

National TFRI Team Summary

as of 4/24/23 7:14 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

1

Harper (Ill.)
(none selected)

unch

LW: 1

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	8	:AA	Samira ROSENFELD	13.20	(0.7)	4/22/23	D 16	1.54	3.54
▶ 100m	13	:AA	Svetlozara UVAKOVA	13.52w	(3.5)	4/15/23	8	0.46	8.46
▶ 100H	2	:AA	Samira ROSENFELD	16.16	(1.4)	4/7/23	28	3.09	31.09
▶ 100H	6	:AA	Chloe WINTERGERST	17.07w	(2.8)	4/15/23	D 20	2.19	4.19
▶ 200m	11	:AA	Samira ROSENFELD	27.59		2/4/23	D 10	0.72	2.72
▶ 200m	19		Araxi BOGHOSSIAN	28.23	(1.9)	4/7/23	4	0.05	4.05
▶ 200m	20		Lily WINTERGERST	28.29	(1.0)	4/22/23	D 3.5		2.00
▶ 200m	21		Pola KUBRAK	28.34		2/11/23			TM-4
▶ 200m	22		Svetlozara UVAKOVA	28.45w	(2.3)	4/15/23			TM-5
▶ 200m	33		Chloe WINTERGERST	29.31		3/3/23			TM-6
▶ 200m	37		Kyia HEMPHILL	29.50	(1.0)	4/7/23			TM-7
▶ 400m	1	:AA	Lilly ALBERTS	57.47		4/22/23	30	7.95	37.95
▶ 400m	9	:AA	Araxi BOGHOSSIAN	1:03.35		2/17/23	14	0.80	14.80
▶ 400m	29	:AA	Kyia HEMPHILL	1:06.54		4/7/23	0.95		0.95
▶ 400H	3	:AA	Samira ROSENFELD	1:09.07		4/7/23	D 26	3.57	5.57
▶ 800m	1	I:N.	Lilly ALBERTS	2:19.17		4/15/23	30	5.49	35.49
▶ 800m	2	:AA	Fiona METZO	2:20.97		4/7/23	28	4.64	32.64
▶ 800m	10	:AA	Brianna RUIZ	2:30.58		4/15/23	12	1.15	13.15
▶ 800m	13	:AA	Kaili DECKER	2:33.17		4/15/23			TM-4
▶ 800m	14	:AA	Melanie KEHR	2:33.74		4/22/23			TM-5
▶ 1500m	4	:AA	Fiona METZO	5:07.62		2/11/23	24	2.75	26.75
▶ 1500m	7	:AA	Brianna RUIZ	5:14.60		4/7/23	18	1.74	19.74
▶ 1500m	11	:AA	Kaili DECKER	5:22.97		4/7/23	10	0.91	10.91
▶ 5000m	4	:AA	Kaili DECKER	19:56.28		4/22/23	24	2.47	26.47
▶ 4x100	1	:AA	Araxi BOGHOSSIAN, Lily WINTERGERST, Samira ROSENFELD, Lilly ALBERTS	50.49		4/15/23	30	5.15	35.15
▶ 4x400	1	:AA	Araxi BOGHOSSIAN, Samira ROSENFELD, Fiona METZO, Lilly ALBERTS	4:02.92		4/7/23	30	7.94	37.94
▶ 4x800	1	I:N.	https://www.tfrs.org/team/s/742	9:46.46		4/12/23	30	18.78	48.78
▶ HJ	1	:AA	Samira ROSENFELD	1.55m	5-1	4/15/23	30	3.82	33.82
▶ HJ	5	:AA	Pola KUBRAK	1.52m	4-11¾	2/11/23	22	2.84	24.84
▶ HJ	14	:AA	Chloe WINTERGERST	1.40m	4-7	3/3/23	D 7	0.62	2.62
▶ PV	2	:AA	Lily WINTERGERST	2.75m	9-¼	4/7/23	28	13.33	41.33
▶ PV	4	:AA	Chloe WINTERGERST	2.29m	7-6	4/15/23	24		24.00
▶ LJ	3	:AA	Lily WINTERGERST	5.40m	17-8¾ (0.0)	4/15/23	26	3.63	29.63
▶ LJ	6	:AA	Samira ROSENFELD	5.21m	17-1¼ (0.8)	4/15/23	D 20	2.51	4.51

1

Harper (Ill.)
(none selected)

unch

LW: 1

[illegible]

National TFRI Team Summary

WOMEN — 2023 Week #5, April 26

2

DuPage (Ill.)

Region IV

unch

LW: 2

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	6	:AA	Patrycja KARPIESIUKE	13.11	(2.0)	4/1/23	D 20	1.98	3.98
▶ 100m	18	:AA	Paulina STACHURA	13.73	(2.0)	4/1/23	D 4		2.00
▶ 100m	28		Tessa BLEERS	14.06w	(2.7)	4/14/23	0.9		0.90
▶ 100H	7	:AA	Morgan CLIFFORD	17.36w	(6.0)	4/22/23	18	1.98	19.98
▶ 100H	16	:AA	Patrycja KARPIESIUKE	19.21	(-0.2)	4/14/23	D 6	1.23	3.23
▶ 200m	5	:AA	Patrycja KARPIESIUKE	26.75	(0.4)	4/14/23	D 22	2.36	4.36
▶ 200m	12	:AA	Paulina STACHURA	27.62w	(4.4)	4/22/23	D 9	0.69	2.69
▶ 200m	28		Tessa BLEERS	29.07w	(3.0)	4/22/23	0.95		0.95
▶ 200m	36		Morgan CLIFFORD	29.49		2/17/23			TM-4
▶ 400m	4	:AA	Patrycja KARPIESIUKE	1:01.37		4/7/23	D 24	2.58	4.58
▶ 400m	11	:AA	Lillan BUZANI	1:03.93		4/14/23	D 10	0.56	2.56
▶ 400m	24	:AA	Paulina STACHURA	1:05.70		4/14/23	1.5		1.50
▶ 400m	25	:AA	Kelly KIBLER	1:06.26		4/14/23			TM-4
▶ 400m	30	:AA	Morgan CLIFFORD	1:08.28		4/22/23			TM-5
▶ 400H	6	:AA	Morgan CLIFFORD	1:12.92		4/14/23	20	2.08	22.08
▶ 800m	3	:AA	Lillan BUZANI	2:24.03		4/7/23	D 26	3.24	5.24
▶ 800m	15	:AA	Belle ADDUCI	2:35.17		4/22/23	8	0.51	8.51
▶ 800m	17	:AA	Kelly KIBLER	2:36.61		4/7/23	D 6	0.32	2.32
▶ 800m	37		Emilia KADIYALA	2:52.93		4/14/23			TM-4
▶ 1500m	1	I:N.	Lillan BUZANI	4:56.70		4/14/23	30	5.22	35.22
▶ 1500m	8	:AA	Kelly KIBLER	5:14.93		4/14/23	16	1.69	17.69
▶ 1500m	10	:AA	Belle ADDUCI	5:20.48		4/14/23	12	1.08	13.08
▶ 1500m	20		Emilia KADIYALA	5:43.19		2/17/23			TM-4
▶ 5000m	1	I:N.	Lillan BUZANI	18:47.03		4/22/23	30	4.26	34.26
▶ 5000m	8	:AA	Kelly KIBLER	20:35.23		4/7/23	16	1.82	17.82
▶ 5000m	11	:AA	Emilia KADIYALA	21:19.02		4/22/23	10	1.37	11.37
▶ 4x100	4	:AA	Paulina STACHURA, Morgan CLIFFORD, Tessa BLEERS, Patrycja KARPIESIUKE	52.25		4/14/23	24	3.63	27.63
▶ 4x400	3	:AA	https://www.tfrrs.org/team/s/686	4:23.32		2/11/23	26	3.90	29.90
▶ 4x800	2	:AA	https://www.tfrrs.org/team/s/686	10:34.26		4/15/23	28	9.02	37.02
▶ HJ	3	:AA	Patrycja KARPIESIUKE	1.53m	5-¼	2/17/23	26	3.17	29.17
▶ HJ	5	:AA	Paulina STACHURA	1.52m	4-11¾	2/11/23	22	2.84	24.84
▶ PV	1	:AA	Patrycja KARPIESIUKE	2.82m	9-3	2/11/23	30	15.82	45.82
▶ LJ	9	:AA	Paulina STACHURA	4.94m	#Error	4/1/23	14	1.17	15.17
▶ LJ	19		Tessa BLEERS	4.39m	14-5	2/17/23	3.5		3.5

