



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, January 22

as of 1/24/2024 2:46:38 PM

Atlantic

Women's 60 Meters

1	Brianna BENLOSS	FR	#7 Winston-Salem S	7.59	1/21
2	Leah GRAYBILL	SR	#1 Shippensburg	7.60	1/20
3	Skylar BROWN	SR	#20 Mansfield	7.62	12/2
4	Samantha GILBERT	SR	#2 Slippery Rock	7.65	12/1
5	Malaysia JOHNSON	SO	#5 Saint Augustine'	7.67	1/7
6	Ronee TUDOR	SO	#7 Winston-Salem S{2}	7.68	1/13
6	Aliyah SERRANO	JR	#1 Shippensburg {2}	7.68	12/2
8	Destiny THOMPSON	SR	#4 East Stroudsbury	7.70	1/12
9	Sara MCKEAN	SR	#1 Shippensburg {3}	7.72	12/9
10	Candace MORRIS	FR	West Virginia Sta	7.75	1/13

Women's 60 Meter Hurdles

1	Aisha CARRINGTON	JR	#16 Lincoln (Pa.)	8.74	12/2
2	Sasha LEE	JR	#1 Shippensburg	8.80	12/9
3	Natasha BERNETT	SR	#15 Seton Hill	8.84	1/13
4	Ryleigh MARKS	FR	#1 Shippensburg {2}	8.90	12/9
5	Aria GOODE	JR	#11 Johnson C. Smitl	8.96	12/3
6	Christabelle OBI	SO	#5 Saint Augustine'	9.01	1/13
6	Gabrielle MAYE	FR	#11 Johnson C. Smitl{2}	9.01	12/8
8	Khrisalyn KEGLER	SO	Bluefield State	9.02	1/20
9	Layla SIMPSON	SO	#7 Winston-Salem S	9.06	1/13
10	Charnessa REID	SO	#7 Winston-Salem S{2}	9.12	1/21

Women's 200 Meters

1	Leah GRAYBILL	SR	#1 Shippensburg	24.14	12/2
2	Hayleigh BRYANT	FR	#7 Winston-Salem S	24.62	1/21
3	Asheika SMITH	FR	#5 Saint Augustine'	24.85	12/8
4	Malaysia JOHNSON	SO	#5 Saint Augustine'{2}	25.01	1/7
5	Timaya RAY	JR	#11 Johnson C. Smitl	25.04	12/3
6	Skylar BROWN	SR	#20 Mansfield	25.11	12/9
6	Aliyah SERRANO	JR	#1 Shippensburg {2}	25.11	12/2
8	Jessica MCQUEEN	JR	#8 Fayetteville Stat	25.24	1/20
9	Brianna BENLOSS	FR	#7 Winston-Salem S{2}	25.29	12/3
9	Ronee TUDOR	SO	#7 Winston-Salem S{2}	25.29	1/13

Women's 400 Meters

1	Jasmine SCOTT	SO	#17 Frostburg State	57.06	1/19
2	Kamani JOHNS	JR	#16 Lincoln (Pa.)	57.11	1/20
3	Jessica MCQUEEN	JR	#8 Fayetteville Stat	57.36	1/13
4	Asheika SMITH	FR	#5 Saint Augustine'	57.44	12/8
5	Raechel BONNER	JR	#13 Kutztown	57.68	12/2
6	Shelda JORDAN	FR	#11 Johnson C. Smitl	57.80	12/3
7	Abigail WICKS	FR	#11 Johnson C. Smitl{2}	58.06	12/8
8	Camilia HOYA	JR	#3 Charleston (W.V.	58.39	12/8
9	Lydia LATIMER	SR	#2 Slippery Rock	58.60	1/20
9	Berna ZUKINA	SO	#12 Edinboro	58.60	1/19

Women's 800 Meters

1	Kadi BAUER	FR	#12 Edinboro	2:20.66	1/19
2	Trinity BUMBRY	SO	#23 Livingstone	2:20.75	12/1
3	Jeanne CORROY	JR	#3 Charleston (W.V.	2:20.84	1/19
4	Viola KORIR	FR	#8 Fayetteville Stat	2:21.93	1/19
5	Aubrey SECHRIST	JR	#18 Lock Haven	2:21.94	1/19
6	Dakota JOHNSON	SO	#14 West Virginia We	2:23.05	1/13
7	Megan GAMBOGI	JR	#6 Bloomsburg	2:23.73	12/9
8	Madeline MURLAND	SR	#2 Slippery Rock	2:23.79	1/20
9	Natalie BARR	FR	#25 Glenville State	2:23.88	1/13
10	Simone KELLY	FR	#5 Saint Augustine'	2:23.97	12/3

Women's Mile

1	Beth SYKES	SO	#3 Charleston (W.V.	4:58.47	1/19
2	Anna IGIMS	SR	#2 Slippery Rock	5:00.28	1/20
3	Irene JEPTOO	SO	#8 Fayetteville Stat	5:11.59	1/13
4	Kelley SELHEIMER	JR	#6 Bloomsburg	5:12.45	1/12
5	Sydney WERNER	FR	#6 Bloomsburg {2}	5:14.35	1/20
6	Jeanne CORROY	JR	#3 Charleston (W.V.{2}	5:14.71	1/19
7	Madison WOOLWINE	JR	#3 Charleston (W.V.{3}	5:16.46	1/19
8	Jaime DIEDEL	JR	#6 Bloomsburg {3}	5:16.67	1/12
9	Natalie BARR	FR	#25 Glenville State	5:16.96	1/13
10	Alyssa CUNNINGHAM	FR	#6 Bloomsburg {4}	5:17.11	1/12

Women's 3000 Meters

1	Anna IGIMS	SR	#2 Slippery Rock	10:15.16	1/13
2	Leigha HALL	JR	#14 West Virginia We	10:23.34	1/13
3	Hannah SWEDA	JR	#10 Millersville	10:24.63	12/2
4	Victoria MATTIOLI	JR	#1 Shippensburg	10:26.20	1/20
5	Lydia FALKENSTEIN	FR	Davis and Elkins	10:26.69	1/19
6	Ruthie HUGHES	SO	#2 Slippery Rock {2}	10:26.90	1/13
7	Alyssa CUNNINGHAM	FR	#6 Bloomsburg	10:28.78	1/20
8	Mercy JEPLETING	JR	#3 Charleston (W.V.	10:28.84	12/8
9	Brianna HENNETT	FR	#4 East Stroudsbury	10:29.71	1/12
10	Jaime DIEDEL	JR	#6 Bloomsburg {2}	10:33.00	1/20

Women's 5000 Meters

1	Jeanne CORROY	JR	#3 Charleston (W.V.	17:37.85	12/8
2	Leigha HALL	JR	#14 West Virginia We	17:52.06	12/1
3	Madeline CURTIS	JR	#9 California (Pa.)	17:55.96	12/1
4	Madison WOOLWINE	JR	#3 Charleston (W.V.{2}	18:05.98	12/8
5	Katie PLASSIO	SR	#2 Slippery Rock	18:16.72	1/20
6	Ruthie HUGHES	SO	#2 Slippery Rock {2}	18:19.95	1/20
7	Gwen LLOYD	JR	#18 Lock Haven	18:25.84	12/8
8	Amanda KELLY	SO	#6 Bloomsburg	18:32.32	1/20
9	Emily WALLACE	SR	Concord	18:34.58	12/8
10	Belle WEIKERT	JR	#1 Shippensburg	18:43.45	1/20



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Atlantic

Women's 4x400 Relay

1	Kiana Young Taniyah Lawler Beth Schearer Raechel Bonner	#13 Kutztown	3:55.97	12/2
2	Jessica McQueen Queen Burnett Janya Moore Malaysia Barber	#8 Fayetteville Stat	3:56.36	1/20
3	Cache Miller Malaysia Johnson Christa belle Obi Asheika Smith	#5 Saint Augustine!	3:56.84	12/8
4	Melanie Barger Aliyah Serrano Leah Graybill Caroline Mastria	#1 Shippensburg	3:59.54	12/2
5	Maya Clark Erica Davis Balie Destefano Camilia Hoya	#3 Charleston (W.V.)	3:59.56	1/19
6	Aisha Carrington Jazlyn Church Angel Adams Kamani Johns	#16 Lincoln (Pa.)	3:59.86	12/2
7	https://www.tfrrs.org/teams/	#11 Johnson C. Smith	4:00.33	1/13
8	Rachel Veneziano Lydia Latimer Annasophia Stauffer Lorna Speigle	#2 Slippery Rock	4:01.48	1/20
9	Valerie Boards Malaika Habib Isabella Mastria Jasmine Scott	#17 Frostburg State	4:02.68	12/1
10	Hayleigh Bryant Lydia Chapple Ronee Tudor Brianna Benloss	#7 Winston-Salem State	4:03.12	1/21

Women's Distance Medley Relay

1	Jaime Diedel Kelsie Robinson Sydney Werner Amanda Kelly	#6 Bloomsburg	12:53.74	1/12
2	Repline Cheptoo Viola Korir Joan Kiplagat Irene Jeptoo	#8 Fayetteville Stat	12:56.77	12/8
3	Megan Elgrim Kiera Wimbush Kelly Martin Payton Falkenstein	#4 East Stroudsburg	12:58.30	1/20
4	Kiersten Lloyd Hunter Barger Aubrey Sechrist Megan Lysek-Hagey	#18 Lock Haven	13:05.62	1/12
5	Manuela Deigh Emetern Bezezuh Emoni Coleman Manuelene Deigh	Virginia State	13:29.65	1/20
6	Thomyka Valcent Saa'naudia Deloatch Tanniya Womack Trinity Bumbray	#23 Livingstone	13:37.81	12/9

Women's High Jump

1	Beyonce KELLY	SR	#9 California (Pa.)	1.72m	5-7¾	12/1
2	Madeline NEWARK	SO	#12 Edinboro	1.61m	5-3¾	12/3
2	Domanique KNOWLES	JR	#8 Fayetteville Stat	1.61m	5-3¾	1/20
4	Norah VALLON	JR	#1 Shippensburg	1.58m	5-2¼	12/9
4	Sheree WRIGHT	SO	#5 Saint Augustine!	1.58m	5-2¼	12/3
4	Ashley LAUKUS	FR	#1 Shippensburg	1.58m	5-2¼	12/2
4	Ally RICHWINE	SO	#1 Shippensburg	1.58m	5-2¼	12/9
4	Hayleigh BRYANT	FR	#7 Winston-Salem State	1.58m	5-2¼	1/21
4	Kennedy ALEXANDER	SR	#7 Winston-Salem State	1.58m	5-2¼	1/21
10	Cassidy DAVIS	FR	#2 Slippery Rock	1.57m	5-1¾	12/1
10	Sarah ISENBURG	JR	Indiana (Pa.)	1.57m	5-1¾	1/19
10	Tara PERRY	JR	#21 Wheeling	1.57m	5-1¾	12/1
10	Elyssa PEMU	SR	#4 East Stroudsburg	1.57m	5-1¾	12/9
10	Ella EVANS	FR	Indiana (Pa.)	1.57m	5-1¾	12/9
10	Natalie LIPPINCOTT	SO	Pitt Johnstown	1.57m	5-1¾	1/19
10	Natasha BERNETT	SR	#15 Seton Hill	1.57m	5-1¾	12/9



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Women's Pole Vault

1	Kendall GROSSMAN	SR	#2 Slippery Rock	3.80m	12-5½	12/1
2	Annika HUMMEL	JR	#22 West Chester	3.65m	11-11¾	1/20
3	Taylor FUNK	FR	#13 Kutztown	3.60m	11-9¾	12/2
3	Darian HAUF	JR	#10 Millersville	3.60m	11-9¾	12/2
3	Nickolina ANNELLI	SR	#4 East Stroudsburg	3.60m	11-9¾	1/12
3	Megan MALECKI	JR	#10 Millersville	3.60m	11-9¾	12/2
7	Heather GAUGHRAN	SR	#4 East Stroudsburg	3.49m	11-5¼	1/20
8	Andrea DANCIU	JR	#13 Kutztown	3.45m	11-3¾	1/20
8	Allison TAYLOR	SO	#2 Slippery Rock	3.45m	11-3¾	12/1
8	Carissa BENDER	FR	#1 Shippensburg	3.45m	11-3¾	12/2
8	Keala MCCURRY	SR	#21 Wheeling	3.45m	11-3¾	1/20

Women's Long Jump

1	Sara MCKEAN	SR	#1 Shippensburg	5.90m	19-4¼	12/2
2	Sierra LANHAM	SO	#19 West Liberty Sta	5.53m	18-1¾	12/1
2	Ky'Ara ROSS	FR	#19 West Liberty Sta	5.53m	18-1¾	12/1
4	Samantha GILBERT	SR	#2 Slippery Rock	5.52m	18-1½	1/20
5	Sasha LEE	JR	#1 Shippensburg	5.48m	17-11¾	12/9
6	Jhnyia KNUCKLES	FR	#24 Claflin	5.46m	17-11	1/13
7	Kat HENDERSON	SR	#9 California (Pa.)	5.44m	17-10¼	12/3
8	Lanyjah GUNTER	FR	#5 Saint Augustine's	5.43m	17-9¾	1/13
9	Lydia LATIMER	SR	#2 Slippery Rock	5.40m	17-8¾	1/20
10	Ryleigh MARKS	FR	#1 Shippensburg	5.39m	17-8¼	1/20
10	Nicola PUGGE	JR	#1 Shippensburg	5.39m	17-8¼	12/2
10	Laura DELGADO DE TORR	SO	#3 Charleston (W.V.)	5.39m	17-8¼	1/19

Women's Triple Jump

1	Sasha LEE	JR	#1 Shippensburg	11.91m	39-1	12/2
2	Samantha CASH	JR	#14 West Virginia We	11.76m	38-7	1/13
3	Laura DELGADO DE TORR	SO	#3 Charleston (W.V.)	11.62m	38-1½	1/13
4	Aria GOODE	JR	#11 Johnson C. Smitl	11.45m	37-6¾	12/3
5	Lanyjah GUNTER	FR	#5 Saint Augustine's	11.40m	37-5	12/8
6	Raelyn VADALA	SO	Bluefield State	11.36m	37-3¼	1/20
7	Marlayna MCBRIDE	FR	#24 Claflin	11.34m	37-2½	1/20
7	Delaney BEARD	SR	#13 Kutztown	11.34m	37-2½	1/20
9	Camilia HOYA	JR	#3 Charleston (W.V.)	11.32m	37-1¾	1/19
9	Abigail TAYLOR	JR	#20 Mansfield	11.32m	37-1¾	1/20

Women's Shot Put

1	Sarah CORRIE	SR	#2 Slippery Rock	14.21m	46-7½	12/1
2	Elizabeth MAKAR	JR	#4 East Stroudsburg	13.31m	43-8	1/20
3	Olivia HECKMAN	SO	#2 Slippery Rock	13.05m	42-9¾	1/20
3	Shelly JONES		Clarion	13.05m	42-9¾	12/1
5	Kimora POOLER	JR	#21 Wheeling	13.03m	42-9	1/20
6	Rebecca MARTIN	SO	#2 Slippery Rock	13.01m	42-8¼	1/20
7	Yassine KAMARA	SO	Bowie State	12.90m	42-4	1/20
8	Madison BAUDILLE	JR	#6 Bloomsburg	12.35m	40-6¼	12/2
9	Payton BAUER	SO	#1 Shippensburg	12.30m	40-4¼	12/9
10	Kennedy MARTIN	SR	#19 West Liberty Sta	12.28m	40-3½	1/20

Women's Weight Throw

1	Samayah LITTLE	SO	#4 East Stroudsburg	17.72m	58-1¾	1/12
2	Sarah HESSLER	SO	#10 Millersville	16.57m	54-4½	12/2
3	Abby MCKINNEY	SO	#3 Charleston (W.V.)	16.51m	54-2	1/19
4	Elizabeth MAKAR	JR	#4 East Stroudsburg	16.25m	53-3¾	1/12
5	Tiffany JOLAYEMI	SR	#2 Slippery Rock	15.78m	51-9¼	12/1
6	Sarah GILLIAM	JR	#15 Seton Hill	15.71m	51-6½	12/9
7	Maddy DOWNS	JR	#10 Millersville	15.13m	49-7¾	12/2
8	Kelly GILMORE	SR	#6 Bloomsburg	14.83m	48-8	12/9
9	Jing MCCANN	JR	#9 California (Pa.)	14.48m	47-6¼	12/1
10	Anna ELDER	FR	#12 Edinboro	13.99m	45-10¾	1/19

