



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #3, April 10

as of 4/10/2023 11:45:45 AM

Central

Women's 100 Meters

1	3	Patrycja KARPIESIUK	#2	DuPage (Ill.)	DI 13.11	(2.0)	4/1
2	4	Laine COTTRELL	#3	Mineral Area (Mn)	DI 13.29	(1.9)	3/24
3	7	Julianne HANSEN	#6	St. Charles (Mo.)	DI 13.53	(-1.5)	4/7
4	8	Blessing OMONIYI	#4	Howard (Md.) CC	DI 13.54	(0.8)	3/31
5	10	Paulina STACHURA	#2	DuPage (Ill.)	DI 13.73	(2.0)	4/1
6	15	Blessing OMONIYI	#4	Howard (Md.) CC	DI 13.97w	(2.8)	3/3
7	17	Serena PRINCE	#5	Prince George's	DI 14.02	(0.9)	4/8
8	18	Ashley STEELE	#10	CC of Philadelph	DI 14.06	(-0.3)	4/8
8	18	Katie MAJORS	#6	St. Charles (Mo.)	DI 14.06	(-1.5)	4/7
10	23	Svetlozara UVAKOVA	#1	Harper (Ill.)	DI 14.23	(1.5)	4/7

Women's 100 Meter Hurdles

1	1	Samira ROSENFELD	#1	Harper (Ill.)	DI 16.16	(1.4)	4/7
2	5	Morgan CLIFFORD	#2	DuPage (Ill.)	DI 18.25	(-1.2)	4/7
3	13	Kiera FINN	#3	Mineral Area (Mn)	DI 19.84	(0.5)	3/24

Women's 200 Meters

1	3	Patrycja KARPIESIUK	#2	DuPage (Ill.)	DI 26.90	(1.9)	4/1
2	4	Laine COTTRELL	#3	Mineral Area (Mn)	DI 27.39		2/17
3	5	Samira ROSENFELD	#1	Harper (Ill.)	DI 27.59		2/4
4	11	Paulina STACHURA	#2	DuPage (Ill.)	DI 28.02		2/17
5	12	Araxi BOGHOSSIAN	#1	Harper (Ill.)	DI 28.23	(1.9)	4/7
6	14	Pola KUBRAK	#1	Harper (Ill.)	DI 28.34		2/11
7	15	Blessing OMONIYI	#4	Howard (Md.) CC	DI 28.57	(-0.5)	3/31
8	21	Lily WINTERGERST	#1	Harper (Ill.)	DI 29.01	(-3.1)	4/1
9	23	Kylynn FRANKFORT	#9	Thaddeus Steve	DI 29.14w	(2.5)	3/31
10	26	Chloe WINTERGERST	#1	Harper (Ill.)	DI 29.31		3/3

Women's 400 Meters

1	1	Lilly ALBERTS	#1	Harper (Ill.)	DI 58.25		4/7
2	3	Patrycja KARPIESIUK	#2	DuPage (Ill.)	DI 1:01.37		4/7
3	6	Araxi BOGHOSSIAN	#1	Harper (Ill.)	DI 1:03.35		2/17
4	7	Laine COTTRELL	#3	Mineral Area (Mn)	DI 1:04.16		2/11
5	11	Julianne HANSEN	#6	St. Charles (Mo.)	DI 1:05.39		4/7
6	12	Katie MAJORS	#6	St. Charles (Mo.)	DI 1:05.49		4/7
7	15	Kylynn FRANKFORT	#9	Thaddeus Steve	DI 1:06.35		3/31
8	16	Kyia HEMPHILL	#1	Harper (Ill.)	DI 1:06.54		4/7
9	18	Paulina STACHURA	#2	DuPage (Ill.)	DI 1:07.12		1/27
10	23	Alize LITTON	#3	Mineral Area (Mn)	DI 1:09.37		3/31

Women's 400 Meter Hurdles

1	1	Samira ROSENFELD	#1	Harper (Ill.)	DI 1:09.07		4/7
2	8	Morgan CLIFFORD	#2	DuPage (Ill.)	DI 1:17.64		4/7
3	11	Kiera FINN	#3	Mineral Area (Mn)	DI 1:20.89		3/24
4	14	Blessing OMONIYI	#4	Howard (Md.) CC	DI 1:25.43		4/8

