



Regional TFRI Event Summary



Great Lakes

as of 1/29/2024 8:06:08 AM ET

Women's 60 Meters

1	3	Jamaya WARTHEN	JR	#1 Indiana Tech	7.51	12/1
2	7	Kiya POGUE	JR	#1 Indiana Tech {2}	7.55	12/1
2	7	Ny'tierra HOBBS	SR	#10 Madonna (Mich.)	7.55	1/20
4	18	Riley HERSHBERGER	SR	#6 Bethel (Ind.)	7.65	12/1
5	25	Derica GIBSON	SR	#1 Indiana Tech {3}	7.70	12/8
6	29	Jozlen BRISBON	JR	#20 Lindsey Wilson (I	7.72	1/20
7	34	Niobe HIOLDER	FR	#1 Indiana Tech {4}	7.80	12/2
8	36	Ally HAWK	SO	#7 Indiana Wesleya	7.81	1/20
8	36	Armoney CLAY	FR	#2 Marian (Ind.)	7.81	12/8
10	41	Catalla JONES	FR	#2 Marian (Ind.) {2}	7.83	12/8

Women's 60 Meter Hurdles

1	1	Kiya POGUE	JR	#1 Indiana Tech	8.42	12/1
2	10	Katlyn JONES	SR	#1 Indiana Tech {2}	8.67	12/1
3	14	Faith JACKSON	SR	#11 Siena Heights (M	8.77	1/19
4	23	Patience SAKEUH	JR	#8 Taylor (Ind.)	8.96	1/27
5	24	Natalea HILLEN	SR	#15 Point Park (Pa.)	8.97	1/20
6	25	Makiyah ALLEN	SO	#14 Campbellsville (I	8.98	12/8
7	30	Rylin BAGARUS	SR	#6 Bethel (Ind.)	9.02	12/1
8	31	Ally HAWK	SO	#7 Indiana Wesleya	9.03	1/26
9	36	Linnearia RICHARDS	JR	#11 Siena Heights (M{2}	9.14	12/2
10	38	Taniyah HINES	FR	#25 Midway (Ky.)	9.16	1/20

Women's 200 Meters

1	1	Soyinne GRENYION	SR	#1 Indiana Tech	23.80 OT	12/1
2	4	Jamaya WARTHEN	JR	#1 Indiana Tech {2}	24.16 OT	12/1
3	6	Derica GIBSON	SR	#1 Indiana Tech {3}	24.37c (24.74f)	12/2
4	7	Ny'tierra HOBBS	SR	#10 Madonna (Mich.)	24.38 OT	1/27
5	8	Charity JONES	JR	#10 Madonna (Mich.){2}	24.51 OT	12/2
6	20	Riley HERSHBERGER	SR	#6 Bethel (Ind.)	25.19 OT	12/1
7	27	Kiya POGUE	JR	#1 Indiana Tech {4}	25.53c (25.92f)	12/8
8	30	Aaliyah FREDERICK	FR	#1 Indiana Tech {5}	25.57c (25.96f)	12/8
9	31	Janae BAILEY	FR	#2 Marian (Ind.)	25.61	1/27
10	34	Diamond RUSH	JR	#15 Point Park (Pa.)	25.65c (26.04f)	12/8

Women's 400 Meters

1	2	Soyinne GRENYION	SR	#1 Indiana Tech	54.50 OT	12/1
2	5	Charity JONES	JR	#10 Madonna (Mich.)	55.90 OT	1/27
3	8	Jo'Deci IRBY	SR	#1 Indiana Tech {2}	56.46 OT	12/1
4	12	Kayla MOODY	SR	#1 Indiana Tech {3}	56.91 OT	1/26
5	15	Ronnie MCMILLAN	JR	#9 Aquinas (Mich.)	57.30 OT	1/26
6	16	Junae BENNETT	JR	#1 Indiana Tech {4}	57.52 OT	1/26
7	23	Hanna REUTER	SO	#2 Marian (Ind.)	57.92c (58.68f)	12/8
8	26	Sarah GENZINK	JR	#3 Cornerstone (Mi	58.21 OT	1/20
9	30	Madi HAID	SR	#3 Cornerstone (Mi{2}	58.62 OT	1/13
10	36	Linnearia RICHARDS	JR	#11 Siena Heights (M	58.99c (59.77f)	12/8

Women's 600 Meters

1	2	Lisa VOYLES	SR	#1 Indiana Tech	1:32.35c (1:33.48f)	12/8
2	5	Claire LANGE		#2 Marian (Ind.)	1:34.76	1/27
3	7	Jo'Deci IRBY	SR	#1 Indiana Tech {2}	1:35.32c (1:36.48f)	12/8
4	17	Taylor THOMAS	SR	#2 Marian (Ind.) {2}	1:37.80	1/27
5	21	Hanna REUTER	SO	#2 Marian (Ind.) {3}	1:38.45	1/27
6	26	Victoria YOUNG	SO	#14 Campbellsville (I	1:39.52 OT	1/13
7	31	Emily JOHNSON	JR	#8 Taylor (Ind.)	1:40.00	1/27
8	34	Ronnie MCMILLAN	JR	#9 Aquinas (Mich.)	1:40.16	1/19
9	35	Mia WELLINGTON	SR	#16 Goshen (Ind.)	1:40.22	1/27
10	38	Lauren WOOR	SO	#9 Aquinas (Mich.) {2}	1:40.69	1/19

Women's 800 Meters

1	2	Tara FRIESEN	SR	#13 Grace (Ind.)	2:15.72 OT	1/26
2	6	Lauren WOOR	SO	#9 Aquinas (Mich.)	2:16.62 OT	1/26
3	8	Anna HULSTEDT	SR	#13 Grace (Ind.) {2}	2:17.41 OT	1/26
4	12	Abigail MAYS		#8 Taylor (Ind.)	2:18.49	1/20
5	14	Annika ALDERFER FISHER	SR	#16 Goshen (Ind.)	2:18.63 OT	12/1
6	15	Jacqueline ALBO	SR	#24 Lawrence Tech (I	2:18.70 OT	1/20
7	17	Kori BAUMANN	JR	#3 Cornerstone (Mi	2:19.75 OT	1/26
8	31	Savannah HOSSFELD	SO	#5 Cumberland (K)	2:21.91	1/27
9	32	Kiara BAHENA	FR	#12 Saint Francis (In	2:21.94 OT	12/8
10	33	Heather DURRANT	FR	#5 Cumberland (K){2}	2:22.02	1/19

Women's 1000 Meters

1	1	Lisa VOYLES	SR	#1 Indiana Tech	2:50.67	1/19
2	10	Alex EBETINO	SR	#12 Saint Francis (In	3:00.65c (3:02.62f)	1/13
3	15	Krista BOESE	SR	#1 Indiana Tech {2}	3:01.57	1/19
4	18	Elizabeth LUCASON	SO	#5 Cumberland (K)	3:01.76	1/19
5	19	Ellyn COE	JR	#18 Mount Vernon N	3:02.08c (3:04.06f)	1/27
6	20	Kylie SAUDER	SR	#13 Grace (Ind.)	3:02.17	1/19
7	22	Emily TEDDER	JR	#4 Huntington (Ind.	3:02.84 OT	1/27
8	23	Malarie PINWAR	SO	#4 Huntington (Ind.{2}	3:03.41 OT	1/27
9	26	Savannah HOSSFELD	SO	#5 Cumberland (K){2}	3:04.05	1/19
10	33	Tara FRIESEN	SR	#13 Grace (Ind.) {2}	3:05.35	1/19

Women's Mile

1	1	Lisa VOYLES	SR	#1 Indiana Tech	4:50.44 OT	1/26
2	4	Noel VANDERWALL	SO	#8 Taylor (Ind.)	5:03.92	1/20
3	5	Annika ALDERFER FISHER	SR	#16 Goshen (Ind.)	5:04.45 OT	1/26
4	6	Krista BOESE	SR	#1 Indiana Tech {2}	5:04.76 OT	1/26
5	7	Elizabeth LUCASON	SO	#5 Cumberland (K)	5:05.49	1/19
6	8	Kylie SAUDER	SR	#13 Grace (Ind.)	5:05.89 OT	1/26
7	10	Alex EBETINO	SR	#12 Saint Francis (In	5:06.71c (5:09.74f)	1/20
8	12	Malarie PINWAR	SO	#4 Huntington (Ind.	5:07.57 OT	1/27
9	14	Elizabeth BARRETT	SO	#7 Indiana Wesleya	5:08.28c (5:11.33f)	1/20
10	16	Audrey BRINKRUFF	JR	#8 Taylor (Ind.) {2}	5:09.01	1/27



Regional TFRI Event Summary



Great Lakes

as of 1/29/2024 8:06:09 AM ET

Women's 3000 Meters

1	3	Lisa VOYLES	SR	#1 Indiana Tech	9:46.70 OT	12/1
2	4	Alex EBETINO	SR	#12 Saint Francis (Ind.)	9:50.80c (9:55.86f)	12/2
3	6	Anna MARTIN	SO	#4 Huntington (Ind.)	9:55.36 OT	12/8
4	7	Alina BOSHCHUK	FR	#5 Cumberland (Ky.)	9:56.15	1/19
5	10	Audrey BRINKRUFF	JR	#8 Taylor (Ind.)	10:06.27	1/20
6	14	Mollie GAMBLE	JR	#8 Taylor (Ind.)	{2} 10:09.18	1/20
7	16	Elizabeth LUCASON	SO	#5 Cumberland (Ky.)	{2} 10:11.57	1/27
8	23	Elke WIJLMANS	JR	#5 Cumberland (Ky.)	{3} 10:16.41	1/27
9	25	Kirsten GEARY	SO	Georgetown (Ky.)	10:17.81	1/27
10	27	Heather DURRANT	FR	#5 Cumberland (Ky.)	{4} 10:18.18	1/27

Women's 5000 Meters

1	1	Alex EBETINO	SR	#12 Saint Francis (Ind.)	17:10.48 OT	12/8
2	6	Haley NIEUWKOOP	SR	#3 Cornerstone (Mich.)	17:28.17 OT	12/8
3	13	Elizabeth BARRETT	SO	#7 Indiana Wesleyan	17:42.34 OT	1/26
4	35	Emma MOORE	SO	#3 Cornerstone (Mich.)	{2} 18:21.23 OT	1/26
5	37	Molly HARDING	SO	#4 Huntington (Ind.)	18:24.22 OT	12/8
6	38	Annika ALDERFER FISHER	SR	#16 Goshen (Ind.)	18:27.11 OT	12/8
7	39	Victoria CLIBON	FR	#12 Saint Francis (Ind.)	{2} 18:28.26 OT	12/8
8	44	Hannah ASSENMACHER	JR	#24 Lawrence Tech (Ind.)	18:33.54 OT	1/27
9	47	Rose PAOLETTI	JR	#10 Madonna (Mich.)	18:34.53 OT	1/27
10	53	Katie WOODS	SO	#2 Marian (Ind.)	18:42.63	1/27

Women's 3000m Race Walk

1	1	Heather DURRANT	FR	#5 Cumberland (Ky.)	13:15.14 f	1/13
2	2	Alexa GOVERNOR	FR	#5 Cumberland (Ky.)	{2} 14:56.92 f	1/13
3	6	Sophia LEE-HAUSER	JR	#15 Point Park (Pa.)	16:01.02	1/19
4	13	Korissa VANOVER	SR	#1 Indiana Tech	17:36.82	1/19
5	14	Maddie DOTLICH	JR	#17 IU Kokomo (Ind.)	17:40.85	1/19
6	18	Evelyn HASENOUR	JR	#19 IU East (Ind.)	20:10.41	1/19
7	22	Isabelle BLATZ	JR	#5 Cumberland (Ky.)	{3} 20:49.92 f	1/13
8	24	Alexis DEAN	SO	#19 IU East (Ind.)	{2} 21:33.47	1/19

Women's 4x400 Relay

1	2	Jo'Deci Irby, Junae Bennett, Jamaya Warthen, Olaide Olapade	#1 Indiana Tech	3:52.97c (3:56.06f)	12/8
2	3	Charity Jones, Nia Wood, Lauren Hamilton, Jessica Phillips	#10 Madonna (Mich.)	3:53.29 OT	12/8
3	8	Taylor Thomas, Claire Lange, Janae Bailey, Hanna Reuter	#2 Marian (Ind.)	3:56.01	1/27
4	12	Piper Clark, Ka'Niya Douglas, Jamila Garba, Victoria Young	#14 Campbellsville (Ky.)	3:57.63	1/27
5	19	Madi Haid, Sarah Genzink, Ketelynn Dix, Hallie Kooyer	#3 Cornerstone (Mich.)	3:59.95 OT	12/8
6	22	Dylaine Floyd, Kailyn Ely, Anna Vie, Ally Hawk	#7 Indiana Wesleyan	4:01.40 OT	1/26
7	34	Brianna Hooton, Riley Hershberger, Rylin Bagarus, Gabrielle Zeilenga	#6 Bethel (Ind.)	4:06.33 OT	12/1
8	35	Natalea Hillen, Makayla Rice, Mya Greschner, Diamond Rush	#15 Point Park (Pa.)	4:07.00 OT	1/20
9	38	Ashley Burgess, Lyssi Snouffer, Loey Hallabrin, Elizabeth Potts	#18 Mount Vernon Nazarene	4:07.83c (4:11.12f)	1/27
10	42	Jocie Berry, Aveona Edwards, Bailey McCulloch, Linnearia Richards	#11 Siena Heights (Mich.)	4:09.79 OT	12/2

Women's 4x800 Relay

1	6	Ashley Terry, Elizabeth Lucason, Ella Henage, Alina Boshchuk	#5 Cumberland (Ky.)	9:34.54c (9:41.16f)	1/13
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Regional TFRI Event Summary



Great Lakes

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Women's Distance Medley Relay

