



Conference TFRI Event Summary

as of 4/24/2023 8:00:37 AM

AEC

Women's 100 Meters

1	Agnes SIGNOU	#2	Marymount (Va.)	12.90	(0.0)	4/1
2	Destiny NOEL	#2	Marymount (Va.)	13.43	(0.0)	4/1
3	Janell GOLDSMITH	#3	Neumann	13.48	(0.8)	4/22
4	Alyssa KAVLESKI	#1	Marywood	13.59	(0.9)	4/4
5	Caitlin MILLS	#1	Marywood	13.89w	(2.7)	4/21
6	Jenna CLARENCY	#5	Gwynedd-Mercy	13.92	(1.9)	4/1
7	Peyton HAYS	#4	Immaculata	13.99	(0.2)	4/21
8	Ny'zhja LOPER	#3	Neumann	14.36	(-1.8)	4/22
9	Djeneba KONAKE	#3	Neumann	14.61	(0.7)	4/22
10	Kyleigh JONIEC	#3	Neumann	14.73	(-1.8)	4/22

Women's 100 Meter Hurdles

1	Deziree CONKLIN	#2	Marymount (Va.)	15.68	(-1.1)	4/14
2	Brooke HAMER	#2	Marymount (Va.)	16.21	(1.1)	4/1
3	Ariana GRANT	#2	Marymount (Va.)	17.74	(0.0)	4/22
4	Natalie O'NEILL	#5	Gwynedd-Mercy	19.37	(-0.2)	4/21
5	Emma WAGNER	#1	Marywood	19.44	(1.2)	4/21
6	Jenna CLARENCY	#5	Gwynedd-Mercy	19.50	(-0.1)	4/21

Women's 200 Meters

1	Agnes SIGNOU	#2	Marymount (Va.)	26.68	(0.1)	4/1
2	Destiny NOEL	#2	Marymount (Va.)	27.26	(0.9)	4/1
3	Jenna CLARENCY	#5	Gwynedd-Mercy	27.82	(-0.6)	4/21
4	Janell GOLDSMITH	#3	Neumann	28.85	(1.5)	4/13
5	Kimberly ALVAREZ	#4	Immaculata	29.10	(0.0)	3/25
6	Caitlin MILLS	#1	Marywood	29.49	(-0.1)	4/4
7	Natalie O'NEILL	#5	Gwynedd-Mercy	29.91	(0.6)	4/21
8	Faith GILLIN	#4	Immaculata	30.07	(-0.9)	4/21
9	Ny'zhja LOPER	#3	Neumann	31.01	(-0.8)	3/30
10	Djeneba KONAKE	#3	Neumann	31.12	(2.0)	4/13

Women's 400 Meters

1	Agnes SIGNOU	#2	Marymount (Va.)	1:01.80		4/1
2	Mary STEINBICKER	#4	Immaculata	1:02.84		3/31
3	Deziree CONKLIN	#2	Marymount (Va.)	1:03.24		3/24
4	Jocelyn DAMES	#1	Marywood	1:03.61		4/21
5	Ariana GRANT	#2	Marymount (Va.)	1:04.43		4/22
6	Michaela FLETCHER	#3	Neumann	1:05.05		3/30
7	Cydney LAHR	#1	Marywood	1:05.96		3/30
8	Paige REDMAN	#1	Marywood	1:06.37		3/30
9	Brooke HAMER	#2	Marymount (Va.)	1:07.32		3/24
10	Faith GILLIN	#4	Immaculata	1:09.46		4/21

Women's 400 Meter Hurdles

1	87 Deziree CONKLIN	#2	Marymount (Va.)	1:07.03		4/14
2	Ariana GRANT	#2	Marymount (Va.)	1:14.18		4/7
3	Brianna ROTH	#1	Marywood	1:15.05		4/21
4	Emma WAGNER	#1	Marywood	1:25.68		4/4

Women's 800 Meters

1	Courtney HUMPHREYS	#3	Neumann	2:21.55		4/13
2	Cydney LAHR	#1	Marywood	2:22.26		4/14
3	Jocelyn DAMES	#1	Marywood	2:29.21		4/4
4	Kimberly ALVAREZ	#4	Immaculata	2:40.44		3/31
5	Kristin JOHNSON	#2	Marymount (Va.)	2:49.60		3/24
6	Emily KIPERS	#4	Immaculata	2:58.03		4/21
7	Abby SPROCK	#4	Immaculata	3:01.42		4/21
8	Olivia MORRIS	#4	Immaculata	3:11.82		3/31
9	Emily MCGONIGLE	#4	Immaculata	3:12.08		4/21
10	Kathryn DEHAVEN	#4	Immaculata	3:12.19		3/25

Women's 1500 Meters

1	Courtney HUMPHREYS	#3	Neumann	4:58.42		4/22
2	Milana STRAUB	#1	Marywood	5:06.85		4/21
3	Paige REDMAN	#1	Marywood	5:17.36		4/4
4	Kaitlyn NEWBERRY	#1	Marywood	5:25.96		4/21
5	Avery FINNEGAN	#2	Marymount (Va.)	5:29.86		3/24
6	Caitlyn POWELL	#1	Marywood	5:34.62		3/18
7	Gabrielle SNEE	#1	Marywood	5:45.51		3/18
8	Alyssa WILLIAMS	#1	Marywood	5:49.48		3/18
9	Alicia BENNETT	#5	Gwynedd-Mercy	5:58.06		3/25
10	Abby SPROCK	#4	Immaculata	6:07.70		4/21

Women's Steeplechase

1	40 Milana STRAUB	#1	Marywood	11:20.45		4/14
2	Kaitlyn NEWBERRY	#1	Marywood	13:46.04		3/18
3	Zoe BADNER	#1	Marywood	14:55.03		4/21
4	Kristin JOHNSON	#2	Marymount (Va.)	15:09.50		4/22

Women's 5000 Meters

1	Milana STRAUB	#1	Marywood	18:18.37		4/21
2	Avery FINNEGAN	#2	Marymount (Va.)	19:50.42		4/7
3	Kaitlyn NEWBERRY	#1	Marywood	19:50.67		3/30
4	Paige REDMAN	#1	Marywood	20:10.82		4/21
5	Caitlyn POWELL	#1	Marywood	20:19.48		4/21
6	Alyssa WILLIAMS	#1	Marywood	21:34.79		4/21
7	Saige STERNER	#1	Marywood	24:16.67		4/21
8	Kathryn DEHAVEN	#4	Immaculata	24:29.30		3/31

Women's 10,000 Meters

1	44 Milana STRAUB	#1	Marywood	37:04.99		3/30
2	Caitlyn POWELL	#1	Marywood	43:46.69		3/30
3	Alyssa WILLIAMS	#1	Marywood	44:11.43		3/30
4	Saige STERNER	#1	Marywood	49:14.72		3/30



Conference TFRI Event Summary

as of 4/24/2023 8:00:37 AM

AEC

Women's 4x100 Relay

1	Deziree CONKLIN, Destiny NOEL, Ariana GRANT, Brooke HAMER	#2 Marymount (Va.)	51.11	4/7
2	Kimberly ALVAREZ, Faith GILLIN, Peyton HAYS, Mary STEINBICKER	#4 Immaculata	54.17	4/15
3	Alyssa KAVLESKI, Cydney LAHR, Brianna ROTH, Caitlin MILLS	#1 Marywood	55.06	4/4
4	Djeneba KONAKE, Janell GOLDSMITH, Kyleigh JONIEC, Ny'zhja LOPER	#3 Neumann	55.82	4/22

Women's 4x400 Relay

1	Agnes SIGNOU, Brooke HAMER, Ariana GRANT, Avery FINNEGAN	#2 Marymount (Va.)	4:40.45	4/1
2	Kimberly ALVAREZ, Faith GILLIN, Catherine HAAS, Mary STEINBICKER	#4 Immaculata	4:43.94	3/25

Women's High Jump

1	Ella MORRISON	#2 Marymount (Va.)	1.45m	4-9	4/1
2	Alexandra KOTLIAROV	#2 Marymount (Va.)	1.37m	4-6	4/22
2	Caitlin MILLS	#1 Marywood	1.37m	4-6	4/4
4	Brianna ROTH	#1 Marywood	1.35m	4-5	4/21

Women's Pole Vault

1	Ariana GRANT	#2 Marymount (Va.)	2.65m	8-8½	3/4
2	Brianna ROTH	#1 Marywood	1.90m	6-2¾	4/4

Women's Long Jump

1	Deziree CONKLIN	#2 Marymount (Va.)	5.18m	17-0 (-0.6)	3/24
2	Ella MORRISON	#2 Marymount (Va.)	4.75m	15-7 (0.0)	4/22
3	Caitlin MILLS	#1 Marywood	4.54m	14-10¾ (0)	4/21
4	Alexandra KOTLIAROV	#2 Marymount (Va.)	4.49mw	14-8¾ (3.4)	4/1
5	Daelyn KARBOSKI	#1 Marywood	4.43m	14-6½ (-1)	4/4
6	Brianna ROTH	#1 Marywood	4.40m	14-5¼ (0.9)	3/30
7	Emma WAGNER	#1 Marywood	4.24m	13-11 (0.0)	4/21
8	Rosalyn PAGE	#1 Marywood	4.18m	13-8¾ (-0)	4/4
9	Alyssa KAVLESKI	#1 Marywood	3.81m	12-6 (-0.9)	4/21
9	Natalie O'NEILL	#5 Gwynedd-Mercy	3.81m	12-6 (0.0)	4/21

Women's Triple Jump

1	Ella MORRISON	#2 Marymount (Va.)	9.86m	32-4¼ (1.9)	4/7
2	Brianna ROTH	#1 Marywood	9.64m	31-7½ (-0)	4/21
3	Daelyn KARBOSKI	#1 Marywood	9.37m	30-9 (0.0)	4/4
4	Alyssa KAVLESKI	#1 Marywood	8.83m	28-11¾ (-1)	4/21

Women's Shot Put

1	63 Rosalyn PAGE	#1 Marywood	12.45m	40-10¼	4/4
2	Samantha HEALY	#2 Marymount (Va.)	12.08m	39-7¾	4/22
3	Jada NOEL	#2 Marymount (Va.)	11.12m	36-5¾	4/22
4	Shayla WYNDER	#2 Marymount (Va.)	10.15m	33-3¾	3/24
5	Breyonna CONNER	#3 Neumann	9.56m	31-4½	3/25
6	Leah ZAMBETTI	#1 Marywood	9.51m	31-2½	4/4
7	Faith ALLEN	#2 Marymount (Va.)	9.36m	30-8½	4/7
8	Allison SIRAVO	#3 Neumann	9.04m	29-8	4/22
9	Lucia ANAWALT	#1 Marywood	8.40m	27-6¾	3/30
10	Jaylah FLAMER	#3 Neumann	7.73m	25-4½	3/30
10	Sydney WILSON	#3 Neumann	7.73m	25-4½	3/25

Women's Discus

1	Rosalyn PAGE	#1 Marywood	36.98m	121-4	4/4
2	Jada NOEL	#2 Marymount (Va.)	33.41m	109-8	4/7
3	Leah ZAMBETTI	#1 Marywood	31.98m	104-11	4/4
4	Shayla WYNDER	#2 Marymount (Va.)	25.14m	82-5¾	3/4
5	Faith ALLEN	#2 Marymount (Va.)	24.14m	79-2½	4/7
6	Breyonna CONNER	#3 Neumann	22.84m	74-11¼	3/25
7	Breanna HARE	#5 Gwynedd-Mercy	22.62m	74-2½	4/1
8	Paige STRYSHAK	#1 Marywood	21.85m	71-8¼	4/4
9	Lucia ANAWALT	#1 Marywood	21.72m	71-3¾	4/4
10	Meghan LOSTRACCO	#5 Gwynedd-Mercy	21.29m	69-10¼	4/1

Women's Hammer

1	15 Samantha HEALY	#2 Marymount (Va.)	52.12m	171-0	4/22
2	Jada NOEL	#2 Marymount (Va.)	43.64m	143-2	4/22
3	Shayla WYNDER	#2 Marymount (Va.)	38.05m	124-10	4/22
4	Meghan LOSTRACCO	#5 Gwynedd-Mercy	33.16m	108-10	4/1
5	Faith ALLEN	#2 Marymount (Va.)	27.77m	91-1½	4/22
6	Rosalyn PAGE	#1 Marywood	25.47m	83-6¾	4/4
7	Breanna HARE	#5 Gwynedd-Mercy	19.35m	63-6	4/1
8	Lucia ANAWALT	#1 Marywood	13.56m	44-6	4/4

Women's Javelin

1	53 Leah ZAMBETTI	#1 Marywood	37.31m	122-5	3/18
2	Emily ETTIEN	#4 Immaculata	26.47m	86-10¼	4/21
3	Kyleigh JONIEC	#3 Neumann	25.85m	84-9¾	3/30
4	Jada NOEL	#2 Marymount (Va.)	22.98m	75-4¾	4/1
5	Sydney WILSON	#3 Neumann	22.70m	74-5¾	3/25
6	Shayla WYNDER	#2 Marymount (Va.)	20.89m	68-6½	3/4
7	Ariana GRANT	#2 Marymount (Va.)	20.81m	68-3¾	4/7
8	Macie WATKINS	#4 Immaculata	18.57m	60-11¼	3/31
9	Breyonna CONNER	#3 Neumann	17.92m	58-9½	3/25
10	Allison SIRAVO	#3 Neumann	17.03m	55-10½	3/25



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as of 4/24/2023 8:00:38 AM

American Rivers

Women's 100 Meters

1	7	Gabrielle NOLAND	#1 Loras	11.91w	(2.3)	4/14
2	8	Marion EDWARDS	#1 Loras	11.93w	(2.3)	4/14
3	35	Harmony CREASY	#1 Loras	12.14	(2.0)	4/14
3	35	Emma SEIPEL	#4 Dubuque	12.14w	(3.4)	4/7
5	55	Mikala SIDNEY	#2 Wartburg	12.26w	(2.2)	4/1
6	63	Kelly KOHLHOF	#1 Loras	12.30w	(2.7)	4/21
7	67	Emily MCMARTIN	#3 Central (Iowa)	12.31w	(3.1)	4/7
8	LE+0:	Kynzi BOOTH	#5 Nebraska Wesleyan	12.45	(0.6)	4/7
9		Breanne GEARY	#5 Nebraska Wesleyan	12.47	(0.6)	4/7
10		Katara JONDLE	#6 Buena Vista	12.52	(1.6)	4/14

Women's 100 Meter Hurdles

1	66	Audrey ARNOLD	#7 Simpson (Iowa)	15.15	(2.0)	4/14
2	79	Olivia BOHLEN	#3 Central (Iowa)	15.30	(0.3)	4/21
3	80	Grace ALLEY	#1 Loras	15.31w	(2.3)	3/30
4	81	Sailor HINEGARDNER	#2 Wartburg	15.32w	(2.5)	4/1
5		Aricka LAMBSON	#2 Wartburg	15.54w	(2.5)	4/1
6		Merryl GREEN	#1 Loras	15.58w	(3.0)	4/14
7		Maddax DEVAULT	#7 Simpson (Iowa)	15.60	(2.0)	4/14
8		Keeley HOURIGAN	#5 Nebraska Wesleyan	15.71	(1.3)	4/7
9		Demetria JOHNSON	#4 Dubuque	16.05w	(3.1)	4/2
10		Annika ELCO	#8 Luther	16.08	(1.6)	4/15

Women's 200 Meters

1	3	Gabrielle NOLAND	#1 Loras	24.31	(-0.9)	4/14
2	37	Harmony CREASY	#1 Loras	25.16	(-0.9)	4/14
3	43	Stevie LAMBE	#1 Loras	25.20	(1.4)	4/21
4	68	Kelly KOHLHOF	#1 Loras	25.45	(0.7)	4/21
5	96	Emily MCMARTIN	#3 Central (Iowa)	25.67w	(2.9)	4/7
6		Mikala SIDNEY	#2 Wartburg	25.71	(0.3)	4/7
7		Madison HAYS	#7 Simpson (Iowa)	25.81w	(2.2)	4/21
8		Katara JONDLE	#6 Buena Vista	25.82w	(3.3)	4/14
9		Olivia BOHLEN	#3 Central (Iowa)	26.09w	(2.2)	4/21
10		Willa SICKELKA	#3 Central (Iowa)	26.15w	(2.9)	4/7

Women's 400 Meters

1	3	Alyssa PFADENHAUER	#1 Loras	55.21		3/30
2	45	Aaliyah COLLIER	#1 Loras	58.01		4/14
3	47	Stevie LAMBE	#1 Loras	58.09		4/14
4	80	Katara JONDLE	#6 Buena Vista	58.79		4/14
5	96	Abbi ROERDINK	#3 Central (Iowa)	59.04		4/13
6		Isabella HILGER	#5 Nebraska Wesleyan	59.45		4/7
7		Madison HAYS	#7 Simpson (Iowa)	1:00.44		4/14
8		Lauren BROWN	#3 Central (Iowa)	1:00.87		4/21
9		Abigail SMITH	#4 Dubuque	1:01.00		4/7
10		Olivia TOLLARI	#2 Wartburg	1:01.03		4/7

Women's 400 Meter Hurdles

1	28	Carson MCSORLEY	#2 Wartburg	1:04.58		4/13
2	83	Merryl GREEN	#1 Loras	1:06.92		4/14
3	88	Aricka LAMBSON	#2 Wartburg	1:07.06		4/1
4	91	Katelyn PFALTZGRAFF	#4 Dubuque	1:07.15		4/7
5		Maddax DEVAULT	#7 Simpson (Iowa)	1:07.67		4/21
6		Abby GRUVER	#3 Central (Iowa)	1:08.34		4/7
7		Emma LUNDQUIST	#4 Dubuque	1:08.40		4/14
8		Keeley HOURIGAN	#5 Nebraska Wesleyan	1:08.93		4/7
9		Jessica SUMP	#6 Buena Vista	1:09.60		4/14
10		Audrey ARNOLD	#7 Simpson (Iowa)	1:09.77		4/21

Women's 800 Meters

1	39	Elly BURDS	#1 Loras	2:15.48		4/21
2	86	Lily CAMPBELL	#2 Wartburg	2:17.89		4/7
3	98	Caroline MCMARTIN	#3 Central (Iowa)	2:18.25		4/7
3	98	Haley MEYER	#2 Wartburg	2:18.25		4/7
5		Brielle RUCH	#2 Wartburg	2:18.87		4/14
6		Frankie CHAIDEZ	#1 Loras	2:19.66		4/14
7		Lexi BROWN	#2 Wartburg	2:19.91		4/7
8		Alyssa BLANKENSHIP	#8 Luther	2:20.68		4/15
9		Valerie HERBST	#1 Loras	2:21.59		4/21
10		Delaney VACEK	#5 Nebraska Wesleyan	2:22.18		4/21

Women's 1500 Meters

1	16	Lexi BROWN	#2 Wartburg	4:35.04		4/1
2	19	Caroline MCMARTIN	#3 Central (Iowa)	4:35.92		4/7
3	41	Aubrie FISHER	#2 Wartburg	4:37.91		4/7
4		Ellie OSTERBERGER	#1 Loras	4:45.03		4/1
5		Megan JOHNSON	#3 Central (Iowa)	4:45.55		4/7
6		Ellie MEYER	#2 Wartburg	4:46.16		4/7
7		Peyton STEFFEN	#3 Central (Iowa)	4:47.89		4/14
8		Valerie HERBST	#1 Loras	4:49.61		4/14
9		Sara GOODENBOUR	#3 Central (Iowa)	4:50.92		4/14
10		Brianna RENNER	#1 Loras	4:51.88		4/1

Women's Steeplechase

1	1	Aubrie FISHER	#2 Wartburg	10:35.41		4/1
2	4	Caroline MCMARTIN	#3 Central (Iowa)	10:43.95		4/14
3	7	Ellie MEYER	#2 Wartburg	10:47.15		4/1
4	10	Megan JOHNSON	#3 Central (Iowa)	10:51.29		4/1
5	25	Brianna RENNER	#1 Loras	11:07.96		4/14
6	27	Ellie OSTERBERGER	#1 Loras	11:08.33		4/21
7	42	Jane PINKOWSKI	#2 Wartburg	11:22.04		4/7
8	50	Kaylee OSTERBERGER	#1 Loras	11:30.57		4/21
9	65	Addy PARROTT	#3 Central (Iowa)	11:34.88		4/21
10	90	Ashley BLOOMQUIST	#2 Wartburg	11:45.51		4/21



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American Rivers

Women's 5000 Meters

1	1	Kassie PARKER	#1	Loras	15:37.00	4/21
2	6	Lexi BROWN	#2	Wartburg	16:39.03	4/14
3	11	Caroline MCMARTIN	#3	Central (Iowa)	16:50.17	4/1
4	14	Aubrie FISHER	#2	Wartburg	16:56.40	4/14
5	24	Shaelyn HOSTAGER	#2	Wartburg	17:07.79	4/14
6		Natalie PAULSON	#2	Wartburg	17:53.03	4/14
7		Ellie MEYER	#2	Wartburg	17:53.38	4/14
8		Teghan BOOTH	#7	Simpson (Iowa)	18:05.90	4/14
9		Lara KALLEM	#7	Simpson (Iowa)	18:11.78	4/14
10		Riley MAYER	#2	Wartburg	18:12.34	4/14

Women's 10,000 Meters

1	1	Kassie PARKER	#1	Loras	32:36.22	3/31
2	9	Shaelyn HOSTAGER	#2	Wartburg	35:21.23	4/1
3	40	Natalie PAULSON	#2	Wartburg	36:59.06	4/1
4	57	Hailey HILL	#3	Central (Iowa)	37:41.30	4/1
5	72	Kelly GIARDINA	#2	Wartburg	38:05.41	4/21
6	73	Addy CARLSON	#2	Wartburg	38:06.75	4/21
7	76	Alexis RIESBERG	#1	Loras	38:08.86	4/21
8	78	Lillian BOGE	#2	Wartburg	38:09.60	4/21
9		Emily HOESING	#6	Buena Vista	40:46.96	4/14
10		Erin PHELAN	#1	Loras	43:03.99	4/21

Women's 4x100 Relay

1	2	Harmony CREASY, Marion EDWARDS, Stevie LAMBE, Gabrielle NOLAND	#1	Loras	46.64	4/21
2	49	Demetria JOHNSON, Emma SEIPEL, Gianna BORZILERI, Keira ALLISS	#4	Dubuque	48.93	4/7
3	50	Kate LEIMBACH, Breanne GEARY, Keeley HOURIGAN, Natalie CUMMINS	#5	Nebraska Wesleyan	48.96	4/21
4	55	Makenzie FOELSKE, JoJo TYNNISMAA, Olivia TOLLARI, Mikala SIDNEY	#2	Wartburg	49.11	4/13
5	65	Mary GUSTASON, Abbi ROERDINK, Willa SICKELKA, Emily MCMARTIN	#3	Central (Iowa)	49.33	4/21
6		Jessica SUMP, Katara JONDLE, Hannah OLSON, Kylie JOHNSTON	#6	Buena Vista	50.03	4/7
7		Audrey ARNOLD, Bianca CLEMONS, Arryss FORBES, Anna PARROTT	#7	Simpson (Iowa)	50.55	4/14
8		Annika ELCO, Kasandra KELLER, Amara MARKS, Grace DAVIDSON	#8	Luther	51.57	4/15
9		Sangai DUKULY, Hannah PECHARICH, Cailyn WRIGHT, Alexis PERDOMO	#9	Coe	52.59	4/7



Conference TFRI Event Summary

as of 4/24/2023 8:00:38 AM

American Rivers

Women's 4x400 Relay

1	1	Marion EDWARDS, Gabrielle NOLAND, Stevie LAMBE, Alyssa PFADENHAUER	#1 Loras	3:41.95	3/29
2	28	Carson MCSORLEY, Lily CAMPBELL, JoJo TYYNISMAA, Aricka LAMBSON	#2 Wartburg	4:00.62	4/7
3	40	Lauren BROWN, Abby GRUVER, Peyton STEFFEN, Abbi ROERDINK	#3 Central (Iowa)	4:02.66	4/7
4	61	Trisha HAYES, Breanne GEARY, Raegan LEVI, Isabella HILGER	#5 Nebraska Wesleyan	4:05.46	4/7
5	67	Maddax DEVAULT, Madison HAYS, Arryss FORBES, Ava CARDER	#7 Simpson (Iowa)	4:06.42	4/7
6	76	Abigail SMITH, Riley FINN, Emma LUNDQUIST, Gianna BORZILERI	#4 Dubuque	4:07.15	4/14
7		Puritie SMITH, Hannah OLSON, Zoie CALLAN, Katara JONDLE	#6 Buena Vista	4:19.32	4/1
8		Kasandra KELLER, Rose SIEVE, Berit SKOGEN, Lindsey MOSELEY	#8 Luther	4:24.38	4/15
9		Alexis PERDOMO, Hannah PECHARICH, Cailyn WRIGHT, Alexis VAUGHN	#9 Coe	4:36.66	4/7

Women's High Jump

1	11	Breya CHRISTOPHER	#2 Wartburg	1.67m	5-5¾	4/14
1	11	Aaliyah COLLIER	#1 Loras	1.67m	5-5¾	4/14
1	11	Grace ALLEY	#1 Loras	1.67m	5-5¾	4/14
4	32	Sara HOSKINS	#1 Loras	1.62m	5-3¾	4/5
5	45	Mary YANGA	#6 Buena Vista	1.60m	5-3	4/7
5	45	Samantha NIELSEN	#2 Wartburg	1.60m	5-3	4/1
7		Abigail WHITE	#3 Central (Iowa)	1.55m	5-1	4/14
7		Aaliyah JOHNSON	#7 Simpson (Iowa)	1.55m	5-1	4/21
9		Meghan PROHASKA	#4 Dubuque	1.53m	5-¼	4/2
9		Abigail SMITH	#4 Dubuque	1.53m	5-¼	4/2

Women's Pole Vault

1		Hannah PECHARICH	#9 Coe	3.26m	10-8¼	4/7
2		Amber VROMAN	#3 Central (Iowa)	3.20m	10-6	4/7
3		Samantha HARVELL	#4 Dubuque	3.10m	10-2	4/2
3		Emily DRUSE	#5 Nebraska Wesleyan	3.10m	10-2	4/1
5		Cali COFFMAN	#3 Central (Iowa)	3.05m	10-0	4/7
6		Isabelle ALBERS	#2 Wartburg	3.02m	9-10¾	4/1
7		Abby FAULK	#8 Luther	2.98m	9-9¼	4/21
8		Meghan PROHASKA	#4 Dubuque	2.95m	9-8	4/7
8		Amelia HERBERT	#5 Nebraska Wesleyan	2.95m	9-8	4/14
10		Kasandra KELLER	#8 Luther	2.63m	8-7½	4/21
10		Maya VAN ERP	#1 Loras	2.63m	8-7½	4/21

Women's Long Jump

1	1	Emma SEIPEL	#4 Dubuque	6.04mw	19-9¾ (3.4)	4/7
2	4	Harmony CREASY	#1 Loras	5.85mw	19-2½ (3.2)	4/5
3	11	Demetria JOHNSON	#4 Dubuque	5.69m	18-8 (0.7)	4/14
4	13	Olivia TOLLARI	#2 Wartburg	5.67mw	18-7¼ (2.6)	4/7
5	16	Grace ALLEY	#1 Loras	5.64m	18-6 (1.9)	3/30
6	33	De'ja AUSTIN- CHERRY	#1 Loras	5.52m	18-1½ (1.2)	4/14
7	49	Shaniah JOHNSON	#2 Wartburg	5.45m	17-10¾ (0)	4/14
8		Trisha HAYES	#5 Nebraska Wesleyan	5.24mw	17-2¼ (3.8)	4/1
9		Natalie CUMMINS	#5 Nebraska Wesleyan	5.20m	17-¾ (0.3)	4/21
10		Breanne GEARY	#5 Nebraska Wesleyan	5.18mw	17-0 (3.3)	4/1

Women's Triple Jump

1	7	Grace ALLEY	#1 Loras	12.04mw	39-6 (2.5)	4/5
2	9	Harmony CREASY	#1 Loras	11.96mw	39-3 (2.8)	4/5
3	14	Breya CHRISTOPHER	#2 Wartburg	11.87mw	38-11½ (2)	4/1
4	19	Aaliyah COLLIER	#1 Loras	11.73m	38-6 (1.6)	4/2
5	28	De'ja AUSTIN- CHERRY	#1 Loras	11.53m	37-10 (1.2)	4/14
5	28	Shaniah JOHNSON	#2 Wartburg	11.53m	37-10 (1.4)	4/7
7	31	Daekota KNOTT	#2 Wartburg	11.48m	37-8 (0.0)	4/14
8	62	Emma SEIPEL	#4 Dubuque	11.11mw	36-5½ (3.7)	4/7
9	90	Victoria ZOLTOWSKA	#4 Dubuque	10.95m	35-11¼ (0)	4/14
10		Sangai DUKULY	#9 Coe	10.88m	35-8½ (0.0)	4/7

Women's Shot Put

1	5	Kaitlyn WILDER	#4 Dubuque	14.50m	47-7	4/2
2	6	Rebecca SIMPSON	#6 Buena Vista	14.27m	46-10	4/7
3	24	Kristen REICKS	#2 Wartburg	13.37m	43-10½	4/14
4	29	Ellie AKOUGH	#5 Nebraska Wesleyan	13.16m	43-2¼	4/7
5	37	Lily MEESTER	#2 Wartburg	12.89m	42-3½	4/1
6	38	Jaydyn PALMER	#9 Coe	12.87m	42-2¾	4/14
7	39	Haley BEMINIO	#2 Wartburg	12.85m	42-2	4/14
8	62	Mackenna WITTE	#5 Nebraska Wesleyan	12.46m	40-10½	4/7
9	78	Lilly DUFF	#4 Dubuque	12.31m	40-4¾	4/2
10	81	Riley VICE	#1 Loras	12.27m	40-3¼	4/21
10	81	Grace ALLEY	#1 Loras	12.27m	40-3¼	3/30



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American Rivers

Women's Discus

1	5	Ellie AKOUGH	#5	Nebraska Wesleyan	46.73m	153-4	4/14
2	9	Kaitlyn WILDER	#4	Dubuque	44.77m	146-11	4/7
3	11	Kylee DOHERTY	#4	Dubuque	44.24m	145-2	4/2
4	22	Taylor FLAIG	#1	Loras	42.82m	140-6	4/2
5	26	Mackenna WITTE	#5	Nebraska Wesleyan	42.39m	139-1	4/21
6	52	Riley VICE	#1	Loras	40.53m	133-0	4/2
7	80	Alyssa STRIEGEL	#3	Central (Iowa)	39.39m	129-3	4/7
8	84	Anna FRIEDRICHSEN	#6	Buena Vista	39.21m	128-8	4/14
9	88	Laura BENEDICT	#1	Loras	38.89m	127-7	4/2
10	95	Allison VAN GORP	#3	Central (Iowa)	38.68m	126-11	4/14

Women's Hammer

1	1	Kaitlyn WILDER	#4	Dubuque	58.98m	193-6	4/2
2	4	Rebecca SIMPSON	#6	Buena Vista	56.12m	184-2	4/14
3	10	Ellie AKOUGH	#5	Nebraska Wesleyan	53.14m	174-4	4/1
4	11	Payton MCHONE	#4	Dubuque	52.95m	173-9	4/7
5	12	Emma TRUE	#2	Wartburg	52.93m	173-8	4/7
6	23	Caitlyn COX	#1	Loras	50.35m	165-2	4/2
7	35	Taylor FLAIG	#1	Loras	48.73m	159-11	4/2
8	72	Abby MARR	#3	Central (Iowa)	46.82m	153-8	4/7
9	97	Tara JOCHUMSEN	#2	Wartburg	45.46m	149-2	4/22
10	98	Haley BEMINIO	#2	Wartburg	45.44m	149-1	4/7

Women's Javelin

1	1	Avery DECKER	#5	Nebraska Wesleyan	46.41m	152-3	4/21
2	5	Rebecca SIMPSON	#6	Buena Vista	43.96m	144-3	4/7
3	30	Addie THOMAS	#5	Nebraska Wesleyan	39.05m	128-2	4/7
4	39	Kylee DOHERTY	#4	Dubuque	37.75m	123-10	4/14
5	53	Aaliyah JOHNSON	#7	Simpson (Iowa)	37.31m	122-5	4/21
6	62	Grace ALLEY	#1	Loras	36.99m	121-4	4/14
7	72	Mackenna WITTE	#5	Nebraska Wesleyan	36.73m	120-6	4/14
8	80	Alivia AUER	#4	Dubuque	36.52m	119-10	4/2
9	81	Taryn HINTZ	#3	Central (Iowa)	36.47m	119-8	4/14
10	86	Ashley GLENNON	#4	Dubuque	36.32m	119-2	4/14

Women's Heptathlon

1	1	Grace ALLEY	#1	Loras	5,163	3/30
2	16	Olivia BOHLEN	#3	Central (Iowa)	4,346	4/21
3	39	Aaliyah JOHNSON	#7	Simpson (Iowa)	3,937	4/21
4	43	Trisha HAYES	#5	Nebraska Wesleyan	3,887	4/21
5	59	Madison HAYS	#7	Simpson (Iowa)	3,534	4/21
6	98	Carla LOPEZ	#6	Buena Vista	2,892	4/21
7		Britni BLACKBURN	#6	Buena Vista	2,001	4/21



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ASC

Women's 100 Meters

1	91	Jada MORRIS	#1	McMurry	12.42w	(2.9)	4/14
2	95	Brynn YANEZ	#1	McMurry	12.44w	(2.9)	4/14
3		Jayla ALDRIDGE	#5	Concordia Texas	12.52w	(2.9)	4/14
4		Losuria WEBB-BARBER	#1	McMurry	12.78w	(2.9)	4/14
5		Pendo MUGOFWA	#5	Concordia Texas	12.82w	(3.5)	3/25
6		Tia BILLINGSLEY	#6	UT Dallas	12.90	(1.8)	4/22
7		Payton CLARK	#4	East Texas Bapti	13.04	(1.8)	4/6
8		Honor KNOTT	#2	Hardin-Simmon	13.07w	(2.4)	4/14
9		Danielle SAULS	#2	Hardin-Simmon	13.10w	(2.7)	3/17
10		Rachel MCCALISTER	#1	McMurry	13.17	(0.8)	3/3

Women's 100 Meter Hurdles

1	24	Naj CAMPBELL	#1	McMurry	14.55w	(3.0)	4/14
2		Neelie SCHIEL	#4	East Texas Bapti	15.96	(0.6)	3/17
3		Madelyn GOLLIHAR	#1	McMurry	16.47	(1.9)	4/22
4		Victoria WILSON	#3	LeTourneau	16.67	(0.5)	4/13
5		Annie DAVID	#4	East Texas Bapti	17.03	(2.0)	3/25
6		Ellie MARSH	#3	LeTourneau	17.28w	(2.4)	4/13
7		Emmalee HORTON	#2	Hardin-Simmon	17.34	(0.6)	3/17
8		Jada CALAIS	#5	Concordia Texas	17.81	(2.0)	3/25
9		Brooke O'NEAL	#4	East Texas Bapti	18.36	(0.8)	4/13
10		Allissa RODRIGUEZ	#1	McMurry	18.65w	(2.1)	4/14

Women's 200 Meters

1		Jayla ALDRIDGE	#5	Concordia Texas	26.02w	(2.8)	4/14
2		Madelyn GOLLIHAR	#1	McMurry	26.03w	(3.4)	4/14
3		Brynn YANEZ	#1	McMurry	26.20w	(2.2)	4/22
4		Payton CLARK	#4	East Texas Bapti	26.27	(0.0)	3/25
5		Nakiah TOLBERT	#2	Hardin-Simmon	26.36w	(2.8)	4/14
6		Naj CAMPBELL	#1	McMurry	26.43	(0.8)	4/22
7		Danielle PENA	#2	Hardin-Simmon	26.55w	(2.8)	4/14
8		Pendo MUGOFWA	#5	Concordia Texas	26.73	(1.7)	3/3
8		Jacee DINKINS	#1	McMurry	26.73w	(2.3)	4/14
10		Tia BILLINGSLEY	#6	UT Dallas	27.01	(1.2)	4/7

Women's 400 Meters

1		Nakiah TOLBERT	#2	Hardin-Simmon	59.63		3/3
2		Payton CLARK	#4	East Texas Bapti	1:00.09		4/13
3		Jacee DINKINS	#1	McMurry	1:00.50		4/22
4		Haily BASS	#3	LeTourneau	1:00.80		3/4
5		Danielle PENA	#2	Hardin-Simmon	1:01.38		3/3
6		Allyson PROSPERIE	#4	East Texas Bapti	1:04.18		4/6
7		Isabella SANCHEZ	#1	McMurry	1:05.04		4/22
8		Kylee FREEMAN	#3	LeTourneau	1:05.43		3/25
9		Meriah GONZALEZ	#1	McMurry	1:06.90		4/7
10		Hope GIADOLOR	#6	UT Dallas	1:08.24		3/24

Women's 400 Meter Hurdles

1	37	Ellie MARSH	#3	LeTourneau	1:04.86		4/22
2		Naj CAMPBELL	#1	McMurry	1:08.09		3/25
3		Madelyn GOLLIHAR	#1	McMurry	1:10.01		3/25
4		Jada CALAIS	#5	Concordia Texas	1:16.56		3/25
5		Chloe BOYER	#7	Ozarks (Ark.)	1:28.11		4/6

Women's 800 Meters

1		Kylah HOLLAND	#2	Hardin-Simmon	2:22.81		3/3
2		Madylin HERRERA	#6	UT Dallas	2:23.54		4/7
3		Ellie MARSH	#3	LeTourneau	2:23.58		3/30
4		Chloe WEATHER	#7	Ozarks (Ark.)	2:25.42		4/6
5		Janeth CHACON	#1	McMurry	2:27.06		3/25
6		Chloe MCLELLAN	#1	McMurry	2:27.44		4/7
7		Jazmin CHACON	#1	McMurry	2:28.91		3/3
8		Ache' ANDERSON	#4	East Texas Bapti	2:31.30		3/25
9		Katelyn HERNANDEZ	#1	McMurry	2:32.09		4/7
10		Belkin VEGA-MOLINA	#5	Concordia Texas	2:32.13		4/22

Women's 1500 Meters

1	78	Kylah HOLLAND	#2	Hardin-Simmon	4:42.86		3/30
2		Chloe WEATHER	#7	Ozarks (Ark.)	4:52.52		4/6
3		Janeth CHACON	#1	McMurry	4:55.91		4/7
4		Madylin HERRERA	#6	UT Dallas	4:59.78		3/24
5		Jazmin CHACON	#1	McMurry	5:03.13		3/3
6		Chloe MCLELLAN	#1	McMurry	5:03.88		4/14
7		Savanna DANNER	#1	McMurry	5:09.42		4/14
8		Hope GREENWALD	#3	LeTourneau	5:14.09		4/13
9		Jazmin MENDEZ	#2	Hardin-Simmon	5:14.16		3/30
10		Rebecca BETANZO	#6	UT Dallas	5:14.97		3/17

Women's Steeplechase

1	15	Kylah HOLLAND	#2	Hardin-Simmon	10:55.51		3/30
2		Savanna DANNER	#1	McMurry	12:10.78		4/7
3		Sierra BENNER	#3	LeTourneau	12:19.42		3/30
4		Phoebe DUNHAM	#4	East Texas Bapti	12:19.86		4/13
5		Jazmin MENDEZ	#2	Hardin-Simmon	12:59.38		4/14
6		Aubrey BATTEN	#1	McMurry	13:43.39		4/7
7		Chloe BOYER	#7	Ozarks (Ark.)	14:15.08		3/10
8		Nadja BABILONIA-LOPEZ	#1	McMurry	14:46.20		4/7
9		Madison SOULTANOVA	#1	McMurry	16:22.09		4/7

Women's 5000 Meters

1	73	Kylah HOLLAND	#2	Hardin-Simmon	17:38.58c(17:53.16A)		3/24
2		Janeth CHACON	#1	McMurry	18:26.51		3/3
3		Jazmin CHACON	#1	McMurry	18:32.63		4/7
4		Chloe WEATHER	#7	Ozarks (Ark.)	18:40.68		3/10
5		Phoebe DUNHAM	#4	East Texas Bapti	19:27.16		4/6
6		Savanna DANNER	#1	McMurry	19:31.76		3/17
7		Sierra BENNER	#3	LeTourneau	19:46.61		4/13
8		Rebecca BETANZO	#6	UT Dallas	19:52.40		3/17
9		Ashley SHEA	#1	McMurry	20:14.50		4/7
10		Jocelyn MORENO	#1	McMurry	20:49.57		3/3



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ASC

Women's 10,000 Meters

1	87	Janeth CHACON	#1	McMurry	38:29.37	3/17
2		Chloe WEATHER	#7	Ozarks (Ark.)	40:40.24	4/14
3		Ashley SHEA	#1	McMurry	43:02.00	3/17
4		Jocelyn MORENO	#1	McMurry	43:47.75	3/17
5		Trinity MARTINEZ	#1	McMurry	43:58.81	3/17

Women's 4x100 Relay

1	46	Madelyn GOLLIHAR, Brynn YANEZ, Losuria WEBB- BARBER, Jada MORRIS	#1	McMurry	48.81	4/14
2	61	Jada SLAINE, Danielle PENA, Danielle SAULS, Nakiah TOLBERT	#2	Hardin-Simmon	49.26	3/30
3		Pendo MUGOFWA, Jayla ALDRIDGE, Kallie KRENZ, Mattison STAYROOK	#5	Concordia Texas	50.12	3/25
4		Faith HUDSON, Payton CLARK, Maddie REID, Neelie SCHIEL	#4	East Texas Bapti	51.44	3/25
5		Haily BASS, Kylee FREEMAN, Jenna CARTER, Ellie MARSH	#3	LeTourneau	52.51	4/13

Women's 4x400 Relay

1		Allyson PROSPERIE, Ache' ANDERSON, Neelie SCHIEL, Payton CLARK	#4	East Texas Bapti	4:10.98	3/25
2		Haily BASS, Kylee FREEMAN, Hope GREENWALD, Ellie MARSH	#3	LeTourneau	4:12.74	3/30
3		Isabella SANCHEZ, Meriah GONZALEZ, Kyleigh MATHEWS, Losuria WEBB- BARBER	#1	McMurry	4:13.71	3/3
4		Chloe BOYER, Mileidy ESPINOZA, Almalila RAMIREZ, Marcela VALLADARES	#7	Ozarks (Ark.)	5:35.52	4/6

Women's High Jump

1		Kylie FLIPPIN	#1	McMurry	1.53m	5-¼	3/17
2		Bethany WOOD	#1	McMurry	1.50m	4-11	4/14
2		Janae GREEN	#2	Hardin-Simmon	1.50m	4-11	4/14
4		Victoria WILSON	#3	LeTourneau	1.49m	4-10½	4/13
5		Kallie KRENZ	#5	Concordia Texas	1.47m	4-9¾	4/22
6		Alexa SOWERS	#2	Hardin-Simmon	1.45m	4-9	4/14
7		Emmalee HORTON	#2	Hardin-Simmon	1.43m	4-8¾	3/17
8		Allissa RODRIGUEZ	#1	McMurry	1.25m	4-1¼	4/14
8		Hanna CHELLALI	#6	UT Dallas	1.25m	4-1¼	4/14

Women's Pole Vault

1	93	Jacee DINKINS	#1	McMurry	3.30m	10-9¾	4/14
2		Kylee FREEMAN	#3	LeTourneau	2.80m	9-2¼	4/13
3		Brynn YANEZ	#1	McMurry	2.08m	6-9¾	4/22

Women's Long Jump

1	40	Jada MORRIS	#1	McMurry	5.49mw	18-¼ (2.5)	4/14
2	96	Kallie KRENZ	#5	Concordia Texas	5.26mw	17-3¼ (3.3)	4/14
3		Danielle SAULS	#2	Hardin-Simmon	5.16mw	16-11¼ (3)	4/14
4		Losuria WEBB- BARBER	#1	McMurry	4.98m	16-4¼ (1.7)	4/14
5		Alexa SOWERS	#2	Hardin-Simmon	4.97m	16-3¾ (0.0)	3/3
6		Emerald GARCIA	#2	Hardin-Simmon	4.80mA	15-9 (0.4)	3/24
7		Meriah GONZALEZ	#1	McMurry	4.77m	15-7¾ (0.0)	3/3
8		Jada SLAINE	#2	Hardin-Simmon	4.67mw	15-4 (3.9)	4/14
9		Jenna CARTER	#3	LeTourneau	4.65m	15-3¼ (1.3)	4/13
9		Hannah EDWARDS	#6	UT Dallas	4.65m	15-3¼ (0.0)	3/24

Women's Triple Jump

1	37	She'Ray WILSON	#2	Hardin-Simmon	11.35mw	37-3 (2.6)	4/14
2		Meriah GONZALEZ	#1	McMurry	10.65mw	34-11¼ (2)	4/14
3		Losuria WEBB- BARBER	#1	McMurry	10.15m	33-3¾ (2.0)	3/3
4		Emerald GARCIA	#2	Hardin-Simmon	10.10m	33-1¾ (1.9)	3/3
5		Hanna CHELLALI	#6	UT Dallas	9.79m	32-1½ (0)	4/22
6		Alexa SOWERS	#2	Hardin-Simmon	9.76m	32-¼ (1.9)	4/14

Women's Shot Put

1	50	Amaris DELGADO	#1	McMurry	12.70m	41-8	4/7
2	75	Kiki GONZALES	#2	Hardin-Simmon	12.33m	40-5½	4/14
3	88	Elizabeth JORDAN	#1	McMurry	12.22m	40-1¼	3/17
4		Lynda FARMER	#2	Hardin-Simmon	11.78m	38-7¾	4/14
5		Allese CRUTCHER	#5	Concordia Texas	11.29m	37-½	4/14
6		Hannah HUTCHISON	#1	McMurry	11.00m	36-1¼	4/14
7		Elizabeth CUNNINGHAM	#1	McMurry	10.77m	35-4	3/25
8		Rae KIMBLE	#5	Concordia Texas	10.76m	35-3¾	4/14
9		Rylee ORTEGA	#2	Hardin-Simmon	10.69m	35-1	3/3
10		Corbin STULIR	#1	McMurry	10.24m	33-7¼	4/22

Women's Discus

1	74	Elizabeth RYAN	#1	McMurry	39.64m	130-1	4/7
2		Elizabeth JORDAN	#1	McMurry	37.65m	123-6	4/22
3		Glenda PARRA	#1	McMurry	36.38m	119-4	3/3
4		Graycee MOSLEY	#4	East Texas Bapti	36.19m	118-9	3/17
5		Hannah HUTCHISON	#1	McMurry	36.04m	118-3	4/14
6		Lynda FARMER	#2	Hardin-Simmon	35.84m	117-7	4/22
7		Amaris DELGADO	#1	McMurry	34.00m	111-7	4/22
8		Allese CRUTCHER	#5	Concordia Texas	32.51m	106-8	4/22
9		Shakayla BROWDER	#4	East Texas Bapti	31.91m	104-8	3/25
10		Kaitlyn BARBER	#4	East Texas Bapti	30.65m	100-7	3/17



Conference TFRI Event Summary

as of 4/24/2023 8:00:39 AM

ASC

Women's Hammer

1	33	Elizabeth CUNNINGHAM	#1	McMurry	48.85m	160-3	4/14
2	59	Elizabeth RYAN	#1	McMurry	47.50m	155-10	3/25
3		Amaris DELGADO	#1	McMurry	39.98m	131-2	4/14
4		Corbin STULIR	#1	McMurry	39.65m	130-1	4/22
5		Hannah HUTCHISON	#1	McMurry	35.33m	115-11	4/22
6		Elizabeth JORDAN	#1	McMurry	35.30m	115-10	4/22
7		Rebekah MCQUEEN	#5	Concordia Texas	31.65m	103-10	4/14

Women's Javelin

1	6	Allissa RODRIGUEZ	#1	McMurry	42.37m	139-0	4/14
2	31	Neelie SCHIEL	#4	East Texas Bapti	39.01m	128-0	3/17
3	76	Mattison STAYROOK	#5	Concordia Texas	36.64m	120-3	3/25
4		Corbin STULIR	#1	McMurry	35.20m	115-6	4/7
5		Jaycee BRANNON	#1	McMurry	34.00m	111-7	3/25
6		Victoria WILSON	#3	LeTourneau	33.20m	108-11	4/13
7		Elizabeth RYAN	#1	McMurry	33.01m	108-4	3/17
8		Hannah EDWARDS	#6	UT Dallas	30.80m	101-1	4/7
9		Bethany WOOD	#1	McMurry	30.35m	99-7	3/3
10		Jenna CARTER	#3	LeTourneau	25.31m	83-½	3/4

Women's Heptathlon

1	63	Victoria WILSON	#3	LeTourneau	3,463		4/13
2		Allissa RODRIGUEZ	#1	McMurry	2,715		4/7



Conference TFRI Event Summary

as of 4/24/2023 8:00:39 AM

C2C

Women's 100 Meters

1	19	Sydney TRUSSELL	#2	Christopher Nev	12.07	(0.8)	4/14
2		Sophia REDMOND	#5	Mary Washingto	12.49	(0.7)	3/17
3		Amaya CUMMINS	#1	UC Santa Cruz	12.68	(0.2)	4/21
4		Karia FORVIL	#3	Salisbury	12.88w	(2.9)	3/16
5		Marlyse HAACK	#3	Salisbury	12.89w	(2.4)	4/15
6		Haileigh BYRD	#5	Mary Washingto	12.90	(0.1)	4/14
7		Siena SUJITNO	#6	Pratt Institute	12.94	(0.9)	4/1
7		Mia HILL	#3	Salisbury	12.94w	(2.9)	3/4
9		Chay'La RIVERS	#4	St. Mary's (Md.)	12.98w	(3.5)	4/22
10		Lindsey STIRLING	#2	Christopher Nev	13.05w	(2.1)	4/7

Women's 100 Meter Hurdles

1	29	Alyssa ROACH	#2	Christopher Nev	14.62w	(3.3)	4/7
2	58	Chloe SOLUMUA	#1	UC Santa Cruz	15.01	(1.2)	4/14
3	83	Haileigh BYRD	#5	Mary Washingto	15.35w	(3.5)	3/17
4		Mackenzie JONES	#1	UC Santa Cruz	17.33	(1.0)	3/30
5		Bella SARAO	#1	UC Santa Cruz	17.68	(-0.1)	4/21
6		Isha KASANAGOTTU	#1	UC Santa Cruz	17.82	(-0.1)	4/21
7		Grace DEAR	#3	Salisbury	18.22	(1.3)	3/4
8		Alicia DASALLA	#1	UC Santa Cruz	18.46	(1.0)	3/30
9		Chay'La RIVERS	#4	St. Mary's (Md.)	19.36	(-3.9)	3/17
10		Kayla GALVAN	#6	Pratt Institute	21.37	(-1.2)	4/15

Women's 200 Meters

1	23	Sydney TRUSSELL	#2	Christopher Nev	24.96w	(2.1)	4/14
2	87	Sophia REDMOND	#5	Mary Washingto	25.58w	(3.2)	4/14
3		Adrianna DESANTIS	#2	Christopher Nev	25.77	(0.0)	4/22
4		Chloe SOLUMUA	#1	UC Santa Cruz	26.13	(1.3)	4/6
5		Amaya CUMMINS	#1	UC Santa Cruz	26.18	(1.6)	4/14
6		Caitlin DONOVAN	#1	UC Santa Cruz	26.19	(1.6)	4/14
6		Mia HILL	#3	Salisbury	26.19w	(2.6)	4/15
8		Marlyse HAACK	#3	Salisbury	26.25	(1.8)	4/15
9		Alyssa ROACH	#2	Christopher Nev	26.70	(-0.3)	4/7
10		Karia FORVIL	#3	Salisbury	26.89w	(3.0)	4/15

Women's 400 Meters

1	85	Adrianna DESANTIS	#2	Christopher Nev	58.89		4/14
2		Sophia REDMOND	#5	Mary Washingto	59.19		4/1
3		Caitlin DONOVAN	#1	UC Santa Cruz	1:00.15		3/18
4		Kayla GALVEZ	#1	UC Santa Cruz	1:02.91		4/14
5		Sophie JIMENEZ	#1	UC Santa Cruz	1:03.14		4/21
6		Brittney DOUGLAS	#4	St. Mary's (Md.)	1:04.05		4/15
7		Caroleene BLOCK	#1	UC Santa Cruz	1:04.48		3/10
8		Amanda HECKMAN	#5	Mary Washingto	1:04.99		4/1
9		Savannah OWENS	#4	St. Mary's (Md.)	1:05.00		4/15
10		Ariat OJULU	#4	St. Mary's (Md.)	1:05.17		4/22

Women's 400 Meter Hurdles

1	99	Chloe SOLUMUA	#1	UC Santa Cruz	1:07.38		4/21
2		Alyssa ROACH	#2	Christopher Nev	1:07.80		4/22
3		Haileigh BYRD	#5	Mary Washingto	1:08.54		4/14
4		Ash BAUDIN	#1	UC Santa Cruz	1:10.68		4/21
5		Alicia DASALLA	#1	UC Santa Cruz	1:13.57		4/14
6		Mackenzie JONES	#1	UC Santa Cruz	1:14.20		4/14
7		Eliza DANA	#2	Christopher Nev	1:17.42		3/25
8		Chay'La RIVERS	#4	St. Mary's (Md.)	1:19.94		4/22
9		Dina JONES	#4	St. Mary's (Md.)	1:22.71		4/1
10		Grace DEAR	#3	Salisbury	1:23.52		3/4

Women's 800 Meters

1		Hanna HEKKANEN	#1	UC Santa Cruz	2:18.89		4/13
2		Mae SAVOIE	#2	Christopher Nev	2:23.05		4/7
3		Andrea GALLARDO	#1	UC Santa Cruz	2:24.56		4/7
4		Helena JANKU	#1	UC Santa Cruz	2:24.95		3/3
5		Eliza DANA	#2	Christopher Nev	2:25.69		4/22
6		Brittney DOUGLAS	#4	St. Mary's (Md.)	2:25.93		4/1
7		Frieda CEDILLO	#1	UC Santa Cruz	2:26.14		4/21
8		Adalyn PEREZ	#2	Christopher Nev	2:27.39		4/14
9		Arabella EDLER	#1	UC Santa Cruz	2:28.69		3/10
10		Casey YENYO	#2	Christopher Nev	2:29.21		3/25

Women's 1500 Meters

1	22	Ash BAUDIN	#1	UC Santa Cruz	4:36.10		3/18
2	45	Riley MARTEL-PHILLIPS	#1	UC Santa Cruz	4:38.23		4/21
3	80	Hanna HEKKANEN	#1	UC Santa Cruz	4:42.88		3/18
4		Helena JANKU	#1	UC Santa Cruz	4:52.11		3/18
5		Mae SAVOIE	#2	Christopher Nev	4:53.92		4/22
6		Eliza DANA	#2	Christopher Nev	4:57.40		4/14
7		Cheryl CHUANG	#1	UC Santa Cruz	4:59.81		3/18
8		Andrea GALLARDO	#1	UC Santa Cruz	5:00.94		3/30
9		Emma WIRZ	#1	UC Santa Cruz	5:01.02		3/18
10		Sage SIMMS	#1	UC Santa Cruz	5:01.42		4/14

Women's Steeplechase

1	13	Ash BAUDIN	#1	UC Santa Cruz	10:52.84		3/30
2		Emma WIRZ	#1	UC Santa Cruz	11:55.19		4/14
3		Eliza DANA	#2	Christopher Nev	11:55.27		3/30
4		Cheryl CHUANG	#1	UC Santa Cruz	12:14.90		4/14
5		Lex MCGRAIL	#2	Christopher Nev	12:23.18		4/22
6		Monica FONSECA	#1	UC Santa Cruz	12:36.61		4/14
7		Rachel ROBERTS	#3	Salisbury	12:41.99		4/15
8		Leah SNYDER	#3	Salisbury	12:57.79		4/15
9		Jessica OBERLIES	#5	Mary Washingto	13:17.35		4/1
10		Katherine ARMSTRONG	#5	Mary Washingto	13:39.37		4/1



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C2C

Women's 5000 Meters

1	38	Riley MARTEL-PHILLIPS	#1	UC Santa Cruz	17:17.72	4/13
2		Helena JANKU	#1	UC Santa Cruz	17:52.73	3/30
3		Maddy RAWLINGS	#2	Christopher Nev	18:36.81	4/14
4		Alyssa SANTORO	#3	Salisbury	18:45.65	3/31
5		Emma WIRZ	#1	UC Santa Cruz	18:56.26	3/30
6		Monica FONSECA	#1	UC Santa Cruz	19:01.90	3/30
7		Sage SIMMS	#1	UC Santa Cruz	19:08.60	3/30
8		Cheryl CHUANG	#1	UC Santa Cruz	19:23.33	3/30
9		Lindsay RULE	#1	UC Santa Cruz	19:27.56	3/30
10		Lauren SAPP	#4	St. Mary's (Md.)	19:30.35	3/17

Women's 10,000 Meters

1		Maddy RAWLINGS	#2	Christopher Nev	39:24.10	3/30
2		Claire GARSTER	#2	Christopher Nev	41:16.52	3/30
3		Michelle VALCICH	#2	Christopher Nev	41:26.55	3/25
4		Allyson WAGNER	#3	Salisbury	41:33.18	3/16
5		Libby MILES	#2	Christopher Nev	41:55.70	3/25
6		Rachel ROBERTS	#3	Salisbury	42:02.01	3/16
7		Callie PRATT	#2	Christopher Nev	42:23.66	3/25

Women's 4x100 Relay

1	96	Amaya CUMMINS, Chloe SOLUMUA, Kayla GALVEZ, Caitlin DONOVAN	#1	UC Santa Cruz	49.91	4/21
2		Lindsey STIRLING, Eleanor EUNGARD, Adrianna DESANTIS, Sydney TRUSSELL	#2	Christopher Nev	50.24	3/25
3		Karia FORVIL, Marlyse HAACK, Emma CHRISTMAN, Mia HILL	#3	Salisbury	51.58	4/22
4		Chay'La RIVERS, Fladaina BRUNO, Tray MOBRAY, Alana THOMPSON	#4	St. Mary's (Md.)	53.56	4/15
5		Kayla GALVAN, Ava TEETSEL, Siena SUJITNO, Ella AMBROGGIO	#6	Pratt Institute	56.69	4/22

Women's 4x400 Relay

1	67	Caitlin DONOVAN, Ash BAUDIN, Chloe SOLUMUA, Caroleene BLOCK	#1	UC Santa Cruz	4:06.42	3/18
2	93	Ainsley MILLER, Casey YENYO, Sydney TRUSSELL, Adrianna DESANTIS	#2	Christopher Nev	4:09.24	3/17
3		Mia HILL, Marlyse HAACK, Destinee EKANEM, Karia FORVIL	#3	Salisbury	4:11.81	3/31
4		Alana THOMPSON, Brittney DOUGLAS, Chay'La RIVERS, Dina JONES	#4	St. Mary's (Md.)	4:31.42	3/17
5		Christina SANCHO-SPORE, Emily VAZQUEZ, Sarah CAWLEY, Fernanda ALATORRE	#6	Pratt Institute	5:12.22	4/22

Women's High Jump

1		Alyssa ROACH	#2	Christopher Nev	1.55m	5-1	4/14
2		Elise KINYANJUI	#4	St. Mary's (Md.)	1.53m	5-¼	4/1
3		Hannah UNGER	#5	Mary Washingto	1.50m	4-11	4/22
4		Chloe SOLUMUA	#1	UC Santa Cruz	1.37m	4-6	4/6
5		Isha KASANAGOTTU	#1	UC Santa Cruz	1.33m	4-4¼	4/14
6		Lauren KNAPP	#3	Salisbury	1.30m	4-3¼	4/22

Women's Pole Vault

1		Ainsley MILLER	#2	Christopher Nev	3.05m	10-0	3/25
2		Lauren KNAPP	#3	Salisbury	2.95m	9-8	3/31
3		Avery MANGELS	#2	Christopher Nev	2.90m	9-6¼	3/25
4		Maddie PHILLIPS	#5	Mary Washingto	2.75m	9-¼	4/1
5		Mackenzie TATE	#2	Christopher Nev	2.60m	8-6¼	3/25
6		Sophia REDMOND	#5	Mary Washingto	2.45m	8-½	4/1
7		Hana BUSSELL	#5	Mary Washingto	2.44m	8-0	4/22

Women's Long Jump

1	47	Alyssa ROACH	#2	Christopher Nev	5.47m	17-11½ (0.0)	4/14
2	68	Mia HILL	#3	Salisbury	5.38mw	17-8 (3.2)	4/22
3	73	Haileigh BYRD	#5	Mary Washingto	5.36m	17-7 (0.0)	4/14
4		Marlyse HAACK	#3	Salisbury	5.01m	16-5¼ (-1.0)	4/15
5		Siena SUJITNO	#6	Pratt Institute	4.85m	15-11 (1.1)	4/2
6		Alexandra GUZMAN	#2	Christopher Nev	4.81m	15-9½ (0.0)	4/14
7		Chloe SOLUMUA	#1	UC Santa Cruz	4.60m	15-1¼ (2.0)	4/6
8		Alana THOMPSON	#4	St. Mary's (Md.)	4.58m	15-½ (0.7)	4/1
9		Emma CHRISTMAN	#3	Salisbury	4.41mw	14-5¾ (3.9)	4/22
10		Bella SARAO	#1	UC Santa Cruz	4.39m	14-5 (0.2)	4/21



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C2C

Women's Triple Jump

1	92	Alexandra GUZMAN	#2	Christopher Nev	10.94m	35-10¾ (-0)	4/14
2		Marlyse HAACK	#3	Salisbury	10.49m	34-5 (0.0)	4/15
3		Haileigh BYRD	#5	Mary Washingto	10.17m	33-4½ (1.0)	3/25
4		Alex KAPLAN	#1	UC Santa Cruz	10.01m	32-10¼ (1.	4/7
5		Emma CHRISTMAN	#3	Salisbury	9.75mw	32-0 (3.3)	4/22
6		Ria SAINI	#1	UC Santa Cruz	9.63m	31-7½ (1.0	4/21
7		Chay'La RIVERS	#4	St. Mary's (Md.)	9.60m	31-6 (-0.3)	4/15
8		Bella SARAO	#1	UC Santa Cruz	9.51m	31-2½ (0.7	4/14

Women's Shot Put

1		Katherine STEVENS	#2	Christopher Nev	11.96m	39-3	4/22
2		Whitney PORTER	#1	UC Santa Cruz	10.42m	34-2¼	4/21
3		Annabelle DREHER	#2	Christopher Nev	9.86m	32-4¼	4/22
4		Jordyn MILES	#4	St. Mary's (Md.)	9.30m	30-6¼	4/22
5		Kailey JARBOE	#3	Salisbury	8.94m	29-4	4/15
6		Faith JONES	#5	Mary Washingto	8.62m	28-3½	3/25
7		Fladaina BRUNO	#4	St. Mary's (Md.)	8.46m	27-9¼	4/1
7		Amira WHITAKER	#4	St. Mary's (Md.)	8.46m	27-9¼	4/15
9		Alyssa ROACH	#2	Christopher Nev	8.23m	27-0	4/7
10		Morgan MARZEC	#4	St. Mary's (Md.)	8.16m	26-9¼	4/22

Women's Discus

1	56	Katherine STEVENS	#2	Christopher Nev	40.32m	132-4	4/14
2		Kailey JARBOE	#3	Salisbury	32.61m	107-0	4/22
2		Whitney PORTER	#1	UC Santa Cruz	32.61m	107-0	4/21
4		Annabelle DREHER	#2	Christopher Nev	28.63m	93-11¼	4/22
5		Faith JONES	#5	Mary Washingto	25.96m	85-2	4/22
6		Eleanor EUNGARD	#2	Christopher Nev	24.64m	80-10¼	4/22
7		Morgan MARZEC	#4	St. Mary's (Md.)	22.35m	73-4	4/22
8		Ella AMBROGGIO	#6	Pratt Institute	22.21m	72-10½	4/15
9		Fladaina BRUNO	#4	St. Mary's (Md.)	20.86m	68-5¼	4/22
10		Quentessa GAINES	#5	Mary Washingto	20.82m	68-3¾	4/14

Women's Hammer

1	69	Katherine STEVENS	#2	Christopher Nev	47.00m	154-3	4/22
2		Annabelle DREHER	#2	Christopher Nev	31.82m	104-5	4/14
3		Kailey JARBOE	#3	Salisbury	30.02m	98-6	3/4
4		Nayev PUMPHREY	#4	St. Mary's (Md.)	28.94m	94-11½	4/22
5		Faith JONES	#5	Mary Washingto	27.15m	89-1	4/1
6		Jordyn MILES	#4	St. Mary's (Md.)	27.13m	89-¼	4/15
7		Fladaina BRUNO	#4	St. Mary's (Md.)	25.04m	82-2	4/22
8		Morgan MARZEC	#4	St. Mary's (Md.)	24.61m	80-9	4/1
9		Olivia MAGALETTA	#4	St. Mary's (Md.)	22.98m	75-4¾	4/22
10		Whitney PORTER	#1	UC Santa Cruz	20.57m	67-6	4/7

Women's Javelin

1		Katherine STEVENS	#2	Christopher Nev	24.76m	81-2¾	4/7
2		Alyssa ROACH	#2	Christopher Nev	23.79m	78-¾	3/25
3		Chloe SOLUMUA	#1	UC Santa Cruz	18.66m	61-2¾	4/6
4		Kailey JARBOE	#3	Salisbury	18.49m	60-8	4/22
5		Faith JONES	#5	Mary Washingto	17.02m	55-10¼	4/1
6		Eleanor EUNGARD	#2	Christopher Nev	16.72m	54-10¼	4/22
7		Mackenzie TATE	#2	Christopher Nev	16.49m	54-1¼	3/25
8		Alana THOMPSON	#4	St. Mary's (Md.)	15.99m	52-5½	3/25
9		Haileigh BYRD	#5	Mary Washingto	15.07m	49-5½	4/1
10		Olivia MAGALETTA	#4	St. Mary's (Md.)	14.68m	48-2	4/1

Women's Heptathlon

1	20	Alyssa ROACH	#2	Christopher Nev	4,268		4/7
2	51	Chloe SOLUMUA	#1	UC Santa Cruz	3,768		4/6



Conference TFRI Event Summary

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CCC

Women's 100 Meters

1	Amanda WALDEN	#3	Suffolk	12.47	(1.2)	3/30
2	Amaris GOODWIN	#5	Gordon (Mass.)	12.48	(1.0)	4/14
3	Bianca DELMAESTRO	#1	Endicott	12.63	(1.1)	4/22
4	Lauren WOOD	#3	Suffolk	12.78w	(2.2)	4/22
5	Madison CLARK	#8	Nichols	12.84w	(2.1)	4/15
6	Jordan WILLIAMS	#1	Endicott	13.02w	(2.2)	4/22
7	Alyssa RODRIGUEZ	#3	Suffolk	13.18w	(2.2)	4/22
8	Alicia LOPEZ	#6	Salve Regina	13.19w	(2.3)	4/15
9	Emily BUCHTER	#2	Univ. of New En	13.35	(1.0)	4/14
10	Emily CONCEPCION	#3	Suffolk	13.36	(0.5)	4/8

Women's 100 Meter Hurdles

1	36 Bianca DELMAESTRO	#1	Endicott	14.74w	(2.1)	4/22
2	Laci SANTOS	#7	Wentworth (Mas	15.82	(1.8)	4/14
3	Nicole DANDELO	#1	Endicott	16.47w	(2.9)	4/22
4	Kinneal DICKENS	#1	Endicott	16.50w	(2.9)	4/22
5	Meghan PURCELL	#4	Roger Williams	16.72w	(2.9)	4/22
6	Julia LEAVEY	#3	Suffolk	16.93	(0.0)	4/1
7	Kara QUINLAN	#1	Endicott	17.18	(0.6)	4/6
8	Isabelle SLOCUM	#3	Suffolk	17.37	(1.7)	4/22
9	Catherine MADDEN	#3	Suffolk	17.59w	(2.9)	4/22
10	Sarah AYLWIN	#1	Endicott	17.62	(-1.7)	4/14

Women's 200 Meters

1	Amanda WALDEN	#3	Suffolk	26.07	(1.3)	3/30
2	Amaris GOODWIN	#5	Gordon (Mass.)	26.17	(1.2)	4/14
3	Bianca DELMAESTRO	#1	Endicott	26.74	(1.8)	4/22
4	Emily CONCEPCION	#3	Suffolk	26.84	(1.3)	3/30
5	Alyssa RODRIGUEZ	#3	Suffolk	27.06	(1.8)	4/22
6	Jordan WILLIAMS	#1	Endicott	27.31	(-2.3)	4/14
7	Emily BUCHTER	#2	Univ. of New En	27.69	(-1.5)	4/22
8	Kaylie GROOM	#3	Suffolk	27.91w	(2.2)	4/22
9	Sydni LEHR	#2	Univ. of New En	27.98	(0.7)	4/14
10	Kimberly LAJOIE	#4	Roger Williams	28.00	(1.2)	4/14

Women's 400 Meters

1	Amaris GOODWIN	#5	Gordon (Mass.)	1:00.05		4/8
2	Emily CONCEPCION	#3	Suffolk	1:00.54		3/25
3	Amy PATTELENA	#3	Suffolk	1:02.98		3/25
4	Riley RISCHITELLI	#1	Endicott	1:03.41		4/22
5	Kimberly LAJOIE	#4	Roger Williams	1:03.52		4/14
6	Alyssa RODRIGUEZ	#3	Suffolk	1:03.68		4/8
7	Hannah RISK	#1	Endicott	1:03.73		4/6
8	Colleen MCLAUGHLIN	#1	Endicott	1:03.83		4/6
9	Kaylie GROOM	#3	Suffolk	1:03.92		4/22
10	Colleen SULLIVAN	#7	Wentworth (Mas	1:04.29		4/8

Women's 400 Meter Hurdles

1	Meghan PURCELL	#4	Roger Williams	1:07.91		4/22
2	Izabella HAAGENSEN	#2	Univ. of New En	1:10.97		4/8
3	Nicole WOO	#1	Endicott	1:13.60		4/8
4	Sophia KING	#2	Univ. of New En	1:13.70		4/22
5	Riley RISCHITELLI	#1	Endicott	1:14.09		4/8
6	Tabitha KLAUS	#4	Roger Williams	1:15.69		4/22
7	Eden BAILEY	#5	Gordon (Mass.)	1:19.09		4/8

Women's 800 Meters

1	Amy PATTELENA	#3	Suffolk	2:20.44		4/14
2	Hannah SHEPARD	#1	Endicott	2:24.15		4/8
3	Jocelyn TRISCIAC	#3	Suffolk	2:25.83		3/30
4	Sydney FOGG	#3	Suffolk	2:26.56		4/1
5	Brie AM ENDE	#1	Endicott	2:28.85		4/22
6	Colleen SULLIVAN	#7	Wentworth (Mas	2:30.75		4/14
7	Jessica MARTIN	#2	Univ. of New En	2:31.08		4/22
8	Avery BRACCIA	#6	Salve Regina	2:31.63		4/15
9	Caitlin BOUFFORD	#4	Roger Williams	2:33.92		4/22
10	Sarah NEWMAN	#4	Roger Williams	2:34.08		4/22

Women's 1500 Meters

1	Amy PATTELENA	#3	Suffolk	4:51.84		4/14
2	Rachel BRENNAN	#5	Gordon (Mass.)	4:52.90		4/8
3	Sydney FOGG	#3	Suffolk	4:55.77		4/14
4	Nina PARZIALE	#2	Univ. of New En	4:59.58		3/26
5	Sarah NEWMAN	#4	Roger Williams	4:59.72		4/22
6	Caitlin BOUFFORD	#4	Roger Williams	5:03.88		4/22
7	Hannah SHEPARD	#1	Endicott	5:06.80		4/1
8	Katelynn BRUNT	#3	Suffolk	5:07.38		4/22
9	Megan FECTEAU	#2	Univ. of New En	5:09.84		4/22
10	Katie FLAHERTY	#4	Roger Williams	5:10.97		4/22

Women's Steeplechase

1	Sarah NEWMAN	#4	Roger Williams	11:59.17		4/14
2	Katie FLAHERTY	#4	Roger Williams	12:07.83		4/14
3	Caitlin BOUFFORD	#4	Roger Williams	12:09.77		4/14
4	Megan FECTEAU	#2	Univ. of New En	12:49.13		4/14
5	Makayla VIGNUEAX	#1	Endicott	13:37.24		4/22
6	Cate HERNDON	#1	Endicott	13:55.98		4/22

Women's 5000 Meters

1	Ellie DAVIS	#3	Suffolk	18:00.39		3/30
2	Nina PARZIALE	#2	Univ. of New En	18:04.32		4/1
3	Rachel BRENNAN	#5	Gordon (Mass.)	18:07.07		4/1
4	Carolyn DAY	#5	Gordon (Mass.)	18:40.26		4/14
5	Haley SLATTERY	#2	Univ. of New En	19:06.32		4/22
6	Kelsee GLADU	#2	Univ. of New En	19:18.25		4/1
7	Caitlin BOUFFORD	#4	Roger Williams	19:26.72		3/25
8	Katie FLAHERTY	#4	Roger Williams	19:44.73		3/25
9	Sarah ROBERTS	#3	Suffolk	19:46.80		4/8
10	Julia ADRIAN	#1	Endicott	20:03.64		4/14



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Women's 10,000 Meters

1	37 Rachel BRENNAN	#5 Gordon (Mass.)	36:53.40	4/14
2	45 Nina PARZIALE	#2 Univ. of New En	37:05.20	4/14
3	Kelsee GLADU	#2 Univ. of New En	39:10.43	4/14
4	Carolyn DAY	#5 Gordon (Mass.)	40:07.58	4/1
5	Brittany MARTIN	#4 Roger Williams	42:02.58	4/14
6	Amanda NAYLOR	#4 Roger Williams	42:31.96	4/14
7	Emma JOHNSON	#1 Endicott	43:52.31	4/1
8	Annabel SMITH	#5 Gordon (Mass.)	44:12.33	4/1

Women's 4x100 Relay

1	Lauren WOOD, Alyssa RODRIGUEZ, Emily CONCEPCION, Amanda WALDEN	#3 Suffolk	50.22	4/22
2	Jordan WILLIAMS, Nicole WOO, Riley RISCHITELLI, Bianca DELMAESTRO	#1 Endicott	50.78	4/22
3	Emily BUCHTER, Izabella HAAGENSEN, Sydni LEHR, Ceirra MERRITT	#2 Univ. of New En	53.20	4/14
4	Rajchel SMARDON, Emma NOEL, Jenna CONDON, Madison CLARK	#8 Nichols	54.49	4/21
5	Marisela ACKERMAN, Grace GILMORE, Meena GOSWAMI, Sarah HAUPTMAN	#6 Salve Regina	54.64	4/22
6	Dionne ANG, Colleen SULLIVAN, Laci SANTOS, Erin MACLEAN	#7 Wentworth (Mas	55.90	4/22

Women's 4x400 Relay

1	Hannah RISKU, Riley RISCHITELLI, Brie AM ENDE, Hannah SHEPARD	#1 Endicott	4:16.81	4/8
2	Kimberly LAJOIE, Tabitha KLAUS, Meghan PURCELL, Sarah NEWMAN	#4 Roger Williams	4:23.30	4/22
3	Emily BUCHTER, Izabella HAAGENSEN, Sophia KING, Sydni LEHR	#2 Univ. of New En	4:30.32	4/1
4	Dionne ANG, Eleni CHRISTOPOULOS, Erin MACLEAN, Colleen SULLIVAN	#7 Wentworth (Mas	4:41.38	4/14
5	Marisela ACKERMAN, Sarah HAUPTMAN, Mary SCALZULLI, Avery BRACCIA	#6 Salve Regina	4:42.56	4/15

Women's High Jump

1	77 Anna EVANS	#2 Univ. of New En	1.57m	5-1¾	4/1
2	Brie AM ENDE	#1 Endicott	1.52m	4-11¾	4/1
3	Katie RITZER	#1 Endicott	1.50m	4-11	4/6
3	Nicole DIBENEDETTO	#3 Suffolk	1.50m	4-11	3/25
5	Alexa FLEWELLING	#1 Endicott	1.48m	4-10¼	4/22
6	Julia LEAVEY	#3 Suffolk	1.45m	4-9	4/8
7	Eden BAILEY	#5 Gordon (Mass.)	1.43m	4-8¾	4/8
8	Nicole DANGELO	#1 Endicott	1.42m	4-7¾	4/14
9	Bryanna RAWNSLEY	#6 Salve Regina	1.36m	4-5½	4/8
10	Laci SANTOS	#7 Wentworth (Mas	1.33m	4-4¼	4/14

Women's Pole Vault

1	Molly HENNEGAN	#3 Suffolk	2.80m	9-2¼	4/22
1	Nicole DANGELO	#1 Endicott	2.80m	9-2¼	4/22
1	Kara SICKLE	#3 Suffolk	2.80m	9-2¼	4/22
4	Sarah AYLWIN	#1 Endicott	2.65m	8-8¾	4/8
4	Eleni CHRISTOPOULOS	#7 Wentworth (Mas	2.65m	8-8¾	4/14
4	Logan BAXTER	#1 Endicott	2.65m	8-8¾	4/22
7	Sarah FORRISTER	#3 Suffolk	2.55m	8-4¼	4/1
8	Kinneal DICKENS	#1 Endicott	2.50m	8-2½	4/14
9	Sophia ECHEVARRIA	#3 Suffolk	2.45m	8-½	4/8
10	Olivia MCHUGH	#6 Salve Regina	2.25m	7-4½	4/8

Women's Long Jump

1	Sydni LEHR	#2 Univ. of New En	4.80m	15-9 (0.7)	4/14
2	Sarah AYLWIN	#1 Endicott	4.77m	15-7¾ (-0.)	4/1
2	Kinneal DICKENS	#1 Endicott	4.77m	15-7¾ (-1.)	4/14
4	Izabella HAAGENSEN	#2 Univ. of New En	4.70mw	15-5 (3.6)	3/26
5	Eden MORRIS	#2 Univ. of New En	4.64m	15-2¾ (1.1)	4/22
6	Lara KESTER	#4 Roger Williams	4.50mw	14-9¼ (2.5)	4/8
7	Rajchel SMARDON	#8 Nichols	4.45m	14-7¼ (-0.)	4/15
7	Sarah FORRISTER	#3 Suffolk	4.45m	14-7¼ (0.0)	4/1
7	Marisela ACKERMAN	#6 Salve Regina	4.45m	14-7¼ (1.4)	4/22
10	Laci SANTOS	#7 Wentworth (Mas	4.44m	14-6¾ (0.0)	4/8

Women's Triple Jump

1	Sydni LEHR	#2 Univ. of New En	10.33mw	33-10¾ (3.)	3/26
2	Izabella HAAGENSEN	#2 Univ. of New En	10.11m	33-2 (0.0)	4/8
3	Logan BAXTER	#1 Endicott	10.08mw	33-1 (2.3)	4/22
4	Grace GILMORE	#6 Salve Regina	10.00m	32-9¾ (0.3)	4/15
5	Eden MORRIS	#2 Univ. of New En	9.68m	31-9¼ (0.0)	4/8
6	Kinneal DICKENS	#1 Endicott	9.67mw	31-8¾ (2.1)	4/22
7	Anna EVANS	#2 Univ. of New En	9.55m	31-4 (1.2)	4/14
8	Nicole DIBENEDETTO	#3 Suffolk	9.35m	30-8¼ (1.8)	4/8
9	Marisela ACKERMAN	#6 Salve Regina	9.15m	30-¼ (0.7)	4/22
10	Tyra KUTSAFTIS	#4 Roger Williams	8.79mw	28-10¼ (2.)	4/22



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Women's Shot Put

1	61	Tiana FOX	#5	Gordon (Mass.)	12.48m	40-11½	4/22
2	74	Nicole DANGELO	#1	Endicott	12.34m	40-6	4/14
3		Cheyenne CAHILL	#2	Univ. of New Eng	11.83m	38-9¾	4/14
4		Kelsey CHIASSON	#6	Salve Regina	10.17m	33-4½	4/15
5		Gabby ANDERSON	#3	Suffolk	10.08m	33-1	4/22
6		Sienna MATREGRANO	#2	Univ. of New Eng	10.04m	32-11¼	4/14
7		Gates MACPHERSON	#1	Endicott	9.77m	32-¾	4/14
8		Samantha BRODY	#4	Roger Williams	9.60m	31-6	4/8
9		Hannah DUZY	#4	Roger Williams	9.40m	30-10¼	4/1
10		Olivia CHASE	#2	Univ. of New Eng	9.36m	30-8½	4/22

Women's Discus

1		Gates MACPHERSON	#1	Endicott	36.36m	119-4	4/1
2		Brooke DUTTON	#4	Roger Williams	34.46m	113-1	4/14
3		Sarah LAVITA	#2	Univ. of New Eng	34.45m	113-0	4/14
4		Kassidy PLUMMER	#2	Univ. of New Eng	33.57m	110-2	4/22
5		Olivia CHASE	#2	Univ. of New Eng	33.37m	109-6	4/22
6		Nicole DANGELO	#1	Endicott	33.34m	109-5	4/14
7		Grace SHIPPEE	#2	Univ. of New Eng	31.18m	102-4	4/22
8		Sienna MATREGRANO	#2	Univ. of New Eng	30.82m	101-2	4/8
9		Megan BURNS	#2	Univ. of New Eng	30.43m	99-10	4/8
10		Taylor MOYNIHAN	#1	Endicott	30.23m	99-2¼	4/6

Women's Hammer

1		Brooke DUTTON	#4	Roger Williams	39.21m	128-8	4/14
2		Olivia CHASE	#2	Univ. of New Eng	38.59m	126-7	4/14
3		Hannah LIMANEK	#4	Roger Williams	34.95m	114-8	4/14
4		Kassidy PLUMMER	#2	Univ. of New Eng	31.59m	103-8	4/14
5		Gracie O'CONNELL	#3	Suffolk	31.45m	103-2	4/22
6		Megan BURNS	#2	Univ. of New Eng	31.15m	102-3	4/22
7		Cheyenne CAHILL	#2	Univ. of New Eng	30.13m	98-10¼	4/14
8		Emma MINI	#2	Univ. of New Eng	29.34m	96-3¼	4/22
9		Madison AHERN	#5	Gordon (Mass.)	28.86m	94-8¼	4/8
10		Sarah LAVITA	#2	Univ. of New Eng	26.27m	86-2¼	4/22

Women's Javelin

1	50	Sarah LAVITA	#2	Univ. of New Eng	37.42m	122-9	4/22
2		Courtney COLLIBEE	#6	Salve Regina	34.74m	114-0	4/1
3		Samantha BRODY	#4	Roger Williams	31.96m	104-10	4/1
4		Victoria BIRD	#6	Salve Regina	30.52m	100-2	4/15
5		Olivia NICHOLSON	#3	Suffolk	30.28m	99-4¼	3/25
6		Nicole DANGELO	#1	Endicott	29.00m	95-1¾	4/14
7		Sienna MATREGRANO	#2	Univ. of New Eng	28.84m	94-7½	3/26
8		Alyssa DEMITRI	#1	Endicott	27.14m	89-½	4/6
9		Colleen SULLIVAN	#7	Wentworth (Mas	27.02m	88-7¾	4/22
10		Hannah DUZY	#4	Roger Williams	26.87m	88-2	4/1

Women's Heptathlon

1	56	Nicole DANGELO	#1	Endicott	3,601	4/14
2	65	Laci SANTOS	#7	Wentworth (Mas	3,449	4/14
3	99	Brie AM ENDE	#1	Endicott	2,873	4/14
4		Tabitha KLAUS	#4	Roger Williams	2,750	4/14



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CCIW

Women's 100 Meters

1	12	Lindsey NOVAK	#1	North Central (IL)	12.01w	(2.2)	4/21
2	24	Ava DAVID	#3	Elmhurst	12.08	(0.9)	4/12
2	24	Mercedes JACKSON	#1	North Central (IL)	12.08w	(2.8)	4/14
4	30	Huda HUSSAINI	#3	Elmhurst	12.11	(0.9)	4/12
5	48	Lauren MARSHALL	#3	Elmhurst	12.23	(1.7)	4/12
6	81	McKenzie RESER	#7	Augustana (Ill.)	12.38w	(2.7)	4/21
7		Denise PARTEE	#1	North Central (IL)	12.45	(1.0)	4/12
8		Maria LAMBERT	#4	Millikin	12.48w	(2.2)	4/21
9		Itzel GARCIA	#4	Millikin	12.49	(1.4)	3/25
10		Faith LADIN	#1	North Central (IL)	12.53w	(3.7)	4/21

Women's 100 Meter Hurdles

1	9	Julia BABINEC	#1	North Central (IL)	14.15	(1.8)	4/7
2	10	Denise PARTEE	#1	North Central (IL)	14.20w	(3.4)	4/21
3	12	Nakala NADEAU	#3	Elmhurst	14.22	(0.6)	4/12
4	57	Mary QUINN	#8	Carroll (Wis.)	15.00w	(2.2)	4/7
5	61	Amy KEANE	#6	Wheaton (Ill.)	15.07w	(3.3)	4/22
6		Marissa HAGLAR	#5	Illinois Wesleyan	15.63	(2.0)	4/8
7		Abi GUM	#6	Wheaton (Ill.)	15.68w	(3.3)	4/22
8		Madison MORROW	#7	Augustana (Ill.)	16.28w	(2.2)	4/7
9		Faith LADIN	#1	North Central (IL)	16.36w	(2.7)	4/2
10		Hannah JONES	#1	North Central (IL)	16.45	(1.5)	4/21

Women's 200 Meters

1	11	Ava DAVID	#3	Elmhurst	24.57w	(3.3)	4/13
2	17	Lindsey NOVAK	#1	North Central (IL)	24.79w	(2.1)	4/21
3	64	Maria LAMBERT	#4	Millikin	25.40w	(3.4)	4/15
4	80	Huda HUSSAINI	#3	Elmhurst	25.54w	(2.5)	4/7
5	98	Itzel GARCIA	#4	Millikin	25.68	(1.4)	4/21
6		Denise PARTEE	#1	North Central (IL)	25.86	(1.4)	4/21
7		McKenzie RESER	#7	Augustana (Ill.)	25.87	(0.1)	4/14
8		Abi GUM	#6	Wheaton (Ill.)	26.00	(1.7)	4/22
9		Jordynn GRIFFIN	#5	Illinois Wesleyan	26.12w	(3.5)	4/14
10		Faith LADIN	#1	North Central (IL)	26.13	(1.3)	4/21

Women's 400 Meters

1	13	Lindsey NOVAK	#1	North Central (IL)	56.71		4/14
2	17	Ava DAVID	#3	Elmhurst	57.05		4/13
3		Naomi JONES	#3	Elmhurst	59.32		4/7
4		Ari LEFAIVRE	#4	Millikin	59.85		4/15
5		Jules GRUNLOH	#5	Illinois Wesleyan	1:00.37		4/14
6		Alyssa RUIZ	#4	Millikin	1:00.43		4/15
7		Itzel GARCIA	#4	Millikin	1:00.46		4/15
8		Cali MINKIE	#1	North Central (IL)	1:00.51		4/7
9		Jordynn GRIFFIN	#5	Illinois Wesleyan	1:00.68		4/21
10		Crystelle VANWINGERDEN	#6	Wheaton (Ill.)	1:00.69		4/14

Women's 400 Meter Hurdles

1		Julia BABINEC	#1	North Central (IL)	1:07.83		4/7
2		Hannah JONES	#1	North Central (IL)	1:09.47		4/14
3		Tori WITZIG	#5	Illinois Wesleyan	1:09.85		4/14
4		Gianna KONIECZNY	#3	Elmhurst	1:10.87		4/14
5		Julie HEINRICH	#2	Carthage	1:11.63		4/22
6		Marissa HAGLAR	#5	Illinois Wesleyan	1:11.67		4/8
7		Holly BROWN	#6	Wheaton (Ill.)	1:12.35		4/14
8		Lauren OELKE	#7	Augustana (Ill.)	1:13.14		4/21
9		Audrey EADES	#4	Millikin	1:13.49		4/15
10		Madison MORROW	#7	Augustana (Ill.)	1:13.55		4/21

Women's 800 Meters

1	46	Alyssa RUIZ	#4	Millikin	2:15.97		4/7
2		Lina MAATOUK	#7	Augustana (Ill.)	2:20.28		4/21
3		Venezia MUNOZ	#3	Elmhurst	2:21.97		4/14
4		Katie RISNER	#4	Millikin	2:22.23		3/25
5		Chloe VETH	#6	Wheaton (Ill.)	2:25.37		4/7
6		Krista KOKE	#4	Millikin	2:25.78		4/7
7		Callin NADDY	#1	North Central (IL)	2:26.60		4/7
8		Faith BRINDLEY	#4	Millikin	2:26.65		3/25
9		Rebekah BUBOLTZ	#8	Carroll (Wis.)	2:27.42		4/22
10		Kara LOTZ	#7	Augustana (Ill.)	2:28.10		4/7

Women's 1500 Meters

1	24	Alyssa RAFUSE	#3	Elmhurst	4:36.20		4/13
2	36	Alyssa RUIZ	#4	Millikin	4:37.32		4/1
3		Susannah BENNETT	#6	Wheaton (Ill.)	4:50.53		4/14
4		Adriana CRABTREE	#5	Illinois Wesleyan	4:52.86		4/14
5		Annalese CHUDY	#5	Illinois Wesleyan	4:52.96		4/14
6		Hope CLARK	#6	Wheaton (Ill.)	4:55.70		4/14
7		Katelyn SMITH	#2	Carthage	4:57.55		4/7
8		Anna BOARDMAN	#7	Augustana (Ill.)	4:58.02		4/7
9		Kylie SMITH	#2	Carthage	4:58.41		4/7
10		Emma MALLORY	#4	Millikin	4:58.84		4/15

Women's Steeplechase

1	56	Bethany SMEAD	#1	North Central (IL)	11:31.49		4/14
2	70	Esther BROWN	#3	Elmhurst	11:37.30		4/14
3	86	Adriana CRABTREE	#5	Illinois Wesleyan	11:43.21		4/21
4	96	Quincy COLLINGS	#4	Millikin	11:48.29		4/15
5		Destiny ROGERS	#6	Wheaton (Ill.)	11:54.66		4/7
6		Natalie CONRAD	#6	Wheaton (Ill.)	12:00.29		4/22
7		Emma ODLE	#7	Augustana (Ill.)	12:06.10		4/14
8		Lily LEBE	#6	Wheaton (Ill.)	12:11.97		4/7
9		Hailey O'MALLEY	#4	Millikin	12:24.38		4/15
10		Brooke NAZOS	#5	Illinois Wesleyan	12:32.72		4/21



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CCIW

Women's 5000 Meters

1	59	Susannah BENNETT	#6 Wheaton (Ill.)	17:32.91	4/7
2		Annalese CHUDY	#5 Illinois Wesleyan	17:50.13	4/8
3		Katelyn SMITH	#2 Carthage	17:51.56	4/22
4		Hope CLARK	#6 Wheaton (Ill.)	18:08.97	4/7
5		Patrycja MIAZEK	#9 North Park	18:16.51	4/7
6		Kylie SMITH	#2 Carthage	18:22.95	4/2
7		Louisa BRORSON	#6 Wheaton (Ill.)	18:40.87	4/7
8		Anna BOARDMAN	#7 Augustana (Ill.)	18:45.44	4/1
9		Quincy COLLINGS	#4 Millikin	18:47.98	4/7
10		Elizabeth HULICK	#4 Millikin	18:49.15	4/7

