



USTFCCCA NAIA Outdoor Track & Field

National TFRI Team Summary

as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

1

British Columbia

Cascade

unch

LW: 1

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	10	A:N	Hanna SOBKOWICH		11.86w (3.3)	4/13/23	12	1.06	13.06
▶ 100m	48		Emma RASTAD		12.23w (2.7)	4/14/23	0.5		0.50
▶ 100H	24		Rebecca DUTCHAK		14.76 (0.8)	4/13/23	1	0.21	1.21
▶ 200m	11	A:N	Hanna SOBKOWICH		24.43w (2.3)	4/13/23	10	0.83	10.83
▶ 400m	21	AIA	Cayla SMITH		57.21	4/13/23	2.5	0.37	2.87
▶ 800m	1	A:N	Rachel MORTIMER		2:08.61	4/13/23	30	4.07	34.07
▶ 800m	3	A:N	Holly MACGILLIVRAY		2:10.58	4/13/23	26	2.83	28.83
▶ 1500m	1	A:N	Holly MACGILLIVRAY		4:17.60	4/13/23	30	5.33	35.33
▶ 1500m	2	A:N	Rachel MORTIMER		4:20.51	4/13/23	28	4.51	32.51
▶ 1500m	8	A:N	Kyla BECKER		4:32.93	4/8/23	D 16	1.40	3.40
▶ 1500m	12	AIA	Kiana GIBSON		4:37.76	4/8/23	9	0.75	9.75
▶ 1500m	32		Jaxon SLANEY		4:45.72	3/25/23	0.6	0.10	0.70
▶ 1500m	34		Amelia PFOHL		4:45.78	4/8/23	0.5	0.10	0.60
▶ Steeple	2	A:N	Jamie HENNESSEY		10:35.77	3/25/23	28	4.68	32.68
▶ 5000m	1	A:N	Kiana GIBSON		16:22.04	3/25/23	30	3.79	33.79
▶ 5000m	2	A:N	Katie NEWLOVE		16:27.09	3/25/23	28	3.41	31.41
▶ 5000m	3	A:N	Marley BECKETT		16:28.58	3/25/23	26	3.30	29.30
▶ 5000m	4	A:N	Kyla BECKER		16:33.40	3/25/23	24	2.95	26.95
▶ 5000m	35		Zoe DOORENSPLEET		17:59.64	4/8/23	0.45		0.45
▶ 10,000m	1	A:N	Marley BECKETT		34:22.91	4/13/23	30	5.42	35.42
▶ 10,000m	2	A:N	Kyla BECKER		35:35.96	4/13/23	28	3.03	31.03
▶ RW5000	1	A:N	Olivia LUNDMAN		23:03.90	3/25/23	30	4.74	34.74
▶ RW5000	3	A:N	Joan LU		25:20.60	3/25/23	26	2.85	28.85
▶ RW5000	4	A:N	Cassidy CARDLE		25:28.71	3/25/23	24	2.75	26.75
▶ 4x100	17	AIA	Emma RASTAD, Cayla SMITH, Sonya URBANOWICZ, Hanna SOBKOWICH		47.87	4/13/23	2	0.46	2.46
▶ 4x800	2	A:N	Katie NEWLOVE, Kyla BECKER, Holly MACGILLIVRAY, Rachel MORTIMER		9:15.27	3/25/23	28	3.95	31.95
▶ HJ	48		Sarah PIMBLETT		1.55m 5-1	4/8/23	0.5		0.50
▶ PV	5	A:N	Sonya URBANOWICZ		3.80m 12-5½	3/25/23	22		22.00
▶ LJ	5	A:N	Emma RASTAD		5.78m 18-11¾ (0.5)	3/18/23	22	1.41	23.41
▶ LJ	16	AIA	Rebecca DUTCHAK		5.67m 18-7¼ (0.2)	3/18/23	5	0.69	5.69
▶ LJ	36		Allison MACDONALD		5.47m 17-11½ (-0.1)	3/18/23	0.4		0.40
▶ TJ	9	AIA	Allison MACDONALD		11.74m 38-6¼ (-0.2)	4/14/23	14	1.08	15.08
▶ SP	13	AIA	Michelle DADSON		13.50m 44-3½	4/14/23	8	0.86	8.86

1

British Columbia

Cascade

unch

LW: 1

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
▶ HT	7	A:N	Bella HALL		51.76m 169-10	4/8/23	18	1.29	19.29
▶ HT	10	A:N	Michelle DADSON		51.30m 168-4	3/18/23	12	1.02	13.02
▶ HT	24	AIA	Lauren FRIESEN		48.53m 159-3	4/17/23	1	0.15	1.15
▶ JAV	6	A:N	Giovanna JANES		43.25m 141-11	4/13/23	20	1.86	21.86
▶ JAV	34		Liepa BAJARUNAS		37.15m 121-11	3/18/23	0.5		0.50
▶ JAV	46		Rebecca DUTCHAK		35.74m 117-3	4/13/23	0.1		0.10
▶ HEPT	2	AIA	Rebecca DUTCHAK		4,725	4/13/23	28	3.05	31.05
▶ HEPT	29		Sarah PIMBLETT		3,260	3/25/23	0.75		0.75

BRITISH COLUMBIA TFRI Team Total

683.08

2

Life (Ga.)

SSAC



2

LW: 4

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	5	A:N	Talayla DAVIS		11.76 (0.3)	4/14/23	22	1.77	23.77
▶ 100m	20	AIA	Maya SMITH-SPEED		11.98 (0.3)	4/14/23	3	0.49	3.49
▶ 100m	49		Alexia PERKINS		12.24 (0.3)	4/14/23	0.25		0.25
▶ 200m	2	A:N	Talayla DAVIS		23.63w (2.4)	3/24/23	28	3.20	31.20
▶ 200m	3	A:N	Sabrina RICHMAN		23.73w (2.4)	3/24/23	26	2.82	28.82
▶ 200m	15	A:N	Maya SMITH-SPEED		24.62 (-0.4)	4/1/23	6	0.61	6.61
▶ 200m	22		Brianna FLORVILUS		24.84 (-0.4)	4/1/23	2	0.35	2.35
▶ 200m	43		Dalajah LONG		25.34 (-0.7)	4/7/23	0.175		0.18
▶ 400m	3	A:N	Sabrina RICHMAN		54.96	4/7/23	26	2.80	28.80
▶ 400m	4	A:N	Brianna FLORVILUS		55.19	4/7/23	24	2.42	26.42
▶ 4x100	2	A:N	Dalajah LONG, Talayla DAVIS, Maya SMITH-SPEED, Alexia PERKINS		46.12	4/14/23	28	3.26	31.26
▶ 4x400	2	A:N	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Kyja WILLIAMS		3:48.65	3/24/23	28	3.76	31.76
▶ SP	2	A:N	Levonis DAVIS		14.50m 47-7	3/24/23	28	3.54	31.54
▶ SP	27		Danielle ALBRIGHT		12.91m 42-4¼	4/1/23	0.85	0.08	0.93
▶ DISC	25		Levonis DAVIS		42.39m 139-1	4/14/23	0.95	0.13	1.08
▶ DISC	46		Diamond ATKINS		39.59m 129-11	4/7/23	0.1		0.10
▶ HT	1	A:N	Jennifer BATU		58.82m 193-0	4/7/23	30	7.00	37.00
▶ HT	17	AIA	Danielle ALBRIGHT		49.79m 163-4	4/7/23	4.5	0.53	5.03

LIFE (GA.) TFRI Team Total

290.57

National TFRI Team Summary

as of 4/17/23 6:18 AM ET

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WOMEN — 2023 Week #4, April 19

3

William Carey (Miss.)

SSAC



1

LW: 2

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 100m	11	A:N	Fredricka MCKENZIE		11.88	(1.7)	3/29/23	10	0.95	10.95
▶ 100m	14	A:N	Salieci MYLES		11.90	(1.7)	3/23/23	7	0.84	7.84
▶ 100m	26		Tyeese SMITH		12.06	(0.0)	4/8/23	0.9	0.27	1.17
▶ 100H	1	A:N	Salieci MYLES		13.43w	(3.7)	3/29/23	30	4.44	34.44
▶ 100H	20	AlA	An'Janae LATCHINSON		14.58w	(2.6)	3/23/23	3	0.47	3.47
▶ 200m	12	A:N	Fredricka MCKENZIE		24.48w	(3.9)	3/23/23	9	0.77	9.77
▶ 400m	5	A:N	Joy ABU		55.59		4/8/23	22	1.80	23.80
▶ 400m	22	AlA	Maria SIMANCAS		57.24		3/23/23	2	0.35	2.35
▶ 400m	42		Feja HODGES		58.37		4/8/23	0.2		0.20
▶ 400H	2	A:N	Joy ABU		59.74		3/29/23	28	4.21	32.21
▶ 400H	47		An'Janae LATCHINSON		1:07.56		3/23/23	0.75		0.75
▶ 800m	47		Maria SIMANCAS		2:19.91		4/8/23	0.75		0.75
▶ 10,000m	8	A:N	Lina MAY		36:56.31		3/23/23	16	1.12	17.12
▶ 4x100	1	A:N	Tyeese SMITH, Fredricka MCKENZIE, Salieci MYLES, Machaeda LINTON		45.93		3/29/23	30	3.68	33.68
▶ 4x400	1	A:N	An'Janae LATCHINSON, Joy ABU, Nevagant JONES, Maria SIMANCAS		3:46.18		3/29/23	30	4.96	34.96
▶ LJ	28		Nevagant JONES		5.55mw	18-2½ (2.4)	3/23/23	0.8		0.80
▶ LJ	42		Zaniyah WILSON		5.41mw	17-9 (2.7)	3/23/23	0.2		0.20
▶ TJ	4	A:N	Nevagant JONES		12.00mw	39-4½ (2.5)	3/23/23	24	1.92	25.92
▶ TJ	6	A:N	Machaeda LINTON		11.81mw	38-9 (2.9)	3/23/23	20	1.30	21.30
▶ TJ	16	AlA	Zaniyah WILSON		11.56mw	37-11¼ (2.5)	3/23/23	5	0.60	5.60
▶ TJ	44		LaToria SPENCE		11.00m	36-1¼ (1.2)	3/23/23	0.15		0.15
WILLIAM CAREY (MISS.) TFRI Team Total										267.43

4

Southeastern (Fla.)

Sun Conference



1

LW: 3

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	12	A:N	Irmiris MENDEZ	11.89w	(2.4)	3/30/23	9	0.89	9.89
▶ 100m	14	A:N	Toni CANFALL	11.90	(-0.6)	4/7/23	7	0.84	7.84
▶ 100m	35		Oluwafikayomi LAWRENCE	12.14	(0.9)	3/24/23	0.45	0.06	0.51
▶ 100H	14	A:A	Tenae GRIGSBY	14.46w	(3.0)	3/17/23	7	0.64	7.64
▶ 100H	31		Irmiris MENDEZ	14.86	(1.7)	4/7/23	0.65	0.07	0.72
▶ 200m	15	A:N	Toni CANFALL	24.62	(1.0)	4/7/23	6	0.61	6.61
▶ 200m	24		Oluwafikayomi LAWRENCE	24.89	(1.0)	4/7/23	1	0.29	1.29
▶ 200m	32		Irmiris MENDEZ	25.08	(0.5)	3/24/23	0.6	0.07	0.67
▶ 200m	39		Namiah SIMPSON	25.21	(1.6)	3/17/23	0.275		0.28
▶ 400m	11	A:N	Oluwafikayomi LAWRENCE	56.48		4/7/23	10	0.83	10.83
▶ 400m	12	A:N	Namiah SIMPSON	56.50		3/17/23	9	0.81	9.81
▶ 400H	3	A:N	Tenae GRIGSBY	1:00.42		3/17/23	26	3.41	29.41
▶ 400H	5	A:N	Namiah SIMPSON	1:02.20		3/24/23	22	1.82	23.82
▶ 400H	42		Amaya KIER	1:06.97		2/18/23	0.2		0.20
▶ Steeple	41		Sophie ROBINSON	12:17.57		3/30/23	0.225		0.23
▶ 5000m	18	A:A	Julia ROHM	17:33.60		3/17/23	4	0.37	4.37
▶ 10,000m	12	A:N	Julia ROHM	37:15.22		3/30/23	9	0.75	9.75
▶ 4x100	3	A:N	Irmiris MENDEZ, Oluwafikayomi LAWRENCE, Namiah SIMPSON, Toni CANFALL	46.33		4/7/23	26	2.80	28.80
▶ 4x400	4	A:N	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	3:49.97		3/17/23	24	3.13	27.13
▶ 4x800	8		Jillian BLASER, Grace FEDER, Emma WOLTJER, Julia ROHM	9:37.44		3/30/23	16	1.73	17.73
▶ HJ	8	A:A	Mariam DAVIS	1.65m	5-5	3/17/23	16	0.69	16.69
▶ LJ	24		Mariam DAVIS	5.62mw	18-5¼ (3.3)	4/7/23	1	0.37	1.37
▶ TJ	16	A:A	Miyah FORD	11.56m	37-11¼ (1.3)	3/24/23	5	0.60	5.60
▶ TJ	28		LaDajahnae MILLER	11.25m	36-11 (1.7)	3/17/23	0.8	0.09	0.89
▶ HEPT	12	A:A	Irmiris MENDEZ	4,069w		3/30/23	9	0.93	9.93
▶ HEPT	18	A:A	Mariam DAVIS	3,911		4/7/23	4	0.65	4.65
▶ HEPT	30		Natalie ROHM	3,245w		3/30/23	0.7		0.70
SOUTHEASTERN (FLA.) TFRI Team Total									237.36



as of 4/17/23 6:18 AM ET

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WOMEN — 2023 Week #4, April 19

Cumberland (Tenn.)

