



Regional TFRI Event Summary

as of 5/1/2023 7:19:48 AM

Great Lakes

Women's 100 Meters

1	3	Jamaya WARTHEN	#1	Indiana Tech	A:B 11.66w	(3.6)	4/14
2	22	Kiya POGUE	#1	Indiana Tech	B 11.92	(1.9)	4/20
3	24	Taylor KYLE	#1	Indiana Tech	B 11.95w	(3.6)	4/14
3	24	Giorgia MAMELI	#3	Marian (Ind.)	B 11.95	(1.9)	4/20
5	27	Alexia BOYD	#4	Campbellsville (	B 11.98w	(3.6)	3/24
5	27	Jozlen BRISBON	#14	Lindsey Wilson (	B 11.98w	(3.9)	4/21
7	36	Libby MILLER	#21	Georgetown (Ky	B 12.10w	(4.0)	4/21
8	44	Makayla MELVIN	#3	Marian (Ind.)	B 12.14	(1.9)	4/20
9	49	Alexia SCHOFIELD	#4	Campbellsville (	B 12.16w	(2.6)	3/31
10	51	Jamila GARBA	#4	Campbellsville (	B 12.17w	(2.4)	4/28

Women's 100 Meter Hurdles

1	5	Kiya POGUE	#1	Indiana Tech	A:B 13.74	(1.1)	4/29
2	9	Erin OLEKSAK	#3	Marian (Ind.)	A:B 13.86w	(2.8)	4/20
3	16	Audrey ALTUM	#9	Taylor (Ind.)	A:B 14.40w	(2.8)	4/20
4	18	Faith JACKSON	#6	Siena Heights (M	A:B 14.42	(1.5)	4/28
5	30	Cassidy VOGT	#16	Rio Grande (Ohio	B 14.69w	(3.6)	4/28
6	31	Natalea HILLEN	#13	Point Park (Pa.)	B 14.73w	(3.6)	4/28
7	33	Ally HAWK	#2	Indiana Wesleya B	B 14.74	(1.8)	4/14
8	35	Rylin BAGARUS	#15	Bethel (Ind.)	B 14.77w	(2.8)	4/20
9	38	Patience SAKEUH	#9	Taylor (Ind.)	B 14.80	(0.0)	4/6
9	38	Keri LECHNER	#20	Carlow (Pa.)	B 14.80w	(3.6)	4/28

Women's 200 Meters

1	7	Jamaya WARTHEN	#1	Indiana Tech	A:B 24.02w	(2.7)	4/14
2	10	Alexia SCHOFIELD	#4	Campbellsville (	A:B 24.23w	(2.3)	4/28
3	18	Jamila GARBA	#4	Campbellsville (	A:B 24.64w	(2.5)	4/28
4	21	Giorgia MAMELI	#3	Marian (Ind.)	B 24.70w	(3.0)	4/13
5	22	Soyinne GRENYION	#1	Indiana Tech	B 24.72	(-0.4)	4/29
6	33	Charity JONES	#12	Madonna (Mich.)	B 25.00	(0.1)	4/14
7	43	Kayla MOODY	#1	Indiana Tech	B 25.16	(0.9)	4/7
8	51	Destiny COPELAND	#5	Huntington (Ind	B 25.29	(0.9)	4/13
9	52	Taylor KYLE	#1	Indiana Tech	B 25.30w	(2.2)	4/14
10	58	Destinee MCGRADY	#5	Huntington (Ind	B 25.35w	(3.2)	4/13

Women's 400 Meters

1	7	Charity JONES	#12	Madonna (Mich.)	A:B 55.72		3/30
2	12	Jayla BROWN	#12	Madonna (Mich.)	A:B 56.21		3/30
3	15	Soyinne GRENYION	#1	Indiana Tech	A:B 56.50		4/20
4	17	Jo'Deci IRBY	#1	Indiana Tech	A:B 56.51		4/29
5	20	Kayla MOODY	#1	Indiana Tech	A:B 56.65		4/29
6	27	Jamila GARBA	#4	Campbellsville (	B 57.15		4/7
7	31	Ronnie MCMILLAN	#7	Aquinas (Mich.)	B 57.26		4/7
8	35	Destinee MCGRADY	#5	Huntington (Ind	B 57.47		4/26
9	42	Kennia DEXTER	#1	Indiana Tech	B 57.96		4/14
10	44	Junae BENNETT	#1	Indiana Tech	B 58.03		4/14

Women's 400 Meter Hurdles

1	16	Ally HAWK	#2	Indiana Wesleya B	B 1:04.09		4/20
2	23	Destiny COPELAND	#5	Huntington (Ind	B 1:04.91		4/20
3	36	Linnearia RICHARDS	#6	Siena Heights (N	B 1:05.43		4/14
4	39	Natalea HILLEN	#13	Point Park (Pa.)	B 1:05.61		4/20
5	40	Mariah MALEY	#17	Saint Francis (In	B 1:05.62		4/28
6	43	Aniya ADAMS		Lawrence Tech (	B 1:05.97		4/28
7	54	Faith KURTZ	#10	Cornerstone (Mi	B 1:06.61		4/28
8	55	Sarah BOLTON	#21	Georgetown (Ky	B 1:06.64		4/28
9	56	Chloe LOVETT	#16	Rio Grande (Ohio	B 1:06.65		4/28
10	61	Makala PFEFFERKORN	#18	IU Kokomo (Ind.	B 1:06.82		4/14

Women's 800 Meters

1	1	Lisa VOYLES	#1	Indiana Tech	A:B 2:08.01		4/29
2	5	Maggie WHITNEY	#7	Aquinas (Mich.)	A:B 2:10.99		4/14
3	7	Kylie SAUDER	#11	Grace (Ind.)	A:B 2:11.81		4/14
4	20	Krista BOESE	#1	Indiana Tech	B 2:15.47		4/29
5	22	Anna HULSTEDT	#11	Grace (Ind.)	B 2:15.60		4/14
6	27	Meredith JOHNSON	#14	Lindsey Wilson (	B 2:16.68		4/28
7	31	Tara FRIESEN	#11	Grace (Ind.)	B 2:16.92		4/21
8	35	Mckenna PALMER	#1	Indiana Tech	B 2:17.49		4/29
9	39	Evie MILLER	#17	Saint Francis (In	B 2:18.11		4/14
10	47	Heather PLASTOW	#11	Grace (Ind.)	B 2:18.96		4/28

Women's 1500 Meters

1	1	Addy WILEY	#5	Huntington (Ind)	A:B 4:12.53		4/26
2	5	Lisa VOYLES	#1	Indiana Tech	A:B 4:27.83		4/6
3	12	Evie MILLER	#17	Saint Francis (In	A:B 4:35.11		4/14
4	17	Kylie SAUDER	#11	Grace (Ind.)	B 4:37.55		4/21
5	20	Hannah ADLER	#7	Aquinas (Mich.)	B 4:40.74		4/21
6	23	Anna HULSTEDT	#11	Grace (Ind.)	B 4:41.77		4/21
7	26	Heather PLASTOW	#11	Grace (Ind.)	B 4:41.84		4/14
8	35	Krista BOESE	#1	Indiana Tech	B 4:42.85		4/20
9	36	Alyssa CAMPBELL	#13	Point Park (Pa.)	B 4:43.29		4/8
10	37	Emma MUTERSPAW	#9	Taylor (Ind.)	B 4:43.35		4/6

Women's Steeplechase

1	2	Evie MILLER	#17	Saint Francis (In	A:B 10:23.02		4/29
2	6	Ahna VANDERWALL	#9	Taylor (Ind.)	A:B 10:52.07		4/26
3	15	Meredith JOHNSON	#14	Lindsey Wilson (	A:B 11:17.77		4/14
4	16	Lynae ACKLEY	#9	Taylor (Ind.)	B 11:18.83		4/20
5	22	Elizabeth LUCASON	#8	Cumberlands (K	B 11:25.93		4/21
6	23	Carmen CAMINO		WVU Tech	B 11:26.59		4/28
7	28	Hannah ASSENMACHER		Lawrence Tech (	B 11:33.62		4/21
8	33	Heather ELLER		Rochester (Mich	B 11:38.01		4/20
9	37	Mia WELLINGTON	#19	Goshen (Ind.)	B 11:44.32		4/20
10	40	Katie ACKER	#11	Grace (Ind.)	B 11:50.90		4/20



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Great Lakes

Women's 5000 Meters

1	9	Breanna ALDERTON	#22	Brescia (Ky.)	A:B 17:07.01	4/7
2	10	Addi DEWEY	#2	Indiana Wesleyan	A:B 17:08.94	4/14
3	13	Hannah ADLER	#7	Aquinas (Mich.)	A:B 17:20.97	4/14
4	15	Elizabeth BARRETT	#2	Indiana Wesleyan	A:B 17:23.16	4/6
5	29	Lisa VOYLES	#1	Indiana Tech	B 17:39.94	4/20
6	31	Alyssa CAMPBELL	#13	Point Park (Pa.)	17:42.02	3/24
7	33	Alex EBETINO	#17	Saint Francis (In	17:44.24	4/14
8	38	Summer COOPER	#19	Goshen (Ind.)	17:49.63	4/7
9	41	Ali RAY	#3	Marian (Ind.)	17:54.26	3/30
10	42	Abbey GENTZ	#5	Huntington (Ind	17:57.12	4/20

Women's 10,000 Meters

1	6	Mollie GAMBLE	#9	Taylor (Ind.)	A:B 36:08.29	4/26
2	9	Abbey GENTZ	#5	Huntington (Ind	A:B 36:55.88	4/14
3	11	Josi BROWN	#25	Shawnee State	(A:B 37:04.18	4/7
4	20	Ali RAY	#3	Marian (Ind.)	B 37:34.50	3/25
5	21	Mallory HIATT	#11	Grace (Ind.)	B 37:35.24	4/14
6	25	Cammie MCCONNELL	#10	Cornerstone (Mi	B 37:46.38	4/28
7	27	Breanna ALDERTON	#22	Brescia (Ky.)	B 37:55.29	4/28
8	29	Megan COOPER	#15	Bethel (Ind.)	B 38:05.10	4/20
9	31	Haley NIEUWKOOP	#10	Cornerstone (Mi	38:18.42	4/28
10	40	Emma STEFF	#4	Campbellsville (	39:05.49	4/7

Women's 5000m Race Walk

1	12	Jenna GROGAN	#8	Cumberlands (K	29:02.40	4/7
2	13	Korissa VANOVER	#1	Indiana Tech	29:38.40	4/20
3	16	Tara TODD	#8	Cumberlands (K	29:40.25	4/7
4	18	Maddie DOTLICH	#18	IU Kokomo (Ind.	30:03.11	4/20
5	21	Sophia LEE-HAUSER	#13	Point Park (Pa.)	30:30.55	4/28
6	25	Eliza HAGENS	#14	Lindsey Wilson (	31:51.01	4/7
7	28	Isabelle BLATZ	#8	Cumberlands (K	33:09.38	4/7
8	32	Cady SCHOECK	#14	Lindsey Wilson (	34:34.94	4/7
9	33	Natalie BRAMMER	#16	Rio Grande (Ohi	34:55.42	4/7
10	36	Arianna SANKER	#13	Point Park (Pa.)	39:52.27	4/28

Women's 4x100 Relay

1	1	Kiya POGUE, Soyinne GRENYION, Taylor KYLE, Jamaya WARTHEN	#1	Indiana Tech	A:B 45.82	4/29
2	9	Kourtlyn CANNON, Jamila GARBA, Alexia SCHOFIELD, Alexia BOYD	#4	Campbellsville (A:	B 46.72	4/7
3	13	Anaiya JONES, Charity JONES, Nia WOOD, Jayla BROWN	#12	Madonna (Mich.)	A:B 47.19	3/29
4	16	Hanna REUTER, Jai- Lyn NORWOOD, Makayla MELVIN, Giorgia MAMELI	#3	Marian (Ind.)	A:B 47.32	4/13
5	23	Patience SAKEUH, Audrey ALTUM, Kiana SIEFERT, D'Arjha DAVIS	#9	Taylor (Ind.)	A:B 47.76	4/20
6	32	Faith JACKSON, Erica ALBRECHT, Linnearia RICHARDS, Jenna-Ann JOHNSON	#6	Siena Heights (N	48.19	4/14
7	34	Jordan NELSON, Jozlen BRISBON, Kyra ENGEL, Luna SENICA	#14	Lindsey Wilson (	48.24	4/28
8	41	Natalie GONZALEZ, Brianna HOOTON, Kilynn GUILER, Riley HERSHBERGER	#15	Bethel (Ind.)	48.64	4/14
9	52	https://www.tfrrs.or g/teams/11269	#13	Point Park (Pa.)	49.23	4/5
10	55	Theresa JUDD, Shanna HAN, Leah DECKER, Ronnie MCMILLAN	#7	Aquinas (Mich.)	49.43	4/28



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Women's 4x400 Relay

1	2	Jo'Deci IRBY, Jamaya WARTHEN, Kayla MOODY, Soyinne GRENYION	#1 Indiana Tech	A:B 3:47.89	4/29
2	11	Jayla BROWN, Charity JONES, Jessica PHILLIPS, Nia WOOD	#12 Madonna (Mich.)	A:B 3:53.12	3/29
3	14	Giorgia MAMELI, Makayla MELVIN, Erin OLEKSAK, Taylor THOMAS	#3 Marian (Ind.)	A:B 3:53.93	4/20
4	19	Jakarri ALVEN, Ronnie MCMILLAN, Maggie WHITNEY, Janiyah HOPKINS	#7 Aquinas (Mich.)	B 3:56.69	4/21
5	20	Victoria YOUNG, Jamila GARBA, Alexia SCHOFIELD, KaNiya DOUGLAS	#4 Campbellsville (	B 3:56.84	4/7
6	21	RaMyah SHEFFIELD, MaQuoia RAGLAN, Kathryn COUCH, Ashley TERRY	#8 Cumberland (K	3:57.61	4/7
7	27	Ally HAWK, Kyras MAAS, Kailyn ELY, Chloe TAYLOR	#2 Indiana Wesleya	3:59.78	4/20
8	31	Sarah GENZINK, Chelsee MARTINO, Madi HAID, Ketelynn DIX	#10 Cornerstone (Mi	4:02.02	4/21
9	33	Alyssa DINGUS, Chloe LOVETT, Kendra GROOMS, Jayden ROACH	#16 Rio Grande (Ohi	4:03.06	4/28
10	47	Jordan YANIGA, RaKeya ELLSBERRY, Makayla RICE, Natalea HILLEN	#13 Point Park (Pa.)	4:06.52	4/28

Women's 4x800 Relay

1	7	Haven EVANS, Krista BOESE, Lily GREIWE, Lisa VOYLES	#1 Indiana Tech	A:B 9:23.76	4/20
2	8	Elizabeth LUCASON, Ella HENAGE, Ashlyn LIDDLE, Ashley TERRY	#8 Cumberland (K B	9:24.56	4/14
3	12	Mariah MALEY, Alex EBETINO, Kelsey PECK, Evie MILLER	#17 Saint Francis (In	9:30.25	4/20
4	13	Hannah ADLER, Kaitlyn THOMAS, Maggie WHITNEY, Molly HARDING	#7 Aquinas (Mich.)	9:32.79	4/14
5	15	Annika ALDERFER FISHER, Mercy CHEBET, Summer COOPER, Mia WELLINGTON	#19 Goshen (Ind.)	9:35.96	4/20
6	17	Olivia JEANETTE, Emily JOHNSON, Emma MUTERSPAW, Kaitlin BURDEN	#9 Taylor (Ind.)	9:37.87	4/20
7	22	Katie WOODS, Liz LOICHINGER, Nora STEELE, Taylor THOMAS	#3 Marian (Ind.)	9:45.73	4/20
8	25	Alyssa CAMPBELL, Kiyara SAWYERS, Allison PLASSIO, Carlijn DE BIE	#13 Point Park (Pa.)	9:52.23	4/28
9	26	Izzie LASHAWAY, Elizabeth DANCEY, Whitney RICKS, Jessica PHILLIPS	#12 Madonna (Mich.)	9:54.95	4/28
10	27	Jocelyn DORNBIRER, Ellyn COE, Kaitlin MEADE, Morgan FORNEY	Mount Vernon N	9:57.36	4/15

