



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2024 Week #4, April 16



Central

as of 4/16/2024 8:58:01 AM ET

Men's 100 Meters

1	1	Weston WHITE	FR	#1 DuPage (Ill.)	10.66	(1.6)	4/6
2	2	Noah MACK	SO	#1 DuPage (Ill.)	{2} 10.67	(1.6)	4/6
3	3	Alek LEDEZMA	FR	#4 Harper (Ill.)	10.83w	(2.7)	4/13
4	4	Jahmal JONES	FR	#7 Patrick & Henry	10.85	(0.2)	3/30
5	5	Sie'ntez LERMA	SO	#2 Mineral Area (Mc	10.92w	(2.9)	3/30
6	6	Omarion JONES	FR	#4 Harper (Ill.)	{2} 10.94w	(2.7)	4/13
7	7	Elijah PHIPPS	FR	#1 DuPage (Ill.)	{3} 10.98	(1.0)	4/13
8	13	Timothy MCMILLER	FR	#1 DuPage (Ill.)	{4} 11.06	(1.0)	4/13
9	14	Charles YOUNG	FR	#6 St. Charles (Mo.)	11.09	(0.3)	4/5
10	16	Gabriel PARKER	SO	#1 DuPage (Ill.)	{5} 11.18w	(2.5)	4/6

Men's 110 Meter Hurdles

1	3	Chase VICKERY	FR	#6 St. Charles (Mo.)	15.24	(0.1)	4/5
2	6	Noah SMITH	FR	#3 Joliet (Ill.) JC	16.00	(0.8)	3/29
3	8	Mitchell LUTES	FR	#2 Mineral Area (Mc	16.54	(0.1)	3/23
4	9	Luke BAHN	FR	#4 Harper (Ill.)	16.68	(1.2)	3/29
5	10	Cory MILLER	FR	#2 Mineral Area (Mc	{2} 16.93w	(2.3)	3/30
6	12	Diego FARIAS	SO	#4 Harper (Ill.)	{2} 17.39	(1.7)	4/13
7	13	Charles BOCKENKAMP	FR	#2 Mineral Area (Mc	{3} 17.64	(0.1)	4/13

Men's 200 Meters

1	1	Weston WHITE	FR	#1 DuPage (Ill.)	21.70	(1.1)	4/13
2	2	Noah MACK	SO	#1 DuPage (Ill.)	{2} 21.89	(1.1)	4/13
3	3	Sie'ntez LERMA	SO	#2 Mineral Area (Mc	22.01	(0.7)	4/13
4	4	Alek LEDEZMA	FR	#4 Harper (Ill.)	22.13w	(3.5)	4/13
5	6	Omarion JONES	FR	#4 Harper (Ill.)	{2} 22.19w	(3.5)	4/13
6	7	Elijah PHIPPS	FR	#1 DuPage (Ill.)	{3} 22.42	(1.3)	4/13
7	8	Gabriel PARKER	SO	#1 DuPage (Ill.)	{4} 22.56w	(2.8)	4/13
8	11	Charles YOUNG	FR	#6 St. Charles (Mo.)	22.75	(-0.1)	4/12
9	13	Brendon EASLEY	FR	#7 Patrick & Henry	22.78w	(2.3)	3/30
10	16	Zack MCGEE	FR	#6 St. Charles (Mo.)	{2} 22.91	(1.7)	3/16

Men's 400 Meters

1	2	Sie'ntez LERMA	SO	#2 Mineral Area (Mc	49.67		4/13
2	3	Gabriel PARKER	SO	#1 DuPage (Ill.)	50.11		4/13
3	4	Alex JOHNSON	FR	#3 Joliet (Ill.) JC	50.33		4/13
4	5	Chris RUCHAJ	FR	#1 DuPage (Ill.)	{2} 50.46		4/13
5	6	Chris JOHNSON	FR	#3 Joliet (Ill.) JC	{2} 50.60		4/13
5	6	Connor MOBECK	FR	#4 Harper (Ill.)	50.60		4/13
7	8	Graham MCANINCH	SO	#1 DuPage (Ill.)	{3} 50.62		4/6
8	10	Tyler GADSON	FR	#3 Joliet (Ill.) JC	{3} 51.23		4/6
9	11	Zach BRISTOL	FR	#6 St. Charles (Mo.)	51.40		4/12
10	12	Fortis VARIANO	FR	#4 Harper (Ill.)	{2} 51.57		4/13

Men's 400 Meter Hurdles

1	1	Graham MCANINCH	SO	#1 DuPage (Ill.)	55.10		4/13
2	2	Noah SMITH	FR	#3 Joliet (Ill.) JC	55.84		4/13
3	4	Hunter SHAWLEY	SO	#5 Thaddeus Steve	57.42		3/30
4	5	Chase VICKERY	FR	#6 St. Charles (Mo.)	57.76		3/16
5	8	Charles BOCKENKAMP	FR	#2 Mineral Area (Mc	59.52		4/13
6	10	Alex MENDEZ	SO	#1 DuPage (Ill.)	{2} 1:00.14		4/6
7	11	Luke BAHN	FR	#4 Harper (Ill.)	1:00.47		4/6
8	12	Keith FORD	FR	#5 Thaddeus Steve	{2} 1:00.55		3/30
9	14	Cory MILLER	FR	#2 Mineral Area (Mc	{2} 1:01.09		4/13
10	15	Eli AMOAH	JR	#8 Triton (Ill.)	1:01.78		4/6

Men's 800 Meters

1	1	Brad AHRENS	SO	#2 Mineral Area (Mc	1:54.97		4/6
2	3	Chris JOHNSON	FR	#3 Joliet (Ill.) JC	1:56.61		4/6
3	4	Alex JOHNSON	FR	#3 Joliet (Ill.) JC	{2} 1:56.81		4/6
4	5	Stephen LUNDY	FR	#3 Joliet (Ill.) JC	{3} 2:01.56		4/13
5	6	Matt CLARK	SO	#3 Joliet (Ill.) JC	{4} 2:01.98		4/6
6	8	Dakota WHITE	FR	#4 Harper (Ill.)	2:02.54		4/6
7	10	Addisu WOLSKI	FR	#1 DuPage (Ill.)	2:02.84		4/13
8	11	Michael WELCOME	FR	#3 Joliet (Ill.) JC	{5} 2:02.85		4/6
9	12	Owen WHELAN	FR	#4 Harper (Ill.)	{2} 2:03.19		4/6
10	13	Marcos JAIMES	SO	#4 Harper (Ill.)	{3} 2:03.26		4/6

