



Conference TFRI Event Summary

as of 4/10/2023 11:48:30 AM

AAC

Women's 100 Meters

1	43	Myesha HALL	#4	Truett-McConne	12.27	(1.8)	4/1
2	61	Trinity GREGORY	#7	Columbia Intern	12.39w	(3.0)	4/1
3	65	Aniecia GOSS	#3	Tennessee Wesl	12.45w	(3.6)	3/17
4	72	Chaggie BASSAR	#3	Tennessee Wesl	12.49w	(3.4)	3/25
5	88	Paris TURNER	#1	Montreat (N.C.)	12.59	(0.9)	4/1
6		Lauren GARRISON	#3	Tennessee Wesl	12.80	(1.9)	4/7
7		Jasmine JOHNSON	#2	Brenau (Ga.)	12.86	(1.2)	3/17
8		Vanessa PROVIDENCE	#2	Brenau (Ga.)	12.99	(-1.1)	3/24
9		Brooke WILMOTH	#4	Truett-McConne	13.04w	(2.8)	3/17
10		Amya ARNOLD	#4	Truett-McConne	13.18w	(3.0)	4/1
10		Kerstyn THOMAS	#8	Reinhardt (Ga.)	13.18w	(2.5)	3/24

Women's 100 Meter Hurdles

1	9	Paige MANNEY	#3	Tennessee Wesl	14.23w	(2.2)	3/25
2	71	Crystal JONES	#7	Columbia Intern	15.70	(-1.0)	3/24
3	98	Jayda BURKETT	#2	Brenau (Ga.)	16.14	(0.1)	3/24
4		Lauren GARRISON	#3	Tennessee Wesl	16.34w	(3.2)	3/17
5		Emma BARNES	#1	Montreat (N.C.)	16.46	(1.9)	4/1
6		Anna TASTINGER	#1	Montreat (N.C.)	17.01	(1.1)	3/16
7		Caley ESSIE	#3	Tennessee Wesl	17.13w	(2.7)	3/25
8		Elajiah SMITH	#2	Brenau (Ga.)	17.14	(-0.7)	4/7
9		Laila REED	#2	Brenau (Ga.)	17.17	(0.1)	3/17
10		Trenyonna ALLEN	#4	Truett-McConne	17.59	(1.4)	3/4

Women's 200 Meters

1	53	Myesha HALL	#4	Truett-McConne	25.72w	(2.5)	3/24
2	61	Trinity GREGORY	#7	Columbia Intern	25.79	(1.2)	4/1
3	71	Paris TURNER	#1	Montreat (N.C.)	25.85	(-0.4)	4/1
4		Kamryn CHAMBLISS	#2	Brenau (Ga.)	26.32	(-1.2)	4/7
5		Aniecia GOSS	#3	Tennessee Wesl	26.42w	(3.1)	4/7
6		Esther NAKANWAGI	#4	Truett-McConne	26.64w	(2.1)	3/24
7		Adrianna GULLETTE	#1	Montreat (N.C.)	26.65	(1.2)	4/1
8		Emma BARNES	#1	Montreat (N.C.)	26.78	(0.7)	4/1
9		Vanessa PROVIDENCE	#2	Brenau (Ga.)	26.79	(0.7)	4/7
10		Amya ARNOLD	#4	Truett-McConne	26.82	(1.1)	4/1

Women's 400 Meters

1	99	Grace WRIGHT	#5	Columbia (S.C.)	1:00.79		3/24
2		Chaggie BASSAR	#3	Tennessee Wesl	1:01.04		4/7
3		Megan CHRISTIAN	#6	Milligan (Tenn.)	1:01.08		3/24
4		Jaeva RIDLEY	#2	Brenau (Ga.)	1:01.10		4/7
5		Emily STANDIFER	#1	Montreat (N.C.)	1:01.16		3/24
6		Rebecca GLOVER	#6	Milligan (Tenn.)	1:01.40		4/1
7		Kayland THOMASON	#2	Brenau (Ga.)	1:01.61		3/24
8		Kamryn CHAMBLISS	#2	Brenau (Ga.)	1:01.64		3/24
9		Laila REED	#2	Brenau (Ga.)	1:03.11		3/24
10		Emelia ASKEW	#2	Brenau (Ga.)	1:04.54		3/24

Women's 400 Meter Hurdles

1	34	Jaeva RIDLEY	#2	Brenau (Ga.)	1:07.11		4/7
2	51	Crystal JONES	#7	Columbia Intern	1:08.51		4/1
3	57	Trenyonna ALLEN	#4	Truett-McConne	1:08.96		4/7
4	70	Aniecia GOSS	#3	Tennessee Wesl	1:10.04		4/7
5	81	Autumn SHEPHERD	#4	Truett-McConne	1:10.73		3/24
6	86	Anna TASTINGER	#1	Montreat (N.C.)	1:10.94		3/24
7	90	Madison ROOKER	#3	Tennessee Wesl	1:11.49		3/17
8		Emelia ASKEW	#2	Brenau (Ga.)	1:15.97		4/7
9		Grace WRIGHT	#5	Columbia (S.C.)	1:16.01		4/7
10		Nakailah ROBINSON	#5	Columbia (S.C.)	1:17.34		3/31

Women's 800 Meters

1	3	Ellen-Mary KEARNEY	#6	Milligan (Tenn.) A	2:11.74		3/23
2	16	Dylan GARCIA	#1	Montreat (N.C.)	2:16.67		3/24
3	21	Yessenia CASTELLANOS	#1	Montreat (N.C.)	2:18.00		3/24
4	26	Kilia HASTY	#1	Montreat (N.C.)	2:18.85		3/24
5	41	Gracie ALLEN	#6	Milligan (Tenn.)	2:20.42		3/24
6	48	Rebecca GLOVER	#6	Milligan (Tenn.)	2:21.35		3/24
7	57	Sarah OWEN	#4	Truett-McConne	2:21.64		4/7
8	70	Mahaley CRONK	#1	Montreat (N.C.)	2:22.58		3/24
9	90	Jenna MALLORY	#1	Montreat (N.C.)	2:23.87		3/16
10		Emily STANDIFER	#1	Montreat (N.C.)	2:26.34		3/16

Women's 1500 Meters

1	6	Ellen-Mary KEARNEY	#6	Milligan (Tenn.) A	4:32.13		3/23
2	10	Caitlin DOMINY	#6	Milligan (Tenn.) B	4:39.96		4/7
3	41	Dylan GARCIA	#1	Montreat (N.C.)	4:48.63		3/16
4	43	Gracie ALLEN	#6	Milligan (Tenn.)	4:48.67		3/24
5	45	Kilia HASTY	#1	Montreat (N.C.)	4:49.17		4/7
6	69	Mahaley CRONK	#1	Montreat (N.C.)	4:52.13		3/24
7	75	Jenna MALLORY	#1	Montreat (N.C.)	4:52.97		3/16
8	90	Makayla HOLLIFIELD	#5	Columbia (S.C.)	4:56.82		3/31
9		Sarah OWEN	#4	Truett-McConne	4:58.40		3/24
10		Yessenia CASTELLANOS	#1	Montreat (N.C.)	4:59.16		4/7

Women's Steeplechase

1	5	Jenna MALLORY	#1	Montreat (N.C.) A	11:16.10		4/7
2	19	Catherine SLACK	#1	Montreat (N.C.)	11:40.88		4/7
3	39	Ali BURNS	#6	Milligan (Tenn.)	12:28.56		4/7
4	43	Kaelyn SLAUGHTER	#6	Milligan (Tenn.)	12:35.50		4/7
5	47	Lydia WILLHITE	#7	Columbia Intern	12:37.32		3/24
6	69	Ashlynn BROWN	#3	Tennessee Wesl	12:57.33		4/7
7		Samantha REED	#9	Kentucky Christi	15:59.37		3/25



Conference TFRI Event Summary

as of 4/10/2023 11:48:30 AM

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Women's 5000 Meters

1	8	Ellen-Mary KEARNEY	#6 Milligan (Tenn.) A:B	17:11.12	4/7
2	14	Alyssa BEARZI	#6 Milligan (Tenn.) A:B	17:25.10	3/23
3	15	Caitlin DOMINY	#6 Milligan (Tenn.) B	17:30.19	3/23
4	35	Gracie ALLEN	#6 Milligan (Tenn.)	18:08.95	4/7
5	46	Belinda CHEPKOSGEI	#10 SCAD Atlanta (Ga.)	18:23.89	4/7
6	60	Anna JONES	#6 Milligan (Tenn.)	18:41.55	4/7
7	66	Savannah CAMPBELL	#4 Truett-McConne	18:45.29	3/4
8	74	Erica MORIN-MUGAMBI	#1 Montreat (N.C.)	18:48.44	4/7
9		Catherine SLACK	#1 Montreat (N.C.)	19:05.22	3/24
10		Makayla HOLLIFIELD	#5 Columbia (S.C.)	19:10.32	3/16

Women's 10,000 Meters

1	1	Alyssa BEARZI	#6 Milligan (Tenn.) A:B	35:39.90	4/7
2	24	Makayla HOLLIFIELD	#5 Columbia (S.C.)	39:02.08	3/16
3	30	Savannah CAMPBELL	#4 Truett-McConne	39:20.67	3/10
4	46	Brooke SIMON	#8 Reinhardt (Ga.)	41:07.46	3/17
5	48	Angeline KRAVITZ	#5 Columbia (S.C.)	41:26.05	3/24
6	49	Erica MORIN-MUGAMBI	#1 Montreat (N.C.)	41:30.61	3/24
7	66	Izabelle TREFTS	#5 Columbia (S.C.)	43:15.05	3/24
8	72	Lillie SINIARD	#1 Montreat (N.C.)	43:55.92	3/24
9	74	Dzana CISIC	#7 Columbia Intern	44:13.70	3/24
10	80	Rosemary REED	#7 Columbia Intern	44:46.69	3/24

Women's 5000m Race Walk

1	2	Izabelle TREFTS	#5 Columbia (S.C.) A:B	24:49.47	3/17
2	5	Ainhoa COLINO	#5 Columbia (S.C.) A:B	27:25.94	3/17
3	6	Victoria HEISER-WHATLEY	#5 Columbia (S.C.) A:B	27:28.04	4/7
4	7	Jessica HEISER-WHATLEY	#5 Columbia (S.C.) B	28:17.62	4/7
5	23	Mina SHULL	#5 Columbia (S.C.)	34:53.03	3/24
6	26	Gabrielle HUGGINS	#5 Columbia (S.C.)	37:06.95	3/17
7	27	Briona BIERKAMP	#2 Brenau (Ga.)	41:00.61	3/24

Women's 4x100 Relay

1	14	Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS	#3 Tennessee Wesl	48.05	3/25
2	27	Amya ARNOLD, Myesha HALL, Brooke WILMOTH, Esther NAKANWAGI	#4 Truett-McConne	49.04	4/1
3	36	Kamryn CHAMBLISS, Elajiah SMITH, Oluwatomisin JOHN, Jasmine JOHNSON	#2 Brenau (Ga.)	49.40	4/7
4	42	Emma BARNES, Jessica GAKERI, Adrianna GULLETTE, Paris TURNER	#1 Montreat (N.C.)	49.72	3/24

Women's 4x400 Relay

1	26	Kayland THOMASON, Kamryn CHAMBLISS, Taylor GREEN, Jaeva RIDLEY	#2 Brenau (Ga.)	4:05.73	4/7
2	28	Esther NAKANWAGI, Trenyonna ALLEN, Sarah OWEN, Myesha HALL	#4 Truett-McConne	4:06.41	4/7
3	30	Emily STANDIFER, Paris TURNER, Kilia HASTY, Yessenia CASTELLANOS	#1 Montreat (N.C.)	4:09.37	3/24
4	70	Crystal JONES, Trinyty GREGORY, Rosemary REED, Mercy BERKEMEYER	#7 Columbia Intern	4:23.94	3/24

Women's 4x800 Relay

1	3	Yessenia CASTELLANOS, Kilia HASTY, Dylan GARCIA, Mahaley CRONK	#1 Montreat (N.C.)	9:31.17	3/16
2	16	Savannah CAMPBELL, Simone CHOCK, Hayden PONCE, Sarah OWEN	#4 Truett-McConne	10:44.46	3/10
3	18	Gabrielle HUGGINS, Angeline KRAVITZ, Makayla HOLLIFIELD, Izabelle TREFTS	#5 Columbia (S.C.)	11:03.50	3/24

Women's High Jump

1	2	Paige MANNEY	#3 Tennessee Wesl	A: 1.73m	5-8	3/25
2		Vanessa PROVIDENCE	#2 Brenau (Ga.)	1.45m	4-9	4/7
2		Katie DICKEY	#1 Montreat (N.C.)	1.45m	4-9	4/1
2		Samantha CRAMER	#8 Reinhardt (Ga.)	1.45m	4-9	3/24
5		Grace WRIGHT	#5 Columbia (S.C.)	1.43m	4-8½	3/16
6		Natalie KLEIN	#8 Reinhardt (Ga.)	1.40m	4-7	3/24
6		Anna TASTINGER	#1 Montreat (N.C.)	1.40m	4-7	3/16
6		Victoria HEISER-WHATLEY	#5 Columbia (S.C.)	1.40m	4-7	3/17
9		Zykirah DAVIS	#5 Columbia (S.C.)	1.39m	4-6¾	3/16
10		Madison ROOKER	#3 Tennessee Wesl	1.35m	4-5	4/7
10		Caley ESSIE	#3 Tennessee Wesl	1.35m	4-5	4/7

Women's Pole Vault

1	31	Halie HAWKINS	#6 Milligan (Tenn.)	3.25m	10-8	3/24
2	79	Anna TASTINGER	#1 Montreat (N.C.)	2.80m	9-2¼	3/24
3		Kamryn CHAMBLISS	#2 Brenau (Ga.)	2.50m	8-2½	3/24
4		Emelia ASKEW	#2 Brenau (Ga.)	2.35m	7-8½	3/24
5		Stephanie HINOJOS	#1 Montreat (N.C.)	2.20m	7-2½	3/24



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AAC

Women's Long Jump

1	1	Myesha HALL	#4	Truett-McConneA:B	6.00m	19-8¼ (1.3)	3/24
2	21	Jessica GAKERI	#1	Montreat (N.C.)	5.52m	18-1½ (0.1)	3/24
3	29	Paige MANNEY	#3	Tennessee Wesl	5.45m	17-10¾ (0.)	3/17
4	33	Aniecia GOSS	#3	Tennessee Wesl	5.42m	17-9½ (0.9)	3/25
5	61	Mitchel ALEX	#2	Brenau (Ga.)	5.28m	17-4 (-1.3)	3/17
6	73	Adrianna GULLETTE	#1	Montreat (N.C.)	5.23mw	17-2 (2.2)	3/24
7	80	Trinity GREGORY	#7	Columbia Intern	5.18m	17-0 (0.0)	3/24
8	88	Annabelle GANDERT	#14	St. Andrews (N.C)	5.16m	16-11¼ (-0)	3/24
9	99	Oluwatomisin JOHN	#2	Brenau (Ga.)	5.09m	16-8½ (-0.)	3/17
10		Jada HIGGINS	#9	Kentucky Christi	4.92m	16-1¾ (0.0)	4/8
10		Javen WIMBERLY	#8	Reinhardt (Ga.)	4.92m	16-1¾ (0.0)	4/7
10		Teychiana DORNAN	#11	Union (Ky.)	4.92m	16-1¾ (0.3)	4/7

Women's Triple Jump

1	1	Paige MANNEY	#3	Tennessee WeslA:B	12.58mw	41-3¼ (3.4)	3/25
2	8	Myesha HALL	#4	Truett-McConne B	11.73m	38-6 (-2.0)	3/10
3	12	Aniecia GOSS	#3	Tennessee Wesl B	11.62mw	38-1½ (4.0)	3/25
4	23	Jessica GAKERI	#1	Montreat (N.C.)	11.29m	37-½ (0.9)	3/24
5	33	Oluwatomisin JOHN	#2	Brenau (Ga.)	11.07m	36-4 (1.5)	3/24
6	54	Elajiah SMITH	#2	Brenau (Ga.)	10.71m	35-1¾ (-1.)	3/17
7	57	Teychiana DORNAN	#11	Union (Ky.)	10.67m	35-¼ (-1.7)	3/24
8	63	Jasmine JOHNSON	#2	Brenau (Ga.)	10.61m	34-9¾ (-0.)	3/17
9		Darien WATKINS	#5	Columbia (S.C.)	10.15m	33-3¾ (-0.)	3/24
10		Akia JEAN-PIERRE	#3	Tennessee Wesl	10.10m	33-1¾ (1.5)	3/17

Women's Shot Put

1	24	Sha'Nyia WOOLERY	#2	Brenau (Ga.)	12.60m	41-4¼	3/17
2	28	Kloey PICKENS	#7	Columbia Intern	12.57m	41-3	3/24
3	62	Grace JONES	#4	Truett-McConne	11.97m	39-3¾	3/24
4		Acoya HUNT	#7	Columbia Intern	11.29m	37-½	4/1
5		Emma BARNES	#1	Montreat (N.C.)	10.89m	35-8¾	3/16
6		Vanessa PROVIDENCE	#2	Brenau (Ga.)	10.76m	35-3¾	3/24
7		Jailyn KENDRICK	#2	Brenau (Ga.)	10.67m	35-¼	3/24
8		Katherine FOURIE	#2	Brenau (Ga.)	10.65m	34-11¼	4/7
9		Crystal JONES	#7	Columbia Intern	10.49m	34-5	3/24
10		Darci DAWSON	#5	Columbia (S.C.)	10.38m	34-¾	3/31

Women's Discus

1	45	Kacey WEBB	#6	Milligan (Tenn.)	39.29m	128-11	3/24
2		Sha'Nyia WOOLERY	#2	Brenau (Ga.)	35.25m	115-8	3/17
3		Darci DAWSON	#5	Columbia (S.C.)	35.13m	115-3	3/16
4		Grace JONES	#4	Truett-McConne	35.12m	115-3	4/1
5		Rae GORE	#3	Tennessee Wesl	34.17m	112-1	3/25
6		Katilyn BABB	#4	Truett-McConne	33.52m	110-0	3/4
7		Lillian GRUMBLES	#7	Columbia Intern	33.47m	109-10	4/1
8		Dazanni HINTON	#7	Columbia Intern	33.36m	109-6	3/24
9		Zaida CARSON	#5	Columbia (S.C.)	33.05m	108-5	3/16
10		Acoya HUNT	#7	Columbia Intern	32.37m	106-3	3/24

Women's Hammer

1	33	Dazanni HINTON	#7	Columbia Intern	46.03m	151-0	4/1
2	74	Grace JONES	#4	Truett-McConne	42.54m	139-7	4/1
3		Zaida CARSON	#5	Columbia (S.C.)	38.74m	127-1	3/16
4		Anaya CANTY	#5	Columbia (S.C.)	38.68m	126-11	3/24
5		Ikia MCCOLLOUGH	#5	Columbia (S.C.)	37.83m	124-2	3/16
6		Jailyn KENDRICK	#2	Brenau (Ga.)	37.69m	123-8	3/24
7		Carly BUICE	#4	Truett-McConne	36.37m	119-4	3/24
8		Hannah Grace SPARKS	#7	Columbia Intern	36.03m	118-3	4/8
9		Lauren HANNAH	#9	Kentucky Christi	36.01m	118-2	4/8
10		Darci DAWSON	#5	Columbia (S.C.)	35.50m	116-6	3/16

Women's Javelin

1	9	Katilyn BABB	#4	Truett-McConneA:B	41.59m	136-6	3/4
2	40	Abigail CRUZ	#8	Reinhardt (Ga.)	35.90m	117-10	3/24
3	53	Grace JONES	#4	Truett-McConne	34.02m	111-8	3/10
4	73	Jayda BURKETT	#2	Brenau (Ga.)	32.61m	107-0	4/7
5	77	Katherine FOURIE	#2	Brenau (Ga.)	32.28m	105-11	4/7
6	92	Kloey PICKENS	#7	Columbia Intern	31.08m	102-0	4/1
7		Emma BARNES	#1	Montreat (N.C.)	29.88m	98-½	3/16
8		Jasmine JOHNSON	#2	Brenau (Ga.)	27.08m	88-10¼	3/17
9		McKenna DEBITY	#3	Tennessee Wesl	25.73m	84-5	4/7
10		Laila REED	#2	Brenau (Ga.)	25.56m	83-10¼	4/7

Women's Heptathlon

1	16	Emma BARNES	#1	Montreat (N.C.)	3,644		3/16
2	23	Anna TASTINGER	#1	Montreat (N.C.)	3,174		3/16
3	24	Laila REED	#2	Brenau (Ga.)	3,158		3/17
4	26	Madison ROOKER	#3	Tennessee Wesl	3,107		4/7
5	30	Zykirah DAVIS	#5	Columbia (S.C.)	2,843		3/16
6	34	Caley ESSIE	#3	Tennessee Wesl	2,749		4/7



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AMC

Women's 100 Meters

1	Mya GREEN	#2	Williams Baptist	12.89w	(3.1)	3/31
2	Makenzie SCHWARTZ	#3	Columbia (Mo.)	12.90	(0.5)	4/7
3	Lily ASHRAFAZADEH	#3	Columbia (Mo.)	12.91	(-0.3)	4/7
4	Ally SWAIM	#7	Central Baptist (	12.92w	(2.1)	3/17
5	Breanne HAINES	#5	Hannibal-LaGra	13.03w	(3.1)	3/31
6	Layla HORN	#5	Hannibal-LaGra	13.16w	(2.8)	3/31
7	Alicia ROBINSON	#8	Harris-Stowe St	13.17	(1.9)	3/24
8	Tiah CUPP	#5	Hannibal-LaGra	13.24w	(2.8)	3/31
9	Lana BALLARD	#9	Lyon (Ark.)	13.28w	(2.5)	4/6
10	Nia HAWKINS	#1	William Woods (	13.35	(0.2)	3/24

Women's 100 Meter Hurdles

1	30 Ally SWAIM	#7	Central Baptist (	14.93w	(2.1)	4/6
2	Makenzie SCHWARTZ	#3	Columbia (Mo.)	16.33w	(3.1)	3/31
3	Tiah CUPP	#5	Hannibal-LaGra	16.35w	(3.1)	3/31
4	Taylor WASHINGTON	#6	St. Louis Pharm	16.49	(-1.2)	4/7
5	Mia OELLERMANN	#4	Missouri Baptist	17.38	(-2.3)	4/7
6	Alaina SCOTT	#4	Missouri Baptist	17.45	(-1.2)	4/7
7	Brianna SANSOUCIE	#4	Missouri Baptist	19.07	(-2.3)	4/7

Women's 200 Meters

1	Breanne HAINES	#5	Hannibal-LaGra	26.79	(1.9)	3/31
2	Mya GREEN	#2	Williams Baptist	27.01	(1.9)	3/31
3	Lily ASHRAFAZADEH	#3	Columbia (Mo.)	27.15	(0.0)	3/24
4	Layla HORN	#5	Hannibal-LaGra	27.34	(1.0)	3/31
5	Madeline BURTON	#3	Columbia (Mo.)	27.42	(0.7)	3/24
6	Lana BALLARD	#9	Lyon (Ark.)	27.56	(1.5)	4/6
7	Trinity THOMAS	#1	William Woods (	27.89	(-0.7)	4/7
8	Madison MITTAG	#2	Williams Baptist	27.92	(1.2)	4/6
8	Nia HAWKINS	#1	William Woods (	27.92	(-0.7)	4/7
10	Tiah CUPP	#5	Hannibal-LaGra	28.12	(1.9)	3/31

Women's 400 Meters

1	Layla HORN	#5	Hannibal-LaGra	1:02.08		3/24
2	Perri HOGAN	#4	Missouri Baptist	1:04.57		4/7
3	Myra BAKER	#1	William Woods (	1:04.96		4/7
4	Madison MITTAG	#2	Williams Baptist	1:05.92		3/31
5	Hope CRAM	#2	Williams Baptist	1:06.78		4/6
6	Emma CLIFFORD	#1	William Woods (	1:07.21		3/24
7	Gracie WALLGREN	#1	William Woods (	1:07.48		3/24
8	Lillian THOMAS	#6	St. Louis Pharm	1:09.69		4/7
9	Lauren IMLER	#1	William Woods (	1:09.73		4/7
10	Abbey WALLACE	#6	St. Louis Pharm	1:14.22		4/7

Women's 400 Meter Hurdles

1	54 Tiah CUPP	#5	Hannibal-LaGra	1:08.67		4/7
2	Mariah SCOTT	#6	St. Louis Pharm	1:15.04		4/7
3	Mia OELLERMANN	#4	Missouri Baptist	1:15.13		4/7
4	Gracie WALLGREN	#1	William Woods (	1:15.41		4/7
5	Ellie REYNOLDS	#3	Columbia (Mo.)	1:17.32		3/24
6	Brianna SANSOUCIE	#4	Missouri Baptist	1:22.46		4/7

Women's 800 Meters

1	43 Isabel RINKENBERGER	#4	Missouri Baptist	2:20.95		4/7
2	83 Ellie DIMOND	#1	William Woods (	2:23.44		3/24
3	99 Harley NALE	#1	William Woods (	2:24.55		4/7
4	Mikey LARSON	#2	Williams Baptist	2:25.37		4/6
5	Mattie NOYES	#4	Missouri Baptist	2:29.78		4/7
6	Madison SARGENT	#4	Missouri Baptist	2:30.21		4/7
7	Emma HOMFELDT	#3	Columbia (Mo.)	2:30.28		4/7
8	Myra BAKER	#1	William Woods (	2:32.69		3/31
9	Alyssa MCPIKE	#6	St. Louis Pharm	2:33.84		4/7
10	Allison WAKELAND	#6	St. Louis Pharm	2:38.41		4/7

Women's 1500 Meters

1	64 Harley NALE	#1	William Woods (	4:51.60		4/7
2	81 Mia REED	#4	Missouri Baptist	4:54.78		4/7
3	92 Adrienne ROCKETTE	#4	Missouri Baptist	4:57.08		4/7
4	Ellie DIMOND	#1	William Woods (	5:01.28		3/24
5	Emma HOMFELDT	#3	Columbia (Mo.)	5:05.65		3/24
6	Jada O'DONNELL	#3	Columbia (Mo.)	5:10.30		3/24
7	Mikey LARSON	#2	Williams Baptist	5:12.27		3/10
8	Grace BRINKMANN	#3	Columbia (Mo.)	5:13.50		3/24
9	Mekayla GIBSON	#1	William Woods (	5:17.08		3/24
10	Tara LOWE	#1	William Woods (	5:19.96		4/7

Women's Steeplechase

1	3 Mia REED	#4	Missouri Baptist	11:02.45		4/1
2	25 Harley NALE	#1	William Woods (	11:52.01		3/31
3	91 Kaylee LAMBE	#9	Lyon (Ark.)	13:57.08		3/17

Women's 5000 Meters

1	48 Alicia ENGELBRECHT	#1	William Woods (	18:32.63		3/24
2	76 Mekayla GIBSON	#1	William Woods (	18:49.51		3/24
3	89 Isabel RINKENBERGER	#4	Missouri Baptist	18:57.98		3/31
4	Jada O'DONNELL	#3	Columbia (Mo.)	19:06.08		3/31
5	Emma HOMFELDT	#3	Columbia (Mo.)	19:35.57		3/31
6	Tara LOWE	#1	William Woods (	20:02.36		3/31
7	Kyia WEISBROD	#2	Williams Baptist	20:07.38		3/10
8	Hailey GERARD	#1	William Woods (	20:09.88		3/31
9	Mary GROVER	#1	William Woods (	20:20.36		4/7
10	Brooke HEBERER	#4	Missouri Baptist	20:20.67		3/24

Women's 10,000 Meters

1	23 Mekayla GIBSON	#1	William Woods (	38:59.56		4/7
2	53 Kyia WEISBROD	#2	Williams Baptist	41:47.11		3/31
3	69 Haley HERNANDEZ	#4	Missouri Baptist	43:44.23		3/31



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AMC

Women's 4x100 Relay

1	45	Madeline BURTON, Gracie SCHULTZ, Makenzie SCHWARTZ, Lily ASHRAFZADEH	#3	Columbia (Mo.)	49.80	3/24
2	61	Trinity THOMAS, Heidi BARANAUSKAS, Gracie WALLGREN, Nia HAWKINS	#1	William Woods (	51.23	4/7
3	66	Mariah SCOTT, Arianna BUDUAN, Allie LAWRENCE, Taylor WASHINGTON	#6	St. Louis Pharm:	51.60	4/7
4	70	Hope CRAM, Mya GREEN, Miracle HOLMES, Zaelin MORRIS	#2	Williams Baptist	51.87	4/6

Women's 4x400 Relay

1	89	Hope CRAM, Allyson MARLOW, Madison MITTAG, Mya GREEN	#2	Williams Baptist	4:43.89	3/31
2	95	Abby BAXTER, Claudia LABRUYERE, Alyssa MCPIKE, Lillian THOMAS	#6	St. Louis Pharm:	5:02.79	4/7
3	96	Isabel RINKENBERGER, Adrienne ROCKETTE, Mattie NOYES, Mia REED	#4	Missouri Baptist	5:29.22	4/7
4	97	Emma CLIFFORD, Harley NALE, Gracie WALLGREN, Myra BAKER	#1	William Woods (	5:44.45	4/7

Women's 4x800 Relay

1	14	Harley NALE, Ellie DIMOND, Emma CLIFFORD, Alicia ENGELBRECHT	#1	William Woods (	10:20.13	3/31
2	21	Abby BAXTER, Sophie EASTHAM, Alyssa MCPIKE, Mikayla SHERRILL	#6	St. Louis Pharm:	12:44.38	4/7

Women's High Jump

1	20	Kaylee CLARK	#2	Williams Baptist	1.60m	5-3	3/31
2	67	Carson DEFRIES	#2	Williams Baptist	1.50m	4-11	4/6
3	96	Nia HAWKINS	#1	William Woods (	1.47m	4-9¾	3/24
4		Taylor WASHINGTON	#6	St. Louis Pharm:	1.45m	4-9	4/7
5		Emma CLIFFORD	#1	William Woods (	1.42m	4-7¾	3/24
5		Ellie REYNOLDS	#3	Columbia (Mo.)	1.42m	4-7¾	3/24
7		Arianna BUDUAN	#6	St. Louis Pharm:	1.40m	4-7	4/7

Women's Pole Vault

1	39	Alaina SCOTT	#4	Missouri Baptist	3.20m	10-6	3/24
2	68	Heather HARBISON	#1	William Woods (	2.92m	9-7	4/7
3	79	Allyson MARLOW	#2	Williams Baptist	2.80m	9-2¼	3/31
4	91	Ashley STRODE	#1	William Woods (	2.65m	8-8¼	3/31
5		Makenzie SCHWARTZ	#3	Columbia (Mo.)	2.32m	7-7¼	4/7
6		Kaylee CLARK	#2	Williams Baptist	2.11m	6-11	4/6
6		Dani BARSTEAD	#2	Williams Baptist	2.11m	6-11	4/6

Women's Long Jump

1	22	Lily ASHRAFZADEH	#3	Columbia (Mo.)	5.51m	18-1 (0.1)	3/24
2	49	Maegan SALEH	#4	Missouri Baptist	5.32m	17-5½ (2.0)	3/24
3	54	Madeline BURTON	#3	Columbia (Mo.)	5.30m	17-4¾ (0.5)	3/24
4	57	Nia HAWKINS	#1	William Woods (	5.29m	17-4¼ (1.5)	3/24
5		Gracie SCHULTZ	#3	Columbia (Mo.)	5.08m	16-8 (2.0)	3/24
6		Trinity THOMAS	#1	William Woods (	5.04m	16-6½ (0.0)	3/24
7		Alicia ROBINSON	#8	Harris-Stowe St:	5.01mw	16-5¼ (2.9)	3/24
8		Heidi BARANAUSKAS	#1	William Woods (	4.97m	16-3¾ (0.0)	3/24
9		Nyah EARL	#8	Harris-Stowe St:	4.95m	16-3 (1.5)	3/24
9		Ashleigh GROSS- MITCHELL	#7	Central Baptist (	4.95m	16-3 (2.0)	3/17

Women's Triple Jump

1	31	Nyah EARL	#8	Harris-Stowe St:	11.11m	36-5½ (1.0)	3/24
2	33	Madeline BURTON	#3	Columbia (Mo.)	11.07m	36-4 (0.7)	3/24
3	50	Lily ASHRAFZADEH	#3	Columbia (Mo.)	10.78m	35-4¼ (-4)	3/31
4	88	Allyson MARLOW	#2	Williams Baptist	10.32m	33-10¼ (1)	4/6
5		Trinity THOMAS	#1	William Woods (	9.86m	32-4¼ (-1)	4/7
6		Gracie SCHULTZ	#3	Columbia (Mo.)	9.83m	32-3 (1.1)	3/31
7		Heidi BARANAUSKAS	#1	William Woods (	9.05m	29-8¼ (-2)	4/7

Women's Shot Put

1	7	Katie FRENCH	#1	William Woods (A: B	13.69m	44-11	4/7
2	27	Kaylyn POWERS	#5	Hannibal-LaGra	12.58m	41-3¼	3/31
3	94	Allison KENNEAVY	#1	William Woods (	11.47m	37-7¾	4/7
4		Hannah BAKER	#2	Williams Baptist	11.32m	37-1¾	4/6
5		Ellie EMERSON	#1	William Woods (	10.59m	34-9	3/31
6		Jaynee DURST	#5	Hannibal-LaGra	9.32m	30-7	3/31
7		Calista CHRISTIAN	#2	Williams Baptist	9.02m	29-7¼	3/10
8		Aziza TAKHI	#9	Lyon (Ark.)	8.88m	29-1¾	3/10
9		Ashleigh GROSS- MITCHELL	#7	Central Baptist (	8.66m	28-5	3/25
10		Lannah PRYSI	#6	St. Louis Pharm:	8.51m	27-11	4/7

Women's Discus

1	20	Katie FRENCH	#1	William Woods (B	42.56m	139-8	3/31
2	55	Kaylyn POWERS	#5	Hannibal-LaGra	38.36m	125-10	3/24
3		Hannah BAKER	#2	Williams Baptist	33.19m	108-11	3/31
4		Allison KENNEAVY	#1	William Woods (	30.42m	99-9¾	3/31
5		Jaynee DURST	#5	Hannibal-LaGra	29.82m	97-10	3/31
6		Calista CHRISTIAN	#2	Williams Baptist	29.33m	96-2¾	4/6
7		Ellie EMERSON	#1	William Woods (	28.31m	92-10¾	4/7
8		Brianna RAMSEY	#6	St. Louis Pharm:	25.97m	85-2½	4/7
9		Isabella SCHREIBER	#4	Missouri Baptist	25.09m	82-3¾	3/24
10		Ke'La CAMPBELL	#5	Hannibal-LaGra	25.00m	82-¼	3/24



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AMC

Women's Hammer

1	25	Katie FRENCH	#1	William Woods (	47.32m	155-3	3/31
2	41	Kaylyn POWERS	#5	Hannibal-LaGra	45.29m	148-7	4/7
3	79	Hannah BAKER	#2	Williams Baptist	41.94m	137-7	3/31
4		Brianna RAMSEY	#6	St. Louis Pharm	38.57m	126-7	4/7
5		Evelyn ROLAND	#3	Columbia (Mo.)	36.78m	120-8	4/7
6		Calista CHRISTIAN	#2	Williams Baptist	34.67m	113-9	4/6
7		Isabella SCHREIBER	#4	Missouri Baptist	33.04m	108-5	4/7
8		Ke'La CAMPBELL	#5	Hannibal-LaGra	32.55m	106-10	3/31
9		Allison KENNEAVY	#1	William Woods (	30.30m	99-5	4/7
10		Kady GREER	#2	Williams Baptist	27.79m	91-2¼	3/31

Women's Javelin

1	6	Madeline BURTON	#3	Columbia (Mo.) A;B	42.73m	140-2	3/24
2	15	Natalie THOMAS	#1	William Woods (B	39.55m	129-9	3/24
3	29	Ellie EMERSON	#1	William Woods (	37.42m	122-9	3/24
4	59	Evelyn ROLAND	#3	Columbia (Mo.)	33.54m	110-1	3/24
5	66	Isabella SCHREIBER	#4	Missouri Baptist	33.09m	108-7	3/24
6	85	Alexis CLIFFORD	#1	William Woods (	31.59m	103-8	3/24
7		Jaynee DURST	#5	Hannibal-LaGra	29.83m	97-10½	3/24
8		Hannah DURO	#4	Missouri Baptist	29.73m	97-6½	4/7
9		Madison MITTAG	#2	Williams Baptist	29.62m	97-2¼	3/31
10		Emma CLIFFORD	#1	William Woods (	26.61m	87-3¾	4/7



Conference TFRI Event Summary

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Cal Pac

Women's 100 Meters

1	60	Zhanna EDWARDS	#1	Park (Ariz.)	12.38w	(2.1)	4/8
2		Jordyn ESPINOZA	#1	Park (Ariz.)	12.83	(0.8)	4/8
3		Jaiden CANADY	#1	Park (Ariz.)	13.14	(0.8)	4/8
4		Danielle SOBANDE	#4	Soka (Calif.)	13.35	(2.0)	3/18
5		Esmeray DEMIRBAS	#3	Westcliff (Calif.)	13.46w	(2.5)	3/25
6		Naylah SANTOS	#4	Soka (Calif.)	13.64	(0.9)	4/7
7		Miki KAWAMURA	#4	Soka (Calif.)	13.92w	(2.6)	3/25
8		Johanna JESSOP	#1	Park (Ariz.)	14.10	(0.9)	3/17
8		Olivia CHUNG	#4	Soka (Calif.)	14.10w	(2.6)	3/25
10		Jasmine LORENZO	#4	Soka (Calif.)	15.14	(1.7)	4/7

Women's 200 Meters

1		Zhanna EDWARDS	#1	Park (Ariz.)	26.86	(0.3)	3/24
2		Nardia PADILLA	#1	Park (Ariz.)	26.90	(0.1)	3/24
3		Jaiden CANADY	#1	Park (Ariz.)	27.51	(0.3)	3/17
4		Danielle SOBANDE	#4	Soka (Calif.)	27.78w	(2.4)	3/18
5		Jordyn ESPINOZA	#1	Park (Ariz.)	27.88	(0.1)	3/24
6		Esmeray DEMIRBAS	#3	Westcliff (Calif.)	28.73	(1.8)	3/25
7		Miki KAWAMURA	#4	Soka (Calif.)	29.11	(1.2)	3/18
8		Evette MENDOZA	#3	Westcliff (Calif.)	29.48	(-0.8)	2/3
9		Johanna JESSOP	#1	Park (Ariz.)	29.62	(-1.4)	4/8
10		Naylah SANTOS	#4	Soka (Calif.)	29.77	(1.4)	4/7

Women's 400 Meters

1		Nardia PADILLA	#1	Park (Ariz.)	1:02.16		4/8
2		Jaiden CANADY	#1	Park (Ariz.)	1:07.09		3/17
3		Nicole MOORE	#3	Westcliff (Calif.)	1:13.61		2/3

Women's 800 Meters

1		Skylar COONEY	#2	Embry-Riddle (A)	2:25.16		4/8
2		Maryan SHARIF	#1	Park (Ariz.)	2:26.09		4/8
3		Josephine GREGORY	#2	Embry-Riddle (A)	2:27.62		3/24
4		Josephine BANKS	#2	Embry-Riddle (A)	2:28.09		4/8
5		Kamryn HOEHNE	#2	Embry-Riddle (A)	2:33.02		3/24
6		Madison TURNER	#1	Park (Ariz.)	2:33.62		3/24
7		Savannah GANTER	#2	Embry-Riddle (A)	2:35.87		3/24
8		Tiffany TERRY	#2	Embry-Riddle (A)	2:39.35		3/24
9		Kenyah REED	#1	Park (Ariz.)	2:48.45		4/8
10		Vitoria SOUZA E ROBLES	#4	Soka (Calif.)	2:51.47		4/7

Women's 1500 Meters

1	15	Josephine BANKS	#2	Embry-Riddle (A)	4:42.08		4/8
2		Kamryn HOEHNE	#2	Embry-Riddle (A)	5:00.13		4/8
3		Maryan SHARIF	#1	Park (Ariz.)	5:21.18		3/17
4		Madison TURNER	#1	Park (Ariz.)	5:41.63		3/24
5		Alex JUAREZ	#3	Westcliff (Calif.)	7:46.08		3/4

Women's Steeplechase

1	15	Josephine GREGORY	#2	Embry-Riddle (A)	11:36.15		4/8
2	20	Savannah GANTER	#2	Embry-Riddle (A)	11:41.60		4/8
3	36	Skylar COONEY	#2	Embry-Riddle (A)	12:26.13		3/24
4		Alice MCKEAN	#2	Embry-Riddle (A)	14:38.57		4/8

Women's 5000 Meters

1	69	Tiffany TERRY	#2	Embry-Riddle (A)	18:46.88		3/24
2		Lizzie SIMON	#2	Embry-Riddle (A)	19:17.68		3/24
3		Emma LEWIS	#2	Embry-Riddle (A)	19:58.79		3/24
4		Alexis PARKER	#2	Embry-Riddle (A)	20:22.27		4/8

Women's 10,000 Meters

1	41	Lizzie SIMON	#2	Embry-Riddle (A)	40:21.89		3/11
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Women's 4x100 Relay

1	39	Jordyn ESPINOZA, Zhanna EDWARDS, Nardia PADILLA, Jaiden CANADY	#1	Park (Ariz.)	49.60		4/8
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Women's 4x400 Relay

1	68	Jaiden CANADY, Zhanna EDWARDS, Nardia PADILLA, Madison TURNER	#1	Park (Ariz.)	4:23.47		3/17
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Women's Long Jump

1		Nardia PADILLA	#1	Park (Ariz.)	4.76m	15-7½ (-1)	3/17
2		Johanna JESSOP	#1	Park (Ariz.)	4.70m	15-5 (-0.9)	3/17
3		Olivia CHUNG	#4	Soka (Calif.)	4.59m	15-¾ (2.0)	3/25
4		Naiyla DIXON	#4	Soka (Calif.)	4.11m	13-6 (0.0)	3/18
5		Jasmine LORENZO	#4	Soka (Calif.)	3.38m	11-1¼ (-1)	4/7

Women's Triple Jump

1		Naiyla DIXON	#4	Soka (Calif.)	9.74m	31-11½ (0)	4/7
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Women's Shot Put

1		Olivia PINO	#3	Westcliff (Calif.)	9.32m	30-7	3/4
2		Abigail STRONG	#3	Westcliff (Calif.)	7.22m	23-8¼	2/3
3		Natalie ZIEGLER	#3	Westcliff (Calif.)	6.38m	20-11¼	2/3

Women's Discus

1		Natalie ZIEGLER	#3	Westcliff (Calif.)	18.46m	60-6¾	2/3
2		Abigail STRONG	#3	Westcliff (Calif.)	16.32m	53-6½	2/3

Women's Javelin

1	46	Olivia PINO	#3	Westcliff (Calif.)	34.69m	113-10	3/4
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Cascade