Women's Pentathlon

1	Kat HENDERSON	SR	#9 California (Pa.)	3,397		12/3
2	Natasha BERNETT	SR	#15 Seton Hill	3,379		12/9
3	Nicola PUGGE	JR	#1 Shippensburg	3,155		12/2
4	Madeline NEWARK	SO	#12 Edinboro	3,027		12/3
5	Lorna SPEIGLE	SR	#2 Slippery Rock	2,992		12/3
6	Madelyn MILLER	SO	#2 Slippery Rock	2,979		12/3
7	Ryleigh MARKS	FR	#1 Shippensburg	2,953		12/2
8	Tatum HOFFMAN	JR	#9 California (Pa.)	2,946		12/3
9	Lydia LATIMER	SR	#2 Slippery Rock	2,909		12/3
10	Leighanne SWAN	FR	#2 Slippery Rock	2,852		12/3



Regional TFRI Event Summary

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Central

Women's 60 Meters

1	Denisha CARTWRIGHT	SR	#1 Minnesota State	7.32	1/20
2	Taniya LOONEY	SO	#2 Pittsburg State	7.40	12/9
3	Makayla JACKSON	SR	#1 Minnesota State {2}	7.42	12/2
4	Diandrenique GAINES	JR	#2 Pittsburg State {2}	7.43	12/9
5	Arianna PASSERI	SR	#4 U-Mary	7.49	12/2
6	Shantae GEORGE	JR	#5 Lincoln (Mo.)	7.51	12/9
7	Laila CLEARE	SO	#4 U-Mary {2}	7.59	12/2
8	Adeyah BREWSTER	JR	#1 Minnesota State {3}	7.60	1/20
9	Tamia HORTON	SO	#12 Sioux Falls	7.61	12/2
10	Ally HAMMOND	JR	#3 Northwest Misso	7.62	12/2
10	Maya PATTISON	SO	#7 Washburn	7.62	12/2

Women's 60 Meter Hurdles

1	Denisha CARTWRIGHT	SR	#1 Minnesota State	8.19	12/2
2	Adeyah BREWSTER	JR	#1 Minnesota State {2}	8.42	1/20
3	Blakelee WINN	JR	#2 Pittsburg State	8.51	1/19
4	Shanette ALLISON	JR	#5 Lincoln (Mo.)	8.58	12/9
5	Madelyn MARQUEZ	JR	#2 Pittsburg State {2}	8.60	12/9
6	Ally HAMMOND	JR	#3 Northwest Misso	8.63	12/9
7	Roxan FOSTER	SR	#1 Minnesota State {3}	8.68	1/12
8	Precious OLATUNJI	SR	#6 Missouri Southei	8.70	12/9
9	Ashyiria SAVAGE	JR	#6 Missouri Southei {2}	8.79	1/20
10	Emily SWANSON	SR	#12 Sioux Falls	8.80	12/2

Women's 200 Meters

1	Tiffany HUGHEY	SR	#3 Northwest Misso	24.07	1/20
2	Denisha CARTWRIGHT	SR	#1 Minnesota State	24.15	12/2
3	Shantae GEORGE	JR	#5 Lincoln (Mo.)	24.24	12/9
4	Taniya LOONEY	SO	#2 Pittsburg State	24.32	1/19
5	Sakena MASSIAH	JR	#4 U-Mary	24.35	12/2
6	Tionce WALROND	FR	#4 U-Mary {2}	24.37	12/9
7	Rose CRAMER	SR	#1 Minnesota State {2}	24.56	12/2
8	Brooklynn HOLTMAN	SO	#14 Central Missouri	24.69	12/9
8	Diandrenique GAINES	JR	#2 Pittsburg State {2}	24.69	1/19
10	Maya PATTISON	SO	#7 Washburn	24.90	12/2

Women's 400 Meters

1	Tiffany HUGHEY	SR	#3 Northwest Misso	53.34	1/20
2	Omolara OGUNMAKINJU	FR	#9 Harding	54.74	1/19
3	Paula PELZER	FR	#9 Harding {2}	55.19	1/19
4	Eilika LANE	JR	#1 Minnesota State	55.78	1/20
5	Odeshia NANTON	FR	#5 Lincoln (Mo.)	55.90	12/9
6	Shevanae THOMAS	JR	#5 Lincoln (Mo.) {2}	56.22	12/9
7	Chloe SAENZ	JR	#3 Northwest Misso {2}	56.30	1/20
8	Mikah EDWARDS	FR	#2 Pittsburg State	56.32	1/19
9	Jamiya MORGAN	JR	#2 Pittsburg State {2}	56.47	1/19
10	Nicole MESSBARGER	SR	#11 Neb.-Kearney	56.49	1/20

Women's 800 Meters

1	Shoneal CLARKE-GIDDINGS	FR	#5 Lincoln (Mo.)	2:12.52	12/9
2	Luisarys TOLEDO	JR	#3 Northwest Misso	2:13.05	1/20
3	Elizabeth ACHESON	SR	#4 U-Mary	2:13.73	1/20
4	Charis ROBINSON	FR	#11 Neb.-Kearney	2:13.79	1/20
5	MaKenna THURSTON	SR	#1 Minnesota State	2:13.93	1/20
6	Kaylee HARP	JR	#3 Northwest Misso {2}	2:14.02	1/20
7	Savannah SCHLEY	JR	#20 Minnesota Dulut	2:14.28	1/12
7	Lydia MCGLOCKLIN	SO	#3 Northwest Misso {3}	2:14.28	1/20
9	Cassidy O'MEARA	SR	#1 Minnesota State {2}	2:14.89	1/20
10	Bailey BLAKE	JR	#3 Northwest Misso {4}	2:14.90	1/20

Women's Mile

1	Kaylee BEYER	SR	#8 Winona State	4:45.92	1/12
2	MaKenna THURSTON	SR	#1 Minnesota State	4:52.51	1/12
3	Khot JUAC	SR	#12 Sioux Falls	4:52.93	1/20
4	Alyna THIBAUT	JR	#3 Northwest Misso	4:57.73	1/20
5	Taylor MCCREEDY	JR	#3 Northwest Misso {2}	4:58.90	12/2
6	Lydia MCGLOCKLIN	SO	#3 Northwest Misso {3}	5:03.60	1/13
7	Elizabeth ACHESON	SR	#4 U-Mary	5:03.95	1/13
8	Kristine KALTHOFF	JR	#4 U-Mary {2}	5:04.01	1/13
9	Cassidy GRAHAM	FR	#9 Harding	5:05.02	1/19
10	Mekenzie CONNELL	FR	#13 Oklahoma Bapti	5:05.49	1/19

Women's 3000 Meters

1	Kaylee BEYER	SR	#8 Winona State	9:12.39	1/20
2	Lindsay CUNNINGHAM	SR	#8 Winona State {2}	9:21.44	1/20
3	Hannah GIBSON	FR	#2 Pittsburg State	9:52.59	1/19
4	Alyssa BECKER	JR	#4 U-Mary	9:57.50	1/20
5	Alyna THIBAUT	JR	#3 Northwest Misso	9:58.16	1/13
6	Kate DAWSON	JR	#2 Pittsburg State {2}	9:59.53	1/19
7	Kristine KALTHOFF	JR	#4 U-Mary {2}	10:00.87	1/20
8	Brianna DEANGELIS-STINNETT	SR	#16 Rogers State	10:08.12	1/19
8	Paige MULLEN	FR	#2 Pittsburg State {3}	10:08.12	1/19
10	Ana MCCABE	SR	#17 Augustana (S.D.)	10:09.30	1/20

Women's 5000 Meters

1	Regan HODSDEN	JR	#10 Fort Hays State	16:51.43	12/9
2	Sophia STRANGE	JR	#13 Oklahoma Bapti	16:55.43	12/9
3	Alyssa BECKER	JR	#4 U-Mary	17:00.30	12/8
4	Jaycee VATH	JR	#10 Fort Hays State {2}	17:20.48	12/9
5	Andrijana FUNDIAK	JR	#4 U-Mary {2}	17:25.50	12/8
6	Darian HUDGEONS	JR	#10 Fort Hays State {3}	17:26.00	12/9
7	Brianna DEANGELIS-STINNETT	SR	#16 Rogers State	17:38.06	12/9
8	Gloria BUTTS	SR	#16 Rogers State {2}	17:40.04	12/9
9	Jayna GUNTER	SO	#6 Missouri Southei	17:48.94	12/9
10	Taylor MCCREEDY	JR	#3 Northwest Misso	17:52.46	1/20



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Central

Women's 4x400 Relay

1	Shantae George Odeshia Nanton Shoneal Clarke Giddings Shevan ae Thomas	#5 Lincoln (Mo.)	3:43.14	12/9
2	Chloe Saenz Jaedy Commins Bailey Blake Tiffany Hughey	#3 Northwest Misso	3:45.02	12/9
3	Eilika Lane Robynn Rolle-Curry Rose Cramer Denisha Cartwright	#1 Minnesota State	3:45.53	1/20
4	Mikah Edwards Olivia Lowrey Kinleigh Hall Yasmine Johnson	#2 Pittsburg State	3:46.60	12/9
5	Paula Pelzer Briana Johnson Lisa Retailleau Omola ra Ogunmakinju	#9 Harding	3:49.25	1/19
6	Hannah Harrison Maeli Meier Charis Robinson Nicole Messbarger	#11 Neb.-Kearney	3:51.96	1/20
7	Kelechi Christian Kimberly McKinney Olivia Tate Delaney Riekert	#13 Oklahoma Bapti	3:54.82	12/9
8	Sai Brookins-Fleming Kerrigan Huynh Jakayla Swanson Treasur e Vallerie	#21 Central Oklahor	3:57.68	1/19
9	https://www.tfrrs.org/teams/	#4 U-Mary	3:57.80	12/9
10	Maia Peterson Ella Heinitz Noa Marteau Jayda Becker	#17 Augustana (S.D.)	4:01.34	12/2

Women's High Jump

1	Alexandra HART	SO	#7 Washburn	1.80m	5-10¾	1/20
2	Erica SCHAMEL	JR	#2 Pittsburg State	1.77m	5-9¾	12/9
3	Haleigh HADLEY	JR	#2 Pittsburg State {2}	1.71m	5-7¼	12/9
4	Mattie FLANAGAN	JR	#2 Pittsburg State {3}	1.69m	5-6½	12/9
5	Maggie KLOVER	JR	#14 Central Missouri	1.68m	5-6	12/3
5	Lillian WASHINGTON	SO	#1 Minnesota State	1.68m	5-6	12/2
7	Sydney DAVIS	FR	#11 Neb.-Kearney	1.67m	5-5¾	12/8
7	Emily SWANSON	SR	#12 Sioux Falls	1.67m	5-5¾	12/2
7	Brianna RUSSELL	SO	#11 Neb.-Kearney	1.67m	5-5¾	1/20
7	Victoriia ERMOLAEVA	FR	#1 Minnesota State {2}	1.67m	5-5¾	12/2

Women's Pole Vault

1	Kyla DAVIS	JR	#2 Pittsburg State	4.28m	14-½	1/19
2	Ashley HOKANSON	SR	#19 MSU Moorhead	4.00m	13-1½	12/9
3	Paige HICKSON	JR	#1 Minnesota State	3.91m	12-10	1/12
4	Shelbi DAY	SR	#2 Pittsburg State {2}	3.83m	12-6¾	12/9
4	Holly ROBINSON	SO	#6 Missouri Southei	3.83m	12-6¾	12/9
4	Katie CANDRL	JR	#6 Missouri Southei	3.83m	12-6¾	12/9
7	Reagan HOUSLEY	FR	#7 Washburn	3.70m	12-1½	12/2
7	Mackenzie MORING	SR	#6 Missouri Southei{3}	3.70m	12-1½	1/13
7	Annabeth BAALMANN	SO	#10 Fort Hays State	3.70m	12-1½	1/20
10	Taylor HANKINS	FR	#9 Harding	3.64m	11-11¼	1/12

Women's Long Jump

1	Makayla JACKSON	SR	#1 Minnesota State	6.14m	20-1¾	1/20
1	Arianna PASSERI	SR	#4 U-Mary	6.14m	20-1¾	12/2
3	Molly KAHL	JR	#1 Minnesota State {2}	5.91m	19-4¾	12/2
3	Victoriia ERMOLAEVA	FR	#1 Minnesota State {2}	5.91m	19-4¾	1/12
5	Adeyah BREWSTER	JR	#1 Minnesota State {4}	5.89m	19-4	12/2
6	Mattie FLANAGAN	JR	#2 Pittsburg State	5.82m	19-1¼	12/9
7	Siby YAO	JR	#2 Pittsburg State {2}	5.81m	19-¾	12/9
8	Miranda LAUVSTAD	SO	#1 Minnesota State {5}	5.80m	19-½	1/12
9	Maggie KLOVER	JR	#14 Central Missouri	5.76m	18-10¾	12/3
10	Blakelee WINN	JR	#2 Pittsburg State {3}	5.74m	18-10	12/9

Women's Triple Jump

1	Flore GRACIA	SR	#1 Minnesota State	12.72m	41-8¾	12/2
2	Stella NEOPHYTOU	JR	#1 Minnesota State {2}	12.56m	41-2½	1/20
3	Lillian WASHINGTON	SO	#1 Minnesota State {3}	12.50m	41-¼	1/12
3	Auna CHILDRESS	JR	#2 Pittsburg State	12.50m	41-¼	12/9
5	Taylor NELLOMS	SR	#2 Pittsburg State {2}	12.27m	40-3¾	1/19
6	Annalisa BARCLAY	JR	#5 Lincoln (Mo.)	12.05m	39-6½	12/2
7	Adeyah BREWSTER	JR	#1 Minnesota State {4}	12.01m	39-5	12/2
8	Arianna PASSERI	SR	#4 U-Mary	11.85m	38-10½	1/13
9	Karyna VEHNER	SO	#9 Harding	11.83m	38-9¾	1/19
9	Ashley CRIDLEBAUGH	JR	#1 Minnesota State {5}	11.83m	38-9¾	12/2



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Central

Women's Shot Put

1	Makenzie GARR	FR	#15 Missouri Westerr	14.93m	48-11¾	1/20
2	Macayla NEEDHAM	SR	#18 Southeastern Ok	14.35m	47-1	12/9
3	Briar GILLUM	FR	#6 Missouri Southei	14.30m	46-11	1/13
4	Shanice HUTSON	SO	#7 Washburn	14.07m	46-2	1/20
5	Mony JOHNSON	SO	#1 Minnesota State	14.00m	45-11¼	1/20
6	Allyssa MAHONE	JR	#15 Missouri Westerr{2}	13.87m	45-6¼	1/20
7	Tierra DOSS	SR	#22 Bemidji State	13.80m	45-3½	12/2
8	Octavia DUNCAN	JR	#2 Pittsburg State	13.78m	45-2½	12/9
9	Madeline FRETAG	SR	#1 Minnesota State {2}	13.51m	44-4	12/2
10	Dahsauni LYDAY	SR	#21 Central Oklahorr	13.41m	44-0	1/19
10	Adriel HOLLOWAY	SO	#7 Washburn {2}	13.41m	44-0	1/20

Women's Weight Throw

1	Mallory HUBER	SR	#6 Missouri Southei	18.98m	62-3¼	1/20
2	Mony JOHNSON	SO	#1 Minnesota State	18.74m	61-5¾	1/20
3	Adriel HOLLOWAY	SO	#7 Washburn	18.07m	59-3½	1/20
4	Octavia DUNCAN	JR	#2 Pittsburg State	17.58m	57-8¼	12/9
5	Lily NOVACEK	SO	#11 Neb.-Kearney	17.54m	57-6½	12/8
6	Aubri BROWN	FR	#1 Minnesota State {2}	17.48m	57-4¼	1/20
7	Allyssa MAHONE	JR	#15 Missouri Westerr	17.45m	57-3	1/20
8	Paola CASTALDI	JR	#7 Washburn {2}	17.31m	56-9½	1/20
9	Briar GILLUM	FR	#6 Missouri Southei {2}	17.03m	55-10½	1/20
10	Cassidy GOUGH	JR	#24 Northern State	16.96m	55-7¾	1/13

