



Regional TFRI Event Summary

as of 4/17/2023 6:41:22 AM

Great Lakes

Women's 100 Meters

1	2	Jamaya WARTHEN	#1	Indiana Tech	A:B 11.66w (3.6)	4/14
2	17	Taylor KYLE	#1	Indiana Tech	B 11.95w (3.6)	4/14
3	19	Giorgia MAMELI	#3	Marian (Ind.)	B 11.96 (1.6)	4/13
4	20	Alexia BOYD	#4	Campbellsville (	B 11.98w (3.6)	3/24
5	24	Kiya POGUE	#1	Indiana Tech	12.04w (3.6)	4/14
6	39	Alexia SCHOFIELD	#4	Campbellsville (	12.16w (2.6)	3/31
7	46	Jamila GARBA	#4	Campbellsville (	12.21w (2.8)	3/31
8	49	Charity JONES	#9	Madonna (Mich.)	12.24 (1.0)	4/14
9	53	Anaiya JONES	#9	Madonna (Mich.)	12.27 (1.2)	4/14
10	72	Katlyn JONES	#1	Indiana Tech	12.39w (2.4)	3/30

Women's 100 Meter Hurdles

1	7	Kiya POGUE	#1	Indiana Tech	A:B 14.07 (0.9)	4/14
2	9	Erin OLEKSAK	#3	Marian (Ind.)	A:B 14.16 (1.7)	3/30
3	16	Faith JACKSON	#5	Siena Heights (M	B 14.52 (0.6)	4/14
4	23	Ally HAWK	#2	Indiana Wesleya	B 14.74 (1.8)	4/14
5	26	Patience SAKEUH	#10	Taylor (Ind.)	14.80 (0.0)	4/6
6	32	Kiana SIEFERT	#10	Taylor (Ind.)	14.90 (1.8)	4/14
7	39	Theresa JUDD	#7	Aquinas (Mich.)	15.11w (2.3)	3/31
8	42	Makala PFEFFERKORN	#15	IU Kokomo (Ind.	15.15w (2.1)	3/16
9	46	Katlyn JONES	#1	Indiana Tech	15.20 (1.6)	4/6
10	47	Audrey ALTUM	#10	Taylor (Ind.)	15.21 (0.9)	4/14

Women's 200 Meters

1	5	Jamaya WARTHEN	#1	Indiana Tech	A:B 24.02w (2.7)	4/14
2	9	Alexia SCHOFIELD	#4	Campbellsville (A:B	24.25w (3.3)	3/24
3	19	Giorgia MAMELI	#3	Marian (Ind.)	B 24.70w (3.0)	4/13
4	29	Charity JONES	#9	Madonna (Mich.)	25.00 (0.1)	4/14
5	30	Jamila GARBA	#4	Campbellsville (	25.01 (0.0)	4/7
6	37	Kayla MOODY	#1	Indiana Tech	25.16 (0.9)	4/7
7	40	Destiny COPELAND	#8	Huntington (Ind	25.29 (0.9)	4/13
8	41	Taylor KYLE	#1	Indiana Tech	25.30w (2.2)	4/14
9	45	Destinee MCGRADY	#8	Huntington (Ind	25.35w (3.2)	4/13
10	58	Jayla BROWN	#9	Madonna (Mich.)	25.58 (0.1)	4/14

Women's 400 Meters

1	6	Charity JONES	#9	Madonna (Mich.)	A:B 55.72	3/30
2	9	Jayla BROWN	#9	Madonna (Mich.)	A:B 56.21	3/30
3	13	Soyinne GRENYION	#1	Indiana Tech	A:B 56.72	4/14
4	18	Jamila GARBA	#4	Campbellsville (	B 57.15	4/7
5	23	Ronnie MCMILLAN	#7	Aquinas (Mich.)	B 57.26	4/7
6	24	Kayla MOODY	#1	Indiana Tech	B 57.34	4/7
7	26	Jo'Deci IRBY	#1	Indiana Tech	57.41	3/30
8	29	Destinee MCGRADY	#8	Huntington (Ind	57.51	4/13
9	36	Kennia DEXTER	#1	Indiana Tech	57.96	4/14
10	37	Junae BENNETT	#1	Indiana Tech	58.03	4/14

Women's 400 Meter Hurdles

1	23	Linnearia RICHARDS	#5	Siena Heights (M	1:05.43	4/14
2	30	Natalea HILLEN	#14	Point Park (Pa.)	1:05.88	4/13
3	31	Ally HAWK	#2	Indiana Wesleya	1:06.04	4/14
4	40	Makala PFEFFERKORN	#15	IU Kokomo (Ind.	1:06.82	4/14
5	49	Mariah MALEY	#17	Saint Francis (In	1:07.68	4/14
6	59	Faith KURTZ	#12	Cornerstone (Mi	1:08.35	4/14
7	60	Chelsee MARTINO	#12	Cornerstone (Mi	1:08.37	4/14
8	69	Aniya ADAMS		Lawrence Tech (	1:08.71	4/14
9	73	Chloe LOVETT	#18	Rio Grande (Ohi	1:09.24	4/15
10	75	Piper LINDSAY	#2	Indiana Wesleya	1:09.26	4/14

Women's 800 Meters

1	2	Lisa VOYLES	#1	Indiana Tech	A:B 2:10.41	4/14
2	5	Maggie WHITNEY	#7	Aquinas (Mich.)	A:B 2:10.99	4/14
3	7	Kylie SAUDER	#11	Grace (Ind.)	A:B 2:11.81	4/14
4	15	Anna HULSTEDT	#11	Grace (Ind.)	B 2:15.60	4/14
5	25	Tara FRIESEN	#11	Grace (Ind.)	2:17.61	4/14
6	27	Evie MILLER	#17	Saint Francis (In	2:18.11	4/14
7	30	Krista BOESE	#1	Indiana Tech	2:18.26	4/14
8	40	Alyssa CAMPBELL	#14	Point Park (Pa.)	2:19.34	4/14
9	48	Heather PLASTOW	#11	Grace (Ind.)	2:20.05	3/31
10	52	Carlijn DE BIE	#14	Point Park (Pa.)	2:20.37	3/24

Women's 1500 Meters

1	3	Lisa VOYLES	#1	Indiana Tech	A:B 4:27.83	4/6
2	9	Evie MILLER	#17	Saint Francis (In	A:B 4:35.11	4/14
3	16	Heather PLASTOW	#11	Grace (Ind.)	4:41.84	4/14
4	21	Alyssa CAMPBELL	#14	Point Park (Pa.)	4:43.29	4/8
5	22	Emma MUTERSPAW	#10	Taylor (Ind.)	4:43.35	4/6
6	23	Ahna VANDERWALL	#10	Taylor (Ind.)	4:43.65	4/6
7	27	Abbey GENTZ	#8	Huntington (Ind	4:44.89	3/30
8	35	Summer COOPER	#20	Goshen (Ind.)	4:45.91	3/30
9	39	Krista BOESE	#1	Indiana Tech	4:46.38	4/6
10	40	Hannah ADLER	#7	Aquinas (Mich.)	4:46.54	3/31

Women's Steeplechase

1	5	Ahna VANDERWALL	#10	Taylor (Ind.)	A:B 11:03.90	4/14
2	11	Meredith JOHNSON	#13	Lindsey Wilson (A:B	11:17.77	4/14
3	17	Lynae ACKLEY	#10	Taylor (Ind.)	B 11:29.42	4/14
4	19	Carmen CAMINO		WVU Tech	11:33.63	3/24
5	20	Elizabeth LUCASON	#6	Cumberlands (K	11:33.84	4/7
6	29	Hannah ASSENMACHER		Lawrence Tech (	11:42.76	4/8
7	32	Heather ELLER		Rochester (Mich	11:56.53	4/8
8	33	Jessica SANDERS		Thomas More (K	12:02.89	4/14
9	35	ChristyAnn DELAHUNTY	#2	Indiana Wesleya	12:06.66	4/6
10	36	Katie ACKER	#11	Grace (Ind.)	12:08.01	3/31



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Great Lakes

Women's 5000 Meters

1	8	Breanna ALDERTON	#24	Brescia (Ky.)	A:B 17:07.01	4/7
2	9	Addi DEWEY	#2	Indiana Wesleya	A:B 17:08.94	4/14
3	12	Hannah ADLER	#7	Aquinas (Mich.)	A:B 17:20.97	4/14
4	15	Elizabeth BARRETT	#2	Indiana Wesleya	A:B 17:23.16	4/6
5	25	Alyssa CAMPBELL	#14	Point Park (Pa.)	17:42.02	3/24
6	26	Alex EBETINO	#17	Saint Francis (In	17:44.24	4/14
7	29	Summer COOPER	#20	Goshen (Ind.)	17:49.63	4/7
8	33	Ali RAY	#3	Marian (Ind.)	17:54.26	3/30
9	34	Jozi BROWN	#21	Shawnee State (	17:57.38	3/17
10	49	Molly HARDING	#7	Aquinas (Mich.)	18:18.66	4/14

Women's 10,000 Meters

1	7	Abbey GENTZ	#8	Huntington (Ind	A:B 36:55.88	4/14
2	9	Jozi BROWN	#21	Shawnee State (A	B 37:04.18	4/7
3	17	Ali RAY	#3	Marian (Ind.)	B 37:34.50	3/25
4	18	Mallory HIATT	#11	Grace (Ind.)	B 37:35.24	4/14
5	31	Emma STEFF	#4	Campbellsville (	39:05.49	4/7
6	33	Lauren GORES		Cleary (Mich.)	39:15.90	3/31
7	39	Savannah FAUGHT		Thomas More (K	39:34.10	4/1
8	42	Mikella MEDDOCK	#21	Shawnee State (	39:53.13	4/7
9	46	Nina DAMAN	#4	Campbellsville (	40:12.12	4/7
10	50	Abriella OVERHOLSER	#6	Cumberlands (K	40:25.38	4/7

Women's 5000m Race Walk

1	10	Jenna GROGAN	#6	Cumberlands (K	29:02.40	4/7
2	13	Tara TODD	#6	Cumberlands (K	29:40.25	4/7
3	18	Eliza HAGENS	#13	Lindsey Wilson (	31:51.01	4/7
4	20	Isabelle BLATZ	#6	Cumberlands (K	33:09.38	4/7
5	24	Cady SCHOECK	#13	Lindsey Wilson (	34:34.94	4/7
6	26	Natalie BRAMMER	#18	Rio Grande (Ohi	34:55.42	4/7

Women's 4x100 Relay

1	7	Kourtlyn CANNON, Jamila GARBA, Alexia SCHOFIELD, Alexia BOYD	#4	Campbellsville (A	B 46.72	4/7
2	9	Anaiya JONES, Charity JONES, Nia WOOD, Jayla BROWN	#9	Madonna (Mich. A	B 47.19	3/29
3	11	Hanna REUTER, Jai- Lyn NORWOOD, Makayla MELVIN, Giorgia MAMELI	#3	Marian (Ind.)	A:B 47.32	4/13
4	14	Kiya POGUE, Jamaya WARTHEN, Taylor KYLE, Katlyn JONES	#1	Indiana Tech	A:B 47.45	3/30
5	19	Faith JACKSON, Erica ALBRECHT, Linnearia RICHARDS, Jenna-Ann JOHNSON	#5	Siena Heights (N	48.19	4/14
6	21	Audrey ALTUM, D'Arjha DAVIS, Patience SAKEUH, Kiana SIEFERT	#10	Taylor (Ind.)	48.22	4/14
7	28	Jordan NELSON, Jozlen BRISBON, Kyra ENGEL, Luna SENICA	#13	Lindsey Wilson (	48.62	4/14
8	30	Natalie GONZALEZ, Brianna HOOTON, Kilynn GUILER, Riley HERSHBERGER	#16	Bethel (Ind.)	48.64	4/14
9	44	https://www.tfrrs.or g/teams/11269	#14	Point Park (Pa.)	49.23	4/5
10	48	Emma EWER, Ally HAWK, Emily BOMBEL, Lauren COPPERSMITH	#2	Indiana Wesleya	49.52	4/14



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Women's 4x400 Relay

1	3	Jamaya WARTHEN, Jo'Deci IRBY, Kennedy MOONIN, Junae BENNETT	#1 Indiana Tech	A:B 3:49.50	4/14
2	6	Jayla BROWN, Charity JONES, Jessica PHILLIPS, Nia WOOD	#9 Madonna (Mich.)	A:B 3:53.12	3/29
3	10	Victoria YOUNG, Jamila GARBA, Alexia SCHOFIELD, KaNiya DOUGLAS	#4 Campbellsville (B)	3:56.84	4/7
4	11	RaMyah SHEFFIELD, MaQuoia RAGLAN, Kathryn COUCH, Ashley TERRY	#6 Cumberlands (K)	3:57.61	4/7
5	37	Mikayla ELLIS, Olivia JEANETTE, Emily JOHNSON, Ashley HALL	#10 Taylor (Ind.)	4:08.42	4/14
6	39	Jenna SALEK, Alexis CORDLE, Bailey MCCULLOCH, Linnearia RICHARDS	#5 Siena Heights (N)	4:09.64	4/14
7	42	Kailyn ELY, Ally HAWK, Kyras MAAS, Karis HUNTER	#2 Indiana Wesleya	4:10.21	4/6
8	47	Ashley BURGESS, Lily SCARBERRY, Lyssi SNOUFFER, Jocelyn DORNBIRER	#22 Mount Vernon N	4:11.46	3/30
9	49	Sarah GENZINK, Madi HAID, Faith KURTZ, Kori BAUMANN	#12 Cornerstone (Mi)	4:13.07	3/31
10	53	Kylee LEWELLEN, Sabrina SIEMS, Nora STEELE, Taylor THOMAS	#3 Marian (Ind.)	4:14.10	3/30

Women's 4x800 Relay

1	4	Elizabeth LUCASON, Ella HENAGE, Ashlyn LIDDLE, Ashley TERRY	#6 Cumberlands (K)	B 9:24.56	4/14
2	6	Hannah ADLER, Kaitlyn THOMAS, Maggie WHITNEY, Molly HARDING	#7 Aquinas (Mich.)	9:32.79	4/14
3	12	Jocelyn DORNBIRER, Ellyn COE, Kaitlin MEADE, Morgan FORNEY	#22 Mount Vernon N	9:57.36	4/15
4	15	Leslie SPRANKLES, Isabelle ALTIC, Joy MCDIVITT, Casey PFEFFERKORN	#15 IU Kokomo (Ind.)	10:04.39	4/15

Women's High Jump

1	1	Erica XAYARATH	#8 Huntington (Ind.)	A:B 1.74m	5-8½	3/24
2	4	Abi HUME	#2 Indiana Wesleya	A:B 1.68m	5-6	4/6
2	4	Erin OLEKSAK	#3 Marian (Ind.)	A:B 1.68m	5-6	3/30
4	8	Jalynn LANDVERSICHT	#25 Georgetown (Ky)	B 1.65m	5-5	4/8
4	8	Kaylee DIAMOND	#7 Aquinas (Mich.)	B 1.65m	5-5	3/31
4	8	Gina BUTZ	#3 Marian (Ind.)	B 1.65m	5-5	4/13
4	8	Emma VALENTINE	#5 Siena Heights (N)	B 1.65m	5-5	4/14
4	8	Madison AXSOM	#20 Goshen (Ind.)	B 1.65m	5-5	4/14
9	18	Dajiah HILL	#5 Siena Heights (N)	1.64m	5-4½	3/31
10	22	Kaitlin ESSIG	#12 Cornerstone (Mi)	1.62m	5-3¾	4/14
10	22	Morgan LUTTON	#5 Siena Heights (N)	1.62m	5-3¾	4/14