Women's 800 Meters

1	1	Lilly ALBERTS	#1	Harper (Ill.)	DI 2:19.82		2/11
2	2	Fiona METZO	#1	Harper (Ill.)	DI 2:20.97		4/7
3	3	Lillan BUZANI	#2	DuPage (Ill.)	DI 2:24.03		4/7
4	8	Brianna RUIZ	#1	Harper (Ill.)	DI 2:30.78		2/17
5	9	Melanie KEHR	#1	Harper (Ill.)	DI 2:34.89		3/3
6	10	Nhaikyia SMITH	#4	Howard (Md.) CC	DI 2:36.29		3/31
7	11	Kelly KIBLER	#2	DuPage (Ill.)	DI 2:36.61		4/7
8	18	Rachel WILSON	#3	Mineral Area (Mn)	DI 2:41.99		4/7
9	19	Kylynn FRANKFORT	#9	Thaddeus Steve	DI 2:42.28		3/25
10	20	Alheli RAMOS-GARCIA	#7	Patrick & Henry	DI 2:43.63		3/24

Women's 1500 Meters

1	3	Fiona METZO	#1	Harper (Ill.)	DI 5:07.62		2/11
2	4	Lillan BUZANI	#2	DuPage (Ill.)	DI 5:08.31		2/17
3	7	Brianna RUIZ	#1	Harper (Ill.)	DI 5:14.60		4/7
4	9	Kaili DECKER	#1	Harper (Ill.)	DI 5:22.97		4/7
5	10	Belle ADDUCI	#2	DuPage (Ill.)	DI 5:24.01		4/7
6	12	Riley PETSCH	#3	Mineral Area (Mn)	DI 5:30.21		4/7
7	13	Rachel WILSON	#3	Mineral Area (Mn)	DI 5:32.45		4/7
8	15	Kelly KIBLER	#2	DuPage (Ill.)	DI 5:37.99		2/4
9	18	Emilia KADIYALA	#2	DuPage (Ill.)	DI 5:43.19		2/17
10	19	Alheli RAMOS-GARCIA	#7	Patrick & Henry	DI 5:45.74		3/17

Women's 5000 Meters

1	2	Lillan BUZANI	#2	DuPage (Ill.)	DI 19:00.24		4/7
2	4	Kelly KIBLER	#2	DuPage (Ill.)	DI 20:35.23		4/7
3	5	Riley PETSCH	#3	Mineral Area (Mn)	DI 20:37.24		1/27
4	7	Laura MADDIX	#3	Mineral Area (Mn)	DI 20:56.89		3/24
5	9	Abigail DEAN	#3	Mineral Area (Mn)	DI 21:36.34		1/27
6	10	Alheli RAMOS-GARCIA	#7	Patrick & Henry	DI 21:42.85		4/8

Women's 10,000 Meters

1	1	Riley PETSCH	#3	Mineral Area (Mn)	DI 43:30.68		3/31
2	3	Laura MADDIX	#3	Mineral Area (Mn)	DI 45:51.28		3/31

Women's 4x100 Relay

1	3	Araxi BOGHOSSIAN, Svetlozara UVAKOVA, Lily WINTERGERST, Samira ROSENFELD	#1	Harper (Ill.)	DI 54.33		4/1
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Women's 4x400 Relay

1	1	Araxi BOGHOSSIAN, Samira ROSENFELD, Fiona METZO, Lilly ALBERTS	#1	Harper (Ill.)	DI 4:02.92		4/7
2	3	https://www.tfrrs.org/teams/686	#2	DuPage (Ill.)	DI 4:23.32		2/11



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Central

Women's High Jump

1	1	Samira ROSENFELD	#1	Harper (Ill.)	DI 1.54m	5-½	2/4
2	2	Patrycja KARPIESIUKE	#2	DuPage (Ill.)	DI 1.53m	5-¼	2/17
3	3	Pola KUBRAK	#1	Harper (Ill.)	DI 1.52m	4-11¾	2/11
3	3	Paulina STACHURA	#2	DuPage (Ill.)	DI 1.52m	4-11¾	2/11
5	5	Katie MAJORS	#6	St. Charles (Mo.)	DI 1.50m	4-11	4/7
6	11	Chloe WINTERGERST	#1	Harper (Ill.)	DI 1.40m	4-7	3/3
7	14	Serena PRINCE	#5	Prince George's	1.32m	4-4	4/8

Women's Pole Vault

1	1	Patrycja KARPIESIUKE	#2	DuPage (Ill.)	DI 2.82m	9-3	2/11
2	2	Lily WINTERGERST	#1	Harper (Ill.)	DI 2.75m	9-¼	4/7