Women's 10,000 Meters

1	13	Susannah BENNETT	#6 Wheaton (Ill.)	35:50.93	4/21
2	51	Annalese CHUDY	#5 Illinois Wesleyan	37:26.83	4/21
3	75	Katelyn SMITH	#2 Carthage	38:07.50	4/2
4	86	Patrycja MIAZEK	#9 North Park	38:26.89	4/14
5		Shannon MURPHY	#5 Illinois Wesleyan	39:36.95	4/21
6		Julia BENES	#1 North Central (Il)	39:40.49	4/7

Women's 4x100 Relay

1	6	Mercedes JACKSON, Julia BABINEC, Lindsey NOVAK, Denise PARTEE	#1 North Central (Il)	47.08	4/14
2	8	Lauren MARSHALL, Ava DAVID, Hannah SCHWARZ, Huda HUSSAINI	#3 Elmhurst	47.31	4/7
3	58	Avery SMITH, Davion LEMON, Tori BURKE, Jordynn GRIFFIN	#5 Illinois Wesleyan	49.16	4/8
4	86	Amy KEANE, Crystelle VANWINGERDEN, Rylee SIGLER, Abi GUM	#6 Wheaton (Ill.)	49.74	4/22
5	93	Anna KEGEL, Teresa TOPOLSKI, Christina HALL, Sarah KERFIN	#2 Carthage	49.87	4/14
6		Maria LAMBERT, Itzel GARCIA, Katie JANVRIN, Gournie FERRELL	#4 Millikin	50.23	4/21
7		Ameerah BROWN, Thea RING, Aaliyah PARKER-FOX, Riana HAYES	#9 North Park	50.38	4/14
8		Jordyn VANSANTEN, Madison MORROW, Sara CLAPP, McKenzie RESER	#7 Augustana (Ill.)	51.93	4/14
9		Jessica MUELLER, Katilyn GREGORY, Sydney HALVERSEN, Taylor OLUND	#8 Carroll (Wis.)	52.94	4/15

Women's 4x400 Relay

1	33	Naomi JONES, Ava DAVID, Venezia MUNOZ, Alyssa RAFUSE	#3 Elmhurst	4:01.46	4/7
2	47	Jules GRUNLOH, Isabella GONZALEZ, Davion LEMON, Jordynn GRIFFIN	#5 Illinois Wesleyan	4:03.72	4/14
3	59	Itzel GARCIA, Alyssa RUIZ, Ari LEFAIVRE, Katie RISNER	#4 Millikin	4:05.27	4/7
4	81	Abi GUM, Crystelle VANWINGERDEN, Sadie RICHART, Chloe VETH	#6 Wheaton (Ill.)	4:07.73	4/14
5		Sarah KERFIN, Julie HEINRICH, Anna KEGEL, Grace NISIUS	#2 Carthage	4:17.02	4/14
6		Lina MAATOUK, Alexa PERROW, Jordyn VANSANTEN, Heather MICHALSKI	#7 Augustana (Ill.)	4:17.71	4/21
7		Chiri WATANABE, Victoria WATSON, Natalie DRESANG, Rebekah BUBOLTZ	#8 Carroll (Wis.)	4:25.01	4/22
8		Annie BRANDT, Julia BABINEC, Katie WAGNER, Macy FLEURY	#1 North Central (Il)	4:28.65	4/2

Women's High Jump

1	32	Gabriela LOIZ	#7 Augustana (Ill.)	1.62m	5-3¾	4/5
2		Esther MILLER	#9 North Park	1.55m	5-1	4/13
2		Rhiannon MARSHALL	#7 Augustana (Ill.)	1.55m	5-1	4/14
4		Teagan JOHNSTON	#2 Carthage	1.52m	4-11¾	4/22
5		Julia KLEIN	#9 North Park	1.50m	4-11	4/14
5		Sydney HALVERSEN	#8 Carroll (Wis.)	1.50m	4-11	4/22
5		Mary QUINN	#8 Carroll (Wis.)	1.50m	4-11	4/7
5		Vashayla BRADLEY	#3 Elmhurst	1.50m	4-11	4/14
9		Anna COTTER	#1 North Central (Il)	1.48m	4-10¼	4/2
10		Faith LADIN	#1 North Central (Il)	1.46m	4-9½	4/7

Women's Pole Vault

1	21	Gwen BERENYI	#1 North Central (Il)	3.65m	11-11¾	4/14
2	39	Jessica MUELLER	#8 Carroll (Wis.)	3.52m	11-6½	4/22
3	41	Abigail CALHOUN	#2 Carthage	3.50m	11-5¾	4/2
4	64	Ariana RIVERA	#1 North Central (Il)	3.40m	11-1¾	4/2
4	64	Natalie JOHNSON	#1 North Central (Il)	3.40m	11-1¾	4/2
6		Kelsey BECKER	#3 Elmhurst	3.20m	10-6	4/22
7		Alexis MAZZENGA	#1 North Central (Il)	3.13m	10-3¾	4/21
8		Kate WEBER	#3 Elmhurst	3.05m	10-0	4/14
9		Hailey NEWILL	#4 Millikin	3.03m	9-11¼	4/15
10		Haylee YELLE	#4 Millikin	2.88m	9-5¼	4/15



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Women's Long Jump

1	45	Christina HALL	#2	Carthage	5.48mw	17-11¾ (3.1)	4/2
2	80	Anna KEGEL	#2	Carthage	5.33m	17-6 (1.2)	4/7
3	96	Lauren WONG	#5	Illinois Wesleyan	5.26mw	17-3¼ (3.1)	4/21
4		Abigail CALHOUN	#2	Carthage	5.23m	17-2 (0.5)	4/22
5		Lauren MARSHALL	#3	Elmhurst	5.11mw	16-9¼ (3.6)	4/21
6		Amy KEANE	#6	Wheaton (Ill.)	5.10m	16-8¾ (1.4)	4/14
6		Itzel GARCIA	#4	Millikin	5.10m	16-8¾ (-2)	4/7
8		Katie JANVRIN	#4	Millikin	5.06m	16-7¼ (1.7)	4/15
9		Mckinlee MILLER	#5	Illinois Wesleyan	5.05mw	16-7 (3.9)	4/21
10		Erin MATTHIAS	#3	Elmhurst	5.04m	16-6½ (0.9)	4/14

Women's Triple Jump

1	26	Lauren WONG	#5	Illinois Wesleyan	11.56mw	37-11¼ (2.1)	4/21
2	51	Abigail CALHOUN	#2	Carthage	11.20m	36-9 (0.1)	4/14
3		Vanessa CARR	#3	Elmhurst	10.79m	35-4¾ (0.7)	4/13
4		Erin MATTHIAS	#3	Elmhurst	10.59mw	34-9 (2.7)	4/21
5		Francesca SMITH	#5	Illinois Wesleyan	10.54mw	34-7 (3.1)	4/8
6		Taylor PRICE	#1	North Central (Il)	10.48m	34-4¾ (0.0)	4/7
7		Mckinlee MILLER	#5	Illinois Wesleyan	10.43m	34-2¾ (0.9)	4/14
8		Katie JANVRIN	#4	Millikin	10.42mw	34-2¼ (2.5)	3/25
9		Zainab MAIYAKI	#1	North Central (Il)	10.33mw	33-10¾ (2)	4/14
10		Hannah SAGO	#4	Millikin	10.17m	33-4½ (0.0)	4/15

Women's Shot Put

1	9	Aubrey SCHOENEMAN	#2	Carthage	14.00m	45-11¼	4/14
2	10	Vanessa UITENBROEK	#8	Carroll (Wis.)	13.87m	45-6¼	4/15
3	17	Maria FALK	#8	Carroll (Wis.)	13.54m	44-5¼	4/15
4	46	Mikayla WRIGHT	#2	Carthage	12.74m	41-9¾	4/22
5	52	Jackie TUZIL	#2	Carthage	12.63m	41-5¼	4/22
6	76	Alyssa GULSVIG	#2	Carthage	12.32m	40-5	4/2
7	90	Madison PAYNE	#2	Carthage	12.19m	40-0	4/14
7	90	Kaitlyn BRUCCI	#8	Carroll (Wis.)	12.19m	40-0	4/22
9	98	Olivia CAREL	#2	Carthage	12.13m	39-9¾	4/7
10		Alexis MATTOX	#2	Carthage	12.02m	39-5¼	4/22

Women's Discus

1	4	Vanessa UITENBROEK	#8	Carroll (Wis.)	46.77m	153-6	4/22
2	7	Charlotte FRERE	#7	Augustana (Ill.)	44.99m	147-7	4/21
3	10	Aubrey SCHOENEMAN	#2	Carthage	44.67m	146-7	4/14
4	29	Cate GUDAITIS	#8	Carroll (Wis.)	42.18m	138-5	4/7
5	48	Amanda MELTON	#1	North Central (Il)	40.73m	133-8	4/2
6	60	Nicole TARPLEY	#2	Carthage	40.20m	131-11	4/22
7	69	Alexandra DRAVES	#1	North Central (Il)	39.82m	130-8	4/12
8	73	Jackie TUZIL	#2	Carthage	39.66m	130-2	4/14
9	77	Alyssa GULSVIG	#2	Carthage	39.53m	129-8	4/22
10		Heather MICHALSKI	#7	Augustana (Ill.)	37.56m	123-3	4/14

Women's Hammer

1	8	Alexandra DRAVES	#1	North Central (Il)	54.16m	177-8	4/2
2	16	Alexis MATTOX	#2	Carthage	51.72m	169-8	4/14
3	17	Vanessa UITENBROEK	#8	Carroll (Wis.)	51.49m	168-11	4/22
4	22	Adriyanna PATTERSON	#4	Millikin	50.51m	165-9	4/15
5	55	Nicole TARPLEY	#2	Carthage	47.77m	156-9	4/2
6	88	Dora DILL	#2	Carthage	46.14m	151-5	4/7
7	93	Maria BUGGE	#9	North Park	45.81m	150-4	4/7
8		Katie ABELL	#4	Millikin	44.50m	146-0	4/15
9		Maria FALK	#8	Carroll (Wis.)	44.37m	145-7	4/15
10		Jessie CLEVENGER	#2	Carthage	44.11m	144-9	4/14

Women's Javelin

1	16	Heather MICHALSKI	#7	Augustana (Ill.)	40.34m	132-4	4/7
2	22	Faith LADIN	#1	North Central (Il)	39.68m	130-2	4/7
3	37	Hannah JONES	#1	North Central (Il)	37.93m	124-6	4/7
4		Abi GUM	#6	Wheaton (Ill.)	34.10m	111-11	4/22
5		Caitlin MCCANE	#5	Illinois Wesleyan	31.92m	104-9	4/21
6		Esther MILLER	#9	North Park	31.09m	102-0	4/7
7		Kayleigh HALL	#5	Illinois Wesleyan	29.67m	97-4¼	4/8
8		Jadyn BOTHE	#5	Illinois Wesleyan	28.50m	93-6	4/8
9		Afi GATI	#7	Augustana (Ill.)	28.40m	93-2¼	4/14
10		Grace HEPPNER	#9	North Park	28.05m	92-½	4/14

Women's Heptathlon

1	41	Esther MILLER	#9	North Park	3,914		4/13
2	47	Hannah JONES	#1	North Central (Il)	3,827		4/21
3		Claire EATON	#1	North Central (Il)	2,247		4/21



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Women's 100 Meters

1	Kimona HAYNES	#3	Belhaven (Miss.)	12.48	(1.8)	3/25
2	Ashaunti BARNES	#3	Belhaven (Miss.)	12.55	(1.8)	3/25
2	Kymiah BLAIR	#2	Berea (Ky.)	12.55	(-0.3)	4/1
4	Anneshia GREER	#3	Belhaven (Miss.)	12.95	(1.5)	3/25
5	Brianna JEMISON	#4	Maryville (Tenn.)	13.13w	(4.0)	3/25
6	Emma CHRISTENSEN	#5	Covenant	13.16w	(4.0)	3/25
7	Jahkida DOYLE	#1	Piedmont	13.43w	(2.6)	3/10
8	Hannah HISLE	#2	Berea (Ky.)	13.65	(-0.1)	4/8
9	Anita CHUKWU	#2	Berea (Ky.)	13.72	(0.7)	3/4
10	Imani HIGGINBOTHAM	#7	Wesleyan (Ga.)	13.73	(-0.9)	4/1

Women's 100 Meter Hurdles

1	Michelle CATES	#1	Piedmont	16.85	(-0.7)	4/14
2	Jakeisha LEWIS	#2	Berea (Ky.)	17.60	(-0.8)	4/14
3	Cortney BROWN	#1	Piedmont	18.07	(1.1)	3/17
4	Samantha SEYMOUR	#1	Piedmont	18.39	(-1.5)	4/14
5	Bella CACCAMO	#1	Piedmont	18.52	(0.6)	3/10
6	Jerneisha LEWIS	#2	Berea (Ky.)	18.89	(-0.5)	4/14
7	Alyssa TITTSWORTH	#2	Berea (Ky.)	19.23	(-0.5)	4/14
8	Angel PATTERSON	#2	Berea (Ky.)	21.76	(-0.5)	4/14

Women's 200 Meters

1	43 Kymiah BLAIR	#2	Berea (Ky.)	25.20w	(2.6)	3/4
2	83 Ashaunti BARNES	#3	Belhaven (Miss.)	25.55	(-0.4)	3/25
3	90 Kimona HAYNES	#3	Belhaven (Miss.)	25.62	(-0.4)	3/25
4	Anneshia GREER	#3	Belhaven (Miss.)	27.10	(0.1)	3/31
5	Maurissa WINFORD	#3	Belhaven (Miss.)	27.31	(1.6)	3/25
6	Emma CHRISTENSEN	#5	Covenant	27.40w	(3.7)	3/25
7	Jahkida DOYLE	#1	Piedmont	28.06	(0.4)	4/7
7	Brianna JEMISON	#4	Maryville (Tenn.)	28.06w	(3.7)	3/25
9	Anita CHUKWU	#2	Berea (Ky.)	28.28	(1.1)	3/4
10	Bella CACCAMO	#1	Piedmont	28.38w	(3.2)	3/25
10	Jakeisha LEWIS	#2	Berea (Ky.)	28.38w	(2.9)	3/17

Women's 400 Meters

1	29 Kymiah BLAIR	#2	Berea (Ky.)	57.49		4/8
2	31 Ashaunti BARNES	#3	Belhaven (Miss.)	57.55		3/25
3	56 Kimona HAYNES	#3	Belhaven (Miss.)	58.35		3/31
4	Maurissa WINFORD	#3	Belhaven (Miss.)	1:00.51		3/25
5	Jahkida DOYLE	#1	Piedmont	1:02.74		4/14
6	Jakeisha LEWIS	#2	Berea (Ky.)	1:02.86		4/21
7	Jerneisha LEWIS	#2	Berea (Ky.)	1:02.92		4/21
8	Kate SMITH	#6	Huntingdon (Ala)	1:04.12		4/14
9	Madalyn WILLIAMS	#1	Piedmont	1:04.21		3/10
10	Rhiannon SEVIER	#6	Huntingdon (Ala)	1:04.54		4/14

Women's 400 Meter Hurdles

1	Michelle CATES	#1	Piedmont	1:10.31		4/14
2	Jakeisha LEWIS	#2	Berea (Ky.)	1:10.60		4/14
3	Rhiannon SEVIER	#6	Huntingdon (Ala)	1:11.23		4/14
4	Jerneisha LEWIS	#2	Berea (Ky.)	1:12.81		3/4
5	Bella CACCAMO	#1	Piedmont	1:13.77		4/14
6	Samantha SEYMOUR	#1	Piedmont	1:14.75		4/14
7	Alyssa TITTSWORTH	#2	Berea (Ky.)	1:16.03		4/8
8	Aleah VESS	#6	Huntingdon (Ala)	1:25.77		3/11

Women's 800 Meters

1	Jaycie PONCE	#1	Piedmont	2:21.72		4/14
2	Kristin FISCHLI	#2	Berea (Ky.)	2:24.28		4/8
3	Liberte MACK	#2	Berea (Ky.)	2:27.18		4/8
4	Madison STONESTREET	#2	Berea (Ky.)	2:29.52		4/8
5	Lydia DORMAN	#5	Covenant	2:30.80		4/22
6	Brianna DOWELL	#2	Berea (Ky.)	2:34.94		4/14
7	Kate SMITH	#6	Huntingdon (Ala)	2:35.99		3/31
8	Madalyn WILLIAMS	#1	Piedmont	2:36.47		4/14
9	LeeAnn LAWRENCE	#1	Piedmont	2:37.04		4/14
10	Kristina BUCKLEY	#4	Maryville (Tenn.)	2:41.62		4/15

Women's 1500 Meters

1	Jaycie PONCE	#1	Piedmont	4:47.30		4/14
2	Madison STONESTREET	#2	Berea (Ky.)	4:57.52		4/14
3	Kate SMITH	#6	Huntingdon (Ala)	5:10.59		4/14
4	Lydia DORMAN	#5	Covenant	5:10.77		4/1
5	Carah ANTECK	#2	Berea (Ky.)	5:12.84		3/4
6	LeeAnn LAWRENCE	#1	Piedmont	5:17.85		4/14
7	Skyler SEEBER	#1	Piedmont	5:18.35		4/7
8	Diana ANGEL ESPINOZA	#2	Berea (Ky.)	5:32.09		4/8
9	Izzy JUDA	#4	Maryville (Tenn.)	5:33.26		4/22
10	Jocelyn GARTMAN	#5	Covenant	5:36.33		4/1

Women's Steeplechase

1	Skyler SEEBER	#1	Piedmont	13:10.20		4/14
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Women's 5000 Meters

1	Jaycie PONCE	#1	Piedmont	18:42.80		3/10
2	Carah ANTECK	#2	Berea (Ky.)	18:59.71		4/1
3	Skyler SEEBER	#1	Piedmont	19:21.40		3/17
4	LeeAnn LAWRENCE	#1	Piedmont	20:17.72		3/10
5	Lydia DORMAN	#5	Covenant	20:36.12		4/14
6	Hannah MARLOWE	#1	Piedmont	20:40.52		4/14
7	Izzy JUDA	#4	Maryville (Tenn.)	20:42.89		4/1
8	Summer BAHR	#2	Berea (Ky.)	20:50.69		4/8
9	Jocelyn GARTMAN	#5	Covenant	20:58.05		4/14
10	Leslie ESTRADA	#2	Berea (Ky.)	21:15.92		4/8



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Women's 10,000 Meters

1	Carah ANTECK	#2	Berea (Ky.)	39:26.27	4/7
2	Breanna SMITH	#6	Huntingdon (Ala)	44:45.61	3/17
3	Lydia DORMAN	#5	Covenant	45:11.73	3/25
4	Jocelyn GARTMAN	#5	Covenant	46:35.08	3/25
5	Brooke DONLEY	#2	Berea (Ky.)	47:57.40	4/1
6	Leslie ESTRADA	#2	Berea (Ky.)	49:26.63	3/25

Women's 4x100 Relay

1	95	Ashaunti BARNES, Kimona HAYNES, Annessia GREER, Maurissa WINFORD	#3	Belhaven (Miss.)	49.88	4/15
2		Jakeisha LEWIS, Kymiah BLAIR, Anita CHUKWU, Angel PATTERSON	#2	Berea (Ky.)	51.13	3/4
3		Ileyna BROOKS, Cortney BROWN, Bella CACCAMO, Michelle CATES	#1	Piedmont	52.71	3/25
4		Lauren MYERS, Caylee RIES, Carla GUENZI, Brianna JEMISON	#4	Maryville (Tenn.)	55.44	4/15
5		Rhiannon SEVIER, Aleah VESS, Sydney THOMPSON, Kate SMITH	#6	Huntingdon (Ala)	58.70	4/14

Women's 4x400 Relay

1	82	Ashaunti BARNES, Kimona HAYNES, Maurissa WINFORD, Myisha TURNER	#3	Belhaven (Miss.)	4:07.78	3/4
2		Kristin FISCHLI, Jerneisha LEWIS, Kymiah BLAIR, Madison STONESTREET	#2	Berea (Ky.)	4:11.72	3/4
3		Madalyn WILLIAMS, Jaycie PONCE, Bella CACCAMO, Michelle CATES	#1	Piedmont	4:22.22	3/10
4		Rhiannon SEVIER, Breanna SMITH, Kate SMITH, Aleah VESS	#6	Huntingdon (Ala)	4:40.89	3/4

Women's High Jump

1		Emma CHRISTENSEN	#5	Covenant	1.52m	4-11¾	4/1
2		Samantha SEYMOUR	#1	Piedmont	1.46m	4-9½	3/25
2		Alyssa TITTSWORTH	#2	Berea (Ky.)	1.46m	4-9½	3/25
4		Cortney BROWN	#1	Piedmont	1.37m	4-6	4/14
4		Aleah VESS	#6	Huntingdon (Ala)	1.37m	4-6	4/14
6		Liz STOKES	#2	Berea (Ky.)	1.31m	4-3½	3/4

Women's Pole Vault

1		Angel PATTERSON	#2	Berea (Ky.)	2.30m	7-6½	4/21
2		Victoria DROUIN	#1	Piedmont	2.12m	6-11½	4/14
2		Allie FELTUS	#1	Piedmont	2.12m	6-11½	4/14

Women's Long Jump

1		Karime CORONADO	#3	Belhaven (Miss.)	5.01m	16-5¼ (1.5)	3/25
2		Samantha SEYMOUR	#1	Piedmont	4.98m	16-4¼ (0.5)	4/14
3		Jerneisha LEWIS	#2	Berea (Ky.)	4.88m	16-¼ (0.0)	4/8
4		Cortney BROWN	#1	Piedmont	4.80m	15-9 (0.0)	4/14
5		Hannah HISLE	#2	Berea (Ky.)	4.71m	15-5½ (-2)	3/25
6		Liz STOKES	#2	Berea (Ky.)	4.52m	14-10 (0.2)	3/4
7		Jakeisha LEWIS	#2	Berea (Ky.)	4.50m	14-9¼ (1.1)	3/17
8		Rhiannon SEVIER	#6	Huntingdon (Ala)	4.42m	14-6 (0.1)	3/11
9		Carla GUENZI	#4	Maryville (Tenn.)	4.32m	14-2¼ (0.0)	4/22
10		Marinda GRUBB	#1	Piedmont	4.05m	13-3½ (0.0)	3/17

Women's Triple Jump

1		Jakeisha LEWIS	#2	Berea (Ky.)	10.61m	34-9¾ (0.0)	4/8
2		Karime CORONADO	#3	Belhaven (Miss.)	10.60m	34-9½ (0.5)	3/31
3		Jahkida DOYLE	#1	Piedmont	10.44m	34-3 (-1.0)	3/10
4		Samantha SEYMOUR	#1	Piedmont	10.12m	33-2½ (-1)	3/10
5		Emma CHRISTENSEN	#5	Covenant	9.85m	32-3¾ (0.0)	4/22
6		Marinda GRUBB	#1	Piedmont	9.63m	31-7¼ (0.4)	4/14
7		Cortney BROWN	#1	Piedmont	9.58m	31-5¼ (0.0)	4/14
8		Jerneisha LEWIS	#2	Berea (Ky.)	9.42m	30-11 (0.0)	4/14
9		Ileyna BROOKS	#1	Piedmont	9.38m	30-9¼ (1.9)	4/14

Women's Shot Put

1		Jeledia BROWN	#3	Belhaven (Miss.)	11.34m	37-2½	3/4
2		Nakiyah WASHINGTON	#1	Piedmont	11.00m	36-1¼	4/14
3		Lilly STEARS	#2	Berea (Ky.)	10.56m	34-7¾	4/14
4		Sarah KEOWN	#2	Berea (Ky.)	10.49m	34-5	3/4
5		Desire TACKETT	#3	Belhaven (Miss.)	10.02m	32-10½	3/25
6		Elise KEMP	#2	Berea (Ky.)	9.86m	32-4¼	4/14
7		Abby MAULDIN	#1	Piedmont	9.70m	31-10	3/10
8		Isabelle BEACH	#7	Wesleyan (Ga.)	9.64m	31-7½	3/11
9		Kelci SPARKS	#4	Maryville (Tenn.)	9.56m	31-4½	4/22
10		Sophia WIERSEMA	#5	Covenant	9.15m	30-¼	4/1

Women's Discus

1	49	Jeledia BROWN	#3	Belhaven (Miss.)	40.72m	133-7	3/25
2	82	Allie FELTUS	#1	Piedmont	39.29m	128-11	4/14
3		Nakiyah WASHINGTON	#1	Piedmont	34.44m	113-0	4/14
4		Taylor SAVAGE	#3	Belhaven (Miss.)	32.66m	107-2	3/25
5		Kelci SPARKS	#4	Maryville (Tenn.)	32.12m	105-5	4/8
6		Audrey SANDERS	#4	Maryville (Tenn.)	31.67m	103-11	4/15
7		Desire TACKETT	#3	Belhaven (Miss.)	31.53m	103-6	4/15
8		Lilly STEARS	#2	Berea (Ky.)	31.42m	103-1	4/14
9		Abigail HOCKSTOK	#2	Berea (Ky.)	29.84m	97-10¾	3/25
10		Sarah KEOWN	#2	Berea (Ky.)	28.55m	93-8	3/4



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Women's Hammer

1	Kelci SPARKS	#4	Maryville (Tenn.)	40.80m	133-10	4/15
2	Lauren MYERS	#4	Maryville (Tenn.)	40.07m	131-6	4/15
3	Jelesia BROWN	#3	Belhaven (Miss.)	39.77m	130-6	3/25
4	Allie FELTUS	#1	Piedmont	39.24m	128-9	3/10
5	Whitney DARSEY	#1	Piedmont	36.82m	120-10	4/1
6	Desire TACKETT	#3	Belhaven (Miss.)	35.76m	117-4	4/15
7	Taylor SAVAGE	#3	Belhaven (Miss.)	34.20m	112-3	4/15
8	Elise KEMP	#2	Berea (Ky.)	33.22m	109-0	4/1
9	Kyonna ROSS	#2	Berea (Ky.)	32.90m	107-11	4/8
10	Nakiyah WASHINGTON	#1	Piedmont	32.77m	107-6	4/7

Women's Javelin

1	48 Cortney BROWN	#1	Piedmont	37.45m	122-11	4/14
2	Wren GREUBEL	#1	Piedmont	30.00m	98-5¼	4/1
3	Nakiyah WASHINGTON	#1	Piedmont	28.89m	94-9½	4/14
4	Alyssa BELL	#2	Berea (Ky.)	23.53m	77-2½	4/14
5	Audrey SANDERS	#4	Maryville (Tenn.)	21.01m	68-11¼	4/8
6	Kyonna ROSS	#2	Berea (Ky.)	20.86m	68-5¼	4/8
7	Lauren MYERS	#4	Maryville (Tenn.)	20.71m	67-11½	4/15
8	Abby MAULDIN	#1	Piedmont	20.67m	67-9¾	4/1
9	Whitney DARSEY	#1	Piedmont	20.32m	66-8	4/1
10	Isabelle BEACH	#7	Wesleyan (Ga.)	18.35m	60-2½	3/4



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Women's 100 Meters

1	35	Lauren PHILLIPS	#1	Johns Hopkins	12.14	(0.1)	3/31
2	67	Sara PENUELA	#2	Dickinson	12.31w	(3.9)	4/1
3	78	Erin OLSAVSKY	#2	Dickinson	12.35w	(3.9)	4/1
4	83	Ashley TANG	#1	Johns Hopkins	12.39	(1.7)	4/22
5	95	Krystle BOADI	#3	Swarthmore	12.44	(1.7)	4/8
6		Mirra KLIMOV	#1	Johns Hopkins	12.48	(1.7)	4/22
7		Abigail GERDES	#1	Johns Hopkins	12.53	(1.7)	4/22
8		Victoria KADIRI	#1	Johns Hopkins	12.65	(0.4)	4/14
9		Jahsaiah MOSES	#5	Haverford	12.68	(0.0)	4/8
10		Abby LIENHARD	#7	Franklin & Marsl	12.80w	(3.5)	3/31

Women's 100 Meter Hurdles

1	76	Victoria KADIRI	#1	Johns Hopkins	15.28	(-2.2)	4/14
2	99	Lillian MORRELL	#6	Gettysburg	15.46w	(2.4)	4/13
3		Darya MIKUSOVA	#2	Dickinson	15.47	(1.2)	4/19
4		Jaclyn DONOHO	#1	Johns Hopkins	15.90	(-0.1)	4/14
5		Taryn SILVERNALE	#1	Johns Hopkins	15.96	(0.7)	4/7
6		Sophia KOVATSIS	#2	Dickinson	16.01w	(3.0)	4/1
7		Hannah SWALE	#3	Swarthmore	16.21	(-1.9)	4/14
8		Naomi ALPERIN	#2	Dickinson	17.12	(0.0)	4/13
9		Renee DUPRE	#8	McDaniel	17.17	(1.8)	4/22
10		Kayla ROBINSON	#5	Haverford	17.44	(-0.5)	4/21

Women's 200 Meters

1	18	Lauren PHILLIPS	#1	Johns Hopkins	24.84	(0.0)	4/22
2		Krystle BOADI	#3	Swarthmore	25.77	(-1.1)	3/30
3		Erin OLSAVSKY	#2	Dickinson	25.79	(1.1)	4/1
4		Emerlee SIMONS	#2	Dickinson	25.93	(2.0)	4/13
5		Kayla ROBINSON	#5	Haverford	25.98	(0.4)	4/21
6		Victoria KADIRI	#1	Johns Hopkins	26.05	(-0.4)	4/14
7		Olivia D'AULERIO	#5	Haverford	26.15	(-1.0)	3/30
8		Grace MASSILLON	#1	Johns Hopkins	26.24	(1.6)	4/7
9		Katie MORGAN	#8	McDaniel	26.27w	(2.2)	4/13
10		Jahsaiah MOSES	#5	Haverford	26.28	(-1.0)	3/30

Women's 400 Meters

1	5	Lauren PHILLIPS	#1	Johns Hopkins	55.46		4/14
2	48	Olivia D'AULERIO	#5	Haverford	58.13		4/21
3	51	Rose TESZLER	#3	Swarthmore	58.26		3/30
4	52	Ally LANDAU	#5	Haverford	58.30		4/21
5	67	Lillian MORRELL	#6	Gettysburg	58.57		4/22
6	79	Katie MORGAN	#8	McDaniel	58.78		3/30
7	93	Anna ZAESKE	#1	Johns Hopkins	58.98		4/22
8		Lillian BOUDREAU	#6	Gettysburg	59.29		4/13
9		Sara PENUELA	#2	Dickinson	59.48		4/19
10		Isabel THORNBERRY	#5	Haverford	1:00.05		4/15

Women's 400 Meter Hurdles

1	13	Darya MIKUSOVA	#2	Dickinson	1:02.63		4/1
2	22	Lillian MORRELL	#6	Gettysburg	1:03.63		4/13
3	73	Lorna ARCESE	#1	Johns Hopkins	1:06.66		4/22
4	82	Jahsaiah MOSES	#5	Haverford	1:06.91		4/21
5		Anna RANDO	#8	McDaniel	1:08.74		4/22
6		Tatum EVANS	#7	Franklin & Marsl	1:09.36		3/31
7		Lily SWAIN	#2	Dickinson	1:10.04		4/1
8		Kaelin RYAN	#4	Ursinus	1:10.64		4/21
9		Katie MORGAN	#8	McDaniel	1:11.90		4/8
10		Rachel NOVEMBER	#5	Haverford	1:13.83		4/21

Women's 800 Meters

1	4	Rose TESZLER	#3	Swarthmore	2:10.61		4/21
2	25	Rachel CONHOFF	#4	Ursinus	2:14.48		4/21
3	63	Harrinee SETHILKUMAR	#1	Johns Hopkins	2:16.78		4/14
4	69	Alina IRVINE	#3	Swarthmore	2:17.07		4/21
5	72	Mackenzie SETTON	#1	Johns Hopkins	2:17.19		4/14
6	77	Brooke ADAMS	#4	Ursinus	2:17.56		4/21
7		Lorna ARCESE	#1	Johns Hopkins	2:18.49		4/14
8		Olivia D'AULERIO	#5	Haverford	2:18.58		4/8
9		Quinn BASEWITZ	#3	Swarthmore	2:18.74		4/21
10		Isabel THORNBERRY	#5	Haverford	2:18.91		4/21

Women's 1500 Meters

1	23	Rachel CONHOFF	#4	Ursinus	4:36.16		4/14
2	40	Harrinee SETHILKUMAR	#1	Johns Hopkins	4:37.67		4/14
3	66	Mackenzie SETTON	#1	Johns Hopkins	4:41.32		4/14
4	94	Adriana CATALANO	#1	Johns Hopkins	4:43.79		4/22
5	98	Holly CHAMBERS	#4	Ursinus	4:44.19		4/21
6		Amiyah PRIEBE	#2	Dickinson	4:46.11		4/14
7		Rose TESZLER	#3	Swarthmore	4:46.91		4/8
8		Camille SAWOSIK	#1	Johns Hopkins	4:46.92		4/14
9		Abigail TOUHEY	#2	Dickinson	4:48.46		4/14
10		Isis DIAZ	#1	Johns Hopkins	4:48.88		4/7

Women's Steeplechase

1	2	Sara STEPHENSON	#1	Johns Hopkins	10:37.99		3/30
2	52	Amiyah PRIEBE	#2	Dickinson	11:30.93		4/1
3	88	Charlotte KRATOVIL-LAVELLE	#2	Dickinson	11:44.94		4/19
4	95	Cooper BROTHERTON	#1	Johns Hopkins	11:47.43		4/22
5		Bailey MULLEN	#8	McDaniel	11:55.43		4/22
6		Amanda ADDESSO	#6	Gettysburg	11:59.34		4/22
7		Carys COOK	#6	Gettysburg	12:09.38		3/25
8		Jenna LOZZI	#4	Ursinus	12:14.56		4/21
9		Natasha FURYK	#9	Muhlenberg	12:14.88		4/21
10		Kate HENDERSON	#7	Franklin & Marsl	12:26.81		4/7



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Women's 5000 Meters

1	15	Sara STEPHENSON	#1	Johns Hopkins	16:57.33	4/14
2	61	Triya ROY	#1	Johns Hopkins	17:33.26	4/14
3		Cooper BROTHERTON	#1	Johns Hopkins	17:54.09	4/14
4		Rachel CONHOFF	#4	Ursinus	17:58.31	3/25
5		Katherine HIRSCHKE	#5	Haverford	18:02.17	4/21
6		Caitlin O'HEHIR	#1	Johns Hopkins	18:02.23	4/14
7		Holly CHAMBERS	#4	Ursinus	18:13.28	3/25
8		Olivia MONTINI	#3	Swarthmore	18:18.16	3/30
9		Myra NAQVI	#2	Dickinson	18:21.33	4/14
10		Amiyah PRIEBE	#2	Dickinson	18:24.44	4/5

Women's 10,000 Meters

1	27	Katherine HIRSCHKE	#5	Haverford	36:33.24	3/30
2		Amanda ADDESSO	#6	Gettysburg	39:35.44	3/31
3		Carys COOK	#6	Gettysburg	40:55.75	3/31
4		Maddie GARBER	#2	Dickinson	41:31.01	4/14
5		Kathryn HOPKINS	#6	Gettysburg	41:56.58	3/31
6		Sarah SMITH	#6	Gettysburg	41:57.52	3/31
7		Eliza LEHMAN	#10	Bryn Mawr	42:18.38	4/7
8		Evelyn CHENG	#10	Bryn Mawr	42:49.08	4/7
9		Kyla LORDEEN	#6	Gettysburg	43:38.24	3/31
10		Megan MCARTHUR	#6	Gettysburg	43:47.98	3/31

Women's 4x100 Relay

1	21	Abigail GERDES, Lauren PHILLIPS, Marissa HSU, Victoria KADIRI	#1	Johns Hopkins	47.98	4/22
2	52	Darya MIKUSOVA, Sara PENUELA, Mariana PENUELA, Erin OLSAVSKY	#2	Dickinson	49.04	4/13
3	65	Jahsaiah MOSES, Olivia D'AULERIO, Ally LANDAU, Kayla ROBINSON	#5	Haverford	49.33	4/15
4		Tatum EVANS, Hope PETRALIA, Glory EDIOMA, Abby LIENHARD	#7	Franklin & Marsl	50.36	4/22
5		Angel BIDGELL, Katie MORGAN, Anna RANDO, Gabrielle COLLINS	#8	McDaniel	50.43	4/22
6		Tashyah SAMPLE, Eden MERRITT, Rhiannon OKUNIEWSKI, Rainah DUNHAM	#4	Ursinus	51.37	4/21
7		Niki MATTHEWS, Devon EASTLACK, Shanice WILLIAMS, Shira GAMSON	#9	Muhlenberg	52.36	4/1
8		Lauren DIOTTAVIO, Lillian BOUDREAU, Lola BALKCOM, Lilian MORRELL	#6	Gettysburg	53.63	3/25



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Women's 4x400 Relay

1	34	Krystle BOADI, Hannah GARROU, Gabby JOHNSON, Rose TESZLER	#3 Swarthmore	4:01.57	3/30
2	48	Ally LANDAU, Isabel THORNBERRY, Dominique MONROY, Olivia D'AULERIO	#5 Haverford	4:03.93	4/8
3	50	Anna ZAESKE, Lorna ARCESE, Ashley TANG, Monal DATERAO	#1 Johns Hopkins	4:04.30	3/31
4	55	Abbe KITCHIN, Darya MIKUSOVA, Sara PENUELA, Emerlee SIMONS	#2 Dickinson	4:04.91	4/1
5		Meghan CARROLL, Tashyah SAMPLE, Holly CHAMBERS, Rachel CONHOFF	#4 Ursinus	4:13.07	4/8
6		Katie MORGAN, Anna RANDO, Megan O'NEILL, Gabrielle COLLINS	#8 McDaniel	4:16.61	4/22
7		Lillian BOUDREAU, Julia WERT, Eliza HOOVER, Lilian MORRELL	#6 Gettysburg	4:16.92	3/25
8		Sydney DZENUTIS, Emma KLINE, Tatum EVANS, Abby BACHMAN	#7 Franklin & Marsl	4:22.01	3/25
9		Adrienne ELLISON, Ellen MAGUIRE, Erin JACKSON, Lauren HOUSE	#9 Muhlenberg	4:23.60	4/1
10		Ellie SCHUMACHER, Malin JUST, Sofie PRIETO, Phylcia CANNON	#10 Bryn Mawr	4:44.17	4/7

Women's High Jump

1	22	Taryn SILVERNALE	#1 Johns Hopkins	1.63m	5-4¼	4/14
2	77	Margaret HARDIGG	#10 Bryn Mawr	1.57m	5-1¾	4/7
2	77	Emily TRELSTAD	#3 Swarthmore	1.57m	5-1¾	4/21
4		Jaclyn DONOHO	#1 Johns Hopkins	1.55m	5-1	3/31
5		Victoria KADIRI	#1 Johns Hopkins	1.54m	5-½	4/14
6		Avery MCNULTY	#9 Muhlenberg	1.52m	4-11¾	4/1
6		Jessica JOHNSON	#10 Bryn Mawr	1.52m	4-11¾	4/7
6		Leah BIWOTT	#2 Dickinson	1.52m	4-11¾	3/25
6		Allison HUELBIG	#7 Franklin & Marsl	1.52m	4-11¾	4/7
10		Kayla ROBINSON	#5 Haverford	1.51m	4-11½	4/15
10		Hannah SWALE	#3 Swarthmore	1.51m	4-11½	4/14

Women's Pole Vault

1	33	Taryn SILVERNALE	#1 Johns Hopkins	3.55m	11-7¾	3/31
2	45	Sarah-Caulley SOTO	#1 Johns Hopkins	3.49m	11-5¼	4/22
3	86	Miayunique SOUTH	#1 Johns Hopkins	3.34m	10-11½	4/22
4		Cassidy BROWN	#1 Johns Hopkins	3.25m	10-8	3/31
5		Sophie SPRINGER	#3 Swarthmore	3.05m	10-0	4/8
6		Lily SWAIN	#2 Dickinson	2.97m	9-9	4/13
7		Juniper BAUROTH- SHERMAN	#4 Ursinus	2.90m	9-6¼	4/8
8		Bianca SKELTON	#1 Johns Hopkins	2.89m	9-5¾	4/22
9		Alice CREED	#5 Haverford	2.80m	9-2¼	3/30
9		Stephani FRANKS	#7 Franklin & Marsl	2.80m	9-2¼	4/22

Women's Long Jump

1	2	Victoria KADIRI	#1 Johns Hopkins	5.91m	19-4¾ (0.8)	4/14
2	39	Abby LIENHARD	#7 Franklin & Marsl	5.50m	18-½ (0.0)	4/22
3	68	Kayla ROBINSON	#5 Haverford	5.38m	17-8 (0.0)	4/21
4	82	Sara PENUELA	#2 Dickinson	5.32m	17-5½ (0.8)	4/19
5		Rainah DUNHAM	#4 Ursinus	5.21m	17-1¼ (-1)	4/1
6		Angel BIDGELL	#8 McDaniel	5.15m	16-10¾ (0)	3/24
7		Mariana PENUELA	#2 Dickinson	5.14m	16-10½ (-1)	4/13
8		Taryn SILVERNALE	#1 Johns Hopkins	5.08m	16-8 (-0.5)	4/22
9		Sara BARTLETT	#1 Johns Hopkins	5.07m	16-7¾ (-0)	4/22
10		Eden MERRITT	#4 Ursinus	5.05m	16-7 (-2.4)	4/1

Women's Triple Jump

1	1	Victoria KADIRI	#1 Johns Hopkins	12.82m	42-¾ (0.0)	4/14
2	90	Kayla ROBINSON	#5 Haverford	10.95m	35-11¼ (0)	4/15
3		Sara BARTLETT	#1 Johns Hopkins	10.87m	35-8 (0.9)	4/7
4		Elizabeth LIEB	#2 Dickinson	10.84m	35-6¾ (1.3)	4/19
5		Shira GAMSON	#9 Muhlenberg	10.77m	35-4 (-0.8)	4/1
6		Sophie NILSSON	#1 Johns Hopkins	10.66m	34-11¾ (1)	4/14
6		Hannah SWALE	#3 Swarthmore	10.66m	34-11¾ (-0)	3/30
8		Rainah DUNHAM	#4 Ursinus	10.53m	34-6¾ (-1)	4/13
9		Jessica JOHNSON	#10 Bryn Mawr	10.39m	34-1¼ (0)	4/22
10		Niki MATTHEWS	#9 Muhlenberg	10.27m	33-8½ (-1)	4/21

Women's Shot Put

1	7	Adria RETTER	#3 Swarthmore	14.14m	46-4¾	3/30
2	32	Isabelle DEAL	#4 Ursinus	13.04m	42-9½	4/21
3		Kelsey NEFF	#1 Johns Hopkins	11.92m	39-1¼	4/22
4		Erika EZUMBA	#1 Johns Hopkins	11.63m	38-2	4/22
5		Kayla ROBINSON	#5 Haverford	11.33m	37-2¼	4/21
6		Abby EVERETT	#2 Dickinson	11.19m	36-8½	4/1
7		Tate GARCIA	#3 Swarthmore	11.10m	36-5	3/10
8		Sarah WILCHER	#5 Haverford	11.05m	36-3	4/21
9		Hannah BIERLING	#4 Ursinus	11.01m	36-1½	4/13
10		Jacqueline ALLEN	#4 Ursinus	10.95m	35-11¼	4/13



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Women's Discus

1	1	Adria RETTER	#3	Swarthmore	49.87m	163-8	4/8
2	53	Sarayne FORBES	#2	Dickinson	40.48m	132-10	4/1
3		Tate GARCIA	#3	Swarthmore	38.44m	126-2	4/21
4		Abby EVERETT	#2	Dickinson	36.38m	119-4	4/1
5		Sarah WILCHER	#5	Haverford	35.16m	115-4	4/15
6		Erin HENDERSHOT	#4	Ursinus	34.22m	112-3	4/1
7		Katya GALKOWSKI	#4	Ursinus	33.47m	109-10	4/8
8		Erika EZUMBA	#1	Johns Hopkins	32.78m	107-7	4/7
9		Catie OWENS	#4	Ursinus	32.43m	106-5	4/1
10		Phoebe WILLIAMS	#1	Johns Hopkins	31.51m	103-5	4/7

Women's Hammer

1	27	Adria RETTER	#3	Swarthmore	49.49m	162-5	4/8
2		Jillian BARGER	#7	Franklin & Marshall	44.41m	145-9	3/31
3		Caroline GENSINGER	#6	Gettysburg	44.35m	145-6	4/22
4		Faith FEZENKO	#9	Muhlenberg	43.85m	143-11	4/13
5		Jacqueline ALLEN	#4	Ursinus	40.60m	133-3	4/8
6		Abby EVERETT	#2	Dickinson	40.31m	132-3	4/5
7		Julia ZAMBO	#1	Johns Hopkins	39.88m	130-10	4/22
8		Elizabeth AGYEI	#3	Swarthmore	38.44m	126-2	3/30
9		Sarah WILCHER	#5	Haverford	38.09m	125-0	4/21
10		Jenna DEEP	#2	Dickinson	37.97m	124-7	3/25

Women's Javelin

1	4	Isabelle DEAL	#4	Ursinus	45.26m	148-6	4/14
2	32	Holly FERRARA	#6	Gettysburg	38.95m	127-10	3/31
3		Rachel CARUSO	#7	Franklin & Marshall	34.90m	114-6	4/22
4		Avery MCNULTY	#9	Muhlenberg	34.46m	113-1	4/7
5		Jill PROVAZNIK	#3	Swarthmore	33.92m	111-4	3/30
6		Katya GALKOWSKI	#4	Ursinus	33.84m	111-0	4/1
7		Jordan SCHUCKER	#2	Dickinson	33.53m	110-0	4/1
8		Phoebe WILLIAMS	#1	Johns Hopkins	33.23m	109-0	4/22
9		Hannah SWALE	#3	Swarthmore	32.58m	106-11	4/8
10		Hannah BIERLING	#4	Ursinus	32.46m	106-6	4/21

Women's Heptathlon

1	6	Victoria KADIRI	#1	Johns Hopkins	4,635		4/14
2	44	Hannah SWALE	#3	Swarthmore	3,871		4/14
3	45	Jaclyn DONOHO	#1	Johns Hopkins	3,851		4/14
4	77	Renee DUPRE	#8	McDaniel	3,287		4/13
5		Georgia MERCER	#6	Gettysburg	2,829		4/13
6		Megan O'NEILL	#8	McDaniel	2,182		4/13



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CSAC

Women's 100 Meters

1	Madison KAPPELER	#1	Penn State Behr	13.05w	(3.2)	4/6
2	Lawery EDWARDS	#2	Alfred State	13.15w	(2.3)	4/14
3	Madeline COLE	#2	Alfred State	13.19w	(2.3)	4/14
4	Madison SNAYCZUK	#2	Alfred State	13.41w	(2.7)	4/22
5	Kourtney DOLLIOLE	#4	Gallaudet	13.53	(1.7)	4/22
6	Angelina COMPEGGIE	#1	Penn State Behr	13.73w	(2.5)	4/6
7	Ellise EVERETT	#3	Cedar Crest	13.92w	(2.1)	4/1
8	Dietrich VICTORIA	#1	Penn State Behr	14.06w	(2.3)	4/6
9	Olivia BROWN	#4	Gallaudet	14.13	(1.7)	4/22
10	Olivia WANNER	#3	Cedar Crest	14.33w	(2.2)	4/21

Women's 100 Meter Hurdles

1	Emma TAGGART	#2	Alfred State	15.79w	(3.6)	4/8
2	Haley FELTON	#1	Penn State Behr	17.20	(-0.4)	4/16
3	Olivia HORNINGER	#3	Cedar Crest	19.37	(-2.9)	4/15
4	Mackenzie GILLETTTE	#2	Alfred State	20.05	(1.3)	4/14
5	Adrainna GILL	#2	Alfred State	20.34	(-0.9)	4/8
6	Gaudy REINOSO	#3	Cedar Crest	20.38	(1.2)	4/21
7	Zakiyyah SABIR	#3	Cedar Crest	20.47	(0.8)	4/21
8	Sarah DAUNCE	#2	Alfred State	20.78	(1.3)	4/14

Women's 200 Meters

1	Madison KAPPELER	#1	Penn State Behr	27.11	(-0.2)	4/16
2	Hannah WETZEL	#4	Gallaudet	27.31		4/8
3	Ivy LAFFAN	#1	Penn State Behr	27.38	(-0.2)	4/16
4	Lawery EDWARDS	#2	Alfred State	27.66	(1.1)	4/8
5	Madeline COLE	#2	Alfred State	27.74	(2.0)	4/8
6	Emma TAGGART	#2	Alfred State	27.80	(1.0)	4/8
7	Dietrich VICTORIA	#1	Penn State Behr	28.66	(-0.2)	4/16
8	Kourtney DOLLIOLE	#4	Gallaudet	28.83		4/8
9	Ellise EVERETT	#3	Cedar Crest	29.56	(0.5)	4/1
10	Rajena GUETTLER	#4	Gallaudet	29.88	(0.1)	3/25

Women's 400 Meters

1	Ivy LAFFAN	#1	Penn State Behr	1:01.25		4/20
2	Lily SCHNELL	#2	Alfred State	1:05.10		4/8
3	Haley FELTON	#1	Penn State Behr	1:08.10		4/16
4	Dietrich VICTORIA	#1	Penn State Behr	1:08.70		4/6
5	Izzy SPIRES	#1	Penn State Behr	1:12.60		4/6
6	Alexandra THORNTON	#5	Keystone	1:14.12		4/21
7	Gaudy REINOSO	#3	Cedar Crest	1:16.42		4/1
8	Jessica SIMINS	#3	Cedar Crest	1:17.76		4/21
9	Zakiyyah SABIR	#3	Cedar Crest	1:22.70		4/1
10	Rachael BUHL	#1	Penn State Behr	1:22.89		4/6

Women's 400 Meter Hurdles

1	Sarah RIVET	#2	Alfred State	1:09.28		4/22
2	Haley FELTON	#1	Penn State Behr	1:12.12		4/20
3	Adrainna GILL	#2	Alfred State	1:20.24		4/22
4	Gaudy REINOSO	#3	Cedar Crest	1:28.50		4/21
5	Zakiyyah SABIR	#3	Cedar Crest	1:40.29		4/21

Women's 800 Meters

1	Olivia NOLA	#1	Penn State Behr	2:21.90		4/6
2	Isabelle POPOFF	#2	Alfred State	2:30.08		4/8
3	Emily FERRANS	#1	Penn State Behr	2:31.37		4/22
4	Lindsey HARTLE	#1	Penn State Behr	2:36.82		4/6
5	Emma TAGGART	#2	Alfred State	2:40.30		4/8
6	Lexi TRAUTWEIN	#2	Alfred State	2:43.10		4/14
7	Izzy SPIRES	#1	Penn State Behr	2:45.64		4/16
8	Cassidy LEBARON	#4	Gallaudet	2:48.21		4/22
9	Jessica SIMINS	#3	Cedar Crest	2:52.34		4/15
10	Summer KIER	#2	Alfred State	2:58.10		4/14

Women's 1500 Meters

1	Olivia NOLA	#1	Penn State Behr	4:50.54		4/16
2	Savanna CARR	#1	Penn State Behr	4:57.42		4/20
3	Isabelle POPOFF	#2	Alfred State	5:08.87		4/22
4	Lindsey HARTLE	#1	Penn State Behr	5:13.65		4/6
5	Emily FERRANS	#1	Penn State Behr	5:27.27		4/16
6	Laura FERRIS	#2	Alfred State	5:47.91		4/2
7	Jonquil LOEFFELHOLZ	#3	Cedar Crest	5:50.31		4/15
8	Sierra PRATT	#4	Gallaudet	5:57.98		4/22
9	Summer KIER	#2	Alfred State	6:22.44		4/8
10	Jessica SIMINS	#3	Cedar Crest	6:25.83		3/18

Women's Steeplechase

1	Savanna CARR	#1	Penn State Behr	12:02.63		4/16
2	Bethany LITWILER	#1	Penn State Behr	13:18.97		4/16
3	Sierra PRATT	#4	Gallaudet	14:11.07		4/8
4	Olivia KELLY	#3	Cedar Crest	16:43.50		4/21

Women's 5000 Meters

1	Olivia NOLA	#1	Penn State Behr	17:54.72		4/22
2	Savanna CARR	#1	Penn State Behr	18:26.91		4/6
3	Lindsey HARTLE	#1	Penn State Behr	19:42.05		4/22
4	Bethany LITWILER	#1	Penn State Behr	20:04.75		4/22
5	Jonquil LOEFFELHOLZ	#3	Cedar Crest	21:27.07		3/24
6	Emily FERRANS	#1	Penn State Behr	23:21.22		4/16
7	Taylor NGUYEN	#4	Gallaudet	25:41.27		4/8

Women's 10,000 Meters

1	Bethany LITWILER	#1	Penn State Behr	42:18.91		4/6
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Conference TFRI Event Summary

as of 4/24/2023 8:00:43 AM

CSAC

Women's 4x100 Relay

1	Lawery EDWARDS, Madeline COLE, Sarah RIVET, Madison SNAYCZUK	#2 Alfred State	51.82	4/14
2	Haley FELTON, Ivy LAFFAN, Victoria DIETRICH, Madison KAPPELER	#1 Penn State Behr	52.66	4/22
3	Priscilla BERRIOS, Olivia BROWN, Kourtney DOLLOLE, Hannah WETZEL	#4 Gallaudet	52.98	4/8
4	Abril RILEY, Olivia WANNER, Zakiyyah SABIR, Ellise EVERETT	#3 Cedar Crest	55.61	4/21

Women's 4x400 Relay

1	Isabelle POPOFF, Lily SCHNELL, Annaliese HERSOM, Lexi TRAUTWEIN	#2 Alfred State	4:33.53	4/8
2	Izzy SPIRES, Emily FERRANS, Angelina COMPEGGIE, Victoria DIETRICH	#1 Penn State Behr	4:37.83	4/6

Women's High Jump

1 77	Emma TAGGART	#2 Alfred State	1.57m	5-1¾	4/14
2	Burns SHANNON	#1 Penn State Behr	1.52m	4-11¾	4/16
3	Julia BALASKI	#1 Penn State Behr	1.42m	4-7¾	4/16
4	Olivia NOLA	#1 Penn State Behr	1.37m	4-6	4/16
4	Olivia HORNINGER	#3 Cedar Crest	1.37m	4-6	4/1
4	Haley FELTON	#1 Penn State Behr	1.37m	4-6	4/16
7	Madison KAPPELER	#1 Penn State Behr	1.35m	4-5	4/22
8	Ellise EVERETT	#3 Cedar Crest	1.30m	4-3¾	4/21

Women's Pole Vault

1 98	Madison KAPPELER	#1 Penn State Behr	3.29m	10-9½	4/20
2	Noelani TAKEI	#1 Penn State Behr	3.14m	10-3½	4/20
3	Laura WALTER	#2 Alfred State	2.66m	8-8¾	4/22
4	Lexi TRAUTWEIN	#2 Alfred State	2.50m	8-2½	4/8
4	Grace JONES	#1 Penn State Behr	2.50m	8-2½	3/24
6	Abby ROUGHSEGE	#2 Alfred State	2.35m	7-8½	4/8
7	Angelina COMPEGGIE	#1 Penn State Behr	2.20m	7-2½	4/16

Women's Long Jump

1	Madison SNAYCZUK	#2 Alfred State	5.15m	16-10¾ (2)	4/22
2	Hannah WETZEL	#4 Gallaudet	5.14m	16-10½ (1)	4/1
3	Madison KAPPELER	#1 Penn State Behr	5.09m	16-8½ (0.1)	4/16
4	Emma TAGGART	#2 Alfred State	4.98m	16-4¼ (0.0)	4/8
5	Madeline COLE	#2 Alfred State	4.85m	15-11 (0.6)	4/14
6	Burns SHANNON	#1 Penn State Behr	4.62m	15-2 (0.0)	4/16
7	Sarah DAUNCE	#2 Alfred State	4.55m	14-11¼ (0)	4/22
8	Grace JONES	#1 Penn State Behr	4.45m	14-7¼ (0.1)	4/16
9	Laura WALTER	#2 Alfred State	4.37m	14-4 (0.4)	4/14
10	Haley FELTON	#1 Penn State Behr	4.33m	14-2½ (1.0)	3/31

Women's Triple Jump

1 56	Hannah WETZEL	#4 Gallaudet	11.16m	36-7½ (-3)	3/25
2	Lily SCHNELL	#2 Alfred State	10.24m	33-7¼ (1.0)	4/14
3	Madison SNAYCZUK	#2 Alfred State	10.08m	33-1 (0.2)	4/22
4	Sarah DAUNCE	#2 Alfred State	9.90m	32-5¾ (1.4)	4/14
5	Burns SHANNON	#1 Penn State Behr	9.45m	31-0 (-0.1)	4/16

Women's Shot Put

1 76	Midajah DAVIS	#4 Gallaudet	12.32m	40-5	4/8
2	Paige MASSEY	#1 Penn State Behr	10.84m	35-6¾	4/16
3	Emma TAGGART	#2 Alfred State	10.57m	34-8¼	4/8
4	Kelsee SCHOUPE	#3 Cedar Crest	10.39m	34-1¼	4/15
5	Nicole HUME	#2 Alfred State	10.25m	33-7½	4/22
6	Katelyn CURRY	#2 Alfred State	9.83m	32-3	4/14
7	Brianna THIGPEN	#4 Gallaudet	9.68m	31-9¼	4/22
8	Isabella BOZEN	#3 Cedar Crest	9.46m	31-½	4/21
9	Brianna DOWNING	#1 Penn State Behr	9.31m	30-6½	4/16
10	Emma WHITEMAN	#1 Penn State Behr	9.06m	29-8¾	4/16

Women's Discus

1	Kelsee SCHOUPE	#3 Cedar Crest	34.11m	111-11	4/15
2	Allyson FRANK	#5 Keystone	32.49m	106-7	4/21
3	Isabella BOZEN	#3 Cedar Crest	31.83m	104-5	4/21
4	Brianna THIGPEN	#4 Gallaudet	31.81m	104-5	4/22
5	Nicole HUME	#2 Alfred State	31.28m	102-8	4/14
6	Emma WHITEMAN	#1 Penn State Behr	29.43m	96-6¾	4/16
7	Brianna DOWNING	#1 Penn State Behr	29.05m	95-3¾	3/24
8	Paige MASSEY	#1 Penn State Behr	28.74m	94-3½	4/16
9	Mackenzie GILLETTE	#2 Alfred State	23.43m	76-10½	4/8
10	Katelyn CURRY	#2 Alfred State	23.33m	76-6½	4/8

Women's Hammer

1	Nicole HUME	#2 Alfred State	38.81m	127-4	4/14
2	Kelsee SCHOUPE	#3 Cedar Crest	36.37m	119-4	4/1
3	Jessica PARK	#1 Penn State Behr	34.13m	112-0	4/20
4	Brianna DOWNING	#1 Penn State Behr	33.98m	111-6	4/16
5	Midajah DAVIS	#4 Gallaudet	29.49m	96-9	4/1
6	Mackenzie GILLETTE	#2 Alfred State	28.66m	94-½	4/8
7	Katelyn CURRY	#2 Alfred State	26.24m	86-1¼	4/8
8	Alexys SANTIAGO	#4 Gallaudet	20.89m	68-6½	4/1
9	Heaven BETHEA	#3 Cedar Crest	20.50m	67-3¼	4/15

Women's Javelin

1 36	Julia BALASKI	#1 Penn State Behr	38.10m	125-0	3/24
2	Sadie TRUBILLA	#3 Cedar Crest	32.69m	107-3	4/15
3	Cassidy PERRY	#4 Gallaudet	30.83m	101-2	4/8
4	Camryn SNYDER	#3 Cedar Crest	27.04m	88-8¾	4/21
5	Brianna DOWNING	#1 Penn State Behr	26.30m	86-3½	4/16
6	Natalie BARKLEY	#1 Penn State Behr	25.64m	84-1½	4/20
7	Isabella BOZEN	#3 Cedar Crest	25.25m	82-10¼	4/21
8	Allyson FRANK	#5 Keystone	24.98m	81-11½	3/18
9	Sarah RIVET	#2 Alfred State	20.74m	68-½	4/14
10	Lilian NELSON	#4 Gallaudet	20.11m	65-11¾	4/8



Conference TFRI Event Summary

as of 4/24/2023 8:00:43 AM

CSAC

Women's Heptathlon

1 36 Emma TAGGART #2 Alfred State 3,985 4/8



Conference TFRI Event Summary

as of 4/24/2023 8:00:43 AM

CUNYAC

Women's 100 Meters

1	Ayayo ORWA	#1	Hunter	13.62	(0.2)	4/21
2	Althea WILLIAMS	#1	Hunter	13.83	(0.2)	4/21
3	Zaria NEPTUNE	#4	York (N.Y.)	13.89	(1.2)	4/1
4	Aminata SISSOKO	#3	Lehman	13.99	(-0.2)	4/15
5	Bianca WOODBERRY	#5	Medgar Evers	14.01w	(2.6)	4/2
6	Samantha MAENDEL	#2	CCNY	14.19	(-0.2)	4/7
7	Tamicia SYLVESTER	#4	York (N.Y.)	14.26	(1.5)	4/1
8	Nidia NELSON	#3	Lehman	14.66	(1.7)	4/8
9	Leondra CRAIG	#2	CCNY	14.68	(-0.2)	4/2
10	Laura VILLATORO	#2	CCNY	14.92	(-0.2)	4/2

Women's 100 Meter Hurdles

1	Zuha KHAN	#2	CCNY	19.20	(-0.9)	4/2
2	Aminata SISSOKO	#3	Lehman	20.23	(-1.6)	4/2
3	Helen DAI	#1	Hunter	21.44	(-1.2)	4/15
4	Elizatte LAKOUETENE	#1	Hunter	22.48	(-1.2)	4/15
5	Althea WILLIAMS	#1	Hunter	23.24	(-0.1)	4/21
6	Ashley TAYLOR	#1	Hunter	27.90	(-1.2)	4/15

Women's 200 Meters

1	Ayayo ORWA	#1	Hunter	28.36	(0.6)	4/21
2	Zaria NEPTUNE	#4	York (N.Y.)	28.61	(1.0)	4/1
3	Althea WILLIAMS	#1	Hunter	28.75	(-0.6)	4/21
4	Aakaysha WILLIAMS	#2	CCNY	29.36	(1.2)	4/7
5	Samantha MAENDEL	#2	CCNY	29.39	(1.2)	4/7
6	Tamicia SYLVESTER	#4	York (N.Y.)	29.56	(1.0)	4/1
7	Aminata SISSOKO	#3	Lehman	29.65	(0.3)	4/8
7	Bianca WOODBERRY	#5	Medgar Evers	29.65	(0.5)	4/21
9	Zuha KHAN	#2	CCNY	31.14	(-1.6)	4/2
10	Nidia NELSON	#3	Lehman	31.34	(-3.3)	4/22

Women's 400 Meters

1	Samantha MAENDEL	#2	CCNY	1:05.58		4/15
2	Aminata SISSOKO	#3	Lehman	1:06.96		4/8
3	Taylor MCCLAY	#1	Hunter	1:07.72		4/7
4	Kaylin SOTO	#2	CCNY	1:11.01		4/15
5	Nana SAMAKE	#5	Medgar Evers	1:11.06		4/2
6	Amelia CATALDO	#2	CCNY	1:12.16		4/2
7	Samantha SURIEL	#1	Hunter	1:14.33		4/21
8	Irving JIANG	#1	Hunter	1:16.97		4/21
9	Johanni VALERIO	#2	CCNY	1:21.35		3/25
10	Joeli VALERIO	#2	CCNY	1:23.77		4/15

Women's 400 Meter Hurdles

1	Taylor MCCLAY	#1	Hunter	1:15.52		4/21
2	Aminata SISSOKO	#3	Lehman	1:18.89		4/2
3	Helen DAI	#1	Hunter	1:25.02		3/31
4	Elizatte LAKOUETENE	#1	Hunter	1:37.66		4/7

Women's 800 Meters

1	Taylor MCCLAY	#1	Hunter	2:43.32		3/31
2	Zara MCPARTLAND	#2	CCNY	2:47.14		4/22
3	Samantha SURIEL	#1	Hunter	2:47.57		4/21
4	Lily MCADAMS	#1	Hunter	2:49.47		3/25
5	Emmaly MERCED	#4	York (N.Y.)	2:58.74		4/8
6	Irving JIANG	#1	Hunter	3:00.12		4/21
7	Wendy MONTIEL	#1	Hunter	3:01.33		3/31
8	Sandra LU	#2	CCNY	3:02.31		4/2
9	Joeli VALERIO	#2	CCNY	3:05.78		4/7
10	Nana SAMAKE	#5	Medgar Evers	3:06.08		4/2

Women's 1500 Meters

1	Samantha SURIEL	#1	Hunter	5:48.42		3/31
2	Zara MCPARTLAND	#2	CCNY	5:57.10		4/15
3	Wendy MONTIEL	#1	Hunter	6:01.74		3/31
4	Aakaysha WILLIAMS	#2	CCNY	6:08.50		3/25
5	Irving JIANG	#1	Hunter	6:15.97		3/31
6	Sandra LU	#2	CCNY	6:24.00		4/15
7	Karen SOLANO	#3	Lehman	6:33.29		4/22
8	Sindy KALAUCH	#1	Hunter	6:55.46		3/31
9	Rawnaa ELSHITA	#1	Hunter	7:02.35		4/15
10	Mehnoor YOUSAF	#1	Hunter	7:18.74		4/15

Women's Steeplechase

1	Zara MCPARTLAND	#2	CCNY	14:44.29		4/2
2	Elizatte LAKOUETENE	#1	Hunter	15:17.64		4/21
3	Mehnoor YOUSAF	#1	Hunter	15:19.44		4/21
4	Karina TAN	#1	Hunter	16:24.92		4/21

Women's 5000 Meters

1	Wendy MONTIEL	#1	Hunter	22:44.60		4/7
2	Sindy KALAUCH	#1	Hunter	23:15.89		3/25
3	Mehnoor YOUSAF	#1	Hunter	25:42.02		4/7
4	Rawnaa ELSHITA	#1	Hunter	26:53.00		4/7

Women's 10,000 Meters

1	Wendy MONTIEL	#1	Hunter	46:28.25		4/21
2	Sindy KALAUCH	#1	Hunter	50:57.80		4/21
3	Rawnaa ELSHITA	#1	Hunter	57:14.96		4/21



Conference TFRI Event Summary

as of 4/24/2023 8:00:43 AM

CUNYAC

Women's 4x100 Relay

1	Leondra CRAIG, Zuha KHAN, Sandra LU, Samantha MAENDEL	#2 CCNY	55.40	4/15
2	Althea WILLIAMS, Taylor MCCLAY, Rubilyn NAVARRO, Ayayo ORWA	#1 Hunter	55.87	3/31
3	Peta-Gay HUNTER, Emmaly MERCED, Zaria NEPTUNE, Tamicia SYLVESTER	#4 York (N.Y.)	57.78	4/15
4	Amber ADRIEN, Bianca WOODBERRY, Calia KING, Nana SAMAKE	#5 Medgar Evers	1:01.12	4/15
5	Margaret ODONKOR, Kimarea BROWN, Jovan FIGUEROA, Elainne ROJAS MESA	#3 Lehman	1:01.48	4/22

Women's 4x400 Relay

1	Ayayo ORWA, Helen DAI, Althea WILLIAMS, Taylor MCCLAY	#1 Hunter	5:01.12	4/7
2	Amelia CATALDO, Johanni VALERIO, Sandra LU, Joeli VALERIO	#2 CCNY	5:19.21	4/2
3	Peta-Gay HUNTER, Emmaly MERCED, Zaria NEPTUNE, Tamicia SYLVESTER	#4 York (N.Y.)	5:26.50	3/25
4	Margaret ODONKOR, Judith ROBLES REYES, Shemone HERON, Aminata SISSOKO	#3 Lehman	6:22.11	4/22

Women's High Jump

1	Daria NIEBRZYDOWSKI	#1 Hunter	1.45m	4-9	3/31
2	Rubilyn NAVARRO	#1 Hunter	1.37m	4-6	4/7
3	Zara MCPARTLAND	#2 CCNY	1.35m	4-5	4/2
4	Aakaysha WILLIAMS	#2 CCNY	1.30m	4-3¼	4/2

Women's Long Jump

1	Ayayo ORWA	#1 Hunter	4.83m	15-10¼ (0.4)	4/15
2	Rubilyn NAVARRO	#1 Hunter	4.50m	14-9¼ (0.7)	3/31
3	Serena WARNER	#2 CCNY	4.49m	14-8¾ (0.0)	4/22
4	Leondra CRAIG	#2 CCNY	4.42m	14-6 (0.0)	4/15
5	Daria NIEBRZYDOWSKI	#1 Hunter	4.25m	13-11½ (0.4)	4/15
6	Kaylin SOTO	#2 CCNY	4.18m	13-8¾ (0.0)	4/15
7	Sandra LU	#2 CCNY	4.05m	13-3½ (0.0)	4/22
8	Samantha MAENDEL	#2 CCNY	4.01m	13-2 (0.0)	4/22
9	Aminata SISSOKO	#3 Lehman	3.62m	11-10½ (0.4)	3/25
10	Bianca WOODBERRY	#5 Medgar Evers	3.49m	11-5½ (1.1)	4/8

Women's Triple Jump

1	Ayayo ORWA	#1 Hunter	8.87m	29-1¼ (0.0)	3/25
2	Leondra CRAIG	#2 CCNY	8.00m	26-3 (0.0)	4/2

Women's Shot Put

1	Serena WARNER	#2 CCNY	10.02m	32-10½	4/7
2	Nidia NELSON	#3 Lehman	8.48m	27-10	4/2
3	Stephanie TOUSSAINT	#2 CCNY	8.42m	27-7½	3/25
4	Valerie MCCREE	#3 Lehman	7.82m	25-8	4/22
4	Leondra CRAIG	#2 CCNY	7.82m	25-8	4/22
6	Aminata SISSOKO	#3 Lehman	7.77m	25-6	4/22
7	Noor EMRECH	#2 CCNY	7.10m	23-3½	4/22
8	Jennasia NELSON	#3 Lehman	7.00m	22-11¾	3/25
9	Elainne ROJAS MESA	#3 Lehman	6.71m	22-¼	3/25
10	Rawnaa ELSHITA	#1 Hunter	6.58m	21-7¼	4/7

Women's Discus

1	Serena WARNER	#2 CCNY	30.43m	99-10	4/15
2	Leondra CRAIG	#2 CCNY	23.35m	76-7¼	4/7
3	Nidia NELSON	#3 Lehman	22.34m	73-3½	4/22
4	Aminata SISSOKO	#3 Lehman	18.88m	61-11½	4/15
5	Rawnaa ELSHITA	#1 Hunter	18.25m	59-10½	3/25
6	Jennasia NELSON	#3 Lehman	18.16m	59-7	4/15
7	Helen DAI	#1 Hunter	17.17m	56-4	4/7
8	Valerie MCCREE	#3 Lehman	16.56m	54-4	3/25
9	Karina TAN	#1 Hunter	16.52m	54-2½	4/7
10	Tiffany AZUBUIKE	#3 Lehman	15.38m	50-5½	4/8

Women's Hammer

1	Nidia NELSON	#3 Lehman	34.52m	113-3	4/21
2	Jennasia NELSON	#3 Lehman	24.13m	79-2	4/2
3	Tiffany AZUBUIKE	#3 Lehman	23.95m	78-7	4/8
4	Serena WARNER	#2 CCNY	22.43m	73-7¼	4/2
5	Gabriella ORTIZ- MENENDEZ	#3 Lehman	16.20m	53-1¾	4/21
6	Elainne ROJAS MESA	#3 Lehman	15.58m	51-1½	4/21
7	Noor EMRECH	#2 CCNY	11.78m	38-7¾	4/7

Women's Javelin

1	Nidia NELSON	#3 Lehman	25.87m	84-10½	4/22
2	Elainne ROJAS MESA	#3 Lehman	23.40m	76-9¼	4/21
3	Serena WARNER	#2 CCNY	21.07m	69-1½	3/25
4	Zara MCPARTLAND	#2 CCNY	20.96m	68-9¼	4/2
5	Aakaysha WILLIAMS	#2 CCNY	19.87m	65-2¼	4/7
6	Valerie MCCREE	#3 Lehman	19.21m	63-¼	4/22
7	Sandra LU	#2 CCNY	18.22m	59-9½	3/25
8	Zuha KHAN	#2 CCNY	14.46m	47-5¼	4/7
9	Noor EMRECH	#2 CCNY	14.35m	47-1	3/25
10	Gabriella ORTIZ- MENENDEZ	#3 Lehman	14.16m	46-5½	4/2



Conference TFRI Event Summary

as of 4/24/2023 8:00:43 AM

Empire 8

Women's 100 Meters

1	32	Mackenzie MIX	#3	Utica	12.12	(1.5)	4/21
2		Zhane LETTSOME	#1	St. John Fisher	12.49	(0.5)	4/14
3		Ciarra FRANZ	#1	St. John Fisher	12.53	(0.0)	4/7
4		Michaela KURBS	#1	St. John Fisher	12.54w	(2.6)	4/2
4		Brenna JOHNSON	#2	Nazareth	12.54	(0.0)	4/8
6		Isabelle ROWLEY	#1	St. John Fisher	12.70	(1.5)	4/2
7		Alaina MORLEY	#2	Nazareth	12.86	(1.5)	4/2
8		Hannah RAGULE	#2	Nazareth	12.99	(1.5)	4/2
9		Laura MEADE	#3	Utica	13.03	(0.0)	4/7
10		Brenda LE	#1	St. John Fisher	13.10	(0.9)	4/2

Women's 100 Meter Hurdles

1	33	Ciarra FRANZ	#1	St. John Fisher	14.68	(-0.1)	4/14
2		Sydney VANDERHOOF	#2	Nazareth	15.96w	(3.5)	4/22
3		Laura MEADE	#3	Utica	16.07	(1.8)	4/21
4		Anne SPILA	#4	Alfred	16.80	(1.6)	4/13
5		Hannah RAGULE	#2	Nazareth	16.83w	(3.5)	4/22
6		Lily REXFORD	#1	St. John Fisher	17.48	(1.8)	4/14
7		Bianca DURSO	#4	Alfred	17.54w	(2.2)	4/2
8		Hayly FREDRICKSON	#1	St. John Fisher	17.59	(1.8)	4/7
9		Giovanna WALL	#7	Hartwick	17.94w	(3.4)	4/15
10		Tirzah SPIVEY	#6	Sage Colleges	18.13	(1.0)	4/21

Women's 200 Meters

1	68	Samantha SHEA	#1	St. John Fisher	25.45	(0.7)	4/22
2		Mackenzie MIX	#3	Utica	25.83	(1.1)	4/1
3		Zhane LETTSOME	#1	St. John Fisher	25.92	(1.6)	4/14
4		Brenna JOHNSON	#2	Nazareth	25.99	(0.7)	4/22
5		Grace WRIGHT	#1	St. John Fisher	26.42	(0.7)	4/22
6		Laura MEADE	#3	Utica	26.58	(0.4)	4/21
7		Isabelle ROWLEY	#1	St. John Fisher	27.20	(-0.8)	4/2
8		Alexandria WISNIEWSKI	#5	Houghton	27.24	(0.7)	4/8
8		Lina YOUNG	#4	Alfred	27.24	(0.3)	4/2
10		Claudia SIMIONE	#3	Utica	27.30	(1.6)	4/1

Women's 400 Meters

1	12	Samantha SHEA	#1	St. John Fisher	56.69		4/14
2	37	Brenna JOHNSON	#2	Nazareth	57.78		4/14
3	84	Mackenzie MIX	#3	Utica	58.85		4/18
4		Grace WRIGHT	#1	St. John Fisher	59.21		4/14
5		Olivia GILBERT	#4	Alfred	1:00.73		4/2
6		Alexandria WISNIEWSKI	#5	Houghton	1:01.88		4/8
7		Mary SHAKER	#5	Houghton	1:02.76		4/2
8		Isabella HEATH	#2	Nazareth	1:03.65		4/14
9		Emma WRIGHT	#1	St. John Fisher	1:03.97		4/22
10		Hayly FREDRICKSON	#1	St. John Fisher	1:04.07		4/2

Women's 400 Meter Hurdles

1		Mackenzie MIX	#3	Utica	1:07.57		4/15
2		Alexandria WISNIEWSKI	#5	Houghton	1:08.20		4/14
3		Brenda LE	#1	St. John Fisher	1:08.38		4/2
4		Hayly FREDRICKSON	#1	St. John Fisher	1:09.77		4/14
5		Laura MEADE	#3	Utica	1:10.03		4/15
6		Shiana SUSA	#2	Nazareth	1:10.07		4/22
7		Samantha LUBA	#2	Nazareth	1:11.24		4/2
8		Lily REXFORD	#1	St. John Fisher	1:13.86		4/2
9		Tirzah SPIVEY	#6	Sage Colleges	1:15.15		4/14
10		Sydney VANDERHOOF	#2	Nazareth	1:16.14		4/22

Women's 800 Meters

1		Olivia GILBERT	#4	Alfred	2:22.56		4/13
2		Abbey SZUMLOZ	#2	Nazareth	2:23.02		4/2
3		Jade DENING	#3	Utica	2:25.12		4/15
4		Mackenzie FEENEY	#6	Sage Colleges	2:25.52		4/21
5		Isabella HEATH	#2	Nazareth	2:27.20		4/2
6		Amanda BURRICHTER	#5	Houghton	2:27.46		4/22
7		Ella IMPAGLIA	#2	Nazareth	2:28.57		4/8
8		Janaia CRUZ-BERMEDEZ	#3	Utica	2:28.58		4/15
9		Caitlin VOLOSHEN	#1	St. John Fisher	2:29.17		4/7
10		Kyra BINNEY	#5	Houghton	2:29.61		4/2

Women's 1500 Meters

1	76	Amanda BURRICHTER	#5	Houghton	4:42.72		4/14
2		Emily WEAVER	#2	Nazareth	4:56.62		4/22
3		Caitlin VOLOSHEN	#1	St. John Fisher	4:57.08		4/14
4		Ella IMPAGLIA	#2	Nazareth	4:58.84		4/14
5		Lauren DEMICHELE	#1	St. John Fisher	4:59.11		4/7
6		Jade DENING	#3	Utica	4:59.84		4/7
7		McKenzie HALL	#4	Alfred	5:00.46		4/13
8		Laura WITT	#1	St. John Fisher	5:02.09		4/14
9		Rachel DOMARACKI	#5	Houghton	5:02.80		4/22
10		Olivia GRINNELL	#1	St. John Fisher	5:02.90		4/14

Women's Steeplechase

1	98	Emily WEAVER	#2	Nazareth	11:49.97		4/14
2		Caitlin VOLOSHEN	#1	St. John Fisher	12:12.74		4/22
3		Jade DENING	#3	Utica	12:15.46		4/1
4		Ella IMPAGLIA	#2	Nazareth	12:18.37		4/22
5		Sabrina ANTONINI	#1	St. John Fisher	12:36.57		4/7
6		Ashley O'TOOLE	#4	Alfred	12:55.68		4/22
7		Kennedy MCCOY	#5	Houghton	13:10.84		4/14
8		Allison LIST	#1	St. John Fisher	13:13.30		4/14
9		Paige ACKLEY	#2	Nazareth	13:14.39		4/22
10		Kyla REED	#3	Utica	13:51.11		4/21



Conference TFRI Event Summary

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Empire 8

Women's 5000 Meters

1	Amanda BURRICHTER	#5	Houghton	18:01.03	4/2
2	Lilianna HANNING	#2	Nazareth	18:17.59	4/14
3	Rachel DOMARACKI	#5	Houghton	18:30.48	4/14
4	Lauren DEMICHELE	#1	St. John Fisher	18:39.38	4/22
5	Elizabeth INGELLIS	#6	Sage Colleges	18:47.49	4/21
6	Brigid MCGEE	#1	St. John Fisher	19:00.80	4/22
7	McKenzie HALL	#4	Alfred	19:12.33	4/2
8	Sophia PROUTY	#1	St. John Fisher	19:16.85	4/2
9	Lauren ALMY	#1	St. John Fisher	19:40.13	4/2
10	Brynita HAAS	#7	Hartwick	19:47.41	4/7

Women's 10,000 Meters

1	92 Rachel DOMARACKI	#5	Houghton	38:37.48	4/2
2	Lauren DEMICHELE	#1	St. John Fisher	39:12.21	4/2
3	Lilianna HANNING	#2	Nazareth	39:23.94	4/2
4	Elizabeth INGELLIS	#6	Sage Colleges	39:29.69	4/7
5	Brigid MCGEE	#1	St. John Fisher	39:36.93	4/2
6	Laura WITT	#1	St. John Fisher	40:11.91	4/2
7	Megan MORIN	#2	Nazareth	40:39.31	4/2
8	Sophia PROUTY	#1	St. John Fisher	40:48.93	4/7
9	Lauren ALMY	#1	St. John Fisher	41:19.94	4/7
10	Mari JABLONSKI	#4	Alfred	41:38.81	4/2

Women's 4x100 Relay

1	22 Michaela KURBS, Samantha SHEA, Zhane LETTSOME, Ciarra FRANZ	#1	St. John Fisher	48.01	4/14
2	Shiana SUSA, Brenna JOHNSON, Hannah RAGULE, Alaina MORLEY	#2	Nazareth	50.15	4/22
3	Ayjah CLARKE, Claudia SIMIONE, Elizabeth GLOMSKI, Zeniyah GHOLSON	#3	Utica	52.32	4/1
4	Alexandria WISNIEWSKI, Mary SHAKER, Hannah HEINL, Hannah SIEWERT	#5	Houghton	52.56	4/14
5	Bianca DURSO, Lina YOUNG, Natalya RYCKMAN, Anne SPILA	#4	Alfred	53.51	3/10

Women's 4x400 Relay

1	87 Jade DENING, Noella BURLETTE, Kyla REED, Emma ZACHAREWICZ	#3	Utica	4:08.58	4/15
2	Shiana SUSA, Samantha LUBA, Sydney LASALLE, Isabella HEATH	#2	Nazareth	4:23.24	4/8
3	Ashley O'TOOLE, Nyah SOLLY, Sarah LUTKINS, McKenzie HALL	#4	Alfred	4:32.24	3/24
4	Mackenzie FEENEY, Crystal IVERY, Charisma LOSEE, Tirzah SPIVEY	#6	Sage Colleges	4:38.99	4/21
5	Amanda BURRICHTER, Noelle LINENFELSER, Rachael SMITH, Kennedy MCCOY	#5	Houghton	4:44.97	4/22
6	Riley JAMESON, Taylor HOFFMAN, Maggie DOLLOFF, Maddie BOWEN	#1	St. John Fisher	4:54.51	4/22

Women's High Jump

1	77 Hayden WILLIAMSON	#5	Houghton	1.57m	5-1¾	4/8
2	Claudia VOGEL	#1	St. John Fisher	1.52m	4-11¾	4/14
2	Bianca DURSO	#4	Alfred	1.52m	4-11¾	3/24
2	Sarah JACQUES	#1	St. John Fisher	1.52m	4-11¾	4/14
5	Amina SINCLAIR	#3	Utica	1.51m	4-11½	4/21
6	Angela CARLSON	#1	St. John Fisher	1.47m	4-9¾	4/14
6	Anne SPILA	#4	Alfred	1.47m	4-9¾	3/24
6	Alaina MORLEY	#2	Nazareth	1.47m	4-9¾	4/2
9	Aalyiah WILLIAMS	#7	Hartwick	1.45m	4-9	4/7
10	Brenna JOHNSON	#2	Nazareth	1.43m	4-8¾	4/22

Women's Pole Vault

1	62 Isabel MORSE	#2	Nazareth	3.41m	11-2¼	4/22
2	Kiara TORNUSCIOLO	#2	Nazareth	3.15m	10-4	4/2
3	Emily FRECH	#1	St. John Fisher	2.81m	9-2½	4/22
3	Rosie MORSE	#2	Nazareth	2.81m	9-2½	4/22
3	Lauren BENDALL	#2	Nazareth	2.81m	9-2½	4/22
6	Hayly FREDRICKSON	#1	St. John Fisher	2.70m	8-10¼	4/2
7	Sofie FISCHLER	#2	Nazareth	2.65m	8-8¼	4/8
8	Alyssa VELLEKOOP	#7	Hartwick	2.20m	7-2½	4/21



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Empire 8

Women's Long Jump

1	24	Michaela KURBS	#1	St. John Fisher	5.57m	18-3¼ (1.2)	4/14
2	31	Veronica DUELL	#1	St. John Fisher	5.53m	18-1¾ (1.7)	4/2
3	40	Brenna JOHNSON	#2	Nazareth	5.49m	18-¼ (1.5)	4/14
4	53	Anne SPILA	#4	Alfred	5.44m	17-10¼ (1.)	4/2
5		Laura MEADE	#3	Utica	5.24mw	17-2¼ (3.4)	4/21
6		McKenzie LEAHEY	#2	Nazareth	5.20m	17-¾ (0.1)	4/14
7		Hannah RAGULE	#2	Nazareth	5.16m	16-11¼ (0.)	4/14
8		Isabella HEATH	#2	Nazareth	5.09m	16-8½ (0.0)	4/8
8		Nora DEVITT	#3	Utica	5.09m	16-8½ (1.2)	4/7
10		Bianca DURSO	#4	Alfred	5.00m	16-5 (0.4)	4/13

Women's Triple Jump

1	76	Hannah RAGULE	#2	Nazareth	11.02m	36-2 (1.6)	4/22
2	81	Isabella HEATH	#2	Nazareth	11.00m	36-1¼ (0.3)	4/22
3	88	Laura MEADE	#3	Utica	10.96m	35-11½ (0.)	4/15
4		Nyah SOLL	#4	Alfred	10.78m	35-4½ (0.0)	3/24
5		McKenzie LEAHEY	#2	Nazareth	10.72m	35-2 (1.1)	4/22
6		Ana ION	#4	Alfred	10.66m	34-11¾ (0.)	3/24
7		Nora DEVITT	#3	Utica	10.61m	34-9¾ (0.1)	4/7
8		Sydney LASALLE	#2	Nazareth	10.22m	33-6½ (0.0)	4/8
9		Zeniyah GHOLSON	#3	Utica	9.99mw	32-9½ (2.1)	4/7
10		Abigail NUZZO	#5	Houghton	9.87m	32-4¾ (1.3)	4/14

Women's Shot Put

1	12	Jane FAHY	#3	Utica	13.77m	45-2¼	4/21
2	85	Makenna KING	#1	St. John Fisher	12.25m	40-2¼	4/14
3		Madison PALMER	#4	Alfred	11.63m	38-2	4/2
4		Lyndsay O'BRIEN	#1	St. John Fisher	11.23m	36-10¼	4/14
5		Erin MCGUINNESS	#1	St. John Fisher	11.15m	36-7	4/22
6		Lea RICHARD	#2	Nazareth	10.92m	35-10	4/14
7		Duanena GRAVES	#3	Utica	10.69m	35-1	4/7
8		Ranasia BAILEY	#3	Utica	10.19m	33-5¼	4/15
9		Kathryn EVANS	#5	Houghton	10.11m	33-2	4/2
10		Ana ION	#4	Alfred	10.09m	33-1¼	4/13

Women's Discus

1	24	Makenna KING	#1	St. John Fisher	42.62m	139-10	4/7
2		Sarah FLORIAN	#3	Utica	36.93m	121-2	4/21
3		Jane FAHY	#3	Utica	36.01m	118-2	4/15
4		Gabrielle DESANTIS	#3	Utica	31.04m	101-10	4/7
5		Erin MCGUINNESS	#1	St. John Fisher	30.92m	101-6	4/7
6		Hallie KNAPP	#1	St. John Fisher	30.83m	101-2	4/7
7		Duanena GRAVES	#3	Utica	29.94m	98-2¾	4/7
8		Madison PALMER	#4	Alfred	29.29m	96-1¼	4/22
9		Lea RICHARD	#2	Nazareth	29.19m	95-9¼	4/22
10		Lyndsay O'BRIEN	#1	St. John Fisher	29.11m	95-6¼	4/7

Women's Hammer

1	67	Lea RICHARD	#2	Nazareth	47.23m	155-0	4/14
2		Emilia COSTELLO	#3	Utica	44.37m	145-7	4/21
3		Madison PALMER	#4	Alfred	43.57m	143-0	4/2
4		Makenna KING	#1	St. John Fisher	43.32m	142-2	4/7
5		Grace MOYER	#2	Nazareth	42.51m	139-6	4/2
6		Gabrielle DESANTIS	#3	Utica	42.49m	139-5	4/21
7		Jazelle MCINTYRE	#1	St. John Fisher	40.06m	131-5	4/2
8		Skyler WHORF	#3	Utica	39.35m	129-1	4/21
9		Megan BRINCK	#3	Utica	37.58m	123-4	4/21
10		Ranasia BAILEY	#3	Utica	36.82m	120-10	4/18

Women's Javelin

1		Abigail NUZZO	#5	Houghton	29.95m	98-3¼	4/2
2		Laura MEADE	#3	Utica	29.94m	98-2¾	4/7
3		Ada SYLVESTER	#1	St. John Fisher	29.14m	95-7¼	4/22
4		Abbie KNAISCH	#3	Utica	25.88m	84-11	4/7
5		Gabrielle DESANTIS	#3	Utica	25.00m	82-¼	3/26
6		Claudia VOGEL	#1	St. John Fisher	24.64m	80-10¼	4/14
7		Paige LUNDGREN	#1	St. John Fisher	24.47m	80-3½	4/22
8		Anne SPILA	#4	Alfred	23.33m	76-6½	3/10
9		Atticus DINSMORE	#7	Hartwick	23.08m	75-8¾	4/21
10		Madison PALMER	#4	Alfred	22.93m	75-2¾	3/24

Women's Heptathlon

1	48	Laura MEADE	#3	Utica	3,823		4/21
2	53	Anne SPILA	#4	Alfred	3,766		4/13
3	57	Bianca DURSO	#4	Alfred	3,591		4/13
4	96	Logan FREDRICKSON	#1	St. John Fisher	2,943		4/14



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GNAC

Women's 100 Meters

1	Ashley KELEHER	#3	Colby-Sawyer	12.49	(0.3)	4/8
2	Mikayla FRANCOIS	#1	Regis (Mass.)	13.68	(0.1)	4/6
3	Desiree ROBINSON	#2	Emmanuel (Mas	13.76	(0.0)	4/6
4	Lily BELSCHNER	#1	Regis (Mass.)	14.00	(0.1)	4/6
5	Olivia DENCH	#1	Regis (Mass.)	14.03	(0.1)	4/6
6	Hannah BABEK	#4	Lasell	14.05	(-2.8)	4/8
7	Damali WAUGH	#4	Lasell	14.09	(-0.5)	4/14
8	Tori BETTENCOURT	#2	Emmanuel (Mas	14.22	(-0.5)	4/14
9	Abigail KILBRIDE	#1	Regis (Mass.)	14.34	(0.1)	4/6
10	Maya WARYAS	#5	Saint Joseph's (I	14.43	(2.0)	4/8

Women's 100 Meter Hurdles

1	Brooklyn GOFF	#5	Saint Joseph's (I	16.35	(-0.9)	4/8
2	Kate COCHRAN	#3	Colby-Sawyer	16.77	(0.8)	4/22
3	Beverly BROWN	#2	Emmanuel (Mas	17.42	(0.6)	4/6
4	Mikayla FRANCOIS	#1	Regis (Mass.)	17.47	(0.6)	4/6
5	Emily VANHOUTEN	#4	Lasell	18.10	(0.5)	4/14
6	Maya WARYAS	#5	Saint Joseph's (I	18.24	(0.8)	4/22
7	Emily AHO	#1	Regis (Mass.)	18.94	(0.6)	4/6
8	Cynthia BRITO	#2	Emmanuel (Mas	19.79	(0.0)	4/6