Women's High Jump

1	1	Erica XAYARATH	#5 Huntington (Ind)	A:B 1.74m	5-8½	3/24
2	4	Erin OLEKSAK	#3 Marian (Ind.)	A:B 1.68m	5-6	3/30
2	4	Abi HUME	#2 Indiana Wesleya	A:B 1.68m	5-6	4/6
4	10	Kaylee DIAMOND	#7 Aquinas (Mich.)	B 1.65m	5-5	3/31
4	10	Madison AXSOM	#19 Goshen (Ind.)	B 1.65m	5-5	4/14
4	10	Jalynn LANDVERSICHT	#21 Georgetown (Ky	B 1.65m	5-5	4/8
4	10	Gina BUTZ	#3 Marian (Ind.)	B 1.65m	5-5	4/13
4	10	Emma VALENTINE	#6 Siena Heights (N	B 1.65m	5-5	4/14
9	23	Daijah HILL	#6 Siena Heights (N	1.64m	5-4½	3/31
10	28	Morgan LUTTON	#6 Siena Heights (N	1.62m	5-3¾	4/14
10	28	Kaitlin ESSIG	#10 Cornerstone (Mi	1.62m	5-3¾	4/14



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Women's Pole Vault

1	1	Tyler FUGATE	#6	Siena Heights (M)	A:B 3.95m	12-11½	4/14
2	2	Margherita CONRAD	#6	Siena Heights (M)	A:B 3.90m	12-9½	4/14
2	2	Erica ALBRECHT	#6	Siena Heights (M)	A:B 3.90m	12-9½	4/20
4	4	Ashley VERPLANK	#10	Cornerstone (Mi)	A:B 3.87m	12-8¾	4/21
5	6	Nevaeh BROWN	#23	Midway (Ky.)	A:B 3.82m	12-6¾	4/28
6	9	Chasity MIES	#6	Siena Heights (M)	A:B 3.70m	12-1½	4/14
7	11	Tatum TOWNSEND	#10	Cornerstone (Mi)	A:B 3.65m	11-11¾	3/24
7	11	Samantha NOWELL	#6	Siena Heights (M)	A:B 3.65m	11-11¾	3/31
9	15	Makayla BROOKS	#23	Midway (Ky.)	B 3.62m	11-10½	4/28
10	16	Shaily BAYNES	#7	Aquinas (Mich.)	B 3.55m	11-7¾	4/14

Women's Long Jump

1	3	Destiny COPELAND	#5	Huntington (Ind)	A:B 6.04mw	19-9¾ (4.0)	4/20
2	5	Alexia BOYD	#4	Campbellsville (A)	B 5.93m	19-5½ (1.0)	4/14
3	6	Carlie TURNER	#1	Indiana Tech	A:B 5.90m	19-4¼ (1.8)	4/20
4	8	Makala PFEFFERKORN	#18	IU Kokomo (Ind)	A:B 5.85m	19-2½ (1.5)	4/22
5	9	Morgan VARGO	#10	Cornerstone (Mi)	A:B 5.84m	19-2 (0.8)	4/14
6	19	Erin OLESAK	#3	Marian (Ind.)	B 5.73m	18-9¾ (0.4)	3/30
7	21	Luna SENICA	#14	Lindsey Wilson (B)	5.72m	18-9¼ (0.0)	4/7
8	22	Erica XAYARATH	#5	Huntington (Ind)	B 5.71mw	18-8¾ (2.2)	4/20
9	23	Nikki RAVELLI	#14	Lindsey Wilson (B)	5.70mw	18-8½ (2.5)	4/1
10	24	Alexia SCHOFIELD	#4	Campbellsville (B)	5.69m	18-8 (1.3)	4/21

Women's Triple Jump

1	2	Jai-Lyn NORWOOD	#3	Marian (Ind.)	A:B 12.53mw	41-1½ (4.0)	3/30
2	3	Alexia SCHOFIELD	#4	Campbellsville (A)	B 12.32m	40-5 (1.0)	4/28
3	5	Destiny COPELAND	#5	Huntington (Ind)	A:B 12.11m	39-8¾ (2.0)	4/26
4	18	Naomi WALTERS	#3	Marian (Ind.)	B 11.63mw	38-2 (3.8)	3/30
5	19	Olivia MILLER	#20	Carlow (Pa.)	B 11.60m	38-¾ (-1.3)	4/5
6	23	Makala PFEFFERKORN	#18	IU Kokomo (Ind)	B 11.55m	37-10¾ (0.3)	3/24
7	27	Blessing LAUDERMILCH	#2	Indiana Wesleya	11.44m	37-6½ (-1.1)	4/14
8	28	Erica XAYARATH	#5	Huntington (Ind)	11.43m	37-6 (0.6)	4/13
9	33	Alexia BOYD	#4	Campbellsville (B)	11.26m	36-11½ (1.1)	3/31
10	41	Kaylee DIAMOND	#7	Aquinas (Mich.)	11.12m	36-5¾ (0.0)	4/14

Women's Shot Put

1	6	Arriana BENJAMIN	#3	Marian (Ind.)	A:B 14.04m	46-¾	4/20
2	8	Princess KARA	#2	Indiana Wesleya	A:B 13.94m	45-9	4/6
3	17	Lena KORTE	#24	Concordia (Mich)	B 13.50m	44-3½	4/28
4	18	Alecia PARKER	#15	Bethel (Ind.)	B 13.46m	44-2	4/14
5	33	Markalah BARNES	#15	Bethel (Ind.)	12.80m	42-0	4/14
5	33	Jenna BREUKER	#10	Cornerstone (Mi)	12.80m	42-0	4/28
7	35	Merideth DEVRIES	#2	Indiana Wesleya	12.77m	41-10¾	4/20
8	37	Rebecca BELTRAN	#7	Aquinas (Mich.)	12.69m	41-7¾	4/28
9	53	Summer TRAVIS	#8	Cumberlands (K)	12.35m	40-6¼	3/24
10	60	Kaydence RICHARDSON	#7	Aquinas (Mich.)	12.24m	40-2	4/28

Women's Discus

1	1	Princess KARA	#2	Indiana Wesleya	A:B 52.04m	170-9	4/20
2	2	Merideth DEVRIES	#2	Indiana Wesleya	A:B 48.59m	159-5	4/20
3	4	Taylor WATERWAY	#2	Indiana Wesleya	A:B 47.24m	155-0	4/20
4	7	Arriana BENJAMIN	#3	Marian (Ind.)	A:B 46.23m	151-8	4/20
5	10	Lanae CROWE	#11	Grace (Ind.)	A:B 45.51m	149-4	4/20
6	13	Chloe MILLER	#2	Indiana Wesleya	A:B 44.81m	147-0	4/20
7	17	Tessa MOZZI	#2	Indiana Wesleya	B 43.50m	142-9	4/20
8	20	Bri NICHOLS	#2	Indiana Wesleya	B 42.87m	140-8	4/6
9	30	Maggie BUERGER	#8	Cumberlands (K)	41.98m	137-9	3/24
10	31	Julia HIRT	#24	Concordia (Mich)	41.95m	137-8	3/31

Women's Hammer

1	9	Arriana BENJAMIN	#3	Marian (Ind.)	A:B 51.82m	170-0	4/20
2	11	Emilee KESSLER	#12	Madonna (Mich.)	A:B 51.75m	169-10	4/8
3	15	Chloe MILLER	#2	Indiana Wesleya	A:B 51.06m	167-6	4/6
4	20	Aanyah WRIGHT	#5	Huntington (Ind)	B 49.98m	164-0	4/20
5	22	Jenna BREUKER	#10	Cornerstone (Mi)	B 49.72m	163-2	4/28
6	32	Erin GOTH	#6	Siena Heights (M)	48.07m	157-9	4/14
7	40	Madison KAUFFMAN	#15	Bethel (Ind.)	46.40m	152-3	3/29
8	47	Verlecia SCARLETT		Pikeville (Ky.)	45.82m	150-4	3/24
9	49	Bri NICHOLS	#2	Indiana Wesleya	45.42m	149-0	4/6
10	53	Rachel BERWANGER		Thomas More (K)	45.05m	147-10	4/28

Women's Javelin

1	15	Emma BYRUM	#18	IU Kokomo (Ind)	B 39.94m	131-1	4/7
2	22	Precious WILKINS	#2	Indiana Wesleya	38.91m	127-8	4/14
3	26	Nikki RAVELLI	#14	Lindsey Wilson (B)	38.68m	126-11	4/7
4	28	Hannah BOERSEMA	#17	Saint Francis (In)	38.47m	126-3	4/14
5	44	Emily JONES	#7	Aquinas (Mich.)	36.82m	120-10	4/21
6	47	Lena KORTE	#24	Concordia (Mich)	36.57m	120-0	4/8
7	53	Narpreet SINGH	#6	Siena Heights (M)	36.02m	118-2	4/14
8	58	Lauren JOLLY	#16	Rio Grande (Ohio)	35.54m	116-7	4/28
9	63	Maya LATERZA	#13	Point Park (Pa.)	34.78m	114-1	3/24
10	65	Amber AVERY	#8	Cumberlands (K)	34.75m	114-0	4/28

Women's Heptathlon

1	7	Destiny COPELAND	#5	Huntington (Ind)	B 4,573		4/13
2	36	Lauren JOLLY	#16	Rio Grande (Ohio)	3,580		4/7
3	40	Cassidy VOGT	#16	Rio Grande (Ohio)	3,467		4/7
4	65	Vanessa TEMPLE		IU East (Ind.)	2,911		4/13
5	76	Mine ISCEN	#14	Lindsey Wilson (B)	2,411		4/7
6	78	Marlena SIPES	#4	Campbellsville (B)	2,022		4/7
7	79	Amber AVERY	#8	Cumberlands (K)	1,940		4/7
8	80	Ariana SIMMONS	#4	Campbellsville (B)	1,762		4/7



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Midwest

Women's 100 Meters

1	8	Alyssa BUSKER	#24	Trinity ChristianA:B	11.73w	(3.2)	4/15
2	36	Elianna CLARK	#8	Mount Marty (S.I)	12.10	(1.8)	3/30
3	51	Eden CLIFTON	#13	Graceland (Iowa	12.17w	(2.5)	4/14
4	59	Kimberly BRENT	#2	Olivet Nazarene	12.25	(1.8)	4/28
5	68	Mara BRUNO	#7	St. Francis (Ill.)	12.30w	(3.7)	3/31
6	85	Kiara CARTER	#2	Olivet Nazarene	12.38w	(2.9)	4/22
7	89	Breanna IHDE	#10	Viterbo (Wis.)	12.40w	(3.7)	4/7
8	94	Isabel BOTHWELL	#6	Doane (Neb.)	12.44w	(2.1)	4/28
8	94	Calli DAVIS	#8	Mount Marty (S.I	12.44	(0.8)	4/26
10		Jaida ROWE	#4	Hastings (Neb.)	12.51	(1.7)	4/28

Women's 100 Meter Hurdles

1	7	Hannah ANTKOVIK	#2	Olivet NazareneA:B	13.85	(1.1)	4/13
2	11	Adrianna RODENCAL	#1	Concordia (Neb.A:B	14.15	(1.1)	4/7
3	15	Kaitlyn MCCOLLY	#5	Dickinson State A:B	14.36w	(2.1)	4/22
4	23	Jaida ROWE	#4	Hastings (Neb.) B	14.54	(0.6)	4/21
5	26	Nisa THOMAS	#4	Hastings (Neb.) B	14.56w	(3.6)	4/7
6	29	Taylor SARGENT	#25	Valley City State B	14.68	(0.0)	4/26
7	36	Wrenzi WRZESINSKI	#5	Dickinson State	14.79c	(14.75A) (0	4/7
8	41	Josie GARRETT	#6	Doane (Neb.)	14.84w	(2.3)	4/1
9	43	Ashinee GEORGE	#8	Mount Marty (S.I	14.87w	(3.1)	4/26
10	52	Rhys MAXEY	#4	Hastings (Neb.)	15.08	(0.6)	4/21

Women's 200 Meters

1	9	Alyssa BUSKER	#24	Trinity ChristianA:B	24.17w	(2.6)	4/15
2	36	Kimberly BRENT	#2	Olivet Nazarene	25.08w	(3.2)	4/13
2	36	Kiara CARTER	#2	Olivet Nazarene	25.08w	(3.7)	4/22
4	49	Hannah ANTKOVIK	#2	Olivet Nazarene	25.27	(-0.8)	4/28
5	56	Kamrie DILLAN	#18	York (Neb.)	25.34w	(2.2)	4/21
5	56	Annika PINGEL	#6	Doane (Neb.)	25.34w	(3.5)	4/28
7	60	Elianna CLARK	#8	Mount Marty (S.I	25.37	(1.9)	3/30
8	62	Mara BRUNO	#7	St. Francis (Ill.)	25.40	(0.1)	4/14
9	64	Calli DAVIS	#8	Mount Marty (S.I	25.41w	(3.3)	4/14
10	67	Breanna IHDE	#10	Viterbo (Wis.)	25.43	(1.1)	4/27
10	67	Allena ROWLAND	#15	Clarke (Iowa)	25.43	(1.1)	4/27

Women's 400 Meters

1	5	Hannah ANTKOVIK	#2	Olivet NazareneA:B	55.51		4/22
2	10	Calli DAVIS	#8	Mount Marty (S.A:B	56.05		4/21
3	19	Gabbi BUTLER	#11	St. Ambrose (IovA:B	56.58		4/26
4	23	Jenna ESCH	#1	Concordia (Neb.A:B	56.74		4/21
5	24	Kiara CARTER	#2	Olivet NazareneA:B	56.84		4/13
6	26	Allena ROWLAND	#15	Clarke (Iowa) B	56.96		4/28
7	31	Mara BRUNO	#7	St. Francis (Ill.) B	57.26		4/27
8	36	Kennedy KRAMER	#14	Northwestern (I	57.48		4/1
9	48	Trinity TULS	#1	Concordia (Neb.	58.17		4/21
10	52	Rachel BATTERSHELL	#1	Concordia (Neb.	58.31		4/21

Women's 400 Meter Hurdles

1	1	Hannah ANTKOVIK	#2	Olivet NazareneA:B	56.97		4/26
2	7	Wrenzi WRZESINSKI	#5	Dickinson State A:B	1:02.25c	(1:02.14A)	4/7
3	9	Jordan KOEPKE	#1	Concordia (Neb.A:B	1:02.71		4/1
4	11	Jaida ROWE	#4	Hastings (Neb.) B	1:03.32		4/21
5	13	Kaitlyn MCCOLLY	#5	Dickinson State B	1:03.40c	(1:03.29A)	4/7
6	19	Allena ROWLAND	#15	Clarke (Iowa) B	1:04.34		4/28
7	26	Anni STIER	#19	Jamestown (N.C	1:05.03		4/22
8	29	Katie LAMBRECHT	#11	St. Ambrose (Iov	1:05.23		4/27
9	31	Abigail CLARKE	#14	Northwestern (I	1:05.34		4/14
10	59	Anmarie STUIT	#3	Dordt (Iowa)	1:06.72		4/14

Women's 800 Meters

1	10	Emilee HEYNEN	#3	Dordt (Iowa) A:B	2:13.94		4/24
2	13	Mika KOOISTRA	#3	Dordt (Iowa) B	2:14.52		4/24
3	21	Annika PINGEL	#6	Doane (Neb.) B	2:15.59		4/21
4	25	Veronica PINKERTON	#4	Hastings (Neb.)	2:16.09		4/21
5	33	Anmarie STUIT	#3	Dordt (Iowa)	2:17.09		4/24
6	40	Shelby BUWALDA	#3	Dordt (Iowa)	2:18.18		4/14
7	54	Chantaya GRIFFIN	#22	College of Saint	2:19.35		4/7
8	67	Rylee HAECKER	#1	Concordia (Neb.	2:20.06		4/7
9	83	Courtney SPORRER	#17	Morningside (Iov	2:21.32		4/14
10	87	Jenna ESCH	#1	Concordia (Neb.	2:21.45		4/1