Women's Long Jump

1	2	Emma GERSTNER	#3	Mineral Area (Mo.)	DI 5.17m	16-11½	2/17
2	3	Samira ROSENFELD	#1	Harper (Ill.)	DI 5.12m	16-9¾ (-1.0)	4/7
3	4	Paulina STACHURA	#2	DuPage (Ill.)	DI 4.94m		4/1
4	5	Ashley STEELE	#10	CC of Philadelphia	DI 4.90m	16-1 (0.0)	4/8
5	6	Lily WINTERGERST	#1	Harper (Ill.)	DI 4.88m	16-¼ (1.2)	4/7
6	11	Serena PRINCE	#5	Prince George's	4.58m	15-½ (-0.3)	4/8
7	12	Blessing OMONIYI	#4	Howard (Md.) CC	4.56m	14-11½ (0.0)	3/3
8	15	Tessa BLEERS	#2	DuPage (Ill.)	4.39m	14-5	2/17
9	16	Stephanie LATHAM	#3	Mineral Area (Mo.)	4.38m	14-4½	2/4
10	17	Blessing OMONIYI	#4	Howard (Md.) CC	4.31m	14-1¾ (-1.0)	3/31

Women's Triple Jump

1	1	Emma GERSTNER	#3	Mineral Area (Mo.)	DI 10.86m	35-7¾	2/17
2	2	Serena PRINCE	#5	Prince George's	DI 10.39m	34-1¼ (-1.0)	4/8
3	4	Tessa BLEERS	#2	DuPage (Ill.)	DI 9.96m		4/7
4	5	Lily WINTERGERST	#1	Harper (Ill.)	DI 9.83m	32-3 (2.2)	4/1
5	6	Svetlozara UVAKOVA	#1	Harper (Ill.)	DI 9.42m	30-11	3/3
6	8	Stephanie LATHAM	#3	Mineral Area (Mo.)	9.19m	30-2	1/27

Women's Shot Put

1	2	Cabaret GOINGS	#4	Howard (Md.) CC	DI 11.08m	36-4¼	3/31
2	6	Na'Shae EARLY	#4	Howard (Md.) CC	DI 10.27m	33-8½	3/31
3	11	Molly GEARHART	#3	Mineral Area (Mo.)	9.05m	29-8¼	2/4
4	17	Jaeda MANNS	#7	Patrick & Henry	8.10m	26-7	3/24
5	19	Alyssa ZAWACKI	#8	Delaware County	8.04m	26-4½	4/8
6	23	Arianna TEICHMAN	#1	Harper (Ill.)	7.65m	25-1¼	2/11
7	27	Briana JACKSON	#4	Howard (Md.) CC	6.55m	21-6	3/3
8	28	Imani PORTEE	#11	Triton (Ill.)	6.54m	21-5½	2/11

Women's Discus

1	2	Na'Shae EARLY	#4	Howard (Md.) CC	DI 35.66m	117-0	4/8
2	5	Molly GEARHART	#3	Mineral Area (Mo.)	DI 32.07m	105-3	4/7
3	9	Arianna TEICHMAN	#1	Harper (Ill.)	DI 27.96m	91-8¾	4/1
4	12	Cabaret GOINGS	#4	Howard (Md.) CC	26.24m	86-1¼	4/8
5	16	Alyssa ZAWACKI	#8	Delaware County	23.69m	77-8¾	4/8
6	23	Briana JACKSON	#4	Howard (Md.) CC	19.80m	64-11½	3/31

Women's Hammer

1	1	Arianna TEICHMAN	#1	Harper (Ill.)	DI 34.94m	114-8	4/7
2	3	Na'Shae EARLY	#4	Howard (Md.) CC	DI 33.57m	110-2	3/31
3	7	Molly GEARHART	#3	Mineral Area (Mo.)	20.34m	66-8¾	4/7

Women's Javelin

1	2	Na'Shae EARLY	#4	Howard (Md.) CC	DI 25.11m	82-4¾	4/8
2	3	Lily WINTERGERST	#1	Harper (Ill.)	DI 24.95m	81-10¼	4/7
3	10	Chloe WINTERGERST	#1	Harper (Ill.)	21.24m	69-8¼	4/7
4	11	Molly GEARHART	#3	Mineral Area (Mo.)	20.06m	65-9¾	3/24
5	15	Arianna TEICHMAN	#1	Harper (Ill.)	16.92m	55-6¼	4/7



