



Conference TFRI Event Summary



American Rivers

as of 3/4/2024 8:35:25 PM ET

Women's 60 Meters

1	7	Isabella HOGUE	SR	#4 Nebraska Wesley	7.59	2/10
2	19	Emma SEIPEL	JR	#2 Loras	7.68	3/2
3	27	Harmony CREASY	JR	#2 Loras	{2} 7.71	12/9
4	40	Kelly KOHLHOF	SR	#2 Loras	{3} 7.77	2/24
5	69	Breanne GEARY	SR	#4 Nebraska Wesley	{2} 7.83	2/24
6		Keira ALLISS	SO	#5 Dubuque	7.90	3/1
6		Ava PARKINS	FR	#3 Central (Iowa)	7.90	2/24
8		Emily MCMARTIN	SO	#3 Central (Iowa)	{2} 7.91	2/24
9		Keeley HOURIGAN	JR	#4 Nebraska Wesley	{3} 7.92	2/10
9		JoJo TYNISMMAA	SO	#1 Wartburg	7.92	1/26

Women's 60 Meter Hurdles

1	19	JoJo TYNISMMAA	SO	#1 Wartburg	8.82	2/16
2	33	Grace BRADEN	FR	#1 Wartburg	{2} 8.94	3/2
3	41	Audrey ARNOLD	SR	#6 Simpson (Iowa)	9.02	3/2
4	47	Olivia BOHLEN	SO	#3 Central (Iowa)	9.06	2/24
5	51	Grace ALLEY	SR	#2 Loras	9.09	3/2
6	81	Keeley HOURIGAN	JR	#4 Nebraska Wesley	9.20	2/10
7		Annika ELCO	SO	#9 Luther	9.31	2/24
8		Sophia STAHL	FR	#1 Wartburg	{3} 9.43	2/3
9		Meghan PROHASKA	SR	#5 Dubuque	9.64	2/16
10		Olivia MILLER		#2 Loras	{2} 9.65	1/27

Women's 200 Meters

1	6	Isabella HOGUE	SR	#4 Nebraska Wesley	24.58 OT	2/10
2	22	Harmony CREASY	JR	#2 Loras	25.00c (25.38f)	2/24
3	26	Emma SEIPEL	JR	#2 Loras	{2} 25.13c (25.52f)	2/24
4	39	Breanne GEARY	SR	#4 Nebraska Wesley	{2} 25.25c (25.64f)	1/27
5	46	JoJo TYNISMMAA	SO	#1 Wartburg	25.37c (25.76f)	2/24
6	51	Emily MCMARTIN	SO	#3 Central (Iowa)	25.41c (25.80f)	2/24
7	57	Kelly KOHLHOF	SR	#2 Loras	{3} 25.44c (25.83f)	2/24
8	75	Abbi ROERDINK	SR	#3 Central (Iowa)	{2} 25.55c (25.94f)	2/17
9	79	Madison HAYS	SO	#6 Simpson (Iowa)	25.57c (25.96f)	2/10
9	79	Grace ALLEY	SR	#2 Loras	{4} 25.57c (25.96f)	2/10

Women's 400 Meters

1	1	Isabella HOGUE	SR	#4 Nebraska Wesley	55.05c (55.78f)	2/24
2	11	Abbi ROERDINK	SR	#3 Central (Iowa)	56.27c (57.01f)	3/2
3	25	JoJo TYNISMMAA	SO	#1 Wartburg	56.94c (57.69f)	2/24
4	29	Madison HAYS	SO	#6 Simpson (Iowa)	57.07c (57.82f)	2/24
5	37	Breanne GEARY	SR	#4 Nebraska Wesley	{2} 57.37c (58.13f)	2/24
6	41	Grace ALLEY	SR	#2 Loras	57.58c (58.34f)	2/24
7	45	Harmony CREASY	JR	#2 Loras	{2} 57.63c (58.39f)	2/10
8	75	Lina NEWLAND	SO	#1 Wartburg	{2} 58.25c (59.02f)	2/24
9	78	Alyssa PFADENHAUER	SR	#2 Loras	{3} 58.34c (59.11f)	2/24
10	98	Jaide FLOWERS	FR	#5 Dubuque	58.61c (59.38f)	2/24
10	98	Gianna BORZILERI	JR	#5 Dubuque	58.61c (59.38f)	2/16

Women's 800 Meters

1	14	Frankie CHAIDEZ	JR	#2 Loras	2:11.66c (2:13.17f)	3/2
2	15	Caroline MCMARTIN	SR	#3 Central (Iowa)	2:11.90c (2:13.42f)	3/2
3	24	Megan JOHNSON	JR	#3 Central (Iowa)	{2} 2:12.62c (2:14.15f)	3/2
4	25	Peyton STEFFEN	SO	#3 Central (Iowa)	{3} 2:12.64c (2:14.17f)	3/2
5	47	Haley MEYER	SO	#1 Wartburg	2:15.28c (2:16.84f)	2/24
6	56	Ella JOHNSON	FR	#1 Wartburg	{2} 2:15.73c (2:17.29f)	3/2
7	59	Lexi BROWN	SR	#1 Wartburg	{3} 2:15.97c (2:17.53f)	2/3
8	81	Alyssa MAYHEW	JR	#3 Central (Iowa)	{4} 2:17.04c (2:18.62f)	3/2
9		Delaney VACEK	SO	#4 Nebraska Wesley	2:17.81 OT	2/10
10		Ellie MEYER	JR	#1 Wartburg	{4} 2:18.46c (2:20.05f)	2/17

Women's Mile

1	4	Caroline MCMARTIN	SR	#3 Central (Iowa)	4:49.89c (4:52.75f)	2/24
2	6	Megan JOHNSON	JR	#3 Central (Iowa)	{2} 4:52.50c (4:55.39f)	2/17
3	9	Lexi BROWN	SR	#1 Wartburg	4:53.96c (4:56.87f)	1/26
4	11	Peyton STEFFEN	SO	#3 Central (Iowa)	{3} 4:54.27c (4:57.18f)	2/17
5	14	Aubrie FISHER	SR	#1 Wartburg	{2} 4:54.92c (4:57.83f)	1/26
6	46	Addy PARROTT	JR	#3 Central (Iowa)	{4} 4:59.76c (5:02.72f)	2/17
7	57	Ellie MEYER	JR	#1 Wartburg	{3} 5:01.60c (5:04.58f)	3/2
8	92	Frankie CHAIDEZ	JR	#2 Loras	5:05.51c (5:08.53f)	2/3
9		Jenna MOREY	SR	#1 Wartburg	{4} 5:07.72c (5:10.76f)	2/24
10		Ella JOHNSON	FR	#1 Wartburg	{5} 5:10.14c (5:13.21f)	2/24

Women's 3000 Meters

1	5	Megan JOHNSON	JR	#3 Central (Iowa)	9:32.08	2/10
2	6	Aubrie FISHER	SR	#1 Wartburg	9:34.98	2/10
3	12	Caroline MCMARTIN	SR	#3 Central (Iowa)	{2} 9:41.47c (9:46.45f)	1/27
4	16	Lexi BROWN	SR	#1 Wartburg	{2} 9:43.00 OT	1/19
5	27	Shaelyn HOSTAGER	SR	#1 Wartburg	{3} 9:50.08 OT	1/19
6	51	Teghan BOOTH	JR	#6 Simpson (Iowa)	9:59.77c (10:04.91f)	2/24
7	75	Addy PARROTT	JR	#3 Central (Iowa)	{3} 10:06.26c (10:11.45f)	1/27
8	77	Lara KALLEM	JR	#6 Simpson (Iowa)	{2} 10:06.64c (10:11.84f)	2/3
9	87	Becca DIDDIA	JR	#2 Loras	10:09.21c (10:14.43f)	3/2
10	93	Jenna MOREY	SR	#1 Wartburg	{4} 10:10.69c (10:15.92f)	3/2

Women's 5000 Meters

1	7	Caroline MCMARTIN	SR	#3 Central (Iowa)	16:44.24	2/10
2	8	Shaelyn HOSTAGER	SR	#1 Wartburg	16:45.89	2/10
3	14	Megan JOHNSON	JR	#3 Central (Iowa)	{2} 16:53.73c (17:01.49f)	12/2
4	17	Aubrie FISHER	SR	#1 Wartburg	{2} 16:57.67c (17:05.46f)	2/24
5	23	Lara KALLEM	JR	#6 Simpson (Iowa)	17:04.87c (17:12.71f)	2/24
6	28	Teghan BOOTH	JR	#6 Simpson (Iowa)	{2} 17:07.91c (17:15.78f)	2/24
7	30	Lexi BROWN	SR	#1 Wartburg	{3} 17:09.08c (17:16.96f)	12/2
8	94	Becca DIDDIA	JR	#2 Loras	17:56.08c (18:04.32f)	2/24
9		Jenna MOREY	SR	#1 Wartburg	{4} 17:57.93c (18:06.18f)	12/2
10		Addy CARLSON	SR	#1 Wartburg	{5} 18:02.54c (18:10.83f)	12/2



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Women's 4x400 Relay

1	3	Breanne Geary, Isabella Hilger, Gabby Thomas, Isabella Hogue	#4	Nebraska Wesley	3:48.47c (3:51.50f)	3/2
2	7	Grace Alley, Alyssa Pfadenhauer, Kelly Kohlhof, Harmony Creasy	#2	Loras	3:49.34c (3:52.38f)	3/2
3	9	Lizzy Van Utrecht, Ava Parkins, Abby Gruver, Abbi Roerdink	#3	Central (Iowa)	3:49.54c (3:52.58f)	3/2
4	10	Sophia Stahle, JoJo Tynnismaa, Haley Meyer, Lina Newland	#1	Wartburg	3:49.61c (3:52.65f)	3/2
5	58	Maddax DeVault, Ava Carder, Audrey Arnold, Madison Hays	#6	Simpson (Iowa)	4:02.67c (4:05.89f)	2/24
6	60	Riley Finn, Jaide Flowers, Emma Lundquist, Gianna Borzileri	#5	Dubuque	4:02.79c (4:06.01f)	2/24
7		Purtie Smith, Lanah Collins, Hannah Olson, Megan Bakke	#7	Buena Vista	4:16.37c (4:19.77f)	2/24
8		Annika Elco, Sarah Grams, Zoe Rahberg, Lily Chen	#9	Luther	4:28.69c (4:32.25f)	2/24
9		Sangai Dukuly, Morgana Goodlow, Gia Slocum, Crystal Burke	#8	Coe	4:30.03c (4:33.61f)	2/24

Women's Distance Medley Relay

1	3	Aubrie Fisher, Rachel Nagel, Ellie Meyer, Lexi Brown	#1	Wartburg	11:37.14c (11:44.60f)	2/3
2	5	Addy Parrott, Abbi Roerdink, Peyton Steffen, Megan Johnson	#3	Central (Iowa)	11:38.53c (11:46.01f)	2/16
3	50	Bailey Vaughan, Layla Hughes, Emily Jackson, Frankie Chaidez	#2	Loras	12:29.33c (12:37.35f)	2/24
4	58	Delaney Vacek, Kiarra Fennell, Bethany Schuhmacher, Gabby Thomas	#4	Nebraska Wesley	12:33.81c (12:41.88f)	2/24
5	92	Kate Huisinga, Ava Carder, Kaya Young, Emily Erhardt	#6	Simpson (Iowa)	12:51.57c (12:59.83f)	2/24
6		Delisha Davis, Emma Lundquist, Jaide Flowers, Kiana Vogel	#5	Dubuque	12:59.95c (13:08.30f)	2/24
7		Karley Ruiz- Genovese, Lanah Collins, Jaden Swarts, Megan Bakke	#7	Buena Vista	13:13.57c (13:22.07f)	2/24
8		Crystal Burke, Sangai Dukuly, Elise Dummermuth, Lily Mayo	#8	Coe	13:18.61c (13:27.16f)	2/24
9		Lucy Corbin, Annika Elco, Sarah Grams, Lindsey Moseley	#9	Luther	13:37.43c (13:46.18f)	2/24

Women's High Jump

1	1	Grace ALLEY	SR	#2	Loras	1.75m	5-8¾	2/3
2	13	Sara HOSKINS	SR	#2	Loras	{2} 1.68m	5-6	2/24
2	13	Jaden GATTS	FR	#5	Dubuque	1.68m	5-6	2/16
4	28	Samantha NIELSEN	SO	#1	Wartburg	1.65m	5-5	2/3
5	37	Deshawna NEAL	FR	#1	Wartburg	{2} 1.64m	5-4½	3/2
6	47	Julia KLEIN	SO	#2	Loras	{3} 1.62m	5-3¾	12/9
7		Meghan PROHASKA	SR	#5	Dubuque	{2} 1.56m	5-1¼	2/16
8		Alyssa FOWLER	FR	#1	Wartburg	{3} 1.55m	5-1	2/3
9		Cadence SINCLAIR	FR	#3	Central (Iowa)	1.53m	5-¼	2/10
9		Emma THURNESS	SO	#1	Wartburg	{4} 1.53m	5-¼	2/16
9		Olivia BOHLEN	SO	#3	Central (Iowa)	1.53m	5-¼	12/3
9		Aaliyah JOHNSON	JR	#6	Simpson (Iowa)	1.53m	5-¼	2/17



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Women's Pole Vault

1	41	Samantha HARVELL	JR	#5 Dubuque	3.55m	11-7¾	2/3
2	50	Meghan PROHASKA	SR	#5 Dubuque	{2} 3.48m	11-5	3/1
3	68	Amber VROMAN	JR	#3 Central (Iowa)	3.43m	11-3	2/10
4	99	Emily DRUSE	SR	#4 Nebraska Wesley	3.33m	10-11	3/2
5		Abby APELAND	FR	#2 Loras	3.17m	10-4¾	12/9
6		Leah HOWARD	SO	#3 Central (Iowa)	{2} 3.05m	10-0	2/17
7		Amelia HERBERT	SR	#4 Nebraska Wesley	{2} 2.92m	9-7	2/24
8		Kendra POPPE	FR	#4 Nebraska Wesley	{3} 2.87m	9-5	1/27
9		Ella JOHNSON	FR	#1 Wartburg	2.75m	9-¼	1/19
10		Linnea HEDIN	SO	#9 Luther	2.62m	8-7	2/24

Women's Long Jump

1	1	Emma SEIPEL	JR	#2 Loras	6.08m	19-11½	12/9
2	2	Harmony CREASY	JR	#2 Loras	{2} 5.94m	19-6	12/9
3	5	Grace ALLEY	SR	#2 Loras	{3} 5.87m	19-3¼	12/9
4	56	Olivia TOLLARI	SO	#1 Wartburg	5.46m	17-11	2/16
5	64	Breanne GEARY	SR	#4 Nebraska Wesley	5.44m	17-10¼	1/27
6	68	Olivia BOHLEN	SO	#3 Central (Iowa)	5.43m	17-9¾	2/24
7	81	Natalie CUMMINS	JR	#4 Nebraska Wesley	{2} 5.40m	17-8¾	2/3
8	86	Chloe MOOBERRY	FR	#4 Nebraska Wesley	{3} 5.39m	17-8¼	2/16
9		Shaniah JOHNSON	SR	#1 Wartburg	{2} 5.34m	17-6¼	3/2
10		Lina NEWLAND	SO	#1 Wartburg	{3} 5.33m	17-6	1/26

Women's Triple Jump

1	9	Grace ALLEY	SR	#2 Loras	11.94m	39-2¼	12/9
2	18	Harmony CREASY	JR	#2 Loras	{2} 11.75m	38-6¾	1/27
3	28	Shaniah JOHNSON	SR	#1 Wartburg	11.57m	37-11½	3/2
4	43	Emma SEIPEL	JR	#2 Loras	{3} 11.39m	37-4½	3/2
5	56	Julia KLEIN	SO	#2 Loras	{4} 11.30m	37-1	2/24
6	88	Samantha NIELSEN	SO	#1 Wartburg	{2} 11.03m	36-2¼	2/3
7		Sangai DUKULY	JR	#8 Coe	10.97m	36-0	1/27
8		Madeline BOULANGER	FR	#1 Wartburg	{3} 10.94m	35-10¾	2/3
9		Chloe DUNIGAN	SO	#2 Loras	{5} 10.65m	34-11¼	12/9
10		Deshawna NEAL	FR	#1 Wartburg	{4} 10.52m	34-6¼	1/26

Women's Shot Put

1	7	Kaitlyn WILDER	SR	#5 Dubuque	14.25m	46-9	3/1
2	10	Lily MEESTER	SR	#1 Wartburg	14.02m	46-0	2/17
3	27	Riley VICE	JR	#2 Loras	13.40m	43-11¾	2/24
4	35	Emmilly BERGLUND	FR	#4 Nebraska Wesley	13.20m	43-3¾	1/27
5	39	Nai'lah ANDERS	FR	#5 Dubuque	{2} 13.15m	43-1¾	2/24
6	42	Kristen REICKS	SR	#1 Wartburg	{2} 13.11m	43-¼	2/24
7	48	Chloe REISER	FR	#5 Dubuque	{3} 13.02m	42-8¾	2/24
8	49	Taylor FLAIG	SR	#2 Loras	{2} 12.96m	42-6¼	1/27
9	77	Haley BEMINIO	SR	#1 Wartburg	{3} 12.57m	41-3	2/16
10	89	Grace ALLEY	SR	#2 Loras	{3} 12.41m	40-8¾	2/10

Women's Weight Throw

1	1	Caitlyn COX	SO	#2 Loras	19.49m	63-11½	2/24
2	4	Emma TRUE	JR	#1 Wartburg	18.70m	61-4¼	3/2
3	7	Kaitlyn WILDER	SR	#5 Dubuque	18.35m	60-2½	3/1
4	19	Taylor FLAIG	SR	#2 Loras	{2} 17.56m	57-7½	2/24
5	24	Haley BEMINIO	SR	#1 Wartburg	{2} 17.30m	56-9¼	3/2
6	27	Ja'Dein MADISON	SO	#4 Nebraska Wesley	17.13m	56-2½	3/2
7	29	Tracy ALLEN	SR	#8 Coe	17.07m	56-0	2/24
8	46	Kaelyn MEANS	FR	#4 Nebraska Wesley	{2} 16.27m	53-4½	2/16
9	48	Grace MCCARTAN	SR	#1 Wartburg	{3} 16.19m	53-1½	2/17
10	58	Tara JOCHUMSEN	SR	#1 Wartburg	{4} 15.92m	52-2¾	3/2

Women's Pentathlon

1	1	Grace ALLEY	SR	#2 Loras	3,986		12/9
2	8	Olivia BOHLEN	SO	#3 Central (Iowa)	3,460		2/24
3	69	Grace BRADEN	FR	#1 Wartburg	2,861		2/24
4	89	Aaliyah JOHNSON	JR	#6 Simpson (Iowa)	2,743		2/24
5		Victoria ZOLTOWSKA	JR	#5 Dubuque	2,630		2/24
6		Madison HAYS	SO	#6 Simpson (Iowa)	{2} 2,603		1/26
7		Brooke SHAFER	JR	#1 Wartburg	{2} 2,581		2/24
8		Anna PARROTT	SO	#6 Simpson (Iowa)	{3} 2,571		2/24
9		Karsyn LAMM	JR	#3 Central (Iowa)	{2} 2,496		2/24
10		Bridgette SMITH	FR	#2 Loras	{2} 2,438		2/3



Conference TFRI Event Summary



C2C

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Women's 60 Meters

1	50	Sophia REDMOND	SO	#4 Mary Washington	7.79	2/17
2		Sydney TRUSSELL	JR	#1 Christopher New	7.91	2/25
2		Amaya CUMMINS	JR	#2 UC Santa Cruz	7.91	2/17
4		Karia FORVIL	SO	#3 Salisbury	8.03	2/17
5		Siena SUJITNO	JR	#5 Pratt Institute	8.06	12/8
6		Allison RICHARDS	FR	#4 Mary Washington	{2} 8.32	1/27
7		Taleah WILLIAMS	FR	#3 Salisbury	{2} 8.48	2/17
8		Julie THOMAS	FR	#3 Salisbury	{3} 8.51	2/17
9		Erin LIGHTNER	FR	#4 Mary Washington	{3} 8.54	12/3
10		Jessica HENDRICKS	FR	#1 Christopher New	{2} 8.62	1/12

Women's 60 Meter Hurdles

1	63	Ellie NUCKOLS	FR	#1 Christopher New	9.13	2/17
2		Ashley ELEY	FR	#1 Christopher New	{2} 9.77	2/17
3		Isha KASANAGOTTU	SO	#2 UC Santa Cruz	10.02	2/17
4		Kennedy ATKINS	FR	#3 Salisbury	10.03	2/17
5		Mackenzie JONES	JR	#2 UC Santa Cruz	{2} 10.18	2/17
6		Taleah WILLIAMS	FR	#3 Salisbury	{2} 10.21	2/17
7		Jayla MARABLE	FR	#1 Christopher New	{3} 10.55	2/17
8		Alyssa WOHLFARTH	SO	#3 Salisbury	{3} 10.64	2/17
9		Akira JONES	FR	#2 UC Santa Cruz	{3} 11.25	2/3
10		Grace DEAR	SR	#3 Salisbury	{4} 11.27	2/17

Women's 200 Meters

1	65	Sydney TRUSSELL	JR	#1 Christopher New	25.46c (25.85f)	2/25
2		Sophia REDMOND	SO	#4 Mary Washington	25.94c (26.34f)	2/17
3		Amaya CUMMINS	JR	#2 UC Santa Cruz	26.65c (27.06f)	2/17
4		Karia FORVIL	SO	#3 Salisbury	26.69c (27.10f)	2/17
5		Allison RICHARDS	FR	#4 Mary Washington	{2} 26.95	1/20
6		Marlyse HAACK	SO	#3 Salisbury	{2} 27.24c (27.66f)	2/17
7		Mia HILL	SO	#3 Salisbury	{3} 27.29	2/4
8		Ellie NUCKOLS	FR	#1 Christopher New	{2} 27.36	1/20
9		Siena SUJITNO	JR	#5 Pratt Institute	27.43c (27.85f)	2/17
10		Kayla GALVEZ	SO	#2 UC Santa Cruz	{2} 27.58c (28.00f)	2/17

Women's 400 Meters

1		Sydney TRUSSELL	JR	#1 Christopher New	59.53c (1:00.32f)	2/17
2		Caitlin DONOVAN	JR	#2 UC Santa Cruz	59.68c (1:00.47f)	3/2
3		Ellie NUCKOLS	FR	#1 Christopher New	{2} 59.80c (1:00.59f)	2/17
4		Allison RICHARDS	FR	#4 Mary Washington	1:00.21c (1:01.01f)	2/17
5		Mia HILL	SO	#3 Salisbury	1:00.42c (1:01.22f)	2/17
6		Mae STAFFORD	FR	#2 UC Santa Cruz	{2} 1:01.76c (1:02.58f)	2/17
7		Kayla GALVEZ	SO	#2 UC Santa Cruz	{3} 1:03.25 OT	2/4
8		Jessica HENDRICKS	FR	#1 Christopher New	{3} 1:03.67c (1:04.51f)	12/2
9		Carter FRENCH	FR	#1 Christopher New	{4} 1:03.70c (1:04.54f)	12/2
10		Madison LAMB	FR	#3 Salisbury	{2} 1:04.12c (1:04.97f)	2/17

Women's 800 Meters

1		Hanna HEKKANEN	JR	#2 UC Santa Cruz	2:19.88c (2:21.49f)	2/17
2		Frieda CEDILLO	SO	#2 UC Santa Cruz	{2} 2:23.08c (2:24.73f)	2/17
3		Courtney MUDD	FR	#1 Christopher New	2:23.85c (2:25.50f)	2/25
4		Peri NELSON	FR	#3 Salisbury	2:24.80c (2:26.47f)	2/17
5		Kenzie SEYMOUR	FR	#2 UC Santa Cruz	{3} 2:26.52 OT	2/4
5		Ellie NUCKOLS	FR	#1 Christopher New	{2} 2:26.52c (2:28.21f)	3/2
7		Christina SANCHO-SPORE	JR	#5 Pratt Institute	2:26.85	2/23
8		Marianne CHUANG	SO	#2 UC Santa Cruz	{4} 2:26.99c (2:28.68f)	2/17
9		Didi DASILVA	FR	#1 Christopher New	{3} 2:30.69c (2:32.42f)	2/17
10		Adalyn PEREZ	SO	#1 Christopher New	{4} 2:30.77	1/20

Women's Mile

1	53	Hanna HEKKANEN	JR	#2 UC Santa Cruz	5:00.96c (5:03.93f)	3/2
2		Elena STANCIU	FR	#2 UC Santa Cruz	{2} 5:07.20c (5:10.24f)	3/2
3		Kenzie SEYMOUR	FR	#2 UC Santa Cruz	{3} 5:08.49c (5:11.54f)	2/17
4		Riley MARTEL-PHILLIPS	SR	#2 UC Santa Cruz	{4} 5:08.95c (5:12.00f)	3/2
5		Helena JANKU	SO	#2 UC Santa Cruz	{5} 5:13.94 OT	2/4
6		Eliza DANA	JR	#1 Christopher New	5:16.46	1/20
7		Courtney MUDD	FR	#1 Christopher New	{2} 5:18.66c (5:21.81f)	1/27
8		Christina SANCHO-SPORE	JR	#5 Pratt Institute	5:19.69	2/2
9		Adalyn PEREZ	SO	#1 Christopher New	{3} 5:22.13	2/4
10		Julia KAPP	JR	#1 Christopher New	{4} 5:31.85	2/4

Women's 3000 Meters

1	70	Helena JANKU	SO	#2 UC Santa Cruz	10:05.71c (10:10.90f)	2/17
2	80	Anna BODMER	FR	#3 Salisbury	10:07.93c (10:13.14f)	2/17
3		Eliza DANA	JR	#1 Christopher New	10:32.93c (10:38.35f)	1/27
4		Elena STANCIU	FR	#2 UC Santa Cruz	{2} 10:38.17c (10:43.64f)	2/17
5		Sarah DAKE	FR	#1 Christopher New	{2} 10:45.03c (10:50.56f)	2/17
6		Christina SANCHO-SPORE	JR	#5 Pratt Institute	10:45.57	2/23
7		Rachel ROBERTS	SO	#3 Salisbury	{2} 10:45.70c (10:51.23f)	2/17
8		Julia KAPP	JR	#1 Christopher New	{3} 10:47.87c (10:53.42f)	1/27
9		Faith DYOGI	SO	#2 UC Santa Cruz	{3} 10:50.43c (10:56.00f)	2/17
10		Madi SISSON	SO	#3 Salisbury	{3} 10:52.75c (10:58.34f)	2/17

Women's 5000 Meters

1	59	Helena JANKU	SO	#2 UC Santa Cruz	17:43.98c (17:52.12f)	2/17
2	70	Anna BODMER	FR	#3 Salisbury	17:46.97c (17:55.14f)	2/17
3		Julia KAPP	JR	#1 Christopher New	18:24.36c (18:32.81f)	2/17
4		Rachel ROBERTS	SO	#3 Salisbury	{2} 18:27.48c (18:35.96f)	2/17
5		Sarah DAKE	FR	#1 Christopher New	{2} 18:41.41c (18:49.99f)	2/17
6		Madi SISSON	SO	#3 Salisbury	{3} 18:47.50c (18:56.13f)	2/17
7		Luna CENTENO	FR	#2 UC Santa Cruz	{2} 19:00.17c (19:08.90f)	2/17
8		Alyssa SANTORO	SR	#3 Salisbury	{4} 19:02.44c (19:11.18f)	12/2
9		Emma WIRZ	SO	#2 UC Santa Cruz	{3} 19:15.82c (19:24.67f)	2/17
10		Kayla LOPEZ	FR	#1 Christopher New	{3} 19:27.69c (19:36.63f)	2/17



Conference TFRI Event Summary



C2C

as of 3/4/2024 8:35:26 PM ET

Women's 4x400 Relay

1	97	Caitlin Donovan, Kayla Galvez, Mae Stafford, Amaya Cummins	#2 UC Santa Cruz	4:09.23c	(4:12.53f)	2/17
2		Mia Hill, Peri Nelson, Madison Lamb, Karia Forvil	#3 Salisbury	4:11.73c	(4:15.07f)	2/17
3		Allison Richards, Katherine Armstrong, Amanda Heckman, Sophia Redmond	#4 Mary Washington	4:13.33c	(4:16.69f)	2/17
4		Carter French, Ashley Eley, Sydney Trussell, Avery Mangels	#1 Christopher New	4:18.04c	(4:21.46f)	12/2
5		Ava Hunwick, Christina Sancho- Spore, Finn Powell, Kayla Galvan	#5 Pratt Institute	4:54.91c	(4:58.82f)	2/17

Women's Distance Medley Relay

1	24	Riley Martel-Phillips, Hanna Hekkanen, Caitlin Donovan, Kenzie Seymour	#2 UC Santa Cruz	12:04.16c	(12:11.91f)	3/2
2	47	Courtney Mudd, Sydney Trussell, Ellie Nuckols, Eliza Dana	#1 Christopher New	12:28.73c	(12:36.75f)	1/27
3		Leah Snyder, Madison Lamb, Peri Nelson, Alyssa Santoro	#3 Salisbury	13:10.17c	(13:18.63f)	2/17
4		Katherine Armstrong, Eyaya Fletcher, Amanda Heckman, Jessica Oberlies	#4 Mary Washington	13:53.16c	(14:02.08f)	2/17
5		Sarah Cawley, Ava Hunwick, Finn Powell, Christina Sancho-Spore	#5 Pratt Institute	14:20.06		1/19

Women's High Jump

1		Ashley ELEY	FR	#1 Christopher New	1.56m	5-1 1/4	12/2
2		Madison LAMB	FR	#3 Salisbury	1.52m	4-11 3/4	2/4
3		Jessica HENDRICKS	FR	#1 Christopher New{2}	1.42m	4-7 3/4	2/17
3		Ellie NUCKOLS	FR	#1 Christopher New{2}	1.42m	4-7 3/4	2/17
5		Isha KASANAGOTTU	SO	#2 UC Santa Cruz	1.39m	4-6 3/4	2/17
6		Samantha MINNER	FR	#3 Salisbury	{2} 1.36m	4-5 1/2	12/2

Women's Pole Vault

1		Ainsley MILLER	SR	#1 Christopher New	3.17m	10-4 3/4	2/4
2		Lily KNOWLES	FR	#1 Christopher New{2}	3.02m	9-10 3/4	2/4
3		Elizabeth LACOMBE	FR	#1 Christopher New{3}	2.90m	9-6 1/4	1/20
4		Allyson PETERSEN	FR	#2 UC Santa Cruz	2.69m	8-9 3/4	2/17
5		Mackenzie TATE	SO	#1 Christopher New{4}	2.61m	8-6 3/4	12/2

Women's Long Jump

1	64	Marlyse HAACK	SO	#3 Salisbury	5.44m	17-10 1/4	2/17
2		Mia HILL	SO	#3 Salisbury	{2} 5.32m	17-5 1/2	2/17
3		Ashley ELEY	FR	#1 Christopher New	5.29m	17-4 1/4	2/17
4		Ellie NUCKOLS	FR	#1 Christopher New{2}	5.27m	17-3 1/2	2/17
5		Alexandra GUZMAN	SO	#1 Christopher New{3}	5.03m	16-6	2/25
6		Ainsley MILLER	SR	#1 Christopher New{4}	4.99m	16-4 1/2	2/25
7		Kennedy ATKINS	FR	#3 Salisbury	{3} 4.98m	16-4 1/4	12/2
8		Grace DAMEWOOD	JR	#1 Christopher New{5}	4.83m	15-10 1/4	12/2
9		Emma CHRISTMAN	SO	#3 Salisbury	{4} 4.78m	15-8 1/4	12/2
10		Journey MASON	FR	#4 Mary Washington	4.73m	15-6 1/4	12/3

Women's Triple Jump

1	93	Alexandra GUZMAN	SO	#1 Christopher New	11.01m	36-1 1/2	3/2
2		Ashley ELEY	FR	#1 Christopher New{2}	10.81m	35-5 3/4	2/17
3		Marlyse HAACK	SO	#3 Salisbury	10.73m	35-2 1/2	12/2
4		Emma CHRISTMAN	SO	#3 Salisbury	{2} 10.34m	33-11 1/4	2/4
5		Avery MANGELS	SO	#1 Christopher New{3}	10.19m	33-5 1/4	12/2
6		Alex KAPLAN	SO	#2 UC Santa Cruz	10.00m	32-9 3/4	2/17

Women's Shot Put

1	38	Katherine STEVENS	JR	#1 Christopher New	13.16m	43-2 1/4	2/25
2		Annabelle DREHER	SO	#1 Christopher New{2}	11.02m	36-2	1/12
3		Hannah KIM	FR	#5 Pratt Institute	10.80m	35-5 1/4	2/10
4		Rylee EHRETT	FR	#1 Christopher New{3}	9.61m	31-6 1/2	2/17
5		Kailey JARBOE	SO	#3 Salisbury	9.59m	31-5 3/4	2/4
6		Whitney PORTER	SO	#2 UC Santa Cruz	9.58m	31-5 1/4	2/17
7		Ellie NUCKOLS	FR	#1 Christopher New{4}	9.09m	29-10	3/2
8		Eleanor EUNGARD	SO	#1 Christopher New{5}	8.72m	28-7 1/2	2/4
9		Faith JONES	JR	#4 Mary Washington	8.59m	28-2 1/4	1/27
10		Ashley ELEY	FR	#1 Christopher New{6}	8.04m	26-4 1/2	3/2

Women's Weight Throw

1	19	Katherine STEVENS	JR	#1 Christopher New	17.56m	57-7 1/2	3/2
2		Rylee EHRETT	FR	#1 Christopher New{2}	12.33m	40-5 1/2	2/4
3		Annabelle DREHER	SO	#1 Christopher New{3}	12.23m	40-1 1/2	12/2
4		Kailey JARBOE	SO	#3 Salisbury	11.47m	37-7 3/4	2/17
5		Hannah KIM	FR	#5 Pratt Institute	9.91m	32-6 1/4	2/17
6		Whitney PORTER	SO	#2 UC Santa Cruz	8.75m	28-8 1/2	2/17
7		Faith JONES	JR	#4 Mary Washington	8.45m	27-8 3/4	1/20

Women's Pentathlon

1	46	Ellie NUCKOLS	FR	#1 Christopher New	3,016		3/2
2		Ashley ELEY	FR	#1 Christopher New{2}	2,592		3/2



Conference TFRI Event Summary



CCIW

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Women's 60 Meters

1	33	Lauren MARSHALL	SR	#2 Elmhurst	7.75	12/2
2	40	Tiana GRADY	FR	#2 Elmhurst {2}	7.77	2/9
3	44	McKenzie RESER	JR	#5 Augustana (Ill.)	7.78	2/24
4	50	Lindsey NOVAK	SR	#1 North Central (Ill)	7.79	2/16
5	60	Riana HAYES	SO	#9 North Park	7.81	2/24
6	71	Imani OGUNRIBIDO	FR	#4 Illinois Wesleyan	7.84	12/9
7		Aniya SEELEY-WILLIAMS	FR	#2 Elmhurst {3}	7.90	2/24
8		Avery SMITH	SR	#4 Illinois Wesleyan {2}	7.92	12/9
9		Anna KEGEL	SO	#3 Carthage	7.95	2/24
10		Paulina TINAJERO	FR	#2 Elmhurst {4}	7.98	12/2
10		Lexi ELEGBEDE-PEER	SR	#8 Carroll (Wis.)	7.98	2/19
10		Cora DEEMER	FR	#5 Augustana (Ill.) {2}	7.98	3/2

Women's 60 Meter Hurdles

1	10	Nakala NADEAU	JR	#2 Elmhurst	8.73	2/24
2	11	Tiana GRADY	FR	#2 Elmhurst {2}	8.75	2/24
3	21	Denise PARTEE	SR	#1 North Central (Ill)	8.83	3/2
4	34	Thea RING	SO	#9 North Park	8.96	2/24
5	66	Faith LADIN	SR	#1 North Central (Ill){2}	9.14	2/24
6	72	Caylah BOYD	FR	#2 Elmhurst {3}	9.16	2/24
7		Hannah JONES	SR	#1 North Central (Ill){3}	9.29	2/24
8		Madyson SYNSTAD	FR	#4 Illinois Wesleyan	9.39	12/9
9		Madison MORROW	SR	#5 Augustana (Ill.)	9.41	3/2
10		Anna ANDRETICH	FR	#2 Elmhurst {4}	9.44	2/16

Women's 200 Meters

1	16	Lindsey NOVAK	SR	#1 North Central (Ill)	24.84c	(25.22f) 3/2
2	20	Tiana GRADY	FR	#2 Elmhurst	24.94c	(25.32f) 2/24
3	36	Thea RING	SO	#9 North Park	25.23c	(25.62f) 3/2
4	61	McKenzie RESER	JR	#5 Augustana (Ill.)	25.45c	(25.84f) 2/24
5	68	Riana HAYES	SO	#9 North Park {2}	25.48c	(25.87f) 3/2
6	89	Carmela WOODS	FR	#2 Elmhurst {2}	25.63c	(26.02f) 2/24
7	100	Lauren MARSHALL	SR	#2 Elmhurst {3}	25.74c	(26.14f) 2/10
8		Faith LADIN	SR	#1 North Central (Ill){2}	25.81c	(26.21f) 2/24
9		Aniya SEELEY-WILLIAMS	FR	#2 Elmhurst {4}	25.88c	(26.28f) 2/24
10		Denise PARTEE	SR	#1 North Central (Ill){3}	25.89c	(26.29f) 2/2

Women's 400 Meters

1	27	Lindsey NOVAK	SR	#1 North Central (Ill)	57.04c	(57.79f) 2/24
2	47	Naomi JONES	SO	#2 Elmhurst	57.70c	(58.46f) 12/2
3	53	Carmela WOODS	FR	#2 Elmhurst {2}	57.84c	(58.60f) 2/24
4	63	Thea RING	SO	#9 North Park	57.99c	(58.76f) 2/24
5		Kyla MILLER	JR	#1 North Central (Ill){2}	58.95c	(59.73f) 2/16
6		McKenzie RESER	JR	#5 Augustana (Ill.)	59.00c	(59.78f) 2/10
7		Cali MINKIE	SO	#1 North Central (Ill){3}	59.18c	(59.96f) 2/16
8		Jordyn VANSANTEN	SO	#5 Augustana (Ill.) {2}	59.72c	(1:00.51f) 2/24
9		Nayeli VILLEGAS	FR	#2 Elmhurst {3}	59.89c	(1:00.68f) 2/24
10		Cire' SMITH	FR	#1 North Central (Ill){4}	1:00.08c	(1:00.87f) 1/20

Women's 800 Meters

1	75	Alyssa RUIZ	SR	#6 Millikin	2:16.73c	(2:18.30f) 2/16
2	95	Cire' SMITH	FR	#1 North Central (Ill)	2:17.53c	(2:19.11f) 2/24
3		Rebekah BUBOLTZ	SO	#8 Carroll (Wis.)	2:19.67c	(2:21.28f) 2/24
4		Ashley KACHURIK	SR	#2 Elmhurst	2:21.96c	(2:23.59f) 2/24
5		Hannah JONES	SR	#1 North Central (Ill){2}	2:22.47c	(2:24.11f) 2/24
6		Krista KOKE	SO	#6 Millikin {2}	2:22.60c	(2:24.24f) 2/24
7		Peyton STINGER	FR	#4 Illinois Wesleyan	2:22.87c	(2:24.51f) 2/24
8		Emma ODLE	SR	#5 Augustana (Ill.)	2:23.56c	(2:25.21f) 1/27
9		Segilola SMITH-PARIOLA	FR	#1 North Central (Ill){3}	2:23.68c	(2:25.33f) 2/16
10		Julia BENES	JR	#1 North Central (Ill){4}	2:24.11c	(2:25.77f) 2/16

Women's Mile

1	23	Adriana CRABTREE	SO	#4 Illinois Wesleyan	4:56.63c	(4:59.56f) 3/2
2	78	Emma ODLE	SR	#5 Augustana (Ill.)	5:04.61c	(5:07.62f) 3/2
3		Alyssa RUIZ	SR	#6 Millikin	5:06.33c	(5:09.36f) 2/3
4		Ashley KACHURIK	SR	#2 Elmhurst	5:06.86c	(5:09.89f) 3/1
5		Anna BOARDMAN	SR	#5 Augustana (Ill.) {2}	5:10.10c	(5:13.17f) 2/16
6		Julia BENES	JR	#1 North Central (Ill)	5:11.58c	(5:14.66f) 2/24
7		Annalese CHUDY	JR	#4 Illinois Wesleyan {2}	5:14.93c	(5:18.04f) 2/24
8		Kylie SMITH	JR	#3 Carthage	5:17.20c	(5:20.34f) 2/24
9		Brooke NAZOS	SO	#4 Illinois Wesleyan {3}	5:17.75c	(5:20.89f) 2/24
10		Marissa MAGANA	FR	#1 North Central (Ill){2}	5:18.80c	(5:21.95f) 2/24

Women's 3000 Meters

1	53	Emma ODLE	SR	#5 Augustana (Ill.)	10:00.23c	(10:05.37f) 2/16
2	73	Anna BOARDMAN	SR	#5 Augustana (Ill.) {2}	10:06.23c	(10:11.42f) 3/2
3	94	Adriana CRABTREE	SO	#4 Illinois Wesleyan	10:10.91c	(10:16.14f) 2/24
4		Julia BENES	JR	#1 North Central (Ill)	10:18.29c	(10:23.59f) 2/24
5		Alyssa RUIZ	SR	#6 Millikin	10:22.78c	(10:28.12f) 1/19
6		Louisa BRORSON	SO	#7 Wheaton (Ill.)	10:23.98c	(10:29.33f) 2/24
7		Kylie SMITH	JR	#3 Carthage	10:36.18c	(10:41.63f) 2/24
8		Annalese CHUDY	JR	#4 Illinois Wesleyan {2}	10:36.42c	(10:41.87f) 1/20
9		Caroline STETINA	JR	#7 Wheaton (Ill.) {2}	10:41.89c	(10:47.39f) 2/24
10		Lily ANDERSON	FR	#1 North Central (Ill){2}	10:46.07c	(10:51.60f) 2/24

Women's 5000 Meters

1		Anna BOARDMAN	SR	#5 Augustana (Ill.)	17:57.93c	(18:06.18f) 2/24
2		Annalese CHUDY	JR	#4 Illinois Wesleyan	18:16.45 OT	2/9
3		Louisa BRORSON	SO	#7 Wheaton (Ill.)	18:19.64c	(18:28.06f) 2/24
4		Julia BENES	JR	#1 North Central (Ill)	18:28.90c	(18:37.39f) 1/20
5		Caroline STETINA	JR	#7 Wheaton (Ill.) {2}	18:34.70c	(18:43.23f) 2/24
6		Destiny ROGERS	SR	#7 Wheaton (Ill.) {3}	18:38.46 OT	12/8
7		Elizabeth LABRIN	SO	#7 Wheaton (Ill.) {4}	18:43.21c	(18:51.81f) 2/24
8		Lily ANDERSON	FR	#1 North Central (Ill){2}	18:52.03c	(19:00.70f) 2/24
9		Nicole BRANDY	SR	#1 North Central (Ill){3}	18:52.37c	(19:01.04f) 2/24
10		Amanda WILSON	SR	#4 Illinois Wesleyan {2}	18:54.33c	(19:03.01f) 2/24



Conference TFRI Event Summary



CCIW

as of 3/4/2024 8:35:26 PM ET

Women's 4x400 Relay

1	20	Lindsey Novak, Cali Minkie, Kyla Miller, Cire' Smith	#1 North Central (Ill)	3:53.12c (3:56.21f)	3/2
2	21	Naomi Jones, Sadie Hartmann, Nayeli Villegas, Carmela Woods	#2 Elmhurst	3:53.74c (3:56.84f)	3/2
3	49	McKenzie Reser, Jordyn VanSanten, Cora Deemer, Shakira Wade	#5 Augustana (Ill.)	4:01.69c (4:04.89f)	2/24
4	79	Avery Smith, Isabella Gonzalez, Peyton Pollman, Jordynn Griffin	#4 Illinois Wesleyan	4:06.53c (4:09.80f)	2/10
5	89	Itzel Garcia, Alyssa Ruiz, Alexis Wike, Katie Risner	#6 Millikin	4:08.13c (4:11.42f)	2/24
6	93	Mandy Nelson, Julie Heinrichs, Sarah Kerfin, Tara Schaalma	#3 Carthage	4:08.56c (4:11.86f)	2/24
7	95	Holly Brown, Olivia Kiddy, Sadie Richert, Crystelle VanWingerden	#7 Wheaton (Ill.)	4:08.84c (4:12.14f)	2/24
8		Anika Tollerud, Taylor Olund, Victoria Watson, Rebekah Buboltz	#8 Carroll (Wis.)	4:09.56c (4:12.87f)	2/24

Women's Distance Medley Relay

1	36	Brooke Nazos, Jordynn Griffin, Peyton Stinger, Adriana Crabtree	#4 Illinois Wesleyan	12:21.63c(12:29.57f)	2/24
2	37	Emma Mallory, Itzel Garcia, Krista Koke, Alyssa Ruiz	#6 Millikin	12:23.07c(12:31.03f)	2/24
3	39	Esther Brown, Sadie Hartmann, Molly Roberts, Ashley Kachurik	#2 Elmhurst	12:25.04c(12:33.02f)	2/24
4	43	Marissa Magana, Cire' Smith, Segilola Smith-Pariola, Julia Benes	#1 North Central (Ill)	12:27.46c(12:35.46f)	2/24
5		Sarah Kerfin, Liliana Bednarek, Kylie Florance, Kylie Smith	#3 Carthage	12:54.32c(13:02.61f)	2/24
6		Laura Prothero, Sadie Richert, Abby Rickard, Sarah Quintanilla	#7 Wheaton (Ill.)	12:56.51c(13:04.83f)	2/24
7		Mackenzie Meirhaeghe, Kira Nelson, Casey De La Cruz, Madison Wies	#5 Augustana (Ill.)	13:19.83c(13:28.40f)	2/24
8		Brooke Davies, Taylor Olund, Lucy Beuthin, Natalie Parent	#8 Carroll (Wis.)	13:42.57c(13:51.38f)	2/24

Women's High Jump

1	61	Rhiannon MARSHALL	SO	#5 Augustana (Ill.)	1.61m 5-3¼	2/16
2	72	Vashayla BRADLEY	SO	#2 Elmhurst	1.60m 5-3	1/20
2	72	Pola KUBRAK	SO	#1 North Central (Ill)	1.60m 5-3	1/26
2	72	Caylah BOYD	FR	#2 Elmhurst	1.60m 5-3	1/13
5	100	Thea RING	SO	#9 North Park	1.58m 5-2¼	2/24
5	100	Alexis WIKE	FR	#6 Millikin	1.58m 5-2¼	2/16
7		Allison HUNT	FR	#5 Augustana (Ill.) {2}	1.57m 5-1¾	1/27
7		Jocelyn TROTTER	FR	#1 North Central (Ill){2}	1.57m 5-1¾	2/24
9		Evie WILSON	JR	#4 Illinois Wesleyan	1.56m 5-1¼	2/10
9		Hannah SAGO	SO	#6 Millikin {2}	1.56m 5-1¼	2/16

Women's Pole Vault

1	22	Gwen BERENYI	SO	#1 North Central (Ill)	3.76m 12-4	2/24
2	29	Natalie JOHNSON	JR	#1 North Central (Ill){2}	3.68m 12-¾	3/1
3	41	Hailey NEWILL	SO	#6 Millikin	3.55m 11-7¾	2/3
4	59	Ariana RIVERA	JR	#1 North Central (Ill){3}	3.46m 11-4¼	2/24
4	59	Kate WEBER	SO	#2 Elmhurst	3.46m 11-4¼	2/24
6	99	Julia KLEIN	SO	#9 North Park	3.33m 10-11	3/2
7		Haylee YELLE	SO	#6 Millikin {2}	3.31m 10-10¼	2/24
8		Grace TINDER	SO	#8 Carroll (Wis.)	3.18m 10-5¼	2/10
9		Abigail CALHOUN	JR	#3 Carthage	3.16m 10-4¼	2/24
10		Ashtin ROY	FR	#7 Wheaton (Ill.)	3.10m 10-2	2/3

Women's Long Jump

1	16	Anna KEGEL	SO	#3 Carthage	5.67m 18-7¼	3/1
2	27	Katelyn MCCANN	SO	#1 North Central (Ill)	5.59m 18-4¼	2/16
3	48	Thea RING	SO	#9 North Park	5.48m 17-11¾	1/20
4	64	Lauren MARSHALL	SR	#2 Elmhurst	5.44m 17-10¼	1/13
5	68	Paulina TINAJERO	FR	#2 Elmhurst {2}	5.43m 17-9¾	2/16
6	75	Christina HALL	SO	#3 Carthage {2}	5.41m 17-9	3/1
7	86	Vanessa CARR	SO	#2 Elmhurst {3}	5.39m 17-8¼	2/24
8		Lauren WONG	SR	#4 Illinois Wesleyan	5.33m 17-6	2/24
9		Itzel GARCIA	JR	#6 Millikin	5.27m 17-3½	12/9
10		Faith LADIN	SR	#1 North Central (Ill){2}	5.22m 17-1½	2/16

Women's Triple Jump

1	6	Imani OGUNRIBIDO	FR	#4 Illinois Wesleyan	12.07m 39-7¼	2/24
2	21	Lauren WONG	SR	#4 Illinois Wesleyan{2}	11.72m 38-5½	3/2
3	31	Alice SOTELO	FR	#1 North Central (Ill)	11.51m 37-9¼	3/1
4	47	Vanessa CARR	SO	#2 Elmhurst	11.36m 37-3¼	2/24
5	51	Abigail CALHOUN	JR	#3 Carthage	11.33m 37-2¼	3/1
6	56	Paulina TINAJERO	FR	#2 Elmhurst {2}	11.30m 37-1	1/13
7		Francesca SMITH	JR	#4 Illinois Wesleyan{3}	10.90m 35-9¼	2/24
8		Tara SCHAALMA	FR	#3 Carthage {2}	10.85m 35-7¼	2/24
9		Katie JANVRIN	SO	#6 Millikin	10.83m 35-6½	2/24
10		Caylah BOYD	FR	#2 Elmhurst {3}	10.74m 35-3	1/20
10		Zainab MAIYAKI	SO	#1 North Central (Ill){2}	10.74m 35-3	1/13



Conference TFRI Event Summary



CCIW

as of 3/4/2024 8:35:26 PM ET

Women's Shot Put

1	3	Vanessa Uitenbroek	SR	#8 Carroll (Wis.)	14.90m	48-10¾	2/24
2	6	Aubrey Schoeneman	JR	#3 Carthage	14.53m	47-8	2/17
3	17	Alyssa Gulsvig	SR	#3 Carthage	{2} 13.70m	44-11½	3/1
4	20	Heather Michalski	JR	#5 Augustana (Ill.)	13.61m	44-8	2/24
5	21	Maria Falk	JR	#8 Carroll (Wis.)	{2} 13.59m	44-7	2/24
6	24	Alexis Mattox	SR	#3 Carthage	{3} 13.55m	44-5½	12/9
7	35	Mikayla Wright	JR	#3 Carthage	{4} 13.20m	43-3¾	2/24
8	40	Madison Payne	SO	#3 Carthage	{5} 13.12m	43-½	1/20
9	83	Jackie Tuzil	SO	#3 Carthage	{6} 12.47m	40-11	2/17
10		Cate Gudaitis	JR	#8 Carroll (Wis.)	{3} 12.20m	40-½	2/10

Women's Weight Throw

1	5	Alexis Mattox	SR	#3 Carthage	18.45m	60-6½	2/24
2	6	Jazzalynne Hicks	FR	#6 Millikin	18.40m	60-4½	2/16
3	18	Nicole Tarpley	SR	#3 Carthage	{2} 17.57m	57-7¾	3/1
4	28	Aubrey Schoeneman	JR	#3 Carthage	{3} 17.08m	56-½	2/24
5	35	Vanessa Uitenbroek	SR	#8 Carroll (Wis.)	16.66m	54-8	12/2
6	39	Maria Falk	JR	#8 Carroll (Wis.)	{2} 16.49m	54-1¼	2/19
7	56	Hannah Lizano	SR	#3 Carthage	{4} 15.95m	52-4	12/9
8	71	Dora Dill	SR	#3 Carthage	{5} 15.54m	51-0	2/3
9	78	Madison Payne	SO	#3 Carthage	{6} 15.41m	50-6¾	2/3
10	91	Carlyssa King	JR	#4 Illinois Wesleyan	15.18m	49-9¾	2/24

Women's Pentathlon

1	5	Thea Ring	SO	#9 North Park	3,509		2/24
2	18	Hannah Jones	SR	#1 North Central (Ill.)	3,330		2/24
3	21	Faith Ladin	SR	#1 North Central (Ill.)	{2} 3,316		2/24
4	86	Anna Cotter	SR	#1 North Central (Ill.)	{3} 2,762		2/24
5		Allison Hunt	FR	#5 Augustana (Ill.)	2,646		2/24
6		Hannah Tompkins	SO	#7 Wheaton (Ill.)	2,615		2/24
7		Caylah Boyd	FR	#2 Elmhurst	2,597		12/9
8		Teagan Johnston	JR	#3 Carthage	2,546		2/24
9		Caroline Slater	SO	#2 Elmhurst	{2} 2,517		2/24
10		Julia Kraus	FR	#3 Carthage	{2} 2,443		2/24



Conference TFRI Event Summary



CCS

as of 3/4/2024 8:35:26 PM ET

Women's 60 Meters

1	14	Syniah SIMS	FR	#3 Belhaven (Miss.)	7.66	12/1
2	81	Kymiah BLAIR	JR	#1 Berea (Ky.)	7.86	12/2
3		Jaleesa HERMAN	SO	#1 Berea (Ky.)	{2} 8.18	12/2
4		Keyuna PEEBLES	FR	#2 Piedmont	8.21	2/10
5		D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	{2} 8.33	12/1
6		Emma CHRISTENSEN	JR	#4 Covenant	8.35	2/10
7		Taylor FAKES	FR	#3 Belhaven (Miss.)	{3} 8.36	12/1
8		Anneshia GREER	SR	#3 Belhaven (Miss.)	{4} 8.44	12/1
9		Anita CHUKWU	JR	#1 Berea (Ky.)	{3} 8.46	12/2
10		Allison CANTRELL	FR	#2 Piedmont	{2} 8.47	1/21

Women's 60 Meter Hurdles

1		Jaleesa HERMAN	SO	#1 Berea (Ky.)	9.92	2/17
2		D'Asia FRANKLIN	FR	#3 Belhaven (Miss.)	9.97	2/10
3		Jerneisha LEWIS	JR	#1 Berea (Ky.)	{2} 10.26	3/3
4		Michelle CATES	SO	#2 Piedmont	10.33	2/17
5		Brooke BENNA	FR	#2 Piedmont	{2} 10.53	2/17
6		Cortney BROWN	JR	#2 Piedmont	{3} 10.56	2/10
7		Jakeisha LEWIS	JR	#1 Berea (Ky.)	{3} 10.76	2/10
8		Sam SEYMOUR	JR	#2 Piedmont	{4} 10.87	2/1

Women's 200 Meters

1	17	Kymiah BLAIR	JR	#1 Berea (Ky.)	24.90c	(25.28f) 3/3
2	49	Syniah SIMS	FR	#3 Belhaven (Miss.)	25.38	2/10
3		Kimona HAYNES	SO	#3 Belhaven (Miss.)	{2} 25.85c	(26.25f) 1/26
4		Jakia JOINER	FR	#3 Belhaven (Miss.)	{3} 26.23cu	(26.90u) 2/17
5		Ashaunti BARNES	SR	#3 Belhaven (Miss.)	{4} 26.25c	(26.65f) 1/26
6		Anneshia GREER	SR	#3 Belhaven (Miss.)	{5} 26.37cu	(27.04u) 2/17
7		Emma CHRISTENSEN	JR	#4 Covenant	27.10cu	(27.79u) 2/17
8		Zoe HARRISON	FR	#2 Piedmont	27.65	2/17
9		Keyuna PEEBLES	FR	#2 Piedmont	{2} 27.66c	(28.09f) 2/10
10		Evelle DILLON	FR	#3 Belhaven (Miss.)	{6} 27.79cu	(28.50u) 2/17

Women's 400 Meters

1	67	Kymiah BLAIR	JR	#1 Berea (Ky.)	58.08c	(58.85f) 3/3
2	84	Ashaunti BARNES	SR	#3 Belhaven (Miss.)	58.48	12/1
3		Kimona HAYNES	SO	#3 Belhaven (Miss.)	{2} 59.04c	(59.82f) 1/26
4		Kai DOYLE	JR	#2 Piedmont	1:03.55	2/17
5		Taylor FAKES	FR	#3 Belhaven (Miss.)	{3} 1:04.95cu	(1:06.28u) 2/17
6		Michelle CATES	SO	#2 Piedmont	{2} 1:04.97c	(1:05.83f) 2/1
7		Rhiannon SEVIER	JR	#5 Huntingdon (Ala)	1:05.19	1/21
8		Bella CACCAMO	SO	#2 Piedmont	{3} 1:05.94c	(1:06.81f) 2/1
9		Daehla SMITH	SR	#4 Covenant	1:06.29	2/10
10		Kate SMITH	JR	#5 Huntingdon (Ala)	{2} 1:06.78	1/21

Women's 800 Meters

1		Kristin FISCHLI	SO	#1 Berea (Ky.)	2:22.52c	(2:24.16f) 3/3
2		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.)	{2} 2:24.14c	(2:25.80f) 3/3
3		Liberte MACK	JR	#1 Berea (Ky.)	{3} 2:28.21 OT	2/17
4		Bella CACCAMO	SO	#2 Piedmont	2:36.31c	(2:38.11f) 2/10
5		Kate SMITH	JR	#5 Huntingdon (Ala)	2:39.26	12/1
6		Peyton POTTS	FR	#1 Berea (Ky.)	{4} 2:40.40 OT	2/17
7		Michaela MOORE	FR	#5 Huntingdon (Ala)	{2} 2:42.49	1/21
8		Chrystal CORNWELL	FR	#1 Berea (Ky.)	{5} 2:44.23 OT	2/17
9		Myisha TURNER	SO	#3 Belhaven (Miss.)	2:44.37c	(2:46.26f) 1/26
10		Tanea DAVIS	SO	#2 Piedmont	{2} 2:48.28	1/14

Women's Mile

1		Madison STONESTREET	SO	#1 Berea (Ky.)	5:14.95 OT	2/17
2		Muhorakeye JOYEUSE	FR	#1 Berea (Ky.)	{2} 5:28.57 OT	2/17
3		Carah ANTECK	SO	#1 Berea (Ky.)	{3} 5:37.97 OT	2/17
4		Evangelia BERRY	FR	#4 Covenant	5:43.14cu	(5:47.62u) 2/17
5		Lydia DORMAN	SR	#4 Covenant	{2} 5:44.40cu	(5:48.90u) 1/27
6		Erin CHAMBERS	FR	#1 Berea (Ky.)	{4} 5:50.86 OT	2/17
7		Chrystal CORNWELL	FR	#1 Berea (Ky.)	{5} 5:52.64 OT	2/17
8		Jasiella GRANDY	JR	#1 Berea (Ky.)	{6} 6:09.30c	(6:12.95f) 2/10
9		Emerson TILLERY	FR	#4 Covenant	{3} 6:13.72	2/10
10		Anna DOLAN	SR	#4 Covenant	{4} 6:16.54cu	(6:21.46u) 2/17

Women's 3000 Meters

1		Madison STONESTREET	SO	#1 Berea (Ky.)	10:14.68 OT	2/17
2		Skyler SEEGER	SO	#2 Piedmont	11:08.25	1/21
3		Carah ANTECK	SO	#1 Berea (Ky.)	{2} 11:10.43 OT	2/17
4		Erin CHAMBERS	FR	#1 Berea (Ky.)	{3} 11:20.01 OT	2/17
5		Evangelia BERRY	FR	#4 Covenant	11:38.39	1/13
6		Chrystal CORNWELL	FR	#1 Berea (Ky.)	{4} 11:58.03c	(12:04.18f) 2/10
7		Hannah MARLOWE	SO	#2 Piedmont	{2} 11:59.49	1/21
8		Lydia DORMAN	SR	#4 Covenant	{2} 12:00.96	1/13
9		Jasiella GRANDY	JR	#1 Berea (Ky.)	{5} 12:18.47 OT	2/17
10		Emerson TILLERY	FR	#4 Covenant	{3} 12:18.61cu	(12:26.37u) 2/17

Women's 5000 Meters

1	84	Madison STONESTREET	SO	#1 Berea (Ky.)	17:52.93	1/27
2		Skyler SEEGER	SO	#2 Piedmont	19:22.91	1/14
3		Evangelia BERRY	FR	#4 Covenant	19:39.73	2/10
4		Hannah MARLOWE	SO	#2 Piedmont	{2} 20:45.22c	(20:54.75f) 2/10

Women's 4x400 Relay

1	73	Kristin Fischli, Liberte Mack, Jakeisha Lewis, Kymiah Blair	#1 Berea (Ky.)	4:05.58 OT	2/17
2		Kai Doyle, Bella Caccamo, Michelle Cates, Tanea Davis	#2 Piedmont	4:24.00c	(4:27.50f) 2/10
3		Rhiannon Sevier, Michaela Moore, Abigail Brammer, Kate Smith	#5 Huntingdon (Ala)	4:39.28	12/1



Conference TFRI Event Summary



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Women's Distance Medley Relay

1	71	Carah Anteck, Kymiah Blair, Kristin Fischli, Madison Stonestreet	#1	Berea (Ky.)	12:41.92c (12:50.08f)	2/10
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Women's High Jump

1	Emma CHRISTENSEN	JR	#4	Covenant	1.55m	5-1	2/17
2	D'Asia FRANKLIN	FR	#3	Belhaven (Miss.)	1.50m	4-11	2/17
3	Evelle DILLON	FR	#3	Belhaven (Miss.)	{2} 1.40m	4-7	2/17

Women's Pole Vault

1	Sarah HOLLER	JR	#4	Covenant	2.75m	9-¼	1/27
2	Sydney BRASWELL	FR	#2	Piedmont	2.45m	8-½	1/21
3	Allie FELTUS	JR	#2	Piedmont	{2} 2.15m	7-½	1/27

Women's Long Jump

1	Jakeisha LEWIS	JR	#1	Berea (Ky.)	4.90m	16-1	3/3
2	Jerneisha LEWIS	JR	#1	Berea (Ky.)	{2} 4.87m	15-11¾	3/3
3	Allison CANTRELL	FR	#2	Piedmont	4.76m	15-7½	2/17
4	Jamia MADDOX	FR	#3	Belhaven (Miss.)	4.65m	15-3¼	2/17
5	Sam SEYMOUR	JR	#2	Piedmont	{2} 4.60m	15-1¼	2/17
6	Cortney BROWN	JR	#2	Piedmont	{3} 4.52m	14-10	2/10
7	Daehla SMITH	SR	#4	Covenant	4.25m	13-11½	2/17
8	Ileyna BROOKS	JR	#2	Piedmont	{4} 3.50m	11-5¾	1/21

Women's Triple Jump

1	71	Jakia JOINER	FR	#3	Belhaven (Miss.)	11.15m	36-7	1/20
2		Kai DOYLE	JR	#2	Piedmont	10.48m	34-4¾	2/1
3		Jakeisha LEWIS	JR	#1	Berea (Ky.)	10.25m	33-7½	3/3
4		Sam SEYMOUR	JR	#2	Piedmont	{2} 9.83m	32-3	2/10
5		Cortney BROWN	JR	#2	Piedmont	{3} 9.49m	31-1¾	2/1

Women's Shot Put

1	Jelexia BROWN	JR	#3	Belhaven (Miss.)	11.23m	36-10¼	12/1
2	Nakiyah WASHINGTON	SR	#2	Piedmont	11.09m	36-4¾	2/10
3	Kayla WARD	FR	#2	Piedmont	{2} 10.71m	35-1¾	1/27
4	Desire TACKETT	SR	#3	Belhaven (Miss.)	{2} 9.97m	32-8½	12/1
5	Elise KEMP	JR	#1	Berea (Ky.)	9.49m	31-1¾	2/10
6	Wren GREUBEL	JR	#2	Piedmont	{3} 8.96m	29-4¾	1/27
6	Makayla WILSON	FR	#1	Berea (Ky.)	{2} 8.96m	29-4¾	2/17
8	Abby MAULDIN	JR	#2	Piedmont	{4} 8.94m	29-4	2/17
9	Shealee GALLEGOS	FR	#2	Piedmont	{5} 8.92m	29-3¼	1/21
10	Trinity TREADWAY	FR	#5	Huntingdon (Ala)	8.83m	28-11¾	12/1

Women's Weight Throw

1	Nakiyah WASHINGTON	SR	#2	Piedmont	13.31m	43-8	1/27
2	Jelexia BROWN	JR	#3	Belhaven (Miss.)	12.35m	40-6¼	1/26
3	Shealee GALLEGOS	FR	#2	Piedmont	{2} 12.16m	39-10¾	1/21
4	Elise KEMP	JR	#1	Berea (Ky.)	12.13m	39-9¾	12/2
5	Allie FELTUS	JR	#2	Piedmont	{3} 12.07m	39-7¼	2/17
6	Kayla WARD	FR	#2	Piedmont	{4} 10.98m	36-¼	1/27
7	Abby MAULDIN	JR	#2	Piedmont	{5} 10.79m	35-4¾	1/27
8	Abigail HOCKSTOK	SO	#1	Berea (Ky.)	{2} 10.59m	34-9	1/20
9	Kyonna ROSS	JR	#1	Berea (Ky.)	{3} 10.56m	34-7¾	2/17
10	Wren GREUBEL	JR	#2	Piedmont	{6} 10.17m	33-4½	1/27



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



Centennial

as of 3/4/2024 8:35:26 PM ET

Women's 60 Meters

1	11	Victoria KADIRI	JR	#1 Johns Hopkins	7.65	2/25
2	24	Lauren PHILLIPS	JR	#1 Johns Hopkins {2}	7.70	1/12
3	28	Chloe ZHANG	FR	#1 Johns Hopkins {3}	7.72	12/2
4	95	Sara PENUELA	SR	#2 Dickinson	7.88	2/25
5		Lauren DUNNIGAN	FR	#9 Franklin & Marsh	7.96	2/25
6		Novy GOETGELUK	FR	#10 Bryn Mawr	8.04	2/25
7		Mariana PENUELA	SR	#2 Dickinson {2}	8.07	2/25
8		Olivia D'AULERIO	SO	#5 Haverford	8.10	12/8
9		Mirra KLIMOV	SO	#1 Johns Hopkins {4}	8.14	2/25
10		Grace MASSILLON	JR	#1 Johns Hopkins {5}	8.22	12/2

Women's 60 Meter Hurdles

1	27	Victoria KADIRI	JR	#1 Johns Hopkins	8.90	2/25
2	42	Maya RICHWINE	FR	#8 Muhlenberg	9.03	2/25
3	48	Lauren DUNNIGAN	FR	#9 Franklin & Marsh	9.07	2/3
4	78	Samantha WECHSLER	FR	#4 Ursinus	9.18	3/2
5		Darya MIKUSOVA	SR	#2 Dickinson	9.32	2/17
6		Hannah SWALE	SO	#3 Swarthmore	9.61	2/25
7		Sophia KOVATIS	SR	#2 Dickinson {2}	9.68	2/25
8		Anna RANDO	SO	#7 McDaniel	9.82	2/25
9		Jaclyn DONOHO	SO	#1 Johns Hopkins {2}	10.02	1/27
10		Leah BIWOTT	JR	#2 Dickinson {3}	10.04	2/25