Women's Pentathlon

1	Blakelee WINN	JR	#2 Pittsburg State	3,831		12/9
2	Mattie FLANAGAN	JR	#2 Pittsburg State {2}	3,826		12/9
3	Kayla GOODWIN	JR	#14 Central Missouri	3,777		12/3
4	Emily SWANSON	SR	#12 Sioux Falls	3,748		12/2
5	Victoria ERMOLAEVA	FR	#1 Minnesota State	3,732		12/2
6	Taylor SAVOLT	SR	#10 Fort Hays State	3,661		12/9
7	Miranda LAUVSTAD	SO	#1 Minnesota State {2}	3,489		12/2
8	Abriel THRASH	SO	#25 Southern Nazare	3,453		12/1
9	Kylee SALLEE	JR	#17 Augustana (S.D.)	3,402		12/2
10	Valerie OLSON	JR	#13 Oklahoma Bapti:	3,393		12/9



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East

Women's 60 Meters

1	Ella MACLEAN	JR	#1 Southern Conne	7.08	(7.08 (55m)	12/9
2	Kisha FRANCOIS	JR	#1 Southern Conne{2}	7.24	(7.24 (55m)	12/9
3	Kayla COOPER	SO	#6 UDC	7.89		1/20
4	Dardielle EXANTUS	SR	#1 Southern Conne{3}	7.34	(7.34 (55m)	12/9
5	Jasmyn BRANSFORD	SO	#1 Southern Conne{4}	7.37	(7.37 (55m)	1/19
6	Mia CRUZ	FR	#15 Saint Anselm	7.96		12/2
7	Ariel SALKEY	JR	#10 Holy Family (Pa.	7.98		1/12
7	Megan SWAN	FR	#1 Southern Conne{5}	7.40	(7.40 (55m)	12/9
7	Savannah SISTRUNK	JR	#5 New Haven	7.40	(7.40 (55m)	12/9
10	Audrey STRMISKA	JR	#12 Assumption	7.99		12/2

Women's 60 Meter Hurdles

1	Amari JOHNSON	JR	#3 Adelphi	8.71		12/1
2	Aarysa MOORE	FR	#2 Felician	9.09		12/2
3	Hailee LOWE	SR	#4 Roberts Wesleya	9.12		12/8
4	Shalom ADZAKRO	SO	#20 Georgian Court	9.17		12/1
5	Briahna BOUCHARD	JR	#8 Franklin Pierce	9.19		1/20
6	Kayleigh SHELTON	SO	#6 UDC	9.24		1/20
7	Patrice MANSFIELD	SO	#1 Southern Conne	8.60	(8.60 (55m)	1/19
8	Katrina SULLIVAN	SO	#12 Assumption	9.30		12/2
9	Deborah OFODILE	JR	#21 American Interni	9.40		12/1
10	Jada CARROLL	SR	#2 Felician {2}	8.76	(8.76 (55m)	12/9
10	Talia FERGUSON	SR	#2 Felician {2}	8.76	(8.76 (55m)	12/9

Women's 200 Meters

1	Kisha FRANCOIS	JR	#1 Southern Conne	25.06		12/9
2	Ella MACLEAN	JR	#1 Southern Conne{2}	25.30		12/9
3	Hannah CAIOLA	SO	#1 Southern Conne{3}	25.52		12/9
4	Chantoya THOMAS	JR	#2 Felician	25.61		12/9
5	Imani FITZPATRICK	SO	#2 Felician {2}	25.82		1/20
6	Ariel SALKEY	JR	#10 Holy Family (Pa.	25.85		1/12
7	Claire O'REGAN	JR	#3 Adelphi	25.94		1/19
8	Tukey FRANCIS	SO	#6 UDC	25.96		1/20
9	Megan SWAN	FR	#1 Southern Conne{4}	25.98		1/19
10	Kayla COOPER	SO	#6 UDC {2}	26.03		1/20

Women's 400 Meters

1	Hannah CAIOLA	SO	#1 Southern Conne	56.76		12/9
2	Avery WINTERS	SO	#1 Southern Conne{2}	57.82		12/9
3	Imani FITZPATRICK	SO	#2 Felician	58.10		12/9
4	Chantoya THOMAS	JR	#2 Felician {2}	58.98		12/9
5	Camille LOPEZ	JR	#12 Assumption	59.45		1/13
6	Tukey FRANCIS	SO	#6 UDC	59.96		1/20
7	Ariel SALKEY	JR	#10 Holy Family (Pa.	1:00.16		12/1
8	Rebecca CADY	FR	#15 Saint Anselm	1:00.18		12/2
9	Carly KOPROWSKI	FR	#3 Adelphi	1:00.52		1/19
10	Danalee BROCK	JR	#10 Holy Family (Pa.{2}	1:00.58		1/12

Women's 800 Meters

1	Katherine MARSH	SR	#3 Adelphi	2:10.02		12/9
2	Isabel MARSH	SR	#3 Adelphi {2}	2:11.57		12/9
3	Carly KOPROWSKI	FR	#3 Adelphi {3}	2:19.75		1/13
4	Raechel ZIELINSKI	SR	#11 D'Youville	2:22.86		1/20
5	Catherine CATIPAY	SR	#2 Felician	2:22.96		1/20
6	Michaela NAMIOTKA	SO	#12 Assumption	2:23.77		1/13
7	Hannah THOMAS	SR	#9 Daemen	2:23.78		12/1
7	Sumaira MAYAN	JR	#3 Adelphi {4}	2:23.78		1/13
9	Rainn SHEPPARD	FR	#6 UDC	2:23.90		1/13
10	Samantha MORRISON	SO	#6 UDC {2}	2:23.92		1/20

Women's Mile

1	Kylee ODELL	SR	#4 Roberts Wesleya	5:04.15		1/20
2	Katherine MARSH	SR	#3 Adelphi	5:05.85		1/13
3	Caitlin BURMESTER	JR	#13 Bentley	5:10.15		12/10
4	Isabel MARSH	SR	#3 Adelphi {2}	5:10.60		1/13
5	Acacia BARBER	JR	#4 Roberts Wesleya{2}	5:16.01		12/1
6	Rachel HORNER-RICHARDSON	SO	#4 Roberts Wesleya{3}	5:17.80		1/20
7	Hannah THOMAS	SR	#9 Daemen	5:18.33		12/9
8	Kelsey SEAMANS	JR	#7 Southern New H.	5:21.64		1/13
9	Zoe MERRYMAN	FR	#14 St. Thomas Aquil	5:24.55		1/6
10	Emma MCNAMEE	JR	#10 Holy Family (Pa.	5:25.40		1/12

Women's 3000 Meters

1	Courtney HENCHCLIFFE	SO	#1 Southern Conne	10:17.47		12/2
2	Caitlin BURMESTER	JR	#13 Bentley	10:23.68		12/2
3	Katherine MARSH	SR	#3 Adelphi	10:26.32		1/13
4	Isabel MARSH	SR	#3 Adelphi {2}	10:30.22		1/13
5	Megan WHITNELL	JR	#1 Southern Conne{2}	10:38.81		12/2
6	Hannah THOMAS	SR	#9 Daemen	10:43.19		12/9
7	Molly CAPECE	FR	#13 Bentley {2}	10:45.83		12/2
8	Lainie SMITH	SO	#11 D'Youville	10:50.96		1/20
9	Briana GRECCO	JR	#1 Southern Conne{3}	10:52.98		12/2
10	Camryn BAILEY	JR	#9 Daemen {2}	10:54.59		1/20

Women's 5000 Meters

1	Acacia BARBER	JR	#4 Roberts Wesleya	17:31.91		12/8
2	Rachel HORNER-RICHARDSON	SO	#4 Roberts Wesleya{2}	18:00.29		12/8
3	Kelsey SEAMANS	JR	#7 Southern New H.	18:43.40		1/6
4	Zoe PERKINS	SR	#4 Roberts Wesleya{3}	18:50.26		12/8
5	Lydia ROSELUND	JR	#4 Roberts Wesleya{4}	18:56.99		12/8
6	Emma MCNAMEE	JR	#10 Holy Family (Pa.	19:33.09		12/1
7	Ciara DURCAN	JR	#14 St. Thomas Aquil	19:42.97		1/19
8	Meghan SHELIN	JR	#8 Franklin Pierce	19:46.91		12/2
9	Brooke NERI	JR	#13 Bentley	19:58.98		12/2
10	Juliana LEWIS	SR	#4 Roberts Wesleya{5}	20:02.67		12/8



Regional TFRI Event Summary

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East

Women's 4x400 Relay

1	Avery Winters Ella Maclean Megan Swan Hannah Caiola	#1 Southern Connecticut	3:55.46	12/2
2	Marissa Haye Amari Johnson Fiona Maloney Isabel Marsh	#3 Adelphi	3:55.55	12/1
3	Danalee Brock Brianna Coates Maya Harper Jade Jones	#10 Holy Family (Pa.)	3:58.31	12/1
4	Chantoya Thomas Darrian Lewis Sophie Gartland Imani Fitzpatrick	#2 Felician	4:00.81	12/2
5	Chacoia Wilkes Rainn Sheppard Samantha Morrison Iyanna Jackson	#6 UDC	4:03.63	12/8
6	Niquelle Johnson Kalaya Fitch Micaela Owen Deja Harris	#5 New Haven	4:11.77	1/19
7	Alaysia Cobb-Rountree Megan Sohl Anne Jeanty Isabella Fortaleza	#17 Molloy	4:20.66	1/20
8	Sara Fitzgerald Zoe Harris Gisella King Rihanna Burgher	#22 Saint Rose	4:24.39	12/2
9	Julianna Lewis Zoe Gordon Kylee Odell Emma Rath	#4 Roberts Wesleyan	4:25.06	12/1
10	Isabella Farino-Esposito Zoe Merryman Ciara Doyle Megan Murphy	#14 St. Thomas Aquinas	4:30.44	12/2

Women's Distance Medley Relay

1	Courtney Merrill Emma Cain Patsy Oberholzer Hannah Thomas	#9 Daemen	13:19.43	12/1
2	Catherine Catipay Anne Noonan Tahasia Thomas Cynthia Delapaz	#2 Felician	13:28.41	12/9
3	Madelyn McMath Moisa Moneus Fatima Morrobel Rachel Mow	#19 Queens (N.Y.)	14:09.64	1/19
4	Isatu Bah Samantha Morrison Chacoia Wilkes Rainn Sheppard	#6 UDC	14:10.45	1/20
5	Raechel Zielinski Lily Schulz Barbara Kunz Lydia Smith	#11 D'Youville	14:15.28	1/20
6	https://www.tfrs.org/teams/	#3 Adelphi	14:31.46	1/19
7	Ciara Durcan Zoe Merryman Isabella Farino-Esposito Emma Neil	#14 St. Thomas Aquinas	14:43.62	1/12
8	Alexandrea Jackson Inioluwa Ogunfowora Angelina Guerriero Elizabeth Nicotra	#16 Staten Island	15:12.59	1/12

Women's High Jump

1	Talia FERGUSON	SR	#2 Felician	1.67m	5-5¾	12/2
2	Zoe SHAW	SO	#6 UDC	1.63m	5-4¼	12/8
3	Jada CARROLL	SR	#2 Felician	{2} 1.60m	5-3	12/9
3	Sofia DULISOVA	FR	#16 Staten Island	1.60m	5-3	1/12
3	Lindsey WILSON	FR	#3 Adelphi	1.60m	5-3	12/1
3	Aarysa MOORE	FR	#2 Felician	{2} 1.60m	5-3	12/9
7	Emma HALLET	JR	#7 Southern New Hampshire	1.57m	5-1¾	12/9
8	Gillian PENNA	SR	#1 Southern Connecticut	1.55m	5-1	12/9
9	Hailee LOWE	SR	#4 Roberts Wesleyan	1.54m	5-½	1/20
10	Alana RIDER	FR	#14 St. Thomas Aquinas	1.53m	5-¼	12/8



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, January 22

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East

Women's Pole Vault

1	Brynn KING	JR	#4 Roberts Wesleya	4.60m	15-1	1/20
2	Melia COUCHMAN	FR	#4 Roberts Wesleya{2}	3.75m	12-3½	1/12
3	Elizabeth JONES	SO	#8 Franklin Pierce	3.25m	10-8	12/9
4	Taylor HEINEMAN	SR	#4 Roberts Wesleya{3}	3.15m	10-4	12/8
5	Cora SEABURG	FR	#4 Roberts Wesleya{4}	3.05m	10-0	1/20
6	Maddie HATHORN	SO	#1 Southern Conne	2.95m	9-8	12/9
7	Teresa DEASY	JR	#8 Franklin Pierce {2}	2.90m	9-6¼	12/9
7	Isabella FORTALEZA	FR	#17 Molloy	2.90m	9-6¼	1/12
9	Molly CLARK	SO	#5 New Haven	2.65m	8-8¼	1/19
10	Audri PETTIROSSI	FR	#5 New Haven {2}	2.50m	8-2½	12/9

Women's Long Jump

1	Kisha FRANCOIS	JR	#1 Southern Conne	5.86m	19-2¾	1/19
2	Talia FERGUSON	SR	#2 Felician	5.62m	18-5¼	12/2
2	Jasmyn BRANSFORD	SO	#1 Southern Conne{2}	5.62m	18-5¼	1/19
4	Jenna CAPOLUPO	FR	#11 D'Youville	5.52m	18-1½	12/1
5	Valencia BEAUBRUN	SO	#3 Adelphi	5.51m	18-1	1/19
6	Mackenzie GLENN	JR	#1 Southern Conne{3}	5.32m	17-5½	12/9
7	Aarysa MOORE	FR	#2 Felician {2}	5.30m	17-4¾	12/9
8	Briahna BOUCHARD	JR	#8 Franklin Pierce	5.27m	17-3½	1/20
9	Jada CARROLL	SR	#2 Felician {3}	5.23m	17-2	1/20
10	Leah COMEROSKI	FR	#3 Adelphi {2}	5.22m	17-1½	12/9

Women's Triple Jump

1	Jada CARROLL	SR	#2 Felician	11.74m	38-6¼	12/9
2	Gabrielle TEEL	SO	#5 New Haven	11.60m	38-¾	12/9
3	Talia FERGUSON	SR	#2 Felician {2}	11.47m	37-7¾	12/9
4	Briahna BOUCHARD	JR	#8 Franklin Pierce	10.94m	35-10¾	1/13
5	Zoe SHAW	SO	#6 UDC	10.92m	35-10	1/20
6	Imani MUDIAY	FR	#3 Adelphi	10.81m	35-5¾	1/13
7	Alyssa AMIRATO	JR	#9 Daemen	10.79m	35-4¾	12/9
8	Tishanna COHEN	SO	#2 Felician {3}	10.74m	35-3	12/2
9	Mariama DIAKHATE	JR	#5 New Haven {2}	10.56m	34-7¾	1/12
10	Leah COMEROSKI	FR	#3 Adelphi {2}	10.53m	34-6¾	1/19
10	Kayla ESPOSITO	FR	#3 Adelphi {2}	10.53m	34-6¾	12/9

Women's Shot Put

1	Destiny ELLERBE	JR	#2 Felician	12.25m	40-2¼	12/9
2	Natajiana WARD	SR	#2 Felician {2}	12.08m	39-7¾	12/2
2	Laila BUNNITT	JR	#7 Southern New H.	12.08m	39-7¾	1/6
4	Korryn BRAXTON-YOUNG	SR	#10 Holy Family (Pa.)	12.07m	39-7¼	1/12
5	Belle SMITH	FR	#1 Southern Conne	11.87m	38-11½	1/19
6	Tyra FELTON	JR	#8 Franklin Pierce	11.69m	38-4¼	12/9
7	Faith ROUSSEAU	JR	#17 Molloy	11.20m	36-9	1/20
8	Jalynn MCCOWN	SR	#5 New Haven	11.13m	36-6¼	12/9
9	Isabelle ROBINSON	JR	#5 New Haven {2}	11.01m	36-1½	1/19
10	Alanah WEAVER	FR	#5 New Haven {3}	11.00m	36-1¼	12/1

Women's Weight Throw

1	Jalynn MCCOWN	SR	#5 New Haven	14.68m	48-2	12/9
2	Laila BUNNITT	JR	#7 Southern New H.	14.63m	48-0	12/9
3	Emmanuela KOUAMI-KATOU	SO	#6 UDC	14.53m	47-8	1/13
4	Madison LUPINO	SO	#12 Assumption	14.40m	47-3	12/10
5	Rosanni GONZALEZ	SO	#1 Southern Conne	13.88m	45-6½	12/9
6	Isabelle ROBINSON	JR	#5 New Haven {2}	13.52m	44-4¼	1/19
7	Kristen OLIVER	FR	#9 Daemen	13.49m	44-3¼	1/20
8	Tyra FELTON	JR	#8 Franklin Pierce	13.37m	43-10½	12/9
9	Skylar POINTER	JR	#16 Staten Island	13.21m	43-4¼	1/19
10	Elizabeth BENTLEY	JR	#9 Daemen {2}	13.14m	43-1½	12/1