1	3	Abigail Mays, Ashley Hall, Emily Johnson, Noel VanderWall	#8 Taylor (Ind.)	12:12.98	1/27
2	7	Victoria Clibon, Mariah Maley, Kiara Bahena, Alex Ebetino	#12 Saint Francis (Ind.)	12:20.61	1/27
3	15	Rosie Barrett, Claire Lange, Nora Steele, Liz Loichinger	#2 Marian (Ind.)	13:00.36	1/27
4	17	Leslie Sprankles, Paige Brooks, Isabelle Altic, Hannah Wells	#17 IU Kokomo (Ind.)	13:27.34c(13:35.99f)	1/26
5	21	Anna Enderle, Callie Crouse, Hannah Cussen, Emma Cougill	#6 Bethel (Ind.)	14:09.17c(14:18.26f)	1/26
6	23	Mack MCCARTHY, Jayden Roach, Grace Forrest, Amarissa Kerns	#23 Rio Grande (Ohio)	18:01.62c(18:13:20.9f)	1/19

Women's High Jump

1	4	Gina BUTZ	JR	#2 Marian (Ind.)	1.71m	5-7¼	12/8
2	5	Erica XAYARATH	SR	#4 Huntington (Ind.)	1.70m	5-7	12/2
2	5	Emma VALENTINE	SO	#11 Siena Heights (Mich.)	1.70m	5-7	1/19
4	7	Josey REINEMAN	JR	#4 Huntington (Ind.)	1.68m	5-6	1/19
4	7	Brooke COFFMAN	FR	#2 Marian (Ind.)	1.68m	5-6	12/8
4	7	Lyssi SNOUFFER	SO	#18 Mount Vernon Nazarene	1.68m	5-6	1/13
7	13	Kaylee DIAMOND	JR	#9 Aquinas (Mich.)	1.67m	5-5¾	12/8
8	14	Mya HINES	FR	#5 Cumberlands (Ky.)	1.65m	5-5	1/19
9	20	Abi HUME	SR	#7 Indiana Wesleyan	1.64m	5-4½	1/26
9	20	Cailyn HELMUTH	SR	#6 Bethel (Ind.)	1.64m	5-4½	12/8

Women's Pole Vault

1	1	Evelyn DOLCE	FR	#1 Indiana Tech	3.95m	12-11½	12/8
2	2	Gabrielle ZEILENGA	FR	#6 Bethel (Ind.)	3.80m	12-5½	12/1
3	4	Tyler FUGATE	SR	#11 Siena Heights (Mich.)	3.70m	12-1½	1/19
3	4	Sophia SUMER	SO	#6 Bethel (Ind.)	3.70m	12-1½	12/1
5	6	Margherita CONRAD	SO	#11 Siena Heights (Mich.)	3.68m	12-¾	1/12
6	8	Nevaeh BROWN	SR	#25 Midway (Ky.)	3.65m	11-11¾	1/27
7	10	Grace CONWAY	JR	#6 Bethel (Ind.)	3.61m	11-10	1/20
7	10	Tatum TOWNSEND	SR	#3 Cornerstone (Mich.)	3.61m	11-10	1/20
9	16	Shaily BAYNES	JR	#9 Aquinas (Mich.)	3.55m	11-7¾	12/8
10	23	Morgan VARGO	JR	#3 Cornerstone (Mich.)	3.42m	11-2½	1/13
10	23	Cecily FAGER	FR	#3 Cornerstone (Mich.)	3.42m	11-2½	1/13

Women's Long Jump

1	5	Brooklyn SIMMONS	JR	#4 Huntington (Ind.)	5.88m	19-3½	1/13
2	6	Erica XAYARATH	SR	#4 Huntington (Ind.)	5.72m	18-9¼	1/27
3	7	Morgan VARGO	JR	#3 Cornerstone (Mich.)	5.70m	18-8½	12/8
4	9	Carlie TURNER	JR	#1 Indiana Tech	5.62m	18-5¼	12/1
5	10	Gabrielle ZEILENGA	FR	#6 Bethel (Ind.)	5.61m	18-5	12/8
6	15	Trishelle GANAWAY	SO	#1 Indiana Tech	5.55m	18-2½	12/8
7	19	Emma ROEMER	FR	#15 Point Park (Pa.)	5.52m	18-1½	12/1
8	28	Nikki RAVELLI	SO	#20 Lindsey Wilson (Ky.)	5.45m	17-10¾	12/2
9	35	Hanna REUTER	SO	#2 Marian (Ind.)	5.41m	17-9	1/27
10	37	Brooklyn SIMMONS	JR	#4 Huntington (Ind.)	5.40m	17-8¾	12/2

Women's Triple Jump

1	10	Blessing LAUDERMILCH	JR	#7 Indiana Wesleyan	11.49m	37-8½	1/26
2	16	Erica XAYARATH	SR	#4 Huntington (Ind.)	11.32m	37-1¾	1/19
3	27	Trishelle GANAWAY	SO	#1 Indiana Tech	11.03m	36-2¼	12/8
4	32	Makayla KEFFELER	SO	#7 Indiana Wesleyan	10.88m	35-8½	1/26
5	39	Brooklyn SIMMONS	JR	#4 Huntington (Ind.)	10.78m	35-4½	1/19
6	48	Shirmara ANDERSON	SO	#2 Marian (Ind.)	10.70m	35-1¼	12/2
7	52	Destiny BARNES	SO	#20 Lindsey Wilson (Ky.)	10.62m	34-10¼	12/2
8	53	Kaylee DIAMOND	JR	#9 Aquinas (Mich.)	10.60m	34-9½	1/26
9	57	DaKyra HOWARD	SO	Oakland City (Ind.)	10.58m	34-8½	1/27
10	62	Naiyae EVANS	SO	#1 Indiana Tech	10.55m	34-7½	12/8

Women's Shot Put

1	1	Princess KARA	SR	#7 Indiana Wesleyan	15.23m	49-11¾	1/26
2	4	Lena KORTE	JR	#21 Concordia (Mich.)	14.41m	47-3½	12/1
3	8	Sydney DUNCAN	FR	#17 IU Kokomo (Ind.)	14.03m	46-½	1/26
4	11	Arriana BENJAMIN	SR	#2 Marian (Ind.)	13.82m	45-4¼	1/27
5	15	Alecia PARKER	JR	#6 Bethel (Ind.)	13.25m	43-5¾	1/26
6	16	Merideth DEVRIES	JR	#7 Indiana Wesleyan	13.23m	43-5	1/26
7	24	Markalah BARNES	SR	#6 Bethel (Ind.)	12.85m	42-2	1/20
8	33	Bri NICHOLS	SO	#7 Indiana Wesleyan	12.50m	41-¼	1/26
8	33	Rebecca BELTRAN	SR	#9 Aquinas (Mich.)	12.50m	41-¼	1/26
10	39	Mackenzie PARKER	SR	#13 Grace (Ind.)	12.40m	40-8¼	1/26

Women's Weight Throw

1	4	Arriana BENJAMIN	SR	#2 Marian (Ind.)	17.87m	58-7½	1/27
2	13	Claire MEACHAM	SO	#3 Cornerstone (Mich.)	17.11m	56-1¾	1/26
3	16	Maelie HOPE	FR	#9 Aquinas (Mich.)	16.74m	54-11¼	1/26
4	21	Deneara MBOUG	SO	#1 Indiana Tech	16.21m	53-2¼	12/2
5	30	Willow KENNEDY	SR	#16 Goshen (Ind.)	15.94m	52-3¾	12/1
6	31	Nhaydia WATSON	SO	#2 Marian (Ind.)	15.82m	51-11	12/8
7	32	Keeley HUGHES	SR	#2 Marian (Ind.)	15.53m	50-11½	12/8
8	37	Tracey GOOCH	SO	#2 Marian (Ind.)	15.44m	50-8	1/27
9	42	Lena KORTE	JR	#21 Concordia (Mich.)	15.14m	49-8¼	12/1
10	44	Jennifer SHERWOOD	JR	#22 Spring Arbor (Mich.)	15.04m	49-4¼	12/8



USTFCCA NAIA Indoor Track & Field

WOMEN — 2024 Week #2, January 29

Regional TFRI Event Summary



Great Lakes

as of 1/29/2024 8:06:09 AM ET

Women's Pentathlon

1	3	Cailyn HELMUTH	SR	#6 Bethel (Ind.)	3,339	12/8
2	10	Katelynn DIX	SO	#3 Cornerstone (Mi	3,167 OT	12/2
3	15	Mya HINES	FR	#5 Cumberlands (K	3,018	1/27
4	23	Trysta HILTON	SO	#4 Huntington (Ind.	2,915	12/1
5	28	Nina MARINKOVIC	FR	#2 Marian (Ind.)	2,836	1/27
6	31	Gabrielle ZEILENGA	FR	#6 Bethel (Ind.)	{2} 2,770	12/8
7	39	Allison TEED	SO	#22 Spring Arbor (Mi	2,702 OT	1/27
8	45	Melissa SILER		#19 IU East (Ind.)	2,533	1/27
9	49	Anna BURK	FR	#3 Cornerstone (Mi{2}	2,500 OT	12/2
10	51	Kenzie MEYER	FR	#3 Cornerstone (Mi{3}	2,474 OT	12/2



Regional TFRI Event Summary



Midwest

as of 1/29/2024 8:06:09 AM ET

Women's 60 Meters

1	28	Neryah HEKL	FR	#2 Doane (Neb.)	7.71	1/27
2	32	Eden CLIFTON	SO	#18 Graceland (Iowa)	7.79	12/2
3	34	Alyssa BUSKER	JR	#20 Trinity Christian	7.80	1/26
4	41	Emerson COLINS	SO	#8 Saint Xavier (Ill.)	7.83	1/27
5	44	Lilly OSTERT	FR	#19 William Penn (Iowa)	7.84	1/27
6	46	Adrianna RODENCAL	SO	#1 Concordia (Neb.)	7.85	12/9
7	53	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	7.88	1/26
7	53	Kerrigan MYERS	JR	#10 Midland (Neb.)	7.88	1/20
9	59	Isabel BOTHWELL	JR	#2 Doane (Neb.) {2}	7.90	1/27
10	64	Tera MILLER	SR	#4 Olivet Nazarene {2}	7.91	12/2

Women's 60 Meter Hurdles

1	3	Kerrigan MYERS	JR	#10 Midland (Neb.)	8.49	12/9
2	5	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	8.50	12/8
3	7	Kerrigan MYERS	JR	#10 Midland (Neb.) {2}	8.56	12/2
4	8	Adrianna RODENCAL	SO	#1 Concordia (Neb.)	8.57	12/9
5	9	Kaitlyn MCCOLLY	JR	#7 Dickinson State (Iowa)	8.59	1/27
6	12	Nisa THOMAS	SR	#5 Hastings (Neb.)	8.72	1/26
7	22	Josie GARRETT	SO	#2 Doane (Neb.)	8.92	1/27
8	27	Liberty BAKER	FR	#22 York (Neb.)	9.00	1/27
9	29	Jaida ROWE	SO	#5 Hastings (Neb.) {2}	9.01	1/19
10	32	Addisyn TERPSTRA	FR	#21 Grand View (Iowa)	9.05	1/20

Women's 200 Meters

1	9	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	24.69c	(25.07f) 12/2
2	19	Tera MILLER	SR	#4 Olivet Nazarene {2}	25.17 OT	12/8
3	22	Alyssa BUSKER	JR	#20 Trinity Christian	25.30c	(25.69f) 1/26
4	24	Gabbi BUTLER	SR	#12 St. Ambrose (Iowa)	25.40c	(25.79f) 12/9
4	24	Adrianna RODENCAL	SO	#1 Concordia (Neb.)	25.40c	(25.79f) 1/27
6	32	Allena ROWLAND	SO	#15 Clarke (Iowa)	25.63c	(26.02f) 12/9
7	35	Eden CLIFTON	SO	#18 Graceland (Iowa)	25.66c	(26.05f) 1/27
8	49	Kiara CARTER	JR	#4 Olivet Nazarene {3}	25.91	1/20
9	51	Molli THORNTON	FR	#16 Dakota State (S.I.)	25.93c	(26.33f) 12/9
10	53	Alexis EVEN	SO	#14 Mount Marty (S.I.)	25.94c	(26.34f) 12/9

Women's 400 Meters

1	3	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	54.70 OT	12/8
2	11	Jenna ESCH	JR	#1 Concordia (Neb.)	56.89c	(57.64f) 12/9
3	14	Gabbi BUTLER	SR	#12 St. Ambrose (Iowa)	57.00c	(57.75f) 1/27
4	17	Allena ROWLAND	SO	#15 Clarke (Iowa)	57.57c	(58.33f) 12/9
5	19	Tera MILLER	SR	#4 Olivet Nazarene {2}	57.69 OT	12/8
6	20	Kennedy KRAMER	JR	#11 Northwestern (Iowa)	57.81c	(58.57f) 12/9
7	24	Kiara CARTER	JR	#4 Olivet Nazarene {3}	58.14	1/20
8	29	Calli DAVIS	SR	#14 Mount Marty (S.I.)	58.52 OT	12/2
9	32	Emma BLUM	SO	#11 Northwestern (Iowa) {2}	58.67c	(59.44f) 1/19
9	32	Jewel OLSON	JR	#7 Dickinson State (Iowa)	58.67 OT	1/27

Women's 600 Meters

1	1	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	1:30.85c	(1:31.96f) 1/26
2	6	Jenna ESCH	JR	#1 Concordia (Neb.)	1:34.84c	(1:36.00f) 1/27
3	8	Jordan KOEPKE	JR	#1 Concordia (Neb.) {2}	1:35.56c	(1:36.73f) 12/9
4	9	Gabbi BUTLER	SR	#12 St. Ambrose (Iowa)	1:36.66c	(1:37.84f) 12/9
5	11	Tianna BUMBACA-KUEHL	SR	#14 Mount Marty (S.I.)	1:37.15c	(1:38.34f) 12/9
6	12	Emilee HEYNEN	JR	#6 Dordt (Iowa)	1:37.18 OT	12/2
7	13	Olivia MATHIS	SO	#8 Saint Xavier (Ill.)	1:37.33c	(1:38.52f) 1/27
8	14	Shelby BUWALDA	SO	#6 Dordt (Iowa) {2}	1:37.68 OT	12/2
9	22	Jolee MESZ	FR	#9 Morningside (Iowa)	1:38.90c	(1:40.11f) 1/19
10	23	Veronica PINKERTON	SR	#5 Hastings (Neb.)	1:38.92cu	(1:29.95u) 12/8

