



Regional TFRI Event Summary

as of 4/10/2023 11:39:15 AM

Great Lakes

Women's 100 Meters

1	11	Alexia BOYD	#3	Campbellsville (	B	11.98w	(3.6)	3/24
2	12	Jamaya WARTHEN	#2	Indiana Tech	B	11.99	(1.4)	4/6
3	27	Kiya POGUE	#2	Indiana Tech		12.14w	(2.6)	3/30
4	30	Alexia SCHOFIELD	#3	Campbellsville (		12.16w	(2.6)	3/31
5	37	Jamila GARBA	#3	Campbellsville (		12.21w	(2.8)	3/31
6	45	Anaiya JONES	#11	Madonna (Mich.)		12.28	(-0.3)	3/29
7	61	Katlyn JONES	#2	Indiana Tech		12.39w	(2.4)	3/30
8	66	Taylor KYLE	#2	Indiana Tech		12.46w	(2.6)	3/30
9	75	Kourtlyn CANNON	#3	Campbellsville (		12.53	(1.3)	4/7
10	84	D'Arjha DAVIS	#14	Taylor (Ind.)		12.58	(1.4)	4/6
10	84	LaAuhnni LEWIS	#3	Campbellsville (		12.58	(0.2)	4/7

Women's 100 Meter Hurdles

1	7	Erin OLEKSAK	#4	Marian (Ind.)	A:B	14.16	(1.7)	3/30
2	13	Kiya POGUE	#2	Indiana Tech	B	14.50w	(3.0)	4/6
3	23	Patience SAKUHU	#14	Taylor (Ind.)		14.80	(0.0)	4/6
4	33	Faith JACKSON	#6	Siena Heights (M		15.05w	(2.3)	3/31
5	36	Theresa JUDD	#9	Aquinas (Mich.)		15.11w	(2.3)	3/31
6	39	Makala PFEFFERKORN	#16	IU Kokomo (Ind.)		15.15w	(2.1)	3/16
7	42	Katlyn JONES	#2	Indiana Tech		15.20	(1.6)	4/6
8	44	Natalea HILLEN	#7	Point Park (Pa.)		15.26	(0.4)	4/8
9	51	Linnearia RICHARDS	#6	Siena Heights (M		15.40	(1.8)	3/31
10	58	Ally HAWK	#1	Indiana Wesleya		15.53	(0.0)	4/6

Women's 200 Meters

1	6	Alexia SCHOFIELD	#3	Campbellsville (A:B	24.25w	(3.3)	3/24	
2	14	Jamaya WARTHEN	#2	Indiana Tech	B	24.68	(1.0)	4/6
3	26	Jamila GARBA	#3	Campbellsville (		25.01	(0.0)	4/7
4	31	Kayla MOODY	#2	Indiana Tech		25.16	(0.9)	4/7
5	32	Giorgia MAMELI	#4	Marian (Ind.)		25.17	(1.0)	3/30
6	58	Mya GRESCHNER	#13	Carlow (Pa.)		25.77	(-0.3)	4/5
7	77	Maria MALDONADO	#18	Goshen (Ind.)		25.90	(0.2)	4/7
8	82	Ronnie MCMILLAN	#9	Aquinas (Mich.)		25.96	(1.4)	4/7
9		Kourtlyn CANNON	#3	Campbellsville (		26.07	(0.0)	4/7
10		Jai-Lyn NORWOOD	#4	Marian (Ind.)		26.11	(0.7)	3/25

Women's 400 Meters

1	6	Charity JONES	#11	Madonna (Mich.)A:B	55.72	3/30
2	9	Jayla BROWN	#11	Madonna (Mich.)A:B	56.21	3/30
3	16	Jamila GARBA	#3	Campbellsville (B	57.15	4/7
4	19	Ronnie MCMILLAN	#9	Aquinas (Mich.) B	57.26	4/7
5	20	Kayla MOODY	#2	Indiana Tech B	57.34	4/7
6	22	Jo'Deci IRBY	#2	Indiana Tech	57.41	3/30
7	34	Jai-Lyn NORWOOD	#4	Marian (Ind.)	58.37	3/30
8	40	Junae BENNETT	#2	Indiana Tech	58.52	3/30
9	46	Giorgia MAMELI	#4	Marian (Ind.)	58.95	3/30
10	48	Olaide OLAPADE	#2	Indiana Tech	59.12	4/7

Women's 400 Meter Hurdles

1	22	Natalea HILLEN	#7	Point Park (Pa.)		1:05.95	4/8
2	39	Linnearia RICHARDS	#6	Siena Heights (M		1:07.80	4/8
3	60	Faith KURTZ	#8	Cornerstone (Mi		1:09.32	3/31
4	67	Denise TURPIN	#2	Indiana Tech		1:09.74	4/7
5	68	Ally HAWK	#1	Indiana Wesleya		1:09.77	3/24
6	71	Chelsee MARTINO	#8	Cornerstone (Mi		1:10.09	3/24
7	73	Aniya ADAMS		Lawrence Tech (		1:10.45	4/8
8	80	Mariah MALEY		Saint Francis (In		1:10.66	3/24
9	84	Amanda USREY		Rochester (Mich		1:10.84	4/8
10	93	Rayya LEE		Oakland City (In		1:11.72	3/16

Women's 800 Meters

1	1	Lisa VOYLES	#2	Indiana Tech	A:B	2:10.62	4/6
2	10	Kylie SAUDER	#12	Grace (Ind.)	B	2:15.42	3/31
3	18	Maggie WHITNEY	#9	Aquinas (Mich.)		2:16.81	3/31
4	34	Heather PLASTOW	#12	Grace (Ind.)		2:20.05	3/31
5	36	Anna HULSTEDT	#12	Grace (Ind.)		2:20.06	3/31
6	39	Carljin DE BIE	#7	Point Park (Pa.)		2:20.37	3/24
7	40	Jessica PHILLIPS	#11	Madonna (Mich.)		2:20.38	3/30
8	47	Ashley TERRY	#5	Cumberlands (K		2:21.31	4/7
9	49	Jacqueline ALBO		Lawrence Tech (		2:21.36	4/8
10	59	Ashlyn LIDDLE	#5	Cumberlands (K		2:21.86	4/7

Women's 1500 Meters

1	2	Lisa VOYLES	#2	Indiana Tech	A:B	4:27.83	4/6
2	18	Alyssa CAMPBELL	#7	Point Park (Pa.)		4:43.29	4/8
3	19	Emma MUTERSPAW	#14	Taylor (Ind.)		4:43.35	4/6
4	20	Ahna VANDERWALL	#14	Taylor (Ind.)		4:43.65	4/6
5	22	Abbey GENTZ	#17	Huntington (Ind		4:44.89	3/30
6	23	Heather PLASTOW	#12	Grace (Ind.)		4:45.20	3/31
7	26	Evie MILLER		Saint Francis (In		4:45.33	3/24
8	31	Summer COOPER	#18	Goshen (Ind.)		4:45.91	3/30
9	34	Krista BOESE	#2	Indiana Tech		4:46.38	4/6
10	35	Hannah ADLER	#9	Aquinas (Mich.)		4:46.54	3/31

Women's Steeplechase

1	11	Carmen CAMINO		WVU Tech		11:33.63	3/24
2	12	Elizabeth LUCASON	#5	Cumberlands (K		11:33.84	4/7
3	22	Hannah ASSENMACHER		Lawrence Tech (		11:42.76	4/8
4	26	Heather ELLER		Rochester (Mich		11:56.53	4/8
5	28	ChristyAnn DELAHUNTY	#1	Indiana Wesleya		12:06.66	4/6
6	29	Katie ACKER	#12	Grace (Ind.)		12:08.01	3/31
7	30	Morgan LUCASON	#5	Cumberlands (K		12:11.19	4/7
8	32	Hailey SHANK	#3	Campbellsville (		12:15.59	4/7
9	46	Jessica SANDERS	#20	Thomas More (K		12:37.20	4/1
10	56	Alyssa SHARP	#10	Lindsey Wilson (		12:44.50	4/1



Regional TFRI Event Summary

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Great Lakes

Women's 5000 Meters

1	7	Breanna ALDERTON	#24	Brescia (Ky.)	A:B 17:07.01	4/7
2	10	Addi DEWEY	#1	Indiana Wesleya	A:B 17:19.22	4/6
3	13	Elizabeth BARRETT	#1	Indiana Wesleya	A:B 17:23.16	4/6
4	20	Alyssa CAMPBELL	#7	Point Park (Pa.)	17:42.02	3/24
5	23	Summer COOPER	#18	Goshen (Ind.)	17:49.63	4/7
6	27	Ali RAY	#4	Marian (Ind.)	17:54.26	3/30
7	28	Jozi BROWN	#19	Shawnee State (	17:57.38	3/17
8	47	Carmen TRIER	#12	Grace (Ind.)	18:32.27	3/31
9	53	Ashlyn HASTINGS	#1	Indiana Wesleya	18:36.93	4/6
10	62	Christy SHANK	#3	Campbellsville (	18:41.73	4/7

Women's 10,000 Meters

1	6	Jozi BROWN	#19	Shawnee State (A:B	37:04.18	4/7
2	13	Ali RAY	#4	Marian (Ind.) B	37:34.50	3/25
3	25	Emma STEFF	#3	Campbellsville (	39:05.49	4/7
4	27	Lauren GORES		Cleary (Mich.)	39:15.90	3/31
5	33	Savannah FAUGHT	#20	Thomas More (K	39:34.10	4/1
6	36	Mikella MEDDOCK	#19	Shawnee State (	39:53.13	4/7
7	38	Nina DAMAN	#3	Campbellsville (	40:12.12	4/7
8	42	Abriella OVERHOLSER	#5	Cumberlands (K	40:25.38	4/7
9	47	Meredith JOHNSON	#10	Lindsey Wilson (	41:16.90	4/1
10	52	Victoria RICHARDSON	#5	Cumberlands (K	41:45.81	3/31

Women's 5000m Race Walk

1	9	Jenna GROGAN	#5	Cumberlands (K	29:02.40	4/7
2	12	Tara TODD	#5	Cumberlands (K	29:40.25	4/7
3	18	Eliza HAGENS	#10	Lindsey Wilson (	31:51.01	4/7
4	19	Isabelle BLATZ	#5	Cumberlands (K	33:09.38	4/7
5	22	Cady SCHOECK	#10	Lindsey Wilson (	34:34.94	4/7
6	24	Natalie BRAMMER	#15	Rio Grande (Ohi	34:55.42	4/7

Women's 4x100 Relay

1	6	Kourtlyn CANNON, Jamila GARBA, Alexia SCHOFIELD, Alexia BOYD	#3	Campbellsville (A:B	46.72	4/7
2	7	Anaiya JONES, Charity JONES, Nia WOOD, Jayla BROWN	#11	Madonna (Mich.A:B	47.19	3/29
3	9	Giorgia MAMELI, Makayla MELVIN, Jai- Lyn NORWOOD, Erin OLEKSAK	#4	Marian (Ind.)	A:B 47.38	3/30
4	12	Kiya POGUE, Jamaya WARTHEN, Taylor KYLE, Katlyn JONES	#2	Indiana Tech	A:B 47.45	3/30
5	31	https://www.tfrrs.org/teams/11269	#7	Point Park (Pa.)	49.23	4/5
6	34	Faith JACKSON, Erica ALBRECHT, Linnearia RICHARDS, Jenna-Ann JOHNSON	#6	Siena Heights (N	49.33	4/8
7	46	Morgan VARGO, Ketelynn DIX, Chelsee MARTINO, Halle SCHNYDERS	#8	Cornerstone (Mi	49.88	3/31
8	49	https://www.tfrrs.org/teams/77203	#13	Carlow (Pa.)	50.07	4/5
9	52	Tamerra ENGLISH, Aniyah JOHNSON, DaKyra HOWARD, Rayya LEE		Oakland City (In	50.49	3/16
10	53	Theresa JUDD, Ronnie MCMILLAN, Leah DECKER, Shanna HAN	#9	Aquinas (Mich.)	50.69	4/7



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Women's 4x400 Relay

1	5	Jayla BROWN, Charity JONES, Jessica PHILLIPS, Nia WOOD	#11 Madonna (Mich.)	A: B 3:53.12	3/29
2	9	Victoria YOUNG, Jamila GARBA, Alexia SCHOFIELD, KaNiya DOUGLAS	#3 Campbellsville (	B 3:56.84	4/7
3	10	RaMyah SHEFFIELD, MaQuoia RAGLAN, Kathryn COUCH, Ashley TERRY	#5 Cumberlands (K	3:57.61	4/7
4	33	Kailyn ELY, Ally HAWK, Kyras MAAS, Karis HUNTER	#1 Indiana Wesleya	4:10.21	4/6
5	38	Ashley BURGESS, Lily SCARBERRY, Lyssi SNOUFFER, Jocelyn DORNIRER	Mount Vernon N	4:11.46	3/30
6	41	Sarah GENZINK, Madi HAID, Faith KURTZ, Kori BAUMANN	#8 Cornerstone (Mi	4:13.07	3/31
7	43	Kylee LEWELLEN, Sabrina SIEMS, Nora STEELE, Taylor THOMAS	#4 Marian (Ind.)	4:14.10	3/30
8	47	Emma PAVELEK, Carlijn DE BIE, Makayla RICE, Jordan YANIGA	#7 Point Park (Pa.)	4:15.12	3/24
9	48	Jenna SALEK, Rachel ROSE, Tiffani LARDER, Bailey MCCULLOCH	#6 Siena Heights (N	4:15.18	3/31
10	60	Abigail BURGETT, Jordyn CARDWELL, Breanna ALDERTON, Ashaunte WATTS	#24 Brescia (Ky.)	4:19.52	4/7

Women's 4x800 Relay

1	7	Elizabeth LUCASON, Ella HENAGE, Ashlyn LIDDLE, Ashley TERRY	#5 Cumberlands (K	9:42.17	3/24
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Women's High Jump

1	1	Erica XAYARATH	#17 Huntington (Ind.)	A: B 1.74m	5-8½	3/24
2	4	Abi HUME	#1 Indiana Wesleya	A: B 1.68m	5-6	4/6
2	4	Erin OLEKSAK	#4 Marian (Ind.)	A: B 1.68m	5-6	3/30
4	7	Kaylee DIAMOND	#9 Aquinas (Mich.)	B 1.65m	5-5	3/31
4	7	Jalynn LANDVERSICHT	#23 Georgetown (Ky)	B 1.65m	5-5	4/8
6	13	Emma VALENTINE	#6 Siena Heights (N	1.64m	5-4½	3/31
6	13	Daijah HILL	#6 Siena Heights (N	1.64m	5-4½	3/31
8	20	Kaitlin ESSIG	#8 Cornerstone (Mi	1.60m	5-3	3/29
8	20	Olivia MILLER	#13 Carlow (Pa.)	1.60m	5-3	3/17
8	20	Gina BUTZ	#4 Marian (Ind.)	1.60m	5-3	3/30

