



Regional TFRI Event Summary

as of 1/24/2024 2:47:10 PM

Great Lakes

Women's 60 Meters

1	Leah BERTRAND	JR	#2 Ohio State	7.22	1/20
2	Columba EFFIONG	SO	#2 Ohio State {2}	7.35	1/13
3	Nya BUSSEY	SR	#2 Ohio State {3}	7.40	1/13
3	Nia WILSON	FR	#11 Purdue	7.40	1/20
5	Kiley ROBBINS	SR	#3 Wisconsin	7.41	1/13
6	Fatouma CONDE	JR	#2 Ohio State {4}	7.43	1/13
7	Taylor HERBERT	JR	#11 Purdue {2}	7.46	1/13
8	Dominique THOMAS	JR	#12 Milwaukee	7.47	1/13
8	BreeAna BATES	JR	#1 Michigan	7.47	1/20
10	Michelle QUINN	SR	#4 Notre Dame	7.48	12/1

Women's 60 Meter Hurdles

1	Aasia LAURENCIN	SR	#1 Michigan	8.18	1/20
2	Marcia SEY	SR	#2 Ohio State	8.19	1/20
3	Natalie BLOCK	SR	#12 Milwaukee	8.25	1/20
4	Olivia POWELL	FR	#2 Ohio State {2}	8.29	1/20
5	Zoe SULLIVAN	JR	#11 Purdue	8.31	1/20
6	Grace JOHNSON	SR	#19 Western Michiga	8.37	1/13
7	Rachel MEHRINGER	FR	#8 Indiana State	8.42	1/12
8	Jadin O'BRIEN	SR	#4 Notre Dame	8.46	1/20
9	Kaia SCHEFFLER	SR	#5 Michigan State	8.50	1/20
9	Nyile FACEY	SR	#7 Cincinnati	8.50	12/8

Women's 200 Meters

1	Trinity HENDERSON	SO	#1 Michigan	24.28	1/20
2	Dominique THOMAS	JR	#12 Milwaukee	24.31	12/8
3	Janiya BOWMAN	FR	#8 Indiana State	24.41	1/12
4	Joy NWOKIKE	JR	#17 Akron	24.44	1/19
5	Jenna ORIANI	JR	#15 Ball State	24.51	1/13
6	Mirai BERNARD	FR	#11 Purdue	24.53	1/20
7	Michelle QUINN	SR	#4 Notre Dame	24.54	1/20
8	Jayda BUSHAY	SO	#7 Cincinnati	24.59	1/20
9	Sophia YOVANOVICH	FR	#8 Indiana State {2}	24.60	12/8
10	Jadyn HAYWOOD	SO	#21 Dayton	24.69	1/13

Women's 400 Meters

1	Kenisha PHILLIPS	SR	#6 Indiana	52.37	1/13
2	Bryannia MURPHY	SR	#2 Ohio State	53.30	1/20
3	Sidney GREEN	FR	#1 Michigan	54.97	1/20
4	Chanler ROBINSON	SR	#2 Ohio State {2}	55.06	1/20
4	Jericha PETRELLA	JR	#9 Kent State	55.06	1/19
6	Jordyn BORSCH	FR	#4 Notre Dame	55.24	1/20
7	Iyanla HUNTER	SR	#8 Indiana State	56.13	12/8
8	Joy NWOKIKE	JR	#17 Akron	56.35	1/19
9	Alexys WILSON	FR	#5 Michigan State	56.38	12/8
10	Abby SUSZEK	JR	#20 Miami (Ohio)	56.42	1/20

Women's 800 Meters

1	Penelopea GORDON	SO	#1 Michigan	2:06.23	1/20
2	Cassie KEARNEY	SR	#1 Michigan {2}	2:07.29	1/20
3	Lauren FREELAND	JR	#5 Michigan State	2:07.47	1/20
4	Lani BLOOM	FR	#1 Michigan {3}	2:08.20	1/20
5	Katelyn STEWART-BARNETT	JR	#5 Michigan State {2}	2:08.49	1/13
6	Claire SIEVERN	SR	#4 Notre Dame	2:08.68	1/20
7	Kate MCANDREW	SR	#4 Notre Dame {2}	2:08.88	1/20
8	Gretchen FARLEY	FR	#4 Notre Dame {3}	2:09.06	1/20
9	Maddie RUSSIN	JR	#6 Indiana	2:09.37	1/20
10	Sarah FORSYTH	FR	#5 Michigan State {3}	2:09.63	1/13

Women's Mile

1	Lauren FREELAND	JR	#5 Michigan State	4:37.61	12/2
2	Sophie NOVAK	JR	#4 Notre Dame	4:40.46	1/20
3	Madison MOONEY	SR	#3 Wisconsin	4:41.22	1/20
4	Laura NICHOLSON	JR	#16 Toledo	4:41.74	1/13
5	Mya BUNKE	JR	#3 Wisconsin {2}	4:42.86	1/20
6	Leane WILLEMSE	SO	#3 Wisconsin {3}	4:44.66	1/20
7	Samantha HASTIE	JR	#1 Michigan	4:45.07	1/20
8	Katelyn STEWART-BARNETT	JR	#5 Michigan State {2}	4:46.30	1/20
9	Lianna SURTZ	SO	#16 Toledo {2}	4:47.50	1/13
10	Sarah FORSYTH	FR	#5 Michigan State {3}	4:47.66	1/20

Women's 3000 Meters

1	Olivia MARKEZICH	SR	#4 Notre Dame	8:40.42	12/2
2	Vilde HENRIKSEN	JR	#16 Toledo	9:21.84	1/13
3	Paige MARCHANT	FR	#13 Eastern Michigar	9:23.90	12/2
4	Bella JACOBSEN	SO	#3 Wisconsin	9:26.45	1/20
5	Alexa WESTLEY	SR	#3 Wisconsin {2}	9:27.37	1/20
6	Kylie FINGER	JR	#3 Wisconsin {3}	9:27.93	1/20
7	Samantha SAENZ	SR	#1 Michigan	9:28.93	1/20
8	Rylee TOLSON	FR	#1 Michigan {2}	9:29.85	1/20
9	Andrea KUHN	SR	#2 Ohio State	9:32.68	1/13
10	Grace MOLLOY	SR	#5 Michigan State	9:33.03	1/20

Women's 5000 Meters

1	Siona CHISHOLM	JR	#4 Notre Dame	15:54.02	12/2
2	Esme DAVIES	SR	#13 Eastern Michigar	16:23.06	12/2
3	Wiktorja KLEBOWSKA	JR	#14 Butler	16:31.17	12/2
4	Elsa RUSTHOVEN	JR	#14 Butler {2}	16:32.90	12/2
5	Erin STRZELECKI	SR	#4 Notre Dame {2}	16:39.30	12/2
6	Ava NUTTALL	SR	#20 Miami (Ohio)	16:40.60	1/20
7	Emily PAUPORE	SR	#23 Central Michigan	16:41.91	12/2
8	Marta MORENO	JR	#13 Eastern Michigar{2}	17:07.52	12/2
9	Grace NOLAN	SR	#25 Oakland	17:08.96	12/8
10	Sofia IVANKO	SR	#13 Eastern Michigar{3}	17:17.05	12/2



Regional TFRI Event Summary

as of 1/24/2024 2:47:10 PM

Great Lakes

Women's 4x400 Relay

1	Columba Effiong Chanler Robinson Bryannia Murphy Olivia Powell	#2 Ohio State	3:39.56	1/20
2	https://www.tfrrs.org/teams/	#1 Michigan	3:44.20	1/20
3	Cambell Walmsley Morgan Snow Maddie Russin Kenisha Phillips	#6 Indiana	3:44.99	1/20
4	K'ja Talley Alexia Smith Mirai Bernard Jaylie Lohmeyer	#11 Purdue	3:45.46	1/20
5	Alicia Thorpe Davenae Fagan Jayda Bushay Juliette Laracuenta-Huebner	#7 Cincinnati	3:45.86	1/13
6	Amryne Chilton Taylor Korytkowski Alexandria Verbancic Jericha Petrella	#9 Kent State	3:46.21	1/19
7	Alexys Wilson Shae Harbaugh Elizabeth Anderson Lauren Freeland	#5 Michigan State	3:47.39	1/20
8	https://www.tfrrs.org/teams/	#4 Notre Dame	3:50.11	1/20
9	Vanessa Horn Jamari Davis Adaeeze Nwokike Joy Nwokike	#17 Akron	3:50.75	1/19
10	Alysha Bradford Riley Tuerff Janiya Bowman Iyanla Hunter	#8 Indiana State	3:51.60	12/8

Women's Distance Medley Relay

1	Annie Allen Gia Napoleon Carina Napoleon Akemi Von Scherr	#2 Ohio State	11:36.10	1/13
2	Morgan Walsh Grace Stedje Abby Fostveit Renate Toldo	#14 Butler	12:07.60	1/13
3	Riley Tate Marissa Van De Weg Ava Genovese Madison King	#22 Purdue Fort Way	12:17.95	1/20
4	Hannah Sale Grace Bragg Ellie Cates Sophie Reichard	#18 IUPUI	12:59.73	1/13

Women's High Jump

1	Madison SCHMIDT	SR	#4 Notre Dame	1.80m	5-10¾	12/1
2	Spirit MORGAN	SO	#7 Cincinnati	1.79m	5-10½	12/8
3	Annika KINLEY	JR	#7 Cincinnati	{2} 1.78m	5-10	1/20
4	Amaya UGARTE	SR	#2 Ohio State	1.77m	5-9¾	1/20
4	Svenia DECONINCK	SO	#9 Kent State	1.77m	5-9¾	1/19
6	Annika BYNUM	JR	Marquette	1.76m	5-9¼	12/8
7	E. Grace QUINLAN	JR	#8 Indiana State	1.75m	5-8¾	1/12
8	Malina MILLER	FR	#15 Ball State	1.74m	5-8½	12/9
8	Bianca STAPLES	SO	#24 Bowling Green	1.74m	5-8½	12/9
10	Mahogany JENKINS	JR	#6 Indiana	1.73m	5-8	12/8
10	Mallory MULLEN		#7 Cincinnati	{3} 1.73m	5-8	12/8

Women's Pole Vault

1	Jessica MERCIER	SR	#6 Indiana	4.27m	14-0	1/20
2	Abby KNOUFF	JR	#7 Cincinnati	4.17m	13-8¼	1/13
3	Sophia METTES	SO	#5 Michigan State	4.00m	13-1½	12/8
3	Natalie BLAKE	SO	#5 Michigan State	4.00m	13-1½	1/20
5	Julia MOORE	JR	#3 Wisconsin	3.99m	13-1	1/13
6	Kendal FISHER	SO	#7 Cincinnati	{2} 3.97m	13-¼	1/20
7	Erin BOGARD	SR	#10 Youngstown Sta	3.90m	12-9½	1/19
7	Ainsley HAMSHER	SO	#10 Youngstown Sta	3.90m	12-9½	1/19
7	Kaitlyn EGER	FR	#10 Youngstown Sta	3.90m	12-9½	1/19
7	Melana SCHUMAKER	SO	#10 Youngstown Sta	3.90m	12-9½	1/19



Regional TFRI Event Summary

as of 1/24/2024 2:47:10 PM

Great Lakes

Women's Long Jump

1	Paola FERNANDEZ-SOLA	SR	#6 Indiana	6.24m	20-5¾	1/20
2	Modupe AWOSANYA	SO	#18 IUPUI	6.22m	20-5	1/20
3	Kayla WATSON	FR	#2 Ohio State	6.04m	19-9¾	1/13
4	Serena BOLDEN	SR	#6 Indiana	{2} 5.99m	19-8	12/8
5	Juliette LARACUENTE-HUEBNER		#7 Cincinnati	5.95m	19-6¼	12/8
6	Micah CAREY	SR	#10 Youngstown State	5.88m	19-3½	1/19
6	Ella SCALLY	SO	#20 Miami (Ohio)	5.88m	19-3½	1/20
8	Claire PITTMAN	SR	#8 Indiana State	5.87m	19-3¼	12/8
8	Kendall JOHNSON	FR	#21 Dayton	5.87m	19-3¼	1/20
10	Jenelle ROGERS	SR	#15 Ball State	5.83m	19-1½	12/9

Women's Triple Jump

1	Nadia SAUNDERS	SR	#1 Michigan	12.62m	41-5	1/20
2	Mahogany JENKINS	JR	#6 Indiana	12.59m	41-3¾	1/13
3	Riley AMMENHAUSER	JR	#1 Michigan	{2} 12.58m	41-3¼	1/20
4	Juliette LARACUENTE-HUEBNER		#7 Cincinnati	12.47m	40-11	1/13
5	Nia WILLIAMS-MATHEWS	SR	#10 Youngstown State	12.36m	40-6¾	1/19
6	Esther SOLARIN	SO	#10 Youngstown State	{2} 12.34m	40-6	1/19
7	Lanee HALL	SO	#9 Kent State	12.28m	40-3½	1/13
8	Rieko WILFORD	JR	#11 Purdue	12.24m	40-2	1/20
9	Adaline POWELL	SR	#12 Milwaukee	12.16m	39-10¾	1/20
10	Atinuke SHITTU	SO	#2 Ohio State	12.10m	39-8½	1/20
10	Keeli DUNAWAY	SO	#9 Kent State	{2} 12.10m	39-8½	1/13

Women's Shot Put

1	Jessica STEIB	FR	#5 Michigan State	16.60m	54-5½	12/8
2	Corinne JEMISON	SR	#1 Michigan	16.18m	53-1	1/13
3	Maria DEAVIZ	JR	#1 Michigan	{2} 16.17m	53-¾	1/20
4	Lacey STRINGER	JR	#2 Ohio State	16.12m	52-10¾	1/13
5	Danni LANGSETH	SO	#3 Wisconsin	15.67m	51-5	1/19
6	Opal JACKSON	SO	#5 Michigan State	{2} 15.64m	51-3¾	1/20
7	Gabrielle BAILEY	SR	#9 Kent State	15.24m	50-0	1/19
8	Trinity FRANKLIN	SO	#1 Michigan	{3} 15.09m	49-6¼	1/13
9	Hannah REDLIN	SR	#8 Indiana State	15.06m	49-5	1/12
10	Aliesha SHAW	JR	#9 Kent State	{2} 15.05m	49-4½	1/13

Women's Weight Throw

1	Chloe LINDEMAN	SR	#3 Wisconsin	22.14m	72-7¾	1/13
2	Olivia ROBERTS	SR	#3 Wisconsin	{2} 21.72m	71-3¼	1/13
3	Niesha ANDERSON	SO	#8 Indiana State	21.36m	70-1	1/20
4	Elle ADRIAN	SO	#5 Michigan State	20.74m	68-½	12/8
5	Makayla HUNTER	JR	#6 Indiana	20.68m	67-10¼	1/20
6	Abby PEELER	SO	#3 Wisconsin	{3} 20.47m	67-2	1/13
7	Chikere ODUOCHA	SR	#3 Wisconsin	{4} 20.26m	66-5¾	1/13
8	Danni LANGSETH	SO	#3 Wisconsin	{5} 19.85m	65-1½	1/19
9	Asia RAVE	SO	#3 Wisconsin	{6} 19.46m	63-10¼	1/13
10	Hannah JACKSON	SR	#7 Cincinnati	19.38m	63-7	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:10 PM

Mid-Atlantic

Women's 60 Meters

1	Moforehan ABINUSAWA	SO	#2 Penn	7.34	12/8
2	Somiyah BRAGGS	FR	#6 Pittsburgh	7.40	1/20
3	Isabella WHITTAKER	JR	#2 Penn	{2} 7.42	1/13
4	Victoria TEASLEY	FR	#9 Maryland	7.45	1/20
5	Jermecia BROWN	SR	#1 Penn State	7.47	12/2
5	Sydney HAWKINS	SR	#5 Rutgers	7.47	1/20
7	Kailei COLLINS	SR	#7 Howard	7.54	12/2
7	Christiana NWACHUKU	SO	#2 Penn	{3} 7.54	1/20
9	Success DURUZOR	SO	#6 Pittsburgh	{2} 7.55	1/13
10	Meghan QUINN	SR	#12 Bucknell	7.56	12/2
10	Lauren PRINCZ	JR	#1 Penn State	{2} 7.56	1/13

Women's 60 Meter Hurdles

1	Jane LIVINGSTON	SR	#8 Villanova	8.32	1/20
2	Darci KHAN	SR	#7 Howard	8.37	12/8
3	Kaya-Rae DUNBAR	JR	#7 Howard	{2} 8.41	1/13
4	Ajanae THOMPSON	FR	#8 Villanova	{2} 8.43	1/20
5	Cathrina MORRIS	SR	#7 Howard	{3} 8.51	12/2
6	Tyra THOMAS	JR	#10 Marshall	8.53	1/20
7	Yasmeen TINSLEY	JR	#15 Monmouth	8.55	1/13
8	Jia ANDERSON	SO	#4 Navy	8.57	1/20
9	Folake OLUJIDE-AJIBADE	SR	#6 Pittsburgh	8.58	1/13
10	Simone WATKINS	SR	#7 Howard	{4} 8.60	1/13

Women's 200 Meters

1	Cristal CUERVO	JR	#13 Towson	24.00	12/2
1	Christiana NWACHUKU	SO	#2 Penn	24.00	1/20
3	Jermecia BROWN	SR	#1 Penn State	24.15	1/13
4	Moforehan ABINUSAWA	SO	#2 Penn	{2} 24.19	1/20
5	Zoey GOLDSTEIN	JR	#1 Penn State	{2} 24.26	1/13
6	Caitlyn BOBB	JR	#19 UMBC	24.27	1/13
7	Meghan QUINN	SR	#12 Bucknell	24.41	1/13
8	Ai'yana GRAY-WILLIAMS	FR	#7 Howard	24.45	12/8
9	Simone WATKINS	SR	#7 Howard	{2} 24.47	1/20
10	Aniya WOODRUFF	SO	#7 Howard	{3} 24.67	12/8