Women's 200 Meters

1	27	Lauren PHILLIPS	JR	#1 Johns Hopkins	25.14	2/10
2	85	Emerlee SIMONS	SR	#2 Dickinson	25.59c (25.98f)	2/17
3		Novy GOETGELUK	FR	#10 Bryn Mawr	25.80c (26.20f)	3/2
4		Olivia D'AULERIO	SO	#5 Haverford	25.81c (26.21f)	2/25
5		Sara PENUELA	SR	#2 Dickinson {2}	25.85c (26.25f)	2/25
6		Lillian BOUDREAU	SO	#6 Gettysburg	25.99c (26.39f)	2/25
7		Mariana PENUELA	SR	#2 Dickinson {3}	26.33c (26.73f)	2/25
8		Chloe ZHANG	FR	#1 Johns Hopkins {2}	26.43	2/3
9		Rainah DUNHAM	SR	#4 Ursinus	26.50c (26.91f)	2/3
10		Katie MORGAN	JR	#7 McDaniel	26.51c (26.92f)	2/25

Women's 400 Meters

1	8	Lauren PHILLIPS	JR	#1 Johns Hopkins	55.90	2/10
2	34	Olivia D'AULERIO	SO	#5 Haverford	57.20c (57.96f)	3/2
3	49	Emerlee SIMONS	SR	#2 Dickinson	57.74c (58.50f)	2/25
4	66	Darya MIKUSOVA	SR	#2 Dickinson {2}	58.05c (58.82f)	2/25
5	86	Katie MORGAN	JR	#7 McDaniel	58.49c (59.26f)	2/25
6	93	Lianne SAUSSY	SO	#1 Johns Hopkins {2}	58.54c (59.31f)	2/25
7		Isabel THORNBERRY	SR	#5 Haverford {2}	58.84c (59.62f)	2/17
8		Lillian BOUDREAU	SO	#6 Gettysburg	59.06c (59.84f)	2/25
9		Anna ZAESKE	JR	#1 Johns Hopkins {3}	59.75c (1:00.54f)	2/25
10		Lorna ARCESE	SO	#1 Johns Hopkins {4}	1:00.05c (1:00.84f)	2/25

Women's 800 Meters

1	13	Annie HUANG	JR	#1 Johns Hopkins	2:11.55c (2:13.06f)	2/25
2	40	Emma KOTHARI	SO	#1 Johns Hopkins {2}	2:15.00c (2:16.55f)	3/2
3	49	Harrinee SENTHILKUMAR	JR	#1 Johns Hopkins {3}	2:15.43	2/2
4	51	Brooke ADAMS	JR	#4 Ursinus	2:15.50c (2:17.06f)	3/2
5	73	Mackenzie SETTON	SO	#1 Johns Hopkins {4}	2:16.56c (2:18.13f)	2/25
6	86	Lily SHETH	JR	#1 Johns Hopkins {5}	2:17.17c (2:18.75f)	2/25
7		Diana VALENTINI	FR	#1 Johns Hopkins {6}	2:20.15	2/10
8		Isabel THORNBERRY	SR	#5 Haverford	2:20.62c (2:22.24f)	2/3
9		Myra NAQVI	JR	#2 Dickinson	2:21.36c (2:22.99f)	2/9
10		Sophia GOODWIN	FR	#3 Swarthmore	2:21.85c (2:23.48f)	12/8

Women's Mile

1	22	Mackenzie SETTON	SO	#1 Johns Hopkins	4:56.59	2/10
2	49	Harrinee SENTHILKUMAR	JR	#1 Johns Hopkins {2}	5:00.33c (5:03.30f)	1/27
3	61	Sara STEPHENSON	SR	#1 Johns Hopkins {3}	5:02.24	2/2
4	76	Amiyah PRIEBE	JR	#2 Dickinson	5:04.16	2/2
5	80	Callie JONES	SR	#1 Johns Hopkins {4}	5:04.76c (5:07.77f)	1/27
6	83	Adriana CATALANO	SO	#1 Johns Hopkins {5}	5:05.00c (5:08.01f)	2/25
7		Eleni ALVAREZ	JR	#1 Johns Hopkins {6}	5:08.70	2/10
8		Lily TREMBA	FR	#1 Johns Hopkins {7}	5:10.09c (5:13.15f)	3/2
9		Isis DIAZ	SO	#1 Johns Hopkins {8}	5:10.81c (5:13.88f)	3/2
10		Sarah CONANT	SR	#1 Johns Hopkins {9}	5:11.59	1/12

Women's 3000 Meters

1	22	Sara STEPHENSON	SR	#1 Johns Hopkins	9:47.85	2/10
2	45	Izzy NOBILLI	SO	#1 Johns Hopkins {2}	9:55.68c (10:00.78f)	3/2
3	47	Adriana CATALANO	SO	#1 Johns Hopkins {3}	9:56.25c (10:01.36f)	3/2
4	89	Sarah CONANT	SR	#1 Johns Hopkins {4}	10:09.60	2/10
5		Mackenzie SETTON	SO	#1 Johns Hopkins {5}	10:15.33	12/2
6		Amiyah PRIEBE	JR	#2 Dickinson	10:17.32c (10:22.61f)	2/9
7		Aisling CALLAHAN	SO	#1 Johns Hopkins {6}	10:17.60	2/10
8		Callie JONES	SR	#1 Johns Hopkins {7}	10:18.70	12/2
9		Anna WARMACK	SR	#1 Johns Hopkins {8}	10:22.72c (10:28.05f)	3/2
10		Eleni ALVAREZ	JR	#1 Johns Hopkins {9}	10:24.36c (10:29.71f)	2/25

Women's 5000 Meters

1	11	Sara STEPHENSON	SR	#1 Johns Hopkins	16:51.19c (16:58.93f)	1/27
2	91	Sarah CONANT	SR	#1 Johns Hopkins {2}	17:55.80c (18:04.03f)	1/27
3	93	Izzy NOBILLI	SO	#1 Johns Hopkins {3}	17:55.92c (18:04.16f)	1/27
4	96	Aisling CALLAHAN	SO	#1 Johns Hopkins {4}	17:56.28c (18:04.52f)	1/27
5	98	Kathryn HOPKINS	JR	#6 Gettysburg	17:56.55c (18:04.79f)	2/25
6		Olivia MONTINI	SO	#3 Swarthmore	18:08.11c (18:16.44f)	12/8
7		Jamie STELNIK	JR	#1 Johns Hopkins {5}	18:08.16c (18:16.49f)	2/25
8		Bailey MULLEN	JR	#7 McDaniel	18:14.48c (18:22.86f)	2/25
9		Anna WARMACK	SR	#1 Johns Hopkins {6}	18:19.67c (18:28.09f)	2/25
10		Sammy jo BARNES	SR	#2 Dickinson	18:26.29c (18:34.76f)	2/25



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Women's 4x400 Relay

1	19	Anna Zaeske, Lorna Arcese, Annie Huang, Lianne Saussy	#1 Johns Hopkins	3:51.69c (3:54.76f)	3/2
2	34	Emerlee Simons, Darya Mikusova, Mariana Penuela, Sara Penuela	#2 Dickinson	3:58.91c (4:02.08f)	2/25
3	74	Isabel Thornberry, Anastasia Jaycobs, Anna Berry, Olivia D'Aulerio	#5 Haverford	4:05.80c (4:09.06f)	2/25
4	83	Tashyah Sample, Brooke Adams, Meghan Carroll, Kaelin Ryan	#4 Ursinus	4:07.47c (4:10.75f)	2/25
5		Camryn Rogers, Anna Imrie, Eliza Hoover, Lillian Boudreau	#6 Gettysburg	4:10.18c (4:13.50f)	2/25
6		Katie Morgan, Anna Rando, Piper Nagaraj, Angel Bidgell	#7 McDaniel	4:13.62c (4:16.98f)	2/25
7		Cami Bortz, Kiara Pedra, Hannah Garrou, Miranda Kashynski	#3 Swarthmore	4:14.55c (4:17.92f)	2/25
8		Abby Bachman, Annalise Kauffman, Lauren Dunnigan, Jordyn Collie	#9 Franklin & Marsh	4:17.16c (4:20.57f)	2/25
9		Maya Richwine, Hadley Devarennnes, Shanice Williams, Shira Gamson	#8 Muhlenberg	4:21.64c (4:25.11f)	2/25
10		Novy Goetgeluk, Molly Fancher, Ellie Schumacher, Malin Just	#10 Bryn Mawr	4:24.38	2/10

Women's Distance Medley Relay

1	4	Mackenzie Setton, Lianne Saussy, Annie Huang, Harrinee Senthilkumar	#1 Johns Hopkins	11:38.47c(11:45.95f)	3/2
2	32	Myra Naqvi, Madison Brown, Charlotte Kratovil-Lavelle, Amiyah Priebe	#2 Dickinson	12:08.66c(12:16.46f)	2/25
3	54	Sophia Goodwin, Cami Bortz, Morgan Mouer, Olivia Montini	#3 Swarthmore	12:31.60c(12:39.65f)	2/25
4	74	Dominique Monroy, Olivia D'Aulerio, Isabel Thornberry, Savannah Shaw	#5 Haverford	12:43.01c(12:51.18f)	2/25
5	82	Rowe Crawford, Camryn Rogers, Emma Bernstein, Carys Cook	#6 Gettysburg	12:45.86c(12:54.06f)	2/25
6		Mia Sideris, Kaelin Ryan, Meghan Carroll, Brooke Adams	#4 Ursinus	12:54.98c(13:03.28f)	2/25
7		Bailey Mullen, Katie Morgan, Piper Nagaraj, Maya Colavito	#7 McDaniel	13:27.20c(13:35.84f)	2/25
8		#Type!	#10 Bryn Mawr	13:57.48	1/12
9		Katie Shepard, Ava Lundy, Hadley Devarennnes, Lydia Jenkins-ford	#8 Muhlenberg	14:27.51c(14:36.80f)	2/25

Women's High Jump

1	28	Avery MCNULTY	SO	#8 Muhlenberg	1.65m	5-5	3/2
2	47	Victoria KADIRI	JR	#1 Johns Hopkins	1.62m	5-3¾	2/25
3		Abigail LOVELACE	FR	#1 Johns Hopkins {2}	1.57m	5-1¾	2/25
3		Emily TRELSTAD	JR	#3 Swarthmore	1.57m	5-1¾	1/12
3		Allison HUELBIG	SO	#9 Franklin & Marsh	1.57m	5-1¾	1/27
3		Trelstad T	JR	#3 Swarthmore	1.57m	5-1¾	2/25
7		Hannah SWALE	SO	#3 Swarthmore {3}	1.52m	4-11¾	2/25
7		Amanda TRASKA	SO	#4 Ursinus	1.52m	4-11¾	2/10
7		Jessica JOHNSON	SO	#10 Bryn Mawr	1.52m	4-11¾	12/2
7		Caroline HILL	FR	#3 Swarthmore {3}	1.52m	4-11¾	1/12



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Women's Pole Vault

1	Bianca SKELTON	SR	#1 Johns Hopkins	3.31m	10-10¼	2/25
1	Sarah-Caulley SOTO	SO	#1 Johns Hopkins	3.31m	10-10¼	3/2
3	Cassidy BROWN	JR	#1 Johns Hopkins {3}	3.30m	10-9¾	12/2
4	Juniper BAUROTH-SHERMAN	SO	#4 Ursinus	3.05m	10-0	2/3
5	Cassidy CALLAHAN	SR	#6 Gettysburg	3.03m	9-11¼	12/8
6	Sophia LEONE	FR	#7 McDaniel	3.01m	9-10½	3/2
6	Zelda HIRSCH	JR	#7 McDaniel	3.01m	9-10½	2/25
8	Alice CREED	SR	#5 Haverford	2.90m	9-6¼	12/8
9	Sofia DELROSSO-FREEMAN	SO	#7 McDaniel {3}	2.86m	9-4½	2/25
10	Alexa SCHAUDER	SR	#6 Gettysburg {2}	2.85m	9-4¼	2/3

Women's Long Jump

1	3 Victoria KADIRI	JR	#1 Johns Hopkins	5.92m	19-5¼	2/3
2	12 Rainah DUNHAM	SR	#4 Ursinus	5.68m	18-7¾	2/10
3	16 Sara PENUELA	SR	#2 Dickinson	5.67m	18-7¼	3/2
4	Sara BARTLETT	JR	#1 Johns Hopkins {2}	5.33m	17-6	12/2
5	Chloe ZHANG	FR	#1 Johns Hopkins {3}	5.30m	17-4¾	12/2
6	Mariana PENUELA	SR	#2 Dickinson {2}	5.28m	17-4	2/25
7	Lydia MORRIS-KLIMENT	FR	#3 Swarthmore	5.25m	17-2¾	2/25
8	Jessica JOHNSON	SO	#10 Bryn Mawr	5.21m	17-1¼	12/2
9	Samantha WECHSLER	FR	#4 Ursinus {2}	5.20m	17-¾	1/20
10	Angel BIDGELL	JR	#7 McDaniel	5.15m	16-10¾	2/25

Women's Triple Jump

1	1 Victoria KADIRI	JR	#1 Johns Hopkins	12.86m	42-2¼	1/20
2	7 Rainah DUNHAM	SR	#4 Ursinus	12.04m	39-6	2/10
3	14 Sara BARTLETT	JR	#1 Johns Hopkins {2}	11.80m	38-8¾	2/25
4	39 Samantha WECHSLER	FR	#4 Ursinus {2}	11.45m	37-6¾	3/2
5	96 Sophia GOODWIN	FR	#3 Swarthmore	11.00m	36-1¼	2/25
6	97 Shira GAMSON	SO	#8 Muhlenberg	10.99m	36-¾	2/25
7	Shanice WILLIAMS	SO	#8 Muhlenberg {2}	10.87m	35-8	2/25
8	Hannah SWALE	SO	#3 Swarthmore {2}	10.83m	35-6½	2/18
9	Chloe ZHANG	FR	#1 Johns Hopkins {3}	10.77m	35-4	12/2
10	Lauren DUNNIGAN	FR	#9 Franklin & Marsh	10.68m	35-½	1/20

Women's Shot Put

1	35 Erika EZUMBA	SO	#1 Johns Hopkins	13.20m	43-3¾	2/25
2	64 Jacqueline ALLEN	JR	#4 Ursinus	12.73m	41-9¼	2/25
3	83 Tate GARCIA	SO	#3 Swarthmore	12.47m	40-11	2/18
4	86 Victoria KADIRI	JR	#1 Johns Hopkins {2}	12.45m	40-10¼	1/27
5	96 Sarah WILCHER	SO	#5 Haverford	12.36m	40-6¾	2/25
6	Abby EVERETT	SR	#2 Dickinson	12.33m	40-5½	2/2
7	Claire SHEARER	SR	#2 Dickinson {2}	11.30m	37-1	12/3
8	Phoebe WILLIAMS	SO	#1 Johns Hopkins {3}	10.99m	36-¾	2/25
9	Damien LABRADA	FR	#2 Dickinson {3}	10.98m	36-¼	2/9
10	Hannah SWALE	SO	#3 Swarthmore {2}	10.95m	35-11¼	2/25

Women's Weight Throw

1	93 Erika EZUMBA	SO	#1 Johns Hopkins	15.13m	49-7¾	2/25
2	Elizabeth AGYEI	JR	#3 Swarthmore	14.71m	48-3¾	2/25
3	Abby EVERETT	SR	#2 Dickinson	14.42m	47-3¾	2/25
4	Jenna DEEP	SO	#2 Dickinson {2}	14.01m	45-11¼	2/2
5	Jacqueline ALLEN	JR	#4 Ursinus	13.94m	45-9	2/17
6	Caroline GENSINGER	SO	#6 Gettysburg	13.84m	45-5	2/25
7	Tate GARCIA	SO	#3 Swarthmore {2}	13.75m	45-1½	12/8
8	Faith FEZENKO	SR	#8 Muhlenberg	13.74m	45-1	2/17
9	Erica BORBI	JR	#8 Muhlenberg {2}	13.72m	45-¼	2/25
10	Sarah WILCHER	SO	#5 Haverford	13.06m	42-10¼	12/8



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Women's 60 Meters

1	Imani RICHARDSON	FR	#2 Medgar Evers	8.31	12/2
2	Desireth RAMIREZ	FR	#2 Medgar Evers {2}	8.37	2/18
3	Aminata SISSOKO	JR	#3 Lehman	8.43	2/18
4	Deja DAVIS	FR	#2 Medgar Evers {3}	8.49	2/18
5	Katryna FRANCOIS	SO	#5 York (N.Y.)	8.53	2/9
6	Colby CORLEY	FR	#3 Lehman {2}	8.63	2/18
7	Rebecca GOULD	FR	#1 Hunter	8.65	12/2
7	Becky LI	FR	#1 Hunter	8.65	2/18
9	Jimmanie JOSEPH	FR	#1 Hunter {3}	8.73	12/2
10	Althea WILLIAMS	FR	#1 Hunter {4}	8.85	2/2

Women's 60 Meter Hurdles

1	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers	10.49	1/27
2	Becky LI	FR	#1 Hunter	11.70	2/18
3	Desireth RAMIREZ	FR	#2 Medgar Evers {2}	12.10	2/18
4	Helen DAI	SR	#1 Hunter {2}	12.19	2/2
5	Kenia IRISH-BRAMBLE	FR	#2 Medgar Evers {3}	12.61	12/2
6	Lambert JADA	FR	#2 Medgar Evers {4}	12.76	2/10
7	Rubilyn NAVARRO	SO	#1 Hunter {3}	12.89	12/2
8	Daria NIEBRZYDOWSKI	SO	#1 Hunter {4}	14.38	1/12

Women's 200 Meters

1	Imani RICHARDSON	FR	#2 Medgar Evers	27.54	2/23
2	Desireth RAMIREZ	FR	#2 Medgar Evers {2}	27.56	2/23
3	Katryna FRANCOIS	SO	#5 York (N.Y.)	27.78	2/10
4	Colby CORLEY	FR	#3 Lehman	28.66	2/18
5	Aminata SISSOKO	JR	#3 Lehman {2}	28.72	2/18
6	Jimmanie JOSEPH	FR	#1 Hunter	29.36	12/2
7	Deja DAVIS	FR	#2 Medgar Evers {3}	29.48c (29.93f)	2/3
8	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers {4}	29.73c (30.19f)	1/27
9	Lambert JADA	FR	#2 Medgar Evers {5}	29.93c (30.39f)	2/10
10	Colby COREY	FR	#3 Lehman {3}	30.28	1/12

Women's 400 Meters

1	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers	1:05.72	2/18
2	Katryna FRANCOIS	SO	#5 York (N.Y.)	1:06.49	2/18
3	Lovely JOSEPH	FR	#2 Medgar Evers {2}	1:06.63c (1:07.51f)	12/9
4	Aminata SISSOKO	JR	#3 Lehman	1:06.72c (1:07.60f)	1/20
5	Lambert JADA	FR	#2 Medgar Evers {3}	1:08.39c (1:09.29f)	2/10
6	Colby CORLEY	FR	#3 Lehman {2}	1:09.85c (1:10.77f)	1/20
7	Arlene SUZANA	SO	#3 Lehman {3}	1:11.14c (1:12.08f)	2/10
7	Ashley TAYLOR	SO	#1 Hunter	1:11.14	2/18
9	Isabella MOSELEY	FR	#1 Hunter {2}	1:11.72	2/18
10	Deja DAVIS	FR	#2 Medgar Evers {4}	1:13.34c (1:14.31f)	2/10

Women's 800 Meters

1	Nana SAMAKE	SO	#2 Medgar Evers	2:38.95	2/18
2	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers {2}	2:42.45	2/23
3	Lily MCANDREWS	SO	#1 Hunter	2:42.48	2/18
4	Arlene SUZANA	SO	#3 Lehman	2:45.54	2/18
5	Samantha SURIEL	JR	#1 Hunter {2}	2:48.79	2/18
6	Irving JIANG	JR	#1 Hunter {3}	2:49.77	2/10
7	Lambert JADA	FR	#2 Medgar Evers {3}	2:55.16	2/18
8	Touka MEDJOUBI	FR	#1 Hunter {4}	3:04.76	1/12
9	Flor DOMINGUEZ	FR	#4 CCNY	3:05.46	2/18
10	Isabelle ASHPOLE	FR	#4 CCNY {2}	3:06.53	2/2

Women's Mile

1	Arlene SUZANA	SO	#3 Lehman	5:55.89	2/18
2	Nana SAMAKE	SO	#2 Medgar Evers	5:56.08	2/18
3	Samantha SURIEL	JR	#1 Hunter	6:13.56	2/10
4	Wendy MONTIEL	SR	#1 Hunter {2}	6:17.91	2/2
5	Touka MEDJOUBI	FR	#1 Hunter {3}	6:18.87	2/2
6	Lily MCANDREWS	SO	#1 Hunter {4}	6:27.73	2/10
7	Irving JIANG	JR	#1 Hunter {5}	6:45.81	12/8
8	Isabelle ASHPOLE	FR	#4 CCNY	6:47.62	2/18
9	Lizbeth DIAZ	FR	#4 CCNY {2}	6:57.33	12/8
10	Lambert JADA	FR	#2 Medgar Evers {2}	7:41.68c (7:46.25f)	1/27

Women's 3000 Meters

1	Touka MEDJOUBI	FR	#1 Hunter	12:33.23	2/18
2	Nana SAMAKE	SO	#2 Medgar Evers	12:38.54c (12:45.04f)	2/10
3	Wendy MONTIEL	SR	#1 Hunter {2}	12:46.55	1/12
4	Rawnaa ELSHITA	JR	#1 Hunter {3}	15:31.50	12/2

Women's 4x400 Relay

1	#Type!	#3 Lehman	4:40.87	2/18
2	Imani Richardson, Lambert Jada, Lovely Joseph, Kenia Irish-Bramble	#2 Medgar Evers	4:46.41c (4:50.21f)	12/9
3	#Type!	#1 Hunter	4:56.45	2/18
4	#Type!	#4 CCNY	5:13.88	2/18

Women's Distance Medley Relay

1	Lily McAndrews, Irving Jiang, Samantha Suriel, Wendy Montiel	#1 Hunter	15:39.01	1/12
2	Aaliyah Bartholomew, Nana Samake, Lovely Joseph, Lambert Jada	#2 Medgar Evers	18:55.82c (19:12.76u)	1/13



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Women's High Jump

1	Daria NIEBRZYDOWSKI	SO	#1 Hunter	1.52m	4-11¾	1/19
2	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers	1.47m	4-9¾	1/27
3	Rubilyn NAVARRO	SO	#1 Hunter	{2} 1.35m	4-5	2/18
4	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 1.25m	4-1¼	12/2
5	Lambert JADA	FR	#2 Medgar Evers	{3} 1.23m	4-½	2/10

Women's Long Jump

1	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers	4.90m	16-1	3/2
2	Rubilyn NAVARRO	SO	#1 Hunter	4.56m	14-11½	2/18
3	Becky LI	FR	#1 Hunter	{2} 4.48m	14-8½	2/18
4	Imani RICHARDSON	FR	#2 Medgar Evers	{2} 4.44m	14-6¾	12/9
5	Desireth RAMIREZ	FR	#2 Medgar Evers	{3} 4.43m	14-6½	2/18
6	Daria NIEBRZYDOWSKI	SO	#1 Hunter	{3} 4.25m	13-11½	1/19
7	Deja DAVIS	FR	#2 Medgar Evers	{4} 4.13m	13-6¾	1/13
8	Lambert JADA	FR	#2 Medgar Evers	{5} 3.75m	12-3¾	2/3

Women's Triple Jump

1	Aminata SISSOKO	JR	#3 Lehman	10.18m	33-4¾	2/18
2	Daria NIEBRZYDOWSKI	SO	#1 Hunter	9.67m	31-8¾	2/18
3	Lambert JADA	FR	#2 Medgar Evers	9.45m	31-0	2/18
4	Rubilyn NAVARRO	SO	#1 Hunter	{2} 9.29m	30-5¾	2/2
5	Desireth RAMIREZ	FR	#2 Medgar Evers	{2} 8.79m	28-10¼	2/18
6	Deja DAVIS	FR	#2 Medgar Evers	{3} 7.10m	23-3½	1/13

Women's Shot Put

1	Stephanie TOUSSAINT	JR	#4 CCNY	9.66m	31-8½	2/18
2	Nidia NELSON	SO	#3 Lehman	9.21m	30-2¾	2/18
3	Nia BUTLER	FR	#2 Medgar Evers	8.89m	29-2	2/18
4	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers	{2} 8.63m	28-3¾	2/18
5	Karina TAN	SR	#1 Hunter	8.19m	26-10½	2/10
6	Torey RICHARDS	FR	#2 Medgar Evers	{3} 7.39m	24-3	2/10
7	Ashley TAYLOR	SO	#1 Hunter	{2} 7.23m	23-8¾	12/2
8	Jada CLAYTON	FR	#2 Medgar Evers	{4} 7.16m	23-6	2/3
9	Ebony WILKINS	FR	#2 Medgar Evers	{5} 7.05m	23-1¾	1/13
10	Helen DAI	SR	#1 Hunter	{3} 6.93m	22-9	12/8

Women's Weight Throw

1	Nidia NELSON	SO	#3 Lehman	12.62m	41-5	2/18
2	Nia BUTLER	FR	#2 Medgar Evers	10.84m	35-6¾	2/23
3	Karina TAN	SR	#1 Hunter	10.52m	34-6¼	2/18
4	Stephanie TOUSSAINT	JR	#4 CCNY	10.10m	33-1¾	2/18
5	Jada CLAYTON	FR	#2 Medgar Evers	{2} 9.10m	29-10¼	2/23
6	Rawnaa ELSHITA	JR	#1 Hunter	{2} 8.14m	26-8½	2/2
7	Torey RICHARDS	FR	#2 Medgar Evers	{3} 7.75m	25-5¼	2/10
8	Ashley TAYLOR	SO	#1 Hunter	{3} 7.62m	25-0	2/18
9	Helen DAI	SR	#1 Hunter	{4} 6.21m	20-4½	12/2
10	Deja DAVIS	FR	#2 Medgar Evers	{4} 5.44m	17-10¼	12/9

Women's Pentathlon

1	Aaliyah BARTHOLOMEW	FR	#2 Medgar Evers	2,322	2/3
2	Lambert JADA	FR	#2 Medgar Evers	{2} 1,434	2/3
3	Desireth RAMIREZ	FR	#2 Medgar Evers	{3} 991	12/2



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Empire 8

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Women's 60 Meters

1	44	Victoria BREWSTER	FR	#4	Houghton	7.78	2/24
2	78	Ciarra FRANZ	JR	#3	St. John Fisher	7.85	12/1
3	95	Alaina MORLEY	SO	#1	Nazareth	7.88	2/24
4		Michaela KURBS	SR	#3	St. John Fisher	{2} 7.95	12/1
5		Mackenzie MIX	JR	#2	Utica	8.06	1/27
6		Alexis LASHER	SO	#1	Nazareth	{2} 8.11	2/24
7		Zeniyah GHOLSON	SO	#2	Utica	{2} 8.15	12/9
8		Pepita GRAHAM	FR	#7	Hartwick	8.20	2/24
9		Caitlyn SMITHERS	FR	#1	Nazareth	{3} 8.25	2/24
10		Claudia SIMIONE	JR	#2	Utica	{3} 8.27	12/2

Women's 60 Meter Hurdles

1	19	Ciarra FRANZ	JR	#3	St. John Fisher	8.82	12/8
2		Anne SPILA	SO	#5	Alfred	9.32	2/24
3		Stefania GRIMALDI	FR	#2	Utica	9.66	2/24
4		Mallory RICE	FR	#1	Nazareth	9.76	2/24
5		Amelia PETERSEN	FR	#2	Utica	{2} 9.81	12/2
5		Lauren BENDALL	SR	#1	Nazareth	{2} 9.81	2/4
7		Hannah RAGULE	SR	#1	Nazareth	{3} 9.86	2/4
8		Samantha LUBA	SO	#1	Nazareth	{4} 9.89	3/2
9		Alyssa YOUNGS	FR	#2	Utica	{3} 9.97	1/19
9		Stephanie COHEN	FR	#7	Hartwick	9.97	2/24

Women's 200 Meters

1	70	Victoria BREWSTER	FR	#4	Houghton	25.50c	(25.89f)	3/2
2	100	Mackenzie MIX	JR	#2	Utica	25.74c	(26.14f)	2/24
3		Alaina MORLEY	SO	#1	Nazareth	26.05c	(26.45f)	2/24
4		Arianna MCCLENDON	FR	#2	Utica	{2} 26.06c	(26.46f)	12/9
5		Abrianna WADLEY	JR	#2	Utica	{3} 26.43c	(26.84f)	2/24
6		Alexis LASHER	SO	#1	Nazareth	{2} 26.46c	(26.87f)	2/24
7		Grace WRIGHT	JR	#3	St. John Fisher	26.55c	(26.96f)	1/27
8		Jasmine KENDRICK	FR	#1	Nazareth	{3} 26.79c	(27.20f)	2/24
9		Grace DOLAN	FR	#3	St. John Fisher	{2} 26.82c	(27.23f)	2/24
10		Anne SPILA	SO	#5	Alfred	26.91c	(27.32f)	2/16

Women's 400 Meters

1	39	Arianna MCCLENDON	FR	#2	Utica	57.52	2/10
2		Mackenzie MIX	JR	#2	Utica	{2}58.73c (59.51f)	3/2
3		Grace WRIGHT	JR	#3	St. John Fisher	59.58	2/10
4		Olivia GILBERT	SR	#5	Alfred	59.68c (1:00.47f)	2/24
5		Victoria BREWSTER	FR	#4	Houghton	1:00.20c (1:00.99f)	2/3
6		Isabella HEATH	SR	#1	Nazareth	1:00.63c (1:01.43f)	2/24
7		Grace DOLAN	FR	#3	St. John Fisher	{2}1:01.40	2/10
8		Janaiya CRUZ-BERMEDEZ	SR	#2	Utica	{3}1:01.56c (1:02.37f)	2/17
9		Claudia SIMIONE	JR	#2	Utica	{4}1:01.60c (1:02.41f)	2/17
10		Lauren BENDALL	SR	#1	Nazareth	{2}1:01.85c (1:02.67f)	1/27

Women's 800 Meters

1	48	Olivia GILBERT	SR	#5	Alfred	2:15.34c	(2:16.90f)	3/2
2		Caitlin VOLOSHEN	SO	#3	St. John Fisher	2:20.55c	(2:22.17f)	2/24
3		Ella IMPAGLIA	SO	#1	Nazareth	2:21.38c	(2:23.01f)	2/24
4		Jade DENING	JR	#2	Utica	2:21.40c	(2:23.03f)	2/24
5		Paige ACKLEY	SR	#1	Nazareth	{2} 2:23.69c	(2:25.34f)	2/16
6		Olivia GRINNELL	SO	#3	St. John Fisher	{2} 2:23.85c	(2:25.50f)	2/24
7		Isabella HEATH	SR	#1	Nazareth	{3} 2:24.00c	(2:25.66f)	2/16
8		Arianna MCCLENDON	FR	#2	Utica	{2} 2:24.49c	(2:26.15f)	2/3
9		Kyra BINNEY	SO	#4	Houghton	2:24.85c	(2:26.52f)	2/16
10		Ava BAKER	FR	#1	Nazareth	{4} 2:25.68		2/9

Women's Mile

1	Caitlin VOLOSHEN	SO	#3	St. John Fisher	5:10.42c	(5:13.49f)	3/2
2	Emily WEAVER	SR	#1	Nazareth	5:15.25		2/9
3	Ella IMPAGLIA	SO	#1	Nazareth	{2} 5:18.09c	(5:21.23f)	1/27
4	McKenzie HALL	JR	#5	Alfred	5:23.56c	(5:26.76f)	2/24
5	Jade DENING	JR	#2	Utica	5:23.80c	(5:27.00f)	12/9
6	Noelle LINENFELSER	SO	#4	Houghton	5:25.98c	(5:29.20f)	1/20
7	Mackenzie FEENEY	SR	#6	Sage Colleges	5:26.38c	(5:29.61f)	2/24
8	Olivia GRINNELL	SO	#3	St. John Fisher	{2} 5:26.68c	(5:29.91f)	2/24
9	Morgan POSPIECH	FR	#1	Nazareth	{3} 5:30.10c	(5:33.36f)	2/16
10	Elizabeth INGELLIS	JR	#6	Sage Colleges	{2} 5:31.40c	(5:34.68f)	2/10

Women's 3000 Meters

1		Emily WEAVER	SR	#1	Nazareth	10:28.72c	(10:34.11f)	1/27
2		Ella IMPAGLIA	SO	#1	Nazareth	{2} 10:38.78c	(10:44.25f)	2/16
3		Noelle LINENFELSER	SO	#4	Houghton	10:40.98c	(10:46.47f)	2/24
4		Elizabeth INGELLIS	JR	#6	Sage Colleges	10:43.84c	(10:49.36f)	2/3
5		Riley JAMESON	JR	#3	St. John Fisher	10:46.84c	(10:52.38f)	12/8
6		Lilianna HANNING	SR	#1	Nazareth	{3} 10:47.73c	(10:53.28f)	1/27
7		Laura WITT	SR	#3	St. John Fisher	{2} 10:49.45c	(10:55.01f)	2/24
8		Lauren DEMICHELE	SR	#3	St. John Fisher	{3} 10:51.39c	(10:56.97f)	2/24
9		Brigid MCGEE	SR	#3	St. John Fisher	{4} 10:52.82c	(10:58.41f)	12/8
10		Tabitha CLARK	JR	#4	Houghton	{2} 10:57.03c	(11:02.66f)	2/24

Women's 5000 Meters

1	Lauren DEMICHELE	SR	#3	St. John Fisher	18:02.16c(18:10.44f)	3/2
2	Elizabeth INGELLIS	JR	#6	Sage Colleges	18:13.60c(18:21.97f)	1/27
3	Riley JAMESON	JR	#3	St. John Fisher {2}	18:27.89c(18:36.37f)	3/2
4	Noelle LINENFELSER	SO	#4	Houghton	18:32.11c(18:40.62f)	2/24
5	Lilianna HANNING	SR	#1	Nazareth	18:58.92	2/9
6	Laura WITT	SR	#3	St. John Fisher {3}	19:16.76c(19:25.61f)	2/24
7	Meghan MOYER	FR	#1	Nazareth {2}	19:32.38c(19:41.35f)	1/27
8	Lauren ALMY	SR	#3	St. John Fisher {4}	19:33.90c(19:42.89f)	2/24
9	Morgan POSPIECH	FR	#1	Nazareth {3}	19:38.41c(19:47.43f)	1/27
10	Aria LARSON	FR	#4	Houghton {2}	19:40.32c(19:49.36f)	2/24



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Women's 4x400 Relay

1	25	Mackenzie Mix, Janaiya Cruz- Bermudez, Abrianna Wadley, Arianna McClendon	#2 Utica	3:54.58c (3:57.69f)	3/2
2		Lauren Bendall, Alexis Lasher, Shiana Susa, Isabella Heath	#1 Nazareth	4:11.27c (4:14.60f)	2/24
3		Grace Dolan, Olivia Grinnell, Sophia Leach, Caitlin Voloshen	#3 St. John Fisher	4:13.28c (4:16.64f)	2/24
4		Kyra Binney, Victoria Brewster, Risa Palmer, Sarah Coddington	#4 Houghton	4:14.69c (4:18.07f)	2/24
5		Zoe Rainville, Anne Spila, Bianca Durso, Olivia Gilbert	#5 Alfred	4:19.10c (4:22.54f)	2/24
6		Giovanna Wall, Atticus Dinsmore, Destiny Carter, Stephanie Cohen	#7 Hartwick	4:24.35c (4:27.85f)	2/24
7		Mackenzie Feeney, Tirzah Spivey, Charisma Losee, Giuliana Capparello	#6 Sage Colleges	4:38.48c (4:42.17f)	2/24

Women's Distance Medley Relay

1	62	Paige Ackley, Alexis Lasher, Kennedy Rose, Ella Impaglia	#1 Nazareth	12:37.57c(12:45.68f)	3/2
2	68	Tabitha Clark, Sarah Coddington, Kyra Binney, Noelle Linenfelter	#4 Houghton	12:39.30c(12:47.43f)	3/2
3	91	Allison List, Caitlin Voloshen, Maggie Bacon, Olivia Grinnell	#3 St. John Fisher	12:50.10c(12:58.35f)	3/2
4		Mackenzie Feeney, Tirzah Spivey, Charisma Losee, Elizabeth Ingellis	#6 Sage Colleges	13:37.99c(13:46.75f)	2/10
5		Olivia Gilbert, Zoe Rainville, Sarah Lutkins, McKenzie Hall	#5 Alfred	13:57.99c(14:06.96f)	12/1
6		Jade Dening, Kamryn Williams, Noella Burlette, Brianna Salvo	#2 Utica	14:18.22c(14:27.41f)	1/27
7		Sophia Kehr, Giovanna Wall, Stephanie Cohen, Brynita Haas	#7 Hartwick	14:54.06c(15:03.63f)	1/27

Women's High Jump

1	100	Hannah ALLISON	FR	#2 Utica	1.58m 5-2¼	1/27
2		Abrianna WADLEY	JR	#2 Utica	{2} 1.57m 5-1¾	1/12
3		Anne SPILA	SO	#5 Alfred	1.55m 5-1	12/3
4		Bianca DURSO	SR	#5 Alfred	{2} 1.54m 5-½	2/24
5		Claudia VOGEL	SR	#3 St. John Fisher	1.52m 4-11¾	2/16
5		Sarah MERRIWETHER	SR	#1 Nazareth	1.52m 4-11¾	2/9
7		Samantha LUBA	SO	#1 Nazareth	{2} 1.51m 4-11½	3/2
7		Alaina MORLEY	SO	#1 Nazareth	{2} 1.51m 4-11½	2/24
9		Sydney LASALLE	SO	#1 Nazareth	{4} 1.50m 4-11	2/4
10		Mary CLAIRE ROLLINS	FR	#3 St. John Fisher	{2} 1.49m 4-10½	2/3

Women's Pole Vault

1	62	Rosie MORSE	SO	#1 Nazareth	3.45m 11-3¾	3/2
1	62	Isabel MORSE	SO	#1 Nazareth	3.45m 11-3¾	12/8
3		Kiara TORNUSCIOLO	SO	#1 Nazareth	{3} 3.30m 10-9¾	2/24
4		Lauren BENDALL	SR	#1 Nazareth	{4} 3.05m 10-0	1/20
5		Emily FRECH	JR	#3 St. John Fisher	3.00m 9-10	2/16
5		Cassondra WOOD	FR	#2 Utica	3.00m 9-10	2/10
7		Sofie FISCHLER	JR	#1 Nazareth	{5} 2.85m 9-4¼	2/24
7		Maizie POULAKIS	FR	#2 Utica	{2} 2.85m 9-4¼	1/27
7		Caitlyn SMITHERS	FR	#1 Nazareth	{5} 2.85m 9-4¼	2/4
10		Jayle LEONARD	FR	#2 Utica	{3} 2.75m 9-¼	2/17

Women's Long Jump

1	12	Veronica DUELL	JR	#3 St. John Fisher	5.68m 18-7¾	2/3
2	23	Michaela KURBS	SR	#3 St. John Fisher	{2} 5.62m 18-5¼	12/8
3	31	Nora DEVITT	JR	#2 Utica	5.56m 18-3	2/24
4	59	Alaina MORLEY	SO	#1 Nazareth	5.45m 17-10¾	2/24
5	68	Ciarra FRANZ	JR	#3 St. John Fisher	{3} 5.43m 17-9¾	12/8
6	75	Hannah RAGULE	SR	#1 Nazareth	{2} 5.41m 17-9	2/24
7	91	Anne SPILA	SO	#5 Alfred	5.37m 17-7½	2/16
8		Isabella HEATH	SR	#1 Nazareth	{3} 5.33m 17-6	2/24
9		Peytyn GEER	FR	#1 Nazareth	{4} 5.30m 17-4¾	2/24
10		Victoria BREWSTER	FR	#4 Houghton	5.17m 16-11½	1/26

Women's Triple Jump

1	24	Nora DEVITT	JR	#2 Utica	11.67m 38-3½	3/2
2	60	Sydney LASALLE	SO	#1 Nazareth	11.26m 36-11½	3/2
3	77	Zeniyah GHOLSON	SO	#2 Utica	{2} 11.12m 36-5¾	12/9
4	82	Isabella HEATH	SR	#1 Nazareth	{2} 11.09m 36-4¾	2/24
5	88	Hannah RAGULE	SR	#1 Nazareth	{3} 11.03m 36-2¼	3/2
6	91	Alyssa YOUNGS	FR	#2 Utica	{3} 11.02m 36-2	3/2
7		Samantha LUBA	SO	#1 Nazareth	{4} 10.75m 35-3¼	2/24
8		Nyasia MARSH	FR	#2 Utica	{4} 10.53m 34-6¾	2/24
9		Peytyn GEER	FR	#1 Nazareth	{5} 10.51m 34-5¾	2/9
10		Sophia BRUCE	FR	#2 Utica	{5} 10.27m 33-8½	1/12



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Women's Shot Put

1	4	Jane FAHY	SR	#2 Utica	14.63m	48-0	3/2
2	30	Makenna KING	SR	#3 St. John Fisher	13.38m	43-10¾	12/8
3	54	Allie CARY	FR	#2 Utica	{2} 12.91m	42-4¼	2/24
4	72	Madison PALMER	SR	#4 Houghton	12.62m	41-5	2/24
5		Hailey WEBBER	FR	#1 Nazareth	12.00m	39-4½	1/27
6		Erin MCGUINNESS	SO	#3 St. John Fisher	{2} 11.73m	38-6	2/24
7		Riley KING	FR	#2 Utica	{3} 11.45m	37-6¾	1/27
8		Morgan COLLAZO	JR	#3 St. John Fisher	{3} 11.31m	37-1¼	2/9
9		Lea RICHARD	SR	#1 Nazareth	{2} 10.83m	35-6½	2/24
10		Emily ROLINCE	FR	#1 Nazareth	{3} 10.70m	35-1¼	2/4

Women's Weight Throw

1	12	Lea RICHARD	SR	#1 Nazareth	17.97m	58-11½	3/2
2	72	Hailey WEBBER	FR	#1 Nazareth	{2} 15.52m	50-11	12/8
3	96	Madison PALMER	SR	#4 Houghton	15.11m	49-7	2/24
4		Riley KING	FR	#2 Utica	14.97m	49-1½	2/10
5		Hailey HROUDA	FR	#2 Utica	{2} 14.52m	47-7¾	2/24
6		Makenna KING	SR	#3 St. John Fisher	14.31m	46-11½	2/3
7		Ranasia BAILEY	SO	#2 Utica	{3} 14.13m	46-4¼	2/17
8		Allie CARY	FR	#2 Utica	{4} 13.91m	45-7¾	2/17
9		Grace MOYER	JR	#1 Nazareth	{3} 13.88m	45-6½	2/16
10		Jazelle MCINTYRE	SO	#3 St. John Fisher	{2} 13.78m	45-2½	1/27

Women's Pentathlon

1	50	Anne SPILA	SO	#5 Alfred	2,978 OT		12/3
2	55	Bianca DURSO	SR	#5 Alfred	{2} 2,950		2/24
3	57	Samantha LUBA	SO	#1 Nazareth	2,938		3/2
4	59	Hannah RAGULE	SR	#1 Nazareth	{2} 2,934		2/4
5	76	Stefania GRIMALDI	FR	#2 Utica	2,815		2/24
6	78	Lauren BENDALL	SR	#1 Nazareth	{3} 2,802		2/4
7	90	Sydney LASALLE	SO	#1 Nazareth	{4} 2,742		2/4
8		Mallory RICE	FR	#1 Nazareth	{5} 2,586		2/16
9		Madelynn JONES	FR	#1 Nazareth	{6} 2,583		2/24
10		Alyssa YOUNGS	FR	#2 Utica	{2} 2,549		12/9



Conference TFRI Event Summary



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Women's 60 Meters

1	Jainaba CONTEH	FR	#1 Suffolk	7.90	2/10
2	Amanda WALDEN	JR	#1 Suffolk	{2} 7.91	2/25
3	Ashley KELEHER	SR	#4 Colby-Sawyer	7.98	2/18
4	Aleyo AMASA-TITUS	FR	#3 Regis (Mass.)	8.17	2/18
4	JJ CONTEH	FR	#1 Suffolk	{3} 8.17	12/10
6	Adeline LEGAULT	SR	#2 Emmanuel (Mass.)	8.25	2/18
6	Olivia DENCH	SO	#3 Regis (Mass.)	{2} 8.25	2/18
8	Madilyn EBBINGHAUS	FR	#6 Lasell	8.33	2/18
9	Kayoni JORDAN	FR	#6 Lasell	{2} 8.34	2/18
10	Hilma ORTEGA	FR	#1 Suffolk	{4} 8.38	1/20

Women's 60 Meter Hurdles

1	Brooklyn GOFF	SR	#5 Saint Joseph's (N)	9.56	2/18
2	Catherine MADDEN	JR	#1 Suffolk	9.84	2/18
3	Hilma ORTEGA	FR	#1 Suffolk	{2} 9.88	1/20
4	Kate COCHRAN	SO	#4 Colby-Sawyer	10.09	2/18
5	Colleen CURRAN	FR	#3 Regis (Mass.)	10.16	2/3
6	Audrey BILODEAU	FR	#5 Saint Joseph's (N)	{2} 10.23	2/18
7	Beverly BROWNE	SR	#2 Emmanuel (Mass.)	10.37	2/18
7	Amy PROUX	FR	#2 Emmanuel (Mass.)	10.37	2/18
9	Isabelle SLOCUM	JR	#1 Suffolk	{3} 10.42	12/10
10	Kason HUYNH	FR	#2 Emmanuel (Mass.)	{3} 10.80	2/18

Women's 200 Meters

1	87 Amanda WALDEN	JR	#1 Suffolk	25.61	2/25
2	Ashley KELEHER	SR	#4 Colby-Sawyer	25.76	2/18
3	Aleyo AMASA-TITUS	FR	#3 Regis (Mass.)	26.31	2/25
4	Emily CONCEPCION	JR	#1 Suffolk	{2} 26.48	2/10
5	Jainaba CONTEH	FR	#1 Suffolk	{3} 27.19	2/10
6	JJ CONTEH	FR	#1 Suffolk	{4} 27.42	1/13
7	Olivia DENCH	SO	#3 Regis (Mass.)	{2} 27.49	2/18
8	Madilyn EBBINGHAUS	FR	#6 Lasell	27.55	2/18
9	Reilly SLUSSER	JR	#2 Emmanuel (Mass.)	27.63	2/18
9	Alyssa RODRIGUEZ	JR	#1 Suffolk	{5} 27.63	2/18

Women's 400 Meters

1	29 Ashley KELEHER	SR	#4 Colby-Sawyer	57.07	2/10
2	70 Emily CONCEPCION	JR	#1 Suffolk	58.10	3/2
3	Amanda WALDEN	JR	#1 Suffolk	{2} 59.56c (1:00.35f)	1/20
4	Aleyo AMASA-TITUS	FR	#3 Regis (Mass.)	1:02.00c (1:02.82f)	1/27
5	Adeline LEGAULT	SR	#2 Emmanuel (Mass.)	1:02.10	2/18
6	Alyssa RODRIGUEZ	JR	#1 Suffolk	{3} 1:02.31	2/18
7	Janet AMASA-TITUS	FR	#3 Regis (Mass.)	{2} 1:02.87	2/18
8	Kaylie GROOM	SO	#1 Suffolk	{4} 1:03.22	12/2
9	Alexia YOUNG	SO	#5 Saint Joseph's (N)	1:04.14	2/18
10	Ava SMART	FR	#5 Saint Joseph's (N)	{2} 1:04.15	2/18

Women's 800 Meters

1	Amy PATTELENA	SO	#1 Suffolk	2:21.04	1/27
2	Sydney FOGG	JR	#1 Suffolk	{2} 2:24.83	2/10
3	Heather HANSON	JR	#4 Colby-Sawyer	2:34.58	2/18
4	Elisa D'SA	JR	#3 Regis (Mass.)	2:36.54	2/18
5	Tessa MILLETTE	JR	#4 Colby-Sawyer	{2} 2:37.40c (2:39.21f)	1/20
6	Kendall NEWTON	FR	#2 Emmanuel (Mass.)	2:40.17	2/18
7	Mallory TAYLOR	FR	#1 Suffolk	{3} 2:40.38	2/18
8	Jocelyn TRISCIAC	JR	#1 Suffolk	{4} 2:41.69	2/18
9	Emily GREENE	SO	#2 Emmanuel (Mass.)	{2} 2:43.44	2/18
10	Annabelle JEAN-PHILIPPE	JR	#3 Regis (Mass.)	{2} 2:43.49	2/18

Women's Mile

1	Amy PATTELENA	SO	#1 Suffolk	5:17.44	12/10
2	Sydney FOGG	JR	#1 Suffolk	{2} 5:19.66	2/18
3	Bailey FORD	FR	#1 Suffolk	{3} 5:32.69c (5:35.98f)	2/10
4	Sarah ROBERTS	JR	#1 Suffolk	{4} 5:36.95	2/18
5	Adriana NADEAU	SO	#4 Colby-Sawyer	5:45.11c (5:48.52f)	2/3
6	Tessa MILLETTE	JR	#4 Colby-Sawyer	{2} 5:46.41c (5:49.83f)	2/3
7	Kendall NEWTON	FR	#2 Emmanuel (Mass.)	5:50.80c (5:54.27f)	2/3
8	Emma KRANTZ	SR	#2 Emmanuel (Mass.)	{2} 5:51.34c (5:54.81f)	1/20
9	Annabelle JEAN-PHILIPPE	JR	#3 Regis (Mass.)	5:57.53	2/18
10	Maisy HILL	FR	#4 Colby-Sawyer	{3} 6:00.16	2/18

Women's 3000 Meters

1	Ellie DAVIS	SR	#1 Suffolk	10:30.92	12/10
2	Adriana NADEAU	SO	#4 Colby-Sawyer	11:13.48c (11:19.25f)	2/10
3	Sarah ROBERTS	JR	#1 Suffolk	{2} 11:14.51c (11:20.29f)	1/20
4	Tessa MILLETTE	JR	#4 Colby-Sawyer	{2} 11:38.44c (11:44.42f)	2/10
5	Kendall NEWTON	FR	#2 Emmanuel (Mass.)	11:51.99	12/10
6	Samantha CARUS	JR	#4 Colby-Sawyer	{3} 11:52.52c (11:58.62f)	12/9
7	Emma KRANTZ	SR	#2 Emmanuel (Mass.)	{2} 11:55.76	1/27
8	Libby PARKER	SR	#3 Regis (Mass.)	12:10.75	2/18
9	Leah O'NEILL	SO	#4 Colby-Sawyer	{4} 12:13.95	3/2
10	Jonnie CHAREST	SO	#3 Regis (Mass.)	{2} 12:36.59	2/18

Women's 5000 Meters

1	Ellie DAVIS	SR	#1 Suffolk	18:30.98	12/2
2	Sarah ROBERTS	JR	#1 Suffolk	{2} 19:21.64	1/27
3	Adriana NADEAU	SO	#4 Colby-Sawyer	19:45.71	2/18
4	Tessa MILLETTE	JR	#4 Colby-Sawyer	{2} 20:43.43	2/18
5	Emma KRANTZ	SR	#2 Emmanuel (Mass.)	20:52.06	2/18
6	Samantha CARUS	JR	#4 Colby-Sawyer	{3} 21:19.49	2/18
7	Libby PARKER	SR	#3 Regis (Mass.)	21:29.79	2/18
8	Leah O'NEILL	SO	#4 Colby-Sawyer	{4} 21:41.08	2/18
9	Jonnie CHAREST	SO	#3 Regis (Mass.)	{2} 21:54.11	2/18
10	Terry CASSETTA	JR	#5 Saint Joseph's (N)	25:12.03	2/18



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Women's 4x400 Relay

1	68	Amanda Walden, Alyssa Rodriguez, Kaylie Groom, Emily Concepcion	#1 Suffolk	4:03.99	2/10
2		Olivia Dench, Janet Amasa-Titus, Colleen Curran, Aleyo Amasa- Titus	#3 Regis (Mass.)	4:09.69	2/25
3		Amy Proux, Emily Greene, Desiree Robinson, Reilly Slusser	#2 Emmanuel (Mass.)	4:20.30	2/18
4		Brooklyn Goff, Alexia Young, Audrey Bilodeau, Ava Smart	#5 Saint Joseph's (Pa.)	4:21.68	2/18
5		Tessa Millette, Heather Hanson, Ashley Keleher, Maisy Hill	#4 Colby-Sawyer	4:30.67	2/18
6		Kayoni Jordan, Hanna Babek, Julianna Huckans, Madilyn Ebbinghaus	#6 Lasell	4:31.20	2/18

Women's Distance Medley Relay

1		Mallory Taylor, Jaenelle Bryant, Bailey Ford, April Banuelos	#1 Suffolk	14:05.02c(14:14.07f)	1/27
2		Samantha Carus, Tessa Millette, Leah O'Neill, Adriana Nadeau	#4 Colby-Sawyer	14:24.46	2/25
3		Kristen Raferty, Emma Krantz, Ava Reise, Kendall Newton	#2 Emmanuel (Mass.)	14:57.48	2/18
4		Libby Parker, Olivia Dench, Annabelle Jean-Philippe, Elisa D'Sa	#3 Regis (Mass.)	14:59.54	2/18
5		Mikayla Bokis, Adrianna Tassone, Eftihia Fotos, Emily Varga	#6 Lasell	17:02.45	1/27
6		Terry Cassetta, Kate Luiz, Brea Whitman, Ava Moffett	#5 Saint Joseph's (Pa.)	17:06.24	2/18

Women's High Jump

1		Brooklyn GOFF	SR	#5 Saint Joseph's (Pa.)	1.53m	5-¼	1/20
1		Brea WHITMAN	FR	#5 Saint Joseph's (Pa.)	1.53m	5-¼	1/20
3		Catherine BROWN	SO	#1 Suffolk	1.51m	4-11½	1/20
3		Desiree ROBINSON	JR	#2 Emmanuel (Mass.)	1.51m	4-11½	2/18
3		Emily GREENE	SO	#2 Emmanuel (Mass.)	1.51m	4-11½	2/18
6		Sasha HYACINTHE	SR	#2 Emmanuel (Mass.)	1.47m	4-9¾	2/3
7		Grace MICKLON	SO	#3 Regis (Mass.)	1.46m	4-9½	2/18
7		Kason HUYNH	FR	#2 Emmanuel (Mass.)	1.46m	4-9½	2/18
9		Evelyn LANSING	FR	#1 Suffolk	1.45m	4-9	1/13
10		Kate COCHRAN	SO	#4 Colby-Sawyer	1.41m	4-7½	2/18

Women's Pole Vault

1	89	Devyn BATTISTONI	FR	#1 Suffolk	3.35m	10-11¾	12/10
2		Kara SICKLE	SO	#1 Suffolk	3.15m	10-4	2/18
2		Molly HENNEGAN	SO	#1 Suffolk	3.15m	10-4	2/18
4		Sasha HELFGOTT- WATERS	FR	#1 Suffolk	3.10m	10-2	1/20
5		Julianna HUCKANS	FR	#6 Lasell	2.60m	8-6¼	2/18
6		Paula SALAZAR	SO	#2 Emmanuel (Mass.)	2.50m	8-2½	1/13
7		Beverly BROWNE	SR	#2 Emmanuel (Mass.)	2.45m	8-½	2/18
8		Colleen CURRAN	FR	#3 Regis (Mass.)	1.95m	6-4¾	1/27

Women's Long Jump

1		Brooklyn GOFF	SR	#5 Saint Joseph's (Pa.)	5.20m	17-¾	12/9
2		Ashley KELEHER	SR	#4 Colby-Sawyer	5.01m	16-5¼	2/3
3		Julianna HUCKANS	FR	#6 Lasell	4.93m	16-2¼	2/10
4		Desiree ROBINSON	JR	#2 Emmanuel (Mass.)	4.90m	16-1	2/18
5		Aleyo AMASA-TITUS	FR	#3 Regis (Mass.)	4.88m	16-¼	2/18
6		Colleen CURRAN	FR	#3 Regis (Mass.)	4.76m	15-7½	1/27
7		Reilly SLUSSER	JR	#2 Emmanuel (Mass.)	4.66m	15-3½	2/18
8		Alexis COWAN	FR	#5 Saint Joseph's (Pa.)	4.64m	15-2¾	2/3
9		Evelyn LANSING	FR	#1 Suffolk	4.61m	15-1½	1/27
10		Emily AHO	JR	#3 Regis (Mass.)	4.53m	14-10½	2/18

Women's Triple Jump

1	50	Ashley KELEHER	SR	#4 Colby-Sawyer	11.34m	37-2½	2/3
2		Desiree ROBINSON	JR	#2 Emmanuel (Mass.)	10.63m	34-10½	2/18
3		Cynthia BRITO	JR	#2 Emmanuel (Mass.)	10.12m	33-2½	2/18
4		Aleyo AMASA-TITUS	FR	#3 Regis (Mass.)	10.11m	33-2	1/27
5		Sasha HELFGOTT- WATERS	FR	#1 Suffolk	9.99m	32-9½	2/18
6		Emily AHO	JR	#3 Regis (Mass.)	9.88m	32-5	2/18
7		Brea WHITMAN	FR	#5 Saint Joseph's (Pa.)	9.58m	31-5¼	2/18
8		Amy PROUX	FR	#2 Emmanuel (Mass.)	9.47m	31-1	12/2
9		Alexis COWAN	FR	#5 Saint Joseph's (Pa.)	9.43m	30-11¼	2/18
10		Anna BIESZCZAD	SR	#4 Colby-Sawyer	9.20m	30-2¼	12/9



Conference TFRI Event Summary



GNAC

as of 3/4/2024 8:35:28 PM ET

Women's Shot Put

1	Riley SILVIA	SR	#6 Lasell	10.34m	33-11¼	2/18
2	Jasmine DEPINA	JR	#6 Lasell	{2}10.29m	33-9¼	2/18
3	Sasha HYACINTHE	SR	#2 Emmanuel (Mass.)	10.15m	33-3¾	1/20
4	Ava FISHER	SO	#2 Emmanuel (Mass.)	{2}9.91m	32-6¼	2/18
5	Divinity JOHNSON	FR	#1 Suffolk	9.87m	32-4¾	2/10
6	Gabby ANDERSON	SO	#1 Suffolk	{2}9.78m	32-1	12/10
7	Alyssa FRENCH- GRAHAM	JR	#2 Emmanuel (Mass.)	{3}9.60m	31-6	1/27
8	Pilar BROWN	SO	#3 Regis (Mass.)	9.55m	31-4	2/18
9	Erika OLDHAM	SR	#6 Lasell	{3}9.32m	30-7	2/18
10	Savannah WERNER	FR	#6 Lasell	{4}9.12m	29-11¼	2/18

Women's Weight Throw

1	Anastazia COPELAND	JR	#3 Regis (Mass.)	14.50m	47-7	2/25
2	Abby O'BRIEN	SR	#5 Saint Joseph's (N.J.)	13.63m	44-8¾	2/3
3	Gracie O'CONNELL	JR	#1 Suffolk	12.03m	39-5¾	12/10
4	Alyssa FRENCH- GRAHAM	JR	#2 Emmanuel (Mass.)	11.77m	38-7½	2/18
5	Madison REILLY	FR	#2 Emmanuel (Mass.)	{2}10.95m	35-11¼	2/3
6	Sharaden CALDWELL	FR	#1 Suffolk	{2}10.65m	34-11¼	12/10
7	Ava FISHER	SO	#2 Emmanuel (Mass.)	{3}10.20m	33-5¾	1/13
8	Isabella CLARK- ALDERMAN	SO	#3 Regis (Mass.)	{2}9.12m	29-11¼	1/27
9	Sarah JOE	JR	#5 Saint Joseph's (N.J.)	{2}9.07m	29-9¼	2/18
10	Sasha HYACINTHE	SR	#2 Emmanuel (Mass.)	{4}8.89m	29-2	2/18

Women's Pentathlon

1	93 Brooklyn GOFF	SR	#5 Saint Joseph's (N.J.)	2,717	1/20
2	Breya WHITMAN	FR	#5 Saint Joseph's (N.J.)	{2}2,195	1/20
3	Colleen CURRAN	FR	#3 Regis (Mass.)	2,158	2/3



Conference TFRI Event Summary



HCAC

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Women's 60 Meters

1	81	Sarah O'DAY	JR	#5 Franklin	7.86	2/24
2		Rose TALBERT	FR	#1 Rose-Hulman	8.02	2/24
3		Alex ADAMS	SO	#1 Rose-Hulman	{2} 8.12	2/24
4		Rofiat ADEYEMI	SR	#1 Rose-Hulman	{3} 8.18	2/24
4		Narindwa SEMAKULA	SO	#1 Rose-Hulman	{3} 8.18	2/24
6		Sydney BELL	JR	#6 Mount St. Joseph	8.37	2/24
7		Myahn SMITH	FR	#10 Defiance	8.38	2/24
8		Julia DRIER	SO	#8 Anderson (Ind.)	8.41	2/16
8		Anna JOZSA	FR	#4 Manchester	8.41	2/24
10		Jay'ana BLAKELY	SO	#4 Manchester	{2} 8.42	2/24

Women's 60 Meter Hurdles

1	78	Narindwa SEMAKULA	SO	#1 Rose-Hulman	9.18	1/19
2		Alison MUCK	SO	#5 Franklin	9.44	2/24
3		Kaelyn KING	FR	#2 Hanover	9.73	2/24
4		Kyra HICKS	SR	#1 Rose-Hulman	{2} 9.98	2/24
5		Natalie DAY	SO	#2 Hanover	{2} 10.21	2/24
6		Gabby PARRISH	FR	#2 Hanover	{3} 10.32	2/24
7		Irene LEMA MADUENO	FR	#1 Rose-Hulman	{3} 10.51	2/24
8		Isabella CALHOUN	SO	#6 Mount St. Joseph	10.58	2/24
9		Jenae MONA	SO	#1 Rose-Hulman	{4} 10.99	2/16
10		Brantley WATHEN	JR	#5 Franklin	{2} 11.12	2/24

Women's 200 Meters

1	65	Olivia SPARKS	FR	#3 Transylvania	25.46c	(25.85f) 2/24
2		Sarah O'DAY	JR	#5 Franklin	25.83c	(26.23f) 2/10
3		Rose TALBERT	FR	#1 Rose-Hulman	25.89c	(26.29f) 2/24
4		Jada HUNTER-HAYS	JR	#1 Rose-Hulman	{2} 26.71c	(27.12f) 2/17
5		Abbey ROWE	JR	#3 Transylvania	{2} 26.79c	(27.20f) 3/3
6		Alex ADAMS	SO	#1 Rose-Hulman	{3} 27.07c	(27.49f) 2/24
7		Narindwa SEMAKULA	SO	#1 Rose-Hulman	{4} 27.15c	(27.57f) 2/17
8		Myahn SMITH	FR	#10 Defiance	27.27c	(27.69f) 2/24
9		Jay'ana BLAKELY	SO	#4 Manchester	27.72c	(28.15f) 2/24
10		Emma JOHNS	FR	#1 Rose-Hulman	{5} 27.73c	(28.16f) 2/24

Women's 400 Meters

1	91	Rose TALBERT	FR	#1 Rose-Hulman	58.53c	(59.30f) 2/17
2		Olivia SPARKS	FR	#3 Transylvania	59.67 OT	2/17
3		Abbey ROWE	JR	#3 Transylvania	{2} 1:00.05c	(1:00.84f) 3/3
4		Jada HUNTER-HAYS	JR	#1 Rose-Hulman	{2} 1:00.75c	(1:01.55f) 2/17
5		Jocelyn ONSTOT	FR	#1 Rose-Hulman	{3} 1:02.50c	(1:03.33f) 2/17
6		Carson GRAVES	JR	#3 Transylvania	{3} 1:03.99c	(1:04.84f) 2/24
7		Kailea KERR	JR	#7 Bluffton	1:04.34c	(1:05.19f) 2/10
8		Anna PACKER	SO	#6 Mount St. Joseph	1:04.43c	(1:05.28f) 1/20
9		Abigail KIRBY	FR	#9 Earlham	1:04.50c	(1:05.35f) 2/16
10		Jaycie SONES	JR	#8 Anderson (Ind.)	1:04.79c	(1:05.65f) 2/16

Women's 800 Meters

1	90	Amberleigh SORENSEN	SR	#2 Hanover	2:17.33c	(2:18.91f) 2/24
2		Jocelyn ONSTOT	FR	#1 Rose-Hulman	2:19.98c	(2:21.59f) 1/19
3		Kaycee MOORE	SO	#3 Transylvania	2:22.86c	(2:24.50f) 2/24
4		Lydia DYER	JR	#8 Anderson (Ind.)	2:26.14c	(2:27.82f) 2/24
5		Emma LITZELMAN	SO	#2 Hanover	{2} 2:27.84c	(2:29.54f) 2/24
6		Haley MAKOWSKI	JR	#5 Franklin	2:28.08c	(2:29.78f) 1/26
7		Mckenna MABRY	FR	#7 Bluffton	2:28.10c	(2:29.80f) 2/16
8		Mallory WATSON	SR	#5 Franklin	{2} 2:28.25c	(2:29.96f) 1/26
9		Rose TALBERT	FR	#1 Rose-Hulman	{2} 2:29.40c	(2:31.12f) 1/19
10		Jaycie SONES	JR	#8 Anderson (Ind.)	{2} 2:29.72c	(2:31.44f) 2/24

Women's Mile

1		Amberleigh SORENSEN	SR	#2 Hanover	5:07.88	2/9
2		Jocelyn ONSTOT	FR	#1 Rose-Hulman	5:10.92c	(5:13.99f) 2/24
3		Elsa KING	SR	#1 Rose-Hulman	{2} 5:25.49c	(5:28.71f) 2/2
4		Paige WILDMAN	FR	#2 Hanover	{2} 5:26.28c	(5:29.51f) 2/10
5		Mallory WATSON	SR	#5 Franklin	5:26.36c	(5:29.59f) 2/10
6		Haley MAKOWSKI	JR	#5 Franklin	{2} 5:30.40c	(5:33.67f) 2/10
7		Kaycee MOORE	SO	#3 Transylvania	5:32.80c	(5:36.09f) 1/20
8		Gwyneth CUNNINGHAM	FR	#3 Transylvania	{2} 5:40.47c	(5:43.84f) 2/10
9		Brianna BITTEL	FR	#1 Rose-Hulman	{3} 5:40.96c	(5:44.33f) 2/10
10		Hanna WHITNEY	JR	#2 Hanover	{3} 5:41.09c	(5:44.46f) 2/24