Women's 800 Meters

1	1	Veronica PINKERTON	SR	#5 Hastings (Neb.)	2:14.23cu	(2:16.44u) 1/26
2	3	Olivia MATHIS	SO	#8 Saint Xavier (Ill.)	2:15.95	1/19
3	5	Ana PINEDA	SR	#3 St. Francis (Ill.)	2:16.37	1/20
4	10	Alexandra CLARKE	JR	#8 Saint Xavier (Ill.) {2}	2:17.88	1/19
5	18	Jolee MESZ	FR	#9 Morningside (Iowa)	2:20.13 OT	1/27
6	20	Shelby BUWALDA	SO	#6 Dordt (Iowa)	2:20.45 OT	1/20
7	21	Emilee HEYNEN	JR	#6 Dordt (Iowa) {2}	2:20.69 OT	12/9
8	22	Jenna ESCH	JR	#1 Concordia (Neb.)	2:20.70c	(2:22.32f) 1/19
9	25	Michelle SANCHEZ	SR	#9 Morningside (Iowa) {2}	2:20.90 OT	1/27
10	36	Tori GERBER	SR	#17 Viterbo (Wis.)	2:22.66c	(2:24.30f) 12/2

Women's 1000 Meters

1	2	Rylee HAECKER	SR	#1 Concordia (Neb.)	2:54.91c	(2:56.82f) 1/27
2	4	Ana PINEDA	SR	#3 St. Francis (Ill.)	2:56.98c	(2:58.91f) 1/27
3	6	Danie PARRIOTT	SO	#2 Doane (Neb.)	2:58.90c	(3:00.85f) 1/27
4	11	Courtney SPORRER	SO	#9 Morningside (Iowa)	3:01.06c	(3:03.03f) 1/19
5	13	Allison RAMSEY	SR	#3 St. Francis (Ill.) {2}	3:01.54c	(3:03.52f) 1/27
6	21	Alexandra CLARKE	JR	#8 Saint Xavier (Ill.)	3:02.53c	(3:04.52f) 1/27
7	29	Lindsey ROTH	SO	#16 Dakota State (S.I.)	3:04.78 OT	1/20
8	32	Rhaya KASCHINSKE	JR	#1 Concordia (Neb.) {2}	3:05.34c	(3:07.36f) 1/19
9	41	Dyannara FRANCO	FR	#3 St. Francis (Ill.) {3}	3:07.39c	(3:09.43f) 1/27
10	42	Tori GERBER	SR	#17 Viterbo (Wis.)	3:07.70c	(3:09.75f) 12/9

Women's Mile

1	17	Rylee HAECKER	SR	#1 Concordia (Neb.)	5:09.58c	(5:12.64f) 1/19
2	28	Alexia BIBAKIS	SR	#3 St. Francis (Ill.)	5:14.43c	(5:17.54f) 1/27
3	33	J'Lyn KNUTSON	JR	#13 Mount Mercy (Iowa)	5:16.05c	(5:19.17f) 1/20
4	37	Valerija CURIKOVA	FR	#16 Dakota State (S.I.)	5:16.92 OT	1/20
5	42	Kristine HONOMICHL	SR	#6 Dordt (Iowa)	5:17.31c	(5:20.45f) 1/27
6	44	Lindsey ROTH	SO	#16 Dakota State (S.I.) {2}	5:17.39 OT	1/20
7	45	Hannah BEINTEMA	SO	#1 Concordia (Neb.) {2}	5:17.40c	(5:20.54f) 1/27
8	46	Caitlin JACOBSMA	JR	#11 Northwestern (Iowa)	5:17.45c	(5:20.59f) 1/19
9	53	Taylor SPORRER	JR	#9 Morningside (Iowa)	5:19.02c	(5:22.17f) 1/19
10	61	Olivia BUKOWSKI	SR	#3 St. Francis (Ill.) {2}	5:20.59c	(5:23.76f) 1/27



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Women's 3000 Meters

1	11	Ana PINEDA	SR	#3 St. Francis (Ill.)	10:07.21	12/1
2	12	Allison RAMSEY	SR	#3 St. Francis (Ill.) {2}	10:07.26	12/1
3	13	Jessica KAMPMAN	SR	#6 Dordt (Iowa)	10:08.25 OT	1/20
4	22	Alexia BIBAKIS	SR	#3 St. Francis (Ill.) {3}	10:16.39	12/1
5	29	J'Lyn KNUTSON	JR	#13 Mount Mercy (Iowa)	10:20.22c (10:25.53f)	12/9
6	30	Julie MCINTYRE	SR	#1 Concordia (Neb.)	10:20.98c (10:26.30f)	12/9
7	35	Courtney SPORRER	SO	#9 Morningside (Iowa)	10:23.37 OT	1/27
8	40	Valerija CURIKOVA	FR	#16 Dakota State (S.D.)	10:26.75 OT	1/27
9	43	Bailey WILK	SR	#3 St. Francis (Ill.) {4}	10:27.49	12/1
10	45	Kristine HONOMICHL	SR	#6 Dordt (Iowa) {2}	10:28.35 OT	12/2

Women's 5000 Meters

1	2	Jessica KAMPMAN	SR	#6 Dordt (Iowa)	17:20.72 OT	12/2
2	4	Ana PINEDA	SR	#3 St. Francis (Ill.)	17:23.57 OT	12/8
3	8	Allison RAMSEY	SR	#3 St. Francis (Ill.) {2}	17:31.86 OT	12/8
4	9	Alexia BIBAKIS	SR	#3 St. Francis (Ill.) {3}	17:35.95 OT	12/8
5	12	Kylahn FREIBERG	SR	#1 Concordia (Neb.)	17:40.14c (17:48.25f)	1/19
6	20	Riley JO FORD	JR	#3 St. Francis (Ill.) {4}	17:59.29 OT	12/8
7	23	Bailey WILK	SR	#3 St. Francis (Ill.) {5}	18:03.90 OT	12/8
8	25	Olivia BUKOWSKI	SR	#3 St. Francis (Ill.) {6}	18:06.90 OT	12/8
9	32	Lucy BORKOWSKI	SR	#6 Dordt (Iowa) {2}	18:20.49 OT	1/27
10	33	Keegan BEISEL	SO	#1 Concordia (Neb.) {2}	18:20.55c (18:28.97f)	1/19

Women's 3000m Race Walk

1	10	Lauren DAWSON	SR	#1 Concordia (Neb.)	17:23.31 f	12/9
2	11	Abby HILL	SR	#13 Mount Mercy (Iowa)	17:27.03 f	1/27
3	12	Alanna RODRIGUEZ	SO	#8 Saint Xavier (Ill.)	17:30.80 f	12/9
4	15	Tristyn DIPENTINO	JR	#5 Hastings (Neb.)	17:47.09 f	1/19
5	16	Beth RODRIGUEZ	SR	Judson (Ill.)	19:40.06 f	1/26
6	17	Baylee EVARTS	JR	#5 Hastings (Neb.) {2}	20:03.50 f	12/9
7	20	Ava BRACKHAN	SO	#5 Hastings (Neb.) {3}	20:24.59 f	1/19
8	21	Carley DAVIS	SR	#5 Hastings (Neb.) {4}	20:29.21 f	1/19

Women's 4x400 Relay

1	4	Carsyn Burdine, Hannah Antkoviak, Tera Miller, Tori Orton	#4 Olivet Nazarene	3:53.61 OT	12/8
2	6	Rhys Maxey, Nisa Thomas, Myricle Moffett, Veronica Pinkerton	#5 Hastings (Neb.)	3:54.56cu (3:59.37u)	1/26
3	7	Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke	#1 Concordia (Neb.)	3:54.71c (3:57.82f)	12/9
4	9	Tianna Bumbaca- Kuehl, Alexis Even, Josey Wahlstrom, Calli Davis	#14 Mount Marty (S.D.)	3:56.62 OT	1/27
5	10	Emma Blum, Savonne Sterk, Kennedy Kramer, Jasmine Lux	#11 Northwestern (Iowa)	3:56.89 OT	1/27
6	18	Emerson Colins, Olivia Mathis, Alexandra Clarke, Lana Musa	#8 Saint Xavier (Ill.)	3:59.62c (4:02.80f)	1/27
7	24	#Type!	#12 St. Ambrose (Iowa)	4:02.67c (4:05.89f)	1/27
8	25	Anna Herman, Ayda Den Herder, Emilee Heynen, Shelby Buwalda	#6 Dordt (Iowa)	4:02.72 OT	12/2
9	27	Allena Rowland, Samantha Fowler, Isabelle Matthews, Anyah Ranson	#15 Clarke (Iowa)	4:03.65c (4:06.88f)	12/9
10	28	Kat Vogt, Kiley Hejtmanek, Morgan Mahoney, Chaney Nelson	#2 Doane (Neb.)	4:04.23c (4:07.47f)	1/19



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Women's 4x800 Relay

1	1	Jenna Esch, Kylahn Freiberg, Julie McIntyre, Rylee Haecker	#1 Concordia (Neb.)	9:08.93c (9:15.26f)	1/19
2	2	Courtney Sporrer, Michelle Sanchez, Emily Chicoine, Jolee Mesz	#9 Morningside (Iov)	9:23.24c (9:29.73f)	1/19
3	5	Bailey Wilk, Dyannara Franco, Allison Ramsey, Ana Pineda	#3 St. Francis (Ill.)	9:28.93c (9:35.49f)	1/27
4	9	Shelby Buwalda, Sadie Feucht, Jaci Burtis, Katlyn Wiese	#6 Dordt (Iowa)	9:42.31 OT	1/27
5	10	Caitlin Jacobsma, Savonne Sterk, Lili Nelson, Brielle Engelman	#11 Northwestern (Ic)	9:46.02 OT	1/27
6	11	Kayla Overton, J'Lyn Knutson, Abby Knepper, Ruth Jennings	#13 Mount Mercy (Iov)	10:02.48c (10:09.42f)	1/27
7	15	Faith Neeley, Kalin Rotzoll, Avery O'Rourke, Liberty Leis	#21 Grand View (Iowa)	10:17.34c (10:24.45f)	1/27
8	16	Cecilia Velarde, Grace Dow, Whitney Cure, Cynthia Chaparro Belloc	#5 Hastings (Neb.)	10:33.30c (10:40.60f)	1/19

Women's Distance Medley Relay

1	2	Rylee Haecker, Isabelle Salters, Jenna Esch, Julie McIntyre	#1 Concordia (Neb.)	12:11.86c (12:19.70f)	1/27
2	6	Taylor Sporrer, Emily Chicoine, Jolee Mesz, Courtney Sporrer	#9 Morningside (Iov)	12:15.65 OT	1/27
3	11	Lindsey Roth, Raylee Wallis, Anna Schneider, Valerija Curikova	#16 Dakota State (S.I)	12:39.08 OT	1/27
4	14	Alexandra Clarke, Kristen Booker, Olivia Mathis, Daniella Nino	#8 Saint Xavier (Ill.)	12:55.87	12/1
5	18	Briana Admire, Roselaure Fuller, Charlotte Hele, Elizabeth Hele	#19 William Penn (Iov)	13:41.65c (13:50.45f)	1/27

Women's High Jump

1	1	Adarra HAGLUND	SO	#7 Dickinson State (I)	1.75m 5-8¾	1/27
2	7	Zoey WALKER	FR	#1 Concordia (Neb.)	1.68m 5-6	12/9
3	14	Josie GARRETT	SO	#2 Doane (Neb.)	1.65m 5-5	1/27
3	14	Aubrey DEGROOT	FR	#11 Northwestern (Ic)	1.65m 5-5	1/19
3	14	Sidney GILLILAND	JR	#18 Graceland (Iowa)	1.65m 5-5	12/2
6	24	Zailee POULSON	JR	#5 Hastings (Neb.)	1.62m 5-3¾	1/26
7	26	Sarah THEILER	SR	#2 Doane (Neb.) {2}	1.60m 5-3	12/9
7	26	Krista HARDY	SO	#10 Midland (Neb.)	1.60m 5-3	12/9
7	26	Jastiny JACKSON	JR	#2 Doane (Neb.) {2}	1.60m 5-3	1/27
7	26	Andrea SUCHA	SO	#14 Mount Marty (S.I)	1.60m 5-3	12/9
7	26	Jacie VANDER WAAL	JR	#11 Northwestern (Ic) {2}	1.60m 5-3	1/19

Women's Pole Vault

1	3	Kaylee PRIBYL	FR	#2 Doane (Neb.)	3.77m 12-4½	1/19
2	7	Emma JOHNSON	JR	#17 Viterbo (Wis.)	3.66m 12-0	12/2
3	8	Madison WAHL	JR	#7 Dickinson State (I)	3.65m 11-11¾	1/27
4	12	Kennedy STANLEY	SO	#2 Doane (Neb.) {2}	3.57m 11-8½	12/9
4	12	Amira CUMMINGS	SR	#1 Concordia (Neb.)	3.57m 11-8½	12/9
4	12	Josie PUELZ	SR	#1 Concordia (Neb.)	3.57m 11-8½	12/9
4	12	Sydney REICHERT	SR	#1 Concordia (Neb.)	3.57m 11-8½	12/9
8	21	Erin BOGGS	JR	#1 Concordia (Neb.) {4}	3.47m 11-4½	1/27
9	28	Megan FRANK	FR	#23 Jamestown (N.D)	3.35m 10-11¾	1/27
9	28	Gracie RIPPEN	SR	#14 Mount Marty (S.I)	3.35m 10-11¾	1/27

