



Regional TFRI Event Summary



East

as of 3/4/2024 8:34:42 PM ET

Women's 60 Meters

1	3	Kianne BENJAMIN	SR	#2 Bowdoin	7.55	2/25
2	33	Alison MCDONOUGH	SR	#6 Bridgewater Sta	7.75	2/3
3	35	Jailene ESCALERA	SR	#6 Bridgewater Sta	{2} 7.76	2/10
4	44	Wendy WOODEN	SO	#8 Wheaton (Mass.)	7.78	2/25
5	57	Vivienne EVANS	SR	#4 WPI	7.80	3/2
6	60	Savanna VARGAS	FR	#8 Wheaton (Mass.)	{2} 7.81	3/2
7	71	Dorinda OKORJI	JR	#14 UMass Boston	7.84	1/13
8	95	Michaina LORISTON	SO	#8 Wheaton (Mass.)	{3} 7.88	2/25
9		Jainaba CONTEH	FR	#11 Suffolk	7.90	2/10
10		Athena COMEAU	SR	#24 Plymouth State	7.91	2/25
10		Amanda WALDEN	JR	#11 Suffolk	{2} 7.91	2/25

Women's 60 Meter Hurdles

1	16	Alison MCDONOUGH	SR	#6 Bridgewater Sta	8.77	2/25
2	18	Erin DAUGHERTY	JR	#5 Colby	8.80	3/2
3	24	Kiana GOLDBERG	FR	#10 Southern Maine	8.87	2/25
4	25	Amanda CASTALDI	SO	#8 Wheaton (Mass.)	8.89	1/13
5	27	Aryanna GARCEAU	SO	#14 UMass Boston	8.90	2/25
6	32	Sarah PILLONE	SR	#3 Tufts	8.93	2/3
7	42	Makany CAMARA	SR	#19 Fitchburg State	9.03	2/10
8	51	Emma BURR	FR	#13 Thomas (Maine)	9.09	2/25
9	80	Moriah SCHARN	SO	#7 Bates	9.19	2/17
10	82	Alya CAMPBELL	JR	#9 Brandeis	9.21	3/2

Women's 200 Meters

1	2	Kianne BENJAMIN	SR	#2 Bowdoin	24.35	2/25
2	31	Jailene ESCALERA	SR	#6 Bridgewater Sta	25.18c (25.57f)	2/3
3	34	Kennedy KIRKLAND	FR	#2 Bowdoin	{2} 25.21	2/25
4	46	Schylar WYSE	SR	#8 Wheaton (Mass.)	25.37	2/10
5	61	Vivienne EVANS	SR	#4 WPI	25.45	3/2
6	68	Kiara ABRANTES	JR	#6 Bridgewater Sta	{2} 25.48	2/25
7	73	Wendy WOODEN	SO	#8 Wheaton (Mass.)	{2} 25.52c (25.91f)	2/17
8	74	Emma BURR	FR	#13 Thomas (Maine)	25.53	2/25
9	85	Tally ZELLER	SO	#5 Colby	25.59	2/10
10	87	Janiah YOUNG	SO	#10 Southern Maine	25.61c (26.00f)	2/17
10	87	Amanda WALDEN	JR	#11 Suffolk	25.61	2/25

Women's 400 Meters

1	6	Kianne BENJAMIN	SR	#2 Bowdoin	55.83	2/10
2	15	Fiona MEJICO	JR	#5 Colby	56.55c (57.30f)	3/2
3	24	Marina MILLER	JR	#1 MIT	56.92c (57.67f)	3/2
4	29	Ashley KELEHER	SR	#16 Colby-Sawyer	57.07	2/10
5	32	Paige COOKSEY	SR	#1 MIT	{2} 57.12	2/25
6	34	Kiara ABRANTES	JR	#6 Bridgewater Sta	57.20	3/2
7	55	Kristina PIZZI	JR	#5 Colby	{2} 57.86	2/10
8	57	Kaitlyn EWALD	FR	#5 Colby	{3} 57.91	2/10
9	70	Emily CONCEPCION	JR	#11 Suffolk	58.10	3/2
10	71	Olivia DOHERTY	SO	#5 Colby	{4} 58.14	2/10

Women's 800 Meters

1	7	Grace HADLEY	SR	#4 WPI	2:10.73c (2:12.23f)	3/2
2	29	Julia HOWARTH	JR	#1 MIT	2:13.31	1/27
3	62	Erin HOVENDON	SO	#1 MIT	{2} 2:16.08c (2:17.65f)	3/2
4	85	Samantha FENLEY	FR	#10 Southern Maine	2:17.13c (2:18.71f)	2/17
5		Kylie MUSANTE	SO	#7 Bates	2:18.01c (2:19.60f)	3/2
6		Amelia KOKERNAK	SR	#4 WPI	{2} 2:18.14c (2:19.73f)	2/17
7		Haley WIMS	SR	#5 Colby	2:18.18c (2:19.77f)	3/2
8		Amelia NEIMAN	SO	#3 Tufts	2:18.78c (2:20.38f)	3/2
9		Emma SMITH	JR	#3 Tufts	{2} 2:19.14	1/28
10		Anna MACKEY	SO	#5 Colby	{2} 2:19.68	2/10

Women's Mile

1	1	Grace HADLEY	SR	#4 WPI	4:45.94	2/25
2	8	Lexi FERNANDEZ	SO	#1 MIT	4:53.72	2/10
3	16	Kate SANDERSON	SO	#1 MIT	{2} 4:55.21	2/25
4	20	Rujuta SANE	SO	#1 MIT	{3} 4:56.16c (4:59.09f)	3/2
5	30	Ella WHINNEY	SO	#18 Wellesley	4:58.06c (5:01.01f)	3/2
6	65	Lauren TRAUM	SR	#2 Bowdoin	5:03.03c (5:06.02f)	3/2
7	71	Christina CROW	JR	#1 MIT	{4} 5:03.50	2/25
8	93	Megan DIULUS	FR	#1 MIT	{5} 5:05.63c (5:08.65f)	3/2
9	98	Amelia KOKERNAK	SR	#4 WPI	{2} 5:05.97	2/25
10		Caitlin GUILFOYLE	SR	#4 WPI	{3} 5:06.22	2/25

Women's 3000 Meters

1	7	Grace HADLEY	SR	#4 WPI	9:35.07	2/3
2	26	Lexi FERNANDEZ	SO	#1 MIT	9:49.15	1/27
3	48	Chrissy AMAN	SR	#7 Bates	9:56.93	12/2
4	56	Liv GIRAND	FR	#1 MIT	{2} 10:01.51	2/10
5	58	Rachel BRENNAN	SR	#12 Gordon (Mass.)	10:01.79	2/10
6	71	Kahryn CULLENBERG	SR	#7 Bates	{2} 10:06.00c (10:11.19f)	3/2
7	79	Elise DESHUSSES	SR	#4 WPI	{2} 10:07.20	12/2
8		Elizabeth DONAHUE	SO	#3 Tufts	10:13.00c (10:18.25f)	2/3
9		Kirsi RAJAGOPAL	SR	#1 MIT	{3} 10:13.52	12/2
10		Rachel HURLEY	JR	#4 WPI	{3} 10:15.07	12/2

Women's 5000 Meters

1	4	Grace HADLEY	SR	#4 WPI	16:39.36	1/27
2	12	Kate SANDERSON	SO	#1 MIT	16:52.31	2/10
3	36	Rachel BRENNAN	SR	#12 Gordon (Mass.)	17:14.95	2/25
4	50	Liv GIRAND	FR	#1 MIT	{2} 17:39.10	1/27
5	62	Rachel HURLEY	JR	#4 WPI	{2} 17:44.66c (17:52.81f)	2/3
6	71	Naomi CASS	FR	#6 Bridgewater Sta	17:47.59	3/2
7	74	Jaz VANDERHOOF	SO	#8 Wheaton (Mass.)	17:48.84	3/2
8	82	Isabel MAY	SR	#7 Bates	17:51.88	2/25
9		Elizabeth HOLCOMBE	SO	#7 Bates	{2} 17:57.04	2/25
10		Phoebe POHL	JR	#7 Bates	{3} 18:01.25c (18:09.53f)	2/10



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #7, March 4



East

as of 3/4/2024 8:34:42 PM ET

Women's 4x400 Relay

1	6	Tally Zeller, Kristina Pizzi, Kaitlyn Ewald, Fiona Mejico	#5 Colby	3:49.31	1/27
2	14	Olivia Dias, Paige Cooksey, Julia Howarth, Marina Miller	#1 MIT	3:50.04	2/25
3	38	Annika Kral, Anne-Sophie Janssen, Antonia Knoth, Emma Smith	#3 Tufts	4:00.42c (4:03.61f)	2/3
4	42	Hannah Bohbot-Dridi, Olivia Zarzycki, Elizabeth Korn, Shaniece Nugent	#9 Brandeis	4:00.64c (4:03.83f)	3/2
5	56	Gabby Phillips, Catherine Uwakwe, Kennedy Kirkland, Kianne Benjamin	#2 Bowdoin	4:02.51c (4:05.73f)	2/3
6	68	Amanda Walden, Alyssa Rodriguez, Kaylie Groom, Emily Concepcion	#11 Suffolk	4:03.99	2/10
7	69	Jessica Dickson, Maya Thomas, Schyler Wyse, Kate Wickenheisser	#8 Wheaton (Mass.)	4:04.06	3/2
8		Olivia Dench, Janet Amasa-Titus, Colleen Curran, Aleyo Amasa-Titus	#22 Regis (Mass.)	4:09.69	2/25
9		Charlie Barron, Aoife Fitzgerald, Eriko Darcy, Sara Maeve Klingensmith	#18 Wellesley	4:11.41c (4:14.74f)	2/17
10		Alexis Karantza, Mackenzie Betty, Samantha Fenley, Heaven Conley	#10 Southern Maine	4:12.23c (4:15.57f)	2/17

Women's Distance Medley Relay

1	2	Amelia Kokernak, Isabel Hallal, Elise Deshusses, Grace Hadley	#4 WPI	11:32.78c (11:40.20f)	3/2
2	9	Rujuta Sane, Paige Cooksey, Julia Howarth, Lexi Fernandez	#1 MIT	11:41.06	2/10
3	23	Rose Kitz, Annika Kral, Emma Smith, Alexandra Dean	#3 Tufts	12:03.82	3/2
4	64	Lex Davis, Gabby Phillips, Francine Miller, Abby Mueller	#2 Bowdoin	12:38.31	2/25
5	65	Kahryn Cullenberg, Maddie Lee, Kylie Musante, Jen Coseno	#7 Bates	12:38.49	2/25
6	84	Claire Peng, Taylor Quaye, Simone Beauchamp, Ella Whinney	#18 Wellesley	12:46.06c (12:54.26f)	2/17
7		Emma Steedman, Grace Russell, Julia Latura, Bee Greenberg	#23 UMass Dartmouth	13:07.09	2/25
8		Sadie Harrow, Natalie Liapis, Ella Warkentine, Lizzy Reynolds	#9 Brandeis	13:08.67	2/25
9		Allie Devoe, Colleen McLaughlin, Brie Am Ende, Alexa Suchy	#21 Endicott	13:15.38	2/25
10		Anna O'Reilly, Emma Urban, Aurora Couto, Sarah Ames	#15 Keene State	13:19.64	2/25

Women's High Jump

1	3	Serenity SANDS	JR	#6 Bridgewater Sta	1.71m	5-7¼	2/3
2	24	Harper MEEK	SR	#3 Tufts	1.67m	5-5¾	1/13
3	26	Makany CAMARA	SR	#19 Fitchburg State	1.66m	5-5¼	1/20
4	28	Katherine KEMPF	SO	#1 MIT	1.65m	5-5	3/2
4	28	Tolu AKINBO	SR	#1 MIT	1.65m	5-5	3/2
6	37	Kirsten MAN	JR	#9 Brandeis	1.64m	5-4½	3/2
7	61	Juliana PATRONE	JR	#6 Bridgewater Sta {2}	1.61m	5-3¼	2/10
8	72	Isabel LLACH	JR	#5 Colby	1.60m	5-3	12/9
9	87	Lexi KING	FR	#3 Tufts	{2} 1.59m	5-2½	3/2
10	100	Rose JENKINS	FR	#2 Bowdoin	1.58m	5-2¼	2/24



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East

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Women's Pole Vault

1	8	Hailey SURACE	SO	#1 MIT	3.85m	12-7½	2/3
2	9	Sarah FIRTH	JR	#3 Tufts	3.83m	12-6¾	2/25
2	9	Katelyn HOWARD	SO	#1 MIT	{2} 3.83m	12-6¾	2/25
4	26	Charlotte HODGE	JR	#2 Bowdoin	3.70m	12-1½	2/3
5	41	Smiley HUYNH	JR	#9 Brandeis	3.55m	11-7¾	2/10
5	41	Emma GALL	FR	#3 Tufts	{2} 3.55m	11-7¾	2/3
7	74	Nyla THOMPSON	JR	#3 Tufts	{3} 3.40m	11-1¾	2/10
7	74	Sophie MAGUIRE	SO	#2 Bowdoin	{2} 3.40m	11-1¾	2/17
9	86	Alisha ANDERSON	SO	#9 Brandeis	{2} 3.36m	11-¼	2/25
10	89	Devyn BATTISTONI	FR	#11 Suffolk	3.35m	10-11¾	12/10

Women's Long Jump

1	26	Jenna ALBANESE	SR	#2 Bowdoin	5.61m	18-5	3/2
2	34	Kennedy KIRKLAND	FR	#2 Bowdoin	{2} 5.55m	18-2½	2/25
3	36	Ciara ADU-ADDO	FR	#17 Worcester State	5.54m	18-2¼	2/25
4	68	Alison MCDONOUGH	SR	#6 Bridgewater Sta	5.43m	17-9¾	2/10
5		Olivia JALBERT	SR	#10 Southern Maine	5.33m	17-6	2/3
6		Jordan ANDREW	JR	#3 Tufts	5.30m	17-4¾	2/25
7		Kiana GOLDBERG	FR	#10 Southern Maine	{2} 5.29m	17-4¼	1/27
8		Hialeah FOSTER	FR	#14 UMass Boston	5.23m	17-2	1/21
9		Emma MARTIN	SR	#1 MIT	5.22m	17-1½	2/10
10		Brooklyn GOFF	SR	#20 Saint Joseph's (I	5.20m	17-¾	12/9

Women's Triple Jump

1	13	Nony OTU UGWU	SO	#1 MIT	11.81m	38-9	2/25
2	41	Shaniece NUGENT	JR	#9 Brandeis	11.42m	37-5¾	2/25
3	50	Ashley KELEHER	SR	#16 Colby-Sawyer	11.34m	37-2½	2/3
4	68	Sarah PILLONE	SR	#3 Tufts	11.17m	36-7¾	1/28
5	69	Jordan ANDREW	JR	#3 Tufts	{2} 11.16m	36-7½	2/25
6	71	Tristen GOMES	JR	#6 Bridgewater Sta	11.15m	36-7	2/10
7	88	Maelynn UGOKWE	SR	#3 Tufts	{3} 11.03m	36-2¼	2/25
8	97	Kirsten MAN	JR	#9 Brandeis	{2} 10.99m	36-¾	1/13
9		Jenna ALBANESE	SR	#2 Bowdoin	10.86m	35-7¾	2/3
10		Desiree ROBINSON	JR	#25 Emmanuel (Mass	10.63m	34-10½	2/18
10		Olivia SPIELBERGER	JR	#4 WPI	10.63m	34-10½	2/17

Women's Shot Put

1	1	Alexis BOYKIN	JR	#1 MIT	15.11m	49-7	2/25
2	14	Emily BALL	JR	#1 MIT	{2} 13.84m	45-5	3/2
3	75	Savannah SOLEAU	SO	#15 Keene State	12.58m	41-3¼	2/25
4	79	Jaigan BOUDREAU	SO	#10 Southern Maine	12.56m	41-2½	3/2
5	82	Jadah STOKES	FR	#17 Worcester State	12.49m	40-11¾	2/25
6	85	Tiana FOX	SO	#12 Gordon (Mass.)	12.46m	40-10½	2/25
7		Tianna ROGERS	JR	#8 Wheaton (Mass.)	12.13m	39-9¾	1/13
8		Emma GIBBENS	JR	#2 Bowdoin	11.96m	39-3	2/17
9		Ginger ARNOLD	FR	#2 Bowdoin	{2} 11.85m	38-10½	2/3
10		Maggie HILLWIG	JR	#7 Bates	11.80m	38-8¾	1/13

Women's Weight Throw

1	2	Alexis BOYKIN	JR	#1 MIT	19.43m	63-9	1/27
2	33	Emily BALL	JR	#1 MIT	{2} 16.77m	55-¼	1/27
3	51	Morgan COLLINS	SR	#4 WPI	16.13m	52-11	2/25
3	51	Carli CIAVARELLI	SO	#7 Bates	16.13m	52-11	3/2
5	70	Anika WAGNER	SO	#8 Wheaton (Mass.)	15.56m	51-¾	1/13
6	81	Corinne AHERN	SR	#2 Bowdoin	15.37m	50-5¼	2/3
7	98	Lilia OULD-HAMMOU	SO	#1 MIT	{3} 15.08m	49-5¾	2/25
8		Alma MACKIC	SR	#7 Bates	{2} 14.92m	48-11½	2/10
9		Elizabeth GRAHAM	JR	#3 Tufts	14.84m	48-8¼	3/2
10		Tianna ROGERS	JR	#8 Wheaton (Mass.)	{2} 14.66m	48-1¼	1/20

Women's Pentathlon

1	23	Emma BURR	FR	#13 Thomas (Maine)	3,294	2/24
2	38	Rose JENKINS	FR	#2 Bowdoin	3,124	2/24
3	40	Madelyn SILVEIRA	SR	#3 Tufts	3,095	2/24
4	44	Livia KOZICK	SR	#7 Bates	3,057	2/24
5	71	Molly LU MCKELLAR	SO	#15 Keene State	2,843	2/24
6	91	Anna YANG	SO	#2 Bowdoin	{2} 2,730	2/24
7	93	Brooklyn GOFF	SR	#20 Saint Joseph's (I	2,717	1/20
8	95	Sydney SPIVY	SR	#3 Tufts	{2} 2,693	2/24
9		Erin DAUGHERTY	JR	#5 Colby	2,632	12/9
10		Isabel LLACH	JR	#5 Colby	{2} 2,621	12/9



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Great Lakes

as of 3/4/2024 8:34:42 PM ET

Women's 60 Meters

1	2	Kenadee WAYT	SR	#1 Mount Union	7.52	2/24
2	14	Avery CAMPBELL	SR	#13 Albion	7.66	2/24
3	30	Meghan FRAZIER	JR	#3 Wittenberg	7.74	2/24
3	30	Sara SCHERMERHORN	SO	#2 Hope	7.74	2/24
5	40	Bri HAY	FR	#9 Baldwin Wallace	7.77	2/24
6	44	Genevieve ARNOLD	SR	#8 John Carroll	7.78	2/24
7	50	Madjo DOUMBIA	JR	#4 Centre	7.79	2/17
8	60	Mackenzie MILLER	JR	#20 Trine	7.81	3/2
8	60	Lauren RONCONE	SR	#1 Mount Union	{2} 7.81	2/10
10	71	Paige SIMPSON	FR	#5 Ohio Northern	7.84	2/10
10	71	Jasmine CLAUNCH	SR	#4 Centre	{2} 7.84	2/10
10	71	Zora SHAKHAN	JR	#3 Wittenberg	{2} 7.84	2/24

Women's 60 Meter Hurdles

1	22	Daysia HARGRAVE	JR	#10 Wooster	8.86	2/10
2	44	Olyvia ASHBROOK	JR	#5 Ohio Northern	9.05	2/24
3	51	Katie MOORE	JR	#7 DePauw	9.09	2/24
4	56	Genevieve ARNOLD	SR	#8 John Carroll	9.11	2/24
5	59	Nayaisha EDMOND	SR	#13 Albion	9.12	3/3
6	69	Grace MISIUNAS	SO	#6 Case Western Re	9.15	2/25
7	78	Narindwa SEMAKULA	SO	#17 Rose-Hulman	9.18	1/19
8		McKenzie CHINE	JR	#1 Mount Union	9.31	2/10
9		Sydney BROWN	SO	#19 Denison	9.32	2/24
10		Natasha ZAHURSKY	JR	#1 Mount Union	{2} 9.33	2/3

Women's 200 Meters

1	3	Kenadee WAYT	SR	#1 Mount Union	24.47c	(24.85f) 2/24
2	5	Sara SCHERMERHORN	SO	#2 Hope	24.53c	(24.91f) 2/24
3	17	Kymiah BLAIR	JR	#18 Berea (Ky.)	24.90c	(25.28f) 3/3
4	19	Avery CAMPBELL	SR	#13 Albion	24.93c	(25.31f) 3/3
5	23	Abby COLLIER	JR	#9 Baldwin Wallace	25.03c	(25.41f) 2/24
6	28	Madjo DOUMBIA	JR	#4 Centre	25.15c	(25.54f) 3/2
7	33	Madison MILES	JR	#1 Mount Union	{2} 25.19c	(25.58f) 2/24
8	42	Meghan FRAZIER	JR	#3 Wittenberg	25.31c	(25.70f) 12/9
9	57	Sophia ELLERKMANN	SR	#19 Denison	25.44c	(25.83f) 2/24
10	65	Olivia SPARKS	FR	Transylvania	25.46c	(25.85f) 2/24

Women's 400 Meters

1	3	Kenadee WAYT	SR	#1 Mount Union	55.43c	(56.16f) 12/9
2	9	Madison MILES	JR	#1 Mount Union	{2} 56.19	2/10
3	10	Sara SCHERMERHORN	SO	#2 Hope	56.24 OT	1/26
4	16	Meghan FRAZIER	JR	#3 Wittenberg	56.61c	(57.36f) 3/3
5	17	Abby COLLIER	JR	#9 Baldwin Wallace	56.68 OT	2/3
6	23	Mary MASON	JR	#1 Mount Union	{3} 56.90c	(57.65f) 2/24
7	31	Sophia ELLERKMANN	SR	#19 Denison	57.08c	(57.83f) 2/24
8	64	Shelby STALL	FR	#7 DePauw	58.04c	(58.81f) 2/24
9	67	Kymiah BLAIR	JR	#18 Berea (Ky.)	58.08c	(58.85f) 3/3
10	80	Tymeerah DE'ARMOND	SO	#3 Wittenberg	{2} 58.43 OT	1/27

Women's 800 Meters

1	4	Hope MURPHY	SR	#9 Baldwin Wallace	2:10.02 OT	2/16
2	5	Mary MASON	JR	#1 Mount Union	2:10.32c	(2:11.82f) 3/3
3	19	Emme KOUTZ	SR	#22 Adrian	2:12.30c	(2:13.82f) 3/3
4	30	Lauren DOSCH	FR	Franciscan	2:13.34c	(2:14.87f) 3/3
5	34	Kenadee WAYT	SR	#1 Mount Union	{2} 2:13.82 OT	2/2
6	35	Claire EBERHARDT	SR	#8 John Carroll	2:14.07c	(2:15.61f) 3/3
7	39	Ellie KITSMILLER	JR	#8 John Carroll	{2} 2:14.64c	(2:16.19f) 2/24
8	55	Natalie TEBBEN	JR	#12 Calvin	2:15.71 OT	2/10
9	78	Elizabeth FUNKHOUSER	FR	#1 Mount Union	{3} 2:16.80c	(2:18.37f) 2/24
10	90	Amberleigh SORENSEN	SR	#24 Hanover	2:17.33c	(2:18.91f) 2/24