Women's 100 Meters

1	19	Hanna SOBKOWICH	#1	British Columbia	12.07	(1.8)	4/8
2	76	Madigan KELLY	#4	Lewis-Clark Stat	12.54	(0.5)	3/18
3	82	Yahaira CHAVARRIA	#2	Eastern Oregon	12.57	(0.9)	4/7
4		Sage WOOD	#3	College of Idaho	12.75	(0.1)	3/24
5		Sonya URBANOWICZ	#1	British Columbia	12.77	(1.3)	3/18
5		Hero PETERS	#8	Corban (Ore.)	12.77	(-0.8)	3/11
7		Charlotte BOWMAN	#3	College of Idaho	12.81	(0.1)	3/24
8		Madeline DESEMONE	#6	Bushnell (Ore.)	12.89	(-0.6)	3/30
9		Lizzy BEHNKE	#10	Northwest (Was)	12.97	(1.4)	3/18
10		Katie BROWN	#2	Eastern Oregon	13.05	(0.5)	4/7

Women's 100 Meter Hurdles

1	8	Madigan KELLY	#4	Lewis-Clark Stat	14.22	(-1.5)	3/18
2	27	Rebecca DUTCHAK	#1	British Columbia	14.85	(-0.2)	3/18
3	35	Nia COLLINS	#5	Southern Orego	15.10	(0.7)	3/17
4	39	Sara HATHAWAY	#4	Lewis-Clark Stat	15.15	(0.7)	3/23
5	41	Morgan BAYES	#2	Eastern Oregon	15.18	(-0.3)	3/24
6	46	Ashley BRITT	#4	Lewis-Clark Stat	15.35	(-1.5)	3/18
7	58	Abi STEVENS	#5	Southern Orego	15.53	(0.7)	3/30
8	67	Corona PARKER	#9	Evergreen State	15.66	(0.8)	3/18
9	75	Karli BEDARD	#2	Eastern Oregon	15.75	(-0.6)	3/30
10	77	India COLLINS	#5	Southern Orego	15.84	(0.7)	3/17

Women's 200 Meters

1	32	Hanna SOBKOWICH	#1	British Columbia	25.17	(0.1)	3/25
2	65	Anika GROGAN	#4	Lewis-Clark Stat	25.81	(0.8)	3/23
3	78	Madigan KELLY	#4	Lewis-Clark Stat	25.91	(0.9)	4/7
4	84	Cayla SMITH	#1	British Columbia	25.97	(1.8)	3/25
5	90	Yahaira CHAVARRIA	#2	Eastern Oregon	25.99	(1.5)	4/7
6	92	Sage WOOD	#3	College of Idaho	26.01	(0.2)	3/24
7		Emily COLLINS	#4	Lewis-Clark Stat	26.24	(1.5)	4/7
8		Hero PETERS	#8	Corban (Ore.)	26.49	(1.9)	4/1
9		Princess BROWNE	#11	Multnomah (Ore)	26.53	(0.5)	3/17
9		Lizzy BEHNKE	#10	Northwest (Was)	26.53	(-0.2)	3/18

Women's 400 Meters

1	26	Cayla SMITH	#1	British Columbia	57.53		3/25
2	29	Emily COLLINS	#4	Lewis-Clark Stat	57.85		4/7
3	36	Anika GROGAN	#4	Lewis-Clark Stat	58.40		3/23
4	51	Lauryn MITCHELL	#2	Eastern Oregon	59.27		4/7
5	62	Eva BRADY	#7	Oregon Tech	59.68		4/8
6	70	Janea ROBERTSON	#6	Bushnell (Ore.)	59.91		3/30
7	83	Chloe BARYLSKI	#3	College of Idaho	1:00.42		4/7
8		Aayzia DUMAS	#5	Southern Orego	1:01.02		4/7
9		Sage WOOD	#3	College of Idaho	1:02.25		4/7
10		Lizzy BEHNKE	#10	Northwest (Was)	1:02.53		3/24

Women's 400 Meter Hurdles

1	8	Ashley BRITT	#4	Lewis-Clark Stat	1:03.14		4/7
2	9	Morgan BAYES	#2	Eastern Oregon	1:03.40		4/7
3	16	Nia COLLINS	#5	Southern Orego	1:05.37		3/17
4	20	India ORTIZ	#5	Southern Orego	1:05.84		3/17
5	24	Sara HATHAWAY	#4	Lewis-Clark Stat	1:06.29		3/18
6	42	Abigail STRICKLAND	#9	Evergreen State	1:07.93		3/10
7	48	Sydney PECK	#2	Eastern Oregon	1:08.40		3/18
8	58	Sierra JANIKOWSKI	#6	Bushnell (Ore.)	1:09.19		3/30
9	66	India COLLINS	#5	Southern Orego	1:09.72		3/17
10	95	Graycee LITTON	#3	College of Idaho	1:12.01		3/24

Women's 800 Meters

1	2	Abbey SHIRTS	#3	College of Idaho	2:10.86		4/7
2	4	Rachel MORTIMER	#1	British Columbia	2:12.39		4/8
3	5	Michelle HERBES	#2	Eastern Oregon	2:14.02		4/7
4	14	Geraldine CORREA	#4	Lewis-Clark Stat	2:16.39		3/23
5	20	Lauryn MITCHELL	#2	Eastern Oregon	2:17.82		3/24
6	51	Eva BRADY	#7	Oregon Tech	2:21.49		3/17
7	53	Grace TIEGS	#4	Lewis-Clark Stat	2:21.51		3/18
8	55	Megan MCMANUS	#3	College of Idaho	2:21.55		4/7
9	63	Jovi KUSKIE	#3	College of Idaho	2:22.12		4/7
10	67	Katie Jo GEBHARDT	#2	Eastern Oregon	2:22.39		3/24

Women's 1500 Meters

1	1	Rachel MORTIMER	#1	British Columbia	4:21.41		3/25
2	3	Holly MACGILLIVRAY	#1	British Columbia	4:30.12		4/8
3	5	Abbey SHIRTS	#3	College of Idaho	4:31.97		3/24
4	7	Kyla BECKER	#1	British Columbia	4:32.93		4/8
5	9	Kiana GIBSON	#1	British Columbia	4:37.76		4/8
6	11	Michelle HERBES	#2	Eastern Oregon	4:40.56		3/24
7	27	Kahea FIGUEIRA	#3	College of Idaho	4:45.34		4/7
8	28	Jaxon SLANEY	#1	British Columbia	4:45.72		3/25
9	30	Amelia PFOHL	#1	British Columbia	4:45.78		4/8
10	32	Brooklyn SHELL	#4	Lewis-Clark Stat	4:45.93		3/18

Women's Steeplechase

1	1	Sage MARTIN	#3	College of Idaho	10:34.90		4/7
2	2	Jamie HENNESSEY	#1	British Columbia	10:35.77		3/25
3	4	Larissa MAUER	#3	College of Idaho	11:15.27		4/7
4	6	Lauren FORSTER	#5	Southern Orego	11:17.13		3/30
5	48	Kira MORROW	#7	Oregon Tech	12:39.85		3/17
6	51	Dierdre MCKAY	#2	Eastern Oregon	12:42.01		4/7
7	58	Kaitlin COOK	#6	Bushnell (Ore.)	12:48.24		3/17
8	83	Harmony GOODMAN	#6	Bushnell (Ore.)	13:32.63		3/11



Conference TFRI Event Summary

as of 4/10/2023 11:48:31 AM

Cascade

Women's 5000 Meters

1	1	Kiana GIBSON	#1	British ColumbiaA	B 16:22.04	3/25
2	2	Katie NEWLOVE	#1	British ColumbiaA	B 16:27.09	3/25
3	3	Marley BECKETT	#1	British ColumbiaA	B 16:28.58	3/25
4	4	Kyla BECKER	#1	British ColumbiaA	B 16:33.40	3/25
5	5	Sage MARTIN	#3	College of IdahoA	B 16:48.00	3/24
6	12	Ellyse TINGELSTAD	#3	College of IdahoA	B 17:22.70	4/7
7	24	Kahea FIGUEIRA	#3	College of Idaho	17:51.70	3/24
8	29	Zoe DOORENSPLEET	#1	British Columbia	17:59.64	4/8
9	31	Chloe OVERBERG	#4	Lewis-Clark Stat	18:04.82	4/7
10	32	Kaylea HARTMAN	#10	Northwest (Was)	18:05.11	3/18

Women's 10,000 Meters

1	2	Ellyse TINGELSTAD	#3	College of IdahoA	B 35:41.88	3/30
2	10	Haylee BRODAHL	#5	Southern OregoA	B 37:16.19	3/30
3	12	Alejandra LOPEZ	#5	Southern OregoA	B 37:24.97	3/30
4	19	Molly CONNOR	#3	College of Idaho B	38:06.82	4/7
5	21	Sydnee KIZZIAR	#5	Southern Orego	38:47.05	3/30
6	26	Charlie DUFF	#3	College of Idaho	39:11.92	4/7
7	37	Chloe OVERBERG	#4	Lewis-Clark Stat	39:59.68	3/23
8	68	Hannah SCOTT	#6	Bushnell (Ore.)	43:33.47	3/17
9	75	Emma CAMPBELL	#3	College of Idaho	44:18.53	4/7
10	76	Kennedy LARSON	#6	Bushnell (Ore.)	44:20.12	3/17

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	#1	British ColumbiaA	B 23:03.90	3/25
2	3	Joan LU	#1	British ColumbiaA	B 25:20.60	3/25
3	4	Cassidy CARDLE	#1	British ColumbiaA	B 25:28.71	3/25

Women's 4x100 Relay

1	15	Rebecca DUTCHAK, Sonya URBANOWICZ, Cayla SMITH, Hanna SOBKOWICH	#1	British Columbia	48.15	3/18
2	25	Yahaira CHAVARRIA, Sydney PECK, Sade WILLIAMS, Katie BROWN	#2	Eastern Oregon	48.97	4/7
3	32	Charlotte BOWMAN, Sage WOOD, Jada KISNER, Chloe BARYLSKI	#3	College of Idaho	49.26	3/18
4	36	Ashley BRITT, Emily COLLINS, Dalli ELISON, Madigan KELLY	#4	Lewis-Clark Stat	49.40	4/7
5	42	Adrienne MAI, Janea ROBERTSON, Madeline DESEMONE, Sarah PHILLIPS	#6	Bushnell (Ore.)	49.72	3/30
6	47	India COLLINS, India ORTIZ, Nia COLLINS, Aayzia DUMAS	#5	Southern Orego	50.04	4/1
7	69	Lizzy BEHNKE, Anya BOHUTA, Kayla SODERSTROM, Gracie VANASSCHE	#10	Northwest (Was)	51.78	3/24

Women's 4x400 Relay

1	17	Morgan BAYES, Sydney PECK, Lauryn MITCHELL, Michelle HERBES	#2	Eastern Oregon	4:01.09	4/7
2	22	Adrienne MAI, Olivia BAILON, Madeline DESEMONE, Janea ROBERTSON	#6	Bushnell (Ore.)	4:04.45	3/30
3	39	Lauren FORSTER, Aayzia DUMAS, India COLLINS, India ORTIZ	#5	Southern Orego	4:12.40	3/11
4	57	Juliana BROWN, Kristi HIRTE, Jenna MILLER, Hero PETERS	#8	Corban (Ore.)	4:18.97	3/22
5	92	Nevaeh AUSTIN, Kassidy CHAMBERLIN, Heather WAGNER, DeAsia WOSACHLO	#11	Multnomah (Ore)	4:48.29	3/11

Women's 4x800 Relay

1	2	Katie NEWLOVE, Kyla BECKER, Holly MACGILLIVRAY, Rachel MORTIMER	#1	British ColumbiaA	B 9:15.27	3/25
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Conference TFRI Event Summary

as of 4/10/2023 11:48:31 AM

Cascade

Women's High Jump

1	6	Abi STEVENS	#5	Southern Orego	B	1.66m	5-5½	4/7
2	30	Corona PARKER	#9	Evergreen State		1.58m	5-2¼	3/10
2	30	Lizzy GRANDLE	#2	Eastern Oregon		1.58m	5-2¼	3/30
4	34	Ally ODELL	#7	Oregon Tech		1.57m	5-1¾	4/8
5	38	Sara HATHAWAY	#4	Lewis-Clark Stat		1.56m	5-1¼	3/23
6	40	Sarah PIMBLETT	#1	British Columbia		1.55m	5-1	4/8
6	40	Karli BEDARD	#2	Eastern Oregon		1.55m	5-1	3/30
8	63	Morgan HARRISON	#3	College of Idaho		1.52m	4-11¾	4/7
8	63	Brittan BRATSCHER	#7	Oregon Tech		1.52m	4-11¾	4/8
10	87	Sammy CONLEY	#2	Eastern Oregon		1.49m	4-10½	3/30

Women's Pole Vault

1	2	Sonya URBANOWICZ	#1	British Columbia	A:B	3.80m	12-5½	3/25
2	17	India ORTIZ	#5	Southern Orego		3.45m	11-3¾	3/17
2	17	Cynthia SMITH	#4	Lewis-Clark Stat		3.45m	11-3¾	3/18
4	45	Sage WOOD	#3	College of Idaho		3.16m	10-4¼	4/7
5	55	Emberlynn MACK	#4	Lewis-Clark Stat		3.05m	10-0	3/18
6	60	Faith WAGNER	#2	Eastern Oregon		3.01m	9-10½	4/7
7	74	Desiree WINSLOW	#4	Lewis-Clark Stat		2.86m	9-4½	3/23
8	75	Gabi HANSEN	#5	Southern Orego		2.85m	9-4¼	3/11
9	93	Leah NASTRI	#8	Corban (Ore.)		2.60m	8-6¼	3/18

Women's Long Jump

1	3	Emma RASTAD	#1	British Columbia	A:B	5.78m	18-11¾ (0.	3/18
2	11	Rebecca DUTCHAK	#1	British Columbia	B	5.67m	18-7¼ (0.2	3/18
3	27	Allison MACDONALD	#1	British Columbia		5.47m	17-11½ (-0	3/18
4	34	Mayah PAPPAS	#6	Bushnell (Ore.)		5.41m	17-9 (2.0)	3/11
5	43	Abi STEVENS	#5	Southern Orego		5.36m	17-7 (0.4)	3/30
6	57	Janea ROBERTSON	#6	Bushnell (Ore.)		5.29mw	17-4¼ (2.1	3/11
7	88	Jenna HODGES	#5	Southern Orego		5.16m	16-11¼ (-0	3/30
8	93	Ally SOFALY	#3	College of Idaho		5.15m	16-10¾ (0.	3/24
9	99	Jessica URBAN	#1	British Columbia		5.09m	16-8½ (0.5	3/25
10		Addison TRENT	#3	College of Idaho		5.03m	16-6 (1.5)	3/24

Women's Triple Jump

1	6	Princess BROWNE	#11	Multnomah (Ore.)	A:B	11.80m	38-8¾ (0.0	3/17
2	10	Allison MACDONALD	#1	British Columbia	B	11.64m	38-2¼ (1.6	3/18
3	30	Sienna BAUER	#5	Southern Orego		11.14mw	36-6¾ (3.8	4/1
4	45	Sydney ZYWINA	#4	Lewis-Clark Stat		10.84m	35-6¾ (0.2	3/18
5	92	Alexa HORSLEY	#4	Lewis-Clark Stat		10.27m	33-8½ (1.1	3/23
6		Adrienne WASHINGTON	#2	Eastern Oregon		10.15m	33-3¾ (0.7	4/7
7		Sara VANDERWYK	#3	College of Idaho		10.10m	33-1¾ (1.3	3/24
8		Jenae USSELMAN	#6	Bushnell (Ore.)		10.00m	32-9¾ (0.4	3/11
9		Jada KISNER	#3	College of Idaho		9.87m	32-4¾ (1.3	4/7
10		Cami GOODWIN	#5	Southern Orego		9.53m	31-3¼ (-0.	4/7

Women's Shot Put

1	2	Maggie LEDBETTER	#2	Eastern Oregon	A:B	14.11m	46-3½	3/24
2	20	Michelle DADSON	#1	British Columbia		12.79m	41-11½	3/25
3	38	Kenna WOODWARD	#2	Eastern Oregon		12.35m	40-6¼	3/18
4	41	Star HERRON	#3	College of Idaho		12.31m	40-4¾	4/7
5	73	Andrea OSBON	#5	Southern Orego		11.78m	38-7¾	4/1
6	82	Rebecca DUTCHAK	#1	British Columbia		11.71m	38-5	3/25
7	86	Libby MATHIS	#6	Bushnell (Ore.)		11.68m	38-4	3/17
8		Lizzy GRANDLE	#2	Eastern Oregon		10.74m	35-3	3/30
9		Leah SCHIEWE	#6	Bushnell (Ore.)		10.64m	34-11	3/11
10		Dakota UNDERWOOD	#6	Bushnell (Ore.)		10.63m	34-10½	3/17

Women's Discus

1	18	Maggie LEDBETTER	#2	Eastern Oregon	B	42.57m	139-8	4/7
2	84	Trinity HILL	#2	Eastern Oregon		36.73m	120-6	3/18
3	90	Jalyn SACKRIDER	#9	Evergreen State		36.48m	119-8	3/18
4	95	Grace OSBORNE	#4	Lewis-Clark Stat		36.22m	118-10	3/18
5		Kenna WOODWARD	#2	Eastern Oregon		35.80m	117-6	3/24
6		Gabrielle TATA-RODRIGUES	#8	Corban (Ore.)		35.47m	116-5	4/8
7		Emily BITLER	#7	Oregon Tech		35.03m	114-11	4/8
8		Lily STEWART	#9	Evergreen State		34.56m	113-5	3/18
9		Jaelene CHAVEZ	#8	Corban (Ore.)		33.84m	111-0	4/8
10		Ciena GREGORY	#7	Oregon Tech		33.43m	109-8	4/8

Women's Hammer

1	4	Bella HALL	#1	British Columbia	A:B	51.76m	169-10	4/8
2	7	Michelle DADSON	#1	British Columbia	A:B	51.30m	168-4	3/18
3	11	Maggie LEDBETTER	#2	Eastern Oregon	B	50.31m	165-1	4/7
4	13	Kenna WOODWARD	#2	Eastern Oregon	B	50.20m	164-9	3/18
5	27	Lauren FRIESEN	#1	British Columbia		47.19m	154-10	4/8
6	38	Star HERRON	#3	College of Idaho		45.63m	149-9	3/18
7	62	Katie MULL	#7	Oregon Tech		43.15m	141-7	3/17
8	63	Jaelene CHAVEZ	#8	Corban (Ore.)		43.09m	141-5	3/18
9	92	Taylor DURFEY	#3	College of Idaho		40.85m	134-0	4/7
10	94	Abby LUSCO	#2	Eastern Oregon		40.67m	133-5	3/18

Women's Javelin

1	1	Alex CONLEY	#7	Oregon Tech	A:B	46.11m	151-4	4/8
2	4	Giovanna JANES	#1	British Columbia	A:B	43.18m	141-8	3/18
3	7	Brittan BRATSCHER	#7	Oregon Tech	A:B	42.24m	138-7	3/17
4	12	Aarika BROOKS	#7	Oregon Tech	B	40.33m	132-4	3/17
5	16	Allie BEST	#2	Eastern Oregon	B	39.32m	129-0	4/7
6	17	Kea STIEGLITZ	#4	Lewis-Clark Stat		38.90m	127-8	3/18
7	18	Jenae USSELMAN	#6	Bushnell (Ore.)		38.87m	127-7	3/11
8	26	Sammy CONLEY	#2	Eastern Oregon		37.86m	124-3	3/18
9	30	Amber MILLER	#7	Oregon Tech		37.39m	122-8	3/17
10	32	Liepa BAJARUNAS	#1	British Columbia		37.15m	121-11	3/18



Conference TFRI Event Summary

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Cascade

Women's Heptathlon

1	3	Abi STEVENS	#5	Southern Orego B	4,435	3/30
2	6	Lizzy GRANDLE	#2	Eastern Oregon B	4,180	3/30
3	7	Sammy CONLEY	#2	Eastern Oregon B	4,119	3/30
4	10	Ally ODELL	#7	Oregon Tech B	4,028	3/30
5	11	Jenna HODGES	#5	Southern Orego B	4,018	3/30
6	12	Sara HATHAWAY	#4	Lewis-Clark Stat B	3,986	3/23
7	13	Karli BEDARD	#2	Eastern Oregon B	3,984	3/30
8	21	Sarah PIMBLETT	#1	British Columbia	3,260	3/25



Conference TFRI Event Summary

as of 4/10/2023 11:48:32 AM

Chicagoland

Women's 100 Meters

1	17	Alyssa BUSKER	#5	Trinity Christian	12.06w	(2.6)	3/10
2	47	Mara BRUNO	#3	St. Francis (Ill.)	12.30w	(3.7)	3/31
3	76	Jamaya JENKINS	#2	Saint Xavier (Ill.)	12.54w	(2.4)	3/31
4	82	Emerson COLINS	#3	St. Francis (Ill.)	12.57w	(2.6)	3/31
5	84	Kimberly BRENT	#1	Olivet Nazarene	12.58w	(3.8)	4/1
6	95	Tera MILLER	#1	Olivet Nazarene	12.62w	(3.8)	4/1
7		Amanda LICHTENSTEIN	#5	Trinity Christian	12.65	(1.7)	3/10
8		Naomi CARGO	#2	Saint Xavier (Ill.)	12.86w	(2.8)	3/31
9		Tajana SIMS	#2	Saint Xavier (Ill.)	13.28	(1.0)	4/7
10		Josilyn BALLOR	#6	Judson (Ill.)	13.31	(1.1)	4/7

Women's 100 Meter Hurdles

1	10	Hannah ANTKOVIK	#1	Olivet Nazarene	14.31w	(2.5)	4/5
2		Emerson COLINS	#3	St. Francis (Ill.)	16.23	(2.0)	3/31
3		Emma BETTS	#1	Olivet Nazarene	16.55w	(2.5)	4/1
4		Jolene MANTOAN	#1	Olivet Nazarene	17.31w	(2.5)	4/1
5		Gianna TRENTER	#3	St. Francis (Ill.)	17.35	(-0.1)	4/7

Women's 200 Meters

1	16	Alyssa BUSKER	#5	Trinity Christian	24.78	(-1.7)	3/10
2	45	Mara BRUNO	#3	St. Francis (Ill.)	25.48w	(3.2)	3/31
3	65	Hannah ANTKOVIK	#1	Olivet Nazarene	25.81w	(2.2)	4/5
4		Cassandra URIBE	#6	Judson (Ill.)	26.12	(0.9)	4/7
5		Amanda LICHTENSTEIN	#5	Trinity Christian	26.64w	(2.2)	4/5
6		Gabbi BUTLER	#4	St. Ambrose (Iov	26.69	(1.9)	4/1
7		Josilyn BALLOR	#6	Judson (Ill.)	26.93	(1.5)	4/7
8		Naomi CARGO	#2	Saint Xavier (Ill.)	27.16	(1.9)	3/31
9		Megan JANSETT	#4	St. Ambrose (Iov	27.36	(1.9)	4/1
10		Tajana SIMS	#2	Saint Xavier (Ill.)	27.41w	(2.3)	3/31

Women's 400 Meters

1	10	Hannah ANTKOVIK	#1	Olivet Nazarene	56.29		4/5
2	31	Gabbi BUTLER	#4	St. Ambrose (Iov	58.04		4/5
3	39	Mara BRUNO	#3	St. Francis (Ill.)	58.49		4/7
4	81	Tera MILLER	#1	Olivet Nazarene	1:00.37		4/5
5	85	Cassandra URIBE	#6	Judson (Ill.)	1:00.44		4/7
6	90	Kiara CARTER	#1	Olivet Nazarene	1:00.55		4/1
7		Megan JANSETT	#4	St. Ambrose (Iov	1:01.48		4/1
8		Amanda LICHTENSTEIN	#5	Trinity Christian	1:01.65		3/10
9		Delilah DELGADO	#2	Saint Xavier (Ill.)	1:02.62		4/7
10		Athena NELSON	#4	St. Ambrose (Iov	1:03.53		4/1

Women's 400 Meter Hurdles

1	82	Gianna TRENTER	#3	St. Francis (Ill.)	1:10.75		4/7
2	89	Emma BETTS	#1	Olivet Nazarene	1:11.41		4/1
3		Victoria DOLBNIK	#2	Saint Xavier (Ill.)	1:14.50		3/31
4		Kenia SALGADO	#2	Saint Xavier (Ill.)	1:17.44		3/31

Women's 800 Meters

1		Nayely MARTINEZ	#2	Saint Xavier (Ill.)	2:25.95		4/7
2		Heidi HELDT	#1	Olivet Nazarene	2:27.80		4/1
3		Tori ORTON	#1	Olivet Nazarene	2:28.03		4/1
4		Ariadna JUAREZ	#3	St. Francis (Ill.)	2:30.77		3/31
5		Victoria DOLBNIK	#2	Saint Xavier (Ill.)	2:31.46		4/7
6		Beatrice BRUNO	#7	Roosevelt (Ill.)	2:33.51		4/1
7		Isabella ALATORRE	#2	Saint Xavier (Ill.)	2:33.66		4/7
8		Kristen BOOKER	#2	Saint Xavier (Ill.)	2:34.33		4/7
9		Kyleigh FOSTER	#4	St. Ambrose (Iov	2:34.55		4/5
10		Lin MARIJNISSEN	#1	Olivet Nazarene	2:34.59		4/1

Women's 1500 Meters

1	8	Ana PINEDA	#3	St. Francis (Ill.)	4:37.09		4/1
2	12	Allison RAMSEY	#3	St. Francis (Ill.)	4:41.09		4/1
3		Alexia BIBAKIS	#3	St. Francis (Ill.)	5:00.43		3/31
4		Kasey MORENO	#6	Judson (Ill.)	5:06.79		4/7
5		Delilah DELGADO	#2	Saint Xavier (Ill.)	5:07.06		3/31
6		Olivia BUKOWSKI	#3	St. Francis (Ill.)	5:07.17		3/31
7		Eleanor FOURNIER	#1	Olivet Nazarene	5:14.18		4/1
8		Eva SERRATO	#6	Judson (Ill.)	5:18.86		4/7
9		Emma KARCZEWSKI	#2	Saint Xavier (Ill.)	5:21.50		4/7
10		Mackenzie PARK	#1	Olivet Nazarene	5:26.64		4/1

Women's Steeplechase

1	88	Riley FORTUNE	#4	St. Ambrose (Iov	13:43.77		4/5
2		Rylee MCCREY	#4	St. Ambrose (Iov	15:36.19		4/5

Women's 5000 Meters

1	19	Ana PINEDA	#3	St. Francis (Ill.)	17:39.89		4/7
2	26	Alexia BIBAKIS	#3	St. Francis (Ill.)	17:54.07		4/7
3	33	Olivia BUKOWSKI	#3	St. Francis (Ill.)	18:06.94		4/7
4	39	Allison RAMSEY	#3	St. Francis (Ill.)	18:13.30		4/7
5		Kasey MORENO	#6	Judson (Ill.)	20:04.89		3/31
6		Tiffany LEHMANN	#3	St. Francis (Ill.)	20:57.40		4/7
7		Emma KARCZEWSKI	#2	Saint Xavier (Ill.)	21:16.68		3/31
8		Isabella ALATORRE	#2	Saint Xavier (Ill.)	21:41.08		3/31
9		Angie DELGADO	#7	Roosevelt (Ill.)	21:43.73		4/1

Women's 10,000 Meters

1	3	Katherine BAKKEN	#3	St. Francis (Ill.)	36:02.42		4/1
2	4	Bailey WILK	#3	St. Francis (Ill.)	36:17.76		4/1
3	11	Jacey SCHICKEL	#1	Olivet Nazarene	37:19.61		4/1
4	70	Daniella NINO	#2	Saint Xavier (Ill.)	43:47.27		3/31

Women's 4x100 Relay

1	30	https://www.tfrrs.org/teams/11799	#1	Olivet Nazarene	49.20		4/1
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Conference TFRI Event Summary

as of 4/10/2023 11:48:32 AM

Chicagoland

Women's 4x400 Relay

1	46	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Kristen BOOKER	#2	Saint Xavier (Ill.)	4:14.85	4/7
2	88	Amanda LICHTENSTEIN, Alyssa BUSKER, Jordyn FLEENER, Olivia WROBEL	#5	Trinity Christian	4:42.06	4/5

Women's 4x800 Relay

1	10	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Victoria DOLBNIK	#2	Saint Xavier (Ill.)	10:03.64	3/31
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Women's High Jump

1	67	Ambyer MAREE-DERRICK	#2	Saint Xavier (Ill.)	1.50m	4-11	3/31
2		Olivia SOBIESZCZYK	#4	St. Ambrose (Iov	1.42m	4-7¾	4/5
3		Chloe VANDERVEEN	#1	Olivet Nazarene	1.40m	4-7	4/1

Women's Pole Vault

1	21	Olivia EARL	#1	Olivet Nazarene	3.40m	11-1¾	4/5
2	26	Kate SURWILLO	#4	St. Ambrose (Iov	3.36m	11-¼	4/1
3	31	Ryleigh WARDEN	#4	St. Ambrose (Iov	3.25m	10-8	4/5
4	46	Karleigh BARAN	#1	Olivet Nazarene	3.15m	10-4	4/1
5	75	Ellie SCHOON	#1	Olivet Nazarene	2.85m	9-4¼	4/1
6	88	Kylie DITTMAN	#1	Olivet Nazarene	2.70m	8-10¼	4/1
7		Tara RYAN	#4	St. Ambrose (Iov	2.51m	8-2¾	4/1
8		Makenna SMITH	#1	Olivet Nazarene	2.40m	7-10½	4/1

Women's Long Jump

1	25	Lexie JOHNSON	#4	St. Ambrose (Iov	5.48m	17-11¾ (0.	4/1
2	34	Mara BRUNO	#3	St. Francis (Ill.)	5.41m	17-9 (0.0)	3/31
3	61	Tajana SIMS	#2	Saint Xavier (Ill.)	5.28m	17-4 (0.0)	4/7
4	75	Hailey PERRINE	#1	Olivet Nazarene	5.22mw	17-1½ (2.3	4/5
5		Tristyn GRUBE	#1	Olivet Nazarene	5.02m	16-5¾ (0.0	4/1
6		Liliana OLSEN	#4	St. Ambrose (Iov	4.86m	15-11½ (0.	4/1
7		Alexis ANDERSEN	#4	St. Ambrose (Iov	4.76m	15-7½ (0.0	4/1
8		Paris BROWN	#2	Saint Xavier (Ill.)	4.75m	15-7 (1.5)	4/7
9		Chloe VANDERVEEN	#1	Olivet Nazarene	4.72m	15-6 (0.0)	4/1
10		Nayilea BEJARANO	#2	Saint Xavier (Ill.)	4.32m	14-2¼ (-0.	4/7

Women's Triple Jump

1	23	Jolene MANTOAN	#1	Olivet Nazarene	11.29m	37-½ (0.0)	4/1
2	77	Liliana OLSEN	#4	St. Ambrose (Iov	10.45m	34-3½ (0.0	4/1
3	78	Hailey PERRINE	#1	Olivet Nazarene	10.43m	34-2¾ (0.0	4/1
4		Addison ADAMS	#1	Olivet Nazarene	9.86m	32-4¼ (0.0	4/1
5		Tajana SIMS	#2	Saint Xavier (Ill.)	9.81m	32-2¼ (0.7	3/31

Women's Shot Put

1	8	Annah MILLER	#4	St. Ambrose (Iov	13.68m	44-10¾	4/5
2	37	Lana KROHE	#1	Olivet Nazarene	12.38m	40-7½	4/1
3	87	Madison SIMPSON	#2	Saint Xavier (Ill.)	11.63m	38-2	3/31
4	88	Courtney HALL	#1	Olivet Nazarene	11.61m	38-1¼	4/1
5	99	Sarah SCHOONMAKER	#1	Olivet Nazarene	11.40m	37-5	4/5
6		Layla ALEXANDER	#2	Saint Xavier (Ill.)	11.18m	36-8¼	4/7
7		Jamie SIEROCKI	#2	Saint Xavier (Ill.)	10.75m	35-3¼	4/7
8		Ashlynn LARA	#5	Trinity Christian	10.32m	33-10¼	3/10
9		Anna DUNNE	#4	St. Ambrose (Iov	10.16m	33-4	4/1
10		Katie DEHAAN	#2	Saint Xavier (Ill.)	9.84m	32-3½	3/31

Women's Discus

1	9	Annah MILLER	#4	St. Ambrose (Iov B	43.78m	143-8	4/5
2	23	Sarah SCHOONMAKER	#1	Olivet Nazarene	42.39m	139-1	4/1
3	24	Kayla MIKOTTIS	#1	Olivet Nazarene	42.26m	138-8	4/5
4	28	Precious AGUAGYO	#2	Saint Xavier (Ill.)	41.33m	135-7	3/31
5	61	Courtney HALL	#1	Olivet Nazarene	37.96m	124-7	4/7
6		Elizabeth TREADWAY	#1	Olivet Nazarene	33.67m	110-6	4/1
7		Kaylee HOLT	#3	St. Francis (Ill.)	33.13m	108-9	3/31
8		Jamie SIEROCKI	#2	Saint Xavier (Ill.)	32.40m	106-4	3/31
9		Jersey PANOCK	#2	Saint Xavier (Ill.)	32.26m	105-10	4/7
10		Julianna JONES	#4	St. Ambrose (Iov	31.04m	101-10	4/5

Women's Hammer

1	21	Courtney HALL	#1	Olivet Nazarene B	48.99m	160-9	4/7
2	28	Precious AGUAGYO	#2	Saint Xavier (Ill.)	47.13m	154-8	3/31
3	44	Kayla MIKOTTIS	#1	Olivet Nazarene	44.89m	147-4	4/1
4	48	Elizabeth TREADWAY	#1	Olivet Nazarene	44.73m	146-9	4/5
5	53	Madison SIMPSON	#2	Saint Xavier (Ill.)	43.89m	144-0	3/31
6	87	Sarah SCHOONMAKER	#1	Olivet Nazarene	41.14m	135-0	4/1
7	LEO:	Madi BLUMHOFF	#4	St. Ambrose (Iov	40.56m	133-1	4/5
8		Avery SPENCER	#1	Olivet Nazarene	39.44m	129-5	4/1
9		Layla ALEXANDER	#2	Saint Xavier (Ill.)	39.33m	129-1	3/31
10		Lana KROHE	#1	Olivet Nazarene	38.95m	127-10	4/1

Women's Javelin

1	41	Jamie SIEROCKI	#2	Saint Xavier (Ill.)	35.85m	117-8	4/7
2	47	Avery SPENCER	#1	Olivet Nazarene	34.68m	113-10	4/5
3	98	Katie DEHAAN	#2	Saint Xavier (Ill.)	30.55m	100-3	4/7
4		Jenna PANOCK	#5	Trinity Christian	28.27m	92-9	4/5
5		Ryleigh WARDEN	#4	St. Ambrose (Iov	27.66m	90-9	4/1
6		Faith WYANT	#5	Trinity Christian	25.43m	83-5¼	4/5
7		Jersey PANOCK	#2	Saint Xavier (Ill.)	22.72m	74-6½	3/31
8		Kate SURWILLO	#4	St. Ambrose (Iov	17.29m	56-8¾	4/1
9		Ashlynn LARA	#5	Trinity Christian	15.57m	51-1	3/10



Conference TFRI Event Summary

as of 4/10/2023 11:48:32 AM

Crossroads

Women's 100 Meters

1	84	D'Arjha DAVIS	#5	Taylor (Ind.)	12.58	(1.4)	4/6
2	88	Giorgia MAMELI	#2	Marian (Ind.)	12.59	(0.7)	3/25
3		Maria MALDONADO	#7	Goshen (Ind.)	12.70	(1.0)	4/7
4		Shailin GOLDEN	#4	Spring Arbor (Mi)	12.81w	(4.0)	3/25
5		Lauren COPPERSMITH	#1	Indiana Wesleya	12.84	(1.4)	4/6
6		Zoe HULEY	#3	Grace (Ind.)	12.98	(1.4)	4/6
6		Ashley HALL	#5	Taylor (Ind.)	12.98	(1.4)	4/6
8		Julia ROSSINI	#4	Spring Arbor (Mi)	13.08w	(4.0)	3/25
9		Madaline KITCHEN	#6	Mount Vernon N	13.17w	(2.4)	3/17
10		Hannah JOHNSON	#8	Huntington (Ind)	13.18w	(2.4)	3/30

Women's 100 Meter Hurdles

1	7	Erin OLEKSAK	#2	Marian (Ind.)	14.16	(1.7)	3/30
2	23	Patience SAKEUH	#5	Taylor (Ind.)	14.80	(0.0)	4/6
3	58	Ally HAWK	#1	Indiana Wesleya	15.53	(0.0)	4/6
4	68	Kiana SIEFERT	#5	Taylor (Ind.)	15.67	(0.0)	4/6
5	73	Allison TEED	#4	Spring Arbor (Mi)	15.71w	(2.2)	3/25
6	83	DeJae HUDSON	#2	Marian (Ind.)	15.92	(1.7)	3/30
7		Makayla NEAL	#3	Grace (Ind.)	17.34	(0.0)	4/6
8		Piper LINDSAY	#1	Indiana Wesleya	17.60	(-3.1)	3/24
9		Beth LUCAS	#1	Indiana Wesleya	18.32	(-3.1)	3/24
10		Melaina FUGATE	#10	Saint Francis (In	19.83	(-2.8)	3/24

Women's 200 Meters

1	32	Giorgia MAMELI	#2	Marian (Ind.)	25.17	(1.0)	3/30
2	77	Maria MALDONADO	#7	Goshen (Ind.)	25.90	(0.2)	4/7
3		Jai-Lyn NORWOOD	#2	Marian (Ind.)	26.11	(0.7)	3/25
4		Erin OLEKSAK	#2	Marian (Ind.)	26.13	(-2.6)	3/25
5		Kylie BROWN	#4	Spring Arbor (Mi)	26.19	(0.7)	3/25
6		Shailin GOLDEN	#4	Spring Arbor (Mi)	26.47	(1.7)	3/31
7		D'Arjha DAVIS	#5	Taylor (Ind.)	26.62	(-0.4)	4/6
8		Zoe HULEY	#3	Grace (Ind.)	26.85	(-0.4)	4/6
9		Ashley HALL	#5	Taylor (Ind.)	26.86	(-0.4)	4/6
10		Madaline KITCHEN	#6	Mount Vernon N	26.99	(1.0)	3/30

Women's 400 Meters

1	34	Jai-Lyn NORWOOD	#2	Marian (Ind.)	58.37		3/30
2	46	Giorgia MAMELI	#2	Marian (Ind.)	58.95		3/30
3	52	Hanna REUTER	#2	Marian (Ind.)	59.36		3/30
4	56	Kylie BROWN	#4	Spring Arbor (Mi)	59.49		3/31
5	78	Kyras MAAS	#1	Indiana Wesleya	1:00.33		4/6
6		Ashley BURGESS	#6	Mount Vernon N	1:02.36		3/30
7		Madeline GILE	#8	Huntington (Ind)	1:02.37		3/30
8		Ashley HALL	#5	Taylor (Ind.)	1:02.55		3/24
9		Kailyn ELY	#1	Indiana Wesleya	1:03.25		3/24
10		Erin WADLEY	#1	Indiana Wesleya	1:03.26		4/6

Women's 400 Meter Hurdles

1	68	Ally HAWK	#1	Indiana Wesleya	1:09.77		3/24
2	80	Mariah MALEY	#10	Saint Francis (In	1:10.66		3/24
3		Piper LINDSAY	#1	Indiana Wesleya	1:13.65		3/24
4		Lily SCARBERRY	#6	Mount Vernon N	1:16.24		3/25
5		DeJae HUDSON	#2	Marian (Ind.)	1:21.58		3/30
6		Haley PRESLEY	#4	Spring Arbor (Mi)	1:31.45		3/24

Women's 800 Meters

1	10	Kylie SAUDER	#3	Grace (Ind.)	2:15.42		3/31
2	34	Heather PLASTOW	#3	Grace (Ind.)	2:20.05		3/31
3	36	Anna HULSTEDT	#3	Grace (Ind.)	2:20.06		3/31
4	75	Summer COOPER	#7	Goshen (Ind.)	2:22.88		3/30
5	77	Taylor THOMAS	#2	Marian (Ind.)	2:22.94		3/30
6	82	Tara FRIESEN	#3	Grace (Ind.)	2:23.29		3/31
7	89	Abbey GENTZ	#8	Huntington (Ind)	2:23.84		3/30
8		Morgan WELCH	#3	Grace (Ind.)	2:24.96		4/6
9		Morgan FARR	#1	Indiana Wesleya	2:25.14		4/6
10		Emily TEDDER	#8	Huntington (Ind)	2:25.85		3/30

Women's 1500 Meters

1	19	Emma MUTERSPAW	#5	Taylor (Ind.)	4:43.35		4/6
2	20	Ahna VANDERWALL	#5	Taylor (Ind.)	4:43.65		4/6
3	22	Abbey GENTZ	#8	Huntington (Ind)	4:44.89		3/30
4	23	Heather PLASTOW	#3	Grace (Ind.)	4:45.20		3/31
5	26	Evie MILLER	#10	Saint Francis (In	4:45.33		3/24
6	31	Summer COOPER	#7	Goshen (Ind.)	4:45.91		3/30
7	52	Emily TEDDER	#8	Huntington (Ind)	4:49.86		3/30
8	60	Alex EBETINO	#10	Saint Francis (In	4:51.15		3/24
9	67	Tara FRIESEN	#3	Grace (Ind.)	4:52.04		4/6
10	83	Kaitlin BURDEN	#5	Taylor (Ind.)	4:55.17		4/6

Women's Steeplechase

1	28	ChristyAnn DELAHUNTY	#1	Indiana Wesleya	12:06.66		4/6
2	29	Katie ACKER	#3	Grace (Ind.)	12:08.01		3/31
3	61	Reagan HOKE	#1	Indiana Wesleya	12:51.74		4/6
4	78	Lindsay HUSTON	#2	Marian (Ind.)	13:14.80		3/25
5	79	Angela JAYCOX	#4	Spring Arbor (Mi)	13:17.71		3/31
6	92	Emma BEIMFOHR	#2	Marian (Ind.)	13:58.53		3/25
7		Haley PRESLEY	#4	Spring Arbor (Mi)	15:15.04		3/31

Women's 5000 Meters

1	10	Addi DEWEY	#1	Indiana Wesleya	17:19.22		4/6
2	13	Elizabeth BARRETT	#1	Indiana Wesleya	17:23.16		4/6
3	23	Summer COOPER	#7	Goshen (Ind.)	17:49.63		4/7
4	27	Ali RAY	#2	Marian (Ind.)	17:54.26		3/30
5	47	Carmen TRIER	#3	Grace (Ind.)	18:32.27		3/31
6	53	Ashlyn HASTINGS	#1	Indiana Wesleya	18:36.93		4/6
7	68	Esther CAMERON	#3	Grace (Ind.)	18:46.03		4/6
8	100	Mallory HIATT	#3	Grace (Ind.)	19:05.18		3/31
9		Madelyn SKIDMORE	#3	Grace (Ind.)	19:23.26		4/6
10		Morgan FORNEY	#6	Mount Vernon N	19:24.35		3/25



