



Conference TFRI Event Summary

as of 4/17/2023 6:59:30 AM

AAC

Women's 100 Meters

1	36	Trinity GREGORY	#7	Columbia Intern	12.15	(1.6)	4/14
2	53	Myesha HALL	#3	Truett-McConne	12.27	(1.8)	4/1
3	57	Paige MANNEY	#2	Tennessee Wesl	12.30	(0.7)	4/15
4	77	Aniecia GOSS	#2	Tennessee Wesl	12.45w	(3.6)	3/17
5	86	Chaggie BASSAR	#2	Tennessee Wesl	12.49w	(3.4)	3/25
6		Paris TURNER	#1	Montreat (N.C.)	12.59	(0.9)	4/1
7		Lauren GARRISON	#2	Tennessee Wesl	12.80	(1.9)	4/7
8		Jasmine JOHNSON	#4	Brenau (Ga.)	12.86	(1.2)	3/17
9		Vanessa PROVIDENCE	#4	Brenau (Ga.)	12.99	(-1.1)	3/24
10		Brooke WILMOTH	#3	Truett-McConne	13.04w	(2.8)	3/17

Women's 100 Meter Hurdles

1	11	Paige MANNEY	#2	Tennessee Wesl	A: 14.23w	(2.2)	3/25
2	77	Crystal JONES	#7	Columbia Intern	15.70	(-1.0)	3/24
3		Jayda BURKETT	#4	Brenau (Ga.)	16.14	(0.1)	3/24
4		Emma BARNES	#1	Montreat (N.C.)	16.19w	(2.9)	4/14
5		Lauren GARRISON	#2	Tennessee Wesl	16.34w	(3.2)	3/17
6		Madison ROOKER	#2	Tennessee Wesl	16.71	(-0.8)	4/15
7		Anna TASTINGER	#1	Montreat (N.C.)	16.78w	(2.9)	4/14
8		Katie DICKEY	#1	Montreat (N.C.)	16.95	(2.0)	4/14
9		Caley ESSIE	#2	Tennessee Wesl	17.13w	(2.7)	3/25
10		Elajiah SMITH	#4	Brenau (Ga.)	17.14	(-0.7)	4/7

Women's 200 Meters

1	70	Myesha HALL	#3	Truett-McConne	25.72w	(2.5)	3/24
2	79	Trinity GREGORY	#7	Columbia Intern	25.79	(1.2)	4/1
3	89	Paris TURNER	#1	Montreat (N.C.)	25.85	(-0.4)	4/1
4		Kamryn CHAMBLISS	#4	Brenau (Ga.)	26.32	(-1.2)	4/7
5		Aniecia GOSS	#2	Tennessee Wesl	26.42w	(3.1)	4/7
6		Esther NAKANWAGI	#3	Truett-McConne	26.64w	(2.1)	3/24
7		Adrianna GULLETTE	#1	Montreat (N.C.)	26.65	(1.2)	4/1
8		Emma BARNES	#1	Montreat (N.C.)	26.78	(0.7)	4/1
9		Vanessa PROVIDENCE	#4	Brenau (Ga.)	26.79	(0.7)	4/7
10		Amya ARNOLD	#3	Truett-McConne	26.82	(1.1)	4/1

Women's 400 Meters

1		Grace WRIGHT	#6	Columbia (S.C.)	1:00.79		3/24
2		Esther NAKANWAGI	#3	Truett-McConne	1:00.80		4/14
3		Chaggie BASSAR	#2	Tennessee Wesl	1:01.04		4/7
4		Megan CHRISTIAN	#5	Milligan (Tenn.)	1:01.08		3/24
5		Jaeva RIDLEY	#4	Brenau (Ga.)	1:01.10		4/7
6		Emily STANDIFER	#1	Montreat (N.C.)	1:01.16		3/24
7		Rebecca GLOVER	#5	Milligan (Tenn.)	1:01.40		4/1
8		Kayland THOMASON	#4	Brenau (Ga.)	1:01.61		3/24
9		Kamryn CHAMBLISS	#4	Brenau (Ga.)	1:01.64		3/24
10		Anna DRILLER	#12	Bryan (Tenn.)	1:02.04		4/15

Women's 400 Meter Hurdles

1	43	Jaeva RIDLEY	#4	Brenau (Ga.)	1:07.11		4/7
2	64	Crystal JONES	#7	Columbia Intern	1:08.51		4/1
3	70	Trenyonna ALLEN	#3	Truett-McConne	1:08.96		4/7
4	88	Autumn SHEPHERD	#3	Truett-McConne	1:09.96		4/14
5	90	Aniecia GOSS	#2	Tennessee Wesl	1:10.04		4/7
6		Anna TASTINGER	#1	Montreat (N.C.)	1:10.94		3/24
7		Madison ROOKER	#2	Tennessee Wesl	1:11.49		3/17
8		Emelia ASKEW	#4	Brenau (Ga.)	1:15.97		4/7
9		Grace WRIGHT	#6	Columbia (S.C.)	1:16.01		4/7
10		Nakailah ROBINSON	#6	Columbia (S.C.)	1:17.34		3/31

Women's 800 Meters

1	6	Ellen-Mary KEARNEY	#5	Milligan (Tenn.) A: B	2:11.74		3/23
2	21	Dylan GARCIA	#1	Montreat (N.C.)	2:16.67		3/24
3	26	Yessenia CASTELLANOS	#1	Montreat (N.C.)	2:18.00		3/24
4	37	Kilia HASTY	#1	Montreat (N.C.)	2:18.85		3/24
5	54	Gracie ALLEN	#5	Milligan (Tenn.)	2:20.42		3/24
6	55	Sarah OWEN	#3	Truett-McConne	2:20.49		4/14
7	64	Rebecca GLOVER	#5	Milligan (Tenn.)	2:21.35		3/24
8	84	Ashlyn VANLANDINGHAM	#10	SCAD Atlanta (Ga.)	2:22.28		4/14
9	87	Mahaley CRONK	#1	Montreat (N.C.)	2:22.58		3/24
10		Jenna MALLORY	#1	Montreat (N.C.)	2:23.87		3/16

Women's 1500 Meters

1	6	Ellen-Mary KEARNEY	#5	Milligan (Tenn.) A: B	4:32.13		3/23
2	13	Caitlin DOMINY	#5	Milligan (Tenn.) B	4:39.96		4/7
3	46	Dylan GARCIA	#1	Montreat (N.C.)	4:48.63		3/16
4	48	Gracie ALLEN	#5	Milligan (Tenn.)	4:48.67		3/24
5	51	Kilia HASTY	#1	Montreat (N.C.)	4:49.17		4/7
6	76	Mahaley CRONK	#1	Montreat (N.C.)	4:52.13		3/24
7	84	Jenna MALLORY	#1	Montreat (N.C.)	4:52.97		3/16
8	99	Makayla HOLLIFIELD	#6	Columbia (S.C.)	4:56.82		3/31
9		Sarah OWEN	#3	Truett-McConne	4:58.40		3/24
10		Yessenia CASTELLANOS	#1	Montreat (N.C.)	4:59.16		4/7

Women's Steeplechase

1	8	Jenna MALLORY	#1	Montreat (N.C.) A: B	11:16.10		4/7
2	26	Catherine SLACK	#1	Montreat (N.C.)	11:40.88		4/7
3	50	Ali BURNS	#5	Milligan (Tenn.)	12:28.56		4/7
4	57	Kaelyn SLAUGHTER	#5	Milligan (Tenn.)	12:35.50		4/7
5	60	Lydia WILLHITE	#7	Columbia Intern	12:37.32		3/24
6	80	Ashlynn BROWN	#2	Tennessee Wesl	12:57.33		4/7
7		Raquel SMITH	#1	Montreat (N.C.)	13:49.88		4/14
8		Samantha REED	#9	Kentucky Christi	15:59.37		3/25



Conference TFRI Event Summary

as of 4/17/2023 6:59:30 AM

AAC

Women's 5000 Meters

1	10	Ellen-Mary KEARNEY	#5	Milligan (Tenn.) A:B	17:11.12	4/7
2	16	Alyssa BEARZI	#5	Milligan (Tenn.) A:B	17:25.10	3/23
3	17	Caitlin DOMINY	#5	Milligan (Tenn.) B	17:30.19	3/23
4	40	Gracie ALLEN	#5	Milligan (Tenn.)	18:08.95	4/7
5	54	Belinda CHEPKOSGEI	#10	SCAD Atlanta (Ga.)	18:23.89	4/7
6	70	Anna JONES	#5	Milligan (Tenn.)	18:41.55	4/7
7	77	Savannah CAMPBELL	#3	Truett-McConne	18:45.29	3/4
8	85	Erica MORIN-MUGAMBI	#1	Montreat (N.C.)	18:48.44	4/7
9		Catherine SLACK	#1	Montreat (N.C.)	19:05.22	3/24
10		Makayla HOLLIFIELD	#6	Columbia (S.C.)	19:10.32	3/16

Women's 10,000 Meters

1	3	Alyssa BEARZI	#5	Milligan (Tenn.) A:B	35:39.90	4/7
2	30	Makayla HOLLIFIELD	#6	Columbia (S.C.)	39:02.08	3/16
3	36	Savannah CAMPBELL	#3	Truett-McConne	39:20.67	3/10
4	56	Brooke SIMON	#8	Reinhardt (Ga.)	41:07.46	3/17
5	60	Angeline KRAVITZ	#6	Columbia (S.C.)	41:26.05	3/24
6	61	Erica MORIN-MUGAMBI	#1	Montreat (N.C.)	41:30.61	3/24
7	82	Izabelle TREFTS	#6	Columbia (S.C.)	43:15.05	3/24
8	91	Lillie SINIARD	#1	Montreat (N.C.)	43:55.92	3/24
9	94	Dzana CISIC	#7	Columbia Intern	44:13.70	3/24
10	99	Rosemary REED	#7	Columbia Intern	44:46.69	3/24

Women's 5000m Race Walk

1	2	Izabelle TREFTS	#6	Columbia (S.C.) A:B	24:49.47	3/17
2	5	Ainhua COLINO	#6	Columbia (S.C.) A:B	27:25.94	3/17
3	6	Victoria HEISER-WHATLEY	#6	Columbia (S.C.) A:B	27:28.04	4/7
4	7	Jessica HEISER-WHATLEY	#6	Columbia (S.C.) B	28:17.62	4/7
5	25	Mina SHULL	#6	Columbia (S.C.)	34:53.03	3/24
6	28	Gabrielle HUGGINS	#6	Columbia (S.C.)	37:06.95	3/17
7	29	Briona BIERKAMP	#4	Brenau (Ga.)	41:00.61	3/24

Women's 4x100 Relay

1	18	Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS	#2	Tennessee Wesleyan	48.05	3/25
2	38	Amya ARNOLD, Myesha HALL, Brooke WILMOTH, Esther NAKANWAGI	#3	Truett-McConne	49.04	4/1
3	47	Kamryn CHAMBLISS, Elajiah SMITH, Oluwatomisin JOHN, Jasmine JOHNSON	#4	Brenau (Ga.)	49.40	4/7
4	53	Emma BARNES, Jessica GAKERI, Adrianna GULLETTE, Paris TURNER	#1	Montreat (N.C.)	49.72	3/24

Women's 4x400 Relay

1	30	Kayland THOMASON, Kamryn CHAMBLISS, Taylor GREEN, Jaeva RIDLEY	#4	Brenau (Ga.)	4:05.73	4/7
2	32	Esther NAKANWAGI, Trenyonna ALLEN, Sarah OWEN, Myesha HALL	#3	Truett-McConne	4:06.41	4/7
3	38	Emily STANDIFER, Paris TURNER, Kilia HASTY, Yessenia CASTELLANOS	#1	Montreat (N.C.)	4:09.37	3/24
4	51	Chaggie BASSAR, Madison ROOKER, Genesis LOWE, Aniecia GOSS	#2	Tennessee Wesleyan	4:13.21	4/15
5	81	Crystal JONES, Trinity GREGORY, Rosemary REED, Mercy BERKEMEYER	#7	Columbia Intern	4:23.94	3/24

Women's 4x800 Relay

1	3	Yessenia CASTELLANOS, Mahaley CRONK, Dylan GARCIA, Kilia HASTY	#1	Montreat (N.C.) A:B	9:22.00	4/14
2	24	Savannah CAMPBELL, Simone CHOCK, Hayden PONCE, Sarah OWEN	#3	Truett-McConne	10:44.46	3/10
3	27	Gabrielle HUGGINS, Angeline KRAVITZ, Makayla HOLLIFIELD, Izabelle TREFTS	#6	Columbia (S.C.)	11:03.50	3/24

Women's High Jump

1	2	Paige MANNEY	#2	Tennessee Wesleyan A:B	1.73m	5-8	3/25
2		Triniti LOCKHART	#1	Montreat (N.C.)	1.45m	4-9	4/14
2		Vanessa PROVIDENCE	#4	Brenau (Ga.)	1.45m	4-9	4/7
2		Samantha CRAMER	#8	Reinhardt (Ga.)	1.45m	4-9	3/24
2		Katie DICKEY	#1	Montreat (N.C.)	1.45m	4-9	4/1
6		Grace WRIGHT	#6	Columbia (S.C.)	1.43m	4-8½	3/16
7		Caley ESSIE	#2	Tennessee Wesleyan	1.40m	4-7	4/15
7		Natalie KLEIN	#8	Reinhardt (Ga.)	1.40m	4-7	3/24
7		Victoria HEISER-WHATLEY	#6	Columbia (S.C.)	1.40m	4-7	3/17
7		Anna TASTINGER	#1	Montreat (N.C.)	1.40m	4-7	3/16

Women's Pole Vault

1	36	Halie HAWKINS	#5	Milligan (Tenn.)	3.25m	10-8	3/24
2	81	Anna TASTINGER	#1	Montreat (N.C.)	2.80m	9-2¼	3/24
3		Kamryn CHAMBLISS	#4	Brenau (Ga.)	2.50m	8-2½	3/24
4		Emelia ASKEW	#4	Brenau (Ga.)	2.35m	7-8½	3/24
5		Stephanie HINOJOS	#1	Montreat (N.C.)	2.20m	7-2½	3/24



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AAC

Women's Long Jump

1	1	Myesha HALL	#3	Truett-McConne	6.00m	19-8¼ (1.3)	3/24
2	19	Paige MANNEY	#2	Tennessee Wesl	5.65m	18-6½ (0.0)	4/15
3	27	Aniecia GOSS	#2	Tennessee Wesl	5.57m	18-3¼ (0.0)	4/15
4	29	Jessica GAKERI	#1	Montreat (N.C.)	5.54m	18-2¼ (1.5)	4/14
5	70	Mitchel ALEX	#4	Brenau (Ga.)	5.28m	17-4 (-1.3)	3/17
6	75	Teychiana DORNAN	#11	Union (Ky.)	5.26m	17-3¼ (1.6)	4/14
7	86	Adrianna GULLETTE	#1	Montreat (N.C.)	5.23mw	17-2 (2.2)	3/24
8	94	Trinity GREGORY	#7	Columbia Intern	5.18m	17-0 (0.0)	3/24
9		Annabelle GANDERT	#14	St. Andrews (N.C.)	5.16m	16-11¼ (-0)	3/24
10		Oluwatomisin JOHN	#4	Brenau (Ga.)	5.09m	16-8½ (-0)	3/17

Women's Triple Jump

1	1	Paige MANNEY	#2	Tennessee Wesl	12.58mw	41-3¼ (3.4)	3/25
2	10	Myesha HALL	#3	Truett-McConne	11.73m	38-6 (-2.0)	3/10
3	12	Aniecia GOSS	#2	Tennessee Wesl	11.69m	38-4¼ (0.0)	4/15
4	19	Jessica GAKERI	#1	Montreat (N.C.)	11.47m	37-7¼ (0.0)	4/14
5	35	Teychiana DORNAN	#11	Union (Ky.)	11.09m	36-4¾ (0.0)	4/14
6	38	Oluwatomisin JOHN	#4	Brenau (Ga.)	11.07m	36-4 (1.5)	3/24
7	63	Elajiah SMITH	#4	Brenau (Ga.)	10.71m	35-1¼ (-1)	3/17
8	72	Jasmine JOHNSON	#4	Brenau (Ga.)	10.61m	34-9¾ (-0)	3/17
9	98	Autumn SHEPHERD	#3	Truett-McConne	10.33m	33-10¾ (0)	4/14
10		Esther NAKANWAGI	#3	Truett-McConne	10.30m	33-9½ (1.2)	4/14

Women's Shot Put

1	33	Sha'Nyia WOOLERY	#4	Brenau (Ga.)	12.60m	41-4¼	3/17
2	36	Kloey PICKENS	#7	Columbia Intern	12.57m	41-3	3/24
3	69	Grace JONES	#3	Truett-McConne	11.97m	39-3¼	3/24
4		Acoya HUNT	#7	Columbia Intern	11.29m	37-½	4/1
5		Crystal JONES	#7	Columbia Intern	10.92m	35-10	4/14
6		Emma BARNES	#1	Montreat (N.C.)	10.89m	35-8¾	3/16
7		Vanessa PROVIDENCE	#4	Brenau (Ga.)	10.76m	35-3¾	3/24
8		Jailyn KENDRICK	#4	Brenau (Ga.)	10.67m	35-¼	3/24
9		Katherine FOURIE	#4	Brenau (Ga.)	10.65m	34-11¼	4/7
10		Darci DAWSON	#6	Columbia (S.C.)	10.38m	34-¾	3/31

Women's Discus

1	49	Kacey WEBB	#5	Milligan (Tenn.)	39.29m	128-11	3/24
2		Sha'Nyia WOOLERY	#4	Brenau (Ga.)	35.25m	115-8	3/17
3		Darci DAWSON	#6	Columbia (S.C.)	35.13m	115-3	3/16
4		Grace JONES	#3	Truett-McConne	35.12m	115-3	4/1
5		Rae GORE	#2	Tennessee Wesl	34.17m	112-1	3/25
6		Acoya HUNT	#7	Columbia Intern	34.00m	111-7	4/14
7		Lillian GRUMBLES	#7	Columbia Intern	33.63m	110-4	4/14
8		Katilyn BABB	#3	Truett-McConne	33.52m	110-0	3/4
9		Dazanni HINTON	#7	Columbia Intern	33.36m	109-6	3/24
10		Zaida CARSON	#6	Columbia (S.C.)	33.05m	108-5	3/16

Women's Hammer

1	39	Dazanni HINTON	#7	Columbia Intern	46.03m	151-0	4/1
2	56	Grace JONES	#3	Truett-McConne	44.57m	146-3	4/14
3		Zaida CARSON	#6	Columbia (S.C.)	38.74m	127-1	3/16
4		Anaya CANTY	#6	Columbia (S.C.)	38.68m	126-11	3/24
5		Ikia MCCOLLOUGH	#6	Columbia (S.C.)	37.83m	124-2	3/16
6		Hannah Grace SPARKS	#7	Columbia Intern	37.74m	123-10	4/14
7		Jailyn KENDRICK	#4	Brenau (Ga.)	37.69m	123-8	3/24
8		Rae GORE	#2	Tennessee Wesl	36.72m	120-6	4/15
9		Carly BUICE	#3	Truett-McConne	36.37m	119-4	3/24
10		Lauren HANNAH	#9	Kentucky Christi	36.01m	118-2	4/8

Women's Javelin

1	9	Katilyn BABB	#3	Truett-McConne	42.57m	139-8	4/14
2	44	Abigail CRUZ	#8	Reinhardt (Ga.)	35.90m	117-10	3/24
3	59	Grace JONES	#3	Truett-McConne	34.02m	111-8	3/10
4	80	Jayda BURKETT	#4	Brenau (Ga.)	32.61m	107-0	4/7
5	85	Katherine FOURIE	#4	Brenau (Ga.)	32.28m	105-11	4/7
6	1E+00	Kloey PICKENS	#7	Columbia Intern	31.28m	102-8	4/14
7		Emma BARNES	#1	Montreat (N.C.)	30.47m	99-11¼	4/14
8		Rae GORE	#2	Tennessee Wesl	27.84m	91-4¼	4/15
9		Jasmine JOHNSON	#4	Brenau (Ga.)	27.08m	88-10¼	3/17
10		McKenna DEBITY	#2	Tennessee Wesl	26.43m	86-8½	4/15

Women's Heptathlon

1	23	Emma BARNES	#1	Montreat (N.C.)	3,644	3/16
2	31	Anna TASTINGER	#1	Montreat (N.C.)	3,174	3/16
3	32	Laila REED	#4	Brenau (Ga.)	3,158	3/17
4	34	Madison ROOKER	#2	Tennessee Wesl	3,107	4/7
5	40	Zykirah DAVIS	#6	Columbia (S.C.)	2,843	3/16
6	44	Caley ESSIE	#2	Tennessee Wesl	2,749	4/7



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AMC

Women's 100 Meters

1	Alicia ROBINSON	#7	Harris-Stowe St.	12.81	(1.3)	4/14
2	Mya GREEN	#4	Williams Baptist	12.89w	(3.1)	3/31
3	Makenzie SCHWARTZ	#3	Columbia (Mo.)	12.90	(0.5)	4/7
4	Lily ASHRAFZADEH	#3	Columbia (Mo.)	12.91	(-0.3)	4/7
5	Ally SWAIM	#8	Central Baptist (	12.92w	(2.1)	3/17
6	Breanne HAINES	#6	Hannibal-LaGra	13.03w	(3.1)	3/31
7	Allie LAWRENCE	#5	St. Louis Pharmi	13.05w	(3.2)	4/15
8	Layla HORN	#6	Hannibal-LaGra	13.16w	(2.8)	3/31
9	Madeline BURTON	#3	Columbia (Mo.)	13.17	(0.0)	4/14
10	Tiah CUPP	#6	Hannibal-LaGra	13.24w	(2.8)	3/31

Women's 100 Meter Hurdles

1	33 Ally SWAIM	#8	Central Baptist (	14.93w	(2.1)	4/6
2	82 Taylor WASHINGTON	#5	St. Louis Pharmi	15.75	(0.8)	4/15
3	Makenzie SCHWARTZ	#3	Columbia (Mo.)	16.24	(1.5)	4/14
4	Tiah CUPP	#6	Hannibal-LaGra	16.35w	(3.1)	3/31
5	Alaina SCOTT	#2	Missouri Baptist	16.86	(1.4)	4/14
6	Mia OELLERMANN	#2	Missouri Baptist	17.27	(1.3)	4/14
7	Brianna SANSOUCIE	#2	Missouri Baptist	17.87	(1.5)	4/14
8	Gracie WALLGREN	#1	William Woods (	20.73	(1.4)	4/14

Women's 200 Meters

1	Alicia ROBINSON	#7	Harris-Stowe St.	26.56w	(2.6)	4/14
2	Layla HORN	#6	Hannibal-LaGra	26.76	(0.8)	4/15
3	Breanne HAINES	#6	Hannibal-LaGra	26.79	(1.9)	3/31
4	Mya GREEN	#4	Williams Baptist	27.01	(1.9)	3/31
5	Lily ASHRAFZADEH	#3	Columbia (Mo.)	27.15	(0.0)	3/24
6	Makenzie SCHWARTZ	#3	Columbia (Mo.)	27.16w	(2.6)	4/14
7	Trinity THOMAS	#1	William Woods (	27.29	(0.5)	4/14
8	Madeline BURTON	#3	Columbia (Mo.)	27.42	(0.7)	3/24
9	Lana BALLARD	#9	Lyon (Ark.)	27.56	(1.5)	4/6
10	Arianna BUDUAN	#5	St. Louis Pharmi	27.88	(1.8)	4/15

Women's 400 Meters

1	Layla HORN	#6	Hannibal-LaGra	1:02.08		3/24
2	Alyssa MCPIKE	#5	St. Louis Pharmi	1:04.30		4/15
3	Perri HOGAN	#2	Missouri Baptist	1:04.57		4/7
4	Myra BAKER	#1	William Woods (	1:04.96		4/7
5	Madison MITTAG	#4	Williams Baptist	1:05.92		3/31
6	Hope CRAM	#4	Williams Baptist	1:06.78		4/6
7	Emma CLIFFORD	#1	William Woods (	1:07.21		3/24
8	Gracie WALLGREN	#1	William Woods (	1:07.48		3/24
9	Gabby DELARUE	#2	Missouri Baptist	1:07.73		4/14
10	Ellie REYNOLDS	#3	Columbia (Mo.)	1:09.34		4/14

Women's 400 Meter Hurdles

1	67 Tiah CUPP	#6	Hannibal-LaGra	1:08.67		4/7
2	Ellie DIMOND	#1	William Woods (	1:11.71		4/14
3	Gracie WALLGREN	#1	William Woods (	1:13.91		4/14
4	Mia OELLERMANN	#2	Missouri Baptist	1:14.98		4/14
5	Mariah SCOTT	#5	St. Louis Pharmi	1:15.04		4/7
6	Ellie REYNOLDS	#3	Columbia (Mo.)	1:17.32		3/24
7	Brianna SANSOUCIE	#2	Missouri Baptist	1:22.46		4/7

Women's 800 Meters

1	58 Isabel RINKENBERGER	#2	Missouri Baptist	2:20.95		4/7
2	73 Adrienne ROCKETTE	#2	Missouri Baptist	2:21.63		4/14
3	Ellie DIMOND	#1	William Woods (	2:23.44		3/24
4	Harley NALE	#1	William Woods (	2:24.55		4/7
5	Mia REED	#2	Missouri Baptist	2:24.94		4/14
6	Mikey LARSON	#4	Williams Baptist	2:25.37		4/6
7	Mattie NOYES	#2	Missouri Baptist	2:29.78		4/7
8	Madison SARGENT	#2	Missouri Baptist	2:30.21		4/7
9	Emma HOMFELDT	#3	Columbia (Mo.)	2:30.28		4/7
10	Myra BAKER	#1	William Woods (	2:31.42		4/14

Women's 1500 Meters

1	72 Harley NALE	#1	William Woods (	4:51.60		4/7
2	91 Mia REED	#2	Missouri Baptist	4:54.78		4/7
3	Adrienne ROCKETTE	#2	Missouri Baptist	4:57.08		4/7
4	Ellie DIMOND	#1	William Woods (	5:01.28		3/24
5	Mekayla GIBSON	#1	William Woods (	5:03.57		4/14
6	Emma HOMFELDT	#3	Columbia (Mo.)	5:05.65		3/24
7	Jada O'DONNELL	#3	Columbia (Mo.)	5:10.30		3/24
8	Mikey LARSON	#4	Williams Baptist	5:12.27		3/10
9	Grace BRINKMANN	#3	Columbia (Mo.)	5:13.50		3/24
10	Crystal RUDEN	#1	William Woods (	5:17.74		4/14

Women's Steeplechase

1	4 Mia REED	#2	Missouri Baptist	11:02.45		4/1
2	12 Ellie DIMOND	#1	William Woods (	11:19.40		4/14
3	16 Harley NALE	#1	William Woods (	11:25.64		4/14
4	Kaylee LAMBE	#9	Lyon (Ark.)	13:57.08		3/17
5	Abby BAXTER	#5	St. Louis Pharmi	14:46.76		4/15

Women's 5000 Meters

1	57 Alicia ENGELBRECHT	#1	William Woods (	18:32.63		3/24
2	64 Mekayla GIBSON	#1	William Woods (	18:37.55		4/14
3	IE+0: Isabel RINKENBERGER	#2	Missouri Baptist	18:57.98		3/31
4	Jada O'DONNELL	#3	Columbia (Mo.)	19:00.32		4/14
5	Emma HOMFELDT	#3	Columbia (Mo.)	19:35.57		3/31
6	Tara LOWE	#1	William Woods (	20:02.36		3/31
7	Kyia WEISBROD	#4	Williams Baptist	20:07.38		3/10
8	Grace BRINKMANN	#3	Columbia (Mo.)	20:08.83		4/14
9	Hailey GERARD	#1	William Woods (	20:09.88		3/31
10	Haley HERNANDEZ	#2	Missouri Baptist	20:10.31		4/14

Women's 10,000 Meters

1	29 Mekayla GIBSON	#1	William Woods (	38:59.56		4/7
2	65 Kyia WEISBROD	#4	Williams Baptist	41:47.11		3/31
3	87 Haley HERNANDEZ	#2	Missouri Baptist	43:44.23		3/31



Conference TFRI Event Summary

as of 4/17/2023 6:59:31 AM

AMC

Women's 4x100 Relay

1	55	Madeline BURTON, Gracie SCHULTZ, Makenzie SCHWARTZ, Lily ASHRAFZADEH	#3	Columbia (Mo.)	49.80	3/24
2	71	Mariah SCOTT, Arianna BUDUAN, Allie LAWRENCE, Taylor WASHINGTON	#5	St. Louis Pharm:	51.07	4/15
3	73	Trinity THOMAS, Heidi BARANAUSKAS, Gracie WALLGREN, Nia HAWKINS	#1	William Woods (	51.23	4/7
4	83	Hope CRAM, Mya GREEN, Miracle HOLMES, Zaelin MORRIS	#4	Williams Baptist	51.87	4/6
5	90	Perri HOGAN, Grace BOSTIC, Alaina SCOTT, Gabby DELARUE	#2	Missouri Baptist	52.53	4/14
6	96	Breanne HAINES, Layla HORN, Tiah CUPP, Jaynee DURST	#6	Hannibal-LaGra	53.33	4/15

Women's 4x400 Relay

1	50	Isabel RINKENBERGER, Adrienne ROCKETTE, Mattie NOYES, Mia REED	#2	Missouri Baptist	4:13.13	4/7
2	87	Emma CLIFFORD, Harley NALE, Gracie WALLGREN, Myra BAKER	#1	William Woods (	4:28.03	4/7
3		Hope CRAM, Allyson MARLOW, Madison MITTAG, Mya GREEN	#4	Williams Baptist	4:43.89	3/31
4		Abby BAXTER, Claudia LABRUYERE, Alyssa MCPIKE, Lillian THOMAS	#5	St. Louis Pharm:	5:02.79	4/7

Women's 4x800 Relay

1	21	Harley NALE, Ellie DIMOND, Emma CLIFFORD, Alicia ENGELBRECHT	#1	William Woods (	10:20.13	3/31
2	31	Abby BAXTER, Sophie EASTHAM, Alyssa MCPIKE, Mikayla SHERRILL	#5	St. Louis Pharm:	12:44.38	4/7

Women's High Jump

1	27	Kaylee CLARK	#4	Williams Baptist	1.60m	5-3	3/31
2	81	Crystal RUDEN	#1	William Woods (	1.51m	4-11½	4/14
3	82	Carson DEFRIES	#4	Williams Baptist	1.50m	4-11	4/6
4		Nia HAWKINS	#1	William Woods (	1.47m	4-9¾	3/24
5		Taylor WASHINGTON	#5	St. Louis Pharm:	1.45m	4-9	4/7
6		Emma CLIFFORD	#1	William Woods (	1.42m	4-7¾	3/24
6		Ellie REYNOLDS	#3	Columbia (Mo.)	1.42m	4-7¾	3/24
8		Arianna BUDUAN	#5	St. Louis Pharm:	1.40m	4-7	4/7
9		Lauren IMLER	#1	William Woods (	1.26m	4-1½	4/14

Women's Pole Vault

1	30	Alaina SCOTT	#2	Missouri Baptist	3.37m	11-¾	4/14
2	73	Heather HARBISON	#1	William Woods (	2.92m	9-7	4/7
3	81	Allyson MARLOW	#4	Williams Baptist	2.80m	9-2¼	3/31
4	93	Ashley STRODE	#1	William Woods (	2.65m	8-8¼	3/31
5		Makenzie SCHWARTZ	#3	Columbia (Mo.)	2.32m	7-7¼	4/7
6		Kaylee CLARK	#4	Williams Baptist	2.11m	6-11	4/6
6		Dani BARSTEAD	#4	Williams Baptist	2.11m	6-11	4/6

Women's Long Jump

1	31	Lily ASHRAFZADEH	#3	Columbia (Mo.)	5.51m	18-1 (0.1)	3/24
2	56	Maegan SALEH	#2	Missouri Baptist	5.32m	17-5½ (2.0)	3/24
3	62	Madeline BURTON	#3	Columbia (Mo.)	5.30m	17-4¾ (0.5)	3/24
4	65	Nia HAWKINS	#1	William Woods (	5.29m	17-4¼ (1.5)	3/24
5		Gracie SCHULTZ	#3	Columbia (Mo.)	5.09m	16-8½ (1.9)	4/14
6		Trinity THOMAS	#1	William Woods (	5.05mw	16-7 (2.8)	4/14
7		Alicia ROBINSON	#7	Harris-Stowe St:	5.01mw	16-5¼ (2.9)	3/24
8		Heidi BARANAUSKAS	#1	William Woods (	4.97m	16-3¾ (0.0)	3/24
9		Nyah EARL	#7	Harris-Stowe St:	4.95m	16-3 (1.5)	3/24
9		Ashleigh GROSS- MITCHELL	#8	Central Baptist (	4.95m	16-3 (2.0)	3/17

Women's Triple Jump

1	34	Nyah EARL	#7	Harris-Stowe St:	11.11m	36-5½ (1.0)	3/24
2	38	Madeline BURTON	#3	Columbia (Mo.)	11.07m	36-4 (0.7)	3/24
3	58	Lily ASHRAFZADEH	#3	Columbia (Mo.)	10.78m	35-4½ (-4)	3/31
4	59	Trinity THOMAS	#1	William Woods (	10.76mw	35-3¾ (2.9)	4/14
5	98	Nia HAWKINS	#1	William Woods (	10.33m	33-10¾ (1)	4/14
6	LEO	Allyson MARLOW	#4	Williams Baptist	10.32m	33-10¼ (1)	4/6
7		Gracie SCHULTZ	#3	Columbia (Mo.)	9.83m	32-3 (1.1)	3/31
8		Heidi BARANAUSKAS	#1	William Woods (	9.05m	29-8¼ (-2)	4/7

Women's Shot Put

1	9	Katie FRENCH	#1	William Woods (A	13.69m	44-11	4/7
2	32	Kaylyn POWERS	#6	Hannibal-LaGra	12.63m	41-5¼	4/15
3	78	Allison KENNEAVY	#1	William Woods (	11.82m	38-9½	4/14
4		Hannah BAKER	#4	Williams Baptist	11.32m	37-1¾	4/6
5		Ellie EMERSON	#1	William Woods (	10.59m	34-9	3/31
6		Jaynee DURST	#6	Hannibal-LaGra	9.32m	30-7	3/31
7		Calista CHRISTIAN	#4	Williams Baptist	9.02m	29-7¼	3/10
8		Aziza TAKHI	#9	Lyon (Ark.)	8.88m	29-1¾	3/10
9		Ashleigh GROSS- MITCHELL	#8	Central Baptist (	8.66m	28-5	3/25
10		Lannah PRYSI	#5	St. Louis Pharm:	8.51m	27-11	4/7



Conference TFRI Event Summary

as of 4/17/2023 6:59:31 AM

AMC

Women's Discus

1	8	Katie FRENCH	#1	William Woods (A:B)	44.84m	147-2	4/14
2	56	Kaylyn POWERS	#6	Hannibal-LaGrange	38.82m	127-5	4/15
3		Hannah BAKER	#4	Williams Baptist	33.19m	108-11	3/31
4		Allison KENNEAVY	#1	William Woods (	30.42m	99-9¾	3/31
5		Jaynee DURST	#6	Hannibal-LaGrange	29.82m	97-10	3/31
6		Calista CHRISTIAN	#4	Williams Baptist	29.33m	96-2¾	4/6
7		Ellie EMERSON	#1	William Woods (	28.31m	92-10¾	4/7
8		Brianna RAMSEY	#5	St. Louis Pharm	28.27m	92-9	4/15
9		Isabella SCHREIBER	#2	Missouri Baptist	25.09m	82-3¾	3/24
10		Ke'La CAMPBELL	#6	Hannibal-LaGrange	25.00m	82-¼	3/24

Women's Hammer

1	26	Katie FRENCH	#1	William Woods (	48.22m	158-3	4/14
2	34	Kaylyn POWERS	#6	Hannibal-LaGrange	47.19m	154-10	4/15
3	92	Hannah BAKER	#4	Williams Baptist	41.94m	137-7	3/31
4		Brianna RAMSEY	#5	St. Louis Pharm	39.51m	129-8	4/15
5		Evelyn ROLAND	#3	Columbia (Mo.)	36.86m	120-11	4/14
6		Allison KENNEAVY	#1	William Woods (	36.42m	119-6	4/14
7		Calista CHRISTIAN	#4	Williams Baptist	34.67m	113-9	4/6
8		Isabella SCHREIBER	#2	Missouri Baptist	33.04m	108-5	4/7
9		Ke'La CAMPBELL	#6	Hannibal-LaGrange	32.55m	106-10	3/31
10		Kady GREER	#4	Williams Baptist	27.79m	91-2¼	3/31

Women's Javelin

1	8	Madeline BURTON	#3	Columbia (Mo.) A:B	42.73m	140-2	3/24
2	17	Natalie THOMAS	#1	William Woods (B	39.55m	129-9	3/24
3	25	Ellie EMERSON	#1	William Woods (	38.17m	125-3	4/14
4	67	Evelyn ROLAND	#3	Columbia (Mo.)	33.54m	110-1	3/24
5	73	Isabella SCHREIBER	#2	Missouri Baptist	33.09m	108-7	3/24
6	84	Jaynee DURST	#6	Hannibal-LaGrange	32.30m	106-0	4/15
7	94	Alexis CLIFFORD	#1	William Woods (	31.59m	103-8	3/24
8		Hannah DURO	#2	Missouri Baptist	29.73m	97-6½	4/7
9		Madison MITTAG	#4	Williams Baptist	29.62m	97-2¼	3/31
10		Lilly COMBS	#5	St. Louis Pharm	27.96m	91-8¾	4/15



Conference TFRI Event Summary

as of 4/17/2023 6:59:31 AM

Cal Pac

Women's 100 Meters

1	71	Zhanna EDWARDS	#1	Park (Ariz.)	12.38w	(2.1)	4/8
2		Jordyn ESPINOZA	#1	Park (Ariz.)	12.83	(0.8)	4/8
3		Jaiden CANADY	#1	Park (Ariz.)	13.14	(0.8)	4/8
4		Danielle SOBANDE	#4	Soka (Calif.)	13.35	(2.0)	3/18
5		Esmeray DEMIRBAS	#3	Westcliff (Calif.)	13.46w	(2.5)	3/25
6		Naylah SANTOS	#4	Soka (Calif.)	13.61	(0.3)	4/12
7		Miki KAWAMURA	#4	Soka (Calif.)	13.92w	(2.6)	3/25
8		Johanna JESSOP	#1	Park (Ariz.)	14.10	(0.9)	3/17
8		Olivia CHUNG	#4	Soka (Calif.)	14.10w	(2.6)	3/25
10		Jasmine LORENZO	#4	Soka (Calif.)	15.14	(1.7)	4/7

Women's 200 Meters

1		Zhanna EDWARDS	#1	Park (Ariz.)	26.86	(0.3)	3/24
2		Nardia PADILLA	#1	Park (Ariz.)	26.90	(0.1)	3/24
3		Jaiden CANADY	#1	Park (Ariz.)	27.51	(0.3)	3/17
4		Danielle SOBANDE	#4	Soka (Calif.)	27.78w	(2.4)	3/18
5		Jordyn ESPINOZA	#1	Park (Ariz.)	27.88	(0.1)	3/24
6		Esmeray DEMIRBAS	#3	Westcliff (Calif.)	28.73	(1.8)	3/25
7		Miki KAWAMURA	#4	Soka (Calif.)	29.11	(1.2)	3/18
8		Evette MENDOZA	#3	Westcliff (Calif.)	29.48	(-0.8)	2/3
9		Johanna JESSOP	#1	Park (Ariz.)	29.62	(-1.4)	4/8
10		Naylah SANTOS	#4	Soka (Calif.)	29.77	(1.4)	4/7

Women's 400 Meters

1		Nardia PADILLA	#1	Park (Ariz.)	1:02.16		4/8
2		Jaiden CANADY	#1	Park (Ariz.)	1:07.09		3/17
3		Nicole MOORE	#3	Westcliff (Calif.)	1:13.61		2/3

Women's 800 Meters

1		Skylar COONEY	#2	Embry-Riddle (A)	2:25.16		4/8
2		Maryan SHARIF	#1	Park (Ariz.)	2:26.09		4/8
3		Josephine GREGORY	#2	Embry-Riddle (A)	2:27.62		3/24
4		Josephine BANKS	#2	Embry-Riddle (A)	2:28.09		4/8
5		Kamryn HOEHNE	#2	Embry-Riddle (A)	2:33.02		3/24
6		Madison TURNER	#1	Park (Ariz.)	2:33.62		3/24
7		Savannah GANTER	#2	Embry-Riddle (A)	2:35.87		3/24
8		Tiffany TERRY	#2	Embry-Riddle (A)	2:39.35		3/24
9		Kenyah REED	#1	Park (Ariz.)	2:48.45		4/8
10		Vitoria SOUZA E ROBLES	#4	Soka (Calif.)	2:51.47		4/7

Women's 1500 Meters

1	18	Josephine BANKS	#2	Embry-Riddle (A)	4:42.08		4/8
2		Kamryn HOEHNE	#2	Embry-Riddle (A)	5:00.13		4/8
3		Maryan SHARIF	#1	Park (Ariz.)	5:21.18		3/17
4		Madison TURNER	#1	Park (Ariz.)	5:41.63		3/24
5		Alex JUAREZ	#3	Westcliff (Calif.)	7:46.08		3/4

Women's Steeplechase

1	22	Josephine GREGORY	#2	Embry-Riddle (A)	11:36.15		4/8
2	27	Savannah GANTER	#2	Embry-Riddle (A)	11:41.60		4/8
3	45	Skylar COONEY	#2	Embry-Riddle (A)	12:26.13		3/24
4		Alice MCKEAN	#2	Embry-Riddle (A)	14:38.57		4/8

Women's 5000 Meters

1	80	Tiffany TERRY	#2	Embry-Riddle (A)	18:46.88		3/24
2		Lizzie SIMON	#2	Embry-Riddle (A)	19:17.68		3/24
3		Emma LEWIS	#2	Embry-Riddle (A)	19:58.79		3/24
4		Alexis PARKER	#2	Embry-Riddle (A)	20:22.27		4/8

Women's 10,000 Meters

1	49	Lizzie SIMON	#2	Embry-Riddle (A)	40:21.89		3/11
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Women's 4x100 Relay

1	49	Jordyn ESPINOZA, Zhanna EDWARDS, Nardia PADILLA, Jaiden CANADY	#1	Park (Ariz.)	49.60		4/8
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Women's 4x400 Relay

1	79	Jaiden CANADY, Zhanna EDWARDS, Nardia PADILLA, Madison TURNER	#1	Park (Ariz.)	4:23.47		3/17
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Women's Long Jump

1		Nardia PADILLA	#1	Park (Ariz.)	4.76m	15-7½ (-1)	3/17
2		Johanna JESSOP	#1	Park (Ariz.)	4.70m	15-5 (-0.9)	3/17
3		Olivia CHUNG	#4	Soka (Calif.)	4.59m	15-¾ (2.0)	3/25
4		Naiyla DIXON	#4	Soka (Calif.)	4.11m	13-6 (0.0)	3/18
5		Jasmine LORENZO	#4	Soka (Calif.)	3.38m	11-1¼ (-1)	4/7

Women's Triple Jump

1		Naiyla DIXON	#4	Soka (Calif.)	9.74m	31-11½ (0)	4/7
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Women's Shot Put

1		Olivia PINO	#3	Westcliff (Calif.)	9.32m	30-7	3/4
2		Abigail STRONG	#3	Westcliff (Calif.)	7.22m	23-8¼	2/3
3		Natalie ZIEGLER	#3	Westcliff (Calif.)	6.38m	20-11¼	2/3

Women's Discus

1		Natalie ZIEGLER	#3	Westcliff (Calif.)	18.46m	60-6¾	2/3
2		Abigail STRONG	#3	Westcliff (Calif.)	16.32m	53-6½	2/3

Women's Javelin

1	53	Olivia PINO	#3	Westcliff (Calif.)	34.69m	113-10	3/4
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Conference TFRI Event Summary

as of 4/17/2023 6:59:31 AM

Cascade

Women's 100 Meters

1	10	Hanna SOBKOWICH	#1	British Columbia	A: 11.86w	(3.3)	4/13
2	48	Emma RASTAD	#1	British Columbia	12.23w	(2.7)	4/14
3	94	Madigan KELLY	#4	Lewis-Clark Stat	12.54	(0.5)	3/18
4		Yahaira CHAVARRIA	#2	Eastern Oregon	12.57	(0.9)	4/7
5		Sage WOOD	#3	College of Idaho	12.75	(0.1)	3/24
6		Sonya URBANOWICZ	#1	British Columbia	12.77	(1.3)	3/18
6		Hero PETERS	#8	Corban (Ore.)	12.77	(-0.8)	3/11
8		Charlotte BOWMAN	#3	College of Idaho	12.81	(0.1)	3/24
9		Madeline DESEMONE	#6	Bushnell (Ore.)	12.89	(-0.6)	3/30
10		Lizzy BEHNKE	#11	Northwest (Was)	12.97	(1.4)	3/18

Women's 100 Meter Hurdles

1	10	Madigan KELLY	#4	Lewis-Clark Stat	A: 14.22	(-1.5)	3/18
2	24	Rebecca DUTCHAK	#1	British Columbia	14.76	(0.8)	4/13
3	38	Nia COLLINS	#5	Southern Orego	15.10	(0.7)	3/17
4	42	Sara HATHAWAY	#4	Lewis-Clark Stat	15.15	(0.7)	3/23
5	44	Morgan BAYES	#2	Eastern Oregon	15.18	(-0.3)	3/24
6	54	Ashley BRITT	#4	Lewis-Clark Stat	15.35	(-1.5)	3/18
7	65	Abi STEVENS	#5	Southern Orego	15.53	(0.7)	3/30
8	75	Corona PARKER	#9	Evergreen State	15.66	(0.8)	3/18
9	82	Karli BEDARD	#2	Eastern Oregon	15.75	(-0.6)	3/30
10	87	India COLLINS	#5	Southern Orego	15.84	(0.7)	3/17

