



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #2, April 3

as of 4/3/2023 8:13:22 AM

Atlantic

Women's 100 Meters

1	28	Alyssa DYETT	#1	Monroe-New Ro	DI 12.26	(-0.3)	3/30
2	37	Abigail DYETT	#1	Monroe-New Ro	DI 12.41	(1.2)	3/24
3	38	Lynette SCUTARI	#7	Tallahassee (Fla)	DI 12.43	(0.3)	3/24
4	59	Kiana CASIMIR	#3	Essex County (N	DI 12.88	(0.1)	3/31
5	67	Lexi WHEELER	#5	Lansing (Mich.)	DI 13.03w	(2.2)	3/31
6	85	Anaika LOUIS	#1	Monroe-New Ro	DI 13.25	(1.5)	3/24
7		Dayvione BRIGGS	#2	Cuyahoga (Ohio)	DI 13.53w	(3.6)	3/31
8		Vegonia JEAN BAPTISTE	#1	Monroe-New Ro	DI 13.54	(0.5)	3/24
9		Leah STEVENS	#8	Hagerstown (Md)	DI 13.63	(0.0)	3/25
10		Madison WEST	#10	Montgomery (M	DI 13.73	(0.7)	3/31
10		Kiana HUNTER	#12	CCBC Essex (Md)	DI 13.73w	(2.9)	3/4

Women's 100 Meter Hurdles

1	14	Jelese ALEXANDER	#3	Essex County (N	DI 15.36	(0.2)	3/31
2	18	Dayvione BRIGGS	#2	Cuyahoga (Ohio)	DI 15.62	(1.2)	3/31
3	19	Myasia MATTHEWS	#2	Cuyahoga (Ohio)	DI 15.71	(-0.3)	3/24

Women's 200 Meters

1	30	Abigail DYETT	#1	Monroe-New Ro	DI 25.79	(1.3)	3/30
2	34	Jelese ALEXANDER	#3	Essex County (N	DI 25.87	(-1.8)	3/31
3	54	Lynette SCUTARI	#7	Tallahassee (Fla)	DI 26.42	(1.3)	3/24
4	65	Kahliyah SMITH	#1	Monroe-New Ro	DI 26.71	(1.5)	3/24
5	69	thomyka VALCENT	#3	Essex County (N	DI 27.04	(0.1)	3/31
6	85	Vegonia JEAN BAPTISTE	#1	Monroe-New Ro	DI 27.49	(0.9)	3/24
7	87	Fanta SANGOO	#3	Essex County (N	DI 27.53	(0.1)	3/31
8	91	Anaika LOUIS	#1	Monroe-New Ro	DI 27.82	(0.1)	3/24
9		Leah STEVENS	#8	Hagerstown (Md)	28.24w	(2.4)	3/25
10		Haley KOHLHOUSE	#4	Vincennes (Ind.)	28.45w	(2.7)	3/24

Women's 400 Meters

1	14	Jelese ALEXANDER	#3	Essex County (N)	Q 56.14		2/10
2	44	Kahliyah SMITH	#1	Monroe-New Ro	DI 59.08		3/30
3	53	Ashanti GORDON	#3	Essex County (N	DI 1:00.18		1/16
4	57	Kayla JOHNSON	#1	Monroe-New Ro	DI 1:00.55		3/24
5	59	thomyka VALCENT	#3	Essex County (N	DI 1:00.64		3/31
6	62	Morgan HETHERINGTON	#5	Lansing (Mich.)	DI 1:00.82		3/31
7	65	Fanta SANGOO	#3	Essex County (N	DI 1:00.94		2/19
8	67	Dayvione BRIGGS	#2	Cuyahoga (Ohio)	DI 1:01.00		2/9
9	70	Vegonia JEAN BAPTISTE	#1	Monroe-New Ro	DI 1:01.42		3/30
10	90	Raeven BYRD	#7	Tallahassee (Fla)	DI 1:03.34		2/16

Women's 400 Meter Hurdles

1	18	Dayvione BRIGGS	#2	Cuyahoga (Ohio)	DI 1:09.31		3/31
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Women's 800 Meters

1	10	Kayla JOHNSON	#1	Monroe-New Ro	Q 2:17.84		3/3
2	17	Shaquka TYRELL	#1	Monroe-New Ro	Q 2:19.90		3/30
3	49	Morgan HETHERINGTON	#5	Lansing (Mich.)	DI 2:28.41		3/31
4	52	Brittany PAGE	#4	Vincennes (Ind.)	DI 2:28.74		2/18
5	53	Faith CLARK	#6	Muskegon (Mich)	DI 2:28.82		1/21
6	55	Jana STIFFLER	#5	Lansing (Mich.)	DI 2:29.08		3/31
7	57	thomyka VALCENT	#3	Essex County (N	DI 2:29.24		2/3
8	69	Jelese ALEXANDER	#3	Essex County (N	DI 2:31.78		3/3
9	92	Gabrielle METZGER	#5	Lansing (Mich.)	DI 2:34.95		3/31
10	96	Arielle VALDES	#7	Tallahassee (Fla)	DI 2:35.81		2/16

Women's 1500 Meters

1	14	Zothile Jesica MBHAMALI	#1	Monroe-New Ro	Q 4:54.96		3/24
2	16	Kayla JOHNSON	#1	Monroe-New Ro	Q 4:55.03		1/27
3	21	Shaquka TYRELL	#1	Monroe-New Ro	Q 4:57.33		3/30
4	26	Jana STIFFLER	#5	Lansing (Mich.)	DI 4:59.48		3/31
5	59	Haley ELLIS	#5	Lansing (Mich.)	DI 5:13.63		3/31
6	60	Gabrielle METZGER	#5	Lansing (Mich.)	DI 5:13.64		3/31
7	80	Brittany PAGE	#4	Vincennes (Ind.)	DI 5:21.56		1/20
8	81	Hope LAUGHLIN	#4	Vincennes (Ind.)	DI 5:22.01		1/27
9	88	Emilia ZAVALA	#2	Cuyahoga (Ohio)	DI 5:25.89		3/24
10	96	Daisie KINNETT	#4	Vincennes (Ind.)	DI 5:29.76		1/20

Women's 5000 Meters

1	10	Zothile Jesica MBHAMALI	#1	Monroe-New Ro	Q 18:38.01		3/30
2	23	Daisie KINNETT	#4	Vincennes (Ind.)	DI 19:05.98		3/3
3	30	Jana STIFFLER	#5	Lansing (Mich.)	DI 19:19.27		3/24
4	47	Haley ELLIS	#5	Lansing (Mich.)	DI 20:53.77		3/24
5	48	Haley BELL	#5	Lansing (Mich.)	DI 20:53.88		3/24
6	49	Emilia ZAVALA	#2	Cuyahoga (Ohio)	DI 20:56.24		3/31
7	54	Arielle VALDES	#7	Tallahassee (Fla)	DI 21:12.44		3/4
8	56	Ashleigh DUFFY	#2	Cuyahoga (Ohio)	DI 21:13.21		3/31

Women's 4x400 Relay

1	9	https://www.tfrrs.org/teams/690	#3	Essex County (N)	Q 3:53.30		3/3
2	13	https://www.tfrrs.org/teams/59475	#1	Monroe-New Ro	Q 3:59.41		2/17
3	25	Haley ELLIS, Katelyn SLONE, Jana STIFFLER, Morgan HETHERINGTON	#5	Lansing (Mich.)	DI 4:30.12		3/31
4	28	https://www.tfrrs.org/teams/77902	#6	Muskegon (Mich)	DI 4:34.79		1/13



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Women's High Jump

1	7	Jelese ALEXANDER	#3	Essex County (NI):Q	1.70m	5-7	1/13
2	9	Josey REINEMAN	#8	Hagerstown (Md):Q	1.66m	5-5½	3/3
3	18	Gabrielle COOK	#8	Hagerstown (Md):DI	1.60m	5-3	3/31
4	31	Akayla PICKERSGILL	#1	Monroe-New Ro:DI	1.52m	4-11¾	2/24
5	45	Mia MILANO	#2	Cuyahoga (Ohio):DI	1.42m	4-7¾	1/28
6	51	Dayvione BRIGGS	#2	Cuyahoga (Ohio)	1.38m	4-6½	2/9
7	52	Madison STEPANIK	#2	Cuyahoga (Ohio)	1.37m	4-6	1/14
8	64	Tori VANTAMELEN	#6	Muskegon (Mich)	1.28m	4-2½	2/9

Women's Pole Vault

1	1	Julia DO AMARAL SALVI	#4	Vincennes (Ind.):Q	3.80m	12-5½	3/3
2	5	Ysnaira DOS SANTOS VIEIRA	#4	Vincennes (Ind.):Q	3.50m	11-5¾	3/3
3	7	Mikaila EK	#8	Hagerstown (Md):Q	3.25m	10-8	2/3
4	10	Abby MAKARA	#2	Cuyahoga (Ohio):DI	3.00m	9-10	2/17
5	16	Jillian CARRICK	#2	Cuyahoga (Ohio):DI	2.62m	8-7	3/24

Women's Long Jump

1	25	Alyssa DYETT	#1	Monroe-New Ro:DI	5.00m	16-5 (-2.6)	3/24
2	47	Akayla PICKERSGILL	#1	Monroe-New Ro	4.36m	14-3¾ (0.3)	3/24
3	49	Madison WEST	#10	Montgomery (M)	4.31m	14-1¾ (-0.3)	3/31
4	51	Mia MILANO	#2	Cuyahoga (Ohio)	4.25m	13-11½ (-2)	3/24

