



Conference TFRI Event Summary

as of 5/1/2023 7:21:46 AM

AAC

Women's 100 Meters

1	36	Myesha HALL	#4	Truett-McConne	12.10	(0.8)	4/21
2	46	Trinity GREGORY	#7	Columbia Intern	12.15	(1.6)	4/14
3	68	Paige MANNEY	#2	Tennessee Wesl	12.30	(0.7)	4/15
4	87	Aniecia GOSS	#2	Tennessee Wesl	12.39	(0.8)	4/21
5		Chaggie BASSAR	#2	Tennessee Wesl	12.47	(0.8)	4/21
6		Paris TURNER	#1	Montreat (N.C.)	12.59	(0.9)	4/1
7		Lauren GARRISON	#2	Tennessee Wesl	12.80	(1.9)	4/7
8		Adrianna GULLETTE	#1	Montreat (N.C.)	12.81	(-0.5)	4/21
9		Kerstyn THOMAS	#8	Reinhardt (Ga.)	12.82	(-0.5)	4/21
10		Amya ARNOLD	#4	Truett-McConne	12.86	(-0.5)	4/21
10		Jasmine JOHNSON	#3	Brenau (Ga.)	12.86	(1.2)	3/17

Women's 100 Meter Hurdles

1	13	Paige MANNEY	#2	Tennessee Wesl	14.23w	(2.2)	3/25
2	72	Crystal JONES	#7	Columbia Intern	15.39	(-1.4)	4/21
3		Emma BARNES	#1	Montreat (N.C.)	15.89	(-1.4)	4/21
4		Jayda BURKETT	#3	Brenau (Ga.)	16.05	(1.4)	4/21
5		Lauren GARRISON	#2	Tennessee Wesl	16.17	(-1.4)	4/21
6		Anna TASTINGER	#1	Montreat (N.C.)	16.36	(-1.4)	4/21
7		Madison ROOKER	#2	Tennessee Wesl	16.71	(-0.8)	4/15
8		Elajiah SMITH	#3	Brenau (Ga.)	16.82	(0.2)	4/21
9		Katie DICKEY	#1	Montreat (N.C.)	16.83	(-1.4)	4/21
10		Akia JEAN-PIERRE	#2	Tennessee Wesl	16.93	(1.4)	4/21

Women's 200 Meters

1	55	Myesha HALL	#4	Truett-McConne	25.33	(-1.3)	4/21
2		Trinity GREGORY	#7	Columbia Intern	25.79	(1.2)	4/1
3		Paris TURNER	#1	Montreat (N.C.)	25.85	(-0.4)	4/1
4		Chaggie BASSAR	#2	Tennessee Wesl	25.86	(-1.3)	4/21
5		Paige MANNEY	#2	Tennessee Wesl	26.09	(0.9)	4/21
6		Kamryn CHAMBLISS	#3	Brenau (Ga.)	26.32	(-1.2)	4/7
7		Aniecia GOSS	#2	Tennessee Wesl	26.42w	(3.1)	4/7
8		Esther NAKANWAGI	#4	Truett-McConne	26.45	(-1.3)	4/21
9		Adrianna GULLETTE	#1	Montreat (N.C.)	26.65	(1.2)	4/1
10		Emma BARNES	#1	Montreat (N.C.)	26.66	(-1.3)	4/21

Women's 400 Meters

1	86	Chaggie BASSAR	#2	Tennessee Wesl	59.22		4/21
2		Jaeva RIDLEY	#3	Brenau (Ga.)	59.67		4/21
3		Esther NAKANWAGI	#4	Truett-McConne	1:00.25		4/21
4		Megan CHRISTIAN	#5	Milligan (Tenn.)	1:00.77		4/21
5		Grace WRIGHT	#6	Columbia (S.C.)	1:00.79		3/24
6		Rebecca GLOVER	#5	Milligan (Tenn.)	1:00.88		4/21
7		Kayland THOMASON	#3	Brenau (Ga.)	1:00.97		4/21
8		Emily STANDIFER	#1	Montreat (N.C.)	1:01.12		4/21
9		Kamryn CHAMBLISS	#3	Brenau (Ga.)	1:01.64		3/24
10		Trenyonna ALLEN	#4	Truett-McConne	1:01.67		4/21

Women's 400 Meter Hurdles

1	27	Aniecia GOSS	#2	Tennessee Wesl	1:05.11		4/21
2	62	Jaeva RIDLEY	#3	Brenau (Ga.)	1:06.92		4/21
3	76	Trenyonna ALLEN	#4	Truett-McConne	1:07.92		4/21
4	89	Crystal JONES	#7	Columbia Intern	1:08.51		4/1
5	LE+0	Madison ROOKER	#2	Tennessee Wesl	1:09.22		4/21
6		Anna TASTINGER	#1	Montreat (N.C.)	1:09.91		4/21
7		Autumn SHEPHERD	#4	Truett-McConne	1:09.96		4/14
8		Emelia ASKEW	#3	Brenau (Ga.)	1:12.20		4/21
9		Grace WRIGHT	#6	Columbia (S.C.)	1:12.74		4/21
10		Nakailah ROBINSON	#6	Columbia (S.C.)	1:17.34		3/31

Women's 800 Meters

1	6	Ellen-Mary KEARNEY	#5	Milligan (Tenn.) A	2:11.74		3/23
2	26	Dylan GARCIA	#1	Montreat (N.C.)	2:16.67		3/24
3	38	Yessenia CASTELLANOS	#1	Montreat (N.C.)	2:18.00		3/24
4	45	Kilia HASTY	#1	Montreat (N.C.)	2:18.85		3/24
5	72	Gracie ALLEN	#5	Milligan (Tenn.)	2:20.42		3/24
6	74	Sarah OWEN	#4	Truett-McConne	2:20.49		4/14
7	85	Rebecca GLOVER	#5	Milligan (Tenn.)	2:21.35		3/24
8		Ashlyn VANLANDINGHAM	#12	SCAD Atlanta (Ga.)	2:22.28		4/14
9		Mahaley CRONK	#1	Montreat (N.C.)	2:22.58		3/24
10		Jenna MALLORY	#1	Montreat (N.C.)	2:23.87		3/16

Women's 1500 Meters

1	10	Ellen-Mary KEARNEY	#5	Milligan (Tenn.) A	4:32.13		3/23
2	19	Caitlin DOMINY	#5	Milligan (Tenn.) B	4:39.96		4/7
3	57	Dylan GARCIA	#1	Montreat (N.C.)	4:46.85		4/21
4	60	Kilia HASTY	#1	Montreat (N.C.)	4:48.14		4/21
5	63	Jenna MALLORY	#1	Montreat (N.C.)	4:48.64		4/21
6	64	Gracie ALLEN	#5	Milligan (Tenn.)	4:48.67		3/24
7	65	Mahaley CRONK	#1	Montreat (N.C.)	4:48.74		4/21
8		Sarah OWEN	#4	Truett-McConne	4:55.89		4/21
9		Makayla HOLLIFIELD	#6	Columbia (S.C.)	4:56.82		3/31
10		Yessenia CASTELLANOS	#1	Montreat (N.C.)	4:59.16		4/7

Women's Steeplechase

1	12	Jenna MALLORY	#1	Montreat (N.C.) A	11:16.10		4/7
2	26	Catherine SLACK	#1	Montreat (N.C.)	11:30.88		4/21
3	45	Lydia WILLHITE	#7	Columbia Intern	11:59.44		4/21
4	53	Ali BURNS	#5	Milligan (Tenn.)	12:13.03		4/21
5	76	Kaelyn SLAUGHTER	#5	Milligan (Tenn.)	12:34.05		4/21
6		Ashlynn BROWN	#2	Tennessee Wesl	12:57.33		4/7
7		Raquel SMITH	#1	Montreat (N.C.)	13:25.06		4/21
8		Samantha REED	#10	Kentucky Christi	15:59.37		3/25



Conference TFRI Event Summary

as of 5/1/2023 7:21:46 AM

AAC

Women's 5000 Meters

1	11	Ellen-Mary KEARNEY	#5	Milligan (Tenn.) A:B	17:11.12	4/7
2	16	Alyssa BEARZI	#5	Milligan (Tenn.) A:B	17:25.10	3/23
3	20	Caitlin DOMINY	#5	Milligan (Tenn.) B	17:30.19	3/23
4	50	Gracie ALLEN	#5	Milligan (Tenn.)	18:08.95	4/7
5	69	Belinda CHEPKOSGEI	#12	SCAD Atlanta (Ga.)	18:23.89	4/7
6	88	Anna JONES	#5	Milligan (Tenn.)	18:41.55	4/7
7	95	Savannah CAMPBELL	#4	Truett-McConne	18:45.29	3/4
8		Erica MORIN-MUGAMBI	#1	Montreat (N.C.)	18:48.44	4/7
9		Jenna MALLORY	#1	Montreat (N.C.)	18:55.20	4/21
10		Catherine SLACK	#1	Montreat (N.C.)	19:05.22	3/24

Women's 10,000 Meters

1	3	Alyssa BEARZI	#5	Milligan (Tenn.) A:B	35:39.90	4/7
2	39	Makayla HOLLIFIELD	#6	Columbia (S.C.)	39:02.08	3/16
3	45	Savannah CAMPBELL	#4	Truett-McConne	39:20.67	3/10
4	68	Erica MORIN-MUGAMBI	#1	Montreat (N.C.)	40:27.76	4/21
5	79	Brooke SIMON	#8	Reinhardt (Ga.)	41:07.46	3/17
6	82	Angeline KRAVITZ	#6	Columbia (S.C.)	41:26.05	3/24
7	83	Annie Kate MCDERMOTT	#5	Milligan (Tenn.)	41:32.06	4/21
8	91	Gracie PENDLETON	#5	Milligan (Tenn.)	41:47.52	4/21
9		Allison CRAFT	#4	Truett-McConne	42:39.99	4/21
10		Lillie SINIARD	#1	Montreat (N.C.)	42:48.12	4/21

Women's 5000m Race Walk

1	2	Izabelle TREFTS	#6	Columbia (S.C.) A:B	24:47.96	4/21
2	5	Ainhoa COLINO	#6	Columbia (S.C.) A:B	27:25.94	3/17
3	6	Victoria HEISER-WHATLEY	#6	Columbia (S.C.) A:B	27:28.04	4/7
4	8	Jessica HEISER-WHATLEY	#6	Columbia (S.C.) B	28:16.36	4/21
5	31	Mina SHULL	#6	Columbia (S.C.)	34:20.64	4/21
6	34	Gabrielle HUGGINS	#6	Columbia (S.C.)	35:43.54	4/21
7	37	Briona BIERKAMP	#3	Brenau (Ga.)	41:00.61	3/24
8	40	Jennyfer VIGUERAS	#6	Columbia (S.C.)	45:55.45	4/21
9	41	Hayden PONCE	#4	Truett-McConne	56:25.59	4/21

Women's 4x100 Relay

1	21	Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS	#2	Tennessee Wesleyan	47.65	4/21
2	25	Amya ARNOLD, Myesha HALL, Brooke WILMOTH, Esther NAKANWAGI	#4	Truett-McConne B	47.86	4/21
3	47	Kamryn CHAMBLISS, Elajiah SMITH, Oluwatomisin JOHN, Jasmine JOHNSON	#3	Brenau (Ga.)	48.89	4/21
4	63	Emma BARNES, Jessica GAKERI, Adrianna GULLETTE, Paris TURNER	#1	Montreat (N.C.)	49.72	3/24
5		Javen WIMBERLY, Samantha CRAMER, MaLeah HEATH, Kerstyn THOMAS	#8	Reinhardt (Ga.)	52.82	4/21
6		Kyah CAMPBELL, Christyauna BEASLEY, Ashley BOWDEN, Chazmere ANDERSON	#9	Point (Ga.)	54.85	4/21
7		Mina SHULL, Gabrielle HUGGINS, Jennyfer VIGUERAS, Kayleigh LODGE	#6	Columbia (S.C.)	1:00.47	4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:46 AM

AAC

Women's 4x400 Relay

1	38	Kamryn CHAMBLISS, Kayland THOMASON, Laila REED, Jaeva RIDLEY	#3 Brenau (Ga.)	4:04.47	4/21
2	44	Esther NAKANWAGI, Trenyonna ALLEN, Sarah OWEN, Myesha HALL	#4 Truett-McConne	4:05.33	4/21
3	52	Kilia HASTY, Dylan GARCIA, Emily STANDIFER, Yessenia CASTELLANOS	#1 Montreat (N.C.)	4:07.48	4/21
4	68	Ellen-Mary KEARNEY, Gracie ALLEN, Kiley WOOD, Megan CHRISTIAN	#5 Milligan (Tenn.)	4:13.14	4/21
5	71	Chaggie BASSAR, Madison ROOKER, Genesis LOWE, Aniecia GOSS	#2 Tennessee Wesl	4:13.21	4/15
6	99	Crystal JONES, Trinity GREGORY, Rosemary REED, Mercy BERKEMEYER	#7 Columbia Intern	4:23.94	3/24
7		Kayleigh LODGE, Izabelle TREFTS, Nakailah ROBINSON, Grace WRIGHT	#6 Columbia (S.C.)	4:32.00	4/21
8		Kyah CAMPBELL, Anna BROWN, Christyauna BEASLEY, Ashley BOWDEN	#9 Point (Ga.)	4:45.44	4/21

Women's 4x800 Relay

1	4	Rebecca GLOVER, Caitlin DOMINY, Gracie ALLEN, Ellen- Mary KEARNEY	#5 Milligan (Tenn.)	9:20.43	4/21
2	6	Yessenia CASTELLANOS, Mahaley CRONK, Dylan GARCIA, Kilia HASTY	#1 Montreat (N.C.)	9:22.00	4/14
3	39	Sarah OWEN, Simone CHOCK, Elle SIMS, Savannah CAMPBELL	#4 Truett-McConne	10:16.25	4/21
4	42	Ryan POPE, Molly WOODB, Victoria VERRAN, Abigail HAMPTON	#2 Tennessee Wesl	10:18.18	4/21
5	52	Jaeva RIDLEY, Saga LIND, Taylor GREEN, Kayland THOMASON	#3 Brenau (Ga.)	10:39.28	4/21
6	61	Gabrielle HUGGINS, Angeline KRAVITZ, Makayla HOLLIFIELD, Izabelle TREFTS	#6 Columbia (S.C.)	11:03.50	3/24
7	64	Anna BROWN, Nolwenn BLAIN, Linda SCHILLER, Ashley BOWDEN	#9 Point (Ga.)	11:23.14	4/21

Women's High Jump

1	2	Paige MANNEY	#2 Tennessee Wesl	1.73m	5-8	3/25
2		Triniti LOCKHART	#1 Montreat (N.C.)	1.45m	4-9	4/14
2		Vanessa PROVIDENCE	#3 Brenau (Ga.)	1.45m	4-9	4/7
2		Katie DICKEY	#1 Montreat (N.C.)	1.45m	4-9	4/1
2		Samantha CRAMER	#8 Reinhardt (Ga.)	1.45m	4-9	3/24
6		Grace WRIGHT	#6 Columbia (S.C.)	1.44m	4-8¾	4/21
7		Victoria HEISER- WHATLEY	#6 Columbia (S.C.)	1.40m	4-7	3/17
7		Natalie KLEIN	#8 Reinhardt (Ga.)	1.40m	4-7	3/24
7		Caley ESSIE	#2 Tennessee Wesl	1.40m	4-7	4/15
7		Anna TASTINGER	#1 Montreat (N.C.)	1.40m	4-7	3/16

Women's Pole Vault

1	41	Halie HAWKINS	#5 Milligan (Tenn.)	3.25m	10-8	3/24
2	88	Anna TASTINGER	#1 Montreat (N.C.)	2.80m	9-2¼	3/24
3	99	Emelia ASKEW	#3 Brenau (Ga.)	2.70m	8-10¼	4/21
4		Kamryn CHAMBLISS	#3 Brenau (Ga.)	2.50m	8-2½	3/24
5		Mara MILLER	#7 Columbia Intern	2.40m	7-10½	4/21
5		Emma PELFREY	#8 Reinhardt (Ga.)	2.40m	7-10½	4/21
7		Stephanie HINOJOS	#1 Montreat (N.C.)	2.25m	7-4½	4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:47 AM

AAC

Women's Long Jump

1	2	Myesha HALL	#4	Truett-McConne	A: 6.14m	20-1¾ (0.7)	4/21
2	11	Paige MANNEY	#2	Tennessee Wesl	A: 5.82m	19-1¼ (0.9)	4/21
3	30	Jessica GAKERI	#1	Montreat (N.C.)	5.64m	18-6 (0.4)	4/21
4	36	Aniecia GOSS	#2	Tennessee Wesl	5.57m	18-3¼ (0.0)	4/15
5	39	Oluwatomisin JOHN	#3	Brenau (Ga.)	5.52m	18-1½ (1.4)	4/21
6	54	Teychiana DORNAN	#13	Union (Ky.)	5.45m	17-10¾ (0.)	4/21
7	68	Trinity GREGORY	#7	Columbia Intern	5.34m	17-6¼ (0.0)	4/21
8	75	Mitchel ALEX	#3	Brenau (Ga.)	5.30m	17-4¾ (0.5)	4/21
9		Adrianna GULLETTE	#1	Montreat (N.C.)	5.23mw	17-2 (2.2)	3/24
10		Annabelle GANDERT	#14	St. Andrews (N.C.)	5.16m	16-11¼ (-0)	3/24

Women's Triple Jump

1	1	Paige MANNEY	#2	Tennessee Wesl	A: 12.58mw	41-3¼ (3.4)	3/25
2	12	Myesha HALL	#4	Truett-McConne	B 11.73m	38-6 (-2.0)	3/10
3	15	Aniecia GOSS	#2	Tennessee Wesl	B 11.69m	38-4¼ (0.0)	4/15
4	16	Jessica GAKERI	#1	Montreat (N.C.)	B 11.68m	38-4 (1.7)	4/21
5	44	Teychiana DORNAN	#13	Union (Ky.)	11.09m	36-4¾ (0.0)	4/14
6	45	Oluwatomisin JOHN	#3	Brenau (Ga.)	11.07m	36-4 (1.5)	3/24
7	55	Esther NAKANWAGI	#4	Truett-McConne	10.97m	36-0 (0.0)	4/21
8	75	Elajiah SMITH	#3	Brenau (Ga.)	10.71m	35-1¾ (-1.)	3/17
9	78	Mitchel ALEX	#3	Brenau (Ga.)	10.67m	35-¼ (-1.6)	4/21
10	85	Jasmine JOHNSON	#3	Brenau (Ga.)	10.61m	34-9¾ (-0.)	3/17

Women's Shot Put

1	31	Kloey PICKENS	#7	Columbia Intern	12.90m	42-4	4/21
2	42	Sha'Nyia WOOLERY	#3	Brenau (Ga.)	12.60m	41-4¼	3/17
3	75	Grace JONES	#4	Truett-McConne	11.97m	39-3¼	3/24
4		Darci DAWSON	#6	Columbia (S.C.)	11.47m	37-7¾	4/21
5		Acoya HUNT	#7	Columbia Intern	11.46m	37-7¼	4/21
6		Anaya CANTY	#6	Columbia (S.C.)	11.39m	37-4½	4/21
7		Zaida CARSON	#6	Columbia (S.C.)	10.93m	35-10½	4/21
8		Crystal JONES	#7	Columbia Intern	10.92m	35-10	4/14
9		Emma BARNES	#1	Montreat (N.C.)	10.89m	35-8¾	3/16
10		Vanessa PROVIDENCE	#3	Brenau (Ga.)	10.76m	35-3¾	3/24

Women's Discus

1	48	Zaida CARSON	#6	Columbia (S.C.)	40.33m	132-4	4/21
2	61	Kacey WEBB	#5	Milligan (Tenn.)	39.29m	128-11	3/24
3	82	Dazanni HINTON	#7	Columbia Intern	38.05m	124-10	4/21
4	83	Rae GORE	#2	Tennessee Wesl	38.00m	124-8	4/21
5		Grace JONES	#4	Truett-McConne	37.22m	122-2	4/21
6		Katilyn BABB	#4	Truett-McConne	36.30m	119-1	4/21
7		Lillian GRUMBLES	#7	Columbia Intern	36.00m	118-2	4/21
8		Acoya HUNT	#7	Columbia Intern	35.58m	116-9	4/21
9		Darci DAWSON	#6	Columbia (S.C.)	35.50m	116-6	4/21
10		Sha'Nyia WOOLERY	#3	Brenau (Ga.)	35.25m	115-8	3/17

Women's Hammer

1	42	Dazanni HINTON	#7	Columbia Intern	46.29m	151-11	4/21
2	66	Grace JONES	#4	Truett-McConne	44.57m	146-3	4/14
3		Anaya CANTY	#6	Columbia (S.C.)	41.85m	137-4	4/21
4		Hannah Grace SPARKS	#7	Columbia Intern	39.91m	130-11	4/21
5		Darci DAWSON	#6	Columbia (S.C.)	39.80m	130-7	4/21
6		Jailyn KENDRICK	#3	Brenau (Ga.)	39.49m	129-7	4/21
7		Zaida CARSON	#6	Columbia (S.C.)	38.74m	127-1	3/16
8		Ikia MCCOLLOUGH	#6	Columbia (S.C.)	37.83m	124-2	3/16
9		Rae GORE	#2	Tennessee Wesl	36.72m	120-6	4/15
10		Kloey PICKENS	#7	Columbia Intern	36.63m	120-2	4/21

Women's Javelin

1	9	Katilyn BABB	#4	Truett-McConne	A: 42.57m	139-8	4/14
2	54	Abigail CRUZ	#8	Reinhardt (Ga.)	35.91m	117-10	4/21
3	73	Grace JONES	#4	Truett-McConne	34.25m	112-5	4/21
4	78	Kloey PICKENS	#7	Columbia Intern	34.14m	112-0	4/21
5	94	Emma BARNES	#1	Montreat (N.C.)	33.14m	108-9	4/21
6		Jayda BURKETT	#3	Brenau (Ga.)	32.61m	107-0	4/7
7		Katherine FOURIE	#3	Brenau (Ga.)	32.57m	106-10	4/21
8		Carissa WILSON	#11	Bryan (Tenn.)	28.50m	93-6	4/21
9		Rae GORE	#2	Tennessee Wesl	27.84m	91-4¼	4/15
10		McKenna DEBITY	#2	Tennessee Wesl	27.54m	90-4¼	4/21

Women's Heptathlon

1	34	Emma BARNES	#1	Montreat (N.C.)	3,644		3/16
2	39	Jayda BURKETT	#3	Brenau (Ga.)	3,535		4/21
3	51	Caley ESSIE	#2	Tennessee Wesl	3,234		4/21
4	53	Anna TASTINGER	#1	Montreat (N.C.)	3,174		3/16
5	55	Laila REED	#3	Brenau (Ga.)	3,158		3/17
6	58	Madison ROOKER	#2	Tennessee Wesl	3,107		4/7
7	63	Zykirah DAVIS	#6	Columbia (S.C.)	2,965		4/21
8	67	Akia JEAN-PIERRE	#2	Tennessee Wesl	2,827		4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:47 AM

AMC

Women's 100 Meters

1	Alicia ROBINSON	#7	Harris-Stowe St:	12.81	(1.3)	4/14
2	Mya GREEN	#4	Williams Baptist	12.89w	(3.1)	3/31
3	Makenzie SCHWARTZ	#3	Columbia (Mo.)	12.90	(0.5)	4/7
4	Lily ASHRAFZADEH	#3	Columbia (Mo.)	12.91	(-0.3)	4/7
5	Ally SWAIM	#9	Central Baptist (	12.92w	(2.1)	3/17
6	Breanne HAINES	#5	Hannibal-LaGra	13.03w	(3.1)	3/31
7	Allie LAWRENCE	#6	St. Louis Pharm:	13.05w	(3.2)	4/15
8	Layla HORN	#5	Hannibal-LaGra	13.16w	(2.8)	3/31
9	Madeline BURTON	#3	Columbia (Mo.)	13.17	(0.0)	4/14
10	Tiah CUPP	#5	Hannibal-LaGra	13.24w	(2.8)	3/31

Women's 100 Meter Hurdles

1	46 Ally SWAIM	#9	Central Baptist (	14.93w	(2.1)	4/6
2	LE+0: Taylor WASHINGTON	#6	St. Louis Pharm:	15.75	(0.8)	4/15
3	Makenzie SCHWARTZ	#3	Columbia (Mo.)	16.24	(1.5)	4/14
4	Tiah CUPP	#5	Hannibal-LaGra	16.35w	(3.1)	3/31
5	Alaina SCOTT	#2	Missouri Baptist	16.86	(1.4)	4/14
6	Mia OELLERMANN	#2	Missouri Baptist	17.27	(1.3)	4/14
7	Brianna SANSOUCIE	#2	Missouri Baptist	17.87	(1.5)	4/14
8	Carson DEFRIES	#4	Williams Baptist	17.95	(2.0)	4/21
9	Gracie WALLGREN	#1	William Woods (	20.73	(1.4)	4/14

Women's 200 Meters

1	Alicia ROBINSON	#7	Harris-Stowe St:	26.56w	(2.6)	4/14
2	Layla HORN	#5	Hannibal-LaGra	26.76	(0.8)	4/15
3	Breanne HAINES	#5	Hannibal-LaGra	26.79	(1.9)	3/31
4	Mya GREEN	#4	Williams Baptist	27.01	(1.9)	3/31
5	Lily ASHRAFZADEH	#3	Columbia (Mo.)	27.15	(0.0)	3/24
6	Makenzie SCHWARTZ	#3	Columbia (Mo.)	27.16w	(2.6)	4/14
7	Trinity THOMAS	#1	William Woods (	27.29	(0.5)	4/14
8	Allie LAWRENCE	#6	St. Louis Pharm:	27.41w	(2.1)	4/22
9	Madeline BURTON	#3	Columbia (Mo.)	27.42	(0.7)	3/24
10	Lana BALLARD	#8	Lyon (Ark.)	27.56	(1.5)	4/6

Women's 400 Meters

1	Layla HORN	#5	Hannibal-LaGra	1:02.08		3/24
2	Lily ASHRAFZADEH	#3	Columbia (Mo.)	1:02.42		4/22
3	Adrienne ROCKETTE	#2	Missouri Baptist	1:03.23		4/22
4	Tiah CUPP	#5	Hannibal-LaGra	1:03.96		4/22
5	Isabel RINKENBERGER	#2	Missouri Baptist	1:04.23		4/22
6	Alyssa MCPIKE	#6	St. Louis Pharm:	1:04.30		4/15
7	Perri HOGAN	#2	Missouri Baptist	1:04.57		4/7
8	Myra BAKER	#1	William Woods (	1:04.96		4/7
9	Madison MITTAG	#4	Williams Baptist	1:05.46		4/21
10	Mattie NOYES	#2	Missouri Baptist	1:05.67		4/22

Women's 400 Meter Hurdles

1	66 Mia REED	#2	Missouri Baptist	1:07.03		4/22
2	94 Tiah CUPP	#5	Hannibal-LaGra	1:08.67		4/7
3	Ellie DIMOND	#1	William Woods (	1:11.71		4/14
4	Mia OELLERMANN	#2	Missouri Baptist	1:12.67		4/22
5	Gracie WALLGREN	#1	William Woods (	1:13.91		4/14
6	Mariah SCOTT	#6	St. Louis Pharm:	1:15.04		4/7
7	Ellie REYNOLDS	#3	Columbia (Mo.)	1:17.32		3/24
8	Gracie SCHULTZ	#3	Columbia (Mo.)	1:17.66		4/22
9	Brianna SANSOUCIE	#2	Missouri Baptist	1:19.01		4/22
10	Kaylee LAMBE	#8	Lyon (Ark.)	1:22.16		4/22

Women's 800 Meters

1	78 Isabel RINKENBERGER	#2	Missouri Baptist	2:20.95		4/7
2	91 Adrienne ROCKETTE	#2	Missouri Baptist	2:21.63		4/14
3	Ellie DIMOND	#1	William Woods (	2:23.44		3/24
4	Harley NALE	#1	William Woods (	2:24.55		4/7
5	Mia REED	#2	Missouri Baptist	2:24.94		4/14
6	Mikey LARSON	#4	Williams Baptist	2:25.37		4/6
7	Mattie NOYES	#2	Missouri Baptist	2:29.78		4/7
8	Madison SARGENT	#2	Missouri Baptist	2:30.21		4/7
9	Emma HOMFELDT	#3	Columbia (Mo.)	2:30.28		4/7
10	Myra BAKER	#1	William Woods (	2:31.42		4/14

Women's 1500 Meters

1	81 Isabel RINKENBERGER	#2	Missouri Baptist	4:50.53		4/27
2	92 Harley NALE	#1	William Woods (	4:51.60		4/7
3	Mia REED	#2	Missouri Baptist	4:54.78		4/7
4	Adrienne ROCKETTE	#2	Missouri Baptist	4:57.08		4/7
5	Ellie DIMOND	#1	William Woods (	5:01.28		3/24
6	Mekayla GIBSON	#1	William Woods (	5:03.57		4/14
7	Emma HOMFELDT	#3	Columbia (Mo.)	5:05.65		3/24
8	Mikey LARSON	#4	Williams Baptist	5:08.40		4/21
9	Jada O'DONNELL	#3	Columbia (Mo.)	5:09.55		4/22
10	Grace BRINKMANN	#3	Columbia (Mo.)	5:13.50		3/24

Women's Steeplechase

1	7 Mia REED	#2	Missouri Baptist	10:55.21		4/26
2	10 Ellie DIMOND	#1	William Woods (	11:11.22		4/22
3	21 Harley NALE	#1	William Woods (	11:25.64		4/14
4	Kaylee LAMBE	#8	Lyon (Ark.)	13:57.08		3/17
5	Abby BAXTER	#6	St. Louis Pharm:	14:21.09		4/22



Conference TFRI Event Summary

as of 5/1/2023 7:21:47 AM

AMC

Women's 5000 Meters

1	74	Alicia ENGELBRECHT	#1	William Woods (	18:32.63	3/24
2	82	Mekayla GIBSON	#1	William Woods (	18:37.55	4/14
3		Isabel RINKENBERGER	#2	Missouri Baptist	18:57.98	3/31
4		Jada O'DONNELL	#3	Columbia (Mo.)	19:00.32	4/14
5		Emma HOMFELDT	#3	Columbia (Mo.)	19:35.57	3/31
6		Kyia WEISBROD	#4	Williams Baptist	20:02.18	4/21
7		Tara LOWE	#1	William Woods (	20:02.36	3/31
8		Grace BRINKMANN	#3	Columbia (Mo.)	20:08.83	4/14
9		Brooke HEBERER	#2	Missouri Baptist	20:09.29	4/22
10		Hailey GERARD	#1	William Woods (	20:09.88	3/31

Women's 10,000 Meters

1	38	Mekayla GIBSON	#1	William Woods (	38:59.56	4/7
2	90	Kyia WEISBROD	#4	Williams Baptist	41:47.11	3/31
3		Haley HERNANDEZ	#2	Missouri Baptist	43:44.23	3/31

Women's 4x100 Relay

1	66	Madeline BURTON, Gracie SCHULTZ, Makenzie SCHWARTZ, Lily ASHRAFZADEH	#3	Columbia (Mo.)	49.80	3/24
2	82	Mariah SCOTT, Arianna BUDUAN, Allie LAWRENCE, Taylor WASHINGTON	#6	St. Louis Pharm:	51.07	4/15
3	86	Trinity THOMAS, Heidi BARANAUSKAS, Gracie WALLGREN, Nia HAWKINS	#1	William Woods (	51.23	4/7
4	95	Hope CRAM, Mya GREEN, Miracle HOLMES, Zaelin MORRIS	#4	Williams Baptist	51.87	4/6
5		Perri HOGAN, Alaina SCOTT, Maegan SALEH, Gabby DELARUE	#2	Missouri Baptist	52.33	4/22
6		Breanne HAINES, Layla HORN, Tiah CUPP, Jaynee DURST	#5	Hannibal-LaGra	53.33	4/15

Women's 4x400 Relay

1	67	Isabel RINKENBERGER, Adrienne ROCKETTE, Mattie NOYES, Mia REED	#2	Missouri Baptist	4:13.13	4/7
2		Emma CLIFFORD, Harley NALE, Gracie WALLGREN, Myra BAKER	#1	William Woods (	4:28.03	4/7
3		Hope CRAM, Madison MITTAG, Allyson MARLOW, Mikey LARSON	#4	Williams Baptist	4:29.15	4/21
4		Lily ASHRAFZADEH, Emma HOMFELDT, Gracie SCHULTZ, Madeline BURTON	#3	Columbia (Mo.)	4:39.21	4/22
5		Layla HORN, Breanne HAINES, Brooklyn CARVAJAL, Jaynee DURST	#5	Hannibal-LaGra	4:40.84	4/22
6		Abby BAXTER, Sophie EASTHAM, Alyssa MCPIKE, Lillian THOMAS	#6	St. Louis Pharm:	4:49.92	4/22

Women's 4x800 Relay

1	24	Isabel RINKENBERGER, Adrienne ROCKETTE, Mattie NOYES, Mia REED	#2	Missouri Baptist	9:47.48	4/22
2	44	Harley NALE, Ellie DIMOND, Emma CLIFFORD, Alicia ENGELBRECHT	#1	William Woods (	10:20.13	3/31
3	72	Abby BAXTER, Sophie EASTHAM, Alyssa MCPIKE, Mikayla SHERRILL	#6	St. Louis Pharm:	12:44.38	4/7

Women's High Jump

1	33	Kaylee CLARK	#4	Williams Baptist	1.60m	5-3	3/31
2	60	Carson DEFRIES	#4	Williams Baptist	1.55m	5-1	4/21
3		Crystal RUDEN	#1	William Woods (	1.51m	4-11½	4/14
4		Nia HAWKINS	#1	William Woods (	1.47m	4-9¾	3/24
5		Arianna BUDUAN	#6	St. Louis Pharm:	1.45m	4-9	4/22
5		Taylor WASHINGTON	#6	St. Louis Pharm:	1.45m	4-9	4/7
7		Emma CLIFFORD	#1	William Woods (	1.42m	4-7¾	3/24
7		Ellie REYNOLDS	#3	Columbia (Mo.)	1.42m	4-7¾	3/24
9		Lauren IMLER	#1	William Woods (	1.26m	4-1½	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:47 AM

AMC

Women's Pole Vault

1	34	Alaina SCOTT	#2	Missouri Baptist	3.37m	11-¾	4/14
2	78	Heather HARBISON	#1	William Woods (	2.92m	9-7	4/7
3	88	Allyson MARLOW	#4	Williams Baptist	2.80m	9-2¼	3/31
4		Ashley STRODE	#1	William Woods (	2.65m	8-8¾	3/31
5		Makenzie SCHWARTZ	#3	Columbia (Mo.)	2.53m	8-3½	4/22
6		Dani BARSTEAD	#4	Williams Baptist	2.11m	6-11	4/6
6		Kaylee CLARK	#4	Williams Baptist	2.11m	6-11	4/6

Women's Long Jump

1	40	Lily ASHRAFZADEH	#3	Columbia (Mo.)	5.51m	18-1 (0.1)	3/24
2	70	Maegan SALEH	#2	Missouri Baptist	5.32m	17-5½ (2.0)	3/24
3	75	Madeline BURTON	#3	Columbia (Mo.)	5.30m	17-4¾ (0.5)	3/24
4	80	Nia HAWKINS	#1	William Woods (	5.29m	17-4¼ (1.5)	3/24
5		Gracie SCHULTZ	#3	Columbia (Mo.)	5.09m	16-8½ (1.9)	4/14
6		Trinity THOMAS	#1	William Woods (	5.05mw	16-7 (2.8)	4/14
7		Alicia ROBINSON	#7	Harris-Stowe St	5.01mw	16-5¼ (2.9)	3/24
8		Heidi BARANAUSKAS	#1	William Woods (	4.97m	16-3¾ (0.0)	3/24
9		Ashleigh GROSS-MITCHELL	#9	Central Baptist (	4.95m	16-3 (2.0)	3/17
9		Nyah EARL	#7	Harris-Stowe St	4.95m	16-3 (1.5)	3/24

Women's Triple Jump

1	35	Nyah EARL	#7	Harris-Stowe St	11.23m	36-10¼ (2.4)	4/28
2	45	Madeline BURTON	#3	Columbia (Mo.)	11.07m	36-4 (0.7)	3/24
3	70	Lily ASHRAFZADEH	#3	Columbia (Mo.)	10.78m	35-4½ (-4)	3/31
4	72	Trinity THOMAS	#1	William Woods (	10.76mw	35-3¾ (2.9)	4/14
5		Nia HAWKINS	#1	William Woods (	10.33m	33-10¾ (1)	4/14
6		Allyson MARLOW	#4	Williams Baptist	10.32m	33-10¼ (1)	4/6
7		Gracie SCHULTZ	#3	Columbia (Mo.)	9.83m	32-3 (1.1)	3/31
8		Heidi BARANAUSKAS	#1	William Woods (	9.05m	29-8¼ (-2)	4/7

Women's Shot Put

1	11	Katie FRENCH	#1	William Woods (A:B	13.69m	44-11	4/7
2	40	Kaylyn POWERS	#5	Hannibal-LaGra	12.63m	41-5¼	4/15
3	90	Allison KENNEAVY	#1	William Woods (	11.82m	38-9½	4/14
4	93	Hannah BAKER	#4	Williams Baptist	11.81m	38-9	4/21
5		Jeanette WOEHRLE	#3	Columbia (Mo.)	11.12m	36-5¾	4/22
6		Ellie EMERSON	#1	William Woods (	10.59m	34-9	3/31
7		Jaynee DURST	#5	Hannibal-LaGra	9.32m	30-7	3/31
8		Kady GREER	#4	Williams Baptist	9.27m	30-5	4/21
9		Evelyn ROLAND	#3	Columbia (Mo.)	9.11m	29-10¾	4/22
10		Calista CHRISTIAN	#4	Williams Baptist	9.02m	29-7¼	3/10

Women's Discus

1	12	Katie FRENCH	#1	William Woods (A:B	44.84m	147-2	4/14
2	71	Kaylyn POWERS	#5	Hannibal-LaGra	38.82m	127-5	4/15
3		Jeanette WOEHRLE	#3	Columbia (Mo.)	36.92m	121-2	4/22
4		Hannah BAKER	#4	Williams Baptist	33.19m	108-11	3/31
5		Allison KENNEAVY	#1	William Woods (	31.65m	103-10	4/22
6		Jaynee DURST	#5	Hannibal-LaGra	29.82m	97-10	3/31
7		Calista CHRISTIAN	#4	Williams Baptist	29.33m	96-2¾	4/6
8		Ellie EMERSON	#1	William Woods (	28.31m	92-10¾	4/7
9		Brianna RAMSEY	#6	St. Louis Pharm	28.27m	92-9	4/15
10		Isabella SCHREIBER	#2	Missouri Baptist	25.09m	82-3¾	3/24

Women's Hammer

1	31	Katie FRENCH	#1	William Woods (	48.22m	158-3	4/14
2	36	Kaylyn POWERS	#5	Hannibal-LaGra	47.19m	154-10	4/15
3		Hannah BAKER	#4	Williams Baptist	41.94m	137-7	3/31
4		Brianna RAMSEY	#6	St. Louis Pharm	41.40m	135-10	4/29
5		Evelyn ROLAND	#3	Columbia (Mo.)	36.86m	120-11	4/14
6		Allison KENNEAVY	#1	William Woods (	36.42m	119-6	4/14
7		Calista CHRISTIAN	#4	Williams Baptist	34.67m	113-9	4/6
8		Jeanette WOEHRLE	#3	Columbia (Mo.)	33.55m	110-1	4/22
9		Isabella SCHREIBER	#2	Missouri Baptist	33.04m	108-5	4/7
10		Ke'La CAMPBELL	#5	Hannibal-LaGra	32.55m	106-10	3/31

Women's Javelin

1	8	Madeline BURTON	#3	Columbia (Mo.) A:B	42.73m	140-2	3/24
2	18	Natalie THOMAS	#1	William Woods (B	39.55m	129-9	3/24
3	30	Ellie EMERSON	#1	William Woods (	38.17m	125-3	4/14
4	88	Evelyn ROLAND	#3	Columbia (Mo.)	33.54m	110-1	3/24
5	96	Isabella SCHREIBER	#2	Missouri Baptist	33.09m	108-7	3/24
6		Jaynee DURST	#5	Hannibal-LaGra	32.30m	106-0	4/15
7		Alexis CLIFFORD	#1	William Woods (	31.59m	103-8	3/24
8		Hannah DURO	#2	Missouri Baptist	29.73m	97-6½	4/7
9		Madison MITTAG	#4	Williams Baptist	29.62m	97-2¼	3/31
10		Shamari LONG	#7	Harris-Stowe St	29.07m	95-4½	4/28



Conference TFRI Event Summary

as of 5/1/2023 7:21:47 AM

Cal Pac

Women's 100 Meters

1	85	Zhanna EDWARDS	#2	Park (Ariz.)	12.38w	(2.1)	4/8
2		Jordyn ESPINOZA	#2	Park (Ariz.)	12.83	(0.8)	4/8
3		Jaiden CANADY	#2	Park (Ariz.)	13.14	(0.8)	4/8
4		Danielle SOBANDE	#4	Soka (Calif.)	13.35	(2.0)	3/18
5		Esmeray DEMIRBAS	#3	Westcliff (Calif.)	13.46w	(2.5)	3/25
6		Naylah SANTOS	#4	Soka (Calif.)	13.61	(0.3)	4/12
7		Miki KAWAMURA	#4	Soka (Calif.)	13.92w	(2.6)	3/25
8		Johanna JESSOP	#2	Park (Ariz.)	14.10	(0.9)	3/17
8		Olivia CHUNG	#4	Soka (Calif.)	14.10w	(2.6)	3/25
10		Jasmine LORENZO	#4	Soka (Calif.)	15.14	(1.7)	4/7

Women's 200 Meters

1		Zhanna EDWARDS	#2	Park (Ariz.)	26.41	(0.4)	4/21
2		Nardia PADILLA	#2	Park (Ariz.)	26.90	(0.1)	3/24
3		Jaiden CANADY	#2	Park (Ariz.)	27.19	(0.7)	4/21
4		Jordyn ESPINOZA	#2	Park (Ariz.)	27.42	(0.9)	4/14
5		Danielle SOBANDE	#4	Soka (Calif.)	27.78w	(2.4)	3/18
6		Esmeray DEMIRBAS	#3	Westcliff (Calif.)	28.71	(0.8)	4/21
7		Miki KAWAMURA	#4	Soka (Calif.)	29.11	(1.2)	3/18
8		Evette MENDOZA	#3	Westcliff (Calif.)	29.48	(-0.8)	2/3
9		Johanna JESSOP	#2	Park (Ariz.)	29.62	(-1.4)	4/8
10		Naylah SANTOS	#4	Soka (Calif.)	29.77	(1.4)	4/7

Women's 400 Meters

1		Nardia PADILLA	#2	Park (Ariz.)	1:02.16		4/8
2		Jaiden CANADY	#2	Park (Ariz.)	1:07.09		3/17
3		Nicole MOORE	#3	Westcliff (Calif.)	1:13.61		2/3

Women's 800 Meters

1		Skylar COONEY	#1	Embry-Riddle (A)	2:22.89		4/14
2		Maryan SHARIF	#2	Park (Ariz.)	2:26.09		4/8
3		Josephine GREGORY	#1	Embry-Riddle (A)	2:27.62		3/24
4		Josephine BANKS	#1	Embry-Riddle (A)	2:28.09		4/8
5		Madison TURNER	#2	Park (Ariz.)	2:32.25		4/14
6		Kamryn HOEHNE	#1	Embry-Riddle (A)	2:33.02		3/24
7		Savannah GANTER	#1	Embry-Riddle (A)	2:35.87		3/24
8		Tiffany TERRY	#1	Embry-Riddle (A)	2:39.35		3/24
9		Kenyah REED	#2	Park (Ariz.)	2:40.55		4/14
10		Emma LEWIS	#1	Embry-Riddle (A)	2:42.88		4/14

Women's 1500 Meters

1	28	Josephine BANKS	#1	Embry-Riddle (A)	4:42.08		4/8
2		Kamryn HOEHNE	#1	Embry-Riddle (A)	5:00.13		4/8
3		Josephine GREGORY	#1	Embry-Riddle (A)	5:13.68		4/14
4		Maryan SHARIF	#2	Park (Ariz.)	5:21.18		3/17
5		Emma LEWIS	#1	Embry-Riddle (A)	5:27.81		4/14
6		Alexis PARKER	#1	Embry-Riddle (A)	5:33.38		4/14
7		Madison TURNER	#2	Park (Ariz.)	5:41.63		3/24
8		Alex JUAREZ	#3	Westcliff (Calif.)	7:46.08		3/4

Women's Steeplechase

1	32	Josephine GREGORY	#1	Embry-Riddle (A)	11:36.15		4/8
2	36	Savannah GANTER	#1	Embry-Riddle (A)	11:41.60		4/8
3	63	Skylar COONEY	#1	Embry-Riddle (A)	12:26.13		3/24
4		Alice MCKEAN	#1	Embry-Riddle (A)	14:38.57		4/8

Women's 5000 Meters

1	97	Tiffany TERRY	#1	Embry-Riddle (A)	18:46.88		3/24
2		Lizzie SIMON	#1	Embry-Riddle (A)	19:17.68		3/24
3		Emma LEWIS	#1	Embry-Riddle (A)	19:58.79		3/24
4		Alexis PARKER	#1	Embry-Riddle (A)	20:22.27		4/8

Women's 10,000 Meters

1	60	Tiffany TERRY	#1	Embry-Riddle (A)	40:11.69		4/14
2	65	Lizzie SIMON	#1	Embry-Riddle (A)	40:21.89		3/11
3		Alice MCKEAN	#1	Embry-Riddle (A)	47:11.43		4/14

Women's 4x100 Relay

1	60	Jordyn ESPINOZA, Zhanna EDWARDS, Nardia PADILLA, Jaiden CANADY	#2	Park (Ariz.)	49.60		4/8
---	----	---	----	--------------	-------	--	-----

Women's 4x400 Relay

1	97	Jaiden CANADY, Zhanna EDWARDS, Nardia PADILLA, Madison TURNER	#2	Park (Ariz.)	4:23.47		3/17
---	----	--	----	--------------	---------	--	------

Women's High Jump

1	95	Mallory TURNER	#2	Park (Ariz.)	1.52m	4-11¾	4/21
---	----	----------------	----	--------------	-------	-------	------

Women's Long Jump

1		Nardia PADILLA	#2	Park (Ariz.)	4.76m	15-7½ (-1)	3/17
2		Johanna JESSOP	#2	Park (Ariz.)	4.75m	15-7 (0.0)	4/14
3		Olivia CHUNG	#4	Soka (Calif.)	4.59m	15-¾ (2.0)	3/25
4		Naiyla DIXON	#4	Soka (Calif.)	4.11m	13-6 (0.0)	3/18
5		Jasmine LORENZO	#4	Soka (Calif.)	3.38m	11-1¼ (-1)	4/7

Women's Triple Jump

1		Naiyla DIXON	#4	Soka (Calif.)	9.74m	31-11½ (0)	4/7
---	--	--------------	----	---------------	-------	------------	-----

Women's Shot Put

1		Olivia PINO	#3	Westcliff (Calif.)	9.32m	30-7	3/4
2		Abigail STRONG	#3	Westcliff (Calif.)	7.22m	23-8¼	2/3
3		Natalie ZIEGLER	#3	Westcliff (Calif.)	6.38m	20-11¼	2/3

Women's Discus

1		Natalie ZIEGLER	#3	Westcliff (Calif.)	18.46m	60-6¾	2/3
2		Abigail STRONG	#3	Westcliff (Calif.)	16.32m	53-6½	2/3

Women's Javelin

1	68	Olivia PINO	#3	Westcliff (Calif.)	34.69m	113-10	3/4
---	----	-------------	----	--------------------	--------	--------	-----



Conference TFRI Event Summary

as of 5/1/2023 7:21:48 AM

Cascade

Women's 100 Meters

1	7	Hanna SOBKOWICH	#1	British Columbia	A:B 11.70	(1.4)	4/29
2	31	Emma RASTAD	#1	British Columbia	12.04	(1.4)	4/29
3	66	Hero PETERS	#8	Corban (Ore.)	12.29w	(2.9)	4/21
4	72	Yahaira CHAVARRIA	#2	Eastern Oregon	12.31w	(3.3)	4/28
5	80	Sage WOOD	#3	College of Idaho	12.35	(1.2)	4/28
6	91	Charlotte BOWMAN	#3	College of Idaho	12.42	(1.2)	4/28
7		Madigan KELLY	#5	Lewis-Clark Stat	12.54	(0.5)	3/18
8		Allison MACDONALD	#1	British Columbia	12.55	(0.9)	4/29
9		Cayla SMITH	#1	British Columbia	12.60	(-0.1)	4/29
10		Katie BROWN	#2	Eastern Oregon	12.72	(0.5)	4/28

Women's 100 Meter Hurdles

1	12	Madigan KELLY	#5	Lewis-Clark Stat	A:B 14.22	(-1.5)	3/18
2	34	Rebecca DUTCHAK	#1	British Columbia	14.76	(0.8)	4/13
3	53	Abi STEVENS	#4	Southern Orego	15.10w	(2.2)	4/28
3	53	Nia COLLINS	#4	Southern Orego	15.10	(0.7)	3/17
5	55	Sara HATHAWAY	#5	Lewis-Clark Stat	15.15	(0.7)	3/23
6	60	Morgan BAYES	#2	Eastern Oregon	15.18	(-0.3)	3/24
7	71	Ashley BRITT	#5	Lewis-Clark Stat	15.35	(-1.5)	3/18
8	82	Ally ODELL	#7	Oregon Tech	15.54	(1.1)	4/20
9	84	Karli BEDARD	#2	Eastern Oregon	15.58	(1.4)	4/28
9	84	Corona PARKER	#9	Evergreen State	15.58w	(2.5)	4/20

Women's 200 Meters

1	12	Hanna SOBKOWICH	#1	British Columbia	A:B 24.43w	(2.3)	4/13
2	88	Anika GROGAN	#5	Lewis-Clark Stat	25.68	(1.0)	4/13
2	88	Yahaira CHAVARRIA	#2	Eastern Oregon	25.68	(0.9)	4/15
4		Sage WOOD	#3	College of Idaho	25.88	(0.0)	4/28
5		Madigan KELLY	#5	Lewis-Clark Stat	25.91	(0.9)	4/7
6		Cayla SMITH	#1	British Columbia	25.97	(1.8)	3/25
7		Charlotte BOWMAN	#3	College of Idaho	25.98	(-1.1)	4/15
8		Janea ROBERTSON	#6	Bushnell (Ore.)	26.00	(0.9)	4/14
9		Emily COLLINS	#5	Lewis-Clark Stat	26.07	(0.9)	4/15
10		Hero PETERS	#8	Corban (Ore.)	26.27w	(2.7)	4/21