Women's Mile

1	13	Hope MURPHY	SR	#9 Baldwin Wallace	4:54.79 OT	2/3
2	21	Faith DUNCAN	SO	#15 Wilmington (Ohi	4:56.48c	(4:59.41f) 2/16
3	37	Abby SCHROFF	SO	#8 John Carroll	4:58.59c	(5:01.54f) 3/3
4	39	Olivia QUILLAN	SR	#2 Hope	4:59.01c	(5:01.97f) 3/2
5	63	Bailey PUCKETT	SO	#20 Trine	5:02.44c	(5:05.43f) 2/10
6	75	Natalie TEBBEN	JR	#12 Calvin	5:04.01 OT	2/9
7	77	Gianini VENUTO	SR	#1 Mount Union	5:04.41 OT	2/9
8	95	Grace JACKSON	SR	#6 Case Western Re	5:05.71 OT	2/9
9		Madison STERN	SO	#2 Hope	{2} 5:06.62 OT	1/26
10		Lily MONNETT	JR	#7 DePauw	5:06.67 OT	2/17

Women's 3000 Meters

1	11	Hope MURPHY	SR	#9 Baldwin Wallace	9:41.37c	(9:46.35f) 3/2
2	19	Faith DUNCAN	SO	#15 Wilmington (Ohi	9:43.87 OT	2/9
3	36	Ella WEBSTER	SO	#3 Wittenberg	9:53.56	12/2
4	37	Rebecca MARKHAM	SR	#2 Hope	9:53.86 OT	1/26
5	49	Lauren IAGNEMMA	SO	#6 Case Western Re	9:58.94	2/25
6	60	Sophia BULL	SO	#12 Calvin	10:01.98c	(10:07.14f) 3/3
7	73	Jenna ALLMAN	SR	#12 Calvin	{2} 10:06.23c	(10:11.42f) 3/3
8	82	Sophie PORTER	JR	#7 DePauw	10:08.05 OT	2/17
9	90	Lily MONNETT	JR	#7 DePauw	{2} 10:10.03c	(10:15.26f) 2/3
10	92	AnnaSophia GOWER	FR	#5 Ohio Northern	10:10.61 OT	2/9

Women's 5000 Meters

1	20	Rebecca MARKHAM	SR	#2 Hope	17:03.63 OT	12/2
2	41	Maddy STRUCK	JR	#2 Hope	{2} 17:26.97 OT	12/2
3	44	Sophie PORTER	JR	#7 DePauw	17:33.44c	(17:41.50f) 2/10
4	63	Jenna ALLMAN	SR	#12 Calvin	17:44.73 OT	2/9
5	68	Sophia BULL	SO	#12 Calvin	{2} 17:46.18 OT	2/9
6	75	Sophie BOULDIN	SO	#4 Centre	17:49.03	1/27
7	77	Kennedy RADER	SO	#5 Ohio Northern	17:50.63 OT	2/9
8	78	Ashley NOVAK	SO	#6 Case Western Re	17:50.95	2/25
9	79	Zoe WARD	FR	#16 Ohio Wesleyan	17:51.42c	(17:59.62f) 2/24
10	84	Madison STONESTREET	SO	#18 Berea (Ky.)	17:52.93	1/27



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Women's 4x400 Relay

1	2	Elizabeth Funkhouser, Mary Mason, Madison Miles, Kenadee Wayt	#1 Mount Union	3:47.27c (3:50.28f)	3/3
2	16	Catherine Leahy, Sara Schermerhorn, Jasmine Zimmerman, Erin Moran	#2 Hope	3:50.49c (3:53.55f)	3/2
3	29	Abigail Danne, Tymeerah De'Armond, Victoria Pipinich, Meghan Frazier	#3 Wittenberg	3:58.10c (4:01.26f)	2/24
4	30	Katie Moore, Liberty Scott, Annalise Grammel, Shelby Stall	#7 DePauw	3:58.13c (4:01.29f)	2/24
5	45	Abby Collier, Katurah Plecko, Morgan Aloï, Hope Murphy	#9 Baldwin Wallace	4:01.13c (4:04.33f)	2/24
6	51	Sophia Ellerkmann, Piper Lee, Libby Hornick, Tessa Gerhardt	#19 Denison	4:01.90c (4:05.11f)	2/24
7	70	Rosie Murray, Claire Eberhardt, Sara Gennuso, Ellie Kitsmiller	#8 John Carroll	4:04.99 OT	1/27
8	73	Kristin Fischli, Liberte Mack, Jakeisha Lewis, Kymiah Blair	#18 Berea (Ky.)	4:05.58 OT	2/17
9	78	Rebecca Bolster, Lauren Dosch, Clara Symington, Jessica Campbell	Franciscan	4:06.52 OT	2/10
10	80	Isabella Cozzie, Ignacia Mendez, Athena Tharenos, Daysia Hargrave	#10 Wooster	4:06.56c (4:09.83f)	2/24

Women's Distance Medley Relay

1	26	Claire Eberhardt, Rosie Murray, Ellie Kitsmiller, Abby Schroff	#8 John Carroll	12:04.58	2/10
2	29	Madison Stern, Sara Schermerhorn, Erin Moran, Rebecca Markham	#2 Hope	12:06.56 OT	2/10
3	31	Grace Jackson, Melanie Taylor, Arianna Holbrook, Lauren Iagnemma	#6 Case Western Re	12:08.41	2/25
4	35	Emma Jacobs, Aubrey Asdell, Ava Knight, Lily Monnett	#7 DePauw	12:21.36c (12:29.30f)	2/24
5	38	Erin Smith, Kristen Walters, Leah Costello, Gianini Venuto	#1 Mount Union	12:23.66c (12:31.62f)	2/24
6	41	Erin Haugh, Ainsley Wilson, Adelyn Shupert, Sophie Bouldin	#4 Centre	12:26.66c (12:34.66f)	2/24
7	49	McKenna Downing, Brianna Montgomery, Katelyn Stapleton, Zoe Ward	#16 Ohio Wesleyan	12:29.25 OT	2/3
8	53	Abby Matthews, Leah Heitkamp, Kaitlin Prusnek, AnnaSophia Gower	#5 Ohio Northern	12:30.09c (12:38.12f)	2/24
9	66	Meghan Cory, Haley Cook, Hayden Setty, Faith Duncan	#15 Wilmington (Ohi	12:38.82c (12:46.95f)	2/24
10	71	Carah Anteck, Kymiah Blair, Kristin Fischli, Madison Stonestreet	#18 Berea (Ky.)	12:41.92c (12:50.08f)	2/10

Women's High Jump

1	5	Julissa WILLIAMS	JR	#3 Wittenberg	1.70m 5-7	2/24
2	10	Taylor WEISS	JR	#3 Wittenberg	{2} 1.69m 5-6½	3/3
3	13	Alexis WEBER	FR	#11 Otterbein	1.68m 5-6	1/20
3	13	Serena MCNEILLY	FR	#4 Centre	1.68m 5-6	2/24
5	28	Cailey BEAUDOIN	SR	#22 Adrian	1.65m 5-5	12/8
5	28	Emma KLOSTERMAN	SR	#11 Otterbein	{2} 1.65m 5-5	2/10
7	40	Ciara HESLET	JR	#22 Adrian	{2} 1.63m 5-4¼	2/24
8	47	Drew PATTERSON	SR	#10 Wooster	1.62m 5-3¾	2/10
9	61	Hayden HILL	SR	#14 Oberlin	1.61m 5-3¼	3/3
10	72	Allison SCHRAM	JR	#2 Hope	1.60m 5-3	2/24
10	72	Rylee GORRELL	FR	#9 Baldwin Wallace	1.60m 5-3	2/16
10	72	Lindsay WEININGER	SO	#5 Ohio Northern	1.60m 5-3	1/19



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Women's Pole Vault

1	6	Claire SCHWELLER	SO	#5 Ohio Northern	3.90m	12-9½	3/3
2	9	Peyton PROFFITT	SO	#11 Otterbein	3.83m	12-6¾	2/17
3	14	Emily THOMPSON	SO	#23 Marietta	3.81m	12-6	2/10
4	26	Holly SCHREIBER	FR	#6 Case Western Re	3.70m	12-1½	3/3
5	32	Annie WANK	FR	#6 Case Western Re	3.64m	11-11¼	2/3
6	38	Jessica MASON	FR	#1 Mount Union	3.57m	11-8½	2/24
7	41	Tiffany HIX	SO	#3 Wittenberg	3.55m	11-7¾	2/2
8	54	Ellie FORD	SO	#5 Ohio Northern	3.47m	11-4½	2/24
9	59	Kayla MCADAMS	SR	#1 Mount Union	3.46m	11-4¼	2/10
10	89	Addie BECK	FR	#16 Ohio Wesleyan	3.35m	10-11¾	2/16
10	89	Corinne INKLEY	FR	Allegheny (Pa.)	3.35m	10-11¾	1/27

Women's Long Jump

1	8	Chloe HEIN	FR	#4 Centre	5.76m	18-10¾	3/2
2	10	Genevieve ARNOLD	SR	#8 John Carroll	5.71m	18-8¾	2/24
3	23	Lauren RONCONE	SR	#1 Mount Union	5.62m	18-5¼	12/9
4	29	Jasmine CLAUNCH	SR	#4 Centre	5.58m	18-3¾	2/17
5	39	Alexis WEBER	FR	#11 Otterbein	5.53m	18-1¾	1/27
6	41	Chloe GIBSON	JR	#5 Ohio Northern	5.51m	18-1	2/2
7	48	Serena MCNEILLY	FR	#4 Centre	5.48m	17-11¾	2/24
8	59	Mackenzie MILLER	JR	#20 Trine	5.45m	17-10¾	1/27
8	59	Jenna DELP	FR	#3 Wittenberg	5.45m	17-10¾	1/27
10	81	Callie GORMLEY	JR	#4 Centre	5.40m	17-8¾	12/2

Women's Triple Jump

1	4	Jasmine CLAUNCH	SR	#4 Centre	12.18m	39-11½	2/17
2	20	Paula SORIC	JR	#25 Kenyon	11.74m	38-6¼	12/2
3	29	Rofiat ADEYEMI	SR	#17 Rose-Hulman	11.53m	37-10	2/24
4	30	Emma FEHRMAN	JR	#23 Marietta	11.52m	37-9½	2/24
5	36	Serena MCNEILLY	FR	#4 Centre	11.49m	37-8½	2/24
6	40	Genevieve ARNOLD	SR	#8 John Carroll	11.44m	37-6½	2/24
7	45	Sarah OZEKI	JR	#6 Case Western Re	11.37m	37-3¾	2/25
8	71	Emily HOPKINS	SR	#6 Case Western Re	11.15m	36-7	2/10
9	74	Tori MILLER	SR	#8 John Carroll	11.14m	36-6¾	2/16
10	77	Shelby SMITH	SR	#4 Centre	11.12m	36-5¾	2/10

Women's Shot Put

1	4	Carley CAMP	JR	#21 Manchester	14.63m	48-0	2/24
2	26	Jessie STENGER	JR	#24 Hanover	13.46m	44-2	2/24
3	42	Makayla SITZLAR	SO	#1 Mount Union	13.11m	43-¼	2/24
4	47	Amyah CHOSA	FR	#9 Baldwin Wallace	13.06m	42-10¼	3/3
5	53	Evie SANFORD	SO	#10 Wooster	12.92m	42-4¾	2/3
6	56	Greta ROBRAHN	JR	#2 Hope	12.90m	42-4	2/9
7	60	Izzy BURMAN	JR	#5 Ohio Northern	12.84m	42-1½	3/3
8	62	Makenna RUDY	FR	#1 Mount Union	12.79m	41-11½	2/24
9	70	Lauren FOUTCH	SR	#4 Centre	12.64m	41-5¾	12/2
9	70	Kamryn BICE	SO	#2 Hope	12.64m	41-5¾	1/20

Women's Weight Throw

1	15	Izzy BURMAN	JR	#5 Ohio Northern	17.90m	58-8¾	3/3
2	16	Ainsley WIESNER	SR	#10 Wooster	17.70m	58-1	3/3
3	41	Abby CANNON	SR	#14 Oberlin	16.47m	54-½	3/3
4	44	Carley CAMP	JR	#21 Manchester	16.31m	53-6¼	1/12
5	49	Laila DAVIS	JR	Allegheny (Pa.)	16.16m	53-¼	2/22
6	54	Adrienne WACHTMAN	SR	#6 Case Western Re	16.06m	52-8¼	2/3
7	64	Lauren FOUTCH	SR	#4 Centre	15.79m	51-9¾	2/24
8	65	Buzz KLINE	SR	#1 Mount Union	15.77m	51-9	2/17
9	67	Michelle LEE	SO	#6 Case Western Re	15.72m	51-7	2/25
10	68	Tess ANTHONY	JR	#13 Albion	15.62m	51-3	2/24

Women's Pentathlon

1	37	Hayden HILL	SR	#14 Oberlin	3,139	2/18
2	43	Katie MOORE	JR	#7 DePauw	3,079	2/18
3	48	Daysia HARGRAVE	JR	#10 Wooster	2,993	2/18
4	72	Helena SNYDER	JR	Alma	2,829 OT	12/2
5	84	Ziciah GIBSON	SO	#3 Wittenberg	2,770	2/24
6	87	Lainee VALENTINE	JR	#3 Wittenberg	2,753	2/24
7		Charlie DOLLIVER	SO	#11 Otterbein	2,604	2/9
8		Amanda RADKE	SR	#11 Otterbein	2,558	2/9
9		Hazel JOLLIFF	SO	#16 Ohio Wesleyan	2,372	2/24
10		Ava KLANN	JR	#16 Ohio Wesleyan	2,257	2/24



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Women's 60 Meters

1	4	Zrreyah MOORE	SR	#7 Rutgers-Newark	7.58	2/19
2	9	Maria MUZZARELLI	JR	#3 Widener	7.63	2/24
3	11	Laura MATHEWS	SR	#4 Stevens	7.65	2/24
4	50	Molly LODGE	JR	#2 Rowan	7.79	2/19
5	60	Chidimma IGWE	SR	#7 Rutgers-Newark {2}	7.81	3/2
6	88	Mariam KOITA	FR	#3 Widener {2}	7.87	2/24
6	88	Michelle ITOUA	SO	#15 Montclair State	7.87	3/2
8		Ashanae MORRISON	JR	#6 Stockton	7.91	3/2
9		Jayla GORE	SO	#3 Widener {3}	7.95	2/3
10		Mackenzie BURKE	FR	#1 TCNJ	7.98	2/19

Women's 60 Meter Hurdles

1	3	Laura MATHEWS	SR	#4 Stevens	8.53	3/2
2	30	Kristen WILLIAMS	SR	#4 Stevens {2}	8.92	3/2
3	38	Eliza BRUNCAJ	JR	#1 TCNJ	8.99	2/19
4	42	Maya RICHWINE	FR	#13 Muhlenberg	9.03	2/25
5	76	Mackenzie BURKE	FR	#1 TCNJ {2}	9.17	2/19
6	78	Samantha WECHSLER	FR	#5 Ursinus	9.18	3/2
7	100	Olivia SMIAROWSKA	FR	#20 Delaware Valley	9.27	2/24
8		Gloria HUGHES	JR	#2 Rowan	9.42	2/19
9		Brya BYRD	SR	#7 Rutgers-Newark	9.47	2/9
10		Carmelle ALEXIS	SO	#7 Rutgers-Newark {2}	9.48	2/19

Women's 200 Meters

1	6	Laura MATHEWS	SR	#4 Stevens	24.58c	(24.96f) 2/24
2	10	Zrreyah MOORE	SR	#7 Rutgers-Newark	24.59	2/23
3	24	Chidimma IGWE	SR	#7 Rutgers-Newark {2}	25.08	2/23
4	40	Maria MUZZARELLI	JR	#3 Widener	25.28c	(25.67f) 2/24
5	49	Rebecca KNEPPEL	JR	#10 Ramapo	25.38	2/23
6	54	Jasmine POPE	JR	#2 Rowan	25.42	2/2
7	57	Jasmine BROADWAY	JR	#2 Rowan {2}	25.44	12/1
8	93	Mariam KOITA	FR	#3 Widener {2}	25.66c	(26.05f) 3/2
9	98	Eliza BRUNCAJ	JR	#1 TCNJ	25.72	2/19
10		Abigail GIAMONI	JR	#9 Moravian	25.75	2/16

Women's 400 Meters

1	5	Zrreyah MOORE	SR	#7 Rutgers-Newark	55.57	2/19
2	22	Nevaeh LORJUSTE	JR	#2 Rowan	56.82	2/19
3	33	Molly LODGE	JR	#2 Rowan {2}	57.13c	(57.88f) 3/2
4	34	Olivia D'AULERIO	SO	#11 Haverford	57.20c	(57.96f) 3/2
5	56	Kathleen PEDERSEN	SR	#2 Rowan {3}	57.90	2/10
6	71	Kelly BARR	SO	#3 Widener	58.14c	(58.91f) 3/2
7	79	Rebecca KNEPPEL	JR	#10 Ramapo	58.39	2/19
8	82	Emily CAMLET	SO	#14 Drew	58.47c	(59.24f) 2/24
9	86	Jasmine POPE	JR	#2 Rowan {4}	58.49	12/1
10		Abigail GIAMONI	JR	#9 Moravian	58.77	2/9

Women's 800 Meters

1	8	Kayla KASS	SO	#6 Stockton	2:10.82c	(2:12.32f) 3/2
2	41	Dale LEONARD	FR	#10 Ramapo	2:15.01	2/2
3	51	Brooke ADAMS	JR	#5 Ursinus	2:15.50c	(2:17.06f) 3/2
4	61	Anna SASSE	JR	#2 Rowan	2:16.05	1/27
5	68	Donna HOLT	JR	#3 Widener	2:16.34c	(2:17.91f) 3/2
6	80	Micah GORDLEY	SR	#12 Arcadia	2:16.85c	(2:18.42f) 2/24
7		Hailey SHREFFLER	JR	#16 Eastern (Pa.)	2:19.33c	(2:20.93f) 2/24
8		Nina BURDEN	JR	#4 Stevens	2:19.38c	(2:20.98f) 3/2
9		Ally WERNIK	FR	#2 Rowan {2}	2:19.48	2/23
10		Gianna BURGIO	SO	#2 Rowan {3}	2:19.63	2/23

Women's Mile

1	7	Dale LEONARD	FR	#10 Ramapo	4:52.83c	(4:55.72f) 3/2
2	35	Gabriella NYE	SO	#3 Widener	4:58.42c	(5:01.37f) 3/2
3	55	Anna SASSE	JR	#2 Rowan	5:01.51	2/2
4		Ally WERNIK	FR	#2 Rowan {2}	5:11.32c	(5:14.40f) 3/2
5		Suzanne ZAUGG	SR	#10 Ramapo {2}	5:13.88	12/8
6		Liz EGAN	SO	#3 Widener {2}	5:14.62c	(5:17.73f) 2/3
7		Naesha GADIE	FR	#1 TCNJ	5:14.81c	(5:17.92f) 3/2
8		Micah GORDLEY	SR	#12 Arcadia	5:14.85c	(5:17.96f) 2/3
9		Tara SMURLA	SO	#9 Moravian	5:18.14c	(5:21.28f) 1/27
10		Zoey CASSAVELL	JR	#10 Ramapo {3}	5:18.91	2/19

Women's 3000 Meters

1	65	Dale LEONARD	FR	#10 Ramapo	10:03.34	12/8
2	88	Gabriella NYE	SO	#3 Widener	10:09.27c	(10:14.49f) 1/27
3		Tara SMURLA	SO	#9 Moravian	10:17.91c	(10:23.20f) 3/2
4		Liz EGAN	SO	#3 Widener {2}	10:25.39c	(10:30.75f) 2/24
5		Suzanne ZAUGG	SR	#10 Ramapo {2}	10:33.10	2/23
6		Emily HOEGLER	JR	#1 TCNJ	10:36.53	2/19
7		Jaelyn BARKLEY	JR	#6 Stockton	10:39.28	2/9
8		Haley ESTUS	JR	#17 DeSales	10:40.78	2/9
9		Aubrey JOHNSON	SR	#15 Montclair State	10:41.57c	(10:47.07f) 1/27
10		Kathryn LONG	SO	#3 Widener {3}	10:42.11c	(10:47.61f) 2/24

Women's 5000 Meters

1	43	Gabriella NYE	SO	#3 Widener	17:32.98c	(17:41.04f) 2/3
2	60	Tara SMURLA	SO	#9 Moravian	17:44.39c	(17:52.54f) 3/2
3		Olivia MONTINI	SO	#8 Swarthmore	18:08.11c	(18:16.44f) 12/8
4		Aubrey JOHNSON	SR	#15 Montclair State	18:14.17	2/19
5		Mia GUERRA	JR	#2 Rowan	18:17.67c	(18:26.07f) 3/2
6		Liz EGAN	SO	#3 Widener {2}	18:30.89c	(18:39.39f) 2/24
7		Suzanne ZAUGG	SR	#10 Ramapo	18:31.87	12/2
8		Jaelyn BARKLEY	JR	#6 Stockton	18:34.52c	(18:43.05f) 1/20
9		Cameron WRIGHT	JR	#2 Rowan {2}	18:36.59c	(18:45.14f) 3/2
10		Cassidy QUINN	JR	#1 TCNJ	18:37.40	2/19



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Women's 4x400 Relay

1	11	Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste	#2 Rowan	3:49.78c (3:52.83f)	3/2
2	36	Kelly O'Grady, Mackenzie Burke, Kelsey Thomas, Amanda Demko	#1 TCNJ	3:59.28c (4:02.45f)	3/2
3	53	Emma Conroy, Emma Petrolia, Abigail Petrolia, Kayla Kass	#6 Stockton	4:02.16	1/27
4	67	Laura Mathews, Isabella Shanley, Allie Canciani, Stephanie Ryazanova	#4 Stevens	4:03.77	2/9
5	74	Isabel Thornberry, Anastasia Jaycobs, Anna Berry, Olivia D'Aulerio	#11 Haverford	4:05.80c (4:09.06f)	2/25
6	83	Tashyah Sample, Brooke Adams, Meghan Carroll, Kaelin Ryan	#5 Ursinus	4:07.47c (4:10.75f)	2/25
7	84	Chidimma Igwe, Carmelle Alexis, Chandelle Lawrence, Nydia Jackson	#7 Rutgers-Newark	4:07.68	1/19
8	90	Reyanna Henderson, Ayriana Young, Ashley Adames, Jezena Aponte	#23 New Jersey City	4:08.16c (4:11.45f)	3/2
9	92	Emma Schultz, Elise Daniel, Erica Thomas, Kelly Barr	#3 Widener	4:08.49c (4:11.78f)	2/24
10	94	Barbara Exilus, Dale Leonard, Jianna Gorospe, Rebecca Knepfel	#10 Ramapo	4:08.74	2/19

