



Regional TFRI Event Summary



Great Lakes

as of 2/5/2024 6:57:28 AM ET

Women's 60 Meters

1	3	Jamaya WARTHEN	JR	#1 Indiana Tech	7.44	2/3
2	8	Ny'tierra HOBBS	SR	#11 Madonna (Mich.)	7.55	1/20
2	8	Kiya POGUE	JR	#1 Indiana Tech	{2} 7.55	12/1
4	20	Riley HERSHBERGER	SR	#7 Bethel (Ind.)	7.65	12/1
5	26	Derica GIBSON	SR	#1 Indiana Tech	{3} 7.70	12/8
6	30	Jozlen BRISBON	JR	#22 Lindsey Wilson (I	7.72	1/20
7	32	Ally HAWK	SO	#8 Indiana Wesleyan	7.73	2/3
8	36	Katelynn DIX	SO	#5 Cornerstone (Mic	7.78	2/2
9	40	Niobe HIOLDER	FR	#1 Indiana Tech	{4} 7.80	12/2
10	41	Armoney CLAY	FR	#2 Marian (Ind.)	7.81	12/8
10	41	Maelie HOPE	FR	#9 Aquinas (Mich.)	7.81	2/2

Women's 60 Meter Hurdles

1	3	Kiya POGUE	JR	#1 Indiana Tech	8.42	12/1
2	10	Katlyn JONES	SR	#1 Indiana Tech	{2} 8.62	2/3
3	14	Faith JACKSON	SR	#13 Siena Heights (M	8.77	1/19
4	15	Ally HAWK	SO	#8 Indiana Wesleyan	8.80	2/3
5	27	Patience SAKEUH	JR	#4 Taylor (Ind.)	8.96	1/27
6	29	Natalea HILLEN	SR	#14 Point Park (Pa.)	8.97	1/20
6	29	Rylin BAGARUS	SR	#7 Bethel (Ind.)	8.97	2/3
8	31	Makiyah ALLEN	SO	#17 Campbellsville (I	8.98	12/8
9	37	Linnearia RICHARDS	JR	#13 Siena Heights (M	{2} 9.05	2/2
10	43	Taniyah HINES	FR	#23 Midway (Ky.)	9.16	1/20

Women's 200 Meters

1	1	Soyinne GRENYION	SR	#1 Indiana Tech	23.80 OT	12/1
2	2	Jamaya WARTHEN	JR	#1 Indiana Tech	{2} 23.81 OT	2/3
3	8	Derica GIBSON	SR	#1 Indiana Tech	{3} 24.37c (24.74f)	12/2
4	9	Ny'tierra HOBBS	SR	#11 Madonna (Mich.)	24.38 OT	1/27
5	10	Charity JONES	JR	#11 Madonna (Mich.)	{2} 24.51 OT	12/2
6	24	Riley HERSHBERGER	SR	#7 Bethel (Ind.)	25.19 OT	12/1
7	32	Diamond RUSH	JR	#14 Point Park (Pa.)	25.42	2/3
8	36	Kiya POGUE	JR	#1 Indiana Tech	{4} 25.53c (25.92f)	12/8
9	40	Aaliyah FREDERICK	FR	#1 Indiana Tech	{5} 25.57c (25.96f)	12/8
10	41	Junae BENNETT	JR	#1 Indiana Tech	{6} 25.58 OT	2/3

Women's 400 Meters

1	2	Soyinne GRENYION	SR	#1 Indiana Tech	54.50 OT	12/1
2	5	Charity JONES	JR	#11 Madonna (Mich.)	55.90 OT	1/27
3	8	Jo'Deci IRBY	SR	#1 Indiana Tech	{2} 56.46 OT	12/1
4	11	Junae BENNETT	JR	#1 Indiana Tech	{3} 56.77 OT	2/3
5	14	Kayla MOODY	SR	#1 Indiana Tech	{4} 56.91 OT	1/26
6	18	Ronnie MCMILLAN	JR	#9 Aquinas (Mich.)	57.30 OT	1/26
7	26	Hanna REUTER	SO	#2 Marian (Ind.)	57.92c (58.68f)	12/8
8	29	Sarah GENZINK	JR	#5 Cornerstone (Mic	58.21 OT	1/20
9	31	Ashley HALL	JR	#4 Taylor (Ind.)	58.30c (59.07f)	2/3
10	37	Claire LANGE		#2 Marian (Ind.)	{2} 58.59c (59.36f)	2/3

Women's 600 Meters

1	2	Lisa VOYLES	SR	#1 Indiana Tech	1:32.35c (1:33.48f)	12/8
2	6	Claire LANGE		#2 Marian (Ind.)	1:34.76	1/27
3	7	Jo'Deci IRBY	SR	#1 Indiana Tech	{2} 1:35.32c (1:36.48f)	12/8
4	11	Ronnie MCMILLAN	JR	#9 Aquinas (Mich.)	1:36.09	2/2
5	19	Taylor THOMAS	SR	#2 Marian (Ind.)	{2} 1:37.46c (1:38.65f)	2/3
6	22	Lyssi SNOUFFER	SO	#16 Mount Vernon N	1:38.24c (1:39.44f)	2/3
7	26	Hanna REUTER	SO	#2 Marian (Ind.)	{3} 1:38.45	1/27
8	28	Emily JOHNSON	JR	#4 Taylor (Ind.)	1:38.62c (1:39.82f)	2/3
9	34	Victoria YOUNG	SO	#17 Campbellsville (I	1:39.52 OT	1/13
10	44	Jayden ROACH	JR	Rio Grande (Ohic	1:40.20c (1:41.42f)	2/3

Women's 800 Meters

1	3	Tara FRIESEN	SR	#10 Grace (Ind.)	2:15.72 OT	1/26
2	7	Lauren WOOR	SO	#9 Aquinas (Mich.)	2:16.62 OT	1/26
3	9	Anna HULSTEDT	SR	#10 Grace (Ind.)	{2} 2:17.41 OT	1/26
4	13	Abigail MAYS		#4 Taylor (Ind.)	2:18.49	1/20
5	15	Annika ALDERFER FISHER	SR	#15 Goshen (Ind.)	2:18.63 OT	12/1
6	16	Jacqueline ALBO	SR	Lawrence Tech (I	2:18.70 OT	1/20
7	19	Kori BAUMANN	JR	#5 Cornerstone (Mic	2:19.75 OT	1/26
8	23	Elizabeth LUCASON	SO	#3 Cumberland (K)	2:20.39	2/2
9	33	Kylie SAUDER	SR	#10 Grace (Ind.)	{3} 2:21.18c (2:22.80f)	2/3
10	42	Savannah HOSSFELD	SO	#3 Cumberland (K)	{2} 2:21.91	1/27