Mid-South



LW: 6

CUMBERLAND (TENN.) TFR1 Team Total	204.16
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Central Methodist (Mo.)

The Heart



LW: 5

CENTRAL METHODIST (MO.) TFR1 Team Total	196.59
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CENTRAL METHODIST (MO.) TFRI Team Total

196.59

National TFRI Team Summary

as of 4/17/23 6:18 AM ET

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WOMEN — 2023 Week #4, April 19

7

Indiana Tech

WHAC



LW: 21

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	2	A:N	Jamaya WARTHEN		11.66w (3.6)	4/14/23	28	2.61	30.61
▶ 100m	17	4IA	Taylor KYLE		11.95w (3.6)	4/14/23	4.5	0.57	5.07
▶ 100m	24		Kiya POGUE		12.04w (3.6)	4/14/23	1	0.32	1.32
▶ 100H	7	A:N	Kiya POGUE		14.07 (0.9)	4/14/23	18	1.56	19.56
▶ 100H	46		Katlyn JONES		15.20 (1.6)	4/6/23	0.1		0.10
▶ 200m	5	A:N	Jamaya WARTHEN		24.02w (2.7)	4/14/23	22	1.81	23.81
▶ 200m	37		Kayla MOODY		25.16 (0.9)	4/7/23	0.35		0.35
▶ 200m	41		Taylor KYLE		25.30w (2.2)	4/14/23	0.225		0.23
▶ 400m	13	A:N	Soyinne GRENYION		56.72	4/14/23	8	0.63	8.63
▶ 400m	24	4IA	Kayla MOODY		57.34	4/7/23	1	0.30	1.30
▶ 400m	26		Jo'Deci IRBY		57.41	3/30/23	0.9	0.26	1.16
▶ 400m	36		Kennia DEXTER		57.96	4/14/23	0.4		0.40
▶ 400m	37		Junae BENNETT		58.03	4/14/23	0.35		0.35
▶ 400m	40		Lisa VOYLES		58.19	4/14/23	0.25		0.25
▶ 800m	2	A:N	Lisa VOYLES		2:10.41	4/14/23	28	2.93	30.93
▶ 800m	30		Krista BOESE		2:18.26	4/14/23	0.7	0.07	0.77
▶ 1500m	3	A:N	Lisa VOYLES		4:27.83	4/6/23	26	2.52	28.52
▶ 1500m	39		Krista BOESE		4:46.38	4/6/23	0.275	0.05	0.32
▶ 4x100	14	A:N	Kiya POGUE, Jamaya WARTHEN, Taylor KYLE, Katlyn JONES		47.45	3/30/23	5	0.86	5.86
▶ 4x400	3	A:N	Jamaya WARTHEN, Jo'Deci IRBY, Kennedy MOONIN, Junae BENNETT		3:49.50	4/14/23	26	3.35	29.35
▶ PV	43		Maeve MILLIGAN		3.20m 10-6	4/7/23	0.175		0.18
▶ LJ	21		Carlie TURNER		5.63m 18-5¾ (-3.3)	4/14/23	2.5	0.43	2.93
INDIANA TECH TFRI Team Total									192.01

8

Eastern Oregon

Cascade



LW: 10

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	44		Morgan BAYES		15.18 (-0.3)	3/24/23	0.15		0.15
▶ 400H	10	AIA	Morgan BAYES		1:03.40	4/7/23	12	0.97	12.97
▶ 800m	8	A:N	Michelle HERBES		2:14.02	4/7/23	16	1.16	17.16
▶ 800m	9	AIA	Laurny MITCHELL		2:14.74	4/14/23	14	0.88	14.88
▶ 800m	31		Katie Jo GEBHARDT		2:18.41	4/14/23	0.65	0.04	0.69
▶ 1500m	7	A:N	Michelle HERBES		4:32.58	4/14/23	18	1.46	19.46
▶ 4x100	32		Yahaira CHAVARRIA, Morgan BAYES, Sydney PECK, Katie BROWN		48.74	4/15/23	0.3		0.30
▶ 4x400	21		Morgan BAYES, Sydney PECK, Laurny MITCHELL, Michelle HERBES		4:01.09	4/7/23	0.85	0.16	1.01
▶ HJ	35		Lizzy GRANDLE		1.58m 5-2¼	3/30/23	0.45		0.45
▶ HJ	48		Karli BEDARD		1.55m 5-1	3/30/23	0.5		0.50
▶ SP	1	A:N	Maggie LEDBETTER		14.57m 47-9¾	4/15/23	30	3.80	33.80
▶ SP	30		Kenna WOODWARD		12.70m 41-8	4/15/23	0.7		0.70
▶ DISC	20	AIA	Maggie LEDBETTER		42.69m 140-1	4/15/23	D 3	0.24	2.24
▶ HT	6	A:N	Kenna WOODWARD		51.83m 170-1	4/15/23	20	1.33	21.33
▶ HT	14	A:N	Maggie LEDBETTER		50.55m 165-10	4/15/23	7	0.77	7.77
▶ JAV	5	A:N	Allie BEST		43.45m 142-7	4/15/23	22	1.97	23.97
▶ JAV	29		Sammy CONLEY		37.86m 124-3	3/18/23	0.75		0.75
▶ JAV	40		Madison MACMILLAN		36.23m 118-11	3/18/23	0.25		0.25
▶ JAV	50		Lizzy GRANDLE		35.39m 116-2	3/18/23	0.1		0.10
▶ HEPT	9	AIA	Lizzy GRANDLE		4,180	3/30/23	14	1.16	15.16
▶ HEPT	10	AIA	Sammy CONLEY		4,119	3/30/23	12	1.02	13.02
▶ HEPT	17	AIA	Karli BEDARD		3,984	3/30/23	4.5	0.78	5.28
EASTERN OREGON TFRI Team Total									191.95



as of 4/17/23 6:18 AM ET

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WOMEN — 2023 Week #4, April 19

College of Idaho
Cascade

LW: 8

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
► 800m	4	A:N	Abbey SHIRTS		2:10.86	4/7/23	24	2.65	26.65	
► 1500m	5	A:N	Abbey SHIRTS		4:31.97	3/24/23	22	1.57	23.57	
► 1500m	10	A:N	Sage MARTIN		4:35.64	4/15/23	D 12	0.94	2.94	
► 1500m	31		Kahea FIGUEIRA		4:45.34	4/7/23	0.65	0.13	0.78	
► 1500m	43		Charlie DUFF		4:47.64	4/15/23	0.175		0.18	
► Steeple	1	A:N	Sage MARTIN		10:34.90	4/7/23	30	4.77	34.77	
► Steeple	7	A:N	Larissa MAUER		11:15.27	4/7/23	18	1.17	19.17	
► 5000m	6	A:N	Sage MARTIN		16:48.00	3/24/23	20	2.12	22.12	
► 5000m	14	A:N	Ellyse TINGELSTAD		17:22.70	4/7/23	7	0.62	7.62	
► 5000m	30		Kahea FIGUEIRA		17:51.70	3/24/23	0.7		0.70	
► 5000m	42		Larissa MAUER		18:10.79	3/24/23	0.2		0.20	
► 5000m	47		Charlie DUFF		18:15.22	3/24/23	0.75		0.75	
► 10,000m	4	A:N	Ellyse TINGELSTAD		35:41.88	3/30/23	24	2.85	26.85	
► 10,000m	24	A:A	Molly CONNOR		38:06.82	4/7/23	1	0.22	1.22	
► 10,000m	32		Charlie DUFF		39:11.92	4/7/23	0.6		0.60	
► 4x100	25		Charlotte BOWMAN, Addison TRENT, Sage WOOD, Chloe BARYLSKI		48.41	4/15/23	0.65	0.08	0.73	
► 4x400	34		Sage WOOD, Zoe BUTLER, Chloe BARYLSKI, Roby YOUNG		4:06.93	4/15/23	0.25		0.25	
► HJ	19		Roby YOUNG		1.63m	5-4¼	4/15/23	3.5		3.50
► PV	48		Sage WOOD		3.16m	10-4¼	4/7/23	0.5		0.50
► LJ	26		Addison TRENT		5.59mw	18-4¼ (3.2)	4/15/23	0.9	0.17	1.07
► SP	40		Star HERRON		12.49m	40-11¾	4/15/23	0.25		0.25
► HT	25		Star HERRON		48.47m	159-0	4/15/23	0.95	0.13	1.08
COLLEGE OF IDAHO TFRI Team Total									175.49	

Indiana Wesleyan

Crossroads

LW: 7

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 100H	23	AIA	Ally HAWK		14.74	(1.8)	4/14/23	1.5	0.24	1.74
▶ 400H	31		Ally HAWK		1:06.04		4/14/23	0.65	0.04	0.65
▶ Steeple	35		ChristyAnn DELAHUNTY		12:06.66		4/6/23	0.45		0.45
▶ 5000m	9	A:N	Addi DEWEY		17:08.94		4/14/23	14	1.13	15.13
▶ 5000m	15	A:N	Elizabeth BARRETT		17:23.16		4/6/23	6	0.61	6.61
▶ HJ	4	A:N	Abi HUME		1.68m	5-6	4/6/23	24	1.95	25.95
▶ TJ	21		Blessing LAUDERMILCH		11.44m	37-6½ (0.0)	3/24/23	2.5	0.40	2.90
▶ SP	5	A:N	Princess KARA		13.94m	45-9	4/6/23	22	1.85	23.85
▶ SP	29		Merideth DEVRIES		12.75m	41-10	4/14/23	0.75		0.75
▶ DISC	1	A:N	Princess KARA		51.01m	167-4	4/6/23	30	7.35	37.35
▶ DISC	6	A:N	Taylor WATERWAY		45.37m	148-10	4/6/23	20	1.62	21.62
▶ DISC	10	A:N	Merideth DEVRIES		44.56m	146-3	4/6/23	12	1.02	13.02
▶ DISC	17	AIA	Bri NICHOLS		42.87m	140-8	4/6/23	4.5	0.31	4.81
▶ DISC	19	AIA	Chloe MILLER		42.78m	140-4	4/6/23	3.5	0.28	3.78
▶ HT	13	A:N	Chloe MILLER		51.06m	167-6	4/6/23	8	0.92	8.92
▶ HT	43		Bri NICHOLS		45.42m	149-0	4/6/23	0.175		0.18
▶ JAV	19		Precious WILKINS		38.91m	127-8	4/14/23	3.5	0.28	3.78
INDIANA WESLEYAN TFRI Team Total										171.52



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

11

5

WHAC

LW: 16

12

3

GSAC

LW: 9

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	34		Armiyah JOHNSON		12.12 (0.6)	4/13/23	0.5	0.11	0.61
▶ 100m	44		Dorothy JACKSON		12.19w (2.1)	3/25/23	0.15		0.15
▶ 100H	35		Penelopi LEACH		15.03 (1.7)	3/18/23	0.45		0.45
▶ 200m	13	A:N	Eryn BURKE		24.49 (1.3)	3/18/23	8	0.76	8.76
▶ 200m	32		Brooke DALGITY		25.08w (2.2)	4/13/23	0.6	0.07	0.67
▶ 200m	38		Jordyn BURKE		25.20 (1.7)	3/18/23	0.3		0.30
▶ 400m	2	A:N	Eryn BURKE		54.89	4/8/23	28	2.92	30.92
▶ 400m	15	A:IA	Brooke DALGITY		57.02	4/8/23	6	0.47	6.47
▶ 400m	30		Jordyn BURKE		57.52	3/18/23	0.7	0.21	0.91
▶ 400m	31		Elizabeth BETTEN		57.61	4/8/23	0.65	0.16	0.81
▶ 400H	4	A:N	Jordyn BURKE		1:01.99	3/25/23	24	1.98	25.98
▶ 1500m	37		Kate BARANSKI		4:46.13	3/18/23	0.35	0.07	0.42
▶ Steeple	47		Jessina MORALES		12:26.37	4/8/23	0.75		0.75
▶ 5000m	41		Jessina MORALES		18:10.30	3/11/23	0.225		0.23
▶ 10,000m	38		India MOORS		39:28.95	3/11/23	0.3		0.30
▶ 4x100	5	A:N	Dorothy JACKSON, Eryn BURKE, Jordyn BURKE, Armiyah JOHNSON		46.46	4/8/23	22	2.51	24.51
▶ 4x400	8	A:N	Elizabeth BETTEN, Jordyn BURKE, Penelopi LEACH, Eryn BURKE		3:53.81	3/11/23	16	1.63	17.63
▶ 4x800	7		Kate BARANSKI, Jessina MORALES, Karla SANCHEZ-RUIZ, Olivia FINCH		9:35.25	3/25/23	18	1.90	19.90
▶ DISC	44		Jaelah BUTLER		39.65m 130-1	3/18/23	0.15		0.15
▶ HT	48		Jaelah BUTLER		44.89m 147-4	3/11/23	0.5		0.50
▶ HEPT	11	A:IA	Penelopi LEACH		4,101	3/23/23	10	0.99	10.99
▶ HEPT	48		Grace ROBERTS		2,133	3/23/23	0.5		0.50
VANGUARD (CALIF.) TFRI Team Total									151.90



National TFRI Team Summary

WOMEN — 2023 Week #4, April 19

13

The Master's (Calif.)