Women's Pole Vault

1	1	Tyler FUGATE	#5 Siena Heights (M)	A:B 3.95m	12-11½	4/14
2	2	Margherita CONRAD	#5 Siena Heights (M)	A:B 3.90m	12-9½	4/14
3	3	Ashley VERPLANK	#12 Cornerstone (Mi)	A:B 3.85m	12-7½	4/14
4	5	Erica ALBRECHT	#5 Siena Heights (M)	A:B 3.80m	12-5½	3/31
5	7	Nevaeh BROWN	Midway (Ky.)	A:B 3.75m	12-3½	4/1
6	9	Chasity MIES	#5 Siena Heights (M)	A:B 3.70m	12-1½	4/14
7	11	Tatum TOWNSEND	#12 Cornerstone (Mi)	A:B 3.65m	11-11¾	3/24
7	11	Samantha NOWELL	#5 Siena Heights (M)	A:B 3.65m	11-11¾	3/31
9	15	Shaily BAYNES	#7 Aquinas (Mich.)	B 3.55m	11-7¾	4/14
10	21	Brooke HOLLOWAY	#22 Mount Vernon N	3.45m	11-3¾	3/25
10	21	Makayla BROOKS	Midway (Ky.)	3.45m	11-3¾	4/14

Women's Long Jump

1	2	Alexia BOYD	#4 Campbellsville (A)	B 5.93m	19-5½ (1.0)	4/14
2	3	Morgan VARGO	#12 Cornerstone (Mi)	A:B 5.84m	19-2 (0.8)	4/14
3	7	Destiny COPELAND	#8 Huntington (Ind.)	A:B 5.77m	18-11¼ (1.0)	4/13
4	11	Erin OLEKSAK	#3 Marian (Ind.)	B 5.73m	18-9¾ (0.4)	3/30
5	13	Luna SENICA	#13 Lindsey Wilson (B)	5.72m	18-9¼ (0.0)	4/7
6	14	Nikki RAVELLI	#13 Lindsey Wilson (B)	5.70mw	18-8½ (2.5)	4/1
7	19	Erica XAYARATH	#8 Huntington (Ind)	B 5.65mw	18-6½ (2.5)	3/30
8	21	Carlie TURNER	#1 Indiana Tech	5.63m	18-5¾ (-3.0)	4/14
8	21	Jai-Lyn NORWOOD	#3 Marian (Ind.)	5.63m	18-5¾ (1.9)	4/13
10	24	Makala PFEFFERKORN	#15 IU Kokomo (Ind.)	5.62mw	18-5¼ (2.6)	3/16

Women's Triple Jump

1	2	Jai-Lyn NORWOOD	#3 Marian (Ind.)	A:B 12.53mw	41-1½ (4.0)	3/30
2	8	Destiny COPELAND	#8 Huntington (Ind.)	A:B 11.75mw	38-6¾ (3.6)	4/13
3	11	Alexia SCHOFIELD	#4 Campbellsville (B)	11.72m	38-5½ (0.0)	3/24
4	13	Naomi WALTERS	#3 Marian (Ind.)	B 11.63mw	38-2 (3.8)	3/30
5	14	Olivia MILLER	#19 Carlow (Pa.)	B 11.60m	38-¾ (-1.3)	4/5
6	18	Makala PFEFFERKORN	#15 IU Kokomo (Ind.)	B 11.55m	37-10¾ (0.0)	3/24
7	21	Blessing LAUDERMILCH	#2 Indiana Wesleya	11.44m	37-6½ (0.0)	3/24
8	22	Erica XAYARATH	#8 Huntington (Ind)	11.43m	37-6 (0.6)	4/13
9	27	Alexia BOYD	#4 Campbellsville (B)	11.26m	36-11½ (1.0)	3/31
10	33	Kaylee DIAMOND	#7 Aquinas (Mich.)	11.12m	36-5¾ (0.0)	4/14



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Great Lakes

Women's Shot Put

1	5	Princess KARA	#2	Indiana Wesleya	A:B 13.94m	45-9	4/6
2	14	Lena KORTE	#23	Concordia (Mich	B 13.49m	44-3¼	4/14
3	15	Alecia PARKER	#16	Bethel (Ind.)	B 13.46m	44-2	4/14
4	28	Markalah BARNES	#16	Bethel (Ind.)	12.80m	42-0	4/14
5	29	Merideth DEVRIES	#2	Indiana Wesleya	12.75m	41-10	4/14
6	33	Arriana BENJAMIN	#3	Marian (Ind.)	12.60m	41-4¼	3/30
7	42	Rebecca BELTRAN	#7	Aquinas (Mich.)	12.46m	40-10½	4/14
8	46	Summer TRAVIS	#6	Cumberlands (K	12.35m	40-6¼	3/24
9	51	Jenna BREUKER	#12	Cornerstone (Mi	12.25m	40-2¼	4/14
10	53	Bri NICHOLS	#2	Indiana Wesleya	12.23m	40-1½	4/6

Women's Discus

1	1	Princess KARA	#2	Indiana Wesleya	A:B 51.01m	167-4	4/6
2	6	Taylor WATERWAY	#2	Indiana Wesleya	A:B 45.37m	148-10	4/6
3	10	Merideth DEVRIES	#2	Indiana Wesleya	A:B 44.56m	146-3	4/6
4	14	Arriana BENJAMIN	#3	Marian (Ind.)	B 43.75m	143-7	3/30
5	17	Bri NICHOLS	#2	Indiana Wesleya	B 42.87m	140-8	4/6
6	19	Chloe MILLER	#2	Indiana Wesleya	B 42.78m	140-4	4/6
7	27	Maggie BUERGER	#6	Cumberlands (K	41.98m	137-9	3/24
8	28	Julia HIRT	#23	Concordia (Mich	41.95m	137-8	3/31
9	29	Mackenzie DELONG	#11	Grace (Ind.)	41.37m	135-9	4/6
10	32	Rebecca BELTRAN	#7	Aquinas (Mich.)	41.27m	135-5	4/14

Women's Hammer

1	8	Emilee KESSLER	#9	Madonna (Mich.)	A:B 51.75m	169-10	4/8
2	13	Chloe MILLER	#2	Indiana Wesleya	A:B 51.06m	167-6	4/6
3	20	Arriana BENJAMIN	#3	Marian (Ind.)	B 49.10m	161-1	3/25
4	27	Erin GOTHA	#5	Siena Heights (N	48.07m	157-9	4/14
5	31	Jenna BREUKER	#12	Cornerstone (Mi	47.50m	155-10	4/14
6	37	Madison KAUFFMAN	#16	Bethel (Ind.)	46.40m	152-3	3/29
7	41	Verlecia SCARLETT		Pikeville (Ky.)	45.82m	150-4	3/24
8	43	Bri NICHOLS	#2	Indiana Wesleya	45.42m	149-0	4/6
9	56	Samantha WAKEFIELD	#9	Madonna (Mich.)	44.57m	146-3	4/14
10	59	Deneara MBOUG	#1	Indiana Tech	44.44m	145-10	3/30

Women's Javelin

1	14	Emma BYRUM	#15	IU Kokomo (Ind.	B 39.94m	131-1	4/7
2	19	Precious WILKINS	#2	Indiana Wesleya	38.91m	127-8	4/14
3	22	Nikki RAVELLI	#13	Lindsey Wilson (	38.68m	126-11	4/7
4	23	Hannah BOERSEMA	#17	Saint Francis (In	38.47m	126-3	4/14
5	36	Lena KORTE	#23	Concordia (Mich	36.57m	120-0	4/8
6	43	Narpreet SINGH	#5	Siena Heights (N	36.02m	118-2	4/14
7	52	Maya LATERZA	#14	Point Park (Pa.)	34.78m	114-1	3/24
8	61	Keely ACOR	#19	Carlow (Pa.)	33.95m	111-5	4/5
9	66	Gisele SALLADE	#2	Indiana Wesleya	33.70m	110-7	3/24
10	77	Amber AVERY	#6	Cumberlands (K	32.76m	107-6	4/7

Women's Heptathlon

1	4	Destiny COPELAND	#8	Huntington (Ind	B 4,573	4/13
2	24	Lauren JOLLY	#18	Rio Grande (Ohio	3,580	4/7
3	25	Cassidy VOGT	#18	Rio Grande (Ohio	3,467	4/7
4	38	Vanessa TEMPLE		IU East (Ind.)	2,911	4/13
5	47	Mine ISCEN	#13	Lindsey Wilson (	2,411	4/7
6	49	Marlena SIPES	#4	Campbellsville (	2,022	4/7
7	50	Amber AVERY	#6	Cumberlands (K	1,940	4/7
8	51	Ariana SIMMONS	#4	Campbellsville (	1,762	4/7



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as of 4/17/2023 6:41:23 AM

Midwest

Women's 100 Meters

1	4	Alyssa BUSKER	#21	Trinity Christian A:B	11.73w	(3.2)	4/15
2	31	Elianna CLARK	#8	Mount Marty (S.I)	12.10	(1.8)	3/30
3	40	Eden CLIFTON	#14	Graceland (Iowa	12.17w	(2.5)	4/14
4	57	Mara BRUNO	#7	St. Francis (Ill.)	12.30w	(3.7)	3/31
5	73	Breanna IHDE	#10	Viterbo (Wis.)	12.40w	(3.7)	4/7
6	83	Kimberly BRENT	#2	Olivet Nazarene	12.48	(0.7)	4/13
7	94	Jamaya JENKINS	#18	Saint Xavier (Ill.)	12.54w	(2.4)	3/31
8	98	Lana YEAKEL	#10	Viterbo (Wis.)	12.55	(0.6)	4/7
9		Isabel BOTHWELL	#3	Doane (Neb.)	12.56	(0.6)	4/7
10		Emerson COLINS	#7	St. Francis (Ill.)	12.57w	(2.6)	3/31

Women's 100 Meter Hurdles

1	5	Hannah ANTKOVIK	#2	Olivet Nazarene A:B	13.85	(1.1)	4/13
2	8	Adrianna RODENCAL	#1	Concordia (Neb. A:B	14.15	(1.1)	4/7
3	18	Nisa THOMAS	#6	Hastings (Neb.) B	14.56w	(3.6)	4/7
4	25	Wrenzi WRZESINSKI	#4	Dickinson State	14.79c	(14.75A) (0	4/7
5	27	Kaitlyn MCCOLLY	#4	Dickinson State	14.84cw	(14.80A) (3	3/31
5	27	Josie GARRETT	#3	Doane (Neb.)	14.84w	(2.3)	4/1
5	27	Jaida ROWE	#6	Hastings (Neb.)	14.84	(1.5)	4/7
8	36	Ashinee GEORGE	#8	Mount Marty (S.I	15.04	(0.6)	3/30
9	50	Taylor SARGENT		Valley City State	15.25w	(3.3)	3/24
10	53	Fane SAUVAKACOLO	#20	Dakota State (S.	15.30	(2.0)	4/14

Women's 200 Meters

1	7	Alyssa BUSKER	#21	Trinity Christian A:B	24.17w	(2.6)	4/15
2	32	Kimberly BRENT	#2	Olivet Nazarene	25.08w	(3.2)	4/13
3	47	Elianna CLARK	#8	Mount Marty (S.I	25.37	(1.9)	3/30
4	48	Mara BRUNO	#7	St. Francis (Ill.)	25.40	(0.1)	4/14
5	50	Calli DAVIS	#8	Mount Marty (S.I	25.41w	(3.3)	4/14
6	55	Adrianna RODENCAL	#1	Concordia (Neb.	25.50w	(3.0)	4/7
7	61	Cassandra URIBE		Judson (Ill.)	25.65w	(2.6)	4/15
8	64	Kamrie DILLAN	#22	York (Neb.)	25.67w	(2.2)	4/1
8	64	Eden CLIFTON	#14	Graceland (Iowa	25.67	(0.3)	4/14
10	77	Alexis EVEN	#8	Mount Marty (S.I	25.78w	(2.1)	3/30

Women's 400 Meters

1	10	Hannah ANTKOVIK	#2	Olivet Nazarene A:B	56.29		4/5
2	14	Kiara CARTER	#2	Olivet Nazarene A:B	56.84		4/13
3	16	Jenna ESCH	#1	Concordia (Neb.	57.08		4/1
4	18	Gabbi BUTLER	#16	St. Ambrose (Iov B	57.15		4/14
5	27	Calli DAVIS	#8	Mount Marty (S.I	57.46		3/30
6	28	Kennedy KRAMER	#11	Northwestern (I	57.48		4/1
7	48	Mara BRUNO	#7	St. Francis (Ill.)	58.49		4/7
8	53	Amanda LICHTENSTEIN	#21	Trinity Christian	58.85		4/15
9	56	Veronica PINKERTON	#6	Hastings (Neb.)	58.87		4/1
10	57	Trinity TULS	#1	Concordia (Neb.	58.89		4/1

Women's 400 Meter Hurdles

1	1	Hannah ANTKOVIK	#2	Olivet Nazarene A:B	58.81		4/13
2	6	Wrenzi WRZESINSKI	#4	Dickinson State A:B	1:02.25c	(1:02.14A)	4/7
3	8	Jordan KOEPKE	#1	Concordia (Neb. A:B	1:02.71		4/1
4	10	Kaitlyn MCCOLLY	#4	Dickinson State B	1:03.40c	(1:03.29A)	4/7
5	15	Allena ROWLAND	#17	Clarke (Iowa)	1:04.99		4/14
6	17	Jaida ROWE	#6	Hastings (Neb.)	1:05.26		4/7
7	18	Anni STIER	#13	Jamestown (N.C	1:05.30		4/16
8	19	Abigail CLARKE	#11	Northwestern (I	1:05.34		4/14
9	38	Anmarie STUIT	#5	Dordt (Iowa)	1:06.72		4/14
10	44	Emma BETTS	#2	Olivet Nazarene	1:07.33		4/13

Women's 800 Meters

1	20	Emilee HEYENEN	#5	Dordt (Iowa)	2:16.38		4/7
2	22	Mika KOOISTRA	#5	Dordt (Iowa)	2:16.75		4/14
3	23	Annika PINGEL	#3	Doane (Neb.)	2:16.78		4/1
4	28	Shelby BUWALDA	#5	Dordt (Iowa)	2:18.18		4/14
5	41	Chantaya GRIFFIN	#23	College of Saint	2:19.35		4/7
6	50	Rylee HAECKER	#1	Concordia (Neb.	2:20.06		4/7
7	59	Veronica PINKERTON	#6	Hastings (Neb.)	2:21.07		4/7
8	63	Courtney SPORRER	#15	Morningside (Iov	2:21.32		4/14
9	66	Jenna ESCH	#1	Concordia (Neb.	2:21.45		4/1
10	68	Kylahn FREIBERG	#1	Concordia (Neb.	2:21.50		4/7

Women's 1500 Meters

1	11	Ana PINEDA	#7	St. Francis (Ill.) B	4:37.09		4/1
2	14	Allison RAMSEY	#7	St. Francis (Ill.)	4:41.09		4/1
3	17	Rylee HAECKER	#1	Concordia (Neb.	4:41.98		4/7
4	66	Veronica PINKERTON	#6	Hastings (Neb.)	4:50.80		4/1
5	70	Kylahn FREIBERG	#1	Concordia (Neb.	4:51.36		4/1
6	87	Courtney SPORRER	#15	Morningside (Iov	4:53.58		4/7
7	90	Morgan LAWSON	#9	Grand View (Iow	4:54.74		3/25
8		Grace TIMM	#4	Dickinson State	4:57.99c	(5:01.35A)	3/31
9		Emily HAVERDINK	#11	Northwestern (I	4:58.18		4/1
10		Keegan BEISEL	#1	Concordia (Neb.	4:58.68		3/25