Women's 1000 Meters

1	1	Lisa VOYLES	SR	#1 Indiana Tech	2:50.67	1/19
2	5	Abigail MAYS		#4 Taylor (Ind.)	2:57.36c (2:59.29f)	2/3
3	8	Allison PLASSIO	SR	#14 Point Park (Pa.)	2:59.58	2/3
4	12	Alex EBETINO	SR	#12 Saint Francis (In	3:00.65c (3:02.62f)	1/13
5	17	Krista BOESE	SR	#1 Indiana Tech	{2} 3:01.57	1/19
6	20	Elizabeth LUCASON	SO	#3 Cumberland (K)	3:01.76	1/19
7	21	Ellyn COE	JR	#16 Mount Vernon N	3:02.08c (3:04.06f)	1/27
8	22	Kylie SAUDER	SR	#10 Grace (Ind.)	3:02.17	1/19
9	23	Katie WOODS	SO	#2 Marian (Ind.)	3:02.36c (3:04.35f)	2/3
10	26	Emily TEDDER	JR	#6 Huntington (Ind.	3:02.84 OT	1/27

Women's Mile

1	1	Lisa VOYLES	SR	#1 Indiana Tech	4:50.44 OT	1/26
2	5	Noel VANDERWALL	SO	#4 Taylor (Ind.)	5:03.92	1/20
3	6	Kylie SAUDER	SR	#10 Grace (Ind.)	5:04.41c (5:07.42f)	2/3
4	7	Annika ALDERFER FISHER	SR	#15 Goshen (Ind.)	5:04.45 OT	1/26
5	8	Krista BOESE	SR	#1 Indiana Tech	{2} 5:04.76 OT	1/26
6	10	Elizabeth LUCASON	SO	#3 Cumberland (K)	5:05.49	1/19
7	15	Alex EBETINO	SR	#12 Saint Francis (In	5:06.71c (5:09.74f)	1/20
8	17	Malarie PINWAR	SO	#6 Huntington (Ind.	5:07.57 OT	1/27
9	20	Elizabeth BARRETT	SO	#8 Indiana Wesleyan	5:08.28c (5:11.33f)	1/20
10	22	Audrey BRINKRUFF	JR	#4 Taylor (Ind.)	{2} 5:09.01	1/27



Regional TFRI Event Summary



Great Lakes

as of 2/5/2024 6:57:28 AM ET

Women's 3000 Meters

1	3	Lisa VOYLES	SR	#1 Indiana Tech	9:46.70 OT	12/1
2	4	Alex EBETINO	SR	#12 Saint Francis (Ind.)	9:50.80c (9:55.86f)	12/2
3	6	Noel VANDERWALL	SO	#4 Taylor (Ind.)	9:53.43c (9:58.51f)	2/3
4	8	Anna MARTIN	SO	#6 Huntington (Ind.)	9:55.36 OT	12/8
5	10	Alina BOSHCHUK	FR	#3 Cumberlands (Ky.)	9:56.15	1/19
6	13	Audrey BRINKRUFF	JR	#4 Taylor (Ind.)	{2} 10:06.27	1/20
7	14	Elizabeth BARRETT	SO	#8 Indiana Wesleyan	10:06.40c (10:11.59f)	2/3
8	17	Mollie GAMBLE	JR	#4 Taylor (Ind.)	{3} 10:09.18	1/20
9	21	Elizabeth LUCASON	SO	#3 Cumberlands (Ky.)	{2} 10:11.57	1/27
10	23	Mercy CHEBET	JR	#15 Goshen (Ind.)	10:12.60c (10:17.85f)	2/3

Women's 5000 Meters

1	1	Alina BOSHCHUK	FR	#3 Cumberlands (Ky.)	16:58.76 OT	12/8
2	3	Alex EBETINO	SR	#12 Saint Francis (Ind.)	17:10.48 OT	12/8
3	8	Haley NIEUWKOOP	SR	#5 Cornerstone (Mich.)	17:28.17 OT	12/8
4	11	Elke WIJLMANS	JR	#3 Cumberlands (Ky.)	{2} 17:35.70	2/2
5	14	Mollie GAMBLE	JR	#4 Taylor (Ind.)	17:37.75c (17:45.85f)	2/3
6	19	Elizabeth BARRETT	SO	#8 Indiana Wesleyan	17:42.34 OT	1/26
7	20	Audrey BRINKRUFF	JR	#4 Taylor (Ind.)	{2} 17:43.88c (17:52.02f)	2/3
8	25	Kirsten GEARY	SO	#24 Georgetown (Ky.)	17:51.26c (17:59.46f)	2/2
9	27	Heather DURRANT	FR	#3 Cumberlands (Ky.)	{3} 17:54.47 OT	12/8
10	42	Elizabeth LUCASON	SO	#3 Cumberlands (Ky.)	{4} 18:12.48 OT	12/8

Women's 3000m Race Walk

1	1	Heather DURRANT	FR	#3 Cumberlands (Ky.)	13:15.14 f	1/13
2	3	Alexa GOVERNOR	FR	#3 Cumberlands (Ky.)	{2} 14:56.92 f	1/13
3	4	#Type!	FR	#3 Cumberlands (Ky.)	{3} 15:02.83 f	12/8
4	5	Hannah DURRANT	FR	#3 Cumberlands (Ky.)	{4} 15:21.17 f	12/8
5	8	Sophia LEE-HAUSER	JR	#14 Point Park (Pa.)	16:01.02	1/19
6	15	Korissa VANOVER	SR	#1 Indiana Tech	17:36.82	1/19
7	16	Maddie DOTLICH	JR	#19 IU Kokomo (Ind.)	17:40.85	1/19
8	18	Isabelle BLATZ	JR	#3 Cumberlands (Ky.)	{5} 18:54.02 f	12/8
9	19	Natalie BRAMMER	SO	#25 Shawnee State (Ind.)	19:03.45 f	12/8
10	20	Haley PRESLEY	JR	#18 Spring Arbor (Mich.)	19:13.03 f	12/8