Women's 400 Meters

1	29	Cayla SMITH	#1	British Columbia	B 57.21		4/13
2	40	Emily COLLINS	#5	Lewis-Clark Stat	57.85		4/7
3	58	Anika GROGAN	#5	Lewis-Clark Stat	58.40		3/23
4	87	Lauryn MITCHELL	#2	Eastern Oregon	59.27		4/7
5	93	Aayzia DUMAS	#4	Southern Orego	59.38		4/28
6		Geraldin CORREA	#5	Lewis-Clark Stat	59.65		4/15
7		Eva BRADY	#7	Oregon Tech	59.68		4/8
8		Yahaira CHAVARRIA	#2	Eastern Oregon	59.72		4/15
9		Janea ROBERTSON	#6	Bushnell (Ore.)	59.91		3/30
10		Sydney PECK	#2	Eastern Oregon	1:00.11		4/28

Women's 400 Meter Hurdles

1	10	Ashley BRITT	#5	Lewis-Clark Stat	A:B 1:03.14		4/7
2	12	Morgan BAYES	#2	Eastern Oregon	B 1:03.33		4/28
3	34	Nia COLLINS	#4	Southern Orego	1:05.37		3/17
4	42	India ORTIZ	#4	Southern Orego	1:05.84		3/17
5	47	Sara HATHAWAY	#5	Lewis-Clark Stat	1:06.29		3/18
6	50	Sydney PECK	#2	Eastern Oregon	1:06.45		4/28
7	77	Abigail STRICKLAND	#9	Evergreen State	1:07.93		3/10
8	85	Kendall BONZANI	#2	Eastern Oregon	1:08.36		4/28
9	86	Roby YOUNG	#3	College of Idaho	1:08.44		4/28
10	91	Lily EVERSON	#7	Oregon Tech	1:08.60		4/21

Women's 800 Meters

1	2	Rachel MORTIMER	#1	British Columbia	A:B 2:08.61		4/13
2	3	Holly MACGILLIVRAY	#1	British Columbia	A:B 2:10.58		4/13
3	4	Abbey SHIRTS	#3	College of Idaho	A:B 2:10.86		4/7
4	8	Michelle HERBES	#2	Eastern Oregon	A:B 2:13.89		4/28
5	14	Lauryn MITCHELL	#2	Eastern Oregon	B 2:14.74		4/14
6	24	Geraldin CORREA	#5	Lewis-Clark Stat	B 2:15.98		4/13
7	41	Katie Jo GEBHARDT	#2	Eastern Oregon	2:18.41		4/14
8	49	Amelia PFOHL	#1	British Columbia	2:19.12		4/29
9	61	Sarah MAUK	#4	Southern Orego	2:19.78		4/14
10	75	Madelyn NICHOLS	#2	Eastern Oregon	2:20.52		4/14

Women's 1500 Meters

1	2	Holly MACGILLIVRAY	#1	British Columbia	A:B 4:17.60		4/13
2	3	Rachel MORTIMER	#1	British Columbia	A:B 4:20.51		4/13
3	4	Abbey SHIRTS	#3	College of Idaho	A:B 4:23.40		4/28
4	8	Marley BECKETT	#1	British Columbia	A:B 4:31.35		4/29
5	9	Kyla BECKER	#1	British Columbia	A:B 4:31.95		4/29
6	11	Michelle HERBES	#2	Eastern Oregon	A:B 4:32.58		4/14
7	15	Sage MARTIN	#3	College of Idaho	A:B 4:35.64		4/15
8	18	Kiana GIBSON	#1	British Columbia	B 4:37.76		4/8
9	22	Amelia PFOHL	#1	British Columbia	4:41.13		4/29
10	32	Mackenzie CAMPBELL	#1	British Columbia	4:42.56		4/29

Women's Steeplechase

1	1	Kiana GIBSON	#1	British Columbia	A:B 10:11.52		4/29
2	4	Sage MARTIN	#3	College of Idaho	A:B 10:34.90		4/7
3	5	Jamie HENNESSEY	#1	British Columbia	A:B 10:35.77		3/25
4	9	Larissa MAUER	#3	College of Idaho	A:B 10:58.24		4/28
5	14	Lauren FORSTER	#4	Southern Orego	A:B 11:17.13		3/30
6	29	Samantha DARA	#8	Corban (Ore.)	11:34.04		4/28
7	63	Grace DIXON	#5	Lewis-Clark Stat	12:26.13		4/15
8	66	Dierdre MCKAY	#2	Eastern Oregon	12:27.18		4/28
9	69	Clara STEPHENS	#5	Lewis-Clark Stat	12:30.29		4/13
10	82	Kira MORROW	#7	Oregon Tech	12:39.85		3/17



Conference TFRI Event Summary

as of 5/1/2023 7:21:48 AM

Cascade

Women's 5000 Meters

1	1	Kiana GIBSON	#1	British ColumbiaA:B	16:22.04	3/25
2	2	Katie NEWLOVE	#1	British ColumbiaA:B	16:27.09	3/25
3	3	Marley BECKETT	#1	British ColumbiaA:B	16:28.58	3/25
4	4	Kyla BECKER	#1	British ColumbiaA:B	16:33.40	3/25
5	6	Sage MARTIN	#3	College of IdahoA:B	16:48.00	3/24
6	8	Ellyse TINGELSTAD	#3	College of IdahoA:B	17:00.96	4/28
7	23	Kahea FIGUEIRA	#3	College of Idaho B	17:34.48	4/28
8	35	Kaylea HARTMAN	#11	Northwest (Was)	17:44.73	4/13
9	39	Alejandra LOPEZ	#4	Southern Orego	17:52.39	4/28
10	44	Zoe DOORENSPLEET	#1	British Columbia	17:59.64	4/8

Women's 10,000 Meters

1	1	Marley BECKETT	#1	British ColumbiaA:B	34:22.91	4/13
2	2	Kyla BECKER	#1	British ColumbiaA:B	35:35.96	4/13
3	4	Ellyse TINGELSTAD	#3	College of IdahoA:B	35:41.88	3/30
4	15	Haylee BRODAHL	#4	Southern OregoA:B	37:16.19	3/30
5	18	Alejandra LOPEZ	#4	Southern OregoA:B	37:24.97	3/30
6	30	Molly CONNOR	#3	College of Idaho B	38:06.82	4/7
7	33	Sydnee KIZZIAR	#4	Southern Orego	38:47.05	3/30
8	41	Charlie DUFF	#3	College of Idaho	39:11.92	4/7
9	58	Chloe OVERBERG	#5	Lewis-Clark Stat	39:59.68	3/23
10	95	Judah KOEHLER	#8	Corban (Ore.)	42:02.01	4/14

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	#1	British ColumbiaA:B	22:53.68	4/27
2	3	Joan LU	#1	British ColumbiaA:B	24:53.01	4/27
3	4	Cassidy CARDLE	#1	British ColumbiaA:B	25:28.71	3/25

Women's 4x100 Relay

1	10	Emma RASTAD, Sonya URBANOWICZ, Cayla SMITH, Hanna SOBKOWICH	#1	British ColumbiaA:B	46.91	4/29
2	29	Charlotte BOWMAN, Addison TRENT, Sage WOOD, Chloe BARYLSKI	#3	College of Idaho	48.11	4/28
3	39	Yahaira CHAVARRIA, Morgan BAYES, Sade WILLIAMS, Katie BROWN	#2	Eastern Oregon	48.59	4/28
4	44	Ashley BRITT, Emily COLLINS, Madigan KELLY, Sara HATHAWAY	#5	Lewis-Clark Stat	48.76	4/15
5	57	Adrienne MAI, Janea ROBERTSON, Madeline DESEMONE, Sarah PHILLIPS	#6	Bushnell (Ore.)	49.49	4/28
6	70	India COLLINS, India ORTIZ, Nia COLLINS, Aayzia DUMAS	#4	Southern Orego	50.04	4/1
7	77	Anya BOHUTA, Kayla SODERSTROM, Gracie VANASSCHE, Lizzy BEHNKE	#11	Northwest (Was)	50.64	4/22

Women's 4x400 Relay

1	25	Abi STEVENS, Sarah MAUK, Aayzia DUMAS, India ORTIZ	#4	Southern Orego	3:59.24	4/14
2	29	Cayla SMITH, Akuol RIAK, Hanna SOBKOWICH, Holly MACGILLIVRAY	#1	British Columbia	4:01.00	4/29
3	30	Morgan BAYES, Sydney PECK, Lauryn MITCHELL, Michelle HERBES	#2	Eastern Oregon	4:01.09	4/7
4	37	Adrienne MAI, Olivia BAILON, Madeline DESEMONE, Janea ROBERTSON	#6	Bushnell (Ore.)	4:04.45	3/30
5	50	Sage WOOD, Zoe BUTLER, Chloe BARYLSKI, Roby YOUNG	#3	College of Idaho	4:06.93	4/15
6	84	Juliana BROWN, Kristi HIRTE, Jenna MILLER, Hero PETERS	#8	Corban (Ore.)	4:18.97	3/22
7		Nevaeh AUSTIN, Isabelle RAASCH, Kassidy CHAMBERLIN, DeAsia WOSACHLO	#10	Multnomah (Ore)	4:37.51	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:48 AM

Cascade

Women's 4x800 Relay

1	3	Katie NEWLOVE, Kyla BECKER, Holly MACGILLIVRAY, Rachel MORTIMER	#1	British Columbia A:B	9:15.27	3/25
---	----------	--	-----------	----------------------	----------------	------

Women's High Jump

1	7	Abi STEVENS	#4	Southern Oregon B	1.66m	5-5¼	4/7
2	24	Roby YOUNG	#3	College of Idaho	1.63m	5-4¼	4/15
3	28	Sarah PIMBLETT	#1	British Columbia	1.62m	5-3¾	4/20
4	41	Corona PARKER	#9	Evergreen State	1.59m	5-2½	4/20
5	44	Lizzy GRANDLE	#2	Eastern Oregon	1.58m	5-2¼	3/30
6	50	Ally ODELL	#7	Oregon Tech	1.57m	5-1¾	4/8
7	57	Sara HATHAWAY	#5	Lewis-Clark Stat	1.56m	5-1¼	3/23
8	60	Karli BEDARD	#2	Eastern Oregon	1.55m	5-1	3/30
9	90	Emma HARLESS	#5	Lewis-Clark Stat	1.53m	5-¼	4/15
10	95	Morgan HARRISON	#3	College of Idaho	1.52m	4-11¾	4/7
10	95	Brittan BRATSCHER	#7	Oregon Tech	1.52m	4-11¾	4/8

Women's Pole Vault

1	8	Sonya URBANOWICZ	#1	British Columbia A:B	3.80m	12-5½	3/25
2	26	Cynthia SMITH	#5	Lewis-Clark Stat	3.45m	11-3¾	3/18
2	26	India ORTIZ	#4	Southern Oregon	3.45m	11-3¾	3/17
4	52	Sage WOOD	#3	College of Idaho	3.16m	10-4¼	4/7
5	59	Gabi HANSEN	#4	Southern Oregon	3.10m	10-2	4/21
6	65	Desiree WINSLOW	#5	Lewis-Clark Stat	3.05m	10-0	4/13
6	65	Emberlynn MACK	#5	Lewis-Clark Stat	3.05m	10-0	3/18
8	71	Faith WAGNER	#2	Eastern Oregon	3.01m	9-10½	4/7
9		Leah NASTRI	#8	Corban (Ore.)	2.65m	8-8¼	4/21

Women's Long Jump

1	14	Emma RASTAD	#1	British Columbia A:B	5.78m	18-11¾ (0.0)	3/18
2	27	Rebecca DUTCHAK	#1	British Columbia B	5.67m	18-7¼ (0.2)	3/18
3	35	Addison TRENT	#3	College of Idaho	5.59mw	18-4¼ (3.2)	4/15
4	38	Princess BROWNE	#10	Multnomah (Ore.)	5.54mw	18-2¼ (2.2)	4/28
5	45	Allison MACDONALD	#1	British Columbia	5.48m	17-11¾ (0.0)	4/29
6	51	Abi STEVENS	#4	Southern Oregon	5.46m	17-11 (0.0)	4/20
7	58	Mayah PAPPAS	#6	Bushnell (Ore.)	5.41m	17-9 (2.0)	3/11
8	80	Janea ROBERTSON	#6	Bushnell (Ore.)	5.29mw	17-4¼ (2.1)	3/11
9		Karli BEDARD	#2	Eastern Oregon	5.16m	16-11¼ (0.0)	4/15
9		Jenna HODGES	#4	Southern Oregon	5.16m	16-11¼ (-0.0)	3/30

Women's Triple Jump

1	10	Princess BROWNE	#10	Multnomah (Ore.) A:B	11.80m	38-8¾ (0.0)	3/17
2	11	Allison MACDONALD	#1	British Columbia B	11.74m	38-6¼ (-0.0)	4/14
3	40	Sienna BAUER	#4	Southern Oregon	11.15m	36-7 (-4.0)	4/21
4	61	Sydney ZYWINA	#5	Lewis-Clark Stat	10.91m	35-9½ (0.6)	4/13
5	73	Sara VANDERWYK	#3	College of Idaho	10.75mw	35-3¼ (3.0)	4/15
6		Jada KISNER	#3	College of Idaho	10.28m	33-8¾ (1.3)	4/28
7		Alexa HORSLEY	#5	Lewis-Clark Stat	10.27m	33-8½ (1.1)	3/23
8		Adrienne WASHINGTON	#2	Eastern Oregon	10.26m	33-8 (0.0)	4/28
9		Jenae USSELMAN	#6	Bushnell (Ore.)	10.00m	32-9¾ (0.4)	3/11
10		Cami GOODWIN	#4	Southern Oregon	9.72m	31-10¾ (-1.0)	4/21

Women's Shot Put

1	1	Maggie LEDBETTER	#2	Eastern Oregon A:B	14.57m	47-9¾	4/15
2	16	Michelle DADSON	#1	British Columbia B	13.52m	44-4¼	4/29
3	36	Kenna WOODWARD	#2	Eastern Oregon	12.70m	41-8	4/15
4	45	Libby MATHIS	#6	Bushnell (Ore.)	12.50m	41-¼	4/14
5	46	Star HERRON	#3	College of Idaho	12.49m	40-11¾	4/15
6	81	Lizzy GRANDLE	#2	Eastern Oregon	11.90m	39-½	4/28
7	87	Rebecca DUTCHAK	#1	British Columbia	11.86m	38-11	4/20
8	95	Andrea OSBON	#4	Southern Oregon	11.78m	38-7¾	4/1
9		Taylor DURFEY	#3	College of Idaho	11.45m	37-6¾	4/28
10		Kay REED	#3	College of Idaho	10.94m	35-10¾	4/15

Women's Discus

1	24	Maggie LEDBETTER	#2	Eastern Oregon B	42.69m	140-1	4/15
2		Gabrielle TATA-RODRIGUES	#8	Corban (Ore.)	37.21m	122-1	4/21
3		Emily BITLER	#7	Oregon Tech	37.13m	121-10	4/21
4		Trinity HILL	#2	Eastern Oregon	36.73m	120-6	3/18
5		Jalyn SACKRIDER	#9	Evergreen State	36.48m	119-8	3/18
6		Grace OSBORNE	#5	Lewis-Clark Stat	36.22m	118-10	3/18
7		Kenna WOODWARD	#2	Eastern Oregon	35.87m	117-8	4/28
8		Kay REED	#3	College of Idaho	35.84m	117-7	4/15
9		McKi KING	#2	Eastern Oregon	35.77m	117-4	4/15
10		Leah SCHIEWE	#6	Bushnell (Ore.)	34.82m	114-3	4/28

Women's Hammer

1	8	Kenna WOODWARD	#2	Eastern Oregon A:B	51.83m	170-1	4/15
2	10	Bella HALL	#1	British Columbia A:B	51.76m	169-10	4/8
3	13	Michelle DADSON	#1	British Columbia A:B	51.30m	168-4	3/18
4	17	Maggie LEDBETTER	#2	Eastern Oregon A:B	50.57m	165-11	4/28
5	19	Lauren FRIESEN	#1	British Columbia B	50.02m	164-1	4/29
6	29	Star HERRON	#3	College of Idaho	48.47m	159-0	4/15
7	55	Katie MULL	#7	Oregon Tech	44.92m	147-5	4/14
8	84	Jaelene CHAVEZ	#8	Corban (Ore.)	43.25m	141-11	4/28
9	99	Gabrielle TATA-RODRIGUES	#8	Corban (Ore.)	42.23m	138-7	4/21
10		Trinity HILL	#2	Eastern Oregon	41.68m	136-9	4/15

Women's Javelin

1	2	Alex CONLEY	#7	Oregon Tech A:B	46.11m	151-4	4/8
2	6	Allie BEST	#2	Eastern Oregon A:B	43.45m	142-7	4/15
3	7	Giovanna JANES	#1	British Columbia A:B	43.25m	141-11	4/13
4	10	Brittan BRATSCHER	#7	Oregon Tech A:B	42.24m	138-7	3/17
5	12	Aarika BROOKS	#7	Oregon Tech A:B	41.73m	136-11	4/28
6	14	Lizzy GRANDLE	#2	Eastern Oregon A:B	41.04m	134-8	4/28
7	16	Kea STIEGLITZ	#5	Lewis-Clark Stat B	39.89m	130-11	4/15
8	23	Jenae USSELMAN	#6	Bushnell (Ore.)	38.87m	127-7	3/11
9	25	Sammy CONLEY	#2	Eastern Oregon	38.69m	126-11	4/28
10	32	Rebecca DUTCHAK	#1	British Columbia	38.06m	124-11	4/20



Conference TFRI Event Summary

as of 5/1/2023 7:21:48 AM

Cascade

Women's Heptathlon

1	2	Rebecca DUTCHAK	#1	British Columbia B	4,845	4/20
2	5	Abi STEVENS	#4	Southern Oregon B	4,720	4/20
3	9	Lizzy GRANDLE	#2	Eastern Oregon B	4,445	4/20
4	11	Sammy CONLEY	#2	Eastern Oregon B	4,296	4/20
5	12	Ally ODELL	#7	Oregon Tech B	4,282	4/20
6	13	Jenna HODGES	#4	Southern Oregon B	4,265	4/20
7	14	Roby YOUNG	#3	College of Idaho B	4,209	4/20
8	19	Corona PARKER	#9	Evergreen State B	4,096	4/20
9	24	Karli BEDARD	#2	Eastern Oregon B	3,992	4/20
10	25	Sara HATHAWAY	#5	Lewis-Clark State B	3,986	3/23



Conference TFRI Event Summary

as of 5/1/2023 7:21:48 AM

Chicagoland

Women's 100 Meters

1	8	Alyssa BUSKER	#5	Trinity Christian	A: 11.73w	(3.2)	4/15
2	59	Kimberly BRENT	#1	Olivet Nazarene	12.25	(1.8)	4/28
3	68	Mara BRUNO	#4	St. Francis (Ill.)	12.30w	(3.7)	3/31
4	85	Kiara CARTER	#1	Olivet Nazarene	12.38w	(2.9)	4/22
5		Jamaya JENKINS	#2	Saint Xavier (Ill.)	12.54w	(2.4)	3/31
6		Olivia STURRUP	#1	Olivet Nazarene	12.55	(1.3)	4/28
7		Cassandra URIBE	#6	Judson (Ill.)	12.57w	(2.2)	4/21
7		Emerson COLINS	#4	St. Francis (Ill.)	12.57w	(2.6)	3/31
9		Tera MILLER	#1	Olivet Nazarene	12.62w	(3.8)	4/1
10		Amanda LICHTENSTEIN	#5	Trinity Christian	12.65	(1.7)	3/10

Women's 100 Meter Hurdles

1	7	Hannah ANTKOVIK	#1	Olivet Nazarene	A: 13.85	(1.1)	4/13
2		Emma BETTS	#1	Olivet Nazarene	16.18	(0.9)	4/28
3		Emerson COLINS	#4	St. Francis (Ill.)	16.23	(2.0)	3/31
4		Lana MUSA	#2	Saint Xavier (Ill.)	16.37	(1.0)	4/28
5		Jolene MANTOAN	#1	Olivet Nazarene	17.31w	(2.5)	4/1
6		Gianna TRENTER	#4	St. Francis (Ill.)	17.35	(-0.1)	4/7
7		Kate SURWILLO	#3	St. Ambrose (Iov	18.96w	(2.4)	4/21

Women's 200 Meters

1	9	Alyssa BUSKER	#5	Trinity Christian	A: 24.17w	(2.6)	4/15
2	36	Kimberly BRENT	#1	Olivet Nazarene	25.08w	(3.2)	4/13
2	36	Kiara CARTER	#1	Olivet Nazarene	25.08w	(3.7)	4/22
4	49	Hannah ANTKOVIK	#1	Olivet Nazarene	25.27	(-0.8)	4/28
5	62	Mara BRUNO	#4	St. Francis (Ill.)	25.40	(0.1)	4/14
6	70	Gabbi BUTLER	#3	St. Ambrose (Iov	25.47	(0.7)	4/21
7	87	Cassandra URIBE	#6	Judson (Ill.)	25.65w	(2.6)	4/15
8		Tera MILLER	#1	Olivet Nazarene	26.46	(-0.8)	4/28
9		Amanda LICHTENSTEIN	#5	Trinity Christian	26.51w	(2.5)	4/28
10		Sydney HATCH	#1	Olivet Nazarene	26.54w	(3.7)	4/22

Women's 400 Meters

1	5	Hannah ANTKOVIK	#1	Olivet Nazarene	A: 55.51		4/22
2	19	Gabbi BUTLER	#3	St. Ambrose (Iov	A: 56.58		4/26
3	24	Kiara CARTER	#1	Olivet Nazarene	A: 56.84		4/13
4	31	Mara BRUNO	#4	St. Francis (Ill.)	B 57.26		4/27
5	61	Cassandra URIBE	#6	Judson (Ill.)	58.55		4/28
6	69	Amanda LICHTENSTEIN	#5	Trinity Christian	58.85		4/15
7	78	Carsyn BURDINE	#1	Olivet Nazarene	58.97		4/13
8	91	Tera MILLER	#1	Olivet Nazarene	59.36		4/28
9		Megan JANSETT	#3	St. Ambrose (Iov	59.89		4/14
10		Tori ORTON	#1	Olivet Nazarene	1:00.28		4/28

Women's 400 Meter Hurdles

1	1	Hannah ANTKOVIK	#1	Olivet Nazarene	A: 56.97		4/26
2	29	Katie LAMBRECHT	#3	St. Ambrose (Iov	1:05.23		4/27
3	62	Emma BETTS	#1	Olivet Nazarene	1:06.92		4/28
4	71	Lana MUSA	#2	Saint Xavier (Ill.)	1:07.61		4/28
5		Gianna TRENTER	#4	St. Francis (Ill.)	1:10.75		4/7
6		Victoria DOLBNAIK	#2	Saint Xavier (Ill.)	1:12.26		4/22
7		Kenia SALGADO	#2	Saint Xavier (Ill.)	1:17.44		3/31
8		Monse MORALES	#7	Roosevelt (Ill.)	1:29.06		4/15

Women's 800 Meters

1		Delilah DELGADO	#2	Saint Xavier (Ill.)	2:22.91		4/22
2		Megan JANSETT	#3	St. Ambrose (Iov	2:24.00		4/21
3		Tori ORTON	#1	Olivet Nazarene	2:25.62		4/22
4		Nayely MARTINEZ	#2	Saint Xavier (Ill.)	2:25.95		4/7
5		Heidi HELDT	#1	Olivet Nazarene	2:26.03		4/28
6		Beatrice BRUNO	#7	Roosevelt (Ill.)	2:28.53		4/15
7		Ariadna JUAREZ	#4	St. Francis (Ill.)	2:30.77		3/31
8		Kyleigh FOSTER	#3	St. Ambrose (Iov	2:30.83		4/14
9		Victoria DOLBNAIK	#2	Saint Xavier (Ill.)	2:31.46		4/7
10		Danielle GIBSON	#6	Judson (Ill.)	2:32.06		4/28

Women's 1500 Meters

1	16	Ana PINEDA	#4	St. Francis (Ill.)	B 4:37.09		4/1
2	21	Allison RAMSEY	#4	St. Francis (Ill.)	4:41.09		4/1
3		Jacey SCHICKEL	#1	Olivet Nazarene	5:00.05		4/22
4		Alexia BIBAKIS	#4	St. Francis (Ill.)	5:00.43		3/31
5		Kasey MORENO	#6	Judson (Ill.)	5:06.79		4/7
6		Delilah DELGADO	#2	Saint Xavier (Ill.)	5:07.06		3/31
7		Olivia BUKOWSKI	#4	St. Francis (Ill.)	5:07.17		3/31
8		Liliana ORDONEZ	#4	St. Francis (Ill.)	5:07.18		4/27
9		Jordyn FLEENER	#5	Trinity Christian	5:13.72		4/22
10		Eleanor FOURNIER	#1	Olivet Nazarene	5:14.18		4/1

Women's Steeplechase

1		Rileigh FORTUNE	#3	St. Ambrose (Iov	13:33.48		4/21
2		Kenia SALGADO	#2	Saint Xavier (Ill.)	14:10.37		4/22
3		Rylee MCCREY	#3	St. Ambrose (Iov	15:36.19		4/5

Women's 5000 Meters

1	26	Allison RAMSEY	#4	St. Francis (Ill.)	B 17:35.68		4/27
2	28	Ana PINEDA	#4	St. Francis (Ill.)	B 17:39.89		4/7
3	34	Bailey WILK	#4	St. Francis (Ill.)	17:44.47		4/27
4	36	Olivia BUKOWSKI	#4	St. Francis (Ill.)	17:44.87		4/27
5	40	Alexia BIBAKIS	#4	St. Francis (Ill.)	17:54.07		4/7
6	67	Eleanor FOURNIER	#1	Olivet Nazarene	18:22.00		4/22
7		Kelsey RICE	#4	St. Francis (Ill.)	19:03.42		4/27
8		Lauren SMITH	#1	Olivet Nazarene	19:27.50		4/22
9		Kasey MORENO	#6	Judson (Ill.)	20:04.89		3/31
10		Daniella NINO	#2	Saint Xavier (Ill.)	20:50.16		4/22



Conference TFRI Event Summary

as of 5/1/2023 7:21:49 AM

Chicagoland

Women's 10,000 Meters

1	5	Katherine BAKKEN	#4	St. Francis (Ill.)	A:B 36:02.42	4/1
2	7	Bailey WILK	#4	St. Francis (Ill.)	A:B 36:17.76	4/1
3	16	Jacey SCHICKEL	#1	Olivet Nazarene	A:B 37:19.61	4/1
4		Daniella NINO	#2	Saint Xavier (Ill.)	43:47.27	3/31

Women's 5000m Race Walk

1	20	Beth RODRIGUEZ	#6	Judson (Ill.)	30:24.79	4/28
2	23	Alanna RODRIGUEZ	#2	Saint Xavier (Ill.)	30:52.78	4/22

Women's 4x100 Relay

1	12	Kiara CARTER, Kimberly BRENT, Hannah ANTKOVIK, Olivia STURRUP	#1	Olivet Nazarene	A:B 47.13	4/13
2	46	Lexie JOHNSON, Paige CRIPPE, Katie LAMBRECHT, Gabbi BUTLER	#3	St. Ambrose (Iov)	48.87	4/27

Women's 4x400 Relay

1	8	Kiara CARTER, Carsyn BURDINE, Tera MILLER, Hannah ANTKOVIK	#1	Olivet Nazarene	A:B 3:50.38	4/26
2	76	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Kristen BOOKER	#2	Saint Xavier (Ill.)	4:14.85	4/7
3	92	Josilyn BALLOR, Ella RICHTER, Danielle GIBSON, Cassandra URIBE	#6	Judson (Ill.)	4:21.41	4/28
4		Amanda LICHTENSTEIN, Alyssa BUSKER, Jordyn FLEENER, Olivia WROBEL	#5	Trinity Christian	4:42.06	4/5
5		Addy SMITH, Kyleigh FOSTER, Rylee MCCRERY, Jayne EILDERTS	#3	St. Ambrose (Iov)	4:58.66	4/21

Women's 4x800 Relay

1	30	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Victoria DOLBNIK	#2	Saint Xavier (Ill.)	10:03.64	3/31
---	----	---	----	---------------------	----------	------

Women's High Jump

1	60	Alyssa HORSTMAN	#5	Trinity Christian	1.55m	5-1	4/28
2		Ambyer MAREE- DERRICK	#2	Saint Xavier (Ill.)	1.50m	4-11	3/31
3		Lana MUSA	#2	Saint Xavier (Ill.)	1.45m	4-9	4/22
4		Olivia SOBIESZCZYK	#3	St. Ambrose (Iov)	1.42m	4-7¾	4/5
5		Anita ALASSANI	#2	Saint Xavier (Ill.)	1.40m	4-7	4/28
5		Chloe VANDERVEEN	#1	Olivet Nazarene	1.40m	4-7	4/1
7		Kate SURWILLO	#3	St. Ambrose (Iov)	1.19m	3-10¾	4/21

Women's Pole Vault

1	26	Olivia EARL	#1	Olivet Nazarene	3.45m	11-3¾	4/13
2	35	Kate SURWILLO	#3	St. Ambrose (Iov)	3.36m	11-¼	4/1
3	38	Ryleigh WARDEN	#3	St. Ambrose (Iov)	3.28m	10-9	4/21
4	53	Karleigh BARAN	#1	Olivet Nazarene	3.15m	10-4	4/1
5	72	Ellie SCHOON	#1	Olivet Nazarene	3.00m	9-10	4/13
6	88	Jayda HOVLAND	#1	Olivet Nazarene	2.80m	9-2¼	4/28
7	99	Kylie DITTMAN	#1	Olivet Nazarene	2.70m	8-10¼	4/1
8		Abigail LUECK	#1	Olivet Nazarene	2.65m	8-8¼	4/22
9		Tara RYAN	#3	St. Ambrose (Iov)	2.60m	8-6¼	4/27
10		Makenna SMITH	#1	Olivet Nazarene	2.50m	8-2½	4/28

Women's Long Jump

1	45	Lexie JOHNSON	#3	St. Ambrose (Iov)	5.48m	17-11¾ (0.0)	4/1
2	58	Mara BRUNO	#4	St. Francis (Ill.)	5.41m	17-9 (0.0)	3/31
3	80	Hailey PERRINE	#1	Olivet Nazarene	5.29m	17-4¼ (2.0)	4/13
4	86	Tajana SIMS	#2	Saint Xavier (Ill.)	5.28m	17-4 (0.0)	4/7
5	96	Lexie JOHNSON	#3	St. Ambrose (Iov)	5.25m	17-2¾ (0.0)	4/27
6		Liliana OLSEN	#3	St. Ambrose (Iov)	5.07mw	16-7¾ (3.5)	4/21
6		Jolene MANTOAN	#1	Olivet Nazarene	5.07m	16-7¾ (0.8)	4/22
8		Tristyn GRUBE	#1	Olivet Nazarene	5.02m	16-5¾ (0.0)	4/1
9		Alexis ANDERSEN	#3	St. Ambrose (Iov)	4.76m	15-7½ (0.0)	4/1
10		Paris BROWN	#2	Saint Xavier (Ill.)	4.75m	15-7 (1.5)	4/7

Women's Triple Jump

1	32	Jolene MANTOAN	#1	Olivet Nazarene	11.29m	37-½ (0.0)	4/1
2		Liliana OLSEN	#3	St. Ambrose (Iov)	10.45m	34-3½ (0.0)	4/1
3		Hailey PERRINE	#1	Olivet Nazarene	10.43m	34-2¾ (0.0)	4/1
4		Alexis ANDERSEN	#3	St. Ambrose (Iov)	9.92mw	32-6½ (3.9)	4/14
5		Addison ADAMS	#1	Olivet Nazarene	9.86m	32-4¼ (0.0)	4/1
6		Tajana SIMS	#2	Saint Xavier (Ill.)	9.81m	32-2¼ (0.7)	3/31

Women's Shot Put

1	10	Annah MILLER	#3	St. Ambrose (Iov)	A:B 13.86m	45-5¾	4/21
2	24	Lana KROHE	#1	Olivet Nazarene	B 13.04m	42-9½	4/13
3	60	Courtney HALL	#1	Olivet Nazarene	12.24m	40-2	4/22
4		Madison SIMPSON	#2	Saint Xavier (Ill.)	11.63m	38-2	3/31
5		Sarah SCHOONMAKER	#1	Olivet Nazarene	11.51m	37-9¼	4/22
6		Layla ALEXANDER	#2	Saint Xavier (Ill.)	11.18m	36-8¼	4/7
7		Katie DEHAAN	#2	Saint Xavier (Ill.)	11.09m	36-4¾	4/22
8		Jamie SIEROCKI	#2	Saint Xavier (Ill.)	10.75m	35-3¼	4/7
9		Ashlynn LARA	#5	Trinity Christian	10.41m	34-2	4/15
10		Anna DUNNE	#3	St. Ambrose (Iov)	10.16m	33-4	4/1



Conference TFRI Event Summary

as of 5/1/2023 7:21:49 AM

Chicagoland

Women's Discus

1	6	Annah MILLER	#3	St. Ambrose (IovA:B	47.03m	154-4	4/14
2	16	Kayla MIKOTTIS	#1	Olivet Nazarene B	43.93m	144-2	4/13
3	28	Sarah SCHOONMAKER	#1	Olivet Nazarene	42.39m	139-1	4/1
4	35	Precious AGUAGYO	#2	Saint Xavier (Ill.)	41.33m	135-7	3/31
5	46	Courtney HALL	#1	Olivet Nazarene	40.53m	133-0	4/13
6		Kaylee HOLT	#4	St. Francis (Ill.)	34.88m	114-5	4/28
7		Jamie SIEROCKI	#2	Saint Xavier (Ill.)	34.66m	113-9	4/28
8		Jersey PANOCK	#2	Saint Xavier (Ill.)	34.08m	111-10	4/22
9		Elizabeth TREADWAY	#1	Olivet Nazarene	33.67m	110-6	4/1
10		Ashlyn UTTERBACK	#3	St. Ambrose (Iov	32.51m	106-8	4/27

Women's Hammer

1	25	Courtney HALL	#1	Olivet Nazarene B	48.99m	160-9	4/7
2	37	Precious AGUAGYO	#2	Saint Xavier (Ill.)	47.13m	154-8	3/31
3	56	Kayla MIKOTTIS	#1	Olivet Nazarene	44.89m	147-4	4/1
4	63	Elizabeth TREADWAY	#1	Olivet Nazarene	44.73m	146-9	4/5
5	74	Madison SIMPSON	#2	Saint Xavier (Ill.)	43.89m	144-0	3/31
6		Avery SPENCER	#1	Olivet Nazarene	42.16m	138-4	4/22
7		Layla ALEXANDER	#2	Saint Xavier (Ill.)	41.50m	136-2	4/28
8		Sarah SCHOONMAKER	#1	Olivet Nazarene	41.14m	135-0	4/1
9		Madi BLUMHOFF	#3	St. Ambrose (Iov	40.97m	134-5	4/21
10		Kaylee HOLT	#4	St. Francis (Ill.)	40.55m	133-1	4/22

Women's Javelin

1	38	Avery SPENCER	#1	Olivet Nazarene	37.27m	122-4	4/22
2	55	Jamie SIEROCKI	#2	Saint Xavier (Ill.)	35.85m	117-8	4/7
3	65	Tori ORTON	#1	Olivet Nazarene	34.75m	114-0	4/28
4		Ryleigh WARDEN	#3	St. Ambrose (Iov	31.64m	103-10	4/14
5		Katie DEHAAN	#2	Saint Xavier (Ill.)	30.55m	100-3	4/7
6		Jenna PANOCK	#5	Trinity Christian	28.27m	92-9	4/5
7		Precious AGUAGYO	#2	Saint Xavier (Ill.)	26.21m	86-0	4/28
8		Faith WYANT	#5	Trinity Christian	25.88m	84-11	4/15
9		Jersey PANOCK	#2	Saint Xavier (Ill.)	25.03m	82-1½	4/22
10		Lana MUSA	#2	Saint Xavier (Ill.)	21.57m	70-9¼	4/22

Women's Heptathlon

1	73	Kate SURWILLO	#3	St. Ambrose (Iov	2,485		4/21
---	----	---------------	----	------------------	-------	--	------



Conference TFRI Event Summary

as of 5/1/2023 7:21:49 AM

Continental

Women's 100 Meters

1	24	Brandy MACKEY	#4	Voorhees (S.C.)	B	11.95	(1.9)	4/14
2		Sonia KHAN	#1	Haskell (Kan.)		13.25w	(2.2)	4/29
3		Nadia KING	#3	Penn State Schu		13.38	(1.9)	4/1
4		Angelina BRUNER	#1	Haskell (Kan.)		13.96	(1.2)	3/31
5		Maliyah SOTO	#1	Haskell (Kan.)		14.14	(1.0)	3/25
6		Emmanuelle STREIB	#2	Florida National		14.29w	(3.1)	3/30
7		Nakooma PELT	#1	Haskell (Kan.)		14.73w	(2.2)	4/29
8		GRACEN EMERSON	#5	Ozarks (Mo.)		14.91w	(2.8)	3/17

Women's 100 Meter Hurdles

1		Romona FOULKS	#4	Voorhees (S.C.)		18.09	(-0.8)	3/23
2		Nadia KING	#3	Penn State Schu		18.13	(-0.2)	4/21
3		Mya POPE	#4	Voorhees (S.C.)		18.35	(-1.9)	3/23
4		Evelyn LOUCA	#3	Penn State Schu		21.11	(0.0)	3/25
5		Davionne-Michelle BELLE	#3	Penn State Schu		21.87	(-0.2)	4/21

Women's 200 Meters

1	99	Brandy MACKEY	#4	Voorhees (S.C.)		25.74	(1.7)	4/14
2		Prisilla GONZALEZ	#2	Florida National		28.93w	(2.2)	3/30
3		Nadia KING	#3	Penn State Schu		30.72	(1.8)	3/25

Women's 400 Meters

1		Prisilla GONZALEZ	#2	Florida National		1:07.14		4/14
---	--	-------------------	----	------------------	--	---------	--	------

Women's 400 Meter Hurdles

1		Mya POPE	#4	Voorhees (S.C.)		1:12.24		4/14
2		Evelyn LOUCA	#3	Penn State Schu		1:23.26		4/1
3		Malak MOWAFI	#3	Penn State Schu		1:31.91		4/8

Women's 800 Meters

1		Maryam ABREU	#2	Florida National		2:25.21		4/14
2		Heidi THOMAS	#1	Haskell (Kan.)		2:35.13		4/23
3		Hassell ZELEDON	#2	Florida National		2:40.86		4/14
4		Olivia BARKSDALE	#6	Tennessee South		2:40.93		4/22
5		Daryl QUICHIMBO	#2	Florida National		2:43.69		3/30
6		Brianna WHITEHORSE	#1	Haskell (Kan.)		2:48.12		3/31
7		Nina BITSILLY	#1	Haskell (Kan.)		2:49.63		4/29
8		Prisilla GONZALEZ	#2	Florida National		2:52.47		3/30
9		Jayne MORRIS	#1	Haskell (Kan.)		2:52.72		3/31
10		Heather CASTRO	#2	Florida National		2:52.92		3/30

Women's 1500 Meters

1		Maryam ABREU	#2	Florida National		5:03.06		3/30
2		Kiara IRON HEART	#1	Haskell (Kan.)		5:04.54		4/23
3		Tiajhae NEZ	#1	Haskell (Kan.)		5:10.85		4/23
4		Hassell ZELEDON	#2	Florida National		5:40.64		3/30
5		Daryl QUICHIMBO	#2	Florida National		5:43.01		3/30
6		Brianna WHITEHORSE	#1	Haskell (Kan.)		5:46.87		4/29
7		Heather CASTRO	#2	Florida National		5:48.38		4/14
8		Heidi THOMAS	#1	Haskell (Kan.)		5:49.27		3/25
9		NAOMI FOSKETT	#5	Ozarks (Mo.)		6:01.85		3/17
10		Araya APACHEE	#1	Haskell (Kan.)		6:33.25		3/25

Women's Steeplechase

1		Malak MOWAFI	#3	Penn State Schu		16:55.50		4/1
---	--	--------------	----	-----------------	--	----------	--	-----

Women's 5000 Meters

1		Tiajhae NEZ	#1	Haskell (Kan.)		20:18.83		4/13
2		Olivia BARKSDALE	#6	Tennessee South		20:51.70		3/31
3		Jordan GREENE	#6	Tennessee South		24:26.59		3/31
4		Carla COLLADO	#2	Florida National		29:45.80		4/14

Women's 4x100 Relay

1		Aysa BENALLY, Angelina BRUNER, Nakooma PELT, Sonia KHAN	#1	Haskell (Kan.)		52.51		4/29
---	--	--	----	----------------	--	-------	--	------

Women's 4x400 Relay

1		Prisilla GONZALEZ, Daryl QUICHIMBO, Hassell ZELEDON, Maryam ABREU	#2	Florida National		4:35.81		3/17
---	--	--	----	------------------	--	---------	--	------

Women's 4x800 Relay

1	43	Kiara IRON HEART, Brianna WHITEHORSE, Tiajhae NEZ, Heidi THOMAS	#1	Haskell (Kan.)		10:18.43		4/23
---	----	---	----	----------------	--	----------	--	------

Women's High Jump

1		Terralyn BROCKINGTON	#2	Florida National		1.42m	4-7¾	3/30
---	--	----------------------	----	------------------	--	-------	------	------

Women's Long Jump

1	42	Brandy MACKEY	#4	Voorhees (S.C.)		5.50m	18-½ (0.0)	3/23
2		Maliyah SOTO	#1	Haskell (Kan.)		4.91m	16-1½ (0.6)	3/25
3		Terralyn BROCKINGTON	#2	Florida National		4.82m	15-9¾ (0.8)	3/17
4		Nadia KING	#3	Penn State Schu		4.62m	15-2 (-3.4)	4/21
5		Davionne-Michelle BELLE	#3	Penn State Schu		3.99m	13-1¼ (-1)	4/21
6		GRACEN EMERSON	#5	Ozarks (Mo.)		3.94m	12-11¼ (0)	3/31

Women's Shot Put

1		Therann MOORE	#1	Haskell (Kan.)		11.02m	36-2	3/31
2		Haeli STEVENS	#1	Haskell (Kan.)		9.93m	32-7	4/13
3		MADELYNNE WALKER	#5	Ozarks (Mo.)		8.90m	29-2½	3/17
4		PRAISE PHILLIPS	#5	Ozarks (Mo.)		8.04m	26-4½	4/22
5		Emmanuelle STREIB	#2	Florida National		7.63m	25-½	3/3
6		MADISON INMAN	#5	Ozarks (Mo.)		7.31m	23-11¾	3/17
7		Davionne-Michelle BELLE	#3	Penn State Schu		7.22m	23-8¼	4/21

Women's Discus

1		Therann MOORE	#1	Haskell (Kan.)		31.61m	103-9	4/29
2		Haeli STEVENS	#1	Haskell (Kan.)		27.80m	91-2½	3/31
3		PRAISE PHILLIPS	#5	Ozarks (Mo.)		24.84m	81-6	3/31
4		MADISON INMAN	#5	Ozarks (Mo.)		23.17m	76-¼	3/17
5		MADELYNNE WALKER	#5	Ozarks (Mo.)		21.41m	70-3	4/22
6		Emmanuelle STREIB	#2	Florida National		20.90m	68-7	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:49 AM

Continental

Women's Javelin

1	84	Aysa BENALLY	#1	Haskell (Kan.)	33.91m	<i>111-3</i>	4/23
2		MADISON INMAN	#5	Ozarks (Mo.)	26.28m	<i>86-2¾</i>	3/31
3		Terralyn BROCKINGTON	#2	Florida National	25.90m	<i>84-11¾</i>	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:49 AM

Crossroads

Women's 100 Meters

1	24	Giorgia MAMELI	#1	Marian (Ind.)	B	11.95	(1.9)	4/20
2	44	Makayla MELVIN	#1	Marian (Ind.)		12.14	(1.9)	4/20
3	66	D'Arjha DAVIS	#4	Taylor (Ind.)		12.29	(1.9)	4/20
4	72	Riley HERSHBERGER	#5	Bethel (Ind.)		12.31	(1.9)	4/20
5	91	Ally HAWK	#2	Indiana Wesleya		12.42w	(2.8)	4/28
6	93	Lauren COPPERSMITH	#2	Indiana Wesleya		12.43w	(2.5)	4/20
7	94	Maria MALDONADO	#7	Goshen (Ind.)		12.44	(1.9)	4/20
8		Ashley HALL	#4	Taylor (Ind.)		12.51w	(2.6)	4/20
9		Natalie GONZALEZ	#5	Bethel (Ind.)		12.53w	(2.5)	4/20
10		Kylie BROWN	#9	Spring Arbor (Mi)		12.63	(0.6)	4/14

Women's 100 Meter Hurdles

1	9	Erin OLEKSAK	#1	Marian (Ind.)	A:B	13.86w	(2.8)	4/20
2	16	Audrey ALTUM	#4	Taylor (Ind.)	A:B	14.40w	(2.8)	4/20
3	33	Ally HAWK	#2	Indiana Wesleya B		14.74	(1.8)	4/14
4	35	Rylin BAGARUS	#5	Bethel (Ind.)		14.77w	(2.8)	4/20
5	38	Patience SAKEUH	#4	Taylor (Ind.)		14.80	(0.0)	4/6
6	43	Kiana SIEFERT	#4	Taylor (Ind.)		14.87w	(2.8)	4/20
7	65	Destiny COPELAND	#6	Huntington (Ind)		15.24	(0.6)	4/13
8	68	DeJae HUDSON	#1	Marian (Ind.)		15.30w	(2.6)	4/20
9	96	Allison TEED	#9	Spring Arbor (Mi)		15.71w	(2.2)	3/25
10		Cailyn PENTECOST	#5	Bethel (Ind.)		15.96w	(2.1)	4/20

Women's 200 Meters

1	21	Giorgia MAMELI	#1	Marian (Ind.)	B	24.70w	(3.0)	4/13
2	51	Destiny COPELAND	#6	Huntington (Ind)		25.29	(0.9)	4/13
3	58	Destinee MCGRADY	#6	Huntington (Ind)		25.35w	(3.2)	4/13
4	66	Erin OLEKSAK	#1	Marian (Ind.)		25.42	(-0.3)	4/20
5	82	D'Arjha DAVIS	#4	Taylor (Ind.)		25.61w	(2.2)	4/14
6		Maria MALDONADO	#7	Goshen (Ind.)		25.90	(0.2)	4/7
7		Jai-Lyn NORWOOD	#1	Marian (Ind.)		26.11	(0.7)	3/25
8		Kylie BROWN	#9	Spring Arbor (Mi)		26.14	(0.0)	4/14
9		Ashley HALL	#4	Taylor (Ind.)		26.23	(-0.3)	4/20
10		Brianna HOOTON	#5	Bethel (Ind.)		26.32w	(2.2)	4/14
10		Kailyn ELY	#2	Indiana Wesleya		26.32	(1.6)	4/14
10		Riley HERSHBERGER	#5	Bethel (Ind.)		26.32	(1.0)	4/14

Women's 400 Meters

1	35	Destinee MCGRADY	#6	Huntington (Ind)		57.47		4/26
2	56	Jai-Lyn NORWOOD	#1	Marian (Ind.)		58.37		3/30
3	62	Ashley HALL	#4	Taylor (Ind.)		58.66		4/20
4	77	Giorgia MAMELI	#1	Marian (Ind.)		58.95		3/30
5	80	Taylor THOMAS	#1	Marian (Ind.)		59.02		4/20
6	91	Hanna REUTER	#1	Marian (Ind.)		59.36		3/30
7	98	Kylie BROWN	#9	Spring Arbor (Mi)		59.49		3/31
8		Kailyn ELY	#2	Indiana Wesleya		59.69		4/20
9		Kyras MAAS	#2	Indiana Wesleya		1:00.06		4/14
10		Olivia ADKINS	#3	Grace (Ind.)		1:00.11		4/14

Women's 400 Meter Hurdles

1	16	Ally HAWK	#2	Indiana Wesleya B		1:04.09		4/20
2	23	Destiny COPELAND	#6	Huntington (Ind)		1:04.91		4/20
3	40	Mariah MALEY	#8	Saint Francis (In		1:05.62		4/28
4	91	Rylin BAGARUS	#5	Bethel (Ind.)		1:08.60		4/20
5		Piper LINDSAY	#2	Indiana Wesleya		1:09.26		4/14
6		Karris SIGLER	#3	Grace (Ind.)		1:11.36		4/20
7		Cailyn PENTECOST	#5	Bethel (Ind.)		1:11.46		4/20
8		Ella MAAS	#2	Indiana Wesleya		1:12.57		4/20
9		Lily SCARBERRY	#10	Mount Vernon N		1:16.24		3/25
10		Arisa BOYD	#1	Marian (Ind.)		1:18.27		4/14

Women's 800 Meters

1	7	Kylie SAUDER	#3	Grace (Ind.)	A:B	2:11.81		4/14
2	22	Anna HULSTEDT	#3	Grace (Ind.)	B	2:15.60		4/14
3	31	Tara FRIESEN	#3	Grace (Ind.)		2:16.92		4/21
4	39	Evie MILLER	#8	Saint Francis (In		2:18.11		4/14
5	47	Heather PLASTOW	#3	Grace (Ind.)		2:18.96		4/28
6	73	Summer COOPER	#7	Goshen (Ind.)		2:20.47		4/20
7	77	Brooke STUDNICKI	#4	Taylor (Ind.)		2:20.84		4/28
8	94	Emily JOHNSON	#4	Taylor (Ind.)		2:21.74		4/28
9	99	Jocelyn DORNBIRER	#10	Mount Vernon N		2:21.91		4/14
9	99	Emma MUTERSPAW	#4	Taylor (Ind.)		2:21.91		4/14

Women's 1500 Meters

1	1	Addy WILEY	#6	Huntington (Ind)	A:B	4:12.53		4/26
2	12	Evie MILLER	#8	Saint Francis (In	A:B	4:35.11		4/14
3	17	Kylie SAUDER	#3	Grace (Ind.)	B	4:37.55		4/21
4	23	Anna HULSTEDT	#3	Grace (Ind.)		4:41.77		4/21
5	26	Heather PLASTOW	#3	Grace (Ind.)		4:41.84		4/14
6	37	Emma MUTERSPAW	#4	Taylor (Ind.)		4:43.35		4/6
7	38	Ahna VANDERWALL	#4	Taylor (Ind.)		4:43.65		4/6
8	39	Addi DEWEY	#2	Indiana Wesleya		4:43.88		4/20
9	40	Summer COOPER	#7	Goshen (Ind.)		4:43.91		4/20
10	43	Abbey GENTZ	#6	Huntington (Ind)		4:44.89		3/30