2

DuPage (Ill.)

Region IV

unch

LW: 2

Event	NPR	NQR	Athlete	Yr	Season Qual.	Best	Date	Pf. Pts.	Bonus	TOTAL
► TJ	6	:AA	Tessa BLEERS		9.96m	#Error	4/7/23	20	2.11	22.11
DUPAGE (ILL.) TFRI Team Total									449.48	



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary

as of 4/24/23 7:14 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

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Suffolk County (N.Y.) CC (none selected)

▲ 2

LW: 5

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	29		Aaliyah SHORTER		14.13 (-0.4)	4/21/23	0.85		0.85
▶ 100H	4	AA	Malia FOWLER		16.71 (-1.3)	4/7/23	D 24	2.47	4.47
▶ 200m	9	AA	Bryona HAYES		27.18 (0.6)	4/21/23	14	1.42	15.42
▶ 200m	15		Amanda MANNINO		27.94 (-0.6)	4/21/23	6	0.35	6.35
▶ 200m	24		Malia FOWLER		28.58 (0.0)	4/7/23	D 2.5		2.00
▶ 400m	7	AA	Amanda MANNINO		1:02.60	4/21/23	18	1.42	19.42
▶ 400m	8	AA	Bryona HAYES		1:02.72	4/15/23	16	1.32	17.32
▶ 400m	14	AA	Catherine SHAW		1:04.47	4/21/23	7	0.34	7.34
▶ 400H	2	AA	Malia FOWLER		1:08.08	4/21/23	28	4.11	32.11
▶ 800m	19	AA	Brenin MAHON		2:38.52	3/31/23	D 4.5	0.07	2.07
▶ 800m	21	AA	Catherine SHAW		2:40.90	4/21/23	3.5		3.50
▶ 800m	28		Malia FOWLER		2:46.06	4/7/23	0.9		0.90
▶ 1500m	9	AA	Brenin MAHON		5:18.60	4/21/23	D 14	1.21	3.21
▶ 1500m	31		Catherine SHAW		6:17.57	4/15/23	0.8		0.80
▶ 5000m	7	AA	Brenin MAHON		20:29.22	4/21/23	18	1.92	19.92
▶ 10,000m	2	AA	Brenin MAHON		45:01.46	4/7/23	28	8.34	36.34
▶ 4x100	2	AA	Malia FOWLER, Bryona HAYES, Aaliyah SHORTER, Amanda MANNINO		51.39	4/21/23	28	4.36	32.36
▶ 4x400	5	AA	Brenin MAHON, Amanda MANNINO, Catherine SHAW, Malia FOWLER		4:34.30	4/2/23	22	2.42	24.42
▶ HJ	14	AA	Malia FOWLER		1.40m 4-7	4/2/23	D 7	0.62	2.62
▶ LJ	7	AA	Aaliyah SHORTER		5.15m #Error	4/15/23	18	2.19	20.19
▶ LJ	13	AA	Malia FOWLER		4.68m 15-4¼ (0.0)	4/2/23	D 8	0.45	2.45
▶ SP	1	AA	Morgan KEULER		11.19m 36-8½	4/7/23	30	4.41	34.41
▶ SP	5	AA	Jaimee STARZEE		10.47m 34-4¼	4/21/23	D 22	2.65	4.65
▶ SP	9	AA	Aaliyah SHORTER		9.68m 31-9¼	4/7/23	14	1.36	15.36
▶ SP	21		Malia FOWLER		8.14m 26-8½	4/21/23			TM-4
▶ DISC	8	AA	Morgan KEULER		30.39m 99-8½	4/7/23	16	1.56	17.56
▶ DISC	19		Jaimee STARZEE		23.17m 76-¼	3/31/23	D 3.5		2.00
▶ DISC	20		Juliah TRIANA		22.86m 75-0	4/15/23	3		3.00
▶ HT	4	AA	Jaimee STARZEE		35.44m 116-3	4/21/23	24	4.85	28.85
▶ JAV	2	AA	Jaimee STARZEE		26.94m 88-4¾	4/21/23	28	2.93	30.93
▶ JAV	15		Juliah TRIANA		18.55m 60-10½	4/7/23	6	0.16	6.16
▶ JAV	16		Malia FOWLER		18.12m 59-5½	4/7/23	D 5	0.05	2.05
▶ HEPT	2		Malia FOWLER		3,279	4/7/23	28		28.00
SUFFOLK COUNTY (N.Y.) CC TFRI Team Total									427.03