Women's 200 Meters

1	83 Ashley KELEHER	#3	Colby-Sawyer	25.55	(2.0)	4/8
2	Brooklyn GOFF	#5	Saint Joseph's (I	27.24	(0.9)	4/14
3	Emily VANHOUTEN	#4	Lasell	27.51	(0.7)	4/14
4	Hannah BABEK	#4	Lasell	28.40	(-1.7)	4/14
5	Desiree ROBINSON	#2	Emmanuel (Mas	28.43	(-0.3)	4/1
6	Kate COCHRAN	#3	Colby-Sawyer	28.45	(1.9)	4/22
7	Olivia DENCH	#1	Regis (Mass.)	28.83	(0.1)	4/6
8	Alexia YOUNG	#5	Saint Joseph's (I	28.89	(-1.5)	4/22
9	Abigail KILBRIDE	#1	Regis (Mass.)	29.22	(0.1)	4/6
10	Lily BELSCHNER	#1	Regis (Mass.)	29.23	(-1.9)	4/14

Women's 400 Meters

1	16 Ashley KELEHER	#3	Colby-Sawyer	56.96		4/22
2	Emily VANHOUTEN	#4	Lasell	1:02.54		4/8
3	Desiree ROBINSON	#2	Emmanuel (Mas	1:04.59		3/26
4	Alexia YOUNG	#5	Saint Joseph's (I	1:04.64		4/8
5	Hannah BABEK	#4	Lasell	1:07.53		4/14
6	Abigail KILBRIDE	#1	Regis (Mass.)	1:08.74		4/14
7	Ashleigh KELLEY	#1	Regis (Mass.)	1:09.46		4/22
8	Annabelle JEAN-PHILLIPPE	#1	Regis (Mass.)	1:09.92		3/25
9	Olivia DENCH	#1	Regis (Mass.)	1:09.97		4/22
10	Courtney LARSON	#3	Colby-Sawyer	1:11.68		4/14

Women's 400 Meter Hurdles

1	Brooklyn GOFF	#5	Saint Joseph's (I	1:12.05		4/8
2	Elisa D'SA	#1	Regis (Mass.)	1:14.21		4/14
3	Naomi OBENHAUS	#2	Emmanuel (Mas	1:19.20		4/6
4	Emily GREEN	#2	Emmanuel (Mas	1:20.29		3/26
5	Courtney LARSON	#3	Colby-Sawyer	1:22.61		4/22
6	Cynthia BRITO	#2	Emmanuel (Mas	1:27.82		4/6

Women's 800 Meters

1	Ashleigh KELLEY	#1	Regis (Mass.)	2:31.79		4/22
2	Elizabeth CAMERON	#2	Emmanuel (Mas	2:37.93		4/1
3	Annabelle JEAN-PHILLIPPE	#1	Regis (Mass.)	2:38.28		4/14
4	Kelsey KENNEDY	#5	Saint Joseph's (I	2:38.82		4/22
5	Brooklyn GOFF	#5	Saint Joseph's (I	2:39.13		4/14
6	Sydney GONZALEZ	#2	Emmanuel (Mas	2:41.49		4/6
7	Erin KELLEY	#1	Regis (Mass.)	2:41.62		4/6
8	Emma KRANTZ	#2	Emmanuel (Mas	2:42.43		4/14
9	Emily VANHOUTEN	#4	Lasell	2:43.27		4/14
10	Tessa MILLETTE	#3	Colby-Sawyer	2:43.28		4/1

Women's 1500 Meters

1	Ashleigh KELLEY	#1	Regis (Mass.)	4:59.21		4/6
2	Shannon O'CONNELL	#3	Colby-Sawyer	5:04.28		4/22
3	Elizabeth CAMERON	#2	Emmanuel (Mas	5:10.50		4/6
4	Tessa MILLETTE	#3	Colby-Sawyer	5:12.68		4/14
5	Emma KRANTZ	#2	Emmanuel (Mas	5:16.60		4/6
6	Erin KELLEY	#1	Regis (Mass.)	5:17.22		4/6
7	Kelsey KENNEDY	#5	Saint Joseph's (I	5:21.14		4/22
8	Elisa D'SA	#1	Regis (Mass.)	5:34.10		4/22
9	Samantha CARUS	#3	Colby-Sawyer	5:45.90		4/1
10	Annabelle JEAN-PHILLIPPE	#1	Regis (Mass.)	5:46.94		4/22

Women's Steeplechase

1	Libby PARKER	#1	Regis (Mass.)	13:07.29		4/22
2	Molly WINSHIP	#2	Emmanuel (Mas	14:44.37		4/1
3	Kate ELLIOTT	#2	Emmanuel (Mas	14:45.18		4/14

Women's 5000 Meters

1	Ashleigh KELLEY	#1	Regis (Mass.)	18:23.35		4/14
2	Shannon O'CONNELL	#3	Colby-Sawyer	18:52.17		4/14
3	Erin KELLEY	#1	Regis (Mass.)	18:55.08		4/22
4	Madelyn KLEIN	#1	Regis (Mass.)	20:09.11		4/22
5	Elizabeth CAMERON	#2	Emmanuel (Mas	20:12.72		3/26
6	Tessa MILLETTE	#3	Colby-Sawyer	20:44.44		4/14
7	Kelsey KENNEDY	#5	Saint Joseph's (I	20:45.65		3/25
8	Libby PARKER	#1	Regis (Mass.)	21:14.49		3/25
9	Emma KRANTZ	#2	Emmanuel (Mas	21:50.23		4/14
10	Elizabeth STEVENSON	#1	Regis (Mass.)	22:04.04		4/22

Women's 10,000 Meters

1	Shannon O'CONNELL	#3	Colby-Sawyer	40:10.37		3/25
2	Erin KELLEY	#1	Regis (Mass.)	40:33.78		4/14
3	Samantha CARUS	#3	Colby-Sawyer	41:57.64		3/25
4	Adriana NADEAU	#3	Colby-Sawyer	45:43.06		4/1
5	Mia ROWELL	#2	Emmanuel (Mas	49:48.20		3/26



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GNAC

Women's 4x100 Relay

1	Kate COCHRAN, Courtney BREWSTER, Ashley KELEHER, Anna BIESZCZAD	#3 Colby-Sawyer	52.13	4/14
2	Lily BELSCHNER, Olivia DENCH, Abigail KILBRIDE, Mikayla FRANCOIS	#1 Regis (Mass.)	52.85	4/14
3	Maya WARYAS, Kate LUIZ, Brooklyn GOFF, Alexia YOUNG	#5 Saint Joseph's (I	53.56	4/22
4	Beverly BROWNE, Tori BETTENCOURT, Cynthia BRITO, Desiree ROBINSON	#2 Emmanuel (Mas	53.69	4/14
5	Hanna BABEK, Damali WAUGH, Delvarie MOORE, Emily VANHOUTEN	#4 Lasell	53.92	4/1

Women's 4x400 Relay

1	Naomi OBENHAUS, Desiree ROBINSON, Emma KRANTZ, Emily GREEN	#2 Emmanuel (Mas	4:36.35	4/1
2	Emily VANHOUTEN, Lezly ACEVEDO, Emily VARGA, Hanna BABEK	#4 Lasell	4:38.14	4/8
3	Annabelle JEAN-PHILIPPE, Mikayla FRANCOIS, Olivia DENCH, Abigail KILBRIDE	#1 Regis (Mass.)	4:45.01	4/14

Women's High Jump

1	77 Desiree ROBINSON	#2 Emmanuel (Mas	1.57m	5-1¾	4/1
2	Brooklyn GOFF	#5 Saint Joseph's (I	1.47m	4-9¾	4/22
3	Emily VANHOUTEN	#4 Lasell	1.45m	4-9	3/25
3	Emily GREEN	#2 Emmanuel (Mas	1.45m	4-9	4/6
5	Kate COCHRAN	#3 Colby-Sawyer	1.42m	4-7¾	4/14
5	Courtney BREWSTER	#3 Colby-Sawyer	1.42m	4-7¾	4/1
5	Grace MICKLON	#1 Regis (Mass.)	1.42m	4-7¾	4/1
8	Tori BETTENCOURT	#2 Emmanuel (Mas	1.37m	4-6	4/14
8	Emily PARENT	#3 Colby-Sawyer	1.37m	4-6	4/14
10	Emily AHO	#1 Regis (Mass.)	1.35m	4-5	4/6
10	Mikayla FRANCOIS	#1 Regis (Mass.)	1.35m	4-5	4/6

Women's Pole Vault

1	Paula SALAZAR	#2 Emmanuel (Mas	2.65m	8-8¼	3/26
2	Beverly BROWN	#2 Emmanuel (Mas	2.50m	8-2½	4/14
3	Maya WARYAS	#5 Saint Joseph's (I	1.90m	6-2¾	4/22

Women's Long Jump

1	Desiree ROBINSON	#2 Emmanuel (Mas	4.90m	16-1 (0.0)	4/6
2	Brooklyn GOFF	#5 Saint Joseph's (I	4.89m	16-½ (1.1)	4/14
3	Ashley KELEHER	#3 Colby-Sawyer	4.76m	15-7½ (-1)	4/22
4	Tori BETTENCOURT	#2 Emmanuel (Mas	4.71m	15-5½ (0.0)	4/1
5	Mikayla FRANCOIS	#1 Regis (Mass.)	4.43m	14-6½ (0.2)	4/14
6	Beverly BROWN	#2 Emmanuel (Mas	4.35mw	14-3¼ (2.8)	3/26
7	Emily VANHOUTEN	#4 Lasell	4.34m	14-3 (0.7)	4/14
8	Cynthia BRITO	#2 Emmanuel (Mas	4.24m	13-11 (1.1)	4/6
9	Lily BELSCHNER	#1 Regis (Mass.)	4.12m	13-6¼ (1.2)	4/6
10	Emily GREEN	#2 Emmanuel (Mas	4.04m	13-3¼ (0.0)	4/1

Women's Triple Jump

1	Ashley KELEHER	#3 Colby-Sawyer	10.50m	34-5½ (0.4)	4/8
2	Desiree ROBINSON	#2 Emmanuel (Mas	10.39m	34-1¼ (-0)	4/14
3	Cynthia BRITO	#2 Emmanuel (Mas	9.95m	32-7¾ (-1)	4/14
4	Anna BIESZCZAD	#3 Colby-Sawyer	9.58m	31-5¼ (1.4)	4/1
5	Emily AHO	#1 Regis (Mass.)	9.53m	31-3¼ (0.0)	4/22
6	Katie KELLEY	#1 Regis (Mass.)	9.23m	30-3½ (0.2)	4/22
7	Emily GREEN	#2 Emmanuel (Mas	9.05m	29-8¼ (-0)	4/6
8	Tori BETTENCOURT	#2 Emmanuel (Mas	8.89m	29-2 (1.8)	4/6
9	Damali WAUGH	#4 Lasell	8.81m	28-11 (0.0)	4/14
10	Beverly BROWN	#2 Emmanuel (Mas	8.59m	28-2¼ (1.5)	4/6

Women's Shot Put

1	Jasmine DEPINA	#4 Lasell	10.22m	33-6½	4/22
2	Kristen BARRETT	#1 Regis (Mass.)	10.19m	33-5¼	4/14
3	Pilar BROWN	#1 Regis (Mass.)	9.87m	32-4¾	4/6
4	Riley SILVIA	#4 Lasell	9.46m	31-½	4/8
5	Alexandra SANIDAS	#1 Regis (Mass.)	9.37m	30-9	4/22
6	Anastazia COPELAND	#1 Regis (Mass.)	9.06m	29-8¾	4/22
7	Sinclair SAMUELS	#4 Lasell	8.96m	29-4¾	4/22
8	Shakirah KETANT	#2 Emmanuel (Mas	8.90m	29-2½	4/14
9	Erika OLDHAM	#4 Lasell	8.83m	28-11¾	4/8
10	Kimberly MOULTON	#5 Saint Joseph's (I	8.60m	28-2¾	3/25

Women's Discus

1	Riley SILVIA	#4 Lasell	31.80m	104-4	4/8
2	Alyssa FRENCH-GRAHAM	#2 Emmanuel (Mas	31.56m	103-7	4/6
3	Victoria BRADLEY	#1 Regis (Mass.)	30.36m	99-7¼	4/22
4	Jasmine DEPINA	#4 Lasell	30.04m	98-6¾	4/22
5	Faith MAZZAPICA	#3 Colby-Sawyer	29.53m	96-10¾	4/8
6	Abby O'BRIEN	#5 Saint Joseph's (I	29.24m	95-11¼	4/14
7	Emily FRANZIK	#4 Lasell	28.85m	94-8	4/22
8	Alexandra SANIDAS	#1 Regis (Mass.)	28.04m	92-0	4/14
9	Shakirah KETANT	#2 Emmanuel (Mas	26.94m	88-4¾	4/6
10	Taylor GARLAND	#5 Saint Joseph's (I	26.89m	88-2¾	4/14



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Women's Hammer

1	Kimberly MOULTON	#5	Saint Joseph's (I	37.90m	124-4	4/22
2	Anastazia COPELAND	#1	Regis (Mass.)	36.80m	120-9	4/6
3	Victoria BRADLEY	#1	Regis (Mass.)	36.76m	120-7	4/22
4	Madelyn ROBERTSON	#1	Regis (Mass.)	34.51m	113-3	4/22
5	Sinclair SAMUELS	#4	Lasell	34.40m	112-11	4/22
6	Alyssa FRENCH-GRAHAM	#2	Emmanuel (Mas	33.85m	111-1	4/22
7	Claudia SEVI	#1	Regis (Mass.)	33.20m	108-11	4/22
8	Abby O'BRIEN	#5	Saint Joseph's (I	32.79m	107-7	4/14
9	Alexandra SANIDAS	#1	Regis (Mass.)	32.30m	106-0	4/6
10	Faith MAZZAPICA	#3	Colby-Sawyer	30.58m	100-4	4/1

Women's Javelin

1	69 Jasmine DEPINA	#4	Lasell	36.77m	120-8	4/22
2	Tiffany FISCHER	#2	Emmanuel (Mas	29.22m	95-10½	4/14
3	Anna BIESZCZAD	#3	Colby-Sawyer	27.61m	90-7	4/8
4	Victoria BRADLEY	#1	Regis (Mass.)	26.91m	88-3½	4/14
5	Alayja LINTON	#1	Regis (Mass.)	25.93m	85-1	4/22
6	Shakirah KETANT	#2	Emmanuel (Mas	24.65m	80-10½	3/26
7	Emily FRANZIK	#4	Lasell	24.33m	79-10	4/8
8	Arery FAMA	#2	Emmanuel (Mas	24.00m	78-9	4/22
9	MacKenzie HOWARD	#5	Saint Joseph's (I	23.85m	78-3	4/22
10	Alexandra SANIDAS	#1	Regis (Mass.)	23.54m	77-2¾	4/22

Women's Heptathlon

1	60 Brooklyn GOFF	#5	Saint Joseph's (I	3,526		4/14
2	80 Emily VANHOUTEN	#4	Lasell	3,225		4/14



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HCAC

Women's 100 Meters

1	70	Sarah O'DAY	#4	Franklin	12.32w	(2.8)	4/15
2	89	Zaleeya MARTIN	#1	Hanover	12.40w	(2.8)	4/15
3	91	Lisa-Maria MARKAU	#10	Defiance	12.42w	(3.6)	4/15
4		Katrina AGUSTIN	#2	Rose-Hulman	12.68	(0.2)	4/21
5		Jada STANSBERRY	#9	Anderson (Ind.)	12.73	(-0.4)	3/25
6		Madalynn SCHIFER	#6	Bluffton	12.97	(0.0)	4/21
7		Hailei HAYNES	#10	Defiance	13.06	(1.2)	4/15
8		Alex ADAMS	#2	Rose-Hulman	13.17	(0.2)	4/21
9		Jay'ana BLAKELY	#3	Manchester	13.35w	(2.9)	4/15
10		Julia DRIER	#9	Anderson (Ind.)	13.39w	(2.9)	4/15

Women's 100 Meter Hurdles

1	32	Narindwa SEMAKULA	#2	Rose-Hulman	14.67	(2.0)	4/8
2		Alison MUCK	#4	Franklin	15.58	(1.9)	4/15
3		Katrina AGUSTIN	#2	Rose-Hulman	15.90	(-0.5)	4/21
4		Brooke BOUWENS	#3	Manchester	16.07	(0.0)	4/21
5		Kyra HICKS	#2	Rose-Hulman	17.32	(2.0)	4/8
6		Natalie DAY	#1	Hanover	17.44	(1.9)	4/15
7		Isabella CALHOUN	#5	Mount St. Josep	18.05	(-0.6)	4/22
8		Ashley KLOSTERMAN	#5	Mount St. Josep	18.40	(-0.6)	4/22
9		Josie LYONS	#4	Franklin	18.61	(-0.2)	4/21
10		Brantley WATHEN	#4	Franklin	19.16	(-0.7)	4/8

Women's 200 Meters

1	80	Sarah O'DAY	#4	Franklin	25.54w	(2.2)	4/15
2	88	Lisa-Maria MARKAU	#10	Defiance	25.60w	(2.6)	4/15
3		Jada STANSBERRY	#9	Anderson (Ind.)	25.75w	(2.2)	4/15
4		Zaleeya MARTIN	#1	Hanover	26.44w	(2.2)	4/15
5		Shyla PEMBERTON	#10	Defiance	26.63w	(2.6)	4/15
6		Katrina AGUSTIN	#2	Rose-Hulman	26.94w	(2.2)	4/8
7		Brooke BOUWENS	#3	Manchester	27.07w	(2.2)	4/15
8		Narindwa SEMAKULA	#2	Rose-Hulman	27.19w	(2.2)	4/8
9		Madalynn SCHIFER	#6	Bluffton	27.44w	(2.8)	4/21
10		Ashanti ELKINS	#10	Defiance	27.48	(1.5)	4/7

Women's 400 Meters

1	63	Jada STANSBERRY	#9	Anderson (Ind.)	58.46		4/15
2		Emily PETERSON	#2	Rose-Hulman	1:02.34		4/1
2		Olivia KYRK	#7	Earlham	1:02.34		4/15
4		Kailea KERR	#6	Bluffton	1:02.62		4/14
5		Abbey ROWE	#8	Transylvania	1:03.14		4/1
6		Shyla PEMBERTON	#10	Defiance	1:03.74		4/15
7		Julia GOODING	#5	Mount St. Josep	1:04.83		4/22
8		Kinsey MYERS	#6	Bluffton	1:05.02		4/14
9		Lex DESEMBERG	#4	Franklin	1:05.11		4/21
10		Penelope EASH	#3	Manchester	1:05.90		4/15

Women's 400 Meter Hurdles

1	70	Brooke BOUWENS	#3	Manchester	1:06.57		4/15
2		Jada HUNTER-HAYS	#2	Rose-Hulman	1:07.76		4/15
3		Ashley KLOSTERMAN	#5	Mount St. Josep	1:09.52		4/8
4		Natalie DAY	#1	Hanover	1:11.19		4/8
5		Jenae MONA	#2	Rose-Hulman	1:13.93		4/15
6		Josie LYONS	#4	Franklin	1:17.26		4/21
7		Mallory WATSON	#4	Franklin	1:18.97		4/21
8		Brantley WATHEN	#4	Franklin	1:26.85		4/21

Women's 800 Meters

1		Amberleigh SORENSEN	#1	Hanover	2:21.20		4/21
2		Kaycee MOORE	#8	Transylvania	2:27.14		4/8
3		Haley MAKOWSKI	#4	Franklin	2:27.99		4/21
4		Elena STIRN	#7	Earlham	2:28.70		4/15
5		Emma LITZELMAN	#1	Hanover	2:31.36		4/21
6		Angelina GREGORY	#4	Franklin	2:31.52		4/15
7		Hanna WHITNEY	#1	Hanover	2:32.71		4/21
8		Emilie PENICK	#9	Anderson (Ind.)	2:32.73		4/15
9		Basil GATES	#6	Bluffton	2:35.06		4/21
10		Hannah BRUBAKER	#3	Manchester	2:35.14		4/21

Women's 1500 Meters

1		Amberleigh SORENSEN	#1	Hanover	4:53.13		4/15
2		Elizabeth LOHMAN	#3	Manchester	4:53.66		4/21
3		Madison LINDFELT	#2	Rose-Hulman	5:00.52		4/21
4		Hannah BRUBAKER	#3	Manchester	5:03.64		4/8
5		Jill ANSPAUGH	#4	Franklin	5:12.59		4/8
6		Haley MAKOWSKI	#4	Franklin	5:13.64		4/8
7		Kaycee MOORE	#8	Transylvania	5:14.94		4/1
8		Basil GATES	#6	Bluffton	5:15.99		4/14
9		Elsa KING	#2	Rose-Hulman	5:16.72		4/8
10		Sarah JONES	#1	Hanover	5:17.02		4/21

Women's Steeplechase

1	33	Elizabeth LOHMAN	#3	Manchester	11:12.67		4/1
2		Madison LINDFELT	#2	Rose-Hulman	12:29.20		3/24
3		Callie SWEGMAN	#1	Hanover	12:39.90		4/8
4		Sydney SLUYS	#3	Manchester	13:18.53		4/8
5		Hanna WHITNEY	#1	Hanover	13:23.65		4/1
6		Rylee STEPHANY	#3	Manchester	13:32.10		4/8
7		Adair DOOLEY	#1	Hanover	13:41.85		4/8
8		Mallory WATSON	#4	Franklin	13:41.99		4/15
9		Elyse WILSON	#1	Hanover	14:00.91		4/15
10		Shelby STEGEMOLLER	#1	Hanover	14:14.51		4/8



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Women's 5000 Meters

1	Amberleigh SORENSEN	#1	Hanover	18:42.97	4/8
2	Hannah BRUBAKER	#3	Manchester	19:10.34	4/15
3	Sarah JONES	#1	Hanover	19:13.31	4/8
4	Elsa KING	#2	Rose-Hulman	19:41.21	4/15
5	Jill ANSPAUGH	#4	Franklin	19:44.86	4/15
6	Ella BASHOR	#4	Franklin	20:04.61	4/15
7	Callie SWEGMAN	#1	Hanover	20:30.15	3/25
8	Hannah MORGAN	#5	Mount St. Josep	20:33.60	4/8
9	Madi HILLIKER	#3	Manchester	20:40.96	4/8
10	Sydney SLUYS	#3	Manchester	20:52.18	4/15

Women's 10,000 Meters

1	Noelle LOLLER	#9	Anderson (Ind.)	39:34.07	3/25
2	Jenia FREEWALT	#6	Bluffton	43:23.99	4/14
3	Sarah JONES	#1	Hanover	43:28.00	4/1
4	Callie SWEGMAN	#1	Hanover	43:33.90	4/1

Women's 4x100 Relay

1	90	Narindwa SEMAKULA, Rofiat ADEYEMI, Alex ADAMS, Katrina AGUSTIN	#2	Rose-Hulman	49.80	4/21
2		Lisa-Maria MARKAU, Ashanti ELKINS, Hailei HAYNES, Shyla PEMBERTON	#10	Defiance	50.17	4/15
3		Adelle STANKO, Penelope EASH, Jay'ana BLAKELY, Brooke BOUWENS	#3	Manchester	51.92	4/8
4		Nina JAZDZEWSKI, Natalie DAY, Ally MCGUIRE, Zaleeya MARTIN	#1	Hanover	52.38	4/15
5		Izzy JAHJAH, Julia DRIER, Jaycie SONES, Jada STANSBERRY	#9	Anderson (Ind.)	52.68	4/15
6		Madalynn SCHIFER, Olivia RIDER, Kinsey MYERS, Kailea KERR	#6	Bluffton	52.80	4/21
7		Willow RUNYON, Madison HUELSKAMP, Evangeline LYON, Olivia KYRK	#7	Earlham	52.94	4/15
8		Grace HOLTMEIER, Sydney BELL, Isabella CALHOUN, Ashley KLOSTERMAN	#5	Mount St. Josep	53.67	4/8
9		Josie LYONS, Brantley WATHEN, Sarah O'DAY, Alison MUCK	#4	Franklin	55.26	3/25

Women's 4x400 Relay

1	Jada HUNTER-HAYS, Jenae MONA, Madison LINDFELT, Emily PETERSON	#2	Rose-Hulman	4:13.29	4/21
2	Lex DESENBURG, Haley MAKOWSKI, Angelina GREGORY, Mallory WATSON	#4	Franklin	4:25.35	4/8
3	Penelope EASH, Adelle STANKO, Elizabeth LOHMAN, Brooke BOUWENS	#3	Manchester	4:30.76	4/8
4	Natalie DAY, Amberleigh SORENSEN, Kelli BROCK, Emma LITZELMAN	#1	Hanover	4:33.37	4/15
5	Grace HOLTMEIER, Julia GOODING, Isabella CALHOUN, Ashley KLOSTERMAN	#5	Mount St. Josep	4:33.74	4/1
6	Abbey ROWE, Ella BRYANT, Libby PERKINS, Kaycee MOORE	#8	Transylvania	4:36.16	4/8
7	Brooke BARNES, Miranda BILLMAN, Jenia FREEWALT, Sammie UNGER	#6	Bluffton	4:45.45	4/8

Women's High Jump

1	45	Taylor ROARK	#8	Transylvania	1.60m	5-3	4/14
2		Alison MUCK	#4	Franklin	1.54m	5-½	4/15
3		Olivia RIDER	#6	Bluffton	1.48m	4-10¼	4/21
4		Farris HOWARD	#8	Transylvania	1.45m	4-9	4/14
4		Jada HUNTER-HAYS	#2	Rose-Hulman	1.45m	4-9	4/8
4		Megan KORTE	#2	Rose-Hulman	1.45m	4-9	4/1
7		Madalyn HUDNALL	#5	Mount St. Josep	1.40m	4-7	3/25
7		Kennadi LAKINS	#1	Hanover	1.40m	4-7	4/8
9		Adelle STANKO	#3	Manchester	1.35m	4-5	4/8
9		Julia GOODING	#5	Mount St. Josep	1.35m	4-5	3/25
9		Lili SEALS	#1	Hanover	1.35m	4-5	3/25

Women's Pole Vault

1	79	Nina JAZDZEWSKI	#1	Hanover	3.35m	10-11¾	4/1
2		Aliza BOLES	#1	Hanover	2.85m	9-4¼	4/15
2		Ally MCGUIRE	#1	Hanover	2.85m	9-4¼	4/15
4		Ashley KLOSTERMAN	#5	Mount St. Josep	2.28m	7-5¾	4/22
5		Kaylyn MULLINS	#5	Mount St. Josep	2.13m	6-11¾	4/22
6		Natalie OLIC	#2	Rose-Hulman	2.06m	6-9	3/25
7		Megan DEATON	#2	Rose-Hulman	1.91m	6-3¼	3/25



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HCAC

Women's Long Jump

1	68	Rofiat ADEYEMI	#2	Rose-Hulman	5.38m	17-8 (-0.2)	4/21
2		Madison HUELSKAMP	#7	Earlham	5.25m	17-2¾ (0.0)	4/1
3		Kyra HICKS	#2	Rose-Hulman	4.95mw	16-3 (3.3)	4/8
4		Brooke BOUWENS	#3	Manchester	4.79mw	15-8¾ (3.7)	4/1
5		Zaleeya MARTIN	#1	Hanover	4.70m	15-5 (0.5)	3/25
5		Willow RUNYON	#7	Earlham	4.70mw	15-5 (2.7)	4/15
7		Adelle STANKO	#3	Manchester	4.68m	15-4¼ (0.7)	4/1
8		Jay'ana BLAKELY	#3	Manchester	4.30m	14-1¼ (1.5)	4/15
9		Juliana CLAYTON	#8	Transylvania	4.23m	13-10½ (1.1)	4/21
10		Londyn FRAZIER	#5	Mount St. Josep	4.10mw	13-5½ (2.3)	4/22

Women's Triple Jump

1	41	Kyra HICKS	#2	Rose-Hulman	11.31mw	37-1¼ (2.4)	4/15
2	59	Rofiat ADEYEMI	#2	Rose-Hulman	11.14m	36-6¾ (0.0)	4/21
3		Madison HUELSKAMP	#7	Earlham	10.72m	35-2 (0.0)	4/8
4		Adelle STANKO	#3	Manchester	10.38m	34-¾ (1.6)	4/8
5		Brooke BOUWENS	#3	Manchester	9.64m	31-7½ (0.6)	4/21
6		Megan KORTE	#2	Rose-Hulman	9.22mw	30-3 (3.0)	4/8
7		Londyn FRAZIER	#5	Mount St. Josep	9.18mw	30-1½ (2.6)	4/22
8		Lili SEALS	#1	Hanover	8.68m	28-5¾ (0.5)	3/25

Women's Shot Put

1	25	Jessica BECKMAN	#1	Hanover	13.34m	43-9¼	4/15
2	26	Jessie STENGER	#1	Hanover	13.29m	43-7¼	4/15
3	34	Carley CAMP	#3	Manchester	13.01m	42-8¼	4/8
4	53	Evelyn UTLEY	#2	Rose-Hulman	12.62m	41-5	4/8
5		Allison GRABER	#3	Manchester	11.77m	38-7½	4/15
6		Jill WILHELM	#5	Mount St. Josep	11.21m	36-9½	4/22
7		Lydia LUPINSKI	#1	Hanover	11.16m	36-7½	4/15
8		Madalyn HUDNALL	#5	Mount St. Josep	10.94m	35-10¾	4/22
8		Aloria KINES	#4	Franklin	10.94m	35-10¾	4/15
10		Alexis GIBSON	#7	Earlham	10.75m	35-3¼	4/1

Women's Discus

1	27	Jessica BECKMAN	#1	Hanover	42.30m	138-10	4/8
2	43	Jessie STENGER	#1	Hanover	41.10m	134-10	4/8
3	58	Taylor TATLOCK	#4	Franklin	40.25m	132-1	4/21
4	81	Carley CAMP	#3	Manchester	39.30m	128-11	4/21
5		Jill WILHELM	#5	Mount St. Josep	37.65m	123-6	4/22
6		Lydia LUPINSKI	#1	Hanover	36.98m	121-4	4/8
7		Charlotte WILSON	#3	Manchester	36.18m	118-9	4/15
8		Evelyn UTLEY	#2	Rose-Hulman	35.96m	118-0	4/15
9		Alexis GIBSON	#7	Earlham	34.49m	113-2	3/25
10		Cameron WEBER	#2	Rose-Hulman	34.29m	112-6	3/25

Women's Hammer

1	74	Carley CAMP	#3	Manchester	46.73m	153-4	4/15
2	96	Jessica BECKMAN	#1	Hanover	45.57m	149-6	4/15
3		Cameron WEBER	#2	Rose-Hulman	43.11m	141-5	3/25
4		Emma PAYNE	#6	Bluffton	42.84m	140-7	4/8
5		Lydia LUPINSKI	#1	Hanover	42.74m	140-3	3/25
6		Maggie HARTZLER	#6	Bluffton	42.13m	138-3	4/8
7		Kylie RATHBUN	#2	Rose-Hulman	40.76m	133-9	4/21
8		Dakota GOETZ	#3	Manchester	40.32m	132-4	4/8
9		Jill WILHELM	#5	Mount St. Josep	40.28m	132-2	3/25
10		Allison GRABER	#3	Manchester	39.24m	128-9	4/15

Women's Javelin

1	23	Jill WILHELM	#5	Mount St. Josep	39.61m	130-0	4/22
2	46	Aaliyah BRIGGS	#2	Rose-Hulman	37.57m	123-3	3/25
3	69	Kylie RATHBUN	#2	Rose-Hulman	36.77m	120-8	4/8
4	71	Taylor TATLOCK	#4	Franklin	36.76m	120-7	4/15
5	88	Madalyn HUDNALL	#5	Mount St. Josep	36.25m	118-11	4/22
6		Evelyn UTLEY	#2	Rose-Hulman	34.85m	114-4	4/15
7		Jessica BECKMAN	#1	Hanover	34.78m	114-1	4/15
8		Alexis GIBSON	#7	Earlham	32.13m	105-5	4/22
9		Lizzie GILL	#5	Mount St. Josep	29.95m	98-3¼	3/25
10		Mady REES	#3	Manchester	29.16m	95-8	4/8



Conference TFRI Event Summary

as of 4/24/2023 8:00:45 AM

Independent

Women's 100 Meters

1	Sydney HELLER	#1	Lancaster Bible	13.91w	(2.4)	3/31
2	Lauren MIGLIETTA	#3	Drew	15.55	(-0.7)	4/21
3	Jessica MERENA	#1	Lancaster Bible	15.65	(1.4)	3/31

Women's 100 Meter Hurdles

1	41 Leah BERGEY	#1	Lancaster Bible	14.81w	(2.3)	3/31
2	Mazzy CIRINELLI	#3	Drew	17.49w	(2.7)	4/8
3	Emma ROHN	#1	Lancaster Bible	17.99w	(3.1)	4/13
4	Tahlia KOSEK	#4	Hilbert	18.06	(-0.4)	4/16

Women's 200 Meters

1	Emily CAMLET	#3	Drew	26.09	(1.1)	4/1
2	Sydney HELLER	#1	Lancaster Bible	28.78	(2.0)	4/13
3	Emma ROHN	#1	Lancaster Bible	29.01	(1.0)	4/13
4	Elizabeth LIEB	#1	Lancaster Bible	29.53	(-2.0)	4/5
5	Zenith AKANDE	#8	Agnes Scott	29.73	(1.0)	4/7
6	Alexandra LISZKIEWICZ	#4	Hilbert	30.51	(0.0)	4/8
7	Vanessa VAN SLYKE	#4	Hilbert	31.34	(-0.2)	4/16
8	Grace SIMPSON	#1	Lancaster Bible	31.39w	(2.4)	4/13
9	Nela BUSOVSKA	#4	Hilbert	32.04	(0.0)	4/8
10	Lauren MIGLIETTA	#3	Drew	32.08	(-1.4)	4/21

Women's 400 Meters

1	Emily CAMLET	#3	Drew	59.99		4/8
2	Elizabeth LIEB	#1	Lancaster Bible	1:04.40		4/5
3	Kara HUBER	#1	Lancaster Bible	1:04.41		4/5
4	Davis FARROW	#9	Western New En	1:07.89		4/8
5	Alexandra LISZKIEWICZ	#4	Hilbert	1:09.57		4/8
6	Nela BUSOVSKA	#4	Hilbert	1:11.28		4/8
7	Vanessa VAN SLYKE	#4	Hilbert	1:14.50		4/16
8	Zenith AKANDE	#8	Agnes Scott	1:15.22		3/24
9	Bianca BONANNO	#3	Drew	1:15.70		4/21
10	Andzani MTHENJANE	#3	Drew	1:16.93		4/8

Women's 400 Meter Hurdles

1	Leah BERGEY	#1	Lancaster Bible	1:08.28		4/5
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Women's 800 Meters

1	Lily CAREY	#5	Clark (Mass.)	2:27.07		4/1
2	Paige ANDERSON	#2	Kalamazoo	2:27.58		4/21
3	Alison HANKINS	#2	Kalamazoo	2:29.26		4/7
4	Zenaida SACKETT	#2	Kalamazoo	2:32.99		4/7
5	Maddie HANULCIK	#2	Kalamazoo	2:35.41		4/21
6	Maddie FUSCO	#4	Hilbert	2:36.55		4/16
7	Anna VARITEK	#2	Kalamazoo	2:36.82		4/7
8	Madeline O'CONNOR	#10	Lycoming	2:41.02		4/21
9	Haleigh NOWER	#2	Kalamazoo	2:41.56		4/7
10	Maya ALKEMA	#2	Kalamazoo	2:43.19		4/7

Women's 1500 Meters

1	Paige ANDERSON	#2	Kalamazoo	4:52.78		4/21
2	Alison HANKINS	#2	Kalamazoo	4:55.84		4/21
3	Anna VARITEK	#2	Kalamazoo	4:58.81		4/7
4	Maddie FUSCO	#4	Hilbert	5:14.12		4/22
5	Haleigh NOWER	#2	Kalamazoo	5:17.35		4/21
6	Lily CAREY	#5	Clark (Mass.)	5:22.87		3/26
7	Maya ALKEMA	#2	Kalamazoo	5:26.78		4/7
8	Maddie HANULCIK	#2	Kalamazoo	5:33.33		4/7
9	Dana KELLER	#1	Lancaster Bible	5:33.95		4/22
10	Katryn YOCUM	#10	Lycoming	5:33.98		4/21

Women's Steeplechase

1	Milo COOK-SHARP	#7	Maine Maritime	15:37.37		4/14
2	Kristine TWOGUNS	#4	Hilbert	17:02.34		4/22

Women's 5000 Meters

1	Ruby KRASNOW	#5	Clark (Mass.)	18:17.63		4/1
2	Anna VARITEK	#2	Kalamazoo	18:29.27		4/21
3	Elise ELLIOT	#2	Kalamazoo	19:38.01		4/21
4	Annalise BAILEY	#2	Kalamazoo	20:03.81		4/21
5	Lillian STEPHENSON	#6	SUNY New Paltz	20:39.04		3/31
6	Anna LARSON	#6	SUNY New Paltz	21:13.35		4/7
7	Allison ENGLISH	#6	SUNY New Paltz	21:30.92		4/7
8	Mari WALSH	#8	Agnes Scott	22:24.50		4/7
9	Milo COOK-SHARP	#7	Maine Maritime	24:25.15		4/14
10	Wynne DROMEY	#5	Clark (Mass.)	24:25.43		4/14

Women's 10,000 Meters

1	53 Ruby KRASNOW	#5	Clark (Mass.)	37:33.62		4/14
2	Anna LARSON	#6	SUNY New Paltz	44:25.82		3/31
3	Wynne DROMEY	#5	Clark (Mass.)	52:17.21		3/26

Women's 4x100 Relay

1	Sydney HELLER, Elizabeth LIEB, Emma ROHN, Leah BERGEY	#1	Lancaster Bible	53.10		4/13
2	Melina CHRISTODOULOU, Lauren MIGLIETTA, Mazzy CIRINELLI, Emily CAMLET	#3	Drew	55.56		4/8



Conference TFRI Event Summary

as of 4/24/2023 8:00:45 AM

Independent

Women's 4x400 Relay

1	Elizabeth LIEB, Leah BERGEY, Dana KELLER, Kara HUBER	#1 Lancaster Bible	4:27.97	3/31
2	Paige ANDERSON, Alison HANKINS, Zenaida SACKETT, Anna VARITEK	#2 Kalamazoo	4:36.46	4/7
3	Alexandra LISZKIEWICZ, Vanessa VAN SLYKE, Madeline MATUSZAK, Maddie FUSCO	#4 Hilbert	4:42.28	4/22
4	Emily CAMLET, Samantha VILLANUEVA, Andzani MTHENJANE, Lauren MIGLIETTA	#3 Drew	4:53.07	4/8
5	Lily CAREY, Siobhan CONNOLLY, Abigail GAHAGAN, Emmy UDRY	#5 Clark (Mass.)	5:07.69	4/14

Women's High Jump

1	45 Leah BERGEY	#1 Lancaster Bible	1.60m	5-3	3/31
2	77 Melina CHRISTODOULOU	#3 Drew	1.57m	5-1 $\frac{3}{4}$	4/21
3	Tahlia KOSEK	#4 Hilbert	1.47m	4-9 $\frac{3}{4}$	4/16
4	Emma ROHN	#1 Lancaster Bible	1.45m	4-9	4/5
5	Mazzy CIRINELLI	#3 Drew	1.37m	4-6	4/8
6	Grace SIMPSON	#1 Lancaster Bible	1.25m	4-1 $\frac{1}{4}$	4/5

Women's Pole Vault

1	Kara HUBER	#1 Lancaster Bible	2.90m	9-6 $\frac{1}{4}$	3/31
2	Emma MCMURRAY	#1 Lancaster Bible	2.45m	8- $\frac{1}{2}$	3/31
3	Dana KELLER	#1 Lancaster Bible	2.30m	7-6 $\frac{1}{2}$	4/5

Women's Long Jump

1	Mazzy CIRINELLI	#3 Drew	4.69m	15-4 $\frac{3}{4}$ (-0.)	4/21
2	Kaylisa MONTIJO	#1 Lancaster Bible	4.43m	14-6 $\frac{1}{2}$ (-2.)	4/5
3	Emma ROHN	#1 Lancaster Bible	4.28m	14- $\frac{1}{2}$ (-0.5)	4/13
4	Lauren MIGLIETTA	#3 Drew	4.14m	13-7 (0.0)	4/8
5	Jessica MERENA	#1 Lancaster Bible	4.00m	13-1 $\frac{1}{2}$ (-0.)	3/31

Women's Triple Jump

1	Melina CHRISTODOULOU	#3 Drew	10.67m	35- $\frac{1}{4}$ (1.5)	4/21
2	Vanessa VAN SLYKE	#4 Hilbert	9.26m	30-4 $\frac{3}{4}$ (-0.)	4/16
3	Kaylisa MONTIJO	#1 Lancaster Bible	9.15m	30- $\frac{1}{4}$ (-1.0)	3/31

Women's Shot Put

1	Rebecca BEST	#1 Lancaster Bible	10.06m	33- $\frac{1}{4}$	4/22
2	Erin WILSEY	#1 Lancaster Bible	9.55m	31-4	4/22
3	Emma ROHN	#1 Lancaster Bible	7.52m	24-8 $\frac{1}{4}$	4/22

Women's Discus

1	Rebecca BEST	#1 Lancaster Bible	28.97m	95- $\frac{1}{2}$	4/13
2	Erin WILSEY	#1 Lancaster Bible	21.60m	70-10 $\frac{1}{2}$	4/13

Women's Javelin

1	Marcy FOLTZ	#1 Lancaster Bible	27.58m	90-6	4/5
2	Tahlia KOSEK	#4 Hilbert	25.68m	84-3	4/16
3	Emma ROHN	#1 Lancaster Bible	18.86m	61-10 $\frac{1}{2}$	4/13
4	Rebecca BEST	#1 Lancaster Bible	18.05m	59-2 $\frac{3}{4}$	4/22
5	Sydney HELLER	#1 Lancaster Bible	17.39m	57- $\frac{3}{4}$	4/13
6	Lilly VERRILL	#7 Maine Maritime	9.28m	30-5 $\frac{1}{2}$	4/14

Women's Heptathlon

1	94 Emma ROHN	#1 Lancaster Bible	2,975	4/13
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Conference TFRI Event Summary

as of 4/24/2023 8:00:45 AM

Landmark

Women's 100 Meters

1	32	Helen DAVIS	#2	Moravian	12.12w	(3.3)	4/21
2	41	Crystal ROBINSON	#2	Moravian	12.19w	(3.3)	4/21
3		Alexa RINE	#1	Susquehanna	12.54	(-0.3)	4/21
4		Chloe YODER	#1	Susquehanna	12.56	(-0.1)	4/8
5		Alayna KREMPA	#1	Susquehanna	12.73	(-0.2)	4/8
6		Tahira BAKARE	#6	Goucher	12.85	(1.4)	3/17
7		Molly FERULLO	#3	Scranton	12.94	(0.3)	4/21
8		Kelly LOUGHLIN	#1	Susquehanna	13.08w	(2.2)	4/21
9		Samantha SHARROW	#3	Scranton	13.11	(-0.5)	4/13
10		Hannah ALDERFER	#1	Susquehanna	13.18	(-1.9)	4/15

Women's 100 Meter Hurdles

1	6	Chloe YODER	#1	Susquehanna	14.05w	(3.6)	4/8
2	47	Hannah ALDERFER	#1	Susquehanna	14.91w	(3.6)	4/8
3		Alayna KREMPA	#1	Susquehanna	16.26	(-0.3)	4/15
4		Clare MARSH	#4	Catholic (D.C.)	16.38	(1.3)	4/22
5		Laura CARDONA	#5	Elizabethtown	16.51	(0.0)	4/13
6		Ashley BENHAM	#3	Scranton	16.75	(0.8)	4/21
7		Molly WHITE	#3	Scranton	16.81	(0.6)	4/4
8		Isabella DEMASSA	#2	Moravian	16.98w	(3.3)	4/1
9		Elizabeth DEMASSA	#2	Moravian	17.08	(1.2)	4/21
10		Victoria LIBRETTI	#3	Scranton	17.35	(2.0)	4/1

Women's 200 Meters

1	61	Crystal ROBINSON	#2	Moravian	25.38	(1.1)	4/1
2	94	Abby GIAMONI	#2	Moravian	25.65	(1.1)	4/1
3		Alayna KREMPA	#1	Susquehanna	25.77	(1.2)	4/8
4		Noelle GONZALEZ	#3	Scranton	25.83	(1.1)	4/1
5		Helen DAVIS	#2	Moravian	25.85	(0.5)	4/7
6		Chloe YODER	#1	Susquehanna	25.89	(1.1)	4/8
7		Hannah ALDERFER	#1	Susquehanna	26.11	(1.0)	4/8
8		Ellie BIXENMAN	#4	Catholic (D.C.)	26.66w	(2.2)	3/25
9		Samantha SHARROW	#3	Scranton	26.97	(0.6)	4/4
10		Ashley NEWMAN	#1	Susquehanna	27.09	(2.0)	4/8

Women's 400 Meters

1	52	Crystal ROBINSON	#2	Moravian	58.30		4/7
2	60	Noelle GONZALEZ	#3	Scranton	58.43		4/14
3	93	Abby GIAMONI	#2	Moravian	58.98		4/21
4		Rachel BYRNE	#2	Moravian	59.34		4/21
5		Clare MARSH	#4	Catholic (D.C.)	59.83		3/31
6		Tanise THORNTON-FILLYAW	#6	Goucher	59.96		3/31
7		Liza LEVIN	#1	Susquehanna	1:00.94		4/21
8		Olivia BARBACCI	#7	Juniata	1:01.26		4/19
9		Ellie BIXENMAN	#4	Catholic (D.C.)	1:01.48		4/22
9		Chloe YODER	#1	Susquehanna	1:01.48		3/24

Women's 400 Meter Hurdles

1	40	Clare MARSH	#4	Catholic (D.C.)	1:04.96		4/14
2	76	Chloe YODER	#1	Susquehanna	1:06.76		3/30
3		Laura CARDONA	#5	Elizabethtown	1:07.94		4/13
4		Ashley BENHAM	#3	Scranton	1:10.95		4/21
5		Julia ACEVEDO	#1	Susquehanna	1:11.16		4/21
6		Alayna KREMPA	#1	Susquehanna	1:11.46		3/30
7		Molly WHITE	#3	Scranton	1:12.04		3/24
8		Elizabeth DEMASSA	#2	Moravian	1:12.87		4/21
9		Isabella DEMASSA	#2	Moravian	1:14.12		4/21
10		Victoria LIBRETTI	#3	Scranton	1:14.43		4/21

Women's 800 Meters

1	49	Emily MOEHRINGER	#4	Catholic (D.C.)	2:16.20		4/14
2	81	Tanise THORNTON-FILLYAW	#6	Goucher	2:17.84		4/7
3		Samantha HOFFMAN	#3	Scranton	2:21.87		3/24
4		Kallan CARTER	#1	Susquehanna	2:21.99		3/30
5		Apolline GASPERS	#4	Catholic (D.C.)	2:22.75		4/14
6		Kate INGLIS	#4	Catholic (D.C.)	2:23.11		3/31
7		Rylie MURPHY	#2	Moravian	2:23.61		4/21
8		Liza LEVIN	#1	Susquehanna	2:24.63		3/30
9		Olivia TULLMAN	#3	Scranton	2:24.98		4/21
10		Rachel BYRNE	#2	Moravian	2:25.38		4/15

Women's 1500 Meters

1	91	Kate INGLIS	#4	Catholic (D.C.)	4:43.62		3/31
2		Emily MOEHRINGER	#4	Catholic (D.C.)	4:44.68		4/14
3		Kallan CARTER	#1	Susquehanna	4:44.93		3/30
4		Samantha HOFFMAN	#3	Scranton	4:47.79		4/14
5		Jessica HOFFMANN	#3	Scranton	4:48.46		4/21
6		Apolline GASPERS	#4	Catholic (D.C.)	4:50.26		4/14
7		Danielle OHRMAN	#4	Catholic (D.C.)	4:54.43		4/15
8		Tanise THORNTON-FILLYAW	#6	Goucher	4:54.44		4/7
9		Olivia TULLMAN	#3	Scranton	4:54.74		4/14
10		Ava PERLOV	#4	Catholic (D.C.)	4:56.65		4/15

Women's Steeplechase

1	29	Kate INGLIS	#4	Catholic (D.C.)	11:09.78		4/22
2	63	Amber PONIATERA	#2	Moravian	11:34.47		4/14
3	83	Rachael GOODMAN	#2	Moravian	11:42.76		4/14
4		Sadie ABOOD	#4	Catholic (D.C.)	11:53.75		4/22
5		Melissa FITZGIBBON	#5	Elizabethtown	12:13.38		4/14
6		Grace TIRABASSI	#2	Moravian	12:35.49		4/7
7		Hannah KOLONOSKI	#2	Moravian	12:38.19		4/1
8		Katie GUELCHER	#5	Elizabethtown	13:23.33		4/22
9		Meghan MCDONALD	#1	Susquehanna	13:30.73		4/15
10		Isabell ANDERSON	#5	Elizabethtown	13:44.29		4/22



Conference TFRI Event Summary

as of 4/24/2023 8:00:46 AM

Landmark

Women's 5000 Meters

1	31	Jessica HOFFMANN	#3	Scranton	17:15.02	4/14
2	70	Kate INGLIS	#4	Catholic (D.C.)	17:37.32	4/14
3		Emily HOPKINS	#3	Scranton	18:18.03	3/24
4		Melissa FITZGIBBON	#5	Elizabethtown	18:35.62	4/5
5		Emma MYERS	#1	Susquehanna	18:45.94	4/8
6		Amber PONIKTERA	#2	Moravian	18:47.45	4/7
7		Ava PERLOV	#4	Catholic (D.C.)	18:56.83	4/22
8		Danielle OHRTMAN	#4	Catholic (D.C.)	18:59.02	3/31
9		Tara SMURLA	#2	Moravian	19:01.25	4/14
10		Tori CHAMPAGNE	#2	Moravian	19:04.42	4/7

Women's 10,000 Meters

1		Tara SMURLA	#2	Moravian	39:34.49	4/21
2		Rachael GOODMAN	#2	Moravian	40:29.61	4/21
3		Madison WEBBER	#5	Elizabethtown	40:50.12	3/24
4		Ally MEEKS	#2	Moravian	41:08.31	4/21
5		Amber PONIKTERA	#2	Moravian	41:08.44	4/21
6		Amanda KAUFFMAN	#5	Elizabethtown	41:11.31	3/24
7		Tori CHAMPAGNE	#2	Moravian	41:12.99	4/21
8		Sarah KERN	#3	Scranton	41:27.93	3/24
9		Kallan CARTER	#1	Susquehanna	41:49.43	3/24
10		Emma MYERS	#1	Susquehanna	42:20.90	3/24

Women's 4x100 Relay

1	17	Helen DAVIS, Crystal ROBINSON, Abby GIAMONI, Rachel BYRNE	#2	Moravian	47.80	4/21
2	33	Hannah ALDERFER, Alexa RINE, Alayna KREMPA, Chloe YODER	#1	Susquehanna	48.34	3/30
3	73	Molly FERULLO, Samantha SHARROW, Fiona BURKE, Noelle GONZALEZ	#3	Scranton	49.47	4/21
4		Jaelan GABRIEL, Tahira BAKARE, Carter HINTON-AYODELE, Dorian CHENEY	#6	Goucher	51.07	4/15
5		Aila TROXEL, Sarah SCHUMACHER, Erin DRISCOLL, Ellie BIXENMAN	#4	Catholic (D.C.)	51.10	4/22
6		Melissa PATTON, Jarrett WAGNER, Madison EISENHART, Trinity FAUPEL	#5	Elizabethtown	53.93	4/5
7		Rebecca CHRISTOPHEL, Olivia BARBACCI, Ashley ALFREE, Zoe BILES	#7	Juniata	54.20	4/13

Women's 4x400 Relay

1	70	Emily MOEHRINGER, Clare MARSH, Apolline GASPERS, Ellie BIXENMAN	#4	Catholic (D.C.)	4:06.44	4/14
2	86	Rylie MURPHY, Rachel BYRNE, Racquel RAMEY, Crystal ROBINSON	#2	Moravian	4:08.39	4/7
3		Alexa RINE, Kallan CARTER, Caitlyn KUHN, Liza LEVIN	#1	Susquehanna	4:18.09	4/8
4		Rebecca CHRISTOPHEL, Olivia BARBACCI, Ashley ALFREE, Zoe BILES	#7	Juniata	4:19.07	4/19
5		Noelle GONZALEZ, Tasia MINIOTIS, Olivia MILLER, Ashley BENHAM	#3	Scranton	4:20.34	3/24
6		Melissa PATTON, Jessica D'IORIO, Kylie EVOY, Victoria WERT	#5	Elizabethtown	4:26.90	4/5

Women's High Jump

1	45	Jocelynn ITTERLY	#5	Elizabethtown	1.60m	5-3	4/5
1	45	Anna SCOBLICK	#4	Catholic (D.C.)	1.60m	5-3	3/31
3	68	Lexi GROFF	#2	Moravian	1.58m	5-2¼	4/7
4		Dorian CHENEY	#6	Goucher	1.48m	4-10¼	3/24
5		Alexandra HAEFELE	#2	Moravian	1.47m	4-9¾	4/1
5		Paige BELL	#3	Scranton	1.47m	4-9¾	4/4
7		Jenna HORNING	#1	Susquehanna	1.45m	4-9	4/21
7		Abby SJOSWARD	#4	Catholic (D.C.)	1.45m	4-9	4/22
9		Hannah ALDERFER	#1	Susquehanna	1.40m	4-7	4/8
9		Chloe YODER	#1	Susquehanna	1.40m	4-7	4/8

Women's Pole Vault

1		Sarah BOWER	#1	Susquehanna	3.25m	10-8	3/24
2		Ally MANISCALCO	#3	Scranton	3.10m	10-2	4/4
3		Brooke LEITZEL	#1	Susquehanna	2.80m	9-2¼	4/8
3		Olivia BARBACCI	#7	Juniata	2.80m	9-2¼	4/21
5		Katie SEAL	#3	Scranton	2.55m	8-4¼	3/24
6		Ashley ALFREE	#7	Juniata	2.50m	8-2½	4/21
7		Ana GARIPPA	#3	Scranton	2.40m	7-10½	4/1
8		Katie CAMMARATA	#1	Susquehanna	2.35m	7-8½	3/24



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Landmark

Women's Long Jump

1	8	Remi ACORD	#1	Susquehanna	5.72m	18-9¼ (-0.0)	4/21
2	56	Hannah ALDERFER	#1	Susquehanna	5.43m	17-9¾ (0.0)	4/15
3	89	Noelle GONZALEZ	#3	Scranton	5.29m	17-4¼ (-1.0)	4/21
4	96	Chloe YODER	#1	Susquehanna	5.26m	17-3¼ (0.0)	4/8
5		Samantha SHARROW	#3	Scranton	5.15m	16-10¾ (-1.0)	4/13
6		Dorian CHENEY	#6	Goucher	5.12m	16-9¾ (-3.0)	4/5
7		Carter HINTON-AYODELE	#6	Goucher	5.00m	16-5 (0.0)	3/17
8		Erin DRISCOLL	#4	Catholic (D.C.)	4.90m	16-1 (0.0)	3/31
9		Lexi GROFF	#2	Moravian	4.82m	15-9¾ (-0.0)	4/21
10		Meghan WINTER	#3	Scranton	4.80m	15-9 (0.5)	4/4

Women's Triple Jump

1	15	Remi ACORD	#1	Susquehanna	11.83m	38-9¾ (0.0)	4/21
2	33	Carter HINTON-AYODELE	#6	Goucher	11.39mw	37-4½ (2.5)	4/5
3	92	Julia ACEVEDO	#1	Susquehanna	10.94m	35-10¾ (-0.0)	4/15
4		Alexandra HAEFELE	#2	Moravian	10.75m	35-3¼ (0.6)	4/7
5		Meghan WINTER	#3	Scranton	10.46m	34-4 (-2.1)	4/1
6		Molly WHITE	#3	Scranton	10.26m	33-8 (-1.4)	4/1
7		Jaelan GABRIEL	#6	Goucher	10.09m	33-1¼ (-1.0)	4/15
8		Hannah ALDERFER	#1	Susquehanna	10.07m	33-½ (-0.7)	4/8
9		Elizabeth DEMASSA	#2	Moravian	10.06m	33-¼ (-2.8)	4/1
10		Jessica TSU	#3	Scranton	9.95m	32-7¾ (-0.0)	4/21

Women's Shot Put

1	55	Maggie BOYER	#1	Susquehanna	12.59m	41-3¾	3/24
2		Ciara DONEGAN	#4	Catholic (D.C.)	11.52m	37-9½	4/22
3		Mylea NEIDIG	#5	Elizabethtown	11.28m	37-¼	3/31
4		Maura BRADNEY	#5	Elizabethtown	11.17m	36-7¾	4/13
5		Mikayla-Anne WOODRING	#2	Moravian	10.89m	35-8¾	4/21
6		Alexandra FERRADOR	#3	Scranton	10.87m	35-8	4/4
7		Margie RAYNE	#2	Moravian	10.84m	35-6¾	4/21
8		DaniRae RENNO	#5	Elizabethtown	10.67m	35-¼	4/22
9		Arin PEYKAR	#2	Moravian	10.60m	34-9½	4/1
10		Caillie FISH	#2	Moravian	10.48m	34-4¾	4/21

Women's Discus

1	75	Trinity SOTO	#5	Elizabethtown	39.60m	129-11	4/5
2		DaniRae RENNO	#5	Elizabethtown	38.21m	125-5	4/14
3		Halie MURPHY	#4	Catholic (D.C.)	37.31m	122-5	3/25
4		Madeline WICKEL	#2	Moravian	36.29m	119-1	4/7
5		Alexandra FERRADOR	#3	Scranton	35.33m	115-11	4/4
6		Caillie FISH	#2	Moravian	34.93m	114-7	4/1
7		Mylea NEIDIG	#5	Elizabethtown	33.52m	110-0	4/13
8		Margie RAYNE	#2	Moravian	33.30m	109-3	4/21
9		Karalyn VASHEY	#2	Moravian	32.14m	105-6	4/7
10		Molly MAXWELL	#4	Catholic (D.C.)	31.70m	104-0	3/25

Women's Hammer

1	90	Maggie BOYER	#1	Susquehanna	46.06m	151-2	4/8
2		Caillie FISH	#2	Moravian	42.00m	137-10	4/7
3		Margie RAYNE	#2	Moravian	41.19m	135-2	4/7
4		Trinity SOTO	#5	Elizabethtown	39.95m	131-1	4/5
5		Alexandra FERRADOR	#3	Scranton	39.55m	129-9	4/4
6		Liz MISKOVSKY	#2	Moravian	39.38m	129-3	4/7
7		Sarah ROTH	#6	Goucher	39.10m	128-4	4/15
8		Katherine FAFIAN	#3	Scranton	37.59m	123-4	4/1
9		Karalyn VASHEY	#2	Moravian	37.19m	122-0	4/7
10		Mikayla-Anne WOODRING	#2	Moravian	36.62m	120-2	4/21

Women's Javelin

1	11	Erin MILLER	#5	Elizabethtown	41.79m	137-1	4/14
2	93	Ainslee BINKLEY	#1	Susquehanna	35.85m	117-8	3/24
3		Abby MCCLASKEY	#2	Moravian	35.31m	115-10	4/21
4		Delaynee MCLEOD	#1	Susquehanna	34.95m	114-8	4/21
5		Delaney WISEMAN	#2	Moravian	34.45m	113-0	4/21
6		Emma COOLIDGE	#7	Juniata	32.88m	107-11	4/13
7		Samantha SHAFER	#1	Susquehanna	29.71m	97-5¾	4/8
8		Sophia SCHOENBORN	#4	Catholic (D.C.)	27.70m	90-10½	3/25
9		Maura BRADNEY	#5	Elizabethtown	26.71m	87-7¾	4/13
10		Hannah ALDERFER	#1	Susquehanna	25.32m	83-1	4/8

Women's Heptathlon

1	14	Hannah ALDERFER	#1	Susquehanna	4,368		4/8
2	21	Chloe YODER	#1	Susquehanna	4,260		4/8
3	86	Julia ACEVEDO	#1	Susquehanna	3,134		4/8
4		Jessica TSU	#3	Scranton	2,736		4/13
5		Alicia ACOSTA	#3	Scranton	2,678		4/13
6		Ally MANISCALCO	#3	Scranton	2,568		4/13



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Liberty League

Women's 100 Meters

1	48	Madeline O'CONNELL	#1	Rochester (N.Y.)	12.23w	(2.6)	4/2
2	67	Susan BANSBACH	#1	Rochester (N.Y.)	12.31w	(2.6)	4/2
3	76	Traci FRANCIS	#4	Vassar	12.33w	(2.6)	4/22
4		Christine MALLETT	#3	RPI	12.47w	(2.6)	4/22
5		Lola PEREZ-FRY	#4	Vassar	12.53w	(2.6)	4/22
6		Kate ISAAC	#1	Rochester (N.Y.)	12.59	(1.5)	4/6
7		Kristin HARDY	#1	Rochester (N.Y.)	12.75	(1.5)	4/2
8		Jamie EU	#4	Vassar	12.78w	(2.6)	4/22
9		Megan BELL	#1	Rochester (N.Y.)	12.83	(1.4)	4/14
10		Ava NOVAK	#4	Vassar	12.91	(0.6)	4/7

Women's 100 Meter Hurdles

1	8	Logan BRUCE	#2	Ithaca	14.14w	(3.0)	4/1
2	34	Emma MCGUINN	#3	RPI	14.72w	(2.4)	4/14
3	52	Ashley HEFFERNAN	#1	Rochester (N.Y.)	14.96w	(2.2)	4/14
4	64	Jahmilnia DENNIS	#4	Vassar	15.12	(1.0)	4/14
5		Allison REGNANTE	#5	RIT	15.56	(-0.6)	4/14
6		Rachel LARSON	#2	Ithaca	15.69	(0.9)	4/21
7		Samantha CRISCI	#5	RIT	16.11	(-2.0)	4/14
8		Nora JENSEN	#4	Vassar	16.36	(0.3)	4/22
9		Cecelia LABONTE	#2	Ithaca	16.50	(-0.1)	4/14
10		Moriah BYRD	#2	Ithaca	16.72	(0.0)	3/25

Women's 200 Meters

1	20	Susan BANSBACH	#1	Rochester (N.Y.)	24.90	(1.8)	4/14
2	27	Madeline O'CONNELL	#1	Rochester (N.Y.)	25.03	(0.7)	4/22
3	33	Ashley HEFFERNAN	#1	Rochester (N.Y.)	25.13	(2.0)	4/14
4	41	Kristin HARDY	#1	Rochester (N.Y.)	25.17	(1.8)	4/14
5	96	Logan BRUCE	#2	Ithaca	25.67	(-0.4)	4/14
6		Christine MALLETT	#3	RPI	25.76w	(2.9)	4/22
6		Kate ISAAC	#1	Rochester (N.Y.)	25.76	(-0.3)	4/2
8		Caroline HILL	#5	RIT	26.01	(1.6)	4/8
9		Devan ADEGBILE	#2	Ithaca	26.39	(1.2)	4/15
10		Emma MCGUINN	#3	RPI	26.60	(1.1)	4/1

Women's 400 Meters

1	4	Susan BANSBACH	#1	Rochester (N.Y.)	55.41		4/14
2	8	Madeline O'CONNELL	#1	Rochester (N.Y.)	56.29		4/14
3	21	Kristin HARDY	#1	Rochester (N.Y.)	57.25		4/14
4	41	Megan BELL	#1	Rochester (N.Y.)	57.86		4/2
5	42	Kate ISAAC	#1	Rochester (N.Y.)	57.92		4/14
6		Gabrielle BAKER	#7	Union (N.Y.)	59.67		4/22
7		Caroline HILL	#5	RIT	59.95		4/2
8		Natalie MACARTHUR	#2	Ithaca	1:00.19		4/21
9		Devan ADEGBILE	#2	Ithaca	1:00.54		4/21
10		Luca PECORA	#2	Ithaca	1:01.36		4/21

Women's 400 Meter Hurdles

1	29	Megan BELL	#1	Rochester (N.Y.)	1:04.61		4/14
2	54	Luca PECORA	#2	Ithaca	1:05.80		4/14
3	63	Samantha CRISCI	#5	RIT	1:06.28		4/14
4		Kaylee BERTINI	#6	St. Lawrence	1:08.92		4/22
5		Freja NIKLASSON	#4	Vassar	1:09.67		4/14
6		Laura WONG	#4	Vassar	1:10.68		4/7
7		Madison MARTINEZ	#2	Ithaca	1:11.22		4/1
8		Caroline STANTON	#7	Union (N.Y.)	1:12.42		4/14
9		Leila WARDE	#7	Union (N.Y.)	1:13.23		4/7
10		Kelly MORAN	#3	RPI	1:13.38		4/14

Women's 800 Meters

1	13	Megan BELL	#1	Rochester (N.Y.)	2:13.14		4/22
2	24	Paloma DEMONTE	#2	Ithaca	2:14.38		4/14
3		Kristin HARDY	#1	Rochester (N.Y.)	2:18.40		4/22
4		Sophia HENDERSON	#4	Vassar	2:20.15		4/14
5		Jillian LEES	#3	RPI	2:20.20		4/8
6		Allison SIBOLD	#6	St. Lawrence	2:20.31		4/22
7		Augusta STOCKMAN	#4	Vassar	2:20.60		4/14
8		Susan BANSBACH	#1	Rochester (N.Y.)	2:21.00		4/22
9		Rachel ROSE	#2	Ithaca	2:22.57		4/21
10		Abigail NAUTEL	#5	RIT	2:23.50		4/14

Women's 1500 Meters

1	12	Allison SIBOLD	#6	St. Lawrence	4:34.26		4/14
2	95	Augusta STOCKMAN	#4	Vassar	4:43.82		4/14
3		Paloma DEMONTE	#2	Ithaca	4:48.15		4/1
4		Catherine DACEY	#7	Union (N.Y.)	4:50.09		4/7
5		Jillian LEES	#3	RPI	4:50.15		4/14
6		Olivia PISACANO	#3	RPI	4:52.27		4/8
7		Sierra DANIEU	#5	RIT	4:53.80		4/14
8		Amelia GILBERT	#5	RIT	4:54.14		4/22
9		Sophia HENDERSON	#4	Vassar	4:56.06		3/24
10		Sennett TURNER	#1	Rochester (N.Y.)	4:56.99		4/22

Women's Steeplechase

1	22	Haylei COOLICAN	#6	St. Lawrence	11:02.82		4/14
2	34	Emma PALUMBO	#6	St. Lawrence	11:13.66		4/14
3	80	Katherine BENNINGER	#1	Rochester (N.Y.)	11:42.04		4/8
4	99	Kyla EISMAN	#2	Ithaca	11:50.78		4/8
5		Eileen BERES	#3	RPI	11:53.71		4/8
6		Claudia WOLF	#3	RPI	11:55.20		4/8
7		Bridget HASTINGS	#6	St. Lawrence	11:56.70		4/14
8		Sab LIN	#1	Rochester (N.Y.)	12:00.52		4/2
9		Tessa BOSSOM	#3	RPI	12:06.96		4/8
10		Allison MALTESTA	#7	Union (N.Y.)	12:12.69		4/14



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Liberty League

Women's 5000 Meters

1	63	Olivia PISACANO	#3	RPI	17:33.64	4/14
2	71	Haylei COOLICAN	#6	St. Lawrence	17:37.82	4/22
3	81	Augusta STOCKMAN	#4	Vassar	17:41.30	4/7
4	94	Nia GODDARD	#3	RPI	17:44.88	4/8
5		Olivia WATSON	#6	St. Lawrence	17:53.85	4/22
6		Emma PALUMBO	#6	St. Lawrence	17:59.01	4/1
7		Sennett TURNER	#1	Rochester (N.Y.)	18:08.65	4/8
8		Noni PATTINGTON	#4	Vassar	18:18.69	4/14
9		Katherine SHEEHY	#6	St. Lawrence	18:21.02	4/14
10		Katherine BENNINGER	#1	Rochester (N.Y.)	18:26.95	4/22

Women's 10,000 Meters

1	14	Nia GODDARD	#3	RPI	35:51.79	4/14
2	33	Sennett TURNER	#1	Rochester (N.Y.)	36:45.13	4/14
3	55	Ava FOWLER	#2	Ithaca	37:38.77	4/14
4	83	Olivia WATSON	#6	St. Lawrence	38:22.46	4/14
5	99	Leah GOODLOE	#3	RPI	39:01.01	4/14
6		Meredith GARRITY	#2	Ithaca	40:21.03	3/25
7		Alicia LAWSON	#1	Rochester (N.Y.)	40:32.37	4/14
8		Morgan BREMER	#1	Rochester (N.Y.)	40:41.46	4/14
9		Erin PERCY	#5	RIT	41:05.86	4/14
10		Ann BYERLEY	#5	RIT	41:06.25	4/14

Women's 4x100 Relay

1	13	Kristin HARDY, Susan BANSBACH, Ashley HEFFERNAN, Madeline O'CONNELL	#1	Rochester (N.Y.)	47.53	4/22
2	92	Jamie EU, Ava NOVAK, Lola PEREZ- FRY, Traci FRANCIS	#4	Vassar	49.84	3/31
3		Ayenaliz VELASQUEZ, Logan BRUCE, Luca PECORA, Milla GONZALEZ	#2	Ithaca	49.97	4/8
4		Glory MONCION- ALLEN, Gabrielle BAKER, Caroline STANTON, Marley FROE	#7	Union (N.Y.)	51.22	4/14
5		Maeve MURPHY, Caitlin SMITH, Summer LOONEY, Katie UNGER	#3	RPI	52.38	4/14
6		Samantha CRISCI, Allison REGNANTE, Rania SABRI, Violet AMEELE	#5	RIT	52.63	4/8
7		Hayley CASTAGNIER, Cora KNIGHT, Mackenzie MARCUS, Olivia MIDDLETON	#6	St. Lawrence	52.75	4/22

Women's 4x400 Relay

1	7	Madeline O'CONNELL, Kate ISAAC, Megan BELL, Susan BANSBACH	#1	Rochester (N.Y.)	3:53.88	4/6
2	75	Paloma DEMONTE, Moriah BYRD, Natalie MACARTHUR, Rachel ROSE	#2	Ithaca	4:07.02	3/25
3		Caroline STANTON, Catherine DACEY, Allison MALATESTA, Grace ARDITO	#7	Union (N.Y.)	4:16.99	4/1
4		Margaret MCLAUGHLIN, Sophia HENDERSON, Laura WONG, Ava NOVAK	#4	Vassar	4:20.05	3/31
5		Alexa SMITH, Kristina KOES, Allison SIBOLD, Kaylee BERTINI	#6	St. Lawrence	4:20.96	4/22
6		Sierra DANIEU, Abigail THOMAS, Ally ZUIDEMA, Amelia GILBERT	#5	RIT	4:34.21	4/8
7		Becca ITTY, Summer LOONEY, Lauren MAHER, Kelly MORAN	#3	RPI	4:34.26	4/8
8		Chloe DESAUTELS, Lizzie ALDOUS, Sadie TORRE, Sophia TIGHE	#8	Bard	4:56.59	4/15

Women's High Jump

1	40	Charly SLUSSER	#2	Ithaca	1.61m	5-3¼	4/15
2	45	Logan BRUCE	#2	Ithaca	1.60m	5-3	4/14
3		Trinity JOHNSON	#1	Rochester (N.Y.)	1.52m	4-11¾	4/14
3		Kassidy BURROWS	#5	RIT	1.52m	4-11¾	4/14
5		Cecelia LABONTE	#2	Ithaca	1.48m	4-10¼	4/14
6		Grace ARDITO	#7	Union (N.Y.)	1.46m	4-9½	4/22
7		Kaylee BERTINI	#6	St. Lawrence	1.45m	4-9	4/8
8		Nora DRESLIN	#1	Rochester (N.Y.)	1.42m	4-7¾	4/2
9		Iva SAVIC	#1	Rochester (N.Y.)	1.41m	4-7½	4/14
9		Ashley HEFFERNAN	#1	Rochester (N.Y.)	1.41m	4-7½	4/14



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Liberty League

Women's Pole Vault

1	5	Madeline O'CONNELL	#1	Rochester (N.Y.)	3.85m	12-7½	4/2
2	13	Meghan MATHENY	#2	Ithaca	3.72m	12-2½	4/8
3	33	Kennedy HEICHEL	#2	Ithaca	3.55m	11-7¾	4/21
4	49	Martha KEMP-NEILSON	#2	Ithaca	3.45m	11-3¾	4/1
5	64	Catherine FOX	#5	RIT	3.40m	11-1¾	4/14
5	64	Jamie ROSSIG	#2	Ithaca	3.40m	11-1¾	4/21
5	64	Erin EASTWOOD	#2	Ithaca	3.40m	11-1¾	4/21
8		Bree BOYLE	#2	Ithaca	3.10m	10-2	4/21
9		Siri WALSH	#3	RPI	2.75m	9-¼	4/22
10		Samantha SCHLECTMAN	#5	RIT	2.35m	7-8½	4/14

Women's Long Jump

1	7	Logan BRUCE	#2	Ithaca	5.77m	18-11¼ (0.	4/8
2	47	Lola PEREZ-FRY	#4	Vassar	5.47m	17-11½ (1.	4/7
3	59	Ashley HEFFERNAN	#1	Rochester (N.Y.)	5.41m	17-9 (0.8)	4/22
3	59	Ashleigh BARRETT	#1	Rochester (N.Y.)	5.41mw	17-9 (3.3)	4/22
5	82	Alyssa HOOGS	#1	Rochester (N.Y.)	5.32m	17-5½ (1.5	4/2
6	85	Sara BROWN	#2	Ithaca	5.31m	17-5¼ (-2.	4/21
7		Allison REGNANTE	#5	RIT	5.22m	17-1½ (0.0	4/14
8		Olivia MIDDLETON	#6	St. Lawrence	5.21m	17-1¼ (1.4	4/22
9		Ava NOVAK	#4	Vassar	5.18m	17-0 (1.4)	4/7
10		Heather KWAFO	#4	Vassar	5.16mw	16-11¼ (4.	3/16

Women's Triple Jump

1	24	Jahmilia DENNIS	#4	Vassar	11.60mw	38-¾ (2.7)	3/24
2	55	Alyssa HOOGS	#1	Rochester (N.Y.)	11.17mw	36-7¾ (3.0	4/14
3	LE+0:	Luca PECORA	#2	Ithaca	10.90m	35-9¼ (-1.	4/21
4		Heather KWAFO	#4	Vassar	10.84m	35-6¾ (1.6	3/24
5		Ashleigh BARRETT	#1	Rochester (N.Y.)	10.70mw	35-1¼ (2.7	4/2
6		Violet AMEELE	#5	RIT	10.66m	34-11¾ (0.	4/22
7		Rania SABRI	#5	RIT	10.56mw	34-7¾ (2.4	4/2
8		Denesha LAFONTANT	#7	Union (N.Y.)	10.44m	34-3 (-0.2)	4/14
9		Siri WALSH	#3	RPI	10.31m	33-10 (-1.0	4/14
10		Zoe FORTIN	#1	Rochester (N.Y.)	10.28m	33-8¾ (2.0	4/22

Women's Shot Put

1	64	Cora ROSE	#1	Rochester (N.Y.)	12.44m	40-9¾	4/8
2		Emily DIMARCO	#5	RIT	12.01m	39-5	4/2
3		Marinna HEICHBERGER	#5	RIT	11.99m	39-4	4/14
4		Deziree GARRICK	#1	Rochester (N.Y.)	11.37m	37-3¾	4/22
5		Holly LAUZON	#3	RPI	11.29m	37-½	4/14
6		Lily SEYFERT	#2	Ithaca	11.25m	36-11	3/25
7		Sonya SHIVOK	#5	RIT	11.12m	36-5¾	4/22
8		Hannah ROGERS	#3	RPI	10.87m	35-8	4/14
9		Arla DAVIS	#2	Ithaca	10.73m	35-2½	3/25
10		Logan BRUCE	#2	Ithaca	10.33m	33-10¾	4/14

Women's Discus

1	20	Emily DIMARCO	#5	RIT	43.06m	141-3	4/22
2	55	Cora ROSE	#1	Rochester (N.Y.)	40.38m	132-6	4/8
3	79	Gillian REEDER	#1	Rochester (N.Y.)	39.40m	129-3	4/8
4		Katie LYNCH	#3	RPI	35.92m	117-10	4/8
5		Grace RICHARD	#3	RPI	35.79m	117-5	4/14
6		Lacey ECKERT	#6	St. Lawrence	33.14m	108-9	4/1
7		Yasmine ELMADY	#3	RPI	32.98m	108-3	4/14
8		Hannah ROGERS	#3	RPI	32.50m	106-8	4/1
9		Tirzah PILET	#5	RIT	32.45m	106-6	4/22
10		Vanessa WISH	#1	Rochester (N.Y.)	31.99m	105-0	4/22

Women's Hammer

1		Lily SEYFERT	#2	Ithaca	45.28m	148-7	4/15
2		Gillian REEDER	#1	Rochester (N.Y.)	45.20m	148-4	4/22
3		Livia ILASZ	#1	Rochester (N.Y.)	44.39m	145-8	4/22
4		Vanessa WISH	#1	Rochester (N.Y.)	43.62m	143-2	4/2
5		Hannah ROGERS	#3	RPI	41.25m	135-4	4/14
6		Holly LAUZON	#3	RPI	40.59m	133-2	4/14
7		Yasmine ELMADY	#3	RPI	40.38m	132-6	4/22
8		Soncerae HAMITER	#2	Ithaca	39.88m	130-10	4/15
9		Marinna HEICHBERGER	#5	RIT	39.73m	130-4	4/22
10		Cora ROSE	#1	Rochester (N.Y.)	39.29m	128-11	4/22

Women's Javelin

1	83	Lily SEYFERT	#2	Ithaca	36.40m	119-5	4/8
2	97	Moriah BYRD	#2	Ithaca	35.74m	117-3	3/25
3		Sonya SHIVOK	#5	RIT	34.12m	112-0	4/8
4		Gillian REEDER	#1	Rochester (N.Y.)	33.71m	110-7	4/2
5		Brooke MARTINDALE	#6	St. Lawrence	33.05m	108-5	4/1
6		Logan BRUCE	#2	Ithaca	31.76m	104-3	4/1
7		Arla DAVIS	#2	Ithaca	30.94m	101-6	4/8
8		Iva SAVIC	#1	Rochester (N.Y.)	30.87m	101-4	4/2
9		Grace GARMAN	#3	RPI	30.83m	101-2	4/22
10		Abigail CARPENTER	#5	RIT	30.63m	100-6	4/14

Women's Heptathlon

1	3	Logan BRUCE	#2	Ithaca	4,988	4/14
2	18	Ashley HEFFERNAN	#1	Rochester (N.Y.)	4,334	4/14
3	50	Cecelia LABONTE	#2	Ithaca	3,770	4/14
4	75	Iva SAVIC	#1	Rochester (N.Y.)	3,320	4/14
5	81	Lila MILLER	#4	Vassar	3,209	4/14
6		Julia LARGETT	#1	Rochester (N.Y.)	2,805	4/14
7		Soleil YUONG	#4	Vassar	2,171	4/14



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Little East

Women's 100 Meters

1	Janiah YOUNG	#1	Southern Maine	12.48	(1.6)	4/15
2	MacKenzie LABRIE	#6	Plymouth State	12.50	(1.6)	4/15
3	Catriona GOULD	#1	Southern Maine	12.66	(0.7)	4/8
4	Athena COMEAU	#6	Plymouth State	12.70	(1.9)	4/8
5	Aryianna GARCEAU	#5	UMass Boston	13.10	(-0.6)	4/21
5	Shay LAWRENCE	#8	Castleton	13.10w	(2.1)	4/1
7	Petrashea JOHNSON	#3	UMass Dartmouth	13.13	(0.0)	4/15
8	Jaiden ANDREWS	#3	UMass Dartmouth	13.27	(0.0)	4/15
9	Cassidy HANSON	#6	Plymouth State	13.34	(1.4)	4/22
10	Riley REITCHEL	#1	Southern Maine	13.38	(-0.5)	4/22

Women's 100 Meter Hurdles

1	71 Jaiden ANDREWS	#3	UMass Dartmouth	15.18	(1.6)	4/22
2	Alyssa SIRIANNI	#2	Eastern Connecticut	15.56	(1.0)	4/14
3	Aryianna GARCEAU	#5	UMass Boston	15.65	(-1.2)	4/15
4	Molly Lu MCKELLAR	#4	Keene State	16.42	(0.9)	4/21
5	Megan MOYNIHAN	#6	Plymouth State	18.11	(1.6)	4/22
6	Analiese POISSON	#2	Eastern Connecticut	18.13	(1.1)	4/8
7	Alana HOAG	#6	Plymouth State	18.34w	(2.3)	4/15
8	Jordan VELIE	#6	Plymouth State	18.41w	(2.3)	4/15
9	Delaney SARTWELL	#5	UMass Boston	19.80	(0.0)	4/6
10	Amy COHEN	#6	Plymouth State	21.56	(-2.0)	4/8

Women's 200 Meters

1	Janiah YOUNG	#1	Southern Maine	26.06	(1.0)	4/15
2	Catriona GOULD	#1	Southern Maine	26.24	(1.5)	4/1
3	Kaitlyn BERNIER	#3	UMass Dartmouth	26.31	(1.2)	4/22
4	Heaven CONLEY	#1	Southern Maine	26.90	(1.6)	4/1
5	MacKenzie LABRIE	#6	Plymouth State	26.96	(1.2)	4/22
6	Emma NOONAN	#1	Southern Maine	27.21	(1.0)	4/15
7	Shay LAWRENCE	#8	Castleton	27.27	(1.6)	4/1
8	Jaiden ANDREWS	#3	UMass Dartmouth	27.46	(1.2)	4/22
9	Mackenzie DUNN	#2	Eastern Connecticut	27.49w	(2.9)	3/26
10	Alyssa SIRIANNI	#2	Eastern Connecticut	27.57	(0.9)	4/14

Women's 400 Meters

1	90 Kaitlyn BERNIER	#3	UMass Dartmouth	58.96		4/15
2	Heaven CONLEY	#1	Southern Maine	1:01.26		4/8
3	Anna RENY	#1	Southern Maine	1:01.48		4/1
4	Emma NOONAN	#1	Southern Maine	1:02.96		4/22
5	Ashley GENTILE	#2	Eastern Connecticut	1:03.54		3/26
6	McKenzie CANUEL	#3	UMass Dartmouth	1:03.66		4/15
7	Cassandra KANE	#1	Southern Maine	1:03.85		4/15
8	Alexis KARANTZA	#1	Southern Maine	1:04.10		4/22
9	Dorinda OKORJI	#5	UMass Boston	1:05.54		4/21
10	Grace RUSSELL	#3	UMass Dartmouth	1:05.86		4/22

Women's 400 Meter Hurdles

1	16 Anna RENY	#1	Southern Maine	1:02.97		4/15
2	Alyssa SIRIANNI	#2	Eastern Connecticut	1:08.98		4/8
3	Cassandra KANE	#1	Southern Maine	1:10.14		4/22
4	Grace RUSSELL	#3	UMass Dartmouth	1:13.68		4/15
5	Analiese POISSON	#2	Eastern Connecticut	1:17.99		4/21
6	Megan MOYNIHAN	#6	Plymouth State	1:18.99		4/8
7	Charlotte MILLETTE	#5	UMass Boston	1:19.83		4/21
8	Amy COHEN	#6	Plymouth State	1:22.45		4/8

Women's 800 Meters

1	Jacqueline EARNER	#5	UMass Boston	2:27.19		4/22
2	Haley OLIVER	#7	Rhode Island College	2:27.69		4/22
3	Olivia MOSCA	#1	Southern Maine	2:27.72		4/8
4	Carly ALSTON	#2	Eastern Connecticut	2:29.49		4/21
5	Margaret ST JOHN	#4	Keene State	2:29.88		4/21
6	Anabel MELANSON	#1	Southern Maine	2:31.14		4/22
7	AnnMarie LIMBERGER	#1	Southern Maine	2:31.57		4/15
8	Ashley GENTILE	#2	Eastern Connecticut	2:32.23		4/8
9	Meghan GEORGESCU	#2	Eastern Connecticut	2:33.68		4/21
10	Aurora COUTO	#4	Keene State	2:33.96		4/15

Women's 1500 Meters

1	Olivia MOSCA	#1	Southern Maine	4:51.77		4/22
2	Haley OLIVER	#7	Rhode Island College	4:55.50		4/8
3	Margaret ST JOHN	#4	Keene State	5:01.90		4/21
4	Alexa VANVOORHIS	#3	UMass Dartmouth	5:04.78		4/22
5	Jacqueline EARNER	#5	UMass Boston	5:09.22		4/8
6	Alison LECLERC	#2	Eastern Connecticut	5:11.36		4/21
7	Kiara CERRUTI	#3	UMass Dartmouth	5:13.65		4/14
8	Carly ALSTON	#2	Eastern Connecticut	5:14.21		4/1
9	Aurora COUTO	#4	Keene State	5:14.29		4/21
10	Elisabeth RODIL	#2	Eastern Connecticut	5:17.64		4/21

Women's Steeplechase

1	Rachael MONGEAU	#7	Rhode Island College	12:37.11		4/8
2	Aurora COUTO	#4	Keene State	12:53.09		4/8
3	Keara FONTAINE	#2	Eastern Connecticut	12:53.62		4/8
4	Jacqueline EARNER	#5	UMass Boston	12:55.52		4/15
5	Alison LECLERC	#2	Eastern Connecticut	12:59.86		4/14
6	Lexi MARCOLINI	#6	Plymouth State	13:20.60		4/22
7	Elia VALEZ	#5	UMass Boston	13:59.99		4/22
8	Julia LATURA	#3	UMass Dartmouth	14:02.10		4/22
9	Sarah CABELL	#5	UMass Boston	14:39.98		4/15
10	Rachel GREEN	#5	UMass Boston	14:48.58		4/8



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Women's 5000 Meters

1	Haley OLIVER	#7	Rhode Island Co	18:27.16	4/14
2	Margaret ST JOHN	#4	Keene State	18:36.77	4/14
3	Grace FURLONG	#4	Keene State	18:42.45	4/14
4	Alexa VANVOORHIS	#3	UMass Dartmou'	18:57.73	4/14
5	Emily PHILBROOK	#6	Plymouth State	19:11.68	4/22
6	Meghan GEORGESCU	#2	Eastern Connect	19:35.25	4/14
7	Grace COLON	#5	UMass Boston	20:04.96	4/22
8	Alison LECLERC	#2	Eastern Connect	20:06.53	4/8
9	Amanda HEBERT	#7	Rhode Island Co	20:08.64	4/8
10	Hannah JONES	#4	Keene State	20:15.10	4/1

Women's 10,000 Meters

1	82 Haley OLIVER	#7	Rhode Island Co	38:22.39	3/31
2	Alexa VANVOORHIS	#3	UMass Dartmou'	39:24.03	4/1
3	Grace FURLONG	#4	Keene State	39:51.70	4/1
4	Emily PHILBROOK	#6	Plymouth State	40:53.69	4/8
5	Keara FONTAINE	#2	Eastern Connect	41:37.28	4/14
6	Grace COLON	#5	UMass Boston	43:23.75	4/1
7	Jillian MCGAHAN	#2	Eastern Connect	43:40.57	4/1
8	Bee GREENBERG	#3	UMass Dartmou'	45:38.09	4/1
9	Sara CHRISTIAN	#4	Keene State	47:18.22	4/1
10	Sarah CABELL	#5	UMass Boston	49:27.25	4/1

Women's 4x100 Relay

1	60 Anna RENY, Janiah YOUNG, Emma NOONAN, Catriona GOULD	#1	Southern Maine	49.24	4/22
2	Analiese POISSON, Alyssa SIRIANNI, Mackenzie DUNN, Nicole POPHAM	#2	Eastern Connect	51.35	4/21
3	Montana CASA, Cassidy HANSON, MacKenzie LABRIE, Athena COMEAU	#6	Plymouth State	52.44	4/22
4	Rachel DOTY-SHAY, Shay LAWRENCE, Kiera PIPELING, Kaitlin BARDELLINI	#8	Castleton	53.89	3/25
5	Molly Lu MCKELLAR, Savannah SOLEAU, Alexa HURLEY, Abigail JOSLIN	#4	Keene State	59.87	4/1

Women's 4x400 Relay

1	Heaven CONLEY, Alexis KARANTZA, Emma NOONAN, Riley REITCHEL	#1	Southern Maine	4:14.33	4/15
2	Mckenzie CANUEL, Grace RUSSELL, Jaiden ANDREWS, Isabella TACCOGNA	#3	UMass Dartmou'	4:20.42	4/15
3	Ashley GENTILE, Haley ROBERTSON, Alyssa SIRIANNI, Nicole POPHAM	#2	Eastern Connect	4:26.68	4/8
4	Erika BOONE, Abbey HURLEY, Lexi MARCOLINI, Gracie VILLAREAL	#6	Plymouth State	4:40.89	4/15
5	Sarah AMES, Autumn BOISVERT, Alexa HURLEY, Alana PERRY	#4	Keene State	4:53.33	4/15

Women's High Jump

1	45 Olivia JALBERT	#1	Southern Maine	1.60m	5-3	4/15
2	77 Autumn GERRY	#1	Southern Maine	1.57m	5-1¾	4/1
3	Julia AHERN	#6	Plymouth State	1.55m	5-1	3/31
4	Isabella TACCOGNA	#3	UMass Dartmou'	1.52m	4-11¾	4/15
5	Cassandra KANE	#1	Southern Maine	1.47m	4-9¾	4/1
6	Aryianna GARCEAU	#5	UMass Boston	1.45m	4-9	4/21
6	Dorinda OKORJI	#5	UMass Boston	1.45m	4-9	4/15
6	Alexa HURLEY	#4	Keene State	1.45m	4-9	4/15
9	Marie PROCK	#1	Southern Maine	1.42m	4-7¾	4/1
9	Molly Lu MCKELLAR	#4	Keene State	1.42m	4-7¾	4/21

Women's Pole Vault

1	33 Sophia SLOVENSKI	#1	Southern Maine	3.55m	11-7¾	4/8
2	Riley REITCHEL	#1	Southern Maine	2.95m	9-8	4/22
3	Maggie DALLAIRE	#1	Southern Maine	2.80m	9-2¼	4/22
4	Natasha FRISCH	#2	Eastern Connect	2.75m	9-¼	4/21
5	Catriona GOULD	#1	Southern Maine	2.65m	8-8¼	4/22
6	Mackenzie JORGENSEN	#5	UMass Boston	2.45m	8-½	4/8
7	Sarah FECTEAU	#1	Southern Maine	2.35m	7-8½	4/1
7	Danielle SOLOMON	#8	Castleton	2.35m	7-8½	4/8

Women's Long Jump

1	Olivia JALBERT	#1	Southern Maine	5.10m	16-8¾ (0.7)	4/22
2	Janiah YOUNG	#1	Southern Maine	5.09m	16-8½ (-1.)	4/8
2	Sophia SLOVENSKI	#1	Southern Maine	5.09m	16-8½ (-1.)	4/15
4	Dorinda OKORJI	#5	UMass Boston	5.06m	16-7¼ (0.0)	4/15
5	Mackenzie DUNN	#2	Eastern Connect	5.03mw	16-6 (2.5)	4/8
6	Ella BOUCHER	#1	Southern Maine	4.83m	15-10¼ (-0)	4/15
7	Isabella TACCOGNA	#3	UMass Dartmou'	4.81mw	15-9½ (2.1)	4/8
8	Molly Lu MCKELLAR	#4	Keene State	4.59m	15-¾ (0.2)	4/8
9	Catriona GOULD	#1	Southern Maine	4.58m	15-½ (1.1)	4/1
10	Sasha SAINRISTIL	#7	Rhode Island Co	4.49m	14-8¾ (0.0)	3/31



