#3	Merchant Marine	5:10.77		4/8
2	Sarah LYON	#3	Merchant Marine	5:17.56		4/15
3	Alycia HAYNES	#2	Farmingdale Sta	5:17.94		4/7
4	Sara KENNENBERG	#1	Mount Saint Mar	5:35.78		4/14
5	Lindsey JOLLY	#2	Farmingdale Sta	5:45.35		4/7
6	Veronica RICHARDS	#3	Merchant Marine	5:50.69		4/15

Women's Steeplechase

1	Katherine KERCHNER	#3	Merchant Marine	12:52.44		4/8
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Women's 5000 Meters

1	Katherine KERCHNER	#3	Merchant Marine	20:20.64		4/2
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Women's 4x100 Relay

1	Meghan CICHON, Olivia FINNEGAN, Mia HARRIS, Alexis MCNEIL	#2	Farmingdale Sta	54.04		4/7
2	Jessica KERRIGAN, Maria BALDWIN, Kaitlin HANSEN, Raina QUINONES	#1	Mount Saint Mar	55.75		4/14
3	Hlande ROMAINE, Jennifer SCHMIDT, Angelyne SILVERIO, Tomoka ASAKUMA	#4	Manhattanville	57.86		3/31

Women's 4x400 Relay

1	Skyler BURNHAM, Sarah LYON, Sayra RAYA, Kaitlin REYNOLDS	#3	Merchant Marine	4:44.60		4/8
2	Angelyne SILVERIO, Tomoka ASAKUMA, Julia TORRESO, Jennifer SCHMIDT	#4	Manhattanville	5:06.17		4/2
3	Maria BALDWIN, Jessica KERRIGAN, Priya PATEL, Catherine MASAYDA	#1	Mount Saint Mar	5:15.70		4/2



Conference TFRI Event Summary

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Skyline

Women's High Jump

1	2	Kira PORZIO	#3	Merchant Marine	1.70m	5-7	4/2
2	93	Emily RUSSELL	#2	Farmingdale Sta	1.55m	5-1	4/1
3		Catherine MASAYDA	#1	Mount Saint Mar	1.45m	4-9	4/2
4		Amira KEMP	#2	Farmingdale Sta	1.43m	4-8¾	4/7
4		Maria BALDWIN	#1	Mount Saint Mar	1.43m	4-8¾	4/14
6		Lily O'BRIEN	#1	Mount Saint Mar	1.40m	4-7	4/2
7		Olivia FINNEGAN	#2	Farmingdale Sta	1.37m	4-6	4/7
8		Jessica KERRIGAN	#1	Mount Saint Mar	1.35m	4-5	4/2

Women's Long Jump

1		Lily O'BRIEN	#1	Mount Saint Mar	4.70mw	15-5 (2.7)	4/2
2		Stephanie SCHATZMAN	#3	Merchant Marine	4.66m	15-3½ (0.0)	4/2
3		Emily RUSSELL	#2	Farmingdale Sta	4.65m	15-3¼ (1.0)	4/1
4		Amira KEMP	#2	Farmingdale Sta	4.49m	14-8¾ (1.2)	4/1
5		Jessica KERRIGAN	#1	Mount Saint Mar	4.29m	14-1 (0.0)	3/25
6		Catherine MASAYDA	#1	Mount Saint Mar	4.21m	13-9¾ (-0.)	4/14
7		Maria BALDWIN	#1	Mount Saint Mar	4.19m	13-9 (0.0)	3/25
8		Kenia HURTADO	#2	Farmingdale Sta	4.08m	13-4¾ (1.2)	4/7
9		Alyssa MILLBURN	#1	Mount Saint Mar	4.04mw	13-3¼ (2.2)	4/2
10		Kaitlin HANSEN	#1	Mount Saint Mar	4.00m	13-1½ (0.0)	3/25

Women's Triple Jump

1		Olivia FINNEGAN	#2	Farmingdale Sta	9.43m	30-11¼ (0.)	4/7
2		Lily O'BRIEN	#1	Mount Saint Mar	9.15m	30-¼ (1.1)	4/2
3		Jessica KERRIGAN	#1	Mount Saint Mar	8.93m	29-3¾ (-0.)	4/14
4		Catherine MASAYDA	#1	Mount Saint Mar	8.85m	29-½ (0.2)	4/14
5		Alyssa MILLBURN	#1	Mount Saint Mar	8.58m	28-1¾ (-1.)	4/14
6		Kaitlin HANSEN	#1	Mount Saint Mar	8.46m	27-9¼ (0.0)	4/14

Women's Shot Put

1		Emily RUSSELL	#2	Farmingdale Sta	10.40m	34-1½	4/1
2		Lindsey MEDINA	#1	Mount Saint Mar	9.54m	31-3¾	4/14
3		Julia TORRESO	#4	Manhattanville	8.94m	29-4	4/7
4		Emily SCHNEIDER	#1	Mount Saint Mar	8.88m	29-1¾	3/25
5		Madelyn KARMAN	#2	Farmingdale Sta	8.72m	28-7½	4/7
6		Reyna BAUMANN	#1	Mount Saint Mar	8.71m	28-7	4/14
7		Fiona YOSTPILLE	#4	Manhattanville	7.88m	25-10¼	4/2
8		Raina QUINONES	#1	Mount Saint Mar	7.56m	24-9¾	4/14
9		Christania FEDE	#2	Farmingdale Sta	7.55m	24-9¼	3/25
10		Amira KEMP	#2	Farmingdale Sta	6.99m	22-11¼	4/1

Women's Discus

1		Emily SCHNEIDER	#1	Mount Saint Mar	29.96m	98-3½	3/25
2		Fiona YOSTPILLE	#4	Manhattanville	27.31m	89-7¼	4/7
3		Madelyn KARMAN	#2	Farmingdale Sta	26.68m	87-6½	4/7
4		Julia TORRESO	#4	Manhattanville	25.19m	82-7¾	4/7
5		Lindsey MEDINA	#1	Mount Saint Mar	23.79m	78-¾	4/2
6		Florence HARRISON	#4	Manhattanville	22.12m	72-7	4/7
7		Raina QUINONES	#1	Mount Saint Mar	21.54m	70-8	4/14
8		Reyna BAUMANN	#1	Mount Saint Mar	17.05m	55-11¼	4/2
9		Melissa REYES	#2	Farmingdale Sta	16.00m	52-6	4/2
10		Amaya WILSON	#3	Merchant Marine	15.59m	51-1¾	4/2

Women's Hammer

1		Emily SCHNEIDER	#1	Mount Saint Mar	38.52m	126-5	4/7
2		Lindsey MEDINA	#1	Mount Saint Mar	31.92m	104-9	4/7
3		Madelyn KARMAN	#2	Farmingdale Sta	30.77m	101-0	4/2
4		Melissa REYES	#2	Farmingdale Sta	22.44m	73-7½	3/25
5		Rebecca MEADE	#1	Mount Saint Mar	20.59m	67-6¾	4/7
6		Amaya WILSON	#3	Merchant Marine	18.86m	61-10½	4/8
7		Lilly LA ROCCA	#1	Mount Saint Mar	17.40m	57-1	4/7

Women's Javelin

1		Emily RUSSELL	#2	Farmingdale Sta	24.82m	81-5¼	3/25
2		Melissa REYES	#2	Farmingdale Sta	17.63m	57-10¼	3/25
3		Rebecca MEADE	#1	Mount Saint Mar	15.96m	52-4½	4/14
4		Reyna BAUMANN	#1	Mount Saint Mar	15.62m	51-3	4/14
5		Amira KEMP	#2	Farmingdale Sta	15.32m	50-3¼	4/7
6		Emily SCHNEIDER	#1	Mount Saint Mar	15.04m	49-4¼	4/2
7		Lindsey MEDINA	#1	Mount Saint Mar	14.93m	48-11¾	4/7
8		Christania FEDE	#2	Farmingdale Sta	11.77m	38-7½	4/7
9		Lilly LA ROCCA	#1	Mount Saint Mar	11.35m	37-3	4/2

Women's Heptathlon

1	92	Amira KEMP	#2	Farmingdale Sta	2,433		4/7
2	99	Christania FEDE	#2	Farmingdale Sta	1,208		4/7



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SLIAC

Women's 100 Meters

1	43	Cayden SHARP	#1	Greenville	12.24w	(3.3)	4/15
2		Sara YAKANA	#1	Greenville	12.64w	(2.3)	4/15
3		Michaiah ADAMS	#2	Mississippi Univ.	12.67	(1.2)	3/17
4		Cheyenne BRADSHAW	#1	Greenville	12.78w	(2.3)	4/15
5		Madelyn HUFFSTETTER	#5	Fontbonne	12.92w	(2.9)	4/15
6		Jocelyn FRITZ	#1	Greenville	12.95w	(2.5)	3/31
7		Aziyah MCGHEE	#2	Mississippi Univ.	13.02	(0.5)	4/15
8		Alexa SEGER	#1	Greenville	13.07w	(2.3)	4/15
9		Mirsa BOYER	#4	Principia	13.22	(0.4)	4/7
10		Vonisha TOWNS	#2	Mississippi Univ.	13.23	(0.8)	3/17

Women's 100 Meter Hurdles

1	42	Cayden SHARP	#1	Greenville	14.88w	(2.1)	4/13
2	55	Vanessa JONES	#3	Webster	15.03	(0.9)	4/7
3		Jocelyn FRITZ	#1	Greenville	16.61	(0.8)	4/15
4		Kaitlyn MCREE	#2	Mississippi Univ.	18.03	(0.2)	3/17
5		Dawn WILSON	#8	Spalding	18.79w	(2.9)	3/17

Women's 200 Meters

1	48	Cayden SHARP	#1	Greenville	25.28	(0.9)	4/13
2		Michaiah ADAMS	#2	Mississippi Univ.	26.30	(0.3)	4/15
3		Vonisha TOWNS	#2	Mississippi Univ.	26.40	(1.6)	3/25
4		Eyonna OWENS	#1	Greenville	26.41w	(3.2)	3/31
5		Moenaisha SIDIQUE	#7	Westminster (M)	26.43	(2.0)	4/15
5		Aziyah MCGHEE	#2	Mississippi Univ.	26.43	(0.3)	4/15
7		Jocelyn FRITZ	#1	Greenville	26.99	(1.5)	4/7
8		Cheyenne BRADSHAW	#1	Greenville	27.04	(2.0)	4/15
9		Madelyn HUFFSTETTER	#5	Fontbonne	27.35	(1.8)	4/15
10		Mirsa BOYER	#4	Principia	27.45w	(2.7)	3/31

Women's 400 Meters

1		Eyonna OWENS	#1	Greenville	1:00.16		4/15
2		Moenaisha SIDIQUE	#7	Westminster (M)	1:01.31		4/7
3		Rachel FISHER	#6	Eureka	1:03.01		4/15
4		Aziyah MCGHEE	#2	Mississippi Univ.	1:03.26		3/25
5		Micah BARNES	#3	Webster	1:03.34		4/7
6		Alexa LOFGREN	#5	Fontbonne	1:03.52		4/8
7		Alexis ROBERTS	#1	Greenville	1:04.24		4/7
8		Vonisha TOWNS	#2	Mississippi Univ.	1:05.01		3/25
9		Vanessa COMPTON	#1	Greenville	1:06.00		3/31
10		Payten GEPPERT	#1	Greenville	1:06.11		4/15

Women's 400 Meter Hurdles

1	63	Kaitlyn MCREE	#2	Mississippi Univ.	1:06.40		3/25
2		Olivia NELSEN	#3	Webster	1:10.82		4/7
3		Alexis ROBERTS	#1	Greenville	1:12.80		4/15
4		Eva SCHWAAB	#1	Greenville	1:22.37		4/15
5		Vivienne REINHARDT	#8	Spalding	1:22.65		3/24

Women's 800 Meters

1		Olivia MANSFIELD	#1	Greenville	2:26.31		4/15
2		Rachel FISHER	#6	Eureka	2:26.54		3/24
3		Norah SWINIGAN	#1	Greenville	2:30.84		4/7
4		Karissa HEFFERNAN	#6	Eureka	2:30.90		3/24
5		Brooklyn MCKEE	#1	Greenville	2:31.51		3/25
6		Vanessa COMPTON	#1	Greenville	2:33.31		4/15
7		Megan BARTZ	#3	Webster	2:35.33		3/31
8		Cayden SHARP	#1	Greenville	2:36.66		4/13
9		Sedina LOGAN	#1	Greenville	2:38.16		4/15
10		Kaitlyn MCREE	#2	Mississippi Univ.	2:40.99		3/17

Women's 1500 Meters

1		Karissa HEFFERNAN	#6	Eureka	4:59.84		4/15
2		Gretchen CARIE	#1	Greenville	5:09.49		4/15
3		Norah SWINIGAN	#1	Greenville	5:10.95		4/7
4		Sedina LOGAN	#1	Greenville	5:13.25		4/7
5		Leah BROWN	#1	Greenville	5:22.86		4/7
6		Brook SCHUTT	#1	Greenville	5:29.26		4/7
7		Olivia MANSFIELD	#1	Greenville	5:35.03		4/7
8		Laura MAYO	#4	Principia	5:40.45		4/15
9		Makenna HINTZ	#1	Greenville	5:46.67		4/7
10		Molly KOSKEY	#9	Blackburn	5:59.57		4/15

Women's Steeplechase

1		Gretchen CARIE	#1	Greenville	12:26.40		4/7
2		Laura MAYO	#4	Principia	13:23.89		3/17
3		Geena RICHARDS	#4	Principia	13:52.74		3/17
4		Sarah KIMBRO	#6	Eureka	15:18.02		4/7

Women's 5000 Meters

1		Gretchen CARIE	#1	Greenville	19:54.31		3/31
2		Brook SCHUTT	#1	Greenville	20:33.66		4/15
3		Sedina LOGAN	#1	Greenville	20:48.51		3/31
4		Laura MAYO	#4	Principia	22:05.69		4/7
5		Sarah ERICKSON	#4	Principia	23:55.96		3/17
6		Katie LEEKER	#5	Fontbonne	25:30.83		4/8

