



National TFRI Event Summary

Women's 100 Meters — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Tina SHELTON	#17 UW-Whitewater	23.36	11.54w	(3.1)	5/5/23	WIAC Outdoor Championship
2	Adalia COLEMAN	Bridgewater (Va.)	20.60	11.63w	(4.0)	3/31/23	High Point VertKlasse Meetin
3	Lauren JARRETT	#1 UW-La Crosse	18.43	11.65w	(3.1)	5/5/23	WIAC Outdoor Championship
4	Michelle KWAFO	#19 Coast Guard	15.61	11.75w	(3.8)	4/8/23	Coast Guard Spring Invitation
5	Jasmyn CRAWFORD	#24 Whittier	13.53	11.76	(0.1)	4/29/23	SCIAC Championships
6	Ahnia CHERRY	North Carolina Wesle	11.41	11.78	(1.8)	4/7/23	USF Invitational
7	Kenadee WAYT	#7 Mount Union	10.37	11.79w	(2.3)	5/4/23	OAC Outdoor Championships
7	Laura MATHEWS	Stevens	10.37	11.79w	(3.0)	5/4/23	Middle Atlantic (MAC) Outdo
9	Gabrielle NOLAND	#2 Loras	7.88	11.91w	(2.3)	4/14/23	UW-Platteville Invitational
9	Birgen NELSON	#10 Gustavus Adolphus	7.88	11.91	(2.0)	4/26/23	Gustie Twilight
9	Emily DAWIDOWICH	#1 UW-La Crosse {2}	7.88	11.91w	(3.1)	5/5/23	WIAC Outdoor Championship
12	Marion EDWARDS	#2 Loras {2}	4.80	11.93w	(2.3)	4/14/23	UW-Platteville Invitational
13	Megan BEST	#21 UW-Eau Claire	4.22	11.95w	(3.2)	5/5/23	WIAC Outdoor Championship
14	Gbarper DWAH	Ramapo	3.64	11.97	(0.0)	5/6/23	NJAC Outdoor Championship
14	Emma LAWRENCE	#1 UW-La Crosse {3}	3.64	11.97w	(2.3)	4/14/23	UW-Platteville Invitational
16	Gabri MESCHINO	#4 Chicago	2.60	11.98	(1.4)	4/28/23	Elmhurst Twilight
16	Jayla GORE	Widener	2.60	11.98w	(3.0)	5/4/23	Middle Atlantic (MAC) Outdo
18	Mariah BROOKS	North Carolina Wesle{2}	1.56	11.99	(1.5)	4/21/23	Aggie Classic
19	Rhe Nae LEACH	#24 Whittier {2}	1.42	12.00	(0.1)	4/29/23	SCIAC Championships
19	Madjo DOUMBIA	Centre	1.42	12.00w	(3.9)	4/21/23	Rick Erdmann Twilight
21	Kiara TAN	Williams	1.18	12.01	(0.9)	5/4/23	New England Division III Outd
21	Lindsey NOVAK	#20 North Central (Ill.)	1.18	12.01w	(2.2)	4/21/23	Augustana (Ill.) Meet of Cham
23	Molly KALLENBACH	#21 UW-Eau Claire {2}	0.99	12.02w	(3.1)	5/5/23	WIAC Outdoor Championship
23	Kianne BENJAMIN	Bowdoin	0.99	12.02	(1.0)	5/4/23	New England Division III Outd
25	Valandra RIGGINS	TCNJ	0.77	12.05	(0.0)	5/6/23	NJAC Outdoor Championship
25	Rachel CASTELLI	UW-Oshkosh	0.77	12.05w	(3.2)	5/5/23	WIAC Outdoor Championship
25	Isabella HOGUE	Nebraska Wesleyan	0.77	12.05	(1.9)	5/5/23	South Dakota Tune-up
28	Ava DAVID	Elmhurst	0.58	12.06	(1.4)	4/28/23	Elmhurst Twilight
28	Mariah BROOKS	North Carolina Wesle{3}	0.58	12.06	(1.6)	3/24/23	Trojan Challenge
28	Huda HUSSAINI	Elmhurst	0.58	12.06	(1.6)	5/5/23	CCIW Outdoor Championship
31	Autumn PITTMAN	SUNY Cortland	0.40	12.07	(1.2)	5/5/23	SUNYAC Outdoor Champions
31	Nicole STEWART	#3 Washington (Mo.)	0.40	12.07w	(3.7)	3/31/23	Washington (Mo.) Invitational
31	Sydney TRUSSELL	Christopher Newport	0.40	12.07	(0.8)	4/14/23	Dennis Craddock Invitational
31	Sydney HARNESS	Redlands (Calif.)	0.40	12.07	(1.1)	4/1/23	SCIAC Multi-Dual #2
31	Audrey JOHNSON	#11 Emory	0.40	12.07	(1.4)	3/17/23	Emory Spring Break Classic
36	Katelyn GAMBLE	Washington and Lee	0.20	12.08w	(2.5)	4/30/23	ODAC Outdoor Championshi
36	Mercedes JACKSON	#20 North Central (Ill.) {2}	0.20	12.08w	(2.8)	4/14/23	Beach Invitational
38	Chidimma IGWE	Rutgers-Newark	0.16	12.09w	(3.3)	4/21/23	The Coach Pollard Invitation
38	Maria MUZZARELLI	Widener {2}	0.16	12.09w	(3.0)	5/4/23	Middle Atlantic (MAC) Outdo
38	Lexi LEFEVER	UW-River Falls	0.16	12.09w	(3.1)	5/5/23	WIAC Outdoor Championship
41	Malissa LINDSEY	Connecticut College	0.12	12.10w	(3.8)	4/8/23	Coast Guard Spring Invitation
41	Meghan FRAZIER	Wittenberg	0.12	12.10	(0.8)	5/5/23	NCAC Outdoor Championshi
43	Helen DAVIS	Moravian	0.04	12.12w	(3.3)	4/21/23	The Coach Pollard Invitation
43	Mackenzie MIX	Utica	0.04	12.12	(1.5)	4/21/23	SUNY Cortland Classic Invitat
43	Dashiel Tao HARRIS	#11 Emory {2}	0.04	12.12	(1.4)	3/17/23	Emory Spring Break Classic
46	Jireh BABALOLA	Bethel (Minn.)	0.01	12.13w	(3.4)	5/5/23	Meet of the UnSaintly
46	Madison OSBORN	Cornell College	0.01	12.13	(0.8)	5/6/23	Fighting Scot Open



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Women's 100 Meter Hurdles — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Birgen NELSON	#10 Gustavus Adolphus	25.63	13.32w	(3.1)	5/3/23	Maverick Open
2	Emma LAWRENCE	#1 UW-La Crosse	22.24	13.51w	(3.5)	5/5/23	WIAC Outdoor Championship
3	Aniya SEWARD	Lynchburg	18.46	13.76	(0.0)	4/14/23	Dennis Craddock Invitational
4	Michelle KWAFO	#19 Coast Guard	15.97	13.83w	(2.1)	5/4/23	New England Division III Outd
5	Natalia SAWYER	Buffalo State	13.70	13.87	(2.0)	5/5/23	SUNYAC Outdoor Champions
5	Gwen SHEPARDSON	#16 SUNY Geneseo	13.70	13.87	(2.0)	5/5/23	SUNYAC Outdoor Champions
7	Julia BABINEC	#20 North Central (Ill.)	10.56	13.89w	(2.5)	5/5/23	CCIW Outdoor Championship
8	Denise PARTEE	#20 North Central (Ill.) {2}	9.45	13.91w	(2.5)	5/5/23	CCIW Outdoor Championship
9	Logan BRUCE	Ithaca	8.36	13.93	(0.6)	5/5/23	Liberty League Outdoor Cha
10	Kelsie SEALOCK	Bethel (Minn.)	7.13	13.98w	(2.5)	4/7/23	St. Thomas Tomcat Invitatio
10	Laura MATHEWS	Stevens	7.13	13.98	(1.1)	5/4/23	Middle Atlantic (MAC) Outdo
12	Julia PENA	York (Pa.)	4.86	14.04	(1.1)	5/4/23	Middle Atlantic (MAC) Outdo
13	Chloe YODER	Susquehanna	4.31	14.05w	(3.6)	4/8/23	Susquehanna Easter Classic
14	Ciarra FRANZ	St. John Fisher	3.56	14.16w	(2.9)	5/5/23	Empire 8 Outdoor Champion
15	Emma MCGUINN	RPI	3.04	14.17	(0.6)	5/5/23	Liberty League Outdoor Cha
16	Alison MCDONOUGH	Bridgewater State	2.49	14.19w	(2.1)	5/4/23	New England Division III Outd
17	Eliza CARDWELL	Amherst	1.97	14.20w	(2.1)	5/4/23	New England Division III Outd
18	Brooke MCDOWELL	#1 UW-La Crosse {2}	1.45	14.21w	(3.0)	5/5/23	WIAC Outdoor Championship
18	Elizabeth BARRE	#23 Carnegie Mellon	1.45	14.21	(-1.0)	4/22/23	UAA Outdoor Championships
20	Nakala NADEAU	Elmhurst	1.23	14.22	(0.6)	4/12/23	Cal State LA Twilight
21	Eliza BRUNCAJ	TCNJ	1.02	14.27	(0.0)	5/6/23	NJAC Outdoor Championship
22	Ren BROWN	#4 Chicago	0.74	14.35	(-1.0)	4/22/23	UAA Outdoor Championships
23	Victoria PURRITANO	TCNJ {2}	0.67	14.36	(0.9)	4/14/23	Larry Ellis Invitational
24	Amelia HEWSON	Whitworth	0.55	14.39	(1.2)	4/13/23	Whitworth Twilight
25	Caroline DELVECCHIO	Claremont-Mudd-Scri	0.46	14.41	(-0.3)	4/29/23	SCIAC Championships
26	Chloe SOLUMUA	UC Santa Cruz	0.40	14.43	(0.0)	5/6/23	Coast-to-Coast Athletic Outd
27	Lauren GAY	#3 Washington (Mo.)	0.35	14.46	(1.3)	4/28/23	Big Blue Friday Night Invite
27	Alyssa ROACH	Christopher Newport	0.35	14.46	(0.0)	5/6/23	Coast-to-Coast Athletic Outd
27	JoJo TYYNISMAA	#12 Wartburg	0.35	14.46w	(2.2)	5/4/23	Luther-Wartburg
30	Hannah ZASTROW	#21 UW-Eau Claire	0.20	14.48w	(3.4)	4/7/23	Ashton May Invitational
31	Natalie MCALLISTER	Cornell College	0.16	14.49	(0.3)	5/6/23	Fighting Scot Open
32	Charis RIEBE	#3 Washington (Mo.) {2}	0.12	14.52	(1.3)	4/28/23	Big Blue Friday Night Invite
33	Ashley HEFFERNAN	#13 Rochester (N.Y.)	0.08	14.53	(1.3)	5/5/23	Liberty League Outdoor Cha
34	Jaryn JOHANSEN	#21 UW-Eau Claire {2}	0.04	14.54w	(3.0)	5/5/23	WIAC Outdoor Championship
35	Arisa Grace MCGOWAN	Amherst {2}	0.02	14.55w	(2.1)	5/4/23	New England Division III Outd
35	Naj CAMPBELL	McMurry	0.02	14.55w	(3.0)	4/14/23	McMurry War Hawk Classic