Women's 1500 Meters

1	16	Ana PINEDA	#7	St. Francis (Ill.) B	4:37.09		4/1
2	21	Allison RAMSEY	#7	St. Francis (Ill.)	4:41.09		4/1
3	27	Rylee HAECKER	#1	Concordia (Neb.	4:41.98		4/7
4	53	Keegan BEISEL	#1	Concordia (Neb.	4:46.10		4/21
5	84	Veronica PINKERTON	#4	Hastings (Neb.)	4:50.80		4/1
6	88	Kylahn FREIBERG	#1	Concordia (Neb.	4:51.36		4/1
7	95	Jessica KAMPAN	#3	Dordt (Iowa)	4:51.89		4/21
8		Courtney SPORRER	#17	Morningside (Iov	4:53.58		4/7
9		Molly MULDER	#3	Dordt (Iowa)	4:54.60		4/24
10		Taylor SPORRER	#17	Morningside (Iov	4:54.71		4/26

Women's Steeplechase

1	11	Morgan LAWSON	#9	Grand View (IovA:B	11:13.33		4/14
2	17	Elyse KUPERUS	#3	Dordt (Iowa) B	11:19.24		4/24
3	19	Taylor ANEMA	#3	Dordt (Iowa) B	11:22.76		4/7
4	24	Keagan PERKINS	#13	Graceland (Iowa B	11:29.37		4/23
5	34	Maria GEESAMAN	#18	York (Neb.)	11:40.11		4/21
6	38	Grace TIMM	#5	Dickinson State	11:49.22		4/29
7	47	Kaia RICHMOND	#1	Concordia (Neb.	12:06.47		4/21
8	49	Anya HIRSCH	#10	Viterbo (Wis.)	12:09.85		4/21
9	58	Jaycie FRANCO	#15	Clarke (Iowa)	12:19.21		4/21
10	78	Emma HALEY	#14	Northwestern (I	12:35.70		4/1



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Women's 5000 Meters

1	19	Jessica KAMPMAN	#3	Dordt (Iowa)	A:B 17:29.17	4/26
2	26	Allison RAMSEY	#7	St. Francis (Ill.)	B 17:35.68	4/27
3	28	Ana PINEDA	#7	St. Francis (Ill.)	B 17:39.89	4/7
4	30	Morgan LAWSON	#9	Grand View (Iowa)	17:40.13	4/27
5	34	Bailey WILK	#7	St. Francis (Ill.)	17:44.47	4/27
6	36	Olivia BUKOWSKI	#7	St. Francis (Ill.)	17:44.87	4/27
7	40	Alexia BIBAKIS	#7	St. Francis (Ill.)	17:54.07	4/7
8	46	Kristine HONOMICHL	#3	Dordt (Iowa)	18:04.41	4/27
9	47	Kylahn FREIBERG	#1	Concordia (Neb.)	18:04.47	4/21
10	67	Eleanor FOURNIER	#2	Olivet Nazarene	18:22.00	4/22

Women's 10,000 Meters

1	5	Katherine BAKKEN	#7	St. Francis (Ill.)	A:B 36:02.42	4/1
2	7	Bailey WILK	#7	St. Francis (Ill.)	A:B 36:17.76	4/1
3	16	Jacey SCHICKEL	#2	Olivet Nazarene	A:B 37:19.61	4/1
4	23	Jessica KAMPMAN	#3	Dordt (Iowa)	B 37:42.53	4/7
5	34	Madison NELSON		Bellevue (Neb.)	38:47.15	4/26
6	43	Kristine HONOMICHL	#3	Dordt (Iowa)	39:16.57	4/7
7	47	Brenna MCDONOUGH	#10	Viterbo (Wis.)	39:27.79	4/21
8	48	Rory BICKLER	#15	Clarke (Iowa)	39:28.03	4/1
9	52	Lucy BORKOWSKI	#3	Dordt (Iowa)	39:37.89	4/7
10	56	Allie BINDER	#6	Doane (Neb.)	39:55.63	4/13

Women's 5000m Race Walk

1	7	Paige THOMPSON	#9	Grand View (Iowa)	A:B 27:43.30	4/22
2	9	Faith YOUNCE	#21	Iowa Wesleyan	B 28:24.55	4/22
3	10	Lauren DAWSON	#1	Concordia (Neb.)	B 28:34.84	4/14
4	11	Allison MORRIS	#21	Iowa Wesleyan	B 28:47.36	4/28
5	14	Abby HILL	#12	Mount Mercy (Iowa)	29:39.68	4/22
6	19	Tristyn DIPENTINO	#4	Hastings (Neb.)	30:06.05	4/1
7	20	Beth RODRIGUEZ		Judson (Ill.)	30:24.79	4/28
8	23	Alanna RODRIGUEZ	#20	Saint Xavier (Ill.)	30:52.78	4/22
9	24	Baylee EVARTS	#4	Hastings (Neb.)	31:35.30	4/1
10	26	Mickenzie FISHER	#13	Graceland (Iowa)	32:58.07	4/28

Women's 4x100 Relay

1	12	Kiara CARTER, Kimberly BRENT, Hannah ANTKOVIK, Olivia STURRUP	#2	Olivet Nazarene	A:B 47.13	4/13
2	19	Isabelle HARDMEYER, Zelig SORENSEN, Alexis EVEN, Elianna CLARK	#8	Mount Marty (S.D.)	A:B 47.49	4/26
3	24	Claudia SCHUNK, Lana YEAKEL, Ashley VERONEN, Breanna IHDE	#10	Viterbo (Wis.)	A:B 47.77	4/27
4	26	Rachel BATTERSHELL, Kayla KIRCHNER, Kellie RHODES, Adrianna RODENCAL	#1	Concordia (Neb.)	B 47.92	4/21
5	31	Isabel BOTHWELL, Morgan MAHONEY, Annika PINGEL, Caitlyn COTTON	#6	Doane (Neb.)	48.15	4/21
6	33	Kya EDWARDS, Jaida ROWE, Rhys MAXEY, Nisa THOMAS	#4	Hastings (Neb.)	48.20	4/7
7	37	Wrenzi WRZESINSKI, Kylee BARNETT, Kaitlyn MCCOLLY, Jocelyn OTT	#5	Dickinson State	48.36	4/16
8	46	Lexie JOHNSON, Paige CRIPPES, Katie LAMBRECHT, Gabbi BUTLER	#11	St. Ambrose (Iowa)	48.87	4/27
9	54	Alexandra ROSE, Tabitha ROGERS, Allison READ, Raven WILLIAMS		William Penn (Iowa)	49.42	4/26
10	56	Erica NIKKEL, Lydia HERMAN, Isabel DE LAY, Ayda DEN HERDER	#3	Dordt (Iowa)	49.46	4/26



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Women's 4x400 Relay

1	7	Jenna ESCH, Kayla KIRCHNER, Josi NOBLE, Rachel BATTERSHELL	#1 Concordia (Neb.)	A:B 3:50.29	4/26
2	8	Kiara CARTER, Carsyn BURDINE, Tera MILLER, Hannah ANTKOVIK	#2 Olivet Nazarene	A:B 3:50.38	4/26
3	9	Anmarie STUIT, Shelby BUWALDA, Mika KOOISTRA, Emilee HEYNEN	#3 Dordt (Iowa)	A:B 3:50.94	4/26
4	16	Calli DAVIS, Elianna CLARK, Alexis EVEN, Abrielle NELSON	#8 Mount Marty (S.)	B 3:55.59	4/26
5	24	Savonne STERK, Abigail CLARKE, Emma BLUM, Kennedy KRAMER	#14 Northwestern (I.)	3:58.47	4/26
6	36	Annika PINGEL, Kat VOGT, Kristen WALTERS, Morgan BURNETT	#6 Doane (Neb.)	4:04.25	4/1
7	41	Wrenzi WRZESINSKI, Kaitlyn MCCOLLY, Jewel OLSON, Kyley BARNETT	#5 Dickinson State	4:04.85c (4:04.41A)	3/31
8	45	Raylee WALLIS, Shaylee DEBEER, Caitlin DYER, Fane SAUVAKACOLO	#16 Dakota State (S.)	4:05.35	4/26
9	56	Courtney SPORRER, Michelle SANCHEZ, Monica OLSON, Emily CHICOINE	#17 Morningside (Iowa)	4:09.37	4/26
10	57	Catherine CLARKE-ASHFORD, Charlize SALGADO, Daniela BENAVIDES, Eliza MCKOWN	Waldorf (Iowa)	4:09.40	4/27

Women's 4x800 Relay

1	1	Shelby BUWALDA, Anmarie STUIT, Mika KOOISTRA, Emilee HEYNEN	#3 Dordt (Iowa)	A:B 9:08.88	4/26
2	5	Jenna ESCH, Kylahn FREIBERG, Rhaya KASCHINSKE, Rylee HAECKER	#1 Concordia (Neb.)	A:B 9:20.98	4/26
3	29	Caitlin DYER, Lindsey ROTH, Saddle PALMQUIST, Madelyn SYLVA	#16 Dakota State (S.)	10:02.92	4/26
4	30	Delilah DELGADO, Ailyn GALLARDO, Nayely MARTINEZ, Victoria DOLBNIK	#20 Saint Xavier (Ill.)	10:03.64	3/31
5	34	Tianna BUMBACA-KUEHL, Abrielle NELSON, Emily JOHNSON, Josey WAHLSTROM	#8 Mount Marty (S.)	10:10.27	3/30
6	48	Autumn SIMONS, Corinne MEAD, Madeline KRAUSE, Kiley CRAFT	#22 College of Saint	10:27.72	4/21
7	50	Jilee GOLUS, Cynthia CHAPARRO BELLOC, Landry HINKSON, Mikayla SEEBOHM	#4 Hastings (Neb.)	10:30.72	4/21
8	53	Sydney WOODS, Abby RINDERKNECHT, Ruth JENNINGS, Yaqueline HERNANDEZ	#12 Mount Mercy (Iowa)	10:39.55	3/17
9	60	Rachel WALTERS, Reagan SHOEMAKER, Kat VOGT, Morgan BURNETT	#6 Doane (Neb.)	10:59.17	4/21
10	69	Lilly GARNSEY, Zoi SMITH, Faith YOUNCE, Emily GEHRING	#21 Iowa Wesleyan	11:54.24	3/25

Women's High Jump

1	7	Sidney GILLILAND	#13 Graceland (Iowa)	B 1.66m	5-5¼	4/23
1	7	Hannah NEWTON	#1 Concordia (Neb.)	B 1.66m	5-5¼	4/28
3	10	Jacie VANDER WAAL	#14 Northwestern (I.)	B 1.65m	5-5	4/21
3	10	Adarra HAGLUND	#5 Dickinson State	B 1.65m	5-5	4/7
3	10	Zailee POULSON	#4 Hastings (Neb.)	B 1.65m	5-5	4/21
3	10	Josie GARRETT	#6 Doane (Neb.)	B 1.65m	5-5	4/21
7	33	Kaitlyn MCCOLLY	#5 Dickinson State	1.60m	5-3	4/22
7	33	Emily WINGERT	#3 Dordt (Iowa)	1.60m	5-3	4/14
9	44	Amanda STEINKE	#1 Concordia (Neb.)	1.58m	5-2¼	4/21
9	44	Ashlynn PERKINS	#13 Graceland (Iowa)	1.58m	5-2¼	4/8
9	44	Amy RICHERT	#1 Concordia (Neb.)	1.58m	5-2¼	4/21



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Women's Pole Vault

1	5	Josie PUELZ	#1	Concordia (Neb.) A:B 3.85m	12-7½	4/21
2	6	Madison WAHL	#5	Dickinson State A:B 3.82m	12-6¼	4/16
3	11	Erin MAPSON	#1	Concordia (Neb.) A:B 3.65m	11-11¾	4/14
4	16	Emma JOHNSON	#10	Viterbo (Wis.) B 3.55m	11-7¾	4/27
4	16	Kayla SVOBODA	#1	Concordia (Neb.) B 3.55m	11-7¾	4/14
4	16	Kennedy STANLEY	#6	Doane (Neb.) B 3.55m	11-7¾	4/14
4	16	Bailey NUUTINEN	#10	Viterbo (Wis.) B 3.55m	11-7¾	4/7
8	23	Erin BOGGS	#1	Concordia (Neb.) 3.48m	11-5	4/28
9	26	Olivia EARL	#2	Olivet Nazarene 3.45m	11-3¾	4/13
10	29	Emma GRANT	#15	Clarke (Iowa) 3.43m	11-3	4/21
10	29	Grace SQUIRES	#15	Clarke (Iowa) 3.43m	11-3	4/21

Women's Long Jump

1	29	Abigail BATU-TIAKO		William Penn (Io B 5.65m	18-6½ (0.6	4/28
2	40	Hayley MILES	#1	Concordia (Neb.) 5.51m	18-1 (0.0)	4/14
3	45	Lexie JOHNSON	#11	St. Ambrose (Iov 5.48m	17-11¾ (0.	4/1
4	51	Lana YEAKEL	#10	Viterbo (Wis.) 5.46mw	17-11 (3.9)	4/1
5	58	Mara BRUNO	#7	St. Francis (Ill.) 5.41m	17-9 (0.0)	3/31
5	58	Jocelyn OTT	#5	Dickinson State 5.41m	17-9 (-1.4)	4/16
7	61	Brooklyn JOHNSON	#12	Mount Mercy (Io 5.40m	17-8¾ (0.0	3/17
8	62	Bailey BECKMAN	#3	Dordt (Iowa) 5.39mw	17-8¼ (3.1	4/26
9	73	Ayda DEN HERDER	#3	Dordt (Iowa) 5.31m	17-5¼ (-0.	4/24
10	80	Hailey PERRINE	#2	Olivet Nazarene 5.29m	17-4¼ (2.0	4/13

Women's Triple Jump

1	30	Rosalyn ROGGASCH	#6	Doane (Neb.) 11.31m	37-1¼ (0.7	4/21
2	31	Josie GARRETT	#6	Doane (Neb.) 11.30m	37-1 (0.9)	4/21
3	32	Jolene MANTOAN	#2	Olivet Nazarene 11.29m	37-½ (0.0)	4/1
4	37	Fane SAUVAKACOLO	#16	Dakota State (S. 11.22m	36-9¾ (0.6	4/24
5	50	Josi NOBLE	#1	Concordia (Neb.) 11.02m	36-2 (0.0)	4/14
6	53	Taliyah HAYES	#23	Dakota Wesleyan 10.98mw	36-¼ (2.3)	4/26
7	57	Isabel SAYLER		Briar Cliff (Iowa) 10.94mw	35-10¾ (2.	4/26
8	60	Trinity DOUBLIN	#4	Hastings (Neb.) 10.92m	35-10 (0.7)	4/21
9	65	Hayley MILES	#1	Concordia (Neb.) 10.87m	35-8 (0.0)	4/14
10	69	Paige DECKER	#3	Dordt (Iowa) 10.80mw	35-5¼ (2.8	4/26

Women's Shot Put

1	3	Alivia BAUCOM	#6	Doane (Neb.) A:B 14.44m	47-4½	4/14
2	4	Kori NAGEL	#5	Dickinson State A:B 14.40m	47-3	4/28
3	7	Bre NAIL	#12	Mount Mercy (Io A:B 13.95m	45-9¼	4/28
4	9	Hope WAGNER		Briar Cliff (Iowa) A:B 13.90m	45-7¼	4/21
5	10	Annah MILLER	#11	St. Ambrose (Iov A:B 13.86m	45-5¾	4/21
6	11	Brianna HUNTER	#21	Iowa Wesleyan A:B 13.69m	44-11	4/14
7	14	Asia TYLER	#4	Hastings (Neb.) A:B 13.55m	44-5½	4/21
7	14	Claire CASPERSEN	#22	College of Saint A:B 13.55m	44-5½	4/28
9	22	Lila GRONSETH	#23	Dakota Wesleyan B 13.24m	43-5¼	4/21
10	24	Lana KROHE	#2	Olivet Nazarene B 13.04m	42-9½	4/13