4

Joliet (Ill.) JC Region IV

unch

LW: 4

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	5	AA	Katelyn MCCANN		13.10 (-0.5)	4/7/23	22	2.03	24.03
▶ 100m	14	AA	Hope LOHMANN		13.53w (2.9)	4/22/23	7	0.43	7.43
▶ 100m	18	AA	Larissa EICK		13.73w (2.7)	4/14/23	4		4.00
▶ 100m	23		Lindsey HATTEBERG		13.93 (1.7)	4/22/23			TM-4
▶ 100H	8	AA	Meg SULKEY		17.39w (6.0)	4/22/23	16	1.96	17.96
▶ 200m	10	AA	Lexi CLARKE		27.31w (5.3)	4/22/23	D 12	1.14	3.14
▶ 200m	14	AA	Katelyn MCCANN		27.83	2/4/23	D 7	0.47	2.47
▶ 200m	16		Hope LOHMANN		28.00w (3.0)	4/22/23	5	0.29	5.29
▶ 200m	18		Meg SULKEY		28.22w (5.0)	4/22/23			TM-4
▶ 200m	31		Lindsey HATTEBERG		29.26	2/4/23			TM-5
▶ 200m	44		Adrienne KARPEN		30.42	2/11/23			TM-6
▶ 200m	48		Kayla WILLIAMS		30.91	2/4/23			TM-7
▶ 400m	3	AA	Lexi CLARKE		1:01.01	2/4/23	26	3.05	29.05
▶ 400m	10	AA	Hope LOHMANN		1:03.74	4/14/23	12	0.64	12.64
▶ 400m	21	AA	Meg SULKEY		1:05.27	4/22/23	D 2.5	0.02	2.02
▶ 400m	23	AA	Bailey HARRIS		1:05.49	4/22/23			TM-4
▶ 400m	25	AA	Katelyn MCCANN		1:06.26	2/17/23			TM-5
▶ 400m	28	AA	Lindsey HATTEBERG		1:06.42	4/14/23			TM-6
▶ 400m	32	AA	Kayla WILLIAMS		1:09.31	2/4/23			TM-7
▶ 400m	38		Adrienne KARPEN		1:11.08	4/22/23			TM-8
▶ 400m	44		Arely CISNEROS		1:15.77	2/4/23			TM-9
▶ 400H	10	AA	Meg SULKEY		1:15.05	4/14/23	12	1.48	13.48
▶ 400H	15	AA	Kayla WILLIAMS		1:21.64	4/22/23	6	0.45	6.45
▶ 800m	4	AA	Lexi CLARKE		2:25.23	2/11/23	24	2.71	26.71
▶ 800m	9	AA	Bailey HARRIS		2:29.78	2/11/23	14	1.35	15.35
▶ 800m	20	AA	Michelle VILLAGRAN		2:39.26	2/11/23	4		4.00
▶ 800m	30		Emma CECICH		2:46.86	4/7/23			TM-4
▶ 800m	33		Kayla WILLIAMS		2:48.48	2/11/23			TM-5
▶ 1500m	12	AA	Bailey HARRIS		5:24.13	2/17/23	9	0.83	9.83
▶ 1500m	18	AA	Emma CECICH		5:38.67	4/7/23	4		4.00
▶ 1500m	22		Michelle VILLAGRAN		5:45.99	2/17/23	2.5		2.50
▶ 5000m	14	AA	Emma CECICH		21:42.94	4/22/23	7	1.18	8.18
▶ 4x100	3	AA	Larissa EICK, Hope LOHMANN, Lindsey HATTEBERG, Katelyn MCCANN		52.23	4/14/23	26	3.65	29.65
▶ 4x400	2	AA	https://www.tfrrs.org/team/s/106228		4:17.10	2/17/23	28	5.06	33.06
▶ HJ	11	AA	Lindsey HATTEBERG		1.44m 4-8¾	2/17/23	10	1.07	11.07



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National TFRI Team Summary

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D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

4

Joliet (Ill.) JC

Region IV

unch

LW: 4

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
▶ HJ	11	:AA	Larissa EICK		1.44m 4-8¾	2/17/23	10	1.07	11.07
▶ LJ	4	:AA	Katelyn MCCANN		5.34m 17-6½ (0.6)	4/7/23	24	3.19	27.19
▶ LJ	14	:AA	Lindsey HATTEBERG		4.67m 15-4	2/11/23	7	0.43	7.43
▶ SP	4	:AA	Katelyn CESKA		10.60m 34-9½	2/11/23	24	2.89	26.89
▶ SP	6	:AA	Kjersten FRIESTAD		10.42m 34-2¼	2/17/23	20	2.56	22.56
▶ SP	29		Louisa TORRES		6.90m 22-7¾	2/4/23	0.8		0.80
▶ DISC	11		Kjersten FRIESTAD		27.19m 89-2½	4/1/23	10	0.52	10.52
▶ DISC	13		Katelyn CESKA		26.44m 86-9	4/22/23	8	0.30	8.30
▶ JAV	3	:AA	Katelyn CESKA		26.53m 87-½	4/22/23	26	2.67	28.67
JOLIET (ILL.) JC TFRI Team Total									415.73

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Mineral Area (Mo.)

Region XVI



2

LW: 3

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	3	:AA	Emma GERSTNER		12.90w (2.3)	4/15/23	26	3.35	29.35
▶ 100m	9	:AA	Laine COTTRELL		13.29 (1.9)	3/24/23	14	1.11	15.11
▶ 100m	39		Isabelle BRUCKERHOFF		15.07w (2.9)	4/15/23	0.35		0.35
▶ 100H	11	:AA	Kiera FINN		18.59 (0.4)	4/15/23	10	1.44	11.44
▶ 200m	4	:AA	Laine COTTRELL		26.67 (2.0)	4/15/23	24	2.61	26.61
▶ 200m	40		Alize LITTON		29.67w (3.0)	3/31/23	0.55		0.55
▶ 200m	46		Kiera FINN		30.60w (3.0)	3/31/23	0.35		0.35
▶ 400m	13	:AA	Laine COTTRELL		1:04.16	2/11/23	D 8	0.47	2.47
▶ 400m	33	:AA	Alize LITTON		1:09.37	3/31/23	0.85		0.85
▶ 400m	39		Kiera FINN		1:11.81	3/31/23	0.65		0.65
▶ 400m	48		Isabelle BRUCKERHOFF		1:17.87	4/15/23			TM-4
▶ 400H	14	:AA	Kiera FINN		1:19.92	4/22/23	7	0.70	7.70
▶ 800m	22	:AA	Rachel WILSON		2:41.99	4/7/23	3		3.00
▶ 800m	31		Riley PETSCH		2:46.96	4/7/23	0.8		0.80
▶ 800m	36		Melayna BROWN		2:52.15	4/15/23	0.7		0.70
▶ 800m	40		Laura MADDOX		2:58.04	4/7/23			TM-4
▶ 1500m	14	:AA	Riley PETSCH		5:29.77	4/22/23	D 7	0.45	2.45
▶ 1500m	15	:AA	Rachel WILSON		5:31.87	4/15/23	6	0.31	6.31
▶ 1500m	23		Laura MADDOX		5:47.51	2/17/23	2		2.00
▶ 1500m	24		Abigail DEAN		5:49.68	2/4/23			TM-4
▶ 1500m	28		Melayna BROWN		6:01.83	2/11/23			TM-5
▶ 5000m	5	:AA	Riley PETSCH		20:11.21	4/15/23	22	2.21	24.21
▶ 5000m	9	:AA	Laura MADDOX		20:56.89	3/24/23	14	1.55	15.55
▶ 5000m	12	:AA	Abigail DEAN		21:36.34	1/27/23	9	1.23	10.23
▶ 10,000m	1	:AA	Riley PETSCH		43:30.68	3/31/23	30	18.73	48.73
▶ 10,000m	3	:AA	Laura MADDOX		45:51.28	3/31/23	26	2.93	28.93
▶ 4x400	9	:AA	Alize LITTON, Kiera FINN, Melayna BROWN, Riley PETSCH		4:50.12	4/22/23	14	1.26	15.26
▶ 4x800	4	:AA	https://www.tfrrs.org/teams/98374		11:19.33	4/7/23	24	1.08	25.08
▶ LJ	5	:AA	Emma GERSTNER		5.33m 17-6 (1.6)	4/15/23	D 22	3.14	5.14
▶ LJ	20		Stephanie LATHAM		4.38m 14-4½	2/4/23	3		3.00
▶ TJ	1	:AA	Emma GERSTNER		10.86m 35-7¾	2/17/23	30	8.59	38.59
▶ TJ	10		Stephanie LATHAM		9.19m 30-2	1/27/23	12		12.00
▶ SP	12		Molly GEARHART		9.05m 29-8¾	2/4/23	9	0.74	9.74
▶ DISC	5	:AA	Molly GEARHART		32.07m 105-3	4/7/23	22	2.49	24.49
▶ HT	8		Molly GEARHART		20.34m 66-8¾	4/7/23	16	0.06	16.06



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary

as of 4/24/23 7:14 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

5

Mineral Area (Mo.)