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1	Kenadee WAYT	#7	Mount Union	23.26	24.05	(0.7)	5/4/23	OAC Outdoor Championships
2	Jasmyn CRAWFORD	#24	Whittier	20.87	24.12	(1.4)	5/6/23	Occidental Invitational
3	Kayla ARMSTRONG		Concordia Chicago	18.20	24.24w	(2.6)	4/15/23	Wisconsin Lutheran Green &
4	Adalia COLEMAN		Bridgewater (Va.)	15.98	24.28	(2.0)	3/25/23	Dr. Harry G.M. Jopson Invitati
5	Gabrielle NOLAND	#2	Loras	13.82	24.31	(-0.9)	4/14/23	UW-Platteville Invitational
6	Jasmine BROADWAY	#18	Rowan	11.71	24.33	(0.8)	5/6/23	NJAC Outdoor Championship
7	Lindsey NOVAK	#20	North Central (Ill.)	10.65	24.34	(1.3)	4/28/23	Elmhurst Twilight
8	Lauren JARRETT	#1	UW-La Crosse	9.60	24.35	(-0.9)	4/14/23	UW-Platteville Invitational
9	Sara SCHERMERHORN	#15	Hope	8.38	24.39w	(2.5)	4/21/23	Al Owens Classic
10	Mariah BROOKS		North Carolina Wesle	7.33	24.40	(1.3)	4/7/23	USF Invitational
11	Tina SHELTON	#17	UW-Whitewater	6.27	24.41	(1.6)	5/5/23	WIAC Outdoor Championship
11	Lauren GAY	#3	Washington (Mo.)	6.27	24.41w	(3.4)	4/15/23	Greenville Select Meet
13	Laura MATHEWS		Stevens	4.72	24.42w	(2.2)	5/4/23	Middle Atlantic (MAC) Outdo
14	Ahnia CHERRY		North Carolina Wesle{2}	3.81	24.50	(1.3)	4/7/23	USF Invitational
15	Nicole STEWART	#3	Washington (Mo.) {2}	3.28	24.51w	(2.2)	5/5/23	Billy Hayes Invitational
16	Emily DAWIDOWICH	#1	UW-La Crosse {2}	2.70	24.53	(1.7)	5/5/23	WIAC Outdoor Championship
17	Michelle KWAFO	#19	Coast Guard	2.13	24.55w	(2.9)	4/29/23	NEWMAC Outdoor Champion
18	Ava DAVID		Elmhurst	1.56	24.57w	(3.3)	4/13/23	Bryan Clay Invitational
19	Chidimma IGWE		Rutgers-Newark	1.42	24.58	(0.0)	5/6/23	NJAC Outdoor Championship
20	Susan BANSBACH	#13	Rochester (N.Y.)	1.29	24.59	(1.8)	5/5/23	Liberty League Outdoor Cha
21	Madeline O'CONNELL	#13	Rochester (N.Y.) {2}	1.14	24.61	(1.8)	5/5/23	Liberty League Outdoor Cha
22	Kianne BENJAMIN		Bowdoin	0.92	24.68	(-3.0)	4/14/23	Carla Coffey Classic
22	Lauren PHILLIPS	#5	Johns Hopkins	0.92	24.68	(1.5)	5/5/23	Centennial Outdoor Champio
24	Kymiah BLAIR		Berea (Ky.)	0.76	24.71	(0.6)	4/27/23	CCS Track & Field Champions
24	Gbarper DWAH		Ramapo	0.76	24.71	(0.0)	5/6/23	NJAC Outdoor Championship
26	Valandra RIGGINS		TCNJ	0.57	24.76	(0.0)	5/6/23	NJAC Outdoor Championship
27	Sarah STELLMACH		Bethel (Minn.)	0.44	24.81	(1.2)	4/26/23	Running on Hope Invitational
28	Grace DEVANNY		Wesleyan (Conn.)	0.35	24.83	(-0.6)	4/29/23	NESCAC Track & Field Champ
29	Megan GERAETS	#10	Gustavus Adolphus	0.27	24.85w	(2.7)	4/26/23	Gustie Twilight
30	Lexi LEFEVER		UW-River Falls	0.20	24.87	(1.6)	5/5/23	WIAC Outdoor Championship
31	Samantha GIORDANI	#23	Carnegie Mellon	0.16	24.88	(-1.7)	4/13/23	CMU Last Chance Qualifier
31	Ashley HEFFERNAN	#13	Rochester (N.Y.) {3}	0.16	24.88	(1.3)	5/5/23	Liberty League Outdoor Cha
33	Kate CARLSON	#10	Gustavus Adolphus {2}	0.08	24.89	(0.0)	5/3/23	Maverick Open
34	Rebecca KNEPPEL		Ramapo {2}	0.04	24.90	(0.0)	5/6/23	NJAC Outdoor Championship
35	Rachel CASTELLI		UW-Oshkosh	0.02	24.91	(1.7)	5/5/23	WIAC Outdoor Championship



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1	Gabrielle NOLAND	#2 Loras	24.22	54.09	5/5/23 Dr. Tucker Open
2	Kenadee WAYT	#7 Mount Union	22.03	54.18	4/21/23 Jesse Owens Track Classic
3	Alyssa PFADENHAUER	#2 Loras {2}	19.01	54.67	5/5/23 Dr. Tucker Open
4	Emma KELLEY	#3 Washington (Mo.)	16.03	55.15	4/7/23 Lincoln University Open
5	Susan BANSBACH	#13 Rochester (N.Y.)	13.63	55.41	4/14/23 Brockport Multi & Invitationa
6	Lauren PHILLIPS	#5 Johns Hopkins	11.56	55.46	4/14/23 Bison Outdoor Classic
6	Nevaeh LORJUSTE	#18 Rowan	11.56	55.46	5/6/23 NJAC Outdoor Championship
8	Madison MILES	#7 Mount Union {2}	9.40	55.58	5/4/23 OAC Outdoor Championships
9	Grace DEVANNY	Wesleyan (Conn.)	8.36	55.61	4/22/23 Trinity (Conn.) Invitational (o
10	Kayla ARMSTRONG	Concordia Chicago	7.04	55.85	4/28/23 UNF East Coast Relays
11	Marion EDWARDS	#2 Loras {3}	5.79	56.04	5/5/23 Dr. Tucker Open
12	Sarah STELLMACH	Bethel (Minn.)	4.70	56.11	5/5/23 Meet of the UnSaintly
13	Lindsey NOVAK	#20 North Central (Ill.)	4.06	56.29	5/5/23 CCIW Outdoor Championship
13	Madeline O'CONNELL	#13 Rochester (N.Y.) {2}	4.06	56.29	4/14/23 Brockport Multi & Invitationa
15	Marina MILLER	#6 MIT	3.04	56.32	5/4/23 New England Division III Outd
16	Megan BELL	#13 Rochester (N.Y.) {3}	2.51	56.36	5/5/23 Liberty League Outdoor Cha
16	Natalia SAWYER	Buffalo State	2.51	56.36	4/22/23 Rochester Alumni Invitationa
18	Ashaunti BARNES	Belhaven (Miss.)	1.49	56.39	4/27/23 CCS Track & Field Champions
19	Fiona MEJICO	Colby	1.37	56.43	4/14/23 UConn Northeast Invitational
20	Maria GRILL	TCNJ	1.22	56.50	5/6/23 NJAC Outdoor Championship
21	Harmony CREASY	#2 Loras {4}	1.07	56.58	5/5/23 Dr. Tucker Open
22	T'Aira BOYANCE	Beloit	0.96	56.60	5/5/23 Dr. Tucker Open
23	Kymiah BLAIR	Berea (Ky.)	0.86	56.67	4/27/23 CCS Track & Field Champions
24	Samantha SHEA	St. John Fisher	0.80	56.69	4/14/23 Bison Outdoor Classic
25	Ericka BIGHAM	Alma	0.66	56.83	5/4/23 MIAA Field Day
26	Mihaela TOADER	Allegheny (Pa.)	0.59	56.85	4/14/23 Bison Outdoor Classic
27	Rebecca KNEPPEL	Ramapo	0.53	56.87	5/6/23 NJAC Outdoor Championship
28	Megan GERAETS	#10 Gustavus Adolphus	0.44	56.93	5/3/23 Maverick Open
29	Ashley KELEHER	Colby-Sawyer	0.37	56.96	4/22/23 Trinity (Conn.) Invitational (o
30	Kristin HARDY	#13 Rochester (N.Y.) {4}	0.30	56.99	5/5/23 Liberty League Outdoor Cha
31	Jada STANSBERRY	Anderson (Ind.)	0.26	57.00	4/28/23 HCAC Outdoor Championshi
32	Ava DAVID	Elmhurst	0.19	57.05	4/13/23 Bryan Clay Invitational
33	Crystal ROBINSON	Moravian	0.14	57.06	5/6/23 Landmark Outdoor Champio
34	Noelle GONZALEZ	Scranton	0.09	57.07	5/6/23 Landmark Outdoor Champio
35	Kianne BENJAMIN	Bowdoin	0.05	57.10	4/1/23 Bates College Quad Meet



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1	Natalia SAWYER	Buffalo State	24.99	58.61	4/14/23 Bison Outdoor Classic
2	Birgen NELSON	#10 Gustavus Adolphus	20.83	1:00.19	5/3/23 Maverick Open
3	Janyll BARBER	SUNY Plattsburgh	18.16	1:00.70	5/5/23 SUNYAC Outdoor Champions
4	Emma LAWRENCE	#1 UW-La Crosse	16.03	1:00.80	5/5/23 WIAC Outdoor Championship
5	Eliza BRUNCAJ	TCNJ	13.91	1:00.89	4/21/23 Widener Invitational
6	Gwen SHEPARDSON	#16 SUNY Geneseo	11.63	1:01.11	4/29/23 Cardinal Classic (St. John Fis
7	Darya MIKUSOVA	Dickinson	10.30	1:01.41	5/5/23 Centennial Outdoor Champio
7	Caroline DELVECCHIO	Claremont-Mudd-Scri	10.30	1:01.41	5/6/23 Occidental Invitational
9	Ren BROWN	#4 Chicago	8.25	1:01.49	5/5/23 Dr. Tucker Open
10	Melanie KUNZE	#1 UW-La Crosse {2}	7.24	1:01.51	4/26/23 Drake Relays
11	Brooke MCDOWELL	#1 UW-La Crosse {3}	6.15	1:01.65	5/5/23 WIAC Outdoor Championship
12	Eliza CARDWELL	Amherst	5.13	1:01.68	4/14/23 Carla Coffey Classic
13	Sonialys BADILLO	Misericordia	4.62	1:01.70	5/4/23 Middle Atlantic (MAC) Outdo
14	Molly LODGE	#18 Rowan	3.92	1:02.01	5/6/23 NJAC Outdoor Championship
15	Camryn TAYLOR	Williams	3.40	1:02.04	4/14/23 Carla Coffey Classic
16	Fiona MEJICO	Colby	2.82	1:02.17	5/4/23 New England Division III Outd
17	Carlee DOMKE	Chatham	2.25	1:02.27	4/15/23 Tomcat Invitational
18	Ashley BARTELT	UW-Stevens Point	1.61	1:02.49	5/5/23 WIAC Outdoor Championship
19	Anna RENY	Southern Maine	1.35	1:02.75	4/29/23 Little East Outdoor Champio
20	Ciara DALE	Middlebury	1.20	1:02.84	4/14/23 Carla Coffey Classic
21	Victoria PURRITANO	TCNJ {2}	1.09	1:02.85	4/21/23 Widener Invitational
22	Elee FAULKNER	Redlands (Calif.)	0.84	1:03.09	4/15/23 SCIAC Multi-Dual Series
23	Megan BELL	#13 Rochester (N.Y.)	0.74	1:03.18	5/5/23 Liberty League Outdoor Cha
24	Samantha BECKER	SUNY Cortland	0.67	1:03.20	5/5/23 SUNYAC Outdoor Champions
25	Elise DANIEL	Widener	0.51	1:03.38	5/4/23 Middle Atlantic (MAC) Outdo
26	Emma SMITH	#8 Tufts	0.43	1:03.44	4/14/23 Carla Coffey Classic
27	Simone WILSON	Concordia Chicago	0.37	1:03.46	4/21/23 Georgia Tech Invitational
28	Elizabeth LIRIANO	SUNY Cortland {2}	0.30	1:03.60	5/5/23 SUNYAC Outdoor Champions
29	Lillian MORRELL	Gettysburg	0.25	1:03.63	4/13/23 Messiah Invitational
30	Carson MCSORLEY	#12 Wartburg	0.20	1:03.75	4/26/23 Running on Hope Invitational
31	Aliisa JAMES	Ohio Wesleyan	0.16	1:03.79	5/5/23 NCAC Outdoor Championshi
32	Gretchen MCNEAL	#1 UW-La Crosse {4}	0.12	1:03.86	5/5/23 WIAC Outdoor Championship
33	JoJo TYNISMMAA	#12 Wartburg {2}	0.08	1:03.93	4/26/23 Running on Hope Invitational
34	Merryl GREEN	#2 Loras	0.04	1:03.98	5/5/23 Dr. Tucker Open
34	Lauren BERG	#14 Saint Benedict	0.04	1:03.98	4/26/23 Running on Hope Invitational