Women's 400 Meters

1	Isabella WHITTAKER	JR	#2 Penn	52.96	1/13
2	Jocelyn NIEMIEC	JR	#2 Penn	{2} 54.95	1/13
3	Maddie STEVENS	JR	#17 NJIT	55.13	1/20
4	Yasmeen TINSLEY	JR	#15 Monmouth	55.37	1/20
5	Zoey GOLDSTEIN	JR	#1 Penn State	55.38	1/20
6	Success DURUZOR	SO	#6 Pittsburgh	55.51	12/1
7	Maya DRAYTON	SR	#11 Georgetown	55.58	1/20
8	Brianna MPONZI	JR	#3 Princeton	55.71	1/20
9	Taylor WOODWORTH	JR	#4 Navy	55.82	12/2
10	Chloe LUCAS	JR	#23 UMES	55.87	1/13

Women's 800 Meters

1	Alexandra CARLSON	JR	#5 Rutgers	2:05.26	1/14
2	Madaline ULLOM	SR	#1 Penn State	2:06.15	1/20
3	Makenna KREBS	SR	#1 Penn State	{2} 2:11.18	1/20
4	Olivia BUFALINI	FR	#6 Pittsburgh	2:11.43	1/20
5	Christine MANCINI	SR	#25 La Salle	2:11.55	1/13
6	Eleanor ABRAHAM	SR	#4 Navy	2:11.75	1/20
7	Abby KLEBE	SO	#16 Lehigh	2:12.04	1/20
8	Lea HATCHER	FR	#1 Penn State	{3} 2:12.30	1/20
9	Anna COFFIN	SR	#9 Maryland	2:12.62	1/20
10	Kami Joi HICKSON	SR	#9 Maryland	{2} 2:12.63	1/20

Women's Mile

1	Florence CARON	JR	#1 Penn State	4:43.28	1/13
2	Fiona MAX	SR	#3 Princeton	4:50.09	1/13
3	Anna COFFIN	SR	#9 Maryland	4:50.53	1/20
4	Sadie SIGFSTEAD	JR	#8 Villanova	4:50.85	1/20
5	Faith DEMARS	SR	#1 Penn State	{2} 4:51.11	1/20
6	Margaret CARROLL	JR	#8 Villanova	{2} 4:51.53	1/20
7	Eleanor ABRAHAM	SR	#4 Navy	4:51.96	1/13
8	Sophia TOTI	SR	#1 Penn State	{3} 4:52.03	1/20
9	Emily BOUTIN	SR	#4 Navy	{2} 4:52.19	1/13
10	Jordan O'NEILL	JR	#14 Rider	4:52.46	1/20

Women's 3000 Meters

1	Alexandra CARLSON	JR	#5 Rutgers	9:02.65	12/2
2	Melissa RIGGINS	JR	#11 Georgetown	9:04.37	12/2
3	Olivia MORGANTI	JR	#2 Penn	9:12.56	12/2
4	Kileigh KANE	SR	#1 Penn State	9:15.29	12/2
5	Abby HERRING	SR	#10 Marshall	9:28.68	1/13
6	Mena SCATCHARD	JR	#3 Princeton	9:28.83	1/13
7	Florence CARON	JR	#1 Penn State	{2} 9:29.54	1/20
8	Lea HATCHER	FR	#1 Penn State	{3} 9:30.07	1/20
9	Emily BOUTIN	SR	#4 Navy	9:34.38	1/20
10	Margaret LIEBICH	JR	#3 Princeton	{2} 9:36.97	1/13

Women's 5000 Meters

1	Chloe SCRIMGEOUR	SO	#11 Georgetown	15:24.36	12/2
2	Maeve STILES	JR	#2 Penn	16:09.62	12/2
3	Lily MURPHY	SO	#2 Penn	{2} 16:17.37	12/2
4	Jordan O'NEILL	JR	#14 Rider	16:59.97	12/2
5	Olivia LUTKEVICH	JR	#4 Navy	17:22.64	1/20
6	Sarah VAN ORNUM	FR	#17 NJIT	17:58.84	1/19
7	Anna QUACKENBUSH	FR	Saint Francis (Pa	18:00.32	1/20
8	Lauren JOYCE	SO	#12 Bucknell	18:07.42	1/20
9	Lillee TANG	FR	#4 Navy	{2} 18:09.07	1/20
10	Abigail TENREIRO	SR	#16 Lehigh	18:15.62	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:10 PM

Mid-Atlantic

Women's 4x400 Relay

1	Jermecia Brown Victoria Vanriele Zoey Goldstein Hayley Kitching	#1 Penn State	3:39.40	1/20
2	Success Duruzor Logan Neely Mackenzie Sullivan Lydia Bottelier	#6 Pittsburgh	3:42.18	1/20
3	Morayo Kassim Christiana Nwachuku Caia Gelli Jocelyn Niemiec	#2 Penn	3:46.05	1/20
4	Kaira Brown KC Ashiogwu Rebecca Ochan Maya Drayton	#11 Georgetown	3:46.18	1/20
5	Madison Depry Samantha Payne Lydia Robling Maya Mosley	#9 Maryland	3:46.50	1/13
6	Alex Stasichin Micah Trusty Olivia Allen Madison Martinez	#8 Villanova	3:47.15	1/20
7	Leanne McDonald Genelle Stephens Shannel Sibbles Caitlyn Bobb	#19 UMBC	3:47.90	1/13
8	Taylor Woodworth Sarah Taylor Annie Lemelin Sophia Richter	#4 Navy	3:48.68	12/2
9	Zoe Turner Tiffani Rae Pittman Mackenzie Robinson Ai'yana Gray-Williams	#7 Howard	3:50.33	1/13
10	Katherine Loew Colleen Linko Anna Posh Meghan Quinn	#12 Bucknell	3:50.89	1/13

Women's Distance Medley Relay

1	Kylee Mastin Marlee Porter Sophia Newsome Abby Herring	#10 Marshall	11:45.59	1/20
2	Mia-Claire Kezal Milana Breuninger Susanah Heinz Lexi Ensor	#4 Navy	12:20.68	1/20
3	Nadia Zhecheva Hayley Lucido Jenna Keith Sarah Van Ornum	#17 NJIT	12:28.93	1/12
4	Lily Dineen Nava Chevan Alexa LaSasso Elizabeth Borah	#22 Lafayette	12:31.08	1/12
5	Maddie Dischert Faith Capolupo Krisantha Spencer Keira Mansure	#14 Rider	12:32.89	1/12
6	Shelby Whetstone Sofia Condron Casey Walter Rylee Ferretti	#5 Rutgers	12:43.38	12/1
7	Hannah Puckett Kate Riley Lucia Iannello Kirah Tianga	American	12:44.29	1/12
8	Elisa Brear Sydney Kusner Sophia Renaud Abigail Tenreiro	#16 Lehigh	13:13.46	1/20

Women's High Jump

1	Roschell CLAYTON	SR	#8 Villanova	1.84m	6-½	1/13
2	Nyagoa BAYAK	SR	#7 Howard	1.80m	5-10¾	12/8
3	Hannah LOWENSTEIN	SR	#4 Navy	1.77m	5-9¾	12/2
4	Malaika CUNNINGHAM	FR	#8 Villanova	{2} 1.76m	5-9¼	1/13
5	Lydia BOTTIELIER	SR	#6 Pittsburgh	1.75m	5-8¾	12/1
5	Amira GREEN	JR	#18 Temple	1.75m	5-8¾	12/9
7	Leeann REDLO	SO	#13 Towson	1.74m	5-8½	12/2
7	Eva BALDURSDOTTIR	SO	#6 Pittsburgh	{2} 1.74m	5-8½	1/13
7	Annishka MCDONALD	FR	#24 West Virginia	1.74m	5-8½	1/13
10	Karen HULL	SR	#12 Bucknell	1.73m	5-8	12/2



Regional TFRI Event Summary

as of 1/24/2024 2:47:11 PM

Mid-Atlantic

Women's Pole Vault

1	Chloe TIMBERG	JR	#5 Rutgers	4.50m	14-9	1/20
2	Tessa MUDD	SO	#3 Princeton	4.20m	13-9¼	1/13
3	Victoria ATKINSON	SR	#1 Penn State	4.18m	13-8½	1/13
4	Hailey ZURICH	SR	#1 Penn State	{2} 4.15m	13-7¼	12/2
5	Laura REIGLE	SO	#16 Lehigh	4.10m	13-5¼	12/9
5	Allie RICHES	SR	#18 Temple	4.10m	13-5¼	12/2
7	Evangeline THOMSON	FR	#2 Penn	4.00m	13-1½	12/8
8	Alayna SCHLOEDER	SR	#4 Navy	3.95m	12-11½	1/13
9	Helen EMERICK	FR	#4 Navy	{2} 3.90m	12-9½	1/20
10	Emma KEATING	FR	#5 Rutgers	{2} 3.87m	12-8¼	1/20
10	Suzu LACOMBE	JR	#5 Rutgers	{2} 3.87m	12-8¼	1/20

Women's Long Jump

1	Georgina SCOOT	SO	#3 Princeton	6.29m	20-7¾	1/13
2	Ilse STEIGENGA	SR	#6 Pittsburgh	6.28m	20-7¼	12/1
3	Celine BROWN	SO	#5 Rutgers	6.20m	20-4¼	1/20
4	Alexandra KELLY	SO	#3 Princeton	{2} 6.14m	20-1¾	1/13
5	Alexis WILLIS	FR	#5 Rutgers	{2} 6.02m	19-9	1/20
6	Tia JACKSON	JR	#21 Morgan State	6.00m	19-8¼	12/2
7	Karen HULL	SR	#12 Bucknell	5.94m	19-6	1/20
8	Inara SHELL	JR	#18 Temple	5.89m	19-4	1/20
9	Shantell KWOFIE	FR	#3 Princeton	{3} 5.84m	19-2	1/13
10	Hailey ZURICH	SR	#1 Penn State	5.83m	19-1½	12/2
10	Lila GAUGHAN	SR	#12 Bucknell	{2} 5.83m	19-1½	12/2

Women's Triple Jump

1	Alexandra KELLY	SO	#3 Princeton	13.06m	42-10¼	1/20
2	Georgina SCOOT	SO	#3 Princeton	{2} 12.75m	41-10	1/20
3	Claudine SMITH	SR	#5 Rutgers	12.63m	41-5¼	1/14
4	Tesia THOMAS	SR	#1 Penn State	12.55m	41-2¼	1/20
5	Manie MEVO	SO	#13 Towson	12.50m	41-¼	1/19
6	Faithlyn IRVING	SR	#23 UMES	12.34m	40-6	1/13
7	Alexis WILLIS	FR	#5 Rutgers	{2} 12.30m	40-4¼	1/20
8	Samantha BOLLINGER	JR	#4 Navy	12.27m	40-3¼	1/20
9	Tolulope AKINDURO	SO	#9 Maryland	12.25m	40-2¼	1/13
10	Elizabeth SCHREIBER	FR	#1 Penn State	{2} 12.23m	40-1½	1/20

Women's Shot Put

1	Mallory KAUFFMAN	SR	#1 Penn State	16.39m	53-9¼	12/2
2	Alicia CAMPBELL	SR	#5 Rutgers	15.77m	51-9	12/1
3	Jayla BYNUM	SR	#9 Maryland	15.70m	51-6¼	1/20
4	Ava ROBERTS	JR	#19 UMBC	15.27m	50-1¼	1/19
5	Norrah LEMONGO	FR	#6 Pittsburgh	14.97m	49-1½	1/20
6	Siniru IHEOMA	JR	#3 Princeton	14.88m	48-10	12/9
7	Terine LAMBERT	JR	#21 Morgan State	14.46m	47-5¼	12/9
7	Justley SHARP	FR	#12 Bucknell	14.46m	47-5¼	1/20
9	Shantell KWOFIE	FR	#3 Princeton	{2} 14.12m	46-4	1/13
10	Madelyn MORETTI	SO	#20 Duquesne	14.08m	46-2½	1/13

Women's Weight Throw

1	Foluke OLUJIDE-AJIBADE	SR	#6 Pittsburgh	21.07m	69-1½	1/13
2	Alicia CAMPBELL	SR	#5 Rutgers	20.87m	68-5¾	1/20
3	Chioma NJOKU	JR	#9 Maryland	19.25m	63-2	12/2
4	Angela MCAUSLAN-KELLY	FR	#3 Princeton	19.17m	62-10¾	12/9
5	Rebecca MERRITT	SR	#10 Marshall	18.61m	61-¾	1/13
6	Erin HATCHER	SR	#7 Howard	18.38m	60-3¾	1/13
7	Niya CRAWFORD	SO	#6 Pittsburgh	{2} 18.25m	59-10½	1/20
8	Annika KELLY	SR	#3 Princeton	{2} 18.16m	59-7	1/13
9	Natya GLASCO	SR	#14 Rider	17.92m	58-9½	1/12
10	Fatimah OWENS	SR	#13 Towson	17.66m	57-11¼	1/19

Women's Pentathlon

1	Sarah TAYLOR	SR	#4 Navy	3,813	1/20
2	Maddie PITTS	SO	#1 Penn State	3,791	12/2
3	Raina PIETRZAK	FR	#2 Penn	3,665	1/20
4	Isabella ROMASKO	JR	#4 Navy	{2} 3,418	1/20
5	Allison SPALDING	FR	#1 Penn State	{2} 3,397	12/2
6	Jamelah CARSWELL	SR	#20 Duquesne	3,389	12/2
7	Sabrina SOKOL	SR	#4 Navy	{3} 3,333	1/20
8	Emma SANFORD	FR	#16 Lehigh	3,329	12/9
9	Anne RUTLEDGE	JR	#15 Monmouth	3,185	12/9
10	Morgan BLACKFORD	FR	#4 Navy	{4} 3,167	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:11 PM

Midwest

Women's 60 Meters

1	Lia LOVE	JR	#2 Iowa	7.28	12/9
1	Asia THOMAS	FR	#1 Illinois	7.28	1/6
3	Erin KINNEY	SR	#9 South Dakota	7.33	1/20
4	Azariyah BRYANT	SO	#1 Illinois	{2} 7.34	1/6
4	Odell FRYE	SR	#3 Minnesota	7.34	1/12
6	Sophia BECKMON	FR	#1 Illinois	{3} 7.38	1/6
7	Alicia BURNETT	JR	#14 Missouri	7.40	1/19
8	Jessica MCDOWELL	SR	#1 Illinois	{4} 7.41	1/6
9	Iaunia POINTER	SR	#17 Southern Illinois	7.42	12/2
9	Holly DUAX	SO	#2 Iowa	{2} 7.42	12/9

Women's 60 Meter Hurdles

1	Paige MAGEE	JR	#2 Iowa	8.00	1/20
2	Tionna TOBIAS	SR	#2 Iowa	{2} 8.19	1/13
3	Maja MAUNSBACH	JR	#3 Minnesota	8.27	1/20
4	Destiny MASTERS	SR	#13 Wichita State	8.37	12/1
5	Johanna ILVES	SR	#5 Nebraska	8.38	1/20
6	Salmata KORGHIO	SR	#8 North Dakota St.	8.41	1/20
6	Sydney ARNDT	SO	#8 North Dakota St.	8.41	12/9
8	Kate CAMPOS	FR	#13 Wichita State	{2} 8.45	1/20
8	Kaycee MCCOY	SO	#11 Kansas	8.45	12/2
10	Jourdin EDWARDS	SO	#7 Kansas State	8.46	1/20

Women's 200 Meters

1	Asia THOMAS	FR	#1 Illinois	23.45	1/13
2	Kendra KELLEY	SR	#8 North Dakota St.	23.61	12/9
3	Iaunia POINTER	SR	#17 Southern Illinois	23.72	12/2
4	Lia LOVE	JR	#2 Iowa	23.78	1/20
5	Azariyah BRYANT	SO	#1 Illinois	{2} 23.84	1/13
5	Paige MAGEE	JR	#2 Iowa	{2} 23.84	1/13
7	Alexis WILLIAMS	SR	#6 Oklahoma	24.02	1/20
7	Erin KINNEY	SR	#9 South Dakota	24.02	1/20
9	Odell FRYE	SR	#3 Minnesota	24.19	1/12
10	Jasmine WILLIAMS	SO	#8 North Dakota St.	{2} 24.24	12/9

Women's 400 Meters

1	Jessica MCDOWELL	SR	#1 Illinois	52.57	1/13
2	Nell GRAHAM	SR	#8 North Dakota St.	53.09	1/20
3	Deshana SKEETE	JR	#11 Kansas	54.13	1/12
4	Sara REIFENRATH	SR	#9 South Dakota	54.14	1/20
5	Elizabeth ROCA	JR	#18 Tulsa	54.44	1/12
6	Chloe LARSEN	JR	#2 Iowa	54.85	1/20
7	Jayda GIBSON	JR	#6 Oklahoma	54.90	1/20
8	Janielle JOSEPHS	SR	#3 Minnesota	54.91	1/20
9	Jerzie FINSTAD	JR	#12 North Dakota	55.27	12/9
10	Emmanuella NJENJE	FR	#6 Oklahoma	{2} 55.55	1/13

Women's 800 Meters

1	Alli BOOKIN-NOSBISCH	JR	#2 Iowa	2:05.56	1/20
2	Brooke JAWORSKI	SR	#3 Minnesota	2:06.34	1/20
3	Kaylie POLITZA	SO	#4 Oklahoma State	2:06.95	12/2
4	Sarah HOSEY	SO	#18 Tulsa	2:09.90	12/9
5	Lena STOLL	FR	#16 Bradley	2:010.00	1/20
6	Berlyn SCHUTZ	FR	#5 Nebraska	2:10.21	1/20
7	Grace BOOKIN-NOSBISCH	JR	#2 Iowa	{2} 2:10.24	1/20
8	Riley BEACH	JR	#10 Iowa State	2:10.56	1/19
9	Billie ROUSE	SO	#18 Tulsa	{2} 2:11.20	1/19
10	Zoie DUNDON	FR	#3 Minnesota	{2} 2:11.53	1/20