Region XVI

▼ 2

LW: 3

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
JAV	13		Molly GEARHART		22.56m 74-1/4	4/15/23	8	1.21	9.21
MINERAL AREA (MO.) TFRI Team Total									396.90

6

SUNY Broome CC

Region III

unch

LW: 6

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
100m	31		Mariella MICHITTI		14.29 (0.3)	4/21/23	0.75		0.75
100m	35		Sydney VELEZ		14.70w (2.1)	4/15/23	0.55		0.55
100H	5	AA	Gianna LAWRENCE		16.97 (1.8)	4/21/23	22	2.26	24.26
100H	9	AA	Megan CARDEN		18.04w (2.2)	4/14/23	D 14	1.65	3.65
100H	12	AA	Melissa CARDEN		18.96w (3.4)	4/15/23	D 9	1.31	3.31
100H	14	AA	Sydney VELEZ		19.04w (3.4)	4/15/23			TM-4
100H	17	AA	Mariella MICHITTI		19.38 (0.4)	4/7/23			TM-5
200m	27		Megan CARDEN		29.06w (2.4)	4/14/23	1		1.00
200m	32		Mariella MICHITTI		29.28 (0.8)	4/15/23	0.8		0.80
400m	16	AA	Mariella MICHITTI		1:04.68	4/15/23	D 5	0.26	2.26
400m	35		Claudia CHERMAK		1:10.73	4/21/23	0.8		0.80
400H	4	AA	Mariella MICHITTI		1:11.79	4/15/23	24	2.47	26.47
400H	5	AA	Melissa CARDEN		1:12.74	4/15/23	22	2.14	24.14
800m	12	AA	Aja JACKSON		2:33.00	4/15/23	D 9	0.81	2.81
800m	24		Claudia CHERMAK		2:43.76	4/15/23	2		2.00
800m	38		Megan CARDEN		2:54.34	4/14/23	0.65		0.65
1500m	6	AA	Aja JACKSON		5:10.55	4/7/23	20	2.32	22.32
1500m	13	AA	Mariella MICHITTI		5:25.80	4/21/23	8	0.71	8.71
1500m	17	AA	Claudia CHERMAK		5:36.97	4/15/23	4.5		4.50
5000m	3	AA	Aja JACKSON		19:45.80	4/21/23	26	2.73	28.73
4x100	9	AA	Melissa CARDEN, Sydney VELEZ, Gianna LAWRENCE, Mariella MICHITTI		54.68	4/15/23	14	2.16	16.16
4x400	4	AA	Aja JACKSON, Claudia CHERMAK, Mariella MICHITTI, Melissa CARDEN		4:33.98	4/15/23	24	2.46	26.46
HJ	11	AA	Megan CARDEN		1.44m 4-8 3/4	4/14/23	D 10	1.07	3.07
LJ	8	AA	Melissa CARDEN		5.02m 16-5 3/4 (2.0)	4/15/23	D 16	1.51	3.51
LJ	11	AA	Gianna LAWRENCE		4.88mw 16-1/4 (3.6)	4/21/23	D 10	1.00	3.00
LJ	12	AA	Megan CARDEN		4.78m #Error	4/7/23	D 9	0.73	2.73
TJ	2	AA	Melissa CARDEN		10.54m 34-7 (0.0)	4/15/23	28	5.80	33.80
TJ	4	AA	Gianna LAWRENCE		10.28mw 33-8 3/4 (2.6)	4/21/23	24	3.56	27.56
SP	15		Megan CARDEN		8.85m 29-1/2	4/14/23	D 6	0.54	2.54
SP	26		Jocelyn HALL		7.47m 24-6 1/4	4/15/23	0.95		0.95
SP	32		Carlene PALMER		6.40m 21-0	4/15/23	0.65		0.65
SP	33		Nidia RICHARDSON		6.20m 20-4 1/4	4/21/23			TM-4
SP	36		Danielle WILLIAMS		5.38m 17-8	4/15/23			TM-5
DISC	26		Jocelyn HALL		19.26m 63-2 1/4	4/15/23	0.9		0.90
DISC	28		Carlene PALMER		18.44m 60-6	4/21/23	0.8		0.80



National TFRI Team Summary

WOMEN — 2023 Week #5, April 26

6

SUNY Broome CC

Region III

unch

LW: 6

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
▶ DISC	30		Nidia RICHARDSON		15.09m 49-6¼	4/21/23	0.7		0.70
▶ DISC	31		Danielle WILLIAMS		14.26m 46-9½	4/15/23			TM-4
▶ JAV	6	AA	Megan CARDEN		25.22m 82-9	4/14/23	20	2.02	22.02
▶ JAV	18		Jocelyn HALL		17.27m 56-8	4/21/23	4		4.00
▶ JAV	25		Nidia RICHARDSON		10.16m 33-4	4/21/23	0.95		0.95
▶ HEPT	1		Megan CARDEN		3,318	4/14/23	30		30.00

SUNY BROOME CC TFRI Team Total 337.53

7

Camden County (N.J.)

Region XIX

▲ 1

LW: 8

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	2	AA	Brianna DOUGLAS		12.85 (-0.1)	4/21/23	28	3.73	31.73
▶ 100H	3	AA	Idayat ADISA		16.58 (1.6)	4/7/23	26	2.61	28.61
▶ 200m	8	AA	Brianna DOUGLAS		27.15 (-0.6)	4/21/23	16	1.48	17.48
▶ 200m	39		Ally VINCENT		29.63 (-0.6)	4/21/23	0.6		0.60
▶ 200m	45		Abigail WEBB		30.59 (-0.7)	3/30/23	0.4		0.40
▶ 400m	15	AA	Idayat ADISA		1:04.59	4/21/23	D 6	0.29	2.29
▶ 400m	17	AA	Abigail WEBB		1:04.80	4/7/23	D 4.5	0.21	2.21
▶ 400m	31	AA	Ally VINCENT		1:08.73	3/30/23	0.9		0.90
▶ 400m	34		Julia KOERNER		1:10.06	4/21/23			TM-4
▶ 400H	11	AA	Idayat ADISA		1:17.55	4/7/23	D 10	1.07	3.07
▶ 400H	13	AA	Abigail WEBB		1:19.67	4/21/23	8	0.74	8.74
▶ 800m	7	AA	Abigail WEBB		2:27.85	4/21/23	18	1.90	19.90
▶ 4x100	5	AA	Brianna DOUGLAS, Ally VINCENT, Abigail WEBB, Idayat ADISA		52.81	4/21/23	22	3.18	25.18
▶ HJ	2	AA	Idayat ADISA		1.54m 5-½	4/21/23	28	3.49	31.49
▶ SP	3	AA	Kayla FRANKLIN		10.72m 35-2	3/30/23	26	3.19	29.19
▶ SP	8	AA	Amia GREEN		9.96m 32-8¼	4/21/23	16	1.72	17.72
▶ SP	13		Zuri RICHARDSON		9.04m 29-8	3/25/23	8	0.73	8.73
▶ DISC	4	AA	Kayla FRANKLIN		34.23m 112-4	3/30/23	24	3.69	27.69
▶ DISC	9	AA	Amia GREEN		29.98m 98-4½	4/7/23	14	1.36	15.36
▶ JAV	8	AA	Kayla FRANKLIN		24.90m 81-8½	3/30/23	D 16	1.88	3.88
▶ JAV	12		Amia GREEN		23.34m 76-7	3/30/23	9	1.42	10.42