Men's 1500 Meters

1	1	Brad AHRENS	SO	#2 Mineral Area (Mc	4:07.24		3/23
2	2	Parker STONER	FR	#5 Thaddeus Steve	4:09.27		4/6
3	3	Addisu WOLSKI	FR	#1 DuPage (Ill.)	4:09.28		4/13
4	4	Matt CLARK	SO	#3 Joliet (Ill.) JC	4:12.20		4/13
5	5	Owen WHELAN	FR	#4 Harper (Ill.)	4:12.33		3/29
6	6	Patrick HOHE	FR	#1 DuPage (Ill.)	{2} 4:13.39		4/13
7	7	Konrad JAKUBOWSKI	FR	#4 Harper (Ill.)	{2} 4:15.26		4/13
8	9	Andrew CIARLETTE	SO	#3 Joliet (Ill.) JC	{2} 4:17.71		4/6
9	10	Jason SCHMIDT	FR	#4 Harper (Ill.)	{3} 4:17.84		4/13
10	13	Jose MORALES	FR	#4 Harper (Ill.)	{4} 4:20.22		4/13

Men's Steeplechase

1	1	Andrew CIARLETTE	SO	#3 Joliet (Ill.) JC	10:09.08		4/13
2	3	Connor SISCO	FR	#1 DuPage (Ill.)	10:44.75		4/6
3	4	Michael WELCOME	FR	#3 Joliet (Ill.) JC	{2} 10:54.25		3/29
4	5	Tommy ADELMANN	FR	#3 Joliet (Ill.) JC	{3} 10:57.84		4/13
5	6	John BUCHANAN	FR	#1 DuPage (Ill.)	{2} 11:04.98		4/6

Men's 5000 Meters

1	3	Brad AHRENS	SO	#2 Mineral Area (Mc	16:00.77		3/30
2	4	Patrick HOHE	FR	#1 DuPage (Ill.)	16:02.49		4/6
3	5	Jose MORALES	FR	#4 Harper (Ill.)	16:10.44		3/29
4	6	Konrad JAKUBOWSKI	FR	#4 Harper (Ill.)	{2} 16:14.77		3/29
5	9	Matt TRYBUS	SO	#4 Harper (Ill.)	{3} 16:57.94		3/29
6	11	Paul NADROWSKI	SO	#9 Valley Forge Mili	17:23.95		4/13
7	14	Logan SOURILE	FR	#3 Joliet (Ill.) JC	18:37.24		3/29
8	15	William SCHMIDHEINI JR.	FR	#9 Valley Forge Mili	{2} 18:49.56		4/13



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Men's 10,000 Meters

1	1	Kevin DIEDERICH	FR	#1	DuPage (Ill.)	32:13.45	4/6
2	2	Jose MORALES	FR	#4	Harper (Ill.)	33:48.56	4/6
3	3	Andrew CIARLETTE	SO	#3	Joliet (Ill.) JC	33:53.19	3/29
4	4	Konrad JAKUBOWSKI	FR	#4	Harper (Ill.)	{2} 34:10.40	4/6
5	6	Alejandro SANTOS	FR	#3	Joliet (Ill.) JC	{2} 37:15.02	3/29

Men's 4x100 Relay

1	1	Weston White, Timothy McMiller, Elijah Phipps, Noah Mack		#1	DuPage (Ill.)	41.13	4/13
2	2	Connor Mobeck, Omarion Jones, Gianluca Manuel, Alek Ledezma		#4	Harper (Ill.)	42.29	4/13
3	3	Jeremiah Moton, Tyler Gadson, Joe Baumhardt, Jalen McCaskill		#3	Joliet (Ill.) JC	42.73	4/13
4	7	Zach Bristol, Zack McGee, Chase Vickery, Charles Young		#6	St. Charles (Mo.)	43.79	4/12
5	8	Dylan Morrison, Mitchell Lutes, Jess Blankenship, Sie'ntez Lerma		#2	Mineral Area (Mo)	43.94	3/30
6	9	Keith Ford, Elijah Zavala, Hunter Shawley, Brayden Kunselman		#5	Thaddeus Stevens	44.10	3/30
7	12	Riley Brim, Brendon Easley, Jamari Johnson, Jahmal Jones		#7	Patrick & Henry	45.14	3/16
8	14	Anthony Beacham, Eli Amoah, Diego Gomez, Juan Cano		#8	Triton (Ill.)	46.08	4/13
9	18	Dennis Omane-Nketia, Joshua Adams, Jadon Thomas, Aidan Heppard		#10	Delaware County	47.04	4/13

Men's 4x400 Relay

1	1	Graham McAninch, Chris Ruchaj, Gabriel Parker, Noah Mack		#1	DuPage (Ill.)	3:19.66	4/13
2	2	Alex Johnson, Chris Johnson, Michael Welcome, Noah Smith		#3	Joliet (Ill.) JC	3:26.30	4/13
3	3	Connor Mobeck, Kamil Drozd, Dakota White, Marcos Jaimes		#4	Harper (Ill.)	3:26.55	4/13
4	4	Dylan Morrison, Jess Blankenship, Brad Ahrens, Sie'ntez Lerma		#2	Mineral Area (Mo)	3:29.04	4/6
5	5	Brendon Easley, Jamari Johnson, Jahmal Jones, Scott Manning		#7	Patrick & Henry	3:31.32	4/13
6	6	Colin Rodriguez, Isaiah Marshall, Keith Ford, Hunter Shawley		#5	Thaddeus Stevens	3:34.55	4/6

Men's 4x800 Relay

1	1	Isaiah Marshall, Benjamin Madison, Colin Rodriguez, Parker Stoner		#5	Thaddeus Stevens	8:41.58	3/30
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Men's High Jump

1	1	Ronan CORNELIUS	FR	#1	DuPage (Ill.)	1.98m	6-6	4/6
2	5	Zach CARLSON	FR	#3	Joliet (Ill.) JC	1.87m	6-1½	4/13
3	8	Nicholas DOMINICI	FR	#3	Joliet (Ill.) JC	{2} 1.82m	5-11½	4/13
4	9	Austin DUNN	SO	#2	Mineral Area (Mo)	1.80m	5-10¾	4/6
5	11	Romello ALI	FR	#3	Joliet (Ill.) JC	{3} 1.77m	5-9¾	4/13
6	12	Toby BROWN	SO	#2	Mineral Area (Mo)	{2} 1.75m	5-8¾	3/23
7	17	John MORGAN	SO	#4	Harper (Ill.)	1.72m	5-7¾	4/13
8	19	Ny'Aud FRAZIER	SO	#5	Thaddeus Stevens	1.69m	5-6½	3/30
9	21	Jonah LONGENECKER	FR	#5	Thaddeus Stevens	{2} 1.65m	5-5	4/6
10	23	Zaki MOHAMMED	SO	#1	DuPage (Ill.)	{2} 1.60m	5-3	4/13
10	23	Aziz MCDANIELS	FR	#11	CC of Philadelphia	1.60m	5-3	4/6