GSAC

▲ 2

LW: 15

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	24		Hannah FREDERICKS		2:17.25	4/8/23	1	0.26	1.26
▶ 800m	29		Ellen PALMGREN		2:18.22	4/13/23	0.75	0.08	0.83
▶ 1500m	4	A:N	Hannah FREDERICKS		4:30.40	3/11/23	24	1.85	25.85
▶ 1500m	26		Rebekah NIEDNAGEL		4:44.30	4/13/23	0.9	0.21	1.11
▶ 1500m	28		Ellen PALMGREN		4:45.22	3/11/23	0.8	0.14	0.94
▶ 1500m	46		Autumn NOOTBAAR		4:48.63	4/8/23	0.1		0.10
▶ 5000m	5	A:N	Hannah FREDERICKS		16:46.18	4/13/23	22	2.20	24.20
▶ 5000m	21	AIA	Autumn NOOTBAAR		17:35.17	4/13/23	2.5	0.34	2.84
▶ 5000m	43		Kimberly PAGE		18:12.09	4/13/23	0.175		0.18
▶ 10,000m	10	A:N	Autumn NOOTBAAR		37:09.50	3/24/23	12	0.86	12.86
▶ 10,000m	21	AIA	Kimberly PAGE		37:44.68	3/24/23	2.5	0.43	2.93
▶ 10,000m	35		Brooke MILAM		39:20.41	3/24/23	0.45		0.45
▶ RW5000	14		Mariah HILDEBRANDT		29:58.14	3/25/23	7	0.90	7.90
▶ RW5000	16		Allie METHUM		30:30.95	3/25/23	5	0.79	5.79
▶ 4x800	1	A:N	Hannah FREDERICKS, Suzie JOHNSON, Rebekah NIEDNAGEL, Ellen PALMGREN		9:12.55	3/25/23	30	4.28	34.28
▶ JAV	3	A:N	Micaiah SCOTT		45.66m 149-10	3/18/23	26	3.37	29.37

THE MASTER'S (CALIF.) TFRI Team Total 150.89

14

Dickinson State (N.D.)

North Star

▼ 2

LW: 12

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 100H	25		Wrenzi WRZESINSKI		14.79c	(14.75A) (0.0	4/7/23	0.95	0.17	1.12
▶ 100H	27		Kaitlyn MCCOLLY		14.84cw	(14.80A) (3.3	3/31/23	0.85	0.10	0.9
▶ 400H	6	A:N	Wrenzi WRZESINSKI		1:02.25c	(1:02.14A)	4/7/23	20	1.79	21.79
▶ 400H	10	AIA	Kaitlyn MCCOLLY		1:03.40c	(1:03.29A)	4/7/23	12	0.97	12.97
▶ 4x100	24		Wrenzi WRZESINSKI, Kiley BARNETT, Kaitlyn MCCOLLY, Jocelyn OTT		48.36		4/16/23	0.7	0.12	0.82
▶ 4x400	28		Wrenzi WRZESINSKI, Kaitlyn MCCOLLY, Jewel OLSON, Kiley BARNETT		4:04.85c	(4:04.41A)	3/31/23	0.5		0.50
▶ HJ	8	AIA	Adarra HAGLUND		1.65m	5-5	4/7/23	16	0.69	16.69
▶ PV	4	A:N	Madison WAHL		3.82m	12-6¼	4/16/23	24	0.93	24.93
▶ PV	26		Cassidy JORENSON		3.40m	11-1¾	3/31/23	0.9		0.90
▶ LJ	42		Jocelyn OTT		5.41m	17-9 (-1.4)	4/16/23	0.2		0.20
▶ SP	6	A:N	Kori NAGEL		13.85m	45-5¼	3/31/23	20	1.61	21.61
▶ DISC	4	A:N	Kori NAGEL		46.03m	151-0	3/31/23	24	2.11	26.11
▶ HT	9	A:N	Tori NYGARD		51.51m	169-0	4/16/23	14	1.14	15.14
▶ HT	16	AIA	Kori NAGEL		49.85m	163-7	4/16/23	D 5	0.55	2.55
DICKINSON STATE (N.D.) TFRI Team Total										146.28

DICKINSON STATE (N.D.) TFRI Team Total 146.28



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

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WOMEN — 2023 Week #4, April 19

Marian (Ind.)

Crossroads



LW: 14

16

Concordia (Neb.)

GPAC



LW: 11

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	8	A:N	Adrianna RODENCAL		14.15 (1.1)	4/7/23	16	1.32	17.32
▶ 400m	16	AIA	Jenna ESCH		57.08	4/1/23	5	0.44	5.44
▶ 400H	8	A:N	Jordan KOEPKE		1:02.71	4/1/23	16	1.45	17.45
▶ 800m	50		Rylee HAECKER		2:20.06	4/7/23	0.1		0.11
▶ 1500m	17		Rylee HAECKER		4:41.98	4/7/23	4.5	0.40	4.90
▶ Steeple	49		Kaia RICHMOND		12:27.87	4/1/23	0.25		0.25
▶ RW5000	9	AIA	Lauren DAWSON		28:34.84	4/14/23	14	1.24	15.24
▶ RW5000	19		Peyton GISSLER		33:07.83	4/14/23	3.5	0.30	3.80
▶ 4x100	21		Emily LOSEKE, Kayla KIRCHNER, Kellie RHODES, Adrianna RODENCAL		48.22	4/1/23	0.85	0.21	1.06
▶ 4x800	13		Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Keegan BEISEL		10:02.47	3/25/23	6	0.59	6.59
▶ HJ	8	AIA	Hannah NEWTON		1.65m 5-5	4/1/23	16	0.69	16.69
▶ PV	7	A:N	Josie PUELZ		3.75m 12-3½	4/14/23	18		18.00
▶ PV	11	A:N	Erin MAPSON		3.65m 11-11¾	4/14/23	10		10.00
▶ PV	15	AIA	Kayla SVOBODA		3.55m 11-7¾	4/14/23	6		6.00
▶ PV	26		Erin BOGGS		3.40m 11-1¾	4/1/23	0.9		0.90
▶ PV	26		Amira CUMMINGS		3.40m 11-1¾	4/1/23	0.9		0.90
▶ LJ	31		Hayley MILES		5.51m 18-1 (0.0)	4/14/23	0.65		0.65
▶ TJ	41		Josi NOBLE		11.02m 36-2 (0.0)	4/14/23	0.225		0.23
▶ SP	24		Kamryn POKORNEY		12.98m 42-7	4/14/23	1	0.17	1.17
▶ DISC	23	AIA	Erin PAINTER		42.55m 139-7	4/7/23	1.5	0.19	1.69
▶ DISC	33		Sara HUSS		41.23m 135-3	4/7/23	0.55		0.55
▶ DISC	34		Emma LLOYD		41.19m 135-2	4/1/23	0.5		0.50
▶ HT	15	AIA	Kamryn POKORNEY		50.14m 164-6	4/7/23	6	0.64	6.64
▶ HT	28		Alli OWINGS		47.77m 156-9	4/14/23	0.8		0.80
▶ HT	30		Abi WOHLGEMUTH		47.56m 156-1	4/7/23	0.7		0.70
▶ HT	32		Erin PAINTER		47.32m 155-3	4/1/23	0.6		0.60
▶ JAV	42		Gretchen STOTTLEMYRE		36.08m 118-5	4/14/23	0.2		0.20
CONCORDIA (NEB.) TFRI Team Total									138.36



as of 4/17/23 6:18 AM ET

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WOMEN — 2023 Week #4, April 19

Chicagoland

LW: 46

OLIVET NAZARENE (ILL.) TFR1 Team Total	122.64
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Gulf Coast

LW: 17

DILLARD (LA.) TFR1 Team Total	122.46
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National TFRI Team Summary

as of 4/17/23 6:18 AM ET

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WOMEN — 2023 Week #4, April 19

19

Mobile (Ala.)

SSAC



6

LW: 13

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	3	A:N	Latavia JACK		11.70w (3.6)	3/23/23	26	2.27	28.27
▶ 100m	28		Myla EDWARDS		12.08w (3.7)	3/23/23	0.8	0.22	1.02
▶ 100m	44		Samantha MANSUR		12.19w (3.7)	3/23/23	0.15		0.15
▶ 100H	21	AIA	Anna CABRERA		14.60w (3.1)	3/23/23	2.5	0.44	2.94
▶ 200m	10	A:N	Latavia JACK		24.31w (3.9)	3/23/23	12	1.11	13.11
▶ 200m	31		Sadiya SHAMSID-DEEN		25.06 (0.2)	3/31/23	0.65	0.09	0.74
▶ 200m	42		Myla EDWARDS		25.33w (2.7)	3/23/23	0.2		0.20
▶ 400m	38		Sadiya SHAMSID-DEEN		58.06	3/31/23	0.3		0.30
▶ 4x100	6	A:N	Myla EDWARDS, Samantha MANSUR, Latavia JACK, Jerenie JACKSON		46.53	3/23/23	20	2.36	22.36
▶ 4x400	17		Raven PRATT, Shawnessy EDWARDS, Sadiya SHAMSID-DEEN, Yasmin PINES		3:59.58	4/8/23	2	0.39	2.39
▶ HJ	35		Anna CABRERA		1.58m 5-2¼	3/30/23	0.45		0.45
▶ HJ	48		Tyra DARRINGTON		1.55m 5-1	3/23/23	0.5		0.50
▶ LJ	21		Jhanya QUINONES		5.63mw 18-5¼ (3.2)	3/17/23	2.5	0.43	2.93
▶ LJ	46		Anna CABRERA		5.40m 17-8¾ (0.1)	4/8/23	0.1		0.10
▶ SP	12	A:N	Fedra FLORENTIN		13.58m 44-6¾	3/23/23	9	0.97	9.97
▶ JAV	47		Anna CABRERA		35.72m 117-2	3/17/23	0.75		0.75
▶ HEPT	3	AIA	Anna CABRERA		4,699w	3/30/23	26	2.93	28.93

MOBILE (ALA.) TFRI Team Total 115.11

20

Huntington (Ind.)