Women's Steeplechase

1	6	Morgan LAWSON	#9	Grand View (Iowa B	11:13.33		4/14
2	14	Taylor ANEMA	#5	Dordt (Iowa) B	11:22.76		4/7
3	23	Elyse KUPERUS	#5	Dordt (Iowa)	11:38.96		4/7
4	28	Keagan PERKINS	#14	Graceland (Iowa	11:42.04		4/8
5	44	Maria GEESAMAN	#22	York (Neb.)	12:21.54		4/1
6	49	Kaia RICHMOND	#1	Concordia (Neb.	12:27.87		4/1
7	58	Emma HALEY	#11	Northwestern (I	12:35.70		4/1
8	66	Jaycie FRANCO	#17	Clarke (Iowa)	12:42.67		4/5
9	68	Jessa DAY	#12	Mount Mercy (I	12:46.44		4/1
10	73	Lilly GARNSEY	#19	Iowa Wesleyan	12:51.97		4/7



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Midwest

Women's 5000 Meters

1	24	Ana PINEDA	#7	St. Francis (Ill.)	B	17:39.89	4/7
2	32	Alexia BIBAKIS	#7	St. Francis (Ill.)		17:54.07	4/7
3	38	Olivia BUKOWSKI	#7	St. Francis (Ill.)		18:06.94	4/7
4	45	Allison RAMSEY	#7	St. Francis (Ill.)		18:13.30	4/7
5	63	Keegan BEISEL	#1	Concordia (Neb.)		18:37.15	4/1
6	74	Allie BINDER	#3	Doane (Neb.)		18:43.25	4/1
7	81	Taylor ANEMA	#5	Dordt (Iowa)		18:47.04	3/24
8	91	Emily HAVERDINK	#11	Northwestern (I)		18:51.97	4/7
9	94	Madison NELSON		Bellevue (Neb.)		18:53.01	4/7
10	95	Taylor SPORRER	#15	Morningside (Iowa)		18:54.39	4/7

Women's 10,000 Meters

1	5	Katherine BAKKEN	#7	St. Francis (Ill.)	A:B	36:02.42	4/1
2	6	Bailey WILK	#7	St. Francis (Ill.)	A:B	36:17.76	4/1
3	14	Jacey SCHICKEL	#2	Olivet Nazarene (Ill.)	A:B	37:19.61	4/1
4	20	Jessica KAMPMAN	#5	Dordt (Iowa)	B	37:42.53	4/7
5	34	Kristine HONOMICHL	#5	Dordt (Iowa)		39:16.57	4/7
6	37	Rory BICKLER	#17	Clarke (Iowa)		39:28.03	4/1
7	40	Lucy BORKOWSKI	#5	Dordt (Iowa)		39:37.89	4/7
8	43	Allie BINDER	#3	Doane (Neb.)		39:55.63	4/13
9	44	Madison NELSON		Bellevue (Neb.)		39:55.98	4/14
10	51	Jaden HILKEMANN	#3	Doane (Neb.)		40:25.77	4/13

Women's 5000m Race Walk

1	8	Paige THOMPSON	#9	Grand View (Iowa)	B	28:27.48	3/25
2	9	Lauren DAWSON	#1	Concordia (Neb.)	B	28:34.84	4/14
3	11	Faith YOUNCE	#19	Iowa Wesleyan		29:06.61	3/25
4	15	Tristyn DIPENTINO	#6	Hastings (Neb.)		30:06.05	4/1
5	17	Baylee EVARTS	#6	Hastings (Neb.)		31:35.30	4/1
6	19	Peyton GISSLER	#1	Concordia (Neb.)		33:07.83	4/14
7	21	Allison MORRIS	#19	Iowa Wesleyan		33:11.87	3/25
8	22	Darby WALSH	#24	Midland (Neb.)		33:28.57	4/14
9	27	Mickenzie FISHER	#14	Graceland (Iowa)		35:27.43	3/25

Women's 4x100 Relay

1	8	Kiara CARTER, Kimberly BRENT, Hannah ANTKOVIK, Olivia STURRUP	#2	Olivet Nazarene (Ill.)	A:B	47.13	4/13
2	20	Kya EDWARDS, Jaida ROWE, Rhys MAXEY, Nisa THOMAS	#6	Hastings (Neb.)		48.20	4/7
3	21	Emily LOSEKE, Kayla KIRCHNER, Kellie RHODES, Adrianna RODENCAL	#1	Concordia (Neb.)		48.22	4/1
4	24	Wrenzi WRZESINSKI, Kyley BARNETT, Kaitlyn MCCOLLY, Jocelyn OTT	#4	Dickinson State		48.36	4/16
5	29	Claudia SCHUNK, Lana YEAKEL, Ashley VERONEN, Breanna IHDE	#10	Viterbo (Wis.)		48.63	4/15
6	36	Isabel BOTHWELL, Morgan MAHONEY, Annika PINGEL, Caitlyn COTTON	#3	Doane (Neb.)		49.01	4/1
7	45	Isabelle HARDMEYER, Zelig SORENSEN, Alexis EVEN, Elianna CLARK	#8	Mount Marty (S.D.)		49.32	3/30
8	54	Raven WILLIAMS, Abigail BATU-TIAKO, Tabitha ROGERS, Alexandra ROSE	#25	William Penn (Iowa)		49.73	4/7
9	63	Erika CANADA, Anna PAUL, Karima KOKO, Neomi SIDIQUE	#9	Grand View (Iowa)		50.19	4/14
10	69	Maryleslie JAVIER, Ambar FULGENCIO, Jacey LEWIS, Eden CLIFTON	#14	Graceland (Iowa)		50.99	4/8



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Women's 4x400 Relay

1	9	Anmarie STUIT, Shelby BUWALDA, Mika KOOISTRA, Emilee HEYNEN	#5 Dordt (Iowa)	B 3:55.79	4/7
2	13	Kiara CARTER, Carsyn BURDINE, Tori ORTON, Hannah ANTKOVIK	#2 Olivet Nazarene	3:58.16	4/13
3	20	Abigail CLARKE, Savonne STERK, Emma BLUM, Kennedy KRAMER	#11 Northwestern (I.)	4:00.90	4/1
4	22	Tianna BUMBACA- KUEHL, Elianna CLARK, Abrielle NELSON, Calli DAVIS	#8 Mount Marty (S.)	4:01.45	3/30
5	24	Annika PINGEL, Kat VOGT, Kristen WALTERS, Morgan BURNETT	#3 Doane (Neb.)	4:04.25	4/1
6	28	Wrenzi WRZESINSKI, Kaitlyn MCCOLLY, Jewel OLSON, Kylee BARNETT	#4 Dickinson State	4:04.85c (4:04.41A)	3/31
7	40	Rory BICKLER, Jaycie FRANCO, Allena ROWLAND, Emma TERWISCHE	#17 Clarke (Iowa)	4:10.06	4/14
8	48	Sarah BOSCH, Courtney SPORRER, Taylor SPORRER, Emily CHICOINE	#15 Morningside (Iowa)	4:13.03	3/31
9	56	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Kristen BOOKER	#18 Saint Xavier (Ill.)	4:14.85	4/7
10	60	Kamrie DILLAN, Maria GEESAMAN, Abigail ZAIGER, Ty IRVIN	#22 York (Neb.)	4:15.68	3/25

Women's 4x800 Relay

1	13	Rylee HAECKER, Rhaya KASCHINSKE, Hannah BEINTEMA, Keegan BEISEL	#1 Concordia (Neb.)	10:02.47	3/25
2	14	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Victoria DOLBNIK	#18 Saint Xavier (Ill.)	10:03.64	3/31
3	17	Tianna BUMBACA- KUEHL, Abrielle NELSON, Emily JOHNSON, Josey WAHLSTROM	#8 Mount Marty (S.)	10:10.27	3/30
4	23	Sydney WOODS, Abby RINDERKNECHT, Ruth JENNINGS, Yaqueline HERNANDEZ	#12 Mount Mercy (Iowa)	10:39.55	3/17
5	29	Lilly GARNSEY, Zoi SMITH, Faith YOUNCE, Emily GEHRING	#19 Iowa Wesleyan	11:54.24	3/25

Women's High Jump

1	8	Jacie VANDER WAAL	#11 Northwestern (I.)	B 1.65m	5-5	4/1
1	8	Adarra HAGLUND	#4 Dickinson State	B 1.65m	5-5	4/7
1	8	Hannah NEWTON	#1 Concordia (Neb.)	B 1.65m	5-5	4/1
4	19	Sidney GILLILAND	#14 Graceland (Iowa)	1.63m	5-4¼	4/8
5	27	Emily WINGERT	#5 Dordt (Iowa)	1.60m	5-3	4/14
5	27	Josie GARRETT	#3 Doane (Neb.)	1.60m	5-3	4/7
7	35	Ashlynn PERKINS	#14 Graceland (Iowa)	1.58m	5-2¼	4/8
8	39	Avril MAUGHAN	#9 Grand View (Iowa)	1.57m	5-1¾	3/25
8	39	Jordynn TOLIVER	#13 Jamestown (N.C.)	1.57m	5-1¾	4/7
10	48	Paige ERHARDT	#13 Jamestown (N.C.)	1.55m	5-1	3/24
10	48	Miranda KENDALL	#10 Viterbo (Wis.)	1.55m	5-1	4/1
10	48	Sarah THEILER	#3 Doane (Neb.)	1.55m	5-1	4/7
10	48	Cassie BRANDSMA	#5 Dordt (Iowa)	1.55m	5-1	4/7
10	48	Alyssa HORSTMAN	#21 Trinity Christian	1.55m	5-1	4/15
10	48	Alazey MISHLEAU	Waldorf (Iowa)	1.55m	5-1	4/7
10	48	Krista HARDY	#24 Midland (Neb.)	1.55m	5-1	4/7

Women's Pole Vault

1	4	Madison WAHL	#4 Dickinson State	A: B 3.82m	12-6¼	4/16
2	7	Josie PUELZ	#1 Concordia (Neb.)	A: B 3.75m	12-3½	4/14
3	11	Erin MAPSON	#1 Concordia (Neb.)	A: B 3.65m	11-11¾	4/14
4	15	Kayla SVOBODA	#1 Concordia (Neb.)	B 3.55m	11-7¾	4/14
4	15	Bailey NUUTINEN	#10 Viterbo (Wis.)	B 3.55m	11-7¾	4/7
4	15	Kennedy STANLEY	#3 Doane (Neb.)	B 3.55m	11-7¾	4/14
7	21	Olivia EARL	#2 Olivet Nazarene	3.45m	11-3¾	4/13
8	26	Erin BOGGS	#1 Concordia (Neb.)	3.40m	11-1¾	4/1
8	26	Amira CUMMINGS	#1 Concordia (Neb.)	3.40m	11-1¾	4/1
8	26	Gracie RIPPEN	#8 Mount Marty (S.)	3.40m	11-1¾	4/14
8	26	Cassidy JORENSEN	#4 Dickinson State	3.40m	11-1¾	3/31



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Women's Long Jump

1	30	Abigail BATU-TIAKO	#25	William Penn (Io	5.53m	18-1¾ (0.0)	3/25
2	31	Hayley MILES	#1	Concordia (Neb.	5.51m	18-1 (0.0)	4/14
3	35	Lexie JOHNSON	#16	St. Ambrose (Iov	5.48m	17-11¾ (0.	4/1
4	38	Lana YEAKEL	#10	Viterbo (Wis.)	5.46mw	17-11 (3.9)	4/1
5	42	Mara BRUNO	#7	St. Francis (Ill.)	5.41m	17-9 (0.0)	3/31
5	42	Jocelyn OTT	#4	Dickinson State	5.41m	17-9 (-1.4)	4/16
7	46	Brooklyn JOHNSON	#12	Mount Mercy (Io	5.40m	17-8¾ (0.0)	3/17
8	65	Hailey PERRINE	#2	Olivet Nazarene	5.29m	17-4¼ (2.0)	4/13
9	70	Grace PEYRON	#10	Viterbo (Wis.)	5.28m	17-4 (0.6)	4/1
9	70	Tajana SIMS	#18	Saint Xavier (Ill.)	5.28m	17-4 (0.0)	4/7

Women's Triple Jump

1	26	Jolene MANTOAN	#2	Olivet Nazarene	11.29m	37-½ (0.0)	4/1
2	36	Rosalyn ROGGASCH	#3	Doane (Neb.)	11.08m	36-4¼ (0.0)	4/14
3	41	Josi NOBLE	#1	Concordia (Neb.	11.02m	36-2 (0.0)	4/14
4	43	Josie GARRETT	#3	Doane (Neb.)	11.01m	36-1½ (0.0)	4/14
5	44	Fane SAUVAKACOLO	#20	Dakota State (S.	11.00mw	36-1¼ (2.4)	4/14
6	51	Trinity DOUBLIN	#6	Hastings (Neb.)	10.91m	35-9½ (0.0)	4/14
7	55	Hayley MILES	#1	Concordia (Neb.	10.87m	35-8 (0.0)	4/14
8	57	Isabel SAYLER		Briar Cliff (Iowa)	10.84m	35-6¾ (1.7)	4/14
9	67	Shelby BUWALDA	#5	Dordt (Iowa)	10.63m	34-10½ (0.	4/7
10	69	Taliyah HAYES		Dakota Wesleya	10.62m	34-10¼ (-0	4/14
10	69	Alivia WEATHERS	#1	Concordia (Neb.	10.62m	34-10¼ (1.	4/7

Women's Shot Put

1	3	Alivia BAUCOM	#3	Doane (Neb.)	A:B 14.44m	47-4½	4/14
2	6	Kori NAGEL	#4	Dickinson State	A:B 13.85m	45-5¼	3/31
3	7	Bre NAIL	#12	Mount Mercy (Io	A:B 13.79m	45-3	4/14
4	8	Hope WAGNER		Briar Cliff (Iowa)	A:B 13.76m	45-1¾	4/7
5	9	Brianna HUNTER	#19	Iowa Wesleyan	A:B 13.69m	44-11	4/14
6	11	Annah MILLER	#16	St. Ambrose (Iov	A:B 13.68m	44-10¾	4/5
7	19	Claire CASPERSEN	#23	College of Saint	B 13.12m	43-½	4/7
8	20	Asia TYLER	#6	Hastings (Neb.)	B 13.06m	42-10¼	4/15
9	21	Lana KROHE	#2	Olivet Nazarene	B 13.04m	42-9½	4/13
10	23	Kiara ANDERSON	#6	Hastings (Neb.)	B 13.01m	42-8¼	4/1