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East

Women's 100 Meters

1	5	Brianna DOUGLAS	#2	Camden County	DI 13.31	(-0.6)	3/30
2	6	Moena WASHINGTON	#4	Mohawk Valley (	DI 13.33w	(7.0)	4/1
3	10	SETALNISA OSMAN-MERGANI	#5	Hudson Valley (I	DI 13.73w	(2.8)	3/26
4	12	Iveion SEABROOKS	#4	Mohawk Valley (	13.82	(0.7)	4/7
5	13	Sanbegoure MEDA	#5	Hudson Valley (I	13.86	(0.5)	4/8
6	20	Toni BROWN	#4	Mohawk Valley (	14.12w	(4.9)	4/1
7	21	Kamia BOYKIN	#10	Union County (N	14.22	(-0.9)	4/8
7	21	Olga AKHRENMENKO	#4	Mohawk Valley (	14.22w	(4.9)	4/1
9	28	Alisea SCOTT	#6	Herkimer Count	14.70w	(7.0)	4/1
10	29	Avonna ANDERSON	#1	RCSJ Gloucester	14.84	(-0.2)	3/30

Women's 100 Meter Hurdles

1	2	Idayat ADISA	#2	Camden County	DI 16.58	(1.6)	4/7
2	4	Gianna LAWRENCE	#3	SUNY Broome C	DI 18.13	(0.7)	4/7
3	7	Megan CARDEN	#3	SUNY Broome C	DI 18.57	(0.7)	4/7
4	8	Madison ALTAMURA	#6	Herkimer Count	DI 19.10	(0.9)	4/7
5	9	Melissa CARDEN	#3	SUNY Broome C	DI 19.19	(0.4)	4/7
6	10	Sydney VELEZ	#3	SUNY Broome C	DI 19.22	(0.7)	4/7
7	11	Mariella MICHITTI	#3	SUNY Broome C	DI 19.38	(0.4)	4/7
8	12	Susana SERRANO	#1	RCSJ Gloucester	DI 19.82	(1.3)	3/4

Women's 200 Meters

1	1	Raven ORANGE	#9	Middlesex Coun	DI 26.47w	(2.6)	3/24
2	6	Moena WASHINGTON	#4	Mohawk Valley (	DI 27.63w	(5.4)	4/1
3	8	Jynnae STEVENS	#6	Herkimer Count	DI 27.78w	(5.4)	4/1
4	13	Brianna DOUGLAS	#2	Camden County	28.24	(-1.0)	3/30
5	17	Sanbegoure MEDA	#5	Hudson Valley (I	28.63	(-2.8)	4/8
6	18	Hailey HARTWYK	#1	RCSJ Gloucester	28.72	(-0.5)	3/30
7	19	SETALNISA OSMAN-MERGANI	#5	Hudson Valley (I	28.80w	(2.4)	3/26
8	24	Iveion SEABROOKS	#4	Mohawk Valley (	29.23		2/11
9	33	Toni BROWN	#4	Mohawk Valley (	29.85w	(5.1)	4/1
10	34	Ally VINCENT	#2	Camden County	29.89	(-0.5)	3/30

Women's 400 Meters

1	5	Raven ORANGE	#9	Middlesex Coun	DI 1:02.11		3/24
2	9	Abigail WEBB	#2	Camden County	DI 1:04.80		4/7
3	10	Hailey HARTWYK	#1	RCSJ Gloucester	DI 1:05.03		4/7
4	20	Mariella MICHITTI	#3	SUNY Broome C	DI 1:07.51		4/7
5	21	Ally VINCENT	#2	Camden County	DI 1:08.73		3/30
6	25	Sanbegoure MEDA	#5	Hudson Valley (I	1:10.20		3/26
7	26	Susana SERRANO	#1	RCSJ Gloucester	1:10.73		3/25
8	27	Julia KOERNER	#2	Camden County	1:11.73		3/30
9	34	Alyssa CONNOR	#1	RCSJ Gloucester	1:17.69		3/4

Women's 400 Meter Hurdles

1	2	Melissa CARDEN	#3	SUNY Broome C	DI 1:12.86		4/7
2	3	Mariella MICHITTI	#3	SUNY Broome C	DI 1:13.01		4/7
3	4	Lydia REIMER	#6	Herkimer Count	DI 1:13.41		4/7
4	5	Breanne MILLSON	#6	Herkimer Count	DI 1:13.67		4/1
5	7	Idayat ADISA	#2	Camden County	DI 1:17.55		4/7
6	9	Madison ALTAMURA	#6	Herkimer Count	DI 1:19.50		4/7
7	10	Abigail WEBB	#2	Camden County	DI 1:20.19		4/7
8	12	Avonna ANDERSON	#1	RCSJ Gloucester	DI 1:24.78		3/30
9	13	Susana SERRANO	#1	RCSJ Gloucester	DI 1:25.05		3/4
10	15	Yasmin WASHINGTON	#4	Mohawk Valley (	1:34.34		4/1