Women's 4x100 Relay

1	35	Cayden SHARP, Laila GRAHAM, Jocelyn FRITZ, Eyonna OWENS	#1	Greenville	48.59		4/15
2	92	Michaiah ADAMS, Aziyah MCGHEE, Kaitlyn MCREE, Vonisha TOWNS	#2	Mississippi Univ.	50.03		4/8



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SLIAC

Women's 4x400 Relay

1	Kiera COLEMAN, Olivia MANSFIELD, Vanessa COMPTON, Alexis ROBERTS	#1 Greenville	4:22.92	4/15
2	Micah BARNES, Megan BARTZ, Olivia NELSEN, Kianna PATTON	#3 Webster	4:40.68	3/31
3	Karissa HEFFERNAN, Jaden RANDALL, Sarah KIMBRO, Rachel FISHER	#6 Eureka	4:50.11	4/7
4	Kaylee KLEIST, Madi LESLIE, Joy ONYECHI, Mirsa BOYER	#4 Principia	4:55.70	3/17
5	Emily EITZENHEFER, Sarah OLSON, Olivia LEEMON, Molly KOSKEY	#9 Blackburn	5:26.33	4/15

Women's High Jump

1 37	Anna Beth VANCIL	#1 Greenville	1.60m	5-3	3/25
1 37	Cayden SHARP	#1 Greenville	1.60m	5-3	3/31
3 93	Laila GRAHAM	#1 Greenville	1.55m	5-1	3/31
4	Erin JONES	#2 Mississippi Univ.	1.49m	4-10½	4/15
5	Hannah MYERS	#7 Westminster (M)	1.48m	4-10¼	4/15
5	Ariana WILLIAMS	#4 Principia	1.48m	4-10¼	4/15
7	Emily EITZENHEFER	#9 Blackburn	1.33m	4-4¼	4/15
7	Kaitlyn MCREE	#2 Mississippi Univ.	1.33m	4-4¼	3/17

Women's Pole Vault

1	Amber GLAZEBROOK	#1 Greenville	2.43m	7-11½	4/15
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Women's Long Jump

1 31	Laila GRAHAM	#1 Greenville	5.51m	18-1 (2.0)	4/15
2 43	Cayden SHARP	#1 Greenville	5.45m	17-10¾ (-3)	4/7
3	Sara YAKANA	#1 Greenville	5.02m	16-5¾ (-2)	4/7
4	Lainey HICKS	#1 Greenville	4.92m	16-1¾ (0.5)	3/31
5	Erin JONES	#2 Mississippi Univ.	4.80m	15-9 (0.5)	4/15
6	Alexa LOFGREN	#5 Fontbonne	4.74m	15-6¾ (1.9)	4/15
7	Kaitlyn MCREE	#2 Mississippi Univ.	4.68m	15-4¼ (0.0)	4/8
8	Shyanne HAGAN	#8 Spalding	4.45m	14-7¼ (0.5)	4/14
9	Mirsa BOYER	#4 Principia	4.29m	14-1 (-0.7)	3/31
10	Emily EITZENHEFER	#9 Blackburn	4.17m	13-8¼ (0.2)	4/15

Women's Triple Jump

1 55	Erin JONES	#2 Mississippi Univ.	11.11m	36-5½ (-0)	4/15
2 81	Sara YAKANA	#1 Greenville	10.91m	35-9½ (0.0)	4/15
3	Laila GRAHAM	#1 Greenville	10.72m	35-2 (0.0)	4/15
4	Hannah MYERS	#7 Westminster (M)	10.58m	34-8½ (0.0)	4/15
5	Lainey HICKS	#1 Greenville	10.10m	33-1¾ (0.8)	3/31

Women's Shot Put

1 56	Tawny RODRIGUEZ	#1 Greenville	12.51m	41-½	3/25
2 63	Ashley SMITH	#1 Greenville	12.39m	40-7¾	4/15
3 92	Talahiva TALANOA	#1 Greenville	12.12m	39-9¼	4/15
4	Ava VOLLMER	#1 Greenville	10.58m	34-8½	4/15
5	Ogechi OKPARA	#5 Fontbonne	10.44m	34-3	4/8
6	Ella RAY	#1 Greenville	10.25m	33-7½	4/15
7	Isabelle LLEWELLYN	#3 Webster	10.23m	33-6¾	4/15
8	Cali PAVLISKO	#3 Webster	10.02m	32-10½	4/15
9	Cayden SHARP	#1 Greenville	9.92m	32-6½	4/13
10	Jessica BALLARD	#5 Fontbonne	9.35m	30-8¼	4/8

Women's Discus

1 69	Tawny RODRIGUEZ	#1 Greenville	39.18m	128-7	3/25
2	Talahiva TALANOA	#1 Greenville	37.31m	122-5	4/15
3	Ashley SMITH	#1 Greenville	33.14m	108-9	3/31
4	Isabelle LLEWELLYN	#3 Webster	31.52m	103-5	4/7
5	Ogechi OKPARA	#5 Fontbonne	28.89m	94-9½	4/8
6	Ella RAY	#1 Greenville	28.14m	92-4	4/15
7	Kilee WEBSTER	#1 Greenville	26.93m	88-4¼	3/31
8	Abigail SZYDLOWSK	#3 Webster	26.32m	86-4¼	4/15
9	Kalee SANDERS	#2 Mississippi Univ.	22.90m	75-1¾	4/8
10	Jessica BALLARD	#5 Fontbonne	22.72m	74-6½	4/8

Women's Hammer

1 70	Tawny RODRIGUEZ	#1 Greenville	46.49m	152-7	4/15
2	Talahiva TALANOA	#1 Greenville	44.04m	144-6	4/15
3	Ava VOLLMER	#1 Greenville	42.66m	140-0	3/31
4	Isabelle LLEWELLYN	#3 Webster	41.65m	136-8	4/15
5	Ashley SMITH	#1 Greenville	40.28m	132-2	4/15
6	Ella RAY	#1 Greenville	38.02m	124-9	4/15
7	Abigail SZYDLOWSK	#3 Webster	35.42m	116-3	3/31
8	Holly PEARCE	#5 Fontbonne	35.27m	115-9	3/24
9	Ogechi OKPARA	#5 Fontbonne	31.45m	103-2	3/24
10	Kilee WEBSTER	#1 Greenville	28.74m	94-3½	4/15

Women's Javelin

1 42	Emma BROWN	#1 Greenville	37.57m	123-3	4/15
2	Cayden SHARP	#1 Greenville	33.76m	110-9	4/13
3	Abbi THOMASON	#1 Greenville	32.67m	107-2	4/15
4	Isabelle LLEWELLYN	#3 Webster	32.45m	106-6	4/15
5	Kaitlyn MCREE	#2 Mississippi Univ.	27.63m	90-7¾	4/8
6	Alexis ROBERTS	#1 Greenville	26.79m	87-10¾	4/15
7	Cali PAVLISKO	#3 Webster	22.79m	74-9¼	4/15
8	Abigail SZYDLOWSK	#3 Webster	21.80m	71-6¼	4/15
9	Ogechi OKPARA	#5 Fontbonne	12.80m	42-0	4/15

Women's Heptathlon

1 5	Cayden SHARP	#1 Greenville	4,756	4/13
2 68	Kaitlyn MCREE	#2 Mississippi Univ.	3,093	3/17



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SUNYAC

Women's 100 Meters

1	77	Autumn PITTMAN	#3	SUNY Cortland	12.41	(1.5)	4/14
2	82	Gwen SHEPARDSON	#1	SUNY Geneseo	12.44w	(2.6)	4/2
3		Kate KOUTSOURADES	#1	SUNY Geneseo	12.53w	(2.6)	4/2
4		Sarah LEVINE	#2	SUNY Brockport	12.55w	(2.6)	4/2
5		Mia MONTGOMERY	#2	SUNY Brockport	12.77	(1.4)	4/14
6		Khia LASTER	#6	Buffalo State	12.80	(0.4)	4/14
7		Kendall SOBCZYK	#3	SUNY Cortland	12.81	(0.7)	4/14
8		Natalia SAWYER	#6	Buffalo State	12.83	(-3.1)	4/8
9		Julianna KLIMOW	#1	SUNY Geneseo	12.87	(1.5)	4/2
10		Katelyn JACQUES	#1	SUNY Geneseo	12.96	(0.0)	4/8
10		Alyssa LABELLE	#3	SUNY Cortland	12.96	(0.7)	4/14

Women's 100 Meter Hurdles

1	4	Natalia SAWYER	#6	Buffalo State	14.03	(-1.1)	4/14
2	23	Gwen SHEPARDSON	#1	SUNY Geneseo	14.59w	(2.1)	4/14
3	66	Ejim NNATE	#4	SUNY Oneonta	15.24	(-1.1)	4/14
4	80	Allyson SUROWICK	#1	SUNY Geneseo	15.37	(1.4)	4/2
5		Abrianna KRUGER	#1	SUNY Geneseo	16.13w	(2.2)	4/2
6		Lanna WANDY	#1	SUNY Geneseo	16.28w	(2.2)	4/2
7		AnJalya TALMADGE	#3	SUNY Cortland	16.34w	(3.1)	4/8
8		Ava ROPER	#3	SUNY Cortland	16.86	(0.1)	4/8
9		Madison BAKER	#2	SUNY Brockport	16.89	(0.8)	4/14
10		Abbie GREGORY	#3	SUNY Cortland	17.04	(1.1)	4/15

Women's 200 Meters

1	46	Natalia SAWYER	#6	Buffalo State	25.25	(0.9)	4/8
2	65	Gwen SHEPARDSON	#1	SUNY Geneseo	25.49	(-0.3)	4/2
3	78	Kate KOUTSOURADES	#1	SUNY Geneseo	25.57	(1.8)	4/14
4	85	Autumn PITTMAN	#3	SUNY Cortland	25.65	(0.0)	4/14
5	89	Sam PYNN	#1	SUNY Geneseo	25.68	(1.8)	4/14
6		Julianna KLIMOW	#1	SUNY Geneseo	25.97	(1.8)	4/14
7		Sarah LEVINE	#2	SUNY Brockport	26.07	(2.0)	4/14
8		Khia LASTER	#6	Buffalo State	26.08	(0.0)	4/14
9		Kayla HUBA	#1	SUNY Geneseo	26.09	(1.8)	4/14
10		Marissa WISE	#2	SUNY Brockport	26.34	(1.6)	4/14

Women's 400 Meters

1	77	Clara SENSINI	#2	SUNY Brockport	59.05		4/14
2	97	Julianna KLIMOW	#1	SUNY Geneseo	59.36		4/14
3		Sarah LEVINE	#2	SUNY Brockport	59.65		4/2
4		Jenna RACZKA	#6	Buffalo State	59.81		4/14
5		Janelle ECKL	#1	SUNY Geneseo	1:00.19		4/2
6		Avery HEBERT	#3	SUNY Cortland	1:00.79		3/30
7		Emily YOUSEY	#7	SUNY Potsdam	1:01.01		4/14
8		McKenna JOHNSON	#1	SUNY Geneseo	1:01.29		4/14
9		Nicole GRETZINGER	#1	SUNY Geneseo	1:01.52		4/2
10		Tori FEARS	#1	SUNY Geneseo	1:01.65		4/8

Women's 400 Meter Hurdles

1	1	Natalia SAWYER	#6	Buffalo State	58.61		4/14
2	8	Janyll BARBER	#5	SUNY Plattsburgh	1:02.07		4/8
3	12	Gwen SHEPARDSON	#1	SUNY Geneseo	1:02.47		4/14
4	21	Samantha BECKER	#3	SUNY Cortland	1:04.09		4/8
5	34	Elizabeth LIRIANO	#3	SUNY Cortland	1:04.88		3/30
6	49	Janelle ECKL	#1	SUNY Geneseo	1:05.78		4/8
7	61	Claire LENIHAN	#1	SUNY Geneseo	1:06.31		4/14
8	87	Clara SENSINI	#2	SUNY Brockport	1:07.45		4/8
9		Yasmine PERALTA	#3	SUNY Cortland	1:08.04		4/8
10		Taylor JOHNSON	#4	SUNY Oneonta	1:10.97		4/15

Women's 800 Meters

1	14	Windsor ARDNER	#1	SUNY Geneseo	2:13.88		4/14
2	27	Marcie HOGAN	#1	SUNY Geneseo	2:15.26		4/14
3	30	Erin EIVERS	#1	SUNY Geneseo	2:15.46		4/14
4	34	Raechel ZIELINSKI	#1	SUNY Geneseo	2:15.90		4/14
5	44	Jennifer METZ	#2	SUNY Brockport	2:16.25		4/14
6	1E+0	Nieve MAHOOD	#1	SUNY Geneseo	2:18.90		4/14
7		Faith COYLE	#8	SUNY Oswego	2:18.92		4/14
8		Sierra DOODY	#1	SUNY Geneseo	2:19.77		4/14
9		Ella DEPHILLIPS	#4	SUNY Oneonta	2:19.84		4/14
10		Aislyn MCDONOUGH	#5	SUNY Plattsburgh	2:21.34		4/14

Women's 1500 Meters

1	4	Windsor ARDNER	#1	SUNY Geneseo	4:30.72		4/14
2	12	Marcie HOGAN	#1	SUNY Geneseo	4:34.59		4/14
3	15	Erin EIVERS	#1	SUNY Geneseo	4:35.63		4/14
4	23	Sierra DOODY	#1	SUNY Geneseo	4:36.34		4/14
5	80	Raechel ZIELINSKI	#1	SUNY Geneseo	4:43.14		4/2
6		Rachel HIRSCHKIND	#1	SUNY Geneseo	4:45.62		4/8
7		Marie NAUDUS	#1	SUNY Geneseo	4:48.77		4/14
8		Jennifer METZ	#2	SUNY Brockport	4:49.20		4/14
9		Penelope GREENE	#1	SUNY Geneseo	4:50.10		4/8
10		Kaitlyn GROSSMAN	#1	SUNY Geneseo	4:50.19		4/2
10		Lilly FOWLER-CONNER	#1	SUNY Geneseo	4:50.19		4/8