Women's 3000 Meters

1		Jocelyn ONSTOT	FR	#1 Rose-Hulman	10:38.92	2/9
2		Elsa KING	SR	#1 Rose-Hulman	{2} 10:46.80c	(10:52.34f) 2/10
3		Kaycee MOORE	SO	#3 Transylvania	10:55.08 OT	1/27
4		Gwyneth CUNNINGHAM	FR	#3 Transylvania	{2} 11:11.25 OT	1/27
5		Amberleigh SORENSEN	SR	#2 Hanover	11:15.44c	(11:21.23f) 1/20
6		Abigail KURFMAN	JR	#1 Rose-Hulman	{3} 11:17.77c	(11:23.58f) 12/8
7		Basil GATES	JR	#7 Bluffton	11:21.17c	(11:27.01f) 2/24
8		Sarah JONES	SO	#2 Hanover	{2} 11:23.32c	(11:29.17f) 2/24
9		Hanna WHITNEY	JR	#2 Hanover	{3} 11:29.20c	(11:35.10f) 1/26
10		Rylee STEPHANY	SO	#4 Manchester	11:31.42c	(11:37.34f) 2/24

Women's 5000 Meters

1		Jocelyn ONSTOT	FR	#1 Rose-Hulman	18:11.04c	(18:19.39f) 1/26
2		Elsa KING	SR	#1 Rose-Hulman	{2} 18:54.04c	(19:02.72f) 2/24
3		Gwyneth CUNNINGHAM	FR	#3 Transylvania	19:17.06c	(19:25.92f) 2/24
4		Basil GATES	JR	#7 Bluffton	19:23.94c	(19:32.85f) 2/24
5		Sydney SLUYS	SR	#4 Manchester	19:42.75c	(19:51.80f) 2/24
6		Sarah JONES	SO	#2 Hanover	19:45.34c	(19:54.41f) 2/3
7		Rylee STEPHANY	SO	#4 Manchester	{2} 19:47.90c	(19:56.99f) 2/24
8		Paige MCKAIN	SO	#8 Anderson (Ind.)	19:47.99c	(19:57.08f) 2/24
9		Ellie THORNSBURY	SO	#3 Transylvania	{2} 20:05.31c	(20:14.54f) 2/2
10		Lauren TODD	SO	#2 Hanover	{2} 20:44.73c	(20:54.26f) 2/24



Conference TFRI Event Summary



HCAC

as of 3/4/2024 8:35:28 PM ET

Women's 4x400 Relay

1	Jada Hunter-Hays, Lauren Marquardt, Jocelyn Onstot, Rose Talbert	#1 Rose-Hulman	4:10.51c (4:13.83f)	2/24
2	Olivia Sparks, Carson Graves, Abbey Rowe, Kaycee Moore	#3 Transylvania	4:10.71c (4:14.03f)	2/24
3	Natalie Day, Paige Wildman, Amberleigh Sorensen, Emma Litzelman	#2 Hanover	4:20.82c (4:24.28f)	2/24
4	Kinsey Myers, Mckenna Mabry, Ameila ADAMS, Kailea Kerr	#7 Bluffton	4:25.53c (4:29.05f)	2/10
5	Akiko Tajima, Chloe Cook, Katelyn Trotto, Abigail Kirby	#9 Earlham	4:27.76c (4:31.31f)	2/24
6	Grace Holtmeier, Julia Gooding, Isabella Calhoun, Anna Packer	#6 Mount St. Josepl	4:29.59c (4:33.16f)	2/24
7	Julia Drier, Lydia Dyer, Emilie Penick, Jaycie Sones	#8 Anderson (Ind.)	4:33.62c (4:37.25f)	2/3
8	Grace Papazoglou, Alivia Paul, Penelope Eash, Audrey Spencer	#4 Manchester	4:37.52c (4:41.20f)	2/24
9	Haley Makowski, Mallory Watson, Vicki Arney, Josie Lyons	#5 Franklin	4:40.07c (4:43.78f)	2/24

Women's Distance Medley Relay

1	Haley Makowski, Vicki Arney, Ella Bashor, Mallory Watson	#5 Franklin	13:30.87c(13:39.55f)	2/24
2	Vianey Garcia, Lauren Marquardt, Sophia Boner, Brianna Bittel	#1 Rose-Hulman	13:35.19c(13:43.92f)	2/24
3	Maggie Simmons, Peyton Tan, Libby Perkins, Camden Wilson	#3 Transylvania	13:38.97c(13:47.74f)	2/24
4	Julia Gooding, Grace Holtmeier, Anna Packer, Kayla Hess	#6 Mount St. Josepl	13:39.74c(13:48.52f)	2/24
5	Hanna Whitney, Emma Litzelman, Elyse Wilson, Adair Dooley	#2 Hanover	14:00.38c(14:09.38f)	2/10
6	Katelyn Foor, Micah Taylor, Morgan Chupp, Chloe Ferris	#4 Manchester	14:51.41c(15:00.96f)	2/24
7	Jasmy Benjamin, Ellasyn Bruner, Sierra Kalli, Sadie Knox	#8 Anderson (Ind.)	15:22.12c(15:32.00f)	2/24

Women's High Jump

1	87 Taylor ROARK	JR	#3 Transylvania	1.59m	5-2½	2/24
2	Audrey EDWARDS	FR	#1 Rose-Hulman	1.56m	5-1¼	2/24
2	Abigail KIRBY	FR	#9 Earlham	1.56m	5-1¼	2/24
2	Farris HOWARD	SO	#3 Transylvania	{2} 1.56m	5-1¼	2/24
2	Alison MUCK	SO	#5 Franklin	1.56m	5-1¼	3/3
6	Kennadi LAKINS	SO	#2 Hanover	1.53m	5-¼	1/26
7	Jada HUNTER-HAYS	JR	#1 Rose-Hulman	{2} 1.48m	4-10¼	1/26
7	Megan KORTE	SO	#1 Rose-Hulman	{2} 1.48m	4-10¼	1/12
9	Olivia RIDER	JR	#7 Bluffton	1.47m	4-9¾	2/24
9	Paige MASSIE	SO	#7 Bluffton	1.47m	4-9¾	2/24

Women's Pole Vault

1	Aliza BOLES	SO	#2 Hanover	3.05m	10-0	2/10
1	Nina JAZDZEWSKI	JR	#2 Hanover	3.05m	10-0	2/10
3	Irene LEMA MADUENO	FR	#1 Rose-Hulman	2.85m	9-4¼	2/24
3	Ameila ADAMS	FR	#7 Bluffton	2.85m	9-4¼	2/24
5	Ally MCGUIRE	JR	#2 Hanover	{3} 2.79m	9-1¾	2/3
6	Amelia THIEMAN	SO	#1 Rose-Hulman	{2} 2.75m	9-¼	2/24
6	Nadine DAVIS	FR	#2 Hanover	{4} 2.75m	9-¼	2/24
8	Megan DEATON	JR	#1 Rose-Hulman	{3} 2.30m	7-6½	2/24
8	Audrey SPENCER	FR	#4 Manchester	2.30m	7-6½	2/24
8	Kalyn RITZ	FR	#5 Franklin	2.30m	7-6½	2/10

Women's Long Jump

1	94 Rofiat ADEYEMI	SR	#1 Rose-Hulman	5.36m	17-7	2/24
2	Abigail KIRBY	FR	#9 Earlham	4.82m	15-9¾	2/24
2	Kyra HICKS	SR	#1 Rose-Hulman	{2} 4.82m	15-9¾	1/19
4	Sarah O'DAY	JR	#5 Franklin	4.80m	15-9	2/16
5	Audrey EDWARDS	FR	#1 Rose-Hulman	{3} 4.75m	15-7	2/16
5	Kennadi LAKINS	SO	#2 Hanover	4.75m	15-7	1/26
7	Julianna CLAYTON	SO	#3 Transylvania	4.72m	15-6	2/2
8	Alivia PAUL	FR	#4 Manchester	4.59m	15-¾	2/24
9	Amari BRADFORD-SARGENT	JR	#9 Earlham	{2} 4.40m	14-5¼	2/16
10	Londyn FRAZIER	SO	#6 Mount St. Josepl	4.36m	14-3¾	2/3
10	Olivia RIDER	JR	#7 Bluffton	4.36m	14-3¾	2/24

Women's Triple Jump

1	29 Rofiat ADEYEMI	SR	#1 Rose-Hulman	11.53m	37-10	2/24
2	Kyra HICKS	SR	#1 Rose-Hulman	{2} 10.97m	36-0	2/24
3	Endia CLARK	SR	#1 Rose-Hulman	{3} 9.57m	31-4¾	2/16
4	Lili SEALS	JR	#2 Hanover	9.44m	30-11¾	2/10
5	Megan KORTE	SO	#1 Rose-Hulman	{4} 9.32m	30-7	2/24
6	Mere JOHNSON	SR	#3 Transylvania	9.19m	30-2	2/17
7	Londyn FRAZIER	SO	#6 Mount St. Josepl	9.07m	29-9¼	1/20
8	Madison DUNLOP	FR	#4 Manchester	9.02m	29-7¼	2/24



Conference TFRI Event Summary



HCAC

as of 3/4/2024 8:35:29 PM ET

Women's Shot Put

1	4	Carley CAMP	JR	#4 Manchester	14.63m	48-0	2/24
2	26	Jessie STENGER	JR	#2 Hanover	13.46m	44-2	2/24
3		Madalyn HUDNALL	SO	#6 Mount St. Joseph	11.87m	38-11½	2/24
4		Charlotte WILSON	SO	#4 Manchester	{2} 11.79m	38-8¼	1/19
5		Aaliyah JONES	SR	#1 Rose-Hulman	11.28m	37-¼	2/24
6		Katrina SEJOUR	FR	#4 Manchester	{3} 10.96m	35-11½	2/10
7		Asia BRANCH	FR	#6 Mount St. Joseph	{2} 10.65m	34-11¼	1/20
8		Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	{2} 10.62m	34-10¼	2/24
8		Cheyenne THOMAS	FR	#4 Manchester	{4} 10.62m	34-10¼	2/17
10		Jill WILHELM	SO	#6 Mount St. Joseph	{3} 10.31m	33-10	2/24

Women's Weight Throw

1	44	Carley CAMP	JR	#4 Manchester	16.31m	53-6¼	1/12
2		Jessie STENGER	JR	#2 Hanover	14.61m	47-11¼	2/3
3		Katrina SEJOUR	FR	#4 Manchester	{2} 13.89m	45-7	2/24
4		Carolina SNYDER-PEREZ	SO	#1 Rose-Hulman	13.82m	45-4¼	2/16
5		Dakota GOETZ	SR	#2 Hanover	{2} 13.81m	45-3¾	2/24
6		Aaliyah JONES	SR	#1 Rose-Hulman	{2} 13.80m	45-3½	2/16
7		Kylie RATHBUN	SR	#1 Rose-Hulman	{3} 13.78m	45-2½	2/16
8		Charlotte WILSON	SO	#4 Manchester	{3} 13.69m	44-11	2/10
9		Jill WILHELM	SO	#6 Mount St. Joseph	12.72m	41-8¾	12/2
10		Asia BRANCH	FR	#6 Mount St. Joseph	{2} 12.54m	41-1¾	2/3



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



Independent

as of 3/4/2024 8:35:29 PM ET

Women's 60 Meters

1	3	Kianne BENJAMIN	SR	#4 Bowdoin	7.55	2/25
2	35	Rachel ARTHUR	JR	#3 Williams	7.76	2/25
3	44	Wendy WOODEN	SO	#9 Wheaton (Mass.)	7.78	2/25
4	50	Jordyn LUNGO	SR	#13 Whitworth	7.79	2/10
5	57	Vivienne EVANS	SR	#5 WPI	7.80	3/2
6	60	Kyrstin WILSON	SO	Puget Sound	7.81	2/10
6	60	Savanna VARGAS	FR	#9 Wheaton (Mass.)	7.81	3/2
6	60	Allyson HAMMOND	SO	#20 Pacific (Ore.)	7.81	2/3
9	78	Alison BALL	SR	#13 Whitworth	7.85	2/10
10	81	Stephanie BROWN	SR	#21 Springfield (Mas)	7.86	2/4

Women's 60 Meter Hurdles

1	6	Eliza CARDWELL	JR	#2 Amherst	8.64	2/25
2	18	Erin DAUGHERTY	JR	#11 Colby	8.80	3/2
3	25	Amanda CASTALDI	SO	#9 Wheaton (Mass.)	8.89	1/13
3	25	Allyson HAMMOND	SO	#20 Pacific (Ore.)	8.89	2/3
5	27	Amelia HEWSON	SR	#13 Whitworth	8.90	2/24
6	32	Sarah PILLONE	SR	#7 Tufts	8.93	2/3
7	35	Katherine DEFOSSE	FR	#21 Springfield (Mas)	8.98	3/2
7	35	Eleanor BACHMEIER	SR	#15 Redlands (Calif.)	8.98c	(8.98A) 2/2
7	35	Josephine JETT	FR	#6 Claremont-Mudc	8.98	2/10
10	44	Naj CAMPBELL	JR	#19 McMurry	9.05	2/3

Women's 200 Meters

1	2	Kianne BENJAMIN	SR	#4 Bowdoin	24.35	2/25
2	4	Marlina VOKER	JR	#8 Hartford	24.52	3/2
3	34	Kennedy KIRKLAND	FR	#4 Bowdoin	25.21	2/25
4	41	Rachel ARTHUR	JR	#3 Williams	25.30c	(25.69f) 2/10
5	44	Heloise HUGHES	FR	#2 Amherst	25.33	2/10
6	46	Schylar WYSE	SR	#9 Wheaton (Mass.)	25.37	2/10
7	57	Alison BALL	SR	#13 Whitworth	25.44	12/9
8	61	Vivienne EVANS	SR	#5 WPI	25.45	3/2
9	73	Wendy WOODEN	SO	#9 Wheaton (Mass.)	25.52c	(25.91f) 2/17
10	74	Emma BURR	FR	Thomas (Maine)	25.53	2/25

Women's 400 Meters

1	6	Kianne BENJAMIN	SR	#4 Bowdoin	55.83	2/10
1	6	Bella KING-HARVEY	FR	#3 Williams	55.83	2/25
3	15	Fiona MEJICO	JR	#11 Colby	56.55c	(57.30f) 3/2
4	17	Kennedy MULLEN	JR	#18 Trinity (Conn.)	56.68	3/2
5	24	Marina MILLER	JR	#1 MIT	56.92c	(57.67f) 3/2
6	32	Paige COOKSEY	SR	#1 MIT	57.12	2/25
7	36	Casie EIFRIG	JR	#2 Amherst	57.27	3/2
8	43	Christa PRASERTSINTANAH	FR	#2 Amherst	57.61	2/10
9	45	Cate DONALDSON	FR	#3 Williams	57.63	2/25
10	48	Anna KROUSE	JR	#10 Middlebury	57.73	2/10

Women's 800 Meters

1	2	Ellie RISING	JR	#17 George Fox	2:09.80 OT	2/24
2	7	Grace HADLEY	SR	#5 WPI	2:10.73c	(2:12.23f) 3/2
3	21	Alexa ESTES	SO	#14 Connecticut Coll	2:12.54	2/10
4	29	Julia HOWARTH	JR	#1 MIT	2:13.31	1/27
5	36	Sidney TRIEPKE	JR	#12 Coast Guard	2:14.26	3/2
6	50	Zoe MARCUS	FR	#2 Amherst	2:15.45	2/10
7	54	Lucy GAGNON	SR	#3 Williams	2:15.70	2/25
8	62	Erin HOVENDON	SO	#1 MIT	2:16.08c	(2:17.65f) 3/2
9	66	Hailey MARCELLO	SR	#8 Hartford	2:16.20	2/23
10	70	Grace MCDONOUGH	SO	#14 Connecticut Coll	2:16.37	2/10

Women's Mile

1	1	Grace HADLEY	SR	#5 WPI	4:45.94	2/25
2	8	Lexi FERNANDEZ	SO	#1 MIT	4:53.72	2/10
3	10	Lucy GAGNON	SR	#3 Williams	4:54.11	2/10
4	16	Kate SANDERSON	SO	#1 MIT	4:55.21	2/25
5	18	Pria PARKER	JR	#23 Smith	4:55.70	2/25
6	20	Rujuta SANE	SO	#1 MIT	4:56.16c	(4:59.09f) 3/2
7	28	Laura ZIMMER	SR	#6 Claremont-Mudc	4:57.38	2/10
8	29	Julia SCHOR	JR	#2 Amherst	4:57.83	2/10
9	30	Ella WHINNEY	SO	Wellesley	4:58.06c	(5:01.01f) 3/2
10	33	Abby FERNALD	SO	#14 Connecticut Coll	4:58.28	2/25

Women's 3000 Meters

1	3	Natalie BITETTI	SR	#6 Claremont-Mudc	9:29.76	2/10
2	7	Grace HADLEY	SR	#5 WPI	9:35.07	2/3
3	23	Riley CAPUANO	SO	#6 Claremont-Mudc	9:48.52	12/2
4	26	Lexi FERNANDEZ	SO	#1 MIT	9:49.15	1/27
5	38	Julia SCHOR	JR	#2 Amherst	9:53.98c	(9:59.07f) 2/3
6	41	Audrey MACLEAN	FR	#10 Middlebury	9:54.55	2/25
7	42	Riley BUESE	JR	#22 Lewis & Clark	9:54.87	2/10
8	48	Chrissy AMAN	SR	#16 Bates	9:56.93	12/2
9	54	Molly FITZGIBBONS	SR	#3 Williams	10:00.49	12/2
10	56	Liv GIRAND	FR	#1 MIT	10:01.51	2/10

Women's 5000 Meters

1	3	Natalie BITETTI	SR	#6 Claremont-Mudc	16:33.50	12/2
2	4	Grace HADLEY	SR	#5 WPI	16:39.36	1/27
3	12	Kate SANDERSON	SO	#1 MIT	16:52.31	2/10
4	13	Riley BUESE	JR	#22 Lewis & Clark	16:52.68 OT	2/24
5	15	Genna GIRARD	SR	#3 Williams	16:54.96	1/28
6	18	Paige PHILLIPS	JR	#12 Coast Guard	16:59.22	3/2
7	31	Elle MARSYLA	SO	#6 Claremont-Mudc	17:09.52	12/2
8	36	Rachel BRENNAN	SR	#24 Gordon (Mass.)	17:14.95	2/25
9	45	Lily MURPHY	FR	Hamilton	17:33.49c	(17:41.55f) 1/12
10	50	Liv GIRAND	FR	#1 MIT	17:39.10	1/27



Conference TFRI Event Summary



Independent

as of 3/4/2024 8:35:29 PM ET

Women's 4x400 Relay

1	6	Tally Zeller, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#11 Colby	3:49.31	1/27
2	8	Bella King-Harvey, Camryn Taylor, Claire Jensen, Cate Donaldson	#3 Williams	3:49.44	2/25
3	13	Michelle Louie, Mary Elliot, Lily Bulczynski, Anna Krouse	#10 Middlebury	3:49.96c (3:53.01f)	3/2
4	14	Olivia Dias, Paige Cooksey, Julia Howarth, Marina Miller	#1 MIT	3:50.04	2/25
5	15	Kaylee Smith, Makenna Lizarde, Sarah Charles, Allison Kremer	Chapman	3:50.35c (3:53.40f)	3/2
6	22	Sophia Jones, Cate Kneebone, Emma Almony, Kennedy Mullen	#18 Trinity (Conn.)	3:53.99	2/25
7	23	Christa Prasertsintanah, Eliza Cardwell, Myeh Medina, Casie Eifrig	#2 Amherst	3:54.04	2/25
8	31	Emily Parchinski, Hailey Marcello, Marlina Voker, Molly McGrail	#8 Hartford	3:58.23	2/23
9	38	Annika Kral, Anne-Sophie Janssen, Antonia Knoth, Emma Smith	#7 Tufts	4:00.42c (4:03.61f)	2/3
10	56	Gabby Phillips, Catherine Uwakwe, Kennedy Kirkland, Kianne Benjamin	#4 Bowdoin	4:02.51c (4:05.73f)	2/3

Women's Distance Medley Relay

1	2	Amelia Kokernak, Isabel Hallal, Elise Deshusses, Grace Hadley	#5 WPI	11:32.78c(11:40.20f)	3/2
2	9	Rujuta Sane, Paige Cooksey, Julia Howarth, Lexi Fernandez	#1 MIT	11:41.06	2/10
3	10	Zoe Marcus, Casie Eifrig, Piper Lentz, Julia Schor	#2 Amherst	11:41.08c(11:48.59f)	3/2
4	11	Riley Capuano, Sally Gaskell, Laura Zimmer, Natalie Bitetti	#6 Claremont-Mudc	11:43.04	2/10
5	12	Grace McDonough, LK Tucker, Alexa Estes, Abby Fernald	#14 Connecticut Coll	11:43.08c(11:50.61f)	3/2
6	16	Tatum Peskin, Annabel Cloney, Ciara Dale, Audrey Maclean	#10 Middlebury	11:48.15c(11:55.73f)	3/2
7	21	Makenna Topp, Grace Flynn, Sidney Triepke, Paige Phillips	#12 Coast Guard	11:59.13	2/10
8	23	Rose Kitz, Annika Kral, Emma Smith, Alexandra Dean	#7 Tufts	12:03.82	3/2
9	30	Ellie Rising, Annalise Gonzales, Jessie Bailey, Breanna Schmitt	#17 George Fox	12:08.31 OT	2/24
10	45	Alexandra Simon, Sophia Mack, Elanora Smith, Jordan Walter	Wesleyan (Conn.	12:27.88	2/25

Women's High Jump

1	2	Allie WILDSMITH	SO	#12 Coast Guard	1.72m	5-7¾	2/2
2	5	Gabriella GRATTAN	JR	#18 Trinity (Conn.)	1.70m	5-7	1/28
3	13	Sydney GARRISON	SR	#8 Hartford	1.68m	5-6	12/9
3	13	Whitley STEPP	SO	Willamette	1.68m	5-6	2/3
3	13	Avery BAKER-SCHLENDERING	FR	#8 Hartford	1.68m	5-6	12/9
6	24	Harper MEEK	SR	#7 Tufts	1.67m	5-5¾	1/13
7	28	Amelie JAMANKA	SO	#3 Williams	1.65m	5-5	12/9
7	28	Katherine KEMPFF	SO	#1 MIT	1.65m	5-5	3/2
7	28	Tolu AKINBO	SR	#1 MIT	1.65m	5-5	3/2
10	47	Breanne RAWLS	JR	#13 Whitworth	1.62m	5-3¾	1/20
10	47	Anaya THOMAS	JR	#2 Amherst	1.62m	5-3¾	2/10



Conference TFRI Event Summary



Independent

as of 3/4/2024 8:35:29 PM ET

Women's Pole Vault

1	8	Hailey SURACE	SO	#1 MIT	3.85m	12-7½	2/3
2	9	Katelyn HOWARD	SO	#1 MIT	{2}3.83m	12-6¾	2/25
2	9	Sarah FIRTH	JR	#7 Tufts	3.83m	12-6¾	2/25
2	9	Ellie FITZGERALD	SO	#3 Williams	3.83m	12-6¾	2/25
5	16	Brenna STELL	FR	#19 McMurry	3.78m	12-4¾	3/2
6	20	Jae YU	JR	#3 Williams	{2}3.77m	12-4½	1/28
7	24	Kerry SEEKAMP	SO	#23 Smith	3.75m	12-3½	2/3
8	26	Charlotte HODGE	JR	#4 Bowdoin	3.70m	12-1½	2/3
9	28	Mia BAWENDI	SR	#2 Amherst	3.69m	12-1¼	3/2
10	29	Zoe WANG	JR	#10 Middlebury	3.68m	12-¾	2/25

Women's Long Jump

1	12	Eliza CARDWELL	JR	#2 Amherst	5.68m	18-7¾	2/25
2	26	Jenna ALBANESE	SR	#4 Bowdoin	5.61m	18-5	3/2
3	34	Kennedy KIRKLAND	FR	#4 Bowdoin	{2}5.55m	18-2½	2/25
4	41	Allyson HAMMOND	SO	#20 Pacific (Ore.)	5.51m	18-1	2/3
5	45	Anastasia IOPPOLO	SO	#2 Amherst	{2}5.50m	18-½	1/13
6	56	Mackenzie DAGGITT	JR	#10 Middlebury	5.46m	17-11	3/2
6	56	Ioanna TSONI	FR	#25 Mount Holyoke	5.46m	17-11	2/3
8	74	Muffie MAZAMBANI	SR	#2 Amherst	{3}5.42m	17-9½	2/25
9	86	Joy AREOLA	JR	Trinity (Texas)	5.39m	17-8¼	1/27
10		Leah SMITH	FR	#2 Amherst	{4}5.34m	17-6¼	1/28

Women's Triple Jump

1	13	Nony OTU UGWU	SO	#1 MIT	11.81m	38-9	2/25
2	21	Rafaela DELGADO	FR	#3 Williams	11.72m	38-5½	2/25
3	25	Samantha PAUL	JR	#21 Springfield (Mas)	11.62m	38-1½	3/2
4	31	Maigan ADAMS	JR	#15 Redlands (Calif.)	11.51m	37-9¼	2/2
5	37	Muffie MAZAMBANI	SR	#2 Amherst	11.47m	37-7¾	2/25
6	42	Joy AREOLA	JR	Trinity (Texas)	11.40m	37-5	12/1
7	61	Elle RIMANDO	SO	#25 Mount Holyoke	11.23m	36-10¼	1/27
8	65	Myeh MEDINA	SO	#2 Amherst	{2}11.22m	36-9¾	1/28
8	65	Anaya THOMAS	JR	#2 Amherst	{2}11.22m	36-9¾	2/25
10	68	Sarah PILLONE	SR	#7 Tufts	11.17m	36-7¾	1/28

Women's Shot Put

1	1	Alexis BOYKIN	JR	#1 MIT	15.11m	49-7	2/25
2	14	Emily BALL	JR	#1 MIT	{2}13.84m	45-5	3/2
3	32	Renee TIUMALU	SR	#13 Whitworth	13.29m	43-7¼	12/9
4	73	Rosalyn PAGE	JR	Marywood	12.60m	41-4¼	2/17
5	85	Tiana FOX	SO	#24 Gordon (Mass.)	12.46m	40-10½	2/25
6	86	Ellena CORWIN	SR	#17 George Fox	12.45m	40-10¼	2/17
7		Julissa RODRIGUEZ	JR	Texas Lutheran	12.31m	40-4¾	1/27
8		Emma WHEELER	SR	#14 Connecticut Coll	12.17m	39-11¼	2/17
9		Tianna ROGERS	JR	#9 Wheaton (Mass.)	12.13m	39-9¾	1/13
10		Maureen HAMMOND	JR	#12 Coast Guard	12.06m	39-6¾	2/17

Women's Weight Throw

1	2	Alexis BOYKIN	JR	#1 MIT	19.43m	63-9	1/27
2	33	Emily BALL	JR	#1 MIT	{2}16.77m	55-¼	1/27
3	51	Carli CIAVARELLI	SO	#16 Bates	16.13m	52-11	3/2
3	51	Morgan COLLINS	SR	#5 WPI	16.13m	52-11	2/25
5	70	Anika WAGNER	SO	#9 Wheaton (Mass.)	15.56m	51-¾	1/13
6	78	Mary Scott ROBINSON	SR	#10 Middlebury	15.41m	50-6¾	2/25
7	81	Corinne AHERN	SR	#4 Bowdoin	15.37m	50-5¼	2/3
8	82	Elizabeth RYAN	SR	#19 McMurry	15.36m	50-4¾	2/3
9	98	Lilia OULD-HAMMOU	SO	#1 MIT	{3}15.08m	49-5¾	2/25
10		Alma MACKIC	SR	#16 Bates	{2}14.92m	48-11½	2/10

Women's Pentathlon

1	14	Eleanor BACHMEIER	SR	#15 Redlands (Calif.)	3,363	3/2
2	18	Emma WHEELER	SR	#14 Connecticut Coll	3,330	2/24
3	23	Emma BURR	FR	Thomas (Maine)	3,294	2/24
4	31	Anaya THOMAS	JR	#2 Amherst	3,198	2/24
5	33	Breanne RAWLS	JR	#13 Whitworth	3,177 OT	1/20
6	38	Rose JENKINS	FR	#4 Bowdoin	3,124	2/24
7	40	Madelyn SILVEIRA	SR	#7 Tufts	3,095	2/24
8	44	Livia KOZICK	SR	#16 Bates	3,057	2/24
9	54	Jordan MURPHY	FR	#8 Hartford	2,956	3/2
10	67	Livi MAZEROLLE	SO	#3 Williams	2,870	12/9



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



Landmark

as of 3/4/2024 8:35:29 PM ET

Women's 60 Meters

1	95	Alexa RINE	SR	#2 Susquehanna	7.88	2/24
2		Jarrett WAGNER	SR	#5 Elizabethtown	7.98	2/24
2		Chloe YODER	SR	#2 Susquehanna	{2} 7.98	2/24
4		Jocelyn SMITH	FR	#4 Scranton	8.00	2/24
5		Abigail GIAMONI	JR	#3 Moravian	8.01	2/24
6		Erin BUCKLEY	FR	#1 Catholic (D.C.)	8.06	12/2
7		Sage HENDERSHOT	FR	#6 Drew	8.07	2/16
8		Samantha SHARROW	SO	#4 Scranton	{2} 8.08	1/27
9		Precious ENOW	SO	#8 Goucher	8.10	12/2
10		Hannah ALDERFER	JR	#2 Susquehanna	{3} 8.11	1/20

Women's 60 Meter Hurdles

1	5	Chloe YODER	SR	#2 Susquehanna	8.63	3/2
2	69	Hannah ALDERFER	JR	#2 Susquehanna	{2} 9.15	3/2
3		Molly WHITE	SO	#4 Scranton	9.38	2/17
4		Brigid BYRNES	FR	#1 Catholic (D.C.)	9.39	2/16
5		Kate BENDALL	FR	#5 Elizabethtown	9.45	2/24
6		Denicia GERMAN	FR	#2 Susquehanna	{3} 9.85	2/17
7		Edith TOMASEK	FR	#1 Catholic (D.C.)	{2} 9.96	1/20
8		Mia MCCONNELL	FR	#1 Catholic (D.C.)	{3} 10.03	2/24
9		Kelsey MYLER	FR	#4 Scranton	{2} 10.06	2/17
10		Isabella DEMASSA	JR	#3 Moravian	10.15	2/16

Women's 200 Meters

1		Abigail GIAMONI	JR	#3 Moravian	25.75	2/16
2		Chloe YODER	SR	#2 Susquehanna	25.81c (26.21f)	2/16
3		Jocelyn SMITH	FR	#4 Scranton	25.97c (26.37f)	2/24
4		Caleigh BOLD	FR	#5 Elizabethtown	26.02c (26.42f)	3/2
5		Brigid BYRNES	FR	#1 Catholic (D.C.)	26.11	2/10
6		Samantha SHARROW	SO	#4 Scranton	{2} 26.18c (26.58f)	2/24
7		Erin BUCKLEY	FR	#1 Catholic (D.C.)	{2} 26.37c (26.78f)	2/24
8		Alexa RINE	SR	#2 Susquehanna	{2} 26.43c (26.84f)	2/16
9		Ray ASIEDU	FR	#8 Goucher	26.57c (26.98f)	3/2
10		Hannah ALDERFER	JR	#2 Susquehanna	{3} 26.60c (27.01f)	2/16

Women's 400 Meters

1	82	Emily CAMLET	SO	#6 Drew	58.47c (59.24f)	2/24
2		Abigail GIAMONI	JR	#3 Moravian	58.77	2/9
3		Brigid BYRNES	FR	#1 Catholic (D.C.)	59.26	2/2
4		Clare MARSH	JR	#1 Catholic (D.C.)	{2} 59.60c (1:00.39f)	2/24
5		Sabrina BENIQUEZ	FR	#1 Catholic (D.C.)	{3} 1:00.18c (1:00.97f)	2/24
6		Olivia BARBACCI	SO	#7 Juniata	1:00.74c (1:01.54f)	2/24
7		Sage HENDERSHOT	FR	#6 Drew	{2} 1:00.89	1/19
8		Precious ENOW	SO	#8 Goucher	1:01.24	12/2
9		Zoey BROWN	FR	#1 Catholic (D.C.)	{4} 1:01.95c (1:02.77f)	2/9
10		Isabella DELGADO	FR	#4 Scranton	1:02.15	2/10

Women's 800 Meters

1	3	Tanise THORNTON - FILLAW	SO	#8 Goucher	2:10.01c (2:11.51f)	2/24
2	23	Emily MOEHRINGER	JR	#1 Catholic (D.C.)	2:12.55c (2:14.07f)	2/24
3	58	Lauren CERDA	SR	#1 Catholic (D.C.)	{2} 2:15.96c (2:17.52f)	2/24
4		Apolline GASPERS	JR	#1 Catholic (D.C.)	{3} 2:17.80c (2:19.38f)	1/20
5		Alexa GRASSI	FR	#1 Catholic (D.C.)	{4} 2:21.60c (2:23.23f)	2/9
6		Olivia TULLMAN	SR	#4 Scranton	2:23.58	2/10
7		Victoria URBAEZ	FR	#2 Susquehanna	2:23.91c (2:25.57f)	1/27
8		Chelsea LONG	SR	#4 Scranton	{2} 2:24.43c (2:26.09f)	2/17
9		Elena BOCCHETTI	SO	#3 Moravian	2:24.56	2/9
10		Alexis RUSHATZ	SO	#3 Moravian	{2} 2:27.17	2/16

Women's Mile

1	42	Lauren CERDA	SR	#1 Catholic (D.C.)	4:59.22	2/16
2	52	Apolline GASPERS	JR	#1 Catholic (D.C.)	{2} 5:00.52c (5:03.49f)	1/27
3		Emily MOEHRINGER	JR	#1 Catholic (D.C.)	{3} 5:08.53	2/16
4		Kate INGLIS	JR	#1 Catholic (D.C.)	{4} 5:09.23	12/2
5		Emily HOPKINS	SO	#4 Scranton	5:18.00c (5:21.14f)	1/27
6		Tara SMURLA	SO	#3 Moravian	5:18.14c (5:21.28f)	1/27
7		Olivia TULLMAN	SR	#4 Scranton	{2} 5:18.89c (5:22.04f)	2/4
8		Tanise THORNTON - FILLAW	SO	#8 Goucher	5:19.27	12/2
9		Kyrianna NEMITZ	FR	#4 Scranton	{3} 5:22.78c (5:25.97f)	2/24
10		Kate RICE	SO	#6 Drew	5:28.18c (5:31.42f)	2/24

Women's 3000 Meters

1	61	Kate INGLIS	JR	#1 Catholic (D.C.)	10:02.59c (10:07.75f)	3/2
2		Emily HOPKINS	SO	#4 Scranton	10:16.88	2/10
3		Tara SMURLA	SO	#3 Moravian	10:17.91c (10:23.20f)	3/2
4		Kyrianna NEMITZ	FR	#4 Scranton	{2} 10:33.72c (10:39.15f)	2/24
5		Rachael GOODMAN	JR	#3 Moravian	{2} 10:46.72	2/9
6		Georgia NUSSEY	JR	#1 Catholic (D.C.)	{2} 10:49.64c (10:55.21f)	2/24
7		Ava PERLOV	SO	#1 Catholic (D.C.)	{3} 10:51.35c (10:56.93f)	2/24
8		Kate RICE	SO	#6 Drew	10:51.58c (10:57.16f)	2/24
9		Meghan MYERS	SO	#3 Moravian	{3} 10:53.12c (10:58.72f)	2/3
10		Sadie ABOOD	SR	#1 Catholic (D.C.)	{4} 10:53.69c (10:59.29f)	1/20

Women's 5000 Meters

1	60	Tara SMURLA	SO	#3 Moravian	17:44.39c (17:52.54f)	3/2
2	65	Kate INGLIS	JR	#1 Catholic (D.C.)	17:45.34c (17:53.49f)	1/27
3		Georgia NUSSEY	JR	#1 Catholic (D.C.)	{2} 18:43.83	12/2
4		Meghan MYERS	SO	#3 Moravian	{2} 19:07.44	2/9
5		Alexis HOCKENBERRY	FR	#3 Moravian	{3} 19:09.64	2/9
6		Emma MYERS	SR	#2 Susquehanna	19:21.67c (19:30.56f)	2/24
7		Bridget KENNEDY	SR	#5 Elizabethtown	19:26.39c (19:35.32f)	2/24
8		Catriona CORBETT	SR	#4 Scranton	19:29.23c (19:38.18f)	1/27
9		Laurel MCMAHON	FR	#1 Catholic (D.C.)	{3} 19:31.93c (19:40.90f)	1/20
10		Ally MEEKS	JR	#3 Moravian	{4} 19:36.95c (19:45.96f)	1/20



Conference TFRI Event Summary



Landmark

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Women's 4x400 Relay

1	52	Sabrina Beniquez, Clare Marsh, Zoey Brown, Brigid Byrnes	#1 Catholic (D.C.)	4:02.02	2/2
2		Racquel Ramey, Abigail Giamoni, Shai Knight, Rachele Grigoli	#3 Moravian	4:13.25c (4:16.61f)	2/3
3		Molly White, Tasia Miniotis, Isabella Delgado, Olivia Miller	#4 Scranton	4:13.63c (4:16.99f)	2/24
4		Addison Yaukey, Caitlyn Kuhn, Alexa Rine, Chloe Yoder	#2 Susquehanna	4:14.64c (4:18.02f)	2/4
5		Rebecca Christophel, Olivia Barbacci, Ashley Alfree, Camille McRoberts	#7 Juniata	4:16.00c (4:19.39f)	2/24
6		Melissa Patton, Ashley Rich, Axel Georgieff, Caleigh Bold	#5 Elizabethtown	4:18.21c (4:21.63f)	2/24
7		Emily Camlet, Sage Hendershot, Mazzy Cirinelli, Skyler McGuire	#6 Drew	4:26.81	12/2
8		Imaya Edmonds, Daya Sathyaraj, Skye Washington, Tanise Thornton - Fillyaw	#8 Goucher	4:28.88c (4:32.44f)	2/24

Women's Distance Medley Relay

1	14	Apolline Gaspers, Brigid Byrnes, Emily Moehringer, Lauren Cerda	#1 Catholic (D.C.)	11:44.30c(11:51.84f)	3/2
2	95	Elena Bocchetti, Rylie Murphy, Alexis Rushatz, Amber Poniktera	#3 Moravian	12:52.44c(13:00.71f)	3/2
3		Ellie Heilman, Katherine Hartman, Axel Georgieff, Maureen Bosak	#5 Elizabethtown	13:10.47c(13:18.93f)	2/24
4		Sophia Pasquariello, Caitlyn Kuhn, Katie Wojton, Victoria Urbaz	#2 Susquehanna	13:11.73c(13:20.21f)	2/24
5		Emily Hopkins, Aleksandra Roueche, Anya Kelly, Maria Viola	#4 Scranton	13:39.32c(13:48.09f)	1/20
6		Kate Rice, Annelise Wade, Skyler McGuire, Sarah Hattan	#6 Drew	13:47.81c(13:56.67f)	2/24
7		Rebecca Christophel, Zoe Biles, Justice Sheaffer, Camille McRoberts	#7 Juniata	14:22.69c(14:31.93f)	2/24

Women's High Jump

1	37	Melina CHRISTODOULOU	SR	#6 Drew	1.64m	5-4½	2/24
2	47	Olivia BARBACCI	SO	#7 Juniata	1.62m	5-3¾	1/27
3	61	Jocelynn ITTERLY	SR	#3 Moravian	1.61m	5-3¾	2/24
3	61	Alexis GROFF	SR	#3 Moravian	1.61m	5-3¾	2/24
5	72	Ashley RICH	FR	#5 Elizabethtown	1.60m	5-3	2/2
6		Ali HAEFELE	SO	#3 Moravian	{3} 1.57m	5-1¾	2/9
7		Gretchen HARAY	SO	#4 Scranton	1.54m	5-½	2/17
8		Ashley ALFREE	SO	#7 Juniata	{2} 1.51m	4-11½	2/24
8		Mazzy CIRINELLI	SO	#6 Drew	{2} 1.51m	4-11½	2/24
8		Elena FUNK	FR	#4 Scranton	{2} 1.51m	4-11½	2/24

Women's Pole Vault

1		Olivia BARBACCI	SO	#7 Juniata	3.30m	10-9¾	2/17
2		Sarah BOWER	JR	#2 Susquehanna	3.05m	10-0	2/24
3		Sophia BOSTWICK	FR	#2 Susquehanna	{2} 2.90m	9-6¼	2/24
4		Katie CAMMARATA	SO	#2 Susquehanna	{3} 2.70m	8-10¼	12/9
4		Alison SPONSELLER	FR	#2 Susquehanna	{3} 2.70m	8-10¼	1/20
6		Ashley RICH	FR	#5 Elizabethtown	2.60m	8-6¼	2/24
6		Ashley ALFREE	SO	#7 Juniata	{2} 2.60m	8-6¼	2/24
6		Katie SEAL	JR	#4 Scranton	2.60m	8-6¼	2/24
9		Hayla BRYANT	FR	#4 Scranton	{2} 2.46m	8-¾	1/27
10		Amanda NICOLosi	JR	#3 Moravian	2.40m	7-10½	2/3

Women's Long Jump

1	12	Remi ACORD	JR	#2 Susquehanna	5.68m	18-7¾	3/2
2	41	Hannah ALDERFER	JR	#2 Susquehanna	{2} 5.51m	18-1	3/2
3		Chloe YODER	SR	#2 Susquehanna	{3} 5.34m	17-6¼	2/24
4		Samantha SHARROW	SO	#4 Scranton	5.29m	17-4¼	2/24
5		Sage HENDERSHOT	FR	#6 Drew	5.27m	17-3½	2/16
6		Brigid BYRNES	FR	#1 Catholic (D.C.)	5.22m	17-1½	12/2
7		Ali HAEFELE	SO	#3 Moravian	5.19m	17-½	2/16
8		Kate BENDALL	FR	#5 Elizabethtown	5.08m	16-8	2/24
9		Julia ACEVEDO	SR	#2 Susquehanna	{4} 5.03m	16-6	1/20
9		Dorian CHENEY	JR	#8 Goucher	5.03m	16-6	1/12

Women's Triple Jump

1	10	Remi ACORD	JR	#2 Susquehanna	11.89m	39-¼	3/2
2	59	Julia ACEVEDO	SR	#2 Susquehanna	{2} 11.27m	36-11¾	2/17
3	84	Ali HAEFELE	SO	#3 Moravian	11.07m	36-4	3/2
4		Melina CHRISTODOULOU	SR	#6 Drew	10.82m	35-6	2/16
5		Kate BENDALL	FR	#5 Elizabethtown	10.81m	35-5¾	2/24
6		Molly WHITE	SO	#4 Scranton	10.74m	35-3	2/17
7		Edith TOMASEK	FR	#1 Catholic (D.C.)	10.27m	33-8½	1/27
8		Denicia GERMAN	FR	#2 Susquehanna	{3} 10.26m	33-8	2/17
9		Hannah ALDERFER	JR	#2 Susquehanna	{4} 10.20m	33-5¾	2/24
10		Jessica TSU	SR	#4 Scranton	{2} 10.07m	33-½	2/10



Conference TFRI Event Summary



Landmark

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Women's Shot Put

1	63	Mylea NEIDIG	SR	#5 Elizabethtown	12.74m	41-9¾	2/17
2	91	Nandee CORREIA	JR	#7 Juniata	12.40m	40-8¼	2/24
3		Ciara DONEGAN	JR	#1 Catholic (D.C.)	12.27m	40-3¼	2/24
4		Maggie BOYER	SR	#2 Susquehanna	12.03m	39-5¾	2/4
5		Mikayla WOODRING	JR	#3 Moravian	11.22m	36-9¾	12/2
6		Keira CARBONE	FR	#2 Susquehanna	{2} 10.99m	36-¾	2/24
7		Margie RAYNE	SO	#3 Moravian	{2} 10.84m	35-6¾	12/9
8		Kara VASHEY	SO	#3 Moravian	{3} 10.53m	34-6¾	2/3
9		Alexandra FERRADOR	SR	#4 Scranton	10.45m	34-3½	12/9
10		Arin PEYKAR	JR	#3 Moravian	{4} 10.35m	33-11½	12/2

Women's Weight Throw

1	21	Maggie BOYER	SR	#2 Susquehanna	17.47m	57-3¾	3/2
2		Kara VASHEY	SO	#3 Moravian	14.32m	46-11¾	1/27
3		Nandee CORREIA	JR	#7 Juniata	14.08m	46-2½	12/9
4		Margie RAYNE	SO	#3 Moravian	{2} 13.82m	45-4¼	2/24
5		Caillie FISH	JR	#3 Moravian	{3} 13.67m	44-10¼	2/24
6		Heather ADAMS	SO	#3 Moravian	{4} 13.66m	44-9¾	2/24
7		Liz MISKOVSKY	JR	#3 Moravian	{5} 13.61m	44-8	2/24
8		Molly MAXWELL	JR	#1 Catholic (D.C.)	12.88m	42-3¼	2/24
9		Arin PEYKAR	JR	#3 Moravian	{6} 12.75m	41-10	2/9
10		Alexandra FERRADOR	SR	#4 Scranton	12.74m	41-9¾	12/2

Women's Pentathlon

1	25	Hannah ALDERFER	JR	#2 Susquehanna	3,288		3/2
2	99	Julia ACEVEDO	SR	#2 Susquehanna	{2} 2,660		12/9
3		Molly WHITE	SO	#4 Scranton	2,640		12/9
4		Alicia ACOSTA	SO	#4 Scranton	{2} 2,457		12/9
5		Remi ACORD	JR	#2 Susquehanna	{3} 2,405		2/4
6		Alicia VO	FR	#1 Catholic (D.C.)	2,396		1/27
7		Kelsey MYLER	FR	#4 Scranton	{3} 2,226		12/9
8		Mazzy CIRINELLI	SO	#6 Drew	2,213		2/3
9		Charlotte HOULE	FR	#2 Susquehanna	{4} 2,187		12/9
10		Katie SEAL	JR	#4 Scranton	{4} 1,906		12/9



Conference TFRI Event Summary



Liberty League

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Women's 60 Meters

1	50	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	7.79	2/16
2	71	Laura SUPPA	SO	#1 Ithaca	7.84	2/17
3		Caroline HILL	JR	#3 RIT	7.91	12/1
4		Madeline O'CONNELL	SR	#2 Rochester (N.Y.) {2}	7.93	2/3
5		Kate ISAAC	SR	#2 Rochester (N.Y.) {3}	7.97	2/3
6		Christine MALLETTE	JR	#5 RPI	8.00	2/24
6		Ava NOVAK	SR	#4 Vassar	8.00	2/24
8		Traci FRANCIS	JR	#4 Vassar {2}	8.10	2/24
8		Annabelle SHANKS	JR	#2 Rochester (N.Y.) {4}	8.10	12/8
10		Devan ADEGBILE	JR	#1 Ithaca {2}	8.14	2/24

Women's 60 Meter Hurdles

1	22	Laura SUPPA	SO	#1 Ithaca	8.86	2/24
2	39	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	9.00	1/20
3	82	Jahmilia DENNIS	SO	#4 Vassar	9.21	2/17
4	88	Allison REGNANTE	JR	#3 RIT	9.23	2/24
5	96	Rachel LARSON	SO	#1 Ithaca {2}	9.25	3/2
6	98	Ashley SHELDON	FR	#7 Union (N.Y.)	9.26	2/24
7		Cecelia LABONTE	SO	#1 Ithaca {3}	9.47	1/20
8		Samantha CRISCI	SO	#3 RIT {2}	9.52	2/16
9		Nora JENSEN	SR	#4 Vassar {2}	9.54	2/10
9		Faye STEVENS	JR	#4 Vassar {2}	9.54	2/24

Women's 200 Meters

1	11	Sadie SCHREINER	SO	#3 RIT	24.62	2/10
2	14	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	24.83c (25.21f)	1/20
3	72	Christine MALLETTE	JR	#5 RPI	25.51c (25.90f)	2/10
4	77	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.) {2}	25.56c (25.95f)	1/20
5	92	Caroline HILL	JR	#3 RIT {2}	25.65c (26.04f)	3/2
6		Megan BELL	JR	#2 Rochester (N.Y.) {3}	25.79c (26.19f)	2/3
7		Kate ISAAC	SR	#2 Rochester (N.Y.) {4}	25.81c (26.21f)	1/20
8		Ava NOVAK	SR	#4 Vassar	25.89c (26.29f)	2/24
9		Katie MANNING	JR	#5 RPI {2}	25.90c (26.30f)	2/24
10		Nora CHEN	FR	#2 Rochester (N.Y.) {5}	26.05c (26.45f)	2/16

Women's 400 Meters

1	4	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	55.47c (56.20f)	2/24
2	13	Sadie SCHREINER	SO	#3 RIT	56.35	2/10
3	43	Nora CHEN	FR	#2 Rochester (N.Y.) {2}	57.61	2/10
4	50	Megan BELL	JR	#2 Rochester (N.Y.) {3}	57.75c (58.51f)	1/27
5	52	Caroline HILL	JR	#3 RIT {2}	57.80c (58.56f)	3/2
6	58	Kate ISAAC	SR	#2 Rochester (N.Y.) {4}	57.92c (58.68f)	1/27
7	95	Lauren SZALKOWSKI	FR	#5 RPI	58.56c (59.33f)	12/9
8		Natalie MACARTHUR	JR	#1 Ithaca	58.91c (59.69f)	2/24
9		Ava BUTLER	FR	#1 Ithaca {2}	1:00.16c (1:00.95f)	2/24
10		Gabrielle BAKER	JR	#7 Union (N.Y.)	1:00.74c (1:01.54f)	2/24

Women's 800 Meters

1	16	Megan BELL	JR	#2 Rochester (N.Y.)	2:12.01c (2:13.53f)	3/2
2	43	Allison SIBOLD	JR	#6 St. Lawrence	2:15.12c (2:16.67f)	2/24
3		Allison MALATESTA	JR	#7 Union (N.Y.)	2:17.69c (2:19.27f)	2/24
4		Kasey MCGERALD	JR	#7 Union (N.Y.) {2}	2:17.83c (2:19.42f)	1/20
5		Joy PETERSEN	SO	#1 Ithaca	2:19.53c (2:21.13f)	2/24
6		Jessica GOODE	SO	#1 Ithaca {2}	2:19.73c (2:21.34f)	1/20
7		Emily JOHNSON	JR	#1 Ithaca {3}	2:21.23c (2:22.85f)	2/24
8		Charlotte BLAKE	FR	#6 St. Lawrence {2}	2:21.25c (2:22.87f)	2/16
9		Hannah BENNETT	FR	#6 St. Lawrence {3}	2:21.77c (2:23.40f)	2/24
10		Catherine DACEY	JR	#7 Union (N.Y.) {3}	2:22.11c (2:23.74f)	2/24

Women's Mile

1	2	Allison SIBOLD	JR	#6 St. Lawrence	4:49.05c (4:51.91f)	1/12
2	25	Haley SCHOENEGGE	FR	#4 Vassar	4:56.71c (4:59.64f)	2/24
3	34	Jules BLESKOSKI	FR	#5 RPI	4:58.32c (5:01.27f)	2/24
4	79	Catherine DACEY	JR	#7 Union (N.Y.)	5:04.67c (5:07.68f)	3/2
5	97	Olivia PISACANO	SO	#5 RPI {2}	5:05.94c (5:08.96f)	2/24
6		Charlotte BLAKE	FR	#6 St. Lawrence {2}	5:07.15c (5:10.19f)	2/24
7		Jessica GOODE	SO	#1 Ithaca	5:08.39c (5:11.44f)	3/2
8		Amelia GILBERT	SR	#3 RIT	5:08.99c (5:12.04f)	3/2
9		Norah READE	FR	#4 Vassar {2}	5:09.56c (5:12.62f)	3/2
10		Joy PETERSEN	SO	#1 Ithaca {2}	5:10.05c (5:13.11f)	2/24

Women's 3000 Meters

1	4	Allison SIBOLD	JR	#6 St. Lawrence	9:30.76	2/9
2	13	Jules BLESKOSKI	FR	#5 RPI	9:41.55c (9:46.53f)	3/2
3	24	Haley SCHOENEGGE	FR	#4 Vassar	9:48.82c (9:53.86f)	3/2
4	34	Olivia PISACANO	SO	#5 RPI {2}	9:52.32c (9:57.39f)	3/2
5	97	Emma PALUMBO	JR	#6 St. Lawrence {2}	10:11.54c (10:16.78f)	2/24
6	99	Jessica GOODE	SO	#1 Ithaca	10:11.70c (10:16.94f)	1/27
7		Sennett TURNER	SR	#2 Rochester (N.Y.)	10:12.66c (10:17.91f)	2/24
8		Kyla EISMAN	SO	#1 Ithaca {2}	10:16.46c (10:21.74f)	1/27
9		Charlotte BLAKE	FR	#6 St. Lawrence {3}	10:17.00c (10:22.29f)	2/24
10		Katie COBOS	JR	#3 RIT	10:20.48c (10:25.80f)	2/24
10		Amelia GILBERT	SR	#3 RIT	10:20.48c (10:25.80f)	2/24

Women's 5000 Meters

1	42	Sennett TURNER	SR	#2 Rochester (N.Y.)	17:29.16c (17:37.19f)	3/2
2	48	Kyla EISMAN	SO	#1 Ithaca	17:38.53c (17:46.63f)	1/27
3	76	Haley SCHOENEGGE	FR	#4 Vassar	17:49.93c (17:58.12f)	1/27
4	81	Katie COBOS	JR	#3 RIT	17:51.76c (17:59.96f)	3/2
5		Anika MUELLER-HICKLER	SO	#4 Vassar {2}	18:12.92c (18:21.29f)	1/27
6		Leah GOODLOE	JR	#5 RPI	18:24.50c (18:32.95f)	2/24
7		Olivia BERNIER	JR	#6 St. Lawrence	18:31.10c (18:39.60f)	2/24
8		Hannah FICHTER	JR	#1 Ithaca {2}	18:32.06c (18:40.57f)	1/27
9		Sabrina TERANDO	SR	#2 Rochester (N.Y.) {2}	18:56.53c (19:05.23f)	2/24
10		Adriana CECCHETELLI	SO	#6 St. Lawrence {2}	18:58.17c (19:06.88f)	2/16



Conference TFRI Event Summary



Liberty League

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Women's 4x400 Relay

1	1	Madeline O'Connell, Kate Isaac, Nora Chen, Megan Bell	#2 Rochester (N.Y.)	3:45.78	2/10
2	32	Glory Moncion-Allen, Kasey McGerald, Allison Malatesta, Caroline Stanton	#7 Union (N.Y.)	3:58.75c (4:01.92f)	3/2
3	39	Samantha Crisci, Sadie Schreiner, Abigail Nautel, Caroline Hill	#3 RIT	4:00.48c (4:03.67f)	2/24
4	43	Natalie MacArthur, Joy Petersen, Ava Butler, Devan Adegbile	#1 Ithaca	4:00.87c (4:04.06f)	2/24
5	48	Alyssa Fici, Christine Mallette, Faydia Thompson, Katie Manning	#5 RPI	4:01.39c (4:04.59f)	2/24
6		Madeline Busam, Jordan Norman, Faye Stevens, Ava Novak	#4 Vassar	4:09.88c (4:13.19f)	2/24
7		Margaret McNally, Allison Sibold, Cameran Stone, Hannah Bennett	#6 St. Lawrence	4:20.88c (4:24.34f)	2/24
8		Hawra Moochhala, Mieke Matteson, Camila Sandaal, Chloe Desautels	#8 Bard	4:39.60c (4:43.31f)	2/24

Women's Distance Medley Relay

1	20	Emma Palumbo, Margaret McNally, Charlotte Blake, Allison Sibold	#6 St. Lawrence	11:52.00c (11:59.62f)	3/2
2	34	Sierra Danieu, Caroline Hill, Abigail Nautel, Amelia Gilbert	#3 RIT	12:17.40c (12:25.30f)	3/2
3	51	Emily Johnson, Luca Pecora, Lyla Powers, Jessica Goode	#1 Ithaca	12:29.51c (12:37.54f)	3/2
4	87	Emily Dill, Rita Sciortino, Sab Lin, Ellie Ponko	#2 Rochester (N.Y.)	12:48.54c (12:56.77f)	2/24
5		Sophia Henderson, Jordan Norman, Norah Reade, Adelaide Nyhan	#4 Vassar	12:55.67c (13:03.98f)	2/24
6		Abby Price, Emma Grace Ricketts, Haley Young, Claudia Wolf	#5 RPI	13:06.70c (13:15.12f)	2/24
7		Keelin Virgulto, Marley Froe, Amelia Wagner, Emilie Rosecan	#7 Union (N.Y.)	14:49.76c (14:59.29f)	2/24

Women's High Jump

1	5	Ashley SHELDON	FR	#7 Union (N.Y.)	1.70m	5-7	2/24
2	87	Madeleine WRIGHT	FR	#1 Ithaca	1.59m	5-2½	2/24
3	100	Lydia BARBER	FR	#1 Ithaca	{2} 1.58m	5-2¼	2/24
3	100	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	1.58m	5-2¼	2/24
5		Celia RYAN	FR	#1 Ithaca	{3} 1.57m	5-1¾	1/12
6		Cecelia LABONTE	SO	#1 Ithaca	{4} 1.53m	5-½	2/24
7		Laura SUPPA	SO	#1 Ithaca	{5} 1.50m	4-11	2/4
7		Caroline STANTON	JR	#7 Union (N.Y.)	{2} 1.50m	4-11	2/24
9		Abigail SASSON	FR	#4 Vassar	1.47m	4-9¾	2/3
9		Rania SABRI	SO	#3 RIT	1.47m	4-9¾	1/26
9		Tooni OLALEYE	FR	#5 RPI	1.47m	4-9¾	2/10

Women's Pole Vault

1	1	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	4.10m	13-5¼	2/24
2	35	Catherine FOX	SR	#3 RIT	3.62m	11-10½	2/10
3	54	Bree BOYLE	SO	#1 Ithaca	3.47m	11-4½	2/24
3	54	Talia HUTCHINSON	FR	#1 Ithaca	3.47m	11-4½	2/24
5	62	Erin EASTWOOD	SO	#1 Ithaca	{3} 3.45m	11-3¾	3/2
6		Laura SUPPA	SO	#1 Ithaca	{4} 3.02m	9-10¾	2/24
7		Samantha SCHLECTMAN	SO	#3 RIT	{2} 2.80m	9-2¼	2/9
8		Mia GERBER	FR	#3 RIT	{3} 2.60m	8-6¼	2/16
9		Siri WALSH	SO	#5 RPI	2.55m	8-4¼	12/9
10		Victoria BERMEJO	FR	#2 Rochester (N.Y.)	{2} 2.30m	7-6½	1/20

Women's Long Jump

1	21	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	5.64m	18-6	2/3
2	94	Allison REGNANTE	JR	#3 RIT	5.36m	17-7	12/8
3		Ava NOVAK	SR	#4 Vassar	5.32m	17-5½	2/3
4		Alyssa HOOGS	SR	#2 Rochester (N.Y.)	{2} 5.21m	17-1¼	12/8
5		Jahmilia DENNIS	SO	#4 Vassar	{2} 5.20m	17-¾	2/24
6		Alexis BROWN	FR	#1 Ithaca	5.14m	16-10½	2/24
7		Katie MANNING	JR	#5 RPI	5.13m	16-10	2/3
8		Jordyn DOLAN	SO	#1 Ithaca	{2} 5.12m	16-9¾	1/12
9		Faye STEVENS	JR	#4 Vassar	{3} 5.11m	16-9¼	2/3
10		Sydney PASSLEY- HARRIS	SO	#4 Vassar	{4} 5.10m	16-8¾	12/2

Women's Triple Jump

1	15	Jahmilia DENNIS	SO	#4 Vassar	11.79m	38-8¼	2/24
2	67	Alyssa HOOGS	SR	#2 Rochester (N.Y.)	11.18m	36-8¼	3/2
3	91	Luca PECORA	JR	#1 Ithaca	11.02m	36-2	3/2
4		Rania SABRI	SO	#3 RIT	10.97m	36-0	2/16
5		Alexis BROWN	FR	#1 Ithaca	{2} 10.87m	35-8	3/2
6		Ashley SHELDON	FR	#7 Union (N.Y.)	10.83m	35-6½	1/27
7		Violet AMEELE	SR	#3 RIT	{2} 10.78m	35-4½	12/8
8		Ashanti STANLEY	SR	#1 Ithaca	{3} 10.53m	34-6¾	2/4
9		Celia RYAN	FR	#1 Ithaca	{4} 10.44m	34-3	1/12
10		Ashleigh BARRETT	SO	#2 Rochester (N.Y.)	{2} 10.34m	33-11¼	2/16



Conference TFRI Event Summary



Liberty League

as of 3/4/2024 8:35:30 PM ET

Women's Shot Put

1	40	Lily SEYFERT	SO	#1 Ithaca	13.12m	43-½	2/4
2	91	Emily DIMARCO	JR	#3 RIT	12.40m	40-8¼	2/24
3	97	Cora ROSE	JR	#2 Rochester (N.Y.)	12.34m	40-6	1/27
3	97	Deziree GARRICK	JR	#2 Rochester (N.Y.)	12.34m	40-6	2/24
5		Cheyenne MCPEEK	FR	#1 Ithaca	{2} 12.07m	39-7¼	2/4
6		Charlotte POWELL	FR	#1 Ithaca	{3} 11.77m	38-7½	1/27
7		Aimee OSZER	FR	#2 Rochester (N.Y.)	{3} 11.72m	38-5½	2/24
8		Amelia GECK	FR	#3 RIT	{2} 11.68m	38-4	2/24
9		Leanna WELLS	FR	#5 RPI	11.62m	38-1½	2/24
10		Kylie ALLEN	FR	#5 RPI	{2} 11.61m	38-1¼	2/3

Women's Weight Throw

1	42	Deziree GARRICK	JR	#2 Rochester (N.Y.)	16.43m	53-11	2/16
2	83	Lily SEYFERT	SO	#1 Ithaca	15.34m	50-4	1/27
3		Soncerae HAMITER	JR	#1 Ithaca	{2} 14.66m	48-1¼	2/24
4		Emily DIMARCO	JR	#3 RIT	14.55m	47-9	12/1
5		Liv ILASZ	SO	#2 Rochester (N.Y.)	{2} 14.42m	47-3¾	2/16
6		Cora ROSE	JR	#2 Rochester (N.Y.)	{3} 14.41m	47-3½	2/24
7		Cheyenne MCPEEK	FR	#1 Ithaca	{3} 14.30m	46-11	1/20
8		Katie LYNCH	SO	#5 RPI	13.57m	44-6¼	1/13
9		Autumn BERNAVA	FR	#3 RIT	{2} 13.43m	44-¾	2/24
10		Enya GREEN	FR	#1 Ithaca	{4} 13.05m	42-9¾	2/24

Women's Pentathlon

1	10	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	3,415		2/3
2	47	Cecelia LABONTE	SO	#1 Ithaca	2,996		2/24
3	53	Laura SUPPA	SO	#1 Ithaca	{2} 2,957		2/4
4	64	Faye STEVENS	JR	#4 Vassar	2,890		2/24
5	68	Madeleine WRIGHT	FR	#1 Ithaca	{3} 2,869		2/24
6	81	Julia LARGETT	SO	#2 Rochester (N.Y.)	{2} 2,781		3/2
7	97	Caroline STANTON	JR	#7 Union (N.Y.)	2,675		2/24
8		Elli CLOUTIER	FR	#1 Ithaca	{4} 2,647		2/4
9		Abigail SASSON	FR	#4 Vassar	{2} 2,371		12/2
10		Celia RYAN	FR	#1 Ithaca	{5} 2,245		2/4



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



Little East

as of 3/4/2024 8:35:30 PM ET

Women's 60 Meters

1	71	Dorinda OKORJI	JR	#6 UMass Boston	7.84	1/13
2		Athena COMEAU	SR	#4 Plymouth State	7.91	2/25
3		Janiah YOUNG	SO	#1 Southern Maine	8.03	2/25
4		Aryianna GARCEAU	SO	#6 UMass Boston {2}	8.15	12/2
5		Heaven CONLEY	JR	#1 Southern Maine {2}	8.16	1/20
6		Kiana GOLDBERG	FR	#1 Southern Maine {3}	8.18	1/20
7		Paige HURST	JR	#4 Plymouth State {2}	8.22	2/3
8		MacKenzie LABRIE	SR	#4 Plymouth State {3}	8.23	2/3
9		Cassidy HANSON	SO	#4 Plymouth State {4}	8.26	2/3
10		Petrashea JOHNSON	SO	#5 UMass Dartmouth	8.30	1/27

Women's 60 Meter Hurdles

1	24	Kiana GOLDBERG	FR	#1 Southern Maine	8.87	2/25
2	27	Aryianna GARCEAU	SO	#6 UMass Boston	8.90	2/25
3		Alyssa SIRIANNI	SR	#3 Eastern Connect	9.76	12/9
4		Molly LU MCKELLAR	SO	#2 Keene State	9.89	2/10
5		McKenna CASTOR	FR	#8 Castleton	9.99	2/10
6		Analiese POISSON	JR	#3 Eastern Connect {2}	10.36	2/2
7		Megan MOYNIHAN	SO	#4 Plymouth State	10.59	2/3
8		Briana CAMAN	FR	#5 UMass Dartmouth	10.72	1/27
9		Delaney SARTWELL	SO	#6 UMass Boston {2}	11.82	1/27
10		Grace RUSSELL	SO	#5 UMass Dartmouth {2}	12.13	1/27

Women's 200 Meters

1	87	Janiah YOUNG	SO	#1 Southern Maine	25.61c (26.00f)	2/17
2		Athena COMEAU	SR	#4 Plymouth State	26.25	2/25
3		Heaven CONLEY	JR	#1 Southern Maine {2}	26.31c (26.71f)	1/27
4		Paige HURST	JR	#4 Plymouth State {2}	26.61c (27.02f)	2/17
5		Riley REITCHEL	SO	#1 Southern Maine {3}	26.75c (27.16f)	2/17
6		Aryianna GARCEAU	SO	#6 UMass Boston	26.91	12/2
7		Trinity HAYES	JR	#7 Rhode Island Col	26.97c (27.39f)	2/17
8		Dorinda OKORJI	JR	#6 UMass Boston {2}	27.19	12/2
9		Saige KIRKLAND	FR	#3 Eastern Connect	27.21	2/2
10		Alexis KARANTZA	FR	#1 Southern Maine {4}	27.22	1/27

Women's 400 Meters

1		Heaven CONLEY	JR	#1 Southern Maine	59.50c (1:00.29f)	2/3
2		Alexis KARANTZA	FR	#1 Southern Maine {2}	59.87c (1:00.66f)	2/3
3		Trinity HAYES	JR	#7 Rhode Island Col	1:01.40c (1:02.21f)	2/17
4		Saige KIRKLAND	FR	#3 Eastern Connect	1:01.41c (1:02.22f)	2/17
5		Jacqueline EARNER	SO	#6 UMass Boston	1:03.66c (1:04.50f)	1/13
6		Grace RUSSELL	SO	#5 UMass Dartmouth	1:04.07cu (1:05.38u)	2/2
7		Sela BASTIJIAN	FR	#7 Rhode Island Col {2}	1:04.39	2/10
8		Ashley GENTILE	JR	#3 Eastern Connect {2}	1:04.49	2/2
9		Rose KAROW	FR	#4 Plymouth State	1:04.71c (1:05.56f)	1/13
10		Allie KIMBALL	FR	#5 UMass Dartmouth {2}	1:05.27c (1:06.13f)	2/17