Women's Triple Jump

1	4	Alyssa DYETT	#1	Monroe-New Ro:Q	11.70m	38-4¾ (1.6)	3/30
2	6	Jelese ALEXANDER	#3	Essex County (N):DI	11.40m	37-5 (1.6)	3/31

Women's Shot Put

1	16	Madison DAVIS	#4	Vincennes (Ind.):DI	12.17m	39-11¼	2/18
2	34	Madison STEPANIK	#2	Cuyahoga (Ohio):DI	10.98m	36-¼	2/4
3	46	Jelese ALEXANDER	#3	Essex County (N):DI	10.18m	33-4¾	3/3
4	53	De'Janaeia JOHNSON	#9	Spartanburg Me:DI	9.96m	32-8¼	3/4
5	63	Alex FECKNER	#2	Cuyahoga (Ohio):DI	9.56m	31-4½	2/17
6	64	Brianna MOBLEY	#7	Tallahassee (Fla):DI	9.54m	31-3¾	3/24
7	73	Akyla WALCOTT	#3	Essex County (N):DI	9.37m	30-9	1/28
8	83	Rahmat SHOWA	#1	Monroe-New Ro	8.97m	29-5¼	2/10
9	97	Natalie WAGLER	#4	Vincennes (Ind.)	8.06m	26-5½	3/24
10		Nyia OUTLAW	#13	CUNY Hostos	7.38m	24-2½	3/25

Women's Discus

1	27	Karleigh JEFFRIES	#6	Muskegon (Mich):DI	34.18m	112-2	3/31
2	34	Madison STEPANIK	#2	Cuyahoga (Ohio):DI	32.33m	106-1	3/31
3	41	Madison DAVIS	#4	Vincennes (Ind.):DI	30.78m	101-0	3/24
4	44	Brianna MOBLEY	#7	Tallahassee (Fla):DI	29.99m	98-4¾	3/24
5	60	Olivia KELLER	#10	Montgomery (M)	26.64m	87-5	3/31
6	69	De'Janaeia JOHNSON	#9	Spartanburg Me	22.74m	74-7¼	3/17
7	74	Natalie WAGLER	#4	Vincennes (Ind.)	19.83m	65-¾	4/1

Women's Hammer

1	46	Madison STEPANIK	#2	Cuyahoga (Ohio):DI	30.38m	99-8¼	3/31
2	48	Karleigh JEFFRIES	#6	Muskegon (Mich):DI	29.15m	95-7¾	3/31

Women's Javelin

1	8	Giorgia FINO	#4	Vincennes (Ind.):Q	37.41m	122-9	3/24
2	40	Madison DAVIS	#4	Vincennes (Ind.)	23.97m	78-7¾	3/24
3	41	Madison STEPANIK	#2	Cuyahoga (Ohio)	23.80m	78-1	3/31
4	43	Natalie WAGLER	#4	Vincennes (Ind.)	21.93m	71-11½	4/1
5	56	Alex FECKNER	#2	Cuyahoga (Ohio)	15.77m	51-9	3/31



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Women's 100 Meters

1	3	Troynelle MILLER	#8 Colby (Kan.) CC	I:Q 11.72w	(2.6)	3/25
2	4	Naiya MORGAN	#3 Barton (Kan.) CC	Q 11.75w	(2.6)	3/29
3	5	Damazvia DAMES	#5 Fort Scott (Kan.)	:Q 11.76w	(2.7)	3/29
4	6	Miracle THOMPSON	#1 Cloud County (Kl)	:Q 11.77	(1.8)	3/30
5	10	Jalia BUNN	#9 Coffeyville (Kan.)	:Q 11.92w	(2.6)	3/25
6	11	Keyann WILSON	#5 Fort Scott (Kan.)	:Q 11.94w	(3.0)	3/29
7	17	Chaniqua TONGE	#5 Fort Scott (Kan.)	DI 12.06	(0.8)	3/23
8	20	Serenity JACKSON	#12 Pratt (Kan.) CC	DI 12.10w	(3.4)	3/18
8	20	Isabella KUPKA	#2 Cowley (Kan.)	DI 12.10	(1.8)	3/30
10	22	Antiana WALSH	#3 Barton (Kan.) CC	DI 12.13c	(12.10A) (0	3/24

Women's 100 Meter Hurdles

1	2	Joda CAMPBELL	#6 Butler (Kan.) CC	I:Q 14.15	(-0.1)	3/30
2	4	Miracle THOMPSON	#1 Cloud County (Kl)	:Q 14.37	(-0.2)	3/25
3	11	Kaylee JAMES	#4 Hutchinson (Kar)	DI 15.30	(-0.2)	3/25
4	13	Madelyn HERNANDEZ	#4 Hutchinson (Kar)	DI 15.34	(0.7)	3/30
5	16	L'Oreal JONES	#5 Fort Scott (Kan.)	DI 15.48	(0.6)	3/23
6	20	Vanessa MERCERA	#1 Cloud County (Kl)	DI 15.73	(-0.2)	3/25
7	22	Landrea SEARS	#11 Neosho County	DI 15.80		3/25
8	24	Ahniesha PRESULME	#3 Barton (Kan.) CC	DI 15.90	(0.7)	3/30
9	25	Justyce THOMAS	#12 Pratt (Kan.) CC	DI 15.91	(1.5)	3/24
10	29	LaShae' SMITH	#2 Cowley (Kan.)	DI 16.35	(1.9)	3/30

Women's 200 Meters

1	1	Damazvia DAMES	#5 Fort Scott (Kan.)	:Q 23.78	(2.0)	3/30
2	3	Vimbayi MAISOVOREWA	#1 Cloud County (Kl)	:Q 24.12	(0.3)	3/25
3	7	Naiya MORGAN	#3 Barton (Kan.) CC	Q 24.39c	(24.32A) (0	3/24
4	11	Antiana WALSH	#3 Barton (Kan.) CC	DI 24.62c	(24.55A) (-	3/24
5	16	Troynelle MILLER	#8 Colby (Kan.) CC	DI 24.84	(0.3)	3/25
6	18	Isabella KUPKA	#2 Cowley (Kan.)	DI 24.98	(0.3)	3/25
7	21	Chaniqua TONGE	#5 Fort Scott (Kan.)	DI 25.25w	(2.6)	3/23
8	24	Kayly GUTHRIE	#13 Highland (Kan.)	DI 25.32	(1.0)	3/30
9	26	Jalia BUNN	#9 Coffeyville (Kan.)	DI 25.57	(0.3)	3/25
10	33	Nakaila BIRDINE	#5 Fort Scott (Kan.)	DI 25.84	(0.8)	3/17

Women's 400 Meters

1	2	Vimbayi MAISOVOREWA	#1 Cloud County (Kl)	:Q 53.50		3/3
2	8	Naiya MORGAN	#3 Barton (Kan.) CC	Q 55.09		2/18
3	11	Dy'Mond WILEY	#3 Barton (Kan.) CC	Q 55.57		2/10
4	17	Trishanie WARNER	#6 Butler (Kan.) CC	DI 56.36		3/30
5	19	Serenity JACKSON	#12 Pratt (Kan.) CC	DI 56.49		2/18
6	22	Isabella KUPKA	#2 Cowley (Kan.)	DI 57.02		3/3
7	24	Star MPAMA	#6 Butler (Kan.) CC	DI 57.28		3/3
8	28	Antiana WALSH	#3 Barton (Kan.) CC	DI 57.62		3/30
9	30	Passion CREWS	#1 Cloud County (Kl)	DI 57.71		3/30
10	32	oarabile TSHOSA	#3 Barton (Kan.) CC	DI 57.91		3/30

Women's 400 Meter Hurdles

1	6	Vanessa MERCERA	#1 Cloud County (Kl)	:Q 1:04.47		3/25
2	10	Miracle THOMPSON	#1 Cloud County (Kl)	:Q 1:05.81		3/25
3	11	Tashira EDWARDS	#6 Butler (Kan.) CC	I:Q 1:06.04		3/30
4	12	Ashley ROBINSON	#14 Allen (Kan.) CC	DI 1:06.53		3/30
5	14	Landrea SEARS	#11 Neosho County	DI 1:07.42		3/30
6	16	Vionce OLIVARES	#6 Butler (Kan.) CC	DI 1:08.38		3/30
7	17	Justyce THOMAS	#12 Pratt (Kan.) CC	DI 1:09.27		3/24
8	19	Icey GREEN	#5 Fort Scott (Kan.)	DI 1:09.51		3/23
9	23	Danielle HARTWELL	#8 Colby (Kan.) CC	DI 1:12.79		3/25
10	24	Tara GRAHAM	#8 Colby (Kan.) CC	DI 1:15.94		3/25

Women's 800 Meters

1	8	Passion CREWS	#1 Cloud County (Kl)	:Q 2:16.76		3/3
2	9	Tara BERT	#8 Colby (Kan.) CC	I:Q 2:17.83		3/3
3	15	Star MPAMA	#6 Butler (Kan.) CC	I:Q 2:19.44		3/23
4	16	Gracie LAMBERT	#4 Hutchinson (Kar)	:Q 2:19.73		3/3
5	18	Elif POYRAZ	#8 Colby (Kan.) CC	I:Q 2:20.10		2/10
6	20	Vanessa MERCERA	#1 Cloud County (Kl)	DI 2:21.15		3/3
7	21	Ann BADAWI	#5 Fort Scott (Kan.)	DI 2:21.33		3/17
8	23	Abigail PINNOCK	#2 Cowley (Kan.)	DI 2:22.53		2/10
9	24	Chrystal OSAKWE	#5 Fort Scott (Kan.)	DI 2:23.01		3/17
10	31	Ana COUTO	#3 Barton (Kan.) CC	DI 2:24.65c	(2:25.07A)	3/24