Women's Pole Vault

1	1	Ashley VERPLANK	#8 Cornerstone (Mi.)	A: B 3.81m	12-6	3/29
2	2	Tyler FUGATE	#6 Siena Heights (M.)	B 3.80m	12-5½	3/31
2	2	Margherita CONRAD	#6 Siena Heights (M.)	B 3.80m	12-5½	3/31
2	2	Erica ALBRECHT	#6 Siena Heights (M.)	B 3.80m	12-5½	3/31
5	6	Nevaeh BROWN	#22 Midway (Ky.)	A: B 3.75m	12-3½	4/1
6	9	Samantha NOWELL	#6 Siena Heights (M.)	B 3.65m	11-11¾	3/31
6	9	Tatum TOWNSEND	#8 Cornerstone (Mi.)	B 3.65m	11-11¾	3/24
8	13	Chasity MIES	#6 Siena Heights (N	3.50m	11-5¾	3/31
8	13	Shaily BAYNES	#9 Aquinas (Mich.)	3.50m	11-5¾	3/31
10	17	Brooke HOLLOWAY	Mount Vernon N	3.45m	11-3¾	3/25

Women's Long Jump

1	7	Erin OLEKSAK	#4 Marian (Ind.)	B 5.73m	18-9¾ (0.4	3/30
2	8	Luna SENICA	#10 Lindsey Wilson (	B 5.72m	18-9¾ (0.0	4/7
3	9	Nikki RAVELLI	#10 Lindsey Wilson (	B 5.70mw	18-8½ (2.5	4/1
4	11	Morgan VARGO	#8 Cornerstone (Mi	B 5.67m	18-7¼ (0.0	3/31
5	16	Erica XAYARATH	#17 Huntington (Ind	B 5.65mw	18-6½ (2.5	3/30
6	18	Makala PFEFFERKORN	#16 IU Kokomo (Ind.	5.62mw	18-5¼ (2.6	3/16
7	32	Alexia BOYD	#3 Campbellsville (	5.44mw	17-10¼ (3.	3/24
8	39	Alexia SCHOFIELD	#3 Campbellsville (	5.38mw	17-8 (2.2)	3/31
9	46	Anajah GOMILLIA	#2 Indiana Tech	5.35mw	17-6¾ (4.0	3/30
10	48	Olivia MILLER	#13 Carlow (Pa.)	5.34m	17-6¼ (-1.	4/5

Women's Triple Jump

1	2	Jai-Lyn NORWOOD	#4 Marian (Ind.)	A: B 12.53mw	41-1½ (4.0	3/30
2	9	Alexia SCHOFIELD	#3 Campbellsville (	B 11.72m	38-5½ (0.0	3/24
3	11	Naomi WALTERS	#4 Marian (Ind.)	B 11.63mw	38-2 (3.8)	3/30
4	13	Olivia MILLER	#13 Carlow (Pa.)	B 11.60m	38-¾ (-1.3)	4/5
5	17	Makala PFEFFERKORN	#16 IU Kokomo (Ind.	B 11.55m	37-10¾ (0.	3/24
6	19	Blessing LAUDERMILCH	#1 Indiana Wesleya	11.44m	37-6½ (0.0	3/24
7	25	Alexia BOYD	#3 Campbellsville (	11.26m	36-11½ (1.	3/31
8	27	Erica XAYARATH	#17 Huntington (Ind	11.23m	36-10¼ (1.	3/30
9	39	Janae MCCALL	#22 Midway (Ky.)	10.98m	36-¼ (0.0)	4/7
10	55	Jordyn CARDWELL	#24 Brescia (Ky.)	10.69m	35-1 (0.0)	4/7

Women's Shot Put

1	4	Princess KARA	#1 Indiana Wesleya	A: B 13.94m	45-9	4/6
2	13	Lena KORTE	#21 Concordia (Mich	B 13.21m	43-4¼	4/8
3	24	Arriana BENJAMIN	#4 Marian (Ind.)	12.60m	41-4¼	3/30
4	32	Merideth DEVRIES	#1 Indiana Wesleya	12.45m	40-10¼	4/6
5	36	Rebecca BELTRAN	#9 Aquinas (Mich.)	12.40m	40-8¼	4/7
6	38	Summer TRAVIS	#5 Cumberlands (K	12.35m	40-6¼	3/24
7	48	Bri NICHOLS	#1 Indiana Wesleya	12.23m	40-1½	4/6
8	50	Alecia PARKER	#25 Bethel (Ind.)	12.18m	39-11½	3/29
9	52	Hayley THOMPSON	#2 Indiana Tech	12.15m	39-10½	3/30
10	53	Markalah BARNES	#25 Bethel (Ind.)	12.10m	39-8½	3/29



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Great Lakes

Women's Discus

1	1	Princess KARA	#1	Indiana Wesleyan A	51.01m	167-4	4/6
2	3	Taylor WATERWAY	#1	Indiana Wesleyan A	45.37m	148-10	4/6
3	7	Merideth DEVRIES	#1	Indiana Wesleyan A	44.56m	146-3	4/6
4	10	Arriana BENJAMIN	#4	Marian (Ind.) B	43.75m	143-7	3/30
5	15	Bri NICHOLS	#1	Indiana Wesleyan B	42.87m	140-8	4/6
6	16	Chloe MILLER	#1	Indiana Wesleyan B	42.78m	140-4	4/6
7	25	Maggie BUERGER	#5	Cumberlands (K)	41.98m	137-9	3/24
8	26	Julia HIRT	#21	Concordia (Mich)	41.95m	137-8	3/31
9	27	Mackenzie DELONG	#12	Grace (Ind.)	41.37m	135-9	4/6
10	34	Willow KENNEDA	#18	Goshen (Ind.)	41.12m	134-11	3/25

Women's Hammer

1	5	Emilee KESSLER	#11	Madonna (Mich.) A	51.75m	169-10	4/8
2	9	Chloe MILLER	#1	Indiana Wesleyan A	51.06m	167-6	4/6
3	20	Arriana BENJAMIN	#4	Marian (Ind.) B	49.10m	161-1	3/25
4	30	Madison KAUFFMAN	#25	Bethel (Ind.)	46.40m	152-3	3/29
5	34	Erin GOTHA	#6	Siena Heights (M)	45.96m	150-10	3/31
6	35	Verlecia SCARLETT		Pikeville (Ky.)	45.82m	150-4	3/24
7	39	Bri NICHOLS	#1	Indiana Wesleyan	45.42m	149-0	4/6
8	43	Jenna BREUKER	#8	Cornerstone (Mi)	45.09m	147-11	4/7
9	50	Deneara MBOUG	#2	Indiana Tech	44.44m	145-10	3/30
10	52	Willow KENNEDA	#18	Goshen (Ind.)	44.15m	144-10	3/30

Women's Javelin

1	13	Emma BYRUM	#16	IU Kokomo (Ind.) B	39.94m	131-1	4/7
2	20	Nikki RAVELLI	#10	Lindsey Wilson (	38.68m	126-11	4/7
3	22	Precious WILKINS	#1	Indiana Wesleyan	38.26m	125-6	3/24
4	34	Lena KORTE	#21	Concordia (Mich)	36.57m	120-0	4/8
5	39	Hannah BOERSEMA		Saint Francis (In	36.12m	118-6	3/24
6	45	Maya LATERZA	#7	Point Park (Pa.)	34.78m	114-1	3/24
7	54	Keely ACOR	#13	Carlow (Pa.)	33.95m	111-5	4/5
8	58	Gisele SALLADE	#1	Indiana Wesleyan	33.70m	110-7	3/24
9	62	Narpreet SINGH	#6	Siena Heights (M)	33.28m	109-2	3/31
10	71	Amber AVERY	#5	Cumberlands (K)	32.76m	107-6	4/7

Women's Heptathlon

1	17	Lauren JOLLY	#15	Rio Grande (Ohio)	3,580	4/7
2	18	Cassidy VOGT	#15	Rio Grande (Ohio)	3,467	4/7
3	32	Vanessa TEMPLE		IU East (Ind.)	2,806	3/24
4	37	Mine ISCEN	#10	Lindsey Wilson (	2,411	4/7
5	39	Marlena SIPES	#3	Campbellsville (	2,022	4/7
6	40	Amber AVERY	#5	Cumberlands (K)	1,940	4/7
7	41	Ariana SIMMONS	#3	Campbellsville (	1,762	4/7



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Midwest

Women's 100 Meters

1	17	Alyssa BUSKER	#24	Trinity Christian	12.06w	(2.6)	3/10
2	24	Elianna CLARK	#6	Mount Marty (S.I.)	12.10	(1.8)	3/30
3	41	Eden CLIFTON	#12	Graceland (Iowa)	12.26w	(3.3)	3/25
4	47	Mara BRUNO	#7	St. Francis (Ill.)	12.30w	(3.7)	3/31
5	63	Breanna IHDE	#9	Viterbo (Wis.)	12.40w	(3.7)	4/7
6	76	Jamaya JENKINS	#15	Saint Xavier (Ill.)	12.54w	(2.4)	3/31
7	79	Lana YEAKEL	#9	Viterbo (Wis.)	12.55	(0.6)	4/7
8	81	Isabel BOTHWELL	#3	Doane (Neb.)	12.56	(0.6)	4/7
9	82	Emerson COLINS	#7	St. Francis (Ill.)	12.57w	(2.6)	3/31
10	84	Kimberly BRENT	#8	Olivet Nazarene	12.58w	(3.8)	4/1

Women's 100 Meter Hurdles

1	6	Adrianna RODENCAL	#1	Concordia (Neb.)	14.15	(1.1)	4/7
2	10	Hannah ANTKOVIK	#8	Olivet Nazarene	14.31w	(2.5)	4/5
3	16	Nisa THOMAS	#4	Hastings (Neb.)	14.56w	(3.6)	4/7
4	22	Wrenzi WRZESINSKI	#2	Dickinson State	14.79c	(14.75A) (0)	4/7
5	24	Josie GARRETT	#3	Doane (Neb.)	14.84w	(2.3)	4/1
5	24	Jaida ROWE	#4	Hastings (Neb.)	14.84	(1.5)	4/7
5	24	Kaitlyn MCCOLLY	#2	Dickinson State	14.84cw	(14.80A) (3)	3/31
8	32	Ashinee GEORGE	#6	Mount Marty (S.I.)	15.04	(0.6)	3/30
9	43	Taylor SARGENT		Valley City State	15.25w	(3.3)	3/24
10	46	Kayla SVOBODA	#1	Concordia (Neb.)	15.35w	(3.0)	4/1

Women's 200 Meters

1	16	Alyssa BUSKER	#24	Trinity Christian	24.78	(-1.7)	3/10
2	41	Elianna CLARK	#6	Mount Marty (S.I.)	25.37	(1.9)	3/30
3	45	Mara BRUNO	#7	St. Francis (Ill.)	25.48w	(3.2)	3/31
4	47	Adrianna RODENCAL	#1	Concordia (Neb.)	25.50w	(3.0)	4/7
5	51	Kamrie DILLAN	#20	York (Neb.)	25.67w	(2.2)	4/1
6	59	Alexis EVEN	#6	Mount Marty (S.I.)	25.78w	(2.1)	3/30
7	65	Hannah ANTKOVIK	#8	Olivet Nazarene	25.81w	(2.2)	4/5
7	65	Kayla KIRCHNER	#1	Concordia (Neb.)	25.81w	(2.2)	4/1
9	76	Eden CLIFTON	#12	Graceland (Iowa)	25.89	(1.2)	3/25
10	98	Allena ROWLAND	#18	Clarke (Iowa)	26.06w	(3.2)	3/31
10	98	Fane SAUVAKACOLO	#25	Dakota State (S.)	26.06w	(3.5)	4/7

Women's 400 Meters

1	10	Hannah ANTKOVIK	#8	Olivet Nazarene	56.29		4/5
2	14	Jenna ESCH	#1	Concordia (Neb.)	57.08		4/1
3	23	Calli DAVIS	#6	Mount Marty (S.I.)	57.46		3/30
4	24	Kennedy KRAMER	#11	Northwestern (I.)	57.48		4/1
5	31	Gabbi BUTLER	#17	St. Ambrose (Iov)	58.04		4/5
6	39	Mara BRUNO	#7	St. Francis (Ill.)	58.49		4/7
7	44	Veronica PINKERTON	#4	Hastings (Neb.)	58.87		4/1
8	45	Trinity TULS	#1	Concordia (Neb.)	58.89		4/1
9	47	Jewel OLSON	#2	Dickinson State	59.01c	(58.90A)	3/31
10	53	Allena ROWLAND	#18	Clarke (Iowa)	59.38		4/5

Women's 400 Meter Hurdles

1	5	Wrenzi WRZESINSKI	#2	Dickinson State	1:02.25c	(1:02.14A)	4/7
2	7	Jordan KOEPKE	#1	Concordia (Neb.)	1:02.71		4/1
3	9	Kaitlyn MCCOLLY	#2	Dickinson State	1:03.40c	(1:03.29A)	4/7
4	15	Jaida ROWE	#4	Hastings (Neb.)	1:05.26		4/7
5	18	Allena ROWLAND	#18	Clarke (Iowa)	1:05.53		3/31
6	23	Anni STIER	#13	Jamestown (N.C.)	1:06.19		4/7
7	35	Anmarie STUIT	#5	Dordt (Iowa)	1:07.34		4/7
8	39	Rhys MAXEY	#4	Hastings (Neb.)	1:07.80		4/1
9	41	Adrianna RODENCAL	#1	Concordia (Neb.)	1:07.84		4/1
10	53	Tianna BUMBACA-KUEHL	#6	Mount Marty (S.I.)	1:08.55		3/30

Women's 800 Meters

1	13	Emilee HEYENEN	#5	Dordt (Iowa)	2:16.38		4/7
2	17	Annika PINGEL	#3	Doane (Neb.)	2:16.78		4/1
3	22	Mika KOOISTRA	#5	Dordt (Iowa)	2:18.04		4/7
4	23	Shelby BUWALDA	#5	Dordt (Iowa)	2:18.26		4/7
5	28	Chantaya GRIFFIN	#21	College of Saint	2:19.35		4/7
6	36	Rylee HAECKER	#1	Concordia (Neb.)	2:20.06		4/7
7	44	Veronica PINKERTON	#4	Hastings (Neb.)	2:21.07		4/7
8	50	Jenna ESCH	#1	Concordia (Neb.)	2:21.45		4/1
9	52	Kylahn FREIBERG	#1	Concordia (Neb.)	2:21.50		4/7
10	59	Emily CHICOINE	#16	Morningside (Iowa)	2:21.86		3/31

