



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #6, May 1

as of 5/1/2023 7:08:41 AM

Atlantic

Women's 100 Meters

1	20	Lynette SCUTARI	#9	Tallahassee (Fla):Q	11.88w	(2.7)	4/23
2	32	Alyssa DYETT	#3	Monroe-New Ro	DI 12.08	(1.9)	4/22
3	54	Imya ALLEN	#11	Denmark Tech (	DI 12.35	(-0.8)	4/14
4	56	Haniyyah JOHNSON	#6	Richard Bland (V	DI 12.39	(0.0)	4/1
5	57	Abigail DYETT	#3	Monroe-New Ro	DI 12.41	(1.2)	3/24
6	61	Lexi WHEELER	#2	Lansing (Mich.)	DI 12.48	(1.0)	4/14
7	65	Kiana CASIMIR	#1	Essex County (N	DI 12.52	(-1.8)	4/22
8	80	Swayne CLENNON	#6	Richard Bland (V	DI 12.79	(1.1)	4/1
9	95	Brooklyn SIMMONS	#6	Richard Bland (V	DI 13.06	(0.0)	4/1
10		Anaika LOUIS	#3	Monroe-New Ro	DI 13.14w	(3.8)	4/22

Women's 100 Meter Hurdles

1	20	Dayvione BRIGGS	#4	Cuyahoga (Ohio)	DI 15.14	(0.8)	4/22
2	25	Jelesse ALEXANDER	#1	Essex County (N	DI 15.36	(0.2)	3/31
3	26	Myasia MATTHEWS	#4	Cuyahoga (Ohio)	DI 15.38	(0.0)	4/28
4	58	Vegonia JEAN BAPTISTE	#3	Monroe-New Ro	DI 17.80w	(2.2)	4/22
5	60	Reva LANCE	#2	Lansing (Mich.)	DI 18.31	(1.4)	4/8
6	63	Ashanti GORDON	#1	Essex County (N	DI 18.80	(0.0)	4/7
7	73	Rylie BJORKMAN	#2	Lansing (Mich.)	DI 21.80	(0.3)	4/14

Women's 200 Meters

1	53	Kiana CASIMIR	#1	Essex County (N	DI 25.56	(0.7)	4/22
2	56	Jelesse ALEXANDER	#1	Essex County (N	DI 25.65	(0.0)	4/7
3	59	Ashanti GORDON	#1	Essex County (N	DI 25.76	(1.7)	4/22
4	60	Abigail DYETT	#3	Monroe-New Ro	DI 25.79	(1.3)	3/30
5	62	Swayne CLENNON	#6	Richard Bland (V	DI 25.83	(0.1)	4/1
6	73	Lexi WHEELER	#2	Lansing (Mich.)	DI 25.99	(0.3)	4/28
7	94	Lynette SCUTARI	#9	Tallahassee (Fla)	DI 26.42	(1.3)	3/24
8		Kahliyah SMITH	#3	Monroe-New Ro	DI 26.71	(1.5)	3/24
9		Dayvione BRIGGS	#4	Cuyahoga (Ohio)	DI 26.79	(0.5)	4/15
10		Myasia MATTHEWS	#4	Cuyahoga (Ohio)	DI 26.92	(0.3)	4/15

Women's 400 Meters

1	16	Jelesse ALEXANDER	#1	Essex County (N)	Q 56.14		2/10
2	39	Swayne CLENNON	#6	Richard Bland (V	DI 58.08		3/3
3	48	Kahliyah SMITH	#3	Monroe-New Ro	DI 59.08		3/30
4	58	Morgan HETHERINGTON	#2	Lansing (Mich.)	DI 59.72		4/28
5	60	Fanta SANGOO	#1	Essex County (N	DI 59.80		4/22
6	65	Ashanti GORDON	#1	Essex County (N	DI 1:00.18		1/16
7	68	Kayla JOHNSON	#3	Monroe-New Ro	DI 1:00.55		3/24
8	70	thomyka VALCENT	#1	Essex County (N	DI 1:00.64		3/31
9	74	Shaquka TYRELL	#3	Monroe-New Ro	DI 1:00.93		4/22
10	77	Dayvione BRIGGS	#4	Cuyahoga (Ohio)	DI 1:01.00		2/9

Women's 400 Meter Hurdles

1	11	Ashanti GORDON	#1	Essex County (N)	Q 1:03.76		4/22
2	13	Dayvione BRIGGS	#4	Cuyahoga (Ohio)	Q 1:04.32		4/22
3	20	Myasia MATTHEWS	#4	Cuyahoga (Ohio)	Q 1:05.83		4/28
4	44	Kahliyah SMITH	#3	Monroe-New Ro	DI 1:21.76		4/22

Women's 800 Meters

1	11	Kayla JOHNSON	#3	Monroe-New Ro	Q 2:17.84		3/3
2	23	Shaquka TYRELL	#3	Monroe-New Ro	Q 2:19.90		3/30
3	31	Morgan HETHERINGTON	#2	Lansing (Mich.)	DI 2:22.48		4/14
4	52	Gabrielle METZGER	#2	Lansing (Mich.)	DI 2:26.48		4/20
5	56	thomyka VALCENT	#1	Essex County (N	DI 2:27.26		4/7
6	59	Brittany PAGE	#5	Vincennes (Ind.)	DI 2:27.52		4/13
7	66	Haley ELLIS	#2	Lansing (Mich.)	DI 2:28.32		4/20
8	70	Faith CLARK	#7	Muskegon (Mich)	DI 2:28.82		1/21
9	71	Jana STIFFLER	#2	Lansing (Mich.)	DI 2:29.08		3/31
10	87	Jelesse ALEXANDER	#1	Essex County (N	DI 2:31.78		3/3

Women's 1500 Meters

1	21	Zothile Jesica MBHAMALI	#3	Monroe-New Ro	Q 4:54.96		3/24
2	23	Kayla JOHNSON	#3	Monroe-New Ro	Q 4:55.03		1/27
3	25	Jana STIFFLER	#2	Lansing (Mich.)	Q 4:55.50		4/28
4	30	Shaquka TYRELL	#3	Monroe-New Ro	Q 4:57.33		3/30
5	49	Haley ELLIS	#2	Lansing (Mich.)	DI 5:02.77		4/20
6	50	Gabrielle METZGER	#2	Lansing (Mich.)	DI 5:03.55		4/20
7	81	Brittany PAGE	#5	Vincennes (Ind.)	DI 5:16.31		4/20
8	84	Arielle VALDES	#9	Tallahassee (Fla)	DI 5:18.39		4/8
9	96	Hope LAUGHLIN	#5	Vincennes (Ind.)	DI 5:22.01		1/27
10	99	Alyssa WILLIAMS	#2	Lansing (Mich.)	DI 5:22.69		4/14

Women's Steeplechase

1	13	Gabrielle METZGER	#2	Lansing (Mich.)	DI 12:17.53		4/28
2	28	Molly BRASHEARS	#10	Hagerstown (Md	DI 14:01.67		4/29
3	29	Maggie THOMPSON	#10	Hagerstown (Md	DI 14:17.81		4/29

Women's 5000 Meters

1	6	Jana STIFFLER	#2	Lansing (Mich.)	Q 18:06.58		4/20
2	16	Zothile Jesica MBHAMALI	#3	Monroe-New Ro	Q 18:38.01		3/30
3	25	Haley ELLIS	#2	Lansing (Mich.)	Q 18:54.31		4/28
4	32	Daisie KINNETT	#5	Vincennes (Ind.)	DI 19:05.98		3/3
5	41	Alyssa WILLIAMS	#2	Lansing (Mich.)	DI 19:29.91		4/20
6	49	Haley BELL	#2	Lansing (Mich.)	DI 19:55.97		4/20
7	62	Emilia ZAVALA	#4	Cuyahoga (Ohio)	DI 20:56.24		3/31
8	68	Arielle VALDES	#9	Tallahassee (Fla)	DI 21:12.44		3/4
9	69	Ashleigh DUFFY	#4	Cuyahoga (Ohio)	DI 21:13.21		3/31

Women's 10,000 Meters

1	2	Jana STIFFLER	#2	Lansing (Mich.)	Q 38:23.03		4/28
2	10	Zothile Jesica MBHAMALI	#3	Monroe-New Ro	Q 40:14.27		4/27
3	21	Ashleigh DUFFY	#4	Cuyahoga (Ohio)	DI 49:28.20		4/28



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as of 5/1/2023 7:08:42 AM

Atlantic

Women's 4x100 Relay

1	12	Jelese ALEXANDER, Kiana CASIMIR, Ashanti GORDON, Fanta SANGOO	#1 Essex County (NI):Q 48.12	4/14
2	16	Morgan JEFFRIES, Lexi WHEELER, Morgan HETHERINGTON, Rylie BJORKMAN	#2 Lansing (Mich.): DI 50.21	4/28

Women's 4x400 Relay

1	9	https://www.tfrrs.org/teams/690	#1 Essex County (NI):Q 3:53.30	3/3
2	13	https://www.tfrrs.org/teams/59475	#3 Monroe-New Ro:Q 3:59.41	2/17
3	27	Haley ELLIS, Katelyn SLONE, Jana STIFFLER, Morgan HETHERINGTON	#2 Lansing (Mich.): DI 4:30.12	3/31
4	30	https://www.tfrrs.org/teams/77902	#7 Muskegon (Mich): DI 4:34.79	1/13
5	31	https://www.tfrrs.org/teams/104650	#8 Marion Military I: DI 4:45.88	2/11

Women's 4x800 Relay

1	14	Elizabeth HETZLER, Jamison SEVILLA, Kristalyn STEADMAN, Hannah GRIFFITH	#8 Marion Military I: DI 11:21.25	3/24
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Women's High Jump

1	4	Josey REINEMAN	#10 Hagerstown (Md):Q 1.71m	5-7¼	4/29
2	8	Jelese ALEXANDER	#1 Essex County (NI):Q 1.70m	5-7	1/13
3	15	Gabrielle COOK	#10 Hagerstown (Md):Q 1.65m	5-5	4/29
4	23	Kimmerly JOHNSON	#11 Denmark Tech (I): DI 1.58m	5-2¼	3/23
5	32	Akayla PICKERSGILL	#3 Monroe-New Ro: DI 1.52m	4-11¾	2/24
6	49	Mia MILANO	#4 Cuyahoga (Ohio): DI 1.44m	4-8¾	4/14
7	50	Ashanti GORDON	#1 Essex County (NI): DI 1.43m	4-8¾	4/7
8	55	Reva LANCE	#2 Lansing (Mich.): DI 1.39m	4-6¾	4/28
9	57	Dayvione BRIGGS	#4 Cuyahoga (Ohio): 1.38m	4-6¼	2/9
10	58	Madison STEPANIK	#4 Cuyahoga (Ohio): 1.37m	4-6	1/14