Conference TFRI Event Summary

as of 4/10/2023 11:48:33 AM

Crossroads

Women's 10,000 Meters

1	13	Ali RAY	#2	Marian (Ind.)	B	37:34.50	3/25
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Women's 4x100 Relay

1	9	Georgia MAMELI, Makayla MELVIN, Jai-Lyn NORWOOD, Erin OLESAK	#2	Marian (Ind.)	A:B	47.38	3/30
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2	56	Lauren COPPERSMITH, Ally HAWK, Emma EWER, Emily BOMBEI	#1	Indiana Wesleya		50.81	4/6
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3	68	Allison TEED, Julia ROSSINI, Rosine OLONI, Shailin GOLDEN	#4	Spring Arbor (Mi)		51.64	3/31
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Women's 4x400 Relay

1	33	Kailyn ELY, Ally HAWK, Kyrah MAAS, Karis HUNTER	#1	Indiana Wesleya		4:10.21	4/6
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2	38	Ashley BURGESS, Lily SCARBERRY, Lyssi SNOUFFER, Jocelyn DORNBIRER	#6	Mount Vernon N		4:11.46	3/30
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3	43	Kylee LEWELLEN, Sabrina SIEMS, Nora STEELE, Taylor THOMAS	#2	Marian (Ind.)		4:14.10	3/30
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4	71	Angela JAYCOX, Ava HOUGHTON, Madison VORE, Kylie BROWN	#4	Spring Arbor (Mi)		4:24.09	3/31
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Women's High Jump

1	1	Erica XAYARATH	#8	Huntington (Ind)	A:B	1.74m	5-8½	3/24
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2	4	Erin OLESAK	#2	Marian (Ind.)	A:B	1.68m	5-6	3/30
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2	4	Abi HUME	#1	Indiana Wesleya	A:B	1.68m	5-6	4/6
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4	20	Gina BUTZ	#2	Marian (Ind.)		1.60m	5-3	3/30
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5	27	Madison AXSOM	#7	Goshen (Ind.)		1.59m	5-2½	4/7
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6	40	Emily MCCREARY	#3	Grace (Ind.)		1.55m	5-1	4/6
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6	40	Ariel MANNS	#9	Bethel (Ind.)		1.55m	5-1	3/29
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6	40	Lyssi SNOUFFER	#6	Mount Vernon N		1.55m	5-1	3/30
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9	67	Maiah SHELTON	#9	Bethel (Ind.)		1.50m	4-11	3/29
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10		Kassidy FALER	#7	Goshen (Ind.)		1.40m	4-7	3/29
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Women's Pole Vault

1	17	Brooke HOLLOWAY	#6	Mount Vernon N		3.45m	11-3¾	3/25
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2	69	Charis SIEFERT	#5	Taylor (Ind.)		2.90m	9-6¼	3/24
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2	69	Betsy UNDERWOOD	#5	Taylor (Ind.)		2.90m	9-6¼	4/6
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4	79	Sarah DE LA GRANGE	#4	Spring Arbor (Mi)		2.80m	9-2¼	3/31
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5	85	Emma LEHMAN	#3	Grace (Ind.)		2.75m	9-¼	3/24
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6	93	Avery BIRKLA	#5	Taylor (Ind.)		2.60m	8-6¼	4/6
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6	93	Kassidy FALER	#7	Goshen (Ind.)		2.60m	8-6¼	3/30
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8	97	Alli TAYLOR	#2	Marian (Ind.)		2.55m	8-4¼	3/25
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Women's Long Jump

1	7	Erin OLESAK	#2	Marian (Ind.)	B	5.73m	18-9¾ (0.4)	3/30
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2	16	Erica XAYARATH	#8	Huntington (Ind)	B	5.65mw	18-6½ (2.5)	3/30
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3	78	Jai-Lyn NORWOOD	#2	Marian (Ind.)		5.21mw	17-1¼ (3.2)	3/30
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4	84	Madison AXSOM	#7	Goshen (Ind.)		5.17m	16-11½ (0.)	3/29
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5	88	Macy MORGAN	#9	Bethel (Ind.)		5.16m	16-11¼ (0.)	3/29
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5	88	Sage BRANNON	#6	Mount Vernon N		5.16mw	16-11¼ (3.)	3/30
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7		Hanna REUTER	#2	Marian (Ind.)		5.06m	16-7¼ (1.3)	3/30
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8		Holli REUTER	#2	Marian (Ind.)		4.95mw	16-3 (3.0)	3/25
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9		Malia BUTLER	#3	Grace (Ind.)		4.85m	15-11 (-0.2)	4/6
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10		Madison RUHLIG	#4	Spring Arbor (Mi)		4.72mw	15-6 (2.5)	3/25
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Women's Triple Jump

1	2	Jai-Lyn NORWOOD	#2	Marian (Ind.)	A:B	12.53mw	41-1½ (4.0)	3/30
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2	11	Naomi WALTERS	#2	Marian (Ind.)	B	11.63mw	38-2 (3.8)	3/30
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3	19	Blessing LAUDERMILCH	#1	Indiana Wesleya		11.44m	37-6½ (0.0)	3/24
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4	27	Erica XAYARATH	#8	Huntington (Ind)		11.23m	36-10¼ (1.)	3/30
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5	67	Makayla KEFFELER	#1	Indiana Wesleya		10.57m	34-8¼ (0.0)	3/24
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5	67	Abi HUME	#1	Indiana Wesleya		10.57m	34-8¼ (0.0)	3/24
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7		Hanna REUTER	#2	Marian (Ind.)		10.13mw	33-3 (2.9)	3/30
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8		Gina BUTZ	#2	Marian (Ind.)		9.53mw	31-3¼ (3.6)	3/30
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9		Denalyn SIEWERT	#9	Bethel (Ind.)		9.47m	31-1 (0.0)	3/29
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10		Rachel WILSON	#6	Mount Vernon N		8.79m	28-10¼ (0.)	3/25
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Women's Shot Put

1	4	Princess KARA	#1	Indiana Wesleya	A:B	13.94m	45-9	4/6
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2	24	Arriana BENJAMIN	#2	Marian (Ind.)		12.60m	41-4¼	3/30
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3	32	Merideth DEVRIES	#1	Indiana Wesleya		12.45m	40-10¼	4/6
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4	48	Bri NICHOLS	#1	Indiana Wesleya		12.23m	40-1½	4/6
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5	50	Alecia PARKER	#9	Bethel (Ind.)		12.18m	39-11½	3/29
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6	53	Markalah BARNES	#9	Bethel (Ind.)		12.10m	39-8½	3/29
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7	81	Lydia HALL	#4	Spring Arbor (Mi)		11.72m	38-5½	3/31
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8	84	Tessa MOZZI	#1	Indiana Wesleya		11.69m	38-4¼	3/24
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9		Taylor WATERWAY	#1	Indiana Wesleya		11.37m	37-3¾	3/24
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10		Gracelyn FRAME	#6	Mount Vernon N		11.31m	37-1¼	3/30
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Women's Discus

1	1	Princess KARA	#1	Indiana Wesleya	A:B	51.01m	167-4	4/6
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2	3	Taylor WATERWAY	#1	Indiana Wesleya	A:B	45.37m	148-10	4/6
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3	7	Merideth DEVRIES	#1	Indiana Wesleya	A:B	44.56m	146-3	4/6
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4	10	Arriana BENJAMIN	#2	Marian (Ind.)	B	43.75m	143-7	3/30
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5	15	Bri NICHOLS	#1	Indiana Wesleya	B	42.87m	140-8	4/6
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6	16	Chloe MILLER	#1	Indiana Wesleya	B	42.78m	140-4	4/6
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7	27	Mackenzie DELONG	#3	Grace (Ind.)		41.37m	135-9	4/6
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8	34	Willow KENNEDA	#7	Goshen (Ind.)		41.12m	134-11	3/25
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9	46	Lanae CROWE	#3	Grace (Ind.)		39.24m	128-9	4/6
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10	48	Markalah BARNES	#9	Bethel (Ind.)		39.12m	128-4	3/29
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Conference TFRI Event Summary

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Crossroads

Women's Hammer

1	9	Chloe MILLER	#1	Indiana Wesleyan	A:B 51.06m	167-6	4/6
2	20	Arriana BENJAMIN	#2	Marian (Ind.)	B 49.10m	161-1	3/25
3	30	Madison KAUFFMAN	#9	Bethel (Ind.)	46.40m	152-3	3/29
4	39	Bri NICHOLS	#1	Indiana Wesleyan	45.42m	149-0	4/6
5	52	Willow KENNEDA	#7	Goshen (Ind.)	44.15m	144-10	3/30
6	56	Jennifer SHERWOOD	#4	Spring Arbor (Mi)	43.79m	143-8	3/31
7	58	Hallie BRENNER	#5	Taylor (Ind.)	43.62m	143-2	4/6
8		Aanyah WRIGHT	#8	Huntington (Ind)	40.49m	132-10	3/30
9		Allie MILLER	#2	Marian (Ind.)	40.25m	132-1	3/30
10		Makayla ROBERTS	#6	Mount Vernon N	40.10m	131-7	3/25

Women's Javelin

1	22	Precious WILKINS	#1	Indiana Wesleyan	38.26m	125-6	3/24
2	39	Hannah BOERSEMA	#10	Saint Francis (In	36.12m	118-6	3/24
3	58	Gisele SALLADE	#1	Indiana Wesleyan	33.70m	110-7	3/24
4		Mackenzie DELONG	#3	Grace (Ind.)	30.21m	99-1½	4/6
5		Juliana FENSKE	#1	Indiana Wesleyan	29.05m	95-3¾	3/24
6		Allison TEED	#4	Spring Arbor (Mi)	28.32m	92-11	3/31
7		Sarah BROWN	#9	Bethel (Ind.)	26.51m	86-11¾	3/29
8		Cailyn PENTECOST	#9	Bethel (Ind.)	26.44m	86-9	3/29
9		Caitlin ZLABEK	#9	Bethel (Ind.)	24.73m	81-1¾	3/29
10		Arriana BENJAMIN	#2	Marian (Ind.)	23.54m	77-2¾	3/30



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Frontier

Women's 100 Meters

1	Natylia JACOBSON	#2	Montana Tech	12.65	(1.8)	4/7
2	Kellan WAHL	#4	Rocky Mountain	12.67c	(12.64A) (2	3/19
3	Jadyn VERMILLION	#2	Montana Tech	12.86	(1.8)	4/7
4	Jenna HILLMAN	#4	Rocky Mountain	12.96c	(12.93A) (1	3/19
5	Mollee CONLAN	#2	Montana Tech	13.36cw	(13.33A) (2	3/24
6	Cynthia ASHLIMAN	#4	Rocky Mountain	14.12c	(14.09A) (1	3/19

Women's 100 Meter Hurdles

1	57 Olleca SEVERSON	#2	Montana Tech	15.49	(0.3)	4/7
2	85 Naiya BEAUDIN	#2	Montana Tech	15.97	(-0.7)	4/7
3	96 Abby CLARK	#2	Montana Tech	16.13cw	(16.09A) (3	3/31
4	Jacklyn WALLER	#2	Montana Tech	19.68cw	(19.64A) (2	3/31

Women's 200 Meters

1	Emily RATZ	#2	Montana Tech	26.63	(0.1)	4/7
2	Abby CLARK	#2	Montana Tech	26.91cw	(26.84A) (2	3/24
3	Kellan WAHL	#4	Rocky Mountain	26.97c	(26.90A) (1	3/19
4	Hadassah WILSON	#2	Montana Tech	27.09	(0.1)	4/7
5	Jenna HILLMAN	#4	Rocky Mountain	27.48c	(27.41A) (1	3/19
6	Jadyn VERMILLION	#2	Montana Tech	27.72c	(27.65A) (1	3/31
7	Elise KZALEY	#2	Montana Tech	28.30	(1.0)	4/7

Women's 400 Meters

1	73 Paige BAXSTRESSER	#1	Carroll (Mont.)	1:00.02c	(59.91A)	3/31
2	Kamryn COMBA	#2	Montana Tech	1:01.16c	(1:01.05A)	3/24
3	Madalen SHIPMAN	#1	Carroll (Mont.)	1:01.54c	(1:01.43A)	4/7
4	Emily RATZ	#2	Montana Tech	1:01.55c	(1:01.44A)	3/31
5	Hadassah WILSON	#2	Montana Tech	1:01.81c	(1:01.70A)	3/24
6	Sorren REESE	#1	Carroll (Mont.)	1:04.79c	(1:04.68A)	3/31
7	Emilie CRAGO	#3	Providence (Mo	1:05.16c	(1:05.05A)	4/7
8	Elise KZALEY	#2	Montana Tech	1:05.92c	(1:05.81A)	3/31
9	Tyne STOKES	#4	Rocky Mountain	1:06.17c	(1:06.06A)	3/19
10	Chloe RAATS	#1	Carroll (Mont.)	1:06.38c	(1:06.27A)	3/31

Women's 400 Meter Hurdles

1	52 Olleca SEVERSON	#2	Montana Tech	1:08.52c	(1:08.41A)	3/24
2	92 Jasmyn MURPHY	#3	Providence (Mo	1:11.70c	(1:11.59A)	4/7
3	Sorren REESE	#1	Carroll (Mont.)	1:13.71c	(1:13.60A)	4/7
4	Jacklyn WALLER	#2	Montana Tech	1:19.94		4/7
5	Jasmin WYMAN	#3	Providence (Mo	1:20.72c	(1:20.61A)	4/7
6	Mikayla GOFFENA	#1	Carroll (Mont.)	1:23.24c	(1:23.13A)	4/7

Women's 800 Meters

1	8 Sydney LITTLE LIGHT	#4	Rocky Mountain B	2:15.21c	(2:15.58A)	3/19
2	29 Kamryn COMBA	#2	Montana Tech	2:19.51		4/7
3	62 London LAMBRECHT	#1	Carroll (Mont.)	2:22.05c	(2:22.48A)	4/7
4	84 Natalie YOCUM	#1	Carroll (Mont.)	2:23.46c	(2:23.87A)	3/24
5	Kyle OLSON	#1	Carroll (Mont.)	2:27.41c	(2:27.83A)	3/24
6	Kallyn WILKINS	#4	Rocky Mountain	2:29.01c	(2:29.46A)	4/7
7	Kathryn SNYDER	#1	Carroll (Mont.)	2:29.64c	(2:30.09A)	4/7
8	Araceli RAMIREZ	#5	Montana Wester	2:29.71		4/7
9	Madison KELLY	#2	Montana Tech	2:29.89c	(2:30.47A)	3/31
10	Rylie SCHOENFELD	#4	Rocky Mountain	2:29.91c	(2:30.33A)	3/31

Women's 1500 Meters

1	85 Natalie YOCUM	#1	Carroll (Mont.)	4:55.78c	(4:59.23A)	3/24
2	Kallyn WILKINS	#4	Rocky Mountain	5:01.96c	(5:05.37A)	3/31
3	Araceli RAMIREZ	#5	Montana Wester	5:02.60		4/7
4	Sydney J LAMB	#1	Carroll (Mont.)	5:05.62c	(5:10.58A)	3/31
5	Madison KELLY	#2	Montana Tech	5:06.60		4/7
6	Katelyn MCKAY	#1	Carroll (Mont.)	5:08.23c	(5:13.23A)	3/31
7	Taya BREWER	#5	Montana Wester	5:08.93c	(5:13.95A)	3/31
8	Mason BASELEY	#5	Montana Wester	5:09.05c	(5:12.65A)	3/24
9	Alyssa JANY	#2	Montana Tech	5:12.99c	(5:18.07A)	3/31
10	Kyle OLSON	#1	Carroll (Mont.)	5:14.67c	(5:18.61A)	4/7

Women's Steeplechase

1	17 Carlin MANNING	#2	Montana Tech	11:39.86		4/7
2	34 Hannah SEMPFF	#1	Carroll (Mont.)	12:19.19		4/7
3	42 Erika ARTHUR	#1	Carroll (Mont.)	12:34.02		4/7
4	52 Alyssa JANY	#2	Montana Tech	12:42.20c	(12:51.41A)	3/24
5	64 CeCe EAGLETON	#5	Montana Wester	12:52.90c	(13:02.24A)	3/24
6	65 Sydney D LAMB	#1	Carroll (Mont.)	12:52.92c	(13:02.26A)	3/24

Women's 5000 Meters

1	11 Sydney LITTLE LIGHT	#4	Rocky MountainA:B	17:21.93c	(17:35.16A)	3/31
2	52 Taya BREWER	#5	Montana Wester	18:35.66c	(18:50.40A)	3/24
3	65 Hailey NIELSON	#2	Montana Tech	18:44.30		4/7
4	Carlin MANNING	#2	Montana Tech	19:06.29c	(19:28.44A)	3/31
5	Morgan BASELEY	#5	Montana Wester	19:06.32c	(19:21.46A)	3/24
6	Jayden WOODLAND	#4	Rocky Mountain	19:16.17c	(19:30.85A)	3/19
7	Katelyn MCKAY	#1	Carroll (Mont.)	19:17.52c	(19:32.81A)	3/24
8	Nicole MORGEN	#1	Carroll (Mont.)	19:22.58c	(19:37.94A)	3/24
9	Elizabeth VARNER	#5	Montana Wester	19:30.14c	(19:45.60A)	3/24
10	Chloe BRYNTESEN	#4	Rocky Mountain	19:37.32c	(19:52.27A)	3/31

Women's 10,000 Meters

1	20 Taya BREWER	#5	Montana Wester	38:29.23		4/7
2	39 Katelyn MCKAY	#1	Carroll (Mont.)	40:12.20		4/7
3	40 Nicole MORGEN	#1	Carroll (Mont.)	40:13.78		4/7
4	45 Morgan BASELEY	#5	Montana Wester	40:58.18		4/7

Women's 4x100 Relay

1	50 Emily RATZ, Mollee CONLAN, Jadyn VERMILLION, Natylia JACOBSON	#2	Montana Tech	50.14c	(50.02A)	3/24
2	55 Maggie PLUHAR, Brooklyn SCHULTZ, Chloe RAATS, Paige BAXSTRESSER	#1	Carroll (Mont.)	50.79c	(50.67A)	4/7
3	74 Gabriel PARINI, Jordan CASSIDY, Grace ALEXANDER, Emilie CRAGO	#3	Providence (Mo	52.27c	(52.15A)	4/7



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Frontier

Women's 4x400 Relay

1	27	Emily RATZ, Kamryn COMBA, Olleca SEVERSON, Hadassah WILSON	#2	Montana Tech	4:06.38	4/7
2	53	Paige BAXSTRESSER, Sorren REESE, Brooklyn SCHULTZ, London LAMBRECHT	#1	Carroll (Mont.)	4:17.40c (4:16.96A)	4/7
3	54	Kellan WAHL, Jenna HILLMAN, Tyne STOKES, Rylie SCHOENFELD	#4	Rocky Mountain	4:17.84c (4:17.40A)	3/19
4	87	Emilie CRAGO, Grace ALEXANDER, Gabriel PARINI, Jasmyn MURPHY	#3	Providence (Mo)	4:41.01c (4:40.57A)	4/7
5	93	Taya BREWER, Araceli RAMIREZ, CeCe EAGLETON, Elizabeth VARNER	#5	Montana Wester	4:56.03c (4:55.59A)	3/31

Women's 4x800 Relay

1	8	Kyle OLSON, Madalen SHIPMAN, London LAMBRECHT, Natalie YOCUM	#1	Carroll (Mont.)	9:50.64c (9:52.93A)	3/31
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Women's High Jump

1	17	Abby CLARK	#2	Montana Tech	1.62m 5-3¾	4/7
2	19	Madde BOLES	#1	Carroll (Mont.)	1.61m 5-3¾	4/7
3	27	terra BERTSCH	#3	Providence (Mo)	1.59m 5-2½	4/7
4	63	Brooke WIRKKALA	#4	Rocky Mountain	1.52m 4-11¾	3/31
5	67	Hayden PRIDE	#2	Montana Tech	1.50m 4-11	3/24
6		Sorren REESE	#1	Carroll (Mont.)	1.45mA 4-9	4/7
6		Ashley MCNALLY	#3	Providence (Mo)	1.45mA 4-9	4/7
8		Shanaya BYRD	#1	Carroll (Mont.)	1.40m 4-7	3/24
8		Alexis COONEY	#1	Carroll (Mont.)	1.40mA 4-7	4/7

Women's Pole Vault

1	31	Kamden HILLBORN	#1	Carroll (Mont.)	3.25mA 10-8	4/7
1	31	terra BERTSCH	#3	Providence (Mo)	3.25mA 10-8	4/7
1	31	Chloe GALLAGHER	#1	Carroll (Mont.)	3.25mA 10-8	4/7
4	55	violet JOHNSON	#3	Providence (Mo)	3.05mA 10-0	4/7

Women's Long Jump

1	11	Gabriel PARINI	#3	Providence (Mo) B	5.67mWA 18-7¼ (2.8)	4/7
2	23	Jadyn VERMILLION	#2	Montana Tech	5.50mw 18-½ (2.1)	3/31
3	53	Brooke WIRKKALA	#4	Rocky Mountain	5.31mWA 17-5¼ (4.0)	4/7
4	69	Abby CLARK	#2	Montana Tech	5.25m 17-2¾ (0.0)	3/24
4	69	Sydney MILLER	#1	Carroll (Mont.)	5.25mWA 17-2¾ (2.7)	4/7
6	75	Naiya BEAUDIN	#2	Montana Tech	5.22m 17-1½ (1.7)	3/31
7		Hadassah WILSON	#2	Montana Tech	5.07m 16-7¾ (0.0)	3/24
8		Alexis COONEY	#1	Carroll (Mont.)	5.02mWA 16-5¾ (3.9)	4/7
9		Laurny FRIDERES	#4	Rocky Mountain	4.96mWA 16-3¾ (3.2)	4/7
10		Hailee STILES	#2	Montana Tech	4.86m 15-11½ (1.1)	3/31

Women's Triple Jump

1	32	Naiya BEAUDIN	#2	Montana Tech	11.08m 36-4¼ (0.5)	3/31
2	51	Gabriel PARINI	#3	Providence (Mo)	10.73mw 35-2½ (3.0)	4/7
3	63	Sophie LOVELESS	#1	Carroll (Mont.)	10.61mw 34-9¾ (2.6)	4/7
4	69	Jadyn VERMILLION	#2	Montana Tech	10.56m 34-7¾ (0.0)	4/7
5	82	Anika PLOEGER	#2	Montana Tech	10.38m 34-¾ (0.7)	3/31
6	98	Kylie MUNSINGER	#1	Carroll (Mont.)	10.20mw 33-5¾ (2.8)	4/7
7		Hailee STILES	#2	Montana Tech	10.10m 33-1¾ (2.0)	3/24
8		Laurny FRIDERES	#4	Rocky Mountain	9.80mw 32-2 (2.1)	3/31

Women's Shot Put

1	60	kathryn EVANS	#3	Providence (Mo)	12.01mA 39-5	4/7
2	88	Allyson CONNER	#3	Providence (Mo)	11.61m 38-1¼	3/24
3		Abigail PETERSON	#1	Carroll (Mont.)	10.85mA 35-7¼	4/7
4		Madison LEWIS	#1	Carroll (Mont.)	10.47mA 34-4¼	4/7
5		Allison HALVERSON	#4	Rocky Mountain	10.30m 33-9½	3/31
6		Kayla BOTKIN	#1	Carroll (Mont.)	10.20mA 33-5¾	4/7
6		Crisha POLK	#1	Carroll (Mont.)	10.20mA 33-5¾	4/7
8		Calla HALDORSON	#3	Providence (Mo)	9.99m 32-9½	3/24
9		Brooke MCCLENNING	#1	Carroll (Mont.)	9.89mA 32-5½	4/7
10		Amber ANDERSON	#2	Montana Tech	9.52m 31-2¾	3/31

Women's Discus

1	11	tatiana MARTINEZ	#3	Providence (Mo) B	43.44mA 142-6	4/7
2	22	Calla HALDORSON	#3	Providence (Mo) B	42.48mA 139-5	4/7
3	39	Allyson CONNER	#3	Providence (Mo)	39.88mA 130-10	4/7
4	69	Avari BATT	#3	Providence (Mo)	37.54mA 123-2	4/7
5	76	Kayla BOTKIN	#1	Carroll (Mont.)	37.15mA 121-11	4/7
6	96	Abigail PETERSON	#1	Carroll (Mont.)	36.17m 118-8	3/24
7		Brooke MCCLENNING	#1	Carroll (Mont.)	35.65mA 117-0	4/7
8		Crisha POLK	#1	Carroll (Mont.)	35.08mA 115-1	4/7
9		Allison HALVERSON	#4	Rocky Mountain	33.40m 109-7	3/31
10		Mckenzie CLARK	#3	Providence (Mo)	32.88m 107-11	3/24

Women's Hammer

1	3	Allyson CONNER	#3	Providence (Mo) B	52.67mA 172-10	4/7
2	54	tatiana MARTINEZ	#3	Providence (Mo)	43.85mA 143-11	4/7
3		Karly LAWSON	#2	Montana Tech	39.04m 128-1	3/24
4		Allison HALVERSON	#4	Rocky Mountain	38.42m 126-1	3/31
5		kathryn EVANS	#3	Providence (Mo)	38.30m 125-8	3/24
6		Avari BATT	#3	Providence (Mo)	35.31mA 115-10	4/7
7		Kayla BOTKIN	#1	Carroll (Mont.)	29.23mA 95-10¾	4/7



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Frontier

Women's Javelin

1	5	Mckenzie CLARK	#3	Providence (MoA:B	43.10mA	141-5	4/7
2	11	Jenna JORDAN	#2	Montana Tech	41.38m	135-9	3/31
3	31	Abigail PETERSON	#1	Carroll (Mont.)	37.24m	122-2	3/24
4	51	Katelyn CHRISTENSEN	#1	Carroll (Mont.)	34.20mA	112-3	4/7
5	56	Emily SHUMAKER	#1	Carroll (Mont.)	33.92mA	111-4	4/7
6	63	Karly LAWSON	#2	Montana Tech	33.22m	109-0	3/31
7	65	Shelbey KLEIN	#3	Providence (Mo	33.14mA	108-9	4/7
8	69	Sorren REESE	#1	Carroll (Mont.)	32.90m	107-11	3/24
9		Abby CLARK	#2	Montana Tech	29.84m	97-10¾	4/7
10		Amber ANDERSON	#2	Montana Tech	28.65m	94-0	3/31



Conference TFRI Event Summary

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GPAC

Women's 100 Meters

1	24	Elianna CLARK	#4	Mount Marty (S.I.)	12.10	(1.8)	3/30
2	81	Isabel BOTHWELL	#2	Doane (Neb.)	12.56	(0.6)	4/7
3	88	Calli DAVIS	#4	Mount Marty (S.I.)	12.59	(1.3)	3/30
3	88	Caitlyn COTTON	#2	Doane (Neb.)	12.59	(0.6)	4/7
5	92	Alexis EVEN	#4	Mount Marty (S.I.)	12.60	(1.3)	3/30
6		Kya EDWARDS	#5	Hastings (Neb.)	12.65	(0.8)	4/7
7		Zelie SORENSEN	#4	Mount Marty (S.I.)	12.73w	(3.2)	3/24
8		Emma STROM	#9	Midland (Neb.)	12.76w	(2.4)	4/1
9		Amira CUMMINGS	#1	Concordia (Neb.)	12.79w	(2.1)	4/7
9		Lydia HERMAN	#3	Dordt (Iowa)	12.79w	(3.9)	4/7

Women's 100 Meter Hurdles

1	6	Adrianna RODENCAL	#1	Concordia (Neb.)	14.15	(1.1)	4/7
2	16	Nisa THOMAS	#5	Hastings (Neb.)	14.56w	(3.6)	4/7
3	24	Josie GARRETT	#2	Doane (Neb.)	14.84w	(2.3)	4/1
3	24	Jaida ROWE	#5	Hastings (Neb.)	14.84	(1.5)	4/7
5	32	Ashinee GEORGE	#4	Mount Marty (S.I.)	15.04	(0.6)	3/30
6	46	Kayla SVOBODA	#1	Concordia (Neb.)	15.35w	(3.0)	4/1
7	54	Hope MORKEN	#8	Morningside (Iowa)	15.43	(0.8)	3/31
7	54	Rhys MAXEY	#5	Hastings (Neb.)	15.43w	(2.4)	4/7
9	78	Faith ESPINOSA	#1	Concordia (Neb.)	15.88w	(2.7)	4/7
10	89	Paige ERHARDT	#7	Jamestown (N.D.)	16.05w	(2.3)	4/7

Women's 200 Meters

1	41	Elianna CLARK	#4	Mount Marty (S.I.)	25.37	(1.9)	3/30
2	47	Adrianna RODENCAL	#1	Concordia (Neb.)	25.50w	(3.0)	4/7
3	59	Alexis EVEN	#4	Mount Marty (S.I.)	25.78w	(2.1)	3/30
4	65	Kayla KIRCHNER	#1	Concordia (Neb.)	25.81w	(2.2)	4/1
5		Caitlyn COTTON	#2	Doane (Neb.)	26.08w	(3.3)	4/7
6		Calli DAVIS	#4	Mount Marty (S.I.)	26.10w	(3.0)	3/24
7		Zelie SORENSEN	#4	Mount Marty (S.I.)	26.18w	(2.1)	3/30
8		Emilee HEYNEN	#3	Dordt (Iowa)	26.21w	(3.8)	4/7
9		Emma BLUM	#6	Northwestern (Iowa)	26.38w	(3.8)	4/7
10		Isabel BOTHWELL	#2	Doane (Neb.)	26.46w	(3.3)	4/7

Women's 400 Meters

1	14	Jenna ESCH	#1	Concordia (Neb.)	57.08		4/1
2	23	Calli DAVIS	#4	Mount Marty (S.I.)	57.46		3/30
3	24	Kennedy KRAMER	#6	Northwestern (Iowa)	57.48		4/1
4	44	Veronica PINKERTON	#5	Hastings (Neb.)	58.87		4/1
5	45	Trinity TULS	#1	Concordia (Neb.)	58.89		4/1
6	82	Kayla KIRCHNER	#1	Concordia (Neb.)	1:00.38		4/1
7	85	Shelby BUWALDA	#3	Dordt (Iowa)	1:00.44		3/24
8	92	Anmarie STUIT	#3	Dordt (Iowa)	1:00.61		3/24
9	94	Savonne STERK	#6	Northwestern (Iowa)	1:00.64		4/1
10		Brianna QUINN	#1	Concordia (Neb.)	1:00.86		4/7

Women's 400 Meter Hurdles

1	7	Jordan KOEPKE	#1	Concordia (Neb.)	1:02.71		4/1
2	15	Jaida ROWE	#5	Hastings (Neb.)	1:05.26		4/7
3	23	Anni STIER	#7	Jamestown (N.D.)	1:06.19		4/7
4	35	Anmarie STUIT	#3	Dordt (Iowa)	1:07.34		4/7
5	39	Rhys MAXEY	#5	Hastings (Neb.)	1:07.80		4/1
6	41	Adrianna RODENCAL	#1	Concordia (Neb.)	1:07.84		4/1
7	53	Tianna BUMBACA-KUEHL	#4	Mount Marty (S.I.)	1:08.55		3/30
8	55	Abrielle NELSON	#4	Mount Marty (S.I.)	1:08.68		3/30
9	56	Abigail CLARKE	#6	Northwestern (Iowa)	1:08.88		4/1
10	59	Rylee RICE	#2	Doane (Neb.)	1:09.25		4/1

Women's 800 Meters

1	13	Emilee HEYNEN	#3	Dordt (Iowa)	2:16.38		4/7
2	17	Annika PINGEL	#2	Doane (Neb.)	2:16.78		4/1
3	22	Mika KOOISTRA	#3	Dordt (Iowa)	2:18.04		4/7
4	23	Shelby BUWALDA	#3	Dordt (Iowa)	2:18.26		4/7
5	28	Chantaya GRIFFIN	#10	College of Saint	2:19.35		4/7
6	36	Rylee HAECKER	#1	Concordia (Neb.)	2:20.06		4/7
7	44	Veronica PINKERTON	#5	Hastings (Neb.)	2:21.07		4/7
8	50	Jenna ESCH	#1	Concordia (Neb.)	2:21.45		4/1
9	52	Kylahn FREIBERG	#1	Concordia (Neb.)	2:21.50		4/7
10	59	Emily CHICOINE	#8	Morningside (Iowa)	2:21.86		3/31

Women's 1500 Meters

1	14	Rylee HAECKER	#1	Concordia (Neb.)	4:41.98		4/7
2	58	Veronica PINKERTON	#5	Hastings (Neb.)	4:50.80		4/1
3	62	Kylahn FREIBERG	#1	Concordia (Neb.)	4:51.36		4/1
4	77	Courtney SPORRER	#8	Morningside (Iowa)	4:53.58		4/7
5		Emily HAVERDINK	#6	Northwestern (Iowa)	4:58.18		4/1
6		Keegan BEISEL	#1	Concordia (Neb.)	4:58.68		3/25
7		Hannah BEINTEMA	#1	Concordia (Neb.)	4:58.80		4/7
8		Julie MCINTYRE	#1	Concordia (Neb.)	5:00.15		4/7
9		Rhaya KASCHINSKE	#1	Concordia (Neb.)	5:00.60		3/25
10		Bethany TEN HAKEN	#3	Dordt (Iowa)	5:00.94		4/7

Women's Steeplechase

1	7	Taylor ANEMA	#3	Dordt (Iowa)	11:22.76		4/7
2	16	Elyse KUPERUS	#3	Dordt (Iowa)	11:38.96		4/7
3	38	Kaia RICHMOND	#1	Concordia (Neb.)	12:27.87		4/1
4	44	Emma HALEY	#6	Northwestern (Iowa)	12:35.70		4/1
5	67	Brooke WIGDAHL	#10	College of Saint	12:54.64		4/7
6	72	Jocelyn FARHAR	#10	College of Saint	13:03.16		4/7
7	84	London ROGGE	#8	Morningside (Iowa)	13:32.99		4/7
8	86	Kyra BECKER	#1	Concordia (Neb.)	13:37.00		4/1
9	90	Grace PENNEKAMP	#1	Concordia (Neb.)	13:53.61		4/1
10	96	Katelyn NIX	#1	Concordia (Neb.)	14:04.73		4/1



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Women's 5000 Meters

1	54	Keegan BEISEL	#1	Concordia (Neb.)	18:37.15	4/1
2	63	Allie BINDER	#2	Doane (Neb.)	18:43.25	4/1
3	70	Taylor ANEMA	#3	Dordt (Iowa)	18:47.04	3/24
4	80	Emily HAVERDINK	#6	Northwestern (I)	18:51.97	4/7
5	84	Taylor SPORRER	#8	Morningside (Iowa)	18:54.39	4/7
6	86	Lucy BORKOWSKI	#3	Dordt (Iowa)	18:56.36	3/24
7		Elyse KUPERUS	#3	Dordt (Iowa)	19:07.18	3/24
8		Chloe INHELDER	#10	College of Saint	19:20.54	4/7
9		Caitlin ALBERTS	#6	Northwestern (I)	19:29.30	4/7
10		Julie MCINTYRE	#1	Concordia (Neb.)	19:31.34	4/1

Women's 10,000 Meters

1	15	Jessica KAMPMAN	#3	Dordt (Iowa)	B 37:42.53	4/7
2	28	Kristine HONOMICHL	#3	Dordt (Iowa)	39:16.57	4/7
3	34	Lucy BORKOWSKI	#3	Dordt (Iowa)	39:37.89	4/7
4	51	Elizabeth BAADE	#5	Hastings (Neb.)	41:42.58	4/7
5	65	Courtney JOINER	#3	Dordt (Iowa)	43:12.71	4/7
6	79	Jillian RANTS	#5	Hastings (Neb.)	44:42.76	4/7

Women's 5000m Race Walk

1	13	Lauren DAWSON	#1	Concordia (Neb.)	29:45.12	4/1
2	15	Tristyn DIPENTINO	#5	Hastings (Neb.)	30:06.05	4/1
3	17	Baylee EVARTS	#5	Hastings (Neb.)	31:35.30	4/1

Women's 4x100 Relay

1	16	Kya EDWARDS, Jaida ROWE, Rhys MAXEY, Nisa THOMAS	#5	Hastings (Neb.)	48.20	4/7
2	17	Emily LOSEKE, Kayla KIRCHNER, Kellie RHODES, Adrianna RODENCAL	#1	Concordia (Neb.)	48.22	4/1
3	26	Isabel BOTHWELL, Morgan MAHONEY, Annika PINGEL, Caitlyn COTTON	#2	Doane (Neb.)	49.01	4/1
4	33	Isabelle HARDMEYER, Zelig SORENSEN, Alexis EVEN, Elianna CLARK	#4	Mount Marty (S.I)	49.32	3/30
5	60	Erica NIKKEL, Lydia HERMAN, Isabel DE LAY, Ayda DEN HERDER	#3	Dordt (Iowa)	51.12	4/7
6	71	Laura GREENE, Taylor GREENE, Hope MORKEN, Maddie MORONY	#8	Morningside (Iowa)	52.08	3/31
7	82	Grace HENDRICKSON, Addison WIERDA, Emma BLUM, Aleah REES	#6	Northwestern (I)	53.66	4/7

Women's 4x400 Relay

1	8	Anmarie STUIT, Shelby BUWALDA, Mika KOOISTRA, Emilee HEYNEN	#3	Dordt (Iowa)	B 3:55.79	4/7
2	16	Abigail CLARKE, Savonne STERK, Emma BLUM, Kennedy KRAMER	#6	Northwestern (I)	4:00.90	4/1
3	19	Tianna BUMBACA-KUEHL, Elianna CLARK, Abrielle NELSON, Calli DAVIS	#4	Mount Marty (S.I)	4:01.45	3/30
4	21	Annika PINGEL, Kat VOGT, Kristen WALTERS, Morgan BURNETT	#2	Doane (Neb.)	4:04.25	4/1
5	40	Sarah BOSCH, Courtney SPORRER, Taylor SPORRER, Emily CHICOINE	#8	Morningside (Iowa)	4:13.03	3/31
6	69	Chantaya GRIFFIN, Autumn SIMONS, Brooke WIGDAHL, Corinne MEAD	#10	College of Saint	4:23.93	4/7
7	79	Amber RODGERS, Emma STROM, Hannah MEYER, Shyanne PIPKIN	#9	Midland (Neb.)	4:30.95	4/1
8	81	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Sammi VOJSLAVEK	#1	Concordia (Neb.)	4:32.02	4/1
9	86	Erynn GERLACH, Avany LONG, Emilia CUPPY, Ashtyn EVANS	#11	Dakota Wesleyan	4:39.73	3/24

Women's 4x800 Relay

1	9	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Keegan BEISEL	#1	Concordia (Neb.)	10:02.47	3/25
2	12	Tianna BUMBACA-KUEHL, Abrielle NELSON, Emily JOHNSON, Josey WAHLSTROM	#4	Mount Marty (S.I)	10:10.27	3/30



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Women's High Jump

1	7	Hannah NEWTON	#1	Concordia (Neb. B	1.65m	5-5	4/1
1	7	Jacie VANDER WAAL	#6	Northwestern (I	1.65m	5-5	4/1
3	20	Josie GARRETT	#2	Doane (Neb.)	1.60m	5-3	4/7
4	34	Jordynn TOLIVER	#7	Jamestown (N.C	1.57m	5-1¾	4/7
5	40	Sarah THEILER	#2	Doane (Neb.)	1.55m	5-1	4/7
5	40	Cassie BRANDSMA	#3	Dordt (Iowa)	1.55m	5-1	4/7
5	40	Krista HARDY	#9	Midland (Neb.)	1.55m	5-1	4/7
5	40	Paige ERHARDT	#7	Jamestown (N.C	1.55m	5-1	3/24
9	67	Andrea SUCHA	#4	Mount Marty (S.	1.50m	4-11	3/24
9	67	Zailee POULSON	#5	Hastings (Neb.)	1.50m	4-11	4/1
9	67	Jastiny JACKSON	#2	Doane (Neb.)	1.50m	4-11	4/1
9	67	Kimberly SCHROFFER	#1	Concordia (Neb.	1.50m	4-11	4/7
9	67	Amanda STEINKE	#1	Concordia (Neb.	1.50m	4-11	4/1
9	67	Faith ESPINOSA	#1	Concordia (Neb.	1.50m	4-11	4/1

Women's Pole Vault

1	7	Josie PUELZ	#1	Concordia (Neb.A:B	3.70m	12-1½	4/1
2	21	Kennedy STANLEY	#2	Doane (Neb.)	3.40m	11-1¾	4/7
2	21	Erin BOGGS	#1	Concordia (Neb.	3.40m	11-1¾	4/1
2	21	Amira CUMMINGS	#1	Concordia (Neb.	3.40m	11-1¾	4/1
5	27	Kayla SVOBODA	#1	Concordia (Neb.	3.35m	10-11¾	4/7
6	29	Gracie RIPPEN	#4	Mount Marty (S.	3.28m	10-9	3/30
7	31	Erin MAPSON	#1	Concordia (Neb.	3.25m	10-8	4/1
8	48	Erin HULBERG	#6	Northwestern (I	3.14m	10-3½	4/7
8	48	Saydie CLARK	#3	Dordt (Iowa)	3.14m	10-3½	4/7
10	51	Samantha KNAPP	#2	Doane (Neb.)	3.10m	10-2	4/1
10	51	Alivia WEATHERS	#1	Concordia (Neb.	3.10m	10-2	4/1
10	51	Grace DEINES	#2	Doane (Neb.)	3.10m	10-2	4/1

Women's Long Jump

1	75	Jordynn TOLIVER	#7	Jamestown (N.C	5.22m	17-1½ (-1)	4/7
2	80	Maddison DOREN	#4	Mount Marty (S.	5.18m	17-0 (1.8)	3/30
2	80	Kaylynn RIDGELY	#6	Northwestern (I	5.18mw	17-0 (3.4)	4/1
4	84	Kellie RHODES	#1	Concordia (Neb.	5.17m	16-11½ (2)	4/7
5	96	Ayda DEN HERDER	#3	Dordt (Iowa)	5.12mw	16-9¾ (2.2)	3/24
6		Avany LONG	#11	Dakota Wesleya	5.04mw	16-6½ (3.0)	3/24
7		Bailey BECKMAN	#3	Dordt (Iowa)	5.03mw	16-6 (3.1)	4/7
8		Taylor MEYER	#1	Concordia (Neb.	4.99mw	16-4½ (3.6)	4/7
9		Andrea SUCHA	#4	Mount Marty (S.	4.98mw	16-4¼ (3.2)	3/30
10		Paige MILLIKAN	#4	Mount Marty (S.	4.97m	16-3¾ (0.6)	3/30