Women's Discus

1	2	Madison GREEN	#9	Grand View (Iov	A:B 47.17m	154-9	4/14
2	3	Annah MILLER	#16	St. Ambrose (Iov	A:B 47.03m	154-4	4/14
3	4	Kori NAGEL	#4	Dickinson State	A:B 46.03m	151-0	3/31
4	5	Jessa EDEN	#6	Hastings (Neb.)	A:B 45.99m	150-11	4/15
5	7	Kiara ANDERSON	#6	Hastings (Neb.)	A:B 45.00m	147-8	4/1
6	12	Traia HUBBARD	#20	Dakota State (S.	B 43.94m	144-2	4/14
7	13	Kayla MIKOTTIS	#2	Olivet Nazarene	B 43.93m	144-2	4/13
8	18	Lila GRONSETH		Dakota Wesleya	B 42.81m	140-6	4/14
9	21	Alivia BAUCOM	#3	Doane (Neb.)	B 42.59m	139-9	3/24
10	23	Erin PAINTER	#1	Concordia (Neb.	B 42.55m	139-7	4/7

Women's Hammer

1	2	Macy FULLER	#3	Doane (Neb.)	A:B 54.03m	177-3	4/13
2	3	Madison GREEN	#9	Grand View (Iov	A:B 53.82m	176-7	4/14
3	4	Kiara ANDERSON	#6	Hastings (Neb.)	A:B 53.29m	174-10	4/14
4	9	Tori NYGARD	#4	Dickinson State	A:B 51.51m	169-0	4/16
5	15	Kamryn POKORNEY	#1	Concordia (Neb.	B 50.14m	164-6	4/7
6	16	Kori NAGEL	#4	Dickinson State	B 49.85m	163-7	4/16
7	19	Jessa EDEN	#6	Hastings (Neb.)	B 49.18m	161-4	4/1
8	21	Courtney HALL	#2	Olivet Nazarene	B 48.99m	160-9	4/7
9	22	Candice JONES	#22	York (Neb.)	B 48.66m	159-8	4/14
10	28	Alli OWINGS	#1	Concordia (Neb.	47.77m	156-9	4/14

Women's Javelin

1	2	Kendra ODEGARD		Valley City State	A:B 45.96m	150-10	4/16
2	16	Jordynn TOLIVER	#13	Jamestown (N.D	B 39.88m	130-10	4/7
3	21	Molly VANDER HAMM	#3	Doane (Neb.)	38.75m	127-2	4/7
4	24	Madalynn RHODES	#23	College of Saint	38.37m	125-11	4/7
5	28	Rylee OLSON	#15	Morningside (Io	38.05m	124-10	4/1
6	31	Abby HILL	#12	Mount Mercy (Io	37.61m	123-5	4/7
7	35	Grace DAMME	#3	Doane (Neb.)	37.10m	121-9	4/1
8	37	Paige ERHARDT	#13	Jamestown (N.D	36.55m	119-11	4/7
9	42	Gretchen STOTTLEMYRE	#1	Concordia (Neb.	36.08m	118-5	4/14
10	45	Jamie SIEROCKI	#18	Saint Xavier (Ill.)	35.85m	117-8	4/7

Women's Heptathlon

1	1	Jordynn TOLIVER	#13	Jamestown (N.D	B 4,784	4/7
2	20	Ashinee GEORGE	#8	Mount Marty (S.	3,799	3/30
3	28	Andrea SUCHA	#8	Mount Marty (S.	3,312	3/30
4	41	Shyanne PIPKIN	#24	Midland (Neb.)	2,823	3/23
5	43	Madyson RAY	#24	Midland (Neb.)	2,763	3/23



Regional TFRI Event Summary

as of 4/17/2023 6:41:24 AM

South

Women's 100 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (Te	A:B 11.54	(0.3)	3/31
2	3	Latavia JACK	#7	Mobile (Ala.)	A:B 11.70w	(3.6)	3/23
3	5	Talayla DAVIS	#2	Life (Ga.)	A:B 11.76	(0.3)	4/14
4	7	Denai WILSON	#15	Florida Memoria	A:B 11.81	(-0.6)	4/7
5	8	Kevell BYRD	#8	Dillard (La.)	A:B 11.83w	(2.8)	3/31
6	11	Fredricka MCKENZIE	#4	William Carey (M	A:B 11.88	(1.7)	3/29
7	12	Irmiris MENDEZ	#1	Southeastern (F	A:B 11.89w	(2.4)	3/30
8	14	Salieci MYLES	#4	William Carey (M	A:B 11.90	(1.7)	3/23
8	14	Toni CANFALL	#1	Southeastern (F	A:B 11.90	(-0.6)	4/7
10	17	Brandy MACKEY		Voorhees (S.C.)	B 11.95	(1.9)	4/14

Women's 100 Meter Hurdles

1	1	Salieci MYLES	#4	William Carey (M	A:B 13.43w	(3.7)	3/29
2	3	Tashina BEYIOKU-ALASE	#8	Dillard (La.)	A:B 13.83	(1.2)	4/14
3	6	Emerald CARTER	#11	Xavier (La.)	A:B 13.99	(1.2)	4/8
4	11	Paige MANNEY	#13	Tennessee Wes	A:B 14.23w	(2.2)	3/25
5	12	Doris MENSAH	#3	Cumberland (Te	A:B 14.31	(-0.4)	4/14
6	14	Tenae GRIGSBY	#1	Southeastern (F	B 14.46w	(3.0)	3/17
7	15	Daila YOUNG	#8	Dillard (La.)	B 14.50w	(3.6)	3/11
8	17	Emma DIVERONICA	#16	St. Thomas (Fla.	B 14.54w	(2.1)	3/25
9	20	An'Janae LATCHINSON	#4	William Carey (M	B 14.58w	(2.6)	3/23
10	21	Anna CABRERA	#7	Mobile (Ala.)	B 14.60w	(3.1)	3/23

Women's 200 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (Te	A:B 23.58w	(2.4)	3/31
2	2	Talayla DAVIS	#2	Life (Ga.)	A:B 23.63w	(2.4)	3/24
3	3	Sabrina RICHMAN	#2	Life (Ga.)	A:B 23.73w	(2.4)	3/24
4	4	Kevell BYRD	#8	Dillard (La.)	A:B 23.81w	(2.3)	4/8
5	8	Denai WILSON	#15	Florida Memoria	A:B 24.18	(1.0)	4/7
6	10	Latavia JACK	#7	Mobile (Ala.)	A:B 24.31w	(3.9)	3/23
7	12	Fredricka MCKENZIE	#4	William Carey (M	A:B 24.48w	(3.9)	3/23
8	14	Kynneddy TURNER	#11	Xavier (La.)	A:B 24.57w	(2.3)	4/8
9	15	Toni CANFALL	#1	Southeastern (F	A:B 24.62	(1.0)	4/7
9	15	Maya SMITH-SPEED	#2	Life (Ga.)	A:B 24.62	(-0.4)	4/1

Women's 400 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (Te	A:B 53.65		4/14
2	3	Sabrina RICHMAN	#2	Life (Ga.)	A:B 54.96		4/7
3	4	Brianna FLORVILUS	#2	Life (Ga.)	A:B 55.19		4/7
4	5	Joy ABU	#4	William Carey (M	A:B 55.59		4/8
5	8	Kevell BYRD	#8	Dillard (La.)	A:B 56.06		3/25
6	11	Oluwafikayomi LAWRENCE	#1	Southeastern (F	A:B 56.48		4/7
7	12	Namiah SIMPSON	#1	Southeastern (F	A:B 56.50		3/17
8	22	Maria SIMANCAS	#4	William Carey (M	B 57.24		3/23
9	25	Samaya CAURTHENS	#12	Keiser (Fla.)	57.38		4/7
10	34	Kynneddy TURNER	#11	Xavier (La.)	57.86		4/15

Women's 400 Meter Hurdles

1	2	Joy ABU	#4	William Carey (M	A:B 59.74		3/29
2	3	Tenae GRIGSBY	#1	Southeastern (F	A:B 1:00.42		3/17
3	5	Namiah SIMPSON	#1	Southeastern (F	A:B 1:02.20		3/24
4	13	Doris MENSAH	#3	Cumberland (Te	1:04.73		3/31
5	14	Qunizel BAZILIO	#15	Florida Memoria	1:04.77		4/7
6	16	Shanice FLEURIMOND	#12	Keiser (Fla.)	1:05.11		4/7
7	27	Tashina BEYIOKU-ALASE	#8	Dillard (La.)	1:05.73		4/14
8	35	Kaylyn TURNER	#8	Dillard (La.)	1:06.40		3/25
9	37	Marie MARC	#12	Keiser (Fla.)	1:06.69		4/7
10	42	Amaya KIER	#1	Southeastern (F	1:06.97		2/18

Women's 800 Meters

1	6	Ellen-Mary KEARNEY	#6	Milligan (Tenn.)	A:B 2:11.74		3/23
2	12	Skylah BARTON	#11	Xavier (La.)	B 2:15.21		4/8
3	14	Alyssa GAGNON	#16	St. Thomas (Fla.	B 2:15.40		4/14
4	21	Dylan GARCIA	#5	Montreat (N.C.)	2:16.67		3/24
5	26	Yessenia CASTELLANOS	#5	Montreat (N.C.)	2:18.00		3/24
6	32	Jessica MUSSELMAN	#25	Freed-Hardema	2:18.42		4/14
7	36	Catherine TRUEMPER	#22	Blue Mountain (I	2:18.73		4/6
8	37	Kilia HASTY	#5	Montreat (N.C.)	2:18.85		3/24
9	39	Kathryn VRADENBURGH	#21	Dalton State (Ga	2:19.21		4/14
10	43	Madisyn ACOSTA	#18	Loyola (La.)	2:19.65		3/17

Women's 1500 Meters

1	6	Ellen-Mary KEARNEY	#6	Milligan (Tenn.)	A:B 4:32.13		3/23
2	13	Caitlin DOMINY	#6	Milligan (Tenn.)	B 4:39.96		4/7
3	24	Theresa LONG	#19	Ave Maria (Fla.)	4:44.11		3/30
4	41	Kathryn VRADENBURGH	#21	Dalton State (Ga	4:46.70		4/14
5	42	Montserrat DE SANTIAGO	#17	SCAD Savannah	4:47.02		3/30
6	46	Dylan GARCIA	#5	Montreat (N.C.)	4:48.63		3/16
7	48	Gracie ALLEN	#6	Milligan (Tenn.)	4:48.67		3/24
8	51	Kilia HASTY	#5	Montreat (N.C.)	4:49.17		4/7
9	67	Talia SULLIVAN	#17	SCAD Savannah	4:50.85		3/24
10	69	Julia ROHM	#1	Southeastern (F	4:51.21		3/17

Women's Steeplechase

1	8	Jenna MALLORY	#5	Montreat (N.C.)	A:B 11:16.10		4/7
2	15	Catherine TRUEMPER	#22	Blue Mountain (I	B 11:24.87		3/25
3	25	Daniela RIVERA	#3	Cumberland (Te	11:40.30		4/7
4	26	Catherine SLACK	#5	Montreat (N.C.)	11:40.88		4/7
5	38	Aubrey BRITT	#22	Blue Mountain (I	12:11.67		4/6
6	41	Sophie ROBINSON	#1	Southeastern (F	12:17.57		3/30
7	50	Ali BURNS	#6	Milligan (Tenn.)	12:28.56		4/7
8	53	Elise KRONE	#3	Cumberland (Te	12:31.10		4/7
9	57	Kaelyn SLAUGHTER	#6	Milligan (Tenn.)	12:35.50		4/7
10	59	Maggie FRONING	#17	SCAD Savannah	12:37.01		3/30



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South

Women's 5000 Meters

1	10	Ellen-Mary KEARNEY	#6	Milligan (Tenn.)	A:B 17:11.12	4/7
2	16	Alyssa BEARZI	#6	Milligan (Tenn.)	A:B 17:25.10	3/23
3	17	Caitlin DOMINY	#6	Milligan (Tenn.)	B 17:30.19	3/23
4	18	Julia ROHM	#1	Southeastern (F)	B 17:33.60	3/17
5	20	Mercy KIBIWOTT	#3	Cumberland (Te)	B 17:34.40	4/14
6	28	Talia SULLIVAN	#17	SCAD Savannah	17:48.08	3/30
7	40	Gracie ALLEN	#6	Milligan (Tenn.)	18:08.95	4/7
8	53	Julia GRALKI	#17	SCAD Savannah	18:23.11	3/30
9	54	Belinda CHEPKOSGEI		SCAD Atlanta (G)	18:23.89	4/7
10	58	Montserrat DE SANTIAGO	#17	SCAD Savannah	18:32.81	3/30

Women's 10,000 Meters

1	3	Alyssa BEARZI	#6	Milligan (Tenn.)	A:B 35:39.90	4/7
2	8	Lina MAY	#4	William Carey (M)	B 36:56.31	3/23
3	11	Talia SULLIVAN	#17	SCAD Savannah	A:B 37:09.73	3/16
4	12	Julia ROHM	#1	Southeastern (F)	A:B 37:15.22	3/30
5	19	Mercy KIBIWOTT	#3	Cumberland (Te)	B 37:40.22	4/7
6	23	Julia GRALKI	#17	SCAD Savannah	B 38:01.78	3/16
7	27	Madisyn ACOSTA	#18	Loyola (La.)	38:47.55	4/7
8	30	Makayla HOLLIFIELD	#9	Columbia (S.C.)	39:02.08	3/16
9	36	Savannah CAMPBELL	#10	Truett-McConne	39:20.67	3/10
10	52	Madison GRANT	#25	Freed-Hardema	40:27.76	4/14

Women's 5000m Race Walk

1	2	Izabelle TREFTS	#9	Columbia (S.C.)	A:B 24:49.47	3/17
2	5	Ainhua COLINO	#9	Columbia (S.C.)	A:B 27:25.94	3/17
3	6	Victoria HEISER-WHATLEY	#9	Columbia (S.C.)	A:B 27:28.04	4/7
4	7	Jessica HEISER-WHATLEY	#9	Columbia (S.C.)	B 28:17.62	4/7
5	23	Maria TALAFUSE	#19	Ave Maria (Fla.)	34:34.36	3/17
6	25	Mina SHULL	#9	Columbia (S.C.)	34:53.03	3/24
7	28	Gabrielle HUGGINS	#9	Columbia (S.C.)	37:06.95	3/17
8	29	Briona BIERKAMP	#14	Brenau (Ga.)	41:00.61	3/24

Women's 4x100 Relay

1	1	Tyeese SMITH, Fredricka MCKENZIE, Salieci MYLES, Machaeda LINTON	#4	William Carey (M)	A:B 45.93	3/29
2	2	Dalajah LONG, Talayla DAVIS, Maya SMITH-SPEED, Alexia PERKINS	#2	Life (Ga.)	A:B 46.12	4/14
3	3	Irmiris MENDEZ, Oluwafikayomi LAWRENCE, Namiah SIMPSON, Toni CANFALL	#1	Southeastern (F)	A:B 46.33	4/7
4	4	Tori BURTON, Kevell BYRD, Ta'nijal MATTHEWS, Meghan JOSHUA	#8	Dillard (La.)	A:B 46.36	4/14
5	6	Myla EDWARDS, Samantha MANSUR, Latavia JACK, Jerenie JACKSON	#7	Mobile (Ala.)	A:B 46.53	3/23
6	10	Judah JACKSON, Alana MACK, Doris MENSAH, Praise IDAMADUDU	#3	Cumberland (Te)	A:B 47.29	4/7
7	12	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Andreana GRAHAM	#15	Florida Memoria	A:B 47.40	4/7
8	13	Emerald CARTER, DaNya HORNE, Kynneddy TURNER, Ariel FORD	#11	Xavier (La.)	A:B 47.43	4/8
9	18	Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS	#13	Tennessee Wesl	48.05	3/25
10	23	Staicha LAROSE, Ah'leeyah STRAPPIER, Samaya CAURTHENS, Marie MARC	#12	Keiser (Fla.)	48.34	3/24