Women's Pole Vault

1	1	Julia DO AMARAL SALVI	#5 Vincennes (Ind.):Q 3.80m	12-5½	3/3
2	6	Ysnaira DOS SANTOS VIEIRA	#5 Vincennes (Ind.):Q 3.50m	11-5¾	3/3
3	7	Mikaila EK	#10 Hagerstown (Md):Q 3.25m	10-8	2/3
4	10	Abby MAKARA	#4 Cuyahoga (Ohio): DI 3.00m	9-10	2/17
5	17	Jillian CARRICK	#4 Cuyahoga (Ohio): DI 2.62m	8-7	3/24
6	23	Julia BASSETT	#12 Carroll (Md.) CC 1.83m	6-0	4/28

Women's Long Jump

1	17	Brooklyn SIMMONS	#6 Richard Bland (V): DI 5.50m	18-½ (1.1)	4/22
2	20	Haniyyah JOHNSON	#6 Richard Bland (V): DI 5.47m	17-11½ (1.)	4/7
3	34	Jelese ALEXANDER	#1 Essex County (NI): DI 5.24m	17-2¼ (1.8)	4/7
4	44	Alyssa DYETT	#3 Monroe-New Ro: DI 5.00m	16-5 (-2.6)	3/24
5	58	Reva LANCE	#2 Lansing (Mich.): DI 4.72m	15-6 (2.0)	4/28
6	66	Madison STEPANIK	#4 Cuyahoga (Ohio): 4.52mw	14-10 (3.0)	4/28
7	67	Lainey CANAN	#7 Muskegon (Mich): 4.50m	14-9¼ (1.0)	4/7
8	68	Ashanti GORDON	#1 Essex County (NI): 4.46m	14-7¾ (0.0)	4/7
9	71	Imya ALLEN	#11 Denmark Tech (I): 4.38m	14-4½ (-2.)	4/1
10	74	Akayla PICKERSGILL	#3 Monroe-New Ro: 4.36m	14-3¾ (0.3)	3/24

Women's Triple Jump

1	6	Alyssa DYETT	#3 Monroe-New Ro:Q 11.89m	39-¼ (0.2)	4/22
2	14	Jelese ALEXANDER	#1 Essex County (NI): DI 11.40m	37-5 (1.6)	3/31
2	14	Haniyyah JOHNSON	#6 Richard Bland (V): DI 11.40m	37-5 (1.2)	4/1
4	27	Brooklyn SIMMONS	#6 Richard Bland (V): DI 10.31m	33-10 (-0.9)	4/22
5	28	Raeven BYRD	#9 Tallahassee (Fla): DI 10.25mw	33-7½ (3.9)	4/23

Women's Shot Put

1	20	Madison DAVIS	#5 Vincennes (Ind.): DI 12.17m	39-11¼	2/18
2	34	Madison STEPANIK	#4 Cuyahoga (Ohio): DI 11.31m	37-1¼	4/14
3	48	Aliyah WILLIAMS	#8 Marion Military I: DI 10.35m	33-11½	4/8
4	52	Akyla WALCOTT	#1 Essex County (NI): DI 10.19m	33-5¼	4/22
5	53	Jelese ALEXANDER	#1 Essex County (NI): DI 10.18m	33-4¾	3/3
6	62	De'Janaeia JOHNSON	#13 Spartanburg Me: DI 9.96m	32-8¼	3/4
7	65	Alex FECKNER	#4 Cuyahoga (Ohio): DI 9.87m	32-4¾	4/6
8	73	Brianna MOBLEY	#9 Tallahassee (Fla): DI 9.54m	31-3¾	3/24
9	74	Cameron KLEIN	#12 Carroll (Md.) CC: DI 9.52m	31-2¾	4/15
10	90	Rahmat SHOWA	#3 Monroe-New Ro: 8.97m	29-5¼	2/10

Women's Discus

1	18	Karleigh JEFFRIES	#7 Muskegon (Mich): DI 37.44m	122-10	4/7
2	26	Aliyah WILLIAMS	#8 Marion Military I: DI 36.08m	118-5	3/24
3	27	Madison STEPANIK	#4 Cuyahoga (Ohio): DI 36.04m	118-3	4/6
4	41	Madison DAVIS	#5 Vincennes (Ind.): DI 33.46m	109-10	4/29
5	49	Brianna MOBLEY	#9 Tallahassee (Fla): DI 29.99m	98-4¾	3/24
6	60	Cameron KLEIN	#12 Carroll (Md.) CC: DI 27.93m	91-7¾	4/28
7	64	Olivia KELLER	#14 Montgomery (Mo): 26.64m	87-5	3/31
8	65	Mariella SEBASTIAN	#8 Marion Military I: 26.50m	86-11½	4/8
9	67	De'Janaeia JOHNSON	#13 Spartanburg Me: 26.22m	86-¼	4/22
10	73	Jakayia WILLIAMS	#11 Denmark Tech (I): 22.89m	75-1¼	2/25

Women's Hammer

1	30	Karleigh JEFFRIES	#7 Muskegon (Mich): DI 39.40m	129-3	4/14
2	37	Madison STEPANIK	#4 Cuyahoga (Ohio): DI 35.87m	117-8	4/28
3	39	Alex FECKNER	#4 Cuyahoga (Ohio): DI 35.59m	116-9	4/28



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Women's Javelin

1	10	Giorgia FINO	#5	Vincennes (Ind.)	I:Q 38.10m	125-0	4/29
2	45	Jelese ALEXANDER	#1	Essex County (N. DI	26.37m	86-6¼	4/7
3	46	Madison STEPANIK	#4	Cuyahoga (Ohio)	DI 26.14m	85-9¼	4/22
4	48	Natalie WAGLER	#5	Vincennes (Ind.)	DI 25.53m	83-9¼	4/13
5	50	Madison DAVIS	#5	Vincennes (Ind.)	DI 25.08m	82-3½	4/29
6	51	Cameron KLEIN	#12	Carroll (Md.) CC	DI 25.00m	82-¼	4/28
7	61	Rylie BJORKMAN	#2	Lansing (Mich.) (	21.21m	69-7	4/28
8	62	Reva LANCE	#2	Lansing (Mich.) (	21.15m	69-4¾	4/14
9	67	Jillian CARRICK	#4	Cuyahoga (Ohio)	19.60m	64-3¾	4/28
10	70	Lainey CANAN	#7	Muskegon (Mich	19.39m	63-7½	4/21

Women's Heptathlon

1	6	Jelese ALEXANDER	#1	Essex County (N	4,169	4/7
2	15	Ashanti GORDON	#1	Essex County (N	3,016	4/7



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Central

Women's 100 Meters

1	2	oarabile TSHOSA	#1	Barton (Kan.) CQ:Q 11.49c	(11.46A) (1	4/6
2	9	Troynelle MILLER	#7	Colby (Kan.) CC I:Q 11.72w	(2.6)	3/25
3	10	Antiana WALSH	#1	Barton (Kan.) CQ:Q 11.74cw	(11.71A) (2	4/6
4	12	Naiya MORGAN	#1	Barton (Kan.) CQ:Q 11.75w	(2.6)	3/29
5	13	Damazvia DAMES	#4	Fort Scott (Kan.):Q 11.76w	(2.7)	3/29
6	14	Miracle THOMPSON	#2	Cloud County (Kl:Q 11.77	(1.8)	3/30
7	17	Chaniqua TONGE	#4	Fort Scott (Kan.):Q 11.82	(2.0)	4/13
8	22	Jalia BUNN	#10	Coffeyville (Kan.):Q 11.92w	(2.6)	3/25
9	24	Keyann WILSON	#4	Fort Scott (Kan.):Q 11.94w	(3.0)	3/29
10	31	Vimbayi MAISOVOREWA	#2	Cloud County (Kl:Q 12.07w	(2.2)	4/22

Women's 100 Meter Hurdles

1	2	Miracle THOMPSON	#2	Cloud County (Kl:Q 13.50w	(3.6)	4/7
2	4	Danae NEMBARD	#1	Barton (Kan.) CQ:Q 13.88	(-0.2)	4/29
3	7	Joda CAMPBELL	#5	Butler (Kan.) CCI:Q 14.15	(-0.1)	3/30
4	8	Ana COUTO	#1	Barton (Kan.) CQ:Q 14.20c	(14.16A) (2	4/6
5	11	Kay-Lagay CLARKE	#1	Barton (Kan.) CQ:Q 14.29cw	(14.25A) (2	4/6
6	15	Vanessa MERCERA	#2	Cloud County (Kl:Q 14.52w	(3.9)	4/22
7	18	Madelyn HERNANDEZ	#6	Hutchinson (Kar: DI 14.96w	(2.4)	4/7
8	24	Kaylee JAMES	#6	Hutchinson (Kar: DI 15.30	(-0.2)	3/25
9	27	kayleigh PRENTISS	#1	Barton (Kan.) CC DI 15.44c	(15.40A) (1	4/6
10	28	L'Oreal JONES	#4	Fort Scott (Kan.) DI 15.48	(0.6)	3/23

Women's 200 Meters

1	3	Naiya MORGAN	#1	Barton (Kan.) CQ:Q 23.64c	(23.57A) (1	4/6
2	8	Damazvia DAMES	#4	Fort Scott (Kan.):Q 23.78	(2.0)	3/30
3	10	Antiana WALSH	#1	Barton (Kan.) CQ:Q 24.11	(1.2)	4/29
4	11	Vimbayi MAISOVOREWA	#2	Cloud County (Kl:Q 24.12	(0.3)	3/25
5	15	oarabile TSHOSA	#1	Barton (Kan.) CQ:Q 24.32	(-3.3)	4/29
6	18	Chaniqua TONGE	#4	Fort Scott (Kan.):Q 24.37	(1.5)	4/22
7	25	Jalia BUNN	#10	Coffeyville (Kan.) DI 24.67	(-0.6)	4/29
8	31	Keyann WILSON	#4	Fort Scott (Kan.) DI 24.81	(1.6)	4/8
9	33	Troynelle MILLER	#7	Colby (Kan.) CC DI 24.84	(0.3)	3/25
10	36	Miracle THOMPSON	#2	Cloud County (Kl:Q 24.89w	(2.5)	4/7

Women's 400 Meters

1	3	Vimbayi MAISOVOREWA	#2	Cloud County (Kl:Q 53.50		3/3
2	11	Naiya MORGAN	#1	Barton (Kan.) CQ:Q 55.09		2/18
3	14	Dy'Mond WILEY	#1	Barton (Kan.) CQ:Q 55.57		2/10
4	19	Trishanie WARNER	#5	Butler (Kan.) CC DI 56.36		3/30
5	21	Serenity JACKSON	#12	Pratt (Kan.) CC DI 56.49		2/18
6	25	Isabella KUPKA	#3	Cowley (Kan.) DI 57.02		3/3
7	29	Star MPAMA	#5	Butler (Kan.) CC DI 57.28		3/3
8	31	Ashley ROBINSON	#14	Allen (Kan.) CC DI 57.58		4/29
9	32	Antiana WALSH	#1	Barton (Kan.) CC DI 57.62		3/30
10	33	Passion CREWS	#2	Cloud County (Kl:Q 57.71		3/30

