



Regional TFRI Event Summary



East

as of 2/20/2024 6:54:44 AM ET

Women's 60 Meters

1	6	Kianne BENJAMIN	SR	#2 Bowdoin	7.62	1/20
2	24	Alison MCDONOUGH	SR	#6 Bridgewater Sta	7.75	2/3
3	27	Jailene ESCALERA	SR	#6 Bridgewater Sta	7.76	2/10
4	57	Dorinda OKORJI	JR	#13 UMass Boston	7.84	1/13
4	57	Savanna VARGAS	FR	#7 Wheaton (Mass.)	7.84	1/27
6	66	Wendy WOODEN	SO	#7 Wheaton (Mass.)	7.86	2/2
6	66	Vivienne EVANS	SR	#4 WPI	7.86	2/3
8	79	Jainaba CONTEH	FR	#11 Suffolk	7.90	2/10
9	89	Simone WAHEED	FR	#5 Colby	7.92	2/17
10	98	Michaina LORISTON	SO	#7 Wheaton (Mass.)	7.93	1/13

Women's 60 Meter Hurdles

1	13	Alison MCDONOUGH	SR	#6 Bridgewater Sta	8.81	1/13
2	20	Amanda CASTALDI	SO	#7 Wheaton (Mass.)	8.89	1/13
3	22	Sarah PILLONE	SR	#3 Tufts	8.93	2/3
4	29	Erin DAUGHERTY	JR	#5 Colby	8.99	12/9
5	34	Makany CAMARA	SR	#17 Fitchburg State	9.03	2/10
6	39	Aryanna GARCEAU	SO	#13 UMass Boston	9.07	2/3
7	60	Moriah SCHARN	SO	#8 Bates	9.19	2/17
8	64	Emma BURR	FR	#15 Thomas (Maine)	9.21	12/9
9	90	Madelyn SILVEIRA	SR	#3 Tufts	9.32	2/3
10	98	Alya CAMPBELL	JR	#10 Brandeis	9.34	2/17

Women's 200 Meters

1	6	Kianne BENJAMIN	SR	#2 Bowdoin	24.71c	(25.09f) 2/3
2	24	Jailene ESCALERA	SR	#6 Bridgewater Sta	25.18c	(25.57f) 2/3
3	31	Schylar WYSE	SR	#7 Wheaton (Mass.)	25.37	2/10
4	46	Wendy WOODEN	SO	#7 Wheaton (Mass.)	25.52c	(25.91f) 2/17
5	50	Kiara ABRANTES	JR	#6 Bridgewater Sta	25.55c	(25.94f) 2/3
6	64	Tally ZELLER	SO	#5 Colby	25.59	2/10
7	68	Kennedy KIRKLAND	FR	#2 Bowdoin	25.61	{2} 1/28
7	68	Janiah YOUNG	SO	#9 Southern Maine	25.61c	(26.00f) 2/17
9	71	Vivienne EVANS	SR	#4 WPI	25.64	2/10
10	76	Amanda WALDEN	JR	#11 Suffolk	25.69	2/10

Women's 400 Meters

1	3	Kianne BENJAMIN	SR	#2 Bowdoin	55.83	2/10
2	16	Ashley KELEHER	SR	#12 Colby-Sawyer	57.07	2/10
3	17	Fiona MEJICO	JR	#5 Colby	57.18	2/10
3	17	Marina MILLER	JR	#1 MIT	57.18	2/10
5	21	Paige COOKSEY	SR	#1 MIT	57.20	{2} 2/10
6	38	Kiara ABRANTES	JR	#6 Bridgewater Sta	57.78	1/27
7	40	Kristina PIZZI	JR	#5 Colby	57.86	{2} 2/10
8	42	Kaitlyn EWALD	FR	#5 Colby	57.91	{3} 2/10
9	50	Olivia DOHERTY	SO	#5 Colby	58.14	{4} 2/10
10	58	Julia HOWARTH	JR	#1 MIT	58.30c	(59.07f) 2/3

Women's 800 Meters

1	9	Grace HADLEY	SR	#4 WPI	2:12.96c	(2:14.49f) 2/17
2	12	Julia HOWARTH	JR	#1 MIT	2:13.31	1/27
3	62	Samantha FENLEY	FR	#9 Southern Maine	2:17.13c	(2:18.71f) 2/17
4	79	Erin HOVENDON	SO	#1 MIT	2:17.97	{2} 1/27
5	82	Amelia KOKERNAK	SR	#4 WPI	2:18.14c	(2:19.73f) 2/17
6	97	Emma SMITH	JR	#3 Tufts	2:19.14	1/28
7		Anna MACKEY	SO	#5 Colby	2:19.68	2/10
8		Haley WIMS	SR	#5 Colby	2:19.90c	(2:21.51f) 2/17
9		Elise DESHUSSES	SR	#4 WPI	2:20.05	{3} 2/10
10		Charlotte KOKERNAK	SR	#4 WPI	2:20.17c	(2:21.78f) 2/17

Women's Mile

1	1	Grace HADLEY	SR	#4 WPI	4:46.48	2/10
2	7	Lexi FERNANDEZ	SO	#1 MIT	4:53.72	2/10
3	25	Rujuta SANE	SO	#1 MIT	4:59.20	{2} 1/27
4	71	Kate SANDERSON	SO	#1 MIT	5:05.41	{3} 1/13
5	78	Amelia KOKERNAK	SR	#4 WPI	5:06.24	{2} 1/27
6	80	Liv GIRAND	FR	#1 MIT	5:06.32c	(5:09.35f) 2/3
7	92	Christina CROW	JR	#1 MIT	5:07.25	{5} 1/27
8	94	Chrissy AMAN	SR	#8 Bates	5:07.44	2/10
9		Jaz VANDERHOOF	SO	#7 Wheaton (Mass.)	5:08.16c	(5:11.21f) 1/27
10		Elise DESHUSSES	SR	#4 WPI	5:08.81	{3} 1/27

Women's 3000 Meters

1	7	Grace HADLEY	SR	#4 WPI	9:35.07	2/3
2	18	Lexi FERNANDEZ	SO	#1 MIT	9:49.15	1/27
3	35	Chrissy AMAN	SR	#8 Bates	9:56.93	12/2
4	44	Liv GIRAND	FR	#1 MIT	10:01.51	{2} 2/10
5	45	Rachel BRENNAN	SR	#14 Gordon (Mass.)	10:01.79	2/10
6	64	Elise DESHUSSES	SR	#4 WPI	10:07.20	{2} 12/2
7	87	Elizabeth DONAHUE	SO	#3 Tufts	10:13.00c	(10:18.25f) 2/3
8	88	Kirsi RAJAGOPAL	SR	#1 MIT	10:13.52	{3} 12/2
9	93	Rachel HURLEY	JR	#4 WPI	10:15.07	{3} 12/2
10	100	Kahryn CULLENBERG	SR	#8 Bates	10:16.32	{2} 2/10

Women's 5000 Meters

1	4	Grace HADLEY	SR	#4 WPI	16:39.36	1/27
2	12	Kate SANDERSON	SO	#1 MIT	16:52.31	2/10
3	28	Rachel BRENNAN	SR	#14 Gordon (Mass.)	17:16.91	12/2
4	46	Liv GIRAND	FR	#1 MIT	17:39.10	{2} 1/27
5	53	Rachel HURLEY	JR	#4 WPI	17:44.66c	(17:52.81f) 2/3
6	66	Heather JENSEN	FR	#1 MIT	17:52.89	{3} 2/10
7	69	Naomi CASS	FR	#6 Bridgewater Sta	17:54.97c	(18:03.20f) 1/13
8	77	Isabel MAY	SR	#8 Bates	17:56.70	1/28
9	78	Elizabeth HOLCOMBE	SO	#8 Bates	17:57.92	{2} 1/28
10	85	Phoebe POHL	JR	#8 Bates	18:01.25c	(18:09.53f) 2/10



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



East

as of 2/20/2024 6:54:44 AM ET

Women's 4x400 Relay

1	2	Tally Zeller, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#5 Colby	3:49.31	1/27
2	16	Olivia Dias, Marina Miller, Julia Howarth, Meagan Rowlett	#1 MIT	3:56.50	1/27
3	27	Annika Kral, Anne-Sophie Janssen, Antonia Knoth, Emma Smith	#3 Tufts	4:00.42c (4:03.61f)	2/3
4	36	Gabby Phillips, Catherine Uwakwe, Kennedy Kirkland, Kianne Benjamin	#2 Bowdoin	4:02.51c (4:05.73f)	2/3
5	38	Hannah Bohbot-Dridi, Olivia Zarzycki, Elizabeth Korn, Shaniece Nugent	#10 Brandeis	4:02.92	2/10
6	41	Amanda Walden, Alyssa Rodriguez, Kaylie Groom, Emily Concepcion	#11 Suffolk	4:03.99	2/10
7	68	Jessica Dickson, Schyler Wyse, Maya Thomas, Kate Wickenheisser	#7 Wheaton (Mass.)	4:08.42	2/2
8	89	Charlie Barron, Aoife Fitzgerald, Eriko Darcy, Sara Maeve Klingensmith	#18 Wellesley	4:11.41c (4:14.74f)	2/17
9	98	Alexis Karantz, Mackenzie Betty, Samantha Fenley, Heaven Conley	#9 Southern Maine	4:12.23c (4:15.57f)	2/17
10		Anushka Chavda, Livia Kozick, Julia Brophy, Maddie Lee	#8 Bates	4:12.84c (4:16.19f)	2/3

Women's Distance Medley Relay

1	5	Rujuta Sane, Paige Cooksey, Julia Howarth, Lexi Fernandez	#1 MIT	11:41.06	2/10
2	8	Amelia Kokernak, Isabel Hallal, Elise Deshusses, Grace Hadley	#4 WPI	11:43.43	2/10
3	35	Claire Peng, Taylor Quaye, Simone Beauchamp, Ella Whinney	#18 Wellesley	12:46.06c(12:54.26f)	2/17
4	40	Rose Kitz, Tessa Player, Julia Dolce, Sophia Carpenter	#3 Tufts	12:50.28c(12:58.53f)	2/17
5	48	Jen Coseno, Evelyn Marchand, Meadow Gregory, Kahryn Cullenberg	#8 Bates	12:59.75	1/28
6	64	Maddie Bush, Alicia Hober, Catherine Mongan, Rebecca Anderson	#5 Colby	13:19.70c(13:28.26f)	12/9
7	67	AnnMarie Limberger, Anabel Melanson, Whitney Davenport, Samantha Fenley	#9 Southern Maine	13:20.91c(13:29.49f)	1/27
8	82	Grace Bedore, Angelina Cotoni, Miranda Dunton, Mackenzie Emerson	#21 Husson	13:39.22c(13:47.99f)	1/27
9	99	Mallory Taylor, Jaenelle Bryant, Bailey Ford, April Banuelos	#11 Suffolk	14:05.02c(14:14.07f)	1/27
10		Leah O'Neill, Emma Mullen, Samantha Carus, Adriana Nadeau	#12 Colby-Sawyer	14:36.28	2/18

Women's High Jump

1	3	Serenity SANDS	JR	#6 Bridgewater Sta	1.71m	5-7¼	2/3
2	15	Harper MEEK	SR	#3 Tufts	1.67m	5-5¾	1/13
3	19	Makany CAMARA	SR	#17 Fitchburg State	1.66m	5-5¼	2/10
4	39	Katherine KEMPFF	SO	#1 MIT	1.62m	5-3¾	2/3
5	51	Juliana PATRONE	JR	#6 Bridgewater Sta{2}	1.61m	5-3¼	2/10
5	51	Tolu AKINBO	SR	#1 MIT	{2} 1.61m	5-3¼	2/2
7	55	Isabel LLACH	JR	#5 Colby	1.60m	5-3	12/9
8	92	Olivia JALBERT	SR	#9 Southern Maine	1.57m	5-1¾	12/9
8	92	Lexi KING	FR	#3 Tufts	{2} 1.57m	5-1¾	1/28
10		Alannah ARDREY	FR	#8 Bates	1.56m	5-1¼	1/20
10		Amanda BORDEN	SR	#4 WPI	1.56m	5-1¼	2/17
10		Marie PROCK	SO	#9 Southern Maine {2}	1.56m	5-1¼	2/17
10		Dorinda OKORJI	JR	#13 UMass Boston	1.56m	5-1¼	2/17
10		Kirsten MAN	JR	#10 Brandeis	1.56m	5-1¼	1/13
10		Hialeah FOSTER	FR	#13 UMass Boston	1.56m	5-1¼	2/17
10		Nina GREGORY	SO	#21 Husson	1.56m	5-1¼	1/20



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East

as of 2/20/2024 6:54:44 AM ET

Women's Pole Vault

1	6	Hailey SURACE	SO	#1 MIT	3.85m	12-7½	2/3
2	10	Sarah FIRTH	JR	#3 Tufts	3.80m	12-5½	2/3
3	19	Katelyn HOWARD	SO	#1 MIT	{2}3.70m	12-1½	2/17
3	19	Charlotte HODGE	JR	#2 Bowdoin	3.70m	12-1½	2/3
5	36	Emma GALL	FR	#3 Tufts	{2}3.55m	11-7¾	2/3
5	36	Smiley HUYNH	JR	#10 Brandeis	3.55m	11-7¾	2/17
7	65	Nyla THOMPSON	JR	#3 Tufts	{3}3.40m	11-1¾	2/10
7	65	Sophie MAGUIRE	SO	#2 Bowdoin	{2}3.40m	11-1¾	2/3
9	77	Devyn BATTISTONI	FR	#11 Suffolk	3.35m	10-11¾	12/10
10		Alisha ANDERSON	SO	#10 Brandeis	{2}3.25m	10-8	2/17
10		Riley REITCHEL	SO	#9 Southern Maine	3.25m	10-8	2/17
10		Tessa BAKER	FR	#1 MIT	{3}3.25m	10-8	2/17
10		Amelie WICKHAM	SO	#3 Tufts	{4}3.25m	10-8	1/28

Women's Long Jump

1	17	Jenna ALBANESE	SR	#2 Bowdoin	5.59m	18-4¼	2/3
2	51	Alison MCDONOUGH	SR	#6 Bridgewater Sta	5.43m	17-9¾	2/10
3	82	Kennedy KIRKLAND	FR	#2 Bowdoin	{2}5.34m	17-6¼	2/17
4	85	Olivia JALBERT	SR	#9 Southern Maine	5.33m	17-6	2/3
5	100	Ciara ADU-ADDO	FR	#19 Worcester State	5.30m	17-4¾	2/3
6		Kiana GOLDBERG	FR	#9 Southern Maine	{2}5.29m	17-4¼	1/27
7		Jordan ANDREW	JR	#3 Tufts	5.26m	17-3¼	2/3
8		Hialeah FOSTER	FR	#13 UMass Boston	5.23m	17-2	1/21
9		Emma MARTIN	SR	#1 MIT	5.22m	17-1½	2/10
10		Brooklyn GOFF	SR	#20 Saint Joseph's (N	5.20m	17-¾	12/9

Women's Triple Jump

1	16	Nony OTU UGWU	SO	#1 MIT	11.62m	38-1½	2/10
2	34	Ashley KELEHER	SR	#12 Colby-Sawyer	11.34m	37-2½	2/3
3	35	Shaniece NUGENT	JR	#10 Brandeis	11.31m	37-1¼	2/3
4	49	Sarah PILLONE	SR	#3 Tufts	11.17m	36-7¾	1/28
5	51	Tristen GOMES	JR	#6 Bridgewater Sta	11.15m	36-7	2/10
6	75	Kirsten MAN	JR	#10 Brandeis	{2}10.99m	36-¾	1/13
7	92	Maelynn UGOKWE	SR	#3 Tufts	{2}10.88m	35-8½	2/10
8	96	Jenna ALBANESE	SR	#2 Bowdoin	10.86m	35-7¾	2/3
9		Jordan ANDREW	JR	#3 Tufts	{3}10.77m	35-4	1/28
10		Olivia SPIELBERGER	JR	#4 WPI	10.63m	34-10½	2/17
10		Desiree ROBINSON	JR	#22 Emmanuel (Mas	10.63m	34-10½	2/18

Women's Shot Put

1	2	Alexis BOYKIN	JR	#1 MIT	14.73m	48-4	1/27
2	26	Emily BALL	JR	#1 MIT	{2}13.24m	43-5¼	2/17
3	71	Savannah SOLEAU	SO	#16 Keene State	12.48m	40-11½	2/17
4	97	Jaigan BOUDREAU	SO	#9 Southern Maine	12.17m	39-11¼	2/3
5		Tianna ROGERS	JR	#7 Wheaton (Mass.)	12.13m	39-9¾	1/13
6		Emma GIBBENS	JR	#2 Bowdoin	11.96m	39-3	2/17
7		Jadah STOKES	FR	#19 Worcester State	11.95m	39-2½	2/17
8		Ginger ARNOLD	FR	#2 Bowdoin	{2}11.85m	38-10½	2/3
9		Tiana FOX	SO	#14 Gordon (Mass.)	11.81m	38-9	1/27
10		Maggie HILLWIG	JR	#8 Bates	11.80m	38-8¾	1/13

Women's Weight Throw

1	1	Alexis BOYKIN	JR	#1 MIT	19.43m	63-9	1/27
2	25	Emily BALL	JR	#1 MIT	{2}16.77m	55-¼	1/27
3	57	Morgan COLLINS	SR	#4 WPI	15.68m	51-5½	2/3
4	63	Anika WAGNER	SO	#7 Wheaton (Mass.)	15.56m	51-¾	1/13
5	74	Corinne AHERN	SR	#2 Bowdoin	15.37m	50-5¼	2/3
6	78	Carli CIAVARELLI	SO	#8 Bates	15.26m	50-¾	2/17
7	96	Alma MACKIC	SR	#8 Bates	{2}14.92m	48-11½	2/10
8		Tianna ROGERS	JR	#7 Wheaton (Mass.)	{2}14.66m	48-1¼	1/20
9		Lilia OULD-HAMMOU	SO	#1 MIT	{3}14.53m	47-8	1/20
10		Elizabeth MATTICOLI	SR	#4 WPI	{2}14.52m	47-7¾	2/17

Women's Pentathlon

1	34	Emma BURR	FR	#15 Thomas (Maine)	3,048	12/9
2	41	Livia KOZICK	SR	#8 Bates	2,967	1/20
3	45	Rose JENKINS	FR	#2 Bowdoin	2,931	1/20
4	47	Madelyn SILVEIRA	SR	#3 Tufts	2,905	2/3
5	77	Brooklyn GOFF	SR	#20 Saint Joseph's (N	2,717	1/20
6	79	Molly LU MCKELLAR	SO	#16 Keene State	2,665	12/9
7	81	Anna YANG	SO	#2 Bowdoin	{2}2,658	2/10
8	84	Sydney SPIVY	SR	#3 Tufts	{2}2,641	2/3
9	86	Erin DAUGHERTY	JR	#5 Colby	2,632	12/9
10	87	Isabel LLACH	JR	#5 Colby	{2}2,621	12/9



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Great Lakes

as of 2/20/2024 6:54:44 AM ET

Women's 60 Meters

1	4	Kenadee WAYT	SR	#1 Mount Union	7.59	12/1
2	13	Avery CAMPBELL	SR	#16 Albion	7.68	1/27
3	36	Madjo DOUMBIA	JR	#4 Centre	7.79	2/17
4	47	Lauren RONCONE	SR	#1 Mount Union	{2} 7.81	2/10
5	51	Meghan FRAZIER	JR	#3 Wittenberg	7.82	1/20
6	57	Jasmine CLAUNCH	SR	#4 Centre	{2} 7.84	2/10
6	57	Sara SCHERMERHORN	SO	#2 Hope	7.84	2/16
6	57	Paige SIMPSON	FR	#5 Ohio Northern	7.84	2/10
9	66	Kymiah BLAIR	JR	#14 Berea (Ky.)	7.86	12/2
10	75	Genevieve ARNOLD	SR	#7 John Carroll	7.88	2/3

Women's 60 Meter Hurdles

1	18	Daysia HARGRAVE	JR	#9 Wooster	8.86	2/10
2	53	Katie MOORE	JR	#6 DePauw	9.16	2/10
3	56	Nayaisha EDMOND	SR	#16 Albion	9.17	2/9
4	58	Narindwa SEMAKULA	SO	#18 Rose-Hulman	9.18	1/19
4	58	Olyvia ASHBROOK	JR	#5 Ohio Northern	9.18	2/10
6	86	McKenzie CHINE	JR	#1 Mount Union	9.31	2/10
7	95	Natasha ZAHURSKY	JR	#1 Mount Union	{2} 9.33	2/3
8		Brynn MERICLE	SO	#13 Trine	9.41	2/10
9		Olivia BEAN	SR	Heidelberg	9.42	12/8
10		Grace MISIUNAS	SO	#11 Case Western Re	9.44	12/2
10		Reese NEUMEYER	JR	#3 Wittenberg	9.44	2/10

Women's 200 Meters

1	2	Kenadee WAYT	SR	#1 Mount Union	24.49c (24.87f)	12/9
2	10	Sara SCHERMERHORN	SO	#2 Hope	24.87 OT	12/8
3	16	Kymiah BLAIR	JR	#14 Berea (Ky.)	24.99 OT	2/17
4	20	Abby COLLIER	JR	#8 Baldwin Wallace	25.11	2/10
5	29	Meghan FRAZIER	JR	#3 Wittenberg	25.31c (25.70f)	12/9
6	37	Madison MILES	JR	#1 Mount Union	{2} 25.43 OT	12/1
7	42	Avery CAMPBELL	SR	#16 Albion	25.46c (25.85f)	2/3
8	64	Madjo DOUMBIA	JR	#4 Centre	25.59 OT	2/17
9	71	Chloe HEIN	FR	#4 Centre	{2} 25.64c (26.03f)	1/20
10	100	Sarah O'DAY	JR	Franklin	25.83c (26.23f)	2/10

Women's 400 Meters

1	2	Kenadee WAYT	SR	#1 Mount Union	55.43c (56.16f)	12/9
2	6	Madison MILES	JR	#1 Mount Union	{2} 56.19	2/10
3	7	Sara SCHERMERHORN	SO	#2 Hope	56.24 OT	1/26
4	12	Abby COLLIER	JR	#8 Baldwin Wallace	56.68 OT	2/3
5	22	Meghan FRAZIER	JR	#3 Wittenberg	57.27c (58.03f)	2/2
6	50	Sophia ELLERKMANN	SR	#24 Denison	58.14c (58.91f)	2/10
7	54	Mary MASON	JR	#1 Mount Union	{3} 58.21	2/3
8	60	Shelby STALL	FR	#6 DePauw	58.41 OT	2/17
9	61	Tymeerah DE'ARMOND	SO	#3 Wittenberg	{2} 58.43 OT	1/27
10	69	Rose TALBERT	FR	#18 Rose-Hulman	58.53c (59.30f)	2/17