Crossroads



24

LW: 44

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	48		Destiny COPELAND		15.24 (0.6)	4/13/23	0.5		0.50
▶ 200m	40		Destiny COPELAND		25.29 (0.9)	4/13/23	0.25		0.25
▶ 200m	45		Destinee MCGRADY		25.35w (3.2)	4/13/23	0.125		0.13
▶ 400m	29		Destinee MCGRADY		57.51	4/13/23	0.75	0.21	0.96
▶ 1500m	27		Abbey GENTZ		4:44.89	3/30/23	0.85	0.17	1.02
▶ 5000m	50		Emily TEDDER		18:19.15	4/14/23	0.1		0.10
▶ 10,000m	7	A:N	Abbey GENTZ		36:55.88	4/14/23	18	1.13	19.13
▶ HJ	1	A:N	Erica XAYARATH		1.74m 5-8½	3/24/23	30	6.80	36.80
▶ LJ	7	A:N	Destiny COPELAND		5.77m 18-11¼ (1.1)	4/13/23	18	1.34	19.34
▶ LJ	19	AIA	Erica XAYARATH		5.65mw 18-6½ (2.5)	3/30/23	3.5	0.56	4.06
▶ TJ	8	A:N	Destiny COPELAND		11.75mw 38-6¾ (3.6)	4/13/23	D 16	1.11	3.11
▶ TJ	22		Erica XAYARATH		11.43m 37-6 (0.6)	4/13/23	2	0.39	2.39
▶ HEPT	4	AIA	Destiny COPELAND		4,573	4/13/23	24	2.45	26.45

HUNTINGTON (IND.) TFRI Team Total 114.23

National TFRI Team Summary

as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

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WOMEN — 2023 Week #4, April 19

21

Campbellsville (Ky.)

Mid-South



4

LW: 25

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	20	AIA	Alexia BOYD		11.98w (3.6)	3/24/23	3	0.49	3.49
▶ 100m	39		Alexia SCHOFIELD		12.16w (2.6)	3/31/23	0.275	0.00	0.28
▶ 100m	46		Jamila GARBA		12.21w (2.8)	3/31/23	0.1		0.10
▶ 200m	9	A:N	Alexia SCHOFIELD		24.25w (3.3)	3/24/23	14	1.26	15.26
▶ 200m	30		Jamila GARBA		25.01 (0.0)	4/7/23	0.7	0.15	0.85
▶ 400m	18	AIA	Jamila GARBA		57.15	4/7/23	4	0.40	4.40
▶ 1500m	50		Christy SHANK		4:49.08	4/14/23	0.1		0.10
▶ Steeple	39		Hailey SHANK		12:15.59	4/7/23	0.275		0.28
▶ 10,000m	31		Emma STEFF		39:05.49	4/7/23	0.65		0.65
▶ 10,000m	46		Nina DAMAN		40:12.12	4/7/23	0.1		0.10
▶ 4x100	7	A:N	Kourtlyn CANNON, Jamila GARBA, Alexia SCHOFIELD, Alexia BOYD		46.72	4/7/23	18	1.95	19.95
▶ 4x400	10	AIA	Victoria YOUNG, Jamila GARBA, Alexia SCHOFIELD, KaNiya DOUGLAS		3:56.84	4/7/23	12	0.80	12.80
▶ HJ	48		Alexia SCHOFIELD		1.55m 5-1	4/14/23	0.5		0.50
▶ LJ	2	A:N	Alexia BOYD		5.93m 19-5½ (1.0)	4/14/23	28	3.31	31.31
▶ LJ	48		Alexia SCHOFIELD		5.38mw 17-8 (2.2)	3/31/23	0.5		0.50
▶ TJ	11	AIA	Alexia SCHOFIELD		11.72m 38-5½ (0.0)	3/24/23	10	1.01	11.01
▶ TJ	27		Alexia BOYD		11.26m 36-11½ (1.8)	3/31/23	0.85	0.10	0.95
▶ HEPT	49		Marlena SIPES		2,022	4/7/23	0.25		0.25
CAMPBELLSVILLE (KY.) TFRI Team Total									102.78

22

Saint Mary (Kan.)

KCAC



26

LW: 48

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	38		Alyssa ARMENDARIZ		2:19.00	3/25/23	0.3		0.30
▶ 1500m	33		Maddy WALTER-SHERRETTS		4:45.76	3/23/23	0.55	0.10	0.65
▶ 1500m	49		Riley HIEBERT		4:49.01	3/23/23	0.25		0.25
▶ Steeple	3	A:N	Alyssa ARMENDARIZ		10:58.79	4/13/23	26	2.41	28.41
▶ Steeple	13	AIA	Reagan HIEBERT		11:20.27	4/13/23	8	0.87	8.87
▶ 5000m	7	A:N	Alyssa ARMENDARIZ		16:54.15	4/1/23	18	1.82	19.82
▶ 5000m	11	A:N	Reagan HIEBERT		17:18.32	4/1/23	10	0.72	10.72
▶ 5000m	31		Kate MADSEN		17:52.02	3/31/23	0.65		0.65
▶ 5000m	36		Maddy WALTER-SHERRETTS		18:03.99	3/31/23	0.4		0.40
▶ 5000m	44		Riley HIEBERT		18:13.06	3/31/23	0.15		0.15
▶ 10,000m	15	A:N	Kate MADSEN		37:19.68	4/13/23	6	0.67	6.67
▶ 4x100	26		Jasmine HENDERSON, Zaira SPENCER, Lexi WARDLOW, Gretchen RANEY		48.53	3/30/23	0.6	0.00	0.60
▶ 4x800	5		Alyssa ARMENDARIZ, Riley HIEBERT, Reagan HIEBERT, Maddy WALTER- SHERRETTS		9:29.54	4/13/23	22	2.34	24.34
▶ TJ	48		Carissa MARTIN		10.94m	35-10¾ (0.0)	3/23/23	0.5	0.50
SAINT MARY (KAN.) TFRI Team Total									102.33

SAINT MARY (KAN.) TFR1 Team Total	102.33
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USTFCCCA NAIA Outdoor Track & Field

National TFRI Team Summary

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D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

23

Hastings (Neb.)

GPAC



4

LW: 27

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	18	AIA	Nisa THOMAS		14.56w (3.6)	4/7/23	4	0.50	4.50
▶ 100H	27		Jaida ROWE		14.84 (1.5)	4/7/23	0.85	0.10	0.95
▶ 400H	17		Jaida ROWE		1:05.26	4/7/23	4.5	0.31	4.81
▶ RW5000	15		Tristyn DIPENTINO		30:06.05	4/1/23	6	0.87	6.87
▶ RW5000	17		Baylee EVARTS		31:35.30	4/1/23	4.5	0.58	5.08
▶ 4x100	20		Kya EDWARDS, Jaida ROWE, Rhys MAXEY, Nisa THOMAS		48.20	4/7/23	0.9	0.23	1.13
▶ SP	20	AIA	Asia TYLER		13.06m 42-10¼	4/15/23	3	0.28	3.28
▶ SP	23	AIA	Kiara ANDERSON		13.01m 42-8¼	4/1/23	1.5	0.21	1.71
▶ DISC	5	A:N	Jessa EDEN		45.99m 150-11	4/15/23	22	2.08	24.08
▶ DISC	7	A:N	Kiara ANDERSON		45.00m 147-8	4/1/23	18	1.34	19.34
▶ HT	4	A:N	Kiara ANDERSON		53.29m 174-10	4/14/23	24	2.20	26.20
▶ HT	19	AIA	Jessa EDEN		49.18m 161-4	4/1/23	3.5	0.35	3.85
▶ HT	46		Asia TYLER		45.21m 148-4	4/1/23	0.1		0.10

HASTINGS (NEB.) TFRI Team Total 101.89

24

Grand View (Iowa)

The Heart



9

LW: 33

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ Steeple	6	A:N	Morgan LAWSON		11:13.33	4/14/23	20	1.29	21.29
▶ RW5000	8	AIA	Paige THOMPSON		28:27.48	3/25/23	16	1.29	17.29
▶ HJ	39		Avril MAUGHAN		1.57m 5-1¾	3/25/23	0.275		0.28
▶ SP	25		Madison GREEN		12.96m 42-6¼	4/1/23	0.95	0.15	1.10
▶ DISC	2	A:N	Madison GREEN		47.17m 154-9	4/14/23	28	3.17	31.17
▶ HT	3	A:N	Madison GREEN		53.82m 176-7	4/14/23	26	2.66	28.66
▶ HT	42		Ilyah MOORE		45.75m 150-1	3/25/23	0.2		0.20

GRAND VIEW (IOWA) TFRI Team Total 99.98

25

MidAmerica Nazarene (Kan.)

The Heart



18

LW: 43

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	6	A:N	Nikiwe MONGWE		11.77 (1.4)	4/13/23	20	1.69	21.69
▶ 100m	33		Daizy SOLIR		12.11w (3.7)	4/13/23	0.55	0.14	0.69
▶ 100H	34		Jocelyn JENKINS		14.95w (2.4)	4/13/23	0.5		0.50
▶ 200m	5	A:N	Nikiwe MONGWE		24.02 (-1.2)	4/13/23	22	1.81	23.81
▶ 400m	7	A:N	Nikiwe MONGWE		55.90	4/8/23	D 18	1.46	3.46
▶ 400H	22		Jocelyn JENKINS		1:05.40	4/13/23	2	0.26	2.26
▶ 400H	36		Stella WHALEN		1:06.68	3/31/23	0.4		0.40
▶ RW5000	30		Olivia SIEFKER		42:19.47	3/31/23	0.7		0.70
▶ RW5000	31		Gracie ENOCHS		42:19.58	3/31/23	0.65		0.65
▶ 4x100	15	A:N	Janiah NICHOLSON, Nikiwe MONGWE, Nala BURNS, Daizy SOLIR		47.48	4/13/23	4	0.82	4.82
▶ 4x400	19		Daizy SOLIR, Nikiwe MONGWE, Jocelyn JENKINS, Stella WHALEN		4:00.35	3/31/23	0.95	0.27	1.22
▶ HJ	8	AIA	Carly LINDENMEYER		1.65m 5-5	4/13/23	16	0.69	16.69
▶ LJ	18	AIA	Carly LINDENMEYER		5.66m 18-7 (0.0)	3/31/23	4	0.63	4.63
▶ LJ	50		Reanna GREEN		5.37m 17-7½ (0.0)	3/31/23	0.1		0.10
▶ TJ	47		Hayley LOEWEN		10.96m 35-11½ (1.1)	3/31/23	0.75		0.75
▶ SP	22	AIA	Victoria LOTZ		13.03m 42-9	4/13/23	2	0.24	2.24
▶ DISC	9	A:N	Victoria LOTZ		44.65m 146-6	3/31/23	14	1.08	15.08
▶ HEPT	42		Ella MARGHEIM		2,811	4/13/23	0.2		0.20

MIDAMERICA NAZARENE (KAN.) TFRI Team Total 99.89



USTFCCCA NAIA Outdoor Track & Field

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WOMEN — 2023 Week #4, April 19

26

Columbia (S.C.)

AAC



3

LW: 23

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 10,000m	30		Makayla HOLLIFIELD		39:02.08	3/16/23	0.7		0.70
▶ RW5000	2	A:N	Izabelle TREFTS		24:49.47	3/17/23	28	3.25	31.25
▶ RW5000	5	A:N	Ainhua COLINO		27:25.94	3/17/23	22	1.75	23.75
▶ RW5000	6	A:N	Victoria HEISER-WHATLEY		27:28.04	4/7/23	20	1.73	21.73
▶ RW5000	7	AIA	Jessica HEISER-WHATLEY		28:17.62	4/7/23	18	1.37	19.37
▶ RW5000	25		Mina SHULL		34:53.03	3/24/23	0.95	0.01	0.96
▶ RW5000	28		Gabrielle HUGGINS		37:06.95	3/17/23	0.8		0.80
▶ 4x800	27		Gabrielle HUGGINS, Angeline KRAVITZ, Makayla HOLLIFIELD, Izabelle TREFTS		11:03.50	3/24/23	0.55		0.55
▶ HEPT	40		Zykirah DAVIS		2,843	3/16/23	0.25		0.25

COLUMBIA (S.C.) TFRI Team Total 99.36

27

Milligan (Tenn.)

AAC



8

LW: 19

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	6	A:N	Ellen-Mary KEARNEY		2:11.74	3/23/23	20	2.11	22.11
▶ 1500m	6	A:N	Ellen-Mary KEARNEY		4:32.13	3/23/23	20	1.54	21.54
▶ 1500m	13	AIA	Caitlin DOMINY		4:39.96	4/7/23	8	0.57	8.57
▶ 1500m	48		Gracie ALLEN		4:48.67	3/24/23	0.5		0.50
▶ Steeple	50		Ali BURNS		12:28.56	4/7/23	0.1		0.10
▶ 5000m	10	A:N	Ellen-Mary KEARNEY		17:11.12	4/7/23	D 12	1.03	3.03
▶ 5000m	16	A:N	Alyssa BEARZI		17:25.10	3/23/23	5	0.57	5.57
▶ 5000m	17	AIA	Caitlin DOMINY		17:30.19	3/23/23	4.5	0.45	4.95
▶ 5000m	40		Gracie ALLEN		18:08.95	4/7/23	0.25		0.25
▶ 10,000m	3	A:N	Alyssa BEARZI		35:39.90	4/7/23	26	2.91	28.91
▶ PV	36		Halie HAWKINS		3.25m 10-8	3/24/23	0.4		0.40
▶ DISC	49		Kacey WEBB		39.29m 128-11	3/24/23	0.25		0.25

MILLIGAN (TENN.) TFRI Team Total 96.18

28

Madonna (Mich.)