Men's Pole Vault

1	1	Esad SENGUN	FR	#4	Harper (Ill.)	4.40m	14-5¼	3/29
2	2	Brayden FARMER	FR	#1	DuPage (Ill.)	4.10m	13-5¼	4/13
3	3	Sergio DARABCSEK	FR	#6	St. Charles (Mo.)	3.80m	12-5½	3/16
3	3	James MAROMPON	SO	#4	Harper (Ill.)	{2} 3.80m	12-5½	3/29
3	3	Dominic COKINIS	SO	#1	DuPage (Ill.)	{2} 3.80m	12-5½	4/13
3	3	Lucas MCMILLAN	FR	#4	Harper (Ill.)	{2} 3.80m	12-5½	4/13
3	3	Gabriel PARKER	SO	#1	DuPage (Ill.)	{2} 3.80m	12-5½	4/13
8	8	Alexander MANSFIELD	FR	#5	Thaddeus Stevens	3.55m	11-7¾	3/30
9	11	Tabor MAYES	SO	#2	Mineral Area (Mo)	3.05m	10-0	4/6
10	12	Cody CRAWFORD	FR	#5	Thaddeus Stevens	{2} 2.80m	9-2¼	3/30



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Central

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Men's Long Jump

1	2	Anthony TREADWELL	SO	#2 Mineral Area (Mc	6.77m	22-2½ (1.3)	3/30
2	5	Austin DUNN	SO	#2 Mineral Area (Mc{2}	6.48m	21-3¼ (0.0)	3/23
3	7	Omarion JONES	FR	#4 Harper (Ill.)	6.39mw	20-11¾ (3.2)	4/13
4	10	Anothony URBAN	FR	#1 DuPage (Ill.)	6.25m	20-6¼ (0.0)	4/13
4	10	Ronan CORNELIUS	FR	#1 DuPage (Ill.)	6.25m	20-6¼ (0.0)	4/6
6	14	Dayrion BEARD	FR	#1 DuPage (Ill.)	{3} 5.91m	19-4¾ (0.3)	4/6
7	16	Connor MOBECK	FR	#4 Harper (Ill.)	{2} 5.80m	19-½ (-0.2)	4/6
8	18	Alex MCCLELLAN	FR	#3 Joliet (Ill.) JC	5.78m	18-11¾ (1.7)	3/29
9	25	Mohammed ALI	SO	#1 DuPage (Ill.)	{4} 5.53m	18-1¾ (1.5)	4/6
10	28	Diego GOMEZ	SO	#8 Triton (Ill.)	5.45m	17-10¾ (1.6)	4/13

Men's Triple Jump

1	2	Anthony TREADWELL	SO	#2 Mineral Area (Mc	13.65m	44-9½ (1.6)	3/30
2	3	Austin DUNN	SO	#2 Mineral Area (Mc{2}	13.11mw	43-¼ (2.4)	4/6
3	4	Romello ALI	FR	#3 Joliet (Ill.) JC	13.05mw	42-9¾ (2.5)	4/13
4	5	Michael RAKE	FR	#5 Thaddeus Stevei	12.98m	42-7 (2.0)	4/6
5	9	Alex MCCLELLAN	FR	#3 Joliet (Ill.) JC	{2} 11.82mw	38-9½ (2.2)	3/29
6	12	Montrell CHAPMAN	FR	#3 Joliet (Ill.) JC	{3} 11.34m	37-2½ (1.5)	3/29

Men's Shot Put

1	1	Trenton BRASWELL	SO	#2 Mineral Area (Mc	15.12m	49-7¼	3/30
2	2	Ozzie GAMBOA	FR	#3 Joliet (Ill.) JC	14.12m	46-4	4/13
3	3	Dale PROPST	SO	#2 Mineral Area (Mc{2}	13.88m	45-6½	4/6
4	4	Konner ARMSTRONG	FR	#2 Mineral Area (Mc{3}	12.84m	42-1½	4/13
5	11	Sterling SAWICKI	FR	#1 DuPage (Ill.)	11.36m	37-3¼	4/13
6	12	Jonathan SEARS	FR	#1 DuPage (Ill.)	{2} 11.30m	37-1	4/13
7	13	Iliia NIKU	FR	#4 Harper (Ill.)	11.06m	36-3½	4/13
8	19	Harold LASSITER	FR	#2 Mineral Area (Mc{4}	10.60m	34-9½	3/23
9	21	Hayden BROWN	FR	#5 Thaddeus Stevei	10.55m	34-7½	4/6
10	24	Alonzo KATER	FR	#5 Thaddeus Stevei{2}	10.40m	34-1½	4/6

Men's Discus

1	1	Trenton BRASWELL	SO	#2 Mineral Area (Mc	47.46m	155-9	4/13
2	2	Ozzie GAMBOA	FR	#3 Joliet (Ill.) JC	40.73m	133-8	4/13
3	3	Iliia NIKU	FR	#4 Harper (Ill.)	38.97m	127-10	4/13
4	4	Dale PROPST	SO	#2 Mineral Area (Mc{2}	38.44m	126-2	4/6
5	7	Jonathan SEARS	FR	#1 DuPage (Ill.)	35.88m	117-9	4/6
6	8	Jacob DEIDIKER	FR	#2 Mineral Area (Mc{3}	35.62m	116-11	4/13
7	9	Martin LOZANO	SO	#8 Triton (Ill.)	35.29m	115-10	4/13
8	11	Konner ARMSTRONG	FR	#2 Mineral Area (Mc{4}	35.01m	114-11	4/6
9	12	Isaias LOPEZ	SO	#1 DuPage (Ill.)	{2} 34.74m	114-0	4/13
10	19	Hayden BROWN	FR	#5 Thaddeus Stevei	30.69m	100-8	4/6

Men's Hammer

1	1	Isaias LOPEZ	SO	#1 DuPage (Ill.)	50.52m	165-9	4/13
2	2	Trenton BRASWELL	SO	#2 Mineral Area (Mc	49.73m	163-2	4/13
3	3	Iliia NIKU	FR	#4 Harper (Ill.)	39.98m	131-2	4/13
4	4	Dale PROPST	SO	#2 Mineral Area (Mc{2}	39.27m	128-10	4/13
5	5	Jonathan SEARS	FR	#1 DuPage (Ill.)	{2} 38.75m	127-2	4/13
6	6	Konner ARMSTRONG	FR	#2 Mineral Area (Mc{3}	35.18m	115-5	4/13
7	9	Keenan O'KEEFE	FR	#1 DuPage (Ill.)	{3} 33.84m	111-0	4/13
7	9	Sterling SAWICKI	FR	#1 DuPage (Ill.)	{3} 33.84m	111-0	4/13
9	12	Luke GAVIN	SO	#1 DuPage (Ill.)	{5} 32.18m	105-7	4/6
10	13	Harold LASSITER	FR	#2 Mineral Area (Mc{4}	31.78m	104-3	4/13