Women's 1500 Meters

1	8	Ana PINEDA	#7	St. Francis (Ill.)	4:37.09		4/1
2	12	Allison RAMSEY	#7	St. Francis (Ill.)	4:41.09		4/1
3	14	Rylee HAECKER	#1	Concordia (Neb.)	4:41.98		4/7
4	58	Veronica PINKERTON	#4	Hastings (Neb.)	4:50.80		4/1
5	62	Kylahn FREIBERG	#1	Concordia (Neb.)	4:51.36		4/1
6	77	Courtney SPORRER	#16	Morningside (Iowa)	4:53.58		4/7
7	80	Morgan LAWSON	#10	Grand View (Iowa)	4:54.74		3/25
8	98	Grace TIMM	#2	Dickinson State	4:57.99c	(5:01.35A)	3/31
9		Emily HAVERDINK	#11	Northwestern (I.)	4:58.18		4/1
10		Keegan BEISEL	#1	Concordia (Neb.)	4:58.68		3/25

Women's Steeplechase

1	7	Taylor ANEMA	#5	Dordt (Iowa)	11:22.76		4/7
2	14	Morgan LAWSON	#10	Grand View (Iowa)	11:35.49		4/1
3	16	Elyse KUPERUS	#5	Dordt (Iowa)	11:38.96		4/7
4	21	Keagan PERKINS	#12	Graceland (Iowa)	11:42.04		4/8
5	35	Maria GEESAMAN	#20	York (Neb.)	12:21.54		4/1
6	38	Kaia RICHMOND	#1	Concordia (Neb.)	12:27.87		4/1
7	44	Emma HALEY	#11	Northwestern (I.)	12:35.70		4/1
8	54	Jaycie FRANCO	#18	Clarke (Iowa)	12:42.67		4/5
9	57	Jessa DAY	#14	Mount Mercy (Iowa)	12:46.44		4/1
10	62	Lilly GARNSEY	#19	Iowa Wesleyan	12:51.97		4/7



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Midwest

Women's 5000 Meters

1	19	Ana PINEDA	#7	St. Francis (Ill.)	B	17:39.89	4/7
2	26	Alexia BIBAKIS	#7	St. Francis (Ill.)		17:54.07	4/7
3	33	Olivia BUKOWSKI	#7	St. Francis (Ill.)		18:06.94	4/7
4	39	Allison RAMSEY	#7	St. Francis (Ill.)		18:13.30	4/7
5	54	Keegan BEISEL	#1	Concordia (Neb.)		18:37.15	4/1
6	63	Allie BINDER	#3	Doane (Neb.)		18:43.25	4/1
7	70	Taylor ANEMA	#5	Dordt (Iowa)		18:47.04	3/24
8	80	Emily HAVERDINK	#11	Northwestern (I)		18:51.97	4/7
9	83	Madison NELSON		Bellevue (Neb.)		18:53.01	4/7
10	84	Taylor SPORRER	#16	Morningside (Iowa)		18:54.39	4/7

Women's 10,000 Meters

1	3	Katherine BAKKEN	#7	St. Francis (Ill.)	A:B	36:02.42	4/1
2	4	Bailey WILK	#7	St. Francis (Ill.)	A:B	36:17.76	4/1
3	11	Jacey SCHICKEL	#8	Olivet Nazarene	A:B	37:19.61	4/1
4	15	Jessica KAMPMAN	#5	Dordt (Iowa)	B	37:42.53	4/7
5	28	Kristine HONOMICHL	#5	Dordt (Iowa)		39:16.57	4/7
6	31	Rory BICKLER	#18	Clarke (Iowa)		39:28.03	4/1
7	34	Lucy BORKOWSKI	#5	Dordt (Iowa)		39:37.89	4/7
8	51	Elizabeth BAADE	#4	Hastings (Neb.)		41:42.58	4/7
9	58	Jasmine BARNES		Valley City State		42:24.50	4/7
10	65	Courtney JOINER	#5	Dordt (Iowa)		43:12.71	4/7

Women's 5000m Race Walk

1	8	Paige THOMPSON	#10	Grand View (Iowa)	B	28:27.48	3/25
2	10	Faith YOUNCE	#19	Iowa Wesleyan		29:06.61	3/25
3	13	Lauren DAWSON	#1	Concordia (Neb.)		29:45.12	4/1
4	15	Tristyn DIPENTINO	#4	Hastings (Neb.)		30:06.05	4/1
5	17	Baylee EVARTS	#4	Hastings (Neb.)		31:35.30	4/1
6	20	Allison MORRIS	#19	Iowa Wesleyan		33:11.87	3/25
7	25	Mickenzie FISHER	#12	Graceland (Iowa)		35:27.43	3/25

Women's 4x100 Relay

1	16	Kya EDWARDS, Jaida ROWE, Rhys MAXEY, Nisa THOMAS	#4	Hastings (Neb.)	48.20	4/7
2	17	Emily LOSEKE, Kayla KIRCHNER, Kellie RHODES, Adrianna RODENCAL	#1	Concordia (Neb.)	48.22	4/1
3	22	Lana YEAKEL, Claudia SCHUNK, Ashley VERONEN, Breanna IHDE	#9	Viterbo (Wis.)	48.84	4/7
4	26	Isabel BOTHWELL, Morgan MAHONEY, Annika PINGEL, Caitlyn COTTON	#3	Doane (Neb.)	49.01	4/1
5	30	https://www.tfrrs.org/teams/11799	#8	Olivet Nazarene	49.20	4/1
6	33	Isabelle HARDMEYER, Zelie SORENSEN, Alexis EVEN, Elianna CLARK	#6	Mount Marty (S.D.)	49.32	3/30
7	38	Kyley BARNETT, Kaitlyn MCCOLLY, Wrenzi WRZESINSKI, Jocelyn OTT	#2	Dickinson State	49.45c (49.33A)	4/7
8	44	Raven WILLIAMS, Abigail BATU-TIAKO, Tabitha ROGERS, Alexandra ROSE	#22	William Penn (Iowa)	49.73	4/7
9	58	Maryleslie JAVIER, Ambar FULGENCIO, Jacey LEWIS, Eden CLIFTON	#12	Graceland (Iowa)	50.99	4/8
10	60	Erica NIKKEL, Lydia HERMAN, Isabel DE LAY, Ayda DEN HERDER	#5	Dordt (Iowa)	51.12	4/7



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Women's 4x400 Relay

1	8	Anmarie STUIT, Shelby BUWALDA, Mika KOOSTRA, Emilee HEYNEN	#5 Dordt (Iowa)	B 3:55.79	4/7
2	16	Abigail CLARKE, Savonne STERK, Emma BLUM, Kennedy KRAMER	#11 Northwestern (I.)	4:00.90	4/1
3	19	Tianna BUMBACA- KUEHL, Elianna CLARK, Abrielle NELSON, Calli DAVIS	#6 Mount Marty (S.I.)	4:01.45	3/30
4	21	Annika PINGEL, Kat VOGT, Kristen WALTERS, Morgan BURNETT	#3 Doane (Neb.)	4:04.25	4/1
5	24	Wrenzi WRZESINSKI, Kaitlyn MCCOLLY, Jewel OLSON, Kyle BARNETT	#2 Dickinson State	4:04.85c (4:04.41A)	3/31
6	40	Sarah BOSCH, Courtney SPORRER, Taylor SPORRER, Emily CHICOINE	#16 Morningside (Iowa)	4:13.03	3/31
7	46	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Kristen BOOKER	#15 Saint Xavier (Ill.)	4:14.85	4/7
8	50	Kamrie DILLAN, Maria GEESAMAN, Abigail ZAIGER, Ty IRVIN	#20 York (Neb.)	4:15.68	3/25
9	51	Catherine CLARKE- ASHFORD, Charlize SALGADO, Alazey MISHLEAU, Eliza MCKOWN	Waldorf (Iowa)	4:16.68	4/7
10	52	Allena ROWLAND, Anyah RANSON, Isabelle MATTHEWS, Jaycie FRANCO	#18 Clarke (Iowa)	4:16.70	3/25

Women's 4x800 Relay

1	9	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Keegan BEISEL	#1 Concordia (Neb.)	10:02.47	3/25
2	10	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Victoria DOLBNIK	#15 Saint Xavier (Ill.)	10:03.64	3/31
3	12	Tianna BUMBACA- KUEHL, Abrielle NELSON, Emily JOHNSON, Josey WAHLSTROM	#6 Mount Marty (S.I.)	10:10.27	3/30
4	15	Sydney WOODS, Abby RINDERKNECHT, Ruth JENNINGS, Yaqueline HERNANDEZ	#14 Mount Mercy (Iowa)	10:39.55	3/17
5	20	Lilly GARNSEY, Zoi SMITH, Faith YOUNCE, Emily GEHRING	#19 Iowa Wesleyan	11:54.24	3/25

Women's High Jump

1	7	Hannah NEWTON	#1 Concordia (Neb.)	B 1.65m	5-5	4/1
1	7	Adarra HAGLUND	#2 Dickinson State	B 1.65m	5-5	4/7
1	7	Jacie VANDER WAAL	#11 Northwestern (I.)	B 1.65m	5-5	4/1
4	15	Sidney GILLILAND	#12 Graceland (Iowa)	1.63m	5-4 1/4	4/8
5	20	Josie GARRETT	#3 Doane (Neb.)	1.60m	5-3	4/7
6	30	Ashlynn PERKINS	#12 Graceland (Iowa)	1.58m	5-2 1/4	4/8
7	34	Jordynn TOLIVER	#13 Jamestown (N.C.)	1.57m	5-1 3/4	4/7
7	34	Avril MAUGHAN	#10 Grand View (Iowa)	1.57m	5-1 3/4	3/25
9	40	Alazey MISHLEAU	Waldorf (Iowa)	1.55m	5-1	4/7
9	40	Krista HARDY	#23 Midland (Neb.)	1.55m	5-1	4/7
9	40	Sarah THEILER	#3 Doane (Neb.)	1.55m	5-1	4/7
9	40	Cassie BRANDSMA	#5 Dordt (Iowa)	1.55m	5-1	4/7
9	40	Miranda KENDALL	#9 Viterbo (Wis.)	1.55m	5-1	4/1
9	40	Paige ERHARDT	#13 Jamestown (N.C.)	1.55m	5-1	3/24

Women's Pole Vault

1	7	Josie PUELZ	#1 Concordia (Neb.)	A:B 3.70m	12-1 1/2	4/1
2	8	Madison WAHL	#2 Dickinson State	A:B 3.66m	12-0	4/7
3	12	Bailey NUUTINEN	#9 Viterbo (Wis.)	B 3.55m	11-7 3/4	4/7
4	21	Amira CUMMINGS	#1 Concordia (Neb.)	3.40m	11-1 3/4	4/1
4	21	Erin BOGGS	#1 Concordia (Neb.)	3.40m	11-1 3/4	4/1
4	21	Kennedy STANLEY	#3 Doane (Neb.)	3.40m	11-1 3/4	4/7
4	21	Olivia EARL	#8 Olivet Nazarene	3.40m	11-1 3/4	4/5
4	21	Cassidy JORENSEN	#2 Dickinson State	3.40m	11-1 3/4	3/31
9	26	Kate SURWILLO	#17 St. Ambrose (Iowa)	3.36m	11-1/4	4/1
10	27	Kayla SVOBODA	#1 Concordia (Neb.)	3.35m	10-11 3/4	4/7



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Midwest

Women's Long Jump

1	20	Abigail BATU-TIAKO	#22	William Penn (Iowa)	5.53m	18-1¾ (0.0)	3/25
2	25	Lexie JOHNSON	#17	St. Ambrose (Iowa)	5.48m	17-11¾ (0.0)	4/1
3	28	Lana YEAKEL	#9	Viterbo (Wis.)	5.46m	17-11 (3.9)	4/1
4	34	Mara BRUNO	#7	St. Francis (Ill.)	5.41m	17-9 (0.0)	3/31
5	37	Brooklyn JOHNSON	#14	Mount Mercy (Iowa)	5.40m	17-8¾ (0.0)	3/17
6	43	Jocelyn OTT	#2	Dickinson State	5.36m	17-7 (-0.8)	4/7
7	61	Tajana SIMS	#15	Saint Xavier (Ill.)	5.28m	17-4 (0.0)	4/7
7	61	Grace PEYRON	#9	Viterbo (Wis.)	5.28m	17-4 (0.6)	4/1
9	71	Kaitlyn MCCOLLY	#2	Dickinson State	5.24m	17-2¼ (3.1)	3/31
10	75	Hailey PERRINE	#8	Olivet Nazarene	5.22m	17-1½ (2.3)	4/5
10	75	Jordynn TOLIVER	#13	Jamestown (N.D.)	5.22m	17-1½ (-1.0)	4/7

Women's Triple Jump

1	23	Jolene MANTOAN	#8	Olivet Nazarene	11.29m	37-½ (0.0)	4/1
2	45	Josi NOBLE	#1	Concordia (Neb.)	10.84m	35-6¾ (0.6)	4/1
2	45	Trinity DOUBLIN	#4	Hastings (Neb.)	10.84m	35-6¾ (1.3)	4/1
4	48	Isabel SAYLER		Briar Cliff (Iowa)	10.81m	35-5¾ (2.9)	4/7
5	51	Rosalyn ROGGASCH	#3	Doane (Neb.)	10.73m	35-2½ (1.8)	4/1
6	55	Josie GARRETT	#3	Doane (Neb.)	10.69m	35-1 (2.3)	4/7
7	60	Shelby BUWALDA	#5	Dordt (Iowa)	10.63m	34-10½ (0.0)	4/7
8	62	Alivia WEATHERS	#1	Concordia (Neb.)	10.62m	34-10¼ (1.0)	4/7
9	71	Andrea SUCHA	#6	Mount Marty (S.D.)	10.54m	34-7 (1.5)	3/24
10	75	Taliyah HAYES		Dakota Wesleyan	10.49m	34-5 (4.0)	4/7

Women's Shot Put

1	5	Kori NAGEL	#2	Dickinson State	13.85m	45-5¼	3/31
2	6	Hope WAGNER		Briar Cliff (Iowa)	13.76m	45-1¾	4/7
3	8	Annah MILLER	#17	St. Ambrose (Iowa)	13.68m	44-10¾	4/5
4	10	Alivia BAUCOM	#3	Doane (Neb.)	13.57m	44-6¼	4/1
5	11	Bre NAIL	#14	Mount Mercy (Iowa)	13.46m	44-2	4/7
6	14	Claire CASPERSEN	#21	College of Saint	13.12m	43-½	4/7
7	15	Kiara ANDERSON	#4	Hastings (Neb.)	13.01m	42-8¼	4/1
8	16	Madison GREEN	#10	Grand View (Iowa)	12.96m	42-6¼	4/1
9	17	Kady VANDEMARK	#12	Graceland (Iowa)	12.95m	42-6	3/25
10	19	Brianna HUNTER	#19	Iowa Wesleyan	12.81m	42-½	3/25