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1	Emma KELLEY	#3	Washington (Mo.)	26.38	2:04.41	5/5/23 Billy Hayes Invitational
2	Aoife DUNNE	#3	Washington (Mo.) {2}	21.17	2:08.55	5/5/23 Billy Hayes Invitational
3	Maddie HANNAN	#1	UW-La Crosse	18.32	2:09.69	4/28/23 UW-Eau Claire Richard & Mar
4	Annika URBAN	#11	Emory	15.98	2:10.15	3/24/23 Thrills In The Hills
5	Cyna MADIGAN		UW-Oshkosh	13.92	2:10.24	4/26/23 Drake Relays
6	Rose TESZLER	#25	Swarthmore	11.65	2:10.61	4/21/23 Widener Invitational
7	Ellie RISING		George Fox	10.47	2:10.86	4/21/23 Northwest (NWC) Conference
8	Sydney PACKARD		WPI	9.01	2:11.74	4/21/23 Georgia Tech Invitational
9	Libby RANOCHA	#11	Emory {2}	7.97	2:11.81	4/22/23 UAA Outdoor Championships
10	Alessia SARUSSI	#3	Washington (Mo.) {3}	6.90	2:11.97	4/22/23 UAA Outdoor Championships
11	Kayla KASS		Stockton	5.85	2:12.07	4/21/23 Widener Invitational
12	Tanise THORNTON-FILLYAW		Goucher	4.77	2:12.23	5/6/23 Landmark Outdoor Champio
13	Hannah NEILON	#8	Tufts	4.25	2:12.27	3/24/23 Mangrum Invitational
14	Allison UHL		TCNJ	3.70	2:12.38	4/21/23 Widener Invitational
15	Greta KOEHLER	#1	UW-La Crosse {2}	3.13	2:12.53	5/5/23 WIAC Outdoor Championship
16	Megan BELL	#13	Rochester (N.Y.)	2.36	2:13.14	4/22/23 Rochester Alumni Invitationa
17	Danielle SCHULTZ	#3	Washington (Mo.) {4}	1.86	2:13.15	4/22/23 UAA Outdoor Championships
17	Maddie KELLY	#4	Chicago	1.86	2:13.15	4/14/23 Wheaton (Ill.) Invitational
19	Sophie FOX	#3	Washington (Mo.) {5}	1.24	2:13.21	4/28/23 Big Blue Friday Night Invite
20	Julia HOWARTH	#6	MIT	1.13	2:13.26	4/22/23 Sean Collier Invitational
21	Kenadee WAYT	#7	Mount Union	1.01	2:13.33	4/15/23 Ohio Cherry Blossom Invitati
22	Alexandra MADDUX		Hamline	0.90	2:13.39	5/3/23 Joe Sweeney Tommie Twilig
23	Maeve HOFFMAN		Wesleyan (Conn.)	0.78	2:13.68	5/4/23 New England Division III Outd
24	Elisabeth CAMIC	#4	Chicago {2}	0.72	2:13.73	4/14/23 Wheaton (Ill.) Invitational
25	Annessa IHDE		Bethel (Minn.)	0.66	2:13.78	4/15/23 Bethel Invitational
26	Paige FASSBENDER	#17	UW-Whitewater	0.60	2:13.80	5/5/23 WIAC Outdoor Championship
27	Windsor ARDNER	#16	SUNY Geneseo	0.54	2:13.88	4/14/23 Bison Outdoor Classic
28	Sierra DOODY	#16	SUNY Geneseo {2}	0.45	2:14.02	4/22/23 Rochester Alumni Invitationa
29	Sydney DZENUTIS		Franklin & Marshall	0.39	2:14.06	5/5/23 Centennial Outdoor Champio
30	Lily CAMPBELL	#12	Wartburg	0.34	2:14.08	5/4/23 Luther-Wartburg
31	Maya ORDONEZ	#4	Chicago {3}	0.29	2:14.10	4/22/23 UAA Outdoor Championships
32	Brooke WELLHAUSEN		UW-Stevens Point	0.25	2:14.11	5/5/23 WIAC Outdoor Championship
33	Annie BERRY		Pacific (Ore.)	0.19	2:14.20	4/28/23 Oregon State High Performa
34	Hailey SMITH		Lynchburg	0.12	2:14.33	4/14/23 Dennis Craddock Invitational
35	Paloma DEMONTE		Ithaca	0.09	2:14.38	4/14/23 Bison Outdoor Classic
36	Libby GEISNESS		UW-Oshkosh {2}	0.06	2:14.41	4/27/23 Kip Janvrin Open
37	Chloe BULLOCK		Redlands (Calif.)	0.06	2:14.42	4/29/23 SCIAAC Championships
38	Rachel CONHOFF		Ursinus	0.05	2:14.48	4/21/23 Widener Invitational
39	Christine ALBRECHT		St. Olaf	0.01	2:14.65	5/6/23 St. Olaf Ole Open



National TFRI Event Summary

Women's 1500 Meters — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Anastasia TUCKER	#15 Hope	23.16	4:25.22	4/21/23 Al Owens Classic
2	Fiona SMITH	#14 Saint Benedict	21.02	4:25.51	5/3/23 Joe Sweeney Tommie Twilig
3	Annika URBAN	#11 Emory	18.71	4:26.17	4/7/23 Flames Invitational
4	Clara MAYFIELD	#22 Carleton	16.11	4:27.44	5/3/23 Joe Sweeney Tommie Twilig
5	Maddie KELLY	#4 Chicago	13.92	4:27.85	5/5/23 Dr. Tucker Open
6	Emily KONKUS	#3 Washington (Mo.)	11.57	4:28.59	5/5/23 Billy Hayes Invitational
7	Sydney PACKARD	WPI	10.30	4:29.32	5/4/23 New England Division III Outd
8	Aoife DUNNE	#3 Washington (Mo.) {2}	9.25	4:29.48	4/1/23 Washington (Mo.) Distance C
9	Chrissy AMAN	Bates	8.21	4:29.60	5/4/23 New England Division III Outd
10	Emma KELLEY	#3 Washington (Mo.) {3}	7.12	4:29.91	4/28/23 Big Blue Friday Night Invite
11	Gillian ROEDER	#6 MIT	6.09	4:29.99	5/4/23 New England Division III Outd
12	Grace HADLEY	WPI {2}	5.09	4:30.00	4/15/23 UMASS Outdoor Invitational
13	Hannah NEILON	#8 Tufts	4.59	4:30.01	5/4/23 New England Division III Outd
14	Cat WIMMER	#4 Chicago {2}	3.96	4:30.43	5/5/23 Dr. Tucker Open
15	Maddie HANNAN	#1 UW-La Crosse	3.45	4:30.46	5/5/23 WIAC Outdoor Championship
16	Windsor ARDNER	#16 SUNY Geneseo	2.87	4:30.72	4/14/23 Bison Outdoor Classic
17	Lexi BROWN	#12 Wartburg	2.20	4:31.28	4/26/23 Drake Relays
18	Harrinee SENTHILKUMAR	#5 Johns Hopkins	1.61	4:31.56	5/5/23 Centennial Outdoor Champio
19	Christine ALBRECHT	St. Olaf	1.42	4:31.85	5/3/23 Joe Sweeney Tommie Twilig
20	Kassie PARKER	#2 Loras	1.30	4:31.92	5/5/23 Dr. Tucker Open
21	Rachel CONHOFF	Ursinus	1.12	4:32.19	5/5/23 Centennial Outdoor Champio
22	Caroline MCMARTIN	Central (Iowa)	0.96	4:32.57	5/5/23 Dr. Tucker Open
23	Brittany MCCAULEY	#7 Mount Union	0.86	4:32.87	4/14/23 Bison Outdoor Classic
24	Abby SCOTT	Williams	0.74	4:33.33	5/4/23 New England Division III Outd
25	Allison SIBOLD	St. Lawrence	0.67	4:33.46	5/5/23 Liberty League Outdoor Cha
26	Ellie RISING	George Fox	0.60	4:33.61	5/5/23 Oregon Twilight
27	Katarina BIRIMAC	#4 Chicago {3}	0.48	4:34.09	5/5/23 Dr. Tucker Open
28	Evelyn BATTLESON-GUNKEL	#4 Chicago {4}	0.43	4:34.10	5/5/23 Dr. Tucker Open
29	Amelia LEHMAN	UW-Oshkosh	0.36	4:34.19	5/5/23 WIAC Outdoor Championship
30	Brenna SCLAIR	George Fox {2}	0.29	4:34.36	4/21/23 Northwest (NWC) Conference
31	Marcie HOGAN	#16 SUNY Geneseo {2}	0.21	4:34.59	4/14/23 Bison Outdoor Classic
32	Ellie OSTERBERGER	#2 Loras {2}	0.12	4:35.06	5/5/23 Dr. Tucker Open
33	Erin EIVERS	#16 SUNY Geneseo {3}	0.08	4:35.16	5/5/23 SUNYAC Outdoor Champions
34	Valerie HERBST	#2 Loras {3}	0.04	4:35.27	5/5/23 Dr. Tucker Open
35	Carolyn SHULT	#21 UW-Eau Claire	0.02	4:35.55	5/5/23 WIAC Outdoor Championship



National TFRI Event Summary

Women's Steeplechase — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Aubrie FISHER	#12 Wartburg	24.61	10:22.07	4/26/23 Drake Relays
2	Rachel HIRSCHKIND	#16 SUNY Geneseo	22.54	10:22.51	4/27/23 Penn Relays
3	Sara STEPHENSON	#5 Johns Hopkins	18.24	10:37.99	3/30/23 Colonial Relays
4	Sydney KHOSLA	Wittenberg	16.05	10:39.31	5/5/23 NCAC Outdoor Championshi
5	Haylei COOLICAN	St. Lawrence	13.54	10:42.88	5/5/23 Liberty League Outdoor Cha
6	Molly FITZGIBBONS	Williams	11.44	10:43.56	4/29/23 NESCAC Track & Field Champ
7	Einat GAVISH	#6 MIT	10.40	10:43.89	5/4/23 New England Division III Outd
8	Caroline MCMARTIN	Central (Iowa)	9.39	10:43.95	4/14/23 Jim Duncan Invitational
9	Megan JOHNSON	Central (Iowa) {2}	8.23	10:45.32	4/26/23 Drake Relays
10	Corrine WEAVER	Meredith	7.21	10:45.58	4/14/23 Dennis Craddock Invitational
11	Maddy VANTASSEL	#1 UW-La Crosse	6.13	10:46.42	4/26/23 Drake Relays
12	Ellie MEYER	#12 Wartburg {2}	5.06	10:47.15	4/1/23 Washington (Mo.) Distance C
13	Mary Kate MCGRANAHAN	Amherst	4.31	10:49.85	4/8/23 Amherst Spring Fling
14	Emma MALOOLY	#1 UW-La Crosse {2}	3.80	10:49.89	4/26/23 Drake Relays
15	Jenna ALLMAN	Calvin	3.17	10:52.10	4/21/23 Al Owens Classic
16	Ash BAUDIN	UC Santa Cruz	2.64	10:52.84	3/30/23 Mike Fanelli Track Classic
17	Kylah HOLLAND	Hardin-Simmons	2.01	10:55.51	3/30/23 Bobcat Invitational (Texas St
18	Amelia KOKERNAK	WPI	1.49	10:56.03	5/4/23 New England Division III Outd
19	Kate KENNY	Middlebury	1.29	10:58.20	5/4/23 New England Division III Outd
20	Ellie MURPHY-WEISE	Wellesley	1.11	10:59.81	5/4/23 New England Division III Outd
21	Christine ALBRECHT	St. Olaf	1.00	11:00.02	4/15/23 Bethel Invitational
22	Kelsey LAGUNAS	Lynchburg	0.90	11:00.05	4/30/23 ODAC Outdoor Championshi
23	Audrey GRIMES	Middlebury {2}	0.82	11:00.69	3/24/23 Mangrum Invitational
24	Julia PATTERSON	#3 Washington (Mo.)	0.74	11:01.47	4/1/23 Washington (Mo.) Distance C
25	Katelyn CHADWICK	#1 UW-La Crosse {3}	0.66	11:02.09	5/5/23 WIAC Outdoor Championship
26	Athena THARENOS	Wooster	0.54	11:03.59	5/5/23 NCAC Outdoor Championshi
27	Emily SMEDS	Bridgewater (Va.)	0.41	11:05.28	4/30/23 ODAC Outdoor Championshi
28	Jessica NEAL	George Fox	0.30	11:06.78	4/21/23 Northwest (NWC) Conference
29	Caitlin JORGENSEN	#4 Chicago	0.25	11:07.39	4/22/23 UAA Outdoor Championships
30	Brianna RENNEN	#2 Loras	0.20	11:07.96	4/14/23 UW-Platteville Invitational
31	Ellie OSTERBERGER	#2 Loras {2}	0.16	11:08.33	4/21/23 Augustana (Ill.) Meet of Cham
32	Abigail PATTERSON	#3 Washington (Mo.) {2}	0.12	11:08.89	4/1/23 Washington (Mo.) Distance C
33	Kate INGLIS	Catholic (D.C.)	0.08	11:09.78	4/22/23 Johns Hopkins/Loyola (Md.) I
34	Ella WHINNEY	Wellesley {2}	0.04	11:10.08	5/4/23 New England Division III Outd
35	Ari DE LA CERDA	#17 UW-Whitewater	0.02	11:11.47	5/5/23 WIAC Outdoor Championship