Women's Steeplechase

1	2	Evie MILLER	#8	Saint Francis (In	A:B	10:23.02		4/29
2	6	Ahna VANDERWALL	#4	Taylor (Ind.)	A:B	10:52.07		4/26
3	16	Lynae ACKLEY	#4	Taylor (Ind.)	B	11:18.83		4/20
4	37	Mia WELLINGTON	#7	Goshen (Ind.)		11:44.32		4/20
5	40	Katie ACKER	#3	Grace (Ind.)		11:50.90		4/20
6	48	ChristyAnn DELAHUNTY	#2	Indiana Wesleya		12:06.66		4/6
7	65	Lindsay HUSTON	#1	Marian (Ind.)		12:26.63		4/20
8	70	Caroline KOLB	#3	Grace (Ind.)		12:30.57		4/20
9	88	Angela JAYCOX	#9	Spring Arbor (Mi)		12:43.96		4/20
10	92	Reagan HOKE	#2	Indiana Wesleya		12:48.20		4/20



Conference TFRI Event Summary

as of 5/1/2023 7:21:49 AM

Crossroads

Women's 5000 Meters

1	10	Addi DEWEY	#2	Indiana Wesleyan	A:B 17:08.94	4/14
2	15	Elizabeth BARRETT	#2	Indiana Wesleyan	A:B 17:23.16	4/6
3	33	Alex EBETINO	#8	Saint Francis (Ind.)	17:44.24	4/14
4	38	Summer COOPER	#7	Goshen (Ind.)	17:49.63	4/7
5	41	Ali RAY	#1	Marian (Ind.)	17:54.26	3/30
6	42	Abbey GENTZ	#6	Huntington (Ind.)	17:57.12	4/20
7	61	Emily TEDDER	#6	Huntington (Ind.)	18:19.15	4/14
8	62	Carmen TRIER	#3	Grace (Ind.)	18:19.20	4/21
9	71	Katie ACKER	#3	Grace (Ind.)	18:26.43	4/14
10	80	Ashlyn HASTINGS	#2	Indiana Wesleyan	18:36.93	4/6

Women's 10,000 Meters

1	6	Mollie GAMBLE	#4	Taylor (Ind.)	A:B 36:08.29	4/26
2	9	Abbey GENTZ	#6	Huntington (Ind.)	A:B 36:55.88	4/14
3	20	Ali RAY	#1	Marian (Ind.)	B 37:34.50	3/25
4	21	Mallory HIATT	#3	Grace (Ind.)	B 37:35.24	4/14
5	29	Megan COOPER	#5	Bethel (Ind.)	B 38:05.10	4/20
6	78	Kate STUBER	#2	Indiana Wesleyan	41:05.15	4/20
7	80	Madelyn SKIDMORE	#3	Grace (Ind.)	41:08.63	4/14
8	84	Kaitlyn SMITH	#2	Indiana Wesleyan	41:33.68	4/20

Women's 4x100 Relay

1	16	Hanna REUTER, Jai-Lyn NORWOOD, Makayla MELVIN, Georgia MAMELI	#1	Marian (Ind.)	A:B 47.32	4/13
2	23	Patience SAKEUH, Audrey ALTUM, Kiana SIEFERT, D'Arjha DAVIS	#4	Taylor (Ind.)	A:B 47.76	4/20
3	41	Natalie GONZALEZ, Brianna HOOTON, Kilynn GUILER, Riley HERSHBERGER	#5	Bethel (Ind.)	48.64	4/14
4	59	Emma EWER, Ally HAWK, Emily BOMBEL, Lauren COPPERSMITH	#2	Indiana Wesleyan	49.52	4/14
5	81	Madelyn YODER, Olivia ADKINS, Zoe HULEY, Malia BUTLER	#3	Grace (Ind.)	51.03	4/28
6	87	Shailin GOLDEN, Julia ROSSINI, Madison RUHLIG, Rosine OLONI	#9	Spring Arbor (Mi)	51.26	4/14

Women's 4x400 Relay

1	14	Giorgia MAMELI, Makayla MELVIN, Erin OLESAK, Taylor THOMAS	#1	Marian (Ind.)	A:B 3:53.93	4/20
2	27	Ally HAWK, Kyras MAAS, Kailyn ELY, Chloe TAYLOR	#2	Indiana Wesleyan	3:59.78	4/20
3	51	Heather PLASTOW, Kylie SAUDER, Tara FRIESEN, Olivia ADKINS	#3	Grace (Ind.)	4:07.07	4/28
4	54	Mikayla ELLIS, Olivia JEANETTE, Emily JOHNSON, Ashley HALL	#4	Taylor (Ind.)	4:08.42	4/14
5	63	Ashley BURGESS, Lily SCARBERRY, Lyssi SNOUFFER, Jocelyn DORNIRER	#10	Mount Vernon N	4:11.46	3/30
6	91	Annika ALDERFER FISHER, Madison AXSOM, Summer COOPER, Maria MALDONADO	#7	Goshen (Ind.)	4:21.30	4/20
7	100	Angela JAYCOX, Ava HOUGHTON, Madison VORE, Kylie BROWN	#9	Spring Arbor (Mi)	4:24.09	3/31

Women's 4x800 Relay

1	12	Mariah MALEY, Alex EBETINO, Kelsey PECK, Evie MILLER	#8	Saint Francis (Ind.)	9:30.25	4/20
2	15	Annika ALDERFER FISHER, Mercy CHEBET, Summer COOPER, Mia WELLINGTON	#7	Goshen (Ind.)	9:35.96	4/20
3	17	Olivia JEANETTE, Emily JOHNSON, Emma MUTERSPAW, Kaitlin BURDEN	#4	Taylor (Ind.)	9:37.87	4/20
4	22	Katie WOODS, Liz LOICHINGER, Nora STEELE, Taylor THOMAS	#1	Marian (Ind.)	9:45.73	4/20
5	27	Jocelyn DORNIRER, Ellyn COE, Kaitlin MEADE, Morgan FORNEY	#10	Mount Vernon N	9:57.36	4/15
6	28	Karis HUNTER, Jenna COUWENHOVEN, Mara SMITH, Morgan FARR	#2	Indiana Wesleyan	10:01.90	4/20
7	55	Brett CAHALL, Emma COUGILL, Hannah CUSSEN, Emma GRUET	#5	Bethel (Ind.)	10:43.62	4/20



Conference TFRI Event Summary

as of 5/1/2023 7:21:50 AM

Crossroads

Women's High Jump

1	1	Erica XAYARATH	#6	Huntington (Ind)	A:B 1.74m	5-8½	3/24
2	4	Erin OLEKSAK	#1	Marian (Ind.)	A:B 1.68m	5-6	3/30
2	4	Abi HUME	#2	Indiana Wesleya	A:B 1.68m	5-6	4/6
4	10	Gina BUTZ	#1	Marian (Ind.)	B 1.65m	5-5	4/13
4	10	Madison AXSOM	#7	Goshen (Ind.)	B 1.65m	5-5	4/14
6	41	Lyssi SNOUFFER	#10	Mount Vernon N	1.59m	5-2½	4/14
7	60	Emily MCCREARY	#3	Grace (Ind.)	1.55m	5-1	4/6
7	60	Ariel MANNS	#5	Bethel (Ind.)	1.55m	5-1	3/29
9	84	Maiah SHELTON	#5	Bethel (Ind.)	1.54m	5-½	4/14
9	84	Cailyn PENTECOST	#5	Bethel (Ind.)	1.54m	5-½	4/14

Women's Pole Vault

1	22	Brooke HOLLOWAY	#10	Mount Vernon N	3.50m	11-5¾	4/22
2	41	Sophia SUMER	#5	Bethel (Ind.)	3.25m	10-8	4/20
3	59	Jael VANDER ZWAAG	#5	Bethel (Ind.)	3.10m	10-2	4/20
3	59	Emma LEHMAN	#3	Grace (Ind.)	3.10m	10-2	4/20
5	75	Betsy UNDERWOOD	#4	Taylor (Ind.)	2.95m	9-8	4/20
6	79	Charis SIEFERT	#4	Taylor (Ind.)	2.90m	9-6¼	4/6
7	88	Sarah DE LA GRANGE	#9	Spring Arbor (Mi	2.80m	9-2¼	3/31
8	99	Kassidy FALER	#7	Goshen (Ind.)	2.70m	8-10¼	4/14
9		Avery BIRKLA	#4	Taylor (Ind.)	2.60m	8-6¼	4/6
10		Alli TAYLOR	#1	Marian (Ind.)	2.55m	8-4¼	3/25

Women's Long Jump

1	3	Destiny COPELAND	#6	Huntington (Ind)	A:B 6.04mw	19-9¾ (4.0	4/20
2	19	Erin OLEKSAK	#1	Marian (Ind.)	B 5.73m	18-9¾ (0.4	3/30
3	22	Erica XAYARATH	#6	Huntington (Ind	B 5.71mw	18-8¾ (2.2	4/20
4	31	Jai-Lyn NORWOOD	#1	Marian (Ind.)	5.63m	18-5¾ (1.9	4/13
5	68	DeJae HUDSON	#1	Marian (Ind.)	5.34mw	17-6¼ (3.2	4/20
6	90	Macy MORGAN	#5	Bethel (Ind.)	5.27m	17-3½ (-5.	4/14
7		Sage BRANNON	#10	Mount Vernon N	5.20m	17-¾ (0.0)	4/14
8		Madison AXSOM	#7	Goshen (Ind.)	5.17m	16-11½ (0.	3/29
9		Hanna REUTER	#1	Marian (Ind.)	5.06m	16-7¼ (1.3	3/30
10		Holli REUTER	#1	Marian (Ind.)	4.98m	16-4¼ (-1.	4/14

Women's Triple Jump

1	2	Jai-Lyn NORWOOD	#1	Marian (Ind.)	A:B 12.53mw	41-1½ (4.0	3/30
2	5	Destiny COPELAND	#6	Huntington (Ind)	A:B 12.11m	39-8¾ (2.0	4/26
3	18	Naomi WALTERS	#1	Marian (Ind.)	B 11.63mw	38-2 (3.8)	3/30
4	27	Blessing LAUDERMILCH	#2	Indiana Wesleya	11.44m	37-6½ (-1.	4/14
5	28	Erica XAYARATH	#6	Huntington (Ind	11.43m	37-6 (0.6)	4/13
6	49	Kiana SIEFERT	#4	Taylor (Ind.)	11.03m	36-2¼ (1.6	4/20
7	63	Shirmara ANDERSON	#1	Marian (Ind.)	10.90m	35-9¾ (1.2	4/13
8	85	Makayla KEFFELER	#2	Indiana Wesleya	10.61m	34-9¾ (-0.	4/20
9	93	Abi HUME	#2	Indiana Wesleya	10.57m	34-8¼ (0.0	3/24
10		Brooke RUSSELL	#4	Taylor (Ind.)	10.15m	33-3¾ (1.1	4/20

Women's Shot Put

1	6	Arriana BENJAMIN	#1	Marian (Ind.)	A:B 14.04m	46-¾	4/20
2	8	Princess KARA	#2	Indiana Wesleya	A:B 13.94m	45-9	4/6
3	18	Alecia PARKER	#5	Bethel (Ind.)	B 13.46m	44-2	4/14
4	33	Markalah BARNES	#5	Bethel (Ind.)	12.80m	42-0	4/14
5	35	Merideth DEVRIES	#2	Indiana Wesleya	12.77m	41-10¾	4/20
6	62	Bri NICHOLS	#2	Indiana Wesleya	12.23m	40-1½	4/6
7	81	Makayla ROBERTS	#10	Mount Vernon N	11.90m	39-½	4/28
8	90	Lydia HALL	#9	Spring Arbor (Mi	11.82m	38-9½	4/14
9	E+O:	Sydney RICE	#5	Bethel (Ind.)	11.76m	38-7	4/20
10		Shyanne MOSER	#10	Mount Vernon N	11.75m	38-6¾	4/22

Women's Discus

1	1	Princess KARA	#2	Indiana Wesleya	A:B 52.04m	170-9	4/20
2	2	Merideth DEVRIES	#2	Indiana Wesleya	A:B 48.59m	159-5	4/20
3	4	Taylor WATERWAY	#2	Indiana Wesleya	A:B 47.24m	155-0	4/20
4	7	Arriana BENJAMIN	#1	Marian (Ind.)	A:B 46.23m	151-8	4/20
5	10	Lanae CROWE	#3	Grace (Ind.)	A:B 45.51m	149-4	4/20
6	13	Chloe MILLER	#2	Indiana Wesleya	A:B 44.81m	147-0	4/20
7	17	Tessa MOZZI	#2	Indiana Wesleya	B 43.50m	142-9	4/20
8	20	Bri NICHOLS	#2	Indiana Wesleya	B 42.87m	140-8	4/6
9	34	Mackenzie DELONG	#3	Grace (Ind.)	41.37m	135-9	4/6
10	42	Willow KENNEDA	#7	Goshen (Ind.)	41.12m	134-11	3/25

Women's Hammer

1	9	Arriana BENJAMIN	#1	Marian (Ind.)	A:B 51.82m	170-0	4/20
2	15	Chloe MILLER	#2	Indiana Wesleya	A:B 51.06m	167-6	4/6
3	20	Aanyah WRIGHT	#6	Huntington (Ind	B 49.98m	164-0	4/20
4	40	Madison KAUFFMAN	#5	Bethel (Ind.)	46.40m	152-3	3/29
5	49	Bri NICHOLS	#2	Indiana Wesleya	45.42m	149-0	4/6
6	70	Willow KENNEDA	#7	Goshen (Ind.)	44.33m	145-5	4/14
7	73	Jennifer SHERWOOD	#9	Spring Arbor (Mi	44.06m	144-7	4/14
8	78	Hallie BRENNER	#4	Taylor (Ind.)	43.62m	143-2	4/6
9	91	Allie MILLER	#1	Marian (Ind.)	42.93m	140-10	4/20
10		Keeley HUGHES	#1	Marian (Ind.)	42.11m	138-2	4/14

Women's Javelin

1	22	Precious WILKINS	#2	Indiana Wesleya	38.91m	127-8	4/14
2	28	Hannah BOERSEMA	#8	Saint Francis (In	38.47m	126-3	4/14
3	86	Gisele SALLADE	#2	Indiana Wesleya	33.83m	111-0	4/20
4		Mackenzie DELONG	#3	Grace (Ind.)	30.21m	99-1½	4/6
5		Juliana FENSKE	#2	Indiana Wesleya	29.05m	95-3¾	3/24
6		Allison TEED	#9	Spring Arbor (Mi	28.32m	92-11	3/31
7		Sarah BROWN	#5	Bethel (Ind.)	27.78m	91-1¾	4/28
8		Aanyah WRIGHT	#6	Huntington (Ind	26.99m	88-6¾	4/20
9		Cailyn PENTECOST	#5	Bethel (Ind.)	26.44m	86-9	3/29
10		Caitlin ZLABEK	#5	Bethel (Ind.)	24.73m	81-1¾	3/29

Women's Heptathlon

1	7	Destiny COPELAND	#6	Huntington (Ind	B 4,573		4/13
---	----------	------------------	----	-----------------	----------------	--	------



Conference TFRI Event Summary

as of 5/1/2023 7:21:50 AM

Frontier

Women's 100 Meters

1	Natylia JACOBSON	#2	Montana Tech	12.65	(1.8)	4/7
2	Kellan WAHL	#4	Rocky Mountain	12.67c	(12.64A) (2	3/19
3	Jadyn VERMILLION	#2	Montana Tech	12.86	(1.8)	4/7
4	Jenna HILLMAN	#4	Rocky Mountain	12.96c	(12.93A) (1	3/19
5	Brooklyn SCHULTZ	#1	Carroll (Mont.)	13.07w	(3.0)	4/27
6	Mollee CONLAN	#2	Montana Tech	13.29w	(3.0)	4/27
7	Naiya BEAUDIN	#2	Montana Tech	13.63w	(3.0)	4/27
8	Sydney MILLER	#1	Carroll (Mont.)	13.76w	(3.0)	4/27
9	Chloe RAATS	#1	Carroll (Mont.)	13.92w	(3.0)	4/27
10	Cynthia ASHLIMAN	#4	Rocky Mountain	14.12c	(14.09A) (1	3/19

Women's 100 Meter Hurdles

1	77 Abby CLARK	#2	Montana Tech	15.47c	(15.43A) (1	4/21
2	79 Olleca SEVERSON	#2	Montana Tech	15.49	(0.3)	4/7
3	Naiya BEAUDIN	#2	Montana Tech	15.97	(-0.7)	4/7
4	Kamden HILLBORN	#1	Carroll (Mont.)	16.93c	(16.89A) (2	4/14
5	Grace ALEXANDER	#3	Providence (Mo	17.13c	(17.09A) (2	4/14
6	Brette GRAHAM	#1	Carroll (Mont.)	17.20c	(17.16A) (1	4/21
7	Jasmin WYMAN	#3	Providence (Mo	17.45c	(17.41A) (2	4/14
8	Sadie FILIUS	#1	Carroll (Mont.)	18.58c	(18.54A) (2	4/14
9	Jacklyn WALLER	#2	Montana Tech	18.98c	(18.94A) (2	4/14

Women's 200 Meters

1	93 Paige BAXSTRESSER	#1	Carroll (Mont.)	25.72c	(25.65A) (0	4/14
2	Kellan WAHL	#4	Rocky Mountain	26.44w	(2.7)	4/27
3	Emily RATZ	#2	Montana Tech	26.63	(0.1)	4/7
4	Brooklyn SCHULTZ	#1	Carroll (Mont.)	26.81w	(2.7)	4/27
5	Abby CLARK	#2	Montana Tech	26.85w	(2.7)	4/27
6	Hadassah WILSON	#2	Montana Tech	27.09	(0.1)	4/7
7	Jenna HILLMAN	#4	Rocky Mountain	27.48c	(27.41A) (1	3/19
8	Jadyn VERMILLION	#2	Montana Tech	27.72c	(27.65A) (1	3/31
9	Sydney MILLER	#1	Carroll (Mont.)	27.85	(1.5)	4/27
10	Mollee CONLAN	#2	Montana Tech	28.12	(1.5)	4/27

Women's 400 Meters

1	33 Paige BAXSTRESSER	#1	Carroll (Mont.)	57.29		4/27
2	94 Emily RATZ	#2	Montana Tech	59.39		4/27
3	Sydney LITTLE LIGHT	#4	Rocky Mountain	59.68		4/27
4	Hadassah WILSON	#2	Montana Tech	59.95		4/27
5	Kamryn COMBA	#2	Montana Tech	1:00.28c	(1:00.17A)	4/14
6	Emilie CRAGO	#3	Providence (Mo	1:01.50c	(1:01.39A)	4/21
7	Madalen SHIPMAN	#1	Carroll (Mont.)	1:01.54c	(1:01.43A)	4/7
8	Rylie SCHOENFELD	#4	Rocky Mountain	1:02.49		4/27
9	Sorren REESE	#1	Carroll (Mont.)	1:04.79c	(1:04.68A)	3/31
10	Tyne STOKES	#4	Rocky Mountain	1:05.85		4/27

Women's 400 Meter Hurdles

1	30 Olleca SEVERSON	#2	Montana Tech	1:05.25c	(1:05.14A)	4/21
2	Jasmyn MURPHY	#3	Providence (Mo	1:09.52		4/27
3	Brette GRAHAM	#1	Carroll (Mont.)	1:10.03		4/27
4	Grace ALEXANDER	#3	Providence (Mo	1:11.22		4/27
5	Sorren REESE	#1	Carroll (Mont.)	1:12.70		4/27
6	Mikayla GOFFENA	#1	Carroll (Mont.)	1:15.26		4/27
7	Jasmin WYMAN	#3	Providence (Mo	1:17.65c	(1:17.54A)	4/14
8	Jacklyn WALLER	#2	Montana Tech	1:18.58		4/27

Women's 800 Meters

1	11 Sydney LITTLE LIGHT	#4	Rocky Mountain	2:14.39c	(2:14.77A)	4/21
2	29 Natalie YOCUM	#1	Carroll (Mont.)	2:16.79c	(2:17.18A)	4/21
3	55 Kamryn COMBA	#2	Montana Tech	2:19.51		4/7
4	London LAMBRECHT	#1	Carroll (Mont.)	2:22.05c	(2:22.48A)	4/7
5	Sydney J LAMB	#1	Carroll (Mont.)	2:25.71c	(2:26.12A)	4/21
6	Kathryn SNYDER	#1	Carroll (Mont.)	2:25.81c	(2:26.22A)	4/21
7	Kate PICANCO	#1	Carroll (Mont.)	2:27.08		4/27
8	Araceli RAMIREZ	#5	Montana Wester	2:27.17		4/27
9	Olleca SEVERSON	#2	Montana Tech	2:27.24c	(2:27.81A)	4/14
10	Kyle OLSON	#1	Carroll (Mont.)	2:27.41c	(2:27.83A)	3/24

Women's 1500 Meters

1	7 Sydney LITTLE LIGHT	#4	Rocky Mountain	4:30.63c	(4:33.79A)	4/21
2	Natalie YOCUM	#1	Carroll (Mont.)	4:55.78c	(4:59.23A)	3/24
3	Kallyn WILKINS	#4	Rocky Mountain	4:57.50c	(5:00.97A)	4/21
4	Araceli RAMIREZ	#5	Montana Wester	4:59.89c	(5:03.39A)	4/21
5	Carlin MANNING	#2	Montana Tech	5:00.11c	(5:04.98A)	4/14
6	Hailey NIELSON	#2	Montana Tech	5:01.14c	(5:04.65A)	4/21
7	Alyssa JANY	#2	Montana Tech	5:04.51c	(5:09.45A)	4/14
8	Sydney J LAMB	#1	Carroll (Mont.)	5:05.62c	(5:10.58A)	3/31
9	Madison KELLY	#2	Montana Tech	5:06.60		4/7
10	Mason BASELEY	#5	Montana Wester	5:07.29c	(5:10.87A)	4/21

Women's Steeplechase

1	27 Carlin MANNING	#2	Montana Tech	11:33.21c	(11:41.59A)	4/21
2	57 Hannah SEMPFF	#1	Carroll (Mont.)	12:19.19		4/7
3	59 Alyssa JANY	#2	Montana Tech	12:21.54c	(12:30.50A)	4/21
4	60 Erika ARTHUR	#1	Carroll (Mont.)	12:23.50c	(12:32.48A)	4/21
5	87 Rylie SCHOENFELD	#4	Rocky Mountain	12:43.38c	(12:52.60A)	4/21
6	99 CeCe EAGLETON	#5	Montana Wester	12:52.90c	(13:02.24A)	3/24
7	1E+00 Sydney D LAMB	#1	Carroll (Mont.)	12:52.92c	(13:02.26A)	3/24

Women's 5000 Meters

1	14 Sydney LITTLE LIGHT	#4	Rocky Mountain	17:21.93c	(17:35.16A)	3/31
2	77 Hailey NIELSON	#2	Montana Tech	18:33.91		4/27
3	78 Taya BREWER	#5	Montana Wester	18:33.95c	(18:48.66A)	4/21
4	Morgan BASELEY	#5	Montana Wester	18:59.33c	(19:14.38A)	4/21
5	Carlin MANNING	#2	Montana Tech	19:06.29c	(19:28.44A)	3/31
6	Jayden WOODLAND	#4	Rocky Mountain	19:16.17c	(19:30.85A)	3/19
7	Katelyn MCKAY	#1	Carroll (Mont.)	19:17.52c	(19:32.81A)	3/24
8	Chloe BRYNTESEN	#4	Rocky Mountain	19:19.70c	(19:35.02A)	4/21
9	Nicole MORGEN	#1	Carroll (Mont.)	19:22.58c	(19:37.94A)	3/24
10	Kyle OLSON	#1	Carroll (Mont.)	19:24.66c	(19:40.04A)	4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:50 AM

Frontier

Women's 10,000 Meters

1	32	Taya BREWER	#5	Montana Wester	38:29.23	4/7
2	46	Hailey NIELSON	#2	Montana Tech	39:27.19	4/27
3	54	Carlin MANNING	#2	Montana Tech	39:45.36	4/27
4	62	Katelyn MCKAY	#1	Carroll (Mont.)	40:12.20	4/7
5	64	Nicole MORGEN	#1	Carroll (Mont.)	40:13.78	4/7
6	77	Morgan BASELEY	#5	Montana Wester	40:58.18	4/7
7	99	Reghan WORLEY	#1	Carroll (Mont.)	42:23.36	4/27
8		Olivia NYGREEN	#3	Providence (Mo	43:58.82	4/27
9		Emma STACHOFSKY	#1	Carroll (Mont.)	46:21.63	4/27

Women's 4x100 Relay

1	41	Mollee CONLAN, Jadyn VERMILLION, Emily RATZ, Natylia JACOBSON	#2	Montana Tech	48.64c	(48.52A)	4/21
2	71	Paige BAXSTRESSER, Brooklyn SCHULTZ, Chloe RAATS, Madde BOLES	#1	Carroll (Mont.)	50.11c	(49.99A)	4/14
3	93	Gabriel PARINI, Jasmyn MURPHY, Grace ALEXANDER, Emilie CRAGO	#3	Providence (Mo	51.61c	(51.49A)	4/14
4	94	Brooke WIRKKALA, Jenna HILLMAN, Kellan WAHL, Lauryn FRIDERES	#4	Rocky Mountain	51.71		4/27

Women's 4x400 Relay

1	28	Paige BAXSTRESSER, Madalen SHIPMAN, Brooklyn SCHULTZ, London LAMBRECHT	#1	Carroll (Mont.)	4:00.82		4/27
2	32	Emily RATZ, Kamryn COMBA, Olleca SEVERSON, Hadassah WILSON	#2	Montana Tech	4:02.54		4/27
3	83	Kellan WAHL, Jenna HILLMAN, Tyne STOKES, Rylie SCHOENFELD	#4	Rocky Mountain	4:17.84c	(4:17.40A)	3/19
4		Emilie CRAGO, Jasmyn MURPHY, Grace ALEXANDER, Jasmin WYMAN	#3	Providence (Mo	4:38.45		4/27
5		Mason BASELEY, Araceli RAMIREZ, CeCe EAGLETON, Taya BREWER	#5	Montana Wester	4:52.83		4/27

Women's 4x800 Relay

1	20	London LAMBRECHT, Madalen SHIPMAN, Kyle OLSON, Natalie YOCUM	#1	Carroll (Mont.)	9:41.72c	(9:43.98A)	4/14
2	46	Kallyn WILKINS, Rylie SCHOENFELD, Tyne STOKES, Sydney LITTLE LIGHT	#4	Rocky Mountain	10:21.09c	(10:23.50A)	4/14
3	68	RaeLynn HEGGEM, Lizzy PERRY, Jacklyn WALLER, Kamryn COMBA	#2	Montana Tech	11:48.45		4/27

Women's High Jump

1	10	Abby CLARK	#2	Montana Tech	B 1.65m	5-5	4/27
2	32	Madde BOLES	#1	Carroll (Mont.)	1.61mA	5-3¼	4/7
3	33	Brooke WIRKKALA	#4	Rocky Mountain	1.60m	5-3	4/27
4	41	terra BERTSCH	#3	Providence (Mo	1.59mA	5-2½	4/7
5		Sorren REESE	#1	Carroll (Mont.)	1.50m	4-11	4/27
5		Ashley MCNALLY	#3	Providence (Mo	1.50mA	4-11	4/14
5		Hayden PRIDE	#2	Montana Tech	1.50m	4-11	3/24
8		Shanaya BYRD	#1	Carroll (Mont.)	1.45mA	4-9	4/14
9		Alexis COONEY	#1	Carroll (Mont.)	1.42m	4-7¾	4/21
10		Naiya BEAUDIN	#2	Montana Tech	1.41mA	4-7½	4/14

Women's Pole Vault

1	10	terra BERTSCH	#3	Providence (MoA	B 3.66mA	12-0	4/14
2	16	Chloe GALLAGHER	#1	Carroll (Mont.)	B 3.55m	11-7¾	4/27
3	41	Kamden HILLBORN	#1	Carroll (Mont.)	3.25mA	10-8	4/7
4	65	violet JOHNSON	#3	Providence (Mo	3.05mA	10-0	4/7
5		Olivia EARLING	#4	Rocky Mountain	2.65m	8-8¼	4/27

Women's Long Jump

1	27	Gabriel PARINI	#3	Providence (Mo	B 5.67mwA	18-7¼ (2.8	4/7
2	42	Jadyn VERMILLION	#2	Montana Tech	5.50mw	18-½ (2.1)	3/31
3	51	Abby CLARK	#2	Montana Tech	5.46m	17-11 (0.1)	4/27
4	62	Brooke WIRKKALA	#4	Rocky Mountain	5.39m	17-8¼ (1.1	4/27
5	96	Sydney MILLER	#1	Carroll (Mont.)	5.25mwA	17-2¾ (2.7	4/7
5	96	Naiya BEAUDIN	#2	Montana Tech	5.25mw	17-2¾ (2.3	4/27
7		Lauryn FRIDERES	#4	Rocky Mountain	5.23m	17-2 (0.0)	4/27
8		Alexis COONEY	#1	Carroll (Mont.)	5.22mw	17-1½ (2.5	4/27
9		Hadassah WILSON	#2	Montana Tech	5.07m	16-7¾ (0.0	3/24
10		Hailee STILES	#2	Montana Tech	4.86m	15-11½ (1.	3/31

Women's Triple Jump

1	38	Naiya BEAUDIN	#2	Montana Tech	11.18m	36-8¼ (1.5	4/27
2	74	Gabriel PARINI	#3	Providence (Mo	10.73mwA	35-2½ (3.0	4/7
3	78	Anika PLOEGER	#2	Montana Tech	10.67mA	35-¼ (0.5)	4/14
4	85	Sophie LOVELESS	#1	Carroll (Mont.)	10.61mwA	34-9¾ (2.6	4/7
5	94	Jadyn VERMILLION	#2	Montana Tech	10.56m	34-7¾ (0.0	4/7
6	99	Hailee STILES	#2	Montana Tech	10.46m	34-4 (1.6)	4/27
7		Kylie MUNSINGER	#1	Carroll (Mont.)	10.21m	33-6 (1.8)	4/27
8		Lauryn FRIDERES	#4	Rocky Mountain	10.06mA	33-¼ (0.0)	4/14
9		Brooke WIRKKALA	#4	Rocky Mountain	9.64m	31-7½ (0.0	4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:50 AM

Frontier

Women's Shot Put

1	64	Allyson CONNER	#3	Providence (Mo	12.16m	39-10¾	4/27
2	71	kathryn EVANS	#3	Providence (Mo	12.01mA	39-5	4/7
3		tatiana MARTINEZ	#3	Providence (Mo	11.75m	38-6¾	4/27
4		Abigail PETERSON	#1	Carroll (Mont.)	11.49m	37-8½	4/27
5		Madison LEWIS	#1	Carroll (Mont.)	11.24mA	36-10½	4/14
6		Kayla BOTKIN	#1	Carroll (Mont.)	11.20m	36-9	4/27
7		Allison HALVERSON	#4	Rocky Mountain	11.12m	36-5¾	4/27
8		Calla HALDORSON	#3	Providence (Mo	10.89m	35-8¾	4/27
9		Olleca SEVERSON	#2	Montana Tech	10.64mA	34-11	4/14
10		Avari BATT	#3	Providence (Mo	10.63m	34-10½	4/27

Women's Discus

1	18	tatiana MARTINEZ	#3	Providence (Mo	43.44mA	142-6	4/7
2	27	Calla HALDORSON	#3	Providence (Mo	42.48mA	139-5	4/7
3	55	Allyson CONNER	#3	Providence (Mo	39.88mA	130-10	4/7
4	60	Avari BATT	#3	Providence (Mo	39.40m	129-3	4/27
5	63	Kayla BOTKIN	#1	Carroll (Mont.)	39.12m	128-4	4/21
6		Allison HALVERSON	#4	Rocky Mountain	36.67m	120-4	4/21
7		Abigail PETERSON	#1	Carroll (Mont.)	36.17m	118-8	3/24
8		Brooke MCCLENNING	#1	Carroll (Mont.)	35.65mA	117-0	4/7
9		Crisha POLK	#1	Carroll (Mont.)	35.08mA	115-1	4/7
10		Mckenzie CLARK	#3	Providence (Mo	32.88m	107-11	3/24

Women's Hammer

1	7	Allyson CONNER	#3	Providence (Mo	52.67mA	172-10	4/7
2	71	tatiana MARTINEZ	#3	Providence (Mo	44.19m	145-0	4/27
3		Karly LAWSON	#2	Montana Tech	39.04m	128-1	3/24
4		kathryn EVANS	#3	Providence (Mo	38.58mA	126-7	4/14
5		Allison HALVERSON	#4	Rocky Mountain	38.42m	126-1	3/31
6		Avari BATT	#3	Providence (Mo	37.39m	122-8	4/27
7		Kayla BOTKIN	#1	Carroll (Mont.)	29.23mA	95-10¾	4/7
8		Amber ANDERSON	#2	Montana Tech	22.68m	74-5	4/27
9		Emma JENSEN	#4	Rocky Mountain	19.47m	63-10½	4/27

Women's Javelin

1	5	Mckenzie CLARK	#3	Providence (Mo	43.95m	144-3	4/21
2	13	Jenna JORDAN	#2	Montana Tech	41.38m	135-9	3/31
3	31	Katelyn CHRISTENSEN	#1	Carroll (Mont.)	38.16mA	125-3	4/14
4	39	Abigail PETERSON	#1	Carroll (Mont.)	37.24m	122-2	3/24
5	49	Sorren REESE	#1	Carroll (Mont.)	36.48m	119-8	4/27
6	51	Shelbey KLEIN	#3	Providence (Mo	36.24m	118-11	4/27
7	63	Emily SHUMAKER	#1	Carroll (Mont.)	34.78m	114-1	4/27
8	87	Karly LAWSON	#2	Montana Tech	33.79mA	110-11	4/14
9		Amber ANDERSON	#2	Montana Tech	31.41mA	103-1	4/14
10		Abby CLARK	#2	Montana Tech	29.84m	97-10¾	4/7

Women's Heptathlon

1	8	Abby CLARK	#2	Montana Tech	B 4,460A	4/14
2	21	Olleca SEVERSON	#2	Montana Tech	B 4,034A	4/14
3	30	Jadyn VERMILLION	#2	Montana Tech	3,767A	4/14
4	32	Naiya BEAUDIN	#2	Montana Tech	3,727A	4/14
5	41	Sorren REESE	#1	Carroll (Mont.)	3,464A	4/14
6	64	Mikayla GOFFENA	#1	Carroll (Mont.)	2,929A	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:51 AM

GPAC

Women's 100 Meters

1	36	Elianna CLARK	#5	Mount Marty (S.I.)	12.10	(1.8)	3/30
2	94	Calli DAVIS	#5	Mount Marty (S.I.)	12.44	(0.8)	4/26
2	94	Isabel BOTHWELL	#3	Doane (Neb.)	12.44w	(2.1)	4/28
4		Jaida ROWE	#4	Hastings (Neb.)	12.51	(1.7)	4/28
5		Kya EDWARDS	#4	Hastings (Neb.)	12.56w	(2.1)	4/28
6		Caitlyn COTTON	#3	Doane (Neb.)	12.59	(0.6)	4/7
7		Alexis EVEN	#5	Mount Marty (S.I.)	12.60	(1.3)	3/30
8		Adrianna RODENCAL	#1	Concordia (Neb.)	12.63	(0.8)	4/21
9		Alexandra EISENHAEUER	#1	Concordia (Neb.)	12.68	(1.7)	4/28
10		Zelie SORENSEN	#5	Mount Marty (S.I.)	12.73w	(3.2)	3/24

Women's 100 Meter Hurdles

1	11	Adrianna RODENCAL	#1	Concordia (Neb.)	A:B 14.15	(1.1)	4/7
2	23	Jaida ROWE	#4	Hastings (Neb.)	B 14.54	(0.6)	4/21
3	26	Nisa THOMAS	#4	Hastings (Neb.)	B 14.56w	(3.6)	4/7
4	41	Josie GARRETT	#3	Doane (Neb.)	14.84w	(2.3)	4/1
5	43	Ashinee GEORGE	#5	Mount Marty (S.I.)	14.87w	(3.1)	4/26
6	52	Rhys MAXEY	#4	Hastings (Neb.)	15.08	(0.6)	4/21
7	64	Hope MORKEN	#7	Morningside (Iowa)	15.22w	(2.1)	4/28
8	70	Kayla SVOBODA	#1	Concordia (Neb.)	15.34	(0.6)	4/21
9	78	Emma ZOET	#6	Northwestern (Iowa)	15.48w	(3.1)	4/26
10	E+0:	Faith ESPINOSA	#1	Concordia (Neb.)	15.75	(0.3)	4/21

Women's 200 Meters

1	56	Annika PINGEL	#3	Doane (Neb.)	25.34w	(3.5)	4/28
2	60	Elianna CLARK	#5	Mount Marty (S.I.)	25.37	(1.9)	3/30
3	64	Calli DAVIS	#5	Mount Marty (S.I.)	25.41w	(3.3)	4/14
4	73	Adrianna RODENCAL	#1	Concordia (Neb.)	25.50w	(3.0)	4/7
5	85	Josi NOBLE	#1	Concordia (Neb.)	25.64w	(2.2)	4/21
6	E+0:	Rhys MAXEY	#4	Hastings (Neb.)	25.75	(1.8)	4/28
7		Alexis EVEN	#5	Mount Marty (S.I.)	25.78w	(2.1)	3/30
8		Kayla KIRCHNER	#1	Concordia (Neb.)	25.81w	(2.2)	4/1
9		Caitlyn COTTON	#3	Doane (Neb.)	25.83w	(3.2)	4/28
10		Isabelle SALTERS	#1	Concordia (Neb.)	25.95	(1.2)	4/21

Women's 400 Meters

1	10	Calli DAVIS	#5	Mount Marty (S.I.)	A:B 56.05		4/21
2	23	Jenna ESCH	#1	Concordia (Neb.)	A:B 56.74		4/21
3	36	Kennedy KRAMER	#6	Northwestern (Iowa)	57.48		4/1
4	48	Trinity TULS	#1	Concordia (Neb.)	58.17		4/21
5	52	Rachel BATTERSHELL	#1	Concordia (Neb.)	58.31		4/21
6	71	Veronica PINKERTON	#4	Hastings (Neb.)	58.87		4/1
7	85	Tianna BUMBACA-KUEHL	#5	Mount Marty (S.I.)	59.21		4/26
8	96	Shelby BUWALDA	#2	Dordt (Iowa)	59.47		4/24
9		Emily LOSEKE	#1	Concordia (Neb.)	1:00.03		4/21
10		Emily CHICOINE	#7	Morningside (Iowa)	1:00.05		4/26

Women's 400 Meter Hurdles

1	9	Jordan KOEPKE	#1	Concordia (Neb.)	A:B 1:02.71		4/1
2	11	Jaida ROWE	#4	Hastings (Neb.)	B 1:03.32		4/21
3	26	Anni STIER	#8	Jamestown (N.D.)	1:05.03		4/22
4	31	Abigail CLARKE	#6	Northwestern (Iowa)	1:05.34		4/14
5	59	Anmarie STUIT	#2	Dordt (Iowa)	1:06.72		4/14
6	68	Tianna BUMBACA-KUEHL	#5	Mount Marty (S.I.)	1:07.41		4/14
7	72	Rylee RICE	#3	Doane (Neb.)	1:07.62		4/28
8	73	Jordynn TOLIVER	#8	Jamestown (N.D.)	1:07.69		4/16
9	74	Rhys MAXEY	#4	Hastings (Neb.)	1:07.80		4/1
10	75	Adrianna RODENCAL	#1	Concordia (Neb.)	1:07.84		4/1

Women's 800 Meters

1	10	Emilee HEYNE	#2	Dordt (Iowa)	A:B 2:13.94		4/24
2	13	Mika KOOISTRA	#2	Dordt (Iowa)	B 2:14.52		4/24
3	21	Annika PINGEL	#3	Doane (Neb.)	B 2:15.59		4/21
4	25	Veronica PINKERTON	#4	Hastings (Neb.)	2:16.09		4/21
5	33	Anmarie STUIT	#2	Dordt (Iowa)	2:17.09		4/24
6	40	Shelby BUWALDA	#2	Dordt (Iowa)	2:18.18		4/14
7	54	Chantaya GRIFFIN	#10	College of Saint	2:19.35		4/7
8	67	Rylee HAECKER	#1	Concordia (Neb.)	2:20.06		4/7
9	83	Courtney SPORRER	#7	Morningside (Iowa)	2:21.32		4/14
10	87	Jenna ESCH	#1	Concordia (Neb.)	2:21.45		4/1

Women's 1500 Meters

1	27	Rylee HAECKER	#1	Concordia (Neb.)	4:41.98		4/7
2	53	Keegan BEISEL	#1	Concordia (Neb.)	4:46.10		4/21
3	84	Veronica PINKERTON	#4	Hastings (Neb.)	4:50.80		4/1
4	88	Kylahn FREIBERG	#1	Concordia (Neb.)	4:51.36		4/1
5	95	Jessica KAMPMAN	#2	Dordt (Iowa)	4:51.89		4/21
6		Courtney SPORRER	#7	Morningside (Iowa)	4:53.58		4/7
7		Molly MULDER	#2	Dordt (Iowa)	4:54.60		4/24
8		Taylor SPORRER	#7	Morningside (Iowa)	4:54.71		4/26
9		Emily HAVERDINK	#6	Northwestern (Iowa)	4:57.43		4/26
10		Rhaya KASCHINSKE	#1	Concordia (Neb.)	4:58.21		4/21

Women's Steeplechase

1	17	Elyse KUPERUS	#2	Dordt (Iowa)	B 11:19.24		4/24
2	19	Taylor ANEMA	#2	Dordt (Iowa)	B 11:22.76		4/7
3	47	Kaia RICHMOND	#1	Concordia (Neb.)	12:06.47		4/21
4	78	Emma HALEY	#6	Northwestern (Iowa)	12:35.70		4/1
5	85	Brooke WIGDAHL	#10	College of Saint	12:41.22		4/21
6	91	Madison GERKEN	#4	Hastings (Neb.)	12:46.95		4/28
7	98	Landry HINKSON	#4	Hastings (Neb.)	12:52.32		4/28
8		Jocelyn FARHAR	#10	College of Saint	13:03.16		4/7
9		Kyra BECKER	#1	Concordia (Neb.)	13:18.62		4/21
10		London ROGGE	#7	Morningside (Iowa)	13:32.99		4/7



Conference TFRI Event Summary

as of 5/1/2023 7:21:51 AM

GPAC

Women's 5000 Meters

1	19	Jessica KAMPMAN	#2	Dordt (Iowa)	A:B 17:29.17	4/26
2	46	Kristine HONOMICHL	#2	Dordt (Iowa)	18:04.41	4/27
3	47	Kylahn FREIBERG	#1	Concordia (Neb.)	18:04.47	4/21
4	81	Keegan BEISEL	#1	Concordia (Neb.)	18:37.15	4/1
5	92	Lucy BORKOWSKI	#2	Dordt (Iowa)	18:43.19	4/24
6	94	Allie BINDER	#3	Doane (Neb.)	18:43.25	4/1
7	98	Taylor ANEMA	#2	Dordt (Iowa)	18:47.04	3/24
8	LE+0:	Julie MCINTYRE	#1	Concordia (Neb.)	18:47.74	4/21
9		Emily HAVERDINK	#6	Northwestern (I)	18:51.97	4/7
10		Taylor SPORRER	#7	Morningside (Iowa)	18:54.39	4/7

Women's 10,000 Meters

1	23	Jessica KAMPMAN	#2	Dordt (Iowa)	B 37:42.53	4/7
2	43	Kristine HONOMICHL	#2	Dordt (Iowa)	39:16.57	4/7
3	52	Lucy BORKOWSKI	#2	Dordt (Iowa)	39:37.89	4/7
4	56	Allie BINDER	#3	Doane (Neb.)	39:55.63	4/13
5	63	Jaden HILKEMANN	#3	Doane (Neb.)	40:13.77	4/21
6	87	Elizabeth BAADE	#4	Hastings (Neb.)	41:42.58	4/7
7		Shania SANTOS	#4	Hastings (Neb.)	42:33.75	4/21
8		Ellie ZEUTENHORST	#6	Northwestern (I)	42:35.02	4/14
9		Jordyn FISCHER	#5	Mount Marty (S.)	43:04.79	4/14
10		Courtney JOINER	#2	Dordt (Iowa)	43:12.71	4/7

Women's 5000m Race Walk

1	10	Lauren DAWSON	#1	Concordia (Neb.)	B 28:34.84	4/14
2	19	Tristyn DIPENTINO	#4	Hastings (Neb.)	30:06.05	4/1
3	24	Baylee EVARTS	#4	Hastings (Neb.)	31:35.30	4/1
4	27	Peyton GISSLER	#1	Concordia (Neb.)	33:07.83	4/14
5	30	Darby WALSH	#11	Midland (Neb.)	33:28.57	4/14

Women's 4x100 Relay

1	19	Isabelle HARDMEYER, Zelig SORENSEN, Alexis EVEN, Elianna CLARK	#5	Mount Marty (S.)	A:B 47.49	4/26
2	26	Rachel BATTERSHELL, Kayla KIRCHNER, Kellie RHODES, Adrianna RODENCAL	#1	Concordia (Neb.)	B 47.92	4/21
3	31	Isabel BOTHWELL, Morgan MAHONEY, Annika PINGEL, Caitlyn COTTON	#3	Doane (Neb.)	48.15	4/21
4	33	Kya EDWARDS, Jaida ROWE, Rhys MAXEY, Nisa THOMAS	#4	Hastings (Neb.)	48.20	4/7
5	56	Erica NIKKEL, Lydia HERMAN, Isabel DE LAY, Ayda DEN HERDER	#2	Dordt (Iowa)	49.46	4/26
6	78	Amber RODGERS, Emma STROM, Hannah MEYER, Nevaeh SARABIA	#11	Midland (Neb.)	50.83	4/28
7	97	TyJana GARDNER, Kiana VEREEN, Isabel SAYLER, Pluma PROSS	#12	Briar Cliff (Iowa)	51.96	4/28
8	98	Deandrea JOHNSON, Avany LONG, Adaya PLASTOW, Erynn GERLACH	#9	Dakota Wesleyan	52.02	4/26
9	99	Laura GREENE, Taylor GREENE, Hope MORKEN, Maddie MORONY	#7	Morningside (Iowa)	52.08	3/31
10		Grace HENDRICKSON, Addison WIERDA, Aleah REES, Shaylee YATES	#6	Northwestern (I)	52.13	4/26



Conference TFRI Event Summary

as of 5/1/2023 7:21:51 AM

GPAC

Women's 4x400 Relay

1	7	Jenna ESCH, Kayla KIRCHNER, Josi NOBLE, Rachel BATTERSHELL	#1	Concordia (Neb.)	A:B 3:50.29	4/26
2	9	Anmarie STUIT, Shelby BUWALDA, Mika KOOISTRA, Emilee HEYNEN	#2	Dordt (Iowa)	A:B 3:50.94	4/26
3	16	Calli DAVIS, Elianna CLARK, Alexis EVEN, Abrielle NELSON	#5	Mount Marty (S.I.)	B 3:55.59	4/26
4	24	Savonne STERK, Abigail CLARKE, Emma BLUM, Kennedy KRAMER	#6	Northwestern (I.)	B 3:58.47	4/26
5	36	Annika PINGEL, Kat VOGT, Kristen WALTERS, Morgan BURNETT	#3	Doane (Neb.)	4:04.25	4/1
6	56	Courtney SPORRER, Michelle SANCHEZ, Monica OLSON, Emily CHICOINE	#7	Morningside (Iowa)	4:09.37	4/26
7	75	Veronica PINKERTON, Madison GERKEN, Cecilia VELARDE, Diana KOLLARS	#4	Hastings (Neb.)	4:14.78	4/21
8	94	Madyson RAY, Nevaeh SARABIA, Amber RODGERS, Krista HARDY	#11	Midland (Neb.)	4:22.97	4/28
9	98	Chantaya GRIFFIN, Autumn SIMONS, Brooke WIGDAHL, Corinne MEAD	#10	College of Saint	4:23.93	4/7
10		Erynn GERLACH, Avany LONG, Emilia CUPPY, Ashtyn EVANS	#9	Dakota Wesleyan	4:39.73	3/24

Women's 4x800 Relay

1	1	Shelby BUWALDA, Anmarie STUIT, Mika KOOISTRA, Emilee HEYNEN	#2	Dordt (Iowa)	A:B 9:08.88	4/26
2	5	Jenna ESCH, Kylahn FREIBERG, Rhaya KASCHINSKE, Rylee HAECKER	#1	Concordia (Neb.)	A:B 9:20.98	4/26
3	34	Tianna BUMBACA-KUEHL, Abrielle NELSON, Emily JOHNSON, Josey WAHLSTROM	#5	Mount Marty (S.I.)	10:10.27	3/30
4	48	Autumn SIMONS, Corinne MEAD, Madeline KRAUSE, Kiley CRAFT	#10	College of Saint	10:27.72	4/21
5	50	Jilee GOLUS, Cynthia CHAPARRO BELLOC, Landry HINKSON, Mikayla SEEBOHM	#4	Hastings (Neb.)	10:30.72	4/21
6	60	Rachel WALTERS, Reagan SHOEMAKER, Kat VOGT, Morgan BURNETT	#3	Doane (Neb.)	10:59.17	4/21

Women's High Jump

1	7	Hannah NEWTON	#1	Concordia (Neb.)	B 1.66m	5-5¼	4/28
2	10	Jacie VANDER WAAL	#6	Northwestern (I.)	B 1.65m	5-5	4/21
2	10	Josie GARRETT	#3	Doane (Neb.)	B 1.65m	5-5	4/21
2	10	Zailee POULSON	#4	Hastings (Neb.)	B 1.65m	5-5	4/21
5	33	Emily WINGERT	#2	Dordt (Iowa)	1.60m	5-3	4/14
6	44	Amanda STEINKE	#1	Concordia (Neb.)	1.58m	5-2¼	4/21
6	44	Amy RICHERT	#1	Concordia (Neb.)	1.58m	5-2¼	4/21
8	50	Jordynn TOLIVER	#8	Jamestown (N.C.)	1.57m	5-1¾	4/7
9	57	Krista HARDY	#11	Midland (Neb.)	1.56m	5-1¼	4/28
10	60	Faith ESPINOSA	#1	Concordia (Neb.)	1.55m	5-1	4/21
10	60	Kimberly SCHROPPER	#1	Concordia (Neb.)	1.55m	5-1	4/21
10	60	Andrea SUCHA	#5	Mount Marty (S.I.)	1.55m	5-1	4/26
10	60	Cassie BRANDSMA	#2	Dordt (Iowa)	1.55m	5-1	4/7
10	60	Taliyah HAYES	#9	Dakota Wesleyan	1.55m	5-1	4/26
10	60	Jastiny JACKSON	#3	Doane (Neb.)	1.55m	5-1	4/21
10	60	Sarah THEILER	#3	Doane (Neb.)	1.55m	5-1	4/7
10	60	Paige ERHARDT	#8	Jamestown (N.C.)	1.55m	5-1	3/24