Women's 1500 Meters

1	3	Emily DIERCKS	#8 Colby (Kan.) CC	I:Q 4:39.55		3/3
2	12	Elif POYRAZ	#8 Colby (Kan.) CC	I:Q 4:53.77		2/10
3	18	Lucy NDUNGU	#1 Cloud County (Kl)	:Q 4:56.33		2/3
4	20	Asli ATAN	#8 Colby (Kan.) CC	I:Q 4:57.25		2/18
5	23	Ann BADAWI	#5 Fort Scott (Kan.)	:Q 4:57.97		3/30
6	25	Tara BERT	#8 Colby (Kan.) CC	DI 4:59.26		2/10
7	27	Melody OCHANA	#1 Cloud County (Kl)	DI 4:59.67		2/3
8	28	Khloi BIRD	#6 Butler (Kan.) CC	DI 4:59.91		2/3
9	30	Chrystal OSAKWE	#5 Fort Scott (Kan.)	DI 5:01.86		2/18
10	32	Taylor HOSKINSON	#4 Hutchinson (Kar)	DI 5:02.35		2/3

Women's Steeplechase

1	7	Jamaira ROSS	#12 Pratt (Kan.) CC	I:Q 12:14.76		3/30
2	12	Shareen CHERUIYOT	#7 Garden City (Kar)	DI 12:28.86		3/25
3	13	Denise DOMINGUEZ	#10 Dodge City (Kan.)	DI 12:43.68		3/31
4	15	Andrea SERRANO	#7 Garden City (Kar)	DI 13:21.86c	(13:33.36A)	3/18
5	16	Nevaeh CARRIZAL	#10 Dodge City (Kan.)	DI 13:50.29		3/31
6	17	Taylor THORP	#7 Garden City (Kar)	DI 14:27.59		3/31



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Women's 5000 Meters

1	3	Lucy NDUNGU	#1	Cloud County (Kl:Q 17:47.44	3/3
2	6	Khloi BIRD	#6	Butler (Kan.) CCl:Q 18:26.76	3/23
3	15	Serenity LARSON	#4	Hutchinson (Kar:Q 18:53.82	2/3
4	20	Andrea GARCIA-GONZALEZ	#2	Cowley (Kan.) DI 19:01.85	2/18
5	22	Denise DOMINGUEZ	#10	Dodge City (Kan: DI 19:03.80	2/18
6	25	Jamaira ROSS	#12	Pratt (Kan.) CC DI 19:10.51	2/18
7	26	Melody OCHANA	#1	Cloud County (Kl: DI 19:11.83	3/30
8	29	Yazmin REYES	#2	Cowley (Kan.) DI 19:18.94	2/18
9	31	Maissane JOUEN	#8	Colby (Kan.) CC DI 19:23.12	2/3
10	36	Naomi SALIL	#11	Neosho County DI 19:43.19	3/10

Women's 10,000 Meters

1	5	Naomi SALIL	#11	Neosho County DI 41:37.73	3/30
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Women's 4x100 Relay

1	5	Keyann WILSON, Chaniqua TONGE, Nakaila BIRDINE, Damazvia DAMES	#5	Fort Scott (Kan.):Q 46.22	3/30
2	7	Miracle THOMPSON, Vanessa MERCERA, Ariyah SMITH, Vimbayi MAISOVOREWA	#1	Cloud County (Kl:Q 48.07	3/25
3	9	Akeera ESEDELLE, Vionce OLIVARES, Deanna MILLER, Joda CAMPBELL	#6	Butler (Kan.) CC DI 49.08	3/23
4	10	Takiria BROWN, Jalia BUNN, Gartasia CRAWLEY, Teonia WHITELOW	#9	Coffeyville (Kan: DI 49.21	3/31
5	12	Varaie DABNEY, Jade FELLER, Jha-Di MEKHI, Ashley ROBINSON	#14	Allen (Kan.) CC DI 50.24	3/24
6	14	Kanya CAMPBELL, Maya WHITE EAGLE, Sara CHAPA, Kerrishma WILLIAMS	#7	Garden City (Ka: DI 52.94	3/25
7	15	Joana VAKASOBUDURU, Landrea SEARS, Ezra WOOD, Lauryn PETERSON	#11	Neosho County DI 56.31	3/10

Women's 4x400 Relay

1	4	https://www.tfrrs.org/teams/545	#1	Cloud County (Kl:Q 3:46.99	3/3
2	5	https://www.tfrrs.org/teams/537	#3	Barton (Kan.) CCl:Q 3:47.28	2/10
3	10	https://www.tfrrs.org/teams/541	#6	Butler (Kan.) CCl:Q 3:54.05	3/3
4	14	https://www.tfrrs.org/teams/8048	#5	Fort Scott (Kan.) DI 4:01.39	2/18
5	15	Isabella KUPKA, Abigail PINNOCK, Alyssa BRIDGES, Layla INGALLS	#2	Cowley (Kan.) DI 4:02.94	3/25
6	17	https://www.tfrrs.org/teams/978	#4	Hutchinson (Kar: DI 4:05.92	2/18
7	19	https://www.tfrrs.org/teams/678	#10	Dodge City (Kan: DI 4:10.33	2/18
8	22	https://www.tfrrs.org/teams/992	#11	Neosho County DI 4:24.54	2/18
9	23	https://www.tfrrs.org/teams/547	#9	Coffeyville (Kan: DI 4:28.50	1/28
10	24	https://www.tfrrs.org/teams/549	#8	Colby (Kan.) CC DI 4:28.55	2/3

Women's 4x800 Relay

1	5	https://www.tfrrs.org/teams/978	#4	Hutchinson (Kar:Q 9:42.96	3/3
2	6	https://www.tfrrs.org/teams/545	#1	Cloud County (Kl:Q 9:46.99	1/31
3	7	https://www.tfrrs.org/teams/4654	#2	Cowley (Kan.) l:Q 9:49.72	3/3
4	9	https://www.tfrrs.org/teams/8048	#5	Fort Scott (Kan.) DI 10:01.60	2/19
5	13	https://www.tfrrs.org/teams/992	#11	Neosho County DI 10:23.21	2/18
6	14	https://www.tfrrs.org/teams/678	#10	Dodge City (Kan: DI 10:29.47	2/18
7	16	Andrea SERRANO, Shareen CHERUIYOT, Breanna CLEMENS, Meagan BURKHART	#7	Garden City (Ka: DI 11:26.40	3/31
8	17	https://www.tfrrs.org/teams/547	#9	Coffeyville (Kan: DI 12:05.64	2/18

Women's High Jump

1	2	Shackala HENRY	#1	Cloud County (Kl:Q 1.74m	5-8½	1/21
2	3	Vanessa MERCERA	#1	Cloud County (Kl:Q 1.72m	5-7¾	3/3
3	4	jazmine WILLIAMSON	#3	Barton (Kan.) CCl:Q 1.71m	5-7¼	2/18
4	8	Madelyn HERNANDEZ	#4	Hutchinson (Kar:Q 1.67m	5-5¾	3/25
5	9	kayleigh PRENTISS	#3	Barton (Kan.) CCl:Q 1.66m	5-5¼	3/3
6	13	Dayjahney HIBBERT	#13	Highland (Kan.) l:Q 1.65m	5-5	3/25
7	15	Liberty LIMON	#4	Hutchinson (Kar:Q 1.62m	5-3¾	3/25
8	18	LaShae' SMITH	#2	Cowley (Kan.) DI 1.60m	5-3	3/3
8	18	Ana COUTO	#3	Barton (Kan.) CCl:Q 1.60m	5-3	3/3
10	23	Mariem SOLTANI	#1	Cloud County (Kl: DI 1.57m	5-1¾	3/25



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Central

Women's Pole Vault

1	3	Arantxa CORTEZ	#2	Cowley (Kan.)	I:Q 3.70m	12-1½	3/3
2	4	Jasmine SAKAGUCHI	#1	Cloud County (Kl:Q	3.59m	11-9¼	1/27
3	6	Mia MANLEY	#1	Cloud County (Kl:Q	3.40m	11-1¾	2/3
4	8	Violet MARTINEZ	#4	Hutchinson (Kar:Q	3.13m	10-3¾	3/30
5	9	Carla SANTOS	#2	Cowley (Kan.)	DI 3.05m	10-0	1/21
6	10	Kayla ORTMAN	#6	Butler (Kan.) CC	DI 3.00m	9-10	2/18
7	13	Alivia NOLL	#4	Hutchinson (Kar	DI 2.98m	9-9¼	3/30
8	14	Jacie CARSON	#2	Cowley (Kan.)	DI 2.85m	9-4¼	2/18
9	16	Kiana BROWN	#4	Hutchinson (Kar	DI 2.62m	8-7	3/25
10	18	Raylee JOHNSON	#4	Hutchinson (Kar	DI 2.47m	8-1¼	3/25