Women's Discus

1	2	Kori NAGEL	#2	Dickinson State	46.03m	151-0	3/31
2	4	Kiara ANDERSON	#4	Hastings (Neb.)	45.00m	147-8	4/1
3	5	Madison GREEN	#10	Grand View (Iowa)	44.79m	147-0	3/25
4	9	Annah MILLER	#17	St. Ambrose (Iowa)	43.78m	143-8	4/5
5	12	Jessa EDEN	#4	Hastings (Neb.)	43.08m	141-4	4/7
6	13	Traia HUBBARD	#25	Dakota State (S.D.)	43.01m	141-2	4/7
7	17	Alivia BAUCOM	#3	Doane (Neb.)	42.59m	139-9	3/24
8	21	Erin PAINTER	#1	Concordia (Neb.)	42.55m	139-7	4/7
9	23	Sarah SCHOONMAKER	#8	Olivet Nazarene	42.39m	139-1	4/1
10	24	Kayla MIKOTTIS	#8	Olivet Nazarene	42.26m	138-8	4/5

Women's Hammer

1	2	Macy FULLER	#3	Doane (Neb.)	53.43m	175-4	3/24
2	6	Madison GREEN	#10	Grand View (Iowa)	51.65m	169-6	3/25
3	10	Kiara ANDERSON	#4	Hastings (Neb.)	50.93m	167-1	4/7
4	14	Kamryn POKORNEY	#1	Concordia (Neb.)	50.14m	164-6	4/7
5	16	Tori NYGARD	#2	Dickinson State	49.70m	163-1	4/7
6	17	Kori NAGEL	#2	Dickinson State	49.52m	162-6	4/7
7	19	Jessa EDEN	#4	Hastings (Neb.)	49.18m	161-4	4/1
8	21	Courtney HALL	#8	Olivet Nazarene	48.99m	160-9	4/7
9	23	Darby DEFFENBAUGH		Dakota Wesleyan	47.62m	156-3	3/24
10	24	Abi WOHLGEMUTH	#1	Concordia (Neb.)	47.56m	156-1	4/7

Women's Javelin

1	10	Kendra ODEGARD		Valley City State	41.58m	136-5	3/24
2	14	Jordynn TOLIVER	#13	Jamestown (N.D.)	39.88m	130-10	4/7
3	19	Molly VANDER HAMM	#3	Doane (Neb.)	38.75m	127-2	4/7
4	21	Madalynn RHODES	#21	College of Saint	38.37m	125-11	4/7
5	24	Rylee OLSON	#16	Morningside (Iowa)	38.05m	124-10	4/1
6	28	Abby HILL	#14	Mount Mercy (Iowa)	37.61m	123-5	4/7
7	33	Grace DAMME	#3	Doane (Neb.)	37.10m	121-9	4/1
8	35	Paige ERHARDT	#13	Jamestown (N.D.)	36.55m	119-11	4/7
9	41	Jamie SIEROCKI	#15	Saint Xavier (Ill.)	35.85m	117-8	4/7
10	43	Gretchen STOTTEMYRE	#1	Concordia (Neb.)	35.69m	117-1	4/1

Women's Heptathlon

1	1	Jordynn TOLIVER	#13	Jamestown (N.D.)	4,784		4/7
2	15	Ashnee GEORGE	#6	Mount Marty (S.D.)	3,799		3/30
3	20	Andrea SUCHA	#6	Mount Marty (S.D.)	3,312		3/30
4	31	Shyanne PIPKIN	#23	Midland (Neb.)	2,823		3/23
5	33	Madyson RAY	#23	Midland (Neb.)	2,763		3/23



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South

Women's 100 Meters

1	1	Praise IDAMADUDU	#4	Cumberland (TeA:B 11.54	(0.3)	3/31
2	2	Latavia JACK	#7	Mobile (Ala.) A:B 11.70w	(3.6)	3/23
3	3	Denai WILSON	#14	Florida MemoriaA:B 11.81	(-0.6)	4/7
4	4	Kevell BYRD	#9	Dillard (La.) A:B 11.83w	(2.8)	3/31
5	6	Fredricka MCKENZIE	#3	William Carey (M:A:B 11.88	(1.7)	3/29
6	7	Irmiris MENDEZ	#1	Southeastern (FA:B 11.89w	(2.4)	3/30
7	9	Salieci MYLES	#3	William Carey (M:A:B 11.90	(1.7)	3/23
7	9	Toni CANFALL	#1	Southeastern (FA:B 11.90	(-0.6)	4/7
9	13	Kynneddy TURNER	#12	Xavier (La.) 12.01w	(2.2)	3/31
10	14	Maya SMITH-SPEED	#2	Life (Ga.) 12.04	(1.9)	3/24
10	14	Alohnna-Elyse LEE	#20	Webber Internat 12.04w	(2.7)	4/7

Women's 100 Meter Hurdles

1	1	Salieci MYLES	#3	William Carey (M:A:B 13.43w	(3.7)	3/29
2	4	Emerald CARTER	#12	Xavier (La.) A:B 13.99	(1.2)	4/8
3	5	Tashina BEYIOKU-ALASE	#9	Dillard (La.) A:B 14.14	(1.2)	4/8
4	9	Paige MANNEY	#15	Tennessee WeslA:B 14.23w	(2.2)	3/25
5	12	Tenae GRIGSBY	#1	Southeastern (F B 14.46w	(3.0)	3/17
6	13	Daila YOUNG	#9	Dillard (La.) B 14.50w	(3.6)	3/11
7	15	Emma DIVERONICA	#18	St. Thomas (Fla. B 14.54w	(2.1)	3/25
8	18	An'Janae LATCHINSON	#3	William Carey (M B 14.58w	(2.6)	3/23
9	19	Anna CABRERA	#7	Mobile (Ala.) B 14.60w	(3.1)	3/23
10	20	Yasmyne WILLIAMS	#14	Florida Memoria B 14.68	(1.7)	4/7

Women's 200 Meters

1	1	Praise IDAMADUDU	#4	Cumberland (TeA:B 23.58w	(2.4)	3/31
2	2	Talayla DAVIS	#2	Life (Ga.) A:B 23.63w	(2.4)	3/24
3	3	Sabrina RICHMAN	#2	Life (Ga.) A:B 23.73w	(2.4)	3/24
4	4	Kevell BYRD	#9	Dillard (La.) A:B 23.81w	(2.3)	4/8
5	5	Denai WILSON	#14	Florida MemoriaA:B 24.18	(1.0)	4/7
6	7	Latavia JACK	#7	Mobile (Ala.) A:B 24.31w	(3.9)	3/23
7	8	Fredricka MCKENZIE	#3	William Carey (M:A:B 24.48w	(3.9)	3/23
8	10	Kynneddy TURNER	#12	Xavier (La.) A:B 24.57w	(2.3)	4/8
9	11	Toni CANFALL	#1	Southeastern (FA:B 24.62	(1.0)	4/7
9	11	Maya SMITH-SPEED	#2	Life (Ga.) A:B 24.62	(-0.4)	4/1

Women's 400 Meters

1	1	Praise IDAMADUDU	#4	Cumberland (TeA:B 53.83		4/7
2	3	Sabrina RICHMAN	#2	Life (Ga.) A:B 54.96		4/7
3	4	Brianna FLORVILUS	#2	Life (Ga.) A:B 55.19		4/7
4	5	Joy ABU	#3	William Carey (M:A:B 55.59		4/8
5	8	Kevell BYRD	#9	Dillard (La.) A:B 56.06		3/25
6	11	Oluwafikayomi LAWRENCE	#1	Southeastern (FA:B 56.48		4/7
7	12	Namiah SIMPSON	#1	Southeastern (FA:B 56.50		3/17
8	18	Maria SIMANCAS	#3	William Carey (M B 57.24		3/23
9	21	Samaya CAURTHENS	#11	Keiser (Fla.) 57.38		4/7
10	30	Melissa GRIPACUS	#11	Keiser (Fla.) 57.94		3/24

Women's 400 Meter Hurdles

1	1	Joy ABU	#3	William Carey (M:A:B 59.74		3/29
2	2	Tenae GRIGSBY	#1	Southeastern (FA:B 1:00.42		3/17
3	4	Namiah SIMPSON	#1	Southeastern (FA:B 1:02.20		3/24
4	12	Doris MENSAH	#4	Cumberland (Te 1:04.73		3/31
5	13	Qunizel BAZILIO	#14	Florida Memoria 1:04.77		4/7
6	14	Shanice FLEURIMOND	#11	Keiser (Fla.) 1:05.11		4/7
7	27	Kaylyn TURNER	#9	Dillard (La.) 1:06.40		3/25
8	30	Marie MARC	#11	Keiser (Fla.) 1:06.69		4/7
9	33	Amaya KIER	#1	Southeastern (F 1:06.97		2/18
10	34	Jaeva RIDLEY	#13	Brenau (Ga.) 1:07.11		4/7

Women's 800 Meters

1	3	Ellen-Mary KEARNEY	#6	Milligan (Tenn.) A:B 2:11.74		3/23
2	8	Skylah BARTON	#12	Xavier (La.) B 2:15.21		4/8
3	15	Alyssa GAGNON	#18	St. Thomas (Fla. 2:16.46		4/7
4	16	Dylan GARCIA	#5	Montreat (N.C.) 2:16.67		3/24
5	21	Yessenia CASTELLANOS	#5	Montreat (N.C.) 2:18.00		3/24
6	25	Catherine TRUEMPER	#21	Blue Mountain (I 2:18.73		4/6
7	26	Kilia HASTY	#5	Montreat (N.C.) 2:18.85		3/24
8	30	Madisyn ACOSTA	#17	Loyola (La.) 2:19.65		3/17
9	33	Maria SIMANCAS	#3	William Carey (M 2:19.91		4/8
10	34	Theresa LONG	#19	Ave Maria (Fla.) 2:20.05		3/30

Women's 1500 Meters

1	6	Ellen-Mary KEARNEY	#6	Milligan (Tenn.) A:B 4:32.13		3/23
2	10	Caitlin DOMINY	#6	Milligan (Tenn.) B 4:39.96		4/7
3	21	Theresa LONG	#19	Ave Maria (Fla.) 4:44.11		3/30
4	36	Montserrat DE SANTIAGO	#16	SCAD Savannah 4:47.02		3/30
5	40	Kathryn VRADENBURGH	#23	Dalton State (Ga 4:48.45		4/7
6	41	Dylan GARCIA	#5	Montreat (N.C.) 4:48.63		3/16
7	43	Gracie ALLEN	#6	Milligan (Tenn.) 4:48.67		3/24
8	45	Kilia HASTY	#5	Montreat (N.C.) 4:49.17		4/7
9	59	Talia SULLIVAN	#16	SCAD Savannah 4:50.85		3/24
10	61	Julia ROHM	#1	Southeastern (F 4:51.21		3/17

Women's Steeplechase

1	5	Jenna MALLORY	#5	Montreat (N.C.) A:B 11:16.10		4/7
2	8	Catherine TRUEMPER	#21	Blue Mountain (I B 11:24.87		3/25
3	18	Daniela RIVERA	#4	Cumberland (Te 11:40.30		4/7
4	19	Catherine SLACK	#5	Montreat (N.C.) 11:40.88		4/7
5	31	Aubrey BRITT	#21	Blue Mountain (I 12:11.67		4/6
6	33	Sophie ROBINSON	#1	Southeastern (F 12:17.57		3/30
7	39	Ali BURNS	#6	Milligan (Tenn.) 12:28.56		4/7
8	40	Elise KRONE	#4	Cumberland (Te 12:31.10		4/7
9	43	Kaelyn SLAUGHTER	#6	Milligan (Tenn.) 12:35.50		4/7
10	45	Maggie FRONING	#16	SCAD Savannah 12:37.01		3/30



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South

Women's 5000 Meters

1	8	Ellen-Mary KEARNEY	#6 Milligan (Tenn.)	A:B 17:11.12	4/7
2	14	Alyssa BEARZI	#6 Milligan (Tenn.)	A:B 17:25.10	3/23
3	15	Caitlin DOMINY	#6 Milligan (Tenn.)	B 17:30.19	3/23
4	16	Julia ROHM	#1 Southeastern (F)	B 17:33.60	3/17
5	22	Talia SULLIVAN	#16 SCAD Savannah	17:48.08	3/30
6	35	Gracie ALLEN	#6 Milligan (Tenn.)	18:08.95	4/7
7	45	Julia GRALKI	#16 SCAD Savannah	18:23.11	3/30
8	46	Belinda CHEPKOSGEI	SCAD Atlanta (Ga.)	18:23.89	4/7
9	49	Montserrat DE SANTIAGO	#16 SCAD Savannah	18:32.81	3/30
10	50	Mercy KIBIWOTT	#4 Cumberland (Tenn.)	18:34.48	3/31

Women's 10,000 Meters

1	1	Alyssa BEARZI	#6 Milligan (Tenn.)	A:B 35:39.90	4/7
2	5	Lina MAY	#3 William Carey (Miss.)	B 36:56.31	3/23
3	8	Talia SULLIVAN	#16 SCAD Savannah	A:B 37:09.73	3/16
4	9	Julia ROHM	#1 Southeastern (Fla.)	B 37:15.22	3/30
5	14	Mercy KIBIWOTT	#4 Cumberland (Tenn.)	B 37:40.22	4/7
6	18	Julia GRALKI	#16 SCAD Savannah	B 38:01.78	3/16
7	22	Madisyn ACOSTA	#17 Loyola (La.)	38:47.55	4/7
8	24	Makayla HOLLIFIELD	#8 Columbia (S.C.)	39:02.08	3/16
9	30	Savannah CAMPBELL	#10 Truett-McConnell	39:20.67	3/10
10	43	Giselle DOMINGUEZ	#23 Dalton State (Ga.)	40:32.64	3/16

Women's 5000m Race Walk

1	2	Izabelle TREFTS	#8 Columbia (S.C.)	A:B 24:49.47	3/17
2	5	Ainhwa COLINO	#8 Columbia (S.C.)	A:B 27:25.94	3/17
3	6	Victoria HEISER-WHATLEY	#8 Columbia (S.C.)	A:B 27:28.04	4/7
4	7	Jessica HEISER-WHATLEY	#8 Columbia (S.C.)	B 28:17.62	4/7
5	21	Maria TALAFUSE	#19 Ave Maria (Fla.)	34:34.36	3/17
6	23	Mina SHULL	#8 Columbia (S.C.)	34:53.03	3/24
7	26	Gabrielle HUGGINS	#8 Columbia (S.C.)	37:06.95	3/17
8	27	Briona BIERKAMP	#13 Brenau (Ga.)	41:00.61	3/24