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South

Women's 4x400 Relay

1	1	An'Janae LATCHINSON, Joy ABU, Nevagant JONES, Maria SIMANCAS	#4 William Carey (MA)	B 3:46.18	3/29
2	2	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Kyja WILLIAMS	#2 Life (Ga.)	A:B 3:48.65	3/24
3	4	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#1 Southeastern (FA)	B 3:49.97	3/17
4	7	Shanice FLEURIMOND, Samaya CAURTHENS, Marie MARC, Melissa GRIPACUS	#12 Keiser (Fla.)	A:B 3:53.75	3/24
5	14	Anitria SANGSTER, Monique BROWN, Qunizel BAZILIO, Yasmyne WILLIAMS	#15 Florida Memoria	3:59.06	3/24
6	17	Raven PRATT, Shawnessy EDWARDS, Sadiya SHAMSID-DEEN, Yasmin PINES	#7 Mobile (Ala.)	3:59.58	4/8
7	18	Emerald CARTER, Darryan HORTON, Kyrsten TURNER, Hannah STOUTMIRE	#11 Xavier (La.)	3:59.78	3/31
8	27	Kevell BYRD, Tori BURTON, Karmyn DOTSON, Ta'nyia FLOWERS	#8 Dillard (La.)	4:04.70	3/25
9	30	Kayland THOMASON, Kamryn CHAMBLISS, Taylor GREEN, Jaeva RIDLEY	#14 Brenau (Ga.)	4:05.73	4/7
10	32	Esther NAKANWAGI, Trenyonna ALLEN, Sarah OWEN, Myesha HALL	#10 Truett-McConne	4:06.41	4/7

Women's 4x800 Relay

1	3	Yessenia CASTELLANOS, Mahaley CRONK, Dylan GARCIA, Kilia HASTY	#5 Montreat (N.C.)	A:B 9:22.00	4/14
2	8	Jillian BLASER, Grace FEDER, Emma WOLTJER, Julia ROHM	#1 Southeastern (F)	9:37.44	3/30
3	16	Makayla BLESSIKE, Aminatta SHERIF, Katie MEEKS, Aubrey BRITT	#22 Blue Mountain (I)	10:06.39	3/25
4	19	Kennedy TIMMONS, Rachel JACKSON, Karmyn DOTSON, Kaylyn TURNER	#8 Dillard (La.)	10:14.78	4/14
5	20	Carol LONG, Emma PERREAULT, Regina PIROLI, Abigail RALL	#19 Ave Maria (Fla.)	10:16.25	3/30
6	24	Savannah CAMPBELL, Simone CHOCK, Hayden PONCE, Sarah OWEN	#10 Truett-McConne	10:44.46	3/10
7	27	Gabrielle HUGGINS, Angeline KRAVITZ, Makayla HOLLIFIELD, Izabelle TREFTS	#9 Columbia (S.C.)	11:03.50	3/24
8	30	Jasmine COLEMAN, Amelya HATCH, Madison WILLIAMS, Mardisty WILLIAMS	Rust (Miss.)	12:16.13	4/14

Women's High Jump

1	2	Paige MANNEY	#13 Tennessee Wesleyan	A:B 1.73m	<i>5-8</i>	3/25
2	8	Mariam DAVIS	#1 Southeastern (F B)	1.65m	<i>5-5</i>	3/17
3	19	Aiana COLAS	#12 Keiser (Fla.)	1.63m	<i>5-4¼</i>	4/7
4	22	Tashina BEYIOKU-ALASE	#8 Dillard (La.)	1.62m	<i>5-3¾</i>	3/11
5	27	Kaitlyn BECNEL	#18 Loyola (La.)	1.60m	<i>5-3</i>	4/7
6	35	Anna CABRERA	#7 Mobile (Ala.)	1.58m	<i>5-2¼</i>	3/30
7	48	Kailyn KELLY	#12 Keiser (Fla.)	1.55m	<i>5-1</i>	3/30
7	48	Tyra DARRINGTON	#7 Mobile (Ala.)	1.55m	<i>5-1</i>	3/23
9		Damia WOOLCOCK	#16 St. Thomas (Fla.)	1.47m	<i>4-9¾</i>	4/14
9		Tessa SHRIVER	#20 Webber Internat	1.47m	<i>4-9¾</i>	3/30
9		Victoria MORRIS	#1 Southeastern (F)	1.47m	<i>4-9¾</i>	3/30

Women's Pole Vault

1	36	Halie HAWKINS	#6 Milligan (Tenn.)	3.25m	<i>10-8</i>	3/24
2	81	Anna TASTINGER	#5 Montreat (N.C.)	2.80m	<i>9-2¼</i>	3/24
3		Kamryn CHAMBLISS	#14 Brenau (Ga.)	2.50m	<i>8-2½</i>	3/24
4		Briana RAY	#21 Dalton State (Ga)	2.42m	<i>7-11¼</i>	4/14
5		Emelia ASKEW	#14 Brenau (Ga.)	2.35m	<i>7-8½</i>	3/24
5		Lauren BROWN	#20 Webber Internat	2.35m	<i>7-8½</i>	3/30
5		Amari GRAHAM	#1 Southeastern (F)	2.35m	<i>7-8½</i>	2/18
8		Stephanie HINOJOS	#5 Montreat (N.C.)	2.20m	<i>7-2½</i>	3/24



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South

Women's Long Jump

1	1	Myesha HALL	#10	Truett-McConne	A:B 6.00m	19-8¼ (1.3)	3/24
2	3	Maisonne JONES		USC Beaufort (SA)	B 5.84m	19-2 (-2.5)	3/24
3	5	Caitlyn O'BRIEN	#19	Ave Maria (Fla.)	A:B 5.78mw	18-11¾ (2.)	3/17
4	7	Andreana GRAHAM	#15	Florida Memorial	A:B 5.77m	18-11¼ (2.)	4/7
5	9	Alana MACK	#3	Cumberland (Te)	A:B 5.76m	18-10¾ (1.)	3/31
6	11	Blessing SAMUEL	#3	Cumberland (Te)	B 5.73m	18-9¾ (0.0)	4/14
7	19	Paige MANNEY	#13	Tennessee Wesl	B 5.65m	18-6½ (0.0)	4/15
8	21	Jhanya QUINONES	#7	Mobile (Ala.)	5.63mw	18-5¾ (3.2)	3/17
9	24	Mariam DAVIS	#1	Southeastern (F)	5.62mw	18-5¼ (3.3)	4/7
10	27	Aniecia GOSS	#13	Tennessee Wesl	5.57m	18-3¼ (0.0)	4/15

Women's Triple Jump

1	1	Paige MANNEY	#13	Tennessee Wesl	A:B 12.58mw	41-3¼ (3.4)	3/25
2	3	Alana MACK	#3	Cumberland (Te)	A:B 12.13m	39-9¾ (0.0)	4/14
3	4	Nevagant JONES	#4	William Carey (M)	A:B 12.00mw	39-4½ (2.5)	3/23
4	6	Machaeda LINTON	#4	William Carey (M)	A:B 11.81mw	38-9 (2.9)	3/23
5	10	Myesha HALL	#10	Truett-McConne	B 11.73m	38-6 (-2.0)	3/10
6	12	Aniecia GOSS	#13	Tennessee Wesl	B 11.69m	38-4¼ (0.0)	4/15
7	16	Zaniyah WILSON	#4	William Carey (M)	B 11.56mw	37-11¼ (2.)	3/23
7	16	Miyah FORD	#1	Southeastern (F)	B 11.56m	37-11¼ (1.)	3/24
9	19	Jessica GAKERI	#5	Montreat (N.C.)	11.47m	37-7¾ (0.0)	4/14
10	20	Rachel ROWE	#8	Dillard (La.)	11.45mw	37-6¾ (2.4)	3/31

Women's Shot Put

1	2	Levonis DAVIS	#2	Life (Ga.)	A:B 14.50m	47-7	3/24
2	4	Daveina WATSON	#3	Cumberland (Te)	A:B 14.05m	46-1¼	4/7
3	12	Fedra FLORENTIN	#7	Mobile (Ala.)	A:B 13.58m	44-6¾	3/23
4	27	Danielle ALBRIGHT	#2	Life (Ga.)	12.91m	42-4¼	4/1
5	31	Mykhala COLEMAN	#18	Loyola (La.)	12.67m	41-7	3/25
6	33	Sha'Nyia WOOLERY	#14	Brenau (Ga.)	12.60m	41-4¼	3/17
7	36	Kloey PICKENS	#23	Columbia Intern	12.57m	41-3	3/24
8	37	Toynelle MING	#16	St. Thomas (Fla.)	12.55m	41-2¼	4/14
9	49	Bryana BAZILE	#18	Loyola (La.)	12.28m	40-3½	3/25
10	69	Jennifer COLEMAN		Thomas (Ga.)	11.97m	39-3¼	3/24
10	69	Grace JONES	#10	Truett-McConne	11.97m	39-3¼	3/24

Women's Discus

1	16	Bryana BAZILE	#18	Loyola (La.)	B 42.94m	140-11	3/17
2	22	Toynelle MING	#16	St. Thomas (Fla.)	B 42.57m	139-8	3/17
3	25	Levonis DAVIS	#2	Life (Ga.)	42.39m	139-1	4/14
4	46	Diamond ATKINS	#2	Life (Ga.)	39.59m	129-11	4/7
5	49	Kacey WEBB	#6	Milligan (Tenn.)	39.29m	128-11	3/24
6	62	Jennifer COLEMAN		Thomas (Ga.)	38.28m	125-7	3/24
7	73	DaNya HORNE	#11	Xavier (La.)	37.65m	123-6	4/8
8	85	Danielle ALBRIGHT	#2	Life (Ga.)	37.10m	121-9	4/14
9	88	Niesha ALDAJUSTE	#20	Webber Internat	37.06m	121-7	4/7
10		Angela AUGUSTE	#12	Keiser (Fla.)	36.11m	118-6	3/30

Women's Hammer

1	1	Jennifer BATU	#2	Life (Ga.)	A:B 58.82m	193-0	4/7
2	17	Danielle ALBRIGHT	#2	Life (Ga.)	B 49.79m	163-4	4/7
3	18	Sophiat OMIZI	#3	Cumberland (Te)	B 49.47m	162-4	4/7
4	23	Niesha ALDAJUSTE	#20	Webber Internat	B 48.60m	159-6	3/30
5	39	Dazanni HINTON	#23	Columbia Intern	46.03m	151-0	4/1
6	56	Grace JONES	#10	Truett-McConne	44.57m	146-3	4/14
7		Levonis DAVIS	#2	Life (Ga.)	40.00m	131-3	4/7
8		Mersadies FOOTE	#2	Life (Ga.)	39.84m	130-9	4/1
9		MarieAnge MOUSSIGNAC	#1	Southeastern (F)	39.64m	130-1	3/30
10		Zaida CARSON	#9	Columbia (S.C.)	38.74m	127-1	3/16

Women's Javelin

1	9	Katilyn BABB	#10	Truett-McConne	A:B 42.57m	139-8	4/14
2	18	Rian BOUB	#16	St. Thomas (Fla.)	B 39.22m	128-8	4/14
3	44	Abigail CRUZ	#24	Reinhardt (Ga.)	35.90m	117-10	3/24
4	47	Anna CABRERA	#7	Mobile (Ala.)	35.72m	117-2	3/17
5	54	Daveina WATSON	#3	Cumberland (Te)	34.62m	113-7	4/14
6	59	Grace JONES	#10	Truett-McConne	34.02m	111-8	3/10
7	80	Jayda BURKETT	#14	Brenau (Ga.)	32.61m	107-0	4/7
8	85	Katherine FOURIE	#14	Brenau (Ga.)	32.28m	105-11	4/7
9	98	Shyanne LACEY	#1	Southeastern (F)	31.46m	103-3	4/7
10	E+0:	Kloey PICKENS	#23	Columbia Intern	31.28m	102-8	4/14

Women's Heptathlon

1	3	Anna CABRERA	#7	Mobile (Ala.)	B 4,699w	3/30
2	12	Irmiris MENDEZ	#1	Southeastern (F)	B 4,069w	3/30
3	18	Mariam DAVIS	#1	Southeastern (F)	B 3,911	4/7
4	19	Kailyn KELLY	#12	Keiser (Fla.)	B 3,901w	3/30
5	23	Emma BARNES	#5	Montreat (N.C.)	3,644	3/16
6	30	Natalie ROHM	#1	Southeastern (F)	3,245w	3/30
7	31	Anna TASTINGER	#5	Montreat (N.C.)	3,174	3/16
8	32	Laila REED	#14	Brenau (Ga.)	3,158	3/17
9	34	Madison ROOKER	#13	Tennessee Wesl	3,107	4/7
10	39	Marie MARC	#12	Keiser (Fla.)	2,875w	3/30



Regional TFRI Event Summary

as of 4/17/2023 6:41:25 AM

South Central

Women's 100 Meters

1	6	Nikiwe MONGWE	#2	MidAmerica NazA	B 11.77	(1.4)	4/13
2	8	Jaelynn WILLIAMS	#8	Texas Wesleyan A	B 11.83	(1.8)	4/8
3	12	Gizel CLAYTON	#1	Central MethodiA	B 11.89w	(2.4)	3/31
4	16	Malaisha CARTWRIGHT	#20	UNT Dallas	B 11.92w	(3.7)	4/14
5	26	Kiana JOHNSON	#23	Jarvis Christian	12.06w	(3.7)	4/13
6	31	Kiana KEBBI	#10	Our Lady of the I	12.10w	(3.1)	3/29
7	33	Daizy SOLIR	#2	MidAmerica Naz	12.11w	(3.7)	4/13
8	36	Jaylen KNIGHT	#6	Friends (Kan.)	12.15	(1.4)	3/30
9	43	Christina GREEN	#21	Huston-Tillotso	12.18w	(2.9)	4/14
10	46	Darnee WILLIAMS	#25	Wiley (Texas)	12.21	(0.7)	3/17

Women's 100 Meter Hurdles

1	2	Tre'Breh SCOTT	#1	Central MethodiA	B 13.81	(1.8)	4/7
2	3	Gizel CLAYTON	#1	Central MethodiA	B 13.83	(0.8)	3/24
3	13	Tajanique BELL	#9	Baker (Kan.)	A: B 14.40	(0.8)	3/31
4	18	Keiana NEWMAN	#6	Friends (Kan.)	B 14.56	(-0.1)	3/30
5	33	Ally SWAIM		Central Baptist (	14.93w	(2.1)	4/6
6	34	Jocelyn JENKINS	#2	MidAmerica Naz	14.95w	(2.4)	4/13
7	40	JayOnna PERRY	#7	Ottawa (Kan.)	15.13	(0.6)	3/23
8	45	Renee FINKE	#1	Central Methodi	15.19w	(2.5)	4/14
9	56	Trinity WISBY	#12	Langston (Okla.)	15.38	(1.1)	4/7
9	56	Irian PADULLES	#6	Friends (Kan.)	15.38c	(15.34A) (1	3/18