Women's 800 Meters

1	5	Taylor HARVEY	#4	Mohawk Valley (	DI 2:27.12		2/11
2	6	Amelia BOWMAN-MCCOY	#6	Herkimer Count	DI 2:27.61		4/7
3	12	Leah LLOYD	#7	Finger Lakes (N.	DI 2:37.47		4/8
4	13	Aja JACKSON	#3	SUNY Broome C	DI 2:38.14		4/7
5	15	Abigail WEBB	#2	Camden County	DI 2:39.24		3/25
6	17	Ashton WISELEY	#1	RCSJ Gloucester	DI 2:39.38		3/30
7	22	Susana SERRANO	#1	RCSJ Gloucester	2:44.73		4/7
8	26	Breanne MILLSON	#6	Herkimer Count	2:47.05		4/7
9	29	Lydia REIMER	#6	Herkimer Count	2:53.88		4/1
10	30	Mackenzie COCHRAN	#1	RCSJ Gloucester	2:54.89		4/7

Women's 1500 Meters

1	1	Taylor HARVEY	#4	Mohawk Valley (	DI 5:02.71		2/17
2	2	Leah LLOYD	#7	Finger Lakes (N.	DI 5:04.57		4/8
3	5	Aja JACKSON	#3	SUNY Broome C	DI 5:10.55		4/7
4	6	Amelia BOWMAN-MCCOY	#6	Herkimer Count	DI 5:13.92		4/1
5	17	Ashton WISELEY	#1	RCSJ Gloucester	DI 5:39.01		3/30
6	23	Mackenzie COCHRAN	#1	RCSJ Gloucester	5:56.75		3/30
7	24	Alexandra CAMPO	#1	RCSJ Gloucester	5:58.15		4/7
8	27	Morgan CHENEY	#7	Finger Lakes (N.	6:08.88		4/8
9	28	Madison ALTAMURA	#6	Herkimer Count	6:23.52		4/1
10	29	Ellicia SWEDISH	#5	Hudson Valley (I	6:42.84		1/28

Women's Steeplechase

1	1	Leah LLOYD	#7	Finger Lakes (N.)	Q 11:44.47		4/2
2	2	Morgan CHENEY	#7	Finger Lakes (N.)	DI 14:52.52		4/2
3	3	Ellicia SWEDISH	#5	Hudson Valley (I	17:01.51		4/8

Women's 5000 Meters

1	1	Taylor HARVEY	#4	Mohawk Valley (	Q 18:52.12		4/7
2	3	Amelia BOWMAN-MCCOY	#6	Herkimer Count	DI 20:15.62		4/1
3	11	Alexandra CAMPO	#1	RCSJ Gloucester	23:37.32		3/30
4	12	Alyssa CONNOR	#1	RCSJ Gloucester	24:20.75		3/30



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East

Women's 4x100 Relay

1	2	Brianna DOUGLAS, Abigail WEBB, Ally VINCENT, Idayat ADISA	#2 Camden County DI 53.57	3/30
2	4	Moena WASHINGTON, Toni BROWN, Olga AKHRENMENKO, Iveion SEABROOKS	#4 Mohawk Valley (DI 54.49	4/7
3	5	Megan CARDEN, Melissa CARDEN, Gianna LAWRENCE, Sydney VELEZ	#3 SUNY Broome C DI 55.89	4/7
4	6	Breanne MILLSON, Lydia REIMER, Alisea SCOTT, Jynnae STEVENS	#6 Herkimer Count DI 55.91	4/7
5	7	Avonna ANDERSON, Mackenzie COCHRAN, Hailey HARTWYK, Susana SERRANO	#1 RCSJ Gloucester DI 56.71	3/30

Women's 4x400 Relay

1	5	Lydia REIMER, Jynnae STEVENS, Amelia BOWMAN- MCCOY, Breanne MILLSON	#6 Herkimer Count DI 4:35.80	4/7
2	6	Mackenzie COCHRAN, Hailey HARTWYK, Susana SERRANO, Ashton WISELEY	#1 RCSJ Gloucester DI 4:36.05	4/7

Women's 4x800 Relay

1	1	Mackenzie COCHRAN, Ashton WISELEY, Alexandra CAMPO, Alyssa CONNOR	#1 RCSJ Gloucester DI 679	4/7
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Women's High Jump

1	6	Alyssa BRUNO	#5 Hudson Valley (I DI 1.48m	4-10¼	3/26
2	7	Idayat ADISA	#2 Camden County DI 1.46m	4-9½	3/30
3	13	Megan CARDEN	#3 SUNY Broome C 1.35m	4-5	4/7