Women's 4x100 Relay

1	1	Tyese SMITH, Fredricka MCKENZIE, Salieci MYLES, Machaeda LINTON	#3 William Carey (Miss.)	A:B 45.93	3/29
2	2	Irmiris MENDEZ, Oluwafikayomi LAWRENCE, Namiah SIMPSON, Toni CANFALL	#1 Southeastern (Fla.)	B 46.33	4/7
3	3	Kevell BYRD, Ta'nyia FLOWERS, Ta'nijal MATTHEWS, Meghan JOSHUA	#9 Dillard (La.)	A:B 46.39	3/31
4	5	Myla EDWARDS, Samantha MANSUR, Latavia JACK, Jerenie JACKSON	#7 Mobile (Ala.)	A:B 46.53	3/23
5	8	Judah JACKSON, Alana MACK, Doris MENSAH, Praise IDAMADUDU	#4 Cumberland (Tenn.)	A:B 47.29	4/7
6	10	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Andreana GRAHAM	#14 Florida Memorial	A:B 47.40	4/7
7	11	Emerald CARTER, DaNya HORNE, Kynneddy TURNER, Ariel FORD	#12 Xavier (La.)	A:B 47.43	4/8
8	14	Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS	#15 Tennessee Wesleyan	48.05	3/25
9	18	Staicha LAROSE, Ah'leeyah STRAPPIER, Samaya CAURTHENS, Marie MARC	#11 Keiser (Fla.)	48.34	3/24
10	23	Emma DIVERONICA, Megan SPRINKMAN, Shakyra COLLIER, Camille BARRON	#18 St. Thomas (Fla.)	48.85	3/17



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Women's 4x400 Relay

1	1	An'Janae LATCHINSON, Joy ABU, Nevagant JONES, Maria SIMANCAS	#3	William Carey (M)	3:46.18	3/29
2	2	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Kyja WILLIAMS	#2	Life (Ga.)	3:48.65	3/24
3	3	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#1	Southeastern (F)	3:49.97	3/17
4	6	Shanice FLEURIMOND, Samaya CAURTHENS, Marie MARC, Melissa GRIPACUS	#11	Keiser (Fla.)	3:53.75	3/24
5	12	Anitria SANGSTER, Monique BROWN, Qunizel BAZILIO, Yasmyne WILLIAMS	#14	Florida Memoria	3:59.06	3/24
6	13	Raven PRATT, Shawnessy EDWARDS, Sadiya SHAMSID-DEEN, Yasmin PINES	#7	Mobile (Ala.)	3:59.58	4/8
7	14	Emerald CARTER, Darryan HORTON, Kyrsten TURNER, Hannah STOUTMIRE	#12	Xavier (La.)	3:59.78	3/31
8	23	Kevell BYRD, Tori BURTON, Karmyn DOTSON, Ta'nyia FLOWERS	#9	Dillard (La.)	4:04.70	3/25
9	26	Kayland THOMASON, Kamryn CHAMBLISS, Taylor GREEN, Jaeva RIDLEY	#13	Brenau (Ga.)	4:05.73	4/7
10	28	Esther NAKANWAGI, Trenyonna ALLEN, Sarah OWEN, Myesha HALL	#10	Truett-McConne	4:06.41	4/7

Women's 4x800 Relay

1	3	Yessenia CASTELLANOS, Kilia HASTY, Dylan GARCIA, Mahaley CRONK	#5	Montreat (N.C.)	9:31.17	3/16
2	5	Jillian BLASER, Grace FEDER, Emma WOLTJER, Julia ROHM	#1	Southeastern (F)	9:37.44	3/30
3	11	Makayla BLESSIKE, Aminatta SHERIF, Katie MEEKS, Aubrey BRITT	#21	Blue Mountain (I)	10:06.39	3/25
4	13	Carol LONG, Emma PERREAULT, Regina PIROLI, Abigail RALL	#19	Ave Maria (Fla.)	10:16.25	3/30
5	16	Savannah CAMPBELL, Simone CHOCK, Hayden PONCE, Sarah OWEN	#10	Truett-McConne	10:44.46	3/10
6	18	Gabrielle HUGGINS, Angeline KRAVITZ, Makayla HOLLIFIELD, Izabelle TREFTS	#8	Columbia (S.C.)	11:03.50	3/24
7	22	Amelya HATCH, Mardisty WILLIAMS, Madison WILLIAMS, Jasmine COLEMAN		Rust (Miss.)	13:31.35	4/8

Women's High Jump

1	2	Paige MANNEY	#15	Tennessee Wesleyan	1.73m	5-8	3/25
2	7	Mariam DAVIS	#1	Southeastern (F B)	1.65m	5-5	3/17
3	15	Aiana COLAS	#11	Keiser (Fla.)	1.63m	5-4¼	4/7
4	17	Tashina BEYIOKU- ALASE	#9	Dillard (La.)	1.62m	5-3¾	3/11
5	20	Kaitlyn BECNEL	#17	Loyola (La.)	1.60m	5-3	4/7
6	30	Anna CABRERA	#7	Mobile (Ala.)	1.58m	5-2¼	3/30
7	40	Kailyn KELLY	#11	Keiser (Fla.)	1.55m	5-1	3/30
7	40	Tyra DARRINGTON	#7	Mobile (Ala.)	1.55m	5-1	3/23
9	96	Victoria MORRIS	#1	Southeastern (F)	1.47m	4-9¾	3/30
9	96	Tessa SHRIVER	#20	Webber Internat	1.47m	4-9¾	3/30

Women's Pole Vault

1	31	Halie HAWKINS	#6	Milligan (Tenn.)	3.25m	10-8	3/24
2	79	Anna TASTINGER	#5	Montreat (N.C.)	2.80m	9-2¼	3/24
3		Kamryn CHAMBLISS	#13	Brenau (Ga.)	2.50m	8-2½	3/24
4		Amari GRAHAM	#1	Southeastern (F)	2.35m	7-8½	2/18
4		Emelia ASKEW	#13	Brenau (Ga.)	2.35m	7-8½	3/24
4		Lauren BROWN	#20	Webber Internat	2.35m	7-8½	3/30
7		Stephanie HINOJOS	#5	Montreat (N.C.)	2.20m	7-2½	3/24



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Women's Long Jump

1	1	Myesha HALL	#10	Truett-McConne	A:B	6.00m	19-8¼ (1.3)	3/24
2	2	Maisonnee JONES		USC Beaufort (SA)	A:B	5.84m	19-2 (-2.5)	3/24
3	3	Caitlyn O'BRIEN	#19	Ave Maria (Fla.)	A:B	5.78mw	18-11¾ (2.)	3/17
4	5	Andreana GRAHAM	#14	Florida Memoria	A:B	5.77m	18-11¼ (2.)	4/7
5	6	Alana MACK		Cumberland (Te)	A:B	5.76m	18-10¾ (1.)	3/31
6	11	Blessing SAMUEL		Cumberland (Te)	B	5.67m	18-7¼ (0.0)	4/7
7	17	Jhanya QUINONES	#7	Mobile (Ala.)		5.63mw	18-5¾ (3.2)	3/17
8	19	Nevagant JONES	#3	William Carey (N)		5.55mw	18-2½ (2.4)	3/23
9	21	Jessica GAKERI	#5	Montreat (N.C.)		5.52m	18-1½ (0.1)	3/24
10	23	Brandy MACKEY		Voorhees (S.C.)		5.50m	18-½ (0.0)	3/23

Women's Triple Jump

1	1	Paige MANNEY	#15	Tennessee Wesl	A:B	12.58mw	41-3¼ (3.4)	3/25
2	3	Nevagant JONES	#3	William Carey (M)	B	12.00mw	39-4½ (2.5)	3/23
3	5	Machaeda LINTON	#3	William Carey (M)	B	11.81mw	38-9 (2.9)	3/23
4	7	Alana MACK		Cumberland (Te)	B	11.74mw	38-6¼ (2.1)	4/7
5	8	Myesha HALL	#10	Truett-McConne	B	11.73m	38-6 (-2.0)	3/10
6	12	Aniecia GOSS	#15	Tennessee Wesl	B	11.62mw	38-1½ (4.0)	3/25
7	15	Miyah FORD	#1	Southeastern (F)	B	11.56m	37-11¼ (1.)	3/24
7	15	Zaniyah WILSON	#3	William Carey (M)	B	11.56mw	37-11¼ (2.)	3/23
9	18	Rachel ROWE	#9	Dillard (La.)		11.45mw	37-6¾ (2.4)	3/31
10	20	Blessing SAMUEL		Cumberland (Te)		11.43mw	37-6 (2.4)	3/31

Women's Shot Put

1	1	Levonis DAVIS	#2	Life (Ga.)	A:B	14.50m	47-7	3/24
2	3	Daveina WATSON		Cumberland (Te)	A:B	14.05m	46-1¼	4/7
3	9	Fedra FLORENTIN	#7	Mobile (Ala.)	A:B	13.58m	44-6¾	3/23
4	18	Danielle ALBRIGHT	#2	Life (Ga.)		12.91m	42-4¼	4/1
5	21	Mykhala COLEMAN	#17	Loyola (La.)		12.67m	41-7	3/25
6	24	Sha'Nyia WOOLERY	#13	Brenau (Ga.)		12.60m	41-4¼	3/17
7	28	Kloey PICKENS	#22	Columbia Intern		12.57m	41-3	3/24
8	29	Toynelle MING	#18	St. Thomas (Fla.)		12.53m	41-1½	3/3
9	45	Bryana BAZILE	#17	Loyola (La.)		12.28m	40-3½	3/25
10	62	Grace JONES	#10	Truett-McConne		11.97m	39-3¼	3/24
10	62	Jennifer COLEMAN	#25	Thomas (Ga.)		11.97m	39-3¼	3/24

Women's Discus

1	14	Bryana BAZILE	#17	Loyola (La.)	B	42.94m	140-11	3/17
2	18	Toynelle MING	#18	St. Thomas (Fla.)	B	42.57m	139-8	3/17
3	32	Levonis DAVIS	#2	Life (Ga.)		41.13m	134-11	3/24
4	43	Diamond ATKINS	#2	Life (Ga.)		39.59m	129-11	4/7
5	45	Kacey WEBB	#6	Milligan (Tenn.)		39.29m	128-11	3/24
6	58	Jennifer COLEMAN	#25	Thomas (Ga.)		38.28m	125-7	3/24
7	67	DaNya HORNE	#12	Xavier (La.)		37.65m	123-6	4/8
8	80	Niesha ALDAJUSTE	#20	Webber Internat		37.06m	121-7	4/7
9	98	Angela AUGUSTE	#11	Keiser (Fla.)		36.11m	118-6	3/30
10		Ryeyauni BUSH	#14	Florida Memoria		35.92m	117-10	3/24

Women's Hammer

1	1	Jennifer BATU	#2	Life (Ga.)	A:B	58.82m	193-0	4/7
2	15	Danielle ALBRIGHT	#2	Life (Ga.)	B	49.79m	163-4	4/7
3	18	Sophiat OMIZI	#4	Cumberland (Te)	B	49.47m	162-4	4/7
4	22	Niesha ALDAJUSTE	#20	Webber Internat	B	48.60m	159-6	3/30
5	33	Dazanni HINTON	#22	Columbia Intern		46.03m	151-0	4/1
6	74	Grace JONES	#10	Truett-McConne		42.54m	139-7	4/1
7		Levonis DAVIS	#2	Life (Ga.)		40.00m	131-3	4/7
8		Mersadies FOOTE	#2	Life (Ga.)		39.84m	130-9	4/1
9		MarieAnge MOUSSIGNAC	#1	Southeastern (F)		39.64m	130-1	3/30
10		Zaida CARSON	#8	Columbia (S.C.)		38.74m	127-1	3/16

Women's Javelin

1	9	Katilyn BABB	#10	Truett-McConne	A:B	41.59m	136-6	3/4
2	25	Rian BOUB	#18	St. Thomas (Fla.)		37.95m	124-6	4/7
3	40	Abigail CRUZ	#24	Reinhardt (Ga.)		35.90m	117-10	3/24
4	42	Anna CABRERA	#7	Mobile (Ala.)		35.72m	117-2	3/17
5	53	Grace JONES	#10	Truett-McConne		34.02m	111-8	3/10
6	70	Daveina WATSON	#4	Cumberland (Te)		32.78m	107-7	4/7
7	73	Jayda BURKETT	#13	Brenau (Ga.)		32.61m	107-0	4/7
8	77	Katherine FOURIE	#13	Brenau (Ga.)		32.28m	105-11	4/7
9	88	Shyanne LACEY	#1	Southeastern (F)		31.46m	103-3	4/7
10	92	Kloey PICKENS	#22	Columbia Intern		31.08m	102-0	4/1

Women's Heptathlon

1	2	Anna CABRERA	#7	Mobile (Ala.)	B	4,699w	3/30
2	9	Irmiris MENDEZ	#1	Southeastern (F)	B	4,069w	3/30
3	14	Kailyn KELLY	#11	Keiser (Fla.)	B	3,901w	3/30
4	16	Emma BARNES	#5	Montreat (N.C.)		3,644	3/16
5	22	Natalie ROHM	#1	Southeastern (F)		3,245w	3/30
6	23	Anna TASTINGER	#5	Montreat (N.C.)		3,174	3/16
7	24	Laila REED	#13	Brenau (Ga.)		3,158	3/17
8	26	Madison ROOKER	#15	Tennessee Wesl		3,107	4/7
9	29	Marie MARC	#11	Keiser (Fla.)		2,875w	3/30
10	30	Zykirah DAVIS	#8	Columbia (S.C.)		2,843	3/16



Regional TFRI Event Summary

as of 4/10/2023 11:39:18 AM

South Central

Women's 100 Meters

1	4	Jaelynn WILLIAMS	#8 Texas Wesleyan	A:B 11.83	(1.8)	4/8
2	7	Gizel CLAYTON	#1 Central Methodist	A:B 11.89w	(2.4)	3/31
3	24	Kiana KEBBI	#10 Our Lady of the I	12.10w	(3.1)	3/29
4	26	Malaisha CARTWRIGHT	#19 UNT Dallas	12.13	(1.7)	3/24
5	29	Jaylen KNIGHT	#2 Friends (Kan.)	12.15	(1.4)	3/30
6	37	Darnee WILLIAMS	#25 Wiley (Texas)	12.21	(0.7)	3/17
7	40	Kiana JOHNSON	#21 Jarvis Christian	12.24	(2.0)	4/6
8	41	Gretchen RANEY	#6 Saint Mary (Kan.)	12.26	(0.0)	4/8
9	43	Delaney WEIMER	#14 Evangel (Mo.)	12.27	(1.5)	4/8
10	52	Shawna SMITH	#13 Oklahoma City	12.34w	(2.2)	3/24
10	52	Larrisa MCHENRY	#10 Our Lady of the I	12.34	(0.3)	3/24

Women's 100 Meter Hurdles

1	2	Tre'Breh SCOTT	#1 Central Methodist	A:B 13.81	(1.8)	4/7
2	3	Gizel CLAYTON	#1 Central Methodist	A:B 13.83	(0.8)	3/24
3	11	Tajanique BELL	#9 Baker (Kan.)	A:B 14.40	(0.8)	3/31
4	16	Keiana NEWMAN	#2 Friends (Kan.)	B 14.56	(-0.1)	3/30
5	30	Ally SWAIM	Central Baptist (	14.93w	(2.1)	4/6
6	37	JayOnna PERRY	#7 Ottawa (Kan.)	15.13	(0.6)	3/23
7	48	Irian PADULLES	#2 Friends (Kan.)	15.38c	(15.34A) (1	3/18
7	48	Trinity WISBY	#15 Langston (Okla.)	15.38	(1.1)	4/7
9	51	Renee FINKE	#1 Central Methodist	15.40	(0.8)	3/31
10	53	Shavonte HARRIS	#2 Friends (Kan.)	15.42c	(15.38A) (1	3/18