Women's Steeplechase

1	3	Rachel HIRSCHKIND	#1	SUNY Geneseo	10:39.39		4/2
2	27	Kaitlyn GROSSMAN	#1	SUNY Geneseo	11:11.49		4/14
3	49	Ann BRENNAN	#1	SUNY Geneseo	11:31.44		4/14
4	52	Isabel MARZEC	#1	SUNY Geneseo	11:32.37		4/14
5	54	Rachel CASTELLO	#3	SUNY Cortland	11:33.98		4/14
6	72	Veronica DAILY	#2	SUNY Brockport	11:43.03		4/14
7		Emma TREFZGER	#3	SUNY Cortland	12:19.43		4/8
8		Adrienne MARTIN	#3	SUNY Cortland	12:23.09		4/8
9		Anika PARNELL	#3	SUNY Cortland	12:28.00		4/8
10		Deirdre SULLIVAN	#3	SUNY Cortland	12:28.76		4/8



Conference TFRI Event Summary

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SUNYAC

Women's 5000 Meters

1	9	Rachel HIRSCHKIND	#1	SUNY Geneseo	16:48.99	4/14
2	24	Kathleen MCCAREY	#1	SUNY Geneseo	17:11.17	4/8
3	25	Penelope GREENE	#1	SUNY Geneseo	17:11.61	4/14
4	34	Windsor ARDNER	#1	SUNY Geneseo	17:21.78	4/2
5	36	Erin EIVERS	#1	SUNY Geneseo	17:22.68	4/2
6	39	Marcie HOGAN	#1	SUNY Geneseo	17:25.53	4/2
7	40	Lilly FOWLER- CONNER	#1	SUNY Geneseo	17:27.07	4/14
8	41	Gabriella MCCARTHY	#1	SUNY Geneseo	17:27.17	4/14
9	49	Sierra DOODY	#1	SUNY Geneseo	17:32.26	4/2
10	67	Kerry FLOWER	#2	SUNY Brockport	17:40.42	4/2

Women's 10,000 Meters

1	11	Kathleen MCCAREY	#1	SUNY Geneseo	35:42.53	4/14
2	23	Megan FRANCOEUR	#4	SUNY Oneonta	36:34.16	4/14
3	29	Kerry FLOWER	#2	SUNY Brockport	36:48.70	4/14
4	51	Katherine VOGEL	#1	SUNY Geneseo	37:58.55	4/14
5	82	Alexandra VENTRESCA	#1	SUNY Geneseo	39:20.04	4/2
6	86	Veronica SZYGALOWICZ	#1	SUNY Geneseo	39:24.61	4/2
7	LE+0	Greta FLANAGAN	#1	SUNY Geneseo	39:43.55	4/2
8		Khalifah TRACEY	#3	SUNY Cortland	41:00.46	3/30
9		Devin REILLY	#3	SUNY Cortland	41:05.49	3/30
10		Adrienne MARTIN	#3	SUNY Cortland	41:07.91	3/30

Women's 4x100 Relay

1	32	Kate KOUTSOURADES, Kayla HUBA, Katelyn JACQUES, Gwen SHEPARDSON	#1	SUNY Geneseo	48.49	4/14
2	64	Kendall SOBCZYK, Alyssa LABELLE, Julia ROSS, Autumn PITTMAN	#3	SUNY Cortland	49.38	4/14
3	76	Courtney BOSTIC, Sarah LEVINE, Marissa WISE, Mia MONTGOMERY	#2	SUNY Brockport	49.66	4/14
4		Margaret PETTY, Danielle JACKSON, Ejim NNATE, Taylor JOHNSON	#4	SUNY Oneonta	51.22	4/1
5		Mikayla KHADIJAH, Michaela SCHAFFER, Morgan THOMPSON, Deanna ZOCH	#5	SUNY Plattsburg	52.16	4/15

Women's 4x400 Relay

1	7	Clara SENSINI, Marissa WISE, Jennifer METZ, Sarah LEVINE	#2	SUNY Brockport	3:56.71	4/14
2	36	Janelle ECKL, Gwen SHEPARDSON, Tori FEARS, Julianna KLIMOW	#1	SUNY Geneseo	4:03.55	4/14
3	60	Yasmine PERALTA, Samantha BECKER, Helena TRACEY, Elizabeth LIRIANO	#3	SUNY Cortland	4:06.91	3/30
4		Ella DEPHILLIPS, Taylor JOHNSON, Olivia O'DONNELL, Eva WOODWORTH	#4	SUNY Oneonta	4:25.43	4/1
5		Hailey VON AHN, Madison WAGNER, Emily WARE, Emily YOUSEY	#7	SUNY Potsdam	4:25.61	4/8

Women's High Jump

1	7	Danielle FISK	#3	SUNY Cortland	1.68m	5-6	4/8
2	21	Sarah KILLIP	#2	SUNY Brockport	1.63m	5-4¼	4/14
2	21	Michaela LEVESQUE	#2	SUNY Brockport	1.63m	5-4¼	4/8
4	35	Mariah SAGGESE	#3	SUNY Cortland	1.61m	5-3¼	4/15
5	70	Janelle ECKL	#1	SUNY Geneseo	1.57m	5-1¾	4/2
5	70	Rhiannon BUTCHKO	#8	SUNY Oswego	1.57m	5-1¾	4/2
7	93	Regan KAISER	#3	SUNY Cortland	1.55m	5-1	4/15
7	93	AnJalya TALMADGE	#3	SUNY Cortland	1.55m	5-1	4/8
9		Destiny RIVERA	#6	Buffalo State	1.49m	4-10½	3/31
10		Rebecca CHRISTIE	#5	SUNY Plattsburg	1.48m	4-10¼	4/1

Women's Pole Vault

1	55	Becca BREADY	#3	SUNY Cortland	3.40m	11-1¾	4/15
1	55	Tess EICHNER	#2	SUNY Brockport	3.40m	11-1¾	4/8
1	55	Cara PELLECHIA	#9	Fredonia	3.40m	11-1¾	4/8
4		Nicole GRETZINGER	#1	SUNY Geneseo	3.10m	10-2	4/8
5		Faith HOYT	#3	SUNY Cortland	3.00m	9-10	4/8
6		Ciara MURPHY	#2	SUNY Brockport	2.95m	9-8	4/8
6		Mya HENRY	#2	SUNY Brockport	2.95m	9-8	4/8
8		Gianna BATISTA	#1	SUNY Geneseo	2.80m	9-2¼	4/8
8		Kimmy ARENA	#3	SUNY Cortland	2.80m	9-2¼	3/30
10		Claire LENIHAN	#1	SUNY Geneseo	2.70m	8-10¼	4/2

Women's Long Jump

1	6	Mia MONTGOMERY	#2	SUNY Brockport	5.72m	18-9¼ (0.5)	4/14
2	24	Katelyn JACQUES	#1	SUNY Geneseo	5.54m	18-2¼ (0.9)	4/14
3	36	Khia LASTER	#6	Buffalo State	5.49m	18-¼ (1.4)	3/31
4	43	Danielle FISK	#3	SUNY Cortland	5.45m	17-10¾ (1.)	4/8
5		Sam PYNN	#1	SUNY Geneseo	5.21mw	17-1¼ (3.5)	4/2
6		Ally ALVIRA	#1	SUNY Geneseo	5.17m	16-11½ (1.)	4/14
7		Kayla HUBA	#1	SUNY Geneseo	5.12m	16-9¾ (1.0)	4/14
8		Allyson SUROWICK	#1	SUNY Geneseo	5.06m	16-7¼ (0.0)	4/8
8		Michaela SCHAFFER	#5	SUNY Plattsburg	5.06m	16-7¼ (0.2)	4/8
10		Lanna WANDY	#1	SUNY Geneseo	5.01m	16-5¼ (1.2)	4/14



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SUNYAC

Women's Triple Jump

1	10	Katelyn JACQUES	#1	SUNY Geneseo	11.90mw	39-1/2 (2.5)	4/14
2	23	Ally ALVIRA	#1	SUNY Geneseo	11.52mw	37-9 1/2 (2.1)	4/14
3	41	Mia MONTGOMERY	#2	SUNY Brockport	11.22m	36-9 3/4 (0.0)	4/14
4	68	Lena KIEHL	#1	SUNY Geneseo	10.97m	36-0 (2.0)	4/14
5	90	Caitlin MAHER	#3	SUNY Cortland	10.86mw	35-7 3/4 (2.9)	4/15
6		Michaela SCHAFFER	#5	SUNY Plattsburg	10.17m	33-4 1/2 (-2.0)	4/8
7		Safia SESAY	#2	SUNY Brockport	9.90m	32-5 3/4 (1.0)	4/14
8		Kira DAVIDSON	#9	Fredonia	9.85m	32-3 3/4 (0.0)	4/8
9		Matteson DONNELLY	#3	SUNY Cortland	9.75m	32-0 (-0.6)	4/1
10		Olivia SMOCK	#1	SUNY Geneseo	9.37m	30-9 (-0.1)	4/8

Women's Shot Put

1	14	Isabella FABRIZIO	#4	SUNY Oneonta	13.57m	44-6 1/4	4/14
2	17	Sarah CROCKETT	#2	SUNY Brockport	13.52m	44-4 1/4	4/14
3	43	Emelene BUREK	#4	SUNY Oneonta	12.73m	41-9 1/4	4/1
4	88	Trinity DEES	#2	SUNY Brockport	12.16m	39-10 3/4	4/14
5	95	Zoe CONNER	#1	SUNY Geneseo	12.08m	39-7 3/4	4/2
6	98	Kaitlyn BJELKO	#5	SUNY Plattsburg	12.06m	39-6 3/4	4/15
7		Lauren JAKLITSCH	#1	SUNY Geneseo	11.20m	36-9	4/14
8		Katrina CHANDLER	#2	SUNY Brockport	11.18m	36-8 1/4	4/14
9		Teeghan GARRIS	#4	SUNY Oneonta	11.11m	36-5 1/2	4/1
9		Emma KINNICUTT	#2	SUNY Brockport	11.11m	36-5 1/2	4/2

Women's Discus

1	69	Sarah CROCKETT	#2	SUNY Brockport	39.18m	128-7	4/14
2	90	Skyler KLIMOW	#1	SUNY Geneseo	38.42m	126-1	4/8
3		Emma KINNICUTT	#2	SUNY Brockport	37.50m	123-1	4/2
4		Katrina CHANDLER	#2	SUNY Brockport	36.77m	120-8	4/8
5		Jasmine PIPER	#5	SUNY Plattsburg	35.54m	116-7	4/1
6		Sarah PARR	#3	SUNY Cortland	34.40m	112-11	4/8
7		Kate BELLMAN	#4	SUNY Oneonta	33.80m	110-11	4/8
8		Maleenah ORTIZ	#2	SUNY Brockport	33.69m	110-7	4/8
9		Gabby RAGOZZINE	#4	SUNY Oneonta	33.40m	109-7	4/8
10		Rebecca HEULER	#2	SUNY Brockport	33.33m	109-4	4/8

Women's Hammer

1	26	Sarah PARR	#3	SUNY Cortland	49.02m	160-10	4/15
2	42	Zoe CONNER	#1	SUNY Geneseo	48.29m	158-5	4/14
3	73	Lainey PORTER	#2	SUNY Brockport	46.39m	152-3	4/8
4	76	Sarah CROCKETT	#2	SUNY Brockport	46.37m	152-2	4/14
5	83	Isabella FABRIZIO	#4	SUNY Oneonta	45.97m	150-10	4/8
6	88	Emma KINNICUTT	#2	SUNY Brockport	45.73m	150-1	4/14
7	98	Hannah JACKSON	#4	SUNY Oneonta	45.23m	148-5	4/8
8		Christina GROLEAU	#4	SUNY Oneonta	44.39m	145-8	4/8
9		Jennifer NDUKWU	#3	SUNY Cortland	43.45m	142-7	4/15
10		Katrina CHANDLER	#2	SUNY Brockport	42.75m	140-3	4/2

Women's Javelin

1	16	Rebecca HEULER	#2	SUNY Brockport	40.01m	131-3	4/14
2	44	Ayaka MACHIDA	#1	SUNY Geneseo	37.45m	122-11	4/2
3	85	Skyler KLIMOW	#1	SUNY Geneseo	35.79m	117-5	4/8
4		Emily BEATTIE	#2	SUNY Brockport	33.60m	110-3	4/2
5		Sage DOUGLASS	#4	SUNY Oneonta	31.37m	102-11	4/7
6		Payton MEHALICK	#1	SUNY Geneseo	31.19m	102-4	4/2
7		April JACOBS	#1	SUNY Geneseo	30.90m	101-5	4/14
8		Julianna KLIMOW	#1	SUNY Geneseo	29.74m	97-7	4/14
9		Kaitlyn BJELKO	#5	SUNY Plattsburg	29.22m	95-10 1/2	4/15
10		Danielle FISK	#3	SUNY Cortland	28.50m	93-6	4/8

Women's Heptathlon

1	39	AnJalyna TALMADGE	#3	SUNY Cortland	3,702	4/8
2	52	Madison BAKER	#2	SUNY Brockport	3,345	4/14



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UAA

Women's 100 Meters

1	11	Gabri MESCHINO	#2	Chicago	12.02	(0.9)	4/7
2	16	Audrey JOHNSON	#3	Emory	12.07	(1.4)	3/17
2	16	Nicole STEWART	#1	Washington (Mo	12.07w	(3.7)	3/31
4	28	Dashiel Tao HARRIS	#3	Emory	12.12	(1.4)	3/17
5	38	Jasmine WRIGHT	#1	Washington (Mo	12.21w	(3.7)	3/31
6	47	Mycah CLAY	#1	Washington (Mo	12.26w	(3.3)	4/15
7	60	Lauren HAMILTON	#1	Washington (Mo	12.32w	(3.3)	4/15
7	60	Kaya BINETTI	#3	Emory	12.32w	(2.9)	3/17
9	66	Izzy LAYNE	#2	Chicago	12.33	(0.9)	4/7
10	68	Maura DIANNO	#3	Emory	12.35w	(2.1)	3/17