Women's Pole Vault

1	3	Hailey HARTWYK	#1 RCSJ Gloucester DI 2.20m	7-2½	3/4
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Women's Long Jump

1	7	Megan CARDEN	#3 SUNY Broome C DI 4.78m	15-3½ (1.0	4/7
2	10	Melissa CARDEN	#3 SUNY Broome C DI 4.66m	15-3½ (1.0	4/7
3	13	Gianna LAWRENCE	#3 SUNY Broome C 4.53mw	14-10½ (2.0	4/7
4	18	Alyssa BRUNO	#5 Hudson Valley (I 4.29mw	14-1 (2.8)	3/26
5	19	Hailey HARTWYK	#1 RCSJ Gloucester 4.25m	13-11½ (0.0	4/7
6	22	Sanbegoure MEDA	#5 Hudson Valley (I 4.13m	13-6¾	1/28
7	23	Yasmin WASHINGTON	#4 Mohawk Valley (3.83m	12-6¾	2/11
8	24	Susana SERRANO	#1 RCSJ Gloucester 3.82m	12-6½ (0.8	4/7
9	25	Iveion SEABROOKS	#4 Mohawk Valley (3.80m	12-5¾	1/27
10	26	Avonna ANDERSON	#1 RCSJ Gloucester 3.72mw	12-2½ (3.2	3/25

Women's Triple Jump

1	3	Melissa CARDEN	#3 SUNY Broome C DI 10.07m	33-½ (1.7)	4/7
2	7	Hailey HARTWYK	#1 RCSJ Gloucester DI 9.39m	30-9¾ (0.0	4/7

Women's Shot Put

1	3	Kayla FRANKLIN	#2 Camden County DI 10.72m	35-2	3/30
2	9	Amia GREEN	#2 Camden County DI 9.42m	30-11	4/7
3	12	Zuri RICHARDSON	#2 Camden County 9.04m	29-8	3/25
4	13	Erin KARAWAY	#8 Bergen (N.J.) CC 8.91m	29-2¾	4/8
5	14	Mariella FARRELL	#1 RCSJ Gloucester 8.39m	27-6½	3/4
6	16	Sophie ERICSON	#5 Hudson Valley (I 8.26m	27-1¼	4/8
7	20	Isabella SMITH	#6 Herkimer Count 8.02m	26-3¾	4/7
8	24	Isabella GUYER	#5 Hudson Valley (I 6.92m	22-8½	4/1
9	26	Morgan CHENEY	#7 Finger Lakes (N. 6.82m	22-4½	2/3
10	29	Kaylie QUEZADA	#8 Bergen (N.J.) CC 5.74m	18-10	4/8

Women's Discus

1	1	Mariella FARRELL	#1 RCSJ Gloucester DI 36.58m	120-0	4/7
2	4	Kayla FRANKLIN	#2 Camden County DI 34.23m	112-4	3/30
3	6	Erin KARAWAY	#8 Bergen (N.J.) CC DI 30.76m	100-11	4/8
4	8	Amia GREEN	#2 Camden County DI 29.98m	98-4½	4/7
5	13	Sophie ERICSON	#5 Hudson Valley (I 25.72m	84-4¾	4/8
6	14	Isabella SMITH	#6 Herkimer Count 25.59m	83-11½	4/1
7	18	Kaylie QUEZADA	#8 Bergen (N.J.) CC 22.49m	73-9½	4/8
8	22	Isabella GUYER	#5 Hudson Valley (I 19.84m	65-1¼	4/1
9	25	Danielle WILLIAMS	#3 SUNY Broome C 13.07m	42-10¾	4/7
10	26	Nidia RICHARDSON	#3 SUNY Broome C 9.80m	32-2	4/7

Women's Hammer

1	4	Mariella FARRELL	#1 RCSJ Gloucester DI 32.42m	106-5	3/30
2	9	Isabella GUYER	#5 Hudson Valley (I 19.69m	64-7¼	4/1



Regional TFRI Event Summary

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East

Women's Javelin

1	4	Kayla FRANKLIN	#2	Camden County DI	24.90m	81-8½	3/30
2	5	Sloane GENOVESE	#1	RCSJ Gloucester	24.56m	80-7	3/30
3	6	Alyssa BRUNO	#5	Hudson Valley (I	23.83m	78-2¼	4/8
4	7	Mariella FARRELL	#1	RCSJ Gloucester	23.35m	76-7¼	4/7
5	8	Amia GREEN	#2	Camden County	23.34m	76-7	3/30
6	9	Leah LLOYD	#7	Finger Lakes (N.	22.52m	73-10¾	4/8
7	14	Morgan CHENEY	#7	Finger Lakes (N.	17.43m	57-2¼	4/8
8	16	Isabella GUYER	#5	Hudson Valley (I	16.71m	54-10	4/1
9	17	Cheryl BIELBY	#4	Mohawk Valley (	16.44m	53-11¼	4/1
10	18	Isabella SMITH	#6	Herkimer Count	15.82m	51-11	4/1