Women's 200 Meters

1	13	Jaelynn WILLIAMS	#8 Texas Wesleyan	A:B 24.64	(1.2)	3/24
2	18	Malaisha CARTWRIGHT	#19 UNT Dallas	24.81	(0.1)	4/8
3	20	Jaylen KNIGHT	#2 Friends (Kan.)	24.86	(-0.8)	4/7
4	23	Gizel CLAYTON	#1 Central Methodist	24.90	(1.4)	3/31
5	24	Kiana KEBBI	#10 Our Lady of the I	24.96	(0.6)	3/24
5	24	Darly CAMILO-MONTENEGRO	#1 Central Methodist	24.96	(1.4)	3/31
7	42	Darnee WILLIAMS	#25 Wiley (Texas)	25.40w	(2.2)	3/17
8	56	Kendra BLAYLOCK	#2 Friends (Kan.)	25.76	(0.6)	4/7
9	59	Garlanesha HICKMAN-GILBERT	#21 Jarvis Christian	25.78w	(3.2)	4/6
10	61	Halle NAGEL	#2 Friends (Kan.)	25.79w	(2.1)	3/30

Women's 400 Meters

1	7	Nikiwe MONGWE	#4 MidAmerica Naz	A:B 55.90		4/8
2	15	Darly CAMILO-MONTENEGRO	#1 Central Methodist	B 57.12		3/24
3	17	Jaylen KNIGHT	#2 Friends (Kan.)	B 57.20		3/24
4	28	JayOnna PERRY	#7 Ottawa (Kan.)	57.71		4/7
5	33	Jaymee YELTON	Huston-Tillotson	58.10		3/24
6	38	Kendra BLAYLOCK	#2 Friends (Kan.)	58.43		4/7
7	41	Autumn ROBERTS	#10 Our Lady of the I	58.56		3/24
8	42	Vanessa PEREZ	Oklahoma Wesl	58.66		3/30
9	49	Daizy SOLIR	#4 MidAmerica Naz	59.15		4/8
10	59	Lexi WARDLOW	#6 Saint Mary (Kan.)	59.56		3/30

Women's 400 Meter Hurdles

1	6	JayOnna PERRY	#7 Ottawa (Kan.)	A:B 1:02.66		3/23
2	11	Tajanique BELL	#9 Baker (Kan.)	B 1:04.30		3/25
3	17	Kourtney WARREN	#2 Friends (Kan.)	1:05.50		4/7
4	19	Yanira DEANA PANINKA	#1 Central Methodist	1:05.77		4/7
5	21	Lasharia GORDON	#8 Texas Wesleyan	1:05.94		3/24
6	25	Moriah SHAW	#2 Friends (Kan.)	1:06.34		3/30
6	25	Abigail GOOD	#14 Evangel (Mo.)	1:06.34		3/31
8	28	Jocelyn JENKINS	#4 MidAmerica Naz	1:06.67		4/8
9	29	Stella WHALEN	#4 MidAmerica Naz	1:06.68		3/31
10	31	Jessica BAILEY	#1 Central Methodist	1:06.76		4/7

Women's 800 Meters

1	6	Darly CAMILO-MONTENEGRO	#1 Central Methodist	B 2:14.74		4/7
2	7	Jena HAHLEBECK	#22 Park (Mo.)	B 2:15.18		3/30
3	11	Caroline COBO	#3 Benedictine (Ka	2:16.10		3/23
4	12	Rianna VIDALES	#8 Texas Wesleyan	2:16.19		4/8
5	24	Deandra IBARRA	#10 Our Lady of the I	2:18.69		3/24
6	27	Alyssa ARMENDARIZ	#6 Saint Mary (Kan.	2:19.00		3/25
7	31	Kennedy VILLALPANDO	#10 Our Lady of the I	2:19.80		3/24
8	32	Danielle ALLISON	#17 Tabor (Kan.)	2:19.89		4/7
9	42	Cailen JOLLEY	#13 Oklahoma City	2:20.72		4/7
10	43	Isabel RINKENBERGER	#12 Missouri Baptist	2:20.95		4/7

Women's 1500 Meters

1	13	Ashlei MCDONALD	#8 Texas Wesleyan	4:41.78		4/8
2	25	Danielle ALLISON	#17 Tabor (Kan.)	4:45.24		3/23
3	29	Maddy WALTER-SHERRETTS	#6 Saint Mary (Kan.	4:45.76		3/23
4	39	Caroline GILES	#2 Friends (Kan.)	4:48.29		3/30
5	44	Riley HIEBERT	#6 Saint Mary (Kan.	4:49.01		3/23
6	46	Caroline COBO	#3 Benedictine (Ka	4:49.19		3/25
7	47	Kate MADSEN	#6 Saint Mary (Kan.	4:49.33		3/23
8	56	Alyssa ARMENDARIZ	#6 Saint Mary (Kan.	4:50.64		3/25
9	64	Harley NALE	#5 William Woods (	4:51.60		4/7
10	73	Deandra IBARRA	#10 Our Lady of the I	4:52.86		3/17

Women's Steeplechase

1	3	Mia REED	#12 Missouri Baptist	A:B 11:02.45		4/1
2	9	Caroline GILES	#2 Friends (Kan.)	B 11:29.27		3/24
3	10	Caroline COBO	#3 Benedictine (Ka	11:30.54		3/23
4	13	Brooke WIEBE	#17 Tabor (Kan.)	11:34.09		4/7
5	25	Harley NALE	#5 William Woods (	11:52.01		3/31
6	27	Ashlei MCDONALD	#8 Texas Wesleyan	12:04.94		3/30
7	53	Jana LANDRETH	#9 Baker (Kan.)	12:42.61		4/8
8	59	Samantha THOMPSON	McPherson (Kan	12:49.79		4/7
9	66	Claire DINGLER	#2 Friends (Kan.)	12:53.05		3/24
10	70	Emily TRUAX	#11 Saint Mary-of-th	13:00.00		4/8



Regional TFRI Event Summary

as of 4/10/2023 11:39:18 AM

South Central

Women's 5000 Meters

1	6	Alyssa ARMENDARIZ	#6 Saint Mary (Kan.)	A:16:54.15	4/1
2	9	Reagan HIEBERT	#6 Saint Mary (Kan.)	A:17:18.32	4/1
3	17	Danielle ALLISON	#17 Tabor (Kan.)	B 17:35.44	4/1
4	18	Caroline GILES	#2 Friends (Kan.)	B 17:39.63	4/7
5	25	Kate MADSEN	#6 Saint Mary (Kan.)	17:52.02	3/31
6	30	Maddy WALTER-SHERRETTS	#6 Saint Mary (Kan.)	18:03.99	3/31
7	34	Louise COCKING	#13 Oklahoma City	18:08.76	4/7
8	38	Riley HIEBERT	#6 Saint Mary (Kan.)	18:13.06	3/31
9	44	Natasha ORTIZ	#3 Benedictine (Kan.)	18:20.91	3/23
10	48	Alicia ENGELBRECHT	#5 William Woods (Mo.)	18:32.63	3/24

Women's 10,000 Meters

1	23	Mekayla GIBSON	#5 William Woods (Mo.)	38:59.56	4/7
2	35	Kayla CORYEA	#11 Saint Mary-of-the-Army (Kan.)	39:43.30	4/7
3	53	Kyia WEISBROD	#18 Williams Baptist	41:47.11	3/31
4	56	Quinlan TEAGUE	#11 Saint Mary-of-the-Army (Kan.)	42:01.78	4/7
5	69	Haley HERNANDEZ	#12 Missouri Baptist	43:44.23	3/31

Women's 5000m Race Walk

1	11	Baileigh MORRIS	#1 Central Methodist	29:40.11	3/31
2	28	Olivia SIEFKER	#4 MidAmerica Nazarene	42:19.47	3/31
3	29	Gracie ENOCHS	#4 MidAmerica Nazarene	42:19.58	3/31

Women's 4x100 Relay

1	13	https://www.tfrrs.org/teams/66848	#10 Our Lady of the Lake (Tex.)	A:47.73	3/29
2	19	Jasmine HENDERSON, Zaira SPENCER, Lexi WARDLOW, Gretchen RANEY	#6 Saint Mary (Kan.)	48.53	3/30
3	20	Alysa HENDERSON, Yarnia EVANS, Lasharia GORDON, Jaelynn WILLIAMS	#8 Texas Wesleyan	48.54	3/24
4	21	Lily BLANKENSHIP, Rachel BOOKER, Kyah HILL, Lauryn TERRY	#20 Southwestern (Tex.)	48.64	3/30
5	24	Tamara BEASLEY, Laci CAMPBELL, Tennille FRENCH, Kiana JOHNSON	#21 Jarvis Christian	48.88	4/6
6	29	Calijah PEAY, Teran ROGERS, Layla JEMERSON, Malaisha CARTWRIGHT	#19 UNT Dallas	49.11	3/17
7	41	Alyssa WINTERSTEIN, Savannah LEWIS, Evelyn MORALES, Jaci STONE	#11 Saint Mary-of-the-Army (Kan.)	49.71	3/31
8	45	Madeline BURTON, Gracie SCHULTZ, Makenzie SCHWARTZ, Lily ASHRAFZADEH	#16 Columbia (Mo.)	49.80	3/24
9	51	Juliet LANE, JayOnna PERRY, Jordyn WEEMS, Jessenia VELEZ	#7 Ottawa (Kan.)	50.19	4/7
10	57	Keyana TREKELL, Cassie COLONG, Haley DOWNING, Sarafina YOUNGBLOOD	#23 Southwestern Christian	50.93	3/30



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South Central

Women's 4x400 Relay

1	4	Darly CAMILO-MONTENEGRO, Tre'Breh SCOTT, Sakoya JOHNSON, Kjirsten GUILFORD	#1 Central Methodist	3:49.98	3/24
2	11	Destiny ESCOBAR, Jordyn WEEMS, JayOnna PERRY, Mumina MILLINGTON	#7 Ottawa (Kan.)	3:58.07	3/23
3	15	Daizy SOLIR, Nikiwe MONGWE, Jocelyn JENKINS, Stella WHALEN	#4 MidAmerica Naz	4:00.35	3/31
4	18	Alondra TOLEDO, Kiana KEBBI, Autumn ROBERTS, Larrisa MCHENRY	#10 Our Lady of the I	4:01.43	3/29
5	20	Ayanna ALLEN, Ja'Niesha COLLINS, Jasmin JOHNSON, Dajanae SHAW	Philander Smith	4:03.84	3/24
6	25	Kentayshija PRUITT, Rachel BOOKER, Lauryn TERRY, Meliah HANNA	#20 Southwestern (T)	4:05.15	4/7
7	31	Lasharia GORDON, Jaelynn WILLIAMS, Rianna VIDALES, Allison DALZELL	#8 Texas Wesleyan	4:09.82	3/17
8	32	Alison AMBUUL, Antonia SMITH, Tatiana SMITH, Brynna GORMLEY	#3 Benedictine (Ka)	4:10.08	3/25
9	35	Carissa MARTIN, Zaira SPENCER, Gretchen RANEY, Lexi WARDLOW	#6 Saint Mary (Kan.)	4:10.67	3/30
10	37	Tajanique BELL, Rachel STERNER, Naomi KILSON, Lauren HAVLIK	#9 Baker (Kan.)	4:11.27	3/25

Women's 4x800 Relay

1	14	Harley NALE, Ellie DIMOND, Emma CLIFFORD, Alicia ENGELBRECHT	#5 William Woods (	10:20.13	3/31
2	17	Rachel STERNER, Jana LANDRETH, Samantha SLIFE, Haley THOMPSON	#9 Baker (Kan.)	10:54.89	3/25
3	19	Mikaela FABEY, Kiana GARCIA, Tessa FEAZEL, Hannah HAYDUK	Cottey (Mo.)	11:29.99	3/25
4	21	Abby BAXTER, Sophie EASTHAM, Alyssa MCPIKE, Mikayla SHERRILL	St. Louis Pharm:	12:44.38	4/7

Women's High Jump

1	3	Renee FINKE	#1 Central Methodist	1.70m	5-7	4/7
2	20	Delaney MILLER	#1 Central Methodist	1.60m	5-3	3/31
2	20	Kaylee CLARK	#18 Williams Baptist	1.60m	5-3	3/31
4	27	Jordyn LOWRIE	#17 Tabor (Kan.)	1.59m	5-2½	4/7
5	40	Hannah EVANS	#14 Evangel (Mo.)	1.55m	5-1	3/31
6	58	Nykeriah ALLEN	#3 Benedictine (Ka)	1.54m	5-½	3/25
6	58	Carly LINDENMEYER	#4 MidAmerica Naz	1.54m	5-½	3/25
8	62	Skyler ROBBINS	John Brown (Ar)	1.53m	5-¼	4/8
9	67	Carson DEFRIES	#18 Williams Baptist	1.50m	4-11	4/6
9	67	Ayanna ALLEN	Philander Smith	1.50m	4-11	3/17

Women's Pole Vault

1	30	Carter HAWKINS	#1 Central Methodist	3.27m	10-8¾	4/7
2	39	Krislynn BAILEY	#11 Saint Mary-of-th	3.20m	10-6	3/31
2	39	Alaina SCOTT	#12 Missouri Baptist	3.20m	10-6	3/24
4	50	Aaliyah RAMIREZ	#2 Friends (Kan.)	3.13m	10-3¼	3/30
5	55	Brynna HALATA	#2 Friends (Kan.)	3.05m	10-0	4/7
6	62	Maci HUBBARD	John Brown (Ar)	2.98m	9-9¼	3/30
7	68	Heather HARBISON	#5 William Woods (	2.92m	9-7	4/7
8	73	Kloie SIMONS	#20 Southwestern (T)	2.89m	9-5¾	3/25
9	79	Amara REICHERT	#1 Central Methodist	2.80m	9-2¼	3/31
9	79	Allyson MARLOW	#18 Williams Baptist	2.80m	9-2¼	3/31