Women's 100 Meter Hurdles

1	16	Elizabeth BARRE	#4	Carnegie Mellon	14.51	(0.2)	4/13
2	19	Lauren GAY	#1	Washington (Mo	14.54	(1.6)	3/25
3	22	Hannah BODUS	#3	Emory	14.58	(1.8)	4/7
4	25	Charis RIEBE	#1	Washington (Mo	14.60	(2.0)	3/31
5	29	Ren BROWN	#2	Chicago	14.66	(1.8)	4/7
6	67	Alya CAMPBELL	#7	Brandeis	15.25	(1.6)	4/8
7	76	Grace MISIUNAS	#5	Case Western Re	15.35w	(3.2)	4/15
8	90	Amaya MARTIN	#3	Emory	15.49	(1.4)	4/7
9	95	Rebecca STEWART	#2	Chicago	15.52	(1.8)	4/7
10		McKaley YOST	#3	Emory	15.61w	(2.8)	4/1

Women's 200 Meters

1	6	Lauren GAY	#1	Washington (Mo	24.41w	(3.4)	4/15
2	17	Samantha GIORDANI	#4	Carnegie Mellon	24.88	(-1.7)	4/13
3	26	Audrey JOHNSON	#3	Emory	25.03w	(2.4)	3/24
4	32	Nicole STEWART	#1	Washington (Mo	25.13	(1.9)	3/25
5	36	Dashiel Tao HARRIS	#3	Emory	25.16w	(2.4)	3/24
6	54	Gabri MESCHINO	#2	Chicago	25.34	(0.1)	4/14
7	61	Lauren HAMILTON	#1	Washington (Mo	25.45w	(3.4)	4/15
8	63	Elizabeth BARRE	#4	Carnegie Mellon	25.47	(1.1)	4/8
9	67	Isre'al CONERLY	#6	NYU	25.50	(-0.1)	3/24
10	69	Jasmine WRIGHT	#1	Washington (Mo	25.52w	(3.4)	4/15

Women's 400 Meters

1	1	Emma KELLEY	#1	Washington (Mo	55.15		4/7
2	26	Libby RANOCHA	#3	Emory	57.58		3/17
3	27	Elizabeth BARRE	#4	Carnegie Mellon	57.63		3/24
4	32	Sophie FOX	#1	Washington (Mo	57.91		4/7
5	57	Isabella RHEE	#4	Carnegie Mellon	58.68		4/13
6	59	Dashiel Tao HARRIS	#3	Emory	58.74		4/7
7	78	Ren BROWN	#2	Chicago	59.11		4/7
8	89	Elizabeth KORN	#7	Brandeis	59.26		4/6
9		Isre'al CONERLY	#6	NYU	59.85		4/8
10		Hannah BOHBOT-DRIDI	#7	Brandeis	59.96		4/14

Women's 400 Meter Hurdles

1	6	Ren BROWN	#2	Chicago	1:02.01		4/14
2	42	Yahni LAPA	#7	Brandeis	1:05.62		4/14
3	48	Ruby KAPLAN	#1	Washington (Mo	1:05.74		4/7
4	55	Hannah BODUS	#3	Emory	1:05.95		4/14
5	75	Hannah BOHBOT-DRIDI	#7	Brandeis	1:07.00		4/6
6	89	Camila GARANTON	#2	Chicago	1:07.47		4/14
7	LE+0:	Mia KILROY	#5	Case Western Re	1:07.91		4/15
8		Caroline HANSEN	#3	Emory	1:07.99		4/14
9		Amaya MARTIN	#3	Emory	1:08.42		3/24
10		Sejal RAJAMANI	#1	Washington (Mo	1:08.65		4/7
10		Sammie GLASS	#3	Emory	1:08.65		4/7

Women's 800 Meters

1	1	Emma KELLEY	#1	Washington (Mo	2:06.17		4/15
2	2	Aoife DUNNE	#1	Washington (Mo	2:08.67		4/15
3	3	Annika URBAN	#3	Emory	2:10.15		3/24
4	8	Libby RANOCHA	#3	Emory	2:12.57		4/7
5	10	Maddie KELLY	#2	Chicago	2:13.15		4/14
6	12	Elisabeth CAMIC	#2	Chicago	2:13.73		4/14
7	15	Alessia SARUSSI	#1	Washington (Mo	2:14.33		4/1
8	17	Danielle SCHULTZ	#1	Washington (Mo	2:14.34		4/15
9	21	Sophie FOX	#1	Washington (Mo	2:14.80		4/1
10	26	Maya ORDONEZ	#2	Chicago	2:15.23		4/7

Women's 1500 Meters

1	1	Annika URBAN	#3	Emory	4:26.17		4/7
2	2	Aoife DUNNE	#1	Washington (Mo	4:29.48		4/1
3	6	Maddie KELLY	#2	Chicago	4:32.61		4/7
4	9	Cat WIMMER	#2	Chicago	4:34.06		4/7
5	14	Evelyn BATTLESON-GUNKEL	#2	Chicago	4:35.58		4/7
6	18	Nora HOLMES	#2	Chicago	4:36.06		4/1
7	21	Emily KONKUS	#1	Washington (Mo	4:36.18		4/7
8	25	Helena TEIXEIRA-DASILVA	#1	Washington (Mo	4:36.78		4/1
9	27	Alessia SARUSSI	#1	Washington (Mo	4:36.91		4/15
10	29	Lindsay OTT	#1	Washington (Mo	4:37.08		4/7

Women's Steeplechase

1	20	Julia PATTERSON	#1	Washington (Mo	11:01.47		4/1
2	22	Caitlin JORGENSEN	#2	Chicago	11:07.46		4/1
3	26	Abigail PATTERSON	#1	Washington (Mo	11:08.89		4/1
4	65	Savy HAUSHALTER	#3	Emory	11:41.09		4/7
5	68	Riley CLARK	#1	Washington (Mo	11:42.27		3/31
6		Elizabeth JASMINSKI	#2	Chicago	12:22.22		4/14
7		Norah CZAJKA	#4	Carnegie Mellon	12:23.98		3/24
8		Kyra AU	#7	Brandeis	13:04.13		4/14



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UAA

Women's 5000 Meters

1	1	Annika URBAN	#3	Emory	16:06.95	4/13
2	4	Anna KENIG-ZIESLER	#2	Chicago	16:37.48	4/14
3	6	Maddie KELLY	#2	Chicago	16:44.33	4/1
4	8	Evelyn BATTLESON-GUNKEL	#2	Chicago	16:48.15	4/1
5	11	Emily KONKUS	#1	Washington (Mo	16:51.00	4/1
6	15	Cat WIMMER	#2	Chicago	17:00.83	4/1
7	18	Grace RICHARDSON	#6	NYU	17:04.86	4/14
8	19	Katarina BIRIMAC	#2	Chicago	17:05.38	4/14
9	22	Vivian KANE	#6	NYU	17:10.28	3/30
10	48	Sophie TEDESCO	#2	Chicago	17:31.61	4/7

Women's 10,000 Meters

1	4	Katarina BIRIMAC	#2	Chicago	35:08.09	4/1
2	5	Frances SCHAEFFLER	#2	Chicago	35:10.56	4/1
3	6	Anna KENIG-ZIESLER	#2	Chicago	35:11.97	4/1
4	7	Ella BEHRENS	#1	Washington (Mo	35:13.23	4/1
5	10	Kiera OLSON	#1	Washington (Mo	35:40.22	4/1
6	49	Avery MCCAMMON	#1	Washington (Mo	37:49.00	4/1
7		Hannah MARIN	#6	NYU	39:46.48	3/30
8		Daniela SEKHAR	#6	NYU	41:06.33	3/30

Women's 4x100 Relay

1	4	Jasmine WRIGHT, Lauren GAY, Lauren HAMILTON, Nicole STEWART	#1	Washington (Mo	47.05	4/15
2	12	Camila GARANTON, Gabri MESCHINO, Izzy LAYNE, Maddie LYONS	#2	Chicago	47.59	4/14
3	17	Kaya BINETTI, Dashiell Tao HARRIS, Hannah BODUS, Audrey JOHNSON	#3	Emory	47.91	4/1
4	59	Summer REID, Isre'al CONERLY, Kate WALSH, Lola AKINDELE	#6	NYU	49.30	4/8
5	72	Devin HILTUNEN, Shaniece NUGENT, Smiley HUYNH, Alya CAMPBELL	#7	Brandeis	49.58	4/14
6		Anna ZINSSER, Melanie TAYLOR, Gabby ALPHONSE, Grace MISIUNAS	#5	Case Western Re	50.96	4/15
7		Iniyaa MOHANRAJ, Alexa LOWE, Francine LEUNG, Serena LI	#4	Carnegie Mellon	51.66	4/13

Women's 4x400 Relay

1	3	Sophie FOX, Aoife DUNNE, Danielle SCHULTZ, Emma KELLEY	#1	Washington (Mo	3:50.73	4/15
2	14	Audrey JOHNSON, Paige MURDOCK, Kaya BINETTI, Libby RANOCHA	#3	Emory	3:58.79	4/7
3	20	Izzy LAYNE, Maddie LYONS, Maya ORDONEZ, Camila GARANTON	#2	Chicago	4:00.54	4/14
4	32	Melanie TAYLOR, Jessica KWASNY, Danielle SARNO, Melissa PHUNG	#5	Case Western Re	4:02.53	4/8
5	53	Isabella RHEE, Emily LANNEN, Mona YUAN, Kavya TUMMALAPALLI	#4	Carnegie Mellon	4:05.81	4/8
6	67	Elizabeth KORN, Yahni LAPA, Victoria MORRONGIELLO, Hannah BOHBOT-DRIDI	#7	Brandeis	4:07.73	4/8

Women's High Jump

1	2	Elizabeth BARRE	#4	Carnegie Mellon	1.70m	5-7	4/8
2	19	Miku OKADA	#1	Washington (Mo	1.64m	5-4½	4/7
3	61	Mia VARGO	#5	Case Western Re	1.58m	5-2¼	4/15
3	61	Madelyn MOENICKHEIM	#1	Washington (Mo	1.58m	5-2¼	4/7
3	61	Laura BUCCHIERI	#1	Washington (Mo	1.58m	5-2¼	4/7
6	93	Selah DUNGEY	#2	Chicago	1.55m	5-1	4/14
6	93	Ezri SCOTT	#6	NYU	1.55m	5-1	4/8
8		Paige THIELKE	#3	Emory	1.50m	4-11	4/1
8		Kirsten MAN	#7	Brandeis	1.50m	4-11	4/6
8		Olivia ZARZYCKI	#7	Brandeis	1.50m	4-11	4/14
8		Areyanna MCCARTHY	#6	NYU	1.50m	4-11	3/24
8		Samantha DUNN	#2	Chicago	1.50m	4-11	4/14
8		Olivia BOYD	#2	Chicago	1.50m	4-11	4/14

Women's Pole Vault

1	7	Yasmin RUFF	#1	Washington (Mo	3.81m	12-6	4/7
2	33	Celeste TAYLOR	#2	Chicago	3.50m	11-5¾	4/14
3	73	Susannah TRUITT	#2	Chicago	3.35m	10-11¾	4/14
3	73	Emilia CURRENT	#2	Chicago	3.35m	10-11¾	4/14
5	81	Victoria ZHAO	#5	Case Western Re	3.33m	10-11	3/31
6	91	Shelby COOPER	#5	Case Western Re	3.28m	10-9	4/15
7	92	Anna CURTIS	#1	Washington (Mo	3.27m	10-8¾	4/7
8	99	Smiley HUYNH	#7	Brandeis	3.25m	10-8	4/14
8	99	Jo-Michelle HUCZKO	#4	Carnegie Mellon	3.25m	10-8	4/13
10		Lindsay RECKER	#2	Chicago	3.20m	10-6	4/7



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UAA

Women's Long Jump

1	14	Ebunoluwa OPATA	#1	Washington (Mo)	5.63m	18-5¾ (2.0)	4/15
2	25	Elizabeth BARRE	#4	Carnegie Mellon	5.53m	18-1¾ (-0.4)	4/8
3	34	Marina SEMPLE	#2	Chicago	5.50m	18-½ (1.1)	4/14
4	82	Laura BUCCHIERI	#1	Washington (Mo)	5.26m	17-3¼ (0.4)	4/7
5	92	Kate WALSH	#6	NYU	5.24m	17-2¼ (0.8)	4/8
6	LE+0:	Smiley HUYNH	#7	Brandeis	5.23m	17-2 (1.0)	4/6
7		Camryn BOURNE	#2	Chicago	5.20m	17-¾ (0.0)	4/14
8		Danielle CUTHBERT	#1	Washington (Mo)	5.07mw	16-7¾ (2.4)	4/15
8		Iniyaa MOHANRAJ	#4	Carnegie Mellon	5.07m	16-7¾ (0.4)	4/13
10		Serena LI	#4	Carnegie Mellon	5.05m	16-7 (0.0)	4/13

Women's Triple Jump

1	16	Ebunoluwa OPATA	#1	Washington (Mo)	11.72m	38-5½ (0.8)	3/25
2	26	Rebecca STEWART	#2	Chicago	11.43mw	37-6 (2.3)	4/14
3	28	Emily HOPKINS	#5	Case Western Re	11.39m	37-4½ (-0.4)	4/15
4	68	Dasha JACKSON	#6	NYU	10.97m	36-0 (0.9)	4/8
5	79	Shaniece NUGENT	#7	Brandeis	10.93m	35-10½ (-1)	3/24
6	81	Sarah OZEKI	#5	Case Western Re	10.91mw	35-9½ (3.0)	3/17
7	85	Camryn BOURNE	#2	Chicago	10.88m	35-8½ (-0.4)	4/14
8	90	Danielle CUTHBERT	#1	Washington (Mo)	10.86m	35-7¾ (1.2)	3/25
9	96	Alexa LOWE	#4	Carnegie Mellon	10.82m	35-6 (1.0)	3/17
10	99	Areyanna MCCARTHY	#6	NYU	10.80m	35-5¼ (-0.4)	4/8
10	99	Caroline HANSEN	#3	Emory	10.80m	35-5¼ (-2.4)	4/7