Women's 4x400 Relay

1	5	Jo'Deci Irby, Junae Bennett, Jamaya Warthen, Olaide Olapade	#1 Indiana Tech	3:52.97c (3:56.06f)	12/8
2	7	Charity Jones, Nia Wood, Lauren Hamilton, Jessica Phillips	#11 Madonna (Mich.)	3:53.29 OT	12/8
3	11	Taylor Thomas, Claire Lange, Janae Bailey, Hanna Reuter	#2 Marian (Ind.)	3:56.01	1/27
4	15	Piper Clark, KaNiya Douglas, Jamila Garba, Victoria Young	#17 Campbellsville (Ind.)	3:57.63	1/27
5	18	Katelynn Dix, Madi Haid, Hallie Kooyer, Sarah Genzink	#5 Cornerstone (Mich.)	3:58.62	2/2
6	25	Dylaine Floyd, Kailyn Ely, Anna Vie, Ally Hawk	#8 Indiana Wesleyan	4:01.40 OT	1/26
7	34	Brianna Hooton, Riley Hershberger, Rylin Bagarus, Vladlena Klymova	#7 Bethel (Ind.)	4:06.00c (4:09.26f)	2/3
8	37	Natalea Hillen, Makayla Rice, Mya Greschner, Diamond Rush	#14 Point Park (Pa.)	4:07.00 OT	1/20
9	40	Ashley Burgess, Lyssi Snouffer, Loey Hallabrin, Elizabeth Potts	#16 Mount Vernon Nazarene	4:07.83c (4:11.12f)	1/27
10	44	Jocie Berry, Aveona Edwards, Bailey McCulloch, Linnearia Richards	#13 Siena Heights (Mich.)	4:09.79 OT	12/2



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Great Lakes

as of 2/5/2024 6:57:28 AM ET

Women's 4x800 Relay

1	5	Kiara Bahena, Victoria Clibon, Alex Ebetino, Mariah Maley	#12 Saint Francis (Ind.)	9:27.51c (9:34.05f)	2/3
2	7	Emily Johnson, Abigail Mays, Kaitlin Burden, Olivia Jeanette	#4 Taylor (Ind.)	9:30.08c (9:36.65f)	2/3
3	8	Mia Wellington, Mercy Chebet, Britney Ortega, Naomi Ross Richer	#15 Goshen (Ind.)	9:30.18c (9:36.75f)	2/3
4	9	Ashley Terry, Elizabeth Lucason, Ella Henage, Alina Boshchuk	#3 Cumberland (Ky.)	9:34.54c (9:41.16f)	1/13
5	15	Jacie Remtema, Jessica Jarski, Kori Baumann, Lauren VanderLaan	#5 Cornerstone (Mich.)	9:48.24	2/2
6	16	Cadence Schultz, Lauren Woer, Ella Koons, Kaitlyn Thomas	#9 Aquinas (Mich.)	9:53.28	2/2
7	18	Tame Baylis, Addison Grady, Morgan Welch, Cassandra Cross	#10 Grace (Ind.)	10:08.96c (10:15.98f)	2/3

Women's Distance Medley Relay

1	1	#Type!	#1 Indiana Tech	11:56.82 OT	2/3
2	4	#Type!	#10 Grace (Ind.)	12:08.67 OT	2/3
3	7	Abigail Mays, Ashley Hall, Emily Johnson, Noel VanderWall	#4 Taylor (Ind.)	12:12.98	1/27
4	11	Victoria Clibon, Mariah Maley, Kiara Bahena, Alex Ebetino	#12 Saint Francis (Ind.)	12:20.61	1/27
5	13	Malarie Pinwar, MacKenzie Brewer, Emily Tedder, Trysta Hilton	#6 Huntington (Ind.)	12:24.15c (12:32.12f)	2/3
6	20	Alexis Spitzey, Nia Wood, Lauren Hamilton, Elizabeth Dancey	#11 Madonna (Mich.)	12:53.88c (13:02.17f)	2/3
7	22	Rosie Barrett, Claire Lange, Nora Steele, Liz Loichinger	#2 Marian (Ind.)	13:00.36	1/27
8	26	Jynessa Larsen, Stephanie Dodd, Shelby Cade, Madyson Oudbier	#18 Spring Arbor (Mich.)	13:35.77c (13:44.51f)	2/3
9	34	Anna Enderle, Callie Crouse, Hannah Cussen, Emma Cougill	#7 Bethel (Ind.)	14:09.17c (14:18.26f)	1/26
10	35	Elizabeth Lavinder, Lexus Ralph, Lani Irwin, Rachel Puckett	#24 Georgetown (Ky.)	14:58.17c (15:07.79f)	2/2

Women's High Jump

1	4	Gina BUTZ	JR	#2 Marian (Ind.)	1.71m	5-7¼	12/8
2	5	Emma VALENTINE	SO	#13 Siena Heights (Mich.)	1.70m	5-7	2/2
2	5	Erica XAYARATH	SR	#6 Huntington (Ind.)	1.70m	5-7	12/2
4	8	Lyssi SNOUFFER	SO	#16 Mount Vernon Nazarene	1.68m	5-6	1/13
4	8	Brooke COFFMAN	FR	#2 Marian (Ind.)	{2} 1.68m	5-6	12/8
4	8	Josey REINEMAN	JR	#6 Huntington (Ind.)	{2} 1.68m	5-6	1/19
7	14	Kaylee DIAMOND	JR	#9 Aquinas (Mich.)	1.67m	5-5¾	12/8
8	15	Abi HUME	SR	#8 Indiana Wesleyan	1.65m	5-5	2/3
8	15	Mya HINES	FR	#3 Cumberland (Ky.)	1.65m	5-5	1/19
10	21	Cailyn HELMUTH	SR	#7 Bethel (Ind.)	1.64m	5-4½	12/8

Women's Pole Vault

1	1	Evelyn DOLCE	FR	#1 Indiana Tech	3.95m	12-11½	12/8
2	2	Gabrielle ZEILENGA	FR	#7 Bethel (Ind.)	3.80m	12-5½	12/1
3	4	Nevaeh BROWN	SR	#23 Midway (Ky.)	3.70m	12-1½	2/2
3	4	Tyler FUGATE	SR	#13 Siena Heights (Mich.)	3.70m	12-1½	1/19
3	4	Sophia SUMER	SO	#7 Bethel (Ind.)	{2} 3.70m	12-1½	12/1
6	7	Margherita CONRAD	SO	#13 Siena Heights (Mich.)	{2} 3.68m	12-¾	1/12
7	10	Grace CONWAY	JR	#7 Bethel (Ind.)	{3} 3.61m	11-10	1/20
7	10	Tatum TOWNSEND	SR	#5 Cornerstone (Mich.)	3.61m	11-10	1/20
9	12	Brooke HOLLOWAY	SO	#16 Mount Vernon Nazarene	3.57m	11-8½	2/3
10	17	Shaily BAYNES	JR	#9 Aquinas (Mich.)	3.55m	11-7¾	12/8