Women's 400 Meter Hurdles

1	14	Vanessa MERCERA	#2	Cloud County (Kl:Q 1:04.47		3/25
2	16	Landrea SEARS	#11	Neosho County I:Q 1:05.61		4/22
3	18	Icey GREEN	#4	Fort Scott (Kan.):Q 1:05.75		4/29
4	19	Miracle THOMPSON	#2	Cloud County (Kl:Q 1:05.81		3/25
5	21	Tashira EDWARDS	#5	Butler (Kan.) CCI:Q 1:06.04		3/30
6	22	Justyce THOMAS	#12	Pratt (Kan.) CC DI 1:06.50		4/23
7	23	Ashley ROBINSON	#14	Allen (Kan.) CC DI 1:06.53		3/30
8	25	Vionce OLIVARES	#5	Butler (Kan.) CC DI 1:06.73		4/21
9	30	Keneah ROMNEY	#6	Hutchinson (Kar: DI 1:08.93		4/7
10	32	Danielle HARTWELL	#7	Colby (Kan.) CC DI 1:12.44		4/7

Women's 800 Meters

1	9	Passion CREWS	#2	Cloud County (Kl:Q 2:16.76		3/3
2	10	Tara BERT	#7	Colby (Kan.) CC I:Q 2:17.83		3/3
3	16	Abigail PINNOCK	#3	Cowley (Kan.) I:Q 2:19.16		4/7
4	18	Ann BADAWE	#4	Fort Scott (Kan.):Q 2:19.35		4/8
5	19	Star MPAMA	#5	Butler (Kan.) CCI:Q 2:19.44		3/23
6	22	Gracie LAMBERT	#6	Hutchinson (Kar:Q 2:19.73		3/3
7	24	Elif POYRAZ	#7	Colby (Kan.) CC I:Q 2:20.10		2/10
8	29	Vanessa MERCERA	#2	Cloud County (Kl:Q 2:21.15		3/3
9	30	Lucy NDUNGU	#2	Cloud County (Kl:Q 2:21.17		4/22
10	32	Chrystal OSAKWE	#4	Fort Scott (Kan.):Q 2:23.01		3/17

Women's 1500 Meters

1	3	Lucy NDUNGU	#2	Cloud County (Kl:Q 4:38.92		4/29
2	4	Elif POYRAZ	#7	Colby (Kan.) CC I:Q 4:39.37		4/7
3	5	Emily DIERCKS	#7	Colby (Kan.) CC I:Q 4:39.55		3/3
4	15	Melody OCHANA	#2	Cloud County (Kl:Q 4:52.91		4/13
5	17	Asli ATAN	#7	Colby (Kan.) CC I:Q 4:53.62		4/7
6	27	Tara BERT	#7	Colby (Kan.) CC I:Q 4:56.46		4/7
7	32	Andrea GARCIA-GONZALEZ	#3	Cowley (Kan.) I:Q 4:57.49		4/21
8	35	Ann BADAWE	#4	Fort Scott (Kan.):Q 4:57.97		3/30
9	36	Nonhlanhla MABUZA	#7	Colby (Kan.) CC I:Q 4:58.07		4/7
10	39	Khloi BIRD	#5	Butler (Kan.) CC DI 4:59.91		2/3

Women's Steeplechase

1	4	Melody OCHANA	#2	Cloud County (Kl:Q 11:36.60		4/7
2	10	Jamaira ROSS	#12	Pratt (Kan.) CC I:Q 12:14.76		3/30
3	12	Naomi SALIL	#11	Neosho County I:Q 12:15.88		4/8
4	17	Heidi GRIMMETT	#5	Butler (Kan.) CC DI 12:24.06		4/27
5	19	Shareen CHERUIYOT	#9	Garden City (Kar: DI 12:28.86		3/25
6	20	Nevaeh CARRIZAL	#8	Dodge City (Kan.) DI 12:42.12		4/22
7	21	Denise DOMINGUEZ	#8	Dodge City (Kan.) DI 12:43.68		3/31
8	23	Sydney GRAUER	#6	Hutchinson (Kar: DI 13:00.80		4/7
9	24	Yanely PUENTES	#8	Dodge City (Kan.) DI 13:05.13		4/27
10	25	Andrea SERRANO	#9	Garden City (Kar: DI 13:21.86c	(13:33.36A	3/18



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Central

Women's 5000 Meters

1	2	Emily DIERCKS	#7	Colby (Kan.) CC	I:Q 17:27.26	4/13
2	3	Lucy NDUNGU	#2	Cloud County (Kl)	Q 17:27.53	4/7
3	11	Khloi BIRD	#5	Butler (Kan.)	CCI:Q 18:26.76	3/23
4	24	Serenity LARSON	#6	Hutchinson (Karl)	Q 18:53.82	2/3
5	26	Jamaira ROSS	#12	Pratt (Kan.)	CC I:Q 18:54.47	4/8
6	30	Andrea GARCIA-GONZALEZ	#3	Cowley (Kan.)	I:Q 19:01.85	2/18
7	31	Denise DOMINGUEZ	#8	Dodge City (Kan)	DI 19:03.80	2/18
8	35	Melody OCHANA	#2	Cloud County (Kl)	DI 19:11.83	3/30
9	39	Yazmin REYES	#3	Cowley (Kan.)	I:Q 19:18.94	2/18
10	40	Maissane JOUEN	#7	Colby (Kan.)	CC DI 19:23.12	2/3

Women's 10,000 Meters

1	5	Khloi BIRD	#5	Butler (Kan.)	CCI:Q 39:04.11	4/7
2	6	Denise DOMINGUEZ	#8	Dodge City (Kan)	Q 39:12.55	4/22
3	18	Naomi SALIL	#11	Neosho County	I:Q 41:37.73	3/30
4	19	Mallory BODEN	#5	Butler (Kan.)	CC DI 42:29.72	4/7

Women's 4x100 Relay

1	4	Antiana WALSH, oarabile TSHOSA, Kay-Lagay CLARKE, Naiya MORGAN	#1	Barton (Kan.)	CI:Q 45.41	4/29
2	6	Keyann WILSON, Chaniqua TONGE, Brandi DRAKE, Damazvia DAMES	#4	Fort Scott (Kan.)	:Q 46.07	4/8
3	9	Gartasia CRAWELY, Takiria BROWN, Jalia BUNN, Teonia WHITELOW	#10	Coffeyville (Kan)	:Q 47.54	4/8
4	11	Miracle THOMPSON, Vanessa MERCERA, Ariyah SMITH, Vimbayi MAISVOREWA	#2	Cloud County (Kl)	:Q 48.07	3/25
5	13	Ashley ROBINSON, Jha-Di MEKHI, Varaie DABNEY, Jade FELLER	#14	Allen (Kan.)	CC I:Q 48.58	4/29
6	15	Akeera ESEDELLE, Vionce OLIVARES, Deanna MILLER, Joda CAMPBELL	#5	Butler (Kan.)	CC DI 49.08	3/23
7	17	Sequoya MCADOO, Gabriela ELIZALDE, Ondrae'yah DAVIS, Deslyne COOPER	#8	Dodge City (Kan)	DI 51.57	4/15
8	20	Kanya CAMPBELL, Maya WHITE EAGLE, Sara CHAPA, Kerrishma WILLIAMS	#9	Garden City (Kar)	DI 52.94	3/25
9	21	Joana VAKASOBUDURU, Landrea SEARS, Ezra WOOD, Alexis HAYNES	#11	Neosho County	I:Q 54.70	4/29

Women's 4x400 Relay

1	4	https://www.tfrrs.org/teams/545	#2	Cloud County (Kl)	:Q 3:46.99	3/3
2	5	https://www.tfrrs.org/teams/537	#1	Barton (Kan.)	CI:Q 3:47.28	2/10
3	10	https://www.tfrrs.org/teams/541	#5	Butler (Kan.)	CCI:Q 3:54.05	3/3
4	14	https://www.tfrrs.org/teams/8048	#4	Fort Scott (Kan.)	I:Q 4:01.39	2/18
5	15	Isabella KUPKA, Abigail PINNOCK, Alyssa BRIDGES, Layla INGALLS	#3	Cowley (Kan.)	I:Q 4:02.94	3/25
6	17	https://www.tfrrs.org/teams/978	#6	Hutchinson (Karl)	DI 4:05.92	2/18
7	20	https://www.tfrrs.org/teams/678	#8	Dodge City (Kan)	DI 4:10.33	2/18
8	23	https://www.tfrrs.org/teams/992	#11	Neosho County	I:Q 4:24.54	2/18
9	24	https://www.tfrrs.org/teams/547	#10	Coffeyville (Kan)	DI 4:28.50	1/28
10	26	https://www.tfrrs.org/teams/549	#7	Colby (Kan.)	CC DI 4:28.55	2/3

Women's 4x800 Relay

1	2	https://www.tfrrs.org/teams/545	#2	Cloud County (Kl)	:Q 9:29.19	4/1
2	3	https://www.tfrrs.org/teams/8048	#4	Fort Scott (Kan.)	:Q 9:36.66	4/26
3	4	https://www.tfrrs.org/teams/978	#6	Hutchinson (Karl)	:Q 9:42.96	3/3
4	5	https://www.tfrrs.org/teams/4654	#3	Cowley (Kan.)	I:Q 9:49.72	3/3
5	8	Star MPAMA, Trishanie WARNER, Gabriella GORDON, Khloi BIRD	#5	Butler (Kan.)	CCI:Q 9:57.51	4/13
6	9	https://www.tfrrs.org/teams/992	#11	Neosho County	I:Q 10:09.61	4/29
7	13	https://www.tfrrs.org/teams/678	#8	Dodge City (Kan)	DI 10:29.47	2/18
8	15	Andrea SERRANO, Shareen CHERUIYOT, Breanna CLEMENS, Meagan BURKHART	#9	Garden City (Kar)	DI 11:26.40	3/31
9	16	https://www.tfrrs.org/teams/547	#10	Coffeyville (Kan)	DI 12:05.64	2/18