Women's Distance Medley Relay

1	27	Ally Wernik, Molly Lodge, Amanda McNally, Anna Sasse	#2 Rowan	12:05.88	2/10
2	48	Nina Burden, Taylor Enes, Isabel Vogel, Rachel Rouse	#4 Stevens	12:28.87c (12:36.89f)	3/2
3	54	Sophia Goodwin, Cami Bortz, Morgan Mouer, Olivia Montini	#8 Swarthmore	12:31.60c (12:39.65f)	2/25
4	74	Dominique Monroy, Olivia D'Aulerio, Isabel Thornberry, Savannah Shaw	#11 Haverford	12:43.01c (12:51.18f)	2/25
5	75	Donna Holt, Olivia DeVito, Theresa Kervick, Kathryn Long	#3 Widener	12:43.22c (12:51.39f)	2/24
6	80	Julie Murphy, Jealynne Ramos, Kayla McAdams, Aubrey Johnson	#15 Montclair State	12:45.29c (12:53.48f)	3/2
7	93	Kayla Kass, Kayla Sullivan, Olivia Harris, Jaelyn Barkley	#6 Stockton	12:51.65	2/9
8	95	Elena Bocchetti, Rylie Murphy, Alexis Rushatz, Amber Poniktera	#9 Moravian	12:52.44c (13:00.71f)	3/2
9	96	Jennifer Fischli, Samantha Peters, Queen-Roszia Davis, Hailey Shreffler	#16 Eastern (Pa.)	12:52.50c (13:00.77f)	2/24
10	97	Shae Zeitler, Avery Peluszak, Caitlyn Saccary, Haley Estus	#17 DeSales	12:52.66c (13:00.93f)	3/2

Women's High Jump

1	26	Kayley HARNETT	SR	#1 TCNJ	1.66m	5-5¼	12/9
2	28	Caroline TIGHE	JR	#4 Stevens	1.65m	5-5	2/9
2	28	Avery MCNULTY	SO	#13 Muhlenberg	1.65m	5-5	3/2
4	37	Melina CHRISTODOULOU	SR	#14 Drew	1.64m	5-4½	2/24
5	61	Jocelynn ITTERLY	SR	#9 Moravian	1.61m	5-3¼	2/24
5	61	Alexis GROFF	SR	#9 Moravian	1.61m	5-3¼	2/24
7	87	Sarah SCEPKOWSKI	SO	#1 TCNJ	{2} 1.59m	5-2½	2/4
8	100	Maya LAPINSKI	FR	#4 Stevens	{2} 1.58m	5-2¼	2/24
8	100	Kaitlyn VERVIER	JR	#6 Stockton	1.58m	5-2¼	12/9
10		Eliza BRUNCAJ	JR	#1 TCNJ	{3} 1.57m	5-1¾	3/2
10		Emily TRELSTAD	JR	#8 Swarthmore	1.57m	5-1¾	1/12
10		Trelstad T	JR	#8 Swarthmore	1.57m	5-1¾	2/25
10		Abigail PFAFF	JR	#1 TCNJ	{3} 1.57m	5-1¾	1/12
10		Ali HAEFELE	SO	#9 Moravian	{3} 1.57m	5-1¾	2/9



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Women's Pole Vault

1	74	Savannah STEGER	SR	#3 Widener	3.40m	11-1¾	2/24
2	89	Alexis MEROLA	SO	#4 Stevens	3.35m	10-11¾	2/24
3		Emerson DIRK	FR	#1 TCNJ	3.30m	10-9¾	12/2
4		Emma MELE	JR	#17 DeSales	3.25m	10-8	2/24
5		Paige CARPENTER	JR	#16 Eastern (Pa.)	3.19m	10-5½	2/2
5		Julia DAKWAR	SR	#1 TCNJ	{2} 3.19m	10-5½	2/2
7		Juniper BAUROTH-SHERMAN	SO	#5 Ursinus	3.05m	10-0	2/3
7		Stephanie RYAZANOVA	SO	#4 Stevens	{2} 3.05m	10-0	2/9
9		Maya SCANNELL	FR	#1 TCNJ	{3} 3.00m	9-10	12/2
10		Madison FEY	SR	#6 Stockton	2.90m	9-6¾	2/19
10		Alice CREED	SR	#11 Haverford	2.90m	9-6¾	12/8

Women's Long Jump

1	12	Rainah DUNHAM	SR	#5 Ursinus	5.68m	18-7¾	2/10
2	21	Laura MATHEWS	SR	#4 Stevens	5.64m	18-6	2/9
3	90	Lia MALAVE	FR	#1 TCNJ	5.38m	17-8	2/23
4		Eliza BRUNCAJ	JR	#1 TCNJ	{2} 5.33m	17-6	3/2
5		Sage HENDERSHOT	FR	#14 Drew	5.27m	17-3½	2/16
6		Lydia MORRIS-KLIMENT	FR	#8 Swarthmore	5.25m	17-2¾	2/25
7		Kayla ROBINSON	FR	#3 Widener	5.21m	17-1¼	2/24
7		Emma PETROLIA	SO	#6 Stockton	5.21m	17-1¼	2/2
7		Jessica JOHNSON	SO	#18 Bryn Mawr	5.21m	17-1¼	12/2
10		Amanthy SOSA CACERES	SR	#2 Rowan	5.20m	17-¾	2/23
10		Samantha WECHSLER	FR	#5 Ursinus	{2} 5.20m	17-¾	1/20

Women's Triple Jump

1	7	Rainah DUNHAM	SR	#5 Ursinus	12.04m	39-6	2/10
2	39	Samantha WECHSLER	FR	#5 Ursinus	{2} 11.45m	37-6¾	3/2
3	51	Kayla ROBINSON	FR	#3 Widener	11.33m	37-2¼	2/24
4	56	Kristen WILLIAMS	SR	#4 Stevens	11.30m	37-1	3/2
5	61	Mia FLEMING	FR	#12 Arcadia	11.23m	36-10¼	1/27
6	84	Ali HAEFELE	SO	#9 Moravian	11.07m	36-4	3/2
6	84	Khristina WASHINGTON	JR	#6 Stockton	11.07m	36-4	12/1
8	96	Sophia GOODWIN	FR	#8 Swarthmore	11.00m	36-1¼	2/25
9	97	Shira GAMSON	SO	#13 Muhlenberg	10.99m	36-¾	2/25
10		Emma PETROLIA	SO	#6 Stockton	{2} 10.91m	35-9½	3/2

Women's Shot Put

1	23	Isabelle DEAL	SR	#2 Rowan	13.57m	44-6¼	2/10
2	28	Kayla ROBINSON	FR	#3 Widener	13.39m	43-11¼	2/24
3	34	Shanil AUGUSTE	SR	#7 Rutgers-Newark	13.21m	43-4¼	2/23
4	54	Kerri MCCARTHY	JR	#1 TCNJ	12.91m	42-4¼	1/20
5	64	Jacqueline ALLEN	JR	#5 Ursinus	12.73m	41-9¼	2/25
6	83	Tate GARCIA	SO	#8 Swarthmore	12.47m	40-11	2/18
7	95	Edith GONZALEZ	SR	#1 TCNJ	{2} 12.37m	40-7	1/27
8	96	Sarah WILCHER	SO	#11 Haverford	12.36m	40-6¾	2/25
9		Donya BAXTER	SO	#12 Arcadia	12.06m	39-6¾	1/20
10		Savana DODD	FR	#16 Eastern (Pa.)	11.82m	38-9½	2/24

Women's Weight Throw

1	30	Shanil AUGUSTE	SR	#7 Rutgers-Newark	16.90m	55-5½	2/23
2	45	Jessica REILLY	JR	#1 TCNJ	16.29m	53-5½	3/2
3	88	Isabelle DEAL	SR	#2 Rowan	15.24m	50-0	2/19
4	91	Alexis MARINI	SR	#19 Rutgers-Camden	15.18m	49-9¾	2/19
5		Isabel RODRIGUEZ	SO	#3 Widener	14.81m	48-7¼	2/24
6		Elizabeth AGYEI	JR	#8 Swarthmore	14.71m	48-3¼	2/25
6		Isabella FREDA	JR	#6 Stockton	14.71m	48-3¼	2/19
6		Kerri MCCARTHY	JR	#1 TCNJ	{2} 14.71m	48-3¼	1/20
9		Edith GONZALEZ	SR	#1 TCNJ	{3} 14.60m	47-10¾	1/27
10		Emily DISZLER	JR	#1 TCNJ	{4} 14.48m	47-6¼	2/19

Women's Pentathlon

1	7	Eliza BRUNCAJ	JR	#1 TCNJ	3,462	3/2
2	11	Laura MATHEWS	SR	#4 Stevens	3,407	3/2
3	36	Kayla ROBINSON	FR	#3 Widener	3,143	2/24
4	56	Hannah SWALE	SO	#8 Swarthmore	2,945	2/25
5	58	Sarah SCEPKOWSKI	SO	#1 TCNJ	{2} 2,935	3/2
6	60	Theresa KERVICK	JR	#3 Widener	{2} 2,932	2/24
7		Aaliyah BARTHOLOMEW	FR	#21 Medgar Evers	2,322	2/3
8		Sydni BELL	SO	#3 Widener	{3} 2,279	2/24
9		Mazzy CIRINELLI	SO	#14 Drew	2,213	2/3
10		Olivia SCHOTT	FR	#12 Arcadia	2,173	2/24



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Women's 60 Meters

1	11	Victoria KADIRI	JR	#1 Johns Hopkins	7.65	2/25
2	24	Lauren PHILLIPS	JR	#1 Johns Hopkins {2}	7.70	1/12
3	28	Chloe ZHANG	FR	#1 Johns Hopkins {3}	7.72	12/2
4	35	Leah GRAY	JR	#22 Penn State Harri	7.76	1/27
5	57	Jessica FATIGATI	SR	#5 Westminster (Pa	7.80	2/22
6	81	Emma RUDOLPH	SR	#5 Westminster (Pa{2}	7.86	2/22
7	95	Alexa RINE	SR	#4 Susquehanna	7.88	2/24
7	95	Sara PENUELA	SR	#3 Dickinson	7.88	2/25
9		Elizabeth BARRE	SR	#2 Carnegie Mellon	7.94	2/3
9		Elizabeth SCHWARZ	JR	#12 Alvernia	7.94	2/24

Women's 60 Meter Hurdles

1	5	Chloe YODER	SR	#4 Susquehanna	8.63	3/2
2	11	Elizabeth BARRE	SR	#2 Carnegie Mellon	8.75	2/16
3	27	Victoria KADIRI	JR	#1 Johns Hopkins	8.90	2/25
4	48	Lauren DUNNIGAN	FR	#21 Franklin & Marsh	9.07	2/3
5	69	Hannah ALDERFER	JR	#4 Susquehanna {2}	9.15	3/2
6	88	Anna STROUP	JR	#8 Washington & Je	9.23	2/22
7		Sarah SCHNEIDER	SO	#8 Washington & Je{2}	9.32	2/22
7		Darya MIKUSOVA	SR	#3 Dickinson	9.32	2/17
9		Molly WHITE	SO	#17 Scranton	9.38	2/17
10		Breannnda DAVIS	SR	#5 Westminster (Pa	9.40	2/22

Women's 200 Meters

1	27	Lauren PHILLIPS	JR	#1 Johns Hopkins	25.14	2/10
2	51	Elizabeth BARRE	SR	#2 Carnegie Mellon	25.41	2/25
3	75	Jessica FATIGATI	SR	#5 Westminster (Pa	25.55 OT	2/22
4	85	Emerlee SIMONS	SR	#3 Dickinson	25.59c (25.98f)	2/17
5		Chloe YODER	SR	#4 Susquehanna	25.81c (26.21f)	2/16
6		Sara PENUELA	SR	#3 Dickinson {2}	25.85c (26.25f)	2/25
7		Halle JENNETT	JR	#11 Messiah	25.94c (26.34f)	2/3
8		Jocelyn SMITH	FR	#17 Scranton	25.97c (26.37f)	2/24
9		Lillian BOUDREAU	SO	#15 Gettysburg	25.99c (26.39f)	2/25
10		Caleigh BOLD	FR	#14 Elizabethtown	26.02c (26.42f)	3/2

Women's 400 Meters

1	8	Lauren PHILLIPS	JR	#1 Johns Hopkins	55.90	2/10
2	49	Emerlee SIMONS	SR	#3 Dickinson	57.74c (58.50f)	2/25
3	66	Darya MIKUSOVA	SR	#3 Dickinson {2}	58.05c (58.82f)	2/25
4	86	Katie MORGAN	JR	#19 McDaniel	58.49c (59.26f)	2/25
5	93	Lianne SAUSSY	SO	#1 Johns Hopkins {2}	58.54c (59.31f)	2/25
6		Isabella RHEE	SR	#2 Carnegie Mellon	58.66	2/25
7		Lillian BOUDREAU	SO	#15 Gettysburg	59.06c (59.84f)	2/25
8		Anna ZAESKE	JR	#1 Johns Hopkins {3}	59.75c (1:00.54f)	2/25
9		Darrian BERKHEIMER	JR	#6 Lebanon Valley	59.88c (1:00.67f)	2/24
10		Lorna ARCESE	SO	#1 Johns Hopkins {4}	1:00.05c (1:00.84f)	2/25

Women's 800 Meters

1	3	Tanise THORNTON - FILLYAW	SO	#23 Goucher	2:10.01c (2:11.51f)	2/24
2	13	Annie HUANG	JR	#1 Johns Hopkins	2:11.55c (2:13.06f)	2/25
3	40	Emma KOTHARI	SO	#1 Johns Hopkins {2}	2:15.00c (2:16.55f)	3/2
4	49	Harrinee SENTHILKUMAR	JR	#1 Johns Hopkins {3}	2:15.43	2/2
5	57	Emily LANNEN	SR	#2 Carnegie Mellon	2:15.84c (2:17.40f)	3/2
6	63	Grace MORNINGSTAR	FR	#9 Misericordia	2:16.09c (2:17.66f)	3/2
7	64	Lydia BENNETT	JR	#7 Grove City	2:16.15c (2:17.72f)	3/2
8	72	Hailey CARROLL	SO	#20 Geneva	2:16.47 OT	2/22
9	73	Mackenzie SETTON	SO	#1 Johns Hopkins {4}	2:16.56c (2:18.13f)	2/25
10	84	Isabella RHEE	SR	#2 Carnegie Mellon {2}	2:17.11	2/10

Women's Mile

1	19	Claire ANDERSON	SO	#8 Washington & Je	4:56.11c (4:59.04f)	3/2
2	22	Mackenzie SETTON	SO	#1 Johns Hopkins	4:56.59	2/10
3	48	Lydia BENNETT	JR	#7 Grove City	5:00.23c (5:03.20f)	3/2
4	49	Harrinee SENTHILKUMAR	JR	#1 Johns Hopkins {2}	5:00.33c (5:03.30f)	1/27
5	61	Sara STEPHENSON	SR	#1 Johns Hopkins {3}	5:02.24	2/2
6	66	Hailey CARROLL	SO	#20 Geneva	5:03.06 OT	2/22
7	67	Lauren BUNKE	SR	#6 Lebanon Valley	5:03.14c (5:06.14f)	2/24
8	76	Amiyah PRIEBE	JR	#3 Dickinson	5:04.16	2/2
9	80	Callie JONES	SR	#1 Johns Hopkins {4}	5:04.76c (5:07.77f)	1/27
10	83	Adriana CATALANO	SO	#1 Johns Hopkins {5}	5:05.00c (5:08.01f)	2/25

Women's 3000 Meters

1	22	Sara STEPHENSON	SR	#1 Johns Hopkins	9:47.85	2/10
2	45	Izzy NOBILLI	SO	#1 Johns Hopkins {2}	9:55.68c (10:00.78f)	3/2
3	47	Adriana CATALANO	SO	#1 Johns Hopkins {3}	9:56.25c (10:01.36f)	3/2
4	52	Orit SHIANG	FR	#2 Carnegie Mellon	10:00.15	2/25
5	68	Sophia ZALEWSKI	SR	#2 Carnegie Mellon {2}	10:04.03	2/25
6	80	Anna BODMER	FR	#13 Salisbury	10:07.93c (10:13.14f)	2/17
7	89	Sarah CONANT	SR	#1 Johns Hopkins {4}	10:09.60	2/10
8		Cassie CARR	JR	#8 Washington & Je	10:11.82c (10:17.06f)	1/13
9		Lauren BUNKE	SR	#6 Lebanon Valley	10:12.33c (10:17.58f)	1/20
10		Grace SMITH	JR	#7 Grove City	10:13.72c (10:18.98f)	3/2

Women's 5000 Meters

1	11	Sara STEPHENSON	SR	#1 Johns Hopkins	16:51.19c (16:58.93f)	1/27
2	49	Orit SHIANG	FR	#2 Carnegie Mellon	17:38.58	2/25
3	58	Grace GALLAGHER	SO	#9 Misericordia	17:43.94c (17:52.08f)	3/2
4	61	Claire ANDERSON	SO	#8 Washington & Je	17:44.51 OT	1/27
5	70	Anna BODMER	FR	#13 Salisbury	17:46.97c (17:55.14f)	2/17
6	91	Sarah CONANT	SR	#1 Johns Hopkins {2}	17:55.80c (18:04.03f)	1/27
7	92	Alyssa HOFFMAN	JR	#2 Carnegie Mellon {2}	17:55.81c (18:04.04f)	2/3
8	93	Izzy NOBILLI	SO	#1 Johns Hopkins {3}	17:55.92c (18:04.16f)	1/27
9	96	Aisling CALLAHAN	SO	#1 Johns Hopkins {4}	17:56.28c (18:04.52f)	1/27
10	98	Kathryn HOPKINS	JR	#15 Gettysburg	17:56.55c (18:04.79f)	2/25



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Women's 4x400 Relay

1	19	Anna Zaeske, Lorna Arcese, Annie Huang, Lianne Saussy	#1 Johns Hopkins	3:51.69c (3:54.76f)	3/2
2	34	Emerlee Simons, Darya Mikusova, Mariana Penuela, Sara Penuela	#3 Dickinson	3:58.91c (4:02.08f)	2/25
3	54	Zoe King, Emily Lannen, Isabella Rhee, Jiahui Tang	#2 Carnegie Mellon	4:02.34	2/25
4	61	Darrian Berkheimer, Alyssa Peiffer, Abigail Reed, Mileyska Calderon	#6 Lebanon Valley	4:02.93c (4:06.15f)	3/2
5	91	Halle Jennett, Kerrigan Lebo, Arwyn Gruenwald, Emma Graybill	#11 Messiah	4:08.29c (4:11.58f)	1/27
6		Camryn Rogers, Anna Imrie, Eliza Hoover, Lillian Boudreau	#15 Gettysburg	4:10.18c (4:13.50f)	2/25
7		Tamyah Ray, Caitlyn Goodrich, Jessica Fatigati, Abigail Painter	#5 Westminster (Pa)	4:10.68 OT	1/27
8		Mia Hill, Peri Nelson, Madison Lamb, Karia Forvil	#13 Salisbury	4:11.73c (4:15.07f)	2/17
9		Carolyn Colteryahn, Cayla Lawrence, Annie Hermann, Lydia Bennett	#7 Grove City	4:13.34 OT	2/22
10		Katie Morgan, Anna Rando, Piper Nagaraj, Angel Bidgell	#19 McDaniel	4:13.62c (4:16.98f)	2/25

Women's Distance Medley Relay

1	4	Mackenzie Setton, Lianne Saussy, Annie Huang, Harrinee Senthilkumar	#1 Johns Hopkins	11:38.47c(11:45.95f)	3/2
2	32	Myra Naqvi, Madison Brown, Charlotte Kratovil-Lavelle, Amiyah Priebe	#3 Dickinson	12:08.66c(12:16.46f)	2/25
3	33	Kaylynn Johnson, Annie Hermann, Cayla Lawrence, Lydia Bennett	#7 Grove City	12:16.38c(12:24.27f)	3/2
4	44	Margaret Ann Healy, Jiahui Tang, Emily Lannen, Sophia Zalewski	#2 Carnegie Mellon	12:27.75	2/25
5	46	Grace Morningstar, Casey Allen, Kristin Gallagher, Madison Kammer	#9 Misericordia	12:28.42c(12:36.43f)	2/24
6	61	Madison Kimmel, Clara Benner, Kerrigan Lebo, Katie Anthony	#11 Messiah	12:35.70c(12:43.79f)	2/24
7	67	Cassy Lanza, Miranda Guthrie, Lily Murphy, Miranda Cincotta	#25 Saint Vincent	12:38.87c(12:47.00f)	3/2
8	82	Rowe Crawford, Camryn Rogers, Emma Bernstein, Carys Cook	#15 Gettysburg	12:45.86c(12:54.06f)	2/25
9	86	Maria Gilles, Jadyne Hartner, Cali LaRue, Claire Anderson	#8 Washington & Je	12:48.41 OT	2/22
10	99	Madison Castro, Jordann Hicks, Anna Castro, Hailey Carroll	#20 Geneva	12:53.01 OT	2/22

Women's High Jump

1	5	Elizabeth BARRE	SR	#2 Carnegie Mellon	1.70m	5-7	1/27
2	40	Aurielle BRUNNER	JR	#18 Chatham	1.63m	5-4¼	2/9
3	47	Olivia BARBACCI	SO	#16 Juniata	1.62m	5-3¾	1/27
3	47	Breannnda DAVIS	SR	#5 Westminster (Pa)	1.62m	5-3¾	2/3
3	47	Victoria KADIRI	JR	#1 Johns Hopkins	1.62m	5-3¾	2/25
6	61	Casey ALLEN	JR	#9 Misericordia	1.61m	5-3¼	2/9
6	61	Katie BALLER	SR	#7 Grove City	1.61m	5-3¼	2/22
6	61	Elly BRUNER	FR	#7 Grove City	1.61m	5-3¼	2/22
9	72	Ashley RICH	FR	#14 Elizabethtown	1.60m	5-3	2/2
9	72	Fatikhha TIKHTOVA	FR	#6 Lebanon Valley	1.60m	5-3	12/8



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Women's Pole Vault

1	3	Emma RUDOLPH	SR	#5 Westminster (Pa)	4.03m	13-2½	2/16
2	20	Madison CONLEY	SR	#5 Westminster (Pa){2}	3.77m	12-4½	2/22
3	47	Missy TREHARN	SO	#5 Westminster (Pa){3}	3.52m	11-6½	2/22
4	80	Hazel BUONOPANE	FR	#2 Carnegie Mellon	3.39m	11-1½	2/3
5	84	Jo-Michelle HUCZKO	SR	#2 Carnegie Mellon {2}	3.37m	11-¾	2/17
6	86	Emily ORIEL	SO	#6 Lebanon Valley	3.36m	11-¼	1/12
7		Bianca SKELTON	SR	#1 Johns Hopkins	3.31m	10-10¼	2/25
7		Sarah-Caulley SOTO	SO	#1 Johns Hopkins	3.31m	10-10¼	3/2
9		Hannah WITTER	SO	#11 Messiah	3.30m	10-9¾	2/3
9		Olivia BARBACCI	SO	#16 Juniata	3.30m	10-9¾	2/17
9		Victoria ZULTEVICZ	JR	#10 King's College (P	3.30m	10-9¾	2/3
9		Rachel SNAVELY	JR	#6 Lebanon Valley {2}	3.30m	10-9¾	2/9
9		Cassidy BROWN	JR	#1 Johns Hopkins {3}	3.30m	10-9¾	12/2

Women's Long Jump

1	3	Victoria KADIRI	JR	#1 Johns Hopkins	5.92m	19-5¼	2/3
2	7	Aurielle BRUNNER	JR	#18 Chatham	5.85m	19-2½	2/9
3	12	Remi ACORD	JR	#4 Susquehanna	5.68m	18-7¾	3/2
4	16	Sara PENUELA	SR	#3 Dickinson	5.67m	18-7¼	3/2
5	18	Elizabeth BARRE	SR	#2 Carnegie Mellon	5.65m	18-6½	2/25
6	41	Hannah ALDERFER	JR	#4 Susquehanna {2}	5.51m	18-1	3/2
7	64	Mileyshka CALDERON	FR	#6 Lebanon Valley	5.44m	17-10¼	2/9
7	64	Marlyse HAACK	SO	#13 Salisbury	5.44m	17-10¼	2/17
9	75	Shinelle FELIX	JR	#12 Alvernia	5.41m	17-9	2/24
10		Chloe YODER	SR	#4 Susquehanna {3}	5.34m	17-6¼	2/24