Men's Javelin

1	1	Trenton BRASWELL	SO	#2 Mineral Area (Mc	53.20m	174-7	3/30
2	2	Jacob DEIDIKER	FR	#2 Mineral Area (Mc{2}	52.37m	171-10	3/30
3	3	Peyton WOMBLE	FR	#2 Mineral Area (Mc{3}	48.52m	159-2	3/30
4	5	Harold LASSITER	FR	#2 Mineral Area (Mc{4}	46.69m	153-2	4/6
5	6	Dale PROPST	SO	#2 Mineral Area (Mc{5}	45.78m	150-3	3/30
6	8	Kamil DROZD	SO	#4 Harper (Ill.)	43.07m	141-4	3/29
7	9	Gavin POPEJOY	SO	#5 Thaddeus Stevei	42.80m	140-5	3/30
8	12	Luke BAHN	FR	#4 Harper (Ill.)	{2} 39.71m	130-4	4/6
9	13	Sean MCCOY	FR	#5 Thaddeus Stevei{2}	39.51m	129-8	3/30
10	18	Jonah LONGENECKER	FR	#5 Thaddeus Stevei{3}	36.96m	121-3	4/6



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East

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Men's 100 Meters

1	9	Kevin RAMIREZ	FR	#9 Bergen (N.J.) CC	11.03w	(2.3)	3/30
2	10	Fitzgerald ASHER	FR	#7 Camden County	11.05	(0.5)	4/6
2	10	Tiondre FRETT		#4 Springfield Tech	11.05	(-1.3)	3/16
4	17	Keenan CANNON	SO	#1 Mohawk Valley (	11.21	(0.4)	3/30
5	18	Jordan GODDARD	FR	#3 Hudson Valley (N	11.23w	(3.0)	4/12
6	23	J'den JACKSON		#4 Springfield Tech{2}	11.29	(-1.3)	3/16
7	25	Mario CARTER		#4 Springfield Tech{3}	11.33	(-0.7)	3/16
8	30	Michael BUSBEE	SO	#7 Camden County {2}	11.38	(1.3)	3/16
9	34	Simba MAZARURA	SO	#7 Camden County {3}	11.51	(0.1)	3/16
10	39	Raj HILLHOUSE	FR	#3 Hudson Valley (N{2}	11.56w	(3.0)	4/12

Men's 110 Meter Hurdles

1	1	Davonte VANTERPOOL		#4 Springfield Tech	14.04	(1.0)	3/16
2	4	Brian REILE	SO	#1 Mohawk Valley (	15.95	(1.6)	4/13
3	7	Tommy ECCLESTON	SO	#5 SUNY Broome CC	16.11w	(4.0)	4/6
4	11	Terreque DAVIS	FR	#8 Finger Lakes (N.'	17.05w	(2.5)	4/7
5	14	Nicholas CARUSO	FR	#6 Herkimer County	18.70	(1.5)	4/6
6	18	Dylan LAWLESS	SO	#3 Hudson Valley (N	20.26w	(2.7)	4/12
7	20	Justin LUNA	SO	#8 Finger Lakes (N.{2}	21.26	(-1.2)	4/13

Men's 200 Meters

1	10	Fitzgerald ASHER	FR	#7 Camden County	22.63w	(4.0)	4/6
2	11	Tiondre FRETT		#4 Springfield Tech	22.75	(-0.7)	3/16
3	14	Jaheem LENNARD		#4 Springfield Tech{2}	22.81	(0.0)	3/16
4	15	Lakee PEGRAM	FR	#11 RCSJ Cumberland	22.86w	(3.3)	4/6
5	18	Joshua WASHINGTON	FR	#2 RCSJ Gloucester	23.03	(1.7)	3/16
6	19	J'den JACKSON		#4 Springfield Tech{3}	23.07	(-0.7)	3/16
7	20	Simba MAZARURA	SO	#7 Camden County {2}	23.08w	(4.0)	4/6
8	23	Mario CARTER		#4 Springfield Tech{4}	23.11	(-0.7)	3/16
9	27	Michael BUSBEE	SO	#7 Camden County {3}	23.21	(-2.0)	3/30
10	33	J'Mari DUHANEY		#4 Springfield Tech{5}	23.58	(-1.6)	3/16

Men's 400 Meters

1	1	Adriano GUMBS		#4 Springfield Tech	48.25		3/16
2	13	J'Mari DUHANEY		#4 Springfield Tech{2}	51.59		3/16
3	16	Ben ROSS	SO	#3 Hudson Valley (N	52.07		4/12
4	18	Heriberto CAMACHO	FR	#2 RCSJ Gloucester	53.37		4/13
5	19	Joshua WASHINGTON	FR	#2 RCSJ Gloucester{2}	53.39		3/2
6	41	Samuel REINOSO REYES	FR	#10 Northern Essex (	56.12		4/6
7	49	Elijah CLARK	FR	#7 Camden County	57.65		3/30
8	52	Dylan LAWLESS	SO	#3 Hudson Valley (N{2}	58.24		4/12
9	55	Angel SMITH	FR	#11 RCSJ Cumberland	58.56		4/6
10	60	Chauncey KHAMANI	FR	#3 Hudson Valley (N{3}	58.98		3/23

Men's 400 Meter Hurdles

1	3	Kyler ALSTON	FR	#3 Hudson Valley (N	57.29		4/12
2	18	Chauncey KHAMANI	FR	#3 Hudson Valley (N{2}	1:05.29		4/12
3	20	Tommy ECCLESTON	SO	#5 SUNY Broome CC	1:07.84		4/6
4	22	Justin LUNA	SO	#8 Finger Lakes (N.'	1:12.60		4/7

Men's 800 Meters

1	2	Jonathan LYNCH		#4 Springfield Tech	1:56.37		3/16
2	7	Joseph HENDERSON	FR	#9 Bergen (N.J.) CC	2:02.06		3/30
3	28	Gavin CASELLA		#2 RCSJ Gloucester	2:08.65		3/30
4	29	Donnell DAVIS	FR	#6 Herkimer County	2:08.95		3/30
5	33	Samuel REINOSO REYES	FR	#10 Northern Essex (	2:11.78		3/30
6	34	Ian SHAW	SO	#3 Hudson Valley (N	2:12.57		4/12
7	39	Benjamin KELLUM	SO	#2 RCSJ Gloucester{2}	2:16.26		3/16
8	42	John SCHILLING	SO	#2 RCSJ Gloucester{3}	2:16.97		4/13
9	43	Cole FARLEY	FR	#5 SUNY Broome CC	2:17.24		4/6
10	45	Adin KAPO	FR	#1 Mohawk Valley (	2:17.72		4/6