Women's 800 Meters

1	2	Hope MURPHY	SR	#8 Baldwin Wallace	2:10.02 OT	2/16
2	14	Emme KOUTZ	SR	#20 Adrian	2:13.70c (2:15.24f)	2/17
3	16	Kenadee WAYT	SR	#1 Mount Union	2:13.82 OT	2/2
4	18	Mary MASON	JR	#1 Mount Union	{2} 2:14.28	2/10
5	23	Claire EBERHARDT	SR	#7 John Carroll	2:14.97	2/10
6	33	Lauren DOSCH	FR	Franciscan	2:15.53 OT	2/10
7	35	Natalie TEBBEN	JR	#12 Calvin	2:15.71 OT	2/10
8	54	Ellie KITSMILLER	JR	#7 John Carroll	{2} 2:16.78 OT	1/27
9	84	Amberleigh SORENSEN	SR	#23 Hanover	2:18.29c (2:19.88f)	2/10
10	91	Annalise GRAMMEL	SR	#6 DePauw	2:18.88 OT	2/17

Women's Mile

1	12	Hope MURPHY	SR	#8 Baldwin Wallace	4:54.79 OT	2/3
2	16	Faith DUNCAN	SO	#17 Wilmington (Ohi)	4:56.48c (4:59.41f)	2/16
3	45	Bailey PUCKETT	SO	#13 Trine	5:02.44c (5:05.43f)	2/10
4	56	Natalie TEBBEN	JR	#12 Calvin	5:04.01 OT	2/9
5	59	Gianini VENUTO	SR	#1 Mount Union	5:04.41 OT	2/9
6	74	Grace JACKSON	SR	#11 Case Western Re	5:05.71 OT	2/9
7	83	Madison STERN	SO	#2 Hope	5:06.62 OT	1/26
8	84	Lily MONNETT	JR	#6 DePauw	5:06.67 OT	2/17
9	87	Olivia QUILLAN	SR	#2 Hope	{2} 5:06.88 OT	2/9
10	99	Amberleigh SORENSEN	SR	#23 Hanover	5:07.88	2/9

Women's 3000 Meters

1	14	Faith DUNCAN	SO	#17 Wilmington (Ohi)	9:43.87 OT	2/9
2	27	Ella WEBSTER	SO	#3 Wittenberg	9:53.56	12/2
3	29	Rebecca MARKHAM	SR	#2 Hope	9:53.86 OT	1/26
4	68	Sophie PORTER	JR	#6 DePauw	10:08.05 OT	2/17
5	73	Lily MONNETT	JR	#6 DePauw	{2} 10:10.03c (10:15.26f)	2/3
6	76	AnnaSophia GOWER	FR	#5 Ohio Northern	10:10.61 OT	2/9
7	78	Jenna ALLMAN	SR	#12 Calvin	10:11.27 OT	1/26
8	79	Sophia BULL	SO	#12 Calvin	{2} 10:11.38 OT	1/26
9	90	Bailey PUCKETT	SO	#13 Trine	10:14.50c (10:19.76f)	1/20
10	92	Madison STONESTREET	SO	#14 Berea (Ky.)	10:14.68 OT	2/17

Women's 5000 Meters

1	17	Rebecca MARKHAM	SR	#2 Hope	17:03.63 OT	12/2
2	34	Maddy STRUCK	JR	#2 Hope	{2} 17:26.97 OT	12/2
3	39	Sophie PORTER	JR	#6 DePauw	17:33.44c (17:41.50f)	2/10
4	54	Jenna ALLMAN	SR	#12 Calvin	17:44.73 OT	2/9
5	57	Sophia BULL	SO	#12 Calvin	{2} 17:46.18 OT	2/9
6	60	Sophie BOULDIN	SO	#4 Centre	17:49.03	1/27
7	64	Kennedy RADER	SO	#5 Ohio Northern	17:50.63 OT	2/9
8	67	Madison STONESTREET	SO	#14 Berea (Ky.)	17:52.93	1/27
9	70	Lily MONNETT	JR	#6 DePauw	{2} 17:55.13c (18:03.36f)	2/10
10	84	Emma HAWK	SO	#3 Wittenberg	18:01.15 OT	1/27



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Great Lakes

as of 2/20/2024 6:54:44 AM ET

Women's 4x400 Relay

1	5	Madison Miles, Mary Mason, Halle Cochran, Kenadee Wayt	#1 Mount Union	3:50.68	2/10
2	21	Catherine Leahy, Sara Schermerhorn, Erin Moran, Stella Farmer	#2 Hope	3:58.84 OT	2/10
3	34	Delaney Tackett, Meghan Frazier, Abigail Danne, Tymeerah De'Armond	#3 Wittenberg	4:02.06 OT	12/2
4	44	Rosie Murray, Claire Eberhardt, Sara Gennuso, Ellie Kitsmiller	#7 John Carroll	4:04.99 OT	1/27
5	50	Kristin Fischli, Liberte Mack, Jakeisha Lewis, Kymiah Blair	#14 Berea (Ky.)	4:05.58 OT	2/17
6	53	Morgan Aloï, Abby Collier, Hope Murphy, Katurah Plecko	#8 Baldwin Wallace	4:05.96 OT	1/20
7	55	Shelby Stall, Liberty Scott, Aubrey Asdell, Annalise Grammel	#6 DePauw	4:06.45c (4:09.72f)	2/3
8	57	Rebecca Bolster, Lauren Dosch, Clara Symington, Jessica Campbell	Franciscan	4:06.52 OT	2/10
9	63	#Type!	#24 Denison	4:07.77c (4:11.05f)	2/10
10	78	#Type!	#5 Ohio Northern	4:10.50c (4:13.82f)	2/10

Women's Distance Medley Relay

1	18	Claire Eberhardt, Rosie Murray, Ellie Kitsmiller, Abby Schroff	#7 John Carroll	12:04.58	2/10
2	21	Madison Stern, Sara Schermerhorn, Erin Moran, Rebecca Markham	#2 Hope	12:06.56 OT	2/10
3	27	McKenna Downing, Brianna Montgomery, Katelyn Stapleton, Zoe Ward	#15 Ohio Wesleyan	12:29.25 OT	2/3
4	31	Carah Anteck, Kymiah Blair, Kristin Fischli, Madison Stonestreet	#14 Berea (Ky.)	12:41.92c(12:50.08f)	2/10
5	37	#Type!	#9 Wooster	12:48.90c(12:57.13f)	2/10
6	44	Bailey Puckett, Anissa Rios, Marissa Kenney, Lydia Randolph	#13 Trine	12:54.24c(13:02.53f)	1/20
7	45	Meghan Cory, Haley Cook, Hayden Setty, Faith Duncan	#17 Wilmington (Ohi)	12:54.34c(13:02.63f)	1/20
8	52	#Type!	#10 Otterbein	13:03.95c(13:12.34f)	2/10
9	53	#Type!	#1 Mount Union	13:05.14c(13:13.55f)	2/10
10	55	Megan Keys, Kyngston Collins, Emma Hawk, Mackenzie Kelley	#3 Wittenberg	13:06.58c(13:15.00f)	1/13

Women's High Jump

1	8	Alexis WEBER	FR	#10 Otterbein	1.68m	5-6	1/20
2	15	Julissa WILLIAMS	JR	#3 Wittenberg	1.67m	5-5¾	1/27
2	15	Serena MCNEILLY	FR	#4 Centre	1.67m	5-5¾	2/17
4	23	Emma KLOSTERMAN	SR	#10 Otterbein	{2} 1.65m	5-5	2/10
4	23	Cailey BEAUDOIN	SR	#20 Adrian	1.65m	5-5	12/8
6	32	Taylor WEISS	JR	#3 Wittenberg	{2} 1.64m	5-4½	1/27
7	39	Drew PATTERSON	SR	#9 Wooster	1.62m	5-3¾	2/10
8	55	Ciara HESLET	JR	#20 Adrian	{2} 1.60m	5-3	2/10
8	55	Lindsay WEININGER	SO	#5 Ohio Northern	1.60m	5-3	1/19
10	69	Natalie CHRISTNAGEL	SO	#2 Hope	1.59m	5-2½	2/9

Women's Pole Vault

1	7	Peyton PROFFITT	SO	#10 Otterbein	3.83m	12-6¾	2/17
2	8	Emily THOMPSON	SO	#22 Marietta	3.81m	12-6	2/10
3	15	Claire SCHWELLER	SO	#5 Ohio Northern	3.75m	12-3½	2/17
4	35	Holly SCHREIBER	FR	#11 Case Western Re	3.56m	11-8	2/10
5	36	Tiffany HIX	SO	#3 Wittenberg	3.55m	11-7¾	2/2
6	43	Annie WANK	FR	#11 Case Western Re	{2} 3.50m	11-5¾	1/27
7	49	Kayla MCADAMS	SR	#1 Mount Union	3.46m	11-4¼	2/10
8	72	Jessica MASON	FR	#1 Mount Union	{2} 3.37m	11-¾	2/17
9	77	Corinne INKLEY	FR	Allegheny (Pa.)	3.35m	10-11¾	1/27
9	77	Ellie FORD	SO	#5 Ohio Northern	{2} 3.35m	10-11¾	2/17
9	77	Addie BECK	FR	#15 Ohio Wesleyan	3.35m	10-11¾	2/16



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Great Lakes

as of 2/20/2024 6:54:44 AM ET

Women's Long Jump

1	12	Lauren RONCONE	SR	#1 Mount Union	5.62m	18-5¼	12/9
2	22	Jasmine CLAUNCH	SR	#4 Centre	5.58m	18-3¾	2/17
3	26	Alexis WEBER	FR	#10 Otterbein	5.53m	18-1¾	1/27
4	28	Chloe GIBSON	JR	#5 Ohio Northern	5.51m	18-1	2/2
5	32	Genevieve ARNOLD	SR	#7 John Carroll	5.50m	18-½	2/9
6	44	Jenna DELP	FR	#3 Wittenberg	5.45m	17-10¾	1/27
6	44	Mackenzie MILLER	JR	#13 Trine	5.45m	17-10¾	1/27
8	59	Callie GORMLEY	JR	#4 Centre	{2} 5.40m	17-8¾	12/2
9	82	Serena MCNEILLY	FR	#4 Centre	{3} 5.34m	17-6¼	2/17
10	85	Chloe HEIN	FR	#4 Centre	{4} 5.33m	17-6	2/10

Women's Triple Jump

1	3	Jasmine CLAUNCH	SR	#4 Centre	12.18m	39-11½	2/17
2	13	Paula SORIC	JR	#25 Kenyon	11.74m	38-6¼	12/2
3	24	Rofiat ADEYEMI	SR	#18 Rose-Hulman	11.45m	37-6¾	2/2
4	29	Emma FEHRMAN	JR	#22 Marietta	11.38m	37-4	12/1
4	29	Serena MCNEILLY	FR	#4 Centre	{2} 11.38m	37-4	2/10
6	38	Genevieve ARNOLD	SR	#7 John Carroll	11.29m	37-½	2/3
7	51	Emily HOPKINS	SR	#11 Case Western Re	11.15m	36-7	2/10
8	57	Shelby SMITH	SR	#4 Centre	{3} 11.12m	36-5¾	2/10
9	63	Tori MILLER	SR	#7 John Carroll	{2} 11.08m	36-4¼	12/1
10	66	Sarah OZEKI	JR	#11 Case Western Re	{2} 11.07m	36-4	12/2

Women's Shot Put

1	6	Carley CAMP	JR	#21 Manchester	14.02m	46-0	2/17
2	29	Jessie STENGER	JR	#23 Hanover	13.19m	43-3¼	2/3
3	38	Makayla SITZLAR	SO	#1 Mount Union	13.02m	42-8¾	1/27
4	41	Evie SANFORD	SO	#9 Wooster	12.92m	42-4¾	2/3
5	43	Greta ROBRAHN	JR	#2 Hope	12.90m	42-4	2/9
6	54	Makenna RUDY	FR	#1 Mount Union	{2} 12.66m	41-6½	12/9
7	58	Lauren FOUTCH	SR	#4 Centre	12.64m	41-5¾	12/2
7	58	Kamryn BICE	SO	#2 Hope	{2} 12.64m	41-5¾	1/20
9	66	Amyah CHOSA	FR	#8 Baldwin Wallace	12.54m	41-1¾	2/10
10	85	Bree MAHONEY-SUTHERLAND	JR	#6 DePauw	12.33m	40-5½	2/10

Women's Weight Throw

1	15	Izzy BURMAN	JR	#5 Ohio Northern	17.40m	57-1	2/9
2	16	Ainsley WIESNER	SR	#9 Wooster	17.36m	56-11½	2/16
3	37	Carley CAMP	JR	#21 Manchester	16.31m	53-6¼	1/12
4	39	Abby CANNON	SR	#19 Oberlin	16.22m	53-2¾	2/2
5	53	Buzz KLINE	SR	#1 Mount Union	15.77m	51-9	2/17
6	55	Lauren FOUTCH	SR	#4 Centre	15.76m	51-8½	2/10
7	60	Adrienne WACHTMAN	SR	#11 Case Western Re	15.66m	51-4½	2/10
8	62	Tess ANTHONY	JR	#16 Albion	15.57m	51-1	2/9
9	67	Michelle LEE	SO	#11 Case Western Re	{2} 15.44m	50-8	2/9
10	73	Elizabeth NAGY	JR	#15 Ohio Wesleyan	15.38m	50-5½	2/10

Women's Pentathlon

1	26	Hayden HILL	SR	#19 Oberlin	3,139	2/18
2	32	Katie MOORE	JR	#6 DePauw	3,079	2/18
3	38	Daysia HARGRAVE	JR	#9 Wooster	2,993	2/18
4	58	Helena SNYDER	JR	Alma	2,829 OT	12/2
5	67	Ziciah GIBSON	SO	#3 Wittenberg	2,770	2/18
6	70	Lainee VALENTINE	JR	#3 Wittenberg	{2} 2,753	2/18
7	90	Charlie DOLLIVER	SO	#10 Otterbein	2,604	2/9
8		Amanda RADKE	SR	#10 Otterbein	{2} 2,558	2/9
9		Hazel JOLLIFF	SO	#15 Ohio Wesleyan	2,372	2/18
10		Ava KLANN	JR	#15 Ohio Wesleyan	{2} 2,257	2/18



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Metro

as of 2/20/2024 6:54:45 AM ET

Women's 60 Meters

1	10	Zrreyah MOORE	SR	#7 Rutgers-Newark	7.67	2/9
2	15	Maria MUZZARELLI	JR	#3 Widener	7.69	1/12
3	36	Laura MATHEWS	SR	#4 Stevens	7.79	1/20
4	66	Chidimma IGWE	SR	#7 Rutgers-Newark {2}	7.86	12/1
5	79	Mariam KOITA	FR	#3 Widener {2}	7.90	2/3
6		Jayla GORE	SO	#3 Widener {3}	7.95	2/3
6		Michelle ITOUA	SO	#18 Montclair State	7.95	2/2
8		Mackenzie BURKE	FR	#2 TCNJ	7.99	12/2
9		Ashanae MORRISON	JR	#5 Stockton	8.00	12/9
9		Molly LODGE	JR	#1 Rowan	8.00	2/2
9		Rebecca KNEPPEL	JR	#9 Ramapo	8.00	12/2

Women's 60 Meter Hurdles

1	4	Laura MATHEWS	SR	#4 Stevens	8.62	2/17
2	35	Kristen WILLIAMS	SR	#4 Stevens {2}	9.05	2/17
3	42	Eliza BRUNCAJ	JR	#2 TCNJ	9.09	2/10
4	50	Maya RICHWINE	FR	#14 Muhlenberg	9.15	2/2
5	67	Samantha WECHSLER	FR	#6 Ursinus	9.22	2/10
6	79	Olivia SMIAROWSKA	FR	#20 Delaware Valley	9.28	2/2
7		Brya BYRD	SR	#7 Rutgers-Newark	9.47	2/9
8		Carmelle ALEXIS	SO	#7 Rutgers-Newark {2}	9.49	2/9
9		Mackenzie BURKE	FR	#2 TCNJ {2}	9.53	2/2
10		Cristen MOLIWOLO	SO	#5 Stockton	9.60	12/9

Women's 200 Meters

1	12	Zrreyah MOORE	SR	#7 Rutgers-Newark	24.92	2/9
2	14	Laura MATHEWS	SR	#4 Stevens	24.95c (25.33f)	2/17
3	35	Jasmine POPE	JR	#1 Rowan	25.42	2/2
4	40	Jasmine BROADWAY	JR	#1 Rowan {2}	25.44	12/1
5	68	Chidimma IGWE	SR	#7 Rutgers-Newark {2}	25.61	1/19
6	78	Maria MUZZARELLI	JR	#3 Widener	25.70	2/9
7	82	Mariam KOITA	FR	#3 Widener {2}	25.75	2/9
7	82	Abigail GIAMONI	JR	#8 Moravian	25.75	2/16
9	88	Rebecca KNEPPEL	JR	#9 Ramapo	25.76	2/2
10	100	Molly LODGE	JR	#1 Rowan {3}	25.83	1/27
10	100	Eliza BRUNCAJ	JR	#2 TCNJ	25.83	2/10

Women's 400 Meters

1	5	Zrreyah MOORE	SR	#7 Rutgers-Newark	55.93	2/9
2	13	Nevaeh LORJUSTE	JR	#1 Rowan	56.88	12/1
3	41	Kathleen PEDERSEN	SR	#1 Rowan {2}	57.90	2/10
4	52	Olivia D'AULERIO	SO	#11 Haverford	58.16c (58.93f)	2/3
4	52	Molly LODGE	JR	#1 Rowan {3}	58.16	2/10
6	67	Jasmine POPE	JR	#1 Rowan {4}	58.49	12/1
7	80	Abigail GIAMONI	JR	#8 Moravian	58.77	2/9
8	85	Isabel THORNBERRY	SR	#11 Haverford {2}	58.84c (59.62f)	2/17
9	95	Rebecca KNEPPEL	JR	#9 Ramapo	58.98	2/2
10		Emily CAMLET	SO	#13 Drew	59.57	2/10

Women's 800 Meters

1	24	Dale LEONARD	FR	#9 Ramapo	2:15.01	2/2
2	34	Kayla KASS	SO	#5 Stockton	2:15.59	2/9
3	39	Anna SASSE	JR	#1 Rowan	2:16.05	1/27
4	56	Brooke ADAMS	JR	#6 Ursinus	2:16.91c (2:18.48f)	1/27
5	94	Donna HOLT	JR	#3 Widener	2:19.07	2/10
6		Amanda MCNALLY	JR	#1 Rowan {2}	2:20.24	2/2
7		Isabel THORNBERRY	SR	#11 Haverford	2:20.62c (2:22.24f)	2/3
8		Micah GORDLEY	SR	#12 Arcadia	2:20.84c (2:22.46f)	1/27
9		Ally WERNIK	FR	#1 Rowan {3}	2:21.18	2/2
10		Gianna BURGIO	SO	#1 Rowan {4}	2:21.49	2/2

Women's Mile

1	15	Dale LEONARD	FR	#9 Ramapo	4:54.99	2/10
2	36	Gabriella NYE	SO	#3 Widener	5:00.87	2/16
3	39	Anna SASSE	JR	#1 Rowan	5:01.51	2/2
4		Suzanne ZAUGG	SR	#9 Ramapo {2}	5:13.88	12/8
5		Liz EGAN	SO	#3 Widener {2}	5:14.62c (5:17.73f)	2/3
6		Micah GORDLEY	SR	#12 Arcadia	5:14.85c (5:17.96f)	2/3
7		Ally WERNIK	FR	#1 Rowan {2}	5:17.33c (5:20.47f)	1/27
8		Tara SMURLA	SO	#8 Moravian	5:18.14c (5:21.28f)	1/27
9		Amanda MCNALLY	JR	#1 Rowan {3}	5:19.40c (5:22.56f)	1/27
10		Savannah SHAW	SO	#11 Haverford	5:19.60	2/9

Women's 3000 Meters

1	51	Dale LEONARD	FR	#9 Ramapo	10:03.34	12/8
2	71	Gabriella NYE	SO	#3 Widener	10:09.27c(10:14.49f)	1/27
3		Liz EGAN	SO	#3 Widener {2}	10:25.51c(10:30.87f)	1/27
4		Emily HOEGLER	JR	#2 TCNJ	10:36.62	2/2
5		Tara SMURLA	SO	#8 Moravian	10:37.99c(10:43.46f)	2/3
6		Jaelyn BARKLEY	JR	#5 Stockton	10:39.28	2/9
7		Haley ESTUS	JR	#17 DeSales	10:40.78	2/9
8		Aubrey JOHNSON	SR	#18 Montclair State	10:41.57c(10:47.07f)	1/27
9		Suzanne ZAUGG	SR	#9 Ramapo {2}	10:42.72	1/19
10		Mia GUERRA	JR	#1 Rowan	10:46.60c(10:52.14f)	1/27

Women's 5000 Meters

1	38	Gabriella NYE	SO	#3 Widener	17:32.98c(17:41.04f)	2/3
2		Olivia MONTINI	SO	#10 Swarthmore	18:08.11c(18:16.44f)	12/8
3		Tara SMURLA	SO	#8 Moravian	18:18.52c(18:26.93f)	1/20
4		Suzanne ZAUGG	SR	#9 Ramapo	18:31.87	12/2
5		Mia GUERRA	JR	#1 Rowan	18:34.48	2/2
6		Jaelyn BARKLEY	JR	#5 Stockton	18:34.52c(18:43.05f)	1/20
7		Liz EGAN	SO	#3 Widener {2}	18:38.15	2/9
8		Kathryn LONG	SO	#3 Widener {3}	18:39.78c(18:48.35f)	2/3
9		Ryann WAUTHIER	JR	#6 Ursinus	18:44.38	2/10
10		Micah GORDLEY	SR	#12 Arcadia	18:56.82	12/2



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Metro

as of 2/20/2024 6:54:45 AM ET

Women's 4x400 Relay

1	13	Jasmine Broadway, Molly Lodge, Nevaeh Lorjuste, Kathleen Pedersen	#1 Rowan	3:53.48	12/1
2	31	Kelly O'Grady, Eliza Bruncaj, Rukiyat Daranijo, Amanda Demko	#2 TCNJ	4:01.70c (4:04.90f)	1/20
3	35	Emma Conroy, Emma Petrolia, Abigail Petrolia, Kayla Kass	#5 Stockton	4:02.16	1/27
4	40	Laura Mathews, Isabella Shanley, Allie Canciani, Stephanie Ryazanova	#4 Stevens	4:03.77	2/9
5	62	#Type!	#7 Rutgers-Newark	4:07.68	1/19
6	83	Tashyah Sample, Brooke Adams, Meghan Carroll, Kaelin Ryan	#6 Ursinus	4:10.80	2/10
7	86	Olivia D'Aulerio, Adriana Cruz-Soto, Dominique Monroy, Isabel Thornberry	#11 Haverford	4:10.93c (4:14.26f)	2/3
8		Racquel Ramey, Abigail Giamoni, Shai Knight, Rachele Grigoli	#8 Moravian	4:13.25c (4:16.61f)	2/3
9		#Type!	#15 Eastern (Pa.)	4:16.74c (4:20.14f)	1/27
10		Morgan Mouer, Hannah Garrou, Lydia Morris-Kliment, Sophia Goodwin	#10 Swarthmore	4:16.88c (4:20.29f)	2/3