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Central

Women's High Jump

1	2	Shackala HENRY	#2	Cloud County (Kl):Q	1.74m	5-8½	1/21
2	3	Vanessa MERCERA	#2	Cloud County (Kl):Q	1.72m	5-7¾	4/22
3	4	jazmine WILLIAMSON	#1	Barton (Kan.) CQ:Q	1.71m	5-7¼	2/18
4	11	Madelyn HERNANDEZ	#6	Hutchinson (Kar):Q	1.67m	5-5¾	3/25
4	11	Dayjahney HIBBERT	#13	Highland (Kan.) I:Q	1.67m	5-5¾	4/14
6	13	kayleigh PRENTISS	#1	Barton (Kan.) CQ:Q	1.66m	5-5¼	3/3
7	16	Gartasia CRAWLEY	#10	Coffeyville (Kan):Q	1.63m	5-4¼	4/8
8	17	Liberty LIMON	#6	Hutchinson (Kar):Q	1.62m	5-3¾	3/25
9	20	LaShae' SMITH	#3	Cowley (Kan.) DI	1.60m	5-3	3/3
9	20	Ana COUTO	#1	Barton (Kan.) CQ DI	1.60m	5-3	3/3

Women's Pole Vault

1	3	Arantxa CORTEZ	#3	Cowley (Kan.) I:Q	3.70m	12-1½	3/3
2	4	Jasmine SAKAGUCHI	#2	Cloud County (Kl):Q	3.59m	11-9¼	1/27
3	5	Mia MANLEY	#2	Cloud County (Kl):Q	3.57m	11-8½	4/13
4	8	Violet MARTINEZ	#6	Hutchinson (Kar):Q	3.23m	10-7	4/15
5	9	Carla SANTOS	#3	Cowley (Kan.) I:Q	3.12m	10-2¾	4/22
6	10	Kayla ORTMAN	#5	Butler (Kan.) CC DI	3.00m	9-10	2/18
7	13	Alivia NOLL	#6	Hutchinson (Kar) DI	2.98m	9-9¼	3/30
8	14	Kiana BROWN	#6	Hutchinson (Kar) DI	2.90m	9-6¼	4/29
9	15	Jacie CARSON	#3	Cowley (Kan.) DI	2.85m	9-4¼	2/18
10	18	Kaylen MILLS	#3	Cowley (Kan.) DI	2.60m	8-6¼	4/29

Women's Long Jump

1	1	Damazvia DAMES	#4	Fort Scott (Kan.):Q	6.18mw	20-3½ (3.3)	4/22
2	3	jazmine WILLIAMSON	#1	Barton (Kan.) CQ:Q	6.13mwa	20-1½ (3.7)	4/6
3	5	Kay-Lagay CLARKE	#1	Barton (Kan.) CQ:Q	5.83mwa	19-1½ (3.7)	4/6
4	10	Genesis BAUTISTA	#3	Cowley (Kan.) I:Q	5.69m	18-8 (0.0)	3/25
5	12	Icey GREEN	#4	Fort Scott (Kan.):Q	5.63m	18-5¾ (0.1)	4/22
6	14	Ahniesha PRESULME	#1	Barton (Kan.) CQ DI	5.57mA	18-3¼ (1.9)	4/6
7	15	Ana COUTO	#1	Barton (Kan.) CQ DI	5.52mA	18-1½ (1.4)	4/6
8	17	Brittania INGRAM	#1	Barton (Kan.) CQ DI	5.50m	18-½ (1.9)	4/29
9	21	Chaniqua TONGE	#4	Fort Scott (Kan.) DI	5.44m	17-10¼ (0.)	4/8
10	23	Vanessa MERCERA	#2	Cloud County (Kl) DI	5.41mw	17-9 (2.1)	3/30
10	23	Kamerin CARTER	#4	Fort Scott (Kan.) DI	5.41mw	17-9 (3.4)	4/13

Women's Triple Jump

1	2	Brittania INGRAM	#1	Barton (Kan.) CQ:Q	12.29mw	40-4 (3.4)	4/6
2	7	Kay-Lagay CLARKE	#1	Barton (Kan.) CQ:Q	11.85m	38-10½ (0.)	4/21
3	8	Dayjahney HIBBERT	#13	Highland (Kan.) I:Q	11.81m	38-9 (0.7)	3/25
4	9	Genesis BAUTISTA	#3	Cowley (Kan.) I:Q	11.66m	38-3¼ (1.8)	3/25
5	11	Icey GREEN	#4	Fort Scott (Kan.) DI	11.53m	37-10 (0.0)	4/22
6	12	Saniyah HAMMOND	#10	Coffeyville (Kan.) DI	11.46m	37-7¼ (1.8)	4/14
7	13	Ahniesha PRESULME	#1	Barton (Kan.) CQ DI	11.45m	37-6¾ (0.2)	4/29
8	17	Shackala HENRY	#2	Cloud County (Kl) DI	11.18m	36-8¼ (1.2)	3/30
9	18	Brandi DUNN	#13	Highland (Kan.) DI	11.04m	36-2¾ (1.4)	3/30
10	19	Abby RUESCHHOFF	#3	Cowley (Kan.) DI	10.98m	36-¼ (1.8)	4/29

Women's Shot Put

1	1	Kelsie MURRELL-ROSS	#1	Barton (Kan.) CQ:Q	16.30m	53-5¾	2/18
2	2	Treneese HAMILTON	#1	Barton (Kan.) CQ:Q	15.05m	49-4½	3/3
3	6	Beatriz FERRIERA	#9	Garden City (Kail):Q	13.63m	44-8¾	2/3
4	7	Ana COUTO	#1	Barton (Kan.) CQ:Q	13.21m	43-4¼	3/3
5	13	Efe LATHAM	#1	Barton (Kan.) CQ DI	12.61mA	41-4½	4/6
6	16	Tamara THOMPSON	#2	Cloud County (Kl) DI	12.37m	40-7	4/13
7	17	Jamilet BAUTISTA INFANTE	#3	Cowley (Kan.) DI	12.35m	40-6¼	1/21
8	21	Mallory CALLIHAN	#2	Cloud County (Kl) DI	12.13m	39-9¾	2/18
9	24	Tahisha THOMPSON	#2	Cloud County (Kl) DI	11.97m	39-3¼	2/18
10	27	Serena DEGOLLADO	#9	Garden City (Kar) DI	11.76m	38-7	3/31

Women's Discus

1	3	Tamara THOMPSON	#2	Cloud County (Kl):Q	46.68m	153-2	4/22
2	6	Kelsie MURRELL-ROSS	#1	Barton (Kan.) CQ:Q	45.68mA	149-11	4/6
3	8	Kadine BROWN	#5	Butler (Kan.) CCI:Q	42.44m	139-3	4/13
4	9	Angela SANCHEZ	#10	Coffeyville (Kan):Q	41.93m	137-7	4/22
5	10	Treneese HAMILTON	#1	Barton (Kan.) CQ:Q	41.33m	135-7	4/29
6	11	Tahisha THOMPSON	#2	Cloud County (Kl) DI	40.50m	132-11	4/7
7	14	Kayla MCCLELLAN	#3	Cowley (Kan.) DI	39.30m	128-11	4/29
8	15	Lushous DAVIS	#6	Hutchinson (Kar) DI	38.53m	126-5	3/25
9	17	Cloe KALANICK	#9	Garden City (Kar) DI	37.67m	123-7	3/25
10	19	Mallory CALLIHAN	#2	Cloud County (Kl) DI	36.90m	121-1	3/25

Women's Hammer

1	2	Kayla MCCLELLAN	#3	Cowley (Kan.) I:Q	49.32m	161-10	4/13
2	3	Efe LATHAM	#1	Barton (Kan.) CQ:Q	48.39mA	158-9	3/24
3	4	Sarah ROBINSON	#3	Cowley (Kan.) I:Q	48.05m	157-8	4/13
4	5	Lushous DAVIS	#6	Hutchinson (Kar):Q	47.70m	156-6	4/29
5	10	Serena DEGOLLADO	#9	Garden City (Kail):Q	45.21m	148-4	3/31
6	12	Cloe KALANICK	#9	Garden City (Kail):Q	44.12m	144-9	3/31
7	13	Mallory CALLIHAN	#2	Cloud County (Kl):Q	44.05m	144-6	4/22
8	14	Kelsie MURRELL-ROSS	#1	Barton (Kan.) CQ:Q	43.80mA	143-9	3/24
9	16	Beatriz FERRIERA	#9	Garden City (Kail):Q	43.50m	142-9	3/31
10	18	Tamara THOMPSON	#2	Cloud County (Kl):Q	42.97m	141-0	4/29

Women's Javelin

1	2	Jamilet BAUTISTA INFANTE	#3	Cowley (Kan.) I:Q	40.65m	133-5	4/7
2	3	Jessi BRUMMETT	#2	Cloud County (Kl):Q	40.53m	133-0	4/7
3	6	Treneese HAMILTON	#1	Barton (Kan.) CQ:Q	38.58mA	126-7	3/24
4	9	Efe LATHAM	#1	Barton (Kan.) CQ:Q	38.13mA	125-1	3/24
5	15	Alexis O'FARRELL	#13	Highland (Kan.) I:Q	36.55m	119-11	4/7
6	17	Mercedes GLOVER	#3	Cowley (Kan.) DI	35.82m	117-6	4/29
7	21	Hanna SCHULTZ	#8	Dodge City (Kan) DI	34.17m	112-1	4/27
8	22	Ana COUTO	#1	Barton (Kan.) CQ DI	34.02mA	111-8	4/6
9	24	Emily PUNCHES	#2	Cloud County (Kl) DI	32.52m	106-9	4/22
10	25	Hailey SHARP	#2	Cloud County (Kl) DI	32.12m	105-5	4/22



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Central

Women's Heptathlon

1	1	Ana COUTO	#1	Barton (Kan.) CC	5,117A	4/6
2	3	Vanessa MERCERA	#2	Cloud County (K	4,792	3/30
3	4	kayleigh PRENTISS	#1	Barton (Kan.) CC	4,256A	4/6
4	9	Ahniesha PRESULME	#1	Barton (Kan.) CC	3,701A	4/6
5	11	Jasmine CARSON	#1	Barton (Kan.) CC	3,614A	4/6
6	16	Mercedes GLOVER	#3	Cowley (Kan.)	2,680	3/30
7	19	Gracie SHIRE	#3	Cowley (Kan.)	2,570	3/30



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Midwest

Women's 100 Meters

1	3	Diandrenique GAINES	#3	Hinds (Miss.) CCI:Q	11.53	(-0.4)	4/21
2	5	Jahzara HART	#5	Indian Hills (Iow):Q	11.62	(1.9)	4/27
3	16	Kiersten CLARK	#3	Hinds (Miss.) CCI:Q	11.81	(1.6)	4/21
4	18	Brianna CHARLES	#3	Hinds (Miss.) CCI:Q	11.85	(0.0)	4/28
5	27	Ethel AMISSAH	#1	Iowa Western CCI:Q	12.03w	(2.1)	3/23
6	28	Shanice COX	#5	Indian Hills (Iow):Q	12.04	(1.9)	4/27
7	29	Taliyah LINDSEY	#6	Meridian (Miss.):Q	12.05	(1.0)	4/28
8	37	Adeyeh BREWSTER	#2	Iowa Central CCI:Q	12.17	(0.5)	4/27
9	42	Zyaire ROBINSON	#5	Indian Hills (Iow):Q	12.22	(1.8)	3/30
10	45	Zakiya PORTER	#5	Indian Hills (Iow):Q	12.25w	(2.1)	3/23