Women's Discus

1	5	Madison GREEN	#9	Grand View (Iov A:B 47.17m	154-9	4/14
2	6	Annah MILLER	#11	St. Ambrose (Iov A:B 47.03m	154-4	4/14
3	8	Kori NAGEL	#5	Dickinson State A:B 46.03m	151-0	3/31
4	9	Jessa EDEN	#4	Hastings (Neb.) A:B 45.99m	150-11	4/15
5	11	Kiara ANDERSON	#4	Hastings (Neb.) A:B 45.00m	147-8	4/1
6	14	Traia HUBBARD	#16	Dakota State (S. A:B 44.72m	146-9	4/26
7	16	Kayla MIKOTTIS	#2	Olivet Nazarene B 43.93m	144-2	4/13
8	21	Iliyah MOORE	#9	Grand View (Iow B 42.85m	140-7	4/28
9	22	Lila GRONSETH	#23	Dakota Wesleyan B 42.81m	140-6	4/14
10	23	Alivia BAUCOM	#6	Doane (Neb.) B 42.75m	140-3	4/28

Women's Hammer

1	2	Kiara ANDERSON	#4	Hastings (Neb.) A:B 56.42m	185-1	4/28
2	3	Madison GREEN	#9	Grand View (Iov A:B 54.21m	177-10	4/22
3	4	Jessa EDEN	#4	Hastings (Neb.) A:B 54.06m	177-5	4/21
4	5	Macy FULLER	#6	Doane (Neb.) A:B 54.03m	177-3	4/13
5	12	Tori NYGARD	#5	Dickinson State A:B 51.51m	169-0	4/16
6	16	Kori NAGEL	#5	Dickinson State A:B 50.78m	166-7	4/22
7	18	Kamryn POKORNEY	#1	Concordia (Neb.) B 50.14m	164-6	4/7
8	24	Darby DEFFENBAUGH	#23	Dakota Wesleyan B 49.45m	162-3	4/26
9	25	Courtney HALL	#2	Olivet Nazarene B 48.99m	160-9	4/7
10	26	Alli OWINGS	#1	Concordia (Neb.) B 48.72m	159-10	4/28

Women's Javelin

1	3	Kendra ODEGARD	#25	Valley City State A:B 45.96m	150-10	4/16
2	17	Jordynn TOLIVER	#19	Jamestown (N.C B 39.88m	130-10	4/7
3	20	Abby HILL	#12	Mount Mercy (Io B 39.23m	128-9	4/26
4	24	Molly VANDER HAMM	#6	Doane (Neb.) 38.75m	127-2	4/7
5	27	Madalynn RHODES	#22	College of Saint 38.62m	126-9	4/28
6	29	Rylee OLSON	#17	Morningside (Io 38.18m	125-3	4/28
7	35	Grace DAMME	#6	Doane (Neb.) 37.89m	124-4	4/28
8	37	Gretchen STOTTEMYRE	#1	Concordia (Neb.) 37.30m	122-5	4/21
9	38	Avery SPENCER	#2	Olivet Nazarene 37.27m	122-4	4/22
10	45	Tori NYGARD	#5	Dickinson State 36.78m	120-8	4/28

Women's Heptathlon

1	1	Kaitlyn MCCOLLY	#5	Dickinson State B 4,862		4/22
2	3	Jordynn TOLIVER	#19	Jamestown (N.C B 4,784		4/7
3	17	Amy RICHERT	#1	Concordia (Neb.) B 4,106		4/21
4	20	Amanda STEINKE	#1	Concordia (Neb.) B 4,040		4/21
5	22	Makayla DINKLER	#18	York (Neb.) B 4,017		4/21
6	23	Faith ESPINOSA	#1	Concordia (Neb.) B 3,997		4/21
7	26	Josi NOBLE	#1	Concordia (Neb.) B 3,974		4/21
8	28	Elena BATENHORST	#1	Concordia (Neb.) 3,839		4/21
9	29	Ashinee GEORGE	#8	Mount Marty (S. 3,799		3/30
10	31	Mya MOORE	#9	Grand View (Iow 3,731		4/21



Regional TFRI Event Summary

as of 5/1/2023 7:19:50 AM

South

Women's 100 Meters

1	1	Talayla DAVIS	#3	Life (Ga.)	A:B 11.52w	(2.7)	4/21
2	2	Praise IDAMADUDU	#4	Cumberland (Te)	A:B 11.54	(0.3)	3/31
3	3	Denai WILSON	#15	Florida Memoria	A:B 11.66w	(2.2)	4/22
4	5	Machaeda LINTON	#2	William Carey (M)	A:B 11.69w	(2.7)	4/21
4	5	Latavia JACK	#7	Mobile (Ala.)	A:B 11.69w	(2.7)	4/21
6	8	Nicole JOHNSON		Warner (Fla.)	A:B 11.73w	(2.2)	4/22
6	8	Toni CANFALL	#1	Southeastern (F)	A:B 11.73w	(2.2)	4/22
8	12	Kevell BYRD	#9	Dillard (La.)	A:B 11.83w	(2.8)	3/31
9	14	Maya SMITH-SPEED	#3	Life (Ga.)	A:B 11.85w	(2.7)	4/21
10	15	Tyese SMITH	#2	William Carey (M)	A:B 11.86w	(2.7)	4/21

Women's 100 Meter Hurdles

1	1	Salieci MYLES	#2	William Carey (M)	A:B 13.31	(0.6)	4/21
2	2	Joy ABU	#2	William Carey (M)	A:B 13.48	(0.6)	4/21
3	4	Tashina BEYIOKU-ALASE	#9	Dillard (La.)	A:B 13.68	(0.0)	4/28
4	7	Emerald CARTER	#10	Xavier (La.)	A:B 13.85w	(3.1)	4/28
5	13	Paige MANNEY	#12	Tennessee Wesl	A:B 14.23w	(2.2)	3/25
6	14	Doris MENSAH	#4	Cumberland (Te)	A:B 14.31	(-0.4)	4/14
7	17	An'Janae LATCHINSON	#2	William Carey (M)	A:B 14.41	(0.6)	4/21
8	19	Emma DIVERONICA	#17	St. Thomas (Fla.)	B 14.46	(2.0)	4/28
8	19	Tenae GRIGSBY	#1	Southeastern (F)	B 14.46w	(3.0)	3/17
10	21	Anna CABRERA	#7	Mobile (Ala.)	B 14.49	(0.6)	4/21

Women's 200 Meters

1	1	Praise IDAMADUDU	#4	Cumberland (Te)	A:B 23.58w	(2.4)	3/31
2	2	Talayla DAVIS	#3	Life (Ga.)	A:B 23.63w	(2.4)	3/24
3	3	Sabrina RICHMAN	#3	Life (Ga.)	A:B 23.73w	(2.4)	3/24
4	4	Latavia JACK	#7	Mobile (Ala.)	A:B 23.80w	(2.2)	4/21
5	5	Kevell BYRD	#9	Dillard (La.)	A:B 23.81w	(2.3)	4/8
6	6	Denai WILSON	#15	Florida Memoria	A:B 23.87w	(2.4)	4/22
7	11	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	A:B 24.34w	(2.4)	4/22
8	13	Fredricka MCKENZIE	#2	William Carey (M)	A:B 24.48w	(3.9)	3/23
9	14	Maya SMITH-SPEED	#3	Life (Ga.)	A:B 24.49w	(2.5)	4/28
10	16	Kynneddy TURNER	#10	Xavier (La.)	A:B 24.57w	(2.3)	4/8

Women's 400 Meters

1	1	Praise IDAMADUDU	#4	Cumberland (Te)	A:B 53.65		4/14
2	2	Brianna FLORVILUS	#3	Life (Ga.)	A:B 54.87		4/21
3	4	Sabrina RICHMAN	#3	Life (Ga.)	A:B 54.96		4/7
4	6	Joy ABU	#2	William Carey (M)	A:B 55.59		4/8
5	11	Kevell BYRD	#9	Dillard (La.)	A:B 56.06		3/25
6	13	Oluwafikayomi LAWRENCE	#1	Southeastern (F)	A:B 56.40		4/22
7	14	Sadiya SHAMSID-DEEN	#7	Mobile (Ala.)	A:B 56.45		4/28
8	15	Namiah SIMPSON	#1	Southeastern (F)	A:B 56.50		3/17
9	18	Kynneddy TURNER	#10	Xavier (La.)	A:B 56.54		4/28
10	21	Samaya CAURTHENS	#13	Keiser (Fla.)	A:B 56.71		4/22

Women's 400 Meter Hurdles

1	2	Joy ABU	#2	William Carey (M)	A:B 59.74		3/29
2	3	Tenae GRIGSBY	#1	Southeastern (F)	A:B 1:00.42		3/17
3	5	Namiah SIMPSON	#1	Southeastern (F)	A:B 1:01.73		4/22
4	14	Shanice FLEURIMOND	#13	Keiser (Fla.)	B 1:03.80		4/22
5	15	Qunizel BAZILIO	#15	Florida Memoria	B 1:03.87		4/22
6	17	Salieci MYLES	#2	William Carey (M)	B 1:04.24		4/21
7	21	Doris MENSAH	#4	Cumberland (Te)	B 1:04.73		3/31
8	22	Kari WATTS	#7	Mobile (Ala.)	B 1:04.90		4/21
9	25	An'Janae LATCHINSON	#2	William Carey (M)	B 1:04.92		4/21
10	27	Aniecia GOSS	#12	Tennessee Wesl	B 1:05.11		4/21

Women's 800 Meters

1	6	Ellen-Mary KEARNEY	#5	Milligan (Tenn.)	A:B 2:11.74		3/23
2	16	Maria SIMANCAS	#2	William Carey (M)	B 2:14.81		4/21
3	18	Skylah BARTON	#10	Xavier (La.)	B 2:15.21		4/8
4	19	Alyssa GAGNON	#17	St. Thomas (Fla.)	B 2:15.40		4/14
5	26	Dylan GARCIA	#6	Montreat (N.C.)	B 2:16.67		3/24
6	37	Jessica MUSSELMAN	#24	Freed-Hardema	B 2:17.80		4/29
7	38	Yessenia CASTELLANOS	#6	Montreat (N.C.)	B 2:18.00		3/24
8	44	Catherine TRUEMPER	#23	Blue Mountain (I)	B 2:18.73		4/6
9	45	Kilia HASTY	#6	Montreat (N.C.)	B 2:18.85		3/24
10	51	Kathryn VRADENBURGH	#22	Dalton State (Ga)	B 2:19.21		4/14

Women's 1500 Meters

1	10	Ellen-Mary KEARNEY	#5	Milligan (Tenn.)	A:B 4:32.13		3/23
2	19	Caitlin DOMINY	#5	Milligan (Tenn.)	B 4:39.96		4/7
3	30	Theresa LONG	#21	Ave Maria (Fla.)	B 4:42.40		4/22
4	31	Montserrat DE SANTIAGO	#14	SCAD Savannah	B 4:42.43		4/22
5	56	Kathryn VRADENBURGH	#22	Dalton State (Ga)	B 4:46.70		4/14
6	57	Dylan GARCIA	#6	Montreat (N.C.)	B 4:46.85		4/21
7	60	Kilia HASTY	#6	Montreat (N.C.)	B 4:48.14		4/21
8	63	Jenna MALLORY	#6	Montreat (N.C.)	B 4:48.64		4/21
9	64	Gracie ALLEN	#5	Milligan (Tenn.)	B 4:48.67		3/24
10	65	Mahaley CRONK	#6	Montreat (N.C.)	B 4:48.74		4/21

Women's Steeplechase

1	12	Jenna MALLORY	#6	Montreat (N.C.)	A:B 11:16.10		4/7
2	20	Catherine TRUEMPER	#23	Blue Mountain (I)	B 11:24.87		3/25
3	26	Catherine SLACK	#6	Montreat (N.C.)	B 11:30.88		4/21
4	35	Daniela RIVERA	#4	Cumberland (Te)	B 11:40.30		4/7
5	45	Lydia WILLHITE	#19	Columbia Intern	B 11:59.44		4/21
6	51	Aubrey BRITT	#23	Blue Mountain (I)	B 12:11.67		4/6
7	52	Sophie ROBINSON	#1	Southeastern (F)	B 12:12.94		4/22
8	53	Ali BURNS	#5	Milligan (Tenn.)	B 12:13.03		4/21
9	55	Maggie FRONING	#14	SCAD Savannah	B 12:16.38		4/22
10	71	Elise KRONE	#4	Cumberland (Te)	B 12:31.10		4/7



Regional TFRI Event Summary

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South

Women's 5000 Meters

1	11	Ellen-Mary KEARNEY	#5	Milligan (Tenn.)	A:B 17:11.12	4/7
2	16	Alyssa BEARZI	#5	Milligan (Tenn.)	A:B 17:25.10	3/23
3	18	Julia ROHM	#1	Southeastern (Fa)	B 17:26.61	4/22
4	20	Caitlin DOMINY	#5	Milligan (Tenn.)	B 17:30.19	3/23
5	22	Mercy KIBIWOTT	#4	Cumberland (Te	B 17:34.40	4/14
6	37	Talia SULLIVAN	#14	SCAD Savannah	17:48.08	3/30
7	50	Gracie ALLEN	#5	Milligan (Tenn.)	18:08.95	4/7
8	55	Madison GRANT	#24	Freed-Hardema	18:12.31	4/29
9	68	Julia GRALKI	#14	SCAD Savannah	18:23.11	3/30
10	69	Belinda CHEPKOSGEI		SCAD Atlanta (G	18:23.89	4/7

Women's 10,000 Meters

1	3	Alyssa BEARZI	#5	Milligan (Tenn.)	A:B 35:39.90	4/7
2	8	Julia ROHM	#1	Southeastern (Fa)	B 36:43.10	4/22
3	10	Lina MAY	#2	William Carey (Ma)	B 36:56.31	3/23
4	14	Talia SULLIVAN	#14	SCAD Savannah	A:B 37:09.73	3/16
5	19	Montserrat DE SANTIAGO	#14	SCAD Savannah	B 37:32.29	4/22
6	22	Mercy KIBIWOTT	#4	Cumberland (Te	B 37:40.22	4/7
7	28	Julia GRALKI	#14	SCAD Savannah	B 38:01.78	3/16
8	35	Madisyn ACOSTA	#18	Loyola (La.)	38:47.55	4/7
9	39	Makayla HOLLIFIELD	#8	Columbia (S.C.)	39:02.08	3/16
10	45	Savannah CAMPBELL	#11	Truett-McConne	39:20.67	3/10

Women's 5000m Race Walk

1	2	Izabelle TREFTS	#8	Columbia (S.C.)	A:B 24:47.96	4/21
2	5	Ainhoa COLINO	#8	Columbia (S.C.)	A:B 27:25.94	3/17
3	6	Victoria HEISER-WHATLEY	#8	Columbia (S.C.)	A:B 27:28.04	4/7
4	8	Jessica HEISER-WHATLEY	#8	Columbia (S.C.)	B 28:16.36	4/21
5	29	Maria TALAFUSE	#21	Ave Maria (Fla.)	33:27.38	4/22
6	31	Mina SHULL	#8	Columbia (S.C.)	34:20.64	4/21
7	34	Gabrielle HUGGINS	#8	Columbia (S.C.)	35:43.54	4/21
8	37	Briona BIERKAMP	#16	Brenau (Ga.)	41:00.61	3/24
9	40	Jennyfer VIGUERAS	#8	Columbia (S.C.)	45:55.45	4/21
10	41	Hayden PONCE	#11	Truett-McConne	56:25.59	4/21