Women's 200 Meters

1	11	Hanna SOBKOWICH	#1	British Columbia	A: 24.43w	(2.3)	4/13
2	66	Yahaira CHAVARRIA	#2	Eastern Oregon	25.68	(0.9)	4/15
2	66	Anika GROGAN	#4	Lewis-Clark Stat	25.68	(1.0)	4/13
4	97	Madigan KELLY	#4	Lewis-Clark Stat	25.91	(0.9)	4/7
5		Cayla SMITH	#1	British Columbia	25.97	(1.8)	3/25
6		Charlotte BOWMAN	#3	College of Idaho	25.98	(-1.1)	4/15
7		Janea ROBERTSON	#6	Bushnell (Ore.)	26.00	(0.9)	4/14
8		Sage WOOD	#3	College of Idaho	26.01	(0.2)	3/24
9		Emily COLLINS	#4	Lewis-Clark Stat	26.07	(0.9)	4/15
10		Hero PETERS	#8	Corban (Ore.)	26.49	(1.9)	4/1

Women's 400 Meters

1	21	Cayla SMITH	#1	British Columbia	B: 57.21		4/13
2	33	Emily COLLINS	#4	Lewis-Clark Stat	57.85		4/7
3	44	Anika GROGAN	#4	Lewis-Clark Stat	58.40		3/23
4	64	Lauryn MITCHELL	#2	Eastern Oregon	59.27		4/7
5	78	Geraldine CORREA	#4	Lewis-Clark Stat	59.65		4/15
6	79	Eva BRADY	#7	Oregon Tech	59.68		4/8
7	81	Yahaira CHAVARRIA	#2	Eastern Oregon	59.72		4/15
8	88	Janea ROBERTSON	#6	Bushnell (Ore.)	59.91		3/30
9	89	Aayzia DUMAS	#5	Southern Orego	59.99		4/14
10	97	Zoe BUTLER	#3	College of Idaho	1:00.13		4/15

Women's 400 Meter Hurdles

1	9	Ashley BRITT	#4	Lewis-Clark Stat	A: 1:03.14		4/7
2	10	Morgan BAYES	#2	Eastern Oregon	B: 1:03.40		4/7
3	21	Nia COLLINS	#5	Southern Orego	1:05.37		3/17
4	29	India ORTIZ	#5	Southern Orego	1:05.84		3/17
5	33	Sara HATHAWAY	#4	Lewis-Clark Stat	1:06.29		3/18
6	53	Abigail STRICKLAND	#9	Evergreen State	1:07.93		3/10
7	61	Sydney PECK	#2	Eastern Oregon	1:08.40		3/18
8	72	Sierra JANIKOWSKI	#6	Bushnell (Ore.)	1:09.19		3/30
9	82	India COLLINS	#5	Southern Orego	1:09.72		3/17
10	99	Dalli ELISON	#4	Lewis-Clark Stat	1:10.54		4/15

Women's 800 Meters

1	1	Rachel MORTIMER	#1	British Columbia	A: 2:08.61		4/13
2	3	Holly MACGILLIVRAY	#1	British Columbia	A: 2:10.58		4/13
3	4	Abbey SHIRTS	#3	College of Idaho	A: 2:10.86		4/7
4	8	Michelle HERBES	#2	Eastern Oregon	A: 2:14.02		4/7
5	9	Lauryn MITCHELL	#2	Eastern Oregon	B: 2:14.74		4/14
6	17	Geraldine CORREA	#4	Lewis-Clark Stat	B: 2:15.98		4/13
7	31	Katie Jo GEBHARDT	#2	Eastern Oregon	2:18.41		4/14
8	44	Sarah MAUK	#5	Southern Orego	2:19.78		4/14
9	56	Madelyn NICHOLS	#2	Eastern Oregon	2:20.52		4/14
10	57	Kahea FIGUEIRA	#3	College of Idaho	2:20.58		4/15

Women's 1500 Meters

1	1	Holly MACGILLIVRAY	#1	British Columbia	A: 4:17.60		4/13
2	2	Rachel MORTIMER	#1	British Columbia	A: 4:20.51		4/13
3	5	Abbey SHIRTS	#3	College of Idaho	A: 4:31.97		3/24
4	7	Michelle HERBES	#2	Eastern Oregon	A: 4:32.58		4/14
5	8	Kyla BECKER	#1	British Columbia	A: 4:32.93		4/8
6	10	Sage MARTIN	#3	College of Idaho	A: 4:35.64		4/15
7	12	Kiana GIBSON	#1	British Columbia	B: 4:37.76		4/8
8	31	Kahea FIGUEIRA	#3	College of Idaho	4:45.34		4/7
9	32	Jaxon SLANEY	#1	British Columbia	4:45.72		3/25
10	34	Amelia PFOHL	#1	British Columbia	4:45.78		4/8

Women's Steeplechase

1	1	Sage MARTIN	#3	College of Idaho	A: 10:34.90		4/7
2	2	Jamie HENNESSEY	#1	British Columbia	A: 10:35.77		3/25
3	7	Larissa MAUER	#3	College of Idaho	A: 11:15.27		4/7
4	10	Lauren FORSTER	#5	Southern Orego	A: 11:17.13		3/30
5	45	Grace DIXON	#4	Lewis-Clark Stat	12:26.13		4/15
6	51	Dierdre MCKAY	#2	Eastern Oregon	12:29.90		4/14
7	52	Clara STEPHENS	#4	Lewis-Clark Stat	12:30.29		4/13
8	61	Kira MORROW	#7	Oregon Tech	12:39.85		3/17
9	69	Kaitlin COOK	#6	Bushnell (Ore.)	12:48.24		3/17
10	98	Harmony GOODMAN	#6	Bushnell (Ore.)	13:32.63		3/11



Conference TFRI Event Summary

as of 4/17/2023 6:59:32 AM

Cascade

Women's 5000 Meters

1	1	Kiana GIBSON	#1	British Columbia	A:B 16:22.04	3/25
2	2	Katie NEWLOVE	#1	British Columbia	A:B 16:27.09	3/25
3	3	Marley BECKETT	#1	British Columbia	A:B 16:28.58	3/25
4	4	Kyla BECKER	#1	British Columbia	A:B 16:33.40	3/25
5	6	Sage MARTIN	#3	College of Idaho	A:B 16:48.00	3/24
6	14	Ellyse TINGELSTAD	#3	College of Idaho	A:B 17:22.70	4/7
7	27	Kaylea HARTMAN	#11	Northwest (Was)	17:44.73	4/13
8	30	Kahea FIGUEIRA	#3	College of Idaho	17:51.70	3/24
9	35	Zoe DOORENSPLEET	#1	British Columbia	17:59.64	4/8
10	37	Chloe OVERBERG	#4	Lewis-Clark Stat	18:04.82	4/7

Women's 10,000 Meters

1	1	Marley BECKETT	#1	British Columbia	A:B 34:22.91	4/13
2	2	Kyla BECKER	#1	British Columbia	A:B 35:35.96	4/13
3	4	Ellyse TINGELSTAD	#3	College of Idaho	A:B 35:41.88	3/30
4	13	Haylee BRODAHL	#5	Southern Oregon	A:B 37:16.19	3/30
5	16	Alejandra LOPEZ	#5	Southern Oregon	A:B 37:24.97	3/30
6	24	Molly CONNOR	#3	College of Idaho	B 38:06.82	4/7
7	26	Sydnee KIZZIAR	#5	Southern Oregon	38:47.05	3/30
8	32	Charlie DUFF	#3	College of Idaho	39:11.92	4/7
9	45	Chloe OVERBERG	#4	Lewis-Clark Stat	39:59.68	3/23
10	69	Judah KOEHLER	#8	Corban (Ore.)	42:02.01	4/14

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	#1	British Columbia	A:B 23:03.90	3/25
2	3	Joan LU	#1	British Columbia	A:B 25:20.60	3/25
3	4	Cassidy CARDLE	#1	British Columbia	A:B 25:28.71	3/25

Women's 4x100 Relay

1	17	Emma RASTAD, Cayla SMITH, Sonya URBANOWICZ, Hanna SOBKOWICH	#1	British Columbia	B 47.87	4/13
2	25	Charlotte BOWMAN, Addison TRENT, Sage WOOD, Chloe BARYLSKI	#3	College of Idaho	48.41	4/15
3	32	Yahaira CHAVARRIA, Morgan BAYES, Sydney PECK, Katie BROWN	#2	Eastern Oregon	48.74	4/15
4	33	Ashley BRITT, Emily COLLINS, Madigan KELLY, Sara HATHAWAY	#4	Lewis-Clark Stat	48.76	4/15
5	52	Adrienne MAI, Janea ROBERTSON, Madeline DESEMONE, Sarah PHILLIPS	#6	Bushnell (Ore.)	49.69	4/14
6	59	India COLLINS, India ORTIZ, Nia COLLINS, Aayzia DUMAS	#5	Southern Oregon	50.04	4/1
7	82	Lizzy BEHNKE, Anya BOHUTA, Kayla SODERSTROM, Gracie VANASSCHE	#11	Northwest (Was)	51.78	3/24

Women's 4x400 Relay

1	16	Abi STEVENS, Sarah MAUK, Aayzia DUMAS, India ORTIZ	#5	Southern Oregon	3:59.24	4/14
2	21	Morgan BAYES, Sydney PECK, Lauryn MITCHELL, Michelle HERBES	#2	Eastern Oregon	4:01.09	4/7
3	25	Adrienne MAI, Olivia BAILON, Madeline DESEMONE, Janea ROBERTSON	#6	Bushnell (Ore.)	4:04.45	3/30
4	34	Sage WOOD, Zoe BUTLER, Chloe BARYLSKI, Roby YOUNG	#3	College of Idaho	4:06.93	4/15
5	66	Juliana BROWN, Kristi HIRTE, Jenna MILLER, Hero PETERS	#8	Corban (Ore.)	4:18.97	3/22
6	99	Nevaeh AUSTIN, Isabelle RAASCH, Kassidy CHAMBERLIN, DeAsia WOSACHLO	#10	Multnomah (Ore)	4:37.51	4/14

Women's 4x800 Relay

1	2	Katie NEWLOVE, Kyla BECKER, Holly MACGILLIVRAY, Rachel MORTIMER	#1	British Columbia	A:B 9:15.27	3/25
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Women's High Jump

1	7	Abi STEVENS	#5	Southern Oregon	B 1.66m	5-5¼	4/7
2	19	Roby YOUNG	#3	College of Idaho	1.63m	5-4¼	4/15
3	35	Lizzy GRANDLE	#2	Eastern Oregon	1.58m	5-2¼	3/30
3	35	Corona PARKER	#9	Evergreen State	1.58m	5-2¼	3/10
5	39	Ally ODELL	#7	Oregon Tech	1.57m	5-1¾	4/8
6	45	Sara HATHAWAY	#4	Lewis-Clark Stat	1.56m	5-1¼	3/23
7	48	Sarah PIMBLETT	#1	British Columbia	1.55m	5-1	4/8
7	48	Karli BEDARD	#2	Eastern Oregon	1.55m	5-1	3/30
9	71	Emma HARLESS	#4	Lewis-Clark Stat	1.53m	5-¼	4/15
10	76	Morgan HARRISON	#3	College of Idaho	1.52m	4-11¾	4/7
10	76	Brittan BRATSCHER	#7	Oregon Tech	1.52m	4-11¾	4/8

Women's Pole Vault

1	5	Sonya URBANOWICZ	#1	British Columbia	A:B 3.80m	12-5½	3/25
2	21	Cynthia SMITH	#4	Lewis-Clark Stat	3.45m	11-3¾	3/18
2	21	India ORTIZ	#5	Southern Oregon	3.45m	11-3¾	3/17
4	48	Sage WOOD	#3	College of Idaho	3.16m	10-4¼	4/7
5	56	Emberlynn MACK	#4	Lewis-Clark Stat	3.05m	10-0	3/18
5	56	Desiree WINSLOW	#4	Lewis-Clark Stat	3.05m	10-0	4/13
7	63	Faith WAGNER	#2	Eastern Oregon	3.01m	9-10½	4/7
8	64	Gabi HANSEN	#5	Southern Oregon	3.00m	9-10	4/14
9	95	Leah NASTRI	#8	Corban (Ore.)	2.60m	8-6¼	3/18



Conference TFRI Event Summary

as of 4/17/2023 6:59:32 AM

Cascade

Women's Long Jump

1	5	Emma RASTAD	#1	British Columbia	A:B 5.78m	18-11¾ (0.3)	3/18
2	16	Rebecca DUTCHAK	#1	British Columbia	B 5.67m	18-7¼ (0.2)	3/18
3	26	Addison TRENT	#3	College of Idaho	5.59mw	18-4¼ (3.2)	4/15
4	36	Allison MACDONALD	#1	British Columbia	5.47m	17-11½ (-0.6)	3/18
5	42	Mayah PAPPAS	#6	Bushnell (Ore.)	5.41m	17-9 (2.0)	3/11
6	51	Abi STEVENS	#5	Southern Orego	5.36m	17-7 (0.4)	3/30
7	60	Princess BROWNE	#10	Multnomah (Ore.)	5.31m	17-5¼ (0.6)	4/14
8	65	Janea ROBERTSON	#6	Bushnell (Ore.)	5.29mw	17-4¼ (2.1)	3/11
9		Karli BEDARD	#2	Eastern Oregon	5.16m	16-11¼ (0.4)	4/15
9		Jenna HODGES	#5	Southern Orego	5.16m	16-11¼ (-0.3)	3/30

Women's Triple Jump

1	7	Princess BROWNE	#10	Multnomah (Ore.)	A:B 11.80m	38-8¾ (0.0)	3/17
2	9	Allison MACDONALD	#1	British Columbia	B 11.74m	38-6¼ (-0.4)	4/14
3	32	Sienna BAUER	#5	Southern Orego	11.14mw	36-6¾ (3.8)	4/1
4	51	Sydney ZYWINA	#4	Lewis-Clark Stat	10.91m	35-9½ (0.6)	4/13
5	60	Sara VANDERWYK	#3	College of Idaho	10.75mw	35-3¼ (3.0)	4/15
6		Alexa HORSLEY	#4	Lewis-Clark Stat	10.27m	33-8½ (1.1)	3/23
7		Jada KISNER	#3	College of Idaho	10.22mw	33-6½ (2.9)	4/15
8		Adrienne WASHINGTON	#2	Eastern Oregon	10.15m	33-3¾ (0.7)	4/7
9		Jenae USSELMAN	#6	Bushnell (Ore.)	10.00m	32-9¾ (0.4)	3/11
10		Cami GOODWIN	#5	Southern Orego	9.53m	31-3¼ (-0.4)	4/7

Women's Shot Put

1	1	Maggie LEDBETTER	#2	Eastern Oregon	A:B 14.57m	47-9¾	4/15
2	13	Michelle DADSON	#1	British Columbia	B 13.50m	44-3½	4/14
3	30	Kenna WOODWARD	#2	Eastern Oregon	12.70m	41-8	4/15
4	39	Libby MATHIS	#6	Bushnell (Ore.)	12.50m	41-¼	4/14
5	40	Star HERRON	#3	College of Idaho	12.49m	40-11¾	4/15
6	83	Andrea OSBON	#5	Southern Orego	11.78m	38-7¾	4/1
7	91	Rebecca DUTCHAK	#1	British Columbia	11.71m	38-5	3/25
8		Kay REED	#3	College of Idaho	10.94m	35-10¾	4/15
9		Lizzy GRANDLE	#2	Eastern Oregon	10.82m	35-6	4/15
10		Leah SCHIEWE	#6	Bushnell (Ore.)	10.64m	34-11	3/11

Women's Discus

1	20	Maggie LEDBETTER	#2	Eastern Oregon	B 42.69m	140-1	4/15
2	92	Trinity HILL	#2	Eastern Oregon	36.73m	120-6	3/18
3	98	Jalyn SACKRIDER	#9	Evergreen State	36.48m	119-8	3/18
4		Grace OSBORNE	#4	Lewis-Clark Stat	36.22m	118-10	3/18
5		Kay REED	#3	College of Idaho	35.84m	117-7	4/15
6		Kenna WOODWARD	#2	Eastern Oregon	35.80m	117-6	3/24
7		McKi KING	#2	Eastern Oregon	35.77m	117-4	4/15
8		Gabrielle TATA-RODRIGUES	#8	Corban (Ore.)	35.47m	116-5	4/8
9		Emily BITLER	#7	Oregon Tech	35.03m	114-11	4/8
10		Lily STEWART	#9	Evergreen State	34.56m	113-5	3/18

Women's Hammer

1	6	Kenna WOODWARD	#2	Eastern Oregon	A:B 51.83m	170-1	4/15
2	7	Bella HALL	#1	British Columbia	A:B 51.76m	169-10	4/8
3	10	Michelle DADSON	#1	British Columbia	A:B 51.30m	168-4	3/18
4	14	Maggie LEDBETTER	#2	Eastern Oregon	A:B 50.55m	165-10	4/15
5	24	Lauren FRIESEN	#1	British Columbia	B 48.53m	159-3	4/17
6	25	Star HERRON	#3	College of Idaho	48.47m	159-0	4/15
7	47	Katie MULL	#7	Oregon Tech	44.92m	147-5	4/14
8	75	Jaelene CHAVEZ	#8	Corban (Ore.)	43.09m	141-5	3/18
9	98	Trinity HILL	#2	Eastern Oregon	41.68m	136-9	4/15
10		Taylor DURFEY	#3	College of Idaho	40.85m	134-0	4/7

Women's Javelin

1	1	Alex CONLEY	#7	Oregon Tech	A:B 46.11m	151-4	4/8
2	5	Allie BEST	#2	Eastern Oregon	A:B 43.45m	142-7	4/15
3	6	Giovanna JANES	#1	British Columbia	A:B 43.25m	141-11	4/13
4	10	Brittan BRATSCHER	#7	Oregon Tech	A:B 42.24m	138-7	3/17
5	13	Aarika BROOKS	#7	Oregon Tech	B 40.33m	132-4	3/17
6	15	Kea STIEGLITZ	#4	Lewis-Clark Stat	B 39.89m	130-11	4/15
7	20	Jenae USSELMAN	#6	Bushnell (Ore.)	38.87m	127-7	3/11
8	29	Sammy CONLEY	#2	Eastern Oregon	37.86m	124-3	3/18
9	32	Amber MILLER	#7	Oregon Tech	37.39m	122-8	3/17
10	34	Liepa BAJARUNAS	#1	British Columbia	37.15m	121-11	3/18

Women's Heptathlon

1	2	Rebecca DUTCHAK	#1	British Columbia	B 4,725		4/13
2	6	Abi STEVENS	#5	Southern Orego	B 4,435		3/30
3	9	Lizzy GRANDLE	#2	Eastern Oregon	B 4,180		3/30
4	10	Sammy CONLEY	#2	Eastern Oregon	B 4,119		3/30
5	14	Ally ODELL	#7	Oregon Tech	B 4,028		3/30
6	15	Jenna HODGES	#5	Southern Orego	B 4,018		3/30
7	16	Sara HATHAWAY	#4	Lewis-Clark Stat	B 3,986		3/23
8	17	Karli BEDARD	#2	Eastern Oregon	B 3,984		3/30
9	29	Sarah PIMBLETT	#1	British Columbia	3,260		3/25



Conference TFRI Event Summary

as of 4/17/2023 6:59:32 AM

Chicagoland

Women's 100 Meters

1	4	Alyssa BUSKER	#5	Trinity Christian	A:B 11.73w	(3.2)	4/15
2	57	Mara BRUNO	#3	St. Francis (Ill.)	12.30w	(3.7)	3/31
3	83	Kimberly BRENT	#1	Olivet Nazarene	12.48	(0.7)	4/13
4	94	Jamaya JENKINS	#2	Saint Xavier (Ill.)	12.54w	(2.4)	3/31
5		Emerson COLINS	#3	St. Francis (Ill.)	12.57w	(2.6)	3/31
6		Tera MILLER	#1	Olivet Nazarene	12.62w	(3.8)	4/1
7		Amanda LICHTENSTEIN	#5	Trinity Christian	12.65	(1.7)	3/10
8		Olivia STURRUP	#1	Olivet Nazarene	12.77	(1.1)	4/13
9		Josilyn BALLOR	#6	Judson (Ill.)	12.78w	(3.2)	4/15
10		Naomi CARGO	#2	Saint Xavier (Ill.)	12.86w	(2.8)	3/31

Women's 100 Meter Hurdles

1	5	Hannah ANTKOVIK	#1	Olivet Nazarene	A:B 13.85	(1.1)	4/13
2		Emerson COLINS	#3	St. Francis (Ill.)	16.23	(2.0)	3/31
3		Emma BETTS	#1	Olivet Nazarene	16.40	(1.7)	4/13
4		Jolene MANTOAN	#1	Olivet Nazarene	17.31w	(2.5)	4/1
5		Gianna TRENTER	#3	St. Francis (Ill.)	17.35	(-0.1)	4/7

Women's 200 Meters

1	7	Alyssa BUSKER	#5	Trinity Christian	A:B 24.17w	(2.6)	4/15
2	32	Kimberly BRENT	#1	Olivet Nazarene	25.08w	(3.2)	4/13
3	48	Mara BRUNO	#3	St. Francis (Ill.)	25.40	(0.1)	4/14
4	61	Cassandra URIBE	#6	Judson (Ill.)	25.65w	(2.6)	4/15
5	82	Hannah ANTKOVIK	#1	Olivet Nazarene	25.81w	(2.2)	4/5
6		Gabbi BUTLER	#4	St. Ambrose (Iov	26.46	(-1.6)	4/14
7		Amanda LICHTENSTEIN	#5	Trinity Christian	26.64w	(2.2)	4/5
8		Josilyn BALLOR	#6	Judson (Ill.)	26.66w	(2.6)	4/15
9		Lexie JOHNSON	#4	St. Ambrose (Iov	26.90	(-1.6)	4/14
10		Naomi CARGO	#2	Saint Xavier (Ill.)	27.16	(1.9)	3/31

Women's 400 Meters

1	10	Hannah ANTKOVIK	#1	Olivet Nazarene	A:B 56.29		4/5
2	14	Kiara CARTER	#1	Olivet Nazarene	A:B 56.84		4/13
3	18	Gabbi BUTLER	#4	St. Ambrose (Iov B	57.15		4/14
4	48	Mara BRUNO	#3	St. Francis (Ill.)	58.49		4/7
5	53	Amanda LICHTENSTEIN	#5	Trinity Christian	58.85		4/15
6	60	Carsyn BURDINE	#1	Olivet Nazarene	58.97		4/13
7	85	Cassandra URIBE	#6	Judson (Ill.)	59.86		4/15
8	87	Megan JANSETT	#4	St. Ambrose (Iov	59.89		4/14
9		Tera MILLER	#1	Olivet Nazarene	1:00.37		4/5
10		Delilah DELGADO	#2	Saint Xavier (Ill.)	1:02.62		4/7

Women's 400 Meter Hurdles

1	1	Hannah ANTKOVIK	#1	Olivet Nazarene	A:B 58.81		4/13
2	44	Emma BETTS	#1	Olivet Nazarene	1:07.33		4/13
3		Gianna TRENTER	#3	St. Francis (Ill.)	1:10.75		4/7
4		Victoria DOLBNIK	#2	Saint Xavier (Ill.)	1:14.50		3/31
5		Kenia SALGADO	#2	Saint Xavier (Ill.)	1:17.44		3/31
6		Monse MORALES	#7	Roosevelt (Ill.)	1:29.06		4/15

Women's 800 Meters

1		Nayely MARTINEZ	#2	Saint Xavier (Ill.)	2:25.95		4/7
2		Tori ORTON	#1	Olivet Nazarene	2:27.61		4/13
3		Heidi HELDT	#1	Olivet Nazarene	2:27.80		4/1
4		Beatrice BRUNO	#7	Roosevelt (Ill.)	2:28.53		4/15
5		Ariadna JUAREZ	#3	St. Francis (Ill.)	2:30.77		3/31
6		Kyleigh FOSTER	#4	St. Ambrose (Iov	2:30.83		4/14
7		Victoria DOLBNIK	#2	Saint Xavier (Ill.)	2:31.46		4/7
8		Isabella ALATORRE	#2	Saint Xavier (Ill.)	2:33.66		4/7
9		Kristen BOOKER	#2	Saint Xavier (Ill.)	2:34.33		4/7
10		Lin MARIJNISSEN	#1	Olivet Nazarene	2:34.59		4/1

Women's 1500 Meters

1	11	Ana PINEDA	#3	St. Francis (Ill.)	B 4:37.09		4/1
2	14	Allison RAMSEY	#3	St. Francis (Ill.)	4:41.09		4/1
3		Alexia BIBAKIS	#3	St. Francis (Ill.)	5:00.43		3/31
4		Kasey MORENO	#6	Judson (Ill.)	5:06.79		4/7
5		Delilah DELGADO	#2	Saint Xavier (Ill.)	5:07.06		3/31
6		Olivia BUKOWSKI	#3	St. Francis (Ill.)	5:07.17		3/31
7		Eleanor FOURNIER	#1	Olivet Nazarene	5:14.18		4/1
8		Eva SERRATO	#6	Judson (Ill.)	5:18.86		4/7
9		Emma KARCZEWSKI	#2	Saint Xavier (Ill.)	5:21.50		4/7
10		Ella RICHTER	#6	Judson (Ill.)	5:23.03		4/15

Women's Steeplechase

1		Riley FORTUNE	#4	St. Ambrose (Iov	13:43.77		4/5
2		Rylee MCCREY	#4	St. Ambrose (Iov	15:36.19		4/5

Women's 5000 Meters

1	24	Ana PINEDA	#3	St. Francis (Ill.)	B 17:39.89		4/7
2	32	Alexia BIBAKIS	#3	St. Francis (Ill.)	17:54.07		4/7
3	38	Olivia BUKOWSKI	#3	St. Francis (Ill.)	18:06.94		4/7
4	45	Allison RAMSEY	#3	St. Francis (Ill.)	18:13.30		4/7
5		Kasey MORENO	#6	Judson (Ill.)	20:04.89		3/31
6		Jordyn FLEENER	#5	Trinity Christian	20:51.44		4/15
7		Tiffany LEHMANN	#3	St. Francis (Ill.)	20:57.40		4/7
8		Emma KARCZEWSKI	#2	Saint Xavier (Ill.)	21:16.68		3/31
9		Isabella ALATORRE	#2	Saint Xavier (Ill.)	21:41.08		3/31
10		Angie DELGADO	#7	Roosevelt (Ill.)	21:43.73		4/1

Women's 10,000 Meters

1	5	Katherine BAKKEN	#3	St. Francis (Ill.)	A:B 36:02.42		4/1
2	6	Bailey WILK	#3	St. Francis (Ill.)	A:B 36:17.76		4/1
3	14	Jacey SCHICKEL	#1	Olivet Nazarene	A:B 37:19.61		4/1
4	88	Daniella NINO	#2	Saint Xavier (Ill.)	43:47.27		3/31

Women's 4x100 Relay

1	8	Kiara CARTER, Kimberly BRENT, Hannah ANTKOVIK, Olivia STURRUP	#1	Olivet Nazarene	A:B 47.13		4/13
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Conference TFRI Event Summary

as of 4/17/2023 6:59:32 AM

Chicagoland

Women's 4x400 Relay

1	13	Kiara CARTER, Carsyn BURDINE, Tori ORTON, Hannah ANTKOVIK	#1 Olivet Nazarene	3:58.16	4/13
2	56	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Kristen BOOKER	#2 Saint Xavier (Ill.)	4:14.85	4/7
3		Amanda LICHTENSTEIN, Alyssa BUSKER, Jordyn FLEENER, Olivia WROBEL	#5 Trinity Christian	4:42.06	4/5

Women's 4x800 Relay

1	14	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Victoria DOLBNIK	#2 Saint Xavier (Ill.)	10:03.64	3/31
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Women's High Jump

1	48	Alyssa HORSTMAN	#5 Trinity Christian	1.55m	5-1	4/15
2	82	Ambyer MAREE- DERRICK	#2 Saint Xavier (Ill.)	1.50m	4-11	3/31
3		Olivia SOBIESZCZYK	#4 St. Ambrose (Iov	1.42m	4-7¾	4/5
4		Chloe VANDERVEEN	#1 Olivet Nazarene	1.40m	4-7	4/1

Women's Pole Vault

1	21	Olivia EARL	#1 Olivet Nazarene	3.45m	11-3¾	4/13
2	31	Kate SURWILLO	#4 St. Ambrose (Iov	3.36m	11-¼	4/1
3	36	Ryleigh WARDEN	#4 St. Ambrose (Iov	3.25m	10-8	4/5
4	49	Karleigh BARAN	#1 Olivet Nazarene	3.15m	10-4	4/1
5	64	Ellie SCHOON	#1 Olivet Nazarene	3.00m	9-10	4/13
6	89	Kylie DITTMAN	#1 Olivet Nazarene	2.70m	8-10¼	4/1
7		Tara RYAN	#4 St. Ambrose (Iov	2.51m	8-2¾	4/1
8		Makenna SMITH	#1 Olivet Nazarene	2.40m	7-10½	4/1

Women's Long Jump

1	35	Lexie JOHNSON	#4 St. Ambrose (Iov	5.48m	17-11¾ (0.	4/1
2	42	Mara BRUNO	#3 St. Francis (Ill.)	5.41m	17-9 (0.0)	3/31
3	65	Hailey PERRINE	#1 Olivet Nazarene	5.29m	17-4¼ (2.0	4/13
4	70	Tajana SIMS	#2 Saint Xavier (Ill.)	5.28m	17-4 (0.0)	4/7
5		Tristyn GRUBE	#1 Olivet Nazarene	5.02m	16-5¾ (0.0	4/1
6		Liliana OLSEN	#4 St. Ambrose (Iov	4.86m	15-11½ (0.	4/1
7		Alexis ANDERSEN	#4 St. Ambrose (Iov	4.76m	15-7½ (0.0	4/1
8		Paris BROWN	#2 Saint Xavier (Ill.)	4.75m	15-7 (1.5)	4/7
9		Chloe VANDERVEEN	#1 Olivet Nazarene	4.72m	15-6 (0.0)	4/1
10		Angela LOUIS	#7 Roosevelt (Ill.)	4.40m	14-5¼ (1.0	4/15

Women's Triple Jump

1	26	Jolene MANTOAN	#1 Olivet Nazarene	11.29m	37-½ (0.0)	4/1
2	88	Liliana OLSEN	#4 St. Ambrose (Iov	10.45m	34-3½ (0.0	4/1
3	91	Hailey PERRINE	#1 Olivet Nazarene	10.43m	34-2¾ (0.0	4/1
4		Alexis ANDERSEN	#4 St. Ambrose (Iov	9.92mw	32-6½ (3.9	4/14
5		Addison ADAMS	#1 Olivet Nazarene	9.86m	32-4¼ (0.0	4/1
6		Tajana SIMS	#2 Saint Xavier (Ill.)	9.81m	32-2¼ (0.7	3/31

Women's Shot Put

1	11	Annah MILLER	#4 St. Ambrose (IovA:B	13.68m	44-10¾	4/5
2	21	Lana KROHE	#1 Olivet Nazarene B	13.04m	42-9½	4/13
3	57	Courtney HALL	#1 Olivet Nazarene	12.07m	39-7¼	4/13
4	95	Madison SIMPSON	#2 Saint Xavier (Ill.)	11.63m	38-2	3/31
5		Sarah SCHOONMAKER	#1 Olivet Nazarene	11.40m	37-5	4/5
6		Layla ALEXANDER	#2 Saint Xavier (Ill.)	11.18m	36-8¼	4/7
7		Jamie SIEROCKI	#2 Saint Xavier (Ill.)	10.75m	35-3¼	4/7
8		Ashlynn LARA	#5 Trinity Christian	10.41m	34-2	4/15
9		Anna DUNNE	#4 St. Ambrose (Iov	10.16m	33-4	4/1
10		Katie DEHAAN	#2 Saint Xavier (Ill.)	9.84m	32-3½	3/31

Women's Discus

1	3	Annah MILLER	#4 St. Ambrose (IovA:B	47.03m	154-4	4/14
2	13	Kayla MIKOTTIS	#1 Olivet Nazarene B	43.93m	144-2	4/13
3	25	Sarah SCHOONMAKER	#1 Olivet Nazarene	42.39m	139-1	4/1
4	30	Precious AGUAGYO	#2 Saint Xavier (Ill.)	41.33m	135-7	3/31
5	40	Courtney HALL	#1 Olivet Nazarene	40.53m	133-0	4/13
6		Kaylee HOLT	#3 St. Francis (Ill.)	33.79m	110-11	4/14
7		Elizabeth TREADWAY	#1 Olivet Nazarene	33.67m	110-6	4/1
8		Jamie SIEROCKI	#2 Saint Xavier (Ill.)	32.40m	106-4	3/31
9		Jersey PANOCK	#2 Saint Xavier (Ill.)	32.26m	105-10	4/7
10		Jenna PANOCK	#5 Trinity Christian	32.03m	105-1	4/15

Women's Hammer

1	21	Courtney HALL	#1 Olivet Nazarene B	48.99m	160-9	4/7
2	35	Precious AGUAGYO	#2 Saint Xavier (Ill.)	47.13m	154-8	3/31
3	48	Kayla MIKOTTIS	#1 Olivet Nazarene	44.89m	147-4	4/1
4	55	Elizabeth TREADWAY	#1 Olivet Nazarene	44.73m	146-9	4/5
5	64	Madison SIMPSON	#2 Saint Xavier (Ill.)	43.89m	144-0	3/31
6		Sarah SCHOONMAKER	#1 Olivet Nazarene	41.14m	135-0	4/1
7		Madi BLUMHOFF	#4 St. Ambrose (Iov	40.56m	133-1	4/5
8		Avery SPENCER	#1 Olivet Nazarene	39.44m	129-5	4/1
9		Layla ALEXANDER	#2 Saint Xavier (Ill.)	39.33m	129-1	3/31
10		Lana KROHE	#1 Olivet Nazarene	38.95m	127-10	4/1

Women's Javelin

1	45	Jamie SIEROCKI	#2 Saint Xavier (Ill.)	35.85m	117-8	4/7
2	51	Avery SPENCER	#1 Olivet Nazarene	35.18m	115-5	4/13
3	92	Ryleigh WARDEN	#4 St. Ambrose (Iov	31.64m	103-10	4/14
4		Katie DEHAAN	#2 Saint Xavier (Ill.)	30.55m	100-3	4/7
5		Jenna PANOCK	#5 Trinity Christian	28.27m	92-9	4/5
6		Faith WYANT	#5 Trinity Christian	25.88m	84-11	4/15
7		Jersey PANOCK	#2 Saint Xavier (Ill.)	22.72m	74-6½	3/31
8		Kate SURWILLO	#4 St. Ambrose (Iov	17.29m	56-8¾	4/1
9		Ashlynn LARA	#5 Trinity Christian	15.57m	51-1	3/10



Conference TFRI Event Summary

as of 4/17/2023 6:59:33 AM

Continental

Women's 100 Meters

1	Nadia KING	#3	Penn State Schu	13.38	(1.9)	4/1
2	Sonia KHAN	#1	Haskell (Kan.)	13.54	(1.0)	3/25
3	Angelina BRUNER	#1	Haskell (Kan.)	13.96	(1.2)	3/31
4	Maliyah SOTO	#1	Haskell (Kan.)	14.14	(1.0)	3/25
5	Emmanuelle STREIB	#2	Florida National	14.29w	(3.1)	3/30
6	Nakooma PELT	#1	Haskell (Kan.)	14.89	(1.0)	3/25
7	GRACEN EMERSON	#4	Ozarks (Mo.)	14.91w	(2.8)	3/17

Women's 100 Meter Hurdles

1	Nadia KING	#3	Penn State Schu	18.17	(2.0)	4/1
2	Evelyn LOUCA	#3	Penn State Schu	21.11	(0.0)	3/25

Women's 200 Meters

1	Prisilla GONZALEZ	#2	Florida National	28.93w	(2.2)	3/30
2	Nadia KING	#3	Penn State Schu	30.72	(1.8)	3/25

Women's 400 Meters

1	Prisilla GONZALEZ	#2	Florida National	1:07.14		4/14
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Women's 400 Meter Hurdles

1	Evelyn LOUCA	#3	Penn State Schu	1:23.26		4/1
2	Malak MOWAFI	#3	Penn State Schu	1:31.91		4/8

Women's 800 Meters

1	Maryam ABREU	#2	Florida National	2:25.21		4/14
2	Heidi THOMAS	#1	Haskell (Kan.)	2:39.56		3/31
3	Hassell ZELEDON	#2	Florida National	2:40.86		4/14
4	Daryl QUICHIMBO	#2	Florida National	2:43.69		3/30
5	Brianna WHITEHORSE	#1	Haskell (Kan.)	2:48.12		3/31
6	Prisilla GONZALEZ	#2	Florida National	2:52.47		3/30
7	Jayne MORRIS	#1	Haskell (Kan.)	2:52.72		3/31
8	Heather CASTRO	#2	Florida National	2:52.92		3/30
9	NAOMI FOSKETT	#4	Ozarks (Mo.)	3:02.47		3/31
10	Malak MOWAFI	#3	Penn State Schu	3:04.34		3/25

Women's 1500 Meters

1	Maryam ABREU	#2	Florida National	5:03.06		3/30
2	Kiara IRON HEART	#1	Haskell (Kan.)	5:07.57		3/31
3	Hassell ZELEDON	#2	Florida National	5:40.64		3/30
4	Daryl QUICHIMBO	#2	Florida National	5:43.01		3/30
5	Heather CASTRO	#2	Florida National	5:48.38		4/14
6	Heidi THOMAS	#1	Haskell (Kan.)	5:49.27		3/25
7	NAOMI FOSKETT	#4	Ozarks (Mo.)	6:01.85		3/17
8	Araya APACHEE	#1	Haskell (Kan.)	6:33.25		3/25
9	Carla COLLADO	#2	Florida National	6:47.88		3/30
10	JiaYi GONG	#3	Penn State Schu	7:11.02		3/25

Women's Steeplechase

1	Malak MOWAFI	#3	Penn State Schu	16:55.50		4/1
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Women's 5000 Meters

1	Tiajhae NEZ	#1	Haskell (Kan.)	20:18.83		4/13
2	Olivia BARKSDALE	#5	Tennessee Soutl	20:51.70		3/31
3	Jordan GREENE	#5	Tennessee Soutl	24:26.59		3/31
4	Carla COLLADO	#2	Florida National	29:45.80		4/14

Women's 4x100 Relay

1	92	Aysa BENALLY, Angelina BRUNER, Sonia KHAN, Maliyah SOTO	#1	Haskell (Kan.)	52.77		3/31
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Women's 4x400 Relay

1	96	Prisilla GONZALEZ, Daryl QUICHIMBO, Hassell ZELEDON, Maryam ABREU	#2	Florida National	4:35.81		3/17
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Women's 4x800 Relay

1	25	Heidi THOMAS, Brianna WHITEHORSE, Tiajhae NEZ, Kiara IRON HEART	#1	Haskell (Kan.)	10:50.38		4/13
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Women's High Jump

1	Terralyn BROCKINGTON	#2	Florida National	1.42m	4-7¾		3/30
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Women's Long Jump

1	Terralyn BROCKINGTON	#2	Florida National	4.82m	15-9¾ (0.8)		3/17
2	Maliyah SOTO	#1	Haskell (Kan.)	4.45m	14-7¼ (0.3)		3/31
3	GRACEN EMERSON	#4	Ozarks (Mo.)	3.94m	12-11¼ (0)		3/31

Women's Shot Put

1	Therann MOORE	#1	Haskell (Kan.)	11.02m	36-2		3/31
2	Haeli STEVENS	#1	Haskell (Kan.)	9.93m	32-7		4/13
3	MADELYNNE WALKER	#4	Ozarks (Mo.)	8.90m	29-2½		3/17
4	PRAISE PHILLIPS	#4	Ozarks (Mo.)	7.84m	25-8¾		3/31
5	Emmanuelle STREIB	#2	Florida National	7.63m	25-½		3/3
6	MADISON INMAN	#4	Ozarks (Mo.)	7.31m	23-11¾		3/17

Women's Discus

1	Therann MOORE	#1	Haskell (Kan.)	29.06m	95-4¼		3/25
2	Haeli STEVENS	#1	Haskell (Kan.)	27.80m	91-2½		3/31
3	PRAISE PHILLIPS	#4	Ozarks (Mo.)	24.84m	81-6		3/31
4	MADISON INMAN	#4	Ozarks (Mo.)	23.17m	76-¼		3/17
5	MADELYNNE WALKER	#4	Ozarks (Mo.)	21.05m	69-¾		3/25
6	Emmanuelle STREIB	#2	Florida National	20.90m	68-7		4/14

Women's Javelin

1	82	Aysa BENALLY	#1	Haskell (Kan.)	32.52m	106-9	3/31
2		MADISON INMAN	#4	Ozarks (Mo.)	26.28m	86-2¾	3/31
3		Terralyn BROCKINGTON	#2	Florida National	25.90m	84-11¾	4/14



Conference TFRI Event Summary

as of 4/17/2023 6:59:33 AM

Crossroads

Women's 100 Meters

1	19	Giorgia MAMELI	#2	Marian (Ind.)	B	11.96	(1.6)	4/13
2	75	D'Arjha DAVIS	#4	Taylor (Ind.)		12.42	(1.9)	4/14
3	76	Makayla MELVIN	#2	Marian (Ind.)		12.43	(1.3)	4/13
4	80	Riley HERSHBERGER	#6	Bethel (Ind.)		12.47	(1.1)	4/14
5	90	Maria MALDONADO	#9	Goshen (Ind.)		12.52	(0.8)	4/14
6		Kylie BROWN	#7	Spring Arbor (Mi		12.63	(0.6)	4/14
7		Zoe HULEY	#3	Grace (Ind.)		12.71	(1.9)	4/14
8		Shailin GOLDEN	#7	Spring Arbor (Mi		12.81w	(4.0)	3/25
9		Hannah JOHNSON	#5	Huntington (Ind		12.82w	(3.0)	4/13
10		Lauren COPPERSMITH	#1	Indiana Wesleya		12.84	(1.4)	4/6

Women's 100 Meter Hurdles

1	9	Erin OLEKSAK	#2	Marian (Ind.)	A:B	14.16	(1.7)	3/30
2	23	Ally HAWK	#1	Indiana Wesleya	B	14.74	(1.8)	4/14
3	26	Patience SAKEUH	#4	Taylor (Ind.)		14.80	(0.0)	4/6
4	32	Kiana SIEFERT	#4	Taylor (Ind.)		14.90	(1.8)	4/14
5	47	Audrey ALTUM	#4	Taylor (Ind.)		15.21	(0.9)	4/14
6	48	Rylin BAGARUS	#6	Bethel (Ind.)		15.24	(0.9)	4/14
6	48	Destiny COPELAND	#5	Huntington (Ind		15.24	(0.6)	4/13
8	79	Allison TEED	#7	Spring Arbor (Mi		15.71w	(2.2)	3/25
9	96	DeJae HUDSON	#2	Marian (Ind.)		15.92	(1.7)	3/30
10		Trysta HILTON	#5	Huntington (Ind		16.60	(1.9)	4/13

Women's 200 Meters

1	19	Giorgia MAMELI	#2	Marian (Ind.)	B	24.70w	(3.0)	4/13
2	40	Destiny COPELAND	#5	Huntington (Ind		25.29	(0.9)	4/13
3	45	Destinee MCGRADY	#5	Huntington (Ind		25.35w	(3.2)	4/13
4	60	D'Arjha DAVIS	#4	Taylor (Ind.)		25.61w	(2.2)	4/14
5	96	Maria MALDONADO	#9	Goshen (Ind.)		25.90	(0.2)	4/7
6		Jai-Lyn NORWOOD	#2	Marian (Ind.)		26.11	(0.7)	3/25
7		Erin OLEKSAK	#2	Marian (Ind.)		26.13	(-2.6)	3/25
8		Kylie BROWN	#7	Spring Arbor (Mi		26.14	(0.0)	4/14
9		Kailyn ELY	#1	Indiana Wesleya		26.32	(1.6)	4/14
9		Brianna HOOTON	#6	Bethel (Ind.)		26.32w	(2.2)	4/14
9		Riley HERSHBERGER	#6	Bethel (Ind.)		26.32	(1.0)	4/14

Women's 400 Meters

1	29	Destinee MCGRADY	#5	Huntington (Ind		57.51		4/13
2	42	Jai-Lyn NORWOOD	#2	Marian (Ind.)		58.37		3/30
3	58	Giorgia MAMELI	#2	Marian (Ind.)		58.95		3/30
4	66	Hanna REUTER	#2	Marian (Ind.)		59.36		3/30
5	71	Kylie BROWN	#7	Spring Arbor (Mi		59.49		3/31
6	93	Kyrah MAAS	#1	Indiana Wesleya		1:00.06		4/14
7	94	Olivia ADKINS	#3	Grace (Ind.)		1:00.11		4/14
8	99	Ashley HALL	#4	Taylor (Ind.)		1:00.21		4/14
9		Kailyn ELY	#1	Indiana Wesleya		1:00.48		4/14
10		Chloe TAYLOR	#1	Indiana Wesleya		1:01.72		4/14

Women's 400 Meter Hurdles

1	31	Ally HAWK	#1	Indiana Wesleya		1:06.04		4/14
2	49	Mariah MALEY	#10	Saint Francis (In		1:07.68		4/14
3	75	Piper LINDSAY	#1	Indiana Wesleya		1:09.26		4/14
4		Ella MAAS	#1	Indiana Wesleya		1:16.19		4/14
5		Lily SCARBERRY	#8	Mount Vernon N		1:16.24		3/25
6		Ariisa BOYD	#2	Marian (Ind.)		1:18.27		4/14
7		DeJae HUDSON	#2	Marian (Ind.)		1:21.58		3/30
8		Haley PRESLEY	#7	Spring Arbor (Mi		1:27.47		4/14

Women's 800 Meters

1	7	Kylie SAUDER	#3	Grace (Ind.)	A:B	2:11.81		4/14
2	15	Anna HULSTEDT	#3	Grace (Ind.)	B	2:15.60		4/14
3	25	Tara FRIESEN	#3	Grace (Ind.)		2:17.61		4/14
4	27	Evie MILLER	#10	Saint Francis (In		2:18.11		4/14
5	48	Heather PLASTOW	#3	Grace (Ind.)		2:20.05		3/31
6	78	Jocelyn DORNBIER	#8	Mount Vernon N		2:21.91		4/14
6	78	Emma MUTERSPAW	#4	Taylor (Ind.)		2:21.91		4/14
8	85	Taylor THOMAS	#2	Marian (Ind.)		2:22.43		4/13
9	92	Summer COOPER	#9	Goshen (Ind.)		2:22.88		3/30
10	93	Morgan WELCH	#3	Grace (Ind.)		2:22.90		4/14