Women's Mile

1	Gabija GALVYDYTE	SR	#4 Oklahoma State	4:33.29	12/2
2	Sivan AUERBACH	JR	#4 Oklahoma State	{2} 4:37.94	12/2
3	Grace BOONE	SR	#4 Oklahoma State	{3} 4:39.49	12/2
4	Heidi DEMEO	SR	#4 Oklahoma State	{4} 4:41.00	12/2
5	Berlyn SCHUTZ	FR	#5 Nebraska	4:41.91	1/20
6	Ava EARL	JR	#24 Northwestern	4:42.74	1/19
7	Emma WATCKE	JR	#15 Loyola-Chicago	4:46.00	1/20
8	Josphine WANJIKU	FR	#7 Kansas State	4:46.11	1/20
9	Trixie WRAITH	SO	#16 Bradley	4:46.60	1/13
10	Halle HILL	JR	#1 Illinois	4:46.95	1/13

Women's 3000 Meters

1	Billah JEPKIRUI	SO	#4 Oklahoma State	8:49.08	12/2
2	Halle HILL	JR	#1 Illinois	9:25.21	1/20
3	Trixie WRAITH	SO	#16 Bradley	9:27.11	1/20
4	Rachel ANDERSON	SR	#17 Southern Illinois	9:31.37	1/13
5	Ali WEIMER	FR	#3 Minnesota	9:36.22	1/20
6	McKenna REVORD	SR	#14 Missouri	9:37.13	1/19
7	Amber AESOPH	JR	#2 Iowa	9:38.13	1/20
8	Mikayla REED	SR	#14 Missouri	{2} 9:38.91	1/19
9	Nina AMICON	JR	#19 DePaul	9:38.96	12/2
10	Mckinley WHEELER	FR	#10 Iowa State	9:39.16	12/9

Women's 5000 Meters

1	Molly BORN	SR	#4 Oklahoma State	15:36.04	12/2
2	Madelynn HILL	SR	#10 Iowa State	16:02.33	12/2
3	Maele PORCHER	SO	#10 Iowa State	{2} 16:10.84	12/2
4	Lona LATEMA	SR	#11 Kansas	16:13.10	12/2
5	Yonca KUTLUK	SR	#12 North Dakota	16:13.27	12/2
6	Olivia BOROWIAK	SR	#19 DePaul	16:22.66	12/2
7	Delia MCDADE CLAY	JR	#15 Loyola-Chicago	16:24.48	12/2
8	Dana FEYEN	SR	#10 Iowa State	{3} 16:28.24	12/2
9	Janette SCHRAFT	SR	#10 Iowa State	{4} 16:30.00	12/2
10	Julia ISHAM	FR	#15 Loyola-Chicago	{2} 16:43.39	12/2



USTFCCA NCAA Division I Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, January 22

as of 1/24/2024 2:47:11 PM

Midwest

Women's 4x400 Relay

1	Jayla Campbell Dyandra Gray Brooke Jaworski Janielle Josephs	#3 Minnesota	3:38.67	1/20
2	Jessica McDowell Asia Thomas Azariyah Bryant Madison Hardamon	#1 Illinois	3:40.25	1/13
3	Julia Pattison Paige Magee Olicia Lucas Chloe Larsen	#2 Iowa	3:40.91	1/20
4	Jacy Pulse Madison Jochum Erin Kinney Sara Reifenrath	#9 South Dakota	3:42.97	1/20
5	Kyla Lewis Nia Parks Jada Atkinson Jenna James	#6 Oklahoma	3:43.11	12/9
6	Twaneise Johnson Vanessa Mercera Delaney Wright Jourdin Edwards	#7 Kansas State	3:44.32	1/20
7	Rachel Joseph Bria Barnes Makayla Clark Cameron Moon	#10 Iowa State	3:45.76	1/19
8	Isis Grant Gabija Galvydyte Kaylie Politza Maddie Salek	#4 Oklahoma State	3:46.72	1/12
9	Madison Campbell Addison Brooks Claire Farrell Pearl Awanya	#11 Kansas	3:46.83	12/2
10	Jenna Johnson Erika Kuntz Jessica Boekelheide Cerington Jones	#20 South Dakota State	3:47.05	12/2

Women's Distance Medley Relay

1	Mia Dubac Kate Wojcikiewicz Jo Collins Roisin Treacy	#15 Loyola-Chicago	12:18.70	12/1
2	Starr Scott Zora Williams Riley Franz Sonja Morin	#21 Saint Louis	12:26.36	1/19

Women's High Jump

1	Jenna ROGERS	JR	#5 Nebraska	1.90m	6-2¾	1/13
2	Sharie ENOE	SO	#7 Kansas State	1.88m	6-2	1/12
3	Bara SAJDOKOVA	JR	#1 Illinois	1.87m	6-1½	1/20
4	Destiny MASTERS	SR	#13 Wichita State	1.85m	6-¾	1/12
5	Rose YEBOAH	FR	#1 Illinois	{2} 1.84m	6-½	1/20
6	Alliyah MCNEIL	SR	#3 Minnesota	1.80m	5-10¾	1/12
6	Arianna CALLOWAY	FR	#25 Northern Illinois	1.80m	5-10¾	12/1
8	Nyalaam JOK	JR	#3 Minnesota	{2} 1.79m	5-10½	12/9
9	Saara HAKANEN	SR	#4 Oklahoma State	1.78m	5-10	1/12
10	Arienne BIRCH	FR	#8 North Dakota State	1.77m	5-9¾	12/9

Women's Pole Vault

1	Tori THOMAS	JR	#1 Illinois	4.42m	14-6	1/6
2	Olivia LUEKING	JR	#6 Oklahoma	4.31m	14-1¾	1/13
3	Mia MORELLO	SO	#1 Illinois	{2} 4.22m	13-10	1/6
4	Cassidy MOONEYHAN	SR	#9 South Dakota	4.16m	13-7¾	1/20
5	Kelsey ROTHAS	SR	#1 Illinois	{3} 4.10m	13-5¼	1/20
6	Gabby HOKE	JR	#11 Kansas	4.08m	13-4½	1/12
6	Mason MEINERSHAGEN	FR	#11 Kansas	4.08m	13-4½	1/12
8	Gennifer HIRATA	SR	#9 South Dakota	{2} 4.01m	13-1¾	1/20
8	Jaidyn GARRETT	SR	#9 South Dakota	{2} 4.01m	13-1¾	1/20
10	Sofia CONDON	FR	#3 Minnesota	4.00m	13-1½	1/20
10	Jessica GARDNER	SR	#5 Nebraska	4.00m	13-1½	1/13

Women's Long Jump

1	Sophia BECKMON	FR	#1 Illinois	6.49m	21-3½	1/13
2	Tacoria HUMPHREY	JR	#1 Illinois	{2} 6.42m	21-¾	1/20
3	Elizabeth NDUDI	FR	#1 Illinois	{3} 6.40m	21-0	1/13
4	Alliyah MCNEIL	SR	#3 Minnesota	6.17m	20-3	1/12
5	Shalom OLOTU	JR	#7 Kansas State	6.16m	20-2½	1/20
6	Maud ZEFFOU-POATY	SO	#2 Iowa	6.15m	20-2¼	1/20
7	Lishanna ILVES	JR	#5 Nebraska	6.12m	20-1	1/20
8	Tionna TOBIAS	SR	#2 Iowa	{2} 6.11m	20-½	1/13
8	Velecia WILLIAMS	JR	#5 Nebraska	{2} 6.11m	20-½	1/20
10	Aliyah ADAMS	SO	#23 Western Illinois	6.10m	20-¼	12/9

Women's Triple Jump

1	Darja SOPOVA	SO	#1 Illinois	13.56m	44-6	1/13
2	Winny BII	FR	#4 Oklahoma State	13.49m	44-3¼	1/12
3	Daniela MARTINE-WAMOKPEGO	FR	#2 Iowa	13.12m	43-½	12/9
3	Diarra SOW	SO	#3 Minnesota	13.12m	43-½	1/12
5	Velecia WILLIAMS	JR	#5 Nebraska	12.89m	42-3½	1/13
6	Agur DWOL	SO	#6 Oklahoma	12.88m	42-3¼	1/13
7	Rhianna PHIPPS	JR	#5 Nebraska	{2} 12.51m	41-½	1/20
8	Brooke MOORE	SO	#3 Minnesota	{2} 12.43m	40-9½	1/12
9	Aaliyah LINDSAY	JR	#11 Kansas	12.40m	40-8¼	1/12
10	Ashley MCELMURRY	SR	#5 Nebraska	{3} 12.37m	40-7	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:11 PM

Midwest

Women's Shot Put

1	Mine DE KLERK	SO	#5 Nebraska	17.45m	57-3	1/13
2	Paige LOW	JR	#6 Oklahoma	17.15m	56-3¼	12/9
3	Amelia FLYNT	SO	#5 Nebraska {2}	17.08m	56-½	1/20
4	Kat MOODY	SR	#2 Iowa	16.57m	54-4½	12/9
5	Annie NABWE	FR	#3 Minnesota	16.12m	52-10¾	12/9
6	Meredith CLARK	SR	#20 South Dakota St	15.83m	51-11¼	12/2
7	Emily OFFENHEISER		#14 Missouri	15.77m	51-9	1/19
8	Grace THOMPSON	JR	#7 Kansas State	15.76m	51-8½	12/2
9	Tori THOMAS	SR	#11 Kansas	15.68m	51-5½	12/2
10	Daisy MONIE	JR	#7 Kansas State {2}	15.61m	51-2¾	1/20

Women's Weight Throw

1	Shelby FRANK	SR	#3 Minnesota	23.06m	75-8	1/20
2	Monique HARDY	SR	#7 Kansas State	22.13m	72-7¼	1/12
3	Amber SIMPSON	SR	#1 Illinois	21.94m	71-11¾	1/20
4	Annie NABWE	FR	#3 Minnesota {2}	21.90m	71-10¼	1/12
5	Emma ROBBINS	SR	#7 Kansas State {2}	21.20m	69-6¾	12/2
6	Kassidy GALLAGHER	SO	#6 Oklahoma	20.73m	68-¼	12/9
7	Kenna CURRY	SR	#12 North Dakota	20.57m	67-6	1/20
8	Alivia BAUER	JR	#2 Iowa	20.43m	67-½	1/13
9	Kaitlyn BURSON	SR	#10 Iowa State	20.40m	66-11¼	1/13
10	Jordan KOSKONDY	FR	#1 Illinois {2}	20.12m	66-¼	1/13

Women's Pentathlon

1	Destiny MASTERS	SR	#13 Wichita State	4,151		12/1
2	Tionna TOBIAS	SR	#2 Iowa	4,049		1/20
3	Annie WIRTH	FR	#2 Iowa {2}	3,835		12/9
4	Nell GRAHAM	SR	#8 North Dakota St	3,793		12/9
5	Malene KOLLBERG	JR	#12 North Dakota	3,635		12/9
6	Carlee ROCHFORD	FR	#2 Iowa {3}	3,571		12/9
7	Katy STEPHENS	SO	#22 Northern Iowa	3,530		1/20
8	Tiffanie MAGNUSSON	SO	#12 North Dakota {2}	3,528		12/9
9	Eucabeth KIVIKANGAS	SO	#12 North Dakota {3}	3,523		12/9
10	Lauren HECK	JR	#11 Kansas	3,508		12/2



Regional TFRI Event Summary

as of 1/24/2024 2:47:11 PM

Mountain

Women's 60 Meters

1	Alyssa COLBERT	JR	#1 Texas Tech	7.21	1/13
2	Jaslyn GARDNER	SR	#2 BYU	7.30	1/13
3	Success UMURO	JR	#1 Texas Tech {2}	7.32	1/13
4	Serena CLARK	JR	#1 Texas Tech {3}	7.38	1/20
5	Madeline WILSON	SR	#3 Northern Arizona	7.43	1/19
6	Jhana DOWNIE	JR	#6 New Mexico State	7.50	1/13
7	Adriane NWONUMAH	SO	#1 Texas Tech {4}	7.54	1/20
7	Rejoice SULE	FR	#8 UTEP	7.54	1/13
9	Megan ROSE	JR	#11 Utah	7.55	12/9
10	Sierra BREWER	JR	#6 New Mexico State {2}	7.58	1/20
10	Denae MCFARLANE	JR	#8 UTEP {2}	7.58	1/13

Women's 60 Meter Hurdles

1	Marissa SIMPSON	JR	#8 UTEP	8.14	1/13
2	Avery MCMULLEN	SR	#5 Colorado	8.21	1/13
3	Aliyah LOGAN	JR	#6 New Mexico State	8.24	1/20
4	Kyndal MARTIN	SR	#13 Idaho State	7.83 (7.83 (55m)	1/20
5	Naomi KREBS	SO	#1 Texas Tech	8.48	1/13
6	Sarah MARSKE	SR	#17 Nevada	8.49	1/13
7	Abbey BRYANT	SR	#10 Utah State	7.91 (7.91 (55m)	1/20
7	Jada GREEN	JR	#5 Colorado {2}	8.51	12/2
9	T'Erica BOYD	SO	#6 New Mexico State {2}	8.53	1/13
10	Harley DANIEL	SO	#11 Utah	8.56	12/9

Women's 200 Meters

1	Madeline WILSON	SR	#3 Northern Arizona	23.43	1/19
2	Success UMURO	JR	#1 Texas Tech	23.56	1/20
3	Alyssa COLBERT	JR	#1 Texas Tech {2}	23.57	1/20
4	Serena CLARK	JR	#1 Texas Tech {3}	23.71	1/20
5	Jhana DOWNIE	JR	#6 New Mexico State	24.00	1/13
6	Rejoice SULE	FR	#8 UTEP	24.13	1/13
7	Mercy UMOIBANG	JR	#1 Texas Tech {4}	24.22	1/13
8	Bailey KEALAMAKIA	SR	#11 Utah	24.30	1/20
9	Avery MCMULLEN	SR	#5 Colorado	24.32	1/13
10	Adriane NWONUMAH	SO	#1 Texas Tech {5}	24.50	1/13

Women's 400 Meters

1	Josefine ERIKSEN	JR	#11 Utah	53.53	1/20
2	Emma POLLAK	JR	#5 Colorado	54.05	1/13
3	Niesha BURGHER	SO	#8 UTEP	54.46	1/13
4	Mercy UMOIBANG	JR	#1 Texas Tech	55.24	1/20
5	Annalies KALMA	SO	#17 Nevada	55.74	1/13
6	Wendira MOSS	SR	#18 Northern Colorado	56.06	1/13
7	Madison SMITH	SR	#9 Montana State	56.17	1/12
8	Taylor RIOUX	JR	#19 Air Force	56.31	12/8
9	Mikenna ELLS	JR	#16 Montana	56.35	1/20
10	Angelyca CHAPMAN	SO	#15 Weber State	56.48	1/20

Women's 800 Meters

1	Meghan HUNTER	JR	#2 BYU	2:03.54	12/2
2	Sami OBLAD	JR	#2 BYU {2}	2:09.51	12/9
3	Gabriella SZABO	SO	#7 New Mexico	2:09.93	1/20
4	Krystie SOLOMON	JR	#2 BYU {3}	2:10.17	12/2
5	Maggi CONGDON	SR	#3 Northern Arizona	2:10.38	1/19
6	Abbey GLYNN	SR	#5 Colorado	2:10.48	1/13
7	Regina MPIGACHAI	JR	#18 Northern Colorado	2:10.73	1/13
8	Kylie OLSEN	FR	#2 BYU {4}	2:11.21	12/2
9	Lexi GOFF	SO	#2 BYU {5}	2:11.86	12/9
10	Thobile AMON	SR	#6 New Mexico State	2:12.35	1/20

Women's Mile

1	Maggi CONGDON	SR	#3 Northern Arizona	4:30.16	1/19
2	Alyson CHURCHILL	JR	#3 Northern Arizona {2}	4:34.51	1/19
3	Salma ELBADRA		#14 Wyoming	4:37.02	1/13
4	Ali (Aliandrea) UPSHAW	JR	#3 Northern Arizona {3}	4:38.86	1/19
5	Gracelyn LARKIN	SR	#3 Northern Arizona {4}	4:39.60	1/19
6	Karrie BALOGA	FR	#3 Northern Arizona {5}	4:40.93	1/19
7	Anna PETR	SR	#4 Colorado State	4:41.09	1/13
8	Bryn MORLEY	SR	#3 Northern Arizona {6}	4:41.77	1/19
9	Quinn MCCONNELL	SR	#4 Colorado State {2}	4:43.87	1/13
10	Yasmin AUSTRIDGE	SR	#4 Colorado State {3}	4:45.13	1/13

Women's 3000 Meters

1	Riley CHAMBERLAIN	SO	#2 BYU	9:00.17	12/2
2	Carlee HANSEN	JR	#2 BYU {2}	9:04.83	12/2
3	Jacey FARMER	SO	#2 BYU {3}	9:20.59	12/2
4	Semira Mebrahtu FIREZGHI	JR	#7 New Mexico	9:27.89	12/2
5	Morgan NOKES (NEE FRENCH)	JR	#12 Utah Valley	9:30.17	1/13
6	Klara DESS	SO	#7 New Mexico {2}	9:31.40	12/2
7	Joyce KEMBOI		#8 UTEP	9:31.48	1/13
8	Emily CLARKE	SR	#17 Nevada	9:35.69	1/13
9	Alyson CHURCHILL	JR	#3 Northern Arizona	9:38.69	1/19
10	Gracelyn LARKIN	SR	#3 Northern Arizona {2}	9:41.96	1/19

Women's 5000 Meters

1	Annika REISS	SR	#3 Northern Arizona	15:37.94	12/2
2	Jenna HUTCHINS	SO	#2 BYU	15:37.97	12/2
3	Elise STEARNS	JR	#3 Northern Arizona {2}	15:38.11	12/2
4	Gracelyn LARKIN	SR	#3 Northern Arizona {3}	15:38.18	12/2
5	Ella BARAN	SR	#5 Colorado	15:38.29	12/2
6	Aubrey FRENTHWAY	SR	#2 BYU {2}	15:39.92	12/2
7	Lexy HALLADAY-LOWRY	JR	#2 BYU {3}	15:42.01	12/2
8	Carmen ALDER	JR	#2 BYU {4}	15:51.98	12/2
9	Sadie SARGENT	SR	#2 BYU {5}	15:55.66	12/2
10	Ali (Aliandrea) UPSHAW	JR	#3 Northern Arizona {4}	15:56.67	12/2