Women's 4x100 Relay

1	2	Dalajah LONG, Talayla DAVIS, Alexia PERKINS, Maya SMITH-SPEED	#3	Life (Ga.)	A:B 45.87	4/21
2	3	Tyeese SMITH, Fredricka MCKENZIE, Salieci MYLES, Machaeda LINTON	#2	William Carey (Ma)	B 45.93	3/29
3	4	Irmiris MENDEZ, Oluwafikayomi LAWRENCE, Namiah SIMPSON, Toni CANFALL	#1	Southeastern (Fa)	B 46.33	4/7
4	5	Tori BURTON, Kevell BYRD, Ta'nijal MATTHEWS, Meghan JOSHUA	#9	Dillard (La.)	A:B 46.36	4/14
5	6	Myla EDWARDS, Samantha MANSUR, Latavia JACK, Jerenie JACKSON	#7	Mobile (Ala.)	A:B 46.40	4/21
6	8	Emerald CARTER, Ariel FORD, Darryan HORTON, Kynneddy TURNER	#10	Xavier (La.)	A:B 46.61	4/28
7	15	Judah JACKSON, Alana MACK, Doris MENSAH, Praise IDAMADUDU	#4	Cumberland (Te)	A:B 47.29	4/7
8	17	Anitria SANGSTER, Denai WILSON, Qunizel BAZILIO, Andreana GRAHAM	#15	Florida Memoria	A:B 47.40	4/7
9	21	Paige MANNEY, Chaggie BASSAR, Lauren GARRISON, Aniecia GOSS	#12	Tennessee Wesl	A:B 47.65	4/21
10	25	Amya ARNOLD, Myesha HALL, Brooke WILMOTH, Esther NAKANWAGI	#11	Truett-McConne	B 47.86	4/21



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South

Women's 4x400 Relay

1	1	An'Janae LATCHINSON, Joy ABU, Nevagant JONES, Maria SIMANCAS	#2 William Carey (M)	A:B 3:46.18	3/29
2	4	Dagbjort MAGNUSDOTTIR, Brianna FLORVILUS, Maya SMITH-SPEED, Kyja WILLIAMS	#3 Life (Ga.)	A:B 3:48.65	3/24
3	5	Tenae GRIGSBY, Oluwafikayom LAWRENCE, Irmiris MENDEZ, Namiah SIMPSON	#1 Southeastern (FA)	B 3:49.97	3/17
4	10	Ariel FORD, Darryan HORTON, Kynneddy TURNER, Vanessa OLADAPO	#10 Xavier (La.)	A:B 3:52.53	4/28
5	12	Yasmin PINES, Raven PRATT, Shawnessy EDWARDS, Sadiya SHAMSID-DEEN	#7 Mobile (Ala.)	A:B 3:53.69	4/28
6	13	Shanice FLEURIMOND, Samaya CAURTHENS, Marie MARC, Melissa GRIPACUS	#13 Keiser (Fla.)	A:B 3:53.75	3/24
7	15	Anitria SANGSTER, Monique BROWN, Denai WILSON, Qunizel BAZILIO	#15 Florida Memorial	A:B 3:54.45	4/22
8	35	Camille BARRON, Jada BLACKHEART, Wislande PIERRE-LOUIS, Zona DESOUZA	#17 St. Thomas (Fla.)	4:03.94	4/22
9	38	Kamryn CHAMBLISS, Kayland THOMASON, Laila REED, Jaeva RIDLEY	#16 Brenau (Ga.)	4:04.47	4/21
10	39	Kevell BYRD, Tori BURTON, Karmyn DOTSON, Ta'nyia FLOWERS	#9 Dillard (La.)	4:04.70	3/25

Women's 4x800 Relay

1	4	Rebecca GLOVER, Caitlin DOMINY, Gracie ALLEN, Ellen-Mary KEARNEY	#5 Milligan (Tenn.)	A:B 9:20.43	4/21
2	6	Yessenia CASTELLANOS, Mahaley CRONK, Dylan GARCIA, Kilia HASTY	#6 Montreat (N.C.)	A:B 9:22.00	4/14
3	9	Kyja WILLIAMS, Dagbjort MAGNUSDOTTIR, Najah GIBSON, Brianna FLORVILUS	#3 Life (Ga.)	B 9:27.41	4/21
4	16	Jillian BLASER, Grace FEDER, Emma WOLTJER, Julia ROHM	#1 Southeastern (F)	9:37.44	3/30
5	18	Maria SIMANCAS, Blanca CONESA, Angela OPORE, Sarah OLAMIDE	#2 William Carey (N)	9:38.87	4/21
6	21	Makayla BLESSIKE, Aubrey BRITT, Katie MEEKS, Catherine TRUEMPER	#23 Blue Mountain (I)	9:44.78	4/21
7	36	Kennedy TIMMONS, Rachel JACKSON, Karmyn DOTSON, Kaylyn TURNER	#9 Dillard (La.)	10:14.78	4/14
8	37	Skylah BARTON, Jalyn JENKINS, Amber PARKS, Hannah STOUTMIRE	#10 Xavier (La.)	10:15.00	4/28
9	38	Kayla MATTOX, Rebecca POE, Haley TILLERY, Kathryn VRADENBURGH	#22 Dalton State (Ga)	10:15.27	4/21
10	39	Sarah OWEN, Simone CHOCK, Elle SIMS, Savannah CAMPBELL	#11 Truett-McConne	10:16.25	4/21
10	39	Carol LONG, Emma PERREAULT, Regina PIROLI, Abigail RALL	#21 Ave Maria (Fla.)	10:16.25	3/30

Women's High Jump

1	2	Paige MANNEY	#12 Tennessee Wesleyan	A:B 1.73m	<i>5-8</i>	3/25
2	10	Mariam DAVIS	#1 Southeastern (F B)	1.65m	<i>5-5</i>	3/17
3	24	Aiana COLAS	#13 Keiser (Fla.)	1.63m	<i>5-4¼</i>	4/7
4	28	Tashina BEYIOKU-ALASE	#9 Dillard (La.)	1.62m	<i>5-3¾</i>	3/11
5	33	Kaitlyn BECNEL	#18 Loyola (La.)	1.60m	<i>5-3</i>	4/7
6	44	Anna CABRERA	#7 Mobile (Ala.)	1.58m	<i>5-2¼</i>	3/30
7	60	Kailyn KELLY	#13 Keiser (Fla.)	1.55m	<i>5-1</i>	3/30
7	60	Tyra DARRINGTON	#7 Mobile (Ala.)	1.55m	<i>5-1</i>	3/23
9	84	Zaniyah WILSON	#2 William Carey (N)	1.54m	<i>5-½</i>	4/21
9	84	Nevagant JONES	#2 William Carey (N)	1.54m	<i>5-½</i>	4/21



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South

Women's Pole Vault

1	41	Halie HAWKINS	#5	Milligan (Tenn.)	3.25m	10-8	3/24
2	88	Anna TASTINGER	#6	Montreat (N.C.)	2.80m	9-2¼	3/24
3	96	Lauren BROWN	#20	Webber Internat	2.75m	9-¼	4/22
3	96	Amari GRAHAM	#1	Southeastern (F	2.75m	9-¼	4/22
5	99	Emelia ASKEW	#16	Brenau (Ga.)	2.70m	8-10¼	4/21
6		Briana RAY	#22	Dalton State (Ga	2.65m	8-8¼	4/21
7		Kamryn CHAMBLISS	#16	Brenau (Ga.)	2.50m	8-2½	3/24
8		Emma PELFREY	#25	Reinhardt (Ga.)	2.40m	7-10½	4/21
8		Mara MILLER	#19	Columbia Intern	2.40m	7-10½	4/21
10		Stephanie HINOJOS	#6	Montreat (N.C.)	2.25m	7-4½	4/21

Women's Long Jump

1	1	Machaeda LINTON	#2	William Carey (M	6.22m	20-5 (1.0)	4/21
2	2	Myesha HALL	#11	Truett-McConne	6.14m	20-1¾ (0.7)	4/21
3	4	Maisonne JONES		USC Beaufort (SA	5.97m	19-7 (1.0)	4/20
4	11	Paige MANNEY	#12	Tennessee Wesl	5.82m	19-1¼ (0.9)	4/21
5	12	Mariam DAVIS	#1	Southeastern (FA	5.81m	19-¾ (0.1)	4/22
6	13	Jhanya QUINONES	#7	Mobile (Ala.)	5.79m	19-0 (1.3)	4/21
7	14	Caitlyn O'BRIEN	#21	Ave Maria (Fla.)	5.78m	18-11¾ (2.	3/17
8	16	Andreana GRAHAM	#15	Florida Memoria	5.77m	18-11¼ (2.	4/7
9	17	Alana MACK	#4	Cumberland (Te	5.76m	18-10¾ (1.	3/31
10	19	Blessing SAMUEL	#4	Cumberland (Te	5.73m	18-9¾ (0.0)	4/14

Women's Triple Jump

1	1	Paige MANNEY	#12	Tennessee Wesl	12.58m	41-3¼ (3.4)	3/25
2	4	Alana MACK	#4	Cumberland (Te	12.13m	39-9¾ (0.0)	4/14
3	6	Nevagant JONES	#2	William Carey (M	12.00m	39-4½ (2.5)	3/23
4	8	Machaeda LINTON	#2	William Carey (M	11.91m	39-1 (1.4)	4/21
5	9	Rachel ROWE	#9	Dillard (La.)	11.81m	38-9 (0.0)	4/28
6	12	Myesha HALL	#11	Truett-McConne	11.73m	38-6 (-2.0)	3/10
7	14	Andreana GRAHAM	#15	Florida Memoria	11.70m	38-4¾ (1.6)	4/22
8	15	Aniecia GOSS	#12	Tennessee Wesl	11.69m	38-4¼ (0.0)	4/15
9	16	Jessica GAKERI	#6	Montreat (N.C.)	11.68m	38-4 (1.7)	4/21
10	17	Abigail LEUTHOLD	#20	Webber Internat	11.67m	38-3½ (2.3)	4/22

Women's Shot Put

1	2	Levonis DAVIS	#3	Life (Ga.)	14.50m	47-7	3/24
2	5	Daveina WATSON	#4	Cumberland (Te	14.05m	46-1¼	4/7
3	13	Fedra FLORENTIN	#7	Mobile (Ala.)	13.58m	44-6¾	3/23
4	21	Danielle ALBRIGHT	#3	Life (Ga.)	13.37m	43-10½	4/21
5	27	Bryana BAZILE	#18	Loyola (La.)	12.98m	42-7	4/21
6	31	Kloey PICKENS	#19	Columbia Intern	12.90m	42-4	4/21
7	39	Mykhala COLEMAN	#18	Loyola (La.)	12.67m	41-7	3/25
8	42	Sha'Nyia WOOLERY	#16	Brenau (Ga.)	12.60m	41-4¼	3/17
9	44	Toynelle MING	#17	St. Thomas (Fla.	12.55m	41-2¼	4/14
10	70	Somara BUTCHER	#7	Mobile (Ala.)	12.03m	39-5¾	4/21

Women's Discus

1	19	Bryana BAZILE	#18	Loyola (La.)	42.94m	140-11	3/17
2	25	Toynelle MING	#17	St. Thomas (Fla.	42.57m	139-8	3/17
3	28	Levonis DAVIS	#3	Life (Ga.)	42.39m	139-1	4/14
4	48	Zaida CARSON	#8	Columbia (S.C.)	40.33m	132-4	4/21
5	58	Diamond ATKINS	#3	Life (Ga.)	39.59m	129-11	4/7
6	61	Kacey WEBB	#5	Milligan (Tenn.)	39.29m	128-11	3/24
7	66	DaNya HORNE	#10	Xavier (La.)	39.04m	128-1	4/28
8	75	Jennifer COLEMAN		Thomas (Ga.)	38.28m	125-7	3/24
9	79	Daveina WATSON	#4	Cumberland (Te	38.16m	125-3	4/29
10	82	Dazanni HINTON	#19	Columbia Intern	38.05m	124-10	4/21

Women's Hammer

1	1	Jennifer BATU	#3	Life (Ga.)	58.82m	193-0	4/7
2	21	Danielle ALBRIGHT	#3	Life (Ga.)	49.79m	163-4	4/7
3	23	Sophiat OMIZI	#4	Cumberland (Te	49.47m	162-4	4/7
4	28	Niesha ALDAJUSTE	#20	Webber Internat	48.60m	159-6	3/30
5	42	Dazanni HINTON	#19	Columbia Intern	46.29m	151-11	4/21
6	66	Grace JONES	#11	Truett-McConne	44.57m	146-3	4/14
7		Anaya CANTY	#8	Columbia (S.C.)	41.85m	137-4	4/21
8		Jennifer COLEMAN		Thomas (Ga.)	41.42m	135-11	4/22
9		Taela CAMPBELL	#15	Florida Memoria	40.04m	131-5	4/22
10		Levonis DAVIS	#3	Life (Ga.)	40.00m	131-3	4/7

Women's Javelin

1	9	Katilyn BABB	#11	Truett-McConne	42.57m	139-8	4/14
2	21	Rian BOUB	#17	St. Thomas (Fla.	39.22m	128-8	4/14
3	42	Anna CABRERA	#7	Mobile (Ala.)	37.00m	121-5	4/21
4	54	Abigail CRUZ	#25	Reinhardt (Ga.)	35.91m	117-10	4/21
5	69	Daveina WATSON	#4	Cumberland (Te	34.62m	113-7	4/14
6	73	Grace JONES	#11	Truett-McConne	34.25m	112-5	4/21
7	75	Emma TERRY	#1	Southeastern (F	34.16m	112-1	4/22
8	78	Kloey PICKENS	#19	Columbia Intern	34.14m	112-0	4/21
9	94	Emma BARNES	#6	Montreat (N.C.)	33.14m	108-9	4/21
10	98	Jenkavia HARPER	#13	Keiser (Fla.)	32.75m	107-6	4/22

Women's Heptathlon

1	4	Mariam DAVIS	#1	Southeastern (F	4,743		4/22
2	6	Anna CABRERA	#7	Mobile (Ala.)	4,699w		3/30
3	16	Irmiris MENDEZ	#1	Southeastern (F	4,185		4/22
4	27	Kailyn KELLY	#13	Keiser (Fla.)	3,901w		3/30
5	34	Emma BARNES	#6	Montreat (N.C.)	3,644		3/16
6	37	Marie MARC	#13	Keiser (Fla.)	3,574		4/22
7	39	Jayda BURKETT	#16	Brenau (Ga.)	3,535		4/21
8	48	Natalie ROHM	#1	Southeastern (F	3,282		4/22
9	51	Caley ESSIE	#12	Tennessee Wesl	3,234		4/21
10	53	Anna TASTINGER	#6	Montreat (N.C.)	3,174		3/16



Regional TFRI Event Summary

as of 5/1/2023 7:19:50 AM

South Central

Women's 100 Meters

1	11	Nikiwe MONGWE	#2	MidAmerica NazA:B	11.77	(1.4)	4/13
2	12	Jaelynn WILLIAMS	#6	Texas WesleyanA:B	11.83	(1.8)	4/8
3	18	Gizel CLAYTON	#1	Central MethodiA:B	11.89w	(2.4)	3/31
4	22	Malaisha CARTWRIGHT	#21	UNT Dallas	B 11.92w	(3.7)	4/14
5	29	Kiana KEBBI	#11	Our Lady of the I	12.02	(1.5)	4/28
6	33	Kiana JOHNSON	#22	Jarvis Christian	12.06w	(3.7)	4/13
7	40	Daizy SOLIR	#2	MidAmerica Naz	12.11w	(3.7)	4/13
8	46	Jaylen KNIGHT	#5	Friends (Kan.)	12.15	(1.4)	3/30
9	55	Christina GREEN	#19	Huston-Tillotson	12.18w	(2.9)	4/14
10	57	Darnee WILLIAMS	#24	Wiley (Texas)	12.21	(0.7)	3/17