Women's Pentathlon

1	Emilia RUSSELL	SO	#18 Bridgeport	2,963		12/9
2	Briahna BOUCHARD	JR	#8 Franklin Pierce	2,899		1/20
3	Gillian PENNA	SR	#1 Southern Conne	2,831		12/9
4	Emma HALLET	JR	#7 Southern New H.	2,751		12/9
5	Maggie MCINERNEY	SO	#7 Southern New H.{2}	2,680		12/9
6	Tori ALLEN	JR	#7 Southern New H.{3}	2,619		12/9
7	Emily MAZZUCCO	SO	#5 New Haven	2,514		12/9
8	Isabella SORRENTINO	FR	#1 Southern Conne{2}	2,510		12/9
9	Elizabeth JONES	SO	#8 Franklin Pierce {2}	2,486		1/20
10	Jennifer KULICK	SO	#8 Franklin Pierce {3}	2,445		1/20



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Midwest

Women's 60 Meters

1	Kya EPPS	SO	#10 Walsh	7.44	12/8
2	Jordan TAYLOR	JR	#4 Findlay	7.50	12/1
3	Khristel MARTINDALE	SO	#2 Lewis	7.52	12/1
4	Rose OGBULI	SR	#2 Lewis {2}	7.56	12/1
4	Brooke ARMBRUST	JR	#21 Ohio Dominican	7.56	1/20
6	Alona OLSHEVSKA	SR	#8 Saginaw Valley S	7.57	1/19
7	Hailey RIOS	FR	#3 Ashland	7.58	12/1
8	Alena WILLIAMS	SR	#3 Ashland {2}	7.63	1/13
9	Alexandra BRIZZI	SR	#9 Cedarville	7.67	12/2
10	Kiersten FRANKLIN	SO	#9 Cedarville {2}	7.70	1/20

Women's 60 Meter Hurdles

1	Cheyenne WILLIAMSON	SR	#8 Saginaw Valley S	8.29	1/19
2	Ailliyah REESE	SR	#7 Indianapolis	8.68	12/8
3	Amirah STRAUTHER	SR	#5 Tiffin	8.87	12/8
4	Grace COLLETT	JR	#8 Saginaw Valley S {2}	8.88	1/12
5	Odessa SMITH	FR	#3 Ashland	8.89	1/20
6	Hanna SCHROEDER	SR	#8 Saginaw Valley S {3}	8.91	12/2
7	Caroline MAYES	SO	#24 William Jewell	8.92	12/9
8	Louisa KLASERNER	JR	#6 Hillsdale	8.94	12/1
9	Shura ERMAKOV	JR	#6 Hillsdale {2}	9.01	1/12
10	Kylie RAY	JR	#4 Findlay	9.02	1/20
10	Kay-Lee MCSWAIN	JR	#12 Davenport (Mich	9.02	1/20

Women's 200 Meters

1	Collinique FARRINGTON	JR	#11 Southwest Bapti	23.99	1/19
2	Jordan TAYLOR	JR	#4 Findlay	24.40	12/1
3	Kya EPPS	SO	#10 Walsh	24.46	12/8
4	Rose OGBULI	SR	#2 Lewis	24.70	12/1
5	Hallie MONTGOMERY	JR	#7 Indianapolis	24.89	12/8
6	Hailey RIOS	FR	#3 Ashland	24.91	12/1
6	Alexis STEWARD	FR	#3 Ashland	24.91	12/1
8	Khristel MARTINDALE	SO	#2 Lewis {2}	25.03	12/8
9	Alexandra BRIZZI	SR	#9 Cedarville	25.04	12/2
10	Kiersten FRANKLIN	SO	#9 Cedarville {2}	25.06	12/2

Women's 400 Meters

1	Collinique FARRINGTON	JR	#11 Southwest Bapti	54.42	12/9
2	Alona OLSHEVSKA	SR	#8 Saginaw Valley S	54.56	12/2
3	Jade AVANCE	SO	#3 Ashland	56.68	1/13
4	Mia GARDNER	JR	#3 Ashland {2}	56.70	12/1
5	Kiersten FRANKLIN	SO	#9 Cedarville	57.56	12/2
6	Elizabeth ADAMS	SR	#3 Ashland {3}	57.60	1/20
7	Ashtyn GLUCK	JR	#1 Grand Valley Sta	57.64	12/8
8	Renae KUTCHA	JR	#16 Wayne State (Mi	57.68	12/2
9	Abigail WINKLE	SO	#20 Ferris State	58.01	1/19
10	Kate ZANG	SO	#1 Grand Valley Sta {2}	58.04	1/20

Women's 800 Meters

1	Erin DORN	SR	#12 Davenport (Mich	2:11.73	1/20
2	Klaudia O'MALLEY	SR	#1 Grand Valley Sta	2:12.26	1/20
3	Maria MITCHELL	JR	#1 Grand Valley Sta {2}	2:12.62	1/20
4	Ines MACADAM	JR	#5 Tiffin	2:15.07	1/20
5	Lainy WILLIAMS	SR	#11 Southwest Bapti	2:16.10	1/12
6	Brooke BERRIDGE	FR	#1 Grand Valley Sta {3}	2:16.77	1/20
7	Greta MACADAM	JR	#5 Tiffin {2}	2:17.41	1/20
8	Katherine HAUPT	JR	#22 Northwood (Micl	2:17.77	1/20
9	Sydney DIEDRICH	SO	#9 Cedarville	2:17.85	12/2
10	Zoe BURKE	FR	#6 Hillsdale	2:18.12	12/1

Women's Mile

1	Maria MITCHELL	JR	#1 Grand Valley Sta	4:49.16	12/8
2	Taryn CHAPKO	SR	#1 Grand Valley Sta {2}	4:49.59	1/20
3	Lauren KILEY	SO	#1 Grand Valley Sta {3}	4:51.74	1/13
4	Ines MACADAM	JR	#5 Tiffin	4:55.61	12/8
5	Allie ARNSMAN	FR	#1 Grand Valley Sta {4}	4:56.62	1/20
6	Savannah ACKLEY	JR	#9 Cedarville	4:58.07	1/20
7	Kayce RYPMA	SR	#1 Grand Valley Sta {5}	4:58.59	1/13
8	Brooke BERRIDGE	FR	#1 Grand Valley Sta {6}	5:00.04	12/8
9	Hannah BODINE	SO	#1 Grand Valley Sta {7}	5:00.28	12/8
10	Lainy WILLIAMS	SR	#11 Southwest Bapti	5:00.58	12/9

Women's 3000 Meters

1	Klaudia O'MALLEY	SR	#1 Grand Valley Sta	9:17.61	12/2
2	Hannah SMRCKA	JR	#2 Lewis	9:44.83	1/20
3	Hadley FISHER	SR	#7 Indianapolis	9:49.49	1/20
4	Madi SZYMANSKI	SO	#15 Northern Michig	9:49.89	1/20
5	Juliana STOGSDILL	SR	#2 Lewis {2}	9:58.88	1/20
6	Anna KOZAK	SR	#2 Lewis {3}	10:04.83	1/20
7	Alexis BARBER	SR	#11 Southwest Bapti	10:09.59	12/9
8	Josephine BOBER	JR	#2 Lewis {4}	10:15.01	1/20
9	Naylah ALLEN	JR	#2 Lewis {5}	10:15.82	1/20
10	Camryn BARKER	SO	#10 Walsh	10:18.53	1/20

Women's 5000 Meters

1	Natalie GRABER	JR	#1 Grand Valley Sta	16:08.98	12/8
2	Anastasia TUCKER	SR	#1 Grand Valley Sta {2}	16:28.07	12/2
3	Kayce RYPMA	SR	#1 Grand Valley Sta {3}	16:40.82	12/2
4	Hannah SMRCKA	JR	#2 Lewis	16:43.49	12/2
5	Alexa KEISER	SR	#8 Saginaw Valley S	16:44.62	12/2
6	Savannah ACKLEY	JR	#9 Cedarville	16:45.97	12/8
7	Allie ARNSMAN	FR	#1 Grand Valley Sta {4}	16:47.35	12/2
8	Hannah RHEM	SR	#9 Cedarville {2}	16:51.52	12/8
9	Sarah MAY	SR	#1 Grand Valley Sta {5}	16:52.95	12/2
10	Madelyn FRENS	FR	#1 Grand Valley Sta {6}	17:06.26	12/8



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Midwest

Women's 4x400 Relay

1	Elizabeth Adams Jade Avance Maddie Stacey Mia Gardner	#3 Ashland	3:46.66	12/1
2	Isabel Abdouch Alaina Diaz Ashtyn Gluck Kate Zang	#1 Grand Valley Sta	3:48.88	12/8
3	Rebecca Cravedi Faith Wyman Eliana Culpepper Caitlyn O'Boyle	#2 Lewis	3:58.21	12/8
4	Erin Boettcher Soleil Moore Erin Dorn Haley Esser	#12 Davenport (Mich	3:59.07	12/8
5	Mikaela Owen Keneisha Thomas Renae Kutcha Avery Wilson	#16 Wayne State (Mi	3:59.53	12/2
6	Josee Behling Zoe Burke Shura Ermakov Francesca Federici	#6 Hillsdale	3:59.70	1/12
7	Jahtiviya Williams Ciara Ostrenga Lana Mac Paige Anderson	#15 Northern Michig	3:59.80	1/20
8	Mary Ellis Mackenzie Schneider Leah Smith Kylie RAY	#4 Findlay	4:02.61	1/12
9	Martha Bergley Kiersten Franklin Mallory Gasper Sydney Diedrich	#9 Cedarville	4:03.20	1/20
10	Sophia Thelen Taylor Moyer Makayla Fuerst Angelina Delbosque	#8 Saginaw Valley S	4:05.36	1/19

Women's Distance Medley Relay

1	A'Zaria Thomas Breanna Banks Alaysia Brooks Emma Esteves	#17 Ursuline	12:23.66	1/20
2	Fatimah Almamori Courtney Talley Abby Stone Maddie Marschel	#18 Maryville (Mo.)	13:28.72	1/20
3	Sarah Bertsch Marlee Ross Margaret McSorley Jessica Sanders	#23 Thomas More (K	14:10.29	1/20

Women's High Jump

1	Karmen KUROWICKA	FR	#2 Lewis	1.70m	5-7	1/20
2	Ellie LINGERICH	JR	#7 Indianapolis	1.68m	5-6	1/20
3	Reagan DAHLQUIST	JR	#6 Hillsdale	1.67m	5-5¾	12/1
4	Nailah TAYLOR	FR	#13 UW-Parkside	1.65m	5-5	12/2
4	Olivia HENKEL	JR	#14 Missouri S&T	1.65m	5-5	12/9
6	Emma LIBERATORE	SR	#3 Ashland	1.64m	5-4½	1/20
7	Claudia WILKINSON	SR	#20 Ferris State	1.63m	5-4¼	1/19
8	Joslyn BENTZ	FR	#1 Grand Valley Sta	1.62m	5-3¾	1/13
9	Kara FIELDS	FR	#3 Ashland	{2} 1.61m	5-3¼	1/20
10	Alaura BUSCH	JR	#13 UW-Parkside	{2} 1.60m	5-3	12/2
10	Cassidy VOGT	JR	#5 Tiffin	1.60m	5-3	1/20
10	Morgan FOOS	SO	#5 Tiffin	1.60m	5-3	1/20

Women's Pole Vault

1	Victoria HARVEY	FR	#4 Findlay	4.05m	13-3½	1/20
2	Lindsey KLUESENER	JR	#4 Findlay	{2} 4.00m	13-1½	12/1
3	Sarah MASUOKA	JR	#3 Ashland	3.85m	12-7½	1/13
4	Sabrina ROBISON	JR	#7 Indianapolis	3.82m	12-6¼	1/20
5	Haleigh ECKERT	SR	#9 Cedarville	3.80m	12-5½	1/20
6	Samantha SMITH	JR	#5 Tiffin	3.75m	12-3½	1/13
7	Mackenzie VANBIBBER	SO	#7 Indianapolis	{2} 3.72m	12-2½	1/20
8	Sidney HEUGEL	JR	#12 Davenport (Mich	3.70m	12-1½	12/8
8	Maci AMES	FR	#4 Findlay	{3} 3.70m	12-1½	12/1
8	Tru BUDDENBERG	FR	#4 Findlay	{3} 3.70m	12-1½	12/1
8	Brynlee KEERAN	SO	#2 Lewis	3.70m	12-1½	12/1



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Midwest

Women's Long Jump

1	Rachel BLASKOWSKI	SO	#13 UW-Parkside	6.01m	19-8¾	12/2
2	Cheyenne WILLIAMSON	SR	#8 Saginaw Valley S	5.83m	19-1½	1/12
3	Ellie LENGERICH	JR	#7 Indianapolis	5.72m	18-9¼	1/20
4	Madison HICKS	SR	#11 Southwest Bapti	5.68m	18-7¾	1/19
4	Denise HERNANDEZ	SO	#2 Lewis	5.68m	18-7¾	12/1
6	Elliott PENNELL	SO	#5 Tiffin	5.60m	18-4½	12/1
7	Alaina DIAZ	FR	#1 Grand Valley Sta	5.59m	18-4¼	1/13
8	Claire MARTIN	JR	#10 Walsh	5.57m	18-3¼	12/1
9	Annabelle SMITH	SO	#16 Wayne State (Mi	5.55m	18-2½	1/20
10	Madison MYERS	JR	#4 Findlay	5.53m	18-1¾	12/1

Women's Triple Jump

1	Claire MARTIN	JR	#10 Walsh	11.78m	38-7¾	12/8
2	Aurore MUR	JR	#2 Lewis	11.59m	38-¼	1/20
3	Emily GERDIN	SR	#6 Hillsdale	11.42m	37-5¾	12/1
3	Kiara SPATES	JR	#19 Purdue Northwe	11.42m	37-5¾	12/1
5	Savahnna GYASI-NIMAKO	FR	#17 Ursuline	11.33m	37-2¼	1/20
6	Leah ROOT	SR	#15 Northern Michig	11.12m	36-5¾	12/9
7	Madison MYERS	JR	#4 Findlay	11.09m	36-4¾	12/1
8	Hailey SMITH	FR	#14 Missouri S&T	11.06m	36-3½	1/13
9	Moselle PUNNI	FR	#5 Tiffin	10.95m	35-11¼	12/8
10	Emma SPRINGER	JR	#10 Walsh	{2}10.92m	35-10	12/1

Women's Shot Put

1	Erika BEISTLE	SO	#1 Grand Valley Sta	16.77m	55-¼	12/8
2	Averi PARKER	JR	#6 Hillsdale	15.18m	49-9¾	12/1
3	Trista FINTEL	JR	#4 Findlay	15.16m	49-9	1/12
4	Mackenzie BOHRER	JR	#1 Grand Valley Sta	{2}15.12m	49-7¼	1/20
5	Paige EMNETT	SR	#4 Findlay	{2}14.76m	48-5¼	1/20
6	Paige WESTRA	FR	#1 Grand Valley Sta	{3}14.68m	48-2	1/13
7	Molly WINNER	FR	#3 Ashland	14.63m	48-0	12/2
8	Kelsey KINSLEY	JR	#3 Ashland	{2}14.36m	47-1½	1/20
9	Reette THORNS	SR	#1 Grand Valley Sta	{4}14.33m	47-¼	1/20
10	Brook BOES	JR	#5 Tiffin	14.05m	46-1¼	12/8

Women's Weight Throw

1	Zoe PENTECOST	SR	#7 Indianapolis	19.85m	65-1½	1/13
2	Brook BOES	JR	#5 Tiffin	19.32m	63-4¾	12/8
3	Paige EMNETT	SR	#4 Findlay	18.91m	62-½	12/1
4	Trista FINTEL	JR	#4 Findlay	{2}18.66m	61-2¾	1/20
5	Alaina OMONODE	SR	#1 Grand Valley Sta	18.62m	61-1¼	1/20
6	Katie SAYLES	JR	#6 Hillsdale	18.04m	59-2¼	1/12
7	Leslie POLLOCK	FR	#3 Ashland	17.91m	58-9¼	1/20
8	Shelby ULVEN	SO	#1 Grand Valley Sta	{2}17.86m	58-7¼	1/20
8	Averi PARKER	JR	#6 Hillsdale	{2}17.86m	58-7¼	12/1
10	Kelsey KINSLEY	JR	#3 Ashland	{2}17.83m	58-6	12/2