USTFCCA NCAA Division I Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, January 22

as of 1/24/2024 2:47:11 PM

Mountain

Women's 4x400 Relay

1	Terice Steen Mickaliliah Vassall Jhana Downie Jahnya Hill	#6 New Mexico Stat	3:39.24	1/20
2	Chloe Taylor Josefine Eriksen Bailey Kealamakia Harley Daniel	#11 Utah	3:39.37	1/20
3	Zariere Dumas Success Umukoro Kayla Jones Rosemary Chukwuma	#1 Texas Tech	3:40.10	1/20
4	Peyton Garrison Caroline Hawkes Giulia Gandolfi Madison Smith	#9 Montana State	3:42.45	1/12
5	Niesha Burgher Loubna Benhadja Marissa Simpson Zani Meaders	#8 UTEP	3:43.47	1/13
6	Melia Middleton Halyn Senegal Sarah Marske Annalies Kalma	#17 Nevada	3:45.04	1/13
7	Kathryn Bingham Lainey Jones Jaslyn Jaslyn Annalise Annalise	#2 BYU	3:47.96	12/9
8	LiNay Perry Hannah Schmidt Brenna Rodriguez Madeline Wilson	#3 Northern Arizona	3:48.64	1/19
9	Cosley Bruno Mikenna Ellis Claire Hutchison Lily Meskers	#16 Montana	3:48.75	1/13
10	Joy Moorer Abbey Glynn Emma Pollak Reese Renz	#5 Colorado	3:48.77	1/13

Women's Distance Medley Relay

1	Becky Swanson-Lowder Olivia Larsen Oakley Olson Morgan Nokes	#12 Utah Valley	11:43.32	1/20
2	Bailey Brinkerhoff Hannah Davidson Mattaly n Geddes Analee Weaver	#10 Utah State	11:55.47	1/20
3	Mackenzie Morgan Cosley Bruno MacKenzie Dean Iris Mckean	#16 Montana	12:32.38	1/13

Women's High Jump

1	Temitope ADESHINA	FR	#1 Texas Tech	1.96m	6-5	1/20
2	Cierra TIDWELL	SR	#2 BYU	1.89m	6-2 1/4	12/9
3	Cierra ALLPHIN	SR	#2 BYU	{2} 1.84m	6-1 1/2	1/13
4	Claire LOWREY	FR	#1 Texas Tech	{2} 1.83m	6-0	1/13
5	Tatum BAILEY	SO	#4 Colorado State	1.77m	5-9 3/4	12/9
6	Alexis IVY	JR	#1 Texas Tech	{3} 1.75m	5-8 3/4	1/13
6	Avery MCMULLEN	SR	#5 Colorado	1.75m	5-8 3/4	1/13
6	Kapri SYLVESTER	SR	#13 Idaho State	1.75m	5-8 3/4	1/20
9	Ajia HUGHES	JR	#20 Southern Utah	1.74m	5-8 1/2	1/13
9	Allie ROUTLEDGE	SR	#5 Colorado	{2} 1.74m	5-8 1/2	12/9

Women's Pole Vault

1	Rebekah ERIKSON	JR	#2 BYU	4.33m	14-2 1/2	12/9
2	Kashlee DICKINSON	FR	#1 Texas Tech	4.25m	13-11 1/4	1/20
3	Olivia CADE	JR	#1 Texas Tech	{2} 4.23m	13-10 1/2	1/13
4	Mackenzie HAYWARD	SR	#1 Texas Tech	{3} 4.15m	13-7 1/4	1/20
5	Kaitlyn BANAS	SR	#1 Texas Tech	{4} 4.13m	13-6 1/2	1/13
5	Alla PARNOV		#8 UTEP	4.13m	13-6 1/2	1/13
7	Maja GEBAUER	SR	#7 New Mexico	4.10m	13-5 1/4	12/8
8	Maria KIMPSON	SO	#4 Colorado State	4.01m	13-1 3/4	1/20
9	Brielle DAVIS	SO	#13 Idaho State	4.00m	13-1 1/2	1/12
10	Ella STRICKLAND	SO	#1 Texas Tech	{5} 3.98m	13-3/4	1/13

Women's Long Jump

1	Tamiah WASHINGTON	FR	#1 Texas Tech	6.18m	20-3 1/2	1/20
1	Avery MCMULLEN	SR	#5 Colorado	6.18m	20-3 1/2	12/2
3	Sadie MCMULLEN	SR	#14 Wyoming	6.16m	20-2 1/2	12/8
4	Jo-Anna PINNOCK	SO	#4 Colorado State	6.04m	19-9 3/4	12/2
5	Hailey COEY	SO	#9 Montana State	5.96m	19-6 3/4	12/7
5	Lauren FOWLER	JR	#7 New Mexico	5.96m	19-6 3/4	12/8
7	Mikyla HARKLEY	JR	#7 New Mexico	{2} 5.84m	19-2	12/8
8	Kara LUCYK	JR	#5 Colorado	{2} 5.76m	18-10 3/4	12/8
9	Zennia GONZALES	JR	#7 New Mexico	{3} 5.74m	18-10	12/8
10	Elizabeth LITTLEWOOD	JR	#15 Weber State	5.73m	18-9 3/4	12/9
10	Makayla WILLIAMS	JR	#4 Colorado State	{2} 5.73m	18-9 3/4	12/2
10	Josie SETTLE	FR	#13 Idaho State	5.73m	18-9 3/4	1/12



Regional TFRI Event Summary

as of 1/24/2024 2:47:11 PM

Mountain

Women's Triple Jump

1	Ruta LASMANE	SR	#1 Texas Tech	13.71m	44-11¾	1/20
2	Onaara OBAMUWAGUN	JR	#1 Texas Tech	{2}13.07m	42-10¾	1/20
3	Suzan OGUNLEYE	SO	#1 Texas Tech	{3}12.70m	41-8	1/13
4	Jo-Anna PINNOCK	SO	#4 Colorado State	12.61m	41-4½	12/8
5	Mikyla HARKLEY	JR	#7 New Mexico	12.42m	40-9	1/20
6	Maria Paz MILANI	JR	#17 Nevada	12.23m	40-1½	1/13
7	Tamiah WASHINGTON	FR	#1 Texas Tech	{4}12.22m	40-1¼	1/13
8	Brenna RODRIGUEZ	SO	#3 Northern Arizona	12.16m	39-10¾	1/12
9	Madeleine PASSMORE	SO	#2 BYU	12.09m	39-8	1/13
10	Hailey COEY	SO	#9 Montana State	12.00m	39-4½	12/7

Women's Shot Put

1	Mya LESNAR	JR	#4 Colorado State	18.50m	60-8½	12/2
2	Gabby MORRIS	JR	#4 Colorado State	{2}17.44m	57-2¾	1/13
3	Gretchen HOEKSTRE	JR	#2 BYU	16.69m	54-9¼	1/13
4	Field GATLIN	SR	#1 Texas Tech	15.92m	52-2¾	1/20
5	Michaela HAWKINS	SR	#4 Colorado State	{3}15.91m	52-2½	1/13
6	Rebecca GREEN	JR	#6 New Mexico Stat	15.76m	51-8½	1/20
7	Alaina DIGGS	SR	#3 Northern Arizona	15.36m	50-4¾	1/19
8	McKenzie DAVIS	FR	#1 Texas Tech	{2}15.15m	49-8½	1/20
9	Dawson ROTHENBUHLER	SO	#15 Weber State	14.89m	48-10¼	12/9
10	Faith MITCHELL	FR	#1 Texas Tech	{3}14.72m	48-3½	1/20

Women's Weight Throw

1	Mya LESNAR	JR	#4 Colorado State	21.11m	69-3¼	12/2
2	Michaela HAWKINS	SR	#4 Colorado State	{2}19.66m	64-6	1/20
3	Kajsa BORRMAN	FR	#4 Colorado State	{3}18.67m	61-3	1/13
4	Sarah WILENSKY	SR	#13 Idaho State	18.64m	61-2	1/20
5	Mary CARBEE	SR	#14 Wyoming	18.63m	61-1½	12/8
6	Amanda OPP	JR	#5 Colorado	18.35m	60-2½	12/8
7	Miranda TCHEUTCHOUA	JR	#6 New Mexico Stat	18.31m	60-1	1/20
8	Gretchen HOEKSTRE	JR	#2 BYU	18.21m	59-9	1/20
9	Makiya MOORE	JR	#6 New Mexico Stat	{2}18.04m	59-2¼	1/13
10	Sariyah HORNE-KEMP	SO	#3 Northern Arizona	17.84m	58-6½	1/12

Women's Pentathlon

1	Avery MCMULLEN	SR	#5 Colorado	4,128	12/9
2	Mayci TAYLOR	SO	#2 BYU	3,896	12/9
3	Eva BRUCE	SO	#5 Colorado	{2}3,599	12/9
4	Zoey BONDS	SO	#2 BYU	{2}3,585	12/9
5	Kate TUELLER	FR	#15 Weber State	3,574	1/12
6	Anaya POTTER	FR	#12 Utah Valley	3,554	12/9
7	Whitney MORRISON	JR	#16 Montana	3,552	1/20
8	Madelyn EATON	JR	#2 BYU	{3}3,533	12/9
9	Sarena MACKLEY	FR	#15 Weber State	{2}3,491	1/12
10	Tatum BAILEY	SO	#4 Colorado State	3,487	12/9



Regional TFRI Event Summary

as of 1/24/2024 2:47:11 PM

Northeast

Women's 60 Meters

1	Dominique CLARKE	JR	#13 Albany	7.48	12/2
1	Lauren JONES	SR	#3 Cornell	7.48	12/1
3	Kahniya JAMES	JR	#9 Syracuse	7.54	1/13
4	Emma TAYLOR	SR	#5 Army West Point	7.56	1/20
4	Delicia BENT	SO	#15 St. John's (N.Y.)	7.56	1/20
6	Savannah BLAIR	FR	#7 Northeastern	7.57	12/8
7	Jazmen NEWBERRY	SO	#13 Albany {2}	7.59	12/2
7	Jada SMITH	SO	#11 Boston Universit	7.59	12/2
9	Elizabeth MCMAHON	SR	#7 Northeastern {2}	7.60	12/8
9	Kyla HILL	SR	Fordham	7.60	1/12

Women's 60 Meter Hurdles

1	Jailiya ASH	JR	#1 Connecticut	8.27	12/8
2	A'liyah THOMAS	JR	#1 Connecticut {2}	8.38	1/20
3	Shaleah COLAIRE	SR	#9 Syracuse	8.42	1/19
4	Taleea BUXTON	FR	#9 Syracuse {2}	8.43	1/13
5	Lucija GRD	FR	#12 Yale	8.56	1/20
5	Fabiola BELIBI	SO	#4 Harvard	8.56	1/14
5	Ruth-Ann CHAMBERS	JR	#25 Wagner	8.56	12/8
8	Jenna CHAN	JR	#23 Binghamton	8.58	1/20
8	Brooke URY	SR	#2 Brown	8.58	1/14
10	Aniyah WALTERS	JR	#3 Cornell	8.59	12/1

Women's 200 Meters

1	Savannah BLAIR	FR	#7 Northeastern	24.49	1/14
2	Mfoniso ANDREW	SO	#4 Harvard	24.60	1/14
3	Imani REID	FR	#3 Cornell	24.63	1/13
4	Kahniya JAMES	JR	#9 Syracuse	24.67	1/19
5	Emma TAYLOR	SR	#5 Army West Point	24.77	1/20
6	Egbe NDIP-AGBOR	JR	#4 Harvard {2}	24.81	1/14
7	Shaleah COLAIRE	SR	#9 Syracuse {2}	24.92	1/19
8	Kyla KRAWCZYK	JR	#8 Boston College	24.95	1/20
9	Kyla HILL	SR	Fordham	24.99	1/12
10	Jayani SANTOS	FR	#14 UMass Lowell	25.03	1/13

Women's 400 Meters

1	Delaney BENEDICT	SR	#3 Cornell	56.47	1/13
2	Rylie SMITH	JR	#21 Quinnipiac	56.77	1/14
3	Victoria GUERRIER	FR	#12 Yale	56.84	1/20
4	Lara WESTWOOD-MARSH	SR	#5 Army West Point	57.41	12/2
5	Tess DARNELL	JR	#10 Columbia	57.54	1/20
6	Kiley RONAN	SR	Holy Cross	57.76	1/20
7	Tamara RAWLES	SO	#19 Central Connecti	57.81	1/20
8	Ella MAINWARING FOSTER	JR	#12 Yale {2}	57.85	1/20
9	Jillian FENERTY	SO	#16 Providence	57.99	1/14
10	Maura JORDAN	SR	Canisius	58.04	1/20

Women's 800 Meters

1	Kimberley MAY	JR	#16 Providence	2:04.47	1/14
2	Olivia SCHMITT	SR	#10 Columbia	2:09.92	1/20
3	Bella PIETRASIEWICZ	JR	#6 Dartmouth	2:10.15	1/20
4	Andie MURRAY	SO	#6 Dartmouth {2}	2:14.33	1/6
5	Aliya BARROWS	SR	#20 Bryant	2:14.64	1/14
6	Ashley DANA	SR	#19 Central Connecti	2:14.97	1/5
7	Alex COSTANTINO		#18 UMass	2:15.02	1/14
8	Allison NEWTON	SO	#24 Buffalo	2:15.71	1/20
9	Shayla BONZELET	SR	#5 Army West Point	2:16.24	1/20
10	Alyssa ELLIOTT	JR	#1 Connecticut	2:17.14	12/8

Women's Mile

1	Molly HUDSON	JR	#8 Boston College	4:32.45	1/20
2	Sophia GORRIARAN	FR	#4 Harvard	4:36.66	12/2
3	Natalie MILLEROVA	FR	#8 Boston College {2}	4:37.95	1/20
4	Jenna ZYDANOWICZ	JR	#1 Connecticut	4:40.08	1/20
5	Abigail HASSMAN	SR	#7 Northeastern	4:41.18	1/20
6	Vera SJOBERG	SO	#11 Boston Universit	4:41.80	12/2
7	Aoife DUNNE	SR	#8 Boston College {3}	4:41.92	1/20
8	Elia TON-THAT	SO	#10 Columbia	4:43.48	1/20
9	Ava DUGGAN	SR	#7 Northeastern {2}	4:45.04	1/20
10	Lily FLYNN	JR	#8 Boston College {4}	4:47.74	1/20

Women's 3000 Meters

1	Maia RAMSDEN	JR	#4 Harvard	8:46.84	12/2
2	Kimberley MAY	JR	#16 Providence	8:54.16	12/2
3	Natalie MILLEROVA	FR	#8 Boston College	9:12.43	12/2
4	Madeleine LOCHER	JR	#6 Dartmouth	9:22.27	1/20
5	Sarah FLYNN	SR	#8 Boston College {2}	9:24.11	12/2
6	Lily FLYNN	JR	#8 Boston College {3}	9:32.68	12/2
7	Fiona MCLOUGHLIN	JR	Stony Brook	9:33.04	1/13
8	Ava DUGGAN	SR	#7 Northeastern	9:35.77	12/2
9	Grace WEIGELE	JR	Stony Brook {2}	9:36.06	1/13
10	Mary Caroline HEINEN	SR	#10 Columbia	9:36.60	1/20

Women's 5000 Meters

1	Kenzie DOYLE	SR	#14 UMass Lowell	15:27.42	12/2
2	Phoebe ANDERSON	JR	#10 Columbia	15:38.47	12/2
3	Savannah ROARK	SR	#9 Syracuse	15:45.24	12/2
4	Elia TON-THAT	SO	#10 Columbia {2}	15:50.67	12/2
5	Abigail HASSMAN	SR	#7 Northeastern	15:56.99	12/2
6	Ellie LAWLER	SR	#9 Syracuse {2}	16:12.64	12/2
7	Sophia JACOBS-TOWNSLEY	JR	#9 Syracuse {3}	16:18.23	12/2
8	Rylie LUSK	JR	#9 Syracuse {4}	16:18.40	12/2
9	Amanda CHAMBERS	SR	#13 Albany	16:32.02	12/2
10	Brooke MORABITO	SR	#19 Central Connecti	16:32.89	12/2



USTFCCA NCAA Division I Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, January 22

as of 1/24/2024 2:47:12 PM

Northeast

Women's 4x400 Relay

1	Brooklyn Chestnut Kara Sampath Zamira Ysaac Sophia Leslie	#15 St. John's (N.Y.)	3:39.41	1/20
2	Kayla Palmer Ella Jackson Sydney Segalla Sophia Schwartz	#8 Boston College	3:43.28	1/20
3	Emma Taylor Lara Westwood- Marsh Ever Elegon Hannah Andrews	#5 Army West Point	3:47.94	1/13
4	Mira Thakur Bridget Vitu Molly Harding Gloria Guerrier	#12 Yale	3:48.01	1/20
5	Jada Johnson Victoria Bossong Fabiola Belibi Chloe Fair	#4 Harvard	3:50.44 (3:50.44 (4x 12/2	
6	Tess Darnell Kimmi Woods Kennedi Poullard Amara Onyeukwu	#10 Columbia	3:49.89	1/20
7	Riley Ebersole Justine Hounsell Elise Sawyer Delaney Benedict	#3 Cornell	3:50.00	1/20
8	Jada Jones Bridget McNally Olivia Jelsma Mariella Schweitzer	#6 Dartmouth	3:50.22	1/20
9	Jalah Cooper Caroline Rice Raquel Rosa Anna Connors	#1 Connecticut	3:51.37	12/8
10	Hillary Abankwa Sophia Morone Angie Mesa- Espinosa Kaya Duran	#23 Binghamton	3:53.45	12/8

Women's Distance Medley Relay

1	Lucy Henkel Camylin Blake Olivia Schmitt Kali Long	#10 Columbia	12:08.02	12/1
2	Sierra Fisher Sydney Driscoll- Gannon Kayla Hawkins Parker O'brien	Marist	12:29.31	1/12
3	Aenor Codjo Cassidy Novicka Anna Folley Rachel Hodge	#17 Maine	12:49.39	12/9
4	Caroline Deiss Rachel Barba Grace McNally Alina Staten	Vermont	12:54.64	1/20