Women's Triple Jump

1	1	Victoria KADIRI	JR	#1 Johns Hopkins	12.86m	42-2¼	1/20
2	2	Shinelle FELIX	JR	#12 Alvernia	12.67m	41-7	1/27
3	10	Remi ACORD	JR	#4 Susquehanna	11.89m	39-¼	3/2
4	14	Sara BARTLETT	JR	#1 Johns Hopkins {2}	11.80m	38-8¾	2/25
5	44	Aurielle BRUNNER	JR	#18 Chatham	11.38m	37-4	2/9
6	49	Jocelyn KIEFEL	JR	#2 Carnegie Mellon	11.35m	37-3	2/25
7	51	Iniyaa MOHANRAJ	SO	#2 Carnegie Mellon {2}	11.33m	37-2¼	3/2
8	59	Julia ACEVEDO	SR	#4 Susquehanna {2}	11.27m	36-11¾	2/17
9	83	Mylina CASTILLO	JR	#12 Alvernia {2}	11.08m	36-4¼	2/24
10		Elena VARGAS	JR	#11 Messiah	10.86m	35-7¾	1/20

Women's Shot Put

1	35	Erika EZUMBA	SO	#1 Johns Hopkins	13.20m	43-3¾	2/25
2	63	Mylea NEIDIG	SR	#14 Elizabethtown	12.74m	41-9¾	2/17
3	68	Brandy VARNER	SO	#10 King's College (P	12.66m	41-6½	2/24
4	73	Lexi SHIDERLY	JR	#5 Westminster (Pa	12.60m	41-4¼	1/27
4	73	Rosalyn PAGE	JR	Marywood	12.60m	41-4¼	2/17
6	86	Victoria KADIRI	JR	#1 Johns Hopkins {2}	12.45m	40-10¼	1/27
7	91	Nandee CORREIA	JR	#16 Juniata	12.40m	40-8¼	2/24
8		Abby EVERETT	SR	#3 Dickinson	12.33m	40-5½	2/2
9		Caroline REED	JR	#6 Lebanon Valley	12.23m	40-1½	3/2
10		Maggie BOYER	SR	#4 Susquehanna	12.03m	39-5¾	2/4

Women's Weight Throw

1	21	Maggie BOYER	SR	#4 Susquehanna	17.47m	57-3¾	3/2
2	69	Katelyn SHOEMAKER	SO	#10 King's College (P	15.58m	51-1½	2/24
3	93	Erika EZUMBA	SO	#1 Johns Hopkins	15.13m	49-7¾	2/25
4	100	Alexis MAHAFFEY	JR	#24 Bethany (W.Va.)	15.05m	49-4½	2/22
5		Lauren ASSANTE	JR	#6 Lebanon Valley	14.97m	49-1½	2/9
6		Gabby BELLOMO	JR	#9 Misericordia	14.76m	48-5¼	3/2
7		Abby EVERETT	SR	#3 Dickinson	14.42m	47-3¾	2/25
8		Stephanie REIDER	SR	#22 Penn State Harri	14.23m	46-8¼	1/27
9		Sofia HARNOIS	SO	York (Pa.)	14.08m	46-2½	1/14
9		Nandee CORREIA	JR	#16 Juniata	14.08m	46-2½	12/9

Women's Pentathlon

1	3	Elizabeth BARRE	SR	#2 Carnegie Mellon	3,628		1/27
2	4	Victoria KADIRI	JR	#1 Johns Hopkins	3,610		1/27
3	25	Hannah ALDERFER	JR	#4 Susquehanna	3,288		3/2
4	28	Breannnda DAVIS	SR	#5 Westminster (Pa	3,226		3/2
5	83	Abigail LOVELACE	FR	#1 Johns Hopkins {2}	2,771		1/27
6	91	Sophia KOVATSIS	SR	#3 Dickinson	2,730		2/25
7	96	Angel BIDGELL	JR	#19 McDaniel	2,686		2/25
8	98	Victoria ZULTEVICZ	JR	#10 King's College (P	2,673		1/27
9	99	Julia ACEVEDO	SR	#4 Susquehanna {2}	2,660		12/9
10		Molly WHITE	SO	#17 Scranton	2,640		12/9



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WOMEN — 2024 Week #7, March 4



Midwest

as of 3/4/2024 8:34:44 PM ET

Women's 60 Meters

1	35	Rachel ARTHUR	JR	#2 Williams	7.76	2/25
2	81	Stephanie BROWN	SR	#7 Springfield (Mas)	7.86	2/4
3	88	Marlina VOKER	JR	#5 Hartford	7.87	2/3
4		Juliette SULLIVAN	FR	#14 Wesleyan (Conn.)	7.91	12/9
5		Heloise HUGHES	FR	#1 Amherst	7.92	2/10
6		Shea O'NEILL	FR	#12 Trinity (Conn.)	7.95	1/28
6		Alaina STONEBRAKER	SO	#4 Coast Guard	7.95	2/25
8		Kaitlyn DOHERTY	SO	#7 Springfield (Mas){2}	7.97	3/2
9		Gwendolyn ANDERSEN	SR	#7 Springfield (Mas){3}	7.99	2/4
10		Ava NOVAK	SR	#8 Vassar	8.00	2/24
10		Christine MALLETT	JR	#9 RPI	8.00	2/24
10		Melissa WHITE	SO	#3 Middlebury	8.00	2/2
10		Olive LAWRENCE	SO	#3 Middlebury	8.00	2/25

Women's 60 Meter Hurdles

1	6	Eliza CARDWELL	JR	#1 Amherst	8.64	2/25
2	35	Katherine DEFOSSÉ	FR	#7 Springfield (Mas)	8.98	3/2
3	56	Emma WHEELER	SR	#6 Connecticut Coll	9.11	2/24
4	59	Ioanna TSONI	FR	#11 Mount Holyoke	9.12	2/10
5	63	Arisa GRACE MCGOWAN	SO	#1 Amherst	{2}9.13	2/25
6	72	Cali LEONARD	SO	#5 Hartford	9.16	2/23
7	82	Jahmilia DENNIS	SO	#8 Vassar	9.21	2/17
8	98	Ashley SHELDON	FR	#13 Union (N.Y.)	9.26	2/24
9		Myeh MEDINA	SO	#1 Amherst	{3}9.29	2/25
10		Caroline CROCKER	FR	#5 Hartford	{2}9.30	2/17

Women's 200 Meters

1	4	Marlina VOKER	JR	#5 Hartford	24.52	3/2
2	41	Rachel ARTHUR	JR	#2 Williams	25.30c (25.69f)	2/10
3	44	Heloise HUGHES	FR	#1 Amherst	25.33	2/10
4	72	Christine MALLETT	JR	#9 RPI	25.51c (25.90f)	2/10
5	82	Alaina STONEBRAKER	SO	#4 Coast Guard	25.58	2/10
6	90	Bella KING-HARVEY	FR	#2 Williams	{2}25.64	1/28
7	100	Melissa WHITE	SO	#3 Middlebury	25.74	2/10
8		Cate DONALDSON	FR	#2 Williams	{3}25.76	1/28
9		Ava NOVAK	SR	#8 Vassar	25.89c (26.29f)	2/24
10		Katie MANNING	JR	#9 RPI	{2}25.90c (26.30f)	2/24

Women's 400 Meters

1	6	Bella KING-HARVEY	FR	#2 Williams	55.83	2/25
2	17	Kennedy MULLEN	JR	#12 Trinity (Conn.)	56.68	3/2
3	36	Casie EIFRIG	JR	#1 Amherst	57.27	3/2
4	43	Christa PRASERTSINTANAH	FR	#1 Amherst	{2}57.61	2/10
5	45	Cate DONALDSON	FR	#2 Williams	{2}57.63	2/25
6	48	Anna KROUSE	JR	#3 Middlebury	57.73	2/10
7	67	Michelle LOUIE	SR	#3 Middlebury	{2}58.08	2/10
8	88	Claire JENSEN	FR	#2 Williams	{3}58.50c (59.27f)	12/9
9	95	Lauren SZALKOWSKI	FR	#9 RPI	58.56c (59.33f)	12/9
10		Camryn TAYLOR	JR	#2 Williams	{4}58.69c (59.47f)	12/9

Women's 800 Meters

1	21	Alexa ESTES	SO	#6 Connecticut Coll	2:12.54	2/10
2	36	Sidney TRIEPKE	JR	#4 Coast Guard	2:14.26	3/2
3	43	Allison SIBOLD	JR	#10 St. Lawrence	2:15.12c (2:16.67f)	2/24
4	50	Zoe MARCUS	FR	#1 Amherst	2:15.45	2/10
5	54	Lucy GAGNON	SR	#2 Williams	2:15.70	2/25
6	66	Hailey MARCELLO	SR	#5 Hartford	2:16.20	2/23
7	70	Grace MCDONOUGH	SO	#6 Connecticut Coll{2}	2:16.37	2/10
8	71	Pria PARKER	JR	#15 Smith	2:16.38	2/10
9	94	Piper LENTZ	SO	#1 Amherst	{2}2:17.51	2/25
10	99	Makenna TOPP	FR	#4 Coast Guard	{2}2:17.66	2/10

Women's Mile

1	2	Allison SIBOLD	JR	#10 St. Lawrence	4:49.05c (4:51.91f)	1/12
2	10	Lucy GAGNON	SR	#2 Williams	4:54.11	2/10
3	18	Pria PARKER	JR	#15 Smith	4:55.70	2/25
4	25	Haley SCHOENEGGE	FR	#8 Vassar	4:56.71c (4:59.64f)	2/24
5	29	Julia SCHOR	JR	#1 Amherst	4:57.83	2/10
6	33	Abby FERNALD	SO	#6 Connecticut Coll	4:58.28	2/25
7	34	Jules BLESKOSKI	FR	#9 RPI	4:58.32c (5:01.27f)	2/24
8	58	Molly FITZGIBBONS	SR	#2 Williams	{2}5:01.83c (5:04.81f)	3/2
9	69	Audrey MACLEAN	FR	#3 Middlebury	5:03.31	2/10
10	79	Catherine DACEY	JR	#13 Union (N.Y.)	5:04.67c (5:07.68f)	3/2

Women's 3000 Meters

1	4	Allison SIBOLD	JR	#10 St. Lawrence	9:30.76	2/9
2	13	Jules BLESKOSKI	FR	#9 RPI	9:41.55c (9:46.53f)	3/2
3	24	Haley SCHOENEGGE	FR	#8 Vassar	9:48.82c (9:53.86f)	3/2
4	34	Olivia PISACANO	SO	#9 RPI	{2}9:52.32c (9:57.39f)	3/2
5	38	Julia SCHOR	JR	#1 Amherst	9:53.98c (9:59.07f)	2/3
6	41	Audrey MACLEAN	FR	#3 Middlebury	9:54.55	2/25
7	54	Molly FITZGIBBONS	SR	#2 Williams	10:00.49	12/2
8	66	Genna GIRARD	SR	#2 Williams	{2}10:03.41c (10:08.58f)	1/13
9	67	Helen HURDEN	FR	#2 Williams	{3}10:03.88c (10:09.05f)	2/10
10	85	Paige PHILLIPS	JR	#4 Coast Guard	10:08.97c (10:14.19f)	1/20

Women's 5000 Meters

1	15	Genna GIRARD	SR	#2 Williams	16:54.96	1/28
2	18	Paige PHILLIPS	JR	#4 Coast Guard	16:59.22	3/2
3	53	Edin SISON	SR	#6 Connecticut Coll	17:40.93	3/2
4	64	Tessa LANCASTER	JR	#11 Mount Holyoke	17:45.28	3/2
5	73	Lauren HINO	SR	#6 Connecticut Coll{2}	17:48.74	3/2
6	76	Haley SCHOENEGGE	FR	#8 Vassar	17:49.93c (17:58.12f)	1/27
7	95	Stephanie AGER	SO	#14 Wesleyan (Conn.)	17:56.26	12/2
8	97	Fiona PICONE	SO	#2 Williams	{2}17:56.30	2/25
9	99	Lauren MELLON	SO	#4 Coast Guard	{2}17:56.58	3/2
10		Alsacia TIMMERMAN	SO	#6 Connecticut Coll{3}	17:57.99	2/25



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Mideast

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Women's 4x400 Relay

1	8	Bella King-Harvey, Camryn Taylor, Claire Jensen, Cate Donaldson	#2 Williams	3:49.44	2/25
2	13	Michelle Louie, Mary Elliot, Lily Bulczynski, Anna Krouse	#3 Middlebury	3:49.96c (3:53.01f)	3/2
3	22	Sophia Jones, Cate Kneebone, Emma Almony, Kennedy Mullen	#12 Trinity (Conn.)	3:53.99	2/25
4	23	Christa Prasertsintanah, Eliza Cardwell, Myeh Medina, Casie Eifrig	#1 Amherst	3:54.04	2/25
5	31	Emily Parchinski, Hailey Marcello, Marlina Voker, Molly McGrail	#5 Hartford	3:58.23	2/23
6	32	Glory Moncion-Allen, Kasey McGerald, Allison Malatesta, Caroline Stanton	#13 Union (N.Y.)	3:58.75c (4:01.92f)	3/2
7	48	Alyssa Fici, Christine Mallette, Faydia Thompson, Katie Manning	#9 RPI	4:01.39c (4:04.59f)	2/24
8	63	Ella Besant, Grace Flynn, Sidney Triepke, Makenna Topp	#4 Coast Guard	4:03.24	3/2
9		Madeline Busam, Jordan Norman, Faye Stevens, Ava Novak	#8 Vassar	4:09.88c (4:13.19f)	2/24
10		Grace McDonough, Emma Wheeler, LK Tucker, Alexa Estes	#6 Connecticut Coll	4:10.95c (4:14.28f)	1/20

Women's Distance Medley Relay

1	10	Zoe Marcus, Casie Eifrig, Piper Lentz, Julia Schor	#1 Amherst	11:41.08c (11:48.59f)	3/2
2	12	Grace McDonough, LK Tucker, Alexa Estes, Abby Fernald	#6 Connecticut Coll	11:43.08c (11:50.61f)	3/2
3	16	Tatum Peskin, Annabel Cloney, Ciara Dale, Audrey Maclean	#3 Middlebury	11:48.15c (11:55.73f)	3/2
4	20	Emma Palumbo, Margaret McNally, Charlotte Blake, Allison Sibold	#10 St. Lawrence	11:52.00c (11:59.62f)	3/2
5	21	Makenna Topp, Grace Flynn, Sidney Triepke, Paige Phillips	#4 Coast Guard	11:59.13	2/10
6	45	Alexandra Simon, Sophia Mack, Elanora Smith, Jordan Walter	#14 Wesleyan (Conn.)	12:27.88	2/25
7	57	Tamar Byl-Brann, Kelsey Tarby, Grace Kaercher, Morgan Eigel	#2 Williams	12:33.71	2/25
8	72	Greta Trapp, Olivia Johnson, Kim Beaver, Tessa Lancaster	#11 Mount Holyoke	12:42.18c (12:50.34f)	2/17
9	85	Virginia Lucchetti, Sophia Gambino, Lillian Moran, Sarah Smith	#16 SUNY Plattsburg	12:46.97c (12:55.18f)	3/2
10	94	Juanita Gutierrez, Megan Varum, Catherine Collins, Hillary Connor	#15 Smith	12:52.12c (13:00.39f)	2/17

Women's High Jump

1	2	Allie WILDSMITH	SO	#4 Coast Guard	1.72m	5-7¾	2/2
2	5	Ashley SHELDON	FR	#13 Union (N.Y.)	1.70m	5-7	2/24
2	5	Gabriella GRATTAN	JR	#12 Trinity (Conn.)	1.70m	5-7	1/28
4	13	Sydney GARRISON	SR	#5 Hartford	1.68m	5-6	12/9
4	13	Avery BAKER-SCHLENDERING	FR	#5 Hartford	1.68m	5-6	12/9
6	28	Amelie JAMANKA	SO	#2 Williams	1.65m	5-5	12/9
7	47	Anaya THOMAS	JR	#1 Amherst	1.62m	5-3¾	2/10
8	72	Leah SMITH	FR	#1 Amherst	{2} 1.60m	5-3	1/13
8	72	Jordan MURPHY	FR	#5 Hartford	{3} 1.60m	5-3	2/17
8	72	Livi MAZEROLLE	SO	#2 Williams	{2} 1.60m	5-3	1/13



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Women's Pole Vault

1	9	Ellie FITZGERALD	SO	#2 Williams	3.83m	12-6¾	2/25
2	20	Jae YU	JR	#2 Williams	{2} 3.77m	12-4½	1/28
3	24	Kerry SEEKAMP	SO	#15 Smith	3.75m	12-3½	2/3
4	28	Mia BAWENDI	SR	#1 Amherst	3.69m	12-1¼	3/2
5	29	Zoe WANG	JR	#3 Middlebury	3.68m	12-¾	2/25
6	50	Fiona CARROLL	JR	#14 Wesleyan (Conn.	3.48m	11-5	2/17
7	74	Madison GARRIGUS	SR	#4 Coast Guard	3.40m	11-1¾	1/13
8	81	Payton SORENSEN	JR	#1 Amherst	{2} 3.38m	11-1	2/25
9		Mollie BRINKER	SO	#4 Coast Guard	{2} 3.25m	10-8	2/2
9		Jordan HECKER	JR	#1 Amherst	{3} 3.25m	10-8	1/28

Women's Long Jump

1	12	Eliza CARDWELL	JR	#1 Amherst	5.68m	18-7¾	2/25
2	45	Anastasia IOPPOLO	SO	#1 Amherst	{2} 5.50m	18-½	1/13
3	56	Mackenzie DAGGITT	JR	#3 Middlebury	5.46m	17-11	3/2
3	56	Ioanna TSONI	FR	#11 Mount Holyoke	5.46m	17-11	2/3
5	74	Muffie MAZAMBANI	SR	#1 Amherst	{3} 5.42m	17-9½	2/25
6		Leah SMITH	FR	#1 Amherst	{4} 5.34m	17-6¼	1/28
7		Ava NOVAK	SR	#8 Vassar	5.32m	17-5½	2/3
8		Kaylee WRIGHT	SO	#4 Coast Guard	5.31m	17-5¼	2/25
8		Leslie SAMUEL	FR	#5 Hartford	5.31m	17-5¼	12/2
10		Michaela SCHAFFER	JR	#16 SUNY Plattsburg	5.23m	17-2	2/9

Women's Triple Jump

1	15	Jahmilia DENNIS	SO	#8 Vassar	11.79m	38-8¼	2/24
2	21	Rafaela DELGADO	FR	#2 Williams	11.72m	38-5½	2/25
3	25	Samantha PAUL	JR	#7 Springfield (Mas.	11.62m	38-1½	3/2
4	37	Muffie MAZAMBANI	SR	#1 Amherst	11.47m	37-7¾	2/25
5	61	Elle RIMANDO	SO	#11 Mount Holyoke	11.23m	36-10¼	1/27
6	65	Myeh MEDINA	SO	#1 Amherst	{2} 11.22m	36-9¾	1/28
6	65	Anaya THOMAS	JR	#1 Amherst	{2} 11.22m	36-9¾	2/25
8	81	Anastasia IOPPOLO	SO	#1 Amherst	{4} 11.10m	36-5	2/25
9	99	Eliza LEE	SO	#19 Westfield State	10.98m	36-¼	2/25
10		Leah SMITH	FR	#1 Amherst	{5} 10.89m	35-8¾	1/28

Women's Shot Put

1		Emma WHEELER	SR	#6 Connecticut Coll	12.17m	39-11¼	2/17
2		Maureen HAMMOND	JR	#4 Coast Guard	12.06m	39-6¾	2/17
3		Mary Scott ROBINSON	SR	#3 Middlebury	12.02m	39-5¼	1/13
4		Sadie OLSON	SR	#4 Coast Guard	{2} 11.69m	38-4¼	2/2
5		Leanna WELLS	FR	#9 RPI	11.62m	38-1½	2/24
6		Kylie ALLEN	FR	#9 RPI	{2} 11.61m	38-1¼	2/3
7		KayInn STEVENSON	FR	#18 Castleton	11.49m	37-8½	2/17
8		Katelynn TAYLOR	JR	#7 Springfield (Mas.	11.44m	37-6½	2/25
9		Sophie WARREN	SR	#7 Springfield (Mas.	{2} 11.43m	37-6	12/2
10		Emma RAMSINGH	FR	#1 Amherst	11.38m	37-4	2/25

Women's Weight Throw

1	60	Samantha SAINRISTILL	JR	#17 Rhode Island Col	15.89m	52-1¾	12/2
2	78	Mary Scott ROBINSON	SR	#3 Middlebury	15.41m	50-6¾	2/25
3		Sadie OLSON	SR	#4 Coast Guard	14.85m	48-8¾	2/17
4		Katelynn TAYLOR	JR	#7 Springfield (Mas.	14.52m	47-7¾	2/25
5		Lillian WURTZ	SO	#3 Middlebury	{2} 14.46m	47-5¼	1/28
6		Sophie WARREN	SR	#7 Springfield (Mas.	{2} 14.41m	47-3½	12/2
7		Madison DIPASQUALE	SO	#5 Hartford	14.02m	46-0	3/2
8		Karli MARTIN	FR	#18 Castleton	13.82m	45-4¼	2/17
9		KayInn STEVENSON	FR	#18 Castleton	{2} 13.79m	45-3	1/27
10		Jaxon PALMER	JR	#3 Middlebury	{3} 13.78m	45-2½	2/25

Women's Pentathlon

1	18	Emma WHEELER	SR	#6 Connecticut Coll	3,330		2/24
2	31	Anaya THOMAS	JR	#1 Amherst	3,198		2/24
3	54	Jordan MURPHY	FR	#5 Hartford	2,956		3/2
4	64	Faye STEVENS	JR	#8 Vassar	2,890		2/24
5	67	Livi MAZEROLLE	SO	#2 Williams	2,870		12/9
6	94	Marissa LEDUC	SO	#16 SUNY Plattsburg	2,702		2/25
7	97	Caroline STANTON	JR	#13 Union (N.Y.)	2,675		2/24
8		Trintje NYDAM	SR	#1 Amherst	{2} 2,585		1/20
9		Tara JESSEN	FR	#4 Coast Guard	2,539		1/20
10		Morgan ROME	SO	#1 Amherst	{3} 2,527		2/3



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Women's 60 Meters

1	7	Isabella HOGUE	SR	#8 Nebraska Wesley	7.59	2/10
2	8	Jasmine WRIGHT	SO	#1 Washington (Mo.)	7.61	3/2
3	11	Maya DAVIS	FR	#1 Washington (Mo.)	7.65	2/10
4	19	Emma SEIPEL	JR	#4 Loras	7.68	3/2
5	24	Gabri MESCHINO	JR	#2 Chicago	7.70	2/10
6	27	Harmony CREASY	JR	#4 Loras	7.71	12/9
7	33	Lauren MARSHALL	SR	#7 Elmhurst	7.75	12/2
8	40	Sara YAKANA	JR	#11 Greenville	7.77	2/3
8	40	Kelly KOHLHOF	SR	#4 Loras	7.77	2/24
8	40	Tiana GRADY	FR	#7 Elmhurst	7.77	2/9