Women's Long Jump

1	5	Brooklyn SIMMONS	JR	#6 Huntington (Ind.)	5.88m	19-3½	1/13
2	6	Erica XAYARATH	SR	#6 Huntington (Ind.)	{2} 5.72m	18-9¼	1/27
3	7	Morgan VARGO	JR	#5 Cornerstone (Mich.)	5.70m	18-8½	12/8
4	8	Carlie TURNER	JR	#1 Indiana Tech	5.64m	18-6	2/3
5	10	Gabrielle ZEILENGA	FR	#7 Bethel (Ind.)	5.61m	18-5	12/8
6	15	Trishelle GANAWAY	SO	#1 Indiana Tech	{2} 5.55m	18-2½	12/8
7	18	Kaylee DIAMOND	JR	#9 Aquinas (Mich.)	5.53m	18-1¾	2/2
8	20	Emma ROEMER	FR	#14 Point Park (Pa.)	5.52m	18-1½	12/1
9	33	Nikki RAVELLI	SO	#22 Lindsey Wilson (Ky.)	5.45m	17-10¾	12/2
10	41	Hanna REUTER	SO	#2 Marian (Ind.)	5.41m	17-9	1/27

Women's Triple Jump

1	15	Blessing LAUDERMILCH	JR	#8 Indiana Wesleyan	11.49m	37-8½	1/26
2	20	Erica XAYARATH	SR	#6 Huntington (Ind.)	11.32m	37-1¾	1/19
3	24	Brooklyn SIMMONS	JR	#6 Huntington (Ind.)	{2} 11.31m	37-1¼	2/3
4	31	Trishelle GANAWAY	SO	#1 Indiana Tech	11.03m	36-2¼	12/8
5	38	DaKyra HOWARD	SO	Oakland City (Ind.)	10.95m	35-11¼	2/3
6	40	Kirsten SCHAPMAN	SR	Rochester (Mich.)	10.91m	35-9½	2/3
7	41	Makayla KEFFELER	SO	#8 Indiana Wesleyan	{2} 10.88m	35-8½	1/26
8	56	Shirmara ANDERSON	SO	#2 Marian (Ind.)	10.70m	35-1¼	12/2
9	58	Gabrielle ZEILENGA	FR	#7 Bethel (Ind.)	10.65m	34-11¼	2/3
10	61	Destiny BARNES		#22 Lindsey Wilson (Ky.)	10.62m	34-10¼	12/2



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Women's Shot Put

1	1	Princess KARA	SR	#8 Indiana Wesleyan	15.23m	49-11¾	1/26
2	5	Lena KORTE	JR	#20 Concordia (Mich.)	14.41m	47-3½	12/1
3	8	Arriana BENJAMIN	SR	#2 Marian (Ind.)	14.22m	46-8	2/3
4	9	Sydney DUNCAN	FR	#19 IU Kokomo (Ind.)	14.03m	46-½	1/26
5	14	Merideth DEVRIES	JR	#8 Indiana Wesleyan	13.46m	44-2	2/3
6	17	Alecia PARKER	JR	#7 Bethel (Ind.)	13.25m	43-5¾	1/26
7	27	Markalah BARNES	SR	#7 Bethel (Ind.)	12.85m	42-2	1/20
8	41	Bri NICHOLS	SO	#8 Indiana Wesleyan	12.53m	41-1½	2/3
9	42	Rebecca BELTRAN	SR	#9 Aquinas (Mich.)	12.51m	41-½	2/2
10	46	Mackenzie PARKER	SR	#10 Grace (Ind.)	12.40m	40-8¼	1/26

Women's Weight Throw

1	1	Arriana BENJAMIN	SR	#2 Marian (Ind.)	18.63m	61-1½	2/3
2	13	Claire MEACHAM	SO	#5 Cornerstone (Mich.)	17.11m	56-1¾	1/26
3	16	Maelie HOPE	FR	#9 Aquinas (Mich.)	16.74m	54-11¼	1/26
4	22	Deneara MBOUG	SO	#1 Indiana Tech	16.21m	53-2¼	12/2
5	27	Nhaydia WATSON	SO	#2 Marian (Ind.)	16.06m	52-8¼	2/3
6	32	Willow KENNEDA	SR	#15 Goshen (Ind.)	15.94m	52-3¾	12/1
7	34	Keeley HUGHES	SR	#2 Marian (Ind.)	15.61m	51-2¾	2/3
8	39	Tracey GOOCH	SO	#2 Marian (Ind.)	15.44m	50-8	1/27
9	42	Lena KORTE	JR	#20 Concordia (Mich.)	15.30m	50-2½	2/2
10	47	Sydney DUNCAN	FR	#19 IU Kokomo (Ind.)	15.07m	49-5½	2/3

Women's Pentathlon

1	3	Cailyn HELMUTH	SR	#7 Bethel (Ind.)	3,339		12/8
2	11	Katelynn DIX	SO	#5 Cornerstone (Mich.)	3,167 OT		12/2
3	18	Mya HINES	FR	#3 Cumberland (Ky.)	3,018		1/27
4	28	Trysta HILTON	SO	#6 Huntington (Ind.)	2,915		12/1
5	33	Nina MARINKOVIC	FR	#2 Marian (Ind.)	2,836		1/27
6	36	Gabrielle ZEILENGA	FR	#7 Bethel (Ind.)	2,770		12/8
7	45	Allison TEED	SO	#18 Spring Arbor (Mich.)	2,702 OT		1/27
8	54	Melissa SILER		#21 IU East (Ind.)	2,533		1/27
9	57	Anna BURK	FR	#5 Cornerstone (Mich.)	2,500 OT		12/2
10	59	Kenzie MEYER	FR	#5 Cornerstone (Mich.)	2,474 OT		12/2



Regional TFRI Event Summary



Midwest

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Women's 60 Meters

1	29	Neryah HEKL	FR	#2 Doane (Neb.)	7.71	1/27
2	33	Alyssa BUSKER	JR	#19 Trinity Christian	7.74	2/3
3	38	Eden CLIFTON	SO	#18 Graceland (Iowa)	7.79	12/2
4	46	Emerson COLINS	SO	#7 Saint Xavier (Ill.)	7.83	1/27
5	48	Lilly OSTERT	FR	#20 William Penn (Iowa)	7.84	1/27
6	50	Adrianna RODENCAL	SO	#1 Concordia (Neb.)	7.85	12/9
7	58	Kerrigan MYERS	JR	#11 Midland (Neb.)	7.88	1/20
7	58	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	7.88	1/26
9	65	Isabel BOTHWELL	JR	#2 Doane (Neb.) {2}	7.90	2/3
10	69	Tera MILLER	SR	#4 Olivet Nazarene {2}	7.91	12/2