Women's High Jump

1	Rudecia BERNARD	JR	#2 Brown	1.76m	5-9¼	12/2
2	Amelia BENJAMIN		#13 Albany	1.75m	5-8¾	12/2
2	Patricia MROCZKOWSKI	SR	#1 Connecticut	1.75m	5-8¾	1/13
4	Courtney ROWLAND	JR	#18 UMass	1.73m	5-8	12/8
4	Zahra AMOS	JR	#24 Buffalo	1.73m	5-8	1/20
6	Chiamaka ODENIGBO	SR	#2 Brown	{2} 1.71m	5-7¼	12/8
6	Nene MOKONCHU	SO	#2 Brown	{2} 1.71m	5-7¼	12/2
8	Mia BELANGER	SO	#7 Northeastern	1.70m	5-7	12/8
8	Alissa HURD	JR	#19 Central Connecti	1.70m	5-7	1/20
8	Leslie MCGRATH	FR	Merrimack	1.70m	5-7	1/20

Women's Pole Vault

1	Anastasia RETSA	JR	#4 Harvard	4.21m	13-9¾	12/2
2	Lilly HODGE	FR	#4 Harvard	{2} 4.02m	13-2¼	1/20
3	Quincy HANSEN	SO	#3 Cornell	4.01m	13-1¾	1/13
4	Avery HILLIARD	FR	#3 Cornell	{2} 4.00m	13-1½	1/20
5	Chloe TAYLOR	JR	#6 Dartmouth	3.90m	12-9½	1/6
6	Alyssa ARMITAGE	SO	#23 Binghamton	3.85m	12-7½	1/20
7	Eileen YANG	JR	#12 Yale	3.80m	12-5½	1/20
8	Melinda HAAGENSEN	FR	Colgate	3.71m	12-2	1/13
9	Megan FRAZEE	SO	#18 UMass	3.70m	12-1½	1/14
10	Maya GRUDMAN	JR	#6 Dartmouth	{2} 3.65m	11-11¾	1/6
10	Rachel MASON	SO	#1 Connecticut	3.65m	11-11¾	1/13
10	Kalli KNOTT	JR	#1 Connecticut	3.65m	11-11¾	12/8
10	Isabel CRANDALL	SR	#5 Army West Point	3.65m	11-11¾	12/2
10	Samantha SHEPPARD-MOORE	SR	#5 Army West Point	3.65m	11-11¾	1/13
10	Sofia WITTMANN	SR	#1 Connecticut	3.65m	11-11¾	12/8
10	Jenna ENGELS	JR	#22 Sacred Heart	3.65m	11-11¾	12/2
10	Abigail WAGNER	FR	#11 Boston Universit	3.65m	11-11¾	1/13



Regional TFRI Event Summary

as of 1/24/2024 2:47:12 PM

Northeast

Women's Long Jump

1	A'liyah THOMAS	JR	#1 Connecticut	6.25m	20-6¼	1/13
2	Jada JOSEPH	JR	#2 Brown	6.10m	20-¼	12/2
3	Peace OMONZANE	SO	#11 Boston Universit	6.04m	19-9¾	1/13
4	Bridget MCNALLY	JR	#6 Dartmouth	5.99m	19-8	1/20
4	Meilee KRY	SR	#3 Cornell	5.99m	19-8	1/20
6	Dominique BIRON	SR	#7 Northeastern	5.95m	19-6¼	12/8
7	Jasmine BARROW	JR	#1 Connecticut	{2} 5.94m	19-6	1/13
8	Dominique ROMAIN	JR	#12 Yale	5.93m	19-5½	1/20
9	Sky Johnson	SO	#3 Cornell	{2} 5.91m	19-4¾	12/1
10	Lauren JONES	SR	#3 Cornell	{3} 5.89m	19-4	12/1

Women's Triple Jump

1	Jada JOSEPH	JR	#2 Brown	12.98m	42-7	1/6
2	Leann NICHOLAS	JR	#13 Albany	12.65m	41-6	12/2
3	Lauren YEBOAH-KODIE	SR	#2 Brown	{2} 12.63m	41-5¼	1/14
4	Peace OMONZANE	SO	#11 Boston Universit	12.62m	41-5	12/2
4	Jasmine BARROW	JR	#1 Connecticut	12.62m	41-5	12/8
6	Felicia QUAINOO	JR	#1 Connecticut	{2} 12.25m	40-2¼	1/20
7	Anika SUKUMAR	FR	#3 Cornell	12.12m	39-9¼	1/20
8	Chiamaka ODENIGBO	SR	#2 Brown	{3} 12.08m	39-7¾	12/2
9	Daryn DAVIS	SR	#2 Brown	{4} 11.98m	39-3¾	1/6
10	Makaya FOFANA	SO	#2 Brown	{5} 11.85m	38-10½	12/2
10	Perside (Lutala) EBENGO YOLOU	JR	#6 Dartmouth	11.85m	38-10½	1/20

Women's Shot Put

1	Kendra EZEAMA	SR	#2 Brown	15.38m	50-5½	1/20
2	Kayley RAGAZZINI	SR	#5 Army West Point	14.96m	49-1	1/20
3	Martina NKWANTAH	JR	#14 UMass Lowell	14.70m	48-2¾	1/6
4	Kasey THOMAS	SR	#20 Bryant	14.61m	47-11¼	1/20
5	Julia REGLEWSKI	JR	#6 Dartmouth	14.42m	47-3¾	12/9
6	Juliana NAKOUZI	SR	#11 Boston Universit	14.33m	47-¼	1/13
7	Jada PURYEAR	SO	#10 Columbia	14.04m	46-¾	1/13
8	Jamora ALVES	SO	#15 St. John's (N.Y.)	14.03m	46-½	12/2
8	Sinclair FRYER	SO	#1 Connecticut	14.03m	46-½	12/8
10	Barbara ANTWI	SR	#5 Army West Point	{2} 13.97m	45-10	1/6

Women's Weight Throw

1	Cheyenne FIGUEROA	SR	#17 Maine	19.79m	64-11¼	12/2
2	Kayley RAGAZZINI	SR	#5 Army West Point	19.19m	62-11½	12/2
2	Emma KOWALSKI	SR	#11 Boston Universit	19.19m	62-11½	1/13
4	Natalia SURDEJ	JR	#1 Connecticut	18.96m	62-2½	12/8
5	Ellie ROAN	SO	#11 Boston Universit	{2} 18.95m	62-2¼	1/13
6	Mackenzie WILSON	SR	#17 Maine	{2} 18.85m	61-10¼	12/9
7	Chidinma AGBASI	JR	#2 Brown	18.79m	61-7¾	1/20
8	Emilia KOLOKOTRONI	FR	#4 Harvard	18.47m	60-7¼	1/20
9	Kristin STICKDORN	JR	Manhattan	18.25m	59-10½	12/2
10	Maria LESKOVEC	JR	#12 Yale	18.11m	59-5	1/20

Women's Pentathlon

1	Dominique BIRON	SR	#7 Northeastern	4,040	12/8
2	Alyssa ELLIOTT	JR	#1 Connecticut	3,742	12/8
3	Chiamaka ODENIGBO	SR	#2 Brown	3,651	12/8
4	Katelyn REID	JR	#1 Connecticut	{2} 3,596	12/8
5	Alexandria GRASSO	SR	#14 UMass Lowell	3,595	12/8
6	Delaney SELIGMANN	JR	#2 Brown	{2} 3,492	12/8
7	Margaux RAWSON	JR	#3 Cornell	3,486	12/1
8	Magdalena BROGIOLI	SO	#22 Sacred Heart	3,481	12/8
9	Madeline ARCHANGELO	SR	#22 Sacred Heart	{2} 3,417	12/8
10	Lea BOURGEOIS	SR	#22 Sacred Heart	{3} 3,357	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:12 PM

South

Women's 60 Meters

1	Jacious SEARS	SR	#1 Tennessee	7.10	1/20
2	Kaila JACKSON	SO	#3 Georgia	7.19	1/13
3	Dennisha PAGE	SR	#1 Tennessee	{2} 7.23	1/20
4	Jasmine MONTGOMERY	JR	#2 Florida	7.27	1/13
4	Rayniah JONES	SR	#6 UCF	7.27	1/20
6	Autumn WILSON	SO	#3 Georgia	{2} 7.28	1/13
7	Dajour MILES	SR	#1 Tennessee	{3} 7.31	1/13
8	Milan FIELDS	JR	#5 Alabama	7.32	1/11
9	Dajaz DEFRAUD	SO	#10 Florida State	7.33	1/20
10	Chante CLINKSCALE	JR	#7 Auburn	7.35	1/11

Women's 60 Meter Hurdles

1	Grace STARK	SR	#2 Florida	7.97	1/13
2	Rayniah JONES	SR	#6 UCF	8.01	1/20
3	Layla ANDERSON	SO	#1 Tennessee	8.06	1/20
4	Alexandra WEBSTER	SR	#10 Florida State	8.16	1/20
5	Adaobi TABUGBO	JR	#6 UCF	{2} 8.20	1/20
6	Jayla HOLLIS	JR	#2 Florida	{2} 8.22	1/13
7	Daszay FREEMAN	SR	#3 Georgia	8.24	1/20
8	Bella WITT	JR	#3 Georgia	{2} 8.26	1/20
9	Rosealee COOPER	JR	Mississippi State	8.28	1/13
10	Myla GREENE	FR	#1 Tennessee	{2} 8.32	1/20

Women's 200 Meters

1	Jacious SEARS	SR	#1 Tennessee	22.88	1/13
2	Jasmine MONTGOMERY	JR	#2 Florida	23.11	1/13
3	Dajour MILES	SR	#1 Tennessee	{2} 23.53	1/20
4	Dennisha PAGE	SR	#1 Tennessee	{3} 23.60	1/20
5	Autumn WILSON	SO	#3 Georgia	23.63	1/20
6	Jada SEAMAN	SR	#1 Tennessee	{4} 23.66	1/20
7	Rayniah JONES	SR	#6 UCF	23.68	1/13
8	Naj WATSON	SO	#25 Georgia Souther	23.77	1/13
9	Layla ANDERSON	SO	#1 Tennessee	{5} 23.80	1/20
10	Kiah WILLIAMS	SR	#6 UCF	{2} 23.85	1/20

Women's 400 Meters

1	Aaliyah BUTLER	SO	#3 Georgia	51.93	1/20
2	Javonya VALCOURT	SO	#1 Tennessee	53.03	1/20
3	Kimberly HARRIS	SR	#3 Georgia	{2} 53.91	1/20
4	Kiah WILLIAMS	SR	#6 UCF	54.00	1/20
5	Moriah OLIVEIRA	SR	#4 Miami (Fla.)	54.05	1/20
6	Brianna WHITE	SR	#1 Tennessee	{2} 54.36	1/20
6	Haley TATE	SO	#3 Georgia	{3} 54.36	1/13
8	Kyla ROBINSON-HUBBARD	SR	#1 Tennessee	{3} 54.39	1/20
9	Blanca HERVAS	SR	#4 Miami (Fla.)	{2} 54.48	1/13
10	Allyria MCBRIDE	SO	#8 Vanderbilt	54.56	1/19

Women's 800 Meters

1	Gabriella GRISSOM	SO	#4 Miami (Fla.)	2:07.28	1/20
2	Ka'Myia HAYWOOD	FR	#1 Tennessee	2:08.10	1/20
3	Carolyn BARKSDALE	JR	#1 Tennessee	{2} 2:08.36	1/13
4	Natalie VARELA	SR	#4 Miami (Fla.)	{2} 2:09.53	1/20
5	Emma MAUREL	SR	#4 Miami (Fla.)	{3} 2:10.20	1/20
6	Abigail STRATTON	FR	#6 UCF	2:10.67	1/20
7	Charlotte AUGENSTEIN	JR	#3 Georgia	2:10.71	1/19
8	Jaylee WINGATE	FR	#1 Tennessee	{3} 2:11.14	1/19
9	Adeline HAISCH	JR	#20 Samford	2:11.16	1/13
10	Maia STEWART	JR	#1 Tennessee	{4} 2:11.24	1/19

Women's Mile

1	Elise THORNER	SR	#2 Florida	4:37.59	12/2
2	Doris LEMNGOLE	FR	#5 Alabama	4:40.08	1/19
3	Suus ALTORF	SO	#10 Florida State	4:42.99	1/13
4	Charlotte AUGENSTEIN	JR	#3 Georgia	4:46.06	1/19
5	Lucinda ROURKE	FR	#2 Florida	{2} 4:47.52	1/13
6	Helena LINDSAY	SR	#12 Georgia Tech	4:47.54	1/19
7	Lily BAKER	FR	#1 Tennessee	4:47.67	1/19
8	Agnes MCTIGHE	SO	#10 Florida State	{2} 4:48.20	1/20
9	Caroline ECK		#8 Vanderbilt	4:48.36	1/19
10	Katie KELLER	SR	#20 Samford	4:48.53	1/19

Women's 3000 Meters

1	Flomena ASEKOL	SR	#2 Florida	8:52.57	12/2
2	Odilia JEPCHUMBA	FR	#19 Middle Tennesse	9:25.85	1/13
3	Kiara CARTER	JR	#14 Lipscomb	9:26.11	1/19
4	Joy GILL	SO	#5 Alabama	9:26.95	1/11
5	Valerie LASTRA	JR	#13 Florida Internati	9:33.07	1/20
6	Sophia BAKER	JR	#3 Georgia	9:34.10	1/19
7	Grace LITZINGER	SR	#11 Belmont	9:36.15	1/19
8	Faith NYATHI	SO	#19 Middle Tennesse	{2} 9:37.15	1/13
9	Summer SCHUSTER	FR	#1 Tennessee	9:37.49	1/19
10	Julia ROSENBERG	JR	#8 Vanderbilt	9:37.57	1/13

Women's 5000 Meters

1	Parker VALBY	JR	#2 Florida	14:56.11	12/2
2	Hilda OLEMOMOI (CHEBET)	JR	#5 Alabama	15:17.44	12/2
3	Allison WILSON	JR	#2 Florida	{2} 15:58.14	12/2
4	Helena LINDSAY	SR	#12 Georgia Tech	16:20.84	12/2
5	Katie FLAHERTY	SR	#11 Belmont	17:02.19	1/19
6	Katy EARWOOD	SR	#12 Georgia Tech	{2} 17:20.16	1/19
7	Katherine LAW	SO	#3 Georgia	17:46.73	1/19
8	Maddy MALCZEWSKI	SR	#11 Belmont	{2} 18:00.06	1/19
9	Clara CRAIN	FR	#11 Belmont	{3} 18:21.76	1/19
10	Helen PACURARIU-NAGY	JR	#24 Tennessee Tech	18:41.87	1/19



Regional TFRI Event Summary

as of 1/24/2024 2:47:12 PM

South

Women's 4x400 Relay

1	Haley Tate Aaliyah Butler Sydney Harris Kimberly Harris	#3 Georgia	3:33.37	1/13
2	Javonya Valcourt Dajour Miles Brianna White Kyla Robinson-Hubbard	#1 Tennessee	3:33.89	1/20
3	Makenzy Pierre-Webster Moriah Oliveira Gabriella Grissom Kennedy Brace	#4 Miami (Fla.)	3:35.98	1/20
4	Kaelyaah Liburd Dajaz Defrand Kaniya Johnson Tyra Wilson	#10 Florida State	3:37.19	1/13
5	Zahria Allers-Liburd Amenda Saint-Louis Terren Peterson Je'Nyia Burton	USF	3:41.01	1/13
6	Ella Escobar Lena Gooden Allyria McBride Falon Spearman	#8 Vanderbilt	3:43.01	1/19
7	Vimbayi Maisvorewa Lalah Hasbrouck Abasi Ono Akpan Ashantae Harvey	#7 Auburn	3:43.53	1/11
8	Sofia Molina Itzia Mejia Garcia Alanna Smith Naj Watson	#25 Georgia Souther	3:45.46	1/13
9	Addison McLaurin Jada McDougale Trinity Benson Savi'a Varnell	#16 Southern Miss	3:45.74	1/19
10	Keniya Walker Blake Blakemore Kayli Williams Shadae Worrell	#18 Georgia State	3:47.13	1/20

Women's Distance Medley Relay

1	Jami Reed Sarah Tillotson Macy Schelp Hilda Olemomoi (Chebet)	#5 Alabama	11:30.72	1/11
2	Gene Coetzee Zuriel Reed Hailey Marston Hannah Tarwater	#7 Auburn	11:44.57	1/11
3	Lindsay Fletcher Trinity Schraudner Hailey Tucker Bethelhem Manzano Jimeno	#23 Jacksonville Sta	12:18.72	1/19
4	https://www.tfrrs.org/teams/	#16 Southern Miss	12:28.79	1/19
5	Ana Cubillo Morgan Manley Kennedy Morris Julia Dura	#18 Georgia State	12:45.66	1/20
6	Meg Lance Rebekah Howard Grace Singleton Sarah Bayes	ETSU	12:59.84	1/20
7	Minka Isom Tamijah Scriven De'Ajene Johnson Sanyae Gibson	Alabama A&M	13:27.60	1/19

Women's High Jump

1	Elena KULICHENKO	JR	#3 Georgia	1.86m	6-1¼	1/20
2	Sanaa BARNES	SR	#7 Auburn	1.85m	6-¾	1/19
3	Miracle AILES	JR	#5 Alabama	1.84m	6-½	1/11
3	Claire BRYANT	SR	#2 Florida	1.84m	6-½	1/13
5	Shanty PAPAKOSTA	SR	#12 Georgia Tech	1.83m	6-0	12/8
6	Breanna BROWN-MARSHALL	JR	#22 Florida A&M	1.80m	5-10¾	12/8
6	Kristi PEREZ-SNYMAN	JR	Jacksonville	1.80m	5-10¾	1/20
8	Taylor WRIGHT	SR	#4 Miami (Fla.)	1.78m	5-10	1/13
9	Kendall WARD	FR	#18 Georgia State	1.75m	5-8¾	12/1
9	Bella JACKSON	JR	#14 Lipscomb	1.75m	5-8¾	12/2