Women's 100 Meter Hurdles

1	3	Adeyeh BREWSTER	#2	Iowa Central CCI:Q	13.85	(-0.7)	4/26
2	6	JodyAnn DIXON	#3	Hinds (Miss.) CCI:Q	14.09	(0.0)	4/28
3	8	Arryona SIMMONS	#6	Meridian (Miss.):Q	14.20w	(2.3)	4/28
4	12	Antonia SEALY	#1	Iowa Western CCI:Q	14.42	(1.3)	4/26
5	14	Kalli HUSBAND	#3	Hinds (Miss.) CCI:Q	14.45	(0.0)	4/28
6	21	Abigail FREY	#2	Iowa Central CCI:Q	15.18	(1.4)	4/27
7	30	Paige CONDON	#2	Iowa Central CCI:Q	15.61	(0.4)	4/27
8	38	Jade JACKSON	#2	Iowa Central CCI:Q	16.01	(-3.8)	4/14
9	45	Saria OLIVER	#2	Iowa Central CCI:Q	16.28	(0.3)	3/24
10	49	Tara BACKHAUS	#11	North Iowa Area:Q	16.75	(-1.7)	4/28

Women's 200 Meters

1	2	Diandrenique GAINES	#3	Hinds (Miss.) CCI:Q	23.63	(1.1)	4/21
2	12	Kiersten CLARK	#3	Hinds (Miss.) CCI:Q	24.18	(0.7)	4/21
3	14	Brianna CHARLES	#3	Hinds (Miss.) CCI:Q	24.28	(0.0)	4/21
4	16	Jahzara HART	#5	Indian Hills (Iow):Q	24.34	(0.9)	4/7
5	19	Ethel AMISSAH	#1	Iowa Western CCI:Q	24.40w	(2.6)	3/23
6	21	Shanice COX	#5	Indian Hills (Iow):Q	24.45w	(2.3)	4/27
7	25	Zaniya KING	#5	Indian Hills (Iow):Q	24.67	(1.9)	3/30
8	27	Adalin ROBINSON	#5	Indian Hills (Iow):Q	24.68	(1.9)	3/30
9	28	Taliyah LINDSEY	#6	Meridian (Miss.):Q	24.70	(1.6)	4/28
10	29	Arryona SIMMONS	#6	Meridian (Miss.):Q	24.74w	(2.1)	3/23

Women's 400 Meters

1	6	Ethel AMISSAH	#1	Iowa Western CCI:Q	54.54		4/7
2	9	JodyAnn DIXON	#3	Hinds (Miss.) CCI:Q	54.78		3/3
3	17	Adalin ROBINSON	#5	Indian Hills (Iow):Q	56.18		3/23
4	24	Daniella DEER	#1	Iowa Western CCI:Q	56.92		2/17
5	25	Brynesha BOURRAGE	#3	Hinds (Miss.) CCI:Q	57.02		4/28
6	36	Kaylin ROBINSON	#3	Hinds (Miss.) CCI:Q	57.96		3/31
7	49	Privilege CHIKARA	#6	Meridian (Miss.):Q	59.09		3/31
8	50	Ja'Dashia CATLIN	#5	Indian Hills (Iow):Q	59.13		3/30
9	51	Jordan GALLENTINE	#4	Hawkeye (Iowa):Q	59.26		4/27
10	57	Brooke GRAY	#3	Hinds (Miss.) CCI:Q	59.70		2/17

Women's 400 Meter Hurdles

1	2	JodyAnn DIXON	#3	Hinds (Miss.) CCI:Q	58.41		4/21
2	10	Arryona SIMMONS	#6	Meridian (Miss.):Q	1:03.22		4/21
3	26	Paige CONDON	#2	Iowa Central CCI:Q	1:06.79		4/23
4	27	Abigail FREY	#2	Iowa Central CCI:Q	1:06.88		4/27
5	29	Holly HOEPNER	#1	Iowa Western CCI:Q	1:07.72		4/27
6	42	Melody KREMER	#4	Hawkeye (Iowa):Q	1:18.91		4/14
7	43	Kallie MINCKS	#4	Hawkeye (Iowa):Q	1:20.31		4/22

Women's 800 Meters

1	3	Privilege CHIKARA	#6	Meridian (Miss.):Q	2:11.59		4/8
2	8	Chloe GARCIA GRAFING	#2	Iowa Central CCI:Q	2:16.68		1/21
3	26	Taylor MCCREEDY	#2	Iowa Central CCI:Q	2:20.39		4/23
4	33	Aisha RAMONE	#7	Southeastern (Id):Q	2:23.02		4/7
5	37	Daniella DEER	#1	Iowa Western CCI:Q	2:24.46		4/27
6	41	Bethany STACEY	#1	Iowa Western CCI:Q	2:24.75		2/10
7	43	Shakira WATERS	#6	Meridian (Miss.):Q	2:25.12		3/31
8	47	Paige SPENCER	#10	State Fair (Mo.):Q	2:25.50		4/27
9	51	Paige CONDON	#2	Iowa Central CCI:Q	2:26.33		1/21
10	67	Callie ARNOLD	#1	Iowa Western CCI:Q	2:28.38		4/14

Women's 1500 Meters

1	2	Privilege CHIKARA	#6	Meridian (Miss.):Q	4:33.50		4/28
2	6	Chloe GARCIA GRAFING	#2	Iowa Central CCI:Q	4:41.58		3/3
3	7	Taylor MCCREEDY	#2	Iowa Central CCI:Q	4:41.88		3/3
4	13	Aisha RAMONE	#7	Southeastern (Id):Q	4:51.80		3/3
5	14	Mercy BIWOTT	#1	Iowa Western CCI:Q	4:52.81		3/3
6	40	Elle KNAPP	#9	Heartland (Ill.):Q	5:00.07		4/15
7	61	Allie SIMPSON	#7	Southeastern (Id):Q	5:09.87		4/14
8	64	Bethany STACEY	#1	Iowa Western CCI:Q	5:10.90		1/14
9	74	Callie ARNOLD	#1	Iowa Western CCI:Q	5:12.95		4/1
10	77	Addysen CLARK	#9	Heartland (Ill.):Q	5:15.74		2/17

Women's Steeplechase

1	1	Taylor MCCREEDY	#2	Iowa Central CCI:Q	11:17.45		4/14
2	2	Aisha RAMONE	#7	Southeastern (Id):Q	11:23.04		4/14
3	11	Josey FRENCH	#1	Iowa Western CCI:Q	12:15.32		4/27
4	14	Lauren PIERSON	#1	Iowa Western CCI:Q	12:17.82		4/21
5	18	Bethany STACEY	#1	Iowa Western CCI:Q	12:27.19		3/30
6	22	Allie SIMPSON	#7	Southeastern (Id):Q	12:45.82		4/28

Women's 5000 Meters

1	1	Mercy BIWOTT	#1	Iowa Western CCI:Q	17:24.09		1/21
2	8	Taylor MCCREEDY	#2	Iowa Central CCI:Q	18:12.56		4/7
3	14	Zinash VALEN	#2	Iowa Central CCI:Q	18:34.64		3/3
4	15	Privilege CHIKARA	#6	Meridian (Miss.):Q	18:37.46		3/23
5	17	Addysen CLARK	#9	Heartland (Ill.):Q	18:40.13		4/28
6	20	Grace SPOONHOUR	#9	Heartland (Ill.):Q	18:48.08		4/28
7	29	Chloe GARCIA GRAFING	#2	Iowa Central CCI:Q	19:01.80		4/13
8	42	Bethany STACEY	#1	Iowa Western CCI:Q	19:30.04		1/21
9	50	Callie ARNOLD	#1	Iowa Western CCI:Q	19:57.96		4/21
10	57	Sheila JEPKOECH	#1	Iowa Western CCI:Q	20:33.14		2/17



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Midwest

Women's 10,000 Meters

1	8	Zinash VALEN	#2 Iowa Central CC:Q 39:43.23	3/31
2	13	Addysen CLARK	#9 Heartland (Ill.) Q:Q 40:26.27	3/31
3	20	Korry DAVIS	#10 State Fair (Mo.) DI 44:56.20	4/14

Women's 4x100 Relay

1	1	Diandrenique GAINES, Brianna CHARLES, JodyAnn DIXON, Kiersten CLARK	#3 Hinds (Miss.) CCI:Q 44.77	3/31
2	7	Zakiya PORTER, Zyaire ROBINSON, Shanice COX, Zaniya KING	#5 Indian Hills (Iowa):Q 46.79	4/7
3	18	Mattie JANSSEN, Jordan GALLENTINE, Hailey EITZENHEFER, Maddi VAWTER	#4 Hawkeye (Iowa) DI 51.82	4/1
4	19	Jasmine WILSON, Carissa MACKEY, Patricia HANK, Camille SCHROEDER	#7 Southeastern (Ia) DI 52.47	4/28

Women's 4x400 Relay

1	3	JodyAnn DIXON, Brianna CHARLES, Diandrenique GAINES, Brynesha BOURRAGE	#3 Hinds (Miss.) CCI:Q 3:45.86	3/31
2	11	https://www.tfrrs.org/teams/85621	#5 Indian Hills (Iowa):Q 3:55.73	3/3
3	12	https://www.tfrrs.org/teams/59718	#1 Iowa Western CC:Q 3:57.47	2/17
4	19	https://www.tfrrs.org/teams/20051	#2 Iowa Central CC DI 4:07.49	2/10
5	22	https://www.tfrrs.org/teams/95006	#4 Hawkeye (Iowa) DI 4:19.98	1/27
6	28	https://www.tfrrs.org/teams/104138	#7 Southeastern (Ia) DI 4:31.49	1/27
7	32	https://www.tfrrs.org/teams/28039	#11 North Iowa Area DI 4:50.66	1/20
8	33	https://www.tfrrs.org/teams/104607	#9 Heartland (Ill.) C DI 4:52.60	2/11

Women's 4x800 Relay

1	7	https://www.tfrrs.org/teams/59718	#1 Iowa Western CC:Q 9:52.72	4/23
2	10	https://www.tfrrs.org/teams/20051	#2 Iowa Central CC DI 10:09.99	2/17
3	11	https://www.tfrrs.org/teams/104138	#7 Southeastern (Ia) DI 10:10.21	2/17
4	17	https://www.tfrrs.org/teams/95006	#4 Hawkeye (Iowa) 13:36.16	2/17