CAMDEN COUNTY (N.J.) TFRI Team Total 285.59

8

RCSJ Gloucester (N.J.)

Region XIX

▼ 1

LW: 7

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	37		Avonna ANDERSON		14.78 (-0.4)	4/21/23	0.45		0.45
▶ 100H	15	AA	Susana SERRANO		19.08 (-1.2)	4/15/23	7	1.27	8.27
▶ 200m	17		Hailey HARTWYK		28.17 (-0.6)	4/21/23	D 4.5	0.11	2.11
▶ 200m	35		Ashton WISELEY		29.33 (-0.6)	4/21/23	0.7		0.70
▶ 400m	19	AA	Hailey HARTWYK		1:05.03	4/7/23	D 3.5	0.12	2.12
▶ 400m	35		Susana SERRANO		1:10.73	3/25/23	0.8		0.80
▶ 400m	47		Alyssa CONNOR		1:17.69	3/4/23	0.3		0.30
▶ 400H	9	AA	Susana SERRANO		1:14.54	4/21/23	14	1.56	15.56
▶ 400H	16	AA	Avonna ANDERSON		1:24.04	4/21/23	5	0.11	5.11
▶ 800m	8	AA	Ashton WISELEY		2:28.93	4/21/23	16	1.59	17.59
▶ 800m	26		Susana SERRANO		2:44.73	4/7/23	1		1.00
▶ 800m	27		Mackenzie COCHRAN		2:45.66	4/21/23	0.95		0.95
▶ 800m	35		Alexandra CAMPO		2:49.96	4/21/23			TM-4
▶ 800m	44		Alyssa CONNOR		2:59.92	3/30/23			TM-5
▶ 1500m	19	AA	Ashton WISELEY		5:39.01	3/30/23	3.5		3.50
▶ 1500m	26		Alexandra CAMPO		5:54.65	4/15/23	1		1.00
▶ 1500m	27		Mackenzie COCHRAN		5:56.75	3/30/23	0.95		0.95
▶ 5000m	15		Alexandra CAMPO		23:37.32	3/30/23	6	0.37	6.37
▶ 5000m	16		Alyssa CONNOR		24:20.75	3/30/23	5	0.09	5.09
▶ 4x100	8	AA	Avonna ANDERSON, Mackenzie COCHRAN, Hailey HARTWYK, Susana SERRANO		54.55	4/21/23	16	2.23	18.23
▶ 4x400	8	AA	Mackenzie COCHRAN, Hailey HARTWYK, Susana SERRANO, Ashton WISELEY		4:36.05	4/7/23	16	2.22	18.22
▶ 4x800	3	AA	Mackenzie COCHRAN, Ashton WISELEY, Alexandra CAMPO, Alyssa CONNOR		11:19.09	4/7/23	26	1.12	27.12
▶ PV	5	AA	Hailey HARTWYK		2.20m 7-2½	3/4/23	22		22.00
▶ LJ	23		Hailey HARTWYK		4.34m 14-3 (0.0)	4/21/23	1.5		1.50
▶ LJ	29		Avonna ANDERSON		3.90m 12-9½ (0.0)	4/21/23	0.8		0.80
▶ LJ	30		Susana SERRANO		3.84m 12-7¼ (0.0)	4/21/23	0.75		0.75
▶ TJ	8	AA	Hailey HARTWYK		9.59m 31-5¾ (0.1)	4/21/23	16	0.43	16.43
▶ SP	16		Mariella FARRELL		8.39m 27-6½	3/4/23	5	0.08	5.08
▶ DISC	1	AA	Mariella FARRELL		36.58m 120-0	4/7/23	30	5.33	35.33
▶ HT	2	AA	Mariella FARRELL		36.47m 119-8	4/21/23	28	5.30	33.30
▶ JAV	9		Sloane GENOVESE		24.64m 80-10¼	4/21/23	14	1.76	15.76

National TFRI Team Summary

as of 4/24/23 7:14 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

8

RCSJ Gloucester (N.J.)

Region XIX



1

LW: 7

[illegible]

9

Herkimer County (N.Y.) CC

Region III



1

LW: 10

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	12	:AA	Jynnae STEVENS	13.48	(0.1)	4/21/23	9	0.55	9.55
▶ 100m	35		Alisea SCOTT	14.70w	(7.0)	4/1/23	0.55		0.55
▶ 100H	13	:AA	Madison ALTAMURA	19.00w	(3.4)	4/15/23	8	1.30	9.30
▶ 200m	13	:AA	Jynnae STEVENS	27.78w	(5.4)	4/1/23	8	0.52	8.52
▶ 400m	42		Alisea SCOTT	1:12.54		4/15/23	0.5		0.50
▶ 400H	7	:AA	Lydia REIMER	1:13.41		4/7/23	18	1.92	19.92
▶ 400H	8	:AA	Breanne MILLSON	1:13.67		4/1/23	16	1.83	17.83
▶ 400H	12	:AA	Madison ALTAMURA	1:19.50		4/7/23	9	0.76	9.76
▶ 800m	6	:AA	Amelia BOWMAN-MCCOY	2:27.49		4/21/23	D 20	2.01	4.01
▶ 800m	25		Lydia REIMER	2:43.85		4/15/23	1.5		1.50
▶ 800m	32		Breanne MILLSON	2:47.05		4/7/23	0.75		0.75
▶ 800m	34		Madison ALTAMURA	2:49.12		4/15/23			TM-4
▶ 1500m	5	:AA	Amelia BOWMAN-MCCOY	5:09.49		4/15/23	22	2.47	24.47
▶ 1500m	32		Madison ALTAMURA	6:23.52		4/1/23	0.75		0.75
▶ 5000m	6	:AA	Amelia BOWMAN-MCCOY	20:15.62		4/1/23	20	2.14	22.14
▶ 4x100	6	:AA	Breanne MILLSON, Gianna RUTHERFORD, Alisea SCOTT, Jynnae STEVENS	53.47		4/21/23	20	2.81	22.81
▶ 4x400	7	:AA	Lydia REIMER, Jynnae STEVENS, Amelia BOWMAN-MCCOY, Breanne MILLSON	4:35.80		4/7/23	18	2.25	20.25
▶ 4x800	5	:AA	Breanne MILLSON, Lydia REIMER, Amelia BOWMAN-MCCOY, Jynnae STEVENS	11:56.03		4/21/23	22		22.00
▶ PV	3	:AA	Gianna RUTHERFORD	2.40m	7-10½	4/21/23	26	0.86	26.86
▶ LJ	17		Gianna RUTHERFORD	4.42m	14-6 (1.1)	4/21/23	4.5		4.50
▶ SP	22		Isabella SMITH	8.02m	26-3¼	4/7/23	2.5		2.50
▶ DISC	10	:AA	Isabella SMITH	28.56m	93-8½	4/21/23	12	0.94	12.94
▶ HT	12		Isabella SMITH	17.89m	58-8½	4/15/23	9		9.00
▶ JAV	22		Isabella SMITH	15.82m	51-11	4/1/23	2		2.00