Women's 60 Meter Hurdles

1	10	Nakala NADEAU	JR	#7 Elmhurst	8.73	2/24
2	11	Tiana GRADY	FR	#7 Elmhurst	8.75	2/24
3	14	Ren BROWN	JR	#2 Chicago	8.76	2/25
4	16	Lauren GAY	JR	#1 Washington (Mo.)	8.77	2/25
5	19	JoJo TYNISMAA	SO	#3 Wartburg	8.82	2/16
6	21	Denise PARTEE	SR	#6 North Central (Ill)	8.83	3/2
7	33	Grace BRADEN	FR	#3 Wartburg	8.94	3/2
8	34	Thea RING	SO	#15 North Park	8.96	2/24
9	41	Audrey ARNOLD	SR	#13 Simpson (Iowa)	9.02	3/2
10	47	Olivia BOHLEN	SO	#5 Central (Iowa)	9.06	2/24

Women's 200 Meters

1	6	Isabella HOGUE	SR	#8 Nebraska Wesley	24.58 OT	2/10
2	16	Lindsey NOVAK	SR	#6 North Central (Ill)	24.84c (25.22f)	3/2
3	20	Tiana GRADY	FR	#7 Elmhurst	24.94c (25.32f)	2/24
4	21	Nicole STEWART	JR	#1 Washington (Mo.)	24.96c (25.34f)	2/10
5	22	Harmony CREASY	JR	#4 Loras	25.00c (25.38f)	2/24
6	26	Emma SEIPEL	JR	#4 Loras	25.13c (25.52f)	2/24
7	36	Thea RING	SO	#15 North Park	25.23c (25.62f)	3/2
8	38	Lauren BLIEFERNICHT	JR	#10 Aurora	25.24c (25.63f)	3/2
9	39	Breanne GEARY	SR	#8 Nebraska Wesley	25.25c (25.64f)	1/27
10	42	Kylie SPYTEK	SO	#1 Washington (Mo.)	25.31	2/25

Women's 400 Meters

1	1	Isabella HOGUE	SR	#8 Nebraska Wesley	55.05c (55.78f)	2/24
2	2	Emma KELLEY	SR	#1 Washington (Mo.)	55.29c (56.02f)	2/16
3	11	Abbi ROERDINK	SR	#5 Central (Iowa)	56.27c (57.01f)	3/2
4	20	Ren BROWN	JR	#2 Chicago	56.76	2/25
5	25	JoJo TYNISMAA	SO	#3 Wartburg	56.94c (57.69f)	2/24
6	26	Kylie SPYTEK	SO	#1 Washington (Mo.)	56.96	2/25
7	27	Lindsey NOVAK	SR	#6 North Central (Ill)	57.04c (57.79f)	2/24
8	29	Madison HAYS	SO	#13 Simpson (Iowa)	57.07c (57.82f)	2/24
9	37	Breanne GEARY	SR	#8 Nebraska Wesley	57.37c (58.13f)	2/24
10	41	Grace ALLEY	SR	#4 Loras	57.58c (58.34f)	2/24

Women's 800 Meters

1	1	Emma KELLEY	SR	#1 Washington (Mo.)	2:05.34c (2:06.78f)	1/12
2	9	Alessia SARUSSI	SR	#1 Washington (Mo.)	2:10.96	2/25
3	14	Frankie CHAIDEZ	JR	#4 Loras	2:11.66c (2:13.17f)	3/2
4	15	Caroline MCMARTIN	SR	#5 Central (Iowa)	2:11.90c (2:13.42f)	3/2
5	16	Danielle SCHULTZ	SR	#1 Washington (Mo.)	2:12.01	2/25
6	24	Megan JOHNSON	JR	#5 Central (Iowa)	2:12.62c (2:14.15f)	3/2
7	25	Peyton STEFFEN	SO	#5 Central (Iowa)	2:12.64c (2:14.17f)	3/2
8	31	Elisabeth CAMIC	JR	#2 Chicago	2:13.47c (2:15.01f)	2/17
9	33	Maddie KELLY	JR	#2 Chicago	2:13.79	2/25
10	37	Caroline ECHOLS	FR	#1 Washington (Mo.)	2:14.47c (2:16.02f)	1/26

Women's Mile

1	4	Caroline MCMARTIN	SR	#5 Central (Iowa)	4:49.89c (4:52.75f)	2/24
2	6	Megan JOHNSON	JR	#5 Central (Iowa)	4:52.50c (4:55.39f)	2/17
3	9	Lexi BROWN	SR	#3 Wartburg	4:53.96c (4:56.87f)	1/26
4	11	Peyton STEFFEN	SO	#5 Central (Iowa)	4:54.27c (4:57.18f)	2/17
5	12	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	4:54.39	2/2
6	14	Aubrie FISHER	SR	#3 Wartburg	4:54.92c (4:57.83f)	1/26
7	15	Elisabeth CAMIC	JR	#2 Chicago	4:54.98	1/27
8	23	Adriana CRABTREE	SO	#12 Illinois Wesleyan	4:56.63c (4:59.56f)	3/2
9	24	Deyanneira COLON MALDONADO	JR	#10 Aurora	4:56.64	1/19
10	27	Jillian HETH	SO	#1 Washington (Mo.)	4:57.27c (5:00.21f)	3/2

Women's 3000 Meters

1	5	Megan JOHNSON	JR	#5 Central (Iowa)	9:32.08	2/10
2	6	Aubrie FISHER	SR	#3 Wartburg	9:34.98	2/10
3	9	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	9:37.17	1/27
4	12	Caroline MCMARTIN	SR	#5 Central (Iowa)	9:41.47c (9:46.45f)	1/27
5	16	Lexi BROWN	SR	#3 Wartburg	9:43.00 OT	1/19
6	17	Deyanneira COLON MALDONADO	JR	#10 Aurora	9:43.34	1/27
7	21	Caitlin JORGENSEN	SR	#2 Chicago	9:45.79c (9:50.81f)	2/17
8	27	Shaelyn HOSTAGER	SR	#3 Wartburg	9:50.08 OT	1/19
9	40	Alexandra BLAKE	SR	#1 Washington (Mo.)	9:54.46	2/25
10	43	Jillian HETH	SO	#1 Washington (Mo.)	9:55.51	2/25

Women's 5000 Meters

1	2	Evelyn BATTLESON-GUNKEL	SR	#2 Chicago	16:27.68 OT	2/9
2	7	Caroline MCMARTIN	SR	#5 Central (Iowa)	16:44.24	2/10
3	8	Shaelyn HOSTAGER	SR	#3 Wartburg	16:45.89	2/10
4	9	Deyanneira COLON MALDONADO	JR	#10 Aurora	16:46.19 OT	2/9
5	14	Megan JOHNSON	JR	#5 Central (Iowa)	16:53.73c (17:01.49f)	12/2
6	17	Aubrie FISHER	SR	#3 Wartburg	16:57.67c (17:05.46f)	2/24
7	19	Estelle SNIDER	FR	#2 Chicago	17:03.37 OT	2/9
8	23	Lara KALLEM	JR	#13 Simpson (Iowa)	17:04.87c (17:12.71f)	2/24
9	28	Teghan BOOTH	JR	#13 Simpson (Iowa)	17:07.91c (17:15.78f)	2/24
10	30	Lexi BROWN	SR	#3 Wartburg	17:09.08c (17:16.96f)	12/2



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Midwest

as of 3/4/2024 8:34:44 PM ET

Women's 4x400 Relay

1	3	Breanne Geary, Isabella Hilger, Gabby Thomas, Isabella Hogue	#8 Nebraska Wesley	3:48.47c (3:51.50f)	3/2
2	4	Kylie Spytek, Catherine Christopher, Danielle Schultz, Emma Kelley	#1 Washington (Mo.)	3:48.84	2/25
3	7	Grace Alley, Alyssa Pfadenhauer, Kelly Kohlhof, Harmony Creasy	#4 Loras	3:49.34c (3:52.38f)	3/2
4	9	Lizzy Van Utrecht, Ava Parkins, Abby Gruver, Abbi Roerdink	#5 Central (Iowa)	3:49.54c (3:52.58f)	3/2
5	10	Sophia Stahle, JoJo Tynysmaa, Haley Meyer, Lina Newland	#3 Wartburg	3:49.61c (3:52.65f)	3/2
6	20	Lindsey Novak, Cali Minkie, Kyla Miller, Cire' Smith	#6 North Central (Ill.)	3:53.12c (3:56.21f)	3/2
7	21	Naomi Jones, Sadie Hartmann, Nayeli Villegas, Carmela Woods	#7 Elmhurst	3:53.74c (3:56.84f)	3/2
8	28	Ava Hagwell, Elisabeth Camic, Camila Garanton, Ren Brown	#2 Chicago	3:56.86	2/25
9	33	Sidney Brown, Hailey Carolan, Willow Ziegler, Ava Claussen- Tubbs	#19 Cornell College	3:58.87c (4:02.04f)	3/2
10	49	McKenzie Reser, Jordyn VanSanten, Cora Deemer, Shakira Wade	#14 Augustana (Ill.)	4:01.69c (4:04.89f)	2/24

Women's Distance Medley Relay

1	1	Ren Brown, Maddie Kelly, Elisabeth Camic, Emma Kelly	#2 Chicago	11:30.80c (11:38.20f)	3/2
2	3	Aubrie Fisher, Rachel Nagel, Ellie Meyer, Lexi Brown	#3 Wartburg	11:37.14c (11:44.60f)	2/3
3	5	Addy Parrott, Abbi Roerdink, Peyton Steffen, Megan Johnson	#5 Central (Iowa)	11:38.53c (11:46.01f)	2/16
4	8	Helena Teixeira- Dasilva, Catherine Christopher, Emma Kelley, Alexandra Blake	#1 Washington (Mo.)	11:39.79	2/25
5	25	N'Dya Fields, Lauren Bliefernicht, Madison Etheridge, Deyanneira Colon Maldonado	#10 Aurora	12:04.17c (12:11.92f)	3/2
6	36	Brooke Nazos, Jordynn Griffin, Peyton Stinger, Adriana Crabtree	#12 Illinois Wesleyan	12:21.63c (12:29.57f)	2/24
7	37	Emma Mallory, Itzel Garcia, Krista Koke, Alyssa Ruiz	#16 Millikin	12:23.07c (12:31.03f)	2/24
8	39	Esther Brown, Sadie Hartmann, Molly Roberts, Ashley Kachurik	#7 Elmhurst	12:25.04c (12:33.02f)	2/24
9	43	Marissa Magana, Cire' Smith, Segilola Smith-Pariola, Julia Benes	#6 North Central (Ill.)	12:27.46c (12:35.46f)	2/24
10	50	Bailey Vaughan, Layla Hughes, Emily Jackson, Frankie Chaidez	#4 Loras	12:29.33c (12:37.35f)	2/24

Women's High Jump

1	1	Grace ALLEY	SR	#4 Loras	1.75m	5-8¾	2/3
2	10	Olivia JAMESON	SO	#18 Illinois Tech	1.69m	5-6½	3/2
3	13	Jaden GATTS	FR	#9 Dubuque	1.68m	5-6	2/16
3	13	Sara HOSKINS	SR	#4 Loras	{2} 1.68m	5-6	2/24
5	24	Hailey CAROLAN	SO	#19 Cornell College	1.67m	5-5¾	2/10
6	28	Samantha NIELSEN	SO	#3 Wartburg	1.65m	5-5	2/3
7	37	Deshawna NEAL	FR	#3 Wartburg	{2} 1.64m	5-4½	3/2
8	40	Selah DUNGEY	SO	#2 Chicago	1.63m	5-4¼	2/10
9	47	Julia KLEIN	SO	#4 Loras	{3} 1.62m	5-3¾	12/9
9	47	Laila GRAHAM	SR	#11 Greenville	1.62m	5-3¾	2/10



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Midwest

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Women's Pole Vault

1	3	Yasmin RUFF	JR	#1 Washington (Mo.)	4.03m	13-2½	2/10
2	16	Susannah TRUITT	JR	#2 Chicago	3.78m	12-4¾	3/1
3	22	Gwen BERENYI	SO	#6 North Central (Ill.)	3.76m	12-4	2/24
4	29	Natalie JOHNSON	JR	#6 North Central (Ill.)	3.68m	12-¾	3/1
5	36	Arden MARTINO	FR	#2 Chicago	3.60m	11-9¾	2/10
6	41	Anna CURTIS	SR	#1 Washington (Mo.)	3.55m	11-7¾	2/3
6	41	Samantha HARVELL	JR	#9 Dubuque	3.55m	11-7¾	2/3
6	41	Hailey NEWILL	SO	#16 Millikin	3.55m	11-7¾	2/3
9	48	Mackenzie WALKER	SO	#1 Washington (Mo.)	3.51m	11-6¼	2/25
10	50	Meghan PROHASKA	SR	#9 Dubuque	3.48m	11-5	3/1

Women's Long Jump

1	1	Emma SEIPEL	JR	#4 Loras	6.08m	19-11½	12/9
2	2	Harmony CREASY	JR	#4 Loras	5.94m	19-6	12/9
3	5	Grace ALLEY	SR	#4 Loras	5.87m	19-3¼	12/9
4	8	Sara YAKANA	JR	#11 Greenville	5.76m	18-10¾	3/1
5	27	Marina SEMPLE	SO	#2 Chicago	5.59m	18-4¼	2/25
5	27	Katelyn MCCANN	SO	#6 North Central (Ill.)	5.59m	18-4¼	2/16
7	29	Ebunoluwa OPATA	JR	#1 Washington (Mo.)	5.58m	18-3¾	2/25
8	31	Laila GRAHAM	SR	#11 Greenville	5.56m	18-3	3/1
9	48	Thea RING	SO	#15 North Park	5.48m	17-11¾	1/20
10	54	Maddie RUSK	SO	#17 Monmouth (Ill.)	5.47m	17-11½	2/24

Women's Triple Jump

1	3	Ebunoluwa OPATA	JR	#1 Washington (Mo.)	12.42m	40-9	2/25
2	6	Imani OGUNRIBIDO	FR	#12 Illinois Wesleyan	12.07m	39-7¼	2/24
3	9	Grace ALLEY	SR	#4 Loras	11.94m	39-2¼	12/9
4	16	Rebecca STEWART	JR	#2 Chicago	11.78m	38-7¾	3/1
5	18	Harmony CREASY	JR	#4 Loras	11.75m	38-6¾	1/27
6	21	Lauren WONG	SR	#12 Illinois Wesleyan	11.72m	38-5½	3/2
7	28	Shaniah JOHNSON	SR	#3 Wartburg	11.57m	37-11½	3/2
8	31	Alice SOTELO	FR	#6 North Central (Ill.)	11.51m	37-9¼	3/1
9	33	Sara YAKANA	JR	#11 Greenville	11.50m	37-8¾	3/1
10	43	Emma SEIPEL	JR	#4 Loras	11.39m	37-4½	3/2

Women's Shot Put

1	2	Molly LAUMAKIS	JR	#2 Chicago	14.99m	49-2¼	2/10
2	7	Kaitlyn WILDER	SR	#9 Dubuque	14.25m	46-9	3/1
3	9	Jenae BOTHE	SO	#1 Washington (Mo.)	14.24m	46-8¾	1/12
4	10	Lily MEESTER	SR	#3 Wartburg	14.02m	46-0	2/17
5	20	Heather MICHALSKI	JR	#14 Augustana (Ill.)	13.61m	44-8	2/24
6	27	Riley VICE	JR	#4 Loras	13.40m	43-11¾	2/24
7	30	Talahiva TALANOA	JR	#11 Greenville	13.38m	43-10¾	2/24
8	33	Maddie BOLEY	JR	#17 Monmouth (Ill.)	13.28m	43-7	3/1
9	35	Emmilly BERGLUND	FR	#8 Nebraska Wesley	13.20m	43-3¾	1/27
10	39	Nai'lah ANDERS	FR	#9 Dubuque	13.15m	43-1¾	2/24

Women's Weight Throw

1	1	Caitlyn COX	SO	#4 Loras	19.49m	63-11½	2/24
2	4	Emma TRUE	JR	#3 Wartburg	18.70m	61-4¼	3/2
3	6	Jazzalynne HICKS	FR	#16 Millikin	18.40m	60-4½	2/16
4	7	Kaitlyn WILDER	SR	#9 Dubuque	18.35m	60-2½	3/1
5	11	Talahiva TALANOA	JR	#11 Greenville	18.07m	59-3½	2/10
6	19	Taylor FLAIG	SR	#4 Loras	17.56m	57-7½	2/24
7	24	Haley BEMINIO	SR	#3 Wartburg	17.30m	56-9¼	3/2
8	25	Molly LAUMAKIS	JR	#2 Chicago	17.15m	56-3¼	2/25
9	27	Ja'Dein MADISON	SO	#8 Nebraska Wesley	17.13m	56-2½	3/2
10	29	Tracy ALLEN	SR	#20 Coe	17.07m	56-0	2/24

Women's Pentathlon

1	1	Grace ALLEY	SR	#4 Loras	3,986		12/9
2	5	Thea RING	SO	#15 North Park	3,509		2/24
3	8	Olivia BOHLEN	SO	#5 Central (Iowa)	3,460		2/24
4	18	Hannah JONES	SR	#6 North Central (Ill.)	3,330		2/24
5	21	Faith LADIN	SR	#6 North Central (Ill.)	3,316		2/24
6	41	Skylar GIBBS	JR	#10 Aurora	3,094		12/9
7	69	Grace BRADEN	FR	#3 Wartburg	2,861		2/24
8	77	Alayna KOEHLER	JR	#10 Aurora	2,809		2/24
9	86	Anna COTTER	SR	#6 North Central (Ill.)	2,762		2/24
10	89	Aaliyah JOHNSON	JR	#13 Simpson (Iowa)	2,743		2/24



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Niagara

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Women's 60 Meters

1	14	Autumn PITTMAN	JR	#6 SUNY Cortland	7.66	2/25
2	19	Khia LASTER	JR	#11 Buffalo State	7.68	2/25
3	35	Kendall SOBCZYK	SO	#6 SUNY Cortland {2}	7.76	3/2
4	44	Victoria BREWSTER	FR	#13 Houghton	7.78	2/24
5	50	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	7.79	2/16
6	71	Laura SUPPA	SO	#3 Ithaca	7.84	2/17
7	78	Ciarra FRANZ	JR	#10 St. John Fisher	7.85	12/1
8	95	Alaina MORLEY	SO	#9 Nazareth	7.88	2/24
9		Caroline HILL	JR	#8 RIT	7.91	12/1
10		Madeline O'CONNELL	SR	#2 Rochester (N.Y.) {2}	7.93	2/3

Women's 60 Meter Hurdles

1	4	Natalia SAWYER	SO	#11 Buffalo State	8.56	2/25
2	8	Ejim NNATE	JR	#12 SUNY Oneonta	8.71	2/25
3	19	Ciarra FRANZ	JR	#10 St. John Fisher	8.82	12/8
4	22	Laura SUPPA	SO	#3 Ithaca	8.86	2/24
5	39	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	9.00	1/20
6	59	Jill AMBLER	FR	#1 SUNY Geneseo	9.12	2/25
7	69	Allyson SUROWICK	JR	#1 SUNY Geneseo {2}	9.15	12/1
8	88	Lainey FLAITSZ	FR	#1 SUNY Geneseo {3}	9.23	3/2
8	88	Allison REGNANTE	JR	#8 RIT	9.23	2/24
10	91	Danielle FISK	SR	#6 SUNY Cortland	9.24	1/20

Women's 200 Meters

1	11	Sadie SCHREINER	SO	#8 RIT	24.62	2/10
2	14	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	24.83c (25.21f)	1/20
3	18	Natalia SAWYER	SO	#11 Buffalo State	24.91c (25.29f)	2/25
4	34	Autumn PITTMAN	JR	#6 SUNY Cortland	25.21c (25.60f)	2/25
5	46	Brynn MOONEY	SO	#1 SUNY Geneseo	25.37c (25.76f)	2/25
6	61	Khia LASTER	JR	#11 Buffalo State {2}	25.45c (25.84f)	2/25
7	67	Marissa WISE	JR	#5 SUNY Brockport	25.47c (25.86f)	2/25
8	70	Victoria BREWSTER	FR	#13 Houghton	25.50c (25.89f)	3/2
9	77	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.) {2}	25.56c (25.95f)	1/20
10	92	Caroline HILL	JR	#8 RIT {2}	25.65c (26.04f)	3/2

Women's 400 Meters

1	4	Madeline O'CONNELL	SR	#2 Rochester (N.Y.)	55.47c (56.20f)	2/24
2	13	Sadie SCHREINER	SO	#8 RIT	56.35	2/10
3	14	Natalia SAWYER	SO	#11 Buffalo State	56.47c (57.22f)	1/20
4	39	Brynn MOONEY	SO	#1 SUNY Geneseo	57.52c (58.28f)	2/25
4	39	Arianna MCCLENDON	FR	#7 Utica	57.52	2/10
6	42	Jenna RACZKA	SO	#11 Buffalo State {2}	57.60	2/10
7	43	Nora CHEN	FR	#2 Rochester (N.Y.) {2}	57.61	2/10
8	50	Megan BELL	JR	#2 Rochester (N.Y.) {3}	57.75c (58.51f)	1/27
9	51	Marissa WISE	JR	#5 SUNY Brockport	57.76c (58.52f)	2/25
10	52	Caroline HILL	JR	#8 RIT {2}	57.80c (58.56f)	3/2

Women's 800 Meters

1	16	Megan BELL	JR	#2 Rochester (N.Y.)	2:12.01c (2:13.53f)	3/2
2	27	Sierra DOODY	SO	#1 SUNY Geneseo	2:13.01c (2:14.54f)	3/2
3	38	Faith COYLE	JR	#16 SUNY Oswego	2:14.60c (2:16.15f)	2/25
4	44	Janelle ECKL	JR	#1 SUNY Geneseo {2}	2:15.19c (2:16.74f)	3/2
5	48	Olivia GILBERT	SR	#14 Alfred	2:15.34c (2:16.90f)	3/2
6		Jillian O'ROURKE	FR	#1 SUNY Geneseo {3}	2:18.28c (2:19.87f)	3/2
7		Katherine SCIBELLI	SO	#15 Hamilton	2:18.45c (2:20.04f)	3/2
8		Joy PETERSEN	SO	#3 Ithaca	2:19.53c (2:21.13f)	2/24
9		Jessica GOODE	SO	#3 Ithaca {2}	2:19.73c (2:21.34f)	1/20
10		Caitlin VOLOSHEN	SO	#10 St. John Fisher	2:20.55c (2:22.17f)	2/24

Women's Mile

1	3	Grace RICHARDSON	SR	#4 NYU	4:49.24	2/3
2	38	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	4:58.71c (5:01.66f)	3/2
3	50	Penelope GREENE	JR	#1 SUNY Geneseo {2}	5:00.35c (5:03.32f)	3/2
4	64	Dominga RIVERA	FR	#4 NYU {2}	5:02.92	2/2
5	72	Janie COOPER	SO	#4 NYU {3}	5:03.73	2/2
6	85	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	5:05.07c (5:08.09f)	2/16
7		Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	5:07.17	2/10
8		Jessica GOODE	SO	#3 Ithaca	5:08.39c (5:11.44f)	3/2
9		Amelia GILBERT	SR	#8 RIT	5:08.99c (5:12.04f)	3/2
10		Sierra DOODY	SO	#1 SUNY Geneseo {5}	5:09.73c (5:12.79f)	2/3