Women's Long Jump

1	5	Genesis BAUTISTA	#2	Cowley (Kan.)	I:Q 5.69m	18-8 (0.0)	3/25
2	7	Kay-Lagay CLARKE	#3	Barton (Kan.) CQ:Q	5.66mA	18-7 (1.6)	3/24
3	11	Vanessa MERCERA	#1	Cloud County (K	DI 5.41mw	17-9 (2.1)	3/30
4	13	Kerrishma WILLIAMS	#7	Garden City (Kar	DI 5.36mWA	17-7 (2.5)	3/18
5	18	Abby RUESCHHOFF	#2	Cowley (Kan.)	DI 5.19mw	17-½ (3.2)	3/30
6	20	Takiria BROWN	#9	Coffeyville (Kan.	DI 5.13mw	16-10 (3.3)	3/16
7	23	Gabriela ELIZALDE	#10	Dodge City (Kan.	DI 5.07m	16-7¾ (-0.	3/25
8	24	Jasmine CARSON	#3	Barton (Kan.) CQ	DI 5.04mA	16-6½ (1.5)	3/24
9	26	Teonia WHITELOW	#9	Coffeyville (Kan.	DI 4.95m	16-3 (1.6)	3/10
10	27	Gracie SHIRE	#2	Cowley (Kan.)	DI 4.93m	16-2¼ (0.9)	3/30

Women's Triple Jump

1	5	Genesis BAUTISTA	#2	Cowley (Kan.)	I:Q 11.66m	38-3¼ (1.8)	3/25
2	8	Saniyah HAMMOND	#9	Coffeyville (Kan.	DI 11.38m	37-4 (0.9)	3/25
3	9	Dayjahney HIBBERT	#13	Highland (Kan.)	DI 11.33m	37-2¼ (1.3)	3/30
4	11	Shackala HENRY	#1	Cloud County (K	DI 11.18m	36-8¼ (1.2)	3/30
5	12	Brandi DUNN	#13	Highland (Kan.)	DI 11.04m	36-2¼ (1.4)	3/30
6	14	Abby RUESCHHOFF	#2	Cowley (Kan.)	DI 10.65m	34-11¼ (1.	3/30
7	20	Teonia WHITELOW	#9	Coffeyville (Kan.	DI 9.97m	32-8½ (0.0)	3/18
8	22	Liberty LIMON	#4	Hutchinson (Kar	DI 9.85m	32-3¾ (0.8)	3/30
9	23	Emme WATKINS	#4	Hutchinson (Kar	DI 9.49m	31-1¾ (0.2)	3/30

Women's Shot Put

1	1	Kelsie MURRELL-ROSS	#3	Barton (Kan.) CQ:Q	16.30m	53-5¾	2/18
2	2	Treneeese HAMILTON	#3	Barton (Kan.) CQ:Q	15.05m	49-4½	3/3
3	6	Beatriz FERRIERA	#7	Garden City (Kar:Q	13.63m	44-8¾	2/3
4	7	Ana COUTO	#3	Barton (Kan.) CQ:Q	13.21m	43-4¼	3/3
5	13	Jamilet BAUTISTA INFANTE	#2	Cowley (Kan.)	DI 12.35m	40-6¼	1/21
6	17	Mallory CALLIHAN	#1	Cloud County (K	DI 12.13m	39-9¾	2/18
7	19	Tahisha THOMPSON	#1	Cloud County (K	DI 11.97m	39-3¼	2/18
8	22	Tamara THOMPSON	#1	Cloud County (K	DI 11.80m	38-8¾	3/30
9	24	Serena DEGOLLADO	#7	Garden City (Kar	DI 11.76m	38-7	3/31
10	27	Kayla MCCLELLAN	#2	Cowley (Kan.)	DI 11.53m	37-10	3/25

Women's Discus

1	5	Kelsie MURRELL-ROSS	#3	Barton (Kan.) CQ:Q	42.85m	140-7	3/30
2	6	Tamara THOMPSON	#1	Cloud County (Kl:Q	42.15m	138-4	3/25
3	7	Kadine BROWN	#6	Butler (Kan.) CCl:Q	41.60m	136-6	3/23
4	8	Angela SANCHEZ	#9	Coffeyville (Kan.)	DI 40.61m	133-3	3/25
5	9	Kayla MCCLELLAN	#2	Cowley (Kan.)	DI 39.00m	128-0	3/25
6	11	Lushous DAVIS	#4	Hutchinson (Kar	DI 38.53m	126-5	3/25
7	13	Tahisha THOMPSON	#1	Cloud County (K	DI 38.30m	125-8	3/25
8	14	Cloe KALANICK	#7	Garden City (Kar	DI 37.67m	123-7	3/25
9	15	Mallory CALLIHAN	#1	Cloud County (K	DI 36.90m	121-1	3/25
10	18	Chanelle CHANDLER	#4	Hutchinson (Kar	DI 35.93m	117-11	3/25

Women's Hammer

1	2	Efe LATHAM	#3	Barton (Kan.) CQ:Q	48.39mA	158-9	3/24
2	3	Kayla MCCLELLAN	#2	Cowley (Kan.)	I:Q 48.09m	157-10	3/25
3	4	Sarah ROBINSON	#2	Cowley (Kan.)	I:Q 47.51m	155-11	3/25
4	7	Serena DEGOLLADO	#7	Garden City (Kar:Q	45.21m	148-4	3/31
5	8	Cloe KALANICK	#7	Garden City (Kar:Q	44.12m	144-9	3/31
6	9	Kelsie MURRELL-ROSS	#3	Barton (Kan.) CQ:Q	43.80mA	143-9	3/24
7	11	Beatriz FERRIERA	#7	Garden City (Kar:Q	43.50m	142-9	3/31
8	15	Lushous DAVIS	#4	Hutchinson (Kar	DI 40.95m	134-4	3/25
9	16	Treneeese HAMILTON	#3	Barton (Kan.) CQ	DI 40.85m	134-0	3/30
10	18	Angela SANCHEZ	#9	Coffeyville (Kan.)	DI 40.38m	132-6	3/25

Women's Javelin

1	2	Jessi BRUMMETT	#1	Cloud County (Kl:Q	38.69m	126-11	3/30
2	3	Treneeese HAMILTON	#3	Barton (Kan.) CQ:Q	38.58mA	126-7	3/24
3	5	Efe LATHAM	#3	Barton (Kan.) CQ:Q	38.13mA	125-1	3/24
4	9	Jamilet BAUTISTA INFANTE	#2	Cowley (Kan.)	I:Q 37.40m	122-9	3/25
5	12	Alexis O'FARRELL	#13	Highland (Kan.)	DI 35.50m	116-6	3/30
6	14	Hanna SCHULTZ	#10	Dodge City (Kan.)	DI 33.19m	108-11	3/25
7	15	Mercedes GLOVER	#2	Cowley (Kan.)	DI 32.57m	106-10	3/25
8	19	Emily PUNCHES	#1	Cloud County (K	DI 30.19m	99-¾	3/25
9	25	Misty DELEON	#12	Pratt (Kan.) CC	DI 29.35m	96-3½	3/30
10	26	Leslie JAQUEZ	#10	Dodge City (Kan.)	DI 29.14m	95-7¼	3/31
10	26	Hailey SHARP	#1	Cloud County (K	DI 29.14m	95-7¼	3/30

Women's Heptathlon

1	1	Vanessa MERCERA	#1	Cloud County (K	4,792	3/30
2	7	Mercedes GLOVER	#2	Cowley (Kan.)	2,680	3/30
3	9	Gracie SHIRE	#2	Cowley (Kan.)	2,570	3/30



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Midwest

Women's 100 Meters

1	13	Kiersten CLARK	#4	Hinds (Miss.) CC	DI 12.01w	(2.8)	3/31
2	15	Ethel AMISSAH	#1	Iowa Western CC	DI 12.03w	(2.1)	3/23
3	16	Shanice COX	#3	Indian Hills (Iowa)	DI 12.05	(1.8)	3/30
4	25	Zyaire ROBINSON	#3	Indian Hills (Iowa)	DI 12.22	(1.8)	3/30
5	26	Zakiya PORTER	#3	Indian Hills (Iowa)	DI 12.25w	(2.1)	3/23
6	29	Queanna TAYLOR	#2	Iowa Central CC	DI 12.28w	(4.0)	3/24
7	30	Mya HIPPOLYTE	#3	Indian Hills (Iowa)	DI 12.31w	(2.1)	3/23
8	32	Zaniya KING	#3	Indian Hills (Iowa)	DI 12.34w	(2.1)	3/23
9	34	Briana GREEN	#3	Indian Hills (Iowa)	DI 12.37w	(2.1)	3/23
10	58	Taniera HAYNES	#13	Bryant & Stratton	DI 12.86w	(2.9)	3/16

Women's 100 Meter Hurdles

1	3	Adeyeh BREWSTER	#2	Iowa Central CC	DI 14.18w	(2.9)	4/1
2	6	Arryona SIMMONS	#5	Meridian (Miss.)	DI 14.61w	(2.6)	3/23
3	7	Kalli HUSBAND	#4	Hinds (Miss.)	DI 14.71	(1.2)	3/25
4	17	Abigail FREY	#2	Iowa Central CC	DI 15.50	(0.3)	3/24
5	26	Paige CONDON	#2	Iowa Central CC	DI 16.03	(1.4)	4/1
6	28	Saria OLIVER	#2	Iowa Central CC	DI 16.28	(0.3)	3/24
7	35	Zaya DOVE	#11	State Fair (Mo.)	DI 17.20	(-0.3)	3/31
8	37	Kallie MINCKS	#6	Hawkeye (Iowa)	DI 17.26	(1.4)	4/1
9	38	Rebecca HALL	#11	State Fair (Mo.)	DI 17.57	(0.5)	3/24
10	41	Tara BACKHAUS	#9	North Iowa Area	DI 17.76	(0.8)	3/25