Women's 1500 Meters

1	9	Evie MILLER	#10	Saint Francis (In	A:B	4:35.11		4/14
2	16	Heather PLASTOW	#3	Grace (Ind.)		4:41.84		4/14
3	22	Emma MUTERSPAW	#4	Taylor (Ind.)		4:43.35		4/6
4	23	Ahna VANDERWALL	#4	Taylor (Ind.)		4:43.65		4/6
5	27	Abbey GENTZ	#5	Huntington (Ind		4:44.89		3/30
6	35	Summer COOPER	#9	Goshen (Ind.)		4:45.91		3/30
7	60	Emily TEDDER	#5	Huntington (Ind		4:49.86		3/30
8	68	Alex EBETINO	#10	Saint Francis (In		4:51.15		3/24
9	74	Tara FRIESEN	#3	Grace (Ind.)		4:52.04		4/6
10	79	Ellyn COE	#8	Mount Vernon N		4:52.42		4/14

Women's Steeplechase

1	5	Ahna VANDERWALL	#4	Taylor (Ind.)	A:B	11:03.90		4/14
2	17	Lynae ACKLEY	#4	Taylor (Ind.)	B	11:29.42		4/14
3	35	ChristyAnn DELAHUNTY	#1	Indiana Wesleya		12:06.66		4/6
4	36	Katie ACKER	#3	Grace (Ind.)		12:08.01		3/31
5	72	Reagan HOKE	#1	Indiana Wesleya		12:51.74		4/6
6	81	Kate HORNOCKER	#3	Grace (Ind.)		12:59.81		4/14
7	90	Sabrina SIEMS	#2	Marian (Ind.)		13:07.74		4/14
8	91	Lindsay HUSTON	#2	Marian (Ind.)		13:14.80		3/25
9	93	Emma BEIMFOHR	#2	Marian (Ind.)		13:17.10		4/14
10	94	Angela JAYCOX	#7	Spring Arbor (Mi		13:17.71		3/31



Conference TFRI Event Summary

as of 4/17/2023 6:59:33 AM

Crossroads

Women's 5000 Meters

1	9	Addi DEWEY	#1	Indiana Wesleyan	A:B 17:08.94	4/14
2	15	Elizabeth BARRETT	#1	Indiana Wesleyan	A:B 17:23.16	4/6
3	26	Alex EBETINO	#10	Saint Francis (In	17:44.24	4/14
4	29	Summer COOPER	#9	Goshen (Ind.)	17:49.63	4/7
5	33	Ali RAY	#2	Marian (Ind.)	17:54.26	3/30
6	50	Emily TEDDER	#5	Huntington (Ind	18:19.15	4/14
7	55	Katie ACKER	#3	Grace (Ind.)	18:26.43	4/14
8	56	Carmen TRIER	#3	Grace (Ind.)	18:32.27	3/31
9	62	Ashlyn HASTINGS	#1	Indiana Wesleya	18:36.93	4/6
10	73	Megan COOPER	#6	Bethel (Ind.)	18:42.24	4/14

Women's 10,000 Meters

1	7	Abbey GENTZ	#5	Huntington (Ind	A:B 36:55.88	4/14
2	17	Ali RAY	#2	Marian (Ind.)	B 37:34.50	3/25
3	18	Mallory HIATT	#3	Grace (Ind.)	B 37:35.24	4/14
4	57	Madelyn SKIDMORE	#3	Grace (Ind.)	41:08.63	4/14

Women's 4x100 Relay

1	11	Hanna REUTER, Jai-Lyn NORWOOD, Makayla MELVIN, Giorgia MAMELI	#2	Marian (Ind.)	A:B 47.32	4/13
2	21	Audrey ALTUM, D'Arjha DAVIS, Patience SAKEUH, Kiana SIEFERT	#4	Taylor (Ind.)	48.22	4/14
3	30	Natalie GONZALEZ, Brianna HOOTON, Kilynn GUILER, Riley HERSHBERGER	#6	Bethel (Ind.)	48.64	4/14
4	48	Emma EWER, Ally HAWK, Emily BOMBEI, Lauren COPPERSMITH	#1	Indiana Wesleya	49.52	4/14
5	74	Shailin GOLDEN, Julia ROSSINI, Madison RUHLIG, Rosine OLONI	#7	Spring Arbor (Mi	51.26	4/14

Women's 4x400 Relay

1	37	Mikayla ELLIS, Olivia JEANETTE, Emily JOHNSON, Ashley HALL	#4	Taylor (Ind.)	4:08.42	4/14
2	42	Kailyn ELY, Ally HAWK, Kyras MAAS, Karis HUNTER	#1	Indiana Wesleya	4:10.21	4/6
3	47	Ashley BURGESS, Lily SCARBERRY, Lyssi SNOUFFER, Jocelyn DORNBIRER	#8	Mount Vernon N	4:11.46	3/30
4	53	Kylee LEWELLEN, Sabrina SIEMS, Nora STEELE, Taylor THOMAS	#2	Marian (Ind.)	4:14.10	3/30
5	77	Morgan WELCH, Emma LINGENFELTER, Addison GRADY, Esther CAMERON	#3	Grace (Ind.)	4:23.38	4/14
6	82	Angela JAYCOX, Ava HOUGHTON, Madison VORE, Kylie BROWN	#7	Spring Arbor (Mi	4:24.09	3/31

Women's 4x800 Relay

1	12	Jocelyn DORNBIRER, Ellyn COE, Kaitlin MEADE, Morgan FORNEY	#8	Mount Vernon N	9:57.36	4/15
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Women's High Jump

1	1	Erica XAYARATH	#5	Huntington (Ind	A:B 1.74m	5-8½	3/24
2	4	Abi HUME	#1	Indiana Wesleya	A:B 1.68m	5-6	4/6
2	4	Erin OLEKSAK	#2	Marian (Ind.)	A:B 1.68m	5-6	3/30
4	8	Gina BUTZ	#2	Marian (Ind.)	B 1.65m	5-5	4/13
4	8	Madison AXSOM	#9	Goshen (Ind.)	B 1.65m	5-5	4/14
6	32	Lyssi SNOUFFER	#8	Mount Vernon N	1.59m	5-2½	4/14
7	48	Ariel MANNS	#6	Bethel (Ind.)	1.55m	5-1	3/29
7	48	Emily MCCREARY	#3	Grace (Ind.)	1.55m	5-1	4/6
9	68	Maiah SHELTON	#6	Bethel (Ind.)	1.54m	5-½	4/14
9	68	Cailyn PENTECOST	#6	Bethel (Ind.)	1.54m	5-½	4/14

Women's Pole Vault

1	21	Brooke HOLLOWAY	#8	Mount Vernon N	3.45m	11-3¾	3/25
2	56	Emma LEHMAN	#3	Grace (Ind.)	3.05m	10-0	4/14
3	74	Betsy UNDERWOOD	#4	Taylor (Ind.)	2.90m	9-6¼	4/6
3	74	Charis SIEFERT	#4	Taylor (Ind.)	2.90m	9-6¼	3/24
5	81	Sarah DE LA GRANGE	#7	Spring Arbor (Mi	2.80m	9-2¼	3/31
6	89	Kassidy FALER	#9	Goshen (Ind.)	2.70m	8-10¼	4/14
7	95	Avery BIRKLA	#4	Taylor (Ind.)	2.60m	8-6¼	4/6
8	98	Alli TAYLOR	#2	Marian (Ind.)	2.55m	8-4¼	3/25



Conference TFRI Event Summary

as of 4/17/2023 6:59:33 AM

Crossroads

Women's Long Jump

1	7	Destiny COPELAND	#5	Huntington (Ind)	A: B 5.77m	18-11¼ (1.4)	4/13
2	11	Erin OLEKSAK	#2	Marian (Ind.)	B 5.73m	18-9¾ (0.4)	3/30
3	19	Erica XAYARATH	#5	Huntington (Ind)	B 5.65mw	18-6½ (2.5)	3/30
4	21	Jai-Lyn NORWOOD	#2	Marian (Ind.)	5.63m	18-5¾ (1.9)	4/13
5	73	Macy MORGAN	#6	Bethel (Ind.)	5.27m	17-3½ (-5.4)	4/14
6	92	Sage BRANNON	#8	Mount Vernon N	5.20m	17-¾ (0.0)	4/14
7		Madison AXSOM	#9	Goshen (Ind.)	5.17m	16-11½ (0.3)	3/29
8		DeJae HUDSON	#2	Marian (Ind.)	5.14m	16-10½ (1.4)	4/13
9		Hanna REUTER	#2	Marian (Ind.)	5.06m	16-7¼ (1.3)	3/30
10		Holli REUTER	#2	Marian (Ind.)	4.98m	16-4¼ (-1.4)	4/14

Women's Triple Jump

1	2	Jai-Lyn NORWOOD	#2	Marian (Ind.)	A: B 12.53mw	41-1½ (4.0)	3/30
2	8	Destiny COPELAND	#5	Huntington (Ind)	A: B 11.75mw	38-6¾ (3.6)	4/13
3	13	Naomi WALTERS	#2	Marian (Ind.)	B 11.63mw	38-2 (3.8)	3/30
4	21	Blessing LAUDERMILCH	#1	Indiana Wesleya	11.44m	37-6½ (0.0)	3/24
5	22	Erica XAYARATH	#5	Huntington (Ind)	11.43m	37-6 (0.6)	4/13
6	53	Shirmara ANDERSON	#2	Marian (Ind.)	10.90m	35-9¼ (1.2)	4/13
7	75	Makayla KEFFELER	#1	Indiana Wesleya	10.60m	34-9½ (-2.4)	4/14
8	77	Abi HUME	#1	Indiana Wesleya	10.57m	34-8¼ (0.0)	3/24
9		Hanna REUTER	#2	Marian (Ind.)	10.13mw	33-3 (2.9)	3/30
10		Brooke RUSSELL	#4	Taylor (Ind.)	9.58m	31-5¼ (-1.4)	4/14

Women's Shot Put

1	5	Princess KARA	#1	Indiana Wesleya	A: B 13.94m	45-9	4/6
2	15	Alecia PARKER	#6	Bethel (Ind.)	B 13.46m	44-2	4/14
3	28	Markalah BARNES	#6	Bethel (Ind.)	12.80m	42-0	4/14
4	29	Merideth DEVRIES	#1	Indiana Wesleya	12.75m	41-10	4/14
5	33	Arriana BENJAMIN	#2	Marian (Ind.)	12.60m	41-4¼	3/30
6	53	Bri NICHOLS	#1	Indiana Wesleya	12.23m	40-1½	4/6
7	78	Lydia HALL	#7	Spring Arbor (Mi)	11.82m	38-9½	4/14
8	92	Tessa MOZZI	#1	Indiana Wesleya	11.69m	38-4¼	3/24
9	94	Mackenzie DELONG	#3	Grace (Ind.)	11.65m	38-2¾	4/14
10	100	Gracelyn FRAME	#8	Mount Vernon N	11.52m	37-9½	4/14

Women's Discus

1	1	Princess KARA	#1	Indiana Wesleya	A: B 51.01m	167-4	4/6
2	6	Taylor WATERWAY	#1	Indiana Wesleya	A: B 45.37m	148-10	4/6
3	10	Merideth DEVRIES	#1	Indiana Wesleya	A: B 44.56m	146-3	4/6
4	14	Arriana BENJAMIN	#2	Marian (Ind.)	B 43.75m	143-7	3/30
5	17	Bri NICHOLS	#1	Indiana Wesleya	B 42.87m	140-8	4/6
6	19	Chloe MILLER	#1	Indiana Wesleya	B 42.78m	140-4	4/6
7	29	Mackenzie DELONG	#3	Grace (Ind.)	41.37m	135-9	4/6
8	37	Willow KENNEDA	#9	Goshen (Ind.)	41.12m	134-11	3/25
9	50	Lanae CROWE	#3	Grace (Ind.)	39.24m	128-9	4/6
10	54	Markalah BARNES	#6	Bethel (Ind.)	39.12m	128-4	3/29

Women's Hammer

1	13	Chloe MILLER	#1	Indiana Wesleya	A: B 51.06m	167-6	4/6
2	20	Arriana BENJAMIN	#2	Marian (Ind.)	B 49.10m	161-1	3/25
3	37	Madison KAUFFMAN	#6	Bethel (Ind.)	46.40m	152-3	3/29
4	43	Bri NICHOLS	#1	Indiana Wesleya	45.42m	149-0	4/6
5	61	Willow KENNEDA	#9	Goshen (Ind.)	44.33m	145-5	4/14
6	62	Aanyah WRIGHT	#5	Huntington (Ind)	44.30m	145-4	4/14
7	63	Jennifer SHERWOOD	#7	Spring Arbor (Mi)	44.06m	144-7	4/14
8	66	Hallie BRENNER	#4	Taylor (Ind.)	43.62m	143-2	4/6
9	91	Keeley HUGHES	#2	Marian (Ind.)	42.11m	138-2	4/14
10	97	Allie MILLER	#2	Marian (Ind.)	41.80m	137-2	4/14

Women's Javelin

1	19	Precious WILKINS	#1	Indiana Wesleya	38.91m	127-8	4/14
2	23	Hannah BOERSEMA	#10	Saint Francis (In)	38.47m	126-3	4/14
3	66	Gisele SALLADE	#1	Indiana Wesleya	33.70m	110-7	3/24
4		Mackenzie DELONG	#3	Grace (Ind.)	30.21m	99-1½	4/6
5		Juliana FENSKE	#1	Indiana Wesleya	29.05m	95-3¾	3/24
6		Allison TEED	#7	Spring Arbor (Mi)	28.32m	92-11	3/31
7		Sarah BROWN	#6	Bethel (Ind.)	26.51m	86-11¾	3/29
8		Cailyn PENTECOST	#6	Bethel (Ind.)	26.44m	86-9	3/29
9		Caitlin ZLABEK	#6	Bethel (Ind.)	24.73m	81-1¾	3/29
10		Arriana BENJAMIN	#2	Marian (Ind.)	23.54m	77-2¾	3/30

Women's Heptathlon

1	4	Destiny COPELAND	#5	Huntington (Ind)	B 4,573	4/13
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Conference TFRI Event Summary

as of 4/17/2023 6:59:34 AM

Frontier

Women's 100 Meters

1	Natylia JACOBSON	#1	Montana Tech	12.65	(1.8)	4/7
2	Kellan WAHL	#4	Rocky Mountain	12.67c	(12.64A) (2	3/19
3	Jadyn VERMILLION	#1	Montana Tech	12.86	(1.8)	4/7
4	Jenna HILLMAN	#4	Rocky Mountain	12.96c	(12.93A) (1	3/19
5	Mollee CONLAN	#1	Montana Tech	13.36cw	(13.33A) (2	3/24
6	Cynthia ASHLIMAN	#4	Rocky Mountain	14.12c	(14.09A) (1	3/19

Women's 100 Meter Hurdles

1	64 Olleca SEVERSON	#1	Montana Tech	15.49	(0.3)	4/7
2	98 Naiya BEAUDIN	#1	Montana Tech	15.97	(-0.7)	4/7
3	Abby CLARK	#1	Montana Tech	16.13cw	(16.09A) (3	3/31
4	Jacklyn WALLER	#1	Montana Tech	19.68cw	(19.64A) (2	3/31

Women's 200 Meters

1	Emily RATZ	#1	Montana Tech	26.63	(0.1)	4/7
2	Abby CLARK	#1	Montana Tech	26.91cw	(26.84A) (2	3/24
3	Kellan WAHL	#4	Rocky Mountain	26.97c	(26.90A) (1	3/19
4	Hadassah WILSON	#1	Montana Tech	27.09	(0.1)	4/7
5	Jenna HILLMAN	#4	Rocky Mountain	27.48c	(27.41A) (1	3/19
6	Jadyn VERMILLION	#1	Montana Tech	27.72c	(27.65A) (1	3/31
7	Elise KZALEY	#1	Montana Tech	28.30	(1.0)	4/7

Women's 400 Meters

1	46 Paige BAXSTRESSER	#2	Carroll (Mont.)	58.43c	(58.32A)	4/14
2	LE+0: Kamryn COMBA	#1	Montana Tech	1:00.28c	(1:00.17A)	4/14
3	Hadassah WILSON	#1	Montana Tech	1:01.46c	(1:01.35A)	4/14
4	Madalen SHIPMAN	#2	Carroll (Mont.)	1:01.54c	(1:01.43A)	4/7
5	Emily RATZ	#1	Montana Tech	1:01.55c	(1:01.44A)	3/31
6	Emilie CRAGO	#3	Providence (Mo)	1:03.05c	(1:02.94A)	4/14
7	Sorren REESE	#2	Carroll (Mont.)	1:04.79c	(1:04.68A)	3/31
8	Elise KZALEY	#1	Montana Tech	1:05.92c	(1:05.81A)	3/31
9	Tyne STOKES	#4	Rocky Mountain	1:06.17c	(1:06.06A)	3/19
10	Chloe RAATS	#2	Carroll (Mont.)	1:06.38c	(1:06.27A)	3/31

Women's 400 Meter Hurdles

1	65 Olleca SEVERSON	#1	Montana Tech	1:08.52c	(1:08.41A)	3/24
2	86 Jasmyr MURPHY	#3	Providence (Mo)	1:09.91c	(1:09.80A)	4/14
3	92 Brette GRAHAM	#2	Carroll (Mont.)	1:10.22c	(1:10.11A)	4/14
4	Sorren REESE	#2	Carroll (Mont.)	1:13.71c	(1:13.60A)	4/7
5	Grace ALEXANDER	#3	Providence (Mo)	1:15.00c	(1:14.89A)	4/14
6	Jasmin WYMAN	#3	Providence (Mo)	1:17.65c	(1:17.54A)	4/14
7	Jacklyn WALLER	#1	Montana Tech	1:19.94		4/7
8	Mikayla GOFFENA	#2	Carroll (Mont.)	1:23.24c	(1:23.13A)	4/7

Women's 800 Meters

1	12 Sydney LITTLE LIGHT	#4	Rocky Mountain B	2:15.21c	(2:15.58A)	3/19
2	42 Kamryn COMBA	#1	Montana Tech	2:19.51		4/7
3	81 London LAMBRECHT	#2	Carroll (Mont.)	2:22.05c	(2:22.48A)	4/7
4	Natalie YOCUM	#2	Carroll (Mont.)	2:23.46c	(2:23.87A)	3/24
5	Olleca SEVERSON	#1	Montana Tech	2:27.24c	(2:27.81A)	4/14
6	Kyle OLSON	#2	Carroll (Mont.)	2:27.41c	(2:27.83A)	3/24
7	Sydney J LAMB	#2	Carroll (Mont.)	2:27.54c	(2:28.11A)	4/14
8	Kate PICANCO	#2	Carroll (Mont.)	2:28.31c	(2:28.88A)	4/14
9	Kallyn WILKINS	#4	Rocky Mountain	2:29.01c	(2:29.46A)	4/7
10	Kathryn SNYDER	#2	Carroll (Mont.)	2:29.64c	(2:30.09A)	4/7

Women's 1500 Meters

1	24 Sydney LITTLE LIGHT	#4	Rocky Mountain	4:44.11c	(4:48.72A)	4/14
2	93 Natalie YOCUM	#2	Carroll (Mont.)	4:55.78c	(4:59.23A)	3/24
3	Carlin MANNING	#1	Montana Tech	5:00.11c	(5:04.98A)	4/14
4	Kallyn WILKINS	#4	Rocky Mountain	5:01.96c	(5:05.37A)	3/31
5	Araceli RAMIREZ	#5	Montana Wester	5:02.60		4/7
6	Alyssa JANY	#1	Montana Tech	5:04.51c	(5:09.45A)	4/14
7	Sydney J LAMB	#2	Carroll (Mont.)	5:05.62c	(5:10.58A)	3/31
8	Madison KELLY	#1	Montana Tech	5:06.60		4/7
9	Katelyn MCKAY	#2	Carroll (Mont.)	5:08.23c	(5:13.23A)	3/31
10	Taya BREWER	#5	Montana Wester	5:08.93c	(5:13.95A)	3/31

Women's Steeplechase

1	24 Carlin MANNING	#1	Montana Tech	11:39.86		4/7
2	43 Hannah SEMPFF	#2	Carroll (Mont.)	12:19.19		4/7
3	56 Erika ARTHUR	#2	Carroll (Mont.)	12:34.02		4/7
4	64 Alyssa JANY	#1	Montana Tech	12:42.20c	(12:51.41A)	3/24
5	75 CeCe EAGLETON	#5	Montana Wester	12:52.90c	(13:02.24A)	3/24
6	76 Sydney D LAMB	#2	Carroll (Mont.)	12:52.92c	(13:02.26A)	3/24

Women's 5000 Meters

1	13 Sydney LITTLE LIGHT	#4	Rocky Mountain A: B	17:21.93c	(17:35.16A)	3/31
2	61 Taya BREWER	#5	Montana Wester	18:35.66c	(18:50.40A)	3/24
3	76 Hailey NIELSON	#1	Montana Tech	18:44.30		4/7
4	Carlin MANNING	#1	Montana Tech	19:06.29c	(19:28.44A)	3/31
5	Morgan BASELEY	#5	Montana Wester	19:06.32c	(19:21.46A)	3/24
6	Jayden WOODLAND	#4	Rocky Mountain	19:16.17c	(19:30.85A)	3/19
7	Katelyn MCKAY	#2	Carroll (Mont.)	19:17.52c	(19:32.81A)	3/24
8	Nicole MORGEN	#2	Carroll (Mont.)	19:22.58c	(19:37.94A)	3/24
9	Elizabeth VARNER	#5	Montana Wester	19:30.14c	(19:45.60A)	3/24
10	Chloe BRYNTESEN	#4	Rocky Mountain	19:37.32c	(19:52.27A)	3/31

Women's 10,000 Meters

1	25 Taya BREWER	#5	Montana Wester	38:29.23		4/7
2	47 Katelyn MCKAY	#2	Carroll (Mont.)	40:12.20		4/7
3	48 Nicole MORGEN	#2	Carroll (Mont.)	40:13.78		4/7
4	55 Morgan BASELEY	#5	Montana Wester	40:58.18		4/7



Conference TFRI Event Summary

as of 4/17/2023 6:59:34 AM

Frontier

Women's 4x100 Relay

1	39	Mollee CONLAN, Jadyn VERMILLION, Emily RATZ, Natylia JACOBSON	#1	Montana Tech	49.06c	(48.94A)	4/14
2	61	Paige BAXSTRESSER, Brooklyn SCHULTZ, Chloe RAATS, Madde BOLES	#2	Carroll (Mont.)	50.11c	(49.99A)	4/14
3	80	Gabriel PARINI, Jasmyn MURPHY, Grace ALEXANDER, Emilie CRAGO	#3	Providence (Mo	51.61c	(51.49A)	4/14

Women's 4x400 Relay

1	26	Emily RATZ, Kamryn COMBA, Hailee STILES, Hadassah WILSON	#1	Montana Tech	4:04.58c	(4:04.14A)	4/14
2	35	Paige BAXSTRESSER, Madalen SHIPMAN, Brooklyn SCHULTZ, London LAMBRECHT	#2	Carroll (Mont.)	4:07.25c	(4:06.81A)	4/14
3	63	Kellan WAHL, Jenna HILLMAN, Tyne STOKES, Rylie SCHOENFELD	#4	Rocky Mountain	4:17.84c	(4:17.40A)	3/19
4		Emilie CRAGO, Grace ALEXANDER, Gabriel PARINI, Jasmyn MURPHY	#3	Providence (Mo	4:41.01c	(4:40.57A)	4/7
5		Taya BREWER, Araceli RAMIREZ, CeCe EAGLETON, Elizabeth VARNER	#5	Montana Wester	4:56.03c	(4:55.59A)	3/31

Women's 4x800 Relay

1	10	London LAMBRECHT, Madalen SHIPMAN, Kyle OLSON, Natalie YOCUM	#2	Carroll (Mont.)	9:41.72c	(9:43.98A)	4/14
2	22	Kallyn WILKINS, Rylie SCHOENFELD, Tyne STOKES, Sydney LITTLE LIGHT	#4	Rocky Mountain	10:21.09c	(10:23.50A)	4/14

Women's High Jump

1	22	Abby CLARK	#1	Montana Tech	1.62m	5-3¾	4/7
2	26	Madde BOLES	#2	Carroll (Mont.)	1.61m	5-3¾	4/7
3	32	terra BERTSCH	#3	Providence (Mo	1.59m	5-2½	4/7
4	76	Brooke WIRKKALA	#4	Rocky Mountain	1.52m	4-11¾	3/31
5	82	Ashley MCNALLY	#3	Providence (Mo	1.50m	4-11	4/14
5	82	Hayden PRIDE	#1	Montana Tech	1.50m	4-11	3/24
7		Sorren REESE	#2	Carroll (Mont.)	1.45m	4-9	4/7
7		Shanaya BYRD	#2	Carroll (Mont.)	1.45m	4-9	4/14
9		Naiya BEAUDIN	#1	Montana Tech	1.41m	4-7½	4/14
10		Alexis COONEY	#2	Carroll (Mont.)	1.40m	4-7	4/7

Women's Pole Vault

1	10	terra BERTSCH	#3	Providence (Mo	3.66m	12-0	4/14
2	33	Chloe GALLAGHER	#2	Carroll (Mont.)	3.35m	10-11¾	4/14
3	36	Kamden HILLBORN	#2	Carroll (Mont.)	3.25m	10-8	4/7
4	56	violet JOHNSON	#3	Providence (Mo	3.05m	10-0	4/7

Women's Long Jump

1	16	Gabriel PARINI	#3	Providence (Mo	5.67m	18-7¼ (2.8)	4/7
2	33	Jadyn VERMILLION	#1	Montana Tech	5.50m	18-½ (2.1)	3/31
3	60	Brooke WIRKKALA	#4	Rocky Mountain	5.31m	17-5¼ (4.0)	4/7
4	79	Abby CLARK	#1	Montana Tech	5.25m	17-2¾ (0.0)	3/24
4	79	Sydney MILLER	#2	Carroll (Mont.)	5.25m	17-2¾ (2.7)	4/7
6	89	Naiya BEAUDIN	#1	Montana Tech	5.22m	17-1½ (1.7)	3/31
7		Hadassah WILSON	#1	Montana Tech	5.07m	16-7¾ (0.0)	3/24
8		Alexis COONEY	#2	Carroll (Mont.)	5.02m	16-5¾ (3.9)	4/7
9		Lauryn FRIDERES	#4	Rocky Mountain	4.96m	16-3¼ (3.2)	4/7
10		Hailee STILES	#1	Montana Tech	4.86m	15-11½ (1.)	3/31

Women's Triple Jump

1	36	Naiya BEAUDIN	#1	Montana Tech	11.08m	36-4¼ (0.5)	3/31
2	61	Gabriel PARINI	#3	Providence (Mo	10.73m	35-2½ (3.0)	4/7
3	65	Anika PLOEGER	#1	Montana Tech	10.67m	35-¼ (0.5)	4/14
4	72	Sophie LOVELESS	#2	Carroll (Mont.)	10.61m	34-9¾ (2.6)	4/7
5	78	Jadyn VERMILLION	#1	Montana Tech	10.56m	34-7¾ (0.0)	4/7
6		Kylie MUNSINGER	#2	Carroll (Mont.)	10.20m	33-5¾ (2.8)	4/7
7		Hailee STILES	#1	Montana Tech	10.18m	33-4¾ (0.4)	4/14
8		Lauryn FRIDERES	#4	Rocky Mountain	10.06m	33-¼ (0.0)	4/14

Women's Shot Put

1	66	kathryn EVANS	#3	Providence (Mo	12.01m	39-5	4/7
2	96	Allyson CONNER	#3	Providence (Mo	11.61m	38-1¼	3/24
3		Madison LEWIS	#2	Carroll (Mont.)	11.24m	36-10½	4/14
4		Kayla BOTKIN	#2	Carroll (Mont.)	11.15m	36-7	4/14
5		Abigail PETERSON	#2	Carroll (Mont.)	11.02m	36-2	4/14
6		Olleca SEVERSON	#1	Montana Tech	10.64m	34-11	4/14
7		Avari BATT	#3	Providence (Mo	10.61m	34-9¾	4/14
8		Abby CLARK	#1	Montana Tech	10.53m	34-6¾	4/14
9		Allison HALVERSON	#4	Rocky Mountain	10.30m	33-9½	3/31
10		Crisha POLK	#2	Carroll (Mont.)	10.20m	33-5¾	4/7

Women's Discus

1	15	tatiana MARTINEZ	#3	Providence (Mo	43.44m	142-6	4/7
2	24	Calla HALDORSON	#3	Providence (Mo	42.48m	139-5	4/7
3	42	Allyson CONNER	#3	Providence (Mo	39.88m	130-10	4/7
4	76	Avari BATT	#3	Providence (Mo	37.54m	123-2	4/7
5	84	Kayla BOTKIN	#2	Carroll (Mont.)	37.15m	121-11	4/7
6		Abigail PETERSON	#2	Carroll (Mont.)	36.17m	118-8	3/24
7		Brooke MCCLENNING	#2	Carroll (Mont.)	35.65m	117-0	4/7
8		Crisha POLK	#2	Carroll (Mont.)	35.08m	115-1	4/7
9		Allison HALVERSON	#4	Rocky Mountain	33.40m	109-7	3/31
10		Mckenzie CLARK	#3	Providence (Mo	32.88m	107-11	3/24



Conference TFRI Event Summary

as of 4/17/2023 6:59:34 AM

Frontier

Women's Hammer

1	5	Allyson CONNER	#3	Providence (MoA:B	52.67mA	172-10	4/7
2	65	tatiana MARTINEZ	#3	Providence (Mo	43.85mA	143-11	4/7
3		Karly LAWSON	#1	Montana Tech	39.04m	128-1	3/24
4		kathryn EVANS	#3	Providence (Mo	38.58mA	126-7	4/14
5		Allison HALVERSON	#4	Rocky Mountain	38.42m	126-1	3/31
6		Avari BATT	#3	Providence (Mo	36.29mA	119-1	4/14
7		Kayla BOTKIN	#2	Carroll (Mont.)	29.23mA	95-10¾	4/7

Women's Javelin

1	7	Mckenzie CLARK	#3	Providence (MoA:B	43.10mA	141-5	4/7
2	12	Jenna JORDAN	#1	Montana Tech	41.38m	135-9	3/31
3	26	Katelyn CHRISTENSEN	#2	Carroll (Mont.)	38.16mA	125-3	4/14
4	33	Abigail PETERSON	#2	Carroll (Mont.)	37.24m	122-2	3/24
5	39	Sorren REESE	#2	Carroll (Mont.)	36.48mA	119-8	4/14
6	63	Emily SHUMAKER	#2	Carroll (Mont.)	33.92mA	111-4	4/7
7	64	Karly LAWSON	#1	Montana Tech	33.79mA	110-11	4/14
8	71	Shelbey KLEIN	#3	Providence (Mo	33.14mA	108-9	4/7
9	99	Amber ANDERSON	#1	Montana Tech	31.41mA	103-1	4/14
10		Abby CLARK	#1	Montana Tech	29.84m	97-10¾	4/7

Women's Heptathlon

1	5	Abby CLARK	#1	Montana Tech	B 4,460A	4/14
2	13	Olleca SEVERSON	#1	Montana Tech	B 4,034A	4/14
3	21	Jadyn VERMILLION	#1	Montana Tech	3,767A	4/14
4	22	Naiya BEAUDIN	#1	Montana Tech	3,727A	4/14
5	26	Sorren REESE	#2	Carroll (Mont.)	3,464A	4/14
6	37	Mikayla GOFFENA	#2	Carroll (Mont.)	2,929A	4/14



Conference TFRI Event Summary

as of 4/17/2023 6:59:34 AM

GPAC

Women's 100 Meters

1	31	Elianna CLARK	#5	Mount Marty (S.I.)	12.10	(1.8)	3/30
2		Isabel BOTHWELL	#2	Doane (Neb.)	12.56	(0.6)	4/7
3		Calli DAVIS	#5	Mount Marty (S.I.)	12.59	(1.3)	3/30
3		Caitlyn COTTON	#2	Doane (Neb.)	12.59	(0.6)	4/7
5		Alexis EVEN	#5	Mount Marty (S.I.)	12.60	(1.3)	3/30
6		Kya EDWARDS	#4	Hastings (Neb.)	12.65	(0.8)	4/7
7		Zelie SORENSEN	#5	Mount Marty (S.I.)	12.73w	(3.2)	3/24
8		Emma STROM	#9	Midland (Neb.)	12.76w	(2.4)	4/1
9		Ayda DEN HERDER	#3	Dordt (Iowa)	12.78w	(2.7)	4/14
10		Lydia HERMAN	#3	Dordt (Iowa)	12.79w	(3.9)	4/7
10		Amira CUMMINGS	#1	Concordia (Neb.)	12.79w	(2.1)	4/7

Women's 100 Meter Hurdles

1	8	Adrianna RODENCAL	#1	Concordia (Neb.)	14.15	(1.1)	4/7
2	18	Nisa THOMAS	#4	Hastings (Neb.)	14.56w	(3.6)	4/7
3	27	Jaida ROWE	#4	Hastings (Neb.)	14.84	(1.5)	4/7
3	27	Josie GARRETT	#2	Doane (Neb.)	14.84w	(2.3)	4/1
5	36	Ashinee GEORGE	#5	Mount Marty (S.I.)	15.04	(0.6)	3/30
6	54	Kayla SVOBODA	#1	Concordia (Neb.)	15.35w	(3.0)	4/1
7	61	Hope MORKEN	#8	Morningside (Iowa)	15.43	(0.8)	3/31
7	61	Rhys MAXEY	#4	Hastings (Neb.)	15.43w	(2.4)	4/7
9	87	Emma ZOET	#6	Northwestern (Iowa)	15.84	(1.7)	4/14
10	89	Faith ESPINOSA	#1	Concordia (Neb.)	15.88w	(2.7)	4/7

Women's 200 Meters

1	47	Elianna CLARK	#5	Mount Marty (S.I.)	25.37	(1.9)	3/30
2	50	Calli DAVIS	#5	Mount Marty (S.I.)	25.41w	(3.3)	4/14
3	55	Adrianna RODENCAL	#1	Concordia (Neb.)	25.50w	(3.0)	4/7
4	77	Alexis EVEN	#5	Mount Marty (S.I.)	25.78w	(2.1)	3/30
5	82	Kayla KIRCHNER	#1	Concordia (Neb.)	25.81w	(2.2)	4/1
6		Ayda DEN HERDER	#3	Dordt (Iowa)	26.00w	(3.3)	4/14
7		Caitlyn COTTON	#2	Doane (Neb.)	26.08w	(3.3)	4/7
8		Zelie SORENSEN	#5	Mount Marty (S.I.)	26.18w	(2.1)	3/30
9		Emilee HEYNEN	#3	Dordt (Iowa)	26.21w	(3.8)	4/7
10		Emma BLUM	#6	Northwestern (Iowa)	26.38w	(3.8)	4/7

Women's 400 Meters

1	16	Jenna ESCH	#1	Concordia (Neb.)	57.08		4/1
2	27	Calli DAVIS	#5	Mount Marty (S.I.)	57.46		3/30
3	28	Kennedy KRAMER	#6	Northwestern (Iowa)	57.48		4/1
4	56	Veronica PINKERTON	#4	Hastings (Neb.)	58.87		4/1
5	57	Trinity TULS	#1	Concordia (Neb.)	58.89		4/1
6		Kayla KIRCHNER	#1	Concordia (Neb.)	1:00.38		4/1
7		Shelby BUWALDA	#3	Dordt (Iowa)	1:00.44		3/24
8		Anmarie STUIT	#3	Dordt (Iowa)	1:00.61		3/24
9		Savonne STERK	#6	Northwestern (Iowa)	1:00.64		4/1
10		Brianna QUINN	#1	Concordia (Neb.)	1:00.86		4/7

Women's 400 Meter Hurdles

1	8	Jordan KOEPKE	#1	Concordia (Neb.)	1:02.71		4/1
2	17	Jaida ROWE	#4	Hastings (Neb.)	1:05.26		4/7
3	18	Anni STIER	#7	Jamestown (N.D.)	1:05.30		4/16
4	19	Abigail CLARKE	#6	Northwestern (Iowa)	1:05.34		4/14
5	38	Anmarie STUIT	#3	Dordt (Iowa)	1:06.72		4/14
6	45	Tianna BUMBACA-KUEHL	#5	Mount Marty (S.I.)	1:07.41		4/14
7	50	Jordynn TOLIVER	#7	Jamestown (N.D.)	1:07.69		4/16
8	51	Rhys MAXEY	#4	Hastings (Neb.)	1:07.80		4/1
9	52	Adrianna RODENCAL	#1	Concordia (Neb.)	1:07.84		4/1
10	68	Abrielle NELSON	#5	Mount Marty (S.I.)	1:08.68		3/30

Women's 800 Meters

1	20	Emilee HEYNEN	#3	Dordt (Iowa)	2:16.38		4/7
2	22	Mika KOOISTRA	#3	Dordt (Iowa)	2:16.75		4/14
3	23	Annika PINGEL	#2	Doane (Neb.)	2:16.78		4/1
4	28	Shelby BUWALDA	#3	Dordt (Iowa)	2:18.18		4/14
5	41	Chantaya GRIFFIN	#11	College of Saint	2:19.35		4/7
6	50	Rylee HAECKER	#1	Concordia (Neb.)	2:20.06		4/7
7	59	Veronica PINKERTON	#4	Hastings (Neb.)	2:21.07		4/7
8	63	Courtney SPORRER	#8	Morningside (Iowa)	2:21.32		4/14
9	66	Jenna ESCH	#1	Concordia (Neb.)	2:21.45		4/1
10	68	Kylahn FREIBERG	#1	Concordia (Neb.)	2:21.50		4/7

Women's 1500 Meters

1	17	Rylee HAECKER	#1	Concordia (Neb.)	4:41.98		4/7
2	66	Veronica PINKERTON	#4	Hastings (Neb.)	4:50.80		4/1
3	70	Kylahn FREIBERG	#1	Concordia (Neb.)	4:51.36		4/1
4	87	Courtney SPORRER	#8	Morningside (Iowa)	4:53.58		4/7
5		Emily HAVERDINK	#6	Northwestern (Iowa)	4:58.18		4/1
6		Keegan BEISEL	#1	Concordia (Neb.)	4:58.68		3/25
7		Hannah BEINTEMA	#1	Concordia (Neb.)	4:58.80		4/7
8		Julie MCINTYRE	#1	Concordia (Neb.)	5:00.15		4/7
9		Rhaya KASCHINSKE	#1	Concordia (Neb.)	5:00.60		3/25
10		Bethany TEN HAKEN	#3	Dordt (Iowa)	5:00.94		4/7

Women's Steeplechase

1	14	Taylor ANEMA	#3	Dordt (Iowa)	11:22.76		4/7
2	23	Elyse KUPERUS	#3	Dordt (Iowa)	11:38.96		4/7
3	49	Kaia RICHMOND	#1	Concordia (Neb.)	12:27.87		4/1
4	58	Emma HALEY	#6	Northwestern (Iowa)	12:35.70		4/1
5	78	Brooke WIGDAHL	#11	College of Saint	12:54.64		4/7
6	83	Jocelyn FARHAR	#11	College of Saint	13:03.16		4/7
7	99	London ROGGE	#8	Morningside (Iowa)	13:32.99		4/7
8		Kyra BECKER	#1	Concordia (Neb.)	13:37.00		4/1
9		Grace PENNEKAMP	#1	Concordia (Neb.)	13:53.61		4/1
10		Katelyn NIX	#1	Concordia (Neb.)	14:04.73		4/1



Conference TFRI Event Summary

as of 4/17/2023 6:59:34 AM

GPAC

Women's 5000 Meters

1	63	Keegan BEISEL	#1	Concordia (Neb.)	18:37.15	4/1
2	74	Allie BINDER	#2	Doane (Neb.)	18:43.25	4/1
3	81	Taylor ANEMA	#3	Dordt (Iowa)	18:47.04	3/24
4	91	Emily HAVERDINK	#6	Northwestern (I)	18:51.97	4/7
5	95	Taylor SPORRER	#8	Morningside (Io)	18:54.39	4/7
6	98	Lucy BORKOWSKI	#3	Dordt (Iowa)	18:56.36	3/24
7		Elyse KUPERUS	#3	Dordt (Iowa)	19:07.18	3/24
8		Chloe INHELDER	#11	College of Saint	19:20.54	4/7
9		Caitlin ALBERTS	#6	Northwestern (I)	19:29.30	4/7
10		Julie MCINTYRE	#1	Concordia (Neb.)	19:31.34	4/1

Women's 10,000 Meters

1	20	Jessica KAMPMAN	#3	Dordt (Iowa)	B 37:42.53	4/7
2	34	Kristine HONOMICHL	#3	Dordt (Iowa)	39:16.57	4/7
3	40	Lucy BORKOWSKI	#3	Dordt (Iowa)	39:37.89	4/7
4	43	Allie BINDER	#2	Doane (Neb.)	39:55.63	4/13
5	51	Jaden HILKEMANN	#2	Doane (Neb.)	40:25.77	4/13
6	63	Elizabeth BAADE	#4	Hastings (Neb.)	41:42.58	4/7
7	74	Ellie ZEUTENHORST	#6	Northwestern (I)	42:35.02	4/14
8	80	Jordyn FISCHER	#5	Mount Marty (S.)	43:04.79	4/14
9	81	Courtney JOINER	#3	Dordt (Iowa)	43:12.71	4/7
10	98	Jillian RANTS	#4	Hastings (Neb.)	44:42.76	4/7

Women's 5000m Race Walk

1	9	Lauren DAWSON	#1	Concordia (Neb.)	B 28:34.84	4/14
2	15	Tristyn DIPENTINO	#4	Hastings (Neb.)	30:06.05	4/1
3	17	Baylee EVARTS	#4	Hastings (Neb.)	31:35.30	4/1
4	19	Peyton GISSLER	#1	Concordia (Neb.)	33:07.83	4/14
5	22	Darby WALSH	#9	Midland (Neb.)	33:28.57	4/14

Women's 4x100 Relay

1	20	Kya EDWARDS, Jaida ROWE, Rhys MAXEY, Nisa THOMAS	#4	Hastings (Neb.)	48.20	4/7
2	21	Emily LOSEKE, Kayla KIRCHNER, Kellie RHODES, Adrianna RODENCAL	#1	Concordia (Neb.)	48.22	4/1
3	36	Isabel BOTHWELL, Morgan MAHONEY, Annika PINGEL, Caitlyn COTTON	#2	Doane (Neb.)	49.01	4/1
4	45	Isabelle HARDMEYER, Zelig SORENSEN, Alexis EVEN, Elianna CLARK	#5	Mount Marty (S.)	49.32	3/30
5	72	Erica NIKKEL, Lydia HERMAN, Isabel DE LAY, Ayda DEN HERDER	#3	Dordt (Iowa)	51.12	4/7
6	85	Laura GREENE, Taylor GREENE, Hope MORKEN, Maddie MORONY	#8	Morningside (Io)	52.08	3/31
7	97	Grace HENDRICKSON, Addison WIERDA, Emma BLUM, Aleah REES	#6	Northwestern (I)	53.66	4/7



Conference TFRI Event Summary

as of 4/17/2023 6:59:34 AM

GPAC

Women's 4x400 Relay

1	9	Anmarie STUIT, Shelby BUWALDA, Mika KOOSTRA, Emilee HEYENEN	#3 Dordt (Iowa)	B 3:55.79	4/7
2	20	Abigail CLARKE, Savonne STERK, Emma BLUM, Kennedy KRAMER	#6 Northwestern (I.)	4:00.90	4/1
3	22	Tianna BUMBACA- KUEHL, Elianna CLARK, Abrielle NELSON, Calli DAVIS	#5 Mount Marty (S.I.)	4:01.45	3/30
4	24	Annika PINGEL, Kat VOGT, Kristen WALTERS, Morgan BURNETT	#2 Doane (Neb.)	4:04.25	4/1
5	48	Sarah BOSCH, Courtney SPORRER, Taylor SPORRER, Emily CHICOINE	#8 Morningside (Iowa)	4:13.03	3/31
6	80	Chantaya GRIFFIN, Autumn SIMONS, Brooke WIGDAHL, Corinne MEAD	#11 College of Saint	4:23.93	4/7
7	91	Amber RODGERS, Emma STROM, Hannah MEYER, Shyanne PIPKIN	#9 Midland (Neb.)	4:30.95	4/1
8	93	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Sammi VOJSLAVEK	#1 Concordia (Neb.)	4:32.02	4/1
9		Erynn GERLACH, Avany LONG, Emilia CUPPY, Ashtyn EVANS	#10 Dakota Wesleyan	4:39.73	3/24

Women's 4x800 Relay

1	13	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Keegan BEISEL	#1 Concordia (Neb.)	10:02.47	3/25
2	17	Tianna BUMBACA- KUEHL, Abrielle NELSON, Emily JOHNSON, Josey WAHLSTROM	#5 Mount Marty (S.I.)	10:10.27	3/30

Women's High Jump

1	8	Jacie VANDER WAAL	#6 Northwestern (I.)	B 1.65m	5-5	4/1
1	8	Hannah NEWTON	#1 Concordia (Neb.)	B 1.65m	5-5	4/1
3	27	Josie GARRETT	#2 Doane (Neb.)	1.60m	5-3	4/7
3	27	Emily WINGERT	#3 Dordt (Iowa)	1.60m	5-3	4/14
5	39	Jordynn TOLIVER	#7 Jamestown (N.C.)	1.57m	5-1¾	4/7
6	48	Paige ERHARDT	#7 Jamestown (N.C.)	1.55m	5-1	3/24
6	48	Cassie BRANDSMA	#3 Dordt (Iowa)	1.55m	5-1	4/7
6	48	Krista HARDY	#9 Midland (Neb.)	1.55m	5-1	4/7
6	48	Sarah THEILER	#2 Doane (Neb.)	1.55m	5-1	4/7
10	82	Jastiny JACKSON	#2 Doane (Neb.)	1.50m	4-11	4/1
10	82	Amy RICHERT	#1 Concordia (Neb.)	1.50m	4-11	4/14
10	82	Faith ESPINOSA	#1 Concordia (Neb.)	1.50m	4-11	4/1
10	82	Andrea SUCHA	#5 Mount Marty (S.I.)	1.50m	4-11	3/24
10	82	Erin BOGGS	#1 Concordia (Neb.)	1.50m	4-11	4/14
10	82	Kimberly SCHROPPER	#1 Concordia (Neb.)	1.50m	4-11	4/7
10	82	Taliyah HAYES	#10 Dakota Wesleyan	1.50m	4-11	4/14
10	82	Zailee POULSON	#4 Hastings (Neb.)	1.50m	4-11	4/1
10	82	Amanda STEINKE	#1 Concordia (Neb.)	1.50m	4-11	4/1