Women's 200 Meters

1	5	Nikiwe MONGWE	#2	MidAmerica NazA	B 24.02	(-1.2)	4/13
2	17	Jaelynn WILLIAMS	#8	Texas Wesleyan A	B 24.64	(1.2)	3/24
3	21	Malaisha CARTWRIGHT	#20	UNT Dallas	24.81	(0.1)	4/8
4	23	Jaylen KNIGHT	#6	Friends (Kan.)	24.86	(-0.8)	4/7
5	26	Gizel CLAYTON	#1	Central Methodi	24.90	(1.4)	3/31
6	27	Darly CAMILO-MONTENEGRO	#1	Central Methodi	24.96	(1.4)	3/31
6	27	Kiana KEBBI	#10	Our Lady of the I	24.96	(0.6)	3/24
8	48	Darnee WILLIAMS	#25	Wiley (Texas)	25.40w	(2.2)	3/17
9	53	Christina GREEN	#21	Huston-Tillotso	25.49w	(3.4)	4/14
10	59	Shawna SMITH	#11	Oklahoma City	25.60	(-2.4)	4/14

Women's 400 Meters

1	7	Nikiwe MONGWE	#2	MidAmerica NazA	B 55.90		4/8
2	17	Darly CAMILO-MONTENEGRO	#1	Central Methodi	B 57.12		3/24
3	20	Jaylen KNIGHT	#6	Friends (Kan.)	B 57.20		3/24
4	32	JayOnna PERRY	#7	Ottawa (Kan.)	57.71		4/7
5	39	Jaymee YELTON	#21	Huston-Tillotso	58.10		3/24
6	46	Kendra BLAYLOCK	#6	Friends (Kan.)	58.43		4/7
7	49	Autumn ROBERTS	#10	Our Lady of the I	58.56		3/24
8	50	Vanessa PEREZ		Oklahoma Wesle	58.66		3/30
9	53	Jena HAHLBECK	#19	Park (Mo.)	58.85		4/14
10	62	Daizy SOLIR	#2	MidAmerica Naz	59.15		4/8

Women's 400 Meter Hurdles

1	7	JayOnna PERRY	#7	Ottawa (Kan.)	A: B 1:02.66		3/23
2	12	Tajanique BELL	#9	Baker (Kan.)	B 1:04.30		3/25
3	19	Jasmin JOHNSON	#18	Philander Smith	1:05.34		4/14
4	22	Jocelyn JENKINS	#2	MidAmerica Naz	1:05.40		4/13
5	24	Kourtney WARREN	#6	Friends (Kan.)	1:05.50		4/7
6	25	Lasharia GORDON	#8	Texas Wesleyan	1:05.57		4/14
7	26	Kailey JOHNSON	#1	Central Methodi	1:05.61		4/14
8	28	Yanira DEANA PANINKA	#1	Central Methodi	1:05.77		4/7
9	32	Abigail GOOD	#16	Evangel (Mo.)	1:06.08		4/14
10	34	Moriah SHAW	#6	Friends (Kan.)	1:06.34		3/30

Women's 800 Meters

1	9	Darly CAMILO-MONTENEGRO	#1	Central Methodi	B 2:14.74		4/7
2	11	Jena HAHLBECK	#19	Park (Mo.)	B 2:15.18		3/30
3	16	Jaymee YELTON	#21	Huston-Tillotso	B 2:15.73		4/14
4	18	Caroline COBO	#4	Benedictine (Ka	2:16.10		3/23
5	19	Rianna VIDALES	#8	Texas Wesleyan	2:16.19		4/8
6	33	Ashlei MCDONALD	#8	Texas Wesleyan	2:18.56		4/14
7	34	Cailen JOLLEY	#11	Oklahoma City	2:18.59		4/14
8	35	Deandra IBARRA	#10	Our Lady of the I	2:18.69		3/24
9	38	Alyssa ARMENDARIZ	#3	Saint Mary (Kan.	2:19.00		3/25
10	45	Kennedy VILLALPANDO	#10	Our Lady of the I	2:19.80		3/24

Women's 1500 Meters

1	15	Ashlei MCDONALD	#8	Texas Wesleyan	4:41.78		4/8
2	29	Danielle ALLISON	#17	Tabor (Kan.)	4:45.24		3/23
3	30	Caroline COBO	#4	Benedictine (Ka	4:45.33		4/13
4	33	Maddy WALTER-SHERRETTS	#3	Saint Mary (Kan.	4:45.76		3/23
5	45	Caroline GILES	#6	Friends (Kan.)	4:48.29		3/30
6	49	Riley HIEBERT	#3	Saint Mary (Kan.	4:49.01		3/23
7	52	Kate MADSEN	#3	Saint Mary (Kan.	4:49.33		3/23
8	64	Alyssa ARMENDARIZ	#3	Saint Mary (Kan.	4:50.64		3/25
9	72	Harley NALE	#5	William Woods (	4:51.60		4/7
10	78	Louise COCKING	#11	Oklahoma City	4:52.25		4/14

Women's Steeplechase

1	3	Alyssa ARMENDARIZ	#3	Saint Mary (KanA	B 10:58.79		4/13
2	4	Mia REED	#13	Missouri BaptistA	B 11:02.45		4/1
3	9	Caroline GILES	#6	Friends (Kan.)	A: B 11:16.99		4/13
4	12	Ellie DIMOND	#5	William Woods (	B 11:19.40		4/14
5	13	Reagan HIEBERT	#3	Saint Mary (Kan.	B 11:20.27		4/13
6	16	Harley NALE	#5	William Woods (	B 11:25.64		4/14
7	18	Caroline COBO	#4	Benedictine (Ka	11:30.54		3/23
8	21	Brooke WIEBE	#17	Tabor (Kan.)	11:34.09		4/7
9	34	Ashlei MCDONALD	#8	Texas Wesleyan	12:04.94		3/30
10	42	Madalenn FEE		Cottey (Mo.)	12:18.06		4/14



Regional TFRI Event Summary

as of 4/17/2023 6:41:25 AM

South Central

Women's 5000 Meters

1	7	Alyssa ARMENDARIZ	#3 Saint Mary (Kan.)	A:16:54.15	4/1
2	11	Reagan HIEBERT	#3 Saint Mary (Kan.)	A:17:18.32	4/1
3	22	Danielle ALLISON	#17 Tabor (Kan.)	B:17:35.44	4/1
4	23	Caroline GILES	#6 Friends (Kan.)	B:17:39.63	4/7
5	31	Kate MADSEN	#3 Saint Mary (Kan.)	17:52.02	3/31
6	36	Maddy WALTER-SHERRETTS	#3 Saint Mary (Kan.)	18:03.99	3/31
7	39	Louise COCKING	#11 Oklahoma City	18:08.76	4/7
8	44	Riley HIEBERT	#3 Saint Mary (Kan.)	18:13.06	3/31
9	52	Natasha ORTIZ	#4 Benedictine (Kan.)	18:20.91	3/23
10	57	Alicia ENGELBRECHT	#5 William Woods (Mo.)	18:32.63	3/24

Women's 10,000 Meters

1	15	Kate MADSEN	#3 Saint Mary (Kan.)	A:37:19.68	4/13
2	28	Natasha ORTIZ	#4 Benedictine (Kan.)	38:57.44	4/14
3	29	Mekayla GIBSON	#5 William Woods (Mo.)	38:59.56	4/7
4	41	Kayla CORYEA	#14 Saint Mary-of-the-Woods (Mo.)	39:43.30	4/7
5	59	Sarays FLORES	#8 Texas Wesleyan	41:22.00	4/14
6	65	Kyia WEISBROD	#24 Williams Baptist	41:47.11	3/31
7	68	Quinlan TEAGUE	#14 Saint Mary-of-the-Woods (Mo.)	42:01.78	4/7
8	70	Lily MENGhini	#4 Benedictine (Kan.)	42:09.75	4/14
9	87	Haley HERNANDEZ	#13 Missouri Baptist	43:44.23	3/31
10		Taylor RECHENMACHER	Cottey (Mo.)	46:43.07	4/14

Women's 5000m Race Walk

1	12	Baileigh MORRIS	#1 Central Methodist	29:40.11	3/31
2	30	Olivia SIEFKER	#2 MidAmerica Nazarene	42:19.47	3/31
3	31	Gracie ENOCHS	#2 MidAmerica Nazarene	42:19.58	3/31

Women's 4x100 Relay

1	15	Janiah NICHOLSON, Nikiwe MONGWE, Nala BURNS, Daizy SOLIR	#2 MidAmerica Nazarene	A:47.48	4/13
2	16	https://www.tfrrs.org/teams/66848	#10 Our Lady of the Lake	A:47.73	3/29
3	26	Jasmine HENDERSON, Zaira SPENCER, Lexi WARDLOW, Gretchen RANEY	#3 Saint Mary (Kan.)	48.53	3/30
4	27	Alysa HENDERSON, Yarnia EVANS, Lasharia GORDON, Jaelynn WILLIAMS	#8 Texas Wesleyan	48.54	3/24
5	30	Lily BLANKENSHIP, Rachel BOOKER, Kyah HILL, Laurny TERRY	#22 Southwestern (Mo.)	48.64	3/30
6	35	Tamara BEASLEY, Laci CAMPBELL, Tennille FRENCH, Kiana JOHNSON	#23 Jarvis Christian	48.88	4/6
7	41	Calijah PEAY, Teran ROGERS, Layla JEMERSON, Malaisha CARTWRIGHT	#20 UNT Dallas	49.11	3/17
8	42	Jaci STONE, Savannah LEWIS, Alyssa WINTERSTEIN, Hope MCGUIRE	#14 Saint Mary-of-the-Woods (Mo.)	49.17	4/13
9	43	https://www.tfrrs.org/teams/1881	#7 Ottawa (Kan.)	49.21	4/13
10	46	Darnee WILLIAMS, Shakayla CARTER, Michel VILLARREAL, Meeyasha TUTT-MOOTOUO	#25 Wiley (Texas)	49.36	4/14



Regional TFRI Event Summary

as of 4/17/2023 6:41:26 AM

South Central

Women's 4x400 Relay

1	5	Darly CAMILO-MONTENEGRO, Tre'Breh SCOTT, Sakoya JOHNSON, Kjirsten GUILFORD	#1 Central Methodist	3:49.98	3/24
2	12	Destiny ESCOBAR, Jordyn WEEMS, JayOnna PERRY, Mumina MILLINGTON	#7 Ottawa (Kan.)	3:58.07	3/23
3	15	Alexandria SEGURA, Autumn ROBERTS, Brianna PANTOJA, Kennedy VILLALPANDO	#10 Our Lady of the I	3:59.13	4/15
4	19	Daizy SOLIR, Nikiwe MONGWE, Jocelyn JENKINS, Stella WHALEN	#2 MidAmerica Naz	4:00.35	3/31
5	23	Ayanna ALLEN, Ja'Niesha COLLINS, Jasmin JOHNSON, Dajanae SHAW	#18 Philander Smith	4:03.84	3/24
6	29	Kentayshija PRUITT, Rachel BOOKER, Laurn Terry, Meliah HANNA	#22 Southwestern (I	4:05.15	4/7
7	31	Lasharia GORDON, Jaelynn WILLIAMS, Ashlei MCDONALD, Allison DALZELL	#8 Texas Wesleyan	4:06.21	4/14
8	33	Shawna SMITH, Cailen JOLLEY, Florencia CABRERA, Erika PENA	#11 Oklahoma City	4:06.87	4/14
9	41	Alison AMBUUL, Antonia SMITH, Tatiana SMITH, Brynna GORMLEY	#4 Benedictine (Ka	4:10.08	3/25
10	44	Carissa MARTIN, Zaira SPENCER, Gretchen RANEY, Lexi WARDLOW	#3 Saint Mary (Kan.	4:10.67	3/30

Women's 4x800 Relay

1	5	Alyssa ARMENDARIZ, Riley HIEBERT, Reagan HIEBERT, Maddy WALTER-SHERRETTS	#3 Saint Mary (Kan.	9:29.54	4/13
2	11	Caroline COBO, Gemma DOWNEY, Alison AMBUUL, Siena MICHAEL	#4 Benedictine (Ka	9:46.55	4/13
3	18	Ja'Niesha COLLINS, Ayanna ALLEN, Dajanae SHAW, Jasmin JOHNSON	#18 Philander Smith	10:13.08	4/14
4	21	Harley NALE, Ellie DIMOND, Emma CLIFFORD, Alicia ENGELBRECHT	#5 William Woods (	10:20.13	3/31
5	25	Heidi THOMAS, Brianna WHITEHORSE, Tiajhae NEZ, Kiara IRON HEART	Haskell (Kan.)	10:50.38	4/13
6	26	Rachel STERNER, Jana LANDRETH, Samantha SLIFE, Haley THOMPSON	#9 Baker (Kan.)	10:54.89	3/25
7	28	Mikaela FABEY, Kiana GARCIA, Tessa FEAZEL, Hannah HAYDUK	Cotley (Mo.)	11:29.99	3/25
8	31	Abby BAXTER, Sophie EASTHAM, Alyssa MCPIKE, Mikayla SHERRILL	St. Louis Pharm:	12:44.38	4/7

Women's High Jump

1	3	Renee FINKE	#1 Central Methodist	1.70m	5-7	4/7
2	6	Delaney MILLER	#1 Central Methodist	1.67m	5-5¾	4/14
3	8	Carly LINDENMEYER	#2 MidAmerica Naz	1.65m	5-5	4/13
4	27	Kaylee CLARK	#24 Williams Baptist	1.60m	5-3	3/31
5	32	Jordyn LOWRIE	#17 Tabor (Kan.)	1.59m	5-2½	4/7
6	45	Nykeriah ALLEN	#4 Benedictine (Ka	1.56m	5-1¼	4/14
7	48	Hannah EVANS	#16 Evangel (Mo.)	1.55m	5-1	3/31
7	48	Brooklyn TAYLOR	SAGU (Texas)	1.55m	5-1	4/14
9	71	Skyler ROBBINS	John Brown (Ar	1.53m	5-¼	4/8
10	81	Crystal RUDEN	#5 William Woods (	1.51m	4-11½	4/14



Regional TFRI Event Summary

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South Central

Women's Pole Vault

1	30	Alaina SCOTT	#13	Missouri Baptist	3.37m	11-¾	4/14
2	35	Carter HAWKINS	#1	Central Methodist	3.27m	10-8¾	4/7
3	43	Krislynn BAILEY	#14	Saint Mary-of-the	3.20m	10-6	3/31
4	52	Aaliyah RAMIREZ	#6	Friends (Kan.)	3.13m	10-3¼	3/30
5	55	Gwen SHUGART	#3	Saint Mary (Kan.)	3.07m	10-¾	4/14
6	56	Brynna HALATA	#6	Friends (Kan.)	3.05m	10-0	4/7
7	67	Maci HUBBARD		John Brown (Ark.)	2.98m	9-9¼	3/30
8	73	Heather HARBISON	#5	William Woods (Mo.)	2.92m	9-7	4/7
9	78	Kloe SIMONS	#22	Southwestern (Mo.)	2.89m	9-5¾	3/25
10	81	Allyson MARLOW	#24	Williams Baptist	2.80m	9-2¼	3/31
10	81	Amara REICHERT	#1	Central Methodist	2.80m	9-2¼	3/31