Women's 200 Meters

1	8	Ethel AMISSAH	#1	Iowa Western CC	DI 24.40w	(2.6)	3/23
2	12	Zaniya KING	#3	Indian Hills (Iowa)	DI 24.67	(1.9)	3/30
3	13	Adalin ROBINSON	#3	Indian Hills (Iowa)	DI 24.68	(1.9)	3/30
4	14	Arryona SIMMONS	#5	Meridian (Miss.)	DI 24.74w	(2.1)	3/23
5	20	Taliyah LINDSEY	#5	Meridian (Miss.)	DI 25.12	(2.0)	3/23
6	31	Ja'Dashia CATLIN	#3	Indian Hills (Iowa)	DI 25.80w	(2.1)	3/30
7	44	Zakiya PORTER	#3	Indian Hills (Iowa)	DI 26.14	(1.9)	3/23
8	48	Zyaire ROBINSON	#3	Indian Hills (Iowa)	DI 26.20	(1.9)	3/23
9	49	Adeyeh BREWSTER	#2	Iowa Central CC	DI 26.27	(2.0)	4/1
10	50	Queanna TAYLOR	#2	Iowa Central CC	DI 26.33	(-0.3)	3/24

Women's 400 Meters

1	6	JodyAnn DIXON	#4	Hinds (Miss.)	DI 54.78		3/3
2	12	Ethel AMISSAH	#1	Iowa Western CC	DI 56.07		2/3
3	15	Adalin ROBINSON	#3	Indian Hills (Iowa)	DI 56.18		3/23
4	21	Daniella DEER	#1	Iowa Western CC	DI 56.92		2/17
5	25	Brynesha BOURRAGE	#4	Hinds (Miss.)	DI 57.31		3/31
6	33	Kaylin ROBINSON	#4	Hinds (Miss.)	DI 57.96		3/31
7	45	Privilege CHIKARA	#5	Meridian (Miss.)	DI 59.09		3/31
8	46	Ja'Dashia CATLIN	#3	Indian Hills (Iowa)	DI 59.13		3/30
9	50	Brooke GRAY	#4	Hinds (Miss.)	DI 59.70		2/17
10	63	Semaj PETTIS	#4	Hinds (Miss.)	DI 1:00.89		3/25

Women's 400 Meter Hurdles

1	7	Arryona SIMMONS	#5	Meridian (Miss.)	DI 1:05.30		3/31
2	15	Abigail FREY	#2	Iowa Central CC	DI 1:08.14		4/1

Women's 800 Meters

1	4	Privilege CHIKARA	#5	Meridian (Miss.)	DI 2:12.73		3/3
2	7	Chloe GARCIA GRAFING	#2	Iowa Central CC	DI 2:16.68		1/21
3	27	Taylor MCCREEDY	#2	Iowa Central CC	DI 2:23.08		3/24
4	32	Bethany STACEY	#1	Iowa Western CC	DI 2:24.75		2/10
5	35	Shakira WATERS	#5	Meridian (Miss.)	DI 2:25.12		3/31
6	38	Aisha RAMONE	#8	Southeastern (Ia)	DI 2:25.94		2/4
7	39	Paige CONDON	#2	Iowa Central CC	DI 2:26.33		1/21
8	41	Paige SPENCER	#11	State Fair (Mo.)	DI 2:26.88		3/24
9	51	Callie ARNOLD	#1	Iowa Western CC	DI 2:28.73		2/2
10	62	Arianna PAUL	#2	Iowa Central CC	DI 2:30.24		1/21

Women's 1500 Meters

1	2	Privilege CHIKARA	#5	Meridian (Miss.)	DI 4:37.88		3/3
2	4	Chloe GARCIA GRAFING	#2	Iowa Central CC	DI 4:41.58		3/3
3	5	Taylor MCCREEDY	#2	Iowa Central CC	DI 4:41.88		3/3
4	9	Aisha RAMONE	#8	Southeastern (Ia)	DI 4:51.80		3/3
5	10	Mercy BIWOTT	#1	Iowa Western CC	DI 4:52.81		3/3
6	41	Elle KNAPP	#12	Heartland (Ill.)	DI 5:06.05		2/17
7	49	Bethany STACEY	#1	Iowa Western CC	DI 5:10.90		1/14
8	58	Callie ARNOLD	#1	Iowa Western CC	DI 5:12.95		4/1
9	62	Addysen CLARK	#12	Heartland (Ill.)	DI 5:15.74		2/17
10	70	Lauren PIERSON	#1	Iowa Western CC	DI 5:19.03		4/1

Women's Steeplechase

1	2	Taylor MCCREEDY	#2	Iowa Central CC	DI 11:32.38		3/24
2	3	Aisha RAMONE	#8	Southeastern (Ia)	DI 11:52.72		4/1
3	11	Bethany STACEY	#1	Iowa Western CC	DI 12:27.19		3/30
4	14	Josey FRENCH	#1	Iowa Western CC	DI 12:49.17		3/30

Women's 5000 Meters

1	1	Mercy BIWOTT	#1	Iowa Western CC	DI 17:24.09		1/21
2	7	Taylor MCCREEDY	#2	Iowa Central CC	DI 18:29.60		1/20
3	8	Zinash VALEN	#2	Iowa Central CC	DI 18:34.64		3/3
4	9	Privilege CHIKARA	#5	Meridian (Miss.)	DI 18:37.46		3/23
5	21	Chloe GARCIA GRAFING	#2	Iowa Central CC	DI 19:01.99		2/17
6	33	Bethany STACEY	#1	Iowa Western CC	DI 19:30.04		1/21
7	43	Grace SPOONHOUR	#12	Heartland (Ill.)	DI 20:22.04		3/31
8	44	Sheila JEPKOECH	#1	Iowa Western CC	DI 20:33.14		2/17
9	50	Josey FRENCH	#1	Iowa Western CC	DI 21:00.17		2/17
10	59	Korry DAVIS	#11	State Fair (Mo.)	DI 21:22.56		3/24

Women's 10,000 Meters

1	1	Zinash VALEN	#2	Iowa Central CC	DI 39:43.23		3/31
2	2	Addysen CLARK	#12	Heartland (Ill.)	DI 40:26.27		3/31



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Midwest

Women's 4x100 Relay

1	1	Diandrenique GAINES, Brianna CHARLES, JodyAnn DIXON, Kiersten CLARK	#4	Hinds (Miss.) CCI:Q 44.77	3/31
2	13	Mattie JANSSEN, Jordan GALLENTINE, Hailey EITZENHEFER, Maddi VAWTER	#6	Hawkeye (Iowa) DI 51.82	4/1

Women's 4x400 Relay

1	3	JodyAnn DIXON, Brianna CHARLES, Diandrenique GAINES, Brynesha BOURRAGE	#4	Hinds (Miss.) CCI:Q 3:45.86	3/31
2	11	https://www.tfrrs.org/teams/85621	#3	Indian Hills (Iowa):Q 3:55.73	3/3
3	12	https://www.tfrrs.org/teams/59718	#1	Iowa Western CCI:Q 3:57.47	2/17
4	18	https://www.tfrrs.org/teams/20051	#2	Iowa Central CCI: DI 4:07.49	2/10
5	21	https://www.tfrrs.org/teams/95006	#6	Hawkeye (Iowa) DI 4:19.98	1/27
6	26	https://www.tfrrs.org/teams/104138	#8	Southeastern (Ia) DI 4:31.49	1/27
7	30	https://www.tfrrs.org/teams/28039	#9	North Iowa Area DI 4:50.66	1/20
8	31	https://www.tfrrs.org/teams/104607	#12	Heartland (Ill.) CCI: DI 4:52.60	2/11

Women's 4x800 Relay

1	3	https://www.tfrrs.org/teams/20051	#2	Iowa Central CCI:Q 9:33.62	1/21
2	10	https://www.tfrrs.org/teams/59718	#1	Iowa Western CCI: DI 10:03.21	2/12
3	11	https://www.tfrrs.org/teams/104138	#8	Southeastern (Ia) DI 10:10.21	2/17
4	18	https://www.tfrrs.org/teams/95006	#6	Hawkeye (Iowa) 13:36.16	2/17

Women's High Jump

1	1	Miracle AILES	#1	Iowa Western CCI:Q 1.87m	6-1½	1/21
2	4	Haleigh HADLEY	#3	Indian Hills (Iowa):Q 1.71m	5-7¼	3/3
3	9	Teagan MEYERS	#10	Sauk Valley (Ill.):Q 1.66m	5-5¼	3/3
4	21	Ritchina STALLMAN	#1	Iowa Western CCI: DI 1.59m	5-2½	1/27
5	23	Jade JACKSON	#2	Iowa Central CCI: DI 1.57m	5-1¾	3/3
6	26	Jordan SWENSON	#9	North Iowa Area DI 1.56m	5-1¼	3/3
7	28	Antonia SEALY	#1	Iowa Western CCI: DI 1.54m	5-½	3/3
8	29	Paige CONDON	#2	Iowa Central CCI: DI 1.53m	5-¼	2/17
9	37	Patricia HANK	#8	Southeastern (Ia) DI 1.50m	4-11	1/27
10	50	Adeyah BREWSTER	#2	Iowa Central CCI: DI 1.39m	4-6¾	1/27