Women's 800 Meters

1	85	Samantha FENLEY	FR	#1 Southern Maine	2:17.13c (2:18.71f)	2/17
2		Haley OLIVER	SO	#7 Rhode Island Col	2:19.62	2/10
3		Rose KAROW	FR	#4 Plymouth State	2:21.58c (2:23.21f)	2/17
4		Jacqueline EARNER	SO	#6 UMass Boston	2:22.66	2/3
5		Margaret ST JOHN	SR	#2 Keene State	2:26.15c (2:27.83f)	2/10
6		Sam VANDEMOERE	SR	#4 Plymouth State {2}	2:27.84	2/10
7		Sarah AMES	JR	#2 Keene State {2}	2:27.96c (2:29.66f)	2/10
8		Amber CUTHBERT	JR	#8 Castleton	2:30.17c (2:31.90f)	2/10
9		AnnMarie LIMBERGER	SO	#1 Southern Maine {2}	2:30.28	1/13
10		Ella CAMPION	FR	#3 Eastern Connect	2:31.57	2/2

Women's Mile

1		Haley OLIVER	SO	#7 Rhode Island Col	5:07.26	2/25
2		Jacqueline EARNER	SO	#6 UMass Boston	5:18.56c (5:21.71f)	2/17
3		Samantha FENLEY	FR	#1 Southern Maine	5:18.79c (5:21.94f)	2/3
4		Sarah AMES	JR	#2 Keene State	5:21.39c (5:24.57f)	2/17
5		Rose KAROW	FR	#4 Plymouth State	5:24.32c (5:27.53f)	1/27
6		Margaret ST JOHN	SR	#2 Keene State {2}	5:24.53c (5:27.74f)	1/6
7		Meghan GEORGESCU	SO	#3 Eastern Connect	5:24.79	2/2
8		Anna O'REILLY	SO	#2 Keene State {3}	5:27.35c (5:30.59f)	2/17
9		Emma STEEDMAN	FR	#5 UMass Dartmouth	5:30.00c (5:33.26f)	2/17
10		Alison LECLERC	JR	#3 Eastern Connect {2}	5:31.49	2/2

Women's 3000 Meters

1		Haley OLIVER	SO	#7 Rhode Island Col	10:17.89	12/10
2		Margaret ST JOHN	SR	#2 Keene State	10:34.07	1/27
3		Grace FURLONG	SR	#2 Keene State {2}	10:49.74c (10:55.31f)	2/17
4		Meghan GEORGESCU	SO	#3 Eastern Connect	10:50.51c (10:56.08f)	1/20
5		Bee GREENBERG	JR	#5 UMass Dartmouth	10:59.91c (11:05.56f)	1/27
6		Alison LECLERC	JR	#3 Eastern Connect {2}	11:07.93c (11:13.65f)	2/17
7		Aurora COUTO	JR	#2 Keene State {3}	11:09.78c (11:15.52f)	2/17
8		Emma STEEDMAN	FR	#5 UMass Dartmouth {2}	11:11.17c (11:16.92f)	1/27
9		Grace COLON	JR	#6 UMass Boston	11:26.74c (11:32.62f)	1/27
10		Keara FONTAINE	SR	#3 Eastern Connect {3}	11:28.73c (11:34.63f)	1/20

Women's 5000 Meters

1		Grace FURLONG	SR	#2 Keene State	18:23.08	1/27
2		Margaret ST JOHN	SR	#2 Keene State {2}	18:23.65	12/2
3		Grace COLON	JR	#6 UMass Boston	18:58.64c (19:07.36f)	2/17
4		Meghan GEORGESCU	SO	#3 Eastern Connect	19:04.99c (19:13.75f)	2/17
5		Bee GREENBERG	JR	#5 UMass Dartmouth	19:06.21c (19:14.98f)	2/17
6		Keara FONTAINE	SR	#3 Eastern Connect {2}	19:14.17c (19:23.00f)	2/17
7		Alison LECLERC	JR	#3 Eastern Connect {3}	19:14.34c (19:23.18f)	1/27
8		Aurora COUTO	JR	#2 Keene State {3}	20:08.46c (20:17.71f)	2/3
9		Lucy DEPOLITO	SO	#1 Southern Maine	20:11.34c (20:20.61f)	2/17
10		Anyaa AADLAND	FR	#5 UMass Dartmouth {2}	20:16.27c (20:25.58f)	2/10



Conference TFRI Event Summary



Little East

as of 3/4/2024 8:35:30 PM ET

Women's 4x400 Relay

1	Alexis Karantza, Mackenzie Betty, Samantha Fenley, Heaven Conley	#1 Southern Maine	4:12.23c (4:15.57f)	2/17
2	Alyssa Sirianni, Saige Kirkland, Laci Davis, Ashley Gentile	#3 Eastern Connect	4:13.65	2/25
3	Sela Basijitian, Trinity Hayes, Haley Oliver, Miya Baroza	#7 Rhode Island Col	4:20.00cu (4:25.33u)	2/2
4	Allie Kimball, Briana Caman, Victoria Schweitzer, Grace Russell	#5 UMass Dartmouth	4:23.67cu (4:29.07u)	2/2
5	harleen Bassan, Hialeah Foster, Dorinda Okorji, Grace Colon	#6 UMass Boston	4:32.37c (4:35.98f)	2/17
6	Sarah Ames, Anna O'Reilly, Alana Perry, Margaret St John	#2 Keene State	4:37.15c (4:40.82f)	2/10
7	Sam VanDeMoere, Rose Karow, Abby Snow, Niki Monoxelos	#4 Plymouth State	4:40.72c (4:44.44f)	1/13

Women's Distance Medley Relay

1	Alison LeClerc, Ashley Gentile, Ella Campion, Meghan Georgescu	#3 Eastern Connect	12:58.98	2/25
2	Emma Steedman, Grace Russell, Julia Latura, Bee Greenberg	#5 UMass Dartmouth	13:07.09	2/25
3	Anna O'Reilly, Emma Urban, Aurora Couto, Sarah Ames	#2 Keene State	13:19.64	2/25
4	AnnMarie Limberger, Anabel Melanson, Whitney Davenport, Samantha Fenley	#1 Southern Maine	13:20.91c (13:29.49f)	1/27

Women's High Jump

1	Olivia JALBERT	SR	#1 Southern Maine	1.57m	5-1¾	12/9
2	Marie PROCK	SO	#1 Southern Maine {2}	1.56m	5-1¼	2/17
2	Dorinda OKORJI	JR	#6 UMass Boston	1.56m	5-1¼	2/17
2	Hialeah FOSTER	FR	#6 UMass Boston	1.56m	5-1¼	2/17
5	Isabella TACCOGNA	SO	#5 UMass Dartmouth	1.52m	4-11¾	1/6
5	Samantha FENLEY	FR	#1 Southern Maine {3}	1.52m	4-11¾	1/6
7	Alexa HURLEY	JR	#2 Keene State	1.46m	4-9½	2/17
7	Molly LU MCKELLAR	SO	#2 Keene State	1.46m	4-9½	2/24
7	Emma COUTUIER	FR	#4 Plymouth State	1.46m	4-9½	2/17
10	Aryianna GARCEAU	SO	#6 UMass Boston {3}	1.45m	4-9	12/10

Women's Pole Vault

1	Riley REITCHEL	SO	#1 Southern Maine	3.25m	10-8	2/17
2	Sela BASTIJIAN	FR	#7 Rhode Island Col	2.80m	9-2¼	2/17
2	Maggie DALLAIRE	SR	#1 Southern Maine {2}	2.80m	9-2¼	2/3
4	Carlie CRONIN	FR	#2 Keene State	2.50m	8-2½	2/17
4	Sarah FECTEAU	JR	#1 Southern Maine {3}	2.50m	8-2½	1/27
6	Mackenzie JORGENSEN	SR	#6 UMass Boston	2.35m	7-8½	2/17
6	Katelyn DENUNZIO	FR	#3 Eastern Connect	2.35m	7-8½	2/17
8	Nora MARASCO	FR	#1 Southern Maine {4}	2.30m	7-6½	1/6

Women's Long Jump

1	Olivia JALBERT	SR	#1 Southern Maine	5.33m	17-6	2/3
2	Kiana GOLDBERG	FR	#1 Southern Maine {2}	5.29m	17-4¼	1/27
3	Hialeah FOSTER	FR	#6 UMass Boston	5.23m	17-2	1/21
4	Dorinda OKORJI	JR	#6 UMass Boston {2}	5.09m	16-8½	2/17
5	Abbey JOHNSON	SR	#4 Plymouth State	4.95m	16-3	12/9
6	Aryianna GARCEAU	SO	#6 UMass Boston {3}	4.87m	15-11¾	2/17
7	Laci DAVIS	FR	#3 Eastern Connect	4.83m	15-10¼	2/17
8	Joclynn TYLER	SO	#2 Keene State	4.80m	15-9	2/10
8	Emma COUTUIER	FR	#4 Plymouth State {2}	4.80m	15-9	2/3
10	Molly LU MCKELLAR	SO	#2 Keene State {2}	4.69m	15-4¾	2/17

Women's Triple Jump

1	Laci DAVIS	FR	#3 Eastern Connect	10.40m	34-1½	2/17
1	Taylor ROSS	JR	#8 Castleton	10.40m	34-1½	1/27
3	Joclynn TYLER	SO	#2 Keene State	10.20m	33-5¾	2/17
4	Marie PROCK	SO	#1 Southern Maine	10.13m	33-3	2/17
5	Nicole POPHAM	JR	#3 Eastern Connect {2}	10.06m	33-¼	12/9
6	Emma COUTUIER	FR	#4 Plymouth State	10.05m	32-11¾	2/17
7	Abbey JOHNSON	SR	#4 Plymouth State {2}	9.98m	32-9	2/3
8	Olivia JALBERT	SR	#1 Southern Maine {2}	9.97m	32-8½	2/17
9	Isabella TACCOGNA	SO	#5 UMass Dartmouth	9.82m	32-2¾	2/17
10	Sasha SAINRISTIL	SO	#7 Rhode Island Col	9.47m	31-1	12/2

Women's Shot Put

1	75 Savannah SOLEAU	SO	#2 Keene State	12.58m	41-3¼	2/25
2	79 Jaigan BOUDREAU	SO	#1 Southern Maine	12.56m	41-2½	3/2
3	Kaylenn STEVENSON	FR	#8 Castleton	11.49m	37-8½	2/17
4	Molly LU MCKELLAR	SO	#2 Keene State {2}	11.46m	37-7¼	2/10
5	Samantha SAINRISTILL	JR	#7 Rhode Island Col	11.26m	36-11½	2/17
6	Kate HOCKENBURY	JR	#5 UMass Dartmouth	10.85m	35-7¼	2/17
7	Amanda LITTLE	JR	#5 UMass Dartmouth {2}	10.46m	34-4	2/2
8	Neisha BOITEUX	JR	#5 UMass Dartmouth {3}	10.44m	34-3	1/13
9	Isabell LANFEAR	SO	#8 Castleton {2}	10.30m	33-9½	2/17
10	Emily HESKETH	FR	#5 UMass Dartmouth {4}	10.26m	33-8	1/20



Conference TFRI Event Summary



Little East

as of 3/4/2024 8:35:31 PM ET

Women's Weight Throw

1	60	Samantha SAINRISTILL	JR	#7 Rhode Island Col	15.89m	52-1¾	12/2
2		Libby MCINTYRE	JR	#4 Plymouth State	14.03m	46-½	1/27
3		Jaigan BOUDREAU	SO	#1 Southern Maine	13.84m	45-5	2/17
3		Emily HESKETH	FR	#5 UMass Dartmout	13.84m	45-5	2/17
5		Karli MARTIN	FR	#8 Castleton	13.82m	45-4¼	2/17
6		KayInn STEVENSON	FR	#8 Castleton	{2} 13.79m	45-3	1/27
7		Neisha BOITEUX	JR	#5 UMass Dartmout	{2} 13.28m	43-7	2/17
8		Amanda LITTLE	JR	#5 UMass Dartmout	{3} 12.71m	41-8½	1/13
9		Shannon BURBY	SR	#3 Eastern Connect	12.62m	41-5	2/17
10		Hayley CHARITER	JR	#7 Rhode Island Col	{2} 12.57m	41-3	12/10

Women's Pentathlon

1	71	Molly LU MCKELLAR	SO	#2 Keene State	2,843		2/24
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Conference TFRI Event Summary



MAC

as of 3/4/2024 8:35:31 PM ET

Women's 60 Meters

1	9	Maria MUZZARELLI	JR	#1 Widener	7.63	2/24
2	11	Laura MATHEWS	SR	#3 Stevens	7.65	2/24
3	88	Mariam KOITA	FR	#1 Widener	{2} 7.87	2/24
4		Elizabeth SCHWARZ	JR	#7 Alvernia	7.94	2/24
5		Jayla GORE	SO	#1 Widener	{3} 7.95	2/3
6		Arwyn GRUENWALD	SO	#5 Messiah	7.97	2/24
7		Grace KANE	JR	#10 Delaware Valley	8.07	2/24
8		Halle JENNETT	JR	#5 Messiah	{2} 8.12	1/20
9		Angela NUSE	FR	#12 York (Pa.)	8.15	2/24
10		Isabella SHANLEY	FR	#3 Stevens	{2} 8.19	12/2

Women's 60 Meter Hurdles

1	3	Laura MATHEWS	SR	#3 Stevens	8.53	3/2
2	30	Kristen WILLIAMS	SR	#3 Stevens	{2} 8.92	3/2
3	100	Olivia SMIAROWSKA	FR	#10 Delaware Valley	9.27	2/24
4		Kara BROWN	SO	#5 Messiah	9.50	2/24
5		Claire MILLER	JR	#5 Messiah	{2} 9.60	2/24
6		Victoria ZULTEVICZ	JR	#6 King's College (P	9.77	2/24
7		Caitlin STERNBERG	JR	#7 Alvernia	9.80	2/24
8		Sydni BELL	SO	#1 Widener	9.87	2/24
9		Sarah KROEDEL	SO	#13 Stevenson	9.89	2/24
10		Brianna FASOLI	SO	#15 FDU Florham	9.96	2/24

Women's 200 Meters

1	6	Laura MATHEWS	SR	#3 Stevens	24.58c	(24.96f) 2/24
2	40	Maria MUZZARELLI	JR	#1 Widener	25.28c	(25.67f) 2/24
3	93	Mariam KOITA	FR	#1 Widener	{2} 25.66c	(26.05f) 3/2
4		Halle JENNETT	JR	#5 Messiah	25.94c	(26.34f) 2/3
5		Darrian BERKHEIMER	JR	#2 Lebanon Valley	26.18c	(26.58f) 12/8
5		Kelly BARR	SO	#1 Widener	{3} 26.18c	(26.58f) 2/24
7		Olivia SMIAROWSKA	FR	#10 Delaware Valley	26.35	2/10
8		Arwyn GRUENWALD	SO	#5 Messiah	{2} 26.39c	(26.80f) 2/9
9		Grace KANE	JR	#10 Delaware Valley	{2} 26.40c	(26.81f) 2/24
10		Mileyshka CALDERON	FR	#2 Lebanon Valley	{2} 26.43c	(26.84f) 2/24

Women's 400 Meters

1	71	Kelly BARR	SO	#1 Widener	58.14c	(58.91f) 3/2
2		Isabella SHANLEY	FR	#3 Stevens	59.54c	(1:00.33f) 3/2
3		Darrian BERKHEIMER	JR	#2 Lebanon Valley	59.88c	(1:00.67f) 2/24
4		Emma SCHULTZ	JR	#1 Widener	{2} 1:00.85	2/9
5		Elise DANIEL	JR	#1 Widener	{3} 1:01.76c	(1:02.58f) 2/24
6		Anahrie ANDERSON	FR	#9 Eastern (Pa.)	1:01.77c	(1:02.59f) 2/24
7		Emma GRAYBILL	JR	#5 Messiah	1:01.78c	(1:02.60f) 2/24
8		Isabel VOGEL	SO	#3 Stevens	{2} 1:01.99c	(1:02.81f) 2/24
9		Kelly HASTINGS	SR	#10 Delaware Valley	1:02.05c	(1:02.87f) 2/24
10		Alyssa DEVITA	SO	#14 Albright	1:02.45c	(1:03.27f) 12/2

Women's 800 Meters

1	63	Grace MORNINGSTAR	FR	#4 Misericordia	2:16.09c	(2:17.66f) 3/2
2	68	Donna HOLT	JR	#1 Widener	2:16.34c	(2:17.91f) 3/2
3	80	Micah GORDLEY	SR	#8 Arcadia	2:16.85c	(2:18.42f) 2/24
4		Kristin GALLAGHER	JR	#4 Misericordia	{2} 2:18.92c	(2:20.52f) 3/2
5		Hailey SHREFFLER	JR	#9 Eastern (Pa.)	2:19.33c	(2:20.93f) 2/24
6		Nina BURDEN	JR	#3 Stevens	2:19.38c	(2:20.98f) 3/2
7		Lauren BUNKE	SR	#2 Lebanon Valley	2:19.61	2/2
8		Autumn GARGES	SO	#2 Lebanon Valley	{2} 2:19.88c	(2:21.49f) 2/24
9		Sierra KAPCSOS	SO	#2 Lebanon Valley	{3} 2:20.43c	(2:22.05f) 2/24
10		Isabel TENNEY	FR	#12 York (Pa.)	2:22.35c	(2:23.99f) 2/3

Women's Mile

1	35	Gabriella NYE	SO	#1 Widener	4:58.42c	(5:01.37f) 3/2
2	67	Lauren BUNKE	SR	#2 Lebanon Valley	5:03.14c	(5:06.14f) 2/24
3		Madison KAMMER	SO	#4 Misericordia	5:10.13c	(5:13.20f) 3/2
4		Grace GALLAGHER	SO	#4 Misericordia	{2} 5:13.71c	(5:16.81f) 2/4
5		Liz EGAN	SO	#1 Widener	{2} 5:14.62c	(5:17.73f) 2/3
6		Micah GORDLEY	SR	#8 Arcadia	5:14.85c	(5:17.96f) 2/3
7		Autumn GARGES	SO	#2 Lebanon Valley	{2} 5:16.61c	(5:19.74f) 3/2
8		Grace MORNINGSTAR	FR	#4 Misericordia	{3} 5:17.91c	(5:21.05f) 1/12
9		Cera GASTON	SR	#7 Alvernia	5:19.38c	(5:22.54f) 1/20
10		Rachel ROUSE	SO	#3 Stevens	5:19.84c	(5:23.00f) 2/24

Women's 3000 Meters

1	88	Gabriella NYE	SO	#1 Widener	10:09.27c	(10:14.49f) 1/27
2		Lauren BUNKE	SR	#2 Lebanon Valley	10:12.33c	(10:17.58f) 1/20
3		Cera GASTON	SR	#7 Alvernia	10:16.84c	(10:22.12f) 3/2
4		Grace GALLAGHER	SO	#4 Misericordia	10:17.98c	(10:23.27f) 1/27
5		Coyle BARTHOLOMEW	SO	#2 Lebanon Valley	{2} 10:21.07c	(10:26.39f) 2/24
6		Brianna WAGNER	JR	#4 Misericordia	{2} 10:25.31c	(10:30.67f) 3/2
7		Liz EGAN	SO	#1 Widener	{2} 10:25.39c	(10:30.75f) 2/24
8		Haley ESTUS	JR	#11 DeSales	10:40.78	2/9
9		Madison KAMMER	SO	#4 Misericordia	{3} 10:40.97c	(10:46.46f) 1/12
10		Kathryn LONG	SO	#1 Widener	{3} 10:42.11c	(10:47.61f) 2/24

Women's 5000 Meters

1	43	Gabriella NYE	SO	#1 Widener	17:32.98c	(17:41.04f) 2/3
2	58	Grace GALLAGHER	SO	#4 Misericordia	17:43.94c	(17:52.08f) 3/2
3		Cera GASTON	SR	#7 Alvernia	17:57.23c	(18:05.48f) 3/2
4		Katie ANTHONY	JR	#5 Messiah	18:17.68c	(18:26.08f) 12/8
5		Liz EGAN	SO	#1 Widener	{2} 18:30.89c	(18:39.39f) 2/24
6		Coyle BARTHOLOMEW	SO	#2 Lebanon Valley	18:32.27c	(18:40.78f) 2/24
7		Katherine JONES	JR	#4 Misericordia	{2} 18:36.31c	(18:44.85f) 1/27
8		Kathryn LONG	SO	#1 Widener	{3} 18:39.78c	(18:48.35f) 2/3
9		Micah GORDLEY	SR	#8 Arcadia	18:56.82	12/2
10		Teddi POWELL	SR	#5 Messiah	{2} 18:57.26c	(19:05.97f) 2/24



Conference TFRI Event Summary



MAC

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Women's 4x400 Relay

1	61	Darrian Berkheimer, Alyssa Peiffer, Abigail Reed, Mileyska Calderon	#2 Lebanon Valley	4:02.93c	(4:06.15f)	3/2
2	67	Laura Mathews, Isabella Shanley, Allie Canciani, Stephanie Ryazanova	#3 Stevens	4:03.77		2/9
3	91	Halle Jennett, Kerrigan Lebo, Arwyn Gruenwald, Emma Graybill	#5 Messiah	4:08.29c	(4:11.58f)	1/27
4	92	Emma Schultz, Elise Daniel, Erica Thomas, Kelly Barr	#1 Widener	4:08.49c	(4:11.78f)	2/24
5		Casey Allen, Madison Kammer, Kristin Gallagher, Grace Morningstar	#4 Misericordia	4:14.01c	(4:17.38f)	2/4
6		Janitza Hernandez-Albino, Hailey Shreffler, Anahrie Anderson, Samantha Peters	#9 Eastern (Pa.)	4:14.20c	(4:17.57f)	2/24
7		Alyssa Devita, Eren Tighe, Mackenzie Dover, Nyla Callahan	#14 Albright	4:14.81c	(4:18.19f)	2/24
8		Natalie Cottrell, Payton Mann, Isabel Tenney, Keziah Boyce	#12 York (Pa.)	4:16.15c	(4:19.55f)	2/24
9		Jessie Torres, Caitlin Sternberg, Elizabeth Kavulak, Rosnelly Sanchez	#7 Alvernia	4:16.23c	(4:19.63f)	2/24
10		Abigail Springer, Nicole Zambetti, Laura Dainauski, Ava Butcher	#6 King's College (P	4:18.21c	(4:21.63f)	2/24

Women's Distance Medley Relay

1	46	Grace Morningstar, Casey Allen, Kristin Gallagher, Madison Kammer	#4 Misericordia	12:28.42c	(12:36.43f)	2/24
2	48	Nina Burden, Taylor Enes, Isabel Vogel, Rachel Rouse	#3 Stevens	12:28.87c	(12:36.89f)	3/2
3	61	Madison Kimmel, Clara Benner, Kerrigan Lebo, Katie Anthony	#5 Messiah	12:35.70c	(12:43.79f)	2/24
4	75	Donna Holt, Olivia DeVito, Theresa Kervick, Kathryn Long	#1 Widener	12:43.22c	(12:51.39f)	2/24
5	96	Jennifer Fischli, Samantha Peters, Queen-Roszia Davis, Hailey Shreffler	#9 Eastern (Pa.)	12:52.50c	(13:00.77f)	2/24
6	97	Shae Zeitler, Avery Peluszak, Caitlyn Saccary, Haley Estus	#11 DeSales	12:52.66c	(13:00.93f)	3/2
7		Grace Curnow, Kate Smilovic, Jacqueline Engler, Micah Gordley	#8 Arcadia	12:56.83c	(13:05.15f)	2/24
8		Jessie Torres, Elizabeth Kavulak, Rosnelly Sanchez, Cera Gaston	#7 Alvernia	13:01.82c	(13:10.19f)	2/24
9		Abigail Hunt, Mikayla Mitchell, Emily Miller, Isabel Zwally	#2 Lebanon Valley	13:25.49c	(13:34.12f)	2/24
10		Zoe Tomko, Laura Dainauski, Ava Butcher, Mikaela Majcher	#6 King's College (P	13:31.03c	(13:39.72f)	2/24

Women's High Jump

1	28	Caroline TIGHE	JR	#3 Stevens	1.65m	5-5	2/9
2	61	Casey ALLEN	JR	#4 Misericordia	1.61m	5-3¼	2/9
3	72	Fatikhha TIKHTOVA	FR	#2 Lebanon Valley	1.60m	5-3	12/8
4	100	Maya LAPINSKI	FR	#3 Stevens	{2} 1.58m	5-2¼	2/24
5		Madison ARMITAGE	JR	#6 King's College (P	1.55m	5-1	2/24
6		Carolina WEGMAN	SO	#2 Lebanon Valley	{2} 1.54m	5-½	2/24
7		Maggie PREVIGLIAN	SO	#3 Stevens	{3} 1.52m	4-11¾	1/20
8		Laura MATHEWS	SR	#3 Stevens	{4} 1.51m	4-11½	3/2
8		Kayla ROBINSON	FR	#1 Widener	1.51m	4-11½	2/24
10		Olivia DALLMER	SO	#11 DeSales	1.48m	4-10¼	2/24
10		Theresa KERVICK	JR	#1 Widener	{2} 1.48m	4-10¼	3/2



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Women's Pole Vault

1	74	Savannah STEGER	SR	#1 Widener	3.40m	11-1¾	2/24
2	86	Emily ORIEL	SO	#2 Lebanon Valley	3.36m	11-¼	1/12
3	89	Alexis MEROLA	SO	#3 Stevens	3.35m	10-11¾	2/24
4		Hannah WITTER	SO	#5 Messiah	3.30m	10-9¾	2/3
4		Rachel SNAVELY	JR	#2 Lebanon Valley {2}	3.30m	10-9¾	2/9
4		Victoria ZULTEVICZ	JR	#6 King's College (P	3.30m	10-9¾	2/3
7		Emma MELE	JR	#11 DeSales	3.25m	10-8	2/24
8		Paige CARPENTER	JR	#9 Eastern (Pa.)	3.19m	10-5½	2/2
9		Luisanna POLANCO	FR	#2 Lebanon Valley {3}	3.15m	10-4	2/24
10		Stephanie RYAZANOVA	SO	#3 Stevens {2}	3.05m	10-0	2/9

Women's Long Jump

1	21	Laura MATHEWS	SR	#3 Stevens	5.64m	18-6	2/9
2	64	Mileyska CALDERON	FR	#2 Lebanon Valley	5.44m	17-10¼	2/9
3	75	Shinelle FELIX	JR	#7 Alvernia	5.41m	17-9	2/24
4		Kayla ROBINSON	FR	#1 Widener	5.21m	17-1¼	2/24
5		Mia FLEMING	FR	#8 Arcadia	5.16m	16-11¼	2/24
6		Roxy ILIESCU	SR	#8 Arcadia {2}	5.15m	16-10¾	2/3
7		Fatikhha TIKHTOVA	FR	#2 Lebanon Valley {2}	5.13m	16-10	12/8
8		Kaitlyn HESS	SO	#13 Stevenson	5.09m	16-8½	1/20
9		Olivia DALLMER	SO	#11 DeSales	5.07m	16-7¾	2/24
10		Chloe GRADY	FR	#2 Lebanon Valley {3}	5.04m	16-6½	2/24

Women's Triple Jump

1	2	Shinelle FELIX	JR	#7 Alvernia	12.67m	41-7	1/27
2	51	Kayla ROBINSON	FR	#1 Widener	11.33m	37-2¼	2/24
3	56	Kristen WILLIAMS	SR	#3 Stevens	11.30m	37-1	3/2
4	61	Mia FLEMING	FR	#8 Arcadia	11.23m	36-10¼	1/27
5	83	Mylina CASTILLO	JR	#7 Alvernia {2}	11.08m	36-4¼	2/24
6		Elena VARGAS	JR	#5 Messiah	10.86m	35-7¾	1/20
7		Catherine CRAMPTON	FR	#11 DeSales	10.40m	34-1½	2/24
8		Kaitlyn HESS	SO	#13 Stevenson	10.31m	33-10	2/9
9		Ella SANTORO	JR	#3 Stevens {2}	10.22m	33-6½	2/24
10		Olivia CALL	JR	#5 Messiah {2}	10.21m	33-6	2/24

Women's Shot Put

1	28	Kayla ROBINSON	FR	#1 Widener	13.39m	43-11¼	2/24
2	68	Brandy VARNER	SO	#6 King's College (P	12.66m	41-6½	2/24
3		Caroline REED	JR	#2 Lebanon Valley	12.23m	40-1½	3/2
4		Donya BAXTER	SO	#8 Arcadia	12.06m	39-6¾	1/20
5		Savana DODD	FR	#9 Eastern (Pa.)	11.82m	38-9½	2/24
6		Delaney HILFERTY	JR	#6 King's College (P{2}	11.67m	38-3½	2/24
7		Lauren ASSANTE	JR	#2 Lebanon Valley {2}	10.76m	35-3¾	1/12
8		Shinelle FELIX	JR	#7 Alvernia	10.74m	35-3	2/17
9		Alyssa BETZ	JR	#2 Lebanon Valley {3}	10.70m	35-1¼	2/24
10		Caitlin KIRK	FR	#6 King's College (P{3}	10.49m	34-5	1/20

Women's Weight Throw

1	69	Katelyn SHOEMAKER	SO	#6 King's College (P	15.58m	51-1½	2/24
2		Lauren ASSANTE	JR	#2 Lebanon Valley	14.97m	49-1½	2/9
3		Isabel RODRIGUEZ	SO	#1 Widener	14.81m	48-7¼	2/24
4		Gabby BELLOMO	JR	#4 Misericordia	14.76m	48-5¼	3/2
5		Savana DODD	FR	#9 Eastern (Pa.)	14.38m	47-2¼	2/9
6		Sofia HARNOIS	SO	#12 York (Pa.)	14.08m	46-2½	1/14
7		Delaney HILFERTY	JR	#6 King's College (P{2}	14.02m	46-0	2/24
8		Anna BELLUCCI	JR	#6 King's College (P{3}	13.94m	45-9	2/17
9		Leah FERSTER	JR	#5 Messiah	13.74m	45-1	2/24
10		Kaitlyn JONES	JR	#10 Delaware Valley	13.68m	44-10¾	2/24

Women's Pentathlon

1	11	Laura MATHEWS	SR	#3 Stevens	3,407	3/2
2	36	Kayla ROBINSON	FR	#1 Widener	3,143	2/24
3	60	Theresa KERVICK	JR	#1 Widener {2}	2,932	2/24
4	98	Victoria ZULTEVICZ	JR	#6 King's College (P	2,673	1/27
5		Natalie HAMLEN	JR	#5 Messiah	2,633	2/24
6		Sydni BELL	SO	#1 Widener {3}	2,279	2/24
7		Carolina WEGMAN	SO	#2 Lebanon Valley	2,271	2/24
8		Giavanni GIBSON	FR	#7 Alvernia	2,204	2/24
9		Olivia SCHOTT	FR	#8 Arcadia	2,173	2/24
10		Olivia DALLMER	SO	#11 DeSales	2,128	2/24



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Women's 60 Meters

1	33	Alison MCDONOUGH	SR	#2 Bridgewater Sta	7.75	2/3
2	35	Jailene ESCALERA	SR	#2 Bridgewater Sta{2}	7.76	2/10
3		Kiara ABRANTES	JR	#2 Bridgewater Sta{3}	7.98	1/20
4		Delaney PARKER	JR	#1 Westfield State	8.10	12/2
5		Ciara ADU-ADDO	FR	#3 Worcester State	8.20	2/10
6		Paige MORONEY	SR	#1 Westfield State {2}	8.21	2/10
7		Anjalina LUBARSKY	FR	#1 Westfield State {3}	8.33	2/10
7		Alexis STRONG	FR	#3 Worcester State {2}	8.33	12/2
9		Devin WHALEN	FR	#1 Westfield State {4}	8.41	2/10
10		Tristen GOMES	JR	#2 Bridgewater Sta{4}	8.57	1/20

Women's 60 Meter Hurdles

1	16	Alison MCDONOUGH	SR	#2 Bridgewater Sta	8.77	2/25
2	42	Makany CAMARA	SR	#4 Fitchburg State	9.03	2/10
3		Serenity SANDS	JR	#2 Bridgewater Sta{2}	9.58	2/3
4		Devin WHALEN	FR	#1 Westfield State	9.81	2/17
5		Anjalina LUBARSKY	FR	#1 Westfield State {2}	10.62	2/3
6		Lauren CONDIKE	FR	#3 Worcester State	10.75	12/2
7		Alexis TOSTE	FR	#4 Fitchburg State {2}	11.12	2/10
8		Erin DONELAN	SR	#4 Fitchburg State {3}	11.35	12/8
9		Aria DICATO	FR	#4 Fitchburg State {4}	11.76	12/8
10		Alanis VELEZ	SO	#4 Fitchburg State {5}	12.58	12/2

Women's 200 Meters

1	31	Jailene ESCALERA	SR	#2 Bridgewater Sta	25.18c	(25.57f) 2/3
2	68	Kiara ABRANTES	JR	#2 Bridgewater Sta{2}	25.48	2/25
3		Paige MORONEY	SR	#1 Westfield State	27.13c	(27.55f) 2/3
4		Delaney PARKER	JR	#1 Westfield State {2}	27.17c	(27.59f) 12/2
5		Devin WHALEN	FR	#1 Westfield State {3}	27.29c	(27.71f) 2/17
6		Anjalina LUBARSKY	FR	#1 Westfield State {4}	27.82c	(28.25f) 2/3
7		Tristen GOMES	JR	#2 Bridgewater Sta{3}	27.92c	(28.35f) 2/10
8		Makany CAMARA	SR	#4 Fitchburg State	28.07c	(28.50f) 2/10
9		Caroline GILSON	JR	#3 Worcester State	28.22c	(28.65f) 12/2
10		Meghan DRISCOLL	FR	#3 Worcester State {2}	28.67c	(29.11f) 12/9

Women's 400 Meters

1	34	Kiara ABRANTES	JR	#2 Bridgewater Sta	57.20	3/2
2		Jailene ESCALERA	SR	#2 Bridgewater Sta{2}	59.13c	(59.91f) 1/20
3		Caroline GILSON	JR	#3 Worcester State	1:01.78c	(1:02.60f) 2/10
4		Eliza LEE	SO	#1 Westfield State	1:03.36c	(1:04.20f) 1/20
5		Savannah CAMPBELL	SR	#1 Westfield State {2}	1:05.89c	(1:06.76f) 2/10
6		Lexie ZAKRZEWSKI	FR	#3 Worcester State {2}	1:07.22c	(1:08.11f) 12/9
7		Bridget O'MALLEY	SO	#3 Worcester State {3}	1:07.23c	(1:08.12f) 2/3
8		Kiana MURATSUKA	FR	#1 Westfield State {3}	1:07.55c	(1:08.44f) 1/20
9		Shamya BOULWARE MCKNIGHT	SO	#4 Fitchburg State	1:08.47c	(1:09.37f) 2/10
10		Erin CONDON	SO	#3 Worcester State {4}	1:09.28c	(1:10.20f) 2/3

Women's 800 Meters

1		Brynne LECOURS	SO	#1 Westfield State	2:29.86c	(2:31.58f) 2/17
2		Eliza LEE	SO	#1 Westfield State {2}	2:31.02c	(2:32.76f) 2/10
3		Kate BROWN	SO	#2 Bridgewater Sta	2:31.81	1/27
4		Tealei CHANDONNET	SO	#1 Westfield State {3}	2:34.21c	(2:35.98f) 2/10
5		Nicole MAJOR	JR	#2 Bridgewater Sta{2}	2:34.83c	(2:36.61f) 2/10
6		Elisabeth SWEENEY	JR	#2 Bridgewater Sta{3}	2:36.98c	(2:38.79f) 2/10
7		Kerin JOHNSON	JR	#1 Westfield State {4}	2:39.31c	(2:41.14f) 1/20
8		Bridget O'MALLEY	SO	#3 Worcester State	2:41.01c	(2:42.86f) 2/17
9		Leah BERG	SO	#3 Worcester State {2}	2:43.50c	(2:45.38f) 2/10
10		Ana IMRIE	SO	#2 Bridgewater Sta{4}	2:48.36	1/27

Women's Mile

1		Naomi CASS	FR	#2 Bridgewater Sta	5:15.58c	(5:18.70f) 2/10
2		Shea HAMEL	SO	#1 Westfield State	5:22.62c	(5:25.81f) 2/17
3		Skye GOBA	SO	#4 Fitchburg State	5:26.39c	(5:29.62f) 1/13
4		Kate BROWN	SO	#2 Bridgewater Sta{2}	5:29.55c	(5:32.81f) 2/10
5		Molly KENNEDY	JR	#1 Westfield State {2}	5:31.78c	(5:35.06f) 2/3
6		Nicole MAJOR	JR	#2 Bridgewater Sta{3}	5:34.42c	(5:37.73f) 1/13
7		Brynne LECOURS	SO	#1 Westfield State {3}	5:38.71c	(5:42.06f) 12/2
8		Ariann LECOURS	JR	#1 Westfield State {4}	5:42.80c	(5:46.19f) 12/2
9		Alison DOWNIN	JR	#1 Westfield State {5}	5:46.87c	(5:50.30f) 2/10
10		Erin VASU	SO	#1 Westfield State {6}	5:48.89c	(5:52.34f) 2/10

Women's 3000 Meters

1		Naomi CASS	FR	#2 Bridgewater Sta	10:18.46c	(10:23.76f) 2/3
2		Shea HAMEL	SO	#1 Westfield State	10:44.27c	(10:49.79f) 2/3
3		Julianne KELLY	SO	#1 Westfield State {2}	11:03.30c	(11:08.98f) 2/17
4		Skye GOBA	SO	#4 Fitchburg State	11:16.63c	(11:22.43f) 12/2
5		Alison DOWNIN	JR	#1 Westfield State {3}	11:20.68c	(11:26.51f) 2/3
6		Rebecca PATEL	JR	#1 Westfield State {4}	11:27.26c	(11:33.15f) 2/3
7		Molly KENNEDY	JR	#1 Westfield State {5}	11:29.26c	(11:35.16f) 12/2
8		Brynne LECOURS	SO	#1 Westfield State {6}	11:32.74c	(11:38.67f) 12/2
9		Leah BERG	SO	#3 Worcester State	11:36.85c	(11:42.82f) 2/17
10		Lily VALCOVIC	JR	#2 Bridgewater Sta{2}	11:41.74	12/2

Women's 5000 Meters

1	71	Naomi CASS	FR	#2 Bridgewater Sta	17:47.59	3/2
2		Shea HAMEL	SO	#1 Westfield State	18:47.75c	(18:56.38f) 1/27
3		Skye GOBA	SO	#4 Fitchburg State	19:03.72c	(19:12.47f) 2/10
4		Lily VALCOVIC	JR	#2 Bridgewater Sta{2}	19:18.81	1/27
5		Molly KENNEDY	JR	#1 Westfield State {2}	19:24.97c	(19:33.89f) 12/9
6		Julianne KELLY	SO	#1 Westfield State {3}	19:42.56c	(19:51.61f) 2/10
7		Rebecca PATEL	JR	#1 Westfield State {4}	19:44.62c	(19:53.69f) 2/10
8		Brynne LECOURS	SO	#1 Westfield State {5}	20:00.49c	(20:09.68f) 12/9
9		Ariann LECOURS	JR	#1 Westfield State {6}	20:02.30c	(20:11.50f) 12/9



Conference TFRI Event Summary



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Women's 4x400 Relay

1	Paige Moroney, Savannah Campbell, Devin Whalen, Eliza Lee	#1 Westfield State	4:21.70c	(4:25.17f)	2/10
2	Kiara Abrantes, Nicole Major, Kate Brown, Elisabeth Sweeney	#2 Bridgewater State	4:27.15c	(4:30.69f)	1/20
3	Caroline Gilson, Bridget O'malley, Erin Condon, Lexie Zakrzewski	#3 Worcester State	4:37.67c	(4:41.35f)	2/10
4	Shamya Boulware McKnight, Alexis Toste, Aria Dicato, Skye Goba	#4 Fitchburg State	4:55.40		12/8

Women's Distance Medley Relay

1	Ariann Lecours, Devin Whalen, Brynne LeCours, Shea Hamel	#1 Westfield State	13:04.77		2/25
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Women's High Jump

1	3 Serenity SANDS	JR	#2 Bridgewater State	1.71m	5-7¼	2/3
2	26 Makany CAMARA	SR	#4 Fitchburg State	1.66m	5-5¼	1/20
3	61 Juliana PATRONE	JR	#2 Bridgewater State	1.61m	5-3¼	2/10
4	Emily OTTOMANIELLO	SO	#1 Westfield State	1.47m	4-9¾	2/3
4	Lauren CONDIKE	FR	#3 Worcester State	1.47m	4-9¾	1/27
6	Alexis STRONG	FR	#3 Worcester State	1.42m	4-7¾	12/2
6	Marissa FEARY	SO	#1 Westfield State	1.42m	4-7¾	12/9

Women's Pole Vault

1	Carlie CRONIN	FR	#3 Worcester State	2.45m	8-½	12/2
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Women's Long Jump

1	36 Ciara ADU-ADDO	FR	#3 Worcester State	5.54m	18-2¼	2/25
2	68 Alison MCDONOUGH	SR	#2 Bridgewater State	5.43m	17-9¾	2/10
3	Tristen GOMES	JR	#2 Bridgewater State	5.07m	16-7¾	1/20
4	Eliza LEE	SO	#1 Westfield State	4.99m	16-4½	2/10
5	Alexis STRONG	FR	#3 Worcester State	4.94m	16-2½	1/20
6	Delaney PARKER	JR	#1 Westfield State	4.83m	15-10¼	12/9
7	Emily OTTOMANIELLO	SO	#1 Westfield State	4.74m	15-6¾	2/10
8	Eryca LOPES	SR	#3 Worcester State	4.72m	15-6	12/9
9	Serenity SANDS	JR	#2 Bridgewater State	4.71m	15-5½	2/10
10	Shamya BOULWARE MCKNIGHT	SO	#4 Fitchburg State	4.33m	14-2½	2/10

Women's Triple Jump

1	71 Tristen GOMES	JR	#2 Bridgewater State	11.15m	36-7	2/10
2	99 Eliza LEE	SO	#1 Westfield State	10.98m	36-¼	2/25
3	Trishannah SCOTT	SO	#4 Fitchburg State	10.19m	33-5¼	2/3
4	Eryca LOPES	SR	#3 Worcester State	9.98m	32-9	12/9
5	Emily OTTOMANIELLO	SO	#1 Westfield State	9.69m	31-9½	2/3
6	Aria DICATO	FR	#4 Fitchburg State	8.81m	28-11	2/3
7	Erin DONELAN	SR	#4 Fitchburg State	8.76m	28-9	2/3
8	Alexis TOSTE	FR	#4 Fitchburg State	8.75m	28-8½	2/3
9	Alanis VELEZ	SO	#4 Fitchburg State	7.97m	26-1¾	1/20

Women's Shot Put

1	82 Jadah STOKES	FR	#3 Worcester State	12.49m	40-11¾	2/25
2	Ephemian BAILEY	SO	#4 Fitchburg State	11.20m	36-9	1/13
3	Sthanisha MOREAU	SR	#3 Worcester State	10.58m	34-8½	12/2
4	Taylor CROUT	FR	#4 Fitchburg State	10.30m	33-9½	2/10
5	Bronwyn PINSLY	FR	#1 Westfield State	9.99m	32-9½	2/10
6	Ava PICCOLO	SO	#3 Worcester State	9.54m	31-3¾	12/2
7	Natalie KALGREN	FR	#2 Bridgewater State	9.07m	29-9¼	2/3
8	Luana GRAU-MOURA	FR	#3 Worcester State	8.99m	29-6	12/9
9	Olivia PELLEGRINO	SO	#1 Westfield State	8.90m	29-2½	12/2
10	Olivia KEPHART	JR	#4 Fitchburg State	8.72m	28-7½	1/13

Women's Weight Throw

1	Jadah STOKES	FR	#3 Worcester State	14.46m	47-5¼	12/9
2	Ephemian BAILEY	SO	#4 Fitchburg State	12.68m	41-7¼	2/10
3	Taylor CROUT	FR	#4 Fitchburg State	12.16m	39-10¾	1/20
4	Charlie KATZ	SR	#2 Bridgewater State	11.35m	37-3	2/3
5	Olivia KEPHART	JR	#4 Fitchburg State	10.88m	35-8½	12/2
6	Gianna NOYES	FR	#3 Worcester State	10.32m	33-10¼	1/20
7	Cassie ISRAELSON	SO	#4 Fitchburg State	10.19m	33-5¼	2/10
8	Sthanisha MOREAU	SR	#3 Worcester State	10.16m	33-4	2/17
9	Luana GRAU-MOURA	FR	#3 Worcester State	9.83m	32-3	1/20
10	Arianna CONSTANT	JR	#3 Worcester State	9.34m	30-7¾	2/10



Conference TFRI Event Summary



MIAA

as of 3/4/2024 8:35:31 PM ET

Women's 60 Meters

1	14	Avery CAMPBELL	SR	#4 Albion	7.66	2/24
2	30	Sara SCHERMERHORN	SO	#1 Hope	7.74	2/24
3	60	Mackenzie MILLER	JR	#2 Trine	7.81	3/2
4		Emma FORKER	SO	#2 Trine	{2} 8.02	2/2
5		Natalia JOHNSON	SO	#7 Olivet	8.09	2/24
6		Aniyah SMALL	SO	#2 Trine	{3} 8.13	2/24
7		Ava SCHMIDT	SO	#1 Hope	{2} 8.14	2/24
8		Nayaisha EDMOND	SR	#4 Albion	{2} 8.22	2/9
9		Morgan JEFFRIES	JR	#7 Olivet	{2} 8.27	1/20
10		Malena RICKS	SR	#2 Trine	{4} 8.31	1/27

Women's 60 Meter Hurdles

1	59	Nayaisha EDMOND	SR	#4 Albion	9.12	3/3
2		Brynn MERICLE	SO	#2 Trine	9.41	2/10
3		Mia DEJONGE	SO	#3 Calvin	9.62	2/24
4		Helena SNYDER	JR	#5 Alma	9.65	2/9
5		Katelyn DEJONGE	SO	#3 Calvin	{2} 9.73	2/24
6		Emily NORKOWSKI	JR	#7 Olivet	9.81	1/20
7		London ELDRIDGE	JR	#7 Olivet	{2} 9.91	2/24
8		Andrea TAGHON	SR	#5 Alma	{2} 9.98	2/24
9		Adrienne JACKSON	SO	#2 Trine	{2} 10.01	2/10
10		Gemma LERCHEN	FR	#1 Hope	10.07	2/24

Women's 200 Meters

1	5	Sara SCHERMERHORN	SO	#1 Hope	24.53c	(24.91f) 2/24
2	19	Avery CAMPBELL	SR	#4 Albion	24.93c	(25.31f) 3/3
3		Mackenzie MILLER	JR	#2 Trine	25.77c	(26.17f) 2/24
4		Aniyah SMALL	SO	#2 Trine	{2} 26.37c	(26.78f) 12/8
5		Natalia JOHNSON	SO	#7 Olivet	26.63c	(27.04f) 2/24
6		Jasmine ZIMMERMAN	SO	#1 Hope	{2} 26.85c	(27.26f) 2/9
7		Catherine LEAHY	SO	#1 Hope	{3} 27.19c	(27.61f) 2/24
8		Ashley ZIMMERMAN	SO	#1 Hope	{4} 27.32c	(27.74f) 2/24
9		Malena RICKS	SR	#2 Trine	{3} 27.37c	(27.79f) 2/10
10		Trinity KOLKA	SO	#3 Calvin	27.40 OT	12/8

Women's 400 Meters

1	10	Sara SCHERMERHORN	SO	#1 Hope	56.24 OT	1/26
2		Catherine LEAHY	SO	#1 Hope	{2} 1:00.27 OT	2/16
3		London ELDRIDGE	JR	#7 Olivet	1:00.55c	(1:01.35f) 2/24
4		Jasmine ZIMMERMAN	SO	#1 Hope	{3} 1:00.71c	(1:01.51f) 2/24
5		Stella FARMER	FR	#1 Hope	{4} 1:00.78c	(1:01.58f) 2/9
6		Erin MORAN	SR	#1 Hope	{5} 1:01.27 OT	1/20
7		Kristin BAKER	SO	#2 Trine	1:01.47c	(1:02.28f) 2/24
8		Amanda MARKHAM	FR	#1 Hope	{6} 1:01.66c	(1:02.47f) 2/9
9		Trinity KOLKA	SO	#3 Calvin	1:01.70 OT	2/10
10		Lauren BRAWT	FR	#5 Alma	1:01.94c	(1:02.76f) 2/24

Women's 800 Meters

1	19	Emme KOUTZ	SR	#6 Adrian	2:12.30c	(2:13.82f) 3/3
2	55	Natalie TEBBEN	JR	#3 Calvin	2:15.71 OT	2/10
3		Erin MORAN	SR	#1 Hope	2:19.67c	(2:21.28f) 2/24
4		Bailey PUCKETT	SO	#2 Trine	2:20.75c	(2:22.37f) 2/2
5		Molly DUROW	SO	#1 Hope	{2} 2:21.31 OT	1/20
6		Amanda MARKHAM	FR	#1 Hope	{3} 2:22.08c	(2:23.71f) 2/24
7		Halle OVERMIRE	FR	#2 Trine	{2} 2:22.65c	(2:24.29f) 2/24
8		Stella FARMER	FR	#1 Hope	{4} 2:23.40 OT	1/26
9		Lydia RANDOLPH	JR	#2 Trine	{3} 2:23.54c	(2:25.19f) 2/2
10		Eleanor YOUNG	SO	#2 Trine	{4} 2:23.73c	(2:25.38f) 1/20

Women's Mile

1	39	Olivia QUILLAN	SR	#1 Hope	4:59.01c	(5:01.97f) 3/2
2	63	Bailey PUCKETT	SO	#2 Trine	5:02.44c	(5:05.43f) 2/10
3	75	Natalie TEBBEN	JR	#3 Calvin	5:04.01 OT	2/9
4		Madison STERN	SO	#1 Hope	{2} 5:06.62 OT	1/26
5		Maddy STRUCK	JR	#1 Hope	{3} 5:10.24 OT	2/9
6		Sophia BULL	SO	#3 Calvin	{2} 5:11.19 OT	1/20
7		Jenna ALLMAN	SR	#3 Calvin	{3} 5:11.54 OT	1/20
8		Molly DUROW	SO	#1 Hope	{4} 5:15.57 OT	1/26
9		Hannah PARKER	JR	#2 Trine	{2} 5:18.35c	(5:21.50f) 2/2
10		Lydia RANDOLPH	JR	#2 Trine	{3} 5:18.80 OT	12/1

Women's 3000 Meters

1	37	Rebecca MARKHAM	SR	#1 Hope	9:53.86 OT	1/26
2	60	Sophia BULL	SO	#3 Calvin	10:01.98c	(10:07.14f) 3/3
3	73	Jenna ALLMAN	SR	#3 Calvin	{2} 10:06.23c	(10:11.42f) 3/3
4		Bailey PUCKETT	SO	#2 Trine	10:14.50c	(10:19.76f) 1/20
5		Natalie TEBBEN	JR	#3 Calvin	{3} 10:15.53 OT	1/20
6		Olivia QUILLAN	SR	#1 Hope	{2} 10:21.03c	(10:26.35f) 2/24
7		Maddy STRUCK	JR	#1 Hope	{3} 10:22.65 OT	1/26
8		Lydia RANDOLPH	JR	#2 Trine	{2} 10:25.85c	(10:31.21f) 12/8
9		Emme KOUTZ	SR	#6 Adrian	10:29.59c	(10:34.98f) 12/8
10		Cath KORTMAN	JR	#3 Calvin	{4} 10:39.25 OT	2/10

Women's 5000 Meters

1	20	Rebecca MARKHAM	SR	#1 Hope	17:03.63 OT	12/2
2	41	Maddy STRUCK	JR	#1 Hope	{2} 17:26.97 OT	12/2
3	63	Jenna ALLMAN	SR	#3 Calvin	17:44.73 OT	2/9
4	68	Sophia BULL	SO	#3 Calvin	{2} 17:46.18 OT	2/9
5		Lydia RANDOLPH	JR	#2 Trine	18:17.40c	(18:25.80f) 2/24
6		Sidney SWICK	SO	#2 Trine	{2} 18:22.34c	(18:30.78f) 2/10
7		Cath KORTMAN	JR	#3 Calvin	{3} 18:32.83c	(18:41.35f) 2/24
8		Mary ENGLAND	FR	#1 Hope	{3} 18:42.83c	(18:51.42f) 2/2
9		Hannah PARKER	JR	#2 Trine	{3} 18:43.83c	(18:52.43f) 2/10
10		Fatima CRUZ	JR	#4 Albion	18:59.49c	(19:08.21f) 2/24



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



MIAA

as of 3/4/2024 8:35:32 PM ET

Women's 4x400 Relay

1	16	Catherine Leahy, Sara Schermerhorn, Jasmine Zimmerman, Erin Moran	#1 Hope	3:50.49c	(3:53.55f)	3/2
2		#Type!	#7 Olivet	4:14.11c	(4:17.48f)	2/24
3		Adrienne Jackson, Kristin Baker, Brynn Mericle, Anissa Rios	#2 Trine	4:14.23c	(4:17.60f)	2/2
4		#Type!	#5 Alma	4:14.61c	(4:17.99f)	2/24
5		#Type!	#4 Albion	4:16.81c	(4:20.21f)	2/24
6		#Type!	#3 Calvin	4:17.55c	(4:20.96f)	2/24
7		Emily Guzdziol, Haylie Shiels, Isabell Peltier, Amanda Mathews	#6 Adrian	4:19.46c	(4:22.90f)	2/10

Women's Distance Medley Relay

1	29	Madison Stern, Sara Schermerhorn, Erin Moran, Rebecca Markham	#1 Hope	12:06.56 OT		2/10
2	98	#Type!	#2 Trine	12:53.00c	(13:01.28f)	2/24
3	100	#Type!	#3 Calvin	12:53.38c	(13:01.66f)	2/24
4		#Type!	#7 Olivet	13:26.83c	(13:35.47f)	2/24
5		Olivia Degraaf, Lauren Fenstermaker, Serena Arnold, Fatima Cruz	#4 Albion	13:44.22c	(13:53.05f)	1/20
6		#Type!	#5 Alma	14:10.96c	(14:20.07f)	2/24
7		#Type!	#6 Adrian	14:21.84c	(14:31.07f)	2/24

Women's High Jump

1	28	Cailey BEAUDOIN	SR	#6 Adrian	1.65m	5-5	12/8
2	40	Ciara HESLET	JR	#6 Adrian	{2} 1.63m	5-4¼	2/24
3	72	Allison SCHRAM	JR	#1 Hope	1.60m	5-3	2/24
4	87	Natalie CHRISTNAGEL	SO	#1 Hope	{2} 1.59m	5-2½	2/9
5	100	Isabel FERGUSON	FR	#2 Trine	1.58m	5-2¼	2/10
6		Helena SNYDER	JR	#5 Alma	1.56m	5-1¼	12/2
7		Carly FRANK	FR	#4 Albion	1.55m	5-1	1/20
8		Emmaline LEATHERMAN	FR	#2 Trine	{2} 1.53m	5-¼	2/10
9		Reagan KEYSER	SO	#5 Alma	{2} 1.48m	4-10¼	12/2
10		Anneke KUPERUS	FR	#3 Calvin	1.46m	4-9½	2/16

Women's Pole Vault

1		Katie SEINEN	SO	#3 Calvin	3.26m	10-8¼	2/24
2		Bella CHARRON	JR	#3 Calvin	{2} 3.20m	10-6	2/2
2		Avery BOYCE	SO	#2 Trine	3.20m	10-6	2/9
4		Claire PACER	FR	#3 Calvin	{3} 3.10m	10-2	2/24
5		Bethany COLBRUNN	SR	#1 Hope	3.07m	10-¾	2/2
6		Laura ROBOTHAM	SO	#3 Calvin	{4} 3.00m	9-10	2/24
6		Morgan MOSLOW	JR	#2 Trine	{2} 3.00m	9-10	2/24
8		Abigail CUMINGS	FR	#1 Hope	{2} 2.98m	9-9¼	2/16
9		Mya SCOTT	JR	#5 Alma	2.93m	9-7¼	1/12
10		Natalie BENNETT	FR	#1 Hope	{3} 2.83m	9-3¼	2/16

Women's Long Jump

1	59	Mackenzie MILLER	JR	#2 Trine	5.45m	17-10¾	1/27
2		Emma FORKER	SO	#2 Trine	{2} 5.19m	17-½	2/24
3		Lauren BRAWT	FR	#5 Alma	5.15m	16-10¾	2/24
4		Kristin BAKER	SO	#2 Trine	{3} 5.04m	16-6½	12/8
5		Katelyn DEJONGE	SO	#3 Calvin	4.89m	16-½	2/24
5		Emmaline LEATHERMAN	FR	#2 Trine	{4} 4.89m	16-½	2/24
7		Elliana JOHNSON	SO	#1 Hope	4.87m	15-11¾	1/20
8		Helena SNYDER	JR	#5 Alma	{2} 4.80m	15-9	1/20
9		Amanda MATHEWS	JR	#6 Adrian	4.68m	15-4¼	2/17
10		Isabelle SALAZAR	SO	#6 Adrian	{2} 4.67m	15-4	2/24
10		Meredith KRAMER	SO	#1 Hope	{2} 4.67m	15-4	2/24

Women's Triple Jump

1		Emmaline LEATHERMAN	FR	#2 Trine	10.51m	34-5¾	2/24
2		Jessye VANDEN AKKER	SR	#3 Calvin	10.40m	34-1½	2/2
3		Katelyn DEJONGE	SO	#3 Calvin	{2} 10.31m	33-10	2/10
4		Elliana JOHNSON	SO	#1 Hope	10.13m	33-3	1/20
5		Lauren BRAWT	FR	#5 Alma	9.96m	32-8¼	2/24
6		Isabel FERGUSON	FR	#2 Trine	{2} 9.90m	32-5¾	2/2
6		Amanda MATHEWS	JR	#6 Adrian	9.90m	32-5¾	2/24
8		Meredith KRAMER	SO	#1 Hope	{2} 9.53m	31-3¼	2/24
9		Allison SCHRAM	JR	#1 Hope	{3} 9.37m	30-9	1/26
10		Kiersten SCHMITT	FR	#1 Hope	{4} 9.08m	29-9½	2/2

Women's Shot Put

1	56	Greta ROBRAHN	JR	#1 Hope	12.90m	42-4	2/9
2	70	Kamryn BICE	SO	#1 Hope	{2} 12.64m	41-5¾	1/20
3	88	Tess ANTHONY	JR	#4 Albion	12.43m	40-9½	2/24
4		Berniah ALEXANDER	JR	#7 Olivet	11.38m	37-4	1/20
5		Liathano RAMIREZ	SO	#5 Alma	11.37m	37-3¾	2/24
6		Alana POLICASTRO	SR	#1 Hope	{3} 11.35m	37-3	2/24
7		Elisabeth STROTMAN	SR	#1 Hope	{4} 11.28m	37-¼	1/26
8		Macy BONIFIELD	FR	#2 Trine	11.23m	36-10¼	2/17
9		Karly ROELOFS	SO	#1 Hope	{5} 10.84m	35-6¾	1/26
10		Karen NIMTZ	FR	#1 Hope	{6} 10.45m	34-3½	2/16



Conference TFRI Event Summary



MIAA

as of 3/4/2024 8:35:32 PM ET

Women's Weight Throw

1	68	Tess ANTHONY	JR	#4 Albion	15.62m	51-3	2/24
2		Leilani CASTEELE	SO	#4 Albion	{2} 14.15m	46-5¼	2/24
3		Skye DICKSON	SR	#4 Albion	{3} 13.97m	45-10	2/24
4		Ashley BOOTH	SR	#4 Albion	{4} 13.92m	45-8	2/24
5		Liathano RAMIREZ	SO	#5 Alma	13.77m	45-2¼	2/24
6		Lindsey KOSSICK	JR	#3 Calvin	13.42m	44-½	2/24
7		Mikah BAZIUN	FR	#3 Calvin	{2} 13.35m	43-9¾	2/24
8		Sophia RAYMOND	SO	#1 Hope	13.11m	43-¼	2/24
9		Alana POLICASTRO	SR	#1 Hope	{2} 12.68m	41-7¼	1/20
10		Marlie MCDONALD	JR	#1 Hope	{3} 12.35m	40-6¼	1/20

Women's Pentathlon

1	72	Helena SNYDER	JR	#5 Alma	2,829 OT		12/2
2		Allison WICHERT	SO	#5 Alma	{2} 2,184 OT		1/27



Conference TFRI Event Summary



MIAC

as of 3/4/2024 8:35:32 PM ET

Women's 60 Meters

1	19	Diarra CHATHAM	FR	#8 Macalester	7.68	12/9
2	30	Kate CARLSON	JR	#3 Gustavus Adolph	7.74	2/24
3	44	Jireh BABALOLA	SR	#1 Bethel (Minn.)	7.78	2/16
4	71	Kate GALLAGHER	SR	#2 Saint Benedict	7.84	2/24
5	88	Sarah STELLMACH	JR	#1 Bethel (Minn.) {2}	7.87	1/20
6		Emily RENGÓ	SO	#6 Concordia Moorl	7.95	2/17
7		Raina KAPING	FR	#1 Bethel (Minn.) {3}	7.96	2/24
8		Lydia FYNBOH	FR	#6 Concordia Moorl{2}	8.05	2/24
9		Tiana JOHNSON	SR	#2 Saint Benedict {2}	8.06	2/24
10		Terra MCMAHON	SO	#7 Hamline	8.07	1/12

Women's 60 Meter Hurdles

1	2	Kelsie SEALOCK	JR	#1 Bethel (Minn.)	8.51	2/3
2	82	Jenna KALEVIK	JR	#6 Concordia Moorl	9.21	2/24
2	82	Ellie HERNES	SO	#1 Bethel (Minn.) {2}	9.21	12/9
4	91	AnnaGrace NELSON	SR	#1 Bethel (Minn.) {3}	9.24	1/27
4	91	Peyton SELLE	SR	#6 Concordia Moorl{2}	9.24	2/24
6		Danielle MILLER	SR	#3 Gustavus Adolph	9.28	2/24
7		Rebekah SALFER	SR	#4 St. Olaf	9.35	12/9
8		Riki POORE	SR	#4 St. Olaf {2}	9.38	2/24
9		Anya ADELGREN	FR	#2 Saint Benedict	9.43	2/10
10		Makenna HUETTEN	JR	#3 Gustavus Adolph{2}	9.63	1/27

Women's 200 Meters

1	6	Megan GERAETS	JR	#3 Gustavus Adolph	24.58c	(24.96f) 3/2
2	13	Kate CARLSON	JR	#3 Gustavus Adolph{2}	24.82c	(25.20f) 3/2
3	95	Kelsie SEALOCK	JR	#1 Bethel (Minn.)	25.68c	(26.07f) 2/24
4		Karla KROSCHER	SR	#4 St. Olaf	25.80c	(26.20f) 2/10
5		Diarra CHATHAM	FR	#8 Macalester	25.85c	(26.25f) 2/24
6		Emily RENGÓ	SO	#6 Concordia Moorl	26.01c	(26.41f) 3/2
7		Jireh BABALOLA	SR	#1 Bethel (Minn.) {2}	26.09c	(26.49f) 2/24
8		Ally RAKOW	SR	#3 Gustavus Adolph{3}	26.45c	(26.86f) 2/9
9		Allison HOOKOM	SO	#11 Augsburg	26.56c	(26.97f) 2/3
10		Tiana JOHNSON	SR	#2 Saint Benedict	26.57c	(26.98f) 2/24

Women's 400 Meters

1	19	Megan GERAETS	JR	#3 Gustavus Adolph	56.74c	(57.49f) 2/24
2	28	Allison HOOKOM	SO	#11 Augsburg	57.06c	(57.81f) 3/2
3	64	Kyla NYGAARD	SO	#6 Concordia Moorl	58.04c	(58.81f) 3/2
4	67	Hailey GREGG	JR	#1 Bethel (Minn.)	58.08c	(58.85f) 2/24
5		Karla KROSCHER	SR	#4 St. Olaf	58.99c	(59.77f) 2/24
6		McKenzie LUETMER	FR	#3 Gustavus Adolph{2}	59.26c	(1:00.04f) 2/24
7		Abbie SWENSON	JR	#1 Bethel (Minn.) {2}	59.35c	(1:00.13f) 2/24
8		Hannah KVANT	FR	#1 Bethel (Minn.) {3}	59.76c	(1:00.55f) 2/24
9		Emily RENGÓ	SO	#6 Concordia Moorl{2}	59.94c	(1:00.73f) 2/3
10		Sidela NYUGA	SR	#2 Saint Benedict	1:00.43c	(1:01.23f) 2/24

Women's 800 Meters

1	11	Annessa IHDE	SR	#1 Bethel (Minn.)	2:11.22c	(2:12.73f) 3/2
2	18	Mary BLANCHARD	JR	#5 Carleton	2:12.26c	(2:13.78f) 3/2
3	77	Kalli SMITH	JR	#2 Saint Benedict	2:16.75c	(2:18.32f) 2/24
4	96	Alice CUTTER	JR	#5 Carleton {2}	2:17.62c	(2:19.20f) 2/24
5		Shalom SULUNGAINÉ	FR	#1 Bethel (Minn.) {2}	2:18.54 OT	2/10
6		Fiona SMITH	SR	#2 Saint Benedict {2}	2:18.68c	(2:20.28f) 2/3
7		Isabel WYATT	SO	#4 St. Olaf	2:19.09c	(2:20.69f) 2/24
8		Lara ERICKSON	JR	#5 Carleton {3}	2:19.58c	(2:21.19f) 2/24
9		Reanna CRUZ	FR	#1 Bethel (Minn.) {3}	2:19.68c	(2:21.29f) 2/3
10		Regan DEWITT	FR	#9 St. Scholastica	2:19.83c	(2:21.44f) 2/10

Women's Mile

1	5	Fiona SMITH	SR	#2 Saint Benedict	4:50.21c	(4:53.08f) 2/3
2	68	Mary BLANCHARD	JR	#5 Carleton	5:03.19c	(5:06.19f) 2/24
3	99	Aliya LARSEN	SO	#5 Carleton {2}	5:06.02c	(5:09.04f) 2/24
4		Bella CALL	SR	#4 St. Olaf	5:06.93c	(5:09.96f) 2/24
5		Phoebe WARD	JR	#5 Carleton {3}	5:06.98c	(5:10.01f) 2/17
6		Sophie CALL	SR	#4 St. Olaf {2}	5:08.43c	(5:11.48f) 2/24
7		Lauren WALDA	SO	#4 St. Olaf {3}	5:09.71c	(5:12.77f) 1/20
8		Hannah PREISSER	SO	#5 Carleton {4}	5:10.24c	(5:13.31f) 1/12
9		Sophie MCMANUS	JR	#5 Carleton {5}	5:11.16c	(5:14.24f) 1/12
10		Katie GEBERT	SR	#4 St. Olaf {4}	5:11.43c	(5:14.51f) 12/2