Women's Shot Put

1	20	Molly LAUMAKIS	#2	Chicago	13.45m	44-1½	4/14
2	22	Jenae BOTHE	#1	Washington (Mo)	13.38m	43-10¾	4/15
3	59	Kathleen MONAHAN	#4	Carnegie Mellon	12.44m	40-9¾	3/17
4	90	Hope JACKSON	#3	Emory	12.13m	39-9¾	3/24
5		Sarah FINEMAN	#3	Emory	11.91m	39-1	3/17
6		Adrienne WACHTMAN	#5	Case Western Re	11.83m	38-9¾	3/24
7		Taylor SIMPSON	#1	Washington (Mo)	11.57m	37-11½	4/15
8		Ope OLUSI	#2	Chicago	11.54m	37-10½	4/14
9		Krista SUDAR	#1	Washington (Mo)	11.33m	37-2¼	4/7
10		Taryn SALAKO	#3	Emory	11.28m	37-¼	4/14

Women's Discus

1	34	Krista SUDAR	#1	Washington (Mo)	40.85m	134-0	3/31
2	47	Karyssa MACK	#1	Washington (Mo)	40.16m	131-9	3/31
3	48	Michelle UVIEGHARA	#6	NYU	40.15m	131-9	3/24
4	57	Jenae BOTHE	#1	Washington (Mo)	39.71m	130-4	4/7
5	75	Hope JACKSON	#3	Emory	38.85m	127-6	3/24
6	81	Adrienne WACHTMAN	#5	Case Western Re	38.65m	126-10	4/15
7		Taylor SIMPSON	#1	Washington (Mo)	35.87m	117-8	3/25
8		Kathleen MONAHAN	#4	Carnegie Mellon	35.23m	115-7	3/17
9		Nyah WILLIS	#3	Emory	34.79m	114-2	4/7
10		Tori COHEN	#5	Case Western Re	34.19m	112-2	4/15

Women's Hammer

1	46	Ola OWODUNNI	#4	Carnegie Mellon	47.97m	157-5	4/13
2	57	Molly LAUMAKIS	#2	Chicago	47.16m	154-9	4/7
3	61	Nyah WILLIS	#3	Emory	46.86m	153-9	3/24
4	77	Krista SUDAR	#1	Washington (Mo)	46.31m	151-11	3/31
5	82	Ope OLUSI	#2	Chicago	45.99m	150-11	4/7
6		Tori COHEN	#5	Case Western Re	43.91m	144-1	4/8
7		Ailean DUFFIE	#5	Case Western Re	43.90m	144-1	4/15
8		Taylor SIMPSON	#1	Washington (Mo)	43.07m	141-4	4/15
9		Michelle LEE	#5	Case Western Re	42.97m	141-0	3/31
10		Rachel GINN	#5	Case Western Re	42.95m	140-11	4/15

Women's Javelin

1	13	Adrienne WACHTMAN	#5	Case Western Re	40.58m	133-2	4/8
2	39	Dana CATALANO	#3	Emory	37.65m	123-6	3/24
3	40	Lauren ROSKUSZKA	#5	Case Western Re	37.64m	123-6	3/17
4		Rafaela DIAMOND	#1	Washington (Mo)	34.01m	111-7	4/15
5		Jolie WASSERMAN	#4	Carnegie Mellon	32.46m	106-6	3/24
6		Sara VETTER	#2	Chicago	31.66m	103-11	4/14
7		Emma GRUNIN	#6	NYU	31.55m	103-6	4/8
8		Agnes ZHOU	#4	Carnegie Mellon	30.73m	100-10	4/13
9		Elizabeth BARRE	#4	Carnegie Mellon	30.63m	100-6	4/13
10		Emilia CURRENT	#2	Chicago	29.80m	97-9¼	4/7

Women's Heptathlon

1	2	Elizabeth BARRE	#4	Carnegie Mellon	5,017	4/8
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UEC

Women's 100 Meters

1	Safara MCINTYRE	#1	Penn State Abin	13.72	(-1.2)	4/15
2	Mariah MOORE	#1	Penn State Abin	14.93	(0.0)	3/30
2	Tracee JONES	#1	Penn State Abin	14.93	(0.0)	3/30
4	Angel SANDERS	#1	Penn State Abin	15.00	(-2.1)	4/15
5	Amelia MATT	#1	Penn State Abin	15.38	(-1.6)	4/15
6	Serenity FAULKNER	#1	Penn State Abin	15.81	(-2.1)	4/15
7	Tahiz ALMODOVAR	#1	Penn State Abin	16.14	(-0.2)	3/30
8	Peijia CHEN	#1	Penn State Abin	16.23	(-2.1)	4/15
9	Taylor LAPAGE	#1	Penn State Abin	17.54	(-1.2)	4/15

Women's 200 Meters

1	Tracee JONES	#1	Penn State Abin	32.22w	(2.7)	4/7
2	Peijia CHEN	#1	Penn State Abin	33.43	(-0.7)	3/30
3	Serenity FAULKNER	#1	Penn State Abin	33.46w	(2.7)	4/7
4	Tahiz ALMODOVAR	#1	Penn State Abin	35.29	(0.0)	3/25

Women's 400 Meters

1	Brielle WORRALL	#1	Penn State Abin	1:14.30		4/15
2	Sarah GIBBONS	#1	Penn State Abin	1:14.31		4/15
3	Sara PINTO	#1	Penn State Abin	1:16.13		4/15
4	Serenity FAULKNER	#1	Penn State Abin	1:21.34		4/7
5	Lauren BERG	#1	Penn State Abin	1:30.30		4/15

Women's 800 Meters

1	Brielle WORRALL	#1	Penn State Abin	2:49.01		3/30
2	Sarah GIBBONS	#1	Penn State Abin	2:55.76		3/30
3	Sara PINTO	#1	Penn State Abin	3:13.31		4/7

Women's 1500 Meters

1	Sarah GIBBONS	#1	Penn State Abin	5:41.35		4/15
2	Brielle WORRALL	#1	Penn State Abin	5:44.46		4/15
3	Sara PINTO	#1	Penn State Abin	6:26.24		4/7

Women's 4x100 Relay

1	Tahiz ALMODOVAR, Serenity FAULKNER, Jackie LEWIS, Tracee JONES	#1	Penn State Abin	1:01.40		3/25
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Women's 4x400 Relay

1	Brielle WORRALL, Tahiz ALMODOVAR, Serenity FAULKNER, Jackie LEWIS	#1	Penn State Abin	5:30.61		3/25
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Women's Long Jump

1	Amelia MATT	#1	Penn State Abin	3.40m	11-2 (-1.7)	4/15
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Women's Shot Put

1	Jackie LEWIS	#1	Penn State Abin	7.80m	25-7¼	4/15
2	Isabella RODRIGUEZ	#1	Penn State Abin	6.31m	20-8½	4/15
3	Lily DINCHER	#1	Penn State Abin	5.32m	17-5½	3/30
4	Lauren BERG	#1	Penn State Abin	5.05m	16-7	3/30
5	Natalie SYLVESTER	#1	Penn State Abin	4.26m	13-11¾	4/7

Women's Discus

1	Jackie LEWIS	#1	Penn State Abin	24.35m	79-10¾	4/7
2	Lily DINCHER	#1	Penn State Abin	17.12m	56-2	4/15
3	Isabella RODRIGUEZ	#1	Penn State Abin	15.53m	50-11½	4/7
4	Natalie SYLVESTER	#1	Penn State Abin	14.29m	46-10¾	4/15



Conference TFRI Event Summary

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UMAC

Women's 100 Meters

1	Stephanie WITBROD	#4	Bethany Lutherz	13.58	(-0.9)	4/15
2	MacKenzie LYNCH	#1	Martin Luther	13.61	(-1.0)	4/15
3	Cora SCHMITZ	#2	UW-Superior	13.63	(0.3)	4/15
4	Colleen CLAUDE	#2	UW-Superior	13.71	(0.1)	4/15
5	Kim PETERS	#3	Minnesota Morri	13.85	(0.8)	4/7
6	Maia PANKOW	#1	Martin Luther	14.07	(-1.0)	4/15
7	Serena LANES	#5	North Central (N	14.08	(0.7)	4/7
8	Ruth BRUECKNER	#7	Crown	14.11	(0.2)	4/15
9	Samdi WILLIAMS	#5	North Central (N	14.21	(0.8)	4/7
10	Maggie LANDWER	#3	Minnesota Morri	14.31	(0.1)	4/15

Women's 100 Meter Hurdles

1	Megan MCCUE	#4	Bethany Lutherz	18.39	(-1.0)	4/15
2	Grace SEIM	#1	Martin Luther	18.40	(-0.1)	4/15
3	Naomi ANDERSON	#4	Bethany Lutherz	19.67	(-1.0)	4/15
4	Alison FOXEN	#1	Martin Luther	19.68	(-0.1)	4/15
5	Jessica NEWMAN	#2	UW-Superior	19.92	(-0.1)	4/15
6	Kenzy KREUZER	#2	UW-Superior	20.96w	(2.9)	4/7
7	Myla VOLK	#2	UW-Superior	21.69	(-0.1)	4/15

Women's 200 Meters

1	Deanna TRUCKSESS	#6	Northwestern-S	27.00	(-1.7)	4/15
2	Colleen CLAUDE	#2	UW-Superior	27.46	(-1.7)	4/15
3	MacKenzie LYNCH	#1	Martin Luther	28.07	(-0.9)	4/15
4	Abby HOWE	#5	North Central (N	28.59	(1.7)	4/7
5	Maia PANKOW	#1	Martin Luther	28.64	(-0.9)	4/15
6	Cora SCHMITZ	#2	UW-Superior	28.80	(-0.9)	4/15
7	Anna BRUECKNER	#7	Crown	29.00	(-0.5)	4/15
8	Esther JOHNSON	#5	North Central (N	29.43	(-0.9)	4/15
9	Ruth BRUECKNER	#7	Crown	29.50	(-0.5)	4/15
10	Paige DIEKMANN	#3	Minnesota Morri	29.60	(-1.1)	4/15

Women's 400 Meters

1	Deanna TRUCKSESS	#6	Northwestern-S	1:01.13		4/15
2	Colleen CLAUDE	#2	UW-Superior	1:02.52		4/15
3	Naomi FOLEY	#1	Martin Luther	1:03.91		4/15
4	Serena LANES	#5	North Central (N	1:04.27		4/15
5	Triniti NEUHART	#3	Minnesota Morri	1:04.81		4/7
6	Esther JOHNSON	#5	North Central (N	1:04.86		4/7
7	Cianna HOPPE	#4	Bethany Lutherz	1:05.23		4/15
8	Macie VANDENHEUVEL	#1	Martin Luther	1:09.25		4/15
9	Paige DIEKMANN	#3	Minnesota Morri	1:10.76		4/15
10	Ann SMITH	#5	North Central (N	1:10.82		4/15

Women's 400 Meter Hurdles

1	Alexxa DEQUEVEDO	#2	UW-Superior	1:10.28		4/15
2	Emma NELSON	#1	Martin Luther	1:13.67		4/15
3	Naomi ANDERSON	#4	Bethany Lutherz	1:14.24		4/15
4	Riley WILSON	#2	UW-Superior	1:20.05		4/15
5	Megan MCCUE	#4	Bethany Lutherz	1:22.94		4/15
6	Nibras LUQMAN	#3	Minnesota Morri	1:23.68		4/7
7	Chloe KUHLMAN	#4	Bethany Lutherz	1:23.84		4/15
8	Jessica NEWMAN	#2	UW-Superior	1:26.57		4/15
9	Kenzy KREUZER	#2	UW-Superior	1:26.75		4/7
10	Amelia LUND	#3	Minnesota Morri	1:34.39		4/15

Women's 800 Meters

1	Anna BRUECKNER	#7	Crown	2:30.52		4/15
2	Margaret GABB	#1	Martin Luther	2:30.92		4/15
3	Naomi FOLEY	#1	Martin Luther	2:32.58		4/15
4	Priscilla WRIGHT	#6	Northwestern-S	2:34.97		4/15
5	Cianna HOPPE	#4	Bethany Lutherz	2:35.43		4/13
6	Ruth BRUECKNER	#7	Crown	2:38.77		4/15
7	Abby NELSON	#4	Bethany Lutherz	2:39.30		4/13
8	Caroline RINGSMUTH	#6	Northwestern-S	2:44.35		4/15
9	Ilsa HOAGLUND	#3	Minnesota Morri	2:44.54		4/15
10	Zoe HOAGLUND	#3	Minnesota Morri	2:49.21		4/15

Women's 1500 Meters

1	Maya HABBEN	#1	Martin Luther	5:12.40		4/15
2	Halle BARKER	#2	UW-Superior	5:12.76		4/7
3	McKenna LANGERUD	#3	Minnesota Morri	5:26.03		4/15
4	Jordan MERWIN	#4	Bethany Lutherz	5:27.70		4/15
5	Kayla TOBIN	#4	Bethany Lutherz	5:28.56		4/13
6	Abby NELSON	#4	Bethany Lutherz	5:29.42		4/15
7	Ilsa HOAGLUND	#3	Minnesota Morri	5:31.99		4/15
8	Cora HUDELLA	#2	UW-Superior	5:32.76		4/7
9	Chloe KUHLMAN	#4	Bethany Lutherz	5:33.73		4/15
10	Zoe HOAGLUND	#3	Minnesota Morri	5:36.50		4/15

Women's Steeplechase

1	IE+0: Abby HAGEN	#7	Crown	11:57.15		4/15
2	Jordan MERWIN	#4	Bethany Lutherz	12:59.00		4/13
3	Riley WILSON	#2	UW-Superior	14:21.06		4/7
4	Kenzy KREUZER	#2	UW-Superior	15:51.26		4/15