Conference TFRI Event Summary

as of 5/1/2023 7:21:51 AM

GPAC

Women's Pole Vault

1	5	Josie PUELZ	#1	Concordia (Neb.) A:B	3.85m	12-7½	4/21
2	11	Erin MAPSON	#1	Concordia (Neb.) A:B	3.65m	11-11¾	4/14
3	16	Kennedy STANLEY	#3	Doane (Neb.) B	3.55m	11-7¾	4/14
3	16	Kayla SVOBODA	#1	Concordia (Neb.) B	3.55m	11-7¾	4/14
5	23	Erin BOGGS	#1	Concordia (Neb.)	3.48m	11-5	4/28
6	31	Amira CUMMINGS	#1	Concordia (Neb.)	3.40m	11-1¾	4/1
6	31	Gracie RIPPEN	#5	Mount Marty (S.I)	3.40m	11-1¾	4/14
8	38	Sydney REICHERT	#1	Concordia (Neb.)	3.28m	10-9	4/28
9	41	Erin HULBERG	#6	Northwestern (I)	3.25m	10-8	4/21
9	41	Samantha KNAPP	#3	Doane (Neb.)	3.25m	10-8	4/14

Women's Long Jump

1	40	Hayley MILES	#1	Concordia (Neb.)	5.51m	18-1 (0.0)	4/14
2	62	Bailey BECKMAN	#2	Dordt (Iowa)	5.39mw	17-8¼ (3.1)	4/26
3	73	Ayda DEN HERDER	#2	Dordt (Iowa)	5.31m	17-5¼ (-0.)	4/24
4	93	Charlee OLSON	#6	Northwestern (I)	5.26m	17-3¼ (1.6)	4/21
4	93	Nicole HARMS	#3	Doane (Neb.)	5.26m	17-3¼ (0.0)	4/21
6		Kellie RHODES	#1	Concordia (Neb.)	5.24m	17-2¼ (0.0)	4/14
6		Jordynn TOLIVER	#8	Jamestown (N.C)	5.24m	17-2¼ (-0.)	4/16
8		Amanda STEINKE	#1	Concordia (Neb.)	5.22m	17-1½ (0.0)	4/14
9		Amy RICHERT	#1	Concordia (Neb.)	5.19m	17-½ (0.4)	4/21
9		Kaylynn RIDGELY	#6	Northwestern (I)	5.19m	17-½ (1.8)	4/26

Women's Triple Jump

1	30	Rosalyn ROGGASCH	#3	Doane (Neb.)	11.31m	37-1¼ (0.7)	4/21
2	31	Josie GARRETT	#3	Doane (Neb.)	11.30m	37-1 (0.9)	4/21
3	50	Josi NOBLE	#1	Concordia (Neb.)	11.02m	36-2 (0.0)	4/14
4	53	Taliyah HAYES	#9	Dakota Wesleyan	10.98mw	36-¼ (2.3)	4/26
5	57	Isabel SAYLER	#12	Briar Cliff (Iowa)	10.94mw	35-10¾ (2.)	4/26
6	60	Trinity DOUBLIN	#4	Hastings (Neb.)	10.92m	35-10 (0.7)	4/21
7	65	Hayley MILES	#1	Concordia (Neb.)	10.87m	35-8 (0.0)	4/14
8	69	Paige DECKER	#2	Dordt (Iowa)	10.80mw	35-5¼ (2.8)	4/26
9	81	Shelby BUWALDA	#2	Dordt (Iowa)	10.63m	34-10½ (0.)	4/7
10	83	Alivia WEATHERS	#1	Concordia (Neb.)	10.62m	34-10¼ (1.)	4/7

Women's Shot Put

1	3	Alivia BAUCOM	#3	Doane (Neb.) A:B	14.44m	47-4½	4/14
2	9	Hope WAGNER	#12	Briar Cliff (Iowa) A:B	13.90m	45-7¼	4/21
3	14	Claire CASPERSEN	#10	College of Saint A:B	13.55m	44-5½	4/28
3	14	Asia TYLER	#4	Hastings (Neb.) A:B	13.55m	44-5½	4/21
5	22	Lila GRONSETH	#9	Dakota Wesleyan B	13.24m	43-5¼	4/21
6	26	Kiara ANDERSON	#4	Hastings (Neb.) B	13.01m	42-8¼	4/1
7	27	Kamryn POKORNEY	#1	Concordia (Neb.)	12.98m	42-7	4/14
8	50	Abby MAGNUSON	#9	Dakota Wesleyan	12.42m	40-9	4/26
9	51	Alexis MACH	#3	Doane (Neb.)	12.41m	40-8¾	4/14
10	52	Anna BROCK	#8	Jamestown (N.C)	12.39m	40-7¾	4/22

Women's Discus

1	9	Jessa EDEN	#4	Hastings (Neb.) A:B	45.99m	150-11	4/15
2	11	Kiara ANDERSON	#4	Hastings (Neb.) A:B	45.00m	147-8	4/1
3	22	Lila GRONSETH	#9	Dakota Wesleyan B	42.81m	140-6	4/14
4	23	Alivia BAUCOM	#3	Doane (Neb.) B	42.75m	140-3	4/28
5	26	Erin PAINTER	#1	Concordia (Neb.) B	42.55m	139-7	4/7
6	33	Emma LLOYD	#1	Concordia (Neb.)	41.67m	136-9	4/21
7	39	Sara HUSS	#1	Concordia (Neb.)	41.23m	135-3	4/7
8	53	Darby DEFFENBAUGH	#9	Dakota Wesleyan	40.00m	131-3	4/26
9	56	Abby MAGNUSON	#9	Dakota Wesleyan	39.86m	130-9	4/26
9	56	Katie VANLANINGHAM	#3	Doane (Neb.)	39.86m	130-9	4/1

Women's Hammer

1	2	Kiara ANDERSON	#4	Hastings (Neb.) A:B	56.42m	185-1	4/28
2	4	Jessa EDEN	#4	Hastings (Neb.) A:B	54.06m	177-5	4/21
3	5	Macy FULLER	#3	Doane (Neb.) A:B	54.03m	177-3	4/13
4	18	Kamryn POKORNEY	#1	Concordia (Neb.) B	50.14m	164-6	4/7
5	24	Darby DEFFENBAUGH	#9	Dakota Wesleyan B	49.45m	162-3	4/26
6	26	Alli OWINGS	#1	Concordia (Neb.) B	48.72m	159-10	4/28
7	34	Abi WOHLGEMUTH	#1	Concordia (Neb.)	47.56m	156-1	4/7
8	35	Erin PAINTER	#1	Concordia (Neb.)	47.32m	155-3	4/1
9	44	Lila GRONSETH	#9	Dakota Wesleyan	46.10m	151-3	4/26
10	50	Rylee OLSON	#7	Morningside (Iowa)	45.33m	148-9	4/14

Women's Javelin

1	17	Jordynn TOLIVER	#8	Jamestown (N.C) B	39.88m	130-10	4/7
2	24	Molly VANDER HAMM	#3	Doane (Neb.)	38.75m	127-2	4/7
3	27	Madalynn RHODES	#10	College of Saint	38.62m	126-9	4/28
4	29	Rylee OLSON	#7	Morningside (Iowa)	38.18m	125-3	4/28
5	35	Grace DAMME	#3	Doane (Neb.)	37.89m	124-4	4/28
6	37	Gretchen STOTTEMYRE	#1	Concordia (Neb.)	37.30m	122-5	4/21
7	46	Abi WOHLGEMUTH	#1	Concordia (Neb.)	36.60m	120-1	4/21
8	48	Paige ERHARDT	#8	Jamestown (N.C)	36.55m	119-11	4/7
9	57	Jordan BJORK	#6	Northwestern (I)	35.70m	117-2	4/26
10	75	Isabella SCHRECKENGOST	#1	Concordia (Neb.)	34.16m	112-1	4/14

Women's Heptathlon

1	3	Jordynn TOLIVER	#8	Jamestown (N.C) B	4,784		4/7
2	17	Amy RICHERT	#1	Concordia (Neb.) B	4,106		4/21
3	20	Amanda STEINKE	#1	Concordia (Neb.) B	4,040		4/21
4	23	Faith ESPINOSA	#1	Concordia (Neb.) B	3,997		4/21
5	26	Josi NOBLE	#1	Concordia (Neb.) B	3,974		4/21
6	28	Elena BATENHORST	#1	Concordia (Neb.)	3,839		4/21
7	29	Ashinee GEORGE	#5	Mount Marty (S.I)	3,799		3/30
8	33	Isabelle SALTERS	#1	Concordia (Neb.)	3,646		4/21
9	35	Alivia WEATHERS	#1	Concordia (Neb.)	3,591		4/21
10	43	Madysen RAY	#11	Midland (Neb.)	3,398		4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:51 AM

GSAC

Women's 100 Meters

1	42	Armiyah JOHNSON	#1	Vanguard (Calif.	12.12	(0.6)	4/13
2	49	Jordyn BURKE	#1	Vanguard (Calif.	12.16	(-0.1)	4/27
3	56	Dorothy JACKSON	#1	Vanguard (Calif.	12.19w	(2.1)	3/25
4	68	Eryn BURKE	#1	Vanguard (Calif.	12.30w	(2.1)	3/25
5	83	Charlotte WILLIAMS	#3	Westmont (Calif	12.37	(1.5)	3/18
6	89	Brooke DALGITY	#1	Vanguard (Calif.	12.40	(1.0)	4/13
7	94	Nohemi ANDERSON	#1	Vanguard (Calif.	12.44	(1.7)	4/27
8		Ronika ROBINSON	#6	Ottawa (Ariz.)	12.48	(-1.4)	4/27
9		Jaiden RODRIGUES	#3	Westmont (Calif	12.52	(-0.1)	4/27
10		Erica WASEQ	#4	William Jessup (	12.77	(1.7)	4/27

Women's 100 Meter Hurdles

1	40	Erica WASEQ	#4	William Jessup (	14.81	(0.7)	4/22
2	50	Penelopi LEACH	#1	Vanguard (Calif.	15.03	(1.7)	3/18
3	80	Lily SWEEN	#3	Westmont (Calif	15.50	(0.9)	4/27
4	84	Jordyn BURKE	#1	Vanguard (Calif.	15.58	(-0.9)	4/27
5		Kourtney BRUNER	#5	Arizona Christian	15.99	(-0.9)	4/27
6		Jayden JACKSON	#4	William Jessup (	16.16	(0.0)	4/27
7		Olivia CLARK	#3	Westmont (Calif	16.30	(0.9)	4/27
8		Tarissa MOORE	#5	Arizona Christian	16.73	(0.0)	4/27
9		Madalyn HOFMAN	#3	Westmont (Calif	17.12	(0.0)	4/27
10		Karsyn LEIKAUF	#4	William Jessup (	17.40	(-0.9)	4/27

Women's 200 Meters

1	14	Eryn BURKE	#1	Vanguard (Calif. A:B	24.49	(1.3)	3/18
2	36	Brooke DALGITY	#1	Vanguard (Calif.	25.08w	(2.2)	4/13
3	45	Elizabeth BETTEN	#1	Vanguard (Calif.	25.17	(-1.3)	4/27
4	46	Jordyn BURKE	#1	Vanguard (Calif.	25.20	(1.7)	3/18
5	52	Armiyah JOHNSON	#1	Vanguard (Calif.	25.30	(-1.3)	4/27
6	69	Charlotte WILLIAMS	#3	Westmont (Calif	25.45	(0.4)	3/18
7	82	Jaiden RODRIGUES	#3	Westmont (Calif	25.61	(-0.2)	4/27
8	92	Siena KECK	#3	Westmont (Calif	25.70	(0.0)	4/27
9	93	Nohemi ANDERSON	#1	Vanguard (Calif.	25.72	(0.0)	4/27
10		Alexis JONES	#4	William Jessup (	26.23	(-0.1)	4/27

Women's 400 Meters

1	3	Eryn BURKE	#1	Vanguard (Calif. A:B	54.89		4/8
2	22	Brooke DALGITY	#1	Vanguard (Calif. A:B	56.73		4/27
3	34	Elizabeth BETTEN	#1	Vanguard (Calif. B	57.36		4/27
4	37	Jordyn BURKE	#1	Vanguard (Calif.	57.52		3/18
5	43	Siena KECK	#3	Westmont (Calif	58.00		4/27
6	54	Alexis JONES	#4	William Jessup (	58.34		4/27
7		Jaiden RODRIGUES	#3	Westmont (Calif	59.73		4/8
8		Ariana RODRIGUEZ	#1	Vanguard (Calif.	59.84		4/27
9		Tracey HATCH	#8	Menlo (Calif.)	1:00.60		2/18
10		Julia NELSEN	#1	Vanguard (Calif.	1:01.67		3/25

Women's 400 Meter Hurdles

1	6	Jordyn BURKE	#1	Vanguard (Calif. A:B	1:01.99		3/25
2	46	Landyn LOVELADY	#6	Ottawa (Ariz.)	1:06.27		4/27
3	52	Ellen PALMGREN	#2	The Master's (Ca	1:06.48		4/27
4	79	Jayden JACKSON	#4	William Jessup (	1:08.03		4/27
5	82	Jane FREEMAN	#1	Vanguard (Calif.	1:08.14		4/27
6	87	Dorothy JACKSON	#1	Vanguard (Calif.	1:08.45		4/27
7		Sophia MORTON	#3	Westmont (Calif	1:10.67		4/27
8		Olivia FINCH	#1	Vanguard (Calif.	1:10.84		4/14
9		Olivia CLARK	#3	Westmont (Calif	1:12.88		4/27
10		Bella NELSON	#1	Vanguard (Calif.	1:14.89		4/27

Women's 800 Meters

1	28	Hannah FREDERICKS	#2	The Master's (Ca	2:16.71		4/27
2	30	Ellen PALMGREN	#2	The Master's (Ca	2:16.86		4/27
3	32	MaryAlice MITCHELL	#5	Arizona Christian	2:17.00		4/27
4	46	Suzie JOHNSON	#2	The Master's (Ca	2:18.88		4/27
5	52	Kate BARANSKI	#1	Vanguard (Calif.	2:19.31		4/27
6	56	Landon TORRES	#3	Westmont (Calif	2:19.62		4/27
7	60	Rebekah NIEDNAGEL	#2	The Master's (Ca	2:19.72		4/27
8		Jayden JACKSON	#4	William Jessup (	2:22.73		4/6
9		Madden HUNDLEY	#3	Westmont (Calif	2:23.70		3/25
10		Emma TIMMERMANS	#7	Hope Internatio	2:23.91		3/25

Women's 1500 Meters

1	6	Hannah FREDERICKS	#2	The Master's (Ca A:B	4:30.40		3/11
2	29	Ellen PALMGREN	#2	The Master's (Ca	4:42.31		4/27
3	33	Emma TIMMERMANS	#7	Hope Internatio	4:42.59		4/8
4	34	Madden HUNDLEY	#3	Westmont (Calif	4:42.75		4/8
5	41	Suzie JOHNSON	#2	The Master's (Ca	4:44.20		4/27
6	42	Rebekah NIEDNAGEL	#2	The Master's (Ca	4:44.30		4/13
7	48	Kate BARANSKI	#1	Vanguard (Calif.	4:45.59		4/27
8	62	Autumn NOOTBAAR	#2	The Master's (Ca	4:48.63		4/8
9	72	Ariz DUARTE	#5	Arizona Christian	4:49.33		3/30
10	73	Abigail HUNDLEY	#3	Westmont (Calif	4:49.37		4/13

Women's Steeplechase

1	31	Abigail HUNDLEY	#3	Westmont (Calif	11:34.65		4/27
2	39	Ariz DUARTE	#5	Arizona Christian	11:50.03		3/17
3	42	Jessina MORALES	#1	Vanguard (Calif.	11:55.93		4/27
4	61	Miriam MELKONIAN	#3	Westmont (Calif	12:24.43		4/27
5	62	India MOORS	#1	Vanguard (Calif.	12:25.66		4/27
6	72	Sophie SOUTHERDEN	#2	The Master's (Ca	12:32.25		4/8
7	75	Kaeshia GUILLAUME	#5	Arizona Christian	12:33.40		4/27
8	77	Elizabeth SHYKOWSKI	#4	William Jessup (	12:35.33		4/27
9	79	Brooke CREGAN	#2	The Master's (Ca	12:35.92		4/27
10	96	Megan TURNER	#2	The Master's (Ca	12:50.24		4/8



Conference TFRI Event Summary

as of 5/1/2023 7:21:52 AM

GSAC

Women's 5000 Meters

1	5	Hannah FREDERICKS	#2	The Master's (Ca	16:46.18	4/13
2	21	Emma TIMMERMANS	#7	Hope Internatio	17:33.95	4/13
3	24	Autumn NOOTBAAR	#2	The Master's (Ca	17:35.17	4/13
4	51	Jessina MORALES	#1	Vanguard (Calif.	18:10.30	3/11
5	54	Kimberly PAGE	#2	The Master's (Ca	18:12.09	4/13
6	56	Madden HUNDLEY	#3	Westmont (Calif	18:14.80	3/18
7	85	Alyssa LOVETT	#2	The Master's (Ca	18:40.82	3/11
8	87	Landon TORRES	#3	Westmont (Calif	18:41.25	4/8
9	99	Brooke MILAM	#2	The Master's (Ca	18:47.71	4/8
10		Sophie SOUTHERDEN	#2	The Master's (Ca	18:47.78	3/11

Women's 10,000 Meters

1	12	Hannah FREDERICKS	#2	The Master's (Ca	37:06.45	4/27
2	13	Autumn NOOTBAAR	#2	The Master's (Ca	37:09.50	3/24
3	24	Kimberly PAGE	#2	The Master's (Ca	37:44.68	3/24
4	26	Azalea PRINCE	#4	William Jessup (	37:48.05	3/30
5	36	Anneline BREYTENBACH	#3	Westmont (Calif	38:56.54	4/27
6	44	Brooke MILAM	#2	The Master's (Ca	39:20.41	3/24
7	49	India MOORS	#1	Vanguard (Calif.	39:28.95	3/11
8	51	Sophie SOUTHERDEN	#2	The Master's (Ca	39:35.37	4/27
9	72	Karla SANCHEZ-RUIZ	#1	Vanguard (Calif.	40:40.41	4/27
10	85	Aurora COUTO	#7	Hope Internatio	41:38.71	3/11

Women's 5000m Race Walk

1	17	Mariah HILDEBRANDT	#2	The Master's (Ca	29:58.14	3/25
2	22	Allie METHUM	#2	The Master's (Ca	30:30.95	3/25

Women's 4x100 Relay

1	7	Dorothy JACKSON, Eryn BURKE, Jordyn BURKE, Armiyah JOHNSON	#1	Vanguard (Calif.	46.46	4/8
2	28	McKenna PHILLIPS, Siena KECK, Jaiden RODRIGUES, Charlotte WILLIAMS	#3	Westmont (Calif	48.05	4/27
3	48	Erica WASEQ, Alexis JONES, Julissa CASILLAS, Eleanor KANIA	#4	William Jessup (	48.96	4/22
4	83	Emiliia PANOVA, AshleeY MILTON, Oliva PRETTYMAN, Micaiah SCOTT	#2	The Master's (Ca	51.16	4/27
5	84	Kayedence BRUNER, Kourtney BRUNER, Graciela ROYBAL, Sophia MARTINEZ	#5	Arizona Christia	51.18	4/27

Women's 4x400 Relay

1	3	Elizabeth BETTEN, Ariana RODRIGUEZ, Brooke DALGITY, Eryn BURKE	#1	Vanguard (Calif.	3:48.40	4/27
2	17	McKenna PHILLIPS, Jaiden RODRIGUES, Charlotte WILLIAMS, Siena KECK	#3	Westmont (Calif	3:56.27	4/27
3	43	Jennifer PEDRETTI, Alexis JONES, Eleanor KANIA, Jayden JACKSON	#4	William Jessup (	4:05.18	4/27
4	55	Ellen PALMGREN, Suzie JOHNSON, Rebekah NIEDNAGEL, Micaiah SCOTT	#2	The Master's (Ca	4:08.73	4/27
5	66	Landyn LOVELADY, Malajha ADKISSON, LyQualah KINSEY, Ramy NIELSON	#6	Ottawa (Ariz.)	4:12.80	4/27
6	82	Sophia MARTINEZ, Emily TILL, Jade ROBERTS, Kourtney BRUNER	#5	Arizona Christia	4:17.01	4/27
7		Taylor COCHELL, Emma VIZINA, Paisley TODD, Thalia THOMAS	#8	Menlo (Calif.)	5:04.18	4/27

Women's 4x800 Relay

1	2	Hannah FREDERICKS, Suzie JOHNSON, Rebekah NIEDNAGEL, Ellen PALMGREN	#2	The Master's (Ca	9:12.55	3/25
2	14	Kate BARANSKI, Jessina MORALES, Karla SANCHEZ-RUIZ, Olivia FINCH	#1	Vanguard (Calif.	9:35.25	3/25
3	19	Siena KECK, Landon TORRES, Kari ANEMA, Abigail HUNDLEY	#3	Westmont (Calif	9:40.86	3/25
4	62	MaryAlice MITCHELL, Holley NICHOLS, Allena FUGATT, Emily TILL	#5	Arizona Christia	11:17.64	4/27
5	71	Hailey HOPKINS, Lacy CEREMONY, Vivianna GARDEA, Karsyn LEIKAUF	#4	William Jessup (	12:18.00	4/27



Conference TFRI Event Summary

as of 5/1/2023 7:21:52 AM

GSAC

Women's High Jump

1	24	Lily SWEEN	#3	Westmont (Calif	1.63m	5-4¼	4/27
2	44	Julianna HOLM	#1	Vanguard (Calif.	1.58m	5-2¼	4/27
3	50	Keyedence BRUNER	#5	Arizona Christia	1.57m	5-1¾	4/21
4	90	Oliva PRETTYMAN	#2	The Master's (Ca	1.53m	5-¼	4/27
5	95	Jayden JACKSON	#4	William Jessup (	1.52m	4-11¾	4/6
6		Madalyn HOFMAN	#3	Westmont (Calif	1.48m	4-10¼	4/27
6		Ronieka ROBINSON	#6	Ottawa (Ariz.)	1.48m	4-10¼	4/27
6		Britain POLK	#3	Westmont (Calif	1.48m	4-10¼	4/27
6		Ellen PALMGREN	#2	The Master's (Ca	1.48m	4-10¼	4/27
10		Katrina GORAUSKAS	#2	The Master's (Ca	1.45m	4-9	3/25

Women's Pole Vault

1	11	Abby RUMOHR	#3	Westmont (Calif	3.65m	11-11¾	4/27
2	23	Moriah CHIANG	#3	Westmont (Calif	3.48m	11-5	4/8
2	23	Britain POLK	#3	Westmont (Calif	3.48m	11-5	4/8
4	51	Jayden JACKSON	#4	William Jessup (	3.18m	10-5¼	3/30
5	85	Micaiah SCOTT	#2	The Master's (Ca	2.84m	9-3¾	3/18
6		Sophia MORTON	#3	Westmont (Calif	2.05m	6-8¾	4/27

Women's Long Jump

1	48	Ronieka ROBINSON	#6	Ottawa (Ariz.)	5.47m	17-11½ (0.0	4/27
2	54	Lily SWEEN	#3	Westmont (Calif	5.45m	17-10¾ (1.0	3/23
3	86	Micaiah SCOTT	#2	The Master's (Ca	5.28m	17-4 (1.1)	4/27
4		Alexis JONES	#4	William Jessup (	5.20m	17-¾ (0.4)	4/27
5		Faith HUNT	#1	Vanguard (Calif.	5.09m	16-8½ (0.0	4/27
6		Madalyn HOFMAN	#3	Westmont (Calif	5.04m	16-6½ (-0.0	4/8
7		Jayden JACKSON	#4	William Jessup (	4.91m	16-1½ (-1.0	4/27
8		Isabella ALVAREZ	#1	Vanguard (Calif.	4.83m	15-10¼ (0.0	4/27
9		Ellen PALMGREN	#2	The Master's (Ca	4.73m	15-6¼ (-1.0	3/18
10		Keyedence BRUNER	#5	Arizona Christia	4.66m	15-3½ (0.0	4/27

Women's Triple Jump

1	38	Alexis JONES	#4	William Jessup (	11.18m	36-8¼ (0.0	3/30
2	41	Micaiah SCOTT	#2	The Master's (Ca	11.12m	36-5¾ (0.0	4/27
3	70	Lily SWEEN	#3	Westmont (Calif	10.78m	35-4½ (0.2	4/27
4	97	Faith HUNT	#1	Vanguard (Calif.	10.47mw	34-4¼ (2.5	3/25
5		Talana MITCHELL	#6	Ottawa (Ariz.)	10.26m	33-8 (1.1)	3/25
6		Kourtney BRUNER	#5	Arizona Christia	10.12m	33-2½ (0.0	4/27
7		Olivia FINCH	#1	Vanguard (Calif.	9.86m	32-4¼ (0.0	4/14
8		Eleanor KANIA	#4	William Jessup (	9.77m	32-¾ (0.0)	4/27
9		Ashleey MILTON	#2	The Master's (Ca	9.40m	30-10¼ (0.0	4/27
10		Abby RUMOHR	#3	Westmont (Calif	8.51m	27-11 (-1.4	4/8

Women's Shot Put

1	40	Jessica PEDRETTI	#4	William Jessup (	12.63m	41-5¼	4/22
2	58	Jaelah BUTLER	#1	Vanguard (Calif.	12.26m	40-2¾	4/27
3		Kaylee JONES	#1	Vanguard (Calif.	10.67m	35-¼	4/27
4		Lily SWEEN	#3	Westmont (Calif	10.42m	34-2¼	3/23
5		Aaliyah ESPINOZA	#1	Vanguard (Calif.	10.28m	33-8¾	4/27
6		Jayden JACKSON	#4	William Jessup (	10.03m	32-11	4/27
7		Kayla HOURIGAN	#5	Arizona Christia	9.96m	32-8¼	4/14
8		Anastazia UWINGENEYE	#6	Ottawa (Ariz.)	9.93m	32-7	4/14
9		Micaiah SCOTT	#2	The Master's (Ca	9.86m	32-4¼	4/27
10		Penelopi LEACH	#1	Vanguard (Calif.	9.33m	30-7½	3/23

Women's Discus

1	36	Jessica PEDRETTI	#4	William Jessup (	41.31m	135-7	3/30
2	51	Jaelah BUTLER	#1	Vanguard (Calif.	40.06m	131-5	4/27
3	69	Aaliyah ESPINOZA	#1	Vanguard (Calif.	38.84m	127-5	4/27
4		Sadie WARD	#6	Ottawa (Ariz.)	35.52m	116-7	4/27
5		Alexandra BANDUCCI	#4	William Jessup (	32.56m	106-10	4/22
6		Kaylee JONES	#1	Vanguard (Calif.	30.78m	101-0	4/8
7		Jacey DANKS	#6	Ottawa (Ariz.)	25.95m	85-1¾	3/25
8		Kayla HOURIGAN	#5	Arizona Christia	25.24m	82-9¾	4/27
9		Brianna IRONSIDE	#2	The Master's (Ca	24.42m	80-1½	3/25
10		Katie BOGGESE	#2	The Master's (Ca	24.29m	79-8¼	3/25

Women's Hammer

1	56	Jaelah BUTLER	#1	Vanguard (Calif.	44.89m	147-4	3/11
2	60	Jessica PEDRETTI	#4	William Jessup (	44.81m	147-0	3/10
3		Alexandra BANDUCCI	#4	William Jessup (	40.79m	133-10	4/14
4		Kaylee JONES	#1	Vanguard (Calif.	37.08m	121-8	4/27
5		Brianna IRONSIDE	#2	The Master's (Ca	33.93m	111-4	4/8
6		Aaliyah ESPINOZA	#1	Vanguard (Calif.	33.12m	108-8	4/27
7		Anastazia UWINGENEYE	#6	Ottawa (Ariz.)	31.83m	104-5	4/14
8		Brenna SANCHEZ	#3	Westmont (Calif	29.55m	96-11½	4/8
9		Sadie WARD	#6	Ottawa (Ariz.)	29.28m	96-¾	3/17
10		Gina COMPTON	#2	The Master's (Ca	27.97m	91-9¼	4/8

Women's Javelin

1	4	Micaiah SCOTT	#2	The Master's (Ca	45.66m	149-10	3/18
2	56	Jessica PEDRETTI	#4	William Jessup (	35.71m	117-2	4/27
3		Emily LINDBLAD	#3	Westmont (Calif	31.82m	104-5	3/10
4		Lily SWEEN	#3	Westmont (Calif	29.67m	97-4¼	4/27
5		Elsa RIDDLE	#1	Vanguard (Calif.	29.42m	96-6¼	4/27
6		Anastazia UWINGENEYE	#6	Ottawa (Ariz.)	29.07m	95-4½	3/25
7		Jaelah BUTLER	#1	Vanguard (Calif.	28.56m	93-8½	4/27
8		Julia NELSEN	#1	Vanguard (Calif.	26.51m	86-11¾	3/11
9		Julianna HOLM	#1	Vanguard (Calif.	25.71m	84-4¼	4/27
10		Ellen PALMGREN	#2	The Master's (Ca	25.60m	84-0	3/18



Conference TFRI Event Summary

as of 5/1/2023 7:21:52 AM

GSAC

Women's Heptathlon

1	10	Lily SWEEN	#3	Westmont (Calif B	4,433	3/23
2	15	Jayden JACKSON	#4	William Jessup (B	4,203	4/6
3	18	Penelopi LEACH	#1	Vanguard (Calif. B	4,101	3/23
4	45	Madalyn HOFMAN	#3	Westmont (Calif	3,356	4/27
5	59	Olivia FINCH	#1	Vanguard (Calif.	3,041	4/27
6	60	Jaylee HAMEISTER	#4	William Jessup (	3,040	4/27
7	61	Grace ROBERTS	#1	Vanguard (Calif.	3,028	4/27
8	70	Isabella ALVAREZ	#1	Vanguard (Calif.	2,656	4/27
9	71	Sonja SWEEN	#3	Westmont (Calif	2,631	4/27
10	74	Abby ROWEDDER	#2	The Master's (Ca	2,461	4/27



Conference TFRI Event Summary

as of 5/1/2023 7:21:52 AM

Gulf Coast

Women's 100 Meters

1	12	Kevell BYRD	#1	Dillard (La.)	A:B 11.83w	(2.8)	3/31
2	46	Meghan JOSHUA	#1	Dillard (La.)	12.15	(0.3)	4/14
3	51	Tori BURTON	#1	Dillard (La.)	12.17	(0.3)	4/14
3	51	Ta'nyia FLOWERS	#1	Dillard (La.)	12.17w	(2.2)	3/31
5	57	Darnee WILLIAMS	#3	Wiley (Texas)	12.21	(0.7)	3/17
6	75	Ta'nijal MATTHEWS	#1	Dillard (La.)	12.33w	(2.8)	3/31
7		Mallory PENDLETON	#2	Philander Smith	12.55	(0.3)	4/14
8		Shakayla CARTER	#3	Wiley (Texas)	12.94	(0.6)	4/14
9		Ajai SAMPLE	#1	Dillard (La.)	12.98	(1.8)	3/25
10		Mya PALMER	#2	Philander Smith	13.04	(0.6)	4/14

Women's 100 Meter Hurdles

1	4	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	A:B 13.68	(0.0)	4/28
2	22	Daila YOUNG	#1	Dillard (La.)	B 14.50w	(3.6)	3/11
3		Trinity MARSHALL	#1	Dillard (La.)	15.80	(1.2)	4/14
4		Kaylyn TURNER	#1	Dillard (La.)	16.53	(0.8)	4/8
5		Rachel JACKSON	#1	Dillard (La.)	17.39w	(2.9)	3/17
6		Michel VILLARREAL	#3	Wiley (Texas)	18.21	(1.2)	4/14
7		Desire ROBINSON	#1	Dillard (La.)	18.69	(0.8)	4/8
8		J'Kyla MILLER	#2	Philander Smith	18.92w	(2.1)	4/6

Women's 200 Meters

1	5	Kevell BYRD	#1	Dillard (La.)	A:B 23.81w	(2.3)	4/8
2	25	Tori BURTON	#1	Dillard (La.)	B 24.80w	(3.3)	4/8
3	62	Darnee WILLIAMS	#3	Wiley (Texas)	25.40w	(2.2)	3/17
4	74	Ta'nijal MATTHEWS	#1	Dillard (La.)	25.51	(-0.1)	3/31
5		Ta'nyia FLOWERS	#1	Dillard (La.)	25.88	(-0.1)	3/31
6		Meghan JOSHUA	#1	Dillard (La.)	26.22	(-0.2)	3/31
7		Ayanna ALLEN	#2	Philander Smith	26.54	(0.3)	4/6
8		Mallory PENDLETON	#2	Philander Smith	26.63	(-1.1)	4/14
9		Shakayla CARTER	#3	Wiley (Texas)	26.68	(0.9)	3/17
9		Meeyesha TUTT-MOOTOUO	#3	Wiley (Texas)	26.68w	(2.3)	3/17

Women's 400 Meters

1	11	Kevell BYRD	#1	Dillard (La.)	A:B 56.06		3/25
2	60	Ta'nijal MATTHEWS	#1	Dillard (La.)	58.51		4/28
3		Ayanna ALLEN	#2	Philander Smith	59.74		4/21
4		Jasmin JOHNSON	#2	Philander Smith	1:00.36		4/14
5		Karmyn DOTSON	#1	Dillard (La.)	1:00.85		4/14
6		Shakayla CARTER	#3	Wiley (Texas)	1:01.13		4/14
7		Rachel JACKSON	#1	Dillard (La.)	1:02.12		3/25
8		Meeyesha TUTT-MOOTOUO	#3	Wiley (Texas)	1:02.95		3/17
9		Tori BURTON	#1	Dillard (La.)	1:03.30		3/25
10		Dajanae SHAW	#2	Philander Smith	1:03.34		3/24

Women's 400 Meter Hurdles

1	31	Jasmin JOHNSON	#2	Philander Smith	1:05.34		4/14
2	41	Tashina BEYIOKU-ALASE	#1	Dillard (La.)	1:05.73		4/14
3	49	Kaylyn TURNER	#1	Dillard (La.)	1:06.40		3/25
4	93	Daila YOUNG	#1	Dillard (La.)	1:08.65		4/14
5		Rachel JACKSON	#1	Dillard (La.)	1:09.71		3/17
6		Desire ROBINSON	#1	Dillard (La.)	1:11.20		4/8
7		Ky'Arra CRIGLER	#2	Philander Smith	1:21.53		4/14
8		J'Kyla MILLER	#2	Philander Smith	1:24.96		3/4

Women's 800 Meters

1		Rachel JACKSON	#1	Dillard (La.)	2:31.41		3/25
1		Karmyn DOTSON	#1	Dillard (La.)	2:31.41		3/17
3		Ja'Niesha COLLINS	#2	Philander Smith	2:33.96		4/14
4		Kennedy TIMMONS	#1	Dillard (La.)	2:36.79		3/25
5		Dajanae SHAW	#2	Philander Smith	2:38.29		3/17
6		Jean marie FARINHA	#3	Wiley (Texas)	2:46.22		3/17
7		Amelya HATCH	#4	Rust (Miss.)	2:47.07		3/10
8		Brooklyn ACOSTA	#1	Dillard (La.)	2:47.37		4/14
9		Anaya JOPLIN	#2	Philander Smith	3:25.44		3/17
10		Tianna SMITH	#4	Rust (Miss.)	3:27.75		4/14

Women's 1500 Meters

1		Rachel JACKSON	#1	Dillard (La.)	5:30.45		4/8
2		Kennedy TIMMONS	#1	Dillard (La.)	5:45.21		3/17
3		Brooklyn ACOSTA	#1	Dillard (La.)	5:48.12		4/14
4		Amelya HATCH	#4	Rust (Miss.)	5:56.41		4/14
5		Jean marie FARINHA	#3	Wiley (Texas)	6:09.47		3/24
6		Fatima ORTEGA	#3	Wiley (Texas)	6:19.83		3/24
7		Madison WILLIAMS	#4	Rust (Miss.)	7:33.97		4/14

Women's Steeplechase

1		Rachel JACKSON	#1	Dillard (La.)	14:01.63		3/31
---	--	----------------	-----------	---------------	-----------------	--	------

Women's 5000 Meters

1		Kennedy TIMMONS	#1	Dillard (La.)	22:21.86		3/25
2		Brooklyn ACOSTA	#1	Dillard (La.)	22:23.74		3/25
3		Fatima ORTEGA	#3	Wiley (Texas)	25:58.78		3/30
4		Rachel JACKSON	#1	Dillard (La.)	26:33.26		4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:52 AM

Gulf Coast

Women's 4x100 Relay

1	5	Tori BURTON, Kevell BYRD, Ta'nijal MATTHEWS, Meghan JOSHUA	#1 Dillard (La.)	A:B 46.36	4/14
2	53	Darnee WILLIAMS, Shakayla CARTER, Michel VILLARREAL, Meeyesha TUTT-MOOTOUO	#3 Wiley (Texas)	49.36	4/14
3	89	Ayanna ALLEN, Mallory PENDLETON, Mya PALMER, Jasmin JOHNSON	#2 Philander Smith	51.37	3/17
4		Mardisty WILLIAMS, Jazmine RILEY, Jamika COLEMAN, Madison WILLIAMS	#4 Rust (Miss.)	54.40	4/14

Women's 4x400 Relay

1	34	Ayanna ALLEN, Ja'Niesha COLLINS, Jasmin JOHNSON, Dajanae SHAW	#2 Philander Smith	4:03.84	3/24
2	39	Kevell BYRD, Tori BURTON, Karmyn DOTSON, Ta'nyia FLOWERS	#1 Dillard (La.)	4:04.70	3/25
3	74	Shakayla CARTER, Meeyesha TUTT-MOOTOUO, Jean marie FARINHA, Darnee WILLIAMS	#3 Wiley (Texas)	4:14.77	3/24
4		Jasmine COLEMAN, Amelya HATCH, Jamika COLEMAN, Madison WILLIAMS	#4 Rust (Miss.)	4:36.96	4/14

Women's 4x800 Relay

1	35	Ja'Niesha COLLINS, Ayanna ALLEN, Dajanae SHAW, Jasmin JOHNSON	#2 Philander Smith	10:13.08	4/14
2	36	Kennedy TIMMONS, Rachel JACKSON, Karmyn DOTSON, Kaylyn TURNER	#1 Dillard (La.)	10:14.78	4/14
3	70	Jasmine COLEMAN, Amelya HATCH, Madison WILLIAMS, Mardisty WILLIAMS	#4 Rust (Miss.)	12:16.13	4/14

Women's High Jump

1	28	Tashina BEYIOKU-ALASE	#1 Dillard (La.)	1.62m	5-3¾	3/11
2		Ayanna ALLEN	#2 Philander Smith	1.50m	4-11	3/17
3		Rachel ROWE	#1 Dillard (La.)	1.45m	4-9	4/14
3		Jazmine RILEY	#4 Rust (Miss.)	1.45m	4-9	4/14
3		Meeyesha TUTT-MOOTOUO	#3 Wiley (Texas)	1.45m	4-9	4/14
6		Michel VILLARREAL	#3 Wiley (Texas)	1.41m	4-7½	4/14
7		Ta'nijal MATTHEWS	#1 Dillard (La.)	1.37m	4-6	4/14

Women's Long Jump

1	64	Meeyesha TUTT-MOOTOUO	#3 Wiley (Texas)	5.38m	17-8 (2.0)	3/24
2	67	Rachel ROWE	#1 Dillard (La.)	5.35m	17-6¾ (1.1)	4/8
3		Darnee WILLIAMS	#3 Wiley (Texas)	5.14m	16-10½ (1)	3/24
4		Trinity MARSHALL	#1 Dillard (La.)	4.72m	15-6 (1.6)	3/25
5		Zarea WINN	#2 Philander Smith	4.53mw	14-10½ (3)	3/24
6		Jazmine RILEY	#4 Rust (Miss.)	4.52m	14-10 (-1.6)	4/8
7		J'Kyla MILLER	#2 Philander Smith	4.13mw	13-6¾ (2.8)	4/6
8		Desire ROBINSON	#1 Dillard (La.)	4.06mw	13-4 (2.7)	3/17
9		Ky'Arra CRIGLER	#2 Philander Smith	4.05m	13-3½ (1.1)	3/17
10		Chrusia WILKS	#4 Rust (Miss.)	4.00m	13-1½ (0.1)	3/10

Women's Triple Jump

1	9	Rachel ROWE	#1 Dillard (La.)	A:B 11.81m	38-9 (0.0)	4/28
2	24	Meeyesha TUTT-MOOTOUO	#3 Wiley (Texas)	B 11.54mw	37-10½ (2)	4/21
3	35	Tashina BEYIOKU-ALASE	#1 Dillard (La.)	11.23m	36-10¼ (0)	4/8
4	91	Trinity MARSHALL	#1 Dillard (La.)	10.59m	34-9 (1.8)	3/25

Women's Shot Put

1		Jacquelyn BOWNES	#5 Fisk (Tenn.)	11.25m	36-11	4/14
2		Darnee WILLIAMS	#3 Wiley (Texas)	10.83m	35-6½	4/14
3		Stephonie WHITE	#1 Dillard (La.)	10.80m	35-5¼	4/14
4		Hailie WILLIAMS	#3 Wiley (Texas)	10.02m	32-10½	4/14
5		Zanayah MYERS	#4 Rust (Miss.)	9.99m	32-9½	4/14
6		Charra BRIDGES	#1 Dillard (La.)	9.87m	32-4¾	4/14
7		Kaylyn TURNER	#1 Dillard (La.)	9.65m	31-8	4/14
8		Andre'a KING	#2 Philander Smith	9.41m	30-10½	4/14
9		Antanisha WADE	#2 Philander Smith	9.35m	30-8¼	3/24
10		Alanni MARTIN	#1 Dillard (La.)	9.11m	29-10¾	3/25

Women's Discus

1		Jacquelyn BOWNES	#5 Fisk (Tenn.)	33.34m	109-5	4/14
2		Antanisha WADE	#2 Philander Smith	30.98m	101-8	3/17
3		Charra BRIDGES	#1 Dillard (La.)	29.20m	95-9¾	3/11
4		Stephonie WHITE	#1 Dillard (La.)	28.15m	92-4¼	4/14
5		Hailie WILLIAMS	#3 Wiley (Texas)	26.20m	85-11½	4/14
6		Zanayah MYERS	#4 Rust (Miss.)	25.57m	83-10¾	4/14
7		Adjaratou MBAYE	#4 Rust (Miss.)	23.77m	78-0	3/10
8		Alanni MARTIN	#1 Dillard (La.)	23.41m	76-9¾	3/11
9		Kaylyn TURNER	#1 Dillard (La.)	21.90m	71-10¼	4/8
10		Andre'a KING	#2 Philander Smith	19.75m	64-9¾	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:52 AM

Gulf Coast

Women's Hammer

1	Charra BRIDGES	#1	Dillard (La.)	30.77m	101-0	3/25
2	Kaylyn TURNER	#1	Dillard (La.)	28.47m	93-5	4/14
3	Alanni MARTIN	#1	Dillard (La.)	28.29m	92-9¾	4/14
4	Stephonie WHITE	#1	Dillard (La.)	28.09m	92-2	4/14
5	Andre'a KING	#2	Philander Smith	22.59m	74-1½	4/6
6	Antanisha WADE	#2	Philander Smith	21.56m	70-9	4/14
7	Hailie WILLIAMS	#3	Wiley (Texas)	18.80m	61-8¼	4/14
8	Mya PALMER	#2	Philander Smith	18.05m	59-2¾	4/14
9	Alyssa FULTON	#3	Wiley (Texas)	15.24m	50-0	4/14
10	Ja'Niesha COLLINS	#2	Philander Smith	11.62m	38-1½	4/14

Women's Javelin

1	Hailie WILLIAMS	#3	Wiley (Texas)	30.00m	98-5¼	4/14
2	Zarea WINN	#2	Philander Smith	28.08m	92-1½	4/14
3	Kaylyn TURNER	#1	Dillard (La.)	25.40m	83-4	4/14
4	Charra BRIDGES	#1	Dillard (La.)	24.80m	81-4½	3/11
5	Alanni MARTIN	#1	Dillard (La.)	19.96m	65-6	4/14
6	Stephonie WHITE	#1	Dillard (La.)	18.46m	60-6¾	4/14
7	Tianna SMITH	#4	Rust (Miss.)	17.42m	57-2	4/14
8	Jean marie FARINHA	#3	Wiley (Texas)	16.66m	54-8	4/14
9	Trinity MARSHALL	#1	Dillard (La.)	16.26m	53-4¼	3/25
10	Ayanna ALLEN	#2	Philander Smith	16.00m	52-6	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:53 AM

Indep.