Women's 3000 Meters

1	1	Fiona SMITH	SR	#2 Saint Benedict	9:23.40 OT	2/10
2	18	Helen CROSS	JR	#5 Carleton	9:43.85c	(9:48.85f) 2/10
3	28	Phoebe WARD	JR	#5 Carleton {2}	9:50.15c	(9:55.21f) 2/10
4	30	Hannah PREISSER	SO	#5 Carleton {3}	9:50.58c	(9:55.64f) 3/2
5	33	Sophie MCMANUS	JR	#5 Carleton {4}	9:52.09c	(9:57.16f) 2/10
6	57	Lauren WALDA	SO	#4 St. Olaf	10:01.69c	(10:06.84f) 2/24
7	59	Bella CALL	SR	#4 St. Olaf {2}	10:01.85c	(10:07.01f) 2/10
8	96	Aliya LARSEN	SO	#5 Carleton {5}	10:11.26c	(10:16.50f) 2/24
9		Molly LISTON	SO	#3 Gustavus Adolph	10:13.99c	(10:19.25f) 2/24
10		Alison BODE	JR	#4 St. Olaf {3}	10:17.94c	(10:23.23f) 2/24

Women's 5000 Meters

1	1	Fiona SMITH	SR	#2 Saint Benedict	15:50.48	12/2
2	21	Phoebe WARD	JR	#5 Carleton	17:03.74c	(17:11.58f) 1/27
3	22	Sophie MCMANUS	JR	#5 Carleton {2}	17:04.74c	(17:12.58f) 1/27
4	32	Helen CROSS	JR	#5 Carleton {3}	17:10.63c	(17:18.52f) 2/24
5	34	Hannah PREISSER	SO	#5 Carleton {4}	17:13.16c	(17:21.07f) 2/24
6	37	Lauren WALDA	SO	#4 St. Olaf	17:16.53c	(17:24.46f) 1/27
7	40	Bella CALL	SR	#4 St. Olaf {2}	17:26.60c	(17:34.61f) 3/2
8	47	Allison HENDRICKSON	SR	#9 St. Scholastica	17:37.89c	(17:45.99f) 2/24
9	69	Aliya LARSEN	SO	#5 Carleton {5}	17:46.61c	(17:54.77f) 1/27
10		Alison BODE	JR	#4 St. Olaf {3}	17:57.13c	(18:05.37f) 2/24



Conference TFRI Event Summary



MIAC

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Women's 4x400 Relay

1	5	Kelsie Sealock, Hailey Gregg, Abbie Swenson, Shalom Sulungaine	#1 Bethel (Minn.)	3:49.27c (3:52.31f)	3/2
2	39	Kyla Nygaard, Meg Shercliffe, Drew Frolek, Emily Rengo	#6 Concordia Moorl	4:00.48c (4:03.67f)	2/24
3	46	Sidela Nyuga, Mirjana Ganley, Emerson Knapp, Lauren Berg	#2 Saint Benedict	4:01.22c (4:04.42f)	2/24
4	64	Ruth Pfeiffer, Karla Kroschel, Riki Poore, Isabel Wyatt	#4 St. Olaf	4:03.58c (4:06.81f)	2/24
5	71	Lara Erickson, Hadley Twichell, Alice Cutter, Mary Blanchard	#5 Carleton	4:05.00c (4:08.25f)	2/24
6		McKenzie Luetmer, Isabel Fynboh, Kailyn Walukas, Makenna Huetten	#3 Gustavus Adolph	4:10.77c (4:14.09f)	2/24
7		Elise Edison, Hadley Wilkins, Penny Hunter, Tessa Myatt	#8 Macalester	4:14.58c (4:17.96f)	2/24
8		Andreiana Aurelius, Wren Anderson, Anabel Bradley, Kyla Chester	#7 Hamline	4:15.31c (4:18.69f)	2/17
9		Jaden Ellefson, Regan DeWitt, Grace McCormick, Kayla Nelson	#9 St. Scholastica	4:15.56c (4:18.95f)	2/24
10		Kaylen Pray, Caeli McMahon, Megan Frosch, Abbie Meyer	#10 Saint Mary's (Mir	4:24.43c (4:27.94f)	2/24

Women's Distance Medley Relay

1	28	Kalli Smith, Lauren Berg, Lucy Lyngen, Fiona Smith	#2 Saint Benedict	12:06.38 OT	2/10
2	40	Grace Moeller, Emma Storbakken, Sophie Call, Bella Call	#4 St. Olaf	12:25.51c (12:33.49f)	2/24
3	42	Nora Daley, Hadley Twichell, Libby Rowland, Aliya Larsen	#5 Carleton	12:26.90c (12:34.90f)	2/24
4	59	Timna Nevo, Elise Edison, Hadley Wilkins, Ivy Coldren	#8 Macalester	12:34.51c (12:42.59f)	2/24
5	60	Anna Cargill, Morgan Dean, Ruby Gernandt, Josie Harms	#1 Bethel (Minn.)	12:35.48c (12:43.57f)	2/24
6	89	Laura Sunnarborg, Isabel Fynboh, Kailyn Walukas, Sydney Hagen	#3 Gustavus Adolph	12:49.85c (12:58.09f)	2/24
7		Anabel Bradley, Savannah Janes, Daniela Sanchez-Castillo, Alicia Maddux	#7 Hamline	13:00.17c (13:08.52f)	2/24
8		Elsie Hatlevig, Emily Larsen, Londyn Ames, Amelia Rowley	#6 Concordia Moorl	13:22.78c (13:31.38f)	2/24
9		Madeline Hartley, Kayla Nelson, Jenna Terrio, Grace McCormick	#9 St. Scholastica	13:27.30c (13:35.94f)	2/24
10		Megan Frosch, Abbie Meyer, Caeli McMahon, Kendra Klobe	#10 Saint Mary's (Mir	13:44.34c (13:53.17f)	2/24

Women's High Jump

1	40	AnnaGrace NELSON	SR	#1 Bethel (Minn.)	1.63m	5-4¼	2/24
1	40	Ally RAKOW	SR	#3 Gustavus Adolph	1.63m	5-4¼	2/24
3	61	Sarah Beth HOBBS	SR	#8 Macalester	1.61m	5-3¼	2/24
4		Jenna KALEVIK	JR	#6 Concordia Moorl	1.57m	5-1¾	2/3
4		Mara LARSON	FR	#4 St. Olaf	1.57m	5-1¾	2/24
4		Ellie SELISKER	SR	#2 Saint Benedict	1.57m	5-1¾	2/3
4		Frankie WITHAM	FR	#7 Hamline	1.57m	5-1¾	2/3
8		Peyton SELLE	SR	#6 Concordia Moorl{2}	1.56m	5-1¼	12/9
9		Toria STRAMPE	JR	#9 St. Scholastica	1.50m	4-11	1/20
10		Nevaeh BARND	FR	#7 Hamline	{2} 1.49m	4-10½	2/24
10		Hannah MOE	SO	#1 Bethel (Minn.)	{2} 1.49m	4-10½	2/24
10		Erin BEER	SR	#3 Gustavus Adolph{2}	1.49m	4-10½	2/24
10		Justus FLOREN	JR	#2 Saint Benedict	{2} 1.49m	4-10½	2/24



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Women's Pole Vault

1	22	Jaylyn AHLBERG	SO	#2 Saint Benedict	3.76m	12-4	2/24
2	38	Emily PEARSON	FR	#1 Bethel (Minn.)	3.57m	11-8½	2/16
3	69	Raina KAPING	FR	#1 Bethel (Minn.) {2}	3.42m	11-2½	2/3
4	89	LILI RAIDT	FR	#2 Saint Benedict {2}	3.35m	10-11¾	2/24
4	89	Camille FINNEY	FR	#3 Gustavus Adolphus	3.35m	10-11¾	2/24
6		Alli GRAFF	JR	#3 Gustavus Adolphus {2}	3.03m	9-11¼	2/3
7		Melanie ROBERTS	SR	#4 St. Olaf	3.00m	9-10	2/24
8		Jenna BUNKER	JR	#3 Gustavus Adolphus {3}	2.92m	9-7	2/16
9		Linnea ASKEGAARD	FR	#4 St. Olaf {2}	2.85m	9-4¼	2/24
9		Bria LUEPKE	SO	#7 Hamline	2.85m	9-4¼	2/24

Women's Long Jump

1	18	Megan GERAETS	JR	#3 Gustavus Adolphus	5.65m	18-6½	2/16
2	68	Ashlyn JORE	FR	#4 St. Olaf	5.43m	17-9¾	1/12
3		Sabriya FARQUHARSON	FR	#2 Saint Benedict	5.33m	17-6	2/17
4		Peyton SELLE	SR	#6 Concordia Moorhead	5.30m	17-4¾	2/24
5		Madi KES	SR	#3 Gustavus Adolphus {2}	5.28m	17-4	2/24
6		Ellie SELISKER	SR	#2 Saint Benedict {2}	5.27m	17-3½	2/10
7		AnnaGrace NELSON	SR	#1 Bethel (Minn.)	5.26m	17-3¼	3/2
8		Terra MCMAHON	SO	#7 Hamline	5.23m	17-2	1/12
9		Sarra LINDNER	SO	#3 Gustavus Adolphus {3}	5.19m	17-½	2/16
10		Maren SUNDBERG	SO	#3 Gustavus Adolphus {4}	5.13m	16-10	2/16

Women's Triple Jump

1	11	Ellie HERNES	SO	#1 Bethel (Minn.)	11.87m	38-11½	12/9
2	21	Madi KES	SR	#3 Gustavus Adolphus	11.72m	38-5½	2/24
3	47	AnnaGrace NELSON	SR	#1 Bethel (Minn.) {2}	11.36m	37-3¼	1/20
4	79	Sabriya FARQUHARSON	FR	#2 Saint Benedict	11.11m	36-5½	1/27
5	93	Peyton SELLE	SR	#6 Concordia Moorhead	11.01m	36-1½	2/17
6	99	Sarra LINDNER	SO	#3 Gustavus Adolphus {2}	10.98m	36-¼	1/13
7		Piper OSBORNE	FR	#6 Concordia Moorhead {2}	10.78m	35-4½	2/24
8		Ainslee PARKER	SR	#4 St. Olaf	10.73m	35-2½	2/24
9		Ashlyn JORE	FR	#4 St. Olaf {2}	10.55m	34-7½	2/17
10		Ellie SELISKER	SR	#2 Saint Benedict {2}	10.51m	34-5¾	2/24

Women's Shot Put

1	10	Molly MEYERS	SR	#7 Hamline	14.02m	46-0	2/24
2	58	Nora WILHELM	SO	#1 Bethel (Minn.)	12.88m	42-3¼	2/24
3	75	Desirae DATES	SO	#7 Hamline {2}	12.58m	41-3¼	3/2
4	97	Morgan WALLENDAL	JR	#10 Saint Mary's (Mir)	12.34m	40-6	2/24
5		Tessa MYATT	FR	#8 Macalester	12.28m	40-3½	2/24
6		Sydney JACKMAN	JR	#10 Saint Mary's (Mir) {2}	12.14m	39-10	2/9
6		Samantha KUBES	SR	#10 Saint Mary's (Mir) {2}	12.14m	39-10	1/12
8		Ella ENGEN	SO	#9 St. Scholastica	11.85m	38-10½	2/3
9		Haley JOOS	SR	#2 Saint Benedict	11.80m	38-8¾	2/24
10		Kelley BRENNAN	SO	#3 Gustavus Adolphus	11.75m	38-6¾	2/10

Women's Weight Throw

1	17	Lily BENEKE	SR	#9 St. Scholastica	17.60m	57-9	2/24
2	43	Madison REED	SR	#7 Hamline	16.42m	53-10½	2/24
3	53	Anna SPERATOS	SO	#1 Bethel (Minn.)	16.11m	52-10¼	2/17
4	57	Samantha KUBES	SR	#10 Saint Mary's (Mir)	15.94m	52-3¾	2/3
5	60	Lexi BRAINER	JR	#7 Hamline {2}	15.89m	52-1¾	2/10
6	89	Kelley BRENNAN	SO	#3 Gustavus Adolphus	15.23m	49-11¾	1/27
7		Ella ENGEN	SO	#9 St. Scholastica {2}	14.73m	48-4	2/24
8		Ella STRITESKY	SO	#9 St. Scholastica {3}	14.60m	47-10¾	1/27
9		Nora WILHELM	SO	#1 Bethel (Minn.) {2}	14.56m	47-9¼	2/17
10		Anna BECKER	JR	#10 Saint Mary's (Mir) {2}	14.48m	47-6¼	2/16

Women's Pentathlon

1	20	AnnaGrace NELSON	SR	#1 Bethel (Minn.)	3,327	3/2
2	24	Peyton SELLE	SR	#6 Concordia Moorhead	3,291	2/24
3	32	Sarah Beth HOBBS	SR	#8 Macalester	3,192	2/24
4	52	Justus FLOREN	JR	#2 Saint Benedict	2,963	2/24
5	65	Ellie SELISKER	SR	#2 Saint Benedict {2}	2,881	2/24
6	70	Jenna KALEVIK	JR	#6 Concordia Moorhead {2}	2,856	2/24
7	100	Lily JOHNSON	JR	#4 St. Olaf	2,657	2/24
8		Rebekah SALTER	SR	#4 St. Olaf {2}	2,538	12/9
9		Hailey SCHOLTEN	SO	#1 Bethel (Minn.) {2}	2,458	3/2
10		Hannah MOE	SO	#1 Bethel (Minn.) {3}	2,443	2/24



Conference TFRI Event Summary



MWC

as of 3/4/2024 8:35:32 PM ET

Women's 60 Meters

1	69	Mattie BROWN	FR	#5	Illinois College	7.83	2/10
2	81	Eva CARCHIDI	SR	#4	Grinnell	7.86	2/24
3	95	AJ JONES	SO	#9	Lake Forest	7.88	2/24
4		Deja ANDERSON	FR	#5	Illinois College {2}	7.95	2/24
5		Makaiha MOORE-BELL	FR	#2	Monmouth (Ill.)	8.01	2/10
6		Haley GARRETT	FR	#5	Illinois College {3}	8.03	2/16
7		Maddie RUSK	SO	#2	Monmouth (Ill.) {2}	8.08	2/10
8		Isa VOINESCU	SO	#4	Grinnell {2}	8.11	2/24
9		Fynesse JONES	SO	#5	Illinois College {4}	8.13	2/16
10		Alayna FURCH	SR	#7	Beloit	8.14	2/10

Women's 60 Meter Hurdles

1		Hailey CAROLAN	SO	#6	Cornell College	9.39	2/24
2		Aleese TRIMINGHAM	FR	#5	Illinois College	9.40	2/24
3		Bridget FINN	SR	#1	Ripon	9.50	3/2
4		Irene YANK	JR	#3	Lawrence	9.92	2/10
5		Soloria JACKSON	FR	#2	Monmouth (Ill.)	9.99	12/2
6		Hannah WELTE	SR	#7	Beloit	10.02	2/24
7		Jessie GOODMAN	SO	#4	Grinnell	10.17	2/24
8		Jacquelyn HAN	SO	#9	Lake Forest	10.38	2/24
9		Nia HOWARD	FR	#6	Cornell College {2}	10.48	2/24
10		Sadie STAKER	SR	#4	Grinnell {2}	10.54	2/10

Women's 200 Meters

1	100	Candis DAMSTE	SR	#7	Beloit	25.74c	(26.14f) 2/24
2		Eva CARCHIDI	SR	#4	Grinnell	25.83c	(26.23f) 2/24
3		Deja ANDERSON	FR	#5	Illinois College	26.14c	(26.54f) 2/24
4		Haley GARRETT	FR	#5	Illinois College {2}	26.19c	(26.59f) 2/10
5		Maddie RUSK	SO	#2	Monmouth (Ill.)	26.30c	(26.70f) 2/24
6		Mattie BROWN	FR	#5	Illinois College {3}	26.57c	(26.98f) 1/27
7		Fynesse JONES	SO	#5	Illinois College {4}	26.66c	(27.07f) 2/24
8		Makaiha MOORE-BELL	FR	#2	Monmouth (Ill.) {2}	26.67c	(27.08f) 2/24
9		AJ JONES	SO	#9	Lake Forest	26.84c	(27.25f) 2/24
10		Sidney BROWN	SR	#6	Cornell College	26.93c	(27.34f) 2/10

Women's 400 Meters

1	74	Candis DAMSTE	SR	#7	Beloit	58.24c	(59.01f) 2/24
2		Sidney BROWN	SR	#6	Cornell College	59.01c	(59.79f) 3/2
3		Ava CLAUSSEN-TUBBS	SO	#6	Cornell College {2}	59.70c	(1:00.49f) 2/10
4		Hailey CAROLAN	SO	#6	Cornell College {3}	59.82c	(1:00.61f) 2/24
5		Bridget FINN	SR	#1	Ripon	1:00.75c	(1:01.55f) 2/24
5		Ella FAJARDO-WILDE	FR	#3	Lawrence	1:00.75c	(1:01.55f) 2/19
7		Lilia BODNAR	JR	#3	Lawrence {2}	1:01.37c	(1:02.18f) 2/19
8		Madylyn WOYAK	FR	#1	Ripon {2}	1:01.70c	(1:02.52f) 2/10
9		Gaby SKORCZEWSKI	FR	#3	Lawrence {3}	1:02.08c	(1:02.90f) 2/19
10		Alayna FURCH	SR	#7	Beloit {2}	1:02.26c	(1:03.08f) 2/3

Women's 800 Meters

1	21	Jenny CORTES	SO	#1	Ripon	2:12.54c	(2:14.06f) 3/2
2	65	Ava CLAUSSEN-TUBBS	SO	#6	Cornell College	2:16.19c	(2:17.76f) 2/3
3		Berkeley KRELL	SO	#3	Lawrence	2:21.97c	(2:23.60f) 2/24
4		Hannah ROARK	SO	#4	Grinnell	2:24.37c	(2:26.03f) 2/24
5		Alyza KOPPES	SO	#6	Cornell College {2}	2:25.06c	(2:26.73f) 1/20
6		Isabelle WILLETT	SR	#1	Ripon {2}	2:25.78c	(2:27.46f) 2/24
7		Gaby SKORCZEWSKI	FR	#3	Lawrence {2}	2:27.33c	(2:29.03f) 2/10
8		Laura HENZE	FR	#3	Lawrence {3}	2:27.94c	(2:29.64f) 2/19
9		Madylyn WOYAK	FR	#1	Ripon {3}	2:28.16c	(2:29.87f) 1/19
10		Mikayla FLYTE	SR	#1	Ripon {4}	2:28.35c	(2:30.06f) 2/16

Women's Mile

1	86	Jenny CORTES	SO	#1	Ripon	5:05.09c	(5:08.11f) 2/10
2		Cristyn OLIVER	JR	#3	Lawrence	5:09.22c	(5:12.28f) 2/19
3		Mikayla FLYTE	SR	#1	Ripon {2}	5:10.33c	(5:13.40f) 2/16
4		Ali DENAMUR	JR	#1	Ripon {3}	5:13.61c	(5:16.71f) 2/16
5		Hannah ROARK	SO	#4	Grinnell	5:15.84c	(5:18.96f) 2/24
6		Morgan KAROW	SO	#4	Grinnell {2}	5:16.31c	(5:19.44f) 2/17
7		Alyza KOPPES	SO	#6	Cornell College	5:16.48c	(5:19.61f) 3/2
8		Riley WINEBRENNER	JR	#3	Lawrence {2}	5:16.52c	(5:19.65f) 2/24
9		Keely MIYAMOTO	SO	#4	Grinnell {3}	5:18.40c	(5:21.55f) 2/17
10		Isabelle WILLETT	SR	#1	Ripon {4}	5:22.53c	(5:25.72f) 2/24

Women's 3000 Meters

1	100	Ali DENAMUR	JR	#1	Ripon	10:11.72c	(10:16.96f) 2/3
2		Keely MIYAMOTO	SO	#4	Grinnell	10:14.71c	(10:19.98f) 2/24
3		Mikayla FLYTE	SR	#1	Ripon {2}	10:17.83c	(10:23.13f) 1/19
4		Morgan KAROW	SO	#4	Grinnell {2}	10:21.63c	(10:26.96f) 2/24
5		Edythmae FRODL	JR	#3	Lawrence	10:27.94c	(10:33.32f) 2/24
6		Alyza KOPPES	SO	#6	Cornell College	10:29.26c	(10:34.65f) 2/24
7		Cristyn OLIVER	JR	#3	Lawrence {2}	10:31.99c	(10:37.41f) 2/10
8		Jenny CORTES	SO	#1	Ripon {3}	10:33.31c	(10:38.74f) 1/19
9		Gabby ALLARD	FR	#1	Ripon {4}	10:35.53c	(10:40.97f) 2/24
10		Riley WINEBRENNER	JR	#3	Lawrence {3}	10:41.98c	(10:47.48f) 2/24

Women's 5000 Meters

1	57	Mikayla FLYTE	SR	#1	Ripon	17:43.55c	(17:51.69f) 2/24
2	66	Keely MIYAMOTO	SO	#4	Grinnell	17:45.75c	(17:53.91f) 2/24
3	72	Ali DENAMUR	JR	#1	Ripon {2}	17:48.12c	(17:56.30f) 2/24
4		Alyza KOPPES	SO	#6	Cornell College	17:58.22c	(18:06.47f) 2/10
5		Edythmae FRODL	JR	#3	Lawrence	17:59.82c	(18:08.09f) 2/24
6		Morgan KAROW	SO	#4	Grinnell {2}	18:18.63c	(18:27.04f) 1/27
7		Gabby ALLARD	FR	#1	Ripon {3}	18:38.69c	(18:47.25f) 2/24
8		Rain ORSI	JR	#3	Lawrence {2}	18:55.21c	(19:03.90f) 2/24
9		Riley WINEBRENNER	JR	#3	Lawrence {3}	18:56.45c	(19:05.15f) 2/3
10		Talia HARRISON	SO	#4	Grinnell {3}	19:05.12c	(19:13.89f) 2/24



Conference TFRI Event Summary



MWC

as of 3/4/2024 8:35:32 PM ET

Women's 4x400 Relay

1	33	Sidney Brown, Hailey Carolan, Willow Ziegler, Ava Claussen-Tubbs	#6 Cornell College	3:58.87c (4:02.04f)	3/2
2	44	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch	#7 Beloit	4:01.00c (4:04.19f)	2/24
3	75	Bridget Finn, Madylyn Woyak, Heleyna Weiss, Jenny Cortes	#1 Ripon	4:05.91c (4:09.17f)	2/24
4	96	Ella Fajardo-Wilde, Gaby Skorczewski, Berkeley Krell, Lilia Bodnar	#3 Lawrence	4:09.20c (4:12.50f)	2/24
5		Apiphany Patterson, Madeline Benson, Aleese Trimmingham, Brooke Oakley	#5 Illinois College	4:11.49c (4:14.82f)	2/24
6		Maddie Rusk, Makaiha Moore-Bell, Carina Engst, Danielle Johnson	#2 Monmouth (Ill.)	4:12.04c (4:15.38f)	2/24
7		Caitlin Ong, Sadie Staker, Hannah Roark, Millie Leonard	#4 Grinnell	4:17.55c (4:20.96f)	2/24
8		Jillian Rochford, Emily Jacobs, Isabella Shubert, Cecilia Goodin	#8 Knox	4:25.86c (4:29.38f)	2/24
9		One Kenosi, Becca Ray, Jacquelyn Han, Annie Pulaski	#9 Lake Forest	4:36.21c (4:39.87f)	2/17

Women's Distance Medley Relay

1	69	Devin Ibarra, Mikayla Flyte, Ali Denamur, Minnie Hoffman	#1 Ripon	12:40.44c(12:48.58f)	2/24
2		Jane Partsch, Lilia Bodnar, Laura Henze, Cristyn Oliver	#3 Lawrence	13:01.04c(13:09.40f)	2/24
3		Grace Charron, Caitlin Ong, Allison Rabbani, Hannah Roth	#4 Grinnell	13:19.58c(13:28.14f)	2/24
4		Becca Ray, Annie Pulaski, Delfina Jorgensen, Lettia Hoda	#9 Lake Forest	13:32.54c(13:41.24f)	2/24
5		Morgan Carrino, Apiphany Patterson, Kairy Mercado-Ramos, Maddison Dortch	#5 Illinois College	13:39.33c(13:48.10f)	2/24
6		Sophie Stumbo, Willow Ziegler, Murray Page, Katie Lammers	#6 Cornell College	13:44.55c(13:53.38f)	2/24
7		Lindsay Eaton, Ally Celus, Danielle Johnson, Samantha Costello	#2 Monmouth (Ill.)	13:45.02c(13:53.85f)	2/24
8		Carter Browne, Hannah Welte, Sophia Miller, Marianna Carus	#7 Beloit	13:54.12c(14:03.05f)	2/24
9		Serena Delgadillo, Francis Hilliard, Eileen Sheetz, Elena King	#8 Knox	15:30.51c(15:40.48f)	2/24

Women's High Jump

1	24	Hailey CAROLAN	SO	#6 Cornell College	1.67m	5-5¾	2/10
2	72	Liz KALK	SR	#7 Beloit	1.60m	5-3	2/24
3	100	Bridget FINN	SR	#1 Ripon	1.58m	5-2¼	2/16
4		Megan SHAFAR	SO	#8 Knox	1.55m	5-1	1/27
5		Lauren ANDERSON	JR	#2 Monmouth (Ill.)	1.50m	4-11	2/24
5		Chloe STUDINSKI	FR	#1 Ripon	{2} 1.50m	4-11	2/24
5		Nia HOWARD	FR	#6 Cornell College	{2} 1.50m	4-11	1/20
8		Ashlee LONG	FR	#3 Lawrence	1.45m	4-9	2/24
9		Naomi MURPHY	FR	#7 Beloit	{2} 1.40m	4-7	2/24
10		Kynaeda GRAY	SR	#1 Ripon	{3} 1.37m	4-6	1/19



Conference TFRI Event Summary



MWC

as of 3/4/2024 8:35:33 PM ET

Women's Pole Vault

1	98	Miranda HURSEY	SO	#2 Monmouth (Ill.)	3.34m	10-11½	2/24
2		Paige NOWAK	SR	#5 Illinois College	3.29m	10-9½	2/16
3		Madeline BENSON	JR	#5 Illinois College {2}	3.17m	10-4¾	12/2
4		Delaney REXROAT	JR	#2 Monmouth (Ill.) {2}	3.04m	9-11¾	2/24
4		Naomee CASEY	SO	#7 Beloit	3.04m	9-11¾	2/24
6		Megan DAILEY	JR	#2 Monmouth (Ill.) {3}	2.95m	9-8	2/3
7		Carson BEYERS	SR	#5 Illinois College {3}	2.69m	8-9¾	2/16
8		Haley CARLIN	FR	#7 Beloit {2}	2.55m	8-4¼	2/10
9		Caitlin ONG	SO	#4 Grinnell	2.45m	8-½	2/17
10		Sidney BROWN	SR	#6 Cornell College	2.44m	8-0	2/24

Women's Long Jump

1	48	Sidney HOFFA	FR	#1 Ripon	5.48m	17-11¾	2/10
2	54	Maddie RUSK	SO	#2 Monmouth (Ill.)	5.47m	17-11½	2/24
3	75	Deja ANDERSON	FR	#5 Illinois College	5.41m	17-9	2/24
4		Hannah WELTE	SR	#7 Beloit	5.14m	16-10½	3/1
4		Peyton BALFOUR	SR	#8 Knox	5.14m	16-10½	2/24
6		Hailey CAROLAN	SO	#6 Cornell College	5.07m	16-7¾	2/24
7		Abbie LAYNE	SO	#8 Knox {2}	5.05m	16-7	2/24
8		Heleyna WEISS	FR	#1 Ripon {2}	5.03m	16-6	2/3
9		Haley GARRETT	FR	#5 Illinois College {2}	4.93m	16-2¼	1/20
10		Emma CROFTON	FR	#2 Monmouth (Ill.) {2}	4.92m	16-1¾	1/20

Women's Triple Jump

1		Abbie LAYNE	SO	#8 Knox	10.84m	35-6¾	2/10
2		Carina ENGST	SO	#2 Monmouth (Ill.)	10.65m	34-11¼	2/24
3		Peyton BALFOUR	SR	#8 Knox {2}	10.52m	34-6¼	2/24
4		Millie LEONARD	FR	#4 Grinnell	10.46m	34-4	1/20
5		Irene YANK	JR	#3 Lawrence	10.45m	34-3½	1/27
6		Delaney REXROAT	JR	#2 Monmouth (Ill.) {2}	10.34m	33-11¼	2/3
7		Emma CROFTON	FR	#2 Monmouth (Ill.) {3}	10.18m	33-4¾	2/24
8		Mariana ZENDEJAS	JR	#3 Lawrence {2}	10.06m	33-¼	2/24
9		Nicole ARNHOLD	SO	#1 Ripon	9.97m	32-8½	2/24
10		Danielle JOHNSON	FR	#2 Monmouth (Ill.) {4}	9.86m	32-4¼	1/20

Women's Shot Put

1	33	Maddie BOLEY	JR	#2 Monmouth (Ill.)	13.28m	43-7	3/1
2	64	Kalyn OTZELBERGER	SR	#1 Ripon	12.73m	41-9¼	2/16
3	80	Kayla BRAUN	SO	#2 Monmouth (Ill.) {2}	12.53m	41-1½	12/2
4	97	Gracie GIBBONS	JR	#2 Monmouth (Ill.) {3}	12.34m	40-6	2/10
5		Alayna EARLE	FR	#2 Monmouth (Ill.) {4}	11.98m	39-3¾	2/24
6		Jillian TOTH	SO	#2 Monmouth (Ill.) {5}	11.46m	37-7¼	1/27
7		Kylie GALOWITZ	SO	#4 Grinnell	11.39m	37-4½	2/24
8		Sydney KUPER	SR	#5 Illinois College	10.82m	35-6	2/24
8		Grace FOX	JR	#3 Lawrence	10.82m	35-6	2/24
10		Andrea FILKINS	SR	#4 Grinnell {2}	10.75m	35-3¼	12/1

Women's Weight Throw

1	32	Maddie BOLEY	JR	#2 Monmouth (Ill.)	16.81m	55-2	2/24
2		Jillian TOTH	SO	#2 Monmouth (Ill.) {2}	14.86m	48-9	2/10
3		Sydney KUPER	SR	#5 Illinois College	14.71m	48-3¾	2/24
4		Kalyn OTZELBERGER	SR	#1 Ripon	14.25m	46-9	2/24
5		Gracie GIBBONS	JR	#2 Monmouth (Ill.) {3}	14.22m	46-8	12/2
6		Brynn HOGAN	SO	#2 Monmouth (Ill.) {4}	13.97m	45-10	2/3
7		Maddy STROVERS	SO	#4 Grinnell	13.81m	45-3¾	2/24
8		Kylie GALOWITZ	SO	#4 Grinnell {2}	13.35m	43-9¾	2/24
9		Aparna GAJULAPALLI	JR	#3 Lawrence	12.66m	41-6½	2/19
10		Kayla BRAUN	SO	#2 Monmouth (Ill.) {5}	12.41m	40-8¾	2/16

Women's Pentathlon

1	39	Bridget FINN	SR	#1 Ripon	3,122	3/2
2		Nicole ARNHOLD	SO	#1 Ripon {2}	2,298	3/2



Conference TFRI Event Summary



NACC

as of 3/4/2024 8:35:33 PM ET

Women's 60 Meters

1	81	Lauren BLIEFERNICHT	JR	#2 Aurora	7.86	2/24
2		Nicole MAKOPE	JR	#1 St. Norbert	7.93	2/24
3		Ellie STAEHLING	JR	#1 St. Norbert {2}	8.00	2/24
4		Sabrina MOORE	SR	#3 Concordia Wisco	8.05	2/24
5		Jenna ZAHORIK	SR	#3 Concordia Wisco {2}	8.06	2/24
6		Gillian MCDANIEL	SO	#4 MSOE	8.12	2/24
7		Grace KORGER-MITCHELL	JR	#7 Edgewood	8.14	2/24
8		Gracie WOLFE	SO	#1 St. Norbert {3}	8.15	2/24
9		Maya HIELSCHER	JR	#3 Concordia Wisco {3}	8.19	2/24
10		Olivia JAMESON	SO	#6 Illinois Tech	8.29	1/13

Women's 60 Meter Hurdles

1	49	Eve SHELTON	JR	#8 Concordia Chica	9.08	3/2
2	72	Maya HIELSCHER	JR	#3 Concordia Wisco	9.16	2/24
3	91	Skyler GIBBS	JR	#2 Aurora	9.24	2/24
4		Mary DIETZ	SO	#2 Aurora {2}	9.28	12/1
5		Lauren BORCHARDT	JR	#1 St. Norbert	9.43	2/24
6		Jerzey ALLEN	JR	#8 Concordia Chica {2}	9.52	2/24
7		Michelle WATSON	JR	#9 Benedictine (Ill.)	9.59	1/20
8		Eden MARANELL	FR	#1 St. Norbert {2}	9.60	2/10
9		Larissa HUFFMAN	FR	#1 St. Norbert {3}	9.65	2/24
10		Emma EILERTSON	FR	#3 Concordia Wisco {2}	9.69	2/3

Women's 200 Meters

1	38	Lauren BLIEFERNICHT	JR	#2 Aurora	25.24c	(25.63f) 3/2
2		Nicole MAKOPE	JR	#1 St. Norbert	25.79c	(26.19f) 2/24
3		Eden MARANELL	FR	#1 St. Norbert {2}	25.97c	(26.37f) 2/19
4		Jenna ZAHORIK	SR	#3 Concordia Wisco	26.00c	(26.40f) 2/24
5		Janae JENSEN	SR	#5 Wisconsin Luthe	26.16c	(26.56f) 2/24
6		Katie SMITH	FR	#1 St. Norbert {3}	26.27c	(26.67f) 3/1
7		Rachel ROMENS	JR	#5 Wisconsin Luthe {2}	26.36c	(26.77f) 2/24
8		Eve SHELTON	JR	#8 Concordia Chica	26.63c	(27.04f) 2/10
9		Zoe TURNER	SO	#6 Illinois Tech	26.68c	(27.09f) 2/10
10		Amelia MOSEMAN	SO	#6 Illinois Tech {2}	26.70c	(27.11f) 2/10

Women's 400 Meters

1	91	Amelia MOSEMAN	SO	#6 Illinois Tech	58.53c	(59.30f) 2/24
2		Anna RAASCH	SR	#5 Wisconsin Luthe	58.73c	(59.51f) 2/17
3		Lauren BLIEFERNICHT	JR	#2 Aurora	58.97c	(59.75f) 2/24
4		MacKenzie BOLLIS	SR	#4 MSOE	59.70c	(1:00.49f) 2/24
5		Ari MACK	JR	#2 Aurora {2}	1:00.90	12/1
6		Zoe TURNER	SO	#6 Illinois Tech {2}	1:00.91c	(1:01.71f) 2/17
7		Eve SHELTON	JR	#8 Concordia Chica	1:01.49c	(1:02.30f) 2/17
8		Julie DUNKEL	JR	#1 St. Norbert	1:01.53c	(1:02.34f) 2/24
9		Adryana BURTS	SO	#9 Benedictine (Ill.)	1:01.54c	(1:02.35f) 2/24
10		Madi CROSSMAN	FR	#1 St. Norbert {2}	1:01.62c	(1:02.43f) 2/24

Women's 800 Meters

1		Madison ETHERIDGE	JR	#2 Aurora	2:18.21c	(2:19.80f) 3/2
2		Carolyn EVERS	SR	#7 Edgewood	2:19.46c	(2:21.06f) 12/9
3		Kera RILEY	FR	#1 St. Norbert	2:23.45c	(2:25.10f) 2/3
4		Ashlee MUELLER	SR	#5 Wisconsin Luthe	2:25.43c	(2:27.10f) 2/24
4		Savannah VASQUEZ	FR	#2 Aurora {2}	2:25.43c	(2:27.10f) 2/16
6		Danielle VAN GRINSVEN	SO	#3 Concordia Wisco	2:26.01c	(2:27.69f) 1/27
7		Emily HERRIED	SR	#5 Wisconsin Luthe {2}	2:27.11c	(2:28.80f) 3/1
8		Bijou PHILLIPS	SO	#1 St. Norbert {2}	2:27.22c	(2:28.91f) 2/24
9		Olivia EBEL	FR	#3 Concordia Wisco {2}	2:27.62c	(2:29.32f) 2/24
10		Olivia SHIP	JR	#1 St. Norbert {3}	2:27.64c	(2:29.34f) 1/20

Women's Mile

1	24	Deyanneira COLON MALDONADO	JR	#2 Aurora	4:56.64	1/19
2		Kaitlyn RODMAN	SR	#4 MSOE	5:07.94c	(5:10.98f) 2/24
3		Emma AHRENS	FR	#3 Concordia Wisco	5:16.22c	(5:19.35f) 2/17
4		Madison ETHERIDGE	JR	#2 Aurora {2}	5:19.19c	(5:22.34f) 2/10
5		Anessa YIM	SR	#3 Concordia Wisco {2}	5:19.87c	(5:23.03f) 2/17
6		Kera RILEY	FR	#1 St. Norbert	5:22.63c	(5:25.83f) 2/10
7		Olivia SHIP	JR	#1 St. Norbert {2}	5:23.53c	(5:26.73f) 1/27
8		Savannah VASQUEZ	FR	#2 Aurora {3}	5:24.28c	(5:27.49f) 2/10
9		Abby LIESEN	JR	#2 Aurora {4}	5:25.96c	(5:29.18f) 2/3
10		Faith MERTZIG	SR	#1 St. Norbert {3}	5:26.30c	(5:29.53f) 2/3

Women's 3000 Meters

1	17	Deyanneira COLON MALDONADO	JR	#2 Aurora	9:43.34	1/27
2	81	Ally VERBAUWHEDE	SR	#7 Edgewood	10:07.97 OT	1/20
3	84	Kaitlyn RODMAN	SR	#4 MSOE	10:08.58c	(10:13.79f) 2/24
4		Emma AHRENS	FR	#3 Concordia Wisco	10:37.37c	(10:42.83f) 1/20
5		Anessa YIM	SR	#3 Concordia Wisco {2}	10:39.23c	(10:44.71f) 2/24
6		Faith MERTZIG	SR	#1 St. Norbert	10:40.74c	(10:46.24f) 2/10
7		N'Dya FIELDS	SO	#2 Aurora {2}	10:49.13c	(10:54.69f) 2/24
8		Alicia KAWA	FR	#3 Concordia Wisco {3}	10:50.80c	(10:56.38f) 2/24
9		Abby LIESEN	JR	#2 Aurora {3}	10:56.35	1/27
10		Abigail POEHLMAN	SO	#3 Concordia Wisco {4}	10:57.38c	(11:03.01f) 2/17

Women's 5000 Meters

1	9	Deyanneira COLON MALDONADO	JR	#2 Aurora	16:46.19 OT	2/9
2		Ally VERBAUWHEDE	SR	#7 Edgewood	18:15.12c	(18:23.50f) 2/24
3		Emma AHRENS	FR	#3 Concordia Wisco	18:21.95c	(18:30.38f) 1/27
4		Anessa YIM	SR	#3 Concordia Wisco {2}	18:33.84c	(18:42.37f) 1/27
5		Abby LIESEN	JR	#2 Aurora {2}	18:49.75c	(18:58.40f) 2/10
6		Ainara SAINZ DE ROZAS	SO	#3 Concordia Wisco {3}	19:05.17c	(19:13.94f) 1/27
7		Abigail POEHLMAN	SO	#3 Concordia Wisco {4}	19:16.29c	(19:25.14f) 1/27
8		Faith MERTZIG	SR	#1 St. Norbert	19:18.98c	(19:27.85f) 1/27
9		Alicia KAWA	FR	#3 Concordia Wisco {5}	19:24.03c	(19:32.94f) 2/24
10		Brenna CISLER	SR	#1 St. Norbert {2}	19:39.38c	(19:48.41f) 1/27



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



NACC

as of 3/4/2024 8:35:33 PM ET

Women's 4x400 Relay

1	99	Olivia Jameson, Annika McKown, Zoe Turner, Amelia Moseman	#6 Illinois Tech	4:09.48c (4:12.79f)	2/24
2		Nikki Tranel, Julie Dunkel, Eden Maranell, Madi Crossman	#1 St. Norbert	4:10.03c (4:13.34f)	2/19
3		Lauren Bliefernicht, Mary Dietz, Madison Etheridge, Deyanneira Colon Maldonado	#2 Aurora	4:10.52c (4:13.84f)	2/3
4		Ashlee Mueller, Anna Raasch, Natalie Punzel, Emily Herried	#5 Wisconsin Luth	4:21.51c (4:24.98f)	2/17
5		Amber Fietzer, Hailey Foster, Mikayla Becker, Olivia Ebel	#3 Concordia Wisco	4:25.62c (4:29.14f)	2/24
6		Grace Korgor-Mitchell, Kayla Kerkman, Carolyn Evers, Jordan Lawson	#7 Edgewood	4:25.84c (4:29.36f)	2/24
7		MacKenzie Bollis, Megan Ruffing, Madeline Griffith, Kaitlyn Rodman	#4 MSOE	4:42.06c (4:45.80f)	2/24

Women's Distance Medley Relay

1	25	N'Dya Fields, Lauren Bliefernicht, Madison Etheridge, Deyanneira Colon Maldonado	#2 Aurora	12:04.17c(12:11.92f)	3/2
2		Olivia Ship, Nikki Tranel, Kera Riley, Faith Mertzig	#1 St. Norbert	13:01.25c(13:09.62f)	2/24
3		Emma Ahrens, Abigail Poehlman, Ainara Sainz De Rozas, Danielle Van Grinsven	#3 Concordia Wisco	13:09.59c(13:18.05f)	1/13
4		Breanna Walters, Tegan Oas, Izzy Fairless, Ariel Martinez	#8 Concordia Chica	14:09.17c(14:18.26f)	2/24
5		Madelyn Beyer, Madelyn Vanderhoof, Natalie Punzel, Louisa Felgenhauer	#5 Wisconsin Luth	14:43.91c(14:53.38f)	2/24

Women's High Jump

1	10	Olivia JAMESON	SO	#6 Illinois Tech	1.69m	5-6½	3/2
2	47	Rachel ROMENS	JR	#5 Wisconsin Luth	1.62m	5-3¾	2/3
3	72	Emma EILERTSON	FR	#3 Concordia Wisco	1.60m	5-3	1/27
4	87	Eden MARANELL	FR	#1 St. Norbert	1.59m	5-2½	12/9
4	87	Alayna KOEHLER	JR	#2 Aurora	1.59m	5-2½	12/9
6		Maya HIELSCHER	JR	#3 Concordia Wisco{2}	1.57m	5-1¾	1/27
7		Skylar GIBBS	JR	#2 Aurora	{2} 1.56m	5-1¼	12/9
8		Grace BEILFUSS	FR	#2 Aurora	{3} 1.55m	5-1	1/19
9		Keyara BAILEY	SO	#2 Aurora	{4} 1.53m	5-¼	2/16
10		Noor SAMMOUR	SO	#8 Concordia Chica	1.52m	4-11¾	2/17
10		Larissa HUFFMAN	FR	#1 St. Norbert	{2} 1.52m	4-11¾	1/19
10		Annika MCKOWN	SO	#6 Illinois Tech	{2} 1.52m	4-11¾	2/3

Women's Pole Vault

1		Carly GRIESEMER	SO	#3 Concordia Wisco	3.30m	10-9¾	2/24
1		Lara DESHLER	SO	#1 St. Norbert	3.30m	10-9¾	2/24
3		Grace MENZIA	SR	#4 MSOE	3.20m	10-6	2/24
4		Isabella GALINDO	SO	#1 St. Norbert	{2} 3.10m	10-2	2/24
5		Olivia MCMATH	FR	#6 Illinois Tech	2.95m	9-8	2/24
6		Caitlyn WEITZEL	FR	#3 Concordia Wisco{2}	2.91m	9-6½	2/17
7		Jaden PROPSON	FR	#1 St. Norbert	{3} 2.80m	9-2¼	2/24
7		Kaitlyn KOTULA	SO	#3 Concordia Wisco{3}	2.80m	9-2¼	1/13
9		Lexa WITTMACK	FR	#1 St. Norbert	{4} 2.65m	8-8¼	2/24
10		Michelle WATSON	JR	#9 Benedictine (Ill.)	2.61m	8-6¾	2/17

Women's Long Jump

1	47	Janae JENSEN	SR	#5 Wisconsin Luth	5.49m	18-¼	2/17
2	48	Maya HIELSCHER	JR	#3 Concordia Wisco	5.48m	17-11¾	3/2
3	99	Rachel ROMENS	JR	#5 Wisconsin Luth{2}	5.35m	17-6¾	2/17
4		Olivia JAMESON	SO	#6 Illinois Tech	5.30m	17-4¾	1/13
5		Nicole MAKOPPE	JR	#1 St. Norbert	5.27m	17-3½	2/10
5		Grace KORGOR-MITCHELL	JR	#7 Edgewood	5.27m	17-3½	2/10
7		Gillian MCDANIEL	SO	#4 MSOE	5.20m	17-¾	1/20
8		Alli CLARK	FR	#1 St. Norbert	{2} 5.18m	17-0	2/24
9		Sabrina MOORE	SR	#3 Concordia Wisco{2}	5.14m	16-10½	2/17
10		Akira LEBRON	JR	#4 MSOE	{2} 5.11m	16-9¼	2/3
10		Ellie STAEBLING	JR	#1 St. Norbert	{3} 5.11m	16-9¼	12/2

Women's Triple Jump

1	18	Eden MARANELL	FR	#1 St. Norbert	11.75m	38-6¾	3/2
2		Amereka MCPHERSON	SO	#1 St. Norbert	{2} 10.97m	36-0	2/24
3		Rachel ROMENS	JR	#5 Wisconsin Luth	10.91m	35-9½	2/24
4		Alli CLARK	FR	#1 St. Norbert	{3} 10.90m	35-9¼	2/24
5		Gillian MCDANIEL	SO	#4 MSOE	10.82m	35-6	1/20
6		Marissa LORENZ	JR	#1 St. Norbert	{4} 10.74m	35-3	3/2
7		Gillian SPUHLER	SR	#4 MSOE	{2} 10.54m	34-7	1/20
8		Kaitlyn KOTULA	SO	#3 Concordia Wisco	10.22m	33-6½	1/27
9		Faustyna KARPIESIUK	JR	#2 Aurora	10.20m	33-5¾	1/19
10		Nicole MAKOPPE	JR	#1 St. Norbert	{5} 10.10m	33-1¾	2/24



Conference TFRI Event Summary



NACC

as of 3/4/2024 8:35:33 PM ET

Women's Shot Put

1	18	Jessa ALDERMAN	SO	#4 MSOE	13.67m	44-10¼	3/1
2	45	Katrina WAWRZYN	JR	#4 MSOE	{2}13.08m	42-11	2/10
3	52	Peyton PANKA	SO	#1 St. Norbert	12.93m	42-5¼	2/19
4	68	Josephine JACKLIN	SO	#4 MSOE	{3}12.66m	41-6½	2/3
5		Ava LARSON	JR	#4 MSOE	{4}12.21m	40-¾	2/10
6		Kylie CRUM	SO	#4 MSOE	{5}12.02m	39-5¼	1/20
7		Silja ERICKSON	SR	#2 Aurora	11.97m	39-3¼	2/24
8		Kylee DOHERTY	SO	#7 Edgewood	11.88m	38-11¾	2/24
9		Heidi WILLIAMS	FR	#4 MSOE	{6}11.58m	38-0	2/3
10		Kayla STARNES	JR	#1 St. Norbert	{2}11.25m	36-11	2/10

Women's Weight Throw

1	40	Jessa ALDERMAN	SO	#4 MSOE	16.48m	54-1	2/24
2	55	Katrina WAWRZYN	JR	#4 MSOE	{2}16.05m	52-8	2/24
3	65	Ava LARSON	JR	#4 MSOE	{3}15.77m	51-9	2/3
4	85	Kayla STARNES	JR	#1 St. Norbert	15.25m	50-½	2/19
5		Kylie CRUM	SO	#4 MSOE	{4}14.81m	48-7¼	2/3
5		Gabrielle HARDING	SR	#8 Concordia Chica	14.81m	48-7¼	2/17
7		Josephine JACKLIN	SO	#4 MSOE	{5}14.68m	48-2	1/20
8		Gloria TYLER	JR	#1 St. Norbert	{2}14.31m	46-11½	2/24
9		Peyton PANKA	SO	#1 St. Norbert	{3}13.64m	44-9	2/24
10		Jordan MONROE	FR	#4 MSOE	{6}13.29m	43-7¼	1/20

Women's Pentathlon

1	41	Skylar GIBBS	JR	#2 Aurora	3,094		12/9
2	42	Maya HIELSCHER	JR	#3 Concordia Wisco	3,085		3/2
3	45	Eden MARANELL	FR	#1 St. Norbert	3,041		12/9
4	77	Alayna KOEHLER	JR	#2 Aurora	{2}2,809		2/24
5	82	Larissa HUFFMAN	FR	#1 St. Norbert	{2}2,779		2/24
6		Annika MCKOWN	SO	#6 Illinois Tech	2,371		2/24
7		Laci HOEKSEMA	SO	#1 St. Norbert	{3}2,240		2/24
8		Ally ZICKERT	JR	#1 St. Norbert	{4}2,233		2/24
9		Michelle WATSON	JR	#9 Benedictine (Ill.)	2,223		2/24
10		Morgan BOZE	JR	#4 MSOE	2,173		2/24



Conference TFRI Event Summary



NCAC

as of 3/4/2024 8:35:33 PM ET

Women's 60 Meters

1	30	Meghan FRAZIER	JR	#1 Wittenberg	7.74	2/24
2	71	Zora SHAKHAN	JR	#1 Wittenberg	{2} 7.84	2/24
3		Haleigh WILLISON	JR	#1 Wittenberg	{3} 7.91	2/24
4		Ryley STEGGALL	SO	#6 Oberlin	7.93	2/2
5		Anaya JOLIVETTE	JR	#5 Denison	7.94	2/24
6		Lindsey MAGOTEAUX	JR	#1 Wittenberg	{4} 7.98	2/24
7		Taylor WEISS	JR	#1 Wittenberg	{5} 8.05	2/24
8		Elizabeth RABORN	FR	#2 DePauw	8.08	2/10
9		Shelby STALL	FR	#2 DePauw	{2} 8.13	2/10
10		Emma GRAY	FR	#2 DePauw	{3} 8.17	2/17

Women's 60 Meter Hurdles

1	22	Daysia HARGRAVE	JR	#4 Wooster	8.86	2/10
2	51	Katie MOORE	JR	#2 DePauw	9.09	2/24
3		Sydney BROWN	SO	#5 Denison	9.32	2/24
4		Liberty SCOTT	FR	#2 DePauw	{2} 9.42	2/24
5		Reese NEUMEYER	JR	#1 Wittenberg	9.44	2/10
6		Haley TROY	FR	#1 Wittenberg	{2} 9.50	2/24
6		Aubrey ASDELL	FR	#2 DePauw	{3} 9.50	2/17
8		Mary SIROIS	SR	#4 Wooster	{2} 9.57	2/24
9		Katie MCKINLEY	JR	#2 DePauw	{4} 9.62	2/24
10		Makyndree SMITH	FR	#8 Hiram	9.65	2/10

Women's 200 Meters

1	42	Meghan FRAZIER	JR	#1 Wittenberg	25.31c (25.70f)	12/9
2	57	Sophia ELLERKMANN	SR	#5 Denison	25.44c (25.83f)	2/24
3		Haleigh WILLISON	JR	#1 Wittenberg	{2} 25.89c (26.29f)	2/24
4		Anaya JOLIVETTE	JR	#5 Denison	{2} 26.11c (26.51f)	2/24
5		Ryley STEGGALL	SO	#6 Oberlin	26.13c (26.53f)	2/24
6		Addystin LYKINS	JR	#3 Ohio Wesleyan	26.16c (26.56f)	2/24
7		Shelby STALL	FR	#2 DePauw	26.31	2/9
8		Zora SHAKHAN	JR	#1 Wittenberg	{3} 26.34c (26.75f)	2/24
9		Lindsey MAGOTEAUX	JR	#1 Wittenberg	{4} 26.37 OT	2/10
10		Liberty BROCK	JR	#3 Ohio Wesleyan	{2} 26.47c (26.88f)	2/10

Women's 400 Meters

1	16	Meghan FRAZIER	JR	#1 Wittenberg	56.61c (57.36f)	3/3
2	31	Sophia ELLERKMANN	SR	#5 Denison	57.08c (57.83f)	2/24
3	64	Shelby STALL	FR	#2 DePauw	58.04c (58.81f)	2/24
4	80	Tymeerah DE'ARMOND	SO	#1 Wittenberg	{2} 58.43 OT	1/27
5		Hayden HILL	SR	#6 Oberlin	58.92c (59.70f)	2/24
6		Liberty BROCK	JR	#3 Ohio Wesleyan	1:00.35c (1:01.15f)	2/24
7		Addystin LYKINS	JR	#3 Ohio Wesleyan	{2} 1:00.55c (1:01.35f)	2/24
8		Annalise GRAMMEL	SR	#2 DePauw	{2} 1:00.60c (1:01.40f)	2/10
9		Abigail DANNE	SO	#1 Wittenberg	{3} 1:00.70c (1:01.50f)	2/24
10		Emily BRENNAN	SO	#5 Denison	{2} 1:00.72 OT	12/2

Women's 800 Meters

1		Annalise GRAMMEL	SR	#2 DePauw	2:18.88 OT	2/17
2		Anna BROWN	SO	#7 Kenyon	2:19.26c (2:20.86f)	2/10
3		McKenna DOWNING	SO	#3 Ohio Wesleyan	2:19.55 OT	2/17
4		Lorien KAUFFMAN	SR	#7 Kenyon	{2} 2:19.70c (2:21.31f)	2/24
5		Katelyn STAPLETON	SO	#3 Ohio Wesleyan	{2} 2:19.95 OT	12/2
6		Athena THARENOS	SR	#4 Wooster	2:20.78c (2:22.40f)	2/10
7		Ella WEBSTER	SO	#1 Wittenberg	2:21.25c (2:22.87f)	1/13
8		Sage REDDISH	JR	#6 Oberlin	2:21.45c (2:23.08f)	2/24
9		Ella WOZEK	SO	#6 Oberlin	{2} 2:21.58c (2:23.21f)	2/24
10		Brianna MONTGOMERY	FR	#3 Ohio Wesleyan	{3} 2:23.03c (2:24.68f)	2/10

Women's Mile

1		Lily MONNETT	JR	#2 DePauw	5:06.67 OT	2/17
2		Sophie PORTER	JR	#2 DePauw	{2} 5:10.78c (5:13.85f)	1/19
3		Athena THARENOS	SR	#4 Wooster	5:11.82c (5:14.90f)	2/3
4		Anna BROWN	SO	#7 Kenyon	5:14.71c (5:17.82f)	2/10
5		Morgan THARP	SO	#2 DePauw	{3} 5:16.69c (5:19.82f)	2/24
6		Emma JACOBS	JR	#2 DePauw	{4} 5:17.36 OT	2/17
7		McKenna DOWNING	SO	#3 Ohio Wesleyan	5:18.39c (5:21.54f)	2/10
8		Cara BODARY	SR	#5 Denison	5:18.51 OT	2/17
9		Zoe WARD	FR	#3 Ohio Wesleyan	{2} 5:19.83c (5:22.99f)	1/27
10		Margo LEE	SR	#6 Oberlin	5:21.61c (5:24.79f)	2/24

Women's 3000 Meters

1	36	Ella WEBSTER	SO	#1 Wittenberg	9:53.56	12/2
2	82	Sophie PORTER	JR	#2 DePauw	10:08.05 OT	2/17
3	90	Lily MONNETT	JR	#2 DePauw	{2} 10:10.03c (10:15.26f)	2/3
4		Zoe WARD	FR	#3 Ohio Wesleyan	10:19.76c (10:25.07f)	2/10
5		Olivia IDE	FR	#7 Kenyon	10:23.16c (10:28.50f)	2/24
6		Grace FLORES	FR	#2 DePauw	{3} 10:29.52 OT	2/17
7		Eliza MEDEARIS	SR	#6 Oberlin	10:29.80c (10:35.20f)	2/24
8		Allison DIETZ	FR	#3 Ohio Wesleyan	{2} 10:32.26c (10:37.68f)	2/24
9		Athena THARENOS	SR	#4 Wooster	10:32.89c (10:38.31f)	2/24
10		Kendall MANN	JR	#2 DePauw	{4} 10:38.05c (10:43.52f)	2/24

Women's 5000 Meters

1	44	Sophie PORTER	JR	#2 DePauw	17:33.44c (17:41.50f)	2/10
2	79	Zoe WARD	FR	#3 Ohio Wesleyan	17:51.42c (17:59.62f)	2/24
3	88	Lily MONNETT	JR	#2 DePauw	{2} 17:55.13c (18:03.36f)	2/10
4		Emma HAWK	SO	#1 Wittenberg	18:01.15 OT	1/27
5		Maddi CLARK	FR	#1 Wittenberg	{2} 18:03.18c (18:11.47f)	2/24
6		Grace FLORES	FR	#2 DePauw	{3} 18:06.47c (18:14.79f)	2/10
7		Grace THOMAS	FR	#2 DePauw	{4} 18:10.62c (18:18.97f)	2/10
8		Megan KEYS	JR	#1 Wittenberg	{3} 18:20.74c (18:29.17f)	2/24
9		Athena THARENOS	SR	#4 Wooster	18:23.49c (18:31.94f)	1/20
10		Kendall MANN	JR	#2 DePauw	{5} 18:36.65c (18:45.20f)	2/24



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



NCAC

as of 3/4/2024 8:35:33 PM ET

Women's 4x400 Relay

1	29	Abigail Danne, Tymeerah De'Armond, Victoria Pipinich, Meghan Frazier	#1 Wittenberg	3:58.10c (4:01.26f)	2/24
2	30	Katie Moore, Liberty Scott, Annalise Grammel, Shelby Stall	#2 DePauw	3:58.13c (4:01.29f)	2/24
3	51	Sophia Ellerkmann, Piper Lee, Libby Hornick, Tessa Gerhardt	#5 Denison	4:01.90c (4:05.11f)	2/24
4	80	Isabella Cozzie, Ignacia Mendez, Athena Tharenos, Daysia Hargrave	#4 Wooster	4:06.56c (4:09.83f)	2/24
5	87	Liberty Brock, Addystin Lykins, Brianna Montgomery, Katelyn Stapleton	#3 Ohio Wesleyan	4:07.91c (4:11.20f)	2/24
6		Ella Wozek, Clara Smith, Hayden Hill, Lillian McFarlin	#6 Oberlin	4:12.07c (4:15.41f)	2/24
7		#Type!	#7 Kenyon	4:14.34c (4:17.71f)	2/10
8		Bethany Smith, Trezure Bates, Makyndree Smith, Janiya Robinson	#8 Hiram	4:51.17c (4:55.03f)	2/24

Women's Distance Medley Relay

1	35	Emma Jacobs, Aubrey Asdell, Ava Knight, Lily Monnett	#2 DePauw	12:21.36c(12:29.30f)	2/24
2	49	McKenna Downing, Brianna Montgomery, Katelyn Stapleton, Zoe Ward	#3 Ohio Wesleyan	12:29.25 OT	2/3
3	76	Fiona Martinelli, Tessa Gerhardt, Alexis Verdell, Cara Bodary	#5 Denison	12:43.28c(12:51.45f)	2/24
4	83	Lorien Kauffman, Anna Brown, Rigby Zentner, Olivia Ide	#7 Kenyon	12:45.87c(12:54.07f)	2/24
5	88	#Type!	#4 Wooster	12:48.90c(12:57.13f)	2/10
6		Margo Lee, Clara Smith, Lillian McFarlin, Eliza Medearis	#6 Oberlin	13:03.96c(13:12.36f)	2/24
7		Megan Keys, Kyngston Collins, Emma Hawk, Mackenzie Kelley	#1 Wittenberg	13:06.58c(13:15.00f)	1/13
8		Elaine Guyette, Bethany Smith, Kylie Moser, Victoria Freeman	#8 Hiram	14:35.88c(14:45.26f)	2/24

Women's High Jump

1	5	Julissa WILLIAMS	JR	#1 Wittenberg	1.70m	5-7	2/24
2	10	Taylor WEISS	JR	#1 Wittenberg	{2} 1.69m	5-6½	3/3
3	47	Drew PATTERSON	SR	#4 Wooster	1.62m	5-3¾	2/10
4	61	Hayden HILL	SR	#6 Oberlin	1.61m	5-3¼	3/3
5		Daysia HARGRAVE	JR	#4 Wooster	{2} 1.52m	4-11¾	2/18
6		Anna LERVICK	FR	#2 DePauw	1.50m	4-11	2/3
7		Lainee VALENTINE	JR	#1 Wittenberg	{3} 1.49m	4-10½	2/18
8		Hallie HAINES	FR	#1 Wittenberg	{4} 1.46m	4-9½	1/27
8		Ziciah GIBSON	SO	#1 Wittenberg	{4} 1.46m	4-9½	2/18
10		Emily COLLINS	FR	#5 Denison	1.45m	4-9	2/3
10		Abby HARTMAN	JR	#2 DePauw	{2} 1.45m	4-9	2/3
10		Katie MOORE	JR	#2 DePauw	{2} 1.45m	4-9	1/20
10		Ireland NOWAK	JR	#3 Ohio Wesleyan	1.45m	4-9	2/9

Women's Pole Vault

1	41	Tiffany HIX	SO	#1 Wittenberg	3.55m	11-7¾	2/2
2	89	Addie BECK	FR	#3 Ohio Wesleyan	3.35m	10-11¾	2/16
3		Emma STEMEN	SR	#2 DePauw	3.24m	10-7½	2/24
4		Story LAING	FR	#1 Wittenberg	{2} 3.20m	10-6	3/3
4		Cate GAGNIER	JR	#5 Denison	3.20m	10-6	12/2
4		Claire COLEMAN	SO	#3 Ohio Wesleyan	{2} 3.20m	10-6	1/20
7		Celeste SWIHART	SO	#3 Ohio Wesleyan	{3} 3.09m	10-1½	2/24
8		Sarah HIESTAND	SO	#4 Wooster	3.05m	10-0	2/3
9		Lily VAUGHT	SO	#2 DePauw	{2} 2.94m	9-7¾	2/24
10		Brooklyn HELLER	SR	#5 Denison	{2} 2.90m	9-6¼	2/17

Women's Long Jump

1	59	Jenna DELP	FR	#1 Wittenberg	5.45m	17-10¾	1/27
2		Gniyah BROWN	FR	#1 Wittenberg	{2} 5.32m	17-5½	2/17
3		Paula SORIC	JR	#7 Kenyon	5.29m	17-4¼	2/24
4		Julissa WILLIAMS	JR	#1 Wittenberg	{3} 5.18m	17-0	12/2
5		Katie MOORE	JR	#2 DePauw	5.10m	16-8¾	12/2
6		Lainee VALENTINE	JR	#1 Wittenberg	{4} 5.08m	16-8	2/24
7		Michaela STRODER	FR	#1 Wittenberg	{5} 5.03m	16-6	12/9
8		Daysia HARGRAVE	JR	#4 Wooster	5.02m	16-5¾	2/24
8		Emily BRENNAN	SO	#5 Denison	5.02m	16-5¾	12/2
10		Anna FRITZ	SO	#6 Oberlin	5.00m	16-5	12/9

Women's Triple Jump

1	20	Paula SORIC	JR	#7 Kenyon	11.74m	38-6¼	12/2
2		Tessa KOCHERT	SO	#2 DePauw	10.69m	35-1	2/24
3		Hayden HILL	SR	#6 Oberlin	10.61m	34-9¾	2/24
4		Anna LERVICK	FR	#2 DePauw	{2} 10.54m	34-7	2/24
5		Tiffany HIX	SO	#1 Wittenberg	10.50m	34-5½	2/2
6		Gniyah BROWN	FR	#1 Wittenberg	{2} 10.45m	34-3½	2/24
7		Drew PATTERSON	SR	#4 Wooster	10.36m	34-0	1/25
8		Claire DAVIS	FR	#4 Wooster	{2} 10.31m	33-10	2/10
9		Taylor WEISS	JR	#1 Wittenberg	{3} 10.29m	33-9¼	1/20
10		Reese NEUMEYER	JR	#1 Wittenberg	{4} 10.24m	33-7¼	2/10



Conference TFRI Event Summary



NCAC

as of 3/4/2024 8:35:33 PM ET

Women's Shot Put

1	53 Evie SANFORD	SO	#4 Wooster	12.92m	42-4¾	2/3
2	Bree MAHONEY-SUTHERLAND	JR	#2 DePauw	12.33m	40-5½	2/10
3	Aidan ORTH	SO	#1 Wittenberg	12.25m	40-2¼	2/10
4	Emma DOERMAN	SO	#1 Wittenberg	{2} 11.78m	38-7¾	12/2
5	Mila NOEL	FR	#3 Ohio Wesleyan	11.66m	38-3¼	1/20
6	Kylee SILVERMAN	SR	#5 Denison	11.42m	37-5¾	1/25
7	Ainsley WIESNER	SR	#4 Wooster	{2} 11.27m	36-11¾	2/10
8	Hayden HILL	SR	#6 Oberlin	11.11m	36-5½	2/18
9	Emma HALL	SO	#3 Ohio Wesleyan	{2} 11.10m	36-5	2/10
10	Ziciah GIBSON	SO	#1 Wittenberg	{3} 11.08m	36-4¼	2/18

Women's Weight Throw

1	16 Ainsley WIESNER	SR	#4 Wooster	17.70m	58-1	3/3
2	41 Abby CANNON	SR	#6 Oberlin	16.47m	54-½	3/3
3	80 Elizabeth NAGY	JR	#3 Ohio Wesleyan	15.38m	50-5½	2/10
4	84 Aidan ORTH	SO	#1 Wittenberg	15.29m	50-2	2/24
5	85 Kylee SILVERMAN	SR	#5 Denison	15.25m	50-½	2/24
6	Evie SANFORD	SO	#4 Wooster	{2} 14.76m	48-5¼	2/24
7	Amy POLLACK	SR	#5 Denison	{2} 13.30m	43-7¾	2/24
8	Emma HALL	SO	#3 Ohio Wesleyan	{2} 13.12m	43-½	1/20
9	Samarah DESTIN	FR	#4 Wooster	{3} 12.97m	42-6¾	1/20
10	Mariel DROST	FR	#5 Denison	{3} 12.79m	41-11½	2/24

Women's Pentathlon

1	37 Hayden HILL	SR	#6 Oberlin	3,139	2/18
2	43 Katie MOORE	JR	#2 DePauw	3,079	2/18
3	48 Daysia HARGRAVE	JR	#4 Wooster	2,993	2/18
4	84 Ziciah GIBSON	SO	#1 Wittenberg	2,770	2/24
5	87 Laine VALENTINE	JR	#1 Wittenberg	{2} 2,753	2/24
6	Hazel JOLLIFF	SO	#3 Ohio Wesleyan	2,372	2/24
7	Ava KLANN	JR	#3 Ohio Wesleyan	{2} 2,257	2/24
8	Celia VAUGHN	SO	#6 Oberlin	{2} 2,254	2/18
9	Sydney BROWN	SO	#5 Denison	2,189	2/18
10	Claire COLEMAN	SO	#3 Ohio Wesleyan	{3} 2,089	2/24