Women's 5000 Meters

1	Halle BARKER	#2	UW-Superior	18:59.41		4/15
2	Maya HABBEN	#1	Martin Luther	19:44.60		4/15
3	Kayla TOBIN	#4	Bethany Lutherz	19:49.89		4/15
4	Ilsa HOAGLUND	#3	Minnesota Morri	19:58.91		4/7
5	Zoe HOAGLUND	#3	Minnesota Morri	20:24.82		4/7
6	Hannah KRATZ	#1	Martin Luther	20:27.74		4/15
7	Cora HUDELLA	#2	UW-Superior	20:59.78		4/15
8	Katelyn MENSCHING	#1	Martin Luther	21:08.00		4/15
9	Tea BOERNER	#2	UW-Superior	21:17.87		4/15
10	Jeanna SCANLON	#2	UW-Superior	22:21.55		4/15



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UMAC

Women's 4x100 Relay

1	MacKenzie LYNCH, Elise NOLTE, Macie VANDENHEUVEL, Maia PANKOW	#1	Martin Luther	53.82	4/15
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Women's 4x400 Relay

1	Naomi FOLEY, Margaret GABB, Emma NELSON, Maia PANKOW	#1	Martin Luther	4:25.18	4/15
2	Serena LANES, Ann SMITH, Nakima MILLER, Esther JOHNSON	#5	North Central (M)	4:36.64	4/15
3	Deanna TRUCKSESS, Winona WARDEN, Priscilla WRIGHT, Caroline RINGSMUTH	#6	Northwestern-S	4:41.12	4/15
4	Kenzy KREUZER, Riley WILSON, Cora HUDELLA, Halle BARKER	#2	UW-Superior	5:05.96	4/15

Women's High Jump

1	Elena BRAUER	#1	Martin Luther	1.45m	4-9	4/15
2	Ella SCHLEI	#1	Martin Luther	1.40m	4-7	4/15
3	Ellen BECKIUS	#3	Minnesota Morri	1.38m	4-6½	4/7
4	Myla VOLK	#2	UW-Superior	1.35m	4-5	4/7
4	Sidney BADER	#2	UW-Superior	1.35m	4-5	4/15
4	Grace SEIM	#1	Martin Luther	1.35m	4-5	4/15
7	Catie MCPHERSON	#2	UW-Superior	1.25m	4-1½	4/15
7	Kat KRAEMER	#3	Minnesota Morri	1.25m	4-1½	4/15
7	Sheena JAMES	#3	Minnesota Morri	1.25m	4-1½	4/15

Women's Pole Vault

1	Ally PLATZER	#1	Martin Luther	2.60m	8-6½	4/15
2	Maggie LANDWER	#3	Minnesota Morri	2.47m	8-1½	4/7

Women's Long Jump

1	Stephanie WITBROD	#4	Bethany Lutherz	4.94m	16-2½ (0.4)	4/15
2	Kim PETERS	#3	Minnesota Morri	4.44m	14-6¾ (0.0)	4/7
3	Colleen CLAUDE	#2	UW-Superior	4.37m	14-4 (1.8)	4/15
4	Myla VOLK	#2	UW-Superior	4.32mw	14-2¼ (2.2)	4/7
5	Maggie LANDWER	#3	Minnesota Morri	4.24m	13-11 (0.5)	4/15
6	Cora SCHMITZ	#2	UW-Superior	4.19m	13-9 (1.7)	4/15
7	Megan MCCUE	#4	Bethany Lutherz	4.12m	13-6¼ (0.2)	4/15
8	Sheena JAMES	#3	Minnesota Morri	3.94mw	12-11¼ (2.0)	4/15
9	Kendra DEROSA	#3	Minnesota Morri	3.77m	12-4½ (1.0)	4/15
10	Lydia SCHROEDER	#5	North Central (M)	3.75m	12-3¾ (2.0)	4/15

Women's Triple Jump

1	17 Stephanie WITBROD	#4	Bethany Lutherz	11.71mw	38-5 (3.1)	4/13
2	Kim PETERS	#3	Minnesota Morri	9.38m	30-9¼ (-0.0)	4/15
3	Myla VOLK	#2	UW-Superior	9.28m	30-5½ (-0.0)	4/15
4	Naomi ANDERSON	#4	Bethany Lutherz	9.20m	30-2¼ (1.7)	4/15

Women's Shot Put

1	Stephanie WITBROD	#4	Bethany Lutherz	11.78m	38-7¾	4/13
2	Elise NOLTE	#1	Martin Luther	11.20m	36-9	4/15
3	Ella SCHLEI	#1	Martin Luther	10.17m	33-4½	4/15
4	Emma NELSON	#1	Martin Luther	10.10m	33-1¾	4/15
5	Madelinn ROMSDAHL	#1	Martin Luther	10.00m	32-9¾	4/15
6	Anna BRIGGS	#3	Minnesota Morri	9.77m	32-¾	4/7
7	Jennifer STEINBRING	#3	Minnesota Morri	9.69m	31-9½	4/15
8	Sidney BADER	#2	UW-Superior	9.62m	31-6¾	4/15
9	Emmaline HAGEDORN	#1	Martin Luther	9.56m	31-4½	4/15
10	MiCayla JONES	#5	North Central (M)	9.51m	31-2½	4/15
10	Emma ERICKSON	#2	UW-Superior	9.51m	31-2½	4/15

Women's Discus

1	Abby NELSON	#4	Bethany Lutherz	34.64m	113-8	4/15
2	Emma NELSON	#1	Martin Luther	34.36m	112-9	4/15
3	Emma ERICKSON	#2	UW-Superior	33.41m	109-8	4/7
4	Emmaline HAGEDORN	#1	Martin Luther	32.59m	106-11	4/15
5	Jennifer STEINBRING	#3	Minnesota Morri	32.28m	105-11	4/15
6	Madelinn ROMSDAHL	#1	Martin Luther	31.67m	103-11	4/15
7	Elise NOLTE	#1	Martin Luther	30.64m	100-6	4/15
8	Hannah BAKER	#2	UW-Superior	30.57m	100-4	4/7
9	Lauren PARSONS	#3	Minnesota Morri	26.72m	87-8	4/15
10	Kianna BIG CROW	#3	Minnesota Morri	26.18m	85-10¾	4/15

Women's Hammer

1	Kasha HUGHLETT	#2	UW-Superior	43.32m	142-2	4/15
2	Emma ERICKSON	#2	UW-Superior	33.79m	110-11	4/7
3	Hannah BAKER	#2	UW-Superior	32.83m	107-9	4/7
4	Jennifer STEINBRING	#3	Minnesota Morri	32.81m	107-8	4/15
5	Anna BRIGGS	#3	Minnesota Morri	32.54m	106-9	4/15
6	Siri OVERTURF	#3	Minnesota Morri	31.29m	102-8	4/15
7	Elise NOLTE	#1	Martin Luther	31.05m	101-11	4/15
8	Sidney BADER	#2	UW-Superior	27.96m	91-8¾	4/15
9	Leah DOMKE	#1	Martin Luther	27.34m	89-8½	4/15
10	Lauren PARSONS	#3	Minnesota Morri	27.28m	89-6	4/15

Women's Javelin

1	Stephanie WITBROD	#4	Bethany Lutherz	34.80m	114-2	4/15
2	Alexxa DEQUEVEDO	#2	UW-Superior	33.18m	108-10	4/15
3	Kassidy SIEDOW	#3	Minnesota Morri	33.13m	108-9	4/15
4	Emily ASHTON	#6	Northwestern-S	32.84m	107-9	4/15
5	Erika GOSCH	#1	Martin Luther	30.68m	100-8	4/15
6	Elena BRAUER	#1	Martin Luther	28.16m	92-4¾	4/15
7	Cora SCHMITZ	#2	UW-Superior	26.15m	85-9½	4/15
8	Lauren PARSONS	#3	Minnesota Morri	25.18m	82-7½	4/15
9	Sidney BADER	#2	UW-Superior	22.59m	74-1½	4/15



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USA South

Women's 100 Meters

1	4	Ahnia CHERRY	#6	North Carolina V	11.78	(1.8)	4/7
2	10	Mariah BROOKS	#6	North Carolina V	12.00	(1.8)	4/7
3	15	Mariah BROOKS	#6	North Carolina V	12.06	(1.6)	3/24
4		Makayla STREET	#5	Brevard (N.C.)	12.70w	(3.5)	3/17
5		Teanna BELLAMY	#6	North Carolina V	12.85	(1.9)	4/14
6		Grace OLUFEMI-AJAYI	#2	Meredith	12.97w	(2.6)	3/31
7		Anyla LUCAS	#2	Meredith	13.18	(1.0)	3/24
8		Quierra HAWKINS	#7	Mary Baldwin	13.29	(1.4)	4/14
9		Erykalyn NEAL	#3	Methodist	13.34w	(2.4)	3/24
10		Davina CUNNINGHAM	#2	Meredith	13.47	(1.8)	3/3

Women's 100 Meter Hurdles

1		Riley HEWARD	#1	Southern Virgini	16.45	(-0.2)	4/14
2		Shandrey ALLMAN	#1	Southern Virgini	16.70	(0.3)	4/8
3		Haylea-Layne MILLER	#5	Brevard (N.C.)	17.36	(0.9)	3/17
4		Grace HEARNS	#7	Mary Baldwin	18.85	(-0.2)	4/14
5		Allison REHL	#1	Southern Virgini	19.38	(0.2)	4/8
6		Jazmin REYES	#2	Meredith	19.49	(0.4)	4/14
7		Hannah PEDERSEN	#7	Mary Baldwin	21.84	(1.7)	3/24

Women's 200 Meters

1	5	Mariah BROOKS	#6	North Carolina V	24.40	(1.3)	4/7
2	8	Ahnia CHERRY	#6	North Carolina V	24.50	(1.3)	4/7
3		Kayla MITCHELL	#3	Methodist	25.95w	(2.3)	3/24
4		Treasure ROSARIO-WATSON	#3	Methodist	26.35w	(2.3)	4/14
5		Teanna BELLAMY	#6	North Carolina V	26.59	(1.9)	4/7
6		Quierra HAWKINS	#7	Mary Baldwin	26.98	(0.2)	3/24
7		Makayla STREET	#5	Brevard (N.C.)	27.02w	(2.3)	3/17
8		Grace OLUFEMI-AJAYI	#2	Meredith	27.03w	(2.3)	4/14
9		Addie PARKER	#1	Southern Virgini	27.12	(0.2)	3/24
10		Anyla LUCAS	#2	Meredith	27.61w	(2.2)	3/24

Women's 400 Meters

1	80	Kayla MITCHELL	#3	Methodist	59.13		4/14
2		Addie PARKER	#1	Southern Virgini	1:00.28		3/30
3		Treasure ROSARIO-WATSON	#3	Methodist	1:01.53		3/16
4		Patti BUSCH	#3	Methodist	1:02.22		4/14
5		Teanna BELLAMY	#6	North Carolina V	1:02.29		4/7
6		Mariah BROOKS	#6	North Carolina V	1:02.60		3/17
7		Haylea-Layne MILLER	#5	Brevard (N.C.)	1:03.40		4/14
8		Liz MORGAN	#1	Southern Virgini	1:03.65		4/8
9		Emily STERLING	#1	Southern Virgini	1:04.10		4/8
10		Heidi BARTON	#1	Southern Virgini	1:04.26		4/8

Women's 400 Meter Hurdles

1		Haylea-Layne MILLER	#5	Brevard (N.C.)	1:08.28		3/17
2		Folole TORRES	#1	Southern Virgini	1:09.57		4/14
3		Shandrey ALLMAN	#1	Southern Virgini	1:09.78		3/24
4		Savanna CHAPIN	#1	Southern Virgini	1:10.78		3/24
5		Madelyn MERNA	#2	Meredith	1:12.87		4/14
6		Brianna PARKER	#7	Mary Baldwin	1:29.41		3/24

Women's 800 Meters

1	86	Carly O'TOOLE	#2	Meredith	2:18.35		4/14
2		Kyandra CHANDLER	#1	Southern Virgini	2:19.29		4/14
3		Madelyn MERNA	#2	Meredith	2:20.87		4/14
4		Liz MORGAN	#1	Southern Virgini	2:22.69		3/17
5		Channing BARKER	#5	Brevard (N.C.)	2:23.89		3/24
6		Madison LOWERY	#4	Pfeiffer	2:25.04		3/24
7		Andrea GALLEGOS	#2	Meredith	2:26.89		3/24
8		Kamryn BRADSHAW	#1	Southern Virgini	2:27.49		4/14
9		Heidi BARTON	#1	Southern Virgini	2:27.72		4/14
10		Micah WELBORN	#4	Pfeiffer	2:29.06		4/14

Women's 1500 Meters

1		Madison LOWERY	#4	Pfeiffer	4:46.94		3/31
2		Kyandra CHANDLER	#1	Southern Virgini	4:48.52		4/14
3		Carly O'TOOLE	#2	Meredith	4:51.10		3/31
4		Channing BARKER	#5	Brevard (N.C.)	4:57.23		3/24
5		Courtney DRUMM	#3	Methodist	4:57.83		3/24
6		Madelyn MERNA	#2	Meredith	4:58.49		3/31
7		Liz MORGAN	#1	Southern Virgini	4:58.69		3/24
8		Sasha WILLIE	#1	Southern Virgini	5:09.24		3/17
9		Amethyst JOSEPH	#2	Meredith	5:09.65		3/3
10		Kamryn BRADSHAW	#1	Southern Virgini	5:11.35		3/24

Women's Steeplechase

1	6	Corrine WEAVER	#2	Meredith	10:45.58		4/14
2		Amethyst JOSEPH	#2	Meredith	12:16.59		4/14
3		Katelyn WARNER	#1	Southern Virgini	13:19.06		4/14
4		Emmalee HALE	#1	Southern Virgini	14:10.67		4/14

Women's 5000 Meters

1	43	Corrine WEAVER	#2	Meredith	17:28.39		3/31
2	59	Isabel ZIMMERMANN	#2	Meredith	17:36.33		4/14
3	88	Madison LOWERY	#4	Pfeiffer	17:48.99		4/14
4		Sasha WILLIE	#1	Southern Virgini	18:22.11		4/14
5		Andrea GALLEGOS	#2	Meredith	18:43.02		4/14
6		Zoe CAPPS	#5	Brevard (N.C.)	19:31.72		3/17
7		Micah WELBORN	#4	Pfeiffer	19:46.25		4/14
8		Courtney DRUMM	#3	Methodist	19:57.30		3/16
9		Isabella SAUDO	#2	Meredith	20:07.87		4/14
10		Julie TONON	#2	Meredith	20:15.04		4/14