Women's Distance Medley Relay

1	19	Ally Wernik, Molly Lodge, Amanda McNally, Anna Sasse	#1 Rowan	12:05.88	2/10
2	42	Kayla Kass, Kayla Sullivan, Olivia Harris, Jaelyn Barkley	#5 Stockton	12:51.65	2/9
3	46	Dominique Monroy, Anna Berry, Isabel Thornberry, Savannah Shaw	#11 Haverford	12:56.74	2/9
4	54	Nina Burden, Isabel Vogel, Jacqueline Lulaj, Rachel Rouse	#4 Stevens	13:05.43	1/27
5	96	#Type!	#16 Bryn Mawr	13:57.48	1/12
6		Mary Steinbicker, Olivia Morris, Jayla Gross, Aubrey Donahue	#22 Immaculata	14:17.59c (14:26.77f)	2/17
7		Sarah Cawley, Ava Hunwick, Finn Powell, Christina Sancho-Spore	#19 Pratt Institute	14:20.06	1/19
8		Andie Hollander, Abby Durbano, Nina Viglianti, Elizabeth Chidester	#17 DeSales	15:43.23c (15:53.33f)	1/20
9		Aaliyah Bartholomew, Nana Samake, Lovely Joseph, Lambert Jada	#24 Medgar Evers	18:55.82c (19:12.76u)	1/13

Women's High Jump

1	19	Kayley HARNETT	SR	#2 TCNJ	1.66m	5-5¼	12/9
2	23	Caroline TIGHE	JR	#4 Stevens	1.65m	5-5	2/9
2	23	Avery MCNULTY	SO	#14 Muhlenberg	1.65m	5-5	1/26
4	39	Melina CHRISTODOULOU	SR	#13 Drew	1.62m	5-3¾	1/12
5	69	Sarah SCEPKOWSKI	SO	#2 TCNJ	{2} 1.59m	5-2½	2/4
6	79	Jocelynn ITTERLY	SR	#8 Moravian	1.58m	5-2¼	12/9
6	79	Kaitlyn VERVER	JR	#5 Stockton	1.58m	5-2¼	12/9
8	92	Emily TRELSTAD	JR	#10 Swarthmore	1.57m	5-1¾	1/12
8	92	Abigail PFAFF	JR	#2 TCNJ	{3} 1.57m	5-1¾	1/12
8	92	Alexis GROFF	SR	#8 Moravian	{2} 1.57m	5-1¾	2/9
8	92	Maya LAPINSKI	FR	#4 Stevens	{2} 1.57m	5-1¾	12/2
8	92	Ali HAEFELE	SO	#8 Moravian	{2} 1.57m	5-1¾	2/9



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Metro

as of 2/20/2024 6:54:45 AM ET

Women's Pole Vault

1	90	Alexis MEROLA	SO	#4 Stevens	3.30m	10-9¾	1/20
1	90	Emerson DIRK	FR	#2 TCNJ	3.30m	10-9¾	12/2
1	90	Savannah STEGER	SR	#3 Widener	3.30m	10-9¾	2/3
4		Paige CARPENTER	JR	#15 Eastern (Pa.)	3.19m	10-5½	2/2
4		Julia DAKWAR	SR	#2 TCNJ	{2} 3.19m	10-5½	2/2
6		Stephanie RYAZANOVA	SO	#4 Stevens	{2} 3.05m	10-0	2/9
6		Juniper BAUROTH-SHERMAN	SO	#6 Ursinus	3.05m	10-0	2/3
8		Maya SCANNELL	FR	#2 TCNJ	{3} 3.00m	9-10	12/2
8		Emma MELE	JR	#17 DeSales	3.00m	9-10	2/17
10		Alice CREED	SR	#11 Haverford	2.90m	9-6¼	2/9

Women's Long Jump

1	7	Rainah DUNHAM	SR	#6 Ursinus	5.68m	18-7¾	2/10
2	10	Laura MATHEWS	SR	#4 Stevens	5.64m	18-6	2/9
3		Sage HENDERSHOT	FR	#13 Drew	5.27m	17-3½	2/16
4		Lia MALAVE	FR	#2 TCNJ	5.25m	17-2¾	1/20
5		Jessica JOHNSON	SO	#16 Bryn Mawr	5.21m	17-1¼	12/2
5		Emma PETROLIA	SO	#5 Stockton	5.21m	17-1¼	2/2
7		Samantha WECHSLER	FR	#6 Ursinus	{2} 5.20m	17-¾	1/20
8		Ali HAEFELE	SO	#8 Moravian	5.19m	17-½	2/16
9		Lydia MORRIS-KLIMENT	FR	#10 Swarthmore	5.15m	16-10¾	2/17
9		Roxy ILIESCU	SR	#12 Arcadia	5.15m	16-10¾	2/3

Women's Triple Jump

1	5	Rainah DUNHAM	SR	#6 Ursinus	12.04m	39-6	2/10
2	40	Kayla ROBINSON	FR	#3 Widener	11.28m	37-¼	2/17
3	43	Mia FLEMING	FR	#12 Arcadia	11.23m	36-10¼	1/27
4	66	Khristina WASHINGTON	JR	#5 Stockton	11.07m	36-4	12/1
5	80	Ali HAEFELE	SO	#8 Moravian	10.96m	35-11½	2/9
6	96	Samantha WECHSLER	FR	#6 Ursinus	{2} 10.86m	35-7¾	2/10
7		Hannah SWALE	SO	#10 Swarthmore	10.83m	35-6½	2/18
8		Melina CHRISTODOULOU	SR	#13 Drew	10.82m	35-6	2/16
9		Emma PETROLIA	SO	#5 Stockton	{2} 10.78m	35-4½	2/2
10		Sophia GOODWIN	FR	#10 Swarthmore	{2} 10.68m	35-½	1/27

Women's Shot Put

1	16	Isabelle DEAL	SR	#1 Rowan	13.57m	44-6¼	2/10
2	42	Kerri MCCARTHY	JR	#2 TCNJ	12.91m	42-4¼	1/20
3	58	Kayla ROBINSON	FR	#3 Widener	12.64m	41-5¾	2/17
4	72	Tate GARCIA	SO	#10 Swarthmore	12.47m	40-11	2/18
5	77	Shanil AUGUSTE	SR	#7 Rutgers-Newark	12.42m	40-9	12/1
6	81	Edith GONZALEZ	SR	#2 TCNJ	{2} 12.37m	40-7	1/27
7	90	Sarah WILCHER	SO	#11 Haverford	12.30m	40-4¼	1/27
8		Donya BAXTER	SO	#12 Arcadia	12.06m	39-6¾	1/20
9		Jacqueline ALLEN	JR	#6 Ursinus	11.92m	39-1¼	1/20
10		Savana DODD	FR	#15 Eastern (Pa.)	11.78m	38-7¾	2/2

Women's Weight Throw

1	61	Jessica REILLY	JR	#2 TCNJ	15.60m	51-2¼	12/9
2	83	Shanil AUGUSTE	SR	#7 Rutgers-Newark	15.16m	49-9	2/9
3	84	Alexis MARINI	SR	#21 Rutgers-Camden	15.13m	49-7¾	1/20
4		Isabelle DEAL	SR	#1 Rowan	14.79m	48-6¼	2/10
5		Kerri MCCARTHY	JR	#2 TCNJ	{2} 14.71m	48-3¼	1/20
6		Edith GONZALEZ	SR	#2 TCNJ	{3} 14.60m	47-10¾	1/27
7		Elizabeth AGYEI	JR	#10 Swarthmore	14.57m	47-9¾	1/12
8		Isabel RODRIGUEZ	SO	#3 Widener	14.52m	47-7¾	2/3
9		Isabella FREDIA	JR	#5 Stockton	14.45m	47-5	2/9
10		Savana DODD	FR	#15 Eastern (Pa.)	14.38m	47-2¼	2/9



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Mid-Atlantic

as of 2/20/2024 6:54:45 AM ET

Women's 60 Meters

1	17	Lauren PHILLIPS	JR	#1 Johns Hopkins	7.70	1/12
2	20	Chloe ZHANG	FR	#1 Johns Hopkins {2}	7.72	12/2
3	27	Leah GRAY	JR	#21 Penn State Harri	7.76	1/27
4	36	Victoria KADIRI	JR	#1 Johns Hopkins {3}	7.79	1/20
5		Alexa RINE	SR	#3 Susquehanna	7.95	2/4
6		Lauren DUNNIGAN	FR	#16 Franklin & Marsh	7.98	2/9
7		Jarrett WAGNER	SR	#14 Elizabethtown	7.99	2/17
7		Jada BENJAMIN	SO	#22 Bethany (W.Va.)	7.99	2/17
9		Jessica FATIGATI	SR	#5 Westminster (Pa)	8.00	1/19
9		Sara PENUELA	SR	#4 Dickinson	8.00	2/2

Women's 60 Meter Hurdles

1	8	Elizabeth BARRE	SR	#2 Carnegie Mellon	8.75	2/16
2	9	Chloe YODER	SR	#3 Susquehanna	8.76	2/4
3	35	Victoria KADIRI	JR	#1 Johns Hopkins	9.05	1/27
4	39	Lauren DUNNIGAN	FR	#16 Franklin & Marsh	9.07	2/3
5	56	Hannah ALDERFER	JR	#3 Susquehanna {2}	9.17	12/9
6	90	Darya MIKUSOVA	SR	#4 Dickinson	9.32	2/17
7		Molly WHITE	SO	#11 Scranton	9.38	2/17
8		Anna STROUP	JR	#7 Washington & Je	9.49	2/16
9		Sarah SCHNEIDER	SO	#7 Washington & Je{2}	9.50	2/16
10		Breannnda DAVIS	SR	#5 Westminster (Pa)	9.51	2/3
10		Caroline KOZERA	FR	Saint Vincent	9.51	2/10

Women's 200 Meters

1	22	Lauren PHILLIPS	JR	#1 Johns Hopkins	25.14	2/10
2	64	Emerlee SIMONS	SR	#4 Dickinson	25.59c (25.98f)	2/17
3	95	Chloe YODER	SR	#3 Susquehanna	25.81c (26.21f)	2/16
4		Sara PENUELA	SR	#4 Dickinson {2}	25.91c (26.31f)	12/3
5		Halle JENNETT	JR	#10 Messiah	25.94c (26.34f)	2/3
6		Jocelyn SMITH	FR	#11 Scranton	26.08	2/10
7		Darrian BERKHEIMER	JR	#6 Lebanon Valley	26.18c (26.58f)	12/8
8		Emma RUDOLPH	SR	#5 Westminster (Pa)	26.22 OT	2/3
9		Jessica FATIGATI	SR	#5 Westminster (Pa){2}	26.26 OT	2/10
10		Samantha SHARROW	SO	#11 Scranton {2}	26.37c (26.78f)	1/27

Women's 400 Meters

1	4	Lauren PHILLIPS	JR	#1 Johns Hopkins	55.90	2/10
2	88	Darya MIKUSOVA	SR	#4 Dickinson	58.91c (59.69f)	12/3
3	93	Katie MORGAN	JR	#23 McDaniel	58.97c (59.75f)	2/16
4		Lianne SAUSSY	SO	#1 Johns Hopkins {2}	59.25	2/10
5		Emerlee SIMONS	SR	#4 Dickinson {2}	59.61c (1:00.40f)	12/9
6		Lillian BOUDREAU	SO	#24 Gettysburg	1:00.12c (1:00.91f)	12/8
7		Lorna ARCESE	SO	#1 Johns Hopkins {3}	1:00.18	2/10
8		Darrian BERKHEIMER	JR	#6 Lebanon Valley	1:00.37	2/2
9		Mia HILL	SO	#8 Salisbury	1:00.42c (1:01.22f)	2/17
10		Anna ZAESKE	JR	#1 Johns Hopkins {4}	1:00.71	2/10

Women's 800 Meters

1	4	Tanise THORNTON - FILLYAW	SO	#20 Goucher	2:11.83c (2:13.35f)	1/27
2	17	Annie HUANG	JR	#1 Johns Hopkins	2:13.83	1/19
3	31	Harrinee SENTHILKUMAR	JR	#1 Johns Hopkins {2}	2:15.43	2/2
4	61	Isabella RHEE	SR	#2 Carnegie Mellon	2:17.11	2/10
5	66	Hailey CARROLL	SO	#19 Geneva	2:17.56c (2:19.14f)	2/10
6	85	Grace MORNINGSTAR	FR	#9 Misericordia	2:18.42c (2:20.01f)	1/27
7	94	Emma KOTHARI	SO	#1 Johns Hopkins {3}	2:19.07	2/2
8	98	Lydia BENNETT	JR	#13 Grove City	2:19.15 OT	2/3
9		Lauren BUNKE	SR	#6 Lebanon Valley	2:19.61	2/2
10		Diana VALENTINI	FR	#1 Johns Hopkins {4}	2:20.15	2/10

Women's Mile

1	17	Mackenzie SETTON	SO	#1 Johns Hopkins	4:56.59	2/10
2	31	Harrinee SENTHILKUMAR	JR	#1 Johns Hopkins {2}	5:00.33c (5:03.30f)	1/27
3	43	Sara STEPHENSON	SR	#1 Johns Hopkins {3}	5:02.24	2/2
4	46	Claire ANDERSON	SO	#7 Washington & Je	5:02.49 OT	2/10
5	55	Hailey CARROLL	SO	#19 Geneva	5:03.95c (5:06.95f)	2/10
6	57	Amiyah PRIEBE	JR	#4 Dickinson	5:04.16	2/2
7	60	Callie JONES	SR	#1 Johns Hopkins {4}	5:04.76c (5:07.77f)	1/27
8	73	Orit SHIANG	FR	#2 Carnegie Mellon	5:05.68c (5:08.70f)	1/27
9	78	Lauren BUNKE	SR	#6 Lebanon Valley	5:06.24c (5:09.27f)	2/9
10	85	Lydia BENNETT	JR	#13 Grove City	5:06.74c (5:09.77f)	1/27

Women's 3000 Meters

1	16	Sara STEPHENSON	SR	#1 Johns Hopkins	9:47.85	2/10
2	37	Izzy NOBILLI	SO	#1 Johns Hopkins {2}	9:58.75	2/10
3	47	Adriana CATALANO	SO	#1 Johns Hopkins {3}	10:02.50	2/10
4	65	Anna BODMER	FR	#8 Salisbury	10:07.93c(10:13.14f)	2/17
5	72	Sarah CONANT	SR	#1 Johns Hopkins {4}	10:09.60	2/10
6	83	Cassie CARR	JR	#7 Washington & Je	10:11.82c(10:17.06f)	1/13
7	85	Lauren BUNKE	SR	#6 Lebanon Valley	10:12.33c(10:17.58f)	1/20
8	91	Orit SHIANG	FR	#2 Carnegie Mellon	10:14.58 OT	1/20
9	94	Mackenzie SETTON	SO	#1 Johns Hopkins {5}	10:15.33	12/2
10		Emily HOPKINS	SO	#11 Scranton	10:16.88	2/10

Women's 5000 Meters

1	11	Sara STEPHENSON	SR	#1 Johns Hopkins	16:51.19c(16:58.93f)	1/27
2	36	Orit SHIANG	FR	#2 Carnegie Mellon	17:27.08	2/10
3	52	Claire ANDERSON	SO	#7 Washington & Je	17:44.51 OT	1/27
4	59	Anna BODMER	FR	#8 Salisbury	17:46.97c(17:55.14f)	2/17
5	68	Grace GALLAGHER	SO	#9 Misericordia	17:54.39c(18:02.61f)	1/12
6	72	Sarah CONANT	SR	#1 Johns Hopkins {2}	17:55.80c(18:04.03f)	1/27
7	73	Izzy NOBILLI	SO	#1 Johns Hopkins {3}	17:55.92c(18:04.16f)	1/27
8	75	Aisling CALLAHAN	SO	#1 Johns Hopkins {4}	17:56.28c(18:04.52f)	1/27
9	92	Cassie CARR	JR	#7 Washington & Je{2}	18:03.84c(18:12.14f)	12/2
10		Hailey CARROLL	SO	#19 Geneva	18:15.35 OT	12/1



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Mid-Atlantic

as of 2/20/2024 6:54:45 AM ET

Women's 4x400 Relay

1	11	Lauren Phillips, Lianne Saussy, Lorna Arcese, Annie Huang	#1 Johns Hopkins	3:52.36	2/10
2	39	Darya Mikusova, Marley Kurey, Mariana Penuela, Sara Penuela	#4 Dickinson	4:02.98	2/2
3	67	Halle Jennett, Kerrigan Lebo, Arwyn Gruenwald, Emma Graybill	#10 Messiah	4:08.29c (4:11.58f)	1/27
4	71	Jiahui Tang, Emily Lannen, Rhythm Satav, Isabella Rhee	#2 Carnegie Mellon	4:09.20c (4:12.50f)	1/27
5	73	Darrian Berkheimer, Abigail Reed, Alyssa Peiffer, Mileyska Calderon	#6 Lebanon Valley	4:09.30	2/2
6	81	Tamyah Ray, Caitlyn Goodrich, Jessica Fatigati, Abigail Painter	#5 Westminster (Pa)	4:10.68 OT	1/27
7	92	Mia Hill, Peri Nelson, Madison Lamb, Kara Forvil	#8 Salisbury	4:11.73c (4:15.07f)	2/17
8		Carolyn Colteryahn, Natalie Minnaar, Audrey Karwowski, Lydia Bennett	#13 Grove City	4:13.36 OT	2/10
9		Casey Allen, Madison Kammer, Kristin Gallagher, Grace Morningstar	#9 Misericordia	4:14.01c (4:17.38f)	2/4
10		Addison Yaukey, Caitlyn Kuhn, Alexa Rine, Chloe Yoder	#3 Susquehanna	4:14.64c (4:18.02f)	2/4

Women's Distance Medley Relay

1	9	Mackenzie Setton, Lauren Phillips, Annie Huang, Harrinee Senthilkumar	#1 Johns Hopkins	11:43.72	2/10
2	24	Kaylynn Johnson, Grace Smith, Lydia Bennett, Annie Hermann	#13 Grove City	12:25.32 OT	2/10
3	33	Kristin Gallagher, Madison Kammer, Grace Morningstar, Madison Fleschut	#9 Misericordia	12:42.63c (12:50.80f)	1/27
4	56	Maria Gilles, Cali LaRue, Grace Reid- Vensel, Cassie Carr	#7 Washington & Je	13:07.96c (13:16.40f)	1/20
5	59	Leah Snyder, Madison Lamb, Peri Nelson, Alyssa Santoro	#8 Salisbury	13:10.17c (13:18.63f)	2/17
6	72	Emma Myers, Victoria Urbacz, Sophia Bostwick, Katie Wojton	#3 Susquehanna	13:24.43c (13:33.04f)	1/27
7	83	Emily Hopkins, Alexandra Roueche, Anyia Kelly, Maria Viola	#11 Scranton	13:39.32c (13:48.09f)	1/20
8	92	Ella Boothe, Gabrielle Reifsnnyder, Lilly Ryer, Grace Tanksley	Waynesburg	13:54.02c (14:02.95f)	1/27
9	93	Julia Johnson, Ava Butcher, Elizabeth Porto, Zoe Tomko	#12 King's College (P	13:56.09c (14:05.04f)	1/27
10	95	Kaylee Holston, Dina Jones, Brittney Douglas, Elizabeth Robey	St. Mary's (Md.)	13:57.45c (14:06.42f)	1/27

Women's High Jump

1	5	Elizabeth BARRE	SR	#2 Carnegie Mellon	1.70m	5-7	1/27
2	33	Aurielle BRUNNER	JR	#15 Chatham	1.63m	5-4¼	2/9
3	39	Breanna DAVIS	SR	#5 Westminster (Pa)	1.62m	5-3¾	2/3
3	39	Olivia BARBACCI	SO	#17 Juniata	1.62m	5-3¾	2/9
5	51	Casey ALLEN	JR	#9 Misericordia	1.61m	5-3¼	2/9
6	55	Ashley RICH	FR	#14 Elizabethtown	1.60m	5-3	2/2
6	55	Fatkhia TIKHTOVA	FR	#6 Lebanon Valley	1.60m	5-3	12/8
8	92	Elly BRUNER	FR	#13 Grove City	1.57m	5-1¾	2/17
8	92	Victoria KADIRI	JR	#1 Johns Hopkins	1.57m	5-1¾	1/27
8	92	Allison HUELBIG	SO	#16 Franklin & Marsh	1.57m	5-1¾	1/27



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Mid-Atlantic

as of 2/20/2024 6:54:45 AM ET

Women's Pole Vault

1	2	Emma RUDOLPH	SR	#5 Westminster (Pa)	4.03m	13-2½	2/16
2	13	Madison CONLEY	SR	#5 Westminster (Pa){2}	3.76m	12-4	2/3
3	72	Hazel BUONOPANE	FR	#2 Carnegie Mellon	3.37m	11-¾	2/17
3	72	Jo-Michelle HUCZKO	SR	#2 Carnegie Mellon	3.37m	11-¾	2/17
5	76	Emily ORIEL	SO	#6 Lebanon Valley	3.36m	11-¼	1/12
6	88	Missy TREHARN	SO	#5 Westminster (Pa){3}	3.31m	10-10¼	2/3
7	90	Hannah WITTER	SO	#10 Messiah	3.30m	10-9¾	2/3
7	90	Victoria ZULTEVICZ	JR	#12 King's College (P	3.30m	10-9¾	2/3
7	90	Bianca SKELTON	SR	#1 Johns Hopkins	3.30m	10-9¾	2/10
7	90	Rachel SNAVELY	JR	#6 Lebanon Valley {2}	3.30m	10-9¾	2/9
7	90	Cassidy BROWN	JR	#1 Johns Hopkins	3.30m	10-9¾	12/2
7	90	Olivia BARBACCI	SO	#17 Juniata	3.30m	10-9¾	2/17

Women's Long Jump

1	3	Victoria KADIRI	JR	#1 Johns Hopkins	5.92m	19-5¼	2/3
2	6	Aurielle BRUNNER	JR	#15 Chatham	5.85m	19-2½	2/9
3	17	Elizabeth BARRE	SR	#2 Carnegie Mellon	5.59m	18-4¼	1/27
3	17	Sara PENUELA	SR	#4 Dickinson	5.59m	18-4¼	2/17
5	37	Hannah ALDERFER	JR	#3 Susquehanna	5.48m	17-11¾	12/9
6	47	Mileyshka CALDERON	FR	#6 Lebanon Valley	5.44m	17-10¼	2/9
6	47	Marlyse HAACK	SO	#8 Salisbury	5.44m	17-10¼	2/17
8	64	Remi ACORD	JR	#3 Susquehanna {2}	5.39m	17-8¼	1/27
9	85	Sara BARTLETT	JR	#1 Johns Hopkins {2}	5.33m	17-6	12/2
10	92	Mia HILL	SO	#8 Salisbury {2}	5.32m	17-5½	2/17

Women's Triple Jump

1	1	Victoria KADIRI	JR	#1 Johns Hopkins	12.86m	42-2¼	1/20
2	2	Shinelle FELIX	JR	#18 Alvernia	12.67m	41-7	1/27
3	10	Sara BARTLETT	JR	#1 Johns Hopkins {2}	11.80m	38-8¾	2/10
4	29	Aurielle BRUNNER	JR	#15 Chatham	11.38m	37-4	2/9
5	41	Julia ACEVEDO	SR	#3 Susquehanna	11.27m	36-11¾	2/17
6	55	Remi ACORD	JR	#3 Susquehanna {2}	11.14m	36-6¾	1/27
7	82	Iniyaa MOHANRAJ	SO	#2 Carnegie Mellon	10.95m	35-11¼	2/10
8	86	Mylina CASTILLO	JR	#18 Alvernia {2}	10.92m	35-10	2/3
9	96	Elena VARGAS	JR	#10 Messiah	10.86m	35-7¾	1/20
9	96	Jocelyn KIEFEL	JR	#2 Carnegie Mellon {2}	10.86m	35-7¾	1/27