Women's High Jump

1	1	Miracle AILES	#1 Iowa Western CC:Q 1.87m 6-1½	1/21
2	4	Haleigh HADLEY	#5 Indian Hills (Iowa):Q 1.71m 5-7¼	3/3
3	13	Teagan MEYERS	#12 Sauk Valley (Ill.):Q 1.66m 5-5¼	3/3
4	22	Ritchina STALLMAN	#1 Iowa Western CC DI 1.59m 5-2½	1/27
5	24	Jade JACKSON	#2 Iowa Central CC DI 1.57m 5-1¾	3/3
6	27	Jordan SWENSON	#11 North Iowa Area DI 1.56m 5-1¼	3/3
7	29	Antonia SEALY	#1 Iowa Western CC DI 1.54m 5-½	3/3
8	30	Paige CONDON	#2 Iowa Central CC DI 1.53m 5-¼	2/17
9	38	Patricia HANK	#7 Southeastern (Ia) DI 1.50m 4-11	1/27
10	51	Carlie HOPPE	#4 Hawkeye (Iowa) DI 1.42m 4-7¾	2/4

Women's Pole Vault

1	19	Baylee HORNER	#1 Iowa Western CC DI 2.47m 8-1¼	4/14
2	22	Victoria MCCRANEY	#4 Hawkeye (Iowa) DI 1.95m 6-4¾	4/1

Women's Long Jump

1	2	Miracle AILES	#1 Iowa Western CC:Q 6.17m 20-3 (0.7)	4/21
2	7	Briana GREEN	#5 Indian Hills (Iowa):Q 5.79mw 19-0 (2.9)	3/30
3	13	Antonia SEALY	#1 Iowa Western CC DI 5.60mw 18-4½ (3.1)	4/26
4	15	Zaria PURIFOY	#13 Bryant & Stratton DI 5.52m 18-1½ (0.5)	4/15
5	19	Nyadhol THICHOT	#2 Iowa Central CC DI 5.48m 17-11¾ (1)	4/7
6	23	Brandi ECHOLS	#3 Hinds (Miss.) CC DI 5.41m 17-9 (-0.6)	4/28
7	27	Kamdyn STANLEY	#1 Iowa Western CC DI 5.39m 17-8¼ (0.3)	4/27
8	28	Callie COWAN	#6 Meridian (Miss.) DI 5.37m 17-7½ (0.0)	4/28
9	32	Arianna PAUL	#2 Iowa Central CC DI 5.26m 17-3¼ (0.7)	4/27
10	43	Sofia RUMBOLZ	#12 Sauk Valley (Ill.) DI 5.03mw 16-6 (3.2)	4/7

Women's Triple Jump

1	3	Nyadhol THICHOT	#2 Iowa Central CC:Q 12.12mw 39-9¼ (2.7)	3/24
2	21	Saria OLIVER	#2 Iowa Central CC DI 10.71m 35-1¼ (1.3)	4/7
3	22	Callie COWAN	#6 Meridian (Miss.) DI 10.69mw 35-1 (3.5)	4/28
4	24	Sofia RUMBOLZ	#12 Sauk Valley (Ill.) DI 10.53mw 34-6¾ (2.3)	4/21
5	26	Teagan MEYERS	#12 Sauk Valley (Ill.) DI 10.38mw 34-¾ (2.8)	4/7
6	30	Sadie LENZ	#12 Sauk Valley (Ill.) DI 10.16mw 33-4 (3.2)	4/21
7	31	Kamdyn STANLEY	#1 Iowa Western CC DI 10.09mw 33-1¼ (3.3)	4/1
8	34	Nahli SMITH	#13 Bryant & Stratton DI 9.56m 31-4½ (0.1)	4/22

Women's Shot Put

1	3	Jazmyn JAMES	#1 Iowa Western CC:Q 14.79m 48-6¼	2/17
2	4	Shakera WILLIAMS	#1 Iowa Western CC:Q 14.38m 47-2¼	2/10
3	8	Molly VENTEICHER	#8 Southwestern (Il):Q 13.20m 43-3¾	1/21
4	12	Abby BARTZ	#4 Hawkeye (Iowa) DI 12.65m 41-6	3/3
5	14	Lexi WOOD	#2 Iowa Central CC DI 12.52m 41-1	3/3
6	15	Natalie ALBERT	#1 Iowa Western CC DI 12.51m 41-½	1/7
7	18	Antonia SEALY	#1 Iowa Western CC DI 12.22m 40-1¼	1/13
8	19	Carlie HOPPE	#4 Hawkeye (Iowa) DI 12.18m 39-11½	2/4
9	23	Tyjah THOMPSON	#1 Iowa Western CC DI 11.99m 39-4	1/27
10	26	Sara DIEW	#2 Iowa Central CC DI 11.80m 38-8¾	2/4



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Midwest

Women's Discus

1	5	Jazmyn JAMES	#1	Iowa Western CQ:Q	46.52m	152-8	4/14
2	13	Tyjah THOMPSON	#1	Iowa Western CQ:Q	40.17m	131-10	4/14
3	22	Natalie ALBERT	#1	Iowa Western CQ:Q	36.41m	119-6	4/14
4	23	Elyse TRUNCK	#4	Hawkeye (Iowa) DI	36.39m	119-5	4/14
5	24	Malori LEONARD	#8	Southwestern (I) DI	36.22m	118-10	4/22
6	29	Sara DIEW	#2	Iowa Central CC DI	35.91m	117-10	4/27
7	32	Shakera WILLIAMS	#1	Iowa Western CQ:Q	35.38m	116-1	3/30
8	33	Molly VENTEICHER	#8	Southwestern (I) DI	35.30m	115-10	4/1
9	39	Kierra SCHMIEDING	#1	Iowa Western CQ:Q	34.47m	113-1	4/27
10	40	Charity FINAU	#1	Iowa Western CQ:Q	33.65m	110-5	4/14

Women's Hammer

1	15	Molly VENTEICHER	#8	Southwestern (II):Q	43.56m	142-11	4/27
2	17	Tyjah THOMPSON	#1	Iowa Western CQ:Q	43.06m	141-3	4/14
3	25	Chloe LARSEN	#1	Iowa Western CQ:Q	41.06m	134-9	4/14
4	27	Abby BARTZ	#4	Hawkeye (Iowa) DI	40.96m	134-5	4/14
5	28	Khersa MORGAN	#13	Bryant & Stratton DI	40.12m	131-8	3/16
6	29	Natalie ALBERT	#1	Iowa Western CQ:Q	39.65m	130-1	3/23
7	35	Charity FINAU	#1	Iowa Western CQ:Q	36.89m	121-1	4/1
8	41	Madelyn WILSON	#11	North Iowa Area DI	35.49m	116-5	4/22
9	44	Elyse TRUNCK	#4	Hawkeye (Iowa) DI	34.72m	113-11	4/21
10	47	Kierra SCHMIEDING	#1	Iowa Western CQ:Q	34.46m	113-1	4/27

Women's Javelin

1	4	Samantha QUEATHAM	#10	State Fair (Mo.) I:Q	39.50m	129-7	4/22
2	5	Antonia SEALY	#1	Iowa Western CQ:Q	39.13m	128-5	4/26
3	8	Natalie ALBERT	#1	Iowa Western CQ:Q	38.19m	125-4	4/7
4	16	Molly VENTEICHER	#8	Southwestern (II):Q	36.47m	119-8	4/26
5	20	Brianna OSTERSON	#8	Southwestern (I) DI	34.25m	112-5	4/14
6	23	Maya GARTIN	#12	Sauk Valley (Ill.) DI	32.72m	107-4	4/28
7	30	Paige CONDON	#2	Iowa Central CC DI	29.44m	96-7¼	3/24
8	37	Carlie HOPPE	#4	Hawkeye (Iowa) DI	28.12m	92-3¼	4/26
9	42	Malori LEONARD	#8	Southwestern (I) DI	26.84m	88-¾	4/1
10	43	Taylor MCCREEDY	#2	Iowa Central CC DI	26.60m	87-3¼	3/24

Women's Heptathlon

1	2	Antonia SEALY	#1	Iowa Western CC	4,940		4/26
2	8	Paige CONDON	#2	Iowa Central CC	4,023w		3/24
3	13	Arianna PAUL	#2	Iowa Central CC	3,367		4/7
4	17	Carlie HOPPE	#4	Hawkeye (Iowa)	2,668		4/21



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West

Women's 100 Meters

1	1	Success UMUKORO	#2	South Plains (Tel:Q 11.32c (11.29A) (1 4/28
2	4	Ashantai BOLLERS	#1	New Mexico JC I:Q 11.54c (11.51A) (1 4/28
3	6	Tijuanique MORTON	#1	New Mexico JC I:Q 11.66w (2.9) 3/29
4	7	Ese AWUSA	#1	New Mexico JC I:Q 11.70c (11.67A) (1 4/14
5	8	Breanna CLARKE	#2	South Plains (Tel:Q 11.71cw (11.68A) (2 4/28
6	10	Juvonna CORNETTE	#4	Central Arizona I:Q 11.74 (0.9) 4/21
7	15	Maria UMOIBANG	#2	South Plains (Tel:Q 11.80cw (11.77A) (2 4/28
8	19	Brandy HALL	#2	South Plains (Tel:Q 11.87c (11.84A) (1 4/14
9	20	Grace OBOUR	#9	Western Texas I:Q 11.88w (2.1) 3/29
10	22	Soniya JONES	#4	Central Arizona I:Q 11.92 (0.9) 4/21

Women's 100 Meter Hurdles

1	1	Ese AWUSA	#1	New Mexico JC I:Q 13.44c (13.40A) (1 4/6
2	5	Ashyria SAVAGE	#2	South Plains (Tel:Q 13.96cw (13.92A) (2 4/14
3	10	Katherine LEMISH	#3	Mesa (Ariz.) CC I:Q 14.25 (-0.4) 4/21
4	13	Leila BARMORE	#7	Glendale (Ariz.) I:Q 14.44 (1.0) 3/24
5	16	Mikelia STRONG	#4	Central Arizona I:Q 14.60 (1.6) 4/14
6	17	Silet GRAY	#4	Central Arizona I:Q 14.66 (1.6) 4/14
7	19	Mia SIRIMARCO	#3	Mesa (Ariz.) CC DI 15.00 (0.0) 4/21
8	22	Breanna CLARKE	#2	South Plains (Te DI 15.21c (15.17A) (- 3/24
9	23	Amber SIMPSON	#2	South Plains (Te DI 15.26cw (15.22A) (2 4/28
10	33	Jacklyn TRICE	#5	Pima (Ariz.) CC DI 15.76 (-0.9) 3/17