Women's Pole Vault

1	7	Josie PUELZ	#1 Concordia (Neb.)	B 3.75m	12-3½	4/14
2	11	Erin MAPSON	#1 Concordia (Neb.)	B 3.65m	11-11¾	4/14
3	15	Kennedy STANLEY	#2 Doane (Neb.)	B 3.55m	11-7¾	4/14
3	15	Kayla SVOBODA	#1 Concordia (Neb.)	B 3.55m	11-7¾	4/14
5	26	Gracie RIPPEN	#5 Mount Marty (S.I.)	3.40m	11-1¾	4/14
5	26	Amira CUMMINGS	#1 Concordia (Neb.)	3.40m	11-1¾	4/1
5	26	Erin BOGGS	#1 Concordia (Neb.)	3.40m	11-1¾	4/1
8	36	Samantha KNAPP	#2 Doane (Neb.)	3.25m	10-8	4/14
9	50	Saydie CLARK	#3 Dordt (Iowa)	3.14m	10-3½	4/7
9	50	Erin HULBERG	#6 Northwestern (I.)	3.14m	10-3½	4/7

Women's Long Jump

1	31	Hayley MILES	#1 Concordia (Neb.)	5.51m	18-1 (0.0)	4/14
2	82	Jordynn TOLIVER	#7 Jamestown (N.C.)	5.24m	17-2¼ (-0.0)	4/16
2	82	Kellie RHODES	#1 Concordia (Neb.)	5.24m	17-2¼ (0.0)	4/14
4	89	Amanda STEINKE	#1 Concordia (Neb.)	5.22m	17-1½ (0.0)	4/14
5	94	Maddison DOREN	#5 Mount Marty (S.I.)	5.18m	17-0 (1.8)	3/30
5	94	Kaylynn RIDGELY	#6 Northwestern (I.)	5.18mw	17-0 (3.4)	4/1
7		Emma STROM	#9 Midland (Neb.)	5.17m	16-11½ (0.0)	4/14
8		Ikeah CUFF	#4 Hastings (Neb.)	5.15m	16-10¾ (0.0)	4/14
9		Nicole HARMS	#2 Doane (Neb.)	5.13m	16-10 (0.0)	4/14
10		Ayda DEN HERDER	#3 Dordt (Iowa)	5.12mw	16-9¾ (2.2)	3/24



Conference TFRI Event Summary

as of 4/17/2023 6:59:35 AM

GPAC

Women's Triple Jump

1	36	Rosalyn ROGGASCH	#2	Doane (Neb.)	11.08m	36-4½ (0.0)	4/14
2	41	Josi NOBLE	#1	Concordia (Neb.)	11.02m	36-2 (0.0)	4/14
3	43	Josie GARRETT	#2	Doane (Neb.)	11.01m	36-1½ (0.0)	4/14
4	51	Trinity DOUBLIN	#4	Hastings (Neb.)	10.91m	35-9½ (0.0)	4/14
5	55	Hayley MILES	#1	Concordia (Neb.)	10.87m	35-8 (0.0)	4/14
6	57	Isabel SAYLER	#12	Briar Cliff (Iowa)	10.84m	35-6¾ (1.7)	4/14
7	67	Shelby BUWALDA	#3	Dordt (Iowa)	10.63m	34-10½ (0.0)	4/7
8	69	Alivia WEATHERS	#1	Concordia (Neb.)	10.62m	34-10¼ (1.0)	4/7
8	69	Taliyah HAYES	#10	Dakota Wesleyan	10.62m	34-10¼ (1.0)	4/14
10	81	Andrea SUCHA	#5	Mount Marty (S.D.)	10.54m	34-7 (1.5)	3/24

Women's Shot Put

1	3	Alivia BAUCOM	#2	Doane (Neb.)	A:B 14.44m	47-4½	4/14
2	8	Hope WAGNER	#12	Briar Cliff (Iowa)	A:B 13.76m	45-1¾	4/7
3	19	Claire CASPERSEN	#11	College of Saint B	13.12m	43-½	4/7
4	20	Asia TYLER	#4	Hastings (Neb.)	B 13.06m	42-10¼	4/15
5	23	Kiara ANDERSON	#4	Hastings (Neb.)	B 13.01m	42-8¾	4/1
6	24	Kamryn POKORNEY	#1	Concordia (Neb.)	12.98m	42-7	4/14
7	33	Lila GRONSETH	#10	Dakota Wesleyan	12.60m	41-4¼	3/24
8	45	Alexis MACH	#2	Doane (Neb.)	12.41m	40-8¾	4/14
9	47	Abby MAGNUSON	#10	Dakota Wesleyan	12.30m	40-4¼	4/7
10	57	Katie VANLANINGHAM	#2	Doane (Neb.)	12.07m	39-7¼	4/1
10	57	Alli OWINGS	#1	Concordia (Neb.)	12.07m	39-7¼	4/14

Women's Discus

1	5	Jessa EDEN	#4	Hastings (Neb.)	A:B 45.99m	150-11	4/15
2	7	Kiara ANDERSON	#4	Hastings (Neb.)	A:B 45.00m	147-8	4/1
3	18	Lila GRONSETH	#10	Dakota Wesleyan	B 42.81m	140-6	4/14
4	21	Alivia BAUCOM	#2	Doane (Neb.)	B 42.59m	139-9	3/24
5	23	Erin PAINTER	#1	Concordia (Neb.)	B 42.55m	139-7	4/7
6	33	Sara HUSS	#1	Concordia (Neb.)	41.23m	135-3	4/7
7	34	Emma LLOYD	#1	Concordia (Neb.)	41.19m	135-2	4/1
8	43	Katie VANLANINGHAM	#2	Doane (Neb.)	39.86m	130-9	4/1
9	48	Darby DEFFENBAUGH	#10	Dakota Wesleyan	39.33m	129-1	4/14
10	53	Abby MAGNUSON	#10	Dakota Wesleyan	39.13m	128-5	4/14

Women's Hammer

1	2	Macy FULLER	#2	Doane (Neb.)	A:B 54.03m	177-3	4/13
2	4	Kiara ANDERSON	#4	Hastings (Neb.)	A:B 53.29m	174-10	4/14
3	15	Kamryn POKORNEY	#1	Concordia (Neb.)	B 50.14m	164-6	4/7
4	19	Jessa EDEN	#4	Hastings (Neb.)	B 49.18m	161-4	4/1
5	28	Alli OWINGS	#1	Concordia (Neb.)	47.77m	156-9	4/14
6	29	Darby DEFFENBAUGH	#10	Dakota Wesleyan	47.62m	156-3	3/24
7	30	Abi WOHLGEMUTH	#1	Concordia (Neb.)	47.56m	156-1	4/7
8	32	Erin PAINTER	#1	Concordia (Neb.)	47.32m	155-3	4/1
9	45	Rylee OLSON	#8	Morningside (Iowa)	45.33m	148-9	4/14
10	46	Asia TYLER	#4	Hastings (Neb.)	45.21m	148-4	4/1

Women's Javelin

1	16	Jordynn TOLIVER	#7	Jamestown (N.D.)	B 39.88m	130-10	4/7
2	21	Molly VANDER HAMM	#2	Doane (Neb.)	38.75m	127-2	4/7
3	24	Madalynn RHODES	#11	College of Saint	38.37m	125-11	4/7
4	28	Rylee OLSON	#8	Morningside (Iowa)	38.05m	124-10	4/1
5	35	Grace DAMME	#2	Doane (Neb.)	37.10m	121-9	4/1
6	37	Paige ERHARDT	#7	Jamestown (N.D.)	36.55m	119-11	4/7
7	42	Gretchen STOTTLEMYRE	#1	Concordia (Neb.)	36.08m	118-5	4/14
8	57	Isabella SCHRECKENGOST	#1	Concordia (Neb.)	34.16m	112-1	4/14
9	72	Kate BUSEK	#7	Jamestown (N.D.)	33.10m	108-7	4/16
10	73	Abi WOHLGEMUTH	#1	Concordia (Neb.)	33.09m	108-7	4/14

Women's Heptathlon

1	1	Jordynn TOLIVER	#7	Jamestown (N.D.)	B 4,784	4/7
2	20	Ashinee GEORGE	#5	Mount Marty (S.D.)	3,799	3/30
3	28	Andrea SUCHA	#5	Mount Marty (S.D.)	3,312	3/30
4	41	Shyanne PIPKIN	#9	Midland (Neb.)	2,823	3/23
5	43	Madyson RAY	#9	Midland (Neb.)	2,763	3/23



Conference TFRI Event Summary

as of 4/17/2023 6:59:35 AM

GSAC

Women's 100 Meters

1	34	Armiyah JOHNSON	#1	Vanguard (Calif.	12.12	(0.6)	4/13
2	44	Dorothy JACKSON	#1	Vanguard (Calif.	12.19w	(2.1)	3/25
3	57	Eryn BURKE	#1	Vanguard (Calif.	12.30w	(2.1)	3/25
4	60	Jordyn BURKE	#1	Vanguard (Calif.	12.31	(0.6)	4/8
5	68	Charlotte WILLIAMS	#3	Westmont (Calif	12.37	(1.5)	3/18
6	73	Brooke DALGITY	#1	Vanguard (Calif.	12.40	(1.0)	4/13
7	78	Nohemi ANDERSON	#1	Vanguard (Calif.	12.46w	(2.6)	3/25
8		Erica WASEQ	#4	William Jessup (	12.82	(1.8)	4/7
9		Jaiden RODRIGUES	#3	Westmont (Calif	12.85	(-1.6)	3/25
10		Sophia MARTINEZ	#5	Arizona Christia	13.08	(0.8)	3/30

Women's 100 Meter Hurdles

1	35	Penelopi LEACH	#1	Vanguard (Calif.	15.03	(1.7)	3/18
2	41	Erica WASEQ	#4	William Jessup (	15.14	(1.4)	4/7
3	74	Lily SWEEN	#3	Westmont (Calif	15.65w	(3.9)	3/23
4	LE+0	Jordyn BURKE	#1	Vanguard (Calif.	16.00	(0.6)	4/13
5		Jayden JACKSON	#4	William Jessup (	16.22	(0.4)	4/6
6		Kourtney BRUNER	#5	Arizona Christia	17.09	(1.0)	3/30
7		Olivia CLARK	#3	Westmont (Calif	17.10	(0.6)	4/8
8		Karsyn LEIKAUF	#4	William Jessup (	17.93	(1.0)	4/14
9		Grace ROBERTS	#1	Vanguard (Calif.	18.00	(0.6)	4/8
10		Madalyn HOFMAN	#3	Westmont (Calif	18.03	(0.6)	4/8

Women's 200 Meters

1	13	Eryn BURKE	#1	Vanguard (Calif. A;B	24.49	(1.3)	3/18
2	32	Brooke DALGITY	#1	Vanguard (Calif.	25.08w	(2.2)	4/13
3	38	Jordyn BURKE	#1	Vanguard (Calif.	25.20	(1.7)	3/18
4	52	Charlotte WILLIAMS	#3	Westmont (Calif	25.45	(0.4)	3/18
5	90	Nohemi ANDERSON	#1	Vanguard (Calif.	25.86	(1.0)	3/18
6		Elizabeth BETTEN	#1	Vanguard (Calif.	25.96	(-1.0)	2/3
7		Jaiden RODRIGUES	#3	Westmont (Calif	26.05	(-0.7)	4/8
8		Siena KECK	#3	Westmont (Calif	26.12	(-0.4)	4/8
9		Armiyah JOHNSON	#1	Vanguard (Calif.	26.31	(1.4)	3/25
10		Lily SWEEN	#3	Westmont (Calif	26.42	(1.6)	3/23

Women's 400 Meters

1	2	Eryn BURKE	#1	Vanguard (Calif. A;B	54.89		4/8
2	15	Brooke DALGITY	#1	Vanguard (Calif. B	57.02		4/8
3	30	Jordyn BURKE	#1	Vanguard (Calif.	57.52		3/18
4	31	Elizabeth BETTEN	#1	Vanguard (Calif.	57.61		4/8
5	45	Siena KECK	#3	Westmont (Calif	58.41		4/8
6	82	Jaiden RODRIGUES	#3	Westmont (Calif	59.73		4/8
7		Tracey HATCH	#8	Menlo (Calif.)	1:00.60		2/18
8		Ariana RODRIGUEZ	#1	Vanguard (Calif.	1:01.25		4/14
9		Julia NELSEN	#1	Vanguard (Calif.	1:01.67		3/25
10		Jane FREEMAN	#1	Vanguard (Calif.	1:02.55		4/8

Women's 400 Meter Hurdles

1	4	Jordyn BURKE	#1	Vanguard (Calif. A;B	1:01.99		3/25
2	91	Dorothy JACKSON	#1	Vanguard (Calif.	1:10.13		4/14
3		Olivia FINCH	#1	Vanguard (Calif.	1:10.84		4/14
4		Sophia MORTON	#3	Westmont (Calif	1:12.47		4/8
5		Kourtney BRUNER	#5	Arizona Christia	1:14.95		3/23
6		Olivia CLARK	#3	Westmont (Calif	1:15.22		4/8
7		Bella NELSON	#1	Vanguard (Calif.	1:16.26		4/14
8		Grace ROBERTS	#1	Vanguard (Calif.	1:16.32		4/14
9		Erica WASEQ	#4	William Jessup (	1:20.73		3/24
10		Keyedence BRUNER	#5	Arizona Christia	1:21.47		3/23

Women's 800 Meters

1	24	Hannah FREDERICKS	#2	The Master's (Ca	2:17.25		4/8
2	29	Ellen PALMGREN	#2	The Master's (Ca	2:18.22		4/13
3	60	Suzie JOHNSON	#2	The Master's (Ca	2:21.22		4/8
4	61	Kate BARANSKI	#1	Vanguard (Calif.	2:21.24		4/8
5	69	MaryAlice MITCHELL	#5	Arizona Christia	2:21.51		3/30
6	90	Jayden JACKSON	#4	William Jessup (	2:22.73		4/6
7	94	Landon TORRES	#3	Westmont (Calif	2:22.92		3/18
8	95	Rebekah NIEDNAGEL	#2	The Master's (Ca	2:23.05		3/18
9		Madden HUNDLEY	#3	Westmont (Calif	2:23.70		3/25
10		Emma TIMMERMANS	#7	Hope Internatio	2:23.91		3/25

Women's 1500 Meters

1	4	Hannah FREDERICKS	#2	The Master's (Ca;B	4:30.40		3/11
2	19	Emma TIMMERMANS	#7	Hope Internatio	4:42.59		4/8
3	20	Madden HUNDLEY	#3	Westmont (Calif	4:42.75		4/8
4	26	Rebekah NIEDNAGEL	#2	The Master's (Ca	4:44.30		4/13
5	28	Ellen PALMGREN	#2	The Master's (Ca	4:45.22		3/11
6	37	Kate BARANSKI	#1	Vanguard (Calif.	4:46.13		3/18
7	46	Autumn NOOTBAAR	#2	The Master's (Ca	4:48.63		4/8
8	52	Ariz DUARTE	#5	Arizona Christia	4:49.33		3/30
9	54	Abigail HUNDLEY	#3	Westmont (Calif	4:49.37		4/13
10	57	Emma NELSON	#2	The Master's (Ca	4:49.62		4/13

Women's Steeplechase

1	30	Abigail HUNDLEY	#3	Westmont (Calif	11:47.19		4/8
2	31	Ariz DUARTE	#5	Arizona Christia	11:50.03		3/17
3	47	Jessina MORALES	#1	Vanguard (Calif.	12:26.37		4/8
4	54	Sophie SOUTHERDEN	#2	The Master's (Ca	12:32.25		4/8
5	62	Miriam MELKONIAN	#3	Westmont (Calif	12:40.99		4/8
6	63	Brooke CREGAN	#2	The Master's (Ca	12:41.63		3/18
7	71	Megan TURNER	#2	The Master's (Ca	12:50.24		4/8
8	74	India MOORS	#1	Vanguard (Calif.	12:52.88		3/18
9	85	Madison PAYNE	#2	The Master's (Ca	13:03.94		3/18
9	85	Allie METHUM	#2	The Master's (Ca	13:03.94		3/18



Conference TFRI Event Summary

as of 4/17/2023 6:59:35 AM

GSAC

Women's 5000 Meters

1	5	Hannah FREDERICKS	#2	The Master's (CaA:B	16:46.18	4/13
2	19	Emma TIMMERMANS	#7	Hope Internatio	B 17:33.95	4/13
3	21	Autumn NOOTBAAR	#2	The Master's (Ca B	17:35.17	4/13
4	41	Jessina MORALES	#1	Vanguard (Calif.	18:10.30	3/11
5	43	Kimberly PAGE	#2	The Master's (Ca	18:12.09	4/13
6	46	Madden HUNDLEY	#3	Westmont (Calif	18:14.80	3/18
7	67	Alyssa LOVETT	#2	The Master's (Ca	18:40.82	3/11
8	69	Landon TORRES	#3	Westmont (Calif	18:41.25	4/8
9	83	Brooke MILAM	#2	The Master's (Ca	18:47.71	4/8
10	84	Sophie SOUTHERDEN	#2	The Master's (Ca	18:47.78	3/11

Women's 10,000 Meters

1	10	Autumn NOOTBAAR	#2	The Master's (CaA:B	37:09.50	3/24
2	21	Kimberly PAGE	#2	The Master's (Ca B	37:44.68	3/24
3	22	Azalea PRINCE	#4	William Jessup (B	37:48.05	3/30
4	35	Brooke MILAM	#2	The Master's (Ca	39:20.41	3/24
5	38	India MOORS	#1	Vanguard (Calif.	39:28.95	3/11
6	62	Aurora COUTO	#7	Hope Internatio	41:38.71	3/11
7	66	Erini SHAKER	#2	The Master's (Ca	41:50.45	3/24

Women's 5000m Race Walk

1	14	Mariah HILDEBRANDT	#2	The Master's (Ca	29:58.14	3/25
2	16	Allie METHUM	#2	The Master's (Ca	30:30.95	3/25

Women's 4x100 Relay

1	5	Dorothy JACKSON, Eryn BURKE, Jordyn BURKE, Armiyah JOHNSON	#1	Vanguard (Calif.A:B	46.46	4/8
2	50	McKenna PHILLIPS, Jaiden RODRIGUES, Olivia CLARK, Charlotte WILLIAMS	#3	Westmont (Calif	49.64	3/25
3	60	Erica WASEQ, Alexis JONES, Julissa CASILLAS, Eleanor KANIA	#4	William Jessup (	50.06	3/30
4	80	Emilia PANOVA, Oliva PRETTYMAN, Ashlee MILTON, Micaiah SCOTT	#2	The Master's (Ca	51.61	4/8
5	91	Kayedence BRUNER, Kourtney BRUNER, Graciela ROYBAL, Sophia MARTINEZ	#5	Arizona Christia	52.60	3/23

Women's 4x400 Relay

1	8	Elizabeth BETTEN, Jordyn BURKE, Penelopi LEACH, Eryn BURKE	#1	Vanguard (Calif.A:B	3:53.81	3/11
2	45	Julissa CASILLAS, Alexis JONES, Jennifer PEDRETTI, Jayden JACKSON	#4	William Jessup (	4:10.87	4/14
3	76	Madden HUNDLEY, Abigail HUNDLEY, Landon TORRES, Kari ANEMA	#3	Westmont (Calif	4:23.14	3/25

Women's 4x800 Relay

1	1	Hannah FREDERICKS, Suzie JOHNSON, Rebekah NIEDNAGEL, Ellen PALMGREN	#2	The Master's (CaA:B	9:12.55	3/25
2	7	Kate BARANSKI, Jessina MORALES, Karla SANCHEZ-RUIZ, Olivia FINCH	#1	Vanguard (Calif.	9:35.25	3/25
3	9	Siena KECK, Landon TORRES, Kari ANEMA, Abigail HUNDLEY	#3	Westmont (Calif	9:40.86	3/25

Women's High Jump

1	48	Lily SWEEN	#3	Westmont (Calif	1.55m	5-1	3/23
2	76	Jayden JACKSON	#4	William Jessup (	1.52m	4-11¾	4/6
3	82	Julianna HOLM	#1	Vanguard (Calif.	1.50m	4-11	4/8
3	82	Keyedence BRUNER	#5	Arizona Christia	1.50m	4-11	3/23
3	82	Oliva PRETTYMAN	#2	The Master's (Ca	1.50m	4-11	4/8
6		Ronieka ROBINSON	#6	Ottawa (Ariz.)	1.47m	4-9¾	3/17
7		Ellen PALMGREN	#2	The Master's (Ca	1.45m	4-9	3/25
7		Katrina GORAUSKAS	#2	The Master's (Ca	1.45m	4-9	3/25
7		Britain POLK	#3	Westmont (Calif	1.45m	4-9	3/25
10		Penelopi LEACH	#1	Vanguard (Calif.	1.43m	4-8¾	3/23

Women's Pole Vault

1	14	Abby RUMOHR	#3	Westmont (Calif B	3.63m	11-10¾	4/8
2	19	Moriah CHIANG	#3	Westmont (Calif	3.48m	11-5	4/8
2	19	Britain POLK	#3	Westmont (Calif	3.48m	11-5	4/8
4	47	Jayden JACKSON	#4	William Jessup (	3.18m	10-5¼	3/30
5	79	Micaiah SCOTT	#2	The Master's (Ca	2.84m	9-3¾	3/18



Conference TFRI Event Summary

as of 4/17/2023 6:59:35 AM

GSAC

Women's Long Jump

1	39	Lily SWEEN	#3	Westmont (Calif	5.45m	17-10¾ (1.0)	3/23
2		Alexis JONES	#4	William Jessup (	5.15m	16-10¾ (0.0)	3/30
3		Madalyn HOFMAN	#3	Westmont (Calif	5.04m	16-6½ (-0.0)	4/8
3		Faith HUNT	#1	Vanguard (Calif.	5.04m	16-6½ (0.0)	4/14
5		Jayden JACKSON	#4	William Jessup (	4.89m	16-½ (1.8)	4/6
6		Ronieka ROBINSON	#6	Ottawa (Ariz.)	4.81m	15-9½ (-1.0)	3/17
7		Ellen PALMGREN	#2	The Master's (Ca	4.73m	15-6½ (-1.0)	3/18
8		Isabella ALVAREZ	#1	Vanguard (Calif.	4.67m	15-4 (0.0)	4/14
9		Penelopi LEACH	#1	Vanguard (Calif.	4.64m	15-2¾ (0.4)	3/23
10		Talana MITCHELL	#6	Ottawa (Ariz.)	4.54m	14-10¾ (-2.0)	3/17

Women's Triple Jump

1	31	Alexis JONES	#4	William Jessup (	11.18m	36-8¼ (0.0)	3/30
2	86	Faith HUNT	#1	Vanguard (Calif.	10.47m	34-4¼ (2.5)	3/25
3		Talana MITCHELL	#6	Ottawa (Ariz.)	10.26m	33-8 (1.1)	3/25
4		Kourtney BRUNER	#5	Arizona Christian	10.00m	32-9¾ (0.0)	3/23
5		Olivia FINCH	#1	Vanguard (Calif.	9.86m	32-4¼ (0.0)	4/14
6		Ashlee MILTON	#2	The Master's (Ca	9.36m	30-8½ (1.9)	3/25
7		Eleanor KANIA	#4	William Jessup (	9.30m	30-6¼ (1.5)	3/10
8		Abby RUMOHR	#3	Westmont (Calif	8.51m	27-11 (-1.4)	4/8

Women's Shot Put

1	38	Jessica PEDRETTI	#4	William Jessup (	12.51m	41-½	4/7
2	61	Jaelah BUTLER	#1	Vanguard (Calif.	12.05m	39-6½	4/8
3		Kaylee JONES	#1	Vanguard (Calif.	10.56m	34-7¾	3/18
4		Lily SWEEN	#3	Westmont (Calif	10.42m	34-2¼	3/23
5		Aaliyah ESPINOZA	#1	Vanguard (Calif.	10.27m	33-8½	3/18
6		Jayden JACKSON	#4	William Jessup (	9.88m	32-5	4/6
7		Kayla HOURIGAN	#5	Arizona Christian	9.83m	32-3	3/23
8		Penelopi LEACH	#1	Vanguard (Calif.	9.33m	30-7½	3/23
9		Jacey DANKS	#6	Ottawa (Ariz.)	9.12m	29-11¼	3/17
10		Sadie WARD	#6	Ottawa (Ariz.)	8.98m	29-5½	3/25

Women's Discus

1	31	Jessica PEDRETTI	#4	William Jessup (	41.31m	135-7	3/30
2	44	Jaelah BUTLER	#1	Vanguard (Calif.	39.65m	130-1	3/18
3	87	Aaliyah ESPINOZA	#1	Vanguard (Calif.	37.07m	121-8	3/25
4		Sadie WARD	#6	Ottawa (Ariz.)	34.45m	113-0	3/25
5		Kaylee JONES	#1	Vanguard (Calif.	30.78m	101-0	4/8
6		Alexandra BANDUCCI	#4	William Jessup (	30.50m	100-1	4/14
7		Jacey DANKS	#6	Ottawa (Ariz.)	25.95m	85-1¾	3/25
8		Brianna IRONSIDE	#2	The Master's (Ca	24.42m	80-1½	3/25
9		Katie BOGGESE	#2	The Master's (Ca	24.29m	79-8¼	3/25
10		Grace CORNELLUS	#3	Westmont (Calif	23.23m	76-2¾	3/10

Women's Hammer

1	48	Jaelah BUTLER	#1	Vanguard (Calif.	44.89m	147-4	3/11
2	51	Jessica PEDRETTI	#4	William Jessup (	44.81m	147-0	3/10
3		Alexandra BANDUCCI	#4	William Jessup (	40.79m	133-10	4/14
4		Kaylee JONES	#1	Vanguard (Calif.	36.92m	121-2	4/14
5		Brianna IRONSIDE	#2	The Master's (Ca	33.93m	111-4	4/8
6		Brenna SANCHEZ	#3	Westmont (Calif	29.55m	96-11½	4/8
7		Sadie WARD	#6	Ottawa (Ariz.)	29.28m	96-¾	3/17
8		Aaliyah ESPINOZA	#1	Vanguard (Calif.	29.16m	95-8	3/18
9		Gina COMPTON	#2	The Master's (Ca	27.97m	91-9¼	4/8
10		Katie BOGGESE	#2	The Master's (Ca	27.83m	91-3¾	4/8

Women's Javelin

1	3	Micaiah SCOTT	#2	The Master's (Ca	45.66m	149-10	3/18
2	88	Emily LINDBLAD	#3	Westmont (Calif	31.82m	104-5	3/10
3	90	Jessica PEDRETTI	#4	William Jessup (	31.68m	103-11	3/10
4		Lily SWEEN	#3	Westmont (Calif	29.58m	97-¾	3/23
5		Elsa RIDDLE	#1	Vanguard (Calif.	29.16m	95-8	4/14
6		Anastazia UWINGENEYE	#6	Ottawa (Ariz.)	29.07m	95-4½	3/25
7		Jaelah BUTLER	#1	Vanguard (Calif.	27.87m	91-5¼	4/8
8		Julia NELSEN	#1	Vanguard (Calif.	26.51m	86-11¾	3/11
9		Ellen PALMGREN	#2	The Master's (Ca	25.60m	84-0	3/18
10		Ariana RODRIGUEZ	#1	Vanguard (Calif.	25.54m	83-9½	4/14

Women's Heptathlon

1	7	Lily SWEEN	#3	Westmont (Calif B	4,433		3/23
2	8	Jayden JACKSON	#4	William Jessup (B	4,203		4/6
3	11	Penelopi LEACH	#1	Vanguard (Calif. B	4,101		3/23
4	36	Madalyn HOFMAN	#3	Westmont (Calif	3,058		3/23
5	45	Jaylee HAMEISTER	#4	William Jessup (	2,660		4/6
6	48	Grace ROBERTS	#1	Vanguard (Calif.	2,133		3/23



Conference TFRI Event Summary

as of 4/17/2023 6:59:36 AM

Gulf Coast

Women's 100 Meters

1	8	Kevell BYRD	#1	Dillard (La.)	A:B 11.83w	(2.8)	3/31
2	17	Brandy MACKEY	#4	Voorhees (S.C.)	B 11.95	(1.9)	4/14
3	36	Meghan JOSHUA	#1	Dillard (La.)	12.15	(0.3)	4/14
4	40	Tori BURTON	#1	Dillard (La.)	12.17	(0.3)	4/14
4	40	Ta'nyia FLOWERS	#1	Dillard (La.)	12.17w	(2.2)	3/31
6	62	Ta'nijal MATTHEWS	#1	Dillard (La.)	12.33w	(2.8)	3/31
7	98	Mallory PENDLETON	#2	Philander Smith	12.55	(0.3)	4/14
8		Ajai SAMPLE	#1	Dillard (La.)	12.98	(1.8)	3/25
9		Mya PALMER	#2	Philander Smith	13.04	(0.6)	4/14
10		Jazmine RILEY	#3	Rust (Miss.)	13.42	(0.6)	4/14

Women's 100 Meter Hurdles

1	3	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	A:B 13.83	(1.2)	4/14
2	15	Daila YOUNG	#1	Dillard (La.)	B 14.50w	(3.6)	3/11
3	86	Trinity MARSHALL	#1	Dillard (La.)	15.80	(1.2)	4/14
4		Kaylyn TURNER	#1	Dillard (La.)	16.53	(0.8)	4/8
5		Rachel JACKSON	#1	Dillard (La.)	17.39w	(2.9)	3/17
6		Romona FOULKS	#4	Voorhees (S.C.)	18.09	(-0.8)	3/23
7		Mya POPE	#4	Voorhees (S.C.)	18.35	(-1.9)	3/23
8		Desire ROBINSON	#1	Dillard (La.)	18.69	(0.8)	4/8
9		J'Kyla MILLER	#2	Philander Smith	18.92w	(2.1)	4/6

Women's 200 Meters

1	4	Kevell BYRD	#1	Dillard (La.)	A:B 23.81w	(2.3)	4/8
2	20	Tori BURTON	#1	Dillard (La.)	B 24.80w	(3.3)	4/8
3	56	Ta'nijal MATTHEWS	#1	Dillard (La.)	25.51	(-0.1)	3/31
4	73	Brandy MACKEY	#4	Voorhees (S.C.)	25.74	(1.7)	4/14
5	93	Ta'nyia FLOWERS	#1	Dillard (La.)	25.88	(-0.1)	3/31
6		Meghan JOSHUA	#1	Dillard (La.)	26.22	(-0.2)	3/31
7		Ayanna ALLEN	#2	Philander Smith	26.54	(0.3)	4/6
8		Mallory PENDLETON	#2	Philander Smith	26.63	(-1.1)	4/14
9		Jasmin JOHNSON	#2	Philander Smith	27.33	(1.2)	4/6
10		Desire ROBINSON	#1	Dillard (La.)	27.36	(0.8)	3/31

Women's 400 Meters

1	8	Kevell BYRD	#1	Dillard (La.)	A:B 56.06		3/25
2	63	Ta'nijal MATTHEWS	#1	Dillard (La.)	59.17		4/14
3	85	Ayanna ALLEN	#2	Philander Smith	59.86		3/24
4		Jasmin JOHNSON	#2	Philander Smith	1:00.36		4/14
5		Karmyn DOTSON	#1	Dillard (La.)	1:00.85		4/14
6		Rachel JACKSON	#1	Dillard (La.)	1:02.12		3/25
7		Tori BURTON	#1	Dillard (La.)	1:03.30		3/25
8		Dajanae SHAW	#2	Philander Smith	1:03.34		3/24
9		Kaylyn TURNER	#1	Dillard (La.)	1:03.59		4/14
10		Ja'Niesha COLLINS	#2	Philander Smith	1:03.85		3/24

Women's 400 Meter Hurdles

1	19	Jasmin JOHNSON	#2	Philander Smith	1:05.34		4/14
2	27	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	1:05.73		4/14
3	35	Kaylyn TURNER	#1	Dillard (La.)	1:06.40		3/25
4	66	Daila YOUNG	#1	Dillard (La.)	1:08.65		4/14
5	80	Rachel JACKSON	#1	Dillard (La.)	1:09.71		3/17
6		Desire ROBINSON	#1	Dillard (La.)	1:11.20		4/8
7		Mya POPE	#4	Voorhees (S.C.)	1:12.24		4/14
8		Ky'Arra CRIGLER	#2	Philander Smith	1:21.53		4/14
9		J'Kyla MILLER	#2	Philander Smith	1:24.96		3/4

Women's 800 Meters

1		Rachel JACKSON	#1	Dillard (La.)	2:31.41		3/25
1		Karmyn DOTSON	#1	Dillard (La.)	2:31.41		3/17
3		Ja'Niesha COLLINS	#2	Philander Smith	2:33.96		4/14
4		Kennedy TIMMONS	#1	Dillard (La.)	2:36.79		3/25
5		Dajanae SHAW	#2	Philander Smith	2:38.29		3/17
6		Amelya HATCH	#3	Rust (Miss.)	2:47.07		3/10
7		Brooklyn ACOSTA	#1	Dillard (La.)	2:47.37		4/14
8		Anaya JOPLIN	#2	Philander Smith	3:25.44		3/17
9		Tianna SMITH	#3	Rust (Miss.)	3:27.75		4/14
10		Chrusia WILKS	#3	Rust (Miss.)	3:28.76		4/14

Women's 1500 Meters

1		Rachel JACKSON	#1	Dillard (La.)	5:30.45		4/8
2		Kennedy TIMMONS	#1	Dillard (La.)	5:45.21		3/17
3		Brooklyn ACOSTA	#1	Dillard (La.)	5:48.12		4/14
4		Amelya HATCH	#3	Rust (Miss.)	5:56.41		4/14
5		Madison WILLIAMS	#3	Rust (Miss.)	7:33.97		4/14

Women's Steeplechase

1		Rachel JACKSON	#1	Dillard (La.)	14:01.63		3/31
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Women's 5000 Meters

1		Kennedy TIMMONS	#1	Dillard (La.)	22:21.86		3/25
2		Brooklyn ACOSTA	#1	Dillard (La.)	22:23.74		3/25
3		Rachel JACKSON	#1	Dillard (La.)	26:33.26		4/14

Women's 4x100 Relay

1	4	Tori BURTON, Kevell BYRD, Ta'nijal MATTHEWS, Meghan JOSHUA	#1	Dillard (La.)	A:B 46.36		4/14
2	76	Ayanna ALLEN, Mallory PENDLETON, Mya PALMER, Jasmin JOHNSON	#2	Philander Smith	51.37		3/17
3	99	Mardisty WILLIAMS, Jazmine RILEY, Jamika COLEMAN, Madison WILLIAMS	#3	Rust (Miss.)	54.40		4/14



Conference TFRI Event Summary

as of 4/17/2023 6:59:36 AM

Gulf Coast

Women's 4x400 Relay

1	23	Ayanna ALLEN, Ja'Niesha COLLINS, Jasmin JOHNSON, Dajanae SHAW	#2 Philander Smith	4:03.84	3/24
2	27	Kevell BYRD, Tori BURTON, Karmyn DOTSON, Ta'nyia FLOWERS	#1 Dillard (La.)	4:04.70	3/25
3	97	Jasmine COLEMAN, Amelya HATCH, Jamika COLEMAN, Madison WILLIAMS	#3 Rust (Miss.)	4:36.96	4/14

Women's 4x800 Relay

1	18	Ja'Niesha COLLINS, Ayanna ALLEN, Dajanae SHAW, Jasmin JOHNSON	#2 Philander Smith	10:13.08	4/14
2	19	Kennedy TIMMONS, Rachel JACKSON, Karmyn DOTSON, Kaylyn TURNER	#1 Dillard (La.)	10:14.78	4/14
3	30	Jasmine COLEMAN, Amelya HATCH, Madison WILLIAMS, Mardisty WILLIAMS	#3 Rust (Miss.)	12:16.13	4/14

Women's High Jump

1	22	Tashina BEYIOKU- ALASE	#1 Dillard (La.)	1.62m	5-3¾	3/11
2	82	Ayanna ALLEN	#2 Philander Smith	1.50m	4-11	3/17
3		Jazmine RILEY	#3 Rust (Miss.)	1.45m	4-9	4/14
3		Rachel ROWE	#1 Dillard (La.)	1.45m	4-9	4/14
5		Ta'nijal MATTHEWS	#1 Dillard (La.)	1.37m	4-6	4/14

Women's Long Jump

1	33	Brandy MACKEY	#4 Voorhees (S.C.)	5.50m	18-½ (0.0)	3/23
2	53	Rachel ROWE	#1 Dillard (La.)	5.35m	17-6¾ (1.1)	4/8
3		Trinity MARSHALL	#1 Dillard (La.)	4.72m	15-6 (1.6)	3/25
4		Zarea WINN	#2 Philander Smith	4.53mw	14-10½ (3)	3/24
5		Jazmine RILEY	#3 Rust (Miss.)	4.52m	14-10 (-1.6)	4/8
6		J'Kyla MILLER	#2 Philander Smith	4.13mw	13-6¾ (2.8)	4/6
7		Desire ROBINSON	#1 Dillard (La.)	4.06mw	13-4 (2.7)	3/17
8		Ky'Arra CRIGLER	#2 Philander Smith	4.05m	13-3½ (1.1)	3/17
9		Chrusia WILKS	#3 Rust (Miss.)	4.00m	13-1½ (0.1)	3/10
10		Makyah CRAWFORD	#3 Rust (Miss.)	3.27m	10-8¾ (0.3)	3/10

Women's Triple Jump

1	20	Rachel ROWE	#1 Dillard (La.)	11.45mw	37-6¾ (2.4)	3/31
2	30	Tashina BEYIOKU- ALASE	#1 Dillard (La.)	11.23m	36-10¼ (0)	4/8
3	76	Trinity MARSHALL	#1 Dillard (La.)	10.59m	34-9 (1.8)	3/25

Women's Shot Put

1	Jacquelyn BOWNES	#5 Fisk (Tenn.)	11.25m	36-11	4/14
2	Stephonie WHITE	#1 Dillard (La.)	10.80m	35-5¼	4/14
3	Zanayah MYERS	#3 Rust (Miss.)	9.99m	32-9½	4/14
4	Charra BRIDGES	#1 Dillard (La.)	9.87m	32-4¾	4/14
5	Kaylyn TURNER	#1 Dillard (La.)	9.65m	31-8	4/14
6	Andre'a KING	#2 Philander Smith	9.41m	30-10½	4/14
7	Antanisha WADE	#2 Philander Smith	9.35m	30-8¼	3/24
8	Alanni MARTIN	#1 Dillard (La.)	9.11m	29-10¾	3/25
9	Karyn FORD	#3 Rust (Miss.)	9.00m	29-6½	4/14
10	Adjaratou MBAYE	#3 Rust (Miss.)	8.64m	28-4¼	3/10

Women's Discus

1	Jacquelyn BOWNES	#5 Fisk (Tenn.)	33.34m	109-5	4/14
2	Antanisha WADE	#2 Philander Smith	30.98m	101-8	3/17
3	Charra BRIDGES	#1 Dillard (La.)	29.20m	95-9¾	3/11
4	Stephonie WHITE	#1 Dillard (La.)	28.15m	92-4¼	4/14
5	Zanayah MYERS	#3 Rust (Miss.)	25.57m	83-10¾	4/14
6	Adjaratou MBAYE	#3 Rust (Miss.)	23.77m	78-0	3/10
7	Alanni MARTIN	#1 Dillard (La.)	23.41m	76-9¾	3/11
8	Kaylyn TURNER	#1 Dillard (La.)	21.90m	71-10¼	4/8
9	Andre'a KING	#2 Philander Smith	19.75m	64-9¾	4/14
10	Karyn FORD	#3 Rust (Miss.)	19.37m	63-6¾	4/14

Women's Hammer

1	Charra BRIDGES	#1 Dillard (La.)	30.77m	101-0	3/25
2	Kaylyn TURNER	#1 Dillard (La.)	28.47m	93-5	4/14
3	Alanni MARTIN	#1 Dillard (La.)	28.29m	92-9¾	4/14
4	Stephonie WHITE	#1 Dillard (La.)	28.09m	92-2	4/14
5	Andre'a KING	#2 Philander Smith	22.59m	74-1½	4/6
6	Antanisha WADE	#2 Philander Smith	21.56m	70-9	4/14
7	Mya PALMER	#2 Philander Smith	18.05m	59-2¾	4/14
8	Ja'Niesha COLLINS	#2 Philander Smith	11.62m	38-1½	4/14
9	Zanayah MYERS	#3 Rust (Miss.)	11.17m	36-7¾	4/14

Women's Javelin

1	Zarea WINN	#2 Philander Smith	28.08m	92-1½	4/14
2	Kaylyn TURNER	#1 Dillard (La.)	25.40m	83-4	4/14
3	Charra BRIDGES	#1 Dillard (La.)	24.80m	81-4½	3/11
4	Alanni MARTIN	#1 Dillard (La.)	19.96m	65-6	4/14
5	Stephonie WHITE	#1 Dillard (La.)	18.46m	60-6¾	4/14
6	Tianna SMITH	#3 Rust (Miss.)	17.42m	57-2	4/14
7	Trinity MARSHALL	#1 Dillard (La.)	16.26m	53-4¼	3/25
8	Ayanna ALLEN	#2 Philander Smith	16.00m	52-6	4/14
9	Karyn FORD	#3 Rust (Miss.)	15.72m	51-7	4/14
10	Ky'Arra CRIGLER	#2 Philander Smith	11.82m	38-9½	4/14



Conference TFRI Event Summary

as of 4/17/2023 6:59:36 AM

Indep.

