



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2024 Week #1, March 25



Central

as of 3/25/2024 4:34:17 PM ET

Men's 100 Meters

1	2	Divine RICE	FR	#2 Howard (Md.) CC	11.07	(0.6)	3/16
2	3	Zack MCGEE	FR	#3 St. Charles (Mo.)	11.28	(-1.5)	3/23
2	3	Jahmal JONES	FR	#4 Patrick & Henry I	11.28	(0.0)	3/16
4	5	Sie'ntez LERMA	SO	#1 Mineral Area (Mc	11.29	(1.2)	3/23
5	9	Emmanuel ADDO	FR	#2 Howard (Md.) CC{2}	11.34	(0.2)	3/16
6	11	Rojae CAMPBELL	FR	#2 Howard (Md.) CC{3}	11.48	(0.4)	3/16
7	12	Charles YOUNG	FR	#3 St. Charles (Mo.){2}	11.51	(0.1)	3/23
8	14	Anthony TREADWELL	SO	#1 Mineral Area (Mc{2}	11.57	(-1.5)	3/23
9	15	Jamari JOHNSON	SO	#4 Patrick & Henry I{2}	11.65	(1.9)	3/16
10	17	Mife OSINUBI	FR	#2 Howard (Md.) CC{4}	11.75	(0.2)	3/16

Men's 110 Meter Hurdles

1	2	Chase VICKERY	FR	#3 St. Charles (Mo.)	15.43	(0.5)	3/16
2	3	Mitchell LUTES	FR	#1 Mineral Area (Mc	16.54	(0.1)	3/23
3	4	Cory MILLER	FR	#1 Mineral Area (Mc{2}	17.73	(0.1)	3/23

Men's 200 Meters

1	1	Sie'ntez LERMA	SO	#1 Mineral Area (Mc	22.40	(0.9)	3/23
2	2	Divine RICE	FR	#2 Howard (Md.) CC	22.65	(-0.4)	3/16
3	5	Zack MCGEE	FR	#3 St. Charles (Mo.)	22.91	(1.7)	3/16
4	6	Dylan MORRISON	SO	#1 Mineral Area (Mc{2}	22.95	(1.2)	3/23
5	8	Mife OSINUBI	FR	#2 Howard (Md.) CC{2}	23.07	(1.3)	3/23
6	11	Emmanuel ADDO	FR	#2 Howard (Md.) CC{3}	23.20	(-0.2)	3/16
7	13	Nazeer ENGLAND	FR	#2 Howard (Md.) CC{4}	23.46w	(2.5)	3/23
8	16	Rojae CAMPBELL	FR	#2 Howard (Md.) CC{5}	23.69	(1.3)	3/23
9	17	Charles YOUNG	FR	#3 St. Charles (Mo.){2}	23.77	(1.0)	3/23
10	18	Zach BRISTOL	FR	#3 St. Charles (Mo.){3}	23.86	(1.6)	3/23

Men's 400 Meters

1	3	Nazeer ENGLAND	FR	#2 Howard (Md.) CC	52.01		3/16
2	4	Mife OSINUBI	FR	#2 Howard (Md.) CC{2}	52.62		3/16
3	5	Nicholas HAYLOCK	SR	#2 Howard (Md.) CC{3}	53.01		3/23
4	6	Zach BRISTOL	FR	#3 St. Charles (Mo.)	53.33		3/16
5	8	Charles BOCKENKAMP	FR	#1 Mineral Area (Mc	53.94		3/23
6	10	Emmanuel ADDO	FR	#2 Howard (Md.) CC{4}	57.09		3/23
7	11	Joshua ADAMS	FR	#6 Delaware County	58.47		3/16
8	12	Riley BRIM	SO	#4 Patrick & Henry I	58.48		3/16

Men's 400 Meter Hurdles

1	1	Chase VICKERY	FR	#3 St. Charles (Mo.)	57.76		3/16
2	2	Charles BOCKENKAMP	FR	#1 Mineral Area (Mc	1:01.66		3/23
3	3	Cory MILLER	FR	#1 Mineral Area (Mc{2}	1:01.82		3/23
4	4	Eli AMOAH	JR	#5 Triton (Ill.)	1:03.14		3/23