Women's Shot Put

1	48	Mylea NEIDIG	SR	#14 Elizabethtown	12.74m	41-9¾	2/17
2	61	Rosalyn PAGE	JR	#25 Marywood	12.60m	41-4¼	2/17
2	61	Lexi SHIDERLY	JR	#5 Westminster (Pa	12.60m	41-4¼	1/27
4	66	Brandy VARNER	SO	#12 King's College (P	12.54m	41-1¾	1/27
5	75	Victoria KADIRI	JR	#1 Johns Hopkins	12.45m	40-10¼	1/27
6	77	Erika EZUMBA	SO	#1 Johns Hopkins {2}	12.42m	40-9	2/2
7	85	Abby EVERETT	SR	#4 Dickinson	12.33m	40-5½	2/2
8		Maggie BOYER	SR	#3 Susquehanna	12.03m	39-5¾	2/4
9		Jillian ZUKLEY	FR	St. Mary's (Md.)	11.93m	39-1¾	1/27
10		Caroline REED	JR	#6 Lebanon Valley	11.81m	38-9	2/2

Women's Weight Throw

1	20	Maggie BOYER	SR	#3 Susquehanna	17.05m	55-11¼	2/9
2	93	Lauren ASSANTE	JR	#6 Lebanon Valley	14.97m	49-1½	2/9
3		Gabby BELLOMO	JR	#9 Misericordia	14.71m	48-3¾	2/9
4		Alexis MAHAFFEY	JR	#22 Bethany (W.Va.)	14.56m	47-9¼	2/3
5		Katelyn SHOEMAKER	SO	#12 King's College (P	14.53m	47-8	12/9
6		Stephanie REIDER	SR	#21 Penn State Harri	14.23m	46-8¼	1/27
7		Abby EVERETT	SR	#4 Dickinson	14.18m	46-6¼	2/17
8		Nandee CORREIA	JR	#17 Juniata	14.08m	46-2½	12/9
8		Sofia HARNOIS	SO	York (Pa.)	14.08m	46-2½	1/14
10		Jenna DEEP	SO	#4 Dickinson {2}	14.01m	45-11¾	2/2

Women's Pentathlon

1	3	Elizabeth BARRE	SR	#2 Carnegie Mellon	3,628		1/27
2	4	Victoria KADIRI	JR	#1 Johns Hopkins	3,610		1/27
3	16	Hannah ALDERFER	JR	#3 Susquehanna	3,235		12/9
4	30	Breanna DAVIS	SR	#5 Westminster (Pa	3,095 OT		2/3
5	66	Abigail LOVELACE	FR	#1 Johns Hopkins {2}	2,771		1/27
6	78	Victoria ZULTEVICZ	JR	#12 King's College (P	2,673		1/27
7	80	Julia ACEVEDO	SR	#3 Susquehanna {2}	2,660		12/9
8	82	Sophia KOVATISIS	SR	#4 Dickinson	2,651		12/9
9	85	Molly WHITE	SO	#11 Scranton	2,640		12/9
10	97	Jaclyn DONOHO	SO	#1 Johns Hopkins {3}	2,580		1/27



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Mideast

as of 2/20/2024 6:54:45 AM ET

Women's 60 Meters

1	66	Stephanie BROWN	SR	#7 Springfield (Mas)	7.86	2/4
2	72	Marlina VOKER	JR	#5 Hartford	7.87	2/3
3	79	Rachel ARTHUR	JR	#2 Williams	7.90	1/28
4	82	Juliette SULLIVAN	FR	#12 Wesleyan (Conn.)	7.91	12/9
5	89	Heloise HUGHES	FR	#1 Amherst	7.92	2/10
6		Shea O'NEILL	FR	#11 Trinity (Conn.)	7.95	1/28
7		Gwendolyn ANDERSEN	SR	#7 Springfield (Mas){2}	7.99	2/4
8		Melissa WHITE	SO	#4 Middlebury	8.00	2/2
9		Kaitlyn DOHERTY	SO	#7 Springfield (Mas){3}	8.01	2/17
10		Katherine DEFOSSÉ	FR	#7 Springfield (Mas){4}	8.02	2/10

Women's 60 Meter Hurdles

1	6	Eliza CARDWELL	JR	#1 Amherst	8.71	1/28
2	33	Katherine DEFOSSÉ	FR	#7 Springfield (Mas)	9.02	2/17
3	46	Ioanna TSONI	FR	#10 Mount Holyoke	9.12	2/10
4	50	Arisa GRACE MCGOWAN	SO	#1 Amherst {2}	9.15	2/3
5	53	Emma WHEELER	SR	#6 Connecticut Coll	9.16	2/3
6	64	Jahmilia DENNIS	SO	#8 Vassar	9.21	2/17
7	84	Caroline CROCKER	FR	#5 Hartford	9.30	2/17
8	86	Cali LEONARD	SO	#5 Hartford {2}	9.31	2/3
8	86	Myeh MEDINA	SO	#1 Amherst {3}	9.31	1/28
10	100	Anaya THOMAS	JR	#1 Amherst {4}	9.35	2/10

Women's 200 Meters

1	11	Marlina VOKER	JR	#5 Hartford	24.91c	(25.29f) 12/9
2	28	Rachel ARTHUR	JR	#2 Williams	25.30c	(25.69f) 2/10
3	30	Heloise HUGHES	FR	#1 Amherst	25.33	2/10
4	44	Christine MALLETTE	JR	#9 RPI	25.51c	(25.90f) 2/10
5	61	Alaina STONEBREAKER	SO	#3 Coast Guard	25.58	2/10
6	71	Bella KING-HARVEY	FR	#2 Williams {2}	25.64	1/28
7	80	Melissa WHITE	SO	#4 Middlebury	25.74	2/10
8	88	Cate DONALDSON	FR	#2 Williams {3}	25.76	1/28
9		Claire JENSEN	FR	#2 Williams {4}	25.95	2/10
9		Juliette SULLIVAN	FR	#12 Wesleyan (Conn.)	25.95	1/19

Women's 400 Meters

1	15	Kennedy MULLEN	JR	#11 Trinity (Conn.)	57.06	2/3
2	24	Casie EIFRIG	JR	#1 Amherst	57.40	2/10
3	31	Christa PRASERTSINTANAH	FR	#1 Amherst {2}	57.61	2/10
4	36	Anna KROUSE	JR	#4 Middlebury	57.73	2/10
5	39	Cate DONALDSON	FR	#2 Williams	57.83	1/28
6	48	Michelle LOUIE	SR	#4 Middlebury {2}	58.08	2/10
7	64	Bella KING-HARVEY	FR	#2 Williams {2}	58.47	1/28
8	68	Claire JENSEN	FR	#2 Williams {3}	58.50c	(59.27f) 12/9
9	70	Lauren SZALKOWSKI	FR	#9 RPI	58.56c	(59.33f) 12/9
10	76	Camryn TAYLOR	JR	#2 Williams {4}	58.69c	(59.47f) 12/9

Women's 800 Meters

1	7	Alexa ESTES	SO	#6 Connecticut Coll	2:12.54	2/10
2	32	Zoe MARCUS	FR	#1 Amherst	2:15.45	2/10
3	44	Sidney TRIEPKE	JR	#3 Coast Guard	2:16.37	1/27
3	44	Grace MCDONOUGH	SO	#6 Connecticut Coll{2}	2:16.37	2/10
5	46	Pria PARKER	JR	#14 Smith	2:16.38	2/10
6	58	Allison SIBOLD	JR	#13 St. Lawrence	2:17.05c	(2:18.63f) 1/20
7	68	Makenna TOPP	FR	#3 Coast Guard {2}	2:17.66	2/10
8	71	Lucy GAGNON	SR	#2 Williams	2:17.79c	(2:19.37f) 1/13
9	74	Kasey MCGERALD	JR	#15 Union (N.Y.)	2:17.83c	(2:19.42f) 1/20
10	76	Piper LENTZ	SO	#1 Amherst {2}	2:17.91	2/10

Women's Mile

1	2	Allison SIBOLD	JR	#13 St. Lawrence	4:49.05c	(4:51.91f) 1/12
2	9	Lucy GAGNON	SR	#2 Williams	4:54.11	2/10
3	20	Julia SCHOR	JR	#1 Amherst	4:57.83	2/10
4	21	Pria PARKER	JR	#14 Smith	4:57.90c	(5:00.84f) 2/17
5	41	Jules BLESKOSKI	FR	#9 RPI	5:02.15c	(5:05.14f) 2/3
6	50	Audrey MACLEAN	FR	#4 Middlebury	5:03.31	2/10
7	66	Haley SCHOENEGGE	FR	#8 Vassar	5:05.17c	(5:08.19f) 2/17
8	70	Sidney TRIEPKE	JR	#3 Coast Guard	5:05.38cu	(5:09.37u) 2/2
9	76	Abby FERNALD	SO	#6 Connecticut Coll	5:05.74	2/10
10	77	Hailey MARCELLO	SR	#5 Hartford	5:06.21	2/10

Women's 3000 Meters

1	4	Allison SIBOLD	JR	#13 St. Lawrence	9:30.76	2/9
2	21	Jules BLESKOSKI	FR	#9 RPI	9:50.33c	(9:55.39f) 2/10
3	28	Olivia PISACANO	SO	#9 RPI {2}	9:53.85c	(9:58.94f) 2/10
4	30	Julia SCHOR	JR	#1 Amherst	9:53.98c	(9:59.07f) 2/3
5	39	Audrey MACLEAN	FR	#4 Middlebury	10:00.15	1/28
6	42	Molly FITZGIBBONS	SR	#2 Williams	10:00.49	12/2
7	52	Genna GIRARD	SR	#2 Williams {2}	10:03.41c	(10:08.58f) 1/13
8	54	Helen HURDEN	FR	#2 Williams {3}	10:03.88c	(10:09.05f) 2/10
9	69	Paige PHILLIPS	JR	#3 Coast Guard	10:08.97c	(10:14.19f) 1/20
10	70	Haley SCHOENEGGE	FR	#8 Vassar	10:09.19	2/10

Women's 5000 Meters

1	14	Genna GIRARD	SR	#2 Williams	16:54.96	1/28
2	32	Paige PHILLIPS	JR	#3 Coast Guard	17:23.94	2/10
3	62	Tessa LANCASTER	JR	#10 Mount Holyoke	17:49.57c	(17:57.76f) 2/10
4	63	Haley SCHOENEGGE	FR	#8 Vassar	17:49.93c	(17:58.12f) 1/27
5	74	Stephanie AGER	SO	#12 Wesleyan (Conn.)	17:56.26	12/2
6	76	Edin SISSON	SR	#6 Connecticut Coll	17:56.44	1/28
7	96	Fiona PICONE	SO	#2 Williams {2}	18:05.37	12/2
8		Alsacia TIMMERMAN	SO	#6 Connecticut Coll{2}	18:10.44	1/28
9		Sophie NARDELLI	SR	#4 Middlebury	18:12.71	1/28
10		Anika MUELLER-HICKLER	SO	#8 Vassar {2}	18:12.92c	(18:21.29f) 1/27



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Mideast

as of 2/20/2024 6:54:45 AM ET

Women's 4x400 Relay

1	4	Cate Donaldson, Bella King-Harvey, Claire Jensen, Camryn Taylor	#2 Williams	3:50.48	1/27
2	17	Cate Kneebone, Emma Almony, Kennedy Mullen, Sophia Jones	#11 Trinity (Conn.)	3:56.53	2/10
3	18	Christa Prasertsintanah, Eliza Cardwell, Myeh Medina, Trintje Nydam	#1 Amherst	3:56.90c (4:00.04f)	2/3
4	32	Michelle Louie, Anna Mazur, Mary Elliot, Anna Krouse	#4 Middlebury	4:01.88	1/28
5	46	Grace Flynn, Riley Thorburn, Sidney Triepke, Makenna Topp	#3 Coast Guard	4:05.21	1/27
6	52	Katie Manning, Christine Mallette, Alyssa Fici, Lauren Szalkowski	#9 RPI	4:05.88	1/27
7	87	Grace McDonough, Emma Wheeler, LK Tucker, Alexa Estes	#6 Connecticut Coll	4:10.95c (4:14.28f)	1/20
8	95	Madeline Busam, Faye Stevens, Maya Carey, Ava Novak	#8 Vassar	4:12.05c (4:15.39f)	2/17
9		Gabrielle Baker, Glory Moncion-Allen, Caroline Stanton, Katherine Doran	#15 Union (N.Y.)	4:12.94	2/9
10		Kate Hausladen, Juliette Sullivan, Naomi McGadney, Imagen Walters	#12 Wesleyan (Conn.)	4:15.25c (4:18.63f)	1/13

Women's Distance Medley Relay

1	6	Zoe Marcus, Casie Eifrig, Piper Lentz, Julia Schor	#1 Amherst	11:43.04	2/10
2	11	Grace McDonough, LK Tucker, Alexa Estes, Abby Fernald	#6 Connecticut Coll	11:48.80	2/10
3	16	Makenna Topp, Grace Flynn, Sidney Triepke, Paige Phillips	#3 Coast Guard	11:59.13	2/10
4	22	Victoria Fawcett, Lily Bulczynski, Caroline VanSchaick, Tatum Peskin	#4 Middlebury	12:21.91	1/28
5	29	Jordan Liss-Riordan, Katerina Papchela, Tamar Byl-Brann, Lucy Gagnon	#2 Williams	12:33.74	1/28
6	30	Allison Sibold, Margaret McNally, Emma Palumbo, Hannah Bennett	#13 St. Lawrence	12:39.52c (12:47.65f)	1/20
7	32	Greta Trapp, Olivia Johnson, Kim Beaver, Tessa Lancaster	#10 Mount Holyoke	12:42.18c (12:50.34f)	2/17
8	43	Juanita Gutierrez, Megan Varnum, Catherine Collins, Hillary Connor	#14 Smith	12:52.12c (13:00.39f)	2/17
9	51	Nadia Lim, Kate Hausladen, Elanora Smith, Margaret Stevens	#12 Wesleyan (Conn.)	13:02.44	1/19
10	73	Virginia Lucchetti, Sophia Gambino, Anyia Sloth, Marissa Colvin	#17 SUNY Plattsburg	13:25.60	2/9

Women's High Jump

1	2	Allie WILDSMITH	SO	#3 Coast Guard	1.72m	5-7¾	2/2
2	5	Gabriella GRATTAN	JR	#11 Trinity (Conn.)	1.70m	5-7	1/28
3	8	Avery BAKER- SCHLENDERING	FR	#5 Hartford	1.68m	5-6	12/9
3	8	Sydney GARRISON	SR	#5 Hartford	1.68m	5-6	12/9
5	23	Ashley SHELDON	FR	#15 Union (N.Y.)	1.65m	5-5	1/27
5	23	Amelie JAMANKA	SO	#2 Williams	1.65m	5-5	12/9
7	39	Anaya THOMAS	JR	#1 Amherst	1.62m	5-3¾	2/10
8	55	Livi MAZEROLLE	SO	#2 Williams	{2} 1.60m	5-3	1/13
8	55	Jordan MURPHY	FR	#5 Hartford	{3} 1.60m	5-3	2/17
8	55	Leah SMITH	FR	#1 Amherst	{2} 1.60m	5-3	1/13



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Midwest

as of 2/20/2024 6:54:46 AM ET

Women's Pole Vault

1	12	Jae YU	JR	#2 Williams	3.77m	12-4½	1/28
2	13	Ellie FITZGERALD	SO	#2 Williams	{2} 3.76m	12-4	1/13
3	15	Kerry SEEKAMP	SO	#14 Smith	3.75m	12-3½	2/3
4	29	Mia BAWENDI	SR	#1 Amherst	3.60m	11-9¾	1/28
5	43	Zoe WANG	JR	#4 Middlebury	3.50m	11-5¾	1/28
6	46	Fiona CARROLL	JR	#12 Wesleyan (Conn.	3.48m	11-5	2/17
7	65	Madison GARRIGUS	SR	#3 Coast Guard	3.40m	11-1¾	2/17
8	77	Payton SORENSEN	JR	#1 Amherst	{2} 3.35m	10-11¾	1/20
9		Jordan HECKER	JR	#1 Amherst	{3} 3.25m	10-8	1/13
9		Mollie BRINKER	SO	#3 Coast Guard	{2} 3.25m	10-8	2/2

Women's Long Jump

1	12	Eliza CARDWELL	JR	#1 Amherst	5.62m	18-5¼	1/13
2	32	Anastasia IOPPOLO	SO	#1 Amherst	{2} 5.50m	18-½	1/13
3	42	Ioanna TSONI	FR	#10 Mount Holyoke	5.46m	17-11	2/3
4	56	Muffie MAZAMBANI	SR	#1 Amherst	{3} 5.41m	17-9	1/28
5	82	Leah SMITH	FR	#1 Amherst	{4} 5.34m	17-6¼	1/28
6	92	Ava NOVAK	SR	#8 Vassar	5.32m	17-5½	2/3
7	98	Leslie SAMUEL	FR	#5 Hartford	5.31m	17-5¼	12/2
8		Michaela SCHAFFER	JR	#17 SUNY Plattsburg	5.23m	17-2	2/9
9		Kaylee WRIGHT	SO	#3 Coast Guard	5.22m	17-1½	2/10
10		Emma WHEELER	SR	#6 Connecticut Coll	5.20m	17-¾	2/3

Women's Triple Jump

1	19	Jahmilia DENNIS	SO	#8 Vassar	11.56m	37-11¼	2/10
2	21	Samantha PAUL	JR	#7 Springfield (Mas.	11.50m	37-8¾	12/2
3	27	Rafaela DELGADO	FR	#2 Williams	11.40m	37-5	2/10
4	43	Elle RIMANDO	SO	#10 Mount Holyoke	11.23m	36-10¼	1/27
5	46	Myeh MEDINA	SO	#1 Amherst	11.22m	36-9¾	1/28
6	51	Anaya THOMAS	JR	#1 Amherst	{2} 11.15m	36-7	2/3
7	88	Muffie MAZAMBANI	SR	#1 Amherst	{3} 10.91m	35-9½	1/13
8	91	Leah SMITH	FR	#1 Amherst	{4} 10.89m	35-8¾	1/28
9	92	Anastasia IOPPOLO	SO	#1 Amherst	{5} 10.88m	35-8½	2/10
10	95	Eliza LEE	SO	#19 Westfield State	10.87m	35-8	2/10

Women's Shot Put

1	97	Emma WHEELER	SR	#6 Connecticut Coll	12.17m	39-11¼	2/17
2		Maureen HAMMOND	JR	#3 Coast Guard	12.06m	39-6¾	2/17
3		Mary Scott ROBINSON	SR	#4 Middlebury	12.02m	39-5¼	1/13
4		Sadie OLSON	SR	#3 Coast Guard	{2} 11.69m	38-4¼	2/2
5		Kylie ALLEN	FR	#9 RPI	11.61m	38-1¼	2/3
6		Kaylenn STEVENSON	FR	#18 Castleton	11.49m	37-8½	2/17
7		Sophie WARREN	SR	#7 Springfield (Mas.	11.43m	37-6	12/2
8		Sandra KIRVELEVICIUS	FR	#3 Coast Guard	{3} 11.34m	37-2½	2/17
9		Robyn KRAFFT	SR	#5 Hartford	11.33m	37-2¼	2/3
10		Samantha SAINRISTILL	JR	#16 Rhode Island Col	11.26m	36-11½	2/17

Women's Weight Throw

1	50	Samantha SAINRISTILL	JR	#16 Rhode Island Col	15.89m	52-1¾	12/2
2	100	Sadie OLSON	SR	#3 Coast Guard	14.85m	48-8¾	2/17
3		Mary Scott ROBINSON	SR	#4 Middlebury	14.62m	47-11¾	2/2
4		Lillian WURTZ	SO	#4 Middlebury	{2} 14.46m	47-5¼	1/28
5		Sophie WARREN	SR	#7 Springfield (Mas.	14.41m	47-3½	12/2
6		Katelynn TAYLOR	JR	#7 Springfield (Mas.	{2} 14.12m	46-4	2/17
7		Karli MARTIN	FR	#18 Castleton	13.82m	45-4¼	2/17
8		Kaylenn STEVENSON	FR	#18 Castleton	{2} 13.79m	45-3	1/27
9		Jaxon PALMER	JR	#4 Middlebury	{3} 13.71m	44-11¾	1/28
10		Caroline HADLEY	SR	#5 Hartford	13.69m	44-11	12/2

Women's Pentathlon

1	15	Emma WHEELER	SR	#6 Connecticut Coll	3,240	2/3
2	50	Livi MAZEROLLE	SO	#2 Williams	2,870	12/9
3	52	Anaya THOMAS	JR	#1 Amherst	2,859	1/20
4	68	Jordan MURPHY	FR	#5 Hartford	2,762	2/3
5	73	Faye STEVENS	JR	#8 Vassar	2,731	1/27
6	95	Trintje NYDAM	SR	#1 Amherst	{2} 2,585	1/20
7		Marissa LEDUC	SO	#17 SUNY Plattsburg	2,554	12/9
8		Tara JESSEN	FR	#3 Coast Guard	2,539	1/20
9		Morgan ROME	SO	#1 Amherst	{3} 2,527	2/3
10		Caroline STANTON	JR	#15 Union (N.Y.)	2,438	1/27



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Midwest

as of 2/20/2024 6:54:46 AM ET

Women's 60 Meters

1	4	Isabella HOGUE	SR	#7 Nebraska Wesley	7.59	2/10
2	7	Maya DAVIS	FR	#1 Washington (Mo.)	7.65	2/10
3	8	Jasmine WRIGHT	SO	#1 Washington (Mo.)	7.66	1/12
4	17	Gabri MESCHINO	JR	#2 Chicago	7.70	2/10
5	19	Harmony CREASY	JR	#4 Loras	7.71	12/9
6	21	Emma SEIPEL	JR	#4 Loras	{2} 7.73	2/16
7	24	Lauren MARSHALL	SR	#6 Elmhurst	7.75	12/2
8	31	Sara YAKANA	JR	#9 Greenville	7.77	2/3
8	31	Tiana GRADY	FR	#6 Elmhurst	{2} 7.77	2/9
10	36	Lindsey NOVAK	SR	#8 North Central (Ill.)	7.79	2/16
10	36	McKenzie RESER	JR	#13 Augustana (Ill.)	7.79	2/10

Women's 60 Meter Hurdles

1	9	Nakala NADEAU	JR	#6 Elmhurst	8.76	2/16
1	9	Ren BROWN	JR	#2 Chicago	8.76	2/10
3	14	JoJo TYNISMAA	SO	#3 Wartburg	8.82	2/16
4	16	Denise PARTEE	SR	#8 North Central (Ill.)	8.85	2/16
5	26	Lauren GAY	JR	#1 Washington (Mo.)	8.95	2/10
6	29	Tiana GRADY	FR	#6 Elmhurst	{2} 8.99	2/16
7	38	Thea RING	SO	#17 North Park	9.06	1/27
8	48	Olivia BOHLEN	SO	#5 Central (Iowa)	9.14	2/17
9	60	Grace BRADEN	FR	#3 Wartburg	{2} 9.19	2/17
10	63	Keeley HOURIGAN	JR	#7 Nebraska Wesley	9.20	2/10