Women's 100 Meter Hurdles

1	Zoe SALAZAR	#1	Oklahoma Panh.	17.32w	(2.8)	3/24
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Women's 200 Meters

1	Jamiah CLAY	#1	Oklahoma Panh.	26.34cw	(26.27A) (2)	4/6
2	Kaylee LUJAN	#1	Oklahoma Panh.	26.95	(1.5)	3/30
3	Amanda SIMPSON	#2	Simpson (Calif.)	28.19	(0.6)	4/8

Women's 400 Meters

1	80 Jamiah CLAY	#1	Oklahoma Panh.	59.69c	(59.58A)	4/6
2	Azucena CARRILLO	#1	Oklahoma Panh.	1:00.45		3/30
3	Amanda SIMPSON	#2	Simpson (Calif.)	1:03.03		4/14
4	Kaylee LUJAN	#1	Oklahoma Panh.	1:04.40		3/24
5	Aubree MORA	#1	Oklahoma Panh.	1:05.23c	(1:05.12A)	4/6
6	Caroline FORSETH	#2	Simpson (Calif.)	1:10.27		3/3
7	Joy TAYLOR	#2	Simpson (Calif.)	1:12.06		3/3
8	Wendy MACIAS	#2	Simpson (Calif.)	1:17.87		4/8

Women's 800 Meters

1	Bonita GRAY	#1	Oklahoma Panh.	2:24.79c	(2:25.25A)	4/6
2	Azucena CARRILLO	#1	Oklahoma Panh.	2:28.72		3/30
3	Aubree MORA	#1	Oklahoma Panh.	2:32.46		3/24
4	Amanda SIMPSON	#2	Simpson (Calif.)	2:37.71		4/14
5	Caroline FORSETH	#2	Simpson (Calif.)	2:40.67		4/8
6	Joy TAYLOR	#2	Simpson (Calif.)	2:42.04		4/8

Women's 1500 Meters

1	Bonita GRAY	#1	Oklahoma Panh.	5:02.07		3/24
2	Caroline FORSETH	#2	Simpson (Calif.)	5:30.31		4/8
3	Amanda SIMPSON	#2	Simpson (Calif.)	5:32.30		4/8
4	Joy TAYLOR	#2	Simpson (Calif.)	5:33.02		4/8

Women's 4x400 Relay

1	67 Kaylee LUJAN, Azucena CARRILLO, Bonita GRAY, Jamiah CLAY	#1	Oklahoma Panh.	4:19.35c	(4:18.91A)	4/6
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Women's Shot Put

1	Elizabeth ALEO	#2	Simpson (Calif.)	8.52m	27-11½	4/8
2	Vivianna GARCIA- REVELES	#2	Simpson (Calif.)	8.02m	26-3¾	3/3

Women's Discus

1	Elizabeth ALEO	#2	Simpson (Calif.)	27.78m	91-1¾	3/10
2	Vivianna GARCIA- REVELES	#2	Simpson (Calif.)	21.13m	69-4	3/3

Women's Javelin

1	30 Zoe SALAZAR	#1	Oklahoma Panh.	37.74mA	123-10	4/6
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Conference TFRI Event Summary

as of 4/17/2023 6:59:36 AM

KCAC

Women's 100 Meters

1	36	Jaylen KNIGHT	#2	Friends (Kan.)	12.15	(1.4)	3/30
2	52	Gretchen RANEY	#1	Saint Mary (Kan.)	12.26	(0.0)	4/8
3	56	Rachel BOOKER	#5	Southwestern (I)	12.28w	(2.8)	4/15
4	83	Halle NAGEL	#2	Friends (Kan.)	12.48w	(4.0)	3/24
5	94	Mumina MILLINGTON	#3	Ottawa (Kan.)	12.54	(1.5)	3/23
6	98	Jordyn WEEMS	#3	Ottawa (Kan.)	12.55	(0.8)	4/7
7		Samantha COLSON	#1	Saint Mary (Kan.)	12.66w	(2.2)	4/14
8		Lexi WARDLOW	#1	Saint Mary (Kan.)	12.87	(0.3)	3/23
9		Ty IRVIN	#4	York (Neb.)	12.91	(0.5)	3/25
9		Zaira SPENCER	#1	Saint Mary (Kan.)	12.91	(1.7)	3/23

Women's 100 Meter Hurdles

1	18	Keiana NEWMAN	#2	Friends (Kan.)	14.56	(-0.1)	3/30
2	40	JayOnna PERRY	#3	Ottawa (Kan.)	15.13	(0.6)	3/23
3	56	Irian PADULLES	#2	Friends (Kan.)	15.38c	(15.34A) (1)	3/18
4	60	Shavonte HARRIS	#2	Friends (Kan.)	15.42c	(15.38A) (1)	3/18
5	76	Moriah SHAW	#2	Friends (Kan.)	15.67	(1.9)	3/30
6		Kentayshija PRUITT	#5	Southwestern (I)	16.25	(0.2)	3/25
7		Aubry GRAME	#8	Bethel (Kan.)	16.39w	(2.3)	4/15
8		Gema DEL VALLE	#2	Friends (Kan.)	17.25	(0.7)	4/7
9		Jessenia VELEZ	#3	Ottawa (Kan.)	17.72	(1.1)	4/7
10		Allana ENG	#9	Bethany (Kan.)	17.86w	(2.3)	4/15

Women's 200 Meters

1	23	Jaylen KNIGHT	#2	Friends (Kan.)	24.86	(-0.8)	4/7
2	64	Kamrie DILLAN	#4	York (Neb.)	25.67w	(2.2)	4/1
3	74	Kendra BLAYLOCK	#2	Friends (Kan.)	25.76	(0.6)	4/7
4	77	Rachel BOOKER	#5	Southwestern (I)	25.78	(2.0)	4/15
5	79	Halle NAGEL	#2	Friends (Kan.)	25.79w	(2.1)	3/30
6	85	Vanessa PEREZ	#11	Oklahoma Wesleyan	25.83w	(2.1)	3/30
7	97	Laurny TERRY	#5	Southwestern (I)	25.91	(1.0)	3/30
8		Gretchen RANEY	#1	Saint Mary (Kan.)	25.95	(-0.3)	4/8
9		Mumina MILLINGTON	#3	Ottawa (Kan.)	26.14w	(2.5)	3/23
10		Meliah HANNA	#5	Southwestern (I)	26.18	(0.9)	3/30

Women's 400 Meters

1	20	Jaylen KNIGHT	#2	Friends (Kan.)	57.20		3/24
2	32	JayOnna PERRY	#3	Ottawa (Kan.)	57.71		4/7
3	46	Kendra BLAYLOCK	#2	Friends (Kan.)	58.43		4/7
4	50	Vanessa PEREZ	#11	Oklahoma Wesleyan	58.66		3/30
5	75	Lexi WARDLOW	#1	Saint Mary (Kan.)	59.56		3/30
6	92	Mumina MILLINGTON	#3	Ottawa (Kan.)	1:00.03		4/13
7		Meliah HANNA	#5	Southwestern (I)	1:00.36		4/7
8		Danielle MCSEVENEY	#9	Bethany (Kan.)	1:00.64		3/30
9		Ty IRVIN	#4	York (Neb.)	1:01.04		4/1
10		Kaylah PETTY	#2	Friends (Kan.)	1:01.47		3/24

Women's 400 Meter Hurdles

1	7	JayOnna PERRY	#3	Ottawa (Kan.)	1:02.66	A:B	3/23
2	24	Kourtney WARREN	#2	Friends (Kan.)	1:05.50		4/7
3	34	Moriah SHAW	#2	Friends (Kan.)	1:06.34		3/30
4	57	Destiny ESCOBAR	#3	Ottawa (Kan.)	1:08.23		3/23
5	58	Aubry GRAME	#8	Bethel (Kan.)	1:08.32		3/30
6	61	Kentayshija PRUITT	#5	Southwestern (I)	1:08.40		4/7
7	63	Sara WINN	#11	Oklahoma Wesleyan	1:08.45		3/30
8		Gema DEL VALLE	#2	Friends (Kan.)	1:10.57		3/30
9		Abigail WHITE	#1	Saint Mary (Kan.)	1:14.47		3/23
10		Shavonte HARRIS	#2	Friends (Kan.)	1:14.62c	(1:14.51A)	3/18

Women's 800 Meters

1	38	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	2:19.00		3/25
2	46	Danielle ALLISON	#6	Tabor (Kan.)	2:19.89		4/7
3	90	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	2:22.73		3/23
4		Riley HIEBERT	#1	Saint Mary (Kan.)	2:24.15		3/23
5		Sonya ZIMMERMAN	#6	Tabor (Kan.)	2:24.68		4/13
6		Kate MADSEN	#1	Saint Mary (Kan.)	2:24.81		3/23
7		Kirstin HACKNEY	#5	Southwestern (I)	2:25.40		4/7
8		Kayli GONZALES	#2	Friends (Kan.)	2:25.71		4/7
9		Brooke WIEBE	#6	Tabor (Kan.)	2:25.95		3/23
10		Josie KOPPES	#7	Kansas Wesleyan	2:27.38		3/30

Women's 1500 Meters

1	29	Danielle ALLISON	#6	Tabor (Kan.)	4:45.24		3/23
2	33	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	4:45.76		3/23
3	45	Caroline GILES	#2	Friends (Kan.)	4:48.29		3/30
4	49	Riley HIEBERT	#1	Saint Mary (Kan.)	4:49.01		3/23
5	52	Kate MADSEN	#1	Saint Mary (Kan.)	4:49.33		3/23
6	64	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	4:50.64		3/25
7		Madisyn EHRlich	#7	Kansas Wesleyan	5:00.71		4/7
8		Maria GEESAMAN	#4	York (Neb.)	5:02.24		3/25
9		Sonya ZIMMERMAN	#6	Tabor (Kan.)	5:02.49		3/23
10		Josie KOPPES	#7	Kansas Wesleyan	5:02.82		3/30

Women's Steeplechase

1	3	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	10:58.79	A:B	4/13
2	9	Caroline GILES	#2	Friends (Kan.)	11:16.99	A:B	4/13
3	13	Reagan HIEBERT	#1	Saint Mary (Kan.)	11:20.27	B	4/13
4	21	Brooke WIEBE	#6	Tabor (Kan.)	11:34.09		4/7
5	44	Maria GEESAMAN	#4	York (Neb.)	12:21.54		4/1
6	70	Samantha THOMPSON	#10	McPherson (Kan.)	12:49.79		4/7
7	77	Claire DINGLER	#2	Friends (Kan.)	12:53.05		3/24
8		Brooke KRAPES	#10	McPherson (Kan.)	14:04.07		4/7



Conference TFRI Event Summary

as of 4/17/2023 6:59:36 AM

KCAC

Women's 5000 Meters

1	7	Alyssa ARMENDARIZ	#1 Saint Mary (Kan.)	A:16:54.15	4/1
2	11	Reagan HIEBERT	#1 Saint Mary (Kan.)	B:17:18.32	4/1
3	22	Danielle ALLISON	#6 Tabor (Kan.)	B:17:35.44	4/1
4	23	Caroline GILES	#2 Friends (Kan.)	B:17:39.63	4/7
5	31	Kate MADSEN	#1 Saint Mary (Kan.)	17:52.02	3/31
6	36	Maddy WALTER-SHERRETTS	#1 Saint Mary (Kan.)	18:03.99	3/31
7	44	Riley HIEBERT	#1 Saint Mary (Kan.)	18:13.06	3/31
8	96	Brooke WIEBE	#6 Tabor (Kan.)	18:54.76	3/31
9		Josie KOPPES	#7 Kansas Wesleyan	19:01.56	4/7
10		Madisyn EHRlich	#7 Kansas Wesleyan	19:06.99	3/30

Women's 10,000 Meters

1	15	Kate MADSEN	#1 Saint Mary (Kan.)	A:37:19.68	4/13
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Women's 4x100 Relay

1	26	Jasmine HENDERSON, Zaira SPENCER, Lexi WARDLOW, Gretchen RANEY	#1 Saint Mary (Kan.)	48.53	3/30
2	30	Lily BLANKENSHIP, Rachel BOOKER, Kyah HILL, Lauryn TERRY	#5 Southwestern (T)	48.64	3/30
3	43	https://www.tfrrs.org/teams/1881	#3 Ottawa (Kan.)	49.21	4/13
4	89	Aubry GRAME, Parker SCHROEDER, Mia ROMAN, Myiah LOGUE	#8 Bethel (Kan.)	52.30	4/15
5	95	Mary PARKS, Ariana HURLEY, Allana ENG, Danielle MCSEVENEY	#9 Bethany (Kan.)	53.11	3/30

Women's 4x400 Relay

1	12	Destiny ESCOBAR, Jordyn WEEMS, JayOnna PERRY, Mumina MILLINGTON	#3 Ottawa (Kan.)	3:58.07	3/23
2	29	Kentayshija PRUITT, Rachel BOOKER, Lauryn TERRY, Meliah HANNA	#5 Southwestern (T)	4:05.15	4/7
3	44	Carissa MARTIN, Zaira SPENCER, Gretchen RANEY, Lexi WARDLOW	#1 Saint Mary (Kan.)	4:10.67	3/30
4	60	Kamrie DILLAN, Maria GEESAMAN, Abigail ZAIGER, Ty IRVIN	#4 York (Neb.)	4:15.68	3/25
5	72	Aubry GRAME, Myiah LOGUE, Mia ROMAN, Parker SCHROEDER	#8 Bethel (Kan.)	4:20.39	3/25
6	78	Grace PEARSON, Grayce TANKERSLEY, Tamayia WASHINGTON, Josie KOPPES	#7 Kansas Wesleyan	4:23.40	3/30
7	92	Kayli GONZALES, Rebekah CHORIEGO, Madison MOSES, Caroline GILES	#2 Friends (Kan.)	4:31.20	3/30
8	100	Danielle MCSEVENEY, Mary PARKS, Allana ENG, Rylee PARAMORE	#9 Bethany (Kan.)	4:38.66	4/15

Women's 4x800 Relay

1	5	Alyssa ARMENDARIZ, Riley HIEBERT, Reagan HIEBERT, Maddy WALTER-SHERRETTS	#1 Saint Mary (Kan.)	9:29.54	4/13
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Women's High Jump

1	32	Jordyn LOWRIE	#6 Tabor (Kan.)	1.59m	5-2½	4/7
2		JayOnna PERRY	#3 Ottawa (Kan.)	1.49m	4-10½	4/7
2		Jessenia VELEZ	#3 Ottawa (Kan.)	1.49m	4-10½	4/7
2		Hannah SLATE	#12 Sterling (Kan.)	1.49m	4-10½	4/7
5		Meliah HANNA	#5 Southwestern (T)	1.47m	4-9¾	3/30
5		Mia ROMAN	#8 Bethel (Kan.)	1.47m	4-9¾	3/30
7		Makayla DINKLER	#4 York (Neb.)	1.45m	4-9	4/14
8		Nevaeh KRULL	#1 Saint Mary (Kan.)	1.41m	4-7½	3/23
9		Saraiah ERVIN	#3 Ottawa (Kan.)	1.40m	4-7	4/15
10		Juliet LANE	#3 Ottawa (Kan.)	1.36m	4-5½	3/23

Women's Pole Vault

1	52	Aaliyah RAMIREZ	#2 Friends (Kan.)	3.13m	10-3¼	3/30
2	55	Gwen SHUGART	#1 Saint Mary (Kan.)	3.07m	10-¾	4/14
3	56	Brynna HALATA	#2 Friends (Kan.)	3.05m	10-0	4/7
4	78	Kloe SIMONS	#5 Southwestern (T)	2.89m	9-5¾	3/25
5		Cierra DRINGMAN	#4 York (Neb.)	2.43m	7-11½	3/25



Conference TFRI Event Summary

as of 4/17/2023 6:59:36 AM

KCAC

Women's Long Jump

1	36	Myiah LOGUE	#8	Bethel (Kan.)	5.47mw	17-11½ (2)	4/15
2	94	Makayla DINKLER	#4	York (Neb.)	5.18m	17-0 (0.0)	4/14
2	94	Jordyn WEEMS	#3	Ottawa (Kan.)	5.18mw	17-0 (2.6)	3/23
2	94	Carlee GASSMAN	#3	Ottawa (Kan.)	5.18m	17-0 (1.4)	4/15
5		Karsen DUNHAM	#8	Bethel (Kan.)	5.16mw	16-11¼ (2)	4/15
6		Amani BRADSHER	#2	Friends (Kan.)	5.04mw	16-6½ (3.0)	3/30
7		Aaliyah TARVER	#2	Friends (Kan.)	5.02m	16-5¾ (-0)	3/30
8		Mary PARKS	#9	Bethany (Kan.)	4.87m	15-11¾ (0)	3/25
9		Kamrie DILLAN	#4	York (Neb.)	4.85m	15-11 (0.0)	4/14
9		Rachel BOOKER	#5	Southwestern (†)	4.85m	15-11 (0.5)	3/25

Women's Triple Jump

1	48	Carissa MARTIN	#1	Saint Mary (Kan.)	10.94m	35-10¾ (0)	3/23
1	48	Myiah LOGUE	#8	Bethel (Kan.)	10.94mw	35-10¾ (2)	4/15
3	54	Karsen DUNHAM	#8	Bethel (Kan.)	10.89m	35-8¾ (0.0)	3/30
4	56	Aaliyah TARVER	#2	Friends (Kan.)	10.85m	35-7¼ (1.3)	3/30
5		Amani BRADSHER	#2	Friends (Kan.)	10.30m	33-9½ (0.0)	3/30
6		Juliet LANE	#3	Ottawa (Kan.)	10.03mw	32-11 (2.7)	4/15
7		Mary PARKS	#9	Bethany (Kan.)	9.89m	32-5½ (0.1)	3/30
8		Laura FREEMAN	#3	Ottawa (Kan.)	9.23m	30-3½ (1.4)	4/15
9		Alexis WOLFE	#10	McPherson (Kan.)	8.74m	28-8¼ (1.6)	3/30

Women's Shot Put

1	18	Laurel BARBER	#3	Ottawa (Kan.)	B 13.20m	43-3¾	4/13
2	43	Elizabeth STOUT	#7	Kansas Wesleyan	12.45m	40-10¼	4/7
3	56	Candice JONES	#4	York (Neb.)	12.13m	39-9¾	4/14
4	67	Nicole HOLADAY	#7	Kansas Wesleyan	12.00m	39-4½	3/30
5	82	Amber DOMINGUEZ	#4	York (Neb.)	11.80m	38-8¾	4/1
6	85	Madison GOOKIN	#4	York (Neb.)	11.77m	38-7½	4/1
7		Sasha WASINGER	#6	Tabor (Kan.)	11.42m	37-5¾	3/30
8		Deja DELAINE	#3	Ottawa (Kan.)	11.33m	37-2¼	4/15
9		Elizabeth ZAIGER	#4	York (Neb.)	11.10m	36-5	4/14
10		Madison KELLEY	#9	Bethany (Kan.)	10.70m	35-1¼	3/25

Women's Discus

1	38	Deja DELAINE	#3	Ottawa (Kan.)	40.95m	134-4	4/7
2	57	Amber DOMINGUEZ	#4	York (Neb.)	38.57m	126-7	3/25
3	83	Jaine JOHNSON	#3	Ottawa (Kan.)	37.17m	122-0	3/23
4	85	Madison GOOKIN	#4	York (Neb.)	37.10m	121-9	4/1
5	93	Saffron JACOBS	#7	Kansas Wesleyan	36.71m	120-5	3/23
6		Hannah SLATE	#12	Sterling (Kan.)	35.57m	116-9	3/25
7		Candice JONES	#4	York (Neb.)	35.48m	116-5	4/1
8		Andelyn JOHNSON	#6	Tabor (Kan.)	33.74m	110-9	3/30
9		Abby GREEN	#2	Friends (Kan.)	32.81m	107-8	3/24
10		Ascha UTTER	#4	York (Neb.)	31.42m	103-1	4/14

Women's Hammer

1	22	Candice JONES	#4	York (Neb.)	B 48.66m	159-8	4/14
2	38	Madison GOOKIN	#4	York (Neb.)	46.13m	151-4	4/1
3	40	Deja DELAINE	#3	Ottawa (Kan.)	45.95m	150-9	4/15
4	43	Abby GREEN	#2	Friends (Kan.)	45.42m	149-0	3/30
5	60	Amber DOMINGUEZ	#4	York (Neb.)	44.34m	145-6	4/14
6	74	Nicole HOLADAY	#7	Kansas Wesleyan	43.10m	141-5	4/15
7		Sydney RABORN	#3	Ottawa (Kan.)	40.13m	131-8	4/7
8		Ketura EARL	#5	Southwestern (†)	39.20m	128-8	3/25
9		Jaine JOHNSON	#3	Ottawa (Kan.)	38.87m	127-7	4/15
10		Ascha UTTER	#4	York (Neb.)	37.93m	124-6	4/14

Women's Javelin

1	4	Laurel BARBER	#3	Ottawa (Kan.)	A:B 44.08m	144-8	3/23
2	11	Taylor CLAUSSEN	#9	Bethany (Kan.)	A:B 42.11m	138-2	3/25
3	49	Makayla DINKLER	#4	York (Neb.)	35.49m	116-5	4/14
4	62	Konlynn DRUSE	#1	Saint Mary (Kan.)	33.93m	111-4	3/23
5	83	Sydney RABORN	#3	Ottawa (Kan.)	32.33m	106-1	3/23
6	89	Gabby MURCHISON	#5	Southwestern (†)	31.69m	104-0	3/25
7	96	Brooklyn SLOANE	#7	Kansas Wesleyan	31.52m	103-5	3/23
8		Lucy DANIEL	#5	Southwestern (†)	29.21m	95-10	4/15
9		Saraiah ERVIN	#3	Ottawa (Kan.)	29.13m	95-7	4/15
10		Hannah SPLATTSTOESSER	#4	York (Neb.)	28.95m	94-11¾	3/25



Conference TFRI Event Summary

as of 4/17/2023 6:59:37 AM

Mid-South

Women's 100 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	11.54	(0.3)	3/31
2	20	Alexia BOYD	#2	Campbellsville (B	11.98w	(3.6)	3/24
3	23	Alana MACK	#3	Cumberland (Te	12.02	(0.3)	4/14
4	39	Alexia SCHOFIELD	#2	Campbellsville (	12.16w	(2.6)	3/31
5	46	Jamila GARBA	#2	Campbellsville (	12.21w	(2.8)	3/31
6	53	Doris MENSAH	#3	Cumberland (Te	12.27	(0.0)	4/14
7	88	Kourtlyn CANNON	#2	Campbellsville (	12.50	(-0.4)	4/14
8	89	Blessing SAMUEL	#3	Cumberland (Te	12.51	(0.0)	4/14
9	93	LaAuhnni LEWIS	#2	Campbellsville (	12.53	(-0.4)	4/14
10		Libby MILLER	#6	Georgetown (Ky	12.63	(1.3)	3/8

Women's 100 Meter Hurdles

1	12	Doris MENSAH	#3	Cumberland (TeA:B	14.31	(-0.4)	4/14
2	70	Sarah BOLTON	#6	Georgetown (Ky	15.59	(1.9)	3/25
3	90	Makiyah ALLEN	#2	Campbellsville (	15.89	(-0.8)	4/14
4		Jayden PROFITT	#5	Thomas More (K	16.15	(1.5)	4/1
5		Grace RIDDLE	#3	Cumberland (Te	18.86	(-0.4)	4/14
6		Heaven CARVER	#7	Pikeville (Ky.)	19.00	(0.1)	4/8
7		Makayla ABBOTT	#5	Thomas More (K	19.33	(-0.5)	4/14
8		Mine ISCEN	#4	Lindsey Wilson (	19.59	(-0.5)	4/14
9		Jenna TIPTON	#6	Georgetown (Ky	19.89	(-0.5)	4/14
10		Ariana SIMMONS	#2	Campbellsville (	20.36	(-0.7)	4/7

Women's 200 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	23.58w	(2.4)	3/31
2	9	Alexia SCHOFIELD	#2	Campbellsville (A:B	24.25w	(3.3)	3/24
3	30	Jamila GARBA	#2	Campbellsville (	25.01	(0.0)	4/7
4	35	Alana MACK	#3	Cumberland (Te	25.14	(-0.7)	4/7
5		Kourtlyn CANNON	#2	Campbellsville (	26.07	(0.0)	4/7
6		LaAuhnni LEWIS	#2	Campbellsville (	26.19	(0.0)	4/7
7		KaNiya DOUGLAS	#2	Campbellsville (	26.22	(0.0)	4/7
8		MaQuoia RAGLAN	#1	Cumberlands (K	26.24	(0.6)	3/24
9		Jaci JOHNSON	#2	Campbellsville (	26.31	(0.5)	3/31
10		Kathryn COUCH	#1	Cumberlands (K	26.49	(0.6)	3/24

Women's 400 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	53.65		4/14
2	18	Jamila GARBA	#2	Campbellsville (B	57.15		4/7
3	52	Victoria YOUNG	#2	Campbellsville (	58.81		4/14
4	72	RaMyah SHEFFIELD	#1	Cumberlands (K	59.50		4/7
5	94	Ashley TERRY	#1	Cumberlands (K	1:00.11		4/7
6		Kathryn COUCH	#1	Cumberlands (K	1:00.29		4/7
7		KaNiya DOUGLAS	#2	Campbellsville (	1:00.36		4/7
8		MaQuoia RAGLAN	#1	Cumberlands (K	1:00.48		4/7
9		Bry HENDRY	#5	Thomas More (K	1:00.89		4/14
10		Lanecia MOORE	#2	Campbellsville (	1:00.99		4/14

Women's 400 Meter Hurdles

1	13	Doris MENSAH	#3	Cumberland (Te	1:04.73		3/31
2	79	Esther BRADSHAW	#6	Georgetown (Ky	1:09.68		4/14
3		Jessica SANDERS	#5	Thomas More (K	1:11.65		4/14
4		Maddie BITTLE	#3	Cumberland (Te	1:12.02		4/14
5		Makiyah ALLEN	#2	Campbellsville (	1:13.42		4/14
6		Grace THAMANN	#5	Thomas More (K	1:14.23		4/1
7		Daniela RIVERA	#3	Cumberland (Te	1:15.82		4/14
8		Alexis HALE	#4	Lindsey Wilson (	1:15.99		4/7
9		Jenna TIPTON	#6	Georgetown (Ky	1:16.07		4/8
10		Makayla ABBOTT	#5	Thomas More (K	1:16.11		4/14

Women's 800 Meters

1	32	Jessica MUSSELMAN	#9	Freed-Hardema	2:18.42		4/14
2	62	Ashley TERRY	#1	Cumberlands (K	2:21.31		4/7
3	76	Ashlyn LIDDLE	#1	Cumberlands (K	2:21.86		4/7
4	80	Elizabeth LUCASON	#1	Cumberlands (K	2:22.03		4/7
5		Christy SHANK	#2	Campbellsville (	2:24.58		4/14
6		Ella HENAGE	#1	Cumberlands (K	2:24.86		4/7
7		Olivia RUDDER	#4	Lindsey Wilson (	2:25.38		4/7
8		Ifunanya MUOGHALU	#3	Cumberland (Te	2:25.42		4/14
9		Sharon JEROP	#3	Cumberland (Te	2:26.58		4/7
10		Ashley ALBRINCK	#5	Thomas More (K	2:26.68		4/14

Women's 1500 Meters

1	50	Christy SHANK	#2	Campbellsville (	4:49.08		4/14
2	61	Meredith JOHNSON	#4	Lindsey Wilson (	4:50.01		4/7
3	63	Jozi BROWN	#8	Shawnee State (	4:50.54		3/10
4	65	Elizabeth LUCASON	#1	Cumberlands (K	4:50.65		3/24
5	86	Ashlyn LIDDLE	#1	Cumberlands (K	4:53.45		3/24
6		Jessica MUSSELMAN	#9	Freed-Hardema	4:58.85		4/6
7		Mckenna PANNELL	#8	Shawnee State (	5:01.02		3/10
8		Daniela RIVERA	#3	Cumberland (Te	5:02.55		4/14
9		Ashley TERRY	#1	Cumberlands (K	5:03.35		3/24
10		Emma STEFF	#2	Campbellsville (	5:03.78		4/14

Women's Steeplechase

1	11	Meredith JOHNSON	#4	Lindsey Wilson (A:B	11:17.77		4/14
2	20	Elizabeth LUCASON	#1	Cumberlands (K	11:33.84		4/7
3	25	Daniela RIVERA	#3	Cumberland (Te	11:40.30		4/7
4	33	Jessica SANDERS	#5	Thomas More (K	12:02.89		4/14
5	37	Morgan LUCASON	#1	Cumberlands (K	12:11.19		4/7
6	39	Hailey SHANK	#2	Campbellsville (	12:15.59		4/7
7	40	Alyssa SHARP	#4	Lindsey Wilson (	12:16.89		4/14
8	53	Elise KRONE	#3	Cumberland (Te	12:31.10		4/7
9	67	Andrea DE LA ROSA	#10	Bethel (Tenn.)	12:44.24		3/24
10	96	Annabelle WALKER	#4	Lindsey Wilson (	13:28.42		3/25



Conference TFRI Event Summary

as of 4/17/2023 6:59:37 AM

Mid-South

Women's 5000 Meters

1	20	Mercy KIBIWOTT	#3	Cumberland (Te B	17:34.40	4/14
2	34	Jozi BROWN	#8	Shawnee State (	17:57.38	3/17
3	59	Kirsten GEARY	#6	Georgetown (Ky	18:33.67	4/14
4	72	Christy SHANK	#2	Campbellsville (	18:41.73	4/7
5	86	Victoria RICHARDSON	#1	Cumberlands (K	18:48.53	4/7
6	88	Savannah FAUGHT	#5	Thomas More (K	18:49.84	3/25
7	90	Elise KRONE	#3	Cumberland (Te	18:50.61	4/14
8	99	Kinsey FORGEY	#1	Cumberlands (K	18:57.57	3/17
9		Madison GRANT	#9	Freed-Hardema	18:58.85	4/6
10		Elizabeth LUCASON	#1	Cumberlands (K	19:07.21	3/31

Women's 10,000 Meters

1	9	Jozi BROWN	#8	Shawnee State (A:B	37:04.18	4/7
2	19	Mercy KIBIWOTT	#3	Cumberland (Te B	37:40.22	4/7
3	31	Emma STEFF	#2	Campbellsville (	39:05.49	4/7
4	39	Savannah FAUGHT	#5	Thomas More (K	39:34.10	4/1
5	42	Mikella MEDDOCK	#8	Shawnee State (	39:53.13	4/7
6	46	Nina DAMAN	#2	Campbellsville (	40:12.12	4/7
7	50	Abriella OVERHOLSER	#1	Cumberlands (K	40:25.38	4/7
8	52	Madison GRANT	#9	Freed-Hardema	40:27.76	4/14
9	58	Meredith JOHNSON	#4	Lindsey Wilson (	41:16.90	4/1
10	64	Victoria RICHARDSON	#1	Cumberlands (K	41:45.81	3/31

Women's 5000m Race Walk

1	10	Jenna GROGAN	#1	Cumberlands (K	29:02.40	4/7
2	13	Tara TODD	#1	Cumberlands (K	29:40.25	4/7
3	18	Eliza HAGENS	#4	Lindsey Wilson (	31:51.01	4/7
4	20	Isabelle BLATZ	#1	Cumberlands (K	33:09.38	4/7
5	24	Cady SCHOECK	#4	Lindsey Wilson (	34:34.94	4/7

Women's 4x100 Relay

1	7	Kourtlyn CANNON, Jamila GARBA, Alexia SCHOFIELD, Alexia BOYD	#2	Campbellsville (A:B	46.72	4/7
2	10	Judah JACKSON, Alana MACK, Doris MENSAH, Praise IDAMADUDU	#3	Cumberland (TeA:B	47.29	4/7
3	28	Jordan NELSON, Jozlen BRISBON, Kyra ENGEL, Luna SENICA	#4	Lindsey Wilson (	48.62	4/14
4	62	Esther BRADSHAW, Jalynn LANDVERSICHT, Libby MILLER, Rebekah CLARK	#6	Georgetown (Ky	50.14	4/14
5	87	Jayden PROFITT, Bry HENDRY, Grace THAMANN, Makayla ABBOTT	#5	Thomas More (K	52.24	4/14

Women's 4x400 Relay

1	10	Victoria YOUNG, Jamila GARBA, Alexia SCHOFIELD, KaNiya DOUGLAS	#2	Campbellsville (B	3:56.84	4/7
2	11	RaMyah SHEFFIELD, MaQuoia RAGLAN, Kathryn COUCH, Ashley TERRY	#1	Cumberlands (K	3:57.61	4/7
3	73	Esther BRADSHAW, Rebekah CLARK, Lani IRWIN, Jenna TIPTON	#6	Georgetown (Ky	4:20.67	4/14
4	85	Hailee SERVAIS, Sharon JEROP, Maddie BITTLE, Sabrina ANDERSON	#3	Cumberland (Te	4:26.84	3/31
5	89	Bry HENDRY, Grace THAMANN, Ashley AKINS, Caileigh WATERS	#5	Thomas More (K	4:28.76	3/25
6	95	Olivia RUDDER, Jamie MOSES, Laura CUIN-CASIMIRO, Meredith JOHNSON	#4	Lindsey Wilson (	4:34.43	4/1

Women's 4x800 Relay

1	4	Elizabeth LUCASON, Ella HENAGE, Ashlyn LIDDLE, Ashley TERRY	#1	Cumberlands (K B	9:24.56	4/14
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Women's High Jump

1	8	Jalynn LANDVERSICHT	#6	Georgetown (Ky B	1.65m	5-5	4/8
2	48	Alexia SCHOFIELD	#2	Campbellsville (	1.55m	5-1	4/14
2	48	Sarah BOLTON	#6	Georgetown (Ky	1.55m	5-1	3/8
2	48	Madison NEARY	#5	Thomas More (K	1.55m	5-1	3/25
5		Paige NEWBY	#1	Cumberlands (K	1.45m	4-9	4/7
6		Makayla CLARK	#1	Cumberlands (K	1.40m	4-7	3/17
7		Mine ISCEN	#4	Lindsey Wilson (	1.35m	4-5	4/7
8		Amber AVERY	#1	Cumberlands (K	1.30m	4-3½	4/1
9		Ariana SIMMONS	#2	Campbellsville (	1.26m	4-1½	4/7

Women's Pole Vault

1	68	Trinity SHERROD	#1	Cumberlands (K	2.95m	9-8	4/7
2	93	Morgan WEATHERSPOON	#1	Cumberlands (K	2.65m	8-8½	4/7
3		Amber AVERY	#1	Cumberlands (K	2.35m	7-8½	4/7
4		Ariana SIMMONS	#2	Campbellsville (	2.15m	7-½	4/1



Conference TFRI Event Summary

as of 4/17/2023 6:59:37 AM

Mid-South

Women's Long Jump

1	2	Alexia BOYD	#2	Campbellsville (A:B	5.93m	19-5½ (1.0	4/14
2	9	Alana MACK	#3	Cumberland (TeA:B	5.76m	18-10¾ (1.3	3/31
3	11	Blessing SAMUEL	#3	Cumberland (Te B	5.73m	18-9¾ (0.0	4/14
4	13	Luna SENICA	#4	Lindsey Wilson (B	5.72m	18-9¼ (0.0	4/7
5	14	Nikki RAVELLI	#4	Lindsey Wilson (B	5.70mw	18-8½ (2.5	4/1
6	48	Alexia SCHOFIELD	#2	Campbellsville (	5.38mw	17-8 (2.2)	3/31
7		Kourtlyn CANNON	#2	Campbellsville (	5.08m	16-8 (1.4)	4/14
8		Sarah BOLTON	#6	Georgetown (Ky	4.83m	15-10¼ (-1	3/8
9		Sharmari VAUGHN	#4	Lindsey Wilson (	4.72m	15-6 (0.0)	4/7
10		N'Dia METCALF	#3	Cumberland (Te	4.70m	15-5 (1.4)	4/7

Women's Triple Jump

1	3	Alana MACK	#3	Cumberland (TeA:B	12.13m	39-9¾ (0.0	4/14
2	11	Alexia SCHOFIELD	#2	Campbellsville (B	11.72m	38-5½ (0.0	3/24
3	22	Blessing SAMUEL	#3	Cumberland (Te	11.43mw	37-6 (2.4)	3/31
4	27	Alexia BOYD	#2	Campbellsville (	11.26m	36-11½ (1.3	3/31
5	92	N'Dia METCALF	#3	Cumberland (Te	10.42m	34-2¼ (1.7	3/31
6		Grace RIDDLE	#3	Cumberland (Te	9.50mw	31-2 (3.5)	4/7
7		Heaven CARVER	#7	Pikeville (Ky.)	8.48m	27-10 (1.9)	4/8

Women's Shot Put

1	4	Daveina WATSON	#3	Cumberland (TeA:B	14.05m	46-1¼	4/7
2	46	Summer TRAVIS	#1	Cumberlands (K	12.35m	40-6¼	3/24
3	76	Ricquel WILLIAMS	#2	Campbellsville (	11.86m	38-11	4/14
4		Maggie BUERGER	#1	Cumberlands (K	11.44m	37-6½	4/7
5		Valerie KENDRICK	#7	Pikeville (Ky.)	11.12m	36-5¾	3/24
6		Delores STEVENSON	#1	Cumberlands (K	11.01m	36-1½	3/24
7		Verlecia SCARLETT	#7	Pikeville (Ky.)	10.20m	33-5¾	4/14
8		Nikki RAVELLI	#4	Lindsey Wilson (	10.17m	33-4½	4/1
9		Macie RUSSELL	#2	Campbellsville (	9.52m	31-2¾	4/14
10		Tori FREEMAN	#6	Georgetown (Ky	9.33m	30-7½	4/8

Women's Discus

1	27	Maggie BUERGER	#1	Cumberlands (K	41.98m	137-9	3/24
2	69	Valerie KENDRICK	#7	Pikeville (Ky.)	37.83m	124-2	4/14
3	80	Rachel BERWANGER	#5	Thomas More (K	37.35m	122-7	4/14
4		Summer TRAVIS	#1	Cumberlands (K	36.14m	118-7	4/7
5		Daveina WATSON	#3	Cumberland (Te	35.51m	116-6	4/14
6		Delores STEVENSON	#1	Cumberlands (K	32.92m	108-0	3/24
7		Brooke COFFMAN	#2	Campbellsville (	32.36m	106-2	4/14
8		Ricquel WILLIAMS	#2	Campbellsville (	31.56m	103-7	4/14
9		Sophiat OMIZI	#3	Cumberland (Te	31.30m	102-8	4/14
10		Alice BILLINGSLEY	#9	Freed-Hardema	30.91m	101-5	4/14

Women's Hammer

1	18	Sophiat OMIZI	#3	Cumberland (Te B	49.47m	162-4	4/7
2	41	Verlecia SCARLETT	#7	Pikeville (Ky.)	45.82m	150-4	3/24
3	68	Malorie CARTER	#4	Lindsey Wilson (	43.37m	142-4	4/14
4	72	Rachel BERWANGER	#5	Thomas More (K	43.18m	141-8	3/25
5		Summer TRAVIS	#1	Cumberlands (K	40.70m	133-7	3/24
6		Delores STEVENSON	#1	Cumberlands (K	40.63m	133-4	3/17
7		Brooke COFFMAN	#2	Campbellsville (	39.95m	131-1	4/14
8		Maggie BUERGER	#1	Cumberlands (K	38.63m	126-9	3/24
9		Ricquel WILLIAMS	#2	Campbellsville (	38.49m	126-4	4/14
10		Emily HUBER	#4	Lindsey Wilson (	36.67m	120-4	4/14

Women's Javelin

1	22	Nikki RAVELLI	#4	Lindsey Wilson (	38.68m	126-11	4/7
2	54	Daveina WATSON	#3	Cumberland (Te	34.62m	113-7	4/14
3	77	Amber AVERY	#1	Cumberlands (K	32.76m	107-6	4/7
4		Macie RUSSELL	#2	Campbellsville (	31.27m	102-7	4/7
5		Jalynn LANDVERSICHT	#6	Georgetown (Ky	29.30m	96-1½	4/8
6		Rachel BERWANGER	#5	Thomas More (K	28.91m	94-10¼	4/1
7		Maggie BUERGER	#1	Cumberlands (K	26.30m	86-3½	3/24
8		Sophiat OMIZI	#3	Cumberland (Te	25.15m	82-6¼	4/14
9		Summer TRAVIS	#1	Cumberlands (K	24.42m	80-1½	3/24
10		Emily HUBER	#4	Lindsey Wilson (	22.73m	74-7	4/1

Women's Heptathlon

1	47	Mine ISCEN	#4	Lindsey Wilson (	2,411		4/7
2	49	Marlena SIPES	#2	Campbellsville (	2,022		4/7
3	50	Amber AVERY	#1	Cumberlands (K	1,940		4/7
4	51	Ariana SIMMONS	#2	Campbellsville (	1,762		4/7



Conference TFRI Event Summary

as of 4/17/2023 6:59:37 AM

North Star

Women's 100 Meters

1	73	Breanna IHDE	#2	Viterbo (Wis.)	12.40w	(3.7)	4/7
2	98	Lana YEAKEL	#2	Viterbo (Wis.)	12.55	(0.6)	4/7
3		Kyley BARNETT	#1	Dickinson State	12.99	(0.0)	4/16
4		Claudia SCHUNK	#2	Viterbo (Wis.)	13.03	(-0.9)	4/15
5		Grace WILLMS	#4	Iowa Wesleyan	13.28	(1.8)	3/25
6		Raylee WALLIS	#3	Dakota State (S.)	13.31	(1.7)	4/14
6		Jocelyn OTT	#1	Dickinson State	13.31	(0.0)	4/16
8		Grace PEYRON	#2	Viterbo (Wis.)	13.33w	(3.7)	4/7
9		Lainey TEYNOR	#2	Viterbo (Wis.)	13.43w	(3.4)	4/7
10		Jenna NORGEL	#2	Viterbo (Wis.)	13.44	(0.4)	4/15

Women's 100 Meter Hurdles

1	25	Wrenzi WRZESINSKI	#1	Dickinson State	14.79c	(14.75A) (0)	4/7
2	27	Kaitlyn MCCOLLY	#1	Dickinson State	14.84cw	(14.80A) (3)	3/31
3	50	Taylor SARGENT	#5	Valley City State	15.25w	(3.3)	3/24
4	53	Fane SAUVAKACOLO	#3	Dakota State (S.)	15.30	(2.0)	4/14
5	71	Emma JOHNSON	#2	Viterbo (Wis.)	15.60w	(2.6)	4/7
6	80	Shaylee DEBEER	#3	Dakota State (S.)	15.73w	(2.4)	4/14
7		Ashley VERONEN	#2	Viterbo (Wis.)	16.02	(1.2)	4/7
8		Katya BARANKO	#1	Dickinson State	16.53cw	(16.49A) (2)	3/31
9		Mathea JABLONSKY	#5	Valley City State	17.17w	(3.8)	3/24
10		Madelyn KASSULKE	#2	Viterbo (Wis.)	17.64	(1.2)	4/7

Women's 200 Meters

1		Fane SAUVAKACOLO	#3	Dakota State (S.)	26.06w	(3.5)	4/7
2		Breanna IHDE	#2	Viterbo (Wis.)	26.10	(-1.7)	4/15
3		Jewel OLSON	#1	Dickinson State	26.54	(0.0)	4/16
4		Kyley BARNETT	#1	Dickinson State	27.17	(0.0)	4/16
5		Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	27.28	(1.2)	4/15
6		Emily HOWELL	#2	Viterbo (Wis.)	27.57w	(3.5)	4/7
7		Lauren COLE	#2	Viterbo (Wis.)	27.79	(0.1)	4/15
8		Raylee WALLIS	#3	Dakota State (S.)	27.81	(1.3)	4/14
9		Grace PEYRON	#2	Viterbo (Wis.)	27.96	(0.1)	4/15
10		Jenna NORGEL	#2	Viterbo (Wis.)	28.04	(0.1)	4/15

Women's 400 Meters

1	61	Jewel OLSON	#1	Dickinson State	59.01c	(58.90A)	3/31
2	70	Breanna IHDE	#2	Viterbo (Wis.)	59.47		4/15
3		Eliza MCKOWN	#6	Waldorf (Iowa)	1:01.25		4/15
4		Claudia SCHUNK	#2	Viterbo (Wis.)	1:01.65		4/7
5		Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	1:03.43		4/7
6		Lauren COLE	#2	Viterbo (Wis.)	1:04.86		4/7
7		Brandi PECK	#6	Waldorf (Iowa)	1:05.09		4/7
8		Daniela BENAVIDES	#6	Waldorf (Iowa)	1:05.53		4/7
9		Shakiera GRONENTHAL	#3	Dakota State (S.)	1:10.73		4/14
10		Zoi SMITH	#4	Iowa Wesleyan	1:11.11		3/25

Women's 400 Meter Hurdles

1	6	Wrenzi WRZESINSKI	#1	Dickinson State A	1:02.25c	(1:02.14A)	4/7
2	10	Kaitlyn MCCOLLY	#1	Dickinson State B	1:03.40c	(1:03.29A)	4/7
3	95	Shaylee DEBEER	#3	Dakota State (S.)	1:10.39		4/14
4		Breanna IHDE	#2	Viterbo (Wis.)	1:10.60		4/7
5		Tess DURSCHER	#2	Viterbo (Wis.)	1:11.17		4/15
6		Brandi PECK	#6	Waldorf (Iowa)	1:11.46		4/15
7		Mathea JABLONSKY	#5	Valley City State	1:13.74		4/16
8		Lainey TEYNOR	#2	Viterbo (Wis.)	1:15.90		4/7
9		Carmen MATA	#6	Waldorf (Iowa)	1:17.11		4/15
10		Zoi SMITH	#4	Iowa Wesleyan	1:19.41		4/14

Women's 800 Meters

1		Lindsey ROTH	#3	Dakota State (S.)	2:24.75		4/14
2		Elizabeth WIDMER	#1	Dickinson State	2:24.82c	(2:25.22A)	4/7
3		Grace TIMM	#1	Dickinson State	2:26.19c	(2:26.60A)	4/7
4		Eliza MCKOWN	#6	Waldorf (Iowa)	2:27.26		4/7
5		Caitlin DYER	#3	Dakota State (S.)	2:27.60		4/7
6		Lauren TAYLOR	#1	Dickinson State	2:29.10		4/16
7		Jewel OLSON	#1	Dickinson State	2:29.62c	(2:30.03A)	4/7
8		Alicia RIVERA CAMARGO	#7	Bellevue (Neb.)	2:30.62		4/14
9		Anya HIRSCH	#2	Viterbo (Wis.)	2:31.29		4/7
10		Madelyn SYLVA	#3	Dakota State (S.)	2:31.59		4/14

Women's 1500 Meters

1		Grace TIMM	#1	Dickinson State	4:57.99c	(5:01.35A)	3/31
2		Anya HIRSCH	#2	Viterbo (Wis.)	5:01.68		4/15
3		Lindsey ROTH	#3	Dakota State (S.)	5:03.03		4/7
4		Madelyn SYLVA	#3	Dakota State (S.)	5:07.84		4/7
5		Elizabeth WIDMER	#1	Dickinson State	5:08.50		4/16
6		Madison NELSON	#7	Bellevue (Neb.)	5:12.20		4/1
7		Alicia RIVERA CAMARGO	#7	Bellevue (Neb.)	5:12.47		4/7
8		Lauren TAYLOR	#1	Dickinson State	5:13.03c	(5:16.56A)	4/7
9		Vanessa THOMAS	#2	Viterbo (Wis.)	5:20.74		4/1
10		Lilly GARNSEY	#4	Iowa Wesleyan	5:23.87		3/25

Women's Steeplechase

1	73	Lilly GARNSEY	#4	Iowa Wesleyan	12:51.97		4/7
2	87	Grace TIMM	#1	Dickinson State	13:04.41		4/16
3	LE+0	Faith YOUNCE	#4	Iowa Wesleyan	13:36.42		4/1
4		Bernadette FRISCH	#2	Viterbo (Wis.)	13:48.58		4/15
5		Allison MORRIS	#4	Iowa Wesleyan	14:17.97		4/1
6		Megan SCHEUER	#2	Viterbo (Wis.)	15:50.46		4/15
7		Rebecca YORK	#2	Viterbo (Wis.)	17:33.88		4/15



Conference TFRI Event Summary

as of 4/17/2023 6:59:38 AM

North Star

Women's 5000 Meters

1	94	Madison NELSON	#7	Bellevue (Neb.)	18:53.01	4/7
2		Brenna MCDONOUGH	#2	Viterbo (Wis.)	19:06.71	4/15
3		Madelyn ADAM	#2	Viterbo (Wis.)	20:11.56	4/15
4		Jasmine BARNES	#5	Valley City State	20:16.03	3/24
5		Jada ANDERSON	#3	Dakota State (S.)	20:34.76	3/24
6		Sarah GRIFFIS	#1	Dickinson State	20:40.41c (20:56.16A)	4/7
7		Hannah PERKINS	#7	Bellevue (Neb.)	20:51.88	4/14
8		Danielle WOOD	#6	Waldorf (Iowa)	21:18.96	4/1
9		Faith YOUNCE	#4	Iowa Wesleyan	21:24.87	4/1
10		Brooke BEUCAIRE	#3	Dakota State (S.)	21:36.84	4/7

Women's 10,000 Meters

1	44	Madison NELSON	#7	Bellevue (Neb.)	39:55.98	4/14
2	72	Jasmine BARNES	#5	Valley City State	42:24.50	4/7
3	77	Jada ANDERSON	#3	Dakota State (S.)	42:52.65	4/14
4	96	Sarah GRIFFIS	#1	Dickinson State	44:22.41	4/16

Women's 5000m Race Walk

1	11	Faith YOUNCE	#4	Iowa Wesleyan	29:06.61	3/25
2	21	Allison MORRIS	#4	Iowa Wesleyan	33:11.87	3/25

Women's 4x100 Relay

1	24	Wrenzi WRZESINSKI, Kiley BARNETT, Kaitlyn MCCOLLY, Jocelyn OTT	#1	Dickinson State	48.36	4/16
2	29	Claudia SCHUNK, Lana YEAKEL, Ashley VERONEN, Breanna IHDE	#2	Viterbo (Wis.)	48.63	4/15
3	79	Alazey MISHLEAU, Daniela BENAVIDES, Charlyze SALGADO, Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	51.55	4/15

Women's 4x400 Relay

1	28	Wrenzi WRZESINSKI, Kaitlyn MCCOLLY, Jewel OLSON, Kiley BARNETT	#1	Dickinson State	4:04.85c (4:04.41A)	3/31
2	61	Catherine CLARKE-ASHFORD, Charlyze SALGADO, Alazey MISHLEAU, Eliza MCKOWN	#6	Waldorf (Iowa)	4:16.68	4/7
3	94	Lindsey ROTH, Saddle PALMQUIST, Brooke BEUCAIRE, Madelyn SYLVA	#3	Dakota State (S.)	4:33.81	3/24

Women's 4x800 Relay

1	29	Lilly GARNSEY, Zoi SMITH, Faith YOUNCE, Emily GEHRING	#4	Iowa Wesleyan	11:54.24	3/25
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Women's High Jump