Men's 800 Meters

1	2	Brad AHRENS	SO	#1 Mineral Area (Mc	1:58.90		3/23
2	3	Brandon MCMILLEN	FR	#2 Howard (Md.) CC	2:02.41		3/23
3	4	Scott MANNING	FR	#4 Patrick & Henry I	2:04.86		3/16
4	5	Nathan ST. CLAIR	FR	#1 Mineral Area (Mc{2}	2:07.14		3/23
5	6	Levi WIEGAND	SO	#1 Mineral Area (Mc{3}	2:07.93		3/23
6	7	Robert ROLAND	FR	#1 Mineral Area (Mc{4}	2:11.16		3/23
7	8	Dominic VERI	SO	#2 Howard (Md.) CC{2}	2:12.55		3/16
8	11	Aiden JEFFERSON	SO	#3 St. Charles (Mo.)	2:20.66		3/23
9	13	Thiernod FAYE	SO	#6 Delaware County	2:30.64		3/16
10	14	Donovan HUGHES	FR	#6 Delaware County{2}	2:40.30		3/16

Men's 1500 Meters

1	1	Brad AHRENS	SO	#1 Mineral Area (Mc	4:07.24		3/23
2	2	Brandon MCMILLEN	FR	#2 Howard (Md.) CC	4:27.13		3/16
3	3	Nathan ST. CLAIR	FR	#1 Mineral Area (Mc{2}	4:32.65		3/23
4	6	Robert ROLAND	FR	#1 Mineral Area (Mc{3}	4:48.99		3/23
5	7	Dominic VERI	SO	#2 Howard (Md.) CC{2}	4:49.47		3/23
6	10	Aiden JEFFERSON	SO	#3 St. Charles (Mo.)	5:12.36		3/23
7	11	Benjamin FLORES	FR	#4 Patrick & Henry I	5:13.05		3/16
8	12	Rodolfo HILL	SO	#5 Triton (Ill.)	6:55.51		3/23

Men's 5000 Meters

1	1	Ryan THIBAudeau	FR	#2 Howard (Md.) CC	16:34.48		3/16
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Men's 4x100 Relay

1	2	Divine Rice, Mife Osinubi, Emmanuel Addo, Nicholas Haylock	#2 Howard (Md.) CC	43.53		3/23
2	4	Riley Brim, Brendon Easley, Jamari Johnson, Jahmal Jones	#4 Patrick & Henry I	45.14		3/16
3	5	Anthony Beacham, Juan Cano, Nathaniel Corpuz, Eli Amoah	#5 Triton (Ill.)	48.07		3/23

Men's 4x400 Relay

1	1	Nicholas Haylock, Mife Osinubi, Emmanuel Addo, Nazeer England	#2 Howard (Md.) CC	3:33.90		3/16
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Men's High Jump

1	1	Toby BROWN	SO	#1 Mineral Area (Mc	1.75m	5-8¾	3/23
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Men's Pole Vault

1	1	Sergio DARABCSEK	#3 St. Charles (Mo.)	3.80m	12-5½		3/16
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Men's Long Jump

1	1	Austin DUNN	SO	#1 Mineral Area (Mc	6.48m	21-3¼ (0.0)	3/23
2	2	Pedro EGUDU	FR	#2 Howard (Md.) CC	6.43m	21-1¼ (0.7)	3/16
3	3	Isaac BUYONDO	FR	#2 Howard (Md.) CC{2}	6.19m	20-3¾ (0.0)	3/16
4	4	Anthony TREADWELL	SO	#1 Mineral Area (Mc{2}	6.08mw	19-11½ (2.3)	3/23