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Little East

Women's Triple Jump

1	Nicole POPHAM	#2 Eastern Connect	10.60mw	34-9½ (3.1)	3/26
2	Ella BOUCHER	#1 Southern Maine	10.43m	34-2¾ (0.0)	4/22
3	Mackenzie DUNN	#2 Eastern Connect	10.34mw	33-11¼ (2.0)	4/8
4	Taylor ROSS	#8 Castleton	10.18m	33-4¾ (-2.0)	4/8
5	Abby JOHNSON	#6 Plymouth State	10.12m	33-2½ (0.9)	3/31
6	Isabella TACCOGNA	#3 UMass Dartmouth	9.98mw	32-9 (3.1)	4/8
7	Sasha SAINRISTIL	#7 Rhode Island Co	9.85m	32-3¾ (0.3)	4/14

Women's Shot Put

1	33 Zoe BARNES	#1 Southern Maine	13.02m	42-8¾	4/15
2	39 Wenesha STEWART	#2 Eastern Connect	12.85m	42-2	4/21
3	45 Shannon PARKS	#4 Keene State	12.75m	41-10	4/15
4	Savannah SOLEAU	#4 Keene State	11.58m	38-0	4/21
5	Kate HOCKENBURY	#3 UMass Dartmouth	11.27m	36-11¾	4/15
6	Gwyn TATTON	#8 Castleton	11.23m	36-10¼	4/14
7	Hannah CORBETT	#1 Southern Maine	11.22m	36-9¾	4/1
8	Molly Lu MCKELLAR	#4 Keene State	11.01m	36-1½	4/12
9	Isabell BELLPORT	#2 Eastern Connect	10.89m	35-8¾	3/26
10	Isabell LANFEAR	#8 Castleton	10.85m	35-7¼	4/14

Women's Discus

1	14 Zoe BARNES	#1 Southern Maine	43.99m	144-4	4/22
2	35 Wenesha STEWART	#2 Eastern Connect	41.65m	136-8	4/14
3	Melissa MEJIA	#7 Rhode Island Co	37.56m	123-3	4/22
4	Neisha BOITEUX	#3 UMass Dartmouth	36.61m	120-2	4/14
5	Naomi BISIMWA	#1 Southern Maine	35.97m	118-0	4/8
6	Savannah SOLEAU	#4 Keene State	33.70m	110-7	3/24
7	Raquel BATISTA VIERA	#5 UMass Boston	33.56m	110-1	4/21
8	Samantha SAINRISTILL	#7 Rhode Island Co	32.89m	107-11	3/31
9	Shannon PARKS	#4 Keene State	32.84m	107-9	3/24
10	Amanda LITTLE	#3 UMass Dartmouth	32.60m	107-0	4/8

Women's Hammer

1	24 Melissa MEJIA	#7 Rhode Island Co	50.34m	165-2	4/14
2	42 Shannon PARKS	#4 Keene State	48.40m	158-10	4/15
3	87 Hannah CORBETT	#1 Southern Maine	46.30m	151-11	4/22
4	Samantha SAINRISTILL	#7 Rhode Island Co	43.83m	143-10	4/14
5	Hayley CHARITER	#7 Rhode Island Co	43.39m	142-4	3/31
6	Wenesha STEWART	#2 Eastern Connect	43.03m	141-2	4/14
7	Zoe BARNES	#1 Southern Maine	42.30m	138-10	4/8
8	Daniela MORALES	#2 Eastern Connect	37.46m	122-11	4/21
9	Amanda LITTLE	#3 UMass Dartmouth	36.96m	121-3	4/8
10	Neisha BOITEUX	#3 UMass Dartmouth	34.99m	114-10	4/22

Women's Javelin

1	8 Riley REITCHEL	#1 Southern Maine	42.11m	138-2	4/8
2	33 Bethanie JEAN-PHILIPPE	#3 UMass Dartmouth	38.80m	127-4	4/22
3	60 Olivia JALBERT	#1 Southern Maine	37.00m	121-5	4/15
4	Savannah SOLEAU	#4 Keene State	35.34m	116-0	3/24
5	Gwyn TATTON	#8 Castleton	35.13m	115-3	4/8
6	Kaitlyn CHIRKIS	#5 UMass Boston	34.14m	112-0	4/8
7	Luna PERRY-ST. PETER	#8 Castleton	33.25m	109-1	4/8
8	Shannon BURBY	#2 Eastern Connect	32.44m	106-5	4/21
9	Mary MEAGHER	#4 Keene State	32.18m	105-7	4/15
10	Hailey MALOZZI	#7 Rhode Island Co	30.98m	101-8	4/14

Women's Heptathlon

1	91 Molly Lu MCKELLAR	#4 Keene State	3,053		4/12
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MAC

Women's 100 Meters

1	12	Laura MATHEWS	#4	Stevens	12.01w	(2.2)	4/21
2	38	Jayla GORE	#2	Widener	12.16	(0.0)	4/8
3	54	Maria MUZZARELLI	#2	Widener	12.25	(0.0)	4/8
4		Sonialys BADILLO	#1	Misericordia	12.52	(0.0)	4/21
5		Breyanna ROPER	#7	DeSales	12.69w	(3.9)	4/1
6		Halle JENNETT	#5	Messiah	12.77	(1.1)	4/13
7		Abigail RADCLIFFE	#7	DeSales	12.88w	(2.8)	4/1
8		Abigail SPRINGER	#6	King's College (F	12.90	(0.0)	4/21
9		Kelly BARR	#2	Widener	12.95	(-0.2)	4/15
10		Tori HUNYARA	#3	Lebanon Valley	12.96w	(3.1)	3/31

Women's 100 Meter Hurdles

1	4	Laura MATHEWS	#4	Stevens	14.03	(1.0)	4/14
2	18	Julia PENA	#9	York (Pa.)	14.42	(1.3)	4/22
3	83	Kristen WILLIAMS	#4	Stevens	15.35	(-0.9)	4/21
4		Victoria ZULTEVICZ	#6	King's College (F	15.72w	(3.0)	4/1
5		Sydni BELL	#2	Widener	15.83	(-0.2)	4/21
6		Kara BROWN	#5	Messiah	15.96w	(2.4)	4/13
7		Claire MILLER	#5	Messiah	16.18w	(2.4)	4/13
8		Liana MEYER	#4	Stevens	16.22	(1.2)	4/13
9		Giavanna INNAMORATI	#6	King's College (F	16.31	(0.6)	4/4
10		Lauren FRITZSCH	#1	Misericordia	16.58	(0.6)	4/4

Women's 200 Meters

1	13	Laura MATHEWS	#4	Stevens	24.68	(-1.1)	3/30
2	53	Maria MUZZARELLI	#2	Widener	25.31	(-0.3)	4/21
3		Sonialys BADILLO	#1	Misericordia	25.82	(0.0)	4/21
4		Halle JENNETT	#5	Messiah	25.95w	(2.2)	4/13
5		Darrian BERKHEIMER	#3	Lebanon Valley	26.06w	(4.0)	3/31
6		Jayla GORE	#2	Widener	26.31	(0.4)	4/21
7		Abigail RADCLIFFE	#7	DeSales	26.37	(2.0)	4/13
8		Jasmine WILSON	#8	Stevenson	26.42	(-1.0)	3/30
9		Abigail SPRINGER	#6	King's College (F	26.49	(0.0)	4/21
10		Breyanna ROPER	#7	DeSales	26.50	(0.8)	4/21

Women's 400 Meters

1	23	Kelly BARR	#2	Widener	57.30		4/21
2	99	Abigail RADCLIFFE	#7	DeSales	59.06		4/21
3		Darrian BERKHEIMER	#3	Lebanon Valley	59.11		4/21
4		Lindsay BEDNAREK	#7	DeSales	59.42		4/21
5		Sonialys BADILLO	#1	Misericordia	59.65		3/30
6		Jasmine WILSON	#8	Stevenson	1:00.03		3/30
7		Kate SMILOVIC	#11	Arcadia	1:00.08		4/21
8		Mia MARTINEZ	#8	Stevenson	1:00.27		3/24
9		Maria MUZZARELLI	#2	Widener	1:00.58		3/30
10		Elena VARGAS	#5	Messiah	1:00.73		4/13

Women's 400 Meter Hurdles

1	33	Sonialys BADILLO	#1	Misericordia	1:04.75		4/13
2	56	Elise DANIEL	#2	Widener	1:05.87		4/21
3		Payton MANN	#9	York (Pa.)	1:07.49		4/14
4		Lauren FRITZSCH	#1	Misericordia	1:08.90		3/30
5		Jacqueline LULAJ	#4	Stevens	1:09.53		4/21
6		Clara BENNER	#5	Messiah	1:09.93		3/30
7		Mia MARTINEZ	#8	Stevenson	1:09.97		3/30
8		Sarah DOUGHERTY	#16	FDU Florham	1:10.01		4/8
9		Alyssa PEIFFER	#3	Lebanon Valley	1:10.11		4/13
10		Claudia GROSS	#9	York (Pa.)	1:11.18		3/30

Women's 800 Meters

1	40	Donna HOLT	#2	Widener	2:15.49		4/21
2	59	Lauren BUNKE	#3	Lebanon Valley	2:16.61		4/21
3	75	Katelyn SCHOENER	#10	Alvernia	2:17.38		4/21
4	76	Jaden SWEELY	#2	Widener	2:17.42		4/21
5		Nina BURDEN	#4	Stevens	2:18.36		3/30
6		Kristin GALLAGHER	#1	Misericordia	2:20.05		4/21
7		Katelyn BERNOTAS	#2	Widener	2:20.50		4/21
8		Katie ANTHONY	#5	Messiah	2:20.89		4/5
9		Autumn GARGES	#3	Lebanon Valley	2:21.08		4/21
10		Sierra KAPCSOS	#3	Lebanon Valley	2:21.34		4/21

Women's 1500 Meters

1	38	Lauren BUNKE	#3	Lebanon Valley	4:37.38		4/21
2	63	Amelia SMITH	#7	DeSales	4:41.11		4/21
3		Gabriella NYE	#2	Widener	4:45.15		4/14
4		Isabelle PARDEW	#8	Stevenson	4:45.34		4/22
5		Katelyn SCHOENER	#10	Alvernia	4:47.16		4/14
6		Kate DICKOW	#5	Messiah	4:47.44		4/5
7		Haley ESTUS	#7	DeSales	4:50.40		4/21
8		Katelyn BERNOTAS	#2	Widener	4:51.33		4/14
9		Katie ANTHONY	#5	Messiah	4:51.80		4/22
10		Jaden SWEELY	#2	Widener	4:53.09		4/14

Women's Steeplechase

1	43	Emily COONEY	#2	Widener	11:22.40		4/14
2		Haley ESTUS	#7	DeSales	12:01.49		3/24
3		Liz EGAN	#2	Widener	12:05.30		4/14
4		Julia JOHNSON	#6	King's College (F	12:25.05		4/21
5		Alyssa BLACKMON	#13	Delaware Valley	12:28.13		4/7
6		Ali SCHUTTE	#5	Messiah	12:29.32		4/13
7		Bre KAISER	#9	York (Pa.)	12:30.10		4/22
8		Lindsay FRY	#9	York (Pa.)	12:35.87		4/19
9		Mikaela MAJCHER	#6	King's College (F	12:55.62		4/1
10		Kaitlyn SNYDER	#10	Alvernia	13:00.11		4/21



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MAC

Women's 5000 Meters

1	35	Isabelle PARDEW	#8	Stevenson	17:15.59	4/14
2	66	Sarah DEVRIES	#1	Misericordia	17:35.88	4/14
3		Kate DICKOW	#5	Messiah	17:57.65	3/25
4		Lauren BUNKE	#3	Lebanon Valley	17:57.73	3/30
5		Gabriella NYE	#2	Widener	18:01.74	4/21
6		Cera GASTON	#10	Alvernia	18:05.78	4/14
7		Amelia SMITH	#7	DeSales	18:07.11	3/24
8		Grace GALLAGHER	#1	Misericordia	18:14.00	4/14
9		Katie ANTHONY	#5	Messiah	18:25.95	3/30
10		Coyle BARTHOLOMEW	#3	Lebanon Valley	18:29.97	3/30

Women's 10,000 Meters

1	79	Abigail JAMES	#1	Misericordia	38:16.50	3/30
2	88	Isabelle PARDEW	#8	Stevenson	38:32.78	3/24
3	97	Cera GASTON	#10	Alvernia	38:54.22	4/21
4		Katherine JONES	#1	Misericordia	39:26.36	3/30
5		Grace GALLAGHER	#1	Misericordia	40:19.82	4/21
6		Gabriella NYE	#2	Widener	40:44.99	3/30
7		Fionna FEERICK	#4	Stevens	41:02.55	3/30
8		Liz EGAN	#2	Widener	41:09.30	3/30
9		Anna DONNELLY	#3	Lebanon Valley	41:13.97	3/30
10		Alexa THOMPSON	#1	Misericordia	41:17.06	4/21

Women's 4x100 Relay

1	28	Maria MUZZARELLI, Jayla GORE, Olivia GIANNELLA, Kelly BARR	#2	Widener	48.16	4/21
2	85	Sarah WAGNER, Soniyals BADILLO, Jill OLEWINE, Gianna IGLESIAS	#1	Misericordia	49.73	4/21
3	100	Arwyn GRUENWALD, Emma GRAYBILL, Halle JENNETT, Elena VARGAS	#5	Messiah	49.95	4/22
4		Emily ORIEL, Darrian BERKHEIMER, Alyssa PEIFFER, Tori HUNYARA	#3	Lebanon Valley	50.56	3/31
5		Isabella BANKERT, Payton MANN, Keziah BOYCE, Julia PENA	#9	York (Pa.)	50.89	4/19
6		Mia MARTINEZ, Hannah KEPLER, Jasmine WILSON, Laci JOHNSON	#8	Stevenson	51.05	4/22
7		Juliet BRADY, Madelynn PERFILO, Abigail SPRINGER, Gabriella CONFORTI	#6	King's College (F	51.72	4/21
8		Gianna MALLEE, Kate SMILOVIC, Delaney MCGARRY, Isabella KOWALSKI	#11	Arcadia	51.74	4/21
9		Sophia ZUO, Lauren INGRAHAM, Allie CANCIANI, Stephanie RYAZANOVA	#4	Stevens	51.98	4/21
10		Al'liyah MCCLOUD, Akilah HOXTER, Jenna PHILIPPE, Shinelle FELIX	#10	Alvernia	52.34	4/15



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Women's 4x400 Relay

1	31	Emma SCHULTZ, Maria MUZZARELLI, Tara FORD, Kelly BARR	#2 Widener	4:00.83	4/21
2	78	Alyssa PEIFFER, Autumn GARGES, Sierra KAPCSOS, Darrian BERKHEIMER	#3 Lebanon Valley	4:07.52	4/21
3	80	Abigail RADCLIFFE, Haley ESTUS, Amelia SMITH, Lindsay BEDNAREK	#7 DeSales	4:07.56	4/21
4		Liana MEYER, Allie CANCANI, Stephanie RYAZANOVA, Laura MATHEWS	#4 Stevens	4:010.00	4/7
5		Sonialys BADILLO, Casey ALLEN, Amber HACKENBERG, Kristin GALLAGHER	#1 Misericordia	4:12.26	4/4
6		Kerrigan LEBO, Alyssa NORI, Elena VARGAS, Emma GRAYBILL	#5 Messiah	4:13.17	4/5
7		Jasmine WILSON, Hannah KEPLER, Skylia DAY, Mia MARTINEZ	#8 Stevenson	4:15.93	4/5
8		Grace CURNOW, Micah GORDLEY, Delaney MCGARRY, Kate SMILOVIC	#11 Arcadia	4:17.84	4/13
9		Paige HENRY, Sarah SKANE, Claudia GROSS, Payton MANN	#9 York (Pa.)	4:19.46	4/22
10		Alyssa DEVITA, Laurel GINGRICH, Taisha CHARLES, Eren TIGHE	#15 Albright	4:28.38	4/5

Women's High Jump

1	7	Casey ALLEN	#1 Misericordia	1.68m	5-6	4/4
2	40	Caroline TIGHE	#4 Stevens	1.61m	5-3¼	4/21
3	45	Melena KOUTCH	#3 Lebanon Valley	1.60m	5-3	4/5
4	77	Madison ARMITAGE	#6 King's College (F)	1.57m	5-1¾	4/21
5		Allie CANCANI	#4 Stevens	1.55m	5-1	4/21
6		Morgan GLISTA	#11 Arcadia	1.52m	4-11¾	4/21
7		Kara BROWN	#5 Messiah	1.51m	4-11½	4/13
7		Maggie PREVIGLIAN	#4 Stevens	1.51m	4-11½	3/30
9		Carolina WEGMAN	#3 Lebanon Valley	1.50m	4-11	4/5
10		Liana MEYER	#4 Stevens	1.47m	4-9¾	4/13
10		Lauren FRITZSCH	#1 Misericordia	1.47m	4-9¾	4/4

Women's Pole Vault

1	9	Julia PENA	#9 York (Pa.)	3.80m	12-5½	4/14
2	61	Emily ORIEL	#3 Lebanon Valley	3.42m	11-2½	4/13
3	86	Aliza WHITE-VEGA	#12 Eastern (Pa.)	3.34m	10-11½	4/22
4		Rachel SNAVELY	#3 Lebanon Valley	3.27m	10-8¾	4/13
4		Emma MELE	#7 DeSales	3.27m	10-8¾	4/13
6		Savannah STEGER	#2 Widener	3.25m	10-8	3/30
7		Julia LAZO	#1 Misericordia	3.10m	10-2	4/4
7		Victoria ZULTEVICZ	#6 King's College (F)	3.10m	10-2	4/4
9		Paige CARPENTER	#12 Eastern (Pa.)	3.05m	10-0	4/15
10		Stephanie RYAZANOVA	#4 Stevens	2.95m	9-8	4/21

Women's Long Jump

1	10	Shinelle FELIX	#10 Alvernia	5.71m	18-8¾ (0.0)	4/15
2	14	Julia PENA	#9 York (Pa.)	5.65m	18-6½ (-0.3)	3/30
3	73	Sarah WAGNER	#1 Misericordia	5.36m	17-7 (-0.4)	4/21
4		Madelynn PERFILO	#6 King's College (F)	5.24m	17-2¼ (1.9)	4/15
4		Liana MEYER	#4 Stevens	5.24m	17-2¼ (-0.3)	4/13
6		Kaitlyn HESS	#8 Stevenson	5.11m	16-9¼ (0.0)	3/30
7		Mylina CASTILLO	#10 Alvernia	5.04m	16-6½ (0.0)	4/21
8		Gianna MALLEE	#11 Arcadia	5.03m	16-6 (-1.4)	4/13
9		Gabriella CONFORTI	#6 King's College (F)	5.01m	16-5¼ (-3.3)	4/21
10		Xiahna DAVIS	#1 Misericordia	5.00m	16-5 (-0.6)	4/21

Women's Triple Jump

1	6	Shinelle FELIX	#10 Alvernia	12.07m	39-7¼ (0.0)	4/21
2	41	Gabriella CONFORTI	#6 King's College (F)	11.31m	37-1¼ (1.9)	4/15
3	73	Sarah WAGNER	#1 Misericordia	11.04m	36-2¾ (-1.1)	4/21
4	81	Mylina CASTILLO	#10 Alvernia	11.00m	36-1¼ (0.0)	4/21
5		Kristen WILLIAMS	#4 Stevens	10.89m	35-8¾ (0.4)	3/30
6		Elena VARGAS	#5 Messiah	10.74mw	35-3 (2.2)	3/10
7		Jill OLEWINE	#1 Misericordia	10.67m	35-¼ (-0.1)	3/30
8		Kaitlyn HESS	#8 Stevenson	10.56m	34-7¾ (0.5)	3/30
9		Divora BEKELE	#12 Eastern (Pa.)	10.47mw	34-4¼ (2.8)	3/18
10		Megan BRUBAKER	#7 DeSales	10.39m	34-1¼ (0.0)	4/13

Women's Shot Put

1	31	Brenna KARNISH	#1 Misericordia	13.12m	43-½	4/21
2		Brandy VARNER	#6 King's College (F)	11.97m	39-3¼	4/4
3		Kyrach AGBEMBLE	#8 Stevenson	11.94m	39-2¼	3/24
4		AnaMaria LACCETTI	#4 Stevens	11.80m	38-8¾	4/21
5		Adele HOLLANDER	#6 King's College (F)	11.51m	37-9¼	4/21
6		Caroline REED	#3 Lebanon Valley	11.12m	36-5¾	4/21
7		Lauren ASSANTE	#3 Lebanon Valley	10.93m	35-10½	4/13
8		Alyssa BETZ	#3 Lebanon Valley	10.67m	35-¼	4/21
9		Makayla VAUGHNS	#8 Stevenson	10.48m	34-4¾	4/13
10		Delaney HILFERTY	#13 Delaware Valley	10.37m	34-¼	3/30



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MAC

Women's Discus

1	8	Isabelle MECKES	#7	DeSales	44.81m	147-0	3/24
2	90	Makenze SPENCE	#3	Lebanon Valley	38.84m	127-5	4/5
3	99	Ashley MULIAWAN	#4	Stevens	38.54m	126-6	4/15
4		Brenna KARNISH	#1	Misericordia	38.33m	125-9	3/30
5		Brandy VARNER	#6	King's College (F	38.25m	125-6	4/21
6		AnaMaria LACCETTI	#4	Stevens	37.57m	123-3	4/15
7		Alyssa BETZ	#3	Lebanon Valley	36.36m	119-4	4/5
8		Alexis HAWLEY	#1	Misericordia	35.21m	115-6	4/13
9		Sofia HARNOIS	#9	York (Pa.)	34.13m	112-0	3/30
10		Isabel RODRIGUEZ	#2	Widener	33.52m	110-0	4/8

Women's Hammer

1	6	Brenna KARNISH	#1	Misericordia	54.59m	179-1	4/21
2	74	AnaMaria LACCETTI	#4	Stevens	46.73m	153-4	4/7
3	82	Isabel RODRIGUEZ	#2	Widener	46.43m	152-4	4/15
4	91	Ashley BARTELS	#3	Lebanon Valley	45.89m	150-7	3/25
5		Anna BELLUCCI	#6	King's College (F	43.75m	143-7	4/15
6		Katelyn SHOEMAKER	#6	King's College (F	43.62m	143-2	4/15
7		Taileen ZECHMAN	#14	Hood	41.64m	136-8	4/22
8		Makayla VAUGHNS	#8	Stevenson	41.05m	134-8	4/22
9		Lauren ASSANTE	#3	Lebanon Valley	40.80m	133-10	4/5
10		Adele HOLLANDER	#6	King's College (F	40.21m	131-11	3/24

Women's Javelin

1	7	Alexandra SNYDER	#1	Misericordia	42.35m	139-0	4/4
2	28	Valerie BADGER	#1	Misericordia	39.26m	128-10	4/4
3	66	Katelyn SHOEMAKER	#6	King's College (F	36.87m	121-0	3/24
4	92	Zoe MYERS	#9	York (Pa.)	35.86m	117-8	4/22
5		Ruby RAMSEY	#5	Messiah	34.70m	113-10	4/13
6		Morgan STOVER	#1	Misericordia	34.37m	112-9	4/4
7		Kaitlyn SNYDER	#3	Lebanon Valley	34.35m	112-9	4/21
8		Brynn GAUGLER	#5	Messiah	34.31m	112-7	4/5
9		Ashley BARTELS	#3	Lebanon Valley	33.71m	110-7	4/13
10		Taileen ZECHMAN	#14	Hood	33.40m	109-7	4/8

Women's Heptathlon

1	25	Liana MEYER	#4	Stevens	4,177	4/13
2	69	Nathalie HAMLEN	#5	Messiah	3,381	4/13
3		Morgan GLISTA	#11	Arcadia	2,677	4/7
4		Carolina WEGMAN	#3	Lebanon Valley	2,453	4/13
5		Nicole OSEI	#8	Stevenson	2,354	4/13



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MASCAC

Women's 100 Meters

1	45	Jailene ESCALERA	#1	Bridgewater Sta	12.21	(1.4)	4/22
2	70	Alison MCDONOUGH	#1	Bridgewater Sta	12.32	(0.6)	4/14
3		Paige MORONEY	#2	Westfield State	12.61w	(3.1)	3/26
4		Elena PELLEGRINI	#5	Worcester State	12.91	(0.5)	4/22
5		Maureen GRADY	#5	Worcester State	13.08	(1.4)	4/22
6		Maeve GROSSCHEDL	#1	Bridgewater Sta	13.09	(1.1)	4/22
7		Bridget MAUNSELL	#5	Worcester State	13.28	(1.3)	4/22
8		Emily OTTOMANIELLO	#2	Westfield State	13.37	(1.8)	3/26
9		Vicky MARIN	#2	Westfield State	13.75	(-1.0)	4/22
10		Eryca LOPES	#5	Worcester State	13.78	(1.3)	4/22

Women's 100 Meter Hurdles

1	19	Alison MCDONOUGH	#1	Bridgewater Sta	14.43	(1.6)	4/22
2	93	Serenity SANDS	#1	Bridgewater Sta	15.39	(1.5)	4/8
3		Makany CAMARA	#4	Fitchburg State	15.74w	(2.1)	4/22
4		Vicky MARIN	#2	Westfield State	15.92	(0.4)	4/15
5		Savannah CAMPBELL	#2	Westfield State	18.81	(2.0)	4/22
6		Erin DONELAN	#4	Fitchburg State	19.01	(0.8)	4/14
7		Bridgette BORIOLO	#6	Massachusetts M	20.20	(0.0)	4/6

Women's 200 Meters

1	51	Jailene ESCALERA	#1	Bridgewater Sta	25.29	(2.0)	4/8
2		Kiara ABRANTES	#1	Bridgewater Sta	26.15	(2.0)	4/8
3		Paige MORONEY	#2	Westfield State	26.25	(-0.7)	4/15
4		Elena PELLEGRINI	#5	Worcester State	26.74	(1.2)	4/22
5		Maeve GROSSCHEDL	#1	Bridgewater Sta	27.00	(1.2)	4/22
6		Bridget MAUNSELL	#5	Worcester State	27.01	(1.2)	4/22
7		Lily MARRA	#1	Bridgewater Sta	27.95	(0.0)	3/25
8		Eliza LEE	#2	Westfield State	28.20w	(2.9)	4/8
9		Lindsey GOLDEN	#1	Bridgewater Sta	28.27	(0.0)	3/25
10		Emily OTTOMANIELLO	#2	Westfield State	28.35	(2.0)	4/8

Women's 400 Meters

1	71	Kiara ABRANTES	#1	Bridgewater Sta	58.62		4/22
2		Lily MARRA	#1	Bridgewater Sta	1:01.81		4/22
3		Eliza LEE	#2	Westfield State	1:02.43		4/15
4		Bridget MAUNSELL	#5	Worcester State	1:02.91		4/8
5		Heather TURNER	#5	Worcester State	1:04.16		4/8
6		Alyssa GRIECO	#6	Massachusetts M	1:04.34		4/6
7		Lindsey GOLDEN	#1	Bridgewater Sta	1:05.77		4/8
8		Elizabeth DYKSTRA	#3	Framingham Sta	1:06.27		4/6
9		Savannah CAMPBELL	#2	Westfield State	1:07.16		4/22
10		Erin CONDON	#5	Worcester State	1:07.23		3/25

Women's 400 Meter Hurdles

1		Alyssa GRIECO	#6	Massachusetts M	1:07.45		4/14
2		Vicky MARIN	#2	Westfield State	1:13.05		4/15
3		Savannah CAMPBELL	#2	Westfield State	1:13.92		4/15
4		Erin CONDON	#5	Worcester State	1:15.18		4/8
5		Elizabeth DYKSTRA	#3	Framingham Sta	1:19.76		4/22
6		Courtney BROUILLET	#4	Fitchburg State	1:21.03		4/22
7		Becca MORRIS	#3	Framingham Sta	1:22.33		4/22
8		Bridgette BORIOLO	#6	Massachusetts M	1:23.05		4/14
9		Trinity HANSEN	#4	Fitchburg State	1:23.41		4/22
10		Erin DONELAN	#4	Fitchburg State	1:33.28		4/1

Women's 800 Meters

1		Emily NEWCOMB	#3	Framingham Sta	2:28.46		4/6
2		Brynne LECOURS	#2	Westfield State	2:28.89		4/22
3		Naomi CASS	#1	Bridgewater Sta	2:29.87		4/22
4		Abby MURPHY	#4	Fitchburg State	2:30.08		4/8
5		Nicole MAJOR	#1	Bridgewater Sta	2:31.00		4/14
6		Skye GOBA	#4	Fitchburg State	2:31.41		4/22
7		Allison RAPOSO	#1	Bridgewater Sta	2:31.46		4/22
8		Ariann LECOURS	#2	Westfield State	2:31.75		4/22
9		Nina FONTEIX	#5	Worcester State	2:34.42		4/22
10		Maria BURNETT	#4	Fitchburg State	2:36.49		4/22

Women's 1500 Meters

1		Molly KENNEDY	#2	Westfield State	4:53.95		4/22
2		Shea HAMEL	#2	Westfield State	4:56.57		4/22
3		Abby MURPHY	#4	Fitchburg State	5:00.65		4/22
4		Mia MCDONALD	#2	Westfield State	5:02.65		4/15
5		Naomi CASS	#1	Bridgewater Sta	5:05.28		4/14
6		Ariann LECOURS	#2	Westfield State	5:08.10		4/15
7		Tealei CHANDONNET	#2	Westfield State	5:08.33		4/22
8		Nicole MAJOR	#1	Bridgewater Sta	5:09.43		4/22
9		Emily NEWCOMB	#3	Framingham Sta	5:09.97		3/25
10		Brynne LECOURS	#2	Westfield State	5:11.31		3/26

Women's Steeplechase

1		Mia MCDONALD	#2	Westfield State	11:55.42		4/22
2		Emily NEWCOMB	#3	Framingham Sta	12:22.85		4/22
3		Lilah MCANDREW	#4	Fitchburg State	13:04.39		4/22
4		Janelle MURPHY	#1	Bridgewater Sta	13:21.20		4/22
5		Kammarie PELLAND	#3	Framingham Sta	14:03.32		4/8
6		Hannah NILSON	#3	Framingham Sta	15:45.16		4/22
7		Courtney BROUILLET	#4	Fitchburg State	16:17.42		4/8



Conference TFRI Event Summary

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MASCAC

Women's 5000 Meters

1	Mia MCDONALD	#2	Westfield State	18:29.80	4/8
2	Shea HAMEL	#2	Westfield State	18:38.36	4/8
3	Casey MCAULIFFE	#3	Framingham Sta	19:17.21	4/22
4	Molly KENNEDY	#2	Westfield State	19:18.04	4/8
5	Grace POPLAWSKI	#2	Westfield State	19:40.56	4/22
6	Lily VALCOVIC	#1	Bridgewater Sta	19:40.92	4/14
7	Skye GOBA	#4	Fitchburg State	19:59.01	4/22
8	Olivia POOLE	#3	Framingham Sta	20:06.22	4/22
9	Ariann LECOURS	#2	Westfield State	20:10.66	4/1
10	Maura BRUNS	#1	Bridgewater Sta	20:12.57	3/25

Women's 10,000 Meters

1	Mia MCDONALD	#2	Westfield State	40:32.27	3/26
2	Maura BRUNS	#1	Bridgewater Sta	40:55.33	4/8
3	Grace POPLAWSKI	#2	Westfield State	41:49.56	4/1
4	Rebecca PATEL	#2	Westfield State	42:44.31	4/1
5	Casey MCAULIFFE	#3	Framingham Sta	43:23.89	4/8
6	Camille CARVALHO	#3	Framingham Sta	44:06.99	4/8
7	Olivia POOLE	#3	Framingham Sta	44:28.61	4/8
8	Amanda BEDARD	#3	Framingham Sta	45:59.69	4/8
9	Caitlin CONNEELY	#5	Worcester State	46:12.04	4/8
10	Sophie GEREMIA	#4	Fitchburg State	49:28.80	4/8

Women's 4x100 Relay

1	42	Alison MCDONOUGH, Jailene ESCALERA, Kiara ABRANTES, Maeve GROSSCHEDL	#1	Bridgewater Sta	48.64	4/22
2		Maureen GRADY, Heather TURNER, Elena PELLEGRINI, Bridget MAUNSELL	#5	Worcester State	50.30	4/8
3		Mackenzie BURGOYNE, Paige MORONEY, Eliza LEE, Emily OTTOMANIELLO	#2	Westfield State	51.74	4/15
4		Makany CAMARA, Shamyra BOULWARE MCKNIG, Jenna AUBUCHON, Lizzy READ	#4	Fitchburg State	56.17	4/14
5		Becca MORRIS, Brooke FENTON, Lydia MANUROWSKI, Elizabeth DYKSTRA	#3	Framingham Sta	56.20	3/25

Women's 4x400 Relay

1		Heather TURNER, Elena PELLEGRINI, Bridget MAUNSELL, Erin CONDON	#5	Worcester State	4:19.33	4/8
2		Kiara ABRANTES, Lily MARRA, Lindsey GOLDEN, Nicole MAJOR	#1	Bridgewater Sta	4:19.52	4/22
3		Paige MORONEY, Savannah CAMPBELL, Mackenzie BURGOYNE, Eliza LEE	#2	Westfield State	4:28.42	4/8
4		Leah CHACE, Ashley FENTON, Brooke FENTON, Kelsey GENDREAU	#3	Framingham Sta	4:40.99	4/22

Women's High Jump

1	3	Abigail PETERSON	#1	Bridgewater Sta	1.70m	5-7	3/25
2	15	Serenity SANDS	#1	Bridgewater Sta	1.65m	5-5	3/25
3	22	Makany CAMARA	#4	Fitchburg State	1.63m	5-4¼	4/22
4	77	Vicky MARIN	#2	Westfield State	1.57m	5-1¾	4/22
5		Juliana PATRONE	#1	Bridgewater Sta	1.55m	5-1	3/25
6		Emily OTTOMANIELLO	#2	Westfield State	1.48m	4-10¼	3/26

Women's Long Jump

1		Alexa WILSON	#1	Bridgewater Sta	5.24mw	17-2¼ (3.5)	4/22
2		Alison MCDONOUGH	#1	Bridgewater Sta	5.18m	17-0 (0.0)	4/14
3		Vicky MARIN	#2	Westfield State	5.09m	16-8½ (0.0)	4/15
4		Eliza LEE	#2	Westfield State	5.04m	16-6½ (0.3)	4/15
5		Tristen GOMES	#1	Bridgewater Sta	5.02m	16-5¾ (1.2)	4/22
6		Jailene ESCALERA	#1	Bridgewater Sta	4.98mw	16-4¼ (2.1)	3/25
7		Maureen GRADY	#5	Worcester State	4.81mw	15-9½ (2.2)	4/22
7		Emily OTTOMANIELLO	#2	Westfield State	4.81mw	15-9½ (2.3)	3/26
9		Avonia HERBERT	#5	Worcester State	4.75m	15-7 (1.4)	4/22
10		Hailey KILROY	#1	Bridgewater Sta	4.58m	15-½ (0.2)	4/22

Women's Triple Jump

1	45	Tristen GOMES	#1	Bridgewater Sta	11.25mw	36-11 (3.6)	4/22
2	78	Eliza LEE	#2	Westfield State	11.01mw	36-1½ (2.7)	4/22
3		Vicky MARIN	#2	Westfield State	10.83m	35-6½ (1.2)	4/22
4		Avonia HERBERT	#5	Worcester State	10.81mw	35-5¾ (3.3)	4/22
5		Alexa WILSON	#1	Bridgewater Sta	10.29m	33-9¼ (0.1)	4/8
6		Eryca LOPES	#5	Worcester State	10.03m	32-11 (1.9)	4/22
7		Bridgette BORIOLO	#6	Massachusetts I	9.69m	31-9½ (-1.)	4/21
8		Emily OTTOMANIELLO	#2	Westfield State	9.47m	31-1 (0.2)	4/15
9		Lydia MANUROWSKI	#3	Framingham Sta	9.11m	29-10¾ (0.)	3/25
10		Erin DONELAN	#4	Fitchburg State	9.01mw	29-6¾ (3.9)	4/22



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MASCAC

Women's Shot Put

1	Ephemian BAILEY	#4	Fitchburg State	11.51m	37-9¼	4/14
2	Kaylee BECK	#3	Framingham Sta	10.62m	34-10¼	4/8
3	Ashley GARVEY	#1	Bridgewater Sta	10.18m	33-4¾	4/8
4	Alyssa CAPUTO	#3	Framingham Sta	9.60m	31-6	4/6
5	Olivia KEPHART	#4	Fitchburg State	8.76m	28-9	4/22
6	Antonia SACRAMONE	#4	Fitchburg State	8.46m	27-9¼	4/8
7	Olivia PELLEGRINO	#2	Westfield State	8.18m	26-10	4/15
8	Charlie KATZ	#1	Bridgewater Sta	8.12m	26-7¾	4/8
9	Cassie ISRAELSON	#4	Fitchburg State	8.01m	26-3½	3/25
10	Mackenzie BURGONYE	#2	Westfield State	7.92m	26-0	4/15

Women's Discus

1	97 Ephemian BAILEY	#4	Fitchburg State	38.59m	126-7	4/14
2	Alyssa CAPUTO	#3	Framingham Sta	36.32m	119-2	4/6
3	Ashley GARVEY	#1	Bridgewater Sta	33.71m	110-7	4/8
4	Kaylee BECK	#3	Framingham Sta	27.68m	90-9¾	4/6
5	Sydney SAWYER	#6	Massachusetts M	24.47m	80-3½	4/22
6	Bella KONDI	#3	Framingham Sta	23.97m	78-7¾	3/25
7	Olivia PELLEGRINO	#2	Westfield State	23.04m	75-7¼	4/22
8	Charlie KATZ	#1	Bridgewater Sta	22.90m	75-1¾	4/22
9	Cassie ISRAELSON	#4	Fitchburg State	22.29m	73-1¾	4/14
10	Olivia KEPHART	#4	Fitchburg State	22.25m	73-0	3/25

Women's Hammer

1	Ashley GARVEY	#1	Bridgewater Sta	39.58m	129-10	4/8
2	Kaylee BECK	#3	Framingham Sta	38.44m	126-2	4/22
3	Alyssa CAPUTO	#3	Framingham Sta	34.50m	113-2	4/1
4	Charlie KATZ	#1	Bridgewater Sta	32.73m	107-5	4/22
5	Olivia KEPHART	#4	Fitchburg State	28.60m	93-10	4/8
6	Arianna CONSTANT	#5	Worcester State	28.53m	93-7¼	4/8
7	Sydney SAWYER	#6	Massachusetts M	26.00m	85-3¾	4/22
8	Ephemian BAILEY	#4	Fitchburg State	24.98m	81-11½	4/14
9	Mollie PIMENTEL	#3	Framingham Sta	20.36m	66-9¾	4/22
10	Cassie ISRAELSON	#4	Fitchburg State	19.39m	63-7½	4/8

Women's Javelin

1	10 Riley SANDERSON	#5	Worcester State	41.84m	137-3	3/25
2	Lizzy READ	#4	Fitchburg State	30.65m	100-7	4/22
3	Arianna CONSTANT	#5	Worcester State	30.20m	99-1	4/22
4	Hailey KILROY	#1	Bridgewater Sta	28.12m	92-3¼	3/25
5	Kammarie PELLAND	#3	Framingham Sta	27.85m	91-4½	4/6
6	Taylor SOLIMINE	#5	Worcester State	26.40m	86-7½	4/22
7	Brooke FENTON	#3	Framingham Sta	26.07m	85-6½	4/6
8	Sydney SAWYER	#6	Massachusetts M	25.67m	84-2¾	4/6
9	Vicky MARIN	#2	Westfield State	23.93m	78-6¼	4/1
10	Emily OTTOMANIELLO	#2	Westfield State	23.79m	78-¾	4/15



Conference TFRI Event Summary

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MIAA

Women's 100 Meters

1	39	Sara SCHERMERHORN	#1 Hope	12.17	(1.4)	3/17
2	59	Avery CAMPBELL	#4 Albion	12.27	(1.3)	4/13
3	91	Mackenzie MILLER	#2 Trine	12.42	(1.9)	4/20
4		Grace BEHRENS	#1 Hope	12.60	(1.7)	4/21
5		Kaleigh MACHINO	#2 Trine	12.83w	(2.9)	4/15
6		Helen DODGE	#1 Hope	12.85w	(2.9)	3/17
7		Mallory WOOD	#2 Trine	12.90w	(2.6)	4/20
8		Malena RICKS	#2 Trine	12.94w	(2.6)	4/20
9		Onyinyechi IHEME	#3 Calvin	12.97w	(2.6)	3/31
10		Ava SCHMIDT	#1 Hope	13.10w	(2.5)	3/24

Women's 100 Meter Hurdles

1	46	Nayaisha EDMOND	#4 Albion	14.90w	(3.3)	4/22
2		Brynn MERICLE	#2 Trine	15.61w	(2.6)	4/20
3		Mia DEJONGE	#3 Calvin	15.95	(0.6)	4/14
4		Emily NORKOWSKI	#6 Olivet	16.10	(1.3)	4/21
5		Andrea TAGHON	#5 Alma	16.26w	(3.2)	3/31
6		Adrienne JACKSON	#2 Trine	16.40w	(2.6)	4/20
7		Helena SNYDER	#5 Alma	16.44	(0.6)	4/14
8		Colette ASKINS	#4 Albion	16.62w	(3.3)	4/22
9		Kristin BAKER	#2 Trine	16.63w	(2.1)	4/20
10		Allison WICHERT	#5 Alma	16.90	(0.6)	4/14

Women's 200 Meters

1	5	Sara SCHERMERHORN	#1 Hope	24.39w	(2.5)	4/21
2	31	Avery CAMPBELL	#4 Albion	25.11w	(3.2)	4/13
3	59	Grace BEHRENS	#1 Hope	25.35w	(2.5)	4/21
4		Ericka BIGHAM	#5 Alma	25.91	(0.1)	4/14
5		Helen DODGE	#1 Hope	26.02w	(2.6)	4/21
6		Julie TIMPERMAN	#1 Hope	26.03w	(2.6)	4/21
7		Mackenzie MILLER	#2 Trine	26.10w	(2.2)	4/15
8		Nayaisha EDMOND	#4 Albion	26.66w	(3.2)	4/13
9		Kaleigh MACHINO	#2 Trine	26.85w	(2.2)	4/15
10		Brynn MERICLE	#2 Trine	27.26w	(2.7)	4/15

Women's 400 Meters

1	24	Ericka BIGHAM	#5 Alma	57.37		4/14
2	50	Grace BEHRENS	#1 Hope	58.20		4/14
3	57	Avery CAMPBELL	#4 Albion	58.37		4/7
4		Julie TIMPERMAN	#1 Hope	1:00.36		4/21
5		Delaney SALL	#3 Calvin	1:00.83		4/7
6		Lily CONNELLY	#6 Olivet	1:01.16		4/14
7		Katie GEORGES	#3 Calvin	1:01.21		4/7
8		Trinity KOLKA	#3 Calvin	1:01.47		4/7
9		Hannah TSIANG	#1 Hope	1:02.49		4/21
10		London ELDRIDGE	#6 Olivet	1:02.65		4/14

Women's 400 Meter Hurdles

1	76	Brynn MERICLE	#2 Trine	1:06.76		4/7
2	93	Adrienne JACKSON	#2 Trine	1:07.21		4/7
3	95	Andrea TAGHON	#5 Alma	1:07.30		4/7
4		London ELDRIDGE	#6 Olivet	1:07.64		4/7
5		Mia DEJONGE	#3 Calvin	1:08.18		4/14
6		Kristin BAKER	#2 Trine	1:09.25		4/20
7		Aumrie WEISS	#2 Trine	1:10.20		4/7
8		Colette ASKINS	#4 Albion	1:10.42		4/7
9		Elliana JOHNSON	#1 Hope	1:11.47		4/14
10		Marcaill SCHUURMANN	#3 Calvin	1:13.79		4/21

Women's 800 Meters

1		Ellie JANKOWSKI	#1 Hope	2:18.44		3/24
2		Delaney SALL	#3 Calvin	2:18.55		4/1
3		Brianna MEDCALF	#2 Trine	2:19.17		4/15
4		Olivia QUILLEN	#1 Hope	2:20.28		4/21
5		Jenna ALLMAN	#3 Calvin	2:20.46		4/14
6		Samantha SCHERMERHORN	#1 Hope	2:20.58		3/24
7		Madison STERN	#1 Hope	2:20.87		4/7
8		Erin MORAN	#1 Hope	2:21.47		4/14
9		Emme KOUTZ	#7 Adrian	2:22.56		4/7
10		Maddy STRUCK	#1 Hope	2:22.78		3/24

Women's 1500 Meters

1	1	Anastasia TUCKER	#1 Hope	4:25.22		4/21
2	73	Olivia QUILLEN	#1 Hope	4:41.95		4/21
3	88	Rebecca MARKHAM	#1 Hope	4:43.34		4/21
4	93	Anna MASON	#1 Hope	4:43.77		4/21
5		Ellie JANKOWSKI	#1 Hope	4:44.77		3/24
6		Lydia RANDOLPH	#2 Trine	4:45.05		4/7
7		Jenna ALLMAN	#3 Calvin	4:46.47		4/14
8		Megan MCCULLOCH	#4 Albion	4:49.06		4/7
9		Ana PARKER	#2 Trine	4:50.86		4/15
10		Heleyna TUCKER	#1 Hope	4:51.79		4/21

Women's Steeplechase

1	11	Jenna ALLMAN	#3 Calvin	10:52.10		4/21
2	47	Natalie TEBBEN	#3 Calvin	11:29.07		4/21
3	57	Samantha BIETH	#4 Albion	11:31.59		4/14
4	60	Brynne WINIARSKI	#3 Calvin	11:32.40		4/21
5	74	Sophie BULL	#3 Calvin	11:38.71		4/21
6		Maddy STRUCK	#1 Hope	11:54.52		3/17
7		Laura TAYLOR	#1 Hope	11:55.31		4/21
8		Kennedy KUHLMANN	#1 Hope	11:58.95		4/21
9		Katie COLE	#1 Hope	12:03.12		4/21
10		Alaina SMITH	#3 Calvin	12:10.78		4/21



Conference TFRI Event Summary

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MIAA

Women's 5000 Meters

1	18	Megan MCCULLOCH	#4 Albion	17:01.89	4/1
2	56	Sienna RUITER-DIAZ	#3 Calvin	17:31.68	4/21
3	67	Brianna MEDCALF	#2 Trine	17:35.95	4/20
4	96	Anna MASON	#1 Hope	17:45.77	4/14
5		Maddy STRUCK	#1 Hope	17:52.08	4/14
6		Lydia RANDOLPH	#2 Trine	17:54.07	3/31
7		Rebecca MARKHAM	#1 Hope	17:59.50	4/14
8		Olivia QUILLEN	#1 Hope	18:09.67	4/14
9		Ana PARKER	#2 Trine	18:20.84	4/7
10		Janie DEGROOT	#1 Hope	18:26.54	4/21

Women's 10,000 Meters

1	4	Anastasia TUCKER	#1 Hope	34:24.97	3/23
2	20	Megan MCCULLOCH	#4 Albion	36:11.27	4/14
3	21	Sienna RUITER-DIAZ	#3 Calvin	36:20.49	4/1
4	28	Lydia RANDOLPH	#2 Trine	36:34.05	4/21
5		Janie DEGROOT	#1 Hope	40:04.37	3/17
6		Ellie CODERRE	#1 Hope	40:32.13	3/17
7		Claire VELLINGA	#1 Hope	43:44.47	3/17
8		Hannah PARKER	#2 Trine	44:15.05	4/15

Women's 4x100 Relay

1	18	Ava SCHMIDT, Grace BEHRENS, Helen DODGE, Sara SCHERMERHORN	#1 Hope	47.82	4/14
2	74	Nayaisha EDMOND, Lauren MCDOWELL, Colette ASKINS, Avery CAMPBELL	#4 Albion	49.51	4/7
3	99	Mackenzie MILLER, Kaleigh MACHINO, Mallory WOOD, Malena RICKS	#2 Trine	49.94	4/20
4		Katie GEORGES, Mia DEJONGE, Trinity KOLKA, Onyinyechi IHEME	#3 Calvin	50.36	4/21
5		Ericka BIGHAM, Andrea TAGHON, Victoria GOTAAS, Helena SNYDER	#5 Alma	51.92	4/7
6		Amanda MATHEWS, Emily PETERSON, Rylea MOUGRABI, Isabelle SALAZAR	#7 Adrian	51.93	4/14
7		London ELDRIDGE, Gabby JOLLIFF, Lily CONNELLY, Tonya TEPIN	#6 Olivet	52.89	4/21

Women's 4x400 Relay

1	10	Julie TIMPERMAN, Sara SCHERMERHORN, Erin MORAN, Grace BEHRENS	#1 Hope	3:54.78	4/21
2		Ericka BIGHAM, Andrea TAGHON, Victoria GOTAAS, Cornelia GOTAAS	#5 Alma	4:10.38	4/14
3		Katie GEORGES, Mia DEJONGE, Trinity KOLKA, Delaney SALL	#3 Calvin	4:12.10	4/7
4		Kristin BAKER, Adrianne JACKSON, Brynn MERICLE, Aumrie WEISS	#2 Trine	4:16.03	4/7
5		Lily CONNELLY, Tonya TEPIN, London ELDRIDGE, Allyson STEVENS	#6 Olivet	4:16.53	4/21
6		Rylea MOUGRABI, Emme KOUTZ, Olivia DUNSCOMBE, Abigail RAFTIS	#7 Adrian	4:18.55	4/21
7		Samantha BIETH, Megan MCCULLOCH, Bianca WIEGERINK, Serena ARNOLD	#4 Albion	4:41.77	4/7

Women's High Jump

1	32	Cailey BEAUDOIN	#7 Adrian	1.62m	5-3¾	4/14
2	45	Allison SCHRAM	#1 Hope	1.60m	5-3	4/14
2	45	Helena SNYDER	#5 Alma	1.60m	5-3	3/31
4	77	Ciara HESLET	#7 Adrian	1.57m	5-1¾	4/14
5		Natalie CHRISTNAGEL	#1 Hope	1.55m	5-1	3/24
6		Brooklynn RETTIG	#2 Trine	1.54m	5-½	4/7
7		Gabby JOLLIFF	#6 Olivet	1.50m	4-11	4/7
8		Reagan KEYSER	#5 Alma	1.47m	4-9¾	4/14
9		Aerin BAKER	#3 Calvin	1.45m	4-9	4/7
9		Daniah BEAVERS	#4 Albion	1.45m	4-9	4/7
9		Elena WELKER	#4 Albion	1.45m	4-9	3/24

Women's Pole Vault

1	64	Gabby JOLLIFF	#6 Olivet	3.40m	11-1¾	4/14
2		Katie SEINEN	#3 Calvin	3.25m	10-8	4/21
2		Morgan MOSLOW	#2 Trine	3.25m	10-8	4/20
4		Avery BOYCE	#2 Trine	3.15m	10-4	4/15
5		Mya SCOTT	#5 Alma	3.11m	10-2½	4/7
6		Megan LARGE	#2 Trine	3.00m	9-10	4/15
7		Kyria GOWMAN	#1 Hope	2.90m	9-6¼	4/14
7		Bethany COLBRUNN	#1 Hope	2.90m	9-6¼	4/21
7		Bella CHARRON	#3 Calvin	2.90m	9-6¼	4/14
10		Laura ROBOTHAM	#3 Calvin	2.85m	9-4¼	4/7



Conference TFRI Event Summary

as of 4/24/2023 8:00:49 AM

MIAA

Women's Long Jump

1	65	Lauren MCDOWELL	#4 Albion	5.39m	17-8½ (0.5)	3/3
2	68	Emma FORKER	#2 Trine	5.38m	17-8 (0.0)	4/7
3		Onyinyechi IHEME	#3 Calvin	5.08m	16-8 (1.5)	4/21
3		Helen DODGE	#1 Hope	5.08mw	16-8 (2.6)	4/21
5		Katelyn DEJONG	#3 Calvin	5.00m	16-5 (-0.4)	4/14
6		Peyton SMITH	#4 Albion	4.98m	16-4¼ (1.3)	4/7
7		Becca ROSS	#4 Albion	4.86m	15-11½ (-0)	4/22
8		Emily NORKOWSKI	#6 Olivet	4.85m	15-11 (1.1)	4/7
9		Elliana JOHNSON	#1 Hope	4.81m	15-9½ (2.0)	3/24
10		Taylor NOVOTNY	#1 Hope	4.78m	15-8¾ (1.4)	4/14

Women's Triple Jump

1		Jessye VANDEN AKKER	#3 Calvin	10.60m	34-9½ (0.1)	4/21
2		Peyton SMITH	#4 Albion	10.36m	34-0 (1.2)	4/7
3		Katelyn DEJONG	#3 Calvin	10.22m	33-6½ (-0)	4/21
4		Elliana JOHNSON	#1 Hope	10.10mw	33-1¾ (2.1)	4/14
5		Emily NORKOWSKI	#6 Olivet	10.03m	32-11 (-0.4)	4/7
6		Aerin BAKER	#3 Calvin	9.74m	31-11½ (-2)	4/7
7		Taylor NOVOTNY	#1 Hope	9.60m	31-6 (-0.1)	4/21
8		Allison SCHRAM	#1 Hope	9.43m	30-11¼ (0)	3/24
9		Amanda MATHEWS	#7 Adrian	9.32m	30-7 (-0.9)	4/7
10		Kyria GOWMAN	#1 Hope	9.20mw	30-2¼ (2.1)	4/14

Women's Shot Put

1	13	Ryann ROHRER	#3 Calvin	13.71m	44-11¾	4/14
2	41	Tess ANTHONY	#4 Albion	12.84m	42-1½	4/13
3	54	Greta ROBRAHN	#1 Hope	12.61m	41-4½	4/14
4	60	Karen BEKHET	#3 Calvin	12.49m	40-11¾	4/21
5		Madelyn SUMMERS	#2 Trine	11.83m	38-9¾	3/24
6		Chloe BARD	#2 Trine	11.70m	38-4¾	3/24
7		Elisabeth STROTMAN	#1 Hope	11.61m	38-1¼	4/7
8		Kamryn BICE	#1 Hope	11.57m	37-11½	3/24
9		Bryanna CAREY	#7 Adrian	11.15m	36-7	4/21
10		Daniah BEAVERS	#4 Albion	10.99m	36-¾	4/13

Women's Discus

1	31	Karen BEKHET	#3 Calvin	41.94m	137-7	4/21
2	64	Chloe BARD	#2 Trine	40.09m	131-7	4/20
3	93	Ryann ROHRER	#3 Calvin	38.76m	127-2	4/21
4	98	Greta ROBRAHN	#1 Hope	38.57m	126-7	3/24
5		Tess ANTHONY	#4 Albion	37.98m	124-7	3/24
6		Ashley SANTO	#6 Olivet	37.89m	124-4	4/21
7		Abby SANNER	#2 Trine	37.20m	122-1	3/25
8		Olivia VANDE VEGTE	#3 Calvin	37.11m	121-9	4/7
9		Lindsey KOSSICK	#3 Calvin	36.91m	121-1	4/21
10		Kamryn BICE	#1 Hope	36.50m	119-9	3/24

Women's Hammer

1	83	Madelyn SUMMERS	#2 Trine	46.39m	152-3	4/15
2		Tess ANTHONY	#4 Albion	45.11m	148-0	4/13
3		Emma ALTHOUSE	#1 Hope	43.32m	142-2	4/21
4		Ashley SANTO	#6 Olivet	41.60m	136-6	3/24
5		Lindsey KOSSICK	#3 Calvin	41.33m	135-7	4/21
6		Marlie MCDONALD	#1 Hope	39.86m	130-9	4/21
7		Ashley BOOTH	#4 Albion	38.80m	127-4	4/21
8		Bryanna CAREY	#7 Adrian	38.13m	125-1	4/14
9		Breeyn FULKERSON	#2 Trine	37.57m	123-3	4/15
10		Liathano RAMIREZ	#5 Alma	37.11m	121-9	4/14

Women's Javelin

1	19	Audrey SALENBIEN	#7 Adrian	39.99m	131-3	4/7
2	83	Aarika EDIGER	#1 Hope	36.40m	119-5	3/24
3		Olivia VANDE VEGTE	#3 Calvin	33.33m	109-4	4/14
4		Amanda TIMONEN	#1 Hope	33.31m	109-4	4/14
5		Christy MARTIN	#3 Calvin	33.15m	108-9	4/14
6		Malena RICKS	#2 Trine	32.43m	106-5	4/7
7		Elisabeth STROTMAN	#1 Hope	31.97m	104-11	4/14
8		Lauren TOCCO	#1 Hope	31.15m	102-3	3/24
9		Katie BERLEW	#2 Trine	29.15m	95-7¾	4/7
10		Allyson STEVONS	#6 Olivet	29.13m	95-7	3/24



Conference TFRI Event Summary

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MIAC

Women's 100 Meters

1	55	Birgen NELSON	#1	Gustavus Adolpl	12.26c	(12.19A) (1	4/3
2	94	Jireh BABALOLA	#2	Bethel (Minn.)	12.43	(2.0)	4/22
3		Sarah STELLMACH	#2	Bethel (Minn.)	12.48	(0.8)	4/7
4		Kate CARLSON	#1	Gustavus Adolpl	12.56	(-0.5)	4/15
5		Makayla STINSON	#8	St. Catherine (M	12.62	(2.0)	4/22
6		Emily RENG0	#6	Concordia Moor	12.73w	(2.2)	4/22
7		Kate GALLAGHER	#5	Saint Benedict	12.88	(2.0)	4/1
8		Allison HOOKOM	#12	Augsburg	12.93	(2.0)	4/22
9		Hadley TWICHELL	#4	Carleton	13.01	(-0.5)	4/15
10		Riley ROBERTS	#4	Carleton	13.06	(1.9)	4/22

Women's 100 Meter Hurdles

1	2	Birgen NELSON	#1	Gustavus Adolpl	13.88	(-0.2)	4/6
2	3	Kelsie SEALOCK	#2	Bethel (Minn.)	13.98w	(2.5)	4/7
3	94	Grace BLANCHETTE	#4	Carleton	15.41w	(3.2)	4/22
4	99	Rebekah SALFER	#3	St. Olaf	15.46w	(2.5)	4/7
5		Gabby BODIN	#8	St. Catherine (M	15.49w	(2.5)	4/7
6		Daneyah HUGHES	#1	Gustavus Adolpl	15.50	(-0.4)	4/15
7		Lauren BERG	#5	Saint Benedict	15.61	(0.9)	4/1
8		Danielle MILLER	#1	Gustavus Adolpl	15.74c	(15.66A) (1	4/3
9		Ellie HERNES	#2	Bethel (Minn.)	15.85	(1.5)	4/7
10		Makenna HUETTEN	#1	Gustavus Adolpl	15.92	(-0.1)	4/23

Women's 200 Meters

1		Kate CARLSON	#1	Gustavus Adolpl	26.13c	(25.99A) (0	4/3
2		Emily RENG0	#6	Concordia Moor	26.35w	(3.8)	4/7
3		Jireh BABALOLA	#2	Bethel (Minn.)	26.49	(-0.9)	4/15
3		Allison HOOKOM	#12	Augsburg	26.49	(1.0)	3/18
5		Hadley TWICHELL	#4	Carleton	26.59w	(2.2)	4/7
6		Makayla STINSON	#8	St. Catherine (M	26.80	(1.0)	4/7
6		Karla KROSCHER	#3	St. Olaf	26.80	(1.0)	4/7
8		Makenna BROWN	#2	Bethel (Minn.)	26.85	(1.0)	4/7
9		Danielle MILLER	#1	Gustavus Adolpl	27.00	(-0.1)	4/23
10		Maddie GULER	#6	Concordia Moor	27.01	(1.8)	4/22

Women's 400 Meters

1	31	Sarah STELLMACH	#2	Bethel (Minn.)	57.55		4/15
2	80	Megan GERAETS	#1	Gustavus Adolpl	58.79		4/23
3		Hailey GREGG	#2	Bethel (Minn.)	59.22		4/15
4		Allison HOOKOM	#12	Augsburg	59.42		3/18
5		Hadley TWICHELL	#4	Carleton	59.98		4/22
6		Makenna BROWN	#2	Bethel (Minn.)	1:00.46		4/7
6		Lindsey BERNARDY	#7	Hamline	1:00.46		4/15
8		Maddie GULER	#6	Concordia Moor	1:00.62		4/15
9		Meg SHERCLIFFE	#6	Concordia Moor	1:00.80		4/22
10		Karla KROSCHER	#3	St. Olaf	1:00.94		4/7

Women's 400 Meter Hurdles

1	18	Birgen NELSON	#1	Gustavus Adolpl	1:03.21		4/15
2	46	Lauren BERG	#5	Saint Benedict	1:05.61		4/7
3	64	Rebekah SALFER	#3	St. Olaf	1:06.30		4/7
4		Annie PAULSON	#2	Bethel (Minn.)	1:08.04		4/15
5		McKenzie WILLIAMS	#11	St. Scholastica	1:08.41		4/15
6		Jessie SMITH	#2	Bethel (Minn.)	1:09.14		4/15
7		Lauren ROCHEFORD	#1	Gustavus Adolpl	1:09.76		4/23
8		Makenna HUETTEN	#1	Gustavus Adolpl	1:10.10		4/15
9		Katie DANIELZUK	#7	Hamline	1:12.27		4/15
10		Nicole LILLEBERG	#6	Concordia Moor	1:12.66		4/7

Women's 800 Meters

1	19	Annessa IHDE	#2	Bethel (Minn.)	2:13.78		4/15
2	47	Alexandra MADDUX	#7	Hamline	2:16.05		4/21
3		Fiona SMITH	#5	Saint Benedict	2:19.14		4/7
4		Mary BLANCHARD	#4	Carleton	2:19.83		4/15
5		Celia SILVERSTEIN	#4	Carleton	2:20.79		4/22
6		Lara ERICKSON	#4	Carleton	2:20.96		4/7
7		Drew FROLEK	#6	Concordia Moor	2:21.63		4/15
8		Ella YOUNG	#5	Saint Benedict	2:21.93		4/15
9		Ellie SHOLING	#11	St. Scholastica	2:22.09		4/15
10		Jules FROMM	#3	St. Olaf	2:22.54		4/7

Women's 1500 Meters

1	6	Fiona SMITH	#5	Saint Benedict	4:31.94		4/7
2	58	Christine ALBRECHT	#3	St. Olaf	4:40.46		4/7
3	70	Mary BLANCHARD	#4	Carleton	4:41.85		4/7
4	71	Annessa IHDE	#2	Bethel (Minn.)	4:41.93		4/7
5	83	Alexandra MADDUX	#7	Hamline	4:43.02		4/15
6		Sofia CARLSON	#3	St. Olaf	4:47.75		4/7
7		Sophie MCMANUS	#4	Carleton	4:49.52		4/22
8		Sophie ABERNETHY	#3	St. Olaf	4:49.62		4/22
9		Ella LANDIS	#3	St. Olaf	4:49.88		4/7
10		Alison BODE	#3	St. Olaf	4:49.90		4/7

Women's Steeplechase

1	17	Christine ALBRECHT	#3	St. Olaf	11:00.02		4/15
2	37	Sophie MCMANUS	#4	Carleton	11:17.82		4/15
3	77	Grace MOELLER	#3	St. Olaf	11:40.05		4/22
4		Keiley MAAHS	#5	Saint Benedict	11:51.76		4/15
5		Emily RUGLOSKI	#6	Concordia Moor	11:52.21		4/7
6		Josie HARMS	#2	Bethel (Minn.)	11:53.75		4/15
7		Bridget TETMEYER	#5	Saint Benedict	11:55.27		4/15
8		Mary KENNEY	#5	Saint Benedict	12:12.73		4/15
9		Sydney HAGEN	#1	Gustavus Adolpl	12:25.18		4/15
10		Molly WEBERG	#1	Gustavus Adolpl	12:29.91		4/15



Conference TFRI Event Summary

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MIAC

Women's 5000 Meters

1	3	Fiona SMITH	#5	Saint Benedict	16:26.20	4/1
2	4	Clara MAYFIELD	#4	Carleton	16:30.62	3/24
3	21	Sofia CARLSON	#3	St. Olaf	17:04.03	4/14
4	41	Hannah PREISSER	#4	Carleton	17:21.94	4/15
5	43	Sophie MCMANUS	#4	Carleton	17:22.90	4/7
6	84	Alison BODE	#3	St. Olaf	17:42.62	4/14
7	95	Lauren WALDA	#3	St. Olaf	17:45.27	4/7
8		Phoebe WARD	#4	Carleton	17:56.45	4/22
9		Bella CALL	#3	St. Olaf	17:59.78	4/15
10		Maj-Lis HELMER	#11	St. Scholastica	18:12.57	4/7

Women's 10,000 Meters

1	2	Fiona SMITH	#5	Saint Benedict	33:23.89	4/12
2	3	Clara MAYFIELD	#4	Carleton	34:08.69	4/13
3	15	Hannah PREISSER	#4	Carleton	35:52.33	4/21
4	60	Evelyn VILLALOBOS	#1	Gustavus Adolpl	37:44.51	4/21
5	66	Annie KIOLBASA	#5	Saint Benedict	37:51.68	4/21
6	84	Bridget TETMEYER	#5	Saint Benedict	38:23.15	4/21
7		Gracia LARSEN-SCHMIDT	#3	St. Olaf	39:37.93	4/21
8		Marte BORGMANN	#4	Carleton	39:39.78	4/21
9		Maggie VOTRUBA	#4	Carleton	40:11.46	4/21
10		Seneca NORVELL	#3	St. Olaf	40:20.29	4/21

Women's 4x100 Relay

1	20	Jireh BABALOLA, Kelsie SEALOCK, Makenna BROWN, Sarah STELLMACH	#2	Bethel (Minn.)	47.94	4/15
2	25	Danielle MILLER, Birgen NELSON, Megan GERAETS, Kate CARLSON	#1	Gustavus Adolpl	48.02	4/15
3		Maddie GULER, Emily RENGÓ, Carlie HEINECKE, Kyla NYGAARD	#6	Concordia Moor	50.37	4/15
4		Mya BISHOP, Allison HOOKOM, CC CESARE, Santrice RODRIGUEZ	#12	Augsburg	50.42	3/18
5		Riley ROBERTS, Jocelyn FERGUSON, Bianca LOTT, Hadley TWICHELL	#4	Carleton	50.65	4/22
6		Myah NELSON, Hailey JOHNSON, Madi JOSEPHSON, Kate GALLAGHER	#5	Saint Benedict	51.17	4/15
7		Claire NICHOLS, Makayla STINSON, Reilee SCHEPPER, Erin DOYLE	#8	St. Catherine (M	51.31	4/7
8		Ashley GRABAU, Ellie LOGELIN, Emme NELSON, Liana WOO	#7	Hamline	51.95	4/15
9		Rachel NELSEN, Zoe MATRE, Ququ HOLMAN, Karla KROSCHEL	#3	St. Olaf	53.16	4/22
10		Jaeden SIMS, Caitlin FALKOWSKI, Penny HUNTER, Amanda CREWEY	#10	Macalester	53.34	4/1



Conference TFRI Event Summary

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MIAC

Women's 4x400 Relay

1	18	Kelsie SEALOCK, Hailey GREGG, Annessa IHDE, Makenna BROWN	#2 Bethel (Minn.)	3:58.23	4/15
2	41	Maddie GULER, Meg SHERCLIFFE, Emily RENGO, Kyla NYGAARD	#6 Concordia Moor	4:02.90	4/22
3	43	Sydney HAUGER, Megan GERAETS, Kate CARLSON, Birgen NELSON	#1 Gustavus Adolpl	4:03.28	4/23
4	73	Mary BLANCHARD, Jocelyn FERGUSON, Lara ERICKSON, Hadley TWICHELL	#4 Carleton	4:06.91	4/15
5	79	Ququ HOLMAN, Karla KROSCHER, Rachael WILSON, Emma STORBAKKEN	#3 St. Olaf	4:07.54	4/15
6	98	Emerson KNAPP, Mirjana GANLEY, Sidela NYUGA, Lauren BERG	#5 Saint Benedict	4:09.52	4/15
7		Jaden ELLEFSON, Kayla NELSON, Anna KIMINISKI, Ellie SHOLING	#11 St. Scholastica	4:12.66	4/15
8		Lindsey BERNARDY, Ellie LOGELIN, Ashley GRABAU, Emme NELSON	#7 Hamline	4:15.28	4/7
9		Journey AMUNDSON, Jaeden SIMS, Hadley WILKINS, Penny HUNTER	#10 Macalester	4:17.61	4/1
10		Caeli MCMAHON, Abbie MEYER, Megan FROSCH, Caroline GEARIN	#9 Saint Mary's (Mi)	4:28.33	4/7

Women's High Jump

1	15	Glasha HOVEY	#2 Bethel (Minn.)	1.65m	5-5	4/15
2	45	Justus FLOREN	#5 Saint Benedict	1.60m	5-3	4/1
3		Ally RAKOW	#1 Gustavus Adolpl	1.55m	5-1	4/23
3		Lindsay BANGS	#1 Gustavus Adolpl	1.55m	5-1	4/23
5		Elizabeth SELISKER	#5 Saint Benedict	1.50m	4-11	4/15
5		Jenna KALEVIK	#6 Concordia Moor	1.50m	4-11	4/15
5		Alli JOERGER	#1 Gustavus Adolpl	1.50m	4-11	4/23
5		Grace BLANCHETTE	#4 Carleton	1.50m	4-11	4/22
5		Claire NICHOLS	#8 St. Catherine (M	1.50m	4-11	3/18
5		Erin BEER	#1 Gustavus Adolpl	1.50m	4-11	4/23

Women's Pole Vault

1	33	Jessica LILLAND	#2 Bethel (Minn.)	3.55m	11-7¾	4/22
2	41	Caroline GEARIN	#9 Saint Mary's (Mi)	3.50m	11-5¾	3/31
3		Julia CORDES	#3 St. Olaf	3.10m	10-2	4/22
4		Caitlin SALFER	#5 Saint Benedict	3.07m	10-¾	4/7
5		Lizzie GREEN	#7 Hamline	2.95m	9-8	4/22
5		Jenna BUNKER	#1 Gustavus Adolpl	2.95m	9-8	4/23
7		Grace PIERSON	#7 Hamline	2.89m	9-5¾	4/15
7		Emily LITTON	#4 Carleton	2.89m	9-5¾	4/15
9		Melanie ROBERTS	#3 St. Olaf	2.80m	9-2¼	4/22
10		Sabrina BUFFETTA	#5 Saint Benedict	2.77m	9-1	4/7

Women's Long Jump

1		Ellie HERNES	#2 Bethel (Minn.)	5.22m	17-1½ (1.5	4/22
2		Journey AMUNDSON	#10 Macalester	5.15m	16-10¾ (0.	4/15
3		Peyton SELLE	#6 Concordia Moor	5.11m	16-9¼ (0.0	4/22
4		Reilee SCHEPPER	#8 St. Catherine (M	5.08mw	16-8 (3.8)	4/22
5		Lauren DIMLER	#1 Gustavus Adolpl	5.04mA	16-6½ (-0.	4/3
6		AnnaGrace NELSON	#2 Bethel (Minn.)	5.02m	16-5¾ (-0.	4/7
7		Claire NICHOLS	#8 St. Catherine (M	5.01mw	16-5¼ (2.4	4/22
7		Sarra LINDNER	#1 Gustavus Adolpl	5.01mA	16-5¼ (-1.	4/3
9		Madi KES	#1 Gustavus Adolpl	4.97m	16-3¾ (1.0	4/15
10		Grace BLANCHETTE	#4 Carleton	4.95m	16-3 (1.3)	4/15

Women's Triple Jump

1	16	Madi KES	#1 Gustavus Adolpl	11.82m	38-9½ (-3.	4/23
2	17	Journey AMUNDSON	#10 Macalester	11.79mw	38-8¼ (2.9	4/1
3	48	Ellie HERNES	#2 Bethel (Minn.)	11.23m	36-10¼ (1.	4/15
4		Lili GUY	#1 Gustavus Adolpl	10.75m	35-3¼ (-2.	4/23
5		AnnaGrace NELSON	#2 Bethel (Minn.)	10.73m	35-2½ (1.7	4/15
6		Reilee SCHEPPER	#8 St. Catherine (M	10.71mw	35-1¾ (2.2	4/22
7		Sarra LINDNER	#1 Gustavus Adolpl	10.54mA	34-7 (-1.4)	4/3
8		CC CESARE	#12 Augsburg	10.44m	34-3 (-1.5)	3/18
9		Ainslee PARKER	#3 St. Olaf	10.35m	33-11½ (0.	4/15
10		Burnices BARLUE	#8 St. Catherine (M	10.08m	33-1 (-0.4)	3/18

Women's Shot Put

1	14	Annika POE	#1 Gustavus Adolpl	13.65m	44-9½	4/15
2	42	Nora WILHELM	#2 Bethel (Minn.)	12.80m	42-0	4/22
3	58	Emma ROETHLER	#2 Bethel (Minn.)	12.53m	41-1½	4/7
4		Samantha KUBES	#9 Saint Mary's (Mi)	12.05m	39-6½	4/15
5		Aleah KESKE	#3 St. Olaf	11.96m	39-3	4/7
6		Allyson KANGAS	#6 Concordia Moor	11.91m	39-1	4/15
7		Ellie BIGGINS	#7 Hamline	11.87m	38-11½	4/22
8		Molly MEYERS	#7 Hamline	11.80m	38-8¾	4/7
9		Desirae DATES	#7 Hamline	11.55m	37-10¾	4/22
10		Sydney JACKMAN	#9 Saint Mary's (Mi)	11.47m	37-7¾	4/7



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MIAC

Women's Discus

1	44	Aleah KESKE	#3	St. Olaf	41.07m	134-9	4/22
2	93	Annika POE	#1	Gustavus Adolphi	38.76m	127-2	4/23
3	LEO	Morgan WALLENDAL	#9	Saint Mary's (Min)	38.52m	126-5	4/7
4		Nora WILHELM	#2	Bethel (Minn.)	38.17m	125-3	4/22
5		Madison REED	#7	Hamline	37.05m	121-7	4/15
6		Jade HUNT	#7	Hamline	36.64m	120-3	4/15
7		Allyson KANGAS	#6	Concordia Moorhead	36.60m	120-1	4/7
8		Desirae DATES	#7	Hamline	35.31m	115-10	4/15
9		Claire DUMMER	#6	Concordia Moorhead	35.03m	114-11	4/15
10		Maggie BECKMANN	#5	Saint Benedict	34.84m	114-4	4/15

Women's Hammer

1	41	Lily BENEKE	#11	St. Scholastica	48.53m	159-3	4/15
2	45	Allyson KANGAS	#6	Concordia Moorhead	48.31m	158-6	4/22
3	60	Samantha KUBES	#9	Saint Mary's (Min)	47.46m	155-9	4/15
4	61	Madison REED	#7	Hamline	47.36m	155-5	4/7
5	68	Maggie BECKMANN	#5	Saint Benedict	47.15m	154-8	4/7
6	94	Molly LUKENBILL	#2	Bethel (Minn.)	45.78m	150-3	4/22
7		Kelley BRENNAN	#1	Gustavus Adolphi	43.61m	143-1	4/23
8		Anna BECKER	#9	Saint Mary's (Min)	43.54m	142-10	3/31
9		Lexi BRAINER	#7	Hamline	43.11m	141-5	4/15
10		Chando HORVATH	#8	St. Catherine (Minn)	43.07m	141-4	4/22

Women's Javelin

1	15	Bryana LEVERENTZ	#8	St. Catherine (Minn)	40.81m	133-11	3/18
2	40	Grace BLANCHETTE	#4	Carleton	37.71m	123-9	3/23
3	73	Justus FLOREN	#5	Saint Benedict	36.71m	120-5	4/15
4	90	Kelsie SEALOCK	#2	Bethel (Minn.)	36.23m	118-11	4/15
5		Sarah Beth HOBBY	#10	Macalester	34.47m	113-1	4/15
6		Abbie SWENSON	#2	Bethel (Minn.)	33.26m	109-2	4/22
7		Gabby GROMACKI	#1	Gustavus Adolphi	32.85m	107-10	4/23
8		Elise ASLANIAN	#3	St. Olaf	32.13m	105-5	4/15
9		Peyton SELLE	#6	Concordia Moorhead	31.57m	103-7	4/15
10		Alli JOERGER	#1	Gustavus Adolphi	31.24m	102-6	4/23

Women's Heptathlon

1	27	Rebekah SALFER	#3	St. Olaf	4,145	4/13
2	31	Grace BLANCHETTE	#4	Carleton	4,069	3/23



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MWC

Women's 100 Meters

1	62	T'Aira BOYANCE	#5	Beloit	12.29w	(2.1)	4/15
2	80	Jordyn MCDONALD	#5	Beloit	12.37w	(2.1)	4/15
3		Allie DOCKINS	#8	Knox	12.68w	(2.3)	4/15
4		Lakeida NICHOLS	#7	Illinois College	12.70w	(3.5)	3/25
5		Madison OSBORN	#3	Cornell College	12.75	(0.0)	4/14
6		Maddie RUSK	#2	Monmouth (Ill.)	12.82w	(2.1)	4/15
7		Eva CARCHIDI	#4	Grinnell	12.84	(0.4)	4/22
8		Brooke OAKLEY	#7	Illinois College	12.87w	(2.3)	4/15
9		Alyssa VILLARREAL	#2	Monmouth (Ill.)	12.93w	(2.1)	4/15
10		AJ JONES	#9	Lake Forest	13.05	(2.0)	4/22

Women's 100 Meter Hurdles

1	51	Natalie MCALLISTER	#3	Cornell College	14.94	(0.1)	4/14
2	53	Olivia MILLER	#1	Ripon	14.97w	(2.1)	4/15
3		Kristina HILMES	#7	Illinois College	16.27	(0.9)	4/7
4		Hailey CAROLAN	#3	Cornell College	16.72w	(2.9)	4/1
5		Hannah WELTE	#5	Beloit	16.94w	(2.2)	4/7
6		Sadie STAKER	#4	Grinnell	17.47	(1.0)	4/22
7		Jacquelyn HAN	#9	Lake Forest	17.50w	(2.3)	4/15
8		Bridget FINN	#1	Ripon	17.59w	(2.3)	4/15
9		Irene YANK	#6	Lawrence	17.74w	(2.1)	4/15
10		Mariana ZENDEJAS	#6	Lawrence	17.77	(1.6)	4/21

Women's 200 Meters

1	56	T'Aira BOYANCE	#5	Beloit	25.33	(1.4)	4/21
2		Madison OSBORN	#3	Cornell College	25.90	(-1.0)	4/14
3		Jordyn MCDONALD	#5	Beloit	26.08	(-1.8)	4/15
4		Sonia EDASSERY	#4	Grinnell	26.14	(0.0)	3/25
5		Natalie MCALLISTER	#3	Cornell College	26.16	(1.8)	4/21
6		Olivia MILLER	#1	Ripon	26.28	(1.4)	4/6
7		Brooke OAKLEY	#7	Illinois College	26.30w	(3.4)	4/15
8		Allie DOCKINS	#8	Knox	26.43	(2.0)	4/15
9		Lakeida NICHOLS	#7	Illinois College	26.53	(2.0)	4/15
10		Eva CARCHIDI	#4	Grinnell	26.54	(-1.7)	4/15

Women's 400 Meters

1	30	T'Aira BOYANCE	#5	Beloit	57.51		4/7
2		Sonia EDASSERY	#4	Grinnell	59.76		4/7
3		Sidney BROWN	#3	Cornell College	59.98		4/7
4		Madison OSBORN	#3	Cornell College	1:00.38		4/1
5		Payton RAHN	#1	Ripon	1:01.01		4/15
6		Brooke OAKLEY	#7	Illinois College	1:01.24		4/21
7		Alayna FURCH	#5	Beloit	1:01.49		4/15
8		Rose LOOS-AUSTIN	#5	Beloit	1:03.48		4/15
9		Candis DAMSTE	#5	Beloit	1:03.68		4/15
10		Kayla BEAMAN	#8	Knox	1:04.02		4/21

Women's 400 Meter Hurdles

1	67	Hannah WELTE	#5	Beloit	1:06.33		4/15
2		Hailey CAROLAN	#3	Cornell College	1:08.84		4/7
3		Sadie STAKER	#4	Grinnell	1:08.99		4/15
4		Kristina HILMES	#7	Illinois College	1:11.37		4/21
5		Cari PICKUP	#3	Cornell College	1:12.25		4/7
6		Bridget FINN	#1	Ripon	1:12.79		4/2
7		Caroline FLESCHE	#1	Ripon	1:15.94		4/15
8		Jacquelyn HAN	#9	Lake Forest	1:17.52		4/15
9		Nicole ARNHOLD	#1	Ripon	1:20.17		4/21
10		Jahaira GONZALEZ	#1	Ripon	1:21.75		4/21

Women's 800 Meters

1		Jenny CORTES	#1	Ripon	2:22.25		4/21
2		Alyza KOPPE	#3	Cornell College	2:24.13		4/22
3		Ava CLAUSSEN-TUBBS	#3	Cornell College	2:24.81		4/22
4		Grace ENGEBRETSON	#1	Ripon	2:26.16		4/2
5		Isabelle WILLETT	#1	Ripon	2:27.07		4/2
6		Sam REID	#4	Grinnell	2:27.39		4/22
7		Katie LAMMERS	#3	Cornell College	2:29.60		4/1
7		Hannah ROARK	#4	Grinnell	2:29.60		3/25
9		Cristyn OLIVER	#6	Lawrence	2:30.46		4/21
10		Crystal KACZMARCZYK	#4	Grinnell	2:31.40		4/22

Women's 1500 Meters

1		Katie LAMMERS	#3	Cornell College	4:53.72		4/7
2		Jenny CORTES	#1	Ripon	4:58.95		4/15
3		Alyza KOPPE	#3	Cornell College	5:02.58		4/1
4		Natalie PAKOSZ	#1	Ripon	5:03.58		4/15
5		Keely MIYAMOTO	#4	Grinnell	5:06.21		4/22
6		Cristyn OLIVER	#6	Lawrence	5:06.50		4/21
7		Isabelle WILLETT	#1	Ripon	5:06.87		4/15
8		Grace ENGEBRETSON	#1	Ripon	5:07.92		4/15
9		Ali DENAMUR	#1	Ripon	5:09.08		4/15
10		Emma SCHAEFER	#4	Grinnell	5:09.44		4/22

Women's Steeplechase

1		Riley WINEBRENNER	#6	Lawrence	11:52.98		4/21
2		Mikayla FLYTE	#1	Ripon	12:00.34		4/2
3		Natalie PAKOSZ	#1	Ripon	12:06.24		4/21
4		Autumn CROW	#8	Knox	12:20.76		4/21
5		Crystal KACZMARCZYK	#4	Grinnell	12:27.15		4/15
6		Angela MOSCONI	#1	Ripon	12:30.19		4/15
7		Saxon ALVAREZ	#8	Knox	13:06.57		4/21
8		Natalie ANDERSON	#6	Lawrence	13:09.61		4/21



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Women's 5000 Meters

1	Mikayla FLYTE	#1	Ripon	18:08.87	4/14
2	Keely MIYAMOTO	#4	Grinnell	18:14.80	4/15
3	Ali DENAMUR	#1	Ripon	18:26.25	4/14
4	Cristyn OLIVER	#6	Lawrence	18:44.80	4/14
5	Riley WINEBRENNER	#6	Lawrence	18:51.94	4/14
6	Emma SCHAEFER	#4	Grinnell	18:53.95	4/1
7	Hannah ROARK	#4	Grinnell	18:54.06	4/15
8	Katie LAMMERS	#3	Cornell College	18:54.91	4/7
9	Morgan KAROW	#4	Grinnell	18:58.04	4/15
10	Mira DIAMOND-BERMAN	#4	Grinnell	19:02.63	4/15

Women's 10,000 Meters

1	42 Mikayla FLYTE	#1	Ripon	37:01.46	4/21
2	77 Ali DENAMUR	#1	Ripon	38:09.25	4/21
3	Althea FOSTER	#6	Lawrence	42:27.76	4/15
4	Sophia FORD	#4	Grinnell	43:47.58	4/14
5	Aasma HAIDER	#6	Lawrence	45:41.24	4/15
6	Elinor HANDLIN	#3	Cornell College	46:37.55	4/14
7	Simone DE MONTIGNY	#5	Beloit	46:59.33	4/15
8	Rain ORSI	#6	Lawrence	47:31.61	4/15
9	Annika SUTTER	#3	Cornell College	47:53.07	4/14
10	Eliza WUNDERLICH	#6	Lawrence	51:13.39	4/2

Women's 4x100 Relay

1	43 Jordyn MCDONALD, Alayna FURCH, Hannah WELTE, T'Aira BOYANCE	#5	Beloit	48.68	4/15
2	56 Caitlyne MAR, Madison OSBORN, Sidney BROWN, Natalie MCALLISTER	#3	Cornell College	49.12	4/14
3	Marissa SIFUENTEZ-LEWIS, Brooke OAKLEY, Kristina HILMES, Lakeida NICHOLS	#7	Illinois College	50.21	4/7
4	Olivia MILLER, Kynaeda GRAY, Payton RAHN, Jenna ERICKSON	#1	Ripon	51.04	4/2
5	Sonia EDASSERY, Ava TAYLOR, Maile CROWE, Eva CARCHIDI	#4	Grinnell	51.06	4/22
6	Miranda HURSEY, Linsey TURNER, Ally CELUS, Maddie RUSK	#2	Monmouth (Ill.)	51.09	4/21
7	Allie DOCKINS, Kayla BEAMAN, Peyton BALFOUR, Thao LUONG	#8	Knox	52.33	4/21
8	Jacquelyn HAN, Sarah MCFIELD, Annie PULASKI, Mary RADZIEWICZ	#9	Lake Forest	53.18	4/15
9	Anna VANDEN ACKER, Claire PAQUIN, Irene YANK, Morgan CROSS	#6	Lawrence	53.46	4/15



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Women's 4x400 Relay

1	19	Candis DAMSTE, Alayna FURCH, Jordyn MCDONALD, T'Aira BOYANCE	#5	Beloit	3:58.47	4/15
2	94	Olivia MILLER, Grace ENGBRETSON, Natalie PAKOSZ, Payton RAHN	#1	Ripon	4:09.28	4/15
3		Madison OSBORN, Hailey CAROLAN, Caroline RISS, Sidney BROWN	#3	Cornell College	4:10.07	4/14
4		Sonia EDASSERY, Sadie STAKER, Sam REID, Athena FRASCA	#4	Grinnell	4:13.04	4/15
5		Kristina HILMES, Madeline BENSON, Ashley ORRICK, Brooke OAKLEY	#7	Illinois College	4:13.17	4/7
6		Lilia BODNAR, Faith ONUKAOGU, Cristyn OLIVER, Emily SUGIYAMA	#6	Lawrence	4:27.88	4/21
7		Nicole HOYER, Carina ENGST, Delaney REXROAT, Ally CELUS	#2	Monmouth (Ill.)	4:34.85	4/21
8		Jacquelyn HAN, Delfina JORGENSEN, One KENOSI, Kenza KANTOUR	#9	Lake Forest	5:00.37	4/22
9		Kayla BEAMAN, Autumn CROW, Kaitlyn KASHISHIAN, Megan SHAFAR	#8	Knox	5:12.42	4/21

Women's High Jump

1	15	Hailey CAROLAN	#3	Cornell College	1.65m	5-5	4/14
2	22	Liz KALK	#5	Beloit	1.63m	5-4¼	4/15
3	40	Natalie MCALLISTER	#3	Cornell College	1.61m	5-3¼	4/21
4	99	Bridget FINN	#1	Ripon	1.56m	5-1¼	4/21
5		Caroline FLESCH	#1	Ripon	1.53m	5-¼	4/15
6		Lauren ANDERSON	#2	Monmouth (Ill.)	1.50m	4-11	4/1
7		Megan SHAFAR	#8	Knox	1.47m	4-9¾	4/21
8		Sidney BROWN	#3	Cornell College	1.43m	4-8¼	4/7
9		Bethany ALLEN	#2	Monmouth (Ill.)	1.38m	4-6¼	4/15
10		Peyton BALFOUR	#8	Knox	1.37m	4-6	4/21

Women's Pole Vault

1		Miranda HURSEY	#2	Monmouth (Ill.)	3.10m	10-2	4/7
2		Paige NOWAK	#7	Illinois College	3.05m	10-0	3/25
2		Madeline BENSON	#7	Illinois College	3.05m	10-0	3/25
4		Linsey TURNER	#2	Monmouth (Ill.)	3.00m	9-10	4/15
5		Meredith LEPPER	#8	Knox	2.83m	9-3¼	4/21
5		Delaney REXROAT	#2	Monmouth (Ill.)	2.83m	9-3¼	4/21
7		Carson BEYERS	#7	Illinois College	2.58m	8-5½	4/15
8		Rose LOOS-AUSTIN	#5	Beloit	2.55m	8-4¼	4/15
9		Lesly ALFARO	#5	Beloit	2.10m	6-10¾	4/15

Women's Long Jump

1	26	Olivia MILLER	#1	Ripon	5.55mw	18-2½ (3.0)	4/2
2	89	Natalie MCALLISTER	#3	Cornell College	5.29m	17-4¼ (0.0)	4/7
3		Alyssa VILLARREAL	#2	Monmouth (Ill.)	4.99m	16-4½ (-2)	4/7
4		Maddie RUSK	#2	Monmouth (Ill.)	4.97m	16-3¾ (-2)	4/7
5		Lauren ANDERSON	#2	Monmouth (Ill.)	4.92m	16-1¾ (-1)	4/7
6		Morgan CROSS	#6	Lawrence	4.87m	15-11¾ (1)	4/21
7		Nyasia YOUNG	#7	Illinois College	4.86m	15-11½ (1)	4/15
8		Hannah WELTE	#5	Beloit	4.81mw	15-9½ (4.0)	4/21
9		Eleanor ELLIOTT- RUDE	#4	Grinnell	4.75m	15-7 (1.4)	4/22
10		Mariana ZENDEJAS	#6	Lawrence	4.71m	15-5½ (0.6)	4/15

Women's Triple Jump

1	72	Peyton BALFOUR	#8	Knox	11.05m	36-3 (0.0)	4/15
2		Nyasia YOUNG	#7	Illinois College	10.74m	35-3 (0.0)	4/15
3		Mariana ZENDEJAS	#6	Lawrence	10.25mw	33-7½ (2.8)	4/21
4		Delaney REXROAT	#2	Monmouth (Ill.)	10.13m	33-3 (0.8)	4/15
5		Payton RAHN	#1	Ripon	10.12mw	33-2½ (2.7)	4/6
5		Carina ENGST	#2	Monmouth (Ill.)	10.12m	33-2½ (0.7)	4/7
7		Thao LOUNG	#8	Knox	9.97mw	32-8½ (2.7)	4/21
8		Melanie ODEN	#4	Grinnell	9.93m	32-7 (1.7)	3/25
9		Maddie RUSK	#2	Monmouth (Ill.)	9.71m	31-10¼ (1)	4/15
10		Anna VANDEN ACKER	#6	Lawrence	9.59mw	31-5¾ (2.3)	4/21