Women's 100 Meter Hurdles

1	3	Gizel CLAYTON	#1	Central MethodiA:B	13.63	(-1.0)	4/21
2	6	Tre'Breh SCOTT	#1	Central MethodiA:B	13.81	(1.8)	4/7
3	10	Tajanique BELL	#10	Baker (Kan.)	A:B 14.08	(1.3)	4/23
4	23	Trinity WISBY	#14	Langston (Okla.)	B 14.54	(-0.4)	4/28
5	25	Keiana NEWMAN	#5	Friends (Kan.)	B 14.55	(1.0)	4/21
6	36	Teran ROGERS	#21	UNT Dallas	14.79	(-0.4)	4/28
7	46	Ally SWAIM		Central Baptist (	14.93w	(2.1)	4/6
8	48	Jocelyn JENKINS	#2	MidAmerica Naz	14.95w	(2.4)	4/13
9	49	Irian PADULLES	#5	Friends (Kan.)	14.99	(1.0)	4/21
10	51	JayOnna PERRY	#8	Ottawa (Kan.)	15.04	(1.3)	4/23

Women's 200 Meters

1	7	Nikiwe MONGWE	#2	MidAmerica NazA:B	24.02	(-1.2)	4/13
2	18	Jaelynn WILLIAMS	#6	Texas WesleyanA:B	24.64	(1.2)	3/24
3	24	Tre'Breh SCOTT	#1	Central Methodi B	24.77	(0.1)	4/21
4	26	Malaisha CARTWRIGHT	#21	UNT Dallas	24.81	(0.1)	4/8
5	28	Jaylen KNIGHT	#5	Friends (Kan.)	24.86	(-0.8)	4/7
6	30	Kiana KEBBI	#11	Our Lady of the I	24.88	(1.2)	4/28
7	31	Gizel CLAYTON	#1	Central Methodi	24.90	(1.4)	3/31
8	32	Darly CAMILO-MONTENEGRO	#1	Central Methodi	24.96	(1.4)	3/31
9	43	Kyah HILL	#15	Southwestern (I	25.16	(0.3)	4/29
10	62	Darnee WILLIAMS	#24	Wiley (Texas)	25.40w	(2.2)	3/17

Women's 400 Meters

1	8	Nikiwe MONGWE	#2	MidAmerica NazA:B	55.90		4/8
2	9	Darly CAMILO-MONTENEGRO	#1	Central MethodiA:B	55.96		4/21
3	25	Jaymee YELTON	#19	Huston-TillotsonA:B	56.85		4/28
4	28	Jaylen KNIGHT	#5	Friends (Kan.)	B 57.20		3/24
5	38	Kendra BLAYLOCK	#5	Friends (Kan.)	57.62		4/21
6	39	JayOnna PERRY	#8	Ottawa (Kan.)	57.71		4/7
7	45	Kyah HILL	#15	Southwestern (I	58.07		4/22
8	46	Shawna SMITH	#9	Oklahoma City	58.08		4/28
9	49	Kamree DYE	#17	John Brown (Ark	58.18		4/28
10	55	Autumn ROBERTS	#11	Our Lady of the I	58.35		4/28

Women's 400 Meter Hurdles

1	4	JayOnna PERRY	#8	Ottawa (Kan.)	A:B 1:01.25		4/23
2	8	Alison AMBUUL	#4	Benedictine (KaA:B	1:02.51		4/23
3	18	Tajanique BELL	#10	Baker (Kan.)	B 1:04.30		3/25
4	20	Kailey JOHNSON	#1	Central Methodi B	1:04.40		4/21
5	23	Cayna LOVE	#4	Benedictine (Ka	1:04.91		4/23
6	28	Kourtney WARREN	#5	Friends (Kan.)	1:05.21		4/21
7	31	Jasmin JOHNSON		Philander Smith	1:05.34		4/14
8	33	Yanira DEANA PANINKA	#1	Central Methodi	1:05.35		4/22
9	35	Jocelyn JENKINS	#2	MidAmerica Naz	1:05.40		4/13
10	38	Lasharia GORDON	#6	Texas Wesleyan	1:05.57		4/14

Women's 800 Meters

1	9	Rianna VIDALES	#6	Texas WesleyanA:B	2:13.90		4/22
2	12	Caroline COBO	#4	Benedictine (Ka	B 2:14.51		4/23
3	14	Darly CAMILO-MONTENEGRO	#1	Central Methodi B	2:14.74		4/7
4	17	Jena HAHLBECK	#23	Park (Mo.)	B 2:15.18		3/30
5	23	Jaymee YELTON	#19	Huston-Tillotson	B 2:15.73		4/14
6	34	Maddy WALTER-SHERRETTS	#3	Saint Mary (Kan.	2:17.12		4/23
7	36	Cailen JOLLEY	#9	Oklahoma City	2:17.71		4/28
8	42	Ashlei MCDONALD	#6	Texas Wesleyan	2:18.56		4/14
9	43	Deandra IBARRA	#11	Our Lady of the I	2:18.69		3/24
10	48	Alyssa ARMENDARIZ	#3	Saint Mary (Kan.	2:19.00		3/25

Women's 1500 Meters

1	13	Alyssa ARMENDARIZ	#3	Saint Mary (KanA:B	4:35.12		4/23
2	14	Caroline COBO	#4	Benedictine (KaA:B	4:35.39		4/29
3	24	Ashlei MCDONALD	#6	Texas Wesleyan	4:41.78		4/8
4	25	Reagan HIEBERT	#3	Saint Mary (Kan.	4:41.83		4/27
5	44	Caroline GILES	#5	Friends (Kan.)	4:45.24		4/21
5	44	Danielle ALLISON	#16	Tabor (Kan.)	4:45.24		3/23
7	50	Maddy WALTER-SHERRETTS	#3	Saint Mary (Kan.	4:45.76		3/23
8	68	Riley HIEBERT	#3	Saint Mary (Kan.	4:49.01		3/23
9	70	Kate MADSEN	#3	Saint Mary (Kan.	4:49.10		4/23
10	81	Isabel RINKENBERGER	#13	Missouri Baptist	4:50.53		4/27

Women's Steeplechase

1	3	Alyssa ARMENDARIZ	#3	Saint Mary (KanA:B	10:33.24		4/27
2	7	Mia REED	#13	Missouri BaptistA:B	10:55.21		4/26
3	8	Riley HIEBERT	#3	Saint Mary (KanA:B	10:57.54		4/23
4	10	Ellie DIMOND	#7	William Woods (A:B	11:11.22		4/22
5	13	Caroline GILES	#5	Friends (Kan.)	A:B 11:16.99		4/13
6	18	Reagan HIEBERT	#3	Saint Mary (Kan. B	11:20.27		4/13
7	21	Harley NALE	#7	William Woods (	B 11:25.64		4/14
8	25	Caroline COBO	#4	Benedictine (Ka	11:30.54		3/23
9	30	Brooke WIEBE	#16	Tabor (Kan.)	11:34.09		4/7
10	43	Ashlei MCDONALD	#6	Texas Wesleyan	11:56.39		4/28



Regional TFRI Event Summary

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South Central

Women's 5000 Meters

1	7	Alyssa ARMENDARIZ	#3 Saint Mary (Kan.)	A: 16:54.15	4/1
2	12	Reagan HIEBERT	#3 Saint Mary (Kan.)	A: 17:18.32	4/1
3	17	Riley HIEBERT	#3 Saint Mary (Kan.)	A: 17:25.58	4/27
4	25	Danielle ALLISON	#16 Tabor (Kan.)	B: 17:35.44	4/1
5	27	Caroline GILES	#5 Friends (Kan.)	B: 17:39.63	4/7
6	32	Kate MADSEN	#3 Saint Mary (Kan.)	17:42.88	4/27
7	45	Maddy WALTER-SHERRETTS	#3 Saint Mary (Kan.)	18:03.99	3/31
8	49	Louise COCKING	#9 Oklahoma City	18:08.76	4/7
9	66	Natasha ORTIZ	#4 Benedictine (Kan.)	18:20.91	3/23
10	73	Hope AHNFELDT	#17 John Brown (Ark.)	18:31.69	4/22

Women's 10,000 Meters

1	17	Kate MADSEN	#3 Saint Mary (Kan.)	A: 37:19.68	4/13
2	37	Natasha ORTIZ	#4 Benedictine (Kan.)	38:57.44	4/14
3	38	Mekayla GIBSON	#7 William Woods (Mo.)	38:59.56	4/7
4	53	Kayla CORYEA	#12 Saint Mary-of-the-Woods (Ind.)	39:43.30	4/7
5	57	Hope AHNFELDT	#17 John Brown (Ark.)	39:57.85	4/28
6	71	Louise COCKING	#9 Oklahoma City	40:39.35	4/28
7	73	Ginger MACINNIS-PIERCE	#9 Oklahoma City	40:42.94	4/28
8	74	Sarays FLORES	#6 Texas Wesleyan	40:47.98	4/28
9	88	Haley CARTER	#10 Baker (Kan.)	41:44.91	4/23
10	90	Kyia WEISBROD	#25 Williams Baptist	41:47.11	3/31

Women's 5000m Race Walk

1	15	Baileigh MORRIS	#1 Central Methodist	29:40.11	3/31
2	38	Olivia SIEFKER	#2 MidAmerica Nazarene	42:19.47	3/31
3	39	Gracie ENOCHS	#2 MidAmerica Nazarene	42:19.58	3/31

Women's 4x100 Relay

1	11	Alondra TOLEDO, Kiana KEBBI, Autumn ROBERTS, Larrisa MCHENRY	#11 Our Lady of the Lake	A: 47.02	4/28
2	14	Tamara BEASLEY, Garlanesha HICKMAN-GILBERT, Tennille FRENCH, Kiana JOHNSON	#22 Jarvis Christian Academy	A: 47.26	4/28
3	18	Janiah NICHOLSON, Nikiwe MONGWE, Nala BURNS, Daizy SOLIR	#2 MidAmerica Nazarene	A: 47.48	4/13
4	19	Alysa HENDERSON, Jaelynn WILLIAMS, Lasharia GORDON, Allison DALZELL	#6 Texas Wesleyan	A: 47.49	4/22
5	22	Lily BLANKENSHIP, Rachel BOOKER, Kyah HILL, Lauryn TERRY	#15 Southwestern (Mo.)	A: 47.67	4/29
6	30	https://www.tfrrs.org/teams/1847	#5 Friends (Kan.)	48.14	4/29
7	35	Samantha COLSON, Zaira SPENCER, Lexi WARDLOW, Gretchen RANEY	#3 Saint Mary (Kan.)	48.27	4/27
8	38	Naomi KILSON, Tajanique BELL, Shelby BUTTS, Da'Mah STACKER	#10 Baker (Kan.)	48.52	4/29
9	40	Jaci STONE, Savannah LEWIS, Alyssa WINTERSTEIN, Hope MCGUIRE	#12 Saint Mary-of-the-Woods	48.60	4/28
10	43	Christina GREEN, Jaymee YELTON, Aaliyah ALLEN, Dejah OKONJI	#19 Huston-Tillotson	48.73	4/28



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South Central

Women's 4x400 Relay

1	6	Darly CAMILO-MONTENEGRO, Tre'Breh SCOTT, Sakoya JOHNSON, Kjirsten GUILFORD	#1 Central Methodist B	3:49.98	3/24
2	18	Daizy SOLIR, Maya EIDMAN, Janiah NICHOLSON, Nikiwe MONGWE	#2 MidAmerica Naz B	3:56.58	4/29
3	22	Destiny ESCOBAR, Jordyn WEEMS, JayOnna PERRY, Mumina MILLINGTON	#8 Ottawa (Kan.)	3:58.07	3/23
4	23	Alexandria SEGURA, Autumn ROBERTS, Brianna PANTOJA, Kennedy VILLALPANDO	#11 Our Lady of the I	3:58.20	4/28
5	26	Alysa HENDERSON, Lasharia GORDON, Jaelynn WILLIAMS, Rianna VIDALES	#6 Texas Wesleyan	3:59.59	4/28
6	34	Ayanna ALLEN, Ja'Niesha COLLINS, Jasmin JOHNSON, Dajanae SHAW	Philander Smith	4:03.84	3/24
7	40	Kentayshija PRUITT, Rachel BOOKER, Meliah HANNA, Kyah HILL	#15 Southwestern (T	4:04.83	4/29
8	42	Antonia SMITH, Tatiana SMITH, Brynna GORMLEY, Alison AMBUUL	#4 Benedictine (Ka	4:04.92	4/23
9	46	Jamiah CLAY, Bonita GRAY, Kaylee LUJAN, Azucena CARRILLO	Oklahoma Panh.	4:05.57	4/28
10	49	Shawna SMITH, Cailen JOLLEY, Florencia CABRERA, Erika PENA	#9 Oklahoma City	4:06.87	4/14

Women's 4x800 Relay

1	10	Erika PENA, Louise COCKING, Florencia CABRERA, Cailen JOLLEY	#9 Oklahoma City	9:29.44	4/28
2	11	Alyssa ARMENDARIZ, Riley HIEBERT, Reagan HIEBERT, Maddy WALTER-SHERRETTS	#3 Saint Mary (Kan.	9:29.54	4/13
3	23	Caroline COBO, Gemma DOWNEY, Alison AMBUUL, Siena MICHAEL	#4 Benedictine (Ka	9:46.55	4/13
4	24	Isabel RINKENBERGER, Adrienne ROCKETTE, Mattie NOYES, Mia REED	#13 Missouri Baptist	9:47.48	4/22
5	31	Emily TRUAX, Kayla CORYEA, Patricia HENNEY, Abbigael COYLE	#12 Saint Mary-of-th	10:03.95	4/28
6	35	Ja'Niesha COLLINS, Ayanna ALLEN, Dajanae SHAW, Jasmin JOHNSON	Philander Smith	10:13.08	4/14
7	43	Kiara IRON HEART, Brianna WHITEHORSE, Tiajhae NEZ, Heidi THOMAS	Haskell (Kan.)	10:18.43	4/23
8	44	Harley NALE, Ellie DIMOND, Emma CLIFFORD, Alicia ENGELBRECHT	#7 William Woods (	10:20.13	3/31
9	45	Emma MORTON, Isabella MELGREN, Ryleigh HALE, Renny BUCHANAN	#17 John Brown (Ar	10:20.33	4/28
10	47	Liliana HERNANDEZ, Viridiana ZUNIGA, Mia CUIEL, Makhayla PARKER	#11 Our Lady of the I	10:23.56	4/28

Women's High Jump

1	3	Renee FINKE	#1 Central Methodist B	1.70m	5-7	4/7
2	6	Delaney MILLER	#1 Central Methodist B	1.67m	5-5¾	4/14
3	10	Carly LINDENMEYER	#2 MidAmerica Naz B	1.65m	5-5	4/13
3	10	Jordyn LOWRIE	#16 Tabor (Kan.)	B 1.65m	5-5	4/27
5	24	Nykeriah ALLEN	#4 Benedictine (Ka	1.63m	5-4¼	4/23
6	33	Kaylee CLARK	#25 Williams Baptist	1.60m	5-3	3/31
7	60	Hannah EVANS	#20 Evangel (Mo.)	1.55m	5-1	3/31
7	60	Brooklyn TAYLOR	SAGU (Texas)	1.55m	5-1	4/14
7	60	Carson DEFRIES	#25 Williams Baptist	1.55m	5-1	4/21
10	84	Hannah SLATE	Sterling (Kan.)	1.54m	5-½	4/22



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South Central

Women's Pole Vault

1	34	Alaina SCOTT	#13	Missouri Baptist	3.37m	11-¾	4/14
2	36	Krislynn BAILEY	#12	Saint Mary-of-th	3.35m	10-11¾	4/21
3	40	Carter HAWKINS	#1	Central Methodi	3.27m	10-8¾	4/7
4	47	Brynnna HALATA	#5	Friends (Kan.)	3.22m	10-6¾	4/21
5	57	Aaliyah RAMIREZ	#5	Friends (Kan.)	3.13m	10-3¾	3/30
6	64	Gwen SHUGART	#3	Saint Mary (Kan.	3.07m	10-¾	4/14
7	72	Grace MITCHELL	#17	John Brown (Ar)	3.00m	9-10	4/28
7	72	Maci HUBBARD	#17	John Brown (Ar)	3.00m	9-10	4/28
9	78	Heather HARBISON	#7	William Woods (	2.92m	9-7	4/7
10	82	Kloe SIMONS	#15	Southwestern (I	2.89m	9-5¾	3/25