Women's Triple Jump

1	45	Trinity DOUBLIN	#5	Hastings (Neb.)	10.84m	35-6¾ (1.3)	4/1
1	45	Josi NOBLE	#1	Concordia (Neb.	10.84m	35-6¾ (0.6)	4/1
3	48	Isabel SAYLER	#12	Briar Cliff (Iowa)	10.81mw	35-5¾ (2.9)	4/7
4	51	Rosalyn ROGGASCH	#2	Doane (Neb.)	10.73m	35-2½ (1.8)	4/1
5	55	Josie GARRETT	#2	Doane (Neb.)	10.69mw	35-1 (2.3)	4/7
6	60	Shelby BUWALDA	#3	Dordt (Iowa)	10.63m	34-10½ (0)	4/7
7	62	Alivia WEATHERS	#1	Concordia (Neb.	10.62m	34-10¼ (1)	4/7
8	71	Andrea SUCHA	#4	Mount Marty (S.	10.54m	34-7 (1.5)	3/24
9	75	Taliyah HAYES	#11	Dakota Wesleya	10.49mw	34-5 (4.0)	4/7
10	86	Lexa BURTZLAFF	#4	Mount Marty (S.	10.36mw	34-0 (2.4)	3/24

Women's Shot Put

1	6	Hope WAGNER	#12	Briar Cliff (Iowa)	A:B 13.76m	45-1¾	4/7
2	10	Alivia BAUCOM	#2	Doane (Neb.)	A:B 13.57m	44-6¼	4/1
3	14	Claire CASPERSEN	#10	College of Saint	B 13.12m	43-½	4/7
4	15	Kiara ANDERSON	#5	Hastings (Neb.)	B 13.01m	42-8¼	4/1
5	21	Kamryn POKORNEY	#1	Concordia (Neb.	12.67m	41-7	4/7
6	24	Lila GRONSETH	#11	Dakota Wesleya	12.60m	41-4¼	3/24
7	40	Asia TYLER	#5	Hastings (Neb.)	12.32m	40-5	4/1
8	42	Alexis MACH	#2	Doane (Neb.)	12.30m	40-4¼	4/1
8	42	Abby MAGNUSON	#11	Dakota Wesleya	12.30m	40-4¼	4/7
10	54	Katie VANLANINGHAM	#2	Doane (Neb.)	12.07m	39-7¼	4/1

Women's Discus

1	4	Kiara ANDERSON	#5	Hastings (Neb.)	A:B 45.00m	147-8	4/1
2	12	Jessa EDEN	#5	Hastings (Neb.)	B 43.08m	141-4	4/7
3	17	Alivia BAUCOM	#2	Doane (Neb.)	B 42.59m	139-9	3/24
4	21	Erin PAINTER	#1	Concordia (Neb. B	42.55m	139-7	4/7
5	30	Sara HUSS	#1	Concordia (Neb.	41.23m	135-3	4/7
6	31	Emma LLOYD	#1	Concordia (Neb.	41.19m	135-2	4/1
7	40	Katie VANLANINGHAM	#2	Doane (Neb.)	39.86m	130-9	4/1
8	50	Darby DEFFENBAUGH	#11	Dakota Wesleya	38.99m	127-11	4/7
9	54	Sydney BIERMANN	#2	Doane (Neb.)	38.37m	125-11	3/24
10	59	Abby MAGNUSON	#11	Dakota Wesleya	38.13m	125-1	3/24

Women's Hammer

1	2	Macy FULLER	#2	Doane (Neb.)	A:B 53.43m	175-4	3/24
2	10	Kiara ANDERSON	#5	Hastings (Neb.)	A:B 50.93m	167-1	4/7
3	14	Kamryn POKORNEY	#1	Concordia (Neb. B	50.14m	164-6	4/7
4	19	Jessa EDEN	#5	Hastings (Neb.)	B 49.18m	161-4	4/1
5	23	Darby DEFFENBAUGH	#11	Dakota Wesleya	47.62m	156-3	3/24
6	24	Abi WOHLGEMUTH	#1	Concordia (Neb.	47.56m	156-1	4/7
7	25	Erin PAINTER	#1	Concordia (Neb.	47.32m	155-3	4/1
8	37	Alli OWINGS	#1	Concordia (Neb.	45.74m	150-1	4/7
9	42	Asia TYLER	#5	Hastings (Neb.)	45.21m	148-4	4/1
10	57	Cassandra PINE	#5	Hastings (Neb.)	43.77m	143-7	4/1

Women's Javelin

1	14	Jordynn TOLIVER	#7	Jamestown (N.C	B 39.88m	130-10	4/7
2	19	Molly VANDER HAMM	#2	Doane (Neb.)	38.75m	127-2	4/7
3	21	Madalynn RHODES	#10	College of Saint	38.37m	125-11	4/7
4	24	Rylee OLSON	#8	Morningside (I	38.05m	124-10	4/1
5	33	Grace DAMME	#2	Doane (Neb.)	37.10m	121-9	4/1
6	35	Paige ERHARDT	#7	Jamestown (N.C	36.55m	119-11	4/7
7	43	Gretchen STOTTEMYRE	#1	Concordia (Neb.	35.69m	117-1	4/1
8	68	Holly SEVERANCE	#8	Morningside (I	32.97m	108-2	3/24
9	72	Kate BUSEK	#7	Jamestown (N.C	32.66m	107-2	3/24
10	75	Ashlyn ADAM	#2	Doane (Neb.)	32.38m	106-3	4/7



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Women's Heptathlon

1	1	Jordynn TOLIVER	#7 Jamestown (N.D.)	4,784	4/7
2	15	Ashinee GEORGE	#4 Mount Marty (S.D.)	3,799	3/30
3	20	Andrea SUCHA	#4 Mount Marty (S.D.)	3,312	3/30
4	31	Shyanne PIPKIN	#9 Midland (Neb.)	2,823	3/23
5	33	Madysen RAY	#9 Midland (Neb.)	2,763	3/23



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Women's 100 Meters

1	34	Dorothy JACKSON	#1	Vanguard (Calif.	12.19w	(2.1)	3/25
1	34	Armiyah JOHNSON	#1	Vanguard (Calif.	12.19w	(2.1)	3/25
3	47	Eryn BURKE	#1	Vanguard (Calif.	12.30w	(2.1)	3/25
4	49	Jordyn BURKE	#1	Vanguard (Calif.	12.31	(0.6)	4/8
5	57	Charlotte WILLIAMS	#2	Westmont (Calif	12.37	(1.5)	3/18
6	66	Nohemi ANDERSON	#1	Vanguard (Calif.	12.46w	(2.6)	3/25
7		Erica WASEQ	#4	William Jessup (	12.82	(1.8)	4/7
8		Jaiden RODRIGUES	#2	Westmont (Calif	12.85	(-1.6)	3/25
9		Sophia MARTINEZ	#5	Arizona Christia	13.08	(0.8)	3/30
10		McKenna PHILLIPS	#2	Westmont (Calif	13.09	(0.6)	4/8

Women's 100 Meter Hurdles

1	31	Penelopi LEACH	#1	Vanguard (Calif.	15.03	(1.7)	3/18
2	38	Erica WASEQ	#4	William Jessup (	15.14	(1.4)	4/7
3	66	Lily SWEEN	#2	Westmont (Calif	15.65w	(3.9)	3/23
4		Jayden JACKSON	#4	William Jessup (	16.22	(0.4)	4/6
5		Kourtney BRUNER	#5	Arizona Christia	17.09	(1.0)	3/30
6		Olivia CLARK	#2	Westmont (Calif	17.10	(0.6)	4/8
7		Grace ROBERTS	#1	Vanguard (Calif.	18.00	(0.6)	4/8
8		Madalyn HOFMAN	#2	Westmont (Calif	18.03	(0.6)	4/8
9		Sophia MORTON	#2	Westmont (Calif	18.26	(0.6)	4/8
10		Ellen PALMGREN	#3	The Master's (Ca	18.27	(0.6)	4/8

Women's 200 Meters

1	9	Eryn BURKE	#1	Vanguard (Calif. A; B	24.49	(1.3)	3/18
2	34	Jordyn BURKE	#1	Vanguard (Calif.	25.20	(1.7)	3/18
3	37	Brooke DALGITY	#1	Vanguard (Calif.	25.34	(0.5)	4/8
4	44	Charlotte WILLIAMS	#2	Westmont (Calif	25.45	(0.4)	3/18
5	72	Nohemi ANDERSON	#1	Vanguard (Calif.	25.86	(1.0)	3/18
6	82	Elizabeth BETTEN	#1	Vanguard (Calif.	25.96	(-1.0)	2/3
7	96	Jaiden RODRIGUES	#2	Westmont (Calif	26.05	(-0.7)	4/8
8		Siena KECK	#2	Westmont (Calif	26.12	(-0.4)	4/8
9		Armiyah JOHNSON	#1	Vanguard (Calif.	26.31	(1.4)	3/25
10		Lily SWEEN	#2	Westmont (Calif	26.42	(1.6)	3/23

Women's 400 Meters

1	2	Eryn BURKE	#1	Vanguard (Calif. A; B	54.89		4/8
2	13	Brooke DALGITY	#1	Vanguard (Calif. B	57.02		4/8
3	25	Jordyn BURKE	#1	Vanguard (Calif.	57.52		3/18
4	27	Elizabeth BETTEN	#1	Vanguard (Calif.	57.61		4/8
5	37	Siena KECK	#2	Westmont (Calif	58.41		4/8
6	64	Jaiden RODRIGUES	#2	Westmont (Calif	59.73		4/8
7	91	Tracey HATCH	#8	Menlo (Calif.)	1:00.60		2/18
8		Julia NELSEN	#1	Vanguard (Calif.	1:01.67		3/25
9		Jane FREEMAN	#1	Vanguard (Calif.	1:02.55		4/8
10		Rayanne DIETRICH	#7	Hope Internatio	1:02.68		4/8

Women's 400 Meter Hurdles

1	3	Jordyn BURKE	#1	Vanguard (Calif. A; B	1:01.99		3/25
2		Sophia MORTON	#2	Westmont (Calif	1:12.47		4/8
3		Kourtney BRUNER	#5	Arizona Christia	1:14.95		3/23
4		Olivia CLARK	#2	Westmont (Calif	1:15.22		4/8
5		Erica WASEQ	#4	William Jessup (	1:20.73		3/24
6		Keyedence BRUNER	#5	Arizona Christia	1:21.47		3/23

Women's 800 Meters

1	19	Hannah FREDERICKS	#3	The Master's (Ca	2:17.25		4/8
2	45	Suzie JOHNSON	#3	The Master's (Ca	2:21.22		4/8
3	46	Kate BARANSKI	#1	Vanguard (Calif.	2:21.24		4/8
4	53	MaryAlice MITCHELL	#5	Arizona Christia	2:21.51		3/30
5	73	Jayden JACKSON	#4	William Jessup (	2:22.73		4/6
6	76	Landon TORRES	#2	Westmont (Calif	2:22.92		3/18
7	78	Rebekah NIEDNAGEL	#3	The Master's (Ca	2:23.05		3/18
8	87	Madden HUNDLEY	#2	Westmont (Calif	2:23.70		3/25
9	91	Emma TIMMERMANS	#7	Hope Internatio	2:23.91		3/25
10	94	Emma NELSON	#3	The Master's (Ca	2:24.02		3/25

Women's 1500 Meters

1	4	Hannah FREDERICKS	#3	The Master's (Ca; B	4:30.40		3/11
2	16	Emma TIMMERMANS	#7	Hope Internatio	4:42.59		4/8
3	17	Madden HUNDLEY	#2	Westmont (Calif	4:42.75		4/8
4	24	Ellen PALMGREN	#3	The Master's (Ca	4:45.22		3/11
5	33	Kate BARANSKI	#1	Vanguard (Calif.	4:46.13		3/18
6	41	Autumn NOOTBAAR	#3	The Master's (Ca	4:48.63		4/8
7	47	Ariz DUARTE	#5	Arizona Christia	4:49.33		3/30
8	50	Jessina MORALES	#1	Vanguard (Calif.	4:49.78		3/18
9	51	Rebekah NIEDNAGEL	#3	The Master's (Ca	4:49.81		4/8
10	68	Suzie JOHNSON	#3	The Master's (Ca	4:52.11		3/18

Women's Steeplechase

1	23	Abigail HUNDLEY	#2	Westmont (Calif	11:47.19		4/8
2	24	Ariz DUARTE	#5	Arizona Christia	11:50.03		3/17
3	37	Jessina MORALES	#1	Vanguard (Calif.	12:26.37		4/8
4	41	Sophie SOUTHERDEN	#3	The Master's (Ca	12:32.25		4/8
5	49	Miriam MELKONIAN	#2	Westmont (Calif	12:40.99		4/8
6	50	Brooke CREGAN	#3	The Master's (Ca	12:41.63		3/18
7	60	Megan TURNER	#3	The Master's (Ca	12:50.24		4/8
8	63	India MOORS	#1	Vanguard (Calif.	12:52.88		3/18
9	74	Allie METHUM	#3	The Master's (Ca	13:03.94		3/18
9	74	Madison PAYNE	#3	The Master's (Ca	13:03.94		3/18



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GSAC

Women's 5000 Meters

1	21	Autumn NOOTBAAR	#3	The Master's (Ca	17:45.67	3/11
2	36	Jessina MORALES	#1	Vanguard (Calif.	18:10.30	3/11
3	40	Madden HUNDLEY	#2	Westmont (Calif	18:14.80	3/18
4	55	Kimberly PAGE	#3	The Master's (Ca	18:37.44	3/11
5	57	Alyssa LOVETT	#3	The Master's (Ca	18:40.82	3/11
6	59	Landon TORRES	#2	Westmont (Calif	18:41.25	4/8
7	72	Brooke MILAM	#3	The Master's (Ca	18:47.71	4/8
8	73	Sophie SOUTHERDEN	#3	The Master's (Ca	18:47.78	3/11
9	78	Kate BARANSKI	#1	Vanguard (Calif.	18:50.27	3/11
10	87	Azalea PRINCE	#4	William Jessup (	18:56.50	3/30

Women's 10,000 Meters

1	7	Autumn NOOTBAAR	#3	The Master's (Ca	37:09.50	3/24
2	16	Kimberly PAGE	#3	The Master's (Ca	37:44.68	3/24
3	17	Azalea PRINCE	#4	William Jessup (	37:48.05	3/30
4	29	Brooke MILAM	#3	The Master's (Ca	39:20.41	3/24
5	32	India MOORS	#1	Vanguard (Calif.	39:28.95	3/11
6	50	Aurora COUTO	#7	Hope Internatio	41:38.71	3/11
7	54	Erini SHAKER	#3	The Master's (Ca	41:50.45	3/24

Women's 5000m Race Walk

1	14	Mariah HILDEBRANDT	#3	The Master's (Ca	29:58.14	3/25
2	16	Allie METHUM	#3	The Master's (Ca	30:30.95	3/25

Women's 4x100 Relay

1	4	Dorothy JACKSON, Eryn BURKE, Jordyn BURKE, Armiyah JOHNSON	#1	Vanguard (Calif.	46.46	4/8
2	40	McKenna PHILLIPS, Jaiden RODRIGUES, Olivia CLARK, Charlotte WILLIAMS	#2	Westmont (Calif	49.64	3/25
3	48	Erica WASEQ, Alexis JONES, Julissa CASILLAS, Eleanor KANIA	#4	William Jessup (	50.06	3/30
4	67	Emilia PANOVA, Oliva PRETTYMAN, Ashleey MILTON, Micaiah SCOTT	#3	The Master's (Ca	51.61	4/8
5	77	Kayedence BRUNER, Kourtney BRUNER, Graciela ROYBAL, Sophia MARTINEZ	#5	Arizona Christia	52.60	3/23

Women's 4x400 Relay

1	7	Elizabeth BETTEN, Jordyn BURKE, Penelopi LEACH, Eryn BURKE	#1	Vanguard (Calif.	3:53.81	3/11
2	36	Julissa CASILLAS, Alexis JONES, Jennifer PEDRETTI, Jayden JACKSON	#4	William Jessup (	4:11.21	3/30
3	66	Madden HUNDLEY, Abigail HUNDLEY, Landon TORRES, Kari ANEMA	#2	Westmont (Calif	4:23.14	3/25

Women's 4x800 Relay

1	1	Hannah FREDERICKS, Suzie JOHNSON, Rebekah NIEDNAGEL, Ellen PALMGREN	#3	The Master's (Ca	9:12.55	3/25
2	4	Kate BARANSKI, Jessina MORALES, Karla SANCHEZ-RUIZ, Olivia FINCH	#1	Vanguard (Calif.	9:35.25	3/25
3	6	Siena KECK, Landon TORRES, Kari ANEMA, Abigail HUNDLEY	#2	Westmont (Calif	9:40.86	3/25

Women's High Jump

1	40	Lily SWEEN	#2	Westmont (Calif	1.55m	5-1	3/23
2	63	Jayden JACKSON	#4	William Jessup (	1.52m	4-11¾	4/6
3	67	Oliva PRETTYMAN	#3	The Master's (Ca	1.50m	4-11	3/18
3	67	Keyedence BRUNER	#5	Arizona Christia	1.50m	4-11	3/23
3	67	Julianna HOLM	#1	Vanguard (Calif.	1.50m	4-11	4/8
6	96	Ronieka ROBINSON	#6	Ottawa (Ariz.)	1.47m	4-9¾	3/17
7		Ellen PALMGREN	#3	The Master's (Ca	1.45m	4-9	3/25
7		Britain POLK	#2	Westmont (Calif	1.45m	4-9	3/25
7		Katrina GORAUSKAS	#3	The Master's (Ca	1.45m	4-9	3/25
10		Penelopi LEACH	#1	Vanguard (Calif.	1.43m	4-8¾	3/23

Women's Pole Vault

1	11	Abby RUMOHR	#2	Westmont (Calif	3.63m	11-10¾	4/8
2	15	Moriah CHIANG	#2	Westmont (Calif	3.48m	11-5	4/8
2	15	Britain POLK	#2	Westmont (Calif	3.48m	11-5	4/8
4	44	Jayden JACKSON	#4	William Jessup (	3.18m	10-5¼	3/30
5	77	Micaiah SCOTT	#3	The Master's (Ca	2.84m	9-3¾	3/18



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Women's Long Jump

1	29	Lily SWEEN	#2	Westmont (Calif	5.45m	17-10¾ (1.1)	3/23
2	93	Alexis JONES	#4	William Jessup (	5.15m	16-10¾ (0.3)	3/30
3		Madalyn HOFMAN	#2	Westmont (Calif	5.04m	16-6½ (-0.1)	4/8
4		Faith HUNT	#1	Vanguard (Calif.	5.02m	16-5¾ (0.7)	3/11
5		Jayden JACKSON	#4	William Jessup (	4.89m	16-½ (1.8)	4/6
6		Ronika ROBINSON	#6	Ottawa (Ariz.)	4.81m	15-9¾ (-1.1)	3/17
7		Ellen PALMGREN	#3	The Master's (Ca	4.73m	15-6¾ (-1.1)	3/18
8		Penelopi LEACH	#1	Vanguard (Calif.	4.64m	15-2¾ (0.4)	3/23
9		Talana MITCHELL	#6	Ottawa (Ariz.)	4.54m	14-10¾ (-2.2)	3/17
10		Keyedence BRUNER	#5	Arizona Christia	4.50m	14-9¾ (-1.1)	3/17

Women's Triple Jump

1	29	Alexis JONES	#4	William Jessup (	11.18m	36-8¼ (0.0)	3/30
2	76	Faith HUNT	#1	Vanguard (Calif.	10.47mw	34-4¼ (2.5)	3/25
3	93	Talana MITCHELL	#6	Ottawa (Ariz.)	10.26m	33-8 (1.1)	3/25
4		Kourtney BRUNER	#5	Arizona Christia	10.00m	32-9¾ (0.0)	3/23
5		Ashlee MILTON	#3	The Master's (Ca	9.36m	30-8½ (1.9)	3/25
6		Eleanor KANIA	#4	William Jessup (	9.30m	30-6¾ (1.5)	3/10
7		Abby RUMOHR	#2	Westmont (Calif	8.51m	27-11 (-1.4)	4/8

Women's Shot Put

1	30	Jessica PEDRETTI	#4	William Jessup (	12.51m	41-½	4/7
2	56	Jaelah BUTLER	#1	Vanguard (Calif.	12.05m	39-6½	4/8
3		Kaylee JONES	#1	Vanguard (Calif.	10.56m	34-7¾	3/18
4		Lily SWEEN	#2	Westmont (Calif	10.42m	34-2¼	3/23
5		Aaliyah ESPINOZA	#1	Vanguard (Calif.	10.27m	33-8½	3/18
6		Jayden JACKSON	#4	William Jessup (	9.88m	32-5	4/6
7		Kayla HOURIGAN	#5	Arizona Christia	9.83m	32-3	3/23
8		Penelopi LEACH	#1	Vanguard (Calif.	9.33m	30-7½	3/23
9		Jacey DANKS	#6	Ottawa (Ariz.)	9.12m	29-11¼	3/17
10		Sadie WARD	#6	Ottawa (Ariz.)	8.98m	29-5½	3/25

Women's Discus

1	29	Jessica PEDRETTI	#4	William Jessup (	41.31m	135-7	3/30
2	41	Jaelah BUTLER	#1	Vanguard (Calif.	39.65m	130-1	3/18
3	79	Aaliyah ESPINOZA	#1	Vanguard (Calif.	37.07m	121-8	3/25
4		Sadie WARD	#6	Ottawa (Ariz.)	34.45m	113-0	3/25
5		Kaylee JONES	#1	Vanguard (Calif.	30.78m	101-0	4/8
6		Alexandra BANDUCCI	#4	William Jessup (	30.27m	99-3¾	4/7
7		Jacey DANKS	#6	Ottawa (Ariz.)	25.95m	85-1¾	3/25
8		Brianna IRONSIDE	#3	The Master's (Ca	24.42m	80-1½	3/25
9		Katie BOGGESE	#3	The Master's (Ca	24.29m	79-8¼	3/25
10		Grace CORNELLUS	#2	Westmont (Calif	23.23m	76-2¾	3/10

Women's Hammer

1	44	Jaelah BUTLER	#1	Vanguard (Calif.	44.89m	147-4	3/11
2	46	Jessica PEDRETTI	#4	William Jessup (	44.81m	147-0	3/10
3	99	Alexandra BANDUCCI	#4	William Jessup (	40.58m	133-2	3/10
4		Kaylee JONES	#1	Vanguard (Calif.	36.15m	118-7	3/18
5		Brianna IRONSIDE	#3	The Master's (Ca	33.93m	111-4	4/8
6		Brenna SANCHEZ	#2	Westmont (Calif	29.55m	96-11½	4/8
7		Sadie WARD	#6	Ottawa (Ariz.)	29.28m	96-¾	3/17
8		Aaliyah ESPINOZA	#1	Vanguard (Calif.	29.16m	95-8	3/18
9		Gina COMPTON	#3	The Master's (Ca	27.97m	91-9¼	4/8
10		Katie BOGGESE	#3	The Master's (Ca	27.83m	91-3¾	4/8

Women's Javelin

1	2	Micaiah SCOTT	#3	The Master's (Ca	45.66m	149-10	3/18
2	81	Emily LINDBLAD	#2	Westmont (Calif	31.82m	104-5	3/10
3	83	Jessica PEDRETTI	#4	William Jessup (	31.68m	103-11	3/10
4		Lily SWEEN	#2	Westmont (Calif	29.58m	97-¾	3/23
5		Anastazia UWINGENEYE	#6	Ottawa (Ariz.)	29.07m	95-4½	3/25
6		Elsa RIDDLE	#1	Vanguard (Calif.	28.86m	94-8¼	3/18
7		Jaelah BUTLER	#1	Vanguard (Calif.	27.87m	91-5¼	4/8
8		Julia NELSEN	#1	Vanguard (Calif.	26.51m	86-11¾	3/11
9		Ellen PALMGREN	#3	The Master's (Ca	25.60m	84-0	3/18
10		Jayden JACKSON	#4	William Jessup (	25.32m	83-1	4/6

Women's Heptathlon

1	4	Lily SWEEN	#2	Westmont (Calif B	4,433		3/23
2	5	Jayden JACKSON	#4	William Jessup (B	4,203		4/6
3	8	Penelopi LEACH	#1	Vanguard (Calif. B	4,101		3/23
4	28	Madalyn HOFMAN	#2	Westmont (Calif	3,058		3/23
5	35	Jaylee HAMEISTER	#4	William Jessup (	2,660		4/6
6	38	Grace ROBERTS	#1	Vanguard (Calif.	2,133		3/23



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Gulf Coast

Women's 100 Meters

1	4	Kevell BYRD	#1	Dillard (La.)	A:B 11.83w	(2.8)	3/31
2	30	Meghan JOSHUA	#1	Dillard (La.)	12.16	(1.5)	3/25
3	32	Ta'nyia FLOWERS	#1	Dillard (La.)	12.17w	(2.2)	3/31
4	33	Brandy MACKEY	#4	Voorhees (S.C.)	12.18	(-1.2)	3/23
5	39	Tori BURTON	#1	Dillard (La.)	12.22	(0.2)	4/8
6	51	Ta'nijal MATTHEWS	#1	Dillard (La.)	12.33w	(2.8)	3/31
7		Mallory PENDLETON	#2	Philander Smith	12.78w	(2.2)	4/6
8		Ajai SAMPLE	#1	Dillard (La.)	12.98	(1.8)	3/25
9		Mya PALMER	#2	Philander Smith	13.22w	(2.5)	4/6
10		Jazmine RILEY	#3	Rust (Miss.)	13.82	(0.0)	4/8

Women's 100 Meter Hurdles

1	5	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	A:B 14.14	(1.2)	4/8
2	13	Daila YOUNG	#1	Dillard (La.)	B 14.50w	(3.6)	3/11
3	79	Trinity MARSHALL	#1	Dillard (La.)	15.89	(1.2)	3/25
4		Kaylyn TURNER	#1	Dillard (La.)	16.53	(0.8)	4/8
5		Rachel JACKSON	#1	Dillard (La.)	17.39w	(2.9)	3/17
6		Romona FOULKS	#4	Voorhees (S.C.)	18.09	(-0.8)	3/23
7		Mya POPE	#4	Voorhees (S.C.)	18.35	(-1.9)	3/23
8		Desire ROBINSON	#1	Dillard (La.)	18.69	(0.8)	4/8
9		J'Kyla MILLER	#2	Philander Smith	18.92w	(2.1)	4/6

Women's 200 Meters

1	4	Kevell BYRD	#1	Dillard (La.)	A:B 23.81w	(2.3)	4/8
2	17	Tori BURTON	#1	Dillard (La.)	B 24.80w	(3.3)	4/8
3	48	Ta'nijal MATTHEWS	#1	Dillard (La.)	25.51	(-0.1)	3/31
4	61	Brandy MACKEY	#4	Voorhees (S.C.)	25.79	(-0.9)	3/23
5	75	Ta'nyia FLOWERS	#1	Dillard (La.)	25.88	(-0.1)	3/31
6		Meghan JOSHUA	#1	Dillard (La.)	26.22	(-0.2)	3/31
7		Ayanna ALLEN	#2	Philander Smith	26.54	(0.3)	4/6
8		Mallory PENDLETON	#2	Philander Smith	26.89	(0.3)	4/6
9		Jasmin JOHNSON	#2	Philander Smith	27.33	(1.2)	4/6
10		Desire ROBINSON	#1	Dillard (La.)	27.36	(0.8)	3/31

Women's 400 Meters

1	8	Kevell BYRD	#1	Dillard (La.)	A:B 56.06		3/25
2	67	Ta'nijal MATTHEWS	#1	Dillard (La.)	59.85		4/8
3	69	Ayanna ALLEN	#2	Philander Smith	59.86		3/24
4		Jasmin JOHNSON	#2	Philander Smith	1:01.11		3/24
5		Rachel JACKSON	#1	Dillard (La.)	1:02.12		3/25
6		Karmyn DOTSON	#1	Dillard (La.)	1:02.55		3/25
7		Tori BURTON	#1	Dillard (La.)	1:03.30		3/25
8		Dajanae SHAW	#2	Philander Smith	1:03.34		3/24
9		Ja'Niesha COLLINS	#2	Philander Smith	1:03.85		3/24
10		Desire ROBINSON	#1	Dillard (La.)	1:06.07		3/17

Women's 400 Meter Hurdles

1	27	Kaylyn TURNER	#1	Dillard (La.)	1:06.40		3/25
2	61	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	1:09.38		3/11
3	64	Rachel JACKSON	#1	Dillard (La.)	1:09.71		3/17
4	79	Daila YOUNG	#1	Dillard (La.)	1:10.62		3/11
5	87	Desire ROBINSON	#1	Dillard (La.)	1:11.20		4/8
6		J'Kyla MILLER	#2	Philander Smith	1:24.96		3/4

Women's 800 Meters

1		Karmyn DOTSON	#1	Dillard (La.)	2:31.41		3/17
1		Rachel JACKSON	#1	Dillard (La.)	2:31.41		3/25
3		Kennedy TIMMONS	#1	Dillard (La.)	2:36.79		3/25
4		Ja'Niesha COLLINS	#2	Philander Smith	2:37.61		3/17
5		Dajanae SHAW	#2	Philander Smith	2:38.29		3/17
6		Amelya HATCH	#3	Rust (Miss.)	2:47.07		3/10
7		Anaya JOPLIN	#2	Philander Smith	3:25.44		3/17

Women's 1500 Meters

1		Rachel JACKSON	#1	Dillard (La.)	5:30.45		4/8
2		Kennedy TIMMONS	#1	Dillard (La.)	5:45.21		3/17

Women's Steeplechase

1	94	Rachel JACKSON	#1	Dillard (La.)	14:01.63		3/31
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Women's 5000 Meters

1		Kennedy TIMMONS	#1	Dillard (La.)	22:21.86		3/25
2		Brooklyn ACOSTA	#1	Dillard (La.)	22:23.74		3/25

Women's 4x100 Relay

1	3	Kevell BYRD, Ta'nyia FLOWERS, Ta'nijal MATTHEWS, Meghan JOSHUA	#1	Dillard (La.)	A:B 46.39		3/31
2	64	Ayanna ALLEN, Mallory PENDLETON, Mya PALMER, Jasmin JOHNSON	#2	Philander Smith	51.37		3/17

Women's 4x400 Relay

1	20	Ayanna ALLEN, Ja'Niesha COLLINS, Jasmin JOHNSON, Dajanae SHAW	#2	Philander Smith	4:03.84		3/24
2	23	Kevell BYRD, Tori BURTON, Karmyn DOTSON, Ta'nyia FLOWERS	#1	Dillard (La.)	4:04.70		3/25

Women's 4x800 Relay

1	22	Amelya HATCH, Mardisty WILLIAMS, Madison WILLIAMS, Jasmine COLEMAN	#3	Rust (Miss.)	13:31.35		4/8
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Women's High Jump

1	17	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	1.62m	5-3¾	3/11
2	67	Ayanna ALLEN	#2	Philander Smith	1.50m	4-11	3/17
3		Jazmine RILEY	#3	Rust (Miss.)	1.44m	4-8¾	4/8



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Gulf Coast

Women's Long Jump

1	23	Brandy MACKEY	#4	Voorhees (S.C.)	5.50m	18-½ (0.0)	3/23
2	46	Rachel ROWE	#1	Dillard (La.)	5.35m	17-6¾ (1.1)	4/8
3		Trinity MARSHALL	#1	Dillard (La.)	4.72m	15-6 (1.6)	3/25
4		Zarea WINN	#2	Philander Smith	4.53mw	14-10½ (3)	3/24
5		Jazmine RILEY	#3	Rust (Miss.)	4.52m	14-10 (-1.6)	4/8
6		J'Kyla MILLER	#2	Philander Smith	4.13mw	13-6¾ (2.8)	4/6
7		Desire ROBINSON	#1	Dillard (La.)	4.06mw	13-4 (2.7)	3/17
8		Ky'Arra CRIGLER	#2	Philander Smith	4.05m	13-3½ (1.1)	3/17
9		Chrusia WILKS	#3	Rust (Miss.)	4.00m	13-1½ (0.1)	3/10
10		Makyah CRAWFORD	#3	Rust (Miss.)	3.27m	10-8¾ (0.3)	3/10

Women's Triple Jump

1	18	Rachel ROWE	#1	Dillard (La.)	11.45mw	37-6¾ (2.4)	3/31
2	27	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	11.23m	36-10¼ (0)	4/8
3	66	Trinity MARSHALL	#1	Dillard (La.)	10.59m	34-9 (1.8)	3/25

Women's Shot Put

1		Kaylyn TURNER	#1	Dillard (La.)	9.50m	31-2	3/31
2		Charra BRIDGES	#1	Dillard (La.)	9.45m	31-0	3/17
3		Antanisha WADE	#2	Philander Smith	9.35m	30-8¼	3/24
4		Andre'a KING	#2	Philander Smith	9.15m	30-¼	3/17
5		Zanayah MYERS	#3	Rust (Miss.)	9.12m	29-11¼	3/10
6		Alanni MARTIN	#1	Dillard (La.)	9.11m	29-10¾	3/25
7		Adjaratou MBAYE	#3	Rust (Miss.)	8.64m	28-4¼	3/10
8		Trinity MARSHALL	#1	Dillard (La.)	8.62m	28-3½	3/17
9		Makyah CRAWFORD	#3	Rust (Miss.)	7.10m	23-3½	3/10

Women's Discus

1		Antanisha WADE	#2	Philander Smith	30.98m	101-8	3/17
2		Charra BRIDGES	#1	Dillard (La.)	29.20m	95-9¾	3/11
3		Adjaratou MBAYE	#3	Rust (Miss.)	23.77m	78-0	3/10
4		Zanayah MYERS	#3	Rust (Miss.)	23.54m	77-2¾	3/10
5		Alanni MARTIN	#1	Dillard (La.)	23.41m	76-9¾	3/11
6		Kaylyn TURNER	#1	Dillard (La.)	21.90m	71-10¼	4/8
7		Andre'a KING	#2	Philander Smith	19.37m	63-6¾	4/6
8		Makyah CRAWFORD	#3	Rust (Miss.)	17.45m	57-3	3/10

Women's Hammer

1		Charra BRIDGES	#1	Dillard (La.)	30.77m	101-0	3/25
2		Kaylyn TURNER	#1	Dillard (La.)	27.86m	91-5	4/8
3		Alanni MARTIN	#1	Dillard (La.)	26.77m	87-10	3/11
4		Andre'a KING	#2	Philander Smith	22.59m	74-1½	4/6

Women's Javelin

1		Kaylyn TURNER	#1	Dillard (La.)	25.23m	82-9½	3/11
2		Charra BRIDGES	#1	Dillard (La.)	24.80m	81-4½	3/11
3		Alanni MARTIN	#1	Dillard (La.)	19.48m	63-11	3/11
4		Trinity MARSHALL	#1	Dillard (La.)	16.26m	53-4¼	3/25



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Indep.

Women's 100 Meter Hurdles

1	Zoe SALAZAR	#1	Oklahoma Panh.	17.32w	(2.8)	3/24
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Women's 200 Meters

1	Jamiah CLAY	#1	Oklahoma Panh.	26.34cw	(26.27A)	2 4/6
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2	Kaylee LUJAN	#1	Oklahoma Panh.	26.95	(1.5)	3/30
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Women's 400 Meters

1	63 Jamiah CLAY	#1	Oklahoma Panh.	59.69c	(59.58A)	4/6
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2	87 Azucena CARRILLO	#1	Oklahoma Panh.	1:00.45		3/30
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3	Kaylee LUJAN	#1	Oklahoma Panh.	1:04.40		3/24
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4	Aubree MORA	#1	Oklahoma Panh.	1:05.23c	(1:05.12A)	4/6
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Women's 800 Meters

1	Bonita GRAY	#1	Oklahoma Panh.	2:24.79c	(2:25.25A)	4/6
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2	Azucena CARRILLO	#1	Oklahoma Panh.	2:28.72		3/30
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3	Aubree MORA	#1	Oklahoma Panh.	2:32.46		3/24
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Women's 1500 Meters

1	Bonita GRAY	#1	Oklahoma Panh.	5:02.07		3/24
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Women's 4x400 Relay

1	58 Kaylee LUJAN, Azucena CARRILLO, Bonita GRAY, Jamiah CLAY	#1	Oklahoma Panh.	4:19.35c	(4:18.91A)	4/6
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Women's Javelin

1	27 Zoe SALAZAR	#1	Oklahoma Panh.	37.74mA	123-10	4/6
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KCAC

Women's 100 Meters

1	29	Jaylen KNIGHT	#1	Friends (Kan.)	12.15	(1.4)	3/30
2	41	Gretchen RANEY	#2	Saint Mary (Kan.)	12.26	(0.0)	4/8
3	63	Rachel BOOKER	#5	Southwestern (I)	12.40	(0.5)	3/25
4	70	Halle NAGEL	#1	Friends (Kan.)	12.48w	(4.0)	3/24
5	76	Mumina MILLINGTON	#3	Ottawa (Kan.)	12.54	(1.5)	3/23
6	79	Jordyn WEEMS	#3	Ottawa (Kan.)	12.55	(0.8)	4/7
7		Lexi WARDLOW	#2	Saint Mary (Kan.)	12.87	(0.3)	3/23
8		Ty IRVIN	#4	York (Neb.)	12.91	(0.5)	3/25
8		Zaira SPENCER	#2	Saint Mary (Kan.)	12.91	(1.7)	3/23
10		Kamrie DILLAN	#4	York (Neb.)	12.93	(0.5)	3/25

Women's 100 Meter Hurdles

1	16	Keiana NEWMAN	#1	Friends (Kan.)	14.56	(-0.1)	3/30
2	37	JayOnna PERRY	#3	Ottawa (Kan.)	15.13	(0.6)	3/23
3	48	Irian PADULLES	#1	Friends (Kan.)	15.38c	(15.34A) (1)	3/18
4	53	Shavonte HARRIS	#1	Friends (Kan.)	15.42c	(15.38A) (1)	3/18
5	68	Moriah SHAW	#1	Friends (Kan.)	15.67	(1.9)	3/30
6		Kentayshija PRUITT	#5	Southwestern (I)	16.25	(0.2)	3/25
7		Aubry GRAME	#9	Bethel (Kan.)	16.82	(1.9)	3/30
8		Gema DEL VALLE	#1	Friends (Kan.)	17.25	(0.7)	4/7
9		Jessenia VELEZ	#3	Ottawa (Kan.)	17.72	(1.1)	4/7
10		Allana ENG	#8	Bethany (Kan.)	18.15	(0.6)	3/30

Women's 200 Meters

1	20	Jaylen KNIGHT	#1	Friends (Kan.)	24.86	(-0.8)	4/7
2	51	Kamrie DILLAN	#4	York (Neb.)	25.67w	(2.2)	4/1
3	56	Kendra BLAYLOCK	#1	Friends (Kan.)	25.76	(0.6)	4/7
4	61	Halle NAGEL	#1	Friends (Kan.)	25.79w	(2.1)	3/30
5	68	Vanessa PEREZ	#11	Oklahoma Wesleyan	25.83w	(2.1)	3/30
6	78	Laurny TERRY	#5	Southwestern (I)	25.91	(1.0)	3/30
7	81	Gretchen RANEY	#2	Saint Mary (Kan.)	25.95	(-0.3)	4/8
8	88	Rachel BOOKER	#5	Southwestern (I)	25.98	(1.9)	3/30
9		Mumina MILLINGTON	#3	Ottawa (Kan.)	26.14w	(2.5)	3/23
10		Meliah HANNA	#5	Southwestern (I)	26.18	(0.9)	3/30

Women's 400 Meters

1	17	Jaylen KNIGHT	#1	Friends (Kan.)	57.20		3/24
2	28	JayOnna PERRY	#3	Ottawa (Kan.)	57.71		4/7
3	38	Kendra BLAYLOCK	#1	Friends (Kan.)	58.43		4/7
4	42	Vanessa PEREZ	#11	Oklahoma Wesleyan	58.66		3/30
5	59	Lexi WARDLOW	#2	Saint Mary (Kan.)	59.56		3/30
6	79	Meliah HANNA	#5	Southwestern (I)	1:00.36		4/7
7	94	Danielle MCSEVENEY	#8	Bethany (Kan.)	1:00.64		3/30
8		Ty IRVIN	#4	York (Neb.)	1:01.04		4/1
9		Kaylah PETTY	#1	Friends (Kan.)	1:01.47		3/24
10		Kamrie DILLAN	#4	York (Neb.)	1:01.58		4/1

Women's 400 Meter Hurdles

1	6	JayOnna PERRY	#3	Ottawa (Kan.)	1:02.66	A: B	3/23
2	17	Kourtney WARREN	#1	Friends (Kan.)	1:05.50		4/7
3	25	Moriah SHAW	#1	Friends (Kan.)	1:06.34		3/30
4	46	Destiny ESCOBAR	#3	Ottawa (Kan.)	1:08.23		3/23
5	47	Aubry GRAME	#9	Bethel (Kan.)	1:08.32		3/30
6	48	Kentayshija PRUITT	#5	Southwestern (I)	1:08.40		4/7
7	50	Sara WINN	#11	Oklahoma Wesleyan	1:08.45		3/30
8	77	Gema DEL VALLE	#1	Friends (Kan.)	1:10.57		3/30
9		Abigail WHITE	#2	Saint Mary (Kan.)	1:14.47		3/23
10		Shavonte HARRIS	#1	Friends (Kan.)	1:14.62c	(1:14.51A)	3/18

Women's 800 Meters

1	27	Alyssa ARMENDARIZ	#2	Saint Mary (Kan.)	2:19.00		3/25
2	32	Danielle ALLISON	#6	Tabor (Kan.)	2:19.89		4/7
3	73	Maddy WALTER-SHERRETTS	#2	Saint Mary (Kan.)	2:22.73		3/23
4	96	Riley HIEBERT	#2	Saint Mary (Kan.)	2:24.15		3/23
5		Kate MADSEN	#2	Saint Mary (Kan.)	2:24.81		3/23
6		Kirstin HACKNEY	#5	Southwestern (I)	2:25.40		4/7
7		Sonya ZIMMERMAN	#6	Tabor (Kan.)	2:25.53		3/23
8		Kayli GONZALES	#1	Friends (Kan.)	2:25.71		4/7
9		Brooke WIEBE	#6	Tabor (Kan.)	2:25.95		3/23
10		Josie KOPPES	#7	Kansas Wesleyan	2:27.38		3/30

Women's 1500 Meters

1	25	Danielle ALLISON	#6	Tabor (Kan.)	4:45.24		3/23
2	29	Maddy WALTER-SHERRETTS	#2	Saint Mary (Kan.)	4:45.76		3/23
3	39	Caroline GILES	#1	Friends (Kan.)	4:48.29		3/30
4	44	Riley HIEBERT	#2	Saint Mary (Kan.)	4:49.01		3/23
5	47	Kate MADSEN	#2	Saint Mary (Kan.)	4:49.33		3/23
6	56	Alyssa ARMENDARIZ	#2	Saint Mary (Kan.)	4:50.64		3/25
7		Madisyn EHRlich	#7	Kansas Wesleyan	5:00.71		4/7
8		Maria GEESAMAN	#4	York (Neb.)	5:02.24		3/25
9		Sonya ZIMMERMAN	#6	Tabor (Kan.)	5:02.49		3/23
10		Josie KOPPES	#7	Kansas Wesleyan	5:02.82		3/30