Women's Long Jump

1	4	Hayley MILES	SO	#1 Concordia (Neb.)	5.90m 19-4¼	12/9
2	16	Faith MEASEL	SR	#6 Dordt (Iowa)	5.54m 18-2¼	12/2
2	16	Kerrigan MYERS	JR	#10 Midland (Neb.)	5.54m 18-2¼	12/9
4	26	Lindsay ADAMS	JR	#2 Doane (Neb.)	5.47m 17-11½	1/27
5	33	Annemarie KORNER	FR	#15 Clarke (Iowa)	5.42m 17-9½	12/9
6	35	Abigail BATU-TIAKO	SR	#19 William Penn (Iov)	5.41m 17-9	1/20
7	37	Hailey PERRINE	SO	#4 Olivet Nazarene	5.40m 17-8¾	1/26
7	37	Kaitlyn MCCOLLY	JR	#7 Dickinson State (I)	5.40m 17-8¾	1/27
9	41	Aniecia GOSS	JR	#12 St. Ambrose (Iowa)	5.39m 17-8¼	1/27
9	41	Charlee OLSON	FR	#11 Northwestern (Ic)	5.39m 17-8¼	12/9

Women's Triple Jump

1	7	Jolene MANTOAN	SR	#4 Olivet Nazarene	11.55m 37-10¾	12/2
2	8	Rosalyn ROGGASCH	SO	#2 Doane (Neb.)	11.52m 37-9½	1/27
3	10	Josie GARRETT	SO	#2 Doane (Neb.) {2}	11.49m 37-8½	1/27
4	13	Josi NOBLE	SO	#1 Concordia (Neb.)	11.45m 37-6¾	1/19
5	16	Hayley MILES	SO	#1 Concordia (Neb.) {2}	11.32m 37-1¾	12/9
6	26	Kyla DAVIS	SO	#2 Doane (Neb.) {3}	11.09m 36-4¾	1/19
7	29	Isabel SAYLER	SR	#25 Briar Cliff (Iowa)	10.98m 36-¼	1/19
8	33	Trinity DOUBLIN	SO	#5 Hastings (Neb.)	10.85m 35-7¼	12/8
9	38	Aniecia GOSS	JR	#12 St. Ambrose (Iowa)	10.79m 35-4¾	1/27
10	39	Lexa BURTZLAFF	JR	#14 Mount Marty (S.I)	10.78m 35-4½	12/9



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Women's Shot Put

1	3	Kori NAGEL	JR	#7 Dickinson State	14.82m	48-7½	1/20
2	4	Abby MAGNUSON	SR	#24 Dakota Wesleyan	14.41m	47-3½	1/27
3	7	Annah MILLER	SR	#12 St. Ambrose (Iowa)	14.35m	47-1	1/20
4	9	Claire CASPERSEN	JR	College of Saint Joseph	13.99m	45-10¾	12/9
5	10	Abigail GERBER	SR	#1 Concordia (Neb.)	13.94m	45-9	12/9
6	12	Kiara ANDERSON	SR	#5 Hastings (Neb.)	13.57m	44-6¼	12/8
7	13	Ava CONRAD	JR	#13 Mount Mercy (Iowa)	13.43m	44-¾	1/20
8	14	Bre NAIL	SR	#13 Mount Mercy (Iowa)	13.26m	43-6	1/27
9	18	Hope WAGNER	SR	#25 Briar Cliff (Iowa)	13.14m	43-1½	12/9
10	22	Kamryn POKORNEY	SR	#1 Concordia (Neb.)	12.94m	42-5½	1/27

Women's Weight Throw

1	1	Kiara ANDERSON	SR	#5 Hastings (Neb.)	18.15m	59-6¾	12/8
2	2	Precious AGUAGYO	JR	#8 Saint Xavier (Ill.)	18.03m	59-2	12/9
3	3	Abi WOHLGEMUTH	JR	#1 Concordia (Neb.)	17.94m	58-10¼	12/9
4	5	Kori NAGEL	JR	#7 Dickinson State	17.82m	58-5¾	1/20
5	6	Macy FULLER	SR	#2 Doane (Neb.)	17.61m	57-9½	1/27
6	7	Madison GREEN	JR	#21 Grand View (Iowa)	17.60m	57-9	1/27
7	8	Kayla MIKOTTIS	SR	#4 Olivet Nazarene	17.39m	57-¾	12/2
8	14	Maggie HEESCH	SO	#10 Midland (Neb.)	17.08m	56-½	1/20
9	15	Asia TYLER	JR	#5 Hastings (Neb.)	16.78m	55-¾	1/26
10	17	Mia KNIGGE	SO	#2 Doane (Neb.)	16.71m	54-10	1/6

Women's Pentathlon

1	1	Kaitlyn MCCOLLY	JR	#7 Dickinson State	3,536	12/9
2	8	Kerrigan MYERS	JR	#10 Midland (Neb.)	3,254	12/9
3	9	Josi NOBLE	SO	#1 Concordia (Neb.)	3,200	1/27
4	11	Zoey WALKER	FR	#1 Concordia (Neb.)	3,164	1/27
5	12	Lana MUSA	SR	#8 Saint Xavier (Ill.)	3,139	1/27
6	13	Annemarie KORNER	FR	#15 Clarke (Iowa)	3,059	12/9
7	14	Amanda STEINKE	SO	#1 Concordia (Neb.)	3,024	12/9
8	16	Chaney NELSON	FR	#2 Doane (Neb.)	3,012	12/3
9	17	Faith ESPINOSA	JR	#1 Concordia (Neb.)	2,997	1/27
10	19	Elena BATENHORST	JR	#1 Concordia (Neb.)	2,964	1/27



Regional TFRI Event Summary



South

as of 1/29/2024 8:06:10 AM ET

Women's 60 Meters

1	1	Praise IDAMADUDU	JR	#4	Cumberland (Tei	7.39		1/19
2	2	Joy ABU	SR	#1	William Carey (M	7.43		12/1
3	5	Machaeda LINTON	SO	#1	William Carey (M{2}	7.54		12/1
3	5	Nicole JOHNSON	SR	#15	Warner (Fla.)	7.54		1/13
5	9	Fredricka MCKENZIE	SR	#1	William Carey (M{3}	7.57		12/1
6	10	Tyeese SMITH	SO	#1	William Carey (M{4}	7.59		12/1
6	10	Emma JOHNSON	SR	#11	Columbia Intern.	7.59		1/27
8	13	Ta'nijal MATTHEWS		#13	Dillard (La.)	7.61	(1.1)	12/1
9	14	Salieci MYLES	JR	#1	William Carey (M{5}	7.62		1/20
10	15	Kynneddy TURNER	JR	#8	Xavier (La.)	7.63w	(2.1)	1/12
10	15	Kevell BYRD	JR	#13	Dillard (La.)	{2} 7.63	(1.1)	12/1
10	15	Doris MENSAH	SO	#4	Cumberland (Tei{2}	7.63		1/19

Women's 60 Meter Hurdles

1	2	Joy ABU	SR	#1	William Carey (M	8.48		1/13
2	6	Salieci MYLES	JR	#1	William Carey (M{2}	8.53		1/20
3	11	Doris MENSAH	SO	#4	Cumberland (Tei	8.71		1/13
4	12	Emma JOHNSON	SR	#11	Columbia Intern.	8.72		1/27
5	15	Irmiris MENDEZ	JR	#2	Southeastern (Fl	8.80	(0.1)	12/2
5	15	Kyla COLEMAN	SO	#8	Xavier (La.)	8.80	(1.1)	12/1
7	21	Daena DRYER	FR	#1	William Carey (M{3}	8.90		1/13
8	25	Ar'Briel SCOTT	FR	#2	Southeastern (Fl{2}	8.98		12/2
9	27	Jade HARRIS	SO	#8	Xavier (La.)	{2} 9.00	(1.9)	1/12
10	39	Mackenzie PRINGLE	FR	#7	Columbia (S.C.)	9.17		1/21

Women's 200 Meters

1	2	Printassia JOHNSON	SR	#5	Life (Ga.)	23.81 OT		1/19
2	3	Praise IDAMADUDU	JR	#4	Cumberland (Tei	23.90 OT		1/19
3	5	Joy ABU	SR	#1	William Carey (M	24.24 OT		1/13
4	10	Kynneddy TURNER	JR	#8	Xavier (La.)	24.80 outw{2.3}		1/12
5	11	Salieci MYLES	JR	#1	William Carey (M{2}	24.82		12/1
5	11	Nicole JOHNSON	SR	#15	Warner (Fla.)	24.82 out (0.5)		12/8
7	13	Irmiris MENDEZ	JR	#2	Southeastern (Fl	24.84c (25.22f) (1.6	12/2	
8	14	Kevell BYRD	JR	#13	Dillard (La.)	24.87 (1.1)		12/1
9	15	Ifunanya MUOGHALU	SO	#4	Cumberland (Tei{2}	24.91 OT		1/13
10	17	Emma JOHNSON	SR	#11	Columbia Intern.	25.06c (25.45f)		1/27

Women's 400 Meters

1	1	Praise IDAMADUDU	JR	#4	Cumberland (Tei	54.29 OT		1/13
2	4	Joy ABU	SR	#1	William Carey (M	55.54		1/20
3	6	Kevell BYRD	JR	#13	Dillard (La.)	56.23 out		1/12
4	7	Ifunanya MUOGHALU	SO	#4	Cumberland (Tei{2}	56.44 OT		1/19
5	13	Maria SIMANCAS	SR	#1	William Carey (M{2}	56.93 OT		1/13
6	18	Samaya CAURTHENS	SO	#10	Keiser (Fla.)	57.62 out		12/8
7	27	Fedjine BELL	SO	#8	Xavier (La.)	58.49		12/1
8	28	Fegor CLIFFORD	JR	#1	William Carey (M{3}	58.51		1/20
9	30	Melissa GRIPACUS	SO	#10	Keiser (Fla.)	{2} 58.62		1/20
10	35	Jennifer EZEOKA	FR	#1	William Carey (M{4}	58.98		1/20

Women's 600 Meters

1	3	Maria SIMANCAS	SR	#1	William Carey (M	1:32.76 OT		1/13
2	10	Emeline DELAVILLE	FR	#5	Life (Ga.)	1:36.97		1/14
3	25	Najah GIBSON	FR	#5	Life (Ga.)	{2} 1:39.08		1/14
4	31	Emily STANDIFER	JR	#6	Montreat (N.C.)	1:40.00c (1:41.22f)		1/27
5	39	Megan CHRISTIAN	SR	#3	Milligan (Tenn.)	1:40.71c (1:41.94f)		12/3
6	46	Ezthia MAYCOCK	SO	#4	Cumberland (Tei	1:41.18 OT		1/13
7	58	Brianna SHEPPARD	FR	#2	Southeastern (Fl	1:42.52		1/27
8	66	Kaylene MANTERNACH	SO	#6	Montreat (N.C.)	{2} 1:43.06c (1:44.32f)		12/2
9	67	Natalie ROHM	SO	#2	Southeastern (Fl{2}	1:43.09		1/27
10	72	Kaitlyn VORKAPICH	SR	#2	Southeastern (Fl{3}	1:43.78		1/27

Women's 800 Meters

1	4	Maria TIRADO	FR	#1	William Carey (M	2:16.24		1/20
2	9	Maria SIMANCAS	SR	#1	William Carey (M{2}	2:17.45		1/20
3	16	Ellen-Mary KEARNEY	SO	#3	Milligan (Tenn.)	2:18.72c (2:20.32f)		1/20
4	26	Emeline DELAVILLE	FR	#5	Life (Ga.)	2:20.95 OT		1/19
5	48	Kyja WILLIAMS	SO	#5	Life (Ga.)	{2} 2:23.70 OT		1/19
6	53	Emily STANDIFER	JR	#6	Montreat (N.C.)	2:24.38c (2:26.04f)		1/27
7	55	Hannah MITCHELL	FR	#1	William Carey (M{3}	2:24.44		1/20
8	56	Jessica LYONS	SO	#12	SCAD Savannah	2:24.52		1/13
9	60	Jillian BLASER	JR	#2	Southeastern (Fl	2:24.64		1/27
10	62	Gracie ALLEN	SR	#3	Milligan (Tenn.)	{2} 2:24.73c (2:26.40f)		1/20

Women's 1000 Meters

1	3	Ellen-Mary KEARNEY	SO	#3	Milligan (Tenn.)	2:56.57c (2:58.50f)		1/20
2	5	Maria TIRADO	FR	#1	William Carey (M	2:58.84 OT		1/13
3	7	Emeline DELAVILLE	FR	#5	Life (Ga.)	2:59.76		1/13
4	12	Caitlin DOMINY	SR	#3	Milligan (Tenn.)	{2} 3:01.44c (3:03.42f)		1/20
5	24	Gracie ALLEN	SR	#3	Milligan (Tenn.)	{3} 3:03.49c (3:05.49f)		1/20
6	30	Kilia HASTY	JR	#6	Montreat (N.C.)	3:05.26c (3:07.28f)		1/27
7	34	Maggie FRONING	JR	#12	SCAD Savannah	3:05.45		1/20
8	36	Grace FEDER	JR	#2	Southeastern (Fl	3:05.83		1/20
9	49	Hannah MITCHELL	FR	#1	William Carey (M{2}	3:08.71 OT		1/13
10	57	Hope KRELL	FR	#3	Milligan (Tenn.)	{4} 3:09.84		11/28

Women's Mile

1	13	Caitlin DOMINY	SR	#3	Milligan (Tenn.)	5:07.72c (5:10.76f)		1/20
2	20	Sarah FOREMAN	SR	#2	Southeastern (Fl	5:10.82		1/27
3	21	Blanca CONESA	JR	#1	William Carey (M	5:11.20 OT		1/13
4	38	Grace FEDER	JR	#2	Southeastern (Fl{2}	5:17.07		1/27
5	39	Maria TIRADO	FR	#1	William Carey (M{2}	5:17.15 OT		1/13
6	47	Patricia BARRERA	SO	#3	Milligan (Tenn.)	{2} 5:17.88c (5:21.03f)		1/20
7	50	Maggie FRONING	JR	#12	SCAD Savannah	5:18.23		1/13
8	54	Kilia HASTY	JR	#6	Montreat (N.C.)	5:19.05c (5:22.20f)		1/27
9	59	Mahaley CRONK	SR	#6	Montreat (N.C.)	{2} 5:19.52c (5:22.68f)		12/2
10	94	Isabelle JOHNSON	SO	#3	Milligan (Tenn.)	{3} 5:26.53c (5:29.76f)		12/3