Women's 100 Meter Hurdles

1	Zoe SALAZAR	#1	Oklahoma Panh.	17.32w	(2.8)	3/24
2	Abbey GOODE	#1	Oklahoma Panh.	18.66	(-0.9)	4/28

Women's 200 Meters

1	Jamiah CLAY	#1	Oklahoma Panh.	26.34cw	(26.27A) (2)	4/6
2	Kaylee LUJAN	#1	Oklahoma Panh.	26.95	(1.5)	3/30
3	Amanda SIMPSON	#2	Simpson (Calif.)	28.19	(0.6)	4/8

Women's 400 Meters

1	72 Azucena CARRILLO	#1	Oklahoma Panh.	58.90		4/28
2	Jamiah CLAY	#1	Oklahoma Panh.	59.69c	(59.58A)	4/6
3	Amanda SIMPSON	#2	Simpson (Calif.)	1:03.03		4/14
4	Kaylee LUJAN	#1	Oklahoma Panh.	1:04.40		3/24
5	Aubree MORA	#1	Oklahoma Panh.	1:04.61		4/28
6	Caroline FORSETH	#2	Simpson (Calif.)	1:10.27		3/3
7	Joy TAYLOR	#2	Simpson (Calif.)	1:12.06		3/3
8	Wendy MACIAS	#2	Simpson (Calif.)	1:17.87		4/8

Women's 400 Meter Hurdles

1	Aubree MORA	#1	Oklahoma Panh.	1:13.31		4/28
2	Abbey GOODE	#1	Oklahoma Panh.	1:18.63c	(1:18.52A)	4/22

Women's 800 Meters

1	Bonita GRAY	#1	Oklahoma Panh.	2:24.64		4/28
2	Azucena CARRILLO	#1	Oklahoma Panh.	2:28.72		3/30
3	Aubree MORA	#1	Oklahoma Panh.	2:32.46		3/24
4	Amanda SIMPSON	#2	Simpson (Calif.)	2:37.71		4/14
5	Caroline FORSETH	#2	Simpson (Calif.)	2:40.67		4/8
6	Joy TAYLOR	#2	Simpson (Calif.)	2:42.04		4/8
7	Taya TROTTEIR	#3	Montana State-†	2:50.26		4/27

Women's 1500 Meters

1	Bonita GRAY	#1	Oklahoma Panh.	5:01.41		4/28
2	Caroline FORSETH	#2	Simpson (Calif.)	5:30.31		4/8
3	Amanda SIMPSON	#2	Simpson (Calif.)	5:32.30		4/8
4	Joy TAYLOR	#2	Simpson (Calif.)	5:33.02		4/8

Women's 4x100 Relay

1	92 Azucena CARRILLO, Kaylee LUJAN, Zoe SALAZAR, Jamiah CLAY	#1	Oklahoma Panh.	51.57		4/28
---	---	----	----------------	-------	--	------

Women's 4x400 Relay

1	46 Jamiah CLAY, Bonita GRAY, Kaylee LUJAN, Azucena CARRILLO	#1	Oklahoma Panh.	4:05.57		4/28
---	---	----	----------------	---------	--	------

Women's High Jump

1	Tayonna BOLEY	#1	Oklahoma Panh.	1.50m	4-11	4/28
---	---------------	----	----------------	-------	------	------

Women's Shot Put

1	Elizabeth ALEO	#2	Simpson (Calif.)	8.52m	27-11½	4/8
2	Vivianna GARCIA-REVELES	#2	Simpson (Calif.)	8.02m	26-3¾	3/3

Women's Discus

1	Elizabeth ALEO	#2	Simpson (Calif.)	27.78m	91-1¾	3/10
2	Vivianna GARCIA-REVELES	#2	Simpson (Calif.)	21.13m	69-4	3/3

Women's Javelin

1	36 Zoe SALAZAR	#1	Oklahoma Panh.	37.74mA	123-10	4/6
---	----------------	----	----------------	---------	--------	-----



Conference TFRI Event Summary

as of 5/1/2023 7:21:53 AM

KCAC

Women's 100 Meters

1	46	Jaylen KNIGHT	#2	Friends (Kan.)	12.15	(1.4)	3/30
2	62	Gretchen RANEY	#1	Saint Mary (Kan.)	12.26	(0.0)	4/8
3	65	Rachel BOOKER	#5	Southwestern (I	12.28w	(2.8)	4/15
4	80	Halle NAGEL	#2	Friends (Kan.)	12.35w	(2.8)	4/21
5		Mumina MILLINGTON	#3	Ottawa (Kan.)	12.54	(1.5)	3/23
6		Jordyn WEEMS	#3	Ottawa (Kan.)	12.55	(0.8)	4/7
7		Samantha COLSON	#1	Saint Mary (Kan.)	12.66w	(2.2)	4/14
8		Irian PADULLES	#2	Friends (Kan.)	12.82	(0.4)	4/21
9		Lexi WARDLOW	#1	Saint Mary (Kan.)	12.87	(0.3)	3/23
10		Zaira SPENCER	#1	Saint Mary (Kan.)	12.91	(1.7)	3/23
10		Ty IRVIN	#4	York (Neb.)	12.91	(0.5)	3/25

Women's 100 Meter Hurdles

1	25	Keiana NEWMAN	#2	Friends (Kan.)	14.55	(1.0)	4/21
2	49	Irian PADULLES	#2	Friends (Kan.)	14.99	(1.0)	4/21
3	51	JayOnna PERRY	#3	Ottawa (Kan.)	15.04	(1.3)	4/23
4	57	Shavonte HARRIS	#2	Friends (Kan.)	15.16	(1.0)	4/21
5	62	Moriah SHAW	#2	Friends (Kan.)	15.20	(0.6)	4/29
6		Kentayshija PRUITT	#5	Southwestern (I	16.25	(0.2)	3/25
7		Aubry GRAME	#8	Bethel (Kan.)	16.39w	(2.3)	4/15
8		Gema DEL VALLE	#2	Friends (Kan.)	16.42	(0.0)	4/21
9		Allana ENG	#9	Bethany (Kan.)	17.45		4/22
10		Makayla DINKLER	#4	York (Neb.)	17.58	(-0.6)	4/21

Women's 200 Meters

1	28	Jaylen KNIGHT	#2	Friends (Kan.)	24.86	(-0.8)	4/7
2	43	Kyah HILL	#5	Southwestern (I	25.16	(0.3)	4/29
3	56	Kamrie DILLAN	#4	York (Neb.)	25.34w	(2.2)	4/21
4	76	Meliah HANNA	#5	Southwestern (I	25.57	(0.3)	4/29
5	93	Gretchen RANEY	#1	Saint Mary (Kan.)	25.72w	(2.2)	4/23
6	LE+0:	Halle NAGEL	#2	Friends (Kan.)	25.75w	(2.1)	4/21
7		Kendra BLAYLOCK	#2	Friends (Kan.)	25.76	(0.6)	4/7
8		Rachel BOOKER	#5	Southwestern (I	25.78	(2.0)	4/15
9		Vanessa PEREZ	#10	Oklahoma Wesle	25.83w	(2.1)	3/30
9		Jordyn WEEMS	#3	Ottawa (Kan.)	25.83w	(2.3)	4/23

Women's 400 Meters

1	28	Jaylen KNIGHT	#2	Friends (Kan.)	57.20		3/24
2	38	Kendra BLAYLOCK	#2	Friends (Kan.)	57.62		4/21
3	39	JayOnna PERRY	#3	Ottawa (Kan.)	57.71		4/7
4	45	Kyah HILL	#5	Southwestern (I	58.07		4/22
5	62	Vanessa PEREZ	#10	Oklahoma Wesle	58.66		3/30
6	84	Meliah HANNA	#5	Southwestern (I	59.20		4/29
7		Lexi WARDLOW	#1	Saint Mary (Kan.)	59.56		3/30
8		Mumina MILLINGTON	#3	Ottawa (Kan.)	1:00.03		4/13
9		Danielle MCSEVENY	#9	Bethany (Kan.)	1:00.64		3/30
10		Grace PEARSON	#7	Kansas Wesleya	1:00.76		4/21

Women's 400 Meter Hurdles

1	4	JayOnna PERRY	#3	Ottawa (Kan.)	1:01.25	A:B	4/23
2	28	Kourtney WARREN	#2	Friends (Kan.)	1:05.21		4/21
3	48	Moriah SHAW	#2	Friends (Kan.)	1:06.34		3/30
4	51	Aubry GRAME	#8	Bethel (Kan.)	1:06.47		4/29
5	52	Kentayshija PRUITT	#5	Southwestern (I	1:06.48		4/29
6	84	Destiny ESCOBAR	#3	Ottawa (Kan.)	1:08.23		3/23
7	87	Sara WINN	#10	Oklahoma Wesle	1:08.45		3/30
8		Carlee GASSMAN	#3	Ottawa (Kan.)	1:09.76		4/23
9		Gema DEL VALLE	#2	Friends (Kan.)	1:10.40		4/21
10		Abigail WHITE	#1	Saint Mary (Kan.)	1:10.71		4/27

Women's 800 Meters

1	34	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	2:17.12		4/23
2	48	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	2:19.00		3/25
3	59	Brooke WIEBE	#6	Tabor (Kan.)	2:19.67		4/21
4	64	Danielle ALLISON	#6	Tabor (Kan.)	2:19.89		4/7
5	80	Sonya ZIMMERMAN	#6	Tabor (Kan.)	2:21.19		4/21
6	81	Carlie GREGG	#1	Saint Mary (Kan.)	2:21.28		4/23
7	95	Caroline GILES	#2	Friends (Kan.)	2:21.75		4/21
8		Riley HIEBERT	#1	Saint Mary (Kan.)	2:24.15		3/23
9		Kate MADSEN	#1	Saint Mary (Kan.)	2:24.81		3/23
10		Kirstin HACKNEY	#5	Southwestern (I	2:25.40		4/7

Women's 1500 Meters

1	13	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	4:35.12	A:B	4/23
2	25	Reagan HIEBERT	#1	Saint Mary (Kan.)	4:41.83		4/27
3	44	Caroline GILES	#2	Friends (Kan.)	4:45.24		4/21
3	44	Danielle ALLISON	#6	Tabor (Kan.)	4:45.24		3/23
5	50	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	4:45.76		3/23
6	68	Riley HIEBERT	#1	Saint Mary (Kan.)	4:49.01		3/23
7	70	Kate MADSEN	#1	Saint Mary (Kan.)	4:49.10		4/23
8		Brooke WIEBE	#6	Tabor (Kan.)	4:58.20		4/22
9		Sonya ZIMMERMAN	#6	Tabor (Kan.)	4:58.43		4/22
10		Madisyn EHRlich	#7	Kansas Wesleya	5:00.71		4/7

Women's Steeplechase

1	3	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	10:33.24	A:B	4/27
2	8	Riley HIEBERT	#1	Saint Mary (Kan.)	10:57.54	A:B	4/23
3	13	Caroline GILES	#2	Friends (Kan.)	11:16.99	A:B	4/13
4	18	Reagan HIEBERT	#1	Saint Mary (Kan.)	11:20.27	A:B	4/13
5	30	Brooke WIEBE	#6	Tabor (Kan.)	11:34.09		4/7
6	34	Maria GEESAMAN	#4	York (Neb.)	11:40.11		4/21
7	84	Yesenia FLORES	#1	Saint Mary (Kan.)	12:40.19		4/27
8	95	Samantha THOMPSON	#11	McPherson (Kan)	12:49.79		4/7
9		Claire DINGLER	#2	Friends (Kan.)	12:53.05		3/24
10		Brooke KRAPES	#11	McPherson (Kan)	14:04.07		4/7



Conference TFRI Event Summary

as of 5/1/2023 7:21:53 AM

KCAC

Women's 5000 Meters

1	7	Alyssa ARMENDARIZ	#1	Saint Mary (Kan.)	A 16:54.15	4/1
2	12	Reagan HIEBERT	#1	Saint Mary (Kan.)	B 17:18.32	4/1
3	17	Riley HIEBERT	#1	Saint Mary (Kan.)	B 17:25.58	4/27
4	25	Danielle ALLISON	#6	Tabor (Kan.)	B 17:35.44	4/1
5	27	Caroline GILES	#2	Friends (Kan.)	B 17:39.63	4/7
6	32	Kate MADSEN	#1	Saint Mary (Kan.)	17:42.88	4/27
7	45	Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	18:03.99	3/31
8		Brooke WIEBE	#6	Tabor (Kan.)	18:54.76	3/31
9		Josie KOPPE	#7	Kansas Wesleyan	19:01.56	4/7
10		Madisyn EHRlich	#7	Kansas Wesleyan	19:06.99	3/30

Women's 10,000 Meters

1	17	Kate MADSEN	#1	Saint Mary (Kan.)	A 37:19.68	4/13
---	-----------	-------------	-----------	-------------------	-------------------	------

Women's 4x100 Relay

1	22	Lily BLANKENSHIP, Rachel BOOKER, Kyah HILL, Lauryn TERRY	#5	Southwestern (Kan.)	A 47.67	4/29
2	30	https://www.tfrrs.org/teams/1847	#2	Friends (Kan.)	48.14	4/29
3	35	Samantha COLSON, Zaira SPENCER, Lexi WARDLOW, Gretchen RANEY	#1	Saint Mary (Kan.)	48.27	4/27
4	51	https://www.tfrrs.org/teams/1881	#3	Ottawa (Kan.)	49.21	4/13
5	58	Ty IRVIN, Kamrie DILLAN, Abigail ZAIGER, Makayla DINKLER	#4	York (Neb.)	49.50	4/21
6	96	Aubry GRAME, Parker SCHROEDER, Dakota VOORTMAN, Myiah LOGUE	#8	Bethel (Kan.)	51.94	4/29
7		Mary PARKS, Rylee PARAMORE, Ariana HURLEY, Danielle MCSEVENEY	#9	Bethany (Kan.)	52.18	4/27
8		Tamayia WASHINGTON, Grace PEARSON, Grayce TANKERSLEY, Bailey MANN	#7	Kansas Wesleyan	52.34	4/22

Women's 4x400 Relay

1	22	Destiny ESCOBAR, Jordyn WEEMS, JayOnna PERRY, Mumina MILLINGTON	#3	Ottawa (Kan.)	3:58.07	3/23
2	40	Kentayshija PRUITT, Rachel BOOKER, Meliah HANNA, Kyah HILL	#5	Southwestern (Kan.)	4:04.83	4/29
3	60	Carissa MARTIN, Zaira SPENCER, Gretchen RANEY, Lexi WARDLOW	#1	Saint Mary (Kan.)	4:10.67	3/30
4	79	Kamrie DILLAN, Maria GEESAMAN, Abigail ZAIGER, Ty IRVIN	#4	York (Neb.)	4:15.68	3/25
5	81	Jordyn LOWRIE, Brooke WIEBE, Sonya ZIMMERMAN, Danielle ALLISON	#6	Tabor (Kan.)	4:16.14	4/22
6	87	Aubry GRAME, Myiah LOGUE, Mia ROMAN, Parker SCHROEDER	#8	Bethel (Kan.)	4:20.39	3/25
7	96	Grace PEARSON, Grayce TANKERSLEY, Tamayia WASHINGTON, Josie KOPPE	#7	Kansas Wesleyan	4:23.40	3/30
8		Kayli GONZALES, Rebekah CHORIEGO, Madison MOSES, Caroline GILES	#2	Friends (Kan.)	4:31.20	3/30
9		Danielle MCSEVENEY, Mary PARKS, Allana ENG, Rylee PARAMORE	#9	Bethany (Kan.)	4:38.66	4/15

Women's 4x800 Relay

1	11	Alyssa ARMENDARIZ, Riley HIEBERT, Reagan HIEBERT, Maddy WALTER-SHERRETTS	#1	Saint Mary (Kan.)	9:29.54	4/13
2	54	Elly BERTHOLF, Mia ROMAN, Parker SCHROEDER, Bethany SCHRAG	#8	Bethel (Kan.)	10:39.76	4/22



Conference TFRI Event Summary

as of 5/1/2023 7:21:53 AM

KCAC

Women's High Jump

1	10	Jordyn LOWRIE	#6	Tabor (Kan.)	B	1.65m	5-5	4/27
2	84	Hannah SLATE	#12	Sterling (Kan.)		1.54m	5-½	4/22
3	95	Makayla DINKLER	#4	York (Neb.)		1.52m	4-11¾	4/21
4		Meliah HANNA	#5	Southwestern (†)		1.50m	4-11	4/29
5		JayOnna PERRY	#3	Ottawa (Kan.)		1.49m	4-10½	4/7
5		Jessenia VELEZ	#3	Ottawa (Kan.)		1.49m	4-10½	4/7
7		Mia ROMAN	#8	Bethel (Kan.)		1.47m	4-9¾	3/30
8		Nevaeh KRULL	#1	Saint Mary (Kan.)		1.45m	4-9	4/27
8		Carlee GASSMAN	#3	Ottawa (Kan.)		1.45m	4-9	4/23
10		Saraiah ERVIN	#3	Ottawa (Kan.)		1.40m	4-7	4/23

Women's Pole Vault

1	47	Brynn HALATA	#2	Friends (Kan.)		3.22m	10-6¾	4/21
2	57	Aaliyah RAMIREZ	#2	Friends (Kan.)		3.13m	10-3¼	3/30
3	64	Gwen SHUGART	#1	Saint Mary (Kan.)		3.07m	10-¾	4/14
4	82	Kloe SIMONS	#5	Southwestern (†)		2.89m	9-5¾	3/25
5		Cierra DRINGMAN	#4	York (Neb.)		2.43m	7-11½	3/25
6		Reagan STEVENS	#1	Saint Mary (Kan.)		2.30m	7-6½	4/27

Women's Long Jump

1	48	Myiah LOGUE	#8	Bethel (Kan.)		5.47mw	17-11½ (2)	4/15
2	75	Jordyn WEEMS	#3	Ottawa (Kan.)		5.30m	17-4¾ (1.9)	4/23
3		Makayla DINKLER	#4	York (Neb.)		5.18m	17-0 (0.0)	4/14
3		Carlee GASSMAN	#3	Ottawa (Kan.)		5.18m	17-0 (1.4)	4/15
5		Karsen DUNHAM	#8	Bethel (Kan.)		5.16mw	16-11¼ (2)	4/15
6		Amani BRADSHER	#2	Friends (Kan.)		5.07m	16-7¾ (-1)	4/21
7		Aaliyah TARVER	#2	Friends (Kan.)		5.02m	16-5¾ (-0)	3/30
8		Kamrie DILLAN	#4	York (Neb.)		4.96m	16-3¼ (-0)	4/21
9		Gema DEL VALLE	#2	Friends (Kan.)		4.94mw	16-2½ (2.2)	4/29
10		Mary PARKS	#9	Bethany (Kan.)		4.87m	15-11¾ (0)	3/25

Women's Triple Jump

1	57	Carissa MARTIN	#1	Saint Mary (Kan.)		10.94m	35-10¾ (0)	3/23
1	57	Myiah LOGUE	#8	Bethel (Kan.)		10.94mw	35-10¾ (2)	4/15
3	64	Karsen DUNHAM	#8	Bethel (Kan.)		10.89m	35-8¾ (0.0)	3/30
4	67	Aaliyah TARVER	#2	Friends (Kan.)		10.85m	35-7¼ (1.3)	3/30
5		Amani BRADSHER	#2	Friends (Kan.)		10.30m	33-9½ (0.0)	3/30
6		Juliet LANE	#3	Ottawa (Kan.)		10.03mw	32-11 (2.7)	4/15
7		Mary PARKS	#9	Bethany (Kan.)		9.89m	32-5½ (0.1)	3/30
8		Laura FREEMAN	#3	Ottawa (Kan.)		9.23m	30-3½ (1.4)	4/15
9		Alexis WOLFE	#11	McPherson (Kan.)		8.74m	28-8¼ (1.6)	3/30

Women's Shot Put

1	23	Laurel BARBER	#3	Ottawa (Kan.)	B	13.20m	43-3¾	4/13
2	38	Candice JONES	#4	York (Neb.)		12.68m	41-7¼	4/21
3	49	Elizabeth STOUT	#7	Kansas Wesleyan		12.45m	40-10¼	4/7
4	72	Nicole HOLADAY	#7	Kansas Wesleyan		12.00m	39-4½	3/30
5	94	Amber DOMINGUEZ	#4	York (Neb.)		11.80m	38-8¾	4/1
6	99	Madison GOOKIN	#4	York (Neb.)		11.77m	38-7½	4/1
7		Sasha WASINGER	#6	Tabor (Kan.)		11.42m	37-5¾	3/30
8		Deja DELAINE	#3	Ottawa (Kan.)		11.33m	37-2¼	4/15
9		Elizabeth ZAIGER	#4	York (Neb.)		11.17m	36-7¾	4/21
10		Karley FAUDERE	#3	Ottawa (Kan.)		10.84m	35-6¾	4/22

Women's Discus

1	44	Deja DELAINE	#3	Ottawa (Kan.)		40.95m	134-4	4/7
2	68	Amber DOMINGUEZ	#4	York (Neb.)		38.87m	127-7	4/21
3	80	Jaine JOHNSON	#3	Ottawa (Kan.)		38.08m	124-11	4/22
4	84	Saffron JACOBS	#7	Kansas Wesleyan		37.99m	124-8	4/22
5		Madison GOOKIN	#4	York (Neb.)		37.10m	121-9	4/1
6		Andelyn JOHNSON	#6	Tabor (Kan.)		35.80m	117-6	4/22
7		Hannah SLATE	#12	Sterling (Kan.)		35.57m	116-9	3/25
8		Candice JONES	#4	York (Neb.)		35.48m	116-5	4/1
9		Abby GREEN	#2	Friends (Kan.)		35.47m	116-5	4/29
10		Ascha UTTER	#4	York (Neb.)		34.67m	113-9	4/21

Women's Hammer

1	27	Candice JONES	#4	York (Neb.)	B	48.66m	159-8	4/14
2	30	Deja DELAINE	#3	Ottawa (Kan.)		48.28m	158-5	4/22
3	43	Madison GOOKIN	#4	York (Neb.)		46.13m	151-4	4/1
4	48	Abby GREEN	#2	Friends (Kan.)		45.49m	149-3	4/29
5	69	Amber DOMINGUEZ	#4	York (Neb.)		44.34m	145-6	4/14
6	86	Nicole HOLADAY	#7	Kansas Wesleyan		43.10m	141-5	4/15
7	97	Jaine JOHNSON	#3	Ottawa (Kan.)		42.54m	139-7	4/22
8		Ketura EARL	#5	Southwestern (†)		41.46m	136-0	4/22
9		Sydney RABORN	#3	Ottawa (Kan.)		40.13m	131-8	4/7
10		Ascha UTTER	#4	York (Neb.)		38.93m	127-9	4/21

Women's Javelin

1	1	Laurel BARBER	#3	Ottawa (Kan.)	A:B	48.81m	160-2	4/26
2	11	Taylor CLAUSSEN	#9	Bethany (Kan.)	A:B	42.11m	138-2	3/25
3	60	Makayla DINKLER	#4	York (Neb.)		35.49m	116-5	4/14
4	70	Gabby MURCHISON	#5	Southwestern (†)		34.60m	113-6	4/29
5	83	Konlynn DRUSE	#1	Saint Mary (Kan.)		33.93m	111-4	3/23
6		Lucy DANIEL	#5	Southwestern (†)		32.60m	107-0	4/29
7		Sydney RABORN	#3	Ottawa (Kan.)		32.33m	106-1	3/23
8		Brooklyn SLOANE	#7	Kansas Wesleyan		31.52m	103-5	3/23
9		Hannah SPLATTSTOESSER	#4	York (Neb.)		31.45m	103-2	4/21
10		Andelyn JOHNSON	#6	Tabor (Kan.)		30.20m	99-1	4/22

Women's Heptathlon

1	22	Makayla DINKLER	#4	York (Neb.)	B	4,017		4/21
2	57	Kamrie DILLAN	#4	York (Neb.)		3,117		4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:53 AM

Mid-South

Women's 100 Meters

1	2	Praise IDAMADUDU	#3	Cumberland (TeA:B	11.54	(0.3)	3/31
2	27	Jozlen BRISBON	#4	Lindsey Wilson (B	11.98w	(3.9)	4/21
2	27	Alexia BOYD	#2	Campbellsville (B	11.98w	(3.6)	3/24
4	29	Alana MACK	#3	Cumberland (Te	12.02	(0.3)	4/14
5	36	Libby MILLER	#5	Georgetown (Ky	12.10w	(4.0)	4/21
6	49	Alexia SCHOFIELD	#2	Campbellsville (	12.16w	(2.6)	3/31
7	51	Jamila GARBA	#2	Campbellsville (	12.17w	(2.4)	4/28
8	63	Doris MENSAH	#3	Cumberland (Te	12.27	(0.0)	4/14
9	LE+0:	Luna SENICA	#4	Lindsey Wilson (	12.46w	(4.0)	4/21
10		LaAuhnni LEWIS	#2	Campbellsville (	12.48w	(2.4)	4/28
10		Kyra ENGEL	#4	Lindsey Wilson (	12.48w	(4.0)	4/21

Women's 100 Meter Hurdles

1	14	Doris MENSAH	#3	Cumberland (TeA:B	14.31	(-0.4)	4/14
2	65	Sarah BOLTON	#5	Georgetown (Ky	15.24	(1.1)	4/28
3	94	Makiyah ALLEN	#2	Campbellsville (	15.67	(0.5)	4/28
4		Kathryn COUCH	#1	Cumberlands (K	16.13	(1.1)	4/28
5		Jayden PROFITT	#6	Thomas More (K	16.15	(1.5)	4/1
6		Heaven CARVER	#8	Pikeville (Ky.)	18.17	(1.1)	4/28
7		Ariana SIMMONS	#2	Campbellsville (	18.68	(1.1)	4/28
8		Esther BRADSHAW	#5	Georgetown (Ky	18.72w	(2.7)	4/21
9		Grace RIDDLE	#3	Cumberland (Te	18.86	(-0.4)	4/14
10		Makayla ABBOTT	#6	Thomas More (K	18.88	(-0.6)	4/22

Women's 200 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	23.58w	(2.4)	3/31
2	10	Alexia SCHOFIELD	#2	Campbellsville (A:B	24.23w	(2.3)	4/28
3	18	Jamila GARBA	#2	Campbellsville (A:B	24.64w	(2.5)	4/28
4	41	Alana MACK	#3	Cumberland (Te	25.14	(-0.7)	4/7
5	60	Alexia BOYD	#2	Campbellsville (	25.37w	(2.5)	4/28
6	97	Jaci JOHNSON	#2	Campbellsville (	25.73	(1.8)	4/28
7		KaNiya DOUGLAS	#2	Campbellsville (	25.83	(1.8)	4/28
8		MaQuoia RAGLAN	#1	Cumberlands (K	25.97w	(3.4)	4/21
9		Kourtlyn CANNON	#2	Campbellsville (	26.03	(1.8)	4/28
10		LaAuhnni LEWIS	#2	Campbellsville (	26.19	(0.0)	4/7

Women's 400 Meters

1	1	Praise IDAMADUDU	#3	Cumberland (TeA:B	53.65		4/14
2	27	Jamila GARBA	#2	Campbellsville (B	57.15		4/7
3	68	Victoria YOUNG	#2	Campbellsville (	58.81		4/14
4	99	RaMyah SHEFFIELD	#1	Cumberlands (K	59.50		4/7
5		KaNiya DOUGLAS	#2	Campbellsville (	59.82		4/28
6		Ashley TERRY	#1	Cumberlands (K	1:00.11		4/7
7		Kathryn COUCH	#1	Cumberlands (K	1:00.29		4/7
8		Esther BRADSHAW	#5	Georgetown (Ky	1:00.47		4/28
9		MaQuoia RAGLAN	#1	Cumberlands (K	1:00.48		4/7
10		Bry HENDRY	#6	Thomas More (K	1:00.89		4/14

Women's 400 Meter Hurdles

1	21	Doris MENSAH	#3	Cumberland (Te	1:04.73		3/31
2	55	Sarah BOLTON	#5	Georgetown (Ky	1:06.64		4/28
3	67	RaMyah SHEFFIELD	#1	Cumberlands (K	1:07.18		4/21
4		Esther BRADSHAW	#5	Georgetown (Ky	1:09.68		4/14
5		Meredith JOHNSON	#4	Lindsey Wilson (	1:09.90		4/21
6		Jessica SANDERS	#6	Thomas More (K	1:10.69		4/28
7		Makiyah ALLEN	#2	Campbellsville (	1:11.69		4/21
8		Maddie BITTLE	#3	Cumberland (Te	1:12.02		4/14
9		Grace THAMANN	#6	Thomas More (K	1:12.83		4/22
10		Makayla ABBOTT	#6	Thomas More (K	1:14.21		4/28

Women's 800 Meters

1	27	Meredith JOHNSON	#4	Lindsey Wilson (	2:16.68		4/28
2	37	Jessica MUSSELMAN	#9	Freed-Hardema	2:17.80		4/29
3	82	Ashley TERRY	#1	Cumberlands (K	2:21.31		4/7
4	97	Ashlyn LIDDLE	#1	Cumberlands (K	2:21.86		4/7
5		Elizabeth LUCASON	#1	Cumberlands (K	2:22.03		4/7
6		Christy SHANK	#2	Campbellsville (	2:22.17		4/21
7		Ashley ALBRINCK	#6	Thomas More (K	2:22.37		4/28
8		Ella HENAGE	#1	Cumberlands (K	2:24.81		4/21
9		Olivia RUDDER	#4	Lindsey Wilson (	2:25.15		4/21
10		Ifunanya MUOGHALU	#3	Cumberland (Te	2:25.42		4/14

Women's 1500 Meters

1	47	Jozi BROWN	#7	Shawnee State (	4:45.41		4/28
2	69	Christy SHANK	#2	Campbellsville (	4:49.08		4/14
3	79	Meredith JOHNSON	#4	Lindsey Wilson (	4:49.84		4/21
4	82	Elizabeth LUCASON	#1	Cumberlands (K	4:50.65		3/24
5	89	Ashlyn LIDDLE	#1	Cumberlands (K	4:51.38		4/21
6		Savannah FAUGHT	#6	Thomas More (K	4:56.24		4/28
7		Jessica MUSSELMAN	#9	Freed-Hardema	4:58.85		4/6
8		Mckenna PANNELL	#7	Shawnee State (	5:01.02		3/10
9		Daniela RIVERA	#3	Cumberland (Te	5:02.55		4/14
10		Ashley TERRY	#1	Cumberlands (K	5:03.35		3/24

Women's Steeplechase

1	15	Meredith JOHNSON	#4	Lindsey Wilson (A:B	11:17.77		4/14
2	22	Elizabeth LUCASON	#1	Cumberlands (K B	11:25.93		4/21
3	35	Daniela RIVERA	#3	Cumberland (Te	11:40.30		4/7
4	44	Jessica SANDERS	#6	Thomas More (K	11:59.30		4/28
5	50	Morgan LUCASON	#1	Cumberlands (K	12:11.19		4/7
6	54	Hailey SHANK	#2	Campbellsville (	12:15.59		4/7
7	56	Alyssa SHARP	#4	Lindsey Wilson (	12:16.89		4/14
8	71	Elise KRONE	#3	Cumberland (Te	12:31.10		4/7
9	74	Madison GRANT	#9	Freed-Hardema	12:33.08		4/22
10	89	Andrea DE LA ROSA	#10	Bethel (Tenn.)	12:44.24		3/24



Conference TFRI Event Summary

as of 5/1/2023 7:21:54 AM

Mid-South

Women's 5000 Meters

1	22	Mercy KIBIWOTT	#3	Cumberland (Te B	17:34.40	4/14
2	43	Jozi BROWN	#7	Shawnee State (	17:57.38	3/17
3	55	Madison GRANT	#9	Freed-Hardema	18:12.31	4/29
4	72	Savannah FAUGHT	#6	Thomas More (K	18:30.72	4/28
5	76	Kirsten GEARY	#5	Georgetown (Ky	18:33.67	4/14
6	90	Christy SHANK	#2	Campbellsville (	18:41.73	4/7
7		Victoria RICHARDSON	#1	Cumberlands (K	18:48.53	4/7
8		Elise KRONE	#3	Cumberland (Te	18:50.61	4/14
9		Kinsey FORGEY	#1	Cumberlands (K	18:57.57	3/17
10		Elizabeth LUCASON	#1	Cumberlands (K	19:07.21	3/31

Women's 10,000 Meters

1	11	Jozi BROWN	#7	Shawnee State (A:B	37:04.18	4/7
2	22	Mercy KIBIWOTT	#3	Cumberland (Te B	37:40.22	4/7
3	40	Emma STEFF	#2	Campbellsville (	39:05.49	4/7
4	50	Savannah FAUGHT	#6	Thomas More (K	39:34.10	4/1
5	55	Mikella MEDDOCK	#7	Shawnee State (	39:53.13	4/7
6	61	Nina DAMAN	#2	Campbellsville (	40:12.12	4/7
7	67	Abriella OVERHOLSER	#1	Cumberlands (K	40:25.38	4/7
8	68	Madison GRANT	#9	Freed-Hardema	40:27.76	4/14
9	81	Meredith JOHNSON	#4	Lindsey Wilson (	41:16.90	4/1
10	89	Victoria RICHARDSON	#1	Cumberlands (K	41:45.81	3/31

Women's 5000m Race Walk

1	12	Jenna GROGAN	#1	Cumberlands (K	29:02.40	4/7
2	16	Tara TODD	#1	Cumberlands (K	29:40.25	4/7
3	25	Eliza HAGENS	#4	Lindsey Wilson (	31:51.01	4/7
4	28	Isabelle BLATZ	#1	Cumberlands (K	33:09.38	4/7
5	32	Cady SCHOECK	#4	Lindsey Wilson (	34:34.94	4/7

Women's 4x100 Relay

1	9	Kourtlyn CANNON, Jamila GARBA, Alexia SCHOFIELD, Alexia BOYD	#2	Campbellsville (A:B	46.72	4/7
2	15	Judah JACKSON, Alana MACK, Doris MENSAH, Praise IDAMADUDU	#3	Cumberland (TeA:B	47.29	4/7
3	34	Jordan NELSON, Jozlen BRISBON, Kyra ENGEL, Luna SENICA	#4	Lindsey Wilson (	48.24	4/28
4	62	Libby MILLER, Esther BRADSHAW, Rebekah CLARK, Jalynn LANDVERSICHT	#5	Georgetown (Ky	49.71	4/21
5		Jayden PROFITT, Bry HENDRY, Grace THAMANN, Makayla ABBOTT	#6	Thomas More (K	52.24	4/14

Women's 4x400 Relay

1	20	Victoria YOUNG, Jamila GARBA, Alexia SCHOFIELD, KaNiya DOUGLAS	#2	Campbellsville (B	3:56.84	4/7
2	21	RaMyah SHEFFIELD, MaQuoia RAGLAN, Kathryn COUCH, Ashley TERRY	#1	Cumberlands (K	3:57.61	4/7
3	88	Esther BRADSHAW, Rebekah CLARK, Lani IRWIN, Jenna TIPTON	#5	Georgetown (Ky	4:20.67	4/14
4	89	Ashley AKINS, Bry HENDRY, Grace THAMANN, Ashley ALBRINCK	#6	Thomas More (K	4:20.87	4/28
5		Hailee SERVAIS, Sharon JEROP, Maddie BITTLE, Sabrina ANDERSON	#3	Cumberland (Te	4:26.84	3/31
6		Olivia RUDDER, Jamie MOSES, Laura CUIN-CASIMIRO, Meredith JOHNSON	#4	Lindsey Wilson (	4:34.43	4/1

Women's 4x800 Relay

1	8	Elizabeth LUCASON, Ella HENAGE, Ashlyn LIDDLE, Ashley TERRY	#1	Cumberlands (K B	9:24.56	4/14
---	---	---	----	------------------	---------	------

Women's High Jump

1	10	Jalynn LANDVERSICHT	#5	Georgetown (Ky B	1.65m	5-5	4/8
2	60	Sarah BOLTON	#5	Georgetown (Ky	1.55m	5-1	3/8
2	60	Alexia SCHOFIELD	#2	Campbellsville (	1.55m	5-1	4/14
2	60	Madison NEARY	#6	Thomas More (K	1.55m	5-1	3/25
5		Paige NEWBY	#1	Cumberlands (K	1.45m	4-9	4/7
6		Makayla CLARK	#1	Cumberlands (K	1.42m	4-7¾	4/21
6		Nikki RAVELLI	#4	Lindsey Wilson (	1.42m	4-7¾	4/21
8		Luna SENICA	#4	Lindsey Wilson (	1.37m	4-6	4/21
9		Mine ISCEN	#4	Lindsey Wilson (	1.35m	4-5	4/7
10		Amber AVERY	#1	Cumberlands (K	1.30m	4-3¾	4/1

Women's Pole Vault

1	65	Trinity SHERROD	#1	Cumberlands (K	3.05m	10-0	4/21
2		Morgan WEATHERSPOON	#1	Cumberlands (K	2.65m	8-8¾	4/7
3		Amber AVERY	#1	Cumberlands (K	2.35m	7-8½	4/7
4		Ariana SIMMONS	#2	Campbellsville (	2.15m	7-½	4/14



Conference TFRI Event Summary

as of 5/1/2023 7:21:54 AM

Mid-South

Women's Long Jump

1	5	Alexia BOYD	#2	Campbellsville (A:B	5.93m	19-5½ (1.0)	4/14
2	17	Alana MACK	#3	Cumberland (TeA:B	5.76m	18-10¾ (1.3)	3/31
3	19	Blessing SAMUEL	#3	Cumberland (Te B	5.73m	18-9¾ (0.0)	4/14
4	21	Luna SENICA	#4	Lindsey Wilson (B	5.72m	18-9¼ (0.0)	4/7
5	23	Nikki RAVELLI	#4	Lindsey Wilson (B	5.70mw	18-8½ (2.5)	4/1
6	24	Alexia SCHOFIELD	#2	Campbellsville (B	5.69m	18-8 (1.3)	4/21
7		Kourtlyn CANNON	#2	Campbellsville (	5.08m	16-8 (1.4)	4/14
8		Sarah BOLTON	#5	Georgetown (Ky	4.83m	15-10¼ (-1)	3/8
9		Sharmari VAUGHN	#4	Lindsey Wilson (	4.72m	15-6 (0.0)	4/7
10		N'Dia METCALF	#3	Cumberland (Te	4.70m	15-5 (1.4)	4/7

Women's Triple Jump

1	3	Alexia SCHOFIELD	#2	Campbellsville (A:B	12.32m	40-5 (1.0)	4/28
2	4	Alana MACK	#3	Cumberland (TeA:B	12.13m	39-9¾ (0.0)	4/14
3	28	Blessing SAMUEL	#3	Cumberland (Te	11.43mw	37-6 (2.4)	3/31
4	33	Alexia BOYD	#2	Campbellsville (	11.26m	36-11½ (1.3)	3/31
5	65	Lydia LE'DET	#1	Cumberlands (K	10.87m	35-8 (0.2)	4/28
6		N'Dia METCALF	#3	Cumberland (Te	10.42m	34-2¼ (1.7)	3/31
7		Kourtlyn CANNON	#2	Campbellsville (	9.99m	32-9½ (1.2)	4/28
8		Grace RIDDLE	#3	Cumberland (Te	9.50mw	31-2 (3.5)	4/7
9		Makayla CLARK	#1	Cumberlands (K	9.43mw	30-11¼ (3.3)	4/28
10		Heaven CARVER	#8	Pikeville (Ky.)	8.48m	27-10 (1.9)	4/8

Women's Shot Put

1	5	Daveina WATSON	#3	Cumberland (TeA:B	14.05m	46-1¼	4/7
2	53	Summer TRAVIS	#1	Cumberlands (K	12.35m	40-6¼	3/24
3	87	Ricquel WILLIAMS	#2	Campbellsville (	11.86m	38-11	4/14
4		Maggie BUERGER	#1	Cumberlands (K	11.44m	37-6½	4/7
5		Valerie KENDRICK	#8	Pikeville (Ky.)	11.35m	37-3	4/21
6		Delores STEVENSON	#1	Cumberlands (K	11.01m	36-1½	3/24
7		Verlecia SCARLETT	#8	Pikeville (Ky.)	10.38m	34-¾	4/28
8		Nikki RAVELLI	#4	Lindsey Wilson (	10.17m	33-4½	4/1
9		Rachel BERWANGER	#6	Thomas More (K	9.69m	31-9½	4/28
9		Macie RUSSELL	#2	Campbellsville (	9.69m	31-9½	4/28

Women's Discus

1	30	Maggie BUERGER	#1	Cumberlands (K	41.98m	137-9	3/24
2	69	Valerie KENDRICK	#8	Pikeville (Ky.)	38.84m	127-5	4/21
3	77	Rachel BERWANGER	#6	Thomas More (K	38.20m	125-4	4/22
4	79	Daveina WATSON	#3	Cumberland (Te	38.16m	125-3	4/29
5		Summer TRAVIS	#1	Cumberlands (K	36.14m	118-7	4/7
6		Delores STEVENSON	#1	Cumberlands (K	32.92m	108-0	3/24
6		Ricquel WILLIAMS	#2	Campbellsville (	32.92m	108-0	4/28
8		Brooke COFFMAN	#2	Campbellsville (	32.36m	106-2	4/14
9		Sophiat OMIZI	#3	Cumberland (Te	31.30m	102-8	4/14
10		Alice BILLINGSLEY	#9	Freed-Hardema	30.91m	101-5	4/14

Women's Hammer

1	23	Sophiat OMIZI	#3	Cumberland (Te B	49.47m	162-4	4/7
2	47	Verlecia SCARLETT	#8	Pikeville (Ky.)	45.82m	150-4	3/24
3	53	Rachel BERWANGER	#6	Thomas More (K	45.05m	147-10	4/28
4	81	Malorie CARTER	#4	Lindsey Wilson (	43.37m	142-4	4/14
5	89	Summer TRAVIS	#1	Cumberlands (K	42.99m	141-1	4/28
6		Delores STEVENSON	#1	Cumberlands (K	40.63m	133-4	3/17
7		Brooke COFFMAN	#2	Campbellsville (	39.95m	131-1	4/14
8		Maggie BUERGER	#1	Cumberlands (K	38.63m	126-9	3/24
9		Ricquel WILLIAMS	#2	Campbellsville (	38.49m	126-4	4/14
10		Emily HUBER	#4	Lindsey Wilson (	36.67m	120-4	4/14

Women's Javelin

1	26	Nikki RAVELLI	#4	Lindsey Wilson (	38.68m	126-11	4/7
2	65	Amber AVERY	#1	Cumberlands (K	34.75m	114-0	4/28
3	69	Daveina WATSON	#3	Cumberland (Te	34.62m	113-7	4/14
4		Jalynn LANDVERSICHT	#5	Georgetown (Ky	31.62m	103-9	4/28
5		Macie RUSSELL	#2	Campbellsville (	31.27m	102-7	4/7
6		Rachel BERWANGER	#6	Thomas More (K	28.91m	94-10¼	4/1
7		Trinity SHERROD	#1	Cumberlands (K	26.70m	87-7¼	4/21
8		Maggie BUERGER	#1	Cumberlands (K	26.30m	86-3½	3/24
9		Sophiat OMIZI	#3	Cumberland (Te	25.15m	82-6¼	4/14
10		Summer TRAVIS	#1	Cumberlands (K	24.42m	80-1½	3/24

Women's Heptathlon

1	76	Mine ISCEN	#4	Lindsey Wilson (	2,411		4/7
2	78	Marlena SIPES	#2	Campbellsville (	2,022		4/7
3	79	Amber AVERY	#1	Cumberlands (K	1,940		4/7
4	80	Ariana SIMMONS	#2	Campbellsville (	1,762		4/7



Conference TFRI Event Summary

as of 5/1/2023 7:21:54 AM

North Star

Women's 100 Meters

1	89	Breanna IHDE	#2	Viterbo (Wis.)	12.40w	(3.7)	4/7
2		Lana YEAKEL	#2	Viterbo (Wis.)	12.54	(0.0)	4/27
3		Claudia SCHUNK	#2	Viterbo (Wis.)	12.67w	(2.4)	4/21
4		Kyley BARNETT	#1	Dickinson State	12.99	(0.0)	4/16
5		Emily HOWELL	#2	Viterbo (Wis.)	13.09	(1.2)	4/27
6		Grace PEYRON	#2	Viterbo (Wis.)	13.18w	(2.4)	4/21
7		Tess DURSCHER	#2	Viterbo (Wis.)	13.25	(1.2)	4/27
8		Lily BALDWIN	#4	Valley City State	13.26w	(2.9)	4/22
8		Lauren COLE	#2	Viterbo (Wis.)	13.26w	(2.4)	4/21
10		Grace WILLMS	#5	Iowa Wesleyan	13.28	(1.8)	3/25

Women's 100 Meter Hurdles

1	15	Kaitlyn MCCOLLY	#1	Dickinson State A:B	14.36w	(2.1)	4/22
2	29	Taylor SARGENT	#4	Valley City State B	14.68	(0.0)	4/26
3	36	Wrenzi WRZESINSKI	#1	Dickinson State	14.79c	(14.75A) (0	4/7
4	57	Fane SAUVAKACOLO	#3	Dakota State (S.	15.16	(-1.4)	4/24
5	87	Emma JOHNSON	#2	Viterbo (Wis.)	15.60w	(2.6)	4/7
6	98	Shaylee DEBEER	#3	Dakota State (S.	15.73w	(2.4)	4/14
7		Ashley VERONEN	#2	Viterbo (Wis.)	15.90	(1.7)	4/27
8		Katya BARANKO	#1	Dickinson State	16.53cw	(16.49A) (2	3/31
9		Mathea JABLONSKY	#4	Valley City State	16.92	(0.0)	4/26
10		Madelyn KASSULKE	#2	Viterbo (Wis.)	17.48	(1.7)	4/27

Women's 200 Meters

1	67	Breanna IHDE	#2	Viterbo (Wis.)	25.43	(1.1)	4/27
2	85	Wrenzi WRZESINSKI	#1	Dickinson State	25.64	(1.8)	4/22
3		Claudia SCHUNK	#2	Viterbo (Wis.)	25.92	(1.1)	4/27
4		Fane SAUVAKACOLO	#3	Dakota State (S.	26.06w	(3.5)	4/7
5		Taylor SARGENT	#4	Valley City State	26.48	(1.3)	4/22
6		Jewel OLSON	#1	Dickinson State	26.54	(0.0)	4/16
7		Kaitlyn MCCOLLY	#1	Dickinson State	26.76w	(2.1)	4/22
8		Jocelyn OTT	#1	Dickinson State	27.03	(1.3)	4/22
9		Lana YEAKEL	#2	Viterbo (Wis.)	27.10	(0.9)	4/21
9		Emily HOWELL	#2	Viterbo (Wis.)	27.10	(-0.7)	4/27

Women's 400 Meters

1	79	Jewel OLSON	#1	Dickinson State	59.01c	(58.90A)	3/31
2	96	Breanna IHDE	#2	Viterbo (Wis.)	59.47		4/15
3		Eliza MCKOWN	#6	Waldorf (Iowa)	1:01.25		4/15
4		Raylee WALLIS	#3	Dakota State (S.	1:01.34		4/24
5		Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	1:01.39		4/27
6		Claudia SCHUNK	#2	Viterbo (Wis.)	1:01.65		4/7
7		Kyley BARNETT	#1	Dickinson State	1:01.69		4/22
8		Charlize SALGADO	#6	Waldorf (Iowa)	1:02.22		4/27
9		Caitlin DYER	#3	Dakota State (S.	1:02.25		4/24
10		Lauren COLE	#2	Viterbo (Wis.)	1:04.86		4/7

Women's 400 Meter Hurdles

1	7	Wrenzi WRZESINSKI	#1	Dickinson State A:B	1:02.25c	(1:02.14A)	4/7
2	13	Kaitlyn MCCOLLY	#1	Dickinson State B	1:03.40c	(1:03.29A)	4/7
3		Brandi PECK	#6	Waldorf (Iowa)	1:10.14		4/27
4		Shaylee DEBEER	#3	Dakota State (S.	1:10.39		4/14
5		Breanna IHDE	#2	Viterbo (Wis.)	1:10.60		4/7
6		Tess DURSCHER	#2	Viterbo (Wis.)	1:11.17		4/15
7		Mathea JABLONSKY	#4	Valley City State	1:13.74		4/16
8		Lainey TEYNOR	#2	Viterbo (Wis.)	1:15.90		4/7
9		Carmen MATA	#6	Waldorf (Iowa)	1:17.11		4/15
10		Zoi SMITH	#5	Iowa Wesleyan	1:19.41		4/14

Women's 800 Meters

1		Eliza MCKOWN	#6	Waldorf (Iowa)	2:23.67		4/27
2		Elizabeth WIDMER	#1	Dickinson State	2:23.94		4/22
3		Grace TIMM	#1	Dickinson State	2:24.10		4/28
4		Jewel OLSON	#1	Dickinson State	2:24.25		4/28
5		Lindsey ROTH	#3	Dakota State (S.	2:24.75		4/14
6		Caitlin DYER	#3	Dakota State (S.	2:27.60		4/7
7		Lauren TAYLOR	#1	Dickinson State	2:28.92		4/28
8		Daniela BENAVIDES	#6	Waldorf (Iowa)	2:30.30		4/27
9		Kaitlyn MCCOLLY	#1	Dickinson State	2:30.58		4/22
10		Alicia RIVERA CAMARGO	#7	Bellevue (Neb.)	2:30.62		4/14

Women's 1500 Meters

1		Lindsey ROTH	#3	Dakota State (S.	4:56.22		4/24
2		Grace TIMM	#1	Dickinson State	4:57.14		4/22
3		Anya HIRSCH	#2	Viterbo (Wis.)	5:01.68		4/15
4		Madelyn SYLVA	#3	Dakota State (S.	5:05.13		4/24
5		Alicia RIVERA CAMARGO	#7	Bellevue (Neb.)	5:07.37		4/21
6		Elizabeth WIDMER	#1	Dickinson State	5:08.50		4/16
7		Madison NELSON	#7	Bellevue (Neb.)	5:12.20		4/1
8		Lauren TAYLOR	#1	Dickinson State	5:13.03c	(5:16.56A)	4/7
9		Jasmine BARNES	#4	Valley City State	5:14.26		4/22
10		Jada ANDERSON	#3	Dakota State (S.	5:20.62		4/24

Women's Steeplechase

1	38	Grace TIMM	#1	Dickinson State	11:49.22		4/29
2	49	Anya HIRSCH	#2	Viterbo (Wis.)	12:09.85		4/21
3	97	Lilly GARNSEY	#5	Iowa Wesleyan	12:51.97		4/7
4		Bernadette FRISCH	#2	Viterbo (Wis.)	13:34.26		4/21
5		Faith YOUNCE	#5	Iowa Wesleyan	13:36.42		4/1
6		Allison MORRIS	#5	Iowa Wesleyan	14:00.70		4/22
7		Megan SCHEUER	#2	Viterbo (Wis.)	15:50.46		4/15
8		Rebecca YORK	#2	Viterbo (Wis.)	17:33.88		4/15



Conference TFRI Event Summary

as of 5/1/2023 7:21:54 AM

North Star

Women's 5000 Meters

1	Madison NELSON	#7	Bellevue (Neb.)	18:53.01	4/7
2	Grace TIMM	#1	Dickinson State	18:55.39	4/22
3	Brenna MCDONOUGH	#2	Viterbo (Wis.)	19:06.71	4/15
4	Lilly GARNSEY	#5	Iowa Wesleyan	19:48.58	4/22
5	Hannah PERKINS	#7	Bellevue (Neb.)	19:54.80	4/21
6	Madelyn ADAM	#2	Viterbo (Wis.)	20:06.50	4/21
7	Jada ANDERSON	#3	Dakota State (S.	20:10.68	4/26
8	Jasmine BARNES	#4	Valley City State	20:16.03	3/24
9	Sarah GRIFFIS	#1	Dickinson State	20:31.75	4/28
10	Danielle WOOD	#6	Waldorf (Iowa)	21:00.55	4/21

Women's 10,000 Meters

1	34 Madison NELSON	#7	Bellevue (Neb.)	38:47.15	4/26
2	47 Brenna MCDONOUGH	#2	Viterbo (Wis.)	39:27.79	4/21
3	LE+0 Jasmine BARNES	#4	Valley City State	42:24.50	4/7
4	Jada ANDERSON	#3	Dakota State (S.	42:52.65	4/14
5	Lilly GARNSEY	#5	Iowa Wesleyan	44:11.99	4/28
6	Sarah GRIFFIS	#1	Dickinson State	44:20.91	4/22
7	Faith YOUNCE	#5	Iowa Wesleyan	47:08.14	4/28

Women's 5000m Race Walk

1	9 Faith YOUNCE	#5	Iowa Wesleyan B	28:24.55	4/22
2	11 Allison MORRIS	#5	Iowa Wesleyan B	28:47.36	4/28

Women's 4x100 Relay

1	24 Claudia SCHUNK, Lana YEAKEL, Ashley VERONEN, Breanna IHDE	#2	Viterbo (Wis.) A:B	47.77	4/27
2	37 Wrenzi WRZESINSKI, Kylee BARNETT, Kaitlyn MCCOLLY, Jocelyn OTT	#1	Dickinson State	48.36	4/16
3	91 Alazey MISHLEAU, Daniela BENAVIDES, Charlize SALGADO, Catherine CLARKE-ASHFORD	#6	Waldorf (Iowa)	51.55	4/15

Women's 4x400 Relay

1	41 Wrenzi WRZESINSKI, Kaitlyn MCCOLLY, Jewel OLSON, Kylee BARNETT	#1	Dickinson State	4:04.85c (4:04.41A)	3/31
2	45 Raylee WALLIS, Shaylee DEBEER, Caitlin DYER, Fane SAUVAKACOLO	#3	Dakota State (S.	4:05.35	4/26
3	57 Catherine CLARKE-ASHFORD, Charlize SALGADO, Daniela BENAVIDES, Eliza MCKOWN	#6	Waldorf (Iowa)	4:09.40	4/27

Women's 4x800 Relay

1	29 Caitlin DYER, Lindsey ROTH, Saddle PALMQUIST, Madelyn SYLVA	#3	Dakota State (S.	10:02.92	4/26
2	69 Lilly GARNSEY, Zoi SMITH, Faith YOUNCE, Emily GEHRING	#5	Iowa Wesleyan	11:54.24	3/25

Women's High Jump

1	10 Adarra HAGLUND	#1	Dickinson State B	1.65m	5-5	4/7
2	33 Kaitlyn MCCOLLY	#1	Dickinson State	1.60m	5-3	4/22
3	60 Miranda KENDALL	#2	Viterbo (Wis.)	1.55m	5-1	4/1
3	60 Alazey MISHLEAU	#6	Waldorf (Iowa)	1.55m	5-1	4/7
5	90 Alexie STEPHANI	#2	Viterbo (Wis.)	1.53m	5-¼	4/15
5	90 Katya BARANKO	#1	Dickinson State	1.53m	5-¼	4/16
7	Ashley VERONEN	#2	Viterbo (Wis.)	1.50m	4-11	4/1
7	Lahna MATUCHA	#3	Dakota State (S.	1.50m	4-11	3/24
9	Lauren COLE	#2	Viterbo (Wis.)	1.48m	4-10¼	4/7
9	Abbey GRANBOIS	#1	Dickinson State	1.48m	4-10¼	4/16

Women's Pole Vault

1	6 Madison WAHL	#1	Dickinson State A:B	3.82m	12-6¼	4/16
2	16 Bailey NUUTINEN	#2	Viterbo (Wis.) B	3.55m	11-7¾	4/7
2	16 Emma JOHNSON	#2	Viterbo (Wis.) B	3.55m	11-7¾	4/27
4	31 Cassidy JORENSON	#1	Dickinson State	3.40m	11-1¾	3/31
5	48 Tess DURSCHER	#2	Viterbo (Wis.)	3.20m	10-6	4/15
6	53 Emily HOWELL	#2	Viterbo (Wis.)	3.15m	10-4	4/27
6	53 Olivia WINGO	#2	Viterbo (Wis.)	3.15m	10-4	4/27
8	88 Gabriella GESZVAIN	#2	Viterbo (Wis.)	2.80m	9-2¼	4/7
9	Zoi SMITH	#5	Iowa Wesleyan	2.25m	7-4½	4/14
10	Michelle CHAVEZ ESCALERA	#2	Viterbo (Wis.)	2.15m	7-½	4/27