Women's Long Jump

1	10	Kelsey DRAPEAU	#23 Southwestern C B	5.68m	18-7¾ (0.0)	3/24
2	15	Carly LINDENMEYER	#4 MidAmerica Naz B	5.66m	18-7 (0.0)	3/31
3	22	Lily ASHRAFZADEH	#16 Columbia (Mo.)	5.51m	18-1 (0.1)	3/24
4	25	Chasity VEALS	#15 Langston (Okla.)	5.48mw	17-11¾ (2.)	4/7
5	29	Alysa HENDERSON	#8 Texas Wesleyan	5.45m	17-10¾ (0.)	3/24
6	39	Meeyesha TUTT-MOOTOUO	#25 Wiley (Texas)	5.38m	17-8 (2.0)	3/24
7	41	Reanna GREEN	#4 MidAmerica Naz	5.37m	17-7½ (0.0)	3/31
8	49	Naomi KILSON	#9 Baker (Kan.)	5.32m	17-5½ (1.3)	4/8
8	49	Maegan SALEH	#12 Missouri Baptist	5.32m	17-5½ (2.0)	3/24
8	49	Cassie COOLONG	#23 Southwestern C	5.32m	17-5½ (0.0)	3/24

Women's Triple Jump

1	4	Chasity VEALS	#15 Langston (Okla.)	11.99m	39-4 (1.7)	4/7
2	13	Ahmia DORSEY	#15 Langston (Okla.)	11.60m	38-¾ (0.0)	3/30
3	31	Nyah EARL	Harris-Stowe St	11.11m	36-5½ (1.0)	3/24
4	33	Madeline BURTON	#16 Columbia (Mo.)	11.07m	36-4 (0.7)	3/24
5	36	Amy KAMTIO	#9 Baker (Kan.)	11.02m	36-2 (0.1)	4/8
6	37	Angel EDWARDS	#15 Langston (Okla.)	11.00m	36-1¼ (1.3)	4/7
7	40	Hayley LOEWEN	#4 MidAmerica Naz	10.96m	35-11½ (1.)	3/31
8	41	Carissa MARTIN	#6 Saint Mary (Kan.)	10.94m	35-10¾ (0.)	3/23
8	41	Jacee WILSON	#14 Evangel (Mo.)	10.94mw	35-10¾ (3.)	3/17
10	43	Karsen DUNHAM	Bethel (Kan.)	10.89m	35-8¾ (0.0)	3/30



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South Central

Women's Shot Put

1	7	Katie FRENCH	#5	William Woods (A:B	13.69m	44-11	4/7
2	12	Baylee BEARD	#1	Central Methodi B	13.40m	43-11¾	3/31
3	23	Daryn BATTS	#13	Oklahoma City	12.62m	41-5	3/30
4	27	Kaylyn POWERS		Hannibal-LaGra	12.58m	41-3¼	3/31
5	32	Elizabeth STOUT		Kansas Wesleya	12.45m	40-10¼	4/7
6	34	Danielle NOBLE	#23	Southwestern Cl	12.44m	40-9¾	3/24
7	35	Victoria LOTZ	#4	MidAmerica Naz	12.41m	40-8¾	4/7
8	42	Shonase COLLINS	#19	UNT Dallas	12.30m	40-4¼	4/8
9	49	Laurel BARBER	#7	Ottawa (Kan.)	12.21m	40-¾	4/7
10	56	Madison SUTTON	#3	Benedictine (Ka	12.05m	39-6½	3/25

Women's Discus

1	6	Victoria LOTZ	#4	MidAmerica NazA:B	44.65m	146-6	3/31
2	8	Madison SUTTON	#3	Benedictine (KaA:B	44.43m	145-9	3/25
3	20	Katie FRENCH	#5	William Woods (B	42.56m	139-8	3/31
4	35	Deja DELAINE	#7	Ottawa (Kan.)	40.95m	134-4	4/7
5	36	Kali BROWN	#1	Central Methodi	40.75m	133-9	4/7
6	44	Keshuna BYRD	#21	Jarvis Christian	39.54m	129-9	3/31
7	49	Karli WOLFE	#1	Central Methodi	39.11m	128-4	4/7
8	55	Kaylyn POWERS		Hannibal-LaGra	38.36m	125-10	3/24
9	57	Jacy ANDERSON	#9	Baker (Kan.)	38.30m	125-8	3/25
10	66	Julie COFFEY	#9	Baker (Kan.)	37.68m	123-8	4/8

Women's Hammer

1	8	Baylee BEARD	#1	Central MethodiA:B	51.20m	168-0	3/31
2	12	Madison SUTTON	#3	Benedictine (Ka B	50.27m	164-11	3/25
3	25	Katie FRENCH	#5	William Woods (	47.32m	155-3	3/31
4	29	Macie ABLES	#24	Missouri Valley	46.71m	153-3	3/24
5	39	Abby GREEN	#2	Friends (Kan.)	45.42m	149-0	3/30
6	41	Kaylyn POWERS		Hannibal-LaGra	45.29m	148-7	4/7
7	47	Karli WOLFE	#1	Central Methodi	44.77m	146-11	4/7
8	49	Victoria LOTZ	#4	MidAmerica Naz	44.50m	146-0	3/25
9	51	Naiyah LANDRUM	#22	Park (Mo.)	44.34m	145-6	3/23
10	64	Deja DELAINE	#7	Ottawa (Kan.)	42.97m	141-0	3/23

Women's Javelin

1	3	Laurel BARBER	#7	Ottawa (Kan.) A:B	44.08m	144-8	3/23
2	6	Madeline BURTON	#16	Columbia (Mo.) A:B	42.73m	140-2	3/24
3	8	Taylor CLAUSSEN		Bethany (Kan.) A:B	42.11m	138-2	3/25
4	15	Natalie THOMAS	#5	William Woods (B	39.55m	129-9	3/24
5	23	Kiana ORTIZ		Culver-Stockton	38.08m	124-11	4/7
6	27	Zoe SALAZAR		Oklahoma Panh	37.74mA	123-10	4/6
7	29	Ellie EMERSON	#5	William Woods (	37.42m	122-9	3/24
8	48	Grace GODARD	#3	Benedictine (Ka	34.60m	113-6	3/25
9	55	Konlynn DRUSE	#6	Saint Mary (Kan.	33.93m	111-4	3/23
10	57	Melanie HUBBS		Culver-Stockton	33.78m	110-10	3/31

Women's Heptathlon

1	19	Paige SCHMID	#3	Benedictine (Ka	3,458		3/23
2	25	Leah SATTLER	#3	Benedictine (Ka	3,144		3/23
3	27	Stephanie TOWLE	#13	Oklahoma City	3,072		3/24
4	36	Madison BLANCH		SAGU (Texas)	2,647		3/24



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West

Women's 100 Meters

1	19	Hanna SOBKOWICH	#1	British Columbia	12.07	(1.8)	4/8
2	34	Dorothy JACKSON	#2	Vanguard (Calif.	12.19w	(2.1)	3/25
2	34	Armiyah JOHNSON	#2	Vanguard (Calif.	12.19w	(2.1)	3/25
4	47	Eryn BURKE	#2	Vanguard (Calif.	12.30w	(2.1)	3/25
5	49	Jordyn BURKE	#2	Vanguard (Calif.	12.31	(0.6)	4/8
6	57	Charlotte WILLIAMS	#7	Westmont (Calif	12.37	(1.5)	3/18
7	60	Zhanna EDWARDS	#19	Park (Ariz.)	12.38w	(2.1)	4/8
8	66	Nohemi ANDERSON	#2	Vanguard (Calif.	12.46w	(2.6)	3/25
9	76	Madigan KELLY	#6	Lewis-Clark Stat	12.54	(0.5)	3/18
10	82	Yahaira CHAVARRIA	#3	Eastern Oregon	12.57	(0.9)	4/7

Women's 100 Meter Hurdles

1	8	Madigan KELLY	#6	Lewis-Clark Stat	14.22	(-1.5)	3/18
2	27	Rebecca DUTCHAK	#1	British Columbia	14.85	(-0.2)	3/18
3	31	Penelopi LEACH	#2	Vanguard (Calif.	15.03	(1.7)	3/18
4	35	Nia COLLINS	#5	Southern Orego	15.10	(0.7)	3/17
5	38	Erica WASEQ	#12	William Jessup (	15.14	(1.4)	4/7
6	39	Sara HATHAWAY	#6	Lewis-Clark Stat	15.15	(0.7)	3/23
7	41	Morgan BAYES	#3	Eastern Oregon	15.18	(-0.3)	3/24
8	46	Ashley BRITT	#6	Lewis-Clark Stat	15.35	(-1.5)	3/18
9	57	Olleca SEVERSON	#10	Montana Tech	15.49	(0.3)	4/7
10	58	Abi STEVENS	#5	Southern Orego	15.53	(0.7)	3/30

Women's 200 Meters

1	9	Eryn BURKE	#2	Vanguard (Calif.	24.49	(1.3)	3/18
2	32	Hanna SOBKOWICH	#1	British Columbia	25.17	(0.1)	3/25
3	34	Jordyn BURKE	#2	Vanguard (Calif.	25.20	(1.7)	3/18
4	37	Brooke DALGITY	#2	Vanguard (Calif.	25.34	(0.5)	4/8
5	44	Charlotte WILLIAMS	#7	Westmont (Calif	25.45	(0.4)	3/18
6	65	Anika GROGAN	#6	Lewis-Clark Stat	25.81	(0.8)	3/23
7	72	Nohemi ANDERSON	#2	Vanguard (Calif.	25.86	(1.0)	3/18
8	78	Madigan KELLY	#6	Lewis-Clark Stat	25.91	(0.9)	4/7
9	82	Elizabeth BETTEN	#2	Vanguard (Calif.	25.96	(-1.0)	2/3
10	84	Cayla SMITH	#1	British Columbia	25.97	(1.8)	3/25

Women's 400 Meters

1	2	Eryn BURKE	#2	Vanguard (Calif.	54.89		4/8
2	13	Brooke DALGITY	#2	Vanguard (Calif.	57.02		4/8
3	25	Jordyn BURKE	#2	Vanguard (Calif.	57.52		3/18
4	26	Cayla SMITH	#1	British Columbia	57.53		3/25
5	27	Elizabeth BETTEN	#2	Vanguard (Calif.	57.61		4/8
6	29	Emily COLLINS	#6	Lewis-Clark Stat	57.85		4/7
7	36	Anika GROGAN	#6	Lewis-Clark Stat	58.40		3/23
8	37	Siena KECK	#7	Westmont (Calif	58.41		4/8
9	51	Lauryn MITCHELL	#3	Eastern Oregon	59.27		4/7
10	62	Eva BRADY	#13	Oregon Tech	59.68		4/8

Women's 400 Meter Hurdles

1	3	Jordyn BURKE	#2	Vanguard (Calif.	1:01.99		3/25
2	8	Ashley BRITT	#6	Lewis-Clark Stat	1:03.14		4/7
3	9	Morgan BAYES	#3	Eastern Oregon	1:03.40		4/7
4	16	Nia COLLINS	#5	Southern Orego	1:05.37		3/17
5	20	India ORTIZ	#5	Southern Orego	1:05.84		3/17
6	24	Sara HATHAWAY	#6	Lewis-Clark Stat	1:06.29		3/18
7	42	Abigail STRICKLAND	#18	Evergreen State	1:07.93		3/10
8	48	Sydney PECK	#3	Eastern Oregon	1:08.40		3/18
9	52	Olleca SEVERSON	#10	Montana Tech	1:08.52c	(1:08.41A)	3/24
10	58	Sierra JANIKOWSKI	#14	Bushnell (Ore.)	1:09.19		3/30

Women's 800 Meters

1	2	Abbey SHIRTS	#4	College of Idaho	2:10.86		4/7
2	4	Rachel MORTIMER	#1	British Columbia	2:12.39		4/8
3	5	Michelle HERBES	#3	Eastern Oregon	2:14.02		4/7
4	8	Sydney LITTLE LIGHT	#15	Rocky Mountain	2:15.21c	(2:15.58A)	3/19
5	14	Geraldine CORREA	#6	Lewis-Clark Stat	2:16.39		3/23
6	19	Hannah FREDERICKS	#9	The Master's (Ca	2:17.25		4/8
7	20	Lauryn MITCHELL	#3	Eastern Oregon	2:17.82		3/24
8	29	Kamryn COMBA	#10	Montana Tech	2:19.51		4/7
9	45	Suzie JOHNSON	#9	The Master's (Ca	2:21.22		4/8
10	46	Kate BARANSKI	#2	Vanguard (Calif.	2:21.24		4/8

Women's 1500 Meters

1	1	Rachel MORTIMER	#1	British Columbia	4:21.41		3/25
2	3	Holly MACGILLIVRAY	#1	British Columbia	4:30.12		4/8
3	4	Hannah FREDERICKS	#9	The Master's (Ca	4:30.40		3/11
4	5	Abbey SHIRTS	#4	College of Idaho	4:31.97		3/24
5	7	Kyla BECKER	#1	British Columbia	4:32.93		4/8
6	9	Kiana GIBSON	#1	British Columbia	4:37.76		4/8
7	11	Michelle HERBES	#3	Eastern Oregon	4:40.56		3/24
8	15	Josephine BANKS	#17	Embry-Riddle (A	4:42.08		4/8
9	16	Emma TIMMERMANS	#24	Hope Internatio	4:42.59		4/8
10	17	Madden HUNDLEY	#7	Westmont (Calif	4:42.75		4/8

Women's Steeplechase

1	1	Sage MARTIN	#4	College of Idaho	10:34.90		4/7
2	2	Jamie HENNESSEY	#1	British Columbia	10:35.77		3/25
3	4	Larissa MAUER	#4	College of Idaho	11:15.27		4/7
4	6	Lauren FORSTER	#5	Southern Orego	11:17.13		3/30
5	15	Josephine GREGORY	#17	Embry-Riddle (A	11:36.15		4/8
6	17	Carlin MANNING	#10	Montana Tech	11:39.86		4/7
7	20	Savannah GANTER	#17	Embry-Riddle (A	11:41.60		4/8
8	23	Abigail HUNDLEY	#7	Westmont (Calif	11:47.19		4/8
9	24	Ariz DUARTE	#20	Arizona Christia	11:50.03		3/17
10	34	Hannah SEMPFF	#11	Carroll (Mont.)	12:19.19		4/7



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West

Women's 5000 Meters

1	1	Kiana GIBSON	#1	British ColumbiaA:B	16:22.04	3/25
2	2	Katie NEWLOVE	#1	British ColumbiaA:B	16:27.09	3/25
3	3	Marley BECKETT	#1	British ColumbiaA:B	16:28.58	3/25
4	4	Kyla BECKER	#1	British ColumbiaA:B	16:33.40	3/25
5	5	Sage MARTIN	#4	College of IdahoA:B	16:48.00	3/24
6	11	Sydney LITTLE LIGHT	#15	Rocky MountainA:B	17:21.93c (17:35.16A)	3/31
7	12	Ellyse TINGELSTAD	#4	College of IdahoA:B	17:22.70	4/7
8	21	Autumn NOOTBAAR	#9	The Master's (Ca	17:45.67	3/11
9	24	Kahea FIGUEIRA	#4	College of Idaho	17:51.70	3/24
10	29	Zoe DOORENSPLEET	#1	British Columbia	17:59.64	4/8