1	8	Adarra HAGLUND	#1	Dickinson State	1.65m	5-5	4/7
2	48	Alazey MISHLEAU	#6	Waldorf (Iowa)	1.55m	5-1	4/7
2	48	Miranda KENDALL	#2	Viterbo (Wis.)	1.55m	5-1	4/1
4	71	Alexie STEPHANI	#2	Viterbo (Wis.)	1.53m	5-1/4	4/15
4	71	Kaitlyn MCCOLLY	#1	Dickinson State	1.53m	5-1/4	4/16
4	71	Katya BARANKO	#1	Dickinson State	1.53m	5-1/4	4/16
7	82	Ashley VERONEN	#2	Viterbo (Wis.)	1.50m	4-11	4/1
7	82	Lahna MATUCHA	#3	Dakota State (S.)	1.50m	4-11	3/24
9		Abbey GRANBOIS	#1	Dickinson State	1.48m	4-10 1/4	4/16
9		Lauren COLE	#2	Viterbo (Wis.)	1.48m	4-10 1/4	4/7

Women's Pole Vault

1	4	Madison WAHL	#1	Dickinson State	3.82m	12-6 1/4	4/16
2	15	Bailey NUUTINEN	#2	Viterbo (Wis.)	3.55m	11-7 3/4	4/7
3	26	Cassidy JORENSEN	#1	Dickinson State	3.40m	11-1 3/4	3/31
4	34	Emma JOHNSON	#2	Viterbo (Wis.)	3.30m	10-9 3/4	4/1
5	43	Tess DURSCHER	#2	Viterbo (Wis.)	3.20m	10-6	4/15
6	64	Emily HOWELL	#2	Viterbo (Wis.)	3.00m	9-10	4/1
7	68	Olivia WINGO	#2	Viterbo (Wis.)	2.95m	9-8	4/7
8	81	Gabriella GESZVAIN	#2	Viterbo (Wis.)	2.80m	9-2 1/4	4/7
9		Zoi SMITH	#4	Iowa Wesleyan	2.25m	7-4 1/2	4/14
10		Michelle CHAVEZ ESCALERA	#2	Viterbo (Wis.)	2.10m	6-10 3/4	4/7

Women's Long Jump

1	38	Lana YEAKEL	#2	Viterbo (Wis.)	5.46mw	17-11 (3.9)	4/1
2	42	Jocelyn OTT	#1	Dickinson State	5.41m	17-9 (-1.4)	4/16
3	70	Grace PEYRON	#2	Viterbo (Wis.)	5.28m	17-4 (0.6)	4/1
4	79	Kaitlyn MCCOLLY	#1	Dickinson State	5.25m	17-2 3/4 (-1)	4/16
5	94	Katya BARANKO	#1	Dickinson State	5.18m	17-0 (-0.3)	4/16
6		Taylor SARGENT	#5	Valley City State	4.79m	15-8 3/4 (1.8)	3/24
7		Alazey MISHLEAU	#6	Waldorf (Iowa)	4.74m	15-6 3/4 (0.3)	4/15
8		Carson QUIGLEY	#3	Dakota State (S.)	4.68m	15-4 1/4 (0.8)	3/24
9		Shermaine PRESTON	#4	Iowa Wesleyan	4.42m	14-6 (-0.2)	3/25
10		Adarra HAGLUND	#1	Dickinson State	4.26m	13-11 3/4 (-2)	4/16

Women's Triple Jump

1	44	Fane SAUVAKACOLO	#3	Dakota State (S.)	11.00mw	36-1 1/4 (2.4)	4/14
2	90	Jocelyn OTT	#1	Dickinson State	10.44m	34-3 (-1.1)	4/16
3	93	Alexie STEPHANI	#2	Viterbo (Wis.)	10.39mw	34-1 1/4 (2.5)	4/1
4		Adarra HAGLUND	#1	Dickinson State	9.84m	32-3 1/2 (1.9)	4/7
5		Carson QUIGLEY	#3	Dakota State (S.)	9.65mw	31-8 (3.0)	3/24
5		Alyssa ANDRESS	#1	Dickinson State	9.65m	31-8 (0.7)	4/7
7		Tinley PIERSON	#1	Dickinson State	9.55m	31-4 (1.9)	3/31
8		Taylor MUNDFROM	#1	Dickinson State	9.37m	30-9 (-1.3)	4/16



Conference TFRI Event Summary

as of 4/17/2023 6:59:38 AM

North Star

Women's Shot Put

1	6	Kori NAGEL	#1	Dickinson State A;B	13.85m	45-5¼	3/31
2	9	Brianna HUNTER	#4	Iowa Wesleyan A;B	13.69m	44-11	4/14
3	40	Traia HUBBARD	#3	Dakota State (S.	12.49m	40-11¾	4/7
4	51	Sadie HANSEN	#5	Valley City State	12.25m	40-2¼	4/7
5	69	Kelsee CUMMINGS	#1	Dickinson State	11.97m	39-3¼	4/7
6	87	Bella MAXWELL	#3	Dakota State (S.	11.74m	38-6¼	4/7
7	97	Oliviya THORNTON	#3	Dakota State (S.	11.58m	38-0	4/7
8		Kiana MILLER	#1	Dickinson State	11.17m	36-7¾	4/7
9		Kendra ODEGARD	#5	Valley City State	11.08m	36-4¼	4/16
10		Gabby PEITZMEIER	#3	Dakota State (S.	10.99m	36-¾	3/24

Women's Discus

1	4	Kori NAGEL	#1	Dickinson State A;B	46.03m	151-0	3/31
2	12	Traia HUBBARD	#3	Dakota State (S. B	43.94m	144-2	4/14
3	36	Payton DRYDEN	#2	Viterbo (Wis.)	41.13m	134-11	4/7
4	57	Jade AZURE	#5	Valley City State	38.57m	126-7	3/24
5	67	Kendra ODEGARD	#5	Valley City State	37.89m	124-4	3/24
6	77	Maria DADE	#2	Viterbo (Wis.)	37.49m	123-0	4/7
7	91	Gabby PEITZMEIER	#3	Dakota State (S.	37.03m	121-6	4/7
8		Bailey HOFLAND	#1	Dickinson State	35.97m	118-0	4/7
9		Brianna HUNTER	#4	Iowa Wesleyan	34.50m	113-2	4/7
10		Britni PLUCKER	#3	Dakota State (S.	34.35m	112-9	4/7

Women's Hammer

1	9	Tori NYGARD	#1	Dickinson State A;B	51.51m	169-0	4/16
2	16	Kori NAGEL	#1	Dickinson State B	49.85m	163-7	4/16
3	51	Oliviya THORNTON	#3	Dakota State (S.	44.81m	147-0	4/14
4	67	Kelsee CUMMINGS	#1	Dickinson State	43.44m	142-6	4/16
5	70	Kiana MOUNGA	#3	Dakota State (S.	43.30m	142-1	4/14
6	76	Britni PLUCKER	#3	Dakota State (S.	43.01m	141-2	4/14
7	81	Gabby PEITZMEIER	#3	Dakota State (S.	42.72m	140-2	4/14
8	89	Jade AZURE	#5	Valley City State	42.21m	138-6	4/16
9	94	Bella MAXWELL	#3	Dakota State (S.	41.90m	137-6	4/14
10	96	Payton DRYDEN	#2	Viterbo (Wis.)	41.83m	137-3	4/15

Women's Javelin

1	2	Kendra ODEGARD	#5	Valley City State A;B	45.96m	150-10	4/16
2	56	Alyssa ANDRESS	#1	Dickinson State	34.50m	113-2	3/31
3	58	Kiana MILLER	#1	Dickinson State	34.08m	111-10	3/31
4	70	Tori NYGARD	#1	Dickinson State	33.17m	108-10	4/7
5	93	Gabby PEITZMEIER	#3	Dakota State (S.	31.60m	103-8	4/7
6		Katya BARANKO	#1	Dickinson State	29.60m	97-1½	4/7
7		Kaitlyn MCCOLLY	#1	Dickinson State	29.35m	96-3½	4/7
8		Irakunda APOLINA	#4	Iowa Wesleyan	27.34m	89-8½	3/25
9		Callie KIEFER	#2	Viterbo (Wis.)	26.37m	86-6¼	4/15
10		Lexi OLSON	#3	Dakota State (S.	24.95m	81-10¼	4/7



Conference TFRI Event Summary

as of 4/17/2023 6:59:38 AM

PBC

Women's 100 Meters

1	63	Maisonne JONES	#1	USC Beaufort (S	12.34w	(3.2)	3/30
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Women's 100 Meter Hurdles

1	71	LeeAisha FORD	#1	USC Beaufort (S	15.60w	(2.3)	3/30
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2		De'Andra BROWN	#1	USC Beaufort (S	16.90w	(2.7)	3/30
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Women's 200 Meters

1		LeeAisha FORD	#1	USC Beaufort (S	26.60	(1.0)	3/30
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2		De'Andra BROWN	#1	USC Beaufort (S	28.24	(0.3)	3/24
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Women's 400 Meters

1		LeeAisha FORD	#1	USC Beaufort (S	1:06.78		3/24
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Women's 400 Meter Hurdles

1		LeeAisha FORD	#1	USC Beaufort (S	1:29.98		3/30
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Women's 1500 Meters

1		Riley EDWARDS	#1	USC Beaufort (S	6:03.05		3/30
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Women's Long Jump

1	3	Maisonne JONES	#1	USC Beaufort (SA:B	5.84m	19-2 (-2.5)	3/24
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2		De'Andra BROWN	#1	USC Beaufort (S	4.72m	15-6 (-2.0)	3/30
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3		Algeria SCOTT	#1	USC Beaufort (S	4.24m	13-11 (1.6)	3/30
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4		Aniah WRIGHT	#1	USC Beaufort (S	3.89m	12-9¼ (-2)	3/30
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Women's Triple Jump

1	72	De'Andra BROWN	#1	USC Beaufort (S	10.61m	34-9¾ (0.1)	3/30
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Women's Shot Put

1		Sophia STALFORD	#1	USC Beaufort (S	8.36m	27-5¼	3/24
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Women's Discus

1		Sophia STALFORD	#1	USC Beaufort (S	25.20m	82-8¼	3/24
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Women's Hammer

1		Allayah BRYAN	#1	USC Beaufort (S	32.70m	107-4	3/30
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2		Sophia STALFORD	#1	USC Beaufort (S	20.79m	68-2½	3/24
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Women's Javelin

1		Allayah BRYAN	#1	USC Beaufort (S	23.28m	76-4½	3/30
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2		Sophia STALFORD	#1	USC Beaufort (S	18.16m	59-7	3/24
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Conference TFRI Event Summary

as of 4/17/2023 6:59:38 AM

Red River

Women's 100 Meters

1	22	Kynneddy TURNER	#1	Xavier (La.)	12.01w	(2.2)	3/31
2	26	Kiana JOHNSON	#5	Jarvis Christian	12.06w	(3.7)	4/13
3	31	Kiana KEBBI	#2	Our Lady of the I	12.10w	(3.1)	3/29
4	43	Christina GREEN	#3	Huston-Tillotson	12.18w	(2.9)	4/14
5	46	Darnee WILLIAMS	#4	Wiley (Texas)	12.21	(0.7)	3/17
6	63	Larrisa MCHENRY	#2	Our Lady of the I	12.34	(0.3)	3/24
7	83	Ariel FORD	#1	Xavier (La.)	12.48w	(3.3)	4/8
8		Alondra TOLEDO	#2	Our Lady of the I	12.81	(0.3)	3/24
9		Tennille FRENCH	#5	Jarvis Christian	12.82	(1.6)	3/31
10		Tamara BEASLEY	#5	Jarvis Christian	12.89w	(3.2)	4/13

Women's 100 Meter Hurdles

1	6	Emerald CARTER	#1	Xavier (La.)	13.99	(1.2)	4/8
2	30	Jade HARRIS	#1	Xavier (La.)	14.85	(0.8)	4/8
3	37	Kyla COLEMAN	#1	Xavier (La.)	15.06	(2.0)	3/31
4		Kayla JACKSON	#1	Xavier (La.)	16.38	(0.8)	4/8
4		Katie TODORA	#2	Our Lady of the I	16.38	(-0.5)	3/24
6		Michel VILLARREAL	#4	Wiley (Texas)	18.21	(1.2)	4/14
7		Jordyn JACKSON	#6	Paul Quinn (Tex)	19.88	(-1.5)	4/8

Women's 200 Meters

1	14	Kynneddy TURNER	#1	Xavier (La.)	24.57w	(2.3)	4/8
2	27	Kiana KEBBI	#2	Our Lady of the I	24.96	(0.6)	3/24
3	48	Darnee WILLIAMS	#4	Wiley (Texas)	25.40w	(2.2)	3/17
4	53	Christina GREEN	#3	Huston-Tillotson	25.49w	(3.4)	4/14
5	63	Garlanesha HICKMAN-GILBERT	#5	Jarvis Christian	25.66	(0.3)	4/13
6	81	Larrisa MCHENRY	#2	Our Lady of the I	25.80	(0.4)	3/24
7	85	Ariel FORD	#1	Xavier (La.)	25.83w	(2.3)	4/8
8	90	Kiana JOHNSON	#5	Jarvis Christian	25.86	(-0.2)	3/31
9		Tennille FRENCH	#5	Jarvis Christian	26.23w	(3.2)	4/6
10		Darryan HORTON	#1	Xavier (La.)	26.28w	(2.1)	3/17

Women's 400 Meters

1	34	Kynneddy TURNER	#1	Xavier (La.)	57.86		4/15
2	39	Jaymee YELTON	#3	Huston-Tillotson	58.10		3/24
3	49	Autumn ROBERTS	#2	Our Lady of the I	58.56		3/24
4	59	Ariel FORD	#1	Xavier (La.)	58.96		4/15
5	67	Alexandria SEGURA	#2	Our Lady of the I	59.37		4/15
6	73	Vanessa OLADAPO	#1	Xavier (La.)	59.55		3/31
7	76	Fedjine BELL	#1	Xavier (La.)	59.58		4/8
8	83	Darryan HORTON	#1	Xavier (La.)	59.80		3/31
9		Brianna PANTOJA	#2	Our Lady of the I	1:00.77		4/15
10		Shakayla CARTER	#4	Wiley (Texas)	1:01.13		4/14

Women's 400 Meter Hurdles

1	48	Emerald CARTER	#1	Xavier (La.)	1:07.58		4/8
2		Bethany GARR	#2	Our Lady of the I	1:10.96		4/15
3		Kyla COLEMAN	#1	Xavier (La.)	1:12.04		3/31
4		Mariah WATTS	#2	Our Lady of the I	1:13.28		3/24
5		Katie TODORA	#2	Our Lady of the I	1:13.42		3/24
6		Kayla JACKSON	#1	Xavier (La.)	1:14.38		3/31
7		Jade HARRIS	#1	Xavier (La.)	1:15.61		3/17

Women's 800 Meters

1	12	Skylah BARTON	#1	Xavier (La.)	2:15.21		4/8
2	16	Jaymee YELTON	#3	Huston-Tillotson	2:15.73		4/14
3	35	Deandra IBARRA	#2	Our Lady of the I	2:18.69		3/24
4	45	Kennedy VILLALPANDO	#2	Our Lady of the I	2:19.80		3/24
5		Viridiana ZUNIGA	#2	Our Lady of the I	2:27.28		3/24
6		Brianna PANTOJA	#2	Our Lady of the I	2:31.02		3/24
7		Mia CUIEL	#2	Our Lady of the I	2:31.56		3/24
8		Alexandria SEGURA	#2	Our Lady of the I	2:32.54		3/24
9		Robbie ESPERICUETA	#2	Our Lady of the I	2:32.96		3/24
10		Leilani LEZA	#2	Our Lady of the I	2:35.94		3/24

Women's 1500 Meters

1	82	Deandra IBARRA	#2	Our Lady of the I	4:52.86		3/17
2		Skylah BARTON	#1	Xavier (La.)	5:01.69		4/8
3		Kennedy VILLALPANDO	#2	Our Lady of the I	5:13.52		3/30
4		Leilani LEZA	#2	Our Lady of the I	5:15.10		4/15
5		Robbie ESPERICUETA	#2	Our Lady of the I	5:16.65		3/30
6		Viridiana ZUNIGA	#2	Our Lady of the I	5:16.81		3/3
7		Sierra RAMIREZ	#2	Our Lady of the I	5:20.91		3/3
8		Mia CUIEL	#2	Our Lady of the I	5:21.48		3/3
9		Jaymee YELTON	#3	Huston-Tillotson	5:23.66		4/14
10		Liliana HERNANDEZ	#2	Our Lady of the I	5:25.42		3/3

Women's Steeplechase

1	95	Viridiana ZUNIGA	#2	Our Lady of the I	13:23.04		3/24
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Women's 5000 Meters

1		Lindsey BROUSSARD	#2	Our Lady of the I	21:23.38		3/17
2		Maria LOPEZ	#3	Huston-Tillotson	22:30.08		4/14
3		Amber PARKS	#1	Xavier (La.)	22:39.94		4/8
4		Clara ARIAS	#3	Huston-Tillotson	25:20.04		4/14
5		Fatima ORTEGA	#4	Wiley (Texas)	25:58.78		3/30
6		Alexandria ARAGON	#3	Huston-Tillotson	26:50.44		4/14



Conference TFRI Event Summary

as of 4/17/2023 6:59:38 AM

Red River

Women's 4x100 Relay

1	13	Emerald CARTER, DaNya HORNE, Kynneddy TURNER, Ariel FORD	#1	Xavier (La.)	4:47.43	4/8
2	16	https://www.tfrrs.org/teams/66848	#2	Our Lady of the I	4:47.73	3/29
3	35	Tamara BEASLEY, Laci CAMPBELL, Tennille FRENCH, Kiana JOHNSON	#5	Jarvis Christian	48.88	4/6
4	46	Darnee WILLIAMS, Shakayla CARTER, Michel VILLARREAL, Meeyesha TUTT-MOOTOUO	#4	Wiley (Texas)	49.36	4/14
5	57	Christina GREEN, Jaymee YELTON, Aaliyah ALLEN, Alexandria ARAGON	#3	Huston-Tillotson	49.90	4/14

Women's 4x400 Relay

1	15	Alexandria SEGURA, Autumn ROBERTS, Brianna PANTOJA, Kennedy VILLALPANDO	#2	Our Lady of the I	3:59.13	4/15
2	18	Emerald CARTER, Darryan HORTON, Kyrsten TURNER, Hannah STOUTMIRE	#1	Xavier (La.)	3:59.78	3/31
3	55	Shakayla CARTER, Meeyesha TUTT-MOOTOUO, Jean marie FARINHA, Darnee WILLIAMS	#4	Wiley (Texas)	4:14.77	3/24
4	59	Jaymee YELTON, Aaliyah ALLEN, Alexandria ARAGON, Christina GREEN	#3	Huston-Tillotson	4:15.49	4/14

Women's High Jump

1	82	Katie TODORA	#2	Our Lady of the I	1.50m	4-11	4/15
2		Meeyesha TUTT-MOOTOUO	#4	Wiley (Texas)	1.45m	4-9	4/14
2		A'Blessin WILSON	#1	Xavier (La.)	1.45m	4-9	4/15
4		Michel VILLARREAL	#4	Wiley (Texas)	1.41m	4-7½	4/14

Women's Long Jump

1	48	Meeyesha TUTT-MOOTOUO	#4	Wiley (Texas)	5.38m	17-8 (2.0)	3/24
2		Darnee WILLIAMS	#4	Wiley (Texas)	5.14m	16-10½ (1.7)	3/24
3		Tristan WHEELER	#5	Jarvis Christian	5.05m	16-7 (0.3)	4/6
3		Shelbriana MYERS	#6	Paul Quinn (Tex)	5.05m	16-7 (0.6)	4/8
5		Emerald CARTER	#1	Xavier (La.)	5.02m	16-5¾ (1.7)	4/15
6		Alexandria SEGURA	#2	Our Lady of the I	4.99m	16-4½ (2.0)	4/15
7		Olevia BROWN	#1	Xavier (La.)	4.98m	16-4¼ (1.8)	3/17
8		Victoria SWEENEY	#2	Our Lady of the I	4.95m	16-3 (0.0)	4/15
9		Makhayla PARKER	#2	Our Lady of the I	4.91m	16-1½ (-0.1)	4/15
10		A'Blessin WILSON	#1	Xavier (La.)	4.88m	16-¼ (0.8)	4/8

Women's Triple Jump

1	40	Zoe CORDOVA	#1	Xavier (La.)	11.05m	36-3 (0.7)	3/31
2		A'Blessin WILSON	#1	Xavier (La.)	10.03m	32-11 (2.5)	3/31
3		Makhayla PARKER	#2	Our Lady of the I	9.98m	32-9 (-1.8)	4/15
4		Olevia BROWN	#1	Xavier (La.)	9.89m	32-5½ (-0.1)	4/15

Women's Shot Put

1	61	Keshuna BYRD	#5	Jarvis Christian	12.05m	39-6½	4/13
2		DaNya HORNE	#1	Xavier (La.)	10.90m	35-9¼	4/15
3		Darnee WILLIAMS	#4	Wiley (Texas)	10.83m	35-6½	4/14
4		Elise ADAMS	#1	Xavier (La.)	10.50m	34-5½	3/17
5		Kayla GANT	#1	Xavier (La.)	10.16m	33-4	4/8
6		Hailie WILLIAMS	#4	Wiley (Texas)	10.02m	32-10½	4/14
7		Octavia MCDOUGLE	#1	Xavier (La.)	9.90m	32-5¾	4/15
8		Assata BAILEY	#3	Huston-Tillotson	9.07m	29-9¼	3/24
9		Kelise CHRISTOPHER	#3	Huston-Tillotson	8.99m	29-6	3/17
10		Akasha CHAPMAN	#3	Huston-Tillotson	8.73m	28-7¾	3/24

Women's Discus

1	47	Keshuna BYRD	#5	Jarvis Christian	39.54m	129-9	3/31
2	73	DaNya HORNE	#1	Xavier (La.)	37.65m	123-6	4/8
3		Kelise CHRISTOPHER	#3	Huston-Tillotson	36.15m	118-7	4/14
4		Elise ADAMS	#1	Xavier (La.)	35.67m	117-1	4/8
5		Krishawn CLARK	#5	Jarvis Christian	29.41m	96-6	3/31
6		Assata BAILEY	#3	Huston-Tillotson	27.66m	90-9	3/24
7		Hailie WILLIAMS	#4	Wiley (Texas)	26.20m	85-11½	4/14
8		Octavia MCDOUGLE	#1	Xavier (La.)	25.25m	82-10¼	4/15
9		Kayla GANT	#1	Xavier (La.)	24.33m	79-10	4/8
10		Akasha CHAPMAN	#3	Huston-Tillotson	21.20m	69-6¾	4/14

Women's Hammer

1		DaNya HORNE	#1	Xavier (La.)	37.42m	122-9	3/31
2		Assata BAILEY	#3	Huston-Tillotson	32.18m	105-7	3/24
3		Elise ADAMS	#1	Xavier (La.)	31.85m	104-6	4/8
4		Kelise CHRISTOPHER	#3	Huston-Tillotson	30.57m	100-4	4/14
5		Akasha CHAPMAN	#3	Huston-Tillotson	27.66m	90-9	3/24
6		Kayla GANT	#1	Xavier (La.)	25.33m	83-1¼	4/8
7		Hailie WILLIAMS	#4	Wiley (Texas)	18.80m	61-8¼	4/14
8		Octavia MCDOUGLE	#1	Xavier (La.)	17.63m	57-10¼	3/31
9		Philomena IMOKA	#5	Jarvis Christian	16.84m	55-3	4/13
10		Natalie BRYANT	#5	Jarvis Christian	16.02m	52-6¾	4/6

Women's Javelin

1		A'Blessin WILSON	#1	Xavier (La.)	30.23m	99-2¼	3/31
2		Savannah CASSIANO	#2	Our Lady of the I	30.13m	98-10¼	4/15
3		Hailie WILLIAMS	#4	Wiley (Texas)	30.00m	98-5¼	4/14
4		Kelise CHRISTOPHER	#3	Huston-Tillotson	28.27m	92-9	4/14
5		Victoria SWEENEY	#2	Our Lady of the I	26.82m	88-0	3/30
6		Keshuna BYRD	#5	Jarvis Christian	23.20m	76-1½	3/31
7		Elise ADAMS	#1	Xavier (La.)	20.56m	67-5½	3/31
8		Assata BAILEY	#3	Huston-Tillotson	20.41m	66-11½	3/24
9		Octavia MCDOUGLE	#1	Xavier (La.)	17.14m	56-2¾	3/31
10		Jean marie FARINHA	#4	Wiley (Texas)	16.66m	54-8	4/14



Conference TFRI Event Summary

as of 4/17/2023 6:59:39 AM

Region XVI

Women's 200 Meters

1	Hannah HAYDUK	#1	Cottey (Mo.)	28.22	(0.6)	3/31
2	Joan NASARA	#1	Cottey (Mo.)	31.54w	(2.6)	4/14

Women's 400 Meters

1	Hannah HAYDUK	#1	Cottey (Mo.)	1:02.11		4/14
2	Mikaela FABEY	#1	Cottey (Mo.)	1:07.76		4/14

Women's 800 Meters

1	98 Madalenn FEE	#1	Cottey (Mo.)	2:23.18		3/25
2	Hannah HAYDUK	#1	Cottey (Mo.)	2:26.76		3/31
3	Mikaela FABEY	#1	Cottey (Mo.)	2:35.34		3/31
4	Kyndal SOUKUP	#1	Cottey (Mo.)	2:47.51		3/31
5	Taylor RECHENMACHER	#1	Cottey (Mo.)	2:54.87		3/25
6	Katie WRIGHT	#1	Cottey (Mo.)	3:01.11		3/31

Women's 1500 Meters

1	Madalenn FEE	#1	Cottey (Mo.)	5:01.08		3/31
2	Kiana GARCIA	#1	Cottey (Mo.)	5:26.33		4/14
3	Kyndal SOUKUP	#1	Cottey (Mo.)	5:59.07		3/25

Women's Steeplechase

1	42 Madalenn FEE	#1	Cottey (Mo.)	12:18.06		4/14
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Women's 5000 Meters

1	Kyndal SOUKUP	#1	Cottey (Mo.)	22:06.47		4/14
2	Taylor RECHENMACHER	#1	Cottey (Mo.)	22:25.63		3/31
3	Katie WRIGHT	#1	Cottey (Mo.)	24:30.14		4/14

Women's 10,000 Meters

1	Taylor RECHENMACHER	#1	Cottey (Mo.)	46:43.07		4/14
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Women's 4x400 Relay

1	83 Kiana GARCIA, Mikaela FABEY, Madalenn FEE, Hannah HAYDUK	#1	Cottey (Mo.)	4:25.37		4/14
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Women's 4x800 Relay

1	28 Mikaela FABEY, Kiana GARCIA, Tessa FEAZEL, Hannah HAYDUK	#1	Cottey (Mo.)	11:29.99		3/25
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Women's Long Jump

1	Madalenn FEE	#1	Cottey (Mo.)	4.97m	16-3¾ (1.8)	4/14
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Conference TFRI Event Summary

as of 4/17/2023 6:59:39 AM

River States

Women's 100 Meters

1	Mya GRESCHNER	#4	Carlow (Pa.)	12.67	(-1.3)	4/5
2	Savannah LEWIS	#5	Saint Mary-of-th	12.73w	(2.6)	3/31
3	Abigail BURGETT	#8	Brescia (Ky.)	12.87	(1.3)	4/7
4	Hope MCGUIRE	#5	Saint Mary-of-th	12.88w	(2.9)	3/31
5	Paris DEBORD	#2	Rio Grande (Ohio)	12.92	(1.3)	4/15
6	Nevaeh BROWN	#7	Midway (Ky.)	12.94	(1.0)	4/7
7	Trista MILLER	#4	Carlow (Pa.)	12.98	(1.0)	4/15
8	Makala PFEFFERKORN	#3	IU Kokomo (Ind.)	12.99	(-0.8)	4/14
9	Keri LECHNER	#4	Carlow (Pa.)	13.05	(-1.3)	4/5
10	RaKeya ELLSBERRY	#1	Point Park (Pa.)	13.06	(-0.1)	4/13

Women's 100 Meter Hurdles

1	42 Makala PFEFFERKORN	#3	IU Kokomo (Ind.)	15.15w	(2.1)	3/16
2	51 Natalea HILLEN	#1	Point Park (Pa.)	15.26	(0.4)	4/8
3	67 Keri LECHNER	#4	Carlow (Pa.)	15.55	(0.5)	4/15
4	91 Lara SKAGGS	#5	Saint Mary-of-th	15.90	(2.0)	4/8
5	Cassidy VOGT	#2	Rio Grande (Ohio)	16.07	(-0.7)	4/7
6	Lauren JOLLY	#2	Rio Grande (Ohio)	16.36	(1.4)	3/17
7	Jada SAUNDERS	#8	Brescia (Ky.)	16.45	(-1.2)	3/24
8	Ashanti FEARON	#1	Point Park (Pa.)	16.62	(0.9)	4/13
9	Anna EISAMAN	#1	Point Park (Pa.)	17.22	(0.9)	4/13
10	Chloe LOVETT	#2	Rio Grande (Ohio)	17.33	(1.5)	4/15

Women's 200 Meters

1	76 Mya GRESCHNER	#4	Carlow (Pa.)	25.77	(-0.3)	4/5
2	LE+0: Hope MCGUIRE	#5	Saint Mary-of-th	25.92w	(3.3)	4/13
3	Savannah LEWIS	#5	Saint Mary-of-th	26.06w	(3.3)	4/13
4	Natalea HILLEN	#1	Point Park (Pa.)	26.33	(-0.3)	4/5
5	Lauren JOLLY	#2	Rio Grande (Ohio)	26.46w	(2.4)	3/17
6	Nevaeh BROWN	#7	Midway (Ky.)	26.67	(0.0)	4/7
7	Jayden ROACH	#2	Rio Grande (Ohio)	26.71	(0.9)	4/15
8	Jordan YANIGA	#1	Point Park (Pa.)	26.74	(-0.8)	4/5
9	Abigail BURGETT	#8	Brescia (Ky.)	26.90	(0.0)	4/14
10	Keri LECHNER	#4	Carlow (Pa.)	26.93	(-0.8)	4/5

Women's 400 Meters

1	91 Mya GRESCHNER	#4	Carlow (Pa.)	1:00.02		4/15
2	96 Jayden ROACH	#2	Rio Grande (Ohio)	1:00.12		3/17
3	Autumn BOYLES	#7	Midway (Ky.)	1:00.98		4/14
4	Natalea HILLEN	#1	Point Park (Pa.)	1:01.04		4/5
5	Jordan YANIGA	#1	Point Park (Pa.)	1:01.58		3/24
6	Ella CLOAK	#4	Carlow (Pa.)	1:01.87		4/15
7	Alyssa DINGUS	#2	Rio Grande (Ohio)	1:02.25		3/17
8	Acacia MAY	#12	Ohio Christian	1:02.91		4/15
9	Makayla RICE	#1	Point Park (Pa.)	1:03.02		4/13
10	Chloe LOVETT	#2	Rio Grande (Ohio)	1:03.77		3/17

Women's 400 Meter Hurdles

1	30 Natalea HILLEN	#1	Point Park (Pa.)	1:05.88		4/13
2	40 Makala PFEFFERKORN	#3	IU Kokomo (Ind.)	1:06.82		4/14
3	73 Chloe LOVETT	#2	Rio Grande (Ohio)	1:09.24		4/15
4	76 Hannah BOND	#1	Point Park (Pa.)	1:09.45		4/13
5	89 Keri LECHNER	#4	Carlow (Pa.)	1:10.03		4/15
6	Luchama LUBIN	#1	Point Park (Pa.)	1:11.27		4/13
7	Evelyn MORALES	#5	Saint Mary-of-th	1:11.41		4/13
8	Rayya LEE	#9	Oakland City (In	1:11.72		3/16
9	Jada SAUNDERS	#8	Brescia (Ky.)	1:12.30		4/14
10	Ashanti FEARON	#1	Point Park (Pa.)	1:13.21		4/13

Women's 800 Meters

1	40 Alyssa CAMPBELL	#1	Point Park (Pa.)	2:19.34		4/14
2	52 Carlijn DE BIE	#1	Point Park (Pa.)	2:20.37		3/24
3	Leslie SPRANKLES	#3	IU Kokomo (Ind.)	2:25.28		4/1
4	Abbigael COYLE	#5	Saint Mary-of-th	2:25.59		4/8
5	Lexie ENGSTROM	#12	Ohio Christian	2:26.38		4/15
6	Allison PLASSIO	#1	Point Park (Pa.)	2:26.68		4/8
7	Casey PFEFFERKORN	#3	IU Kokomo (Ind.)	2:26.78		4/1
8	Trinity SMITH	#7	Midway (Ky.)	2:28.35		4/7
9	Ella CLOAK	#4	Carlow (Pa.)	2:33.38		3/24
10	Hannah BEST	#6	IU East (Ind.)	2:33.51		4/14

Women's 1500 Meters

1	21 Alyssa CAMPBELL	#1	Point Park (Pa.)	4:43.29		4/8
2	81 Allison PLASSIO	#1	Point Park (Pa.)	4:52.61		4/8
3	Carlijn DE BIE	#1	Point Park (Pa.)	4:59.86		3/16
4	Casey PFEFFERKORN	#3	IU Kokomo (Ind.)	5:01.70		4/1
5	Leslie SPRANKLES	#3	IU Kokomo (Ind.)	5:05.74		4/1
6	Carmen CAMINO	#10	WVU Tech	5:05.75		4/8
7	Abby PAGE	#6	IU East (Ind.)	5:12.87		4/14
8	Trinity SMITH	#7	Midway (Ky.)	5:15.60		4/1
9	Carmela SHORKEY	#8	Brescia (Ky.)	5:19.81		4/14
10	Isabelle ALTIC	#3	IU Kokomo (Ind.)	5:20.77		4/15

Women's Steeplechase

1	19 Carmen CAMINO	#10	WVU Tech	11:33.63		3/24
2	48 Emily TRUAX	#5	Saint Mary-of-th	12:27.51		4/13
3	84 Maddy WOLF	#6	IU East (Ind.)	13:03.58		4/7
4	Abby CUNNINGHAM	#7	Midway (Ky.)	13:47.36		4/14

Women's 5000 Meters

1	8 Breanna ALDERTON	#8	Brescia (Ky.)	17:07.01		4/7
2	25 Alyssa CAMPBELL	#1	Point Park (Pa.)	17:42.02		3/24
3	92 Allison PLASSIO	#1	Point Park (Pa.)	18:52.20		3/24
4	Kayla CORYEA	#5	Saint Mary-of-th	19:29.67		4/13
5	Isabelle ALTIC	#3	IU Kokomo (Ind.)	19:40.12		4/14
6	Trinity SMITH	#7	Midway (Ky.)	19:44.51		4/14
7	Natalia ZUCCO	#1	Point Park (Pa.)	20:02.28		4/8
8	Emily TRUAX	#5	Saint Mary-of-th	20:15.34		3/31
9	Joy MCDIVITT	#3	IU Kokomo (Ind.)	20:17.62		4/14
10	Savannah HART	#6	IU East (Ind.)	20:20.90		3/24



Conference TFRI Event Summary

as of 4/17/2023 6:59:39 AM

River States

Women's 10,000 Meters

1	41	Kayla CORYEA	#5	Saint Mary-of-th	39:43.30	4/7
2	68	Quinlan TEAGUE	#5	Saint Mary-of-th	42:01.78	4/7
3	90	Savannah HART	#6	IU East (Ind.)	43:54.15	4/14
4	93	Ella KANTZ	#3	IU Kokomo (Ind.)	44:12.21	4/14
5		Trinity SMITH	#7	Midway (Ky.)	45:12.20	3/25

Women's 5000m Race Walk

1	26	Natalie BRAMMER	#2	Rio Grande (Ohio)	34:55.42	4/7
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Women's 4x100 Relay

1	42	Jaci STONE, Savannah LEWIS, Alyssa WINTERSTEIN, Hope MCGUIRE	#5	Saint Mary-of-th	49.17	4/13
2	44	https://www.tfrrs.org/teams/11269	#1	Point Park (Pa.)	49.23	4/5
3	51	Trista MILLER, Keri LECHNER, Taylor CHARITY, Mya GRESCHNER	#4	Carlow (Pa.)	49.67	4/15
4	58	Jada SAUNDERS, Jordyn CARDWELL, Ashaunte WATTS, Abigail BURGETT	#8	Brescia (Ky.)	49.99	4/14
5	64	Paris DEBORD, Alyssa DINGUS, Chloe LOVETT, Karlee RENNER	#2	Rio Grande (Ohio)	50.25	4/15
6	65	Tamerra ENGLISH, Aniyah JOHNSON, DaKyra HOWARD, Rayya LEE	#9	Oakland City (In	50.49	3/16
7	66	Gabrielle CATON, Janae MCCALL, Emilee CECIL, Autumn BOYLES	#7	Midway (Ky.)	50.53	4/14
8	98	Alexis SHEETS, Maleah WINGER, Kailyn DEVAULT, Makala PFEFFERKORN	#3	IU Kokomo (Ind.)	54.03	4/15
9	LE+0	Daja BRANCH, Kaleah LOUDEN, Brooke SUDHOFF, Frantysa WALLACE	#6	IU East (Ind.)	54.96	4/15

Women's 4x400 Relay

1	57	Emma PAVELEK, Carlijn DE BIE, Makayla RICE, Jordan YANIGA	#1	Point Park (Pa.)	4:15.12	3/24
2	62	Jayden ROACH, Lauren JOLLY, Chloe LOVETT, Alyssa DINGUS	#2	Rio Grande (Ohio)	4:16.80	4/15
3	69	Abigail BURGETT, Jordyn CARDWELL, Breanna ALDERTON, Ashaunte WATTS	#8	Brescia (Ky.)	4:19.52	4/7
4	71	Gabrielle CATON, Emilee CECIL, Autumn BOYLES, Janae MCCALL	#7	Midway (Ky.)	4:20.33	4/1
5	90	Ella CLOAK, Mya GRESCHNER, Christina SMITH, Laci SCHWIRIAN	#4	Carlow (Pa.)	4:29.85	3/24
6		Isabelle ALTIC, April CHRISMAN, Casey PFEFFERKORN, Alexis SHEETS	#3	IU Kokomo (Ind.)	4:40.15	4/15

Women's 4x800 Relay

1	15	Leslie SPRANKLES, Isabelle ALTIC, Joy MCDIVITT, Casey PFEFFERKORN	#3	IU Kokomo (Ind.)	10:04.39	4/15
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Women's High Jump

1	27	Olivia MILLER	#4	Carlow (Pa.)	1.60m	5-3	3/17
2	39	Emma PAVELEK	#1	Point Park (Pa.)	1.57m	5-1¾	4/8
3	45	Christina SMITH	#4	Carlow (Pa.)	1.56m	5-1¼	3/24
4	48	Kendra GROOMS	#2	Rio Grande (Ohio)	1.55m	5-1	4/15
5	82	Reanna STINSON	#6	IU East (Ind.)	1.50m	4-11	3/24
6		Grace TOMPKINS	#9	Oakland City (In	1.48m	4-10¼	3/16
7		Leia DAY	#4	Carlow (Pa.)	1.46m	4-9½	3/24
8		Carsyn HETZLER	#1	Point Park (Pa.)	1.45m	4-9	3/16
8		Mimi PERKINS	#6	IU East (Ind.)	1.45m	4-9	3/24
8		Kaylynn BARTON	#5	Saint Mary-of-th	1.45m	4-9	3/31

Women's Pole Vault

1	7	Nevaeh BROWN	#7	Midway (Ky.)	3.75m	12-3½	4/1
2	21	Makayla BROOKS	#7	Midway (Ky.)	3.45m	11-3¾	4/14
3	36	Sophie JEBOSE	#1	Point Park (Pa.)	3.25m	10-8	4/13
4	43	Brooke SUDHOFF	#6	IU East (Ind.)	3.20m	10-6	4/7
4	43	Krislynn BAILEY	#5	Saint Mary-of-th	3.20m	10-6	3/31
6	74	Taylor ROESLER	#3	IU Kokomo (Ind.)	2.90m	9-6¼	3/24
7	88	Vanessa TEMPLE	#6	IU East (Ind.)	2.75m	9-¼	3/31
8	95	Lara SKAGGS	#5	Saint Mary-of-th	2.60m	8-6¼	4/8



Conference TFRI Event Summary

as of 4/17/2023 6:59:39 AM

River States

Women's Long Jump

1	24	Makala PFEFFERKORN	#3	IU Kokomo (Ind.)	5.62mw	18-5¼ (2.6)	3/16
2	55	Olivia MILLER	#4	Carlow (Pa.)	5.34m	17-6¼ (-1.)	4/5
3	56	Mya GRESCHNER	#4	Carlow (Pa.)	5.32m	17-5½ (1.3)	3/17
4	65	Lara SKAGGS	#5	Saint Mary-of-th	5.29mw	17-4¼ (2.7)	4/8
5	75	Carsyn HETZLER	#1	Point Park (Pa.)	5.26m	17-3¼ (1.2)	4/1
6	82	Jordyn CARDWELL	#8	Brescia (Ky.)	5.24m	17-2¼ (0.1)	3/24
7	92	Keri LECHNER	#4	Carlow (Pa.)	5.20m	17-¾ (-0.4)	4/15
8		Janae MCCALL	#7	Midway (Ky.)	5.16m	16-11¼ (1.)	4/14
9		Emma PAVELEK	#1	Point Park (Pa.)	5.06m	16-7¼ (-1.)	4/5
10		Cassidy VOGT	#2	Rio Grande (Ohio)	4.96m	16-3¼ (0.0)	4/7

Women's Triple Jump

1	14	Olivia MILLER	#4	Carlow (Pa.)	B 11.60m	38-¾ (-1.3)	4/5
2	18	Makala PFEFFERKORN	#3	IU Kokomo (Ind.)	B 11.55m	37-10¾ (0.)	3/24
3	46	Janae MCCALL	#7	Midway (Ky.)	10.98m	36-¼ (0.0)	4/7
4	64	Jordyn CARDWELL	#8	Brescia (Ky.)	10.69m	35-1 (0.0)	4/7
5	96	Carsyn HETZLER	#1	Point Park (Pa.)	10.36m	34-0 (0.0)	4/13
6		Luchama LUBIN	#1	Point Park (Pa.)	10.05m	32-11¾ (-1)	4/5
7		Christina SMITH	#4	Carlow (Pa.)	9.80m	32-2 (-1.2)	4/5
8		Makayla BROOKS	#7	Midway (Ky.)	9.69m	31-9½ (-6.)	3/25
9		Malina HALL	#4	Carlow (Pa.)	9.65m	31-8 (-1.2)	4/5
10		Leia DAY	#4	Carlow (Pa.)	9.38m	30-9¼ (-1.)	3/24

Women's Shot Put

1	68	Faith ROCK	#3	IU Kokomo (Ind.)	11.98m	39-3¾	4/14
2	81	Sierra HURTADO	#5	Saint Mary-of-th	11.81m	38-9	4/13
3		Emma BYRUM	#3	IU Kokomo (Ind.)	11.32m	37-1¾	3/24
4		Megan DIVEN	#2	Rio Grande (Ohio)	10.69m	35-1	3/17
5		Ashby GREENWELL	#8	Brescia (Ky.)	10.63m	34-10½	4/14
6		Marquia WHITE	#8	Brescia (Ky.)	10.40m	34-1½	4/7
6		Karley KOUNS	#2	Rio Grande (Ohio)	10.40m	34-1½	4/15
8		Danielle RUHL	#6	IU East (Ind.)	10.28m	33-8¾	4/15
9		Hannah ELLIS	#5	Saint Mary-of-th	10.21m	33-6	4/13
10		Bethany ARNOLD	#2	Rio Grande (Ohio)	10.10m	33-1¾	4/15

Women's Discus

1	66	Marquia WHITE	#8	Brescia (Ky.)	37.92m	124-5	4/14
2	70	Faith ROCK	#3	IU Kokomo (Ind.)	37.80m	124-0	4/14
3		Sierra HURTADO	#5	Saint Mary-of-th	35.64m	116-11	4/13
4		Karley KOUNS	#2	Rio Grande (Ohio)	34.92m	114-7	3/17
5		Nalah KIRKENDALL	#2	Rio Grande (Ohio)	33.94m	111-4	3/25
6		Olivia NEWCOM	#3	IU Kokomo (Ind.)	31.65m	103-10	4/1
7		Megan DIVEN	#2	Rio Grande (Ohio)	30.65m	100-7	4/15
8		Madelynn WARD	#6	IU East (Ind.)	30.30m	99-5	3/17
8		Spencer BERRY	#7	Midway (Ky.)	30.30m	99-5	4/7
10		Caitlin GILLAND	#6	IU East (Ind.)	30.07m	98-8	3/17

Women's Hammer

1	86	Sierra HURTADO	#5	Saint Mary-of-th	42.51m	139-6	4/13
2		Anna JEBOSE	#1	Point Park (Pa.)	41.13m	134-11	3/24
3		Hannah ELLIS	#5	Saint Mary-of-th	40.32m	132-4	4/8
4		Madelynn WARD	#6	IU East (Ind.)	38.08m	124-11	3/31
5		Mimi PERKINS	#6	IU East (Ind.)	37.80m	124-0	3/24
6		Karley KOUNS	#2	Rio Grande (Ohio)	37.57m	123-3	4/15
7		Caitlin GILLAND	#6	IU East (Ind.)	37.53m	123-2	3/24
8		Nalah KIRKENDALL	#2	Rio Grande (Ohio)	36.24m	118-11	4/15
9		Megan DIVEN	#2	Rio Grande (Ohio)	35.86m	117-8	4/7
10		Danielle RUHL	#6	IU East (Ind.)	35.19m	115-6	3/17

Women's Javelin

1	14	Emma BYRUM	#3	IU Kokomo (Ind.)	B 39.94m	131-1	4/7
2	52	Maya LATERZA	#1	Point Park (Pa.)	34.78m	114-1	3/24
3	61	Keely ACOR	#4	Carlow (Pa.)	33.95m	111-5	4/5
4	86	Riley SCHRECK	#11	Alice Lloyd (Ky.)	32.00m	105-0	4/14
5	95	Izzy KING	#6	IU East (Ind.)	31.56m	103-7	4/15
6		Olivia MILLER	#4	Carlow (Pa.)	30.05m	98-7¼	4/5
7		Ashby GREENWELL	#8	Brescia (Ky.)	29.43m	96-6¾	3/24
8		Emma PAVELEK	#1	Point Park (Pa.)	28.45m	93-4¼	4/5
9		Lauren JOLLY	#2	Rio Grande (Ohio)	28.10m	92-2¼	4/7
10		Marquia WHITE	#8	Brescia (Ky.)	26.87m	88-2	4/14