Women's Pentathlon

1	Shura ERMAKOV	JR	#6 Hillsdale	3,377	12/1
2	Emily CURTICE	SR	#5 Tiffin	3,275	12/8
3	Maya WRIGHT	SO	#14 Missouri S&T	3,268	12/9
4	Annabelle SCHAFER	SR	#12 Davenport (Mich	3,128	12/2
5	Kara FIELDS	FR	#3 Ashland	3,107	12/2
6	Cassidy VOGT	JR	#5 Tiffin	{2}3,026	12/8
7	Caroline SCHAECKENBACH	SR	#9 Cedarville	2,958	12/1
8	Neva POLO	JR	#6 Hillsdale	{2}2,948	12/1
9	Aliza VAN DEN ELZEN	SR	#2 Lewis	2,881	12/8
10	Kassandra STINE	JR	#4 Findlay	2,803	12/1



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South

Women's 60 Meters

1	Kiersten CLARK	JR	#15 Miles	7.55	12/8
2	Anitria SANGSTER	SR	#11 Tuskegee	7.63	1/20
3	Ciara THOMAS	FR	#4 Embry-Riddle (Fl)	7.76	1/20
4	Emmanuella KONE	JR	#12 Edward Waters (	7.77	1/13
5	Jordyn DORTCH	FR	#5 Alabama-Huntsv	7.78	12/1
5	Erien JONES	JR	#9 Shorter	7.78	12/1
7	Alana GREEN	SO	#2 Mississippi Colle	7.82	12/9
8	Kira MONTEFUSCO	SR	#3 West Georgia	7.83	12/1
8	Krystalynn OATMAN	SR	#5 Alabama-Huntsv{2}	7.83	1/20
10	Janae HILLIARD	FR	#5 Alabama-Huntsv{3}	7.90	1/20
10	Kyla SHUMPERT	FR	#3 West Georgia {2}	7.90	12/1

Women's 60 Meter Hurdles

1	Amarianna LOFTON	SO	#7 Central State	8.84	12/8
2	Hannah WRIGHT	SR	#1 Lee (Tenn.)	8.89	12/1
3	Kaciann COWAN	SR	#10 Benedict	8.94	1/13
4	Liezl THERON	SR	#1 Lee (Tenn.) {2}	9.01	12/1
5	Ivy TEACHEY	FR	#5 Alabama-Huntsv	9.05	12/1
6	Jaylynn WILLIAMS	SR	#13 Kentucky State	9.07	1/20
7	Santiona FREEMAN	JR	#10 Benedict {2}	9.12	1/13
8	Gioia SCOPEL	SO	#8 Christian Brothe	9.13	1/21
9	T'Oni BIRDEN	SO	#3 West Georgia	9.15	12/1
10	Katie GATES	FR	#2 Mississippi Colle	9.32	1/20

Women's 200 Meters

1	Ana IGLESIAS	SR	#8 Christian Brothe	24.99	12/1
2	Nia HARRIS	SR	#9 Shorter	25.06	12/1
3	Anitria SANGSTER	SR	#11 Tuskegee	25.08	1/20
4	Jordyn DORTCH	FR	#5 Alabama-Huntsv	25.17	12/1
5	Ciara THOMAS	FR	#4 Embry-Riddle (Fl)	25.27	1/20
6	Alana GREEN	SO	#2 Mississippi Colle	25.67	12/9
7	Measha JONES	SO	#14 Allen (S.C.)	25.89	12/2
8	Amiah MURRY	FR	#5 Alabama-Huntsv{2}	25.91	1/20
9	Thania BARTON	FR	#3 West Georgia	25.92	12/1
10	Kira MONTEFUSCO	SR	#3 West Georgia {2}	25.94	1/19

Women's 400 Meters

1	Aniya JOHNSON	FR	#5 Alabama-Huntsv	58.76	1/20
2	Kapri DAWKINS	JR	#7 Central State	59.07	1/20
3	Jakara TOBLER	FR	#1 Lee (Tenn.)	59.28	12/1
4	Jaylin BRADSHAW	SR	#7 Central State {2}	59.71	12/2
5	Talia PFEIFER	SR	#8 Christian Brothe	59.72	12/1
6	Jurnie HEMSLEY	SR	#7 Central State {3}	59.96	12/2
7	Nina RICHARDSON	SR	#4 Embry-Riddle (Fl)	1:00.06	1/20
8	Kanasha MOSES	JR	#10 Benedict	1:00.19	1/20
9	Thania BARTON	FR	#3 West Georgia	1:00.35	12/1
10	Hilary UDECHUKWU	JR	#2 Mississippi Colle	1:00.45	12/1

Women's 800 Meters

1	Lily HARE	JR	#1 Lee (Tenn.)	2:16.05	1/19
2	Taylor BENOIT	SO	#2 Mississippi Colle	2:18.65	12/9
3	Liza KELLERMAN	SR	#1 Lee (Tenn.) {2}	2:18.75	1/19
4	Taylor ROTH	FR	#4 Embry-Riddle (Fl)	2:18.98	1/20
4	Sarah DELGADO	SR	#8 Christian Brothe	2:18.98	12/1
6	Mckenna CAVANAUGH	SR	#1 Lee (Tenn.) {3}	2:19.08	1/19
7	Caroline HARRIS	SO	#4 Embry-Riddle (Fl){2}	2:19.46	1/20
8	Haley HALL	SO	#2 Mississippi Colle{2}	2:19.63	1/20
9	Brooklyn GOULD	JR	#4 Embry-Riddle (Fl){3}	2:20.33	1/20
10	Bre BELL	JR	#2 Mississippi Colle{3}	2:20.43	12/9

Women's Mile

1	Mckenna CAVANAUGH	SR	#1 Lee (Tenn.)	4:46.90	1/19
2	Liza KELLERMAN	SR	#1 Lee (Tenn.) {2}	4:51.14	1/19
3	Lily HARE	JR	#1 Lee (Tenn.) {3}	4:56.65	1/19
4	Zoe BRICKLEY	SR	#1 Lee (Tenn.) {4}	4:58.21	1/19
5	Mackenzie KELLER	SO	#4 Embry-Riddle (Fl)	4:59.25	1/20
6	Taylor BENOIT	SO	#2 Mississippi Colle	4:59.96	12/9
7	Danielle HORTER	SR	#1 Lee (Tenn.) {5}	5:00.61	1/19
8	Emily BERRY	SR	#2 Mississippi Colle{2}	5:01.20	12/9
9	Ashlyn ILIFF	JR	#1 Lee (Tenn.) {6}	5:05.83	1/13
10	Haley HALL	SO	#2 Mississippi Colle{3}	5:08.49	1/20

Women's 3000 Meters

1	Mckenna CAVANAUGH	SR	#1 Lee (Tenn.)	9:52.76	12/1
2	Emily BERRY	SR	#2 Mississippi Colle	9:54.32	12/2
3	Zoe BRICKLEY	SR	#1 Lee (Tenn.) {2}	9:58.63	12/1
4	Lauren WALLACE	JR	#2 Mississippi Colle{2}	9:59.09	12/2
5	Bre BELL	JR	#2 Mississippi Colle{3}	10:05.08	12/2
6	Liza KELLERMAN	SR	#1 Lee (Tenn.) {3}	10:05.98	12/1
7	Paige PATTERSON	JR	#1 Lee (Tenn.) {4}	10:08.91	12/1
8	Ashlyn ILIFF	JR	#1 Lee (Tenn.) {5}	10:09.23	1/19
9	Taylor BENOIT	SO	#2 Mississippi Colle{4}	10:11.52	1/13
10	Danielle HORTER	SR	#1 Lee (Tenn.) {6}	10:19.01	12/1

Women's 5000 Meters

1	Bre BELL	JR	#2 Mississippi Colle	17:51.94	1/14
2	Emily BERRY	SR	#2 Mississippi Colle{2}	17:52.41	1/14
3	Lauren WALLACE	JR	#2 Mississippi Colle{3}	17:52.55	1/14
4	Taylor BENOIT	SO	#2 Mississippi Colle{4}	17:57.60	1/14
5	Katie KRUEGER	JR	#1 Lee (Tenn.)	17:58.28	1/19
6	Jazmin HERNANDEZ	SR	#2 Mississippi Colle{5}	17:59.93	1/14
7	Kristal MCQUEEN	FR	#3 West Georgia	18:19.91	1/19
8	Phoebe MORAN	JR	#1 Lee (Tenn.) {2}	18:29.15	1/19
9	Kathy HAMMOND	SR	#2 Mississippi Colle{6}	18:32.29	1/14
10	Josie WHIPP	SR	#2 Mississippi Colle{7}	18:36.71	1/20



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South

Women's 4x400 Relay

1	Talia Pfiefer Ana Iglesias Laura De Llano Isabella Zurita	#8 Christian Brothe	3:57.84	12/1
2	Laura McBride Brooklyn Gould Ciara Thomas Nina Richardson	#4 Embry-Riddle (Fl)	3:58.05	1/20
3	Sydney White Hannah Wright Jakara Tobler Janay Ryan	#1 Lee (Tenn.)	3:58.82	12/1
4	Kapri Dawkins Jurnie Hemsley Jaylin Bradshaw Michael Addison	#7 Central State	4:01.32	1/20
5	Keziah Mickler Ivy Teachey Amiah Murray Jordyn Dortch	#5 Alabama-Huntsv	4:04.55	12/1
6	Chloe Leblanc Thania Barton Vealeyna Renteria-Silva Shamiya Perry	#3 West Georgia	4:06.70	12/1
7	Hilary Udechukwu Haley Hall Leslie Baxter Taylor Benoit	#2 Mississippi Colle	4:10.54	12/1
8	Kameron Noble Josalyn Branch Nia Harris Treneice Grimes	#9 Shorter	4:10.81	12/1
9	Raven Maxwell Jurni Cummings Alexis Dover Kiersten Clark	#15 Miles	4:11.09	12/1
10	Akierah Walker Anitria Sangster Amira Broussard Madison Minga-Perry	#11 Tuskegee	4:11.26	1/20

Women's Distance Medley Relay

1	Caroline Harris Laura McBride Taylor Roth Mackenzie Keller	#4 Embry-Riddle (Fl)	12:09.79	1/20
2	Ama Ahovi Olivia Fulford Joycelyn Tifrea Kristal McQueen	#3 West Georgia	13:40.58	12/1
3	Esperance Nibitanga Kyla Overstreet Rhiona Marshall Molly Stiger	#13 Kentucky State	19:02.52	1/20

Women's High Jump

1	Amarianna LOFTON	SO	#7 Central State	1.75m	5-8¾	1/20
2	Aniya JOHNSON	FR	#5 Alabama-Huntsv	1.65m	5-5	1/13
3	Liezl THERON	SR	#1 Lee (Tenn.)	1.64m	5-4½	1/19
4	Gioia SCOPEL	SO	#8 Christian Brothe	1.60m	5-3	12/9
4	Zauren BURTON	SR	#6 Montevallo	1.60m	5-3	1/21
6	Brooklyn GOULD	JR	#4 Embry-Riddle (Fl)	1.58m	5-2¼	1/20
7	Olivia FULFORD	JR	#3 West Georgia	1.56m	5-1¼	1/19
8	Megan GRANT	FR	#4 Embry-Riddle (Fl){2}	1.50m	4-11	1/20
8	Lauren DELLEZAY	FR	#6 Montevallo {2}	1.50m	4-11	1/19
8	Sarah GOFF	SO	#8 Christian Brothe{2}	1.50m	4-11	1/13
8	Sydney WHITE	JR	#1 Lee (Tenn.) {2}	1.50m	4-11	12/1
8	Devon JACKETT	JR	#1 Lee (Tenn.) {2}	1.50m	4-11	1/13

Women's Pole Vault

1	Skylar SUGGITT	JR	#6 Montevallo	3.61m	11-10	1/21
2	Leah DENDY	SO	#6 Montevallo {2}	3.56m	11-8	1/20
3	Brynn DEPINET	SO	#1 Lee (Tenn.)	3.55m	11-7¾	12/1
4	Raegan MILLER	SO	#5 Alabama-Huntsv	3.26m	10-8¾	1/20
5	Carleigh BYNUM	FR	#3 West Georgia	3.10m	10-2	12/1
6	Hallie GRACE WILLIAMSON	JR	#5 Alabama-Huntsv{2}	3.06m	10-½	1/13
7	Piper KIMES	JR	#4 Embry-Riddle (Fl)	2.95m	9-8	1/13
7	Taylor WALKER	JR	#6 Montevallo {3}	2.95m	9-8	12/1
9	Sydney TRUESDALE	FR	#5 Alabama-Huntsv{3}	2.91m	9-6½	1/13
10	Elizabeth OSBORNE	SO	#3 West Georgia {2}	2.65m	8-8¾	12/1

Women's Long Jump

1	T'Oni BIRDEN	SO	#3 West Georgia	5.98m	19-7½	1/19
2	Taylor HAMPTON	JR	#3 West Georgia {2}	5.76m	18-10¾	1/19
3	Carissa HALL	SR	#1 Lee (Tenn.)	5.54m	18-2¼	1/19
4	Liezl THERON	SR	#1 Lee (Tenn.) {2}	5.52m	18-1½	1/19
5	Da'Aliyah JOHNSON	SR	#16 Savannah State	5.46m	17-11	1/13
6	Dasani MINTER	JR	#3 West Georgia {3}	5.33m	17-6	12/1
7	Amiah MURRY	FR	#5 Alabama-Huntsv	5.31m	17-5¼	12/1
8	Brooklyn GOULD	JR	#4 Embry-Riddle (Fl)	5.27m	17-3½	1/20
9	Jadlyn DEBARLABON	FR	#5 Alabama-Huntsv{2}	5.21m	17-1¼	1/20
10	Cerenity DAISE	SO	#4 Embry-Riddle (Fl){2}	5.18m	17-0	1/20



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South

Women's Triple Jump

1	Mikaela MILES	SO	#4 Embry-Riddle (Fl)	12.07m	39-7¼	1/20
2	T'Oni BIRDEN	SO	#3 West Georgia	11.77m	38-7½	12/1
3	Haley TRAMMELL	JR	#3 West Georgia {2}	11.70m	38-4¾	12/1
4	Amiah MURRY	FR	#5 Alabama-Huntsv	11.64m	38-2¼	12/1
5	Carissa HALL	SR	#1 Lee (Tenn.)	11.33m	37-2¼	1/19
6	Taylor HAMPTON	JR	#3 West Georgia {3}	11.21m	36-9½	12/1
7	Jada DAVID	JR	#10 Benedict	11.00m	36-1¼	1/20
8	Michala DANIELS	SO	#4 Embry-Riddle (Fl){2}	10.95m	35-11¼	1/20
9	Ty'kira GARRETT	FR	#14 Allen (S.C.)	10.73m	35-2½	1/13
10	Jadlyn DEBARDLABON	FR	#5 Alabama-Huntsv{2}	10.64m	34-11	1/20

Women's Shot Put

1	Emily WOLF	FR	#6 Montevallo	12.63m	41-5¼	12/1
2	Nyla SHIPMAN	SR	#6 Montevallo {2}	12.29m	40-4	1/21
3	Jovita DAVE	SR	#9 Shorter	11.90m	39-½	12/1
4	Dru GREEN	FR	#3 West Georgia	11.70m	38-4¾	12/1
5	Desire' POOLE	SO	#13 Kentucky State	11.68m	38-4	12/2
6	Ashley PARRISH	FR	#5 Alabama-Huntsv	11.63m	38-2	1/20
7	Melita-Marie ROACHFORD	SR	#3 West Georgia {2}	11.58m	38-0	12/1
8	Darcey DORRIS	SO	#7 Central State	11.52m	37-9½	1/20
9	Kyla FORD	FR	#3 West Georgia {3}	11.39m	37-4½	12/1
10	Sarah TANG	FR	#5 Alabama-Huntsv{2}	11.26m	36-11½	1/13