Conference TFRI Event Summary



NJAC

as of 3/4/2024 8:35:34 PM ET

Women's 60 Meters

1	4	Zrreyah MOORE	SR	#4 Rutgers-Newark	7.58	2/19
2	50	Molly LODGE	JR	#2 Rowan	7.79	2/19
3	60	Chidimma IGWE	SR	#4 Rutgers-Newark {2}	7.81	3/2
4	88	Michelle ITOUA	SO	#6 Montclair State	7.87	3/2
5		Ashanae MORRISON	JR	#3 Stockton	7.91	3/2
6		Mackenzie BURKE	FR	#1 TCNJ	7.98	2/19
7		Rebecca KNEPPEL	JR	#5 Ramapo	8.00	12/2
8		Faith WILLIAMS	FR	#6 Montclair State {2}	8.06	2/19
9		Alexis MCNEIL	SR	#7 Farmingdale Sta	8.11	1/19
10		Ayriana YOUNG	SO	#9 New Jersey City	8.13	2/19

Women's 60 Meter Hurdles

1	38	Eliza BRUNCAJ	JR	#1 TCNJ	8.99	2/19
2	76	Mackenzie BURKE	FR	#1 TCNJ {2}	9.17	2/19
3		Gloria HUGHES	JR	#2 Rowan	9.42	2/19
4		Brya BYRD	SR	#4 Rutgers-Newark	9.47	2/9
5		Carmelle ALEXIS	SO	#4 Rutgers-Newark {2}	9.48	2/19
6		Cristen MOLIWOLO	SO	#3 Stockton	9.60	12/9
7		Sarah SCEPKOWSKI	SO	#1 TCNJ {3}	9.84	3/2
8		Brianna DESANTO	FR	#2 Rowan {2}	9.86	2/10
9		Abigail GALLACHER	FR	#3 Stockton {2}	9.89	2/10
10		Abigail PETROLIA	FR	#3 Stockton {3}	10.00	12/9
10		Natalie KRONCKE	FR	#3 Stockton {3}	10.00	12/9

Women's 200 Meters

1	10	Zrreyah MOORE	SR	#4 Rutgers-Newark	24.59	2/23
2	24	Chidimma IGWE	SR	#4 Rutgers-Newark {2}	25.08	2/23
3	49	Rebecca KNEPPEL	JR	#5 Ramapo	25.38	2/23
4	54	Jasmine POPE	JR	#2 Rowan	25.42	2/2
5	57	Jasmine BROADWAY	JR	#2 Rowan {2}	25.44	12/1
6	98	Eliza BRUNCAJ	JR	#1 TCNJ	25.72	2/19
7		Molly LODGE	JR	#2 Rowan {3}	25.83	1/27
8		Kathleen PEDERSEN	SR	#2 Rowan {4}	26.02	2/19
9		Paris MOORE	SO	#2 Rowan {5}	26.07	12/1
10		Michelle ITOUA	SO	#6 Montclair State	26.16	2/19

Women's 400 Meters

1	5	Zrreyah MOORE	SR	#4 Rutgers-Newark	55.57	2/19
2	22	Nevaeh LORJUSTE	JR	#2 Rowan	56.82	2/19
3	33	Molly LODGE	JR	#2 Rowan {2}	57.13c (57.88f)	3/2
4	56	Kathleen PEDERSEN	SR	#2 Rowan {3}	57.90	2/10
5	79	Rebecca KNEPPEL	JR	#5 Ramapo	58.39	2/19
6	86	Jasmine POPE	JR	#2 Rowan {4}	58.49	12/1
7		Chidimma IGWE	SR	#4 Rutgers-Newark {2}	59.71	1/12
8		Amanda DEMKO	JR	#1 TCNJ	1:00.09	2/2
9		Kelly O'GRADY	SO	#1 TCNJ {2}	1:00.14	2/2
10		Rukiyat DARANIJO	FR	#1 TCNJ {3}	1:00.21c (1:01.01f)	1/20

Women's 800 Meters

1	8	Kayla KASS	SO	#3 Stockton	2:10.82c (2:12.32f)	3/2
2	41	Dale LEONARD	FR	#5 Ramapo	2:15.01	2/2
3	61	Anna SASSE	JR	#2 Rowan	2:16.05	1/27
4		Ally WERNIK	FR	#2 Rowan {2}	2:19.48	2/23
5		Gianna BURGIO	SO	#2 Rowan {3}	2:19.63	2/23
6		Amanda MCNALLY	JR	#2 Rowan {4}	2:20.24	2/2
7		Rizzo AVA	FR	#2 Rowan {5}	2:21.04	2/19
8		Eliza BRUNCAJ	JR	#1 TCNJ	2:21.59c (2:23.22f)	3/2
9		Naesha GADIE	FR	#1 TCNJ {2}	2:22.51c (2:24.15f)	1/20
10		Alex GRIVAS	SO	#1 TCNJ {3}	2:22.68	2/23

Women's Mile

1	7	Dale LEONARD	FR	#5 Ramapo	4:52.83c (4:55.72f)	3/2
2	55	Anna SASSE	JR	#2 Rowan	5:01.51	2/2
3		Ally WERNIK	FR	#2 Rowan {2}	5:11.32c (5:14.40f)	3/2
4		Suzanne ZAUGG	SR	#5 Ramapo {2}	5:13.88	12/8
5		Naesha GADIE	FR	#1 TCNJ	5:14.81c (5:17.92f)	3/2
6		Zoey CASSAVELL	JR	#5 Ramapo {3}	5:18.91	2/19
7		Salini IYER	JR	#1 TCNJ {2}	5:19.22	2/19
8		Amanda MCNALLY	JR	#2 Rowan {3}	5:19.40c (5:22.56f)	1/27
9		Gianna BURGIO	SO	#2 Rowan {4}	5:21.95	2/10
10		Emily ZANNI	FR	#2 Rowan {5}	5:22.38	2/23

Women's 3000 Meters

1	65	Dale LEONARD	FR	#5 Ramapo	10:03.34	12/8
2		Suzanne ZAUGG	SR	#5 Ramapo {2}	10:33.10	2/23
3		Emily HOEGLER	JR	#1 TCNJ	10:36.53	2/19
4		Jaelyn BARKLEY	JR	#3 Stockton	10:39.28	2/9
5		Aubrey JOHNSON	SR	#6 Montclair State	10:41.57c (10:47.07f)	1/27
6		Katherine RICE	JR	#1 TCNJ {2}	10:43.71	2/23
7		Mia GUERRA	JR	#2 Rowan	10:46.60c (10:52.14f)	1/27
8		Zoey CASSAVELL	JR	#5 Ramapo {3}	10:48.24	2/19
9		Salini IYER	JR	#1 TCNJ {3}	10:49.45c (10:55.01f)	1/20
10		Emily ZANNI	FR	#2 Rowan {2}	10:54.45c (11:00.06f)	1/27

Women's 5000 Meters

1		Aubrey JOHNSON	SR	#6 Montclair State	18:14.17	2/19
2		Mia GUERRA	JR	#2 Rowan	18:17.67c (18:26.07f)	3/2
3		Suzanne ZAUGG	SR	#5 Ramapo	18:31.87	12/2
4		Jaelyn BARKLEY	JR	#3 Stockton	18:34.52c (18:43.05f)	1/20
5		Cameron WRIGHT	JR	#2 Rowan {2}	18:36.59c (18:45.14f)	3/2
6		Cassidy QUINN	JR	#1 TCNJ	18:37.40	2/19
7		Emily ZANNI	FR	#2 Rowan {3}	19:05.82	2/2
8		Savannah HODGENS	SO	#1 TCNJ {2}	19:05.87	2/19
9		Guinevere KENNEDY	SO	#3 Stockton {2}	19:32.34c (19:41.31f)	1/20
10		Riley STELLITANO	JR	#1 TCNJ {3}	20:14.81c (20:24.11f)	2/3



Conference TFRI Event Summary



NJAC

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Women's 4x400 Relay

1	11	Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste	#2	Rowan	3:49.78c (3:52.83f)	3/2
2	36	Kelly O'Grady, Mackenzie Burke, Kelsey Thomas, Amanda Demko	#1	TCNJ	3:59.28c (4:02.45f)	3/2
3	53	Emma Conroy, Emma Petrolia, Abigail Petrolia, Kayla Kass	#3	Stockton	4:02.16	1/27
4	84	Chidimma Igwe, Carmelle Alexis, Chandelle Lawrence, Nydia Jackson	#4	Rutgers-Newark	4:07.68	1/19
5	90	Reyanna Henderson, Ayriana Young, Ashley Adames, Jezena Aponte	#9	New Jersey City	4:08.16c (4:11.45f)	3/2
6	94	Barbara Exilus, Dale Leonard, Jianna Gorospe, Rebecca Kneppel	#5	Ramapo	4:08.74	2/19
7		#Type!	#7	Farmingdale Sta	4:25.95	12/1
8		Lauren Carter, Leilani Taylor, Sydnie Marshall, Carly Malia	#8	Rutgers-Camden	4:37.06c (4:40.73f)	12/8

Women's Distance Medley Relay

1	27	Ally Wernik, Molly Lodge, Amanda McNally, Anna Sasse	#2	Rowan	12:05.88	2/10
2	80	Julie Murphy, Jealynne Ramos, Kayla McAdams, Aubrey Johnson	#6	Montclair State	12:45.29c (12:53.48f)	3/2
3	93	Kayla Kass, Kayla Sullivan, Olivia Harris, Jaelyn Barkley	#3	Stockton	12:51.65	2/9
4		Molly Bossdorf, Cameron Ruffini, Lauren Barker, Salini Iyer	#1	TCNJ	13:02.47	2/19
5		Zoe Gregory, Rea Pagatpatan, Francesca Cartagena, Kiera Gregory	#5	Ramapo	14:11.54	2/19

Women's High Jump

1	26	Kayley HARNETT	SR	#1	TCNJ	1.66m 5-5¼	12/9
2	87	Sarah SCEPKOWSKI	SO	#1	TCNJ	{2} 1.59m 5-2½	2/4
3	100	Kaitlyn VERVER	JR	#3	Stockton	1.58m 5-2¼	12/9
4		Eliza BRUNCAJ	JR	#1	TCNJ	{3} 1.57m 5-1¾	3/2
4		Abigail PFAFF	JR	#1	TCNJ	{3} 1.57m 5-1¾	1/12
6		Lindsay HAND	FR	#3	Stockton	{2} 1.50m 4-11	2/9
7		Gloria HUGHES	JR	#2	Rowan	1.45m 4-9	2/2
8		Jessica BRANHAM	SO	#5	Ramapo	1.40m 4-7	2/2
9		Maya ROSADO	SO	#3	Stockton	{3} 1.35m 4-5	1/20
10		Michaela POMATTO	SO	#3	Stockton	{4} 1.33m 4-4¼	12/9

Women's Pole Vault

1		Emerson DIRK	FR	#1	TCNJ	3.30m 10-9¾	12/2
2		Julia DAKWAR	SR	#1	TCNJ	{2} 3.19m 10-5½	2/2
3		Maya SCANNELL	FR	#1	TCNJ	{3} 3.00m 9-10	12/2
4		Madison FEY	SR	#3	Stockton	2.90m 9-6¼	2/19
5		Isabella MRAZ	SO	#1	TCNJ	{4} 2.60m 8-6¼	1/27

Women's Long Jump

1	90	Lia MALAVE	FR	#1	TCNJ	5.38m 17-8	2/23
2		Eliza BRUNCAJ	JR	#1	TCNJ	{2} 5.33m 17-6	3/2
3		Emma PETROLIA	SO	#3	Stockton	5.21m 17-1¼	2/2
4		Amanthy SOSA CACERES	SR	#2	Rowan	5.20m 17-¾	2/23
5		Ashanae MORRISON	JR	#3	Stockton	{2} 5.11m 16-9¼	2/9
5		Kathleen GSELL	FR	#1	TCNJ	{3} 5.11m 16-9¼	2/19
7		Khristina WASHINGTON	JR	#3	Stockton	{3} 5.07m 16-7¾	12/1
8		Jada PEPANIO	SO	#7	Farmingdale Sta	4.95m 16-3	12/9
9		McKenna PONTARI	FR	#3	Stockton	{4} 4.91m 16-1½	2/2
10		Mia PEGUERO	SR	#6	Montclair State	4.89m 16-½	1/12

Women's Triple Jump

1	84	Khristina WASHINGTON	JR	#3	Stockton	11.07m 36-4	12/1
2		Emma PETROLIA	SO	#3	Stockton	{2} 10.91m 35-9½	3/2
3		Emily TURSCHMANN	FR	#1	TCNJ	10.54m 34-7	1/12
4		Lia MALAVE	FR	#1	TCNJ	{2} 10.43m 34-2¾	1/27
5		Mia PEGUERO	SR	#6	Montclair State	10.42m 34-2¼	3/2
6		Kathleen GSELL	FR	#1	TCNJ	{3} 10.41m 34-2	2/10
7		Brooke VALAN	SR	#3	Stockton	{3} 10.33m 33-10¾	2/2
8		Kaitlyn VERVER	JR	#3	Stockton	{4} 10.11m 33-2	12/9
8		Ashanae MORRISON	JR	#3	Stockton	{4} 10.11m 33-2	12/1
10		Brianna DESANTO	FR	#2	Rowan	10.06m 33-¼	1/27



Conference TFRI Event Summary



NJAC

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Women's Shot Put

1	23	Isabelle DEAL	SR	#2	Rowan	13.57m	44-6¼	2/10
2	34	Shanil AUGUSTE	SR	#4	Rutgers-Newark	13.21m	43-4¼	2/23
3	54	Kerri MCCARTHY	JR	#1	TCNJ	12.91m	42-4¼	1/20
4	95	Edith GONZALEZ	SR	#1	TCNJ	{2} 12.37m	40-7	1/27
5		Alexis MARINI	SR	#8	Rutgers-Camden	11.26m	36-11½	2/19
6		grace VIT	SO	#2	Rowan	{2} 11.24m	36-10½	2/19
7		Ashley TORO	FR	#7	Farmingdale Sta	10.99m	36-¾	2/2
8		Maya YESALONIS	FR	#6	Montclair State	10.86m	35-7¾	2/19
9		Kaydence FISCHER	FR	#1	TCNJ	{3} 10.83m	35-6½	2/19
10		Chrystanna DECKER	SO	#3	Stockton	10.56m	34-7¾	2/19

Women's Weight Throw

1	30	Shanil AUGUSTE	SR	#4	Rutgers-Newark	16.90m	55-5½	2/23
2	45	Jessica REILLY	JR	#1	TCNJ	16.29m	53-5½	3/2
3	88	Isabelle DEAL	SR	#2	Rowan	15.24m	50-0	2/19
4	91	Alexis MARINI	SR	#8	Rutgers-Camden	15.18m	49-9¾	2/19
5		Kerri MCCARTHY	JR	#1	TCNJ	{2} 14.71m	48-3¼	1/20
5		Isabella FREDA	JR	#3	Stockton	14.71m	48-3¼	2/19
7		Edith GONZALEZ	SR	#1	TCNJ	{3} 14.60m	47-10¾	1/27
8		Emily DISZLER	JR	#1	TCNJ	{4} 14.48m	47-6¼	2/19
9		Quamora PROCTOR	JR	#3	Stockton	{2} 14.01m	45-11¾	1/20
10		Faith REMIAS	SR	#4	Rutgers-Newark	{2} 12.45m	40-10¼	2/19

Women's Pentathlon

1	7	Eliza BRUNCAJ	JR	#1	TCNJ	3,462	3/2
2	58	Sarah SCEPKOWSKI	SO	#1	TCNJ	{2} 2,935	3/2
3		Michaela POMATTO	SO	#3	Stockton	2,128	12/9
4		Erin MCGAULEY	SO	#1	TCNJ	{3} 2,127	2/4



Conference TFRI Event Summary



OAC

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Women's 60 Meters

1	2	Kenadee WAYT	SR	#1 Mount Union	7.52	2/24
2	40	Bri HAY	FR	#4 Baldwin Wallace	7.77	2/24
3	44	Genevieve ARNOLD	SR	#3 John Carroll	7.78	2/24
4	60	Lauren RONCONE	SR	#1 Mount Union	{2} 7.81	2/10
5	71	Paige SIMPSON	FR	#2 Ohio Northern	7.84	2/10
6	78	Abby COLLIER	JR	#4 Baldwin Wallace	{2} 7.85	2/24
7		Kendra KRICHBAUM	JR	#2 Ohio Northern	{2} 8.00	2/24
8		Mia SCOTT	JR	#3 John Carroll	{2} 8.03	2/24
8		Kylee SCHAFER	JR	#6 Wilmington (Ohi	8.03	2/16
10		Monica CLARK	FR	#1 Mount Union	{3} 8.07	2/24

Women's 60 Meter Hurdles

1	44	Olyvia ASHBROOK	JR	#2 Ohio Northern	9.05	2/24
2	56	Genevieve ARNOLD	SR	#3 John Carroll	9.11	2/24
3		McKenzie CHINE	JR	#1 Mount Union	9.31	2/10
4		Natasha ZAHURSKY	JR	#1 Mount Union	{2} 9.33	2/3
5		Olivia BEAN	SR	#7 Heidelberg	9.42	12/8
6		Maria DA CUNHA	SO	#10 Capital	9.58	2/24
7		Rosie SCHROEDER	SR	#2 Ohio Northern	{2} 9.64	12/1
8		Kilikina SCHULTZ	SO	#9 Muskingum	9.67	2/16
9		Lexi WACHTMAN	JR	#7 Heidelberg	{2} 9.68	2/10
10		Paige KLINGENSMITH	FR	#1 Mount Union	{3} 9.87	12/1

Women's 200 Meters

1	3	Kenadee WAYT	SR	#1 Mount Union	24.47c	(24.85f) 2/24
2	23	Abby COLLIER	JR	#4 Baldwin Wallace	25.03c	(25.41f) 2/24
3	33	Madison MILES	JR	#1 Mount Union	{2} 25.19c	(25.58f) 2/24
4		Bri HAY	FR	#4 Baldwin Wallace	{2} 25.95c	(26.35f) 2/24
5		Genevieve ARNOLD	SR	#3 John Carroll	26.07c	(26.47f) 2/24
6		Paige SIMPSON	FR	#2 Ohio Northern	26.08c	(26.48f) 3/3
7		Lauren RONCONE	SR	#1 Mount Union	{3} 26.30 OT	2/3
8		Kylee SCHAFER	JR	#6 Wilmington (Ohi	26.33c	(26.74f) 2/2
9		Monica CLARK	FR	#1 Mount Union	{4} 26.45c	(26.86f) 2/17
10		Rosie MURRAY	SO	#3 John Carroll	{2} 26.48 OT	2/3

Women's 400 Meters

1	3	Kenadee WAYT	SR	#1 Mount Union	55.43c	(56.16f) 12/9
2	9	Madison MILES	JR	#1 Mount Union	{2} 56.19	2/10
3	17	Abby COLLIER	JR	#4 Baldwin Wallace	56.68 OT	2/3
4	23	Mary MASON	JR	#1 Mount Union	{3} 56.90c	(57.65f) 2/24
5		Elizabeth FUNKHOUSER	FR	#1 Mount Union	{4} 58.72c	(59.50f) 2/24
6		Haley COOK	JR	#6 Wilmington (Ohi	58.89c	(59.67f) 2/24
7		Halle COCHRAN	JR	#1 Mount Union	{5} 58.91c	(59.69f) 3/3
8		Ellie KITS MILLER	JR	#3 John Carroll	59.47c	(1:00.26f) 2/16
9		Michaela HIERONYMUS	SO	#8 Marietta	1:00.78c	(1:01.58f) 2/24
10		Rosie MURRAY	SO	#3 John Carroll	{2} 1:00.81	2/10

Women's 800 Meters

1	4	Hope MURPHY	SR	#4 Baldwin Wallace	2:10.02 OT	2/16
2	5	Mary MASON	JR	#1 Mount Union	2:10.32c	(2:11.82f) 3/3
3	34	Kenadee WAYT	SR	#1 Mount Union	{2} 2:13.82 OT	2/2
4	35	Claire EBERHARDT	SR	#3 John Carroll	2:14.07c	(2:15.61f) 3/3
5	39	Ellie KITS MILLER	JR	#3 John Carroll	{2} 2:14.64c	(2:16.19f) 2/24
6	78	Elizabeth FUNKHOUSER	FR	#1 Mount Union	{3} 2:16.80c	(2:18.37f) 2/24
7		Halle COCHRAN	JR	#1 Mount Union	{4} 2:18.09c	(2:19.68f) 2/24
8		Faith DUNCAN	SO	#6 Wilmington (Ohi	2:18.32c	(2:19.91f) 3/3
9		Annie HIGGINS	JR	#3 John Carroll	{3} 2:19.30c	(2:20.90f) 2/16
10		Taylor HENNESSY	FR	#1 Mount Union	{5} 2:19.60c	(2:21.21f) 2/24

Women's Mile

1	13	Hope MURPHY	SR	#4 Baldwin Wallace	4:54.79 OT	2/3
2	21	Faith DUNCAN	SO	#6 Wilmington (Ohi	4:56.48c	(4:59.41f) 2/16
3	37	Abby SCHROFF	SO	#3 John Carroll	4:58.59c	(5:01.54f) 3/3
4	77	Gianini VENUTO	SR	#1 Mount Union	5:04.41 OT	2/9
5		Abby MATTHEWS	JR	#2 Ohio Northern	5:06.98c	(5:10.01f) 3/3
6		Annie HIGGINS	JR	#3 John Carroll	{2} 5:11.90c	(5:14.98f) 2/24
7		Erin SMITH	SR	#1 Mount Union	{2} 5:12.56c	(5:15.65f) 2/24
8		AnnaSophia GOWER	FR	#2 Ohio Northern	{2} 5:13.00c	(5:16.09f) 1/27
9		Morgan EDWARDS	JR	#3 John Carroll	{3} 5:13.27 OT	2/10
10		Olesya MERTZ	SR	#2 Ohio Northern	{3} 5:15.86c	(5:18.98f) 2/10

Women's 3000 Meters

1	11	Hope MURPHY	SR	#4 Baldwin Wallace	9:41.37c	(9:46.35f) 3/2
2	19	Faith DUNCAN	SO	#6 Wilmington (Ohi	9:43.87 OT	2/9
3	92	AnnaSophia GOWER	FR	#2 Ohio Northern	10:10.61 OT	2/9
4		Gianini VENUTO	SR	#1 Mount Union	10:19.69 OT	2/3
5		Abby SCHROFF	SO	#3 John Carroll	10:20.25 OT	1/27
6		Morgan EDWARDS	JR	#3 John Carroll	{2} 10:20.86 OT	2/3
7		Samantha ROTH	SO	#2 Ohio Northern	{2} 10:26.14c	(10:31.50f) 2/24
8		Ashley HOCKSTOK	JR	#2 Ohio Northern	{3} 10:28.37c	(10:33.75f) 2/24
9		Erin SMITH	SR	#1 Mount Union	{2} 10:29.64 OT	2/3
10		Kennedy RADER	SO	#2 Ohio Northern	{4} 10:30.30c	(10:35.70f) 2/24

Women's 5000 Meters

1	77	Kennedy RADER	SO	#2 Ohio Northern	17:50.63 OT	2/9
2		Abby SCHROFF	SO	#3 John Carroll	17:59.22c	(18:07.48f) 2/24
3		Ashley HOCKSTOK	JR	#2 Ohio Northern	{2} 18:06.93c	(18:15.25f) 2/24
4		Samantha ROTH	SO	#2 Ohio Northern	{3} 18:07.45c	(18:15.77f) 2/24
5		Morgan EDWARDS	JR	#3 John Carroll	{2} 18:27.95c	(18:36.43f) 2/24
6		Sarah WELDON	JR	#3 John Carroll	{3} 18:33.16 OT	1/20
7		Megan VAPENIK	SR	#2 Ohio Northern	{4} 18:43.02 OT	2/9
8		Jasmine ARNOLD	JR	#1 Mount Union	18:47.07 OT	2/3
9		Annie HIGGINS	JR	#3 John Carroll	{4} 18:49.34 OT	1/27
10		Ashley COOPER	SO	#1 Mount Union	{2} 19:11.96c	(19:20.78f) 2/24



Conference TFRI Event Summary



OAC

as of 3/4/2024 8:35:34 PM ET

Women's 4x400 Relay

1	2	Elizabeth Funkhouser, Mary Mason, Madison Miles, Kenadee Wayt	#1 Mount Union	3:47.27c (3:50.28f)	3/3
2	45	Abby Collier, Katurah Plecko, Morgan Aloï, Hope Murphy	#4 Baldwin Wallace	4:01.13c (4:04.33f)	2/24
3	70	Rosie Murray, Claire Eberhardt, Sara Gennuso, Ellie Kitsmiller	#3 John Carroll	4:04.99 OT	1/27
4	85	Lily Wolfe, Leah Heitkamp, Katelyn Messner, Olyvia Ashbrook	#2 Ohio Northern	4:07.78c (4:11.06f)	2/24
5	86	Liberty Bunting, Anna Lippiatt, Abigail Derry, Averi Wallace	#9 Muskingum	4:07.89c (4:11.18f)	2/24
6		Olivia Finke, Rachel Bollo, Genevieve Legawiec, Tashe Lee	#5 Otterbein	4:12.60c (4:15.95f)	2/24
7		Hanna Bauer, Elizabeth Mak, Claire Larger, Maria Da Cunha	#10 Capital	4:16.63c (4:20.03f)	2/24
8		Rylee Ritzhaupt, Reagan Ritzhaupt, Kylie Cope, Kenzie Fountain	#7 Heidelberg	4:17.64c (4:21.06f)	2/24
9		Kylee Schafer, Haley Cook, Hayden Setty, Kendal Staley	#6 Wilmington (Ohi	4:18.69c (4:22.12f)	2/24

Women's Distance Medley Relay

1	26	Claire Eberhardt, Rosie Murray, Ellie Kitsmiller, Abby Schroff	#3 John Carroll	12:04.58	2/10
2	38	Erin Smith, Kristen Walters, Leah Costello, Gianini Venuto	#1 Mount Union	12:23.66c (12:31.62f)	2/24
3	53	Abby Matthews, Leah Heitkamp, Kaitlin Prusnek, AnnaSophia Gower	#2 Ohio Northern	12:30.09c (12:38.12f)	2/24
4	66	Meghan Cory, Haley Cook, Hayden Setty, Faith Duncan	#6 Wilmington (Ohi	12:38.82c (12:46.95f)	2/24
5		#Type!	#5 Otterbein	13:03.95c (13:12.34f)	2/10
6		Kenzie Fountain, Reagan Ritzhaupt, Kylie Cope, Emily Pullano	#7 Heidelberg	13:07.40c (13:15.83f)	2/24
7		Elizabeth Mak, Hanna Bauer, Olivia Ellis, Paige Castello	#10 Capital	13:13.46c (13:21.96f)	2/24
8		Jaelyn Jaquay, Erica Bowers, Alanna Barnett, Katurah Plecko	#4 Baldwin Wallace	13:28.24c (13:36.90f)	2/24
9		Abigail Derry, Izabella Erlenbach, Alyssa Heinrichs, Caroline Kennel	#9 Muskingum	13:30.95c (13:39.63f)	2/24

Women's High Jump

1	13	Alexis WEBER	FR	#5 Otterbein	1.68m 5-6	1/20
2	28	Emma KLOSTERMAN	SR	#5 Otterbein {2}	1.65m 5-5	2/10
3	72	Lindsay WEININGER	SO	#2 Ohio Northern	1.60m 5-3	1/19
3	72	Rylee GORRELL	FR	#4 Baldwin Wallace	1.60m 5-3	2/16
5	87	Riley HEITKAMP	SO	#2 Ohio Northern {2}	1.59m 5-2½	2/24
5	87	Ellie FORD	SO	#2 Ohio Northern {2}	1.59m 5-2½	2/24
5	87	Toria INGALLS	JR	#2 Ohio Northern {2}	1.59m 5-2½	2/24
8		Laney DUFF	FR	#1 Mount Union	1.57m 5-1¾	2/17
9		Faith TIMKO	FR	#4 Baldwin Wallace {2}	1.56m 5-1¼	1/27
10		Marissa HILL	FR	#9 Muskingum	1.53m 5-¼	2/24
10		Sara GENNUSO	FR	#3 John Carroll	1.53m 5-¼	2/24

Women's Pole Vault

1	6	Claire SCHWELLER	SO	#2 Ohio Northern	3.90m 12-9½	3/3
2	9	Peyton PROFFITT	SO	#5 Otterbein	3.83m 12-6¾	2/17
3	14	Emily THOMPSON	SO	#8 Marietta	3.81m 12-6	2/10
4	38	Jessica MASON	FR	#1 Mount Union	3.57m 11-8½	2/24
5	54	Ellie FORD	SO	#2 Ohio Northern {2}	3.47m 11-4½	2/24
6	59	Kayla MCADAMS	SR	#1 Mount Union {2}	3.46m 11-4¼	2/10
7		Jaclyn BOARDMAN	JR	#2 Ohio Northern {3}	3.27m 10-8¾	2/24
8		Ashton CARROLL	JR	#8 Marietta {2}	3.25m 10-8	2/2
9		Annalyse AMES	FR	#1 Mount Union {3}	3.22m 10-6¾	2/17
10		Olivia OGG	SR	#2 Ohio Northern {4}	3.17m 10-4¾	2/24



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Women's Long Jump

1	10	Genevieve ARNOLD	SR	#3	John Carroll	5.71m	18-8¾	2/24
2	23	Lauren RONCONE	SR	#1	Mount Union	5.62m	18-5¼	12/9
3	39	Alexis WEBER	FR	#5	Otterbein	5.53m	18-1¾	1/27
4	41	Chloe GIBSON	JR	#2	Ohio Northern	5.51m	18-1	2/2
5		Kalie CAMPBELL	FR	#1	Mount Union	{2} 5.26m	17-3¼	2/17
6		Mackenzie DAVIS	FR	#1	Mount Union	{3} 5.23m	17-2	2/24
7		Olivia BEAN	SR	#7	Heidelberg	5.22m	17-1½	2/3
8		Emma FEHRMAN	JR	#8	Marietta	5.21m	17-1¼	2/2
9		Stacey LEGG	SO	#2	Ohio Northern	{2} 5.16m	16-11¼	2/2
10		Lexi WACHTMAN	JR	#7	Heidelberg	{2} 5.15m	16-10¾	2/3

Women's Triple Jump

1	30	Emma FEHRMAN	JR	#8	Marietta	11.52m	37-9½	2/24
2	40	Genevieve ARNOLD	SR	#3	John Carroll	11.44m	37-6½	2/24
3	74	Tori MILLER	SR	#3	John Carroll	{2} 11.14m	36-6¾	2/16
4		Lauryn WOLTERS	SO	#2	Ohio Northern	10.92m	35-10	2/24
5		Sara GENNUSO	FR	#3	John Carroll	{3} 10.88m	35-8½	2/3
6		Olivia BEAN	SR	#7	Heidelberg	10.74m	35-3	1/27
7		Chloe GIBSON	JR	#2	Ohio Northern	{2} 10.68m	35-½	2/17
8		Ashley BAKER	FR	#2	Ohio Northern	{3} 10.56m	34-7¾	2/24
9		Charlie DOLLIVER	SO	#5	Otterbein	10.44m	34-3	2/17
10		Emma KLOSTERMAN	SR	#5	Otterbein	{2} 10.35m	33-11½	2/24

Women's Shot Put

1	42	Makayla SITZLAR	SO	#1	Mount Union	13.11m	43-¼	2/24
2	47	Amyah CHOSA	FR	#4	Baldwin Wallace	13.06m	42-10¼	3/3
3	60	Izzy BURMAN	JR	#2	Ohio Northern	12.84m	42-1½	3/3
4	62	Makenna RUDY	FR	#1	Mount Union	{2} 12.79m	41-11½	2/24
5		Buzz KLINE	SR	#1	Mount Union	{3} 12.31m	40-4¾	2/24
6		Kenna JOHNSTON	JR	#1	Mount Union	{4} 12.12m	39-9¼	2/24
7		Samantha SELLERS	JR	#2	Ohio Northern	{2} 11.93m	39-1¾	2/2
8		Amelia LEWIN	FR	#7	Heidelberg	11.91m	39-1	2/10
9		Hannah FRIEND	JR	#2	Ohio Northern	{3} 11.83m	38-9¾	1/19
10		Anna BRADY	FR	#2	Ohio Northern	{4} 11.75m	38-6¾	2/10

Women's Weight Throw

1	15	Izzy BURMAN	JR	#2	Ohio Northern	17.90m	58-8¾	3/3
2	65	Buzz KLINE	SR	#1	Mount Union	15.77m	51-9	2/17
3		Emily TORRES	JR	#4	Baldwin Wallace	14.78m	48-6	2/3
4		Avrie O'NEIL	SO	#9	Muskingum	14.72m	48-3½	2/24
5		Cara JEWETT	JR	#3	John Carroll	14.58m	47-10	2/9
6		Ravyn GOODSON	JR	#5	Otterbein	14.44m	47-4½	2/24
7		Sarah HART	SO	#3	John Carroll	{2} 14.41m	47-3½	2/24
8		Hannah FRIEND	JR	#2	Ohio Northern	{2} 14.40m	47-3	2/17
9		Kaylee WAMPLER	JR	#1	Mount Union	{2} 14.14m	46-4¾	3/3
10		Lucy TROUT	SO	#6	Wilmington (Ohi	14.11m	46-3½	1/20

Women's Pentathlon

1		Charlie DOLLIVER	SO	#5	Otterbein	2,604	2/9
2		Amanda RADKE	SR	#5	Otterbein	{2} 2,558	2/9



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Women's 60 Meters

1	10	Natashe TATE	FR	#5 Virginia Wesleya	7.64	2/25
2	88	Aniya SEWARD	SR	#1 Lynchburg	7.87	2/25
3		Katelyn GAMBLE	JR	#2 Washington and	7.93	2/25
4		Julia HATHAWAY	SO	#5 Virginia Wesleya {2}	7.94	2/25
5		Janelle ANDERSON	JR	#4 Shenandoah	7.97	2/25
6		Jade BUCKLES	SO	#6 Bridgewater (Va.	8.02	2/25
7		Lyric HOGGARD	SO	#5 Virginia Wesleya {3}	8.04	2/25
8		Taylor POOLE	SR	#3 Roanoke	8.06	2/25
9		Adalia COLEMAN	JR	#6 Bridgewater (Va. {2}	8.07	2/10
10		Lindsey HOBIN	SO	#3 Roanoke {2}	8.08	2/17
10		Nalonda HENDERSON	FR	#3 Roanoke {2}	8.08	2/25

Women's 60 Meter Hurdles

1	6	Aniya SEWARD	SR	#1 Lynchburg	8.64	2/17
2	14	Betsy MOHNKERN	SR	#1 Lynchburg {2}	8.76	2/25
3	39	Rebecca CARR	FR	#3 Roanoke	9.00	2/17
4	63	Olivia VIERS	FR	#3 Roanoke {2}	9.13	2/25
5	66	Amanda ROMANO	JR	#2 Washington and	9.14	2/25
6		Aanykka JACKSON	JR	#5 Virginia Wesleya	9.29	1/19
7		Cammi WINSTON	SR	#3 Roanoke {3}	9.38	2/10
8		Lindsey HOBIN	SO	#3 Roanoke {4}	9.57	12/9
9		Paige TULENKO	JR	#2 Washington and {2}	9.68	2/25
10		Brooklyn WOOLWINE	FR	#3 Roanoke {5}	9.77	2/25

Women's 200 Meters

1	56	Natashe TATE	FR	#5 Virginia Wesleya	25.43	2/10
2	61	Haylee GAMBLE	SR	#3 Roanoke	25.45c (25.84f)	3/2
3		Summer WALLACE	FR	#6 Bridgewater (Va.	25.84c (26.24f)	2/25
4		Aniya SEWARD	SR	#1 Lynchburg	25.96	1/27
5		Betsy MOHNKERN	SR	#1 Lynchburg {2}	26.13c (26.53f)	2/25
6		Lindsey HOBIN	SO	#3 Roanoke {2}	26.19c (26.59f)	2/25
7		Eleanor HINCKLEY	JR	#3 Roanoke {3}	26.38c (26.79f)	2/25
7		Kennedy CHAPMAN	FR	#5 Virginia Wesleya {2}	26.38c (26.79f)	2/25
9		Vuronika BARNES	SR	#1 Lynchburg {3}	26.41c (26.82f)	2/10
10		Jade BUCKLES	SO	#6 Bridgewater (Va. {2}	26.47	2/3

Women's 400 Meters

1	94	Kaitlyn RUIZ	FR	#4 Shenandoah	58.55c (59.32f)	2/25
2		Haylee GAMBLE	SR	#3 Roanoke	59.34c (1:00.12f)	2/10
3		Vuronika BARNES	SR	#1 Lynchburg	59.47c (1:00.26f)	2/25
4		Amia BARNES	JR	#5 Virginia Wesleya	59.62	2/10
5		Jesma EVANS	SO	#2 Washington and	59.68c (1:00.47f)	2/25
6		Mikayla HEFFERON	SR	#3 Roanoke {2}	---c (1:00.79f)	2/25
7		Allison BOBST	SR	#1 Lynchburg {2}	1:00.13c (1:00.92f)	2/25
8		Lindsey HOBIN	SO	#3 Roanoke {3}	1:00.14c (1:00.93f)	2/25
9		Sarah SIDORO	SO	#4 Shenandoah {2}	1:00.16c (1:00.95f)	3/2
10		Jordynn PALETHORPE	JR	#2 Washington and {2}	1:00.68c (1:01.48f)	2/25

Women's 800 Meters

1		Hannah EDWARDS	FR	#1 Lynchburg	2:17.91	2/17
2		Ella CLINGENPEEL	FR	#5 Virginia Wesleya	2:20.10	2/10
3		Molly SILVA	JR	#1 Lynchburg {2}	2:20.78c (2:22.40f)	2/25
4		Lauren THOMAS	JR	#1 Lynchburg {3}	2:21.22c (2:22.84f)	2/25
5		Annalise WILLIAMS	FR	#1 Lynchburg {4}	2:22.88c (2:24.52f)	2/25
6		Amy OLEKSY	SO	#4 Shenandoah	2:23.85c (2:25.50f)	2/25
7		Emma NICELY	SR	#4 Shenandoah {2}	2:24.57c (2:26.23f)	2/25
8		Mackenzie PLOWMAN	JR	#4 Shenandoah {3}	2:24.73c (2:26.39f)	2/25
9		Madeline LOTT	JR	#4 Shenandoah {4}	2:25.49c (2:27.16f)	2/10
10		Brenna LUCZAK	FR	#2 Washington and	2:26.10c (2:27.78f)	2/17

Women's Mile

1	59	Kayla WERNER	FR	#1 Lynchburg	5:01.92c (5:04.90f)	2/25
2	81	Mackenzie YOUNG	SR	#6 Bridgewater (Va.	5:04.95c (5:07.96f)	2/25
3	96	Lauren MASSEY	SR	#1 Lynchburg {2}	5:05.76c (5:08.78f)	2/25
4		Molly SILVA	JR	#1 Lynchburg {3}	5:08.00	1/27
5		Makenna THRUSH	JR	#4 Shenandoah	5:09.58	2/2
6		Courtney DRUMM	SR	#1 Lynchburg {4}	5:09.78	1/27
7		Sophia BRESCHI	SO	#2 Washington and	5:12.27c (5:15.36f)	2/25
8		Reese BROWN	FR	#2 Washington and {2}	5:19.10	1/27
9		Emily SANBURY	SO	#2 Washington and {3}	5:19.33	2/2
10		Kristen WERNER	FR	#1 Lynchburg {5}	5:20.73c (5:23.90f)	2/10

Women's 3000 Meters

1	15	Kayla WERNER	FR	#1 Lynchburg	9:41.70c (9:46.68f)	3/2
2	32	Courtney DRUMM	SR	#1 Lynchburg {2}	9:52.08	2/17
3	76	Allison DELL	SO	#1 Lynchburg {3}	10:06.34	1/27
4		Lauren MASSEY	SR	#1 Lynchburg {4}	10:12.79	1/27
5		Claire HAMLET	JR	#2 Washington and	10:13.74c (10:19.00f)	2/17
6		Makenna THRUSH	JR	#4 Shenandoah	10:20.19c (10:25.50f)	3/2
7		Mackenzie YOUNG	SR	#6 Bridgewater (Va.	10:22.41c (10:27.74f)	2/10
8		Sarah JAMES	SO	#1 Lynchburg {5}	10:24.60	1/27
9		Madeline LOTT	JR	#4 Shenandoah {2}	10:24.74c (10:30.09f)	12/3
10		Sophia BRESCHI	SO	#2 Washington and {2}	10:26.91	2/3

Women's 5000 Meters

1	24	Allison DELL	SO	#1 Lynchburg	17:05.76c (17:13.61f)	3/2
2	56	Courtney DRUMM	SR	#1 Lynchburg {2}	17:42.35c (17:50.48f)	2/25
3	100	Mackenzie YOUNG	SR	#6 Bridgewater (Va.	17:56.82c (18:05.06f)	2/25
4		Elise MOLINARO	JR	#2 Washington and	18:06.17c (18:14.48f)	2/25
5		Emily SMEDS	JR	#6 Bridgewater (Va. {2}	18:08.87c (18:17.20f)	2/25
6		Claire HAMLET	JR	#2 Washington and {2}	18:11.86	2/3
7		Makenna THRUSH	JR	#4 Shenandoah	18:20.90c (18:29.33f)	2/25
8		Jenna WEAVER	JR	#7 Eastern Mennon	18:40.88c (18:49.46f)	2/25
9		Jordan DIRISIO	FR	#1 Lynchburg {3}	18:43.26	1/27
10		Lucy UNZICKER	SR	#7 Eastern Mennon {2}	18:47.48c (18:56.11f)	2/25



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Women's 4x400 Relay

1	35	Betsy Mohnkern, Vuronika Barnes, Hannah Edwards, Allison Bobst	#1 Lynchburg	3:59.09c (4:02.26f)	2/25
2	41	Paige Tulenko, Amanda Romano, Jesma Evans, Jordynn Palethorpe	#2 Washington and	4:00.58c (4:03.77f)	2/17
3	50	Lindsey Hobin, Ophelia Ladner, Maryrose Molina- Shuman, Haylee Gamble	#3 Roanoke	4:01.82c (4:05.03f)	2/25
4	81	Sarah Sidor, Haley Van Voorhis, Mackenzie Plowman, Kaitlyn Ruiz	#4 Shenandoah	4:06.76c (4:10.03f)	2/25
5		Jennifer Moore, Patrice Forcey, Tatianna Langston, Jessica Taylor	#8 Randolph	4:12.55c (4:15.90f)	2/25
6		Amia Barnes, Tijjah Mosley, Kiera Coleman, Ella Clingenpeel	#5 Virginia Wesleya	4:15.31c (4:18.69f)	2/25
7		Angel David, Vanessa Gardiner, Faith Schultz, Elili Asefa	#7 Eastern Mennon	4:23.48c (4:26.97f)	2/25
8		Jazmine Patterson, Ayeshia Watson, Gracie Barron, Dawn Forrest	#9 Hollins	4:37.17c (4:40.85f)	2/25
9		Trina Lewis, Alexandria Prillaman, Jordan Booker, Sarah Crawford	#11 Ferrum	4:52.34c (4:56.22f)	2/25

Women's Distance Medley Relay

1	73	Kristen Werner, Lauren Thomas, Annalise Williams, Kayla Werner	#1 Lynchburg	12:42.45c(12:50.61f)	2/25
2		Madeline Lotts, Sarah Sidor, Mackenzie Plowman, Makenna Thrush	#4 Shenandoah	12:56.74c(13:05.06f)	2/25
3		Sophia Breschi, Sofia Petrucelli, Emilee Becker, Emily Sansbury	#2 Washington and	12:58.00	1/20
4		Elili Asefa, Angel David, Vanessa Gardiner, Halie Mast	#7 Eastern Mennon	13:17.50c(13:26.04f)	2/25
5		Kiera Coleman, Amia Barnes, Ella Clingenpeel, Cecelia Aten	#5 Virginia Wesleya	13:27.92c(13:36.57f)	2/25
6		Allie Gallaher, Maryrose Molina- Shuman, Evelyn MaGee, Vendela Svaerd	#3 Roanoke	13:30.69c(13:39.37f)	2/25
7		Sara Fuentes, Patrice Forcey, Jennifer Moore, Jessica Taylor	#8 Randolph	14:03.78c(14:12.82f)	2/25
8		Molly Williamson, Grace Howell, Izzy Green, Sarah Earle	#6 Bridgewater (Va.	14:50.06	2/3
9		Sylvia Guillet, Holly Hylton, Dawn Forrest, Gracie Barron	#9 Hollins	15:33.72c(15:43.72f)	2/25

Women's High Jump

1	13	Katya HOOVER	JR	#4 Shenandoah	1.68m	5-6	2/25
1	13	Kaitlyn NGUYEN	SR	#3 Roanoke	1.68m	5-6	2/10
3	40	Kim RODEN	SO	#3 Roanoke	{2} 1.63m	5-4¼	12/9
4	47	Camille GILLUM	SO	#2 Washington and	1.62m	5-3¾	2/4
4	47	Rebecca CARR	FR	#3 Roanoke	{3} 1.62m	5-3¾	2/25
6		Kaia BEDDOWS	FR	#2 Washington and	{2} 1.57m	5-1¾	1/27
6		Norah CIANO	JR	#5 Virginia Wesleya	1.57m	5-1¾	1/19
8		Margo FOX	SO	#1 Lynchburg	1.53m	5-¼	12/1
9		Natalie MOORE	SO	#10 Guilford	1.52m	4-11¾	2/3
10		Summer WALLACE	FR	#6 Bridgewater (Va.	1.51m	4-11½	2/25
10		Faith SCHULTZ	FR	#7 Eastern Mennon	1.51m	4-11½	12/3



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Women's Pole Vault

1	37	Allison BOBST	SR	#1 Lynchburg	3.58m	11-9	2/25
2	50	Ashley D'AMBROSIA	JR	#2 Washington and	3.48m	11-5	2/25
3		Abby CHOLEWA	FR	#2 Washington and {2}	3.30m	10-9¾	2/17
3		Cameron WEBER	FR	#1 Lynchburg {2}	3.30m	10-9¾	1/12
5		Anna STAFFORD	SR	#3 Roanoke	3.05m	10-0	1/20
6		Sofia IUTERI	FR	#2 Washington and {3}	3.02m	9-10¾	2/4
7		Alyssa TONETTI	FR	#1 Lynchburg {3}	3.00m	9-10	2/10
8		Tasha MILLER	SO	#3 Roanoke {2}	2.90m	9-6¼	12/9
9		Kailee FRANKLIN	SR	#7 Eastern Mennon	2.75m	9-¼	12/3
10		Elise KANN	FR	#4 Shenandoah	2.30m	7-6½	12/3

Women's Long Jump

1	54	Aniya SEWARD	SR	#1 Lynchburg	5.47m	17-11½	1/12
2		Summer WALLACE	FR	#6 Bridgewater (Va.	5.27m	17-3½	2/25
3		Alexis HUBBARD	JR	#4 Shenandoah	5.25m	17-2¾	2/25
3		Julia HATHAWAY	SO	#5 Virginia Wesleya	5.25m	17-2¾	1/12
3		J'Quaycia BROWN	SR	#6 Bridgewater (Va.{2}	5.25m	17-2¾	2/25
6		Madelyn VENABLE	JR	#2 Washington and	5.19m	17-½	2/25
7		Kaia BEDDOWS	FR	#2 Washington and {2}	5.18m	17-0	2/25
8		Lyric HOGGARD	SO	#5 Virginia Wesleya {2}	5.17m	16-11½	2/25
9		Mackenzie MORANTE	FR	#2 Washington and {3}	5.11m	16-9¼	1/27
10		Kennedy CHAPMAN	FR	#5 Virginia Wesleya {3}	5.09m	16-8½	1/12

Women's Triple Jump

1	17	Aniya SEWARD	SR	#1 Lynchburg	11.76m	38-7	2/10
2	27	Kacey KELLY	SO	#1 Lynchburg {2}	11.61m	38-1¼	1/27
3	33	Ayeshia WATSON	FR	#9 Hollins	11.50m	37-8¾	2/25
4	84	Mackenzie MORANTE	FR	#2 Washington and	11.07m	36-4	2/25
5		Angel DAVID	FR	#7 Eastern Mennon	10.96m	35-11½	1/27
6		Kaia BEDDOWS	FR	#2 Washington and {2}	10.94m	35-10¾	1/27
7		Kiara SMITH	JR	#1 Lynchburg {3}	10.80m	35-5¼	2/25
8		Olivia BATES	SO	#6 Bridgewater (Va.	10.73m	35-2½	2/25
9		Jade BUCKLES	SO	#6 Bridgewater (Va.{2}	10.64m	34-11	2/25
10		Cammi WINSTON	SR	#3 Roanoke	10.60m	34-9½	2/25

Women's Shot Put

1	50	Abby MIKOLAY	FR	#6 Bridgewater (Va.	12.95m	42-6	2/25
2		Grace FOWLER	SR	#3 Roanoke	12.33m	40-5½	2/25
3		Kiara FELSTON	SR	#4 Shenandoah	12.15m	39-10½	3/2
4		Logan BABBS	JR	#1 Lynchburg	12.07m	39-7¼	2/25
5		Kenzie SWICEGOOD	FR	#1 Lynchburg {2}	11.67m	38-3½	2/25
6		Mackenzie SWANSON	SO	#5 Virginia Wesleya	11.52m	37-9½	2/4
7		Olivia BERTSON	SR	#2 Washington and	11.26m	36-11½	2/25
8		Daryl TUCKER	SO	#5 Virginia Wesleya {2}	11.24m	36-10½	2/4
9		Jessica RENDFREY	JR	#4 Shenandoah {2}	11.22m	36-9¾	12/3
10		Bailey HEDGEMON	SO	#2 Washington and {2}	11.16m	36-7½	2/17

Women's Weight Throw

1	9	Kiara FELSTON	SR	#4 Shenandoah	18.24m	59-10¼	2/25
2	22	Logan BABBS	JR	#1 Lynchburg	17.35m	56-11¼	3/2
3	50	Grace FOWLER	SR	#3 Roanoke	16.15m	53-0	2/25
4	76	Bailey HEDGEMON	SO	#2 Washington and	15.43m	50-7½	2/17
5		Quinlin ZUNK	JR	#2 Washington and {2}	14.79m	48-6¼	2/25
6		Abby MIKOLAY	FR	#6 Bridgewater (Va.	14.62m	47-11¾	2/17
7		Brianna MORGAN	SO	#6 Bridgewater (Va.{2}	14.49m	47-6½	2/25
8		Kiersten ALLING	FR	#8 Randolph	14.26m	46-9½	1/20
9		Daryl TUCKER	SO	#5 Virginia Wesleya	14.00m	45-11¼	12/2
10		Jessica RENDFREY	JR	#4 Shenandoah {2}	13.99m	45-10¾	2/25

Women's Pentathlon

1	72	Margo FOX	SO	#1 Lynchburg	2,829		12/1
2		Anna MILLER	FR	#1 Lynchburg {2}	2,367		12/1
3		Jessica TAYLOR	FR	#8 Randolph	2,252		12/9



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Women's 60 Meters

1	57	Jessica FATIGATI	SR	#1 Westminster (Pa)	7.80	2/22
2	81	Emma RUDOLPH	SR	#1 Westminster (Pa){2}	7.86	2/22
3		Jada BENJAMIN	SO	#9 Bethany (W.Va.)	7.99	2/17
4		Saige MUSSER	JR	#5 Geneva	8.03	2/22
5		Madison CONLEY	SR	#1 Westminster (Pa){3}	8.06	2/22
6		Zoe ROMANOWSKI	SR	#2 Allegheny (Pa.)	8.15	12/2
7		Carolyn COLTERYAHN	JR	#3 Grove City	8.16	12/1
8		Anna STROUP	JR	#4 Washington & Je	8.21	2/22
9		Kara YAUKEY	FR	#10 Waynesburg	8.27	2/22
10		Breannnda DAVIS	SR	#1 Westminster (Pa){4}	8.29	2/22

Women's 60 Meter Hurdles

1	88	Anna STROUP	JR	#4 Washington & Je	9.23	2/22
2		Sarah SCHNEIDER	SO	#4 Washington & Je{2}	9.32	2/22
3		Breannnda DAVIS	SR	#1 Westminster (Pa)	9.40	2/22
4		Caroline KOZERA	FR	#7 Saint Vincent	9.45	3/2
5		Jadyn HARTNER	JR	#4 Washington & Je{3}	9.47	2/22
6		Clara SYMINGTON	SO	#6 Franciscan	9.53	2/16
7		Shelby RAMBO	SO	#1 Westminster (Pa){2}	9.63	2/22
8		Tamyah RAY	SO	#1 Westminster (Pa){3}	9.92	2/22
9		Rosa MONARCH	FR	#2 Allegheny (Pa.)	9.94	1/20
10		Ryann ESSEY	SO	#1 Westminster (Pa){4}	10.12	2/16

Women's 200 Meters

1	75	Jessica FATIGATI	SR	#1 Westminster (Pa)	25.55 OT	2/22
2		Emma RUDOLPH	SR	#1 Westminster (Pa){2}	26.20 OT	2/22
3		Saige MUSSER	JR	#5 Geneva	26.86 OT	2/22
4		Breannnda DAVIS	SR	#1 Westminster (Pa){3}	26.89 OT	2/22
5		Zoe ROMANOWSKI	SR	#2 Allegheny (Pa.)	26.98 OT	2/22
6		Jada BENJAMIN	SO	#9 Bethany (W.Va.)	27.33c (27.75f)	2/17
7		Sarah SCHNEIDER	SO	#4 Washington & Je	27.38 OT	2/22
8		Miranda GUTHRIE	SR	#7 Saint Vincent	27.45 OT	2/22
9		Ella RISHELL	FR	#10 Waynesburg	27.47 OT	2/22
10		Carolyn COLTERYAHN	JR	#3 Grove City	27.52 OT	12/1

Women's 400 Meters

1		Rebecca BOLSTER	SO	#6 Franciscan	1:00.21 OT	2/22
2		Renee TETLOW	SO	#2 Allegheny (Pa.)	1:00.84 OT	2/22
3		Breannnda DAVIS	SR	#1 Westminster (Pa)	1:00.85 OT	2/22
4		Lauren DOSCH	FR	#6 Franciscan {2}	1:01.00c (1:01.81f)	2/16
5		Zoe ROMANOWSKI	SR	#2 Allegheny (Pa.) {2}	1:01.27c (1:02.08f)	12/2
6		Logan WAGNER	SO	#2 Allegheny (Pa.) {3}	1:01.46c (1:02.27f)	1/27
7		Caitlyn GOODRICH	SR	#1 Westminster (Pa){2}	1:02.74 OT	2/22
8		Celia COCCA	JR	#2 Allegheny (Pa.) {4}	1:02.84c (1:03.67f)	2/2
9		Jadyn HARTNER	JR	#4 Washington & Je	1:02.87c (1:03.70f)	2/16
10		Brooklen HELTON	FR	#5 Geneva	1:02.88 OT	2/22

Women's 800 Meters

1	30	Lauren DOSCH	FR	#6 Franciscan	2:13.34c (2:14.87f)	3/3
2	64	Lydia BENNETT	JR	#3 Grove City	2:16.15c (2:17.72f)	3/2
3	72	Hailey CARROLL	SO	#5 Geneva	2:16.47 OT	2/22
4		Jessica CAMPBELL	JR	#6 Franciscan {2}	2:19.21 OT	2/10
5		Celia COCCA	JR	#2 Allegheny (Pa.)	2:19.77 OT	2/22
6		Claire ANDERSON	SO	#4 Washington & Je	2:20.84 OT	2/10
7		Miranda CINCOTTA	FR	#7 Saint Vincent	2:21.09 OT	2/3
8		Cassie CARR	JR	#4 Washington & Je{2}	2:21.31c (2:22.94f)	1/20
9		Renee TETLOW	SO	#2 Allegheny (Pa.) {2}	2:22.24 OT	2/10
10		Audrey KARWOWSKI	SO	#3 Grove City {2}	2:22.82 OT	1/19

Women's Mile

1	19	Claire ANDERSON	SO	#4 Washington & Je	4:56.11c (4:59.04f)	3/2
2	48	Lydia BENNETT	JR	#3 Grove City	5:00.23c (5:03.20f)	3/2
3	66	Hailey CARROLL	SO	#5 Geneva	5:03.06 OT	2/22
4		Miranda CINCOTTA	FR	#7 Saint Vincent	5:12.37 OT	2/10
5		Lauren DOSCH	FR	#6 Franciscan	5:16.15 OT	1/27
6		Grace SMITH	JR	#3 Grove City {2}	5:16.67c (5:19.80f)	2/17
7		Nelly STAFFORD	JR	#2 Allegheny (Pa.)	5:18.55c (5:21.70f)	3/2
8		Maria GILLES	SO	#4 Washington & Je{2}	5:20.11 OT	2/22
9		Jessica CAMPBELL	JR	#6 Franciscan {2}	5:20.20c (5:23.36f)	2/16
10		Marrin CRIST	JR	#2 Allegheny (Pa.) {2}	5:22.93 OT	2/10

Women's 3000 Meters

1		Cassie CARR	JR	#4 Washington & Je	10:11.82c (10:17.06f)	1/13
2		Grace SMITH	JR	#3 Grove City	10:13.72c (10:18.98f)	3/2
3		Claire ANDERSON	SO	#4 Washington & Je{2}	10:16.76 OT	2/22
4		Claire WALTERS	SR	#6 Franciscan	10:41.15 OT	2/10
5		Kristen PRINCE	SO	#7 Saint Vincent	10:45.42 OT	2/10
6		Nelly STAFFORD	JR	#2 Allegheny (Pa.)	10:46.41 OT	2/10
7		Marrin CRIST	JR	#2 Allegheny (Pa.) {2}	10:47.39c (10:52.94f)	1/27
8		Jessica CAMPBELL	JR	#6 Franciscan {2}	10:54.78 OT	1/27
9		Shyann RULANDER	FR	#2 Allegheny (Pa.) {3}	11:00.48 OT	2/22
10		Maria GILLES	SO	#4 Washington & Je{3}	11:05.51c (11:11.21f)	1/27

Women's 5000 Meters

1	61	Claire ANDERSON	SO	#4 Washington & Je	17:44.51 OT	1/27
2		Cassie CARR	JR	#4 Washington & Je{2}	18:03.84c (18:12.14f)	12/2
3		Hailey CARROLL	SO	#5 Geneva	18:15.35 OT	12/1
4		Kristen PRINCE	SO	#7 Saint Vincent	18:40.66 OT	2/3
5		Marrin CRIST	JR	#2 Allegheny (Pa.)	18:54.07 OT	2/22
6		Grace REID-VENSEL	FR	#4 Washington & Je{3}	19:30.76 OT	2/22
7		Grace TANKSLEY	SO	#10 Waynesburg	19:34.76 OT	2/22
8		Jessica CAMPBELL	JR	#6 Franciscan	19:46.46 OT	12/1
9		Genevieve FELTMEYER	SR	#2 Allegheny (Pa.) {2}	19:53.02 OT	2/22
10		Catherine O'DONNELL	JR	#5 Geneva {2}	19:57.97c (20:07.14f)	1/13



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Women's 4x400 Relay

1	78 Rebecca Bolster, Lauren Dosch, Clara Symington, Jessica Campbell	#6 Franciscan	4:06.52 OT	2/10
2	Tamyah Ray, Caitlyn Goodrich, Jessica Fatigati, Abigail Painter	#1 Westminster (Pa)	4:10.68 OT	1/27
3	Celia Cocca, Logan Wagner, Renee Tetlow, Skye Kramer	#2 Allegheny (Pa.)	4:12.76c (4:16.11f)	1/27
4	Carolyn Colteryahn, Cayla Lawrence, Annie Hermann, Lydia Bennett	#3 Grove City	4:13.34 OT	2/22
5	Rachel Blessing, Hailey Carroll, Madison Castro, Brooklen Helton	#5 Geneva	4:21.09 OT	2/3
6	Molly Standing, Camryn Noll, Piper Young, Kendall Sirignano	#8 Chatham	4:23.83 OT	2/22
7	Lily Murphy, Miranda Cincotta, Cassy Lanza, Grace Scoville	#7 Saint Vincent	4:30.12c (4:33.70f)	1/27
8	Chloe Locastro, Jadyn Hartner, Genevieve Ruth, Claire Anderson	#4 Washington & Je	4:33.83c (4:37.46f)	1/20
9	Ella Boothe, Erin DeLong, Jaylene Mundorff, Chloe Fields	#10 Waynesburg	4:51.15c (4:55.01f)	2/3

Women's Distance Medley Relay

1	33 Kaylynn Johnson, Annie Hermann, Cayla Lawrence, Lydia Bennett	#3 Grove City	12:16.38c (12:24.27f)	3/2
2	67 Cassy Lanza, Miranda Guthrie, Lily Murphy, Miranda Cincotta	#7 Saint Vincent	12:38.87c (12:47.00f)	3/2
3	86 Maria Gilles, Jadyn Hartner, Cali LaRue, Claire Anderson	#4 Washington & Je	12:48.41 OT	2/22
4	99 Madison Castro, Jordann Hicks, Anna Castro, Hailey Carroll	#5 Geneva	12:53.01 OT	2/22
5	Renee Tetlow, Skye Kramer, Sam Oakes, Nelly Stafford	#2 Allegheny (Pa.)	13:20.55c (13:29.12f)	1/27
6	Sylvia Tsarnas, Abigail Painter, Kady Alexander, Monica Curtis	#1 Westminster (Pa)	13:41.48 OT	2/22
7	Ella Boothe, Gabrielle Reifsnnyder, Lilly Ryer, Grace Tanksley	#10 Waynesburg	13:54.02c (14:02.95f)	1/27
8	Madalyn Semmler, Ava Kidder, Lillianna Briscoe, Hannah Jones	#11 Thiel	13:54.41 OT	2/22
9	Camryn Noll, Kendall Sirignano, Adrian David, Piper Young	#8 Chatham	14:35.99c (14:45.37f)	1/13

Women's High Jump

1	40 Aurielle BRUNNER	JR	#8 Chatham	1.63m	5-4¼	2/9
2	47 Breannnda DAVIS	SR	#1 Westminster (Pa)	1.62m	5-3¾	2/3
3	61 Elly BRUNER	FR	#3 Grove City	1.61m	5-3¼	2/22
3	61 Katie BALLER	SR	#3 Grove City	1.61m	5-3¼	2/22
5	Jadyn HARTNER	JR	#4 Washington & Je	1.53m	5-¼	2/22
6	Kendall CODDINGTON	FR	#3 Grove City	{3} 1.52m	4-11¾	1/27
7	Reagan SMITH	FR	#1 Westminster (Pa){2}	1.48m	4-10¼	2/22
8	Delfina VIVIAN	JR	#9 Bethany (W.Va.)	1.47m	4-9¾	2/17
8	Daphne ALEXANDER	FR	#5 Geneva	1.47m	4-9¾	2/10
10	Tori STEWART	JR	#3 Grove City	{4} 1.43m	4-8¼	2/22
10	Jonna BUTCHER	FR	#10 Waynesburg	1.43m	4-8¼	2/22
10	Madison DONELSON	FR	#9 Bethany (W.Va.) {2}	1.43m	4-8¼	2/22

Women's Pole Vault

1	3 Emma RUDOLPH	SR	#1 Westminster (Pa)	4.03m	13-2½	2/16
2	20 Madison CONLEY	SR	#1 Westminster (Pa){2}	3.77m	12-4½	2/22
3	47 Missy TREHARN	SO	#1 Westminster (Pa){3}	3.52m	11-6½	2/22
4	89 Corinne INKLEY	FR	#2 Allegheny (Pa.)	3.35m	10-11¾	1/27
5	Kimbria LANCE	JR	#6 Franciscan	3.15m	10-4	2/16
6	Aliyah HILLMAN	SO	#5 Geneva	2.77m	9-1	2/22
6	Jessica ROSS	FR	#8 Chatham	2.77m	9-1	2/22
8	Kara YAUKEY	FR	#10 Waynesburg	2.71m	8-10¾	1/27
9	Amanda MCGURK	FR	#3 Grove City	2.64m	8-8	1/27
10	Carmella RYAN	FR	#1 Westminster (Pa){4}	2.62m	8-7	2/22



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Women's Long Jump

1	7	Aurielle BRUNNER	JR	#8 Chatham	5.85m	19-2½	2/9
2		Sarah SCHNEIDER	SO	#4 Washington & Je	5.14m	16-10½	2/22
3		Jadyn HARTNER	JR	#4 Washington & Je{2}	5.12m	16-9¾	2/22
4		Emma PARNELL	SO	#5 Geneva	5.09m	16-8½	2/22
5		Breannnda DAVIS	SR	#1 Westminster (Pa	5.06m	16-7¼	2/22
5		Aubryanna SNYDER	FR	#2 Allegheny (Pa.)	5.06m	16-7¼	12/2
7		Elly BRUNER	FR	#3 Grove City	5.00m	16-5	2/22
8		Rebecca VEZZOSI	FR	#3 Grove City	{2} 4.93m	16-2¼	2/22
9		Victoria LEAK	FR	#3 Grove City	{3} 4.92m	16-1¾	12/1
10		Alexis MCFADDEN	JR	#11 Thiel	4.77m	15-7¾	2/9

Women's Triple Jump

1	44	Aurielle BRUNNER	JR	#8 Chatham	11.38m	37-4	2/9
2		Emma PARNELL	SO	#5 Geneva	10.70m	35-1¼	2/22
3		Alexis MCFADDEN	JR	#11 Thiel	10.60m	34-9½	2/22
4		Breannnda DAVIS	SR	#1 Westminster (Pa	10.43m	34-2¾	2/22
5		Savannah SEVACKO	JR	#4 Washington & Je	10.42m	34-2¼	2/22
6		Aubryanna SNYDER	FR	#2 Allegheny (Pa.)	10.38m	34-¾	2/22
7		Elly BRUNER	FR	#3 Grove City	10.25m	33-7½	2/9
8		Clarissa MILLER	SR	#2 Allegheny (Pa.)	{2} 10.08m	33-1	2/22
9		Ella RISHELL	FR	#10 Waynesburg	10.04m	32-11¼	2/9
10		Kaya SKINNER	JR	#1 Westminster (Pa){2}	9.98m	32-9	2/22

Women's Shot Put

1	73	Lexi SHIDERLY	JR	#1 Westminster (Pa	12.60m	41-4¼	1/27
2		Emma MILLER	JR	#2 Allegheny (Pa.)	12.10m	39-8½	2/22
3		Laila DAVIS	JR	#2 Allegheny (Pa.)	{2} 11.92m	39-1¼	3/2
4		Megan WISE	SO	#3 Grove City	11.81m	38-9	2/22
5		Shelby RAMBO	SO	#1 Westminster (Pa){2}	11.76m	38-7	2/22
6		Anna Rose SAYLES	SR	#3 Grove City	{2} 11.35m	37-3	2/9
7		Paige COTTON	SR	#3 Grove City	{3} 11.20m	36-9	2/22
8		Sophia MCCONN	SO	#8 Chatham	11.17m	36-7¾	2/22
9		Alexis MAHAFFEY	JR	#9 Bethany (W.Va.)	11.11m	36-5½	2/17
10		Angie BAWEK	FR	#2 Allegheny (Pa.)	{3} 11.09m	36-4¾	1/20