National TFRI Event Summary

Women's 5000 Meters — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Kassie PARKER	#2 Loras	26.04	15:37.00	4/21/23 Payton Jordan Cardinal Invit
2	Fiona SMITH	#14 Saint Benedict	21.51	16:05.43	4/26/23 Drake Relays
3	Annika URBAN	#11 Emory	19.38	16:06.95	4/13/23 Bryan Clay Invitational
4	Anastasia TUCKER	#15 Hope	17.04	16:10.91	4/26/23 Drake Relays
5	Clara MAYFIELD	#22 Carleton	13.90	16:28.16	4/26/23 Drake Relays
6	Anna KENIG-ZIESLER	#4 Chicago	11.38	16:37.48	4/14/23 UW-Platteville Invitational
7	Lexi BROWN	#12 Wartburg	10.30	16:39.03	4/14/23 UW-Platteville Invitational
8	Maddie KELLY	#4 Chicago {2}	9.01	16:44.33	4/1/23 Washington (Mo.) Distance C
9	Maddie HANNAN	#1 UW-La Crosse	7.83	16:47.67	4/14/23 UW-Platteville Invitational
10	Evelyn BATTLES- GUNKEL	#4 Chicago {3}	6.80	16:48.15	4/1/23 Washington (Mo.) Distance C
11	Rachel HIRSCHKIND	#16 SUNY Geneseo	5.76	16:48.99	4/14/23 Bison Outdoor Classic
12	Caroline MCMARTIN	Central (Iowa)	4.69	16:50.17	4/1/23 Washington (Mo.) Distance C
13	Emily KONKUS	#3 Washington (Mo.)	4.15	16:51.00	4/1/23 Washington (Mo.) Distance C
14	Grace HADLEY	WPI	3.51	16:53.64	4/8/23 UMASS Flagship Opener
15	Morgan LEE	RPI	2.95	16:55.24	4/27/23 Penn Relays
16	Aubrie FISHER	#12 Wartburg {2}	2.41	16:56.40	4/14/23 UW-Platteville Invitational
17	Sara STEPHENSON	#5 Johns Hopkins	1.89	16:57.33	4/14/23 Bison Outdoor Classic
18	Abigail LOISELLE	Pomona-Pitzer	1.37	16:58.00	5/6/23 Occidental Invitational
19	Cat WIMMER	#4 Chicago {4}	1.20	17:00.83	4/1/23 Washington (Mo.) Distance C
20	Kirsi RAJAGOPAL	#6 MIT	1.09	17:01.14	4/21/23 Sean Collier Invitational Dista
21	Megan MCCULLOCH	Albion	0.97	17:01.89	4/1/23 Washington (Mo.) Distance C
22	Ella BALL	Williams	0.85	17:02.53	4/29/23 NESCAC Track & Field Champ
23	Ella BEHRENS	#3 Washington (Mo.) {2}	0.80	17:02.69	4/22/23 UAA Outdoor Championships
24	Riley BUESE	Lewis & Clark	0.74	17:02.94	5/6/23 Portland Twilight
25	Katarina BIRIMAC	#4 Chicago {5}	0.68	17:03.31	4/22/23 UAA Outdoor Championships
26	Sofia CARLSON	St. Olaf	0.61	17:04.03	4/14/23 UW-Platteville Invitational
27	Grace RICHARDSON	NYU	0.54	17:04.86	4/14/23 Larry Ellis Invitational
28	Jillian RICHARDSON	Bates	0.42	17:07.59	4/14/23 Friar Invitational
29	Shaelyn HOSTAGER	#12 Wartburg {3}	0.36	17:07.79	4/14/23 UW-Platteville Invitational
30	Vivian KANE	NYU {2}	0.25	17:10.28	3/30/23 Colonial Relays
31	Amelia LEHMAN	UW-Oshkosh	0.19	17:11.12	4/14/23 UW-Platteville Invitational
32	Kathleen MCCAREY	#16 SUNY Geneseo {2}	0.15	17:11.17	4/8/23 RIT Invitational
33	Penelope GREENE	#16 SUNY Geneseo {3}	0.10	17:11.61	4/14/23 Bison Outdoor Classic
34	Brenna SCLAIR	George Fox	0.04	17:12.73	4/13/23 Bryan Clay Invitational
35	Gillian ROEDER	#6 MIT {2}	0.02	17:13.07	4/21/23 Sean Collier Invitational Dista



National TFRI Event Summary

Women's 10,000 Meters — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Kassie PARKER	#2 Loras	27.16	32:36.22	3/31/23 Stanford Invitational
2	Fiona SMITH	#14 Saint Benedict	23.08	33:23.89	4/12/23 Mt. SAC Relays
3	Clara MAYFIELD	#22 Carleton	19.22	34:08.69	4/13/23 Bryan Clay Invitational
4	Anastasia TUCKER	#15 Hope	16.56	34:24.97	3/23/23 Raleigh Relays
5	Katarina BIRIMAC	#4 Chicago	13.36	35:08.09	4/1/23 Washington (Mo.) Distance C
6	Frances SCHAEFFLER	#4 Chicago {2}	11.30	35:10.56	4/1/23 Washington (Mo.) Distance C
7	Anna KENIG-ZIESLER	#4 Chicago {3}	10.26	35:11.97	4/1/23 Washington (Mo.) Distance C
8	Ella BEHRENS	#3 Washington (Mo.)	9.23	35:13.23	4/1/23 Washington (Mo.) Distance C
9	Shaelyn HOSTAGER	#12 Wartburg	8.02	35:21.23	4/1/23 Washington (Mo.) Distance C
10	Meghan OWENS	Centre	6.67	35:35.32	4/7/23 Flames Invitational
11	Kiera OLSON	#3 Washington (Mo.) {2}	5.61	35:40.22	4/1/23 Washington (Mo.) Distance C
12	Kathleen MCCAREY	#16 SUNY Geneseo	4.58	35:42.53	4/14/23 Bison Outdoor Classic
13	Susannah BENNETT	Wheaton (Ill.)	3.97	35:50.93	4/21/23 UW-La Crosse Esten Challeng
14	Nia GODDARD	RPI	3.46	35:51.79	4/14/23 Bison Outdoor Classic
15	Hannah PREISSER	#22 Carleton {2}	2.95	35:52.33	4/21/23 UW-La Crosse Esten Challeng
16	Sophie TEDESCO	#4 Chicago {4}	2.38	35:58.19	4/22/23 UAA Outdoor Championships
17	Alison BODE	St. Olaf	1.87	35:59.01	4/26/23 Drake Relays
18	Abigail LOISELLE	Pomona-Pitzer	1.33	36:02.33	4/29/23 SCIAAC Championships
19	Macy MCADAMS	Muskingum	1.20	36:04.45	4/14/23 Bison Outdoor Classic
20	Erica ESPER	John Carroll	1.09	36:05.02	4/14/23 Bison Outdoor Classic
21	Tessa PITCOVICH	Ohio Northern	0.97	36:07.00	4/1/23 Washington (Mo.) Distance C
22	Megan MCCULLOCH	Albion	0.82	36:11.27	4/14/23 Bison Outdoor Classic
23	Sienna RUITER-DIAZ	Calvin	0.65	36:20.49	4/1/23 Washington (Mo.) Distance C
24	Anna HADDAD	#6 MIT	0.59	36:21.44	5/4/23 New England Division III Outd
25	Riley BUESE	Lewis & Clark	0.52	36:22.98	3/30/23 Mike Fanelli Track Classic
26	Claire ANDERSON	Wellesley	0.47	36:23.57	5/4/23 New England Division III Outd
27	Madelynn MCINTYRE	#1 UW-La Crosse	0.41	36:24.22	4/21/23 UW-La Crosse Esten Challeng
28	Stephanie AGER	Wesleyan (Conn.)	0.31	36:27.82	5/4/23 New England Division III Outd
29	Carolyn TODD	Washington and Lee	0.25	36:29.03	4/14/23 Bison Outdoor Classic
30	Katherine HIRSCH	Haverford	0.20	36:33.24	3/30/23 Danny Curran Invitational
31	Lydia RANDOLPH	Trine	0.16	36:34.05	4/21/23 UW-La Crosse Esten Challeng
32	Megan FRANCOEUR	SUNY Oneonta	0.12	36:34.16	4/14/23 Bison Outdoor Classic
33	Kayla AALPOEL	George Fox	0.08	36:35.93	4/13/23 Bryan Clay Invitational
34	Sarah JAMES	Lynchburg	0.04	36:37.38	3/30/23 Colonial Relays
35	Sydney FRIDEL	#5 Johns Hopkins	0.02	36:39.03	4/27/23 Penn Relays



National TFRI Event Summary

Women's 4x100 Relay — 2023 Week #7, May 9

NPR	Relay Squad	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Harmony CREASY, Marion EDWARDS, Stevie LAMBE, Gabrielle NOLAND	#2 Loras	24.21	46.02	4/27/23 Dubuque Relays
2	Bella SEITZ, Lauren JARRETT, Emma LAWRENCE, Emily DAWIDOWICH	#1 UW-La Crosse	21.55	46.23	4/27/23 Dubuque Relays
3	Myciah CLAY, Lauren GAY, Lauren HAMILTON, Nicole STEWART	#3 Washington (Mo.)	19.26	46.32	5/5/23 Billy Hayes Invitational
4	Ashlyn MACLURE, Maria GRILL, Victoria PURRITANO, Valandra RIGGINS	TCNJ	16.21	46.66	5/6/23 NJAC Outdoor Championship
5	Jasmyn CRAWFORD, Talia JOHNSON, Mackenzie REED, Rhe Nae LEACH	#24 Whittier	13.93	46.75	4/29/23 SCIAC Championships
6	Nevaeh LORJUSTE, Jasmine BROADWAY, Molly LODGE, Promise FADAHUNSI	#18 Rowan	11.90	46.76	5/6/23 NJAC Outdoor Championship
7	Mercedes JACKSON, Julia BABINEC, Lindsey NOVAK, Denise PARTEE	#20 North Central (Ill.)	10.68	46.85	5/5/23 CCIW Outdoor Championship
8	Maigan ADAMS, Alexandra ACKERMAN, Sydney HARNESS, Sabrina SEMMERE	Redlands (Calif.)	9.27	47.05	4/1/23 SCIAC Multi-Dual #2
9	Barbara EXILUS, Rebecca KNEPPEL, Meredith YASKOVIC, Gbarper DWAH	Ramapo	8.09	47.14	5/6/23 NJAC Outdoor Championship
10	Hannah BODUS, Dashiell Tao HARRIS, Kaya BINETTI, Audrey JOHNSON	#11 Emory	7.05	47.16	5/5/23 Life U Last Chance
11	Lauren MARSHALL, Ava DAVID, Hannah SCHWARZ, Huda HUSSAINI	Elmhurst	5.93	47.22	4/28/23 Elmhurst Twilight
12	Lauren RONCONE, Madison MILES, Carlie PRATT, Kenadee WAYT	#7 Mount Union	4.89	47.24	5/4/23 OAC Outdoor Championships
13	Megan BEST, Molly KALLENBACH, Erin JOHNSON, Emilee BOOKER	#21 UW-Eau Claire	3.87	47.25	4/28/23 UW-Eau Claire Richard & Mar
14	Kate ISAAC, Susan BANSBACH, Ashley HEFFERNAN, Madeline O'CONNELL	#13 Rochester (N.Y.)	2.83	47.27	5/5/23 Liberty League Outdoor Cha
15	Jireh BABALOLA, Kelsie SEALOCK, Makenna BROWN, Sarah STELLMACH	Bethel (Minn.)	2.16	47.35	4/26/23 Drake Relays
16	Helen DAVIS, Crystal ROBINSON, Abby GIAMONI, Rachel BYRNE	Moravian	1.64	47.36	5/6/23 Landmark Outdoor Champio
17	Makenna LIZARDE, Kaylee SMITH, Allison KREMER, Khyra STINER	Chapman	1.32	47.47	4/29/23 SCIAC Championships
18	Camila GARANTON, Gabri MESCHINO, Izzy LAYNE, Maddie LYONS	#4 Chicago	1.20	47.48	4/28/23 Elmhurst Twilight