Women's Shot Put

1	66	Kayla BRAUN	#2	Monmouth (Ill.)	12.42m	40-9	4/21
2	81	Kalyn OTZELBERGER	#1	Ripon	12.27m	40-3¼	4/21
2	81	Maddie BOLEY	#2	Monmouth (Ill.)	12.27m	40-3¼	4/7
4	LE+O:	Addi COX	#2	Monmouth (Ill.)	12.12m	39-9¼	4/15
5		Natalie MCALLISTER	#3	Cornell College	11.28m	37-¼	4/14
6		Sara BOOHER	#4	Grinnell	11.20m	36-9	4/15
7		Gracie GIBBONS	#2	Monmouth (Ill.)	11.17m	36-7¾	4/1
8		Sydney KUPER	#7	Illinois College	11.13m	36-6¼	4/15
9		Arynn MATHIEU	#1	Ripon	11.01m	36-1½	4/21
10		Amanda DYBAL	#2	Monmouth (Ill.)	10.78m	35-4½	4/15



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Women's Discus

1	15	Maddie BOLEY	#2	Monmouth (Ill.)	43.67m	143-3	4/21
2	34	Kalyn OTZELBERGER	#1	Ripon	41.66m	136-8	4/21
3	41	Amanda DYBAL	#2	Monmouth (Ill.)	41.16m	135-1	4/21
4	65	Aiyana ROCKWELL	#4	Grinnell	39.92m	131-0	4/22
5		Sydney KUPER	#7	Illinois College	36.50m	119-9	3/25
6		Andrea FILKINS	#4	Grinnell	36.37m	119-4	4/15
7		Myra JOHNSON	#6	Lawrence	36.31m	119-2	4/21
8		Addi COX	#2	Monmouth (Ill.)	35.85m	117-8	4/21
9		Kayla BRAUN	#2	Monmouth (Ill.)	35.58m	116-9	4/7
10		Grace FOX	#6	Lawrence	35.42m	116-3	4/21

Women's Hammer

1	49	Addi COX	#2	Monmouth (Ill.)	48.12m	157-11	4/21
2	89	Amanda DYBAL	#2	Monmouth (Ill.)	46.09m	151-3	4/7
3		Sydney KUPER	#7	Illinois College	43.15m	141-7	4/15
4		Arynn MATHIEU	#1	Ripon	43.03m	141-2	4/15
5		Maddie BOLEY	#2	Monmouth (Ill.)	42.63m	139-11	4/15
6		Jillian TOTH	#2	Monmouth (Ill.)	41.95m	137-8	4/15
7		Kalyn OTZELBERGER	#1	Ripon	41.31m	135-7	4/15
8		Cheyenne SAYLOR	#1	Ripon	40.03m	131-4	4/15
9		Cydney PITTENGER	#1	Ripon	39.84m	130-9	4/15
10		Kady PATELSKI	#2	Monmouth (Ill.)	39.23m	128-9	4/21

Women's Javelin

1		Amanda DYBAL	#2	Monmouth (Ill.)	33.14m	108-9	4/7
2		Natalie MCALLISTER	#3	Cornell College	33.02m	108-4	4/21
3		Keyleigh THOMAS	#7	Illinois College	31.22m	102-5	4/21
4		Olivia MILLER	#1	Ripon	30.22m	99-1¾	4/6
5		Grace FOX	#6	Lawrence	30.08m	98-8¼	4/21
6		Delaney REXROAT	#2	Monmouth (Ill.)	29.45m	96-7½	4/15
7		Kady PATELSKI	#2	Monmouth (Ill.)	28.84m	94-7½	4/15
8		Bridget FINN	#1	Ripon	28.83m	94-7	4/6
9		Grace MARSH	#4	Grinnell	28.56m	93-8½	4/22
10		Carson BEYERS	#7	Illinois College	28.44m	93-3¾	4/15

Women's Heptathlon

1	8	Natalie MCALLISTER	#3	Cornell College	4,621	4/21
2	52	Bridget FINN	#1	Ripon	3,767	4/21
3	62	Caroline FLESCH	#1	Ripon	3,475	4/21



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NAC

Women's 100 Meters

1	Miranda COLE	#2	SUNY Delhi	12.83	(0.0)	4/7
1	Kadie-Ann WHYTE	#2	SUNY Delhi	12.83w	(2.1)	4/1
3	Zoe RODI	#2	SUNY Delhi	12.85w	(2.1)	4/1
4	Lilah WARD	#5	SUNY Cobleskill	13.04w	(2.6)	4/15
4	Kimberly DEAN	#2	SUNY Delhi	13.04w	(2.6)	4/15
6	Abby MINOTT	#4	UMaine Farming	13.63	(1.0)	3/31
7	Cara PERRY	#4	UMaine Farming	13.69	(1.8)	3/26
8	Chantel WILLIAMS	#6	UMaine Presque	13.76	(-0.5)	4/14
9	Johanna STILES	#1	Husson	13.81	(0.5)	3/10
10	Kennedy TODD	#4	UMaine Farming	13.87	(-0.5)	4/14

Women's 100 Meter Hurdles

1	Erica JOHNSON	#4	UMaine Farming	16.24	(-0.1)	3/31
2	Lilly SWYERS	#5	SUNY Cobleskill	16.86	(1.8)	4/21
3	Lexy SHANNON	#3	Thomas (Maine)	17.02	(0.7)	3/10
3	Willow WHITTEN	#1	Husson	17.02	(0.3)	4/8
5	Angelina COTONI	#1	Husson	17.34w	(2.3)	3/10
6	Niamiah PERRY	#1	Husson	17.44	(0.8)	4/22
7	Hayleigh GIRARD	#5	SUNY Cobleskill	17.51	(1.8)	4/21
8	Alexis FREEMAN	#1	Husson	17.64	(0.7)	3/10
9	Norah GARVEY	#1	Husson	17.78	(-0.1)	4/8
10	Tori WATKINS	#3	Thomas (Maine)	17.99w	(2.3)	3/10

Women's 200 Meters

1	Miranda COLE	#2	SUNY Delhi	26.04	(0.0)	4/14
2	Zoe RODI	#2	SUNY Delhi	26.20	(1.6)	4/1
3	Kadie-Ann WHYTE	#2	SUNY Delhi	26.40	(0.4)	4/14
4	Kimberly DEAN	#2	SUNY Delhi	27.00w	(3.4)	4/21
5	Sabrina RICHARDS	#2	SUNY Delhi	27.01	(0.1)	4/7
6	Lilah WARD	#5	SUNY Cobleskill	27.29	(1.2)	4/15
7	Kaeden GREEN	#8	Lesley	27.58w	(2.8)	4/22
8	Addison LASLIE	#1	Husson	27.72	(0.4)	4/8
9	Payton GOODWIN	#1	Husson	27.75	(0.3)	4/8
10	Aniya JONES	#2	SUNY Delhi	27.79w	(2.5)	4/1

Women's 400 Meters

1	Sabrina RICHARDS	#2	SUNY Delhi	1:00.24		4/7
2	Zoe RODI	#2	SUNY Delhi	1:00.71		4/14
3	Payton GOODWIN	#1	Husson	1:01.05		4/8
4	Charlotte WENTWORTH	#4	UMaine Farming	1:02.98		3/31
5	Madalynn HUBBARD	#1	Husson	1:04.26		4/22
6	Addison LASLIE	#1	Husson	1:04.87		4/14
7	Norah GARVEY	#1	Husson	1:05.42		4/8
8	Kali WOOSTER	#7	Northern Vermo	1:05.74		4/8
9	Katelyn OSBORNE	#6	UMaine Presque	1:05.98		4/14
10	Zainab ALBRAIHI	#3	Thomas (Maine)	1:06.66		3/10

Women's 400 Meter Hurdles

1	Willow WHITTEN	#1	Husson	1:08.30		4/8
2	Norah GARVEY	#1	Husson	1:12.07		4/22
3	Zainab ALBRAIHI	#3	Thomas (Maine)	1:12.98		4/14
4	Carrie BURR	#4	UMaine Farming	1:16.29		3/26
5	Alexis FREEMAN	#1	Husson	1:18.92		3/10
6	Niamiah PERRY	#1	Husson	1:21.43		4/8
7	Patricia RIVERA	#7	Northern Vermo	1:22.13		4/14
8	Anna MACDONALD	#4	UMaine Farming	1:22.23		4/14

Women's 800 Meters

1	Payton GOODWIN	#1	Husson	2:22.88		4/22
2	Katelyn OSBORNE	#6	UMaine Presque	2:27.99		4/22
3	Charlotte WENTWORTH	#4	UMaine Farming	2:29.31		4/14
4	Ava DOWLING	#1	Husson	2:33.79		4/22
5	Miranda DUNTON	#1	Husson	2:34.31		4/8
6	Kailyn OREGLIO	#2	SUNY Delhi	2:37.62		4/7
7	Jenna SWYERS	#5	SUNY Cobleskill	2:40.87		4/21
8	Eve POTEET	#4	UMaine Farming	2:42.04		4/22
9	Grace BEDORE	#1	Husson	2:42.09		4/8
10	Kathrine LEDERMANN	#5	SUNY Cobleskill	2:43.89		4/8

Women's 1500 Meters

1	Ava DOWLING	#1	Husson	5:07.76		4/22
2	Alexa WOLCOTT	#2	SUNY Delhi	5:09.46		4/7
3	Miranda DUNTON	#1	Husson	5:16.68		3/10
4	Charlotte WENTWORTH	#4	UMaine Farming	5:16.75		3/26
5	Katelyn OSBORNE	#6	UMaine Presque	5:17.45		4/6
6	Hannah NANGLE	#8	Lesley	5:26.36		4/22
7	Grace BEDORE	#1	Husson	5:27.35		4/22
8	Jenna SWYERS	#5	SUNY Cobleskill	5:31.25		4/8
9	Kathrine LEDERMANN	#5	SUNY Cobleskill	5:31.29		4/8
10	Mary LYONS	#2	SUNY Delhi	5:31.68		4/1

Women's Steeplechase

1	Alexa WOLCOTT	#2	SUNY Delhi	12:02.43		4/15
2	Anna MACDONALD	#4	UMaine Farming	13:18.15		4/14
3	Grace BEDORE	#1	Husson	13:23.47		4/22
4	Rebekah IRELAND	#3	Thomas (Maine)	13:46.79		4/22
5	Isabelle JACKSON	#1	Husson	14:09.76		4/22
6	Emma ABBOTT	#1	Husson	14:09.80		4/22
7	Emily EATON	#4	UMaine Farming	15:44.54		4/14



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NAC

Women's 5000 Meters

1	Alexa WOLCOTT	#2	SUNY Delhi	19:19.17	3/25
2	Ava DOWLING	#1	Husson	19:26.60	4/14
3	Marissa LOMBARDI	#2	SUNY Delhi	20:46.81	3/25
4	Miranda DUNTON	#1	Husson	20:48.19	3/10
5	Eve POTEET	#4	UMaine Farming	21:40.54	3/31
6	Amanda WINSLOW	#3	Thomas (Maine)	22:44.16	4/22
7	Isabelle JACKSON	#1	Husson	22:51.86	3/10
8	Emily EATON	#4	UMaine Farming	23:30.46	4/22
9	Sarah CHAPIN	#4	UMaine Farming	24:06.39	4/22
10	Emma ABBOTT	#1	Husson	24:30.96	3/10

Women's 10,000 Meters

1	Marissa LOMBARDI	#2	SUNY Delhi	42:09.00	4/7
2	Alexa WOLCOTT	#2	SUNY Delhi	42:18.58	4/1
3	Amanda WINSLOW	#3	Thomas (Maine)	50:13.75	4/14

Women's 4x100 Relay

1	44	Sabrina RICHARDS, Miranda COLE, Zoe RODI, Kadie-Ann WHYTE	#2	SUNY Delhi	48.71	4/21
2		Angelina COTONI, Johanna STILES, Addison LASLIE, Madalynn HUBBARD	#1	Husson	52.51	4/14
3		Erica JOHNSON, Abby MINOTT, Kennedy TODD, Cara PERRY	#4	UMaine Farming	52.76	4/14
4		Maddy REDDING, Apiyo CHARLES, Zainab ALBRAIHI, Lexy SHANNON	#3	Thomas (Maine)	52.81	4/22
5		Hayleigh GIRARD, Lilah WARD, Lilly SWYERS, Shealinn STEVENS	#5	SUNY Cobleskill	53.29	4/8
6		Monica MCLAUGHLIN, Lexi RODRIGUEZ, Katelyn OSBORNE, Chantel WILLIAMS	#6	UMaine Presque	55.52	4/22
7		Paris ATUAHENE, Kali WOOSTER, Emma BUONANNO, Ida EAMES	#7	Northern Vermo	55.66	4/22

Women's 4x400 Relay

1	Willow WHITTEN, Norah GARVEY, Payton GOODWIN, Madalynn HUBBARD	#1	Husson	4:16.13	3/10
2	Zainab ALBRAIHI, Amanda WINSLOW, Maddy REDDING, Lexy SHANNON	#3	Thomas (Maine)	4:43.61	3/10
3	Sabrina RICHARDS, Kadie-Ann WHYTE, Kimberly DEAN, Zoe RODI	#2	SUNY Delhi	4:47.09	3/25
4	Ida EAMES, Alyssa CERVANTES, Patricia RIVERA, Kali WOOSTER	#7	Northern Vermo	4:55.96	4/8

Women's High Jump

1	Lilah WARD	#5	SUNY Cobleskill	1.55m	5-1	4/8
2	Josie HARRINGTON	#3	Thomas (Maine)	1.51m	4-11½	4/14
3	Nina GREGORY	#1	Husson	1.47m	4-9¾	4/14
4	Tori WATKINS	#3	Thomas (Maine)	1.43m	4-8¼	3/10
5	Chantel WILLIAMS	#6	UMaine Presque	1.40m	4-7	4/6
6	Lexi RODRIGUEZ	#6	UMaine Presque	1.37m	4-6	4/14
7	Hayleigh GIRARD	#5	SUNY Cobleskill	1.35m	4-5	4/15
8	Payton GOODWIN	#1	Husson	1.32m	4-4	4/14
9	Abby MINOTT	#4	UMaine Farming	1.28m	4-2¼	3/26
10	Alexis FREEMAN	#1	Husson	1.27m	4-2	4/14

Women's Pole Vault

1	Angelina COTONI	#1	Husson	2.80m	9-2¼	4/22
2	Alexis FREEMAN	#1	Husson	2.50m	8-2½	4/14
3	Jenna SWYERS	#5	SUNY Cobleskill	2.20m	7-2½	4/8
4	Isabelle JACKSON	#1	Husson	2.05m	6-8¾	4/14

Women's Long Jump

1	Chantel WILLIAMS	#6	UMaine Presque	5.01m	16-5¼ (1.6)	4/8
2	Payton GOODWIN	#1	Husson	4.99m	16-4½ (0.5)	4/22
3	Shealinn STEVENS	#5	SUNY Cobleskill	4.95m	16-3 (-0.5)	4/15
4	Lexy SHANNON	#3	Thomas (Maine)	4.92m	16-1¾ (1.1)	4/22
5	Kimberly DEAN	#2	SUNY Delhi	4.68mw	15-4¼ (2.2)	4/15
6	Abby MINOTT	#4	UMaine Farming	4.60m	15-1¼ (0.0)	4/14
7	Monica MCLAUGHLIN	#6	UMaine Presque	4.53m	14-10½ (0.0)	4/22
8	Quinn YOUNG	#1	Husson	4.46m	14-7¾ (0.8)	4/22
8	Niamiah PERRY	#1	Husson	4.46m	14-7¾ (0.0)	4/22
10	Lilah WARD	#5	SUNY Cobleskill	4.32m	14-2¼ (-1.0)	4/1



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Women's Triple Jump

1	19	Kaeden GREEN	#8	Lesley	11.73mw	38-6 (2.6)	4/22
2		Abby MINOTT	#4	UMaine Farming	10.38mw	34-¾ (2.6)	3/26
3		Lilly SWYERS	#5	SUNY Cobleskill	10.29mw	33-9¼ (2.3)	4/15
4		Erica JOHNSON	#4	UMaine Farming	10.26m	33-8 (1.0)	3/31
5		Quinn YOUNG	#1	Husson	9.89m	32-5½ (-0)	4/14
6		Niamiah PERRY	#1	Husson	8.90m	29-2½ (-1)	4/14
7		Nina GREGORY	#1	Husson	8.46m	27-9¼ (0.9)	4/22
8		Megan FLETCHER	#1	Husson	8.33m	27-4 (-1.0)	4/14
9		Madelaine JACKSON	#1	Husson	7.65m	25-1¼ (0.9)	4/22

Women's Shot Put

1		Mary DISANTO	#3	Thomas (Maine)	11.93m	39-1¾	4/14
2		Kitty MESSINA	#2	SUNY Delhi	11.30m	37-1	4/7
3		Chelsey COTE	#3	Thomas (Maine)	10.83m	35-6½	4/22
4		Mercedes DURDEN	#7	Northern Vermo	10.52m	34-6¼	4/14
5		Megan FLETCHER	#1	Husson	9.88m	32-5	3/10
6		Emily HARGREAVES	#4	UMaine Farming	9.49m	31-1¾	3/26
7		Angelena CURCURCU	#1	Husson	9.35m	30-8¼	4/22
8		Aaralyn SCROGGINS	#1	Husson	9.21m	30-2¾	4/8
9		Gabby WARDWELL	#7	Northern Vermo	9.13m	29-11½	4/22
10		Christina BETHAM	#7	Northern Vermo	9.10m	29-10¼	4/14

Women's Discus

1		Mary DISANTO	#3	Thomas (Maine)	38.22m	125-5	4/22
2		Mercedes DURDEN	#7	Northern Vermo	34.84m	114-4	4/14
3		Megan FLETCHER	#1	Husson	30.51m	100-1	4/22
4		Kitty MESSINA	#2	SUNY Delhi	30.49m	100-1	4/21
5		Chelsey COTE	#3	Thomas (Maine)	30.03m	98-6¼	3/10
6		Angelena CURCURCU	#1	Husson	29.69m	97-5	4/8
7		Katelyn RICHARDS	#3	Thomas (Maine)	28.73m	94-3¼	4/22
8		Kaitlyn HARMON-BOLDING	#4	UMaine Farming	28.14m	92-4	4/22
9		Emily HARGREAVES	#4	UMaine Farming	27.32m	89-7¾	3/31
10		Katelynn REYNOLDS	#1	Husson	26.45m	86-9½	4/8

Women's Hammer

1		Emily HARGREAVES	#4	UMaine Farming	39.14m	128-5	4/22
2		Kitty MESSINA	#2	SUNY Delhi	38.72m	127-1	4/21
3		Megan FLETCHER	#1	Husson	36.49m	119-9	4/22
4		Aaralyn SCROGGINS	#1	Husson	33.36m	109-6	4/14
5		Ilana LYBARGER	#4	UMaine Farming	32.66m	107-2	3/31
6		Kaitlyn HARMON-BOLDING	#4	UMaine Farming	30.06m	98-7½	4/14
7		Bailee MALLET	#3	Thomas (Maine)	29.67m	97-4¼	4/22
8		Molly SOTTAK	#3	Thomas (Maine)	28.87m	94-8¾	4/14
9		Angelena CURCURCU	#1	Husson	28.12m	92-3¼	4/22
10		Mary DISANTO	#3	Thomas (Maine)	27.58m	90-6	4/14

Women's Javelin

1	35	Julia RENY	#3	Thomas (Maine)	38.16m	125-3	4/22
2		Monica MCLAUGHLIN	#6	UMaine Presque	35.48m	116-5	4/1
3		Kitty MESSINA	#2	SUNY Delhi	32.32m	106-1	4/15
4		Jessica CARNEY	#5	SUNY Cobleskill	29.50m	96-9½	4/1
5		Alyssa COLE	#2	SUNY Delhi	28.86m	94-8¼	4/21
6		Lacie BARKLEY	#7	Northern Vermo	26.67m	87-6	4/22
7		Tori WATKINS	#3	Thomas (Maine)	26.37m	86-6¼	4/22
8		Megan FLETCHER	#1	Husson	24.71m	81-1	4/8
9		Kailee SPRAGUE	#6	UMaine Presque	23.62m	77-6	4/14
10		Abby MINOTT	#4	UMaine Farming	23.38m	76-8½	3/26

Women's Heptathlon

1	LE+0:	Hayleigh GIRARD	#5	SUNY Cobleskill	2,869	4/21
2		Tori WATKINS	#3	Thomas (Maine)	2,565	4/14
3		Josie HARRINGTON	#3	Thomas (Maine)	2,378	4/14



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Women's 100 Meters

1	Grace KORGER-MITCHELL	#6 Edgewood	12.68	(1.4)	4/7
2	Lauren BLIEFERNICHT	#2 Aurora	12.75	(-0.5)	4/7
3	Nicole MAKOPE	#1 St. Norbert	12.77	(0.9)	4/21
4	Sabrina MOORE	#3 Concordia Wisc	12.87w	(2.1)	4/15
5	Jenna ZAHORIK	#3 Concordia Wisc	12.88	(0.5)	4/15
6	Daisia WILSON	#5 Concordia Chica	12.91w	(3.2)	4/15
7	Gillian MCDANIEL	#4 MSOE	13.07	(1.9)	4/7
8	Olivia JAMESON	#8 Illinois Tech	13.13w	(3.2)	4/1
9	Kennedy MARQUARDT	#1 St. Norbert	13.15	(0.9)	4/21
10	Zoe TURNER	#8 Illinois Tech	13.17w	(3.2)	4/1

Women's 100 Meter Hurdles

1	66 Sydney SPAETH	#1 St. Norbert	15.15w	(2.1)	4/15
2	91 Maya HIELSCHER	#3 Concordia Wisc	15.38w	(2.1)	4/15
3	Olivia JAMESON	#8 Illinois Tech	15.69	(1.8)	4/7
4	Lauren ROTTIER	#1 St. Norbert	15.74w	(3.8)	4/7
5	Skylar GIBBS	#2 Aurora	16.19	(0.8)	4/13
6	Jerzey ALLEN	#5 Concordia Chica	16.20w	(2.8)	4/15
6	Sammi DIGMAN	#1 St. Norbert	16.20	(1.3)	4/2
8	Lauren BORCHARDT	#1 St. Norbert	16.48	(1.6)	4/21
9	Kelsey ALBOVIAS	#4 MSOE	16.79w	(2.8)	4/15
10	Mary DIETZ	#2 Aurora	17.12	(-0.8)	4/14

Women's 200 Meters

1	1 Kayla ARMSTRONG	#5 Concordia Chica	24.24w	(2.6)	4/15
2	Lauren BLIEFERNICHT	#2 Aurora	26.11	(1.7)	4/7
3	Janae JENSEN	#7 Wisconsin Luthe	26.16w	(2.6)	4/15
4	Simone WILSON	#5 Concordia Chica	26.31w	(2.6)	4/15
5	Rachel ROMENS	#7 Wisconsin Luthe	26.34w	(3.7)	4/15
6	Zoe TURNER	#8 Illinois Tech	26.38	(1.7)	4/22
7	Lauren ROTTIER	#1 St. Norbert	26.52w	(2.3)	4/7
8	Nicole MAKOPE	#1 St. Norbert	26.60	(1.4)	4/6
9	Jenna ZAHORIK	#3 Concordia Wisc	26.61	(-1.8)	4/15
10	Eve SHELTON	#5 Concordia Chica	26.93	(2.0)	4/2

Women's 400 Meters

1	7 Kayla ARMSTRONG	#5 Concordia Chica	56.00		4/21
2	68 Anna RAASCH	#7 Wisconsin Luthe	58.58		3/25
3	Amelia MOSEMAN	#8 Illinois Tech	59.48		4/14
4	Zoe TURNER	#8 Illinois Tech	1:00.94		4/14
5	Brooke GRAESSLIN	#7 Wisconsin Luthe	1:01.44		3/25
6	Nikki TRANEL	#1 St. Norbert	1:01.97		4/15
7	Julie DUNKEL	#1 St. Norbert	1:02.22		4/21
8	Lauren BLIEFERNICHT	#2 Aurora	1:02.23		4/14
9	Adryana BURTS	#9 Benedictine (Ill.)	1:02.42		4/22
10	Eve SHELTON	#5 Concordia Chica	1:02.68		4/2

Women's 400 Meter Hurdles

1	21 Simone WILSON	#5 Concordia Chica	1:03.46		4/21
2	Eve SHELTON	#5 Concordia Chica	1:08.32		4/15
3	Sammi DIGMAN	#1 St. Norbert	1:08.81		4/15
4	MacKenzie BOLLIS	#4 MSOE	1:09.80		4/15
5	Jennifer NUMMI	#1 St. Norbert	1:11.57		4/2
6	Natalie GRIMALDO	#2 Aurora	1:12.16		4/14
7	Sam BARRETT	#2 Aurora	1:13.55		4/7
8	Michelle WATSON	#9 Benedictine (Ill.)	1:13.91		4/14
9	Julie DUNKEL	#1 St. Norbert	1:15.54		4/15
10	Kelsey ALBOVIAS	#4 MSOE	1:16.10		4/15

Women's 800 Meters

1	67 Simone WILSON	#5 Concordia Chica	2:17.00		4/2
2	Brooke GRAESSLIN	#7 Wisconsin Luthe	2:20.17		4/21
3	Carolyn EVERS	#6 Edgewood	2:23.50		4/22
4	Ashlee MUELLER	#7 Wisconsin Luthe	2:25.65		4/15
5	Deyanneira COLON MALDONADO	#2 Aurora	2:25.93		4/14
6	Madison ETHERIDGE	#2 Aurora	2:26.31		4/14
7	Danielle VAN GRINSVEN	#3 Concordia Wisc	2:26.41		4/15
8	Rachel EHRHART	#6 Edgewood	2:27.19		4/14
9	Olivia SHIP	#1 St. Norbert	2:28.22		4/15
10	Skylar GIBBS	#2 Aurora	2:28.96		4/13

Women's 1500 Meters

1	Rachel EHRHART	#6 Edgewood	4:46.32		4/7
2	Deyanneira COLON MALDONADO	#2 Aurora	4:47.63		4/14
3	Ally VERBAUWHEDE	#6 Edgewood	4:50.75		4/7
4	Madison ETHERIDGE	#2 Aurora	4:55.31		4/14
5	Kaitlyn RODMAN	#4 MSOE	4:55.52		4/7
6	LaNea BARTEL	#3 Concordia Wisc	5:01.02		4/2
7	Danielle VAN GRINSVEN	#3 Concordia Wisc	5:05.03		4/22
8	Brooke GRAESSLIN	#7 Wisconsin Luthe	5:07.13		4/6
9	Carolyn EVERS	#6 Edgewood	5:10.72		4/7
10	Faith MERTZIG	#1 St. Norbert	5:12.62		4/21

Women's Steeplechase

1	39 Rachel EHRHART	#6 Edgewood	11:20.10		4/1
2	Sabryn BLEY	#4 MSOE	11:56.58		4/7
3	Anessa YIM	#3 Concordia Wisc	12:02.82		4/22
4	Ainara SAINZ DE ROZAS	#3 Concordia Wisc	12:25.58		4/22
5	Sam BARRETT	#2 Aurora	12:53.03		4/14
6	Abby LIESEN	#2 Aurora	13:01.71		4/14
7	Ellee GRUNWALD	#1 St. Norbert	13:06.78		4/15
8	Carsen GATZ	#1 St. Norbert	13:14.03		4/15
9	Abby VAN RIXEL	#3 Concordia Wisc	13:26.50		4/22
10	Ada PARKER	#4 MSOE	13:38.28		4/2



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Women's 5000 Meters

1	32	Ally VERBAUWHEDE	#6 Edgewood	17:15.03	4/14
2		LaNea BARTEL	#3 Concordia Wisc	18:11.94	4/22
3		Deyanneira COLON MALDONADO	#2 Aurora	18:16.89	4/22
4		Anessa YIM	#3 Concordia Wisc	19:02.09	4/22
5		Irene EHRHART	#6 Edgewood	19:16.82	4/14
6		Molly STEWART	#4 MSOE	19:30.12	4/7
7		Madison ETHERIDGE	#2 Aurora	19:33.59	3/31
8		Faith MERTZIG	#1 St. Norbert	19:39.13	4/2
9		Abigail POEHLMAN	#3 Concordia Wisc	19:49.63	4/22
10		Kaitlyn RODMAN	#4 MSOE	19:50.05	4/15

Women's 10,000 Meters

1	61	Deyanneira COLON MALDONADO	#2 Aurora	37:45.41	4/1
2		LaNea BARTEL	#3 Concordia Wisc	39:37.91	4/15
3		Irene EHRHART	#6 Edgewood	39:38.94	4/21
4		Anessa YIM	#3 Concordia Wisc	41:02.43	4/15
5		Abby LIESEN	#2 Aurora	41:04.81	3/31
6		Mandy GIESE	#6 Edgewood	41:51.71	4/21
7		Molly STEWART	#4 MSOE	41:56.67	4/2
8		Emily FETZER	#2 Aurora	42:40.32	3/31
9		Brenna CISLER	#1 St. Norbert	42:55.32	4/2
10		Ainara SAINZ DE ROZAS	#3 Concordia Wisc	43:26.93	4/15

Women's 4x100 Relay

1	89	Lauren ROTTIER, Nicole MAKOPÉ, Kennedy MARQUARDT, Gracie WOLFE	#1 St. Norbert	49.77	4/15
2		Hannah EBEL, Jenna ZAHORIK, Sabrina MOORE, Maya HIELSCHER	#3 Concordia Wisc	50.09	4/15
3		Trinity BURG, Kayla KERKMAN, Hannah CLARK, Grace KORGER-MITCHELL	#6 Edgewood	51.79	4/22
4		Kelsey ALBOVIAS, MacKenzie BOLLIS, Abigail SMITH, Gillian MCDANIEL	#4 MSOE	51.91	4/15
5		Skylar GIBBS, Lauren BLIEFERNICHT, Keyara BAILEY, Mary DIETZ	#2 Aurora	52.23	4/7
6		Rachel ROMENS, Sydney SCHROER, Autumn PRZYBYLA, Anna RAASCH	#7 Wisconsin Luthe	52.36	4/2
7		Jerzey ALLEN, Aniyah ISOM, Daisia WILSON, Jaime SEIBERT	#5 Concordia Chica	52.54	4/15
8		Zoe TURNER, Olivia JAMESON, Kenna FLORES, Amelia MOSEMAN	#8 Illinois Tech	52.64	4/22



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Women's 4x400 Relay

1	60	Eve SHELTON, Simone WILSON, Kayla ARMSTRONG, Daisia WILSON	#5	Concordia Chica	4:05.32	4/15
2		Trinity BURG, Hannah CLARK, Carolyn EVERS, Rachel EHRHART	#6	Edgewood	4:15.27	4/14
3		Zoe TURNER, Olivia JAMESON, Gabriella BALTES, Amelia MOSEMAN	#8	Illinois Tech	4:18.21	4/22
4		Katie SCHULTZ, Julie DUNKEL, Laci HOEKSEMA, Ally ZICKERT	#1	St. Norbert	4:18.82	4/15
5		LaNea BARTEL, Abigail POEHLMAN, Ainara SAINZ DE ROZAS, Danielle VAN GRINSVEN	#3	Concordia Wisc	4:34.24	4/2
6		MacKenzie BOLLIS, Lauren CAMPBELL, Kaitlyn RODMAN, Kendall KRICH	#4	MSOE	4:36.27	4/7
7		N'Dya FIELDS, KC MCQUAID, August PAUTSCH, Ana PONCE	#2	Aurora	4:37.09	4/7

Women's High Jump

1	7	Olivia JAMESON	#8	Illinois Tech	1.68m	5-6	4/14
2	68	Maya HIELSCHER	#3	Concordia Wisc	1.58m	5-2¼	4/15
3		Lauren ROTTIER	#1	St. Norbert	1.55m	5-1	4/7
4		Grace KORGER- MITCHELL	#6	Edgewood	1.53m	5-¼	4/7
5		Jaime SEIBERT	#5	Concordia Chica	1.49m	4-10½	4/15
6		Alayna KOEHLER	#2	Aurora	1.48m	4-10¼	4/13
7		Annika MCKOWN	#8	Illinois Tech	1.47m	4-9¾	4/22
8		Keyara BAILEY	#2	Aurora	1.45m	4-9	4/14
8		Skylar GIBBS	#2	Aurora	1.45m	4-9	4/13
8		Amereka MCPHERSON	#1	St. Norbert	1.45m	4-9	4/2
8		Gillian SPUHLER	#4	MSOE	1.45m	4-9	4/2

Women's Pole Vault

1	12	Grace KOWALKOWSKI	#1	St. Norbert	3.75m	12-3½	4/15
2	93	Grace MENZIA	#4	MSOE	3.30m	10-9¾	4/2
3		Carly GRIESEMER	#3	Concordia Wisc	3.16m	10-4¼	4/22
4		Paige WINTERFELDT	#3	Concordia Wisc	3.01m	9-10½	4/22
5		Lora HAUPT	#5	Concordia Chica	2.89m	9-5¾	4/15
6		Isabella GALINDO	#1	St. Norbert	2.87m	9-5	4/6
7		Kaitlyn KOTULA	#3	Concordia Wisc	2.86m	9-4½	4/22
8		Lara DESHLER	#1	St. Norbert	2.70m	8-10¼	4/15
9		Jissell CANO	#2	Aurora	2.45m	8-½	4/7
10		Leah WIERSCHKE	#7	Wisconsin Luthe	2.35m	7-8½	3/25

Women's Long Jump

1	5	Sydney SPAETH	#1	St. Norbert	5.80mw	19-½ (2.3)	4/21
2	18	Grace KORGER- MITCHELL	#6	Edgewood	5.62m	18-5¼ (1.6)	4/14
3	65	Nicole MAKOPÉ	#1	St. Norbert	5.39m	17-8¼ (1.8)	4/6
4		Maya HIELSCHER	#3	Concordia Wisc	5.19mw	17-½ (2.1)	4/2
5		Marissa LORENZ	#1	St. Norbert	5.06m	16-7¼ (0.4)	4/21
6		Ellie STAEHLING	#1	St. Norbert	5.05m	16-7 (1.2)	4/21
7		Zahra SAMMOUR	#5	Concordia Chica	5.02mw	16-5¾ (3.1)	4/2
8		Gillian MCDANIEL	#4	MSOE	5.01m	16-5¼ (1.4)	4/2
9		Rachel ROMENS	#7	Wisconsin Luthe	5.00m	16-5 (0.1)	4/15
10		Gillian SPUHLER	#4	MSOE	4.92m	16-1¾ (0.0)	4/15

Women's Triple Jump

1	10	Sydney SPAETH	#1	St. Norbert	11.95m	39-2½ (0.3)	4/21
2	32	Zahra SAMMOUR	#5	Concordia Chica	11.45mw	37-6¾ (2.3)	4/2
3	67	Marissa LORENZ	#1	St. Norbert	11.08m	36-4¼ (1.4)	4/15
4		Gillian SPUHLER	#4	MSOE	10.74m	35-3 (0.0)	4/15
5		Amereka MCPHERSON	#1	St. Norbert	10.45m	34-3½ (-1)	4/6
6		Rachel ROMENS	#7	Wisconsin Luthe	10.15mw	33-3¾ (3.3)	4/2
7		Gillian MCDANIEL	#4	MSOE	10.08mw	33-1 (2.3)	4/7
8		Noor SAMMOUR	#5	Concordia Chica	9.91m	32-6¼ (0.0)	4/15
9		Keyara BAILEY	#2	Aurora	9.85m	32-3¾ (0.3)	4/7
10		Kalleigh SCHROEDER	#3	Concordia Wisc	9.49m	31-1¾ (0.0)	4/22

Women's Shot Put

1	2	Kash ALLEN	#9	Benedictine (Ill.)	14.67m	48-1¾	4/14
2	19	Katrina WAWRZYN	#4	MSOE	13.51m	44-4	4/7
3	48	Josephine JACKLIN	#4	MSOE	12.71m	41-8½	4/2
4	56	Madeline BOBINSKI	#5	Concordia Chica	12.57m	41-3	4/2
5	LEO	Kylie CRUM	#4	MSOE	12.12m	39-9¼	4/15
6		Peyton PANKA	#1	St. Norbert	11.96m	39-3	4/15
6		Jessa ALDERMAN	#4	MSOE	11.96m	39-3	4/7
8		Ava LARSON	#4	MSOE	11.87m	38-11½	4/15
9		Taylor THIRY	#1	St. Norbert	11.54m	37-10½	4/21
10		Lauren ROTTIER	#1	St. Norbert	11.52m	37-9½	4/7

Women's Discus

1	18	Katrina WAWRZYN	#4	MSOE	43.37m	142-4	4/7
2	37	Lydia ALBRECHT	#1	St. Norbert	41.48m	136-1	4/21
3	68	Ashley GREER	#2	Aurora	39.85m	130-9	4/22
4		Jessa ALDERMAN	#4	MSOE	37.72m	123-9	4/7
5		Gabrielle HARDING	#5	Concordia Chica	36.66m	120-4	4/15
6		Taylor THIRY	#1	St. Norbert	36.26m	119-0	4/15
7		Ava LARSON	#4	MSOE	36.09m	118-5	4/7
8		Megan PETRAS	#1	St. Norbert	36.05m	118-3	4/6
9		Jolie FOREMAN	#1	St. Norbert	35.48m	116-5	4/21
10		Elizabeth MIKKELSON	#4	MSOE	35.04m	115-0	4/2



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Women's Hammer

1	38	Elizabeth MIKKELSON	#4	MSOE	48.60m	159-6	4/7
2	46	Gabrielle HARDING	#5	Concordia Chica	48.30m	158-6	4/22
3		Miani BLACKWELL	#1	St. Norbert	42.61m	139-10	4/15
4		Ava LARSON	#4	MSOE	42.31m	138-10	4/7
5		Katrina WAWRZYN	#4	MSOE	42.09m	138-1	4/2
6		Gloria TYLER	#1	St. Norbert	40.52m	132-11	4/2
7		Kash ALLEN	#9	Benedictine (Ill.)	39.93m	131-0	4/22
8		Kayla PAGEL	#7	Wisconsin Luthe	39.78m	130-6	4/15
9		Jessa ALDERMAN	#4	MSOE	39.13m	128-5	4/15
10		Sydney THOMAS	#4	MSOE	38.76m	127-2	4/2

Women's Javelin

1	17	Peyton PANKA	#1	St. Norbert	40.09m	131-7	4/6
2	21	Madeline BOBINSKI	#5	Concordia Chica	39.98m	131-2	4/2
3	60	Lauren ROTTIER	#1	St. Norbert	37.00m	121-5	4/7
4	94	Maya HIELSCHER	#3	Concordia Wisc	35.83m	117-7	4/15
5		Ashley GREER	#2	Aurora	33.22m	109-0	4/14
6		Megan PETRAS	#1	St. Norbert	31.72m	104-1	4/15
7		Elizabeth EILERTSON	#7	Wisconsin Luthe	30.56m	100-3	3/25
8		Emily GONNERING	#1	St. Norbert	28.96m	95-¼	4/6
9		Paige SWEEM	#7	Wisconsin Luthe	28.40m	93-2¼	4/2
10		Catherine ROMINE	#3	Concordia Wisc	26.78m	87-10½	4/22

Women's Heptathlon

1	11	Lauren ROTTIER	#1	St. Norbert	4,492		4/7
2	38	Skylar GIBBS	#2	Aurora	3,962		4/13
3	90	Alayna KOEHLER	#2	Aurora	3,086		4/13
4	95	Hannah CURE	#2	Aurora	2,959		4/13



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Women's 100 Meters

1	41	Anaya JOLIVETTE	#5	Denison	12.19w	(3.6)	4/15
2	83	Haleigh WILLISON	#1	Wittenberg	12.39w	(3.8)	4/21
3	1E+0	Meghan FRAZIER	#1	Wittenberg	12.45	(0.0)	4/8
4		Addystin LYKINS	#2	Ohio Wesleyan	12.50	(-0.6)	3/24
5		Zora SHAKHAN	#1	Wittenberg	12.60	(0.2)	4/14
6		Drew PATTERSON	#6	Wooster	12.69w	(3.6)	4/15
7		Tymeerah DE'ARMOND	#1	Wittenberg	12.70	(0.0)	4/8
8		Lindsey MAGOTEAUX	#1	Wittenberg	12.74	(0.1)	4/14
9		Lillian BOSTON	#3	DePauw	12.88w	(2.6)	3/31
10		Ryley STEGGALL	#4	Oberlin	13.01w	(2.7)	4/15

Women's 100 Meter Hurdles

1	44	Chilly WALLACE	#4	Oberlin	14.86w	(3.2)	4/15
2	64	Coral PIERSON	#2	Ohio Wesleyan	15.12w	(3.2)	4/15
3		Caliyah BENNETT	#5	Denison	15.51	(1.5)	4/1
4		Clare MACKIN	#6	Wooster	15.65w	(3.2)	4/15
5		Daysia HARGRAVE	#6	Wooster	15.75	(0.6)	4/22
6		Mary SIRIOS	#6	Wooster	15.79w	(2.1)	3/16
7		Reese NEUMEYER	#1	Wittenberg	15.86	(1.5)	4/1
8		Seelye STOFFREGEN	#3	DePauw	16.11	(1.9)	4/15
9		Aliisa JAMES	#2	Ohio Wesleyan	16.13	(1.5)	4/1
10		Ava KLANN	#2	Ohio Wesleyan	16.28	(1.6)	4/15

Women's 200 Meters

1	46	Meghan FRAZIER	#1	Wittenberg	25.24w	(2.1)	4/14
1	46	Anaya JOLIVETTE	#5	Denison	25.24w	(2.6)	4/15
3	90	Addystin LYKINS	#2	Ohio Wesleyan	25.62w	(2.6)	4/15
4		Tymeerah DE'ARMOND	#1	Wittenberg	25.79	(0.3)	4/8
5		Haleigh WILLISON	#1	Wittenberg	25.81w	(3.2)	4/14
6		Zora SHAKHAN	#1	Wittenberg	26.41	(0.3)	4/8
7		Sophia ELLERKMANN	#5	Denison	26.53	(0.9)	4/12
8		Isabella COZZIE	#6	Wooster	26.61w	(2.9)	4/15
9		Chilly WALLACE	#4	Oberlin	26.67	(1.3)	4/8
10		Kyngston COLLINS	#1	Wittenberg	26.76w	(2.3)	4/14

Women's 400 Meters

1	66	Sophia ELLERKMANN	#5	Denison	58.56		4/21
2	72	Tymeerah DE'ARMOND	#1	Wittenberg	58.64		4/14
3		Meghan FRAZIER	#1	Wittenberg	59.71		4/21
4		Erin ANDERSON	#5	Denison	1:00.39		4/1
5		Addystin LYKINS	#2	Ohio Wesleyan	1:00.53		4/1
6		Haley BLOOM	#6	Wooster	1:01.06		4/12
7		Liberty BROCK	#2	Ohio Wesleyan	1:01.41		4/21
8		Anaya JOLIVETTE	#5	Denison	1:01.55		3/24
9		Abigail DANNE	#1	Wittenberg	1:01.75		4/14
10		Delaney TACKETT	#1	Wittenberg	1:01.83		4/1

Women's 400 Meter Hurdles

1	57	Aliisa JAMES	#2	Ohio Wesleyan	1:05.91		4/8
2		Seelye STOFFREGEN	#3	DePauw	1:07.75		4/8
3		Hayden HILL	#4	Oberlin	1:10.34		4/8
4		Reese NEUMEYER	#1	Wittenberg	1:10.50		4/8
5		Daysia HARGRAVE	#6	Wooster	1:10.85		4/12
6		Maya VIRDELL	#7	Kenyon	1:11.12		4/15
7		Sydney BROWN	#5	Denison	1:11.74		4/15
8		Emily MUNSON	#6	Wooster	1:12.18		4/22
9		Hazel JOLLIFF	#2	Ohio Wesleyan	1:12.69		4/8
10		Allison KOEHLER	#3	DePauw	1:12.85		4/21

Women's 800 Meters

1	64	Sage REDDISH	#4	Oberlin	2:16.79		4/22
2	92	Erin ANDERSON	#5	Denison	2:18.01		3/24
3		Ella WEBSTER	#1	Wittenberg	2:19.41		4/14
4		Annalise GRAMMEL	#3	DePauw	2:20.61		4/21
5		Anna BROWN	#7	Kenyon	2:20.80		4/15
6		Camila CIEMBRONIEWICZ	#4	Oberlin	2:21.92		4/22
7		Athena THARENOS	#6	Wooster	2:22.38		3/16
8		Emma JACOBS	#3	DePauw	2:22.56		4/15
9		Katelyn STAPLETON	#2	Ohio Wesleyan	2:22.90		4/8
10		Logan VIDAL	#7	Kenyon	2:23.28		4/15

Women's 1500 Meters

1	96	Ella WEBSTER	#1	Wittenberg	4:43.95		4/21
2		Sage REDDISH	#4	Oberlin	4:46.73		4/15
3		Morgan THARP	#3	DePauw	4:50.13		4/21
4		Anna BROWN	#7	Kenyon	4:53.00		4/22
5		Emma JACOBS	#3	DePauw	4:56.33		4/21
6		Rachel DELANCEY	#3	DePauw	4:57.04		4/21
7		Ava KNIGHT	#3	DePauw	4:57.82		4/21
8		Anna LINDOWER	#5	Denison	4:58.38		4/8
9		Sophie PORTER	#3	DePauw	4:58.99		3/31
10		McKenna DOWNING	#2	Ohio Wesleyan	4:59.37		4/21

Women's Steeplechase

1	8	Sydney KHOSLA	#1	Wittenberg	10:49.07		4/21
2	26	Athena THARENOS	#6	Wooster	11:08.22		4/15
3	84	Eliza MEDEARIS	#4	Oberlin	11:42.78		3/31
4		Kendall MANN	#3	DePauw	12:22.15		4/8
5		Ellianne RETZLAFF	#7	Kenyon	12:43.71		4/22
6		Lauren MONTGOMERY	#2	Ohio Wesleyan	12:50.35		4/8
7		Isabel PROSNITZ	#7	Kenyon	13:00.65		4/22
8		Sammy MAGLOT	#2	Ohio Wesleyan	13:06.47		4/8
9		Amber BOROFSKY	#4	Oberlin	13:12.15		4/15
10		Caleigh LYONS	#4	Oberlin	13:22.55		3/31



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Women's 5000 Meters

1	44	Sydney KHOSLA	#1	Wittenberg	17:25.29	4/14
2		Sophie PORTER	#3	DePauw	17:51.69	4/8
3		Meredith SIERPINA	#3	DePauw	17:52.07	4/8
4		Emma HAWK	#1	Wittenberg	18:10.34	4/14
5		Anna LINDOWER	#5	Denison	18:23.44	4/14
6		Isabelle HOOVER	#6	Wooster	18:24.56	3/31
7		Ella WEBSTER	#1	Wittenberg	18:24.99	4/1
8		Brynn URBAN	#3	DePauw	18:35.09	4/8
9		Amzie MAIENBROOK	#3	DePauw	18:39.66	4/8
10		Megan KEYS	#1	Wittenberg	18:40.84	4/14

Women's 10,000 Meters

1	90	Sophie PORTER	#3	DePauw	38:35.35	4/15
2		Amzie MAIENBROOK	#3	DePauw	40:18.21	4/15
3		Brynn URBAN	#3	DePauw	40:26.77	4/15
4		Eleanor LUTTMAN	#2	Ohio Wesleyan	42:53.17	4/15
5		Claire CAMPANELLI	#5	Denison	43:01.30	4/1
6		Roberta FISHER	#5	Denison	45:46.90	4/15

Women's 4x100 Relay

1	26	Zora SHAKHAN, Lindsey MAGOTEAUX, Haleigh WILLISON, Meghan FRAZIER	#1	Wittenberg	48.06	4/14
2	79	Coral PIERSON, Addystin LYKINS, Aliisa JAMES, Liberty BROCK	#2	Ohio Wesleyan	49.61	4/15
3		Maia DOESCHER, Isabella COZZIE, Drew PATTERSON, Clare MACKIN	#6	Wooster	50.22	4/15
4		Caliyah BENNETT, Fatima HENDERSON- BERNA, Anaya JOLIVETTE, Sophia ELLERKMANN	#5	Denison	50.29	4/1
5		Jaida SMITH, Lillian BOSTON, Alexis CAGAN, Emily LOERA	#3	DePauw	50.89	4/21
6		Ryley STEGGALL, Anna FRITZ, Heather BENWAY, Chilly WALLACE	#4	Oberlin	51.37	4/22
7		Maya VIRDELL, Paula SORIC, Grace NEUGER, Talulla SHERIDAN	#7	Kenyon	52.14	4/22

Women's 4x400 Relay

1	25	Abigail DANNE, Meghan FRAZIER, Haleigh WILLISON, Tymeerah DE'ARMOND	#1	Wittenberg	4:00.30	4/14
2	77	Sophia ELLERKMANN, Emily BRENNAN, Anaya JOLIVETTE, Erin MAYLE	#5	Denison	4:07.28	4/15
3	84	Liberty BROCK, Addystin LYKINS, Katelyn STAPLETON, Sierra HOOVER	#2	Ohio Wesleyan	4:07.91	4/15
4	99	Emily LOERA, Ava KNIGHT, Seelye STOFFREGEN, Annalise GRAMMEL	#3	DePauw	4:09.56	4/21
5		Haley BLOOM, Isabella COZZIE, Athena THARENOS, Ignacia MENDEZ	#6	Wooster	4:10.79	4/15
6		Myranda MONTOYE, Clara SMITH, Camila CIEMBRONIEWICZ, Sage REDDISH	#4	Oberlin	4:12.69	4/22
7		Anna BROWN, Logan VIDAL, Maya VIRDELL, Jean COOK	#7	Kenyon	4:16.23	4/22

Women's High Jump

1	22	Drew PATTERSON	#6	Wooster	1.63m	5-4¼	4/15
2	32	Julissa WILLIAMS	#1	Wittenberg	1.62m	5-3¾	4/22
3	45	Peyton HOWELL	#2	Ohio Wesleyan	1.60m	5-3	4/8
4	63	Claudia PARTRIDGE	#6	Wooster	1.59m	5-2½	4/8
5		Taylor WEISS	#1	Wittenberg	1.55m	5-1	4/1
6		Madison MANNS	#2	Ohio Wesleyan	1.53m	5-¼	4/8
7		Maia DOESCHER	#6	Wooster	1.50m	4-11	4/12
8		Abby HARTMAN	#3	DePauw	1.49m	4-10½	4/15
9		Hayden HILL	#4	Oberlin	1.48m	4-10¼	4/15
10		Ireland NOWAK	#2	Ohio Wesleyan	1.43m	4-8¼	4/8

Women's Pole Vault

1	57	Morgan KROMER	#6	Wooster	3.43m	11-3	4/15
1	57	Cate GAGNIER	#5	Denison	3.43m	11-3	4/15
3		Tiffany HIX	#1	Wittenberg	3.25m	10-8	4/8
4		Emma STEMEN	#3	DePauw	3.15m	10-4	4/15
5		Cameron ROGERS	#2	Ohio Wesleyan	3.13m	10-3¼	4/15
6		Celeste SWIHART	#2	Ohio Wesleyan	3.05m	10-0	4/1
7		Emma HART	#4	Oberlin	2.98m	9-9¼	4/15
8		Sydney KULKARNI	#4	Oberlin	2.83m	9-3¼	4/15
9		Lily VAUGHT	#3	DePauw	2.70m	8-10¼	4/15
10		Brooklyn HELLER	#5	Denison	2.68m	8-9½	4/15



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Women's Long Jump

1	87	Julissa WILLIAMS	#1	Wittenberg	5.30m	17-4¾ (0.0)	4/14
2		Emily LOERA	#3	DePauw	5.17mw	16-11½ (3)	4/15
3		Veronica HARDMAN	#2	Ohio Wesleyan	5.16mw	16-11¼ (3)	4/1
4		Anna FRITZ	#4	Oberlin	5.13m	16-10 (0.0)	4/15
4		Heather BENWAY	#4	Oberlin	5.13mw	16-10 (3.8)	3/31
6		Erica CONANT	#7	Kenyon	5.10mw	16-8¾ (2.1)	4/8
7		Stefany SPARKS	#5	Denison	5.08mw	16-8 (2.6)	4/22
8		Lainee VALENTINE	#1	Wittenberg	4.92m	16-1¾ (0.0)	4/14
8		Tiffany HIX	#1	Wittenberg	4.92mw	16-1¾ (2.6)	4/1
10		Aliisa JAMES	#2	Ohio Wesleyan	4.87m	15-11¾ (1)	4/8

Women's Triple Jump

1	22	Paula SORIC	#7	Kenyon	11.70m	38-4¾ (2.0)	4/22
2	53	Chilly WALLACE	#4	Oberlin	11.19mw	36-8½ (4.0)	3/31
3		Drew PATTERSON	#6	Wooster	10.73m	35-2½ (1.5)	3/31
4		Tessa KOCHERT	#3	DePauw	10.70mw	35-1¼ (3.3)	4/8
5		Erica CONANT	#7	Kenyon	10.45m	34-3½ (0.3)	4/22
6		Rainer YAEGER	#5	Denison	10.24mw	33-7¼ (2.4)	4/1
7		Anna FRITZ	#4	Oberlin	10.19mw	33-5¼ (3.1)	4/8
8		Jaida SMITH	#3	DePauw	9.93mw	32-7 (3.8)	4/15
9		Nina HOYT	#4	Oberlin	9.79m	32-1½ (0.0)	4/8
10		Reese NEUMEYER	#1	Wittenberg	9.77mw	32-¾ (3.1)	4/1

Women's Shot Put

1	11	Ari MCPHETERS	#2	Ohio Wesleyan	13.85m	45-5¼	4/21
2	27	Mikaila CARPENTER	#5	Denison	13.19m	43-3¾	4/15
3	90	Bree MAHONEY-SUTHERLAND	#3	DePauw	12.19m	40-0	4/8
4		Aidan ORTH	#1	Wittenberg	11.88m	38-11¾	4/14
5		Evangeline SANFORD	#6	Wooster	11.75m	38-6¾	4/12
6		Kylee SILVERMAN	#5	Denison	11.49m	37-8½	4/12
7		Emma HALL	#2	Ohio Wesleyan	11.45m	37-6¾	3/24
8		Tamara DZOLIC	#5	Denison	11.21m	36-9½	4/12
9		Victoria BLAIR	#4	Oberlin	11.18m	36-8¼	4/22
10		Ainsley WIESNER	#6	Wooster	11.16m	36-7½	4/8
10		Shayla KEEGAN	#4	Oberlin	11.16m	36-7½	4/15

Women's Discus

1	54	Sadie KNOTSMAN	#1	Wittenberg	40.40m	132-7	3/25
2	57	Evangeline SANFORD	#6	Wooster	40.28m	132-2	3/31
3	70	Emily DAVIS	#2	Ohio Wesleyan	39.81m	130-8	4/22
4	87	Abby CANNON	#4	Oberlin	38.97m	127-10	4/8
5		Aidan ORTH	#1	Wittenberg	37.96m	124-7	4/8
6		Victoria BLAIR	#4	Oberlin	37.34m	122-6	4/22
7		Shayla KEEGAN	#4	Oberlin	37.26m	122-3	4/15
8		Mikaila CARPENTER	#5	Denison	36.44m	119-7	4/12
9		Khloe DUBENION	#2	Ohio Wesleyan	35.13m	115-3	4/1
10		Kylee SILVERMAN	#5	Denison	34.62m	113-7	4/22

Women's Hammer

1	13	Khloe DUBENION	#2	Ohio Wesleyan	52.64m	172-9	4/15
2	30	Kylee SILVERMAN	#5	Denison	48.89m	160-5	4/12
3	34	Amy POLLACK	#5	Denison	48.75m	159-11	4/12
4	35	Ainsley WIESNER	#6	Wooster	48.73m	159-11	4/12
5	39	Iyanna LEWIS	#4	Oberlin	48.56m	159-4	4/15
6	70	Abby CANNON	#4	Oberlin	46.92m	153-11	4/15
7		Gabby STEFANKA	#2	Ohio Wesleyan	45.27m	148-6	4/15
8		Shayla KEEGAN	#4	Oberlin	42.53m	139-7	4/15
9		Victoria BLAIR	#4	Oberlin	40.78m	133-10	4/8
10		Aidan ORTH	#1	Wittenberg	39.93m	131-0	4/22

Women's Javelin

1	65	Ainsley WIESNER	#6	Wooster	36.92m	121-2	4/12
2		Hazel JOLLIFF	#2	Ohio Wesleyan	34.87m	114-5	4/15
3		Jocelyn WEAVER	#2	Ohio Wesleyan	32.28m	105-11	4/15
4		Lucy STOKES	#3	DePauw	31.49m	103-4	4/8
5		Ziciah GIBSON	#1	Wittenberg	31.00m	101-9	4/8
6		Marissa SIEGAL	#2	Ohio Wesleyan	29.70m	97-5¼	4/21
7		Jordan HOLTON	#2	Ohio Wesleyan	29.54m	96-11	4/21
8		Reanna STIEHLER	#3	DePauw	28.70m	94-2	4/8
9		Iyanna LEWIS	#4	Oberlin	28.22m	92-7	4/15
10		Mady ALTMAN	#3	DePauw	27.88m	91-5¾	4/15



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Women's 100 Meters

1	16	Kiara TAN	#3 Williams	12.03w	(2.3)	3/25
2	19	Kianne BENJAMIN	#5 Bowdoin	12.07	(1.9)	4/8
3	27	Malissa LINDSEY	#8 Connecticut Coll	12.10w	(3.8)	4/8
4	43	Grace DEVANNY	#6 Wesleyan (Conn	12.20	(0.4)	4/8
5	63	Gabby HARRIS	#6 Wesleyan (Conn	12.30	(0.6)	4/22
6	70	Melissa WHITE	#1 Middlebury	12.32w	(3.4)	3/25
7		Cady BARNES	#1 Middlebury	12.51	(1.0)	3/18
8		Malia KLEIN	#3 Williams	12.53w	(2.6)	4/22
9		Olive LAWRENCE	#1 Middlebury	12.58w	(3.4)	3/25
10		Scarlet RUSCH	#3 Williams	12.60	(0.4)	4/8

Women's 100 Meter Hurdles

1	21	Eliza CARDWELL	#4 Amherst	14.51	(1.6)	4/8
2	35	Sarah PILLONE	#2 Tufts	14.73	(1.6)	4/22
3	38	Arisa Grace MCGOWAN	#4 Amherst	14.76	(1.6)	4/8
4	50	Emily RUBIO	#1 Middlebury	14.93	(1.5)	4/14
5	56	Erin DAUGHERTY	#9 Colby	14.99	(0.7)	4/14
6	70	Moriah SCHARN	#7 Bates	15.16	(-1.2)	4/15
7	74	Anastasia IOPPOLO	#4 Amherst	15.25	(1.4)	4/8
8	88	Kassie BRINK	#9 Colby	15.37	(-0.1)	3/24
9		Emma WHEELER	#8 Connecticut Coll	15.60w	(2.2)	3/26
10		Livi MAZEROLLE	#3 Williams	15.76	(1.5)	4/14

Women's 200 Meters

1	13	Kianne BENJAMIN	#5 Bowdoin	24.68	(-3.0)	4/14
2	21	Grace DEVANNY	#6 Wesleyan (Conn	24.93	(0.7)	4/14
3	25	Kiara TAN	#3 Williams	25.00	(0.9)	3/25
4	35	Fiona MEJICO	#9 Colby	25.14w	(2.5)	4/14
5	53	Malissa LINDSEY	#8 Connecticut Coll	25.31	(0.9)	4/8
6	77	Melissa WHITE	#1 Middlebury	25.52	(0.4)	3/18
7	92	Michelle LOUIE	#1 Middlebury	25.63	(1.7)	3/18
8		Scarlet RUSCH	#3 Williams	25.71	(-3.0)	4/14
9		Eva KAIDEN	#1 Middlebury	25.79	(0.4)	3/18
10		Gabby HARRIS	#6 Wesleyan (Conn	25.93	(1.2)	4/14

Women's 400 Meters

1	6	Grace DEVANNY	#6 Wesleyan (Conn	55.61		4/22
2	10	Fiona MEJICO	#9 Colby	56.43		4/14
3	18	Kianne BENJAMIN	#5 Bowdoin	57.10		4/1
4	26	Kennedy MULLEN	#10 Trinity (Conn.)	57.44		4/22
5	35	Cianna O'FLAHERTY	#5 Bowdoin	57.73		4/14
6	39	Scarlet RUSCH	#3 Williams	57.81		4/14
7	46	Camryn TAYLOR	#3 Williams	58.06		4/8
8	65	Michelle LOUIE	#1 Middlebury	58.55		3/25
9	76	Casie EIFRIG	#4 Amherst	58.70		4/14
10	77	Katherine PAGE	#5 Bowdoin	58.75		4/14

Women's 400 Meter Hurdles

1	4	Eliza CARDWELL	#4 Amherst	1:01.68		4/14
2	7	Camryn TAYLOR	#3 Williams	1:02.04		4/14
3	10	Fiona MEJICO	#9 Colby	1:02.27		3/24
4	14	Ciara DALE	#1 Middlebury	1:02.84		4/14
5	20	Emma SMITH	#2 Tufts	1:03.44		4/14
6	27	Erica MACSWEENEY	#8 Connecticut Coll	1:04.56		4/22
7	31	Campbell DEVLIN	#2 Tufts	1:04.64		4/1
8	34	Antonia KNOTH	#2 Tufts	1:04.77		4/14
9	43	Erin DAUGHERTY	#9 Colby	1:05.38		4/14
10	59	Myeh MEDINA	#4 Amherst	1:06.01		3/31
10	59	Trintje NYDAM	#4 Amherst	1:06.01		4/14

Women's 800 Meters

1	10	Hannah NEILON	#2 Tufts	2:12.27		3/24
2	29	Margo PEDERSEN	#4 Amherst	2:14.91		4/14
3	31	Elle THOMPSON	#1 Middlebury	2:15.13		3/25
4	42	Grace DEVANNY	#6 Wesleyan (Conn	2:15.65		4/8
5	56	Maeve HOFFMAN	#6 Wesleyan (Conn	2:16.47		4/22
6	58	Jane HOLLANDER	#6 Wesleyan (Conn	2:16.54		4/8
7	70	Lucy GAGNON	#3 Williams	2:17.11		4/8
8	73	Ciara DALE	#1 Middlebury	2:17.27		4/22
9	86	Julia DOLCE	#2 Tufts	2:17.89		3/25
10	89	Chrissy AMAN	#7 Bates	2:17.92		4/22

Women's 1500 Meters

1	30	Ella BALL	#3 Williams	4:36.94		3/24
2	33	Kate KENNY	#1 Middlebury	4:37.10		3/18
3	39	Hannah NEILON	#2 Tufts	4:37.39		3/18
4	43	Chrissy AMAN	#7 Bates	4:38.08		4/14
5	44	Abby SCOTT	#3 Williams	4:38.11		3/25
6	51	Blakeley BUCKINGHAM	#3 Williams	4:39.33		4/14
7	54	Leila TRUMMEL	#5 Bowdoin	4:40.13		4/14
8	55	Julia SCHOR	#4 Amherst	4:40.18		4/14
9	56	Sylvan WOLD	#4 Amherst	4:40.31		4/8
10	60	Lilly WELLS	#3 Williams	4:40.70		4/14

Women's Steeplechase

1	5	Molly FITZGIBBONS	#3 Williams	10:44.23		3/24
2	9	Mary Kate MCGRANAHAN	#4 Amherst	10:49.85		4/8
3	16	Kate KENNY	#1 Middlebury	10:58.59		3/24
4	19	Audrey GRIMES	#1 Middlebury	11:00.69		3/24
5	49	Ona ORTIZ-GUDEMAM	#4 Amherst	11:30.04		3/31
6	53	Tatum PESKIN	#1 Middlebury	11:31.06		4/14
7	64	Claire CALLON	#4 Amherst	11:34.86		4/8
8	67	Stephanie AGER	#6 Wesleyan (Conn	11:35.98		4/14
9	89	Kelsey CRAWFORD	#5 Bowdoin	11:45.14		4/14
10	91	Alexandra DEAN	#2 Tufts	11:45.56		4/14



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Women's 5000 Meters

1	23	Jillian RICHARDSON	#7 Bates	17:07.59	4/14
2	33	Ella BALL	#3 Williams	17:15.36	4/14
3	52	Molly FITZGIBBONS	#3 Williams	17:29.51	4/14
4	54	Mary Kate MCGRANAHAN	#4 Amherst	17:31.42	4/14
5	60	Julia CURRAN	#8 Connecticut Coll	17:33.08	4/14
6	72	Allison LOUNSBURY	#4 Amherst	17:38.44	4/8
7	98	Stephanie AGER	#6 Wesleyan (Conn	17:48.17	4/8
8		Fiona PICONE	#3 Williams	17:50.16	3/25
9		Elizabeth HOLCOMBE	#7 Bates	17:51.76	4/1
10		Daphne THEILER	#4 Amherst	17:54.58	4/8

Women's 10,000 Meters

1	34	Fiona PICONE	#3	Williams	36:45.76	4/14
2	47	Miranda GRAVES	#6	Wesleyan (Conn	37:09.89	4/14
3	52	Allison LOUNSBURY	#4	Amherst	37:32.54	4/14
4	85	Alsacia TIMMERMAN	#8	Connecticut Coll	38:25.74	4/14
5	94	Claire CALLON	#4	Amherst	38:49.56	4/14
6	LEO: Isabel MAY		#7	Bates	39:01.13	4/1
7		Ana GUNTHER	#5	Bowdoin	39:52.58	4/1
8		Eliana MONTGOMERY	#2	Tufts	39:53.89	4/1
9		Keegan MCAULIFE	#1	Middlebury	40:44.30	3/24
10		Gwenyth STACH	#2	Tufts	40:55.72	4/1

Women's 4x100 Relay

1	16	Melissa WHITE, Michelle LOUIE, Eva KAIDEN, Cady BARNS	#1 Middlebury	47.69	4/14
2	22	Gabby HARRIS, Kenzie KELLY, Augusta Clai BURHANS, Grace DEVANNY	#6 Wesleyan (Conn	48.01	4/14
2	22	Kiara TAN, Rachel ARTHUR, Scarlet RUSCH, Ella SUKUP	#3 Williams	48.01	4/14
4	41	Mia BAWENDI, Arissa Grace MCGOWAN, Anastasia IOPPOLO, Eliza CARDWELL	#4 Amherst	48.62	4/14
5	59	Jazmyn GILLESPIE, Mary RUSNOCK, Abby ILUSORIO, Malissa LINDSEY	#8 Connecticut Coll	49.19	4/14
6	69	Katherine PAGE, Arly RODRIGUEZ, Catherine UWAKWE, Gabby PHILLIPS	#5 Bowdoin	49.42	4/14
7	88	Lottie FRANCK, Fiona MEJICO, Erin DAUGHERTY, Kristina PIZZI	#9 Colby	49.76	3/24
8		Sarah PILLONE, Annika KRAL, Anne-Sophie JANSSEN, Teghan SYDNOR	#2 Tufts	50.02	3/25
9		Megan LACEY, Alice COCKERHAM, Moriah SCHARN, Lily D'ADDARIO	#7 Bates	50.77	4/22
10		Savannah CECE, Sophia JONES, Jillian FISHER, Cate KNEEBONE	#10 Trinity (Conn.)	51.44	4/14



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Women's 4x400 Relay

1	14	Michelle LOUIE, Ciara DALE, Anna KROUSE, Elle THOMPSON	#1 Middlebury	3:56.81	4/14
2	20	Sophia MACK, Maeve HOFFMAN, Kenzie KELLY, Grace DEVANNY	#6 Wesleyan (Conn)	3:59.21	4/22
3	21	Mads RABB, Casie EIFRIG, Halle HANNA, Myeh MEDINA	#4 Amherst	3:59.24	4/14
4	22	Campbell DEVLIN, Annika KRAL, Antonia KNOTH, Emma SMITH	#2 Tufts	3:59.42	4/14
5	26	Sophia JONES, Julianna KENNEDY, Cate KNEEBONE, Kennedy MULLEN	#10 Trinity (Conn.)	4:00.54	4/8
6	27	Jazmyn GILLESPIE, Erica MACSWEENEY, Alexa ESTES, Mary RUSNOCK	#8 Connecticut Coll	4:00.55	4/8
7	29	Katherine PAGE, Gabby PHILLIPS, Cianna O'FLAHERTY, Kianne BENJAMIN	#5 Bowdoin	4:00.71	4/8
8	35	Olivia TOMLIN, Kristina PIZZI, Anna MACKEY, Olivia DOHERTY	#9 Colby	4:01.65	3/17
9	65	Lucy GAGNON, Grace KAERCHER, Lilly WELLS, Nora JOHNSON	#3 Williams	4:06.17	3/25
10		Claire TRATNYEK, Eva MCILRAITH, Hannah TURNER, Emily POGOZELSKI	#11 Hamilton	4:18.41	3/24

Women's High Jump

1	1	Jaidyn APPEL	#2 Tufts	1.73m	5-8	4/14
2	15	Emily RUBIO	#1 Middlebury	1.65m	5-5	4/14
2	15	Gabriella GRATTAN	#10 Trinity (Conn.)	1.65m	5-5	4/14
4	22	Amelie JAMANKA	#3 Williams	1.63m	5-4¼	4/22
5	32	Isabel LLACH	#9 Colby	1.62m	5-3¾	4/22
5	32	Livi MAZEROLLE	#3 Williams	1.62m	5-3¾	4/14
7	68	Harper MEEK	#2 Tufts	1.58m	5-2¼	4/8
8	77	Emma WHEELER	#8 Connecticut Coll	1.57m	5-1¾	4/14
9	99	Peyton BELSHER	#1 Middlebury	1.56m	5-1¼	4/22
9	99	Anaya THOMAS	#4 Amherst	1.56m	5-1¼	4/14

Women's Pole Vault

1	5	Kelsie HAO	#2 Tufts	3.85m	12-7½	4/1
2	20	Jae YU	#3 Williams	3.66m	12-0	4/22
3	26	Mia BAWENDI	#4 Amherst	3.60m	11-9¾	4/8
4	33	Charlotte HODGE	#5 Bowdoin	3.55m	11-7¾	4/1
4	33	Sarah FIRTH	#2 Tufts	3.55m	11-7¾	4/22
6	55	Ellie FITZGERALD	#3 Williams	3.44m	11-3½	3/25
6	55	Zoe WANG	#1 Middlebury	3.44m	11-3½	3/25
8	64	Poppy MILLER	#3 Williams	3.40m	11-1¾	4/14
8	64	Lia ROTTI	#2 Tufts	3.40m	11-1¾	4/14
10	93	Erika KLUGE	#6 Wesleyan (Conn)	3.30m	10-9¾	4/8
10	93	Nyla THOMPSON	#2 Tufts	3.30m	10-9¾	4/8

Women's Long Jump

1	12	Kelsie HAO	#2 Tufts	5.68m	18-7¾ (1.3)	4/22
2	22	Jordan ANDREW	#2 Tufts	5.58m	18-3¾ (1.2)	4/22
3	33	Lia ROTTI	#2 Tufts	5.52m	18-1½ (0.0)	4/14
4	36	Eliza CARDWELL	#4 Amherst	5.51m	18-1 (0.0)	4/14
4	36	Cady BARNES	#1 Middlebury	5.51m	18-1 (0.7)	3/25
6	53	Kristen CHOU	#3 Williams	5.44m	17-10¼ (0.0)	4/14
7	56	Olive LAWRENCE	#1 Middlebury	5.43m	17-9¾ (-0.0)	3/18
8	65	Jenna ALBANESE	#5 Bowdoin	5.39m	17-8¼ (0.0)	4/14
9	93	Jen ROTTI	#2 Tufts	5.27m	17-3½ (0.8)	4/8
10		Erica MACSWEENEY	#8 Connecticut Coll	5.25m	17-2¾ (0.3)	4/14

Women's Triple Jump

1	4	Lia ROTTI	#2 Tufts	12.09m	39-8 (1.2)	4/8
2	23	Cady BARNES	#1 Middlebury	11.68m	38-4 (1.2)	3/25
3	25	Erica MACSWEENEY	#8 Connecticut Coll	11.59m	38-¼ (1.9)	4/22
4	37	Jaidyn APPEL	#2 Tufts	11.35m	37-3 (1.0)	4/14
5	62	Jen ROTTI	#2 Tufts	11.11m	36-5½ (0.0)	4/1
5	62	Sarah PILLONE	#2 Tufts	11.11m	36-5½ (0.4)	4/1
7	67	Lucinda POLLITT	#1 Middlebury	11.08m	36-4¼ (2.0)	4/22
7	67	Anaya THOMAS	#4 Amherst	11.08m	36-4¼ (0.3)	4/8
9	76	Anastasia IOPPOLO	#4 Amherst	11.02m	36-2 (0.6)	4/8
10	78	Jordan ANDREW	#2 Tufts	11.01m	36-1½ (1.2)	4/22

Women's Shot Put

1	73	Julia TULIMIERI	#1 Middlebury	12.35m	40-6¼	3/25
2		Emma HARGREAVES	#5 Bowdoin	12.01m	39-5	4/14
3		Emma MILLER	#3 Williams	11.58m	38-0	4/22
4		Lillian WURTZ	#1 Middlebury	11.41m	37-5¼	4/8
5		Livi MAZEROLLE	#3 Williams	11.17m	36-7¾	4/14
6		Mary Scott ROBINSON	#1 Middlebury	11.12m	36-5¾	4/14
7		Emma WHEELER	#8 Connecticut Coll	10.79m	35-4¾	3/26
8		Jenna BERENS	#7 Bates	10.78m	35-4½	4/22
8		Hannah BROWN	#3 Williams	10.78m	35-4½	4/14
10		Elizabeth GRAHAM	#2 Tufts	10.57m	34-8¼	4/8



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Women's Discus

1	Madeline SAUNDERS	#1	Middlebury	37.00m	121-5	4/22
2	Kamila ZYGADLO	#10	Trinity (Conn.)	36.76m	120-7	4/22
3	Claire EDWARDS	#6	Wesleyan (Conn)	36.51m	119-10	4/22
4	Jada SCOTLAND	#5	Bowdoin	35.09m	115-2	4/1
5	Debra THAYER	#4	Amherst	34.61m	113-7	4/14
6	Ravyn TAMMIRUUSU	#2	Tufts	34.54m	113-4	4/8
7	Lillian WURTZ	#1	Middlebury	33.67m	110-6	4/22
8	Emma GIBBENS	#5	Bowdoin	32.67m	107-2	4/8
9	Alma MACKIC	#7	Bates	32.10m	105-4	4/22
10	Emma MILLER	#3	Williams	31.73m	104-1	4/22

Women's Hammer

1	9	Kamila ZYGADLO	#10	Trinity (Conn.)	54.03m	177-3	4/22
2	28	Emma HARGREAVES	#5	Bowdoin	49.39m	162-1	4/8
3	79	Alma MACKIC	#7	Bates	46.55m	152-9	4/15
4		Elizabeth GRAHAM	#2	Tufts	42.62m	139-10	4/14
5		Carli CIAVARELLI	#7	Bates	42.24m	138-7	4/22
6		Jaxon PALMER	#1	Middlebury	42.21m	138-6	4/14
7		Jada SCOTLAND	#5	Bowdoin	41.68m	136-9	4/1
8		Bethany MARTIN	#4	Amherst	41.02m	134-7	4/8
9		Mary Scott ROBINSON	#1	Middlebury	39.24m	128-9	4/14
10		Emma MILLER	#3	Williams	39.04m	128-1	4/22

Women's Javelin

1	59	Carolina ANDRADE	#4	Amherst	37.06m	121-7	3/31
2	67	Morgan ROME	#4	Amherst	36.81m	120-9	3/31
3	73	Jaxon PALMER	#1	Middlebury	36.71m	120-5	4/8
4	77	Lia ROTTI	#2	Tufts	36.63m	120-2	4/14
5	82	Reilly ISLER	#1	Middlebury	36.44m	119-7	4/22
6		Dahlia GALANTE	#10	Trinity (Conn.)	33.41m	109-8	4/14
7		Emma WHEELER	#8	Connecticut Coll	33.23m	109-0	4/14
8		Annelise ROMERO	#4	Amherst	31.63m	103-9	4/14
9		Chiara CHRISTIE	#6	Wesleyan (Conn)	30.77m	101-0	4/14
10		Emilia THORNTON	#6	Wesleyan (Conn)	30.69m	100-8	4/22

Women's Heptathlon

1	17	Emily RUBIO	#1	Middlebury	4,344	4/14
2	19	Emma WHEELER	#8	Connecticut Coll	4,329	4/14
3	23	Livi MAZEROLLE	#3	Williams	4,223	4/14
4	30	Madelyn SILVEIRA	#2	Tufts	4,086	4/14
5	37	Abbey OTTERBEIN	#7	Bates	3,978	4/14
6	66	Livia KOZICK	#7	Bates	3,442	4/14
7	68	Anaya THOMAS	#4	Amherst	3,395	4/14
8	70	Inga DOVRE	#5	Bowdoin	3,358	4/14
9	71	Kassie BRINK	#9	Colby	3,352	4/14
10	76	Anna YANG	#5	Bowdoin	3,316	4/14



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NEWMAC

Women's 100 Meters

1	2	Michelle KWAFO	#3	Coast Guard	11.75w	(3.8)	4/8
2	95	Shreya KALYAN	#1	MIT	12.44w	(2.3)	4/8
3	E+0:	Sydney FACKRELL	#4	Springfield (Mas	12.45	(0.6)	4/22
4		Gwendolyn ANDERSEN	#4	Springfield (Mas	12.47	(0.6)	4/14
5		Wendy WOODEN	#5	Wheaton (Mass.)	12.49w	(4.0)	3/16
6		Michaina LORISTON	#5	Wheaton (Mass.)	12.55w	(4.0)	3/16
7		Schylar WYSE	#5	Wheaton (Mass.)	12.62	(0.3)	3/31
8		Vivienne EVANS	#2	WPI	12.64	(0.1)	4/15
8		Stephanie BROWN	#4	Springfield (Mas	12.64	(1.0)	4/14
10		Robyn WILKES	#7	Babson	12.72w	(3.8)	4/8

Women's 100 Meter Hurdles

1	6	Michelle KWAFO	#3	Coast Guard	14.05	(-0.4)	4/22
2	40	Amanda CASTALDI	#5	Wheaton (Mass.)	14.79	(-0.4)	4/22
3		Brooke JANKOWSKI	#7	Babson	15.54w	(2.1)	4/22
4		Samantha STALLARD	#4	Springfield (Mas	15.91	(-0.4)	4/22
5		Lydia BEERS	#2	WPI	15.99	(2.0)	4/12
6		Julia PIKE	#7	Babson	16.28w	(2.9)	4/22
7		Corryn FISHER	#2	WPI	16.35	(0.9)	4/21
8		Rachel IP	#7	Babson	16.59	(1.3)	4/8
9		Beth BROWN	#2	WPI	17.05	(-1.2)	4/15
10		Kerry SEEKAMP	#8	Smith	17.06	(-0.2)	4/22

Women's 200 Meters

1	61	Sydney FACKRELL	#4	Springfield (Mas	25.38	(1.5)	4/22
2	77	Schylar WYSE	#5	Wheaton (Mass.)	25.52	(-0.1)	3/16
3		Shreya KALYAN	#1	MIT	25.86	(1.9)	4/8
4		Gwendolyn ANDERSEN	#4	Springfield (Mas	26.02	(-0.1)	4/1
5		Michaina LORISTON	#5	Wheaton (Mass.)	26.24w	(2.8)	4/22
6		Angela HAGSTROM	#7	Babson	26.32	(1.1)	4/22
7		Vivienne EVANS	#2	WPI	26.34	(0.8)	4/15
8		Stephanie BROWN	#4	Springfield (Mas	26.35	(2.0)	4/22
9		Grace FLYNN	#3	Coast Guard	26.58w	(2.3)	3/24
10		Maddy HON	#1	MIT	26.62	(1.0)	4/8

Women's 400 Meters

1	27	Marina MILLER	#1	MIT	57.45		4/8
2		Olivia DIAS	#1	MIT	59.14		4/14
3		Maddy HON	#1	MIT	59.48		4/22
4		Isabel HALLAL	#2	WPI	1:00.54		4/15
5		Angela HAGSTROM	#7	Babson	1:01.01		4/22
6		Charlie BARRON	#6	Wellesley	1:01.34		4/22
6		Leithsa DIMANCHE	#2	WPI	1:01.34		4/21
8		Aoife FITZGERALD	#6	Wellesley	1:01.37		4/14
9		Abigail CLINCH	#4	Springfield (Mas	1:01.44		4/22
10		Lauren MITCHESON	#2	WPI	1:01.60		4/15

Women's 400 Meter Hurdles

1	79	Angela HAGSTROM	#7	Babson	1:06.82		4/14
2		Allison RITCHIE	#4	Springfield (Mas	1:08.17		4/8
3		Aoife FITZGERALD	#6	Wellesley	1:08.64		4/8
4		Charlotte KOKERNAK	#2	WPI	1:09.55		4/15
5		Rachel BUBECK	#3	Coast Guard	1:10.02		4/22
6		Beth BROWN	#2	WPI	1:10.99		4/8
7		Bailey ALLMON	#2	WPI	1:11.61		4/21
7		Mackenzie DIDONATO	#4	Springfield (Mas	1:11.61		4/14
7		Heather HUANG	#3	Coast Guard	1:11.61		3/31
10		Kate WICKENHEISSER	#5	Wheaton (Mass.)	1:11.87		4/22

Women's 800 Meters

1	6	Sydney PACKARD	#2	WPI	2:11.74		4/21
2	16	Julia HOWARTH	#1	MIT	2:13.26		4/22
3	36	Grace HADLEY	#2	WPI	2:15.44		4/21
4	52	Gillian ROEDER	#1	MIT	2:16.22		4/8
5	93	Amelia KOKERNAK	#2	WPI	2:18.14		4/21
6		Christina CROW	#1	MIT	2:18.83		4/8
7		Lora DUFRESNE	#2	WPI	2:19.02		4/15
8		Elise DESHUSSES	#2	WPI	2:19.10		4/21
9		Sophia WHITE	#3	Coast Guard	2:19.14		4/14
10		Sidney TRIEPKE	#3	Coast Guard	2:19.44		4/14

Women's 1500 Meters

1	4	Grace HADLEY	#2	WPI	4:30.00		4/15
2	9	Sydney PACKARD	#2	WPI	4:32.92		4/15
3	20	Gillian ROEDER	#1	MIT	4:36.01		3/29
4	57	Lexi FERNANDEZ	#1	MIT	4:40.38		4/8
5	78	Christina CROW	#1	MIT	4:42.86		3/30
6	82	Kirsi RAJAGOPAL	#1	MIT	4:42.94		4/8
7	99	Kate SANDERSON	#1	MIT	4:44.28		4/8
8	E+0:	Amelia KOKERNAK	#2	WPI	4:44.29		4/15
9		Caitlin GUILFOYLE	#2	WPI	4:44.60		3/31
10		Pria PARKER	#8	Smith	4:45.45		4/14

Women's Steeplechase

1	12	Einat GAVISH	#1	MIT	10:52.39		4/8
2	30	Amelia KOKERNAK	#2	WPI	11:11.12		4/21
3	36	Ellie MURPHY-WEISE	#6	Wellesley	11:17.54		4/14
4	45	Ella WHINNEY	#6	Wellesley	11:25.76		4/22
5	69	Mirabel BRUNELL	#4	Springfield (Mas	11:37.15		4/22
6	E+0:	Tessa LANCASTER	#9	Mount Holyoke	11:50.87		4/14
7		Hope SHALES	#3	Coast Guard	12:00.25		4/8
8		Nicole WHIPKEY	#2	WPI	12:06.71		4/8
9		Beth IRWIN	#2	WPI	12:11.87		4/8
10		Sophia REYNOLDS	#2	WPI	12:22.06		4/8



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Women's 5000 Meters

1	13	Grace HADLEY	#2	WPI	16:53.64	4/8
2	17	Kirsi RAJAGOPAL	#1	MIT	17:01.14	4/21
3	30	Gillian ROEDER	#1	MIT	17:13.07	4/21
4	36	Kate SANDERSON	#1	MIT	17:16.33	4/21
5	75	Anna HADDAD	#1	MIT	17:39.07	4/21
6		Meghan CHURM	#3	Coast Guard	18:15.39	4/8
7		Paige PHILLIPS	#3	Coast Guard	18:20.69	4/8
8		Megan GOULDEN	#3	Coast Guard	18:20.97	4/8
9		Tessa LANCASTER	#9	Mount Holyoke	18:25.99	4/8
10		Maddy FOHT	#3	Coast Guard	18:29.77	4/14

Women's 10,000 Meters

1	24	Claire ANDERSON	#6	Wellesley	36:28.96	4/14
2	49	Kate SANDERSON	#1	MIT	37:13.31	3/23
3	64	Einat GAVISH	#1	MIT	37:48.44	3/23
4		Kaylee GLADU	#2	WPI	39:02.61	4/14
5		Megan GOULDEN	#3	Coast Guard	39:15.63	3/31
6		Maddy FOHT	#3	Coast Guard	39:18.07	3/31
7		Meghan CHURM	#3	Coast Guard	39:25.14	3/31
8		Emily BRYDGES	#6	Wellesley	39:29.14	4/14
9		Lauren MELLON	#3	Coast Guard	39:32.43	3/31
10		Margarita HILLON	#3	Coast Guard	42:16.48	3/31

Women's 4x100 Relay

1	15	Emily ZIELINSKI, Schylar WYSE, Amanda CASTALDI, Michaina LORISTON	#5	Wheaton (Mass.)	47.66	4/14
2	30	Maddy HON, Emma MARTIN, Marina MILLER, Shreya KALYAN	#1	MIT	48.31	3/30
3	45	Stephanie BROWN, Sydney FACKRELL, Kaitlyn DOHERTY, Gwendolyn ANDERSEN	#4	Springfield (Mas	48.77	4/8
4	63	Michelle KWAFO, Kelly WADE, Heather HUANG, Grace FLYNN	#3	Coast Guard	49.29	4/8
5	80	Corryn FISHER, Jazmyn EWING, Vivienne EVANS, Isabel HALLAL	#2	WPI	49.63	4/21
6	81	Angela HAGSTROM, Robyn WILKES, Ashna KIRSHNAMURTHY, Caroline REILLY	#7	Babson	49.65	3/18
7		Taylor QUAYE, Sara Maeve KLINGENSMITH, Sally RICHARDSON, Merete OGAH	#6	Wellesley	50.59	3/24
8		Daniela PILIER, Lena BAKER, Natalie DIONNE, Kerry SEEKAMP	#8	Smith	54.01	4/14



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Women's 4x400 Relay

1	3	Maddy HON, Shreya KALYAN, Marina MILLER, Julia HOWARTH	#1 MIT	3:49.17	4/14
2	36	Leithsa DIMANCHE, Lora DUFRESNE, Isabel HALLAL, Sydney PACKARD	#2 WPI	4:01.74	4/15
3	56	Caroline REILLY, Brooke JANKOWSKI, Chloe CLIFFORD, Angela HAGSTROM	#7 Babson	4:05.08	4/1
4	97	Charlie BARRON, Aoife FITZGERALD, Aleah GHASUDDIN, Ella WHINNEY	#6 Wellesley	4:09.51	4/14
5		Taylor WINTERS, Paige PHILLIPS, Sidney TRIEPKE, Sophia WHITE	#3 Coast Guard	4:11.54	4/8
6		Lena BAKER, Ellen SMITH, Shams FERVER, Pria PARKER	#8 Smith	4:12.07	4/14
7		Allison RITCHIE, Emma RACCARO, Maggie DONOHUE, Emma DONOHUE	#4 Springfield (Mas	4:12.47	4/14
8		Schylar WYSE, Morgan ZAKRZEWSKI, Kassidy CHIM, Kristen DIBELLA	#5 Wheaton (Mass.)	4:13.77	3/16
9		Devan RAVINO, Greta TRAPP, Tessa LANCASTER, Olivia JOHNSON	#9 Mount Holyoke	4:29.59	4/22

Women's High Jump

1	3	Allie WILDSMITH	#3 Coast Guard	1.70m	5-7	4/14
2	22	Tolu AKINBO	#1 MIT	1.63m	5-4¼	4/22
3	68	Katherine KEMPF	#1 MIT	1.58m	5-2¼	4/8
4	99	Brooke JANKOWSKI	#7 Babson	1.56m	5-1¼	4/8
5		Dreya MARTIN	#2 WPI	1.52m	4-11¾	4/15
5		Aria MALLARE	#9 Mount Holyoke	1.52m	4-11¾	4/22
7		Kerry SEEKAMP	#8 Smith	1.50m	4-11	4/14
7		Amanda BORDEN	#2 WPI	1.50m	4-11	4/8
7		Lydia BEERS	#2 WPI	1.50m	4-11	4/12
10		Zoe PRZYBYCIEN	#4 Springfield (Mas	1.47m	4-9¾	4/8
10		Hannah LAVITA	#4 Springfield (Mas	1.47m	4-9¾	4/22

Women's Pole Vault

1	26	Kerry SEEKAMP	#8 Smith	3.60m	11-9¾	4/22
2	31	Hailey SURACE	#1 MIT	3.57m	11-8½	4/14
3	32	Madison GARRIGUS	#3 Coast Guard	3.56m	11-8	4/14
4		Ella SMITH	#4 Springfield (Mas	3.25m	10-8	4/8
5		Emily RACANA	#4 Springfield (Mas	3.10m	10-2	4/22
5		Jillian SCOTT	#4 Springfield (Mas	3.10m	10-2	4/14
5		Mollie BRINKER	#3 Coast Guard	3.10m	10-2	4/22
8		Elizabeth LEWELLING	#4 Springfield (Mas	2.95m	9-8	4/14
9		Jillian DA COSTA PINTO	#8 Smith	2.85m	9-4¼	4/22
10		Savannah GORDON	#1 MIT	2.80m	9-2¼	4/22

Women's Long Jump

1	19	Matlyn GROSS	#4 Springfield (Mas	5.61m	18-5 (1.7)	4/14
2	87	Emma MARTIN	#1 MIT	5.30m	17-4¾ (1.1)	4/14
3		Sara Maeve KLINGENSMITH	#6 Wellesley	5.18m	17-0 (0.0)	3/24
3		Erin DICKINSON	#6 Wellesley	5.18m	17-0 (0.1)	4/22
5		Kelly WADE	#3 Coast Guard	5.16mw	16-11¼ (3)	4/8
5		Laena TIENG	#1 MIT	5.16m	16-11¼ (1)	4/22
7		Brooke JANKOWSKI	#7 Babson	5.07m	16-7¾ (-0)	3/18
8		Ashna KIRSHNAMURTHY	#7 Babson	5.05m	16-7 (0.0)	3/18
9		Lydia BEERS	#2 WPI	5.03m	16-6 (0.0)	4/21
10		Kaylee WRIGHT	#3 Coast Guard	4.95m	16-3 (-0.9)	4/22

Women's Triple Jump

1	35	Laena TIENG	#1 MIT	11.37mw	37-3¾ (2.9)	4/14
2	37	Samantha PAUL	#4 Springfield (Mas	11.35m	37-3 (0.8)	4/22
3	44	Matlyn GROSS	#4 Springfield (Mas	11.28m	37-¼ (1.4)	4/22
4	45	Nony OTU UGWU	#1 MIT	11.25mw	36-11 (3.8)	4/22
5	85	Abigail CLINCH	#4 Springfield (Mas	10.98m	36-¼ (1.6)	4/22
6	95	Ashna KIRSHNAMURTHY	#7 Babson	10.93m	35-10½ (-0)	3/18
7		Michaela MATTSON	#2 WPI	10.78m	35-4½ (-0)	4/15
8		Madelyne GREEN	#3 Coast Guard	10.73mw	35-2½ (2.2)	3/31
9		Trista SICARD	#7 Babson	10.68m	35-½ (0.0)	4/1
10		Erin DICKINSON	#6 Wellesley	10.44m	34-3 (0.9)	4/22