Women's Weight Throw

1	49	Laila DAVIS	JR	#2 Allegheny (Pa.)	16.16m	53-¼	2/22
2	100	Alexis MAHAFFEY	JR	#9 Bethany (W.Va.)	15.05m	49-4½	2/22
3		Allison STANDISH	SO	#5 Geneva	14.07m	46-2	2/22
4		Emma MILLER	JR	#2 Allegheny (Pa.)	{2} 13.88m	45-6½	2/22
5		Danika SUDAR	JR	#3 Grove City	13.75m	45-1½	2/17
6		Caitlyn FAUST	SR	#2 Allegheny (Pa.)	{3} 13.50m	44-3½	2/22
7		Rachel BRADY	SO	#1 Westminster (Pa	13.30m	43-7¾	2/9
8		Lexi SHIDERLY	JR	#1 Westminster (Pa){2}	13.17m	43-2½	2/22
9		Jacqueline DIGIACOMO	SO	#2 Allegheny (Pa.)	{4} 12.99m	42-7½	2/22
10		Morgan PENDER	SO	#4 Washington & Je	11.91m	39-1	2/16

Women's Pentathlon

1	28	Breannnda DAVIS	SR	#1 Westminster (Pa	3,226	3/2
2		Ryann ESSEY	SO	#1 Westminster (Pa){2}	2,427 OT	2/3
3		Tamyah RAY	SO	#1 Westminster (Pa){3}	2,116 OT	2/3
4		Victoria LEAK	FR	#3 Grove City	1,713 OT	2/3



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Women's 60 Meters

1	17	Olivia FREEMAN	SO	#3 Rhodes	7.67	1/14
2	50	Madjo DOUMBIA	JR	#1 Centre	7.79	2/17
3	71	Jasmine CLAUNCH	SR	#1 Centre	{2} 7.84	2/10
4		Aubrey GUYDEN	SO	#4 Oglethorpe	7.97	12/1
5		Chloe HEIN	FR	#1 Centre	{3} 7.99	1/20
6		Kirsten WRIGHT	FR	#4 Oglethorpe	{2} 8.08	12/1
7		Evan THOMAS	FR	#4 Oglethorpe	{3} 8.13	2/24
8		Mallory JACKSON	FR	#7 Birmingham-Sou	8.19	2/24
9		Amari ROBINSON	FR	#1 Centre	{4} 8.21	2/24
10		Grace SCOWDEN	SR	#3 Rhodes	{2} 8.24	2/24

Women's 60 Meter Hurdles

1	91	Emily THOMPSON	SR	#2 Berry	9.24	2/24
2		Macy MURDOCK	SO	#2 Berry	{2} 9.59	2/10
3		Josie LOGGINS	SO	#2 Berry	{3} 9.67	2/24
4		Megan WEILMUNSTER	JR	#3 Rhodes	9.75	1/14
5		Callie GORMLEY	JR	#1 Centre	9.78	12/2
6		Joyner JIKANG	FR	#1 Centre	{2} 9.92	12/2
7		Esther LAMB	SR	#3 Rhodes	{2} 10.20	2/24
8		Janea BOTTINELLI	JR	#1 Centre	{3} 10.28	2/24
9		Jocelyn COVANEY	JR	#6 Univ. of the Sout	10.44	2/24
10		Kiyah KING	FR	#1 Centre	{4} 10.63	12/2

Women's 200 Meters

1	28	Madjo DOUMBIA	JR	#1 Centre	25.15c	(25.54f) 3/2
2	29	Olivia FREEMAN	SO	#3 Rhodes	25.16c	(25.55f) 2/24
3	90	Chloe HEIN	FR	#1 Centre	{2} 25.64c	(26.03f) 1/20
4		Thora PEARSON	SR	#3 Rhodes	{2} 26.33c	(26.74f) 2/24
5		Evan THOMAS	FR	#4 Oglethorpe	26.34c	(26.75f) 2/24
6		Amari ROBINSON	FR	#1 Centre	{3} 26.90c	(27.31f) 2/24
7		Sydney SMITH	SO	#7 Birmingham-Sou	27.03c	(27.45f) 2/24
8		Kirsten WRIGHT	FR	#4 Oglethorpe	{2} 27.25c	(27.67f) 2/24
9		Ember HUGHES	SO	#5 Hendrix	27.31c	(27.73f) 2/24
10		Josie LOGGINS	SO	#2 Berry	27.45c	(27.87f) 2/24

Women's 400 Meters

1		Thora PEARSON	SR	#3 Rhodes	58.92c	(59.70f) 2/24
2		Madjo DOUMBIA	JR	#1 Centre	59.43c	(1:00.21f) 2/24
3		Macy MURDOCK	SO	#2 Berry	59.68c	(1:00.47f) 2/24
4		Emily THOMPSON	SR	#2 Berry	{2} 1:00.03c	(1:00.82f) 2/24
5		Chloe HEIN	FR	#1 Centre	{2} 1:00.18c	(1:00.97f) 2/24
6		Ainsley WILSON	FR	#1 Centre	{3} 1:00.46c	(1:01.26f) 2/24
7		Janea BOTTINELLI	JR	#1 Centre	{4} 1:01.63c	(1:02.44f) 2/24
8		Marianna MOELL	JR	#2 Berry	{3} 1:01.91	2/10
9		Shannen ALACK	FR	#3 Rhodes	{2} 1:02.00c	(1:02.82f) 2/24
10		Isabel FARNSWORTH	SR	#3 Rhodes	{3} 1:02.55c	(1:03.38f) 2/24

Women's 800 Meters

1		Sophie BOULDIN	SO	#1 Centre	2:20.56c	(2:22.18f) 2/24
2		Anna ROSE	JR	#2 Berry	2:22.91c	(2:24.55f) 2/24
3		Adelyn SHUPERT	SO	#1 Centre	{2} 2:24.36c	(2:26.02f) 2/24
4		Erin HAUGH	JR	#1 Centre	{3} 2:25.12 OT	2/17
5		Anna CANTRELL	FR	#5 Hendrix	2:25.79c	(2:27.47f) 2/24
6		Emma MUSGRAVE	FR	#1 Centre	{4} 2:27.34c	(2:29.03f) 2/10
7		Olivia LAMBERT	FR	#2 Berry	{2} 2:28.33c	(2:30.04f) 2/24
8		Kate KELLER	JR	#1 Centre	{5} 2:28.37c	(2:30.08f) 2/24
9		Virginia GWINN	FR	#2 Berry	{3} 2:28.74c	(2:30.45f) 2/24
10		Sienna COLLIER	FR	#3 Rhodes	2:30.78c	(2:32.51f) 2/24

Women's Mile

1		Sophie BOULDIN	SO	#1 Centre	5:08.05 OT	2/17
2		Asena ANDERSON	JR	#2 Berry	5:12.64c	(5:15.73f) 1/20
3		Anna ROSE	JR	#2 Berry	{2} 5:15.98c	(5:19.10f) 1/20
4		Erin HAUGH	JR	#1 Centre	{2} 5:23.94 OT	1/27
5		Emma MUSGRAVE	FR	#1 Centre	{3} 5:27.04c	(5:30.27f) 2/10
6		Hastings GRAY	SR	#2 Berry	{3} 5:27.67c	(5:30.91f) 1/20
7		Anna CANTRELL	FR	#5 Hendrix	5:28.75c	(5:32.00f) 2/24
8		Cara TAYLOR	SO	#1 Centre	{4} 5:29.47 OT	2/17
9		Anna AYERS	SO	#2 Berry	{4} 5:30.63	2/10
10		Erin SCHMIDT	JR	#2 Berry	{5} 5:34.66	2/10

Women's 3000 Meters

1		Meghan OWENS	SR	#1 Centre	10:23.02c	(10:28.36f) 2/24
2		Asena ANDERSON	JR	#2 Berry	10:34.06	2/10
3		Hastings GRAY	SR	#2 Berry	{2} 10:35.03c	(10:40.47f) 2/24
4		Cara TAYLOR	SO	#1 Centre	{2} 10:38.49c	(10:43.96f) 2/24
5		Britany ZIEMER	SR	#3 Rhodes	10:45.97c	(10:51.50f) 2/24
6		Anna AYERS	SO	#2 Berry	{3} 10:54.57c	(11:00.18f) 2/24
7		Erin HAUGH	JR	#1 Centre	{3} 11:01.14c	(11:06.80f) 1/20
8		Emma MUSGRAVE	FR	#1 Centre	{4} 11:07.76 OT	2/17
9		Rachel GAYNOR	JR	#1 Centre	{5} 11:14.59c	(11:20.37f) 1/20
10		Ariel ELLIS	SO	#2 Berry	{4} 11:14.94c	(11:20.72f) 1/20

Women's 5000 Meters

1	75	Sophie BOULDIN	SO	#1 Centre	17:49.03	1/27
2		Meghan OWENS	SR	#1 Centre	{2} 18:01.96c	(18:10.24f) 2/24
3		Cara TAYLOR	SO	#1 Centre	{3} 18:30.16c	(18:38.66f) 2/10
4		Britany ZIEMER	SR	#3 Rhodes	19:12.71	1/14
5		Rachel GAYNOR	JR	#1 Centre	{4} 19:23.44c	(19:32.35f) 2/24
6		Sinclair DENNEY	JR	#2 Berry	19:27.78c	(19:36.72f) 2/24
7		Isabella TEDESCO	SO	#2 Berry	{2} 19:36.49c	(19:45.50f) 2/24
8		Hannah Jane (HJ) MILLER	JR	#3 Rhodes	{2} 19:40.85c	(19:49.89f) 2/24
9		Emma LAMBERT	JR	#2 Berry	{3} 19:44.25c	(19:53.32f) 2/24
10		Ariel ELLIS	SO	#2 Berry	{4} 20:01.54c	(20:10.74f) 2/24



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



SAA

as of 3/4/2024 8:35:35 PM ET

Women's 4x400 Relay

1	66	Shannen Alack, Olivia Clarke, Isabel Farnsworth, Thora Pearson	#3 Rhodes	4:03.71c (4:06.94f)	2/24
2	98	Marianna Moell, Asena Anderson, Emily Thompson, Macy Murdock	#2 Berry	4:09.42c (4:12.73f)	2/24
3		Madjo Doumbia, Ainsley Wilson, Chloe Hein, Sophie Bouldin	#1 Centre	4:13.47c (4:16.83f)	1/20
4		Wrenna Morris, Kylene Monaghan, Lou Bullock, Jocelyn Covaney	#6 Univ. of the Sout	4:19.17c (4:22.61f)	2/24
5		Maylin Reyes, Ella Williams, Ember Hughes, Anna Cantrell	#5 Hendrix	4:28.99c (4:32.56f)	2/24
6		Evan Thomas, Hailey Wright, Hannah Rhodes, Riley Michaud	#4 Oglethorpe	4:32.07c (4:35.68f)	2/24
7		Kya Gardner, Mallory Jackson, Sydney Smith, Ada Weems	#7 Birmingham-Sol	4:37.99cu(4:43.69u)	1/27

Women's Distance Medley Relay

1	41	Erin Haugh, Ainsley Wilson, Adelyn Shupert, Sophie Bouldin	#1 Centre	12:26.66c(12:34.66f)	2/24
2	63	Asena Anderson, Marianna Moell, Anna Rose, Hastings Gray	#2 Berry	12:38.18c(12:46.30f)	2/24
3		Sienna Collier, Ellie Spears, Megan Weilmuenster, Riley Imbornone	#3 Rhodes	13:26.27c(13:34.90f)	2/24
4		Lou Bullock, Page Wells, Kylene Monaghan, Samantha Ude	#6 Univ. of the Sout	13:36.92c(13:45.67f)	2/24
5		Anna Cantrell, Keyri Leonardo, Maylin Reyes, Ella Williams	#5 Hendrix	13:50.33c(13:59.22f)	2/24
6		Elina Malancea, Evan Thomas, Hannah Rhodes, Riley Michaud	#4 Oglethorpe	13:53.69c(14:02.62f)	2/24

Women's High Jump

1	13	Serena MCNEILLY	FR	#1 Centre	1.68m	5-6	2/24
2		Kym YOUNG	JR	#3 Rhodes	1.57m	5-1¾	2/24
2		Kris WILLIAMS	FR	#2 Berry	1.57m	5-1¾	2/24
4		Shannen ALACK	FR	#3 Rhodes	{2} 1.55m	5-1	2/10
4		Julia SHIPES	FR	#2 Berry	{2} 1.55m	5-1	1/13
6		Emily THOMPSON	SR	#2 Berry	{3} 1.53m	5-½	1/19
7		Ember HUGHES	SO	#5 Hendrix	1.52m	4-11¾	2/24
8		Madi DUKE	JR	#2 Berry	{4} 1.50m	4-11	1/20
9		Hailey WRIGHT	SO	#4 Oglethorpe	1.48m	4-10¼	1/21
10		Riley BROWN	SO	#1 Centre	{2} 1.47m	4-9¾	2/24

Women's Pole Vault

1	74	Kendra PAYNE	SR	#3 Rhodes	3.40m	11-1¾	1/14
2	84	Ella PINE	FR	#2 Berry	3.37m	11-¾	2/10
3	86	Madeline HUBBERT	JR	#2 Berry	{2} 3.36m	11-¾	2/24
4		Emilee EASLEY	FR	#2 Berry	{3} 2.92m	9-7	2/10
5		Addie BLAKE	JR	#2 Berry	{4} 2.76m	9-½	2/24
5		Maya IHLING	JR	#3 Rhodes	{2} 2.76m	9-½	2/24
5		Kylee CRAIG	JR	#3 Rhodes	{2} 2.76m	9-½	2/24
8		Wrenna MORRIS	FR	#6 Univ. of the Sout	2.75m	9-¼	1/27
9		Jessica PETERSON	FR	#1 Centre	2.61m	8-6¾	2/24
10		Ember HUGHES	SO	#5 Hendrix	2.10m	6-10¾	1/27

Women's Long Jump

1	8	Chloe HEIN	FR	#1 Centre	5.76m	18-10¾	3/2
2	29	Jasmine CLAUNCH	SR	#1 Centre	{2} 5.58m	18-3¾	2/17
3	48	Serena MCNEILLY	FR	#1 Centre	{3} 5.48m	17-11¾	2/24
4	81	Callie GORMLEY	JR	#1 Centre	{4} 5.40m	17-8¾	12/2
5		Emily THOMPSON	SR	#2 Berry	5.25m	17-2¾	2/10
6		Macy MURDOCK	SO	#2 Berry	{2} 5.23m	17-2	2/24
7		Shelby SMITH	SR	#1 Centre	{5} 5.00m	16-5	1/20
8		Julia SHIPES	FR	#2 Berry	{3} 4.94m	16-2½	1/27
9		Hailey WRIGHT	SO	#4 Oglethorpe	4.93m	16-2¼	2/24
10		Courtney JONES	JR	#2 Berry	{4} 4.79m	15-8¾	2/10

Women's Triple Jump

1	4	Jasmine CLAUNCH	SR	#1 Centre	12.18m	39-11½	2/17
2	36	Serena MCNEILLY	FR	#1 Centre	{2} 11.49m	37-8½	2/24
3	77	Shelby SMITH	SR	#1 Centre	{3} 11.12m	36-5¾	2/10
4		Courtney JONES	JR	#2 Berry	10.68m	35-½	2/24
5		Clark KELLY	SR	#2 Berry	{2} 10.30m	33-9½	1/20
6		Grace SCOWDEN	SR	#3 Rhodes	10.23m	33-6¾	2/24
7		Natalie BURKE	SO	#8 Millsaps	10.18m	33-4¾	12/1
8		Kiyah KING	FR	#1 Centre	{4} 10.09m	33-1¼	1/20
9		Marissa GREEN	FR	#2 Berry	{3} 9.73m	31-11¼	2/24



Conference TFRI Event Summary



SAA

as of 3/4/2024 8:35:35 PM ET

Women's Shot Put

1	70	Lauren FOUTCH	SR	#1 Centre	12.64m	41-5¾	12/2
2	80	Onoyeme EGURE	FR	#2 Berry	12.53m	41-1½	2/24
3		Malysa WINSTON	SO	#2 Berry	{2} 12.03m	39-5¾	2/24
4		Alivia ALLEN	SR	#5 Hendrix	11.86m	38-11	2/24
5		Kym YOUNG	JR	#3 Rhodes	11.66m	38-3¼	2/10
6		Zoe CURTIS	JR	#3 Rhodes	{2} 11.33m	37-2¼	2/24
7		Emma BELLANTONI	SO	#2 Berry	{3} 10.93m	35-10½	2/24
8		Avery JONES	SO	#2 Berry	{4} 10.89m	35-8¾	2/24
9		Lindsey BROWNING	SO	#1 Centre	{2} 10.48m	34-4¾	2/24
10		Lula HAILEY	JR	#2 Berry	{5} 10.15m	33-3¾	1/20

Women's Weight Throw

1	64	Lauren FOUTCH	SR	#1 Centre	15.79m	51-9¾	2/24
2	74	Avery JONES	SO	#2 Berry	15.47m	50-9¼	2/24
3		Sadie PHILLIPS	SO	#2 Berry	{2} 14.68m	48-2	2/24
4		Onoyeme EGURE	FR	#2 Berry	{3} 14.32m	46-11¾	2/24
5		Kym YOUNG	JR	#3 Rhodes	14.16m	46-5½	2/24
6		Malysa WINSTON	SO	#2 Berry	{4} 13.93m	45-8½	2/10
7		Lindsey BROWNING	SO	#1 Centre	{2} 13.68m	44-10¾	1/20
8		Hadley WILLIAMS	FR	#2 Berry	{5} 13.54m	44-5¼	2/10
9		Sofia HENDERSON	FR	#2 Berry	{6} 13.31m	43-8	1/27
10		Jordan FREDRICKSON	SR	#3 Rhodes	{2} 12.77m	41-10¾	2/24

Women's Pentathlon

1	51	Emily THOMPSON	SR	#2 Berry	2,968		1/19
2		Macy MURDOCK	SO	#2 Berry	{2} 2,599		1/19



Conference TFRI Event Summary



SLIAC

as of 3/4/2024 8:35:35 PM ET

Women's 60 Meters

1	40	Sara YAKANA	JR	#1 Greenville	7.77	2/3
2		Michaiah ADAMS	JR	#3 Mississippi Univ.	7.99	2/24
3		Kalie STRAYHORN	FR	#9 Westminster (Mc	8.00	2/24
4		Jocelyn FRITZ	JR	#1 Greenville	{2} 8.04	2/24
5		Vonisha TOWNS	JR	#3 Mississippi Univ.	{2} 8.09	2/24
6		Holly HIGGS	FR	#2 Spalding	8.11	1/27
7		Taylor TUCKER	SR	#1 Greenville	{3} 8.19	2/24
8		Brianna KRANTZ	FR	#4 Lyon (Ark.)	8.23	2/24
9		Amarachi EJIMADU	FR	#7 Principia	8.24	2/24
10		Alliyah THOMAS	FR	#2 Spalding	{2} 8.28	1/27

Women's 60 Meter Hurdles

1		Jocelyn FRITZ	JR	#1 Greenville	9.57	2/10
2		Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	9.67	1/13
3		Kenzie KURDYS	FR	#1 Greenville	{2} 9.82	2/24
4		Alliyah THOMAS	FR	#2 Spalding	10.09	2/24
5		Dawn WILSON	SO	#2 Spalding	{2} 10.62	2/9
6		Olivia NELSEN	SO	#5 Webster	10.66	12/9
7		Cynthia SNYDER	FR	#4 Lyon (Ark.)	11.98	2/24
8		Abigail ADAMS	FR	#4 Lyon (Ark.)	{2} 14.00	2/24

Women's 200 Meters

1	96	Kalie STRAYHORN	FR	#9 Westminster (Mc	25.69c	(26.09f) 2/24
2		Sara YAKANA	JR	#1 Greenville	25.86c	(26.26f) 2/24
3		Laila GRAHAM	SR	#1 Greenville	{2} 26.30c	(26.70f) 2/24
4		Vonisha TOWNS	JR	#3 Mississippi Univ.	26.34c	(26.75f) 2/24
5		Jocelyn FRITZ	JR	#1 Greenville	{3} 26.46c	(26.87f) 1/27
6		Taylor TUCKER	SR	#1 Greenville	{4} 26.48c	(26.89f) 2/24
7		Michaiah ADAMS	JR	#3 Mississippi Univ.	{2} 26.78	2/10
8		Brianna KRANTZ	FR	#4 Lyon (Ark.)	26.86cu	(27.55u) 2/17
9		Amarachi EJIMADU	FR	#7 Principia	27.04c	(27.46f) 2/24
10		Alexa LOFGREN	JR	#6 Fontbonne	27.18c	(27.60f) 2/24

Women's 400 Meters

1		Jazmyn HARMON	FR	#1 Greenville	1:00.42c	(1:01.22f) 2/16
2		Brianna KRANTZ	FR	#4 Lyon (Ark.)	1:00.75c	(1:01.55f) 2/24
3		Alexa LOFGREN	JR	#6 Fontbonne	1:01.50c	(1:02.31f) 2/24
4		Alliyah THOMAS	FR	#2 Spalding	1:03.07	2/9
5		Vonisha TOWNS	JR	#3 Mississippi Univ.	1:03.48c	(1:04.32f) 2/24
6		Eva SCHWAAB	JR	#1 Greenville	{2} 1:04.08c	(1:04.93f) 1/20
7		Moenaisa SIDIQUE	JR	#9 Westminster (Mc	1:04.95c	(1:05.81f) 2/24
8		Rachel FISHER	SO	#8 Eureka	1:05.22c	(1:06.08f) 2/16
9		Alexis ROBERTS	JR	#1 Greenville	{3} 1:05.66c	(1:06.53f) 2/10
10		Amarachi EJIMADU	FR	#7 Principia	1:06.49c	(1:07.37f) 2/10

Women's 800 Meters

1		Eva SCHWAAB	JR	#1 Greenville	2:25.18c	(2:26.85f) 2/24
2		Norah SWINIGAN	SO	#1 Greenville	{2} 2:25.41c	(2:27.08f) 2/24
3		Rachel FISHER	SO	#8 Eureka	2:28.34c	(2:30.05f) 2/3
4		Sedina LOGAN	JR	#1 Greenville	{3} 2:34.05c	(2:35.82f) 1/20
5		Brooklyn MCKEE	SO	#1 Greenville	{4} 2:38.02c	(2:39.84f) 2/3
6		Vanessa COMPTON	JR	#1 Greenville	{5} 2:39.54c	(2:41.38f) 2/3
7		Raven VANCE	FR	#1 Greenville	{6} 2:40.86c	(2:42.71f) 1/20
8		Kacie TERUYA	FR	#4 Lyon (Ark.)	2:43.60c	(2:45.48f) 1/20
9		Emily BAKER	SO	#8 Eureka	{2} 2:45.82c	(2:47.73f) 2/24
10		Myka FENTON	FR	#7 Principia	2:47.93c	(2:49.86f) 2/24

Women's Mile

1		Karissa HEFFERNAN	JR	#8 Eureka	5:24.99c	(5:28.20f) 2/3
2		Gretchen CARIE	JR	#1 Greenville	5:27.99c	(5:31.23f) 2/24
3		Sedina LOGAN	JR	#1 Greenville	{2} 5:33.15c	(5:36.44f) 2/3
4		Raven VANCE	FR	#1 Greenville	{3} 5:47.44c	(5:50.87f) 2/3
5		Kacie TERUYA	FR	#4 Lyon (Ark.)	5:50.06c	(5:53.52f) 2/3
6		Myka FENTON	FR	#7 Principia	5:59.93c	(6:03.49f) 2/24
7		Caitlyn SMITH	SR	#6 Fontbonne	6:01.82c	(6:05.40f) 2/24
8		Sarah ERICKSON	SO	#7 Principia	{2} 6:03.62c	(6:07.21f) 2/24
9		Emily BAKER	SO	#8 Eureka	{2} 6:06.75c	(6:10.38f) 2/24
10		Reganne PIERCY	FR	#2 Spalding	6:18.39c	(6:22.13f) 1/27

Women's 3000 Meters

1		Gretchen CARIE	JR	#1 Greenville	10:38.11c	(10:43.58f) 2/10
2		Karissa HEFFERNAN	JR	#8 Eureka	10:55.55c	(11:01.17f) 2/10
3		Sedina LOGAN	JR	#1 Greenville	{2} 11:37.10c	(11:43.07f) 2/24
4		Kacie TERUYA	FR	#4 Lyon (Ark.)	12:04.18c	(12:10.38f) 2/24
5		Brook SCHUTT	SO	#1 Greenville	{3} 12:07.18c	(12:13.41f) 2/24
6		Hannah OWENS	FR	#3 Mississippi Univ.	12:11.09c	(12:17.35f) 2/24
7		Sarah ERICKSON	SO	#7 Principia	12:33.50c	(12:39.96f) 2/24
8		Emily BOHM	FR	#1 Greenville	{4} 12:35.58c	(12:42.05f) 1/20
9		Reganne PIERCY	FR	#2 Spalding	12:36.28c	(12:42.76f) 1/27
10		Caitlyn SMITH	SR	#6 Fontbonne	12:45.82c	(12:52.38f) 2/24



Conference TFRI Event Summary



SLIAC

as of 3/4/2024 8:35:36 PM ET

Women's 4x400 Relay

1	Eva Schwaab, Jazmyn Harmon, Sara Yakana, Laila Graham	#1 Greenville	4:13.30c (4:16.66f)	2/24
2	Alliyah Thomas, Vivienne Reinhardt, Dawn Wilson, Holly Higgs	#2 Spalding	4:24.61c (4:28.12f)	2/24
3	Kianna Patton, Aissata Kamara, Symphony Schodroski, Olivia Nelsen	#5 Webster	4:32.94c (4:36.56f)	2/24
4	Joy Onyechi, Myka Fenton, Amarachi Ejimadu, Sarah Fakorede	#7 Principia	4:39.21c (4:42.91f)	2/24
5	Vonisha Towns, Paris Flanery, Kalee Sanders, Michaiah Adams	#3 Mississippi Univ.	4:40.07c (4:43.78f)	2/24
6	Cynthia Snyder, Kodi Hatfield, Trinity Davis, Brianna Krantz	#4 Lyon (Ark.)	4:45.35c (4:49.13f)	2/24
7	Jaden Randall, Isabella Carbajal, Emily Baker, Rachel Fisher	#8 Eureka	4:45.37c (4:49.15f)	2/24

Women's Distance Medley Relay

1	Sedina Logan, Eva Schwaab, Norah Swinigan, Gretchen Carie	#1 Greenville	13:00.44c(13:08.80f)	2/10
2	Sarah Erickson, Amarachi Ejimadu, Joy Onyechi, Myka Fenton	#7 Principia	14:23.76c(14:33.01f)	2/24
3	Kalee Sanders, Vonisha Towns, Paris Flanery, Hannah Owens	#3 Mississippi Univ.	14:42.54c(14:51.99f)	2/24
4	Cynthia Snyder, Brianna Krantz, Trinity Davis, Kacie Teruya	#4 Lyon (Ark.)	14:52.27c(15:01.83f)	2/24
5	Lexie Barthmaier, Takara Williams, Muskan Jamshed, Reganne Piercy	#2 Spalding	14:52.51c(15:02.07f)	2/24

Women's High Jump

1	47 Laila GRAHAM	SR	#1 Greenville	1.62m 5-3¾	2/10
2	100 Anna Beth VANCIL	JR	#1 Greenville	{2} 1.58m 5-2¼	2/24
3	Hannah MYERS	SO	#6 Fontbonne	1.55m 5-1	1/19
4	Belle KELLY	FR	#1 Greenville	{3} 1.48m 4-10¼	12/9
5	Symphony SCHODROSKI	FR	#5 Webster	1.35m 4-5	1/27
6	Dawn WILSON	SO	#2 Spalding	1.32m 4-4	2/24

Women's Pole Vault

1	81 Kenzie KURDYS	FR	#1 Greenville	3.38m 11-1	3/1
2	Takara WILLIAMS	FR	#2 Spalding	2.42m 7-11¼	1/27
3	Trinity DAVIS	FR	#4 Lyon (Ark.)	2.30m 7-6½	2/3

Women's Long Jump

1	8 Sara YAKANA	JR	#1 Greenville	5.76m 18-10¾	3/1
2	31 Laila GRAHAM	SR	#1 Greenville	{2} 5.56m 18-3	3/1
3	Jazmyn HARMON	FR	#1 Greenville	{3} 5.23m 17-2	2/10
4	Lainey HICKS	SO	#1 Greenville	{4} 5.04m 16-6½	2/24
5	Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	4.88m 16-¼	2/24
6	Shyanne HAGAN	SO	#2 Spalding	4.59m 15-¾	2/24
7	Joy ONYECHE	SO	#7 Principia	4.32m 14-2¼	2/24
8	Sarah FAKOREDE	SO	#7 Principia	{2} 4.23m 13-10½	2/10
9	Leona BREZENSKI	FR	#4 Lyon (Ark.)	4.11m 13-6	1/20
10	Morganne PIERCY	FR	#2 Spalding	{2} 3.91m 12-10	2/24

Women's Triple Jump

1	33 Sara YAKANA	JR	#1 Greenville	11.50m 37-8¾	3/1
2	Jazmyn HARMON	FR	#1 Greenville	{2} 10.84m 35-6¾	12/9
3	Hannah MYERS	SO	#6 Fontbonne	10.80m 35-5¼	1/19
4	Laila GRAHAM	SR	#1 Greenville	{3} 10.70m 35-1¼	12/9
5	Ty'Kerria YOUNG	FR	#3 Mississippi Univ.	10.55m 34-7½	2/24
6	Lainey HICKS	SO	#1 Greenville	{4} 10.34m 33-11¼	2/24
7	Dawn WILSON	SO	#2 Spalding	9.83m 32-3	2/2

Women's Shot Put

1	30 Talahiva TALANO	JR	#1 Greenville	13.38m 43-10¾	2/24
2	60 Ashley SMITH	JR	#1 Greenville	{2} 12.84m 42-1½	2/10
3	Ella RAY	JR	#1 Greenville	{3} 10.94m 35-10¾	2/24
4	Emma BRABY	FR	#9 Westminster (Mc	10.91m 35-9½	2/24
5	Isabelle LLEWELLYN	SR	#5 Webster	10.88m 35-8½	12/9
6	Cali PAVLISKO	SO	#5 Webster	{2} 10.83m 35-6½	2/3
7	Ava VOLLMER	SO	#1 Greenville	{4} 10.76m 35-3¾	1/20
8	Jessica BALLARD	SO	#6 Fontbonne	10.05m 32-11¾	3/2
9	Paris MANNING	FR	#6 Fontbonne	{2} 9.99m 32-9½	2/24
10	Arie'Onna MCCOLLUM	FR	#3 Mississippi Univ.	9.93m 32-7	2/10

Women's Weight Throw

1	11 Talahiva TALANO	JR	#1 Greenville	18.07m 59-3½	2/10
2	93 Isabelle LLEWELLYN	SR	#5 Webster	15.13m 49-7¾	2/17
3	Ashley SMITH	JR	#1 Greenville	{2} 15.01m 49-3	12/9
4	Ella RAY	JR	#1 Greenville	{3} 14.32m 46-11¾	2/24
5	Ava VOLLMER	SO	#1 Greenville	{4} 14.06m 46-1½	2/24
6	Abigail SZYDLOWSKI	SR	#5 Webster	{2} 11.61m 38-1¼	2/24
7	Takeiyah CONN	FR	#2 Spalding	11.10m 36-5	2/24
8	Jessica BALLARD	SO	#6 Fontbonne	11.08m 36-4¼	1/27
9	Cali PAVLISKO	SO	#5 Webster	{3} 10.95m 35-11¼	2/17
10	Alex FRAILEY	FR	#1 Greenville	{5} 10.94m 35-10¾	2/24



Conference TFRI Event Summary



SUNYAC

as of 3/4/2024 8:35:36 PM ET

Women's 60 Meters

1	14	Autumn PITTMAN	JR	#2 SUNY Cortland	7.66	2/25
2	19	Khia LASTER	JR	#5 Buffalo State	7.68	2/25
3	35	Kendall SOBCZYK	SO	#2 SUNY Cortland {2}	7.76	3/2
4		Brynn MOONEY	SO	#1 SUNY Geneseo	7.96	2/3
5		Ejim NNATE	JR	#4 SUNY Oneonta	7.98	2/25
6		Mackayla NERJUSTE	FR	#1 SUNY Geneseo {2}	8.05	2/25
7		Jill AMBLER	FR	#1 SUNY Geneseo {3}	8.09	12/8
8		Nicolette DUBOSE	FR	#4 SUNY Oneonta {2}	8.10	1/20
9		Kayla HUBA	SO	#1 SUNY Geneseo {4}	8.11	2/25
10		Sam PYNN	JR	#1 SUNY Geneseo {5}	8.14	2/25
10		Alexia PRINCE	FR	#2 SUNY Cortland {3}	8.14	2/10

Women's 60 Meter Hurdles

1	4	Natalia SAWYER	SO	#5 Buffalo State	8.56	2/25
2	8	Ejim NNATE	JR	#4 SUNY Oneonta	8.71	2/25
3	59	Jill AMBLER	FR	#1 SUNY Geneseo	9.12	2/25
4	69	Allyson SUROWICK	JR	#1 SUNY Geneseo {2}	9.15	12/1
5	88	Lainey FLAITZ	FR	#1 SUNY Geneseo {3}	9.23	3/2
6	91	Danielle FISK	SR	#2 SUNY Cortland	9.24	1/20
7		Ava BAGLEY	FR	#1 SUNY Geneseo {4}	9.40	2/25
8		AnJalyna TALMADGE	SO	#2 SUNY Cortland {2}	9.48	2/25
9		Abrianna KRUGER	SR	#1 SUNY Geneseo {5}	9.55	2/3
10		Janelle ECKL	JR	#1 SUNY Geneseo {6}	9.57	2/3

Women's 200 Meters

1	18	Natalia SAWYER	SO	#5 Buffalo State	24.91c	(25.29f) 2/25
2	34	Autumn PITTMAN	JR	#2 SUNY Cortland	25.21c	(25.60f) 2/25
3	46	Brynn MOONEY	SO	#1 SUNY Geneseo	25.37c	(25.76f) 2/25
4	61	Khia LASTER	JR	#5 Buffalo State {2}	25.45c	(25.84f) 2/25
5	67	Marissa WISE	JR	#3 SUNY Brockport	25.47c	(25.86f) 2/25
6		Jill AMBLER	FR	#1 SUNY Geneseo {2}	25.91	2/10
7		Sam PYNN	JR	#1 SUNY Geneseo {3}	25.98c	(26.38f) 2/25
8		Kendall SOBCZYK	SO	#2 SUNY Cortland {2}	26.02c	(26.42f) 2/25
9		Kayla HUBA	SO	#1 SUNY Geneseo {4}	26.18	2/10
10		Matty LUCEY	FR	#2 SUNY Cortland {3}	26.33c	(26.74f) 3/2
10		Jenna RACZKA	SO	#5 Buffalo State {3}	26.33c	(26.73f) 1/20

Women's 400 Meters

1	14	Natalia SAWYER	SO	#5 Buffalo State	56.47c	(57.22f) 1/20
2	39	Brynn MOONEY	SO	#1 SUNY Geneseo	57.52c	(58.28f) 2/25
3	42	Jenna RACZKA	SO	#5 Buffalo State {2}	57.60	2/10
4	51	Marissa WISE	JR	#3 SUNY Brockport	57.76c	(58.52f) 2/25
5	82	Khia LASTER	JR	#5 Buffalo State {3}	58.47c	(59.24f) 12/8
6		Avery HEBERT	JR	#2 SUNY Cortland	58.65c	(59.42f) 2/25
7		Ava BAGLEY	FR	#1 SUNY Geneseo {2}	59.94	2/10
8		Matty LUCEY	FR	#2 SUNY Cortland {2}	1:00.13c	(1:00.92f) 2/25
9		Maris SEABURY	JR	#2 SUNY Cortland {3}	1:00.69c	(1:01.49f) 2/25
10		Lainey FLAITZ	FR	#1 SUNY Geneseo {3}	1:00.70	2/10

Women's 800 Meters

1	27	Sierra DOODY	SO	#1 SUNY Geneseo	2:13.01c	(2:14.54f) 3/2
2	38	Faith COYLE	JR	#6 SUNY Oswego	2:14.60c	(2:16.15f) 2/25
3	44	Janelle ECKL	JR	#1 SUNY Geneseo {2}	2:15.19c	(2:16.74f) 3/2
4		Jillian O'ROURKE	FR	#1 SUNY Geneseo {3}	2:18.28c	(2:19.87f) 3/2
5		Mia VIZCAINO	JR	#3 SUNY Brockport	2:20.60c	(2:22.22f) 3/2
6		Nieve MAHOOD	JR	#1 SUNY Geneseo {4}	2:21.42c	(2:23.05f) 2/25
7		Hannah WIERER	FR	#1 SUNY Geneseo {5}	2:21.58c	(2:23.21f) 2/25
8		Vanessa RAMOS	SO	#3 SUNY Brockport {2}	2:21.95c	(2:23.58f) 2/25
9		Nicole GRETZINGER	SO	#1 SUNY Geneseo {6}	2:22.42c	(2:24.06f) 2/25
10		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {7}	2:23.04c	(2:24.69f) 2/16

Women's Mile

1	38	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	4:58.71c	(5:01.66f) 3/2
2	50	Penelope GREENE	JR	#1 SUNY Geneseo {2}	5:00.35c	(5:03.32f) 3/2
3	85	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	5:05.07c	(5:08.09f) 2/16
4		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	5:07.17	2/10
5		Sierra DOODY	SO	#1 SUNY Geneseo {5}	5:09.73c	(5:12.79f) 2/3
6		Megan FRANCOEUR	JR	#4 SUNY Oneonta	5:11.68c	(5:14.76f) 1/20
7		Kerry FLOWER	SR	#3 SUNY Brockport	5:13.73c	(5:16.83f) 2/3
8		Julianne WILSON	JR	#3 SUNY Brockport {2}	5:14.58c	(5:17.69f) 3/2
9		Ann BRENNAN	SO	#1 SUNY Geneseo {6}	5:15.48c	(5:18.60f) 2/16
10		Faith COYLE	JR	#6 SUNY Oswego	5:16.13c	(5:19.25f) 2/3

Women's 3000 Meters

1	25	Penelope GREENE	JR	#1 SUNY Geneseo	9:48.92c	(9:53.96f) 2/25
2	31	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo {2}	9:51.62c	(9:56.69f) 2/25
3	39	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	9:54.12c	(9:59.21f) 3/2
4	62	Kerry FLOWER	SR	#3 SUNY Brockport	10:02.64c	(10:07.80f) 3/2
5	69	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	10:04.46c	(10:09.64f) 12/8
6		Ann BRENNAN	SO	#1 SUNY Geneseo {5}	10:15.84c	(10:21.12f) 3/2
7		Megan FRANCOEUR	JR	#4 SUNY Oneonta	10:16.70	2/10
8		Katherine VOGEL	SR	#1 SUNY Geneseo {6}	10:21.57c	(10:26.89f) 12/8
9		Melissa INNOCENT	FR	#2 SUNY Cortland	10:27.16	2/10
10		Alexa WOLCOTT	SO	#2 SUNY Cortland {2}	10:27.47c	(10:32.85f) 2/25

Women's 5000 Meters

1	5	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	16:39.73c	(16:47.38f) 12/1
2	10	Penelope GREENE	JR	#1 SUNY Geneseo {2}	16:49.74c	(16:57.47f) 12/1
3	38	Kerry FLOWER	SR	#3 SUNY Brockport	17:24.58c	(17:32.58f) 3/2
4	54	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	17:40.97c	(17:49.09f) 12/1
5	55	Katherine VOGEL	SR	#1 SUNY Geneseo {4}	17:41.83c	(17:49.96f) 3/2
6	67	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {5}	17:45.85c	(17:54.01f) 12/1
7	86	Megan FRANCOEUR	JR	#4 SUNY Oneonta	17:54.02c	(18:02.24f) 2/25
8		Ann BRENNAN	SO	#1 SUNY Geneseo {6}	18:01.00c	(18:09.27f) 2/25
9		Alexa WOLCOTT	SO	#2 SUNY Cortland	18:13.09c	(18:21.46f) 3/2
10		Jillian O'ROURKE	FR	#1 SUNY Geneseo {7}	18:18.96c	(18:27.37f) 12/1



Conference TFRI Event Summary



SUNYAC

as of 3/4/2024 8:35:36 PM ET

Women's 4x400 Relay

1	26	Brynn Mooney, Jill Ambler, Janelle Eckl, Sierra Doody	#1 SUNY Geneseo	3:54.89c	(3:58.00f)	3/2
2	55	Avery Hebert, Yasmine Peralta, Maris Seabury, Matty Lucey	#2 SUNY Cortland	4:02.36c	(4:05.57f)	3/2
3	77	Courtney Bostic, Ariana Proper, Mia Vizcaino, Marissa Wise	#3 SUNY Brockport	4:06.46c	(4:09.73f)	2/25
4		Nicolette DuBose, Danielle Jackson, Taylor Johnson, Eva Woodworth	#4 SUNY Oneonta	4:14.35c	(4:17.72f)	2/25
5		Morgan Thompson, Grace Estus, Sophia Gambino, Lillian Moran	#7 SUNY Plattsburg	4:23.60c	(4:27.10f)	2/25
6		Noladia Blum, Gretchen Dowd, Ellie Decker, Faith Coyle	#6 SUNY Oswego	4:25.07c	(4:28.58f)	2/3
7		Emma Robbins, Adrianna Orlando, JoAnne Powers, Emily Yousey	#9 SUNY Potsdam	4:26.52c	(4:30.05f)	2/25
8		Kevina Drennan, Vanessa Ryhal, Arden Brown, Cara Pellechia	#8 Fredonia	4:26.56c	(4:30.09f)	2/25

Women's Distance Medley Relay

1	22	Sierra Doody, Jill Ambler, Janelle Eckl, Kaitlyn Grossman	#1 SUNY Geneseo	11:59.43		2/10
2	55	Veronica Dailey, Ariana Proper, Vanessa Ramos, Mia Vizcaino	#3 SUNY Brockport	12:31.84c	(12:39.89f)	3/2
3	56	Sabrina Mena, Danielle Jackson, Eva Woodworth, Olivia O'Donnell	#4 SUNY Oneonta	12:32.58c	(12:40.64f)	3/2
4	79	Anika Parnell, Abby Hardy, Anne Barney, Sydney Smith	#2 SUNY Cortland	12:45.06c	(12:53.25f)	2/25
5	85	Virginia Lucchetti, Sophia Gambino, Lillian Moran, Sarah Smith	#7 SUNY Plattsburg	12:46.97c	(12:55.18f)	3/2
6		Ellie Decker, Noladia Blum, Cristina Gaskiewicz, Faith Coyle	#6 SUNY Oswego	13:14.90c	(13:23.41f)	1/27
7		Elizabeth Gloss, Vanessa Ryhal, Kevina Drennan, Arden Brown	#8 Fredonia	14:01.64c	(14:10.65f)	2/25
8		Lillian Letzring, Madison Wagner, Adrianna Orlando, Emily Yousey	#9 SUNY Potsdam	14:14.54c	(14:23.69f)	12/2
9		Sophia Janik, Jenna Nguyen, Kayla Sterner, Katelyn Becker	#5 Buffalo State	15:34.07c	(15:44.07f)	2/25

Women's High Jump

1	3	Danielle FISK	SR	#2 SUNY Cortland	1.71m	5-7¼	2/17
2	87	Sasha SCHRAMM	SO	#3 SUNY Brockport	1.59m	5-2½	1/20
3	100	Reilly QUINN	FR	#2 SUNY Cortland {2}	1.58m	5-2¼	2/10
3	100	Jill AMBLER	FR	#1 SUNY Geneseo	1.58m	5-2¼	2/3
5		Morgan TOMPKINS	FR	#6 SUNY Oswego	1.57m	5-1¾	12/9
5		Regan KAISER	JR	#2 SUNY Cortland {3}	1.57m	5-1¾	12/9
5		Natalia SAWYER	SO	#5 Buffalo State	1.57m	5-1¾	2/16
5		Lainey FLAITS	FR	#1 SUNY Geneseo {2}	1.57m	5-1¾	12/8
5		Janelle ECKL	JR	#1 SUNY Geneseo {2}	1.57m	5-1¾	2/25
5		Rhiannon BUTCHKO	FR	#6 SUNY Oswego	1.57m	5-1¾	2/25



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Women's Pole Vault

1	49	Cara PELLECHIA	SO	#8 Fredonia	3.50m	11-5¾	2/25
2	62	Becca BREADY	SO	#3 SUNY Brockport	3.45m	11-3¾	3/2
3	89	Isabel SWYERS	FR	#3 SUNY Brockport {2}	3.35m	10-11¾	2/25
4		Tess EICHNER	JR	#3 SUNY Brockport {3}	3.30m	10-9¾	1/26
5		Haley LERNER	JR	#8 Fredonia {2}	3.20m	10-6	2/25
5		Gianna BATISTA	SO	#1 SUNY Geneseo	3.20m	10-6	2/25
7		Faith HOYT	SO	#2 SUNY Cortland	3.08m	10-1¼	12/1
8		Nicole GRETZINGER	SO	#1 SUNY Geneseo {2}	3.05m	10-0	2/25
9		Abby CARBERRY	FR	#2 SUNY Cortland {2}	2.85m	9-4¼	2/17
9		Mya HENRY	JR	#3 SUNY Brockport {4}	2.85m	9-4¼	2/3

Women's Long Jump

1	18	Khia LASTER	JR	#5 Buffalo State	5.65m	18-6½	2/25
2	31	Kayla HUBA	SO	#1 SUNY Geneseo	5.56m	18-3	3/2
3	36	Ally ALVIRA	JR	#1 SUNY Geneseo {2}	5.54m	18-2¼	2/9
4	40	Jill AMBLER	FR	#1 SUNY Geneseo {3}	5.52m	18-1½	12/8
5	41	Lena KIEHL	JR	#1 SUNY Geneseo {4}	5.51m	18-1	2/16
6	45	Sasha SCHRAMM	SO	#3 SUNY Brockport	5.50m	18-½	2/3
7	48	Janelle ECKL	JR	#1 SUNY Geneseo {5}	5.48m	17-11¾	2/3
8	59	Mackayla NERJUSTE	FR	#1 SUNY Geneseo {6}	5.45m	17-10¾	12/1
9	75	Sam PYNN	JR	#1 SUNY Geneseo {7}	5.41m	17-9	12/8
10		Danielle FISK	SR	#2 SUNY Cortland	5.32m	17-5½	12/9

Women's Triple Jump

1	5	Ally ALVIRA	JR	#1 SUNY Geneseo	12.14m	39-10	2/25
2	25	Katelyn JACQUES	JR	#1 SUNY Geneseo {2}	11.62m	38-1½	2/16
3	75	Lena KIEHL	JR	#1 SUNY Geneseo {3}	11.13m	36-6¼	3/2
4		Sasha SCHRAMM	SO	#3 SUNY Brockport	10.89m	35-8¾	2/25
5		Michaela SCHAFFER	JR	#7 SUNY Plattsburg	10.86m	35-7¾	2/25
6		Marisa MAZZACCO	FR	#1 SUNY Geneseo {4}	10.74m	35-3	12/8
7		Mackayla NERJUSTE	FR	#1 SUNY Geneseo {5}	10.47m	34-4¼	12/8
8		Gianna BOLAND	FR	#1 SUNY Geneseo {6}	10.43m	34-2¾	2/16
8		Olivia SMOCK	JR	#1 SUNY Geneseo {6}	10.43m	34-2¾	2/25
10		Reilly QUINN	FR	#2 SUNY Cortland	10.42m	34-2¼	2/25

Women's Shot Put

1	16	Isabella FABRIZIO	JR	#4 SUNY Oneonta	13.78m	45-2½	2/10
2	25	Sarah CROCKETT	SR	#3 SUNY Brockport	13.49m	44-3¼	2/25
3	67	Zoe CONNER	JR	#1 SUNY Geneseo	12.68m	41-7¼	2/9
4		Rebecca HEULER	SO	#3 SUNY Brockport {2}	11.97m	39-3¼	1/26
5		Lauren JAKLITSCH	SO	#1 SUNY Geneseo {2}	11.74m	38-6¼	12/8
6		Trinity DEES	SO	#3 SUNY Brockport {3}	11.63m	38-2	2/25
7		Emelene BUREK	SR	#4 SUNY Oneonta {2}	11.62m	38-1½	2/17
8		Emma KINNICUTT	SR	#3 SUNY Brockport {4}	11.55m	37-10¾	1/20
9		AnJalya TALMADGE	SO	#2 SUNY Cortland	11.54m	37-10½	2/10
10		Tarryn HERMAN	SO	#4 SUNY Oneonta {3}	11.50m	37-8¾	2/10

Women's Weight Throw

1	23	Zoe CONNER	JR	#1 SUNY Geneseo	17.31m	56-9½	2/9
2	34	Sarah CROCKETT	SR	#3 SUNY Brockport	16.71m	54-10	3/2
3	37	Lauren JAKLITSCH	SO	#1 SUNY Geneseo {2}	16.55m	54-3¾	2/25
4	60	Isabella FABRIZIO	JR	#4 SUNY Oneonta	15.89m	52-1¾	2/25
5	75	Jennifer NDUKWU	SO	#2 SUNY Cortland	15.44m	50-8	1/27
6	77	Emma KINNICUTT	SR	#3 SUNY Brockport {2}	15.42m	50-7¼	2/16
7	85	Katrina CHANDLER	SO	#3 SUNY Brockport {3}	15.25m	50-½	2/25
8		Hannah MCMASTERS	SO	#2 SUNY Cortland {2}	14.93m	48-11¾	2/25
9		Gabi RAGOZZINE	SO	#4 SUNY Oneonta {2}	14.55m	47-9	2/10
10		Emelene BUREK	SR	#4 SUNY Oneonta {3}	14.32m	46-11¾	2/25

Women's Pentathlon

1	12	Janelle ECKL	JR	#1 SUNY Geneseo	3,387		2/3
2	13	Danielle FISK	SR	#2 SUNY Cortland	3,376		12/9
3	15	Jill AMBLER	FR	#1 SUNY Geneseo {2}	3,361		2/25
4	49	Michelle FITTING	JR	#1 SUNY Geneseo {3}	2,992		3/2
5	66	Lanna WANDY	JR	#1 SUNY Geneseo {4}	2,879		2/25
6	78	Abrianna KRUGER	SR	#1 SUNY Geneseo {5}	2,802		2/3
7	85	AnJalya TALMADGE	SO	#2 SUNY Cortland {2}	2,768		2/25
8	88	Lainey FLAITS	FR	#1 SUNY Geneseo {6}	2,749		2/16
9	94	Marissa LEDUC	SO	#7 SUNY Plattsburg	2,702		2/25
10		Sage DOUGLASS	JR	#4 SUNY Oneonta	2,307		2/25



Conference TFRI Event Summary



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Women's 60 Meters

1	8	Jasmine WRIGHT	SO	#1 Washington (Mo.	7.61	3/2
2	11	Maya DAVIS	FR	#1 Washington (Mo.{2}	7.65	2/10
3	23	Audrey JOHNSON	JR	#3 Emory	7.69	12/1
4	24	Gabri MESCHINO	JR	#2 Chicago	7.70	2/10
5	28	Dashiel TAO HARRIS	JR	#3 Emory {2}	7.72	2/25
6	57	Nicole STEWART	JR	#1 Washington (Mo.{3}	7.80	1/12
7	68	Maddie LYONS	SO	#2 Chicago {2}	7.82	2/10
8		Kylie SPYTEK	SO	#1 Washington (Mo.{4}	7.92	2/3
9		Elizabeth BARRE	SR	#6 Carnegie Mellon	7.94	2/3
10		Ebunoluwa OPATA	JR	#1 Washington (Mo.{5}	7.98	1/12

Women's 60 Meter Hurdles

1	11	Elizabeth BARRE	SR	#6 Carnegie Mellon	8.75	2/16
2	14	Ren BROWN	JR	#2 Chicago	8.76	2/25
3	16	Lauren GAY	JR	#1 Washington (Mo.	8.77	2/25
4	30	Nikki BOON	JR	#3 Emory	8.92	2/25
5	69	Grace MISIUNAS	SO	#5 Case Western Re	9.15	2/25
6	72	Amaya MARTIN	JR	#3 Emory {2}	9.16	2/25
7	82	Alya CAMPBELL	JR	#7 Brandeis	9.21	3/2
8		Dasha JACKSON	SO	#4 NYU	9.34	2/25
9		Sarah OZEKI	JR	#5 Case Western Re{2}	9.40	2/3
10		Rebecca STEWART	JR	#2 Chicago {2}	9.45	2/25

Women's 200 Meters

1	21	Nicole STEWART	JR	#1 Washington (Mo.	24.96c	(25.34f) 2/10
2	25	Audrey JOHNSON	JR	#3 Emory	25.11	2/10
3	42	Kylie SPYTEK	SO	#1 Washington (Mo.{2}	25.31	2/25
4	45	Lauren GAY	JR	#1 Washington (Mo.{3}	25.34	2/25
5	51	Elizabeth BARRE	SR	#6 Carnegie Mellon	25.41	2/25
5	51	Dashiel TAO HARRIS	JR	#3 Emory {2}	25.41	12/1
7		Jasmine WRIGHT	SO	#1 Washington (Mo.{4}	25.81c	(26.21f) 1/12
8		Ren BROWN	JR	#2 Chicago	25.85c	(26.25f) 2/17
9		Gabri MESCHINO	JR	#2 Chicago {2}	25.86	2/2
10		Maddie LYONS	SO	#2 Chicago {3}	25.96	2/25

Women's 400 Meters

1	2	Emma KELLEY	SR	#1 Washington (Mo.	55.29c	(56.02f) 2/16
2	20	Ren BROWN	JR	#2 Chicago	56.76	2/25
3	26	Kylie SPYTEK	SO	#1 Washington (Mo.{2}	56.96	2/25
4	61	Catherine CHRISTOPHER	FR	#1 Washington (Mo.{3}	57.96c	(58.73f) 1/12
5	75	Gayle HENDERSON	FR	#1 Washington (Mo.{4}	58.25c	(59.02f) 3/2
6	98	Julia CORIC	FR	#1 Washington (Mo.{5}	58.61c	(59.38f) 2/10
7		Isabella RHEE	SR	#6 Carnegie Mellon	58.66	2/25
8		Hannah BOHBOT-DRIDI	JR	#7 Brandeis	59.03c	(59.81f) 3/2
9		Ava HAGWELL	FR	#2 Chicago {2}	59.28	2/25
10		Elizabeth WAGNER	SO	#1 Washington (Mo.{6}	59.33c	(1:00.11f) 2/10

Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.	2:05.34c	(2:06.78f) 1/12
2	9	Alessia SARUSSI	SR	#1 Washington (Mo.{2}	2:10.96	2/25
3	10	Libby RANOCHA	JR	#3 Emory	2:11.18	2/25
4	16	Danielle SCHULTZ	SR	#1 Washington (Mo.{3}	2:12.01	2/25
5	31	Elisabeth CAMIC	JR	#2 Chicago	2:13.47c	(2:15.01f) 2/17
6	32	Madison TIAFFAY	SO	#3 Emory {2}	2:13.56	2/25
7	33	Maddie KELLY	JR	#2 Chicago {2}	2:13.79	2/25
8	37	Caroline ECHOLS	FR	#1 Washington (Mo.{4}	2:14.47c	(2:16.02f) 1/26
9	42	Emma KELLY	SO	#2 Chicago {3}	2:15.05c	(2:16.60f) 2/17
10	45	Anna WATSON	JR	#2 Chicago {4}	2:15.20c	(2:16.76f) 2/17

Women's Mile

1	3	Grace RICHARDSON	SR	#4 NYU	4:49.24	2/3
2	12	Evelyn BATTLES-ON-GUNKEL	SR	#2 Chicago	4:54.39	2/2
3	15	Elisabeth CAMIC	JR	#2 Chicago {2}	4:54.98	1/27
4	27	Jillian HETH	SO	#1 Washington (Mo.	4:57.27c	(5:00.21f) 3/2
5	32	Alexandra BLAKE	SR	#1 Washington (Mo.{2}	4:58.19c	(5:01.14f) 2/16
6	36	Caitlin JORGENSEN	SR	#2 Chicago {3}	4:58.57	2/2
7	39	Helena TEIXEIRA-DASILVA	SR	#1 Washington (Mo.{3}	4:59.01c	(5:01.97f) 3/2
8	41	Katie RECTOR	SO	#1 Washington (Mo.{4}	4:59.20c	(5:02.16f) 2/16
9	44	Emma KELLY	SO	#2 Chicago {4}	4:59.39	2/25
10	45	Estelle SNIDER	FR	#2 Chicago {5}	4:59.67	2/25

Women's 3000 Meters

1	2	Grace RICHARDSON	SR	#4 NYU	9:27.12	2/10
2	8	Brigid HANLEY	JR	#3 Emory	9:36.88	2/25
3	9	Evelyn BATTLES-ON-GUNKEL	SR	#2 Chicago	9:37.17	1/27
4	14	Kate COCHRAN	JR	#4 NYU {2}	9:41.59c	(9:46.57f) 3/2
5	20	Janie COOPER	SO	#4 NYU {3}	9:45.37c	(9:50.38f) 3/2
6	21	Caitlin JORGENSEN	SR	#2 Chicago {2}	9:45.79c	(9:50.81f) 2/17
7	40	Alexandra BLAKE	SR	#1 Washington (Mo.	9:54.46	2/25
8	43	Jillian HETH	SO	#1 Washington (Mo.{2}	9:55.51	2/25
9	44	Sophie TEDESCO	JR	#2 Chicago {3}	9:55.58c	(10:00.68f) 2/17
10	49	Lauren IAGNEMMA	SO	#5 Case Western Re	9:58.94	2/25

Women's 5000 Meters

1	2	Evelyn BATTLES-ON-GUNKEL	SR	#2 Chicago	16:27.68 OT	2/9
2	6	Grace RICHARDSON	SR	#4 NYU	16:44.20	12/2
3	19	Estelle SNIDER	FR	#2 Chicago {2}	17:03.37 OT	2/9
4	26	Kate COCHRAN	JR	#4 NYU {2}	17:07.18	2/25
5	29	Brigid HANLEY	JR	#3 Emory	17:08.61	12/2
6	33	Sophie TEDESCO	JR	#2 Chicago {3}	17:11.47 OT	2/9
7	35	Elizabeth CSIKAI	FR	#3 Emory {2}	17:14.51	12/2
8	46	Julia PATTERSON	JR	#1 Washington (Mo.	17:35.53	2/25
9	49	Orit SHIANG	FR	#6 Carnegie Mellon	17:38.58	2/25
10	78	Ashley NOVAK	SO	#5 Case Western Re	17:50.95	2/25



Conference TFRI Event Summary



UAA

as of 3/4/2024 8:35:36 PM ET

Women's 4x400 Relay

1	4	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley	#1 Washington (Mo.)	3:48.84	2/25
2	18	Audrey Johnson, Libby Ranocha, Hannah Riley, Nikki Boon	#3 Emory	3:51.58	2/25
3	28	Ava Hagwell, Elisabeth Camic, Camila Garanton, Ren Brown	#2 Chicago	3:56.86	2/25
4	42	Hannah Bohbot- Dridi, Olivia Zarzycki, Elizabeth Korn, Shaniece Nugent	#7 Brandeis	4:00.64c (4:03.83f)	3/2
5	54	Zoe King, Emily Lannen, Isabella Rhee, Jiahui Tang	#6 Carnegie Mellon	4:02.34	2/25
6	62	Laila Goodman, Cindy Leonard, Seneca Guneratne, Beverly Okyere	#4 NYU	4:03.07	2/25
7		#Type!	#5 Case Western Re	4:11.94c (4:15.28f)	2/10

Women's Distance Medley Relay

1	1	Ren Brown, Maddie Kelly, Elisabeth Camic, Emma Kelly	#2 Chicago	11:30.80c (11:38.20f)	3/2
2	7	Lily Taylor, Dashiel Tao Harris, Madison Tiaffay, Brigid Hanley	#3 Emory	11:39.06c (11:46.55f)	2/16
3	8	Helena Teixeira- Dasilva, Catherine Christopher, Emma Kelley, Alexandra Blake	#1 Washington (Mo.)	11:39.79	2/25
4	15	Vivian Kane, Beverly Okyere, Dominga Rivera, Grace Richardson	#4 NYU	11:44.84	2/25
5	31	Grace Jackson, Melanie Taylor, Arianna Holbrook, Lauren Iagnemma	#5 Case Western Re	12:08.41	2/25
6	44	Margaret Ann Healy, Jiahui Tang, Emily Lannen, Sophia Zalewski	#6 Carnegie Mellon	12:27.75	2/25
7		Sadie Harrow, Natalie Liapis, Ella Warkentine, Lizzy Reynolds	#7 Brandeis	13:08.67	2/25

Women's High Jump

1	5	Elizabeth BARRE	SR	#6 Carnegie Mellon	1.70m	5-7	1/27
2	37	Kirsten MAN	JR	#7 Brandeis	1.64m	5-4½	3/2
3	40	Selah DUNGEY	SO	#2 Chicago	1.63m	5-4¼	2/10
4	72	Olivia THEISEN	FR	#1 Washington (Mo.)	1.60m	5-3	12/2
5	100	Linda WANG	FR	#3 Emory	1.58m	5-2¼	2/25
6		Areyanna MCCARTHY	SO	#4 NYU	1.55m	5-1	2/10
6		Elizabeth MULVANEY	FR	#2 Chicago	{2} 1.55m	5-1	1/27
8		Olivia ZARZYCKI	SR	#7 Brandeis	{2} 1.53m	5-¼	1/27
8		Madelyn MOENICKHEIM	SR	#1 Washington (Mo.)	{2} 1.53m	5-¼	1/12
10		Sammi DUNN	JR	#2 Chicago	{3} 1.52m	4-11¾	2/2
10		Olivia BOYD	SO	#2 Chicago	{3} 1.52m	4-11¾	12/1
10		Clara BENNETT	FR	#2 Chicago	{3} 1.52m	4-11¾	2/2

Women's Pole Vault

1	3	Yasmin RUFF	JR	#1 Washington (Mo.)	4.03m	13-2½	2/10
2	16	Susannah TRUITT	JR	#2 Chicago	3.78m	12-4¾	3/1
3	26	Holly SCHREIBER	FR	#5 Case Western Re	3.70m	12-1½	3/3
4	31	Hannah RILEY	FR	#3 Emory	3.67m	12-½	2/10
5	32	Annie WANK	FR	#5 Case Western Re	{2} 3.64m	11-11¼	2/3
6	36	Arden MARTINO	FR	#2 Chicago	{2} 3.60m	11-9¾	2/10
7	41	Smiley HUYNH	JR	#7 Brandeis	3.55m	11-7¾	2/10
7	41	Anna CURTIS	SR	#1 Washington (Mo.)	{2} 3.55m	11-7¾	2/3
9	48	Mackenzie WALKER	SO	#1 Washington (Mo.)	{3} 3.51m	11-6¼	2/25
10	54	Celeste TAYLOR	SO	#2 Chicago	{3} 3.47m	11-4½	2/17

Women's Long Jump

1	6	Nikki BOON	JR	#3 Emory	5.86m	19-2¾	2/25
2	18	Elizabeth BARRE	SR	#6 Carnegie Mellon	5.65m	18-6½	2/25
3	27	Marina SEMPLE	SO	#2 Chicago	5.59m	18-4¼	2/25
4	29	Ebunoluwa OPATA	JR	#1 Washington (Mo.)	5.58m	18-3¾	2/25
5	68	Caroline HANSEN	JR	#3 Emory	{2} 5.43m	17-9¾	2/25
6	75	Grace STERNBERGER	FR	#2 Chicago	{2} 5.41m	17-9	2/17
7	86	Maya DAVIS	FR	#1 Washington (Mo.)	{2} 5.39m	17-8¼	12/2
8	91	Kate WALSH	SO	#4 NYU	5.37m	17-7½	1/19
8	91	Rebecca STEWART	JR	#2 Chicago	{3} 5.37m	17-7½	2/25
10	94	Olivia THEISEN	FR	#1 Washington (Mo.)	{3} 5.36m	17-7	2/10

Women's Triple Jump

1	3	Ebunoluwa OPATA	JR	#1 Washington (Mo.)	12.42m	40-9	2/25
2	11	Caroline HANSEN	JR	#3 Emory	11.87m	38-11½	2/2
3	16	Rebecca STEWART	JR	#2 Chicago	11.78m	38-7¾	3/1
4	41	Shaniece NUGENT	JR	#7 Brandeis	11.42m	37-5¾	2/25
5	45	Sarah OZEKI	JR	#5 Case Western Re	11.37m	37-3¾	2/25
6	49	Jocelyn KIEFEL	JR	#6 Carnegie Mellon	11.35m	37-3	2/25
7	51	Iniyaa MOHANRAJ	SO	#6 Carnegie Mellon	{2} 11.33m	37-2¼	3/2
8	71	Emily HOPKINS	SR	#5 Case Western Re	{2} 11.15m	36-7	2/10
9	75	Dasha JACKSON	SO	#4 NYU	11.13m	36-6¼	2/25
10	93	Areyanna MCCARTHY	SO	#4 NYU	{2} 11.01m	36-1½	12/1



Conference TFRI Event Summary



UAA

as of 3/4/2024 8:35:37 PM ET

Women's Shot Put

1	2	Molly LAUMAKIS	JR	#2 Chicago	14.99m	49-2¼	2/10
2	9	Jenae BOTHE	SO	#1 Washington (Mo.	14.24m	46-8¾	1/12
3	59	Nikki BOON	JR	#3 Emory	12.86m	42-2¼	2/25
4	89	Adrienne WACHTMAN	SR	#5 Case Western Re	12.41m	40-8¾	2/3
5	91	Sarah FINEMAN	JR	#3 Emory	{2} 12.40m	40-8¼	2/25
6		Mikayla WISE	SR	#1 Washington (Mo.	{2} 12.33m	40-5½	1/26
7		Michelle UVIEGHARA	JR	#4 NYU	12.24m	40-2	1/19
8		Taylor SIMPSON	JR	#1 Washington (Mo.	{3} 12.04m	39-6	2/25
9		Taylor SYMONETTE	JR	#6 Carnegie Mellon	11.51m	37-9¼	2/10
10		Rielley MCNEILL	FR	#2 Chicago	{2} 11.33m	37-2¼	2/17

Women's Weight Throw

1	25	Molly LAUMAKIS	JR	#2 Chicago	17.15m	56-3¼	2/25
2	54	Adrienne WACHTMAN	SR	#5 Case Western Re	16.06m	52-8¼	2/3
3	67	Michelle LEE	SO	#5 Case Western Re	{2} 15.72m	51-7	2/25
4	90	Ailean DUFFIE	SR	#5 Case Western Re	{3} 15.19m	49-10	2/9
5	98	Brooke CALDWELL	FR	#2 Chicago	{2} 15.08m	49-5¾	2/2
6		Jenae BOTHE	SO	#1 Washington (Mo.	14.94m	49-¼	2/25
7		Lauren ROSKUSZKA	JR	#5 Case Western Re	{4} 14.87m	48-9½	12/2
8		Mikayla WISE	SR	#1 Washington (Mo.	{2} 14.73m	48-4	2/10
9		Taylor SIMPSON	JR	#1 Washington (Mo.	{3} 14.46m	47-5¼	2/25
10		Rachel GINN	JR	#5 Case Western Re	{5} 14.43m	47-4¼	2/3

Women's Pentathlon

1	2	Nikki BOON	JR	#3 Emory	3,673	2/9
2	3	Elizabeth BARRE	SR	#6 Carnegie Mellon	3,628	1/27