Women's 60 Meter Hurdles

1	4	Kerrigan MYERS	JR	#11 Midland (Neb.)	8.49	12/9
2	6	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	8.50	12/8
3	7	Kerrigan MYERS	JR	#11 Midland (Neb.) {2}	8.56	12/2
4	8	Adrianna RODENCAL	SO	#1 Concordia (Neb.)	8.57	12/9
5	9	Kaitlyn MCCOLLY	JR	#8 Dickinson State	8.59	1/27
6	12	Nisa THOMAS	SR	#5 Hastings (Neb.)	8.68	2/3
7	24	Josie GARRETT	SO	#2 Doane (Neb.)	8.92	1/27
8	25	Liberty BAKER	FR	#24 York (Neb.)	8.93	2/3
9	26	Kaylah MCCALL	JR	#4 Olivet Nazarene {2}	8.95	2/2
10	34	Jaida ROWE	SO	#5 Hastings (Neb.) {2}	9.01	1/19

Women's 200 Meters

1	11	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	24.69c	(25.07f) 12/2
2	23	Tera MILLER	SR	#4 Olivet Nazarene {2}	25.17 OT	12/8
3	25	Alyssa BUSKER	JR	#19 Trinity Christian	25.25c	(25.64f) 2/3
4	29	Adrianna RODENCAL	SO	#1 Concordia (Neb.)	25.40c	(25.79f) 1/27
4	29	Gabbi BUTLER	SR	#12 St. Ambrose (Iowa)	25.40c	(25.79f) 12/9
6	37	Nisa THOMAS	SR	#5 Hastings (Neb.)	25.54c	(25.93f) 2/3
7	43	Allena ROWLAND	SO	#17 Clarke (Iowa)	25.63c	(26.02f) 12/9
8	44	Eden CLIFTON	SO	#18 Graceland (Iowa)	25.64	2/3
9	64	Kiara CARTER	JR	#4 Olivet Nazarene {3}	25.91	1/20
10	66	Molli THORNTON	FR	#15 Dakota State (S.I.)	25.93c	(26.33f) 12/9

Women's 400 Meters

1	3	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	54.70 OT	12/8
2	12	Jenna ESCH	JR	#1 Concordia (Neb.)	56.89c	(57.64f) 12/9
3	17	Gabbi BUTLER	SR	#12 St. Ambrose (Iowa)	57.00c	(57.75f) 1/27
4	19	Allena ROWLAND	SO	#17 Clarke (Iowa)	57.57c	(58.33f) 12/9
5	22	Tera MILLER	SR	#4 Olivet Nazarene {2}	57.69 OT	12/8
6	23	Kennedy KRAMER	JR	#10 Northwestern (Iowa)	57.81c	(58.57f) 12/9
7	24	Kat VOGT	SO	#2 Doane (Neb.)	57.85c	(58.61f) 2/3
8	28	Kiara CARTER	JR	#4 Olivet Nazarene {3}	58.14	1/20
9	30	Jewel OLSON	JR	#8 Dickinson State	58.22c	(58.99f) 2/3
10	35	Calli DAVIS	SR	#14 Mount Marty (S.I.)	58.52 OT	12/2

Women's 600 Meters

1	1	Hannah ANTKOVIK	JR	#4 Olivet Nazarene	1:30.85c	(1:31.96f) 1/26
2	5	Jenna ESCH	JR	#1 Concordia (Neb.)	1:33.52	2/3
3	8	Jordan KOEPKE	JR	#1 Concordia (Neb.) {2}	1:35.56c	(1:36.73f) 12/9
4	12	Shelby BUWALDA	SO	#3 Dordt (Iowa)	1:36.38	2/3
5	13	Gabbi BUTLER	SR	#12 St. Ambrose (Iowa)	1:36.66c	(1:37.84f) 12/9
6	16	Tianna BUMBACA-KUEHL	SR	#14 Mount Marty (S.I.)	1:37.15c	(1:38.34f) 12/9
7	17	Emilee HEYNEN	JR	#3 Dordt (Iowa) {2}	1:37.18 OT	12/2
8	18	Olivia MATHIS	SO	#7 Saint Xavier (Ill.)	1:37.33c	(1:38.52f) 1/27
9	22	Jolee MESZ	FR	#9 Morningside (Iowa)	1:38.24c	(1:39.44f) 2/3
10	27	Danie PARRIOTT	SO	#2 Doane (Neb.)	1:38.47c	(1:39.67f) 2/3

Women's 800 Meters

1	1	Veronica PINKERTON	SR	#5 Hastings (Neb.)	2:14.23cu	(2:16.44u) 1/26
2	4	Olivia MATHIS	SO	#7 Saint Xavier (Ill.)	2:15.95	1/19
3	6	Ana PINEDA	SR	#6 St. Francis (Ill.)	2:16.37	1/20
4	11	Alexandra CLARKE	JR	#7 Saint Xavier (Ill.) {2}	2:17.88	1/19
5	21	Jolee MESZ	FR	#9 Morningside (Iowa)	2:20.13 OT	1/27
6	24	Shelby BUWALDA	SO	#3 Dordt (Iowa)	2:20.45 OT	1/20
7	25	Jada KOERNER	FR	#3 Dordt (Iowa) {2}	2:20.49c	(2:22.11f) 2/3
8	26	Emilee HEYNEN	JR	#3 Dordt (Iowa) {3}	2:20.69 OT	12/9
9	27	Jenna ESCH	JR	#1 Concordia (Neb.)	2:20.70c	(2:22.32f) 1/19
10	31	Michelle SANCHEZ	SR	#9 Morningside (Iowa) {2}	2:20.90 OT	1/27