Women's Long Jump

1	6	Carly LINDENMEYER	#2	MidAmerica NazA	5.90m	19-4¼ (1.4	4/13
2	10	Nala BURNS	#2	MidAmerica NazA	5.83mw	19-1½ (3.1	4/29
3	18	Chasity VEALS	#14	Langston (Okla.	5.75mw	18-10½ (2.	4/14
4	26	Kelsey DRAPEAU		Southwestern Cl	5.68m	18-7¾ (0.0	3/24
5	31	Reanna GREEN	#2	MidAmerica Naz	5.63m	18-5¾ (0.8	3/25
6	37	Jaelynn WILLIAMS	#6	Texas Wesleyan	5.55m	18-2½ (0.6	4/28
7	40	Lily ASHRAFZADEH	#18	Columbia (Mo.)	5.51m	18-1 (0.1)	3/24
8	48	Myiah LOGUE		Bethel (Kan.)	5.47mw	17-11½ (2.	4/15
9	54	Alysa HENDERSON	#6	Texas Wesleyan	5.45m	17-10¾ (0.	3/24
10	64	Meeyesha TUTT-MOOTOUO	#24	Wiley (Texas)	5.38m	17-8 (2.0)	3/24

Women's Triple Jump

1	7	Chasity VEALS	#14	Langston (Okla.	11.99m	39-4 (1.7)	4/7
2	13	Ahmia DORSEY	#14	Langston (Okla.)	11.71mw	38-5 (4.0)	4/22
3	24	Meeyesha TUTT-MOOTOUO	#24	Wiley (Texas)	11.54mw	37-10½ (2.	4/21
4	25	Hayley LOEWEN	#2	MidAmerica Naz	11.48m	37-8 (0.9)	4/29
5	26	Angel EDWARDS	#14	Langston (Okla.)	11.45mw	37-6¾ (2.4	4/22
6	35	Nyah EARL		Harris-Stowe St	11.23m	36-10¼ (2.	4/28
7	45	Madeline BURTON	#18	Columbia (Mo.)	11.07m	36-4 (0.7)	3/24
8	48	Jacee WILSON	#20	Evangel (Mo.)	11.04m	36-2¾ (1.2	4/22
9	50	Amy KAMTIO	#10	Baker (Kan.)	11.02m	36-2 (0.1)	4/8
10	56	Reanna GREEN	#2	MidAmerica Naz	10.96m	35-11½ (0.	3/25

Women's Shot Put

1	11	Katie FRENCH	#7	William Woods (A	13.69m	44-11	4/7
2	19	Daryn BATTS	#9	Oklahoma City	13.43m	44-¾	4/14
3	20	Baylee BEARD	#1	Central Methodi	13.40m	43-11¾	3/31
4	23	Laurel BARBER	#8	Ottawa (Kan.)	13.20m	43-3¾	4/13
5	25	Victoria LOTZ	#2	MidAmerica Naz	13.03m	42-9	4/13
6	32	Danielle NOBLE		Southwestern Cl	12.83m	42-1¼	4/22
7	40	Kaylyn POWERS		Hannibal-LaGra	12.63m	41-5¼	4/15
8	43	Madison SUTTON	#4	Benedictine (Ka	12.59m	41-3¾	4/23
9	49	Elizabeth STOUT		Kansas Wesleya	12.45m	40-10¼	4/7
10	55	Keshuna BYRD	#22	Jarvis Christian	12.32m	40-5	4/28

Women's Discus

1	3	Madison SUTTON	#4	Benedictine (Ka	47.60m	156-2	4/26
2	12	Katie FRENCH	#7	William Woods (A	44.84m	147-2	4/14
3	15	Victoria LOTZ	#2	MidAmerica NazA	44.65m	146-6	3/31
4	37	Kali BROWN	#1	Central Methodi	41.30m	135-6	4/22
5	44	Deja DELAINE	#8	Ottawa (Kan.)	40.95m	134-4	4/7
6	50	Jacy ANDERSON	#10	Baker (Kan.)	40.10m	131-7	4/29
7	59	Keshuna BYRD	#22	Jarvis Christian	39.54m	129-9	3/31
8	65	Karli WOLFE	#1	Central Methodi	39.11m	128-4	4/7
9	71	Kaylyn POWERS		Hannibal-LaGra	38.82m	127-5	4/15
10	72	Morgan LUCAS	#9	Oklahoma City	38.51m	126-4	4/28

Women's Hammer

1	6	Madison SUTTON	#4	Benedictine (Ka	53.35m	175-1	4/29
2	14	Baylee BEARD	#1	Central MethodiA	51.20m	168-0	3/31
3	30	Deja DELAINE	#8	Ottawa (Kan.)	48.28m	158-5	4/22
4	31	Katie FRENCH	#7	William Woods (	48.22m	158-3	4/14
5	36	Kaylyn POWERS		Hannibal-LaGra	47.19m	154-10	4/15
6	38	Macie ABLES		Missouri Valley	46.99m	154-2	4/14
7	39	Victoria LOTZ	#2	MidAmerica Naz	46.54m	152-8	4/29
8	48	Abby GREEN	#5	Friends (Kan.)	45.49m	149-3	4/29
9	54	Karli WOLFE	#1	Central Methodi	44.94m	147-5	4/22
10	58	Naiyah LANDRUM	#23	Park (Mo.)	44.82m	147-1	4/14

Women's Javelin

1	1	Laurel BARBER	#8	Ottawa (Kan.)	48.81m	160-2	4/26
2	8	Madeline BURTON	#18	Columbia (Mo.)	42.73m	140-2	3/24
3	11	Taylor CLAUSSEN		Bethany (Kan.)	42.11m	138-2	3/25
4	18	Natalie THOMAS	#7	William Woods (	39.55m	129-9	3/24
5	19	Kiana ORTIZ		Culver-Stockton	39.50m	129-7	4/22
6	30	Ellie EMERSON	#7	William Woods (	38.17m	125-3	4/14
7	36	Zoe SALAZAR		Oklahoma Panh	37.74mA	123-10	4/6
8	41	Nadia EMERLEY	#10	Baker (Kan.)	37.12m	121-10	4/29
9	50	Julie COFFEY	#10	Baker (Kan.)	36.26m	119-0	4/29
10	59	Grace GODARD	#4	Benedictine (Ka	35.50m	116-6	4/14

Women's Heptathlon

1	42	Paige SCHMID	#4	Benedictine (Ka	3,458		3/23
2	46	Madison BLANCH		SAGU (Texas)	3,315		4/28
3	50	Stephanie TOWLE	#9	Oklahoma City	3,248		4/28
4	56	Leah SATTler	#4	Benedictine (Ka	3,144		3/23
5	69	Ella MARGHEIM	#2	MidAmerica Naz	2,811		4/13
6	75	Allison DALZELL	#6	Texas Wesleyan	2,413		4/28



Regional TFRI Event Summary

as of 5/1/2023 7:19:51 AM

West

Women's 100 Meters

1	7	Hanna SOBKOWICH	#1	British Columbia	A:B 11.70	(1.4)	4/29
2	31	Emma RASTAD	#1	British Columbia	A:B 12.04	(1.4)	4/29
3	42	Armiyah JOHNSON	#2	Vanguard (Calif.	12.12	(0.6)	4/13
4	49	Jordyn BURKE	#2	Vanguard (Calif.	12.16	(-0.1)	4/27
5	56	Dorothy JACKSON	#2	Vanguard (Calif.	12.19w	(2.1)	3/25
6	66	Hero PETERS	#16	Corban (Ore.)	12.29w	(2.9)	4/21
7	68	Eryn BURKE	#2	Vanguard (Calif.	12.30w	(2.1)	3/25
8	72	Yahaira CHAVARRIA	#3	Eastern Oregon	12.31w	(3.3)	4/28
9	80	Sage WOOD	#4	College of Idaho	12.35	(1.2)	4/28
10	83	Charlotte WILLIAMS	#6	Westmont (Calif	12.37	(1.5)	3/18

Women's 100 Meter Hurdles

1	12	Madigan KELLY	#9	Lewis-Clark Stat	A:B 14.22	(-1.5)	3/18
2	34	Rebecca DUTCHAK	#1	British Columbia	A:B 14.76	(0.8)	4/13
3	40	Erica WASEQ	#12	William Jessup (	14.81	(0.7)	4/22
4	50	Penelopi LEACH	#2	Vanguard (Calif.	15.03	(1.7)	3/18
5	53	Abi STEVENS	#5	Southern Orego	15.10w	(2.2)	4/28
5	53	Nia COLLINS	#5	Southern Orego	15.10	(0.7)	3/17
7	55	Sara HATHAWAY	#9	Lewis-Clark Stat	15.15	(0.7)	3/23
8	60	Morgan BAYES	#3	Eastern Oregon	15.18	(-0.3)	3/24
9	71	Ashley BRITT	#9	Lewis-Clark Stat	15.35	(-1.5)	3/18
10	77	Abby CLARK	#8	Montana Tech	15.47c	(15.43A) (1	4/21

Women's 200 Meters

1	12	Hanna SOBKOWICH	#1	British Columbia	A:B 24.43w	(2.3)	4/13
2	14	Eryn BURKE	#2	Vanguard (Calif.	A:B 24.49	(1.3)	3/18
3	36	Brooke DALGITY	#2	Vanguard (Calif.	25.08w	(2.2)	4/13
4	45	Elizabeth BETTEN	#2	Vanguard (Calif.	25.17	(-1.3)	4/27
5	46	Jordyn BURKE	#2	Vanguard (Calif.	25.20	(1.7)	3/18
6	52	Armiyah JOHNSON	#2	Vanguard (Calif.	25.30	(-1.3)	4/27
7	69	Charlotte WILLIAMS	#6	Westmont (Calif	25.45	(0.4)	3/18
8	82	Jaiden RODRIGUES	#6	Westmont (Calif	25.61	(-0.2)	4/27
9	88	Anika GROGAN	#9	Lewis-Clark Stat	25.68	(1.0)	4/13
9	88	Yahaira CHAVARRIA	#3	Eastern Oregon	25.68	(0.9)	4/15

Women's 400 Meters

1	3	Eryn BURKE	#2	Vanguard (Calif.	A:B 54.89		4/8
2	22	Brooke DALGITY	#2	Vanguard (Calif.	A:B 56.73		4/27
3	29	Cayla SMITH	#1	British Columbia	A:B 57.21		4/13
4	33	Paige BAXSTRESSER	#11	Carroll (Mont.)	B 57.29		4/27
5	34	Elizabeth BETTEN	#2	Vanguard (Calif.	B 57.36		4/27
6	37	Jordyn BURKE	#2	Vanguard (Calif.	57.52		3/18
7	40	Emily COLLINS	#9	Lewis-Clark Stat	57.85		4/7
8	43	Siena KECK	#6	Westmont (Calif	58.00		4/27
9	54	Alexis JONES	#12	William Jessup (	58.34		4/27
10	58	Anika GROGAN	#9	Lewis-Clark Stat	58.40		3/23

Women's 400 Meter Hurdles

1	6	Jordyn BURKE	#2	Vanguard (Calif.	A:B 1:01.99		3/25
2	10	Ashley BRITT	#9	Lewis-Clark Stat	A:B 1:03.14		4/7
3	12	Morgan BAYES	#3	Eastern Oregon	B 1:03.33		4/28
4	30	Olleca SEVERSON	#8	Montana Tech	1:05.25c	(1:05.14A)	4/21
5	34	Nia COLLINS	#5	Southern Orego	1:05.37		3/17
6	42	India ORTIZ	#5	Southern Orego	1:05.84		3/17
7	46	Landyn LOVELADY	#19	Ottawa (Ariz.)	1:06.27		4/27
8	47	Sara HATHAWAY	#9	Lewis-Clark Stat	1:06.29		3/18
9	50	Sydney PECK	#3	Eastern Oregon	1:06.45		4/28
10	52	Ellen PALMGREN	#7	The Master's (Ca	1:06.48		4/27

Women's 800 Meters

1	2	Rachel MORTIMER	#1	British Columbia	A:B 2:08.61		4/13
2	3	Holly MACGILLIVRAY	#1	British Columbia	A:B 2:10.58		4/13
3	4	Abbey SHIRTS	#4	College of Idaho	A:B 2:10.86		4/7
4	8	Michelle HERBES	#3	Eastern Oregon	A:B 2:13.89		4/28
5	11	Sydney LITTLE LIGHT	#14	Rocky Mountain	A:B 2:14.39c	(2:14.77A)	4/21
6	14	Lauryn MITCHELL	#3	Eastern Oregon	B 2:14.74		4/14
7	24	Geraldine CORREA	#9	Lewis-Clark Stat	B 2:15.98		4/13
8	28	Hannah FREDERICKS	#7	The Master's (Ca	2:16.71		4/27
9	29	Natalie YOCUM	#11	Carroll (Mont.)	2:16.79c	(2:17.18A)	4/21
10	30	Ellen PALMGREN	#7	The Master's (Ca	2:16.86		4/27

Women's 1500 Meters

1	2	Holly MACGILLIVRAY	#1	British Columbia	A:B 4:17.60		4/13
2	3	Rachel MORTIMER	#1	British Columbia	A:B 4:20.51		4/13
3	4	Abbey SHIRTS	#4	College of Idaho	A:B 4:23.40		4/28
4	6	Hannah FREDERICKS	#7	The Master's (Ca	A:B 4:30.40		3/11
5	7	Sydney LITTLE LIGHT	#14	Rocky Mountain	A:B 4:30.63c	(4:33.79A)	4/21
6	8	Marley BECKETT	#1	British Columbia	A:B 4:31.35		4/29
7	9	Kyla BECKER	#1	British Columbia	A:B 4:31.95		4/29
8	11	Michelle HERBES	#3	Eastern Oregon	A:B 4:32.58		4/14
9	15	Sage MARTIN	#4	College of Idaho	A:B 4:35.64		4/15
10	18	Kiana GIBSON	#1	British Columbia	A:B 4:37.76		4/8

Women's Steeplechase

1	1	Kiana GIBSON	#1	British Columbia	A:B 10:11.52		4/29
2	4	Sage MARTIN	#4	College of Idaho	A:B 10:34.90		4/7
3	5	Jamie HENNESSEY	#1	British Columbia	A:B 10:35.77		3/25
4	9	Larissa MAUER	#4	College of Idaho	A:B 10:58.24		4/28
5	14	Lauren FORSTER	#5	Southern Orego	A:B 11:17.13		3/30
6	27	Carlin MANNING	#8	Montana Tech	11:33.21c	(11:41.59A)	4/21
7	29	Samantha DARA	#16	Corban (Ore.)	11:34.04		4/28
8	31	Abigail HUNDLEY	#6	Westmont (Calif	11:34.65		4/27
9	32	Josephine GREGORY	#21	Embry-Riddle (A	11:36.15		4/8
10	36	Savannah GANTER	#21	Embry-Riddle (A	11:41.60		4/8



Regional TFRI Event Summary

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West

Women's 5000 Meters

1	1	Kiana GIBSON	#1	British ColumbiaA:B	16:22.04	3/25
2	2	Katie NEWLOVE	#1	British ColumbiaA:B	16:27.09	3/25
3	3	Marley BECKETT	#1	British ColumbiaA:B	16:28.58	3/25
4	4	Kyla BECKER	#1	British ColumbiaA:B	16:33.40	3/25
5	5	Hannah FREDERICKS	#7	The Master's (Ca	16:46.18	4/13
6	6	Sage MARTIN	#4	College of IdahoA:B	16:48.00	3/24
7	8	Ellyse TINGELSTAD	#4	College of IdahoA:B	17:00.96	4/28
8	14	Sydney LITTLE LIGHT	#14	Rocky MountainA:B	17:21.93c (17:35.16A)	3/31
9	21	Emma TIMMERMANS	#23	Hope Internatio	17:33.95	4/13
10	23	Kahea FIGUEIRA	#4	College of Idaho B	17:34.48	4/28