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2023 Week #3, April 10

as of 4/10/2023 11:45:46 AM

Northeast

Women's 100 Meters

1	1	Karizma BRATHWAITE	#3	Onondaga (N.Y.) DI	13.04	(0.0)	4/7
2	9	Natalya RODNEY	#5	Nassau (N.Y.) CC DI	13.62w	(2.6)	4/2
3	24	Jennifer ASUEN	#6	Roxbury CC	14.52	(0.0)	4/1
4	25	Aaliyah SHORTER	#1	Suffolk County (	14.63		4/7
5	33	Emily RIGHTMYRE	#3	Onondaga (N.Y.)	15.16	(1.8)	4/7
6	36	Shivangi SHARMA	#2	Queensborough	15.31	(-0.2)	4/2
7	42	Kafilat YEKINNI	#2	Queensborough	16.34w	(3.0)	4/2
8	43	Jennifer RUBIANO	#4	FIT (N.Y.)	16.39	(0.0)	3/25
9	44	Christlayna HENRY	#6	Roxbury CC	16.54	(0.0)	4/1
10	49	Nataly GONZALEZ	#4	FIT (N.Y.)	18.31	(0.5)	4/1

Women's 100 Meter Hurdles

1	3	Malia FOWLER	#1	Suffolk County (	16.71	(-1.3)	4/7
2	6	Taylor MCGRAW	#4	FIT (N.Y.)	18.35	(0.9)	4/1
3	15	Ange COMPERE	#2	Queensborough	23.51	(-1.3)	4/2

Women's 200 Meters

1	2	Karizma BRATHWAITE	#3	Onondaga (N.Y.) DI	26.69	(0.8)	4/7
2	7	Natalya RODNEY	#5	Nassau (N.Y.) CC DI	27.68	(-2.7)	4/2
3	16	Malia FOWLER	#1	Suffolk County (	28.58	(0.0)	4/7
4	20	Amanda MANNINO	#1	Suffolk County (	28.83w	(3.5)	4/7
5	29	Shivangi SHARMA	#2	Queensborough	29.60		3/25
6	43	Julianne COSSIN	#2	Queensborough	31.35		1/20
7	51	Kafilat YEKINNI	#2	Queensborough	32.95		2/26
8	53	Emily RIGHTMYRE	#3	Onondaga (N.Y.)	33.77		2/4
9	57	Eva MURPHY	#3	Onondaga (N.Y.)	35.93	(0.1)	4/7
10	59	Ange COMPERE	#2	Queensborough	36.37		1/20

Women's 400 Meters

1	4	Karizma BRATHWAITE	#3	Onondaga (N.Y.) DI	1:02.10		1/27
2	13	Bryona HAYES	#1	Suffolk County (	1:05.86		3/25
3	19	Amanda MANNINO	#1	Suffolk County (	1:07.15		4/7
4	32	Darlyn PACHECO	#2	Queensborough	1:17.15		2/18
5	33	Kafilat YEKINNI	#2	Queensborough	1:17.65		2/3
6	35	Shivangi SHARMA	#2	Queensborough	1:17.85		2/18
7	36	Eva MURPHY	#3	Onondaga (N.Y.)	1:21.25		4/7

Women's 800 Meters

1	14	Brenin MAHON	#1	Suffolk County (	2:38.52		3/31
2	21	Catherine SHAW	#1	Suffolk County (	2:44.00		3/31
3	23	Malia FOWLER	#1	Suffolk County (	2:46.06		4/7
4	32	Julianne COSSIN	#2	Queensborough	2:57.16		1/13
5	35	Elizabeth SONG	#4	FIT (N.Y.)	2:59.07		3/25
6	36	Darlyn PACHECO	#2	Queensborough	2:59.43		1/13
7	38	Shivangi SHARMA	#2	Queensborough	3:08.21		1/13
8	41	Kafilat YEKINNI	#2	Queensborough	3:20.16		2/18
9	42	Andrea RIVERA	#2	Queensborough	3:23.00		4/2
10	43	Eva MURPHY	#3	Onondaga (N.Y.)	3:26.53		2/4