Women's Pole Vault

1	20	Baylee HORNER	#1	Iowa Western CCI: DI 2.17m	7-1½	1/27
2	21	Victoria MCCRANEY	#6	Hawkeye (Iowa) DI 1.95m	6-4¾	4/1

Women's Long Jump

1	1	Miracle AILES	#1	Iowa Western CCI:Q 5.91m	19-4¾ (1.4)	3/29
2	4	Briana GREEN	#3	Indian Hills (Iowa):Q 5.79mw	19-0 (2.9)	3/30
3	12	Nyadhol THICHOT	#2	Iowa Central CCI: DI 5.39m	17-8¼ (0.8)	3/24
4	15	Brandi ECHOLS	#4	Hinds (Miss.) CCI: DI 5.30m	17-4¾ (0.9)	3/25
5	16	Callie COWAN	#5	Meridian (Miss.): DI 5.26m	17-3¼ (0.2)	3/23
6	22	Arianna PAUL	#2	Iowa Central CCI: DI 5.10m	16-8¾ (1.0)	4/1
7	27	Kamdyn STANLEY	#1	Iowa Western CCI: DI 4.93m	16-2¼ (1.5)	3/23
8	30	Keiya COLE	#11	State Fair (Mo.): DI 4.88m	16-¼ (1.6)	3/31
9	32	Marquette BERLIN-BURNS	#1	Iowa Western CCI: DI 4.83m	15-10¼ (0.)	3/23
10	35	Sofia RUMBOLZ	#10	Sauk Valley (Ill.): DI 4.73m	15-6¼ (0.0)	4/1

Women's Triple Jump

1	1	Nyadhol THICHOT	#2	Iowa Central CCI:Q 12.12mw	39-9¼ (2.7)	3/24
2	16	Saria OLIVER	#2	Iowa Central CCI: DI 10.17m	33-4½ (1.3)	4/1
3	17	Kamdyn STANLEY	#1	Iowa Western CCI: DI 10.09mw	33-1¼ (3.3)	4/1
4	18	Sofia RUMBOLZ	#10	Sauk Valley (Ill.): DI 10.07m	33-½ (0.0)	4/1
5	19	Teagan MEYERS	#10	Sauk Valley (Ill.): DI 9.98m	32-9 (0.0)	4/1
6	21	Sadie LENZ	#10	Sauk Valley (Ill.): DI 9.86m	32-4¼ (0.0)	4/1

Women's Shot Put

1	3	Jazmyn JAMES	#1	Iowa Western CCI:Q 14.79m	48-6¼	2/17
2	4	Shakera WILLIAMS	#1	Iowa Western CCI:Q 14.38m	47-2¼	2/10
3	8	Molly VENTEICHER	#7	Southwestern (Il):Q 13.20m	43-3¾	1/21
4	11	Lexi WOOD	#2	Iowa Central CCI: DI 12.52m	41-1	3/3
5	12	Natalie ALBERT	#1	Iowa Western CCI: DI 12.51m	41-½	1/7
6	15	Antonia SEALY	#1	Iowa Western CCI: DI 12.22m	40-1¼	1/13
7	18	Tyjah THOMPSON	#1	Iowa Western CCI: DI 11.99m	39-4	1/27
8	21	Abby BARTZ	#6	Hawkeye (Iowa): DI 11.83m	38-9¾	4/1
9	22	Sara DIEW	#2	Iowa Central CCI: DI 11.80m	38-8¾	2/4
10	27	Kierra SCHMIEDING	#1	Iowa Western CCI: DI 11.53m	37-10	1/14

Women's Discus

1	10	Jazmyn JAMES	#1	Iowa Western CCI: DI 38.75m	127-2	3/30
2	19	Tyjah THOMPSON	#1	Iowa Western CCI: DI 35.71m	117-2	4/1
3	20	Shakera WILLIAMS	#1	Iowa Western CCI: DI 35.38m	116-1	3/30
4	21	Molly VENTEICHER	#7	Southwestern (Il): DI 35.30m	115-10	4/1
5	28	Natalie ALBERT	#1	Iowa Western CCI: DI 34.06m	111-9	3/23
6	32	Kierra SCHMIEDING	#1	Iowa Western CCI: DI 32.73m	107-5	4/1
7	33	Elyse TRUNCK	#6	Hawkeye (Iowa): DI 32.52m	106-9	4/1
8	37	Khersa MORGAN	#13	Bryant & Stratton DI 31.65m	103-10	4/2
9	43	Charity FINAU	#1	Iowa Western CCI: DI 30.31m	99-5½	3/23
10	49	Malori LEONARD	#7	Southwestern (Il): DI 29.42m	96-6¼	3/25



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Midwest

Women's Hammer

1	21	Khera MORGAN	#13	Bryant & Stratton DI	40.12m	131-8	3/16
2	22	Molly VENTEICHER	#7	Southwestern (I	39.88m	130-10	4/1
3	24	Natalie ALBERT	#1	Iowa Western CC	39.65m	130-1	3/23
4	29	Charity FINAU	#1	Iowa Western CC	36.89m	121-1	4/1
5	31	Abby BARTZ	#6	Hawkeye (Iowa)	36.56m	120-0	4/1
6	42	Madelyn WILSON	#9	North Iowa Area	31.68m	103-11	3/25
7	44	Tyjah THOMPSON	#1	Iowa Western CC	30.93m	101-6	4/1
8	47	Lexi WOOD	#2	Iowa Central CC	30.30m	99-5	3/24
9	53	Elyse TRUNCK	#6	Hawkeye (Iowa)	27.77m	91-1½	4/1
10	54	Kalayah KASCHUB	#9	North Iowa Area	26.98m	88-6¼	3/25

Women's Javelin

1	13	Molly VENTEICHER	#7	Southwestern (I	34.26m	112-5	4/1
2	18	Brianna OSTERSON	#7	Southwestern (I	30.72m	100-10	4/1
3	21	Maya GARTIN	#10	Sauk Valley (Ill.)	29.65m	97-3½	4/1
4	23	Paige CONDON	#2	Iowa Central CC	29.44m	96-7¼	3/24
5	32	Malori LEONARD	#7	Southwestern (I	26.84m	88-¾	4/1
6	33	Taylor MCCREEDY	#2	Iowa Central CC	26.60m	87-3¼	3/24
7	36	Carlie HOPPE	#6	Hawkeye (Iowa)	26.14m	85-9¼	4/1
8	37	Samira BAADE	#7	Southwestern (I	25.47m	83-6¾	3/25
9	42	Isabella HESSE	#6	Hawkeye (Iowa)	23.63m	77-6½	4/1
10	49	Meredith GETTINGS	#7	Southwestern (I	19.41m	63-8¼	3/25

Women's Heptathlon

1	4	Paige CONDON	#2	Iowa Central CC	4,023w		3/24
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West

Women's 100 Meters

1	1	Success UMUKORO	#3	South Plains (Tel:Q 11.57c (11.54A) (1 3/24
2	2	Tijuanique MORTON	#2	New Mexico JC I:Q 11.66w (2.9) 3/29
3	7	Juvonna CORNETTE	#4	Central Arizona I:Q 11.79 (0.8) 3/24
4	8	Ese AWUSA	#2	New Mexico JC I:Q 11.87c (11.84A) (- 3/24
5	9	Grace OBOUR	#8	Western Texas I:Q 11.88w (2.1) 3/29
6	12	Soniya JONES	#4	Central Arizona DI 11.98 (-0.1) 3/17
7	13	Brandy HALL	#3	South Plains (Tel:Q 12.01cw (11.98A) (2 3/18
8	18	Maria UMOIBANG	#3	South Plains (Tel:Q 12.07 (0.8) 3/29
9	19	Breanna CLARKE	#3	South Plains (Tel:Q 12.09c (12.06A) (- 3/24
10	23	Zana RYAN	#1	Mesa (Ariz.) CC DI 12.15 (0.2) 3/31

Women's 100 Meter Hurdles

1	1	Ashyiria SAVAGE	#3	South Plains (Tel:Q 14.00c (13.96A) (- 3/24
2	5	Leila BARMORE	#6	Glendale (Ariz.) I:Q 14.44 (1.0) 3/24
3	8	Katherine LEMISH	#1	Mesa (Ariz.) CC DI 14.92 (-1.4) 3/31
4	9	Breanna CLARKE	#3	South Plains (Tel:Q 15.21c (15.17A) (- 3/24
5	10	Mikelia STRONG	#4	Central Arizona DI 15.22 (-1.4) 3/31
6	12	Silet GRAY	#4	Central Arizona DI 15.33 (-0.6) 3/24
7	15	Mia SIRIMARCO	#1	Mesa (Ariz.) CC DI 15.47 (-1.4) 3/31
8	21	Jacklyn TRICE	#5	Pima (Ariz.) CC DI 15.76 (-0.9) 3/17
9	23	Amber SIMPSON	#3	South Plains (Tel:Q 15.87cw (15.83A) (2 3/24
10	27	Peterson BROOKE	#5	Pima (Ariz.) CC DI 16.04 (-0.6) 3/24