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USA South

Women's 10,000 Meters

1	75	Sasha WILLIE	#1	Southern Virgini	39:10.22	3/30
2		Courtney DRUMM	#3	Methodist	39:47.91	4/14
3		Zoe CAPPS	#5	Brevard (N.C.)	41:21.38	4/14
4		Lilly DALEBOUT	#1	Southern Virgini	42:00.49	3/17
5		Kyandra CHANDLER	#1	Southern Virgini	44:16.65	3/17
6		Kamryn BRADSHAW	#1	Southern Virgini	44:57.35	3/17

Women's 4x100 Relay

1	29	Mariah BROOKS, Teanna BELLAMY, Snejana SPINCAHE, Ahnia CHERRY	#6	North Carolina V	48.43	4/14
2	63	Brandi GARDNER, Treasure ROSARIO- WATSON, Erykalyn NEAL, Kayla MITCHELL	#3	Methodist	49.35	3/24
3		Riley HEWARD, Shandrey ALLMAN, Emily STERLING, Addie PARKER	#1	Southern Virgini	51.00	4/14
4		Davina CUNNINGHAM, Jazmin REYES, Anyla LUCAS, Grace OLUFEMI-AJAYI	#2	Meredith	51.52	3/24

Women's 4x400 Relay

1	58	Savanna CHAPIN, Liz MORGAN, Kyandra CHANDLER, Addie PARKER	#1	Southern Virgini	4:06.57	4/14
2		Treasure ROSARIO- WATSON, Brandi GARDNER, Patti BUSCH, Kayla MITCHELL	#3	Methodist	4:12.32	3/24
3		Andrea GALLEGOS, Madelyn MERNA, Corrine WEAVER, Carly O'TOOLE	#2	Meredith	4:20.43	4/14

Women's High Jump

1		Barresha JONES	#2	Meredith	1.50m	4-11	4/14
1		Jilane PEDERSEN	#1	Southern Virgini	1.50m	4-11	4/14
3		Mikki PROWS	#1	Southern Virgini	1.46m	4-9½	3/30
4		Sophie PHILLIPS	#2	Meredith	1.40m	4-7	3/3
5		Davina CUNNINGHAM	#2	Meredith	1.37m	4-6	3/24
6		Ainsley LAU	#1	Southern Virgini	1.35m	4-5	4/8

Women's Pole Vault

1		Rory HANCHETT	#1	Southern Virgini	2.60m	8-6¼	3/24
2		Savanna CHAPIN	#1	Southern Virgini	2.10m	6-10¾	4/8
3		Ainsley LAU	#1	Southern Virgini	1.95m	6-4¾	4/8
3		Allison REHL	#1	Southern Virgini	1.95m	6-4¾	4/8

Women's Long Jump

1	17	Brandi GARDNER	#3	Methodist	5.60m	18-4½ (-2)	3/24
2		Ainsley LAU	#1	Southern Virgini	4.64m	15-2¾ (-1)	4/8
3		Imari KNIGHT	#7	Mary Baldwin	4.55m	14-11¼ (-0)	4/14
4		Davina CUNNINGHAM	#2	Meredith	4.32m	14-2¼ (-3)	3/24
5		Jilane PEDERSEN	#1	Southern Virgini	4.31m	14-1¾ (-0)	4/8
6		Grace HEARNS	#7	Mary Baldwin	4.30m	14-1¼ (0.0)	4/14
6		Rory HANCHETT	#1	Southern Virgini	4.30m	14-1¼ (0.0)	4/14
8		Allison REHL	#1	Southern Virgini	4.18m	13-8¾ (0.9)	4/8
9		Jazmin REYES	#2	Meredith	4.00m	13-1½ (0.0)	3/3
10		Miradi KUSIKUMALA	#8	William Peace	3.42m	11-2¾ (-0)	3/24

Women's Triple Jump

1	99	Brandi GARDNER	#3	Methodist	10.80m	35-5¼ (-1)	3/24
2		Jilane PEDERSEN	#1	Southern Virgini	9.92m	32-6½ (-0)	4/14
3		Ainsley LAU	#1	Southern Virgini	9.87mw	32-4¾ (2.6)	3/30
4		Grace HEARNS	#7	Mary Baldwin	9.47m	31-1 (0.0)	4/14
5		Allison REHL	#1	Southern Virgini	9.04m	29-8 (0.6)	3/17

Women's Shot Put

1		Christian VAN NORDEN	#6	North Carolina V	11.51m	37-9¼	3/24
2		Myla BARNES	#8	William Peace	11.26m	36-11½	4/14
3		Majesty SMITH	#8	William Peace	11.09m	36-4¾	4/14
4		Isabell MUSSER	#5	Brevard (N.C.)	10.73m	35-2½	3/24
5		Kayla RICHARDSON	#7	Mary Baldwin	10.55m	34-7½	3/17
6		Aaliyah THOMAS	#4	Pfeiffer	10.52m	34-6¼	3/24
7		Elizabeth JONES	#4	Pfeiffer	10.15m	33-3¾	3/24
8		Tamia HILL- JOHNSON	#8	William Peace	10.06m	33-¼	3/17
9		Alex STANCELL	#4	Pfeiffer	9.89m	32-5½	3/24
10		Grace PUKAS	#5	Brevard (N.C.)	9.83m	32-3	4/7

Women's Discus

1		Myla BARNES	#8	William Peace	35.41m	116-2	3/3
2		Aaliyah THOMAS	#4	Pfeiffer	33.43m	109-8	3/24
3		Rebecca MCGAUGHNEA	#3	Methodist	31.26m	102-7	3/24
4		Isabell MUSSER	#5	Brevard (N.C.)	31.16m	102-3	4/14
5		Danika RAY	#2	Meredith	29.34m	96-3¼	3/24
6		Emma SHUMATE- SUTPHIN	#4	Pfeiffer	28.80m	94-6	3/24
7		Majesty SMITH	#8	William Peace	28.29m	92-9¾	4/14
8		Christian VAN NORDEN	#6	North Carolina V	27.46m	90-1¼	3/24
9		Ashlyn AWONG- STONE	#1	Southern Virgini	27.00m	88-7	4/14
10		Alea WILLIS	#1	Southern Virgini	25.13m	82-5½	4/14



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USA South

Women's Hammer

1	Aaliyah THOMAS	#4	Pfeiffer	42.26m	138-8	3/24
2	Elizabeth JONES	#4	Pfeiffer	42.17m	138-4	3/17
3	Majesty SMITH	#8	William Peace	41.10m	134-10	3/24
4	Myla BARNES	#8	William Peace	39.22m	128-8	3/3
5	Alex STANCELL	#4	Pfeiffer	36.04m	118-3	3/24
6	Emma SHUMATE-SUTPHIN	#4	Pfeiffer	34.59m	113-6	4/14
7	Alea WILLIS	#1	Southern Virgini	34.01m	111-7	4/14
8	Janie DECKER	#4	Pfeiffer	29.56m	96-11¾	4/8
9	Jordan PECORELLA	#3	Methodist	28.02m	91-11¼	3/24
10	Ashlyn AWONG-STONE	#1	Southern Virgini	27.52m	90-3½	4/14

Women's Javelin

1	93 Jilane PEDERSEN	#1	Southern Virgini	35.45m	116-4	3/30
2	Presley HEGGIE	#1	Southern Virgini	32.83m	107-9	4/14
3	Alex STANCELL	#4	Pfeiffer	31.60m	103-8	4/14
4	Ainsley LAU	#1	Southern Virgini	28.18m	92-5½	4/14
5	Ashlyn AWONG-STONE	#1	Southern Virgini	27.34m	89-8½	4/14
6	Danika RAY	#2	Meredith	23.78m	78-¼	3/24
7	Emma SHUMATE-SUTPHIN	#4	Pfeiffer	23.27m	76-4¼	4/14
8	Grace PUKAS	#5	Brevard (N.C.)	22.08m	72-5¼	4/14
9	Isabell MUSSER	#5	Brevard (N.C.)	20.60m	67-7	4/14
10	Elizabeth JONES	#4	Pfeiffer	19.69m	64-7¼	4/14



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WIAC

Women's 100 Meters

1	3	Lauren JARRETT	#1	UW-La Crosse	11.76	(1.8)	4/7
2	5	Tina SHELTON	#3	UW-Whitewater	11.80	(1.9)	4/7
3	9	Emma LAWRENCE	#1	UW-La Crosse	11.97w	(2.3)	4/14
4	26	Emily DAWIDOWICH	#1	UW-La Crosse	12.11	(1.8)	4/7
5	47	Molly KALLENBACH	#2	UW-Eau Claire	12.26w	(2.3)	4/14
6	52	Rachel CASTELLI	#4	UW-Oshkosh	12.28w	(2.3)	4/14
7	71	Megan BEST	#2	UW-Eau Claire	12.38	(1.8)	4/7
8		Bella SEITZ	#1	UW-La Crosse	12.55	(1.8)	4/7
9		Molly GREENINGER	#4	UW-Oshkosh	12.59	(2.0)	4/14
10		Jenna DRISCOLL	#7	UW-Stout	12.61	(1.8)	4/7

Women's 100 Meter Hurdles

1	15	Hannah ZASTROW	#2	UW-Eau Claire	14.48w	(3.4)	4/7
2	21	Brooke MCDOWELL	#1	UW-La Crosse	14.56w	(3.4)	4/7
3	36	Emilee BOOKER	#2	UW-Eau Claire	14.80w	(3.4)	4/7
4	39	Jaryn JOHANNSEN	#2	UW-Eau Claire	14.86w	(3.4)	4/7
5	80	Amber GROSSE	#1	UW-La Crosse	15.37w	(3.4)	4/7
6	92	Lexi LEFEVER	#8	UW-River Falls	15.50w	(2.5)	4/7
7	99	Emma GRUEN	#2	UW-Eau Claire	15.56w	(3.3)	4/14
8		Kaylie RATHS	#7	UW-Stout	15.60w	(3.6)	4/7
9		Lilly ROBERTS	#7	UW-Stout	15.78	(1.4)	4/15
10		Allison ANDERSON	#1	UW-La Crosse	16.03w	(3.3)	4/7

Women's 200 Meters

1	4	Lauren JARRETT	#1	UW-La Crosse	24.35	(-0.9)	4/14
2	10	Emily DAWIDOWICH	#1	UW-La Crosse	24.65	(-0.9)	4/14
3	13	Tina SHELTON	#3	UW-Whitewater	24.74	(-0.9)	4/14
4	27	Lexi LEFEVER	#8	UW-River Falls	25.04	(0.9)	4/13
5	64	Rachel CASTELLI	#4	UW-Oshkosh	25.48	(-0.9)	4/14
6		Lilly HALVORSON	#1	UW-La Crosse	25.92	(-0.9)	4/14
7		Bella SEITZ	#1	UW-La Crosse	25.95	(-0.2)	4/14
8		Melanie KUNZE	#1	UW-La Crosse	25.96w	(2.2)	4/7
9		Kylee GRABARSKI	#2	UW-Eau Claire	26.14	(-0.2)	4/14
10		Mackenzie JOHNSON	#5	UW-Stevens Poi	26.15	(-0.2)	4/14

Women's 400 Meters

1	48	Lilly HALVORSON	#1	UW-La Crosse	58.42		4/14
2	49	Morgan JENNINGS	#1	UW-La Crosse	58.43		4/7
3	65	Amber JOHNSON	#1	UW-La Crosse	58.83		4/14
4	78	Mara SCHROEDER	#1	UW-La Crosse	59.11		4/7
5	84	Mackenzie JOHNSON	#5	UW-Stevens Poi	59.21		4/7
6	99	Izi KNOERNSCHILD	#1	UW-La Crosse	59.37		4/14
7		Ashley BARTELT	#5	UW-Stevens Poi	59.52		4/7
8		Katie MCNAMARA	#3	UW-Whitewater	59.78		4/14
9		Anetha VOGELE	#5	UW-Stevens Poi	59.79		4/14
10		Ellie JILLSON	#1	UW-La Crosse	59.84		4/14

Women's 400 Meter Hurdles

1	5	Brooke MCDOWELL	#1	UW-La Crosse	1:01.92		4/14
2	9	Melanie KUNZE	#1	UW-La Crosse	1:02.10		4/14
3	18	Ashley BARTELT	#5	UW-Stevens Poi	1:03.25		4/14
4	42	Marlee DIETRICH	#8	UW-River Falls	1:05.62		4/15
5	44	Jaryn JOHANNSEN	#2	UW-Eau Claire	1:05.65		4/7
6	59	Gretchen MCNEAL	#1	UW-La Crosse	1:06.30		4/14
7	84	Sarah HANSEN	#8	UW-River Falls	1:07.36		4/15
8	94	Lilly ROBERTS	#7	UW-Stout	1:07.60		4/15
9		Jordan SHAMION	#5	UW-Stevens Poi	1:08.16		4/7
10		Kaylie RATHS	#7	UW-Stout	1:08.76		4/7

Women's 800 Meters

1	7	Cyna MADIGAN	#4	UW-Oshkosh	2:12.48		4/1
2	22	Maddie HANNAN	#1	UW-La Crosse	2:14.89		4/7
3	27	Paige FASSBENDER	#3	UW-Whitewater	2:15.26		4/14
4	32	Greta KOEHLER	#1	UW-La Crosse	2:15.77		4/14
5	36	Libby GEISNESS	#4	UW-Oshkosh	2:16.05		4/14
6	52	Kaitlyn GALGON	#6	UW-Platteville	2:16.85		4/14
7	54	Brooke WELLHAUSEN	#5	UW-Stevens Poi	2:16.89		4/1
8	77	Morgan JENNINGS	#1	UW-La Crosse	2:18.19		4/14
9	80	Sydney REISNER	#7	UW-Stout	2:18.22		4/15
10	91	Joséphine MAKURAT	#4	UW-Oshkosh	2:18.54		4/14