Women's 200 Meters

1	1	Deshana SKEETE	#1	New Mexico JC I:Q 23.53c (23.46A) (1 4/6
2	4	Lacarthea COOPER	#1	New Mexico JC I:Q 23.65c (23.58A) (0 4/14
3	5	Success UMUKORO	#2	South Plains (Tel:Q 23.73c (23.66A) (1 4/14
3	5	Grace OBOUR	#9	Western Texas I:Q 23.73 (1.8) 4/7
5	7	Tijuanique MORTON	#1	New Mexico JC I:Q 23.77c (23.70A) (0 4/6
6	9	Ashantai BOLLERS	#1	New Mexico JC I:Q 23.94c (23.87A) (0 4/14
7	13	Juvonna CORNETTE	#4	Central Arizona I:Q 24.20 (0.5) 4/21
8	17	Soniya JONES	#4	Central Arizona I:Q 24.36 (1.0) 3/24
9	20	Cece CHARLES	#4	Central Arizona I:Q 24.41 (1.0) 3/24
10	22	Ese AWUSA	#1	New Mexico JC I:Q 24.52c (24.45A) (0 3/24

Women's 400 Meters

1	1	Grace OBOUR	#9	Western Texas I:Q 52.82c (52.71A) 4/28
2	2	Deshana SKEETE	#1	New Mexico JC I:Q 52.87c (52.76A) 3/24
3	4	Rushana DWYER	#2	South Plains (Tel:Q 54.24c (54.13A) 4/28
4	5	Lacarthea COOPER	#1	New Mexico JC I:Q 54.42c (54.31A) 4/28
5	7	Dejona SIMPSON	#1	New Mexico JC I:Q 54.70 3/3
6	8	Calisha TAYLOR	#1	New Mexico JC I:Q 54.74c (54.63A) 3/24
7	10	Shackelia GREEN	#9	Western Texas I:Q 55.06 4/27
8	12	Safhia HINDS	#2	South Plains (Tel:Q 55.23c (55.12A) 4/28
9	13	Cece CHARLES	#4	Central Arizona I:Q 55.33 3/24
10	15	Leticia QUINGOSTAS	#2	South Plains (Tel:Q 56.11c (56.00A) 3/24

Women's 400 Meter Hurdles

1	1	Calisha TAYLOR	#1	New Mexico JC I:Q 57.95c (57.84A) 4/28
2	3	Shenell TUCKER	#2	South Plains (Tel:Q 59.70c (59.59A) 4/14
3	4	Michalillah VASELL	#1	New Mexico JC I:Q 1:00.07c (59.96A) 4/28
4	5	Leticia QUINGOSTAS	#2	South Plains (Tel:Q 1:01.27c (1:01.16A) 4/14
5	6	Corlasia SCOTT	#2	South Plains (Tel:Q 1:01.52c (1:01.41A) 4/28
6	7	Shackelia GREEN	#9	Western Texas I:Q 1:02.39c (1:02.28A) 4/14
7	8	Safhia HINDS	#2	South Plains (Tel:Q 1:02.68 4/7
8	9	Silet GRAY	#4	Central Arizona I:Q 1:02.99 4/7
9	12	Katherine LEMISH	#3	Mesa (Ariz.) CC I:Q 1:04.02 3/31
10	15	Mia SIRIMARCO	#3	Mesa (Ariz.) CC I:Q 1:05.13 4/14

Women's 800 Meters

1	1	Lethogonolo MAGORO	#1	New Mexico JC I:Q 2:08.78c (2:09.16A) 4/28
2	2	Rushana DWYER	#2	South Plains (Tel:Q 2:09.51c (2:09.89A) 3/24
3	4	Lilliana GUERRERO	#2	South Plains (Tel:Q 2:12.72c (2:13.11A) 3/24
4	5	Taylor JACOBS	#3	Mesa (Ariz.) CC I:Q 2:13.46 4/7
5	6	Calisha TAYLOR	#1	New Mexico JC I:Q 2:13.87A 1/27
6	7	Jazmin ESTRADA	#6	Paradise Valley I:Q 2:15.87 4/21
7	12	Jeniel JONES	#2	South Plains (Tel:Q 2:18.08c (2:18.48A) 3/24
8	13	Kate BROCKMAN	#3	Mesa (Ariz.) CC I:Q 2:18.54 4/21
9	14	Jaresa JACKSON	#10	Southern Idaho I:Q 2:18.80A 2/17
10	15	Sancia SMITH	#9	Western Texas I:Q 2:18.93 4/27

Women's 1500 Meters

1	1	Lethogonolo MAGORO	#1	New Mexico JC I:Q 4:31.39 3/30
2	8	Jazmin ESTRADA	#6	Paradise Valley I:Q 4:47.01 4/13
3	9	Damaris CHEWON	#1	New Mexico JC I:Q 4:48.96c (4:52.45A) 3/24
4	10	Joan KIMALEL	#1	New Mexico JC I:Q 4:49.22c (4:53.10A) 4/6
5	11	Anna HARMON	#3	Mesa (Ariz.) CC I:Q 4:49.94 3/3
6	12	Rushana DWYER	#2	South Plains (Tel:Q 4:51.71c (4:55.89A) 4/14
7	16	Lilliana GUERRERO	#2	South Plains (Tel:Q 4:53.15c (4:57.35A) 4/14
8	18	Rushell JOHNSON	#9	Western Texas I:Q 4:53.76c (4:57.31A) 3/24
9	19	Vanessa GALLEGOS	#1	New Mexico JC I:Q 4:54.14c (4:57.69A) 3/24
10	20	Audrey CAMP	#10	Southern Idaho I:Q 4:54.74c (5:24.69A) 4/19

Women's Steeplechase

1	3	Kate BROCKMAN	#3	Mesa (Ariz.) CC I:Q 11:32.00 3/31
2	5	Story ALEXANDER	#3	Mesa (Ariz.) CC I:Q 11:46.71 4/7
3	6	Zaylie PARAS	#8	Salt Lake (Utah) I:Q 11:59.42 3/30
4	7	Jazmin ESTRADA	#6	Paradise Valley I:Q 12:01.16 3/23
5	8	Lisbet PORRAS	#4	Central Arizona I:Q 12:11.29 4/7
6	9	Emberlyn HOFFMAN-GASCHK	#12	Dawson (Mont.) I:Q 12:14.40 4/16
7	15	MaKena THORNTON	#3	Mesa (Ariz.) CC DI 12:22.81 3/17
8	16	Rushell JOHNSON	#9	Western Texas DI 12:23.14 2/25
9	27	Lauren RODACKER	#12	Dawson (Mont.) DI 13:58.64 4/26



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West

Women's 5000 Meters

1	4	Damaris CHEWON	#1	New Mexico JC	I:Q 17:33.16c (17:47.67A)	4/28
2	5	Carolyn KIMAIYO	#1	New Mexico JC	I:Q 18:01.14c (18:17.98A)	4/6
3	7	Madison LOPEZ	#8	Salt Lake (Utah)	I:Q 18:12.04	4/28
4	9	Lydia FELIX	#10	Southern Idaho	I:Q 18:17.98	3/3
5	10	Molly JENSEN	#8	Salt Lake (Utah)	I:Q 18:25.14	4/28
6	12	Jazmin ESTRADA	#6	Paradise Valley	I:Q 18:27.72	4/14
7	13	Kennedy SWAIN	#8	Salt Lake (Utah)	I:Q 18:33.26	4/28
8	18	Zaylie PARAS	#8	Salt Lake (Utah)	I:Q 18:47.31	1/27
9	19	Abigail CASE	#10	Southern Idaho	I:Q 18:47.97A	1/28
10	21	Beatrice KEDITUKEI	#4	Central Arizona	I:Q 18:48.56	4/7

Women's 10,000 Meters

1	1	Damaris CHEWON	#1	New Mexico JC	I:Q 37:13.21c (37:57.68A)	4/14
2	3	Madison LOPEZ	#8	Salt Lake (Utah)	I:Q 38:49.43	4/14
3	4	Lydia FELIX	#10	Southern Idaho	I:Q 39:01.72	4/7
4	7	Carolyn KIMAIYO	#1	New Mexico JC	I:Q 39:32.52c (40:19.76A)	4/14
5	9	Zaylie PARAS	#8	Salt Lake (Utah)	I:Q 40:05.37	4/14
6	11	Marryn POLL	#10	Southern Idaho	I:Q 40:15.92	4/7
7	12	Lucy LINES	#3	Mesa (Ariz.) CC	I:Q 40:19.69	4/14
8	14	Loryn TRUJILLO	#16	Trinidad State (Id)	I:Q 40:31.90c (41:47.60A)	3/17
9	15	Karli JENSEN	#8	Salt Lake (Utah)	I:Q 40:54.34	4/14
10	16	Daisy JEROP	#1	New Mexico JC	DI 41:04.70c (41:53.78A)	4/14

Women's 4x100 Relay

1	2	Success UMUKORO, Corlasia SCOTT, Maria UMOIBANG, Breanna CLARKE	#2	South Plains (Tel)	Q 44.82c (44.70A)	4/28
2	3	Kishawna WALLACE, Tijuanique MORTON, Dejona SIMPSON, Ashantai BOLLERS	#1	New Mexico JC	I:Q 45.23c (45.11A)	3/24
3	5	Silet GRAY, Juvonna CORNETTE, Soniya JONES, Mikelia STRONG	#4	Central Arizona	I:Q 45.47	4/21
4	8	Katherine LEMISH, Zana RYAN, Zaria HAMILTON, Diane ONDOBO	#3	Mesa (Ariz.) CC	I:Q 47.17	4/21
5	10	Leila BARMORE, Kylie FIRRIOLO, Suraia AMER, Nevaeh COLE	#7	Glendale (Ariz.)	I:Q 47.80	4/14
6	14	Trinity BETHEA, Naomi HEREIM, Brooke WARREN, Madison WARREN	#5	Pima (Ariz.) CC	DI 48.87	4/21

Women's 4x400 Relay

1	1	Michaliliah VASSELL, Deshana SKEETE, Calisha TAYLOR, Lacarthea COOPER	#1	New Mexico JC	I:Q 3:35.95	3/29
2	2	Saffia HINDS, Success UMUKORO, Leticia QUINGOSTAS, Rushana DWYER	#2	South Plains (Tel)	Q 3:37.22	3/29
3	6	Silet GRAY, Juvonna CORNETTE, Soniya JONES, Cece CHARLES	#4	Central Arizona	I:Q 3:48.60	3/24
4	7	Asia FOSTER, Shackelia GREEN, Anurika SINCLAIR, Grace OBOUR	#9	Western Texas	I:Q 3:49.85	3/17
5	8	Taylor JACOBS, Diane ONDOBO, Katherine LEMISH, Zaria HAMILTON	#3	Mesa (Ariz.) CC	I:Q 3:50.51	3/31
6	16	https://www.tfrrs.org/teams/553	#7	Glendale (Ariz.)	DI 4:05.20	1/21
7	18	Peterson BROOKE, Trinity BETHEA, Madison WARREN, Jacklyn TRICE	#5	Pima (Ariz.) CC	DI 4:07.11	4/14
8	21	Taylor PIZZICA, Maria BURGOS, Evelyn FLORES, brisa HERNANDEZ	#13	North Central Te	DI 4:12.29	4/27
9	25	Elizabeth STANLEY, Sophia BURNETT, Bethany BLAKEY, Audrey CAMP	#10	Southern Idaho	DI 4:28.52c (4:28.08A)	4/19
10	34	Alexis RICKS, Brooklyn GERMAN, Abby HAGEN, Zoe PLUMMER	#18	Colorado Mount	5:18.99c (5:18.55A)	3/31