Women's Shot Put

1	3	Alexis BOYKIN	#1 MIT	14.62m	47-11¾	3/30
2	44	Christa CARR	#4 Springfield (Mas	12.77m	41-10¾	4/8
3	80	Emma DOYLE	#9 Mount Holyoke	12.29m	40-4	3/26
4		Sadie OLSON	#3 Coast Guard	12.01m	39-5	3/31
5		Emily BALL	#1 MIT	11.87m	38-11½	3/30
6		Katelynn TAYLOR	#4 Springfield (Mas	11.48m	37-8	4/8
7		Mackenzie GINGRAS	#4 Springfield (Mas	11.42m	37-5¾	4/22
8		Sophie WARREN	#4 Springfield (Mas	11.33m	37-2¼	4/22
9		Morgan COLLINS	#2 WPI	11.32m	37-1¾	4/15
10		Tianna ROGERS	#5 Wheaton (Mass.)	10.92m	35-10	4/22



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Women's Discus

1	2	Alexis BOYKIN	#1	MIT	48.78m	160-1	4/8
2	21	Emily BALL	#1	MIT	43.05m	141-3	4/22
3	45	Sadie OLSON	#3	Coast Guard	41.03m	134-8	4/22
4	47	Kalea SALANG	#3	Coast Guard	40.74m	133-8	4/22
5		Morgan COLLINS	#2	WPI	38.24m	125-6	4/15
6		Lily MCDOWELL	#5	Wheaton (Mass.)	35.69m	117-1	4/22
7		Emma DOYLE	#9	Mount Holyoke	35.51m	116-6	4/22
8		Emily DOYLE	#6	Wellesley	35.11m	115-2	3/24
9		Amanda FORGIONE	#2	WPI	34.95m	114-8	3/31
10		Eleanor MERCATORIS	#3	Coast Guard	34.89m	114-6	4/22

Women's Hammer

1	21	Alexis BOYKIN	#1	MIT	50.58m	166-0	4/8
2	37	Emily BALL	#1	MIT	48.72m	159-10	4/22
3	73	Sadie OLSON	#3	Coast Guard	46.75m	153-5	4/14
4	78	Sophie WARREN	#4	Springfield (Mas	46.63m	153-0	4/14
5		Lily MCDOWELL	#5	Wheaton (Mass.)	42.98m	141-0	4/8
6		Amelia SOBIESKI	#5	Wheaton (Mass.)	42.91m	140-10	3/16
7		Morgan COLLINS	#2	WPI	42.84m	140-7	4/15
8		Kalea SALANG	#3	Coast Guard	42.64m	139-11	4/8
9		Anika WAGNER	#5	Wheaton (Mass.)	42.41m	139-2	4/22
10		Christa CARR	#4	Springfield (Mas	42.18m	138-5	4/14

Women's Javelin

1	24	Elaine WANG	#1	MIT	39.59m	129-11	3/30
2	26	Abigail CALISTRA	#2	WPI	39.53m	129-8	3/31
3	41	Elizabeth MATTICOLI	#2	WPI	37.69m	123-8	3/31
4	55	Jacey TIPPMAN	#3	Coast Guard	37.24m	122-2	3/24
5	68	Emily BALL	#1	MIT	36.80m	120-9	3/30
6	LE+0	Eleanor MERCATORIS	#3	Coast Guard	35.57m	116-9	3/24
7		Piper O'CONNELL	#2	WPI	35.31m	115-10	3/31
8		Katy GORDEN	#2	WPI	35.07m	115-1	4/8
9		Emily DOYLE	#6	Wellesley	34.16m	112-1	3/24
10		Bailey MCDEVITT	#4	Springfield (Mas	32.89m	107-11	4/14

Women's Heptathlon

1	73	Lydia BEERS	#2	WPI	3,343	4/12
2	78	Lauren ZATULOVE	#7	Babson	3,284	4/14



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NJAC

Women's 100 Meters

1	16	Gbarper DWAH	#4	Ramapo	12.03	(0.1)	3/31
2	26	Chidimma IGWE	#5	Rutgers-Newark	12.09w	(3.3)	4/21
3	51	Valandra RIGGINS	#1	TCNJ	12.24	(2.0)	4/8
4	60	Leah GRAY	#8	Penn State Harri	12.28w	(3.4)	3/31
5		Ashanae MORRISON	#2	Stockton	12.46	(-0.9)	4/21
6		Ashlyn MACLURE	#1	TCNJ	12.65	(-1.6)	4/21
7		Meredith YASKOVIC	#4	Ramapo	12.70	(-0.8)	4/8
8		Promise FADAHUNSI	#3	Rowan	12.71w		4/22
9		Erin BUQUICCHIO	#1	TCNJ	12.72w	(2.4)	3/24
10		Michelle ITOUA	#6	Montclair State	12.73	(-0.3)	4/21

Women's 100 Meter Hurdles

1	16	Victoria PURRITANO	#1	TCNJ	14.36	(0.9)	4/14
2	22	Eliza BRUNCAJ	#1	TCNJ	14.53	(1.2)	4/13
3	62	Nicole NOTARANNI	#3	Rowan	15.10w	(3.5)	3/17
4		Gloria HUGHES	#3	Rowan	15.80	(-2.5)	4/15
5		Brya BYRD	#5	Rutgers-Newark	16.12	(1.5)	3/16
6		Carmelle ALEXIS	#5	Rutgers-Newark	16.24	(2.0)	4/8
7		Cristen MOLIWOLO	#2	Stockton	16.62	(1.6)	4/7
8		Abigail GALLACHER	#2	Stockton	17.03	(0.2)	3/31
9		Pearl OPAREBEA	#5	Rutgers-Newark	17.07w	(2.1)	3/16
9		Grace WEBER	#8	Penn State Harri	17.07w	(2.3)	3/31
9		Sarah SCEPKOWSKI	#1	TCNJ	17.07	(-0.2)	4/21

Women's 200 Meters

1	16	Jasmine BROADWAY	#3	Rowan	24.76w		4/22
2	37	Gbarper DWAH	#4	Ramapo	25.16	(-1.6)	4/8
3	56	Eliza BRUNCAJ	#1	TCNJ	25.33	(0.6)	4/13
4	85	Ashlyn MACLURE	#1	TCNJ	25.56	(-0.3)	4/21
5		Chidimma IGWE	#5	Rutgers-Newark	25.90	(0.6)	4/8
6		Ashanae MORRISON	#2	Stockton	25.91	(0.0)	4/21
7		Valandra RIGGINS	#1	TCNJ	25.98	(-0.3)	4/21
8		Nevaeh LORJUSTE	#3	Rowan	25.99	(-1.1)	3/30
9		Amanthy SOSA CACERES	#3	Rowan	26.07w		4/22
10		Leah GRAY	#8	Penn State Harri	26.10w	(2.2)	4/13

Women's 400 Meters

1	15	Nevaeh LORJUSTE	#3	Rowan	56.90		4/14
2	27	Maria GRILL	#1	TCNJ	57.45		4/21
3	42	Molly LODGE	#3	Rowan	57.92		4/22
4	48	Rebecca KNEPPEL	#4	Ramapo	58.13		4/22
5	55	Chidimma IGWE	#5	Rutgers-Newark	58.33		4/15
6	62	Erin BUQUICCHIO	#1	TCNJ	58.45		4/21
7	69	Amanthy SOSA CACERES	#3	Rowan	58.59		3/30
8	73	Kathleen PEDERSEN	#3	Rowan	58.65		4/8
9		Emma CONROY	#2	Stockton	59.40		4/21
10		Kelly O'GRADY	#1	TCNJ	59.90		4/15

Women's 400 Meter Hurdles

1	2	Eliza BRUNCAJ	#1	TCNJ	1:00.89		4/21
2	15	Victoria PURRITANO	#1	TCNJ	1:02.85		4/21
3	24	Molly LODGE	#3	Rowan	1:04.13		4/8
4	36	Emma PETROLIA	#2	Stockton	1:04.84		4/21
5	72	Nicole BERTOLLO	#3	Rowan	1:06.64		4/21
6	74	Mahon MCCLENAHAN	#3	Rowan	1:06.69		3/30
7		Brya BYRD	#5	Rutgers-Newark	1:07.74		3/16
8		Sameerah KHAN	#1	TCNJ	1:08.48		4/21
9		Alivia STOCKLIN	#3	Rowan	1:08.60		3/17
10		Grace WEBER	#8	Penn State Harri	1:09.05		4/21

Women's 800 Meters

1	9	Kayla KASS	#2	Stockton	2:12.07		4/21
2	11	Allison UHL	#1	TCNJ	2:12.38		4/21
3	85	Anna SASSE	#3	Rowan	2:17.86		3/30
4		Eliza BRUNCAJ	#1	TCNJ	2:18.56		4/13
5		Erin HANLON	#1	TCNJ	2:19.45		4/8
6		Kelly O'GRADY	#1	TCNJ	2:19.59		4/21
7		Megan GASNICK	#1	TCNJ	2:21.24		4/21
8		Olivia SHAFER	#3	Rowan	2:22.57		4/21
9		Rachel HAYES	#2	Stockton	2:23.86		4/15
10		Sameerah KHAN	#1	TCNJ	2:24.33		4/15

Women's 1500 Meters

1	97	Anna SASSE	#3	Rowan	4:44.09		4/8
2		Suzanne ZAUGG	#4	Ramapo	4:49.27		4/8
3		Emily HOEGLER	#1	TCNJ	4:52.33		3/31
4		Salini IYER	#1	TCNJ	4:52.98		4/21
5		Katherine RICE	#1	TCNJ	4:54.85		4/21
6		Cassidy QUINN	#1	TCNJ	4:57.21		4/15
7		Zoey CASSAVELL	#4	Ramapo	4:57.25		4/14
8		Olivia SHAFER	#3	Rowan	4:57.84		4/14
9		Madelyn VALASEK	#2	Stockton	5:00.68		4/14
10		Mia GUERRA	#3	Rowan	5:01.42		4/21

Women's Steeplechase

1	87	Anna SASSE	#3	Rowan	11:43.37		4/21
2		Olivia HARRIS	#2	Stockton	12:19.28		3/31
3		Molly BOSSDORF	#1	TCNJ	12:27.13		4/21
4		Brianna RODDY	#6	Montclair State	12:50.27		4/21
5		Julia BEDNARZ	#1	TCNJ	13:14.30		4/15
6		Sophia STAHL	#2	Stockton	13:15.85		4/21



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NJAC

Women's 5000 Meters

1	Cassidy QUINN	#1	TCNJ	18:20.40	4/22
2	Suzanne ZAUGG	#4	Ramapo	18:38.66	4/22
3	Emily HOEGLER	#1	TCNJ	18:41.47	4/22
4	Cameron WRIGHT	#3	Rowan	18:59.90	3/17
5	Madelyn VALASEK	#2	Stockton	19:06.02	3/31
6	Anna SASSE	#3	Rowan	19:15.56	3/17
7	Jenna PRIORE	#1	TCNJ	19:25.35	4/8
8	Kiersten CLEM	#2	Stockton	19:28.94	4/7
9	Mia GUERRA	#3	Rowan	19:36.69	3/30
10	Guinevere KENNEDY	#2	Stockton	19:43.16	4/21

Women's 10,000 Meters

1	Kiersten CLEM	#2	Stockton	39:54.66	3/31
2	Guinevere KENNEDY	#2	Stockton	40:28.08	3/31
3	Isabella CAMPIGLIA	#2	Stockton	42:42.02	4/7

Women's 4x100 Relay

1	7	Ashlyn MACLURE, Maria GRILL, Victoria PURRITANO, Valandra RIGGINS	#1	TCNJ	47.14	4/21
2	10	Jasmine BROADWAY, Promise FADAHUNSI, Molly LODGE, Nevaeh LORJUSTE	#3	Rowan	47.34	4/22
3	29	Gbarper DWAH, Rebecca KNEPPEL, Barbara EXILUS, Meredith YASKOVIC	#4	Ramapo	48.19	4/22
4	76	Selene GUNER, Syncere LAMBERT, Nydia JACKSON, Chidimma IGWE	#5	Rutgers-Newark	49.54	4/21
5	81	Kaylee APPLE, Ashanae MORRISON, Emma CONROY, Khristina WASHINGTON	#2	Stockton	49.65	4/21
6		Lamya YOUNG, Ayriana YOUNG, Nyla BOYD, Tiffany ORTIZ	#9	New Jersey City	51.15	4/14
7		Layla GERMAIN, Leah GRAY, Madison PARKS, Grace WEBER	#8	Penn State Harri	51.72	4/13

Women's 4x400 Relay

1	5	Kathleen PEDERSEN, Jasmine BROADWAY, Molly LODGE, Nevaeh LORJUSTE	#3	Rowan	3:52.54	4/22
2	11	Allison UHL, Valandra RIGGINS, Eliza BRUNCAJ, Maria GRILL	#1	TCNJ	3:55.01	4/21
3	53	Lauren MALDONADO, Emma PETROLIA, Emma CONROY, Kayla KASS	#2	Stockton	4:04.78	4/21
4	63	Rebecca KNEPPEL, Barbara EXILUS, Kacy EWING, Gbarper DWAH	#4	Ramapo	4:05.68	3/31
5		Ashley ADAMES, Nyla BOYD, Ayriana YOUNG, Tiffany ORTIZ	#9	New Jersey City	4:15.55	4/14
6		Brooke BACHIA, Zahkyrah CATER, Chidimma IGWE, Brya BYRD	#5	Rutgers-Newark	4:35.73	4/8

Women's High Jump

1	77	Susann FOLEY	#2	Stockton	1.57m	5-1¾	4/7
1	77	Sarah SCEPKOWSKI	#1	TCNJ	1.57m	5-1¾	4/8
3	99	Kaitlyn VEVERIER	#2	Stockton	1.56m	5-1¼	4/14
4		Kayley HARNETT	#1	TCNJ	1.52m	4-11¾	4/8
4		Abigail PFAFF	#1	TCNJ	1.52m	4-11¾	4/8
6		Rachel WRIGHT	#3	Rowan	1.51m	4-11½	4/21
7		Eliza BRUNCAJ	#1	TCNJ	1.47m	4-9¾	4/8
7		Lily BECK	#7	Rutgers-Camder	1.47m	4-9¾	4/7
9		Maya ROSADO	#2	Stockton	1.41m	4-7½	4/15
10		Sabrina BAER	#7	Rutgers-Camder	1.25m	4-1¼	4/7

Women's Pole Vault

1		Julia DAKWAR	#1	TCNJ	3.10m	10-2	4/21
1		Madison FEY	#2	Stockton	3.10m	10-2	4/21
3		Alicia KLOTZ	#2	Stockton	2.80m	9-2¼	3/31
4		Isabella MRAZ	#1	TCNJ	2.65m	8-8¼	4/8
5		Alaysia COURSEY	#3	Rowan	2.60m	8-6¼	4/15

Women's Long Jump

1	92	Sophia GRESHAM	#3	Rowan	5.28m	17-4 (1.3)	4/8
2		Ashanae MORRISON	#2	Stockton	5.20m	17-¾ (0.2)	3/31
3		Eliza BRUNCAJ	#1	TCNJ	5.19m	17-½ (0.0)	4/13
4		Sidney WHETSTONE	#6	Montclair State	5.12m	16-9¾ (-0.)	3/30
5		Emma PETROLIA	#2	Stockton	4.96m	16-3¼ (2.0)	3/25
6		Mia PEGUERO	#6	Montclair State	4.90m	16-1 (0.8)	3/30
7		Khristina WASHINGTON	#2	Stockton	4.88m	16-¼ (1.4)	3/25
8		Sarah SCEPKOWSKI	#1	TCNJ	4.86m	15-11½ (2.)	4/8
9		Jalynn JUSTICE	#3	Rowan	4.72m	15-6 (0.0)	4/15
10		Karla GOMEZ-MATOS	#1	TCNJ	4.69m	15-4¾ (0.0)	4/8



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Women's Triple Jump

1	71	Khristina WASHINGTON	#2	Stockton	11.06m	36-3½ (0.0)	4/21
2		Ashanae MORRISON	#2	Stockton	10.87m	35-8 (1.5)	4/7
3		Zoe IOVINO	#1	TCNJ	10.73m	35-2½ (0.0)	4/21
4		Emma PETROLIA	#2	Stockton	10.65m	34-11¼ (0.0)	4/21
5		Mia PEGUERO	#6	Montclair State	10.47m	34-4¼ (0.0)	4/15
6		Meredith O'DONNELL	#2	Stockton	10.27m	33-8½ (0.7)	3/31
7		Brooke VALAN	#2	Stockton	10.22m	33-6½ (0.1)	4/7
8		Kaitlyn VEVERIER	#2	Stockton	10.21m	33-6 (0.1)	4/7
9		Jessica HOLLER	#6	Montclair State	9.79m	32-1½ (0.2)	3/30
10		Maya ROSADO	#2	Stockton	9.29m	30-5¾ (-0.0)	4/21

Women's Shot Put

1	15	Shahyan ABRAHAM	#2	Stockton	13.57m	44-6¼	4/7
2	71	Kerri MCCARTHY	#1	TCNJ	12.38m	40-7½	4/8
3		Jessica REILLY	#1	TCNJ	11.71m	38-5	4/8
4		Alexia BEY	#3	Rowan	11.68m	38-4	4/22
5		Taniya GILES	#6	Montclair State	11.51m	37-9¼	4/21
6		Emily GALVIN	#3	Rowan	11.35m	37-3	4/22
7		Edith GONZALEZ	#1	TCNJ	11.34m	37-2½	4/21
8		grace VIT	#3	Rowan	11.11m	36-5½	4/21
9		Alexis MARINI	#7	Rutgers-Camden	11.09m	36-4¾	3/30
10		Jade SAMPSON	#4	Ramapo	10.96m	35-11½	4/8

Women's Discus

1	28	Michaela POMATTO	#2	Stockton	42.19m	138-5	4/14
2		Alexis MARINI	#7	Rutgers-Camden	37.81m	124-1	4/21
3		Jessica REILLY	#1	TCNJ	36.46m	119-8	4/21
4		Emily DISZLER	#1	TCNJ	33.98m	111-6	4/8
5		Shahyan ABRAHAM	#2	Stockton	33.55m	110-1	3/25
6		Emily WEBER	#8	Penn State Harrisburg	33.39m	109-7	4/13
7		Taniya GILES	#6	Montclair State	33.18m	108-10	3/30
8		Chrystanna DECKER	#2	Stockton	32.06m	105-2	4/15
9		Shantel WORRELL	#9	New Jersey City	30.65m	100-7	3/31
10		Tara MASTROIANNI	#6	Montclair State	30.39m	99-8½	4/7

Women's Hammer

1	3	Emily GALVIN	#3	Rowan	56.17m	184-4	4/14
2	7	Emily HILT	#7	Rutgers-Camden	54.33m	178-3	4/7
3	50	Alexis MARINI	#7	Rutgers-Camden	48.00m	157-6	3/30
4	64	Shahyan ABRAHAM	#2	Stockton	47.28m	155-2	4/7
5	65	Jessica REILLY	#1	TCNJ	47.26m	155-1	4/21
6		Comfort ADESINA	#3	Rowan	43.39m	142-4	4/21
7		Alexia BEY	#3	Rowan	41.87m	137-5	3/17
8		Quamora PROCTOR	#2	Stockton	41.67m	136-9	4/15
9		Isabella FREDA	#2	Stockton	41.61m	136-6	4/15
10		Kerri MCCARTHY	#1	TCNJ	40.61m	133-3	4/21

Women's Javelin

1	27	Megan CAMPANILE	#2	Stockton	39.52m	129-8	4/14
2		Lily LORIO	#1	TCNJ	34.75m	114-0	4/14
3		Annalise STEPHENS	#1	TCNJ	34.25m	112-5	4/21
4		Jess RODGERS	#3	Rowan	34.04m	111-8	4/22
5		Jenna KULINSKI	#3	Rowan	33.21m	109-0	4/8
6		Dimitra KOSSIS	#3	Rowan	32.60m	107-0	4/21
7		Morgan FARRELL	#2	Stockton	31.96m	104-10	3/25
8		grace VIT	#3	Rowan	31.72m	104-1	3/30
9		Chrystanna DECKER	#2	Stockton	31.05m	101-11	4/21
10		Mia SANTANA	#4	Ramapo	30.29m	99-4½	3/25

Women's Heptathlon

1	9	Eliza BRUNCAJ	#1	TCNJ	4,533		4/13
2		Sabrina BAER	#7	Rutgers-Camden	2,310		4/7



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NWC

Women's 100 Meters

1	51	McKenzie FEINGLAS	#7	Linfield	12.24	(-0.5)	4/14
2	95	Kyrstin WILSON	#8	Puget Sound	12.44	(1.9)	3/24
3		Amelia HEWSON	#2	Whitworth	12.47	(0.5)	3/18
3		Alison BALL	#2	Whitworth	12.47	(0.5)	3/18
5		Jordyn LUNGO	#2	Whitworth	12.55	(-1.1)	4/21
6		Annabelle SMITH	#4	Willamette	12.68w	(2.5)	3/4
7		Allyson HAMMOND	#5	Pacific (Ore.)	12.75	(0.1)	4/1
8		Lorin COX	#3	Pacific Lutheran	12.85	(1.4)	3/18
9		Rachelle SILIS	#7	Linfield	12.87	(-0.5)	4/14
10		Mashani COLEMAN	#4	Willamette	12.88	(-1.1)	4/21

Women's 100 Meter Hurdles

1	17	Amelia HEWSON	#2	Whitworth	14.39	(1.2)	4/13
2	45	Brecken VANDENHOEK	#1	George Fox	14.88	(0.7)	4/21
3	66	Ayahna BAHATI	#1	George Fox	15.15	(0.7)	4/21
4	75	Katherine THORNTON	#4	Willamette	15.27	(0.7)	4/21
5	96	Allyson HAMMOND	#5	Pacific (Ore.)	15.42w	(2.5)	3/25
6		Elisabeth JENSEN	#1	George Fox	15.53	(1.6)	3/23
7		Jenna HUNTSMAN	#1	George Fox	15.76	(1.4)	4/10
8		Jordan ROBERTS	#7	Linfield	15.93	(-0.4)	4/14
9		Breanne RAWLS	#2	Whitworth	15.98	(0.7)	4/21
10		Esther BRUTUS	#3	Pacific Lutheran	16.25	(0.7)	4/21

Women's 200 Meters

1	25	McKenzie FEINGLAS	#7	Linfield	25.00	(-1.0)	4/21
2	37	Alison BALL	#2	Whitworth	25.16	(0.9)	4/7
3	61	Jackilyn LEWIS	#8	Puget Sound	25.38	(-1.0)	4/21
4		Kyrstin WILSON	#8	Puget Sound	25.90	(-1.0)	4/21
5		Macy O'HARA	#6	Lewis & Clark	25.96	(0.9)	4/14
6		Sami RIGGS	#4	Willamette	25.97	(-1.5)	4/7
7		Amelia HEWSON	#2	Whitworth	26.14	(0.9)	4/7
8		Angelica GATICA GOMEZ	#5	Pacific (Ore.)	26.18	(-0.8)	3/11
9		Jordyn LUNGO	#2	Whitworth	26.20	(1.9)	4/1
10		Rachelle SILIS	#7	Linfield	26.38	(1.3)	4/14

Women's 400 Meters

1	25	Jackilyn LEWIS	#8	Puget Sound	57.40		4/21
2	40	Sami RIGGS	#4	Willamette	57.82		4/21
3	64	Macy O'HARA	#6	Lewis & Clark	58.48		4/21
4	70	Angelica GATICA GOMEZ	#5	Pacific (Ore.)	58.61		4/21
5		Malia HEIEN	#6	Lewis & Clark	59.28		4/14
6		Ellie RISING	#1	George Fox	59.31		3/18
7		Kylie BEAN	#1	George Fox	59.42		4/21
8		McKenzie FEINGLAS	#7	Linfield	59.45		3/25
9		Elizabeth WARREN	#1	George Fox	1:00.09		3/18
10		Margaret BYLE	#2	Whitworth	1:00.67		4/21

Women's 400 Meter Hurdles

1	41	Emily RUTKOWSKI	#5	Pacific (Ore.)	1:05.00		4/21
2	45	Mashani COLEMAN	#4	Willamette	1:05.57		4/21
3	62	Esther BRUTUS	#3	Pacific Lutheran	1:06.16		4/21
4	75	Katherine THORNTON	#4	Willamette	1:06.75		4/7
5		Jenna HUNTSMAN	#1	George Fox	1:08.30		4/8
6		Carmen WINSLOW-GONZALEZ	#2	Whitworth	1:08.50		4/21
7		Clara THOMAS	#4	Willamette	1:08.92		4/21
8		Olivia FARRIOR	#7	Linfield	1:09.79		4/21
9		Sarah DAVENPORT	#1	George Fox	1:10.24		4/8
10		Adalia OLMOS	#3	Pacific Lutheran	1:10.71		4/14

Women's 800 Meters

1	5	Ellie RISING	#1	George Fox	2:10.86		4/21
2	53	Annie BERRY	#5	Pacific (Ore.)	2:16.24		3/17
3	60	Malia HEIEN	#6	Lewis & Clark	2:16.65		4/21
4	78	Annalise GONZALES	#1	George Fox	2:17.71		3/25
5	LE+0:	Hannah TRANBY	#1	George Fox	2:18.31		4/14
6		Madelyn BUCKLEY	#2	Whitworth	2:18.77		4/21
7		Elizabeth WARREN	#1	George Fox	2:19.02		3/25
8		Karina RODRIGUEZ	#1	George Fox	2:22.07		4/21
9		Jennifer TORRES	#7	Linfield	2:22.11		4/14
10		Isabelle JONES	#1	George Fox	2:22.37		4/14

Women's 1500 Meters

1	14	Brenna SCLAIR	#1	George Fox	4:34.36		4/21
2	35	Annie BERRY	#5	Pacific (Ore.)	4:37.20		4/21
3	42	Madelyn BUCKLEY	#2	Whitworth	4:37.99		4/21
4		Hannah TRANBY	#1	George Fox	4:45.72		3/25
5		Kayla AALPOEL	#1	George Fox	4:46.38		3/25
6		Sarah PULLEN	#1	George Fox	4:47.84		3/25
7		Riley BUESE	#6	Lewis & Clark	4:48.19		4/14
8		Annalise GONZALES	#1	George Fox	4:49.14		4/14
9		Jennifer TORRES	#7	Linfield	4:49.83		4/21
10		Elizabeth BRADLEY	#5	Pacific (Ore.)	4:49.85		3/11

Women's Steeplechase

1	23	Jessica NEAL	#1	George Fox	11:06.78		4/21
2	32	Zoe HEINO	#4	Willamette	11:11.84		4/21
3	46	Breanna SCHMITT	#1	George Fox	11:28.86		3/25
4	48	Madelyn HUBBS	#5	Pacific (Ore.)	11:29.94		4/21
5	78	Joan PARK	#3	Pacific Lutheran	11:40.07		4/21
6	93	Katya SCHWIETERMAN	#6	Lewis & Clark	11:46.19		4/21
7		Jenessa TEACHOUT	#1	George Fox	11:58.36		4/21
8		Cris BRETOWER	#5	Pacific (Ore.)	12:06.36		3/17
9		Grace KOSMICKI	#4	Willamette	12:22.59		4/1
10		Annika DEAZLEY	#3	Pacific Lutheran	12:25.07		4/21



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NWC

Women's 5000 Meters

1	29	Brenna SCLAIR	#1	George Fox	17:12.73	4/13
2	50	Riley BUESE	#6	Lewis & Clark	17:28.82	4/21
3		Annie BERRY	#5	Pacific (Ore.)	17:56.67	3/30
4		Sarah PAQUET	#3	Pacific Lutheran	18:02.86	4/8
5		Kayla AALPOEL	#1	George Fox	18:03.10	3/18
6		Sarah PULLEN	#1	George Fox	18:16.52	3/18
7		Madelyn BUCKLEY	#2	Whitworth	18:28.90	3/18
8		Jennifer TORRES	#7	Linfield	18:30.50	4/8
9		Katya SCHWIETERMAN	#6	Lewis & Clark	18:39.54	3/30
10		Joan PARK	#3	Pacific Lutheran	18:39.62	4/21

Women's 10,000 Meters

1	22	Riley BUESE	#6	Lewis & Clark	36:22.98	3/30
2	30	Kayla AALPOEL	#1	George Fox	36:35.93	4/13
3	43	Sarah PAQUET	#3	Pacific Lutheran	37:04.01	3/3
4	80	Sarah PULLEN	#1	George Fox	38:20.94	4/21
5		Makayla ERICKSON	#7	Linfield	39:28.16	4/21
6		Kendall MCKIBBON	#1	George Fox	39:32.31	4/21
7		Lucy HENNESSY	#9	Whitman	39:33.25	4/21
8		Dori BUTTLEMAN	#9	Whitman	39:40.25	3/3
9		Cris BRETHER	#5	Pacific (Ore.)	39:49.86	3/3
10		Anna IVERSON	#3	Pacific Lutheran	39:55.18	4/21

Women's 4x100 Relay

1	19	Jordyn LUNGO, Amelia HEWSON, Margaret BYLE, Alison BALL	#2	Whitworth	47.87	4/13
2	39	Hillary CONNORS, Rachelle SILIS, Addison KLINDT, McKenzie FEINGLAS	#7	Linfield	48.52	4/21
3	91	Sami RIGGS, Mashani COLEMAN, Annabelle SMITH, Whitley STEPP	#4	Willamette	49.83	4/21
4		Keia MORRIS, Ayahna BAHATI, Carli SHORT, Sophia OLSON	#1	George Fox	50.08	3/25
5		Dina ALTUHOVS, Itzel VAZQUEZ, Alexis LOWERY, Allyson HAMMOND	#5	Pacific (Ore.)	51.26	4/21
6		Esther BRUTUS, Allie YOUNGS, Madelyn REQUA, Lorin COX	#3	Pacific Lutheran	51.56	4/21
7		Sarah CARNEY, Olivia FARRAR, Elsie CHIN, Miriam RESIDE	#6	Lewis & Clark	55.52	4/21

Women's 4x400 Relay

1	15	Elizabeth WARREN, Kylie BEAN, Annalise GONZALES, Ellie RISING	#1	George Fox	3:57.31	4/21
2	38	Jordan HAYES, Mary STURLEY, Rachelle SILIS, McKenzie FEINGLAS	#7	Linfield	4:02.25	4/21
3	49	Sami RIGGS, Katherine THORNTON, Kenzie LEE, Mashani COLEMAN	#4	Willamette	4:04.14	4/21
4	54	Jackilyn LEWIS, Dylan MOORE, Victoria BRADSHAW, Kyrstin WILSON	#8	Puget Sound	4:04.88	4/21
5	69	Macy O'HARA, Malia HEIEN, Elsie CHIN, Olivia FARRAR	#6	Lewis & Clark	4:06.43	4/21
6	89	Carmen WINSLOW-GONZALE, Margaret BYLE, Lulu BRADY, Madelyn BUCKLEY	#2	Whitworth	4:08.71	4/21
7	100	Dina ALTUHOVS, Emily RUTKOWSKI, Elizabeth BRADLEY, Angelica GATICA GOMEZ	#5	Pacific (Ore.)	4:09.66	4/21
8		Esther BRUTUS, Lorin COX, Alexia SIODA, Adalia OLMOS	#3	Pacific Lutheran	4:17.90	4/21
9		Payton DAVIES, Maleda SIMS, Ally KIM, Aiyana PERRY	#9	Whitman	4:27.27	4/7

Women's High Jump

1	7	Whitley STEPP	#4	Willamette	1.68m	5-6	4/21
2	22	Logan ROBERTS	#7	Linfield	1.63m	5-4 1/4	4/8
3	40	Breanne RAWLS	#2	Whitworth	1.61m	5-3 1/4	4/21
4	99	Elisabeth JENSEN	#1	George Fox	1.56m	5-1 1/4	4/21
4	99	Monica KAYLOR	#2	Whitworth	1.56m	5-1 1/4	4/21
4	99	Brecken VANDENHOEK	#1	George Fox	1.56m	5-1 1/4	4/21
7		Marina CARROL	#1	George Fox	1.55m	5-1	3/25
8		Maddie O'HARE	#1	George Fox	1.53m	5- 1/4	3/18
8		Jordyn REVERMAN	#8	Puget Sound	1.53m	5- 1/4	4/14
10		Nora WADE	#4	Willamette	1.51m	4-11 1/2	4/7
10		Siera CRAWFORD	#7	Linfield	1.51m	4-11 1/2	4/21



Conference TFRI Event Summary

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NWC

Women's Pole Vault

1	9	Alison YOUNG	#1	George Fox	3.80m	12-5½	3/25
2	21	Grace TULLY	#1	George Fox	3.65m	11-11¾	3/18
3	26	Lily LUKSICH	#3	Pacific Lutheran	3.60m	11-9¾	3/3
4	49	Payton DAVIDSON	#1	George Fox	3.45m	11-3¾	4/14
4	49	Kristine NGUYEN	#3	Pacific Lutheran	3.45m	11-3¾	3/3
6	64	Shelby LARSON	#1	George Fox	3.40m	11-1¾	3/25
7	79	Siera CRAWFORD	#7	Linfield	3.35m	10-11¾	4/8
8		Valerie BRUGGEMAN	#1	George Fox	3.25m	10-8	3/25
9		Allison GOODELL	#8	Puget Sound	3.11m	10-2½	4/8
10		Anna WILSON	#1	George Fox	3.00m	9-10	4/14

Women's Long Jump

1	40	Allyson HAMMOND	#5	Pacific (Ore.)	5.49m	18-¼ (0.3)	4/21
2	82	Victoria AZAR	#1	George Fox	5.32m	17-5½ (2.0)	4/21
3	93	Annabelle SMITH	#4	Willamette	5.27m	17-3½ (0.0)	4/21
4		Brecken VANDENHOEK	#1	George Fox	5.19m	17-½ (0.0)	3/23
5		Whitney WADDELL	#1	George Fox	5.16m	16-11¼ (2.0)	4/21
6		Devyn COPE	#2	Whitworth	5.11m	16-9¼ (1.1)	3/18
7		Jenna HUNTSMAN	#1	George Fox	5.10m	16-8¾ (3.3)	4/10
8		Malia HEIEN	#6	Lewis & Clark	5.00m	16-5 (0.6)	4/21
9		Elisabeth JENSEN	#1	George Fox	4.97m	16-3¾ (1.8)	3/23
10		Itzel VAZQUEZ	#5	Pacific (Ore.)	4.83m	15-10¼ (-0)	4/1

Women's Triple Jump

1	43	Cameryn NAGAJI	#6	Lewis & Clark	11.29m	37-½ (-0.5)	4/21
2	78	Erica SNYDER	#4	Willamette	11.01m	36-1½ (-1.0)	4/7
3		Devyn COPE	#2	Whitworth	10.89m	35-8¾ (0.0)	4/21
4		Kyrstin WILSON	#8	Puget Sound	10.76m	35-3¾ (0.0)	3/3
5		Whitley STEPP	#4	Willamette	10.69m	35-1 (0.0)	4/21
6		Olivia FARRAR	#6	Lewis & Clark	10.67m	35-¼ (-1.2)	4/7
7		Breanne RAWLS	#2	Whitworth	10.59m	34-9 (-0.2)	4/21
8		Bella DEAN	#1	George Fox	10.55m	34-7½ (0.0)	4/21
9		Elisabeth JENSEN	#1	George Fox	10.49m	34-5 (0.0)	4/21
10		Lecia SINCERE	#4	Willamette	10.42m	34-2¼ (-0.0)	4/7
10		Victoria AZAR	#1	George Fox	10.42m	34-2¼ (-1.0)	4/21

Women's Shot Put

1	20	Renee TIUMALU	#2	Whitworth	13.46m	44-2	3/18
2	66	Georjina SOLIAI	#3	Pacific Lutheran	12.42m	40-9	3/3
3	89	Ellena CORWIN	#1	George Fox	12.21m	40-¾	4/21
4		Logan SPENCER	#2	Whitworth	11.96m	39-3	4/7
5		Carole RAMOS	#3	Pacific Lutheran	11.94m	39-2¼	3/18
6		Amblessed OKEMGBO	#2	Whitworth	11.87m	38-11½	4/21
7		Ava NELSON	#3	Pacific Lutheran	11.51m	37-9¼	4/21
8		Tabitha MESSINEO	#3	Pacific Lutheran	11.49m	37-8½	3/30
9		Piper HARMON	#6	Lewis & Clark	11.45m	37-6¾	4/14
10		Kailee WALKER	#1	George Fox	10.92m	35-10	3/3

Women's Discus

1	6	Laurny RAWLS	#2	Whitworth	45.54m	149-5	4/21
2	38	Amblessed OKEMGBO	#2	Whitworth	41.34m	135-8	4/21
3	72	Abbie Jo CARLSON	#2	Whitworth	39.69m	130-3	4/21
4	76	Peyton SANTOS	#3	Pacific Lutheran	39.59m	129-11	4/21
5		Renee TIUMALU	#2	Whitworth	38.28m	125-7	4/21
6		Eva WIRTH	#3	Pacific Lutheran	37.91m	124-5	4/21
7		Kaitlyn JOHNSON	#1	George Fox	37.40m	122-9	4/21
8		Ava NELSON	#3	Pacific Lutheran	36.80m	120-9	3/10
9		Carole RAMOS	#3	Pacific Lutheran	36.73m	120-6	4/21
10		Piper HARMON	#6	Lewis & Clark	35.81m	117-6	4/21

Women's Hammer

1	32	Abbie Jo CARLSON	#2	Whitworth	48.88m	160-5	4/13
2	50	Tahnisha MANIBUSAN	#1	George Fox	48.00m	157-6	4/8
3	77	Tabitha MESSINEO	#3	Pacific Lutheran	46.65m	153-1	3/3
4		Tenley GRANT	#4	Willamette	44.66m	146-6	3/11
5		Kaitlyn JOHNSON	#1	George Fox	43.90m	144-1	4/14
6		Alessandra VALMONTE	#3	Pacific Lutheran	43.84m	143-10	4/14
7		Kailee WALKER	#1	George Fox	42.16m	138-4	3/18
8		Eva WIRTH	#3	Pacific Lutheran	41.51m	136-2	4/21
9		Peyton SANTOS	#3	Pacific Lutheran	40.77m	133-9	4/21
10		Leanne MACHADO	#4	Willamette	40.04m	131-5	3/11

Women's Javelin

1	2	Chrissy STRICKLAND	#1	George Fox	46.29m	151-11	4/21
2	3	Ava NELSON	#3	Pacific Lutheran	46.27m	151-10	3/3
3	9	Eva MILLAN	#2	Whitworth	42.00m	137-10	4/21
4	14	Ellena CORWIN	#1	George Fox	40.88m	134-2	4/21
5	19	Brecken VANDENHOEK	#1	George Fox	39.99m	131-3	4/21
6	52	Emily MAUCH	#2	Whitworth	37.38m	122-8	4/21
7	58	Ashlyn HANSON	#2	Whitworth	37.08m	121-8	4/21
8	78	Piper HARMON	#6	Lewis & Clark	36.55m	119-11	3/25
9	98	Tabitha MESSINEO	#3	Pacific Lutheran	35.71m	117-2	4/21
10		Katy COOK	#3	Pacific Lutheran	35.49m	116-5	4/21

Women's Heptathlon

1	7	Brecken VANDENHOEK	#1	George Fox	4,624	3/23
2	29	Elisabeth JENSEN	#1	George Fox	4,102	3/23
3	33	Malia HEIEN	#6	Lewis & Clark	4,051	4/10
4	40	Jenna HUNTSMAN	#1	George Fox	3,920	3/23
5	49	Breanne RAWLS	#2	Whitworth	3,786	4/10
6	55	Breeauna O'REAR	#1	George Fox	3,719	3/23
7	58	Tabitha MESSINEO	#3	Pacific Lutheran	3,554	4/10
8	82	Olivia FARRAR	#6	Lewis & Clark	3,201	4/10
9	92	Courtney TIERNAN	#5	Pacific (Ore.)	3,046	3/30
10		Dina ALTUHOVS	#5	Pacific (Ore.)	2,808	3/30



Conference TFRI Event Summary

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OAC

Women's 100 Meters

1	14	Kenadee WAYT	#1	Mount Union	12.02	(0.6)	3/24
2	47	Kendra KRICHBAUM	#2	Ohio Northern	12.22w	(3.6)	4/15
3	83	Lauren RONCONE	#1	Mount Union	12.39w	(2.5)	4/6
4		Taylor ANTHONY	#3	John Carroll	12.47w	(2.3)	4/6
5		Madison DIETZ	#9	Wilmington (Ohi	12.50w	(2.7)	4/15
6		Larissa AGBOR-NKONGHO	#7	Capital	12.60w	(2.8)	3/31
7		Genevieve ARNOLD	#3	John Carroll	12.66	(1.4)	4/6
8		Hannah NEIGER	#1	Mount Union	12.73w	(3.2)	4/6
9		Cece SAMUELS	#7	Capital	12.75w	(2.6)	3/31
10		Jessica KLONOWSKI	#4	Baldwin Wallace	12.80	(-0.6)	3/24

Women's 100 Meter Hurdles

1	58	Kennady GIBBINS	#1	Mount Union	15.01	(1.2)	4/20
2		Lexi WACHTMAN	#6	Heidelberg	15.68	(-0.5)	4/14
3		Rosie SCHROEDER	#2	Ohio Northern	15.73w	(3.2)	4/15
4		Kilikina SCHULTZ	#10	Muskingum	15.85	(1.2)	4/15
5		Olyvia ASHBROOK	#2	Ohio Northern	15.92	(1.2)	4/15
6		Olivia BEAN	#6	Heidelberg	15.95	(0.8)	4/8
7		Becca SANTOM	#1	Mount Union	16.04	(1.5)	4/15
8		McKenzie CHINE	#1	Mount Union	16.37w	(2.5)	4/6
9		Kenni VOYTEK	#4	Baldwin Wallace	16.83	(0.9)	4/8
10		Maria PARACAMPOS DA CUNHA	#7	Capital	16.85	(-1.2)	4/21

Women's 200 Meters

1	6	Kenadee WAYT	#1	Mount Union	24.40	(0.0)	4/21
2	32	Madison MILES	#1	Mount Union	25.12	(1.6)	4/6
3	48	Abby COLLIER	#4	Baldwin Wallace	25.25	(-0.1)	4/15
4	71	Kylee SCHAFER	#9	Wilmington (Ohi	25.46w	(2.6)	4/15
5		Taylor ANTHONY	#3	John Carroll	25.89	(-0.1)	4/15
6		Rosie MURRAY	#3	John Carroll	25.97	(-0.6)	4/22
7		Kendra KRICHBAUM	#2	Ohio Northern	26.15w	(2.6)	4/15
8		Emma FEHRMAN	#8	Marietta	26.53	(1.9)	4/15
9		Cece SAMUELS	#7	Capital	26.60w	(2.1)	3/24
10		Taylor CUPP	#1	Mount Union	26.67	(1.6)	4/6

Women's 400 Meters

1	1	Kenadee WAYT	#1	Mount Union	54.18		4/21
2	11	Madison MILES	#1	Mount Union	56.58		4/6
3	37	Abby COLLIER	#4	Baldwin Wallace	57.78		4/22
4	87	Ellie KITSMILLER	#3	John Carroll	58.92		4/22
5	95	Mary MASON	#1	Mount Union	59.00		4/6
6		Rosie MURRAY	#3	John Carroll	59.52		4/22
7		Averi WALLACE	#10	Muskingum	1:00.42		4/6
8		Dae Dae NASH	#1	Mount Union	1:00.49		4/20
9		Morgan ALOI	#4	Baldwin Wallace	1:00.68		4/22
10		Taylor CUPP	#1	Mount Union	1:00.78		4/6

Women's 400 Meter Hurdles

1	51	Rosie MURRAY	#3	John Carroll	1:05.70		4/6
2	78	Kennady GIBBINS	#1	Mount Union	1:06.78		4/15
3	84	Olyvia ASHBROOK	#2	Ohio Northern	1:06.94		4/15
4	97	JJ HERRON	#2	Ohio Northern	1:07.35		4/8
5		Becca SANTOM	#1	Mount Union	1:09.66		3/24
6		Julia HENDERSON	#1	Mount Union	1:09.89		3/24
7		Maria PARACAMPOS DA CUNHA	#7	Capital	1:09.99		3/31
8		Rosie SCHROEDER	#2	Ohio Northern	1:10.78		4/8
9		Manaka YAMAUCHI	#5	Otterbein	1:12.21		4/15
10		Kilikina SCHULTZ	#10	Muskingum	1:12.28		4/6

Women's 800 Meters

1	17	Kenadee WAYT	#1	Mount Union	2:13.33		4/15
2	26	Hope MURPHY	#4	Baldwin Wallace	2:14.71		4/14
3	30	Mary MASON	#1	Mount Union	2:15.12		4/14
4	55	Brittany MCCAULEY	#1	Mount Union	2:16.36		4/14
5	57	Ellie KITSMILLER	#3	John Carroll	2:16.48		4/14
6	96	Megan WERTZ	#1	Mount Union	2:18.21		4/6
7		Katie PLECKO	#4	Baldwin Wallace	2:21.49		4/14
8		Taylor CUPP	#1	Mount Union	2:21.77		4/15
9		Abby SCHROFF	#3	John Carroll	2:21.78		4/22
10		Halle COCHRAN	#1	Mount Union	2:21.84		4/14

Women's 1500 Meters

1	8	Brittany MCCAULEY	#1	Mount Union	4:32.87		4/14
2	59	Hope MURPHY	#4	Baldwin Wallace	4:40.64		4/8
3	62	Megan WERTZ	#1	Mount Union	4:40.98		4/14
4		Gianini VENUTO	#1	Mount Union	4:44.78		4/14
5		Abby SCHROFF	#3	John Carroll	4:47.70		4/6
6		Leah COSTELLO	#1	Mount Union	4:49.32		4/14
7		Ellie KITSMILLER	#3	John Carroll	4:52.95		4/6
8		Isabel CHASNEY	#6	Heidelberg	4:54.15		4/8
9		Alyssa MATTIS	#5	Otterbein	4:55.57		4/6
10		Angela DEFABIO	#1	Mount Union	4:55.85		4/14

Women's Steeplechase

1	41	Jennifer MASSUCCI	#3	John Carroll	11:21.87		4/14
2	75	Taylor ELLERBROCK	#2	Ohio Northern	11:38.84		4/1
3	92	Katy FELLESTEIN	#3	John Carroll	11:46.05		4/22
4		Sydney JENKO	#3	John Carroll	11:53.64		4/22
5		Angela DEFABIO	#1	Mount Union	11:57.74		4/21
6		Sydney WINGLER	#3	John Carroll	11:59.50		4/6
7		Madelyn MILLER	#4	Baldwin Wallace	12:05.73		4/22
8		Josey JOHNSON	#5	Otterbein	12:14.87		4/21
9		Caitlyn GATTA	#1	Mount Union	12:25.37		4/21
10		Jaelyn JAQUAY	#4	Baldwin Wallace	12:32.93		4/14



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OAC

Women's 5000 Meters

1	53	Tessa PITCOVICH	#2	Ohio Northern	17:30.27	4/14
2	74	Abby SCHROFF	#3	John Carroll	17:38.98	4/14
3	78	Amanda KEIM	#3	John Carroll	17:40.37	4/14
4	82	Isabel CHASNEY	#6	Heidelberg	17:41.61	4/14
5	87	Morgan EDWARDS	#3	John Carroll	17:42.84	4/14
6		Gianini VENUTO	#1	Mount Union	17:53.07	4/21
7		Erica ESPER	#3	John Carroll	18:19.16	4/22
8		Ashley HOCKSTOK	#2	Ohio Northern	18:20.12	4/14
9		Macy MCADAMS	#10	Muskingum	18:25.80	3/24
10		Taylor ELLERBROCK	#2	Ohio Northern	18:27.37	4/21

Women's 10,000 Meters

1	17	Macy MCADAMS	#10	Muskingum	36:04.45	4/14
2	18	Erica ESPER	#3	John Carroll	36:05.02	4/14
3	19	Tessa PITCOVICH	#2	Ohio Northern	36:07.00	4/1
4	41	Ashley HOCKSTOK	#2	Ohio Northern	37:00.60	4/1
5	54	Kennedy RADER	#2	Ohio Northern	37:37.58	4/1
6		Vanessa SHANAMAN	#6	Heidelberg	40:07.95	3/16
7		Jensen WOLFE	#4	Baldwin Wallace	42:11.13	4/14
8		Kaitlyn RAUCH	#9	Wilmington (Ohi	49:11.60	4/1

Women's 4x100 Relay

1	8	Lauren RONCONE, Madison MILES, Hannah NEIGER, Kenadee WAYT	#1	Mount Union	47.31	4/15
2	37	Taylor ANTHONY, Genevieve ARNOLD, Mia SCOTT, Rosie MURRAY	#3	John Carroll	48.45	4/14
3	84	Hanna BAUER, Cece SAMUELS, Erniesha GUERRIER, Larissa AGBOR-NKONGHO	#7	Capital	49.70	3/31
4	93	Alexis STARNER, Kendra KRICHBAUM, Haley CANNON, Chloe GIBSON	#2	Ohio Northern	49.87	4/15
5		Julia HURD, Abby COLLIER, Olivia BRADLEY, Morgan ALOI	#4	Baldwin Wallace	50.27	3/24
6		Kylee SCHAFER, Madison DIETZ, Jaineen SMITH, Rachel SPANFELLNER	#9	Wilmington (Ohi	50.38	4/15
7		Lydia BAUMGARTNER, Peyton PROFFITT, Emma KLOSTERMAN, Eden EDENFIELD	#5	Otterbein	51.19	4/15
8		Maddie SUNDQUIST, Ariana COLEMAN, Olivia BEAN, Lexi WACHTMAN	#6	Heidelberg	51.21	4/15
9		Liberty BUNTING, Jacquelynn GRINNELL, Emily FIESELER, Averi WALLACE	#10	Muskingum	51.51	4/21



Conference TFRI Event Summary

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OAC

Women's 4x400 Relay

1	2	Kennady GIBBINS, Kenadee WAYT, Mary MASON, Madison MILES	#1	Mount Union	3:47.45	4/21
2	51	Abby COLLIER, Katie PLECKO, Hope MURPHY, Morgan ALOI	#4	Baldwin Wallace	4:04.38	4/8
3	91	Taylor ANTHONY, Rosie MURRAY, Mia SCOTT, Kaleigh MCNAMARA	#3	John Carroll	4:08.88	4/6
4		Lexi NEFF, Rachel RUGGLES, Olyvia ASHBROOK, JJ HERRON	#2	Ohio Northern	4:13.52	4/15
5		Rachel BOLLO, Brooke HAMILTON, Angela MAIO, Cassidy SHAVER	#5	Otterbein	4:17.18	4/6
6		Averi WALLACE, Liberty BUNTING, Abigail DERRY, Rylee BOLLENBACHER	#10	Muskingum	4:18.20	4/15
7		Kylee SCHAFER, Madison DIETZ, Jaineen SMITH, Rachel SPANFELLNER	#9	Wilmington (Ohi	4:25.62	4/15
8		Riley ELLIOT, Sydney SHAFFER, Maddie SUNDQUIST, Isabel CHASNEY	#6	Heidelberg	4:25.80	4/15

Women's High Jump

1	22	Emma KLOSTERMAN	#5	Otterbein	1.63m	5-4½	4/15
2	45	Kennady GIBBINS	#1	Mount Union	1.60m	5-3	4/20
2	45	Michaela BRYAN	#3	John Carroll	1.60m	5-3	4/22
4	63	Lindsay WEININGER	#2	Ohio Northern	1.59m	5-2½	4/21
5	99	Ellie FORD	#2	Ohio Northern	1.56m	5-1¼	4/21
6		Riley HEITKAMP	#2	Ohio Northern	1.55m	5-1	4/8
6		Kennedi HENDRICKS	#7	Capital	1.55m	5-1	4/15
8		Toria INGALLS	#2	Ohio Northern	1.53m	5-¼	4/15
9		Lexi WACHTMAN	#6	Heidelberg	1.50m	4-11	4/15
10		Amanda RADKE	#5	Otterbein	1.49m	4-10½	3/16

Women's Pole Vault

1	1	Peyton PROFFITT	#5	Otterbein	4.06m	13-3¾	4/6
2	14	Emily THOMPSON	#8	Marietta	3.70m	12-1½	4/1
3	16	Bri AVENI	#1	Mount Union	3.68m	12-¾	4/6
4	21	Claire SCHWELLER	#2	Ohio Northern	3.65m	11-11¾	4/14
5	25	Anna SCHATZLE	#2	Ohio Northern	3.61m	11-10	4/21
6	29	Caroline BEERY	#3	John Carroll	3.59m	11-9¼	4/15
7	57	Olivia OGG	#2	Ohio Northern	3.43m	11-3	4/15
7	57	Alison LOASE	#8	Marietta	3.43m	11-3	4/15
9	62	Jaclyn BOARDMAN	#2	Ohio Northern	3.41m	11-2¼	4/21
10		Madison BROKAW	#5	Otterbein	3.23m	10-7	4/21

Women's Long Jump

1	40	Lauren RONCONE	#1	Mount Union	5.49m	18-¼ (1.3)	4/20
2	59	Chloe GIBSON	#2	Ohio Northern	5.41m	17-9 (1.5)	4/8
2	59	Genevieve ARNOLD	#3	John Carroll	5.41mw	17-9 (2.8)	3/31
4	68	Madison DIETZ	#9	Wilmington (Ohi	5.38m	17-8 (1.4)	4/21
5		Olivia BEAN	#6	Heidelberg	5.25m	17-2¾ (0.0)	4/21
6		Lexi WACHTMAN	#6	Heidelberg	5.14mw	16-10½ (3)	4/1
7		Lauryn WOLTERS	#2	Ohio Northern	5.06m	16-7¼ (2.0)	4/8
8		Carlie PRATT	#1	Mount Union	5.03mw	16-6 (2.1)	4/20
9		Emma KLOSTERMAN	#5	Otterbein	5.02m	16-5¾ (-0)	3/24
10		Ariana COLEMAN	#6	Heidelberg	5.01mw	16-5¼ (3.3)	3/16

Women's Triple Jump

1	61	Emma FEHRMAN	#8	Marietta	11.12m	36-5¾ (1.1)	4/15
2		Genevieve ARNOLD	#3	John Carroll	10.89m	35-8¾ (0.0)	4/14
3		Tori MILLER	#3	John Carroll	10.71m	35-1¾ (-0)	4/14
4		Lauryn WOLTERS	#2	Ohio Northern	10.55m	34-7½ (0.4)	4/21
5		Chloe GIBSON	#2	Ohio Northern	10.53m	34-6¾ (0.0)	4/21
6		Mackenzie DETMER	#2	Ohio Northern	10.45m	34-3½ (1.8)	4/8
7		Riley BARRINGTON	#2	Ohio Northern	10.39m	34-1¼ (1.0)	4/8
8		Olivia STEFKA	#3	John Carroll	10.24m	33-7¼ (0.8)	4/6
9		Madison DIETZ	#9	Wilmington (Ohi	10.17mw	33-4½ (2.4)	4/1
10		Charlie DOLLIVER	#5	Otterbein	9.90m	32-5¾ (0.2)	3/24

Women's Shot Put

1	48	Brooke BUCKHANNON	#4	Baldwin Wallace	12.71m	41-8½	4/8
2	69	Makayla SITZLAR	#1	Mount Union	12.40m	40-8¼	4/20
3		Buzz KLINE	#1	Mount Union	12.07m	39-7¼	4/15
4		Izzy BURMAN	#2	Ohio Northern	11.85m	38-10½	4/21
5		Samantha SELLERS	#2	Ohio Northern	11.54m	37-10½	4/8
6		Emily TORRES	#4	Baldwin Wallace	11.38m	37-4	4/14
7		Lily PURDON	#7	Capital	11.37m	37-3¾	3/24
8		Alexa POLING	#7	Capital	11.30m	37-1	4/14
9		Hannah FRIEND	#2	Ohio Northern	11.18m	36-8¼	4/8
10		Brooke HUFFMAN	#8	Marietta	11.14m	36-6¾	4/15

Women's Discus

1	12	Sidney RAMBO	#1	Mount Union	44.11m	144-9	4/6
2	13	Kelsey DUNN	#3	John Carroll	44.08m	144-8	4/22
3	33	Hannah FRIEND	#2	Ohio Northern	41.90m	137-6	4/14
4	38	Brooke HUFFMAN	#8	Marietta	41.34m	135-8	4/6
5	63	Brooke BUCKHANNON	#4	Baldwin Wallace	40.14m	131-9	4/14
6		Grace HECKENLIVELY	#7	Capital	37.30m	122-5	3/24
7		Izzy BURMAN	#2	Ohio Northern	36.56m	120-0	4/1
8		Samantha SELLERS	#2	Ohio Northern	36.54m	119-11	4/21
9		Breanna BERWALD	#3	John Carroll	36.17m	118-8	4/6
10		Lilly JOHNS	#4	Baldwin Wallace	35.71m	117-2	4/22



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OAC

Women's Hammer

1	5	Brooke BUCKHANNON	#4	Baldwin Wallace	54.78m	179-9	4/21
2	26	Brooke HUFFMAN	#8	Marietta	49.84m	163-6	4/15
3	63	Izzy BURMAN	#2	Ohio Northern	47.29m	155-2	4/8
4	66	Alexa POLING	#7	Capital	47.24m	155-0	4/14
5		Kelsey DUNN	#3	John Carroll	44.60m	146-4	3/31
6		Abby LODEWYCK	#9	Wilmington (Ohi	44.22m	145-1	4/22
7		Beth SCHULTZ	#4	Baldwin Wallace	44.20m	145-0	4/22
8		Reese OSBORNE	#1	Mount Union	42.99m	141-1	4/20
9		Lucy TROUT	#9	Wilmington (Ohi	42.86m	140-8	4/22
10		Avrie O'NEIL	#10	Muskingum	42.52m	139-6	4/15

Women's Javelin

1		Sidney RAMBO	#1	Mount Union	34.28m	112-6	4/15
2		Reese RECKER	#6	Heidelberg	32.43m	106-5	4/8
3		Leah FRITSCH	#3	John Carroll	32.22m	105-9	4/22
4		Peyton CARPENTER	#5	Otterbein	32.07m	105-3	4/21
5		Tarra BEVIER	#2	Ohio Northern	31.35m	102-10	4/21
6		Riley HEITKAMP	#2	Ohio Northern	31.21m	102-5	4/21
7		Chloe GIBSON	#2	Ohio Northern	30.87m	101-4	4/21
8		McKenna HEWITT	#8	Marietta	30.53m	100-2	4/1
9		Olivia KAHOUN	#5	Otterbein	29.89m	98-¾	4/21
10		Mackenzie DETMER	#2	Ohio Northern	29.75m	97-7¼	4/15

Women's Heptathlon

1	88	Amanda RADKE	#5	Otterbein	3,106		4/6
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Conference TFRI Event Summary

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ODAC

Women's 100 Meters

1	1	Adalia COLEMAN	#5	Bridgewater (Va	11.63w	(4.0)	3/31
2	27	Katelyn GAMBLE	#3	Washington and	12.10	(0.1)	4/14
3	63	Kacee HOOKER	#5	Bridgewater (Va	12.30	(1.6)	3/25
4		Aniya SEWARD	#1	Lynchburg	12.47	(0.6)	3/24
5		Lyric HOGGARD	#7	Virginia Wesleya	12.54	(1.7)	3/30
6		Jessica CAMMARATA	#1	Lynchburg	12.55	(0.8)	4/14
7		Eleanor HINCKLEY	#2	Roanoke	12.57	(0.2)	4/14
8		Lindsey HOBIN	#2	Roanoke	12.61	(0.1)	4/14
9		Kaitlin MEASELL	#4	Shenandoah	12.66	(1.6)	3/25
10		Taylor POOLE	#2	Roanoke	12.72	(0.1)	4/14

Women's 100 Meter Hurdles

1	1	Aniya SEWARD	#1	Lynchburg	13.76	(0.0)	4/14
2	30	Betsy MOHNKERN	#1	Lynchburg	14.64	(0.0)	4/14
3	66	Hannah SNODGRASS	#2	Roanoke	15.15	(0.0)	4/14
4	97	Aanykka JACKSON	#7	Virginia Wesleya	15.44	(1.5)	3/30
5		Ray Ray TAYLOR	#6	Eastern Mennon	15.53w	(2.2)	3/25
6		Amanda ROMANO	#3	Washington and	15.57	(1.1)	4/1
7		Cammi WINSTON	#2	Roanoke	15.86	(1.9)	3/31
8		Shirell WASHINGTON	#7	Virginia Wesleya	15.94	(1.5)	3/30
9		Paige TULENKO	#3	Washington and	16.13	(0.2)	4/8
10		Kenna FOX	#2	Roanoke	16.26w	(2.3)	3/31

Women's 200 Meters

1	2	Adalia COLEMAN	#5	Bridgewater (Va	24.28	(2.0)	3/25
2	30	Kacee HOOKER	#5	Bridgewater (Va	25.08	(2.0)	3/25
3	42	Katelyn GAMBLE	#3	Washington and	25.18	(2.0)	3/25
4	60	Haylee GAMBLE	#2	Roanoke	25.37w	(2.1)	4/14
5	64	Aniya SEWARD	#1	Lynchburg	25.40	(1.6)	3/30
6	67	Lyric HOGGARD	#7	Virginia Wesleya	25.43	(2.0)	4/15
7	80	Mikayla HEFFERON	#2	Roanoke	25.54w	(3.2)	4/14
8		Kendra OGUAMENA	#6	Eastern Mennon	25.83	(2.0)	3/25
9		Julia HATHAWAY	#7	Virginia Wesleya	25.84	(1.8)	3/30
10		Kaitlin MEASELL	#4	Shenandoah	25.86w	(2.2)	3/25

Women's 400 Meters

1	19	Mikayla HEFFERON	#2	Roanoke	57.23		4/14
2	54	Amia BARNES	#7	Virginia Wesleya	58.32		4/15
3	86	Vuronika BARNES	#1	Lynchburg	58.90		4/14
4	89	Haylee GAMBLE	#2	Roanoke	58.95		4/14
5		Julia HATHAWAY	#7	Virginia Wesleya	59.26		3/30
6		Kacee HOOKER	#5	Bridgewater (Va	59.65		3/31
7		Madelyn BOYCE	#1	Lynchburg	59.81		4/14
8		Lauren HENSON	#2	Roanoke	1:00.13		4/14
9		Jordynn PALETHORPE	#3	Washington and	1:00.69		4/14
10		Sarah SIDORO	#4	Shenandoah	1:00.81		4/14

Women's 400 Meter Hurdles

1	25	Allison BOBST	#1	Lynchburg	1:04.29		4/14
2	26	Betsy MOHNKERN	#1	Lynchburg	1:04.50		4/14
3	58	Amanda ROMANO	#3	Washington and	1:05.94		4/14
4	69	Paige TULENKO	#3	Washington and	1:06.45		3/25
5		Ophelia LADNER	#2	Roanoke	1:08.81		4/14
6		Elili ASEFA	#6	Eastern Mennon	1:09.71		4/22
7		Casey STEDMAN	#7	Virginia Wesleya	1:09.94		3/17
8		Aanykka JACKSON	#7	Virginia Wesleya	1:10.03		3/30
9		Alexis HUBBARD	#4	Shenandoah	1:11.06		4/14
10		Cammi WINSTON	#2	Roanoke	1:13.58		3/31

Women's 800 Meters

1	23	Hailey SMITH	#1	Lynchburg	2:14.33		4/14
2		Kate SCIBELLI	#3	Washington and	2:19.55		3/17
3		Zoe DUNLAP	#2	Roanoke	2:22.51		3/17
4		Lauren MASSEY	#1	Lynchburg	2:23.31		4/14
5		Kelsey LAGUNAS	#1	Lynchburg	2:24.16		3/24
6		Molly SILVA	#1	Lynchburg	2:24.32		3/24
7		Parker HAWK	#3	Washington and	2:24.33		3/17
8		Mimi KEMP	#3	Washington and	2:25.33		3/25
9		Amia BARNES	#7	Virginia Wesleya	2:25.86		4/15
10		Madelyn BOYCE	#1	Lynchburg	2:25.98		4/8

Women's 1500 Meters

1		Hailey SMITH	#1	Lynchburg	4:45.21		4/14
2		Kelsey LAGUNAS	#1	Lynchburg	4:45.71		4/14
3		Molly SILVA	#1	Lynchburg	4:46.46		3/24
4		Lauren MASSEY	#1	Lynchburg	4:46.91		3/24
5		Allison DELL	#1	Lynchburg	4:48.02		3/24
6		Parker HAWK	#3	Washington and	4:48.42		3/17
7		Emily SANSBURY	#3	Washington and	4:49.37		4/14
8		Sarah JAMES	#1	Lynchburg	4:49.98		3/24
9		Erin ATKINSON	#4	Shenandoah	4:54.43		4/1
10		Zoe DUNLAP	#2	Roanoke	4:55.12		3/17

Women's Steeplechase

1	18	Kelsey LAGUNAS	#1	Lynchburg	11:00.49		4/14
2	35	Emily SMEDS	#5	Bridgewater (Va	11:15.58		3/31
3	44	Mackenzie YOUNG	#5	Bridgewater (Va	11:22.55		4/14
4	61	Molly SILVA	#1	Lynchburg	11:33.93		4/14
5	66	Erin ATKINSON	#4	Shenandoah	11:35.54		3/30
6		Brianna BREYVAULT	#3	Washington and	11:57.79		4/8
7		Halie MAST	#6	Eastern Mennon	12:03.64		4/8
8		Vanessa GARDINER	#6	Eastern Mennon	12:29.13		4/8
9		Elili ASEFA	#6	Eastern Mennon	12:38.40		4/8
10		Ashley DODD	#5	Bridgewater (Va	12:44.81		4/14



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ODAC

Women's 5000 Meters

1	34	Carolyn TODD	#3	Washington and	17:15.47	3/30
2	48	Allison DELL	#1	Lynchburg	17:28.36	4/14
3	80	Kelsey LAGUNAS	#1	Lynchburg	17:40.83	3/30
4		Sarah JAMES	#1	Lynchburg	17:49.46	4/14
5		Lauren MASSEY	#1	Lynchburg	18:01.14	3/17
6		Claire HAMLET	#3	Washington and	18:08.22	4/14
7		Erin ATKINSON	#4	Shenandoah	18:13.99	4/14
8		Mackenzie YOUNG	#5	Bridgewater (Va	18:22.42	3/17
9		Molly SILVA	#1	Lynchburg	18:22.94	3/17
10		Emily SMEDS	#5	Bridgewater (Va	18:26.83	3/17

Women's 10,000 Meters

1	25	Carolyn TODD	#3	Washington and	36:29.03	4/14
2	31	Sarah JAMES	#1	Lynchburg	36:37.38	3/30
3		Emily SMEDS	#5	Bridgewater (Va	39:10.75	4/14
4		Madeline LOTT	#4	Shenandoah	39:32.89	3/16
5		Jenna WEAVER	#6	Eastern Mennon	40:02.94	3/17
6		Lucy UNZICKER	#6	Eastern Mennon	41:27.21	3/17
7		Allie CLARKSON	#4	Shenandoah	41:42.17	3/16
8		Makenna THRUSH	#4	Shenandoah	41:46.57	4/14
9		Sarah EARLE	#5	Bridgewater (Va	42:07.81	4/14
10		Megan WESTERMAN	#10	Randolph	42:40.02	3/24

Women's 4x100 Relay

1	27	Jade BUCKLES, Adalia COLEMAN, Haleigh HAMLIN, Kacee HOOKER	#5	Bridgewater (Va	48.10	4/14
2	32	Lindsey HOBIN, Taylor POOLE, Hannah SNODGRASS, Mikayla HEFFERON	#2	Roanoke	48.33	4/14
3	48	Rylee TURNER, Jessica CAMMARATA, Vuronika BARNES, Aniya SEWARD	#1	Lynchburg	48.89	3/24
4	72	Susannah BIRLE, Ashley D'AMBROSIA, Jordynn PALETHORPE, Katelyn GAMBLE	#3	Washington and	49.46	4/14
5	75	Alexis HUBBARD, Janelle ANDERSON, Sarah SIDORO, Kaitlin MEASELL	#4	Shenandoah	49.52	4/8
6	97	Amia BARNES, Aanykka JACKSON, Ashantaye DUBOIS, Lyric HOGGARD	#7	Virginia Wesleya	49.92	4/15
7		Kendra SMITH, Patrice FORCEY, Jennifer MOORE, Jaidyn TURNER	#10	Randolph	51.11	4/22
8		Asia WILLIAMS, Talia PROSPER, Saida BANGURA, Shannea INGRAHAM	#11	Averett	52.18	4/21
9		Jazmine PATTERSON, Noelani CARTER, Holly HYLTON, Dakota WEBB- HAWKINS	#9	Hollins	53.05	4/22
10		Airiana BEVERLEY, Jordan HAIRSTON, Trina LEWIS, Tejah YATES	#12	Ferrum	53.60	4/14



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ODAC

Women's 4x400 Relay

1	16	Vuronika BARNES, Allison BOBST, Madelyn BOYCE, Jessica CAMMARATA	#1 Lynchburg	3:57.73	4/14
2	52	Lauren HENSON, Maryrose MOLINA- SHUMAN, Haylee GAMBLE, Mikayla HEFFERON	#2 Roanoke	4:04.68	3/31
3	64	Paige TULENKO, Jordynn PALETHORPE, Amanda ROMANO, Kate SCIBELLI	#3 Washington and	4:05.78	3/25
4	92	Jade BUCKLES, Kacee HOOKER, Cassidy OLIVER, Adalia COLEMAN	#5 Bridgewater (Va	4:08.92	3/31
5		Alexis HUBBARD, Sarah SIDORO, Amy OLEKSY, Erin ATKINSON	#4 Shenandoah	4:14.55	4/8
6		Ray Ray TAYLOR, Kendra OGUAMENA, Marissa WALKER, Elili ASEFA	#6 Eastern Mennon	4:15.93	3/17
7		Yadeja BRITTON, Amia BARNES, Julia HATHAWAY, Casey STEDMAN	#7 Virginia Wesleya	4:18.41	3/17
8		Noelani CARTER, Jazmine PATTERSON, Holly HYLTON, Madison BROUSSEAU	#9 Hollins	4:27.94	4/8
9		Cassidy LEWIS, Olivia GARNER, Saida BANGURA, Shannea INGRAHAM	#11 Averett	4:30.53	4/21
10		Jordan HAIRSTON, Genesis PINEIRO, Lacey FLANAGAN, Trina LEWIS	#12 Ferrum	4:35.77	4/22

Women's High Jump

1	45	Norah CIANO	#7 Virginia Wesleya	1.60m	5-3	4/15
2	68	Katya HOOVER	#4 Shenandoah	1.58m	5-2¼	4/8
3	77	Ray Ray TAYLOR	#6 Eastern Mennon	1.57m	5-1¾	4/14
3	77	Kim RODEN	#2 Roanoke	1.57m	5-1¾	3/31
5		Natalie MOORE	#8 Guilford	1.55m	5-1	4/14
5		Camille GILLUM	#3 Washington and	1.55m	5-1	4/22
5		Kaitlyn NGUYEN	#2 Roanoke	1.55m	5-1	4/14
8		Eleanor HINCKLEY	#2 Roanoke	1.53m	5-¼	3/17
8		Cammi WINSTON	#2 Roanoke	1.53m	5-¼	3/17
10		Margo FOX	#1 Lynchburg	1.50m	4-11	4/22

Women's Pole Vault

1	41	Lauren ANDERSON	#1 Lynchburg	3.50m	11-5¾	4/14
2	49	Ashley D'AMBROSIA	#3 Washington and	3.45m	11-3¾	4/8
3	77	Chloe VAN DUYN	#2 Roanoke	3.38m	11-1	3/17
4	79	Allison BOBST	#1 Lynchburg	3.35m	10-11¾	4/22
5		Claire COLEMAN	#3 Washington and	3.26m	10-8¼	3/25
6		Clare KINNEY	#2 Roanoke	3.05m	10-0	4/14
7		Tasha MILLER	#2 Roanoke	2.93m	9-7¼	3/17
8		Kailee FRANKLIN	#6 Eastern Mennon	2.75m	9-¼	4/14

Women's Long Jump

1	22	Ray Ray TAYLOR	#6 Eastern Mennon	5.58m	18-3¾ (0.0)	4/19
2	25	Kaitlin MEASELL	#4 Shenandoah	5.56m	18-3 (0.0)	4/14
3	77	Alexis HUBBARD	#4 Shenandoah	5.34m	17-6¼ (0.0)	4/14
4		Natalie MOORE	#8 Guilford	5.22m	17-1½ (0.3)	4/21
5		Kiara SMITH	#1 Lynchburg	5.19mw	17-½ (3.2)	3/16
6		Parker LONGOOD	#3 Washington and	5.16m	16-11¼ (0.0)	4/14
6		Madelyn VENABLE	#3 Washington and	5.16mw	16-11¼ (3.0)	4/22
8		Aniya SEWARD	#1 Lynchburg	5.15mw	16-10¾ (2.0)	4/8
9		Lyric HOGGARD	#7 Virginia Wesleya	5.10m	16-8¾ (0.0)	3/17
10		Kendra SMITH	#10 Randolph	5.08m	16-8 (0.0)	4/14

Women's Triple Jump

1	3	Aniya SEWARD	#1 Lynchburg	12.10m	39-8½ (0.5)	4/14
2	4	Kacey KELLY	#1 Lynchburg	12.09m	39-8 (0.0)	4/14
3	60	Ray Ray TAYLOR	#6 Eastern Mennon	11.13m	36-6¼ (1.5)	4/1
4		Kiara SMITH	#1 Lynchburg	10.81m	35-5¾ (0.6)	4/14
5		Shirell WASHINGTON	#7 Virginia Wesleya	10.74m	35-3 (1.6)	3/17
6		J'Quaycia BROWN	#5 Bridgewater (Va	10.68m	35-½ (0.0)	3/25
7		Kim RODEN	#2 Roanoke	10.63m	34-10½ (0.0)	3/17
8		Dakota WEBB- HAWKINS	#9 Hollins	10.60m	34-9½ (1.5)	4/1
9		Mahlia PARSONS	#1 Lynchburg	10.39mw	34-1¼ (2.7)	3/30
10		Cassidy OLIVER	#5 Bridgewater (Va	10.32m	33-10¼ (0.0)	3/25

Women's Shot Put

1		Ray Ray TAYLOR	#6 Eastern Mennon	11.93m	39-1¾	4/14
2		Logan BABBS	#1 Lynchburg	11.80m	38-8¾	3/30
3		Grace FOWLER	#2 Roanoke	11.77m	38-7½	4/14
4		Portia JONES	#8 Guilford	11.51m	37-9¼	4/14
5		Clare KINNEY	#2 Roanoke	11.42m	37-5¾	3/25
6		Bailey HEDGEMON	#3 Washington and	11.22m	36-9¾	4/22
7		Katya HOOVER	#4 Shenandoah	11.17m	36-7¾	4/14
8		Olivia BERNITSON	#3 Washington and	11.07m	36-4	4/22
9		Jessica RENDFREY	#4 Shenandoah	10.88m	35-8½	4/1
10		Abigail MCGLOTHIN	#2 Roanoke	10.75m	35-3¼	3/25



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ODAC

Women's Discus

1	83	Quinlin ZUNK	#3	Washington and	39.26m	<i>128-10</i>	3/25
2	91	Natalie MCCAFFERY	#3	Washington and	38.78m	<i>127-3</i>	3/17
3		Kiara FELSTON	#4	Shenandoah	37.19m	<i>122-0</i>	3/16
4		Logan BABBS	#1	Lynchburg	36.58m	<i>120-0</i>	4/14
5		Portia JONES	#8	Guilford	35.73m	<i>117-3</i>	4/14
6		Abigail MCGLOTHIN	#2	Roanoke	35.26m	<i>115-8</i>	3/17
7		Abbey GAJKOWSKI	#2	Roanoke	34.64m	<i>113-8</i>	4/14
8		Clare KINNEY	#2	Roanoke	33.12m	<i>108-8</i>	3/25
9		Grace FOWLER	#2	Roanoke	32.86m	<i>107-10</i>	3/17
10		Madeline BRAINARD	#1	Lynchburg	32.68m	<i>107-3</i>	4/14

Women's Hammer

1	40	Kiara FELSTON	#4	Shenandoah	48.55m	<i>159-4</i>	3/16
2		Logan BABBS	#1	Lynchburg	44.29m	<i>145-4</i>	3/24
3		Quinlin ZUNK	#3	Washington and	43.97m	<i>144-3</i>	4/14
4		Abbey GAJKOWSKI	#2	Roanoke	43.92m	<i>144-1</i>	4/14
5		Bailey HEDGEMON	#3	Washington and	43.62m	<i>143-2</i>	3/17
6		Jessica RENDFREY	#4	Shenandoah	42.55m	<i>139-7</i>	4/1
7		Grace FOWLER	#2	Roanoke	40.65m	<i>133-5</i>	3/25
8		Andrea DECKER	#4	Shenandoah	40.16m	<i>131-9</i>	4/8
9		Liberty TENNYSON	#4	Shenandoah	39.04m	<i>128-1</i>	4/8
10		Olivia WHEATLY	#4	Shenandoah	38.83m	<i>127-5</i>	4/14

Women's Javelin

1	45	Katya HOOVER	#4	Shenandoah	37.60m	<i>123-5</i>	4/14
2	56	Quinlin ZUNK	#3	Washington and	37.20m	<i>122-1</i>	4/22
3	87	Ray Ray TAYLOR	#6	Eastern Mennon	36.26m	<i>119-0</i>	3/24
4		Natalie MCCAFFERY	#3	Washington and	32.36m	<i>106-2</i>	4/14
5		Kacey KELLY	#1	Lynchburg	31.96m	<i>104-10</i>	4/22
6		Darria HUNTER	#1	Lynchburg	30.50m	<i>100-1</i>	4/14
7		Elisabeth CULLEN	#2	Roanoke	30.23m	<i>99-2¼</i>	3/25
8		Madison MAJORS	#7	Virginia Wesleya	29.08m	<i>95-5</i>	3/25
9		Claudia DISBROW	#2	Roanoke	28.69m	<i>94-1½</i>	4/14
10		Grace FOWLER	#2	Roanoke	26.39m	<i>86-7</i>	4/14

Women's Heptathlon

1	4	Ray Ray TAYLOR	#6	Eastern Mennon	4,824	4/14
2	67	Norah CIANO	#7	Virginia Wesleya	3,421	4/7
3	79	Natalie MOORE	#8	Guilford	3,228	3/17



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Women's 100 Meters

1	39	Jessica FATIGAI	#3	Westminster (Pa)	12.17w	(2.3)	4/20
2	83	Emma RUDOLPH	#3	Westminster (Pa)	12.39w	(2.9)	3/16
3		Emma VEZZOSI	#2	Grove City	12.58	(0.6)	4/20
4		Mihaela TOADER	#1	Allegheny (Pa.)	12.74	(-0.8)	4/8
5		Melina MANGINO	#1	Allegheny (Pa.)	12.97	(0.9)	4/14
6		Carolyn COLTERYAHN	#2	Grove City	13.02w	(3.0)	4/20
7		Madison CONLEY	#3	Westminster (Pa)	13.04	(-1.0)	3/25
8		Michaela ROSE	#7	Waynesburg	13.07	(1.1)	4/15
9		Anna STROUP	#6	Washington & Jefferson	13.22	(-0.7)	4/14
10		Breannnda DAVIS	#3	Westminster (Pa)	13.23	(-1.0)	3/25

Women's 100 Meter Hurdles

1	47	Carlee DOMKE	#5	Chatham	14.91	(0.2)	4/13
2	76	Breannnda DAVIS	#3	Westminster (Pa)	15.28w	(2.5)	4/20
3	82	Emma VEZZOSI	#2	Grove City	15.34	(-0.4)	4/14
4		Clara SYMINGTON	#8	Franciscan	15.71	(0.5)	4/15
5		Anna STROUP	#6	Washington & Jefferson	15.85	(0.4)	4/8
6		Katherine HENDERSON	#7	Waynesburg	16.05	(-0.5)	3/25
7		Melina MANGINO	#1	Allegheny (Pa.)	16.13	(1.3)	3/24
8		Naomi SWARTZBAUGH	#4	Geneva	16.81	(0.1)	4/8
9		Tamyah RAY	#3	Westminster (Pa)	17.14	(1.6)	4/20
10		Sarah SCHNEIDER	#6	Washington & Jefferson	17.48	(0.5)	4/15

Women's 200 Meters

1	35	Mihaela TOADER	#1	Allegheny (Pa.)	25.14	(0.6)	4/14
2		Jessica FATIGAI	#3	Westminster (Pa)	25.81	(-3.0)	4/20
3		Carlee DOMKE	#5	Chatham	26.12	(-1.1)	4/13
4		Emma VEZZOSI	#2	Grove City	26.29	(-0.3)	4/14
5		Tumba POWELL	#9	Thiel	26.82	(-1.4)	4/15
6		Melina MANGINO	#1	Allegheny (Pa.)	27.05	(0.0)	4/14
7		Anna GUMBY	#3	Westminster (Pa)	27.22	(0.4)	4/8
7		Michaela ROSE	#7	Waynesburg	27.22	(-1.4)	4/15
9		Katherine HENDERSON	#7	Waynesburg	27.27	(0.5)	4/19
10		Clara SYMINGTON	#8	Franciscan	27.32	(0.8)	4/5

Women's 400 Meters

1	14	Mihaela TOADER	#1	Allegheny (Pa.)	56.85		4/14
2		Clara SYMINGTON	#8	Franciscan	59.42		4/5
3		Tumba POWELL	#9	Thiel	1:00.58		4/15
4		Bre TRUSLER	#6	Washington & Jefferson	1:00.78		4/5
5		Jessica CAMPBELL	#8	Franciscan	1:01.73		4/5
6		Michaela ROSE	#7	Waynesburg	1:01.94		4/21
7		Kendall SIRIGNANO	#5	Chatham	1:02.08		4/15
8		Abigail PAINTER	#3	Westminster (Pa)	1:02.36		4/20
9		Selena ROGERS	#10	Bethany (W.Va.)	1:02.39		4/15
10		Caitlyn GOODRICH	#3	Westminster (Pa)	1:02.69		4/20

Women's 400 Meter Hurdles

1	10	Carlee DOMKE	#5	Chatham	1:02.27		4/15
2	44	Breannnda DAVIS	#3	Westminster (Pa)	1:05.49		4/20
3	54	Clara SYMINGTON	#8	Franciscan	1:05.80		4/15
4		Jadyn HARTNER	#6	Washington & Jefferson	1:08.07		4/22
5		Celia COCCA	#1	Allegheny (Pa.)	1:09.11		4/22
6		Abby BIDDLE	#2	Grove City	1:09.54		4/15
7		Naomi SWARTZBAUGH	#4	Geneva	1:10.21		4/8
8		Renee TETLOW	#1	Allegheny (Pa.)	1:10.99		3/24
9		Tamyah RAY	#3	Westminster (Pa)	1:11.00		4/20
10		Sydney STAINBROOK	#2	Grove City	1:12.34		4/5

Women's 800 Meters

1	68	Audrey KARWOWSKI	#2	Grove City	2:17.02		4/20
2	79	Claire ANDERSON	#6	Washington & Jefferson	2:17.78		4/14
3	82	Celia COCCA	#1	Allegheny (Pa.)	2:17.85		4/14
4		Jessica CAMPBELL	#8	Franciscan	2:19.94		4/22
5		Claire WALTERS	#8	Franciscan	2:19.99		4/22
6		Hailey CARROLL	#4	Geneva	2:20.56		3/24
7		Nelly STAFFORD	#1	Allegheny (Pa.)	2:21.13		4/14
8		Cassie CARR	#6	Washington & Jefferson	2:21.73		3/24
9		Madison CASTRO	#4	Geneva	2:22.53		4/8
10		Grace SMITH	#2	Grove City	2:23.34		4/20

Women's 1500 Meters

1	28	Claire ANDERSON	#6	Washington & Jefferson	4:36.87		4/14
2	74	Claire WALTERS	#8	Franciscan	4:41.96		4/14
3	84	Grace SMITH	#2	Grove City	4:43.06		4/15
4		Cassie CARR	#6	Washington & Jefferson	4:45.30		4/14
5		Carmen MEDVIT	#4	Geneva	4:48.31		3/24
6		Hailey CARROLL	#4	Geneva	4:51.49		4/14
7		Nelly STAFFORD	#1	Allegheny (Pa.)	4:51.96		3/24
8		Lydia BENNETT	#2	Grove City	4:52.67		4/20
9		Clare ERWIN	#5	Chatham	4:53.37		4/13
10		Megan AARON	#1	Allegheny (Pa.)	4:53.59		4/8

Women's Steeplechase

1	68	Cassie CARR	#6	Washington & Jefferson	11:36.85		4/19
2	72	Ella LYLE	#2	Grove City	11:38.18		4/15
3		Marrin CRIST	#1	Allegheny (Pa.)	11:56.81		4/15
4		Rachel WALTERS	#1	Allegheny (Pa.)	12:55.24		3/24
5		Reagan PETTIS	#7	Waynesburg	12:56.22		3/31
6		Virginia WILLIAMS	#2	Grove City	13:03.08		4/15
7		Abigail GEHMAN	#2	Grove City	13:11.91		4/15
8		Anna KWASNICA	#1	Allegheny (Pa.)	13:12.09		3/24
9		Joula ANDERSON	#7	Waynesburg	13:34.15		3/25
10		Alyssa KING	#7	Waynesburg	13:44.48		3/25



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Women's 5000 Meters

1	69	Carmen MEDVIT	#4	Geneva	17:36.90	3/10
2	86	Megan AARON	#1	Allegheny (Pa.)	17:42.70	3/24
3	88	Clare ERWIN	#5	Chatham	17:43.05	3/24
4		Claire ANDERSON	#6	Washington & Jefferson	18:02.21	3/24
5		Leuca HANISH	#1	Allegheny (Pa.)	18:03.05	4/14
6		Claire WALTERS	#8	Franciscan	18:10.38	3/25
7		Cassie CARR	#6	Washington & Jefferson	18:19.98	3/24
8		Lauren BRENNAN	#11	Saint Vincent	18:40.84	4/5
9		Mazzie STANDISH	#1	Allegheny (Pa.)	18:50.52	3/24
10		Tara CHILLINGWORTH	#1	Allegheny (Pa.)	18:55.55	3/17

Women's 10,000 Meters

1	32	Megan AARON	#1	Allegheny (Pa.)	36:41.69	4/14
2	36	Clare ERWIN	#5	Chatham	36:52.53	4/8
3	50	Carmen MEDVIT	#4	Geneva	37:14.71	4/14
4	96	Leuca HANISH	#1	Allegheny (Pa.)	38:53.97	3/31
5		Claire ANDERSON	#6	Washington & Jefferson	39:14.92	4/1
6		Kristen PRINCE	#11	Saint Vincent	40:19.36	3/25
7		Hailey STUPAY	#1	Allegheny (Pa.)	40:42.50	3/31
8		Julia BAUER	#2	Grove City	40:47.02	3/31
9		Grace TANKSLEY	#7	Waynesburg	41:06.15	4/15
10		Tara CHILLINGWORTH	#1	Allegheny (Pa.)	41:20.55	3/31

Women's 4x100 Relay

1	71	Madison CONLEY, Emma RUDOLPH, Breannnda DAVIS, Jessica FATIGATI	#3	Westminster (Pa.)	49.44	4/8
2		Carolyn COLTERYAHN, Britta LAGERQUIST, Hailey WEINERT, Emma VEZZOSI	#2	Grove City	50.24	4/5
3		Aurielle BRUNNER, Carlee DOMKE, Molly STANDING, Kendall SIRIGNANO	#5	Chatham	50.37	4/15
4		Naomi SWARTZBAUGH, Anne HOLDEMAN, Emma PARNELL, Favour OLADAPO	#4	Geneva	52.38	4/15
5		Jenna ZAWISLAK, Claire CLOUSE, Michaela ROSE, Samantha KELLY	#7	Waynesburg	52.83	4/15
6		Jadyn HARTNER, Bre TRUSLER, Sarah SCHNEIDER, Kiyanna DOWLING	#6	Washington & Jefferson	53.11	4/15
7		Erica FONTAN, Ella WILLIAMS, Mae HELD, Logan WAGNER	#1	Allegheny (Pa.)	54.90	4/8
8		Lucia JOHNSON, Alicia BORETTI, Sydney ANDREWS, Miranda GUTHRIE	#11	Saint Vincent	1:02.93	3/25



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Women's 4x400 Relay

1	88	Jessica FATIGATI, Caitlyn GOODRICH, Abigail PAINTER, Breannnda DAVIS	#3 Westminster (Pa)	4:08.65	4/8
2		Carolyn COLTERYAHN, Abby BIDDLE, Annie VANNOY, Britta LAGERQUIST	#2 Grove City	4:11.73	4/5
3		Jianna HANSON, Jessica CAMPBELL, Claire WALTERS, Clara SYMINGTON	#8 Franciscan	4:14.28	4/22
4		Jadyn HARTNER, Sarah SCHNEIDER, Cassie CARR, Bre TRUSLER	#6 Washington & Jefferson	4:17.20	4/8
5		Celia COCCA, Renee TETLOW, Nelly STAFFORD, Mihaela TOADER	#1 Allegheny (Pa.)	4:18.39	3/31
6		Favour OLADAPO, Naomi SWARTZBAUGH, Madison CASTRO, Hailey CARROLL	#4 Geneva	4:19.01	4/20
7		Carlee DOMKE, Lauren HALL, Molly STANDING, Aubree TACK	#5 Chatham	4:19.20	4/5
8		Ella BOOTHE, Maggie STAINS, Alyssa KING, Gabrielle MENUCHAK	#7 Waynesburg	4:20.91	4/15
9		Kaylee SUAREZ, Hannah STROTT, Lillianna BRISCOE, Tumba POWELL	#9 Thiel	4:24.85	4/5
10		Danielle WILLIAMS, Aidah SHUTTLEWORTH, Catharina RECABEITIA, Selena ROGERS	#10 Bethany (W.Va.)	4:42.91	4/8

Women's High Jump

1	14	Aurielle BRUNNER	#5 Chatham	1.66m	5-5¼	3/24
2	32	Breannnda DAVIS	#3 Westminster (Pa)	1.62m	5-3¾	4/5
3	77	Katie BALLER	#2 Grove City	1.57m	5-1¾	4/5
3	77	Kaylee SUAREZ	#9 Thiel	1.57m	5-1¾	4/15
5		Tumba POWELL	#9 Thiel	1.52m	4-11¾	4/15
5		Katherine HENDERSON	#7 Waynesburg	1.52m	4-11¾	4/19
5		Clara HANNON	#2 Grove City	1.52m	4-11¾	4/15
8		Emma VEZZOSI	#2 Grove City	1.48m	4-10¼	4/14
9		Nevada GRANT	#5 Chatham	1.47m	4-9¾	4/5
10		Delfina VIVIAN	#10 Bethany (W.Va.)	1.42m	4-7¾	4/8
10		Claire CLOUSE	#7 Waynesburg	1.42m	4-7¾	4/8
10		Tori STEWART	#2 Grove City	1.42m	4-7¾	4/5
10		Tamyah RAY	#3 Westminster (Pa)	1.42m	4-7¾	4/5
10		Anna GUMBY	#3 Westminster (Pa)	1.42m	4-7¾	4/5
10		Madi YURICH	#9 Thiel	1.42m	4-7¾	4/15