Women's 1000 Meters

1	2	Rylee HAECKER	SR	#1 Concordia (Neb.)	2:54.91c	(2:56.82f) 1/27
2	4	Ana PINEDA	SR	#6 St. Francis (Ill.)	2:56.98c	(2:58.91f) 1/27
3	7	Danie PARRIOTT	SO	#2 Doane (Neb.)	2:58.90c	(3:00.85f) 1/27
4	13	Courtney SPORRER	SO	#9 Morningside (Iowa)	3:01.06c	(3:03.03f) 1/19
5	15	Allison RAMSEY	SR	#6 St. Francis (Ill.) {2}	3:01.54c	(3:03.52f) 1/27
6	24	Lindsey ROTH	SO	#15 Dakota State (S.I.)	3:02.40c	(3:04.39f) 2/3
7	25	Alexandra CLARKE	JR	#7 Saint Xavier (Ill.)	3:02.53c	(3:04.52f) 1/27
8	28	Caitlin JACOBSMA	JR	#10 Northwestern (Iowa)	3:03.16c	(3:05.16f) 2/3
9	40	Rhaya KASCHINSKE	JR	#1 Concordia (Neb.) {2}	3:05.34c	(3:07.36f) 1/19
10	50	Dyannara FRANCO	FR	#6 St. Francis (Ill.) {3}	3:07.39c	(3:09.43f) 1/27

Women's Mile

1	4	Kylahn FREIBERG	SR	#1 Concordia (Neb.)	5:00.45c	(5:03.42f) 2/3
2	9	Rylee HAECKER	SR	#1 Concordia (Neb.) {2}	5:04.85	2/3
3	11	Courtney SPORRER	SO	#9 Morningside (Iowa)	5:05.81c	(5:08.83f) 2/3
4	28	Kristine HONOMICHL	SR	#3 Dordt (Iowa)	5:11.87	2/3
5	33	Alexia BIBAKIS	SR	#6 St. Francis (Ill.)	5:14.43c	(5:17.54f) 1/27
6	37	Tori GERBER	SR	#16 Viterbo (Wis.)	5:15.16c	(5:18.28f) 2/3
7	40	J'Lyn KNUTSON	JR	#13 Mount Mercy (Iowa)	5:16.05c	(5:19.17f) 1/20
8	44	Valerija CURIKOVA	FR	#15 Dakota State (S.I.)	5:16.92 OT	1/20
9	50	Lindsey ROTH	SO	#15 Dakota State (S.I.) {2}	5:17.39 OT	1/20
10	51	Hannah BEINTEMA	SO	#1 Concordia (Neb.) {3}	5:17.40c	(5:20.54f) 1/27



Regional TFRI Event Summary



Midwest

as of 2/5/2024 6:57:29 AM ET

Women's 3000 Meters

1	7	Jessica KAMPMAN	SR	#3 Dordt (Iowa)	9:54.31	2/3
2	15	Ana PINEDA	SR	#6 St. Francis (Ill.)	10:07.21	12/1
3	16	Allison RAMSEY	SR	#6 St. Francis (Ill.) {2}	10:07.26	12/1
4	18	Kylahn FREIBERG	SR	#1 Concordia (Neb.)	10:09.36c (10:14.58f)	2/3
5	30	Alexia BIBAKIS	SR	#6 St. Francis (Ill.) {3}	10:16.39	12/1
6	40	J'Lyn KNUTSON	JR	#13 Mount Mercy (Iowa)	10:20.22c (10:25.53f)	12/9
7	41	Julie MCINTYRE	SR	#1 Concordia (Neb.) {2}	10:20.98c (10:26.30f)	12/9
8	47	Courtney SPORRER	SO	#9 Morningside (Iowa)	10:23.37 OT	1/27
9	50	Valerija CURIKOVA	FR	#15 Dakota State (S.D.)	10:26.75 OT	1/27
10	53	Bailey WILK	SR	#6 St. Francis (Ill.) {4}	10:27.49	12/1

Women's 5000 Meters

1	4	Jessica KAMPMAN	SR	#3 Dordt (Iowa)	17:20.72 OT	12/2
2	6	Ana PINEDA	SR	#6 St. Francis (Ill.)	17:23.57 OT	12/8
3	10	Allison RAMSEY	SR	#6 St. Francis (Ill.) {2}	17:31.86 OT	12/8
4	12	Alexia BIBAKIS	SR	#6 St. Francis (Ill.) {3}	17:35.95 OT	12/8
5	18	Kylahn FREIBERG	SR	#1 Concordia (Neb.)	17:40.14c (17:48.25f)	1/19
6	22	Julie MCINTYRE	SR	#1 Concordia (Neb.) {2}	17:47.74c (17:55.91f)	2/3
7	29	Riley JO FORD	JR	#6 St. Francis (Ill.) {4}	17:59.29 OT	12/8
8	33	Bailey WILK	SR	#6 St. Francis (Ill.) {5}	18:03.90 OT	12/8
9	36	Olivia BUKOWSKI	SR	#6 St. Francis (Ill.) {6}	18:06.90 OT	12/8
10	46	Lucy BORKOWSKI	SR	#3 Dordt (Iowa) {2}	18:18.28	2/3

Women's 3000m Race Walk

1	12	Lauren DAWSON	SR	#1 Concordia (Neb.)	17:23.31 f	12/9
2	13	Abby HILL	SR	#13 Mount Mercy (Iowa)	17:27.03 f	1/27
3	14	Alanna RODRIGUEZ	SO	#7 Saint Xavier (Ill.)	17:30.80 f	12/9
4	17	Tristyn DIPENTINO	JR	#5 Hastings (Neb.)	17:47.09 f	1/19
5	21	Beth RODRIGUEZ	SR	Judson (Ill.)	19:40.06 f	1/26
6	22	Baylee EVARTS	JR	#5 Hastings (Neb.) {2}	20:03.50 f	12/9
7	25	Ava BRACKHAN	SO	#5 Hastings (Neb.) {3}	20:24.59 f	1/19
8	26	Carley DAVIS	SR	#5 Hastings (Neb.) {4}	20:29.21 f	1/19

Women's 4x400 Relay

1	6	Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke	#1 Concordia (Neb.)	3:53.06	2/3
2	8	Carsyn Burdine, Hannah Antkoviak, Tera Miller, Tori Orton	#4 Olivet Nazarene	3:53.61 OT	12/8
3	10	Rhys Maxey, Nisa Thomas, Myricle Moffett, Veronica Pinkerton	#5 Hastings (Neb.)	3:54.56cu (3:59.37u)	1/26
4	12	Tianna Bumbaca- Kuehl, Alexis Even, Josey Wahlstrom, Calli Davis	#14 Mount Marty (S.D.)	3:56.62 OT	1/27
5	13	Emma Blum, Savonne Sterk, Kennedy Kramer, Jasmine Lux	#10 Northwestern (Iowa)	3:56.89 OT	1/27
6	22	Emerson Colins, Olivia Mathis, Alexandra Clarke, Lana Musa	#7 Saint Xavier (Ill.)	3:59.62c (4:02.80f)	1/27
7	26	#Type!	#12 St. Ambrose (Iowa)	4:02.67c (4:05.89f)	1/27
8	27	Kat Vogt, Chaney Nelson, Kiley Hejtmanek, Lindsay Adams	#2 Doane (Neb.)	4:02.69c (4:05.91f)	2/3
9	28	Anna Herman, Ayda Den Herder, Emilee Heynen, Shelby Buwalda	#3 Dordt (Iowa)	4:02.72 OT	12/2
10	29	Allena Rowland, Samantha Fowler, Isabelle Matthews, Anyah Ranson	#17 Clarke (Iowa)	4:03.65c (4:06.88f)	12/9