Women's 4x800 Relay

1	1	https://www.tfrrs.org/teams/656	#3	Mesa (Ariz.) CC	I:Q 9:26.77	4/14
2	6	Anjelica ABRAHAM, Maria BURGOS, Katlyn CLEM, Ashlen CLEM	#13	North Central Tel	Q 9:51.33	3/24
3	12	https://www.tfrrs.org/teams/108254	#8	Salt Lake (Utah)	DI 10:16.83	3/3



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #6, May 1

as of 5/1/2023 7:08:44 AM

West

Women's High Jump

1	4	Achol MAYWIN	#1	New Mexico JC	I:Q 1.71m	5-7¼	2/17
2	8	Amaya BROWN	#2	South Plains (Tel:Q)	1.70m	5-7	4/7
3	10	Daniel HINDS	#1	New Mexico JC	I:Q 1.69mA	5-6½	4/20
4	17	Natalia BRZEZNAK	#3	Mesa (Ariz.) CC	I:Q 1.62m	5-3¾	3/31
4	17	Zamesha MYLE	#4	Central Arizona	I:Q 1.62m	5-3¾	3/31
6	24	Leila BARMORE	#7	Glendale (Ariz.)	DI 1.57m	5-1¾	3/16
7	28	Taylynd STUHR	#5	Pima (Ariz.) CC	DI 1.55m	5-1	2/3
8	30	Aaliyah LINDSAY	#1	New Mexico JC	DI 1.53mA	5-¼	1/19
9	32	Maliyah ROSS	#3	Mesa (Ariz.) CC	DI 1.52mA	4-11¾	2/17
10	36	Amber SIMPSON	#2	South Plains (Tel:Q)	DI 1.51m	4-11½	3/3

Women's Pole Vault

1	2	Peterson BROOKE	#5	Pima (Ariz.) CC	I:Q 3.76m	12-4	4/21
2	10	Candice POCASE	#5	Pima (Ariz.) CC	DI 3.00m	9-10	2/3
3	16	Michiru KAWAMOTO	#3	Mesa (Ariz.) CC	DI 2.82m	9-3	3/17
4	21	Briannah PEREIRA	#3	Mesa (Ariz.) CC	DI 2.25m	7-4½	2/3

Women's Long Jump

1	4	Aaliyah LINDSAY	#1	New Mexico JC	I:Q 6.11mWA	20-½ (3.1)	4/14
2	6	Paula Ann CHAMBERS	#2	South Plains (Tel:Q)	5.80mA	19-½ (0.6)	3/24
3	8	Jacklyn TRICE	#5	Pima (Ariz.) CC	I:Q 5.71m	18-8¾ (0.0)	4/7
3	8	Zamesha MYLE	#4	Central Arizona	I:Q 5.71m	18-8¾ (1.7)	4/7
5	11	Patience BOAHEMMA	#4	Central Arizona	I:Q 5.66m	18-7 (0.9)	3/31
6	22	Maliyah ROSS	#3	Mesa (Ariz.) CC	DI 5.43m	17-9¾ (1.3)	3/31
7	26	Leila BARMORE	#7	Glendale (Ariz.)	DI 5.40m	17-8¾ (0.2)	4/21
8	32	Zamirah PARKER	#3	Mesa (Ariz.) CC	DI 5.26mw	17-3¾ (2.1)	4/21
9	36	JaMiyah BURTON	#17	Jacksonville (Tel:Q)	DI 5.21m	17-1¼ (1.0)	4/13
10	40	Psalm JOHNSON	#5	Pima (Ariz.) CC	DI 5.12m	16-9¾ (1.0)	3/31

Women's Triple Jump

1	1	Aaliyah LINDSAY	#1	New Mexico JC	I:Q 12.62mwA	41-5 (2.9)	4/28
2	4	Leila BARMORE	#7	Glendale (Ariz.)	I:Q 12.04m	39-6 (0.0)	3/24
3	5	Zamesha MYLE	#4	Central Arizona	I:Q 12.00m	39-4½ (0.0)	3/31
4	10	Paula Ann CHAMBERS	#2	South Plains (Tel:Q)	11.65mA	38-2¾ (0.0)	4/20
5	16	Tianna MOSLEY	#5	Pima (Ariz.) CC	DI 11.33m	37-2¼ (0.7)	3/31
6	20	Psalm JOHNSON	#5	Pima (Ariz.) CC	DI 10.88m	35-8½ (1.0)	3/31
7	25	Zamirah PARKER	#3	Mesa (Ariz.) CC	DI 10.47m	34-4¼ (0.8)	3/31
8	29	Breena SAND	#11	Bismarck State (Tel:Q)	DI 10.23m	33-6¾ (0.0)	4/22

Women's Shot Put

1	5	Karsten DEAKIN	#6	Paradise Valley	I:Q 14.20m	46-7¼	3/3
2	9	Shakera KIK	#4	Central Arizona	I:Q 12.90m	42-4	3/31
3	10	Ronelle PLAZA	#2	South Plains (Tel:Q)	12.87m	42-2¾	4/7
4	11	Catherine GREEN	#2	South Plains (Tel:Q)	12.82mA	42-¾	4/28
5	22	Kimola HINES	#2	South Plains (Tel:Q)	12.08mA	39-7¾	4/28
6	25	Patience BOAHEMMA	#4	Central Arizona	DI 11.89m	39-¼	2/3
7	28	Alison HOFF	#11	Bismarck State (Tel:Q)	DI 11.69m	38-4¼	2/18
8	29	Leslie GUILLEN LOPEZ	#6	Paradise Valley (Tel:Q)	DI 11.54m	37-10½	3/23
9	33	Victoria MALAKI	#3	Mesa (Ariz.) CC	DI 11.33m	37-2¼	3/31
10	45	Audrey ARMSTRONG	#6	Paradise Valley (Tel:Q)	DI 10.45m	34-3½	1/21

Women's Discus

1	1	Kimola HINES	#2	South Plains (Tel:Q)	50.38mA	165-4	4/28
2	2	Shakera KIK	#4	Central Arizona	I:Q 47.34m	155-4	4/7
3	4	Victoria MALAKI	#3	Mesa (Ariz.) CC	I:Q 46.54m	152-8	3/24
4	7	Karsten DEAKIN	#6	Paradise Valley	I:Q 43.58m	143-0	3/31
5	12	Catherine GREEN	#2	South Plains (Tel:Q)	DI 40.41mA	132-7	4/28
6	16	Audrey ARMSTRONG	#6	Paradise Valley (Tel:Q)	DI 38.35m	125-10	3/23
7	20	Angelina THIEL	#7	Glendale (Ariz.)	DI 36.83m	120-10	3/31
8	31	Alison HOFF	#11	Bismarck State (Tel:Q)	DI 35.59m	116-9	4/16
9	38	Patience BOAHEMMA	#4	Central Arizona	DI 34.53m	113-4	3/31
10	43	Ronelle PLAZA	#2	South Plains (Tel:Q)	DI 32.59m	106-11	4/7

Women's Hammer

1	1	Audrey ARMSTRONG	#6	Paradise Valley	I:Q 54.80m	179-10	3/23
2	6	Karsten DEAKIN	#6	Paradise Valley	I:Q 46.45m	152-5	3/17
3	7	Ronelle PLAZA	#2	South Plains (Tel:Q)	46.35mA	152-1	3/24
4	8	Victoria MALAKI	#3	Mesa (Ariz.) CC	I:Q 46.03m	151-0	4/14
5	9	Kimola HINES	#2	South Plains (Tel:Q)	45.40mA	149-0	4/14
6	11	Madison HERNANDEZ	#3	Mesa (Ariz.) CC	I:Q 45.01m	147-8	4/21
7	19	Kaprice FARACI	#3	Mesa (Ariz.) CC	I:Q 42.91m	140-10	3/17
8	22	Kapualani MAGNANI	#5	Pima (Ariz.) CC	DI 42.17m	138-4	3/31
9	24	Annika ARVAYO	#5	Pima (Ariz.) CC	DI 41.67m	136-9	3/31
10	31	Ariana LUERA	#6	Paradise Valley (Tel:Q)	DI 38.04m	124-10	4/21

Women's Javelin

1	1	Anisha GIBBONS	#1	New Mexico JC	I:Q 51.27mA	168-3	3/24
2	7	Jessica BRIGHT-SHADE	#5	Pima (Ariz.) CC	I:Q 38.47m	126-3	3/17
3	11	Kaprice FARACI	#3	Mesa (Ariz.) CC	I:Q 37.61m	123-5	3/17
4	12	Ariana LUERA	#6	Paradise Valley	I:Q 37.47m	122-11	3/17
5	13	Patience BOAHEMMA	#4	Central Arizona	I:Q 36.99m	121-4	3/31
6	14	Brynn HYTTINEN	#11	Bismarck State	I:Q 36.69m	120-5	3/31
7	17	Kimola HINES	#2	South Plains (Tel:Q)	DI 35.82mA	117-6	4/14
8	19	Alison HOFF	#11	Bismarck State (Tel:Q)	DI 34.67m	113-9	4/22
9	26	Leila BARMORE	#7	Glendale (Ariz.)	DI 31.56m	103-7	4/21
10	27	Angelina THIEL	#7	Glendale (Ariz.)	DI 31.49m	103-4	4/21

Women's Heptathlon

1	5	Leila BARMORE	#7	Glendale (Ariz.)	4,234	3/16
2	7	Maliyah ROSS	#3	Mesa (Ariz.) CC	4,052	3/16
3	10	Natalia BRZEZNAK	#3	Mesa (Ariz.) CC	3,668	3/16
4	12	Amber SIMPSON	#2	South Plains (Tel:Q)	3,499	4/7
5	14	Psalm JOHNSON	#5	Pima (Ariz.) CC	3,095	3/16
6	18	Ryley OLSON	#14	Phoenix (Ariz.)	2,633	3/16
7	20	Lauren RODACKER	#12	Dawson (Mont.)	2,464	4/22