HERKIMER COUNTY (N.Y.) CC TFR/ Team Total 252.40

10

Mohawk Valley (N.Y.) CC

Region III



1

LW: 9

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	6	:AA	Moenae WASHINGTON	13.11w	(2.6)	4/15/23	20	1.98	21.98	
▶ 100m	11	:AA	Iveion SEABROOKS	13.44w	(2.6)	4/15/23	10	0.65	10.65	
▶ 100m	20		Olga AKHRENMENKO	13.83w	(2.1)	4/15/23	3		3.00	
▶ 100m	26		Toni BROWN	14.03w	(2.1)	4/15/23			TM-4	
▶ 100m	47		Kyleia SMITH	15.76	(0.3)	4/21/23			TM-5	
▶ 200m	6	:AA	Moenae WASHINGTON	27.02	(1.5)	4/15/23	20	1.76	21.76	
▶ 200m	29		Iveion SEABROOKS	29.11w	(2.8)	4/15/23	0.9		0.90	
▶ 200m	41		Toni BROWN	29.85w	(5.1)	4/1/23	0.5		0.50	
▶ 200m	43		Olga AKHRENMENKO	30.00w	(5.1)	4/1/23			TM-4	
▶ 400m	18	:AA	Taylor HARVEY	1:04.98		4/21/23	D	4	0.14	2.14
▶ 400m	41		Olga AKHRENMENKO	1:12.45		4/21/23		0.55		0.55
▶ 400H	18		Yasmin WASHINGTON	1:34.34		4/1/23		4		4.00
▶ 800m	5	:AA	Taylor HARVEY	2:26.23		4/21/23	D	22	2.38	4.38
▶ 800m	48		Lacey MERIDETH	3:20.00		4/15/23		0.275		0.28
▶ 1500m	2	:AA	Taylor HARVEY	4:59.01		4/21/23		28	4.68	32.68
▶ 1500m	34		Lacey MERIDETH	7:10.58		4/7/23		0.65		0.65
▶ Steeple	2	I:N.	Taylor HARVEY	11:52.05		4/15/23		28	14.10	42.10
▶ 5000m	2	I:N.	Taylor HARVEY	18:52.12		4/7/23	D	28	4.12	6.12
▶ 4x100	7	:AA	Moenae WASHINGTON, Olga AKHRENMENKO, Toni BROWN, Iveion SEABROOKS	53.71		4/15/23		18	2.68	20.68
▶ 4x400	6	:AA	Moenae WASHINGTON, Toni BROWN, Olga AKHRENMENKO, Taylor HARVEY	4:34.94		4/15/23		20	2.35	22.35
▶ HJ	16		Iveion SEABROOKS	1.36m	4-5½	4/21/23		5	0.16	5.16
▶ LJ	23		Iveion SEABROOKS	4.34m	14-3 (1.1)	4/15/23		1.5		1.50
▶ LJ	31		Yasmin WASHINGTON	3.83m	12-6¾	2/11/23		0.7		0.70
▶ SP	35		Cheryl BIELBY	5.61m	18-5	4/15/23		0.55		0.55
▶ HT	13		Cheryl BIELBY	16.12m	52-10¾	4/15/23		8		8.00
▶ JAV	20		Cheryl BIELBY	16.90m	55-5½	4/15/23		3		3.00

MOHAWK VALLEY (N.Y.) CC TFRI Team Total	213.62
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National TFRI Team Summary

as of 4/24/23 7:14 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

11

Onondaga (N.Y.) CC

Region III

unch

LW: 11

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 100m	1	:AA	Karizma BRATHWAITE	12.41w	(4.4)	4/21/23	30	7.19	37.19
► 100m	41		Emily RIGHTMYRE	15.16	(1.8)	4/7/23	0.275		0.28
► 200m	1	:AA	Karizma BRATHWAITE	25.58w	(5.2)	4/21/23	30	6.38	36.38
► 200m	42		Imanni MCKENZIE	29.87w	(3.5)	4/21/23	0.45		0.45
► 400m	5	:AA	Karizma BRATHWAITE	1:01.39		4/15/23	D 22	2.56	4.56
► 400m	49		Eva MURPHY	1:18.63		4/15/23	0.275		0.28
► LJ	1	:AA	Karizma BRATHWAITE	5.51mw	18-1 (2.7)	4/21/23	D 30	4.46	6.46
► SP	23		Lauren SHALER	7.88m	25-10¼	2/4/23	2		2.00
► DISC	3	:AA	Bryn WHITMAN	35.41m	116-2	4/7/23	26	4.42	30.42
► HT	5	:AA	Lauren SHALER	30.92m	101-6	4/15/23	22	3.42	25.42
► JAV	1	:AA	Bryn WHITMAN	30.43m	99-10	4/21/23	30	5.14	35.14

ONONDAGA (N.Y.) CC TFRI Team Total	178.56
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12

Queensborough (N.Y.) CC

Region XV

:

LW: 13

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	44		Shivangi SHARMA		15.31	(-0.2)	4/2/23	0.2	0.20
▶ 100H	18		Ange COMPERE		23.51	(-1.3)	4/2/23	5 0.05	5.05
▶ 200m	38		Shivangi SHARMA		29.60	#Error	3/25/23	0.65	0.65
▶ 200m	49		Julianne COSSIN		31.35		1/20/23	0.275	0.28
▶ 400m	43		Shivangi SHARMA		1:15.19		4/15/23	0.45	0.45
▶ 400m	45		Darlyn PACHECO		1:17.15		2/18/23	0.4	0.40
▶ 400m	46		Kafilat YEKINNI		1:17.65		2/3/23	0.35	0.35
▶ 800m	39		Julianne COSSIN		2:57.16		1/13/23	0.6	0.60
▶ 800m	42		Darlyn PACHECO		2:59.43		1/13/23	0.5	0.50
▶ 800m	45		Shivangi SHARMA		3:08.21		1/13/23	0.4	0.40
▶ 800m	49		Kafilat YEKINNI		3:20.16		2/18/23		TM-4
▶ 800m	50		Andrea RIVERA		3:23.00		4/2/23		TM-5
▶ 1500m	30		Darlyn PACHECO		6:06.10		2/18/23	0.85	0.85
▶ 1500m	35		Andrea RIVERA		7:10.88		2/18/23	0.6	0.60
▶ 1500m	36		Shivangi SHARMA		7:18.31		1/20/23	0.55	0.55
▶ Steeple	5		Andrea RIVERA		17:41.68		4/7/23	22	22.00
▶ 10,000m	4	AA	Darlyn PACHECO		48:59.51		4/7/23	24	24.00
▶ 4x100	10		Arielle ALLERT, Kafilat YEKINNI, Darlyn PACHECO, Shivangi SHARMA		1:02.52		4/2/23	12 0.13	12.13
▶ 4x400	10		Shivangi SHARMA, Darlyn PACHECO, Kafilat YEKINNI, Andrea RIVERA		5:11.69		4/2/23	12 0.15	12.15
▶ 4x800	6		https://www.tfrs.org/team/s/8056		12:50.80		4/17/23	20	20.00
▶ LJ	20		Kafilat YEKINNI		4.38m	#Error	4/15/23	3	3.00
▶ SP	18		Kaylah ATTIS		8.38m	27-6	1/13/23	4 0.07	4.07
▶ SP	24		Ange COMPERE		7.80m	25-7¼	1/6/23	1.5	1.50
▶ DISC	12		Kaylah ATTIS		26.55m	87-1¼	4/2/23	9 0.33	9.33
▶ DISC	23		Ange COMPERE		20.59m	67-6¾	4/2/23	1.5	1.50
▶ DISC	29		Arielle ALLERT		17.08m	56-½	3/25/23	0.75	0.75
▶ HT	10		Kaylah ATTIS		20.09m	65-11	4/2/23	12	12.00
▶ HT	11		Arielle ALLERT		18.37m	60-3¼	4/2/23	10	10.00
▶ HT	14		Ange COMPERE		14.21m	46-7½	4/2/23	7	7.00
▶ JAV	23		Kaylah ATTIS		14.71m	48-3¼	4/2/23	1.5	1.50
▶ JAV	24		Arielle ALLERT		14.22m	46-8	4/2/23	1	1.00

QUEENSBOROUGH (N.Y.) CC TFR1 Team Total 152.82

National TFRI Team Summary

as of 4/24/23 7:14 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

13

Middlesex County (N.J.)
(none selected)



3

LW: 16

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	1	:AA	Raven ORANGE	15.68	(0.5)	4/22/23	30	3.66	33.66
▶ 200m	3	:AA	Raven ORANGE	26.47w	(2.6)	3/24/23	D 26	3.28	5.28
▶ 400m	6	:AA	Raven ORANGE	1:02.11		3/24/23	D 20	1.84	3.84
▶ 400H	1	:AA	Raven ORANGE	1:06.51		4/22/23	30	5.01	35.01
▶ HJ	8	:AA	Tonna OGINA	1.46m	4-9½	4/22/23	D 16	1.46	3.46
▶ LJ	2	:AA	Tonna OGINA	5.47m	#Error	4/15/23	28	4.16	32.16
▶ TJ	5	:AA	Tonna OGINA	10.26m	33-8 (0.0)	4/22/23	22	3.47	25.47
▶ SP	16		Jenna KIPNIS	8.39m	27-6½	4/22/23	5	0.08	5.08
▶ DISC	21		Madison SCHWALBACH	22.42m	73-6¾	4/15/23	2.5		2.50
▶ DISC	22		Jenna KIPNIS	22.05m	72-4¼	4/15/23	2		2.00
MIDDLESEX COUNTY (N.J.) TFR1 Team Total									148.45

14

Howard (Md.) CC
Region XX



2

LW: 12

Event	NPR	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	15	:AA	Blessing OMONIYI		13.54 (0.8)	3/31/23	6	0.41	6.41
▶ 100m	24		Blessing OMONIYI		13.97w (2.8)	3/3/23	1.5		1.50
▶ 100m	30		Rashelle BUYNUM		14.24 (1.7)	4/22/23	0.8		0.80
▶ 200m	23		Blessing OMONIYI		28.57 (-0.5)	3/31/23	3		3.00
▶ 400m	40		Nhaikyia SMITH		1:12.42	4/8/23	0.6		0.60
▶ 400H	17	:AA	Blessing OMONIYI		1:25.43	4/8/23	4.5		4.50
▶ 800m	16	:AA	Nhaikyia SMITH		2:35.25	4/15/23	7	0.50	7.50
▶ LJ	16		Blessing OMONIYI		4.56m 14-11½ (0.0)	3/3/23	5	0.13	5.13
▶ LJ	22		Nhaikyia SMITH		4.36m 14-3¾ (0.4)	4/15/23	2		2.00
▶ LJ	25		Blessing OMONIYI		4.31m 14-1¾ (-1.1)	3/31/23	0.95		0.95
▶ LJ	26		Rashelle BUYNUM		4.28m 14-½ (-0.3)	4/22/23			TM-4
▶ SP	2	:AA	Cabaret GOINGS		11.08m 36-4¼	3/31/23	28	4.12	32.12
▶ SP	7	:AA	Na'Shae EARLY		10.27m 33-8½	3/31/23	D 18	2.28	4.28
▶ SP	30		Briana JACKSON		6.63m 21-9	4/15/23	0.75		0.75
▶ DISC	2	:AA	Na'Shae EARLY		35.66m 117-0	4/8/23	28	4.61	32.61
▶ DISC	14		Cabaret GOINGS		26.24m 86-1¼	4/8/23	7	0.24	7.24
▶ DISC	25		Briana JACKSON		19.80m 64-11½	3/31/23	0.95		0.95
▶ HT	3	:AA	Na'Shae EARLY		36.12m 118-6	4/22/23	26	5.13	31.13
▶ JAV	4	:AA	Na'Shae EARLY		26.07m 85-6½	4/15/23	D 24	2.41	4.41
HOWARD (MD.) CC TFRI Team Total									145.89