Women's Long Jump

1	51 Lana YEAKEL	#2	Viterbo (Wis.)	5.46mw	17-11 (3.9)	4/1
2	58 Jocelyn OTT	#1	Dickinson State	5.41m	17-9 (-1.4)	4/16
3	86 Grace PEYRON	#2	Viterbo (Wis.)	5.28m	17-4 (0.6)	4/1
4	96 Kaitlyn MCCOLLY	#1	Dickinson State	5.25m	17-2¾ (-1)	4/16
5	Katya BARANKO	#1	Dickinson State	5.18m	17-0 (-0.3)	4/16
6	Alexie STEPHANI	#2	Viterbo (Wis.)	4.88m	16-¼ (1.6)	4/27
7	Carson QUIGLEY	#3	Dakota State (S.	4.82mw	15-9¾ (2.5)	4/26
8	Taylor SARGENT	#4	Valley City State	4.79m	15-8¾ (1.8)	3/24
9	Alazey MISHLEAU	#6	Waldorf (Iowa)	4.74m	15-6¾ (0.3)	4/15
10	Shermaine PRESTON	#5	Iowa Wesleyan	4.42m	14-6 (-0.2)	3/25



Conference TFRI Event Summary

as of 5/1/2023 7:21:54 AM

North Star

Women's Triple Jump

1	37	Fane SAUVAKACOLO	#3	Dakota State (S.	11.22m	36-9¾ (0.6)	4/24
2		Jocelyn OTT	#1	Dickinson State	10.44m	34-3 (-1.1)	4/16
3		Alexie STEPHANI	#2	Viterbo (Wis.)	10.41m	34-2 (1.6)	4/27
4		Adarra HAGLUND	#1	Dickinson State	9.84m	32-3½ (1.9)	4/7
5		Alyssa ANDRESS	#1	Dickinson State	9.65m	31-8 (0.7)	4/7
5		Carson QUIGLEY	#3	Dakota State (S.	9.65mw	31-8 (3.0)	3/24
7		Tinley PIERSON	#1	Dickinson State	9.55m	31-4 (1.9)	3/31
8		Taylor MUNDFROM	#1	Dickinson State	9.37m	30-9 (-1.3)	4/16
9		Morgan HAERER	#4	Valley City State	9.36m	30-8½ (0.1)	4/26

Women's Shot Put

1	4	Kori NAGEL	#1	Dickinson State A:B	14.40m	47-3	4/28
2	11	Brianna HUNTER	#5	Iowa Wesleyan A:B	13.69m	44-11	4/14
3	46	Traia HUBBARD	#3	Dakota State (S.	12.49m	40-11¾	4/7
4	54	Sadie HANSEN	#4	Valley City State	12.33m	40-5½	4/22
5	59	Bella MAXWELL	#3	Dakota State (S.	12.25m	40-2¼	4/26
6	75	Kelsee CUMMINGS	#1	Dickinson State	11.97m	39-3¾	4/7
7		Oliviya THORNTON	#3	Dakota State (S.	11.58m	38-0	4/7
8		Kendra ODEGARD	#4	Valley City State	11.43m	37-6	4/26
9		Jade AZURE	#4	Valley City State	11.40m	37-5	4/26
10		Tori NYGARD	#1	Dickinson State	11.22m	36-9¾	4/22

Women's Discus

1	8	Kori NAGEL	#1	Dickinson State A:B	46.03m	151-0	3/31
2	14	Traia HUBBARD	#3	Dakota State (S.A:B)	44.72m	146-9	4/26
3	41	Payton DRYDEN	#2	Viterbo (Wis.)	41.13m	134-11	4/7
4	47	Jade AZURE	#4	Valley City State	40.43m	132-8	4/26
5	85	Sadie HANSEN	#4	Valley City State	37.95m	124-6	4/22
6	88	Kendra ODEGARD	#4	Valley City State	37.89m	124-4	3/24
7	97	Maria DADE	#2	Viterbo (Wis.)	37.49m	123-0	4/7
8		Britni PLUCKER	#3	Dakota State (S.	37.13m	121-10	4/21
9		Gabby PEITZMEIER	#3	Dakota State (S.	37.03m	121-6	4/7
10		Lexi OLSON	#3	Dakota State (S.	36.12m	118-6	4/26

Women's Hammer

1	12	Tori NYGARD	#1	Dickinson State A:B	51.51m	169-0	4/16
2	16	Kori NAGEL	#1	Dickinson State A:B	50.78m	166-7	4/22
3	60	Oliviya THORNTON	#3	Dakota State (S.	44.81m	147-0	4/14
4	72	Britni PLUCKER	#3	Dakota State (S.	44.14m	144-10	4/26
5	79	Payton DRYDEN	#2	Viterbo (Wis.)	43.52m	142-10	4/21
6	80	Kelsee CUMMINGS	#1	Dickinson State	43.44m	142-6	4/16
7	83	Kiana MOUNGA	#3	Dakota State (S.	43.30m	142-1	4/14
8	93	Gabby PEITZMEIER	#3	Dakota State (S.	42.72m	140-2	4/14
9	98	Traia HUBBARD	#3	Dakota State (S.	42.31m	138-10	4/26
10		Jade AZURE	#4	Valley City State	42.21m	138-6	4/16

Women's Javelin

1	3	Kendra ODEGARD	#4	Valley City State A:B	45.96m	150-10	4/16
2	45	Tori NYGARD	#1	Dickinson State	36.78m	120-8	4/28
3	61	Sadie HANSEN	#4	Valley City State	35.06m	115-1	4/29
4	67	Alyssa ANDRESS	#1	Dickinson State	34.73m	114-0	4/28
5	74	Kaitlyn MCCOLLY	#1	Dickinson State	34.23m	112-4	4/22
6	79	Kiana MILLER	#1	Dickinson State	34.08m	111-10	3/31
7		Lahna MATUCHA	#3	Dakota State (S.	31.83m	104-5	4/26
8		Gabby PEITZMEIER	#3	Dakota State (S.	31.60m	103-8	4/7
9		Katya BARANKO	#1	Dickinson State	29.65m	97-3½	4/22
10		Izela AVALOS	#5	Iowa Wesleyan	28.32m	92-11	4/28

Women's Heptathlon

1	1	Kaitlyn MCCOLLY	#1	Dickinson State B	4,862	4/22
---	---	-----------------	----	-------------------	-------	------



Conference TFRI Event Summary

as of 5/1/2023 7:21:55 AM

PBC

Women's 100 Meters

1	77	Maisonne JONES	#1	USC Beaufort (S	12.34w	(3.2)	3/30
---	----	----------------	----	-----------------	--------	-------	------

Women's 100 Meter Hurdles

1	87	LeeAisha FORD	#1	USC Beaufort (S	15.60w	(2.3)	3/30
---	----	---------------	----	-----------------	--------	-------	------

2		De'Andra BROWN	#1	USC Beaufort (S	16.90w	(2.7)	3/30
---	--	----------------	----	-----------------	--------	-------	------

Women's 200 Meters

1		LeeAisha FORD	#1	USC Beaufort (S	26.60	(1.0)	3/30
---	--	---------------	----	-----------------	-------	-------	------

2		De'Andra BROWN	#1	USC Beaufort (S	27.92	(1.6)	4/20
---	--	----------------	----	-----------------	-------	-------	------

Women's 400 Meters

1		LeeAisha FORD	#1	USC Beaufort (S	1:06.78		3/24
---	--	---------------	----	-----------------	---------	--	------

Women's 400 Meter Hurdles

1		Aniah WRIGHT	#1	USC Beaufort (S	1:10.82		4/20
---	--	--------------	----	-----------------	---------	--	------

2		LeeAisha FORD	#1	USC Beaufort (S	1:12.37		4/20
---	--	---------------	----	-----------------	---------	--	------

Women's 1500 Meters

1		Cydney STEVENSON	#1	USC Beaufort (S	5:42.37		4/20
---	--	------------------	----	-----------------	---------	--	------

2		Riley EDWARDS	#1	USC Beaufort (S	6:03.05		3/30
---	--	---------------	----	-----------------	---------	--	------

Women's Steeplechase

1		Riley EDWARDS	#1	USC Beaufort (S	14:16.76		4/20
---	--	---------------	----	-----------------	----------	--	------

Women's 4x100 Relay

1	85	Maisonne JONES, Aniah WRIGHT, Algeria SCOTT, De'Andra BROWN	#1	USC Beaufort (S	51.22		4/20
---	----	--	----	-----------------	-------	--	------

Women's Long Jump

1	4	Maisonne JONES	#1	USC Beaufort (SA:B	5.97m	19-7 (1.0)	4/20
---	---	----------------	----	--------------------	-------	------------	------

2		Aniah WRIGHT	#1	USC Beaufort (S	5.00m	16-5 (-0.6)	4/20
---	--	--------------	----	-----------------	-------	-------------	------

3		De'Andra BROWN	#1	USC Beaufort (S	4.72m	15-6 (-2.0)	3/30
---	--	----------------	----	-----------------	-------	-------------	------

4		Algeria SCOTT	#1	USC Beaufort (S	4.24m	13-11 (1.6)	3/30
---	--	---------------	----	-----------------	-------	-------------	------

Women's Triple Jump

1	85	De'Andra BROWN	#1	USC Beaufort (S	10.61m	34-9¾ (0.1)	3/30
---	----	----------------	----	-----------------	--------	-------------	------

Women's Shot Put

1		Allayah BRYAN	#1	USC Beaufort (S	9.73m	31-11¼	4/20
---	--	---------------	----	-----------------	-------	--------	------

2		Sophia STALFORD	#1	USC Beaufort (S	8.81m	28-11	4/20
---	--	-----------------	----	-----------------	-------	-------	------

3		Algeria SCOTT	#1	USC Beaufort (S	7.96m	26-1½	4/20
---	--	---------------	----	-----------------	-------	-------	------

Women's Discus

1		Sophia STALFORD	#1	USC Beaufort (S	32.23m	105-9	4/20
---	--	-----------------	----	-----------------	--------	-------	------

2		Allayah BRYAN	#1	USC Beaufort (S	26.34m	86-5	4/20
---	--	---------------	----	-----------------	--------	------	------

Women's Hammer

1		Allayah BRYAN	#1	USC Beaufort (S	32.70m	107-4	3/30
---	--	---------------	----	-----------------	--------	-------	------

2		Sophia STALFORD	#1	USC Beaufort (S	24.70m	81-½	4/20
---	--	-----------------	----	-----------------	--------	------	------

Women's Javelin

1		Allayah BRYAN	#1	USC Beaufort (S	24.39m	80-¼	4/20
---	--	---------------	----	-----------------	--------	------	------

2		Sophia STALFORD	#1	USC Beaufort (S	20.56m	67-5½	4/20
---	--	-----------------	----	-----------------	--------	-------	------

3		Algeria SCOTT	#1	USC Beaufort (S	19.97m	65-6¼	4/20
---	--	---------------	----	-----------------	--------	-------	------



Conference TFRI Event Summary

as of 5/1/2023 7:21:55 AM

Red River

Women's 100 Meters

1	16	Kynneddy TURNER	#1	Xavier (La.)	A:B 11.88	(1.5)	4/28
2	29	Kiana KEBBI	#2	Our Lady of the I	12.02	(1.5)	4/28
3	33	Kiana JOHNSON	#4	Jarvis Christian	12.06w	(3.7)	4/13
4	55	Christina GREEN	#3	Huston-Tillotson	12.18w	(2.9)	4/14
5	59	Larrisa MCHENRY	#2	Our Lady of the I	12.25	(1.5)	4/28
6		Ariel FORD	#1	Xavier (La.)	12.48w	(3.3)	4/8
7		Garlanesha HICKMAN-GILBERT	#4	Jarvis Christian	12.50	(0.8)	4/21
8		Alondra TOLEDO	#2	Our Lady of the I	12.61	(1.5)	4/28
9		Tennille FRENCH	#4	Jarvis Christian	12.68	(0.0)	4/28
10		Tamara BEASLEY	#4	Jarvis Christian	12.89w	(3.2)	4/13

Women's 100 Meter Hurdles

1	7	Emerald CARTER	#1	Xavier (La.)	A:B 13.85w	(3.1)	4/28
2	28	Kyla COLEMAN	#1	Xavier (La.)	B 14.60w	(3.1)	4/28
3	42	Jade HARRIS	#1	Xavier (La.)	14.85	(0.8)	4/8
4		Katie TODORA	#2	Our Lady of the I	16.29w	(3.1)	4/28
5		Kayla JACKSON	#1	Xavier (La.)	16.38	(0.8)	4/8
6		Jordyn JACKSON	#5	Paul Quinn (Tex)	19.88	(-1.5)	4/8

Women's 200 Meters

1	16	Kynneddy TURNER	#1	Xavier (La.)	A:B 24.57w	(2.3)	4/8
2	30	Kiana KEBBI	#2	Our Lady of the I	24.88	(1.2)	4/28
3	71	Christina GREEN	#3	Huston-Tillotson	25.49w	(3.4)	4/14
4	80	Garlanesha HICKMAN-GILBERT	#4	Jarvis Christian	25.60	(1.2)	4/28
5		Larrisa MCHENRY	#2	Our Lady of the I	25.80	(0.4)	3/24
6		Ariel FORD	#1	Xavier (La.)	25.83w	(2.3)	4/8
7		Kiana JOHNSON	#4	Jarvis Christian	25.86	(-0.2)	3/31
8		Autumn ROBERTS	#2	Our Lady of the I	25.87w	(2.6)	4/28
9		Tennille FRENCH	#4	Jarvis Christian	26.23w	(3.2)	4/6
10		Darryan HORTON	#1	Xavier (La.)	26.28w	(2.1)	3/17

Women's 400 Meters

1	18	Kynneddy TURNER	#1	Xavier (La.)	A:B 56.54		4/28
2	25	Jaymee YELTON	#3	Huston-Tillotson	A:B 56.85		4/28
3	55	Autumn ROBERTS	#2	Our Lady of the I	58.35		4/28
4	64	Ariel FORD	#1	Xavier (La.)	58.67		4/28
5	65	Alexandria SEGURA	#2	Our Lady of the I	58.68		4/28
6	75	Vanessa OLADAPO	#1	Xavier (La.)	58.94		4/28
7	82	Fedjine BELL	#1	Xavier (La.)	59.11		4/28
8		Darryan HORTON	#1	Xavier (La.)	59.80		3/31
9		Brianna PANTOJA	#2	Our Lady of the I	1:00.63		4/28
10		Aaliyah ALLEN	#3	Huston-Tillotson	1:00.65		4/28

Women's 400 Meter Hurdles

1	43	Emerald CARTER	#1	Xavier (La.)	1:05.97		4/28
2	95	Kayla JACKSON	#1	Xavier (La.)	1:08.81		4/28
3		Kyla COLEMAN	#1	Xavier (La.)	1:09.95		4/28
4		Jade HARRIS	#1	Xavier (La.)	1:10.04		4/28
5		Bethany GARR	#2	Our Lady of the I	1:10.96		4/15
6		Mariah WATTS	#2	Our Lady of the I	1:12.30		4/28
7		Katie TODORA	#2	Our Lady of the I	1:12.96		4/28

Women's 800 Meters

1	18	Skylah BARTON	#1	Xavier (La.)	B 2:15.21		4/8
2	23	Jaymee YELTON	#3	Huston-Tillotson	B 2:15.73		4/14
3	43	Deandra IBARRA	#2	Our Lady of the I	2:18.69		3/24
4	50	Kennedy VILLALPANDO	#2	Our Lady of the I	2:19.17		4/22
5		Viridiana ZUNIGA	#2	Our Lady of the I	2:27.28		3/24
6		Brianna PANTOJA	#2	Our Lady of the I	2:31.02		3/24
7		Mia CUIEL	#2	Our Lady of the I	2:31.56		3/24
8		Alexandria SEGURA	#2	Our Lady of the I	2:32.54		3/24
9		Robbie ESPERICUETA	#2	Our Lady of the I	2:32.96		3/24
10		Leilani LEZA	#2	Our Lady of the I	2:35.94		3/24

Women's 1500 Meters

1		Deandra IBARRA	#2	Our Lady of the I	4:52.86		3/17
2		Skylah BARTON	#1	Xavier (La.)	5:01.69		4/8
3		Viridiana ZUNIGA	#2	Our Lady of the I	5:05.42		4/22
4		Robbie ESPERICUETA	#2	Our Lady of the I	5:08.64		4/22
5		Leilani LEZA	#2	Our Lady of the I	5:10.62		4/22
6		Kennedy VILLALPANDO	#2	Our Lady of the I	5:13.52		3/30
7		Sierra RAMIREZ	#2	Our Lady of the I	5:20.91		3/3
8		Mia CUIEL	#2	Our Lady of the I	5:21.48		3/3
9		Jaymee YELTON	#3	Huston-Tillotson	5:23.66		4/14
10		Liliana HERNANDEZ	#2	Our Lady of the I	5:25.42		3/3

Women's Steeplechase

1		Viridiana ZUNIGA	#2	Our Lady of the I	13:23.04		3/24
---	--	------------------	----	-------------------	----------	--	------

Women's 5000 Meters

1		Lindsey BROUSSARD	#2	Our Lady of the I	20:29.28		4/28
2		Maria LOPEZ	#3	Huston-Tillotson	21:54.07		4/28
3		Amber PARKS	#1	Xavier (La.)	22:39.94		4/8
4		Clara ARIAS	#3	Huston-Tillotson	25:20.04		4/14
5		Alexandria ARAGON	#3	Huston-Tillotson	26:50.44		4/14

Women's 10,000 Meters

1		Robbie ESPERICUETA	#2	Our Lady of the I	44:40.28		4/28
2		Nadia SIFUENTES	#2	Our Lady of the I	44:58.66		4/28
3		Sierra RAMIREZ	#2	Our Lady of the I	45:25.43		4/28



Conference TFRI Event Summary

as of 5/1/2023 7:21:55 AM

Red River

Women's 4x100 Relay

1	8	Emerald CARTER, Ariel FORD, Darryan HORTON, Kynneddy TURNER	#1	Xavier (La.)	A:B 46.61	4/28
2	11	Alondra TOLEDO, Kiana KEBBI, Autumn ROBERTS, Larrisa MCHENRY	#2	Our Lady of the I	A:B 47.02	4/28
3	14	Tamara BEASLEY, Garlanesha HICKMAN-GILBERT, Tennille FRENCH, Kiana JOHNSON	#4	Jarvis Christian	A:B 47.26	4/28
4	43	Christina GREEN, Jaymee YELTON, Aaliyah ALLEN, Dejah OKONJI	#3	Huston-Tillotsoi	48.73	4/28

Women's 4x400 Relay

1	10	Ariel FORD, Darryan HORTON, Kynneddy TURNER, Vanessa OLADAPO	#1	Xavier (La.)	A:B 3:52.53	4/28
2	23	Alexandria SEGURA, Autumn ROBERTS, Brianna PANTOJA, Kennedy VILLALPANDO	#2	Our Lady of the I	3:58.20	4/28
3	72	Jaymee YELTON, Aaliyah ALLEN, Christina GREEN, Maria LOPEZ	#3	Huston-Tillotsoi	4:13.34	4/28
4		Aryah NORWOOD, Kiana JOHNSON, Tamara BEASLEY, Garlanesha HICKMAN-GILBERT	#4	Jarvis Christian	4:31.56	4/28

Women's 4x800 Relay

1	37	Skylah BARTON, Jalyn JENKINS, Amber PARKS, Hannah STOUTMIRE	#1	Xavier (La.)	10:15.00	4/28
2	47	Liliana HERNANDEZ, Viridiana ZUNIGA, Mia CUIEL, Makhayla PARKER	#2	Our Lady of the I	10:23.56	4/28
3	56	Jaymee YELTON, Maria LOPEZ, Alexandria ARAGON, Clara ARIAS	#3	Huston-Tillotsoi	10:44.36	4/28

Women's High Jump

1		Katie TODORA	#2	Our Lady of the I	1.50m	4-11	4/15
2		A'Blessin WILSON	#1	Xavier (La.)	1.45m	4-9	4/15

Women's Long Jump

1	90	Olevia BROWN	#1	Xavier (La.)	5.27m	17-3¾ (1.8)	4/28
2	96	Emerald CARTER	#1	Xavier (La.)	5.25m	17-2¾ (1.9)	4/28
3		A'Blessin WILSON	#1	Xavier (La.)	5.24mw	17-2¼ (3.1)	4/28
4		Alexandria SEGURA	#2	Our Lady of the I	5.14mw	16-10½ (2)	4/28
5		Shelbriana MYERS	#5	Paul Quinn (Tex)	5.05m	16-7 (0.6)	4/8
5		Tristan WHEELER	#4	Jarvis Christian	5.05m	16-7 (0.3)	4/6
7		Victoria SWEENEY	#2	Our Lady of the I	4.95m	16-3 (0.0)	4/15
8		Makhayla PARKER	#2	Our Lady of the I	4.91m	16-1½ (-0)	4/15
9		Zoe CORDOVA	#1	Xavier (La.)	4.87mw	15-11¾ (2)	3/17
10		Savannah CASSIANO	#2	Our Lady of the I	4.51mw	14-9¾ (3.1)	3/24

Women's Triple Jump

1	47	Zoe CORDOVA	#1	Xavier (La.)	11.05m	36-3 (0.7)	3/31
2	68	Olevia BROWN	#1	Xavier (La.)	10.81mw	35-5¾ (2.7)	4/28
3	89	A'Blessin WILSON	#1	Xavier (La.)	10.60mw	34-9½ (2.2)	4/28
4		Makhayla PARKER	#2	Our Lady of the I	9.98m	32-9 (-1.8)	4/15

Women's Shot Put

1	55	Keshuna BYRD	#4	Jarvis Christian	12.32m	40-5	4/28
2	89	DaNya HORNE	#1	Xavier (La.)	11.85m	38-10½	4/28
3		Octavia MCDOUGLE	#1	Xavier (La.)	10.88m	35-8½	4/28
4		Elise ADAMS	#1	Xavier (La.)	10.80m	35-5¼	4/28
5		Kayla GANT	#1	Xavier (La.)	10.74m	35-3	4/28
6		Kelise CHRISTOPHER	#3	Huston-Tillotsoi	9.33m	30-7½	4/28
7		Assata BAILEY	#3	Huston-Tillotsoi	9.31m	30-6½	4/28
8		Krishawn CLARK	#4	Jarvis Christian	9.14m	30-0	4/28
9		Victoria SWEENEY	#2	Our Lady of the I	9.09m	29-10	4/28
10		Akasha CHAPMAN	#3	Huston-Tillotsoi	8.73m	28-7¾	3/24

Women's Discus

1	59	Keshuna BYRD	#4	Jarvis Christian	39.54m	129-9	3/31
2	66	DaNya HORNE	#1	Xavier (La.)	39.04m	128-1	4/28
3		Kelise CHRISTOPHER	#3	Huston-Tillotsoi	36.15m	118-7	4/14
4		Elise ADAMS	#1	Xavier (La.)	35.67m	117-1	4/8
5		Krishawn CLARK	#4	Jarvis Christian	29.41m	96-6	3/31
6		Assata BAILEY	#3	Huston-Tillotsoi	27.66m	90-9	3/24
7		Kayla GANT	#1	Xavier (La.)	25.50m	83-8	4/28
8		Octavia MCDOUGLE	#1	Xavier (La.)	25.25m	82-10¼	4/15
9		Akasha CHAPMAN	#3	Huston-Tillotsoi	21.20m	69-6¾	4/14
10		Philomena IMOKA	#4	Jarvis Christian	18.55m	60-10½	4/28

Women's Hammer

1		DaNya HORNE	#1	Xavier (La.)	37.42m	122-9	3/31
2		Elise ADAMS	#1	Xavier (La.)	33.85m	111-1	4/28
3		Assata BAILEY	#3	Huston-Tillotsoi	32.18m	105-7	3/24
4		Kelise CHRISTOPHER	#3	Huston-Tillotsoi	30.57m	100-4	4/14
5		Keshuna BYRD	#4	Jarvis Christian	30.00m	98-5¼	4/28
6		Akasha CHAPMAN	#3	Huston-Tillotsoi	28.81m	94-6¼	4/28
7		Philomena IMOKA	#4	Jarvis Christian	26.12m	85-8½	4/28
8		Kayla GANT	#1	Xavier (La.)	25.33m	83-1¼	4/8
9		Krishawn CLARK	#4	Jarvis Christian	23.08m	75-8¾	4/28
10		Octavia MCDOUGLE	#1	Xavier (La.)	17.63m	57-10¼	3/31



Conference TFRI Event Summary

as of 5/1/2023 7:21:55 AM

Red River

Women's Javelin

1	85	Victoria SWEENEY	#2	Our Lady of the I	33.87m	111-2	4/28
2		A'Blessin WILSON	#1	Xavier (La.)	31.38m	103-0	4/28
3		Savannah CASSIANO	#2	Our Lady of the I	30.13m	98-10¼	4/15
4		Kelise CHRISTOPHER	#3	Huston-Tillotson	28.27m	92-9	4/14
5		Keshuna BYRD	#4	Jarvis Christian	23.47m	77-0	4/28
6		Elise ADAMS	#1	Xavier (La.)	21.97m	72-1	4/28
7		Octavia MCDUGLE	#1	Xavier (La.)	21.45m	70-4½	4/28
8		Assata BAILEY	#3	Huston-Tillotson	20.41m	66-11½	3/24
9		Philomena IMOKA	#4	Jarvis Christian	17.41m	57-1½	4/28
10		Kyla COLEMAN	#1	Xavier (La.)	16.02m	52-6¾	3/31



Conference TFRI Event Summary

as of 5/1/2023 7:21:55 AM

Region XVI

Women's 200 Meters

1	Hannah HAYDUK	#1	Cottey (Mo.)	28.22 (0.6)	3/31
2	Joan NASARA	#1	Cottey (Mo.)	31.43	4/22

Women's 400 Meters

1	Hannah HAYDUK	#1	Cottey (Mo.)	1:01.13	4/22
2	Mikaela FABEY	#1	Cottey (Mo.)	1:07.76	4/14
3	Joan NASARA	#1	Cottey (Mo.)	1:11.57	4/22

Women's 800 Meters

1	Madalenn FEE	#1	Cottey (Mo.)	2:23.18	3/25
2	Hannah HAYDUK	#1	Cottey (Mo.)	2:26.76	3/31
3	Mikaela FABEY	#1	Cottey (Mo.)	2:35.34	3/31
4	Kyndal SOUKUP	#1	Cottey (Mo.)	2:47.51	3/31
5	Taylor RECHENMACHER	#1	Cottey (Mo.)	2:50.40	4/22
6	Katie WRIGHT	#1	Cottey (Mo.)	2:58.94	4/22

Women's 1500 Meters

1	Madalenn FEE	#1	Cottey (Mo.)	5:01.08	3/31
2	Kiana GARCIA	#1	Cottey (Mo.)	5:26.33	4/14
3	Kyndal SOUKUP	#1	Cottey (Mo.)	5:52.73	4/22
4	Katie WRIGHT	#1	Cottey (Mo.)	6:13.83	4/22

Women's Steeplechase

1	46 Madalenn FEE	#1	Cottey (Mo.)	12:01.19	4/22
---	-----------------	----	--------------	----------	------

Women's 5000 Meters

1	Kyndal SOUKUP	#1	Cottey (Mo.)	22:06.47	4/14
2	Taylor RECHENMACHER	#1	Cottey (Mo.)	22:25.63	3/31
3	Katie WRIGHT	#1	Cottey (Mo.)	24:30.14	4/14

Women's 10,000 Meters

1	Taylor RECHENMACHER	#1	Cottey (Mo.)	46:43.07	4/14
---	---------------------	----	--------------	----------	------

Women's 4x400 Relay

1	Kiana GARCIA, Mikaela FABEY, Madalenn FEE, Hannah HAYDUK	#1	Cottey (Mo.)	4:25.37	4/14
---	---	----	--------------	---------	------

Women's 4x800 Relay

1	59 Mikaela FABEY, Hannah HAYDUK, Kyndal SOUKUP, Kiana GARCIA	#1	Cottey (Mo.)	10:58.66	4/22
---	---	----	--------------	----------	------

Women's High Jump

1	Sara GOLDEN	#1	Cottey (Mo.)	1.39m 4-6¾	4/22
2	Madalenn FEE	#1	Cottey (Mo.)	1.34m 4-4¾	4/22

Women's Long Jump

1	Madalenn FEE	#1	Cottey (Mo.)	5.11m 16-9¼ (0.4)	3/25
---	--------------	----	--------------	-------------------	------



Conference TFRI Event Summary

as of 5/1/2023 7:21:55 AM

River States

Women's 100 Meters

1	99	Hope MCGUIRE	#2	Saint Mary-of-th	12.45	(0.6)	4/28
2		Nevaeh BROWN	#6	Midway (Ky.)	12.56	(0.6)	4/28
3		Savannah LEWIS	#2	Saint Mary-of-th	12.61	(0.6)	4/28
4		Mya GRESCHNER	#5	Carlow (Pa.)	12.67	(-1.3)	4/5
5		Paris DEBORD	#3	Rio Grande (Ohio)	12.74	(0.6)	4/28
6		Abigail BURGETT	#8	Brescia (Ky.)	12.76	(-0.6)	4/28
7		Lauren JOLLY	#3	Rio Grande (Ohio)	12.82	(0.6)	4/28
8		Jaci STONE	#2	Saint Mary-of-th	12.85	(0.6)	4/28
9		Emilee CECIL	#6	Midway (Ky.)	12.94w	(4.0)	4/21
10		Trista MILLER	#5	Carlow (Pa.)	12.98	(1.0)	4/15

Women's 100 Meter Hurdles

1	30	Cassidy VOGT	#3	Rio Grande (Ohio) B	14.69w	(3.6)	4/28
2	31	Natalea HILLEN	#1	Point Park (Pa.) B	14.73w	(3.6)	4/28
3	38	Keri LECHNER	#5	Carlow (Pa.)	14.80w	(3.6)	4/28
4	55	Makala PFEFFERKORN	#4	IU Kokomo (Ind.)	15.15w	(2.1)	3/16
5	75	Jada SAUNDERS	#8	Brescia (Ky.)	15.44w	(3.6)	4/28
6		Lauren JOLLY	#3	Rio Grande (Ohio)	15.85w	(3.6)	4/28
6		Lara SKAGGS	#2	Saint Mary-of-th	15.85w	(3.6)	4/28
8		Ashanti FEARON	#1	Point Park (Pa.)	16.43w	(3.6)	4/28
9		Anna EISAMAN	#1	Point Park (Pa.)	16.70	(1.0)	4/20
10		Chloe LOVETT	#3	Rio Grande (Ohio)	16.82	(-1.4)	4/28

Women's 200 Meters

1	79	Hope MCGUIRE	#2	Saint Mary-of-th	25.59	(0.2)	4/28
2		Mya GRESCHNER	#5	Carlow (Pa.)	25.77	(-0.3)	4/5
3		Savannah LEWIS	#2	Saint Mary-of-th	25.88	(0.2)	4/28
4		Abigail BURGETT	#8	Brescia (Ky.)	26.11	(0.8)	4/28
5		Janae MCCALL	#6	Midway (Ky.)	26.12	(-0.8)	4/28
6		Natalea HILLEN	#1	Point Park (Pa.)	26.33	(-0.3)	4/5
7		Nevaeh BROWN	#6	Midway (Ky.)	26.42	(0.2)	4/28
8		Lauren JOLLY	#3	Rio Grande (Ohio)	26.46w	(2.4)	3/17
9		Paris DEBORD	#3	Rio Grande (Ohio)	26.63	(0.2)	4/28
10		Jayden ROACH	#3	Rio Grande (Ohio)	26.71	(0.9)	4/15

Women's 400 Meters

1	59	Mya GRESCHNER	#5	Carlow (Pa.)	58.46		4/28
2	74	Jayden ROACH	#3	Rio Grande (Ohio)	58.93		4/28
3		Janae MCCALL	#6	Midway (Ky.)	1:00.30		4/28
4		Autumn BOYLES	#6	Midway (Ky.)	1:00.79		4/28
5		Jordan YANIGA	#1	Point Park (Pa.)	1:00.80		4/20
6		Kendra GROOMS	#3	Rio Grande (Ohio)	1:00.86		4/28
7		Natalea HILLEN	#1	Point Park (Pa.)	1:01.04		4/5
8		Ella CLOAK	#5	Carlow (Pa.)	1:01.87		4/15
9		Alyssa DINGUS	#3	Rio Grande (Ohio)	1:02.25		3/17
10		Acacia MAY	#10	Ohio Christian	1:02.36		4/28

Women's 400 Meter Hurdles

1	39	Natalea HILLEN	#1	Point Park (Pa.)	1:05.61		4/20
2	56	Chloe LOVETT	#3	Rio Grande (Ohio)	1:06.65		4/28
3	61	Makala PFEFFERKORN	#4	IU Kokomo (Ind.)	1:06.82		4/14
4	64	Jada SAUNDERS	#8	Brescia (Ky.)	1:06.93		4/28
5		Mya GRESCHNER	#5	Carlow (Pa.)	1:09.29		4/21
6		Hannah BOND	#1	Point Park (Pa.)	1:09.45		4/13
7		Jordan YANIGA	#1	Point Park (Pa.)	1:09.46		4/20
8		Keri LECHNER	#5	Carlow (Pa.)	1:10.03		4/15
9		Evelyn MORALES	#2	Saint Mary-of-th	1:10.56		4/21
10		Luchama LUBIN	#1	Point Park (Pa.)	1:11.27		4/13

Women's 800 Meters

1	53	Alyssa CAMPBELL	#1	Point Park (Pa.)	2:19.34		4/14
2	70	Carlijn DE BIE	#1	Point Park (Pa.)	2:20.37		3/24
3		Leslie SPRANKLES	#4	IU Kokomo (Ind.)	2:22.30		4/28
4		Lexie ENGSTROM	#10	Ohio Christian	2:22.57		4/28
5		Allison PLASSIO	#1	Point Park (Pa.)	2:24.36		4/28
6		Abbigael COYLE	#2	Saint Mary-of-th	2:25.59		4/8
7		Casey PFEFFERKORN	#4	IU Kokomo (Ind.)	2:26.78		4/1
8		Trinity SMITH	#6	Midway (Ky.)	2:28.35		4/7
9		Kayla CORYEA	#2	Saint Mary-of-th	2:30.66		4/21
10		Hannah BEST	#7	IU East (Ind.)	2:31.27		4/28

Women's 1500 Meters

1	36	Alyssa CAMPBELL	#1	Point Park (Pa.)	4:43.29		4/8
2	85	Breanna ALDERTON	#8	Brescia (Ky.)	4:51.10		4/28
3	LEO	Allison PLASSIO	#1	Point Park (Pa.)	4:52.61		4/8
4		Carlijn DE BIE	#1	Point Park (Pa.)	4:55.63		4/28
5		Emily TRUAX	#2	Saint Mary-of-th	4:59.61		4/21
6		Casey PFEFFERKORN	#4	IU Kokomo (Ind.)	5:01.70		4/1
7		Carmen CAMINO	#9	WVU Tech	5:02.89		4/28
8		Leslie SPRANKLES	#4	IU Kokomo (Ind.)	5:05.74		4/1
9		Lexie ENGSTROM	#10	Ohio Christian	5:06.66		4/21
10		Abby PAGE	#7	IU East (Ind.)	5:12.87		4/14

Women's Steeplechase

1	23	Carmen CAMINO	#9	WVU Tech	11:26.59		4/28
2	41	Alyssa CAMPBELL	#1	Point Park (Pa.)	11:51.99		4/28
3	67	Emily TRUAX	#2	Saint Mary-of-th	12:27.51		4/13
4	93	Zoe TRAUSCH	#2	Saint Mary-of-th	12:49.05		4/28
5		Maddy WOLF	#7	IU East (Ind.)	12:58.24		4/28
6		Abby CUNNINGHAM	#6	Midway (Ky.)	13:19.92		4/28
7		Abby PAGE	#7	IU East (Ind.)	14:07.30		4/28
8		Suzann MOORE	#11	Alice Lloyd (Ky.)	14:16.32		4/28
9		Corinne LEE-HAUSER	#1	Point Park (Pa.)	14:47.25		4/28



Conference TFRI Event Summary

as of 5/1/2023 7:21:56 AM

River States

Women's 5000 Meters

1	9	Breanna ALDERTON	#8	Brescia (Ky.)	A:B 17:07.01	4/7
2	31	Alyssa CAMPBELL	#1	Point Park (Pa.)	17:42.02	3/24
3		Allison PLASSIO	#1	Point Park (Pa.)	18:52.20	3/24
4		Amarissa KERNS	#3	Rio Grande (Ohio)	19:00.03	4/28
5		Kayla CORYEA	#2	Saint Mary-of-the-Valley (Pa.)	19:08.51	4/28
6		Isabelle ALTIC	#4	IU Kokomo (Ind.)	19:36.86	4/20
7		Quinlan TEAGUE	#2	Saint Mary-of-the-Valley (Pa.)	19:39.54	4/21
8		Trinity SMITH	#6	Midway (Ky.)	19:44.51	4/14
9		Zoe TRAUSCH	#2	Saint Mary-of-the-Valley (Pa.)	19:48.35	4/28
10		April CHRISMAN	#4	IU Kokomo (Ind.)	19:56.78	4/20

Women's 10,000 Meters

1	27	Breanna ALDERTON	#8	Brescia (Ky.)	B 37:55.29	4/28
2	53	Kayla CORYEA	#2	Saint Mary-of-the-Valley (Pa.)	39:43.30	4/7
3	59	Alyssa CAMPBELL	#1	Point Park (Pa.)	40:06.48	4/28
4	94	Quinlan TEAGUE	#2	Saint Mary-of-the-Valley (Pa.)	42:01.78	4/7
5		Trinity SMITH	#6	Midway (Ky.)	42:29.53	4/28
6		Brittany LENZ	#10	Ohio Christian	42:40.54	4/28
7		Savannah HART	#7	IU East (Ind.)	43:54.15	4/14
8		Natalia ZUCCO	#1	Point Park (Pa.)	43:57.23	4/28
9		Ella KANTZ	#4	IU Kokomo (Ind.)	44:12.21	4/14
10		Julia ARRUDA	#7	IU East (Ind.)	45:50.49	4/28

Women's 5000m Race Walk

1	18	Maddie DOTLICH	#4	IU Kokomo (Ind.)	30:03.11	4/20
2	21	Sophia LEE-HAUSER	#1	Point Park (Pa.)	30:30.55	4/28
3	33	Natalie BRAMMER	#3	Rio Grande (Ohio)	34:55.42	4/7
4	36	Arianna SANKER	#1	Point Park (Pa.)	39:52.27	4/28

Women's 4x100 Relay

1	40	Jaci STONE, Savannah LEWIS, Alyssa WINTERSTEIN, Hope MCGUIRE	#2	Saint Mary-of-the-Valley (Pa.)	48.60	4/28
2	52	https://www.tfrrs.org/teams/11269	#1	Point Park (Pa.)	49.23	4/5
3	61	Trista MILLER, Keri LECHNER, Taylor CHARITY, Mya GRESCHNER	#5	Carlow (Pa.)	49.67	4/15
4	65	Nevaeh BROWN, Janae MCCALL, Emilee CECIL, Autumn BOYLES	#6	Midway (Ky.)	49.75	4/28
5	68	Jada SAUNDERS, Jordyn CARDWELL, Ashaunte WATTS, Abigail BURGETT	#8	Brescia (Ky.)	49.99	4/14
6	72	Paris DEBORD, Alyssa DINGUS, Chloe LOVETT, Karlee RENNER	#3	Rio Grande (Ohio)	50.25	4/15
7	76	Tamerra ENGLISH, Aniyah JOHNSON, DaKyra HOWARD, Rayya LEE	#12	Oakland City (Ind.)	50.49	3/16
8		Alexis SHEETS, Maleah WINGER, Kailyn DEVAULT, Makala PFEFFERKORN	#4	IU Kokomo (Ind.)	54.03	4/15
9		Daja BRANCH, Kaleah LOUDEN, Brooke SUDHOFF, Frantysa WALLACE	#7	IU East (Ind.)	54.96	4/15



Conference TFRI Event Summary

as of 5/1/2023 7:21:56 AM

River States

Women's 4x400 Relay

1	33	Alyssa DINGUS, Chloe LOVETT, Kendra GROOMS, Jayden ROACH	#3	Rio Grande (Ohio)	4:03.06	4/28
2	47	Jordan YANIGA, RaKeya ELLSBERRY, Makayla RICE, Natalea HILLEN	#1	Point Park (Pa.)	4:06.52	4/28
3	58	Evelyn MORALES, Emily TRUAX, Hope MCGUIRE, Abbigael COYLE	#2	Saint Mary-of-the-Valley (Pa.)	4:09.53	4/28
4	65	Ella CLOAK, Keri LECHNER, Christina SMITH, Mya GRESCHNER	#5	Carlow (Pa.)	4:12.58	4/28
5	68	Abigail BURGETT, Jada SAUNDERS, Ashaunte WATTS, Breanna ALDERTON	#8	Brescia (Ky.)	4:13.14	4/28
6	86	Gabrielle CATON, Emilee CECIL, Autumn BOYLES, Janae MCCALL	#6	Midway (Ky.)	4:20.33	4/1
7		Alexis SHEETS, Leslie SPRANKLES, Kailyn DEVAULT, Isabelle ALTIC	#4	IU Kokomo (Ind.)	4:26.75	4/28
8		Vanessa TEMPLE, Hannah BEST, Sarah KWIATKOWSKI, Anna JOHNSTON	#7	IU East (Ind.)	4:30.69	4/28

Women's 4x800 Relay

1	25	Alyssa CAMPBELL, Kiyara SAWYERS, Allison PLASSIO, Carlijn DE BIE	#1	Point Park (Pa.)	9:52.23	4/28
2	31	Emily TRUAX, Kayla CORYEA, Patricia HENNEY, Abbigael COYLE	#2	Saint Mary-of-the-Valley (Pa.)	10:03.95	4/28
3	32	Leslie SPRANKLES, Isabelle ALTIC, Joy MCDIVITT, Casey PFEFFERKORN	#4	IU Kokomo (Ind.)	10:04.39	4/15
4	57	Abby PAGE, Sarah KWIATKOWSKI, Anna JOHNSTON, Julia ARRUDA	#7	IU East (Ind.)	10:44.62	4/28
5	67	Aliyah HELM, Ann GRAVES, Emma GOECKER, Madison CLAYTON	#6	Midway (Ky.)	11:40.82	4/28

Women's High Jump

1	33	Olivia MILLER	#5	Carlow (Pa.)	1.60m	5-3	3/17
1	33	Cassidy VOGT	#3	Rio Grande (Ohio)	1.60m	5-3	4/28
1	33	Kendra GROOMS	#3	Rio Grande (Ohio)	1.60m	5-3	4/28
4	50	Emma PAVELEK	#1	Point Park (Pa.)	1.57m	5-1¾	4/8
5	57	Christina SMITH	#5	Carlow (Pa.)	1.56m	5-1¼	3/24
6		Reanna STINSON	#7	IU East (Ind.)	1.50m	4-11	3/24
6		Natalea HILLEN	#1	Point Park (Pa.)	1.50m	4-11	4/28
6		Maleah WINGER	#4	IU Kokomo (Ind.)	1.50m	4-11	4/28
6		Kaylynn BARTON	#2	Saint Mary-of-the-Valley (Pa.)	1.50m	4-11	4/21
6		Evelyn MORALES	#2	Saint Mary-of-the-Valley (Pa.)	1.50m	4-11	4/21

Women's Pole Vault

1	6	Nevaeh BROWN	#6	Midway (Ky.)	A: B 3.82m	12-6¼	4/28
2	15	Makayla BROOKS	#6	Midway (Ky.)	B 3.62m	11-10½	4/28
3	36	Krislynn BAILEY	#2	Saint Mary-of-the-Valley (Pa.)	3.35m	10-11¾	4/21
4	41	Sophie JEBOSE	#1	Point Park (Pa.)	3.25m	10-8	4/13
5	48	Brooke SUDHOFF	#7	IU East (Ind.)	3.20m	10-6	4/7
6	79	Taylor ROESLER	#4	IU Kokomo (Ind.)	2.90m	9-6¼	3/24
7	83	Vanessa TEMPLE	#7	IU East (Ind.)	2.87m	9-5	4/28
8	88	Lara SKAGGS	#2	Saint Mary-of-the-Valley (Pa.)	2.80m	9-2¼	4/21
9		Emma HINKLE	#3	Rio Grande (Ohio)	2.27m	7-5¼	4/28

Women's Long Jump

1	8	Makala PFEFFERKORN	#4	IU Kokomo (Ind.)	A: B 5.85m	19-2½ (1.5)	4/22
2	48	Olivia MILLER	#5	Carlow (Pa.)	5.47m	17-11½ (0.)	4/21
3	64	Mya GRESCHNER	#5	Carlow (Pa.)	5.38m	17-8 (0.0)	4/28
4	80	Lara SKAGGS	#2	Saint Mary-of-the-Valley (Pa.)	5.29m	17-4¼ (2.7)	4/8
5	93	Carsyn HETZLER	#1	Point Park (Pa.)	5.26m	17-3¼ (1.2)	4/1
6		Jordyn CARDWELL	#8	Brescia (Ky.)	5.24m	17-2¼ (0.1)	3/24
7		Keri LECHNER	#5	Carlow (Pa.)	5.20m	17-¾ (-0.4)	4/15
8		Cassidy VOGT	#3	Rio Grande (Ohio)	5.17m	16-11½ (0.)	4/28
9		Janae MCCALL	#6	Midway (Ky.)	5.16m	16-11¼ (1.)	4/14
10		Emma PAVELEK	#1	Point Park (Pa.)	5.06m	16-7¼ (-1.)	4/5

Women's Triple Jump

1	19	Olivia MILLER	#5	Carlow (Pa.)	B 11.60m	38-¾ (-1.3)	4/5
2	23	Makala PFEFFERKORN	#4	IU Kokomo (Ind.)	B 11.55m	37-10¾ (0.)	3/24
3	53	Janae MCCALL	#6	Midway (Ky.)	10.98m	36-¼ (0.0)	4/7
4	76	Jordyn CARDWELL	#8	Brescia (Ky.)	10.69m	35-1 (0.0)	4/7
5		Carsyn HETZLER	#1	Point Park (Pa.)	10.36m	34-0 (0.0)	4/13
6		Kaylynn BARTON	#2	Saint Mary-of-the-Valley (Pa.)	10.33m	33-10¾ (-0.)	4/28
7		Luchama LUBIN	#1	Point Park (Pa.)	10.08m	33-1 (-1.3)	4/28
8		Christina SMITH	#5	Carlow (Pa.)	9.81m	32-2¼ (-1.)	4/28
9		Makayla RICE	#1	Point Park (Pa.)	9.78m	32-1 (-0.1)	4/28
10		Leia DAY	#5	Carlow (Pa.)	9.74m	31-11½ (0.)	4/28



Conference TFRI Event Summary

as of 5/1/2023 7:21:56 AM

River States

Women's Shot Put

1	66	Sierra HURTADO	#2	Saint Mary-of-th	12.08m	39-7¾	4/28
2	74	Faith ROCK	#4	IU Kokomo (Ind.)	11.98m	39-3¾	4/14
3	95	Emma BYRUM	#4	IU Kokomo (Ind.)	11.78m	38-7¾	4/28
4		Karley KOUNS	#3	Rio Grande (Ohio)	11.23m	36-10¼	4/28
5		Megan DIVEN	#3	Rio Grande (Ohio)	11.12m	36-5¾	4/21
6		Ashby GREENWELL	#8	Brescia (Ky.)	11.06m	36-3½	4/28
7		Bethany ARNOLD	#3	Rio Grande (Ohio)	11.03m	36-2¼	4/28
8		Hannah ELLIS	#2	Saint Mary-of-th	10.55m	34-7½	4/28
9		Marquia WHITE	#8	Brescia (Ky.)	10.40m	34-1½	4/7
10		Danielle RUHL	#7	IU East (Ind.)	10.28m	33-8¾	4/15

Women's Discus

1	67	Faith ROCK	#4	IU Kokomo (Ind.)	38.91m	127-8	4/28
2	73	Sierra HURTADO	#2	Saint Mary-of-th	38.42m	126-1	4/28
3	81	Karley KOUNS	#3	Rio Grande (Ohio)	38.07m	124-11	4/28
4	87	Marquia WHITE	#8	Brescia (Ky.)	37.92m	124-5	4/14
5		Emma BYRUM	#4	IU Kokomo (Ind.)	35.55m	116-8	4/28
6		Madelynn WARD	#7	IU East (Ind.)	34.66m	113-9	4/20
7		Ashby GREENWELL	#8	Brescia (Ky.)	34.07m	111-10	4/28
8		Nalah KIRKENDALL	#3	Rio Grande (Ohio)	34.05m	111-9	4/28
9		Spencer BERRY	#6	Midway (Ky.)	31.81m	104-5	4/28
10		Olivia NEWCOM	#4	IU Kokomo (Ind.)	31.65m	103-10	4/1

Women's Hammer

1	87	Sierra HURTADO	#2	Saint Mary-of-th	43.04m	141-3	4/28
2		Olivia NEWCOM	#4	IU Kokomo (Ind.)	41.43m	135-11	4/28
3		Anna JEBOSE	#1	Point Park (Pa.)	41.13m	134-11	3/24
4		Danielle RUHL	#7	IU East (Ind.)	40.38m	132-6	4/20
5		Hannah ELLIS	#2	Saint Mary-of-th	40.32m	132-4	4/8
6		Nalah KIRKENDALL	#3	Rio Grande (Ohio)	38.21m	125-5	4/28
7		Madelynn WARD	#7	IU East (Ind.)	38.08m	124-11	3/31
8		Mimi PERKINS	#7	IU East (Ind.)	37.80m	124-0	3/24
9		Karley KOUNS	#3	Rio Grande (Ohio)	37.57m	123-3	4/15
10		Caitlin GILLAND	#7	IU East (Ind.)	37.53m	123-2	3/24

Women's Javelin

1	15	Emma BYRUM	#4	IU Kokomo (Ind. B)	39.94m	131-1	4/7
2	58	Lauren JOLLY	#3	Rio Grande (Ohio)	35.54m	116-7	4/28
3	63	Maya LATERZA	#1	Point Park (Pa.)	34.78m	114-1	3/24
4	82	Keely ACOR	#5	Carlow (Pa.)	33.95m	111-5	4/5
5	91	Riley SCHRECK	#11	Alice Lloyd (Ky.)	33.38m	109-6	4/28
6		Izzy KING	#7	IU East (Ind.)	31.56m	103-7	4/15
7		Olivia MILLER	#5	Carlow (Pa.)	30.05m	98-7¼	4/5
8		Ashby GREENWELL	#8	Brescia (Ky.)	29.43m	96-6¾	3/24
9		Marquia WHITE	#8	Brescia (Ky.)	28.82m	94-6¾	4/28
10		Emma PAVELEK	#1	Point Park (Pa.)	28.45m	93-4¼	4/5