National TFRI Event Summary

Women's 4x100 Relay — 2023 Week #7, May 9

19	Danielle MILLER, Birgen NELSON, Megan GERAETS, Kate CARLSON	#10 Gustavus Adolphus	1.06	47.50	4/26/23	Gustie Twilight
20	Kendall SOBCZYK, Alyssa LABELLE, Elizabeth LIRIANO, Autumn PITTMAN	SUNY Cortland	0.91	47.53	5/5/23	SUNYAC Outdoor Champions
21	Gabby HARRIS, Kenzie KELLY, Augusta Clai BURHANS, Grace DEVANNY	Wesleyan (Conn.)	0.80	47.54	5/4/23	New England Division III Outd
22	Zora SHAKHAN, Lindsey MAGOTEAUX, Haleigh WILLISON, Meghan FRAZIER	Wittenberg	0.59	47.65	5/5/23	NCAC Outdoor Championshi
23	Emily ZIELINSKI, Schyler WYSE, Amanda CASTALDI, Michaina LORISTON	Wheaton (Mass.)	0.48	47.66	4/14/23	Carla Coffey Classic
24	Genevieve ARNOLD, Mia SCOTT, Taylor ANTHONY, Rosie MURRAY	John Carroll	0.37	47.67	5/4/23	OAC Outdoor Championships
25	Melissa WHITE, Michelle LOUIE, Eva KAIDEN, Cady BARNES	Middlebury	0.25	47.69	4/14/23	Carla Coffey Classic
26	Addie PARKER, JoJo TYYNISMAA, Olivia TOLLARI, Mikala SIDNEY	#12 Wartburg	0.13	47.71	4/26/23	Drake Relays
26	Michaela KURBS, Samantha SHEA, Zhane LETTSOME, Ciarra FRANZ	St. John Fisher	0.13	47.71	5/5/23	Empire 8 Outdoor Champion
28	Ava SCHMIDT, Grace BEHRENS, Helen DODGE, Sara SCHERMERHORN	#15 Hope	0.12	47.72	5/4/23	MIAA Field Day
29	Hannah ALDERFER, Chloe YODER, Alayna KREMPA, Alexa RINE	Susquehanna	0.10	47.74	4/27/23	Penn Relays
29	Abigail GERDES, Lauren PHILLIPS, Ashley TANG, Victoria KADIRI	#5 Johns Hopkins	0.10	47.74	5/5/23	Centennial Outdoor Champio



National TFRI Event Summary

Women's 4x400 Relay — 2023 Week #7, May 9

NPR	Relay Squad	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Marion EDWARDS, Gabrielle NOLAND, Stevie LAMBE, Alyssa PFADENHAUER	#2 Loras	25.53	3:40.75	4/26/23 Drake Relays
2	Madeline O'CONNELL, Kristin HARDY, Megan BELL, Susan BANSBACH	#13 Rochester (N.Y.)	21.78	3:44.43	4/29/23 Cardinal Classic (St. John Fis
3	Amber JOHNSON, Morgar JENNINGS, Emily DAWIDOWICH, Emma LAWRENCE	#1 UW-La Crosse	19.00	3:46.13	4/26/23 Drake Relays
4	Sophie FOX, Aoife DUNNE Nicole STEWART, Emma KELLEY	#3 Washington (Mo.)	16.49	3:47.23	5/5/23 Billy Hayes Invitational
5	Kennady GIBBINS, Kenadee WAYT, Mary MASON, Madison MILES	#7 Mount Union	14.39	3:47.45	4/21/23 Jesse Owens Track Classic
6	Maddy HON, Shreya KALYAN, Marina MILLER, Julia HOWARTH	#6 MIT	11.73	3:49.17	4/14/23 UConn Northeast Invitational
7	Kathleen PEDERSEN, Molly LODGE, Nevaeh LORJUSTE, Jasmine BROADWAY	#18 Rowan	10.39	3:50.31	5/6/23 NJAC Outdoor Championship
8	Katherine PAGE, Gabby PHILLIPS, Cianna O'FLAHERTY, Kianne BENJAMIN	Bowdoin	9.29	3:50.65	5/4/23 New England Division III Outd
9	Audrey JOHNSON, Annika URBAN, Dashiell Tao HARRIS, Libby RANOCHA	#11 Emory	8.27	3:50.72	5/5/23 Life U Last Chance
10	Kelsie SEALOCK, Hailey GREGG, Annessa IHDE, Sarah STELLMACH	Bethel (Minn.)	7.15	3:51.10	4/26/23 Drake Relays
11	Grace MASSILLON, Laurer PHILLIPS, Harrinee SENTHILKUMAR, Anna ZAESKE	#5 Johns Hopkins	6.00	3:51.61	5/5/23 Centennial Outdoor Champio
12	Kaylee SMITH, Allison KREMER, Makenna LIZARDE, Chayanit KITNITCHIVA	Chapman	4.73	3:52.54	4/8/23 Pomona-Pitzer Invitational
13	Sophia MACK, Maeve HOFFMAN, Kenzie KELLY, Grace DEVANNY	Wesleyan (Conn.)	3.63	3:52.90	5/4/23 New England Division III Outd
14	Carson MCSORLEY, Olivia TOLLARI, Haley MEYER, JoJo TYNISMMAA	#12 Wartburg	2.61	3:52.95	4/26/23 Drake Relays
15	Jenna RACZKA, Brooklyn LAWRENCE, Khia LASTER, Natalia SAWYER	Buffalo State	2.01	3:53.63	5/5/23 SUNYAC Outdoor Champions
16	Julie TIMPERMAN, Sara SCHERMERHORN, Erin MORAN, Grace BEHRENS	#15 Hope	1.34	3:54.78	4/21/23 Al Owens Classic
17	Kyla MILLER, Cali MINKIE, Faith LADIN, Lindsey NOVAK	#20 North Central (Ill.)	1.22	3:54.91	5/5/23 CCIW Outdoor Championship
18	Allison UHL, Valandra RIGGINS, Eliza BRUNCAJ, Maria GRILL	TCNJ	1.11	3:55.01	4/21/23 Widener Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2023 Week #7, May 9

19	Ally LANDAU, Isabel THORNBERRY, Jahsaiah MOSES, Olivia D'AULERIO	Haverford	0.94	3:55.46	5/5/23	Centennial Outdoor Champio
20	Brooke WELLHAUSEN, Shelby KLOBUCAR, Ashley BARTELT, Mackenzie JOHNSON	UW-Stevens Point	0.84	3:55.47	5/5/23	WIAC Outdoor Championship
21	Katrina KIRKPATRICK, Reia LI, Michaela JONES, Olivia REICHLE	Pomona-Pitzer	0.73	3:55.51	4/29/23	SCIAC Championships
22	Clara SENSINI, Marissa WISE, Jennifer METZ, Sarah LEVINE	SUNY Brockport	0.62	3:55.64	5/5/23	SUNYAC Outdoor Champions
23	Taylor KOTFAS, Sealan LEDAT, CC GRAY, Hayley HUCK	Trinity (Texas)	0.46	3:56.04	5/6/23	Occidental Invitational
24	Mia VOCE, Jada HIGGINS, Shriya VELICHALA, Caroline DELVECCHIO	Claremont-Mudd-Scri	0.34	3:56.20	4/29/23	SCIAC Championships
25	Paige FASSBENDER, Katie MCNAMARA, Hannah BILODEAU, Sarah NIEHEUSER	#17 UW-Whitewater	0.22	3:56.28	5/5/23	WIAC Outdoor Championship
26	Cate KNEEBONE, Julianna KENNEDY, Kennedy MULLEN, Sophia JONES	Trinity (Conn.)	0.12	3:56.29	5/4/23	New England Division III Outd
27	Michelle LOUIE, Ciara DALE, Anna KROUSE, Elle THOMPSON	Middlebury	0.05	3:56.81	4/14/23	Carla Coffey Classic
28	Darya MIKUSOVA, Emerlei SIMONS, Mariana PENUELA, Sara PENUELA	Dickinson	0.02	3:56.98	5/5/23	Centennial Outdoor Champio



National TFRI Event Summary

Women's High Jump — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Jaidyn APPEL	#8 Tufts	24.75	1.73m	5-8	5/4/23	New England Division III Outd
1	Allie WILDSMITH	#19 Coast Guard	24.75	1.73m	5-8	5/4/23	New England Division III Outd
3	Elizabeth BARRE	#23 Carnegie Mellon	19.75	1.72m	5-7¾	4/22/23	UAA Outdoor Championships
3	Ainsley HANSEN	#1 UW-La Crosse	19.75	1.72m	5-7¾	5/5/23	WIAC Outdoor Championship
5	Kira PORZIO	Merchant Marine Aca	13.87	1.70m	5-7	4/2/23	The Coach Omeltchenko Invi
5	Gabriella GRATTAN	Trinity (Conn.)	13.87	1.70m	5-7	5/4/23	New England Division III Outd
5	Abigael PETERSON	Bridgewater State	13.87	1.70m	5-7	3/25/23	Bridgewater State Bears Invit
8	Grace ALLEY	#2 Loras	8.86	1.68m	5-6	4/26/23	Drake Relays
8	Danielle FISK	SUNY Cortland	8.86	1.68m	5-6	4/8/23	SUNY Cortland Red Dragon O
8	Whitley STEPP	Willamette	8.86	1.68m	5-6	4/21/23	Northwest (NWC) Conference
8	Olivia JAMESON	Illinois Tech	8.86	1.68m	5-6	4/14/23	Wheaton (Ill.) Invitational
8	Casey ALLEN	Misericordia	8.86	1.68m	5-6	4/4/23	Misericordia Twilight
8	Rachel SULLIVAN	Rhodes	8.86	1.68m	5-6	4/28/23	SAA Track & Field Champions
8	Gabriela LOIZ	Augustana (Ill.)	8.86	1.68m	5-6	5/5/23	CCIW Outdoor Championship
15	Aaliyah COLLIER	#2 Loras {2}	2.85	1.67m	5-5¾	4/14/23	UW-Platteville Invitational
15	Cailey BEAUDOIN	Adrian	2.85	1.67m	5-5¾	5/4/23	MIAA Field Day
15	Breya CHRISTOPHER	#12 Wartburg	2.85	1.67m	5-5¾	4/14/23	UW-Platteville Invitational
15	Peyton HOWELL	Ohio Wesleyan	2.85	1.67m	5-5¾	5/5/23	NCAC Outdoor Championshi
19	Aurielle BRUNNER	Chatham	0.90	1.66m	5-5¼	3/24/23	Carnegie Mellon Invitational
20	Serenity SANDS	Bridgewater State {2}	0.80	1.65m	5-5	3/25/23	Bridgewater State Bears Invit
20	Miku OKADA	#3 Washington (Mo.)	0.80	1.65m	5-5	4/28/23	Big Blue Friday Night Invite
20	Hailey CAROLAN	Cornell College	0.80	1.65m	5-5	4/14/23	Cornell College Invitational
20	Sarah KILLIP	SUNY Brockport	0.80	1.65m	5-5	4/29/23	Cardinal Classic (St. John Fis
20	Emily RUBIO	Middlebury	0.80	1.65m	5-5	4/14/23	Carla Coffey Classic
20	Glasha HOVEY	Bethel (Minn.)	0.80	1.65m	5-5	4/15/23	Bethel Invitational
26	Anna SCOBlick	Catholic (D.C.)	0.40	1.64m	5-4½	5/6/23	Landmark Outdoor Champio
26	Katherine KEMPFF	#6 MIT	0.40	1.64m	5-4½	5/4/23	New England Division III Outd
26	Jocelynn ITTERLY	Elizabethtown	0.40	1.64m	5-4½	5/6/23	Landmark Outdoor Champio
26	Liz KALK	Beloit	0.40	1.64m	5-4½	4/29/23	St. Norbert Invitational
26	Macie TODD	#1 UW-La Crosse {2}	0.40	1.64m	5-4½	4/7/23	Ashton May Invitational
26	Lexi GROFF	Moravian	0.40	1.64m	5-4½	5/6/23	Landmark Outdoor Champio
32	Taryn SILVERNALE	#5 Johns Hopkins	0.12	1.63m	5-4¼	4/14/23	Bison Outdoor Classic
32	Emma KLOSTERMAN	Otterbein	0.12	1.63m	5-4¼	4/15/23	All-Ohio D-III Outdoor Champ
32	Makany CAMARA	Fitchburg State	0.12	1.63m	5-4¼	4/22/23	Sean Collier Invitational
32	Michaela LEVESQUE	SUNY Brockport {2}	0.12	1.63m	5-4¼	4/8/23	RIT Invitational
32	Tolu AKINBO	#6 MIT {2}	0.12	1.63m	5-4¼	4/22/23	Sean Collier Invitational
32	Drew PATTERSON	Wooster	0.12	1.63m	5-4¼	4/15/23	All-Ohio D-III Outdoor Champ
32	Caroline TIGHE	Stevens	0.12	1.63m	5-4¼	5/4/23	Middle Atlantic (MAC) Outdo
32	Logan ROBERTS	Linfield	0.12	1.63m	5-4¼	4/8/23	Linfield Jenn Boyman Memor
32	Charly SLUSSER	Ithaca	0.12	1.63m	5-4¼	5/5/23	Liberty League Outdoor Cha
32	Amelie JAMANKA	Williams	0.12	1.63m	5-4¼	4/22/23	Dick Farley Invitational