15

Hudson Valley (N.Y.) CC



1

LW: 14

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	10	:AA	SETALNISA OSMAN-MERGANI		13.36w (2.6)	4/21/23	12	0.84	12.84
▶ 100m	21		Sanbegoure MEDA		13.86 (0.5)	4/8/23	2.5		2.50
▶ 100m	48		Ellicia SWEDISH		15.78 (0.0)	4/21/23	0.125		0.13
▶ 200m	25		Sanbegoure MEDA		28.63 (-2.8)	4/8/23	2		2.00
▶ 200m	26		SETALNISA OSMAN-MERGANI		28.80w (2.4)	3/26/23	1.5		1.50
▶ 400m	12	:AA	Sanbegoure MEDA		1:04.14	4/21/23	9	0.48	9.48
▶ 800m	46		Ellicia SWEDISH		3:09.28	2/18/23	0.35		0.35
▶ 1500m	33		Ellicia SWEDISH		6:42.84	1/28/23	0.7		0.70
▶ Steeple	4		Ellicia SWEDISH		17:01.51	4/8/23	24		24.00
▶ HJ	7	:AA	Alyssa BRUNO		1.48m 4-10¼	3/26/23	18	1.90	19.90
▶ LJ	18		Alyssa BRUNO		4.41m #Error	4/15/23	4		4.00
▶ LJ	28		Sanbegoure MEDA		4.13m 13-6¾	1/28/23	0.85		0.85
▶ SP	19		Sophie ERICSON		8.26m 27-1¼	4/8/23	3.5		3.50
▶ SP	28		Isabella GUYER		6.92m 22-8½	4/1/23	0.85		0.85
▶ DISC	15		Sophie ERICSON		25.95m 85-1¼	4/21/23	6	0.15	6.15
▶ DISC	24		Isabella GUYER		19.84m 65-1¼	4/1/23	1		1.00
▶ HT	7		Isabella GUYER		25.23m 82-9½	4/21/23	18	1.61	19.61
▶ JAV	10		Alyssa BRUNO		23.83m 78-2¼	4/8/23	12	1.55	13.55
▶ JAV	21		Isabella GUYER		16.71m 54-10	4/1/23	2.5		2.50
HUDSON VALLEY (N.Y.) CC TFRI Team Total									125.41



National TFRI Team Summary

WOMEN — 2023 Week #5, April 26

16

Finger Lakes (N.Y.) CC

Region III

▼ 1

LW: 15

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 800m	18	:AA	Leah LLOYD		2:37.47	4/8/23	D 5	0.21	2.21	
▶ 800m	47		Morgan CHENEY		3:10.16	1/21/23	0.3		0.30	
▶ 1500m	3	:AA	Leah LLOYD		5:04.57	4/8/23	26	3.42	29.42	
▶ 1500m	29		Morgan CHENEY		6:05.12	4/22/23	0.9		0.90	
▶ Steeple	1	I:N.	Leah LLOYD		11:38.78	4/22/23	30	15.37	45.37	
▶ Steeple	3	:AA	Morgan CHENEY		14:52.52	4/2/23	26	0.54	26.54	
▶ SP	27		Morgan CHENEY		6.93m	22-9	4/22/23	0.9	0.90	
▶ JAV	14		Leah LLOYD		22.52m	73-10¾	4/8/23	D 7	1.20	3.20
▶ JAV	17		Morgan CHENEY		17.43m	57-2¼	4/8/23	4.5		4.50

FINGER LAKES (N.Y.) CC TFRI Team Total 113.34

17

St. Charles (Mo.) CC

Region XVI

unch

LW: 17

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	4	:AA	Julianne HANSEN		12.92w (2.9)	4/15/23	24	3.20	27.20
▶ 100m	16	:AA	Katie MAJORS		13.58w (2.9)	4/15/23	5	0.32	5.32
▶ 200m	7	:AA	Julianne HANSEN		27.08w (3.3)	4/15/23	18	1.63	19.63
▶ 400m	20	:AA	Katie MAJORS		1:05.04	4/15/23	D 3	0.12	2.12
▶ 400m	22	:AA	Julianne HANSEN		1:05.39	4/7/23	2		2.00
▶ HJ	3	:AA	Katie MAJORS		1.53m 5-¼	4/15/23	26	3.17	29.17

ST. CHARLES (MO.) CC TFRI Team Total 85.43

18

Nassau (N.Y.) CC

Region XV

▲ 2

LW: 20

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
100m	17	AA	Natalya RODNEY		13.62w (2.6)	4/2/23	D 4.5	0.22	2.22
200m	2	AA	Natalya RODNEY		26.04 (-0.3)	4/21/23	28	4.75	32.75
400m	2	AA	Natalya RODNEY		59.67	4/15/23	28	4.84	32.84

NASSAU (N.Y.) CC TFRI Team Total 67.81

19

York (Maine) CC

(none selected)

▼ 1

LW: 18

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 800m	29		Amy STANEK		2:46.32	4/14/23	0.85		0.85	
▶ 1500m	16	:AA	Amy STANEK		5:33.26	4/8/23	5	0.22	5.22	
▶ 5000m	10	:AA	Amy STANEK		21:16.09	4/8/23	12	1.39	13.39	
▶ SP	10	:AA	Izze GRAY		9.35m	30-8¼	1/28/23	12	1.03	13.03
▶ DISC	16		Izze GRAY		25.70m	84-4	4/14/23	5	0.08	5.08
▶ HT	6	:AA	Izze GRAY		29.86m	97-11¾	4/8/23	20	3.08	23.08

YORK (MAINE) CC TFRI Team Total 60.65

20

Prince George's (Md.) CC

(none selected)

▼ 1

LW: 19

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	25		Serena PRINCE		14.02 (0.9)	4/8/23	1		1.00
▶ 100m	34		Blessing NWOKE		14.61 #Error	4/15/23	0.6		0.60
▶ 100m	42		Sidni VERNON-ANDREWS		15.24w (2.6)	4/8/23	0.25		0.25
▶ 100m	49		Anana ISAAC		15.80w (2.6)	4/8/23			TM-4
▶ HJ	17		Serena PRINCE		1.32m 4-4	4/8/23	4.5		4.50
▶ LJ	15		Serena PRINCE		4.58m 15-½ (-0.3)	4/8/23	6	0.18	6.18
▶ LJ	32		Anana ISAAC		3.59m 11-9½ (-0.4)	4/8/23	0.65		0.65
▶ TJ	3	AA	Serena PRINCE		10.39m 34-1¼ (-1.2)	4/8/23	26	4.50	30.50
▶ TJ	11		Blessing NWOKE		8.48m 27-10 (1.2)	4/15/23	10		10.00

PRINCE GEORGE'S (MD.) CC TFRI Team Total 53.68

21

Bergen (N.J.) CC

(none selected)

unch

LW: 21

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season										
▶ 100m	50		Kylie MACRAE		15.81	(-0.8)	3/31/23	0.1	0.10	
▶ SP	14		Erin KARAWAY		8.91m	29-2¾	4/8/23	7	0.60	7.60
▶ SP	34		Kaylie QUEZADA		5.74m	18-10	4/8/23	0.6		0.60
▶ DISC	6	AA	Erin KARAWAY		31.64m	103-10	4/15/23	20	2.26	22.26
▶ DISC	17		Kaylie QUEZADA		24.26m	79-7¼	4/15/23	4.5		4.50

BERGEN (N.J.) CC TFRI Team Total 35.05



National TFRI Team Summary

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2023 Week #5, April 26

29

Triton (Ill.)

(none selected)

▼ 1

LW: 28

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 200m	50		Kennedy BOLDEN		31.56	2/17/23	0.25		0.25
▶ LJ	33		Kennedy BOLDEN		3.35m	11-0	2/4/23	0.6	0.60
▶ SP	31		Imani PORTEE		6.54m	21-5½	2/11/23	0.7	0.70

TRITON (ILL.) TFRI Team Total 1.55

30

Roxbury CC

Region XXI

unch

LW: 30

Event	NPR	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	33		Jennifer ASUEN		14.52	(0.0)	4/1/23	0.65	0.65
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ROXBURY CC TFRI Team Total 0.65