Women's Weight Throw

1	Kirsten ROLLE	SO	#4 Embry-Riddle (Fl)	16.54m	54-3¼	1/20
2	Nyla SHIPMAN	SR	#6 Montevallo	16.28m	53-5	1/20
3	Melita-Marie ROACHFORD	SR	#3 West Georgia	15.56m	51-¾	1/19
4	Jovita DAVE	SR	#9 Shorter	15.19m	49-10	1/20
5	Sarah TANG	FR	#5 Alabama-Huntsv	14.95m	49-¾	1/13
6	Nicole MORRIS	SR	#2 Mississippi Colle	14.88m	48-10	1/20
7	Sakari FAULKNER	JR	#2 Mississippi Colle{2}	14.82m	48-7½	12/1
8	Hannah GANT	SR	#5 Alabama-Huntsv{2}	14.51m	47-7¼	1/13
9	Emily WOLF	FR	#6 Montevallo {2}	14.42m	47-3¾	1/20
10	Kennedy THOMPSON	FR	#2 Mississippi Colle{3}	13.93m	45-8½	1/13

Women's Pentathlon

1	Brooklyn GOULD	JR	#4 Embry-Riddle (Fl)	3,504	1/20
2	Liezl THERON	SR	#1 Lee (Tenn.)	3,404	1/19
3	T'Oni BIRDEN	SO	#3 West Georgia	3,336	1/19
4	Sydney WHITE	JR	#1 Lee (Tenn.) {2}	3,248	1/19
5	Alexis DOLL	JR	#3 West Georgia {2}	2,682	1/19
6	Sydney CASH	SO	#4 Embry-Riddle (Fl){2}	2,490	1/20
7	Leah BARTLETT	FR	#4 Embry-Riddle (Fl){3}	2,317	1/20
8	Lauren DELLEZAY	FR	#6 Montevallo	2,276	1/19
9	Kiffin BRUN	JR	#6 Montevallo {2}	1,852	1/19
10	Sanya JOSEPH	SO	#12 Edward Waters (	1,847	1/20



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South Central

Women's 60 Meters

1	Joy UDO-GABRIEL	FR	#1 West Texas A&M	7.39	1/13
2	Grizell SCARLETT	FR	#13 Eastern New Me	7.46	12/9
3	Isila APKUP	JR	#2 Adams State	7.50	1/20
4	Audrey BLOOMQUIST	SR	#3 UC-Colorado Spr	7.52	12/2
5	Ashley BARRETT	SO	#12 New Mexico Higl	7.53	12/9
6	Leah BELFIELD	SR	#1 West Texas A&M {2}	7.55	1/13
6	Victoria FARINAS	JR	#3 UC-Colorado Spr{2}	7.55	12/2
8	Deborah ACHEAMPONG	FR	#1 West Texas A&M {3}	7.56	1/13
9	DeOndra GREEN	SR	#1 West Texas A&M {4}	7.57	12/9
10	Amari WEATHERFORD	FR	#1 West Texas A&M {5}	7.59	12/9

Women's 60 Meter Hurdles

1	Maricia SPENCE	JR	#4 Angelo State	8.58	12/9
2	Laiten GREESON	SR	#1 West Texas A&M	8.64	1/13
2	Missy MORENI	JR	#3 UC-Colorado Spr	8.64	12/9
4	Alena CHANEY	SR	#2 Adams State	8.85	12/9
5	Krissie SANDERS	FR	#3 UC-Colorado Spr{2}	8.87	12/2
6	Cierra WHEELER	FR	#11 Dallas Baptist	8.88	12/9
7	Maya RIES	JR	#16 MSU Denver	8.90	12/9
7	Anna RICCOMAGNO	SO	#4 Angelo State {2}	8.90	12/9
9	Abby ZAMZOW	SR	#4 Angelo State {3}	8.97	12/9
10	Elliot HARRISON	SR	#1 West Texas A&M {2}	9.01	1/13

Women's 200 Meters

1	Deborah ACHEAMPONG	FR	#1 West Texas A&M	24.37	12/9
2	Ashley BARRETT	SO	#12 New Mexico Higl	24.56	12/9
3	Amari WEATHERFORD	FR	#1 West Texas A&M {2}	24.71	12/9
4	Gaby HORTON	SO	#6 Colorado Mesa	24.73	12/9
5	Blessing AKINTOYE	FR	#1 West Texas A&M {3}	24.79	12/9
6	Keyanda BOLTON	SR	#3 UC-Colorado Spr	25.13	12/9
7	Jada MILLER	FR	#2 Adams State	25.21	1/20
8	Jordan BROWN	SR	#1 West Texas A&M {4}	25.28	1/13
9	Alese SARTAIN	SR	#2 Adams State {2}	25.36	1/20
9	Grizell SCARLETT	FR	#13 Eastern New Me	25.36	1/19

Women's 400 Meters

1	Cynai CHRISTOPHER	JR	#10 Texas A&M-King	55.54	12/9
2	Jasmine HAYWOOD	FR	#5 UT Tyler	55.86	12/9
3	Victoria AMIADAMEN	FR	#2 Adams State	55.94	12/2
4	Blessing AKINTOYE	FR	#1 West Texas A&M	56.04	12/9
5	Anna SALISBURY	SR	#14 Lubbock Christi	56.45	1/13
6	Melanie ROLAND	SO	#10 Texas A&M-King{2}	56.55	12/9
7	Kamaria CARR	FR	#5 UT Tyler {2}	56.88	1/19
8	Cemore DONALD	SR	#12 New Mexico Higl	56.94	12/9
9	Kaiya FIROR	SR	#9 Western Colorad	57.02	12/9
10	Allyssa ROMERO	JR	#16 MSU Denver	57.17	1/13

Women's 800 Meters

1	Jessica SIMON	SR	#2 Adams State	2:10.10	1/20
2	Jadyn HERRON	SO	#7 CSU Pueblo	2:12.61	12/9
3	Raquel CHAVEZ	SR	#1 West Texas A&M	2:15.09	1/20
4	Ashten LOEKS	SR	#3 UC-Colorado Spr	2:15.56	12/9
5	Ellie FRYE	SO	#11 Dallas Baptist	2:17.02	1/19
6	Shadae FINDLEY	JR	#4 Angelo State	2:17.32	1/20
7	Imani FERNANDEZ-GORBEA	FR	#8 Colo. School of M	2:17.36	12/2
8	Lucia HARRISON	SR	#12 New Mexico Higl	2:18.08	12/9
9	Aerin THOMPSON	SO	#5 UT Tyler	2:18.69	12/9
10	Elodie HEBERT	SO	#7 CSU Pueblo {2}	2:19.06	12/9

Women's Mile

1	Gracie HYDE	SR	#2 Adams State	4:37.41	1/20
2	Peyton WEISS	FR	#9 Western Colorad	4:46.56	12/9
3	Maggie MCCLESKEY	SO	#2 Adams State {2}	4:47.83	1/20
4	Eleonora CURTABBI	SR	#1 West Texas A&M	4:50.07	1/20
5	Margot THOMAS	SR	#7 CSU Pueblo	4:51.57	12/2
6	Shannon KING	SR	#15 Colorado Christi	4:52.79	1/13
7	Amalia DORION	SR	#2 Adams State {3}	4:55.27	1/20
8	Vienna LAHNER	FR	#2 Adams State {4}	4:55.90	1/20
9	Sarah KOOMSON	FR	#1 West Texas A&M {2}	4:55.92	1/13
10	Fiona HAWKINS	JR	#2 Adams State {5}	4:56.06	1/20

Women's 3000 Meters

1	Ava O'CONNOR	JR	#2 Adams State	9:10.48	12/2
2	Brianna ROBLES	SR	#2 Adams State {2}	9:12.27	12/9
3	Precious ROBINSON	JR	#2 Adams State {3}	9:26.01	12/9
4	Katie HECK	JR	#19 Fort Lewis	9:32.21	12/9
5	Maggie MCCLESKEY	SO	#2 Adams State {4}	9:35.70	12/9
6	Florance UWAJENEZA	SR	#1 West Texas A&M	9:36.36	1/13
7	Leah TAYLOR	SO	#9 Western Colorad	9:37.73	12/9
8	Shannon KING	SR	#15 Colorado Christi	9:43.65	12/9
9	Margot THOMAS	SR	#7 CSU Pueblo	9:49.30	12/9
10	Amalia DORION	SR	#2 Adams State {5}	9:59.96	12/9

Women's 5000 Meters

1	Brianna ROBLES	SR	#2 Adams State	15:55.16	12/2
2	Tristian SPENCE	FR	#2 Adams State {2}	16:08.85	12/2
3	Morgan HYKES	SR	#2 Adams State {3}	16:17.93	12/2
4	Florance UWAJENEZA	SR	#1 West Texas A&M	16:17.95	12/9
5	Emily SCHOELLKOPF	SR	#2 Adams State {4}	16:27.99	12/2
6	Sarah KOOMSON	FR	#1 West Texas A&M {2}	16:37.47	12/9
7	Shannon KING	SR	#15 Colorado Christi	16:47.90	12/2
8	Amalia DORION	SR	#2 Adams State {5}	16:55.05	12/2
9	Fiona HAWKINS	JR	#2 Adams State {6}	16:58.07	12/2
10	Betty BAJIKA	JR	#1 West Texas A&M {3}	16:59.87	12/9



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South Central

Women's 4x400 Relay

1	Isila Apkup Alese Sartain Jada Miller Victoria Amiadamen	#2 Adams State	3:47.16	1/20
2	Melanie Roland Vitiana Robert Sophie Ponce De Leon Cynai Christopher	#10 Texas A&M-King	3:50.50	12/9
3	Daiza Jones Jessie Heath Da'Shrana Sims Nidhi Singh	#17 Midwestern Stat	3:52.14	12/9
4	Anna Salisbury Jozlyn Arana Michaelle Sime Elizabeth Florez	#14 Lubbock Christi	3:52.51	1/20
5	https://www.tfrrs.org/teams/	#4 Angelo State	3:52.79	1/20
6	Corrssia Perry Blessing Akintoye Amari Weatherford Jordan Brown	#1 West Texas A&M	3:55.36	1/13
7	Kendal Brown Jesse Swan Cierra Wheeler Ellie Frye	#11 Dallas Baptist	3:55.72	1/19
8	Alyssa Lopez Adelaide Wilson Keyanda Bolton Krissie Sanders	#3 UC-Colorado Spr	3:56.16	12/9
9	Danaya Kinnard Jadyn Herron Mary Scoggins Gabrielle Dunich	#7 CSU Pueblo	4:00.86	12/9
10	Aerin Thompson Kamaria Carr Juliane Frueh Jasmine Haywood	#5 UT Tyler	4:04.13	12/9

Women's High Jump

1	Mikayla JONES	SR	#7 CSU Pueblo	1.71m	5-7¼	12/9
1	Aerin THOMPSON	SO	#5 UT Tyler	1.71m	5-7¼	12/9
1	Juliane FRUEH	SO	#5 UT Tyler	1.71m	5-7¼	12/9
1	Josie COFFEY	JR	#6 Colorado Mesa	1.71m	5-7¼	12/9
5	Faith NOVESS	SR	#3 UC-Colorado Spr	1.65m	5-5	12/9
5	Hope MATTESON	JR	#6 Colorado Mesa {2}	1.65m	5-5	12/9
5	Samantha BRETZ	JR	#9 Western Colorad	1.65m	5-5	12/9
8	Anna RICCOMAGNO	SO	#4 Angelo State	1.63m	5-4¼	12/9
8	Elliot HARRISON	SR	#1 West Texas A&M	1.63m	5-4¼	12/9
10	Eireann DONOHOE	JR	#9 Western Colorad{2}	1.62m	5-3¾	12/9
10	Alyssa SINGLETARY	FR	#14 Lubbock Christi	1.62m	5-3¾	1/20
10	Hekla MAGNUSDOTTIR	JR	#1 West Texas A&M {2}	1.62m	5-3¾	12/9

Women's Pole Vault

1	Hannah MILLER	SR	#8 Colo. School of M	4.11m	13-5¾	12/2
2	Avery HERBOLD	SR	#8 Colo. School of M{2}	3.86m	12-8	12/2
2	Dale THOMPSON	JR	#8 Colo. School of M{2}	3.86m	12-8	12/2
4	Abeni KRATZMEYER	JR	#5 UT Tyler	3.73m	12-2¾	12/9
5	Joey ZIMMERMAN	SR	#1 West Texas A&M	3.68m	12-¾	1/13
6	Ava KOWALSKI	SR	#8 Colo. School of M{4}	3.56m	11-8	12/2
7	Laura BRIGNOLI	JR	#9 Western Colorad	3.55m	11-7¾	12/9
8	Olivia MITCHELL	SO	#5 UT Tyler {2}	3.51m	11-6¼	1/19
9	Adoniyah PEARSON	FR	#5 UT Tyler {3}	3.48m	11-5	12/9
10	Phia EDWARDS	FR	#3 UC-Colorado Spr	3.42m	11-2½	12/9

Women's Long Jump

1	Audrey BLOOMQUIST	SR	#3 UC-Colorado Spr	6.11m	20-½	12/9
2	Maricia SPENCE	JR	#4 Angelo State	6.01m	19-8¾	12/9
3	Abby ZAMZOW	SR	#4 Angelo State {2}	5.98m	19-7½	12/9
4	Christine BAILEY	JR	#3 UC-Colorado Spr{2}	5.93m	19-5½	12/2
5	Madissyn MOORE	SO	#3 UC-Colorado Spr{3}	5.91m	19-4¾	12/9
6	Kailee BENTON	SO	#1 West Texas A&M	5.72m	18-9¼	12/9
7	Lexye WOOD	SR	#8 Colo. School of M	5.71m	18-8¾	12/2
7	Daniela PESIC	SR	#1 West Texas A&M {2}	5.71m	18-8¾	12/9
9	Anna RICCOMAGNO	SO	#4 Angelo State {3}	5.65m	18-6½	1/20
10	Brielle BRACKEN	FR	#3 UC-Colorado Spr{4}	5.62m	18-5¼	12/9

Women's Triple Jump

1	Audrey BLOOMQUIST	SR	#3 UC-Colorado Spr	12.70m	41-8	12/9
2	Venesa HANDZHIYSKA	FR	#6 Colorado Mesa	12.10m	39-8½	12/9
3	Miriam ZANOVELLO	SR	#1 West Texas A&M	12.03m	39-5¾	12/9
4	Jazmin RAY	SR	#10 Texas A&M-King	11.95m	39-2½	12/9
5	Abby ZAMZOW	SR	#4 Angelo State	11.94m	39-2¼	1/20
6	Brielle BRACKEN	FR	#3 UC-Colorado Spr{2}	11.90m	39-½	12/9
7	Hekla MAGNUSDOTTIR	JR	#1 West Texas A&M {2}	11.88m	38-11¾	12/9
8	Eireann DONOHOE	JR	#9 Western Colorad	11.80m	38-8¾	12/9
9	Kylee KIELIAN	FR	#6 Colorado Mesa {2}	11.76m	38-7	12/9
10	Christine BAILEY	JR	#3 UC-Colorado Spr{3}	11.71m	38-5	12/9



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Women's Shot Put

1	Katherine HIGGINS	SR	#7 CSU Pueblo	15.41m	50-6¾	12/2
2	Febe WESSELS	SO	#7 CSU Pueblo {2}	15.17m	49-9¼	12/2
3	Katryna HERNANDEZ	JR	#10 Texas A&M-King	14.14m	46-4¾	12/9
4	Tamia SMITH	SR	#13 Eastern New Me	13.74m	45-1	1/19
5	Maricia SPENCE	JR	#4 Angelo State	13.69m	44-11	12/9
6	Emily MALOUF	SR	#18 Westminster (Ut	13.51m	44-4	1/13
7	Meadow GALLENTINE	SO	#1 West Texas A&M	13.32m	43-8½	1/13
8	Christina PALMER	JR	#6 Colorado Mesa	13.25m	43-5¾	12/9
9	Jaycie STUBBS	SR	#21 South Dakota Mi	13.21m	43-4¼	1/20
10	Ali ALDRICH	SR	#9 Western Colorad	13.20m	43-3¾	12/9

Women's Weight Throw

1	Anna HOLLAND	SR	#3 UC-Colorado Spr	19.00m	62-4	12/9
2	Ali ALDRICH	SR	#9 Western Colorad	18.83m	61-9½	12/9
3	Meadow GALLENTINE	SO	#1 West Texas A&M	18.02m	59-1½	12/9
4	Augustine HANCOCK	SO	#6 Colorado Mesa	17.63m	57-10¼	12/9
5	Jada SEWELL	JR	#1 West Texas A&M {2}	16.70m	54-9½	1/13
6	Olivia MIKAELIAN	SR	#7 CSU Pueblo	16.31m	53-6¼	12/9
7	Cassie LYNN BONNER	SR	#3 UC-Colorado Spr {2}	15.58m	51-1½	12/9
8	Kitt RUPAR	JR	#8 Colo. School of M	15.41m	50-6¾	12/2
8	Brooklyn HOUSE	SR	#5 UT Tyler	15.41m	50-6¾	1/19
10	Grace SOLARIN	SO	#16 MSU Denver	15.36m	50-4¾	12/9