Women's Heptathlon

1	36	Lauren JOLLY	#3	Rio Grande (Ohio)	3,580	4/7
2	40	Cassidy VOGT	#3	Rio Grande (Ohio)	3,467	4/7
3	65	Vanessa TEMPLE	#7	IU East (Ind.)	2,911	4/13



Conference TFRI Event Summary

as of 5/1/2023 7:21:56 AM

SAC

Women's 100 Meters

1	12	Jaelynn WILLIAMS	#2	Texas Wesleyan A:B	11.83	(1.8)	4/8
2	22	Malaisha CARTWRIGHT	#6	UNT Dallas	11.92w	(3.7)	4/14
3	77	Shawna SMITH	#1	Oklahoma City	12.34w	(2.2)	3/24
4		Alysa HENDERSON	#2	Texas Wesleyan	12.52	(-0.3)	4/28
5		Teran ROGERS	#6	UNT Dallas	12.65	(1.0)	4/8
6		Kamree DYE	#3	John Brown (Arl	12.67	(0.4)	4/28
6		Juniya PRUITT	#4	SAGU (Texas)	12.67w	(2.8)	3/24
8		LaJada OWENS	#5	Langston (Okla.)	12.69w	(2.4)	4/22
9		Sarafina YOUNGBLOOD	#7	Southwestern Cl	12.77	(-0.3)	4/28
10		Trinity WISBY	#5	Langston (Okla.)	12.99w	(2.4)	4/22

Women's 100 Meter Hurdles

1	23	Trinity WISBY	#5	Langston (Okla.) B	14.54	(-0.4)	4/28
2	36	Teran ROGERS	#6	UNT Dallas	14.79	(-0.4)	4/28
3		Alexandra HENSLEY	#4	SAGU (Texas)	17.10	(-0.4)	4/28
4		Brianna GARZA	#4	SAGU (Texas)	17.15	(-0.4)	4/28
5		Madison BLANCH	#4	SAGU (Texas)	17.87	(-1.6)	4/28
6		Allison DALZELL	#2	Texas Wesleyan	18.14	(-0.4)	4/28
7		Anastasia PACE	#3	John Brown (Arl	18.64	(-0.4)	4/28
8		Lasharia GORDON	#2	Texas Wesleyan	19.17	(0.3)	4/28
9		Stephanie TOWLE	#1	Oklahoma City	19.44w	(3.5)	3/24
10		Nicole BASYE	#3	John Brown (Arl	19.78	(-0.9)	4/28

Women's 200 Meters

1	18	Jaelynn WILLIAMS	#2	Texas Wesleyan A:B	24.64	(1.2)	3/24
2	26	Malaisha CARTWRIGHT	#6	UNT Dallas	24.81	(0.1)	4/8
3	80	Shawna SMITH	#1	Oklahoma City	25.60	(-2.4)	4/14
4		Teran ROGERS	#6	UNT Dallas	25.83w	(3.3)	3/24
5		Kamree DYE	#3	John Brown (Arl	25.87	(1.9)	4/22
6		Jasmine COOKE	#4	SAGU (Texas)	26.44	(-2.3)	4/28
7		Juniya PRUITT	#4	SAGU (Texas)	26.68	(-0.5)	4/28
8		Trinity WISBY	#5	Langston (Okla.)	26.98	(1.4)	4/7
9		Sarafina YOUNGBLOOD	#7	Southwestern Cl	26.99	(-0.8)	4/28
10		Layla JEMERSON	#6	UNT Dallas	27.26w	(2.3)	3/17

Women's 400 Meters

1	46	Shawna SMITH	#1	Oklahoma City	58.08		4/28
2	49	Kamree DYE	#3	John Brown (Arl	58.18		4/28
3		Alysa HENDERSON	#2	Texas Wesleyan	59.73		4/28
4		Cailen JOLLEY	#1	Oklahoma City	1:00.80		4/28
5		Jasmine COOKE	#4	SAGU (Texas)	1:00.84		4/14
6		Irakoze AMIDA	#5	Langston (Okla.)	1:01.13		4/28
7		Allison DALZELL	#2	Texas Wesleyan	1:01.22		4/14
8		Maci HUBBARD	#3	John Brown (Arl	1:01.73		4/28
9		Yarnia EVANS	#2	Texas Wesleyan	1:02.03		3/24
10		Keyana TREKELL	#7	Southwestern Cl	1:02.63		4/28

Women's 400 Meter Hurdles

1	38	Lasharia GORDON	#2	Texas Wesleyan	1:05.57		4/14
2		Allison DALZELL	#2	Texas Wesleyan	1:11.40		3/30
3		Maddie KNEIP	#4	SAGU (Texas)	1:12.55		4/28
4		Kaylee CLARK	#1	Oklahoma City	1:12.57		4/28
5		Haylee BENTLEY	#2	Texas Wesleyan	1:17.45		4/22
6		Alexandra HENSLEY	#4	SAGU (Texas)	1:18.60		4/28
7		Alexis HARPER	#1	Oklahoma City	1:26.65		4/28

Women's 800 Meters

1	9	Rianna VIDALES	#2	Texas Wesleyan A:B	2:13.90		4/22
2	36	Cailen JOLLEY	#1	Oklahoma City	2:17.71		4/28
3	42	Ashlei MCDONALD	#2	Texas Wesleyan	2:18.56		4/14
4	84	Indya PRICE	#2	Texas Wesleyan	2:21.33		4/28
5		Florencia CABRERA	#1	Oklahoma City	2:24.30		4/14
6		Erika PENA	#1	Oklahoma City	2:25.12		4/7
7		Daisy OTWELL	#4	SAGU (Texas)	2:25.72		3/9
8		Emma MORTON	#3	John Brown (Arl	2:27.52		4/22
9		Morgan LARSON	#7	Southwestern C	2:31.94		4/28
10		Madison BLANCH	#4	SAGU (Texas)	2:32.00		4/28

Women's 1500 Meters

1	24	Ashlei MCDONALD	#2	Texas Wesleyan	4:41.78		4/8
2	98	Louise COCKING	#1	Oklahoma City	4:52.25		4/14
3		Rianna VIDALES	#2	Texas Wesleyan	4:52.99		4/28
4		Ginger MACINNIS-PIERCE	#1	Oklahoma City	4:55.28		4/28
5		Erika PENA	#1	Oklahoma City	4:57.72		4/28
6		Daisy OTWELL	#4	SAGU (Texas)	5:02.25		3/9
7		Florencia CABRERA	#1	Oklahoma City	5:02.28		4/7
8		Cailen JOLLEY	#1	Oklahoma City	5:04.92		4/7
9		Emma MORTON	#3	John Brown (Arl	5:20.72		4/28
10		Ana SEGURA	#2	Texas Wesleyan	5:27.19		4/28

Women's Steeplechase

1	43	Ashlei MCDONALD	#2	Texas Wesleyan	11:56.39		4/28
2	83	Haylee BENTLEY	#2	Texas Wesleyan	12:39.99		4/22
3		Naia SHEPHERD	#3	John Brown (Arl	14:51.87		4/22

Women's 5000 Meters

1	49	Louise COCKING	#1	Oklahoma City	18:08.76		4/7
2	73	Hope AHNFELDT	#3	John Brown (Arl	18:31.69		4/22
3	79	Ginger MACINNIS-PIERCE	#1	Oklahoma City	18:35.18		4/7
4		Ashlei MCDONALD	#2	Texas Wesleyan	19:26.60		3/24
5		Sarays FLORES	#2	Texas Wesleyan	19:39.01		4/28
6		Haylee BENTLEY	#2	Texas Wesleyan	20:18.87		4/28
7		Olivia SCATES	#3	John Brown (Arl	20:45.33		4/22
8		Kaitlyn HEFFERNAN	#1	Oklahoma City	20:57.02		4/7
9		Katlyn DAVENPORT	#1	Oklahoma City	21:40.88		4/28
10		Naia SHEPHERD	#3	John Brown (Arl	21:43.37		4/8



Conference TFRI Event Summary

as of 5/1/2023 7:21:56 AM

SAC

Women's 10,000 Meters

1	57	Hope AHNFELDT	#3	John Brown (Arl)	39:57.85	4/28
2	71	Louise COCKING	#1	Oklahoma City	40:39.35	4/28
3	73	Ginger MACINNIS-PIERCE	#1	Oklahoma City	40:42.94	4/28
4	74	Sarays FLORES	#2	Texas Wesleyan	40:47.98	4/28
5		Kaitlyn HEFFERNAN	#1	Oklahoma City	43:40.98	4/28
6		Ana RIVERA	#1	Oklahoma City	47:32.57	4/28
7		Katlyn DAVENPORT	#1	Oklahoma City	48:46.18	4/28

Women's 4x100 Relay

1	19	Alysa HENDERSON, Jaelynn WILLIAMS, Lasharia GORDON, Allison DALZELL	#2	Texas Wesleyan	47.49	4/22
2	50	Calijah PEAY, Teran ROGERS, Layla JEMERSON, Malaisha CARTWRIGHT	#6	UNT Dallas	49.11	3/17
3	74	Keyana TREKELL, Cassie COLONG, Haley DOWNING, Sarafina YOUNGBLOOD	#7	Southwestern Cl	50.42	4/28
4	90	Juniya PRUITT, Brooklyn TAYLOR, Jasmine COOKE, Madison BLANCH	#4	SAGU (Texas)	51.49	4/14

Women's 4x400 Relay

1	26	Alysa HENDERSON, Lasharia GORDON, Jaelynn WILLIAMS, Rianna VIDALES	#2	Texas Wesleyan	3:59.59	4/28
2	49	Shawna SMITH, Cailen JOLLEY, Florenca CABRERA, Erika PENA	#1	Oklahoma City	4:06.87	4/14
3	73	Juniya PRUITT, Jasmine COOKE, Maddie KNEIP, Madison BLANCH	#4	SAGU (Texas)	4:14.76	4/14
4	95	Renny BUCHANAN, Emma BROWN, Ryleigh HALE, Emma MORTON	#3	John Brown (Arl)	4:23.34	4/28
5		Keyana TREKELL, Haley DOWNING, Morgan LARSON, Jayden MASON	#7	Southwestern Cl	4:28.66	3/30

Women's 4x800 Relay

1	10	Erika PENA, Louise COCKING, Florenca CABRERA, Cailen JOLLEY	#1	Oklahoma City	9:29.44	4/28
2	45	Emma MORTON, Isabella MELGREN, Ryleigh HALE, Renny BUCHANAN	#3	John Brown (Arl)	10:20.33	4/28
3	49	Indya PRICE, Sarays FLORES, Alaina PINK, Ana SEGURA	#2	Texas Wesleyan	10:29.64	4/28

Women's High Jump

1	60	Brooklyn TAYLOR	#4	SAGU (Texas)	1.55m	5-1	4/14
2	90	Skyler ROBBINS	#3	John Brown (Arl)	1.53m	5-1/4	4/8
3		Ariadna GARZA	#2	Texas Wesleyan	1.50m	4-11	4/14
4		Stephanie TOWLE	#1	Oklahoma City	1.47m	4-9 3/4	4/14
5		Trinity WISBY	#5	Langston (Okla.)	1.35m	4-5	4/28
5		Alaina PINK	#2	Texas Wesleyan	1.35m	4-5	4/28
5		LaJada OWENS	#5	Langston (Okla.)	1.35m	4-5	4/28
5		Kelsey DRAPEAU	#7	Southwestern C	1.35m	4-5	4/28
9		Madison BLANCH	#4	SAGU (Texas)	1.30m	4-3 1/4	4/28
9		Allison DALZELL	#2	Texas Wesleyan	1.30m	4-3 1/4	4/28

Women's Pole Vault

1	72	Grace MITCHELL	#3	John Brown (Arl)	3.00m	9-10	4/28
1	72	Maci HUBBARD	#3	John Brown (Arl)	3.00m	9-10	4/28

Women's Long Jump

1	18	Chasity VEALS	#5	Langston (Okla.)	5.75mw	18-10 1/2 (2.0)	4/14
2	26	Kelsey DRAPEAU	#7	Southwestern C	5.68m	18-7 3/4 (0.0)	3/24
3	37	Jaelynn WILLIAMS	#2	Texas Wesleyan	5.55m	18-2 1/2 (0.6)	4/28
4	54	Alysa HENDERSON	#2	Texas Wesleyan	5.45m	17-10 3/4 (0.0)	3/24
5	70	Cassie COOLONG	#7	Southwestern C	5.32m	17-5 1/2 (0.0)	3/24
6	80	LaJada OWENS	#5	Langston (Okla.)	5.29m	17-4 1/4 (0.0)	3/24
7	86	Ahmia DORSEY	#5	Langston (Okla.)	5.28mw	17-4 (4.0)	4/22
8		Angel EDWARDS	#5	Langston (Okla.)	4.81m	15-9 1/2 (0.7)	4/28
9		Faith CASTILLO	#8	Wayland Baptist	4.79mw	15-8 3/4 (2.9)	4/28
10		Kamree DYE	#3	John Brown (Arl)	4.68mw	15-4 1/4 (2.4)	4/28

Women's Triple Jump

1	7	Chasity VEALS	#5	Langston (Okla.)	11.99m	39-4 (1.7)	4/7
2	13	Ahmia DORSEY	#5	Langston (Okla.)	11.71mw	38-5 (4.0)	4/22
3	26	Angel EDWARDS	#5	Langston (Okla.)	11.45mw	37-6 3/4 (2.4)	4/22
4		Juniya PRUITT	#4	SAGU (Texas)	10.23mw	33-6 3/4 (2.4)	4/14
5		Aaliyah BUCKNER	#3	John Brown (Arl)	9.57m	31-4 3/4 (1.4)	3/30
6		Nicole BASYE	#3	John Brown (Arl)	8.91m	29-2 3/4 (0.0)	4/28



Conference TFRI Event Summary

as of 5/1/2023 7:21:56 AM

SAC

Women's Shot Put

1	19	Daryn BATTS	#1	Oklahoma City	B	13.43m	44-¾	4/14
2	32	Danielle NOBLE	#7	Southwestern Cl		12.83m	42-1¼	4/22
3	56	Shonase COLLINS	#6	UNT Dallas		12.30m	40-4¼	4/8
4	85	Evie SCOLES	#3	John Brown (Ar)		11.89m	39-¼	3/30
5		Fiona WILSON	#1	Oklahoma City		11.42m	37-5¾	4/14
6		Ryleah FISHER	#6	UNT Dallas		10.87m	35-8	4/8
7		Mauria WRIGHT	#7	Southwestern Cl		10.72m	35-2	4/15
8		Ella YARBOROUGH	#3	John Brown (Ar)		10.61m	34-9¾	4/8
9		Tia GONZALES	#1	Oklahoma City		10.11m	33-2	3/24
10		Morgan LUCAS	#1	Oklahoma City		9.96m	32-8¼	3/24

Women's Discus

1	72	Morgan LUCAS	#1	Oklahoma City		38.51m	126-4	4/28
2	92	Ella YARBOROUGH	#3	John Brown (Ar)		37.71m	123-9	4/28
3		Daryn BATTS	#1	Oklahoma City		34.88m	114-5	4/28
4		Evie SCOLES	#3	John Brown (Ar)		34.73m	114-0	4/28
5		Fiona WILSON	#1	Oklahoma City		34.71m	113-11	4/28
6		Paige WILLIAMS	#6	UNT Dallas		34.00m	111-7	4/8
7		Kai TAYLOR	#4	SAGU (Texas)		33.79m	110-11	4/14
8		Ryleah FISHER	#6	UNT Dallas		33.22m	109-0	4/14
9		Danielle NOBLE	#7	Southwestern Cl		31.90m	104-8	4/28
10		Shonase COLLINS	#6	UNT Dallas		30.91m	101-5	4/14

Women's Hammer

1		Shonase COLLINS	#6	UNT Dallas		38.11m	125-1	4/8
2		Ryleah FISHER	#6	UNT Dallas		36.66m	120-4	4/28
3		Daryn BATTS	#1	Oklahoma City		36.30m	119-1	4/28
4		Haley LINDSEY	#4	SAGU (Texas)		35.44m	116-3	3/24
5		Kai TAYLOR	#4	SAGU (Texas)		33.90m	111-3	4/14
6		Paige WILLIAMS	#6	UNT Dallas		31.31m	102-9	4/28
7		Trinnity REESE	#2	Texas Wesleyan		25.76m	84-6¼	4/28
8		Shacoyia WILLIAMS-MITCHELL	#2	Texas Wesleyan		19.25m	63-2	4/14

Women's Javelin

1		Fiona WILSON	#1	Oklahoma City		32.21m	105-8	4/28
2		Brooklyn TAYLOR	#4	SAGU (Texas)		30.44m	99-10½	4/28
3		Nicole BASYE	#3	John Brown (Ar)		28.57m	93-8¾	4/28
4		Stephanie TOWLE	#1	Oklahoma City		28.37m	93-1	4/28
5		Auryana JOHNSON	#5	Langston (Okla.)		28.35m	93-¼	4/28
6		Ahmia DORSEY	#5	Langston (Okla.)		27.85m	91-4½	4/28
7		Daryn BATTS	#1	Oklahoma City		26.72m	87-8	4/28
8		Kai TAYLOR	#4	SAGU (Texas)		25.72m	84-4¾	4/14
9		Madison BLANCH	#4	SAGU (Texas)		22.62m	74-2½	3/9
10		Elizabeth DOTY	#3	John Brown (Ar)		21.95m	72-¼	4/28

Women's Heptathlon

1	46	Madison BLANCH	#4	SAGU (Texas)		3,315		4/28
2	50	Stephanie TOWLE	#1	Oklahoma City		3,248		4/28
3	75	Allison DALZELL	#2	Texas Wesleyan		2,413		4/28



Conference TFRI Event Summary

as of 5/1/2023 7:21:57 AM

SSAC

Women's 100 Meters

1	1	Talayla DAVIS	#2	Life (Ga.)	A:B 11.52w	(2.7)	4/21
2	5	Latavia JACK	#3	Mobile (Ala.)	A:B 11.69w	(2.7)	4/21
2	5	Machaeda LINTON	#1	William Carey (M:B)	11.69w	(2.7)	4/21
4	14	Maya SMITH-SPEED	#2	Life (Ga.)	A:B 11.85w	(2.7)	4/21
5	15	Tyeese SMITH	#1	William Carey (M:B)	11.86w	(2.7)	4/21
6	16	Fredricka MCKENZIE	#1	William Carey (M:B)	11.88	(1.7)	3/29
7	18	Destiny HANNA	#6	Brewton-Parker	A:B 11.89w	(2.7)	4/21
8	21	Salieci MYLES	#1	William Carey (M:B)	11.90	(1.7)	3/23
9	34	Myla EDWARDS	#3	Mobile (Ala.)	12.08w	(3.7)	3/23
10	36	Alexia PERKINS	#2	Life (Ga.)	12.10w	(2.3)	4/21

Women's 100 Meter Hurdles

1	1	Salieci MYLES	#1	William Carey (M:B)	13.31	(0.6)	4/21
2	2	Joy ABU	#1	William Carey (M:B)	13.48	(0.6)	4/21
3	17	An'Janae LATCHINSON	#1	William Carey (M:B)	14.41	(0.6)	4/21
4	21	Anna CABRERA	#3	Mobile (Ala.)	B 14.49	(0.6)	4/21
5	75	V'kaylynn WARD	#6	Brewton-Parker	15.44	(0.6)	4/21
6		Ariana MADISON	#2	Life (Ga.)	16.35	(0.6)	4/21
7		Jaleah RHETT	#6	Brewton-Parker	16.59	(0.6)	4/21
8		Tyra DARRINGTON	#3	Mobile (Ala.)	19.67	(0.6)	4/21
9		Tyler SIMPSON	#4	Dalton State (Ga)	20.66w	(2.1)	3/16

Women's 200 Meters

1	2	Talayla DAVIS	#2	Life (Ga.)	A:B 23.63w	(2.4)	3/24
2	3	Sabrina RICHMAN	#2	Life (Ga.)	A:B 23.73w	(2.4)	3/24
3	4	Latavia JACK	#3	Mobile (Ala.)	A:B 23.80w	(2.2)	4/21
4	13	Fredricka MCKENZIE	#1	William Carey (M:B)	24.48w	(3.9)	3/23
5	14	Maya SMITH-SPEED	#2	Life (Ga.)	A:B 24.49w	(2.5)	4/28
6	23	Destiny HANNA	#6	Brewton-Parker	B 24.76w	(2.2)	4/21
7	27	Brianna FLORVILUS	#2	Life (Ga.)	24.84	(-0.4)	4/1
8	35	Sadiya SHAMSID-DEEN	#3	Mobile (Ala.)	25.06	(0.2)	3/31
9	39	Dalajah LONG	#2	Life (Ga.)	25.09w	(2.3)	4/21
10	48	Myla EDWARDS	#3	Mobile (Ala.)	25.22	(0.2)	4/21

Women's 400 Meters

1	2	Brianna FLORVILUS	#2	Life (Ga.)	A:B 54.87		4/21
2	4	Sabrina RICHMAN	#2	Life (Ga.)	A:B 54.96		4/7
3	6	Joy ABU	#1	William Carey (M:B)	55.59		4/8
4	14	Sadiya SHAMSID-DEEN	#3	Mobile (Ala.)	A:B 56.45		4/28
5	30	Maria SIMANCAS	#1	William Carey (M:B)	57.24		3/23
6	56	Feja HODGES	#1	William Carey (M:B)	58.37		4/8
7	67	Dagbjort MAGNUSDOTTIR	#2	Life (Ga.)	58.75		4/7
8	90	Angela OPORE	#1	William Carey (M:B)	59.35		4/21
9	95	Dhenecia PINNOCK	#8	Talladega (Ala.)	59.46		4/7
10	99	LaToria SPENCE	#1	William Carey (M:B)	59.50		4/21

Women's 400 Meter Hurdles

1	2	Joy ABU	#1	William Carey (M:B)	59.74		3/29
2	17	Salieci MYLES	#1	William Carey (M:B)	1:04.24		4/21
3	22	Kari WATTS	#3	Mobile (Ala.)	1:04.90		4/21
4	25	An'Janae LATCHINSON	#1	William Carey (M:B)	1:04.92		4/21
5	37	Raven PRATT	#3	Mobile (Ala.)	1:05.53		4/21
6		Catherine TRUEMPER	#7	Blue Mountain (I)	1:10.31		3/4
7		Amia MONTGOMERY	#8	Talladega (Ala.)	1:10.77		4/21
8		Anna CABRERA	#3	Mobile (Ala.)	1:11.33		4/21
9		Ashlyn BROUSSARD	#3	Mobile (Ala.)	1:13.90		4/21
10		Haley TILLERY	#4	Dalton State (Ga)	1:14.28		4/21

Women's 800 Meters

1	16	Maria SIMANCAS	#1	William Carey (M:B)	2:14.81		4/21
2	44	Catherine TRUEMPER	#7	Blue Mountain (I)	2:18.73		4/6
3	51	Kathryn VRADENBURGH	#4	Dalton State (Ga)	2:19.21		4/14
4	57	Madisyn ACOSTA	#5	Loyola (La.)	2:19.65		3/17
5	62	Kyja WILLIAMS	#2	Life (Ga.)	2:19.79		4/21
6	69	Sarah OLAMIDE	#1	William Carey (M:B)	2:20.17		4/21
7	96	Madelyn GORTMOLLER	#3	Mobile (Ala.)	2:21.85		3/17
8		Najah GIBSON	#2	Life (Ga.)	2:23.22		4/21
9		Makayla BLESSIKE	#7	Blue Mountain (I)	2:23.43		4/28
10		Shelby ROTH	#9	Florida College	2:23.49		4/7

Women's 1500 Meters

1	56	Kathryn VRADENBURGH	#4	Dalton State (Ga)	4:46.70		4/14
2	71	Blanca CONESA	#1	William Carey (M:B)	4:49.32		4/21
3		Madisyn ACOSTA	#5	Loyola (La.)	4:56.18		3/17
4		Sarah OLAMIDE	#1	William Carey (M:B)	4:57.44		4/21
5		Shelby ROTH	#9	Florida College	5:00.77		4/21
6		Kyja WILLIAMS	#2	Life (Ga.)	5:09.73		4/21
7		Paige ANDERSON	#1	William Carey (M:B)	5:14.74		4/8
8		Giselle DOMINGUEZ	#4	Dalton State (Ga)	5:17.97		3/4
9		Amber BYRD	#5	Loyola (La.)	5:25.82		3/31
10		Macy TODD	#6	Brewton-Parker	5:26.94		4/29

Women's Steeplechase

1	20	Catherine TRUEMPER	#7	Blue Mountain (I)	11:24.87		3/25
2	51	Aubrey BRITT	#7	Blue Mountain (I)	12:11.67		4/6
3	94	Kayla MATTOX	#4	Dalton State (Ga)	12:49.10		4/21
4		Haley TILLERY	#4	Dalton State (Ga)	13:05.56		3/16
5		Ella COLEY	#4	Dalton State (Ga)	13:25.42		4/21
6		Marlene PAEZ	#4	Dalton State (Ga)	13:36.57		4/14
7		Rebecca POE	#4	Dalton State (Ga)	15:06.21		4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:57 AM

SSAC

Women's 5000 Meters

1	83	Catherine TRUEMPER	#7 Blue Mountain (I	18:39.01	4/21
2	96	Kathryn VRADENBURGH	#4 Dalton State (Ga	18:45.88	3/16
3		Madisyn ACOSTA	#5 Loyola (La.)	18:57.20	4/21
4		Giselle DOMINGUEZ	#4 Dalton State (Ga	19:29.17	3/25
5		Isabelle WHEELER	#1 William Carey (N	19:30.17	4/8
6		Aubrey BRITT	#7 Blue Mountain (I	19:54.88	4/21
7		Katie MEEKS	#7 Blue Mountain (I	19:55.79	4/6
8		Marlene PAEZ	#4 Dalton State (Ga	20:00.60	4/21
9		Cynthia JEPTOO	#2 Life (Ga.)	20:06.26	4/14
10		Olivia PITTS	#1 William Carey (N	20:06.65	4/21

Women's 10,000 Meters

1	10	Lina MAY	#1 William Carey (M:B	36:56.31	3/23
2	35	Madisyn ACOSTA	#5 Loyola (La.)	38:47.55	4/7
3	70	Giselle DOMINGUEZ	#4 Dalton State (Ga	40:32.64	3/16
4	76	Isabelle WHEELER	#1 William Carey (N	40:50.16	4/21
5	93	Olivia PITTS	#1 William Carey (N	42:00.84	4/21
6	98	Marlene PAEZ	#4 Dalton State (Ga	42:20.89	3/16
7		Ella COLEY	#4 Dalton State (Ga	43:32.74	3/16
8		Abigail HAMMOND	#9 Florida College	46:54.68	4/21
9		Macy PALMER	#9 Florida College	50:21.34	4/21
10		Cynthia JEPTOO	#2 Life (Ga.)	50:46.01	4/21

Women's 4x100 Relay

1	2	Dalajah LONG, Talayla DAVIS, Alexia PERKINS, Maya SMITH-SPEED	#2 Life (Ga.)	A:B 45.87	4/21
2	3	Tyeese SMITH, Fredricka MCKENZIE, Salieci MYLES, Machaeda LINTON	#1 William Carey (M:B	45.93	3/29
3	6	Myla EDWARDS, Samantha MANSUR, Latavia JACK, Jerenie JACKSON	#3 Mobile (Ala.)	A:B 46.40	4/21
4	27	Wayonna BROOKS-WELLS, Dhenecia PINNOCK, Dhaenia PINNOCK, Shanice BATTLE	#8 Talladega (Ala.)	48.04	4/21
5		V'kaylynn WARD, Jayda SPIKES, A'Shanti SURREY, Jaleah RHETT	#6 Brewton-Parker	52.38	4/21
6		Briana RAY, Rebecca POE, Tyler SIMPSON, Jazzmyn SHELTON	#4 Dalton State (Ga	55.47	4/14

Women's 4x400 Relay

1	1	An'Janae LATCHINSON, Joy ABU, Nevagant JONES, Maria SIMANCAS	#1 William Carey (M:B	3:46.18	3/29
2	4	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Kyja WILLIAMS	#2 Life (Ga.)	A:B 3:48.65	3/24
3	12	Yasmin PINES, Raven PRATT, Shawnessy EDWARDS, Sadiya SHAMSID-DEEN	#3 Mobile (Ala.)	A:B 3:53.69	4/28
4	53	Dhenecia PINNOCK, Dhaenia PINNOCK, Shanice BATTLE, Amia MONTGOMERY	#8 Talladega (Ala.)	4:08.16	4/21
5		Amber BYRD, Madisyn ACOSTA, Mallory FORET, Kaitlyn BECNEL	#5 Loyola (La.)	4:24.92	4/21
6		Kayla MATTOX, Rebecca POE, Haley TILLERY, Kathryn VRADENBURGH	#4 Dalton State (Ga	4:37.25	3/25
7		V'kaylynn WARD, Jayda SPIKES, Yecenia SOLORZANO, Macy TODD	#6 Brewton-Parker	4:39.94	4/21



Conference TFRI Event Summary

as of 5/1/2023 7:21:57 AM

SSAC

Women's 4x800 Relay

1	9	Kyja WILLIAMS, Dagbjort MAGNUSDOTTIR, Najah GIBSON, Brianna FLORVILUS	#2 Life (Ga.)	B 9:27.41	4/21
2	18	Maria SIMANCAS, Blanca CONESA, Angela OPORE, Sarah OLAMIDE	#1 William Carey (N	9:38.87	4/21
3	21	Makayla BLESSIKE, Aubrey BRITT, Katie MEEKS, Catherine TRUEMPER	#7 Blue Mountain (I	9:44.78	4/21
4	38	Kayla MATTOX, Rebecca POE, Haley TILLERY, Kathryn VRADENBURGH	#4 Dalton State (Ga	10:15.27	4/21
5	41	Amber BYRD, Madisyn ACOSTA, Mallory FORET, Lauren GOENS	#5 Loyola (La.)	10:17.17	4/21
6	65	Kayley BURGESS, Trinity PAGE, Sidney GIPE, Reese PRESTRIDGE	#3 Mobile (Ala.)	11:23.88	4/21
7	66	Macy TODD, Jayda SPIKES, Yecenia SOLORZANO, Kayla PHIPPS	#6 Brewton-Parker	11:38.62	4/21

Women's High Jump

1	33	Kaitlyn BECNEL	#5 Loyola (La.)	1.60m	5-3	4/7
2	44	Anna CABRERA	#3 Mobile (Ala.)	1.58m	5-2¼	3/30
3	60	Tyra DARRINGTON	#3 Mobile (Ala.)	1.55m	5-1	3/23
4	84	Zaniyah WILSON	#1 William Carey (N	1.54m	5-½	4/21
4	84	Nevagant JONES	#1 William Carey (N	1.54m	5-½	4/21
6		Kaylee LOWE	#2 Life (Ga.)	1.48m	4-10¼	4/21
7		Josephine GATES	#8 Talladega (Ala.)	1.45m	4-9	4/12
8		V'kaylynn WARD	#6 Brewton-Parker	1.39m	4-6¾	4/21
9		Tyler SIMPSON	#4 Dalton State (Ga	1.31m	4-3½	3/4

Women's Pole Vault

1		Briana RAY	#4 Dalton State (Ga	2.65m	8-8¼	4/21
---	--	------------	---------------------	-------	------	------

Women's Long Jump

1	1	Machaeda LINTON	#1 William Carey (N	A:B 6.22m	20-5 (1.0)	4/21
2	13	Jhanya QUINONES	#3 Mobile (Ala.)	A:B 5.79m	19-0 (1.3)	4/21
3	24	Nevagant JONES	#1 William Carey (N	B 5.69m	18-8 (1.1)	4/21
4	33	Tyeese SMITH	#1 William Carey (N	5.62m	18-5¼ (1.7)	4/21
5	34	Anna CABRERA	#3 Mobile (Ala.)	5.60mw	18-4½ (2.7)	4/21
6	45	Zaniyah WILSON	#1 William Carey (N	5.48m	17-11¾ (1.	4/21
7	75	Destiny HANNA	#6 Brewton-Parker	5.30m	17-4¾ (1.3)	3/24
7	75	Patrice OATIS	#1 William Carey (N	5.30mw	17-4¾ (2.8)	3/23
9		Talayla DAVIS	#2 Life (Ga.)	5.23mw	17-2 (2.6)	3/24
10		A'Shanti SURREY	#6 Brewton-Parker	5.22m	17-1½ (0.3)	4/21

Women's Triple Jump

1	6	Nevagant JONES	#1 William Carey (N	A:B 12.00mw	39-4½ (2.5)	3/23
2	8	Machaeda LINTON	#1 William Carey (N	A:B 11.91m	39-1 (1.4)	4/21
3	22	Zaniyah WILSON	#1 William Carey (N	B 11.56mw	37-11¼ (2.	3/23
4	43	Kaylee LOWE	#2 Life (Ga.)	11.10m	36-5 (1.2)	4/21
5	52	LaToria SPENCE	#1 William Carey (N	11.00m	36-1¼ (1.2)	3/23
6	81	A'Shanti SURREY	#6 Brewton-Parker	10.63m	34-10½ (-0	3/24
7	96	Patrice OATIS	#1 William Carey (N	10.52mw	34-6¼ (2.8)	4/21
8		V'kaylynn WARD	#6 Brewton-Parker	10.24m	33-7¼ (0.6)	4/8
9		Lindsey OGLESBY	#6 Brewton-Parker	9.84m	32-3½ (0.5)	3/24
10		Ariana MADISON	#2 Life (Ga.)	9.80m	32-2 (0.8)	3/24

Women's Shot Put

1	2	Levonis DAVIS	#2 Life (Ga.)	A:B 14.50m	47-7	3/24
2	13	Fedra FLORENTIN	#3 Mobile (Ala.)	A:B 13.58m	44-6¾	3/23
3	21	Danielle ALBRIGHT	#2 Life (Ga.)	B 13.37m	43-10½	4/21
4	27	Bryana BAZILE	#5 Loyola (La.)	12.98m	42-7	4/21
5	39	Mykhala COLEMAN	#5 Loyola (La.)	12.67m	41-7	3/25
6	70	Somara BUTCHER	#3 Mobile (Ala.)	12.03m	39-5¾	4/21
7	78	Kaytlin BOYKINS	#8 Talladega (Ala.)	11.96m	39-3	4/21
8		Diamond ATKINS	#2 Life (Ga.)	11.57m	37-11½	4/1
9		Kimora DANIEL	#5 Loyola (La.)	10.87m	35-8	3/25
9		Mersadies FOOTE	#2 Life (Ga.)	10.87m	35-8	4/1

Women's Discus

1	19	Bryana BAZILE	#5 Loyola (La.)	B 42.94m	140-11	3/17
2	28	Levonis DAVIS	#2 Life (Ga.)	42.39m	139-1	4/14
3	58	Diamond ATKINS	#2 Life (Ga.)	39.59m	129-11	4/7
4		Danielle ALBRIGHT	#2 Life (Ga.)	37.10m	121-9	4/14
5		Aniyah DENT	#3 Mobile (Ala.)	35.43m	116-3	4/21
6		Shaylah ROBINSON	#5 Loyola (La.)	35.23m	115-7	3/25
7		Caroline MEEHAN	#2 Life (Ga.)	34.55m	113-4	4/21
8		Fedra FLORENTIN	#3 Mobile (Ala.)	34.42m	112-11	3/17
9		Jolie MATHERNE	#5 Loyola (La.)	31.15m	102-3	4/21
10		Somara BUTCHER	#3 Mobile (Ala.)	30.59m	100-5	3/31

Women's Hammer

1	1	Jennifer BATU	#2 Life (Ga.)	A:B 58.82m	193-0	4/7
2	21	Danielle ALBRIGHT	#2 Life (Ga.)	B 49.79m	163-4	4/7
3		Levonis DAVIS	#2 Life (Ga.)	40.00m	131-3	4/7
4		Bryana BAZILE	#5 Loyola (La.)	39.98m	131-2	4/21
5		Mersadies FOOTE	#2 Life (Ga.)	39.84m	130-9	4/1
6		Diamond ATKINS	#2 Life (Ga.)	39.10m	128-4	4/21
7		Mykhala COLEMAN	#5 Loyola (La.)	37.57m	123-3	3/25
8		Shaylah ROBINSON	#5 Loyola (La.)	37.20m	122-1	3/25
9		Jolie MATHERNE	#5 Loyola (La.)	36.16m	118-8	4/21
10		Malaika THEOPHILE	#2 Life (Ga.)	33.98m	111-6	4/1



Conference TFRI Event Summary

as of 5/1/2023 7:21:57 AM

SSAC

Women's Javelin

1	42	Anna CABRERA	#3	Mobile (Ala.)	37.00m	<i>121-5</i>	4/21
2		Kari WATTS	#3	Mobile (Ala.)	32.27m	<i>105-11</i>	4/21
3		Ariana MADISON	#2	Life (Ga.)	30.24m	<i>99-2½</i>	3/24
4		Brooklynn TALTON	#8	Talladega (Ala.)	28.68m	<i>94-1¼</i>	3/31
5		Darcy PICKER	#2	Life (Ga.)	28.32m	<i>92-11</i>	4/14
6		Monica KOROWI	#1	William Carey (N	27.45m	<i>90-¾</i>	4/21
7		Fedra FLORENTIN	#3	Mobile (Ala.)	26.43m	<i>86-8½</i>	4/21
8		Jolie MATHERNE	#5	Loyola (La.)	24.11m	<i>79-1¼</i>	4/28
9		Haley TILLERY	#4	Dalton State (Ga	23.76m	<i>77-11½</i>	4/14
10		Naomi TAAKE	#6	Brewton-Parker	22.42m	<i>73-6¾</i>	4/21

Women's Heptathlon

1	6	Anna CABRERA	#3	Mobile (Ala.)	B	4,699w	3/30
---	----------	--------------	-----------	---------------	---	---------------	------



Conference TFRI Event Summary

as of 5/1/2023 7:21:57 AM

Sun Conference

Women's 100 Meters

1	3	Denai WILSON	#4	Florida Memoria	A:B 11.66w	(2.2)	4/22
2	8	Toni CANFALL	#1	Southeastern (F)	A:B 11.73w	(2.2)	4/22
2	8	Nicole JOHNSON	#9	Warner (Fla.)	A:B 11.73w	(2.2)	4/22
4	18	Irmiris MENDEZ	#1	Southeastern (F)	A:B 11.89w	(2.4)	3/30
5	31	Alohnna-Elyse LEE	#6	Webber Internat	12.04w	(2.7)	4/7
6	34	Anitria SANGSTER	#4	Florida Memoria	12.08w	(3.2)	3/17
7	44	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	12.14	(0.9)	3/24
8	74	Staicha LAROSE	#2	Keiser (Fla.)	12.32	(0.8)	4/7
9	77	Dinae HEMMINGS	#6	Webber Internat	12.34w	(3.1)	3/30
10		Megan SPRINKMAN	#3	St. Thomas (Fla.)	12.49w	(3.2)	3/17

Women's 100 Meter Hurdles

1	19	Emma DIVERONICA	#3	St. Thomas (Fla.)	B 14.46	(2.0)	4/28
1	19	Tenae GRIGSBY	#1	Southeastern (F)	B 14.46w	(3.0)	3/17
3	26	Yasmyne WILLIAMS	#4	Florida Memoria	B 14.56	(0.6)	4/22
4	32	Irmiris MENDEZ	#1	Southeastern (F)	B 14.74	(-0.5)	4/22
5	47	Amaya KIER	#1	Southeastern (F)	14.94	(0.6)	4/22
6	67	Qunizel BAZILIO	#4	Florida Memoria	15.28	(1.4)	3/24
7	81	Victoria MORRIS	#1	Southeastern (F)	15.53w	(3.5)	3/17
8	92	Mariam DAVIS	#1	Southeastern (F)	15.62	(-1.1)	4/22
9	99	Caitlyn O'BRIEN	#7	Ave Maria (Fla.)	15.74w	(2.7)	3/30
10		Isabella ZARO	#5	SCAD Savannah	16.61	(0.8)	2/25

Women's 200 Meters

1	6	Denai WILSON	#4	Florida Memoria	A:B 23.87w	(2.4)	4/22
2	11	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	A:B 24.34w	(2.4)	4/22
3	17	Toni CANFALL	#1	Southeastern (F)	A:B 24.59w	(2.4)	4/22
4	20	Sabrina DAVIS	#9	Warner (Fla.)	B 24.68	(1.3)	4/7
5	29	Anitria SANGSTER	#4	Florida Memoria	24.87w	(2.7)	4/22
6	34	Irmiris MENDEZ	#1	Southeastern (F)	25.00	(-1.5)	4/22
7	40	Kaylee HIGGINS	#4	Florida Memoria	25.13w	(2.7)	4/22
8	42	Alohnna-Elyse LEE	#6	Webber Internat	25.15w	(2.2)	4/7
9	47	Namiah SIMPSON	#1	Southeastern (F)	25.21	(1.6)	3/17
10	50	Samaya CAURTHENS	#2	Keiser (Fla.)	25.28w	(2.7)	4/22

Women's 400 Meters

1	13	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	A:B 56.40		4/22
2	15	Namiah SIMPSON	#1	Southeastern (F)	A:B 56.50		3/17
3	21	Samaya CAURTHENS	#2	Keiser (Fla.)	A:B 56.71		4/22
4	41	Melissa GRIPACUS	#2	Keiser (Fla.)	57.93		4/14
5	87	Marie MARC	#2	Keiser (Fla.)	59.27		4/14
6		Sabrina DAVIS	#9	Warner (Fla.)	59.58		4/7
7		Jada BLACKHEART	#3	St. Thomas (Fla.)	59.73		4/28
8		Monique BROWN	#4	Florida Memoria	1:01.16		3/17
9		Camille BARRON	#3	St. Thomas (Fla.)	1:01.40		4/14
10		Wislande LOUIS-PIERRE	#3	St. Thomas (Fla.)	1:02.14		4/28

Women's 400 Meter Hurdles

1	3	Tenae GRIGSBY	#1	Southeastern (F)	A:B 1:00.42		3/17
2	5	Namiah SIMPSON	#1	Southeastern (F)	A:B 1:01.73		4/22
3	14	Shanice FLEURIMOND	#2	Keiser (Fla.)	B 1:03.80		4/22
4	15	Qunizel BAZILIO	#4	Florida Memoria	B 1:03.87		4/22
5	58	Marie MARC	#2	Keiser (Fla.)	1:06.69		4/7
6	65	Amaya KIER	#1	Southeastern (F)	1:06.97		2/18
7		Melissa GRIPACUS	#2	Keiser (Fla.)	1:09.85		4/7
8		Monique WOODS	#4	Florida Memoria	1:10.53		4/7
9		Yasmyne WILLIAMS	#4	Florida Memoria	1:12.21		4/7
10		Sophia ALEXANDER	#8	Thomas (Ga.)	1:12.39		3/17

Women's 800 Meters

1	19	Alyssa GAGNON	#3	St. Thomas (Fla.)	B 2:15.40		4/14
2	66	Theresa LONG	#7	Ave Maria (Fla.)	2:20.05		3/30
3	68	Jillian BLASER	#1	Southeastern (F)	2:20.15		4/7
4	91	Monique BROWN	#4	Florida Memoria	2:21.63		3/24
5		Maggie FRONING	#5	SCAD Savannah	2:22.19		4/22
6		Grace FEDER	#1	Southeastern (F)	2:23.36		4/22
7		Emma PERREAULT	#7	Ave Maria (Fla.)	2:25.34		4/22
8		Kaitlyn VORKAPICH	#1	Southeastern (F)	2:25.61		4/22
9		Carol LONG	#7	Ave Maria (Fla.)	2:26.47		4/22
10		Emma WOLTJER	#1	Southeastern (F)	2:26.50		4/22

Women's 1500 Meters

1	30	Theresa LONG	#7	Ave Maria (Fla.)	4:42.40		4/22
2	31	Montserrat DE SANTIAGO	#5	SCAD Savannah	4:42.43		4/22
3	79	Talia SULLIVAN	#5	SCAD Savannah	4:49.84		4/22
4	87	Julia ROHM	#1	Southeastern (F)	4:51.21		3/17
5	99	Jillian BLASER	#1	Southeastern (F)	4:52.58		3/17
6		Alex MIDGETT	#5	SCAD Savannah	4:54.40		3/24
7		Grace FEDER	#1	Southeastern (F)	4:58.23		4/22
8		Maggie FRONING	#5	SCAD Savannah	4:58.47		3/24
9		Emma WOLTJER	#1	Southeastern (F)	5:05.63		4/22
10		Felicity FOXHOVEN	#7	Ave Maria (Fla.)	5:06.66		3/17

Women's Steeplechase

1	52	Sophie ROBINSON	#1	Southeastern (F)	12:12.94		4/22
2	55	Maggie FRONING	#5	SCAD Savannah	12:16.38		4/22
3		Emma MCLAUGHLIN	#1	Southeastern (F)	12:54.72		4/7
4		Eva CAMP	#1	Southeastern (F)	13:30.19		3/24



Conference TFRI Event Summary

as of 5/1/2023 7:21:57 AM

Sun Conference

Women's 5000 Meters

1	18	Julia ROHM	#1	Southeastern (F)	17:26.61	4/22
2	37	Talia SULLIVAN	#5	SCAD Savannah	17:48.08	3/30
3	68	Julia GRALKI	#5	SCAD Savannah	18:23.11	3/30
4	75	Montserrat DE SANTIAGO	#5	SCAD Savannah	18:32.81	3/30
5	86	Alex MIDGETT	#5	SCAD Savannah	18:41.10	3/30
6		Jillian BLASER	#1	Southeastern (F)	18:58.60	3/30
7		Grace FEDER	#1	Southeastern (F)	18:59.25	3/30
8		Sarah MADDUX-HENSLEY	#1	Southeastern (F)	19:28.91	3/30
9		Madison LILIENTHAL	#1	Southeastern (F)	19:40.37	3/17
10		Emily HOLZER	#3	St. Thomas (Fla.)	19:52.66	4/22

Women's 10,000 Meters

1	8	Julia ROHM	#1	Southeastern (F)	36:43.10	4/22
2	14	Talia SULLIVAN	#5	SCAD Savannah	37:09.73	3/16
3	19	Montserrat DE SANTIAGO	#5	SCAD Savannah	37:32.29	4/22
4	28	Julia GRALKI	#5	SCAD Savannah	38:01.78	3/16
5	66	Alex MIDGETT	#5	SCAD Savannah	40:22.36	4/22
6	75	Madison LILIENTHAL	#1	Southeastern (F)	40:48.76	3/30
7		Stef BARACALDO	#5	SCAD Savannah	42:47.25	3/16
8		Sarah MADDUX-HENSLEY	#1	Southeastern (F)	43:57.29	4/22
9		Cassandra RICHARDS	#8	Thomas (Ga.)	44:33.35	3/24
10		Sydney SLAGEL	#1	Southeastern (F)	1:07:30	4/22

Women's 5000m Race Walk

1	29	Maria TALAFUSE	#7	Ave Maria (Fla.)	33:27.38	4/22
---	----	----------------	----	------------------	----------	------

Women's 4x100 Relay

1	4	Irmiris MENDEZ, Oluwafikayomi LAWRENCE, Namiah SIMPSON, Toni CANFALL	#1	Southeastern (F)	46.33	4/7
2	17	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Andreana GRAHAM	#4	Florida Memorial	47.40	4/7
3	36	Staicha LAROSE, Ah'leeyah STRAPPIER, Samaya CAURTHENS, Marie MARC	#2	Keiser (Fla.)	48.34	3/24
4	45	Emma DIVERONICA, Megan SPRINKMAN, Shakyra COLLIER, Camille BARRON	#3	St. Thomas (Fla.)	48.85	3/17
5	49	Azora WILLIAMS, Alohanna-Elyse LEE, Tessa SHRIVER, Dinae HEMMINGS	#6	Webber International	49.09	4/22
6		Caitlyn O'BRIEN, Casey HUMPHREY, Elena BARNES, Abbey PHIBBS	#7	Ave Maria (Fla.)	52.35	4/22
7		Sabine DANNER, Erin LANDIS, Sydney FOXWORTHY, Jessica MURR	#5	SCAD Savannah	56.50	4/22



Conference TFRI Event Summary

as of 5/1/2023 7:21:58 AM

Sun Conference

Women's 4x400 Relay

1	5	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#1	Southeastern (F)	A:B 3:49.97	3/17
2	13	Shanice FLEURIMOND, Samaya CAURTHENS, Marie MARC, Melissa GRIPACUS	#2	Keiser (Fla.)	A:B 3:53.75	3/24
3	15	Anitria SANGSTER, Monique BROWN, Denai WILSON, Qunizel BAZILIO	#4	Florida Memorial	A:B 3:54.45	4/22
4	35	Camille BARRON, Jada BLACKHEART, Wislande PIERRE- LOUIS, Zona DESOUZA	#3	St. Thomas (Fla.)	4:03.94	4/22
5	70	Elena BARNES, Abbey PHIBBS, Carol LONG, Theresa LONG	#7	Ave Maria (Fla.)	4:13.16	4/22
6		Erin LANDIS, Maggie FRONING, Talia SULLIVAN, Montserrat DE SANTIAGO	#5	SCAD Savannah	4:30.60	4/22
7		Vanielis RAMOS, Abigail LEUTHOLD, Destinee ALFORD, Alohnna-Elyse LEE	#6	Webber Internal	4:46.74	4/22

Women's 4x800 Relay

1	16	Jillian BLASER, Grace FEDER, Emma WOLTJER, Julia ROHM	#1	Southeastern (F)	9:37.44	3/30
2	39	Carol LONG, Emma PERREAULT, Regina PIROLI, Abigail RALL	#7	Ave Maria (Fla.)	10:16.25	3/30
3	51	Naomi MARCIN, Wislande PIERRE- LOUIS, Emily HOLZER, Alyssa GAGNON	#3	St. Thomas (Fla.)	10:35.18	4/22
4	63	Bella EDWARDS, Emma GIDDENS, Sabine DANNER, Caitlin MICHELANGELO	#5	SCAD Savannah	11:22.49	4/22

Women's High Jump

1	10	Mariam DAVIS	#1	Southeastern (F)	B 1.65m	5-5	3/17
2	24	Aiana COLAS	#2	Keiser (Fla.)	1.63m	5-4¼	4/7
3	60	Kailyn KELLY	#2	Keiser (Fla.)	1.55m	5-1	3/30
4	95	Victoria MORRIS	#1	Southeastern (F)	1.52m	4-11¾	4/22
5		Tessa SHRIVER	#6	Webber Internal	1.47m	4-9¾	3/30
5		Damia WOOLCOCK	#3	St. Thomas (Fla.)	1.47m	4-9¾	4/14
7		Marie MARC	#2	Keiser (Fla.)	1.39m	4-6¾	4/22
8		Natalie ROHM	#1	Southeastern (F)	1.37m	4-6	3/30
9		Irmiris MENDEZ	#1	Southeastern (F)	1.36m	4-5½	4/22
10		Christian POMMELIS	#3	St. Thomas (Fla.)	1.24m	4-¾	4/22