Women's 1500 Meters

1	8	Brenin MAHON	#1	Suffolk County (	5:22.59		4/2
2	26	Darlyn PACHECO	#2	Queensborough	6:06.10		2/18
3	31	Andrea RIVERA	#2	Queensborough	7:10.88		2/18
4	32	Shivangi SHARMA	#2	Queensborough	7:18.31		1/20

Women's Steeplechase

1	4	Andrea RIVERA	#2	Queensborough	17:41.68		4/7
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Women's 5000 Meters

1	6	Brenin MAHON	#1	Suffolk County (	20:45.70		3/31
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Women's 10,000 Meters

1	2	Brenin MAHON	#1	Suffolk County (	45:01.46		4/7
2	4	Darlyn PACHECO	#2	Queensborough	48:59.51		4/7

Women's 4x100 Relay

1	8	Arielle ALLERT, Kafilat YEKINNI, Darlyn PACHECO, Shivangi SHARMA	#2	Queensborough	1:02.52		4/2
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Women's 4x400 Relay

1	4	Brenin MAHON, Amanda MANNINO, Catherine SHAW, Malia FOWLER	#1	Suffolk County (	4:34.30		4/2
2	7	Shivangi SHARMA, Darlyn PACHECO, Kafilat YEKINNI, Andrea RIVERA	#2	Queensborough	5:11.69		4/2

Women's High Jump

1	8	Sage KLEIN	#4	FIT (N.Y.)	1.45m	4-9	4/1
2	11	Malia FOWLER	#1	Suffolk County (	1.40m	4-7	4/2

Women's Long Jump

1	8	Malia FOWLER	#1	Suffolk County (	4.68m	15-4¼ (0.0)	4/2
2	14	Aaliyah SHORTER	#1	Suffolk County (	4.45m	14-7¼ (0.1)	4/7
3	29	Kafilat YEKINNI	#2	Queensborough	3.12m	10-3 (1.2)	4/2

Women's Shot Put

1	1	Morgan KEULER	#1	Suffolk County (	11.19m	36-8½	4/7
2	7	Jaimee STARZEE	#1	Suffolk County (	10.18m	33-4¾	4/2
3	8	Aaliyah SHORTER	#1	Suffolk County (	9.68m	31-9¼	4/7
4	15	Kaylah ATTIS	#2	Queensborough	8.38m	27-6	1/13
5	18	Malia FOWLER	#1	Suffolk County (	8.08m	26-6¼	4/7
6	21	Lauren SHALER	#3	Onondaga (N.Y.)	7.88m	25-10¼	2/4
7	22	Ange COMPERE	#2	Queensborough	7.80m	25-7¼	1/6

Women's Discus

1	3	Bryn WHITMAN	#3	Onondaga (N.Y.) DI	35.41m	116-2	4/7
2	7	Morgan KEULER	#1	Suffolk County (	30.39m	99-8½	4/7
3	11	Kaylah ATTIS	#2	Queensborough	26.55m	87-1¼	4/2
4	17	Jaimee STARZEE	#1	Suffolk County (	23.17m	76-¼	3/31
5	18	Juliah TRIANA	#1	Suffolk County (	22.49m	73-9½	4/7
6	20	Ange COMPERE	#2	Queensborough	20.59m	67-6¾	4/2
7	24	Arielle ALLERT	#2	Queensborough	17.08m	56-½	3/25



Regional TFRI Event Summary

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Northeast

Women's Hammer

1	2	Jaimee STARZEE	#1	Suffolk County (	DI 33.80m	110-11	4/2
2	6	Lauren SHALER	#3	Onondaga (N.Y.) DI	26.99m	88-6¾	4/7
3	8	Kaylah ATTIS	#2	Queensborough	20.09m	65-11	4/2
4	10	Arielle ALLERT	#2	Queensborough	18.37m	60-3¼	4/2
5	11	Ange COMPERE	#2	Queensborough	14.21m	46-7½	4/2

Women's Javelin

1	1	Bryn WHITMAN	#3	Onondaga (N.Y.) DI	25.64m	84-1½	4/7
2	12	Juliah TRIANA	#1	Suffolk County (	18.55m	60-10½	4/7
3	13	Malia FOWLER	#1	Suffolk County (	18.12m	59-5½	4/7
4	19	Kaylah ATTIS	#2	Queensborough	14.71m	48-3¼	4/2
5	20	Arielle ALLERT	#2	Queensborough	14.22m	46-8	4/2

Women's Heptathlon

1	1	Malia FOWLER	#1	Suffolk County (	3,279		4/7
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