Women's 200 Meters

1	2	Grace OBOUR	#8	Western Texas I:Q 23.80w (2.5) 3/17
2	4	Tijuanique MORTON	#2	New Mexico JC I:Q 24.13c (24.06A) (0 3/24
3	5	Ashantai BOLLERS	#2	New Mexico JC I:Q 24.31c (24.24A) (0 3/24
4	6	Soniya JONES	#4	Central Arizona I:Q 24.36 (1.0) 3/24
5	9	Cece CHARLES	#4	Central Arizona I:Q 24.41 (1.0) 3/24
6	10	Ese AWUSA	#2	New Mexico JC I:Q 24.52c (24.45A) (0 3/24
7	15	Juvonna CORNETTE	#4	Central Arizona DI 24.80 (-0.2) 3/24
8	16	Mikelia STRONG	#4	Central Arizona DI 24.84 (0.4) 3/31
9	19	Maria UMOIBANG	#3	South Plains (Tel:Q 25.06c (24.99A) (0 3/24
10	22	Zana RYAN	#1	Mesa (Ariz.) CC DI 25.30 (0.3) 3/17

Women's 400 Meters

1	1	Deshana SKEETE	#2	New Mexico JC I:Q 52.87c (52.76A) 3/24
2	3	Grace OBOUR	#8	Western Texas I:Q 53.98c (53.87A) 3/24
3	4	Dejona SIMPSON	#2	New Mexico JC I:Q 54.70 3/3
4	5	Calisha TAYLOR	#2	New Mexico JC I:Q 54.74c (54.63A) 3/24
5	7	Lacarthea COOPER	#2	New Mexico JC I:Q 54.85 2/10
6	9	Cece CHARLES	#4	Central Arizona I:Q 55.33 3/24
7	10	Safhia HINDS	#3	South Plains (Tel:Q 55.36 3/3
8	13	Leticia QUINGOSTAS	#3	South Plains (Tel:Q 56.11c (56.00A) 3/24
9	16	Michaliliah VASSELL	#2	New Mexico JC I:Q 56.29 2/17
10	18	Asia FOSTER	#8	Western Texas DI 56.46 3/17

Women's 400 Meter Hurdles

1	1	Calisha TAYLOR	#2	New Mexico JC I:Q 1:00.54 3/29
2	2	Michaliliah VASSELL	#2	New Mexico JC I:Q 1:01.42c (1:01.31A) 3/24
3	3	Shackelia GREEN	#8	Western Texas I:Q 1:03.08 3/17
4	4	Katherine LEMISH	#1	Mesa (Ariz.) CC I:Q 1:04.02 3/31
5	5	Silet GRAY	#4	Central Arizona I:Q 1:04.08 3/31
6	8	Leila BARMORE	#6	Glendale (Ariz.) I:Q 1:05.65 3/31
7	9	Mia SIRIMARCO	#1	Mesa (Ariz.) CC I:Q 1:05.76 3/31
8	13	Elizabeth WATSON	#14	Southwestern C DI 1:06.89 3/24
9	20	Mahalia RATCLIFF	#14	Southwestern C DI 1:10.92 3/30
10	21	Natalia BRZEZNIAK	#1	Mesa (Ariz.) CC DI 1:11.93 3/24

Women's 800 Meters

1	1	Rushana DWYER	#3	South Plains (Tel:Q 2:09.51c (2:09.89A) 3/24
2	2	Letlhogonolo MAGORO	#2	New Mexico JC I:Q 2:10.69c (2:11.07A) 3/24
3	3	Lilliana GUERRERO	#3	South Plains (Tel:Q 2:12.72c (2:13.11A) 3/24
4	5	Calisha TAYLOR	#2	New Mexico JC I:Q 2:13.87A 1/27
5	6	Taylor JACOBS	#1	Mesa (Ariz.) CC I:Q 2:15.72 3/17
6	11	Jeniel JONES	#3	South Plains (Tel:Q 2:18.08c (2:18.48A) 3/24
7	12	Jaresa JACKSON	#9	Southern Idaho I:Q 2:18.80A 2/17
8	13	Kate BROCKMAN	#1	Mesa (Ariz.) CC I:Q 2:19.02 3/17
9	14	Sancia SMITH	#8	Western Texas I:Q 2:19.29c (2:19.70A) 3/24
10	19	Anna HARMON	#1	Mesa (Ariz.) CC DI 2:21.14 1/28

Women's 1500 Meters

1	1	Letlhogonolo MAGORO	#2	New Mexico JC I:Q 4:31.39 3/30
2	6	Damaris CHEWON	#2	New Mexico JC I:Q 4:48.96c (4:52.45A) 3/24
3	7	Anna HARMON	#1	Mesa (Ariz.) CC I:Q 4:49.94 3/3
4	8	Jazmin ESTRADA	#7	Paradise Valley I:Q 4:50.81 3/17
5	11	Rushell JOHNSON	#8	Western Texas I:Q 4:53.76c (4:57.31A) 3/24
6	13	Vanessa GALLEGOS	#2	New Mexico JC I:Q 4:54.14c (4:57.69A) 3/24
7	15	Kate BROCKMAN	#1	Mesa (Ariz.) CC I:Q 4:54.98 3/24
8	17	Elizabeth PHILLIPS	#9	Southern Idaho I:Q 4:55.06 3/3
9	22	Ryan HEILIGER	#1	Mesa (Ariz.) CC I:Q 4:57.83 3/24
10	24	Joan KIMALEL	#2	New Mexico JC DI 4:58.44c (5:02.05A) 3/24

Women's Steeplechase

1	1	Kate BROCKMAN	#1	Mesa (Ariz.) CC I:Q 11:32.00 3/31
2	5	Jazmin ESTRADA	#7	Paradise Valley I:Q 12:01.16 3/23
3	6	Story ALEXANDER	#1	Mesa (Ariz.) CC I:Q 12:07.37 3/24
4	8	Lisbet PORRAS	#4	Central Arizona I:Q 12:14.82 3/31
5	9	MaKena THORNTON	#1	Mesa (Ariz.) CC DI 12:22.81 3/17
6	10	Rushell JOHNSON	#8	Western Texas DI 12:23.14 2/25



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West

Women's 5000 Meters

1	2	Damaris CHEWON	#2	New Mexico JC	I:Q 17:37.75	3/29
2	4	Carolyn KIMAIYO	#2	New Mexico JC	I:Q 18:04.21c (18:19.15A)	3/24
3	5	Lydia FELIX	#9	Southern Idaho	I:Q 18:17.98	3/3
4	13	Abigail CASE	#9	Southern Idaho	I:Q 18:47.97A	1/28
5	14	Marryn POLL	#9	Southern Idaho	I:Q 18:50.90	3/3
6	18	Daisy JEROP	#2	New Mexico JC	DI 18:55.98	3/3
7	19	Rushell JOHNSON	#8	Western Texas	DI 19:00.81	3/17
8	24	Lisbet PORRAS	#4	Central Arizona	DI 19:09.69	3/31
9	27	Lucy LINES	#1	Mesa (Ariz.) CC	DI 19:13.76	3/31
10	28	Joan KIMALEL	#2	New Mexico JC	DI 19:17.91c (19:33.86A)	3/24

Women's 10,000 Meters

1	3	Loryn TRUJILLO	#11	Trinidad State	(I:Q 40:31.90c (41:47.60A)	3/17
2	4	Lisbet PORRAS	#4	Central Arizona	DI 41:06.39	3/23

Women's 4x100 Relay

1	2	Success UMUKORO, Corlasia SCOTT, Brandy HALL, Breanna CLARKE	#3	South Plains (Te:Q 45.13	3/29
2	3	Kishawna WALLACE, Tijuanique MORTON, Dejona SIMPSON, Ashantai BOLLERS	#2	New Mexico JC	I:Q 45.23c (45.11A) 3/24
3	4	Silet GRAY, Juvonna CORNETTE, Soniya JONES, Cece CHARLES	#4	Central Arizona	I:Q 45.69 3/24
4	6	Katherine LEMISH, Diane ONDOBO, Zaria HAMILTON, Zana RYAN	#1	Mesa (Ariz.) CC	I:Q 47.31 3/31
5	8	Indiah FIELDS, Suraia AMER, Kylie FIRRILOLO, Nevaeh COLE	#6	Glendale (Ariz.)	DI 48.44 3/31
6	11	Brooke WARREN, Trinity BETHEA, Naomi HEREIM, Madison WARREN	#5	Pima (Ariz.) CC	DI 49.47 3/31

Women's 4x400 Relay

1	1	Michaliliah VASSELL, Deshana SKEETE, Calisha TAYLOR, Lacarthea COOPER	#2	New Mexico JC	I:Q 3:35.95 3/29
2	2	Saffia HINDS, Success UMUKORO, Leticia QUINGOSTAS, Rushana DWYER	#3	South Plains (Te:Q 3:37.22	3/29
3	6	Silet GRAY, Juvonna CORNETTE, Soniya JONES, Cece CHARLES	#4	Central Arizona	I:Q 3:48.60 3/24
4	7	Asia FOSTER, Shackelia GREEN, Anurika SINCLAIR, Grace OBOUR	#8	Western Texas	I:Q 3:49.85 3/17
5	8	Taylor JACOBS, Diane ONDOBO, Katherine LEMISH, Zaria HAMILTON	#1	Mesa (Ariz.) CC	I:Q 3:50.51 3/31
6	16	https://www.tfrrs.org/teams/553	#6	Glendale (Ariz.)	DI 4:05.20 1/21
7	20	https://www.tfrrs.org/teams/567	#5	Pima (Ariz.) CC	DI 4:11.32 2/3