Men's 1500 Meters

1	12	Joseph HENDERSON	FR	#9 Bergen (N.J.) CC	4:19.07		4/12
2	16	Omar MOHAMED	SO	#1 Mohawk Valley (	4:22.42		3/30
3	18	Donnell DAVIS	FR	#6 Herkimer County	4:24.21		3/30
4	24	Gavin CASELLA		#2 RCSJ Gloucester	4:30.14		4/13
5	32	Adin KAPO	FR	#1 Mohawk Valley ({2}	4:40.11		4/6
6	33	Benjamin KELLUM	SO	#2 RCSJ Gloucester{2}	4:43.41		3/30
7	35	Michael GREEN	FR	#6 Herkimer County{2}	4:44.65		4/6
8	37	John SCHILLING	SO	#2 RCSJ Gloucester{3}	4:51.44		3/30
9	38	Branden LACHOWICZ		#2 RCSJ Gloucester{4}	4:51.76		4/13
10	39	Zachary LESTER	FR	#8 Finger Lakes (N.'	4:52.02		4/7

Men's 5000 Meters

1	1	Omar MOHAMED	SO	#1 Mohawk Valley (	15:43.64		3/30
2	7	Donnell DAVIS	FR	#6 Herkimer County	16:29.03		4/6
3	10	Gavin CASELLA		#2 RCSJ Gloucester	17:19.32		3/2
4	12	Benjamin KELLUM	SO	#2 RCSJ Gloucester{2}	18:07.90		4/13
5	13	Zachary LESTER	FR	#8 Finger Lakes (N.'	18:29.57		3/30
6	17	Michael GREEN	FR	#6 Herkimer County{2}	18:54.03		3/30
7	18	Ryan JENKINS	SO	#6 Herkimer County{3}	19:22.30		3/30
8	19	Gregory PHILIPS	SO	#1 Mohawk Valley ({2}	19:30.75		3/30

Men's 10,000 Meters

1	8	Zachary LESTER	FR	#8 Finger Lakes (N.'	38:46.57		4/13
2	9	Adam BLOUGH	SO	#3 Hudson Valley (N	40:45.29		3/23

Men's 4x100 Relay

1	4	Mario Carter, Tiondre Frett, J'den Jackson, Jaheem Lennard		#4 Springfield Tech	42.78		3/16
2	6	Fitzgerald Asher, Michael Busbee, Elijah Clark, Ainsley Daley		#7 Camden County	43.78		3/30
3	13	Keenan Cannon, Tavian Frey, Max Hunt, Caleb Lutke		#1 Mohawk Valley (	45.15		3/30
4	16	Nathaniel Wojcik, Dandre James, Brandon Hirst, Yuri Britch		#5 SUNY Broome CC	46.94		4/13



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2024 Week #4, April 16



East

as of 4/16/2024 8:58:02 AM ET

Men's 4x400 Relay

1	12	Gavin Casella, Joshua Washington, Heriberto Camacho, Angel Garnett-Willis	#2	RCSJ Gloucester	3:47.73	3/30
2	13	Lakee Pegram, Brandon Bermudez, Jameer Haskins, Angel Smith	#11	RCSJ Cumberland	3:58.12	3/30

Men's 4x800 Relay

1	3	Gavin Casella, Benjamin Kellum, Branden Lachowicz, John Schilling	#2	RCSJ Gloucester	9:07.78	3/30
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Men's High Jump

1	2	Keenan CANNON	SO	#1	Mohawk Valley (	1.89m	6-2½	4/6
2	7	David AKULIS	FR	#5	SUNY Broome C	1.84m	6-½	4/6
3	9	Dylan LAWLESS	SO	#3	Hudson Valley (N	1.80m	5-10¾	3/23
4	12	Terreque DAVIS	FR	#8	Finger Lakes (N.'	1.75m	5-8¾	4/7
5	15	Tommy ECCLESTON	SO	#5	SUNY Broome C{2}	1.74m	5-8½	4/6
6	18	Simba MAZARURA	SO	#7	Camden County	1.70m	5-7	4/6

Men's Pole Vault

1	9	Connor HOLT	FR	#3	Hudson Valley (N	3.50m	11-5¾	4/12
2	10	Camden HARTSHORN	FR	#3	Hudson Valley (N{2}	3.20m	10-6	3/23
3	12	Ty ALBRIGHT	FR	#1	Mohawk Valley (	2.80m	9-2¼	4/6
4	14	Mason PALMER	FR	#1	Mohawk Valley ({2}	2.65m	8-8¼	4/6

Men's Long Jump

1	1	Brooks ROBSON	SO	#3	Hudson Valley (N	6.97mw	22-10½ (2.9)	4/12
2	3	Keenan CANNON	SO	#1	Mohawk Valley (	6.75m	22-1¾ (0.0)	3/30
3	12	Dandre JAMES	SO	#5	SUNY Broome C	6.16mw	20-2½ (2.1)	3/30
4	13	Angel GARNETT-WILLIS	FR	#2	RCSJ Gloucester	5.97mw	19-7 (3.0)	3/30
5	18	Joaquin NIETES	SO	#6	Herkimer County	5.78m	18-11¾ (0.7)	4/6
6	20	Nicholas CARUSO	FR	#6	Herkimer County{2}	5.69m	18-8 (-2.1)	4/6
7	21	Jaden EDWARDS	FR	#9	Bergen (N.J.) CC	5.68m	18-7¾ (-0.6)	3/30
8	22	Terreque DAVIS	FR	#8	Finger Lakes (N.'	5.67m	18-7¼ (-0.9)	3/30
9	24	Jordan CAMERON		#4	Springfield Tech	5.62m	18-5¼ (0.8)	3/16
10	26	Jordan THOMAS	FR	#5	SUNY Broome C{2}	5.51mw	18-1 (2.7)	4/6

Men's Triple Jump

1	1	Brooks ROBSON	SO	#3	Hudson Valley (N	14.11m	46-3½ (1.7)	4/12
2	6	Keenan CANNON	SO	#1	Mohawk Valley (	12.95m	42-6 (0.7)	3/30
3	8	Dandre JAMES	SO	#5	SUNY Broome C	12.68m	41-7¼ (1.4)	3/30

Men's Shot Put

1	7	Quinn JENNINGS	FR	#1	Mohawk Valley (	11.62m	38-1½	3/30
2	8	Cameron BORGES	FR	#6	Herkimer County	11.58m	38-0	4/13
3	9	Antonio FILIPPONE	FR	#3	Hudson Valley (N	11.43m	37-6	4/12
4	10	Jordan WILSON	FR	#2	RCSJ Gloucester	11.42m	37-5¾	4/13
5	14	Joseph ALTIERI	FR	#9	Bergen (N.J.) CC	11.03m	36-2¼	4/12
6	15	Nicasio ALTEROS	FR	#2	RCSJ Gloucester{2}	11.02m	36-2	4/13
7	17	Evan HOPE	SO	#2	RCSJ Gloucester{3}	10.93m	35-10½	4/13
8	18	Connor VREDENBURGH	FR	#5	SUNY Broome C	10.63m	34-10½	3/30
9	20	Thomas BENNETT	FR	#6	Herkimer County{2}	10.59m	34-9	3/30
10	33	Jason HUNT-MCLEAN	FR	#8	Finger Lakes (N.'	9.62m	31-6¾	4/7