Women's 3000 Meters

1	2	Grace RICHARDSON	SR	#4 NYU	9:27.12	2/10
2	14	Kate COCHRAN	JR	#4 NYU {2}	9:41.59c (9:46.57f)	3/2
3	20	Janie COOPER	SO	#4 NYU {3}	9:45.37c (9:50.38f)	3/2
4	25	Penelope GREENE	JR	#1 SUNY Geneseo	9:48.92c (9:53.96f)	2/25
5	31	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo {2}	9:51.62c (9:56.69f)	2/25
6	39	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	9:54.12c (9:59.21f)	3/2
7	62	Kerry FLOWER	SR	#5 SUNY Brockport	10:02.64c (10:07.80f)	3/2
8	69	Kaitlyn GROSSMAN	JR	#1 SUNY Geneseo {4}	10:04.46c (10:09.64f)	12/8
9	72	Vivian KANE	SO	#4 NYU {4}	10:06.13	2/10
10	98	Dominga RIVERA	FR	#4 NYU {5}	10:11.66	2/10

Women's 5000 Meters

1	5	Rachel HIRSCHKIND	SR	#1 SUNY Geneseo	16:39.73c (16:47.38f)	12/1
2	6	Grace RICHARDSON	SR	#4 NYU	16:44.20	12/2
3	10	Penelope GREENE	JR	#1 SUNY Geneseo {2}	16:49.74c (16:57.47f)	12/1
4	26	Kate COCHRAN	JR	#4 NYU {2}	17:07.18	2/25
5	38	Kerry FLOWER	SR	#5 SUNY Brockport	17:24.58c (17:32.58f)	3/2
6	42	Sennett TURNER	SR	#2 Rochester (N.Y.)	17:29.16c (17:37.19f)	3/2
7	45	Lily MURPHY	FR	#15 Hamilton	17:33.49c (17:41.55f)	1/12
8	48	Kyla EISMAN	SO	#3 Ithaca	17:38.53c (17:46.63f)	1/27
9	54	Lilly FOWLER-CONNER	JR	#1 SUNY Geneseo {3}	17:40.97c (17:49.09f)	12/1
10	55	Katherine VOGEL	SR	#1 SUNY Geneseo {4}	17:41.83c (17:49.96f)	3/2



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Niagara

as of 3/4/2024 8:34:45 PM ET

Women's 4x400 Relay

1	1	Madeline O'Connell, Kate Isaac, Nora Chen, Megan Bell	#2 Rochester (N.Y.)	3:45.78	2/10
2	25	Mackenzie Mix, Janaia Cruz- Bermudez, Abrianna Wadley, Arianna McClendon	#7 Utica	3:54.58c (3:57.69f)	3/2
3	26	Brynn Mooney, Jill Ambler, Janelle Eckl, Sierra Doody	#1 SUNY Geneseo	3:54.89c (3:58.00f)	3/2
4	39	Samantha Crisci, Sadie Schreiner, Abigail Nautel, Caroline Hill	#8 RIT	4:00.48c (4:03.67f)	2/24
5	43	Natalie MacArthur, Joy Petersen, Ava Butler, Devan Adegbile	#3 Ithaca	4:00.87c (4:04.06f)	2/24
6	55	Avery Hebert, Yasmine Peralta, Maris Seabury, Matty Lucey	#6 SUNY Cortland	4:02.36c (4:05.57f)	3/2
7	57	Claire Tratnyek, Katherine Scibelli, Hannah Turner, Renata Mendez- Alvarez	#15 Hamilton	4:02.66c (4:05.88f)	3/2
8	62	Laila Goodman, Cindy Leonard, Seneca Guneratne, Beverly Okyere	#4 NYU	4:03.07	2/25
9	77	Courtney Bostic, Ariana Proper, Mia Vizcaino, Marissa Wise	#5 SUNY Brockport	4:06.46c (4:09.73f)	2/25
10		Lauren Bendall, Alexis Lasher, Shiana Susa, Isabella Heath	#9 Nazareth	4:11.27c (4:14.60f)	2/24

Women's Distance Medley Relay

1	15	Vivian Kane, Beverly Okyere, Dominga Rivera, Grace Richardson	#4 NYU	11:44.84	2/25
2	22	Sierra Doody, Jill Ambler, Janelle Eckl, Kaitlyn Grossman	#1 SUNY Geneseo	11:59.43	2/10
3	34	Sierra Danieu, Caroline Hill, Abigail Nautel, Amelia Gilbert	#8 RIT	12:17.40c (12:25.30f)	3/2
4	51	Emily Johnson, Luca Pecora, Lyla Powers, Jessica Goode	#3 Ithaca	12:29.51c (12:37.54f)	3/2
5	55	Veronica Dailey, Ariana Proper, Vanessa Ramos, Mia Vizcaino	#5 SUNY Brockport	12:31.84c (12:39.89f)	3/2
6	56	Sabrina Mena, Danielle Jackson, Eva Woodworth, Olivia O'Donnell	#12 SUNY Oneonta	12:32.58c (12:40.64f)	3/2
7	62	Paige Ackley, Alexis Lasher, Kennedy Rose, Ella Impaglia	#9 Nazareth	12:37.57c (12:45.68f)	3/2
8	68	Tabitha Clark, Sarah Coddington, Kyra Binney, Noelle Linenfelter	#13 Houghton	12:39.30c (12:47.43f)	3/2
9	70	Emily Pogozelski, Alexa Thomas, Katie Sands, Betsy Overstrum	#15 Hamilton	12:41.03c (12:49.18f)	3/2
10	79	Anika Parnell, Abby Hardy, Anne Barney, Sydney Smith	#6 SUNY Cortland	12:45.06c (12:53.25f)	2/25

Women's High Jump

1	3	Danielle FISK	SR	#6 SUNY Cortland	1.71m	5-7¼	2/17
2	87	Madeleine WRIGHT	FR	#3 Ithaca	1.59m	5-2½	2/24
2	87	Sasha SCHRAMM	SO	#5 SUNY Brockport	1.59m	5-2½	1/20
4	100	Hannah ALLISON	FR	#7 Utica	1.58m	5-2¼	1/27
4	100	Jill AMBLER	FR	#1 SUNY Geneseo	1.58m	5-2¼	2/3
4	100	Lydia BARBER	FR	#3 Ithaca	{2} 1.58m	5-2¼	2/24
4	100	Reilly QUINN	FR	#6 SUNY Cortland	{2} 1.58m	5-2¼	2/10
4	100	Ashley HEFFERNAN	SR	#2 Rochester (N.Y.)	1.58m	5-2¼	2/24
9		Lainey FLAITZ	FR	#1 SUNY Geneseo	{2} 1.57m	5-1¾	12/8
9		Janelle ECKL	JR	#1 SUNY Geneseo	{2} 1.57m	5-1¾	2/25
9		Rhiannon BUTCHKO	FR	#16 SUNY Oswego	1.57m	5-1¾	2/25
9		Morgan TOMPKINS	FR	#16 SUNY Oswego	1.57m	5-1¾	12/9
9		Celia RYAN	FR	#3 Ithaca	{3} 1.57m	5-1¾	1/12
9		Regan KAISER	JR	#6 SUNY Cortland	{3} 1.57m	5-1¾	12/9
9		Natalia SAWYER	SO	#11 Buffalo State	1.57m	5-1¾	2/16
9		Abrianna WADLEY	JR	#7 Utica	{2} 1.57m	5-1¾	1/12



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Niagara

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Women's Pole Vault

1	1	Madeline O'CONNELL	SR	#2	Rochester (N.Y.)	4.10m	13-5¼	2/24
2	35	Catherine FOX	SR	#8	RIT	3.62m	11-10½	2/10
3	49	Cara PELLECHIA	SO	#18	Fredonia	3.50m	11-5¾	2/25
4	54	Bree BOYLE	SO	#3	Ithaca	3.47m	11-4½	2/24
4	54	Talia HUTCHINSON	FR	#3	Ithaca	3.47m	11-4½	2/24
6	62	Madison KAPPELER	JR	#17	Penn State Behr	3.45m	11-3¾	3/2
6	62	Erin EASTWOOD	SO	#3	Ithaca	{3} 3.45m	11-3¾	3/2
6	62	Isabel MORSE	SO	#9	Nazareth	3.45m	11-3¾	12/8
6	62	Becca BREADY	SO	#5	SUNY Brockport	3.45m	11-3¾	3/2
6	62	Rosie MORSE	SO	#9	Nazareth	3.45m	11-3¾	3/2

Women's Long Jump

1	12	Veronica DUELL	JR	#10	St. John Fisher	5.68m	18-7¾	2/3
2	18	Khia LASTER	JR	#11	Buffalo State	5.65m	18-6½	2/25
3	21	Ashley HEFFERNAN	SR	#2	Rochester (N.Y.)	5.64m	18-6	2/3
4	23	Michaela KURBS	SR	#10	St. John Fisher	{2} 5.62m	18-5¼	12/8
5	31	Nora DEVITT	JR	#7	Utica	5.56m	18-3	2/24
5	31	Kayla HUBA	SO	#1	SUNY Geneseo	5.56m	18-3	3/2
7	36	Ally ALVIRA	JR	#1	SUNY Geneseo	{2} 5.54m	18-2¼	2/9
8	40	Jill AMBLER	FR	#1	SUNY Geneseo	{3} 5.52m	18-1½	12/8
9	41	Lena KIEHL	JR	#1	SUNY Geneseo	{4} 5.51m	18-1	2/16
10	45	Sasha SCHRAMM	SO	#5	SUNY Brockport	5.50m	18-½	2/3

Women's Triple Jump

1	5	Ally ALVIRA	JR	#1	SUNY Geneseo	12.14m	39-10	2/25
2	24	Nora DEVITT	JR	#7	Utica	11.67m	38-3½	3/2
3	25	Katelyn JACQUES	JR	#1	SUNY Geneseo	{2} 11.62m	38-1½	2/16
4	60	Sydney LASALLE	SO	#9	Nazareth	11.26m	36-11½	3/2
5	61	Rylee LONG	FR	#17	Penn State Behr	11.23m	36-10¼	12/9
6	67	Alyssa HOOGS	SR	#2	Rochester (N.Y.)	11.18m	36-8¼	3/2
7	75	Lena KIEHL	JR	#1	SUNY Geneseo	{3} 11.13m	36-6¼	3/2
7	75	Dasha JACKSON	SO	#4	NYU	11.13m	36-6¼	2/25
9	77	Zeniyah GHOLSON	SO	#7	Utica	{2} 11.12m	36-5¾	12/9
10	82	Isabella HEATH	SR	#9	Nazareth	{2} 11.09m	36-4¾	2/24

Women's Shot Put

1	4	Jane FAHY	SR	#7	Utica	14.63m	48-0	3/2
2	16	Isabella FABRIZIO	JR	#12	SUNY Oneonta	13.78m	45-2½	2/10
3	25	Sarah CROCKETT	SR	#5	SUNY Brockport	13.49m	44-3¼	2/25
4	30	Makenna KING	SR	#10	St. John Fisher	13.38m	43-10¾	12/8
5	40	Lily SEYFERT	SO	#3	Ithaca	13.12m	43-½	2/4
6	54	Allie CARY	FR	#7	Utica	{2} 12.91m	42-4¼	2/24
7	67	Zoe CONNER	JR	#1	SUNY Geneseo	12.68m	41-7¼	2/9
8	72	Madison PALMER	SR	#13	Houghton	12.62m	41-5	2/24
9	91	Emily DIMARCO	JR	#8	RIT	12.40m	40-8¼	2/24
10	97	Deziree GARRICK	JR	#2	Rochester (N.Y.)	12.34m	40-6	2/24
10	97	Cora ROSE	JR	#2	Rochester (N.Y.)	12.34m	40-6	1/27

Women's Weight Throw

1	12	Lea RICHARD	SR	#9	Nazareth	17.97m	58-11½	3/2
2	23	Zoe CONNER	JR	#1	SUNY Geneseo	17.31m	56-9½	2/9
3	34	Sarah CROCKETT	SR	#5	SUNY Brockport	16.71m	54-10	3/2
4	37	Lauren JAKLITSCH	SO	#1	SUNY Geneseo	{2} 16.55m	54-3¾	2/25
5	42	Deziree GARRICK	JR	#2	Rochester (N.Y.)	16.43m	53-11	2/16
6	60	Isabella FABRIZIO	JR	#12	SUNY Oneonta	15.89m	52-1¾	2/25
7	72	Hailey WEBBER	FR	#9	Nazareth	{2} 15.52m	50-11	12/8
8	75	Jennifer NDUKWU	SO	#6	SUNY Cortland	15.44m	50-8	1/27
9	77	Emma KINNICUTT	SR	#5	SUNY Brockport	{2} 15.42m	50-7¼	2/16
10	83	Lily SEYFERT	SO	#3	Ithaca	15.34m	50-4	1/27

Women's Pentathlon

1	10	Ashley HEFFERNAN	SR	#2	Rochester (N.Y.)	3,415		2/3
2	12	Janelle ECKL	JR	#1	SUNY Geneseo	3,387		2/3
3	13	Danielle FISK	SR	#6	SUNY Cortland	3,376		12/9
4	15	Jill AMBLER	FR	#1	SUNY Geneseo	{2} 3,361		2/25
5	47	Cecelia LABONTE	SO	#3	Ithaca	2,996		2/24
6	49	Michelle FITTING	JR	#1	SUNY Geneseo	{3} 2,992		3/2
7	50	Anne SPILA	SO	#14	Alfred	2,978 OT		12/3
8	53	Laura SUPPA	SO	#3	Ithaca	{2} 2,957		2/4
9	55	Bianca DURSO	SR	#14	Alfred	{2} 2,950		2/24
10	57	Samantha LUBA	SO	#9	Nazareth	2,938		3/2



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North

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Women's 60 Meters

1	1	Lauren JARRETT	SO	#1 UW-La Crosse	7.49	2/10
2	4	Tina SHELTON	SR	#6 UW-Whitewater	7.58	2/10
3	19	Diarra CHATHAM	FR	#16 Macalester	7.68	12/9
4	24	Makenna ZAK	SO	#1 UW-La Crosse {2}	7.70	3/2
5	30	Kate CARLSON	JR	#8 Gustavus Adolphus	7.74	2/24
6	35	Anika REILAND	FR	#1 UW-La Crosse {3}	7.76	2/16
7	44	Jireh BABALOLA	SR	#5 Bethel (Minn.)	7.78	2/16
7	44	Jenna DRISCOLL	SR	#4 UW-Stout	7.78	3/2
9	60	Taylor MOLLING	FR	#1 UW-La Crosse {4}	7.81	2/24
10	71	Kate GALLAGHER	SR	#10 Saint Benedict	7.84	2/24

Women's 60 Meter Hurdles

1	1	Hannah ZASTROW	SR	#4 UW-Stout	8.50	3/2
2	2	Kelsie SEALOCK	JR	#5 Bethel (Minn.)	8.51	2/3
3	9	Emilee BOOKER	JR	#2 UW-Eau Claire	8.72	3/2
4	11	Hannah HOLM	SR	#1 UW-La Crosse	8.75	3/2
5	44	Amber GROSSE	SO	#1 UW-La Crosse {2}	9.05	2/24
6	49	Brie ECKERMAN	FR	#1 UW-La Crosse {3}	9.08	2/24
7	51	Lilly ROBERTS	SO	#4 UW-Stout {2}	9.09	1/27
7	51	Megan HUNT	JR	#3 UW-Oshkosh	9.09	2/19
9	59	Jaryn JOHANNSEN	SR	#2 UW-Eau Claire {2}	9.12	3/2
10	72	Maya HIELSCHER	JR	#24 Concordia Wisco	9.16	2/24

Women's 200 Meters

1	6	Tina SHELTON	SR	#6 UW-Whitewater	24.58c (24.96f)	2/24
1	6	Megan GERAETS	JR	#8 Gustavus Adolphus	24.58c (24.96f)	3/2
3	13	Kate CARLSON	JR	#8 Gustavus Adolphus {2}	24.82c (25.20f)	3/2
4	14	Lauren JARRETT	SO	#1 UW-La Crosse	24.83	1/27
5	29	Anika REILAND	FR	#1 UW-La Crosse {2}	25.16c (25.55f)	2/24
6	36	Allyson KAKES	FR	#2 UW-Eau Claire	25.23c (25.62f)	3/2
7	54	Makenna ZAK	SO	#1 UW-La Crosse {3}	25.42	1/27
8	82	Hannah BILODEAU	SO	#6 UW-Whitewater {2}	25.58c (25.97f)	2/16
9	95	Kelsie SEALOCK	JR	#5 Bethel (Minn.)	25.68c (26.07f)	2/24
10	100	Candis DAMSTE	SR	#22 Beloit	25.74c (26.14f)	2/24
10	100	Sarah GRUBBS	FR	#1 UW-La Crosse {4}	25.74c (26.14f)	3/2

Women's 400 Meters

1	19	Megan GERAETS	JR	#8 Gustavus Adolphus	56.74c (57.49f)	2/24
2	21	Amber JOHNSON	SR	#1 UW-La Crosse	56.79c (57.54f)	2/24
3	28	Allison HOOKOM	SO	#23 Augsburg	57.06c (57.81f)	3/2
4	38	Maddy LAVOI	FR	#3 UW-Oshkosh	57.41c (58.17f)	2/24
5	54	Ashley BARTELT	JR	#11 UW-Stevens Poir	57.85c (58.61f)	2/24
6	60	Morgan JENNINGS	SO	#1 UW-La Crosse {2}	57.94c (58.70f)	2/24
7	61	Anna PLAUTZ	FR	#1 UW-La Crosse {3}	57.96c (58.73f)	2/24
8	64	Kyla NYGAARD	SO	#13 Concordia Moorhead	58.04c (58.81f)	3/2
9	67	Hailey GREGG	JR	#5 Bethel (Minn.)	58.08c (58.85f)	2/24
10	71	Hannah BILODEAU	SO	#6 UW-Whitewater	58.14c (58.91f)	2/24

Women's 800 Meters

1	6	Maddie HANNAN	SR	#1 UW-La Crosse	2:10.71c (2:12.21f)	3/2
2	11	Annessa IHDE	SR	#5 Bethel (Minn.)	2:11.22c (2:12.73f)	3/2
3	12	Greta KOEHLER	SR	#1 UW-La Crosse {2}	2:11.48c (2:12.99f)	3/2
4	18	Mary BLANCHARD	JR	#7 Carleton	2:12.26c (2:13.78f)	3/2
5	20	Cyna MADIGAN	SR	#3 UW-Oshkosh	2:12.37c (2:13.89f)	12/9
6	21	Jenny CORTES	SO	#17 Ripon	2:12.54c (2:14.06f)	3/2
7	26	Gwen HINZ	SO	#1 UW-La Crosse {3}	2:12.93c (2:14.46f)	3/2
8	28	Anna SCHUETH	SR	#2 UW-Eau Claire	2:13.08c (2:14.61f)	3/2
9	52	Paige FASSBENDER	JR	#6 UW-Whitewater	2:15.53c (2:17.09f)	3/2
10	53	Mikayla HADY	SR	#2 UW-Eau Claire {2}	2:15.68c (2:17.24f)	2/24

Women's Mile

1	5	Fiona SMITH	SR	#10 Saint Benedict	4:50.21c (4:53.08f)	2/3
2	17	Amelia LEHMAN	SR	#3 UW-Oshkosh	4:55.53c (4:58.45f)	3/2
3	25	Maddie HANNAN	SR	#1 UW-La Crosse	4:56.71c (4:59.64f)	2/24
4	31	Ari DE LA CERDA	JR	#6 UW-Whitewater	4:58.16c (5:01.11f)	3/2
5	42	McKayla FELTON	JR	#4 UW-Stout	4:59.22c (5:02.18f)	1/20
6	47	Mikayla HADY	SR	#2 UW-Eau Claire	5:00.08c (5:03.05f)	3/2
7	51	Greta KOEHLER	SR	#1 UW-La Crosse {2}	5:00.42c (5:03.39f)	2/10
8	54	Gwen HINZ	SO	#1 UW-La Crosse {3}	5:01.25c (5:04.23f)	2/10
9	62	Cyna MADIGAN	SR	#3 UW-Oshkosh {2}	5:02.43c (5:05.42f)	12/2
10	68	Mary BLANCHARD	JR	#7 Carleton	5:03.19c (5:06.19f)	2/24

Women's 3000 Meters

1	1	Fiona SMITH	SR	#10 Saint Benedict	9:23.40 OT	2/10
2	10	McKayla FELTON	JR	#4 UW-Stout	9:38.18c (9:43.13f)	3/2
3	18	Helen CROSS	JR	#7 Carleton	9:43.85c (9:48.85f)	2/10
4	28	Phoebe WARD	JR	#7 Carleton {2}	9:50.15c (9:55.21f)	2/10
5	29	Rachel KROUSE	JR	#11 UW-Stevens Poir	9:50.57c (9:55.63f)	2/3
6	30	Hannah PREISSER	SO	#7 Carleton {3}	9:50.58c (9:55.64f)	3/2
7	33	Sophie MCMANUS	JR	#7 Carleton {4}	9:52.09c (9:57.16f)	2/10
8	35	Amelia LEHMAN	SR	#3 UW-Oshkosh	9:52.99c (9:58.07f)	2/24
9	46	Katelyn CHADWICK	JR	#1 UW-La Crosse	9:55.86c (10:00.96f)	2/24
10	57	Lauren WALDA	SO	#12 St. Olaf	10:01.69c (10:06.84f)	2/24

Women's 5000 Meters

1	1	Fiona SMITH	SR	#10 Saint Benedict	15:50.48	12/2
2	16	Rachel KROUSE	JR	#11 UW-Stevens Poir	16:55.48c (17:03.25f)	12/2
3	21	Phoebe WARD	JR	#7 Carleton	17:03.74c (17:11.58f)	1/27
4	22	Sophie MCMANUS	JR	#7 Carleton {2}	17:04.74c (17:12.58f)	1/27
5	25	Katelyn CHADWICK	JR	#1 UW-La Crosse	17:06.35c (17:14.21f)	2/24
6	27	McKayla FELTON	JR	#4 UW-Stout	17:07.68 OT	2/10
7	32	Helen CROSS	JR	#7 Carleton {3}	17:10.63c (17:18.52f)	2/24
8	34	Hannah PREISSER	SO	#7 Carleton {4}	17:13.16c (17:21.07f)	2/24
9	37	Lauren WALDA	SO	#12 St. Olaf	17:16.53c (17:24.46f)	1/27
10	39	Madelynn MCINTYRE	JR	#1 UW-La Crosse {2}	17:25.85c (17:33.86f)	2/24



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Women's 4x400 Relay

1	5	Kelsie Sealock, Hailey Gregg, Abbie Swenson, Shalom Sulungaine	#5	Bethel (Minn.)	3:49.27c (3:52.31f)	3/2
2	12	Anika Reiland, Morgan Jennings, Anna Plautz, Amber Johnson	#1	UW-La Crosse	3:49.79c (3:52.84f)	3/2
3	17	Julia Steger, Olivia Stenzel, Cyna Madigan, Maddy LaVoi	#3	UW-Oshkosh	3:51.39c (3:54.46f)	2/19
4	24	Ashley Bartelt, Malina Carattini, Jaimie Deschand, Anetha Voge	#11	UW-Stevens Poir	3:54.22c (3:57.32f)	3/2
5	27	Michaela Dick, Emilee Booker, Jaryn Johannsen, Jane Kautz	#2	UW-Eau Claire	3:56.42c (3:59.55f)	2/19
6	37	Abby Giese, Lily Cooper, Katie McNamara, Hannah Bilodeau	#6	UW-Whitewater	3:59.77c (4:02.95f)	2/24
7	39	Kyla Nygaard, Meg Shercliffe, Drew Frolek, Emily Rengo	#13	Concordia Moorl	4:00.48c (4:03.67f)	2/24
8	44	Sophia Miller, Candis Damste, Jaeonie Echols, Alayna Furch	#22	Beloit	4:01.00c (4:04.19f)	2/24
9	46	Sidela Nyuga, Mirjana Ganley, Emerson Knapp, Lauren Berg	#10	Saint Benedict	4:01.22c (4:04.42f)	2/24
10	47	Margaret Rusch, Kayla Lipsey, Jessica Buss, Elianna Dalamangas	#15	UW-Platteville	4:01.28c (4:04.48f)	2/24