Women's 200 Meters

1	3	Isabella HOGUE	SR	#7 Nebraska Wesley	24.58 OT	2/10
2	15	Nicole STEWART	JR	#1 Washington (Mo.)	24.96c (25.34f)	2/10
3	19	Lindsey NOVAK	SR	#8 North Central (Ill.)	25.10c (25.49f)	2/16
4	23	Tiana GRADY	FR	#6 Elmhurst	25.16c (25.55f)	2/16
5	26	Breanne GEARY	SR	#7 Nebraska Wesley	{2} 25.25c (25.64f)	1/27
6	27	Thea RING	SO	#17 North Park	25.29c (25.68f)	1/27
7	37	Kylie SPYTEK	SO	#1 Washington (Mo.)	{2} 25.43c (25.82f)	1/12
8	44	JoJo TYNISMAA	SO	#3 Wartburg	25.51c (25.90f)	2/17
9	48	Lauren BLIEFERNICHT	JR	#11 Aurora	25.53c (25.92f)	2/3
10	50	Abbi ROERDINK	SR	#5 Central (Iowa)	25.55c (25.94f)	2/17
10	50	McKenzie RESER	JR	#13 Augustana (Ill.)	25.55c (25.94f)	2/16

Women's 400 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.)	55.29c (56.02f)	2/16
2	14	Isabella HOGUE	SR	#7 Nebraska Wesley	56.92	1/19
3	23	Kylie SPYTEK	SO	#1 Washington (Mo.)	{2} 57.34c (58.10f)	2/10
4	25	Madison HAYS	SO	#12 Simpson (Iowa)	57.46c (58.22f)	2/17
5	26	JoJo TYNISMAA	SO	#3 Wartburg	57.48c (58.24f)	2/17
6	27	Abbi ROERDINK	SR	#5 Central (Iowa)	57.50c (58.26f)	2/3
7	33	Harmony CREASY	JR	#4 Loras	57.63c (58.39f)	2/10
8	34	Grace ALLEY	SR	#4 Loras	{2} 57.69c (58.45f)	2/3
9	35	Naomi JONES	SO	#6 Elmhurst	57.70c (58.46f)	12/2
10	45	Catherine CHRISTOPHER	FR	#1 Washington (Mo.)	{3} 57.96c (58.73f)	1/12

Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.)	2:05.34c (2:06.78f)	1/12
2	8	Danielle SCHULTZ	SR	#1 Washington (Mo.)	{2} 2:12.65c (2:14.18f)	2/10
3	11	Alessia SARUSSI	SR	#1 Washington (Mo.)	{3} 2:13.22c (2:14.75f)	2/10
4	13	Elisabeth CAMIC	JR	#2 Chicago	2:13.47c (2:15.01f)	2/17
5	19	Caroline ECHOLS	FR	#1 Washington (Mo.)	{4} 2:14.47c (2:16.02f)	1/26
6	22	Maddie KELLY	JR	#2 Chicago	{2} 2:14.95	2/2
7	26	Emma KELLY	SO	#2 Chicago	{3} 2:15.05c (2:16.60f)	2/17
8	27	Anna WATSON	JR	#2 Chicago	{4} 2:15.20c (2:16.76f)	2/17
9	28	Izzy GORTON	JR	#1 Washington (Mo.)	{5} 2:15.24c (2:16.80f)	2/10
10	29	Peyton STEFFEN	SO	#5 Central (Iowa)	2:15.27	2/10

Women's Mile

1	5	Caroline MCMARTIN	SR	#5 Central (Iowa)	4:51.34c (4:54.22f)	2/3
2	6	Megan JOHNSON	JR	#5 Central (Iowa)	{2} 4:52.50c (4:55.39f)	2/17
3	8	Lexi BROWN	SR	#3 Wartburg	4:53.96c (4:56.87f)	1/26
4	10	Peyton STEFFEN	SO	#5 Central (Iowa)	{3} 4:54.27c (4:57.18f)	2/17
5	11	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	4:54.39	2/2
6	13	Aubrie FISHER	SR	#3 Wartburg	{2} 4:54.92c (4:57.83f)	1/26
7	14	Elisabeth CAMIC	JR	#2 Chicago	{2} 4:54.98	1/27
8	18	Deyanneira COLON MALDONADO	JR	#11 Aurora	4:56.64	1/19
9	22	Alexandra BLAKE	SR	#1 Washington (Mo.)	4:58.19c (5:01.14f)	2/16
10	23	Adriana CRABTREE	SO	#14 Illinois Wesleyan	4:58.40c (5:01.35f)	2/3

Women's 3000 Meters

1	5	Megan JOHNSON	JR	#5 Central (Iowa)	9:32.08	2/10
2	6	Aubrie FISHER	SR	#3 Wartburg	9:34.98	2/10
3	8	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	9:37.17	1/27
4	9	Caroline MCMARTIN	SR	#5 Central (Iowa)	{2} 9:41.47c (9:46.45f)	1/27
5	11	Lexi BROWN	SR	#3 Wartburg	{2} 9:43.00 OT	1/19
6	12	Deyanneira COLON MALDONADO	JR	#11 Aurora	9:43.34	1/27
7	15	Caitlin JORGENSEN	SR	#2 Chicago	{2} 9:45.79c (9:50.81f)	2/17
8	19	Shaelyn HOSTAGER	SR	#3 Wartburg	{3} 9:50.08 OT	1/19
9	33	Sophie TEDESCO	JR	#2 Chicago	{3} 9:55.58c (10:00.68f)	2/17
10	40	Emma ODLE	SR	#13 Augustana (Ill.)	10:00.23c (10:05.37f)	2/16

Women's 5000 Meters

1	2	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	16:27.68 OT	2/9
2	7	Caroline MCMARTIN	SR	#5 Central (Iowa)	16:44.24	2/10
3	8	Shaelyn HOSTAGER	SR	#3 Wartburg	16:45.89	2/10
4	9	Deyanneira COLON MALDONADO	JR	#11 Aurora	16:46.19 OT	2/9
5	13	Megan JOHNSON	JR	#5 Central (Iowa)	{2} 16:53.73c (17:01.49f)	12/2
6	16	Estelle SNIDER	FR	#2 Chicago	{2} 17:03.37 OT	2/9
7	22	Lexi BROWN	SR	#3 Wartburg	{2} 17:09.08c (17:16.96f)	12/2
8	24	Sophie TEDESCO	JR	#2 Chicago	{3} 17:11.47 OT	2/9
9	31	Lara KALLEM	JR	#12 Simpson (Iowa)	17:21.24	2/10
10	42	Teghan BOOTH	JR	#12 Simpson (Iowa)	{2} 17:34.30	2/10



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Midwest

as of 2/20/2024 6:54:46 AM ET

Women's 4x400 Relay

1	3	Kylie Spytek, Nicole Stewart, Caroline Echols, Emma Kelley	#1 Washington (Mo.)	3:50.46c (3:53.51f)	2/10
2	6	Breanne Geary, Isabella Hilger, Gabby Thomas, Isabella Hogue	#7 Nebraska Wesley	3:50.87	2/3
3	7	Sophia Stahle, JoJo Tynismaa, Haley Meyer, Lina Newland	#3 Wartburg	3:51.22c (3:54.29f)	2/16
4	9	Grace Alley, Layla Hughes, Kelly Kohlhof, Harmony Creasy	#4 Loras	3:51.62c (3:54.69f)	2/16
5	22	Abbi Roerdink, Abby Gruver, Emily McMartin, Lizzy Van Utrecht	#5 Central (Iowa)	3:58.91c (4:02.08f)	2/3
6	24	Lindsey Novak, Cire' Smith, Kyla Miller, Cali Minkie	#8 North Central (Ill.)	4:00.35c (4:03.54f)	2/10
6	24	Naomi Jones, Sadie Hartmann, Nayeli Villegas, Carmela Woods	#6 Elmhurst	4:00.35c (4:03.54f)	2/10
8	26	Ava Hagwell, Elisabeth Camic, Camila Garanton, Ren Brown	#2 Chicago	4:00.37	2/2
9	42	Sidney Brown, Hailey Carolan, Willow Ziegler, Ava Claussen-Tubbs	#16 Cornell College	4:04.02c (4:07.26f)	2/3
10	43	Jordyn VanSanten, Cora Deemer, McKenzie Reser, Shakira Wade	#13 Augustana (Ill.)	4:04.56c (4:07.80f)	2/16

Women's Distance Medley Relay

1	1	Aubrie Fisher, Rachel Nagel, Ellie Meyer, Lexi Brown	#3 Wartburg	11:37.14c (11:44.60f)	2/3
2	2	Addy Parrott, Abbi Roerdink, Peyton Steffen, Megan Johnson	#5 Central (Iowa)	11:38.53c (11:46.01f)	2/16
3	23	Izzy Gorton, Lily Dipple, Keira Rall, Macy Iyer	#1 Washington (Mo.)	12:24.23c (12:32.20f)	2/16
4	50	Sedina Logan, Eva Schwaab, Norah Swinigan, Gretchen Carie	#9 Greenville	13:00.44c (13:08.80f)	2/10
5	71	Morgan Karow, Allison Rabbani, Grace Charron, Keely Miyamoto	#21 Grinnell	13:22.97c (13:31.57f)	2/10
6	77	Kaya Young, Ava Carder, Jenna Gessert, Ashley Rockhold	#12 Simpson (Iowa)	13:32.69c (13:41.39f)	2/10
7	79	Crystal Burke, Sangai Dukuly, Alexis Vaughn, Lily Mayo	#19 Coe	13:35.35c (13:44.08f)	1/27
8	87	Claire Kallhoff, Reagan Koza, Kari Mathsen, Avari Byers	#7 Nebraska Wesley	13:48.32c (13:57.19f)	1/27
9	88	Rylee Noack, Nabila Saam, Portia Carrera, Mackenzie Meirhaeghe	#13 Augustana (Ill.)	13:50.30c (13:59.19f)	2/10
10	89	Molly Roberts, Lauren Mack, Paige Rewerts, Esther Brown	#6 Elmhurst	13:51.25c (14:00.15f)	1/27

Women's High Jump

1	1	Grace ALLEY	SR	#4 Loras	1.75m	5-8¾	2/3
2	8	Jaden GATTS	FR	#10 Dubuque	1.68m	5-6	2/16
2	8	Sara HOSKINS	SR	#4 Loras	1.68m	{2} 5-6	2/16
4	15	Hailey CAROLAN	SO	#16 Cornell College	1.67m	5-5¾	2/10
5	19	Olivia JAMESON	SO	#18 Illinois Tech	1.66m	5-5¾	1/13
6	23	Samantha NIELSEN	SO	#3 Wartburg	1.65m	5-5	2/3
7	33	Selah DUNGEY	SO	#2 Chicago	1.63m	5-4¾	2/10
8	39	Laila GRAHAM	SR	#9 Greenville	1.62m	5-3¾	2/10
8	39	Julia KLEIN	SO	#4 Loras	1.62m	{3} 5-3¾	12/9
10	51	Rhiannon MARSHALL	SO	#13 Augustana (Ill.)	1.61m	5-3¾	2/16



Regional TFRI Event Summary



Midwest

as of 2/20/2024 6:54:46 AM ET

Women's Pole Vault

1	2	Yasmin RUFF	JR	#1 Washington (Mo.)	4.03m	13-2½	2/10
2	15	Susannah TRUITT	JR	#2 Chicago	3.75m	12-3½	2/10
3	19	Gwen BERENYI	SO	#8 North Central (Ill.)	3.70m	12-1½	2/16
4	29	Arden MARTINO	FR	#2 Chicago	{2} 3.60m	11-9¾	2/10
5	31	Natalie JOHNSON	JR	#8 North Central (Ill.)	{2} 3.57m	11-8½	1/26
6	36	Anna CURTIS	SR	#1 Washington (Mo.)	{2} 3.55m	11-7¾	2/3
6	36	Samantha HARVELL	JR	#10 Dubuque	3.55m	11-7¾	2/3
6	36	Hailey NEWILL	SO	#15 Millikin	3.55m	11-7¾	2/3
9	48	Celeste TAYLOR	SO	#2 Chicago	{3} 3.47m	11-4½	2/17
10	50	Kate WEBER	SO	#6 Elmhurst	3.45m	11-3¾	1/20

Women's Long Jump

1	1	Emma SEIPEL	JR	#4 Loras	6.08m	19-11½	12/9
2	2	Harmony CREASY	JR	#4 Loras	{2} 5.94m	19-6	12/9
3	5	Grace ALLEY	SR	#4 Loras	{3} 5.87m	19-3¼	12/9
4	17	Katelyn MCCANN	SO	#8 North Central (Ill.)	5.59m	18-4¼	2/16
5	23	Sara YAKANA	JR	#9 Greenville	5.55m	18-2½	2/10
6	35	Ebunoluwa OPATA	JR	#1 Washington (Mo.)	5.49m	18-¼	12/2
7	37	Thea RING	SO	#17 North Park	5.48m	17-11¾	1/20
8	42	Olivia TOLLARI	SO	#3 Wartburg	5.46m	17-11	2/16
9	47	Lauren MARSHALL	SR	#6 Elmhurst	5.44m	17-10¼	1/13
9	47	Breanne GEARY	SR	#7 Nebraska Wesley	5.44m	17-10¼	1/27

Women's Triple Jump

1	4	Ebunoluwa OPATA	JR	#1 Washington (Mo.)	12.12m	39-9¼	2/3
2	7	Grace ALLEY	SR	#4 Loras	11.94m	39-2¼	12/9
3	12	Harmony CREASY	JR	#4 Loras	{2} 11.75m	38-6¾	1/27
4	14	Imani OGUNRIBIDO	FR	#14 Illinois Wesleyan	11.73m	38-6	2/16
5	23	Sara YAKANA	JR	#9 Greenville	11.47m	37-7¾	2/10
6	26	Lauren WONG	SR	#14 Illinois Wesleyan	{2} 11.41m	37-5¼	2/16
7	37	Paulina TINAJERO	FR	#6 Elmhurst	11.30m	37-1	1/13
8	38	Shaniah JOHNSON	SR	#3 Wartburg	11.29m	37-½	2/3
9	42	Rebecca STEWART	JR	#2 Chicago	11.25m	36-11	2/17
10	50	Alice SOTELO	FR	#8 North Central (Ill.)	11.16m	36-7½	1/13

Women's Shot Put

1	1	Molly LAUMAKIS	JR	#2 Chicago	14.99m	49-2¼	2/10
2	5	Jenae BOTHE	SO	#1 Washington (Mo.)	14.24m	46-8¾	1/12
3	6	Lily MEESTER	SR	#3 Wartburg	14.02m	46-0	2/17
4	9	Kaitlyn WILDER	SR	#10 Dubuque	13.87m	45-6¼	2/10
5	25	Talahiva TALANOA	JR	#9 Greenville	13.26m	43-6	2/16
6	27	Emmilly BERGLUND	FR	#7 Nebraska Wesley	13.20m	43-3¾	1/27
7	30	Nai'lah ANDERS	FR	#10 Dubuque	{2} 13.14m	43-1½	2/16
8	33	Riley VICE	JR	#4 Loras	13.10m	42-11¾	12/9
9	37	Maddie BOLEY	JR	#20 Monmouth (Ill.)	13.06m	42-10¼	2/3
10	39	Taylor FLAIG	SR	#4 Loras	{2} 12.96m	42-6¼	1/27

Women's Weight Throw

1	3	Caitlyn COX	SO	#4 Loras	18.74m	61-5¾	2/16
2	4	Jazzalynne HICKS		#15 Millikin	18.40m	60-4½	2/16
3	5	Emma TRUE	JR	#3 Wartburg	18.31m	60-1	2/16
4	8	Talahiva TALANOA	JR	#9 Greenville	18.07m	59-3½	2/10
5	11	Kaitlyn WILDER	SR	#10 Dubuque	17.76m	58-3¼	2/16
6	14	Taylor FLAIG	SR	#4 Loras	{2} 17.46m	57-3½	1/20
7	21	Ja'Dein MADISON	SO	#7 Nebraska Wesley	17.02m	55-10¼	2/10
8	23	Haley BEMINIO	SR	#3 Wartburg	{2} 16.92m	55-6¼	2/10
9	28	Molly LAUMAKIS	JR	#2 Chicago	16.61m	54-6	1/27
10	38	Kaelyn MEANS	FR	#7 Nebraska Wesley	{2} 16.27m	53-4½	2/16

Women's Pentathlon

1	1	Grace ALLEY	SR	#4 Loras	3,986		12/9
2	8	Olivia BOHLEN	SO	#5 Central (Iowa)	3,372		1/26
3	23	Hannah JONES	SR	#8 North Central (Ill.)	3,180		2/3
4	31	Skylar GIBBS	JR	#11 Aurora	3,094		12/9
5	75	Alayna KOEHLER	JR	#11 Aurora	{2} 2,720		12/9
6	91	Madison HAYS	SO	#12 Simpson (Iowa)	2,603		1/26
7	93	Caylah BOYD	FR	#6 Elmhurst	2,597		12/9
8	96	Allison HUNT	FR	#13 Augustana (Ill.)	2,584		1/27
9		Hannah TOMPKINS	SO	#22 Wheaton (Ill.)	2,534		2/3
10		Brooke SHAFER	JR	#3 Wartburg	2,495		2/3



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Niagara

as of 2/20/2024 6:54:46 AM ET

Women's 60 Meters

1	21	Khia LASTER	JR	#11 Buffalo State	7.73	12/1
1	21	Autumn PITTMAN	JR	#5 SUNY Cortland	7.73	2/4
3	31	Kendall SOBCZYK	SO	#5 SUNY Cortland {2}	7.77	1/20
4	36	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	7.79	2/16
5	55	Victoria BREWSTER	FR	#16 Houghton	7.83	1/20
6	57	Laura SUPPA	SO	#3 Ithaca	7.84	2/17
7	64	Ciarra FRANZ	JR	#10 St. John Fisher	7.85	12/1
8	82	Caroline HILL	JR	#9 RIT	7.91	12/1
9	98	Madeline O'CONNELL	SR	#2 Rochester (N.Y.) {2}	7.93	2/3
10		Michaela KURBS	SR	#10 St. John Fisher {2}	7.95	12/1

Women's 60 Meter Hurdles

1	3	Natalia SAWYER	SO	#11 Buffalo State	8.60	2/10
2	7	Ejim NNATE	JR	#12 SUNY Oneonta	8.73	2/17
3	14	Ciarra FRANZ	JR	#10 St. John Fisher	8.82	12/8
4	19	Laura SUPPA	SO	#3 Ithaca	8.88	2/4
5	31	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	9.00	1/20
6	50	Allyson SUROWICK	JR	#1 SUNY Geneseo	9.15	12/1
7	71	Danielle FISK	SR	#5 SUNY Cortland	9.24	1/20
8	77	Jill AMBLER	FR	#1 SUNY Geneseo {2}	9.27	2/3
9	82	Allison REGNANTE	JR	#9 RIT	9.29	2/3
10		Rachel LARSON	SO	#3 Ithaca {2}	9.45	2/4

Women's 200 Meters

1	4	Sadie SCHREINER	SO	#9 RIT	24.62	2/10
2	8	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	24.83c (25.21f)	1/20
3	18	Natalia SAWYER	SO	#11 Buffalo State	25.07	2/10
4	31	Autumn PITTMAN	JR	#5 SUNY Cortland	25.37	2/10
5	53	Marissa WISE	JR	#7 SUNY Brockport	25.56c (25.95f)	2/16
5	53	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.) {2}	25.56c (25.95f)	1/20
7	75	Khia LASTER	JR	#11 Buffalo State {2}	25.68	2/10
8	88	Brynn MOONEY	SO	#1 SUNY Geneseo	25.76c (26.16f)	2/3
9	93	Megan BELL	JR	#2 Rochester (N.Y.) {3}	25.79c (26.19f)	2/3
10	95	Kate ISAAC	SR	#2 Rochester (N.Y.) {4}	25.81c (26.21f)	1/20

Women's 400 Meters

1	8	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	56.26	2/10
2	10	Sadie SCHREINER	SO	#9 RIT	56.35	2/10
3	11	Natalia SAWYER	SO	#11 Buffalo State	56.47c (57.22f)	1/20
4	28	Arianna MCCLENDON	FR	#6 Utica	57.52	2/10
5	30	Jenna RACZKA	SO	#11 Buffalo State {2}	57.60	2/10
6	31	Nora CHEN	FR	#2 Rochester (N.Y.) {2}	57.61	2/10
7	37	Megan BELL	JR	#2 Rochester (N.Y.) {3}	57.75c (58.51f)	1/27
8	43	Kate ISAAC	SR	#2 Rochester (N.Y.) {4}	57.92c (58.68f)	1/27
9	46	Brynn MOONEY	SO	#1 SUNY Geneseo	57.98	2/10
10	64	Khia LASTER	JR	#11 Buffalo State {3}	58.47c (59.24f)	12/8

Women's 800 Meters

1	5	Megan BELL	JR	#2 Rochester (N.Y.)	2:12.33	2/10
2	30	Sierra DOODY	SO	#1 SUNY Geneseo	2:15.38c (2:16.94f)	1/27
3	41	Janelle ECKL	JR	#1 SUNY Geneseo {2}	2:16.17	2/10
4	51	Faith COYLE	JR	#14 SUNY Oswego	2:16.68c (2:18.25f)	2/16
5	90	Katherine SCIBELLI	SO	#13 Hamilton	2:18.71c (2:20.31f)	2/17
6		Jillian O'ROURKE	FR	#1 SUNY Geneseo {3}	2:19.48	2/10
7		Jessica GOODE	SO	#3 Ithaca	2:19.73c (2:21.34f)	1/20
8		Olivia GILBERT	SR	#15 Alfred	2:20.42	2/9
9		Joy PETERSEN	SO	#3 Ithaca {2}	2:20.43	2/10
10		Emily JOHNSON	JR	#3 Ithaca {3}	2:21.72	2/10

Women's Mile

1	3	Grace RICHARDSON	SR	#4 NYU	4:49.24	2/3
2	48	Dominga RIVERA	FR	#4 NYU {2}	5:02.92	2/2
3	53	Janie COOPER	SO	#4 NYU {3}	5:03.73	2/2
4	63	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo	5:05.07c (5:08.09f)	2/16
5	68	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo {2}	5:05.27c (5:08.29f)	1/20
6	74	Penelope GREENE	JR	#1 SUNY Geneseo {3}	5:05.71c (5:08.73f)	1/20
7	91	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	5:07.17	2/10
8		Sierra DOODY	SO	#1 SUNY Geneseo {5}	5:09.73c (5:12.79f)	2/3
9		Amelia GILBERT	SR	#9 RIT	5:10.46	2/10
10		Jessica GOODE	SO	#3 Ithaca	5:11.04c (5:14.11f)	2/4