Women's Steeplechase

1	9	Caroline GILES	#1	Friends (Kan.)	11:29.27	B	3/24
2	13	Brooke WIEBE	#6	Tabor (Kan.)	11:34.09		4/7
3	35	Maria GEESAMAN	#4	York (Neb.)	12:21.54		4/1
4	59	Samantha THOMPSON	#10	McPherson (Kan.)	12:49.79		4/7
5	66	Claire DINGLER	#1	Friends (Kan.)	12:53.05		3/24
6	95	Brooke KRAPES	#10	McPherson (Kan.)	14:04.07		4/7



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Women's 5000 Meters

1	6	Alyssa ARMENDARIZ	#2 Saint Mary (Kan.)	A 16:54.15	4/1
2	9	Reagan HIEBERT	#2 Saint Mary (Kan.)	A 17:18.32	4/1
3	17	Danielle ALLISON	#6 Tabor (Kan.)	B 17:35.44	4/1
4	18	Caroline GILES	#1 Friends (Kan.)	B 17:39.63	4/7
5	25	Kate MADSEN	#2 Saint Mary (Kan.)	17:52.02	3/31
6	30	Maddy WALTER-SHERRETTS	#2 Saint Mary (Kan.)	18:03.99	3/31
7	38	Riley HIEBERT	#2 Saint Mary (Kan.)	18:13.06	3/31
8	85	Brooke WIEBE	#6 Tabor (Kan.)	18:54.76	3/31
9	97	Josie KOPPES	#7 Kansas Wesleyan	19:01.56	4/7
10		Madisyn EHRlich	#7 Kansas Wesleyan	19:06.99	3/30

Women's 4x100 Relay

1	19	Jasmine HENDERSON, Zaira SPENCER, Lexi WARDLOW, Gretchen RANEY	#2 Saint Mary (Kan.)	48.53	3/30
2	21	Lily BLANKENSHIP, Rachel BOOKER, Kyah HILL, Lauryn TERRY	#5 Southwestern (T)	48.64	3/30
3	51	Juliet LANE, JayOnna PERRY, Jordyn WEEMS, Jessenia VELEZ	#3 Ottawa (Kan.)	50.19	4/7
4	79	Mary PARKS, Ariana HURLEY, Allana ENG, Danielle MCSEVENEY	#8 Bethany (Kan.)	53.11	3/30

Women's 4x400 Relay

1	11	Destiny ESCOBAR, Jordyn WEEMS, JayOnna PERRY, Mumina MILLINGTON	#3 Ottawa (Kan.)	3:58.07	3/23
2	25	Kentayshija PRUITT, Rachel BOOKER, Lauryn TERRY, Meliah HANNA	#5 Southwestern (T)	4:05.15	4/7
3	35	Carissa MARTIN, Zaira SPENCER, Gretchen RANEY, Lexi WARDLOW	#2 Saint Mary (Kan.)	4:10.67	3/30
4	50	Kamrie DILLAN, Maria GEESAMAN, Abigail ZAIGER, Ty IRVIN	#4 York (Neb.)	4:15.68	3/25
5	63	Aubry GRAME, Myiah LOGUE, Mia ROMAN, Parker SCHROEDER	#9 Bethel (Kan.)	4:20.39	3/25
6	67	Grace PEARSON, Grayce TANKERSLEY, Tamayia WASHINGTON, Josie KOPPES	#7 Kansas Wesleyan	4:23.40	3/30
7	80	Kayli GONZALES, Rebekah CHORIEGO, Madison MOSES, Caroline GILES	#1 Friends (Kan.)	4:31.20	3/30

Women's High Jump

1	27	Jordyn LOWRIE	#6 Tabor (Kan.)	1.59m	5-2½	4/7
2	87	Jessenia VELEZ	#3 Ottawa (Kan.)	1.49m	4-10½	4/7
2	87	JayOnna PERRY	#3 Ottawa (Kan.)	1.49m	4-10½	4/7
2	87	Hannah SLATE	#12 Sterling (Kan.)	1.49m	4-10½	4/7
5	96	Mia ROMAN	#9 Bethel (Kan.)	1.47m	4-9¾	3/30
5	96	Meliah HANNA	#5 Southwestern (T)	1.47m	4-9¾	3/30
7		Nevaeh KRULL	#2 Saint Mary (Kan.)	1.41m	4-7½	3/23
8		Juliet LANE	#3 Ottawa (Kan.)	1.36m	4-5½	3/23
9		Lauren CHRISTENSEN	#6 Tabor (Kan.)	1.32m	4-4	3/30
10		Saraiah ERVIN	#3 Ottawa (Kan.)	1.31m	4-3½	3/23

Women's Pole Vault

1	50	Aaliyah RAMIREZ	#1 Friends (Kan.)	3.13m	10-3¼	3/30
2	55	Brynna HALATA	#1 Friends (Kan.)	3.05m	10-0	4/7
3	73	Kloie SIMONS	#5 Southwestern (T)	2.89m	9-5¾	3/25
4		Cierra DRINGMAN	#4 York (Neb.)	2.43m	7-11½	3/25



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KCAC

Women's Long Jump

1	79	Myiah LOGUE	#9	Bethel (Kan.)	5.19m	17-½ (1.0)	3/30
2	80	Jordyn WEEMS	#3	Ottawa (Kan.)	5.18m	17-0 (2.6)	3/23
3		Amani BRADSHER	#1	Friends (Kan.)	5.04m	16-6½ (3.0)	3/30
4		Aaliyah TARVER	#1	Friends (Kan.)	5.02m	16-5¾ (-0.0)	3/30
5		Makayla DINKLER	#4	York (Neb.)	4.95m	16-3 (0.2)	3/25
6		Mary PARKS	#8	Bethany (Kan.)	4.87m	15-11¾ (0.0)	3/25
7		Rachel BOOKER	#5	Southwestern (I	4.85m	15-11 (0.5)	3/25
8		Kamrie DILLAN	#4	York (Neb.)	4.78m	15-8¾ (0.1)	3/25
9		Nevaeh KRULL	#2	Saint Mary (Kan.	4.71m	15-5½ (0.0)	3/23
10		Carissa MARTIN	#2	Saint Mary (Kan.	4.68m	15-4¼ (0.0)	3/23

Women's Triple Jump

1	41	Carissa MARTIN	#2	Saint Mary (Kan.	10.94m	35-10¾ (0.0)	3/23
2	43	Karsen DUNHAM	#9	Bethel (Kan.)	10.89m	35-8¾ (0.0)	3/30
3	44	Aaliyah TARVER	#1	Friends (Kan.)	10.85m	35-7¼ (1.3)	3/30
4	48	Myiah LOGUE	#9	Bethel (Kan.)	10.81m	35-5¾ (0.3)	3/30
5	89	Amani BRADSHER	#1	Friends (Kan.)	10.30m	33-9½ (0.0)	3/30
6		Mary PARKS	#8	Bethany (Kan.)	9.89m	32-5½ (0.1)	3/30
7		Juliet LANE	#3	Ottawa (Kan.)	9.85m	32-3¾ (0.6)	4/7
8		Alexis WOLFE	#10	McPherson (Kan	8.74m	28-8¼ (1.6)	3/30

Women's Shot Put

1	32	Elizabeth STOUT	#7	Kansas Wesleyan	12.45m	40-10¼	4/7
2	49	Laurel BARBER	#3	Ottawa (Kan.)	12.21m	40-¾	4/7
3	56	Candice JONES	#4	York (Neb.)	12.05m	39-6½	3/25
4	61	Nicole HOLADAY	#7	Kansas Wesleyan	12.00m	39-4½	3/30
5	72	Amber DOMINGUEZ	#4	York (Neb.)	11.80m	38-8¾	4/1
6	75	Madison GOOKIN	#4	York (Neb.)	11.77m	38-7½	4/1
7	98	Sasha WASINGER	#6	Tabor (Kan.)	11.42m	37-5¾	3/30
8		Elizabeth ZAIGER	#4	York (Neb.)	10.98m	36-¼	3/25
9		Madison KELLEY	#8	Bethany (Kan.)	10.70m	35-1¼	3/25
10		Ali HOUSE	#6	Tabor (Kan.)	10.49m	34-5	3/30

Women's Discus

1	35	Deja DELAINE	#3	Ottawa (Kan.)	40.95m	134-4	4/7
2	51	Amber DOMINGUEZ	#4	York (Neb.)	38.57m	126-7	3/25
3	75	Jaine JOHNSON	#3	Ottawa (Kan.)	37.17m	122-0	3/23
4	78	Madison GOOKIN	#4	York (Neb.)	37.10m	121-9	4/1
5	85	Saffron JACOBS	#7	Kansas Wesleyan	36.71m	120-5	3/23
6		Hannah SLATE	#12	Sterling (Kan.)	35.57m	116-9	3/25
7		Candice JONES	#4	York (Neb.)	35.48m	116-5	4/1
8		Andelyn JOHNSON	#6	Tabor (Kan.)	33.74m	110-9	3/30
9		Abby GREEN	#1	Friends (Kan.)	32.81m	107-8	3/24
10		Ascha UTTER	#4	York (Neb.)	31.26m	102-7	4/1

Women's Hammer

1	31	Candice JONES	#4	York (Neb.)	46.39m	152-3	4/1
2	32	Madison GOOKIN	#4	York (Neb.)	46.13m	151-4	4/1
3	39	Abby GREEN	#1	Friends (Kan.)	45.42m	149-0	3/30
4	64	Deja DELAINE	#3	Ottawa (Kan.)	42.97m	141-0	3/23
5	72	Amber DOMINGUEZ	#4	York (Neb.)	42.58m	139-9	3/25
6		Sydney RABORN	#3	Ottawa (Kan.)	40.13m	131-8	4/7
7		Nicole HOLADAY	#7	Kansas Wesleyan	39.67m	130-2	3/30
8		Ketura EARL	#5	Southwestern (I	39.20m	128-8	3/25
9		Jaine JOHNSON	#3	Ottawa (Kan.)	38.81m	127-4	3/23
10		Elizabeth STOUT	#7	Kansas Wesleyan	36.91m	121-1	3/23

Women's Javelin

1	3	Laurel BARBER	#3	Ottawa (Kan.)	A:B 44.08m	144-8	3/23
2	8	Taylor CLAUSSEN	#8	Bethany (Kan.)	A:B 42.11m	138-2	3/25
3	55	Konlynn DRUSE	#2	Saint Mary (Kan.	33.93m	111-4	3/23
4	76	Sydney RABORN	#3	Ottawa (Kan.)	32.33m	106-1	3/23
5	82	Gabby MURCHISON	#5	Southwestern (I	31.69m	104-0	3/25
6	86	Brooklyn SLOANE	#7	Kansas Wesleyan	31.52m	103-5	3/23
7	89	Makayla DINKLER	#4	York (Neb.)	31.27m	102-7	3/25
8		Hannah SPLATTSTOESSER	#4	York (Neb.)	28.95m	94-11¾	3/25
9		Lucy DANIEL	#5	Southwestern (I	28.88m	94-9	4/7
10		Andelyn JOHNSON	#6	Tabor (Kan.)	28.12m	92-3¼	3/30



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Midlands

Women's 100 Meters

1	Sonia KHAN	#1	Haskell (Kan.)	13.54	(1.0)	3/25
2	Angelina BRUNER	#1	Haskell (Kan.)	13.96	(1.2)	3/31
3	Maliyah SOTO	#1	Haskell (Kan.)	14.14	(1.0)	3/25
4	Nakooma PELT	#1	Haskell (Kan.)	14.89	(1.0)	3/25

Women's 800 Meters

1	Heidi THOMAS	#1	Haskell (Kan.)	2:39.56		3/31
2	Brianna WHITEHORSE	#1	Haskell (Kan.)	2:48.12		3/31
3	Jayme MORRIS	#1	Haskell (Kan.)	2:52.72		3/31

Women's 1500 Meters

1	Kiara IRON HEART	#1	Haskell (Kan.)	5:07.57		3/31
2	Heidi THOMAS	#1	Haskell (Kan.)	5:49.27		3/25
3	Araya APACHEE	#1	Haskell (Kan.)	6:33.25		3/25

Women's 5000 Meters

1	Tiajhae NEZ	#1	Haskell (Kan.)	20:35.09		3/31
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Women's 4x100 Relay

1	78 Aysa BENALLY, Angelina BRUNER, Sonia KHAN, Maliyah SOTO	#1	Haskell (Kan.)	52.77		3/31
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Women's Long Jump

1	Maliyah SOTO	#1	Haskell (Kan.)	4.45m	14-7¼ (0.3)	3/31
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Women's Shot Put

1	Therann MOORE	#1	Haskell (Kan.)	11.02m	36-2	3/31
2	Haeli STEVENS	#1	Haskell (Kan.)	9.76m	32-¼	3/31

Women's Discus

1	Therann MOORE	#1	Haskell (Kan.)	29.06m	95-4¼	3/25
2	Haeli STEVENS	#1	Haskell (Kan.)	27.80m	91-2½	3/31

Women's Javelin

1	74 Aysa BENALLY	#1	Haskell (Kan.)	32.52m	106-9	3/31
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Conference TFRI Event Summary

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Mid-South

Women's 100 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	11.54	(0.3)	3/31
2	11	Alexia BOYD	#2	Campbellsville (B	11.98w	(3.6)	3/24
3	23	Alana MACK	#3	Cumberland (Te	12.09	(-0.2)	4/7
4	30	Alexia SCHOFIELD	#2	Campbellsville (	12.16w	(2.6)	3/31
5	37	Jamila GARBA	#2	Campbellsville (	12.21w	(2.8)	3/31
6	46	Doris MENSAH	#3	Cumberland (Te	12.29	(-1.3)	4/7
7	75	Kourtlyn CANNON	#2	Campbellsville (	12.53	(1.3)	4/7
8	84	LaAuhnni LEWIS	#2	Campbellsville (	12.58	(0.2)	4/7
9	96	Libby MILLER	#6	Georgetown (Ky	12.63	(1.3)	3/8
10		MaQuoia RAGLAN	#1	Cumberlands (K	12.71	(-1.1)	3/24
10		Ifunanya MUOGHALU	#3	Cumberland (Te	12.71	(1.6)	3/17

Women's 100 Meter Hurdles

1	21	Doris MENSAH	#3	Cumberland (Te B	14.69	(-1.1)	4/7
2	61	Sarah BOLTON	#6	Georgetown (Ky	15.59	(1.9)	3/25
3	95	Makiyah ALLEN	#2	Campbellsville (	16.11	(0.0)	4/7
4	99	Jayden PROFITT	#5	Thomas More (K	16.15	(1.5)	4/1
5		Heaven CARVER	#8	Pikeville (Ky.)	19.00	(0.1)	4/8
6		Mine ISCEN	#4	Lindsey Wilson (	20.14	(0.0)	4/7
7		Jenna TIPTON	#6	Georgetown (Ky	20.35	(1.1)	3/25
8		Ariana SIMMONS	#2	Campbellsville (	20.36	(-0.7)	4/7
9		Amber AVERY	#1	Cumberlands (K	21.76	(-0.7)	4/7
10		Marlena SIPES	#2	Campbellsville (	22.01	(-0.7)	4/7

Women's 200 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	23.58w	(2.4)	3/31
2	6	Alexia SCHOFIELD	#2	Campbellsville (A:B	24.25w	(3.3)	3/24
3	26	Jamila GARBA	#2	Campbellsville (	25.01	(0.0)	4/7
4	29	Alana MACK	#3	Cumberland (Te	25.14	(-0.7)	4/7
5		Kourtlyn CANNON	#2	Campbellsville (	26.07	(0.0)	4/7
6		LaAuhnni LEWIS	#2	Campbellsville (	26.19	(0.0)	4/7
7		KaNiya DOUGLAS	#2	Campbellsville (	26.22	(0.0)	4/7
8		MaQuoia RAGLAN	#1	Cumberlands (K	26.24	(0.6)	3/24
9		Jaci JOHNSON	#2	Campbellsville (	26.31	(0.5)	3/31
10		Kathryn COUCH	#1	Cumberlands (K	26.49	(0.6)	3/24

Women's 400 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	53.83		4/7
2	16	Jamila GARBA	#2	Campbellsville (B	57.15		4/7
3	57	RaMyah SHEFFIELD	#1	Cumberlands (K	59.50		4/7
4	74	Ashley TERRY	#1	Cumberlands (K	1:00.11		4/7
5	77	Kathryn COUCH	#1	Cumberlands (K	1:00.29		4/7
6	79	KaNiya DOUGLAS	#2	Campbellsville (	1:00.36		4/7
7	88	MaQuoia RAGLAN	#1	Cumberlands (K	1:00.48		4/7
8		Victoria YOUNG	#2	Campbellsville (	1:01.00		3/31
9		Bry HENDRY	#5	Thomas More (K	1:01.97		4/1
10		Rebekah CLARK	#6	Georgetown (Ky	1:02.00		4/8

Women's 400 Meter Hurdles

1	12	Doris MENSAH	#3	Cumberland (Te	1:04.73		3/31
2		Grace THAMANN	#5	Thomas More (K	1:14.23		4/1
3		Maddie BITTLE	#3	Cumberland (Te	1:14.24		3/17
4		Makiyah ALLEN	#2	Campbellsville (	1:14.42		4/7
5		Esther BRADSHAW	#6	Georgetown (Ky	1:14.93		4/1
6		Jessica SANDERS	#5	Thomas More (K	1:14.99		4/1
7		Alexis HALE	#4	Lindsey Wilson (	1:15.99		4/7
8		Jenna TIPTON	#6	Georgetown (Ky	1:16.07		4/8
9		Hailee SERVAIS	#3	Cumberland (Te	1:18.94		4/7
10		Makayla ABBOTT	#5	Thomas More (K	1:19.95		3/25

Women's 800 Meters

1	47	Ashley TERRY	#1	Cumberlands (K	2:21.31		4/7
2	59	Ashlyn LIDDLE	#1	Cumberlands (K	2:21.86		4/7
3	61	Elizabeth LUCASON	#1	Cumberlands (K	2:22.03		4/7
4	66	Jessica MUSSELMAN	#9	Freed-Hardema	2:22.34		3/10
5		Ella HENAGE	#1	Cumberlands (K	2:24.86		4/7
6		Olivia RUDDER	#4	Lindsey Wilson (	2:25.38		4/7
7		Sharon JEROP	#3	Cumberland (Te	2:26.58		4/7
8		Chloe WEST	#1	Cumberlands (K	2:28.10		4/7
9		Victoria YOUNG	#2	Campbellsville (	2:28.76		4/7
10		Ashley ALBRINCK	#5	Thomas More (K	2:29.30		4/1

Women's 1500 Meters

1	53	Meredith JOHNSON	#4	Lindsey Wilson (	4:50.01		4/7
2	55	Jozì BROWN	#7	Shawnee State (	4:50.54		3/10
3	57	Elizabeth LUCASON	#1	Cumberlands (K	4:50.65		3/24
4	76	Ashlyn LIDDLE	#1	Cumberlands (K	4:53.45		3/24
5		Jessica MUSSELMAN	#9	Freed-Hardema	4:58.85		4/6
6		Mckenna PANNELL	#7	Shawnee State (	5:01.02		3/10
7		Ashley TERRY	#1	Cumberlands (K	5:03.35		3/24
8		Ella HENAGE	#1	Cumberlands (K	5:04.53		4/7
9		Chloe WEST	#1	Cumberlands (K	5:08.02		4/7
10		Mikella MEDDOCK	#7	Shawnee State (	5:08.43		3/10

Women's Steeplechase

1	12	Elizabeth LUCASON	#1	Cumberlands (K	11:33.84		4/7
2	18	Daniela RIVERA	#3	Cumberland (Te	11:40.30		4/7
3	30	Morgan LUCASON	#1	Cumberlands (K	12:11.19		4/7
4	32	Hailey SHANK	#2	Campbellsville (	12:15.59		4/7
5	40	Elise KRONE	#3	Cumberland (Te	12:31.10		4/7
6	46	Jessica SANDERS	#5	Thomas More (K	12:37.20		4/1
7	55	Andrea DE LA ROSA	#10	Bethel (Tenn.)	12:44.24		3/24
8	56	Alyssa SHARP	#4	Lindsey Wilson (	12:44.50		4/1
9	81	Annabelle WALKER	#4	Lindsey Wilson (	13:28.42		3/25
10		Addison BURCHETT	#9	Freed-Hardema	14:29.81		4/6



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Mid-South

Women's 5000 Meters

1	28	Jozi BROWN	#7	Shawnee State (	17:57.38	3/17
2	50	Mercy KIBIWOTT	#3	Cumberland (Te	18:34.48	3/31
3	62	Christy SHANK	#2	Campbellsville (	18:41.73	4/7
4	75	Victoria RICHARDSON	#1	Cumberlands (K	18:48.53	4/7
5	77	Savannah FAUGHT	#5	Thomas More (K	18:49.84	3/25
6	79	Kirsten GEARY	#6	Georgetown (Ky	18:51.27	4/1
7	88	Kinsey FORGEY	#1	Cumberlands (K	18:57.57	3/17
8	92	Madison GRANT	#9	Freed-Hardema	18:58.85	4/6
9		Elizabeth LUCASON	#1	Cumberlands (K	19:07.21	3/31
10		Abriella OVERHOLSER	#1	Cumberlands (K	19:08.67	3/17

Women's 10,000 Meters

1	6	Jozi BROWN	#7	Shawnee State (A:B	37:04.18	4/7
2	14	Mercy KIBIWOTT	#3	Cumberland (Te B	37:40.22	4/7
3	25	Emma STEFF	#2	Campbellsville (	39:05.49	4/7
4	33	Savannah FAUGHT	#5	Thomas More (K	39:34.10	4/1
5	36	Mikella MEDDOCK	#7	Shawnee State (	39:53.13	4/7
6	38	Nina DAMAN	#2	Campbellsville (	40:12.12	4/7
7	42	Abriella OVERHOLSER	#1	Cumberlands (K	40:25.38	4/7
8	47	Meredith JOHNSON	#4	Lindsey Wilson (	41:16.90	4/1
9	52	Victoria RICHARDSON	#1	Cumberlands (K	41:45.81	3/31
10	55	Deanna HALL	#7	Shawnee State (	41:57.98	4/8

Women's 5000m Race Walk

1	9	Jenna GROGAN	#1	Cumberlands (K	29:02.40	4/7
2	12	Tara TODD	#1	Cumberlands (K	29:40.25	4/7
3	18	Eliza HAGENS	#4	Lindsey Wilson (	31:51.01	4/7
4	19	Isabelle BLATZ	#1	Cumberlands (K	33:09.38	4/7
5	22	Cady SCHOECK	#4	Lindsey Wilson (	34:34.94	4/7

Women's 4x100 Relay

1	6	Kourtlyn CANNON, Jamila GARBA, Alexia SCHOFIELD, Alexia BOYD	#2	Campbellsville (A:B	46.72	4/7
2	8	Judah JACKSON, Alana MACK, Doris MENSAH, Praise IDAMADUDU	#3	Cumberland (TeA:B	47.29	4/7
3	65	Sarah BOLTON, Esther BRADSHAW, Rebekah CLARK, Jalynn LANDVERSICHT	#6	Georgetown (Ky	51.57	3/25
4	80	Grace THAMANN, Bry HENDRY, Makayla ABBOTT, Jayden PROFITT	#5	Thomas More (K	53.12	3/25

Women's 4x400 Relay

1	9	Victoria YOUNG, Jamila GARBA, Alexia SCHOFIELD, KaNiya DOUGLAS	#2	Campbellsville (B	3:56.84	4/7
2	10	RaMyah SHEFFIELD, MaQuoia RAGLAN, Kathryn COUCH, Ashley TERRY	#1	Cumberlands (K	3:57.61	4/7
3	72	Hailee SERVAIS, Sharon JEROP, Maddie BITTLE, Sabrina ANDERSON	#3	Cumberland (Te	4:26.84	3/31
4	76	Bry HENDRY, Grace THAMANN, Ashley AKINS, Caileigh WATERS	#5	Thomas More (K	4:28.76	3/25
5	77	Libby MILLER, Rebekah CLARK, Sarah BOLTON, Esther BRADSHAW	#6	Georgetown (Ky	4:29.06	4/1
6	83	Olivia RUDDER, Jamie MOSES, Laura CUIN-CASIMIRO, Meredith JOHNSON	#4	Lindsey Wilson (	4:34.43	4/1

Women's 4x800 Relay

1	7	Elizabeth LUCASON, Ella HENAGE, Ashlyn LIDDLE, Ashley TERRY	#1	Cumberlands (K	9:42.17	3/24
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Women's High Jump

1	7	Jalynn LANDVERSICHT	#6	Georgetown (Ky B	1.65m	5-5	4/8
2	40	Madison NEARY	#5	Thomas More (K	1.55m	5-1	3/25
2	40	Sarah BOLTON	#6	Georgetown (Ky	1.55m	5-1	3/8
4		Paige NEWBY	#1	Cumberlands (K	1.45m	4-9	4/7
5		Makayla CLARK	#1	Cumberlands (K	1.40m	4-7	3/17
6		Mine ISCEN	#4	Lindsey Wilson (	1.35m	4-5	4/1
7		Amber AVERY	#1	Cumberlands (K	1.30m	4-3½	4/1
8		Ariana SIMMONS	#2	Campbellsville (	1.26m	4-1½	4/7

Women's Pole Vault

1	63	Trinity SHERROD	#1	Cumberlands (K	2.95m	9-8	4/7
2	91	Morgan WEATHERSPOON	#1	Cumberlands (K	2.65m	8-8¼	4/7
3		Amber AVERY	#1	Cumberlands (K	2.35m	7-8½	4/7
4		Ariana SIMMONS	#2	Campbellsville (	2.15m	7-½	4/1



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Mid-South

Women's Long Jump

1	6	Alana MACK	#3	Cumberland (Te A: B	5.76m	18-10¾ (1.0)	3/31
2	8	Luna SENICA	#4	Lindsey Wilson (B	5.72m	18-9¼ (0.0)	4/7
3	9	Nikki RAVELLI	#4	Lindsey Wilson (B	5.70mw	18-8½ (2.5)	4/1
4	11	Blessing SAMUEL	#3	Cumberland (Te B	5.67m	18-7¼ (0.0)	4/7
5	32	Alexia BOYD	#2	Campbellsville (	5.44mw	17-10¼ (3.0)	3/24
6	39	Alexia SCHOFIELD	#2	Campbellsville (	5.38mw	17-8 (2.2)	3/31
7		Sarah BOLTON	#6	Georgetown (Ky	4.83m	15-10¼ (-1.0)	3/8
8		Sharmari VAUGHN	#4	Lindsey Wilson (	4.72m	15-6 (0.0)	4/7
9		N'Dia METCALF	#3	Cumberland (Te	4.70m	15-5 (1.4)	4/7
10		Makayla CLARK	#1	Cumberlands (K	4.34m	14-3 (0.0)	4/7

Women's Triple Jump

1	7	Alana MACK	#3	Cumberland (Te B	11.74mw	38-6¼ (2.1)	4/7
2	9	Alexia SCHOFIELD	#2	Campbellsville (B	11.72m	38-5½ (0.0)	3/24
3	20	Blessing SAMUEL	#3	Cumberland (Te	11.43mw	37-6 (2.4)	3/31
4	25	Alexia BOYD	#2	Campbellsville (	11.26m	36-11½ (1.0)	3/31
5	79	N'Dia METCALF	#3	Cumberland (Te	10.42m	34-2¼ (1.7)	3/31
6		Grace RIDDLE	#3	Cumberland (Te	9.50mw	31-2 (3.5)	4/7
7		Heaven CARVER	#8	Pikeville (Ky.)	8.48m	27-10 (1.9)	4/8

Women's Shot Put

1	3	Daveina WATSON	#3	Cumberland (Te A: B	14.05m	46-1¼	4/7
2	38	Summer TRAVIS	#1	Cumberlands (K	12.35m	40-6¼	3/24
3	97	Maggie BUERGER	#1	Cumberlands (K	11.44m	37-6½	4/7
4		Valerie KENDRICK	#8	Pikeville (Ky.)	11.12m	36-5¾	3/24
5		Delores STEVENSON	#1	Cumberlands (K	11.01m	36-1½	3/24
6		Ricquel WILLIAMS	#2	Campbellsville (	10.50m	34-5½	4/1
7		Verlecia SCARLETT	#8	Pikeville (Ky.)	10.18m	33-4¾	4/8
8		Nikki RAVELLI	#4	Lindsey Wilson (	10.17m	33-4½	4/1
9		Tori FREEMAN	#6	Georgetown (Ky	9.33m	30-7½	4/8
10		Sarah BOLTON	#6	Georgetown (Ky	9.31m	30-6½	3/25

Women's Discus

1	25	Maggie BUERGER	#1	Cumberlands (K	41.98m	137-9	3/24
2	83	Rachel BERWANGER	#5	Thomas More (K	36.84m	120-11	3/25
3	92	Valerie KENDRICK	#8	Pikeville (Ky.)	36.38m	119-4	3/24
4	97	Summer TRAVIS	#1	Cumberlands (K	36.14m	118-7	4/7
5		Delores STEVENSON	#1	Cumberlands (K	32.92m	108-0	3/24
6		Daveina WATSON	#3	Cumberland (Te	32.38m	106-3	3/31
7		Alice BILLINGSLEY	#9	Freed-Hardema	30.87m	101-4	3/10
8		Sophiat OMIZI	#3	Cumberland (Te	30.33m	99-6¼	3/31
9		Tori FREEMAN	#6	Georgetown (Ky	29.04m	95-3½	4/8
10		Brooke COFFMAN	#2	Campbellsville (	28.92m	94-10¾	4/7

Women's Hammer

1	18	Sophiat OMIZI	#3	Cumberland (Te B	49.47m	162-4	4/7
2	35	Verlecia SCARLETT	#8	Pikeville (Ky.)	45.82m	150-4	3/24
3	60	Rachel BERWANGER	#5	Thomas More (K	43.18m	141-8	3/25
4	61	Malorie CARTER	#4	Lindsey Wilson (	43.16m	141-7	4/1
5	93	Summer TRAVIS	#1	Cumberlands (K	40.70m	133-7	3/24
6	97	Delores STEVENSON	#1	Cumberlands (K	40.63m	133-4	3/17
7		Brooke COFFMAN	#2	Campbellsville (	39.71m	130-4	3/24
8		Maggie BUERGER	#1	Cumberlands (K	38.63m	126-9	3/24
9		Ricquel WILLIAMS	#2	Campbellsville (	37.39m	122-8	4/1
10		Emily HUBER	#4	Lindsey Wilson (	34.10m	111-11	4/1

Women's Javelin

1	20	Nikki RAVELLI	#4	Lindsey Wilson (	38.68m	126-11	4/7
2	70	Daveina WATSON	#3	Cumberland (Te	32.78m	107-7	4/7
3	71	Amber AVERY	#1	Cumberlands (K	32.76m	107-6	4/7
4	89	Macie RUSSELL	#2	Campbellsville (	31.27m	102-7	4/7
5		Jalynn LANDVERSICHT	#6	Georgetown (Ky	29.30m	96-1½	4/8
6		Rachel BERWANGER	#5	Thomas More (K	28.91m	94-10¼	4/1
7		Maggie BUERGER	#1	Cumberlands (K	26.30m	86-3½	3/24
8		Summer TRAVIS	#1	Cumberlands (K	24.42m	80-1½	3/24
9		Sophiat OMIZI	#3	Cumberland (Te	24.03m	78-10¼	3/31
10		Emily HUBER	#4	Lindsey Wilson (	22.73m	74-7	4/1

Women's Heptathlon

1	37	Mine ISCEN	#4	Lindsey Wilson (	2,411		4/7
2	39	Marlena SIPES	#2	Campbellsville (	2,022		4/7
3	40	Amber AVERY	#1	Cumberlands (K	1,940		4/7
4	41	Ariana SIMMONS	#2	Campbellsville (	1,762		4/7



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North Star

Women's 100 Meters

1	63	Breanna IHDE	#2	Viterbo (Wis.)	12.40w	(3.7)	4/7
2	79	Lana YEAKEL	#2	Viterbo (Wis.)	12.55	(0.6)	4/7
3		Kyley BARNETT	#1	Dickinson State	13.12c	(13.09A)	0 4/7
4		Grace WILLMS	#4	Iowa Wesleyan	13.28	(1.8)	3/25
5		Grace PEYRON	#2	Viterbo (Wis.)	13.33w	(3.7)	4/7
6		Jocelyn OTT	#1	Dickinson State	13.37c	(13.34A)	0 4/7
7		Lainey TEYNOR	#2	Viterbo (Wis.)	13.43w	(3.4)	4/7
8		Jenna NORGEL	#2	Viterbo (Wis.)	13.75	(-3.7)	4/1
9		Lauren COLE	#2	Viterbo (Wis.)	13.96	(0.1)	4/1
10		Emma SCHOEN	#2	Viterbo (Wis.)	13.97	(0.1)	4/1

Women's 100 Meter Hurdles

1	22	Wrenzi WRZESINSKI	#1	Dickinson State	14.79c	(14.75A)	0 4/7
2	24	Kaitlyn MCCOLLY	#1	Dickinson State	14.84cw	(14.80A)	3 3/31
3	43	Taylor SARGENT	#5	Valley City State	15.25w	(3.3)	3/24
4	62	Emma JOHNSON	#2	Viterbo (Wis.)	15.60w	(2.6)	4/7
5	87	Ashley VERONEN	#2	Viterbo (Wis.)	16.02	(1.2)	4/7
6	96	Shaylee DEBEER	#3	Dakota State (S.)	16.13w	(3.8)	3/24
7		Katya BARANKO	#1	Dickinson State	16.53cw	(16.49A)	2 3/31
8		Mathea JABLONSKY	#5	Valley City State	17.17w	(3.8)	3/24
9		Madelyn KASSULKE	#2	Viterbo (Wis.)	17.64	(1.2)	4/7
10		Adarra HAGLUND	#1	Dickinson State	18.53c	(18.49A)	0 4/7

Women's 200 Meters

1	98	Fane SAUVAKACOLO	#3	Dakota State (S.)	26.06w	(3.5)	4/7
2		Kyley BARNETT	#1	Dickinson State	27.23c	(27.16A)	0 3/31
3		Jewel OLSON	#1	Dickinson State	27.48c	(27.41A)	1 3/31
4		Emily HOWELL	#2	Viterbo (Wis.)	27.57w	(3.5)	4/7
5		Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	28.98	(0.8)	4/1
6		Mathea JABLONSKY	#5	Valley City State	29.23w	(2.5)	3/24
7		Zoi SMITH	#4	Iowa Wesleyan	30.36w	(2.5)	3/25
8		Shakiera GRONENTHAL	#3	Dakota State (S.)	30.88w	(3.2)	3/24
9		Shermaine PRESTON	#4	Iowa Wesleyan	31.21	(2.0)	3/25
10		Kaitlyn CRUZ	#4	Iowa Wesleyan	32.94	(1.1)	3/25

Women's 400 Meters

1	47	Jewel OLSON	#1	Dickinson State	59.01c	(58.90A)	3/31
2		Claudia SCHUNK	#2	Viterbo (Wis.)	1:01.65		4/7
3		Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	1:03.43		4/7
4		Lauren COLE	#2	Viterbo (Wis.)	1:04.86		4/7
5		Brandi PECK	#6	Waldorf (Iowa)	1:05.09		4/7
6		Daniela BENAVIDES	#6	Waldorf (Iowa)	1:05.53		4/7
7		Zoi SMITH	#4	Iowa Wesleyan	1:11.11		3/25
8		Shakiera GRONENTHAL	#3	Dakota State (S.)	1:12.79		3/24

Women's 400 Meter Hurdles

1	5	Wrenzi WRZESINSKI	#1	Dickinson State	1:02.25c	(1:02.14A)	4/7
2	9	Kaitlyn MCCOLLY	#1	Dickinson State	1:03.40c	(1:03.29A)	4/7
3	78	Breanna IHDE	#2	Viterbo (Wis.)	1:10.60		4/7
4	83	Shaylee DEBEER	#3	Dakota State (S.)	1:10.79		3/24
5		Tess DURSCHER	#2	Viterbo (Wis.)	1:12.66		4/7
6		Lainey TEYNOR	#2	Viterbo (Wis.)	1:15.90		4/7
7		Kendra CZERNESKI	#2	Viterbo (Wis.)	1:24.17		4/7
8		Madelyn KASSULKE	#2	Viterbo (Wis.)	1:24.57		4/7

Women's 800 Meters

1		Elizabeth WIDMER	#1	Dickinson State	2:24.82c	(2:25.22A)	4/7
2		Grace TIMM	#1	Dickinson State	2:26.19c	(2:26.60A)	4/7
3		Lindsey ROTH	#3	Dakota State (S.)	2:27.24		4/7
4		Eliza MCKOWN	#6	Waldorf (Iowa)	2:27.26		4/7
5		Caitlin DYER	#3	Dakota State (S.)	2:27.60		4/7
6		Jewel OLSON	#1	Dickinson State	2:29.62c	(2:30.03A)	4/7
7		Lauren TAYLOR	#1	Dickinson State	2:30.81c	(2:31.23A)	4/7
8		Alicia RIVERA CAMARGO	#7	Bellevue (Neb.)	2:31.06		4/7
9		Anya HIRSCH	#2	Viterbo (Wis.)	2:31.29		4/7
10		Madelyn SYLVA	#3	Dakota State (S.)	2:31.80		4/7

Women's 1500 Meters

1	98	Grace TIMM	#1	Dickinson State	4:57.99c	(5:01.35A)	3/31
2		Lindsey ROTH	#3	Dakota State (S.)	5:03.03		4/7
3		Anya HIRSCH	#2	Viterbo (Wis.)	5:04.02		4/7
4		Madelyn SYLVA	#3	Dakota State (S.)	5:07.84		4/7
5		Madison NELSON	#7	Bellevue (Neb.)	5:12.20		4/1
6		Alicia RIVERA CAMARGO	#7	Bellevue (Neb.)	5:12.47		4/7
7		Lauren TAYLOR	#1	Dickinson State	5:13.03c	(5:16.56A)	4/7
8		Vanessa THOMAS	#2	Viterbo (Wis.)	5:20.74		4/1
9		Lilly GARNSEY	#4	Iowa Wesleyan	5:23.87		3/25
10		Jerica MUELLER	#2	Viterbo (Wis.)	5:28.21		4/1

Women's Steeplechase

1	62	Lilly GARNSEY	#4	Iowa Wesleyan	12:51.97		4/7
2	85	Faith YOUNCE	#4	Iowa Wesleyan	13:36.42		4/1
3	98	Allison MORRIS	#4	Iowa Wesleyan	14:17.97		4/1

Women's 5000 Meters

1	83	Madison NELSON	#7	Bellevue (Neb.)	18:53.01		4/7
2		Jasmine BARNES	#5	Valley City State	20:16.03		3/24
3		Jada ANDERSON	#3	Dakota State (S.)	20:34.76		3/24
4		Sarah GRIFFIS	#1	Dickinson State	20:40.41c	(20:56.16A)	4/7
5		Danielle WOOD	#6	Waldorf (Iowa)	21:18.96		4/1
6		Faith YOUNCE	#4	Iowa Wesleyan	21:24.87		4/1
7		Brooke BEUCAIRE	#3	Dakota State (S.)	21:36.84		4/7
8		Allison MORRIS	#4	Iowa Wesleyan	22:35.75		4/7

Women's 10,000 Meters

1	58	Jasmine BARNES	#5	Valley City State	42:24.50		4/7
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Conference TFRI Event Summary

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North Star

Women's 5000m Race Walk

1	10	Faith YOUNCE	#4 Iowa Wesleyan	29:06.61	3/25
2	20	Allison MORRIS	#4 Iowa Wesleyan	33:11.87	3/25

Women's 4x100 Relay

1	22	Lana YEAKEL, Claudia SCHUNK, Ashley VERONEN, Breanna IHDE	#2 Viterbo (Wis.)	48.84	4/7
2	38	Kyley BARNETT, Kaitlyn MCCOLLY, Wrenzi WRZESINSKI, Jocelyn OTT	#1 Dickinson State	49.45c (49.33A)	4/7

Women's 4x400 Relay

1	24	Wrenzi WRZESINSKI, Kaitlyn MCCOLLY, Jewel OLSON, Kyley BARNETT	#1 Dickinson State	4:04.85c (4:04.41A)	3/31
2	51	Catherine CLARKE- ASHFORD, Charlize SALGADO, Alazey MISHLEAU, Eliza MCKOWN	#6 Waldorf (Iowa)	4:16.68	4/7
3	82	Lindsey ROTH, Saddie PALMQUIST, Brooke BEAUCAIRE, Madelyn SYLVA	#3 Dakota State (S.	4:33.81	3/24

Women's 4x800 Relay

1	20	Lilly GARNSEY, Zoi SMITH, Faith YOUNCE, Emily GEHRING	#4 Iowa Wesleyan	11:54.24	3/25
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Women's High Jump

1	7	Adarra HAGLUND	#1 Dickinson State	B 1.65m	5-5	4/7
2	40	Alazey MISHLEAU	#6 Waldorf (Iowa)	1.55m	5-1	4/7
2	40	Miranda KENDALL	#2 Viterbo (Wis.)	1.55m	5-1	4/1
4	67	Alexie STEPHANI	#2 Viterbo (Wis.)	1.50m	4-11	4/1
4	67	Ashley VERONEN	#2 Viterbo (Wis.)	1.50m	4-11	4/1
4	67	Lahna MATUCHA	#3 Dakota State (S.	1.50m	4-11	3/24
7	91	Lauren COLE	#2 Viterbo (Wis.)	1.48m	4-10 $\frac{1}{4}$	4/7
8	96	Abbey GRANBOIS	#1 Dickinson State	1.47m	4-9 $\frac{3}{4}$	3/31
8	96	Katya BARANKO	#1 Dickinson State	1.47m	4-9 $\frac{3}{4}$	3/31
10		Kaitlyn MCCOLLY	#1 Dickinson State	1.46m	4-9 $\frac{1}{2}$	4/7