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South

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Women's 3000 Meters

1	1	Caitlin DOMINY	SR	#3 Milligan (Tenn.)	9:40.48c (9:45.45f)	1/27
2	2	Ellen-Mary KEARNEY	SO	#3 Milligan (Tenn.) {2}	9:43.24c (9:48.24f)	1/27
3	20	Blanca CONESA	JR	#1 William Carey (M	10:15.66 OT	1/13
4	21	Patricia BARRERA	SO	#3 Milligan (Tenn.) {3}	10:15.68c (10:20.95f)	1/27
5	31	Julia GRALKI	JR	#12 SCAD Savannah	10:21.21	1/13
6	33	Zanella WILLEMSE	SR	#3 Milligan (Tenn.) {4}	10:22.41c (10:27.74f)	12/3
7	38	Sarah FOREMAN	SR	#2 Southeastern (Fl	10:25.80	1/20
8	44	Hannah BROWN	JR	#3 Milligan (Tenn.) {5}	10:27.63c (10:33.01f)	1/27
9	46	Gracie ALLEN	SR	#3 Milligan (Tenn.) {6}	10:28.77c (10:34.16f)	1/20
10	53	Edith MANFRED	FR	#12 SCAD Savannah	10:31.28	1/13

Women's 5000 Meters

1	3	Ellen-Mary KEARNEY	SO	#3 Milligan (Tenn.)	17:22.57	11/28
2	5	Caitlin DOMINY	SR	#3 Milligan (Tenn.) {2}	17:25.29	11/28
3	15	Sarah FOREMAN	SR	#2 Southeastern (Fl	17:45.19 OT	12/8
4	26	Edith MANFRED	FR	#12 SCAD Savannah	18:07.44	1/20
5	28	Hannah BROWN	JR	#3 Milligan (Tenn.) {3}	18:10.81	11/28
6	29	Patricia BARRERA	SO	#3 Milligan (Tenn.) {4}	18:12.05	11/28
7	30	Alex MIDGETT	SR	#12 SCAD Savannah	18:13.74	1/20
8	31	Zanella WILLEMSE	SR	#3 Milligan (Tenn.) {5}	18:19.10	11/28
9	36	Catherine SLACK	SR	#6 Montreat (N.C.)	18:23.04	11/28
10	40	Mercy KIBIWOTT	JR	#4 Cumberland (Tei	18:28.88 OT	1/19

Women's 3000m Race Walk

1	3	Ashlyn POULIN	FR	#2 Southeastern (Fl	15:27.78	1/20
2	8	Ainhoa COLINO	SO	#7 Columbia (S.C.)	16:46.85 f	1/21
3	23	Mina SHULL	SO	#7 Columbia (S.C.) {2}	21:06.84 f	1/21
4	25	Addison MARTIN	FR	#7 Columbia (S.C.) {3}	23:48.67 f	1/21
5	26	Carly FUEL	FR	#7 Columbia (S.C.) {4}	24:05.78 f	1/21

Women's 4x400 Relay

1	1	Ezthia Maycock, Ifunanya Muoghalu, Doris Mensah, Praise Idamadudu	#4 Cumberland (Tei	3:51.71 OT	1/19
2	11	#Type!	#13 Dillard (La.)	3:57.21 out	1/12
3	15	Ar'Briel Scott, Irmiris Mendez, Chelsee Martino, Oluwafikayom Lawrence	#2 Southeastern (Fl	3:58.77	1/27
4	17	#Type!	#5 Life (Ga.)	3:59.19 OT	1/19
5	23	#Type!	#8 Xavier (La.)	4:02.44	12/1
6	45	Emma Barnes, Emily Standifer, Kaylene Manternach, Yessenia Castellanos	#6 Montreat (N.C.)	4:11.35c (4:14.68f)	1/27
7	55	Camille Barron, Yamina Numan, Ahlia Sandifer, Wislande Pierre-Louis	#19 St. Thomas (Fla.)	4:17.11	1/27
8	59	Samaya Caurthens, Melissa Gripacus, Marie Marc, Jasheena Owens	#10 Keiser (Fla.)	4:19.25 out	12/8
9	62	Geraldine Herrera, Shakira Conway, Selena Johnson, Anaya Findlay	#15 Warner (Fla.)	4:21.57	1/27
10	66	Dhenecia Pinnock, Dhaenia Pinnock, Lamoy Duffus, Jewel Cross	#24 Talladega (Ala.)	4:21.77	1/27

Women's 4x800 Relay

1	13	Yessenia Castellanos, Kilia Hasty, Natalia Nieto, Mahaley Cronk	#6 Montreat (N.C.)	10:12.00c (10:19.05f)	1/13
2	17	#Type!	#9 Loyola (La.)	11:11.98 out	1/12
3	18	Mikhailah Hayes, Madi McMahan, Blanco Choque Gladys, Akin Averie	#14 Brenau (Ga.)	11:20.93c (11:28.78f)	12/3

Women's Distance Medley Relay

1	5	Patricia Barrera, Hope Krell, Ellen- Mary Kearney, Caitlin Dominy	#3 Milligan (Tenn.)	12:13.92c (12:21.78f)	1/27
2	8	Grace Feder, Irmiris Mendez, Jillian Blaser, Sarah Foreman	#2 Southeastern (Fl	12:20.83	1/27
3	20	Ameerah King, Addison Martin, Carly Fuel, Jennyfer Vigueras	#7 Columbia (S.C.)	14:03.14c (14:12.18f)	12/9
4	22	Nolwenn Blain, Chazmere Anderson, Ashley Bowden, Anna Brown	#21 Point (Ga.)	15:02.42	1/14



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Women's High Jump

1	26	Aiana COLAS	SO	#10 Keiser (Fla.)	1.60m	5-3	12/8
1	26	Paige MANNEY	JR	#16 Tennessee Wesle	1.60m	5-3	1/27
1	26	Kaitlyn BECNEL	SR	#9 Loyola (La.)	1.60m	5-3	1/21
1	26	Loejia HIBBERT	FR	#8 Xavier (La.)	1.60m	5-3	12/1
5	53	Lauryn MARTIN		#8 Xavier (La.)	{2}1.55m	5-1	12/1
6		Macy HINKLE	FR	#3 Milligan (Tenn.)	1.48m	4-10¼	11/28
7		Emma BARNES	SO	#6 Montreat (N.C.)	1.47m	4-9¾	1/13
8		Yasmine RODGERS	FR	#10 Keiser (Fla.)	{2}1.46m	4-9½	1/20
9		Zaniyah WILSON	SO	#1 William Carey (M	1.45m	4-9	12/1
9		Laila REED	SO	#14 Brenau (Ga.)	1.45m	4-9	1/27
9		Samantha CRAMER	SO	#18 Reinhardt (Ga.)	1.45m	4-9	11/28

Women's Pole Vault

1	16	Megan JUDGE	JR	#5 Life (Ga.)	3.55m	11-7¾	1/14
2	52	Aubrey SELLERS	FR	#2 Southeastern (Fl	3.10m	10-2	1/27
2	52	Cameron KELPERIS	FR	#5 Life (Ga.)	{2}3.10m	10-2	1/14
4		Sophia BOU	FR	#2 Southeastern (Fl	{2}2.50m	8-2½	1/27
5		Kamryn CHAMBLISS	SO	#14 Brenau (Ga.)	2.45m	8-½	1/27
6		Emma PELFREY	SO	#18 Reinhardt (Ga.)	2.30m	7-6½	1/27
6		Cassidi JONES	SR	#14 Brenau (Ga.)	{2}2.30m	7-6½	1/27
8		Amari GRAHAM	JR	#2 Southeastern (Fl	{3}1.90m	6-2¾	1/27
9		Jillian BLASER	JR	#2 Southeastern (Fl	{4}1.45m	4-9	12/8

Women's Long Jump

1	1	Machaeda LINTON	SO	#1 William Carey (M	5.99m	19-8	1/13
2	2	Jordyn MINOR	FR	#9 Loyola (La.)	5.92m	19-5¼ (1.2)	1/12
3	3	Blessing SAMUEL	SO	#4 Cumberland (Tei	5.91m	19-4¾	1/19
4	18	Loejia HIBBERT	FR	#8 Xavier (La.)	5.53m	18-1¾ (1.2)	12/1
5	19	Eleanor SHERMAN	FR	#9 Loyola (La.)	{2}5.52m	18-1½ (1.2)	12/1
6	26	Trinity GREGORY	SO	#11 Columbia Intern	5.47m		12/2
7	28	Jessica GAKERI	JR	#6 Montreat (N.C.)	5.45m	17-10¾	1/13
8	31	Fegor CLIFFORD	JR	#1 William Carey (M	{2}5.43m	17-9¾	1/20
8	31	Tyese SMITH	SO	#1 William Carey (M	{2}5.43m	17-9¾	1/13
10	87	Mackenzie PRINGLE	FR	#7 Columbia (S.C.)	5.15m	16-10¾	12/9

Women's Triple Jump

1	1	Machaeda LINTON	SO	#1 William Carey (M	12.71m	41-8½	1/13
2	3	Jah'lia EVANS	JR	#17 Voorhees (S.C.)	11.78m	38-7¾	1/19
3	12	Selena JOHNSON	SR	#15 Warner (Fla.)	11.48m	37-8	1/27
4	13	Daena DRYER	FR	#1 William Carey (M	{2}11.45m	37-6¾	12/1
5	19	Jayda LOWE	JR	#17 Voorhees (S.C.)	{2}11.29m	37-½	1/19
6	21	Mackenzie PRINGLE	FR	#7 Columbia (S.C.)	11.25m	36-11	1/13
7	22	Zaniyah WILSON	SO	#1 William Carey (M	{3}11.24m	36-10½	1/13
8	24	Paige MANNEY	JR	#16 Tennessee Wesle	11.17m	36-7¾	1/27
9	25	Blessing SAMUEL	SO	#4 Cumberland (Tei	11.14m	36-6¾	1/13
10	28	Jessica GAKERI	JR	#6 Montreat (N.C.)	11.02m	36-2	12/2

Women's Shot Put

1	6	Daveina WATSON	JR	#4 Cumberland (Tei	14.38m	47-2¼	1/19
2	28	Kloey PICKENS	JR	#11 Columbia Intern	12.75m	41-10	1/27
3	38	Bryana BAZILE	SR	#9 Loyola (La.)	12.41m	40-8¾	1/21
4	40	Darci DAWSON	JR	#7 Columbia (S.C.)	12.36m	40-6¾	1/13
5	44	Ezarya DALE	FR	#10 Keiser (Fla.)	12.31m	40-4¾	1/20
6	48	Sha'Nyia WOOLERY	SO	#14 Brenau (Ga.)	12.22m	40-1¼	12/3
7	57	Diamond ATKINS	SR	#5 Life (Ga.)	12.10m	39-8½	1/19
8	65	Jacquelyn BOWNES	JR	#22 Fisk (Tenn.)	12.05m	39-6½	1/27
9	75	Renee ANDERSON	FR	#9 Loyola (La.)	{2}11.90m	39-½	1/12
10	88	Allison CRAIG	FR	#2 Southeastern (Fl	11.73m	38-6	12/8

Women's Weight Throw

1	9	Darci DAWSON	JR	#7 Columbia (S.C.)	17.32m	56-10	12/9
2	21	Jennifer BATU	SR	#5 Life (Ga.)	16.21m	53-2¼	1/14
3	26	Kloey PICKENS	JR	#11 Columbia Intern	16.04m	52-7½	1/20
4	27	Dazanni HINTON	SR	#11 Columbia Intern	{2}16.03m	52-7¼	1/27
5	41	Bryana BAZILE	SR	#9 Loyola (La.)	15.18m	49-9¾	1/21
6	61	Diamond ATKINS	SR	#5 Life (Ga.)	{2}14.64m	48-½	1/13
7	63	Anaya CANTY	SR	#7 Columbia (S.C.)	{2}14.62m	47-11¾	12/9
8	75	Doreshia MCALLISTER	FR	#7 Columbia (S.C.)	{3}14.36m	47-1½	12/9
9	81	Ezarya DALE	FR	#10 Keiser (Fla.)	14.22m	46-8	1/20
10	83	Sophiat OMIZI	JR	#4 Cumberland (Tei	14.20m	46-7¼	1/19

Women's Pentathlon

1	43	Irmiris MENDEZ	JR	#2 Southeastern (Fl	2,561		1/20
2	48	Chelsee MARTINO	SR	#2 Southeastern (Fl	{2}2,518		1/20
3	56	Natalie ROHM	SO	#2 Southeastern (Fl	{3}2,412		1/20
4	63	Yasmine RODGERS	FR	#10 Keiser (Fla.)	2,281		1/20
5	72	Melissa GRIPACUS	SO	#10 Keiser (Fla.)	{2}2,061		1/20
6	76	Avery BRINCAT	FR	#2 Southeastern (Fl	{4}1,939		1/20
7	82	Jasheena OWENS	FR	#10 Keiser (Fla.)	{3}1,484		1/20
8	83	Jessica BROWN	FR	#2 Southeastern (Fl	{5}1,255		1/20



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South Central

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Women's 60 Meters

1	4	Delaney WEIMER	JR	#4 Evangel (Mo.)	7.53	1/27
2	21	Gretchen RANEY	JR	#2 Saint Mary (Kan.)	7.67	12/2
2	21	Jaelynn WILLIAMS	JR	#8 Texas Wesleyan	7.67	1/20
4	30	Chasity VEALS	SR	#10 Langston (Okla.)	7.75	12/2
5	31	Tiyna RIDGE	FR	#6 Friends (Kan.)	7.78	1/20
6	47	Samantha COLSON	JR	#2 Saint Mary (Kan.) {2}	7.86	12/2
7	53	Shannon MILLS	FR	#13 Wiley (Texas)	7.88	12/9
8	59	Jordyn WEEMS	JR	#9 Ottawa (Kan.)	7.90	12/2
8	59	Daizy SOLIR	JR	#3 MidAmerica Naz	7.90	1/27
10	64	Savannah LEWIS	JR	#16 Saint Mary-of-th	7.91	1/19
10	64	Alexis SUMMERS	FR	#17 Baker (Kan.)	7.91	12/9
10	64	Darly CAMILO-MONTENEGRO	SR	#1 Central Methodi	7.91	1/13