Women's 3000 Meters

1	2	Grace RICHARDSON	SR	#4 NYU	9:27.12	2/10
2	31	Penelope GREENE	JR	#1 SUNY Geneseo	9:54.34c (9:59.43f)	1/27
3	34	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {2}	9:55.68c (10:00.78f)	1/27
4	36	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo {3}	9:58.61c (10:03.74f)	1/27
5	43	Janie COOPER	SO	#4 NYU {2}	10:01.28	2/10
6	53	Kate COCHRAN	JR	#4 NYU {3}	10:03.83	2/3
7	56	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	10:04.46c (10:09.64f)	12/8
8	59	Vivian KANE	SO	#4 NYU {4}	10:06.13	2/10
9	80	Dominga RIVERA	FR	#4 NYU {5}	10:11.66	2/10
10	81	Jessica GOODE	SO	#3 Ithaca	10:11.70c (10:16.94f)	1/27

Women's 5000 Meters

1	5	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	16:39.73c (16:47.38f)	12/1
2	6	Grace RICHARDSON	SR	#4 NYU	16:44.20	12/2
3	10	Penelope GREENE	JR	#1 SUNY Geneseo {2}	16:49.74c (16:57.47f)	12/1
4	29	Kate COCHRAN	JR	#4 NYU {2}	17:17.90	2/10
5	33	Kerry FLOWER	SR	#7 SUNY Brockport	17:26.63	2/10
6	40	Lily MURPHY	FR	#13 Hamilton	17:33.49c (17:41.55f)	1/12
7	45	Kyla EISMAN	SO	#3 Ithaca	17:38.53c (17:46.63f)	1/27
8	49	Sennett TURNER	SR	#2 Rochester (N.Y.)	17:40.29c (17:48.41f)	1/27
9	50	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	17:40.97c (17:49.09f)	12/1
10	56	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	17:45.85c (17:54.01f)	12/1



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Niagara

as of 2/20/2024 6:54:46 AM ET

Women's 4x400 Relay

1	1	Madeline O'Connell, Kate Isaac, Nora Chen, Megan Bell	#2 Rochester (N.Y.)	3:45.78	2/10
2	19	Brynn Mooney, Jill Ambler, Janelle Eckl, Ava Bagley	#1 SUNY Geneseo	3:57.18	2/10
3	47	Abrianna Wadley, Janaiya Cruz- Bermudez, Mackenzie Mix, Arianna McClendon	#6 Utica	4:05.38c (4:08.63f)	1/19
4	51	Avery Hebert, Maris Seabury, Matty Lucey, Yasmine Peralta	#5 SUNY Cortland	4:05.66c (4:08.92f)	1/27
5	56	Laila Goodman, Seneca Guneratne, Cindy Leonard, Beverly Okyere	#4 NYU	4:06.49	1/19
6	59	Renata Mendez- Alvarez, Claire Tratnyek, Hannah Turner, Katherine Scibelli	#13 Hamilton	4:06.58	2/9
7	70	Natalie MacArthur, Lyla Powers, Giana Haubrich, Luca Pecora	#3 Ithaca	4:08.83c (4:12.13f)	2/4
8	83	Violet Ameenle, Samantha Crisci, Caroline Hill, Sadie Schreiner	#9 RIT	4:10.80	2/10
9		Lauren Bendall, Shiana Susa, Alexis Lasher, Isabella Heath	#8 Nazareth	4:13.68	2/9
10		Sarah Rivet, Lily Schnell, Isabelle Popoff, Oli Kraynik	#20 Alfred State	4:15.72c (4:19.11f)	2/16

Women's Distance Medley Relay

1	17	Sierra Doody, Jill Ambler, Janelle Eckl, Kaitlyn Grossman	#1 SUNY Geneseo	11:59.43	2/10
2	36	Emily Pogozelski, Alexa Thomas, Katie Sands, Betsy Overstrum	#13 Hamilton	12:48.75	2/9
3	49	Ella Impaglia, Ava Baker, Kennedy Rose, Emily Weaver	#8 Nazareth	12:59.96	2/9
4	57	Joy Petersen, Elli Cloutier, Tessa Stanley, Jessica Goode	#3 Ithaca	13:08.85c (13:17.30f)	1/27
5	60	Ellie Decker, Noladia Blum, Cristina Gaskiewicz, Faith Coyle	#14 SUNY Oswego	13:14.90c (13:23.41f)	1/27
6	65	Tabitha Clark, Miranda Lyon, Kyra Binney, Noelle Linenfelter	#16 Houghton	13:19.99	2/9
7	70	Rachel Ladd, Ally Zuidema, Caroline Hill, Katie Cobos	#9 RIT	13:21.47c (13:30.05f)	12/1
8	97	Olivia Gilbert, Zoe Rainville, Sarah Lutkins, McKenzie Hall	#15 Alfred	13:57.99c (14:06.96f)	12/1
9		Jade Dening, Kamryn Williams, Noella Burlette, Brianna Salvo	#6 Utica	14:18.22c (14:27.41f)	1/27
10		Juliana Rodriguez, Hayley Mercer, Kevina Drennan, Elizabeth Gloss	#18 Fredonia	14:47.24c (14:56.74f)	1/27

Women's High Jump

1	3	Danielle FISK	SR	#5 SUNY Cortland	1.71m	5-7¼	2/17
2	69	Madeleine WRIGHT	FR	#3 Ithaca	1.59m	5-2½	2/4
2	69	Sasha SCHRAMM	SO	#7 SUNY Brockport	1.59m	5-2½	1/20
4	79	Reilly QUINN	FR	#5 SUNY Cortland {2}	1.58m	5-2¼	2/10
4	79	Jill AMBLER	FR	#1 SUNY Geneseo	1.58m	5-2¼	2/3
4	79	Hannah ALLISON	FR	#6 Utica	1.58m	5-2¼	1/27
7	92	Celia RYAN	FR	#3 Ithaca {2}	1.57m	5-1¾	1/12
7	92	Lainey FLAITS	FR	#1 SUNY Geneseo {2}	1.57m	5-1¾	12/8
7	92	Morgan TOMPKINS	FR	#14 SUNY Oswego	1.57m	5-1¾	12/9
7	92	Abrianna WADLEY	JR	#6 Utica {2}	1.57m	5-1¾	1/12
7	92	Regan KAISER	JR	#5 SUNY Cortland {3}	1.57m	5-1¾	12/9
7	92	Natalia SAWYER	SO	#11 Buffalo State	1.57m	5-1¾	2/16



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



Niagara

as of 2/20/2024 6:54:46 AM ET

Women's Pole Vault

1	5	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	3.95m	12-11½	1/20
2	28	Catherine FOX	SR	#9 RIT	3.62m	11-10½	2/10
3	50	Becca BREADY	SO	#7 SUNY Brockport	3.45m	11-3¾	2/9
3	50	Erin EASTWOOD	SO	#3 Ithaca	3.45m	11-3¾	2/17
3	50	Talia HUTCHINSON	FR	#3 Ithaca	3.45m	11-3¾	2/10
3	50	Isabel MORSE	SO	#8 Nazareth	3.45m	11-3¾	2/16
7	70	Madison KAPPELER	JR	#17 Penn State Behr	3.38m	11-1	12/9
8	77	Bree BOYLE	SO	#3 Ithaca	{3} 3.35m	10-11¾	1/20
8	77	Cara PELLECHIA	SO	#18 Fredonia	3.35m	10-11¾	2/9
10	88	Rosie MORSE	SO	#8 Nazareth	{2} 3.31m	10-10¼	1/27

Women's Long Jump

1	7	Veronica DUELL	JR	#10 St. John Fisher	5.68m	18-7¾	2/3
2	10	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	5.64m	18-6	2/3
3	12	Michaela KURBS	SR	#10 St. John Fisher	{2} 5.62m	18-5¼	12/8
4	15	Khia LASTER	JR	#11 Buffalo State	5.60m	18-4½	12/8
5	24	Ally ALVIRA	JR	#1 SUNY Geneseo	5.54m	18-2¼	2/9
6	27	Jill AMBLER	FR	#1 SUNY Geneseo	{2} 5.52m	18-1½	12/8
7	28	Lena KIEHL	JR	#1 SUNY Geneseo	{3} 5.51m	18-1	2/16
8	32	Sasha SCHRAMM	SO	#7 SUNY Brockport	5.50m	18-½	2/3
9	37	Janelle ECKL	JR	#1 SUNY Geneseo	{4} 5.48m	17-11¾	2/3
10	44	Mackayla NERJUSTE	FR	#1 SUNY Geneseo	{5} 5.45m	17-10¾	12/1

Women's Triple Jump

1	6	Ally ALVIRA	JR	#1 SUNY Geneseo	11.99m	39-4	12/8
2	16	Katelyn JACQUES	JR	#1 SUNY Geneseo	{2} 11.62m	38-1½	2/16
3	24	Nora DEVITT	JR	#6 Utica	11.45m	37-6¾	12/9
4	43	Rylee LONG	FR	#17 Penn State Behr	11.23m	36-10¼	12/9
5	57	Zeniyah GHOLSON	SO	#6 Utica	{2} 11.12m	36-5¾	12/9
6	62	Dasha JACKSON	SO	#4 NYU	11.09m	36-4¾	1/19
7	71	Areyanna MCCARTHY	SO	#4 NYU	{2} 11.01m	36-1½	12/1
8	73	Isabella HEATH	SR	#8 Nazareth	11.00m	36-1¼	12/8
8	73	Sydney LASALLE	SO	#8 Nazareth	11.00m	36-1¼	1/27
10	77	Rania SABRI	SO	#9 RIT	10.97m	36-0	2/16

Women's Shot Put

1	11	Jane FAHY	SR	#6 Utica	13.82m	45-4¼	1/27
2	12	Isabella FABRIZIO	JR	#12 SUNY Oneonta	13.78m	45-2½	2/10
3	19	Sarah CROCKETT	SR	#7 SUNY Brockport	13.43m	44-¾	1/26
4	21	Makenna KING	SR	#10 St. John Fisher	13.38m	43-10¾	12/8
5	31	Lily SEYFERT	SO	#3 Ithaca	13.12m	43-½	2/4
6	52	Zoe CONNER	JR	#1 SUNY Geneseo	12.68m	41-7¼	2/9
7	70	Allie CARY	FR	#6 Utica	{2} 12.50m	41-¼	2/10
8	83	Cora ROSE	JR	#2 Rochester (N.Y.)	12.34m	40-6	1/27
9	92	Michelle UVIEGHARA	JR	#4 NYU	12.24m	40-2	1/19
10		Madison PALMER	SR	#16 Houghton	12.13m	39-9¾	2/16

Women's Weight Throw

1	13	Lea RICHARD	SR	#8 Nazareth	17.52m	57-5¾	12/8
2	17	Zoe CONNER	JR	#1 SUNY Geneseo	17.31m	56-9½	2/9
3	33	Deziree GARRICK	JR	#2 Rochester (N.Y.)	16.43m	53-11	2/16
4	35	Sarah CROCKETT	SR	#7 SUNY Brockport	16.32m	53-6½	1/26
5	43	Lauren JAKLITSCH	SO	#1 SUNY Geneseo	{2} 16.11m	52-10¼	2/16
6	65	Hailey WEBBER	FR	#8 Nazareth	{2} 15.52m	50-11	12/8
7	67	Jennifer NDUKWU	SO	#5 SUNY Cortland	15.44m	50-8	1/27
8	70	Isabella FABRIZIO	JR	#12 SUNY Oneonta	15.42m	50-7¼	2/17
8	70	Emma KINNICUTT	SR	#7 SUNY Brockport	{2} 15.42m	50-7¼	2/16
10	76	Lily SEYFERT	SO	#3 Ithaca	15.34m	50-4	1/27

Women's Pentathlon

1	5	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	3,415		2/3
2	6	Janelle ECKL	JR	#1 SUNY Geneseo	3,387		2/3
3	7	Danielle FISK	SR	#5 SUNY Cortland	3,376		12/9
4	14	Jill AMBLER	FR	#1 SUNY Geneseo	{2} 3,250		2/3
5	39	Anne SPILA	SO	#15 Alfred	2,978 OT		12/3
6	42	Laura SUPPA	SO	#3 Ithaca	2,957		2/4
7	43	Michelle FITTING	JR	#1 SUNY Geneseo	{3} 2,946		2/3
8	44	Hannah RAGULE	SR	#8 Nazareth	2,934		2/4
9	54	Cecelia LABONTE	SO	#3 Ithaca	{2} 2,850		2/4
10	55	Lanna WANDY	JR	#1 SUNY Geneseo	{4} 2,832		2/3



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



North

as of 2/20/2024 6:54:46 AM ET

Women's 60 Meters

1	1	Lauren JARRETT	SO	#1 UW-La Crosse	7.49	2/10
2	2	Tina SHELTON	SR	#7 UW-Whitewater	7.58	2/10
3	13	Diarra CHATHAM	FR	#21 Macalester	7.68	12/9
4	27	Anika REILAND	FR	#1 UW-La Crosse	{2} 7.76	2/16
5	31	Makenna ZAK	SO	#1 UW-La Crosse	{3} 7.77	1/20
6	35	Jireh BABALOLA	SR	#5 Bethel (Minn.)	7.78	2/16
7	47	Kate CARLSON	JR	#8 Gustavus Adolphus	7.81	2/16
8	51	Jenna DRISCOLL	SR	#4 UW-Stout	7.82	2/3
9	66	Hope SCHUELLER	FR	#2 UW-Eau Claire	7.86	2/3
10	72	Sarah STELLMACH	JR	#5 Bethel (Minn.)	{2} 7.87	1/20
10	72	Andrea GLAZ	JR	#3 UW-Oshkosh	7.87	2/19

Women's 60 Meter Hurdles

1	1	Kelsie SEALOCK	JR	#5 Bethel (Minn.)	8.51	2/3
2	2	Hannah ZASTROW	SR	#4 UW-Stout	8.55	2/16
3	16	Emilee BOOKER	JR	#2 UW-Eau Claire	8.85	2/19
4	25	Hannah HOLM	SR	#1 UW-La Crosse	8.94	2/3
5	39	Amber GROSSE	SO	#1 UW-La Crosse	{2} 9.07	2/3
6	42	Megan HUNT	JR	#3 UW-Oshkosh	9.09	2/19
6	42	Lilly ROBERTS	SO	#4 UW-Stout	{2} 9.09	1/27
8	53	Jaryn JOHANNSEN	SR	#2 UW-Eau Claire	{2} 9.16	2/10
9	60	Brie ECKERMAN	FR	#1 UW-La Crosse	{3} 9.19	2/3
10	64	Ellie HERNES	SO	#5 Bethel (Minn.)	{2} 9.21	12/9

Women's 200 Meters

1	5	Tina SHELTON	SR	#7 UW-Whitewater	24.64c (25.02f)	2/16
2	8	Lauren JARRETT	SO	#1 UW-La Crosse	24.83	1/27
3	13	Megan GERAETS	JR	#8 Gustavus Adolphus	24.94c (25.32f)	2/9
4	17	Kate CARLSON	JR	#8 Gustavus Adolphus	{2} 25.05c (25.44f)	2/9
5	25	Anika REILAND	FR	#1 UW-La Crosse	{2} 25.23c (25.62f)	2/10
6	35	Makenna ZAK	SO	#1 UW-La Crosse	{3} 25.42	1/27
7	61	Hannah BILODEAU	SO	#7 UW-Whitewater	{2} 25.58c (25.97f)	2/16
8	82	Allyson KAKES	FR	#2 UW-Eau Claire	25.75c (26.15f)	2/19
9	94	Karla KROSCHER	SR	#12 St. Olaf	25.80c (26.20f)	2/10
10		Sarah GRUBBS	FR	#1 UW-La Crosse	{4} 25.84c (26.24f)	1/20

Women's 400 Meters

1	17	Allison HOOKOM	SO	#22 Augsburg	57.18c (57.94f)	2/10
2	20	Megan GERAETS	JR	#8 Gustavus Adolphus	57.19c (57.95f)	1/27
3	29	Amber JOHNSON	SR	#1 UW-La Crosse	57.59c (58.35f)	2/10
4	54	Maddy LAVOI	FR	#3 UW-Oshkosh	58.21c (58.98f)	12/9
5	61	Kyla NYGAARD	SO	#14 Concordia Moorhead	58.43 OT	2/17
6	77	Ashley BARTELT	JR	#11 UW-Stevens Poir	58.73c (59.51f)	2/10
6	77	Anna RAASCH	SR	#17 Wisconsin Lutheran	58.73c (59.51f)	2/17
8	82	Anna PLAUTZ	FR	#1 UW-La Crosse	{2} 58.78c (59.56f)	2/3
9	87	Olivia STENZEL	SO	#3 UW-Oshkosh	{2} 58.90c (59.68f)	2/10
10	93	Anetha VOGELE	JR	#11 UW-Stevens Poir	{2} 58.97c (59.75f)	2/19

Women's 800 Meters

1	6	Cyna MADIGAN	SR	#3 UW-Oshkosh	2:12.37c (2:13.89f)	12/9
2	10	Maddie HANNAN	SR	#1 UW-La Crosse	2:13.01c (2:14.54f)	2/10
3	14	Annessa IHDE	SR	#5 Bethel (Minn.)	2:13.70c (2:15.24f)	2/3
4	25	Mary BLANCHARD	JR	#6 Carleton	2:15.04c (2:16.59f)	2/3
5	36	Jenny CORTES	SO	#13 Ripon	2:15.80c (2:17.36f)	2/3
6	37	Greta KOEHLER	SR	#1 UW-La Crosse	{2} 2:15.96	1/27
7	40	Anna SCHUETH	SR	#2 UW-Eau Claire	2:16.16c (2:17.73f)	2/10
8	48	Gwen HINZ	SO	#1 UW-La Crosse	{3} 2:16.57c (2:18.14f)	2/3
9	64	Mikayla HADY	SR	#2 UW-Eau Claire	{2} 2:17.49c (2:19.07f)	1/27
10	65	Cailyn KUECHLE	SR	#23 UW-River Falls	2:17.54c (2:19.12f)	1/20

Women's Mile

1	4	Fiona SMITH	SR	#9 Saint Benedict	4:50.21c (4:53.08f)	2/3
2	27	McKayla FELTON	JR	#4 UW-Stout	4:59.22c (5:02.18f)	1/20
3	29	Amelia LEHMAN	SR	#3 UW-Oshkosh	4:59.48c (5:02.44f)	2/10
4	33	Greta KOEHLER	SR	#1 UW-La Crosse	5:00.42c (5:03.39f)	2/10
5	38	Gwen HINZ	SO	#1 UW-La Crosse	{2} 5:01.25c (5:04.23f)	2/10
6	44	Cyna MADIGAN	SR	#3 UW-Oshkosh	{2} 5:02.43c (5:05.42f)	12/2
7	47	Maddie HANNAN	SR	#1 UW-La Crosse	{3} 5:02.59c (5:05.58f)	1/20
8	51	Rachel KROUSE	JR	#11 UW-Stevens Poir	5:03.48c (5:06.48f)	2/10
9	58	Mary BLANCHARD	JR	#6 Carleton	5:04.35c (5:07.36f)	2/10
10	62	Breklyn LAMMERT	JR	#4 UW-Stout	{2} 5:04.96c (5:07.97f)	1/20

Women's 3000 Meters

1	1	Fiona SMITH	SR	#9 Saint Benedict	9:23.40 OT	2/10
2	13	Helen CROSS	JR	#6 Carleton	9:43.85c (9:48.85f)	2/10
3	20	Phoebe WARD	JR	#6 Carleton	{2} 9:50.15c (9:55.21f)	2/10
4	22	Rachel KROUSE	JR	#11 UW-Stevens Poir	9:50.57c (9:55.63f)	2/3
5	23	Hannah PREISSER	SO	#6 Carleton	{3} 9:50.62c (9:55.68f)	2/10
6	25	Sophie MCMANUS	JR	#6 Carleton	{4} 9:52.09c (9:57.16f)	2/10
7	26	McKayla FELTON	JR	#4 UW-Stout	9:52.52c (9:57.60f)	1/27
8	46	Bella CALL	SR	#12 St. Olaf	10:01.85c (10:07.01f)	2/10
9	49	Maddy VANTASSEL	SR	#1 UW-La Crosse	10:03.02c (10:08.19f)	2/3
10	50	Lauren WALDA	SO	#12 St. Olaf	{2} 10:03.33c (10:08.50f)	2/10

Women's 5000 Meters

1	1	Fiona SMITH	SR	#9 Saint Benedict	15:50.48	12/2
2	15	Rachel KROUSE	JR	#11 UW-Stevens Poir	16:55.48c (17:03.25f)	12/2
3	18	Phoebe WARD	JR	#6 Carleton	17:03.74c (17:11.58f)	1/27
4	19	Sophie MCMANUS	JR	#6 Carleton	{2} 17:04.74c (17:12.58f)	1/27
5	20	McKayla FELTON	JR	#4 UW-Stout	17:07.68 OT	2/10
6	26	Helen CROSS	JR	#6 Carleton	{3} 17:14.30c (17:22.22f)	1/27
7	27	Lauren WALDA	SO	#12 St. Olaf	17:16.53c (17:24.46f)	1/27
8	35	Madelynn MCINTYRE	JR	#1 UW-La Crosse	17:26.98c (17:34.99f)	2/10
9	37	Hannah PREISSER	SO	#6 Carleton	{4} 17:28.70c (17:36.73f)	1/27
10	41	Katelyn CHADWICK	JR	#1 UW-La Crosse	{2} 17:34.13c (17:42.20f)	2/10



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



North

as of 2/20/2024 6:54:47 AM ET

Women's 4x400 Relay

1	8	Julia Steger, Olivia Stenzel, Cyna Madigan, Maddy LaVoi	#3 UW-Oshkosh	3:51.39c (3:54.46f)	2/19
2	10	Morgan Jennings, Anika Reiland, Anna Plautz, Sarah Grubbs	#1 UW-La Crosse	3:52.14c (3:55.22f)	2/16
3	11	Kelsie Sealock, Hailey Gregg, Annessa Ihde, Shalom Sulungaine	#5 Bethel (Minn.)	3:52.36 OT	2/10
4	14	Malina Carattini, Ashley Bartelt, Jaimie Deschand, Anetha Voge	#11 UW-Stevens Poir	3:54.77c (3:57.88f)	2/19
5	15	Michaela Dick, Emilee Booker, Jaryn Johannsen, Jane Kautz	#2 UW-Eau Claire	3:56.42c (3:59.55f)	2/19
6	29	Hannah Bilodeau, Katie McNamara, Abby Giese, Lily Cooper	#7 UW-Whitewater	4:01.25c (4:04.45f)	2/10
7	30	Kyla Nygaard, Emily Rengo, Drew Frolek, Meg Shercliffe	#14 Concordia Moorl	4:01.64c (4:04.84f)	2/3
8	45	Margaret Rusch, Elianna Dalamangas, Lindsey Barnes, Jessica Buss	#16 UW-Platteville	4:05.07c (4:08.32f)	2/3
9	49	Corrina Tvedt, Brekkyn Lammert, Hailey Krueger, Lilly Roberts	#4 UW-Stout	4:05.54c (4:08.80f)	2/10
10	65	Bridget Finn, Madylyn Woyak, Heleyna Weiss, Jenny Cortes	#13 Ripon	4:08.22c (4:11.51f)	2/16