Women's Pentathlon

1	Maricia SPENCE	JR	#4 Angelo State	4,112		12/9
2	Abby ZAMZOW	SR	#4 Angelo State {2}	3,792		12/9
3	Anna RICCOMAGNO	SO	#4 Angelo State {3}	3,749		12/9
4	Aerin THOMPSON	SO	#5 UT Tyler	3,662		12/9
5	Katie THOMSON	SO	#6 Colorado Mesa	3,583		12/9
6	Elliot HARRISON	SR	#1 West Texas A&M	3,514		12/9
7	Faith NOVESS	SR	#3 UC-Colorado Spr	3,406		12/9
8	Juliane FRUEH	SO	#5 UT Tyler {2}	3,351		12/9
9	Eireann DONOHUE	JR	#9 Western Colorad	3,299		12/9
10	Avery WRIGHT	SO	#8 Colo. School of M	3,279		12/9



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Southeast

Women's 60 Meters

1	Alexis BROWN	SO	#2 Lenoir-Rhyne	7.29	12/2
2	Sade DE SOUSA	SO	#4 Carson-Newman	7.48	12/9
3	Eseose OKODUWA	JR	#6 Converse	7.62	12/2
4	Margaux SHELTON	JR	#1 Wingate	7.64	12/2
5	Sarah ABUMERE	SR	#10 Newberry	7.65	1/21
5	Chianel ASOBURUENWU	SO	#3 Mount Olive	7.65	1/12
7	A'jaylah YATES	FR	#12 Tusculum	7.68	12/2
8	Janaya DAVIS-GAINER	SO	#4 Carson-Newman {2}	7.70	12/9
8	Kiera TAYLOR	SO	#12 Tusculum {2}	7.70	12/2
10	Naiobi WHITE	JR	#1 Wingate {2}	7.71	12/2

Women's 60 Meter Hurdles

1	Melody JONES	JR	#2 Lenoir-Rhyne	8.82	12/9
2	Theresa GREEN-WHITE	SO	#12 Tusculum	8.85	1/13
3	Kadidja SANGARE	SO	#4 Carson-Newman	8.86	12/9
4	Isabelle FLORES	JR	#16 Belmont Abbey	8.94	12/2
5	Sharonda PRIESTER	FR	#2 Lenoir-Rhyne {2}	8.95	12/9
6	Channie JEFFERSON	SO	#3 Mount Olive	9.01	1/12
7	Amari SMITH	SR	#9 Limestone	9.04	1/20
8	Sterling WEBB	FR	#5 Lincoln Memoria	9.12	1/14
9	Hoyane ESPER	SO	#1 Wingate	9.23	1/20
10	Jai PIAZZA	FR	#21 Emmanuel (Ga.)	9.27	1/14

Women's 200 Meters

1	Alexis BROWN	SO	#2 Lenoir-Rhyne	23.93	12/2
2	Ariyonna JONES	SR	#14 Clayton State	25.04	12/1
3	Naiobi WHITE	JR	#1 Wingate	25.14	12/2
4	Eseose OKODUWA	JR	#6 Converse	25.29	1/13
5	Chianel ASOBURUENWU	SO	#3 Mount Olive	25.42	1/12
6	Olivia COSBY	FR	#1 Wingate {2}	25.45	12/2
6	Kieayla WILLIAMS	FR	#9 Limestone	25.45	12/2
8	Natalyah WILSON	SR	#3 Mount Olive {2}	25.48	1/20
9	Efemena EGBERI	SO	#11 Catawba	25.61	1/20
10	Isabelle FLORES	JR	#16 Belmont Abbey	25.63	1/13

Women's 400 Meters

1	Tytiana WILSON	JR	#4 Carson-Newman	57.35	1/19
2	Olivia COSBY	FR	#1 Wingate	58.28	1/20
3	Lacey BOOZER	JR	#7 Anderson (S.C.)	58.38	12/2
4	Destiny GIBBS	SR	#5 Lincoln Memoria	58.45	12/2
5	Isabelle FLORES	JR	#16 Belmont Abbey	58.58	1/20
6	Onii BIVENS	SO	#11 Catawba	58.74	12/3
7	Kennedy MCDONALD	FR	#14 Clayton State	58.86	1/21
8	Hannah HILL	JR	#8 North Greenville	58.87	1/20
9	Brianna QUARTARARO	SR	#7 Anderson (S.C.) {2}	58.88	12/2
10	Ariyonna JONES	SR	#14 Clayton State {2}	58.94	12/1

Women's 800 Meters

1	Carolyn FUEHREN	SO	#2 Lenoir-Rhyne	2:13.69	12/2
2	Ona ALONSO	SO	#1 Wingate	2:17.81	1/20
3	Harper RUSSELL	SR	#5 Lincoln Memoria	2:19.55	1/19
4	Maddi HOOD	JR	#13 Flagler	2:20.13	12/2
5	Brooklyn PIERCE	SR	#1 Wingate {2}	2:20.30	1/20
6	Ruth SPIJKER	SO	#6 Converse	2:21.11	1/20
7	Emma WHITAKER	SO	#7 Anderson (S.C.)	2:21.45	1/13
8	Abbey MOHAN	SR	#5 Lincoln Memoria {2}	2:22.36	1/19
9	Celine FLEURILUS	SR	#3 Mount Olive	2:22.47	12/2
10	Delaney ELLER	SO	#17 Emory and Henry	2:23.07	12/9

Women's Mile

1	Taylor STONE	SO	#13 Flagler	4:50.57	1/20
2	Sira BO	SO	#1 Wingate	4:52.32	12/8
3	Evie BROOKS	FR	#1 Wingate {2}	5:01.15	12/2
4	Anna TORRAS	SR	#1 Wingate {3}	5:03.19	12/8
5	Grace BURRELL	JR	#1 Wingate {4}	5:03.81	1/20
6	Carolyn FUEHREN	SO	#2 Lenoir-Rhyne	5:010.00	12/3
7	Delaney ELLER	SO	#17 Emory and Henry	5:14.88	1/20
8	Abigail MISCH	SO	#13 Flagler {2}	5:16.14	1/20
9	Lauren BEATTY	SO	#6 Converse	5:16.43	1/20
10	Ruth SPIJKER	SO	#6 Converse {2}	5:16.48	1/20

Women's 3000 Meters

1	Ona ALONSO	SO	#1 Wingate	9:45.27	12/2
2	Brooklyn PIERCE	SR	#1 Wingate {2}	9:52.28	12/8
3	Tatjana MENSE	SR	#1 Wingate {3}	9:54.45	12/8
4	Anna TORRAS	SR	#1 Wingate {4}	9:57.82	12/2
5	Sira BO	SO	#1 Wingate {5}	9:59.66	12/2
6	Kennedy ROUSH	FR	#7 Anderson (S.C.)	10:00.15	12/2
7	Madison CLAY	SO	#11 Catawba	10:06.18	1/20
8	Enora TOUPIN	JR	#1 Wingate {6}	10:26.04	12/2
9	Grace ROSE	JR	#5 Lincoln Memoria	10:27.09	1/19
10	Ashley SOSA	JR	#6 Converse	10:31.48	1/20

Women's 5000 Meters

1	Madison CLAY	SO	#11 Catawba	16:52.38	12/2
2	Mollie SCOTT	SR	#1 Wingate	17:08.87	12/2
3	Mikayla JONES	JR	#11 Catawba {2}	17:15.55	12/2
4	Grace BURRELL	JR	#1 Wingate {2}	17:33.67	12/2
5	Tatjana MENSE	SR	#1 Wingate {3}	17:39.72	12/2
6	Ashley SOSA	JR	#6 Converse	18:02.41	12/2
7	Emily GOLDEN	JR	#7 Anderson (S.C.)	18:06.86	12/2
8	Lauren BEATTY	SO	#6 Converse {2}	18:10.72	12/2
9	Katie SMOCK	JR	#4 Carson-Newman	18:10.98	1/19
10	Sarah RUDOLPH	SO	#7 Anderson (S.C.) {2}	18:18.49	12/2



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Southeast

Women's 4x400 Relay

1	Damyja Alejandro-ortiz Jani Day Sharonda Priester Holly Kone	#2 Lenoir-Rhyne	3:57.55	12/9
2	Naiobi White Olivia Cosby Dounia Routbi Hoyane Esper	#1 Wingate	3:59.27	1/20
3	Destiny Gibbs Taylor Castle Ereyonna Gore Sterling Webb	#5 Lincoln Memoria	4:00.56	12/2
4	Lacey Boozer Joeli Hayden Ally Macurda Brianna Quartararo	#7 Anderson (S.C.)	4:01.06	12/8
5	Jermyra Bethel Quiana Suber Latavia Bracey Eseose Okoduwa	#6 Converse	4:01.59	1/20
6	Ariyonna Jones Kennedy McDonald Mikayla Osborne Ahlana Failey	#14 Clayton State	4:06.54	12/1
7	Tiara COX Carleigh Vaughn Hannah Hill JoAnn Smiling	#8 North Greenville	4:07.00	1/20
8	Kiera Taylor McKenzie Morton A'jaylah Yates Kieleigh Smith	#12 Tusculum	4:09.11	12/2
9	Janaya Davis-gainer Lauren Tabor Myke'Lah McMiller Sade De sousa	#4 Carson-Newman	4:13.26	12/9
10	Sophia Olivarez Sekyah Chestnut Olivia White Karolina Colon	#16 Belmont Abbey	4:14.54	1/20

Women's Distance Medley Relay

1	Harper Russell Destiny Gibbs Abbey Mohan Kaylee Estridge	#5 Lincoln Memoria	12:34.67	1/19
2	Delaney Eller Kennedy Harris McKenzie Tate Jessica Looney	#17 Emory and Henry	12:50.07	12/9
3	Avery Shope Emma Dennison Kylie Futrell Riley Nicholson	#8 North Greenville	13:04.25	1/20
4	Campbell Dille Landri Martinka Madison Quinn Deanna Betzer	#18 Lees-McRae	13:11.83	1/20
5	Ava LaBrant Kyla Johnson Abbey Frock Merritt Smith	#20 Southern Wesley	13:40.52	1/20
6	Jenna Pittman McKenna Spaulding Peyton Couch Steffi Johnson	#4 Carson-Newman	14:03.71	12/9
7	Taylor Atkinson LeeAisha Ford Sofia Mejia Cydney Stevenson	#24 USC Beaufort (S.)	15:11.61	1/20

Women's High Jump

1	Valerie DAEHLER	JR	#1 Wingate	1.69m	5-6½	12/2
2	Ally HOLMBERG	FR	#1 Wingate	{2} 1.66m	5-5¼	1/20
3	Patricija NEMANYTE	FR	#2 Lenoir-Rhyne	1.65m	5-5	12/2
3	Sterling WEBB	FR	#5 Lincoln Memoria	1.65m	5-5	1/14
5	Judith VAQUERO	SO	#1 Wingate	{3} 1.63m	5-4¼	12/3
6	Kamille CUNNINGHAM	FR	#6 Converse	1.61m	5-3¼	1/13
7	Olivia HUSKEY	SR	#8 North Greenville	1.57m	5-1¾	1/13
7	Miranda MARR	JR	#2 Lenoir-Rhyne	{2} 1.57m	5-1¾	12/9
9	Phoebe MYERS	SR	#6 Converse	{2} 1.56m	5-1¼	1/13
10	Natalyah WILSON	SR	#3 Mount Olive	1.55m	5-1	1/20
10	Georgia PIPER	SO	#7 Anderson (S.C.)	1.55m	5-1	1/13



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Southeast

Women's Pole Vault

1	Rylie JENKINS	FR	#7 Anderson (S.C.)	3.35m	10-11¾	12/8
1	Trinity FRAYER	SO	#3 Mount Olive	3.35m	10-11¾	1/20
3	Carina FIORUCCI	FR	#15 UNC Pembroke	3.25m	10-8	1/13
4	Pearl BALLARD	SR	#2 Lenoir-Rhyne	3.20m	10-6	12/3
5	Cate LENSCH	FR	#5 Lincoln Memoria	3.10m	10-2	1/14
6	Ava LABRANT	JR	#20 Southern Wesley	3.06m	10-½	1/20
7	Jorja FOX	FR	#7 Anderson (S.C.) {2}	3.05m	10-0	12/2
8	Kirsten LEONARD	SO	#7 Anderson (S.C.) {3}	3.00m	9-10	1/13
9	Abigail TULLY	FR	#8 North Greenville	2.95m	9-8	1/13
10	Stacie JORGENSEN	JR	#2 Lenoir-Rhyne {2}	2.90m	9-6¼	12/3

Women's Long Jump

1	Kadidja SANGARE	SO	#4 Carson-Newman	5.96m	19-6¾	12/9
2	Brooke TAYLOR	SO	#4 Carson-Newman {2}	5.58m	18-3¾	12/9
3	Aniya HECKSTALL	SO	#22 Barton	5.56m	18-3	1/21
3	Sydney MCCARTY	JR	#4 Carson-Newman {3}	5.56m	18-3	1/19
5	Eseose OKODUWA	JR	#6 Converse	5.55m	18-2½	12/2
6	Savannah GOODWIN	FR	#4 Carson-Newman {4}	5.52m	18-1½	12/9
7	Jai PIAZZA	FR	#21 Emmanuel (Ga.)	5.43m	17-9¾	1/14
8	Sterling WEBB	FR	#5 Lincoln Memoria	5.41m	17-9	1/19
9	Valerie DAEHLER	JR	#1 Wingate	5.38m	17-8	1/20
10	Ally HOLMBERG	FR	#1 Wingate {2}	5.35m	17-6¾	1/20

Women's Triple Jump

1	Holly KONE	SR	#2 Lenoir-Rhyne	12.07m	39-7¼	1/19
2	JoAnn SMILING	SR	#8 North Greenville	12.01m	39-5	1/20
3	Tyleah MOORER	SO	#9 Limestone	11.65m	38-2¾	1/13
4	Karla HORMAZABAL	JR	#3 Mount Olive	11.59m	38-¼	1/12
5	Brooke TAYLOR	SO	#4 Carson-Newman	11.50m	37-8¾	12/9
6	:Lora DILLON	SO	#18 Lees-McRae	11.48m	37-8	1/20
7	Bianca BELFON	SR	#9 Limestone {2}	11.45m	37-6¾	1/13
8	Leah DOTSON	JR	#9 Limestone {3}	11.43m	37-6	1/20
9	Valerie DAEHLER	JR	#1 Wingate	11.19m	36-8½	12/2
10	Daryn MCDONALD	SR	#9 Limestone {4}	11.15m	36-7	1/20

Women's Shot Put

1	Leonie SAMUELS	SO	#10 Newberry	13.03m	42-9	12/3
2	Danielle CRAWFORD	SR	#1 Wingate	12.54m	41-1¾	12/3
3	Patricija NEMANYTE	FR	#2 Lenoir-Rhyne	12.32m	40-5	12/9
4	Katlyn PARRISH	JR	#3 Mount Olive	12.31m	40-4¾	1/12
5	Amber LAWLESS	SO	#1 Wingate {2}	12.26m	40-2¾	12/2
6	Destiny FAISON	FR	#3 Mount Olive {2}	12.05m	39-6½	12/2
6	ShaNadia MARSHALL	JR	#10 Newberry {2}	12.05m	39-6½	12/3
8	Taylor SMITH	SR	#9 Limestone	12.03m	39-5¾	1/20
9	Olivia JACKSON	SR	#2 Lenoir-Rhyne {2}	11.97m	39-3¼	1/20
10	Gloria NUTSIGBE	FR	#15 UNC Pembroke	11.78m	38-7¾	12/3

Women's Weight Throw

1	Irma WATSON-PEREZ	JR	#10 Newberry	16.83m	55-2¾	12/3
2	Adrienne CRAWFORD	JR	#3 Mount Olive	15.98m	52-5¼	1/20
3	Bella MARTIN	SO	#6 Converse	15.75m	51-8¼	1/20
4	Rolanda DESIR-MOREAU	SR	#3 Mount Olive {2}	15.64m	51-3¾	1/20
5	Esma PAJT	JR	#1 Wingate	15.29m	50-2	12/3
6	Olivia JACKSON	SR	#2 Lenoir-Rhyne	15.23m	49-11¾	1/20
7	Danielle CRAWFORD	SR	#1 Wingate {2}	14.61m	47-11¼	12/3
8	Katlyn PARRISH	JR	#3 Mount Olive {3}	14.56m	47-9¼	1/20
9	Elin RYDQVIST	FR	#3 Mount Olive {4}	14.43m	47-4¼	1/12
10	Andrea PASCUAL RIVERA	JR	#10 Newberry {2}	14.16m	46-5½	12/3