Women's 10,000 Meters

1	1	Marley BECKETT	#1	British ColumbiaA:B	34:22.91	4/13
2	2	Kyla BECKER	#1	British ColumbiaA:B	35:35.96	4/13
3	4	Ellyse TINGELSTAD	#4	College of IdahoA:B	35:41.88	3/30
4	12	Hannah FREDERICKS	#7	The Master's (Ca	37:06.45	4/27
5	13	Autumn NOOTBAAR	#7	The Master's (Ca	37:09.50	3/24
6	15	Haylee BRODAHL	#5	Southern OregoA:B	37:16.19	3/30
7	18	Alejandra LOPEZ	#5	Southern OregoA:B	37:24.97	3/30
8	24	Kimberly PAGE	#7	The Master's (Ca	37:44.68	3/24
9	26	Azalea PRINCE	#12	William Jessup (	37:48.05	3/30
10	30	Molly CONNOR	#4	College of Idaho B	38:06.82	4/7

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	#1	British ColumbiaA:B	22:53.68	4/27
2	3	Joan LU	#1	British ColumbiaA:B	24:53.01	4/27
3	4	Cassidy CARDLE	#1	British ColumbiaA:B	25:28.71	3/25
4	17	Mariah HILDEBRANDT	#7	The Master's (Ca	29:58.14	3/25
5	22	Allie METHUM	#7	The Master's (Ca	30:30.95	3/25

Women's 4x100 Relay

1	7	Dorothy JACKSON, Eryn BURKE, Jordyn BURKE, Armiyah JOHNSON	#2	Vanguard (Calif.A:B	46.46	4/8
2	10	Emma RASTAD, Sonya URBANOWICZ, Cayla SMITH, Hanna SOBKOWICH	#1	British ColumbiaA:B	46.91	4/29
3	28	McKenna PHILLIPS, Siena KECK, Jaiden RODRIGUES, Charlotte WILLIAMS	#6	Westmont (Calif	48.05	4/27
4	29	Charlotte BOWMAN, Addison TRENT, Sage WOOD, Chloe BARYLSKI	#4	College of Idaho	48.11	4/28
5	39	Yahaira CHAVARRIA, Morgan BAYES, Sade WILLIAMS, Katie BROWN	#3	Eastern Oregon	48.59	4/28
6	41	Mollee CONLAN, Jadyn VERMILLION, Emily RATZ, Natylia JACOBSON	#8	Montana Tech	48.64c (48.52A)	4/21
7	44	Ashley BRITT, Emily COLLINS, Madigan KELLY, Sara HATHAWAY	#9	Lewis-Clark Stat	48.76	4/15
8	48	Erica WASEQ, Alexis JONES, Julissa CASILLAS, Eleanor KANIA	#12	William Jessup (	48.96	4/22
9	57	Adrienne MAI, Janea ROBERTSON, Madeline DESEMON, Sarah PHILLIPS	#15	Bushnell (Ore.)	49.49	4/28
10	60	Jordyn ESPINOZA, Zhanna EDWARDS, Nardia PADILLA, Jaiden CANADY	#22	Park (Ariz.)	49.60	4/8



Regional TFRI Event Summary

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West

Women's 4x400 Relay

1	3	Elizabeth BETTEN, Ariana RODRIGUEZ, Brooke DALGITY, Eryn BURKE	#2	Vanguard (Calif.)	A: B 3:48.40	4/27
2	17	McKenna PHILLIPS, Jaiden RODRIGUES, Charlotte WILLIAMS, Siena KECK	#6	Westmont (Calif.)	B 3:56.27	4/27
3	25	Abi STEVENS, Sarah MAUK, Aayzia DUMAS, India ORTIZ	#5	Southern Orego	3:59.24	4/14
4	28	Paige BAXSTRESSER, Madalen SHIPMAN, Brooklyn SCHULTZ, London LAMBRECHT	#11	Carroll (Mont.)	4:00.82	4/27
5	29	Cayla SMITH, Akuol RIAK, Hanna SOBKOWICH, Holly MACGILLIVRAY	#1	British Columbia	4:01.00	4/29
6	30	Morgan BAYES, Sydney PECK, Lauryn MITCHELL, Michelle HERBES	#3	Eastern Oregon	4:01.09	4/7
7	32	Emily RATZ, Kamryn COMBA, Olleca SEVERSON, Hadassah WILSON	#8	Montana Tech	4:02.54	4/27
8	37	Adrienne MAI, Olivia BAILON, Madeline DESEMONE, Janea ROBERTSON	#15	Bushnell (Ore.)	4:04.45	3/30
9	43	Jennifer PEDRETTI, Alexis JONES, Eleanor KANIA, Jayden JACKSON	#12	William Jessup (	4:05.18	4/27
10	50	Sage WOOD, Zoe BUTLER, Chloe BARYLSKI, Roby YOUNG	#4	College of Idaho	4:06.93	4/15

Women's 4x800 Relay

1	2	Hannah FREDERICKS, Suzie JOHNSON, Rebekah NIEDNAGEL, Ellen PALMGREN	#7	The Master's (Ca.)	B 9:12.55	3/25
2	3	Katie NEWLOVE, Kyla BECKER, Holly MACGILLIVRAY, Rachel MORTIMER	#1	British Columbia	A: B 9:15.27	3/25
3	14	Kate BARANSKI, Jessina MORALES, Karla SANCHEZ- RUIZ, Olivia FINCH	#2	Vanguard (Calif.)	9:35.25	3/25
4	19	Siena KECK, Landon TORRES, Kari ANEMA, Abigail HUNDLEY	#6	Westmont (Calif.)	9:40.86	3/25
5	20	London LAMBRECHT, Madalen SHIPMAN, Kyle OLSON, Natalie YOCUM	#11	Carroll (Mont.)	9:41.72c (9:43.98A)	4/14
6	46	Kallyn WILKINS, Rylie SCHOENFELD, Tyne STOKES, Sydney LITTLE LIGHT	#14	Rocky Mountain	10:21.09c (10:23.50A)	4/14
7	62	MaryAlice MITCHELL, Holley NICHOLS, Allena FUGATT, Emily TILL	#17	Arizona Christian	11:17.64	4/27
8	68	RaeLynn HEGGEM, Lizzy PERRY, Jacklyn WALLER, Kamryn COMBA	#8	Montana Tech	11:48.45	4/27
9	71	Hailey HOPKINS, Lacy CEREMONY, Vivianna GARDEA, Karsyn LEIKAUF	#12	William Jessup (	12:18.00	4/27

Women's High Jump

1	7	Abi STEVENS	#5	Southern Orego	B 1.66m	5-5¼	4/7
2	10	Abby CLARK	#8	Montana Tech	B 1.65m	5-5	4/27
3	24	Roby YOUNG	#4	College of Idaho	1.63m	5-4¼	4/15
3	24	Lily SWEEN	#6	Westmont (Calif.)	1.63m	5-4¼	4/27
5	28	Sarah PIMBLETT	#1	British Columbia	1.62m	5-3¾	4/20
6	32	Madde BOLES	#11	Carroll (Mont.)	1.61m	5-3¾	4/7
7	33	Brooke WIRKKALA	#14	Rocky Mountain	1.60m	5-3	4/27
8	41	Corona PARKER	#20	Evergreen State	1.59m	5-2½	4/20
8	41	terra BERTSCH	#10	Providence (Mo)	1.59m	5-2½	4/7
10	44	Lizzy GRANDLE	#3	Eastern Oregon	1.58m	5-2¼	3/30
10	44	Julianna HOLM	#2	Vanguard (Calif.)	1.58m	5-2¼	4/27



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West

Women's Pole Vault

1	8	Sonya URBANOWICZ	#1	British Columbia	A:B 3.80m	12-5½	3/25
2	10	terra BERTSCH	#10	Providence (Mo)	A:B 3.66mA	12-0	4/14
3	11	Abby RUMOHR	#6	Westmont (Calif)	A:B 3.65m	11-11¾	4/27
4	16	Chloe GALLAGHER	#11	Carroll (Mont.)	B 3.55m	11-7¾	4/27
5	23	Britain POLK	#6	Westmont (Calif)		11-5	4/8
5	23	Moriah CHIANG	#6	Westmont (Calif)		11-5	4/8
7	26	Cynthia SMITH	#9	Lewis-Clark Stat		11-3¾	3/18
7	26	India ORTIZ	#5	Southern Orego		11-3¾	3/17
9	41	Kamden HILLBORN	#11	Carroll (Mont.)		10-8	4/7
10	51	Jayden JACKSON	#12	William Jessup (		10-5¼	3/30

Women's Long Jump

1	14	Emma RASTAD	#1	British Columbia	A:B 5.78m	18-11¾ (0.0)	3/18
2	27	Rebecca DUTCHAK	#1	British Columbia	B 5.67m	18-7¼ (0.2)	3/18
2	27	Gabriel PARINI	#10	Providence (Mo)	B 5.67m	A 18-7¼ (2.8)	4/7
4	35	Addison TRENT	#4	College of Idaho		5.59mw 18-4¼ (3.2)	4/15
5	38	Princess BROWNE	#18	Multnomah (Ore)		5.54mw 18-2¼ (2.2)	4/28
6	42	Jadyn VERMILLION	#8	Montana Tech		5.50mw 18-½ (2.1)	3/31
7	45	Allison MACDONALD	#1	British Columbia		5.48m 17-11¾ (0.0)	4/29
8	48	Roniekia ROBINSON	#19	Ottawa (Ariz.)		5.47m 17-11½ (0.0)	4/27
9	51	Abby CLARK	#8	Montana Tech		5.46m 17-11 (0.1)	4/27
9	51	Abi STEVENS	#5	Southern Orego		5.46m 17-11 (0.0)	4/20

Women's Triple Jump

1	10	Princess BROWNE	#18	Multnomah (Ore)	A:B 11.80m	38-8¾ (0.0)	3/17
2	11	Allison MACDONALD	#1	British Columbia	B 11.74m	38-6¼ (-0.0)	4/14
3	38	Naiya BEAUDIN	#8	Montana Tech		11.18m 36-8¼ (1.5)	4/27
3	38	Alexis JONES	#12	William Jessup (		11.18m 36-8¼ (0.0)	3/30
5	40	Sienna BAUER	#5	Southern Orego		11.15m 36-7 (-4.0)	4/21
6	41	Micaiah SCOTT	#7	The Master's (Ca		11.12m 36-5¼ (0.0)	4/27
7	61	Sydney ZYWINA	#9	Lewis-Clark Stat		10.91m 35-9½ (0.6)	4/13
8	70	Lily SWEEN	#6	Westmont (Calif		10.78m 35-4½ (0.2)	4/27
9	73	Sara VANDERWYK	#4	College of Idaho		10.75mw 35-3¼ (3.0)	4/15
10	74	Gabriel PARINI	#10	Providence (Mo)		10.73mw 35-2½ (3.0)	4/7

Women's Shot Put

1	1	Maggie LEDBETTER	#3	Eastern Oregon	A:B 14.57m	47-9¾	4/15
2	16	Michelle DADSON	#1	British Columbia	B 13.52m	44-4¼	4/29
3	36	Kenna WOODWARD	#3	Eastern Oregon		12.70m 41-8	4/15
4	40	Jessica PEDRETTI	#12	William Jessup (		12.63m 41-5¼	4/22
5	45	Libby MATHIS	#15	Bushnell (Ore.)		12.50m 41-¼	4/14
6	46	Star HERRON	#4	College of Idaho		12.49m 40-11¾	4/15
7	58	Jaelah BUTLER	#2	Vanguard (Calif.		12.26m 40-2¾	4/27
8	64	Allyson CONNER	#10	Providence (Mo)		12.16m 39-10¾	4/27
9	71	kathryn EVANS	#10	Providence (Mo)		12.01mA 39-5	4/7
10	81	Lizzy GRANDLE	#3	Eastern Oregon		11.90m 39-½	4/28

Women's Discus

1	18	tatiana MARTINEZ	#10	Providence (Mo)	B 43.44mA	142-6	4/7
2	24	Maggie LEDBETTER	#3	Eastern Oregon	B 42.69m	140-1	4/15
3	27	Calla HALDORSON	#10	Providence (Mo)	B 42.48mA	139-5	4/7
4	36	Jessica PEDRETTI	#12	William Jessup (		41.31m 135-7	3/30
5	51	Jaelah BUTLER	#2	Vanguard (Calif.		40.06m 131-5	4/27
6	55	Allyson CONNER	#10	Providence (Mo)		39.88mA 130-10	4/7
7	60	Avari BATT	#10	Providence (Mo)		39.40m 129-3	4/27
8	63	Kayla BOTKIN	#11	Carroll (Mont.)		39.12m 128-4	4/21
9	69	Aaliyah ESPINOZA	#2	Vanguard (Calif.		38.84m 127-5	4/27
10		Gabrielle TATA-RODRIGUES	#16	Corban (Ore.)		37.21m 122-1	4/21

Women's Hammer

1	7	Allyson CONNER	#10	Providence (Mo)	A:B 52.67mA	172-10	4/7
2	8	Kenna WOODWARD	#3	Eastern Oregon	A:B 51.83m	170-1	4/15
3	10	Bella HALL	#1	British Columbia	A:B 51.76m	169-10	4/8
4	13	Michelle DADSON	#1	British Columbia	A:B 51.30m	168-4	3/18
5	17	Maggie LEDBETTER	#3	Eastern Oregon	A:B 50.57m	165-11	4/28
6	19	Lauren FRIESEN	#1	British Columbia	B 50.02m	164-1	4/29
7	29	Star HERRON	#4	College of Idaho		48.47m 159-0	4/15
8	55	Katie MULL	#13	Oregon Tech		44.92m 147-5	4/14
9	56	Jaelah BUTLER	#2	Vanguard (Calif.		44.89m 147-4	3/11
10	60	Jessica PEDRETTI	#12	William Jessup (		44.81m 147-0	3/10

Women's Javelin

1	2	Alex CONLEY	#13	Oregon Tech	A:B 46.11m	151-4	4/8
2	4	Micaiah SCOTT	#7	The Master's (Ca	A:B 45.66m	149-10	3/18
3	5	Mckenzie CLARK	#10	Providence (Mo)	A:B 43.95m	144-3	4/21
4	6	Allie BEST	#3	Eastern Oregon	A:B 43.45m	142-7	4/15
5	7	Giovanna JANES	#1	British Columbia	A:B 43.25m	141-11	4/13
6	10	Brittan BRATSCHER	#13	Oregon Tech	A:B 42.24m	138-7	3/17
7	12	Aarika BROOKS	#13	Oregon Tech	A:B 41.73m	136-11	4/28
8	13	Jenna JORDAN	#8	Montana Tech	A:B 41.38m	135-9	3/31
9	14	Lizzy GRANDLE	#3	Eastern Oregon	A:B 41.04m	134-8	4/28
10	16	Kea STIEGLITZ	#9	Lewis-Clark Stat	B 39.89m	130-11	4/15

Women's Heptathlon

1	2	Rebecca DUTCHAK	#1	British Columbia	B 4,845	4/20
2	5	Abi STEVENS	#5	Southern Orego	B 4,720	4/20
3	8	Abby CLARK	#8	Montana Tech	B 4,460A	4/14
4	9	Lizzy GRANDLE	#3	Eastern Oregon	B 4,445	4/20
5	10	Lily SWEEN	#6	Westmont (Calif	B 4,433	3/23
6	11	Sammy CONLEY	#3	Eastern Oregon	B 4,296	4/20
7	12	Ally ODELL	#13	Oregon Tech	B 4,282	4/20
8	13	Jenna HODGES	#5	Southern Orego	B 4,265	4/20
9	14	Roby YOUNG	#4	College of Idaho	B 4,209	4/20
10	15	Jayden JACKSON	#12	William Jessup (	B 4,203	4/6