Regional TFRI Event Summary



Midwest

as of 2/5/2024 6:57:29 AM ET

Women's 4x800 Relay

1	1	Jenna Esch, Kylahn Freiberg, Julie McIntyre, Rylee Haecker	#1 Concordia (Neb.)	9:08.93c (9:15.26f)	1/19
2	2	Courtney Sporrer, Michelle Sanchez, Emily Chicoine, Jolee Mesz	#9 Morningside (Iov)	9:23.24c (9:29.73f)	1/19
3	6	Bailey Wilk, Dyannara Franco, Allison Ramsey, Ana Pineda	#6 St. Francis (Ill.)	9:28.93c (9:35.49f)	1/27
4	12	Shelby Buwalda, Sadie Feucht, Jaci Burtis, Katlyn Wiese	#3 Dordt (Iowa)	9:42.31 OT	1/27
5	13	#Type!	#7 Saint Xavier (Ill.)	9:45.76	2/2
6	14	Caitlin Jacobsma, Savonne Sterk, Lili Nelson, Brielle Engelmann	#10 Northwestern (Ic)	9:46.02 OT	1/27
7	17	Kayla Overton, J'Lyn Knutson, Abby Knepper, Ruth Jennings	#13 Mount Mercy (Iov)	10:02.48c (10:09.42f)	1/27
8	20	#Type!	#4 Olivet Nazarene	10:11.29	2/2
9	23	Faith Neeley, Kalin Rotzoll, Avery O'Rourke, Liberty Leis	#21 Grand View (Iow)	10:17.34c (10:24.45f)	1/27
10	24	Cecilia Velarde, Grace Dow, Whitney Cure, Cynthia Chaparro Belloc	#5 Hastings (Neb.)	10:33.30c (10:40.60f)	1/19

Women's Distance Medley Relay

1	5	Rylee Haecker, Isabelle Salters, Jenna Esch, Julie McIntyre	#1 Concordia (Neb.)	12:11.86c (12:19.70f)	1/27
2	10	Taylor Sporrer, Emily Chicoine, Jolee Mesz, Courtney Sporrer	#9 Morningside (Iov)	12:15.65 OT	1/27
3	17	Lindsey Roth, Raylee Wallis, Anna Schneider, Valerija Curikova	#15 Dakota State (S.I)	12:39.08 OT	1/27
4	21	Alexandra Clarke, Kristen Booker, Olivia Mathis, Daniella Nino	#7 Saint Xavier (Ill.)	12:55.87	12/1
5	29	Briana Admire, Roselaure Fuller, Charlotte Hele, Elizabeth Hele	#20 William Penn (Iov)	13:41.65c (13:50.45f)	1/27

Women's High Jump

1	1	Adarra HAGLUND	SO	#8 Dickinson State (I)	1.75m 5-8¾	1/27
2	8	Zoey WALKER	FR	#1 Concordia (Neb.)	1.68m 5-6	12/9
3	15	Josie GARRETT	SO	#2 Doane (Neb.)	1.65m 5-5	1/27
3	15	Aubrey DEGROOT	FR	#10 Northwestern (Ic)	1.65m 5-5	1/19
3	15	Sidney GILLILAND	JR	#18 Graceland (Iowa)	1.65m 5-5	12/2
6	23	Kaitlyn MCCOLLY	JR	#8 Dickinson State {2}	1.63m 5-4¼	2/3
7	25	Zailee POULSON	JR	#5 Hastings (Neb.)	1.62m 5-3¾	1/26
8	28	Jastiny JACKSON	JR	#2 Doane (Neb.) {2}	1.60m 5-3	2/3
8	28	Addie REIMER	FR	#1 Concordia (Neb.) {2}	1.60m 5-3	2/3
8	28	Andrea SUCHA	SO	#14 Mount Marty (S.I)	1.60m 5-3	12/9
8	28	Sarah THEILER	SR	#2 Doane (Neb.) {2}	1.60m 5-3	1/6
8	28	Amanda STEINKE	SO	#1 Concordia (Neb.) {2}	1.60m 5-3	2/3
8	28	Krista HARDY	SO	#11 Midland (Neb.)	1.60m 5-3	12/9
8	28	Jacie VANDER WAAL	JR	#10 Northwestern (Ic) {2}	1.60m 5-3	1/19

Women's Pole Vault

1	3	Kaylee PRIBYL	FR	#2 Doane (Neb.)	3.77m 12-4½	1/19
2	8	Emma JOHNSON	JR	#16 Viterbo (Wis.)	3.66m 12-0	12/2
3	9	Madison WAHL	JR	#8 Dickinson State (I)	3.65m 11-11¾	1/27
4	12	Kennedy STANLEY	SO	#2 Doane (Neb.) {2}	3.57m 11-8½	12/9
4	12	Amira CUMMINGS	SR	#1 Concordia (Neb.)	3.57m 11-8½	12/9
4	12	Josie PUELZ	SR	#1 Concordia (Neb.)	3.57m 11-8½	12/9
4	12	Sydney REICHERT	SR	#1 Concordia (Neb.)	3.57m 11-8½	12/9
8	17	Megan FRANK	FR	#22 Jamestown (N.D)	3.55m 11-7¾	2/3
9	23	Ryleigh WARDEN	SO	#12 St. Ambrose (Iow)	3.47m 11-4½	2/2
9	23	Erin BOGGS	JR	#1 Concordia (Neb.) {4}	3.47m 11-4½	1/27