Women's Distance Medley Relay

1	6	Gwen Hinz, Amber Johnson, Greta Koehler, Maddie Hannan	#1	UW-La Crosse	11:38.83c (11:46.31f)	2/16
2	13	Cyna Madigan, Maddy LaVoi, Olivia Stenzel, Amelia Lehman	#3	UW-Oshkosh	11:44.00c (11:51.54f)	2/16
3	17	Paige Fassbender, Hannah Bilodeau, Katie Erb, Ari De La Cerda	#6	UW-Whitewater	11:49.58c (11:57.18f)	2/16
4	18	Anna Schueth, Kylee Grabarski, Paige Morrell, Mikayla Hady	#2	UW-Eau Claire	11:51.07c (11:58.68f)	2/16
5	19	McKayla Felton, Corrina Tvedt, Brekkyn Lammert, Olivia Donohue	#4	UW-Stout	11:51.80c (11:59.42f)	2/16
6	28	Kalli Smith, Lauren Berg, Lucy Lyngen, Fiona Smith	#10	Saint Benedict	12:06.38 OT	2/10
7	40	Grace Moeller, Emma Storbakken, Sophie Call, Bella Call	#12	St. Olaf	12:25.51c (12:33.49f)	2/24
8	42	Nora Daley, Hadley Twitchell, Libby Rowland, Aliya Larsen	#7	Carleton	12:26.90c (12:34.90f)	2/24
9	59	Timna Nevo, Elise Edison, Hadley Wilkins, Ivy Coldren	#16	Macalester	12:34.51c (12:42.59f)	2/24
10	60	Anna Cargill, Morgan Dean, Ruby Gernandt, Josie Harms	#5	Bethel (Minn.)	12:35.48c (12:43.57f)	2/24

Women's High Jump

1	10	Macie TODD	JR	#1	UW-La Crosse	1.69m	5-6½	2/16
2	13	Hannah ZASTROW	SR	#4	UW-Stout	1.68m	5-6	2/24
2	13	Ainsley HANSEN	SO	#1	UW-La Crosse	{2} 1.68m	5-6	2/24
4	28	Cassidy GIBSON	FR	#18	Bethany Luthera	1.65m	5-5	2/3
5	40	AnnaGrace NELSON	SR	#5	Bethel (Minn.)	1.63m	5-4¼	2/24
5	40	Ally RAKOW	SR	#8	Gustavus Adolp	1.63m	5-4¼	2/24
5	40	Ella WILLIAMSON	JR	#2	UW-Eau Claire	1.63m	5-4¼	1/27
8	47	Rachel ROMENS	JR	#21	Wisconsin Luthe	1.62m	5-3¾	2/3
8	47	Megan HUNT	JR	#3	UW-Oshkosh	1.62m	5-3¾	2/3
8	47	Alexys SCHEUERELL	JR	#1	UW-La Crosse	{3} 1.62m	5-3¾	2/24
8	47	Hailey CAMPBELL	FR	#15	UW-Platteville	1.62m	5-3¾	2/24



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Women's Pole Vault

1	2	Gracie HOLLAND	SR	#6 UW-Whitewater	4.08m	13-4½	2/10
2	5	Leah ZASTROW	SO	#4 UW-Stout	4.01m	13-1¾	1/27
3	7	Annika GUNDERSON	SO	#20 UW-River Falls	3.87m	12-8¼	2/24
4	13	Ayden FLEECHARTY	SR	#2 UW-Eau Claire	3.82m	12-6¼	2/24
5	14	Araceli DE LEO LOPEZ	SO	#1 UW-La Crosse	3.81m	12-6	1/27
6	16	Haley BLAGDON	SR	#2 UW-Eau Claire	{2} 3.78m	12-4¾	3/2
6	16	Maddy HABBERSTAD	FR	#1 UW-La Crosse	{2} 3.78m	12-4¾	3/2
8	22	Jaylyn AHLBERG	SO	#10 Saint Benedict	3.76m	12-4	2/24
9	25	Marisa HARVEY	FR	#1 UW-La Crosse	{3} 3.71m	12-2	2/16
10	32	Nina WINTERMUTE	FR	#2 UW-Eau Claire	{3} 3.64m	11-11¼	2/10

Women's Long Jump

1	3	Megan HUNT	JR	#3 UW-Oshkosh	5.92m	19-5¼	12/9
2	11	Jenna DRISCOLL	SR	#4 UW-Stout	5.70m	18-8½	3/2
3	16	Anna KEGEL	SO	#9 Carthage	5.67m	18-7¼	3/1
4	18	Megan GERAETS	JR	#8 Gustavus Adolphus	5.65m	18-6½	2/16
5	23	Ava FOLEY	SO	#1 UW-La Crosse	5.62m	18-5¼	2/24
6	34	Emilee BOOKER	JR	#2 UW-Eau Claire	5.55m	18-2½	2/24
7	36	Maya EVANS	SO	#1 UW-La Crosse	{2} 5.54m	18-2¼	2/24
8	47	Janae JENSEN	SR	#21 Wisconsin Lutheran	5.49m	18-¼	2/17
9	48	Sidney HOFFA	FR	#17 Ripon	5.48m	17-11¾	2/10
9	48	Ashley DAVIES	FR	#1 UW-La Crosse	{3} 5.48m	17-11¾	2/24
9	48	Maya HIELSCHER	JR	#24 Concordia Wisconsin	5.48m	17-11¾	3/2

Women's Triple Jump

1	8	Samantha BARRETT	JR	#1 UW-La Crosse	11.98m	39-3¾	2/24
2	11	Ellie HERNES	SO	#5 Bethel (Minn.)	11.87m	38-11½	12/9
3	18	Eden MARANELL	FR	#19 St. Norbert	11.75m	38-6¾	3/2
4	21	Madi KES	SR	#8 Gustavus Adolphus	11.72m	38-5½	2/24
5	37	Stephanie WITBROD	JR	#18 Bethany Lutheran	11.47m	37-7¾	3/2
6	45	Maya EVANS	SO	#1 UW-La Crosse	{2} 11.37m	37-3¾	2/24
7	47	AnnaGrace NELSON	SR	#5 Bethel (Minn.)	{2} 11.36m	37-3¼	1/20
8	51	Abigail CALHOUN	JR	#9 Carthage	11.33m	37-2¼	3/1
8	51	Mackenzey KRONBERG	SO	#1 UW-La Crosse	{3} 11.33m	37-2¼	2/24
10	55	Ashley DAVIES	FR	#1 UW-La Crosse	{4} 11.31m	37-1¼	2/3

Women's Shot Put

1	3	Vanessa UITENBROEK	SR	#14 Carroll (Wis.)	14.90m	48-10¾	2/24
2	6	Aubrey SCHOENEMAN	JR	#9 Carthage	14.53m	47-8	2/17
3	7	Izzy CARROLL	SR	#1 UW-La Crosse	14.25m	46-9	2/24
4	10	Molly MEYERS	SR	#25 Hamline	14.02m	46-0	2/24
5	12	Madilyn VANDER SANDEN	FR	#1 UW-La Crosse	{2} 13.97m	45-10	2/24
6	13	Kayla BEHNKE	SO	#2 UW-Eau Claire	13.94m	45-9	2/16
7	15	Brenna NOON	JR	#15 UW-Platteville	13.83m	45-4½	2/16
8	17	Alyssa GULSVIG	SR	#9 Carthage	{2} 13.70m	44-11½	3/1
9	18	Jessa ALDERMAN	SO	MSOE	13.67m	44-10¼	3/1
10	19	Brenna MASLOROFF	SR	#3 UW-Oshkosh	13.64m	44-9	1/27

Women's Weight Throw

1	3	Brenna MASLOROFF	SR	#3 UW-Oshkosh	18.77m	61-7	2/19
2	5	Alexis MATTOX	SR	#9 Carthage	18.45m	60-6½	2/24
3	8	Raina STECHER	JR	#2 UW-Eau Claire	18.30m	60-½	2/3
4	10	Kayla BEHNKE	SO	#2 UW-Eau Claire	{2} 18.22m	59-9½	2/10
5	13	Kenni CZARNECKI	JR	#6 UW-Whitewater	17.93m	58-10	2/24
6	14	Teagan JONES	JR	#2 UW-Eau Claire	{3} 17.91m	58-9¼	3/2
7	17	Lily BENEKE	SR	St. Scholastica	17.60m	57-9	2/24
8	18	Nicole TARPLEY	SR	#9 Carthage	{2} 17.57m	57-7¾	3/1
9	26	Ella PULS	SO	#1 UW-La Crosse	17.14m	56-2¾	3/2
10	28	Aubrey SCHOENEMAN	JR	#9 Carthage	{3} 17.08m	56-½	2/24

Women's Pentathlon

1	6	Megan HUNT	JR	#3 UW-Oshkosh	3,472		2/24
2	9	Emilee BOOKER	JR	#2 UW-Eau Claire	3,417		3/2
3	16	Jane KAUTZ	SR	#2 UW-Eau Claire	{2} 3,351		1/27
4	17	Alexys SCHEUERELL	JR	#1 UW-La Crosse	3,348		2/24
5	20	AnnaGrace NELSON	SR	#5 Bethel (Minn.)	3,327		3/2
6	22	Amber GROSSE	SO	#1 UW-La Crosse	{2} 3,302		2/24
7	24	Peyton SELLE	SR	#13 Concordia Moorhead	3,291		2/24
8	26	Noelle HACKENMUELLER	SO	#1 UW-La Crosse	{3} 3,265		2/24
9	27	Audrey BRAUN	SO	#1 UW-La Crosse	{4} 3,228		1/27
10	29	Lauryn RUSTAD	FR	#2 UW-Eau Claire	{3} 3,223		2/24



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South

as of 3/4/2024 8:34:45 PM ET

Women's 60 Meters

1	4	Kamayah WOOTEN	FR	#8 North Carolina V	7.58	2/10
2	10	Natashe TATE	FR	#14 Virginia Wesleya	7.64	2/25
3	14	Syniah SIMS	FR	#13 Belhaven (Miss.)	7.66	12/1
4	17	Mariah BROOKS	SO	#8 North Carolina V	7.67	1/13
4	17	Olivia FREEMAN	SO	#11 Rhodes	7.67	1/14
6	19	Ti'asia BRYANT	FR	#8 North Carolina V	7.68	3/2
7	23	Audrey JOHNSON	JR	#1 Emory	7.69	12/1
8	28	Dashiel TAO HARRIS	JR	#1 Emory	7.72	2/25
9	50	Oceana BROWN	FR	#12 Gallaudet	7.79	2/26
9	50	Sophia REDMOND	SO	#22 Mary Washingto	7.79	2/17

Women's 60 Meter Hurdles

1	6	Aniya SEWARD	SR	#2 Lynchburg	8.64	2/17
2	14	Betsy MOHNKERN	SR	#2 Lynchburg	8.76	2/25
3	30	Nikki BOON	JR	#1 Emory	8.92	2/25
4	39	Rebecca CARR	FR	#7 Roanoke	9.00	2/17
5	63	Olivia VIERS	FR	#7 Roanoke	9.13	2/25
5	63	Ellie NUCKOLS	FR	#4 Christopher New	9.13	2/17
7	66	Amanda ROMANO	JR	#5 Washington and	9.14	2/25
8	72	Amaya MARTIN	JR	#1 Emory	9.16	2/25
9	91	Emily THOMPSON	SR	#6 Berry	9.24	2/24
10		Aanykka JACKSON	JR	#14 Virginia Wesleya	9.29	1/19

Women's 200 Meters

1	1	Kamayah WOOTEN	FR	#8 North Carolina V	24.19	2/10
2	12	Mariah BROOKS	SO	#8 North Carolina V	24.72	2/10
3	25	Audrey JOHNSON	JR	#1 Emory	25.11	2/10
4	29	Olivia FREEMAN	SO	#11 Rhodes	25.16c	(25.55f) 2/24
5	31	Oceana BROWN	FR	#12 Gallaudet	25.18c	(25.57f) 3/2
6	49	Syniah SIMS	FR	#13 Belhaven (Miss.)	25.38	2/10
7	51	Dashiel TAO HARRIS	JR	#1 Emory	25.41	12/1
8	56	Natashe TATE	FR	#14 Virginia Wesleya	25.43	2/10
9	61	Haylee GAMBLE	SR	#7 Roanoke	25.45c	(25.84f) 3/2
10	65	Sydney TRUSSELL	JR	#4 Christopher New	25.46c	(25.85f) 2/25

Women's 400 Meters

1	12	Kamayah WOOTEN	FR	#8 North Carolina V	56.33	2/10
2	84	Ashaunti BARNES	SR	#13 Belhaven (Miss.)	58.48	12/1
3	94	Kaitlyn RUIZ	FR	#9 Shenandoah	58.55c	(59.32f) 2/25
4		Thora PEARSON	SR	#11 Rhodes	58.92c	(59.70f) 2/24
5		Kimona HAYNES	SO	#13 Belhaven (Miss.)	59.04c	(59.82f) 1/26
6		Brigid BYRNES	FR	#3 Catholic (D.C.)	59.26	2/2
7		Haylee GAMBLE	SR	#7 Roanoke	59.34c	(1:00.12f) 2/10
8		Dashiel TAO HARRIS	JR	#1 Emory	59.39	2/2
9		Vuronika BARNES	SR	#2 Lynchburg	59.47c	(1:00.26f) 2/25
10		Sydney TRUSSELL	JR	#4 Christopher New	59.53c	(1:00.32f) 2/17

Women's 800 Meters

1	10	Libby RANOCHA	JR	#1 Emory	2:11.18	2/25
2	23	Emily MOEHRINGER	JR	#3 Catholic (D.C.)	2:12.55c	(2:14.07f) 2/24
3	32	Madison TIAFFAY	SO	#1 Emory	2:13.56	2/25
4	58	Lauren CERDA	SR	#3 Catholic (D.C.)	2:15.96c	(2:17.52f) 2/24
5	69	Lily TAYLOR	SR	#1 Emory	2:16.36	2/2
6	73	Hannah RILEY	FR	#1 Emory	2:16.56	2/2
7	88	Jenna DALY	JR	#1 Emory	2:17.26	2/25
8	97	Tessa MILLER	FR	#16 Southern Virgini	2:17.64c	(2:19.22f) 3/2
9		Apolline GASPERS	JR	#3 Catholic (D.C.)	2:17.80c	(2:19.38f) 1/20
10		Hannah EDWARDS	FR	#2 Lynchburg	2:17.91	2/17

Women's Mile

1	42	Lauren CERDA	SR	#3 Catholic (D.C.)	4:59.22	2/16
2	52	Apolline GASPERS	JR	#3 Catholic (D.C.)	5:00.52c	(5:03.49f) 1/27
3	59	Kayla WERNER	FR	#2 Lynchburg	5:01.92c	(5:04.90f) 2/25
4	81	Mackenzie YOUNG	SR	#10 Bridgewater (Va.	5:04.95c	(5:07.96f) 2/25
5	87	Lily TAYLOR	SR	#1 Emory	5:05.11	2/10
6	88	Jenna DALY	JR	#1 Emory	5:05.20	2/25
7	96	Lauren MASSEY	SR	#2 Lynchburg	5:05.76c	(5:08.78f) 2/25
8		Payton FLEMING	FR	#1 Emory	5:07.12	2/2
9		Madison LOWERY	SR	#15 Pfeiffer	5:07.56c	(5:10.60f) 1/27
10		Molly SILVA	JR	#2 Lynchburg	5:08.00	1/27

Women's 3000 Meters

1	8	Brigid HANLEY	JR	#1 Emory	9:36.88	2/25
2	15	Kayla WERNER	FR	#2 Lynchburg	9:41.70c	(9:46.68f) 3/2
3	32	Courtney DRUMM	SR	#2 Lynchburg	9:52.08	2/17
4	50	Elizabeth CSIKAI	FR	#1 Emory	9:59.47c	(10:04.61f) 1/27
5	55	Liesel SCHERRER	JR	#1 Emory	10:01.29	2/25
6	61	Kate INGLIS	JR	#3 Catholic (D.C.)	10:02.59c	(10:07.75f) 3/2
7	76	Allison DELL	SO	#2 Lynchburg	10:06.34	1/27
8		Lauren MASSEY	SR	#2 Lynchburg	10:12.79	1/27
9		Claire HAMLET	JR	#5 Washington and	10:13.74c	(10:19.00f) 2/17
10		Elle HAUSHALTER	JR	#1 Emory	10:17.10c	(10:22.39f) 1/27

Women's 5000 Meters

1	24	Allison DELL	SO	#2 Lynchburg	17:05.76c	(17:13.61f) 3/2
2	29	Brigid HANLEY	JR	#1 Emory	17:08.61	12/2
3	35	Elizabeth CSIKAI	FR	#1 Emory	17:14.51	12/2
4	56	Courtney DRUMM	SR	#2 Lynchburg	17:42.35c	(17:50.48f) 2/25
5	65	Kate INGLIS	JR	#3 Catholic (D.C.)	17:45.34c	(17:53.49f) 1/27
6	100	Mackenzie YOUNG	SR	#10 Bridgewater (Va.	17:56.82c	(18:05.06f) 2/25
7		Liesel SCHERRER	JR	#1 Emory	17:57.58	2/25
8		Elise MOLINARO	JR	#5 Washington and	18:06.17c	(18:14.48f) 2/25
9		Emily SMEDS	JR	#10 Bridgewater (Va.)	18:08.87c	(18:17.20f) 2/25
10		Claire HAMLET	JR	#5 Washington and	18:11.86	2/3



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South

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Women's 4x400 Relay

1	18	Audrey Johnson, Libby Ranocha, Hannah Riley, Nikki Boon	#1 Emory	3:51.58	2/25
2	35	Betsy Mohnkern, Vuronika Barnes, Hannah Edwards, Allison Bobst	#2 Lynchburg	3:59.09c (4:02.26f)	2/25
3	41	Paige Tulenko, Amanda Romano, Jesma Evans, Jordynn Paethorpe	#5 Washington and	4:00.58c (4:03.77f)	2/17
4	50	Lindsey Hobin, Ophelia Ladner, Maryrose Molina-Shuman, Haylee Gamble	#7 Roanoke	4:01.82c (4:05.03f)	2/25
5	52	Sabrina Beniquez, Clare Marsh, Zoey Brown, Brigid Byrnes	#3 Catholic (D.C.)	4:02.02	2/2
6	65	Lia Savage, Folole Torres, Addie Parker, Tessa Miller	#16 Southern Virginia	4:03.70c (4:06.93f)	3/2
7	66	Shannen Alack, Olivia Clarke, Isabel Farnsworth, Thora Pearson	#11 Rhodes	4:03.71c (4:06.94f)	2/24
8	81	Sarah Sidor, Haley Van Voorhis, Mackenzie Plowman, Kaitlyn Ruiz	#9 Shenandoah	4:06.76c (4:10.03f)	2/25
9	98	Marianna Moell, Asena Anderson, Emily Thompson, Macy Murdock	#6 Berry	4:09.42c (4:12.73f)	2/24
10		Madison Lowery, Micah Welborn, Makayla Borst, Katelyn Lentz	#15 Pfeiffer	4:12.48c (4:15.83f)	2/23

Women's Distance Medley Relay

1	7	Lily Taylor, Dashiell Tao Harris, Madison Tiaffay, Brigid Hanley	#1 Emory	11:39.06c(11:46.55f)	2/16
2	14	Apolline Gaspers, Brigid Byrnes, Emily Moehring, Lauren Cerda	#3 Catholic (D.C.)	11:44.30c(11:51.84f)	3/2
3	47	Courtney Mudd, Sydney Trussell, Ellie Nuckols, Eliza Dana	#4 Christopher New	12:28.73c(12:36.75f)	1/27
4	63	Asena Anderson, Marianna Moell, Anna Rose, Hastings Gray	#6 Berry	12:38.18c(12:46.30f)	2/24
5	73	Kristen Werner, Lauren Thomas, Annalise Williams, Kayla Werner	#2 Lynchburg	12:42.45c(12:50.61f)	2/25
6	81	Makayla Borst, Katelyn Lentz, Micah Welborn, Madison Lowery	#15 Pfeiffer	12:45.48c(12:53.68f)	2/23
7		Madelyn Merna, Andrea Gallegos, Carly O'Toole, Delaney Bundy	#21 Meredith	12:53.92c(13:02.21f)	2/23
8		Madeline Lotts, Sarah Sidor, Mackenzie Plowman, Makenna Thrush	#9 Shenandoah	12:56.74c(13:05.06f)	2/25
9		Sophia Breschi, Sofia Petrucelli, Emilee Becker, Emily Sansbury	#5 Washington and	12:58.00	1/20
10		Elili Asefa, Angel David, Vanessa Gardiner, Halie Mast	#19 Eastern Mennonite	13:17.50c(13:26.04f)	2/25

Women's High Jump

1	5	Hannah WETZEL	SR	#12 Gallaudet	1.70m	5-7	3/2
2	13	Kaitlyn NGUYEN	SR	#7 Roanoke	1.68m	5-6	2/10
2	13	Katya HOOVER	JR	#9 Shenandoah	1.68m	5-6	2/25
4	40	Kim RODEN	SO	#7 Roanoke	{2} 1.63m	5-4 1/4	12/9
5	47	Camille GILLUM	SO	#5 Washington and	1.62m	5-3 3/4	2/4
5	47	Rebecca CARR	FR	#7 Roanoke	{3} 1.62m	5-3 3/4	2/25
7	100	Linda WANG	FR	#1 Emory	1.58m	5-2 1/4	2/25
8		Kris WILLIAMS	FR	#6 Berry	1.57m	5-1 3/4	2/24
8		Kaia BEDDOWS	FR	#5 Washington and	{2} 1.57m	5-1 3/4	1/27
8		Norah CIANO	JR	#14 Virginia Wesleyana	1.57m	5-1 3/4	1/19
8		Kym YOUNG	JR	#11 Rhodes	1.57m	5-1 3/4	2/24



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South

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Women's Pole Vault

1	31	Hannah RILEY	FR	#1 Emory	3.67m	12-½	2/10
2	37	Allison BOBST	SR	#2 Lynchburg	3.58m	11-9	2/25
3	50	Ashley D'AMBROSIA	JR	#5 Washington and	3.48m	11-5	2/25
4	74	Kendra PAYNE	SR	#11 Rhodes	3.40m	11-1¾	1/14
5	84	Ella PINE	FR	#6 Berry	3.37m	11-¾	2/10
6	86	Madeline HUBBERT	JR	#6 Berry	{2} 3.36m	11-¼	2/24
7		Cameron WEBER	FR	#2 Lynchburg	{2} 3.30m	10-9¾	1/12
7		Abby CHOLEWA	FR	#5 Washington and	{2} 3.30m	10-9¾	2/17
9		Ainsley MILLER	SR	#4 Christopher New	3.17m	10-4¾	2/4
10		Noa WEINHAUS	FR	#1 Emory	{2} 3.10m	10-2	1/14