National TFRI Event Summary

Women's Pole Vault — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Peyton PROFFITT	Otterbein	29.50	4.06m 13-3¾	4/6/23 John Homon Invitational
2	Brooke SIMON	Claremont-Mudd-Scri	24.90	4.00m 13-1½	4/29/23 SCIAC Championships
3	Gracie HOLLAND	#17 UW-Whitewater	18.99	3.91m 12-10	4/28/23 UW-Whitewater Drake Altern
3	Yasmin RUFF	#3 Washington (Mo.)	18.99	3.91m 12-10	4/22/23 UAA Outdoor Championships
5	Emma RUDOLPH	Westminster (Pa.)	14.56	3.90m 12-9½	3/31/23 Dave Labor Slippery Rock Inv
6	Meghan MATHENY	Ithaca	11.28	3.87m 12-8¾	5/5/23 Liberty League Outdoor Cha
7	Emily THOMPSON	Marietta	10.06	3.86m 12-8	5/4/23 OAC Outdoor Championships
8	Madeline O'CONNELL	#13 Rochester (N.Y.)	8.84	3.85m 12-7½	4/2/23 Geneseo Early Season Invite
8	Julia PENA	York (Pa.)	8.84	3.85m 12-7½	5/4/23 Middle Atlantic (MAC) Outdo
8	Kelsie HAO	#8 Tufts	8.84	3.85m 12-7½	4/1/23 Snowflake Classic
11	Ashley O'CONNELL	#1 UW-La Crosse	5.19	3.82m 12-6¾	4/21/23 UW-La Crosse Esten Challeng
12	Martha KEMP-NEILSON	Ithaca {2}	4.00	3.80m 12-5½	4/25/23 CNY College Challenge
12	Alison YOUNG	George Fox	4.00	3.80m 12-5½	3/25/23 Westmont Collegiate Classic
12	Kerry SEEKAMP	Smith	4.00	3.80m 12-5½	5/4/23 New England Division III Outd
15	Araceli DE LEO LOPEZ	#1 UW-La Crosse {2}	2.50	3.77m 12-4½	4/1/23 Wartburg Outdoor Select
16	Margaret HELBIG	#17 UW-Whitewater {2}	2.00	3.76m 12-4	5/5/23 WIAC Outdoor Championship
17	Sarah FIRTH	#8 Tufts {2}	1.50	3.75m 12-3½	5/4/23 New England Division III Outd
17	Ellie FITZGERALD	Williams	1.50	3.75m 12-3½	5/4/23 New England Division III Outd
17	Grace KOWALKOWSKI	St. Norbert	1.50	3.75m 12-3½	4/15/23 Beloit Relays
20	Celeste TAYLOR	#4 Chicago	0.80	3.72m 12-2½	4/28/23 Elmhurst Twilight
20	Madeline SEIFERT	Claremont-Mudd-Scri {2}	0.80	3.72m 12-2½	4/29/23 SCIAC Championships
22	Raegan SORENSEN	UW-Stout	0.60	3.71m 12-2	4/28/23 UW-Eau Claire Richard & Mar
22	Ayden FLEECHARTY	#21 UW-Eau Claire	0.60	3.71m 12-2	4/28/23 UW-Eau Claire Richard & Mar
24	Madison CONLEY	Westminster (Pa.) {2}	0.50	3.69m 12-1¼	4/27/23 PAC Outdoor Championships
25	Bri AVENI	#7 Mount Union	0.45	3.68m 12-¾	4/21/23 Jesse Owens Track Classic
26	Ace COLE	Rhodes	0.40	3.67m 12-½	3/25/23 Rhodes Invitational
26	Karissa RICKS	#24 Whittier	0.40	3.67m 12-½	3/4/23 SCIAC Multi-Dual Series
26	Kalea BROWN	Chapman	0.40	3.67m 12-½	4/29/23 SCIAC Championships
26	Annika GUNDERSON	UW-River Falls	0.40	3.67m 12-½	4/7/23 St. Thomas Tomcat Invitatio
30	Jae YU	Williams {2}	0.20	3.66m 12-0	4/22/23 Dick Farley Invitational
31	Grace TULLY	George Fox {2}	0.16	3.65m 11-11¾	3/18/23 Rich Allen Classic
31	Gwen BERENYI	#20 North Central (Ill.)	0.16	3.65m 11-11¾	4/14/23 Wheaton (Ill.) Invitational
31	Claire SCHWELLER	Ohio Northern	0.16	3.65m 11-11¾	4/14/23 Bison Outdoor Classic
34	Kennedy HEICHEL	Ithaca {3}	0.04	3.62m 11-10½	5/5/23 Liberty League Outdoor Cha
34	Leah ZASTROW	#21 UW-Eau Claire {2}	0.04	3.62m 11-10½	4/21/23 UW-La Crosse Esten Challeng



National TFRI Event Summary

Women's Long Jump — 2023 Week #7, May 9

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored	Performance	Meet
1	Victoria KADIRI	#5	Johns Hopkins	25.66	6.33m	20-9¼ (0.5)	5/5/23 Centennial Outdoor Champio
2	Emma SEIPEL	#9	Dubuque	20.77	6.04mw	19-9¾ (3.4)	4/7/23 Good Friday Open
3	Veronica DUELL		St. John Fisher	18.07	5.97mw	19-7 (2.9)	4/29/23 Cardinal Classic (St. John Fis
4	Michaela KURBS		St. John Fisher {2}	15.67	5.93m	19-5½ (1.9)	5/5/23 Empire 8 Outdoor Champion
5	Remi ACORD		Susquehanna	13.37	5.89m	19-4 (0.1)	5/6/23 Landmark Outdoor Champio
6	Lia ROTTI	#8	Tufts	11.31	5.88m	19-3½ (2.0)	5/4/23 New England Division III Outd
7	Kelsie HAO	#8	Tufts {2}	10.26	5.87mw	19-3¼ (3.3)	5/4/23 New England Division III Outd
7	Cayden SHARP		Greenville	10.26	5.87m	19-3¼ (0.0)	4/28/23 SLIAC Outdoor Track & Field
9	Elizabeth BARRE	#23	Carnegie Mellon	8.21	5.86mw	19-2¾ (2.3)	4/22/23 UAA Outdoor Championships
10	Harmony CREASY	#2	Loras	7.16	5.85mw	19-2½ (3.2)	4/5/23 SAU Easter Weekend
11	Julia PENA		York (Pa.)	6.11	5.84m	19-2 (0.0)	5/4/23 Middle Atlantic (MAC) Outdo
11	Cady BARNS		Middlebury	6.11	5.84mw	19-2 (2.3)	5/4/23 New England Division III Outd
13	Sydney SPAETH		St. Norbert	4.56	5.83m	19-1½ (0.0)	5/5/23 NACC Outdoor Championshi
14	Mia MONTGOMERY		SUNY Brockport	3.96	5.81m	19-¾ (1.5)	5/5/23 SUNYAC Outdoor Champions
15	Aurielle BRUNNER		Chatham	3.41	5.80m	19-½ (1.3)	4/5/23 Grove City Mini Meet
16	Logan BRUCE		Ithaca	2.75	5.77m	18-11¼ (0.)	4/8/23 SUNY Cortland Red Dragon O
16	Matlyn GROSS		Springfield (Mass.)	2.75	5.77mw	18-11¼ (2.)	5/4/23 New England Division III Outd
18	Shinelle FELIX		Alvernia	1.60	5.74m	18-10 (0.0)	5/4/23 Middle Atlantic (MAC) Outdo
19	Kennady GIBBINS	#7	Mount Union	1.29	5.70mw	18-8½ (3.8)	5/4/23 OAC Outdoor Championships
20	Demetria JOHNSON	#9	Dubuque {2}	1.14	5.69m	18-8 (0.7)	4/14/23 UW-Platteville Invitational
21	Ciara AW		Redlands (Calif.)	0.99	5.68mw	18-7¾ (3.0)	4/29/23 SCIAC Championships
22	Hannah ALDERFER		Susquehanna {2}	0.84	5.67m	18-7¼ (0.3)	5/6/23 Landmark Outdoor Champio
22	Kayla ROBINSON		Haverford	0.84	5.67m	18-7¼ (0.0)	4/24/23 Haverford Mid-Week Meet
22	Eliza CARDWELL		Amherst	0.84	5.67m	18-7¼ (1.9)	5/4/23 New England Division III Outd
22	Olivia TOLLARI	#12	Wartburg	0.84	5.67mw	18-7¼ (2.6)	4/7/23 Ashton May Invitational
26	Brenna JOHNSON		Nazareth	0.59	5.66m	18-7 (0.3)	5/5/23 Empire 8 Outdoor Champion
26	Shaniah JOHNSON	#12	Wartburg {2}	0.59	5.66mw	18-7 (3.1)	4/28/23 Grand View Viking Classic
28	Khia LASTER		Buffalo State	0.44	5.65mw	18-6½ (3.3)	4/29/23 Cardinal Classic (St. John Fis
28	Noelle GONZALEZ		Scranton	0.44	5.65mw	18-6½ (2.3)	5/6/23 Landmark Outdoor Champio
28	Maigan ADAMS		Redlands (Calif.) {2}	0.44	5.65m	18-6½ (1.3)	4/15/23 SCIAC Multi-Dual Series
31	Grace ALLEY	#2	Loras {2}	0.25	5.64m	18-6 (1.9)	3/30/23 Bobcat Invitational (Texas St
31	Lexi LEFEVER		UW-River Falls	0.25	5.64m	18-6 (1.2)	4/26/23 Drake Relays
33	Jordan ANDREW	#8	Tufts {3}	0.11	5.63m	18-5¾ (0.2)	5/4/23 New England Division III Outd
33	Ebunoluwa OPATA	#3	Washington (Mo.)	0.11	5.63m	18-5¾ (2.0)	4/15/23 Greenville Select Meet
35	Grace KORGER-MITCHELL		Edgewood	0.02	5.62m	18-5¼ (1.6)	4/14/23 UW-Platteville Invitational
35	Lauren RONCONE	#7	Mount Union {2}	0.02	5.62m	18-5¼ (1.2)	5/4/23 OAC Outdoor Championships