Women's Pole Vault

1	8	Madison WAHL	#1 Dickinson State	A: B 3.66m	12-0	4/7
2	12	Bailey NUUTINEN	#2 Viterbo (Wis.)	B 3.55m	11-7 $\frac{3}{4}$	4/7
3	21	Cassidy JORENSEN	#1 Dickinson State	3.40m	11-1 $\frac{3}{4}$	3/31
4	28	Emma JOHNSON	#2 Viterbo (Wis.)	3.30m	10-9 $\frac{3}{4}$	4/1
5	46	Tess DURSCHER	#2 Viterbo (Wis.)	3.15m	10-4	4/1
6	61	Emily HOWELL	#2 Viterbo (Wis.)	3.00m	9-10	4/1
7	63	Olivia WINGO	#2 Viterbo (Wis.)	2.95m	9-8	4/7
8	79	Gabriella GESZVAIN	#2 Viterbo (Wis.)	2.80m	9-2 $\frac{1}{4}$	4/7
9		Zoi SMITH	#4 Iowa Wesleyan	2.15m	7- $\frac{1}{2}$	4/7
10		Michelle CHAVEZ ESCALERA	#2 Viterbo (Wis.)	2.10m	6-10 $\frac{3}{4}$	4/7

Women's Long Jump

1	28	Lana YEAKEL	#2 Viterbo (Wis.)	5.46mw	17-11 (3.9)	4/1
2	43	Jocelyn OTT	#1 Dickinson State	5.36m	17-7 (-0.8)	4/7
3	61	Grace PEYRON	#2 Viterbo (Wis.)	5.28m	17-4 (0.6)	4/1
4	71	Kaitlyn MCCOLLY	#1 Dickinson State	5.24mw	17-2 $\frac{1}{4}$ (3.1)	3/31
5		Katya BARANKO	#1 Dickinson State	4.87m	15-11 $\frac{3}{4}$ (0)	4/7
6		Taylor SARGENT	#5 Valley City State	4.79m	15-8 $\frac{3}{4}$ (1.8)	3/24
7		Carson QUIGLEY	#3 Dakota State (S.	4.68m	15-4 $\frac{1}{4}$ (0.8)	3/24
8		Shermaine PRESTON	#4 Iowa Wesleyan	4.42m	14-6 (-0.2)	3/25
9		Zoi SMITH	#4 Iowa Wesleyan	3.60m	11-9 $\frac{3}{4}$ (0.0)	4/7

Women's Triple Jump

1	81	Alexie STEPHANI	#2 Viterbo (Wis.)	10.39mw	34-1 $\frac{1}{4}$ (2.5)	4/1
2	82	Jocelyn OTT	#1 Dickinson State	10.38m	34- $\frac{3}{4}$ (-0.1)	4/7
3		Adarra HAGLUND	#1 Dickinson State	9.84m	32-3 $\frac{1}{2}$ (1.9)	4/7
4		Carson QUIGLEY	#3 Dakota State (S.	9.65mw	31-8 (3.0)	3/24
4		Alyssa ANDRESS	#1 Dickinson State	9.65m	31-8 (0.7)	4/7
6		Tinley PIERSON	#1 Dickinson State	9.55m	31-4 (1.9)	3/31
7		Taylor MUNDFROM	#1 Dickinson State	9.13mw	29-11 $\frac{1}{2}$ (2)	4/7

Women's Shot Put

1	5	Kori NAGEL	#1 Dickinson State	A: B 13.85m	45-5 $\frac{1}{4}$	3/31
2	19	Brianna HUNTER	#4 Iowa Wesleyan	12.81m	42- $\frac{1}{2}$	3/25
3	31	Traia HUBBARD	#3 Dakota State (S.	12.49m	40-11 $\frac{3}{4}$	4/7
4	47	Sadie HANSEN	#5 Valley City State	12.25m	40-2 $\frac{1}{4}$	4/7
5	62	Kelsee CUMMINGS	#1 Dickinson State	11.97m	39-3 $\frac{1}{4}$	4/7
6	77	Bella MAXWELL	#3 Dakota State (S.	11.74m	38-6 $\frac{1}{4}$	4/7
7	90	Oliviya THORNTON	#3 Dakota State (S.	11.58m	38-0	4/7
8		Kiana MILLER	#1 Dickinson State	11.17m	36-7 $\frac{3}{4}$	4/7
9		Gabby PEITZMEIER	#3 Dakota State (S.	10.99m	36- $\frac{3}{4}$	3/24
10		Jade AZURE	#5 Valley City State	10.61m	34-9 $\frac{3}{4}$	3/24

Women's Discus

1	2	Kori NAGEL	#1 Dickinson State	A: B 46.03m	151-0	3/31
2	13	Traia HUBBARD	#3 Dakota State (S. B	43.01m	141-2	4/7
3	32	Payton DRYDEN	#2 Viterbo (Wis.)	41.13m	134-11	4/7
4	51	Jade AZURE	#5 Valley City State	38.57m	126-7	3/24
5	63	Kendra ODEGARD	#5 Valley City State	37.89m	124-4	3/24
6	70	Maria DADE	#2 Viterbo (Wis.)	37.49m	123-0	4/7
7	82	Gabby PEITZMEIER	#3 Dakota State (S.	37.03m	121-6	4/7
8	LE+0:	Bailey HOFAND	#1 Dickinson State	35.97m	118-0	4/7
9		Brianna HUNTER	#4 Iowa Wesleyan	34.50m	113-2	4/7
10		Britni PLUCKER	#3 Dakota State (S.	34.35m	112-9	4/7



Conference TFRI Event Summary

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North Star

Women's Hammer

1	16	Tori NYGARD	#1	Dickinson State B	49.70m	163-1	4/7
2	17	Kori NAGEL	#1	Dickinson State B	49.52m	162-6	4/7
3	54	Oliviyah THORNTON	#3	Dakota State (S.	43.85m	143-11	4/7
4	69	Kelsee CUMMINGS	#1	Dickinson State	42.72m	140-2	4/7
5	75	Britni PLUCKER	#3	Dakota State (S.	42.28m	138-9	4/7
6	81	Payton DRYDEN	#2	Viterbo (Wis.)	41.64m	136-8	4/1
7	97	Traia HUBBARD	#3	Dakota State (S.	40.63m	133-4	4/7
8		Jade AZURE	#5	Valley City State	40.35m	132-5	3/24
9		Gabby PEITZMEIER	#3	Dakota State (S.	40.24m	132-0	4/7
10		Bella MAXWELL	#3	Dakota State (S.	39.80m	130-7	3/24

Women's Javelin

1	10	Kendra ODEGARD	#5	Valley City State A:B	41.58m	136-5	3/24
2	50	Alyssa ANDRESS	#1	Dickinson State	34.50m	113-2	3/31
3	52	Kiana MILLER	#1	Dickinson State	34.08m	111-10	3/31
4	64	Tori NYGARD	#1	Dickinson State	33.17m	108-10	4/7
5	84	Gabby PEITZMEIER	#3	Dakota State (S.	31.60m	103-8	4/7
6		Katya BARANKO	#1	Dickinson State	29.60m	97-1½	4/7
7		Kaitlyn MCCOLLY	#1	Dickinson State	29.35m	96-3½	4/7
8		Irakunda APOLINA	#4	Iowa Wesleyan	27.34m	89-8½	3/25
9		Callie KIEFER	#2	Viterbo (Wis.)	24.99m	82-0	4/7
10		Lexi OLSON	#3	Dakota State (S.	24.95m	81-10¼	4/7



Conference TFRI Event Summary

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PBC

Women's 100 Meters

1	52	Maisonne JONES	#1	USC Beaufort (S	12.34w	(3.2)	3/30
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Women's 100 Meter Hurdles

1	62	LeeAisha FORD	#1	USC Beaufort (S	15.60w	(2.3)	3/30
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2		De'Andra BROWN	#1	USC Beaufort (S	16.90w	(2.7)	3/30
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Women's 200 Meters

1		LeeAisha FORD	#1	USC Beaufort (S	26.60	(1.0)	3/30
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2		De'Andra BROWN	#1	USC Beaufort (S	28.24	(0.3)	3/24
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Women's 400 Meters

1		LeeAisha FORD	#1	USC Beaufort (S	1:06.78		3/24
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Women's 400 Meter Hurdles

1		LeeAisha FORD	#1	USC Beaufort (S	1:29.98		3/30
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Women's 1500 Meters

1		Riley EDWARDS	#1	USC Beaufort (S	6:03.05		3/30
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Women's Long Jump

1	2	Maisonne JONES	#1	USC Beaufort (SA:B	5.84m	19-2 (-2.5)	3/24
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2		De'Andra BROWN	#1	USC Beaufort (S	4.72m	15-6 (-2.0)	3/30
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3		Algeria SCOTT	#1	USC Beaufort (S	4.24m	13-11 (1.6)	3/30
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4		Aniah WRIGHT	#1	USC Beaufort (S	3.89m	12-9¼ (-2)	3/30
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Women's Triple Jump

1	63	De'Andra BROWN	#1	USC Beaufort (S	10.61m	34-9¾ (0.1)	3/30
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Women's Shot Put

1		Sophia STALFORD	#1	USC Beaufort (S	8.36m	27-5¼	3/24
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Women's Discus

1		Sophia STALFORD	#1	USC Beaufort (S	25.20m	82-8¼	3/24
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Women's Hammer

1		Allayah BRYAN	#1	USC Beaufort (S	32.70m	107-4	3/30
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2		Sophia STALFORD	#1	USC Beaufort (S	20.79m	68-2½	3/24
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Women's Javelin

1		Allayah BRYAN	#1	USC Beaufort (S	23.28m	76-4½	3/30
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2		Sophia STALFORD	#1	USC Beaufort (S	18.16m	59-7	3/24
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Conference TFRI Event Summary

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Red River

Women's 100 Meters

1	13	Kynneddy TURNER	#1	Xavier (La.)	12.01w	(2.2)	3/31
2	24	Kiana KEBBI	#2	Our Lady of the I	12.10w	(3.1)	3/29
3	37	Darnee WILLIAMS	#5	Wiley (Texas)	12.21	(0.7)	3/17
4	40	Kiana JOHNSON	#3	Jarvis Christian	12.24	(2.0)	4/6
5	52	Larrisa MCHENRY	#2	Our Lady of the I	12.34	(0.3)	3/24
6	57	Christina GREEN	#4	Huston-Tillotson	12.37	(0.8)	3/29
7	70	Ariel FORD	#1	Xavier (La.)	12.48w	(3.3)	4/8
8		Alondra TOLEDO	#2	Our Lady of the I	12.81	(0.3)	3/24
9		Tennille FRENCH	#3	Jarvis Christian	12.82	(1.6)	3/31
10		Tamara BEASLEY	#3	Jarvis Christian	13.10	(1.6)	4/6

Women's 100 Meter Hurdles

1	4	Emerald CARTER	#1	Xavier (La.)	A:B 13.99	(1.2)	4/8
2	27	Jade HARRIS	#1	Xavier (La.)	14.85	(0.8)	4/8
3	34	Kyla COLEMAN	#1	Xavier (La.)	15.06	(2.0)	3/31
4		Katie TODORA	#2	Our Lady of the I	16.38	(-0.5)	3/24
4		Kayla JACKSON	#1	Xavier (La.)	16.38	(0.8)	4/8

Women's 200 Meters

1	10	Kynneddy TURNER	#1	Xavier (La.)	A:B 24.57w	(2.3)	4/8
2	24	Kiana KEBBI	#2	Our Lady of the I	24.96	(0.6)	3/24
3	42	Darnee WILLIAMS	#5	Wiley (Texas)	25.40w	(2.2)	3/17
4	59	Garlanesha HICKMAN-GILBERT	#3	Jarvis Christian	25.78w	(3.2)	4/6
5	64	Larrisa MCHENRY	#2	Our Lady of the I	25.80	(0.4)	3/24
6	68	Ariel FORD	#1	Xavier (La.)	25.83w	(2.3)	4/8
7	72	Kiana JOHNSON	#3	Jarvis Christian	25.86	(-0.2)	3/31
8		Tennille FRENCH	#3	Jarvis Christian	26.23w	(3.2)	4/6
9		Darryan HORTON	#1	Xavier (La.)	26.28w	(2.1)	3/17
10		Christina GREEN	#4	Huston-Tillotson	26.48	(0.8)	3/17

Women's 400 Meters

1	33	Jaymee YELTON	#4	Huston-Tillotson	58.10		3/24
2	41	Autumn ROBERTS	#2	Our Lady of the I	58.56		3/24
3	58	Vanessa OLADAPO	#1	Xavier (La.)	59.55		3/31
4	60	Fedjine BELL	#1	Xavier (La.)	59.58		4/8
5	66	Darryan HORTON	#1	Xavier (La.)	59.80		3/31
6		Brianna PANTOJA	#2	Our Lady of the I	1:00.96		3/3
7		Hannah STOUTMIRE	#1	Xavier (La.)	1:01.35		3/17
8		Shakayla CARTER	#5	Wiley (Texas)	1:01.61		3/17
9		Laci CAMPBELL	#3	Jarvis Christian	1:02.61		3/31
10		Garlanesha HICKMAN-GILBERT	#3	Jarvis Christian	1:02.93		3/31

Women's 400 Meter Hurdles

1	38	Emerald CARTER	#1	Xavier (La.)	1:07.58		4/8
2	96	Kyla COLEMAN	#1	Xavier (La.)	1:12.04		3/31
3		Mariah WATTS	#2	Our Lady of the I	1:13.28		3/24
4		Katie TODORA	#2	Our Lady of the I	1:13.42		3/24
5		Kayla JACKSON	#1	Xavier (La.)	1:14.38		3/31
6		Jade HARRIS	#1	Xavier (La.)	1:15.61		3/17

Women's 800 Meters

1	8	Skylah BARTON	#1	Xavier (La.)	B 2:15.21		4/8
2	24	Deandra IBARRA	#2	Our Lady of the I	2:18.69		3/24
3	31	Kennedy VILLALPANDO	#2	Our Lady of the I	2:19.80		3/24
4	86	Jaymee YELTON	#4	Huston-Tillotson	2:23.69		3/17
5		Viridiana ZUNIGA	#2	Our Lady of the I	2:27.28		3/24
6		Brianna PANTOJA	#2	Our Lady of the I	2:31.02		3/24
7		Mia CUIEL	#2	Our Lady of the I	2:31.56		3/24
8		Alexandria SEGURA	#2	Our Lady of the I	2:32.54		3/24
9		Robbie ESPERICUETA	#2	Our Lady of the I	2:32.96		3/24
10		Leilani LEZA	#2	Our Lady of the I	2:35.94		3/24

Women's 1500 Meters

1	73	Deandra IBARRA	#2	Our Lady of the I	4:52.86		3/17
2		Skylah BARTON	#1	Xavier (La.)	5:01.69		4/8
3		Kennedy VILLALPANDO	#2	Our Lady of the I	5:13.52		3/30
4		Leilani LEZA	#2	Our Lady of the I	5:15.86		3/3
5		Robbie ESPERICUETA	#2	Our Lady of the I	5:16.65		3/30
6		Viridiana ZUNIGA	#2	Our Lady of the I	5:16.81		3/3
7		Sierra RAMIREZ	#2	Our Lady of the I	5:20.91		3/3
8		Mia CUIEL	#2	Our Lady of the I	5:21.48		3/3
9		Liliana HERNANDEZ	#2	Our Lady of the I	5:25.42		3/3
10		Lindsey BROUSSARD	#2	Our Lady of the I	5:29.19		3/24

Women's Steeplechase

1	80	Viridiana ZUNIGA	#2	Our Lady of the I	13:23.04		3/24
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Women's 5000 Meters

1		Lindsey BROUSSARD	#2	Our Lady of the I	21:23.38		3/17
2		Amber PARKS	#1	Xavier (La.)	22:39.94		4/8
3		Fatima ORTEGA	#5	Wiley (Texas)	25:58.78		3/30

Women's 4x100 Relay

1	11	Emerald CARTER, DaNya HORNE, Kynneddy TURNER, Ariel FORD	#1	Xavier (La.)	A:B 47.43		4/8
2	13	https://www.tfrrs.org/teams/66848	#2	Our Lady of the I	A:B 47.73		3/29
3	24	Tamara BEASLEY, Laci CAMPBELL, Tennille FRENCH, Kiana JOHNSON	#3	Jarvis Christian	48.88		4/6



Conference TFRI Event Summary

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Red River

Women's 4x400 Relay

1	14	Emerald CARTER, Darryan HORTON, Kyrsten TURNER, Hannah STOUTMIRE	#1	Xavier (La.)	3:59.78	3/31
2	18	Alondra TOLEDO, Kiana KEBBI, Autumn ROBERTS, Larrisa MCHENRY	#2	Our Lady of the I	4:01.43	3/29
3	44	Shakayla CARTER, Meeyesha TUTT- MOOTOUO, Jean marie FARINHA, Darnee WILLIAMS	#5	Wiley (Texas)	4:14.77	3/24

Women's Long Jump

1	39	Meeyesha TUTT- MOOTOUO	#5	Wiley (Texas)	5.38m	17-8 (2.0)	3/24
2	95	Darnee WILLIAMS	#5	Wiley (Texas)	5.14m	16-10½ (1.8)	3/24
3		Tristan WHEELER	#3	Jarvis Christian	5.05m	16-7 (0.3)	4/6
4		Olevia BROWN	#1	Xavier (La.)	4.98m	16-4¼ (1.8)	3/17
5		A'Blessin WILSON	#1	Xavier (La.)	4.88m	16-¼ (0.8)	4/8
6		Zoe CORDOVA	#1	Xavier (La.)	4.87mw	15-11¾ (2.3)	3/17
7		Makhayla PARKER	#2	Our Lady of the I	4.85mw	15-11 (3.1)	3/24
8		Savannah CASSIANO	#2	Our Lady of the I	4.51mw	14-9¾ (3.1)	3/24

Women's Triple Jump

1	35	Zoe CORDOVA	#1	Xavier (La.)	11.05m	36-3 (0.7)	3/31
2		A'Blessin WILSON	#1	Xavier (La.)	10.03mw	32-11 (2.5)	3/31

Women's Shot Put

1	93	Keshuna BYRD	#3	Jarvis Christian	11.53m	37-10	4/6
2		Elise ADAMS	#1	Xavier (La.)	10.50m	34-5½	3/17
3		Kayla GANT	#1	Xavier (La.)	10.16m	33-4	4/8
4		Assata BAILEY	#4	Huston-Tillotson	9.07m	29-9¼	3/24
5		Kelise CHRISTOPHER	#4	Huston-Tillotson	8.99m	29-6	3/17
6		Akasha CHAPMAN	#4	Huston-Tillotson	8.73m	28-7¾	3/24
7		Krishnaun CLARK	#3	Jarvis Christian	8.33m	27-4	3/4
8		Alyssa FULTON	#5	Wiley (Texas)	8.30m	27-2¾	3/17
9		Victoria SWEENEY	#2	Our Lady of the I	6.39m	20-11¾	3/3

Women's Discus

1	44	Keshuna BYRD	#3	Jarvis Christian	39.54m	129-9	3/31
2	67	DaNya HORNE	#1	Xavier (La.)	37.65m	123-6	4/8
3		Elise ADAMS	#1	Xavier (La.)	35.67m	117-1	4/8
4		Krishnaun CLARK	#3	Jarvis Christian	29.41m	96-6	3/31
5		Assata BAILEY	#4	Huston-Tillotson	27.66m	90-9	3/24
6		Kayla GANT	#1	Xavier (La.)	24.33m	79-10	4/8
7		Akasha CHAPMAN	#4	Huston-Tillotson	20.78m	68-2¼	3/24

Women's Hammer

1		DaNya HORNE	#1	Xavier (La.)	37.42m	122-9	3/31
2		Assata BAILEY	#4	Huston-Tillotson	32.18m	105-7	3/24
3		Elise ADAMS	#1	Xavier (La.)	31.85m	104-6	4/8
4		Kelise CHRISTOPHER	#4	Huston-Tillotson	30.41m	99-9¼	3/17
5		Akasha CHAPMAN	#4	Huston-Tillotson	27.66m	90-9	3/24
6		Kayla GANT	#1	Xavier (La.)	25.33m	83-1¼	4/8
7		Octavia MCDOUGLE	#1	Xavier (La.)	17.63m	57-10¼	3/31
8		Natalie BRYANT	#3	Jarvis Christian	16.02m	52-6¾	4/6

Women's Javelin

1		A'Blessin WILSON	#1	Xavier (La.)	30.23m	99-2¼	3/31
2		Kelise CHRISTOPHER	#4	Huston-Tillotson	27.45m	90-¾	3/17
3		Victoria SWEENEY	#2	Our Lady of the I	26.82m	88-0	3/30
4		Keshuna BYRD	#3	Jarvis Christian	23.20m	76-1½	3/31
5		Elise ADAMS	#1	Xavier (La.)	20.56m	67-5½	3/31
6		Assata BAILEY	#4	Huston-Tillotson	20.41m	66-11½	3/24
7		Octavia MCDOUGLE	#1	Xavier (La.)	17.14m	56-2¾	3/31
8		Kyla COLEMAN	#1	Xavier (La.)	16.02m	52-6¾	3/31
9		DaNya HORNE	#1	Xavier (La.)	15.95m	52-4	3/31
10		Akasha CHAPMAN	#4	Huston-Tillotson	15.73m	51-7¼	3/24



Conference TFRI Event Summary

as of 4/10/2023 11:48:38 AM

Region XVI

Women's 200 Meters

1	Hannah HAYDUK	#1	Cottey (Mo.)	28.22	(0.6)	3/31
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Women's 800 Meters

1	81 Madalenn FEE	#1	Cottey (Mo.)	2:23.18		3/25
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2	Hannah HAYDUK	#1	Cottey (Mo.)	2:26.76		3/31
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3	Mikaela FABEY	#1	Cottey (Mo.)	2:35.34		3/31
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4	Kyndal SOUKUP	#1	Cottey (Mo.)	2:47.51		3/31
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5	Taylor RECHENMACHER	#1	Cottey (Mo.)	2:54.87		3/25
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6	Katie WRIGHT	#1	Cottey (Mo.)	3:01.11		3/31
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Women's 1500 Meters

1	Madalenn FEE	#1	Cottey (Mo.)	5:01.08		3/31
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2	Kiana GARCIA	#1	Cottey (Mo.)	5:35.20		3/25
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3	Kyndal SOUKUP	#1	Cottey (Mo.)	5:59.07		3/25
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Women's 5000 Meters

1	Taylor RECHENMACHER	#1	Cottey (Mo.)	22:25.63		3/31
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Women's 4x400 Relay

1	91 Kiana GARCIA, Joan NASARA, Mikaela FABEY, Hannah HAYDUK	#1	Cottey (Mo.)	4:46.17		3/25
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Women's 4x800 Relay

1	19 Mikaela FABEY, Kiana GARCIA, Tessa FEAZEL, Hannah HAYDUK	#1	Cottey (Mo.)	11:29.99		3/25
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Women's Long Jump

1	Madalenn FEE	#1	Cottey (Mo.)	4.81m	15-9½ (1.7)	3/31
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Conference TFRI Event Summary

as of 4/10/2023 11:48:38 AM

River States

Women's 100 Meters

1	Mya GRESCHNER	#4	Carlow (Pa.)	12.67	(-1.3)	4/5
2	Savannah LEWIS	#2	Saint Mary-of-th	12.73w	(2.6)	3/31
3	Abigail BURGETT	#8	Brescia (Ky.)	12.87	(1.3)	4/7
4	Hope MCGUIRE	#2	Saint Mary-of-th	12.88w	(2.9)	3/31
5	Nevaeh BROWN	#6	Midway (Ky.)	12.94	(1.0)	4/7
6	Keri LECHNER	#4	Carlow (Pa.)	13.05	(-1.3)	4/5
7	Emma PAVELEK	#1	Point Park (Pa.)	13.14	(-1.3)	4/5
7	Tamera ENGLISH	#9	Oakland City (In	13.14	(1.2)	3/16
9	Paris DEBORD	#3	Rio Grande (Ohio	13.17	(1.5)	3/17
9	Natalea HILLEN	#1	Point Park (Pa.)	13.17	(-0.8)	4/8

Women's 100 Meter Hurdles

1	39 Makala PFEFFERKORN	#5	IU Kokomo (Ind.)	15.15w	(2.1)	3/16
2	44 Natalea HILLEN	#1	Point Park (Pa.)	15.26	(0.4)	4/8
3	76 Keri LECHNER	#4	Carlow (Pa.)	15.83	(-0.8)	4/5
4	80 Lara SKAGGS	#2	Saint Mary-of-th	15.90	(2.0)	4/8
5	90 Cassidy VOGT	#3	Rio Grande (Ohio	16.07	(-0.7)	4/7
6	Lauren JOLLY	#3	Rio Grande (Ohio	16.36	(1.4)	3/17
7	Jada SAUNDERS	#8	Brescia (Ky.)	16.45	(-1.2)	3/24
8	Ashanti FEARON	#1	Point Park (Pa.)	16.96	(-1.1)	4/5
9	Anna EISAMAN	#1	Point Park (Pa.)	17.26	(-1.1)	4/5
10	Hannah BOND	#1	Point Park (Pa.)	17.38	(-1.1)	4/5

Women's 200 Meters

1	58 Mya GRESCHNER	#4	Carlow (Pa.)	25.77	(-0.3)	4/5
2	Natalea HILLEN	#1	Point Park (Pa.)	26.33	(-0.3)	4/5
3	Lauren JOLLY	#3	Rio Grande (Ohio	26.46w	(2.4)	3/17
4	Nevaeh BROWN	#6	Midway (Ky.)	26.67	(0.0)	4/7
5	Jordan YANIGA	#1	Point Park (Pa.)	26.74	(-0.8)	4/5
6	Savannah LEWIS	#2	Saint Mary-of-th	26.78	(0.5)	3/31
7	Hope MCGUIRE	#2	Saint Mary-of-th	26.80	(0.5)	3/31
8	Abigail BURGETT	#8	Brescia (Ky.)	26.91	(0.0)	4/7
9	Keri LECHNER	#4	Carlow (Pa.)	26.93	(-0.8)	4/5
10	RaKeya ELLSBERRY	#1	Point Park (Pa.)	26.96	(0.1)	4/5

Women's 400 Meters

1	75 Jayden ROACH	#3	Rio Grande (Ohio	1:00.12		3/17
2	Natalea HILLEN	#1	Point Park (Pa.)	1:01.04		4/5
3	Jordan YANIGA	#1	Point Park (Pa.)	1:01.58		3/24
4	Alyssa DINGUS	#3	Rio Grande (Ohio	1:02.25		3/17
5	Autumn BOYLES	#6	Midway (Ky.)	1:02.29		4/1
6	Makayla RICE	#1	Point Park (Pa.)	1:03.52		4/8
7	Chloe LOVETT	#3	Rio Grande (Ohio	1:03.77		3/17
8	RaKeya ELLSBERRY	#1	Point Park (Pa.)	1:04.79		4/5
9	Rayya LEE	#9	Oakland City (In	1:05.21		3/16
10	Makayla BROOKS	#6	Midway (Ky.)	1:05.84		4/7

Women's 400 Meter Hurdles

1	22 Natalea HILLEN	#1	Point Park (Pa.)	1:05.95		4/8
2	93 Rayya LEE	#9	Oakland City (In	1:11.72		3/16
3	97 Luchama LUBIN	#1	Point Park (Pa.)	1:12.18		4/8
4	Evelyn MORALES	#2	Saint Mary-of-th	1:12.72		3/31
5	Sarah CECIL	#11	Alice Lloyd (Ky.)	1:15.08		4/7
6	Hannah BOND	#1	Point Park (Pa.)	1:15.32		3/24
7	Ashanti FEARON	#1	Point Park (Pa.)	1:15.54		4/8
8	Anna EISAMAN	#1	Point Park (Pa.)	1:16.86		4/8
9	Gabrielle CATON	#6	Midway (Ky.)	1:17.68		4/7
10	Carmen CAMINO	#10	WVU Tech	1:18.81		3/10

Women's 800 Meters

1	39 Carlijn DE BIE	#1	Point Park (Pa.)	2:20.37		3/24
2	80 Alyssa CAMPBELL	#1	Point Park (Pa.)	2:23.14		4/8
3	Leslie SPRANKLES	#5	IU Kokomo (Ind.)	2:25.28		4/1
4	Abbigael COYLE	#2	Saint Mary-of-th	2:25.59		4/8
5	Allison PLASSIO	#1	Point Park (Pa.)	2:26.68		4/8
6	Casey PFEFFERKORN	#5	IU Kokomo (Ind.)	2:26.78		4/1
7	Trinity SMITH	#6	Midway (Ky.)	2:28.35		4/7
8	Ella CLOAK	#4	Carlow (Pa.)	2:33.38		3/24
9	Hannah BEST	#7	IU East (Ind.)	2:34.17		3/24
10	Jayden ROACH	#3	Rio Grande (Ohio	2:35.02		3/25

Women's 1500 Meters

1	18 Alyssa CAMPBELL	#1	Point Park (Pa.)	4:43.29		4/8
2	72 Allison PLASSIO	#1	Point Park (Pa.)	4:52.61		4/8
3	Carlijn DE BIE	#1	Point Park (Pa.)	4:59.86		3/16
4	Casey PFEFFERKORN	#5	IU Kokomo (Ind.)	5:01.70		4/1
5	Leslie SPRANKLES	#5	IU Kokomo (Ind.)	5:05.74		4/1
6	Carmen CAMINO	#10	WVU Tech	5:05.75		4/8
7	Trinity SMITH	#6	Midway (Ky.)	5:15.60		4/1
8	Abby PAGE	#7	IU East (Ind.)	5:16.28		4/7
9	Kiyara SAWYERS	#1	Point Park (Pa.)	5:24.20		3/24
10	Carmela SHORKEY	#8	Brescia (Ky.)	5:25.50		3/24

Women's Steeplechase

1	11 Carmen CAMINO	#10	WVU Tech	11:33.63		3/24
2	70 Emily TRUAX	#2	Saint Mary-of-th	13:00.00		4/8
3	73 Maddy WOLF	#7	IU East (Ind.)	13:03.58		4/7
4	97 Abby CUNNINGHAM	#6	Midway (Ky.)	14:12.35		4/1

Women's 5000 Meters

1	7 Breanna ALDERTON	#8	Brescia (Ky.)	17:07.01		4/7
2	20 Alyssa CAMPBELL	#1	Point Park (Pa.)	17:42.02		3/24
3	81 Allison PLASSIO	#1	Point Park (Pa.)	18:52.20		3/24
4	Kayla CORYEA	#2	Saint Mary-of-th	19:40.10		3/31
5	Natalia ZUCCO	#1	Point Park (Pa.)	20:02.28		4/8
6	Emily TRUAX	#2	Saint Mary-of-th	20:15.34		3/31
7	Savannah HART	#7	IU East (Ind.)	20:20.90		3/24
8	April CHRISMAN	#5	IU Kokomo (Ind.)	20:36.56		3/24
9	Isabelle ALTIC	#5	IU Kokomo (Ind.)	20:42.52		3/24
10	Julia ARRUDA	#7	IU East (Ind.)	20:51.70		4/7



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River States

Women's 10,000 Meters

1	35	Kayla CORYEA	#2 Saint Mary-of-th	39:43.30	4/7
2	56	Quinlan TEAGUE	#2 Saint Mary-of-th	42:01.78	4/7
3	83	Trinity SMITH	#6 Midway (Ky.)	45:12.20	3/25

Women's 5000m Race Walk

1	24	Natalie BRAMMER	#3 Rio Grande (Ohio)	34:55.42	4/7
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Women's 4x100 Relay

1	31	https://www.tfrrs.org/teams/11269	#1 Point Park (Pa.)	49.23	4/5
2	41	Alyssa WINTERSTEIN, Savannah LEWIS, Evelyn MORALES, Jaci STONE	#2 Saint Mary-of-th	49.71	3/31
3	49	https://www.tfrrs.org/teams/77203	#4 Carlow (Pa.)	50.07	4/5
4	52	Tamerra ENGLISH, Aniyah JOHNSON, DaKyra HOWARD, Rayya LEE	#9 Oakland City (In)	50.49	3/16
5	54	Nevaeh BROWN, Autumn BOYLES, Emilee CECIL, Janae MCCALL	#6 Midway (Ky.)	50.70	4/1
6	73	Jordyn CARDWELL, Abigail BURGETT, Jada SAUNDERS, Ashaunte WATTS	#8 Brescia (Ky.)	52.23	3/24
7	83	Paris DEBORD, Alyssa DINGUS, Lauren JOLLY, Chloe LOVETT	#3 Rio Grande (Ohio)	56.24	3/25
8	84	Alexis SHEETS, Maleah WINGER, Makala PFEFFERKORN, Kailyn DEVAULT	#5 IU Kokomo (Ind.)	56.35	3/24

Women's 4x400 Relay

1	47	Emma PAVELEK, Carlijn DE BIE, Makayla RICE, Jordan YANIGA	#1 Point Park (Pa.)	4:15.12	3/24
2	60	Abigail BURGETT, Jordyn CARDWELL, Breanna ALDERTON, Ashaunte WATTS	#8 Brescia (Ky.)	4:19.52	4/7
3	62	Gabrielle CATON, Emilee CECIL, Autumn BOYLES, Janae MCCALL	#6 Midway (Ky.)	4:20.33	4/1
4	78	Ella CLOAK, Mya GRESCHNER, Christina SMITH, Laci SCHWIRIAN	#4 Carlow (Pa.)	4:29.85	3/24

Women's High Jump

1	20	Olivia MILLER	#4 Carlow (Pa.)	1.60m	5-3	3/17
2	34	Emma PAVELEK	#1 Point Park (Pa.)	1.57m	5-1¾	4/8
3	38	Christina SMITH	#4 Carlow (Pa.)	1.56m	5-1¼	3/24
4	67	Reanna STINSON	#7 IU East (Ind.)	1.50m	4-11	3/24
5	91	Grace TOMPKINS	#9 Oakland City (In)	1.48m	4-10¼	3/16
6		Leia DAY	#4 Carlow (Pa.)	1.46m	4-9½	3/24
7		Kaylynn BARTON	#2 Saint Mary-of-th	1.45m	4-9	3/31
7		Carsyn HETZLER	#1 Point Park (Pa.)	1.45m	4-9	3/16
7		Mimi PERKINS	#7 IU East (Ind.)	1.45m	4-9	3/24
10		Cassidy VOGT	#3 Rio Grande (Ohio)	1.44m	4-8¾	4/7

Women's Pole Vault

1	6	Nevaeh BROWN	#6 Midway (Ky.)	3.75m	12-3½	4/1
2	20	Makayla BROOKS	#6 Midway (Ky.)	3.42m	11-2½	3/25
3	39	Brooke SUDHOFF	#7 IU East (Ind.)	3.20m	10-6	4/7
3	39	Krislynn BAILEY	#2 Saint Mary-of-th	3.20m	10-6	3/31
5	51	Sophie JEBOSE	#1 Point Park (Pa.)	3.10m	10-2	3/24
6	69	Taylor ROESLER	#5 IU Kokomo (Ind.)	2.90m	9-6¼	3/24
7	85	Vanessa TEMPLE	#7 IU East (Ind.)	2.75m	9-¼	3/31
8	93	Lara SKAGGS	#2 Saint Mary-of-th	2.60m	8-6¼	4/8

Women's Long Jump

1	18	Makala PFEFFERKORN	#5 IU Kokomo (Ind.)	5.62mw	18-5¼ (2.6)	3/16
2	48	Olivia MILLER	#4 Carlow (Pa.)	5.34m	17-6¼ (-1.)	4/5
3	49	Mya GRESCHNER	#4 Carlow (Pa.)	5.32m	17-5½ (1.3)	3/17
4	57	Lara SKAGGS	#2 Saint Mary-of-th	5.29mw	17-4¼ (2.7)	4/8
5	65	Carsyn HETZLER	#1 Point Park (Pa.)	5.26m	17-3¼ (1.2)	4/1
6	71	Jordyn CARDWELL	#8 Brescia (Ky.)	5.24m	17-2¼ (0.1)	3/24
7		Emma PAVELEK	#1 Point Park (Pa.)	5.06m	16-7¼ (-1.)	4/5
8		Keri LECHNER	#4 Carlow (Pa.)	4.99m	16-4½ (-1.)	4/5
9		Cassidy VOGT	#3 Rio Grande (Ohio)	4.96m	16-3¼ (0.0)	4/7
10		Leia DAY	#4 Carlow (Pa.)	4.94m	16-2½ (-1.)	4/5

Women's Triple Jump

1	13	Olivia MILLER	#4 Carlow (Pa.)	B 11.60m	38-¾ (-1.3)	4/5
2	17	Makala PFEFFERKORN	#5 IU Kokomo (Ind.)	B 11.55m	37-10¾ (0.)	3/24
3	39	Janae MCCALL	#6 Midway (Ky.)	10.98m	36-¼ (0.0)	4/7
4	55	Jordyn CARDWELL	#8 Brescia (Ky.)	10.69m	35-1 (0.0)	4/7
5	94	Carsyn HETZLER	#1 Point Park (Pa.)	10.24m	33-7¼ (-1.)	4/5
6		Luchama LUBIN	#1 Point Park (Pa.)	10.05m	32-11¾ (-1.)	4/5
7		Christina SMITH	#4 Carlow (Pa.)	9.80m	32-2 (-1.2)	4/5
8		Makayla BROOKS	#6 Midway (Ky.)	9.69m	31-9½ (-6.)	3/25
9		Malina HALL	#4 Carlow (Pa.)	9.65m	31-8 (-1.2)	4/5
10		Leia DAY	#4 Carlow (Pa.)	9.38m	30-9¼ (-1.)	3/24



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River States

Women's Shot Put

1	Emma BYRUM	#5	IU Kokomo (Ind.)	11.32m	37-1¾	3/24
2	Sierra HURTADO	#2	Saint Mary-of-th	11.26m	36-11½	3/31
3	Faith ROCK	#5	IU Kokomo (Ind.)	10.97m	36-0	4/1
4	Megan DIVEN	#3	Rio Grande (Ohio)	10.69m	35-1	3/17
5	Ashby GREENWELL	#8	Brescia (Ky.)	10.54m	34-7	4/7
6	Marquia WHITE	#8	Brescia (Ky.)	10.40m	34-1½	4/7
7	Bethany ARNOLD	#3	Rio Grande (Ohio)	10.03m	32-11	3/17
8	Hannah ELLIS	#2	Saint Mary-of-th	9.85m	32-3¾	4/8
9	Karley KOUNS	#3	Rio Grande (Ohio)	9.75m	32-0	3/25
10	Danielle RUHL	#7	IU East (Ind.)	9.54m	31-3¾	3/31

Women's Discus

1	94 Faith ROCK	#5	IU Kokomo (Ind.)	36.28m	119-1	3/24
2	Karley KOUNS	#3	Rio Grande (Ohio)	34.92m	114-7	3/17
3	Sierra HURTADO	#2	Saint Mary-of-th	34.24m	112-4	4/8
4	Nalah KIRKENDALL	#3	Rio Grande (Ohio)	33.94m	111-4	3/25
5	Marquia WHITE	#8	Brescia (Ky.)	33.55m	110-1	4/7
6	Olivia NEWCOM	#5	IU Kokomo (Ind.)	31.65m	103-10	4/1
7	Megan DIVEN	#3	Rio Grande (Ohio)	30.62m	100-6	3/25
8	Spencer BERRY	#6	Midway (Ky.)	30.30m	99-5	4/7
8	Madelynn WARD	#7	IU East (Ind.)	30.30m	99-5	3/17
10	Caitlin GILLAND	#7	IU East (Ind.)	30.07m	98-8	3/17

Women's Hammer

1	85 Sierra HURTADO	#2	Saint Mary-of-th	41.23m	135-3	4/8
2	88 Anna JEBOSE	#1	Point Park (Pa.)	41.13m	134-11	3/24
3	Hannah ELLIS	#2	Saint Mary-of-th	40.32m	132-4	4/8
4	Madelynn WARD	#7	IU East (Ind.)	38.08m	124-11	3/31
5	Mimi PERKINS	#7	IU East (Ind.)	37.80m	124-0	3/24
6	Caitlin GILLAND	#7	IU East (Ind.)	37.53m	123-2	3/24
7	Megan DIVEN	#3	Rio Grande (Ohio)	35.86m	117-8	4/7
8	Danielle RUHL	#7	IU East (Ind.)	35.19m	115-6	3/17
9	Karley KOUNS	#3	Rio Grande (Ohio)	34.96m	114-9	3/25
10	Olivia NEWCOM	#5	IU Kokomo (Ind.)	34.64m	113-8	4/1

Women's Javelin

1	13 Emma BYRUM	#5	IU Kokomo (Ind. B)	39.94m	131-1	4/7
2	45 Maya LATERZA	#1	Point Park (Pa.)	34.78m	114-1	3/24
3	54 Keely ACOR	#4	Carlow (Pa.)	33.95m	111-5	4/5
4	79 Riley SCHRECK	#11	Alice Lloyd (Ky.)	31.86m	104-7	3/25
5	Olivia MILLER	#4	Carlow (Pa.)	30.05m	98-7¼	4/5
6	Ashby GREENWELL	#8	Brescia (Ky.)	29.43m	96-6¾	3/24
7	Emma PAVELEK	#1	Point Park (Pa.)	28.45m	93-4¼	4/5
8	Lauren JOLLY	#3	Rio Grande (Ohio)	28.10m	92-2¼	4/7
9	Hannah BOND	#1	Point Park (Pa.)	26.25m	86-1½	4/8
10	Megan OSILKA	#1	Point Park (Pa.)	26.00m	85-3¾	3/24

Women's Heptathlon

1	17 Lauren JOLLY	#3	Rio Grande (Ohio)	3,580	4/7
2	18 Cassidy VOGT	#3	Rio Grande (Ohio)	3,467	4/7
3	32 Vanessa TEMPLE	#7	IU East (Ind.)	2,806	3/24



Conference TFRI Event Summary

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SAC

Women's 100 Meters

1	4	Jaelynn WILLIAMS	#4	Texas Wesleyan A:B	11.83	(1.8)	4/8
2	26	Malaisha CARTWRIGHT	#5	UNT Dallas	12.13	(1.7)	3/24
3	52	Shawna SMITH	#1	Oklahoma City	12.34w	(2.2)	3/24
4	84	Alysa HENDERSON	#4	Texas Wesleyan	12.58w	(2.2)	3/24
5		Teran ROGERS	#5	UNT Dallas	12.65	(1.0)	4/8
6		Juniya PRUITT	#3	SAGU (Texas)	12.67w	(2.8)	3/24
7		LaJada OWENS	#6	Langston (Okla.)	12.71	(-0.8)	4/7
8		Kamree DYE	#2	John Brown (Arl)	12.90	(-0.3)	4/8
9		Sarafina YOUNGBLOOD	#7	Southwestern Cl	12.92w	(2.2)	3/24
10		Trinity WISBY	#6	Langston (Okla.)	13.11w	(2.8)	3/24

Women's 100 Meter Hurdles

1	48	Trinity WISBY	#6	Langston (Okla.)	15.38	(1.1)	4/7
2	86	Teran ROGERS	#5	UNT Dallas	15.99	(0.6)	3/17
3		Brianna GARZA	#3	SAGU (Texas)	17.25w	(2.2)	3/24
4		Alexandra HENSLEY	#3	SAGU (Texas)	17.31	(1.4)	4/7
5		Madison BLANCH	#3	SAGU (Texas)	18.43	(0.2)	3/9
6		Stephanie TOWLE	#1	Oklahoma City	19.44w	(3.5)	3/24
7		Anastasia PACE	#2	John Brown (Arl)	20.62	(-1.2)	4/8
8		Nicole BASYE	#2	John Brown (Arl)	21.22	(-1.2)	4/8