Women's 10,000 Meters

1	2	Ellyse TINGELSTAD	#4	College of IdahoA:B	35:41.88	3/30
2	7	Autumn NOOTBAAR	#9	The Master's (Ca	37:09.50	3/24
3	10	Haylee BRODAHL	#5	Southern OregonA:B	37:16.19	3/30
4	12	Alejandra LOPEZ	#5	Southern OregonA:B	37:24.97	3/30
5	16	Kimberly PAGE	#9	The Master's (Ca	37:44.68	3/24
6	17	Azalea PRINCE	#12	William Jessup (	37:48.05	3/30
7	19	Molly CONNOR	#4	College of Idaho	38:06.82	4/7
8	20	Taya BREWER	#22	Montana Wester	38:29.23	4/7
9	21	Sydnee KIZZIAR	#5	Southern Oregon	38:47.05	3/30
10	26	Charlie DUFF	#4	College of Idaho	39:11.92	4/7

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	#1	British ColumbiaA:B	23:03.90	3/25
2	3	Joan LU	#1	British ColumbiaA:B	25:20.60	3/25
3	4	Cassidy CARDLE	#1	British ColumbiaA:B	25:28.71	3/25
4	14	Mariah HILDEBRANDT	#9	The Master's (Ca	29:58.14	3/25
5	16	Allie METHUM	#9	The Master's (Ca	30:30.95	3/25

Women's 4x100 Relay

1	4	Dorothy JACKSON, Eryn BURKE, Jordyn BURKE, Armiyah JOHNSON	#2	Vanguard (Calif.A:B	46.46	4/8
2	15	Rebecca DUTCHAK, Sonya URBANOWICZ, Cayla SMITH, Hanna SOBKOWICH	#1	British Columbia	48.15	3/18
3	25	Yahaira CHAVARRIA, Sydney PECK, Sade WILLIAMS, Katie BROWN	#3	Eastern Oregon	48.97	4/7
4	32	Charlotte BOWMAN, Sage WOOD, Jada KISNER, Chloe BARYLSKI	#4	College of Idaho	49.26	3/18
5	36	Ashley BRITT, Emily COLLINS, Dalli ELISON, Madigan KELLY	#6	Lewis-Clark Stat	49.40	4/7
6	39	Jordyn ESPINOZA, Zhanna EDWARDS, Nardia PADILLA, Jaiden CANADY	#19	Park (Ariz.)	49.60	4/8
7	40	McKenna PHILLIPS, Jaiden RODRIGUES, Olivia CLARK, Charlotte WILLIAMS	#7	Westmont (Calif	49.64	3/25
8	42	Adrienne MAI, Janea ROBERTSON, Madeline DESEMONE, Sarah PHILLIPS	#14	Bushnell (Ore.)	49.72	3/30
9	47	India COLLINS, India ORTIZ, Nia COLLINS, Aayzia DUMAS	#5	Southern Oregon	50.04	4/1
10	48	Erica WASEQ, Alexis JONES, Julissa CASILLAS, Eleanor KANIA	#12	William Jessup (	50.06	3/30



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West

Women's 4x400 Relay

1	7	Elizabeth BETTEN, Jordyn BURKE, Penelopi LEACH, Eryn BURKE	#2	Vanguard (Calif.)	A: 3:53.81	3/11
2	17	Morgan BAYES, Sydney PECK, Laurny MITCHELL, Michelle HERBES	#3	Eastern Oregon	4:01.09	4/7
3	22	Adrienne MAI, Olivia BAILON, Madeline DESEMONE, Janea ROBERTSON	#14	Bushnell (Ore.)	4:04.45	3/30
4	27	Emily RATZ, Kamryn COMBA, Olleca SEVERSON, Hadassah WILSON	#10	Montana Tech	4:06.38	4/7
5	36	Julissa CASILLAS, Alexis JONES, Jennifer PEDRETTI, Jayden JACKSON	#12	William Jessup (	4:11.21	3/30
6	39	Lauren FORSTER, Aayzia DUMAS, India COLLINS, India ORTIZ	#5	Southern Orego	4:12.40	3/11
7	53	Paige BAXSTRESSER, Sorren REESE, Brooklyn SCHULTZ, London LAMBRECHT	#11	Carroll (Mont.)	4:17.40c (4:16.96A)	4/7
8	54	Kellan WAHL, Jenna HILLMAN, Tyne STOKES, Rylie SCHOENFELD	#15	Rocky Mountain	4:17.84c (4:17.40A)	3/19
9	57	Juliana BROWN, Kristi HIRTE, Jenna MILLER, Hero PETERS	#16	Corban (Ore.)	4:18.97	3/22
10	66	Madden HUNDLEY, Abigail HUNDLEY, Landon TORRES, Kari ANEMA	#7	Westmont (Calif	4:23.14	3/25

Women's 4x800 Relay

1	1	Hannah FREDERICKS, Suzie JOHNSON, Rebekah NIEDNAGEL, Ellen PALMGREN	#9	The Master's (Ca	A: 9:12.55	3/25
2	2	Katie NEWLOVE, Kyla BECKER, Holly MACGILLIVRAY, Rachel MORTIMER	#1	British Columbia	A: 9:15.27	3/25
3	4	Kate BARANSKI, Jessina MORALES, Karla SANCHEZ- RUIZ, Olivia FINCH	#2	Vanguard (Calif.	9:35.25	3/25
4	6	Siena KECK, Landon TORRES, Kari ANEMA, Abigail HUNDLEY	#7	Westmont (Calif	9:40.86	3/25
5	8	Kyle OLSON, Madalen SHIPMAN, London LAMBRECHT, Natalie YOCUM	#11	Carroll (Mont.)	9:50.64c (9:52.93A)	3/31

Women's High Jump

1	6	Abi STEVENS	#5	Southern Orego B	1.66m	5-5¼	4/7
2	17	Abby CLARK	#10	Montana Tech	1.62m	5-3¾	4/7
3	19	Madde BOLES	#11	Carroll (Mont.)	1.61m	5-3¼	4/7
4	27	terra BERTSCH	#8	Providence (Mo	1.59m	5-2½	4/7
5	30	Lizzy GRANDLE	#3	Eastern Oregon	1.58m	5-2¼	3/30
5	30	Corona PARKER	#18	Evergreen State	1.58m	5-2¼	3/10
7	34	Ally ODELL	#13	Oregon Tech	1.57m	5-1¾	4/8
8	38	Sara HATHAWAY	#6	Lewis-Clark Stat	1.56m	5-1¼	3/23
9	40	Sarah PIMBLETT	#1	British Columbia	1.55m	5-1	4/8
9	40	Karli BEDARD	#3	Eastern Oregon	1.55m	5-1	3/30
9	40	Lily SWEEN	#7	Westmont (Calif	1.55m	5-1	3/23

Women's Pole Vault

1	2	Sonya URBANOWICZ	#1	British Columbia	A: 3.80m	12-5½	3/25
2	11	Abby RUMOHR	#7	Westmont (Calif B	3.63m	11-10¾	4/8
3	15	Britain POLK	#7	Westmont (Calif	3.48m	11-5	4/8
3	15	Moriah CHIANG	#7	Westmont (Calif	3.48m	11-5	4/8
5	17	India ORTIZ	#5	Southern Orego	3.45m	11-3¾	3/17
5	17	Cynthia SMITH	#6	Lewis-Clark Stat	3.45m	11-3¾	3/18
7	31	Chloe GALLAGHER	#11	Carroll (Mont.)	3.25m	10-8	4/7
7	31	terra BERTSCH	#8	Providence (Mo	3.25m	10-8	4/7
7	31	Kamden HILLBORN	#11	Carroll (Mont.)	3.25m	10-8	4/7
10	44	Jayden JACKSON	#12	William Jessup (	3.18m	10-5¼	3/30



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West

Women's Long Jump

1	3	Emma RASTAD	#1	British Columbia	A:B 5.78m	18-11¾ (0.3) 3/18
2	11	Gabriel PARINI	#8	Providence (Mo)	B 5.67m	18-7¼ (2.8) 4/7
2	11	Rebecca DUTCHAK	#1	British Columbia	B 5.67m	18-7¼ (0.2) 3/18
4	23	Jadyn VERMILLION	#10	Montana Tech	5.50m	18-½ (2.1) 3/31
5	27	Allison MACDONALD	#1	British Columbia	5.47m	17-11½ (-0.3) 3/18
6	29	Lily SWEEN	#7	Westmont (Calif)	5.45m	17-10¾ (1.3) 3/23
7	34	Mayah PAPPAS	#14	Bushnell (Ore.)	5.41m	17-9 (2.0) 3/11
8	43	Abi STEVENS	#5	Southern Orego	5.36m	17-7 (0.4) 3/30
9	53	Brooke WIRKKALA	#15	Rocky Mountain	5.31m	17-5¼ (4.0) 4/7
10	57	Janea ROBERTSON	#14	Bushnell (Ore.)	5.29m	17-4¼ (2.1) 3/11

Women's Triple Jump

1	6	Princess BROWNE	#21	Multnomah (Ore)	A:B 11.80m	38-8¾ (0.0) 3/17
2	10	Allison MACDONALD	#1	British Columbia	B 11.64m	38-2¼ (1.6) 3/18
3	29	Alexis JONES	#12	William Jessup (	11.18m	36-8¼ (0.0) 3/30
4	30	Sienna BAUER	#5	Southern Orego	11.14m	36-6¾ (3.8) 4/1
5	32	Naiya BEAUDIN	#10	Montana Tech	11.08m	36-4¼ (0.5) 3/31
6	45	Sydney ZYWINA	#6	Lewis-Clark Stat	10.84m	35-6¾ (0.2) 3/18
7	51	Gabriel PARINI	#8	Providence (Mo)	10.73m	35-2½ (3.0) 4/7
8	63	Sophie LOVELESS	#11	Carroll (Mont.)	10.61m	34-9¾ (2.6) 4/7
9	69	Jadyn VERMILLION	#10	Montana Tech	10.56m	34-7¾ (0.0) 4/7
10	76	Faith HUNT	#2	Vanguard (Calif)	10.47m	34-4¼ (2.5) 3/25

Women's Shot Put

1	2	Maggie LEDBETTER	#3	Eastern Oregon	A:B 14.11m	46-3½ 3/24
2	20	Michelle DADSON	#1	British Columbia	12.79m	41-11½ 3/25
3	30	Jessica PEDRETTI	#12	William Jessup (	12.51m	41-½ 4/7
4	38	Kenna WOODWARD	#3	Eastern Oregon	12.35m	40-6¼ 3/18
5	41	Star HERRON	#4	College of Idaho	12.31m	40-4¾ 4/7
6	56	Jaelah BUTLER	#2	Vanguard (Calif)	12.05m	39-6½ 4/8
7	60	kathryn EVANS	#8	Providence (Mo)	12.01m	39-5 4/7
8	73	Andrea OSBON	#5	Southern Orego	11.78m	38-7¾ 4/1
9	82	Rebecca DUTCHAK	#1	British Columbia	11.71m	38-5 3/25
10	86	Libby MATHIS	#14	Bushnell (Ore.)	11.68m	38-4 3/17

Women's Discus

1	11	tatiana MARTINEZ	#8	Providence (Mo)	B 43.44m	142-6 4/7
2	18	Maggie LEDBETTER	#3	Eastern Oregon	B 42.57m	139-8 4/7
3	22	Calla HALDORSON	#8	Providence (Mo)	B 42.48m	139-5 4/7
4	29	Jessica PEDRETTI	#12	William Jessup (	41.31m	135-7 3/30
5	39	Allyson CONNER	#8	Providence (Mo)	39.88m	130-10 4/7
6	41	Jaelah BUTLER	#2	Vanguard (Calif)	39.65m	130-1 3/18
7	69	Avari BATT	#8	Providence (Mo)	37.54m	123-2 4/7
8	76	Kayla BOTKIN	#11	Carroll (Mont.)	37.15m	121-11 4/7
9	79	Aaliyah ESPINOZA	#2	Vanguard (Calif)	37.07m	121-8 3/25
10	84	Trinity HILL	#3	Eastern Oregon	36.73m	120-6 3/18

Women's Hammer

1	3	Allyson CONNER	#8	Providence (Mo)	A:B 52.67m	172-10 4/7
2	4	Bella HALL	#1	British Columbia	A:B 51.76m	169-10 4/8
3	7	Michelle DADSON	#1	British Columbia	A:B 51.30m	168-4 3/18
4	11	Maggie LEDBETTER	#3	Eastern Oregon	B 50.31m	165-1 4/7
5	13	Kenna WOODWARD	#3	Eastern Oregon	B 50.20m	164-9 3/18
6	27	Lauren FRIESEN	#1	British Columbia	47.19m	154-10 4/8
7	38	Star HERRON	#4	College of Idaho	45.63m	149-9 3/18
8	44	Jaelah BUTLER	#2	Vanguard (Calif)	44.89m	147-4 3/11
9	46	Jessica PEDRETTI	#12	William Jessup (	44.81m	147-0 3/10
10	54	tatiana MARTINEZ	#8	Providence (Mo)	43.85m	143-11 4/7

Women's Javelin

1	1	Alex CONLEY	#13	Oregon Tech	A:B 46.11m	151-4 4/8
2	2	Micaiah SCOTT	#9	The Master's (Ca)	A:B 45.66m	149-10 3/18
3	4	Giovanna JANES	#1	British Columbia	A:B 43.18m	141-8 3/18
4	5	Mckenzie CLARK	#8	Providence (Mo)	A:B 43.10m	141-5 4/7
5	7	Brittan BRATSCHER	#13	Oregon Tech	A:B 42.24m	138-7 3/17
6	11	Jenna JORDAN	#10	Montana Tech	A:B 41.38m	135-9 3/31
7	12	Aarika BROOKS	#13	Oregon Tech	B 40.33m	132-4 3/17
8	16	Allie BEST	#3	Eastern Oregon	B 39.32m	129-0 4/7
9	17	Kea STIEGLITZ	#6	Lewis-Clark Stat	38.90m	127-8 3/18
10	18	Jenae USSELMAN	#14	Bushnell (Ore.)	38.87m	127-7 3/11

Women's Heptathlon

1	3	Abi STEVENS	#5	Southern Orego	B 4,435	3/30
2	4	Lily SWEEN	#7	Westmont (Calif)	B 4,433	3/23
3	5	Jayden JACKSON	#12	William Jessup (	B 4,203	4/6
4	6	Lizzy GRANDLE	#3	Eastern Oregon	B 4,180	3/30
5	7	Sammy CONLEY	#3	Eastern Oregon	B 4,119	3/30
6	8	Penelopi LEACH	#2	Vanguard (Calif)	B 4,101	3/23
7	10	Ally ODELL	#13	Oregon Tech	B 4,028	3/30
8	11	Jenna HODGES	#5	Southern Orego	B 4,018	3/30
9	12	Sara HATHAWAY	#6	Lewis-Clark Stat	B 3,986	3/23
10	13	Karli BEDARD	#3	Eastern Oregon	B 3,984	3/30