Women's Pole Vault

1	3	Emma RUDOLPH	#3 Westminster (Pa)	3.90m	12-9½	3/31
2	29	Madison CONLEY	#3 Westminster (Pa)	3.59m	11-9¼	4/20
3	98	Sydney STAINBROOK	#2 Grove City	3.29m	10-9½	4/20
4		Maddy TREHARN	#3 Westminster (Pa)	3.26m	10-8¼	4/15
5		Hailey WEINERT	#2 Grove City	2.84m	9-3¾	4/20
6		Alayna WILKINS	#4 Geneva	2.30m	7-6½	3/25
7		Madison UTISS	#3 Westminster (Pa)	2.26m	7-5	4/8

Women's Long Jump

1	5	Aurielle BRUNNER	#5 Chatham	5.80m	19-½ (1.3)	4/5
2	26	Emma VEZZOSI	#2 Grove City	5.55mw	18-2½ (3.4)	3/31
2	26	Annie VANNOY	#2 Grove City	5.55m	18-2½ (1.9)	4/5
4	45	Katherine HENDERSON	#7 Waynesburg	5.48mw	17-11¾ (3.)	3/31
5		Emma PARNELL	#4 Geneva	5.10m	16-8¾ (1.0)	4/15
6		Alexis MCFADDEN	#9 Thiel	5.01mw	16-5¼ (3.0)	4/5
7		Jadyn HARTNER	#6 Washington & Jefferson	4.90mw	16-1 (2.4)	4/5
8		Julia SCHWORM	#1 Allegheny (Pa.)	4.72m	15-6 (-1.2)	4/15
9		Clara HANNON	#2 Grove City	4.69m	15-4¾ (1.3)	4/20
10		Sarah SCHNEIDER	#6 Washington & Jefferson	4.65m	15-3¼ (-1.)	4/1

Women's Triple Jump

1	2	Aurielle BRUNNER	#5 Chatham	12.31m	40-4¾ (0.2)	4/13
2	56	Emma PARNELL	#4 Geneva	11.16m	36-7½ (-0.)	4/8
3		Breannnda DAVIS	#3 Westminster (Pa)	10.64m	34-11 (-0.3)	3/25
4		Tori STEWART	#2 Grove City	10.48m	34-4¾ (0.0)	4/5
5		Katherine HENDERSON	#7 Waynesburg	10.31m	33-10 (0.4)	4/19
6		Annie VANNOY	#2 Grove City	10.18m	33-4¾ (0.0)	4/5
7		Ellie BATES	#4 Geneva	10.12m	33-2½ (-0.)	4/15
8		Clara HANNON	#2 Grove City	9.96m	32-8¼ (0.5)	3/25
9		Alexis MCFADDEN	#9 Thiel	9.95m	32-7¾ (-0.)	4/15
10		Kaya SKINNER	#3 Westminster (Pa)	9.84m	32-3½ (-2.)	3/31



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Women's Shot Put

1	30	Lexi SHIDERLY	#3	Westminster (Pa)	13.13m	43-1	4/15
2	56	Emma MILLER	#1	Allegheny (Pa.)	12.57m	41-3	4/8
3		Makenna PHILSON	#10	Bethany (W.Va.)	11.48m	37-8	3/10
4		Laila DAVIS	#1	Allegheny (Pa.)	11.45m	37-6¾	4/22
5		Allison STANDISH	#4	Geneva	11.27m	36-11¾	4/20
6		Shelby RAMBO	#3	Westminster (Pa)	11.10m	36-5	4/5
7		Rebecca DOLCE	#7	Waynesburg	11.00m	36-1¼	3/31
8		Rachel BRADY	#3	Westminster (Pa)	10.82m	35-6	4/5
9		Alexis MAHAFFEY	#10	Bethany (W.Va.)	10.77m	35-4	3/10
10		Danika SUDAR	#2	Grove City	10.76m	35-3¾	4/15

Women's Discus

1	50	Brigid MACK	#8	Franciscan	40.68m	133-6	3/31
2	65	Shelby RAMBO	#3	Westminster (Pa)	39.92m	131-0	4/5
3		Megan WISE	#2	Grove City	37.49m	123-0	4/20
4		Emma MILLER	#1	Allegheny (Pa.)	34.37m	112-9	3/24
5		Jacqueline DIGIACOMO	#1	Allegheny (Pa.)	33.71m	110-7	4/8
6		Brooke MOTTLEY	#9	Thiel	33.27m	109-2	4/5
7		Lydia GIANNINI	#1	Allegheny (Pa.)	32.88m	107-11	4/8
8		Alexis MAHAFFEY	#10	Bethany (W.Va.)	32.82m	107-8	4/19
9		Makenna PHILSON	#10	Bethany (W.Va.)	32.54m	106-9	4/8
10		Kayla JOHNSON	#5	Chatham	31.95m	104-10	4/5

Women's Hammer

1		Allison STANDISH	#4	Geneva	41.97m	137-9	4/20
2		Laila DAVIS	#1	Allegheny (Pa.)	41.31m	135-7	3/31
3		Lydia GIANNINI	#1	Allegheny (Pa.)	40.00m	131-3	4/8
4		Alexis MAHAFFEY	#10	Bethany (W.Va.)	38.72m	127-1	4/19
5		Emma MILLER	#1	Allegheny (Pa.)	38.68m	126-11	3/31
6		Caitlyn FAUST	#1	Allegheny (Pa.)	34.10m	111-11	4/22
7		Danika SUDAR	#2	Grove City	33.92m	111-4	4/20
8		Brooke MOTTLEY	#9	Thiel	32.32m	106-1	3/31
9		Emma JACKMAN	#4	Geneva	31.14m	102-2	4/8
10		Jacqueline DIGIACOMO	#1	Allegheny (Pa.)	31.02m	101-9	3/31

Women's Javelin

1	13	Grace TICE	#10	Bethany (W.Va.)	40.99m	134-6	4/8
2	38	Erynn DAUBENMIRE	#3	Westminster (Pa)	37.88m	124-4	4/5
3	63	Megan BARRY	#7	Waynesburg	36.97m	121-4	4/19
4	64	Hope GOMEZ	#1	Allegheny (Pa.)	36.95m	121-3	4/15
5		Rachel BRADY	#3	Westminster (Pa)	35.42m	116-3	4/20
6		Isabelle ILIEV	#9	Thiel	34.29m	112-6	4/15
7		Elizabeth MARTZ	#5	Chatham	33.61m	110-3	4/5
8		Megan WISE	#2	Grove City	33.40m	109-7	4/20
9		Alaina WILLIAMS	#3	Westminster (Pa)	33.31m	109-4	4/8
10		Elizabeth LUBOLD	#1	Allegheny (Pa.)	33.10m	108-7	4/22

Women's Heptathlon

1	24	Emma VEZZOSI	#2	Grove City	4,205		4/14
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SAA

Women's 100 Meters

1	11	Madjo DOUMBIA	#3	Centre	12.00w	(3.9)	4/21
2	43	Olivia FREEMAN	#2	Rhodes	12.20	(1.4)	3/25
3		Jailah LOVING	#4	Birmingham-Southern	12.51	(-1.0)	4/7
4		Aubrey GUYDEN	#8	Oglethorpe	12.65	(-0.4)	3/11
5		Cassidy JENKINS	#8	Oglethorpe	12.67	(-0.2)	4/14
6		Leighan WILLIAMS	#1	Berry	12.77	(1.6)	4/14
7		Jasmine CLAUNCH	#3	Centre	12.94	(1.3)	4/7
8		Clark KELLY	#1	Berry	12.98w	(2.5)	3/24
9		Ava DUNN	#2	Rhodes	12.99	(1.4)	3/25
10		Caroline DAVIS	#3	Centre	13.00	(1.2)	4/7

Women's 100 Meter Hurdles

1	43	Jailah LOVING	#4	Birmingham-Southern	14.83	(-1.1)	4/7
2	62	Emily THOMPSON	#1	Berry	15.10	(1.2)	3/4
3		Megan WEILMUNSTER	#2	Rhodes	15.65	(2.0)	3/25
4		Macy MURDOCK	#1	Berry	15.72	(1.2)	3/4
5		Josie LOGGINS	#1	Berry	15.76	(1.5)	4/1
6		Rachel SULLIVAN	#2	Rhodes	15.82	(2.0)	3/25
7		Jocelyn COVANEY	#6	Univ. of the South	17.32w	(2.7)	3/25
8		Amelia DOWLING	#4	Birmingham-Southern	17.45	(0.4)	4/13
9		Callie GORMLEY	#3	Centre	17.64	(-0.9)	4/1
10		Hailey WRIGHT	#8	Oglethorpe	17.73	(-0.8)	4/1

Women's 200 Meters

1	53	Olivia FREEMAN	#2	Rhodes	25.31	(1.1)	3/25
2	75	Madjo DOUMBIA	#3	Centre	25.50w	(2.6)	3/4
3		Jailah LOVING	#4	Birmingham-Southern	26.18	(0.2)	4/13
4		Leighan WILLIAMS	#1	Berry	26.50w	(2.6)	3/4
5		Cassidy JENKINS	#8	Oglethorpe	26.69	(-1.2)	4/14
6		Caroline DAVIS	#3	Centre	26.71	(0.0)	4/7
7		Ava DUNN	#2	Rhodes	26.81	(1.5)	3/25
8		Trinity JONES	#4	Birmingham-Southern	27.07	(0.2)	4/13
9		Kya GARDNER	#4	Birmingham-Southern	27.27w	(2.4)	3/17
10		Marianna MOELL	#1	Berry	27.28w	(2.8)	3/4

Women's 400 Meters

1	20	Madjo DOUMBIA	#3	Centre	57.24		4/7
2		Macy MURDOCK	#1	Berry	1:00.04		4/14
3		Sarah NELSON	#1	Berry	1:00.64		4/14
4		Emily THOMPSON	#1	Berry	1:00.71		3/24
5		Ava DUNN	#2	Rhodes	1:01.68		4/15
6		Caroline DAVIS	#3	Centre	1:01.94		4/14
7		Marianna MOELL	#1	Berry	1:02.30		4/14
8		Alexandra RAYBOURN	#5	Millsaps	1:02.48		3/25
9		Isabel FARNSWORTH	#2	Rhodes	1:02.95		3/25
10		Sydney SMITH	#4	Birmingham-Southern	1:03.24		3/31

Women's 400 Meter Hurdles

1	30	Macy MURDOCK	#1	Berry	1:04.62		4/14
2	52	Emily THOMPSON	#1	Berry	1:05.73		3/4
3	85	Josie LOGGINS	#1	Berry	1:06.97		4/14
4		Megan WEILMUNSTER	#2	Rhodes	1:07.59		4/15
5		Janea BOTTINELLI	#3	Centre	1:09.66		4/21
6		Isabel FARNSWORTH	#2	Rhodes	1:11.69		4/6
7		Rachel SULLIVAN	#2	Rhodes	1:13.41		4/15
8		Jocelyn COVANEY	#6	Univ. of the South	1:13.88		3/4
9		Zaralyn KRIEGER	#4	Birmingham-Southern	1:15.27		4/7
10		Samantha UDE	#6	Univ. of the South	1:18.29		4/22

Women's 800 Meters

1		Sophie BOULDIN	#3	Centre	2:20.14		4/14
2		Anna ROSE	#1	Berry	2:23.79		4/14
3		Adelyn SHUPERT	#3	Centre	2:24.87		4/14
4		Erin HAUGH	#3	Centre	2:25.55		4/7
5		Asena ANDERSON	#1	Berry	2:25.68		4/14
6		Sarah NELSON	#1	Berry	2:26.14		3/4
7		Ellie SPEARS	#2	Rhodes	2:27.21		4/15
8		Alexandra RAYBOURN	#5	Millsaps	2:29.82		3/25
9		Layce SANNER	#3	Centre	2:30.03		3/4
10		Mary NUSLOCH	#2	Rhodes	2:31.45		4/6

Women's 1500 Meters

1		Sophie BOULDIN	#3	Centre	4:53.32		4/7
2		Anna ROSE	#1	Berry	4:54.42		4/14
3		Meghan OWENS	#3	Centre	4:55.93		3/25
4		Asena ANDERSON	#1	Berry	4:57.29		4/14
5		Sarah STRICKLAND	#5	Millsaps	5:02.82		3/31
6		Erin HAUGH	#3	Centre	5:04.69		4/14
7		Kate FREYALDENHOVEN	#2	Rhodes	5:06.01		3/25
8		Britany ZIEMER	#2	Rhodes	5:06.66		3/25
9		Mary NUSLOCH	#2	Rhodes	5:11.97		4/15
10		Hastings GRAY	#1	Berry	5:12.09		4/14

Women's Steeplechase

1		Britany ZIEMER	#2	Rhodes	11:58.36		3/17
2		Layce SANNER	#3	Centre	12:16.50		4/7
3		Rachel GAYNOR	#3	Centre	12:19.12		4/1
4		Emma Grace HENDRICKSON	#6	Univ. of the South	12:44.74		3/4
5		Anna LITTLETON	#2	Rhodes	13:00.07		4/15
6		Samantha UDE	#6	Univ. of the South	13:12.61		3/25
7		Meredith WHITE	#2	Rhodes	13:19.77		3/17
8		Katie KANZLER	#2	Rhodes	13:25.31		4/15
9		Emma HENAGER	#2	Rhodes	13:41.36		3/4
10		Rita JOHNSON	#2	Rhodes	13:43.91		4/6



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SAA

Women's 5000 Meters

1	90	Meghan OWENS	#3 Centre	17:43.41	4/1
2		Sophie BOULDIN	#3 Centre	18:06.23	3/4
3		Gracie WEST	#3 Centre	18:25.66	4/14
4		Cara TAYLOR	#3 Centre	18:38.13	4/14
5		Asena ANDERSON	#1 Berry	18:55.29	3/17
6		Hastings GRAY	#1 Berry	18:58.30	3/4
7		Kate FREYALDENHOVEN	#2 Rhodes	19:06.91	3/31
8		Rachel GAYNOR	#3 Centre	19:18.08	4/14
9		Anna ROSE	#1 Berry	19:27.93	3/17
10		Norine MOORE	#1 Berry	19:36.79	3/4

Women's 10,000 Meters

1	10	Meghan OWENS	#3 Centre	35:35.32	4/7
2		Hastings GRAY	#1 Berry	41:06.76	3/17
3		Cara TAYLOR	#3 Centre	41:08.00	4/7
4		Marissa POLIO	#3 Centre	41:30.27	4/7
5		Norine MOORE	#1 Berry	42:36.18	3/17
6		Sinclair DENNEY	#1 Berry	43:03.10	3/17
7		Emily PRESTON	#3 Centre	43:13.13	4/7
8		Maddie RILEY	#3 Centre	43:42.95	4/7
9		Emma Grace HENDRICKSON	#6 Univ. of the South	44:26.60	4/1

Women's 4x100 Relay

1	51	Caroline DAVIS, Jasmine CLAUNCH, Shelby SMITH, Madjo DOUMBIA	#3 Centre	49.00	4/1
2	52	Megan WEILMUNSTER, Ava DUNN, Grace SCOWDEN, Olivia FREEMAN	#2 Rhodes	49.04	4/15
3	77	Leighan WILLIAMS, Macy MURDOCK, Clark KELLY, Emily THOMPSON	#1 Berry	49.57	4/14
4	87	Sydney SMITH, Jailah LOVING, Kya GARDNER, Trinity JONES	#4 Birmingham-Southern	49.75	4/7
5		Ashanti LASTRAPES, Natalie BURKE, Khloe COLAR, Raneé LEVASSEUR	#5 Millsaps	53.57	3/25
6		Cassidy JENKINS, Hannah RHODES, Hailey WRIGHT, Ashley WILLIAMS	#8 Oglethorpe	55.36	4/1

Women's 4x400 Relay

1	96	Marianna MOELL, Macy MURDOCK, Sarah NELSON, Emily THOMPSON	#1 Berry	4:09.45	3/4
2		Olivia FREEMAN, Isabel FARNSWORTH, Megan WEILMUNSTER, Ava DUNN	#2 Rhodes	4:10.83	3/17
3		Janea BOTTINELLI, Sophie BOULDIN, Caroline DAVIS, Madjo DOUMBIA	#3 Centre	4:17.81	4/1
4		Kya GARDNER, Trinity JONES, Zaralyn KRIEGLER, Sydney SMITH	#4 Birmingham-Southern	4:22.89	3/24
5		Sarah STRICKLAND, Tyler HAMBY, Allyssa HEARN, Alexandra RAYBOURN	#5 Millsaps	4:33.15	3/4

Women's High Jump

1	32	Rachel SULLIVAN	#2 Rhodes	1.62m	5-3¾	4/15
2		Eleanor SCOTT	#5 Millsaps	1.55m	5-1	3/4
3		Kathryn CHAMBERS	#2 Rhodes	1.52m	4-11¾	4/15
3		Hailey WRIGHT	#8 Oglethorpe	1.52m	4-11¾	4/14
3		Lucia BERKEY	#2 Rhodes	1.52m	4-11¾	4/15
3		Kym YOUNG	#2 Rhodes	1.52m	4-11¾	4/15
7		Madi DUKE	#1 Berry	1.47m	4-9¾	4/14
8		Emily THOMPSON	#1 Berry	1.45m	4-9	3/17
8		EMBER HUGHES	#7 Hendrix	1.45m	4-9	4/6
10		Macy MURDOCK	#1 Berry	1.42m	4-7¾	3/17

Women's Pole Vault

1	17	Ace COLE	#2 Rhodes	3.67m	12-1½	3/25
2		Madeline HUBBERT	#1 Berry	3.20m	10-6	3/4
3		Sierra SCHMIDT	#5 Millsaps	3.05m	10-0	3/4
3		Maya IHLING	#2 Rhodes	3.05m	10-0	3/31
5		Addie BLAKE	#1 Berry	3.02m	9-10¾	4/14
6		Kylee CRAIG	#2 Rhodes	2.75m	9-¼	3/31
7		Alli HAGLER	#2 Rhodes	2.26m	7-5	4/6

Women's Long Jump

1	21	Jasmine CLAUNCH	#3 Centre	5.59mw	18-4¼ (2.1)	4/14
2	64	Emily THOMPSON	#1 Berry	5.40mw	17-8¾ (2.4)	3/24
3		Callie GORMLEY	#3 Centre	5.24m	17-2¼ (0.7)	4/7
4		Natalie BURKE	#5 Millsaps	5.17m	16-11½ (0.)	4/15
5		Clark KELLY	#1 Berry	5.11mw	16-9¼ (3.2)	4/1
6		Grace SCOWDEN	#2 Rhodes	4.98m	16-4¼ (0.9)	4/15
7		Shelby SMITH	#3 Centre	4.97m	16-3¾ (1.9)	4/1
8		Rachel SULLIVAN	#2 Rhodes	4.95m	16-3 (0.3)	4/15
9		Leighan WILLIAMS	#1 Berry	4.93m	16-2¼ (0.2)	4/14
10		Lucia BERKEY	#2 Rhodes	4.83m	15-10¼ (0.)	4/15



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Women's Triple Jump

1	11	Jasmine CLAUNCH	#3	Centre	11.94m	39-2¼ (-1.1)	4/7
2		Clark KELLY	#1	Berry	10.83mw	35-6½ (2.9)	4/1
3		Rachel SULLIVAN	#2	Rhodes	10.70m	35-1¼ (0.1)	4/15
4		Eleanor SCOTT	#5	Millsaps	10.65mw	34-11¼ (2.3)	3/31
5		Grace SCOWDEN	#2	Rhodes	10.63mw	34-10½ (3.3)	3/25
6		Shelby SMITH	#3	Centre	10.60m	34-9½ (-0.1)	4/7
7		Courtney JONES	#1	Berry	10.38m	34-¾ (1.1)	4/14
8		Natalie BURKE	#5	Millsaps	10.29m	33-9½ (0.3)	3/10
9		Kym YOUNG	#2	Rhodes	10.19m	33-5¼ (1.0)	4/15
10		Amelia DOWLING	#4	Birmingham-Southern	9.87m	32-4¾ (-3.3)	3/17

Women's Shot Put

1	42	Lauren FOUTCH	#3	Centre	12.80m	42-0	4/7
2	96	Malysha WINSTON	#1	Berry	12.15m	39-10½	3/24
3		Avery JONES	#1	Berry	11.99m	39-4	3/24
4		Kym YOUNG	#2	Rhodes	11.71m	38-5	4/15
5		Alivia ALLEN	#7	Hendrix	11.66m	38-3¼	4/6
6		Jillian GRAY	#2	Rhodes	11.59m	38-¼	4/15
7		Zoe CURTIS	#2	Rhodes	11.58m	38-0	3/25
8		Sadie PHILLIPS	#1	Berry	10.66m	34-11¾	4/14
9		Emily THOMPSON	#1	Berry	9.95m	32-7¾	3/17
10		Emma HOWLETT	#6	Univ. of the South	9.66m	31-8½	3/25

Women's Discus

1	36	Lauren FOUTCH	#3	Centre	41.54m	136-4	4/14
2	92	Alivia ALLEN	#7	Hendrix	38.77m	127-3	4/15
3		Kym YOUNG	#2	Rhodes	38.39m	126-0	4/15
4		Jillian GRAY	#2	Rhodes	37.14m	121-10	4/15
5		Lindsey BROWNING	#3	Centre	35.12m	115-3	4/21
6		Zoe CURTIS	#2	Rhodes	34.76m	114-1	3/25
7		Lula HAILEY	#1	Berry	32.79m	107-7	4/14
8		Emma HOWLETT	#6	Univ. of the South	32.01m	105-0	3/25
9		Malysha WINSTON	#1	Berry	31.49m	103-4	3/4
10		Jordan FREDRICKSON	#2	Rhodes	29.34m	96-3¼	4/15

Women's Hammer

1	56	Lauren FOUTCH	#3	Centre	47.70m	156-6	4/21
2		Kym YOUNG	#2	Rhodes	42.93m	140-10	3/31
3		Jillian GRAY	#2	Rhodes	41.84m	137-3	4/15
4		Sadie PHILLIPS	#1	Berry	40.60m	133-3	4/14
5		Malysha WINSTON	#1	Berry	40.30m	132-3	4/14
6		Zoe CURTIS	#2	Rhodes	39.58m	129-10	4/15
7		Lula HAILEY	#1	Berry	39.32m	129-0	4/14
8		Lindsey BROWNING	#3	Centre	37.68m	123-8	4/1
9		Jordan FREDRICKSON	#2	Rhodes	37.27m	122-4	4/15
10		Alivia ALLEN	#7	Hendrix	37.05m	121-7	4/6

Women's Javelin

1	34	Cailin DELEO	#1	Berry	38.37m	125-11	4/14
2	85	Meghan OWENS	#3	Centre	36.33m	119-3	3/25
3		Evan DUET	#2	Rhodes	34.97m	114-9	4/15
4		Zoe CURTIS	#2	Rhodes	34.45m	113-0	4/15
5		Sadie PHILLIPS	#1	Berry	34.28m	112-6	4/14
6		Mallie TAYLOR	#4	Birmingham-Southern	33.31m	109-4	4/13
7		Dayanara MENDEZ	#3	Centre	32.38m	106-3	4/1
8		Tyler HAMBY	#5	Millsaps	30.31m	99-5½	3/31
9		Madi DUKE	#1	Berry	29.84m	97-10¾	4/14
10		Jordan FREDRICKSON	#2	Rhodes	29.76m	97-7¾	3/4

Women's Heptathlon

1	35	Emily THOMPSON	#1	Berry	3,991	3/17
2	74	Macy MURDOCK	#1	Berry	3,327	3/17
3		EMBER HUGHES	#7	Hendrix	2,835	3/17



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Women's 100 Meters

1	63	Trinity MURDOCK	#3	Texas Lutheran	12.30	(1.0)	4/22
2		Ny'Cierra HINTON	#5	St. Thomas (Tex	12.48	(1.0)	4/22
3		Ebonee NATION	#5	St. Thomas (Tex	12.50w	(2.4)	4/13
4		Danya SELBER	#1	Trinity (Texas)	12.60	(0.9)	4/7
4		Mykler RODERIQUE	#5	St. Thomas (Tex	12.60	(1.0)	3/3
6		Shekinah OLOYEDE	#2	Colorado Colleg	12.63	(1.3)	4/22
7		Avery PUIG	#1	Trinity (Texas)	12.74	(1.0)	4/22
8		Lauren MACKRELL	#4	Southwestern (T	12.76w	(2.9)	4/14
9		Yasmin SUBAWALLA	#1	Trinity (Texas)	12.77w	(3.5)	3/25
10		Natalie GARCIA	#3	Texas Lutheran	12.84	(1.2)	3/3
10		Clara LIPPERT	#2	Colorado Colleg	12.84c	(12.77A) (1	4/3

Women's 100 Meter Hurdles

1	49	Ebonee NATION	#5	St. Thomas (Tex	14.92	(1.2)	3/30
2	91	Danya SELBER	#1	Trinity (Texas)	15.38	(1.6)	4/15
3		Taylor NORRELL	#3	Texas Lutheran	15.75	(1.1)	3/3
4		Barbara DUNLAP	#4	Southwestern (T	15.88w	(3.0)	4/14
5		Avery PUIG	#1	Trinity (Texas)	15.89	(0.9)	4/7
6		Ciara CAVAZOS	#3	Texas Lutheran	15.92w	(3.0)	4/14
7		Emma FOWKES	#2	Colorado Colleg	16.03c	(15.99A) (-	3/17
8		Arden NEFF	#4	Southwestern (T	16.14	(0.6)	3/17
9		Hayley HUCK	#1	Trinity (Texas)	16.38	(1.8)	4/7
10		Katelyn BROWN	#3	Texas Lutheran	16.95	(2.0)	3/25

Women's 200 Meters

1	89	Kaela SAWYERS	#5	St. Thomas (Tex	25.61w	(2.4)	4/22
2		Trinity PROVOST	#5	St. Thomas (Tex	25.82	(-0.5)	3/23
3		Danya SELBER	#1	Trinity (Texas)	25.92w	(2.4)	4/22
4		Makayla POWELL	#5	St. Thomas (Tex	26.01w	(2.4)	4/22
4		Clara LIPPERT	#2	Colorado Colleg	26.01w	(2.4)	4/22
6		CC GRAY	#1	Trinity (Texas)	26.03	(1.8)	4/7
6		Taylor KOTFAS	#1	Trinity (Texas)	26.03w	(2.8)	4/22
8		Trinity MURDOCK	#3	Texas Lutheran	26.12w	(2.2)	4/22
8		Shekinah OLOYEDE	#2	Colorado Colleg	26.12w	(2.8)	4/22
10		Natalie GARCIA	#3	Texas Lutheran	26.13w	(2.4)	4/22

Women's 400 Meters

1	90	Taylor KOTFAS	#1	Trinity (Texas)	58.96		3/25
2		CC GRAY	#1	Trinity (Texas)	59.40		3/3
3		Makayla POWELL	#5	St. Thomas (Tex	59.47		3/23
4		Aliya JACKSON	#1	Trinity (Texas)	1:00.17		4/7
5		Christina STINSON	#5	St. Thomas (Tex	1:00.18		4/7
6		Clara LIPPERT	#2	Colorado Colleg	1:00.36		4/22
7		Sealan LEDAT	#1	Trinity (Texas)	1:00.85		4/7
8		Maddie SHOVE	#2	Colorado Colleg	1:01.04c	(1:00.93A)	3/17
9		Ja'Keia WILLIAMS	#3	Texas Lutheran	1:01.07		4/7
9		Lilly VAN METER	#4	Southwestern (T	1:01.07		4/14

Women's 400 Meter Hurdles

1	35	Arden NEFF	#4	Southwestern (T	1:04.82		4/14
2	81	Emma FOWKES	#2	Colorado Colleg	1:06.85		4/22
3		Avery PUIG	#1	Trinity (Texas)	1:07.83		4/22
4		Hayley HUCK	#1	Trinity (Texas)	1:08.25		4/22
5		Lily MCWHORTER	#4	Southwestern (T	1:08.48		4/22
6		Kamilah TANNER	#3	Texas Lutheran	1:09.85		4/22
7		Sage BARTLETT	#3	Texas Lutheran	1:10.36		3/30
8		Ebonee NATION	#5	St. Thomas (Tex	1:12.36		3/23
9		Sophia DELGADO	#5	St. Thomas (Tex	1:12.56		4/22
10		Brenna IANNELLI	#3	Texas Lutheran	1:12.72		4/22

Women's 800 Meters

1		Ella FULLERTON	#2	Colorado Colleg	2:18.92c	(2:19.66A)	3/17
2		Maddie SHOVE	#2	Colorado Colleg	2:19.04c	(2:20.06A)	4/7
3		Isabel OLSON	#2	Colorado Colleg	2:19.92c	(2:20.67A)	3/17
4		Josette GURULE	#1	Trinity (Texas)	2:21.55		4/22
4		Paige TANGNEY	#1	Trinity (Texas)	2:21.55		4/22
6		Tori MATSON	#2	Colorado Colleg	2:21.79c	(2:22.55A)	3/17
7		May LAMB	#2	Colorado Colleg	2:22.90		4/22
8		Abby GOODFRIED	#2	Colorado Colleg	2:22.98		3/3
9		Emily GNECCO	#1	Trinity (Texas)	2:23.38		3/30
10		Madison HABECK	#1	Trinity (Texas)	2:23.53		4/7

Women's 1500 Meters

1	34	Sydney RANKIN	#2	Colorado Colleg	4:37.11		3/11
2		Clare QUINN	#2	Colorado Colleg	4:45.58c	(4:51.72A)	3/17
3		Elliot SINGER	#2	Colorado Colleg	4:47.26c	(4:53.43A)	3/17
4		Isabel OLSON	#2	Colorado Colleg	4:49.75		3/11
5		Emily GNECCO	#1	Trinity (Texas)	4:54.91		3/30
6		Brooktie FROGGE	#2	Colorado Colleg	4:55.13		4/7
7		May LAMB	#2	Colorado Colleg	4:55.61		4/7
8		Alison MUELLER-HICKLER	#2	Colorado Colleg	4:56.04c	(5:02.40A)	3/17
9		Madison HABECK	#1	Trinity (Texas)	4:56.59		3/23
10		Rachel CHIELLA	#4	Southwestern (T	4:58.13		3/17

Women's Steeplechase

1	54	Ellie CATRON	#1	Trinity (Texas)	11:31.34		3/3
2		Rachel CHIELLA	#4	Southwestern (T	11:59.68		3/30
3		Julia SOLANO	#2	Colorado Colleg	12:04.65		4/7
4		Liz WHITE	#2	Colorado Colleg	12:19.84		4/7
5		Maia DYKSTRA	#1	Trinity (Texas)	12:38.06		3/30
6		Caeli TAYLOR	#3	Texas Lutheran	12:48.36		4/22
7		Kathryne ELIZONDO	#1	Trinity (Texas)	13:06.51		4/22
8		Anna KING	#1	Trinity (Texas)	13:10.36		4/22
9		Elizabeth THOMPSON	#1	Trinity (Texas)	13:16.96		3/3
10		Melissa LANDON	#7	Schreiner	14:14.14		4/22



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SCAC

Women's 5000 Meters

1	97	Elliot SINGER	#2	Colorado Colleg	17:47.39	4/7
2		Clare QUINN	#2	Colorado Colleg	17:50.08	4/7
3		Alison MUELLER-HICKLER	#2	Colorado Colleg	18:05.59	3/11
4		Sydney RANKIN	#2	Colorado Colleg	18:13.09	4/22
5		Charlotte FURMAN	#2	Colorado Colleg	18:20.35	4/7
6		Britt HELGAAS	#2	Colorado Colleg	18:26.23	4/7
7		Elaine KASTER	#1	Trinity (Texas)	18:29.00	3/3
8		Dafna WILLIAMS	#2	Colorado Colleg	18:36.31	4/7
9		Liz WHITE	#2	Colorado Colleg	18:42.23	3/11
10		Ellie CATRON	#1	Trinity (Texas)	18:51.58	4/7

Women's 10,000 Meters

1	89	Dafna WILLIAMS	#2	Colorado Colleg	38:33.24	3/11
2	95	Britt HELGAAS	#2	Colorado Colleg	38:50.87	3/11
3		Charlotte FURMAN	#2	Colorado Colleg	39:08.52	3/11
4		Elliot SINGER	#2	Colorado Colleg	39:13.10	4/22
5		Elaine KASTER	#1	Trinity (Texas)	40:08.93	4/22
6		Em MILLER	#1	Trinity (Texas)	41:09.95	4/22
7		Lynzie KUTSNER	#1	Trinity (Texas)	41:26.51	4/22
8		Sophia SANCHEZ	#5	St. Thomas (Tex	42:07.18	4/22
9		Grace ETZEL	#1	Trinity (Texas)	43:36.52	4/22
10		Lily BRAZIL	#2	Colorado Colleg	44:48.39	3/11

Women's 4x100 Relay

1	34	Taylor NORRELL, Ja'Keia WILLIAMS, Trinity MURDOCK, Natalie GARCIA	#3	Texas Lutheran	48.42	3/30
2	36	Kaela SAWYERS, Mykler RODERIQUE, Trinity PROVOST, Ny'Cierra HINTON	#5	St. Thomas (Tex	48.44	4/22
3	46	Avery PUIG, Sealan LEDAT, Joy AREOLA, Danya SELBER	#1	Trinity (Texas)	48.81	4/22
4	70	Katelin PILARSKI, Lauren MACKRELL, Dejahnae THOMPSON, Arden NEFF	#4	Southwestern (T	49.43	4/22
5		Emma FOWKES, Clara LIPPERT, Emma JONES, Shekinah OLOYEDE	#2	Colorado Colleg	50.14	4/22

Women's 4x400 Relay

1	32	CC GRAY, Taylor KOTFAS, Aliya JACKSON, Hayley HUCK	#1	Trinity (Texas)	4:00.91	3/30
2	58	Makayla POWELL, Christina STINSON, Sophia DELGADO, Nelsy VERA	#5	St. Thomas (Tex	4:05.14	4/22
3	90	Ja'Keia WILLIAMS, LeeAnnndrea CANAS, Aaliyah LEAL, Sage BARTLETT	#3	Texas Lutheran	4:08.87	3/25
4	95	Clara LIPPERT, Abby GOODFRIED, Maddie SHOVE, Emma JONES	#2	Colorado Colleg	4:09.35c (4:08.91A)	3/17
5		Arden NEFF, Dejahnae THOMPSON, Lily MCWHORTER, Lilly VAN METER	#4	Southwestern (T	4:13.52	4/7

Women's High Jump

1		Emma JONES	#2	Colorado Colleg	1.53m	5-¼	4/7
1		April KWAN	#2	Colorado Colleg	1.53m	5-¼	4/7
3		Emma FOWKES	#2	Colorado Colleg	1.52m	4-11¾	4/22
4		Katelyn BROWN	#3	Texas Lutheran	1.47m	4-9¾	4/22
5		Peyton BOHLINGER	#1	Trinity (Texas)	1.46m	4-9½	3/25
5		Phoenix SEMAJ	#3	Texas Lutheran	1.46m	4-9½	3/25
7		Hannah JONES	#4	Southwestern (T	1.42m	4-7¾	4/22
8		Jenna HARVEY	#1	Trinity (Texas)	1.41m	4-7½	3/25
8		Demi DURHAM	#1	Trinity (Texas)	1.41m	4-7½	3/25
8		Rachel CHIELLA	#4	Southwestern (T	1.41m	4-7½	3/25

Women's Pole Vault

1	49	Maddy WIETSTRUCK	#1	Trinity (Texas)	3.45m	11-3¾	4/7
2	93	Ashlynn RECKNAGEL	#3	Texas Lutheran	3.30m	10-9¾	4/7
3		Lily DAWSON	#3	Texas Lutheran	3.18m	10-5¼	4/22
3		Kaelin LEISHMAN	#1	Trinity (Texas)	3.18m	10-5¼	4/22
3		Bailey DUEITT	#1	Trinity (Texas)	3.18m	10-5¼	4/22
6		Leandra MOTELET	#4	Southwestern (T	2.88m	9-5¼	4/22
7		Isabelle RIVERA	#4	Southwestern (T	2.75m	9-¼	3/3
8		Brenna IANNELLI	#3	Texas Lutheran	2.43m	7-11½	4/22

Women's Long Jump

1	76	Joy AREOLA	#1	Trinity (Texas)	5.35m	17-6¾ (1.4	4/22
2	85	Maddy WIETSTRUCK	#1	Trinity (Texas)	5.31m	17-5¼ (1.9	4/22
3		Clara LIPPERT	#2	Colorado Colleg	5.19mw	17-½ (3.0)	4/22
4		Aliya NOE	#1	Trinity (Texas)	5.07mw	16-7¾ (3.2	4/22
4		Claudia DAVIS	#5	St. Thomas (Tex	5.07m	16-7¾ (1.0	3/23
6		Lilly VAN METER	#4	Southwestern (T	4.81mw	15-9½ (4.0	4/22
7		Ebonee NATION	#5	St. Thomas (Tex	4.72mw	15-6 (3.4)	4/22
7		April KWAN	#2	Colorado Colleg	4.72m	15-6 (0.0)	4/7
7		Courtney BURNETT	#3	Texas Lutheran	4.72mw	15-6 (2.6)	3/25
10		Shinaya BRANCH	#6	Centenary (La.)	4.68mw	15-4¼ (2.8	4/22



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SCAC

Women's Triple Jump

1	36	Joy AREOLA	#1	Trinity (Texas)	11.36m	37-3¼ (-0.)	4/7
2	58	Maddy WIETSTRUCK	#1	Trinity (Texas)	11.15m	36-7 (1.1)	3/25
3		Aliya NOE	#1	Trinity (Texas)	10.58m	34-8½ (0.2)	4/7
4		Kamilah TANNER	#3	Texas Lutheran	9.95m	32-7¾ (1.5)	4/22
5		Jessie CHIELLA	#4	Southwestern (T)	9.82m	32-2¾ (0.0)	3/17
6		Courtney BURNETT	#3	Texas Lutheran	9.74mw	31-11½ (3.)	4/14
7		April KWAN	#2	Colorado Colleg	9.69mw	31-9¾ (2.4)	4/22
8		Katelyn BROWN	#3	Texas Lutheran	9.66mw	31-8½ (2.1)	4/14
9		Valeria GONZALES	#5	St. Thomas (Tex	9.31m	30-6½ (1.0)	4/22

Women's Shot Put

1		Julissa RODRIGUEZ	#3	Texas Lutheran	12.07m	39-7¼	3/30
2		Emagen STYRA	#3	Texas Lutheran	11.97m	39-3¼	3/25
3		Maggie NAVA	#1	Trinity (Texas)	11.71m	38-5	4/7
4		Kierra FRANCOIS	#1	Trinity (Texas)	11.17m	36-7¾	4/22
5		Kirsten SMITH	#3	Texas Lutheran	11.06m	36-3½	4/7
6		Madeleine SEABOLT	#1	Trinity (Texas)	11.01m	36-1½	3/3
7		Erin CAPELL	#2	Colorado Colleg	10.95m	35-11¼	4/22
8		Kate BALLENGEE	#1	Trinity (Texas)	10.44m	34-3	4/7
9		Maya FLAX	#3	Texas Lutheran	10.35m	33-11½	4/22
10		Kenna KUBENKA	#3	Texas Lutheran	10.23m	33-6¾	4/22

Women's Discus

1	25	Brianna WILSON-LARKIN	#3	Texas Lutheran	42.40m	139-1	4/22
2		Kierra FRANCOIS	#1	Trinity (Texas)	38.49m	126-4	3/3
3		Madeleine SEABOLT	#1	Trinity (Texas)	38.03m	124-9	3/3
4		Kate BALLENGEE	#1	Trinity (Texas)	37.11m	121-9	4/15
5		Julissa RODRIGUEZ	#3	Texas Lutheran	36.93m	121-2	4/22
6		Emagen STYRA	#3	Texas Lutheran	34.29m	112-6	4/22
7		Kirsten SMITH	#3	Texas Lutheran	33.85m	111-1	3/25
8		Sydney BRAUN	#4	Southwestern (T)	33.77m	110-10	4/14
9		Maggie NAVA	#1	Trinity (Texas)	33.41m	109-8	4/22
10		Gizelle GUTIERREZ	#3	Texas Lutheran	32.72m	107-4	3/25

Women's Hammer

1	19	Kierra FRANCOIS	#1	Trinity (Texas)	50.85m	166-10	4/22
2		Julissa RODRIGUEZ	#3	Texas Lutheran	45.13m	148-1	4/14
3		Riley BARLAGE	#4	Southwestern (T)	42.16m	138-4	4/22
4		Kenna KUBENKA	#3	Texas Lutheran	42.14m	138-3	4/22
5		Brianna WILSON-LARKIN	#3	Texas Lutheran	40.39m	132-6	4/22
6		Kirsten SMITH	#3	Texas Lutheran	39.83m	130-8	4/14
7		Gizelle GUTIERREZ	#3	Texas Lutheran	37.47m	122-11	4/14
8		Maggie NAVA	#1	Trinity (Texas)	37.24m	122-2	4/22
9		Kaila HAMILTON	#4	Southwestern (T)	36.11m	118-6	4/22
10		Sydney BRAUN	#4	Southwestern (T)	35.76m	117-4	4/14

Women's Javelin

1	75	Kierra FRANCOIS	#1	Trinity (Texas)	36.69m	120-5	4/7
2		Taylor HUBBARD	#4	Southwestern (T)	35.35m	116-0	4/22
3		Madeleine SEABOLT	#1	Trinity (Texas)	34.82m	114-3	4/15
4		Sydney BRAUN	#4	Southwestern (T)	34.17m	112-1	4/22
5		Julissa RODRIGUEZ	#3	Texas Lutheran	33.34m	109-5	4/22
6		Heather WILSON	#4	Southwestern (T)	33.08m	108-7	4/14
7		Emagen STYRA	#3	Texas Lutheran	31.63m	103-9	4/22
8		Gizelle GUTIERREZ	#3	Texas Lutheran	30.65m	100-7	3/25
9		Alexa MARTIN	#3	Texas Lutheran	29.91m	98-1¾	3/25
10		Julia MACIEL	#3	Texas Lutheran	29.31m	96-2	3/25



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Women's 100 Meters

1	6	Jasmyn CRAWFORD	#5 Whittier	11.85w	(2.4)	4/13
2	19	Sydney HARNESS	#2 Redlands (Calif.)	12.07	(1.1)	4/1
3	27	Rhe Nae LEACH	#5 Whittier	12.10w	(2.3)	3/25
4	48	Alexandra ACKERMAN	#2 Redlands (Calif.)	12.23	(1.1)	4/1
5	83	Makenna LIZARDE	#3 Chapman	12.39	(1.8)	4/1
6		Kaylee SMITH	#3 Chapman	12.48w	(2.1)	3/25
7		Maigan ADAMS	#2 Redlands (Calif.)	12.49w	(2.1)	4/8
8		Khyra STINER	#3 Chapman	12.51w	(3.4)	4/13
9		Talia JOHNSON	#5 Whittier	12.52w	(3.4)	3/25
10		Mackenzie REED	#5 Whittier	12.56w	(2.3)	3/25

Women's 100 Meter Hurdles

1	30	Caroline DELVECCHIO	#1 Claremont-Mud	14.64	(0.9)	4/15
2	37	Eleanor BACHMEIER	#2 Redlands (Calif.)	14.75	(1.3)	4/1
3	54	Mira JUNCAJ	#8 La Verne	14.98	(2.0)	4/7
4	83	Davina TORRES	#5 Whittier	15.35	(2.0)	4/7
5		Khyra STINER	#3 Chapman	15.80	(-0.9)	4/15
6		Elee FAULKNER	#2 Redlands (Calif.)	15.86	(1.3)	4/1
7		Nathalie CASTAÑOS	#5 Whittier	15.98	(2.0)	4/7
8		Jazzlyn JOHNSON	#8 La Verne	16.08	(1.3)	4/1
9		Adva SHILON	#3 Chapman	16.26w	(2.1)	3/25
10		Katarina MARIC	#3 Chapman	16.46	(0.9)	4/1

Women's 200 Meters

1	9	Jasmyn CRAWFORD	#5 Whittier	24.48w	(3.4)	4/13
2	21	Rhe Nae LEACH	#5 Whittier	24.93w	(2.2)	4/1
3	24	Sydney HARNESS	#2 Redlands (Calif.)	24.99w	(2.2)	4/1
4	45	Mackenzie REED	#5 Whittier	25.22w	(2.4)	4/13
5	52	Allison KREMER	#3 Chapman	25.30	(1.9)	4/7
6	93	Makenna LIZARDE	#3 Chapman	25.64	(1.9)	4/1
7	98	Alexandra ACKERMAN	#2 Redlands (Calif.)	25.68	(1.8)	4/15
8		Kaylee SMITH	#3 Chapman	25.74	(1.9)	4/1
9		Katriona KIRKPATRICK	#4 Pomona-Pitzer	25.87	(1.8)	4/15
10		Sabrina SEMMERE	#2 Redlands (Calif.)	26.18w	(2.2)	4/1

Women's 400 Meters

1	21	Allison KREMER	#3 Chapman	57.25		4/13
2	58	Kaylee SMITH	#3 Chapman	58.41		4/1
3	78	Elizabeth HAWLEY	#6 Occidental	58.77		4/1
4		Mackenzie REED	#5 Whittier	59.28		4/13
5		Shriya VELICHALA	#1 Claremont-Mud	1:00.16		4/1
6		Taylor VIERA	#5 Whittier	1:00.57		4/15
7		Jada HIGGINS	#1 Claremont-Mud	1:00.64		4/1
8		Sydney HARNESS	#2 Redlands (Calif.)	1:01.52		4/8
9		Olivia REICHL	#4 Pomona-Pitzer	1:01.76		4/8
10		Chayanit KITNITCHIVA	#3 Chapman	1:01.89		4/15

Women's 400 Meter Hurdles

1	3	Caroline DELVECCHIO	#1 Claremont-Mud	1:01.43		4/7
2	17	Elee FAULKNER	#2 Redlands (Calif.)	1:03.09		4/15
3	32	Eleanor BACHMEIER	#2 Redlands (Calif.)	1:04.67		4/15
4	50	Shriya VELICHALA	#1 Claremont-Mud	1:05.69		4/15
5	90	Katarina MARIC	#3 Chapman	1:07.08		4/15
6	96	Davina TORRES	#5 Whittier	1:07.32		4/7
7		Elisabeth EICHINGER	#2 Redlands (Calif.)	1:08.97		4/15
8		Nicole PLAYER	#4 Pomona-Pitzer	1:09.58		4/8
9		Ciara GILLEN	#6 Occidental	1:09.93		4/1
10		Fatima CERVANTES	#7 Cal Lutheran	1:10.52		4/15

Women's 800 Meters

1	49	Chloe BULLOCK	#2 Redlands (Calif.)	2:16.20		4/8
2	65	Riley CAPUANO	#1 Claremont-Mud	2:16.81		4/8
3		Megan MALEY	#1 Claremont-Mud	2:18.51		4/13
4		Elizabeth HAWLEY	#6 Occidental	2:18.98		3/11
5		Angela GUSHUE	#1 Claremont-Mud	2:19.97		4/8
6		Mia VOCE	#1 Claremont-Mud	2:20.49		4/7
7		Annika CARLSON	#3 Chapman	2:21.90		3/4
8		Samira NEGRETE	#7 Cal Lutheran	2:22.83		3/25
9		Michaela JONES	#4 Pomona-Pitzer	2:23.54		4/8
10		Rhea BRAGANZA	#4 Pomona-Pitzer	2:23.97		4/8

Women's 1500 Meters

1	50	Riley CAPUANO	#1 Claremont-Mud	4:39.22		4/13
2	53	Angela GUSHUE	#1 Claremont-Mud	4:39.76		3/11
3	86	Jenna LANGE	#4 Pomona-Pitzer	4:43.20		4/13
4		Abigail LOISELLE	#4 Pomona-Pitzer	4:44.52		4/1
5		Laura ZIMMER	#1 Claremont-Mud	4:44.96		4/1
6		Megan MALEY	#1 Claremont-Mud	4:46.28		4/8
7		Mira TERDIMAN	#4 Pomona-Pitzer	4:46.78		4/8
8		Anika KIMME	#1 Claremont-Mud	4:47.74		3/4
9		Chloe BULLOCK	#2 Redlands (Calif.)	4:48.83		3/4
10		Ciara GILLEN	#6 Occidental	4:50.04		4/1

Women's Steeplechase

1	51	Chloe BULLOCK	#2 Redlands (Calif.)	11:30.76		4/15
2	71	Ciara GILLEN	#6 Occidental	11:37.52		4/15
3	76	Annika CARLSON	#3 Chapman	11:39.56		4/13
4		Eve MAVY	#2 Redlands (Calif.)	12:17.93		4/15
5		Hannah WEAVER	#1 Claremont-Mud	12:18.86		4/1
6		Chloe CONNOLLY	#4 Pomona-Pitzer	12:28.19		4/1
7		Katy CHU	#9 Caltech	12:28.28		4/15
8		Cordelia HAUTEKEETE	#7 Cal Lutheran	12:29.64		3/25
9		Jenna MILBRODT	#1 Claremont-Mud	12:33.24		4/15
10		Brooke HOUGO	#7 Cal Lutheran	12:36.11		4/15



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Women's 5000 Meters

1	58	Meredith BLOSS	#1	Claremont-Mud	17:32.33	3/11
2	83	Elle MARSYLA	#1	Claremont-Mud	17:41.78	3/11
3	91	Mira TERDIMAN	#4	Pomona-Pitzer	17:44.14	4/13
4	93	Abigail LOISELLE	#4	Pomona-Pitzer	17:44.44	3/11
5	99	Katie CLINE	#4	Pomona-Pitzer	17:48.84	4/13
6		Genevieve DIBARI	#4	Pomona-Pitzer	17:55.35	4/13
7		Anika KIMME	#1	Claremont-Mud	17:58.77	3/11
8		Sophia DALFONZO	#9	Caltech	18:00.00	3/11
9		Jenna LENAY	#6	Occidental	18:00.66	3/11
10		Virginia PISTILLI	#9	Caltech	18:12.37	3/11

Women's 10,000 Meters

1	26	Abigail LOISELLE	#4	Pomona-Pitzer	36:30.63	4/13
2	39	Sophia DALFONZO	#9	Caltech	36:59.04	4/13
3	48	Anika KIMME	#1	Claremont-Mud	37:12.29	4/13
4	69	Jenna LENAY	#6	Occidental	37:57.78	3/24
5	81	Meredith BLOSS	#1	Claremont-Mud	38:22.30	4/13
6	98	Alexandra EMERSON	#4	Pomona-Pitzer	38:58.66	3/24
7		Madison BRAVO	#8	La Verne	41:26.62	3/11

Women's 4x100 Relay

1	3	Jasmyn CRAWFORD, Talia JOHNSON, Mackenzie REED, Rhe Nae LEACH	#5	Whittier	46.81	4/7
2	5	Maigan ADAMS, Alexandra ACKERMAN, Sydney HARNESS, Sabrina SEMMERE	#2	Redlands (Calif.)	47.05	4/1
3	12	Makenna LIZARDE, Kaylee SMITH, Allison KREMER, Zoe ZURASKY	#3	Chapman	47.49	4/7
4	61	Lillie MINSKOFF, Olivia REICHLE, Tene ARIYO, Katriona KIRKPATRICK	#4	Pomona-Pitzer	49.26	4/15
5	97	Jazzlyn JOHNSON, Tamia BROWN, Kelly SANCHEZ, Dawson BELL	#8	La Verne	49.92	4/15
6		Karis PALOMINO, Francesca CANDELIERI, Emmamarie WATKINS, Elizabeth HAWLEY	#6	Occidental	50.08	4/1
7		Sydney BEHRENS, Malia MCCOLL, Shriya VELICHALA, Madison PACKBIER	#1	Claremont-Mud	50.15	4/15
8		Isabela CENICEROS, Ashwitha SURABHI, Lily RANDALL, Lauren PRYOR	#9	Caltech	52.50	3/4

Women's 4x400 Relay

1	5	Kaylee SMITH, Allison KREMER, Makenna LIZARDE, Chayanit KITNITCHIVA	#3	Chapman	3:52.54	4/8
2	24	Katriona KIRKPATRICK, Reia LI, Michaela JONES, Olivia REICHLE	#4	Pomona-Pitzer	4:00.22	4/15
3	46	Shriya VELICHALA, Jada HIGGINS, Alyssa RUIZ, Caroline DELVECCHIO	#1	Claremont-Mud	4:03.60	3/4
4	57	Eleanor BACHMEIER, Cece MATTESON, Elee FAULKNER, Chloe BULLOCK	#2	Redlands (Calif.)	4:05.13	4/1
5	85	Taylor VIERA, Mackenzie REED, Lexi HUFF, Davina TORRES	#5	Whittier	4:08.38	4/1
6		Tia AKASAKI, Francesca CANDELIERI, Alexa POREMBA, Elizabeth HAWLEY	#6	Occidental	4:11.29	4/15
7		Jasmyne HOLLIDAY, Cordelia HAUTEKEETE, Brooke HOUGO, Samira NEGRETE	#7	Cal Lutheran	4:21.34	4/15
8		Sophia ELAM, Lauren GARRIQUES, Alex BURR, Makena RODRIGUEZ	#9	Caltech	4:33.89	3/4
9		Madison BRAVO, Andrea CAMACHO, Peyton CARRERA, Destiny ESPINOZA	#8	La Verne	4:38.70	4/1

Women's High Jump

1	77	Sarah BJORNSON	#7	Cal Lutheran	1.57m	5-1¾	4/15
2		Elizabeth KIRSCHNER	#1	Claremont-Mud	1.55m	5-1	4/1
2		Tene ARIYO	#4	Pomona-Pitzer	1.55m	5-1	3/25
4		Zoe ZURASKY	#3	Chapman	1.53m	5-¼	4/7
5		Bridget FERGUSON	#6	Occidental	1.52m	4-11¾	4/15
6		Ha'ani UNTALAN	#8	La Verne	1.51m	4-11½	4/15
6		Simone ROGERS	#1	Claremont-Mud	1.51m	4-11½	4/15
8		Adva SHILON	#3	Chapman	1.50m	4-11	4/1
8		Elee FAULKNER	#2	Redlands (Calif.)	1.50m	4-11	4/1
8		Mai Linh WONG	#6	Occidental	1.50m	4-11	4/8
8		Cameryn OKAMURA	#1	Claremont-Mud	1.50m	4-11	3/4
8		Fatima CERVANTES	#7	Cal Lutheran	1.50m	4-11	4/1



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SCIAC

Women's Pole Vault

1	5	Brooke SIMON	#1	Claremont-Mud	3.85m	12-7½	4/1
2	17	Karissa RICKS	#5	Whittier	3.67m	12-½	3/4
3	39	Madeline SEIFERT	#1	Claremont-Mud	3.52m	11-6½	4/15
4	41	Kalea BROWN	#3	Chapman	3.50m	11-5¾	3/17
5	79	Savannah ENGLER	#2	Redlands (Calif.)	3.35m	10-11¾	4/15
5	79	Adva SHILON	#3	Chapman	3.35m	10-11¾	4/1
5	79	Isabella MILANO	#1	Claremont-Mud	3.35m	10-11¾	4/1
8		Isabella AU	#3	Chapman	3.20m	10-6	3/17
9		Sarah BJORNSON	#7	Cal Lutheran	3.05m	10-0	3/11
9		Samantha DANIELS	#3	Chapman	3.05m	10-0	3/17

Women's Long Jump

1	14	Maigan ADAMS	#2	Redlands (Calif.)	5.65m	18-6½ (1.3)	4/15
2	33	Rhe Nae LEACH	#5	Whittier	5.52m	18-1½ (-0)	3/4
3	49	Ciara AW	#2	Redlands (Calif.)	5.45m	17-10¾ (-0)	4/15
4		Ella BOWERS	#4	Pomona-Pitzer	5.06m	16-7¼ (-0)	3/4
5		Elizabeth KIRSCHNER	#1	Claremont-Mud	5.04m	16-6½ (2.0)	4/7
5		Kalea BROWN	#3	Chapman	5.04m	16-6½ (1.4)	3/25
7		Ha'ani UNTALAN	#8	La Verne	4.99m	16-4½ (1.1)	3/17
8		Christen WILEY	#2	Redlands (Calif.)	4.94mw	16-2½ (2.2)	4/1
9		Caroline DELVECCHIO	#1	Claremont-Mud	4.93m	16-2¼ (0.0)	4/1
10		Khairat RAJI	#4	Pomona-Pitzer	4.91m	16-1½ (0.4)	4/1
10		Aij MCFARLAND	#3	Chapman	4.91mw	16-1½ (2.7)	3/25

Women's Triple Jump

1	47	Maigan ADAMS	#2	Redlands (Calif.)	11.24m	36-10½ (-0)	4/15
2	74	Ella BOWERS	#4	Pomona-Pitzer	11.03m	36-2¼ (1.5)	4/1
3	88	Ciara AW	#2	Redlands (Calif.)	10.96m	35-11½ (0)	4/15
4		Khairat RAJI	#4	Pomona-Pitzer	10.68m	35-½ (-0.1)	3/25
5		Kalea BROWN	#3	Chapman	10.67m	35-¼ (0.5)	4/1
6		Lilly COOPER	#3	Chapman	10.62m	34-10¼ (-0)	3/4
7		Fatima CERVANTES	#7	Cal Lutheran	10.50m	34-5½ (-1)	4/8
7		Christen WILEY	#2	Redlands (Calif.)	10.50m	34-5½ (-2)	4/7
9		Jenna PARKER	#5	Whittier	10.44m	34-3 (-0.6)	4/8
10		Nicole PLAYER	#4	Pomona-Pitzer	10.34m	33-11¼ (1)	4/15

Women's Shot Put

1	71	Timony SHERRY	#2	Redlands (Calif.)	12.38m	40-7½	4/1
2		Zaria OPARA	#7	Cal Lutheran	12.00m	39-4½	4/1
3		Jadyn AYALA	#3	Chapman	11.38m	37-4	4/15
4		Gabriella KNUITSEN	#6	Occidental	11.29m	37-½	4/15
5		Carly KIRSH	#1	Claremont-Mud	10.95m	35-11¼	4/1
6		Emily BURGER	#1	Claremont-Mud	10.86m	35-7¾	4/15
7		Megan ROBERSTON	#9	Caltech	10.63m	34-10½	4/15
8		Emily HELDENBRAND	#8	La Verne	10.58m	34-8½	3/25
9		Caeli HAVEL	#2	Redlands (Calif.)	10.52m	34-6¼	4/15
10		Noelle CHAVEZ	#2	Redlands (Calif.)	10.33m	33-10¾	3/17

Women's Discus

1	40	Noelle CHAVEZ	#2	Redlands (Calif.)	41.22m	135-3	4/1
2	51	Zaria OPARA	#7	Cal Lutheran	40.55m	133-1	4/1
3	78	Caeli HAVEL	#2	Redlands (Calif.)	39.43m	129-5	4/1
4		Leslie SERNAQUE FALCON	#2	Redlands (Calif.)	37.41m	122-9	4/1
5		Megan ROBERSTON	#9	Caltech	36.50m	119-9	3/17
6		Jadyn AYALA	#3	Chapman	35.87m	117-8	3/25
7		Carly KIRSH	#1	Claremont-Mud	35.86m	117-8	4/15
8		Sara ANDERSON	#4	Pomona-Pitzer	34.48m	113-2	4/1
9		Timony SHERRY	#2	Redlands (Calif.)	34.42m	112-11	4/7
10		Natalia WILLIAMS	#5	Whittier	33.71m	110-7	4/15

Women's Hammer

1	47	Antonia HEKSTER	#1	Claremont-Mud	48.15m	158-0	4/7
2	81	Zaria OPARA	#7	Cal Lutheran	46.45m	152-5	4/1
3		Leslie SERNAQUE FALCON	#2	Redlands (Calif.)	44.51m	146-1	4/15
4		Megan ROBERSTON	#9	Caltech	44.45m	145-10	3/4
5		Grace BEATY	#2	Redlands (Calif.)	41.09m	134-10	3/17
6		Noelle CHAVEZ	#2	Redlands (Calif.)	39.56m	129-10	3/4
7		Carly KIRSH	#1	Claremont-Mud	39.22m	128-8	4/1
8		Cheyenne RODRIGUEZ	#7	Cal Lutheran	38.39m	126-0	4/1
9		Jadyn AYALA	#3	Chapman	37.21m	122-1	4/15
10		Emily HU	#9	Caltech	36.02m	118-2	3/4

Women's Javelin

1	42	Emily BURGER	#1	Claremont-Mud	37.67m	123-7	3/4
2	57	Emily HELDENBRAND	#8	La Verne	37.17m	122-0	3/4
3	96	Logan SPOONEMORE	#4	Pomona-Pitzer	35.76m	117-4	4/15
4		Natalia WILLIAMS	#5	Whittier	35.14m	115-4	4/15
5		Michelle LAGUNAS-MONROY	#6	Occidental	31.84m	104-6	4/1
6		Antonia HEKSTER	#1	Claremont-Mud	31.30m	102-8	3/17
7		Georgia ARNOLD	#1	Claremont-Mud	30.39m	99-8½	4/8
8		Brianna HUYNH	#4	Pomona-Pitzer	30.15m	98-11	4/8
9		Kate COBAIN	#6	Occidental	29.94m	98-2¾	4/1
10		Davina TORRES	#5	Whittier	29.40m	96-5½	3/25

Women's Heptathlon

1	32	Eleanor BACHMEIER	#2	Redlands (Calif.)	4,055		4/6
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Conference TFRI Event Summary

as of 4/24/2023 8:01:00 AM

Skyline

Women's 100 Meters

1	Alexxis MCNEIL	#1	Farmingdale Sta	12.73	(0.2)	4/23
2	Jessica KERRIGAN	#2	Mount Saint Mar	13.55	(0.0)	4/14
3	Meghan CICHON	#1	Farmingdale Sta	13.69	(0.2)	4/23
3	Kira PORZIO	#3	Merchant Marine	13.69	(0.0)	4/23
5	Jennifer SCHMIDT	#4	Manhattanville	13.93	(0.2)	4/23
5	Maria BALDWIN	#2	Mount Saint Mar	13.93	(1.1)	4/14
7	Jasper SCHINELLER	#3	Merchant Marine	14.20	(0.0)	4/23
8	Mia HARRIS	#1	Farmingdale Sta	14.35	(1.5)	4/1
8	Stephanie SCHATZMAN	#3	Merchant Marine	14.35	(0.0)	4/23
10	Kimberlyn DAVID	#1	Farmingdale Sta	14.38	(0.2)	4/23

Women's 100 Meter Hurdles

1	Emily RUSSELL	#1	Farmingdale Sta	17.75	(0.9)	4/1
2	Lily O'BRIEN	#2	Mount Saint Mar	18.24	(-0.2)	4/14
3	Amira KEMP	#1	Farmingdale Sta	18.39	(-1.3)	4/7
4	Kaitlin HANSEN	#2	Mount Saint Mar	19.31	(0.3)	4/14
5	Catherine MASAYDA	#2	Mount Saint Mar	19.52	(-0.9)	4/2
6	Anna HERCULES	#3	Merchant Marine	19.53	(-1.2)	4/15
7	Christania FEDE	#1	Farmingdale Sta	21.37	(-0.1)	4/7

Women's 200 Meters

1	Alexxis MCNEIL	#1	Farmingdale Sta	26.15	(0.0)	4/23
2	Jasper SCHINELLER	#3	Merchant Marine	28.62	(1.6)	4/23
3	Meghan CICHON	#1	Farmingdale Sta	28.64	(0.0)	4/23
4	Maria BALDWIN	#2	Mount Saint Mar	28.97	(-2.8)	4/14
5	Jennifer SCHMIDT	#4	Manhattanville	29.08	(0.0)	4/23
6	Olivia FINNEGAN	#1	Farmingdale Sta	29.67	(0.0)	4/23
7	Jessica KERRIGAN	#2	Mount Saint Mar	30.02	(1.6)	4/23
8	Stephanie SCHATZMAN	#3	Merchant Marine	30.32	(0.0)	4/23
9	Jillian KOSKY	#1	Farmingdale Sta	30.67	(1.6)	4/23
10	Mia HARRIS	#1	Farmingdale Sta	30.85	(1.8)	4/1

Women's 400 Meters

1	Jasper SCHINELLER	#3	Merchant Marine	1:03.95		4/23
2	Anabel ROMMER	#1	Farmingdale Sta	1:04.72		4/23
3	Jennifer SCHMIDT	#4	Manhattanville	1:06.43		4/23
4	Sarah LYON	#3	Merchant Marine	1:06.82		4/23
5	Jillian KOSKY	#1	Farmingdale Sta	1:07.86		4/23
6	Maria BALDWIN	#2	Mount Saint Mar	1:08.07		4/2
7	Kaitlin HANSEN	#2	Mount Saint Mar	1:08.54		4/23
8	Skyler BURNHAM	#3	Merchant Marine	1:09.76		4/23
9	Raina QUINONES	#2	Mount Saint Mar	1:11.96		4/23
10	Nicole PICKETT	#1	Farmingdale Sta	1:12.89		4/1

Women's 400 Meter Hurdles

1	Lily O'BRIEN	#2	Mount Saint Mar	1:13.86		4/14
2	Lindsey JOLLY	#1	Farmingdale Sta	1:14.65		4/23
3	Kaitlin HANSEN	#2	Mount Saint Mar	1:14.98		4/23
4	Katherine KERCHNER	#3	Merchant Marine	1:17.53		4/23
5	Catherine MASAYDA	#2	Mount Saint Mar	1:20.28		4/14
6	Amira KEMP	#1	Farmingdale Sta	1:23.48		4/23
7	Jessica KERRIGAN	#2	Mount Saint Mar	1:24.32		4/23
8	Anna HERCULES	#3	Merchant Marine	1:33.98		4/2

Women's 800 Meters

1	Sayra RAYA	#3	Merchant Marine	2:25.99		4/23
2	Alycia HAYNES	#1	Farmingdale Sta	2:28.11		4/1
3	Sarah LYON	#3	Merchant Marine	2:33.04		4/8
4	Emily RUSSELL	#1	Farmingdale Sta	2:38.86		4/23
5	Sara KENNENBERG	#2	Mount Saint Mar	2:40.41		4/23
6	Skyler BURNHAM	#3	Merchant Marine	2:41.92		4/8
7	Veronica RICHARDS	#3	Merchant Marine	2:47.98		4/8
8	Priya PATEL	#2	Mount Saint Mar	2:54.00		4/2
9	Angelyne SILVERIO	#4	Manhattanville	2:54.97		3/31
10	Amira KEMP	#1	Farmingdale Sta	3:24.19		4/7

Women's 1500 Meters

1	Jaquelynn SHEEDY	#3	Merchant Marine	4:57.65		4/23
2	Alycia HAYNES	#1	Farmingdale Sta	5:01.55		4/23
3	Sayra RAYA	#3	Merchant Marine	5:03.72		4/23
4	Sarah LYON	#3	Merchant Marine	5:17.56		4/15
5	Sara KENNENBERG	#2	Mount Saint Mar	5:27.17		4/23
6	Lindsey JOLLY	#1	Farmingdale Sta	5:32.71		4/23
7	Veronica RICHARDS	#3	Merchant Marine	5:39.95		4/23
8	Priya PATEL	#2	Mount Saint Mar	6:12.11		4/23

Women's Steeplechase

1	Katherine KERCHNER	#3	Merchant Marine	12:52.44		4/8
2	Michaela RAPISARDA	#1	Farmingdale Sta	13:36.44		4/23
3	Lindsey JOLLY	#1	Farmingdale Sta	13:47.73		4/23
4	Priya PATEL	#2	Mount Saint Mar	15:17.77		4/23
5	Alyssa MILLBURN	#2	Mount Saint Mar	17:27.35		4/23

Women's 5000 Meters

1	Jaquelynn SHEEDY	#3	Merchant Marine	19:09.42		4/23
2	Alycia HAYNES	#1	Farmingdale Sta	20:06.37		4/23
3	Katherine KERCHNER	#3	Merchant Marine	20:20.64		4/2
4	Sayra RAYA	#3	Merchant Marine	20:43.42		4/23
5	Michaela RAPISARDA	#1	Farmingdale Sta	22:11.79		4/23
6	Sara KENNENBERG	#2	Mount Saint Mar	23:20.54		4/23
7	Priya PATEL	#2	Mount Saint Mar	23:49.04		4/23
8	Lily O'BRIEN	#2	Mount Saint Mar	25:39.09		4/23



Conference TFRI Event Summary

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Skyline

Women's 4x100 Relay

1	Meghan CICHON, Olivia FINNEGAN, Jillian KOSKY, Alexxis MCNEIL	#1 Farmingdale Sta	52.83	4/23
2	Jasper SCHINELLER, Stephanie SCHATZMAN, Kira PORZIO, Sarah LYON	#3 Merchant Marine	53.67	4/23
3	Jessica KERRIGAN, Kaitlin HANSEN, Raina QUINONES, Catherine MASAYDA	#2 Mount Saint Mar	55.52	4/23
4	Julia TORRESO, Jennifer SCHMIDT, Angelyne SILVERIO, Tomoka ASAKUMA	#4 Manhattanville	56.96	4/23

Women's 4x400 Relay

1	Anabel ROMMER, Jillian KOSKY, Meghan CICHON, Alexxis MCNEIL	#1 Farmingdale Sta	4:24.28	4/23
2	Jasper SCHINELLER, Skyler BURNHAM, Sayra RAYA, Sarah LYON	#3 Merchant Marine	4:27.64	4/23
3	Angelyne SILVERIO, Jennifer SCHMIDT, Julia TORRESO, Tomoka ASAKUMA	#4 Manhattanville	5:00.75	4/23
4	Maria BALDWIN, Jessica KERRIGAN, Priya PATEL, Catherine MASAYDA	#2 Mount Saint Mar	5:15.70	4/2

Women's High Jump

1	3 Kira PORZIO	#3 Merchant Marine	1.70m	5-7	4/2
2	Emily RUSSELL	#1 Farmingdale Sta	1.55m	5-1	4/1
3	Catherine MASAYDA	#2 Mount Saint Mar	1.45m	4-9	4/2
4	Maria BALDWIN	#2 Mount Saint Mar	1.43m	4-8½	4/14
4	Lily O'BRIEN	#2 Mount Saint Mar	1.43m	4-8½	4/23
4	Amira KEMP	#1 Farmingdale Sta	1.43m	4-8½	4/7
7	Jessica KERRIGAN	#2 Mount Saint Mar	1.38m	4-6½	4/23
8	Olivia FINNEGAN	#1 Farmingdale Sta	1.37m	4-6	4/7
9	Grace THOMAS	#3 Merchant Marine	1.18m	3-10½	4/23

Women's Pole Vault

1	Michaela RAPISARDA	#1 Farmingdale Sta	2.32m	7-7¼	4/23
2	Lindsey JOLLY	#1 Farmingdale Sta	2.12m	6-11½	4/23

Women's Long Jump

1	Kira PORZIO	#3 Merchant Marine	4.86m	15-11½	0. 4/23
2	Emily RUSSELL	#1 Farmingdale Sta	4.76m	15-7½	-0. 4/23
3	Lily O'BRIEN	#2 Mount Saint Mar	4.72m	15-6	(-0.1) 4/23
4	Stephanie SCHATZMAN	#3 Merchant Marine	4.66m	15-3½	(0.0) 4/2
5	Olivia FINNEGAN	#1 Farmingdale Sta	4.61m	15-1½	(-0. 4/23
5	Amira KEMP	#1 Farmingdale Sta	4.61m	15-1½	(-0. 4/23
7	Jessica KERRIGAN	#2 Mount Saint Mar	4.45m	14-7¼	(0.4 4/23
7	Catherine MASAYDA	#2 Mount Saint Mar	4.45m	14-7¼	(0.5 4/23
9	Maria BALDWIN	#2 Mount Saint Mar	4.19m	13-9	(0.0) 3/25
10	Kaitlin HANSEN	#2 Mount Saint Mar	4.16m	13-7¾	(-0. 4/23

Women's Triple Jump

1	Lily O'BRIEN	#2 Mount Saint Mar	9.90m	32-5¾	(0.2 4/23
2	Olivia FINNEGAN	#1 Farmingdale Sta	9.73m	31-11¼	(-1 4/23
3	Stephanie SCHATZMAN	#3 Merchant Marine	9.70m	31-10	(0.0) 4/23
4	Jessica KERRIGAN	#2 Mount Saint Mar	8.93m	29-3¾	(-0. 4/14
5	Amira KEMP	#1 Farmingdale Sta	8.90m	29-2½	(0.1 4/23
6	Catherine MASAYDA	#2 Mount Saint Mar	8.85m	29-½	(0.2) 4/14
7	Alyssa MILLBURN	#2 Mount Saint Mar	8.58m	28-1¾	(-1. 4/14
8	Kaitlin HANSEN	#2 Mount Saint Mar	8.46m	27-9¼	(0.0 4/14
9	Kenia HURTADO	#1 Farmingdale Sta	8.42m	27-7½	(0.2 4/23
10	Meghan CICHON	#1 Farmingdale Sta	8.10m	26-7	(0.0) 4/23

Women's Shot Put

1	Shea CURRAN	#3 Merchant Marine	11.18m	36-8¼	4/23
2	Emily RUSSELL	#1 Farmingdale Sta	10.95m	35-11¼	4/23
3	Lindsey MEDINA	#2 Mount Saint Mar	9.54m	31-3¾	4/14
4	Madelyn KARMAN	#1 Farmingdale Sta	9.52m	31-2¾	4/23
4	Julia TORRESO	#4 Manhattanville	9.52m	31-2¾	4/23
6	Emily SCHNEIDER	#2 Mount Saint Mar	8.88m	29-1¾	3/25
7	Reyna BAUMANN	#2 Mount Saint Mar	8.81m	28-11	4/23
8	Fiona YOSTPILLE	#4 Manhattanville	8.00m	26-3	4/23
9	Raina QUINONES	#2 Mount Saint Mar	7.61m	24-11¾	4/23
10	Christiana FEDE	#1 Farmingdale Sta	7.55m	24-9¼	3/25

Women's Discus

1	Shea CURRAN	#3 Merchant Marine	34.01m	111-7	4/23
2	Emily SCHNEIDER	#2 Mount Saint Mar	29.96m	98-3½	3/25
3	Fiona YOSTPILLE	#4 Manhattanville	27.31m	89-7¼	4/7
4	Madelyn KARMAN	#1 Farmingdale Sta	26.72m	87-8	4/23
5	Julia TORRESO	#4 Manhattanville	26.56m	87-1¾	4/23
6	Lindsey MEDINA	#2 Mount Saint Mar	23.79m	78-¾	4/2
7	Florence HARRISON	#4 Manhattanville	22.12m	72-7	4/7
8	Raina QUINONES	#2 Mount Saint Mar	22.10m	72-6¼	4/23
9	Melissa REYES	#1 Farmingdale Sta	20.07m	65-10¼	4/23
10	Reyna BAUMANN	#2 Mount Saint Mar	17.05m	55-11¼	4/2



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Skyline

Women's Hammer

1	Emily SCHNEIDER	#2	Mount Saint Mar	41.36m	135-9	4/23
2	Lindsey MEDINA	#2	Mount Saint Mar	33.93m	111-4	4/23
3	Madelyn KARMAN	#1	Farmingdale Sta	31.58m	103-8	4/23
4	Shea CURRAN	#3	Merchant Marine	25.70m	84-4	4/23
5	Rebecca MEADE	#2	Mount Saint Mar	23.92m	78-5¾	4/23
6	Amaya WILSON	#3	Merchant Marine	22.82m	74-10½	4/23
7	Melissa REYES	#1	Farmingdale Sta	22.60m	74-1¾	4/23
8	Lilly LA ROCCA	#2	Mount Saint Mar	18.00m	59-¾	4/23

Women's Javelin

1	Shea CURRAN	#3	Merchant Marine	29.00m	95-1¾	4/23
2	Julia TORRESO	#4	Manhattanville	27.60m	90-6¾	4/23
3	Emily RUSSELL	#1	Farmingdale Sta	24.82m	81-5¼	3/25
4	Lindsey JOLLY	#1	Farmingdale Sta	22.90m	75-1¾	4/23
5	Fiona YOSTPILLE	#4	Manhattanville	21.20m	69-6¾	4/23
6	Veronica RICHARDS	#3	Merchant Marine	20.12m	66-¼	4/23
7	Meghan CICHON	#1	Farmingdale Sta	19.15m	62-10	4/23
8	Melissa REYES	#1	Farmingdale Sta	17.63m	57-10¼	3/25
9	Rebecca MEADE	#2	Mount Saint Mar	15.96m	52-4½	4/14
10	Reyna BAUMANN	#2	Mount Saint Mar	15.62m	51-3	4/14

Women's Heptathlon

1	Amira KEMP	#1	Farmingdale Sta	2,433	4/7
2	Christania FEDE	#1	Farmingdale Sta	1,208	4/7



Conference TFRI Event Summary

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SLIAC

Women's 100 Meters

1	51	Cayden SHARP	#1	Greenville	12.24w	(3.3)	4/15
2		Sara YAKANA	#1	Greenville	12.64w	(2.3)	4/15
3		Michaiah ADAMS	#2	Mississippi Univ.	12.67	(1.2)	3/17
4		Cheyenne BRADSHAW	#1	Greenville	12.78w	(2.3)	4/15
5		Madelyn HUFFSTETTER	#5	Fontbonne	12.92w	(2.9)	4/15
6		Jocelyn FRITZ	#1	Greenville	12.95w	(2.5)	3/31
7		Aziyah MCGHEE	#2	Mississippi Univ.	13.02	(0.5)	4/15
8		Alexa SEGER	#1	Greenville	13.07w	(2.3)	4/15
9		Mirsa BOYER	#4	Principia	13.22	(0.4)	4/7
10		Vonisha TOWNS	#2	Mississippi Univ.	13.23	(0.8)	3/17

Women's 100 Meter Hurdles

1	39	Cayden SHARP	#1	Greenville	14.77	(-0.5)	4/21
2	60	Vanessa JONES	#3	Webster	15.03	(0.9)	4/7
3		Jocelyn FRITZ	#1	Greenville	16.61	(0.8)	4/15
4		Kaitlyn MCREE	#2	Mississippi Univ.	18.03	(0.2)	3/17
5		Olivia NELSEN	#3	Webster	18.06	(-0.2)	4/21
6		Dawn WILSON	#8	Spalding	18.79w	(2.9)	3/17

Women's 200 Meters

1	50	Cayden SHARP	#1	Greenville	25.28	(0.9)	4/13
2		Michaiah ADAMS	#2	Mississippi Univ.	26.30	(0.3)	4/15
3		Vonisha TOWNS	#2	Mississippi Univ.	26.40	(1.6)	3/25
4		Eyonna OWENS	#1	Greenville	26.41w	(3.2)	3/31
5		Moenaisa SIDIQUE	#7	Westminster (M)	26.43	(2.0)	4/15
5		Aziyah MCGHEE	#2	Mississippi Univ.	26.43	(0.3)	4/15
7		Sara YAKANA	#1	Greenville	26.66	(0.5)	4/21
8		Jocelyn FRITZ	#1	Greenville	26.99	(1.5)	4/7
9		Cheyenne BRADSHAW	#1	Greenville	27.04	(2.0)	4/15
10		Madelyn HUFFSTETTER	#5	Fontbonne	27.35	(1.8)	4/15

Women's 400 Meters

1		Eyonna OWENS	#1	Greenville	1:00.16		4/15
2		Moenaisa SIDIQUE	#7	Westminster (M)	1:01.31		4/7
3		Rachel FISHER	#6	Eureka	1:03.01		4/15
4		Aziyah MCGHEE	#2	Mississippi Univ.	1:03.26		3/25
5		Micah BARNES	#3	Webster	1:03.31		4/21
6		Alexa LOFGREN	#5	Fontbonne	1:03.52		4/8
7		Alexis ROBERTS	#1	Greenville	1:04.24		4/7
8		Vonisha TOWNS	#2	Mississippi Univ.	1:05.01		3/25
9		Payten GEPPERT	#1	Greenville	1:05.70		4/21
10		Vanessa COMPTON	#1	Greenville	1:06.00		3/31

Women's 400 Meter Hurdles

1	68	Kaitlyn MCREE	#2	Mississippi Univ.	1:06.40		3/25
2	89	Cayden SHARP	#1	Greenville	1:07.07		4/21
3		Olivia NELSEN	#3	Webster	1:10.82		4/7
4		Alexis ROBERTS	#1	Greenville	1:12.80		4/15
5		Vanessa JONES	#3	Webster	1:13.15		4/21
6		Eva SCHWAAB	#1	Greenville	1:22.22		4/21
7		Vivienne REINHARDT	#8	Spalding	1:22.65		3/24

Women's 800 Meters

1		Olivia MANSFIELD	#1	Greenville	2:22.82		4/21
2		Norah SWINIGAN	#1	Greenville	2:26.46		4/21
3		Rachel FISHER	#6	Eureka	2:26.54		3/24
4		Vanessa COMPTON	#1	Greenville	2:28.72		4/21
5		Karissa HEFFERNAN	#6	Eureka	2:30.90		3/24
6		Brooklyn MCKEE	#1	Greenville	2:31.51		3/25
7		Megan BARTZ	#3	Webster	2:35.33		3/31
8		Leah BROWN	#1	Greenville	2:36.39		4/21
9		Cayden SHARP	#1	Greenville	2:36.66		4/13
10		Sedina LOGAN	#1	Greenville	2:38.16		4/15

Women's 1500 Meters

1		Karissa HEFFERNAN	#6	Eureka	4:59.84		4/15
2		Gretchen CARIE	#1	Greenville	5:09.49		4/15
3		Norah SWINIGAN	#1	Greenville	5:10.95		4/7
4		Sedina LOGAN	#1	Greenville	5:13.25		4/7
5		Leah BROWN	#1	Greenville	5:22.86		4/7
6		Brook SCHUTT	#1	Greenville	5:29.26		4/7
7		Olivia MANSFIELD	#1	Greenville	5:35.03		4/7
8		Makenna HINTZ	#1	Greenville	5:39.55		4/21
9		Laura MAYO	#4	Principia	5:40.45		4/15
10		Geena RICHARDS	#4	Principia	5:42.26		4/21

Women's Steeplechase

1		Gretchen CARIE	#1	Greenville	12:26.40		4/7
2		Laura MAYO	#4	Principia	13:16.91		4/21
3		Geena RICHARDS	#4	Principia	13:52.74		3/17
4		Sarah KIMBRO	#6	Eureka	15:18.02		4/7

Women's 5000 Meters

1		Gretchen CARIE	#1	Greenville	19:54.31		3/31
2		Brook SCHUTT	#1	Greenville	20:33.66		4/15
3		Sedina LOGAN	#1	Greenville	20:48.51		3/31
4		Laura MAYO	#4	Principia	22:05.69		4/7
5		Sarah ERICKSON	#4	Principia	23:55.96		3/17
6		Katie LEEKER	#5	Fontbonne	25:30.83		4/8

Women's 4x100 Relay

1	30	Cayden SHARP, Laila GRAHAM, Jocelyn FRITZ, Sara YAKANA	#1	Greenville	48.31		4/21
2		Michaiah ADAMS, Aziyah MCGHEE, Kaitlyn MCREE, Vonisha TOWNS	#2	Mississippi Univ.	50.03		4/8



Conference TFRI Event Summary

as of 4/24/2023 8:01:01 AM

SLIAC

Women's 4x400 Relay

1	Eyonna OWENS, Payten GEPPERT, Vanessa COMPTON, Olivia MANSFIELD	#1 Greenville	4:12.89	4/21
2	Micah BARNES, Megan BARTZ, Olivia NELSEN, Kianna PATTON	#3 Webster	4:40.68	3/31
3	Karissa HEFFERNAN, Jaden RANDALL, Sarah KIMBRO, Rachel FISHER	#6 Eureka	4:50.11	4/7
4	Kaylee KLEIST, Madi LESLIE, Joy ONYECHI, Mirsa BOYER	#4 Principia	4:55.70	3/17
5	Emily EITZENHEFER, Sarah OLSON, Olivia LEEMON, Molly KOSKEY	#9 Blackburn	5:26.33	4/15

Women's High Jump

1 45	Anna Beth VANCIL	#1 Greenville	1.60m	5-3	3/25
1 45	Cayden SHARP	#1 Greenville	1.60m	5-3	3/31
3	Laila GRAHAM	#1 Greenville	1.55m	5-1	3/31
4	Erin JONES	#2 Mississippi Univ.	1.49m	4-10½	4/15
5	Ariana WILLIAMS	#4 Principia	1.48m	4-10¼	4/15
5	Hannah MYERS	#7 Westminster (M)	1.48m	4-10¼	4/15
7	Emily EITZENHEFER	#9 Blackburn	1.33m	4-4¼	4/15
7	Kaitlyn MCREE	#2 Mississippi Univ.	1.33m	4-4¼	3/17

Women's Pole Vault

1	Amber GLAZEBROOK	#1 Greenville	2.43m	7-11½	4/15
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Women's Long Jump

1 36	Laila GRAHAM	#1 Greenville	5.51m	18-1 (2.0)	4/15
2 49	Cayden SHARP	#1 Greenville	5.45m	17-10¾ (-3)	4/7
3 89	Sara YAKANA	#1 Greenville	5.29m	17-4¼ (0.1)	4/21
4	Lainey HICKS	#1 Greenville	4.92m	16-1¾ (0.5)	3/31
5	Erin JONES	#2 Mississippi Univ.	4.80m	15-9 (0.5)	4/15
6	Alexa LOFGREN	#5 Fontbonne	4.74m	15-6¾ (1.9)	4/15
7	Kaitlyn MCREE	#2 Mississippi Univ.	4.68m	15-4¼ (0.0)	4/8
8	Shyanne HAGAN	#8 Spalding	4.45m	14-7¼ (0.5)	4/14
9	Mirsa BOYER	#4 Principia	4.29m	14-1 (-0.7)	3/31
10	Emily EITZENHEFER	#9 Blackburn	4.17m	13-8¼ (0.2)	4/15

Women's Triple Jump

1 62	Erin JONES	#2 Mississippi Univ.	11.11m	36-5½ (-0)	4/15
2 98	Sara YAKANA	#1 Greenville	10.91m	35-9½ (0.0)	4/15
3	Laila GRAHAM	#1 Greenville	10.72m	35-2 (0.0)	4/15
4	Cayden SHARP	#1 Greenville	10.71m	35-1¾ (0.1)	4/21
5	Hannah MYERS	#7 Westminster (M)	10.58m	34-8½ (0.0)	4/15
6	Lainey HICKS	#1 Greenville	10.10m	33-1¾ (0.8)	3/31

Women's Shot Put

1 59	Tawny RODRIGUEZ	#1 Greenville	12.51m	41-½	3/25
2 70	Ashley SMITH	#1 Greenville	12.39m	40-7¾	4/15
3	Talahiva TALANOA	#1 Greenville	12.12m	39-9¼	4/15
4	Ava VOLLMER	#1 Greenville	10.58m	34-8½	4/15
5	Ogechi OKPARA	#5 Fontbonne	10.44m	34-3	4/8
6	Ella RAY	#1 Greenville	10.42m	34-2¼	4/21
7	Isabelle LLEWELLYN	#3 Webster	10.23m	33-6¾	4/15
8	Cali PAVLISKO	#3 Webster	10.02m	32-10½	4/15
9	Cayden SHARP	#1 Greenville	9.92m	32-6½	4/13
10	Jessica BALLARD	#5 Fontbonne	9.35m	30-8¼	4/8

Women's Discus

1 85	Tawny RODRIGUEZ	#1 Greenville	39.18m	128-7	3/25
2	Talahiva TALANOA	#1 Greenville	37.31m	122-5	4/15
3	Ashley SMITH	#1 Greenville	33.14m	108-9	3/31
4	Isabelle LLEWELLYN	#3 Webster	31.52m	103-5	4/7
5	Ella RAY	#1 Greenville	30.18m	99-¼	4/21
6	Ogechi OKPARA	#5 Fontbonne	28.89m	94-9½	4/8
7	Ava VOLLMER	#1 Greenville	27.93m	91-7¾	4/21
8	Kilee WEBSTER	#1 Greenville	26.93m	88-4¼	3/31
9	Abigail SZYDLOWSK	#3 Webster	26.32m	86-4¼	4/15
10	Kalee SANDERS	#2 Mississippi Univ	22.90m	75-1¾	4/8

Women's Hammer

1 80	Tawny RODRIGUEZ	#1 Greenville	46.49m	152-7	4/15
2	Talahiva TALANOA	#1 Greenville	44.59m	146-4	4/21
3	Ava VOLLMER	#1 Greenville	42.66m	140-0	3/31
4	Isabelle LLEWELLYN	#3 Webster	41.65m	136-8	4/15
5	Ashley SMITH	#1 Greenville	40.67m	133-5	4/21
6	Ella RAY	#1 Greenville	39.32m	129-0	4/21
7	Abigail SZYDLOWSK	#3 Webster	35.42m	116-3	3/31
8	Holly PEARCE	#5 Fontbonne	35.27m	115-9	3/24
9	Kilee WEBSTER	#1 Greenville	32.03m	105-1	4/21
10	Ogechi OKPARA	#5 Fontbonne	31.45m	103-2	3/24

Women's Javelin

1 46	Emma BROWN	#1 Greenville	37.57m	123-3	4/15
2	Cayden SHARP	#1 Greenville	33.76m	110-9	4/13
3	Abbi THOMASON	#1 Greenville	33.69m	110-7	4/21
4	Isabelle LLEWELLYN	#3 Webster	32.45m	106-6	4/15
5	Kaitlyn MCREE	#2 Mississippi Univ	27.63m	90-7¾	4/8
6	Alexis ROBERTS	#1 Greenville	26.79m	87-10¾	4/15
7	Cali PAVLISKO	#3 Webster	23.66m	77-7½	4/21
8	Abigail SZYDLOWSK	#3 Webster	21.80m	71-6¼	4/15
9	Ogechi OKPARA	#5 Fontbonne	12.80m	42-0	4/15

Women's Heptathlon

1 5	Cayden SHARP	#1 Greenville	4,756	4/13
2 89	Kaitlyn MCREE	#2 Mississippi Univ	3,093	3/17



Conference TFRI Event Summary

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SUNYAC

Women's 100 Meters

1	90	Autumn PITTMAN	#3	SUNY Cortland	12.41	(1.5)	4/14
2	95	Gwen SHEPARDSON	#1	SUNY Geneseo	12.44w	(2.6)	4/2
3		Kate KOUTSOURADES	#1	SUNY Geneseo	12.53w	(2.6)	4/2
4		Sarah LEVINE	#2	SUNY Brockport	12.55w	(2.6)	4/2
5		Kendall SOBCZYK	#3	SUNY Cortland	12.66	(0.1)	4/21
6		Mia MONTGOMERY	#2	SUNY Brockport	12.77	(1.4)	4/14
7		Khia LASTER	#5	Buffalo State	12.80	(0.4)	4/14
8		Natalia SAWYER	#5	Buffalo State	12.83	(-3.1)	4/8
9		Julianna KLIMOW	#1	SUNY Geneseo	12.87	(1.5)	4/2
10		Alyssa LABELLE	#3	SUNY Cortland	12.88	(0.3)	4/21

Women's 100 Meter Hurdles

1	4	Natalia SAWYER	#5	Buffalo State	14.03	(-1.1)	4/14
2	27	Gwen SHEPARDSON	#1	SUNY Geneseo	14.59w	(2.1)	4/14
3	54	Ejim NNATE	#4	SUNY Oneonta	14.98	(1.8)	4/21
4	88	Allyson SUROWICK	#1	SUNY Geneseo	15.37	(1.4)	4/2
5	98	Janyll BARBER	#6	SUNY Plattsburg	15.45	(-2.7)	4/22
6		AnJalya TALMADGE	#3	SUNY Cortland	15.93	(1.8)	4/21
7		Abrianna KRUGER	#1	SUNY Geneseo	16.13w	(2.2)	4/2
8		Lanna WANDY	#1	SUNY Geneseo	16.20w	(3.5)	4/22
9		Lauren ANDERSON	#3	SUNY Cortland	16.72w	(3.9)	4/21
10		Ava ROPER	#3	SUNY Cortland	16.86	(0.1)	4/8