Women's Pole Vault

1	96	Amari GRAHAM	#1	Southeastern (F)	2.75m	9-¼	4/22
1	96	Lauren BROWN	#6	Webber Internal	2.75m	9-¼	4/22

Women's Long Jump

1	12	Mariam DAVIS	#1	Southeastern (F)	A:B 5.81m	19-¾ (0.1)	4/22
2	14	Caitlyn O'BRIEN	#7	Ave Maria (Fla.)	A:B 5.78mw	18-11¾ (2)	3/17
3	16	Andreana GRAHAM	#4	Florida Memorial	A:B 5.77m	18-11¼ (2)	4/7
4	66	Shakyla COLLIER	#3	St. Thomas (Fla.)	5.36mw	17-7 (2.2)	3/3
5	90	Xaniah WILLIAMS	#6	Webber Internal	5.27m	17-3½ (2.0)	3/3
6		Irmiris MENDEZ	#1	Southeastern (F)	5.24m	17-2¼ (0.5)	4/22
7		Abigail LEUTHOLD	#6	Webber Internal	5.17mw	16-11½ (2)	3/3
8		Miyah FORD	#1	Southeastern (F)	5.16m	16-11¼ (0)	3/17
9		Idalia ROMERO- TALBERT	#1	Southeastern (F)	5.12mw	16-9¾ (3.1)	3/17
10		Marie MARC	#2	Keiser (Fla.)	5.09m	16-8½ (0.4)	4/22

Women's Triple Jump

1	14	Andreana GRAHAM	#4	Florida Memorial	B 11.70m	38-4¾ (1.6)	4/22
2	17	Abigail LEUTHOLD	#6	Webber Internal	B 11.67mw	38-3½ (2.3)	4/22
3	20	Miyah FORD	#1	Southeastern (F)	B 11.57m	37-11½ (1)	4/22
3	20	Xaniah WILLIAMS	#6	Webber Internal	B 11.57m	37-11½ (0)	4/22
5	34	LaDaijahnae MILLER	#1	Southeastern (F)	11.25m	36-11 (1.7)	3/17
6	61	Kailyn KELLY	#2	Keiser (Fla.)	10.91m	35-9½ (-0)	4/22
7	89	Shakyla COLLIER	#3	St. Thomas (Fla.)	10.60mw	34-9½ (3.4)	4/22
8	97	Ah'leeyah STRAPPIER	#2	Keiser (Fla.)	10.47m	34-4¼ (0.0)	4/14
9		Vanielis RAMOS	#6	Webber Internal	10.40m	34-1½ (0.6)	4/22
10		Damia WOOLCOCK	#3	St. Thomas (Fla.)	10.21m	33-6 (1.1)	4/22

Women's Shot Put

1	44	Toynelle MING	#3	St. Thomas (Fla.)	12.55m	41-2¼	4/14
2	75	Jennifer COLEMAN	#8	Thomas (Ga.)	11.97m	39-3¼	3/24
3		Niesha ALDAJUSTE	#6	Webber Internal	11.73m	38-6	3/24
4		Rebecca PERONA	#7	Ave Maria (Fla.)	11.62m	38-1½	4/22
5		Mariam DAVIS	#1	Southeastern (F)	11.11m	36-5½	3/24
6		Angela AUGUSTE	#2	Keiser (Fla.)	11.02m	36-2	3/17
6		Emma TERRY	#1	Southeastern (F)	11.02m	36-2	4/22
8		MarieAnge MOUSSIGNAC	#1	Southeastern (F)	10.81m	35-5¾	4/22
9		Ryeyauni BUSH	#4	Florida Memorial	10.80m	35-5¼	4/7
10		Destinee ALFORD	#6	Webber Internal	10.24m	33-7¼	4/22



Conference TFRI Event Summary

as of 5/1/2023 7:21:58 AM

Sun Conference

Women's Discus

1	25	Toynelle MING	#3	St. Thomas (Fla. B	42.57m	139-8	3/17
2	75	Jennifer COLEMAN	#8	Thomas (Ga.)	38.28m	125-7	3/24
3	96	Niesha ALDAJUSTE	#6	Webber Internat	37.55m	123-3	4/22
4		Angela AUGUSTE	#2	Keiser (Fla.)	36.11m	118-6	3/30
5		Ryeyauni BUSH	#4	Florida Memoria	35.92m	117-10	3/24
6		Taela CAMPBELL	#4	Florida Memoria	33.27m	109-2	3/17
7		MarieAnge MOUSSIGNAC	#1	Southeastern (F	32.16m	105-6	3/30
8		Melissa BROOKS	#2	Keiser (Fla.)	31.56m	103-7	3/30
9		Kenzie WILSON	#3	St. Thomas (Fla.	30.88m	101-4	3/3
10		Baylie HARTMAN	#1	Southeastern (F	30.18m	99-¼	3/17

Women's Hammer

1	28	Niesha ALDAJUSTE	#6	Webber Internat B	48.60m	159-6	3/30
2		Jennifer COLEMAN	#8	Thomas (Ga.)	41.42m	135-11	4/22
3		Taela CAMPBELL	#4	Florida Memoria	40.04m	131-5	4/22
4		MarieAnge MOUSSIGNAC	#1	Southeastern (F	39.64m	130-1	3/30
5		Emma TERRY	#1	Southeastern (F	37.79m	124-0	4/22
6		Melissa BROOKS	#2	Keiser (Fla.)	35.88m	117-9	3/30
7		Angela AUGUSTE	#2	Keiser (Fla.)	34.77m	114-1	4/22
8		Destinee ALFORD	#6	Webber Internat	34.52m	113-3	4/7
9		Anyce BURKE-GREAVES	#2	Keiser (Fla.)	33.07m	108-6	4/7
10		Ryeyauni BUSH	#4	Florida Memoria	31.31m	102-9	3/17

Women's Javelin

1	21	Rian BOUB	#3	St. Thomas (Fla. B	39.22m	128-8	4/14
2	75	Emma TERRY	#1	Southeastern (F	34.16m	112-1	4/22
3	98	Jenkavia HARPER	#2	Keiser (Fla.)	32.75m	107-6	4/22
4		Shyanne LACEY	#1	Southeastern (F	31.46m	103-3	4/7
5		Christian POMMELIS	#3	St. Thomas (Fla.	30.82m	101-2	4/14
6		Rebecca PERONA	#7	Ave Maria (Fla.)	30.14m	98-10¾	4/14
7		Mariam DAVIS	#1	Southeastern (F	30.00m	98-5¼	4/22
8		Kaylee HIGGINS	#4	Florida Memoria	29.83m	97-10½	4/22
9		Jennifer COLEMAN	#8	Thomas (Ga.)	28.36m	93-½	3/17
10		Baylie HARTMAN	#1	Southeastern (F	27.23m	89-4	4/22

Women's Heptathlon

1	4	Mariam DAVIS	#1	Southeastern (F B	4,743	4/22
2	16	Irmiris MENDEZ	#1	Southeastern (F B	4,185	4/22
3	27	Kailyn KELLY	#2	Keiser (Fla.) B	3,901w	3/30
4	37	Marie MARC	#2	Keiser (Fla.)	3,574	4/22
5	48	Natalie ROHM	#1	Southeastern (F	3,282	4/22
6	77	Christian POMMELIS	#3	St. Thomas (Fla.	2,178	4/22



Conference TFRI Event Summary

as of 5/1/2023 7:21:58 AM

The Heart

Women's 100 Meters

1	11	Nikiwe MONGWE	#3	MidAmerica Naz	A:B 11.77	(1.4)	4/13
2	18	Gizel CLAYTON	#2	Central Methodist	A:B 11.89w	(2.4)	3/31
3	40	Daizy SOLIR	#3	MidAmerica Naz	12.11w	(3.7)	4/13
4	51	Eden CLIFTON	#8	Graceland (Iowa)	12.17w	(2.5)	4/14
5	59	Delaney WEIMER	#9	Evangel (Mo.)	12.25w	(2.5)	4/14
6	75	Naomi KILSON	#6	Baker (Kan.)	12.33w	(3.0)	4/29
7		Sakoya JOHNSON	#2	Central Methodist	12.54	(1.4)	4/14
8		Alexandra ROSE	#11	William Penn (Io)	12.63w	(3.1)	4/7
9		Janiah NICHOLSON	#3	MidAmerica Naz	12.64	(1.9)	4/8
10		Nala BURNS	#3	MidAmerica Naz	12.74w	(2.4)	4/13

Women's 100 Meter Hurdles

1	3	Gizel CLAYTON	#2	Central Methodist	A:B 13.63	(-1.0)	4/21
2	6	Tre'Breh SCOTT	#2	Central Methodist	A:B 13.81	(1.8)	4/7
3	10	Tajanique BELL	#6	Baker (Kan.)	A:B 14.08	(1.3)	4/23
4	48	Jocelyn JENKINS	#3	MidAmerica Naz	14.95w	(2.4)	4/13
5	57	Carly LINDENMEYER	#3	MidAmerica Naz	15.16	(0.6)	4/29
6	61	Renee FINKE	#2	Central Methodist	15.19w	(2.5)	4/14
7	74	Annie LEOPOLD	#7	Mount Mercy (Io)	15.43w	(2.9)	4/1
8	83	Shanai SWEETING	#10	Park (Mo.)	15.56w	(2.5)	4/14
9	90	Mya MOORE	#4	Grand View (Iow)	15.62	(-1.7)	4/28
10	96	Hope KLAMM	#10	Park (Mo.)	15.71w	(2.6)	4/29

Women's 200 Meters

1	7	Nikiwe MONGWE	#3	MidAmerica Naz	A:B 24.02	(-1.2)	4/13
2	24	Tre'Breh SCOTT	#2	Central Methodist	B 24.77	(0.1)	4/21
3	31	Gizel CLAYTON	#2	Central Methodist	24.90	(1.4)	3/31
4	32	Darly CAMILO-MONTENEGRO	#2	Central Methodist	24.96	(1.4)	3/31
5	67	Allena ROWLAND	#5	Clarke (Iowa)	25.43	(1.1)	4/27
6	75	Eden CLIFTON	#8	Graceland (Iowa)	25.53w	(2.2)	4/23
7	88	Janiah NICHOLSON	#3	MidAmerica Naz	25.68	(0.3)	4/13
8		Delaney WEIMER	#9	Evangel (Mo.)	25.83	(1.6)	4/14
9		Daizy SOLIR	#3	MidAmerica Naz	25.89	(-1.8)	4/13
10		Naomi KILSON	#6	Baker (Kan.)	26.07w	(2.3)	4/23

Women's 400 Meters

1	8	Nikiwe MONGWE	#3	MidAmerica Naz	A:B 55.90		4/8
2	9	Darly CAMILO-MONTENEGRO	#2	Central Methodist	A:B 55.96		4/21
3	26	Allena ROWLAND	#5	Clarke (Iowa)	B 56.96		4/28
4	65	Alison AMBUUL	#1	Benedictine (Ka)	58.68		4/29
5	69	Jena HAHLEBECK	#10	Park (Mo.)	58.85		4/14
6	83	Daizy SOLIR	#3	MidAmerica Naz	59.15		4/8
7	89	Tatiana SMITH	#1	Benedictine (Ka)	59.34		4/23
8		Janiah NICHOLSON	#3	MidAmerica Naz	59.55		4/13
9		Neomi SIDIQUE	#4	Grand View (Iow)	59.91		4/28
10		Brooklyn JOHNSON	#7	Mount Mercy (Io)	1:00.14		4/7

Women's 400 Meter Hurdles

1	8	Alison AMBUUL	#1	Benedictine (Ka)	A:B 1:02.51		4/23
2	18	Tajanique BELL	#6	Baker (Kan.)	B 1:04.30		3/25
3	19	Allena ROWLAND	#5	Clarke (Iowa)	B 1:04.34		4/28
4	20	Kailey JOHNSON	#2	Central Methodist	B 1:04.40		4/21
5	23	Cayna LOVE	#1	Benedictine (Ka)	1:04.91		4/23
6	33	Yanira DEANA PANINKA	#2	Central Methodist	1:05.35		4/22
7	35	Jocelyn JENKINS	#3	MidAmerica Naz	1:05.40		4/13
8	43	Abigail GOOD	#9	Evangel (Mo.)	1:05.97		4/22
9	57	Stella WHALEN	#3	MidAmerica Naz	1:06.68		3/31
10	60	Jessica BAILEY	#2	Central Methodist	1:06.76		4/7

Women's 800 Meters

1	12	Caroline COBO	#1	Benedictine (Ka)	B 2:14.51		4/23
2	14	Darly CAMILO-MONTENEGRO	#2	Central Methodist	B 2:14.74		4/7
3	17	Jena HAHLEBECK	#10	Park (Mo.)	B 2:15.18		3/30
4	63	Gemma DOWNEY	#1	Benedictine (Ka)	2:19.84		4/23
5		Kjirsten GUILFORD	#2	Central Methodist	2:22.51		3/31
6		Skylar ADAMS	#9	Evangel (Mo.)	2:22.62		4/8
7		Madeline WIESEMAN	#2	Central Methodist	2:23.05		4/14
8		Emily HARRIS	#9	Evangel (Mo.)	2:23.55		4/14
9		Natalie GARR	#2	Central Methodist	2:23.76		4/22
10		Allena ROWLAND	#5	Clarke (Iowa)	2:24.01		4/7

Women's 1500 Meters

1	14	Caroline COBO	#1	Benedictine (Ka)	A:B 4:35.39		4/29
2		Morgan LAWSON	#4	Grand View (Iow)	4:54.74		3/25
3		Natasha ORTIZ	#1	Benedictine (Ka)	4:55.00		3/25
4		Skylar ADAMS	#9	Evangel (Mo.)	4:55.39		4/22
5		Emily HARRIS	#9	Evangel (Mo.)	4:55.73		4/22
6		Julia MCLAUGHLIN	#1	Benedictine (Ka)	4:56.68		4/23
7		Keagan PERKINS	#8	Graceland (Iowa)	4:57.40		4/27
8		Isabella GUERRA	#1	Benedictine (Ka)	4:59.30		4/14
9		J'Lyn KNUTSON	#7	Mount Mercy (Io)	4:59.58		4/22
10		Justine WHEELER	#3	MidAmerica Naz	5:01.35		4/13

Women's Steeplechase

1	11	Morgan LAWSON	#4	Grand View (Iowa)	A:B 11:13.33		4/14
2	24	Keagan PERKINS	#8	Graceland (Iowa)	B 11:29.37		4/23
3	25	Caroline COBO	#1	Benedictine (Ka)	11:30.54		3/23
4	58	Jaycie FRANCO	#5	Clarke (Iowa)	12:19.21		4/21
5	80	Abigail ZITTER	#3	MidAmerica Naz	12:36.00		4/23
6	81	Jessa DAY	#7	Mount Mercy (Io)	12:38.41		4/22
7	86	Jana LANDRETH	#6	Baker (Kan.)	12:42.61		4/8
8		Abby RINDERKNECHT	#7	Mount Mercy (Io)	13:00.50		4/1
9		Blaise BALL	#6	Baker (Kan.)	13:33.55		4/23



Conference TFRI Event Summary

as of 5/1/2023 7:21:58 AM

The Heart

Women's 5000 Meters

1	30	Morgan LAWSON	#4	Grand View (Iowa)	17:40.13	4/27
2	66	Natasha ORTIZ	#1	Benedictine (Kan.)	18:20.91	3/23
3	89	Emily HARRIS	#9	Evangel (Mo.)	18:41.60	3/31
4		Rory BICKLER	#5	Clarke (Iowa)	18:49.53	4/21
5		Mary ROLWES	#1	Benedictine (Kan.)	18:57.98	3/23
6		Julia MCLAUGHLIN	#1	Benedictine (Kan.)	19:01.35	3/23
7		Isabella GUERRA	#1	Benedictine (Kan.)	19:09.19	3/23
8		Lily MENGHINI	#1	Benedictine (Kan.)	19:15.84	3/23
9		J'Lyn KNUTSON	#7	Mount Mercy (Iowa)	19:35.02	3/17
10		Brooke ALLEN	#6	Baker (Kan.)	19:45.29	3/25

Women's 10,000 Meters

1	37	Natasha ORTIZ	#1	Benedictine (Kan.)	38:57.44	4/14
2	48	Rory BICKLER	#5	Clarke (Iowa)	39:28.03	4/1
3	88	Haley CARTER	#6	Baker (Kan.)	41:44.91	4/23
4	97	Lily MENGHINI	#1	Benedictine (Kan.)	42:09.75	4/14
5		Valerie ACEVES-POWER	#6	Baker (Kan.)	43:02.85	4/23
6		Ariana LOPEZ	#7	Mount Mercy (Iowa)	44:51.27	4/14
7		Jaycie FRANCO	#5	Clarke (Iowa)	45:09.99	4/14
8		Jessie SONNEN	#1	Benedictine (Kan.)	50:22.55	4/14

Women's 5000m Race Walk

1	7	Paige THOMPSON	#4	Grand View (Iowa)	27:43.30	4/22
2	14	Abby HILL	#7	Mount Mercy (Iowa)	29:39.68	4/22
3	15	Baileigh MORRIS	#2	Central Methodist	29:40.11	3/31
4	26	Mickenzie FISHER	#8	Graceland (Iowa)	32:58.07	4/28
5	35	Kaydence WYNGLARZ	#8	Graceland (Iowa)	39:48.20	4/28
6	38	Olivia SIEFKER	#3	MidAmerica Nazarene	42:19.47	3/31
7	39	Gracie ENOCHS	#3	MidAmerica Nazarene	42:19.58	3/31

Women's 4x100 Relay

1	18	Janiah NICHOLSON, Nikiwe MONGWE, Nala BURNS, Daizy SOLIR	#3	MidAmerica Nazarene	47.48	4/13
2	38	Naomi KILSON, Tajanique BELL, Shelby BUTTS, Da'Mah STACKER	#6	Baker (Kan.)	48.52	4/29
3	54	Alexandra ROSE, Tabitha ROGERS, Allison READ, Raven WILLIAMS	#11	William Penn (Pa.)	49.42	4/26
4	67	https://www.tfrrs.org/teams/1789	#1	Benedictine (Kan.)	49.91	4/29
5	68	Erika CANADA, Anna PAUL, Karima KOKO, Neomi SIDIQUE	#4	Grand View (Iowa)	49.99	4/26
6	73	https://www.tfrrs.org/teams/1883	#10	Park (Mo.)	50.26	4/29
7	75	Natalie GARR, Jessica BAILEY, Sakoya JOHNSON, Renee FINKE	#2	Central Methodist	50.45	4/22
8	79	Arianna MADDOCK, Madison INMAN, Taylor COLLINS, Delaney WEIMER	#9	Evangel (Mo.)	50.90	4/22
9	80	Maryleslie JAVIER, Ambar FULGENCIO, Jacey LEWIS, Eden CLIFTON	#8	Graceland (Iowa)	50.99	4/8
10	88	Annie LEOPOLD, Aleksyia LECLERE, Kiah COFFIN, Brooklyn JOHNSON	#7	Mount Mercy (Iowa)	51.36	4/7



Conference TFRI Event Summary

as of 5/1/2023 7:21:58 AM

The Heart

Women's 4x400 Relay

1	6	Darly CAMILO-MONTENEGRO, Tre'Breh SCOTT, Sakoya JOHNSON, Kjirsten GUILFORD	#2 Central Methodist A	3:49.98	3/24
2	18	Daizy SOLIR, Maya EIDMAN, Janiah NICHOLSON, Nikiwe MONGWE	#3 MidAmerica Naz B	3:56.58	4/29
3	42	Antonia SMITH, Tatiana SMITH, Brynna GORMLEY, Alison AMBUUL	#1 Benedictine (Ka)	4:04.92	4/23
4	59	Rory BICKLER, Jaycie FRANCO, Allena ROWLAND, Emma TERWISCHE	#5 Clarke (Iowa)	4:10.06	4/14
5	61	Eden CLIFTON, Jacey LEWIS, Keagan PERKINS, Ashlynn PERKINS	#8 Graceland (Iowa)	4:10.77	4/26
6	62	Rachel STERNER, Naomi KILSON, Tajanique BELL, Kaiya MCKIE	#6 Baker (Kan.)	4:10.80	4/23
7	64	https://www.tfrrs.org/teams/1883	#10 Park (Mo.)	4:11.50	4/29
8	77	Abigail GOOD, Macy KOPP, Hannah EVANS, Taylor COLLINS	#9 Evangel (Mo.)	4:15.35	4/8
9	78	Jane WATTS, Shu'ron THOMPSON, Katherine ROJAS, Federica GAMMAROTA	#12 Missouri Valley	4:15.64	4/23
10	80	Karima KOKO, Faith NEELEY, Neomi SIDIQUE, Liberty LEIS	#4 Grand View (Iow)	4:16.05	4/28

Women's 4x800 Relay

1	23	Caroline COBO, Gemma DOWNEY, Alison AMBUUL, Siena MICHAEL	#1 Benedictine (Ka)	9:46.55	4/13
2	53	Sydney WOODS, Abby RINDERKNECHT, Ruth JENNINGS, Yaqueline HERNANDEZ	#7 Mount Mercy (Io)	10:39.55	3/17
3	58	Rachel STERNER, Jana LANDRETH, Samantha SLIFE, Haley THOMPSON	#6 Baker (Kan.)	10:54.89	3/25

Women's High Jump

1	3	Renee FINKE	#2 Central Methodist A	1.70m	5-7	4/7
2	6	Delaney MILLER	#2 Central Methodist B	1.67m	5-5¾	4/14
3	7	Sidney GILLILAND	#8 Graceland (Iowa)	1.66m	5-5¼	4/23
4	10	Carly LINDENMEYER	#3 MidAmerica Naz B	1.65m	5-5	4/13
5	24	Nykeriah ALLEN	#1 Benedictine (Ka)	1.63m	5-4¼	4/23
6	44	Ashlynn PERKINS	#8 Graceland (Iowa)	1.58m	5-2¼	4/8
7	50	Avril MAUGHAN	#4 Grand View (Iow)	1.57m	5-1¾	3/25
8	60	Hannah EVANS	#9 Evangel (Mo.)	1.55m	5-1	3/31
9		Anyah RANSON	#5 Clarke (Iowa)	1.49m	4-10½	4/21
10		Amy KAMTIO	#6 Baker (Kan.)	1.48m	4-10¼	4/8

Women's Pole Vault

1	29	Grace SQUIRES	#5 Clarke (Iowa)	3.43m	11-3	4/21
1	29	Emma GRANT	#5 Clarke (Iowa)	3.43m	11-3	4/21
3	40	Carter HAWKINS	#2 Central Methodist	3.27m	10-8¾	4/7
4	57	Autumn MCLAUGHLIN	#5 Clarke (Iowa)	3.13m	10-3¼	4/21
5	65	Ambar FULGENCIO	#8 Graceland (Iowa)	3.05m	10-0	4/28
6	87	Malia BEICH	#5 Clarke (Iowa)	2.83m	9-3¼	4/21
7	88	Amara REICHERT	#2 Central Methodist	2.80m	9-2¼	3/31
8	95	Gemma STARRS	#1 Benedictine (Ka)	2.77m	9-1	4/14
9		Yaqueline HERNANDEZ	#7 Mount Mercy (Io)	2.55m	8-4¼	4/14
10		Samantha BITZ	#12 Missouri Valley	2.52m	8-3¼	4/7

Women's Long Jump

1	6	Carly LINDENMEYER	#3 MidAmerica Naz A	5.90m	19-4¼ (1.4)	4/13
2	10	Nala BURNS	#3 MidAmerica Naz A	5.83mw	19-1½ (3.1)	4/29
3	29	Abigail BATU-TIAKO	#11 William Penn (Io)	5.65m	18-6½ (0.6)	4/28
4	31	Reanna GREEN	#3 MidAmerica Naz	5.63m	18-5¾ (0.8)	3/25
5	61	Brooklyn JOHNSON	#7 Mount Mercy (Io)	5.40m	17-8¾ (0.0)	3/17
6	70	Naomi KILSON	#6 Baker (Kan.)	5.32m	17-5½ (1.3)	4/8
7	73	Dawn MCINTYRE	#10 Park (Mo.)	5.31mw	17-5¼ (2.4)	4/29
8		Hayley LOEWEN	#3 MidAmerica Naz	5.14mw	16-10½ (2.0)	4/29
8		Sarah JOHNSON	#2 Central Methodist	5.14m	16-10½ (0.0)	3/25
10		Hannah EVANS	#9 Evangel (Mo.)	5.11mw	16-9¼ (2.6)	4/14

Women's Triple Jump

1	25	Hayley LOEWEN	#3 MidAmerica Naz	11.48m	37-8 (0.9)	4/29
2	48	Jacee WILSON	#9 Evangel (Mo.)	11.04m	36-2¾ (1.2)	4/22
3	50	Amy KAMTIO	#6 Baker (Kan.)	11.02m	36-2 (0.1)	4/8
4	56	Reanna GREEN	#3 MidAmerica Naz	10.96m	35-11½ (0.0)	3/25
5	76	Lauren DAVIS	#9 Evangel (Mo.)	10.69mw	35-1 (2.3)	4/22
6	80	Sarah JOHNSON	#2 Central Methodist	10.66m	34-11¾ (0.0)	3/25
7	83	Jessica SHEIL	#9 Evangel (Mo.)	10.62mw	34-10¼ (2.0)	4/14
8		Kalesha EDWARDS	#2 Central Methodist	10.45mw	34-3½ (2.2)	4/14
9		Renee FINKE	#2 Central Methodist	10.38m	34-¾ (-1.7)	4/7
10		Delaney STRAUS	#13 Culver-Stockton	10.37mw	34-¼ (2.1)	4/28
10		Aleksyia LECLERE	#7 Mount Mercy (Io)	10.37mw	34-¼ (3.2)	4/1



Conference TFRI Event Summary

as of 5/1/2023 7:21:58 AM

The Heart

Women's Shot Put

1	7	Bre NAIL	#7	Mount Mercy (IoA:B	13.95m	45-9¼	4/28
2	20	Baylee BEARD	#2	Central Methodi B	13.40m	43-11¾	3/31
3	25	Victoria LOTZ	#3	MidAmerica Naz B	13.03m	42-9	4/13
4	29	Madison GREEN	#4	Grand View (Iow	12.96m	42-6¼	4/1
5	30	Kady VANDEMARK	#8	Graceland (Iowa	12.95m	42-6	3/25
6	43	Madison SUTTON	#1	Benedictine (Ka	12.59m	41-3¾	4/23
7	48	Erica MARTIN	#11	William Penn (Io	12.47m	40-11	4/28
8	57	Bahati NABINDU	#8	Graceland (Iowa	12.27m	40-3¼	4/8
9	80	Caitlin WITT	#3	MidAmerica Naz	11.91m	39-1	3/31
10	81	Alyssa HALL	#1	Benedictine (Ka	11.90m	39-½	4/29

Women's Discus

1	3	Madison SUTTON	#1	Benedictine (KaA:B	47.60m	156-2	4/26
2	5	Madison GREEN	#4	Grand View (IowA:B	47.17m	154-9	4/14
3	15	Victoria LOTZ	#3	MidAmerica NazA:B	44.65m	146-6	3/31
4	21	Ilyiah MOORE	#4	Grand View (Iow B	42.85m	140-7	4/28
5	32	Kady VANDEMARK	#8	Graceland (Iowa	41.81m	137-2	4/28
6	37	Kali BROWN	#2	Central Methodi	41.30m	135-6	4/22
7	43	Grace KELLEY	#7	Mount Mercy (Io	41.02m	134-7	4/28
8	45	Ellen KANGAS	#7	Mount Mercy (Io	40.79m	133-10	4/28
9	50	Jacy ANDERSON	#6	Baker (Kan.)	40.10m	131-7	4/29
10	52	Phoebe BURT	#11	William Penn (Io	40.01m	131-3	4/14

Women's Hammer

1	3	Madison GREEN	#4	Grand View (IowA:B	54.21m	177-10	4/22
2	6	Madison SUTTON	#1	Benedictine (KaA:B	53.35m	175-1	4/29
3	14	Baylee BEARD	#2	Central MethodiA:B	51.20m	168-0	3/31
4	33	Cristina VILLALOBOS	#7	Mount Mercy (Io	47.74m	156-8	4/22
5	38	Macie ABLES	#12	Missouri Valley	46.99m	154-2	4/14
6	39	Victoria LOTZ	#3	MidAmerica Naz	46.54m	152-8	4/29
7	41	Bre NAIL	#7	Mount Mercy (Io	46.39m	152-3	4/28
8	45	Royal HART	#5	Clarke (Iowa)	45.94m	150-9	4/21
9	46	Ilyiah MOORE	#4	Grand View (Iow	45.91m	150-8	4/28
10	54	Karli WOLFE	#2	Central Methodi	44.94m	147-5	4/22

Women's Javelin

1	19	Kiana ORTIZ	#13	Culver-Stockton B	39.50m	129-7	4/22
2	20	Abby HILL	#7	Mount Mercy (Io B	39.23m	128-9	4/26
3	41	Nadia EMPERLEY	#6	Baker (Kan.)	37.12m	121-10	4/29
4	50	Julie COFFEY	#6	Baker (Kan.)	36.26m	119-0	4/29
5	59	Grace GODARD	#1	Benedictine (Ka	35.50m	116-6	4/14
6	72	Melanie HUBBS	#13	Culver-Stockton	34.50m	113-2	4/22
7	90	Salima OMARI	#4	Grand View (Iow	33.46m	109-10	4/28
8		Baileigh MORRIS	#2	Central Methodi	30.78m	101-0	4/14
9		Nicole MERICAL	#6	Baker (Kan.)	30.52m	100-2	3/25
10		Isabelle MATTHEWS	#5	Clarke (Iowa)	29.11m	95-6¼	4/28

Women's Heptathlon

1	31	Mya MOORE	#4	Grand View (Iow	3,731	4/21
2	42	Paige SCHMID	#1	Benedictine (Ka	3,458	3/23
3	54	Isabelle MATTHEWS	#5	Clarke (Iowa)	3,172	4/21
4	56	Leah SATTLER	#1	Benedictine (Ka	3,144	3/23
5	62	Anyah RANSON	#5	Clarke (Iowa)	2,992	4/21
6	69	Ella MARGHEIM	#3	MidAmerica Naz	2,811	4/13



Conference TFRI Event Summary

as of 5/1/2023 7:21:59 AM

WHAC

Women's 100 Meters

1	3	Jamaya WARTHEN	#1	Indiana Tech	A:B 11.66w	(3.6)	4/14
2	22	Kiya POGUE	#1	Indiana Tech	B 11.92	(1.9)	4/20
3	24	Taylor KYLE	#1	Indiana Tech	B 11.95w	(3.6)	4/14
4	58	Charity JONES	#5	Madonna (Mich.)	12.24	(1.0)	4/14
5	63	Anaiya JONES	#5	Madonna (Mich.)	12.27	(1.2)	4/14
6	87	Katlyn JONES	#1	Indiana Tech	12.39w	(2.4)	3/30
7		Nia WOOD	#5	Madonna (Mich.)	12.47	(0.6)	4/14
8		Faith JACKSON	#3	Siena Heights (N)	12.51	(1.4)	4/28
9		Jenna-Ann JOHNSON	#3	Siena Heights (N)	12.52	(0.9)	4/14
10		Ketelynn DIX	#4	Cornerstone (Mi)	12.66w	(2.1)	3/31

Women's 100 Meter Hurdles

1	5	Kiya POGUE	#1	Indiana Tech	A:B 13.74	(1.1)	4/29
2	18	Faith JACKSON	#3	Siena Heights (M)	A:B 14.42	(1.5)	4/28
3	45	Theresa JUDD	#2	Aquinas (Mich.)	14.89	(1.9)	4/21
4	62	Katlyn JONES	#1	Indiana Tech	15.20	(1.6)	4/6
5	69	Ketelynn DIX	#4	Cornerstone (Mi)	15.33	(1.9)	4/21
6	73	Linnearia RICHARDS	#3	Siena Heights (N)	15.40	(1.8)	3/31
7	93	Denise TURPIN	#1	Indiana Tech	15.64	(1.7)	3/30
8	95	Omarea DANIELS	#1	Indiana Tech	15.70	(1.7)	3/30
9		Braely HERREMA	#4	Cornerstone (Mi)	15.90	(1.2)	4/14
10		Emily JONES	#2	Aquinas (Mich.)	16.16w	(3.2)	3/31

Women's 200 Meters

1	7	Jamaya WARTHEN	#1	Indiana Tech	A:B 24.02w	(2.7)	4/14
2	22	Soyinne GRENYION	#1	Indiana Tech	B 24.72	(-0.4)	4/29
3	33	Charity JONES	#5	Madonna (Mich.)	25.00	(0.1)	4/14
4	43	Kayla MOODY	#1	Indiana Tech	25.16	(0.9)	4/7
5	52	Taylor KYLE	#1	Indiana Tech	25.30w	(2.2)	4/14
6	78	Jayla BROWN	#5	Madonna (Mich.)	25.58	(0.1)	4/14
7		Nia WOOD	#5	Madonna (Mich.)	25.82	(0.1)	4/14
8		Anaiya JONES	#5	Madonna (Mich.)	25.89	(0.1)	4/14
9		Ronnie MCMILLAN	#2	Aquinas (Mich.)	25.96	(1.4)	4/7
10		Halle SCHNYDERS	#4	Cornerstone (Mi)	26.14	(0.3)	4/28

Women's 400 Meters

1	7	Charity JONES	#5	Madonna (Mich.)	A:B 55.72		3/30
2	12	Jayla BROWN	#5	Madonna (Mich.)	A:B 56.21		3/30
3	15	Soyinne GRENYION	#1	Indiana Tech	A:B 56.50		4/20
4	17	Jo'Deci IRBY	#1	Indiana Tech	A:B 56.51		4/29
5	20	Kayla MOODY	#1	Indiana Tech	A:B 56.65		4/29
6	31	Ronnie MCMILLAN	#2	Aquinas (Mich.)	B 57.26		4/7
7	42	Kennia DEXTER	#1	Indiana Tech	57.96		4/14
8	44	Junae BENNETT	#1	Indiana Tech	58.03		4/14
9	47	Olaide OLAPADE	#1	Indiana Tech	58.13		4/29
10	50	Lisa VOYLES	#1	Indiana Tech	58.19		4/14

Women's 400 Meter Hurdles

1	36	Linnearia RICHARDS	#3	Siena Heights (N)	1:05.43		4/14
2	43	Aniya ADAMS	#8	Lawrence Tech (	1:05.97		4/28
3	54	Faith KURTZ	#4	Cornerstone (Mi)	1:06.61		4/28
4	70	Chelsee MARTINO	#4	Cornerstone (Mi)	1:07.52		4/28
5	83	Lauren WOOER	#2	Aquinas (Mich.)	1:08.16		4/28
6	90	Amanda USREY	#6	Rochester (Mich)	1:08.57		4/28
7		Denise TURPIN	#1	Indiana Tech	1:09.74		4/7
8		Rachel ROSE	#3	Siena Heights (N)	1:10.84		4/28
9		Theresa JUDD	#2	Aquinas (Mich.)	1:10.97		4/14
10		Emily BELINSKY	#7	Concordia (Mich)	1:12.91		4/8

Women's 800 Meters

1	1	Lisa VOYLES	#1	Indiana Tech	A:B 2:08.01		4/29
2	5	Maggie WHITNEY	#2	Aquinas (Mich.)	A:B 2:10.99		4/14
3	20	Krista BOESE	#1	Indiana Tech	B 2:15.47		4/29
4	35	Mckenna PALMER	#1	Indiana Tech	2:17.49		4/29
5	57	Haven EVANS	#1	Indiana Tech	2:19.65		4/29
6	65	Jacqueline ALBO	#8	Lawrence Tech (	2:20.01		4/21
7	71	Jessica PHILLIPS	#5	Madonna (Mich.)	2:20.38		3/30
8	93	Kori BAUMANN	#4	Cornerstone (Mi)	2:21.71		4/28
9		Hannah ADLER	#2	Aquinas (Mich.)	2:22.01		4/21
10		Aliyah PEREZ	#9	Lourdes (Ohio)	2:22.52		4/22

Women's 1500 Meters

1	5	Lisa VOYLES	#1	Indiana Tech	A:B 4:27.83		4/6
2	20	Hannah ADLER	#2	Aquinas (Mich.)	4:40.74		4/21
3	35	Krista BOESE	#1	Indiana Tech	4:42.85		4/20
4	67	Mckenna PALMER	#1	Indiana Tech	4:48.94		4/29
5	94	Lily GREIWE	#1	Indiana Tech	4:51.88		4/29
6		Jacqueline ALBO	#8	Lawrence Tech (	4:56.31		4/14
7		Kori BAUMANN	#4	Cornerstone (Mi)	4:57.43		4/14
8		Molly HARDING	#2	Aquinas (Mich.)	4:57.83		4/21
9		Hannah ASSENMACHER	#8	Lawrence Tech (	4:58.90		4/14
10		Heather ELLER	#6	Rochester (Mich)	5:00.55		4/28

Women's Steeplechase

1	28	Hannah ASSENMACHER	#8	Lawrence Tech (	11:33.62		4/21
2	33	Heather ELLER	#6	Rochester (Mich)	11:38.01		4/20
3	73	Emily MONROE	#3	Siena Heights (N)	12:32.57		4/14
4		Zoe ANTEL	#2	Aquinas (Mich.)	13:51.98		4/14
5		Annabel BISHOP	#2	Aquinas (Mich.)	13:57.29		4/28
6		Taylor IMUS	#9	Lourdes (Ohio)	15:39.33		4/8
7		Madisyn FLAMINI	#7	Concordia (Mich)	16:55.55		4/28
8		Juliana DITULLIO	#9	Lourdes (Ohio)	18:07.68		4/8



Conference TFRI Event Summary

as of 5/1/2023 7:21:59 AM

WHAC

Women's 5000 Meters

1	13	Hannah ADLER	#2	Aquinas (Mich.)	A:B 17:20.97	4/14
2	29	Lisa VOYLES	#1	Indiana Tech	B 17:39.94	4/20
3	60	Molly HARDING	#2	Aquinas (Mich.)	18:18.66	4/14
4	63	Haley NIEUWKOOP	#4	Cornerstone (Mi	18:19.63	4/21
5	70	Cammie MCCONNELL	#4	Cornerstone (Mi	18:24.40	4/21
6		Hannah ASSENMACHER	#8	Lawrence Tech (	18:52.94	3/17
7		Krista BOESE	#1	Indiana Tech	18:55.00	4/14
8		Rose PAOLETTI	#5	Madonna (Mich.)	18:57.41	4/22
9		Lauren GORES	#10	Cleary (Mich.)	19:04.70	4/14
10		Xochitl GARCIA	#3	Siena Heights (N	19:09.21	4/14

Women's 10,000 Meters

1	25	Cammie MCCONNELL	#4	Cornerstone (Mi	B 37:46.38	4/28
2	31	Haley NIEUWKOOP	#4	Cornerstone (Mi	38:18.42	4/28
3	42	Lauren GORES	#10	Cleary (Mich.)	39:15.90	3/31

Women's 5000m Race Walk

1	13	Korissa VANOVER	#1	Indiana Tech	29:38.40	4/20
---	-----------	-----------------	-----------	--------------	-----------------	------

Women's 4x100 Relay

1	1	Kiya POGUE, Soyinne GRENYION, Taylor KYLE, Jamaya WARTHEN	#1	Indiana Tech	A:B 45.82	4/29
2	13	Anaiya JONES, Charity JONES, Nia WOOD, Jayla BROWN	#5	Madonna (Mich.)	A:B 47.19	3/29
3	32	Faith JACKSON, Erica ALBRECHT, Linnearia RICHARDS, Jenna-Ann JOHNSON	#3	Siena Heights (N	48.19	4/14
4	55	Theresa JUDD, Shanna HAN, Leah DECKER, Ronnie MCMILLAN	#2	Aquinas (Mich.)	49.43	4/28
5	64	Morgan VARGO, Ketelynn DIX, Chelsee MARTINO, Halle SCHNYDERS	#4	Cornerstone (Mi	49.73	4/28
6	LE+0	Dayreona VALLEY, Paige THOMAS, Natalie SAMPLE, Lindsey PUMFORD	#9	Lourdes (Ohio)	52.10	4/8
7		Hope RENFER, Chloe EVANS, Lily KUEBER, Emily BELINSKY	#7	Concordia (Mich	52.94	4/14

Women's 4x400 Relay

1	2	Jo'Deci IRBY, Jamaya WARTHEN, Kayla MOODY, Soyinne GRENYION	#1	Indiana Tech	A:B 3:47.89	4/29
2	11	Jayla BROWN, Charity JONES, Jessica PHILLIPS, Nia WOOD	#5	Madonna (Mich.)	A:B 3:53.12	3/29
3	19	Jakarri ALVEN, Ronnie MCMILLAN, Maggie WHITNEY, Janiyah HOPKINS	#2	Aquinas (Mich.)	B 3:56.69	4/21
4	31	Sarah GENZINK, Chelsee MARTINO, Madi HAID, Ketelynn DIX	#4	Cornerstone (Mi	4:02.02	4/21
5	48	Jenna-Ann JOHNSON, Bailey MCCULLOCH, Alexis CORDLE, Linnearia RICHARDS	#3	Siena Heights (N	4:06.73	4/28
6	93	Lindsey PUMFORD, Paige THOMAS, Aliyah PEREZ, Natalie SAMPLE	#9	Lourdes (Ohio)	4:22.31	4/8
7		Aniya ADAMS, Jacqueline ALBO, Molly KLINE, Hannah ASSENMACHER	#8	Lawrence Tech (	4:25.94	4/14
8		Emily BELINSKY, Hope RENFER, Chloe GUNTER, Chloe EVANS	#7	Concordia (Mich	4:31.11	4/28
9		https://www.tfrrs.org/teams/80338	#6	Rochester (Mich	4:37.09	4/28

Women's 4x800 Relay

1	7	Haven EVANS, Krista BOESE, Lily GREIWE, Lisa VOYLES	#1	Indiana Tech	A:B 9:23.76	4/20
2	13	Hannah ADLER, Kaitlyn THOMAS, Maggie WHITNEY, Molly HARDING	#2	Aquinas (Mich.)	9:32.79	4/14
3	26	Izzie LASHAWAY, Elizabeth DANCEY, Whitney RICKS, Jessica PHILLIPS	#5	Madonna (Mich.)	9:54.95	4/28
4	33	Alexis CORDLE, Morgan TURK, Emily MONROE, Bailey MCCULLOCH	#3	Siena Heights (N	10:08.43	4/28



Conference TFRI Event Summary

as of 5/1/2023 7:21:59 AM

WHAC

Women's High Jump

1	10	Kaylee DIAMOND	#2	Aquinas (Mich.)	B	1.65m	5-5	3/31
1	10	Emma VALENTINE	#3	Siena Heights (N)	B	1.65m	5-5	4/14
3	23	Daijah HILL	#3	Siena Heights (N)		1.64m	5-4½	3/31
4	28	Kaitlin ESSIG	#4	Cornerstone (Mi)		1.62m	5-3¾	4/14
4	28	Morgan LUTTON	#3	Siena Heights (N)		1.62m	5-3¾	4/14
6	50	Alyssa DETWEILER	#2	Aquinas (Mich.)		1.57m	5-1¾	4/14
6	50	Brianna HATFIELD	#3	Siena Heights (N)		1.57m	5-1¾	4/14
8	60	Mary Catherine LEE	#1	Indiana Tech		1.55m	5-1	4/20
8	60	Kaylei SMITH	#3	Siena Heights (N)		1.55m	5-1	4/28
10	84	Braely HERREMA	#4	Cornerstone (Mi)		1.54m	5-½	3/31

Women's Pole Vault

1	1	Tyler FUGATE	#3	Siena Heights (M)	A:B	3.95m	12-11½	4/14
2	2	Margherita CONRAD	#3	Siena Heights (M)	A:B	3.90m	12-9½	4/14
2	2	Erica ALBRECHT	#3	Siena Heights (M)	A:B	3.90m	12-9½	4/20
4	4	Ashley VERPLANK	#4	Cornerstone (Mi)	A:B	3.87m	12-8¾	4/21
5	9	Chasity MIES	#3	Siena Heights (M)	A:B	3.70m	12-1½	4/14
6	11	Samantha NOWELL	#3	Siena Heights (M)	A:B	3.65m	11-11¾	3/31
6	11	Tatum TOWNSEND	#4	Cornerstone (Mi)	A:B	3.65m	11-11¾	3/24
8	16	Shaily BAYNES	#2	Aquinas (Mich.)	B	3.55m	11-7¾	4/14
9	37	Abigail STAUBER	#3	Siena Heights (N)		3.30m	10-9¾	4/20
10	48	Maeve MILLIGAN	#1	Indiana Tech		3.20m	10-6	4/7

Women's Long Jump

1	6	Carlie TURNER	#1	Indiana Tech	A:B	5.90m	19-4¼ (1.8)	4/20
2	9	Morgan VARGO	#4	Cornerstone (Mi)	A:B	5.84m	19-2 (0.8)	4/14
3	44	Anajah GOMILLIA	#1	Indiana Tech		5.49mw	18-¼ (2.1)	4/20
4	54	Kaylee DIAMOND	#2	Aquinas (Mich.)		5.45m	17-10¾ (0.)	4/14
5	80	Tiffani LARDER	#3	Siena Heights (N)		5.29m	17-4¼ (1.8)	4/28
6		Erica ALBRECHT	#3	Siena Heights (N)		5.23m	17-2 (0.7)	4/28
6		Yasmin DAVIS	#1	Indiana Tech		5.23m	17-2 (-1.3)	4/14
8		Meriah SMITH	#6	Rochester (Mich)		5.21m	17-1¼ (1.6)	4/14
9		Shanna HAN	#2	Aquinas (Mich.)		5.12m	16-9¾ (-2.)	4/14
10		Omarea DANIELS	#1	Indiana Tech		5.02m	16-5¾ (2.0)	3/30

Women's Triple Jump

1	41	Kaylee DIAMOND	#2	Aquinas (Mich.)		11.12m	36-5¾ (0.0)	4/14
2	92	Kirsten SCHAPMAN	#6	Rochester (Mich)		10.58m	34-8½ (1.9)	4/28
3		Shanna HAN	#2	Aquinas (Mich.)		10.44m	34-3 (0.1)	4/21
4		Tiffani LARDER	#3	Siena Heights (N)		10.28m	33-8¾ (1.3)	4/28
5		Domanique DOUGLAS	#1	Indiana Tech		9.93m	32-7 (0.0)	4/14
6		Samantha SCOTT	#3	Siena Heights (N)		9.82m	32-2¾ (0.0)	4/14
7		Kaitlin ESSIG	#4	Cornerstone (Mi)		9.81m	32-2¼ (0.5)	4/21
8		Presley AVERY	#2	Aquinas (Mich.)		9.68m	31-9¼ (-0.)	4/7
9		Alexis FURGASON	#2	Aquinas (Mich.)		9.27m	30-5 (-0.3)	4/7

Women's Shot Put

1	17	Lena KORTE	#7	Concordia (Mich)	B	13.50m	44-3½	4/28
2	33	Jenna BREUKER	#4	Cornerstone (Mi)		12.80m	42-0	4/28
3	37	Rebecca BELTRAN	#2	Aquinas (Mich.)		12.69m	41-7¾	4/28
4	60	Kaydence RICHARDSON	#2	Aquinas (Mich.)		12.24m	40-2	4/28
5	65	Hayley THOMPSON	#1	Indiana Tech		12.15m	39-10½	3/30
6	73	Abigail ALDRICH	#6	Rochester (Mich)		11.99m	39-4	4/28
7	95	Claire MEACHAM	#4	Cornerstone (Mi)		11.78m	38-7¾	4/21
8		Akiyah ASH	#3	Siena Heights (N)		11.67m	38-3½	4/28
9		Brooke BEYER	#3	Siena Heights (N)		11.48m	37-8	4/28
10		Emilee KESSLER	#5	Madonna (Mich.)		11.40m	37-5	3/30

Women's Discus

1	31	Julia HIRT	#7	Concordia (Mich)		41.95m	137-8	3/31
2	38	Rebecca BELTRAN	#2	Aquinas (Mich.)		41.27m	135-5	4/14
3	40	Jenna BREUKER	#4	Cornerstone (Mi)		41.18m	135-1	4/14
4	90	Akiyah ASH	#3	Siena Heights (N)		37.85m	124-2	4/8
5		Victoria TODD	#1	Indiana Tech		36.76m	120-7	4/20
6		Claire MEACHAM	#4	Cornerstone (Mi)		36.70m	120-5	3/29
7		Deneara MBOUG	#1	Indiana Tech		36.60m	120-1	3/30
8		Leah ROHRER	#2	Aquinas (Mich.)		36.06m	118-4	4/28
9		Emilee KESSLER	#5	Madonna (Mich.)		35.58m	116-9	4/22
10		Kaydence RICHARDSON	#2	Aquinas (Mich.)		35.44m	116-3	4/28

Women's Hammer

1	11	Emilee KESSLER	#5	Madonna (Mich.)	A:B	51.75m	169-10	4/8
2	22	Jenna BREUKER	#4	Cornerstone (Mi)	B	49.72m	163-2	4/28
3	32	Erin GOTHA	#3	Siena Heights (N)		48.07m	157-9	4/14
4	64	Deneara MBOUG	#1	Indiana Tech		44.69m	146-8	4/20
5	65	Kaydence RICHARDSON	#2	Aquinas (Mich.)		44.67m	146-7	4/28
6	66	Samantha WAKEFIELD	#5	Madonna (Mich.)		44.57m	146-3	4/14
7	77	LaTarsha MOORE	#1	Indiana Tech		43.77m	143-7	4/20
8		Kiernan SCHAEFER	#4	Cornerstone (Mi)		42.15m	138-4	4/14
9		Victoria TODD	#1	Indiana Tech		41.64m	136-8	4/14
10		Claire MEACHAM	#4	Cornerstone (Mi)		41.16m	135-1	4/7

Women's Javelin

1	44	Emily JONES	#2	Aquinas (Mich.)		36.82m	120-10	4/21
2	47	Lena KORTE	#7	Concordia (Mich)		36.57m	120-0	4/8
3	53	Narpreet SINGH	#3	Siena Heights (N)		36.02m	118-2	4/14
4		Jenna BREUKER	#4	Cornerstone (Mi)		31.67m	103-11	4/14
5		Carly CURE	#3	Siena Heights (N)		29.67m	97-4¼	4/14
6		Halle SCHNYDERS	#4	Cornerstone (Mi)		28.24m	92-8	4/28
7		Chasity MIES	#3	Siena Heights (N)		27.67m	90-9½	4/20
8		Hailey STASIUKINAS	#7	Concordia (Mich)		26.86m	88-1½	3/31
9		Brooke BEYER	#3	Siena Heights (N)		25.84m	84-9½	4/14
10		Korah HONIG	#1	Indiana Tech		25.55m	83-10	4/7