Women's Distance Medley Relay

1	3	Gwen Hinz, Amber Johnson, Greta Koehler, Maddie Hannan	#1 UW-La Crosse	11:38.83c (11:46.31f)	2/16
2	10	Cyna Madigan, Maddy LaVoi, Olivia Stenzel, Amelia Lehman	#3 UW-Oshkosh	11:44.00c (11:51.54f)	2/16
3	12	Paige Fassbender, Hannah Bilodeau, Katie Erb, Ari De La Cerda	#7 UW-Whitewater	11:49.58c (11:57.18f)	2/16
4	13	Anna Schueth, Kylee Grabarski, Paige Morrell, Mikayla Hady	#2 UW-Eau Claire	11:51.07c (11:58.68f)	2/16
5	14	McKayla Felton, Corrina Tvedt, Brekkyn Lammert, Olivia Donohue	#4 UW-Stout	11:51.80c (11:59.42f)	2/16
6	20	Kalli Smith, Lauren Berg, Lucy Lyngen, Fiona Smith	#9 Saint Benedict	12:06.38 OT	2/10
7	58	Emma Ahrens, Abigail Poehlman, Ainara Sainz De Rozas, Danielle Van Grinsven	#20 Concordia Wisco	13:09.59c (13:18.05f)	1/13
8	94	Bijou Phillips, Sarah Welsch, Catherine Fairbanks, Madison DeCleene	#18 St. Norbert	13:57.04c (14:06.00f)	1/27
9		Marianna Carus, Sophia Miller, Madeline Meason, Carter Browne	Beloit	14:40.22c (14:49.65f)	1/20
10		Nicole Trapp, Aubrey Hartzell, Samantha Grass, Abbee Olson	Martin Luther	15:54.37c (16:04.59f)	2/3

Women's High Jump

1	7	Macie TODD	JR	#1 UW-La Crosse	1.69m	5-6½	2/16
2	23	Cassidy GIBSON	FR	#19 Bethany Luthera	1.65m	5-5	2/3
2	23	Ainsley HANSEN	SO	#1 UW-La Crosse	{2} 1.65m	5-5	1/27
4	33	Hannah ZASTROW	SR	#4 UW-Stout	1.63m	5-4¼	1/27
4	33	Ella WILLIAMSON	JR	#2 UW-Eau Claire	1.63m	5-4¼	1/27
6	39	Rachel ROMENS	JR	#17 Wisconsin Luthe	1.62m	5-3¾	2/3
6	39	Megan HUNT	JR	#3 UW-Oshkosh	1.62m	5-3¾	2/3
8	55	Emma EILERSTON	FR	#20 Concordia Wisco	1.60m	5-3	1/27
8	55	Hailey CAMPBELL	FR	#16 UW-Platteville	1.60m	5-3	2/10
10	69	Ally RAKOW	SR	#8 Gustavus Adolp	1.59m	5-2½	2/3
10	69	Alyssa DRAHEIM	FR	#2 UW-Eau Claire	{2} 1.59m	5-2½	2/19
10	69	AnnaGrace NELSON	SR	#5 Bethel (Minn.)	1.59m	5-2½	1/27
10	69	Laura BERTRANG	FR	#2 UW-Eau Claire	{2} 1.59m	5-2½	2/19
10	69	Eden MARANELL	FR	#18 St. Norbert	1.59m	5-2½	12/9



Regional TFRI Event Summary



North

as of 2/20/2024 6:54:47 AM ET

Women's Pole Vault

1	1	Gracie HOLLAND	SR	#7 UW-Whitewater	4.08m	13-4½	2/10
2	4	Leah ZASTROW	SO	#4 UW-Stout	4.01m	13-1¾	1/27
3	8	Araceli DE LEO LOPEZ	SO	#1 UW-La Crosse	3.81m	12-6	1/27
4	10	Ayden FLEECHARTY	SR	#2 UW-Eau Claire	3.80m	12-5½	2/19
5	18	Marisa HARVEY	FR	#1 UW-La Crosse	{2} 3.71m	12-2	2/16
6	22	Maddy HABBERSTAD	FR	#1 UW-La Crosse	{3} 3.67m	12-½	2/3
7	24	Nina WINTERMUTE	FR	#2 UW-Eau Claire	{2} 3.64m	11-11¼	2/10
7	24	Haley BLAGDON	SR	#2 UW-Eau Claire	{2} 3.64m	11-11¼	2/10
9	26	Jaylyn AHLBERG	SO	#9 Saint Benedict	3.63m	11-10¾	2/3
10	31	Emily SHAFRON	SO	#1 UW-La Crosse	{4} 3.57m	11-8½	2/3
10	31	Emily PEARSON	FR	#5 Bethel (Minn.)	3.57m	11-8½	2/16

Women's Long Jump

1	3	Megan HUNT	JR	#3 UW-Oshkosh	5.92m	19-5¼	12/9
2	9	Megan GERAETS	JR	#8 Gustavus Adolphus	5.65m	18-6½	2/16
3	17	Ava FOLEY	SO	#1 UW-La Crosse	5.59m	18-4¼	2/10
4	24	Jenna DRISCOLL	SR	#4 UW-Stout	5.54m	18-2¼	2/16
5	28	Maya EVANS	SO	#1 UW-La Crosse	{2} 5.51m	18-1	2/3
6	35	Janae JENSEN	SR	#17 Wisconsin Lutheran	5.49m	18-¼	2/17
7	37	Sidney HOFFA	FR	#13 Ripon	5.48m	17-11¾	2/10
8	51	Ashlyn JORE	FR	#12 St. Olaf	5.43m	17-9¾	1/12
9	59	Anna BUBOLZ	SR	#3 UW-Oshkosh	{2} 5.40m	17-8¾	12/9
9	59	Alexa GORDEE	FR	#3 UW-Oshkosh	{2} 5.40m	17-8¾	12/9
9	59	Lauren DIMLER	SO	#2 UW-Eau Claire	5.40m	17-8¾	2/19

Women's Triple Jump

1	8	Ellie HERNES	SO	#5 Bethel (Minn.)	11.87m	38-11½	12/9
2	15	Samantha BARRETT	JR	#1 UW-La Crosse	11.68m	38-4	1/20
3	21	Madi KES	SR	#8 Gustavus Adolphus	11.50m	37-8¾	1/13
4	32	AnnaGrace NELSON	SR	#5 Bethel (Minn.)	{2} 11.36m	37-3¼	1/20
5	33	Eden MARANELL	FR	#18 St. Norbert	11.35m	37-3	12/2
6	35	Ashley DAVIES	FR	#1 UW-La Crosse	{2} 11.31m	37-1¼	2/3
7	46	Stephanie WITBROD	JR	#19 Bethany Lutheran	11.22m	36-9¾	12/2
8	59	Sabriya FARQUHARSON	FR	#9 Saint Benedict	11.11m	36-5½	1/27
8	59	Josie BLUM	FR	#1 UW-La Crosse	{3} 11.11m	36-5½	2/10
8	59	Alison DAUGHERTY	FR	#1 UW-La Crosse	{3} 11.11m	36-5½	2/3

Women's Shot Put

1	3	Aubrey SCHOENEMAN	JR	#10 Carthage	14.53m	47-8	2/17
2	4	Vanessa UITENBROEK	SR	#15 Carroll (Wis.)	14.34m	47-¾	2/19
3	8	Kayla BEHNKE	SO	#2 UW-Eau Claire	13.94m	45-9	2/16
4	10	Brenna NOON	JR	#16 UW-Platteville	13.83m	45-4½	2/16
5	13	Brenna MASLOROFF	SR	#3 UW-Oshkosh	13.64m	44-9	1/27
6	14	Alyssa GULSVIG	SR	#10 Carthage	{2} 13.60m	44-7½	12/2
7	15	Izzy CARROLL	SR	#1 UW-La Crosse	13.58m	44-6¾	2/3
8	17	Alexis MATTOX	SR	#10 Carthage	{3} 13.55m	44-5½	12/9
9	18	Maria FALK	JR	#15 Carroll (Wis.)	{2} 13.45m	44-1½	2/10
10	20	Raina STECHER	JR	#2 UW-Eau Claire	{2} 13.39m	43-11¼	2/16

Women's Weight Throw

1	2	Brenna MASLOROFF	SR	#3 UW-Oshkosh	18.77m	61-7	2/19
2	6	Raina STECHER	JR	#2 UW-Eau Claire	18.30m	60-½	2/3
3	7	Kayla BEHNKE	SO	#2 UW-Eau Claire	{2} 18.22m	59-9½	2/10
4	10	Alexis MATTOX	SR	#10 Carthage	18.02m	59-1½	1/20
5	12	Teagan JONES	JR	#2 UW-Eau Claire	{3} 17.69m	58-½	2/3
6	17	Kenni CZARNECKI	JR	#7 UW-Whitewater	17.31m	56-9½	2/16
7	22	Lily BENEKE	SR	#24 St. Scholastica	16.95m	55-7½	2/10
8	24	Ella PULS	SO	#1 UW-La Crosse	16.80m	55-1½	2/10
9	26	Aubrey SCHOENEMAN	JR	#10 Carthage	{2} 16.67m	54-8¼	2/17
10	27	Vanessa UITENBROEK	SR	#15 Carroll (Wis.)	16.66m	54-8	12/2

Women's Pentathlon

1	9	Megan HUNT	JR	#3 UW-Oshkosh	3,357	12/9
2	10	Jane KAUTZ	SR	#2 UW-Eau Claire	3,351	1/27
3	11	Alexys SCHEUERELL	JR	#1 UW-La Crosse	3,319	1/27
4	12	Emilee BOOKER	JR	#2 UW-Eau Claire	{2} 3,281	1/27
5	18	Audrey BRAUN	SO	#1 UW-La Crosse	{2} 3,228	1/27
6	19	Emma GRUEN	JR	#2 UW-Eau Claire	{3} 3,211	1/27
7	20	Peyton SELLE	SR	#14 Concordia Moorhead	3,207	2/24
8	21	AnnaGrace NELSON	SR	#5 Bethel (Minn.)	3,203	2/24
9	22	Amber GROSSE	SO	#1 UW-La Crosse	{3} 3,181	1/27
10	27	Lexi COLE	JR	#4 UW-Stout	3,120	1/27



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



South

as of 2/20/2024 6:54:47 AM ET

Women's 60 Meters

1	2	Kamayah WOOTEN	FR	#7 North Carolina V	7.58	2/10
2	8	Syniah SIMS	FR	#9 Belhaven (Miss.)	7.66	12/1
3	10	Olivia FREEMAN	SO	#12 Rhodes	7.67	1/14
3	10	Mariah BROOKS	SO	#7 North Carolina W	{2} 7.67	1/13
5	15	Audrey JOHNSON	JR	#1 Emory	7.69	12/1
6	24	Ti'asia BRYANT	FR	#7 North Carolina V	{3} 7.75	1/20
7	27	Dashiel TAO HARRIS	JR	#1 Emory	{2} 7.76	12/1
8	36	Sophia REDMOND	SO	#17 Mary Washington	7.79	2/17
9	44	Natashe TATE	FR	#10 Virginia Wesleya	7.80	2/4
10	51	Oceana BROWN	FR	#13 Gallaudet	7.82	2/10

Women's 60 Meter Hurdles

1	5	Aniya SEWARD	SR	#2 Lynchburg	8.64	2/17
2	12	Betsy MOHNKERN	SR	#2 Lynchburg	{2} 8.78	2/17
3	22	Nikki BOON	JR	#1 Emory	8.93	12/1
4	31	Rebecca CARR	FR	#6 Roanoke	9.00	2/17
5	47	Ellie NUCKOLS	FR	#5 Christopher New	9.13	2/17
6	71	Amaya MARTIN	JR	#1 Emory	{2} 9.24	12/1
7	82	Aanykka JACKSON	JR	#10 Virginia Wesleya	9.29	1/19
8	90	Amanda ROMANO	JR	#4 Washington and	9.32	2/17
9	95	Olivia VIERS	FR	#6 Roanoke	{2} 9.33	1/27
10	100	Emily THOMPSON	SR	#8 Berry	9.35	1/19

Women's 200 Meters

1	1	Kamayah WOOTEN	FR	#7 North Carolina V	24.19	2/10
2	7	Mariah BROOKS	SO	#7 North Carolina W	{2} 24.72	2/10
3	20	Audrey JOHNSON	JR	#1 Emory	25.11	2/10
4	33	Syniah SIMS	FR	#9 Belhaven (Miss.)	25.38	2/10
5	34	Dashiel TAO HARRIS	JR	#1 Emory	{2} 25.41	12/1
6	37	Natashe TATE	FR	#10 Virginia Wesleya	25.43	2/10
7	43	Ahnia CHERRY	SO	#7 North Carolina V	{3} 25.50	12/1
8	46	Sydney TRUSSELL	JR	#5 Christopher New	25.52	2/4
9	48	Haylee GAMBLE	SR	#6 Roanoke	25.53	2/17
10		Kimona HAYNES	SO	#9 Belhaven (Miss.)	{2} 25.85c (26.25f)	1/26

Women's 400 Meters

1	9	Kamayah WOOTEN	FR	#7 North Carolina V	56.33	2/10
2	66	Ashaunti BARNES	SR	#9 Belhaven (Miss.)	58.48	12/1
3	100	Kimona HAYNES	SO	#9 Belhaven (Miss.)	{2} 59.04c (59.82f)	1/26
4		Brigid BYRNES	FR	#3 Catholic (D.C.)	59.26	2/2
5		Haylee GAMBLE	SR	#6 Roanoke	59.34c (1:00.12f)	2/10
6		Dashiel TAO HARRIS	JR	#1 Emory	59.39	2/2
7		Sydney TRUSSELL	JR	#5 Christopher New	59.53c (1:00.32f)	2/17
8		Thora PEARSON	SR	#12 Rhodes	59.55	2/10
9		Amia BARNES	JR	#10 Virginia Wesleya	59.62	2/10
10		Ellie NUCKOLS	FR	#5 Christopher New	{2} 59.80c (1:00.59f)	2/17

Women's 800 Meters

1	3	Libby RANOCHA	JR	#1 Emory	2:11.75c (2:13.27f)	1/27
2	20	Emily MOEHRINGER	JR	#3 Catholic (D.C.)	2:14.52	2/10
3	43	Lily TAYLOR	SR	#1 Emory	{2} 2:16.36	2/2
4	47	Hannah RILEY	FR	#1 Emory	{3} 2:16.56	2/2
5	49	Lauren CERDA	SR	#3 Catholic (D.C.)	{2} 2:16.59	2/10
6	50	Madison TIAFFAY	SO	#1 Emory	{4} 2:16.62	2/2
7	72	Apolline GASPERS	JR	#3 Catholic (D.C.)	{3} 2:17.80c (2:19.38f)	1/20
8	76	Hannah EDWARDS	FR	#2 Lynchburg	2:17.91	2/17
9	78	Jenna DALY	JR	#1 Emory	{5} 2:17.96	2/2
10		Ella CLINGENPEEL	FR	#10 Virginia Wesleya	2:20.10	2/10

Women's Mile

1	27	Lauren CERDA	SR	#3 Catholic (D.C.)	4:59.22	2/16
2	34	Apolline GASPERS	JR	#3 Catholic (D.C.)	{2} 5:00.52c (5:03.49f)	1/27
3	52	Kayla WERNER	FR	#2 Lynchburg	5:03.65	2/17
4	65	Lily TAYLOR	SR	#1 Emory	5:05.11	2/10
5	90	Payton FLEMING	FR	#1 Emory	{2} 5:07.12	2/2
6	95	Madison LOWERY	SR	#15 Pfeiffer	5:07.56c (5:10.60f)	1/27
7	100	Jenna DALY	JR	#1 Emory	{3} 5:07.95c (5:10.99f)	1/27
8		Molly SILVA	JR	#2 Lynchburg	{2} 5:08.00	1/27
9		Emily MOEHRINGER	JR	#3 Catholic (D.C.)	{3} 5:08.53	2/16
10		Lauren MASSEY	SR	#2 Lynchburg	{3} 5:09.02	2/17

Women's 3000 Meters

1	10	Brigid HANLEY	JR	#1 Emory	9:41.99	2/10
2	24	Courtney DRUMM	SR	#2 Lynchburg	9:52.08	2/17
3	38	Elizabeth CSIKAI	FR	#1 Emory	{2} 9:59.47c (10:04.61f)	1/27
4	41	Kayla WERNER	FR	#2 Lynchburg	{2} 10:00.34	12/1
5	61	Allison DELL	SO	#2 Lynchburg	{3} 10:06.34	1/27
6	75	Liesl SCHERRER	JR	#1 Emory	{3} 10:10.42c (10:15.65f)	1/27
7	86	Lauren MASSEY	SR	#2 Lynchburg	{4} 10:12.79	1/27
8	89	Claire HAMLET	JR	#4 Washington and	10:13.74c (10:19.00f)	2/17
9		Elle HAUSHALTER	JR	#1 Emory	{4} 10:17.10c (10:22.39f)	1/27
10		Madison LOWERY	SR	#15 Pfeiffer	10:17.11c (10:22.40f)	2/17

Women's 5000 Meters

1	21	Brigid HANLEY	JR	#1 Emory	17:08.61	12/2
2	25	Elizabeth CSIKAI	FR	#1 Emory	{2} 17:12.26	2/10
3	30	Allison DELL	SO	#2 Lynchburg	17:20.76	2/10
4	43	Liesl SCHERRER	JR	#1 Emory	{3} 17:34.74	2/10
5	55	Kate INGLIS	JR	#3 Catholic (D.C.)	17:45.34c (17:53.49f)	1/27
6	65	Courtney DRUMM	SR	#2 Lynchburg	{2} 17:52.74	2/3
7		Claire HAMLET	JR	#4 Washington and	18:11.86	2/3
8		Mackenzie YOUNG	SR	#14 Bridgewater (Va.	18:17.45c (18:25.85f)	1/27
9		Julia KAPP	JR	#5 Christopher New	18:24.36c (18:32.81f)	2/17
10		Makenna THRUSH	JR	#11 Shenandoah	18:27.45c (18:35.93f)	1/20



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



South

as of 2/20/2024 6:54:47 AM ET

Women's 4x400 Relay

1	23	Nikki Boon, Mina Leopold, Libby Ranocha, Paige Murdock	#1 Emory	4:00.29	12/1
2	28	Paige Tulenko, Amanda Romano, Jesma Evans, Jordynn Palethorpe	#4 Washington and	4:00.58c (4:03.77f)	2/17
3	33	Sabrina Beniquez, Clare Marsh, Zoey Brown, Brigid Byrnes	#3 Catholic (D.C.)	4:02.02	2/2
4	48	Vuronika Barnes, Allison Bobst, Madelyn Boyce, Betsy Mohnkern	#2 Lynchburg	4:05.41	1/27
5	61	Maryrose Molina-Shuman, Ophelia Ladner, Lindsey Hobin, Haylee Gamble	#6 Roanoke	4:07.38	1/27
6	66	Olivia Freeman, Ava Dunn, Shannen Alack, Thora Pearson	#12 Rhodes	4:08.26	12/1
7	79	Marianna Moell, Asena Anderson, Macy Murdock, Emily Thompson	#8 Berry	4:10.52c (4:13.84f)	1/20
8	87	Elise Curtis, Tessa Miller, Folole Torres, Addie Parker	#18 Southern Virgini	4:10.95	1/27
9	99	Sarah Sidoro, Alexis Hubbard, Haley Van Voorhis, Kaitlyn Ruiz	#11 Shenandoah	4:12.37	1/27
10		Allison Richards, Katherine Armstrong, Amanda Heckman, Sophia Redmond	#17 Mary Washingto	4:13.33c (4:16.69f)	2/17

Women's Distance Medley Relay

1	4	Lily Taylor, Dashiel Tao Harris, Madison Tiaffay, Brigid Hanley	#1 Emory	11:39.06c(11:46.55f)	2/16
2	15	Apolline Gaspers, Brigid Byrnes, Emily Moehringer, Kate Inglis	#3 Catholic (D.C.)	11:53.46	2/10
3	26	Courtney Mudd, Sydney Trussell, Ellie Nuckols, Eliza Dana	#5 Christopher New	12:28.73c(12:36.75f)	1/27
4	38	Hannah Edwards, Taylor Hill, Hailey Smith, Lauren Thomas	#2 Lynchburg	12:49.32	1/27
5	41	Makayla Borst, Katelyn Lentz, Micah Welborn, Madison Lowery	#15 Pfeiffer	12:50.73c(12:58.98f)	1/27
6	47	Sophia Breschi, Sofia Petrucelli, Emilee Becker, Emily Sansbury	#4 Washington and	12:58.00	1/20
7	69	Andrea Gallegos, Madelyn Merna, Carly O'Toole, Amethyst Joseph	#23 Meredith	13:21.03c(13:29.61f)	1/20
8	78	Kamryn Bradshaw-meyer, Tessa Miller, Emmalee Hale, Lissie Hill	#18 Southern Virgini	13:35.09c(13:43.82f)	1/20
9	80	Avery Finnegan, Abby Hughes, Mikayla Stephens, Brier Amerlinck	#16 Marymount (Va.)	13:37.06c(13:45.81f)	1/20
10	91	Katherine Armstrong, Eyaya Fletcher, Amanda Heckman, Jessica Oberlies	#17 Mary Washingto	13:53.16c(14:02.08f)	2/17

Women's High Jump

1	8	Kaitlyn NGUYEN	SR	#6 Roanoke	1.68m	5-6	2/10
2	19	Hannah WETZEL	SR	#13 Gallaudet	1.66m	5-5¼	2/16
3	33	Kim RODEN	SO	#6 Roanoke	{2} 1.63m	5-4¼	12/9
3	33	Katya HOOVER	JR	#11 Shenandoah	1.63m	5-4¼	12/3
5	39	Camille GILLUM	SO	#4 Washington and	1.62m	5-3¾	2/4
6	92	Kaia BEDDOWS	FR	#4 Washington and	{2} 1.57m	5-1¾	1/27
6	92	Norah CIANO	JR	#10 Virginia Wesleya	1.57m	5-1¾	1/19
8		Ashley ELEY	FR	#5 Christopher New	1.56m	5-1¼	12/2
8		Linda WANG	FR	#1 Emory	1.56m	5-1¼	2/2
10		Shannen ALACK	FR	#12 Rhodes	1.55m	5-1	2/10
10		Emma CHRISTENSEN	JR	#25 Covenant	1.55m	5-1	2/17
10		Kym YOUNG	JR	#12 Rhodes	1.55m	5-1	12/1
10		Rebecca CARR	FR	#6 Roanoke	{3} 1.55m	5-1	2/1
10		Julia SHIPES	FR	#8 Berry	1.55m	5-1	1/13
10		Kris WILLIAMS	FR	#8 Berry	1.55m	5-1	1/20



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



South

as of 2/20/2024 6:54:47 AM ET

Women's Pole Vault

1	22	Hannah RILEY	FR	#1 Emory	3.67m	12-½	2/10
2	43	Allison BOBST	SR	#2 Lynchburg	3.50m	11-5¾	12/1
3	50	Ashley D'AMBROSIA	JR	#4 Washington and	3.45m	11-3¾	2/17
4	65	Kendra PAYNE	SR	#12 Rhodes	3.40m	11-1¾	1/14
5	72	Ella PINE	FR	#8 Berry	3.37m	11-¾	2/10
6	90	Cameron WEBER	FR	#2 Lynchburg	{2} 3.30m	10-9¾	1/12
6	90	Abby CHOLEWA	FR	#4 Washington and	{2} 3.30m	10-9¾	2/17
8		Madeline HUBBERT	JR	#8 Berry	{2} 3.22m	10-6¾	2/10
9		Ainsley MILLER	SR	#5 Christopher New	3.17m	10-4¾	2/4
10		Noa WEINHAUS	FR	#1 Emory	{2} 3.10m	10-2	1/14