WHAC



6

LW: 22

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	49		Charity JONES		12.24 (1.0)	4/14/23	0.25		0.25
▶ 200m	29		Charity JONES		25.00 (0.1)	4/14/23	0.75	0.16	0.91
▶ 400m	6	A:N	Charity JONES		55.72	3/30/23	20	1.66	21.66
▶ 400m	9	A:N	Jayla BROWN		56.21	3/30/23	14	1.12	15.12
▶ 4x100	9	A:N	Anaiya JONES, Charity JONES, Nia WOOD, Jayla BROWN		47.19	3/29/23	14	1.22	15.22
▶ 4x400	6	A:N	Jayla BROWN, Charity JONES, Jessica PHILLIPS, Nia WOOD		3:53.12	3/29/23	20	1.84	21.84
▶ HT	8	A:N	Emilee KESSLER		51.75m 169-10	4/8/23	16	1.28	17.28

MADONNA (MICH.) TFRI Team Total 92.29

29

Southern Oregon

Cascade



11

LW: 18

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	38		Nia COLLINS		15.10 (0.7)	3/17/23	0.3		0.30
▶ 400H	21		Nia COLLINS		1:05.37	3/17/23	2.5	0.27	2.77
▶ 400H	29		India ORTIZ		1:05.84	3/17/23	0.75	0.11	0.86
▶ 800m	44		Sarah MAUK		2:19.78	4/14/23	0.15		0.15
▶ 1500m	38		Sydney KIZZIAR		4:46.27	4/14/23	0.3	0.06	0.36
▶ 1500m	44		Sarah MAUK		4:47.98	3/30/23	0.15		0.15
▶ Steeple	10	A:N	Lauren FORSTER		11:17.13	3/30/23	12	1.06	13.06
▶ 10,000m	13	A:N	Haylee BRODAHL		37:16.19	3/30/23	8	0.73	8.73
▶ 10,000m	16	A:N	Alejandra LOPEZ		37:24.97	3/30/23	5	0.62	5.62
▶ 10,000m	26		Sydney KIZZIAR		38:47.05	3/30/23	0.9		0.90
▶ 4x400	16		Abi STEVENS, Sarah MAUK, Aayzia DUMAS, India ORTIZ		3:59.24	4/14/23	3	0.44	3.44
▶ HJ	7	AIA	Abi STEVENS		1.66m 5-5¼	4/7/23	18	1.11	19.11
▶ PV	21		India ORTIZ		3.45m 11-3¾	3/17/23	2.5		2.50
▶ TJ	32		Sienna BAUER		11.14mw 36-6¾ (3.8)	4/1/23	0.6		0.60
▶ JAV	41		Malaika QUIGLEY		36.21m 118-10	3/11/23	0.225		0.23
▶ HEPT	6	AIA	Abi STEVENS		4,435	3/30/23	20	2.00	22.00
▶ HEPT	15	AIA	Jenna HODGES		4,018	3/30/23	6	0.84	6.84

SOUTHERN OREGON TFRI Team Total 87.61



USTFCCCA NAIA Outdoor Track & Field

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WOMEN — 2023 Week #4, April 19

30

Tennessee Wesleyan

AAC



6

LW: 24

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	11	A:N	Paige MANNEY		14.23w (2.2)	3/25/23	D 10	1.08	3.08
▶ 4x100	18		Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS		48.05	3/25/23	1	0.33	1.33
▶ HJ	2	A:N	Paige MANNEY		1.73m 5-8	3/25/23	28	5.97	33.97
▶ LJ	19	AIA	Paige MANNEY		5.65m 18-6½ (0.0)	4/15/23	D 3.5	0.56	2.56
▶ LJ	27		Aniecia GOSS		5.57m 18-3¼ (0.0)	4/15/23	0.85	0.04	0.89
▶ TJ	1	A:N	Paige MANNEY		12.58mw 41-3¼ (3.4)	3/25/23	30	4.71	34.71
▶ TJ	12	AIA	Aniecia GOSS		11.69m 38-4¼ (0.0)	4/15/23	9	0.91	9.91
▶ HEPT	34		Madison ROOKER		3,107	4/7/23	0.5		0.50
▶ HEPT	44		Caley ESSIE		2,749	4/7/23	0.15		0.15

TENNESSEE WESLEYAN TFRI Team Total 87.10

31

Aquinas (Mich.)

WHAC



23

LW: 54

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	39		Theresa JUDD		15.11w (2.3)	3/31/23	0.275		0.28
▶ 400m	23	AIA	Ronnie MCMILLAN		57.26	4/7/23	1.5	0.34	1.84
▶ 800m	5	A:N	Maggie WHITNEY		2:10.99	4/14/23	22	2.57	24.57
▶ 1500m	40		Hannah ADLER		4:46.54	3/31/23	0.25	0.03	0.28
▶ 5000m	12	A:N	Hannah ADLER		17:20.97	4/14/23	9	0.66	9.66
▶ 5000m	49		Molly HARDING		18:18.66	4/14/23	0.25		0.25
▶ 4x800	6		Hannah ADLER, Kaitlyn THOMAS, Maggie WHITNEY, Molly HARDING		9:32.79	4/14/23	20	2.09	22.09
▶ HJ	8	AIA	Kaylee DIAMOND		1.65m 5-5	3/31/23	16	0.69	16.69
▶ HJ	39		Alyssa DETWEILER		1.57m 5-1¾	4/14/23	0.275		0.28
▶ PV	15	AIA	Shaily BAYNES		3.55m 11-7¾	4/14/23	6		6.00
▶ LJ	39		Kaylee DIAMOND		5.45m 17-10¾ (0.0)	4/14/23	0.275		0.28
▶ TJ	33		Kaylee DIAMOND		11.12m 36-5¾ (0.0)	4/14/23	0.55		0.55
▶ SP	42		Rebecca BELTRAN		12.46m 40-10½	4/14/23	0.2		0.20
▶ DISC	32		Rebecca BELTRAN		41.27m 135-5	4/14/23	0.6		0.60

AQUINAS (MICH.) TFRI Team Total 83.57

32

Florida Memorial

Sun Conference



12

LW: 20

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	7	A:N	Denai WILSON		11.81 (-0.6)	4/7/23	18	1.36	19.36
▶ 100m	28		Anitria SANGSTER		12.08w (3.2)	3/17/23	0.8	0.22	1.02
▶ 100H	22	AIA	Yasmyne WILLIAMS		14.68 (1.7)	4/7/23	2	0.32	2.32
▶ 200m	8	A:N	Denai WILSON		24.18 (1.0)	4/7/23	16	1.42	17.42
▶ 200m	24		Anitria SANGSTER		24.89 (0.5)	3/24/23	1	0.29	1.29
▶ 400H	14		Qunizel BAZILIO		1:04.77	4/7/23	7	0.48	7.48
▶ 4x100	12	A:N	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Andreana GRAHAM		47.40	4/7/23	8	0.93	8.93
▶ 4x400	14		Anitria SANGSTER, Monique BROWN, Qunizel BAZILIO, Yasmyne WILLIAMS		3:59.06	3/24/23	5	0.47	5.47
▶ LJ	7	A:N	Andreana GRAHAM		5.77m 18-11¼ (2.0)	4/7/23	18	1.34	19.34

FLORIDA MEMORIAL TFRI Team Total 82.62



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WOMEN — 2023 Week #4, April 19

Doane (Neb.)

GPAC

4

LW: 37

DOANE (NEB.) TFRI Team Total 78.54

Cornerstone (Mich.)

WHAC

6

LW: 40

CORNERSTONE (MICH.) TFRI Team Total 71.70

Providence (Mont.)

Frontier

▼ **1**

LW: 34

PROVIDENCE (MONT.) TFR/ Team Total 69.78

St. Francis (Ill.)

Chicagoland

▼ 10

LW: 26

ST. FRANCIS (ILL.) TFR/ Team Total 67.87



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WOMEN — 2023 Week #4, April 19

37 **Cumberlands (Ky.)**
Mid-South▼ 2
LW: 35

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ Steeple	20		Elizabeth LUCASON		11:33.84	4/7/23	3	0.38	3.38
▶ Steeple	37		Morgan LUCASON		12:11.19	4/7/23	0.35		0.35
▶ 10,000m	50		Abriella OVERHOLSER		40:25.38	4/7/23	0.1		0.10
▶ RW5000	10		Jenna GROGAN		29:02.40	4/7/23	12	1.11	13.11
▶ RW5000	13		Tara TODD		29:40.25	4/7/23	8	0.97	8.97
▶ RW5000	20		Isabelle BLATZ		33:09.38	4/7/23	3	0.29	3.29
▶ 4x400	11		RaMyah SHEFFIELD, MaQuoia RAGLAN, Kathryn COUCH, Ashley TERRY		3:57.61	4/7/23	10	0.68	10.68
▶ 4x800	4	AIA	Elizabeth LUCASON, Ella HENAGE, Ashlyn LIDDLE, Ashley TERRY		9:24.56	4/14/23	24	2.85	26.85
▶ SP	46		Summer TRAVIS		12.35m	40-6¼ 3/24/23	0.1		0.10
▶ DISC	27		Maggie BUERGER		41.98m	137-9 3/24/23	0.85		0.85
▶ HEPT	50		Amber AVERY		1,940	4/7/23	0.1		0.10

CUMBERLANDS (KY.) TFRI Team Total 67.78

38 **Oregon Tech**
Cascade▼ 8
LW: 30

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ HJ	39		Ally ODELL		1.57m	5-1¾ 4/8/23	0.275		0.28
▶ HT	47		Katie MULL		44.92m	147-5 4/14/23	0.75		0.75
▶ JAV	1	A:N	Alex CONLEY		46.11m	151-4 4/8/23	30	3.74	33.74
▶ JAV	10	A:N	Brittan BRATSCHER		42.24m	138-7 3/17/23	12	1.29	13.29
▶ JAV	13	AIA	Aarika BROOKS		40.33m	132-4 3/17/23	8	0.71	8.71
▶ JAV	32		Amber MILLER		37.39m	122-8 3/17/23	0.6		0.60
▶ HEPT	14	AIA	Ally ODELL		4,028	3/30/23	7	0.86	7.86

OREGON TECH TFRI Team Total 65.23

39 **Truett-McConnell (Ga.)**
AAC▼ 7
LW: 32

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 10,000m	36		Savannah CAMPBELL		39:20.67	3/10/23	0.4		0.40
▶ 4x100	38		Amya ARNOLD, Myesha HALL, Brooke WILMOTH, Esther NAKANWAGI		49.04	4/1/23	0.1		0.10
▶ 4x400	32		Esther NAKANWAGI, Trenyonna ALLEN, Sarah OWEN, Myesha HALL		4:06.41	4/7/23	0.3		0.30
▶ 4x800	24		Savannah CAMPBELL, Simone CHOCK, Hayden PONCE, Sarah OWEN		10:44.46	3/10/23	0.7		0.70
▶ LJ	1	A:N	Myesha HALL		6.00m	19-8¼ (1.3) 3/24/23	30	4.20	34.20
▶ TJ	10	AIA	Myesha HALL		11.73m	38-6 (-2.0) 3/10/23	12	1.04	13.04
▶ JAV	9	A:N	Katilyn BABB		42.57m	139-8 4/14/23	14	1.47	15.47

TRUETT-MCCONNELL (GA.) TFRI Team Total 64.21

40 **Ottawa (Kan.)**
KCAC▼ 1
LW: 39

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	40		JayOnna PERRY		15.13	(0.6) 3/23/23	0.25		0.25
▶ 400m	32		JayOnna PERRY		57.71	4/7/23	0.6	0.11	0.71
▶ 400H	7	A:N	JayOnna PERRY		1:02.66	3/23/23	18	1.48	19.48
▶ 4x400	12		Destiny ESCOBAR, Jordyn WEEMS, JayOnna PERRY, Mumina MILLINGTON		3:58.07	3/23/23	8	0.61	8.61
▶ SP	18	AIA	Laurel BARBER		13.20m	43-3¾ 4/13/23	4	0.47	4.47
▶ DISC	38		Deja DELAINE		40.95m	134-4 4/7/23	0.3		0.30
▶ HT	40		Deja DELAINE		45.95m	150-9 4/15/23	0.25		0.25
▶ JAV	4	A:N	Laurel BARBER		44.08m	144-8 3/23/23	24	2.34	26.34

OTTAWA (KAN.) TFRI Team Total 60.41



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

▼ 10

AAC

LW: 31

MONTREAT (N.C.) TFRI Team Total	58.82
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▲ 10

AMC

LW: 52

WILLIAM WOODS (MO.) TFR1 Team Total	56.51
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▼ 14

GSAC

LW: 29

WESTMONT (CALIF.) TFRI Team Total	54.91
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WESTMONT (CALIF.) TFR/ Team Total 54.91

▲ 23

Frontier

LW: 67

MONTANA TECH TFRI Team Total	53.21
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MONTANA TECH TFRI Team Total	53.21
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National TFRI Team Summary

as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

45

Xavier (La.)