Women's 60 Meter Hurdles

1	17	JayOnna PERRY	SO	#9 Ottawa (Kan.)	8.81	12/2
2	19	Mariah FEDE	SO	#20 McPherson (Kan.)	8.86	1/20
3	20	Zaria JONES	FR	#1 Central Methodi	8.89	12/2
4	33	Ariel JOHNSON	FR	#13 Wiley (Texas)	9.11	1/14
4	33	Renee FINKE	JR	#1 Central Methodi {2}	9.11	1/19
6	37	Kailey JOHNSON	SR	#1 Central Methodi {3}	9.15	1/27
7	48	Haley BELLAMY	SO	#1 Central Methodi {4}	9.27	12/9
8	49	Taylor WASHINGTON	SO	St. Louis Pharma	9.28	12/9
9	55	Parys SMITH	JR	#1 Central Methodi {5}	9.31	1/19
10	56	Moriah SHAW	JR	#6 Friends (Kan.)	9.32	1/20

Women's 200 Meters

1	16	Mariah FEDE	SO	#20 McPherson (Kan.)	25.05 OT	1/20
2	18	Delaney WEIMER	JR	#4 Evangel (Mo.)	25.16 OT	1/27
3	28	Darly CAMILO-MONTENEGRO	SR	#1 Central Methodi	25.54c (25.93f)	1/19
4	35	Alexis SUMMERS	FR	#17 Baker (Kan.)	25.66 OT	12/9
5	38	Gretchen RANEY	JR	#2 Saint Mary (Kan.)	25.69 OT	1/27
6	41	Shannon MILLS	FR	#13 Wiley (Texas)	25.76c (26.16f)	12/9
7	42	Lexi WARDLOW	JR	#2 Saint Mary (Kan.) {2}	25.78	1/20
8	53	Jordyn WEEMS	JR	#9 Ottawa (Kan.)	25.94 OT	12/9
9	55	Jaelynn WILLIAMS	JR	#8 Texas Wesleyan	25.95 OT	1/20
10	59	Hope MCGUIRE	JR	#16 Saint Mary-of-th	26.00c (26.40f)	1/19

Women's 400 Meters

1	9	Nikiwe MONGWE	JR	#3 MidAmerica Naz	56.56 OT	1/20
2	21	Darly CAMILO-MONTENEGRO	SR	#1 Central Methodi	57.85c (58.61f)	1/19
3	25	JayOnna PERRY	SO	#9 Ottawa (Kan.)	58.16 OT	1/27
4	34	Lexi WARDLOW	JR	#2 Saint Mary (Kan.)	58.72 OT	12/9
5	38	Vanessa PEREZ	SO	#7 Oklahoma City	59.06	1/12
6	47	Lakin ESSEX	FR	#3 MidAmerica Naz {2}	59.52 OT	1/27
7	50	Autumn NOLD	FR	#4 Evangel (Mo.)	59.67 OT	12/2
8	64	Alex GERE	FR	#3 MidAmerica Naz {3}	1:00.20 OT	12/2
9	66	Janiah NICHOLSON	JR	#3 MidAmerica Naz {4}	1:00.25 OT	12/2
10	69	Alison AMBUUL	JR	#5 Benedictine (Kar	1:00.36 OT	1/20

Women's 600 Meters

1	4	Darly CAMILO-MONTENEGRO	SR	#1 Central Methodi	1:34.17 OT	12/9
2	18	Joshlyn TROUPE	FR	#1 Central Methodi {2}	1:38.14 OT	12/9
3	19	Yanira DEANA PANINKA	SO	#1 Central Methodi {3}	1:38.24 OT	12/9
4	27	Lakin ESSEX	FR	#3 MidAmerica Naz	1:39.61 OT	1/20
5	28	Autumn NOLD	FR	#4 Evangel (Mo.)	1:39.64 OT	1/20
6	37	Alex GERE	FR	#3 MidAmerica Naz {2}	1:40.65 OT	1/27
7	40	Destiny LASSITER	SO	#3 MidAmerica Naz {3}	1:40.72 OT	1/27
8	41	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.)	1:40.81 OT	1/27
9	44	Alison AMBUUL	JR	#5 Benedictine (Kar	1:40.85 OT	12/2
10	50	Hannah HAYDUK	SO	#18 Cottey (Mo.)	1:42.03c (1:43.28f)	1/27

Women's 800 Meters

1	11	Madalenn FEE	SO	#18 Cottey (Mo.)	2:18.48 OT	1/20
2	19	Skylar ADAMS	JR	#4 Evangel (Mo.)	2:20.15 OT	1/27
3	23	Carly HOLADIA	FR	#2 Saint Mary (Kan.)	2:20.73 OT	1/27
4	24	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.) {2}	2:20.84	1/20
5	27	Kate MADSEN	JR	#2 Saint Mary (Kan.) {3}	2:21.26	1/20
6	28	Adriana MCGREGOR	FR	#4 Evangel (Mo.) {2}	2:21.35 OT	1/27
7	30	Reagan HIEBERT	SR	#2 Saint Mary (Kan.) {4}	2:21.82	1/20
8	34	Yanira DEANA PANINKA	SO	#1 Central Methodi	2:22.05cu (2:24.38u)	1/13
9	35	Jaymee YELTON	JR	Huston-Tillotson	2:22.25	1/13
10	37	Zalenka BRANNAN	FR	Texas A&M-Texa	2:22.81c (2:24.45f)	12/9

Women's 1000 Meters

1	8	Madalenn FEE	SO	#18 Cottey (Mo.)	3:00.12c (3:02.08f)	1/27
2	9	Cailen JOLLEY	SR	#7 Oklahoma City	3:00.58	1/12
3	13	Carlie GREGG	JR	#2 Saint Mary (Kan.)	3:01.54 OT	12/2
4	17	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.) {2}	3:01.66 OT	12/2
5	25	Isabelle SPILLER	FR	#7 Oklahoma City {2}	3:03.96	1/12
6	27	Antonina JACKOWIAK	FR	#6 Friends (Kan.)	3:04.45c (3:06.46f)	1/27
7	31	Madisyn EHRlich	SO	#22 Kansas Wesleyan	3:05.32c (3:07.34f)	1/27
8	37	Sonya ZIMMERMAN	JR	#15 Tabor (Kan.)	3:05.94c (3:07.97f)	1/27
9	38	Brooke WIEBE	JR	#15 Tabor (Kan.) {2}	3:06.15c (3:08.18f)	1/27
10	39	Danielle ALLISON	SR	#15 Tabor (Kan.) {3}	3:06.73c (3:08.76f)	1/27

Women's Mile

1	9	Ashlei MCDONALD	SO	#8 Texas Wesleyan	5:06.70 OT	12/9
2	11	Riley HIEBERT	SR	#2 Saint Mary (Kan.)	5:07.21	1/20
3	18	Carlie GREGG	JR	#2 Saint Mary (Kan.) {2}	5:10.19 OT	1/27
4	19	Reagan HIEBERT	SR	#2 Saint Mary (Kan.) {3}	5:10.66	1/20
5	23	Cera ECKENROTH	FR	#14 John Brown (Ark	5:12.45 OT	1/20
6	24	Kate MADSEN	JR	#2 Saint Mary (Kan.) {4}	5:12.64	1/20
7	25	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.) {5}	5:13.17	1/20
8	30	Erika PENA	SO	#7 Oklahoma City	5:15.02	1/12
9	31	Josie TYRRELL	SO	#2 Saint Mary (Kan.) {6}	5:15.64	1/20
10	36	Louise COCKING	SR	#7 Oklahoma City {2}	5:16.82 OT	1/20



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Women's 3000 Meters

1	8	Reagan HIEBERT	SR	#2 Saint Mary (Kan.)	10:00.26 OT	12/9
2	9	Riley HIEBERT	SR	#2 Saint Mary (Kan.) {2}	10:04.93 OT	1/27
3	17	Cera ECKENROTH	FR	#14 John Brown (Ark)	10:11.64c (10:16.88f)	1/27
4	18	Mia REED	JR	#11 Missouri Baptist	10:13.62	12/1
5	19	Kate MADSEN	JR	#2 Saint Mary (Kan.) {3}	10:14.09 OT	12/9
6	24	Hasnae GOULAMZI	FR	#8 Texas Wesleyan	10:16.90 OT	1/20
7	32	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.) {4}	10:22.05 OT	12/9
8	36	Louise COCKING	SR	#7 Oklahoma City	10:24.51	1/12
9	39	Mekayla GIBSON	JR	#21 William Woods (I)	10:26.09c (10:31.45f)	1/27
10	51	Brooke WIEBE	JR	#15 Tabor (Kan.)	10:29.73	1/20

Women's 5000 Meters

1	7	Hasnae GOULAMZI	FR	#8 Texas Wesleyan	17:28.71 OT	12/9
2	10	Cera ECKENROTH	FR	#14 John Brown (Ark)	17:36.57c (17:44.66f)	1/27
3	11	Josie TYRRELL	SO	#2 Saint Mary (Kan.)	17:37.90 OT	1/27
4	14	Riley HIEBERT	SR	#2 Saint Mary (Kan.) {2}	17:45.16 OT	12/2
5	16	Reagan HIEBERT	SR	#2 Saint Mary (Kan.) {3}	17:45.48 OT	12/2
6	17	Kate MADSEN	JR	#2 Saint Mary (Kan.) {4}	17:48.04 OT	12/2
7	18	Mekayla GIBSON	JR	#21 William Woods (I)	17:50.02 OT	12/9
8	21	Natasha ORTIZ	SR	#5 Benedictine (Kar)	18:00.60 OT	1/20
9	22	Aubrey BAHNER	JR	#15 Tabor (Kan.)	18:01.92 OT	1/27
10	24	Danielle ALLISON	SR	#15 Tabor (Kan.) {2}	18:06.03	12/2

Women's 3000m Race Walk

1	4	Baileigh MORRIS	JR	#1 Central Methodi:	15:37.88 f	1/19
2	5	Yanira DEANA PANINKA	SO	#1 Central Methodi {2}	15:56.40 f	1/27
3	7	Allison MORRIS	SR	#12 Culver-Stockton	16:28.76 f	1/27
4	9	Faith YOUNCE	JR	#12 Culver-Stockton {2}	17:07.98 f	1/27
5	19	Leah KUHN	FR	#5 Benedictine (Kar)	20:12.01 f	1/27
6	27	Brynna GORMLEY	SO	#5 Benedictine (Kar) {2}	24:20.59 f	1/27
7	28	Haley THOMPSON	SO	#17 Baker (Kan.)	25:20.87 f	1/27
8	29	Kiley HAWK	JR	#17 Baker (Kan.) {2}	26:50.27 f	1/27

Women's 4x400 Relay

1	13	Tanzania Barnes, Jah-Nisha Campbell, Jordyn Weems, JayOnna Perry	#9 Ottawa (Kan.)	3:58.16 OT	12/2
2	14	Nikiwe Mongwe, Janiah Nicholson, Alex Gere, Daizy Solir	#3 MidAmerica Naz:	3:58.66 OT	12/2
3	20	Joshlyn Troupe, Darly Camilo-Montenegro, Kailey Johnson, Haley Bellamy	#1 Central Methodi:	4:00.67c (4:03.86f)	12/2
4	21	Byrion Patton, Ky'Leah Hill, Irakoze Amida, Makayla Thompson	#10 Langston (Okla.)	4:01.23 OT	1/27
5	26	Alexandria Segura, Morghan Neely, Autumn Roberts, Tara Madrid	#19 Our Lady of the l	4:02.86	1/19
6	31	Alison Ambuul, Cayna Love, Antonia Smith, Ashlynn Triplett	#5 Benedictine (Kar)	4:05.57c (4:08.83f)	1/27
7	36	Gretchen Raney, Carissa Martin, Jane Duteil, Lexi Wardlow	#2 Saint Mary (Kan.)	4:07.39	1/20
8	37	Vanessa Perez, Cailen Jolley, Florencia Cabrera, Shawna Smith	#7 Oklahoma City	4:07.57 OT	1/20
9	40	Moriah Shaw, Halle Nagel, Gema del Valle, Kaylah Petty	#6 Friends (Kan.)	4:09.53c (4:12.84f)	1/27
10	44	Abigail Good, Liberty Wiles, Taylor Collins, Autumn Nold	#4 Evangel (Mo.)	4:11.21 OT	12/9

Women's 4x800 Relay

1	3	Isabelle Spiller, Erika Pena, Louise Cocking, Cailen Jolley	#7 Oklahoma City	9:26.08 OT	1/20
2	7	Emily Farchmin, Adrienne Rockette, Angela Ward, Mia Reed	#11 Missouri Baptist	9:34.70c (9:41.32f)	1/27
3	8	Skylar Adams, Emily Harris, Adriana McGregor, Macy Kopp	#4 Evangel (Mo.)	9:39.32 OT	1/20
4	12	Kayli Gonzales, Rebekah Choriego, Grace Lee, Antonina Jackowiak	#6 Friends (Kan.)	10:10.36 OT	1/20
5	14	Rita Girgly, Helen Ullrich, Emilie Nelson, Josie Jansen	#5 Benedictine (Kar)	10:12.58 OT	1/20



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Women's Distance Medley Relay

1	4	Maddy Walter-Sherretts, Lexi Wardlow, Carlie Gregg, Reagan Hiebert	#2 Saint Mary (Kan.)	12:13.62 OT	1/27
2	9	Emily Harris, Liberty Wiles, Macy Kopp, Skylar Adams	#4 Evangel (Mo.)	12:32.17 OT	1/27
3	10	Helen Ullrich, Josie Jansen, Alison Ambuul, Julia McLaughlin	#5 Benedictine (Kar)	12:39.00c(12:47.13f)	1/27
4	12	Madison Perez, Alexandria Segura, Viridiana Zuniga, Sanai Robinson	#19 Our Lady of the L	12:40.17	1/27
5	19	Myra Baker, Kyah Weirich, Mekayla Gibson, Emma Clifford	#21 William Woods (I	13:43.18c(13:52.00f)	1/27