Women's 1500 Meters

1	11	Maddie HANNAN	#1	UW-La Crosse	4:34.35		4/7
2	24	Amelia LEHMAN	#4	UW-Oshkosh	4:36.46		4/1
3	41	Carolyn SHULT	#2	UW-Eau Claire	4:38.45		4/7
4	58	Julia ANDERSON	#1	UW-La Crosse	4:41.13		4/7
5	62	Ari DE LA CERDA	#3	UW-Whitewater	4:41.67		4/7
6	69	Kimberly CARVIOU	#1	UW-La Crosse	4:42.60		4/7
7	97	Greta KOEHLER	#1	UW-La Crosse	4:44.96		4/7
8		Brooke WELLHAUSEN	#5	UW-Stevens Poi	4:45.93		4/14
9		Breklyn LAMMERT	#7	UW-Stout	4:47.75		4/7
10		Cyna MADIGAN	#4	UW-Oshkosh	4:47.86		4/14

Women's Steeplechase

1	12	Maddy VANTASSEL	#1	UW-La Crosse	10:53.91		4/7
2	19	Emma MALOOLY	#1	UW-La Crosse	11:00.91		4/7
3	34	Katelyn CHADWICK	#1	UW-La Crosse	11:19.14		4/7
4	69	Payton SCOGGIN	#3	UW-Whitewater	11:42.30		4/7
5	77	Meygan BENZING	#4	UW-Oshkosh	11:46.45		4/7
6		Kylie JUDD	#2	UW-Eau Claire	11:58.32		4/7
7		Gabri GAINES	#5	UW-Stevens Poi	12:07.95		4/14
8		Karlie MEYER	#1	UW-La Crosse	12:16.89		4/7
9		Bryn SATO	#1	UW-La Crosse	12:28.10		4/1
10		Paige ALLEMANN	#5	UW-Stevens Poi	12:44.86		4/1



Conference TFRI Event Summary

as of 4/17/2023 6:59:03 AM

WIAC

Women's 5000 Meters

1	7	Maddie HANNAN	#1	UW-La Crosse	16:47.67	4/14
2	23	Amelia LEHMAN	#4	UW-Oshkosh	17:11.12	4/14
3	32	Carolyn SHULT	#2	UW-Eau Claire	17:16.41	4/14
4	44	Ari DE LA CERDA	#3	UW-Whitewater	17:28.90	4/14
5	54	Maddy VANTASSEL	#1	UW-La Crosse	17:33.60	4/14
6	65	Julia ANDERSON	#1	UW-La Crosse	17:40.20	4/14
7	79	Katelyn CHADWICK	#1	UW-La Crosse	17:44.28	4/14
8	90	Naomi LONG	#2	UW-Eau Claire	17:49.60	4/14
9		Emma MALOOLY	#1	UW-La Crosse	17:55.82	4/14
10		Mckayla FELTON	#7	UW-Stout	18:02.12	4/14

Women's 4x100 Relay

1	1	Bella SEITZ, Lauren JARRETT, Emma LAWRENCE, Emily DAWIDOWICH	#1	UW-La Crosse	46.30	4/14
2	34	Hannah BILODEAU, Tina SHELTON, Jacqueline KORNOWSKI, Daja PRYOR	#3	UW-Whitewater	48.54	4/14
3	49	Sarah HANSEN, Lexi LEFEVER, Annika GUNDERSON, Sarah LANGLOIS	#8	UW-River Falls	49.08	4/7
4	52	Ashleigh ADAMSON, Madison AHRENS, Shannon WULF, Savannah MORGAN	#6	UW-Platteville	49.15	4/14
5		Jenna DRISCOLL, LaRissa BLOCK, Caitlin HARRISON, Kaylie RATHS	#7	UW-Stout	50.44	4/7

Women's 4x400 Relay

1	6	Brooke MCDOWELL, Melanie KUNZE, Izi KNOERNSCHILD, Amber JOHNSON	#1	UW-La Crosse	3:54.32	4/7
2	17	Mackenzie JOHNSON, Ashley BARTELT, Brooke WELLHAUSEN, Anetha VOGELE	#5	UW-Stevens Poi	3:59.62	4/14
3	31	Sarah HANSEN, Cailyn KUECHLE, Marlee DIETRICH, Sarah LANGLOIS	#8	UW-River Falls	4:02.12	4/15
4	34	Libby GEISNESS, Josephine MAKURAT, Olivia STENZEL, Alaina WAGNER	#4	UW-Oshkosh	4:03.15	4/14
5	35	Margaret RUSCH, Brynlee NELSON, Ashleigh ADAMSON, Kaitlyn GALGON	#6	UW-Platteville	4:03.28	4/7
6	50	Kylee GRABARSKI, Kelsie MINKIE, Addie MANGOLD, Jane KAUTZ	#2	UW-Eau Claire	4:05.61	4/14
7	59	Paige FASSBENDER, Katie ERB, Roxanne TEMPLE, Carleen SNOW	#3	UW-Whitewater	4:06.84	4/14
8		Brekky LAMMERT, Sydney REISNER, Hannah DAWS, Chloe SMILEY	#7	UW-Stout	4:12.41	4/7

Women's High Jump

1	2	Ainsley HANSEN	#1	UW-La Crosse	1.70m	5-7	4/14
2	19	Macie TODD	#1	UW-La Crosse	1.64m	5-4½	4/7
3	57	Hannah ZASTROW	#2	UW-Eau Claire	1.59m	5-2½	4/7
3	57	Olivia OWENS	#1	UW-La Crosse	1.59m	5-2½	4/7
5	61	Ella MACKIEWICZ	#6	UW-Platteville	1.58m	5-2¼	4/7
6	70	Alia VANDERHOEF	#1	UW-La Crosse	1.57m	5-1¾	4/14
6	70	Grace ELVERT	#6	UW-Platteville	1.57m	5-1¾	4/14
8	93	Danielle POUSKA	#3	UW-Whitewater	1.55m	5-1	4/1
8	93	Madeline ZIRBEL	#5	UW-Stevens Poi	1.55m	5-1	4/1
10		Emilee BOOKER	#2	UW-Eau Claire	1.54m	5-½	4/7
10		Emma GRUEN	#2	UW-Eau Claire	1.54m	5-½	4/7
10		Julia THOMPSON	#2	UW-Eau Claire	1.54m	5-½	4/7
10		Lexi LEFEVER	#8	UW-River Falls	1.54m	5-½	4/13
10		Ella WILLIAMSON	#2	UW-Eau Claire	1.54m	5-½	4/7
10		Tegan RODER	#7	UW-Stout	1.54m	5-½	4/7
10		Olivia GARTNER	#1	UW-La Crosse	1.54m	5-½	4/7



Conference TFRI Event Summary

as of 4/17/2023 6:59:04 AM

WIAC

Women's Pole Vault

1	2	Gracie HOLLAND	#3	UW-Whitewater	3.90m	12-9½	4/1
2	10	Araceli DE LEO LOPEZ	#1	UW-La Crosse	3.77m	12-4½	4/1
3	11	Ashley O'CONNELL	#1	UW-La Crosse	3.76m	12-4	4/7
4	16	Annika GUNDERSON	#8	UW-River Falls	3.67m	12-½	4/7
5	41	Nina MORRISON	#1	UW-La Crosse	3.46m	11-4¼	4/7
6	42	Margaret HELBIG	#3	UW-Whitewater	3.45m	11-3¾	4/1
7	70	Leah ZASTROW	#2	UW-Eau Claire	3.36m	11-¼	4/14
7	70	Abby MEIDL	#1	UW-La Crosse	3.36m	11-¼	4/14
7	70	Ayden FLEECHARTY	#2	UW-Eau Claire	3.36m	11-¼	4/14
10	80	Raegan SORENSEN	#7	UW-Stout	3.34m	10-11½	4/15

Women's Long Jump

1	25	Audrey BRAUN	#1	UW-La Crosse	5.53m	18-1¾ (1.7)	4/14
2	52	Ava FOLEY	#1	UW-La Crosse	5.42m	17-9½ (0.3)	4/14
3	53	Lexi LEFEVER	#8	UW-River Falls	5.41m	17-9 (2.0)	4/13
4	66	Amber GROSSE	#1	UW-La Crosse	5.34mw	17-6¼ (2.9)	4/7
5	68	Abbey FITZGERALD	#2	UW-Eau Claire	5.33m	17-6 (1.4)	4/14
6	73	Maya EVANS	#1	UW-La Crosse	5.29mw	17-4¼ (2.5)	4/7
7	77	Dyllan POWERS	#1	UW-La Crosse	5.28mw	17-4 (2.5)	4/1
8	82	Hailie KENT	#1	UW-La Crosse	5.26m	17-3¼ (0.9)	4/14
9	87	Samantha BARRETT	#1	UW-La Crosse	5.25m	17-2¾ (1.9)	4/7
9	87	Alexis HEALEY	#6	UW-Platteville	5.25m	17-2¾ (1.7)	4/14

Women's Triple Jump

1	9	Miah KELLER	#1	UW-La Crosse	11.91m	39-1 (0.0)	4/14
2	27	Samantha BARRETT	#1	UW-La Crosse	11.42m	37-5¾ (2.0)	4/14
3	35	Molly KALLENBACH	#2	UW-Eau Claire	11.33m	37-2¼ (2.0)	4/14
4	43	Kylah FREDERIXON	#1	UW-La Crosse	11.21m	36-9½ (0.5)	4/1
5	44	Mackenzey KRONBERG	#1	UW-La Crosse	11.20m	36-9 (0.4)	4/14
6	46	Hailie KENT	#1	UW-La Crosse	11.19m	36-8½ (1.7)	4/7
7	55	Carly SCHREURS	#1	UW-La Crosse	11.11m	36-5½ (1.9)	4/1
8	85	Malina KOEPP	#6	UW-Platteville	10.88mw	35-8½ (3.2)	4/7
9		Rileigh ELGAS	#3	UW-Whitewater	10.77m	35-4 (0.6)	4/14
10		Kelli SCHNEIDER	#6	UW-Platteville	10.70m	35-1¼ (1.1)	4/1

Women's Shot Put

1	1	Skye DIGMAN	#1	UW-La Crosse	15.29m	50-2	4/14
2	7	Brenna NOON	#6	UW-Platteville	14.07m	46-2	4/14
3	9	Catie FOBBE	#2	UW-Eau Claire	13.94m	45-9	4/14
4	21	Lupe CORN	#5	UW-Stevens Poi	13.43m	44-¾	4/1
5	27	Izzy CARROLL	#1	UW-La Crosse	13.18m	43-3	4/14
6	32	Morgan JENSEN	#2	UW-Eau Claire	13.00m	42-8	4/7
7	34	Brenna MASLOROFF	#4	UW-Oshkosh	12.91m	42-4¼	4/1
8	48	Sarah HULSTEDT	#1	UW-La Crosse	12.68m	41-7¼	4/14
9	61	Makenzie LUECK	#5	UW-Stevens Poi	12.42m	40-9	4/14
10	73	Evelyn WALKER	#2	UW-Eau Claire	12.31m	40-4¾	4/14

Women's Discus

1	3	Skye DIGMAN	#1	UW-La Crosse	47.07m	154-5	4/14
2	15	Micky BARRETTE	#4	UW-Oshkosh	43.27m	142-0	4/14
3	23	Catie FOBBE	#2	UW-Eau Claire	42.04m	137-11	4/7
4	24	Izzy CARROLL	#1	UW-La Crosse	41.94m	137-7	4/14
5	31	Kenni CZARNECKI	#3	UW-Whitewater	41.15m	135-0	4/7
6	46	Teagan JONES	#2	UW-Eau Claire	40.25m	132-1	4/7
7	71	Morgan JENSEN	#2	UW-Eau Claire	38.98m	127-11	4/7
8	72	Raina STECHER	#2	UW-Eau Claire	38.97m	127-10	4/7
9		Samantha KLANN	#6	UW-Platteville	38.01m	124-9	4/7
10		Brenna NOON	#6	UW-Platteville	37.05m	121-7	4/7

Women's Hammer

1	2	Skye DIGMAN	#1	UW-La Crosse	57.21m	187-9	4/7
2	14	Leah SURPRENANT	#1	UW-La Crosse	52.40m	171-11	4/7
3	16	Brenna MASLOROFF	#4	UW-Oshkosh	51.39m	168-7	4/7
4	17	Teagan JONES	#2	UW-Eau Claire	50.68m	166-3	4/7
5	27	Holly WARDYNSKI	#1	UW-La Crosse	48.89m	160-5	4/14
6	35	Kenni CZARNECKI	#3	UW-Whitewater	48.62m	159-6	4/7
7	48	Paulina WIENKE	#6	UW-Platteville	47.68m	156-5	4/7
8	60	Raina STECHER	#2	UW-Eau Claire	46.91m	153-11	4/7
9	66	Morgan JENSEN	#2	UW-Eau Claire	46.70m	153-3	4/14
10	85	Makenzie LUECK	#5	UW-Stevens Poi	45.85m	150-5	4/14

Women's Javelin

1	21	Gabby JOHNSON	#1	UW-La Crosse	39.55m	129-9	4/1
2	78	Raegan SORENSEN	#7	UW-Stout	36.25m	118-11	4/7
3	82	Skylar WHITE	#1	UW-La Crosse	35.89m	117-9	4/14
4	88	Tina SHELTON	#3	UW-Whitewater	35.62m	116-11	4/1
5		Grace ELVERT	#6	UW-Platteville	33.85m	111-1	4/1
6		Jessica KEMSTRA	#2	UW-Eau Claire	33.72m	110-8	4/14
7		Lexi COLE	#7	UW-Stout	33.61m	110-3	4/15
8		Ella PULS	#1	UW-La Crosse	33.23m	109-0	4/7
9		Jordan SHAMION	#5	UW-Stevens Poi	31.75m	104-2	4/14
10		Kaydee JOHNSON	#1	UW-La Crosse	31.54m	103-6	4/14

Women's Heptathlon

1	8	Lexi LEFEVER	#8	UW-River Falls	4,533	4/13
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