Men's Discus

1	10	Jordan WILSON	FR	#2	RCSJ Gloucester	35.04m	115-0	4/6
2	13	Quinn JENNINGS	FR	#1	Mohawk Valley (	33.90m	111-3	3/30
3	14	Connor VREDENBURGH	FR	#5	SUNY Broome C	33.66m	110-5	4/6
4	17	Nicasio ALTEROS	FR	#2	RCSJ Gloucester{2}	31.94m	104-10	3/30
5	18	Trent BUNKER	FR	#1	Mohawk Valley ({2}	31.06m	101-11	3/30
6	21	Jason HUNT-MCLEAN	FR	#8	Finger Lakes (N.'	30.32m	99-5¾	3/30
7	22	John MILLER	FR	#5	SUNY Broome C{2}	30.09m	98-8¾	3/30
8	23	Jimmy RILEY	SO	#1	Mohawk Valley ({3}	29.86m	97-11¾	3/30
9	25	Evan HOPE	SO	#2	RCSJ Gloucester{3}	29.35m	96-3½	3/2
10	26	Thomas BENNETT	FR	#6	Herkimer County	28.73m	94-3¼	3/30

Men's Hammer

1	7	Quinn JENNINGS	FR	#1	Mohawk Valley (	35.06m	115-1	4/6
2	11	Evan HOPE	SO	#2	RCSJ Gloucester	33.14m	108-9	3/30
3	14	Jordan WILSON	FR	#2	RCSJ Gloucester{2}	30.33m	99-6¼	4/6
4	16	Nicasio ALTEROS	FR	#2	RCSJ Gloucester{3}	29.41m	96-6	4/13
5	17	Trent BUNKER	FR	#1	Mohawk Valley ({2}	28.51m	93-6½	3/30
6	18	Ryan BEAULAC	FR	#1	Mohawk Valley ({3}	25.80m	84-7¾	4/13
7	20	Jimmy RILEY	SO	#1	Mohawk Valley ({4}	23.97m	78-7¾	4/13
8	25	Antonio FILIPPONE	FR	#3	Hudson Valley (N	15.95m	52-4	3/23
9	27	Chasin SLADE-DAVIS	FR	#3	Hudson Valley (N{2}	13.27m	43-6½	4/12

Men's Javelin

1	4	Alan (AJ) DAVIS	FR	#2	RCSJ Gloucester	47.10m	154-7	3/16
2	7	Jimmy RILEY	SO	#1	Mohawk Valley (	43.27m	142-0	4/6
3	14	Angel GARNETT-WILLIS	FR	#2	RCSJ Gloucester{2}	39.33m	129-1	3/23
4	15	Evan HOPE	SO	#2	RCSJ Gloucester{3}	37.56m	123-3	3/30
5	17	Connor VREDENBURGH	FR	#5	SUNY Broome C	37.32m	122-5	3/30
6	20	Quinn JENNINGS	FR	#1	Mohawk Valley ({2}	36.40m	119-5	4/6
7	24	Dylan LAWLESS	SO	#3	Hudson Valley (N	33.78m	110-10	4/12
8	27	Justin LUNA	SO	#8	Finger Lakes (N.'	32.06m	105-2	3/30
9	28	Jason HUNT-MCLEAN	FR	#8	Finger Lakes (N.{2}	31.40m	103-0	3/30
10	33	John MILLER	FR	#5	SUNY Broome C{2}	27.18m	89-2¼	3/30



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MEN — 2024 Week #4, April 16



Northeast

as of 4/16/2024 8:58:02 AM ET

Men's 100 Meters

1	8	Marcello MASTROCCO	SO	#1 Suffolk County (I	11.01w	(2.2)	3/30
2	10	Malik DAVIS	SO	#2 Onondaga (N.Y.)	11.05w	(2.1)	4/7
3	15	Jaaden HENRY	SO	#1 Suffolk County ({2}	11.17	(1.9)	4/13
4	24	Azariah RAVENEAU	FR	#2 Onondaga (N.Y.){2}	11.32w	(2.7)	4/7
5	28	Yousse RENCHER	FR	#1 Suffolk County ({3}	11.35	(0.7)	4/13
6	32	Aaron MCCONNELL	FR	#2 Onondaga (N.Y.){3}	11.40w	(2.1)	4/7
7	33	Aidan BIRMINGHAM	FR	#2 Onondaga (N.Y.){4}	11.45w	(2.7)	4/7
8	34	David ADEKOYA	SO	#3 Queensborough	11.51	(1.4)	4/12
9	37	Alexander VILLATORO	FR	#1 Suffolk County ({4}	11.52w	(3.6)	4/13
10	42	Oli GREER	FR	#2 Onondaga (N.Y.){5}	11.58w	(2.7)	4/7

Men's 110 Meter Hurdles

1	2	Tariq EARL	SO	#1 Suffolk County (I	15.13w	(2.4)	3/30
2	5	David ADEKOYA	SO	#3 Queensborough	15.99	(0.0)	3/30
3	15	Jacob OLKOWSKI	FR	#2 Onondaga (N.Y.)	18.74w	(2.5)	4/7
4	16	Michael SING	FR	#5 BMCC (N.Y.)	20.09	(-3.0)	4/7
5	17	Michael JANARO	JR	#2 Onondaga (N.Y.){2}	20.18w	(2.5)	4/7
6	19	Hunter DOTY	FR	#6 SUNY Sullivan	20.92	(1.4)	4/12

Men's 200 Meters

1	5	Jaaden HENRY	SO	#1 Suffolk County (I	22.17	(2.0)	3/30
2	9	Marcello MASTROCCO	SO	#1 Suffolk County ({2}	22.60	(2.0)	3/30
3	21	David ADEKOYA	SO	#3 Queensborough	23.09	(0.0)	3/30
4	25	Aaron MCCONNELL	FR	#2 Onondaga (N.Y.)	23.15	(-0.1)	4/13
5	29	Tremayne SEAY	FR	#1 Suffolk County ({3}	23.31	(0.0)	3/30
6	31	Yousse RENCHER	FR	#1 Suffolk County ({4}	23.40w	(2.3)	4/13
7	35	Azariah RAVENEAU	FR	#2 Onondaga (N.Y.){2}	23.68	(-1.4)	4/7
8	36	Alexander VILLATORO	FR	#1 Suffolk County ({5}	23.71w	(2.3)	4/13
9	44	Deelan DELVA	FR	#4 Nassau (N.Y.) CC	23.95	(-0.6)	3/30
10	45	Aidan BIRMINGHAM	FR	#2 Onondaga (N.Y.){3}	23.96	(-1.2)	4/7