Women's Heptathlon

1	24	Lauren JOLLY	#2	Rio Grande (Ohio)	3,580		4/7
2	25	Cassidy VOGT	#2	Rio Grande (Ohio)	3,467		4/7
3	38	Vanessa TEMPLE	#6	IU East (Ind.)	2,911		4/13



Conference TFRI Event Summary

as of 4/17/2023 6:59:39 AM

SAC

Women's 100 Meters

1	8	Jaelynn WILLIAMS	#2	Texas Wesleyan A:B	11.83	(1.8)	4/8
2	16	Malaisha CARTWRIGHT	#5	UNT Dallas	11.92w	(3.7)	4/14
3	63	Shawna SMITH	#1	Oklahoma City	12.34w	(2.2)	3/24
4		Alysa HENDERSON	#2	Texas Wesleyan	12.58w	(2.2)	3/24
5		Teran ROGERS	#5	UNT Dallas	12.65	(1.0)	4/8
6		Juniya PRUITT	#3	SAGU (Texas)	12.67w	(2.8)	3/24
7		LaJada OWENS	#6	Langston (Okla.)	12.71	(-0.8)	4/7
8		Kamree DYE	#4	John Brown (Arl)	12.90	(-0.3)	4/8
9		Sarafina YOUNGBLOOD	#7	Southwestern Cl	12.92w	(2.2)	3/24
10		Trinity WISBY	#6	Langston (Okla.)	13.11w	(2.8)	3/24

Women's 100 Meter Hurdles

1	56	Trinity WISBY	#6	Langston (Okla.)	15.38	(1.1)	4/7
2	99	Teran ROGERS	#5	UNT Dallas	15.99	(0.6)	3/17
3		Brianna GARZA	#3	SAGU (Texas)	17.25w	(2.2)	3/24
4		Alexandra HENSLEY	#3	SAGU (Texas)	17.31	(1.4)	4/7
5		Madison BLANCH	#3	SAGU (Texas)	18.00w	(2.2)	4/14
6		Stephanie TOWLE	#1	Oklahoma City	19.44w	(3.5)	3/24
7		Anastasia PACE	#4	John Brown (Arl)	20.62	(-1.2)	4/8
8		Nicole BASYE	#4	John Brown (Arl)	21.22	(-1.2)	4/8

Women's 200 Meters

1	17	Jaelynn WILLIAMS	#2	Texas Wesleyan A:B	24.64	(1.2)	3/24
2	21	Malaisha CARTWRIGHT	#5	UNT Dallas	24.81	(0.1)	4/8
3	59	Shawna SMITH	#1	Oklahoma City	25.60	(-2.4)	4/14
4	85	Teran ROGERS	#5	UNT Dallas	25.83w	(3.3)	3/24
5		Kamree DYE	#4	John Brown (Arl)	26.00	(0.9)	3/30
6		Jasmine COOKE	#3	SAGU (Texas)	26.58w	(3.0)	3/24
7		Juniya PRUITT	#3	SAGU (Texas)	26.80	(1.5)	4/7
8		Trinity WISBY	#6	Langston (Okla.)	26.98	(1.4)	4/7
9		Layla JEMERSON	#5	UNT Dallas	27.26w	(2.3)	3/17
10		Haley DOWNING	#7	Southwestern Cl	27.31	(1.1)	3/30

Women's 400 Meters

1	84	Shawna SMITH	#1	Oklahoma City	59.85		4/7
2		Jasmine COOKE	#3	SAGU (Texas)	1:00.84		4/14
3		Allison DALZELL	#2	Texas Wesleyan	1:01.22		4/14
4		Irakoze AMIDA	#6	Langston (Okla.)	1:02.01		3/30
5		Yarnia EVANS	#2	Texas Wesleyan	1:02.03		3/24
6		Maci HUBBARD	#4	John Brown (Arl)	1:02.05		4/8
7		Isabella MELGREN	#4	John Brown (Arl)	1:03.18		4/8
8		Keyana TREKELL	#7	Southwestern Cl	1:03.48		3/30
9		Haley DOWNING	#7	Southwestern Cl	1:06.35		4/15
10		Layla JEMERSON	#5	UNT Dallas	1:06.69		3/17

Women's 400 Meter Hurdles

1	25	Lasharia GORDON	#2	Texas Wesleyan	1:05.57		4/14
2		Allison DALZELL	#2	Texas Wesleyan	1:11.40		3/30
3		Maddie KNEIP	#3	SAGU (Texas)	1:12.90		4/7
4		Alexandra HENSLEY	#3	SAGU (Texas)	1:19.06		4/7

Women's 800 Meters

1	19	Rianna VIDALES	#2	Texas Wesleyan	2:16.19		4/8
2	33	Ashlei MCDONALD	#2	Texas Wesleyan	2:18.56		4/14
3	34	Cailen JOLLEY	#1	Oklahoma City	2:18.59		4/14
4		Florencia CABRERA	#1	Oklahoma City	2:24.30		4/14
5		Erika PENA	#1	Oklahoma City	2:25.12		4/7
6		Daisy OTWELL	#3	SAGU (Texas)	2:25.72		3/9
7		Indya PRICE	#2	Texas Wesleyan	2:26.73		4/8
8		Morgan LARSON	#7	Southwestern C	2:32.11		3/30
9		Ryleigh HALE	#4	John Brown (Arl)	2:32.49		4/8
10		Madison BLANCH	#3	SAGU (Texas)	2:33.25		3/9

Women's 1500 Meters

1	15	Ashlei MCDONALD	#2	Texas Wesleyan	4:41.78		4/8
2	78	Louise COCKING	#1	Oklahoma City	4:52.25		4/14
3		Ginger MACINNIS-PIERCE	#1	Oklahoma City	4:57.84		4/14
4		Erika PENA	#1	Oklahoma City	5:01.59		4/7
5		Daisy OTWELL	#3	SAGU (Texas)	5:02.25		3/9
6		Florencia CABRERA	#1	Oklahoma City	5:02.28		4/7
7		Cailen JOLLEY	#1	Oklahoma City	5:04.92		4/7
8		Emma MORTON	#4	John Brown (Arl)	5:23.00		3/30
9		Lexie SCHEUFLE	#4	John Brown (Arl)	5:30.37		3/30
9		Avery EDWARDS	#4	John Brown (Arl)	5:30.37		4/8

Women's Steeplechase

1	34	Ashlei MCDONALD	#2	Texas Wesleyan	12:04.94		3/30
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Women's 5000 Meters

1	39	Louise COCKING	#1	Oklahoma City	18:08.76		4/7
2	60	Ginger MACINNIS-PIERCE	#1	Oklahoma City	18:35.18		4/7
3	82	Hope AHNFELDT	#4	John Brown (Arl)	18:47.17		4/8
4		Ashlei MCDONALD	#2	Texas Wesleyan	19:26.60		3/24
5		Sarays FLORES	#2	Texas Wesleyan	20:00.98		4/8
6		Kaitlyn HEFFERNAN	#1	Oklahoma City	20:57.02		4/7
7		Olivia SCATES	#4	John Brown (Arl)	21:22.68		4/8
8		Naia SHEPHERD	#4	John Brown (Arl)	21:43.37		4/8
9		Sarah SMITH	#4	John Brown (Arl)	22:22.49		3/30
10		Ana RIVERA	#1	Oklahoma City	22:25.81		4/7

Women's 10,000 Meters

1	59	Sarays FLORES	#2	Texas Wesleyan	41:22.00		4/14
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SAC

Women's 4x100 Relay

1	27	Alysa HENDERSON, Yarnia EVANS, Lasharia GORDON, Jaelynn WILLIAMS	#2	Texas Wesleyan	48.54	3/24
2	41	Calijah PEAY, Teran ROGERS, Layla JEMERSON, Malaisha CARTWRIGHT	#5	UNT Dallas	49.11	3/17
3	68	Keyana TREKELL, Cassie COLONG, Haley DOWNING, Sarafina YOUNGBLOOD	#7	Southwestern Cl	50.93	3/30
4	78	Juniya PRUITT, Brooklyn TAYLOR, Jasmine COOKE, Madison BLANCH	#3	SAGU (Texas)	51.49	4/14

Women's 4x400 Relay

1	31	Lasharia GORDON, Jaelynn WILLIAMS, Ashlei MCDONALD, Allison DALZELL	#2	Texas Wesleyan	4:06.21	4/14
2	33	Shawna SMITH, Cailen JOLLEY, Floencia CABRERA, Erika PENA	#1	Oklahoma City	4:06.87	4/14
3	54	Juniya PRUITT, Jasmine COOKE, Maddie KNEIP, Madison BLANCH	#3	SAGU (Texas)	4:14.76	4/14
4	88	Keyana TREKELL, Haley DOWNING, Morgan LARSON, Jayden MASON	#7	Southwestern Cl	4:28.66	3/30

Women's High Jump

1	48	Brooklyn TAYLOR	#3	SAGU (Texas)	1.55m	5-1	4/14
2	71	Skyler ROBBINS	#4	John Brown (Ar)	1.53m	5-1/4	4/8
3	82	Ariadna GARZA	#2	Texas Wesleyan	1.50m	4-11	4/14
4		Stephanie TOWLE	#1	Oklahoma City	1.47m	4-9 3/4	4/14

Women's Pole Vault

1	67	Maci HUBBARD	#4	John Brown (Ar)	2.98m	9-9 1/4	3/30
2		Grace MITCHELL	#4	John Brown (Ar)	2.53m	8-3 1/2	3/30

Women's Long Jump

1	10	Chasity VEALS	#6	Langston (Okla.)	5.75m	18-10 1/2 (2)	4/14
2	15	Kelsey DRAPEAU	#7	Southwestern Cl	5.68m	18-7 3/4 (0.0)	3/24
3	39	Alysa HENDERSON	#2	Texas Wesleyan	5.45m	17-10 3/4 (0)	3/24
4	56	Cassie COOLONG	#7	Southwestern Cl	5.32m	17-5 1/2 (0.0)	3/24
5	65	LaJada OWENS	#6	Langston (Okla.)	5.29m	17-4 1/4 (0.0)	3/24
6	75	Jaelynn WILLIAMS	#2	Texas Wesleyan	5.26m	17-3 3/4 (1.1)	4/8
6	75	Ahmia DORSEY	#6	Langston (Okla.)	5.26m	17-3 3/4 (0.0)	3/24
8		Juniya PRUITT	#3	SAGU (Texas)	4.65m	15-3 1/4 (0.1)	3/9
9		Yazmeen SARKISSIAN	#6	Langston (Okla.)	4.64m	15-2 3/4 (0.0)	3/24
9		Kamree DYE	#4	John Brown (Ar)	4.64m	15-2 3/4 (1.2)	3/30

Women's Triple Jump

1	5	Chasity VEALS	#6	Langston (Okla.)	11.99m	39-4 (1.7)	4/7
2	14	Ahmia DORSEY	#6	Langston (Okla.)	11.60m	38-3/4 (0.0)	3/30
3	29	Angel EDWARDS	#6	Langston (Okla.)	11.24m	36-10 1/2 (0)	4/15
4		Juniya PRUITT	#3	SAGU (Texas)	10.23m	33-6 3/4 (2.4)	4/14
5		Aaliyah BUCKNER	#4	John Brown (Ar)	9.57m	31-4 3/4 (1.4)	3/30
6		Nicole BASYE	#4	John Brown (Ar)	8.58m	28-1 3/4 (1.4)	3/30

Women's Shot Put

1	16	Daryn BATTS	#1	Oklahoma City	13.43m	44-3/4	4/14
2	44	Danielle NOBLE	#7	Southwestern C	12.44m	40-9 3/4	3/24
3	47	Shonase COLLINS	#5	UNT Dallas	12.30m	40-4 1/4	4/8
4	74	Evie SCOLES	#4	John Brown (Ar)	11.89m	39-1/4	3/30
5		Fiona WILSON	#1	Oklahoma City	11.42m	37-5 3/4	4/14
6		Ryleah FISHER	#5	UNT Dallas	10.87m	35-8	4/8
7		Mauria WRIGHT	#7	Southwestern C	10.72m	35-2	4/15
8		Ella YARBOROUGH	#4	John Brown (Ar)	10.61m	34-9 3/4	4/8
9		Tia GONZALES	#1	Oklahoma City	10.11m	33-2	3/24
10		Morgan LUCAS	#1	Oklahoma City	9.96m	32-8 1/4	3/24

Women's Discus

1	16	Morgan LUCAS	#1	Oklahoma City	36.32m	119-2	3/24
2		Ella YARBOROUGH	#4	John Brown (Ar)	35.49m	116-5	4/8
3		Paige WILLIAMS	#5	UNT Dallas	34.00m	111-7	4/8
4		Kai TAYLOR	#3	SAGU (Texas)	33.79m	110-11	4/14
5		Daryn BATTS	#1	Oklahoma City	33.62m	110-4	4/14
6		Ryleah FISHER	#5	UNT Dallas	33.22m	109-0	4/14
7		Shonase COLLINS	#5	UNT Dallas	30.91m	101-5	4/14
8		Haley LINDSEY	#3	SAGU (Texas)	30.49m	100-1	3/24
9		Danielle NOBLE	#7	Southwestern C	30.10m	98-9	4/15
10		Trinnity REESE	#2	Texas Wesleyan	29.40m	96-5 1/2	4/14
10		Fiona WILSON	#1	Oklahoma City	29.40m	96-5 1/2	4/14

Women's Hammer

1		Shonase COLLINS	#5	UNT Dallas	38.11m	125-1	4/8
2		Daryn BATTS	#1	Oklahoma City	35.50m	116-6	3/24
3		Haley LINDSEY	#3	SAGU (Texas)	35.44m	116-3	3/24
4		Kai TAYLOR	#3	SAGU (Texas)	33.90m	111-3	4/14
5		Ryleah FISHER	#5	UNT Dallas	31.82m	104-5	3/17
6		Paige WILLIAMS	#5	UNT Dallas	28.75m	94-4	4/8
7		Trinnity REESE	#2	Texas Wesleyan	25.16m	82-6 1/2	4/14
8		Shacoyia WILLIAMS-MITCHELL	#2	Texas Wesleyan	19.25m	63-2	4/14

Women's Javelin

1		Brooklyn TAYLOR	#3	SAGU (Texas)	29.68m	97-4 1/2	4/7
2		Stephanie TOWLE	#1	Oklahoma City	26.28m	86-2 3/4	4/14
3		Kai TAYLOR	#3	SAGU (Texas)	25.72m	84-4 3/4	4/14
4		Nicole BASYE	#4	John Brown (Ar)	25.30m	83-1/4	3/30
5		Madison BLANCH	#3	SAGU (Texas)	22.62m	74-2 1/2	3/9
6		Allison DALZELL	#2	Texas Wesleyan	21.44m	70-4 1/4	4/14
7		Tia GONZALES	#1	Oklahoma City	20.09m	65-11	3/24
8		Ariadna GARZA	#2	Texas Wesleyan	18.43m	60-5 3/4	4/14
9		Sophia BARNARD	#4	John Brown (Ar)	16.41m	53-10 1/4	4/8



USTFCCCA NAIA Outdoor Track & Field

WOMEN — 2023 Week #4, April 17

Conference TFRI Event Summary

as of 4/17/2023 6:59:40 AM

SAC

Women's Heptathlon

1	35	Stephanie TOWLE	#1	Oklahoma City	3,072	3/24
2	46	Madison BLANCH	#3	SAGU (Texas)	2,647	3/24



Conference TFRI Event Summary

as of 4/17/2023 6:59:40 AM

SSAC

Women's 100 Meters

1	3	Latavia JACK	#3	Mobile (Ala.)	A:B 11.70w	(3.6)	3/23
2	5	Talayla DAVIS	#1	Life (Ga.)	A:B 11.76	(0.3)	4/14
3	11	Fredricka MCKENZIE	#2	William Carey (M:B	11.88	(1.7)	3/29
4	14	Salieci MYLES	#2	William Carey (M:B	11.90	(1.7)	3/23
5	20	Maya SMITH-SPEED	#1	Life (Ga.)	B 11.98	(0.3)	4/14
6	26	Tyeese SMITH	#2	William Carey (M	12.06	(0.0)	4/8
7	28	Myla EDWARDS	#3	Mobile (Ala.)	12.08w	(3.7)	3/23
8	44	Samantha MANSUR	#3	Mobile (Ala.)	12.19w	(3.7)	3/23
9	49	Alexia PERKINS	#1	Life (Ga.)	12.24	(0.3)	4/14
10	67	Jerenie JACKSON	#3	Mobile (Ala.)	12.35w	(3.7)	3/23

Women's 100 Meter Hurdles

1	1	Salieci MYLES	#2	William Carey (M:B	13.43w	(3.7)	3/29
2	20	An'Janae LATCHINSON	#2	William Carey (M B	14.58w	(2.6)	3/23
3	21	Anna CABRERA	#3	Mobile (Ala.)	B 14.60w	(3.1)	3/23
4		V'kaylynn WARD	#7	Brewton-Parker	16.15	(0.1)	4/8
5		Ariana MADISON	#1	Life (Ga.)	16.83	(-0.4)	4/14
6		Jaleah RHETT	#7	Brewton-Parker	16.87	(-0.8)	4/1
7		Tyler SIMPSON	#4	Dalton State (Ga	20.66w	(2.1)	3/16

Women's 200 Meters

1	2	Talayla DAVIS	#1	Life (Ga.)	A:B 23.63w	(2.4)	3/24
2	3	Sabrina RICHMAN	#1	Life (Ga.)	A:B 23.73w	(2.4)	3/24
3	10	Latavia JACK	#3	Mobile (Ala.)	A:B 24.31w	(3.9)	3/23
4	12	Fredricka MCKENZIE	#2	William Carey (M:B	24.48w	(3.9)	3/23
5	15	Maya SMITH-SPEED	#1	Life (Ga.)	A:B 24.62	(-0.4)	4/1
6	22	Brianna FLORVILUS	#1	Life (Ga.)	24.84	(-0.4)	4/1
7	31	Sadiya SHAMSID-DEEN	#3	Mobile (Ala.)	25.06	(0.2)	3/31
8	42	Myla EDWARDS	#3	Mobile (Ala.)	25.33w	(2.7)	3/23
9	43	Dhenecia PINNOCK	#8	Talladega (Ala.)	25.34w	(3.9)	3/31
9	43	Dalajah LONG	#1	Life (Ga.)	25.34	(-0.7)	4/7

Women's 400 Meters

1	3	Sabrina RICHMAN	#1	Life (Ga.)	A:B 54.96		4/7
2	4	Brianna FLORVILUS	#1	Life (Ga.)	A:B 55.19		4/7
3	5	Joy ABU	#2	William Carey (M:B	55.59		4/8
4	22	Maria SIMANCAS	#2	William Carey (M B	57.24		3/23
5	38	Sadiya SHAMSID-DEEN	#3	Mobile (Ala.)	58.06		3/31
6	42	Feja HODGES	#2	William Carey (M	58.37		4/8
7	51	Dagbjort MAGNUSDOTTIR	#1	Life (Ga.)	58.75		4/7
8	69	Dhenecia PINNOCK	#8	Talladega (Ala.)	59.46		4/7
9	90	Shawnessy EDWARDS	#3	Mobile (Ala.)	1:00.01		3/31
10		An'Janae LATCHINSON	#2	William Carey (M	1:00.43		4/8

Women's 400 Meter Hurdles

1	2	Joy ABU	#2	William Carey (M:B	59.74		3/29
2	47	An'Janae LATCHINSON	#2	William Carey (M	1:07.56		3/23
3	54	Kari WATTS	#3	Mobile (Ala.)	1:08.09		3/23
4	55	Raven PRATT	#3	Mobile (Ala.)	1:08.17		4/8
5	93	Catherine TRUEMPER	#6	Blue Mountain (I	1:10.31		3/4
6		Amia MONTGOMERY	#8	Talladega (Ala.)	1:12.34		3/31
7		Haley TILLERY	#4	Dalton State (Ga	1:15.74		4/14
8		Rebecca POE	#4	Dalton State (Ga	1:16.27		4/14
9		Sophia RAIF	#9	Florida College	1:17.11		2/18
10		Jaleah RHETT	#7	Brewton-Parker	1:25.01		3/24

Women's 800 Meters

1	36	Catherine TRUEMPER	#6	Blue Mountain (I	2:18.73		4/6
2	39	Kathryn VRADENBURGH	#4	Dalton State (Ga	2:19.21		4/14
3	43	Madisyn ACOSTA	#5	Loyola (La.)	2:19.65		3/17
4	47	Maria SIMANCAS	#2	William Carey (M	2:19.91		4/8
5	72	Kyja WILLIAMS	#1	Life (Ga.)	2:21.57		4/14
6	75	Madelyn GORTMOLLER	#3	Mobile (Ala.)	2:21.85		3/17
7	83	Sarah OLAMIDE	#2	William Carey (M	2:22.18		4/8
8		Shelby ROTH	#9	Florida College	2:23.49		4/7
9		Najah GIBSON	#1	Life (Ga.)	2:23.88		4/14
10		Makayla BLESSIKE	#6	Blue Mountain (I	2:23.93		3/25

Women's 1500 Meters

1	41	Kathryn VRADENBURGH	#4	Dalton State (Ga	4:46.70		4/14
2	95	Madisyn ACOSTA	#5	Loyola (La.)	4:56.18		3/17
3		Sarah OLAMIDE	#2	William Carey (M	4:58.10		3/23
4		Shelby ROTH	#9	Florida College	5:00.90		3/3
5		Blanca CONESA	#2	William Carey (M	5:04.02		3/23
6		Paige ANDERSON	#2	William Carey (M	5:14.74		4/8
7		Kyja WILLIAMS	#1	Life (Ga.)	5:15.88		3/24
8		Giselle DOMINGUEZ	#4	Dalton State (Ga	5:17.97		3/4
9		Amber BYRD	#5	Loyola (La.)	5:25.82		3/31
10		Marlene PAEZ	#4	Dalton State (Ga	5:37.52		3/4

Women's Steeplechase

1	15	Catherine TRUEMPER	#6	Blue Mountain (I B	11:24.87		3/25
2	38	Aubrey BRITT	#6	Blue Mountain (I	12:11.67		4/6
3	88	Haley TILLERY	#4	Dalton State (Ga	13:05.56		3/16
4	89	Kayla MATTOX	#4	Dalton State (Ga	13:05.97		3/16
5		Marlene PAEZ	#4	Dalton State (Ga	13:36.57		4/14
6		Ella COLEY	#4	Dalton State (Ga	14:00.28		3/4



Conference TFRI Event Summary

as of 4/17/2023 6:59:40 AM

SSAC

Women's 5000 Meters

1	75	Catherine TRUEMPER	#6 Blue Mountain (I	18:44.26	4/6
2	78	Kathryn VRADENBURGH	#4 Dalton State (Ga	18:45.88	3/16
3		Giselle DOMINGUEZ	#4 Dalton State (Ga	19:29.17	3/25
4		Isabelle WHEELER	#2 William Carey (N	19:30.17	4/8
5		Katie MEEKS	#6 Blue Mountain (I	19:55.79	4/6
6		Aubrey BRITT	#6 Blue Mountain (I	20:04.76	3/25
7		Cynthia JEPTOO	#1 Life (Ga.)	20:06.26	4/14
8		Marlene PAEZ	#4 Dalton State (Ga	20:07.12	3/4
9		Olivia PITTS	#2 William Carey (N	20:08.26	4/8
10		Ella COLEY	#4 Dalton State (Ga	20:54.97	4/14

Women's 10,000 Meters

1	8	Lina MAY	#2 William Carey (M:B	36:56.31	3/23
2	27	Madisyn ACOSTA	#5 Loyola (La.)	38:47.55	4/7
3	53	Giselle DOMINGUEZ	#4 Dalton State (Ga	40:32.64	3/16
4	71	Marlene PAEZ	#4 Dalton State (Ga	42:20.89	3/16
5	84	Ella COLEY	#4 Dalton State (Ga	43:32.74	3/16

Women's 4x100 Relay

1	1	Tyese SMITH, Fredricka MCKENZIE, Salieci MYLES, Machaeda LINTON	#2 William Carey (M:B	45.93	3/29
2	2	Dalajah LONG, Talayla DAVIS, Maya SMITH-SPEED, Alexia PERKINS	#1 Life (Ga.)	A:B 46.12	4/14
3	6	Myla EDWARDS, Samantha MANSUR, Latavia JACK, Jerenie JACKSON	#3 Mobile (Ala.)	A:B 46.53	3/23
4	37	Wayonna BROOKS-WELLS, Dhenecia PINNOCK, Dhaenia PINNOCK, Shanice BATTLE	#8 Talladega (Ala.)	49.02	4/12
5		Briana RAY, Rebecca POE, Tyler SIMPSON, Jazzmyn SHELTON	#4 Dalton State (Ga	55.47	4/14

Women's 4x400 Relay

1	1	An'Janae LATCHINSON, Joy ABU, Nevagant JONES, Maria SIMANCAS	#2 William Carey (M:B	3:46.18	3/29
2	2	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Kyja WILLIAMS	#1 Life (Ga.)	A:B 3:48.65	3/24
3	17	Raven PRATT, Shawnessy EDWARDS, Sadiya SHAMSID-DEEN, Yasmin PINES	#3 Mobile (Ala.)	3:59.58	4/8
4	43	Dhenecia PINNOCK, Dhaenia PINNOCK, Amia MONTGOMERY, Shanice BATTLE	#8 Talladega (Ala.)	4:10.30	3/24
5	98	Kayla MATTOX, Rebecca POE, Haley TILLERY, Kathryn VRADENBURGH	#4 Dalton State (Ga	4:37.25	3/25

Women's 4x800 Relay

1	16	Makayla BLESSIKE, Aminatta SHERIF, Katie MEEKS, Aubrey BRITT	#6 Blue Mountain (I	10:06.39	3/25
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Women's High Jump

1	27	Kaitlyn BECNEL	#5 Loyola (La.)	1.60m	5-3	4/7
2	35	Anna CABRERA	#3 Mobile (Ala.)	1.58m	5-2¼	3/30
3	48	Tyra DARRINGTON	#3 Mobile (Ala.)	1.55m	5-1	3/23
4		Josephine GATES	#8 Talladega (Ala.)	1.45m	4-9	4/12
5		Tyler SIMPSON	#4 Dalton State (Ga	1.31m	4-3½	3/4

Women's Pole Vault

1		Briana RAY	#4 Dalton State (Ga	2.42m	7-11¼	4/14
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Women's Long Jump

1	21	Jhanya QUINONES	#3 Mobile (Ala.)	5.63mw	18-5¾ (3.2	3/17
2	28	Nevagant JONES	#2 William Carey (N	5.55mw	18-2½ (2.4	3/23
3	42	Zaniyah WILSON	#2 William Carey (N	5.41mw	17-9 (2.7)	3/23
4	46	Anna CABRERA	#3 Mobile (Ala.)	5.40m	17-8¾ (0.1	4/8
5	62	Patrice OATIS	#2 William Carey (N	5.30mw	17-4¾ (2.8	3/23
5	62	Destiny HANNA	#7 Brewton-Parker	5.30m	17-4¾ (1.3	3/24
7	86	Talayla DAVIS	#1 Life (Ga.)	5.23mw	17-2 (2.6)	3/24
8	94	Kaylee LOWE	#1 Life (Ga.)	5.18m	17-0 (0.0)	4/14
9		A'Shanti SURREY	#7 Brewton-Parker	5.02m	16-5¾ (0.0	3/11
10		TaNaja WILLIAMS	#3 Mobile (Ala.)	5.00m	16-5 (0.0)	4/8



Conference TFRI Event Summary

as of 4/17/2023 6:59:40 AM

SSAC

Women's Triple Jump

1	4	Nevagant JONES	#2	William Carey (M:B) 12.00mw	39-4½ (2.5)	3/23
2	6	Machaeda LINTON	#2	William Carey (M:B) 11.81mw	38-9 (2.9)	3/23
3	16	Zaniyah WILSON	#2	William Carey (M:B) 11.56mw	37-11¼ (2)	3/23
4	44	LaToria SPENCE	#2	William Carey (M:B) 11.00m	36-1¼ (1.2)	3/23
5	67	A'Shanti SURREY	#7	Brewton-Parker 10.63m	34-10½ (-0)	3/24
6		V'kaylynn WARD	#7	Brewton-Parker 10.24m	33-7¼ (0.6)	4/8
7		Kaylee LOWE	#1	Life (Ga.) 9.99m	32-9½ (0.0)	4/14
8		Lindsey OGLESBY	#7	Brewton-Parker 9.84m	32-3½ (0.5)	3/24
9		Ariana MADISON	#1	Life (Ga.) 9.80m	32-2 (0.8)	3/24

Women's Shot Put

1	2	Levonis DAVIS	#1	Life (Ga.)	A:B 14.50m	47-7	3/24
2	12	Fedra FLORENTIN	#3	Mobile (Ala.)	A:B 13.58m	44-6¾	3/23
3	27	Danielle ALBRIGHT	#1	Life (Ga.)	12.91m	42-4¼	4/1
4	31	Mykhala COLEMAN	#5	Loyola (La.)	12.67m	41-7	3/25
5	49	Bryana BAZILE	#5	Loyola (La.)	12.28m	40-3½	3/25
6	77	Somara BUTCHER	#3	Mobile (Ala.)	11.85m	38-10½	3/2
7	98	Diamond ATKINS	#1	Life (Ga.)	11.57m	37-11½	4/1
8		Kaytlin BOYKINS	#8	Talladega (Ala.)	11.35m	37-3	4/12
9		Kimora DANIEL	#5	Loyola (La.)	10.87m	35-8	3/25
9		Mersadies FOOTE	#1	Life (Ga.)	10.87m	35-8	4/1

Women's Discus

1	16	Bryana BAZILE	#5	Loyola (La.)	B 42.94m	140-11	3/17
2	25	Levonis DAVIS	#1	Life (Ga.)	42.39m	139-1	4/14
3	46	Diamond ATKINS	#1	Life (Ga.)	39.59m	129-11	4/7
4	85	Danielle ALBRIGHT	#1	Life (Ga.)	37.10m	121-9	4/14
5		Aniyah DENT	#3	Mobile (Ala.)	35.33m	115-11	4/8
6		Shaylah ROBINSON	#5	Loyola (La.)	35.23m	115-7	3/25
7		Fedra FLORENTIN	#3	Mobile (Ala.)	34.42m	112-11	3/17
8		Caroline MEEHAN	#1	Life (Ga.)	30.95m	101-7	4/14
9		Somara BUTCHER	#3	Mobile (Ala.)	30.59m	100-5	3/31
10		Mersadies FOOTE	#1	Life (Ga.)	30.01m	98-5½	3/24

Women's Hammer

1	1	Jennifer BATU	#1	Life (Ga.)	A:B 58.82m	193-0	4/7
2	17	Danielle ALBRIGHT	#1	Life (Ga.)	B 49.79m	163-4	4/7
3		Levonis DAVIS	#1	Life (Ga.)	40.00m	131-3	4/7
4		Mersadies FOOTE	#1	Life (Ga.)	39.84m	130-9	4/1
5		Bryana BAZILE	#5	Loyola (La.)	38.65m	126-10	4/15
6		Diamond ATKINS	#1	Life (Ga.)	37.94m	124-6	3/24
7		Mykhala COLEMAN	#5	Loyola (La.)	37.57m	123-3	3/25
8		Shaylah ROBINSON	#5	Loyola (La.)	37.20m	122-1	3/25
9		Malaika THEOPHILE	#1	Life (Ga.)	33.98m	111-6	4/1
10		Jolie MATHERNE	#5	Loyola (La.)	33.56m	110-1	4/15

Women's Javelin

1	47	Anna CABRERA	#3	Mobile (Ala.)	35.72m	117-2	3/17
2		Ariana MADISON	#1	Life (Ga.)	30.24m	99-2½	3/24
3		Brooklynn TALTON	#8	Talladega (Ala.)	28.68m	94-1¼	3/31
4		Darcy PICKER	#1	Life (Ga.)	28.32m	92-11	4/14
5		Haley TILLERY	#4	Dalton State (Ga)	23.76m	77-11½	4/14
6		Jolie MATHERNE	#5	Loyola (La.)	23.47m	77-0	3/25
7		Caroline MEEHAN	#1	Life (Ga.)	22.02m	72-3	4/14
8		Kaylee LOWE	#1	Life (Ga.)	20.10m	65-11½	4/14
9		Briana RAY	#4	Dalton State (Ga)	19.84m	65-1¼	3/4
10		Malaika THEOPHILE	#1	Life (Ga.)	19.65m	64-5¾	4/1

Women's Heptathlon

1	3	Anna CABRERA	#3	Mobile (Ala.)	B 4,699w	3/30
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Conference TFRI Event Summary

as of 4/17/2023 6:59:40 AM

Sun Conference

Women's 100 Meters

1	7	Denai WILSON	#4	Florida Memoria	A: 11.81	(-0.6)	4/7
2	12	Irmiris MENDEZ	#1	Southeastern (F)	A: 11.89w	(2.4)	3/30
3	14	Toni CANFALL	#1	Southeastern (F)	A: 11.90	(-0.6)	4/7
4	24	Alohnna-Elyse LEE	#5	Webber Internat	12.04w	(2.7)	4/7
5	28	Anitria SANGSTER	#4	Florida Memoria	12.08w	(3.2)	3/17
5	28	Nicole JOHNSON	#9	Warner (Fla.)	12.08	(1.2)	4/7
7	35	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	12.14	(0.9)	3/24
8	61	Staicha LAROSE	#2	Keiser (Fla.)	12.32	(0.8)	4/7
9	63	Dinae HEMMINGS	#5	Webber Internat	12.34w	(3.1)	3/30
10	86	Megan SPRINKMAN	#3	St. Thomas (Fla.)	12.49w	(3.2)	3/17

Women's 100 Meter Hurdles

1	14	Tenae GRIGSBY	#1	Southeastern (F)	B 14.46w	(3.0)	3/17
2	17	Emma DIVERONICA	#3	St. Thomas (Fla.)	B 14.54w	(2.1)	3/25
3	22	Yasmyne WILLIAMS	#4	Florida Memoria	B 14.68	(1.7)	4/7
4	31	Irmiris MENDEZ	#1	Southeastern (F)	14.86	(1.7)	4/7
5	52	Qunizel BAZILIO	#4	Florida Memoria	15.28	(1.4)	3/24
6	58	Amaya KIER	#1	Southeastern (F)	15.39w	(3.0)	3/17
7	65	Victoria MORRIS	#1	Southeastern (F)	15.53w	(3.5)	3/17
8	81	Caitlyn O'BRIEN	#7	Ave Maria (Fla.)	15.74w	(2.7)	3/30
9	85	Mariam DAVIS	#1	Southeastern (F)	15.78	(-1.1)	4/7
10		Isabella ZARO	#6	SCAD Savannah	16.61	(0.8)	2/25

Women's 200 Meters

1	8	Denai WILSON	#4	Florida Memoria	A: 24.18	(1.0)	4/7
2	15	Toni CANFALL	#1	Southeastern (F)	A: 24.62	(1.0)	4/7
3	18	Sabrina DAVIS	#9	Warner (Fla.)	B 24.68	(1.3)	4/7
4	24	Anitria SANGSTER	#4	Florida Memoria	24.89	(0.5)	3/24
4	24	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	24.89	(1.0)	4/7
6	32	Irmiris MENDEZ	#1	Southeastern (F)	25.08	(0.5)	3/24
7	36	Alohnna-Elyse LEE	#5	Webber Internat	25.15w	(2.2)	4/7
8	39	Namiah SIMPSON	#1	Southeastern (F)	25.21	(1.6)	3/17
9	53	Staicha LAROSE	#2	Keiser (Fla.)	25.49	(1.9)	4/7
10	61	Megan SPRINKMAN	#3	St. Thomas (Fla.)	25.65w	(2.6)	3/25

Women's 400 Meters

1	11	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	A: 56.48		4/7
2	12	Namiah SIMPSON	#1	Southeastern (F)	A: 56.50		3/17
3	25	Samaya CAURTHENS	#2	Keiser (Fla.)	57.38		4/7
4	35	Melissa GRIPACUS	#2	Keiser (Fla.)	57.93		4/14
5	64	Marie MARC	#2	Keiser (Fla.)	59.27		4/14
6	76	Sabrina DAVIS	#9	Warner (Fla.)	59.58		4/7
7		Jada BLACKHEART	#3	St. Thomas (Fla.)	1:00.85		3/3
8		Monique BROWN	#4	Florida Memoria	1:01.16		3/17
9		Camille BARRON	#3	St. Thomas (Fla.)	1:01.40		4/14
10		Wislande LOUIS-PIERRE	#3	St. Thomas (Fla.)	1:02.41		4/14

Women's 400 Meter Hurdles

1	3	Tenae GRIGSBY	#1	Southeastern (F)	A: 1:00.42		3/17
2	5	Namiah SIMPSON	#1	Southeastern (F)	A: 1:02.20		3/24
3	14	Qunizel BAZILIO	#4	Florida Memoria	1:04.77		4/7
4	16	Shanice FLEURIMOND	#2	Keiser (Fla.)	1:05.11		4/7
5	37	Marie MARC	#2	Keiser (Fla.)	1:06.69		4/7
6	42	Amaya KIER	#1	Southeastern (F)	1:06.97		2/18
7	85	Melissa GRIPACUS	#2	Keiser (Fla.)	1:09.85		4/7
8	98	Monique WOODS	#4	Florida Memoria	1:10.53		4/7
9		Yasmyne WILLIAMS	#4	Florida Memoria	1:12.21		4/7
10		Sophia ALEXANDER	#8	Thomas (Ga.)	1:12.39		3/17

Women's 800 Meters

1	14	Alyssa GAGNON	#3	St. Thomas (Fla.)	B 2:15.40		4/14
2	48	Theresa LONG	#7	Ave Maria (Fla.)	2:20.05		3/30
3	51	Jillian BLASER	#1	Southeastern (F)	2:20.15		4/7
4	73	Monique BROWN	#4	Florida Memoria	2:21.63		3/24
5		Grace FEDER	#1	Southeastern (F)	2:24.77		3/24
6		Maggie FRONING	#6	SCAD Savannah	2:25.79		3/24
7		Kaitlyn VORKAPICH	#1	Southeastern (F)	2:26.97		4/7
8		Natalie ROHM	#1	Southeastern (F)	2:27.14		2/18
9		Emma PERREAULT	#7	Ave Maria (Fla.)	2:27.18		3/30
10		Marie MARC	#2	Keiser (Fla.)	2:28.37		3/30

Women's 1500 Meters

1	24	Theresa LONG	#7	Ave Maria (Fla.)	4:44.11		3/30
2	42	Montserrat DE SANTIAGO	#6	SCAD Savannah	4:47.02		3/30
3	67	Talia SULLIVAN	#6	SCAD Savannah	4:50.85		3/24
4	69	Julia ROHM	#1	Southeastern (F)	4:51.21		3/17
5	80	Jillian BLASER	#1	Southeastern (F)	4:52.58		3/17
6	88	Alex MIDGETT	#6	SCAD Savannah	4:54.40		3/24
7		Maggie FRONING	#6	SCAD Savannah	4:58.47		3/24
8		Grace FEDER	#1	Southeastern (F)	5:00.93		4/7
9		Felicity FOXHOVEN	#7	Ave Maria (Fla.)	5:06.66		3/17
10		Kaitlyn VORKAPICH	#1	Southeastern (F)	5:08.31		2/18

Women's Steeplechase

1	41	Sophie ROBINSON	#1	Southeastern (F)	12:17.57		3/30
2	59	Maggie FRONING	#6	SCAD Savannah	12:37.01		3/30
3	79	Emma MCLAUGHLIN	#1	Southeastern (F)	12:54.72		4/7
4	97	Eva CAMP	#1	Southeastern (F)	13:30.19		3/24



Conference TFRI Event Summary

as of 4/17/2023 6:59:41 AM

Sun Conference

Women's 5000 Meters

1	18	Julia ROHM	#1	Southeastern (F B	17:33.60	3/17
2	28	Talia SULLIVAN	#6	SCAD Savannah	17:48.08	3/30
3	53	Julia GRALKI	#6	SCAD Savannah	18:23.11	3/30
4	58	Montserrat DE SANTIAGO	#6	SCAD Savannah	18:32.81	3/30
5	68	Alex MIDGETT	#6	SCAD Savannah	18:41.10	3/30
6		Jillian BLASER	#1	Southeastern (F	18:58.60	3/30
7		Grace FEDER	#1	Southeastern (F	18:59.25	3/30
8		Sarah MADDUX-HENSLEY	#1	Southeastern (F	19:28.91	3/30
9		Madison LILIENTHAL	#1	Southeastern (F	19:40.37	3/17
10		Abbie BAKER	#1	Southeastern (F	20:18.40	3/30

Women's 10,000 Meters

1	11	Talia SULLIVAN	#6	SCAD Savannah A:B	37:09.73	3/16
2	12	Julia ROHM	#1	Southeastern (FA:B	37:15.22	3/30
3	23	Julia GRALKI	#6	SCAD Savannah B	38:01.78	3/16
4	54	Madison LILIENTHAL	#1	Southeastern (F	40:48.76	3/30
5	75	Stef BARACALDO	#6	SCAD Savannah	42:47.25	3/16
6	97	Cassandra RICHARDS	#8	Thomas (Ga.)	44:33.35	3/24

Women's 5000m Race Walk

1	23	Maria TALAFUSE	#7	Ave Maria (Fla.)	34:34.36	3/17
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Women's 4x100 Relay

1	3	Irmiris MENDEZ, Oluwafikayomi LAWRENCE, Namiah SIMPSON, Toni CANFALL	#1	Southeastern (FA:B	46.33	4/7
2	12	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Andreana GRAHAM	#4	Florida MemoriaA:B	47.40	4/7
3	23	Staicha LAROSE, Ah'leeyah STRAPPIER, Samaya CAURTHENS, Marie MARC	#2	Keiser (Fla.)	48.34	3/24
4	34	Emma DIVERONICA, Megan SPRINKMAN, Shakyra COLLIER, Camille BARRON	#3	St. Thomas (Fla.)	48.85	3/17
5	40	Dinae HEMMINGS, Alohnna-Elys LEE, Xaniah WILLIAMS, Shanya DONALDSON	#5	Webber Internat	49.10	3/24
6	94	Caitlyn O'BRIEN, Abbey PHIBBS, Elena BARNES, Casey HUMPHREY	#7	Ave Maria (Fla.)	52.96	4/14

Women's 4x400 Relay

1	4	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#1	Southeastern (FA:B	3:49.97	3/17
2	7	Shanice FLEURIMOND, Samaya CAURTHENS, Marie MARC, Melissa GRIPACUS	#2	Keiser (Fla.) A:B	3:53.75	3/24
3	14	Anitria SANGSTER, Monique BROWN, Qunizel BAZILIO, Yasmyne WILLIAMS	#4	Florida Memoria	3:59.06	3/24
4	36	Camille BARRON, Jada BLACKHEART, Ahlia SANDIFER, Alyssa GAGNON	#3	St. Thomas (Fla.)	4:07.96	4/7
5	64	Abigail RALL, Abbey PHIBBS, Carol LONG, Theresa LONG	#7	Ave Maria (Fla.)	4:17.95	3/17
6		Erin LANDIS, Isabella ZARO, Bella EDWARDS, Maggie FRONING	#6	SCAD Savannah	4:44.68	2/25

Women's 4x800 Relay

1	8	Jillian BLASER, Grace FEDER, Emma WOLTJER, Julia ROHM	#1	Southeastern (F	9:37.44	3/30
2	20	Carol LONG, Emma PERREAULT, Regina PIROLI, Abigail RALL	#7	Ave Maria (Fla.)	10:16.25	3/30

Women's High Jump

1	8	Mariam DAVIS	#1	Southeastern (F B	1.65m	5-5	3/17
2	19	Aiana COLAS	#2	Keiser (Fla.)	1.63m	5-4¼	4/7
3	48	Kailyn KELLY	#2	Keiser (Fla.)	1.55m	5-1	3/30
4		Damia WOOLCOCK	#3	St. Thomas (Fla.)	1.47m	4-9¾	4/14
4		Tessa SHRIVER	#5	Webber Internat	1.47m	4-9¾	3/30
4		Victoria MORRIS	#1	Southeastern (F	1.47m	4-9¾	3/30
7		Marie MARC	#2	Keiser (Fla.)	1.37m	4-6	3/30
7		Natalie ROHM	#1	Southeastern (F	1.37m	4-6	3/30
9		Irmiris MENDEZ	#1	Southeastern (F	1.34m	4-4¾	3/30

Women's Pole Vault

1		Lauren BROWN	#5	Webber Internat	2.35m	7-8½	3/30
1		Amari GRAHAM	#1	Southeastern (F	2.35m	7-8½	2/18



Conference TFRI Event Summary

as of 4/17/2023 6:59:41 AM

Sun Conference

Women's Long Jump

1	5	Caitlyn O'BRIEN	#7	Ave Maria (Fla.)	4: B 5.78mw	18-11¼ (2)	3/17
2	7	Andreana GRAHAM	#4	Florida Memoria	A: B 5.77m	18-11¼ (2)	4/7
3	24	Mariam DAVIS	#1	Southeastern (F	5.62mw	18-5¼ (3.3)	4/7
4	51	Shakyra COLLIER	#3	St. Thomas (Fla.	5.36mw	17-7 (2.2)	3/3
5	73	Xaniah WILLIAMS	#5	Webber Internat	5.27m	17-3½ (2.0)	3/3
6		Abigail LEUTHOLD	#5	Webber Internat	5.17mw	16-11½ (2)	3/3
7		Miyah FORD	#1	Southeastern (F	5.16m	16-11¼ (0)	3/17
8		Idalia ROMERO-TALBERT	#1	Southeastern (F	5.12mw	16-9¾ (3.1)	3/17
9		Kailyn KELLY	#2	Keiser (Fla.)	4.99m	16-4½ (1.9)	3/17
10		Lucia ZVONAR	#7	Ave Maria (Fla.)	4.98m	16-4¼ (2.0)	3/17