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Central

as of 3/25/2024 4:34:18 PM ET

Men's Triple Jump

1	1	Isaac BUYONDO	FR	#2 Howard (Md.) CC	13.70m	44-11½ (1.2)	3/23
2	2	Pedro EGUDU	FR	#2 Howard (Md.) CC{2}	12.72mw	41-8¾ (2.2)	3/16
3	3	Anthony TREADWELL	SO	#1 Mineral Area (Mc	12.49m	40-11¾ (1.1)	3/23
4	4	Austin DUNN	SO	#1 Mineral Area (Mc{2}	12.16m	39-10¾ (1.8)	3/23

Men's Shot Put

1	1	Trenton BRASWELL	SO	#1 Mineral Area (Mc	14.40m	47-3	3/23
2	2	Dale PROPST	SO	#1 Mineral Area (Mc{2}	13.01m	42-8¼	3/23
3	3	Konner ARMSTRONG	FR	#1 Mineral Area (Mc{3}	10.76m	35-3¾	3/23
4	4	Harold LASSITER	FR	#1 Mineral Area (Mc{4}	10.60m	34-9½	3/23
5	7	Gabriel DE LA MORA	FR	#5 Triton (Ill.)	9.30m	30-6¼	3/23
6	8	Sam PEREZ	SO	#5 Triton (Ill.)	{2} 8.43m	27-8	3/23

Men's Discus

1	1	Trenton BRASWELL	SO	#1 Mineral Area (Mc	46.25m	151-9	3/23
2	3	Konner ARMSTRONG	FR	#1 Mineral Area (Mc{2}	32.98m	108-3	3/23
3	4	Dale PROPST	SO	#1 Mineral Area (Mc{3}	30.24m	99-2½	3/23
4	5	Harold LASSITER	FR	#1 Mineral Area (Mc{4}	29.69m	97-5	3/23

Men's Hammer

1	1	Trenton BRASWELL	SO	#1 Mineral Area (Mc	46.00m	150-11	3/23
2	2	Dale PROPST	SO	#1 Mineral Area (Mc{2}	38.60m	126-8	3/23
3	4	Harold LASSITER	FR	#1 Mineral Area (Mc{3}	24.64m	80-10¼	3/23

Men's Javelin

1	1	Trenton BRASWELL	SO	#1 Mineral Area (Mc	51.41m	168-8	3/23
2	3	Harold LASSITER	FR	#1 Mineral Area (Mc{2}	46.34m	152-1	3/23
3	4	Peyton WOMBLE	FR	#1 Mineral Area (Mc{3}	42.42m	139-2	3/23
4	5	Dale PROPST	SO	#1 Mineral Area (Mc{4}	42.11m	138-2	3/23
5	6	Wesley BOATENG	FR	#2 Howard (Md.) CC	18.13m	59-5¾	3/16



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East

as of 3/25/2024 4:34:18 PM ET

Men's 100 Meters

1	1	Tiondre FREET		#2	Springfield Tech	11.05	(-1.3)	3/16
2	5	J'den JACKSON		#2	Springfield Tech{2}	11.29	(-1.3)	3/16
3	7	Fitzgerald ASHER	FR	#3	Camden County	11.32	(1.9)	3/16
4	8	Mario CARTER		#2	Springfield Tech{3}	11.33	(-0.7)	3/16
5	10	Michael BUSBEE	SO	#3	Camden County {2}	11.38	(1.3)	3/16
6	12	Simba MAZARURA	SO	#3	Camden County {3}	11.51	(0.1)	3/16
7	16	Ainsley DALEY	SO	#3	Camden County {4}	11.70	(1.9)	3/16
8	20	Kaelani MARQUIS		#2	Springfield Tech{4}	12.07	(-0.7)	3/16
9	21	Heriberto CAMACHO	FR	#1	RCSJ Gloucester	12.19	(-1.9)	3/2
10	22	Angel GARNETT-WILLIS	FR	#1	RCSJ Gloucester{2}	12.20	(0.1)	3/16

Men's 110 Meter Hurdles

1	1	Davonte VANTERPOOL	#2	Springfield Tech	14.04	(1.0)	3/16
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Men's 200 Meters