Red River



17

LW: 28

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	22		Kynneddy TURNER		12.01w (2.2)	3/31/23	2	0.40	2.40
▶ 100H	6	A: N	Emerald CARTER		13.99 (1.2)	4/8/23	20	1.81	21.81
▶ 100H	30		Jade HARRIS		14.85 (0.8)	4/8/23	0.7	0.08	0.78
▶ 100H	37		Kyla COLEMAN		15.06 (2.0)	3/31/23	0.35		0.35
▶ 200m	14	A: N	Kynneddy TURNER		24.57w (2.3)	4/8/23	7	0.66	7.66
▶ 400m	34		Kynneddy TURNER		57.86	4/15/23	0.5	0.03	0.53
▶ 400H	48		Emerald CARTER		1:07.58	4/8/23	0.5		0.50
▶ 800m	12	AIA	Skylah BARTON		2:15.21	4/8/23	9	0.69	9.69
▶ 4x100	13	A: N	Emerald CARTER, DaNya HORNE, Kynneddy TURNER, Ariel FORD		47.43	4/8/23	6	0.89	6.89
▶ 4x400	18		Emerald CARTER, Darryan HORTON, Kyrsten TURNER, Hannah STOUTMIRE		3:59.78	3/31/23	1	0.36	1.36
▶ TJ	40		Zoe CORDOVA		11.05m 36-3 (0.7)	3/31/23	0.25		0.25
XAVIER (LA.) TFRI Team Total									52.22

46

Lewis-Clark State (Idaho)

Cascade



10

LW: 36

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	10	A:N	Madigan KELLY		14.22 (-1.5)	3/18/23	12	1.11	13.11
▶ 100H	42		Sara HATHAWAY		15.15 (0.7)	3/23/23	0.2		0.20
▶ 400m	33		Emily COLLINS		57.85	4/7/23	0.55	0.04	0.59
▶ 400m	44		Anika GROGAN		58.40	3/23/23	0.15		0.15
▶ 400H	9	A:N	Ashley BRITT		1:03.14	4/7/23	14	1.13	15.13
▶ 400H	33		Sara HATHAWAY		1:06.29	3/18/23	0.55		0.55
▶ 800m	17	A:A	Geraldin CORREA		2:15.98	4/13/23	4.5	0.51	5.01
▶ 1500m	36		Brooklyn SHELL		4:45.93	3/18/23	0.4	0.08	0.48
▶ Steeple	45		Grace DIXON		12:26.13	4/15/23	0.125		0.13
▶ 5000m	37		Chloe OVERBERG		18:04.82	4/7/23	0.35		0.35
▶ 10,000m	45		Chloe OVERBERG		39:59.68	3/23/23	0.125		0.13
▶ 4x100	33		Ashley BRITT, Emily COLLINS, Madigan KELLY, Sara HATHAWAY		48.76	4/15/23	0.275		0.28
▶ HJ	45		Sara HATHAWAY		1.56m 5-1¼	3/23/23	0.125		0.13
▶ PV	21		Cynthia SMITH		3.45m 11-3¾	3/18/23	2.5		2.50
▶ JAV	15	A:A	Kea STIEGLITZ		39.89m 130-11	4/15/23	6	0.58	6.58
▶ HEPT	16	A:A	Sara HATHAWAY		3,986	3/23/23	5	0.79	5.79
LEWIS-CLARK STATE (IDAHO) TFRI Team Total									51.08

47

St. Ambrose (Iowa)

Chicagoland



8

LW: 55

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 400m	18	AIA	Gabbi BUTLER		57.15	4/14/23	4	0.40	4.40	
▶ PV	31		Kate SURWILLO		3.36m	11-¾	4/1/23	0.65	0.65	
▶ PV	36		Ryleigh WARDEN		3.25m	10-8	4/5/23	0.4	0.40	
▶ LJ	35		Lexie JOHNSON		5.48m	17-11¾ (0.0)	4/1/23	0.45	0.45	
▶ SP	11	A:N	Annah MILLER		13.68m	44-10¾	4/5/23	10	1.18	11.18
▶ DISC	3	A:N	Annah MILLER		47.03m	154-4	4/14/23	26	3.02	29.02
ST. AMBROSE (IOWA) TFRI Team Total									46.09	



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

48 **Trinity Christian (Ill.)** **49**
 Chicagoland LW: 97

49 **Langston (Okla.)**  **4**
SAC LW: 53

50 **Benedictine (Kan.)**  **8**
The Heart LW: 42

51

Jamestown (N.D.)

GPAC

▼

4

LW: 47

52 **Grace (Ind.)**  **24**
 Crossroads LW: 76

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	7	A:N	Kylie SAUDER		2:11.81	4/14/23	18	2.07	20.07
▶ 800m	15	A:A	Anna HULSTEDT		2:15.60	4/14/23	6	0.58	6.58
▶ 800m	25		Tara FRIESEN		2:17.61	4/14/23	0.95	0.19	1.14
▶ 800m	48		Heather PLASTOW		2:20.05	3/31/23	0.5		0.50
▶ 1500m	16		Heather PLASTOW		4:41.84	4/14/23	5	0.41	5.41
▶ Steeple	36		Katie ACKER		12:08.01	3/31/23	0.4		0.40
▶ 10,000m	18	A:A	Mallory HIATT		37:35.24	4/14/23	4	0.52	4.52
▶ HJ	48		Emily MCCREARY	1.55m	5-1	4/6/23	0.5		0.50
▶ DISC	29		Mackenzie DELONG	41.37m	135-9	4/6/23	0.75		0.75
▶ DISC	50		Lanae CROWE	39.24m	128-9	4/6/23	0.1		0.10
GRACE (IND.) TFRI Team Total									39.98



USTFCCCA NAIA Outdoor Track & Field

National TFRI Team Summary

as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

53 Lindsey Wilson (Ky.)

Mid-South

▼ 4

LW: 49

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ Steeple	11	A:N	Meredith JOHNSON		11:17.77	4/14/23	10	1.02	11.02	
▶ Steeple	40		Alyssa SHARP		12:16.89	4/14/23	0.25		0.25	
▶ RW5000	18		Eliza HAGENS		31:51.01	4/7/23	4	0.53	4.53	
▶ RW5000	24		Cady SCHOECK		34:34.94	4/7/23	1	0.06	1.06	
▶ 4x100	28		Jordan NELSON, Jozlen BRISBON, Kyra ENGEL, Luna SENICA		48.62	4/14/23	0.5		0.50	
▶ LJ	13	A:IA	Luna SENICA		5.72m	18-9¼ (0.0)	4/7/23	8	1.02	9.02
▶ LJ	14	A:IA	Nikki RAVELLI		5.70mw	18-8½ (2.5)	4/1/23	7	0.89	7.89
▶ JAV	22		Nikki RAVELLI		38.68m	126-11	4/7/23	2	0.21	2.21
▶ HEPT	47		Mine ISCEN		2,411	4/7/23	0.75		0.75	

LINDSEY WILSON (KY.) TFRI Team Total 37.21

54 Dordt (Iowa)

GPAC

▼ 16

LW: 38

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 400H	38		Anmarie STUIT		1:06.72	4/14/23	0.3		0.30
▶ 800m	20		Emilee HEYNEN		2:16.38	4/7/23	3	0.43	3.43
▶ 800m	22		Mika KOOISTRA		2:16.75	4/14/23	2	0.36	2.36
▶ 800m	28		Shelby BUWALDA		2:18.18	4/14/23	0.8	0.09	0.89
▶ Steeple	14	AIA	Taylor ANEMA		11:22.76	4/7/23	7	0.72	7.72
▶ Steeple	23		Elyse KUPERUS		11:38.96	4/7/23	1.5	0.23	1.73
▶ 10,000m	20	AIA	Jessica KAMPMAN		37:42.53	4/7/23	3	0.45	3.45
▶ 10,000m	34		Kristine HONOMICHL		39:16.57	4/7/23	0.5		0.50
▶ 10,000m	40		Lucy BORKOWSKI		39:37.89	4/7/23	0.25		0.25
▶ 4x400	9	AIA	Anmarie STUIT, Shelby BUWALDA, Mika KOOISTRA, Emilee HEYNEN		3:55.79	4/7/23	14	1.02	15.02
▶ HJ	27		Emily WINGERT		1.60m	5-3	4/14/23	0.85	0.85
▶ HJ	48		Cassie BRANDSMA		1.55m	5-1	4/7/23	0.5	0.50
▶ PV	50		Saydie CLARK		3.14m	10-3½	4/7/23	0.1	0.10

DORDT (IOWA) TFRI Team Total 37.09

55 Taylor (Ind.)

Crossroads

▲ 45

LW: 100

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 100H	26		Patience SAKEUH		14.80	(0.0)	4/6/23	0.9	0.15	1.05
▶ 100H	32		Kiana SIEFERT		14.90	(1.8)	4/14/23	0.6	0.01	0.61
▶ 100H	47		Audrey ALTUM		15.21	(0.9)	4/14/23	0.75		0.75
▶ 1500m	22		Emma MUTERSPAW		4:43.35		4/6/23	2	0.29	2.29
▶ 1500m	23		Ahna VANDERWALL		4:43.65		4/6/23	1.5	0.27	1.77
▶ Steeple	5	A:N	Ahna VANDERWALL		11:03.90		4/14/23	22	1.93	23.93
▶ Steeple	17	AIA	Lynae ACKLEY		11:29.42		4/14/23	4.5	0.51	5.01
▶ 4x100	21		Audrey ALTUM, D'Arjha DAVIS, Patience SAKEUH, Kiana SIEFERT		48.22		4/14/23	0.85	0.21	1.06
▶ 4x400	37		Mikayla ELLIS, Olivia JEANETTE, Emily JOHNSON, Ashley HALL		4:08.42		4/14/23	0.15		0.15

TAYLOR (IND.) TFRI Team Total 36.63

56 Keiser (Fla.)

Sun Conference

▼ 11

LW: 45

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 400m	25		Samaya CAURTHENS		57.38	4/7/23	0.95	0.28	1.23	
▶ 400m	35		Melissa GRIPACUS		57.93	4/14/23	0.45		0.45	
▶ 400H	16		Shanice FLEURIMOND		1:05.11	4/7/23	5	0.36	5.36	
▶ 400H	37		Marie MARC		1:06.69	4/7/23	0.35		0.35	
▶ 4x100	23		Staicha LAROSE, Ah'leeyah STRAPPIER, Samaya CAURTHENS, Marie MARC		48.34	3/24/23	0.75	0.13	0.88	
▶ 4x400	7	A:N	Shanice FLEURIMOND, Samaya CAURTHENS, Marie MARC, Melissa GRIPACUS		3:53.75	3/24/23	18	1.65	19.65	
▶ HJ	19		Aiana COLAS		1.63m	5-4¼	4/7/23	3.5		3.50
▶ HJ	48		Kailyn KELLY		1.55m	5-1	3/30/23	0.5		0.50
▶ HEPT	19	AIA	Kailyn KELLY		3,901w	3/30/23	3.5	0.63	4.13	
▶ HEPT	39		Marie MARC		2,875w	3/30/23	0.275		0.28	