Women's Long Jump

1	6	Nikki BOON	JR	#1 Emory	5.86m	19-2¾	2/25
2	54	Aniya SEWARD	SR	#2 Lynchburg	5.47m	17-11½	1/12
3	68	Caroline HANSEN	JR	#1 Emory	{2} 5.43m	17-9¾	2/25
4	94	Hannah WETZEL	SR	#12 Gallaudet	5.36m	17-7	1/27
5		Brandi GARDNER	SO	#20 Methodist	5.32m	17-5½	12/2
6		Ashley ELEY	FR	#4 Christopher New	5.29m	17-4¾	2/17
7		Summer WALLACE	FR	#10 Bridgewater (Va.	5.27m	17-3½	2/25
7		Ellie NUCKOLS	FR	#4 Christopher New	{2} 5.27m	17-3½	2/17
9		J'Quaycia BROWN	SR	#10 Bridgewater (Va.	{2} 5.25m	17-2¾	2/25
9		Alexis HUBBARD	JR	#9 Shenandoah	5.25m	17-2¾	2/25
9		Julia HATHAWAY	SO	#14 Virginia Wesleya	5.25m	17-2¾	1/12
9		Emily THOMPSON	SR	#6 Berry	5.25m	17-2¾	2/10

Women's Triple Jump

1	11	Caroline HANSEN	JR	#1 Emory	11.87m	38-11½	2/2
2	17	Aniya SEWARD	SR	#2 Lynchburg	11.76m	38-7	2/10
3	27	Kacey KELLY	SO	#2 Lynchburg	{2} 11.61m	38-1¼	1/27
4	33	Hannah WETZEL	SR	#12 Gallaudet	11.50m	37-8¾	2/26
4	33	Ayeshia WATSON	FR	#18 Hollins	11.50m	37-8¾	2/25
6	71	Jakia JOINER	FR	#13 Belhaven (Miss.)	11.15m	36-7	1/20
7	84	Mackenzie MORANTE	FR	#5 Washington and	11.07m	36-4	2/25
8	93	Alexandra GUZMAN	SO	#4 Christopher New	11.01m	36-1½	3/2
9		Angel DAVID	FR	#19 Eastern Mennoni	10.96m	35-11½	1/27
10		Kaia BEDDOWS	FR	#5 Washington and	{2} 10.94m	35-10¾	1/27

Women's Shot Put

1	38	Katherine STEVENS	JR	#4 Christopher New	13.16m	43-2¼	2/25
2	50	Abby MIKOLAY	FR	#10 Bridgewater (Va.	12.95m	42-6	2/25
3	57	Midajah DAVIS	SR	#12 Gallaudet	12.89m	42-3½	1/27
4	59	Nikki BOON	JR	#1 Emory	12.86m	42-2¼	2/25
5	77	Christian VAN NORDEN	JR	#8 North Carolina V	12.57m	41-3	2/23
6	80	Onoyeme EGURE	FR	#6 Berry	12.53m	41-1½	2/24
7	91	Sarah FINEMAN	JR	#1 Emory	{2} 12.40m	40-8¼	2/25
8		Grace FOWLER	SR	#7 Roanoke	12.33m	40-5½	2/25
9		Ciara DONEGAN	JR	#3 Catholic (D.C.)	12.27m	40-3¼	2/24
10		Kiara FELSTON	SR	#9 Shenandoah	12.15m	39-10½	3/2

Women's Weight Throw

1	9	Kiara FELSTON	SR	#9 Shenandoah	18.24m	59-10¼	2/25
2	19	Katherine STEVENS	JR	#4 Christopher New	17.56m	57-7½	3/2
3	22	Logan BABBS	JR	#2 Lynchburg	17.35m	56-11¼	3/2
4	50	Grace FOWLER	SR	#7 Roanoke	16.15m	53-0	2/25
5	74	Avery JONES	SO	#6 Berry	15.47m	50-9¼	2/24
6	76	Bailey HEDGEMON	SO	#5 Washington and	15.43m	50-7½	2/17
7		Elizabeth JONES	JR	#15 Pfeiffer	14.90m	48-10¾	2/23
8		Quinlin ZUNK	JR	#5 Washington and	{2} 14.79m	48-6¼	2/25
9		Sadie PHILLIPS	SO	#6 Berry	{2} 14.68m	48-2	2/24
10		Abby MIKOLAY	FR	#10 Bridgewater (Va.	14.62m	47-11¾	2/17

Women's Pentathlon

1	2	Nikki BOON	JR	#1 Emory	3,673		2/9
2	46	Ellie NUCKOLS	FR	#4 Christopher New	3,016		3/2
3	51	Emily THOMPSON	SR	#6 Berry	2,968		1/19
4	72	Margo FOX	SO	#2 Lynchburg	2,829		12/1
5		Macy MURDOCK	SO	#6 Berry	{2} 2,599		1/19
6		Ashley ELEY	FR	#4 Christopher New	{2} 2,592		3/2
7		Alicia VO	FR	#3 Catholic (D.C.)	2,396		1/27
8		Anna MILLER	FR	#2 Lynchburg	{2} 2,367		12/1
9		Ariana GRANT	SO	#17 Marymount (Va.)	2,253		2/10
10		Jessica TAYLOR	FR	#23 Randolph	2,252		12/9



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West

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Women's 60 Meters

1	50	Jordyn LUNGO	SR	#1 Whitworth	7.79	2/10
2	60	Allyson HAMMOND	SO	#9 Pacific (Ore.)	7.81	2/3
2	60	Kyrstin WILSON	SO	#11 Puget Sound	7.81	2/10
4	78	Alison BALL	SR	#1 Whitworth {2}	7.85	2/10
5	100	Elizabeth HAWLEY	SO	#14 Occidental	7.89c (7.85A)	2/16
6		Amaya CUMMINS	JR	#4 UC Santa Cruz	7.91	2/17
6		Brynn YANEZ	SO	#3 McMurry	7.91	12/9
6		Makenna LIZARDE	SO	#6 Chapman	7.91	3/2
9		Josephine JETT	FR	#2 Claremont-Mudc	7.92	2/10
10		Khyra STINER	JR	#6 Chapman {2}	7.97	3/2

Women's 60 Meter Hurdles

1	25	Allyson HAMMOND	SO	#9 Pacific (Ore.)	8.89	2/3
2	27	Amelia HEWSON	SR	#1 Whitworth	8.90	2/24
3	35	Josephine JETT	FR	#2 Claremont-Mudc	8.98	2/10
3	35	Eleanor BACHMEIER	SR	#8 Redlands (Calif.)	8.98c (8.98A)	2/2
5	44	Naj CAMPBELL	JR	#3 McMurry	9.05	2/3
6	56	Ebonee NATION	SO	#16 St. Thomas (Tex)	9.11	12/1
7	66	Passion WASHINGTON	FR	#6 Chapman	9.14c (9.14A)	2/16
8	86	Taylor NORRELL	JR	#13 Texas Lutheran	9.22	2/16
9	100	Ayahna BAHATI	JR	#5 George Fox	9.27	2/17
10		Breanne RAWLS	JR	#1 Whitworth {2}	9.40	2/10

Women's 200 Meters

1	57	Alison BALL	SR	#1 Whitworth	25.44	12/9
2	79	Madelyn GOLLIHAR	SO	#3 McMurry	25.57 OT	2/10
3	93	Kyrstin WILSON	SO	#11 Puget Sound	25.66	2/10
4	96	Trinity PROVOST	SO	#16 St. Thomas (Tex)	25.69	2/9
5	98	Brynn YANEZ	SO	#3 McMurry {2}	25.72 OT	12/9
6		Allyson HAMMOND	SO	#9 Pacific (Ore.)	25.81	1/27
7		Elizabeth HAWLEY	SO	#14 Occidental	25.94	2/10
8		Macy O'HARA	SR	#10 Lewis & Clark	25.99	2/10
9		Sophia DELGADO	JR	#16 St. Thomas (Tex)	26.06	2/9
10		Makenna LIZARDE	SO	#6 Chapman	26.13c OT(25.99A)	2/16

Women's 400 Meters

1	59	Elizabeth BEISWANGER	FR	#11 Puget Sound	57.93	2/10
2	84	Jackilyn LEWIS	SR	#11 Puget Sound {2}	58.48 OT	2/24
3	90	Sarah CHARLES	FR	#6 Chapman	58.52c (59.29f)	3/2
4	96	Kaylee SMITH	JR	#6 Chapman {2}	58.57c OT(58.36A)	2/16
5		CC GRAY	JR	#7 Trinity (Texas)	59.23c (1:00.01f)	1/27
6		Allison KREMER	JR	#6 Chapman {3}	59.24c OT(59.03A)	2/16
7		Proud KITNITCHIVA	JR	#6 Chapman {4}	59.60c OT(59.39A)	2/16
7		Elizabeth HAWLEY	SO	#14 Occidental	59.60	2/10
9		Caitlin DONOVAN	JR	#4 UC Santa Cruz	59.68c (1:00.47f)	3/2
10		Emily RUTKOWSKI	SR	#9 Pacific (Ore.)	59.79 OT	2/18

Women's 800 Meters

1	2	Ellie RISING	JR	#5 George Fox	2:09.80 OT	2/24
2	75	Malia HEIEN	SO	#10 Lewis & Clark	2:16.73	2/10
3		Hanna HEKKANEN	JR	#4 UC Santa Cruz	2:19.88c (2:21.49f)	2/17
4		Sally GASKELL	FR	#2 Claremont-Mudc	2:20.58	2/10
5		Lily JONES	FR	#1 Whitworth	2:21.96	2/10
6		Frieda CEDILLO	SO	#4 UC Santa Cruz {2}	2:23.08c (2:24.73f)	2/17
7		Annette SMITH	FR	#7 Trinity (Texas)	2:23.57c (2:25.22f)	1/27
8		Erin SCHMIDLIN	FR	#11 Puget Sound	2:23.82	2/10
9		Marissa HEHIR	FR	#21 La Verne	2:25.31c OT(26.93A)	2/2
10		Payton DAVIES	SO	#24 Whitman	2:25.32	2/10

Women's Mile

1	28	Laura ZIMMER	SR	#2 Claremont-Mudc	4:57.38	2/10
2	53	Hanna HEKKANEN	JR	#4 UC Santa Cruz	5:00.96c (5:03.93f)	3/2
3	56	Riley CAPUANO	SO	#2 Claremont-Mudc {2}	5:01.59	2/10
4	72	Natalie BITETTI	SR	#2 Claremont-Mudc {3}	5:03.73 out	1/27
5		Elena STANCIU	FR	#4 UC Santa Cruz {2}	5:07.20c (5:10.24f)	3/2
6		Kenzie SEYMOUR	FR	#4 UC Santa Cruz {3}	5:08.49c (5:11.54f)	2/17
7		Riley MARTEL-PHILLIPS	SR	#4 UC Santa Cruz {4}	5:08.95c (5:12.00f)	3/2
8		Annie BERRY	SR	#9 Pacific (Ore.)	5:11.17 OT	2/18
9		Breanna SCHMITT	SO	#5 George Fox	5:11.21 OT	2/24
10		Annika CARLSON	SO	#6 Chapman	5:12.03c OT(5:23.79A)	2/16

Women's 3000 Meters

1	3	Natalie BITETTI	SR	#2 Claremont-Mudc	9:29.76	2/10
2	23	Riley CAPUANO	SO	#2 Claremont-Mudc {2}	9:48.52	12/2
3	42	Riley BUESE	JR	#10 Lewis & Clark	9:54.87	2/10
4	70	Helena JANKU	SO	#4 UC Santa Cruz	10:05.71c(10:10.90f)	2/17
5	91	Breanna SCHMITT	SO	#5 George Fox	10:10.18 OT	2/10
6		Kendall ACCETTA	SR	#12 Colorado Colleg	10:21.52c(10:37.21A)	1/20
7		Jenna LENAY	SO	#14 Occidental	10:22.47	2/10
8		Alison MUELLER-HICKLER	SO	#12 Colorado Colleg {2}	10:22.73c(10:38.45A)	1/20
9		Allison FORTMAN	FR	#7 Trinity (Texas)	10:24.83	2/3
10		Kylah HOLLAND	SR	#20 Hardin-Simmons	10:27.03	2/3

Women's 5000 Meters

1	3	Natalie BITETTI	SR	#2 Claremont-Mudc	16:33.50	12/2
2	13	Riley BUESE	JR	#10 Lewis & Clark	16:52.68 OT	2/24
3	31	Elle MARSYLA	SO	#2 Claremont-Mudc {2}	17:09.52	12/2
4	59	Helena JANKU	SO	#4 UC Santa Cruz	17:43.98c(17:52.12f)	2/17
5		Brenda DAZA	FR	#6 Chapman	18:43.25c(18:51.85f)	3/2
6		Abby CROSSLEY	FR	#1 Whitworth	18:43.34	2/10
7		Luna CENTENO	FR	#4 UC Santa Cruz {2}	19:00.17c(19:08.90f)	2/17
8		Emma WIRZ	SO	#4 UC Santa Cruz {3}	19:15.82c(19:24.67f)	2/17
9		Savanna DANNER	SO	#3 McMurry	19:24.68c(19:33.60f)	1/27
10		Gwen MADDOX	FR	#21 La Verne	19:32.47c(19:41.45f)	2/10



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #7, March 4



West

as of 3/4/2024 8:34:46 PM ET

Women's 4x400 Relay

1	15	Kaylee Smith, Makenna Lizarde, Sarah Charles, Allison Kremer	#6 Chapman	3:50.35c (3:53.40f)	3/2
2	58	Madelyn Gollihar, Jacee Dinkins, Brynn Yanez, Naj Campbell	#3 McMurry	4:02.67 OT	2/10
3	76	CC Gray, Vanessa Garcia, Aliya Jackson, Hayley Huck	#7 Trinity (Texas)	4:05.98	12/1
4	82	Macy O'Hara, Elsie Chin, Callow Soto, Malia Heien	#10 Lewis & Clark	4:07.08	2/10
5	97	Caitlin Donovan, Kayla Galvez, Mae Stafford, Amaya Cummins	#4 UC Santa Cruz	4:09.23c (4:12.53f)	2/17
6	99	Allyson Hammond, Annie Berry, Emily Rutkowski, Angelica Gatica Gomez	#9 Pacific (Ore.)	4:09.48	1/27
7		Ja'Keia Williams, Natalie Garcia, Kathryn Kostelnik, Kamilah Tanner	#13 Texas Lutheran	4:11.57c (4:14.91f)	2/16
8		Sydney Behrens, Olivia Schleifer, Reyna Kleemeier, Shriya Velichala	#2 Claremont-Mudc	4:12.19 out	1/27
9		Hannah Marcoe, Lily Jones, Hannah Hogens, Madelyn Buckley	#1 Whitworth	4:15.20	2/10
10		Haily Bass, Victoria Wilson, Hope Greenwald, Ellie Marsh	#19 LeTourneau	4:20.00c (4:23.45f)	1/20

Women's Distance Medley Relay

1	11	Riley Capuano, Sally Gaskell, Laura Zimmer, Natalie Bitetti	#2 Claremont-Mudc	11:43.04	2/10
2	24	Riley Martel-Phillips, Hanna Hekkanen, Caitlin Donovan, Kenzie Seymour	#4 UC Santa Cruz	12:04.16c (12:11.91f)	3/2
3	30	Ellie Rising, Annalise Gonzales, Jessie Bailey, Breanna Schmitt	#5 George Fox	12:08.31 OT	2/24
4	52	Malia Heien, Macy O'Hara, Madeleine Boyle, Riley Buese	#10 Lewis & Clark	12:30.02	2/10
5	78	Paige Tangney, Annette Smith, Josette Gurule, Ellie Catron	#7 Trinity (Texas)	12:44.78	2/3
6	90	Madelyn Buckley, Emily Brown, Lily Jones, Abby Crossley	#1 Whitworth	12:49.94	2/3
7		Erin Schmidlin, Jackilyn Lewis, Lydia Cocciolone, Hannah Cessna	#11 Puget Sound	13:14.97	2/10
8		Brenna Mack, Maleda Sims, Colleen Murata, Christian Roch	#24 Whitman	13:52.45	2/10
9		Abigail Huffhines, Jalene Hodges, Anna Dinaso, Jocelyn Moreno	#3 McMurry	14:39.37	2/3

Women's High Jump

1	13	Whitley STEPP	SO	#15 Willamette	1.68m	5-6	2/3
2	47	Breanne RAWLS	JR	#1 Whitworth	1.62m	5-3¾	1/20
3		Abigail CAPRYE	FR	#17 Pacific Lutheran	1.57m	5-1¾	2/10
4		Eleanor BACHMEIER	SR	#8 Redlands (Calif.)	1.56m	5-1¼	3/2
5		Josephine LOUIS	FR	#12 Colorado Colleg	1.55m	5-1	2/16
5		Victoria WILSON	SO	#19 LeTourneau	1.55m	5-1	1/27
5		Emma JONES	SO	#12 Colorado Colleg	1.55m	5-1	12/8
5		Emma FOWKES	SR	#12 Colorado Colleg	1.55m	5-1	12/8
5		April KWAN	SR	#12 Colorado Colleg	1.55m	5-1	2/16
10		Siera CRAWFORD	SR	#18 Linfield	1.54m	5-½	2/17
10		Marina CARROL	SR	#5 George Fox	1.54m	5-½	2/17



USTFCCA NCAA Division III Indoor Track & Field Regional TFRI Event Summary

WOMEN — 2024 Week #7, March 4



West

as of 3/4/2024 8:34:46 PM ET

Women's Pole Vault

1	16	Brenna STELL	FR	#3 McMurry	3.78m	12-4¾	3/2
2	38	Madeline SEIFERT	SO	#2 Claremont-Mudc	3.57m	11-8½	2/10
3	50	Grace TULLY	JR	#5 George Fox	3.48m	11-5	2/17
4	69	Siera CRAWFORD	SR	#18 Linfield	3.42m	11-2½	2/10
5	74	Jacee DINKINS	JR	#3 McMurry	{2} 3.40m	11-1¾	2/10
6	89	Maddy WIETSTRUCK	JR	#7 Trinity (Texas)	3.35m	10-11¾	2/3
7		Angela HAWKINS	SO	#5 George Fox	{2} 3.20m	10-6	2/3
7		Ashlynn RECKNAGEL	SO	#13 Texas Lutheran	3.20m	10-6	2/3
9		Shelby LARSON	JR	#5 George Fox	{3} 3.18m	10-5¼	2/17
10		Kaelin LEISHMAN	SO	#7 Trinity (Texas)	{2} 3.05m	10-0	1/27
10		Makayla KRAEMER	SR	#9 Pacific (Ore.)	3.05m	10-0	2/3
10		Valerie BRUGGEMAN	JR	#5 George Fox	{4} 3.05m	10-0	2/3

Women's Long Jump

1	41	Allyson HAMMOND	SO	#9 Pacific (Ore.)	5.51m	18-1	2/3
2	86	Joy AREOLA	JR	#7 Trinity (Texas)	5.39m	17-8¼	1/27
3		Eleanor BACHMEIER	SR	#8 Redlands (Calif.)	5.28m	17-4	3/2
4		Kira HAWAABOO	FR	#18 Linfield	5.22m	17-1½	2/17
4		Maigan ADAMS	JR	#8 Redlands (Calif.)	{2} 5.22m	17-1½	2/10
6		Erica SNYDER	FR	#15 Willamette	5.10m	16-8¾	2/17
7		Emily CRAWFORD	SO	#5 George Fox	5.05m	16-7	2/17
7		Briana MEREDITH	FR	#6 Chapman	5.05m	16-7	2/16
9		Brianna TIRA	FR	#1 Whitworth	5.03m	16-6	12/9
10		Whitney WADDELL	JR	#5 George Fox	{2} 5.00m	16-5	2/3

Women's Triple Jump

1	31	Maigan ADAMS	JR	#8 Redlands (Calif.)	11.51m	37-9¼	2/2
2	42	Joy AREOLA	JR	#7 Trinity (Texas)	11.40m	37-5	12/1
3		Briana MEREDITH	FR	#6 Chapman	10.74m	35-3	2/16
4		Niani JONES	FR	#22 Cal Lutheran	10.70m	35-1¼	2/16
5		Maddy WIETSTRUCK	JR	#7 Trinity (Texas)	{2} 10.64m	34-11	2/3
6		Jonette SINGH	FR	#9 Pacific (Ore.)	10.47m	34-4¼	1/27
7		Isabella PEREIRA	FR	#1 Whitworth	10.46m	34-4	1/27
8		Kyrstin WILSON	SO	#11 Puget Sound	10.45m	34-3½	2/10
9		Lindsey GRAY	SO	#6 Chapman	{2} 10.24m	33-7¼	2/16
10		Emily DOLIDA	JR	#14 Occidental	10.15m	33-3¾	2/16

Women's Shot Put

1	32	Renee TIUMALU	SR	#1 Whitworth	13.29m	43-7¼	12/9
2	86	Ellena CORWIN	SR	#5 George Fox	12.45m	40-10¼	2/17
3		Julissa RODRIGUEZ	JR	#13 Texas Lutheran	12.31m	40-4¾	1/27
4		Kendra HUMPHRIES	FR	#3 McMurry	11.90m	39-½	2/3
5		Amblessed OKEMGBO	SO	#1 Whitworth	{2} 11.86m	38-11	2/3
6		Timony SHERRY	SR	#8 Redlands (Calif.)	11.85m	38-10½	2/2
7		Izzy BOYD	FR	#1 Whitworth	{3} 11.69m	38-4¼	1/20
8		Georjina SOLIAI	JR	#17 Pacific Lutheran	11.60m	38-¾	2/10
9		Erin CAPELL	JR	#12 Colorado Colleg	11.57m	37-11½	2/16
10		Teulia ILAIO	FR	#17 Pacific Lutheran	{2} 11.30m	37-1	2/10
10		Tori COLMAN	FR	#3 McMurry	{2} 11.30m	37-1	2/3

Women's Weight Throw

1	82	Elizabeth RYAN	SR	#3 McMurry	15.36m	50-4¾	2/3
2		Kaitlyn JOHNSON	SR	#5 George Fox	14.71m	48-3¾	2/17
3		Julissa RODRIGUEZ	JR	#13 Texas Lutheran	14.00m	45-11¼	2/16
4		Elizabeth CUNNINGHAM	SO	#3 McMurry	{2} 13.93m	45-8½	2/3
5		Kenna KUBENKA	SO	#13 Texas Lutheran	{2} 13.70m	44-11½	2/16
6		Megan ROBERTSON	SR	#23 Caltech	13.68m	44-10¾	2/2
7		Tenley GRANT	JR	#15 Willamette	13.63m	44-8¾	2/3
8		Alessandra VALMONTE	SO	#17 Pacific Lutheran	12.64m	41-5¾	2/10
9		Antonia HEKSTER	JR	#2 Claremont-Mudc	12.57m	41-3	1/27
10		Makayla TUIOLEMOTU	SO	#9 Pacific (Ore.)	12.27m	40-3¼	2/17

Women's Pentathlon

1	14	Eleanor BACHMEIER	SR	#8 Redlands (Calif.)	3,363	3/2
2	33	Breanne RAWLS	JR	#1 Whitworth	3,177 OT	1/20
3	80	Elisabeth EICHINGER	SO	#8 Redlands (Calif.)	{2} 2,795	3/2
4		Emily BROWN	FR	#1 Whitworth	{2} 2,609	2/10