Conference TFRI Event Summary



UEC

as of 3/4/2024 8:35:37 PM ET

Women's 60 Meters

1	35	Leah GRAY	JR	#6 Penn State Harri	7.76	1/27
2	50	Oceana BROWN	FR	#7 Gallaudet	7.79	2/26
3		Molly WAGNER	JR	#5 Carlow (Pa.)	8.03	2/16
4		Madison KAPPELER	JR	#1 Penn State Behr	8.17	2/26
5		Chay'La RIVERS	SO	#2 St. Mary's (Md.)	8.22	2/26
6		Faith GARBER	FR	#3 Lancaster Bible	8.30	2/26
7		Trista MILLER	JR	#5 Carlow (Pa.) {2}	8.37	2/26
8		Keri LECHNER	SR	#5 Carlow (Pa.) {3}	8.50	12/1
9		Peyton GRIMM	FR	#1 Penn State Behr	8.53	2/3
10		Avery ARIZZI	FR	#2 St. Mary's (Md.) {2}	8.54	1/20

Women's 60 Meter Hurdles

1		Chay'La RIVERS	SO	#2 St. Mary's (Md.)	10.09	2/26
2		Keri LECHNER	SR	#5 Carlow (Pa.)	10.14	1/20
3		Haley FELTON	JR	#1 Penn State Behr	10.18	2/26
4		Grace WEBER	SO	#6 Penn State Harri	10.28	2/26
5		Christina SMITH	SR	#5 Carlow (Pa.) {2}	10.66	2/26
6		Mackenzie BAUGHMAN	FR	#3 Lancaster Bible	10.92	2/10
7		Samantha PERLONI	FR	#3 Lancaster Bible {2}	11.09	2/3
8		Eliza PAURA	FR	#1 Penn State Behr	11.12	12/1
9		Charis EVANS	FR	#4 Alfred State	11.45	12/1

Women's 200 Meters

1	31	Oceana BROWN	FR	#7 Gallaudet	25.18c	(25.57f) 3/2
2		Leah GRAY	JR	#6 Penn State Harri	26.17c	(26.57f) 2/26
3		Hannah WETZEL	SR	#7 Gallaudet {2}	26.43c	(26.84f) 2/26
4		Molly WAGNER	JR	#5 Carlow (Pa.)	26.47c	(26.88f) 2/16
5		Ivy LAFFAN	JR	#1 Penn State Behr	27.27c	(27.69f) 2/26
6		Madison KAPPELER	JR	#1 Penn State Behr	27.35c	(27.77f) 12/9
7		Avery ARIZZI	FR	#2 St. Mary's (Md.)	27.62c	(28.05f) 1/27
8		Chay'La RIVERS	SO	#2 St. Mary's (Md.) {2}	27.64c	(28.07f) 2/26
9		Sarah RIVET	SR	#4 Alfred State	27.66c	(28.09f) 2/9
10		Trista MILLER	JR	#5 Carlow (Pa.) {2}	27.80c	(28.23f) 2/26

Women's 400 Meters

1	88	Oli KRAYNIK	FR	#4 Alfred State	58.50c	(59.27f) 2/26
2		Ivy LAFFAN	JR	#1 Penn State Behr	1:01.31 OT	2/17
3		Avery ARIZZI	FR	#2 St. Mary's (Md.)	1:01.90c	(1:02.72f) 2/26
4		Savannah OWENS	SO	#2 St. Mary's (Md.) {2}	1:02.64c	(1:03.47f) 2/26
5		Grace WEBER	SO	#6 Penn State Harri	1:03.37c	(1:04.21f) 2/26
6		Elizabeth LIEB	JR	#3 Lancaster Bible	1:03.50c	(1:04.34f) 2/10
7		Sarah RIVET	SR	#4 Alfred State {2}	1:03.90c	(1:04.74f) 2/9
8		Victoria DIETRICH	JR	#1 Penn State Behr	1:05.29c	(1:06.15f) 2/26
9		Leah GRAY	JR	#6 Penn State Harri	1:06.45	12/2
10		Elise KINYANJUI	SO	#2 St. Mary's (Md.) {3}	1:06.48c	(1:07.36f) 2/26

Women's 800 Meters

1		Brittney DOUGLAS	SO	#2 St. Mary's (Md.)	2:27.50c	(2:29.20f) 2/3
2		Bridget MCMASTER	FR	#1 Penn State Behr	2:30.72 OT	2/17
3		Oli KRAYNIK	FR	#4 Alfred State	2:33.75c	(2:35.52f) 1/27
4		Isabelle POPOFF	SR	#4 Alfred State {2}	2:34.67c	(2:36.45f) 2/26
5		Savannah OWENS	SO	#2 St. Mary's (Md.) {2}	2:35.02c	(2:36.80f) 12/2
6		Ella CLOAK	SO	#5 Carlow (Pa.)	2:35.34c	(2:37.13f) 2/16
7		Olivia PLUMMER	FR	#4 Alfred State {3}	2:35.61c	(2:37.40f) 2/26
8		Kaylee HOLSTON	FR	#2 St. Mary's (Md.) {3}	2:38.65c	(2:40.48f) 2/26
9		Hartle LINDSEY	SO	#1 Penn State Behr	2:41.59c	(2:43.45f) 1/27
10		Jaquelyn HEFLIN	SR	#5 Carlow (Pa.) {2}	2:44.19c	(2:46.08f) 2/26

Women's Mile

1		Olivia NOLA	JR	#1 Penn State Behr	5:24.62 OT	1/20
2		Isabelle POPOFF	SR	#4 Alfred State	5:29.49c	(5:32.75f) 3/2
3		Hartle LINDSEY	SO	#1 Penn State Behr	5:36.01c	(5:39.33f) 2/26
4		Dana KELLER	SO	#3 Lancaster Bible	5:39.11c	(5:42.46f) 2/26
5		Brittney DOUGLAS	SO	#2 St. Mary's (Md.)	5:42.55c	(5:45.94f) 2/26
6		Elizabeth ROBEY	SR	#2 St. Mary's (Md.) {2}	5:49.00c	(5:52.45f) 1/20
7		Kaylee HOLSTON	FR	#2 St. Mary's (Md.) {3}	5:50.98c	(5:54.45f) 2/26
8		Olivia PLUMMER	FR	#4 Alfred State {2}	6:09.12c	(6:12.77f) 2/16
9		Laci SCHWIRIAN	SO	#5 Carlow (Pa.)	6:13.85c	(6:17.55f) 12/9
10		Ariana LECOURAS	JR	#2 St. Mary's (Md.) {4}	6:17.18c	(6:20.91f) 2/3

Women's 3000 Meters

1		Dana KELLER	SO	#3 Lancaster Bible	10:59.43c	(11:05.08f) 2/26
2		Hartle LINDSEY	SO	#1 Penn State Behr	11:02.53c	(11:08.21f) 2/26
3		Olivia NOLA	JR	#1 Penn State Behr	11:04.74c	(11:10.43f) 12/9
4		Hailey KUMPF	FR	#4 Alfred State	11:40.16c	(11:46.16f) 2/26
5		Elizabeth ROBEY	SR	#2 St. Mary's (Md.)	11:41.34c	(11:47.35f) 2/26
6		Litwiler BETHANY	SO	#1 Penn State Behr	12:05.04c	(12:11.25f) 12/9
7		Madison KINGSLEY	FR	#2 St. Mary's (Md.) {2}	12:16.91c	(12:23.22f) 2/26
8		Ariana LECOURAS	JR	#2 St. Mary's (Md.) {3}	12:29.94c	(12:36.37f) 2/26
9		Weiya CARTER	FR	#2 St. Mary's (Md.) {4}	12:35.30c	(12:41.77f) 2/26
10		Laci SCHWIRIAN	SO	#5 Carlow (Pa.)	12:39.64 OT	12/1

Women's 5000 Meters

1		Hartle LINDSEY	SO	#1 Penn State Behr	19:27.63 OT	2/3
2		Elizabeth ROBEY	SR	#2 St. Mary's (Md.)	20:25.01c	(20:34.39f) 2/3
3		Litwiler BETHANY	SO	#1 Penn State Behr	21:09.75c	(21:19.47f) 2/26
4		Bridget MCMASTER	FR	#1 Penn State Behr	21:14.64c	(21:24.40f) 2/26
5		Madison KINGSLEY	FR	#2 St. Mary's (Md.) {2}	21:36.13c	(21:46.05f) 2/3
6		Weiya CARTER	FR	#2 St. Mary's (Md.) {3}	22:15.79c	(22:26.02f) 1/27
7		Stacie LALLY	JR	#2 St. Mary's (Md.) {4}	24:02.48c	(24:13.52f) 2/3
8		Jurnee ACOSTA	JR	#3 Lancaster Bible	26:29.00c	(26:41.16f) 2/26



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



UEC

as of 3/4/2024 8:35:37 PM ET

Women's 4x400 Relay

1	Madison Kappeler, Victoria Dietrich, Peyton Grimm, Ivy Laffan	#1 Penn State Behr	4:13.57c	(4:16.93f)	2/26
2	Savannah Owens, Brittney Douglas, Elise Kinyanjui, Avery Arizzi	#2 St. Mary's (Md.)	4:13.95c	(4:17.32f)	2/26
3	Sarah Rivet, Lily Schnell, Isabelle Popoff, Oli Kraynik	#4 Alfred State	4:15.72c	(4:19.11f)	2/16
4	Ella Cloak, Keri Lechner, Christina Smith, Molly Wagner	#5 Carlow (Pa.)	4:29.29c	(4:32.86f)	12/9
5	#Type!	#3 Lancaster Bible	4:42.88c	(4:46.63f)	1/27
6	#Type!	#6 Penn State Harri	5:03.12c	(5:07.14f)	1/27

Women's Distance Medley Relay

1	Kaylee Holston, Dina Jones, Brittney Douglas, Elizabeth Robey	#2 St. Mary's (Md.)	13:57.45c	(14:06.42f)	1/27
2	Hailey Kumpf, Oli Kraynik, Olivia Plummer, Isabelle Popoff	#4 Alfred State	14:04.01c	(14:13.05f)	2/26
3	Elizabeth Lieb, Faith Garber, Mackenzie Baughman, Dana Keller	#3 Lancaster Bible	14:09.25c	(14:18.34f)	2/26
4	Angelina Compeggie, Bridget McMaster, Haley Felton, Hartle Lindsey	#1 Penn State Behr	14:14.54c	(14:23.69f)	2/26

Women's High Jump

1	5 Hannah WETZEL	SR	#7 Gallaudet	1.70m	5-7	3/2
2	Christina SMITH	SR	#5 Carlow (Pa.)	1.54m	5-½	2/16
3	Rylee LONG	FR	#1 Penn State Behr	1.42m	4-7¾	12/1
4	LEIA DAY	SO	#5 Carlow (Pa.) {2}	1.40m	4-7	2/26
4	Elise KINYANJUI	SO	#2 St. Mary's (Md.)	1.40m	4-7	1/12
6	Chay'La RIVERS	SO	#2 St. Mary's (Md.) {2}	1.35m	4-5	2/26
7	Samantha PERLONI	FR	#3 Lancaster Bible	1.29m	4-2¾	2/3
8	Mackenzie BAUGHMAN	FR	#3 Lancaster Bible {2}	1.22m	4-0	2/10

Women's Pole Vault

1	62 Madison KAPPELER	JR	#1 Penn State Behr	3.45m	11-3¾	3/2
2	Noelani TAKEI	JR	#1 Penn State Behr {2}	3.05m	10-0	2/26
3	Oli KRAYNIK	FR	#4 Alfred State	3.00m	9-10	1/27
3	Katrin CAVANAUGH	FR	#6 Penn State Harri	3.00m	9-10	2/10
5	Laura WALTER	SR	#4 Alfred State {2}	2.70m	8-10¼	1/20
6	Gracie JONES	JR	#1 Penn State Behr {3}	2.50m	8-2½	12/1
7	Alyssa SNYDER	FR	#6 Penn State Harri {2}	2.45m	8-½	2/26
7	Emma MCMURRAY	SO	#3 Lancaster Bible	2.45m	8-½	2/26
9	Lilian NELSON	JR	#7 Gallaudet	2.30m	7-6½	2/26
9	Angelina COMPEGGIE	SO	#1 Penn State Behr {4}	2.30m	7-6½	2/26

Women's Long Jump

1	94 Hannah WETZEL	SR	#7 Gallaudet	5.36m	17-7	1/27
2	Madison KAPPELER	JR	#1 Penn State Behr	5.06m	16-7¼	2/26
3	Peyton GRIMM	FR	#1 Penn State Behr {2}	4.96m	16-3¼	12/1
4	Madison SNAYCZUK	JR	#4 Alfred State	4.81m	15-9½	2/3
5	Keri LECHNER	SR	#5 Carlow (Pa.)	4.73m	15-6¼	1/20
6	Sydney TAYLOR	FR	#5 Carlow (Pa.) {2}	4.72m	15-6	2/16
7	Laura WALTER	SR	#4 Alfred State {2}	4.59m	15-¾	1/27
8	LEIA DAY	SO	#5 Carlow (Pa.) {3}	4.52m	14-10	2/16
9	Chay'La RIVERS	SO	#2 St. Mary's (Md.)	4.50m	14-9¼	2/26
10	Lauren HESS	SO	#6 Penn State Harri	4.44m	14-6¾	2/10
10	Katrin CAVANAUGH	FR	#6 Penn State Harri	4.44m	14-6¾	1/20

Women's Triple Jump

1	33 Hannah WETZEL	SR	#7 Gallaudet	11.50m	37-8¾	2/26
2	61 Rylee LONG	FR	#1 Penn State Behr	11.23m	36-10¼	12/9
3	Sydney TAYLOR	FR	#5 Carlow (Pa.)	10.42m	34-2¼	2/16
4	Chay'La RIVERS	SO	#2 St. Mary's (Md.)	10.11m	33-2	2/26
5	Malina HALL	JR	#5 Carlow (Pa.) {2}	9.58m	31-5¼	2/26
6	Lauren HESS	SO	#6 Penn State Harri	9.57m	31-4¾	2/3
7	Christina SMITH	SR	#5 Carlow (Pa.) {3}	9.55m	31-4	12/9
8	Samantha PERLONI	FR	#3 Lancaster Bible	9.28m	30-5½	2/26
9	Katrin CAVANAUGH	FR	#6 Penn State Harri {2}	9.06m	29-8¾	12/8

Women's Shot Put

1	57 Midajah DAVIS	SR	#7 Gallaudet	12.89m	42-3½	1/27
2	Jillian ZUKLEY	FR	#2 St. Mary's (Md.)	11.93m	39-1¾	1/27
3	Martha WEAVER	FR	#3 Lancaster Bible	10.94m	35-10¾	1/12
4	Paige MASSEY	SO	#1 Penn State Behr	10.93m	35-10½	2/26
5	Stephanie REIDER	SR	#6 Penn State Harri	10.82m	35-6	2/26
6	Erin WILSEY	JR	#3 Lancaster Bible {2}	10.43m	34-2¾	2/26
7	Rebecca BEST	FR	#3 Lancaster Bible {3}	10.25m	33-7½	2/26
8	Jileena STEARNS	FR	#4 Alfred State	9.76m	32-¼	2/26
9	Emma SOVICH	JR	#5 Carlow (Pa.)	9.24m	30-3¾	2/16
10	Allison ROBINSON	FR	#3 Lancaster Bible {4}	8.86m	29-1	2/26

Women's Weight Throw

1	Stephanie REIDER	SR	#6 Penn State Harri	14.23m	46-8¼	1/27
2	Jessica PARK	SO	#1 Penn State Behr	13.20m	43-3¾	12/9
3	Mackenzie GILLETTE	SO	#4 Alfred State	12.66m	41-6½	2/26
4	Martha WEAVER	FR	#3 Lancaster Bible	12.49m	40-11¾	2/26
5	Gabrielle DEITRICH	FR	#6 Penn State Harri {2}	11.63m	38-2	2/26
6	Jillian ZUKLEY	FR	#2 St. Mary's (Md.)	11.26m	36-11½	12/2
7	Fladaina BRUNO	SO	#2 St. Mary's (Md.) {2}	11.11m	36-5½	2/3
8	Erin WILSEY	JR	#3 Lancaster Bible {2}	10.57m	34-8¼	2/26
9	Paige MASSEY	SO	#1 Penn State Behr {2}	10.48m	34-4¾	2/17
10	Nayev PUMPHREY	SO	#2 St. Mary's (Md.) {3}	10.29m	33-9¼	2/26

Women's Pentathlon

1	Mackenzie BAUGHMAN	FR	#3 Lancaster Bible	1,946		2/10
2	Samantha PERLONI	FR	#3 Lancaster Bible {2}	1,880		2/3
3	Chay'La RIVERS	SO	#2 St. Mary's (Md.)	1,756		2/3



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Women's 60 Meters

1	Camille RING	FR	#6 Crown	8.14	2/17
2	Deanna TRUCKSESS	JR	#5 Northwestern-Si	8.17	12/9
3	Cassidy GIBSON	FR	#3 Bethany Luthera	8.21	2/24
4	Stephanie WITBROD	JR	#3 Bethany Luthera{2}	8.26	2/24
5	Deshawna HODGES	FR	#7 North Central (M	8.31	2/24
6	Serena LANES	JR	#7 North Central (M{2}	8.38	2/17
7	Nevaeh HENDERSON	FR	#7 North Central (M{3}	8.40	2/24
8	Cora SCHMITZ	SO	#1 UW-Superior	8.41	2/24
8	Grace HAMBIKE	JR	#2 Minnesota Morri	8.41	2/24
10	Grace MORAVCHIK	FR	#5 Northwestern-Si{2}	8.45	1/27

Women's 60 Meter Hurdles

1	Stephanie WITBROD	JR	#3 Bethany Luthera	9.36	12/2
2	Camille RING	FR	#6 Crown	9.39	2/24
3	Grace MORAVCHIK	FR	#5 Northwestern-Si	9.63	2/17
4	Brayli REIMER	FR	#6 Crown {2}	9.82	2/17
5	Alexxa DEQUEVEDO	SR	#1 UW-Superior	10.02	2/3
6	Summer HESSELD AHL	FR	#1 UW-Superior {2}	10.04	2/17
7	Naomi ANDERSON	JR	#3 Bethany Luthera{2}	10.62	2/24
8	Aubrey HARTZELL	FR	#4 Martin Luther	10.85	2/24
9	Grace HAMBIKE	JR	#2 Minnesota Morri	10.94	3/2
10	Ramiyah WORDS	FR	#7 North Central (M	10.96	2/24

Women's 200 Meters

1	Deanna TRUCKSESS	JR	#5 Northwestern-Si	26.52c	(26.93f) 2/10
2	Camille RING	FR	#6 Crown	26.64c	(27.05f) 2/17
3	Grace MORAVCHIK	FR	#5 Northwestern-Si{2}	26.72c	(27.13f) 2/17
4	Cassidy GIBSON	FR	#3 Bethany Luthera	27.14c	(27.56f) 1/27
5	Serena LANES	JR	#7 North Central (M	27.53c	(27.95f) 2/24
6	Allison ALESSI	FR	#1 UW-Superior	27.67c	(28.10f) 2/24
7	Deshawna HODGES	FR	#7 North Central (M{2}	27.95c	(28.38f) 2/24
8	Grace HAMBIKE	JR	#2 Minnesota Morri	27.97c	(28.40f) 2/3
9	Alvine NJOUNANG	FR	#5 Northwestern-Si{3}	28.01c	(28.44f) 2/24
10	Cora SCHMITZ	SO	#1 UW-Superior {2}	28.08c	(28.51f) 2/24

Women's 400 Meters

1	Grace MORAVCHIK	FR	#5 Northwestern-Si	1:01.28c	(1:02.09f) 2/24
2	Deanna TRUCKSESS	JR	#5 Northwestern-Si{2}	1:01.31c	(1:02.12f) 2/24
3	Naomi FOLEY	SO	#4 Martin Luther	1:02.51c	(1:03.34f) 2/24
4	Emery MAKI	FR	#5 Northwestern-Si{3}	1:02.61c	(1:03.44f) 2/24
5	Serena LANES	JR	#7 North Central (M	1:02.76c	(1:03.59f) 2/24
6	Deshawna HODGES	FR	#7 North Central (M{2}	1:03.21c	(1:04.05f) 2/24
7	Alvine NJOUNANG	FR	#5 Northwestern-Si{4}	1:04.13c	(1:04.98f) 2/17
8	Brayli REIMER	FR	#6 Crown	1:04.31c	(1:05.16f) 2/17
9	Ruth BRUECKNER	SO	#6 Crown {2}	1:05.23 OT	1/27
10	Taylor DECOOK	FR	#1 UW-Superior	1:05.36c	(1:06.22f) 2/24

Women's 800 Meters

1	Ella DUFAULT	FR	#6 Crown	2:21.37c	(2:23.00f) 2/24
2	Emery MAKI	FR	#5 Northwestern-Si	2:21.62c	(2:23.25f) 2/16
3	Naomi FOLEY	SO	#4 Martin Luther	2:25.28c	(2:26.95f) 2/24
4	Simone STEPHENS	FR	#1 UW-Superior	2:28.65c	(2:30.36f) 2/10
5	Halle BARKER	JR	#1 UW-Superior {2}	2:29.13c	(2:30.85f) 2/10
6	Brayli REIMER	FR	#6 Crown {2}	2:30.46c	(2:32.19f) 2/24
7	Taylor DECOOK	FR	#1 UW-Superior {3}	2:31.40c	(2:33.14f) 2/24
8	Ruth BRUECKNER	SO	#6 Crown {3}	2:31.43c	(2:33.17f) 2/17
9	Jessica REDMAN	FR	#7 North Central (M	2:31.66c	(2:33.40f) 2/24
10	Cora HUDELLA	SO	#1 UW-Superior {4}	2:34.27c	(2:36.04f) 2/10

Women's Mile

1	Simone STEPHENS	FR	#1 UW-Superior	5:16.64c	(5:19.77f) 2/16
2	Emery MAKI	FR	#5 Northwestern-Si	5:17.11c	(5:20.24f) 2/3
3	Ella DUFAULT	FR	#6 Crown	5:18.97c	(5:22.12f) 2/3
4	Halle BARKER	JR	#1 UW-Superior {2}	5:22.68c	(5:25.87f) 2/16
5	Cora HUDELLA	SO	#1 UW-Superior {3}	5:29.90c	(5:33.16f) 2/16
6	Maya HABBEN	SO	#4 Martin Luther	5:38.46c	(5:41.81f) 2/10
7	Tea BOERNER	JR	#1 UW-Superior {4}	5:40.38c	(5:43.74f) 2/17
8	Taylor DECOOK	FR	#1 UW-Superior {5}	5:40.92c	(5:44.29f) 2/24
9	Hope SULZLE	SR	#4 Martin Luther {2}	5:48.12c	(5:51.56f) 2/24
10	Ruth BRUECKNER	SO	#6 Crown {2}	5:50.59c	(5:54.06f) 2/24

Women's 3000 Meters

1	Simone STEPHENS	FR	#1 UW-Superior	10:36.66c	(10:42.11f) 1/27
2	Halle BARKER	JR	#1 UW-Superior {2}	10:38.20c	(10:43.67f) 1/27
3	Ella DUFAULT	FR	#6 Crown	10:40.36c	(10:45.85f) 2/10
4	Tea BOERNER	JR	#1 UW-Superior {3}	11:08.19c	(11:13.91f) 2/24
5	Cora HUDELLA	SO	#1 UW-Superior {4}	11:09.41c	(11:15.14f) 1/27
6	Maya HABBEN	SO	#4 Martin Luther	11:11.12c	(11:16.87f) 2/24
7	Izzy YUHANNA	FR	#5 Northwestern-Si	11:39.30c	(11:45.29f) 2/24
8	Hope SULZLE	SR	#4 Martin Luther {2}	11:46.18c	(11:52.23f) 2/24
9	Sylvia PESCH	FR	#2 Minnesota Morri	11:47.60c	(11:53.66f) 2/24
10	Ilsa HOAGLUND	JR	#2 Minnesota Morri{2}	11:53.96c	(12:00.08f) 2/24

Women's 5000 Meters

1	Halle BARKER	JR	#1 UW-Superior	18:37.13c	(18:45.68f) 2/3
2	Cora HUDELLA	SO	#1 UW-Superior {2}	19:18.71c	(19:27.58f) 2/24
3	Tea BOERNER	JR	#1 UW-Superior {3}	19:29.18c	(19:38.13f) 2/24
4	Sylvia PESCH	FR	#2 Minnesota Morri	20:07.39c	(20:16.63f) 2/24
5	Maya HABBEN	SO	#4 Martin Luther	20:12.34c	(20:21.62f) 2/24
6	Izzy YUHANNA	FR	#5 Northwestern-Si	20:22.67c	(20:32.03f) 2/24
7	Hope SULZLE	SR	#4 Martin Luther {2}	20:25.14c	(20:34.52f) 2/24
8	Ilsa HOAGLUND	JR	#2 Minnesota Morri{2}	20:54.44c	(21:04.04f) 2/24
9	Anna SCHWARTZ	FR	#3 Bethany Luthera	20:58.47c	(21:08.10f) 2/24
10	Zoe HOAGLUND	JR	#2 Minnesota Morri{3}	21:15.49c	(21:25.25f) 2/24



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Women's 4x400 Relay

1	Alvine Njounang, Deanna Trucksess, Emery Maki, Grace Moravchik	#5 Northwestern-St	4:13.15c (4:16.51f)	2/24
2	Ruth Brueckner, Brayli Reimer, Ella Dufault, Camille Ring	#6 Crown	4:20.40c (4:23.85f)	2/24
3	Deshawna Hodges, Jessica Redman, Hope Naegelen, Serena Lanes	#7 North Central (M	4:23.67c (4:27.17f)	2/24
4	Taylor DeCook, Simone Stephens, Cora Schmitz, Summer Hesseldahl	#1 UW-Superior	4:28.91c (4:32.48f)	2/24
5	Aubrey Hartzell, Liberty VanDenHeuvel, Samantha Grass, Naomi Foley	#4 Martin Luther	4:32.66c (4:36.28f)	2/24
6	Naomi Anderson, Angela Zaccaria, Riley Ping, Jordan Merwin	#3 Bethany Luthera	4:41.06c (4:44.79f)	2/24
7	Paige Diekmann, Triniti Neuhart, Nibras Luqman, Grace Hambike	#2 Minnesota Morri	4:47.59c (4:51.40f)	2/24

Women's Distance Medley Relay

1	Ruth Brueckner, Camille Ring, Brayli Reimer, Ella Dufault	#6 Crown	13:04.99c(13:13.40f)	2/24
2	Cora Hudella, Tea Boerner, Simone Stephens, Halle Barker	#1 UW-Superior	13:42.09c(13:50.89f)	2/24
3	Avah Kraushaar, Hope Naegelen, Amira DiSabatino, Jessica Redman	#7 North Central (M	14:12.25c(14:21.38f)	2/24
4	Sylvia Pesch, Paige Diekmann, Zoe Hoaglund, Abby Hachmeister	#2 Minnesota Morri	14:55.80c(15:05.39f)	2/24
5	Jordan Merwin, Angela Zaccaria, Hannah Rethemeyer, Callie Montgomery	#3 Bethany Luthera	15:07.17c(15:16.89f)	2/24
6	Nicole Trapp, Aubrey Hartzell, Samantha Grass, Abbee Olson	#4 Martin Luther	15:42.56c(15:52.65f)	2/24

Women's High Jump

1	28 Cassidy GIBSON	FR	#3 Bethany Luthera	1.65m	5-5	2/3
2	Ella SCHLEI	SO	#4 Martin Luther	1.56m	5-1½	2/24
3	Stephanie WITBROD	JR	#3 Bethany Luthera{2}	1.51m	4-11½	2/24
4	Catie MCPHERSON	FR	#1 UW-Superior	1.45m	4-9	1/20
5	Myla VOLK	SO	#1 UW-Superior {2}	1.38m	4-6¼	2/10
5	Janae WIDIKER	FR	#1 UW-Superior {2}	1.38m	4-6¼	2/10
7	Alexxa DEQUEVEDO	SR	#1 UW-Superior {4}	1.35m	4-5	2/3
8	Ellen BECKIUS	JR	#2 Minnesota Morri	1.31m	4-3½	2/3
8	Alvine NJOUNANG	FR	#5 Northwestern-St	1.31m	4-3½	2/24
10	Isabel MOLINA	FR	#1 UW-Superior {5}	1.25m	4-1¼	12/9

Women's Pole Vault

1	Anna SCHWARTZ	FR	#3 Bethany Luthera	2.83m	9-3¼	2/3
2	McKenna NASH	FR	#1 UW-Superior	2.60m	8-6¼	2/3
3	Maggie LANDWER	JR	#2 Minnesota Morri	2.46m	8-¾	2/17
4	Naomi FOLEY	SO	#4 Martin Luther	2.45m	8-½	2/24
5	Cora SCHMITZ	SO	#1 UW-Superior {2}	2.38m	7-9¾	2/10
6	Kenzy KREUZER	JR	#1 UW-Superior {3}	2.31m	7-7	2/17
6	Siri OVERTURF	SO	#2 Minnesota Morri{2}	2.31m	7-7	2/17
8	Jenna KOEHLER	SO	#4 Martin Luther {2}	2.25m	7-4½	2/10
9	Paige DIEKMANN	SO	#2 Minnesota Morri{3}	2.23m	7-3¾	2/3
10	Catie MCPHERSON	FR	#1 UW-Superior {4}	2.15m	7-½	2/24

Women's Long Jump

1	Stephanie WITBROD	JR	#3 Bethany Luthera	5.14m	16-10½	1/12
2	Grace MORAVCHIK	FR	#5 Northwestern-St	4.99m	16-4½	2/10
3	Camille RING	FR	#6 Crown	4.84m	15-10½	2/10
4	Summer HESSELD AHL	FR	#1 UW-Superior	4.77m	15-7¾	2/10
5	Lydia RIESCHL	FR	#5 Northwestern-St{2}	4.74m	15-6¾	2/17
6	Kim PETERS	JR	#2 Minnesota Morri	4.68m	15-4¼	2/24
7	Catie MCPHERSON	FR	#1 UW-Superior {2}	4.56m	14-11½	12/9
8	Cassidy GIBSON	FR	#3 Bethany Luthera{2}	4.49m	14-8¾	1/20
9	Deshawna HODGES	FR	#7 North Central (M	4.38m	14-4½	2/17
10	Anna SCHWARTZ	FR	#3 Bethany Luthera{3}	4.36m	14-3¾	2/3

Women's Triple Jump

1	37 Stephanie WITBROD	JR	#3 Bethany Luthera	11.47m	37-7¾	3/2
2	Kim PETERS	JR	#2 Minnesota Morri	9.79m	32-1½	2/3
3	Catie MCPHERSON	FR	#1 UW-Superior	9.50m	31-2	2/10
4	Myla VOLK	SO	#1 UW-Superior {2}	9.48m	31-1¼	2/24
5	Naomi ANDERSON	JR	#3 Bethany Luthera{2}	9.35m	30-8¼	2/10
6	Chloe BJORLIN	FR	#7 North Central (M	8.85m	29-½	2/24
7	Aubrey HARTZELL	FR	#4 Martin Luther	8.59m	28-2¼	2/24
8	Naomi FOLEY	SO	#4 Martin Luther {2}	8.54m	28-¼	2/24



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Women's Shot Put

1	66	Stephanie WITBROD	JR	#3	Bethany Luthera	12.71m	41-8½	3/2
2		Emma JOHNSON	FR	#1	UW-Superior	11.78m	38-7¾	2/17
3		Elise NOLTE	SO	#4	Martin Luther	11.32m	37-1¾	1/20
4		Anna BRIGGS	JR	#2	Minnesota Morri	11.15m	36-7	1/27
5		Madelinn ROMSDAHL	SO	#4	Martin Luther	{2}10.60m	34-9½	1/20
6		Kylie ELMES	SO	#2	Minnesota Morri	{2}10.11m	33-2	1/27
7		MiCayla JONES	SR	#7	North Central (M	9.89m	32-5½	2/3
8		Natalie ENRIGHT	FR	#2	Minnesota Morri	{3}9.87m	32-4¾	2/24
9		Gabby FAWCETT	FR	#6	Crown	9.77m	32-¾	2/24
10		Ella SCHLEI	SO	#4	Martin Luther	{3}9.71m	31-10¼	1/20

Women's Weight Throw

1	73	Stephanie WITBROD	JR	#3	Bethany Luthera	15.48m	50-9½	2/3
2	93	Emma JOHNSON	FR	#1	UW-Superior	15.13m	49-7¾	2/3
3		MiCayla JONES	SR	#7	North Central (M	13.48m	44-2¾	2/17
4		Anna BRIGGS	JR	#2	Minnesota Morri	13.32m	43-8½	2/24
5		Elise NOLTE	SO	#4	Martin Luther	12.86m	42-2¼	2/24
6		Kassidy SIEDOW	SO	#2	Minnesota Morri	{2}12.38m	40-7½	2/24
7		Madelinn ROMSDAHL	SO	#4	Martin Luther	{2}12.13m	39-9¾	1/27
8		Leah DOMKE	SO	#4	Martin Luther	{3}11.75m	38-6¾	2/10
9		McKenzie TUURA	JR	#1	UW-Superior	{2}11.62m	38-1½	1/27
10		Ella SCHLEI	SO	#4	Martin Luther	{4}11.58m	38-0	2/10

Women's Pentathlon

1		Grace HAMBIKE	JR	#2	Minnesota Morri	1,381	3/2
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USA South

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Women's 60 Meters

1	4	Kamiyah WOOTEN	FR	#4 North Carolina W	7.58	2/10
2	17	Mariah BROOKS	SO	#4 North Carolina W{2}	7.67	1/13
3	19	Ti'asia BRYANT	FR	#4 North Carolina W{3}	7.68	3/2
4		Ahnia CHERRY	SO	#4 North Carolina W{4}	8.03	1/20
5		Lia SAVAGE	FR	#1 Southern Virgini	8.09	2/23
6		Brandi GARDNER	SO	#5 Methodist	8.25	2/23
7		Elise CURTIS	FR	#1 Southern Virgini{2}	8.45	2/23
8		Erykalyn NEAL	SO	#5 Methodist {2}	8.46	2/23
9		Destiny WILLIAMS	FR	#6 Mary Baldwin	8.50	12/3
9		Addie PARKER	SR	#1 Southern Virgini{3}	8.50	1/20

Women's 60 Meter Hurdles

1		Riley HEWARD	SR	#1 Southern Virgini	9.95	2/23
2		Folole TORRES	JR	#1 Southern Virgini{2}	10.05	2/23
3		Shandrey ALLMAN	SO	#1 Southern Virgini{3}	10.06	2/23
4		Katena MORRISON	FR	#5 Methodist	10.11	2/23
5		Grace HEARNS	SR	#6 Mary Baldwin	10.20	2/23
6		Taylor MUHLESTEIN	FR	#1 Southern Virgini{4}	11.29	2/23
7		Hannah EASTRIDGE	JR	#6 Mary Baldwin {2}	12.29	2/23

Women's 200 Meters

1	1	Kamiyah WOOTEN	FR	#4 North Carolina W	24.19	2/10
2	12	Mariah BROOKS	SO	#4 North Carolina W{2}	24.72	2/10
3	70	Ahnia CHERRY	SO	#4 North Carolina W{3}	25.50	12/1
4	77	Ti'asia BRYANT	FR	#4 North Carolina W{4}	25.56c (25.95f)	3/2
5		Lia SAVAGE	FR	#1 Southern Virgini	26.41c (26.82f)	2/23
6		Brandi GARDNER	SO	#5 Methodist	26.64	2/3
7		Treasure ROSARIO-WATSON	SO	#5 Methodist {2}	27.15c (27.57f)	2/10
8		Elise CURTIS	FR	#1 Southern Virgini{2}	27.37c (27.79f)	2/23
9		Erykalyn NEAL	SO	#5 Methodist {3}	27.94c (28.37f)	2/23
10		Addie PARKER	SR	#1 Southern Virgini{3}	28.12c (28.56f)	12/9

Women's 400 Meters

1	12	Kamiyah WOOTEN	FR	#4 North Carolina W	56.33	2/10
2		Katelyn LENTZ	FR	#2 Pfeiffer	1:00.79c (1:01.59f)	2/17
3		Folole TORRES	JR	#1 Southern Virgini	1:01.25c (1:02.06f)	2/23
4		Addie PARKER	SR	#1 Southern Virgini{2}	1:01.36c (1:02.17f)	2/23
5		Treasure ROSARIO-WATSON	SO	#5 Methodist	1:01.66c (1:02.47f)	2/23
6		Tessa MILLER	FR	#1 Southern Virgini{3}	1:01.86c (1:02.68f)	2/10
7		Savanna CHAPIN	JR	#1 Southern Virgini{4}	1:03.17	2/3
8		Mariah BROOKS	SO	#4 North Carolina W{2}	1:03.48	2/2
9		Ti'asia BRYANT	FR	#4 North Carolina W{3}	1:04.10	2/2
10		Elise CURTIS	FR	#1 Southern Virgini{5}	1:05.11	1/27

Women's 800 Meters

1	97	Tessa MILLER	FR	#1 Southern Virgini	2:17.64c (2:19.22f)	3/2
2		Carly O'TOOLE	SO	#3 Meredith	2:21.48c (2:23.11f)	2/23
3		Madelyn MERNA	SO	#3 Meredith {2}	2:22.19c (2:23.83f)	2/23
4		Heidi BARTON	SO	#1 Southern Virgini{2}	2:22.48c (2:24.12f)	2/23
5		Madison LOWERY	SR	#2 Pfeiffer	2:25.58c (2:27.25f)	2/1
6		Makayla BORST	FR	#2 Pfeiffer {2}	2:27.13c (2:28.82f)	2/23
7		Savanna CHAPIN	JR	#1 Southern Virgini{3}	2:27.67c (2:29.38f)	12/9
8		Micah WELBORN	SR	#2 Pfeiffer {3}	2:28.41c (2:30.12f)	12/3
9		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{4}	2:28.94c (2:30.65f)	2/10
10		Katelyn LENTZ	FR	#2 Pfeiffer {4}	2:29.54c (2:31.26f)	1/27

Women's Mile

1		Madison LOWERY	SR	#2 Pfeiffer	5:07.56c (5:10.60f)	1/27
2		Madelyn MERNA	SO	#3 Meredith	5:21.19c (5:24.36f)	12/3
3		Savanna CHAPIN	JR	#1 Southern Virgini	5:21.32c (5:24.50f)	2/10
4		Tessa MILLER	FR	#1 Southern Virgini{2}	5:25.47c (5:28.69f)	2/10
5		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{3}	5:28.83c (5:32.08f)	2/10
6		Andrea GALLEGOS	SR	#3 Meredith {2}	5:29.36c (5:32.62f)	2/23
7		Carly O'TOOLE	SO	#3 Meredith {3}	5:29.38c (5:32.64f)	1/20
8		Heidi BARTON	SO	#1 Southern Virgini{4}	5:30.27c (5:33.53f)	2/10
9		Lissie HILL	FR	#1 Southern Virgini{5}	5:31.29c (5:34.56f)	2/23
10		Lilly DALEBOUT	JR	#1 Southern Virgini{6}	5:32.13c (5:35.41f)	2/10

Women's 3000 Meters

1		Madison LOWERY	SR	#2 Pfeiffer	10:17.11c(10:22.40f)	2/17
2		Delaney BUNDY	FR	#3 Meredith	10:50.09c(10:55.66f)	1/13
3		Andrea GALLEGOS	SR	#3 Meredith {2}	10:57.17c(11:02.80f)	2/23
4		Lilly DALEBOUT	JR	#1 Southern Virgini	11:08.60	1/27
5		Lissie HILL	FR	#1 Southern Virgini{2}	11:12.85c(11:18.61f)	2/10
6		Madelyn MERNA	SO	#3 Meredith {3}	11:13.47c(11:19.24f)	2/23
7		Kamryn BRADSHAW-MEYER	JR	#1 Southern Virgini{3}	11:14.11	2/3
8		Maddie HLADIK	FR	#2 Pfeiffer {2}	11:15.86c(11:21.65f)	2/17
9		Jessica WEST	FR	#1 Southern Virgini{4}	11:41.29c(11:47.30f)	2/10
10		Amethyst JOSEPH	SO	#3 Meredith {4}	11:47.86c(11:53.92f)	1/13

Women's 5000 Meters

1		Delaney BUNDY	FR	#3 Meredith	18:59.20	2/4
2		Madison LOWERY	SR	#2 Pfeiffer	19:16.01c(19:24.86f)	2/23
3		Lilly DALEBOUT	JR	#1 Southern Virgini	19:29.61	2/3
4		Andrea GALLEGOS	SR	#3 Meredith {2}	19:41.35c(19:50.40f)	1/20
5		Maddie HLADIK	FR	#2 Pfeiffer {2}	19:44.15c(19:53.21f)	2/23
6		Amethyst JOSEPH	SO	#3 Meredith {3}	20:59.15c(21:08.79f)	2/23
7		Hayley BORST	FR	#2 Pfeiffer {3}	21:10.52c(21:20.25f)	2/23
8		Jessica WEST	FR	#1 Southern Virgini{2}	21:10.63	2/3



USTFCCA NCAA Division III Indoor Track & Field Conference TFRI Event Summary

WOMEN — 2024 Week #7, March 4



USA South

as of 3/4/2024 8:35:38 PM ET

Women's 4x400 Relay

1	65	Lia Savage, Folole Torres, Addie Parker, Tessa Miller	#1 Southern Virgini	4:03.70c (4:06.93f)	3/2
2		Madison Lowery, Micah Welborn, Makayla Borst, Katelyn Lentz	#2 Pfeiffer	4:12.48c (4:15.83f)	2/23
3		Quierra Hawkins, Patti Busch, Katena Morrison, Treazure Rosario-watson	#5 Methodist	4:12.96c (4:16.31f)	2/23
4		Kamiyah Wooten, Mariah Brooks, Ahnia Cherry, Ti'asia Bryant	#4 North Carolina W	4:13.41	12/1
5		Avery Hengsterman, Carly O'Toole, Andrea Gallegos, Madelyn Merna	#3 Meredith	4:31.38c (4:34.98f)	2/23
6		Najila Castillo-Wright, Alyssa Epperson, Savannah Gibbs, Isabel Basilis	#6 Mary Baldwin	5:14.70c (5:18.87f)	2/23

Women's Distance Medley Relay

1	81	Makayla Borst, Katelyn Lentz, Micah Welborn, Madison Lowery	#2 Pfeiffer	12:45.48c(12:53.68f)	2/23
2		Madelyn Merna, Andrea Gallegos, Carly O'Toole, Delaney Bundy	#3 Meredith	12:53.92c(13:02.21f)	2/23
3		Kamryn Bradshaw-meyer, Tessa Miller, Emmalee Hale, Lissie Hill	#1 Southern Virgini	13:35.09c(13:43.82f)	1/20
4		Patti Busch, Nadia Covin, Adriana Blakeney, Makalyn Wilms	#5 Methodist	17:21.84c(17:33.00f)	2/23

Women's High Jump

1		Jocelyn BAKER	FR	#1 Southern Virgini	1.50m	4-11	2/10
1		Jilane PEDERSEN	SR	#1 Southern Virgini	1.50m	4-11	12/9
1		Mikki PROWS	SO	#1 Southern Virgini	1.50m	4-11	2/23
1		Elyssa HOLMAN	FR	#1 Southern Virgini	1.50m	4-11	2/23
5		Elise CURTIS	FR	#1 Southern Virgini{5}	1.45m	4-9	2/10
6		Barresha JONES	JR	#3 Meredith	1.40m	4-7	2/23
7		Lola CABANISS	FR	#2 Pfeiffer	1.35m	4-5	2/23

Women's Pole Vault

1		Savanna CHAPIN	JR	#1 Southern Virgini	2.90m	9-6¼	2/3
2		Jocelyn BAKER	FR	#1 Southern Virgini{2}	2.70m	8-10¼	2/3

Women's Long Jump

1		Brandi GARDNER	SO	#5 Methodist	5.32m	17-5½	12/2
2		Aspen KING	FR	#2 Pfeiffer	4.84m	15-10½	2/23
3		Jocelyn BAKER	FR	#1 Southern Virgini	4.74m	15-6¾	2/23
4		Elyssa HOLMAN	FR	#1 Southern Virgini{2}	4.70m	15-5	1/27
5		Kaitlin BOWER	JR	#6 Mary Baldwin	4.58m	15-½	2/3
6		Grace HEARNS	SR	#6 Mary Baldwin {2}	4.40m	14-5¼	1/27
6		Amirah JOHNSON	FR	#6 Mary Baldwin {2}	4.40m	14-5¼	2/3
8		Jilane PEDERSEN	SR	#1 Southern Virgini{3}	4.17m	13-8¼	1/20
9		Alesha TURNBOW	FR	#1 Southern Virgini{4}	4.14m	13-7	2/3
10		Claire WAGNER	FR	#3 Meredith	4.10m	13-5½	2/23

Women's Triple Jump

1		Grace HEARNS	SR	#6 Mary Baldwin	10.46m	34-4	2/23
2		Elyssa HOLMAN	FR	#1 Southern Virgini	10.13m	33-3	2/23
3		Aspen KING	FR	#2 Pfeiffer	9.45m	31-0	2/23
4		Kaitlin BOWER	JR	#6 Mary Baldwin {2}	9.24m	30-3¾	2/23
5		Jilane PEDERSEN	SR	#1 Southern Virgini{2}	9.02m	29-7¼	2/23

Women's Shot Put

1	77	Christian VAN NORDEN	JR	#4 North Carolina W	12.57m	41-3	2/23
2		Majesty SMITH	JR	#7 William Peace	11.43m	37-6	1/20
3		Katrina GARDNER	FR	#1 Southern Virgini	10.97m	36-0	12/9
4		Ashlyn STONE-AWONG	SO	#1 Southern Virgini{2}	10.26m	33-8	1/20
5		Lusiana MAILAKEBA	JR	#5 Methodist	10.07m	33-½	2/23
6		Elizabeth JONES	JR	#2 Pfeiffer	9.62m	31-6¾	12/3
7		Alex STANCELL	SR	#2 Pfeiffer {2}	9.60m	31-6	2/23
8		Mikki PROWS	SO	#1 Southern Virgini{3}	9.53m	31-3¼	2/10
9		Alea WILLIS	SR	#1 Southern Virgini{4}	9.04m	29-8	2/10
10		Isabel BASILIS	JR	#6 Mary Baldwin	8.96m	29-4¾	1/20

Women's Weight Throw

1		Elizabeth JONES	JR	#2 Pfeiffer	14.90m	48-10¾	2/23
2		Ashlyn STONE-AWONG	SO	#1 Southern Virgini	13.90m	45-7¼	2/23
3		Alea WILLIS	SR	#1 Southern Virgini{2}	13.22m	43-4½	2/23
4		Alex STANCELL	SR	#2 Pfeiffer {2}	13.17m	43-2½	2/23
5		Katrina GARDNER	FR	#1 Southern Virgini{3}	12.31m	40-4¾	2/23
6		Janie DECKER	SR	#2 Pfeiffer {3}	11.85m	38-10½	2/23
7		Christian VAN NORDEN	JR	#4 North Carolina W	11.06m	36-3½	2/2
8		Majesty SMITH	JR	#7 William Peace	10.16m	33-4	2/23
9		Nyjiea FREEMAN	SO	#6 Mary Baldwin	9.84m	32-3½	2/23
10		Riley HEWARD	SR	#1 Southern Virgini{4}	9.37m	30-9	2/23



Conference TFRI Event Summary



WIAC

as of 3/4/2024 8:35:38 PM ET

Women's 60 Meters

1	1	Lauren JARRETT	SO	#1 UW-La Crosse	7.49	2/10
2	4	Tina SHELTON	SR	#5 UW-Whitewater	7.58	2/10
3	24	Makenna ZAK	SO	#1 UW-La Crosse	{2} 7.70	3/2
4	35	Anika REILAND	FR	#1 UW-La Crosse	{3} 7.76	2/16
5	44	Jenna DRISCOLL	SR	#4 UW-Stout	7.78	3/2
6	60	Taylor MOLLING	FR	#1 UW-La Crosse	{4} 7.81	2/24
7	81	Hope SCHUELLER	FR	#2 UW-Eau Claire	7.86	2/3
8	88	Ella AHLSTRAND	FR	#3 UW-Oshkosh	7.87	2/24
8	88	Andrea GLAZ	JR	#3 UW-Oshkosh	7.87	2/19
10		Molly KALLENBACH	JR	#2 UW-Eau Claire	{2} 7.91	2/19

Women's 60 Meter Hurdles

1	1	Hannah ZASTROW	SR	#4 UW-Stout	8.50	3/2
2	9	Emilee BOOKER	JR	#2 UW-Eau Claire	8.72	3/2
3	11	Hannah HOLM	SR	#1 UW-La Crosse	8.75	3/2
4	44	Amber GROSSE	SO	#1 UW-La Crosse	{2} 9.05	2/24
5	49	Brie ECKERMAN	FR	#1 UW-La Crosse	{3} 9.08	2/24
6	51	Megan HUNT	JR	#3 UW-Oshkosh	9.09	2/19
6	51	Lilly ROBERTS	SO	#4 UW-Stout	{2} 9.09	1/27
8	59	Jaryn JOHANNSEN	SR	#2 UW-Eau Claire	{2} 9.12	3/2
9	76	Lauryn RUSTAD	FR	#2 UW-Eau Claire	{3} 9.17	2/24
10	86	Leah ZASTROW	SO	#4 UW-Stout	{3} 9.22	2/24

Women's 200 Meters

1	6	Tina SHELTON	SR	#5 UW-Whitewater	24.58c (24.96f)	2/24
2	14	Lauren JARRETT	SO	#1 UW-La Crosse	24.83	1/27
3	29	Anika REILAND	FR	#1 UW-La Crosse	{2} 25.16c (25.55f)	2/24
4	36	Allyson KAKES	FR	#2 UW-Eau Claire	25.23c (25.62f)	3/2
5	54	Makenna ZAK	SO	#1 UW-La Crosse	{3} 25.42	1/27
6	82	Hannah BILODEAU	SO	#5 UW-Whitewater	{2} 25.58c (25.97f)	2/16
7	100	Sarah GRUBBS	FR	#1 UW-La Crosse	{4} 25.74c (26.14f)	3/2
8		Hope SCHUELLER	FR	#2 UW-Eau Claire	{2} 25.78c (26.18f)	2/24
9		Danielle POUSKA	SO	#5 UW-Whitewater	{3} 25.79c (26.19f)	2/24
10		Morgan JENNINGS	SO	#1 UW-La Crosse	{5} 25.86c (26.26f)	1/20

Women's 400 Meters

1	21	Amber JOHNSON	SR	#1 UW-La Crosse	56.79c (57.54f)	2/24
2	38	Maddy LAVOI	FR	#3 UW-Oshkosh	57.41c (58.17f)	2/24
3	54	Ashley BARTELT	JR	#6 UW-Stevens Poir	57.85c (58.61f)	2/24
4	60	Morgan JENNINGS	SO	#1 UW-La Crosse	{2} 57.94c (58.70f)	2/24
5	61	Anna PLAUTZ	FR	#1 UW-La Crosse	{3} 57.96c (58.73f)	2/24
6	71	Hannah BILODEAU	SO	#5 UW-Whitewater	58.14c (58.91f)	2/24
7	80	Julia STEGER	FR	#3 UW-Oshkosh	{2} 58.43c (59.20f)	2/24
8		Grace KERN	FR	#1 UW-La Crosse	{4} 58.68c (59.45f)	2/24
9		Maddie HECKER	FR	#1 UW-La Crosse	{5} 58.78c (59.56f)	2/24
10		Corrina TVEDT	FR	#4 UW-Stout	58.86c (59.64f)	2/24

Women's 800 Meters

1	6	Maddie HANNAN	SR	#1 UW-La Crosse	2:10.71c (2:12.21f)	3/2
2	12	Greta KOEHLER	SR	#1 UW-La Crosse	{2} 2:11.48c (2:12.99f)	3/2
3	20	Cyna MADIGAN	SR	#3 UW-Oshkosh	2:12.37c (2:13.89f)	12/9
4	26	Gwen HINZ	SO	#1 UW-La Crosse	{3} 2:12.93c (2:14.46f)	3/2
5	28	Anna SCHUETH	SR	#2 UW-Eau Claire	2:13.08c (2:14.61f)	3/2
6	52	Paige FASSBENDER	JR	#5 UW-Whitewater	2:15.53c (2:17.09f)	3/2
7	53	Mikayla HADY	SR	#2 UW-Eau Claire	{2} 2:15.68c (2:17.24f)	2/24
8	60	Libby GEISNESS	SR	#3 UW-Oshkosh	{2} 2:16.02c (2:17.58f)	2/24
9	67	Lily HIGGINS	FR	#1 UW-La Crosse	{4} 2:16.32c (2:17.89f)	3/2
10	86	Cailyn KUECHLE	SR	#8 UW-River Falls	2:17.17c (2:18.75f)	2/24

Women's Mile

1	17	Amelia LEHMAN	SR	#3 UW-Oshkosh	4:55.53c (4:58.45f)	3/2
2	25	Maddie HANNAN	SR	#1 UW-La Crosse	4:56.71c (4:59.64f)	2/24
3	31	Ari DE LA CERDA	JR	#5 UW-Whitewater	4:58.16c (5:01.11f)	3/2
4	42	McKayla FELTON	JR	#4 UW-Stout	4:59.22c (5:02.18f)	1/20
5	47	Mikayla HADY	SR	#2 UW-Eau Claire	5:00.08c (5:03.05f)	3/2
6	51	Greta KOEHLER	SR	#1 UW-La Crosse	{2} 5:00.42c (5:03.39f)	2/10
7	54	Gwen HINZ	SO	#1 UW-La Crosse	{3} 5:01.25c (5:04.23f)	2/10
8	62	Cyna MADIGAN	SR	#3 UW-Oshkosh	{2} 5:02.43c (5:05.42f)	12/2
9	70	Rachel KROUSE	JR	#6 UW-Stevens Poir	5:03.48c (5:06.48f)	2/10
10	74	Lily HIGGINS	FR	#1 UW-La Crosse	{4} 5:03.90c (5:06.90f)	2/24

Women's 3000 Meters

1	10	McKayla FELTON	JR	#4 UW-Stout	9:38.18c (9:43.13f)	3/2
2	29	Rachel KROUSE	JR	#6 UW-Stevens Poir	9:50.57c (9:55.63f)	2/3
3	35	Amelia LEHMAN	SR	#3 UW-Oshkosh	9:52.99c (9:58.07f)	2/24
4	46	Katelyn CHADWICK	JR	#1 UW-La Crosse	9:55.86c (10:00.96f)	2/24
5	64	Maddy VANTASSEL	SR	#1 UW-La Crosse	{2} 10:03.02c (10:08.19f)	2/3
6	78	Madelynn MCINTYRE	JR	#1 UW-La Crosse	{3} 10:06.97c (10:12.17f)	2/3
7	83	Christi FORMAN	SR	#2 UW-Eau Claire	10:08.49c (10:13.70f)	3/2
8		Jenna TRZEBIATOWSKI	SR	#2 UW-Eau Claire	{2} 10:14.98c (10:20.25f)	3/2
9		Paige ALLEMANN	SR	#6 UW-Stevens Poir	{2} 10:16.60c (10:21.88f)	2/19
10		Brooklyn LUEBKE	SO	#1 UW-La Crosse	{4} 10:18.25c (10:23.55f)	2/24

Women's 5000 Meters

1	16	Rachel KROUSE	JR	#6 UW-Stevens Poir	16:55.48c (17:03.25f)	12/2
2	25	Katelyn CHADWICK	JR	#1 UW-La Crosse	17:06.35c (17:14.21f)	2/24
3	27	McKayla FELTON	JR	#4 UW-Stout	17:07.68 OT	2/10
4	39	Madelynn MCINTYRE	JR	#1 UW-La Crosse	{2} 17:25.85c (17:33.86f)	2/24
5	51	Maddy VANTASSEL	SR	#1 UW-La Crosse	{3} 17:39.88c (17:47.99f)	2/10
6	52	Brooklyn LUEBKE	SO	#1 UW-La Crosse	{4} 17:40.74c (17:48.86f)	2/24
7	80	Ava MATEJCEK	SO	#2 UW-Eau Claire	17:51.57c (17:59.77f)	2/24
8	85	Arely JAIME-LUEVANO	JR	#4 UW-Stout	{2} 17:53.89c (18:02.11f)	2/24
9	87	Morgan DAHL	SR	#2 UW-Eau Claire	{2} 17:55.09c (18:03.32f)	2/24
10	90	Laina VIERE	FR	#8 UW-River Falls	17:55.79c (18:04.02f)	1/27



Conference TFRI Event Summary



WIAC

as of 3/4/2024 8:35:38 PM ET

Women's 4x400 Relay

1	12	Anika Reiland, Morgan Jennings, Anna Plautz, Amber Johnson	#1 UW-La Crosse	3:49.79c (3:52.84f)	3/2
2	17	Julia Steger, Olivia Stenzel, Cyna Madigan, Maddy LaVoi	#3 UW-Oshkosh	3:51.39c (3:54.46f)	2/19
3	24	Ashley Bartelt, Malina Carattini, Jaimie Deschand, Anetha Vogele	#6 UW-Stevens Poir	3:54.22c (3:57.32f)	3/2
4	27	Michaela Dick, Emilee Booker, Jaryn Johannsen, Jane Kautz	#2 UW-Eau Claire	3:56.42c (3:59.55f)	2/19
5	37	Abby Giese, Lily Cooper, Katie McNamara, Hannah Bilodeau	#5 UW-Whitewater	3:59.77c (4:02.95f)	2/24
6	47	Margaret Rusch, Kayla Lipsey, Jessica Buss, Elianna Dalamangas	#7 UW-Platteville	4:01.28c (4:04.48f)	2/24
7	72	Corrina Tvedt, Breklyn Lammert, Hailey Krueger, Lilly Roberts	#4 UW-Stout	4:05.54c (4:08.80f)	2/10
8	88	Haylie Rasmussen, Cailyn Kuechle, Elena Fuglestad, Sarah Hansen	#8 UW-River Falls	4:07.93c (4:11.22f)	2/24

Women's Distance Medley Relay

1	6	Gwen Hinz, Amber Johnson, Greta Koehler, Maddie Hannan	#1 UW-La Crosse	11:38.83c (11:46.31f)	2/16
2	13	Cyna Madigan, Maddy LaVoi, Olivia Stenzel, Amelia Lehman	#3 UW-Oshkosh	11:44.00c (11:51.54f)	2/16
3	17	Paige Fassbender, Hannah Bilodeau, Katie Erb, Ari De La Cerde	#5 UW-Whitewater	11:49.58c (11:57.18f)	2/16
4	18	Anna Schueth, Kylee Grabarski, Paige Morrell, Mikayla Hady	#2 UW-Eau Claire	11:51.07c (11:58.68f)	2/16
5	19	McKayla Felton, Corrina Tvedt, Breklyn Lammert, Olivia Donohue	#4 UW-Stout	11:51.80c (11:59.42f)	2/16
6	77	Natalie Johnson, Jaimie Deschand, Ashley Spatz, Maddie Oxborough	#6 UW-Stevens Poir	12:44.39c (12:52.58f)	2/24
7		Kendra Downing, Jessica Buss, Leah Digmann, Lindsey Barnes	#7 UW-Platteville	12:57.44c (13:05.77f)	2/24
8		Jaidyn McAlpine, Sarah Hansen, Megan Halbach, Peyton Opsahl	#8 UW-River Falls	13:06.91c (13:15.34f)	2/24

Women's High Jump

1	10	Macie TODD	JR	#1 UW-La Crosse	1.69m	5-6½	2/16
2	13	Hannah ZASTROW	SR	#4 UW-Stout	1.68m	5-6	2/24
2	13	Ainsley HANSEN	SO	#1 UW-La Crosse	{2} 1.68m	5-6	2/24
4	40	Ella WILLIAMSON	JR	#2 UW-Eau Claire	1.63m	5-4¼	1/27
5	47	Alexys SCHEUERELL	JR	#1 UW-La Crosse	{3} 1.62m	5-3¾	2/24
5	47	Megan HUNT	JR	#3 UW-Oshkosh	1.62m	5-3¾	2/3
5	47	Hailey CAMPBELL	FR	#7 UW-Platteville	1.62m	5-3¾	2/24
8	61	Laura BERTRANG	FR	#2 UW-Eau Claire	{2} 1.61m	5-3¼	3/2
8	61	Madison MCCULLUM	FR	#2 UW-Eau Claire	{2} 1.61m	5-3¼	3/2
10	87	Lexi COLE	JR	#4 UW-Stout	{2} 1.59m	5-2½	2/24
10	87	Alyssa DRAHEIM	FR	#2 UW-Eau Claire	{4} 1.59m	5-2½	2/19

Women's Pole Vault

1	2	Gracie HOLLAND	SR	#5 UW-Whitewater	4.08m	13-4½	2/10
2	5	Leah ZASTROW	SO	#4 UW-Stout	4.01m	13-1¾	1/27
3	7	Annika GUNDERSON	SO	#8 UW-River Falls	3.87m	12-8¼	2/24
4	13	Ayden FLEECHARTY	SR	#2 UW-Eau Claire	3.82m	12-6¼	2/24
5	14	Araceli DE LEO LOPEZ	SO	#1 UW-La Crosse	3.81m	12-6	1/27
6	16	Haley BLAGDON	SR	#2 UW-Eau Claire	{2} 3.78m	12-4¾	3/2
6	16	Maddy HABBERSTAD	FR	#1 UW-La Crosse	{2} 3.78m	12-4¾	3/2
8	25	Marisa HARVEY	FR	#1 UW-La Crosse	{3} 3.71m	12-2	2/16
9	32	Nina WINTERMUTE	FR	#2 UW-Eau Claire	{3} 3.64m	11-11¼	2/10
10	34	Emily SHAFRON	SO	#1 UW-La Crosse	{4} 3.63m	11-10¾	3/2



Conference TFRI Event Summary



WIAC

as of 3/4/2024 8:35:38 PM ET

Women's Long Jump

1	3	Megan HUNT	JR	#3 UW-Oshkosh	5.92m	19-5¼	12/9
2	11	Jenna DRISCOLL	SR	#4 UW-Stout	5.70m	18-8½	3/2
3	23	Ava FOLEY	SO	#1 UW-La Crosse	5.62m	18-5¼	2/24
4	34	Emilee BOOKER	JR	#2 UW-Eau Claire	5.55m	18-2½	2/24
5	36	Maya EVANS	SO	#1 UW-La Crosse	{2} 5.54m	18-2¼	2/24
6	48	Ashley DAVIES	FR	#1 UW-La Crosse	{3} 5.48m	17-11¾	2/24
7	59	Jenna MILLER	SO	#1 UW-La Crosse	{4} 5.45m	17-10¾	2/24
8	81	Anna BUBOLZ	SR	#3 UW-Oshkosh	{2} 5.40m	17-8¾	12/9
8	81	Lauren DIMLER	SO	#2 UW-Eau Claire	{2} 5.40m	17-8¾	2/19
8	81	Alexa GORDEE	FR	#3 UW-Oshkosh	{2} 5.40m	17-8¾	12/9

Women's Triple Jump

1	8	Samantha BARRETT	JR	#1 UW-La Crosse	11.98m	39-3¾	2/24
2	45	Maya EVANS	SO	#1 UW-La Crosse	{2} 11.37m	37-3¾	2/24
3	51	Mackenzey KRONBERG	SO	#1 UW-La Crosse	{3} 11.33m	37-2¼	2/24
4	55	Ashley DAVIES	FR	#1 UW-La Crosse	{4} 11.31m	37-1¼	2/3
5	61	Elianna DALAMANGAS	FR	#7 UW-Platteville	11.23m	36-10¼	2/24
6	69	Josie BLUM	FR	#1 UW-La Crosse	{5} 11.16m	36-7½	2/24
7	79	Alison DAUGHERTY	FR	#1 UW-La Crosse	{6} 11.11m	36-5½	2/3
8	87	Molly KALLENBACH	JR	#2 UW-Eau Claire	11.04m	36-2¾	2/24
9		Alexa GORDEE	FR	#3 UW-Oshkosh	10.96m	35-11½	2/24
10		Haley KANITZ	SO	#3 UW-Oshkosh	{2} 10.92m	35-10	12/9

Women's Shot Put

1	7	Izzy CARROLL	SR	#1 UW-La Crosse	14.25m	46-9	2/24
2	12	Madilyn VANDER SANDEN	FR	#1 UW-La Crosse	{2} 13.97m	45-10	2/24
3	13	Kayla BEHNKE	SO	#2 UW-Eau Claire	13.94m	45-9	2/16
4	15	Brenna NOON	JR	#7 UW-Platteville	13.83m	45-4½	2/16
5	19	Brenna MASLOROFF	SR	#3 UW-Oshkosh	13.64m	44-9	1/27
6	22	Ella PULS	SO	#1 UW-La Crosse	{3} 13.58m	44-6¾	2/24
7	28	Raina STECHER	JR	#2 UW-Eau Claire	{2} 13.39m	43-11¼	2/16
8	44	Lupe CORN	JR	#6 UW-Stevens Poir	13.10m	42-11¾	2/3
9	45	Kailee SELLEN	SR	#2 UW-Eau Claire	{3} 13.08m	42-11	1/20
10	50	Teagan JONES	JR	#2 UW-Eau Claire	{4} 12.95m	42-6	3/2

Women's Weight Throw

1	3	Brenna MASLOROFF	SR	#3 UW-Oshkosh	18.77m	61-7	2/19
2	8	Raina STECHER	JR	#2 UW-Eau Claire	18.30m	60-½	2/3
3	10	Kayla BEHNKE	SO	#2 UW-Eau Claire	{2} 18.22m	59-9½	2/10
4	13	Kenni CZARNECKI	JR	#5 UW-Whitewater	17.93m	58-10	2/24
5	14	Teagan JONES	JR	#2 UW-Eau Claire	{3} 17.91m	58-9¼	3/2
6	26	Ella PULS	SO	#1 UW-La Crosse	17.14m	56-2¾	3/2
7	31	Mikayla MADLENA	JR	#5 UW-Whitewater	{2} 16.89m	55-5	3/1
8	36	Aubree KOENINGS	FR	#4 UW-Stout	16.56m	54-4	1/27
9	38	Izzy CARROLL	SR	#1 UW-La Crosse	{2} 16.52m	54-2½	2/16
10	47	Bobbi BLAHNIK	JR	#3 UW-Oshkosh	{2} 16.20m	53-1¾	2/19

Women's Pentathlon

1	6	Megan HUNT	JR	#3 UW-Oshkosh	3,472	2/24
2	9	Emilee BOOKER	JR	#2 UW-Eau Claire	3,417	3/2
3	16	Jane KAUTZ	SR	#2 UW-Eau Claire	{2} 3,351	1/27
4	17	Alexys SCHEUERELL	JR	#1 UW-La Crosse	3,348	2/24
5	22	Amber GROSSE	SO	#1 UW-La Crosse	{2} 3,302	2/24
6	26	Noelle HACKENMUELLER	SO	#1 UW-La Crosse	{3} 3,265	2/24
7	27	Audrey BRAUN	SO	#1 UW-La Crosse	{4} 3,228	1/27
8	29	Lauryn RUSTAD	FR	#2 UW-Eau Claire	{3} 3,223	2/24
9	30	Emma GRUEN	JR	#2 UW-Eau Claire	{4} 3,211	1/27
10	34	Hailey CAMPBELL	FR	#7 UW-Platteville	3,169	2/24