Women's Long Jump

1	15	Nikki BOON	JR	#1 Emory	5.60m	18-4½	2/9
2	41	Aniya SEWARD	SR	#2 Lynchburg	5.47m	17-11½	1/12
3	75	Hannah WETZEL	SR	#13 Gallaudet	5.36m	17-7	1/27
4	92	Brandi GARDNER	SO	#19 Methodist	5.32m	17-5½	12/2
5		Ashley ELEY	FR	#5 Christopher New	5.29m	17-4¼	2/17
6		Ellie NUCKOLS	FR	#5 Christopher New	{2} 5.27m	17-3½	2/17
7		Emily THOMPSON	SR	#8 Berry	5.25m	17-2¾	2/10
7		Julia HATHAWAY	SO	#10 Virginia Wesleya	5.25m	17-2¾	1/12
9		Brigid BYRNES	FR	#3 Catholic (D.C.)	5.22m	17-1½	12/2
10		Lyric HOGGARD	SO	#10 Virginia Wesleya	{2} 5.16m	16-11¼	2/10
10		Madelyn VENABLE	JR	#4 Washington and	5.16m	16-11¼	12/2

Women's Triple Jump

1	8	Caroline HANSEN	JR	#1 Emory	11.87m	38-11½	2/2
2	11	Aniya SEWARD	SR	#2 Lynchburg	11.76m	38-7	2/10
3	18	Kacey KELLY	SO	#2 Lynchburg	{2} 11.61m	38-1¼	1/27
4	48	Hannah WETZEL	SR	#13 Gallaudet	11.19m	36-8½	12/8
5	51	Jakia JOINER	FR	#9 Belhaven (Miss.)	11.15m	36-7	1/20
6	69	Ayeshia WATSON	FR	#22 Hollins	11.05m	36-3	2/17
7	80	Angel DAVID	FR	#21 Eastern Mennon	10.96m	35-11½	1/27
8	83	Kaia BEDDOWS	FR	#4 Washington and	10.94m	35-10¾	1/27
9	88	Alexandra GUZMAN	SO	#5 Christopher New	10.91m	35-9½	1/12
10		Ashley ELEY	FR	#5 Christopher New	{2} 10.81m	35-5¾	2/17

Women's Shot Put

1	44	Midajah DAVIS	SR	#13 Gallaudet	12.89m	42-3½	1/27
2	49	Katherine STEVENS	JR	#5 Christopher New	12.73m	41-9¼	12/2
3	52	Abby MIKOLAY	FR	#14 Bridgewater (Va.	12.68m	41-7¼	2/10
4	80	Christian VAN NORDEN	JR	#7 North Carolina V	12.40m	40-8¼	1/20
5	81	Nikki BOON	JR	#1 Emory	12.37m	40-7	2/9
6	88	Grace FOWLER	SR	#6 Roanoke	12.32m	40-5	12/9
7		Kiara FELSTON	SR	#11 Shenandoah	11.93m	39-1¾	1/14
8		Sarah FINEMAN	JR	#1 Emory	{2} 11.75m	38-6¾	1/14
9		Onoyeme EGURE	FR	#8 Berry	11.69m	38-4¼	2/10
10		Kym YOUNG	JR	#12 Rhodes	11.66m	38-3¼	2/10

Women's Weight Throw

1	9	Kiara FELSTON	SR	#11 Shenandoah	18.03m	59-2	2/10
2	19	Logan BABBS	JR	#2 Lynchburg	17.12m	56-2	2/10
3	35	Katherine STEVENS	JR	#5 Christopher New	16.32m	53-6½	12/2
4	57	Grace FOWLER	SR	#6 Roanoke	15.68m	51-5½	1/20
5	69	Bailey HEDGEMON	SO	#4 Washington and	15.43m	50-7½	2/17
6	90	Avery JONES	SO	#8 Berry	15.03m	49-3¾	2/10
7		Abby MIKOLAY	FR	#14 Bridgewater (Va.	14.62m	47-11¾	2/17
8		Kelci SPARKS	SO	#24 Maryville (Tenn.)	14.49m	47-6½	2/17
9		Kiersten ALLING	FR	#20 Randolph	14.26m	46-9½	1/20
10		Daryl TUCKER	SO	#10 Virginia Wesleya	14.00m	45-11¼	12/2

Women's Pentathlon

1	2	Nikki BOON	JR	#1 Emory	3,673		2/9
2	40	Emily THOMPSON	SR	#8 Berry	2,968		1/19
3	48	Ellie NUCKOLS	FR	#5 Christopher New	2,898		2/3
4	58	Margo FOX	SO	#2 Lynchburg	2,829		12/1
5	92	Macy MURDOCK	SO	#8 Berry	{2} 2,599		1/19
6		Alicia VO	FR	#3 Catholic (D.C.)	2,396		1/27
7		Anna MILLER	FR	#2 Lynchburg	{2} 2,367		12/1
8		Ariana GRANT	SO	#16 Marymount (Va.)	2,253		2/10
9		Jessica TAYLOR	FR	#20 Randolph	2,252		12/9
10		Dana FREIMANE	FR	#16 Marymount (Va.)	{2} 2,126		2/10



Regional TFRI Event Summary



West

as of 2/20/2024 6:54:47 AM ET

Women's 60 Meters

1	36	Jordyn LUNGO	SR	#1 Whitworth	7.79	2/10
2	47	Kyrstin WILSON	SO	#11 Puget Sound	7.81	2/10
2	47	Allyson HAMMOND	SO	#8 Pacific (Ore.)	7.81	2/3
4	64	Alison BALL	SR	#1 Whitworth {2}	7.85	2/10
5	77	Elizabeth HAWLEY	SO	#14 Occidental	7.89c (7.85A)	2/16
6	82	Brynn YANEZ	SO	#3 McMurry	7.91	12/9
6	82	Amaya CUMMINS	JR	#4 UC Santa Cruz	7.91	2/17
8	89	Josephine JETT	FR	#2 Claremont-Mudc	7.92	2/10
9		Makenna LIZARDE	SO	#7 Chapman	7.97c (7.93A)	2/16
10		Trinity MURDOCK	SR	#13 Texas Lutheran	7.98	2/16
10		Kylah WASHINGTON	FR	#20 Hardin-Simmons	7.98	2/3

Women's 60 Meter Hurdles

1	20	Allyson HAMMOND	SO	#8 Pacific (Ore.)	8.89	2/3
2	22	Amelia HEWSON	SR	#1 Whitworth	8.93	1/27
3	27	Josephine JETT	FR	#2 Claremont-Mudc	8.98	2/10
3	27	Eleanor BACHMEIER	SR	#9 Redlands (Calif.)	8.98c (8.98A)	2/2
5	35	Naj CAMPBELL	JR	#3 McMurry	9.05	2/3
6	45	Ebonee NATION	SO	#16 St. Thomas (Tex)	9.11	12/1
7	48	Passion WASHINGTON	FR	#7 Chapman	9.14c (9.14A)	2/16
8	67	Taylor NORRELL	JR	#13 Texas Lutheran	9.22	2/16
9	77	Ayahna BAHATI	JR	#6 George Fox	9.27	2/17
10		Breanne RAWLS	JR	#1 Whitworth {2}	9.40	2/10

Women's 200 Meters

1	40	Alison BALL	SR	#1 Whitworth	25.44	12/9
2	56	Madelyn GOLLIHAR	SO	#3 McMurry	25.57 OT	2/10
3	74	Kyrstin WILSON	SO	#11 Puget Sound	25.66	2/10
4	76	Trinity PROVOST	SO	#16 St. Thomas (Tex)	25.69	2/9
5	79	Brynn YANEZ	SO	#3 McMurry {2}	25.72 OT	12/9
6	95	Allyson HAMMOND	SO	#8 Pacific (Ore.)	25.81	1/27
7		Macy O'HARA	SR	#12 Lewis & Clark	25.99	2/10
8		Elizabeth HAWLEY	SO	#14 Occidental	26.00c OT(25.86A)	2/16
9		Sophia DELGADO	JR	#16 St. Thomas (Tex)	26.06	2/9
10		Makenna LIZARDE	SO	#7 Chapman	26.13c OT(25.99A)	2/16

Women's 400 Meters

1	44	Elizabeth BEISWANGER	FR	#11 Puget Sound	57.93	2/10
2	70	Jackilyn LEWIS	SR	#11 Puget Sound {2}	58.56 OT	2/4
3	72	Kaylee SMITH	JR	#7 Chapman	58.57c OT(58.36A)	2/16
4		CC GRAY	JR	#5 Trinity (Texas)	59.23c (1:00.01f)	1/27
5		Allison KREMER	JR	#7 Chapman {2}	59.24c OT(59.03A)	2/16
6		Sarah CHARLES	FR	#7 Chapman {3}	59.31c OT(59.10A)	2/16
7		Proud KITNITCHIVA	JR	#7 Chapman {4}	59.60c OT(59.39A)	2/16
7		Elizabeth HAWLEY	SO	#14 Occidental	59.60	2/10
9		Emily RUTKOWSKI	SR	#8 Pacific (Ore.)	59.79 OT	2/18
10		Angelica GATICA GOMEZ	JR	#8 Pacific (Ore.) {2}	59.82 OT	2/18

Women's 800 Meters

1	21	Ellie RISING	JR	#6 George Fox	2:14.67 OT	2/10
2	52	Malia HEIEN	SO	#12 Lewis & Clark	2:16.73	2/10
3	75	Zanzie DEMCO	SR	#10 Colorado College	2:17.89c OT(2:19.51A)	2/16
4		Hanna HEKKANEN	JR	#4 UC Santa Cruz	2:19.88c (2:21.49f)	2/17
5		Sally GASKELL	FR	#2 Claremont-Mudc	2:20.58	2/10
6		Lily JONES	FR	#1 Whitworth	2:21.96	2/10
7		Frieda CEDILLO	SO	#4 UC Santa Cruz {2}	2:23.08c (2:24.73f)	2/17
8		Annette SMITH	FR	#5 Trinity (Texas)	2:23.57c (2:25.22f)	1/27
9		Erin SCHMIDLIN	FR	#11 Puget Sound	2:23.82	2/10
10		Marissa HEHIR	FR	#21 La Verne	2:25.31c OT(2:26.93A)	2/2

Women's Mile

1	19	Laura ZIMMER	SR	#2 Claremont-Mudc	4:57.38	2/10
2	40	Riley CAPUANO	SO	#2 Claremont-Mudc {2}	5:01.59	2/10
3	53	Natalie BITETTI	SR	#2 Claremont-Mudc {3}	5:03.73 out	1/27
4	61	Hanna HEKKANEN	JR	#4 UC Santa Cruz	5:04.88c (5:07.89f)	2/17
5		Kenzie SEYMOUR	FR	#4 UC Santa Cruz {2}	5:08.49c (5:11.54f)	2/17
6		Elena STANCIU	FR	#4 UC Santa Cruz {3}	5:10.96 OT	2/4
7		Annie BERRY	SR	#8 Pacific (Ore.)	5:11.17 OT	2/18
8		Riley MARTEL-PHILLIPS	SR	#4 UC Santa Cruz {4}	5:11.82c (5:14.90f)	2/17
9		Annika CARLSON	SO	#7 Chapman	5:12.03c OT(5:13.79A)	2/16
10		Josette GURULE	SO	#5 Trinity (Texas)	5:13.33c (5:16.43f)	1/27

Women's 3000 Meters

1	3	Natalie BITETTI	SR	#2 Claremont-Mudc	9:29.76	2/10
2	17	Riley CAPUANO	SO	#2 Claremont-Mudc {2}	9:48.52	12/2
3	32	Riley BUESE	JR	#12 Lewis & Clark	9:54.87	2/10
4	58	Helena JANKU	SO	#4 UC Santa Cruz	10:05.71c(10:10.90f)	2/17
5	74	Breanna SCHMITT	SO	#6 George Fox	10:10.18 OT	2/10
6		Kendall ACCETTA	SR	#10 Colorado College	10:21.52c(10:37.21A)	1/20
7		Jenna LENAY	SO	#14 Occidental	10:22.47	2/10
8		Alison MUELLER-HICKLER	SO	#10 Colorado College {2}	10:22.73c(10:38.45A)	1/20
9		Allison FORTMAN	FR	#5 Trinity (Texas)	10:24.83	2/3
10		Kylah HOLLAND	SR	#20 Hardin-Simmons	10:27.03	2/3

Women's 5000 Meters

1	3	Natalie BITETTI	SR	#2 Claremont-Mudc	16:33.50	12/2
2	23	Elle MARSYLA	SO	#2 Claremont-Mudc {2}	17:09.52	12/2
3	51	Helena JANKU	SO	#4 UC Santa Cruz	17:43.98c(17:52.12f)	2/17
4		Abby CROSSLEY	FR	#1 Whitworth	18:43.34	2/10
5		Luna CENTENO	FR	#4 UC Santa Cruz {2}	19:00.17c(19:08.90f)	2/17
6		Emma WIRZ	SO	#4 UC Santa Cruz {3}	19:15.82c(19:24.67f)	2/17
7		Savanna DANNER	SO	#3 McMurry	19:24.68c(19:33.60f)	1/27
8		Gwen MADDOX	FR	#21 La Verne	19:32.47c(19:41.45f)	2/10
9		Ashley SHEA	SO	#3 McMurry {2}	19:34.40c(19:43.39f)	1/27
10		Briella ROSE	SO	#19 LeTourneau	19:58.31	2/9



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



West

as of 2/20/2024 6:54:48 AM ET

Women's 4x400 Relay

1	20	Kaylee Smith, Chayanit Kitnitchiva, Makenna Lizarde, Allison Kremer	#7 Chapman	3:58.56c (3:57.72d)	2/16
2	37	Madelyn Gollihar, Jacee Dinkins, Brynn Yanez, Naj Campbell	#3 McMurry	4:02.67 OT	2/10
3	54	CC Gray, Vanessa Garcia, Aliya Jackson, Hayley Huck	#5 Trinity (Texas)	4:05.98	12/1
4	60	Macy O'Hara, Elsie Chin, Callow Soto, Malia Heien	#12 Lewis & Clark	4:07.08	2/10
5	72	Caitlin Donovan, Kayla Galvez, Mae Stafford, Amaya Cummins	#4 UC Santa Cruz	4:09.23c (4:12.53f)	2/17
6	74	Allyson Hammond, Annie Berry, Emily Rutkowski, Angelica Gatica Gomez	#8 Pacific (Ore.)	4:09.48	1/27
7	91	Ja'Keia Williams, Natalie Garcia, Kathryn Kostelnik, Kamilah Tanner	#13 Texas Lutheran	4:11.57c (4:14.91f)	2/16
8	97	Sydney Behrens, Olivia Schleifer, Reyna Kleemeier, Shriya Velichala	#2 Claremont-Mudc	4:12.19 out	1/27
9		Hannah Marcoe, Lily Jones, Hannah Higens, Madelyn Buckley	#1 Whitworth	4:15.20	2/10
10		Haily Bass, Victoria Wilson, Hope Greenwald, Ellie Marsh	#19 LeTourneau	4:20.00c (4:23.45f)	1/20

Women's Distance Medley Relay

1	6	Riley Capuano, Sally Gaskell, Laura Zimmer, Natalie Bitetti	#2 Claremont-Mudc	11:43.04	2/10
2	25	Riley Martel-Phillips, Marianne Chuang, Kenzie Seymour, Elena Stanciu	#4 UC Santa Cruz	12:27.37c (12:35.37f)	2/17
3	28	Malia Heien, Macy O'Hara, Madeleine Boyle, Riley Buese	#12 Lewis & Clark	12:30.02	2/10
4	34	Paige Tangney, Annette Smith, Josette Gurule, Ellie Catron	#5 Trinity (Texas)	12:44.78	2/3
5	39	Madelyn Buckley, Emily Brown, Lily Jones, Abby Crossley	#1 Whitworth	12:49.94	2/3
6	61	Erin Schmidlin, Jackilyn Lewis, Lydia Cocciolone, Hannah Cessna	#11 Puget Sound	13:14.97	2/10
7	90	Brenna Mack, Maleda Sims, Colleen Murata, Christian Roch	#24 Whitman	13:52.45	2/10
8		Abigail Huffhines, Jalene Hodges, Anna Dinaso, Jocelyn Moreno	#3 McMurry	14:39.37	2/3

Women's High Jump

1	8	Whitley STEPP	SO	#15 Willamette	1.68m	5-6	2/3
2	39	Breanne RAWLS	JR	#1 Whitworth	1.62m	5-3¾	1/20
3	92	Abigail CAPRYE	FR	#17 Pacific Lutheran	1.57m	5-1¾	2/10
4		Emma JONES	SO	#10 Colorado College	1.55m	5-1	12/8
4		Emma FOWKES	SR	#10 Colorado College	1.55m	5-1	12/8
4		Josephine LOUIS	FR	#10 Colorado College	1.55m	5-1	2/16
4		Victoria WILSON	SO	#19 LeTourneau	1.55m	5-1	1/27
4		April KWAN	SR	#10 Colorado College	1.55m	5-1	2/16
9		Marina CARROL	SR	#6 George Fox	1.54m	5-½	2/17
9		Siera CRAWFORD	SR	#18 Linfield	1.54m	5-½	2/17

Women's Pole Vault

1	26	Brenna STELL	FR	#3 McMurry	3.63m	11-10¾	12/9
2	31	Madeline SEIFERT	SO	#2 Claremont-Mudc	3.57m	11-8½	2/10
3	46	Grace TULLY	JR	#6 George Fox	3.48m	11-5	2/17
4	59	Siera CRAWFORD	SR	#18 Linfield	3.42m	11-2½	2/10
5	65	Jacee DINKINS	JR	#3 McMurry	{2} 3.40m	11-1¾	2/10
6	77	Maddy WIETSTRUCK	JR	#5 Trinity (Texas)	3.35m	10-11¾	2/3
7		Angela HAWKINS	SO	#6 George Fox	{2} 3.20m	10-6	2/3
7		Ashlynn RECKNAGEL	SO	#13 Texas Lutheran	3.20m	10-6	1/27
9		Shelby LARSON	JR	#6 George Fox	{3} 3.18m	10-5¼	2/17
10		Valerie BRUGGEMAN	JR	#6 George Fox	{4} 3.05m	10-0	2/3
10		Kaelin LEISHMAN	SO	#5 Trinity (Texas)	{2} 3.05m	10-0	1/27
10		Makayla KRAEMER	SR	#8 Pacific (Ore.)	3.05m	10-0	2/3



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #5, February 19



West

as of 2/20/2024 6:54:48 AM ET

Women's Long Jump

1	28	Allyson HAMMOND	SO	#8 Pacific (Ore.)	5.51m	18-1	2/3
2	64	Joy AREOLA	JR	#5 Trinity (Texas)	5.39m	17-8¼	1/27
3		Maigan ADAMS	JR	#9 Redlands (Calif.)	5.22m	17-1½	2/10
3		Kira HAWAABOO	FR	#18 Linfield	5.22m	17-1½	2/17
5		Erica SNYDER	FR	#15 Willamette	5.10m	16-8¾	2/17
6		Briana MEREDITH	FR	#7 Chapman	5.05m	16-7	2/16
6		Emily CRAWFORD	SO	#6 George Fox	5.05m	16-7	2/17
8		Brianna TIRA	FR	#1 Whitworth	5.03m	16-6	12/9
9		Whitney WADDELL	JR	#6 George Fox {2}	5.00m	16-5	2/3
10		Eleanor BACHMEIER	SR	#9 Redlands (Calif.) {2}	4.99m	16-4½	2/2

Women's Triple Jump

1	20	Maigan ADAMS	JR	#9 Redlands (Calif.)	11.51m	37-9¼	2/2
2	27	Joy AREOLA	JR	#5 Trinity (Texas)	11.40m	37-5	12/1
3		Briana MEREDITH	FR	#7 Chapman	10.74m	35-3	2/16
4		Niani JONES	FR	#22 Cal Lutheran	10.70m	35-1¼	2/16
5		Maddy WIETSTRUCK	JR	#5 Trinity (Texas) {2}	10.64m	34-11	2/3
6		Jonette SINGH	FR	#8 Pacific (Ore.)	10.47m	34-4¼	1/27
7		Isabella PEREIRA	FR	#1 Whitworth	10.46m	34-4	1/27
8		Kyrstin WILSON	SO	#11 Puget Sound	10.45m	34-3½	2/10
9		Lindsey GRAY	SO	#7 Chapman {2}	10.24m	33-7¼	2/16
10		Emily DOLIDA	JR	#14 Occidental	10.15m	33-3¾	2/16

Women's Shot Put

1	23	Renee TIUMALU	SR	#1 Whitworth	13.29m	43-7¼	12/9
2	75	Ellena CORWIN	SR	#6 George Fox	12.45m	40-10¼	2/17
3	89	Julissa RODRIGUEZ	JR	#13 Texas Lutheran	12.31m	40-4¾	1/27
4		Kendra HUMPHRIES	FR	#3 McMurry	11.90m	39-½	2/3
5		Amblessed OKEMGBO	SO	#1 Whitworth {2}	11.86m	38-11	2/3
6		Timony SHERRY	SR	#9 Redlands (Calif.)	11.85m	38-10½	2/2
7		Izzy BOYD	FR	#1 Whitworth {3}	11.69m	38-4¼	1/20
8		Georjina SOLIAI	JR	#17 Pacific Lutheran	11.60m	38-¾	2/10
9		Erin CAPELL	JR	#10 Colorado College	11.57m	37-11½	2/16
10		Teulia ILAIO	FR	#17 Pacific Lutheran {2}	11.30m	37-1	2/10
10		Tori COLMAN	FR	#3 McMurry {2}	11.30m	37-1	2/3

Women's Weight Throw

1	75	Elizabeth RYAN	SR	#3 McMurry	15.36m	50-4¾	2/3
2		Kaitlyn JOHNSON	SR	#6 George Fox	14.71m	48-3¼	2/17
3		Julissa RODRIGUEZ	JR	#13 Texas Lutheran	14.00m	45-11¼	2/16
4		Elizabeth CUNNINGHAM	SO	#3 McMurry {2}	13.93m	45-8½	2/3
5		Kenna KUBENKA	SO	#13 Texas Lutheran {2}	13.70m	44-11½	2/16
6		Megan ROBERTSON	SR	#23 Caltech	13.68m	44-10¾	2/2
7		Tenley GRANT	JR	#15 Willamette	13.63m	44-8¾	2/3
8		Alessandra VALMONTE	SO	#17 Pacific Lutheran	12.64m	41-5¾	2/10
9		Antonia HEKSTER	JR	#2 Claremont-Mudc	12.57m	41-3	1/27
10		Makayla TUIOLEMOTU	SO	#8 Pacific (Ore.)	12.27m	40-3¼	2/17

Women's Pentathlon

1	17	Eleanor BACHMEIER	SR	#9 Redlands (Calif.)	3,230	2/10
2	24	Breanne RAWLS	JR	#1 Whitworth	3,177 OT	1/20
3	88	Emily BROWN	FR	#1 Whitworth {2}	2,609	2/10
4		Elisabeth EICHINGER	SO	#9 Redlands (Calif.) {2}	2,499	2/10