Women's Triple Jump

1	16	Miyah FORD	#1	Southeastern (F B	11.56m	37-11¼ (1)	3/24
2	24	Xaniah WILLIAMS	#5	Webber Internat	11.31m	37-1¼ (1.1)	3/24
3	25	Abigail LEUTHOLD	#5	Webber Internat	11.30m	37-1 (0.0)	4/7
4	28	LaDaijahnae MILLER	#1	Southeastern (F	11.25m	36-11 (1.7)	3/17
5	62	Kailyn KELLY	#2	Keiser (Fla.)	10.72mw	35-2 (2.3)	3/17
6	78	Andreana GRAHAM	#4	Florida Memoria	10.56m	34-7¾ (0.0)	4/7
7	83	Shakyra COLLIER	#3	St. Thomas (Fla.	10.53mw	34-6¾ (2.2)	3/3
8	86	Ah'leeyah STRAPPIER	#2	Keiser (Fla.)	10.47m	34-4¼ (0.0)	4/14
9		Vanielis RAMOS	#5	Webber Internat	10.23m	33-6¾ (0.1)	3/30
10		Alexia KORNILOV	#3	St. Thomas (Fla.	10.16mw	33-4 (2.1)	3/3

Women's Shot Put

1	37	Toynelle MING	#3	St. Thomas (Fla.	12.55m	41-2¼	4/14
2	69	Jennifer COLEMAN	#8	Thomas (Ga.)	11.97m	39-3¼	3/24
3	89	Niesha ALDAJUSTE	#5	Webber Internat	11.73m	38-6	3/24
4	E+0	Rebecca PERONA	#7	Ave Maria (Fla.)	11.52m	37-9½	4/14
5		Mariam DAVIS	#1	Southeastern (F	11.11m	36-5½	3/24
6		Angela AUGUSTE	#2	Keiser (Fla.)	11.02m	36-2	3/17
7		Ryeyauni BUSH	#4	Florida Memoria	10.80m	35-5¼	4/7
8		MarieAnge MOUSSIGNAC	#1	Southeastern (F	10.61m	34-9¾	4/7
9		Emma TERRY	#1	Southeastern (F	10.41m	34-2	3/30
10		Destinee ALFORD	#5	Webber Internat	10.12m	33-2½	4/7

Women's Discus

1	22	Toynelle MING	#3	St. Thomas (Fla. B	42.57m	139-8	3/17
2	62	Jennifer COLEMAN	#8	Thomas (Ga.)	38.28m	125-7	3/24
3	88	Niesha ALDAJUSTE	#5	Webber Internat	37.06m	121-7	4/7
4		Angela AUGUSTE	#2	Keiser (Fla.)	36.11m	118-6	3/30
5		Ryeyauni BUSH	#4	Florida Memoria	35.92m	117-10	3/24
6		Taela CAMPBELL	#4	Florida Memoria	33.27m	109-2	3/17
7		MarieAnge MOUSSIGNAC	#1	Southeastern (F	32.16m	105-6	3/30
8		Melissa BROOKS	#2	Keiser (Fla.)	31.56m	103-7	3/30
9		Kenzie WILSON	#3	St. Thomas (Fla.	30.88m	101-4	3/3
10		Baylie HARTMAN	#1	Southeastern (F	30.18m	99-¼	3/17

Women's Hammer

1	23	Niesha ALDAJUSTE	#5	Webber Internat B	48.60m	159-6	3/30
2		MarieAnge MOUSSIGNAC	#1	Southeastern (F	39.64m	130-1	3/30
3		Jennifer COLEMAN	#8	Thomas (Ga.)	36.30m	119-1	4/8
3		Emma TERRY	#1	Southeastern (F	36.30m	119-1	4/7
5		Melissa BROOKS	#2	Keiser (Fla.)	35.88m	117-9	3/30
6		Taela CAMPBELL	#4	Florida Memoria	35.46m	116-4	3/17
7		Destinee ALFORD	#5	Webber Internat	34.52m	113-3	4/7
8		Angela AUGUSTE	#2	Keiser (Fla.)	33.31m	109-4	4/7
9		Anyce BURKE-GREAVES	#2	Keiser (Fla.)	33.07m	108-6	4/7
10		Ryeyauni BUSH	#4	Florida Memoria	31.31m	102-9	3/17

Women's Javelin

1	18	Rian BOUB	#3	St. Thomas (Fla. B	39.22m	128-8	4/14
2	98	Shyanne LACEY	#1	Southeastern (F	31.46m	103-3	4/7
3		Emma TERRY	#1	Southeastern (F	30.95m	101-7	3/24
4		Christian POMMELIS	#3	St. Thomas (Fla.	30.82m	101-2	4/14
5		Rebecca PERONA	#7	Ave Maria (Fla.)	30.14m	98-10¾	4/14
6		Jenkavia HARPER	#2	Keiser (Fla.)	30.06m	98-7½	4/14
7		Kaylee HIGGINS	#4	Florida Memoria	28.41m	93-2½	3/24
8		Jennifer COLEMAN	#8	Thomas (Ga.)	28.36m	93-½	3/17
9		Mariam DAVIS	#1	Southeastern (F	28.25m	92-8¼	3/17
10		Irmiris MENDEZ	#1	Southeastern (F	26.64m	87-5	3/30

Women's Heptathlon

1	12	Irmiris MENDEZ	#1	Southeastern (F B	4,069w		3/30
2	18	Mariam DAVIS	#1	Southeastern (F B	3,911		4/7
3	19	Kailyn KELLY	#2	Keiser (Fla.)	B 3,901w		3/30
4	30	Natalie ROHM	#1	Southeastern (F	3,245w		3/30
5	39	Marie MARC	#2	Keiser (Fla.)	2,875w		3/30



Conference TFRI Event Summary

as of 4/17/2023 6:59:41 AM

The Heart

Women's 100 Meters

1	6	Nikiwe MONGWE	#3	MidAmerica NazA	B 11.77	(1.4)	4/13
2	12	Gizel CLAYTON	#2	Central MethodiA	B 11.89w	(2.4)	3/31
3	33	Daizy SOLIR	#3	MidAmerica Naz	12.11w	(3.7)	4/13
4	40	Eden CLIFTON	#9	Graceland (Iowa	12.17w	(2.5)	4/14
5	51	Delaney WEIMER	#7	Evangel (Mo.)	12.25w	(2.5)	4/14
6	78	Naomi KILSON	#8	Baker (Kan.)	12.46w	(2.4)	3/31
7	94	Sakoya JOHNSON	#2	Central Methodi	12.54	(1.4)	4/14
8		Alexandra ROSE	#11	William Penn (Io	12.63w	(3.1)	4/7
9		Janiah NICHOLSON	#3	MidAmerica Naz	12.64	(1.9)	4/8
10		Nala BURNS	#3	MidAmerica Naz	12.74w	(2.4)	4/13

Women's 100 Meter Hurdles

1	2	Tre'Breh SCOTT	#2	Central MethodiA	B 13.81	(1.8)	4/7
2	3	Gizel CLAYTON	#2	Central MethodiA	B 13.83	(0.8)	3/24
3	13	Tajanique BELL	#8	Baker (Kan.)	A: B 14.40	(0.8)	3/31
4	34	Jocelyn JENKINS	#3	MidAmerica Naz	14.95w	(2.4)	4/13
5	45	Renee FINKE	#2	Central Methodi	15.19w	(2.5)	4/14
6	61	Annie LEOPOLD	#4	Mount Mercy (Io	15.43w	(2.9)	4/1
7	68	Shanai SWEETING	#10	Park (Mo.)	15.56w	(2.5)	4/14
8	84	Hope KLAMM	#10	Park (Mo.)	15.76	(1.2)	4/14
9	96	Abigail BATU-TIAKO	#11	William Penn (Io	15.92w	(2.8)	4/7
10		Cayna LOVE	#1	Benedictine (Ka	16.07	(0.9)	3/25

Women's 200 Meters

1	5	Nikiwe MONGWE	#3	MidAmerica NazA	B 24.02	(-1.2)	4/13
2	26	Gizel CLAYTON	#2	Central Methodi	24.90	(1.4)	3/31
3	27	Darly CAMILO-MONTENEGRO	#2	Central Methodi	24.96	(1.4)	3/31
4	64	Eden CLIFTON	#9	Graceland (Iowa	25.67	(0.3)	4/14
5	66	Janiah NICHOLSON	#3	MidAmerica Naz	25.68	(0.3)	4/13
6	85	Delaney WEIMER	#7	Evangel (Mo.)	25.83	(1.6)	4/14
7	94	Daizy SOLIR	#3	MidAmerica Naz	25.89	(-1.8)	4/13
8		Allena ROWLAND	#6	Clarke (Iowa)	26.06w	(3.2)	3/31
9		Naomi KILSON	#8	Baker (Kan.)	26.17	(1.4)	3/31
10		Raven WILLIAMS	#11	William Penn (Io	26.20w	(3.0)	4/7

Women's 400 Meters

1	7	Nikiwe MONGWE	#3	MidAmerica NazA	B 55.90		4/8
2	17	Darly CAMILO-MONTENEGRO	#2	Central Methodi	B 57.12		3/24
3	53	Jena HAHLEBECK	#10	Park (Mo.)	58.85		4/14
4	62	Daizy SOLIR	#3	MidAmerica Naz	59.15		4/8
5	68	Allena ROWLAND	#6	Clarke (Iowa)	59.38		4/5
6	73	Janiah NICHOLSON	#3	MidAmerica Naz	59.55		4/13
7	98	Brooklyn JOHNSON	#4	Mount Mercy (Io	1:00.14		4/7
8		Natalie GARR	#2	Central Methodi	1:00.49		4/14
9		Raven WILLIAMS	#11	William Penn (Io	1:00.63		3/25
10		Neomi SIDIQUE	#5	Grand View (Iow	1:01.15		3/25

Women's 400 Meter Hurdles

1	12	Tajanique BELL	#8	Baker (Kan.)	B 1:04.30		3/25
2	15	Allena ROWLAND	#6	Clarke (Iowa)	1:04.99		4/14
3	22	Jocelyn JENKINS	#3	MidAmerica Naz	1:05.40		4/13
4	26	Kailey JOHNSON	#2	Central Methodi	1:05.61		4/14
5	28	Yanira DEANA PANINKA	#2	Central Methodi	1:05.77		4/7
6	32	Abigail GOOD	#7	Evangel (Mo.)	1:06.08		4/14
7	36	Stella WHALEN	#3	MidAmerica Naz	1:06.68		3/31
8	39	Jessica BAILEY	#2	Central Methodi	1:06.76		4/7
9	41	Cayna LOVE	#1	Benedictine (Ka	1:06.86		3/25
10	46	Keiara-Ashley CUNNINGHAM	#2	Central Methodi	1:07.50		4/7

Women's 800 Meters

1	9	Darly CAMILO-MONTENEGRO	#2	Central Methodi	B 2:14.74		4/7
2	11	Jena HAHLEBECK	#10	Park (Mo.)	B 2:15.18		3/30
3	18	Caroline COBO	#1	Benedictine (Ka	2:16.10		3/23
4	86	Kjirsten GUILFORD	#2	Central Methodi	2:22.51		3/31
5	89	Skylar ADAMS	#7	Evangel (Mo.)	2:22.62		4/8
6	95	Madeline WIESEMAN	#2	Central Methodi	2:23.05		4/14
7		Emily HARRIS	#7	Evangel (Mo.)	2:23.55		4/14
8		Allena ROWLAND	#6	Clarke (Iowa)	2:24.01		4/7
9		Macy KOPP	#7	Evangel (Mo.)	2:24.04		4/8
10		Gemma DOWNEY	#1	Benedictine (Ka	2:24.38		4/13

Women's 1500 Meters

1	30	Caroline COBO	#1	Benedictine (Ka	4:45.33		4/13
2	90	Morgan LAWSON	#5	Grand View (Iow	4:54.74		3/25
3	92	Natasha ORTIZ	#1	Benedictine (Ka	4:55.00		3/25
4	98	Skylar ADAMS	#7	Evangel (Mo.)	4:56.60		4/14
5		Emily HARRIS	#7	Evangel (Mo.)	4:57.20		3/24
6		Julia MCLAUGHLIN	#1	Benedictine (Ka	4:57.58		4/14
7		Isabella GUERRA	#1	Benedictine (Ka	4:59.30		4/14
8		Justine WHEELER	#3	MidAmerica Naz	5:01.35		4/13
9		Liberty LEIS	#5	Grand View (Iow	5:01.37		4/14
10		Mary ROLWES	#1	Benedictine (Ka	5:03.23		4/14

Women's Steeplechase

1	6	Morgan LAWSON	#5	Grand View (Iowa	A: B 11:13.33		4/14
2	18	Caroline COBO	#1	Benedictine (Ka	11:30.54		3/23
3	28	Keagan PERKINS	#9	Graceland (Iowa	11:42.04		4/8
4	65	Jana LANDRETH	#8	Baker (Kan.)	12:42.61		4/8
5	66	Jaycie FRANCO	#6	Clarke (Iowa)	12:42.67		4/5
6	68	Jessa DAY	#4	Mount Mercy (Io	12:46.44		4/1
7	82	Abby RINDERKNECHT	#4	Mount Mercy (Io	13:00.50		4/1
8		Blaise BALL	#8	Baker (Kan.)	13:52.88		4/8



Conference TFRI Event Summary

as of 4/17/2023 6:59:41 AM

The Heart

Women's 5000 Meters

1	52	Natasha ORTIZ	#1	Benedictine (Ka)	18:20.91	3/23
2	71	Emily HARRIS	#7	Evangel (Mo.)	18:41.60	3/31
3	1E+0	Mary ROLWES	#1	Benedictine (Ka)	18:57.98	3/23
4		Julia MCLAUGHLIN	#1	Benedictine (Ka)	19:01.35	3/23
5		Isabella GUERRA	#1	Benedictine (Ka)	19:09.19	3/23
6		Lily MENGHINI	#1	Benedictine (Ka)	19:15.84	3/23
7		J'Lyn KNUTSON	#4	Mount Mercy (Io)	19:35.02	3/17
8		Rory BICKLER	#6	Clarke (Iowa)	19:36.32	4/5
9		Brooke ALLEN	#8	Baker (Kan.)	19:45.29	3/25
10		Catherine AARON	#1	Benedictine (Ka)	19:46.39	3/23

Women's 10,000 Meters

1	28	Natasha ORTIZ	#1	Benedictine (Ka)	38:57.44	4/14
2	37	Rory BICKLER	#6	Clarke (Iowa)	39:28.03	4/1
3	70	Lily MENGHINI	#1	Benedictine (Ka)	42:09.75	4/14
4		Ariana LOPEZ	#4	Mount Mercy (Io)	44:51.27	4/14
5		Jaycie FRANCO	#6	Clarke (Iowa)	45:09.99	4/14
6		Jessie SONNEN	#1	Benedictine (Ka)	50:22.55	4/14

Women's 5000m Race Walk

1	8	Paige THOMPSON	#5	Grand View (Iowa)	28:27.48	3/25
2	12	Baileigh MORRIS	#2	Central Methodist	29:40.11	3/31
3	27	Mickenzie FISHER	#9	Graceland (Iowa)	35:27.43	3/25
4	30	Olivia SIEFKER	#3	MidAmerica Naz	42:19.47	3/31
5	31	Gracie ENOCHS	#3	MidAmerica Naz	42:19.58	3/31

Women's 4x100 Relay

1	15	Janiah NICHOLSON, Nikiwe MONGWE, Nala BURNS, Daizy SOLIR	#3	MidAmerica Naz	47.48	4/13
2	54	Raven WILLIAMS, Abigail BATU-TIAKO, Tabitha ROGERS, Alexandra ROSE	#11	William Penn (Io)	49.73	4/7
3	63	Erika CANADA, Anna PAUL, Karima KOKO, Neomi SIDIQUE	#5	Grand View (Iowa)	50.19	4/14
4	69	Maryleslie JAVIER, Ambar FULGENCIO, Jacey LEWIS, Eden CLIFTON	#9	Graceland (Iowa)	50.99	4/8
4	69	Arianna MADDOCK, Liberty WILES, McKenzie ROBBINS, Delaney WEIMER	#7	Evangel (Mo.)	50.99	3/24
6	75	Annie LEOPOLD, Aleksyia LECLERE, Kiah COFFIN, Brooklyn JOHNSON	#4	Mount Mercy (Io)	51.36	4/7
7	77	Hope KLAMM, Solange CARTER, Shanai SWEETING, Dawn MCINTYRE	#10	Park (Mo.)	51.38	4/14
8	84	Antonia SMITH, Alison AMBUUL, Addisynn RILEY, Cayna LOVE	#1	Benedictine (Ka)	52.02	4/13
9	88	https://www.tfrrs.org/teams/1871	#12	Missouri Valley	52.27	3/24



Conference TFRI Event Summary

as of 4/17/2023 6:59:41 AM

The Heart

Women's 4x400 Relay

1	5	Darly CAMILO-MONTENEGRO, Tre'Breh SCOTT, Sakoya JOHNSON, Kijستن GUILFORD	#2 Central Methodist	3:49.98	3/24
2	19	Daizy SOLIR, Nikiwe MONGWE, Jocelyn JENKINS, Stella WHALEN	#3 MidAmerica Naz	4:00.35	3/31
3	40	Rory BICKLER, Jaycie FRANCO, Allena ROWLAND, Emma TERWISCHE	#6 Clarke (Iowa)	4:10.06	4/14
4	41	Alison AMBUUL, Antonia SMITH, Tatiana SMITH, Brynna GORMLEY	#1 Benedictine (Ka)	4:10.08	3/25
5	46	Tajanique BELL, Rachel STERNER, Naomi KILSON, Lauren HAVLIK	#8 Baker (Kan.)	4:11.27	3/25
6	52	Allison ANDERSON, Solange CARTER, Jena HAHLEBECK, Shanai SWEETING	#10 Park (Mo.)	4:14.01	3/30
7	58	Abigail GOOD, Macy KOPP, Hannah EVANS, Taylor COLLINS	#7 Evangel (Mo.)	4:15.35	4/8
8	65	Karima KOKO, Ikilas HASAN, Faith NEELEY, Morgan LAWSON	#5 Grand View (Iow)	4:18.77	3/25
9	68	Eden CLIFTON, Keagan PERKINS, Sidney GILLILAND, Ashlynn PERKINS	#9 Graceland (Iowa)	4:19.47	3/25
10	70	Jane WATTS, Emily LECHUGA, Katherine ROJAS, Federica GAMMAROTA	#12 Missouri Valley	4:20.06	3/24

Women's 4x800 Relay

1	11	Caroline COBO, Gemma DOWNEY, Alison AMBUUL, Siena MICHAEL	#1 Benedictine (Ka)	9:46.55	4/13
2	23	Sydney WOODS, Abby RINDERKNECHT, Ruth JENNINGS, Yaqueline HERNANDEZ	#4 Mount Mercy (Io)	10:39.55	3/17
3	26	Rachel STERNER, Jana LANDRETH, Samantha SLIFE, Haley THOMPSON	#8 Baker (Kan.)	10:54.89	3/25

Women's High Jump

1	3	Renee FINKE	#2 Central Methodist	1.70m	5-7	4/7
2	6	Delaney MILLER	#2 Central Methodist	1.67m	5-5¾	4/14
3	8	Carly LINDENMEYER	#3 MidAmerica Naz	1.65m	5-5	4/13
4	19	Sidney GILLILAND	#9 Graceland (Iowa)	1.63m	5-4¼	4/8
5	35	Ashlynn PERKINS	#9 Graceland (Iowa)	1.58m	5-2¼	4/8
6	39	Avril MAUGHAN	#5 Grand View (Iow)	1.57m	5-1¾	3/25
7	45	Nykeriah ALLEN	#1 Benedictine (Ka)	1.56m	5-1¼	4/14
8	48	Hannah EVANS	#7 Evangel (Mo.)	1.55m	5-1	3/31
9		Amy KAMTIO	#8 Baker (Kan.)	1.48m	4-10¼	4/8
10		Isabelle MATTHEWS	#6 Clarke (Iowa)	1.47m	4-9¾	4/5
10		Anyah RANSON	#6 Clarke (Iowa)	1.47m	4-9¾	3/25

Women's Pole Vault

1	31	Emma GRANT	#6 Clarke (Iowa)	3.36m	11-¼	4/14
2	35	Carter HAWKINS	#2 Central Methodist	3.27m	10-8¾	4/7
3	36	Grace SQUIRES	#6 Clarke (Iowa)	3.25m	10-8	4/5
4	56	Autumn MCLAUGHLIN	#6 Clarke (Iowa)	3.05m	10-0	3/25
5	68	Ambar FULGENCIO	#9 Graceland (Iowa)	2.95m	9-8	3/31
6	81	Malia BEICH	#6 Clarke (Iowa)	2.80m	9-2¼	4/5
6	81	Amara REICHERT	#2 Central Methodist	2.80m	9-2¼	3/31
8	87	Gemma STARRS	#1 Benedictine (Ka)	2.77m	9-1	4/14
9	98	Yaqueline HERNANDEZ	#4 Mount Mercy (Io)	2.55m	8-4¼	4/14
10		Samantha BITZ	#12 Missouri Valley	2.52m	8-3¾	4/7

Women's Long Jump

1	18	Carly LINDENMEYER	#3 MidAmerica Naz	5.66m	18-7 (0.0)	3/31
2	30	Abigail BATU-TIAKO	#11 William Penn (Io)	5.53m	18-1¾ (0.0)	3/25
3	46	Brooklyn JOHNSON	#4 Mount Mercy (Io)	5.40m	17-8¾ (0.0)	3/17
4	50	Reanna GREEN	#3 MidAmerica Naz	5.37m	17-7½ (0.0)	3/31
5	56	Naomi KILSON	#8 Baker (Kan.)	5.32m	17-5½ (1.3)	4/8
6		Hannah EVANS	#7 Evangel (Mo.)	5.11mw	16-9¼ (2.6)	4/14
7		Emma TERWISCHE	#6 Clarke (Iowa)	5.10mw	16-8¾ (3.9)	4/1
8		Sarah JOHNSON	#2 Central Methodist	5.04m	16-6½ (1.1)	4/7
9		Dawn MCINTYRE	#10 Park (Mo.)	5.01m	16-5¼ (1.6)	3/30
10		Nala BURNS	#3 MidAmerica Naz	4.94m	16-2½ (0.0)	3/31

Women's Triple Jump

1	41	Amy KAMTIO	#8 Baker (Kan.)	11.02m	36-2 (0.1)	4/8
2	47	Hayley LOEWEN	#3 MidAmerica Naz	10.96m	35-11½ (1.)	3/31
3	48	Jacee WILSON	#7 Evangel (Mo.)	10.94mw	35-10¾ (3.)	3/17
4	65	Lauren DAVIS	#7 Evangel (Mo.)	10.67m	35-¼ (1.2)	4/14
5	69	Jessica SHEIL	#7 Evangel (Mo.)	10.62mw	34-10¼ (2.)	4/14
6	81	Sarah JOHNSON	#2 Central Methodist	10.54m	34-7 (1.3)	3/31
7	84	Reanna GREEN	#3 MidAmerica Naz	10.52m	34-6¼ (0.3)	3/31
8	88	Kalesha EDWARDS	#2 Central Methodist	10.45mw	34-3½ (2.2)	4/14
9	94	Renee FINKE	#2 Central Methodist	10.38m	34-¾ (-1.7)	4/7
10	95	Aleksya LECLERE	#4 Mount Mercy (Io)	10.37mw	34-¼ (3.2)	4/1



Conference TFRI Event Summary

as of 4/17/2023 6:59:42 AM

The Heart

Women's Shot Put

1	7	Bre NAIL	#4	Mount Mercy (IoA:B	13.79m	45-3	4/14
2	17	Baylee BEARD	#2	Central Methodi B	13.40m	43-11¾	3/31
3	22	Victoria LOTZ	#3	MidAmerica Naz B	13.03m	42-9	4/13
4	25	Madison GREEN	#5	Grand View (Iow	12.96m	42-6¼	4/1
5	26	Kady VANDEMARK	#9	Graceland (Iowa	12.95m	42-6	3/25
6	50	Bahati NABINDU	#9	Graceland (Iowa	12.27m	40-3¼	4/8
7	54	Erica MARTIN	#11	William Penn (Io	12.16m	39-10¾	4/7
8	61	Madison SUTTON	#1	Benedictine (Ka	12.05m	39-6½	3/25
9	73	Caitlin WITT	#3	MidAmerica Naz	11.91m	39-1	3/31
10	74	April CZARNECKI	#5	Grand View (Iow	11.89m	39-¼	4/1

Women's Discus

1	2	Madison GREEN	#5	Grand View (IowA:B	47.17m	154-9	4/14
2	9	Victoria LOTZ	#3	MidAmerica NazA:B	44.65m	146-6	3/31
3	11	Madison SUTTON	#1	Benedictine (KaA:B	44.43m	145-9	3/25
4	39	Kali BROWN	#2	Central Methodi	40.77m	133-9	4/14
5	41	Phoebe BURT	#11	William Penn (Io	40.01m	131-3	4/14
6	45	Kady VANDEMARK	#9	Graceland (Iowa	39.63m	130-0	4/8
7	51	Grace KELLEY	#4	Mount Mercy (Io	39.22m	128-8	4/14
8	52	Iliyah MOORE	#5	Grand View (Iow	39.16m	128-6	3/25
9	55	Karli WOLFE	#2	Central Methodi	39.11m	128-4	4/7
10	59	Ellen KANGAS	#4	Mount Mercy (Io	38.50m	126-4	3/17

Women's Hammer

1	3	Madison GREEN	#5	Grand View (IowA:B	53.82m	176-7	4/14
2	11	Baylee BEARD	#2	Central MethodiA:B	51.20m	168-0	3/31
3	12	Madison SUTTON	#1	Benedictine (KaA:B	51.12m	167-9	4/13
4	33	Cristina VILLALOBOS	#4	Mount Mercy (Io	47.31m	155-3	4/14
5	36	Macie ABLES	#12	Missouri Valley	46.99m	154-2	4/14
6	42	Iliyah MOORE	#5	Grand View (Iow	45.75m	150-1	3/25
7	50	Naiyah LANDRUM	#10	Park (Mo.)	44.82m	147-1	4/14
8	54	Karli WOLFE	#2	Central Methodi	44.77m	146-11	4/7
9	58	Victoria LOTZ	#3	MidAmerica Naz	44.50m	146-0	3/25
10	71	April CZARNECKI	#5	Grand View (Iow	43.28m	142-0	4/14

Women's Javelin

1	27	Kiana ORTIZ	#13	Culver-Stockton	38.08m	124-11	4/7
2	31	Abby HILL	#4	Mount Mercy (Io	37.61m	123-5	4/7
3	48	Grace GODARD	#1	Benedictine (Ka	35.50m	116-6	4/14
4	65	Melanie HUBBS	#13	Culver-Stockton	33.78m	110-10	3/31
5	75	Julie COFFEY	#8	Baker (Kan.)	32.98m	108-3	4/8
6		Baileigh MORRIS	#2	Central Methodi	30.78m	101-0	4/14
7		Nicole MERICAL	#8	Baker (Kan.)	30.52m	100-2	3/25
8		Victoria LOTZ	#3	MidAmerica Naz	28.56m	93-8½	4/13
9		Olivia HERRING	#4	Mount Mercy (Io	28.24m	92-8	4/7
10		Renee FINKE	#2	Central Methodi	27.77m	91-1½	3/31

Women's Heptathlon

1	27	Paige SCHMID	#1	Benedictine (Ka	3,458	3/23
2	33	Leah SATTLER	#1	Benedictine (Ka	3,144	3/23
3	42	Ella MARGHEIM	#3	MidAmerica Naz	2,811	4/13



Conference TFRI Event Summary

as of 4/17/2023 6:59:42 AM

WHAC

Women's 100 Meters

1	2	Jamaya WARTHEN	#1	Indiana Tech	A:B 11.66w	(3.6)	4/14
2	17	Taylor KYLE	#1	Indiana Tech	B 11.95w	(3.6)	4/14
3	24	Kiya POGUE	#1	Indiana Tech	12.04w	(3.6)	4/14
4	49	Charity JONES	#5	Madonna (Mich.)	12.24	(1.0)	4/14
5	53	Anaiya JONES	#5	Madonna (Mich.)	12.27	(1.2)	4/14
6	72	Katlyn JONES	#1	Indiana Tech	12.39w	(2.4)	3/30
7	80	Nia WOOD	#5	Madonna (Mich.)	12.47	(0.6)	4/14
8	90	Jenna-Ann JOHNSON	#2	Siena Heights (N)	12.52	(0.9)	4/14
8	90	Faith JACKSON	#2	Siena Heights (N)	12.52	(0.8)	4/14
10		Ketelynn DIX	#4	Cornerstone (Mi)	12.66w	(2.1)	3/31

Women's 100 Meter Hurdles

1	7	Kiya POGUE	#1	Indiana Tech	A:B 14.07	(0.9)	4/14
2	16	Faith JACKSON	#2	Siena Heights (N)	B 14.52	(0.6)	4/14
3	39	Theresa JUDD	#3	Aquinas (Mich.)	15.11w	(2.3)	3/31
4	46	Katlyn JONES	#1	Indiana Tech	15.20	(1.6)	4/6
5	59	Linnearia RICHARDS	#2	Siena Heights (N)	15.40	(1.8)	3/31
6	69	Ketelynn DIX	#4	Cornerstone (Mi)	15.57	(1.2)	4/14
7	73	Denise TURPIN	#1	Indiana Tech	15.64	(1.7)	3/30
8	77	Omarea DANIELS	#1	Indiana Tech	15.70	(1.7)	3/30
9	91	Braely HERREMA	#4	Cornerstone (Mi)	15.90	(1.2)	4/14
10		Emily JONES	#3	Aquinas (Mich.)	16.16w	(3.2)	3/31

Women's 200 Meters

1	5	Jamaya WARTHEN	#1	Indiana Tech	A:B 24.02w	(2.7)	4/14
2	29	Charity JONES	#5	Madonna (Mich.)	25.00	(0.1)	4/14
3	37	Kayla MOODY	#1	Indiana Tech	25.16	(0.9)	4/7
4	41	Taylor KYLE	#1	Indiana Tech	25.30w	(2.2)	4/14
5	58	Jayla BROWN	#5	Madonna (Mich.)	25.58	(0.1)	4/14
6	84	Nia WOOD	#5	Madonna (Mich.)	25.82	(0.1)	4/14
7	94	Anaiya JONES	#5	Madonna (Mich.)	25.89	(0.1)	4/14
8		Ronnie MCMILLAN	#3	Aquinas (Mich.)	25.96	(1.4)	4/7
9		Jakarri ALVEN	#3	Aquinas (Mich.)	26.27	(1.4)	4/7
10		Olaide OLAPADE	#1	Indiana Tech	26.41	(0.2)	4/7

Women's 400 Meters

1	6	Charity JONES	#5	Madonna (Mich.)	A:B 55.72		3/30
2	9	Jayla BROWN	#5	Madonna (Mich.)	A:B 56.21		3/30
3	13	Soyinne GRENYION	#1	Indiana Tech	A:B 56.72		4/14
4	23	Ronnie MCMILLAN	#3	Aquinas (Mich.)	B 57.26		4/7
5	24	Kayla MOODY	#1	Indiana Tech	B 57.34		4/7
6	26	Jo'Deci IRBY	#1	Indiana Tech	57.41		3/30
7	36	Kennia DEXTER	#1	Indiana Tech	57.96		4/14
8	37	Junae BENNETT	#1	Indiana Tech	58.03		4/14
9	40	Lisa VOYLES	#1	Indiana Tech	58.19		4/14
10	41	Sarah GENZINK	#4	Cornerstone (Mi)	58.28		4/14

Women's 400 Meter Hurdles

1	23	Linnearia RICHARDS	#2	Siena Heights (N)	1:05.43		4/14
2	59	Faith KURTZ	#4	Cornerstone (Mi)	1:08.35		4/14
3	60	Chelsee MARTINO	#4	Cornerstone (Mi)	1:08.37		4/14
4	69	Aniya ADAMS	#8	Lawrence Tech (	1:08.71		4/14
5	83	Denise TURPIN	#1	Indiana Tech	1:09.74		4/7
6	94	Amanda USREY	#7	Rochester (Mich	1:10.36		4/14
7		Theresa JUDD	#3	Aquinas (Mich.)	1:10.97		4/14
8		Rachel ROSE	#2	Siena Heights (N)	1:11.90		4/8
9		Emily BELINSKY	#6	Concordia (Mich	1:12.91		4/8
10		Jayline DEJESUS	#7	Rochester (Mich	1:17.01		4/8

Women's 800 Meters

1	2	Lisa VOYLES	#1	Indiana Tech	A:B 2:10.41		4/14
2	5	Maggie WHITNEY	#3	Aquinas (Mich.)	A:B 2:10.99		4/14
3	30	Krista BOESE	#1	Indiana Tech	2:18.26		4/14
4	53	Jessica PHILLIPS	#5	Madonna (Mich.)	2:20.38		3/30
5	65	Jacqueline ALBO	#8	Lawrence Tech (	2:21.36		4/8
6		Haven EVANS	#1	Indiana Tech	2:24.46		4/14
7		Kori BAUMANN	#4	Cornerstone (Mi	2:24.63		3/31
8		Mckenna PALMER	#1	Indiana Tech	2:25.10		4/14
9		Lily GREIWE	#1	Indiana Tech	2:25.59		4/6
10		Bailey MCCULLOCH	#2	Siena Heights (N)	2:26.27		4/14

Women's 1500 Meters

1	3	Lisa VOYLES	#1	Indiana Tech	A:B 4:27.83		4/6
2	39	Krista BOESE	#1	Indiana Tech	4:46.38		4/6
3	40	Hannah ADLER	#3	Aquinas (Mich.)	4:46.54		3/31
4	97	Jacqueline ALBO	#8	Lawrence Tech (	4:56.31		4/14
5		Kori BAUMANN	#4	Cornerstone (Mi	4:57.43		4/14
6		Hannah ASSENMACHER	#8	Lawrence Tech (	4:58.90		4/14
7		Mckenna PALMER	#1	Indiana Tech	5:00.15		4/6
8		Kaitlyn THOMAS	#3	Aquinas (Mich.)	5:01.65		4/7
9		Aliyah PEREZ	#9	Lourdes (Ohio)	5:02.29		4/8
10		Molly HARDING	#3	Aquinas (Mich.)	5:05.03		3/31

Women's Steeplechase

1	29	Hannah ASSENMACHER	#8	Lawrence Tech (	11:42.76		4/8
2	32	Heather ELLER	#7	Rochester (Mich	11:56.53		4/8
3	55	Emily MONROE	#2	Siena Heights (N)	12:32.57		4/14
4		Zoe ANTEL	#3	Aquinas (Mich.)	13:51.98		4/14
5		Annabel BISHOP	#3	Aquinas (Mich.)	14:18.14		4/14
6		Taylor IMUS	#9	Lourdes (Ohio)	15:39.33		4/8
7		Juliana DITULLIO	#9	Lourdes (Ohio)	18:07.68		4/8



Conference TFRI Event Summary

as of 4/17/2023 6:59:42 AM

WHAC

Women's 5000 Meters

1	12	Hannah ADLER	#3	Aquinas (Mich.)	A:B 17:20.97	4/14
2	49	Molly HARDING	#3	Aquinas (Mich.)	18:18.66	4/14
3	66	Cammie MCCONNELL	#4	Cornerstone (Mi)	18:40.77	4/14
4	93	Hannah ASSENMACHER	#8	Lawrence Tech (	18:52.94	3/17
5	97	Krista BOESE	#1	Indiana Tech	18:55.00	4/14
6		Lauren GORES	#10	Cleary (Mich.)	19:04.70	4/14
7		Rose PAOLETTI	#5	Madonna (Mich.)	19:05.04	4/8
8		Xochitl GARCIA	#2	Siena Heights (N	19:09.21	4/14
9		Heather ELLER	#7	Rochester (Mich	19:15.01	4/14
10		Mckenna PALMER	#1	Indiana Tech	19:43.40	4/14

Women's 10,000 Meters

1	33	Lauren GORES	#10	Cleary (Mich.)	39:15.90	3/31
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Women's 4x100 Relay

1	9	Anaiya JONES, Charity JONES, Nia WOOD, Jayla BROWN	#5	Madonna (Mich.)	A:B 47.19	3/29
2	14	Kiya POGUE, Jamaya WARTHEN, Taylor KYLE, Katlyn JONES	#1	Indiana Tech	A:B 47.45	3/30
3	19	Faith JACKSON, Erica ALBRECHT, Linnearia RICHARDS, Jenna-Ann JOHNSON	#2	Siena Heights (N	48.19	4/14
4	56	Morgan VARGO, Ketelynn DIX, Chelsee MARTINO, Halle SCHNYDERS	#4	Cornerstone (Mi	49.88	3/31
5	67	Theresa JUDD, Ronnie MCMILLAN, Leah DECKER, Shanna HAN	#3	Aquinas (Mich.)	50.69	4/7
6	86	Dayreona VALLEY, Paige THOMAS, Natalie SAMPLE, Lindsey PUMFORD	#9	Lourdes (Ohio)	52.10	4/8
7	93	Hope RENFER, Chloe EVANS, Lily KUEBER, Emily BELINSKY	#6	Concordia (Mich	52.94	4/14

Women's 4x400 Relay

1	3	Jamaya WARTHEN, Jo'Deci IRBY, Kennedy MOONIN, Junae BENNETT	#1	Indiana Tech	A:B 3:49.50	4/14
2	6	Jayla BROWN, Charity JONES, Jessica PHILLIPS, Nia WOOD	#5	Madonna (Mich.)	A:B 3:53.12	3/29
3	39	Jenna SALEK, Alexis CORDLE, Bailey MCCULLOCH, Linnearia RICHARDS	#2	Siena Heights (N	4:09.64	4/14
4	49	Sarah GENZINK, Madi HAID, Faith KURTZ, Kori BAUMANN	#4	Cornerstone (Mi	4:13.07	3/31
5	75	Lindsey PUMFORD, Paige THOMAS, Aliyah PEREZ, Natalie SAMPLE	#9	Lourdes (Ohio)	4:22.31	4/8
6	84	Aniya ADAMS, Jacqueline ALBO, Molly KLINE, Hannah ASSENMACHER	#8	Lawrence Tech (	4:25.94	4/14
7		Amanda FOGO, Alison DOERR, Madisyn FLAMINI, Mary SALEM	#6	Concordia (Mich	5:02.04	4/8

Women's 4x800 Relay

1	6	Hannah ADLER, Kaitlyn THOMAS, Maggie WHITNEY, Molly HARDING	#3	Aquinas (Mich.)	9:32.79	4/14
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Women's High Jump

1	8	Kaylee DIAMOND	#3	Aquinas (Mich.)	B 1.65m	5-5	3/31
1	8	Emma VALENTINE	#2	Siena Heights (N	B 1.65m	5-5	4/14
3	18	Daijah HILL	#2	Siena Heights (N	1.64m	5-4½	3/31
4	22	Kaitlin ESSIG	#4	Cornerstone (Mi	1.62m	5-3¾	4/14
4	22	Morgan LUTTON	#2	Siena Heights (N	1.62m	5-3¾	4/14
6	39	Brianna HATFIELD	#2	Siena Heights (N	1.57m	5-1¾	4/14
6	39	Alyssa DETWEILER	#3	Aquinas (Mich.)	1.57m	5-1¾	4/14
8	68	Braely HERREMA	#4	Cornerstone (Mi	1.54m	5-½	3/31
9	76	Chana STAPLES	#5	Madonna (Mich.)	1.52m	4-11¾	4/14
10	82	Kendall WILLIAMSON	#4	Cornerstone (Mi	1.50m	4-11	3/29



Conference TFRI Event Summary

as of 4/17/2023 6:59:42 AM

WHAC

Women's Pole Vault

1	1	Tyler FUGATE	#2	Siena Heights (M: B)	3.95m	12-11½	4/14
2	2	Margherita CONRAD	#2	Siena Heights (M: B)	3.90m	12-9½	4/14
3	3	Ashley VERPLANK	#4	Cornerstone (Mi A: B)	3.85m	12-7½	4/14
4	5	Erica ALBRECHT	#2	Siena Heights (M: B)	3.80m	12-5½	3/31
5	9	Chasity MIES	#2	Siena Heights (M: B)	3.70m	12-1½	4/14
6	11	Tatum TOWNSEND	#4	Cornerstone (Mi A: B)	3.65m	11-11¾	3/24
6	11	Samantha NOWELL	#2	Siena Heights (M: B)	3.65m	11-11¾	3/31
8	15	Shaily BAYNES	#3	Aquinas (Mich.) B	3.55m	11-7¾	4/14
9	36	Abigail STAUBER	#2	Siena Heights (N	3.25m	10-8	4/14
10	43	Maeve MILLIGAN	#1	Indiana Tech	3.20m	10-6	4/7

Women's Long Jump

1	3	Morgan VARGO	#4	Cornerstone (Mi A: B)	5.84m	19-2 (0.8)	4/14
2	21	Carlie TURNER	#1	Indiana Tech	5.63m	18-5¾ (-3)	4/14
3	39	Kaylee DIAMOND	#3	Aquinas (Mich.)	5.45m	17-10¾ (0	4/14
4	53	Anajah GOMILLIA	#1	Indiana Tech	5.35mw	17-6¾ (4.0	3/30
5	82	Tiffani LARDER	#2	Siena Heights (N	5.24m	17-2¼ (0.9	4/14
6	86	Yasmin DAVIS	#1	Indiana Tech	5.23m	17-2 (-1.3)	4/14
7	91	Meriah SMITH	#7	Rochester (Mich	5.21m	17-1¼ (1.6	4/14
8		Shanna HAN	#3	Aquinas (Mich.)	5.12m	16-9¾ (-2	4/14
9		Omarea DANIELS	#1	Indiana Tech	5.02m	16-5¾ (2.0	3/30
10		Domanique DOUGLAS	#1	Indiana Tech	4.89m	16-½ (1.3)	4/7

Women's Triple Jump

1	33	Kaylee DIAMOND	#3	Aquinas (Mich.)	11.12m	36-5¾ (0.0	4/14
2	80	Kirsten SCHAPMAN	#7	Rochester (Mich	10.55m	34-7½ (0.0	4/14
3		Shanna HAN	#3	Aquinas (Mich.)	10.28m	33-8¾ (0.0	4/14
4		Tiffani LARDER	#2	Siena Heights (N	10.10m	33-1¾ (0.0	3/31
5		Domanique DOUGLAS	#1	Indiana Tech	9.93m	32-7 (0.0)	4/14
6		Samantha SCOTT	#2	Siena Heights (N	9.82m	32-2¾ (0.0	4/14
7		Presley AVERY	#3	Aquinas (Mich.)	9.68m	31-9¼ (-0	4/7
8		Kaitlin ESSIG	#4	Cornerstone (Mi	9.33m	30-7½ (0.0	4/14
9		Alexis FURGASON	#3	Aquinas (Mich.)	9.27m	30-5 (-0.3)	4/7

Women's Shot Put

1	14	Lena KORTE	#6	Concordia (Mich B	13.49m	44-3¼	4/14
2	42	Rebecca BELTRAN	#3	Aquinas (Mich.)	12.46m	40-10½	4/14
3	51	Jenna BREUKER	#4	Cornerstone (Mi	12.25m	40-2¼	4/14
4	55	Hayley THOMPSON	#1	Indiana Tech	12.15m	39-10½	3/30
5	64	Kaydence RICHARDSON	#3	Aquinas (Mich.)	12.04m	39-6	3/31
6	87	Claire MEACHAM	#4	Cornerstone (Mi	11.74m	38-6¼	4/7
7		Emilee KESSLER	#5	Madonna (Mich.)	11.40m	37-5	3/30
7		Akiyah ASH	#2	Siena Heights (N	11.40m	37-5	3/31
9		McKenna BUEHLER	#3	Aquinas (Mich.)	11.24m	36-10½	3/31
10		Brooke BEYER	#2	Siena Heights (N	11.19m	36-8½	4/14

Women's Discus

1	28	Julia HIRT	#6	Concordia (Mich	41.95m	137-8	3/31
2	32	Rebecca BELTRAN	#3	Aquinas (Mich.)	41.27m	135-5	4/14
3	35	Jenna BREUKER	#4	Cornerstone (Mi	41.18m	135-1	4/14
4	68	Akiyah ASH	#2	Siena Heights (N	37.85m	124-2	4/8
5	94	Claire MEACHAM	#4	Cornerstone (Mi	36.70m	120-5	3/29
6	95	Deneara MBOUG	#1	Indiana Tech	36.60m	120-1	3/30
7		Victoria TODD	#1	Indiana Tech	35.81m	117-6	3/30
8		Hayley THOMPSON	#1	Indiana Tech	35.23m	115-7	3/30
9		Kaydence RICHARDSON	#3	Aquinas (Mich.)	34.81m	114-3	4/7
10		McKenna BUEHLER	#3	Aquinas (Mich.)	34.78m	114-1	3/31

Women's Hammer

1	8	Emilee KESSLER	#5	Madonna (Mich. A: B	51.75m	169-10	4/8
2	27	Erin GOTH	#2	Siena Heights (N	48.07m	157-9	4/14
3	31	Jenna BREUKER	#4	Cornerstone (Mi	47.50m	155-10	4/14
4	56	Samantha WAKEFIELD	#5	Madonna (Mich.)	44.57m	146-3	4/14
5	59	Deneara MBOUG	#1	Indiana Tech	44.44m	145-10	3/30
6	84	LaTarsha MOORE	#1	Indiana Tech	42.59m	139-9	4/14
7	85	Kaydence RICHARDSON	#3	Aquinas (Mich.)	42.55m	139-7	4/7
8	90	Kiernan SCHAEFER	#4	Cornerstone (Mi	42.15m	138-4	4/14
9	99	Victoria TODD	#1	Indiana Tech	41.64m	136-8	4/14
10		Claire MEACHAM	#4	Cornerstone (Mi	41.16m	135-1	4/7

Women's Javelin

1	36	Lena KORTE	#6	Concordia (Mich	36.57m	120-0	4/8
2	43	Narpreet SINGH	#2	Siena Heights (N	36.02m	118-2	4/14
3	78	Emily JONES	#3	Aquinas (Mich.)	32.75m	107-6	4/14
4	91	Jenna BREUKER	#4	Cornerstone (Mi	31.67m	103-11	4/14
5		Carly CURE	#2	Siena Heights (N	29.67m	97-4¼	4/14
6		Hailey STASIUKINAS	#6	Concordia (Mich	26.86m	88-1½	3/31
7		Brooke BEYER	#2	Siena Heights (N	25.84m	84-9½	4/14
8		Korah HONIG	#1	Indiana Tech	25.55m	83-10	4/7
9		Chasity MIES	#2	Siena Heights (N	25.52m	83-8¾	4/8
10		Savannah EMAUS	#1	Indiana Tech	24.96m	81-10¾	4/7