Women's 200 Meters

1	13	Jaelynn WILLIAMS	#4	Texas Wesleyan A:B	24.64	(1.2)	3/24
2	18	Malaisha CARTWRIGHT	#5	UNT Dallas	24.81	(0.1)	4/8
3	68	Teran ROGERS	#5	UNT Dallas	25.83w	(3.3)	3/24
4	84	Shawna SMITH	#1	Oklahoma City	25.97	(1.9)	3/24
5	91	Kamree DYE	#2	John Brown (Arl)	26.00	(0.9)	3/30
6		Jasmine COOKE	#3	SAGU (Texas)	26.58w	(3.0)	3/24
7		Juniya PRUITT	#3	SAGU (Texas)	26.80	(1.5)	4/7
8		Trinity WISBY	#6	Langston (Okla.)	26.98	(1.4)	4/7
9		Layla JEMERSON	#5	UNT Dallas	27.26w	(2.3)	3/17
10		Haley DOWNING	#7	Southwestern Cl	27.31	(1.1)	3/30

Women's 400 Meters

1	67	Shawna SMITH	#1	Oklahoma City	59.85		4/7
2		Allison DALZELL	#4	Texas Wesleyan	1:01.80		3/17
3		Irakoze AMIDA	#6	Langston (Okla.)	1:02.01		3/30
4		Yarnia EVANS	#4	Texas Wesleyan	1:02.03		3/24
5		Maci HUBBARD	#2	John Brown (Arl)	1:02.05		4/8
6		Isabella MELGREN	#2	John Brown (Arl)	1:03.18		4/8
7		Keyana TREKELL	#7	Southwestern Cl	1:03.48		3/30
8		Jasmine COOKE	#3	SAGU (Texas)	1:05.21		3/9
9		Layla JEMERSON	#5	UNT Dallas	1:06.69		3/17

Women's 400 Meter Hurdles

1	21	Lasharia GORDON	#4	Texas Wesleyan	1:05.94		3/24
2	88	Allison DALZELL	#4	Texas Wesleyan	1:11.40		3/30
3		Maddie KNEIP	#3	SAGU (Texas)	1:12.90		4/7
4		Alexandra HENSLEY	#3	SAGU (Texas)	1:19.06		4/7

Women's 800 Meters

1	12	Rianna VIDALES	#4	Texas Wesleyan	2:16.19		4/8
2	42	Cailen JOLLEY	#1	Oklahoma City	2:20.72		4/7
3		Erika PENA	#1	Oklahoma City	2:25.12		4/7
4		Florencia CABRERA	#1	Oklahoma City	2:25.55		4/7
5		Daisy OTWELL	#3	SAGU (Texas)	2:25.72		3/9
6		Indya PRICE	#4	Texas Wesleyan	2:26.73		4/8
7		Morgan LARSON	#7	Southwestern C	2:32.11		3/30
8		Ryleigh HALE	#2	John Brown (Arl)	2:32.49		4/8
9		Madison BLANCH	#3	SAGU (Texas)	2:33.25		3/9
10		Maddie KNEIP	#3	SAGU (Texas)	2:35.49		3/24

Women's 1500 Meters

1	13	Ashlei MCDONALD	#4	Texas Wesleyan	4:41.78		4/8
2		Erika PENA	#1	Oklahoma City	5:01.59		4/7
3		Daisy OTWELL	#3	SAGU (Texas)	5:02.25		3/9
4		Florencia CABRERA	#1	Oklahoma City	5:02.28		4/7
5		Cailen JOLLEY	#1	Oklahoma City	5:04.92		4/7
6		Emma MORTON	#2	John Brown (Arl)	5:23.00		3/30
7		Avery EDWARDS	#2	John Brown (Arl)	5:30.37		4/8
7		Lexie SCHEUFLE	#2	John Brown (Arl)	5:30.37		3/30
9		Emma BROWN	#2	John Brown (Arl)	5:31.14		3/30
10		Olivia SCATES	#2	John Brown (Arl)	5:32.25		4/8

Women's Steeplechase

1	27	Ashlei MCDONALD	#4	Texas Wesleyan	12:04.94		3/30
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Women's 5000 Meters

1	34	Louise COCKING	#1	Oklahoma City	18:08.76		4/7
2	51	Ginger MACINNIS-PIERCE	#1	Oklahoma City	18:35.18		4/7
3	71	Hope AHNFELDT	#2	John Brown (Arl)	18:47.17		4/8
4		Ashlei MCDONALD	#4	Texas Wesleyan	19:26.60		3/24
5		Sarays FLORES	#4	Texas Wesleyan	20:00.98		4/8
6		Kaitlyn HEFFERNAN	#1	Oklahoma City	20:57.02		4/7
7		Olivia SCATES	#2	John Brown (Arl)	21:22.68		4/8
8		Naia SHEPHERD	#2	John Brown (Arl)	21:43.37		4/8
9		Sarah SMITH	#2	John Brown (Arl)	22:22.49		3/30
10		Ana RIVERA	#1	Oklahoma City	22:25.81		4/7



Conference TFRI Event Summary

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Women's 4x100 Relay

1	20	Alysa HENDERSON, Yarnia EVANS, Lasharia GORDON, Jaelynn WILLIAMS	#4	Texas Wesleyan	48.54	3/24
2	29	Calijah PEAY, Teran ROGERS, Layla JEMERSON, Malaisha CARTWRIGHT	#5	UNT Dallas	49.11	3/17
3	57	Keyana TREKELL, Cassie COLONG, Haley DOWNING, Sarafina YOUNGBLOOD	#7	Southwestern Cl	50.93	3/30
4	74	Brianna GARZA, Jasmine COOKE, Brooklyn TAYLOR, Juniya PRUITT	#3	SAGU (Texas)	52.27	3/9

Women's 4x400 Relay

1	31	Lasharia GORDON, Jaelynn WILLIAMS, Rianna VIDALES, Allison DALZELL	#4	Texas Wesleyan	4:09.82	3/17
2	45	Shawna SMITH, Cailen JOLLEY, Erika PENA, Florencia CABRERA	#1	Oklahoma City	4:14.79	4/7
3	74	Jasmine COOKE, Juniya PRUITT, Maddie KNEIP, Madison BLANCH	#3	SAGU (Texas)	4:28.12	3/24
4	75	Keyana TREKELL, Haley DOWNING, Morgan LARSON, Jayden MASON	#7	Southwestern Cl	4:28.66	3/30

Women's High Jump

1	62	Skyler ROBBINS	#2	John Brown (Ar)	1.53m	5-¼	4/8
2	91	Brooklyn TAYLOR	#3	SAGU (Texas)	1.48m	4-10¼	3/24
3		Stephanie TOWLE	#1	Oklahoma City	1.46m	4-9½	3/24
4		Ariadna GARZA	#4	Texas Wesleyan	1.45m	4-9	4/8

Women's Pole Vault

1	62	Maci HUBBARD	#2	John Brown (Ar)	2.98m	9-9¼	3/30
2	99	Grace MITCHELL	#2	John Brown (Ar)	2.53m	8-3½	3/30

Women's Long Jump

1	10	Kelsey DRAPEAU	#7	Southwestern Cl	5.68m	18-7¾ (0.0)	3/24
2	25	Chasity VEALS	#6	Langston (Okla.)	5.48m	17-11¾ (2.0)	4/7
3	29	Alysa HENDERSON	#4	Texas Wesleyan	5.45m	17-10¾ (0.0)	3/24
4	49	Cassie COOLONG	#7	Southwestern Cl	5.32m	17-5½ (0.0)	3/24
5	57	LaJada OWENS	#6	Langston (Okla.)	5.29m	17-4¼ (0.0)	3/24
6	65	Jaelynn WILLIAMS	#4	Texas Wesleyan	5.26m	17-3¼ (1.1)	4/8
6	65	Ahmia DORSEY	#6	Langston (Okla.)	5.26m	17-3¼ (0.0)	3/24
8		Juniya PRUITT	#3	SAGU (Texas)	4.65m	15-3¼ (0.1)	3/9
9		Kamree DYE	#2	John Brown (Ar)	4.64m	15-2¾ (1.2)	3/30
9		Yazmeen SARKISSIAN	#6	Langston (Okla.)	4.64m	15-2¾ (0.0)	3/24

Women's Triple Jump

1	4	Chasity VEALS	#6	Langston (Okla.)	11.99m	39-4 (1.7)	4/7
2	13	Ahmia DORSEY	#6	Langston (Okla.)	11.60m	38-¾ (0.0)	3/30
3	37	Angel EDWARDS	#6	Langston (Okla.)	11.00m	36-1¼ (1.3)	4/7
4		Aaliyah BUCKNER	#2	John Brown (Ar)	9.57m	31-4¾ (1.4)	3/30
5		Nicole BASYE	#2	John Brown (Ar)	8.58m	28-1¼ (1.4)	3/30

Women's Shot Put

1	23	Daryn BATTS	#1	Oklahoma City	12.62m	41-5	3/30
2	34	Danielle NOBLE	#7	Southwestern Cl	12.44m	40-9¾	3/24
3	42	Shonase COLLINS	#5	UNT Dallas	12.30m	40-4¼	4/8
4	67	Evie SCOLES	#2	John Brown (Ar)	11.89m	39-¼	3/30
5		Fiona WILSON	#1	Oklahoma City	11.23m	36-10¼	3/24
6		Ryleah FISHER	#5	UNT Dallas	10.87m	35-8	4/8
7		Mauria WRIGHT	#7	Southwestern Cl	10.64m	34-11	3/30
8		Ella YARBOROUGH	#2	John Brown (Ar)	10.61m	34-9¾	4/8
9		Tia GONZALES	#1	Oklahoma City	10.11m	33-2	3/24
10		Morgan LUCAS	#1	Oklahoma City	9.96m	32-8¼	3/24

Women's Discus

1	93	Morgan LUCAS	#1	Oklahoma City	36.32m	119-2	3/24
2		Ella YARBOROUGH	#2	John Brown (Ar)	35.49m	116-5	4/8
3		Paige WILLIAMS	#5	UNT Dallas	34.00m	111-7	4/8
4		Kai TAYLOR	#3	SAGU (Texas)	33.41m	109-8	3/9
5		Daryn BATTS	#1	Oklahoma City	32.41m	106-4	3/24
6		Haley LINDSEY	#3	SAGU (Texas)	30.49m	100-1	3/24
7		Shonase COLLINS	#5	UNT Dallas	29.45m	96-7½	4/8
8		Ryleah FISHER	#5	UNT Dallas	28.83m	94-7	4/8
9		Fiona WILSON	#1	Oklahoma City	28.62m	93-10¾	3/24
10		Evie SCOLES	#2	John Brown (Ar)	28.60m	93-10	3/30

Women's Hammer

1		Shonase COLLINS	#5	UNT Dallas	38.11m	125-1	4/8
2		Daryn BATTS	#1	Oklahoma City	35.50m	116-6	3/24
3		Haley LINDSEY	#3	SAGU (Texas)	35.44m	116-3	3/24
4		Kai TAYLOR	#3	SAGU (Texas)	33.80m	110-11	3/24
5		Ryleah FISHER	#5	UNT Dallas	31.82m	104-5	3/17
6		Paige WILLIAMS	#5	UNT Dallas	28.75m	94-4	4/8

Women's Javelin

1		Brooklyn TAYLOR	#3	SAGU (Texas)	29.68m	97-4½	4/7
2		Nicole BASYE	#2	John Brown (Ar)	25.30m	83-¼	3/30
3		Stephanie TOWLE	#1	Oklahoma City	24.52m	80-5½	3/24
4		Kai TAYLOR	#3	SAGU (Texas)	24.23m	79-6	4/7
5		Madison BLANCH	#3	SAGU (Texas)	22.62m	74-2½	3/9
6		Tia GONZALES	#1	Oklahoma City	20.09m	65-11	3/24
7		Sophia BARNARD	#2	John Brown (Ar)	16.41m	53-10¼	4/8

Women's Heptathlon

1	27	Stephanie TOWLE	#1	Oklahoma City	3,072	3/24
2	36	Madison BLANCH	#3	SAGU (Texas)	2,647	3/24



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Women's 100 Meters

1	2	Latavia JACK	#3	Mobile (Ala.)	A:B 11.70w	(3.6)	3/23
2	6	Fredricka MCKENZIE	#2	William Carey (M:B)	11.88	(1.7)	3/29
3	9	Salieci MYLES	#2	William Carey (M:B)	11.90	(1.7)	3/23
4	14	Maya SMITH-SPEED	#1	Life (Ga.)	12.04	(1.9)	3/24
5	16	Talayla DAVIS	#1	Life (Ga.)	12.05	(-1.5)	4/7
6	17	Tyeese SMITH	#2	William Carey (M)	12.06	(0.0)	4/8
7	20	Myla EDWARDS	#3	Mobile (Ala.)	12.08w	(3.7)	3/23
8	34	Samantha MANSUR	#3	Mobile (Ala.)	12.19w	(3.7)	3/23
9	56	Jerenie JACKSON	#3	Mobile (Ala.)	12.35w	(3.7)	3/23
10	57	Brianna FLORVILUS	#1	Life (Ga.)	12.37	(-0.7)	4/1

Women's 100 Meter Hurdles

1	1	Salieci MYLES	#2	William Carey (M:B)	13.43w	(3.7)	3/29
2	18	An'Janae LATCHINSON	#2	William Carey (M B)	14.58w	(2.6)	3/23
3	19	Anna CABRERA	#3	Mobile (Ala.)	B 14.60w	(3.1)	3/23
4	99	V'kaylynn WARD	#7	Brewton-Parker	16.15	(0.1)	4/8
5		Ariana MADISON	#1	Life (Ga.)	16.85	(-0.2)	4/1
6		Jaleah RHETT	#7	Brewton-Parker	16.87	(-0.8)	4/1
7		Tyler SIMPSON	#4	Dalton State (Ga)	20.66w	(2.1)	3/16

Women's 200 Meters

1	2	Talayla DAVIS	#1	Life (Ga.)	A:B 23.63w	(2.4)	3/24
2	3	Sabrina RICHMAN	#1	Life (Ga.)	A:B 23.73w	(2.4)	3/24
3	7	Latavia JACK	#3	Mobile (Ala.)	A:B 24.31w	(3.9)	3/23
4	8	Fredricka MCKENZIE	#2	William Carey (M:B)	24.48w	(3.9)	3/23
5	11	Maya SMITH-SPEED	#1	Life (Ga.)	A:B 24.62	(-0.4)	4/1
6	19	Brianna FLORVILUS	#1	Life (Ga.)	24.84	(-0.4)	4/1
7	27	Sadiya SHAMSID-DEEN	#3	Mobile (Ala.)	25.06	(0.2)	3/31
8	36	Myla EDWARDS	#3	Mobile (Ala.)	25.33w	(2.7)	3/23
9	37	Dalajah LONG	#1	Life (Ga.)	25.34	(-0.7)	4/7
9	37	Dhenecia PINNOCK	#8	Talladega (Ala.)	25.34w	(3.9)	3/31

Women's 400 Meters

1	3	Sabrina RICHMAN	#1	Life (Ga.)	A:B 54.96		4/7
2	4	Brianna FLORVILUS	#1	Life (Ga.)	A:B 55.19		4/7
3	5	Joy ABU	#2	William Carey (M:B)	55.59		4/8
4	18	Maria SIMANCAS	#2	William Carey (M B)	57.24		3/23
5	32	Sadiya SHAMSID-DEEN	#3	Mobile (Ala.)	58.06		3/31
6	34	Feja HODGES	#2	William Carey (M)	58.37		4/8
7	43	Dagbjort MAGNUSDOTTIR	#1	Life (Ga.)	58.75		4/7
8	55	Dhenecia PINNOCK	#8	Talladega (Ala.)	59.46		4/7
9	72	Shawnessy EDWARDS	#3	Mobile (Ala.)	1:00.01		3/31
10	84	An'Janae LATCHINSON	#2	William Carey (M)	1:00.43		4/8

Women's 400 Meter Hurdles

1	1	Joy ABU	#2	William Carey (M:B)	59.74		3/29
2	37	An'Janae LATCHINSON	#2	William Carey (M)	1:07.56		3/23
3	43	Kari WATTS	#3	Mobile (Ala.)	1:08.09		3/23
4	44	Raven PRATT	#3	Mobile (Ala.)	1:08.17		4/8
5	72	Catherine TRUEMPER	#6	Blue Mountain (I)	1:10.31		3/4
6	LE+0:	Amia MONTGOMERY	#8	Talladega (Ala.)	1:12.34		3/31
7		Sophia RAIF	#9	Florida College	1:17.11		2/18
8		Jaleah RHETT	#7	Brewton-Parker	1:25.01		3/24

Women's 800 Meters

1	25	Catherine TRUEMPER	#6	Blue Mountain (I)	2:18.73		4/6
2	30	Madisyn ACOSTA	#5	Loyola (La.)	2:19.65		3/17
3	33	Maria SIMANCAS	#2	William Carey (M)	2:19.91		4/8
4	58	Madelyn GORTMOLLER	#3	Mobile (Ala.)	2:21.85		3/17
5	63	Kyja WILLIAMS	#1	Life (Ga.)	2:22.12		4/7
6	65	Sarah OLAMIDE	#2	William Carey (M)	2:22.18		4/8
7	85	Shelby ROTH	#9	Florida College	2:23.49		4/7
8	92	Makayla BLESSIKE	#6	Blue Mountain (I)	2:23.93		3/25
9		Kathryn VRADENBURGH	#4	Dalton State (Ga)	2:24.59		3/25
10		Angela OPORE	#2	William Carey (M)	2:30.16		3/31

Women's 1500 Meters

1	40	Kathryn VRADENBURGH	#4	Dalton State (Ga)	4:48.45		4/7
2	87	Madisyn ACOSTA	#5	Loyola (La.)	4:56.18		3/17
3	LE+0:	Sarah OLAMIDE	#2	William Carey (M)	4:58.10		3/23
4		Shelby ROTH	#9	Florida College	5:00.90		3/3
5		Blanca CONESA	#2	William Carey (M)	5:04.02		3/23
6		Paige ANDERSON	#2	William Carey (M)	5:14.74		4/8
7		Kyja WILLIAMS	#1	Life (Ga.)	5:15.88		3/24
8		Giselle DOMINGUEZ	#4	Dalton State (Ga)	5:17.97		3/4
9		Amber BYRD	#5	Loyola (La.)	5:25.82		3/31
10		Marlene PAEZ	#4	Dalton State (Ga)	5:37.52		3/4

Women's Steeplechase

1	8	Catherine TRUEMPER	#6	Blue Mountain (I B)	11:24.87		3/25
2	31	Aubrey BRITT	#6	Blue Mountain (I)	12:11.67		4/6
3	76	Haley TILLERY	#4	Dalton State (Ga)	13:05.56		3/16
4	77	Kayla MATTOX	#4	Dalton State (Ga)	13:05.97		3/16
5	93	Ella COLEY	#4	Dalton State (Ga)	14:00.28		3/4



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SSAC

Women's 5000 Meters

1	64	Catherine TRUEMPER	#6 Blue Mountain (I	18:44.26	4/6
2	67	Kathryn VRADENBURGH	#4 Dalton State (Ga	18:45.88	3/16
3		Giselle DOMINGUEZ	#4 Dalton State (Ga	19:29.17	3/25
4		Isabelle WHEELER	#2 William Carey (N	19:30.17	4/8
5		Katie MEEKS	#6 Blue Mountain (I	19:55.79	4/6
6		Aubrey BRITT	#6 Blue Mountain (I	20:04.76	3/25
7		Marlene PAEZ	#4 Dalton State (Ga	20:07.12	3/4
8		Olivia PITTS	#2 William Carey (N	20:08.26	4/8
9		Ella COLEY	#4 Dalton State (Ga	20:56.65	3/4
10		Kayley BURGESS	#3 Mobile (Ala.)	21:25.33	4/8

Women's 10,000 Meters

1	5	Lina MAY	#2 William Carey (M:B	36:56.31	3/23
2	22	Madisyn ACOSTA	#5 Loyola (La.)	38:47.55	4/7
3	43	Giselle DOMINGUEZ	#4 Dalton State (Ga	40:32.64	3/16
4	57	Marlene PAEZ	#4 Dalton State (Ga	42:20.89	3/16
5	67	Ella COLEY	#4 Dalton State (Ga	43:32.74	3/16

Women's 4x100 Relay

1	1	Tyeese SMITH, Fredricka MCKENZIE, Salieci MYLES, Machaeda LINTON	#2 William Carey (M:B	45.93	3/29
2	5	Myla EDWARDS, Samantha MANSUR, Latavia JACK, Jerenie JACKSON	#3 Mobile (Ala.)	A:B 46.53	3/23
3	35	Wayonna BROOKS-WELLS, Dhenecia PINNOCK, Dhaenia PINNOCK, Monet BROWN	#8 Talladega (Ala.)	49.38	4/7
4	85	Briana RAY, Kayla MATTOX, Tyler SIMPSON, Jazzmyn SHELTON	#4 Dalton State (Ga	56.38	3/4

Women's 4x400 Relay

1	1	An'Janae LATCHINSON, Joy ABU, Nevagant JONES, Maria SIMANCAS	#2 William Carey (M:B	3:46.18	3/29
2	2	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Kyja WILLIAMS	#1 Life (Ga.)	A:B 3:48.65	3/24
3	13	Raven PRATT, Shawnessy EDWARDS, Sadiya SHAMSID-DEEN, Yasmin PINES	#3 Mobile (Ala.)	3:59.58	4/8
4	34	Dhenecia PINNOCK, Dhaenia PINNOCK, Amia MONTGOMERY, Shanice BATTLE	#8 Talladega (Ala.)	4:10.30	3/24
5	85	Kayla MATTOX, Rebecca POE, Haley TILLERY, Kathryn VRADENBURGH	#4 Dalton State (Ga	4:37.25	3/25

Women's 4x800 Relay

1	11	Makayla BLESSIKE, Aminatta SHERIF, Katie MEEKS, Aubrey BRITT	#6 Blue Mountain (I	10:06.39	3/25
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Women's High Jump

1	20	Kaitlyn BECNEL	#5 Loyola (La.)	1.60m	5-3	4/7
2	30	Anna CABRERA	#3 Mobile (Ala.)	1.58m	5-2¼	3/30
3	40	Tyra DARRINGTON	#3 Mobile (Ala.)	1.55m	5-1	3/23
4		Josephine GATES	#8 Talladega (Ala.)	1.40m	4-7	3/31
5		Tyler SIMPSON	#4 Dalton State (Ga	1.31m	4-3½	3/4

Women's Long Jump

1	17	Jhanya QUINONES	#3 Mobile (Ala.)	5.63mw	18-5¾ (3.2	3/17
2	19	Nevagant JONES	#2 William Carey (N	5.55mw	18-2½ (2.4	3/23
3	34	Zaniyah WILSON	#2 William Carey (N	5.41mw	17-9 (2.7)	3/23
4	37	Anna CABRERA	#3 Mobile (Ala.)	5.40m	17-8¾ (0.1	4/8
5	54	Destiny HANNA	#7 Brewton-Parker	5.30m	17-4¾ (1.3	3/24
5	54	Patrice OATIS	#2 William Carey (N	5.30mw	17-4¾ (2.8	3/23
7	73	Talayla DAVIS	#1 Life (Ga.)	5.23mw	17-2 (2.6)	3/24
8	84	Kaylee LOWE	#1 Life (Ga.)	5.17m	16-11½ (1.	4/7
9		A'Shanti SURREY	#7 Brewton-Parker	5.02m	16-5¾ (0.0	3/11
10		TaNaja WILLIAMS	#3 Mobile (Ala.)	5.00m	16-5 (0.0)	4/8

Women's Triple Jump

1	3	Nevagant JONES	#2 William Carey (M:B	12.00mw	39-4½ (2.5	3/23
2	5	Machaeda LINTON	#2 William Carey (M:B	11.81mw	38-9 (2.9)	3/23
3	15	Zaniyah WILSON	#2 William Carey (N B	11.56mw	37-11¼ (2.	3/23
4	37	LaToria SPENCE	#2 William Carey (N	11.00m	36-1¼ (1.2	3/23
5	60	A'Shanti SURREY	#7 Brewton-Parker	10.63m	34-10½ (-0	3/24
6	94	V'kaylynn WARD	#7 Brewton-Parker	10.24m	33-7¼ (0.6	4/8
7		Lindsey OGLESBY	#7 Brewton-Parker	9.84m	32-3½ (0.5	3/24
8		Ariana MADISON	#1 Life (Ga.)	9.80m	32-2 (0.8)	3/24



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Women's Shot Put

1	1	Levonis DAVIS	#1	Life (Ga.)	A:B 14.50m	47-7	3/24
2	9	Fedra FLORENTIN	#3	Mobile (Ala.)	A:B 13.58m	44-6¾	3/23
3	18	Danielle ALBRIGHT	#1	Life (Ga.)	12.91m	42-4¼	4/1
4	21	Mykhala COLEMAN	#5	Loyola (La.)	12.67m	41-7	3/25
5	45	Bryana BAZILE	#5	Loyola (La.)	12.28m	40-3½	3/25
6	69	Somara BUTCHER	#3	Mobile (Ala.)	11.85m	38-10½	3/2
7	91	Diamond ATKINS	#1	Life (Ga.)	11.57m	37-11½	4/1
8		Kaytlin BOYKINS	#8	Talladega (Ala.)	11.01m	36-1½	3/31
9		Kimora DANIEL	#5	Loyola (La.)	10.87m	35-8	3/25
9		Mersadies FOOTE	#1	Life (Ga.)	10.87m	35-8	4/1

Women's Discus

1	14	Bryana BAZILE	#5	Loyola (La.)	B 42.94m	140-11	3/17
2	32	Levonis DAVIS	#1	Life (Ga.)	41.13m	134-11	3/24
3	43	Diamond ATKINS	#1	Life (Ga.)	39.59m	129-11	4/7
4		Aniyah DENT	#3	Mobile (Ala.)	35.33m	115-11	4/8
5		Shaylah ROBINSON	#5	Loyola (La.)	35.23m	115-7	3/25
6		Fedra FLORENTIN	#3	Mobile (Ala.)	34.42m	112-11	3/17
7		Somara BUTCHER	#3	Mobile (Ala.)	30.59m	100-5	3/31
8		Caroline MEEHAN	#1	Life (Ga.)	30.03m	98-6¼	4/7
9		Mersadies FOOTE	#1	Life (Ga.)	30.01m	98-5½	3/24
10		Malaika THEOPHILE	#1	Life (Ga.)	28.96m	95-¼	3/24

Women's Hammer

1	1	Jennifer BATU	#1	Life (Ga.)	A:B 58.82m	193-0	4/7
2	15	Danielle ALBRIGHT	#1	Life (Ga.)	B 49.79m	163-4	4/7
3		Levonis DAVIS	#1	Life (Ga.)	40.00m	131-3	4/7
4		Mersadies FOOTE	#1	Life (Ga.)	39.84m	130-9	4/1
5		Diamond ATKINS	#1	Life (Ga.)	37.94m	124-6	3/24
6		Mykhala COLEMAN	#5	Loyola (La.)	37.57m	123-3	3/25
7		Shaylah ROBINSON	#5	Loyola (La.)	37.20m	122-1	3/25
8		Bryana BAZILE	#5	Loyola (La.)	36.98m	121-4	4/7
9		Malaika THEOPHILE	#1	Life (Ga.)	33.98m	111-6	4/1
10		Kimora DANIEL	#5	Loyola (La.)	33.21m	109-0	3/31

Women's Javelin

1	42	Anna CABRERA	#3	Mobile (Ala.)	35.72m	117-2	3/17
2		Ariana MADISON	#1	Life (Ga.)	30.24m	99-2½	3/24
3		Brooklynn TALTON	#8	Talladega (Ala.)	28.68m	94-1¼	3/31
4		Jolie MATHERNE	#5	Loyola (La.)	23.47m	77-0	3/25
5		Darcy PICKER	#1	Life (Ga.)	22.22m	72-10¾	4/7
6		Caroline MEEHAN	#1	Life (Ga.)	20.55m	67-5¼	4/7
7		Briana RAY	#4	Dalton State (Ga)	19.84m	65-1¼	3/4
8		Malaika THEOPHILE	#1	Life (Ga.)	19.65m	64-5¾	4/1
9		Raquel GALVAN	#8	Talladega (Ala.)	19.16m	62-10½	4/7
10		Naomi TAAKE	#7	Brewton-Parker	19.13m	62-9¼	3/11

Women's Heptathlon

1	2	Anna CABRERA	#3	Mobile (Ala.)	B 4,699w		3/30
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Conference TFRI Event Summary

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Sun Conference

Women's 100 Meters

1	3	Denai WILSON	#3	Florida Memoria	A: 11.81	(-0.6)	4/7
2	7	Irmiris MENDEZ	#1	Southeastern (F)	A: 11.89w	(2.4)	3/30
3	9	Toni CANFALL	#1	Southeastern (F)	A: 11.90	(-0.6)	4/7
4	14	Alohnna-Elyse LEE	#4	Webber Internat	12.04w	(2.7)	4/7
5	20	Nicole JOHNSON	#9	Warner (Fla.)	12.08	(1.2)	4/7
5	20	Anitria SANGSTER	#3	Florida Memoria	12.08w	(3.2)	3/17
7	27	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	12.14	(0.9)	3/24
8	50	Staicha LAROSE	#2	Keiser (Fla.)	12.32	(0.8)	4/7
9	52	Dinae HEMMINGS	#4	Webber Internat	12.34w	(3.1)	3/30
10	72	Megan SPRINKMAN	#5	St. Thomas (Fla.)	12.49w	(3.2)	3/17

Women's 100 Meter Hurdles

1	12	Tenae GRIGSBY	#1	Southeastern (F)	B 14.46w	(3.0)	3/17
2	15	Emma DIVERONICA	#5	St. Thomas (Fla.)	B 14.54w	(2.1)	3/25
3	20	Yasmyne WILLIAMS	#3	Florida Memoria	B 14.68	(1.7)	4/7
4	29	Irmiris MENDEZ	#1	Southeastern (F)	14.86	(1.7)	4/7
5	45	Qunizel BAZILIO	#3	Florida Memoria	15.28	(1.4)	3/24
6	50	Amaya KIER	#1	Southeastern (F)	15.39w	(3.0)	3/17
7	58	Victoria MORRIS	#1	Southeastern (F)	15.53w	(3.5)	3/17
8	74	Caitlyn O'BRIEN	#7	Ave Maria (Fla.)	15.74w	(2.7)	3/30
9		Isabella ZARO	#6	SCAD Savannah	16.61	(0.8)	2/25
10		Kailyn KELLY	#2	Keiser (Fla.)	17.70	(1.7)	3/30

Women's 200 Meters

1	5	Denai WILSON	#3	Florida Memoria	A: 24.18	(1.0)	4/7
2	11	Toni CANFALL	#1	Southeastern (F)	A: 24.62	(1.0)	4/7
3	14	Sabrina DAVIS	#9	Warner (Fla.)	B 24.68	(1.3)	4/7
4	21	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	24.89	(1.0)	4/7
4	21	Anitria SANGSTER	#3	Florida Memoria	24.89	(0.5)	3/24
6	28	Irmiris MENDEZ	#1	Southeastern (F)	25.08	(0.5)	3/24
7	30	Alohnna-Elyse LEE	#4	Webber Internat	25.15w	(2.2)	4/7
8	35	Namiah SIMPSON	#1	Southeastern (F)	25.21	(1.6)	3/17
9	46	Staicha LAROSE	#2	Keiser (Fla.)	25.49	(1.9)	4/7
10	50	Megan SPRINKMAN	#5	St. Thomas (Fla.)	25.65w	(2.6)	3/25

Women's 400 Meters

1	11	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	A: 56.48		4/7
2	12	Namiah SIMPSON	#1	Southeastern (F)	A: 56.50		3/17
3	21	Samaya CAURTHENS	#2	Keiser (Fla.)	57.38		4/7
4	30	Melissa GRIPACUS	#2	Keiser (Fla.)	57.94		3/24
5	60	Sabrina DAVIS	#9	Warner (Fla.)	59.58		4/7
6	65	Marie MARC	#2	Keiser (Fla.)	59.76		3/24
7		Jada BLACKHEART	#5	St. Thomas (Fla.)	1:00.85		3/3
8		Monique BROWN	#3	Florida Memoria	1:01.16		3/17
9		Camille BARRON	#5	St. Thomas (Fla.)	1:01.65		3/3
10		Wislande LOUIS-PIERRE	#5	St. Thomas (Fla.)	1:04.00		4/7

Women's 400 Meter Hurdles

1	2	Tenae GRIGSBY	#1	Southeastern (F)	A: 1:00.42		3/17
2	4	Namiah SIMPSON	#1	Southeastern (F)	A: 1:02.20		3/24
3	13	Qunizel BAZILIO	#3	Florida Memoria	1:04.77		4/7
4	14	Shanice FLEURIMOND	#2	Keiser (Fla.)	1:05.11		4/7
5	30	Marie MARC	#2	Keiser (Fla.)	1:06.69		4/7
6	33	Amaya KIER	#1	Southeastern (F)	1:06.97		2/18
7	69	Melissa GRIPACUS	#2	Keiser (Fla.)	1:09.85		4/7
8	76	Monique WOODS	#3	Florida Memoria	1:10.53		4/7
9	98	Yasmyne WILLIAMS	#3	Florida Memoria	1:12.21		4/7
10		Sophia ALEXANDER	#8	Thomas (Ga.)	1:12.39		3/17

Women's 800 Meters

1	15	Alyssa GAGNON	#5	St. Thomas (Fla.)	2:16.46		4/7
2	34	Theresa LONG	#7	Ave Maria (Fla.)	2:20.05		3/30
3	38	Jillian BLASER	#1	Southeastern (F)	2:20.15		4/7
4	56	Monique BROWN	#3	Florida Memoria	2:21.63		3/24
5		Grace FEDER	#1	Southeastern (F)	2:24.77		3/24
6		Maggie FRONING	#6	SCAD Savannah	2:25.79		3/24
7		Kaitlyn VORKAPICH	#1	Southeastern (F)	2:26.97		4/7
8		Natalie ROHM	#1	Southeastern (F)	2:27.14		2/18
9		Emma PERREAULT	#7	Ave Maria (Fla.)	2:27.18		3/30
10		Marie MARC	#2	Keiser (Fla.)	2:28.37		3/30

Women's 1500 Meters

1	21	Theresa LONG	#7	Ave Maria (Fla.)	4:44.11		3/30
2	36	Montserrat DE SANTIAGO	#6	SCAD Savannah	4:47.02		3/30
3	59	Talia SULLIVAN	#6	SCAD Savannah	4:50.85		3/24
4	61	Julia ROHM	#1	Southeastern (F)	4:51.21		3/17
5	71	Jillian BLASER	#1	Southeastern (F)	4:52.58		3/17
6	79	Alex MIDGETT	#6	SCAD Savannah	4:54.40		3/24
7		Maggie FRONING	#6	SCAD Savannah	4:58.47		3/24
8		Grace FEDER	#1	Southeastern (F)	5:00.93		4/7
9		Felicity FOXHOVEN	#7	Ave Maria (Fla.)	5:06.66		3/17
10		Kaitlyn VORKAPICH	#1	Southeastern (F)	5:08.31		2/18

Women's Steeplechase

1	33	Sophie ROBINSON	#1	Southeastern (F)	12:17.57		3/30
2	45	Maggie FRONING	#6	SCAD Savannah	12:37.01		3/30
3	68	Emma MCLAUGHLIN	#1	Southeastern (F)	12:54.72		4/7
4	82	Eva CAMP	#1	Southeastern (F)	13:30.19		3/24



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Women's 5000 Meters

1	16	Julia ROHM	#1	Southeastern (F B	17:33.60	3/17
2	22	Talia SULLIVAN	#6	SCAD Savannah	17:48.08	3/30
3	45	Julia GRALKI	#6	SCAD Savannah	18:23.11	3/30
4	49	Montserrat DE SANTIAGO	#6	SCAD Savannah	18:32.81	3/30
5	58	Alex MIDGETT	#6	SCAD Savannah	18:41.10	3/30
6	91	Jillian BLASER	#1	Southeastern (F	18:58.60	3/30
7	93	Grace FEDER	#1	Southeastern (F	18:59.25	3/30
8		Sarah MADDUX-HENSLEY	#1	Southeastern (F	19:28.91	3/30
9		Madison LILIENTHAL	#1	Southeastern (F	19:40.37	3/17
10		Abbie BAKER	#1	Southeastern (F	20:18.40	3/30

Women's 10,000 Meters

1	8	Talia SULLIVAN	#6	SCAD Savannah A:B	37:09.73	3/16
2	9	Julia ROHM	#1	Southeastern (F A:B	37:15.22	3/30
3	18	Julia GRALKI	#6	SCAD Savannah B	38:01.78	3/16
4	44	Madison LILIENTHAL	#1	Southeastern (F	40:48.76	3/30
5	61	Stef BARACALDO	#6	SCAD Savannah	42:47.25	3/16
6	78	Cassandra RICHARDS	#8	Thomas (Ga.)	44:33.35	3/24

Women's 5000m Race Walk

1	21	Maria TALAFUSE	#7	Ave Maria (Fla.)	34:34.36	3/17
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Women's 4x100 Relay

1	2	Irmiris MENDEZ, Oluwafikayomi LAWRENCE, Namiah SIMPSON, Toni CANFALL	#1	Southeastern (F A:B	46.33	4/7
2	10	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Andreana GRAHAM	#3	Florida Memoria A:B	47.40	4/7
3	18	Staicha LAROSE, Ah'leeyah STRAPPIER, Samaya CAURTHENS, Marie MARC	#2	Keiser (Fla.)	48.34	3/24
4	23	Emma DIVERONICA, Megan SPRINKMAN, Shakyra COLLIER, Camille BARRON	#5	St. Thomas (Fla.)	48.85	3/17
5	28	Dinae HEMMINGS, Alohnna-Elys LEE, Xaniah WILLIAMS, Shanya DONALDSON	#4	Webber Internat	49.10	3/24
6	81	Caitlyn O'BRIEN, Casey HUMPHREY, Erin BOOMS, Elena BARNES	#7	Ave Maria (Fla.)	53.38	3/30

Women's 4x400 Relay

1	3	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#1	Southeastern (F A:B	3:49.97	3/17
2	6	Shanice FLEURIMOND, Samaya CAURTHENS, Marie MARC, Melissa GRIPACUS	#2	Keiser (Fla.) A:B	3:53.75	3/24
3	12	Anitria SANGSTER, Monique BROWN, Qunizel BAZILIO, Yasmyne WILLIAMS	#3	Florida Memoria	3:59.06	3/24
4	29	Camille BARRON, Jada BLACKHEART, Ahlia SANDIFER, Alyssa GAGNON	#5	St. Thomas (Fla.)	4:07.96	4/7
5	55	Abigail RALL, Abbey PHIBBS, Carol LONG, Theresa LONG	#7	Ave Maria (Fla.)	4:17.95	3/17
6	90	Erin LANDIS, Isabella ZARO, Bella EDWARDS, Maggie FRONING	#6	SCAD Savannah	4:44.68	2/25

Women's 4x800 Relay

1	5	Jillian BLASER, Grace FEDER, Emma WOLTJER, Julia ROHM	#1	Southeastern (F	9:37.44	3/30
2	13	Carol LONG, Emma PERREAULT, Regina PIROLI, Abigail RALL	#7	Ave Maria (Fla.)	10:16.25	3/30

Women's High Jump

1	7	Mariam DAVIS	#1	Southeastern (F B	1.65m	5-5	3/17
2	15	Aiana COLAS	#2	Keiser (Fla.)	1.63m	5-4¼	4/7
3	40	Kailyn KELLY	#2	Keiser (Fla.)	1.55m	5-1	3/30
4	96	Tessa SHRIVER	#4	Webber Internat	1.47m	4-9¾	3/30
4	96	Victoria MORRIS	#1	Southeastern (F	1.47m	4-9¾	3/30
6		Marie MARC	#2	Keiser (Fla.)	1.37m	4-6	3/30
6		Natalie ROHM	#1	Southeastern (F	1.37m	4-6	3/30
8		Irmiris MENDEZ	#1	Southeastern (F	1.34m	4-4¾	3/30

Women's Pole Vault

1		Lauren BROWN	#4	Webber Internat	2.35m	7-8½	3/30
1		Amari GRAHAM	#1	Southeastern (F	2.35m	7-8½	2/18



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Sun Conference

Women's Long Jump

1	3	Caitlyn O'BRIEN	#7 Ave Maria (Fla.)	4: B 5.78mw	18-11¼ (2.0)	3/17
2	5	Andreana GRAHAM	#3 Florida Memorial	A: B 5.77m	18-11¼ (2.0)	4/7
3	41	Mariam DAVIS	#1 Southeastern (F)	5.37mw	17-7½ (2.9)	3/24
4	43	Shakyra COLLIER	#5 St. Thomas (Fla.)	5.36mw	17-7 (2.2)	3/3
5	64	Xaniah WILLIAMS	#4 Webber Internat	5.27m	17-3½ (2.0)	3/3
6	84	Abigail LEUTHOLD	#4 Webber Internat	5.17mw	16-11½ (2.0)	3/3
7	88	Miyah FORD	#1 Southeastern (F)	5.16m	16-11¼ (0.0)	3/17
8	96	Idalia ROMERO-TALBERT	#1 Southeastern (F)	5.12mw	16-9¾ (3.1)	3/17
9		Kailyn KELLY	#2 Keiser (Fla.)	4.99m	16-4½ (1.9)	3/17
10		Lucia ZVONAR	#7 Ave Maria (Fla.)	4.98m	16-4¼ (2.0)	3/17

Women's Triple Jump

1	15	Miyah FORD	#1 Southeastern (F B)	11.56m	37-11¼ (1.0)	3/24
2	21	Xaniah WILLIAMS	#4 Webber Internat	11.31m	37-1¼ (1.1)	3/24
3	22	Abigail LEUTHOLD	#4 Webber Internat	11.30m	37-1 (0.0)	4/7
4	26	LaDaijahnae MILLER	#1 Southeastern (F)	11.25m	36-11 (1.7)	3/17
5	53	Kailyn KELLY	#2 Keiser (Fla.)	10.72mw	35-2 (2.3)	3/17
6	69	Andreana GRAHAM	#3 Florida Memoria	10.56m	34-7¾ (0.0)	4/7
7	73	Shakyra COLLIER	#5 St. Thomas (Fla.)	10.53mw	34-6¾ (2.2)	3/3
8	97	Vanielis RAMOS	#4 Webber Internat	10.23m	33-6¾ (0.1)	3/30
9	98	Ah'leeyah STRAPPIER	#2 Keiser (Fla.)	10.20m	33-5¾ (0.8)	4/7
10	E+0:	Alexia KORNILOV	#5 St. Thomas (Fla.)	10.16mw	33-4 (2.1)	3/3