Women's Long Jump

1	10	Chasity VEALS	#12	Langston (Okla.)	5.75m	18-10½	2	4/14
2	15	Kelsey DRAPEAU		Southwestern (Mo.)	5.68m	18-7¾	(0.0)	3/24
3	18	Carly LINDENMEYER	#2	MidAmerica Nazarene	5.66m	18-7	(0.0)	3/31
4	31	Lily ASHRAFZADEH	#15	Columbia (Mo.)	5.51m	18-1	(0.1)	3/24
5	36	Myiah LOGUE		Bethel (Kan.)	5.47m	17-11½	2	4/15
6	39	Alysa HENDERSON	#8	Texas Wesleyan	5.45m	17-10¾	(0.0)	3/24
7	48	Meeyasha TUTT-MOOTOUO	#25	Wiley (Texas)	5.38m	17-8	(2.0)	3/24
8	50	Reanna GREEN	#2	MidAmerica Nazarene	5.37m	17-7½	(0.0)	3/31
9	56	Cassie COOLONG		Southwestern (Mo.)	5.32m	17-5½	(0.0)	3/24
9	56	Naomi KILSON	#9	Baker (Kan.)	5.32m	17-5½	(1.3)	4/8
9	56	Maegan SALEH	#13	Missouri Baptist	5.32m	17-5½	(2.0)	3/24

Women's Triple Jump

1	5	Chasity VEALS	#12	Langston (Okla.)	11.99m	39-4	(1.7)	4/7
2	14	Ahmia DORSEY	#12	Langston (Okla.)	11.60m	38-¾	(0.0)	3/30
3	29	Angel EDWARDS	#12	Langston (Okla.)	11.24m	36-10½	(0.0)	4/15
4	34	Nyah EARL		Harris-Stowe State	11.11m	36-5½	(1.0)	3/24
5	38	Madeline BURTON	#15	Columbia (Mo.)	11.07m	36-4	(0.7)	3/24
6	41	Amy KAMTIO	#9	Baker (Kan.)	11.02m	36-2	(0.1)	4/8
7	47	Hayley LOEWEN	#2	MidAmerica Nazarene	10.96m	35-11½	(1.0)	3/31
8	48	Carissa MARTIN	#3	Saint Mary (Kan.)	10.94m	35-10¾	(0.0)	3/23
8	48	Jacee WILSON	#16	Evangel (Mo.)	10.94m	35-10¾	(3.0)	3/17
8	48	Myiah LOGUE		Bethel (Kan.)	10.94m	35-10¾	(2.0)	4/15

Women's Shot Put

1	9	Katie FRENCH	#5	William Woods (Mo.)	13.69m	44-11	4/7
2	16	Daryn BATTS	#11	Oklahoma City	13.43m	44-¾	4/14
3	17	Baylee BEARD	#1	Central Methodist	13.40m	43-11¾	3/31
4	18	Laurel BARBER	#7	Ottawa (Kan.)	13.20m	43-3¾	4/13
5	22	Victoria LOTZ	#2	MidAmerica Nazarene	13.03m	42-9	4/13
6	32	Kaylyn POWERS		Hannibal-LaGrange	12.63m	41-5¼	4/15
7	43	Elizabeth STOUT		Kansas Wesleyan	12.45m	40-10¼	4/7
8	44	Danielle NOBLE		Southwestern (Mo.)	12.44m	40-9¾	3/24
9	47	Shonase COLLINS	#20	UNT Dallas	12.30m	40-4¼	4/8
10	61	Madison SUTTON	#4	Benedictine (Kan.)	12.05m	39-6½	3/25
10	61	Keshuna BYRD	#23	Jarvis Christian	12.05m	39-6½	4/13

Women's Discus

1	8	Katie FRENCH	#5	William Woods (Mo.)	44.84m	147-2	4/14
2	9	Victoria LOTZ	#2	MidAmerica Nazarene	44.65m	146-6	3/31
3	11	Madison SUTTON	#4	Benedictine (Kan.)	44.43m	145-9	3/25
4	38	Deja DELAINE	#7	Ottawa (Kan.)	40.95m	134-4	4/7
5	39	Kali BROWN	#1	Central Methodist	40.77m	133-9	4/14
6	47	Keshuna BYRD	#23	Jarvis Christian	39.54m	129-9	3/31
7	55	Karli WOLFE	#1	Central Methodist	39.11m	128-4	4/7
8	56	Kaylyn POWERS		Hannibal-LaGrange	38.82m	127-5	4/15
9	61	Jacy ANDERSON	#9	Baker (Kan.)	38.30m	125-8	3/25
10	72	Julie COFFEY	#9	Baker (Kan.)	37.68m	123-8	4/8

Women's Hammer

1	11	Baylee BEARD	#1	Central Methodist	51.20m	168-0	3/31
2	12	Madison SUTTON	#4	Benedictine (Kan.)	51.12m	167-9	4/13
3	26	Katie FRENCH	#5	William Woods (Mo.)	48.22m	158-3	4/14
4	34	Kaylyn POWERS		Hannibal-LaGrange	47.19m	154-10	4/15
5	36	Macie ABLES		Missouri Valley	46.99m	154-2	4/14
6	40	Deja DELAINE	#7	Ottawa (Kan.)	45.95m	150-9	4/15
7	43	Abby GREEN	#6	Friends (Kan.)	45.42m	149-0	3/30
8	50	Naiyah LANDRUM	#19	Park (Mo.)	44.82m	147-1	4/14
9	54	Karli WOLFE	#1	Central Methodist	44.77m	146-11	4/7
10	58	Victoria LOTZ	#2	MidAmerica Nazarene	44.50m	146-0	3/25

Women's Javelin

1	4	Laurel BARBER	#7	Ottawa (Kan.)	44.08m	144-8	3/23
2	8	Madeline BURTON	#15	Columbia (Mo.)	42.73m	140-2	3/24
3	11	Taylor CLAUSSEN		Bethany (Kan.)	42.11m	138-2	3/25
4	17	Natalie THOMAS	#5	William Woods (Mo.)	39.55m	129-9	3/24
5	25	Ellie EMERSON	#5	William Woods (Mo.)	38.17m	125-3	4/14
6	27	Kiana ORTIZ		Culver-Stockton	38.08m	124-11	4/7
7	30	Zoe SALAZAR		Oklahoma Panhandle	37.74m	123-10	4/6
8	48	Grace GODARD	#4	Benedictine (Kan.)	35.50m	116-6	4/14
9	62	Konlynn DRUSE	#3	Saint Mary (Kan.)	33.93m	111-4	3/23
10	65	Melanie HUBBS		Culver-Stockton	33.78m	110-10	3/31

Women's Heptathlon

1	27	Paige SCHMID	#4	Benedictine (Kan.)	3,458	3/23
2	33	Leah SATTLER	#4	Benedictine (Kan.)	3,144	3/23
3	35	Stephanie TOWLE	#11	Oklahoma City	3,072	3/24
4	42	Ella MARGHEIM	#2	MidAmerica Nazarene	2,811	4/13
5	46	Madison BLANCH		SAGU (Texas)	2,647	3/24



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West

Women's 100 Meters

1	10	Hanna SOBKOWICH	#1	British Columbia	A: 11.86w	(3.3)	4/13
2	34	Armiyah JOHNSON	#2	Vanguard (Calif.)	12.12	(0.6)	4/13
3	44	Dorothy JACKSON	#2	Vanguard (Calif.)	12.19w	(2.1)	3/25
4	48	Emma RASTAD	#1	British Columbia	12.23w	(2.7)	4/14
5	57	Eryn BURKE	#2	Vanguard (Calif.)	12.30w	(2.1)	3/25
6	60	Jordyn BURKE	#2	Vanguard (Calif.)	12.31	(0.6)	4/8
7	68	Charlotte WILLIAMS	#9	Westmont (Calif.)	12.37	(1.5)	3/18
8	71	Zhanna EDWARDS	#20	Park (Ariz.)	12.38w	(2.1)	4/8
9	73	Brooke DALGITY	#2	Vanguard (Calif.)	12.40	(1.0)	4/13
10	78	Nohemi ANDERSON	#2	Vanguard (Calif.)	12.46w	(2.6)	3/25

Women's 100 Meter Hurdles

1	10	Madigan KELLY	#5	Lewis-Clark State	A: 14.22	(-1.5)	3/18
2	24	Rebecca DUTCHAK	#1	British Columbia	14.76	(0.8)	4/13
3	35	Penelopi LEACH	#2	Vanguard (Calif.)	15.03	(1.7)	3/18
4	38	Nia COLLINS	#6	Southern Oregon	15.10	(0.7)	3/17
5	41	Erica WASEQ	#12	William Jessup (	15.14	(1.4)	4/7
6	42	Sara HATHAWAY	#5	Lewis-Clark Stat	15.15	(0.7)	3/23
7	44	Morgan BAYES	#3	Eastern Oregon	15.18	(-0.3)	3/24
8	54	Ashley BRITT	#5	Lewis-Clark Stat	15.35	(-1.5)	3/18
9	64	Olleca SEVERSON	#8	Montana Tech	15.49	(0.3)	4/7
10	65	Abi STEVENS	#6	Southern Oregon	15.53	(0.7)	3/30

Women's 200 Meters

1	11	Hanna SOBKOWICH	#1	British Columbia	A: 24.43w	(2.3)	4/13
2	13	Eryn BURKE	#2	Vanguard (Calif.)	A: 24.49	(1.3)	3/18
3	32	Brooke DALGITY	#2	Vanguard (Calif.)	25.08w	(2.2)	4/13
4	38	Jordyn BURKE	#2	Vanguard (Calif.)	25.20	(1.7)	3/18
5	52	Charlotte WILLIAMS	#9	Westmont (Calif.)	25.45	(0.4)	3/18
6	66	Yahaira CHAVARRIA	#3	Eastern Oregon	25.68	(0.9)	4/15
6	66	Anika GROGAN	#5	Lewis-Clark Stat	25.68	(1.0)	4/13
8	90	Nohemi ANDERSON	#2	Vanguard (Calif.)	25.86	(1.0)	3/18
9	97	Madigan KELLY	#5	Lewis-Clark Stat	25.91	(0.9)	4/7
10		Elizabeth BETTEN	#2	Vanguard (Calif.)	25.96	(-1.0)	2/3

Women's 400 Meters

1	2	Eryn BURKE	#2	Vanguard (Calif.)	A: 54.89		4/8
2	15	Brooke DALGITY	#2	Vanguard (Calif.)	B 57.02		4/8
3	21	Cayla SMITH	#1	British Columbia	B 57.21		4/13
4	30	Jordyn BURKE	#2	Vanguard (Calif.)	57.52		3/18
5	31	Elizabeth BETTEN	#2	Vanguard (Calif.)	57.61		4/8
6	33	Emily COLLINS	#5	Lewis-Clark Stat	57.85		4/7
7	44	Anika GROGAN	#5	Lewis-Clark Stat	58.40		3/23
8	45	Siena KECK	#9	Westmont (Calif.)	58.41		4/8
9	46	Paige BAXSTRESSER	#11	Carroll (Mont.)	58.43c	(58.32A)	4/14
10	64	Lauryn MITCHELL	#3	Eastern Oregon	59.27		4/7

Women's 400 Meter Hurdles

1	4	Jordyn BURKE	#2	Vanguard (Calif.)	A: 1:01.99		3/25
2	9	Ashley BRITT	#5	Lewis-Clark Stat	A: 1:03.14		4/7
3	10	Morgan BAYES	#3	Eastern Oregon	B 1:03.40		4/7
4	21	Nia COLLINS	#6	Southern Oregon	1:05.37		3/17
5	29	India ORTIZ	#6	Southern Oregon	1:05.84		3/17
6	33	Sara HATHAWAY	#5	Lewis-Clark Stat	1:06.29		3/18
7	53	Abigail STRICKLAND	#17	Evergreen State	1:07.93		3/10
8	61	Sydney PECK	#3	Eastern Oregon	1:08.40		3/18
9	65	Olleca SEVERSON	#8	Montana Tech	1:08.52c	(1:08.41A)	3/24
10	72	Sierra JANIKOWSKI	#14	Bushnell (Ore.)	1:09.19		3/30

Women's 800 Meters

1	1	Rachel MORTIMER	#1	British Columbia	A: 2:08.61		4/13
2	3	Holly MACGILLIVRAY	#1	British Columbia	A: 2:10.58		4/13
3	4	Abbey SHIRTS	#4	College of Idaho	A: 2:10.86		4/7
4	8	Michelle HERBES	#3	Eastern Oregon	A: 2:14.02		4/7
5	9	Lauryn MITCHELL	#3	Eastern Oregon	B 2:14.74		4/14
6	12	Sydney LITTLE LIGHT	#15	Rocky Mountain	B 2:15.21c	(2:15.58A)	3/19
7	17	Geraldine CORREA	#5	Lewis-Clark Stat	B 2:15.98		4/13
8	24	Hannah FREDERICKS	#10	The Master's (Ca	2:17.25		4/8
9	29	Ellen PALMGREN	#10	The Master's (Ca	2:18.22		4/13
10	31	Katie Jo GEBHARDT	#3	Eastern Oregon	2:18.41		4/14

Women's 1500 Meters

1	1	Holly MACGILLIVRAY	#1	British Columbia	A: 4:17.60		4/13
2	2	Rachel MORTIMER	#1	British Columbia	A: 4:20.51		4/13
3	4	Hannah FREDERICKS	#10	The Master's (Ca	A: 4:30.40		3/11
4	5	Abbey SHIRTS	#4	College of Idaho	A: 4:31.97		3/24
5	7	Michelle HERBES	#3	Eastern Oregon	A: 4:32.58		4/14
6	8	Kyla BECKER	#1	British Columbia	A: 4:32.93		4/8
7	10	Sage MARTIN	#4	College of Idaho	A: 4:35.64		4/15
8	12	Kiana GIBSON	#1	British Columbia	B 4:37.76		4/8
9	18	Josephine BANKS	#16	Embry-Riddle (A	4:42.08		4/8
10	19	Emma TIMMERMANS	#22	Hope Internatio	4:42.59		4/8

Women's Steeplechase

1	1	Sage MARTIN	#4	College of Idaho	A: 10:34.90		4/7
2	2	Jamie HENNESSEY	#1	British Columbia	A: 10:35.77		3/25
3	7	Larissa MAUER	#4	College of Idaho	A: 11:15.27		4/7
4	10	Lauren FORSTER	#6	Southern Oregon	A: 11:17.13		3/30
5	22	Josephine GREGORY	#16	Embry-Riddle (A	11:36.15		4/8
6	24	Carlin MANNING	#8	Montana Tech	11:39.86		4/7
7	27	Savannah GANTER	#16	Embry-Riddle (A	11:41.60		4/8
8	30	Abigail HUNDLEY	#9	Westmont (Calif	11:47.19		4/8
9	31	Ariz DUARTE	#21	Arizona Christia	11:50.03		3/17
10	43	Hannah SEMPFF	#11	Carroll (Mont.)	12:19.19		4/7



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West

Women's 5000 Meters

1	1	Kiana GIBSON	#1	British Columbia	A:B 16:22.04	3/25
2	2	Katie NEWLOVE	#1	British Columbia	A:B 16:27.09	3/25
3	3	Marley BECKETT	#1	British Columbia	A:B 16:28.58	3/25
4	4	Kyla BECKER	#1	British Columbia	A:B 16:33.40	3/25
5	5	Hannah FREDERICKS	#10	The Master's (Ca)	B 16:46.18	4/13
6	6	Sage MARTIN	#4	College of Idaho	A:B 16:48.00	3/24
7	13	Sydney LITTLE LIGHT	#15	Rocky Mountain	A:B 17:21.93c (17:35.16A)	3/31
8	14	Ellyse TINGELSTAD	#4	College of Idaho	A:B 17:22.70	4/7
9	19	Emma TIMMERMANS	#22	Hope Internatio	B 17:33.95	4/13
10	21	Autumn NOOTBAAR	#10	The Master's (Ca)	B 17:35.17	4/13