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/7933	#2	New Mexico JC	I:Q 9:14.31 1/28
2	2	https://www.tfrrs.org/teams/730	#3	South Plains (Te:Q 9:30.94	2/24
3	4	https://www.tfrrs.org/teams/656	#1	Mesa (Ariz.) CC	I:Q 9:34.63 2/11
4	8	Anjelica ABRAHAM, Maria BURGOS, Katlyn CLEM, Ashlen CLEM	#10	North Central Te:Q 9:51.33	3/24

Women's High Jump

1	4	Achol MAYWIN	#2	New Mexico JC	I:Q 1.71m 5-7½ 2/17
2	9	Amaya BROWN	#3	South Plains (Te:Q 1.66m	5-5½ 3/3
3	13	Daniel HINDS	#2	New Mexico JC	I:Q 1.65m 5-5 1/13
4	15	Zamesha MYLE	#4	Central Arizona	I:Q 1.62m 5-3¾ 3/31
4	15	Natalia BRZEZNIK	#1	Mesa (Ariz.) CC	I:Q 1.62m 5-3¾ 3/31
6	23	Leila BARMORE	#6	Glendale (Ariz.)	DI 1.57m 5-1¾ 3/16
7	27	Taylynd STUHR	#5	Pima (Ariz.) CC	DI 1.55m 5-1 2/3
8	29	Aaliyah LINDSAY	#2	New Mexico JC	DI 1.53mA 5-¼ 1/19
9	31	Maliyah ROSS	#1	Mesa (Ariz.) CC	DI 1.52mA 4-11¾ 2/17
10	35	Amber SIMPSON	#3	South Plains (Te:Q 1.51m	4-11½ 3/3

Women's Pole Vault

1	2	Peterson BROOKE	#5	Pima (Ariz.) CC	I:Q 3.75m 12-3½ 1/28
2	10	Candice POCase	#5	Pima (Ariz.) CC	DI 3.00m 9-10 2/3
3	15	Michiru KAWAMOTO	#1	Mesa (Ariz.) CC	DI 2.82m 9-3 3/17
4	19	Briannah PEREIRA	#1	Mesa (Ariz.) CC	DI 2.25m 7-4½ 2/3



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West

Women's Long Jump

1	2	Aaliyah LINDSAY	#2	New Mexico JC	I:Q 5.86mA	19-2¾ (0.4)	3/24
2	3	Paula Ann CHAMBERS	#3	South Plains (Tel:Q)	5.80mA	19-½ (0.6)	3/24
3	5	Jacklyn TRICE	#5	Pima (Ariz.) CC	I:Q 5.69m	18-8 (0.0)	3/31
4	7	Patience BOAHEMAA	#4	Central Arizona	I:Q 5.66m	18-7 (0.9)	3/31
5	9	Maliyah ROSS	#1	Mesa (Ariz.) CC	DI 5.43m	17-9¾ (1.3)	3/31
6	17	Zamesha MYLE	#4	Central Arizona	DI 5.25m	17-2¾ (0.0)	3/31
7	19	Zamirah PARKER	#1	Mesa (Ariz.) CC	DI 5.16mw	16-11¼ (2.0)	3/31
8	21	Psalm JOHNSON	#5	Pima (Ariz.) CC	DI 5.12m	16-9¾ (1.0)	3/31
9	29	Leila BARMORE	#6	Glendale (Ariz.)	DI 4.89m	16-½ (1.2)	3/16
10	33	JaMiyah BURTON	#15	Jacksonville (Tel:Q)	DI 4.76m	15-7½ (0.2)	3/25
10	33	Natalia BRZEZNAK	#1	Mesa (Ariz.) CC	DI 4.76m	15-7½ (0.2)	3/16

Women's Triple Jump

1	2	Leila BARMORE	#6	Glendale (Ariz.)	I:Q 12.04m	39-6 (0.0)	3/24
2	3	Zamesha MYLE	#4	Central Arizona	I:Q 12.00m	39-4½ (0.0)	3/31
3	9	Tianna MOSLEY	#5	Pima (Ariz.) CC	DI 11.33m	37-2¼ (0.7)	3/31
4	13	Psalm JOHNSON	#5	Pima (Ariz.) CC	DI 10.88m	35-8½ (1.0)	3/31
5	15	Zamirah PARKER	#1	Mesa (Ariz.) CC	DI 10.47m	34-4¼ (0.8)	3/31

Women's Shot Put

1	5	Karsten DEAKIN	#7	Paradise Valley	I:Q 14.20m	46-7¼	3/3
2	9	Shakera KIK	#4	Central Arizona	I:Q 12.90m	42-4	3/31
3	10	Ronelle PLAZA	#3	South Plains (Tel:Q)	12.79m	41-11½	2/17
4	14	Catherine GREEN	#3	South Plains (Tel:Q)	12.24mA	40-2	3/18
5	20	Patience BOAHEMAA	#4	Central Arizona	DI 11.89m	39-¼	2/3
6	25	Kimola HINES	#3	South Plains (Tel:Q)	11.61m	38-1¼	2/17
7	26	Leslie GUILLEN LOPEZ	#7	Paradise Valley	DI 11.54m	37-10½	3/23
8	30	Victoria MALAKI	#1	Mesa (Ariz.) CC	DI 11.33m	37-2¼	3/31
9	42	Audrey ARMSTRONG	#7	Paradise Valley	DI 10.45m	34-3½	1/21
10	44	Kaprice FARACI	#1	Mesa (Ariz.) CC	DI 10.25m	33-7½	1/21

Women's Discus

1	1	Victoria MALAKI	#1	Mesa (Ariz.) CC	I:Q 46.54m	152-8	3/24
2	2	Kimola HINES	#3	South Plains (Tel:Q)	46.14mA	151-5	3/24
3	3	Shakera KIK	#4	Central Arizona	I:Q 45.56m	149-6	3/31
4	4	Karsten DEAKIN	#7	Paradise Valley	I:Q 43.58m	143-0	3/31
5	12	Audrey ARMSTRONG	#7	Paradise Valley	DI 38.35m	125-10	3/23
6	16	Angelina THIEL	#6	Glendale (Ariz.)	DI 36.83m	120-10	3/31
7	25	Patience BOAHEMAA	#4	Central Arizona	DI 34.53m	113-4	3/31
8	29	Catherine GREEN	#3	South Plains (Tel:Q)	33.90mA	111-3	3/18
9	38	Kapualani MAGNANI	#5	Pima (Ariz.) CC	DI 31.64m	103-10	3/24
10	39	Kaprice FARACI	#1	Mesa (Ariz.) CC	DI 31.47m	103-3	3/31

Women's Hammer

1	1	Audrey ARMSTRONG	#7	Paradise Valley	I:Q 54.80m	179-10	3/23
2	5	Karsten DEAKIN	#7	Paradise Valley	I:Q 46.45m	152-5	3/17
3	6	Ronelle PLAZA	#3	South Plains (Tel:Q)	46.35mA	152-1	3/24
4	10	Victoria MALAKI	#1	Mesa (Ariz.) CC	I:Q 43.62m	143-2	3/31
5	12	Kaprice FARACI	#1	Mesa (Ariz.) CC	I:Q 42.91m	140-10	3/17
6	13	Kapualani MAGNANI	#5	Pima (Ariz.) CC	DI 42.17m	138-4	3/31
7	14	Annika ARVAYO	#5	Pima (Ariz.) CC	DI 41.67m	136-9	3/31
8	17	Madison HERNANDEZ	#1	Mesa (Ariz.) CC	DI 40.56m	133-1	3/31
9	20	Kimola HINES	#3	South Plains (Tel:Q)	40.31mA	132-3	3/24
10	28	Sarah SHEITELMAN	#6	Glendale (Ariz.)	DI 37.32m	122-5	3/31

Women's Javelin

1	1	Anisha GIBBONS	#2	New Mexico JC	I:Q 51.27mA	168-3	3/24
2	4	Jessica BRIGHT-SHADE	#5	Pima (Ariz.) CC	I:Q 38.47m	126-3	3/17
3	6	Kaprice FARACI	#1	Mesa (Ariz.) CC	I:Q 37.61m	123-5	3/17
4	7	Ariana LUERA	#7	Paradise Valley	I:Q 37.47m	122-11	3/17
5	10	Patience BOAHEMAA	#4	Central Arizona	I:Q 36.99m	121-4	3/31
6	16	Maliyah ROSS	#1	Mesa (Ariz.) CC	DI 31.34m	102-10	3/16
7	17	Jacklyn TRICE	#5	Pima (Ariz.) CC	DI 31.19m	102-4	3/17
8	22	Angelina THIEL	#6	Glendale (Ariz.)	DI 29.46m	96-8	3/23
9	24	Jenyce LOPEZ	#5	Pima (Ariz.) CC	DI 29.37m	96-4¼	3/24
10	28	Lucille LOVELACE	#4	Central Arizona	DI 28.91m	94-10¼	3/24

Women's Heptathlon

1	2	Leila BARMORE	#6	Glendale (Ariz.)	4,234	3/16
2	3	Maliyah ROSS	#1	Mesa (Ariz.) CC	4,052	3/16
3	5	Natalia BRZEZNAK	#1	Mesa (Ariz.) CC	3,668	3/16
4	6	Psalm JOHNSON	#5	Pima (Ariz.) CC	3,095	3/16
5	8	Ryley OLSON	#12	Phoenix (Ariz.)	2,633	3/16