Women's 200 Meters

1	48	Natalia SAWYER	#5	Buffalo State	25.25	(0.9)	4/8
2	74	Gwen SHEPARDSON	#1	SUNY Geneseo	25.49	(-0.3)	4/2
3	86	Kate KOUTSOURADES	#1	SUNY Geneseo	25.57	(1.8)	4/14
4	94	Autumn PITTMAN	#3	SUNY Cortland	25.65	(0.0)	4/14
5	98	Sam PYNN	#1	SUNY Geneseo	25.68	(1.8)	4/14
6		Julianna KLIMOW	#1	SUNY Geneseo	25.97	(1.8)	4/14
7		Sarah LEVINE	#2	SUNY Brockport	26.07	(2.0)	4/14
8		Khia LASTER	#5	Buffalo State	26.08	(0.0)	4/14
9		Kayla HUBA	#1	SUNY Geneseo	26.09	(1.8)	4/14
10		Brianna LAWLESS	#2	SUNY Brockport	26.25	(0.7)	4/22

Women's 400 Meters

1	9	Natalia SAWYER	#5	Buffalo State	56.36		4/22
2	74	Khia LASTER	#5	Buffalo State	58.68		4/22
3	92	Elizabeth LIRIANO	#3	SUNY Cortland	58.97		4/21
4	97	Clara SENSINI	#2	SUNY Brockport	59.05		4/14
5		Julianna KLIMOW	#1	SUNY Geneseo	59.36		4/14
6		Jenna RACZKA	#5	Buffalo State	59.55		4/22
7		Sarah LEVINE	#2	SUNY Brockport	59.65		4/2
8		Jennifer METZ	#2	SUNY Brockport	59.98		4/22
9		Janelle ECKL	#1	SUNY Geneseo	1:00.19		4/2
10		Avery HEBERT	#3	SUNY Cortland	1:00.75		4/21

Women's 400 Meter Hurdles

1	1	Natalia SAWYER	#5	Buffalo State	58.61		4/14
2	8	Janyll BARBER	#6	SUNY Plattsburg	1:02.07		4/8
3	12	Gwen SHEPARDSON	#1	SUNY Geneseo	1:02.47		4/14
4	23	Samantha BECKER	#3	SUNY Cortland	1:04.09		4/8
5	39	Elizabeth LIRIANO	#3	SUNY Cortland	1:04.88		3/30
6	53	Janelle ECKL	#1	SUNY Geneseo	1:05.78		4/8
7	66	Claire LENIHAN	#1	SUNY Geneseo	1:06.31		4/14
8		Clara SENSINI	#2	SUNY Brockport	1:07.45		4/8
9		Yasmine PERALTA	#3	SUNY Cortland	1:08.04		4/8
10		Taylor JOHNSON	#4	SUNY Oneonta	1:10.97		4/15

Women's 800 Meters

1	20	Windsor ARDNER	#1	SUNY Geneseo	2:13.88		4/14
2	21	Sierra DOODY	#1	SUNY Geneseo	2:14.02		4/22
3	33	Marcie HOGAN	#1	SUNY Geneseo	2:15.26		4/14
4	37	Janelle ECKL	#1	SUNY Geneseo	2:15.45		4/22
5	38	Erin EIVERS	#1	SUNY Geneseo	2:15.46		4/14
6	45	Raechel ZIELINSKI	#1	SUNY Geneseo	2:15.90		4/14
7	54	Jennifer METZ	#2	SUNY Brockport	2:16.25		4/14
8		Nieve MAHOOD	#1	SUNY Geneseo	2:18.90		4/14
9		Faith COYLE	#7	SUNY Oswego	2:18.92		4/14
10		Ella DEPHILLIPS	#4	SUNY Oneonta	2:19.84		4/14

Women's 1500 Meters

1	5	Windsor ARDNER	#1	SUNY Geneseo	4:30.72		4/14
2	15	Marcie HOGAN	#1	SUNY Geneseo	4:34.59		4/14
3	18	Erin EIVERS	#1	SUNY Geneseo	4:35.63		4/14
4	25	Sierra DOODY	#1	SUNY Geneseo	4:36.34		4/14
5	85	Raechel ZIELINSKI	#1	SUNY Geneseo	4:43.14		4/2
6		Rachel HIRSCHKIND	#1	SUNY Geneseo	4:45.62		4/8
7		Marie NAUDUS	#1	SUNY Geneseo	4:48.77		4/14
8		Jennifer METZ	#2	SUNY Brockport	4:49.20		4/14
9		Penelope GREENE	#1	SUNY Geneseo	4:50.10		4/8
10		Lilly FOWLER-CONNER	#1	SUNY Geneseo	4:50.19		4/8
10		Kaitlyn GROSSMAN	#1	SUNY Geneseo	4:50.19		4/2

Women's Steeplechase

1	3	Rachel HIRSCHKIND	#1	SUNY Geneseo	10:39.39		4/2
2	31	Kaitlyn GROSSMAN	#1	SUNY Geneseo	11:11.49		4/14
3	55	Ann BRENNAN	#1	SUNY Geneseo	11:31.44		4/14
4	59	Isabel MARZEC	#1	SUNY Geneseo	11:32.37		4/14
5	62	Rachel CASTELLO	#3	SUNY Cortland	11:33.98		4/14
6	85	Veronica DAILY	#2	SUNY Brockport	11:43.03		4/14
7		Emma TREFZGER	#3	SUNY Cortland	12:19.43		4/8
8		Adrienne MARTIN	#3	SUNY Cortland	12:23.09		4/8
9		Julianne WILSON	#2	SUNY Brockport	12:27.51		4/22
10		Anika PARNELL	#3	SUNY Cortland	12:28.00		4/8



Conference TFRI Event Summary

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SUNYAC

Women's 5000 Meters

1	10	Rachel HIRSCHKIND	#1	SUNY Geneseo	16:48.99	4/14
2	27	Kathleen MCCAREY	#1	SUNY Geneseo	17:11.17	4/8
3	28	Penelope GREENE	#1	SUNY Geneseo	17:11.61	4/14
4	40	Windsor ARDNER	#1	SUNY Geneseo	17:21.78	4/2
5	42	Erin EIVERS	#1	SUNY Geneseo	17:22.68	4/2
6	45	Marcie HOGAN	#1	SUNY Geneseo	17:25.53	4/2
7	46	Lilly FOWLER-CONNER	#1	SUNY Geneseo	17:27.07	4/14
8	47	Gabriella MCCARTHY	#1	SUNY Geneseo	17:27.17	4/14
9	57	Sierra DOODY	#1	SUNY Geneseo	17:32.26	4/2
10	79	Kerry FLOWER	#2	SUNY Brockport	17:40.42	4/2

Women's 10,000 Meters

1	12	Kathleen MCCAREY	#1	SUNY Geneseo	35:42.53	4/14
2	29	Megan FRANCOEUR	#4	SUNY Oneonta	36:34.16	4/14
3	35	Kerry FLOWER	#2	SUNY Brockport	36:48.70	4/14
4	70	Katherine VOGEL	#1	SUNY Geneseo	37:58.55	4/14
5		Alexandra VENTRESCA	#1	SUNY Geneseo	39:20.04	4/2
6		Veronica SZYGALOWICZ	#1	SUNY Geneseo	39:24.61	4/2
7		Greta FLANAGAN	#1	SUNY Geneseo	39:43.55	4/2
8		Khalifah TRACEY	#3	SUNY Cortland	41:00.46	3/30
9		Devin REILLY	#3	SUNY Cortland	41:05.49	3/30
10		Adrienne MARTIN	#3	SUNY Cortland	41:07.91	3/30

Women's 4x100 Relay

1	38	Kate KOUTSOURADES, Kayla HUBA, Katelyn JACQUES, Gwen SHEPARDSON	#1	SUNY Geneseo	48.49	4/14
2	68	Kendall SOBCZYK, Alyssa LABELLE, Julia ROSS, Autumn PITTMAN	#3	SUNY Cortland	49.38	4/14
3	83	Courtney BOSTIC, Sarah LEVINE, Marissa WISE, Mia MONTGOMERY	#2	SUNY Brockport	49.66	4/14
4		Margaret PETTY, Danielle JACKSON, Ejim NNATE, Taylor JOHNSON	#4	SUNY Oneonta	51.22	4/1
5		Mikayla KHADIJAH, Michaela SCHAFFER, Morgan THOMPSON, Deanna ZOCH	#6	SUNY Plattsburg	52.16	4/15
6		Sandra KWASNAIAK, Jackie JANICKI, Hannah PINNOCK, Roxanne BARNES	#7	SUNY Oswego	56.99	4/22

Women's 4x400 Relay

1	12	Jenna RACZKA, Brooklyn LAWRENCE, Khia LASTER, Natalia SAWYER	#5	Buffalo State	3:56.32	4/22
2	13	Clara SENSINI, Marissa WISE, Jennifer METZ, Sarah LEVINE	#2	SUNY Brockport	3:56.71	4/14
3	45	Janelle ECKL, Gwen SHEPARDSON, Tori FEARS, Julianna KLIMOW	#1	SUNY Geneseo	4:03.55	4/14
4	73	Yasmine PERALTA, Samantha BECKER, Helena TRACEY, Elizabeth LIRIANO	#3	SUNY Cortland	4:06.91	3/30
5		Ella DEPHILLIPS, Taylor JOHNSON, Olivia O'DONNELL, Eva WOODWORTH	#4	SUNY Oneonta	4:25.43	4/1
6		Hailey VON AHN, Madison WAGNER, Emily WARE, Emily YOUSEY	#9	SUNY Potsdam	4:25.61	4/8
7		Marissa COLVIN, Aislyn MCDONOUGH, Jodie MAY, Natalia CASTRO	#6	SUNY Plattsburg	4:51.42	4/22

Women's High Jump

1	7	Danielle FISK	#3	SUNY Cortland	1.68m	5-6	4/8
2	22	Sarah KILLIP	#2	SUNY Brockport	1.63m	5-4¼	4/14
2	22	Michaela LEVESQUE	#2	SUNY Brockport	1.63m	5-4¼	4/8
4	40	Mariah SAGGESE	#3	SUNY Cortland	1.61m	5-3¼	4/15
5	77	Janelle ECKL	#1	SUNY Geneseo	1.57m	5-1¾	4/2
5	77	Rhiannon BUTCHKO	#7	SUNY Oswego	1.57m	5-1¾	4/2
7		AnJalya TALMADGE	#3	SUNY Cortland	1.55m	5-1	4/8
7		Regan KAISER	#3	SUNY Cortland	1.55m	5-1	4/15
9		Destiny RIVERA	#5	Buffalo State	1.49m	4-10½	3/31
10		Rebecca CHRISTIE	#6	SUNY Plattsburg	1.48m	4-10¼	4/1

Women's Pole Vault

1	64	Cara PELLECHIA	#8	Fredonia	3.40m	11-1¾	4/8
1	64	Becca BREADY	#3	SUNY Cortland	3.40m	11-1¾	4/15
1	64	Tess EICHNER	#2	SUNY Brockport	3.40m	11-1¾	4/8
4		Nicole GRETZINGER	#1	SUNY Geneseo	3.10m	10-2	4/8
5		Kimmy ARENA	#3	SUNY Cortland	3.05m	10-0	4/21
6		Faith HOYT	#3	SUNY Cortland	3.00m	9-10	4/8
7		Haley LERNER	#8	Fredonia	2.96m	9-8½	4/22
8		Mya HENRY	#2	SUNY Brockport	2.95m	9-8	4/8
8		Ciara MURPHY	#2	SUNY Brockport	2.95m	9-8	4/8
10		Gianna BATISTA	#1	SUNY Geneseo	2.80m	9-2¼	4/8



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SUNYAC

Women's Long Jump

1	8	Mia MONTGOMERY	#2	SUNY Brockport	5.72m	18-9¼ (0.5)	4/14
2	29	Katelyn JACQUES	#1	SUNY Geneseo	5.54m	18-2¼ (0.9)	4/14
3	40	Khia LASTER	#5	Buffalo State	5.49m	18-¼ (1.4)	3/31
4	49	Danielle FISK	#3	SUNY Cortland	5.45m	17-10¾ (1)	4/8
5		Sam PYNN	#1	SUNY Geneseo	5.21mw	17-1¼ (3.5)	4/2
6		Ally ALVIRA	#1	SUNY Geneseo	5.17m	16-11½ (1)	4/14
7		Kayla HUBA	#1	SUNY Geneseo	5.12m	16-9¾ (1.0)	4/14
8		Michaela SCHAFER	#6	SUNY Plattsburg	5.06m	16-7¼ (0.2)	4/8
8		Allyson SUROWICK	#1	SUNY Geneseo	5.06m	16-7¼ (0.0)	4/8
10		Lanna WANDY	#1	SUNY Geneseo	5.01m	16-5¼ (1.2)	4/14

Women's Triple Jump

1	13	Katelyn JACQUES	#1	SUNY Geneseo	11.90mw	39-½ (2.5)	4/14
2	30	Ally ALVIRA	#1	SUNY Geneseo	11.52mw	37-9½ (2.1)	4/14
3	49	Mia MONTGOMERY	#2	SUNY Brockport	11.22m	36-9¾ (0.0)	4/14
4	74	Caitlin MAHER	#3	SUNY Cortland	11.03mw	36-2¼ (2.9)	4/21
5	86	Lena KIEHL	#1	SUNY Geneseo	10.97m	36-0 (2.0)	4/14
6		Lanna WANDY	#1	SUNY Geneseo	10.48m	34-4¾ (1.3)	4/22
7		Michaela SCHAFER	#6	SUNY Plattsburg	10.17m	33-4½ (-2)	4/8
8		Matteson DONNELLY	#3	SUNY Cortland	9.93mw	32-7 (3.3)	4/21
9		Safia SESAY	#2	SUNY Brockport	9.90m	32-5¾ (1.0)	4/14
10		Kira DAVIDSON	#8	Fredonia	9.85m	32-3¾ (0.0)	4/8

Women's Shot Put

1	15	Isabella FABRIZIO	#4	SUNY Oneonta	13.57m	44-6¼	4/14
2	18	Sarah CROCKETT	#2	SUNY Brockport	13.52m	44-4¼	4/14
3	47	Emelene BUREK	#4	SUNY Oneonta	12.73m	41-9¼	4/1
4	95	Trinity DEES	#2	SUNY Brockport	12.16m	39-10¾	4/14
5		Zoe CONNER	#1	SUNY Geneseo	12.08m	39-7¾	4/2
6		Kaitlyn BJELKO	#6	SUNY Plattsburg	12.06m	39-6¾	4/15
7		Katrina CHANDLER	#2	SUNY Brockport	11.31m	37-1¼	4/22
8		Lauren JAKLITSCH	#1	SUNY Geneseo	11.20m	36-9	4/14
9		Teeghan GARRIS	#4	SUNY Oneonta	11.13m	36-6¼	4/21
9		Liz SPENCER	#2	SUNY Brockport	11.13m	36-6¼	4/22

Women's Discus

1	85	Sarah CROCKETT	#2	SUNY Brockport	39.18m	128-7	4/14
2		Skyler KLIMOW	#1	SUNY Geneseo	38.42m	126-1	4/8
3		Emma KINNICUTT	#2	SUNY Brockport	37.50m	123-1	4/2
4		Katrina CHANDLER	#2	SUNY Brockport	36.77m	120-8	4/8
5		Megan SPENCER	#3	SUNY Cortland	35.83m	117-7	4/21
6		Jasmine PIPER	#6	SUNY Plattsburg	35.64m	116-11	4/22
7		Rebecca HEULER	#2	SUNY Brockport	34.75m	114-0	4/22
8		Sarah PARR	#3	SUNY Cortland	34.53m	113-4	4/21
9		Gabby RAGOZZINE	#4	SUNY Oneonta	33.94m	111-4	4/21
10		Hannah JACKSON	#4	SUNY Oneonta	33.81m	110-11	4/21

Women's Hammer

1	29	Sarah PARR	#3	SUNY Cortland	49.02m	160-10	4/15
2	43	Zoe CONNER	#1	SUNY Geneseo	48.36m	158-8	4/22
3	53	Isabella FABRIZIO	#4	SUNY Oneonta	47.93m	157-3	4/21
4	58	Hannah JACKSON	#4	SUNY Oneonta	47.53m	155-11	4/21
5	83	Lainey PORTER	#2	SUNY Brockport	46.39m	152-3	4/8
6	85	Sarah CROCKETT	#2	SUNY Brockport	46.37m	152-2	4/14
7	95	Emma KINNICUTT	#2	SUNY Brockport	45.73m	150-1	4/14
8		Christina GROLEAU	#4	SUNY Oneonta	45.32m	148-8	4/21
9		Jennifer NDUKWU	#3	SUNY Cortland	43.45m	142-7	4/15
10		Katrina CHANDLER	#2	SUNY Brockport	42.75m	140-3	4/2

Women's Javelin

1	18	Rebecca HEULER	#2	SUNY Brockport	40.01m	131-3	4/14
2	48	Ayaka MACHIDA	#1	SUNY Geneseo	37.45m	122-11	4/2
3	95	Skyler KLIMOW	#1	SUNY Geneseo	35.79m	117-5	4/8
4		Emily BEATTIE	#2	SUNY Brockport	33.60m	110-3	4/2
5		Sage DOUGLASS	#4	SUNY Oneonta	33.08m	108-7	4/21
6		Payton MEHALICK	#1	SUNY Geneseo	31.19m	102-4	4/2
7		April JACOBS	#1	SUNY Geneseo	30.90m	101-5	4/14
8		Julianna KLIMOW	#1	SUNY Geneseo	29.74m	97-7	4/14
9		Kaitlyn BJELKO	#6	SUNY Plattsburg	29.22m	95-10½	4/15
10		Danielle FISK	#3	SUNY Cortland	28.50m	93-6	4/8

Women's Heptathlon

1	46	AnJalya TALMADGE	#3	SUNY Cortland	3,850		4/21
2	72	Madison BAKER	#2	SUNY Brockport	3,345		4/14



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UAA

Women's 100 Meters

1	14	Gabri MESCHINO	#2	Chicago	12.02	(0.9)	4/7
2	19	Nicole STEWART	#1	Washington (Mo	12.07w	(3.7)	3/31
2	19	Audrey JOHNSON	#3	Emory	12.07	(1.4)	3/17
4	32	Dashiel Tao HARRIS	#3	Emory	12.12	(1.4)	3/17
5	45	Jasmine WRIGHT	#1	Washington (Mo	12.21w	(3.7)	3/31
6	55	Mycah CLAY	#1	Washington (Mo	12.26w	(3.3)	4/15
7	70	Lauren HAMILTON	#1	Washington (Mo	12.32w	(3.3)	4/15
7	70	Samantha GIORDANI	#4	Carnegie Mellon	12.32	(0.8)	4/22
7	70	Kaya BINETTI	#3	Emory	12.32w	(2.9)	3/17
10	76	Izzy LAYNE	#2	Chicago	12.33	(0.9)	4/7

Women's 100 Meter Hurdles

1	11	Elizabeth BARRE	#4	Carnegie Mellon	14.21	(-1.0)	4/22
2	15	Ren BROWN	#2	Chicago	14.35	(-1.0)	4/22
3	23	Lauren GAY	#1	Washington (Mo	14.54	(1.6)	3/25
4	26	Hannah BODUS	#3	Emory	14.58	(1.8)	4/7
5	28	Charis RIEBE	#1	Washington (Mo	14.60	(2.0)	3/31
6	72	Amaya MARTIN	#3	Emory	15.22	(-1.0)	4/22
7	73	Alya CAMPBELL	#7	Brandeis	15.24	(-1.0)	4/22
8	83	Grace MISIUNAS	#5	Case Western Re	15.35w	(3.2)	4/15
9		Rebecca STEWART	#2	Chicago	15.52	(1.8)	4/7
10		McKaley YOST	#3	Emory	15.61w	(2.8)	4/1

Women's 200 Meters

1	8	Lauren GAY	#1	Washington (Mo	24.41w	(3.4)	4/15
2	19	Samantha GIORDANI	#4	Carnegie Mellon	24.88	(-1.7)	4/13
3	27	Audrey JOHNSON	#3	Emory	25.03w	(2.4)	3/24
4	33	Nicole STEWART	#1	Washington (Mo	25.13	(1.9)	3/25
5	37	Dashiel Tao HARRIS	#3	Emory	25.16w	(2.4)	3/24
6	58	Gabri MESCHINO	#2	Chicago	25.34	(0.1)	4/14
7	68	Lauren HAMILTON	#1	Washington (Mo	25.45w	(3.4)	4/15
8	72	Elizabeth BARRE	#4	Carnegie Mellon	25.47	(1.1)	4/8
9	75	Isre'al CONERLY	#6	NYU	25.50	(-0.1)	3/24
10	77	Jasmine WRIGHT	#1	Washington (Mo	25.52w	(3.4)	4/15

Women's 400 Meters

1	2	Emma KELLEY	#1	Washington (Mo	55.15		4/7
2	33	Libby RANOCHA	#3	Emory	57.58		3/17
3	34	Elizabeth BARRE	#4	Carnegie Mellon	57.63		3/24
4	35	Sophie FOX	#1	Washington (Mo	57.73		4/22
5	42	Dashiel Tao HARRIS	#3	Emory	57.92		4/22
6	74	Isabella RHEE	#4	Carnegie Mellon	58.68		4/13
7	97	Elizabeth KORN	#7	Brandeis	59.05		4/22
8	LE+0:	Ren BROWN	#2	Chicago	59.11		4/7
9		Mina LEOPOLD	#3	Emory	59.56		4/22
10		Isre'al CONERLY	#6	NYU	59.85		4/8

Women's 400 Meter Hurdles

1	6	Ren BROWN	#2	Chicago	1:02.01		4/14
2	37	Hannah BODUS	#3	Emory	1:04.86		4/22
3	42	Ruby KAPLAN	#1	Washington (Mo	1:05.21		4/22
4	47	Yahni LAPA	#7	Brandeis	1:05.62		4/14
5	61	Camila GARANTON	#2	Chicago	1:06.02		4/22
6	86	Hannah BOHBOT-DRIDI	#7	Brandeis	1:07.00		4/6
7		Amaya MARTIN	#3	Emory	1:07.46		4/22
8		Mia KILROY	#5	Case Western Re	1:07.65		4/22
9		Caroline HANSEN	#3	Emory	1:07.99		4/14
10		Alexa LOWE	#4	Carnegie Mellon	1:08.27		4/22

Women's 800 Meters

1	1	Emma KELLEY	#1	Washington (Mo	2:06.17		4/15
2	2	Aoife DUNNE	#1	Washington (Mo	2:08.67		4/15
3	3	Annika URBAN	#3	Emory	2:10.15		3/24
4	7	Libby RANOCHA	#3	Emory	2:11.81		4/22
5	8	Alessia SARUSSI	#1	Washington (Mo	2:11.97		4/22
6	14	Danielle SCHULTZ	#1	Washington (Mo	2:13.15		4/22
6	14	Maddie KELLY	#2	Chicago	2:13.15		4/14
8	18	Elisabeth CAMIC	#2	Chicago	2:13.73		4/14
9	22	Maya ORDONEZ	#2	Chicago	2:14.10		4/22
10	27	Sophie FOX	#1	Washington (Mo	2:14.80		4/1

Women's 1500 Meters

1	2	Annika URBAN	#3	Emory	4:26.17		4/7
2	3	Aoife DUNNE	#1	Washington (Mo	4:29.48		4/1
3	7	Maddie KELLY	#2	Chicago	4:32.61		4/7
4	10	Emily KONKUS	#1	Washington (Mo	4:33.34		4/22
5	11	Cat WIMMER	#2	Chicago	4:34.06		4/7
6	17	Evelyn BATTLESON-GUNKEL	#2	Chicago	4:35.58		4/7
7	21	Nora HOLMES	#2	Chicago	4:36.06		4/1
8	27	Helena TEIXEIRA-DASILVA	#1	Washington (Mo	4:36.78		4/1
9	29	Alessia SARUSSI	#1	Washington (Mo	4:36.91		4/15
10	31	Lindsay OTT	#1	Washington (Mo	4:37.08		4/7

Women's Steeplechase

1	21	Julia PATTERSON	#1	Washington (Mo	11:01.47		4/1
2	24	Caitlin JORGENSEN	#2	Chicago	11:07.39		4/22
3	28	Abigail PATTERSON	#1	Washington (Mo	11:08.89		4/1
4	79	Savy HAUSHALTER	#3	Emory	11:41.09		4/7
5	81	Riley CLARK	#1	Washington (Mo	11:42.27		3/31
6		Elizabeth JASMINSKI	#2	Chicago	12:08.33		4/22
7		Norah CZAJKA	#4	Carnegie Mellon	12:14.62		4/22
8		Kyra AU	#7	Brandeis	13:03.99		4/22



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Women's 5000 Meters

1	2	Annika URBAN	#3	Emory	16:06.95	4/13
2	5	Anna KENIG-ZIESLER	#2	Chicago	16:37.48	4/14
3	7	Maddie KELLY	#2	Chicago	16:44.33	4/1
4	9	Evelyn BATTLESON-GUNKEL	#2	Chicago	16:48.15	4/1
5	12	Emily KONKUS	#1	Washington (Mo	16:51.00	4/1
6	16	Cat WIMMER	#2	Chicago	17:00.83	4/1
7	19	Ella BEHRENS	#1	Washington (Mo	17:02.69	4/22
8	20	Katarina BIRIMAC	#2	Chicago	17:03.31	4/22
9	22	Grace RICHARDSON	#6	NYU	17:04.86	4/14
10	25	Vivian KANE	#6	NYU	17:10.28	3/30

Women's 10,000 Meters

1	5	Katarina BIRIMAC	#2	Chicago	35:08.09	4/1
2	6	Frances SCHAEFFLER	#2	Chicago	35:10.56	4/1
3	7	Anna KENIG-ZIESLER	#2	Chicago	35:11.97	4/1
4	8	Ella BEHRENS	#1	Washington (Mo	35:13.23	4/1
5	11	Kiera OLSON	#1	Washington (Mo	35:40.22	4/1
6	16	Sophie TEDESCO	#2	Chicago	35:58.19	4/22
7	38	Katie RECTOR	#1	Washington (Mo	36:56.47	4/22
8	65	Avery MCCAMMON	#1	Washington (Mo	37:49.00	4/1
9	93	Lauryn MCKENNA	#4	Carnegie Mellon	38:45.67	4/22
10		Claire HU	#3	Emory	39:33.92	4/22

Women's 4x100 Relay

1	4	Myciah CLAY, Lauren GAY, Jasmine WRIGHT, Nicole STEWART	#1	Washington (Mo	46.99	4/22
2	11	Hannah BODUS, Dashiel Tao HARRIS, Kaya BINETTI, Audrey JOHNSON	#3	Emory	47.42	4/22
3	14	Camila GARANTON, Gabri MESCHINO, Izzy LAYNE, Maddie LYONS	#2	Chicago	47.59	4/14
4	64	Summer REID, Isre'al CONERLY, Kate WALSH, Lola AKINDELE	#6	NYU	49.30	4/8
5	78	Devin HILTUNEN, Shaniece NUGENT, Smiley HUYNH, Alya CAMPBELL	#7	Brandeis	49.58	4/14
6		Anna ZINSSER, Melanie TAYLOR, Gabby ALPHONSE, Grace MISIUNAS	#5	Case Western Re	50.79	4/22
7		Iniyaa MOHANRAJ, Alexa LOWE, Francine LEUNG, Serena LI	#4	Carnegie Mellon	51.66	4/13

Women's 4x400 Relay

1	4	Sophie FOX, Aoife DUNNE, Danielle SCHULTZ, Emma KELLEY	#1	Washington (Mo	3:50.73	4/15
2	9	Audrey JOHNSON, Dashiel Tao HARRIS, Annika URBAN, Libby RANOCHA	#3	Emory	3:54.43	4/22
3	17	Ren BROWN, Maya ORDONEZ, Camila GARANTON, Izzy LAYNE	#2	Chicago	3:58.12	4/22
4	30	Isabella RHEE, Emily LANNEN, Kavya TUMMALAPALLI, Elizabeth BARRE	#4	Carnegie Mellon	4:00.81	4/22
5	39	Melanie TAYLOR, Jessica KWASNY, Danielle SARNO, Melissa PHUNG	#5	Case Western Re	4:02.53	4/8
6	66	Elizabeth KORN, Yahni LAPA, Devin HILTUNEN, Hannah BOHBOT-DRIDI	#7	Brandeis	4:06.20	4/22
7	83	Lola AKINDELE, Aminata JOHNSON, Isre'al CONERLY, Kamila SANUSI	#6	NYU	4:07.80	4/22

Women's High Jump

1	2	Elizabeth BARRE	#4	Carnegie Mellon	1.72m	5-7¾	4/22
2	20	Miku OKADA	#1	Washington (Mo	1.64m	5-4½	4/7
3	68	Mia VARGO	#5	Case Western Re	1.58m	5-2¼	4/15
3	68	Laura BUCCHIERI	#1	Washington (Mo	1.58m	5-2¼	4/7
3	68	Madelyn MOENICKHEIM	#1	Washington (Mo	1.58m	5-2¼	4/7
6		Ezri SCOTT	#6	NYU	1.55m	5-1	3/24
6		Selah DUNGEY	#2	Chicago	1.55m	5-1	4/14
8		Kirsten MAN	#7	Brandeis	1.50m	4-11	4/6
8		Areyanna MCCARTHY	#6	NYU	1.50m	4-11	3/24
8		Olivia BOYD	#2	Chicago	1.50m	4-11	4/14
8		Olivia ZARZYCKI	#7	Brandeis	1.50m	4-11	4/14
8		Samantha DUNN	#2	Chicago	1.50m	4-11	4/14
8		Paige THIELKE	#3	Emory	1.50m	4-11	4/1

Women's Pole Vault

1	2	Yasmin RUFF	#1	Washington (Mo	3.91m	12-10	4/22
2	14	Celeste TAYLOR	#2	Chicago	3.70m	12-1½	4/22
3	64	Susannah TRUITT	#2	Chicago	3.40m	11-1¾	4/22
4	79	Emilia CURRENT	#2	Chicago	3.35m	10-11¾	4/14
5	88	Victoria ZHAO	#5	Case Western Re	3.33m	10-11	3/31
6	1E+0	Shelby COOPER	#5	Case Western Re	3.28m	10-9	4/15
7		Anna CURTIS	#1	Washington (Mo	3.27m	10-8¾	4/7
8		Jo-Michelle HUCZKO	#4	Carnegie Mellon	3.25m	10-8	4/13
8		Smiley HUYNH	#7	Brandeis	3.25m	10-8	4/14
8		Ticia KING	#3	Emory	3.25m	10-8	4/22



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Women's Long Jump

1	3	Elizabeth BARRE	#4	Carnegie Mellon	5.86mw	19-2¾ (2.3)	4/22
2	17	Ebunoluwa OPATA	#1	Washington (Mo	5.63m	18-5¾ (2.0)	4/15
3	29	Marina SEMPLÉ	#2	Chicago	5.54m	18-2¼ (0.0)	4/22
4	77	Camryn BOURNE	#2	Chicago	5.34m	17-6¼ (0.0)	4/22
5	96	Laura BUCCHIERI	#1	Washington (Mo	5.26m	17-3¼ (0.4)	4/7
6		Kate WALSH	#6	NYU	5.24m	17-2¼ (0.8)	4/8
7		Smiley HUYNH	#7	Brandeis	5.23m	17-2 (1.0)	4/6
8		Serena LI	#4	Carnegie Mellon	5.14m	16-10½ (1.0)	4/22
9		Shaniece NUGENT	#7	Brandeis	5.12m	16-9¾ (0.1)	4/22
10		Iniyaa MOHANRAJ	#4	Carnegie Mellon	5.07m	16-7¾ (0.4)	4/13
10		Danielle CUTHBERT	#1	Washington (Mo	5.07mw	16-7¾ (2.4)	4/15

Women's Triple Jump

1	8	Ebunoluwa OPATA	#1	Washington (Mo	12.01m	39-5 (0.0)	4/22
2	18	Rebecca STEWART	#2	Chicago	11.74m	38-6¼ (0.0)	4/22
3	33	Emily HOPKINS	#5	Case Western Re	11.39m	37-4½ (-0.0)	4/15
4	86	Dasha JACKSON	#6	NYU	10.97m	36-0 (0.9)	4/8
5	92	Caroline HANSEN	#3	Emory	10.94mw	35-10¾ (2.0)	4/22
6	95	Shaniece NUGENT	#7	Brandeis	10.93m	35-10½ (-1.0)	3/24
7	97	Jocelyn KIEFEL	#4	Carnegie Mellon	10.92m	35-10 (0.0)	4/22
8	98	Sarah OZEKI	#5	Case Western Re	10.91mw	35-9½ (3.0)	3/17
9		Camryn BOURNE	#2	Chicago	10.88m	35-8½ (-0.0)	4/14
10		Danielle CUTHBERT	#1	Washington (Mo	10.86m	35-7¾ (1.2)	3/25

Women's Shot Put

1	21	Molly LAUMAKIS	#2	Chicago	13.45m	44-1½	4/14
2	23	Jenae BOTHE	#1	Washington (Mo	13.38m	43-10¾	4/15
3	64	Kathleen MONAHAN	#4	Carnegie Mellon	12.44m	40-9¾	3/17
4	98	Hope JACKSON	#3	Emory	12.13m	39-9¾	3/24
5		Sarah FINEMAN	#3	Emory	11.91m	39-1	3/17
6		Adrienne WACHTMAN	#5	Case Western Re	11.83m	38-9¾	3/24
7		Taylor SYMONETTE	#4	Carnegie Mellon	11.82m	38-9½	4/22
8		Taylor SIMPSON	#1	Washington (Mo	11.57m	37-11½	4/15
9		Ope OLUSI	#2	Chicago	11.54m	37-10½	4/14
10		Krista SUDAR	#1	Washington (Mo	11.33m	37-2¼	4/7

Women's Discus

1	17	Molly LAUMAKIS	#2	Chicago	43.48m	142-8	4/22
2	46	Krista SUDAR	#1	Washington (Mo	40.85m	134-0	3/31
3	61	Karyssa MACK	#1	Washington (Mo	40.16m	131-9	3/31
4	62	Michelle UVIEGHARA	#6	NYU	40.15m	131-9	3/24
5	71	Jenae BOTHE	#1	Washington (Mo	39.71m	130-4	4/7
6	89	Hope JACKSON	#3	Emory	38.85m	127-6	3/24
7	96	Adrienne WACHTMAN	#5	Case Western Re	38.65m	126-10	4/15
8		Ella CORNWELL	#2	Chicago	37.98m	124-7	4/22
9		Ope OLUSI	#2	Chicago	37.96m	124-7	4/22
10		Taylor SIMPSON	#1	Washington (Mo	35.89m	117-9	4/22

Women's Hammer

1	44	Molly LAUMAKIS	#2	Chicago	48.33m	158-7	4/22
2	52	Ola OWODUNNI	#4	Carnegie Mellon	47.97m	157-5	4/13
3	62	Ope OLUSI	#2	Chicago	47.30m	155-2	4/22
4	71	Nyjah WILLIS	#3	Emory	46.86m	153-9	3/24
5	86	Krista SUDAR	#1	Washington (Mo	46.31m	151-11	3/31
6		Ailean DUFFIE	#5	Case Western Re	44.94m	147-5	4/22
7		Tori COHEN	#5	Case Western Re	44.64m	146-6	4/22
8		Rachel GINN	#5	Case Western Re	43.13m	141-6	4/22
9		Taylor SIMPSON	#1	Washington (Mo	43.07m	141-4	4/15
10		Michelle LEE	#5	Case Western Re	42.97m	141-0	3/31

Women's Javelin

1	12	Adrienne WACHTMAN	#5	Case Western Re	41.71m	136-10	4/22
2	43	Dana CATALANO	#3	Emory	37.65m	123-6	3/24
3	44	Lauren ROSKUSZKA	#5	Case Western Re	37.64m	123-6	3/17
4		Rafaela DIAMOND	#1	Washington (Mo	35.23m	115-7	4/22
5		Jolie WASSERMAN	#4	Carnegie Mellon	32.46m	106-6	3/24
6		Sara VETTER	#2	Chicago	31.66m	103-11	4/14
7		Emma GRUNIN	#6	NYU	31.55m	103-6	4/8
8		Agnes ZHOU	#4	Carnegie Mellon	30.73m	100-10	4/13
9		Elizabeth BARRE	#4	Carnegie Mellon	30.63m	100-6	4/13
10		Emilia CURRENT	#2	Chicago	30.44m	99-10½	4/22

Women's Heptathlon

1	2	Elizabeth BARRE	#4	Carnegie Mellon	5,017		4/8
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Conference TFRI Event Summary

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UEC

Women's 100 Meters

1	Safara MCINTYRE	#1	Penn State Abin	13.31	(0.2)	4/21
2	Mariah MOORE	#1	Penn State Abin	14.31	(-0.4)	4/21
3	Angel SANDERS	#1	Penn State Abin	14.76	(-0.4)	4/21
4	Tracee JONES	#1	Penn State Abin	14.79	(-0.4)	4/21
5	Amelia MATT	#1	Penn State Abin	15.26	(-0.4)	4/21
6	Serenity FAULKNER	#1	Penn State Abin	15.81	(-2.1)	4/15
7	Tahiz ALMODOVAR	#1	Penn State Abin	15.94	(-0.4)	4/21
8	Peijia CHEN	#1	Penn State Abin	16.15	(-0.1)	4/7
9	Taylor LAPAGE	#1	Penn State Abin	17.54	(-1.2)	4/15

Women's 200 Meters

1	Tracee JONES	#1	Penn State Abin	30.76	(-0.9)	4/21
2	Serenity FAULKNER	#1	Penn State Abin	32.41	(-1.7)	4/21
3	Peijia CHEN	#1	Penn State Abin	33.41	(-1.7)	4/21
4	Tahiz ALMODOVAR	#1	Penn State Abin	35.29	(0.0)	3/25

Women's 400 Meters

1	Brielle WORRALL	#1	Penn State Abin	1:12.84		4/21
2	Sarah GIBBONS	#1	Penn State Abin	1:14.31		4/15
3	Sara PINTO	#1	Penn State Abin	1:16.13		4/15
4	Serenity FAULKNER	#1	Penn State Abin	1:21.34		4/7
5	Lauren BERG	#1	Penn State Abin	1:30.07		4/21

Women's 800 Meters

1	Brielle WORRALL	#1	Penn State Abin	2:49.01		3/30
2	Sarah GIBBONS	#1	Penn State Abin	2:51.76		4/21
3	Sara PINTO	#1	Penn State Abin	3:13.31		4/7

Women's 1500 Meters

1	Sarah GIBBONS	#1	Penn State Abin	5:41.35		4/15
2	Brielle WORRALL	#1	Penn State Abin	5:42.23		4/21
3	Sara PINTO	#1	Penn State Abin	6:26.24		4/7

Women's 4x100 Relay

1	Mariah MOORE, Tracee JONES, Angel SANDERS, Safara MCINTYRE	#1	Penn State Abin	54.26		4/21
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Women's 4x400 Relay

1	Brielle WORRALL, Tahiz ALMODOVAR, Serenity FAULKNER, Jackie LEWIS	#1	Penn State Abin	5:30.61		3/25
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Women's Long Jump

1	Amelia MATT	#1	Penn State Abin	3.40m	11-2 (-1.7)	4/15
2	Peijia CHEN	#1	Penn State Abin	3.09mw	10-1¾ (2.4)	4/21

Women's Shot Put

1	Jackie LEWIS	#1	Penn State Abin	7.80m	25-7¼	4/15
2	Isabella RODRIGUEZ	#1	Penn State Abin	6.31m	20-8½	4/15
3	Lily DINCHER	#1	Penn State Abin	5.32m	17-5½	3/30
4	Lauren BERG	#1	Penn State Abin	5.05m	16-7	3/30
5	Natalie SYLVESTER	#1	Penn State Abin	4.88m	16-¼	4/21

Women's Discus

1	Jackie LEWIS	#1	Penn State Abin	24.35m	79-10¾	4/7
2	Lily DINCHER	#1	Penn State Abin	17.12m	56-2	4/15
3	Isabella RODRIGUEZ	#1	Penn State Abin	15.53m	50-11½	4/7
4	Natalie SYLVESTER	#1	Penn State Abin	14.29m	46-10¾	4/15

Women's Javelin

1	Jackie LEWIS	#1	Penn State Abin	25.09m	82-3¾	4/21
2	Isabella RODRIGUEZ	#1	Penn State Abin	21.73m	71-3½	4/21



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UMAC

Women's 100 Meters

1	Deanna TRUCKSESS	#5	Northwestern-S	12.82	(2.0)	4/22
2	Stephanie WITBROD	#4	Bethany Luther	13.58	(-0.9)	4/15
3	MacKenzie LYNCH	#1	Martin Luther	13.61	(-1.0)	4/15
4	Cora SCHMITZ	#2	UW-Superior	13.63	(0.3)	4/15
5	Colleen CLAUDE	#2	UW-Superior	13.71	(0.1)	4/15
6	Elizabeth FRIAS	#3	Minnesota Morri	13.83	(0.5)	4/22
7	Carly THOMPSON	#5	Northwestern-S	13.84w	(3.4)	4/22
8	Kim PETERS	#3	Minnesota Morri	13.85	(0.8)	4/7
9	Cianna HOPPE	#4	Bethany Luther	13.96	(0.5)	4/22
10	Maia PANKOW	#1	Martin Luther	14.07	(-1.0)	4/15

Women's 100 Meter Hurdles

1	Grace HAMBIKE	#3	Minnesota Morri	18.26w	(3.2)	4/22
2	Megan MCCUE	#4	Bethany Luther	18.39	(-1.0)	4/15
3	Grace SEIM	#1	Martin Luther	18.40	(-0.1)	4/15
4	Naomi ANDERSON	#4	Bethany Luther	19.67	(-1.0)	4/15
5	Alison FOXEN	#1	Martin Luther	19.68	(-0.1)	4/15
6	Carly THOMPSON	#5	Northwestern-S	19.73w	(2.3)	4/22
7	Jessica NEWMAN	#2	UW-Superior	19.92	(-0.1)	4/15
8	Kenzy KREUZER	#2	UW-Superior	20.96w	(2.9)	4/7
9	Myla VOLK	#2	UW-Superior	21.69	(-0.1)	4/15

Women's 200 Meters

1	Deanna TRUCKSESS	#5	Northwestern-S	26.77	(2.0)	4/22
2	Colleen CLAUDE	#2	UW-Superior	27.46	(-1.7)	4/15
3	MacKenzie LYNCH	#1	Martin Luther	28.07	(-0.9)	4/15
4	Serena LANES	#6	North Central (N	28.17w	(2.7)	4/22
5	Maia PANKOW	#1	Martin Luther	28.19	(-0.1)	4/23
6	Triniti NEUHART	#3	Minnesota Morri	28.26	(0.1)	4/22
7	Abby HOWE	#6	North Central (N	28.59	(1.7)	4/7
8	Cianna HOPPE	#4	Bethany Luther	28.74w	(2.6)	4/23
9	Cora SCHMITZ	#2	UW-Superior	28.80	(-0.9)	4/15
10	Anna BRUECKNER	#7	Crown	29.00	(-0.5)	4/15

Women's 400 Meters

1	Deanna TRUCKSESS	#5	Northwestern-S	1:01.13		4/15
2	Colleen CLAUDE	#2	UW-Superior	1:02.52		4/15
3	Naomi FOLEY	#1	Martin Luther	1:03.87		4/23
4	Serena LANES	#6	North Central (N	1:04.27		4/15
5	Triniti NEUHART	#3	Minnesota Morri	1:04.81		4/7
6	Esther JOHNSON	#6	North Central (N	1:04.86		4/7
7	Cianna HOPPE	#4	Bethany Luther	1:05.13		4/23
8	Brycelyn BREWSTER	#6	North Central (N	1:05.83		4/22
9	Macie VANDENHEUVEL	#1	Martin Luther	1:07.44		4/23
10	Paige DIEKMANN	#3	Minnesota Morri	1:10.76		4/15

Women's 400 Meter Hurdles

1	Alexxa DEQUEVEDO	#2	UW-Superior	1:10.28		4/15
2	Emma NELSON	#1	Martin Luther	1:13.31		4/23
3	Naomi ANDERSON	#4	Bethany Luther	1:14.24		4/15
4	Riley WILSON	#2	UW-Superior	1:20.05		4/15
5	Alison FOXEN	#1	Martin Luther	1:20.12		4/23
6	Megan MCCUE	#4	Bethany Luther	1:22.26		4/22
7	Nibras LUQMAN	#3	Minnesota Morri	1:23.68		4/7
8	Chloe KUHLMAN	#4	Bethany Luther	1:23.84		4/15
9	Jessica NEWMAN	#2	UW-Superior	1:26.57		4/15
10	Kenzy KREUZER	#2	UW-Superior	1:26.68		4/22

Women's 800 Meters

1	Anna BRUECKNER	#7	Crown	2:30.52		4/15
2	Margaret GABB	#1	Martin Luther	2:30.92		4/15
3	Naomi FOLEY	#1	Martin Luther	2:32.58		4/15
4	Cianna HOPPE	#4	Bethany Luther	2:34.60		4/22
5	Priscilla WRIGHT	#5	Northwestern-S	2:34.97		4/15
6	Abby NELSON	#4	Bethany Luther	2:38.30		4/23
7	McKenna LANGERUD	#3	Minnesota Morri	2:38.33		4/22
8	Ruth BRUECKNER	#7	Crown	2:38.77		4/15
9	Jordan MERWIN	#4	Bethany Luther	2:41.70		4/22
10	Kayla TOBIN	#4	Bethany Luther	2:43.82		4/23

Women's 1500 Meters

1	Maya HABBEN	#1	Martin Luther	5:12.40		4/15
2	Halle BARKER	#2	UW-Superior	5:12.76		4/7
3	McKenna LANGERUD	#3	Minnesota Morri	5:26.03		4/15
4	Jordan MERWIN	#4	Bethany Luther	5:27.70		4/15
5	Caroline RINGSMUTH	#5	Northwestern-S	5:27.91		4/22
6	Kayla TOBIN	#4	Bethany Luther	5:28.09		4/23
7	Abby NELSON	#4	Bethany Luther	5:29.42		4/15
8	Cora HUDELLA	#2	UW-Superior	5:31.87		4/22
9	Ilsa HOAGLUND	#3	Minnesota Morri	5:31.99		4/15
10	Chloe KUHLMAN	#4	Bethany Luther	5:33.73		4/15

Women's Steeplechase

1	Abby HAGEN	#7	Crown	11:57.15		4/15
2	Maya HABBEN	#1	Martin Luther	12:18.99		4/23
3	Jordan MERWIN	#4	Bethany Luther	12:41.35		4/23
4	Hannah KRATZ	#1	Martin Luther	13:03.56		4/23
5	Riley WILSON	#2	UW-Superior	13:43.30		4/22
6	Jeanna SCANLON	#2	UW-Superior	13:44.48		4/22
7	Samantha COLVIN	#1	Martin Luther	13:56.18		4/23
8	Margaret GABB	#1	Martin Luther	14:06.78		4/23
9	Chloe KUHLMAN	#4	Bethany Luther	14:19.48		4/23
10	Kenzy KREUZER	#2	UW-Superior	15:51.26		4/15



Conference TFRI Event Summary

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UMAC

Women's 5000 Meters

1	Halle BARKER	#2	UW-Superior	18:59.41	4/15
2	Maya HABBEN	#1	Martin Luther	19:44.60	4/15
3	Kayla TOBIN	#4	Bethany Lutherz	19:49.89	4/15
4	Ilsa HOAGLUND	#3	Minnesota Morri	19:58.91	4/7
5	Zoe HOAGLUND	#3	Minnesota Morri	20:24.82	4/7
6	Hannah KRATZ	#1	Martin Luther	20:27.74	4/15
7	Katelyn MENSCHING	#1	Martin Luther	20:34.49	4/23
8	Cora HUDELLA	#2	UW-Superior	20:59.78	4/15
9	Tea BOERNER	#2	UW-Superior	21:00.49	4/22
10	Jeanna SCANLON	#2	UW-Superior	22:21.55	4/15

Women's 4x100 Relay

1	MacKenzie LYNCH, Elise NOLTE, Macie VANDENHEUVEL, Maia PANKOW	#1	Martin Luther	53.82	4/15
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Women's 4x400 Relay

1	Naomi FOLEY, Margaret GABB, Emma NELSON, Maia PANKOW	#1	Martin Luther	4:25.18	4/15
2	Lydia SCHROEDER, Brycelyn BREWSTER, Serena LANES, Esther JOHNSON	#6	North Central (N	4:33.40	4/22
3	Deanna TRUCKSESS, Winona WARDEN, Priscilla WRIGHT, Caroline RINGSMUTH	#5	Northwestern-S	4:41.12	4/15
4	Kenzy KREUZER, Riley WILSON, Cora HUDELLA, Halle BARKER	#2	UW-Superior	5:05.96	4/15

Women's High Jump

1	Ella SCHLEI	#1	Martin Luther	1.45m	4-9	4/23
1	Elena BRAUER	#1	Martin Luther	1.45m	4-9	4/15
3	Ellen BECKIUS	#3	Minnesota Morri	1.40m	4-7	4/22
3	Stephanie WITBROD	#4	Bethany Lutherz	1.40m	4-7	4/23
5	Sidney BADER	#2	UW-Superior	1.35m	4-5	4/15
5	Myla VOLK	#2	UW-Superior	1.35m	4-5	4/7
5	Grace SEIM	#1	Martin Luther	1.35m	4-5	4/15
8	Alison FOXEN	#1	Martin Luther	1.30m	4-3¼	4/23
9	Kat KRAEMER	#3	Minnesota Morri	1.25m	4-1¼	4/15
9	Sheena JAMES	#3	Minnesota Morri	1.25m	4-1¼	4/15
9	Catie MCPHERSON	#2	UW-Superior	1.25m	4-1¼	4/15
9	Megan MCCUE	#4	Bethany Lutherz	1.25m	4-1¼	4/23

Women's Pole Vault

1	Ally PLATZER	#1	Martin Luther	2.65m	8-8½	4/23
2	Maggie LANDWER	#3	Minnesota Morri	2.58m	8-5½	4/22
3	Brooke PETRICH	#2	UW-Superior	2.50m	8-2½	4/22
4	Alison FOXEN	#1	Martin Luther	2.20m	7-2½	4/23
4	Kenzy KREUZER	#2	UW-Superior	2.20m	7-2½	4/22
6	Siri OVERTURF	#3	Minnesota Morri	1.98m	6-6	4/22
7	Jenna KOEHLER	#1	Martin Luther	1.90m	6-2¾	4/23

Women's Long Jump

1	Stephanie WITBROD	#4	Bethany Lutherz	4.94m	16-2½ (0.4)	4/15
2	Kim PETERS	#3	Minnesota Morri	4.44m	14-6¾ (0.0)	4/7
3	Colleen CLAUDE	#2	UW-Superior	4.37m	14-4 (1.8)	4/15
4	Myla VOLK	#2	UW-Superior	4.32mw	14-2¼ (2.2)	4/7
5	Maggie LANDWER	#3	Minnesota Morri	4.24m	13-11 (0.5)	4/15
6	Cora SCHMITZ	#2	UW-Superior	4.19m	13-9 (1.7)	4/15
7	Megan MCCUE	#4	Bethany Lutherz	4.12m	13-6¼ (0.2)	4/15
8	Sheena JAMES	#3	Minnesota Morri	3.94mw	12-11½ (2)	4/15
9	Kendra DEROSA	#3	Minnesota Morri	3.77m	12-4½ (1.0)	4/15
10	Lydia SCHROEDER	#6	North Central (N	3.75m	12-3¾ (2.0)	4/15

Women's Triple Jump

1	21 Stephanie WITBROD	#4	Bethany Lutherz	11.71mw	38-5 (3.1)	4/13
2	Kim PETERS	#3	Minnesota Morri	9.38m	30-9¼ (-0)	4/15
3	Myla VOLK	#2	UW-Superior	9.28m	30-5½ (-0)	4/15
4	Naomi ANDERSON	#4	Bethany Lutherz	9.20m	30-2¼ (1.7)	4/15

Women's Shot Put

1	Stephanie WITBROD	#4	Bethany Lutherz	11.78m	38-7¾	4/13
2	Elise NOLTE	#1	Martin Luther	11.20m	36-9	4/15
3	Madelinn ROMSDAHL	#1	Martin Luther	11.02m	36-2	4/23
4	Anna BRIGGS	#3	Minnesota Morri	10.52m	34-6¼	4/22
5	Sidney BADER	#2	UW-Superior	10.35m	33-11½	4/22
6	Ella SCHLEI	#1	Martin Luther	10.17m	33-4½	4/15
7	Emma NELSON	#1	Martin Luther	10.10m	33-1¾	4/15
8	Emmaline HAGEDORN	#1	Martin Luther	9.78m	32-1	4/23
9	Jennifer STEINBRING	#3	Minnesota Morri	9.69m	31-9½	4/15
10	MiCayla JONES	#6	North Central (N	9.51m	31-2½	4/15
10	Emma ERICKSON	#2	UW-Superior	9.51m	31-2½	4/15

Women's Discus

1	Abby NELSON	#4	Bethany Lutherz	34.64m	113-8	4/15
2	Emma NELSON	#1	Martin Luther	34.36m	112-9	4/15
3	Emma ERICKSON	#2	UW-Superior	33.41m	109-8	4/7
4	Jennifer STEINBRING	#3	Minnesota Morri	32.79m	107-7	4/22
5	Emmaline HAGEDORN	#1	Martin Luther	32.59m	106-11	4/15
6	Madelinn ROMSDAHL	#1	Martin Luther	32.21m	105-8	4/23
7	Ella SCHLEI	#1	Martin Luther	31.51m	103-5	4/23
8	Elise NOLTE	#1	Martin Luther	30.65m	100-7	4/23
9	Hannah BAKER	#2	UW-Superior	30.57m	100-4	4/7
10	Kasha HUGHLETT	#2	UW-Superior	28.13m	92-3½	4/22



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UMAC

Women's Hammer

1	Kasha HUGHLETT	#2	UW-Superior	43.32m	142-2	4/15
2	Stephanie WITBROD	#4	Bethany Lutheran	40.70m	133-7	4/23
3	Hannah BAKER	#2	UW-Superior	36.69m	120-5	4/22
4	Emma ERICKSON	#2	UW-Superior	36.38m	119-4	4/22
5	Siri OVERTURF	#3	Minnesota Morris	36.20m	118-9	4/22
6	Kianna BIG CROW	#3	Minnesota Morris	33.64m	110-5	4/22
7	Anna BRIGGS	#3	Minnesota Morris	33.27m	109-2	4/22
8	Jennifer STEINBRING	#3	Minnesota Morris	32.81m	107-8	4/15
9	Elise NOLTE	#1	Martin Luther	31.05m	101-11	4/15
10	Megan MCCUE	#4	Bethany Lutheran	30.11m	98-9½	4/23

Women's Javelin

1	91 Emily ASHTON	#5	Northwestern State	36.21m	118-10	4/22
2	Stephanie WITBROD	#4	Bethany Lutheran	34.80m	114-2	4/15
3	Erika GOSCH	#1	Martin Luther	34.39m	112-10	4/23
4	Alexxa DEQUEVEDO	#2	UW-Superior	33.18m	108-10	4/15
5	Kassidy SIEDOW	#3	Minnesota Morris	33.13m	108-9	4/15
6	Nicole PORTER	#1	Martin Luther	29.52m	96-10¼	4/23
7	Elena BRAUER	#1	Martin Luther	28.16m	92-4¾	4/15
8	Ella SCHLEI	#1	Martin Luther	26.59m	87-3	4/23
9	Cora SCHMITZ	#2	UW-Superior	26.15m	85-9½	4/15
10	Lauren PARSONS	#3	Minnesota Morris	25.39m	83-3¾	4/22



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USA South

Women's 100 Meters

1	5	Ahnia CHERRY	#6 North Carolina V	11.78	(1.8)	4/7
2	10	Mariah BROOKS	#6 North Carolina V	11.99	(1.5)	4/21
3	18	Mariah BROOKS	#6 North Carolina V	12.06	(1.6)	3/24
4		Makayla STREET	#5 Brevard (N.C.)	12.70w	(3.5)	3/17
5		Teanna BELLAMY	#6 North Carolina V	12.85	(1.9)	4/14
6		Grace OLUFEMI-AJAYI	#2 Meredith	12.97w	(2.6)	3/31
7		Anyla LUCAS	#2 Meredith	13.18	(1.0)	3/24
8		Quierra HAWKINS	#7 Mary Baldwin	13.29	(1.4)	4/14
9		Erykalyn NEAL	#3 Methodist	13.34w	(2.4)	3/24
10		Davina CUNNINGHAM	#2 Meredith	13.47	(1.8)	3/3

Women's 100 Meter Hurdles

1		Shandrey ALLMAN	#1 Southern Virgini	16.21	(1.5)	4/22
2		Riley HEWARD	#1 Southern Virgini	16.45	(-0.2)	4/14
3		Haylea-Layne MILLER	#5 Brevard (N.C.)	17.36	(0.9)	3/17
4		Ainsley LAU	#1 Southern Virgini	17.96	(-0.2)	4/22
5		Brianna KNIGHT	#1 Southern Virgini	18.07	(-0.2)	4/22
6		Grace HEARNS	#7 Mary Baldwin	18.85	(-0.2)	4/14
7		Allison REHL	#1 Southern Virgini	18.99	(1.5)	4/22
8		Jazmin REYES	#2 Meredith	19.49	(0.4)	4/14
9		Hannah PEDERSEN	#7 Mary Baldwin	21.84	(1.7)	3/24

Women's 200 Meters

1	6	Mariah BROOKS	#6 North Carolina V	24.40	(1.3)	4/7
2	10	Ahnia CHERRY	#6 North Carolina V	24.50	(1.3)	4/7
3		Kayla MITCHELL	#3 Methodist	25.95w	(2.3)	3/24
4		Treasure ROSARIO-WATSON	#3 Methodist	26.35w	(2.3)	4/14
5		Teanna BELLAMY	#6 North Carolina V	26.59	(1.9)	4/7
6		Quierra HAWKINS	#7 Mary Baldwin	26.98	(0.2)	3/24
7		Makayla STREET	#5 Brevard (N.C.)	27.02w	(2.3)	3/17
8		Grace OLUFEMI-AJAYI	#2 Meredith	27.03w	(2.3)	4/14
9		Addie PARKER	#1 Southern Virgini	27.12	(0.2)	3/24
10		Anyla LUCAS	#2 Meredith	27.61w	(2.2)	3/24

Women's 400 Meters

1		Kayla MITCHELL	#3 Methodist	59.13		4/14
2		Addie PARKER	#1 Southern Virgini	1:00.28		3/30
3		Carly O'TOOLE	#2 Meredith	1:01.04		4/22
4		Treasure ROSARIO-WATSON	#3 Methodist	1:01.53		3/16
5		Patti BUSCH	#3 Methodist	1:02.22		4/14
6		Teanna BELLAMY	#6 North Carolina V	1:02.29		4/7
7		Liz MORGAN	#1 Southern Virgini	1:02.53		4/22
8		Mariah BROOKS	#6 North Carolina V	1:02.60		3/17
9		Haylea-Layne MILLER	#5 Brevard (N.C.)	1:03.40		4/14
10		Emily STERLING	#1 Southern Virgini	1:03.96		4/22

Women's 400 Meter Hurdles

1		Haylea-Layne MILLER	#5 Brevard (N.C.)	1:08.28		3/17
2		Folole TORRES	#1 Southern Virgini	1:09.57		4/14
3		Shandrey ALLMAN	#1 Southern Virgini	1:09.78		3/24
4		Savanna CHAPIN	#1 Southern Virgini	1:10.13		4/22
5		Madelyn MERNA	#2 Meredith	1:12.87		4/14
6		Brianna PARKER	#7 Mary Baldwin	1:29.41		3/24

Women's 800 Meters

1		Carly O'TOOLE	#2 Meredith	2:18.35		4/14
2		Kyandra CHANDLER	#1 Southern Virgini	2:19.29		4/14
3		Madelyn MERNA	#2 Meredith	2:20.87		4/14
4		Liz MORGAN	#1 Southern Virgini	2:22.69		3/17
5		Channing BARKER	#5 Brevard (N.C.)	2:23.89		3/24
6		Madison LOWERY	#4 Pfeiffer	2:25.04		3/24
7		Andrea GALLEGOS	#2 Meredith	2:26.89		3/24
8		Kamryn BRADSHAW	#1 Southern Virgini	2:27.49		4/14
9		Heidi BARTON	#1 Southern Virgini	2:27.72		4/14
10		Micah WELBORN	#4 Pfeiffer	2:29.06		4/14

Women's 1500 Meters

1	90	Corrine WEAVER	#2 Meredith	4:43.48		4/22
2		Madison LOWERY	#4 Pfeiffer	4:46.94		3/31
3		Kyandra CHANDLER	#1 Southern Virgini	4:48.52		4/14
4		Carly O'TOOLE	#2 Meredith	4:51.10		3/31
5		Channing BARKER	#5 Brevard (N.C.)	4:57.23		3/24
6		Courtney DRUMM	#3 Methodist	4:57.83		3/24
7		Madelyn MERNA	#2 Meredith	4:58.49		3/31
8		Andrea GALLEGOS	#2 Meredith	4:58.51		4/22
9		Liz MORGAN	#1 Southern Virgini	4:58.69		3/24
10		Sasha WILLIE	#1 Southern Virgini	5:09.24		3/17

Women's Steeplechase

1	6	Corrine WEAVER	#2 Meredith	10:45.58		4/14
2		Amethyst JOSEPH	#2 Meredith	12:16.59		4/14
3		Katelyn WARNER	#1 Southern Virgini	13:19.06		4/14
4		Emmalee HALE	#1 Southern Virgini	14:10.67		4/14

Women's 5000 Meters

1	49	Corrine WEAVER	#2 Meredith	17:28.39		3/31
2	68	Isabel ZIMMERMANN	#2 Meredith	17:36.33		4/14
3	LE+0:	Madison LOWERY	#4 Pfeiffer	17:48.99		4/14
4		Sasha WILLIE	#1 Southern Virgini	18:22.11		4/14
5		Andrea GALLEGOS	#2 Meredith	18:43.02		4/14
6		Zoe CAPPS	#5 Brevard (N.C.)	19:31.72		3/17
7		Micah WELBORN	#4 Pfeiffer	19:46.25		4/14
8		Courtney DRUMM	#3 Methodist	19:57.30		3/16
9		Isabella SAUDO	#2 Meredith	20:07.87		4/14
10		Julie TONON	#2 Meredith	20:15.04		4/14



Conference TFRI Event Summary

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USA South

Women's 10,000 Meters

1	Sasha WILLIE	#1	Southern Virgini	39:10.22	3/30
2	Courtney DRUMM	#3	Methodist	39:47.91	4/14
3	Zoe CAPPS	#5	Brevard (N.C.)	41:21.38	4/14
4	Lilly DALEBOUT	#1	Southern Virgini	42:00.49	3/17
5	Kyandra CHANDLER	#1	Southern Virgini	44:16.65	3/17
6	Kamryn BRADSHAW	#1	Southern Virgini	44:57.35	3/17

Women's 4x100 Relay

1	35	Mariah BROOKS, Teanna BELLAMY, Snejana SPINCAHE, Ahnia CHERRY	#6	North Carolina V	48.43	4/14
2	67	Brandi GARDNER, Treasure ROSARIO-WATSON, Erykalyn NEAL, Kayla MITCHELL	#3	Methodist	49.35	3/24
3		Riley HEWARD, Shandrey ALLMAN, Emily STERLING, Addie PARKER	#1	Southern Virgini	51.00	4/14
4		Davina CUNNINGHAM, Jazmin REYES, Anyla LUCAS, Grace OLUFEMI-AJAYI	#2	Meredith	51.52	3/24

Women's 4x400 Relay

1	71	Savanna CHAPIN, Liz MORGAN, Kyandra CHANDLER, Addie PARKER	#1	Southern Virgini	4:06.57	4/14
2		Treasure ROSARIO-WATSON, Brandi GARDNER, Patti BUSCH, Kayla MITCHELL	#3	Methodist	4:12.32	3/24
3		Andrea GALLEGOS, Madelyn MERNA, Carly O'TOOLE, Corrine WEAVER	#2	Meredith	4:17.12	4/22

Women's High Jump

1	Jilane PEDERSEN	#1	Southern Virgini	1.50m	4-11	4/22
1	Barresha JONES	#2	Meredith	1.50m	4-11	4/14
3	Mikki PROWS	#1	Southern Virgini	1.46m	4-9½	3/30
4	Sophie PHILLIPS	#2	Meredith	1.40m	4-7	3/3
5	Davina CUNNINGHAM	#2	Meredith	1.37m	4-6	3/24
6	Ainsley LAU	#1	Southern Virgini	1.35m	4-5	4/8

Women's Pole Vault

1	Rory HANCHETT	#1	Southern Virgini	2.60m	8-6¼	4/22
2	Savanna CHAPIN	#1	Southern Virgini	2.45m	8-½	4/22
3	Ainsley LAU	#1	Southern Virgini	1.95m	6-4¾	4/8
3	Allison REHL	#1	Southern Virgini	1.95m	6-4¾	4/8

Women's Long Jump

1	20	Brandi GARDNER	#3	Methodist	5.60m	18-4½ (-2)	3/24
2		Ainsley LAU	#1	Southern Virgini	4.64m	15-2¾ (-1)	4/8
3		Imari KNIGHT	#7	Mary Baldwin	4.55m	14-11¼ (-0)	4/14
4		Abigail SNYDER	#1	Southern Virgini	4.44m	14-6¾ (0.0)	4/22
5		Barresha JONES	#2	Meredith	4.41m	14-5¾ (1.7)	4/22
6		McKenzie LANDON	#1	Southern Virgini	4.33m	14-2½ (0.7)	4/22
7		Davina CUNNINGHAM	#2	Meredith	4.32m	14-2¼ (-3)	3/24
8		Jilane PEDERSEN	#1	Southern Virgini	4.31m	14-1¾ (-0)	4/8
9		Grace HEARNS	#7	Mary Baldwin	4.30m	14-1¼ (0.0)	4/14
9		Rory HANCHETT	#1	Southern Virgini	4.30m	14-1¼ (0.0)	4/14

Women's Triple Jump

1		Brandi GARDNER	#3	Methodist	10.80m	35-5¼ (-1)	3/24
2		Jilane PEDERSEN	#1	Southern Virgini	9.92m	32-6½ (-0)	4/14
3		Ainsley LAU	#1	Southern Virgini	9.87mw	32-4¾ (2.6)	3/30
4		Grace HEARNS	#7	Mary Baldwin	9.47m	31-1 (0.0)	4/14
5		Allison REHL	#1	Southern Virgini	9.04m	29-8 (0.6)	3/17

Women's Shot Put

1		Christian VAN NORDEN	#6	North Carolina V	11.51m	37-9¼	3/24
2		Myla BARNES	#8	William Peace	11.26m	36-11½	4/14
3		Majesty SMITH	#8	William Peace	11.09m	36-4¾	4/14
4		Isabell MUSSER	#5	Brevard (N.C.)	10.73m	35-2½	3/24
5		Kayla RICHARDSON	#7	Mary Baldwin	10.55m	34-7½	3/17
6		Aaliyah THOMAS	#4	Pfeiffer	10.52m	34-6¼	3/24
7		Elizabeth JONES	#4	Pfeiffer	10.15m	33-3¾	3/24
8		Tamia HILL-JOHNSON	#8	William Peace	10.06m	33-¼	3/17
9		Alex STANCELL	#4	Pfeiffer	9.89m	32-5½	3/24
10		Grace PUKAS	#5	Brevard (N.C.)	9.83m	32-3	4/7

Women's Discus

1		Myla BARNES	#8	William Peace	35.41m	116-2	3/3
2		Aaliyah THOMAS	#4	Pfeiffer	33.43m	109-8	3/24
3		Rebecca MCGAUGHNEA	#3	Methodist	31.26m	102-7	3/24
4		Isabell MUSSER	#5	Brevard (N.C.)	31.16m	102-3	4/14
5		Danika RAY	#2	Meredith	29.34m	96-3¼	3/24
6		Emma SHUMATE-SUTPHIN	#4	Pfeiffer	28.80m	94-6	3/24
7		Alea WILLIS	#1	Southern Virgini	28.59m	93-9¾	4/22
8		Majesty SMITH	#8	William Peace	28.29m	92-9¾	4/14
9		Presley HEGGIE	#1	Southern Virgini	27.59m	90-6¼	4/22
10		Christian VAN NORDEN	#6	North Carolina V	27.46m	90-1¼	3/24



Conference TFRI Event Summary

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USA South

Women's Hammer

1	Aaliyah THOMAS	#4	Pfeiffer	42.26m	138-8	3/24
2	Elizabeth JONES	#4	Pfeiffer	42.17m	138-4	3/17
3	Majesty SMITH	#8	William Peace	41.10m	134-10	3/24
4	Myla BARNES	#8	William Peace	39.22m	128-8	3/3
5	Alex STANCELL	#4	Pfeiffer	36.04m	118-3	3/24
6	Emma SHUMATE-SUTPHIN	#4	Pfeiffer	34.59m	113-6	4/14
7	Alea WILLIS	#1	Southern Virgini	34.01m	111-7	4/14
8	Janie DECKER	#4	Pfeiffer	29.56m	96-11¾	4/8
9	Jordan PECORELLA	#3	Methodist	28.02m	91-11¼	3/24
10	Ashlyn AWONG-STONE	#1	Southern Virgini	27.66m	90-9	4/22

Women's Javelin

1	Jilane PEDERSEN	#1	Southern Virgini	35.45m	116-4	3/30
2	Presley HEGGIE	#1	Southern Virgini	32.83m	107-9	4/14
3	Alex STANCELL	#4	Pfeiffer	31.60m	103-8	4/14
4	Ainsley LAU	#1	Southern Virgini	28.18m	92-5½	4/14
5	Ashlyn AWONG-STONE	#1	Southern Virgini	27.34m	89-8½	4/14
6	Danika RAY	#2	Meredith	23.78m	78-¼	3/24
7	Emma SHUMATE-SUTPHIN	#4	Pfeiffer	23.27m	76-4¼	4/14
8	Grace PUKAS	#5	Brevard (N.C.)	22.08m	72-5¼	4/14
9	Isabell MUSSER	#5	Brevard (N.C.)	20.60m	67-7	4/14
10	Elizabeth JONES	#4	Pfeiffer	19.69m	64-7¼	4/14



Conference TFRI Event Summary

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WIAC

Women's 100 Meters

1	3	Lauren JARRETT	#1	UW-La Crosse	11.76	(1.8)	4/7
2	4	Tina SHELTON	#4	UW-Whitewater	11.77w	(2.2)	4/21
3	9	Emma LAWRENCE	#1	UW-La Crosse	11.97w	(2.3)	4/14
4	30	Emily DAWIDOWICH	#1	UW-La Crosse	12.11	(1.8)	4/7
5	55	Molly KALLENBACH	#2	UW-Eau Claire	12.26w	(2.3)	4/14
6	60	Rachel CASTELLI	#3	UW-Oshkosh	12.28w	(2.3)	4/14
7	81	Megan BEST	#2	UW-Eau Claire	12.38	(1.8)	4/7
8		Bella SEITZ	#1	UW-La Crosse	12.46w	(2.4)	4/21
9		Jacqueline KORNOWSKI	#4	UW-Whitewater	12.55w	(2.2)	4/21
10		Molly GREENINGER	#3	UW-Oshkosh	12.59	(2.0)	4/14

Women's 100 Meter Hurdles

1	13	Emma LAWRENCE	#1	UW-La Crosse	14.23	(1.5)	4/21
2	14	Brooke MCDOWELL	#1	UW-La Crosse	14.34w	(2.9)	4/21
3	20	Hannah ZASTROW	#2	UW-Eau Claire	14.48w	(3.4)	4/7
4	25	Emilee BOOKER	#2	UW-Eau Claire	14.57w	(3.4)	4/21
5	41	Jaryn JOHANNSEN	#2	UW-Eau Claire	14.81w	(2.9)	4/21
6	78	Kaylie RATHS	#6	UW-Stout	15.29w	(2.9)	4/21
7	87	Allison ANDERSON	#1	UW-La Crosse	15.36w	(3.4)	4/21
8	88	Amber GROSSE	#1	UW-La Crosse	15.37w	(3.4)	4/7
9	94	Caitlin HARRISON	#6	UW-Stout	15.41w	(2.9)	4/21
10		Lexi LEFEVER	#8	UW-River Falls	15.50w	(2.5)	4/7

Women's 200 Meters

1	4	Lauren JARRETT	#1	UW-La Crosse	24.35	(-0.9)	4/14
2	12	Emily DAWIDOWICH	#1	UW-La Crosse	24.65	(-0.9)	4/14
3	15	Tina SHELTON	#4	UW-Whitewater	24.74	(-0.9)	4/14
4	29	Lexi LEFEVER	#8	UW-River Falls	25.04	(0.9)	4/13
5	66	Emilee BOOKER	#2	UW-Eau Claire	25.42w	(3.0)	4/21
6	73	Rachel CASTELLI	#3	UW-Oshkosh	25.48	(-0.9)	4/14
7		Lilly HALVORSON	#1	UW-La Crosse	25.92	(-0.9)	4/14
7		Molly KALLENBACH	#2	UW-Eau Claire	25.92	(0.9)	4/21
9		Bella SEITZ	#1	UW-La Crosse	25.95	(-0.2)	4/14
10		Melanie KUNZE	#1	UW-La Crosse	25.96w	(2.2)	4/7

Women's 400 Meters

1	59	Lilly HALVORSON	#1	UW-La Crosse	58.42		4/14
2	60	Morgan JENNINGS	#1	UW-La Crosse	58.43		4/7
3	83	Amber JOHNSON	#1	UW-La Crosse	58.83		4/14
4	LE+0:	Mara SCHROEDER	#1	UW-La Crosse	59.11		4/7
5		Mackenzie JOHNSON	#5	UW-Stevens Poi	59.21		4/7
6		Izi KNOERNSCHILD	#1	UW-La Crosse	59.37		4/14
7		Ashley BARTELT	#5	UW-Stevens Poi	59.52		4/7
8		Katie MCNAMARA	#4	UW-Whitewater	59.78		4/14
9		Anetha VOGELE	#5	UW-Stevens Poi	59.79		4/14
10		Ellie JILLSON	#1	UW-La Crosse	59.84		4/14

Women's 400 Meter Hurdles

1	5	Brooke MCDOWELL	#1	UW-La Crosse	1:01.92		4/14
2	9	Melanie KUNZE	#1	UW-La Crosse	1:02.10		4/14
3	19	Ashley BARTELT	#5	UW-Stevens Poi	1:03.24		4/21
4	47	Marlee DIETRICH	#8	UW-River Falls	1:05.62		4/15
5	49	Jaryn JOHANNSEN	#2	UW-Eau Claire	1:05.65		4/7
6	64	Gretchen MCNEAL	#1	UW-La Crosse	1:06.30		4/14
7	91	Mara SCHROEDER	#1	UW-La Crosse	1:07.15		4/21
8	98	Sarah HANSEN	#8	UW-River Falls	1:07.36		4/15
9		Lilly ROBERTS	#6	UW-Stout	1:07.60		4/15
10		Kaylie RATHS	#6	UW-Stout	1:07.77		4/21

Women's 800 Meters

1	12	Cyna MADIGAN	#3	UW-Oshkosh	2:12.48		4/1
2	28	Maddie HANNAN	#1	UW-La Crosse	2:14.89		4/7
3	32	Brooke WELLHAUSEN	#5	UW-Stevens Poi	2:15.16		4/21
4	33	Paige FASSBENDER	#4	UW-Whitewater	2:15.26		4/14
5	43	Greta KOEHLER	#1	UW-La Crosse	2:15.77		4/14
6	47	Libby GEISNESS	#3	UW-Oshkosh	2:16.05		4/14
7	66	Kaitlyn GALGON	#7	UW-Platteville	2:16.85		4/14
8	94	Morgan JENNINGS	#1	UW-La Crosse	2:18.19		4/14
9	97	Sydney REISNER	#6	UW-Stout	2:18.22		4/15
10		Joséphine MAKURAT	#3	UW-Oshkosh	2:18.54		4/14

Women's 1500 Meters

1	13	Maddie HANNAN	#1	UW-La Crosse	4:34.35		4/7
2	26	Amelia LEHMAN	#3	UW-Oshkosh	4:36.46		4/1
3	31	Carolyn SHULT	#2	UW-Eau Claire	4:37.08		4/21
4	46	Kimberly CARVIOU	#1	UW-La Crosse	4:38.31		4/21
5	64	Julia ANDERSON	#1	UW-La Crosse	4:41.13		4/7
6	68	Ari DE LA CERDA	#4	UW-Whitewater	4:41.67		4/7
7		Greta KOEHLER	#1	UW-La Crosse	4:44.96		4/7
8		Brekky LAMMERT	#6	UW-Stout	4:44.98		4/21
9		Joséphine MAKURAT	#3	UW-Oshkosh	4:44.99		4/21
10		Brooke WELLHAUSEN	#5	UW-Stevens Poi	4:45.93		4/14

Women's Steeplechase

1	14	Maddy VANTASSEL	#1	UW-La Crosse	10:53.91		4/7
2	20	Emma MALOOLY	#1	UW-La Crosse	11:00.91		4/7
3	38	Katelyn CHADWICK	#1	UW-La Crosse	11:19.14		4/7
4	58	Ashley KACHURIK	#2	UW-Eau Claire	11:32.12		4/21
5	73	Paige ALLEMANN	#5	UW-Stevens Poi	11:38.22		4/21
6	82	Payton SCOGGIN	#4	UW-Whitewater	11:42.30		4/7
7	94	Meygan BENZING	#3	UW-Oshkosh	11:46.45		4/7
8		Kylie JUDD	#2	UW-Eau Claire	11:58.32		4/7
9		Natalie JOHNSON	#5	UW-Stevens Poi	12:04.20		4/21
10		Gabri GAINES	#5	UW-Stevens Poi	12:05.40		4/21



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WIAC

Women's 5000 Meters

1	8	Maddie HANNAN	#1	UW-La Crosse	16:47.67	4/14
2	26	Amelia LEHMAN	#3	UW-Oshkosh	17:11.12	4/14
3	37	Carolyn SHULT	#2	UW-Eau Claire	17:16.41	4/14
4	51	Ari DE LA CERDA	#4	UW-Whitewater	17:28.90	4/14
5	62	Maddy VANTASSEL	#1	UW-La Crosse	17:33.60	4/14
6	77	Julia ANDERSON	#1	UW-La Crosse	17:40.20	4/14
7	92	Katelyn CHADWICK	#1	UW-La Crosse	17:44.28	4/14
8		Naomi LONG	#2	UW-Eau Claire	17:49.60	4/14
9		Emma MALOOLY	#1	UW-La Crosse	17:55.82	4/14
10		Rachel KROUSE	#5	UW-Stevens Poi	18:00.18	4/21

Women's 10,000 Meters

1	23	Madelynn MCINTYRE	#1	UW-La Crosse	36:24.22	4/21
2	46	Naomi LONG	#2	UW-Eau Claire	37:05.75	4/21
3	56	Libby MEYER	#6	UW-Stout	37:41.05	4/21
4	58	Catie GAGE	#5	UW-Stevens Poi	37:42.97	4/21
5	59	Charlotte MUELLER	#1	UW-La Crosse	37:44.15	4/21
6	62	Keeley BEHR	#2	UW-Eau Claire	37:45.49	4/21
7	63	Kiresten RANKE	#2	UW-Eau Claire	37:47.33	4/21
8	67	Morgan DAHL	#2	UW-Eau Claire	37:52.35	4/21
9	68	Lucy DUCHAC	#1	UW-La Crosse	37:54.45	4/21
10	71	Christi FORMAN	#2	UW-Eau Claire	38:02.16	4/21

Women's 4x100 Relay

1	1	Bella SEITZ, Lauren JARRETT, Emma LAWRENCE, Emily DAWIDOWICH	#1	UW-La Crosse	46.30	4/14
2	40	Hannah BILODEAU, Tina SHELTON, Jacqueline KORNOWSKI, Daja PRYOR	#4	UW-Whitewater	48.54	4/14
3	54	Sarah HANSEN, Lexi LEFEVER, Annika GUNDERSON, Sarah LANGLOIS	#8	UW-River Falls	49.08	4/7
4	57	Ashleigh ADAMSON, Madison AHRENS, Shannon WULF, Savannah MORGAN	#7	UW-Platteville	49.15	4/14
5		Jenna DRISCOLL, LaRissa BLOCK, Caitlin HARRISON, Kaylie RATHS	#6	UW-Stout	50.44	4/7
6		Molly GREENINGER, Rachel CASTELLI, Kyra HUBER, Devin HABLE	#3	UW-Oshkosh	50.82	4/21

Women's 4x400 Relay

1	8	Brooke MCDOWELL, Melanie KUNZE, Izi KNOERNSCHILD, Amber JOHNSON	#1	UW-La Crosse	3:54.32	4/7
2	23	Mackenzie JOHNSON, Ashley BARTELT, Brooke WELLHAUSEN, Anetha VOGELE	#5	UW-Stevens Poi	3:59.62	4/14
3	37	Sarah HANSEN, Cailyn KUECHLE, Marlee DIETRICH, Sarah LANGLOIS	#8	UW-River Falls	4:02.12	4/15
4	42	Libby GEISNESS, Josephine MAKURAT, Olivia STENZEL, Alaina WAGNER	#3	UW-Oshkosh	4:03.15	4/14
5	43	Margaret RUSCH, Brynlee NELSON, Ashleigh ADAMSON, Kaitlyn GALGON	#7	UW-Platteville	4:03.28	4/7
6	62	Kylee GRABARSKI, Kelsie MINKIE, Addie MANGOLD, Jane KAUTZ	#2	UW-Eau Claire	4:05.61	4/14
7	72	Paige FASSBENDER, Katie ERB, Roxanne TEMPLE, Carleen SNOW	#4	UW-Whitewater	4:06.84	4/14
8		Brekky LAMMERT, Sydney REISNER, Hannah DAWS, Chloe SMILEY	#6	UW-Stout	4:12.41	4/7

Women's High Jump

1	3	Ainsley HANSEN	#1	UW-La Crosse	1.70m	5-7	4/14
2	20	Macie TODD	#1	UW-La Crosse	1.64m	5-4½	4/7
3	63	Alia VANDERHOEF	#1	UW-La Crosse	1.59m	5-2½	4/21
3	63	Olivia OWENS	#1	UW-La Crosse	1.59m	5-2½	4/7
3	63	Hannah ZASTROW	#2	UW-Eau Claire	1.59m	5-2½	4/7
6	68	Ella MACKIEWICZ	#7	UW-Platteville	1.58m	5-2¼	4/7
7	77	Grace ELVERT	#7	UW-Platteville	1.57m	5-1¾	4/14
8	99	Lexi COLE	#6	UW-Stout	1.56m	5-1¼	4/21
9		Madeline ZIRBEL	#5	UW-Stevens Poi	1.55m	5-1	4/1
9		Danielle POUSKA	#4	UW-Whitewater	1.55m	5-1	4/1



Conference TFRI Event Summary

as of 4/24/2023 8:01:04 AM

WIAC

Women's Pole Vault

1	3	Gracie HOLLAND	#4	UW-Whitewater	3.90m	12-9½	4/1
2	8	Ashley O'CONNELL	#1	UW-La Crosse	3.82m	12-6¼	4/21
3	11	Araceli DE LEO LOPEZ	#1	UW-La Crosse	3.77m	12-4½	4/1
4	17	Annika GUNDERSON	#8	UW-River Falls	3.67m	12-½	4/7
5	24	Leah ZASTROW	#2	UW-Eau Claire	3.62m	11-10½	4/21
6	46	Nina MORRISON	#1	UW-La Crosse	3.47m	11-4½	4/21
6	46	Ayden FLEEHR	#2	UW-Eau Claire	3.47m	11-4½	4/21
6	46	Raegan SORENSEN	#6	UW-Stout	3.47m	11-4½	4/21
9	49	Margaret HELBIG	#4	UW-Whitewater	3.45m	11-3¾	4/1
10	78	Abby MEIDL	#1	UW-La Crosse	3.36m	11-¼	4/14

Women's Long Jump

1	31	Audrey BRAUN	#1	UW-La Crosse	5.53m	18-1¾ (1.7)	4/14
2	53	Dyllan POWERS	#1	UW-La Crosse	5.44m	17-10¼ (1.9)	4/21
3	58	Ava FOLEY	#1	UW-La Crosse	5.42m	17-9½ (0.3)	4/14
4	59	Lexi LEFEVER	#8	UW-River Falls	5.41m	17-9 (2.0)	4/13
5	73	Maya EVANS	#1	UW-La Crosse	5.36mw	17-7 (2.1)	4/21
6	77	Amber GROSSE	#1	UW-La Crosse	5.34mw	17-6¼ (2.9)	4/7
7	80	Abbey FITZGERALD	#2	UW-Eau Claire	5.33m	17-6 (1.4)	4/14
8	93	Jenna MILLER	#1	UW-La Crosse	5.27mw	17-3½ (2.9)	4/21
9	96	Hailie KENT	#1	UW-La Crosse	5.26m	17-3¼ (0.9)	4/14
10		Samantha BARRETT	#1	UW-La Crosse	5.25m	17-2¾ (1.9)	4/7
10		Alexis HEALEY	#7	UW-Platteville	5.25m	17-2¾ (1.7)	4/14

Women's Triple Jump

1	12	Miah KELLER	#1	UW-La Crosse	11.91m	39-1 (0.0)	4/14
2	27	Samantha BARRETT	#1	UW-La Crosse	11.55mw	37-10¾ (4.9)	4/21
3	40	Molly KALLENBACH	#2	UW-Eau Claire	11.33m	37-2¼ (2.0)	4/14
4	50	Kylah FREDERIXON	#1	UW-La Crosse	11.21m	36-9½ (0.5)	4/1
5	51	Mackenzey KRONBERG	#1	UW-La Crosse	11.20m	36-9 (0.4)	4/14
6	53	Hailie KENT	#1	UW-La Crosse	11.19m	36-8½ (1.7)	4/7
7	62	Carly SCHREURS	#1	UW-La Crosse	11.11m	36-5½ (1.9)	4/1
8	67	Maya EVANS	#1	UW-La Crosse	11.08mw	36-4¼ (2.7)	4/21
9		Malina KOEPP	#7	UW-Platteville	10.88mw	35-8½ (3.2)	4/7
10		Kelli SCHNEIDER	#7	UW-Platteville	10.82mw	35-6 (3.2)	4/21

Women's Shot Put

1	1	Skye DIGMAN	#1	UW-La Crosse	15.29m	50-2	4/14
2	4	Catie FOBBE	#2	UW-Eau Claire	14.57m	47-9¾	4/21
3	8	Brenna NOON	#7	UW-Platteville	14.07m	46-2	4/14
4	22	Lupe CORN	#5	UW-Stevens Point	13.43m	44-¾	4/1
5	28	Izzy CARROLL	#1	UW-La Crosse	13.18m	43-3	4/14
6	35	Morgan JENSEN	#2	UW-Eau Claire	13.00m	42-8	4/7
7	36	Brenna MASLOROFF	#3	UW-Oshkosh	12.91m	42-4¼	4/1
8	51	Sarah HULSTEDT	#1	UW-La Crosse	12.68m	41-7¼	4/14
9	66	Makenzie LUECK	#5	UW-Stevens Point	12.42m	40-9	4/14
10	78	Evelyn WALKER	#2	UW-Eau Claire	12.31m	40-4¾	4/14

Women's Discus

1	3	Skye DIGMAN	#1	UW-La Crosse	47.41m	155-7	4/21
2	16	Morgan JENSEN	#2	UW-Eau Claire	43.52m	142-10	4/21
3	19	Micky BARRETTE	#3	UW-Oshkosh	43.27m	142-0	4/14
4	23	Evelyn WALKER	#2	UW-Eau Claire	42.68m	140-1	4/21
5	30	Catie FOBBE	#2	UW-Eau Claire	42.04m	137-11	4/7
6	31	Izzy CARROLL	#1	UW-La Crosse	41.94m	137-7	4/14
7	42	Kenni CZARNECKI	#4	UW-Whitewater	41.15m	135-0	4/7
8	58	Teagan JONES	#2	UW-Eau Claire	40.25m	132-1	4/7
9	65	Raina STECHER	#2	UW-Eau Claire	39.92m	131-0	4/21
10		Samantha KLANN	#7	UW-Platteville	38.01m	124-9	4/7

Women's Hammer

1	2	Skye DIGMAN	#1	UW-La Crosse	57.66m	189-2	4/21
2	14	Leah SURPRENANT	#1	UW-La Crosse	52.40m	171-11	4/7
3	18	Brenna MASLOROFF	#3	UW-Oshkosh	51.39m	168-7	4/7
4	20	Teagan JONES	#2	UW-Eau Claire	50.68m	166-3	4/7
5	25	Kenni CZARNECKI	#4	UW-Whitewater	50.09m	164-4	4/21
6	30	Holly WARDYNSKI	#1	UW-La Crosse	48.89m	160-5	4/14
7	48	Izzy CARROLL	#1	UW-La Crosse	48.14m	157-11	4/21
8	54	Raina STECHER	#2	UW-Eau Claire	47.92m	157-3	4/21
9	57	Paulina WIENKE	#7	UW-Platteville	47.68m	156-5	4/7
10	76	Morgan JENSEN	#2	UW-Eau Claire	46.70m	153-3	4/14

Women's Javelin

1	25	Gabby JOHNSON	#1	UW-La Crosse	39.55m	129-9	4/1
2	29	Skylar WHITE	#1	UW-La Crosse	39.13m	128-5	4/21
3	51	Ella PULS	#1	UW-La Crosse	37.39m	122-8	4/21
4	79	Jessica KEMSTRA	#2	UW-Eau Claire	36.53m	119-10	4/21
5	88	Raegan SORENSEN	#6	UW-Stout	36.25m	118-11	4/7
6	99	Tina SHELTON	#4	UW-Whitewater	35.62m	116-11	4/1
7		Lexi COLE	#6	UW-Stout	34.21m	112-3	4/21
8		Grace ELVERT	#7	UW-Platteville	33.85m	111-1	4/1
9		Jordan SHAMION	#5	UW-Stevens Point	31.75m	104-2	4/14
10		Alia VANDERHOEF	#1	UW-La Crosse	31.58m	103-8	4/21
10		Emma GRUEN	#2	UW-Eau Claire	31.58m	103-8	4/21

Women's Heptathlon

1	9	Lexi LEFEVER	#8	UW-River Falls	4,533		4/13
2	12	Skylar WHITE	#1	UW-La Crosse	4,384		4/21
3	13	Emilee BOOKER	#2	UW-Eau Claire	4,370		4/21
4	15	Emma GRUEN	#2	UW-Eau Claire	4,351		4/21
5	22	Allison ANDERSON	#1	UW-La Crosse	4,225		4/21
6	26	Lexi COLE	#6	UW-Stout	4,156		4/21
7	28	Alexys SCHEUERELL	#1	UW-La Crosse	4,126		4/21
8	34	Noelle HACKENMUELLER	#1	UW-La Crosse	4,031		4/21
9	42	Megan HUNT	#3	UW-Oshkosh	3,905		4/21
10	54	Audrey BRAUN	#1	UW-La Crosse	3,745		4/21