National TFRI Event Summary

Women's Triple Jump — 2023 Week #7, May 9

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Victoria KADIRI	#5	Johns Hopkins	26.47	12.82m	42-¾ (0.0)	4/14/23	Bison Outdoor Classic
2	Lia ROTTI	#8	Tufts	21.02	12.35m	40-6¼ (0.6)	5/4/23	New England Division III Outd
3	Aurielle BRUNNER		Chatham	18.73	12.31m	40-4¾ (0.2)	4/13/23	CMU Last Chance Qualifier
4	Harmony CREASY	#2	Loras	15.44	12.11m	39-8¾ (1.9)	4/26/23	Drake Relays
4	Jasmine CLAUNCH		Centre	15.44	12.11m	39-8¾ (0.0)	4/28/23	SAA Track & Field Champions
6	Breya CHRISTOPHER	#12	Wartburg	11.39	12.10m	39-8½ (-0.)	4/26/23	Drake Relays
6	Aniya SEWARD		Lynchburg	11.39	12.10m	39-8½ (0.5)	4/14/23	Dennis Craddock Invitational
8	Kacey KELLY		Lynchburg	{2} 9.34	12.09m	39-8 (0.0)	4/14/23	Dennis Craddock Invitational
9	Cady BARNS		Middlebury	8.24	12.07m	39-7¼ (1.8)	5/4/23	New England Division III Outd
9	Shinelle FELIX		Alvernia	8.24	12.07m	39-7¼ (0.0)	4/21/23	Widener Invitational
11	Sydney SPAETH		St. Norbert	6.19	12.06m	39-6¾ (0.6)	4/28/23	UNF East Coast Relays
12	Grace ALLEY	#2	Loras	{2} 5.09	12.04mw	39-6 (2.5)	4/5/23	SAU Easter Weekend
13	Ebunoluwa OPATA	#3	Washington (Mo.)	4.45	12.01m	39-5 (0.0)	4/22/23	UAA Outdoor Championships
14	Journey AMUNDSON		Macalester	3.72	11.96mw	39-3 (3.3)	4/27/23	Janis Rider / Doug Bolstorff I
15	Miah KELLER	#1	UW-La Crosse	3.10	11.91m	39-1 (0.0)	4/14/23	UW-Platteville Invitational
16	Katelyn JACQUES	#16	SUNY Geneseo	2.57	11.90mw	39-½ (2.5)	4/14/23	Brockport Multi & Invitationa
17	Madi KES	#10	Gustavus Adolphus	2.05	11.89mw	39-¼ (2.1)	5/6/23	Maverick Open #2
18	Erica MACSWEENEY		Connecticut College	1.50	11.87mw	38-11½ (3.)	5/4/23	New England Division III Outd
19	Remi ACORD		Susquehanna	1.30	11.83m	38-9¾ (0.0)	4/21/23	The Coach Pollard Invitation
20	Joy AREOLA		Trinity (Texas)	1.12	11.80m	38-8¾ (-1.)	5/6/23	Occidental Invitational
21	Ally ALVIRA	#16	SUNY Geneseo	{2} 1.00	11.79mw	38-8¼ (3.5)	4/29/23	Cardinal Classic (St. John Fis
22	Paula SORIC		Kenyon	0.85	11.77m	38-7½ (-1.)	5/5/23	NCAC Outdoor Championshi
23	Rebecca STEWART	#4	Chicago	0.72	11.74m	38-6¼ (0.0)	4/22/23	UAA Outdoor Championships
24	Aaliyah COLLIER	#2	Loras	{3} 0.65	11.73m	38-6 (1.6)	4/2/23	Dubuque Spartan Open
24	Kaeden GREEN		Lesley	0.65	11.73mw	38-6 (2.6)	4/22/23	Sean Collier Invitational
26	Lauren WONG		Illinois Wesleyan	0.52	11.72m	38-5½ (0.1)	5/5/23	CCIW Outdoor Championship
26	Jahmilia DENNIS		Vassar	0.52	11.72m	38-5½ (0.0)	5/5/23	Liberty League Outdoor Cha
28	Stephanie WITBROD		Bethany Lutheran	0.39	11.71mw	38-5 (3.1)	4/13/23	Kansas Relays
29	Kylah FREDERIXON	#1	UW-La Crosse	{2} 0.32	11.70mw	38-4¾ (2.8)	5/5/23	WIAC Outdoor Championship
30	Shaniah JOHNSON	#12	Wartburg	{2} 0.20	11.66mw	38-3¼ (3.5)	4/28/23	Grand View Viking Classic
31	De'ja AUSTIN-CHERRY	#2	Loras	{4} 0.16	11.65m	38-2¾ (0.0)	5/5/23	Dr. Tucker Open
32	Mylina CASTILLO		Alvernia	{2} 0.12	11.62m	38-1½ (1.7)	5/4/23	Middle Atlantic (MAC) Outdo
32	Chilly WALLACE		Oberlin	0.12	11.62m	38-1½ (0.2)	5/5/23	NCAC Outdoor Championshi
34	Ellie HERNES		Bethel (Minn.)	0.04	11.61mw	38-1¼ (2.8)	4/27/23	Janis Rider / Doug Bolstorff I
35	Sara YAKANA		Greenville	0.02	11.58m	38-0 (0.0)	4/28/23	SLIAC Outdoor Track & Field



National TFRI Event Summary

Women's Shot Put — 2023 Week #7, May 9

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Skye DIGMAN	#1	UW-La Crosse	29.72	15.39m	50-6	4/28/23	UW-Eau Claire Richard & Mar
2	Kaitlyn WILDER	#9	Dubuque	24.90	15.09m	49-6¼	4/27/23	Dubuque Relays
3	Annika POE	#10	Gustavus Adolphus	19.61	14.74m	48-4½	5/3/23	Maverick Open
4	Kash ALLEN		Benedictine (Ill.)	16.95	14.67m	48-1¾	4/14/23	Wheaton (Ill.) Invitational
5	Alexis BOYKIN	#6	MIT	14.48	14.62m	47-11¾	3/30/23	Bobcat Invitational (Texas St
6	Catie FOBBE	#21	UW-Eau Claire	12.11	14.57m	47-9¾	4/21/23	UW-La Crosse Esten Challeng
7	Adria RETTER	#25	Swarthmore	9.92	14.32m	46-11¾	5/5/23	Centennial Outdoor Champio
8	Rebecca SIMPSON		Buena Vista	8.68	14.27m	46-10	4/7/23	South Dakota Early Bird
9	Jessie STENGER		Hanover	7.63	14.26m	46-9½	5/5/23	Billy Hayes Invitational
10	Brenna NOON		UW-Platteville	6.00	14.07m	46-2	4/14/23	UW-Platteville Invitational
11	Vanessa UITENBROEK		Carroll (Wis.)	5.00	14.05m	46-1¼	4/28/23	UW-Whitewater Drake Altern
12	Aubrey SCHOENEMAN		Carthage	4.00	14.00m	45-11¼	4/14/23	Wheaton (Ill.) Invitational
13	Carley CAMP		Manchester	3.50	13.97m	45-10	5/5/23	Billy Hayes Invitational
13	Ari MCPHETERS		Ohio Wesleyan	3.50	13.97m	45-10	5/5/23	NCAC Outdoor Championshi
15	Jane FAHY		Utica	2.50	13.77m	45-2¼	4/21/23	SUNY Cortland Classic Invitat
16	Ryann ROHRER		Calvin	2.00	13.71m	44-11¾	4/14/23	Don Kleinow Memorial Invita
17	Shahyan ABRAHAM		Stockton	1.50	13.67m	44-10¼	5/6/23	NJAC Outdoor Championship
18	Isabella FABRIZIO		SUNY Oneonta	1.00	13.57m	44-6¼	4/14/23	Bison Outdoor Classic
19	Maria FALK		Carroll (Wis.)	{2} 0.90	13.54m	44-5¼	4/15/23	Beloit Relays
20	Lexi SHIDERLY		Westminster (Pa.)	0.80	13.52m	44-4¼	5/5/23	SRU Last Chance Meet
20	Sarah CROCKETT		SUNY Brockport	0.80	13.52m	44-4¼	4/14/23	Bison Outdoor Classic
20	Lily MEESTER	#12	Wartburg	0.80	13.52m	44-4¼	5/4/23	Luther-Wartburg
23	Katrina WAWRZYN		MSOE	0.55	13.51m	44-4	4/7/23	Rex Foster Twilight
24	Morgan JENSEN	#21	UW-Eau Claire	{2} 0.50	13.47m	44-2½	5/5/23	WIAC Outdoor Championship
25	Renee TIUMALU		Whitworth	0.45	13.46m	44-2	3/18/23	Sam Adams Classic
26	Molly LAUMAKIS	#4	Chicago	0.40	13.45m	44-1½	4/14/23	Wheaton (Ill.) Invitational
27	Lupe CORN		UW-Stevens Point	0.35	13.43m	44-¾	4/1/23	UW-Platteville Opener
28	Jenae BOTHE	#3	Washington (Mo.)	0.30	13.38m	43-10¾	4/15/23	Greenville Select Meet
29	Kristen REICKS	#12	Wartburg	{2} 0.25	13.37m	43-10½	4/14/23	UW-Platteville Invitational
30	Jessica BECKMAN		Hanover	{2} 0.20	13.34m	43-9¼	4/15/23	Indiana DIII Championships
31	Mikayla WRIGHT		Carthage	{2} 0.16	13.30m	43-7¾	5/5/23	CCIW Outdoor Championship
32	Jaydyn PALMER		Coe	0.12	13.24m	43-5¼	5/5/23	Dr. Tucker Open
33	Isabelle DEAL		Ursinus	0.08	13.22m	43-4½	5/5/23	Centennial Outdoor Champio
34	Emma MILLER		Allegheny (Pa.)	0.04	13.20m	43-3¾	4/27/23	PAC Outdoor Championships
35	Mikaila CARPENTER		Denison	0.02	13.19m	43-3¼	4/15/23	All-Ohio D-III Outdoor Champ



National TFRI Event Summary

Women's Discus — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Adria RETTER	#25 Swarthmore	26.45	51.06m	167-6	5/5/23	Centennial Outdoor Champio
2	Alexis BOYKIN	#6 MIT	21.90	48.78m	160-1	4/8/23	Amherst Spring Fling
3	Isabelle MECKES	DeSales	19.13	48.09m	157-10	4/28/23	Carol & John Covert Classic
4	Skye DIGMAN	#1 UW-La Crosse	16.99	47.96m	157-4	5/5/23	WIAC Outdoor Championship
5	Vanessa UITENBROEK	Carroll (Wis.)	13.95	46.77m	153-6	4/22/23	Marquette Invitational
6	Ellie AKOUGH	Nebraska Wesleyan	11.92	46.73m	153-4	4/14/23	Concordia (Neb.) Outdoor Inv
7	Kylee DOHERTY	#9 Dubuque	10.47	46.13m	151-4	4/27/23	Dubuque Relays
8	Jessica BECKMAN	Hanover	9.17	45.74m	150-1	5/5/23	Billy Hayes Invitational
9	Lauryn RAWLS	Whitworth	8.02	45.54m	149-5	4/21/23	Northwest (NWC) Conference
10	Charlotte FRERE	Augustana (Ill.)	6.71	44.99m	147-7	4/21/23	Augustana (Ill.) Meet of Cham
11	Catie FOBBE	#21 UW-Eau Claire	5.62	44.78m	146-11	5/5/23	WIAC Outdoor Championship
12	Cate GUDAITIS	Carroll (Wis.) {2}	4.62	44.77m	146-11	4/28/23	UW-Whitewater Drake Altern
12	Kaitlyn WILDER	#9 Dubuque {2}	4.62	44.77m	146-11	4/7/23	Good Friday Open
14	Kelsey DUNN	John Carroll	3.58	44.68m	146-7	5/4/23	OAC Outdoor Championships
15	Aubrey SCHOENEMAN	Carthage	3.08	44.67m	146-7	4/14/23	Wheaton (Ill.) Invitational
16	Maddie BOLEY	Monmouth (Ill.)	2.53	44.55m	146-2	4/28/23	Big Blue Friday Night Invite
17	Sidney RAMBO	#7 Mount Union	1.86	44.11m	144-9	4/6/23	John Homon Invitational
18	Zoe BARNES	Southern Maine	1.31	43.99m	144-4	4/22/23	Pine Tree Classic: Maine Stat
19	Emily BALL	#6 MIT {2}	1.15	43.82m	143-9	5/4/23	New England Division III Outd
20	Mackenna WITTE	Nebraska Wesleyan {2}	1.04	43.81m	143-9	5/5/23	South Dakota Tune-up
21	Jessie STENGER	Hanover {2}	0.87	43.62m	143-2	4/28/23	HCAC Outdoor Championshi
22	Morgan JENSEN	#21 UW-Eau Claire {2}	0.73	43.52m	142-10	4/21/23	UW-La Crosse Esten Challeng
23	Molly LAUMAKIS	#4 Chicago	0.67	43.48m	142-8	4/22/23	UAA Outdoor Championships
24	Katrina WAWRZYN	MSOE	0.57	43.37m	142-4	4/7/23	Rex Foster Twilight
25	Evelyn WALKER	#21 UW-Eau Claire {3}	0.50	43.30m	142-1	5/5/23	WIAC Outdoor Championship
26	Micky BARRETTE	UW-Oshkosh	0.43	43.27m	142-0	4/14/23	UW-Platteville Invitational
27	Emily DIMARCO	RIT	0.35	43.06m	141-3	4/22/23	Rochester Alumni Invitationa
28	Taylor FLAIG	#2 Loras	0.30	42.82m	140-6	4/2/23	Dubuque Spartan Open
29	Riley VICE	#2 Loras {2}	0.25	42.64m	139-11	4/27/23	Dubuque Relays
30	Makenna KING	St. John Fisher	0.20	42.62m	139-10	4/7/23	Utica Pioneer Spring Invite
31	Hannah FRIEND	Ohio Northern	0.16	42.48m	139-5	5/4/23	OAC Outdoor Championships
32	Karen BEKHET	Calvin	0.12	42.46m	139-4	5/4/23	MIAA Field Day
33	Brianna WILSON-LARKIN	Texas Lutheran	0.08	42.40m	139-1	4/22/23	SCAC Outdoor Championship
34	Michaela POMATTO	Stockton	0.04	42.19m	138-5	4/14/23	Larry Ellis Invitational
35	Alyssa GULSVIG	Carthage {2}	0.02	42.16m	138-4	5/5/23	CCIW Outdoor Championship