Women's Shot Put

1	29	Toynelle MING	#5 St. Thomas (Fla.)	12.53m	41-1½	3/3
2	62	Jennifer COLEMAN	#8 Thomas (Ga.)	11.97m	39-3¼	3/24
3	79	Niesha ALDAJUSTE	#4 Webber Internat	11.73m	38-6	3/24
4		Rebecca PERONA	#7 Ave Maria (Fla.)	11.26m	36-11½	2/18
5		Mariam DAVIS	#1 Southeastern (F)	11.11m	36-5½	3/24
6		Angela AUGUSTE	#2 Keiser (Fla.)	11.02m	36-2	3/17
7		Ryeyauni BUSH	#3 Florida Memoria	10.80m	35-5¼	4/7
8		MarieAnge MOUSSIGNAC	#1 Southeastern (F)	10.61m	34-9¾	4/7
9		Emma TERRY	#1 Southeastern (F)	10.41m	34-2	3/30
10		Destinee ALFORD	#4 Webber Internat	10.12m	33-2½	4/7

Women's Discus

1	18	Toynelle MING	#5 St. Thomas (Fla. B)	42.57m	139-8	3/17
2	58	Jennifer COLEMAN	#8 Thomas (Ga.)	38.28m	125-7	3/24
3	80	Niesha ALDAJUSTE	#4 Webber Internat	37.06m	121-7	4/7
4	98	Angela AUGUSTE	#2 Keiser (Fla.)	36.11m	118-6	3/30
5		Ryeyauni BUSH	#3 Florida Memoria	35.92m	117-10	3/24
6		Taela CAMPBELL	#3 Florida Memoria	33.27m	109-2	3/17
7		MarieAnge MOUSSIGNAC	#1 Southeastern (F)	32.16m	105-6	3/30
8		Melissa BROOKS	#2 Keiser (Fla.)	31.56m	103-7	3/30
9		Kenzie WILSON	#5 St. Thomas (Fla.)	30.88m	101-4	3/3
10		Baylie HARTMAN	#1 Southeastern (F)	30.18m	99-¼	3/17

Women's Hammer

1	22	Niesha ALDAJUSTE	#4 Webber Internat B	48.60m	159-6	3/30
2		MarieAnge MOUSSIGNAC	#1 Southeastern (F)	39.64m	130-1	3/30
3		Emma TERRY	#1 Southeastern (F)	36.30m	119-1	4/7
3		Jennifer COLEMAN	#8 Thomas (Ga.)	36.30m	119-1	4/8
5		Melissa BROOKS	#2 Keiser (Fla.)	35.88m	117-9	3/30
6		Taela CAMPBELL	#3 Florida Memoria	35.46m	116-4	3/17
7		Destinee ALFORD	#4 Webber Internat	34.52m	113-3	4/7
8		Angela AUGUSTE	#2 Keiser (Fla.)	33.31m	109-4	4/7
9		Anyce BURKE-GREAVES	#2 Keiser (Fla.)	33.07m	108-6	4/7
10		Ryeyauni BUSH	#3 Florida Memoria	31.31m	102-9	3/17

Women's Javelin

1	25	Rian BOUB	#5 St. Thomas (Fla.)	37.95m	124-6	4/7
2	88	Shyanne LACEY	#1 Southeastern (F)	31.46m	103-3	4/7
3	93	Emma TERRY	#1 Southeastern (F)	30.95m	101-7	3/24
4		Rebecca PERONA	#7 Ave Maria (Fla.)	30.04m	98-6¾	3/30
5		Kaylee HIGGINS	#3 Florida Memoria	28.41m	93-2½	3/24
6		Jennifer COLEMAN	#8 Thomas (Ga.)	28.36m	93-½	3/17
7		Mariam DAVIS	#1 Southeastern (F)	28.25m	92-8¼	3/17
8		Irmiris MENDEZ	#1 Southeastern (F)	26.64m	87-5	3/30
9		Kailyn KELLY	#2 Keiser (Fla.)	25.49m	83-7½	3/30
10		Baylie HARTMAN	#1 Southeastern (F)	25.46m	83-6½	3/30

Women's Heptathlon

1	9	Irmiris MENDEZ	#1 Southeastern (F B)	4,069w	3/30
2	14	Kailyn KELLY	#2 Keiser (Fla.) B	3,901w	3/30
3	22	Natalie ROHM	#1 Southeastern (F)	3,245w	3/30
4	29	Marie MARC	#2 Keiser (Fla.)	2,875w	3/30



Conference TFRI Event Summary

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The Heart

Women's 100 Meters

1	7	Gizel CLAYTON	#1	Central Methodist	A: 11.89w	(2.4)	3/31
2	41	Eden CLIFTON	#9	Graceland (Iowa)	12.26w	(3.3)	3/25
3	43	Delaney WEIMER	#8	Evangel (Mo.)	12.27	(1.5)	4/8
4	66	Naomi KILSON	#6	Baker (Kan.)	12.46w	(2.4)	3/31
5	96	Alexandra ROSE	#10	William Penn (Io)	12.63w	(3.1)	4/7
5	96	Daizy SOLIR	#3	MidAmerica Naz	12.63	(-0.4)	3/31
7	10	Janiah NICHOLSON	#3	MidAmerica Naz	12.64	(1.9)	4/8
8		Tabitha ROGERS	#10	William Penn (Io)	12.76w	(2.1)	4/7
9		Brooklyn JOHNSON	#5	Mount Mercy (Io)	12.85	(1.2)	4/1
10		Sakoya JOHNSON	#1	Central Methodist	12.89	(-2.2)	3/24

Women's 100 Meter Hurdles

1	2	Tre'Breh SCOTT	#1	Central Methodist	A: 13.81	(1.8)	4/7
2	3	Gizel CLAYTON	#1	Central Methodist	A: 13.83	(0.8)	3/24
3	11	Tajanique BELL	#6	Baker (Kan.)	A: 14.40	(0.8)	3/31
4	51	Renee FINKE	#1	Central Methodist	15.40	(0.8)	3/31
5	54	Annie LEOPOLD	#5	Mount Mercy (Io)	15.43w	(2.9)	4/1
6	64	Jocelyn JENKINS	#3	MidAmerica Naz	15.62	(-0.4)	3/31
7	68	Shanai SWEETING	#11	Park (Mo.)	15.67	(1.9)	3/30
8	80	Hope KLAMM	#11	Park (Mo.)	15.90	(1.0)	3/23
9	83	Abigail BATU-TIAKO	#10	William Penn (Io)	15.92w	(2.8)	4/7
10	90	Cayna LOVE	#2	Benedictine (Ka)	16.07	(0.9)	3/25

Women's 200 Meters

1	23	Gizel CLAYTON	#1	Central Methodist	24.90	(1.4)	3/31
2	24	Darly CAMILO-MONTENEGRO	#1	Central Methodist	24.96	(1.4)	3/31
3	76	Eden CLIFTON	#9	Graceland (Iowa)	25.89	(1.2)	3/25
4	84	Delaney WEIMER	#8	Evangel (Mo.)	25.97	(-0.4)	4/8
5	88	Daizy SOLIR	#3	MidAmerica Naz	25.98	(-0.7)	3/25
6	94	Janiah NICHOLSON	#3	MidAmerica Naz	26.03	(-0.7)	3/25
7	98	Allena ROWLAND	#7	Clarke (Iowa)	26.06w	(3.2)	3/31
8		Naomi KILSON	#6	Baker (Kan.)	26.17	(1.4)	3/31
9		Raven WILLIAMS	#10	William Penn (Io)	26.20w	(3.0)	4/7
10		Tabitha ROGERS	#10	William Penn (Io)	26.66w	(2.7)	4/7

Women's 400 Meters

1	7	Nikiwe MONGWE	#3	MidAmerica Naz	A: 55.90		4/8
2	15	Darly CAMILO-MONTENEGRO	#1	Central Methodist	B 57.12		3/24
3	49	Daizy SOLIR	#3	MidAmerica Naz	59.15		4/8
4	53	Allena ROWLAND	#7	Clarke (Iowa)	59.38		4/5
5	70	Janiah NICHOLSON	#3	MidAmerica Naz	59.91		3/31
6	76	Brooklyn JOHNSON	#5	Mount Mercy (Io)	1:00.14		4/7
7	93	Raven WILLIAMS	#10	William Penn (Io)	1:00.63		3/25
8	98	Natalie GARR	#1	Central Methodist	1:00.78		3/25
9		Neomi SIDIQUE	#4	Grand View (Iow)	1:01.15		3/25
10		Destiny LASSITER	#3	MidAmerica Naz	1:01.54		4/8

Women's 400 Meter Hurdles

1	11	Tajanique BELL	#6	Baker (Kan.)	B 1:04.30		3/25
2	18	Allena ROWLAND	#7	Clarke (Iowa)	1:05.53		3/31
3	19	Yanira DEANA PANINKA	#1	Central Methodist	1:05.77		4/7
4	25	Abigail GOOD	#8	Evangel (Mo.)	1:06.34		3/31
5	28	Jocelyn JENKINS	#3	MidAmerica Naz	1:06.67		4/8
6	29	Stella WHALEN	#3	MidAmerica Naz	1:06.68		3/31
7	31	Jessica BAILEY	#1	Central Methodist	1:06.76		4/7
8	32	Cayna LOVE	#2	Benedictine (Ka)	1:06.86		3/25
9	36	Keiara-Ashley CUNNINGHAM	#1	Central Methodist	1:07.50		4/7
10	45	Liberty WILES	#8	Evangel (Mo.)	1:08.21		4/8

Women's 800 Meters

1	6	Darly CAMILO-MONTENEGRO	#1	Central Methodist	B 2:14.74		4/7
2	7	Jena HAHLEBECK	#11	Park (Mo.)	B 2:15.18		3/30
3	11	Caroline COBO	#2	Benedictine (Ka)	2:16.10		3/23
4	68	Kjirsten GUILFORD	#1	Central Methodist	2:22.51		3/31
5	72	Skylar ADAMS	#8	Evangel (Mo.)	2:22.62		4/8
6	93	Allena ROWLAND	#7	Clarke (Iowa)	2:24.01		4/7
7	95	Macy KOPP	#8	Evangel (Mo.)	2:24.04		4/8
8	98	Alison AMBUUL	#2	Benedictine (Ka)	2:24.51		3/25
9	99	Emily HARRIS	#8	Evangel (Mo.)	2:24.55		3/24
10		Gemma DOWNEY	#2	Benedictine (Ka)	2:24.59		3/25

Women's 1500 Meters

1	46	Caroline COBO	#2	Benedictine (Ka)	4:49.19		3/25
2	80	Morgan LAWSON	#4	Grand View (Iow)	4:54.74		3/25
3	82	Natasha ORTIZ	#2	Benedictine (Ka)	4:55.00		3/25
4	93	Emily HARRIS	#8	Evangel (Mo.)	4:57.20		3/24
5		Julia MCLAUGHLIN	#2	Benedictine (Ka)	4:59.21		3/25
6		Rory BICKLER	#7	Clarke (Iowa)	5:03.27		3/25
7		Gemma DOWNEY	#2	Benedictine (Ka)	5:07.81		3/25
8		Madeline WIESEMAN	#1	Central Methodist	5:07.82		4/7
9		Mary ROLWES	#2	Benedictine (Ka)	5:08.88		3/25
10		J'Lyn KNUTSON	#5	Mount Mercy (Io)	5:09.20		4/7

Women's Steeplechase

1	10	Caroline COBO	#2	Benedictine (Ka)	11:30.54		3/23
2	14	Morgan LAWSON	#4	Grand View (Iow)	11:35.49		4/1
3	21	Keagan PERKINS	#9	Graceland (Iowa)	11:42.04		4/8
4	53	Jana LANDRETH	#6	Baker (Kan.)	12:42.61		4/8
5	54	Jaycie FRANCO	#7	Clarke (Iowa)	12:42.67		4/5
6	57	Jessa DAY	#5	Mount Mercy (Io)	12:46.44		4/1
7	71	Abby RINDERKNECHT	#5	Mount Mercy (Io)	13:00.50		4/1
8	89	Blaise BALL	#6	Baker (Kan.)	13:52.88		4/8



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The Heart

Women's 5000 Meters

1	44	Natasha ORTIZ	#2	Benedictine (Ka)	18:20.91	3/23
2	61	Emily HARRIS	#8	Evangel (Mo.)	18:41.60	3/31
3	89	Mary ROLWES	#2	Benedictine (Ka)	18:57.98	3/23
4	96	Julia MCLAUGHLIN	#2	Benedictine (Ka)	19:01.35	3/23
5		Isabella GUERRA	#2	Benedictine (Ka)	19:09.19	3/23
6		Lily MENGHINI	#2	Benedictine (Ka)	19:15.84	3/23
7		J'Lyn KNUTSON	#5	Mount Mercy (Io)	19:35.02	3/17
8		Rory BICKLER	#7	Clarke (Iowa)	19:36.32	4/5
9		Brooke ALLEN	#6	Baker (Kan.)	19:45.29	3/25
10		Catherine AARON	#2	Benedictine (Ka)	19:46.39	3/23

Women's 10,000 Meters

1	31	Rory BICKLER	#7	Clarke (Iowa)	39:28.03	4/1
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Women's 5000m Race Walk

1	8	Paige THOMPSON	#4	Grand View (Iowa)	28:27.48	3/25
2	11	Baileigh MORRIS	#1	Central Methodist (Mo.)	29:40.11	3/31
3	25	Mickenzie FISHER	#9	Graceland (Iowa)	35:27.43	3/25
4	28	Olivia SIEFKER	#3	MidAmerica Naz	42:19.47	3/31
5	29	Gracie ENOCHS	#3	MidAmerica Naz	42:19.58	3/31

Women's 4x100 Relay

1	44	Raven WILLIAMS, Abigail BATU-TIAKO, Tabitha ROGERS, Alexandra ROSE	#10	William Penn (Io)	49.73	4/7
2	58	Maryleslie JAVIER, Ambar FULGENCIO, Jacey LEWIS, Eden CLIFTON	#9	Graceland (Iowa)	50.99	4/8
2	58	Arianna MADDOCK, Liberty WILES, McKenzie ROBBINS, Delaney WEIMER	#8	Evangel (Mo.)	50.99	3/24
4	62	Erika CANADA, Anna PAUL, Karima KOKO, Neomi SIDIQUE	#4	Grand View (Iowa)	51.24	4/1
5	63	Annie LEOPOLD, Aleksya LECLERE, Kiah COFFIN, Brooklyn JOHNSON	#5	Mount Mercy (Io)	51.36	4/7
6	74	https://www.tfrrs.org/teams/1871	#12	Missouri Valley	52.27	3/24

Women's 4x400 Relay

1	4	Darby CAMILO-MONTENEGRO, Tre'Breh SCOTT, Sakoya JOHNSON, Kijrsten GUILFORD	#1	Central Methodist (Mo.)	3:49.98	3/24
2	15	Daizy SOLIR, Nikiwe MONGWE, Jocelyn JENKINS, Stella WHALEN	#3	MidAmerica Naz	4:00.35	3/31
3	32	Alison AMBUUL, Antonia SMITH, Tatiana SMITH, Brynna GORMLEY	#2	Benedictine (Ka)	4:10.08	3/25
4	37	Tajanique BELL, Rachel STERNER, Naomi KILSON, Lauren HAVLIK	#6	Baker (Kan.)	4:11.27	3/25
5	42	Allison ANDERSON, Solange CARTER, Jena HAHLEBECK, Shanai SWEETING	#11	Park (Mo.)	4:14.01	3/30
6	49	Abigail GOOD, Macy KOPP, Hannah EVANS, Taylor COLLINS	#8	Evangel (Mo.)	4:15.35	4/8
7	52	Allena ROWLAND, Anyah RANSON, Isabelle MATTHEWS, Jaycie FRANCO	#7	Clarke (Iowa)	4:16.70	3/25
8	56	Karima KOKO, Ikilas HASAN, Faith NEELEY, Morgan LAWSON	#4	Grand View (Iowa)	4:18.77	3/25
9	59	Eden CLIFTON, Keagan PERKINS, Sidney GILLILAND, Ashlynn PERKINS	#9	Graceland (Iowa)	4:19.47	3/25
10	61	Jane WATTS, Emily LECHUGA, Katherine ROJAS, Federica GAMMAROTA	#12	Missouri Valley	4:20.06	3/24

Women's 4x800 Relay

1	15	Sydney WOODS, Abby RINDERKNECHT, Ruth JENNINGS, Yaqueline HERNANDEZ	#5	Mount Mercy (Io)	10:39.55	3/17
2	17	Rachel STERNER, Jana LANDRETH, Samantha SLIFE, Haley THOMPSON	#6	Baker (Kan.)	10:54.89	3/25



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The Heart

Women's High Jump

1	3	Renee FINKE	#1	Central Methodist A	1.70m	5-7	4/7
2	15	Sidney GILLILAND	#9	Graceland (Iowa)	1.63m	5-4¼	4/8
3	20	Delaney MILLER	#1	Central Methodist	1.60m	5-3	3/31
4	30	Ashlynn PERKINS	#9	Graceland (Iowa)	1.58m	5-2¼	4/8
5	34	Avril MAUGHAN	#4	Grand View (Iowa)	1.57m	5-1¾	3/25
6	40	Hannah EVANS	#8	Evangel (Mo.)	1.55m	5-1	3/31
7	58	Nykeriah ALLEN	#2	Benedictine (Kan.)	1.54m	5-½	3/25
7	58	Carly LINDENMEYER	#3	MidAmerica Nazarene	1.54m	5-½	3/25
9	91	Amy KAMTIO	#6	Baker (Kan.)	1.48m	4-10¼	4/8
10	96	Isabelle MATTHEWS	#7	Clarke (Iowa)	1.47m	4-9¾	4/5
10	96	Anyah RANSON	#7	Clarke (Iowa)	1.47m	4-9¾	3/25

Women's Pole Vault

1	30	Carter HAWKINS	#1	Central Methodist	3.27m	10-8¾	4/7
2	31	Emma GRANT	#7	Clarke (Iowa)	3.25m	10-8	4/5
2	31	Grace SQUIRES	#7	Clarke (Iowa)	3.25m	10-8	4/5
4	55	Autumn MCLAUGHLIN	#7	Clarke (Iowa)	3.05m	10-0	3/25
5	63	Ambar FULGENCIO	#9	Graceland (Iowa)	2.95m	9-8	3/31
6	79	Amara REICHERT	#1	Central Methodist	2.80m	9-2¼	3/31
6	79	Malia BEICH	#7	Clarke (Iowa)	2.80m	9-2¼	4/5
8	87	Gemma STARRS	#2	Benedictine (Kan.)	2.74m	8-11¾	3/25
9		Samantha BITZ	#12	Missouri Valley	2.52m	8-3¼	4/7
10		Avril MAUGHAN	#4	Grand View (Iowa)	2.30m	7-6½	3/25

Women's Long Jump

1	15	Carly LINDENMEYER	#3	MidAmerica Nazarene B	5.66m	18-7 (0.0)	3/31
2	20	Abigail BATU-TIAKO	#10	William Penn (Iowa)	5.53m	18-1¾ (0.0)	3/25
3	37	Brooklyn JOHNSON	#5	Mount Mercy (Iowa)	5.40m	17-8¾ (0.0)	3/17
4	41	Reanna GREEN	#3	MidAmerica Nazarene	5.37m	17-7½ (0.0)	3/31
5	49	Naomi KILSON	#6	Baker (Kan.)	5.32m	17-5½ (1.3)	4/8
6	98	Emma TERWISCHE	#7	Clarke (Iowa)	5.10m	16-8¾ (3.9)	4/1
7		Sarah JOHNSON	#1	Central Methodist	5.04m	16-6½ (1.1)	4/7
8		Hannah EVANS	#8	Evangel (Mo.)	5.03m	16-6 (1.8)	3/31
9		Dawn MCINTYRE	#11	Park (Mo.)	5.01m	16-5¼ (1.6)	3/30
10		Nala BURNS	#3	MidAmerica Nazarene	4.94m	16-2½ (0.0)	3/31

Women's Triple Jump

1	36	Amy KAMTIO	#6	Baker (Kan.)	11.02m	36-2 (0.1)	4/8
2	40	Hayley LOEWEN	#3	MidAmerica Nazarene	10.96m	35-11½ (1.1)	3/31
3	41	Jacee WILSON	#8	Evangel (Mo.)	10.94m	35-10¾ (3.1)	3/17
4	58	Lauren DAVIS	#8	Evangel (Mo.)	10.65m	34-11¼ (1.1)	3/31
5	71	Sarah JOHNSON	#1	Central Methodist	10.54m	34-7 (1.3)	3/31
6	74	Reanna GREEN	#3	MidAmerica Nazarene	10.52m	34-6¼ (0.3)	3/31
7	79	Jessica SHEIL	#8	Evangel (Mo.)	10.42m	34-2¼ (0.0)	4/8
8	82	Renee FINKE	#1	Central Methodist	10.38m	34-¾ (-1.7)	4/7
9	85	Aleksya LECLERE	#5	Mount Mercy (Iowa)	10.37m	34-¾ (3.2)	4/1
10		Emma DEANA PANINKA	#1	Central Methodist	10.12m	33-2½ (1.1)	3/31

Women's Shot Put

1	11	Bre NAIL	#5	Mount Mercy (Iowa)	13.46m	44-2	4/7
2	12	Baylee BEARD	#1	Central Methodist B	13.40m	43-11¾	3/31
3	16	Madison GREEN	#4	Grand View (Iowa)	12.96m	42-6¼	4/1
4	17	Kady VANDEMARK	#9	Graceland (Iowa)	12.95m	42-6	3/25
5	35	Victoria LOTZ	#3	MidAmerica Nazarene	12.41m	40-8¾	4/7
6	46	Bahati NABINDU	#9	Graceland (Iowa)	12.27m	40-3¼	4/8
7	51	Erica MARTIN	#10	William Penn (Iowa)	12.16m	39-10¾	4/7
8	56	Madison SUTTON	#2	Benedictine (Kan.)	12.05m	39-6½	3/25
9	66	Caitlin WITT	#3	MidAmerica Nazarene	11.91m	39-1	3/31
10	67	April CZARNECKI	#4	Grand View (Iowa)	11.89m	39-¼	4/1

Women's Discus

1	5	Madison GREEN	#4	Grand View (Iowa)	44.79m	147-0	3/25
2	6	Victoria LOTZ	#3	MidAmerica Nazarene B	44.65m	146-6	3/31
3	8	Madison SUTTON	#2	Benedictine (Kan.)	44.43m	145-9	3/25
4	36	Kali BROWN	#1	Central Methodist	40.75m	133-9	4/7
5	42	Kady VANDEMARK	#9	Graceland (Iowa)	39.63m	130-0	4/8
6	47	Iliyah MOORE	#4	Grand View (Iowa)	39.16m	128-6	3/25
7	49	Karli WOLFE	#1	Central Methodist	39.11m	128-4	4/7
8	53	Ellen KANGAS	#5	Mount Mercy (Iowa)	38.50m	126-4	3/17
9	56	Grace KELLEY	#5	Mount Mercy (Iowa)	38.33m	125-9	3/17
10	57	Jacy ANDERSON	#6	Baker (Kan.)	38.30m	125-8	3/25

Women's Hammer

1	6	Madison GREEN	#4	Grand View (Iowa)	51.65m	169-6	3/25
2	8	Baylee BEARD	#1	Central Methodist A	51.20m	168-0	3/31
3	12	Madison SUTTON	#2	Benedictine (Kan.) B	50.27m	164-11	3/25
4	29	Macie ABLES	#12	Missouri Valley	46.71m	153-3	3/24
5	36	Iliyah MOORE	#4	Grand View (Iowa)	45.75m	150-1	3/25
6	47	Karli WOLFE	#1	Central Methodist	44.77m	146-11	4/7
7	49	Victoria LOTZ	#3	MidAmerica Nazarene	44.50m	146-0	3/25
8	51	Naiyah LANDRUM	#11	Park (Mo.)	44.34m	145-6	3/23
9	64	Royal HART	#7	Clarke (Iowa)	42.97m	141-0	4/5
10	66	Jzonei JONES	#5	Mount Mercy (Iowa)	42.91m	140-10	3/17

Women's Javelin

1	23	Kiana ORTIZ	#13	Culver-Stockton	38.08m	124-11	4/7
2	28	Abby HILL	#5	Mount Mercy (Iowa)	37.61m	123-5	4/7
3	48	Grace GODARD	#2	Benedictine (Kan.)	34.60m	113-6	3/25
4	57	Melanie HUBBS	#13	Culver-Stockton	33.78m	110-10	3/31
5	67	Julie COFFEY	#6	Baker (Kan.)	32.98m	108-3	4/8
6	99	Nicole MERICAL	#6	Baker (Kan.)	30.52m	100-2	3/25
7		Baileigh MORRIS	#1	Central Methodist	29.88m	98-½	4/7
8		Olivia HERRING	#5	Mount Mercy (Iowa)	28.24m	92-8	4/7
9		Renee FINKE	#1	Central Methodist	27.77m	91-1½	3/31
10		Bahati NABINDU	#9	Graceland (Iowa)	27.33m	89-8	4/8

Women's Heptathlon

1	19	Paige SCHMID	#2	Benedictine (Kan.)	3,458	3/23
2	25	Leah SATTler	#2	Benedictine (Kan.)	3,144	3/23



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Women's 100 Meters

1	12	Jamaya WARTHEN	#1	Indiana Tech	B	11.99	(1.4)	4/6
2	27	Kiya POGUE	#1	Indiana Tech		12.14w	(2.6)	3/30
3	45	Anaiya JONES	#5	Madonna (Mich.)		12.28	(-0.3)	3/29
4	61	Katlyn JONES	#1	Indiana Tech		12.39w	(2.4)	3/30
5	66	Taylor KYLE	#1	Indiana Tech		12.46w	(2.6)	3/30
6		Ketelynn DIX	#4	Cornerstone (Mi)		12.66w	(2.1)	3/31
7		Jenna-Ann JOHNSON	#2	Siena Heights (N)		12.83	(1.5)	4/8
8		Theresa JUDD	#3	Aquinas (Mich.)		12.88w	(2.2)	3/31
9		Halle SCHNYDERS	#4	Cornerstone (Mi)		12.89	(0.9)	3/31
10		Leah DECKER	#3	Aquinas (Mich.)		12.94w	(2.1)	3/31

Women's 100 Meter Hurdles

1	13	Kiya POGUE	#1	Indiana Tech	B	14.50w	(3.0)	4/6
2	33	Faith JACKSON	#2	Siena Heights (N)		15.05w	(2.3)	3/31
3	36	Theresa JUDD	#3	Aquinas (Mich.)		15.11w	(2.3)	3/31
4	42	Katlyn JONES	#1	Indiana Tech		15.20	(1.6)	4/6
5	51	Linnearia RICHARDS	#2	Siena Heights (N)		15.40	(1.8)	3/31
6	65	Denise TURPIN	#1	Indiana Tech		15.64	(1.7)	3/30
7	71	Omarea DANIELS	#1	Indiana Tech		15.70	(1.7)	3/30
8		Emily JONES	#3	Aquinas (Mich.)		16.16w	(3.2)	3/31
9		Shanna HAN	#3	Aquinas (Mich.)		16.34	(0.4)	4/7
10		Kirsten SCHAPMAN	#7	Rochester (Mich)		16.83	(1.1)	4/8

Women's 200 Meters

1	14	Jamaya WARTHEN	#1	Indiana Tech	B	24.68	(1.0)	4/6
2	31	Kayla MOODY	#1	Indiana Tech		25.16	(0.9)	4/7
3	82	Ronnie MCMILLAN	#3	Aquinas (Mich.)		25.96	(1.4)	4/7
4		Jakarri ALVEN	#3	Aquinas (Mich.)		26.27	(1.4)	4/7
5		Taylor KYLE	#1	Indiana Tech		26.37	(0.9)	4/6
6		Olaide OLAPADE	#1	Indiana Tech		26.41	(0.2)	4/7
7		Leah DECKER	#3	Aquinas (Mich.)		26.57	(1.4)	4/7
8		Jenna-Ann JOHNSON	#2	Siena Heights (N)		26.82	(1.5)	4/8
9		Janiyah HOPKINS	#3	Aquinas (Mich.)		27.29	(1.4)	4/7
10		Theresa JUDD	#3	Aquinas (Mich.)		27.40	(1.4)	4/7

Women's 400 Meters

1	6	Charity JONES	#5	Madonna (Mich.)	A:B	55.72		3/30
2	9	Jayla BROWN	#5	Madonna (Mich.)	A:B	56.21		3/30
3	19	Ronnie MCMILLAN	#3	Aquinas (Mich.)	B	57.26		4/7
4	20	Kayla MOODY	#1	Indiana Tech	B	57.34		4/7
5	22	Jo'Deci IRBY	#1	Indiana Tech		57.41		3/30
6	40	Junae BENNETT	#1	Indiana Tech		58.52		3/30
7	48	Olaide OLAPADE	#1	Indiana Tech		59.12		4/7
8	50	Kennia DEXTER	#1	Indiana Tech		59.19		3/30
9	54	Sarah GENZINK	#4	Cornerstone (Mi)		59.41		3/31
10		Janiyah HOPKINS	#3	Aquinas (Mich.)		1:02.92		4/7

Women's 400 Meter Hurdles

1	39	Linnearia RICHARDS	#2	Siena Heights (N)		1:07.80		4/8
2	60	Faith KURTZ	#4	Cornerstone (Mi)		1:09.32		3/31
3	67	Denise TURPIN	#1	Indiana Tech		1:09.74		4/7
4	71	Chelsee MARTINO	#4	Cornerstone (Mi)		1:10.09		3/24
5	73	Aniya ADAMS	#8	Lawrence Tech (		1:10.45		4/8
6	84	Amanda USREY	#7	Rochester (Mich)		1:10.84		4/8
7	94	Rachel ROSE	#2	Siena Heights (N)		1:11.90		4/8
8		Emily BELINSKY	#6	Concordia (Mich)		1:12.91		4/8
9		Jayline DEJESUS	#7	Rochester (Mich)		1:17.01		4/8
10		Lily KUEBER	#6	Concordia (Mich)		1:17.20		4/8

Women's 800 Meters

1	1	Lisa VOYLES	#1	Indiana Tech	A:B	2:10.62		4/6
2	18	Maggie WHITNEY	#3	Aquinas (Mich.)		2:16.81		3/31
3	40	Jessica PHILLIPS	#5	Madonna (Mich.)		2:20.38		3/30
4	49	Jacqueline ALBO	#8	Lawrence Tech (		2:21.36		4/8
5		Kori BAUMANN	#4	Cornerstone (Mi)		2:24.63		3/31
6		Lily GREIWE	#1	Indiana Tech		2:25.59		4/6
7		Haven EVANS	#1	Indiana Tech		2:26.44		4/6
8		Izzie LASHAWAY	#5	Madonna (Mich.)		2:26.60		3/30
9		Whitney RICKS	#5	Madonna (Mich.)		2:26.95		4/8
10		Kaitlyn THOMAS	#3	Aquinas (Mich.)		2:27.47		3/31

Women's 1500 Meters

1	2	Lisa VOYLES	#1	Indiana Tech	A:B	4:27.83		4/6
2	34	Krista BOESE	#1	Indiana Tech		4:46.38		4/6
3	35	Hannah ADLER	#3	Aquinas (Mich.)		4:46.54		3/31
4		Mckenna PALMER	#1	Indiana Tech		5:00.15		4/6
5		Kaitlyn THOMAS	#3	Aquinas (Mich.)		5:01.65		4/7
6		Aliyah PEREZ	#9	Lourdes (Ohio)		5:02.29		4/8
7		Jacqueline ALBO	#8	Lawrence Tech (		5:02.45		3/31
8		Molly HARDING	#3	Aquinas (Mich.)		5:05.03		3/31
9		Aleah DYMOND	#7	Rochester (Mich)		5:14.09		4/8
10		Xochitl GARCIA	#2	Siena Heights (N)		5:15.65		3/31

Women's Steeplechase

1	22	Hannah ASSENMACHER	#8	Lawrence Tech (		11:42.76		4/8
2	26	Heather ELLER	#7	Rochester (Mich)		11:56.53		4/8
3		Taylor IMUS	#9	Lourdes (Ohio)		15:39.33		4/8
4		Juliana DITULLIO	#9	Lourdes (Ohio)		18:07.68		4/8



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WHAC

Women's 5000 Meters

1	82	Hannah ASSENMACHER	#8	Lawrence Tech (	18:52.94	3/17
2	99	Rose PAOLETTI	#5	Madonna (Mich.)	19:05.04	4/8
3		Xochitl GARCIA	#2	Siena Heights (M	19:11.71	4/8
4		Rachael BARONE	#4	Cornerstone (Mi	19:57.81	3/24
5		Kylie JONES	#7	Rochester (Mich	20:03.27	4/8
6		Molly KLINE	#8	Lawrence Tech (	20:28.92	4/8
7		Olivia WATERSTRADT	#9	Lourdes (Ohio)	20:39.41	4/8
8		Jordyn BRONOWSKI	#2	Siena Heights (M	20:58.57	4/8
9		Samantha ROUSSEAU	#5	Madonna (Mich.)	21:05.42	4/8
10		Korissa VANOVER	#1	Indiana Tech	21:31.56	4/7

Women's 10,000 Meters

1	27	Lauren GORES	#10	Cleary (Mich.)	39:15.90	3/31
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Women's 4x100 Relay

1	7	Anaiya JONES, Charity JONES, Nia WOOD, Jayla BROWN	#5	Madonna (Mich.)	A:B 47.19	3/29
2	12	Kiya POGUE, Jamaya WARTHEN, Taylor KYLE, Katlyn JONES	#1	Indiana Tech	A:B 47.45	3/30
3	34	Faith JACKSON, Erica ALBRECHT, Linnearia RICHARDS, Jenna-Ann JOHNSON	#2	Siena Heights (M	49.33	4/8
4	46	Morgan VARGO, Ketelynn DIX, Chelsee MARTINO, Halle SCHNYDERS	#4	Cornerstone (Mi	49.88	3/31
5	53	Theresa JUDD, Ronnie MCMILLAN, Leah DECKER, Shanna HAN	#3	Aquinas (Mich.)	50.69	4/7
6	72	Dayreona VALLEY, Paige THOMAS, Natalie SAMPLE, Lindsey PUMFORD	#9	Lourdes (Ohio)	52.10	4/8

Women's 4x400 Relay

1	5	Jayla BROWN, Charity JONES, Jessica PHILLIPS, Nia WOOD	#5	Madonna (Mich.)	A:B 3:53.12	3/29
2	41	Sarah GENZINK, Madi HAID, Faith KURTZ, Kori BAUMANN	#4	Cornerstone (Mi	4:13.07	3/31
3	48	Jenna SALEK, Rachel ROSE, Tiffani LARDER, Bailey MCCULLOCH	#2	Siena Heights (M	4:15.18	3/31
4	65	Lindsey PUMFORD, Paige THOMAS, Aliyah PEREZ, Natalie SAMPLE	#9	Lourdes (Ohio)	4:22.31	4/8
5	94	Amanda FOGO, Alison DOERR, Madisyn FLAMINI, Mary SALEM	#6	Concordia (Mich	5:02.04	4/8

Women's High Jump

1	7	Kaylee DIAMOND	#3	Aquinas (Mich.)	B 1.65m	5-5	3/31
2	13	Emma VALENTINE	#2	Siena Heights (M	1.64m	5-4½	3/31
2	13	Daijah HILL	#2	Siena Heights (M	1.64m	5-4½	3/31
4	20	Kaitlin ESSIG	#4	Cornerstone (Mi	1.60m	5-3	3/29
5	40	Morgan LUTTON	#2	Siena Heights (M	1.55m	5-1	4/8
6	58	Brianna HATFIELD	#2	Siena Heights (M	1.54m	5-½	3/31
6	58	Braely HERREMA	#4	Cornerstone (Mi	1.54m	5-½	3/31
8	67	Kendall WILLIAMSON	#4	Cornerstone (Mi	1.50m	4-11	3/29
8	67	Chana STAPLES	#5	Madonna (Mich.)	1.50m	4-11	4/8
10		Alexis FURGASON	#3	Aquinas (Mich.)	1.45m	4-9	3/31
10		Presley AVERY	#3	Aquinas (Mich.)	1.45m	4-9	3/31

Women's Pole Vault

1	1	Ashley VERPLANK	#4	Cornerstone (Mi)	A:B 3.81m	12-6	3/29
2	2	Tyler FUGATE	#2	Siena Heights (M)	A:B 3.80m	12-5½	3/31
2	2	Margherita CONRAD	#2	Siena Heights (M)	A:B 3.80m	12-5½	3/31
2	2	Erica ALBRECHT	#2	Siena Heights (M)	A:B 3.80m	12-5½	3/31
5	9	Tatum TOWNSEND	#4	Cornerstone (Mi)	A:B 3.65m	11-11¾	3/24
5	9	Samantha NOWELL	#2	Siena Heights (M)	A:B 3.65m	11-11¾	3/31
7	13	Shaily BAYNES	#3	Aquinas (Mich.)	3.50m	11-5¾	3/31
7	13	Chasity MIES	#2	Siena Heights (M	3.50m	11-5¾	3/31
9	39	Abigail STAUBER	#2	Siena Heights (M	3.20m	10-6	3/31
9	39	Maeve MILLIGAN	#1	Indiana Tech	3.20m	10-6	4/7



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Women's Long Jump

1	11	Morgan VARGO	#4	Cornerstone (Mi B	5.67m	18-7¼ (0.0	3/31
2	46	Anajah GOMILLIA	#1	Indiana Tech	5.35mw	17-6¾ (4.0	3/30
3	65	Carlie TURNER	#1	Indiana Tech	5.26mw	17-3¼ (3.0	3/30
4		Tiffani LARDER	#2	Siena Heights (N	5.02m	16-5¼ (0.0	3/31
4		Omarea DANIELS	#1	Indiana Tech	5.02m	16-5¼ (2.0	3/30
6		Kaylee DIAMOND	#3	Aquinas (Mich.)	5.01m	16-5¼ (0.0	3/31
7		Yasmin DAVIS	#1	Indiana Tech	4.99mw	16-4½ (2.2	3/30
8		Domanique DOUGLAS	#1	Indiana Tech	4.89m	16-½ (1.3	4/7
9		Mikayla DANIELS	#1	Indiana Tech	4.82m	15-9¾ (0.2	4/7
10		Shanna HAN	#3	Aquinas (Mich.)	4.77m	15-7¾ (0.0	3/31

Women's Triple Jump

1	58	Kaylee DIAMOND	#3	Aquinas (Mich.)	10.65m	34-11¼ (-1	4/7
2	86	Kirsten SCHAPMAN	#7	Rochester (Mich	10.36m	34-0 (0.0)	4/8
3		Tiffani LARDER	#2	Siena Heights (N	10.10m	33-1¾ (0.0	3/31
4		Presley AVERY	#3	Aquinas (Mich.)	9.68m	31-9¼ (-0.	4/7
5		Samantha SCOTT	#2	Siena Heights (N	9.54m	31-3¾ (0.0	3/31
6		Alexis FURGASON	#3	Aquinas (Mich.)	9.27m	30-5 (-0.3)	4/7

Women's Shot Put

1	13	Lena KORTE	#6	Concordia (Mich B	13.21m	43-4¼	4/8
2	36	Rebecca BELTRAN	#3	Aquinas (Mich.)	12.40m	40-8¼	4/7
3	52	Hayley THOMPSON	#1	Indiana Tech	12.15m	39-10½	3/30
4	59	Kaydence RICHARDSON	#3	Aquinas (Mich.)	12.04m	39-6	3/31
5	70	Jenna BREUKER	#4	Cornerstone (Mi	11.84m	38-10¼	4/7
6	77	Claire MEACHAM	#4	Cornerstone (Mi	11.74m	38-6¼	4/7
7	99	Emilee KESSLER	#5	Madonna (Mich.)	11.40m	37-5	3/30
7	99	Akiyah ASH	#2	Siena Heights (N	11.40m	37-5	3/31
9		McKenna BUEHLER	#3	Aquinas (Mich.)	11.24m	36-10½	3/31
10		LaTarsha MOORE	#1	Indiana Tech	10.93m	35-10½	3/30

Women's Discus

1	26	Julia HIRT	#6	Concordia (Mich	41.95m	137-8	3/31
2	37	Jenna BREUKER	#4	Cornerstone (Mi	40.37m	132-6	4/7
3	38	Rebecca BELTRAN	#3	Aquinas (Mich.)	40.02m	131-4	4/7
4	64	Akiyah ASH	#2	Siena Heights (N	37.85m	124-2	4/8
5	86	Claire MEACHAM	#4	Cornerstone (Mi	36.70m	120-5	3/29
6	87	Deneara MBOUG	#1	Indiana Tech	36.60m	120-1	3/30
7		Victoria TODD	#1	Indiana Tech	35.81m	117-6	3/30
8		Hayley THOMPSON	#1	Indiana Tech	35.23m	115-7	3/30
9		Kaydence RICHARDSON	#3	Aquinas (Mich.)	34.81m	114-3	4/7
10		McKenna BUEHLER	#3	Aquinas (Mich.)	34.78m	114-1	3/31

Women's Hammer

1	5	Emilee KESSLER	#5	Madonna (Mich.)	51.75m	169-10	4/8
2	34	Erin GOTHA	#2	Siena Heights (N	45.96m	150-10	3/31
3	43	Jenna BREUKER	#4	Cornerstone (Mi	45.09m	147-11	4/7
4	50	Deneara MBOUG	#1	Indiana Tech	44.44m	145-10	3/30
5	73	Kaydence RICHARDSON	#3	Aquinas (Mich.)	42.55m	139-7	4/7
6	86	Claire MEACHAM	#4	Cornerstone (Mi	41.16m	135-1	4/7
7	91	LaTarsha MOORE	#1	Indiana Tech	40.86m	134-1	4/7
8	95	Hayley THOMPSON	#1	Indiana Tech	40.66m	133-5	3/30
9	96	Gracie CLUTE	#1	Indiana Tech	40.65m	133-5	3/30
10		Samantha WAKEFIELD	#5	Madonna (Mich.)	40.24m	132-0	4/8

Women's Javelin

1	34	Lena KORTE	#6	Concordia (Mich	36.57m	120-0	4/8
2	62	Narpreet SINGH	#2	Siena Heights (N	33.28m	109-2	3/31
3	LE+0:	Emily JONES	#3	Aquinas (Mich.)	30.24m	99-2½	3/31
4		Hailey STASIUKINAS	#6	Concordia (Mich	26.86m	88-1½	3/31
5		Korah HONIG	#1	Indiana Tech	25.55m	83-10	4/7
6		Chasity MIES	#2	Siena Heights (N	25.52m	83-8¾	4/8
7		Savannah EMAUS	#1	Indiana Tech	24.96m	81-10¾	4/7
8		Carly CURE	#2	Siena Heights (N	23.52m	77-2	3/31
9		Brooke BEYER	#2	Siena Heights (N	23.02m	75-6¼	3/31
10		Amelia JASON	#10	Cleary (Mich.)	21.39m	70-2¼	3/31