KEISER (FLA.) TFRI Team Total 36.33



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

57

SAC

▼ 16

LW: 41

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 100m	8	A:N	Jaelynn WILLIAMS		11.83	(1.8)	4/8/23	16	1.22	17.22
▶ 200m	17	A:N	Jaelynn WILLIAMS		24.64	(1.2)	3/24/23	4.5	0.58	5.08
▶ 400H	25		Lasharia GORDON		1:05.57		4/14/23	0.95	0.20	1.15
▶ 800m	19		Rianna VIDALES		2:16.19		4/8/23	3.5	0.47	3.97
▶ 800m	33		Ashlei MCDONALD		2:18.56		4/14/23	0.55	0.01	0.56
▶ 1500m	15		Ashlei MCDONALD		4:41.78		4/8/23	6	0.42	6.42
▶ Steeple	34		Ashlei MCDONALD		12:04.94		3/30/23	0.5		0.50
▶ 4x100	27		Alysa HENDERSON, Yarnia EVANS, Lasharia GORDON, Jaelynn WILLIAMS		48.54		3/24/23	0.55		0.55
▶ 4x400	31		Lasharia GORDON, Jaelynn WILLIAMS, Ashlei MCDONALD, Allison DALZELL		4:06.21		4/14/23	0.35		0.35
▶ LJ	39		Alysa HENDERSON		5.45m	17-10¾ (0.0)	3/24/23	0.275		0.28
TEXAS WESLEYAN TFRI Team Total										36.08

58

North Star

▲ 29

LW: 87

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 100H	50		Taylor SARGENT		15.25w (3.3)	3/24/23	0.1		0.10
► JAV	2	A: N	Kendra ODEGARD		45.96m 150-10	4/16/23	28	3.62	31.62
VALLEY CITY STATE (N.D.) TFRI Team Total									31.72

59

North Star

12

LW: 71

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► RW5000	11		Faith YOUNCE		29:06.61	3/25/23	10	1.09	11.09
► RW5000	21		Allison MORRIS		33:11.87	3/25/23	2.5	0.28	2.78
► 4x800	29		Lilly GARNSEY, Zoi SMITH, Faith YOUNCE, Emily GEHRING		11:54.24	3/25/23	0.45		0.45
► SP	9	A:N	Brianna HUNTER		13.69m 44-11	4/14/23	14	1.20	15.20
IOWA WESLEYAN TFRI Team Total									29.53

60

KCAC

▼ 10

LW: 50

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	36		Jaylen KNIGHT		12.15 (1.4)	3/30/23	0.4	0.03	0.43
▶ 100H	18	AIA	Keiana NEWMAN		14.56 (-0.1)	3/30/23	4	0.50	4.50
▶ 200m	23		Jaylen KNIGHT		24.86 (-0.8)	4/7/23	1.5	0.32	1.82
▶ 400m	20	AIA	Jaylen KNIGHT		57.20	3/24/23	3	0.37	3.37
▶ 400m	46		Kendra BLAYLOCK		58.43	4/7/23	0.1		0.10
▶ 400H	24		Kourtney WARREN		1:05.50	4/7/23	1	0.22	1.22
▶ 400H	34		Moriah SHAW		1:06.34	3/30/23	0.5		0.50
▶ 1500m	45		Caroline GILES		4:48.29	3/30/23	0.125		0.13
▶ Steeple	9	A:N	Caroline GILES		11:16.99	4/13/23	14	1.07	15.07
▶ 5000m	23	AIA	Caroline GILES		17:39.63	4/7/23	1.5	0.24	1.74
▶ HT	43		Abby GREEN		45.42m 149-0	3/30/23	0.175		0.18
FRIENDS (KAN.) TFRI Team Total									29.05

61

PBC

▼ 5

LW: 56

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
► LJ	3	A:N	Maisonne JONES		5.84m	19-2 (-2.5)	3/24/23	26	2.16	28.16
USC BEAUFORT (S.C.) TFRI Team Total									28.16	

62

Sun Conference

▼ 11

LW: 51

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
► 800m	48		Theresa LONG		2:20.05	3/30/23	0.5		0.50	
► 1500m	24		Theresa LONG		4:44.11	3/30/23	1	0.23	1.23	
► RW5000	23		Maria TALAFUSE		34:34.36	3/17/23	1.5	0.06	1.56	
► 4x800	20		Carol LONG, Emma PERREAULT, Regina PIROLI, Abigail RALL		10:16.25	3/30/23	0.9	0.10	1.00	
► LJ	5	A:N	Caitlyn O'BRIEN		5.78mw	18-11¾ (2.9)	3/17/23	22	1.41	23.41
AVE MARIA (FLA.) TFRI Team Total									27.70	



as of 4/17/23 6:18 AM ET

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WOMEN — 2023 Week #4, April 19

Missouri Baptist

AMC



LW: 59

Scored bests come from CURRENT qualifying season

MISSOURI BAPTIST TFR/ Team Total 26.76

Northwestern (Iowa)

GPAC



LW: 68

Scored bests come from CURRENT qualifying season

NORTHWESTERN (IOWA) TFR1 Team Total 22.69

William Jessup (Calif.)

GSAC



LW: 57

Scored bests come from CURRENT qualifying season

WILLIAM JESSUP (CALIF.) TFR/ Team Total	22.33
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Mount Mercy (Iowa)

The Heart



LW: 81

Scored bests come from CURRENT qualifying season

▶ LJ	46		Brooklyn JOHNSON	5.40m	17-8½ (0.0)	3/17/23	0.1		0.10
▶ SP	7	A:N	Bre NAIL	13.79m	45-3	4/14/23	18	1.46	19.46
▶ HT	33		Cristina VILLALOBOS	47.31m	155-3	4/14/23	0.55		0.55
▶ JAV	31		Abbv HILL	37.61m	123-5	4/7/23	0.65		0.65

MOUNT MERCY (IOWA) TFR/ Team Total 21.51

Midway (Ky.)

River States



LW: 61

Scored bests come from CURRENT qualifying season

MIDWAY (KY.) TFERI Team Total 20.60

Rocky Mountain (Mont.)

Frontier



LW: 60

Scored bests come from CURRENT qualifying season

ROCKY MOUNTAIN (MONT.) TFRI Team Total 20.36



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

81

▼ 18

LW: 63

Scored bests come from CURRENT qualifying season

SCAD SAVANNAH (GA.) TFRI Team Total	13.68
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82

▲ 24

LW: 106

Scored bests come from CURRENT qualifying season

MOUNT VERNON NAZARENE (OHIO) TFRI Team Total 11.87

83

▼ 21

LW: 62

Scored bests come from CURRENT qualifying season

57.46	3/30/23	0.85	0.24	1.09
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▶ 4x800	17	Tianna BUMBACA-KUEHL, Abrielle NELSON, Emily JOHNSON, Josey WAHLSTROM	10:10.27	3/30/23	2	0.31	2.31
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MOUNT MARTY (S.D.) TFR1 Team Total 11.65

84

▼ 6

LW: 78

Scored bests come from CURRENT qualifying season

BETHANY (KAN.) TFR1 Team Total 11.25

85

▼ 10

LW: 75

Scored bests come from CURRENT qualifying season

PARK (MO.) TFR1 Team Total 10.80



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

Blue Mountain (Miss.)

SSAC

▼ 28

LW: 58

Scored bests come from CURRENT qualifying season

BLUE MOUNTAIN (MISS.) TFRI Team Total	10.79
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Our Lady of the Lake (Texas)

Red River

2

LW: 89

Scored bests come from CURRENT qualifying season

OUR LADY OF THE LAKE (TEXAS) TFR1 Team Total	10.70
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Dakota State (S.D.)

North Star

11

LW: 99

Scored bests come from CURRENT qualifying season

DAKOTA STATE (S.D.) TFRI Team Total 10.12

UNT Dallas

SAC

▲ 13

LW: 102

Scored bests come from CURRENT qualifying season

UNT DALLAS TFERI Team Total 9.36

Bethel (Ind.)

Crossroads

31

LW: 121

Scored bests come from CURRENT qualifying season

BETHEL (IND.) TFRI Team Total 9.36

Concordia (Mich.)

WHAC

7

LW: 98

Scored bests come from CURRENT qualifying season

CONCORDIA (MICH.) TFR1 Team Total 9.05



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

92 **Carlow (Pa.)**
River States

▼ **1**
LW: 91

93 **Viterbo (Wis.)**
North Star

LW: 90

94 **Loyola (La.)**
SSAC

LW: 82

95 **Embry-Riddle (Ariz.)** ▼ **15**
 Cal Pac LW: 80

LW: 80

96 **Clarke (Iowa)**
The Heart

LW: 101

97 Hope International (Calif.)  **7**
GSAC | W: 104

LW: 104

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 1500m	19		Emma TIMMERMANS		4:42.59	4/8/23	3.5	0.35	3.85
▶ 5000m	19	AIA	Emma TIMMERMANS		17:33.95	4/13/23	3.5	0.37	3.87
HOPE INTERNATIONAL (CALIF.) TFR1 Team Total									7.72



USTFCCCA NAIA Outdoor Track & Field

National TFRI Team Summary

as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

98

Oklahoma City

SAC

▲ 11

LW: 109

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	34		Cailen JOLLEY		2:18.59	4/14/23	0.5	0.01	0.51
▶ 5000m	39		Louise COCKING		18:08.76	4/7/23	0.275		0.28
▶ 4x400	33		Shawna SMITH, Cailen JOLLEY, Florencia CABRERA, Erika PENA		4:06.87	4/14/23	0.275		0.28
▶ SP	16	AIA	Daryn BATTIS		13.43m 44-¾	4/14/23	5	0.77	5.77
▶ HEPT	35		Stephanie TOWLE		3,072	3/24/23	0.45		0.45

OKLAHOMA CITY TFRI Team Total 7.28

99

Graceland (Iowa)

The Heart

▼ 15

LW: 84

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	40		Eden CLIFTON		12.17w (2.5)	4/14/23	0.25		0.25
▶ Steeple	28		Keagan PERKINS		11:42.04	4/8/23	0.8	0.14	0.94
▶ RW5000	27		Mickenzie FISHER		35:27.43	3/25/23	0.85		0.85
▶ HJ	19		Sidney GILLILAND		1.63m 5-4¼	4/8/23	3.5		3.50
▶ HJ	35		Ashlynn PERKINS		1.58m 5-2¼	4/8/23	0.45		0.45
▶ SP	26		Kady VANDEMARK		12.95m 42-6	3/25/23	0.9	0.13	1.03
▶ SP	50		Bahati NABINDU		12.27m 40-3¼	4/8/23	0.1		0.10
▶ DISC	45		Kady VANDEMARK		39.63m 130-0	4/8/23	0.125		0.13

GRACELAND (IOWA) TFRI Team Total 7.25

100

Southwestern Christian

SAC (Okla.)

▼ 12

LW: 88

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ LJ	15	AIA	Kelsey DRAPEAU		5.68m 18-7¾ (0.0)	3/24/23	6	0.76	6.76
▶ SP	44		Danielle NOBLE		12.44m 40-9¾	3/24/23	0.15		0.15

SOUTHWESTERN CHRISTIAN (OKLA.) TFRI Team Total 6.91

101

Dakota Wesleyan (S.D.)

GPAC

▲ 9

LW: 110

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ SP	33		Lila GRONSETH		12.60m 41-4¼	3/24/23	0.55		0.55
▶ SP	47		Abby MAGNUSON		12.30m 40-4¼	4/7/23	0.75		0.75
▶ DISC	18	AIA	Lila GRONSETH		42.81m 140-6	4/14/23	4	0.29	4.29
▶ DISC	48		Darby DEFFENBAUGH		39.33m 129-1	4/14/23	0.5		0.50
▶ HT	29		Darby DEFFENBAUGH		47.62m 156-3	3/24/23	0.75		0.75

DAKOTA WESLEYAN (S.D.) TFRI Team Total 6.84

102

Saint Xavier (Ill.)

Chicagoland

▼ 16

LW: 86

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 4x800	14		Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Victoria DOLBNAK		10:03.64	3/31/23	5	0.54	5.54
▶ DISC	30		Precious AGUAGYO		41.33m 135-7	3/31/23	0.7		0.70
▶ HT	35		Precious AGUAGYO		47.13m 154-8	3/31/23	0.45		0.45
▶ JAV	45		Jamie SIEROCKI		35.85m 117-8	4/7/23	0.125		0.13

SAINT XAVIER (ILL.) TFRI Team Total 6.82

103

Tabor (Kan.)