Women's High Jump

1	2	April PHILLIPS	FR #4 Evangel (Mo.)	1.74m	5-8½	12/9
2	3	Renee FINKE	JR #1 Central Methodi:	1.73m	5-8	12/2
3	14	Taryn ST. CLAIRE	FR #3 MidAmerica Naz:	1.65m	5-5	12/9
3	14	Delaney MILLER	SO #1 Central Methodi:{2}	1.65m	5-5	1/13
5	23	Kyley MAGERS	FR #1 Central Methodi:{3}	1.63m	5-4¼	12/2
6	26	Haley BELLAMY	SO #1 Central Methodi:{4}	1.60m	5-3	12/9
7	36	Chioma OBI	FR #8 Texas Wesleyan	1.59m	5-2½	1/20
7	36	Maddi BAKER	FR #3 MidAmerica Naz:{2}	1.59m	5-2½	12/9
9	47	LaShae SMITH	JR #3 MidAmerica Naz:{3}	1.56m	5-1¼	12/9
10	53	Allison JOHNS	FR #4 Evangel (Mo.) {2}	1.55m	5-1	1/27
10	53	Gabriela MILLAN	FR #6 Friends (Kan.)	1.55m	5-1	1/11
10	53	Carly LINDENMEYER	SR #3 MidAmerica Naz:{4}	1.55m	5-1	12/9

Women's Pole Vault

1	20	Alaina SCOTT	JR #11 Missouri Baptist	3.50m	11-5¾	1/13
2	21	Krislynn BAILEY	SR #16 Saint Mary-of-th	3.47m	11-4½	1/19
3	25	Krislynn BAILEY	SR #16 Saint Mary-of-th{2}	3.40m	11-1¾	12/2
4	47	Aaliyah RAMIREZ	SO #6 Friends (Kan.)	3.15m	10-4	1/27
4	47	Brynn HALATA	JR #6 Friends (Kan.)	3.15m	10-4	1/27
6	63	Ashley GROTHAUS	JR #11 Missouri Baptist {2}	3.00m	9-10	1/27
7	71	Grace MITCHELL	JR #14 John Brown (Ark	2.85m	9-4¼	12/2
8	80	Amara REICHERT	SR #1 Central Methodi:	2.77m	9-1	1/20
9	81	Zoi SMITH	FR #12 Culver-Stockton	2.75m	9-¼	1/20
10	85	Naomi WELSH	FR #5 Benedictine (Kar	2.72m	8-11	1/27
10	85	#Type!	SO Southwestern (K	2.72m	8-11	1/11

Women's Long Jump

1	8	Meeyesha TUTT-MOOTOUO	SO #13 Wiley (Texas)	5.64m	18-6	1/14
2	12	Reanna GREEN	SO #3 MidAmerica Naz:	5.58m	18-3¾	12/9
2	12	Na'Zariah JAMES	FR #1 Central Methodi:	5.58m	18-3¾	1/13
4	14	Jaelynn WILLIAMS	JR #8 Texas Wesleyan	5.57m	18-3¾	1/20
5	19	Naomi KILSON	SR #17 Baker (Kan.)	5.52m	18-1½	1/27
6	23	Carly LINDENMEYER	SR #3 MidAmerica Naz:{2}	5.50m	18-½	12/9
7	24	Nala BURNS	SO #3 MidAmerica Naz:{3}	5.48m	17-11¾	1/27
7	24	Jordyn WEEMS	JR #9 Ottawa (Kan.)	5.48m	17-11¾	1/20
9	28	Chasity VEALS	SR #10 Langston (Okla.)	5.45m	17-10¾	1/27
10	46	Hayley LOEWEN	SO #3 MidAmerica Naz:{4}	5.36m	17-7	12/9
10	46	LaShae SMITH	JR #3 MidAmerica Naz:{4}	5.36m	17-7	12/2

Women's Triple Jump

1	4	Ahmia DORSEY	SR #10 Langston (Okla.)	11.75m	38-6¾	12/2
2	5	Chasity VEALS	SR #10 Langston (Okla.){2}	11.73m	38-6	12/2
3	8	April PHILLIPS	FR #4 Evangel (Mo.)	11.52m	37-9½	1/20
4	16	Hayley LOEWEN	SO #3 MidAmerica Naz:	11.32m	37-1¾	12/9
5	19	Na'Zariah JAMES	FR #1 Central Methodi:	11.29m	37-½	12/9
6	22	Meeyesha TUTT-MOOTOUO	SO #13 Wiley (Texas)	11.24m	36-10½	1/14
7	29	Anyia WALTON	JR #6 Friends (Kan.)	10.98m	36-¼	1/27
8	33	Reanna GREEN	SO #3 MidAmerica Naz:{2}	10.85m	35-7¼	12/9
9	36	Joelle TERRY	FR #10 Langston (Okla.){3}	10.84m	35-6¾	1/27
10	42	Myiah LOGUE	JR Bethel (Kan.)	10.74m	35-3	1/27

Women's Shot Put

1	2	Baylee BEARD	SO #1 Central Methodi:	14.99m	49-2¼	12/2
2	17	Deja DELAINE	SR #9 Ottawa (Kan.)	13.18m	43-3	1/27
3	19	Laurel BARBER	SR #3 MidAmerica Naz:	13.06m	42-10¼	12/9
4	20	Evie SCOLES	JR #14 John Brown (Ark	12.99m	42-7½	1/27
5	21	Daryn BATTS	SR #7 Oklahoma City	12.97m	42-6¾	12/9
6	22	Victoria LOTZ	JR #3 MidAmerica Naz:{2}	12.94m	42-5½	1/20
7	26	Madison SUTTON	SR #5 Benedictine (Kar	12.76m	41-10½	1/27
8	51	Caley BLOSSER	JR #3 MidAmerica Naz:{3}	12.18m	39-11½	1/20
9	57	Kaylyn POWERS	JR #24 Hannibal-LaGrar	12.10m	39-8½	1/27
10	66	Jeanette WOEHRLE	JR #25 Columbia (Mo.)	12.03m	39-5¾	12/2

Women's Weight Throw

1	10	Karli WOLFE	SR #1 Central Methodi:	17.19m	56-4¾	12/9
2	11	Victoria LOTZ	JR #3 MidAmerica Naz:	17.18m	56-4½	1/20
3	12	Madison SUTTON	SR #5 Benedictine (Kar	17.17m	56-4	1/27
4	43	Kennise ANDERSON	JR #23 Park (Mo.)	15.10m	49-6½	1/20
5	46	Abby GREEN	SO #6 Friends (Kan.)	15.00m	49-2½	1/27
6	47	Kaylyn POWERS	JR #24 Hannibal-LaGrar	14.99m	49-2¼	1/20
7	51	Paula ROMERO RODRIGUEZ	JR Missouri Valley	14.87m	48-9½	1/27
8	54	Baylee BEARD	SO #1 Central Methodi:{2}	14.81m	48-7¼	12/2
9	65	Alejandra HANDIE	SR Southwestern (K	14.52m	47-7¾	1/20
10	66	Jaine JOHNSON	JR #9 Ottawa (Kan.)	14.51m	47-7¼	12/2



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Women's Pentathlon

1	2	Renee FINKE	JR	#1 Central Methodi	3,413 OT	12/9
2	6	Haley BELLAMY	SO	#1 Central Methodi	3,308 OT	12/9
3	20	Maddi BAKER	FR	#3 MidAmerica Naz	2,963	12/9
4	21	Shannon O'NEIL	SO	#12 Culver-Stockton	2,959	1/27
5	24	LaShae SMITH	JR	#3 MidAmerica Naz	2,907	12/9
6	40	Claireece CROSS	FR	#1 Central Methodi	2,639	1/27
7	46	Chioma OBI	FR	#8 Texas Wesleyan	2,519	1/27
8	57	Madalenn FEE	SO	#18 Cottey (Mo.)	2,387 OT	12/9
8	57	Ella MARGHEIM	SO	#3 MidAmerica Naz	2,387	12/9
10	68	Layla HORN	JR	#24 Hannibal-LaGrar	2,174	1/27



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West

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Women's 60 Meters

1	10	Trinity MONTGOMERY	FR	#5 Multnomah (Ore	7.59		1/27
2	18	Jordyn BURKE	JR	#3 Vanguard (Calif.)	7.65	(1.6)	1/27
3	21	Kayly GUTHRIE	JR	#5 Multnomah (Ore	7.67		12/9
4	44	Kellan WAHL	JR	#9 Rocky Mountain	7.84c	(7.824)	12/7
5	99	Karina DEYOUNG		#1 Eastern Oregon	7.98		1/27
6		Taylor JOYCE	FR	#1 Eastern Oregon {2}	7.99		12/9
7		Karissa LINDNER	FR	#2 Lewis-Clark Stat	8.00		1/27
8		Paloma BAUMERT	FR	#7 Jessup (Calif.)	8.08	(0.0)	1/27
9		Brooklyn SCHULTZ	JR	#8 Carroll (Mont.)	8.13c	(8.11A)	12/7
10		Charlize DAVIS	FR	#9 Rocky Mountain {2}	8.14c	(8.12A)	1/26

Women's 60 Meter Hurdles

1	3	Madigan KELLY	JR	#2 Lewis-Clark Stat	8.49		1/20
2	18	Erica WASEQ	SO	#7 Jessup (Calif.)	8.85	(0.0)	1/27
3	39	Sara HATHAWAY	SR	#2 Lewis-Clark Stat {2}	9.17		1/20
4	42	Jadyn VERMILLION	SO	#4 Montana Tech	9.18c	(9.18A)	1/12
5	56	Jennah CARPENTER	JR	#2 Lewis-Clark Stat {3}	9.32		12/9
6	60	Olleca SEVERSON	JR	#4 Montana Tech {2}	9.35c	(9.35A)	12/7
6	60	Penelopi LEACH	JR	#3 Vanguard (Calif.)	9.35	(0.0)	1/27
8	76	Lizzy GRANDLE	SO	#1 Eastern Oregon	9.46		12/9
9	77	Abby CLARK	JR	#4 Montana Tech {3}	9.47c	(9.47A)	1/12
10	95	Skotlyn HILL	SO	#1 Eastern Oregon {2}	9.59		12/9

Women's 200 Meters

1	33	Kayly GUTHRIE	JR	#5 Multnomah (Ore	25.64		12/9
2	57	Emily COLLINS	SO	#2 Lewis-Clark Stat	25.96 OT		1/20
3	65	Anika GROGAN	SR	#2 Lewis-Clark Stat {2}	26.09		12/9
3	65	Taylor JOYCE	FR	#1 Eastern Oregon	26.09		12/9
5	77	Katie BROWN	JR	#1 Eastern Oregon {2}	26.27		1/27
6		Kellan WAHL	JR	#9 Rocky Mountain	26.68c	(27.02fA)	12/7
7		Raelyn DEWITT	FR	#3 Vanguard (Calif.)	26.71 outw	(2.6)	1/27
8		Karina DEYOUNG		#1 Eastern Oregon {3}	26.87		1/27
9		Jenna HILLMAN	SO	#9 Rocky Mountain {2}	26.89c	(27.23fA)	12/7
10		Karissa LINDNER	FR	#2 Lewis-Clark Stat {3}	27.07		1/27

Women's 400 Meters

1	10	Eryn BURKE	JR	#3 Vanguard (Calif.)	56.64 out		1/27
2	22	Emily COLLINS	SO	#2 Lewis-Clark Stat	57.89		1/27
3	40	Elizabeth BETTEN	SO	#3 Vanguard (Calif.) {2}	59.18 out		1/27
4		Adrienne MAI	FR	#14 Bushnell (Ore.)	1:01.70 OT		1/27
5		Katie BROWN	JR	#1 Eastern Oregon	1:02.35 OT		1/20
6		Chloe RAATS	SO	#8 Carroll (Mont.)	1:03.11c	(1:03.00A)	1/26
7		Macey GUNDERSON	FR	#2 Lewis-Clark Stat {2}	1:03.96		12/9
8		Julissa CASILLAS	SR	#7 Jessup (Calif.)	1:04.08 out		1/27
9		Jasmyn MURPHY	SO	#11 Providence (Mor	1:04.42c	(1:04.31A)	1/26
10		Ellie ARON	FR	#4 Montana Tech	1:05.19c	(1:05.08A)	1/26

Women's 600 Meters

1	15	Lauryn MITCHELL	JR	#1 Eastern Oregon	1:37.71		12/9
2	16	Suzie JOHNSON	SO	#10 The Master's (Ca	1:37.77 out		1/27
3	20	Emily COLLINS	SO	#2 Lewis-Clark Stat	1:38.44		12/9
4	57	Skotlyn HILL	SO	#1 Eastern Oregon {2}	1:42.51		12/9
5	82	Kendall BONZANI	JR	#1 Eastern Oregon {3}	1:44.95		12/9
6	94	Lizzy BEHNKE	JR	#15 Northwest (Wasl	1:46.14		12/9
7		Sydney PECK	SO	#1 Eastern Oregon {4}	1:46.49 OT		1/20
8		Katalina ROBINSON	FR	#12 Arizona Christiar	1:47.66c OT	(1:47.66A)	12/8
9		Maryan SHARIF	SR	#16 Park (Ariz.)	1:48.17c OT	(1:48.17A)	1/12
10		Jade ROBERTS	JR	#12 Arizona Christiar {2}	1:49.65		1/27

Women's 800 Meters

1	7	Geraldin CORREA	SR	#2 Lewis-Clark Stat	2:16.68 OT		1/20
2	13	Lauryn MITCHELL	JR	#1 Eastern Oregon	2:18.55		1/27
3	29	Kate BARANSKI	JR	#3 Vanguard (Calif.)	2:21.52 out		1/27
4	37	Aubree WILLIAMS	FR	#2 Lewis-Clark Stat {2}	2:22.81		1/27
5	43	Maya PEARCY	FR	#9 Rocky Mountain	2:23.44c	(2:24.12A)	1/26
6	63	Tyne STOKES	SO	#9 Rocky Mountain {2}	2:24.80c	(2:25.49A)	1/26
7	67	Kamryn COMBA	SO	#4 Montana Tech	2:25.11c	(2:25.80A)	1/26
8	74	MaKenzie SHEILS	FR	#4 Montana Tech {2}	2:25.69c	(2:26.38A)	1/26
9	91	Zoe BUTLER	SO	#6 College of Idaho	2:27.01c	(2:27.71A)	1/26
10		Kylee QUINTON	FR	#6 College of Idaho {2}	2:27.99c	(2:28.69A)	1/26