Men's 400 Meters

1	9	Jaaden HENRY	SO	#1 Suffolk County (I	50.75		4/7
2	23	Benjamin WADE	JR	#3 Queensborough	53.91		3/30
3	25	Kristofer RICHBURG	FR	#4 Nassau (N.Y.) CC	54.09		4/7
4	26	Luke CLACKETT	SO	#1 Suffolk County ({2}	54.15		4/7
5	27	Tremayne SEAY	FR	#1 Suffolk County ({3}	54.16		4/13
6	28	Ysaia MARTE		#5 BMCC (N.Y.)	54.17		4/7
7	29	Charleston HUNTE	FR	#1 Suffolk County ({4}	54.26		4/7
8	33	Joshua GERMAIN	FR	#5 BMCC (N.Y.) {2}	55.01		4/7
9	37	Ryan FARRELL	FR	#4 Nassau (N.Y.) CC{2}	55.33		3/30
10	38	Emmanuel HERNANDEZ	FR	#2 Onondaga (N.Y.)	55.55		4/13

Men's 400 Meter Hurdles

1	6	David ADEKOYA	SO	#3 Queensborough	57.81		4/7
2	7	Luke CLACKETT	SO	#1 Suffolk County (I	58.68		3/30
3	9	Benjamin WADE	JR	#3 Queensborough{2}	59.77		4/12
4	13	Charleston HUNTE	FR	#1 Suffolk County ({2}	1:00.72		4/7
5	21	Michael SING	FR	#5 BMCC (N.Y.)	1:10.30		3/24
6	23	Arturo GISCOMBE	SO	#3 Queensborough{3}	1:12.97		3/24

Men's 800 Meters

1	9	Jeffrey SIMMONS	SO	#1 Suffolk County (I	2:02.69		3/30
2	22	Anthony BEARESE	SO	#1 Suffolk County ({2}	2:07.26		4/7
3	31	Colin GERBSCH	SO	#2 Onondaga (N.Y.)	2:10.50		4/13
4	35	Josue QUINTANILLA	FR	#1 Suffolk County ({3}	2:12.94		4/7
5	37	Trent SANTORO	FR	#5 BMCC (N.Y.)	2:13.84		4/7
6	38	Jack OWENBURG	FR	#1 Suffolk County ({4}	2:14.45		4/13
7	49	Williams GUZMAN	FR	#3 Queensborough	2:19.31		4/7
8	58	Juan HERNANDEZ	FR	#3 Queensborough{2}	2:28.11		4/7
9	59	Matthew POLLACKOV	SO	#7 FIT (N.Y.)	2:28.28		4/12
10	67	Koewyn JIMERSON	FR	#2 Onondaga (N.Y.){2}	2:35.13		4/7

Men's 1500 Meters

1	8	Renaediaz MILLER	SO	#3 Queensborough	4:17.30		3/30
2	11	Christian SCHOLL	FR	#1 Suffolk County (I	4:18.45		3/24
3	31	Colin GERBSCH	SO	#2 Onondaga (N.Y.)	4:34.31		4/7
4	34	Michael CERVANTES	FR	#4 Nassau (N.Y.) CC	4:44.60		4/13
5	41	Tatenda CHIKANYAIRO	FR	#5 BMCC (N.Y.)	4:52.98		4/7
6	42	Josue QUINTANILLA	FR	#1 Suffolk County ({2}	4:53.01		3/24
7	46	Nicholas STROOM	FR	#4 Nassau (N.Y.) CC{2}	4:56.80		4/13
8	47	Matthew POLLACKOV	SO	#7 FIT (N.Y.)	4:58.82		4/7
9	49	Trent SANTORO	FR	#5 BMCC (N.Y.) {2}	5:00.21		3/24
10	53	Dylan KAPLAN	FR	#4 Nassau (N.Y.) CC{3}	5:04.50		4/13

Men's Steeplechase

1	2	Renaediaz MILLER	SO	#3 Queensborough	10:37.16		4/7
2	7	Juan HERNANDEZ	FR	#3 Queensborough{2}	13:10.30		4/7
3	8	Isaac RUIZ	FR	#3 Queensborough{3}	15:26.82		4/7

Men's 5000 Meters

1	2	Christian SCHOLL	FR	#1 Suffolk County (I	15:59.48		4/7
2	8	Renaediaz MILLER	SO	#3 Queensborough	16:40.43		4/7
3	16	Tatenda CHIKANYAIRO	FR	#5 BMCC (N.Y.)	18:51.83		4/7

Men's 10,000 Meters

1	5	Christian SCHOLL	FR	#1 Suffolk County (I	36:23.04		3/30
2	7	Tatenda CHIKANYAIRO	FR	#5 BMCC (N.Y.)	37:42.54		3/24



USTFCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2024 Week #4, April 16



Northeast

as of 4/16/2024 8:58:03 AM ET

Men's 4x100 Relay

1	5	Oli Greer, Aaron McConnell, Aidan Birmingham, Malik Davis	#2 Onondaga (N.Y.)	43.30	4/7
2	10	Marcello Mastrocco, Alexander Villatoro, Jaaden Henry, Tariq Earl	#1 Suffolk County (I)	44.14	3/24
3	11	Tyreece Dacosta, Deelan Delva, Ahmad Momand, Leonardo Valdez	#4 Nassau (N.Y.) CC	44.72	4/7
4	15	David Adekoya, Benjamin Wade, Williams Guzman, Ellis Blow	#3 Queensborough	46.67	3/24
5	17	Christian Davis, Kwame Brempong, Dontate Creedland, Joshua Germain	#5 BMCC (N.Y.)	47.01	4/7
6	19	Jarod Fennell, Isaiah Smith, Devin Samuel, Edwin Morales Jr	#6 SUNY Sullivan	49.60	3/30

Men's 4x400 Relay

1	7	#Type!	#4 Nassau (N.Y.) CC	3:35.30	4/13
2	8	#Type!	#1 Suffolk County (I)	3:36.51	4/13
3	9	Emmanuel Agyei, Christian Davis, Ysaia Marte, Joshua Germain	#5 BMCC (N.Y.)	3:42.59	4/7
4	10	David Adekoya, Jude Adinnu, Benjamin Wade, Renaediaz Miller	#3 Queensborough	3:44.94	3/24
5	11	Jacob Olkowski, Julian Cineas, Emmanuel Hernandez, Colin Gerbsch	#2 Onondaga (N.Y.)	3:45.08	4/13

Men's 4x800 Relay

1	2	Jeffrey Simmons, Josue Quintanilla, Anthony Bearese, Jack Owenburg	#1 Suffolk County (I)	8:57.62	3/24
2	4	Renaediaz Miller, Jude Adinnu, Benjamin Wade, Juan Hernandez	#3 Queensborough	9:24.67	3/24
3	5	#Type!	#4 Nassau (N.Y.) CC	9:31.40	4/13