KCAC

▼ 20

LW: 83

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	46		Danielle ALLISON		2:19.89	4/7/23	0.1		0.10
▶ 1500m	29		Danielle ALLISON		4:45.24	3/23/23	0.75	0.14	0.89
▶ Steeple	21		Brooke WIEBE		11:34.09	4/7/23	2.5	0.37	2.87
▶ 5000m	22	AIA	Danielle ALLISON		17:35.44	4/1/23	2	0.33	2.33
▶ HJ	32		Jordyn LOWRIE		1.59m 5-2½	4/7/23	0.6		0.60

TABOR (KAN.) TFRI Team Total 6.79



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

43

LW: 147

HUSTON-TILLOTSON (TEXAS) TFRI Team Total 6.01

▲ 26

LW: 131

PHILANDER SMITH (ARK.) TFR/ Team Total 5.74

▼ 21

LW: 85

WEBBER INTERNATIONAL (FLA.) TFR1 Team Total 5.71

▼ 15

LW: 92

POINT PARK (PA.) TFRI Team Total 5.65

▲ 7

LW: 115

VOORHEES (S.C.) TFRI Team Total 5.62

▼ 15

LW: 94

WARNER (FLA.) TFR1 Team Total 5.55

▼ 17

LW: 93

COLLEGE OF SAINT MARY (NEB.) TFR/ Team Total 5.20



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

111 **Bushnell (Ore.)**
Cascade

8
LW: 103

112 **WVU Tech** ▼ **16**
River States LW: 96

113

Rio Grande (Ohio)

River States

▼

18

LW: 95

114

Midland (Neb.)

GPAC

▲

8

LW: 122

115

York (Neb.)

KCAC

▲

4

LW: 119

116 Brenau (Ga.)  **11**
AAC LW: 105

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 400H	43		Jaeva RIDLEY		1:07.11	4/7/23	0.175		0.18
▶ RW5000	29		Briona BIERKAMP		41:00.61	3/24/23	0.75		0.75
▶ 4x400	30		Kayland THOMASON, Kamryn CHAMBLISS, Taylor GREEN, Jaeva RIDLEY		4:05.73	4/7/23	0.4		0.40
▶ TJ	38		Oluwatomisin JOHN		11.07m 36-4 (1.5)	3/24/23	0.3		0.30
▶ SP	33		Sha'Nyia WOOLERY		12.60m 41-4¼	3/17/23	0.55		0.55
▶ HEPT	32		Laila REED		3,158	3/17/23	0.6		0.60
BRENAU (GA.) TFRI Team Total									2.78

National TFRI Team Summary

WOMEN — 2023 Week #4, April 19

117

Jarvis Christian (Texas)

Red River

▲ 10

LW: 127

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	26		Kiana JOHNSON		12.06w (3.7)	4/13/23	0.9	0.27	1.17
▶ 4x100	35		Tamara BEASLEY, Laci CAMPBELL, Tennille FRENCH, Kiana JOHNSON		48.88	4/6/23	0.225		0.23
▶ DISC	47		Keshuna BYRD		39.54m 129-9	3/31/23	0.75		0.75
JARVIS CHRISTIAN (TEXAS) TFRI Team Total									2.15

118 **Evangel (Mo.)** **unch**
 The Heart LW: 118

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 400H	32		Abigail GOOD		1:06.08	4/14/23	0.6	0.03	0.63
▶ HJ	48		Hannah EVANS		1.55m	5-1 3/31/23	0.5		0.50
▶ TJ	48		Jacee WILSON		10.94mw	35-10% (3.3) 3/17/23	0.5		0.50
EVANGEL (MO.) TFRI Team Total									1.63

119

Thomas More (Ky.)

Mid-South

▲ 13

LW: 132

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► Steeple	33		Jessica SANDERS		12:02.89	4/14/23	0.55		0.55
► 10,000m	39		Savannah FAUGHT		39:34.10	4/1/23	0.275		0.28
► HJ	48		Madison NEARY		1.55m	5-1 3/25/23	0.5		0.50
THOMAS MORE (KY.) TFRI Team Total									1.33

120

Columbia International (S.C.)

AAC

▼

6

LW: 114

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	36		Trinity GREGORY	12.15	(1.6)	4/14/23	0.4	0.03	0.43
▶ SP	36		Kloey PICKENS	12.57m	41-3	3/24/23	0.4		0.40
▶ HT	39		Dazanni HINTON	46.03m	151-0	4/1/23	0.275		0.28
COLUMBIA INTERNATIONAL (S.C.) TFRI Team Total									1.11

121

Hannibal-LaGrange (Mo.)

AMC

▲

4

LW: 125

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► SP	32		Kaylyn POWERS		12.63m	41-5¼	4/15/23	0.6	0.60
► HT	34		Kaylyn POWERS		47.19m	154-10	4/15/23	0.5	0.50
HANNIBAL-LAGRANGE (MO.) TFRI Team Total									1.10

121

Wiley (Texas)

Red River

▲ 15

LW: 136

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	46		Darnee WILLIAMS	12.21	(0.7)	3/17/23	0.1		0.10
▶ 200m	48		Darnee WILLIAMS	25.40w	(2.2)	3/17/23	0.5		0.50
▶ LJ	48		Meeyesha TUTT-MOOTOUO	5.38m	17-8 (2.0)	3/24/23	0.5		0.50
WILEY (TEXAS) TFRI Team Total									1.10

123 Northwest (Wash.)  **22**
Cascade LW: 145

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 5000m	27		Kaylea HARTMAN		17:44.73	4/13/23	0.85	0.13	0.98
NORTHWEST (WASH.) TFRI Team Total									0.98

124 **Montana Western**  **16**
Frontier LW: 108

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 10,000m	25		Taya BREWER		38:29.23	4/7/23	0.95	0.01	0.96
MONTANA WESTERN TFRI Team Total									0.96



as of 4/17/23 6:18 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

125 **Morningside (Iowa)** **1**
GPAC LW: 126

126 **William Penn (Iowa)**  **15**
The Heart LW: 111

127 **Bethel (Kan.)**  **4**
KCAC LW: 123

128 **Saint Mary-of-the-Woods** ▲ **14**
River States (Ind.) LW: 142

129 **Culver-Stockton (Mo.)**  **9**
The Heart LW: 120

130 **Lawrence Tech (Mich.)**  **17**
WHAC LW: 113

131

Southwestern (Kan.)

KCAC

▼

15

LW: 116

132 Williams Baptist (Ark.)  **21**
AMC LW: 111

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► HJ	27		Kaylee CLARK		1.60m	5-3	3/31/23	0.85	0.85
WILLIAMS BAPTIST (ARK.) TFR1 Team Total									0.85



National TFRI Team Summary

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #4, April 19

133 Cottey (Mo.)

Region XVI

▼ 5

LW: 128

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ Steeple	42		Madalenn FEE		12:18.06	4/14/23	0.2		0.20
▶ 4x800	28		Mikaela FABEY, Kiana GARCIA, Tessa FEAZEL, Hannah HAYDUK		11:29.99	3/25/23	0.5		0.50

COTTEY (MO.) TFRI Team Total 0.70

133 Oklahoma Panhandle State

Indep.

▲ 2

LW: 135

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ JAV	30		Zoe SALAZAR		37.74m	123-10	4/6/23	0.7	0.70
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OKLAHOMA PANHANDLE STATE TFRI Team Total 0.70

135 Arizona Christian

GSAC

▼ 18

LW: 117

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ Steeple	31		Ariz DUARTE		11:50.03	3/17/23	0.65		0.65
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ARIZONA CHRISTIAN TFRI Team Total 0.65

135 Haskell (Kan.)

Continental

LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 4x800	25		Heidi THOMAS, Brianna WHITEHORSE, Tiajhae NEZ, Kiara IRON HEART		10:50.38	4/13/23	0.65		0.65
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HASKELL (KAN.) TFRI Team Total 0.65

137 Freed-Hardeman (Tenn.)

Mid-South

LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 800m	32		Jessica MUSSELMAN		2:18.42	4/14/23	0.6	0.04	0.64
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FREED-HARDEMAN (TENN.) TFRI Team Total 0.64

138 Rochester (Mich.)

WHAC

▼ 8

LW: 130

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ Steeple	32		Heather ELLER		11:56.53	4/8/23	0.6		0.60
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ROCHESTER (MICH.) TFRI Team Total 0.60

138 SAGU (Texas)

SAC

▲ 12

LW: 150

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ HJ	48		Brooklyn TAYLOR		1.55m	5-1	4/14/23	0.5	0.50
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▶ HEPT	46		Madison BLANCH		2,647	3/24/23	0.1		0.10
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SAGU (TEXAS) TFRI Team Total 0.60

140 Central Baptist (Ark.)

AMC

unch

LW: 140

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100H	33		Ally SWAIM		14.93w	(2.1)	4/6/23	0.55	0.55
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CENTRAL BAPTIST (ARK.) TFRI Team Total 0.55

140 Cleary (Mich.)

WHAC

▼ 11

LW: 129

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 10,000m	33		Lauren GORES		39:15.90	3/31/23	0.55		0.55
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CLEARY (MICH.) TFRI Team Total 0.55

National TFRI Team Summary

WOMEN — 2023 Week #4, April 19

142 Dalton State (Ga.) SSAC

7
LW: 149

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 800m	39		Kathryn VRADENBURGH		2:19.21	4/14/23	0.275		0.28
► 1500m	41		Kathryn VRADENBURGH		4:46.70	4/14/23	0.225	0.02	0.25
DALTON STATE (GA.) TFRI Team Total									0.52

143 Harris-Stowe State (Mo.) AMC

unch
LW: 143

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► TJ	34		Nyah EARL		11.11m	36-5½ (1.0)	3/24/23	0.5	0.50
HARRIS-STOWE STATE (MO.) TFRI Team Total									0.50

143 **Waldorf (Iowa)**
North Star

10
LW: 153

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► HJ	48		Alazey MISHLEAU		1.55m	5-1	4/7/23	0.5	0.50
WALDORF (IOWA) TFRI Team Total									0.50

145 **IU East (Ind.)**
River States

▼ 11
LW: 134

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► PV	43	Brooke SUDHOFF	3.20m	10-6	4/7/23	0.175			0.18
► HEPT	38	Vanessa TEMPLE	2.911		4/13/23	0.3			0.30
IU EAST (IND.) TFRI Team Total									0.48

146 **Evergreen State (Wash.)**
Cascade

▼ **13**
LW: 133

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► HJ	35		Corona PARKER		1.58m	5-2¼	3/10/23	0.45	0.45
EVERGREEN STATE (WASH.) TFRI Team Total									0.45

146 **Union (Ky.)**
AAC

LW:

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► TJ	35		Teychiana DORNAN	11.09m	36-4¾ (0.0)	4/14/23	0.45		0.45
UNION (KY.) TFRI Team Total									0.45

148 **Missouri Valley**
The Heart

▼ 7
LW: 141

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► HT	36		Macie ABLES		46.99m	154-2	4/14/23	0.4	0.40
MISSOURI VALLEY TFRI Team Total									0.40

148 Rust (Miss.)
Gulf Coast

▼ 9
LW: 139

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 4x800	30		Jasmine COLEMAN, Amelya HATCH, Madison WILLIAMS, Mardisty WILLIAMS		12:16.13	4/14/23	0.4		0.40
RUST (MISS.) TFRI Team Total									0.40

150 **St. Louis Pharmacy (Mo.)**
AMC

▼ **13**
LW: 137

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 4x800	31		Abby BAXTER, Sophie EASTHAM, Alyssa MCPIKE, Mikayla SHERRILL		12:44.38	4/7/23	0.35		0.35
ST. LOUIS PHARMACY (MO.) TFRI Team Total									0.35



as of 4/17/23 6:18 AM ET

1

151 Talladega (Ala.)
SSAC

▼ **13**
LW: 138

152

Corban (Ore.)

Cascade

LW: 143

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
JAV	38		Leah TWEDE		36.49m	119-9	3/11/23	0.3	0.30
CORBAN (ORE.) TFRI Team Total									0.30

153 **Pikeville (Ky.)**
Mid-South

▼ 5
LW: 148

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► HT	41		Verlecia SCARLETT		45.82m	150-4	3/24/23	0.225	0.23
PIKEVILLE (KY.) TFRI Team Total									0.23

154 **Kansas Wesleyan**
KCAC

▼ 9
LW: 145

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► SP	43		Elizabeth STOUT		12.45m 40-10¼	4/7/23	0.175		0.18
KANSAS WESLEYAN TFRI Team Total									0.18

155 **Bellevue (Neb.)**
North Star

LW:

155 Reinhardt (Ga.)  **4**
AAC LW: 151

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► JAV	44		Abigail CRUZ		35.90m	117-10	3/24/23	0.15	0.15
REINHARDT (GA.) TFR1 Team Total									0.15

157

Brewton-Parker (Ga.)

SSAC

▼

4

LW: 153

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 200m	46		Destiny HANNA		25.36w (2.4)	3/24/23	0.1		0.10
BREWTON-PARKER (GA.) TFRI Team Total									0.10

157 **Oklahoma Wesleyan**  **5**
 KCAC LW: 152

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 400m	50		Vanessa PEREZ		58.66	3/30/23	0.1		0.10
OKLAHOMA WESLEYAN TFRI Team Total									0.10