National TFRI Event Summary

Women's Hammer — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Skye DIGMAN	#1 UW-La Crosse	24.23	59.28m	194-6	5/5/23	WIAC Outdoor Championship
2	Alexis BOYKIN	#6 MIT	22.01	59.05m	193-9	5/4/23	New England Division III Outd
3	Kaitlyn WILDER	#9 Dubuque	19.95	58.98m	193-6	4/2/23	Dubuque Spartan Open
4	Rebecca SIMPSON	Buena Vista	17.10	57.95m	190-2	5/5/23	South Dakota Tune-up
5	Teagan JONES	#21 UW-Eau Claire	14.61	57.19m	187-8	5/5/23	WIAC Outdoor Championship
6	Emily GALVIN	#18 Rowan	12.29	56.69m	186-0	4/27/23	Penn Relays
7	Kenni CZARNECKI	#17 UW-Whitewater	10.36	55.26m	181-4	5/5/23	WIAC Outdoor Championship
8	Brooke BUCKHANNON	Baldwin Wallace	9.05	54.78m	179-9	4/21/23	Jesse Owens Track Classic
9	Brenna KARNISH	Misericordia	7.93	54.59m	179-1	4/21/23	Misericordia Invitational
10	Leah SURPRENANT	#1 UW-La Crosse {2}	6.91	54.56m	179-0	4/28/23	UW-Eau Claire Richard & Mar
11	Emily HILT	Rutgers-Camden	5.76	54.33m	178-3	4/7/23	Osprey Open
12	Lily BENEKE	St. Scholastica	4.73	54.28m	178-1	5/3/23	Maverick Open
13	Alexandra DRAVES	#20 North Central (Ill.)	4.18	54.17m	177-9	5/5/23	CCIW Outdoor Championship
14	Ellie AKOUGH	Nebraska Wesleyan	3.66	54.11m	177-7	5/5/23	South Dakota Tune-up
15	Kamila ZYGADLO	Trinity (Conn.)	3.13	54.03m	177-3	4/22/23	Trinity (Conn.) Invitational (o
16	Caitlyn COX	#2 Loras	2.50	53.62m	175-11	5/5/23	Dr. Tucker Open
17	Payton MCHONE	#9 Dubuque {2}	1.92	53.38m	175-2	4/26/23	Drake Relays
18	Holly WARDYNSKI	#1 UW-La Crosse {3}	1.37	53.23m	174-8	5/5/23	WIAC Outdoor Championship
19	Vanessa UITENBROEK	Carroll (Wis.)	1.26	53.20m	174-7	5/5/23	CCIW Outdoor Championship
20	Emma TRUE	#12 Wartburg	1.07	52.93m	173-8	4/7/23	Wichita State K.T. Woodman
21	Khloe DUBENION	Ohio Wesleyan	0.87	52.64m	172-9	4/15/23	All-Ohio D-III Outdoor Champ
22	Samantha HEALY	Marymount (Va.)	0.60	52.12m	171-0	4/22/23	Mason-Dixon Invitational
23	Izzy CARROLL	#1 UW-La Crosse {4}	0.55	51.76m	169-10	5/5/23	WIAC Outdoor Championship
24	Alexis MATTOX	Carthage	0.50	51.72m	169-8	4/14/23	Wheaton (Ill.) Invitational
25	Brenna MASLOROFF	UW-Oshkosh	0.45	51.39m	168-7	4/7/23	Ashton May Invitational
26	Taylor FLAIG	#2 Loras {2}	0.40	50.90m	167-0	5/5/23	Dr. Tucker Open
27	Kierra FRANCOIS	Trinity (Texas)	0.35	50.85m	166-10	4/22/23	SCAC Outdoor Championship
27	Iyanna LEWIS	Oberlin	0.35	50.85m	166-10	5/5/23	NCAC Outdoor Championshi
29	Adria RETTER	#25 Swarthmore	0.25	50.80m	166-8	5/5/23	Centennial Outdoor Champio
30	Melissa MEJIA	Rhode Island College	0.20	50.66m	166-3	4/29/23	Little East Outdoor Champio
31	Abbie Jo CARLSON	Whitworth	0.16	50.55m	165-10	5/6/23	Linfield Open
32	Adriyanna PATTERSON	Millikin	0.12	50.51m	165-9	4/15/23	Greenville Select Meet
33	Alexis MARINI	Rutgers-Camden {2}	0.08	50.47m	165-7	5/6/23	NJAC Outdoor Championship
34	Emma HARGREAVES	Bowdoin	0.04	50.41m	165-5	5/4/23	New England Division III Outd
35	Lea RICHARD	Nazareth	0.02	50.37m	165-3	4/29/23	Cardinal Classic (St. John Fis



National TFRI Event Summary

Women's Javelin — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Avery DECKER	Nebraska Wesleyan	24.10	46.41m	152-3	4/21/23	Jim Dutcher Memorial
2	Chrissy STRICKLAND	George Fox	21.97	46.29m	151-11	4/21/23	Northwest (NWC) Conference
3	Ava NELSON	Pacific Lutheran	19.94	46.27m	151-10	3/3/23	Ed Boitano Invitational
4	Isabelle DEAL	Ursinus	17.02	45.26m	148-6	4/14/23	Larry Ellis Invitational
5	Rebecca SIMPSON	Buena Vista	14.86	45.05m	147-10	5/5/23	South Dakota Tune-up
6	Alexandra SNYDER	Misericordia	11.94	43.83m	143-10	5/4/23	Middle Atlantic (MAC) Outdo
7	Bryana LEVERENTZ	St. Catherine (Minn.)	10.56	43.33m	142-2	5/6/23	St. Olaf Ole Open
8	Neelie SCHIEL	East Texas Baptist	9.41	43.13m	141-6	5/4/23	ASC Track & Field Champions
9	Allissa RODRIGUEZ	McMurry	7.95	42.37m	139-0	4/14/23	McMurry War Hawk Classic
10	Riley REITCHEL	Southern Maine	6.85	42.11m	138-2	4/8/23	Jim Sheehan Memorial
11	Eva MILLAN	Whitworth	5.81	42.00m	137-10	4/21/23	Northwest (NWC) Conference
12	Riley SANDERSON	Worcester State	4.74	41.84m	137-3	3/25/23	Bridgewater State Bears Invit
13	Erin MILLER	Elizabethtown	4.23	41.79m	137-1	4/14/23	Bison Outdoor Classic
14	Adrienne WACHTMAN	Case Western Reserve	3.69	41.71m	136-10	4/22/23	UAA Outdoor Championships
15	Grace TICE	Bethany (W.Va.)	2.91	40.99m	134-6	4/8/23	Westminster (Pa.) Invitationa
16	Holly FERRARA	Gettysburg	2.38	40.90m	134-2	5/5/23	Centennial Outdoor Champio
17	Ellena CORWIN	George Fox {2}	1.87	40.88m	134-2	4/21/23	Northwest (NWC) Conference
18	Rebecca HEULER	SUNY Brockport	1.28	40.65m	133-5	4/29/23	Cardinal Classic (St. John Fis
19	Carolina ANDRADE	Amherst	1.13	40.52m	132-11	4/29/23	NESCAC Track & Field Champ
20	Ella PULS	#1 UW-La Crosse	0.99	40.42m	132-8	5/5/23	WIAC Outdoor Championship
21	Heather MICHALSKI	Augustana (Ill.)	0.86	40.34m	132-4	4/7/23	Rex Foster Twilight
22	Jill WILHELM	Mount St. Joseph	0.75	40.32m	132-4	5/5/23	Billy Hayes Invitational
23	Peyton PANKA	St. Norbert	0.68	40.28m	132-2	4/29/23	St. Norbert Invitational
24	Skylar WHITE	#1 UW-La Crosse {2}	0.58	40.14m	131-9	5/5/23	WIAC Outdoor Championship
25	Brecken VANDENHOEK	George Fox {3}	0.47	39.99m	131-3	4/21/23	Northwest (NWC) Conference
25	Audrey SALENBIEN	Adrian	0.47	39.99m	131-3	4/7/23	Jack Shaw Classic
27	Madeline BOBINSKI	Concordia Chicago	0.37	39.98m	131-2	4/2/23	Wisconsin Private College Ch
28	Emily BALL	#6 MIT	0.30	39.86m	130-9	4/29/23	NEWMAC Outdoor Champion
29	Faith LADIN	#20 North Central (Ill.)	0.25	39.68m	130-2	4/7/23	First Chance Invitational
30	Elaine WANG	#6 MIT {2}	0.20	39.59m	129-11	3/30/23	Bobcat Invitational (Texas St
31	Gabby JOHNSON	#1 UW-La Crosse {3}	0.16	39.55m	129-9	4/1/23	Wartburg Outdoor Select
32	Abigail CALISTRA	WPI	0.12	39.53m	129-8	4/8/23	UMASS Flagship Opener
33	Megan CAMPANILE	Stockton	0.08	39.52m	129-8	4/14/23	Larry Ellis Invitational
34	Valerie BADGER	Misericordia {2}	0.04	39.26m	128-10	4/4/23	Misericordia Twilight
35	Addie THOMAS	Nebraska Wesleyan {2}	0.02	39.05m	128-2	4/7/23	Doane-Nebraska Wesleyan



National TFRI Event Summary

Women's Heptathlon — 2023 Week #7, May 9

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Grace ALLEY	#2 Loras	25.52	5,163	3/30/23 Bobcat Invitational (Texas St
2	Elizabeth BARRE	#23 Carnegie Mellon	22.04	5,017	4/8/23 Susquehanna Easter Classic
3	Logan BRUCE	Ithaca	19.75	4,988	4/14/23 Bison Outdoor Classic
4	Ray Ray TAYLOR	Eastern Mennonite	16.44	4,824	4/14/23 Bison Outdoor Classic
5	Lexi LEFEVER	UW-River Falls	14.00	4,761	4/26/23 Drake Relays
6	Cayden SHARP	Greenville	11.97	4,756	4/13/23 Indiana State Gibson Invitati
7	Emilee BOOKER	#21 UW-Eau Claire	10.20	4,646	5/5/23 WIAC Outdoor Championship
8	Ashley HEFFERNAN	#13 Rochester (N.Y.)	9.17	4,642	5/5/23 Liberty League Outdoor Cha
9	Victoria KADIRI	#5 Johns Hopkins	8.12	4,635	4/14/23 Bison Outdoor Classic
10	Brecken VANDENHOEK	George Fox	7.05	4,624	3/23/23 Adams-Klein Combined Even
11	Natalie MCALLISTER	Cornell College	6.03	4,621	4/21/23 Augustana (Ill.) Meet of Cham
12	Skylar WHITE	#1 UW-La Crosse	4.88	4,600	5/5/23 WIAC Outdoor Championship
13	Faith LADIN	#20 North Central (Ill.)	4.20	4,554	5/5/23 CCIW Outdoor Championship
14	Eliza BRUNCAJ	TCNJ	3.62	4,533	4/13/23 Messiah Invitational
15	Emma WHEELER	Connecticut College	3.09	4,525	5/4/23 New England Division III Outd
16	Lauren ROTTIER	St. Norbert	2.48	4,492	4/7/23 Joe Walker Invitational
17	Emily RUBIO	Middlebury	1.92	4,477	5/4/23 New England Division III Outd
18	Allison ANDERSON	#1 UW-La Crosse {2}	1.33	4,451	5/5/23 WIAC Outdoor Championship
19	Abi GUM	Wheaton (Ill.)	1.22	4,449	5/5/23 CCIW Outdoor Championship
20	Justus FLOREN	#14 Saint Benedict	0.98	4,409	5/4/23
21	Kayla ROBINSON	Haverford	0.86	4,403	5/5/23 Centennial Outdoor Champio
22	Hannah ALDERFER	Susquehanna	0.63	4,368	4/8/23 Susquehanna Easter Classic
23	Emma GRUEN	#21 UW-Eau Claire {2}	0.55	4,351	4/21/23 UW-La Crosse Esten Challeng
24	Olivia BOHLEN	Central (Iowa)	0.50	4,346	4/21/23 Jim Dutcher Memorial
25	Peyton SELLE	Concordia Moorhead	0.45	4,343	5/4/23
26	Rebekah SALFER	St. Olaf	0.40	4,329	5/4/23
27	Jane KAUTZ	#21 UW-Eau Claire {3}	0.35	4,301	5/5/23 WIAC Outdoor Championship
28	Abbey OTTERBEIN	Bates	0.30	4,277	5/4/23 New England Division III Outd
29	Alyssa ROACH	Christopher Newport	0.25	4,268	4/7/23 New Captains Classic/Combi
30	Chloe YODER	Susquehanna {2}	0.20	4,260	4/8/23 Susquehanna Easter Classic
31	Livi MAZEROLLE	Williams	0.16	4,223	4/14/23 Carla Coffey Classic
31	Moriah BYRD	Ithaca {2}	0.16	4,223	5/5/23 Liberty League Outdoor Cha
33	Emma VEZZOSI	Grove City	0.08	4,205	4/14/23 Bison Outdoor Classic
34	Liana MEYER	Stevens	0.04	4,198	5/4/23 Middle Atlantic (MAC) Outdo
35	Lexi COLE	UW-Stout	0.02	4,197	5/5/23 WIAC Outdoor Championship