1	3	Tiondre FRET		#2	Springfield Tech	22.75	(-0.7)	3/16
2	4	Jaheem LENNARD		#2	Springfield Tech{2}	22.81	(0.0)	3/16
3	7	Joshua WASHINGTON	FR	#1	RCSJ Gloucester	23.03	(1.7)	3/16
4	8	J'den JACKSON		#2	Springfield Tech{3}	23.07	(-0.7)	3/16
5	10	Mario CARTER		#2	Springfield Tech{4}	23.11	(-0.7)	3/16
6	12	Michael BUSBEE	SO	#3	Camden County	23.42	(2.0)	3/16
7	14	Fitzgerald ASHER	FR	#3	Camden County {2}	23.53	(0.5)	3/16
8	15	J'Mari DUHANEY		#2	Springfield Tech{5}	23.58	(-1.6)	3/16
9	21	Heriberto CAMACHO	FR	#1	RCSJ Gloucester{2}	24.08	(1.7)	3/16
10	23	Ainsley DALEY	SO	#3	Camden County {3}	24.39	(2.0)	3/16

Men's 400 Meters

1	1	Adriano GUMBS	#2	Springfield Tech	48.25		3/16
2	2	J'Mari DUHANEY	#2	Springfield Tech{2}	51.59		3/16
3	7	Joshua WASHINGTON	FR	#1	RCSJ Gloucester	53.39	3/2
4	9	Heriberto CAMACHO	FR	#1	RCSJ Gloucester{2}	54.46	3/16

Men's 800 Meters

1	1	Jonathan LYNCH	#2	Springfield Tech	1:56.37		3/16
2	9	Benjamin KELLUM	SO	#1	RCSJ Gloucester	2:16.26	3/16
3	10	Elijah CLARK	FR	#3	Camden County	2:17.89	3/16
4	12	John SCHILLING	SO	#1	RCSJ Gloucester{2}	2:24.07	3/16

Men's 1500 Meters

1	4	Gavin CASELLA	#1	RCSJ Gloucester	4:37.33		3/16
2	5	Benjamin KELLUM	SO	#1	RCSJ Gloucester{2}	4:47.67	3/2
3	8	Elijah CLARK	FR	#3	Camden County	4:55.31	3/16
4	9	John SCHILLING	SO	#1	RCSJ Gloucester{3}	4:55.37	3/2

Men's 5000 Meters

1	2	Gavin CASELLA	#1	RCSJ Gloucester	17:19.32		3/2
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Men's 4x100 Relay

1	1	Mario Carter, Tiondre Frett, J'den Jackson, Jaheem Lennard	#2	Springfield Tech	42.78		3/16
2	3	Fitzgerald Asher, Simba Mazarura, Michael Busbee, Chris Miller	#3	Camden County	44.57		3/16

Men's Long Jump

1	6	Angel GARNETT-WILLIS	FR	#1	RCSJ Gloucester	5.75m	18-10½ (0.2)	3/16
2	7	Jordan CAMERON		#2	Springfield Tech	5.62m	18-5¼ (0.8)	3/16

Men's Shot Put

1	5	Jordan WILSON	FR	#1	RCSJ Gloucester	10.59m	34-9	3/16
2	6	Evan HOPE	SO	#1	RCSJ Gloucester{2}	9.75m	32-0	3/16

Men's Discus

1	2	Jordan WILSON	FR	#1	RCSJ Gloucester	34.23m	112-4	3/16
2	6	Evan HOPE	SO	#1	RCSJ Gloucester{2}	29.35m	96-3½	3/2
3	7	Nicasio ALTEROS	FR	#1	RCSJ Gloucester{3}	20.49m	67-2¾	3/2

Men's Hammer

1	3	Evan HOPE	SO	#1	RCSJ Gloucester	30.92m	101-6	3/16
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Men's Javelin

1	2	Alan (AJ) DAVIS	FR	#1	RCSJ Gloucester	47.10m	154-7	3/16
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USTFCCCA NJCAA Division III Outdoor Track & Field

Regional TFRI Event Summary

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Northeast

as of 3/25/2024 4:34:18 PM ET

Men's Long Jump

1	5	Omari HINDS	#1	Kingsborough (N	5.80m	19-½ (1.1)	3/23
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