Women's Pentathlon

1	Sterling WEBB	FR	#5 Lincoln Memoria	3,441		1/19
2	Patricija NEMANYTE	FR	#2 Lenoir-Rhyne	3,435		12/9
3	Miranda MARR	JR	#2 Lenoir-Rhyne {2}	3,278		12/9
4	Alina MUELLER	JR	#19 Mars Hill	2,960		1/20
5	Makayla ROGERS	JR	#19 Mars Hill {2}	2,955		1/20
6	Sofia ULANDAY	SO	#2 Lenoir-Rhyne {3}	2,622		12/9
7	Sara WINEGAR	FR	#5 Lincoln Memoria {2}	2,118		12/9



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West

Women's 60 Meters

1	E'lexis HOLLIS	JR	#3 Central Washing	7.38	12/9
1	Marie-Eloise LECLAIR	JR	#6 Simon Fraser	7.38	1/13
3	Juvonna CORNETTE	SO	#1 Academy of Art	7.41	1/13
4	Ayana FIELDS	JR	#2 Cal Poly Pomona	7.46	12/9
5	Toni Ann LINDSAY	FR	#1 Academy of Art {2}	7.50	1/13
6	Lauryn JAMES	SR	#1 Academy of Art {3}	7.55	12/8
7	Darria MATTHIAS	SR	#1 Academy of Art {4}	7.64	12/8
8	Jaeland CUMMINGS	SO	#6 Simon Fraser {2}	7.68	1/13
9	Jasmyn CRAWFORD	JR	#11 CUI	7.69	1/20
10	Zharia DIXON	SO	#9 SF State	7.71	1/13

Women's 60 Meter Hurdles

1	Marie-Jeanne OUREGA	JR	#1 Academy of Art	8.49	1/19
2	Lauryn CHANDLER	SR	#3 Central Washing	8.75	12/9
3	Joy HANO	FR	#10 Cal Poly Humbol	8.81	12/9
4	Yanique WHITE	JR	#1 Academy of Art {2}	8.84	1/13
5	Ari MILTON	JR	#2 Cal Poly Pomona	8.87	12/9
6	Hannah CHANG	SO	#12 Seattle Pacific	8.96	12/9
7	Maliyah THOMPSON	JR	#5 Western Oregon	9.01	1/20
8	Susie FOWLER	JR	#2 Cal Poly Pomona {2}	9.09	12/9
9	Ellie DEGROOT	SO	#3 Central Washing {2}	9.11	12/9
10	Liv HEITE	FR	#15 Alaska Anchorage	9.18	1/13

Women's 200 Meters

1	Lauryn JAMES	SR	#1 Academy of Art	24.27	12/8
2	Juvonna CORNETTE	SO	#1 Academy of Art {2}	24.62	12/8
3	Jaelyn THOMAS	JR	#2 Cal Poly Pomona	24.99	1/20
4	Jasmyn CRAWFORD	JR	#11 CUI	25.06	1/20
5	Toni Ann LINDSAY	FR	#1 Academy of Art {3}	25.15	12/8
6	E'lexis HOLLIS	JR	#3 Central Washing	25.19	1/20
7	Yuna QUENIAT	SR	#2 Cal Poly Pomona {2}	25.37	1/20
8	Darria MATTHIAS	SR	#1 Academy of Art {4}	25.64	12/8
9	Rasha BADRANI	SO	#7 Cal State San Ma	25.71	12/9
10	Isabel PEREZ-ZOGHBI	FR	#10 Cal Poly Humbol	25.72	12/9
10	Elise HOPPER	SO	#3 Central Washing {2}	25.72	1/13

Women's 400 Meters

1	Ayana FIELDS	JR	#2 Cal Poly Pomona	55.78	1/20
2	Isabel PEREZ-ZOGHBI	FR	#10 Cal Poly Humbol	56.60	12/9
3	Maria SARTIN	JR	#11 CUI	56.84	1/20
4	Elise HOPPER	SO	#3 Central Washing	57.47	1/20
5	Claire BOSMA	JR	#6 Simon Fraser	58.30	1/13
6	Bethany SCHMIDT	JR	#11 CUI {2}	58.40	1/20
7	Erine COLLARD	JR	#1 Academy of Art	58.57	12/8
8	Donna Marie HARRIS	SO	#3 Central Washing {2}	58.61	1/20
9	Emma CANNAN	SO	#6 Simon Fraser {2}	58.83	1/13
10	Tianna JARDSTROM	SO	#2 Cal Poly Pomona {2}	58.88	1/20

Women's 800 Meters

1	Lina HANICH	JR	#1 Academy of Art	2:10.42	12/8
2	Michaela ANDREWS	SO	#1 Academy of Art {2}	2:12.92	12/8
3	Marian LEDESMA	SR	#4 Western Washing	2:14.55	1/13
4	Emmy KROONTJE	SO	#4 Western Washing {2}	2:15.11	1/13
5	Alisha SAUCEDO	JR	#16 Saint Martin's	2:16.30	1/13
6	Elizabeth VANDERPUT	JR	#6 Simon Fraser	2:16.98	1/13
7	Mia SALINAS	JR	#7 Cal State San Ma	2:17.18	12/9
8	Sophie WRIGHT	JR	#4 Western Washing {3}	2:17.41	1/13
9	Elie BASSETT	SO	#4 Western Washing {4}	2:18.77	1/13
10	Kate CAMERON	JR	#6 Simon Fraser {2}	2:19.55	1/13

Women's Mile

1	Katharina GOETSCHL	JR	#1 Academy of Art	4:55.12	1/19
2	Mia CROCKER	JR	#4 Western Washing	4:59.97	1/13
3	Sophie WRIGHT	JR	#4 Western Washing {2}	5:00.56	1/13
4	Annie WILD	FR	#8 Stanislaus State	5:00.67	1/13
5	Kaela DISHION	SR	#8 Stanislaus State {2}	5:01.12	12/9
6	Najwa CHOUATI	SR	#8 Stanislaus State {3}	5:01.63	12/9
7	Rachael WATKINS	SO	#6 Simon Fraser	5:02.33	1/13
8	Nell BAKER	SR	#15 Alaska Anchorage	5:02.52	1/13
9	Riley SMITH	SO	#5 Western Oregon	5:04.50	1/13
10	Alisha SAUCEDO	JR	#16 Saint Martin's	5:05.34	1/13

Women's 3000 Meters

1	Grace SOUTHERN	SO	#1 Academy of Art	9:35.94	12/8
2	Kaela DISHION	SR	#8 Stanislaus State	9:36.93	1/13
3	Annika ESVELT	JR	#12 Seattle Pacific	9:41.62	1/13
4	Ila DAVIS	JR	#4 Western Washing	9:45.70	1/13
5	Ashley REECK	SO	#4 Western Washing {2}	9:57.56	1/13
6	Najwa CHOUATI	SR	#8 Stanislaus State {2}	9:59.22	1/13
7	Katharina GOETSCHL	JR	#1 Academy of Art {2}	10:04.94	1/13
8	Caitlin HELDT	SR	#5 Western Oregon	10:09.58	1/13
9	Emma SMITH	SO	#4 Western Washing {3}	10:14.86	1/13
10	Evelyn COLLINS-WINN	JR	#4 Western Washing {4}	10:16.11	1/13

Women's 5000 Meters

1	Aspen TOLMAN	SR	#13 Montana St.-Billi	19:56.04	12/7
2	Toree MANNING	SO	#13 Montana St.-Billi {2}	20:34.04	12/7



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West

Women's 4x400 Relay

1	Toni Ann Lindsay Laury James Erine Collard Juvonna Cornette	#1 Academy of Art	3:49.38	12/8
2	Jaelyn Thomas Ari Milton Yuna Queniat Ayana Fields	#2 Cal Poly Pomona	3:51.36	1/20
3	Caitlyn Cheney Marian Ledesma Annabe lle Heiman Brooke Mansfield	#4 Western Washing	3:58.04	1/13
4	Jaeland Cummings Claire Bosma Emma Cannan Marie- Eloise Leclair	#6 Simon Fraser	3:58.18	1/13
5	Ellie DeGroot Madison Thompson Donn a Marie Harris Elise Hopper	#3 Central Washing	3:58.42	1/13
6	Joy Hano Grace Kasberger Coco me McKamey Isabel Perez-Zoghbi	#10 Cal Poly Humbol	4:00.53	12/9
7	Blanca De Arvizu Sarrias Kaitlyn Backman Liv Heite Jess Chisar	#15 Alaska Anchorag	4:01.05	1/13
8	Logan Nelson Ruby Bishop Bethany Schmidt Maria Sartin	#11 CUI	4:01.14	1/20
9	Charisma Smith Johanna Brown Marissa Crane Hannah Chang	#12 Seattle Pacific	4:03.36	1/13
10	Kathleen O'Brien Mina Tsai Janice Conley Lydia Binger	#9 SF State	4:11.67	12/9

Women's Distance Medley Relay

1	Lina Hanich Erine Collard Michaela Andrews Kathari na Goetschl	#1 Academy of Art	11:50.82	1/13
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Women's High Jump

1	Emy NTEKPERE	FR	#3 Central Washing	1.74m	5-8½	12/9
2	Macaria MOORE- BASTIDE	SO	#9 SF State	1.71m	5-7¼	1/13
3	Naomie LAVRIL	FR	#1 Academy of Art	1.69m	5-6½	1/19
4	Aaliyah MENDOZA	FR	#2 Cal Poly Pomona	1.62m	5-3¾	1/20
5	Amity DETERS	SR	#5 Western Oregon	1.61m	5-3¼	12/9
6	Sarah LINDENTHAL	JR	#2 Cal Poly Pomona {2}	1.57m	5-1¾	1/20
7	Paige KESSLER	FR	#12 Seattle Pacific	1.56m	5-1¼	12/9
7	Sabrina CARLE-PARRA	SO	#9 SF State {2}	1.56m	5-1¼	1/13
7	Cocome MCKAMEY	FR	#10 Cal Poly Humbol	1.56m	5-1¼	12/9
10	Macy CLEMENS	JR	#5 Western Oregon {2}	1.53m	5-¼	1/20

Women's Pole Vault

1	Lauryn MCGOUGH	FR	#3 Central Washing	4.05m	13-3½	1/13
2	Amy CHRISTENSEN	SR	#9 SF State	3.75m	12-3½	12/9
3	Lilly MCGRAW	SR	#7 Cal State San Ma	3.67m	12-½	12/9
4	Emily THOMASON	SR	#12 Seattle Pacific	3.55m	11-7¾	1/13
5	Lizzy DAUGHERTY	JR	#12 Seattle Pacific {2}	3.45m	11-3¾	12/9
6	Lauren MEREDITH	SO	#7 Cal State San Ma {2}	3.42m	11-2½	12/9
7	Cariann BRYANT	FR	#3 Central Washing {2}	3.35m	10-11¾	1/13
8	Alexis WACHOWSKI	FR	#9 SF State {2}	3.05m	10-0	1/13
8	Kyra THORNHILL	FR	#3 Central Washing {3}	3.05m	10-0	1/13
10	Charlie HILL	JR	#12 Seattle Pacific {3}	3.00m	9-10	12/9
10	Erin BECHTOLD	FR	#10 Cal Poly Humbol	3.00m	9-10	12/9

Women's Long Jump

1	Marie-Jeanne OUREGA	JR	#1 Academy of Art	6.16m	20-2½	12/8
2	Jordyn BROOKS	FR	#7 Cal State San Ma	5.64m	18-6	12/9
3	Ujunwa NWOKOMA	SO	#5 Western Oregon	5.52m	18-1½	1/20
4	Shaylee MUTKA	FR	#7 Cal State San Ma {2}	5.45m	17-10¾	12/9
5	Cocome MCKAMEY	FR	#10 Cal Poly Humbol	5.40m	17-8¾	12/9
6	Mattie CECILIO	SO	#9 SF State	5.34m	17-6¼	1/13
7	Joy HANO	FR	#10 Cal Poly Humbol {2}	5.32m	17-5½	12/9
8	Kelsey EHINLAIYE	JR	#2 Cal Poly Pomona	5.28m	17-4	1/20
9	Emy NTEKPERE	FR	#3 Central Washing	5.27m	17-3½	1/13
10	Vai GREEN	FR	#14 Northwest Nazai	5.14m	16-10½	12/9

Women's Triple Jump

1	Marie-Jeanne OUREGA	JR	#1 Academy of Art	12.64m	41-5¾	1/13
2	Mattie CECILIO	SO	#9 SF State	12.00m	39-4½	1/13
3	Emy NTEKPERE	FR	#3 Central Washing	11.79m	38-8¼	1/20
4	Nyah PAULDING	JR	#2 Cal Poly Pomona	11.36m	37-3¾	1/20
5	Kerlinda CHATWIN	FR	#6 Simon Fraser	11.04m	36-2¾	1/13
6	Ari MILTON	JR	#2 Cal Poly Pomona {2}	10.98m	36-¼	1/20
7	Jordyn BROOKS	FR	#7 Cal State San Ma	10.91m	35-9½	12/9
8	Olivia WINDBIEL	SO	#6 Simon Fraser {2}	10.89m	35-8¾	1/13
9	Shaylee MUTKA	FR	#7 Cal State San Ma {2}	10.57m	34-8¼	12/9
10	Tehya MOORE	SO	#3 Central Washing {2}	10.32m	33-10¼	1/13



USTFCCA NCAA Division II Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #1, January 22

as of 1/24/2024 2:46:41 PM

West

Women's Shot Put

1	Destany HERBERT	SR	#14 Northwest Nazari	14.14m	46-4¾	12/9
2	Katie POTTS	SR	#4 Western Washington	13.82m	45-4¼	1/13
3	Mi'ah MOLLETTE	FR	#2 Cal Poly Pomona	12.90m	42-4	1/20
4	Brenna BOARD	SR	#3 Central Washington	12.61m	41-4½	12/9
5	Tayla CRENSHAW	JR	#11 CUI	12.26m	40-2¾	1/20
6	Sinaiah POINTER	FR	#17 Cal State LA	12.17m	39-11¼	1/12
7	Shona CHRISTENSEN	SO	#2 Cal Poly Pomona{2}	11.80m	38-8¾	12/9
8	Jasmyn RIOS	FR	#11 CUI {2}	11.71m	38-5	1/20
9	Jocelyn SARIBAY	JR	#16 Saint Martin's	11.58m	38-0	1/13
10	Mara PARKS	SO	#4 Western Washington{2}	11.55m	37-10¾	1/13

Women's Weight Throw

1	Keiana TURNER	SR	#2 Cal Poly Pomona	16.78m	55-¾	12/9
2	Caitlyn BELL	JR	#8 Stanislaus State	16.22m	53-2¾	12/9
3	Shona CHRISTENSEN	SO	#2 Cal Poly Pomona{2}	15.60m	51-2¼	1/20
4	Katie POTTS	SR	#4 Western Washington	15.38m	50-5½	1/13
5	Kailea SATTERWHITE	FR	#17 Cal State LA	15.33m	50-3½	1/12
6	Liliana LYNESS	JR	#5 Western Oregon	15.27m	50-1¼	1/13
7	Mi'ah MOLLETTE	FR	#2 Cal Poly Pomona{3}	15.17m	49-9¼	1/20
8	Grace JONES	JR	#13 Montana St.-Billi	14.83m	48-8	12/7
9	Tayla CRENSHAW	JR	#11 CUI	14.61m	47-11¼	1/20
10	Zuzanna LINIEWSKI	JR	#6 Simon Fraser	14.57m	47-9¾	1/13

Women's Pentathlon

1	Ellie DEGROOT	SO	#3 Central Washington	3,052	1/20
2	Carley HUBER	SO	#3 Central Washington{2}	3,009	1/20
3	Macy CLEMENS	JR	#5 Western Oregon	2,963	1/20
4	Amity DETERS	SR	#5 Western Oregon{2}	2,905	1/20
5	Shaylee MUTKA	FR	#7 Cal State San Ma	2,792	12/9
6	Sadie WENDERING	FR	#5 Western Oregon{3}	2,343	1/20
7	Lauren MEREDITH	SO	#7 Cal State San Ma{2}	2,275	12/9