Women's Pole Vault

1	Nicole JANSE VAN RENSBURG	SR	#13 Florida Internati	4.15m	13-7¼	1/13
2	Samara MCCONNELL	SR	#9 Ole Miss	3.97m	13-¼	1/13
3	Caroline WEEMS	FR	#1 Tennessee	3.94m	12-11	1/19
3	Tyra FINKELDEY	SR	#11 Belmont	3.94m	12-11	1/19
5	Sarah SCHMITT	JR	#1 Tennessee	{2} 3.87m	12-8¼	1/13
5	Lexie LEINNEWEBER	SR	#7 Auburn	3.87m	12-8¼	1/11
5	Victoria FABER	SR	#5 Alabama	3.87m	12-8¼	1/11
8	Kendall FORD	SO	#1 Tennessee	{3} 3.82m	12-6¼	1/19
8	Rhiannon HELD	JR	#7 Auburn	{2} 3.82m	12-6¼	1/19
10	Brooke WALDEN	FR	#7 Auburn	{3} 3.80m	12-5½	1/19



Regional TFRI Event Summary

as of 1/24/2024 2:47:12 PM

South

Women's Long Jump

1	Claire BRYANT	SR	#2 Florida	6.61m	21-8¼	1/13
2	Aislinn MCELHANEY	SR	#14 Lipscomb	6.40m	21-0	1/19
3	Anthaya CHARLTON	JR	#2 Florida	{2} 6.39m	20-11¾	1/13
4	Ashley MOORE	SR	#4 Miami (Fla.)	6.22m	20-5	1/13
5	Jada SEAMAN	SR	#1 Tennessee	6.17m	20-3	1/13
6	Ameia WILSON	SR	#12 Georgia Tech	6.15m	20-2¼	12/8
7	Mikele VICKERS	JR	#1 Tennessee	{2} 6.13m	20-1½	1/20
8	Asherah COLLINS	SR	#6 UCF	6.09m	19-11¾	1/19
9	Amy WARREN	SR	#7 Auburn	6.04m	19-9¾	1/19
10	Simone JOHNSON	JR	#7 Auburn	{2} 5.99m	19-8	1/11

Women's Triple Jump

1	Simone JOHNSON	JR	#7 Auburn	13.36m	43-10	1/19
2	Ashley MOORE	SR	#4 Miami (Fla.)	13.15m	43-1¾	1/20
3	Asherah COLLINS	SR	#6 UCF	12.80m	42-0	1/19
4	Za'Isha FRASER	JR	#16 Southern Miss	12.69m	41-7¾	1/19
5	Elaina HOUSWORTH	SR	Tennessee State	12.42m	40-9	1/13
6	Christina WARREN	SR	#4 Miami (Fla.)	{2} 12.36m	40-6¾	1/20
7	Iyana JOHNSON	SO	#17 South Alabama	12.28m	40-3½	1/12
8	Kayla PINKARD	SO	#10 Florida State	12.21m	40-¾	1/20
9	Alana MACK	SR	#15 Kennesaw State	12.20m	40-½	1/13
10	Alexis WALLER		#6 UCF	{2} 12.12m	39-9¼	1/13

Women's Shot Put

1	MyeJoi WILLIAMS	SR	#5 Alabama	17.29m	56-8¾	1/11
2	Veronica FRALEY	SR	#8 Vanderbilt	17.21m	56-5¾	1/13
3	Mensi STIFF	FR	#9 Ole Miss	17.17m	56-4	1/13
4	Sarah OMOREGIE	SR	#8 Vanderbilt	{2} 16.46m	54-0	1/19
5	Kelsie MURRELL-ROSS	JR	#3 Georgia	16.42m	53-10½	1/20
6	Erikka HILL	JR	#4 Miami (Fla.)	16.33m	53-7	1/20
7	Jalani DAVIS	SR	#9 Ole Miss	{2} 16.01m	52-6½	1/13
8	Biniosa EZUKUSE	SR	#21 Troy	15.72m	51-7	1/19
9	Amani HEAVEN	SR	#5 Alabama	{2} 15.65m	51-4¼	1/19
10	Gracelyn LIESETH	FR	#2 Florida	15.57m	51-1	1/13

Women's Weight Throw

1	Jasmine MITCHELL	SR	#9 Ole Miss	24.16m	79-3¼	1/13
2	Jalani DAVIS	SR	#9 Ole Miss	{2} 24.06m	78-11¼	1/13
3	Giaonna MEEKS	FR	#8 Vanderbilt	21.47m	70-5¼	1/19
4	Chandler HAYDEN	SR	#5 Alabama	21.31m	69-11	1/11
5	Michaelle VALENTIN	SR	#13 Florida Internati	20.70m	67-11	1/13
6	Erikka HILL	JR	#4 Miami (Fla.)	19.73m	64-8¾	1/13
7	Logan GRAY	JR	#11 Belmont	19.62m	64-4½	1/13
8	Kali TERZA	JR	#15 Kennesaw State	19.32m	63-4¾	1/13
9	Bodine DEGLI-UMBERTI	SR	#17 South Alabama	19.23m	63-1¼	1/19
10	Rebekah STUCKER	SR	#11 Belmont	{2} 18.79m	61-7¾	1/19

Women's Pentathlon

1	Natalia MADISON	JR	#6 UCF	3,794	1/19
2	Paula GRAUVOGEL	SO	#7 Auburn	3,675	1/19
3	Elise HEDDENS	JR	#7 Auburn	{2} 3,560	1/19
4	Kady SCHWIETZ	SO	#21 Troy	3,543	1/19
5	Madison MURRAY	SR	#8 Vanderbilt	3,540	1/19
6	Amelia COKER	FR	#15 Kennesaw State	3,466	1/19
7	Yvette HARRIS		#6 UCF	{2} 3,440	1/19
8	Emma GARCIA PALENCIA	SR	#11 Belmont	3,430	1/19
9	Holly CASSELS	SR	#6 UCF	{3} 3,393	1/19
10	Anna RICHARDSON	JR	#14 Lipscomb	3,348	1/19



Regional TFRI Event Summary

as of 1/24/2024 2:47:12 PM

South Central

Women's 60 Meters

1	Camryn DICKSON	SO	#3 Texas A&M	7.22	1/13
2	Micayah HOLLAND	FR	#2 Texas	7.25	1/20
3	Semira KILLEBREW	JR	#3 Texas A&M	{2} 7.26	1/13
4	Mikayla HAYES	JR	#7 TCU	7.30	1/20
5	Iyana GRAY	JR	#7 TCU	{2} 7.34	1/20
5	Alexis BROWN	JR	#5 Baylor	7.34	1/13
7	Kennedy GAMBLE	SR	#15 Rice	7.36	1/12
8	Linesha THOMPSON	SR	#10 Houston	7.37	1/12
8	Teanna HARLIN	FR	#7 TCU	{3} 7.37	1/13
10	Aniyah BIGAM	FR	#4 LSU	7.38	1/12

Women's 60 Meter Hurdles

1	Alia ARMSTRONG	SR	#4 LSU	7.90	1/20
2	Leah PHILLIPS	JR	#4 LSU	{2} 8.07	1/20
3	Jaiya COVINGTON	SO	#3 Texas A&M	8.18	1/13
3	Destiny HUVEN	SR	#1 Arkansas	8.18	1/12
5	Emelia CHATFIELD	JR	#2 Texas	8.19	12/2
6	Jasmine HARMON	FR	#3 Texas A&M	{2} 8.29	1/20
7	Akala GARRETT	FR	#2 Texas	{2} 8.32	1/13
8	Rachel GLENN	SO	#1 Arkansas	{2} 8.35	1/12
9	Miracle THOMPSON	JR	#10 Houston	8.38	1/12
10	Tonie-Ann FORBES	FR	#22 Louisiana Tech	8.41	1/12

Women's 200 Meters

1	Iyana GRAY	JR	#7 TCU	23.09	1/20
2	Rosey EFFIONG	SR	#1 Arkansas	23.17	1/12
3	Thelma DAVIES	SR	#4 LSU	23.39	1/20
4	Joanne REID	JR	#1 Arkansas	{2} 23.44	1/12
5	Teanna HARLIN	FR	#7 TCU	{2} 23.50	1/13
6	Rachel GLENN	SO	#1 Arkansas	{3} 23.52	1/12
7	Micayah HOLLAND	FR	#2 Texas	23.55	1/20
8	Mekenze KELLEY	SO	#1 Arkansas	{4} 23.59	1/12
9	Mariah AYERS	SR	#5 Baylor	23.77	1/20
10	Tiriah KELLEY	SO	#5 Baylor	{2} 23.89	1/20

Women's 400 Meters

1	Shawnti JACKSON	FR	#1 Arkansas	52.10	1/12
2	Kaylyn BROWN	FR	#1 Arkansas	{2} 53.04	1/12
3	Ashanti DENTON	JR	#1 Arkansas	{3} 53.28	1/12
4	Sydni TOWNSEND	SR	#10 Houston	53.47	1/20
5	Kennedy WADE	JR	#3 Texas A&M	53.81	1/20
6	Iman BABINEAUX	SR	#10 Houston	{2} 54.15	1/20
7	Kendahl TUCKER	SO	#14 North Texas	55.17	1/20
8	Indya JACKSON	SR	#24 Southeastern Lo	55.38	1/20
9	Asjah HARRIS	SR	Prairie View A&M	55.94	1/20
10	Esther NWANZE	JR	#24 Southeastern Lo	{2} 56.13	1/20

Women's 800 Meters

1	Amber ANNING	SR	#1 Arkansas	2:05.05	1/12
2	Kelly-Ann BECKFORD	SR	#10 Houston	2:07.09	1/20
3	Anastacia GONZALES	SO	#1 Arkansas	{2} 2:07.32	1/12
4	Olivia HOWELL	SR	#2 Texas	2:07.37	1/13
5	Sydni TOWNSEND	SR	#10 Houston	{2} 2:07.40	1/12
6	Analisse BATISTA	FR	#1 Arkansas	{3} 2:08.16	1/12
7	Bailey GOGGANS	JR	#3 Texas A&M	2:08.37	1/20
8	Sophia WOLF	JR	New Orleans	2:08.71	1/19
9	Mackenzie BROWNE	FR	#2 Texas	{2} 2:09.70	1/13
10	Amity EBARB	JR	#2 Texas	{3} 2:09.83	1/13

Women's Mile

1	Mary Ellen EUDALY	SO	#1 Arkansas	4:36.36	1/12
2	Gracie MORRIS	SR	#7 TCU	4:39.07	1/13
3	Sydney THORVALDSON	JR	#1 Arkansas	{2} 4:41.42	1/12
4	Laura TABORDA	SR	#1 Arkansas	{3} 4:41.69	1/12
5	Mia COCHRAN	SO	#1 Arkansas	{4} 4:42.03	1/12
6	Lorena RANGEL BATRES	JR	#4 LSU	4:46.31	1/12
7	Michaela ROSE	JR	#4 LSU	{2} 4:46.37	1/12
8	Rahel BROEMMEL	SO	#6 Arkansas State	4:47.94	1/19
9	Montana MONK	FR	#4 LSU	{3} 4:48.39	1/12
10	Ellie HODGE	SR	#5 Baylor	4:48.53	1/20

Women's 3000 Meters

1	Leoni MIERSWA	JR	#11 SMU	9:26.58	12/2
2	Eva JESS	JR	#2 Texas	9:33.07	1/13
3	Danna DIAZ		#9 Tulane	9:34.45	1/13
4	Rahel BROEMMEL	SO	#6 Arkansas State	9:35.26	12/2
5	Madison BROWN	SR	#3 Texas A&M	9:40.51	1/13
6	Ellie HODGE	SR	#5 Baylor	9:42.78	1/13
7	Claire MEYER	SR	#10 Houston	9:43.21	1/20
8	Kendall SAEGER	JR	#11 SMU	{2} 9:45.03	12/2
9	Elizabeth PICKETT	SO	#2 Texas	{2} 9:46.28	1/13
10	Kennady FONTENOT	SO	#3 Texas A&M	{2} 9:47.58	1/13

Women's 5000 Meters

1	Elizabeth MARTIN	SR	#6 Arkansas State	17:06.59	1/19
2	Maddie HULCY	SR	#11 SMU	17:07.34	12/2
3	Marcie CUDWORTH	JR	#12 Little Rock	17:30.30	12/9
4	Olivia WALTER	SO	#6 Arkansas State	{2} 17:31.40	1/19
5	Katelyn COLDICOTT	JR	#23 Abilene Christiari	18:04.57	12/8
6	Kyla LOCHTEFELD	SO	#12 Little Rock	{2} 18:08.84	12/9
7	Sage LANCASTER	JR	#16 Tarleton State	18:14.05	12/9
8	Morgan LAMBERSON	SO	#16 Tarleton State	{2} 18:15.38	12/9
9	Anna NAFF	JR	#13 ULM	18:20.51	1/19
10	Ansley LONG	SR	#13 ULM	{2} 18:37.52	1/19



Regional TFRI Event Summary

as of 1/24/2024 2:47:12 PM

South Central

Women's 4x400 Relay

1	Rosey Effiong Rachel Glenn Nickisha Pryce Shawnti Jackson	#1 Arkansas	3:28.79	1/12
2	Ella Onojuvewwo Mi chaela Rose Brianna Lyston Garriel White	#4 LSU	3:33.40	1/20
3	Camryn Dickson Jermais ha Arnold Nissi Kabongo Kenned y Wade	#3 Texas A&M	3:34.74	1/20
4	Lauren Lewis Kenondra Davis Dejanea Oakley Ziyah Holman	#2 Texas	3:37.03	1/13
5	Jasmine Gryne Mariah Ayers Gontse Morake Imaobon g Nse Uko	#5 Baylor	3:40.00	1/13
6	Maygan Shaw Vanessa Balde Tranasia Jones Sanaria Butler	#18 Northwestern St	3:42.10	1/19
7	Shiean Walters Savanna h McCaleb Gracyn Reed Ja'Dasia Sims	#23 Abilene Christiari	3:43.34	12/9
8	Dreunna Washington Iyan a Gray Tia Williams Sasha Crawford	#7 TCU	3:44.04	1/13
9	Macy Burnham Deja Shaw- Huckaby Kendah l Tucker Aariyana Williams	#14 North Texas	3:45.64	1/20
10	Jamara Patterson Osaret in Usenbor Jenaia Williams Saran Kouyate	#22 Louisiana Tech	3:46.69	1/12

Women's Distance Medley Relay

1	Cheyenne Melvin Emma Guadagnoli Abbe y Coberly Elizabet h Winkler	#6 Arkansas State	12:18.95	1/19
2	Sohalia Schoen Mikayla Douglas Katerina Natsiopoulou Em ily Allen	#13 ULM	13:28.38	1/19

Women's High Jump

1	Lamara DISTIN	SR	#3 Texas A&M	1.94m	6-4¼	1/20
2	Nissi KABONGO	SR	#3 Texas A&M	{2} 1.85m	6-¾	1/20
3	Trinity TOMLINSON	JR	#2 Texas	1.82m	5-11½	1/20
4	Josie TAYLOR	JR	#15 Rice	1.80m	5-10¾	1/12
4	Sakari FAMOUS	SR	#19 McNeese State	1.80m	5-10¾	1/12
6	A'reil WILLIAMS	FR	#22 Louisiana Tech	1.78m	5-10	1/12
7	Evelyn LAVIELLE	SO	#2 Texas	{2} 1.77m	5-9¾	1/20
7	Morgan SMALLS	JR	#4 LSU	1.77m	5-9¾	1/20
9	Nia ROBINSON	JR	#1 Arkansas	1.75m	5-8¾	1/12
9	Veronika KRAMARENKO	FR	Texas A&M-Comi	1.75m	5-8¾	1/12
9	Sydney BILLINGTON	JR	#1 Arkansas	1.75m	5-8¾	1/12

Women's Pole Vault

1	Molly HAYWOOD	FR	#5 Baylor	4.40m	14-5¼	1/20
1	Alencia LENTZ	FR	#5 Baylor	4.40m	14-5¼	1/20
3	Heather ABADIE	JR	#3 Texas A&M	4.26m	13-11¾	1/13
4	Hannah ESTES	FR	#1 Arkansas	4.14m	13-7	1/12
5	Kaeli THOMPSON	SR	#2 Texas	4.12m	13-6¼	1/20
6	Amanda FASSOLD	SR	#1 Arkansas	{2} 4.04m	13-3	1/12
6	Marin CHAMBERLIN	SR	#1 Arkansas	{2} 4.04m	13-3	1/12
8	Sevana HANSON	SR	#3 Texas A&M	{2} 4.02m	13-2¼	1/20
9	Karlijn SCHOUTEN	SR	#9 Tulane	4.00m	13-1½	12/1
10	Sasha HARBER	FR	#2 Texas	{2} 3.97m	13-¼	1/20

Women's Long Jump

1	Ackelia SMITH	JR	#2 Texas	6.73m	22-1	1/20
2	Joniar THOMAS	JR	#3 Texas A&M	6.56m	21-6¼	1/20
3	Ida BREIGAN	FR	#17 UTSA	6.47m	21-2¾	1/19
4	Alexis BROWN	JR	#5 Baylor	6.44m	21-1½	1/13
5	Morgan SMALLS	JR	#4 LSU	6.28m	20-7¼	1/20
6	Eliza KRAULE	SR	#15 Rice	6.22m	20-5	1/12
7	Mia LIEN	FR	#17 UTSA	{2} 6.21m	20-4½	1/19
8	Aaliyah FOSTER	FR	#2 Texas	{2} 6.17m	20-3	1/20
9	Dreunna WASHINGTON	SR	#7 TCU	6.13m	20-1½	1/13
10	Mathilde CANET	SR	#8 Texas State	6.09m	19-11¾	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:12 PM

South Central

Women's Triple Jump

1	Koi JOHNSON	SR	#5 Baylor	13.18m	43-3	1/20
2	Taylor FINGERS	FR	#4 LSU	12.90m	42-4	1/20
3	Eunice ILUNGA MBUYI	JR	#13 ULM	12.85m	42-2	1/12
4	Jade JOHNSON	SO	#3 Texas A&M	12.52m	41-1	1/20
5	Precious OKOUGBODU	FR	#8 Texas State	12.49m	40-11¾	1/12
6	Alexia WASHINGTON	FR	#12 Little Rock	12.31m	40-4¾	1/12
7	Taylor DAVIS	SR	#21 Louisiana	12.21m	40-¾	1/12
7	Alyssa RODRIGUEZ	FR	#3 Texas A&M	{2} 12.21m	40-¾	1/20
9	Layloni WATSON	FR	#12 Little Rock	{2} 12.18m	39-11½	12/9
10	Savoria ANDERSON	JR	Prairie View A&M	12.16m	39-10¾	1/13