Women's 1000 Meters

1	16	Lauryn MITCHELL	JR	#1 Eastern Oregon	3:01.61 OT		1/20
2	28	Grace TIEGS	SO	#2 Lewis-Clark Stat	3:04.51 OT		1/20
3	35	Brooklyn SHELL	SR	#2 Lewis-Clark Stat {2}	3:05.64 OT		1/20
4	43	Aubree WILLIAMS	FR	#2 Lewis-Clark Stat {3}	3:07.76 OT		1/20
5	94	Madelyn NICHOLS	JR	#1 Eastern Oregon {2}	3:14.50 OT		1/20
6		Jaiden COCHRAN	FR	#1 Eastern Oregon {3}	3:15.65 OT		1/20
7		Abigail PEIGHTAL	SR	#2 Lewis-Clark Stat {4}	3:17.11 OT		1/20
8		Ashley TREADWELL	FR	#1 Eastern Oregon {4}	3:17.16 OT		1/20
9		Mattie WOODBURY	FR	#1 Eastern Oregon {5}	3:17.97 OT		1/20
10		Macey REED	FR	#1 Eastern Oregon {6}	3:21.52 OT		1/20

Women's Mile

1	2	Alauna CARSTENS	SO	#13 Evergreen State	5:00.12 OT		1/27
2	3	Abbey SHIRTS	SR	#6 College of Idaho	5:00.35c	(5:06.18A)	1/26
3	15	Kahea FIGUEIRA	JR	#6 College of Idaho {2}	5:08.47c	(5:14.46A)	1/26
4	52	Brooklyn SHELL	SR	#2 Lewis-Clark Stat	5:18.90		1/27
5	68	Grace TIEGS	SO	#2 Lewis-Clark Stat {2}	5:22.27 OT		1/20
6	79	Jaiden COCHRAN	FR	#1 Eastern Oregon	5:24.37		1/27
7	80	Charlie DUFF	SR	#6 College of Idaho {3}	5:25.19c	(5:31.51A)	1/26
8	87	Aubree WILLIAMS	FR	#2 Lewis-Clark Stat {3}	5:25.74 OT		1/20
9	91	Abigail PEIGHTAL	SR	#2 Lewis-Clark Stat {4}	5:25.95		1/27
10	99	Sydney J LAMB	SO	#8 Carroll (Mont.)	5:28.09c	(5:34.46A)	1/26



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Women's 3000 Meters

1	5	Alauna CARSTENS	SO	#13 Evergreen State	9:53.37 OT	1/13
2	15	Hannah FREDERICKS	JR	#10 The Master's (Ca	10:09.44 out	1/27
3	26	Ellen PALMGREN	SR	#10 The Master's (Ca{2}	10:17.88 out	1/27
4	48	Carlin MANNING	JR	#4 Montana Tech	10:28.81c(10:42.53A)	1/26
5	52	Azalea PRINCE	SO	#7 Jessup (Calif.)	10:30.18 out	1/27
6	68	Chloe OVERBERG	FR	#2 Lewis-Clark Stat	10:40.69	1/27
7	74	Emma NELSON	SO	#10 The Master's (Ca{3}	10:44.24 out	1/27
8	81	Molly CONNOR	JR	#6 College of Idaho	10:45.88c(10:59.97A)	1/26
9	94	Grace TIMM	JR	#9 Rocky Mountain	10:49.84c(11:04.01A)	1/26
10	98	Taylen STINSON	FR	#9 Rocky Mountain {2}	10:51.96c(11:06.18A)	1/26

Women's 5000 Meters

1	19	Kaylea HARTMAN	JR	#15 Northwest (Wasl	17:54.66 OT	1/27
2	66	Jaiden COCHRAN	FR	#1 Eastern Oregon	19:07.31	12/9
3	79	Nicole MORGEN	JR	#8 Carroll (Mont.)	19:22.96c(20:03.36fA)	12/7
4		Kaleah HINES	FR	#1 Eastern Oregon {2}	20:20.92	12/9
5		Sadie MCCOY	FR	#1 Eastern Oregon {3}	22:02.34	12/9

Women's 4x400 Relay

1	5	Eryn Burke, Jordyn Burke, Elizabeth Betten, Ariana Rodriguez	#3 Vanguard (Calif.)	3:53.76 out	1/27
2	16	Emily Collins, Sara Hathaway, Anika Grogan, Geraldin Correa	#2 Lewis-Clark Stat	3:59.05	1/27
3	29	Rakiah Grende, Chloe Raats, Madalen Shipman, Sorren Reese	#8 Carroll (Mont.)	4:04.66c (4:07.46fA)	12/7
4	30	Sydney Peck, Lauryn Mitchell, Taylor Joyce, Katie Brown	#1 Eastern Oregon	4:05.07	1/27
5	41	Peyton Walker, MaKenzie Sheils, Olleca Severson, Kamryn Comba	#4 Montana Tech	4:09.77c (4:09.33A)	1/26
6	72	Ainslee Smith, MIRDEGE LENTZ, BIANCA HERNANDEZ, ZOE DAVIDSON	#12 Arizona Christiar	4:25.87c (4:29.40f)	12/2
7	81	Julissa Casillas, Paloma Baumert, Eleanor Kania, Erica Waseq	#7 Jessup (Calif.)	4:34.23 out	1/27
8	87	Sierra Janikowski, Adrienne Mai, Kaitlin Cook, Audri Ward	#14 Bushnell (Ore.)	4:38.92 OT	1/21
9	94	Grace Alexander, Jasmyn Murphy, Alexis Devries, Kylie Henderson	#11 Providence (Mor	4:44.42c (4:43.98A)	1/26

Women's 4x800 Relay

1	4	Grace Tiegs, Aubree Williams, Geraldin Correa, Brooklyn Shell	#2 Lewis-Clark Stat	9:26.53	1/27
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Women's Distance Medley Relay

1	1	Ellen Palmgren, Oliva Prettyman, Suzie Johnson, Hannah Fredericks	#10 The Master's (Ca	12:01.15 out	1/27
2	13	Sara Feitz, Jane Freeman, Penelopi Leach, Kate Baranski	#3 Vanguard (Calif.)	12:43.43 out	1/27
3	16	Mattie Woodbury, Macey Reed, Madelyn Nichols, Riley Morris	#1 Eastern Oregon	13:16.00	1/27

Women's High Jump

1	7	Lizzy GRANDLE	SO	#1 Eastern Oregon	1.68m	5-6	1/27
1	7	Jennah CARPENTER	JR	#2 Lewis-Clark Stat	1.68m	5-6	1/27
3	20	Abby CLARK	JR	#4 Montana Tech	1.64mA	5-4½	1/12
4	43	Oliva PRETTYMAN	SR	#10 The Master's (Ca	1.57m	5-1¾	1/27
4	43	Adrienne WASHINGTON	JR	#1 Eastern Oregon {2}	1.57m	5-1¾	1/27
6	53	Corona PARKER	JR	#13 Evergreen State	1.55m	5-1	1/13
7	84	Sara HATHAWAY	SR	#2 Lewis-Clark Stat{2}	1.52m	4-11¾	1/27
7	84	RACHEL PLY	FR	#12 Arizona Christiar	1.52m	4-11¾	1/27
9	90	Gabriella DOMENICI	FR	#8 Carroll (Mont.)	1.50mA	4-11	12/7
9	90	Sammy CONLEY	JR	#1 Eastern Oregon {3}	1.50m	4-11	1/20

Women's Pole Vault

1	18	Dakota MANECKE	SR	#9 Rocky Mountain	3.54mA	11-7¼	1/26
1	18	Chloe GALLAGHER	SR	#8 Carroll (Mont.)	3.54mA	11-7¼	1/26
3	28	Paloma BAUMERT	FR	#7 Jessup (Calif.)	3.35m	10-11¾	1/27
4	47	Taylor JOYCE	FR	#1 Eastern Oregon	3.15m	10-4	12/9
5	51	Mckenna ROGERS	FR	#12 Arizona Christiar	3.11m	10-2½	1/27
6	62	Harlee GRANT	FR	#1 Eastern Oregon {2}	3.01m	9-10½	1/20
7	71	Emberlynn MACK	SO	#2 Lewis-Clark Stat	2.85m	9-4¼	12/9

Women's Long Jump

1	11	Jadyn VERMILLION	SO	#4 Montana Tech	5.59mA	18-4¼	1/26
2	19	Sydney ZYWINA	JR	#2 Lewis-Clark Stat	5.52m	18-1½	1/20
3	33	Lillian GUZMAN	FR	#5 Multnomah (Ore	5.42m	17-9½	12/9
4	37	Princess BROWNE	JR	#5 Multnomah (Ore{2}	5.40m	17-8¾	12/9
5	41	Jordyn BURKE	JR	#3 Vanguard (Calif.)	5.39m		1/27
6	56	Jennah CARPENTER	JR	#2 Lewis-Clark Stat{2}	5.29m	17-4¼	1/20
7	71	Abby CLARK	JR	#4 Montana Tech {2}	5.22mA	17-1½	12/7
8	92	Lizzy GRANDLE	SO	#1 Eastern Oregon	5.14m	16-10½	1/20
9		Brittany COLEMAN	SR	#5 Multnomah (Ore{3}	5.03m	16-6	12/9
9		Rylee ARMSTRONG	FR	#4 Montana Tech {3}	5.03mA	16-6	1/12



Regional TFRI Event Summary



West

as of 1/29/2024 8:06:11 AM ET

Women's Triple Jump

1	2	Princess BROWNE	JR	#5 Multnomah (Ore	11.91m	39-1	12/9
2	6	Sydney ZYWINA	JR	#2 Lewis-Clark Stat	11.64m	38-2¼	12/9
3	15	Brittany COLEMAN	SR	#5 Multnomah (Ore {2}	11.41m	37-5¼	12/9
4	29	Jadyn VERMILLION	SO	#4 Montana Tech	10.98m	36-¾	12/7
5	42	Mattie SHIRTS	FR	#6 College of Idaho	10.74m	35-3	1/26
6	49	Kellan WAHL	JR	#9 Rocky Mountain	10.68m	35-½	12/7
7	51	Sophie LOVELESS	SR	#8 Carroll (Mont.)	10.63m	34-10½	12/7
8	62	Kendall WAHL	FR	#9 Rocky Mountain {2}	10.55m	34-7½	1/26
9	77	Kayli LINCOLN	FR	#10 The Master's (Ca	10.44m		1/27
10	88	Adrienne WASHINGTON	JR	#1 Eastern Oregon	10.31m	33-10	1/20

Women's Shot Put

1	36	Star HERRON	SO	#6 College of Idaho	12.47m	40-11	1/26
2	45	Jaelah BUTLER	JR	#3 Vanguard (Calif.)	12.28m	40-3½	1/27
2	45	Tatiana MARTINEZ	JR	#11 Providence (Mor	12.28m	40-3½	1/26
4	49	Allyson CONNER	SR	#11 Providence (Mor {2}	12.21m	40-¾	1/26
5	55	Kenna WOODWARD	SR	#1 Eastern Oregon	12.12m	39-9¼	1/20
6	60	Julia PISENTI	FR	#7 Jessup (Calif.)	12.07m	39-7¼	1/27
7	73	Haylee APPLEFORD	FR	#2 Lewis-Clark Stat	11.91m	39-1	1/20
8	83	Taylor DURFEY	SO	#6 College of Idaho {2}	11.77m	38-7½	1/26
9	90	Madison LEWIS	SO	#8 Carroll (Mont.)	11.72m	38-5½	1/26
10	98	Jessica PEDRETTI	SO	#7 Jessup (Calif.) {2}	11.51m	37-9¼	1/27

Women's Weight Throw

1	19	Kenna WOODWARD	SR	#1 Eastern Oregon	16.39m	53-9¼	1/27
2	23	Jaelah BUTLER	JR	#3 Vanguard (Calif.)	16.16m	53-¼	1/27
3	25	Allyson CONNER	SR	#11 Providence (Mor	16.10m	52-10	1/26
4	27	Tatiana MARTINEZ	JR	#11 Providence (Mor {2}	16.03m	52-7¼	12/7
5	34	Star HERRON	SO	#6 College of Idaho	15.51m	50-10¾	1/26
6	39	Trinity HILL	SR	#1 Eastern Oregon {2}	15.31m	50-2¾	1/27
7	69	Jessica PEDRETTI	SO	#7 Jessup (Calif.)	14.48m	47-6¼	1/27
8	87	Abby LUSCO	JR	#1 Eastern Oregon {3}	14.13m	46-4¼	1/20
9	89	Julia PISENTI	FR	#7 Jessup (Calif.) {2}	14.04m	46-¾	1/27
10	99	Taylor DURFEY	SO	#6 College of Idaho {2}	13.84m	45-5	1/26

Women's Pentathlon

1	4	Lizzy GRANDLE	SO	#1 Eastern Oregon	3,333 OT		1/20
2	5	Abby CLARK	JR	#4 Montana Tech	3,329c	(3329A)	1/12
3	7	Jennah CARPENTER	JR	#2 Lewis-Clark Stat	3,296 OT		1/20
4	18	Karli BEDARD	SR	#1 Eastern Oregon {2}	2,995 OT		1/20
5	26	Sammy CONLEY	JR	#1 Eastern Oregon {3}	2,853 OT		1/20
6	44	Skotlyn HILL	SO	#1 Eastern Oregon {4}	2,558 OT		1/20
7	70	Rylee ARMSTRONG	FR	#4 Montana Tech {2}	2,076c	(2076A)	1/12
8	74	Jadyn VERMILLION	SO	#4 Montana Tech {3}	1,979c	(1979A)	1/12