Women's 10,000 Meters

1	1	Marley BECKETT	#1	British Columbia	A:B 34:22.91	4/13
2	2	Kyla BECKER	#1	British Columbia	A:B 35:35.96	4/13
3	4	Ellyse TINGELSTAD	#4	College of Idaho	A:B 35:41.88	3/30
4	10	Autumn NOOTBAAR	#10	The Master's (Ca)	B 37:09.50	3/24
5	13	Haylee BRODAHL	#6	Southern Orego	A:B 37:16.19	3/30
6	16	Alejandra LOPEZ	#6	Southern Orego	A:B 37:24.97	3/30
7	21	Kimberly PAGE	#10	The Master's (Ca)	B 37:44.68	3/24
8	22	Azalea PRINCE	#12	William Jessup (	B 37:48.05	3/30
9	24	Molly CONNOR	#4	College of Idaho	B 38:06.82	4/7
10	25	Taya BREWER	#23	Montana Wester	38:29.23	4/7

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	#1	British Columbia	A:B 23:03.90	3/25
2	3	Joan LU	#1	British Columbia	A:B 25:20.60	3/25
3	4	Cassidy CARDLE	#1	British Columbia	A:B 25:28.71	3/25
4	14	Mariah HILDEBRANDT	#10	The Master's (Ca)	29:58.14	3/25
5	16	Allie METHUM	#10	The Master's (Ca)	30:30.95	3/25

Women's 4x100 Relay

1	5	Dorothy JACKSON, Eryn BURKE, Jordyn BURKE, Armiyah JOHNSON	#2	Vanguard (Calif.)	A:B 46.46	4/8
2	17	Emma RASTAD, Cayla SMITH, Sonya URBANOWICZ, Hanna SOBKOWICH	#1	British Columbia	B 47.87	4/13
3	25	Charlotte BOWMAN, Addison TRENT, Sage WOOD, Chloe BARYLSKI	#4	College of Idaho	48.41	4/15
4	32	Yahaira CHAVARRIA, Morgan BAYES, Sydney PECK, Katie BROWN	#3	Eastern Oregon	48.74	4/15
5	33	Ashley BRITT, Emily COLLINS, Madigan KELLY, Sara HATHAWAY	#5	Lewis-Clark Stat	48.76	4/15
6	39	Mollee CONLAN, Jadyn VERMILLION, Emily RATZ, Natylia JACOBSON	#8	Montana Tech	49.06c (48.94A)	4/14
7	49	Jordyn ESPINOZA, Zhanna EDWARDS, Nardia PADILLA, Jaiden CANADY	#20	Park (Ariz.)	49.60	4/8
8	50	McKenna PHILLIPS, Jaiden RODRIGUES, Olivia CLARK, Charlotte WILLIAMS	#9	Westmont (Calif)	49.64	3/25
9	52	Adrienne MAI, Janea ROBERTSON, Madeline DESEMONE, Sarah PHILLIPS	#14	Bushnell (Ore.)	49.69	4/14
10	59	India COLLINS, India ORTIZ, Nia COLLINS, Aayzia DUMAS	#6	Southern Orego	50.04	4/1



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West

Women's 4x400 Relay

1	8	Elizabeth BETTEN, Jordyn BURKE, Penelopi LEACH, Eryn BURKE	#2	Vanguard (Calif.)	A: 3:53.81	3/11
2	16	Abi STEVENS, Sarah MAUK, Aayzia DUMAS, India ORTIZ	#6	Southern Orego	3:59.24	4/14
3	21	Morgan BAYES, Sydney PECK, Lauryn MITCHELL, Michelle HERBES	#3	Eastern Oregon	4:01.09	4/7
4	25	Adrienne MAI, Olivia BAILON, Madeline DESEMONE, Janea ROBERTSON	#14	Bushnell (Ore.)	4:04.45	3/30
5	26	Emily RATZ, Kamryn COMBA, Hailee STILES, Hadassah WILSON	#8	Montana Tech	4:04.58c (4:04.14A)	4/14
6	34	Sage WOOD, Zoe BUTLER, Chloe BARYLSKI, Roby YOUNG	#4	College of Idaho	4:06.93	4/15
7	35	Paige BAXSTRESSER, Madalen SHIPMAN, Brooklyn SCHULTZ, London LAMBRECHT	#11	Carroll (Mont.)	4:07.25c (4:06.81A)	4/14
8	45	Julissa CASILLAS, Alexis JONES, Jennifer PEDRETTI, Jayden JACKSON	#12	William Jessup (	4:10.87	4/14
9	63	Kellan WAHL, Jenna HILLMAN, Tyne STOKES, Rylie SCHOENFELD	#15	Rocky Mountain	4:17.84c (4:17.40A)	3/19
10	66	Juliana BROWN, Kristi HIRTE, Jenna MILLER, Hero PETERS	#18	Corban (Ore.)	4:18.97	3/22

Women's 4x800 Relay

1	1	Hannah FREDERICKS, Suzie JOHNSON, Rebekah NIEDNAGEL, Ellen PALMGREN	#10	The Master's (Ca	A: 9:12.55	3/25
2	2	Katie NEWLOVE, Kyla BECKER, Holly MACGILLIVRAY, Rachel MORTIMER	#1	British Columbia	A: 9:15.27	3/25
3	7	Kate BARANSKI, Jessina MORALES, Karla SANCHEZ- RUIZ, Olivia FINCH	#2	Vanguard (Calif.	9:35.25	3/25
4	9	Siena KECK, Landon TORRES, Kari ANEMA, Abigail HUNDLEY	#9	Westmont (Calif	9:40.86	3/25
5	10	London LAMBRECHT, Madalen SHIPMAN, Kyle OLSON, Natalie YOCUM	#11	Carroll (Mont.)	9:41.72c (9:43.98A)	4/14
6	22	Kallyn WILKINS, Rylie SCHOENFELD, Tyne STOKES, Sydney LITTLE LIGHT	#15	Rocky Mountain	10:21.09c(10:23.50A)	4/14

Women's High Jump

1	7	Abi STEVENS	#6	Southern Orego B	1.66m	5-5½	4/7
2	19	Roby YOUNG	#4	College of Idaho	1.63m	5-4¼	4/15
3	22	Abby CLARK	#8	Montana Tech	1.62m	5-3¾	4/7
4	26	Madde BOLES	#11	Carroll (Mont.)	1.61m	5-3¼	4/7
5	32	terra BERTSCH	#7	Providence (Mo	1.59m	5-2½	4/7
6	35	Corona PARKER	#17	Evergreen State	1.58m	5-2¼	3/10
6	35	Lizzy GRANDLE	#3	Eastern Oregon	1.58m	5-2¼	3/30
8	39	Ally ODELL	#13	Oregon Tech	1.57m	5-1¾	4/8
9	45	Sara HATHAWAY	#5	Lewis-Clark Stat	1.56m	5-1¼	3/23
10	48	Lily SWEEN	#9	Westmont (Calif	1.55m	5-1	3/23
10	48	Sarah PIMBLETT	#1	British Columbia	1.55m	5-1	4/8
10	48	Karli BEDARD	#3	Eastern Oregon	1.55m	5-1	3/30

Women's Pole Vault

1	5	Sonya URBANOWICZ	#1	British Columbia	A: 3.80m	12-5½	3/25
2	10	terra BERTSCH	#7	Providence (Mo	A: 3.66m	12-0	4/14
3	14	Abby RUMOHR	#9	Westmont (Calif B	3.63m	11-10¾	4/8
4	19	Moriah CHIANG	#9	Westmont (Calif	3.48m	11-5	4/8
4	19	Britain POLK	#9	Westmont (Calif	3.48m	11-5	4/8
6	21	India ORTIZ	#6	Southern Orego	3.45m	11-3¾	3/17
6	21	Cynthia SMITH	#5	Lewis-Clark Stat	3.45m	11-3¾	3/18
8	33	Chloe GALLAGHER	#11	Carroll (Mont.)	3.35m	10-11¾	4/14
9	36	Kamden HILLBORN	#11	Carroll (Mont.)	3.25m	10-8	4/7
10	47	Jayden JACKSON	#12	William Jessup (	3.18m	10-5¼	3/30



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West

Women's Long Jump

1	5	Emma RASTAD	#1	British Columbia	A:B 5.78m	18-11¾ (0.3)	3/18
2	16	Gabriel PARINI	#7	Providence (Mont.)	B 5.67m	18-7¼ (2.8)	4/7
2	16	Rebecca DUTCHAK	#1	British Columbia	B 5.67m	18-7¼ (0.2)	3/18
4	26	Addison TRENT	#4	College of Idaho	5.59m	18-4¼ (3.2)	4/15
5	33	Jadyn VERMILLION	#8	Montana Tech	5.50m	18-½ (2.1)	3/31
6	36	Allison MACDONALD	#1	British Columbia	5.47m	17-11½ (-0.3)	3/18
7	39	Lily SWEEN	#9	Westmont (Calif.)	5.45m	17-10¾ (1.3)	3/23
8	42	Mayah PAPPAS	#14	Bushnell (Ore.)	5.41m	17-9 (2.0)	3/11
9	51	Abi STEVENS	#6	Southern Oregon	5.36m	17-7 (0.4)	3/30
10	60	Brooke WIRKKALA	#15	Rocky Mountain	5.31m	17-5¼ (4.0)	4/7
10	60	Princess BROWNE	#19	Multnomah (Ore.)	5.31m	17-5¼ (0.6)	4/14

Women's Triple Jump

1	7	Princess BROWNE	#19	Multnomah (Ore.)	A:B 11.80m	38-8¾ (0.0)	3/17
2	9	Allison MACDONALD	#1	British Columbia	B 11.74m	38-6¼ (-0.3)	4/14
3	31	Alexis JONES	#12	William Jessup (Calif.)	11.18m	36-8¼ (0.0)	3/30
4	32	Sienna BAUER	#6	Southern Oregon	11.14m	36-6¾ (3.8)	4/1
5	36	Naiya BEAUDIN	#8	Montana Tech	11.08m	36-4¼ (0.5)	3/31
6	51	Sydney ZYWINA	#5	Lewis-Clark State	10.91m	35-9½ (0.6)	4/13
7	60	Sara VANDERWYK	#4	College of Idaho	10.75m	35-3¼ (3.0)	4/15
8	61	Gabriel PARINI	#7	Providence (Mont.)	10.73m	35-2½ (3.0)	4/7
9	65	Anika PLOEGER	#8	Montana Tech	10.67m	35-½ (0.5)	4/14
10	72	Sophie LOVELESS	#11	Carroll (Mont.)	10.61m	34-9¾ (2.6)	4/7

Women's Shot Put

1	1	Maggie LEDBETTER	#3	Eastern Oregon	A:B 14.57m	47-9¾	4/15
2	13	Michelle DADSON	#1	British Columbia	B 13.50m	44-3½	4/14
3	30	Kenna WOODWARD	#3	Eastern Oregon	12.70m	41-8	4/15
4	38	Jessica PEDRETTI	#12	William Jessup (Calif.)	12.51m	41-½	4/7
5	39	Libby MATHIS	#14	Bushnell (Ore.)	12.50m	41-¼	4/14
6	40	Star HERRON	#4	College of Idaho	12.49m	40-11¾	4/15
7	61	Jaelah BUTLER	#2	Vanguard (Calif.)	12.05m	39-6½	4/8
8	66	kathryn EVANS	#7	Providence (Mont.)	12.01m	39-5	4/7
9	83	Andrea OSBON	#6	Southern Oregon	11.78m	38-7¾	4/1
10	91	Rebecca DUTCHAK	#1	British Columbia	11.71m	38-5	3/25

Women's Discus

1	15	tatiana MARTINEZ	#7	Providence (Mont.)	B 43.44m	142-6	4/7
2	20	Maggie LEDBETTER	#3	Eastern Oregon	B 42.69m	140-1	4/15
3	24	Calla HALDORSON	#7	Providence (Mont.)	B 42.48m	139-5	4/7
4	31	Jessica PEDRETTI	#12	William Jessup (Calif.)	41.31m	135-7	3/30
5	42	Allyson CONNER	#7	Providence (Mont.)	39.88m	130-10	4/7
6	44	Jaelah BUTLER	#2	Vanguard (Calif.)	39.65m	130-1	3/18
7	76	Avari BATT	#7	Providence (Mont.)	37.54m	123-2	4/7
8	84	Kayla BOTKIN	#11	Carroll (Mont.)	37.15m	121-11	4/7
9	87	Aaliyah ESPINOZA	#2	Vanguard (Calif.)	37.07m	121-8	3/25
10	92	Trinity HILL	#3	Eastern Oregon	36.73m	120-6	3/18

Women's Hammer

1	5	Allyson CONNER	#7	Providence (Mont.)	A:B 52.67m	172-10	4/7
2	6	Kenna WOODWARD	#3	Eastern Oregon	A:B 51.83m	170-1	4/15
3	7	Bella HALL	#1	British Columbia	A:B 51.76m	169-10	4/8
4	10	Michelle DADSON	#1	British Columbia	A:B 51.30m	168-4	3/18
5	14	Maggie LEDBETTER	#3	Eastern Oregon	A:B 50.55m	165-10	4/15
6	24	Lauren FRIESEN	#1	British Columbia	B 48.53m	159-3	4/17
7	25	Star HERRON	#4	College of Idaho	48.47m	159-0	4/15
8	47	Katie MULL	#13	Oregon Tech	44.92m	147-5	4/14
9	48	Jaelah BUTLER	#2	Vanguard (Calif.)	44.89m	147-4	3/11
10	51	Jessica PEDRETTI	#12	William Jessup (Calif.)	44.81m	147-0	3/10

Women's Javelin

1	1	Alex CONLEY	#13	Oregon Tech	A:B 46.11m	151-4	4/8
2	3	Micaiah SCOTT	#10	The Master's (Calif.)	B 45.66m	149-10	3/18
3	5	Allie BEST	#3	Eastern Oregon	A:B 43.45m	142-7	4/15
4	6	Giovanna JANES	#1	British Columbia	A:B 43.25m	141-11	4/13
5	7	Mckenzie CLARK	#7	Providence (Mont.)	A:B 43.10m	141-5	4/7
6	10	Brittan BRATSCHER	#13	Oregon Tech	A:B 42.24m	138-7	3/17
7	12	Jenna JORDAN	#8	Montana Tech	A:B 41.38m	135-9	3/31
8	13	Aarika BROOKS	#13	Oregon Tech	B 40.33m	132-4	3/17
9	15	Kea STIEGLITZ	#5	Lewis-Clark State	B 39.89m	130-11	4/15
10	20	Jenae USSELMAN	#14	Bushnell (Ore.)	38.87m	127-7	3/11

Women's Heptathlon

1	2	Rebecca DUTCHAK	#1	British Columbia	B 4,725		4/13
2	5	Abby CLARK	#8	Montana Tech	B 4,460		4/14
3	6	Abi STEVENS	#6	Southern Oregon	B 4,435		3/30
4	7	Lily SWEEN	#9	Westmont (Calif.)	B 4,433		3/23
5	8	Jayden JACKSON	#12	William Jessup (Calif.)	B 4,203		4/6
6	9	Lizzy GRANDLE	#3	Eastern Oregon	B 4,180		3/30
7	10	Sammy CONLEY	#3	Eastern Oregon	B 4,119		3/30
8	11	Penelopi LEACH	#2	Vanguard (Calif.)	B 4,101		3/23
9	13	Olleca SEVERSON	#8	Montana Tech	B 4,034		4/14
10	14	Ally ODELL	#13	Oregon Tech	B 4,028		3/30