Men's High Jump

1	2	LaDuke HARRIS	FR	#1 Suffolk County (I)	1.89m	6-2 1/4	3/30
2	4	Bryan GODETTE	SO	#3 Queensborough	1.88m	6-2	3/30
3	6	Clayton WARD II	FR	#1 Suffolk County ({2})	1.85m	6-3/4	4/7
4	12	Isiah DUFFY		#5 BMCC (N.Y.)	1.75m	5-8 3/4	4/7
5	15	Dean GAGAN	SO	#1 Suffolk County ({3})	1.74m	5-8 1/2	4/13
6	20	Jude ADINNU	FR	#3 Queensborough {2}	1.67m	5-5 3/4	3/24
7	22	Zacherie NYANID	FR	#3 Queensborough {3}	1.62m	5-3 3/4	3/24
8	23	Williams GUZMAN	FR	#3 Queensborough {4}	1.60m	5-3	4/7
8	23	Charlie HALL		#5 BMCC (N.Y.) {2}	1.60m	5-3	4/7

Men's Long Jump

1	4	Kedron GOLDEN	SO	#2 Onondaga (N.Y.)	6.68m	21-11 (2.0)	4/7
2	6	LaDuke HARRIS	FR	#1 Suffolk County (I)	6.43m	21-1 1/4 (1.7)	4/7
3	8	David ADEKOYA	SO	#3 Queensborough	6.32m	20-9 (1.5)	4/7
4	9	Omari HINDS	FR	#8 Kingsborough (I)	6.30m	20-8 (0.7)	4/7
5	15	Clayton WARD II	FR	#1 Suffolk County ({2})	5.84m	19-2 (1.3)	4/7
6	17	Jacai SANDERS	FR	#2 Onondaga (N.Y.) {2}	5.79m	19-0 (1.1)	4/7
7	23	Christian DAVIS	FR	#5 BMCC (N.Y.)	5.64m	18-6 (1.2)	4/7
8	27	Xavier EADDY	FR	#4 Nassau (N.Y.) CC	5.46mw	17-11 (2.4)	3/30
9	29	Bryan GODETTE	SO	#3 Queensborough {2}	5.30m	17-4 3/4 (1.4)	4/7
10	31	Trevon MORGAN	FR	#4 Nassau (N.Y.) CC {2}	5.28mw	17-4 (2.5)	3/30

Men's Triple Jump

1	7	Kedron GOLDEN	SO	#2 Onondaga (N.Y.)	12.91m	42-4 1/4 (1.7)	4/7
2	10	Deyquan CRAWFORD	SO	#2 Onondaga (N.Y.) {2}	11.68m	38-4 (1.2)	4/7
3	11	Arturo GISCOMBE	SO	#3 Queensborough	11.45mw	37-6 3/4 (2.3)	4/7

Men's Shot Put

1	5	Hector ROMERO GARCIA	FR	#1 Suffolk County (I)	12.08m	39-7 3/4	4/7
2	6	Rodney YARBROUGH	SO	#4 Nassau (N.Y.) CC	11.75m	38-6 3/4	4/13
3	16	Theodore LORENZEN	FR	#1 Suffolk County ({2})	10.95m	35-11 1/4	3/24
4	21	Bradley HOLLIS	FR	#2 Onondaga (N.Y.)	10.55m	34-7 1/2	4/13
5	23	Ryan FARRELL	FR	#4 Nassau (N.Y.) CC {2}	10.50m	34-5 1/2	4/13
6	25	Isaiah LEE	SO	#4 Nassau (N.Y.) CC {3}	10.30m	33-9 1/2	4/13
7	28	Matthew RENFROE	FR	#1 Suffolk County ({3})	10.23m	33-6 3/4	3/30
8	29	Philip PARK	SO	#3 Queensborough	10.21m	33-6	4/7
9	30	Kyle GONZALEZ	FR	#1 Suffolk County ({4})	10.19m	33-5 1/4	4/7
10	35	Nyhem GARRET	SO	#9 CUNY Hostos	9.51m	31-2 1/2	3/30

Men's Discus

1	5	Theodore LORENZEN	FR	#1 Suffolk County (I)	37.17m	122-0	3/30
2	6	Hector ROMERO GARCIA	FR	#1 Suffolk County ({2})	36.81m	120-9	4/7
3	15	Kyle GONZALEZ	FR	#1 Suffolk County ({3})	33.02m	108-4	4/7
4	16	Bradley HOLLIS	FR	#2 Onondaga (N.Y.)	32.18m	105-7	4/13
5	28	Isaiah LEE	SO	#4 Nassau (N.Y.) CC	28.07m	92-1 1/4	4/13
6	33	Philip PARK	SO	#3 Queensborough	26.54m	87-1	4/7
7	34	Arturo GISCOMBE	SO	#3 Queensborough {2}	26.37m	86-6 1/4	4/7
8	35	Rodney YARBROUGH	SO	#4 Nassau (N.Y.) CC {2}	25.33m	83-1 1/4	3/30
9	37	Ryan FARRELL	FR	#4 Nassau (N.Y.) CC {3}	24.25m	79-6 3/4	4/13
10	42	Michael JANARO	JR	#2 Onondaga (N.Y.) {2}	20.79m	68-2 1/2	4/13



USTFCCCA NJCAA Division III Outdoor Track & Field Regional TFRI Event Summary

MEN — 2024 Week #4, April 16



Northeast

as of 4/16/2024 8:58:03 AM ET

Men's Hammer

1	8	Austin LALLY	FR	#1	Suffolk County (I	35.02m	114-11	3/30
2	15	Bradley HOLLIS	FR	#2	Onondaga (N.Y.)	29.91m	98-1¾	4/13
3	22	Juan HERNANDEZ	FR	#3	Queensborough	21.88m	71-9½	4/7
4	23	Rodney YARBROUGH	SO	#4	Nassau (N.Y.) CC	20.68m	67-10¼	4/13
5	24	Philip PARK	SO	#3	Queensborough {2}	19.44m	63-9½	4/7
6	26	Isaac RUIZ	FR	#3	Queensborough {3}	15.08m	49-5¾	4/7

Men's Javelin

1	10	Ryan FARRELL	FR	#4	Nassau (N.Y.) CC	40.52m	132-11	4/13
2	11	Rodney YARBROUGH	SO	#4	Nassau (N.Y.) CC {2}	40.24m	132-0	3/30
3	16	Matthew RENFROE	FR	#1	Suffolk County (I	37.55m	123-3	3/30
4	22	Theodore LORENZEN	FR	#1	Suffolk County ({2}	34.21m	112-3	3/24
5	29	Hector ROMERO GARCIA	FR	#1	Suffolk County ({3}	30.02m	98-6	3/24
6	30	Kyle GONZALEZ	FR	#1	Suffolk County ({4}	29.79m	97-9	3/30
7	31	Bryan GODETTE	SO	#3	Queensborough	29.46m	96-8	3/24
8	32	Philip PARK	SO	#3	Queensborough {2}	28.83m	94-7	3/24
9	34	David ADEKOYA	SO	#3	Queensborough {3}	27.11m	88-11½	4/7
10	39	Austin LALLY	FR	#1	Suffolk County ({5}	25.00m	82-¼	4/7