Women's Shot Put

1	KeAyla DOVE	JR	#14 North Texas	17.83m	58-6	1/20
2	Nina NDUBUISI	FR	#2 Texas	17.63m	57-10¼	1/20
3	Marilyn NWORA	SR	#2 Texas	{2} 17.44m	57-2¾	1/13
4	Chrystal HERPIN	JR	#2 Texas	{3} 17.02m	55-10¼	1/20
5	Melanie DURON	SO	#8 Texas State	16.29m	53-5½	1/12
6	Michelle OGBEMUDIA	JR	#6 Arkansas State	16.14m	52-11½	12/9
7	Makayla LONG	SO	#5 Baylor	15.59m	51-1¾	1/13
8	Selase SAMPRAM	JR	#6 Arkansas State	{2} 15.52m	50-11	12/9
9	Carlie WEISER	FR	#3 Texas A&M	15.18m	49-9¾	1/20
10	Kiana LOWERY	JR	#2 Texas	{4} 14.89m	48-10¼	1/13

Women's Weight Throw

1	Michelle OGBEMUDIA	JR	#6 Arkansas State	20.73m	68-¼	1/19
2	Utitofof SAM	SO	#8 Texas State	19.59m	64-3¼	1/20
3	Elisabet RUT RUNARSDOTTIR	SO	#8 Texas State	{2} 19.27m	63-2¾	1/20
4	Kiana LOWERY	JR	#2 Texas	18.91m	62-½	1/20
5	Mariah LEE	SR	#19 McNeese State	18.58m	60-11½	1/19
6	Lauryn SMALL	SR	#8 Texas State	{3} 18.52m	60-9¼	1/20
7	Victoria ADU	JR	#5 Baylor	18.10m	59-4¾	1/20
8	Bre DOWELL	SO	#20 Stephen F. Austin	17.75m	58-3	1/12
9	Isabella SIMONELLI	SR	#17 UTSA	17.52m	57-5¾	1/19
10	Melanie DURON	SO	#8 Texas State	{4} 17.39m	57-¾	1/20

Women's Pentathlon

1	Laura FODOR	SO	#9 Tulane	3,716		1/19
2	Christiana MUDD	SR	#20 Stephen F. Austin	3,543		1/19
3	Sofie GROENINGER	FR	#9 Tulane	{2} 3,490		1/19
4	Jordan RAE	SO	#16 Tarleton State	3,404		12/9
5	Patricija OZOLINA	JR	#9 Tulane	{3} 3,360		1/19
6	Kaia TODD	JR	#9 Tulane	{4} 3,302		1/19
7	Raven-Symone JARRETT	SR	#18 Northwestern St	3,266		1/19
8	Lexie LEAL		#25 Incarnate Word	3,223		1/19
9	Aleah CONSTANTINE	SR	#25 Incarnate Word	{2} 3,038		1/19
10	Taylor WALLS	SR	#21 Louisiana	2,702		1/19



Regional TFRI Event Summary

as of 1/24/2024 2:47:13 PM

Southeast

Women's 60 Meters

1	Melicia MOUZZON	SR	#13 East Carolina	7.29	1/20
2	Cynteria JAMES	FR	#4 South Carolina	7.31	12/8
3	Victoria PERROW	JR	#1 Kentucky	7.34	1/20
4	Jaidyn RAMSEY	SO	#19 Campbell	7.37	1/13
4	Reese WEBSTER	SO	#9 Liberty	7.37	1/13
6	Aleksandra STOILOVA	SO	#2 Clemson	7.39	1/13
6	Jayla JAMISON	JR	#4 South Carolina {2}	7.39	1/20
8	Halle BIEBER	SR	#7 Duke	7.41	1/13
9	Sarah AKPAN	SO	#6 Virginia	7.43	12/1
10	Antoinette VAN DER MERWE	SR	#2 Clemson {2}	7.44	1/13
10	Ta-halia FAIRMAN	SR	#8 Charlotte	7.44	1/13
10	Ockera MYRIE	SR	#2 Clemson {2}	7.44	1/13

Women's 60 Meter Hurdles

1	Emmi SCALES	FR	#1 Kentucky	8.18	1/13
2	Lucheyona WEAVER	JR	#17 North Carolina A	8.19	12/8
3	Alexis GLASCO	JR	#1 Kentucky {2}	8.26	1/20
4	Antoinette VAN DER MERWE	SR	#2 Clemson	8.27	1/20
4	Sydni MCMILLAN	JR	#13 East Carolina	8.27	1/20
6	Ally HENSON	SR	#3 NC State	8.29	1/13
7	Oneka WILSON	SO	#2 Clemson {2}	8.30	1/20
8	Indea CARTWRIGHT	JR	#9 Liberty	8.34	12/1
9	Amanda KINLOCH	JR	#14 Coastal Carolina	8.46	1/20
10	Jordyn HENDERSON	JR	#23 James Madison	8.49	12/1

Women's 200 Meters

1	Jayla JAMISON	JR	#4 South Carolina	23.45	1/13
2	Joyasia SMITH	SO	#8 Charlotte	23.46	1/20
3	Hannah DOUGLAS	SO	#1 Kentucky	23.49	1/20
4	Zaya AKINS	FR	#4 South Carolina {2}	23.71	1/13
5	Brianna CLAYTON	JR	#19 Campbell	23.78	1/13
6	Reese WEBSTER	SO	#9 Liberty	23.93	1/20
6	Jania MARTIN	SR	#1 Kentucky {2}	23.93	1/20
8	Aleksandra STOILOVA	SO	#2 Clemson	23.94	1/20
9	Jaidyn RAMSEY	SO	#19 Campbell {2}	24.05	1/13
10	Aniya MATTHEWS	JR	#8 Charlotte {2}	24.09	1/20

Women's 400 Meters

1	JaMeesia FORD	FR	#4 South Carolina	51.60	1/20
2	Zaya AKINS	FR	#4 South Carolina {2}	52.67	1/20
3	Ta-halia FAIRMAN	SR	#8 Charlotte	53.44	1/20
4	Jahnile REGISTRE	JR	#4 South Carolina {3}	54.34	1/20
5	Chelby MELVIN	JR	#5 Murray State	54.44	1/19
6	Kayla BELL	SR	#5 Murray State {2}	54.60	12/2
6	Aalliyah FRANCIS	SO	#4 South Carolina {4}	54.60	1/20
8	Lashanna GRAHAM	SR	#2 Clemson	54.61	1/20
9	Holly MPASSY	JR	#23 James Madison	54.93	1/20
10	Alysia JOHNSON	JR	#1 Kentucky	55.04	1/20

Women's 800 Meters

1	Kayla BELL	SR	#5 Murray State	2:07.73	1/13
2	Fajr KELLY	JR	#17 North Carolina A	2:09.04	1/13
3	Megan MARVIN	SR	#21 Furman	2:09.63	1/20
4	Alahna SABBAKHAN	SR	#6 Virginia	2:11.59	12/1
5	Lyric OLSON	FR	#1 Kentucky	2:11.68	1/19
6	Kayan GREEN	JR	#2 Clemson	2:11.89	1/20
7	Katelyn LOCKER	SO	#9 Liberty	2:12.36	1/20
8	Rhian PURVES	SR	#24 College Of Charl	2:12.62	1/20
9	Samantha WALLENSTROM	JR	#7 Duke	2:13.15	1/20
10	Morgan LYONS	JR	#22 Richmond	2:13.58	12/1

Women's Mile

1	Samantha BUSH	SR	#3 NC State	4:35.67	1/20
2	Grace HARTMAN	SO	#3 NC State {2}	4:36.52	1/20
3	Gladys CHEPNGETICH	FR	#2 Clemson	4:37.16	12/2
4	Emma DOUGLASS	SO	#12 Wake Forest	4:43.30	12/2
5	Angelina NAPOLEAN	FR	#3 NC State {3}	4:43.64	12/2
6	Sierra BOWER	JR	#21 Furman	4:45.02	1/20
7	Sydney STEELY	SR	#1 Kentucky	4:46.73	12/8
8	Brynne SUMNER	SR	#2 Clemson {2}	4:47.32	12/2
9	Charlotte TOMKINSON	JR	#7 Duke	4:47.52	1/20
10	Abigail ROBERTSON	SR	#21 Furman {2}	4:47.94	1/20

Women's 3000 Meters

1	Amina MAATOUG	JR	#7 Duke	8:46.89	12/2
2	Samantha BUSH	SR	#3 NC State	9:01.83	12/2
3	Margot APPLETON	JR	#6 Virginia	9:08.68	12/2
4	Amaris TYNNISMAA	SR	#3 NC State {2}	9:12.68	12/2
5	Anouk VAN GILS	SR	Eastern Kentuck	9:17.97	12/2
6	Katie TAYLOR	SR	#15 High Point	9:32.35	1/20
7	Taryn PARKS	JR	#18 North Carolina	9:34.21	12/2
8	Madison TRIPPETT	JR	#22 Richmond	9:36.94	12/1
9	Adelyn FAIRLEY	SR	#9 Liberty	9:41.99	1/13
10	Sarah MCCARTNEY	SR	Charleston Soutl	9:42.20	1/13

Women's 5000 Meters

1	Grace HARTMAN	SO	#3 NC State	15:50.08	12/2
2	Calli DOAN	SR	#9 Liberty	15:58.96	12/2
3	Brooke WILSON	FR	#12 Wake Forest	15:59.35	12/2
4	Fatima ALANIS	JR	#18 North Carolina	16:14.81	12/2
5	Mariah HOWLETT	SR	#3 NC State {2}	16:17.37	12/2
6	Adelyn FAIRLEY	SR	#9 Liberty {2}	16:17.62	12/2
7	Eva KLINGBEIL	FR	#18 North Carolina {2}	16:21.50	12/2
8	Caroline GARRETT	SR	#12 Wake Forest {2}	16:22.15	12/2
9	Sarah MCCARTNEY	SR	Charleston Soutl	16:37.22	12/2
10	Frances WHITWORTH	SR	#25 Davidson	16:39.60	12/2



Regional TFRI Event Summary

as of 1/24/2024 2:47:13 PM

Southeast

Women's 4x400 Relay

1	Jahnile Registre Jayla Jamison Zaya Akins JaMeesia Ford	#4 South Carolina	3:31.27	1/13
2	Jania Martin Hannah Douglas Alexis Glasco Alysia Johnson	#1 Kentucky	3:36.78	1/20
3	Ken'naria Gadson Lashann a Graham Jessica McLean Mackenzi e Osher	#2 Clemson	3:38.77	12/8
4	Kayla Bell Lucia Herrero- Yanez Anouk Krause- Jentsch Chelby Melvin	#5 Murray State	3:41.92	1/13
5	McKenzie Bell Taylor Boguess Ruby Nwosu Kiyah Yeast	#11 Louisville	3:42.61	12/2
6	Ya-Sha-Rah Brathwaite Khia Holloway Aniya Matthews Joyasi a Smith	#8 Charlotte	3:45.71	1/20
7	Tina Martin Lauren Tolbert Hailey Williams Meredith Sims	#7 Duke	3:45.82	1/20
8	Sarah Akpan Ariel Fletcher Emily Alexandru Brook e'Lyn Drakeford	#6 Virginia	3:46.26	1/20
9	Brianna Clayton Chastity Pickett Destiny Bailey- Perkins Jaidyn Ramsey	#19 Campbell	3:46.84	1/13
10	Amaya Johnson Dylann Core Grenisha Thomas Jewel Ash	Charleston Soutl	3:47.66	1/13

Women's Distance Medley Relay

1	Caroline Timm Sophia Akpan Alahna Sabbakhan Cate DeSousa	#6 Virginia	11:32.41	1/13
2	Jenna Schwinghamer C ha'iel Johnson Aubree Hay Phoebe McCowan	#1 Kentucky	11:41.30	1/13
3	Katie Hamilton Anna Corcoran Julia Fenerty Emily Cole	#7 Duke	11:44.12	1/20
4	Bella Godoy Sophia Hood Jocelyn Millican Frances Whitworth	#25 Davidson	11:52.73	1/20
5	Savannah Stoutt Kaitlynn Bailey Sydney Peer Rhian Purves	#24 College Of Charl	12:00.88	1/20
6	Kayla Bell Chelby Melvin Anouk Krause- Jentsch Amirr Evans	#5 Murray State	12:12.51	1/19
7	Izzy Blaylock Morgan Lyons Caroline Donohoe Brooke Reif	#22 Richmond	12:19.63	1/13
8	Nia Warren Naomi Clarke Camille Johnson Kenned y Korzen	#20 VCU	12:36.95	1/13
9	Faithe Ketchum Madely n Moles Kristin Giordano Sofia Terenziani	#23 James Madison	12:37.90	1/13
10	Abrielle Schwietzer Nyah Gore Sarah-Ann Miller Brianna Winsett	#13 East Carolina	12:48.26	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:13 PM

Southeast

Women's High Jump

1	Charity HUFNAGEL	SR	#1 Kentucky	1.85m	6-¾	1/13
2	Celia RIFATERRA	SO	#6 Virginia	1.84m	6-½	1/20
3	Emmani SHAW	SO	#16 Hampton	1.76m	5-9¼	1/20
3	Meghan FLETCHER	SR	#5 Murray State	1.76m	5-9¼	1/13
5	Emilia LESNIAK	JR	Western Kentuck	1.75m	5-8¾	1/19
5	Soledad JEAN	JR	#11 Louisville	1.75m	5-8¾	1/19
5	Carly TARENTINO	JR	#6 Virginia	{2} 1.75m	5-8¾	1/13
5	Ebba HEDBERG	FR	#14 Coastal Carolina	1.75m	5-8¾	1/20
9	Addie RENNER	JR	#7 Duke	1.73m	5-8	1/20
10	Brooke PROBST	SO	#5 Murray State	{2} 1.72m	5-7¾	1/13
10	Brianna SMITH	JR	#7 Duke	{2} 1.72m	5-7¾	1/13

Women's Pole Vault

1	Riley FELTS	SR	#8 Charlotte	4.42m	14-6	1/13
2	Sydney HORN	SR	#15 High Point	4.37m	14-4	1/13
3	Payton PHILLIPS	JR	#1 Kentucky	4.27m	14-0	1/13
4	Paige SOMMERS	JR	#7 Duke	4.19m	13-9	1/20
4	Journey GURLEY	JR	#10 Virginia Tech	4.19m	13-9	1/20
6	Sarah BROWN	SR	#8 Charlotte	{2} 4.17m	13-8¼	1/20
7	Katie URBINE	FR	#9 Liberty	4.16m	13-7¾	1/20
8	Rachel VESPER	SR	#15 High Point	{2} 4.15m	13-7¼	12/1
9	Samantha ROMANO	SO	#6 Virginia	4.12m	13-6¼	1/13
9	Natalie LARK	JR	#11 Louisville	4.12m	13-6¼	1/19
9	Chiara SISTERMANN	FR	#10 Virginia Tech	{2} 4.12m	13-6¼	1/13

Women's Long Jump

1	Jirah SIDBERRY	SR	#3 NC State	6.22m	20-5	1/20
2	Synclair SAVAGE	JR	#11 Louisville	6.17m	20-3	12/2
3	Courtney LINES	SR	UNC-Wilmington	6.16m	20-2½	12/8
4	Morgan DAVIS	FR	#1 Kentucky	6.13m	20-1½	1/13
5	Victoria GORLOVA	SR	#10 Virginia Tech	6.09m	19-11¾	1/13
5	Heidi HUDSON	FR	Western Carolina	6.09m	19-11¾	12/8
5	Robbie GRACE	SR	#12 Wake Forest	6.09m	19-11¾	1/20
8	Jordan HARDY	SO	#6 Virginia	6.01m	19-8¾	1/13
9	Ariel LAWRENCE	SR	#11 Louisville	{2} 5.97m	19-7	12/2
10	Jenna PAULY	SR	#5 Murray State	5.95m	19-6¼	12/2
10	Caroline JOHNSTON	SR	#2 Clemson	5.95m	19-6¼	1/13
10	Destiny BAILEY-PERKINS	SR	#19 Campbell	5.95m	19-6¼	1/13

Women's Triple Jump

1	Shantae FOREMAN	JR	#2 Clemson	13.39m	43-11¼	1/13
2	Victoria GORLOVA	SR	#10 Virginia Tech	13.06m	42-10¼	1/20
3	Jordan HARDY	SO	#6 Virginia	12.87m	42-2¾	1/20
4	Cierra PYLES	SR	#10 Virginia Tech	{2} 12.62m	41-5	1/13
5	L'Nya CARPENTER	SR	#13 East Carolina	12.61m	41-4½	1/20
5	Alba CUNS IGLESIAS	SO	#11 Louisville	12.61m	41-4½	1/19
7	Jayda HUNTER	JR	#3 NC State	12.59m	41-3¾	1/13
8	Alicia DAWSON	SR	#22 Richmond	12.47m	40-11	1/13
9	Tia ROZARIO	SR	#7 Duke	12.33m	40-5½	1/20
10	Riley BURGER	SR	#11 Louisville	{2} 12.24m	40-2	1/13

Women's Shot Put

1	Jayden ULRICH	SO	#11 Louisville	15.97m	52-4¾	1/13
2	Patience MARSHALL	SR	#8 Charlotte	15.92m	52-2¾	1/13
3	MaKayla MASON	SR	#7 Duke	15.66m	51-4½	1/20
4	Katie SEYFANG	JR	#10 Virginia Tech	15.63m	51-3½	1/13
5	Ashlyn GILES	JR	#12 Wake Forest	15.43m	50-7½	1/13
6	Amanda SCHAARE	SR	#12 Wake Forest	{2} 15.27m	50-1¼	1/20
7	Abria SMITH	JR	#16 Hampton	15.20m	49-10½	1/13
8	Eryn BYRD	SR	#20 VCU	15.01m	49-3	1/13
9	Oluwatomilayo AKINTUNDE	JR	#16 Hampton	{2} 15.00m	49-2½	1/7
10	Naadiya FAISON	JR	#13 East Carolina	14.91m	48-11	1/20
10	Simi AKINRINSOLA	SR	#1 Kentucky	14.91m	48-11	1/19

Women's Weight Throw

1	Sara KILLINEN	SR	#10 Virginia Tech	22.44m	73-7½	1/13
2	Marie FORBES	SR	#2 Clemson	22.20m	72-10	1/13
3	Gudrun HALLGRIMSDOTTIR	JR	#20 VCU	21.83m	71-7½	1/20
4	Simi AKINRINSOLA	SR	#1 Kentucky	20.57m	67-6	1/19
5	Barbora STEJFOVA	SO	#10 Virginia Tech	{2} 20.26m	66-5¾	1/20
6	Kate POWERS	FR	#1 Kentucky	{2} 19.81m	65-0	1/13
7	Paola BUENO	SO	#9 Liberty	19.66m	64-6	12/1
8	Moorea MITCHELL	JR	#7 Duke	19.38m	63-7	1/20
9	Nyah EDWARDS	JR	#13 East Carolina	19.34m	63-5½	1/20
10	Makala WRIGHT	JR	#3 NC State	19.22m	63-¾	1/13

Women's Pentathlon

1	Patasha BRYAN	SO	#9 Liberty	3,814		12/1
2	Jenna PAULY	SR	#5 Murray State	3,800		1/19
3	Ebba HEDBERG	FR	#14 Coastal Carolina	3,681		12/1
4	Sasha GREGORY	FR	#8 Charlotte	3,455		12/1
5	Andrea SEGOVIA	SO	#5 Murray State	{2} 3,403		1/19
6	Halle PERRY	SO	Queens (N.C.)	3,360		1/20
7	Meg GOEBEL	SR	#14 Coastal Carolina	{2} 3,357		12/1
8	Emmani SHAW	SO	#16 Hampton	3,326		1/20
9	Meghan FLETCHER	SR	#5 Murray State	{3} 3,283		1/19
10	Julia GUNNELL		#1 Kentucky	3,186		12/8



Regional TFRI Event Summary

as of 1/24/2024 2:47:13 PM

West

Women's 60 Meters

1	Jadyn MAYS	JR	#1 Oregon	7.24	1/13
2	Jassani CARTER	SO	#2 Southern Califor	7.27	1/12
3	Hannah WALLER	SR	#8 San Diego State	7.28	1/20
3	Christine MALLARD	SO	#2 Southern Califor{2}	7.28	1/12
5	Madison WHYTE	FR	#2 Southern Califor{3}	7.31	1/12
6	Jade BROWN	FR	#5 Arizona	7.36	1/12
7	Adriana TATUM	JR	#6 Arizona State	7.40	1/12
8	Samirah MOODY	JR	#2 Southern Califor{4}	7.42	1/12
9	Alexa ROSSUM	SR	#1 Oregon {2}	7.43	1/13
10	Kennedi PORTER	JR	#19 UNLV	7.44	1/19

Women's 60 Meter Hurdles

1	Jasmine JONES	SR	#2 Southern Califor	8.02	1/20
2	Charlize JAMES	SO	#8 San Diego State	8.23	1/20
3	Aaliyah MCCORMICK	SO	#1 Oregon	8.26	1/13
3	Micaela DE MELLO	SR	#9 Washington Stat	8.26	1/12
5	Audreanae HAGAN	SO	#13 San Jose State	8.28	1/12
5	Allie JONES	SR	#2 Southern Califor{2}	8.28	1/20
7	Nonah WALDRON	FR	#2 Southern Califor{3}	8.35	1/12
8	Madelyn KNIGHT	SR	#15 Eastern Washing	8.37	1/13
8	Saira PRINCE	FR	#6 Arizona State	8.37	1/12
10	Simone BALLARD	SO	#2 Southern Califor{4}	8.38	1/12

Women's 200 Meters

1	Jassani CARTER	SO	#2 Southern Califor	23.15	1/20
2	Adriana TATUM	JR	#6 Arizona State	23.45	1/20
3	Shaquena FOOTE	SO	#8 San Diego State	23.54	1/20
4	Jadyn MAYS	JR	#1 Oregon	23.60	1/13
5	Jade BROWN	FR	#5 Arizona	23.72	1/20
6	McKenna WATSON	FR	#5 Arizona {2}	23.81	1/20
7	Neysia HOWARD	SR	#10 Grand Canyon	24.00	1/20
8	Ella CLAYTON	JR	#1 Oregon {2}	24.13	1/13
9	Ashanti BOLLERS	JR	#6 Arizona State {2}	24.16	1/20
10	Ceonna PIPION	SR	#7 Fresno State	24.23	1/12

Women's 400 Meters

1	Madison WHYTE	FR	#2 Southern Califor	52.59	1/20
2	Jan'Taijah JONES	SR	#2 Southern Califor{2}	52.80	1/20
3	Yemi JOHN	SO	#2 Southern Califor{3}	52.95	1/20
4	Shaquena FOOTE	SO	#8 San Diego State	53.41	1/20
5	Roisin WILLIS	SO	#4 Stanford	53.56	1/13
6	Jasneet NIJJAR	SR	#9 Washington Stat	54.11	1/12
7	Anna TERRELL	SO	#3 Washington	55.07	12/9
8	Ceonna PIPION	SR	#7 Fresno State	55.12	12/9
9	Takiya CENCI	SO	#2 Southern Califor{4}	55.33	1/12
10	Ava SIMMS	FR	#5 Arizona	55.38	1/20
10	Chloe SHARP	SR	#7 Fresno State {2}	55.38	12/9

Women's 800 Meters

1	Juliette WHITTAKER	SO	#4 Stanford	2:02.67	1/13
2	Maddy ELMORE	SO	#1 Oregon	2:08.87	1/13
3	Mia BARNETT	JR	#1 Oregon {2}	2:09.38	1/13
4	Jillian BROWN	SO	#16 Oregon State	2:10.30	12/9
5	Marne SULLIVAN	SR	#2 Southern Califor	2:10.34	1/12
6	Janiah BROWN	JR	#20 Boise State	2:10.48	1/13
7	Willow COLLINS	JR	#11 Gonzaga	2:12.40	1/12
8	Mia CHAVEZ	FR	#6 Arizona State	2:12.47	1/20
9	Alicia ANDERSON	SR	#11 Gonzaga {2}	2:12.48	1/12
10	Gigi MACCAGNINI	JR	#2 Southern Califor{2}	2:12.96	1/20

Women's Mile

1	Carley THOMAS	SR	#3 Washington	4:30.38	1/13
2	Klaudia KAZIMIERSKA	SO	#1 Oregon	4:31.87	1/13
3	Maddy ELMORE	SO	#1 Oregon {2}	4:33.04	1/13
4	Mia BARNETT	JR	#1 Oregon {3}	4:37.89	1/13
5	Ella NELSON	SO	#1 Oregon {4}	4:40.60	12/2
6	Marlena PREIGH	SR	#3 Washington {2}	4:43.39	1/13
7	Samantha MCDONNELL	FR	#1 Oregon {5}	4:45.05	12/2
8	Dalia FRIAS	SO	#1 Oregon {6}	4:46.32	1/13
9	Fleur TEMPLIER	FR	#22 Portland	4:46.89	1/13
10	Gigi MACCAGNINI	JR	#2 Southern Califor	4:47.76	1/20

Women's 3000 Meters

1	Maddy ELMORE	SO	#1 Oregon	8:50.43	12/2
2	Kaylee MITCHELL	SR	#16 Oregon State	8:51.06	12/2
3	Laura PELLICORO	JR	#22 Portland	9:00.46	12/2
4	Amy BUNNAGE	FR	#4 Stanford	9:03.21	1/13
5	Chloe FOERSTER	SO	#3 Washington	9:05.24	1/13
6	Lucy JENKS	JR	#4 Stanford {2}	9:09.61	1/13
7	Haley HERBERG	SR	#3 Washington {2}	9:11.49	1/13
8	Katie CLUTE	FR	#1 Oregon {2}	9:12.40	1/13
9	Sophia KENNEDY	FR	#4 Stanford {3}	9:14.28	1/13
10	Ella BORSHEIM	SO	#3 Washington {3}	9:17.37	1/13

Women's 5000 Meters

1	Rosina MACHU	SO	#11 Gonzaga	15:37.05	12/2
2	Lucy JENKS	JR	#4 Stanford	15:38.53	12/2
3	Haley HERBERG	SR	#3 Washington	15:48.04	12/2
4	Perri BOCKRATH	SR	#3 Washington {2}	15:50.23	12/2
5	India WEIR	SR	#3 Washington {3}	15:55.53	12/2
6	Brianna WEIDLER	JR	#23 UC Davis	15:56.99	12/2
7	Sophia KENNEDY	FR	#4 Stanford {2}	15:57.57	12/2
8	Sierra ATKINS	SR	#23 UC Davis {2}	15:59.27	12/2
9	Grace CONNOLLY	SR	#4 Stanford {3}	16:16.32	12/2
10	Kaiya ROBERTSON	SO	#20 Boise State	16:20.95	12/2



Regional TFRI Event Summary

as of 1/24/2024 2:47:13 PM

West

Women's 4x400 Relay

1	Jan'Taijah Jones Jasmine Jones Yemi John Madison Whyte	#2 Southern Califor	3:32.48	1/20
2	Ava Simms McKenna Watson Antonia Sanchez Nunez Keilee Hall	#5 Arizona	3:39.55	1/20
3	Lakely Doht-Barron Ella Clayton Katriina Wright Shaniya Hall	#1 Oregon	3:40.43	1/13
4	Cydney Wright Trinity Price Samantha Thomas Camille Peisner	#4 Stanford	3:42.00	12/2
5	Jasneet Nijjar Elise Unruh-Thomas Brooke Lyons Elena Willems	#9 Washington Stat	3:42.65	1/12
6	Naiya Morgan Adriana Tatum Saira Prince Adonijah Currie	#6 Arizona State	3:44.23	1/20
7	Alyssa Bean Sarah Mosteller Savana Dutton Aliyah Williams	#13 San Jose State	3:46.96	1/13
8	Olivia Martin Belen Garcia Arias Prabhasha Wickramaraachchi Franziska Stoehr	#12 Idaho	3:47.04	1/20
9	Iyanna Ross Chloe Sharp Miana Giovannini Ceon na Pipion	#7 Fresno State	3:47.10	12/9
10	Endya Scott Jaydea Carter Chineyre Okoro Jana Lakner	#19 UNLV	3:49.50	1/19

Women's Distance Medley Relay

1	Maya McCabe Jasneet Nijjar Elena Willems Neema Kimtai	#9 Washington Stat	11:44.23	1/20
2	Maria Taggi Ellie Armbruster Willo w Collins Anna Grabowski	#11 Gonzaga	12:03.26	1/13
3	Emilie Langschwager Izzy Kneeshaw Carlin McFadden Zola O'Donnell	#17 Hawai'i	12:10.81	1/13
4	Carolinh Calvert Norma Alvarez Samantha Velazquez Linda Perez	#21 UC Riverside	12:17.84	1/20
5	Caitlin Chea Alyssa Bean Aliyah Williams Amanda Chaburg	#13 San Jose State	12:55.26	1/13

Women's High Jump

1	Alyssa JONES	SO	#4 Stanford	1.83m	6-0	12/2
2	Diana RAMOS	SR	#5 Arizona	1.81m	5-11¼	1/12
3	Annika WILLIAMS	SR	#1 Oregon	1.75m	5-8¾	1/13
4	Emma GATES	SO	#5 Arizona	{2} 1.72m	5-7¾	1/20
5	Grace BRUNO	SO	#15 Eastern Washing	1.71m	5-7¼	1/20
5	Elizabeth TARCZY	FR	#7 Fresno State	1.71m	5-7¼	12/9
5	Lina SCHUBERT	JR	#13 San Jose State	1.71m	5-7¼	1/12
8	Kailah MCKENZIE	FR	#18 UC Irvine	1.67m	5-5¾	1/20
8	Amber JACKSON	JR	#14 UCLA	1.67m	5-5¾	1/20
10	Erin THOMPSON	JR	#19 UNLV	1.66m	5-5¼	1/12
10	Grace CUNNINGHAM	SO	#19 UNLV	1.66m	5-5¼	1/12
10	Samantha GORDON	JR	#17 Hawai'i	1.66m	5-5¼	1/12
10	Kaitlynn PEREZ	SR	#7 Fresno State	{2} 1.66m	5-5¼	1/12

Women's Pole Vault

1	Hana MOLL	FR	#3 Washington	4.30m	14-1¼	12/9
2	Nastassja CAMPBELL	SR	#3 Washington	{2} 4.25m	13-11¼	1/13
3	Eva LOWDER	FR	#9 Washington Stat	4.22m	13-10	1/12
4	Sara BORTON	JR	#3 Washington	{3} 4.15m	13-7¼	1/13
5	Ka'Leila ABRILLE	SR	#14 UCLA	4.12m	13-6¼	1/20
6	Sarah FERGUSON	SO	#3 Washington	{4} 4.05m	13-3½	12/9
6	Tatum MOKU	FR	#9 Washington Stat	{2} 4.05m	13-3½	12/9
8	Avril WILSON	SO	#3 Washington	{5} 4.00m	13-1½	1/13
9	Nicole PRALL	FR	#10 Grand Canyon	3.97m	13-¼	1/20
9	Katerina ADAMIEC	SR	#14 UCLA	{2} 3.97m	13-¼	1/20
9	Ashley CALLAHAN	JR	#8 San Diego State	3.97m	13-¼	1/20
9	Lianne KISTLER	JR	#4 Stanford	3.97m	13-¼	1/20



Regional TFRI Event Summary

as of 1/24/2024 2:47:13 PM

West

Women's Long Jump

1	Jenica BOSKO	JR	#5 Arizona	6.26m	20-6½	1/20
2	Hannah WALLER	SR	#8 San Diego State	6.16m	20-2½	1/20
3	Alaysia OAKES	SO	#4 Stanford	6.13m	20-1½	12/2
4	Alyssa HOPE	FR	#2 Southern Califor	6.08m	19-11½	1/20
4	Tess STAPLETON	SO	#4 Stanford	{2} 6.08m	19-11½	1/20
4	Allie JONES	SR	#2 Southern Califor	6.08m	19-11½	1/20
7	Taylen WISE	SO	#5 Arizona	{2} 6.04m	19-9¾	1/20
8	Caitlin SIMMONS	JR	#15 Eastern Washing	5.95m	19-6¼	12/9
9	Alexandria JOHNSON	FR	#6 Arizona State	5.90m	19-4¼	1/20
10	Reyna JOHNSON	JR	#18 UC Irvine	5.89m	19-4	1/13
10	Teagan ZWAANSTRA	JR	#4 Stanford	{3} 5.89m	19-4	1/12

Women's Triple Jump

1	Rachela PACE	JR	#7 Fresno State	13.29m	43-7¼	1/12
2	Xiamara YOUNG	FR	#8 San Diego State	12.47m	40-11	1/20
3	Tierra ROBINSON-JONES	SR	#6 Arizona State	12.42m	40-9	1/20
4	Kiara LEE	SR	#6 Arizona State	{2} 12.40m	40-8¼	1/12
5	Jada FOREMAN	SO	#2 Southern Califor	12.36m	40-6¾	1/20
6	Esther AKINLOSOTU	SO	#5 Arizona	12.33m	40-5½	1/20
7	Ryann PORTER	JR	#1 Oregon	12.22m	40-1¼	1/13
8	Jazmine SCOTT	SR	#10 Grand Canyon	12.20m	40-½	1/20
9	Asha FLETCHER	SR	#14 UCLA	12.13m	39-9¾	1/20
10	Taryn BURKETT	JR	#10 Grand Canyon	{2} 12.12m	39-9¼	1/12

Women's Shot Put

1	Jaida ROSS	JR	#1 Oregon	18.18m	59-7¾	1/13
2	Kaia TUPU-SOUTH	JR	#3 Washington	16.72m	54-10¼	1/13
3	Tapenisa HAVEA	SO	#5 Arizona	15.92m	52-2¾	1/12
4	Ines LOPEZ	SO	#6 Arizona State	15.80m	51-10	1/12
5	Natalie RAMIREZ	SR	#14 UCLA	15.62m	51-3	1/20
6	Danielle SLOLEY	JR	#6 Arizona State	{2} 15.42m	50-7¼	1/20
7	Mia SYLVESTER	SO	#12 Idaho	15.27m	50-1¼	1/12
8	Cierra JACKSON	SR	#7 Fresno State	14.94m	49-¼	12/9
9	Deandra TYLER	JR	#18 UC Irvine	14.87m	48-9½	1/13
10	Lauryn LOVE	SO	#5 Arizona	{2} 14.82m	48-7½	1/12

Women's Weight Throw

1	Beatrice ASOMANING	SR	#3 Washington	20.42m	67-0	1/13
2	Cierra JACKSON	SR	#7 Fresno State	18.54m	60-10	1/12
3	Ava DAVID	SR	#5 Arizona	17.81m	58-5¼	1/20
4	Alyssa WALLS	SR	#10 Grand Canyon	17.70m	58-1	1/19
5	Amelia DIPAOLO	SR	#7 Fresno State	{2} 17.50m	57-5	1/12
6	Hannah BLOOD	JR	#10 Grand Canyon	{2} 17.04m	55-11	1/12
7	Emma HARPER	JR	#7 Fresno State	{3} 16.90m	55-5½	12/9
8	Mia SYLVESTER	SO	#12 Idaho	16.78m	55-¾	1/20
9	Kaiah FISHER	JR	#4 Stanford	16.67m	54-8¼	12/2
10	Jessianne SOLIS	SR	CSU Bakersfield	16.24m	53-3½	1/12

Women's Pentathlon

1	Hanna TAIT	FR	#12 Idaho	3,728		1/20
2	Sarah KOVICH	JR	#9 Washington Stat	3,415		1/20
3	Sydney MACDONALD	FR	#15 Eastern Washing	2,659		1/20