Women's Long Jump

1	4	Hayley MILES	SO	#1 Concordia (Neb.)	5.90m 19-4¼	12/9
2	16	Kerrigan MYERS	JR	#11 Midland (Neb.)	5.54m 18-2¼	12/9
2	16	Faith MEASEL	SR	#3 Dordt (Iowa)	5.54m 18-2¼	12/2
4	24	Kaitlyn MCCOLLY	JR	#8 Dickinson State (I)	5.50m 18-½	2/3
4	24	Ayda DEN HERDER	SO	#3 Dordt (Iowa) {2}	5.50m 18-½	2/3
6	28	Charlee OLSON	FR	#10 Northwestern (Ic)	5.48m 17-11¾	2/3
7	31	Lindsay ADAMS	JR	#2 Doane (Neb.)	5.47m 17-11½	1/27
8	33	Lillia CHVATAL	FR	#16 Viterbo (Wis.)	5.45m 17-10¾	2/3
9	37	Hailey PERRINE	SO	#4 Olivet Nazarene	5.43m 17-9¾	2/2
10	39	Annemarie KORNER	FR	#17 Clarke (Iowa)	5.42m 17-9½	12/9

Women's Triple Jump

1	4	Josie GARRETT	SO	#2 Doane (Neb.)	12.10m 39-8½	2/3
2	12	Jolene MANTOAN	SR	#4 Olivet Nazarene	11.55m 37-10¾	12/2
3	13	Rosalyn ROGGASCH	SO	#2 Doane (Neb.) {2}	11.52m 37-9½	1/27
4	16	Josi NOBLE	SO	#1 Concordia (Neb.)	11.45m 37-6¾	1/19
5	19	Lindsay ADAMS	JR	#2 Doane (Neb.) {3}	11.37m 37-3¾	2/3
6	20	Hayley MILES	SO	#1 Concordia (Neb.) {2}	11.32m 37-1¾	12/9
7	29	Kyla DAVIS	SO	#2 Doane (Neb.) {4}	11.16m 36-7½	2/3
8	34	JaeLynne KOSMOS	FR	#1 Concordia (Neb.) {3}	11.00m 36-1¼	2/3
9	35	Isabel SAYLER	SR	Briar Cliff (Iowa)	10.98m 36-¼	1/19
10	39	Brooklyn JOHNSON	SO	#13 Mount Mercy (Iov)	10.93m 35-10½	2/3



Regional TFRI Event Summary



Midwest

as of 2/5/2024 6:57:29 AM ET

Women's Shot Put

1	3	Abby MAGNUSON	SR	#23 Dakota Wesleyan	14.97m	49-1½	2/3
2	4	Kori NAGEL	JR	#8 Dickinson State	14.82m	48-7½	1/20
3	7	Annah MILLER	SR	#12 St. Ambrose (Iowa)	14.35m	47-1	1/20
4	10	Claire CASPERSEN	JR	#25 College of Saint Joseph	13.99m	45-10¾	12/9
5	11	Abigail GERBER	SR	#1 Concordia (Neb.)	13.94m	45-9	12/9
6	12	Kiara ANDERSON	SR	#5 Hastings (Neb.)	13.57m	44-6¼	12/8
7	13	Ava CONRAD	JR	#13 Mount Mercy (Iowa)	13.55m	44-5½	2/3
8	15	Maggie HEESCH	SO	#11 Midland (Neb.)	13.36m	43-10	2/3
9	16	Bre NAIL	SR	#13 Mount Mercy (Iowa)	13.26m	43-6	1/27
10	19	Hope WAGNER	SR	Briar Cliff (Iowa)	13.14m	43-1½	12/9

Women's Weight Throw

1	2	Kiara ANDERSON	SR	#5 Hastings (Neb.)	18.48m	60-7¾	2/3
2	3	Precious AGUAGYO	JR	#7 Saint Xavier (Ill.)	18.03m	59-2	12/9
3	4	Abi WOHLGEMUTH	JR	#1 Concordia (Neb.)	17.94m	58-10¼	12/9
4	5	Kori NAGEL	JR	#8 Dickinson State	17.82m	58-5¾	1/20
5	6	Madison GREEN	JR	#21 Grand View (Iowa)	17.73m	58-2	2/3
6	7	Macy FULLER	SR	#2 Doane (Neb.)	17.61m	57-9½	1/27
7	8	Kayla MIKOTTIS	SR	#4 Olivet Nazarene	17.39m	57-¾	12/2
8	14	Maggie HEESCH	SO	#11 Midland (Neb.)	17.08m	56-½	1/20
9	15	Asia TYLER	JR	#5 Hastings (Neb.)	{2} 16.78m	55-¾	1/26
10	17	Mia KNIGGE	SO	#2 Doane (Neb.)	{2} 16.71m	54-10	1/6

Women's Pentathlon

1	1	Kaitlyn MCCOLLY	JR	#8 Dickinson State	3,755	2/3
2	8	Kerrigan MYERS	JR	#11 Midland (Neb.)	3,254	12/9
3	10	Josi NOBLE	SO	#1 Concordia (Neb.)	3,200	1/27
4	12	Zoey WALKER	FR	#1 Concordia (Neb.)	{2} 3,164	1/27
5	14	Lana MUSA	SR	#7 Saint Xavier (Ill.)	3,139	1/27
6	16	Annemarie KORNER	FR	#17 Clarke (Iowa)	3,059	12/9
7	17	Amanda STEINKE	SO	#1 Concordia (Neb.)	{3} 3,024	12/9
8	19	Chaney NELSON	FR	#2 Doane (Neb.)	3,012	12/3
9	20	Faith ESPINOSA	JR	#1 Concordia (Neb.)	{4} 2,997	1/27
10	22	Elena BATENHORST	JR	#1 Concordia (Neb.)	{5} 2,964	1/27



Regional TFRI Event Summary



South

as of 2/5/2024 6:57:29 AM ET

Women's 60 Meters

1	1	Praise IDAMADUDU	JR	#5	Cumberland (Tei	7.39	1/19
2	2	Joy ABU	SR	#1	William Carey (M	7.43	12/1
3	4	Printassia JOHNSON	SR	#4	Life (Ga.)	7.47	2/4
4	6	Nicole JOHNSON	SR	#13	Warner (Fla.)	7.54	1/13
4	6	Machaeda LINTON	SO	#1	William Carey (M{2}	7.54	12/1
6	10	Fredricka MCKENZIE	SR	#1	William Carey (M{3}	7.57	12/1
7	11	Tyese SMITH	SO	#1	William Carey (M{4}	7.59	12/1
7	11	Emma JOHNSON	SR	#12	Columbia Intern:	7.59	1/27
9	14	Ta'nijal MATTHEWS		#14	Dillard (La.)	7.61	(1.1) 12/1
10	15	Salieci MYLES	JR	#1	William Carey (M{5}	7.62	1/20

Women's 60 Meter Hurdles

1	1	Salieci MYLES	JR	#1	William Carey (M	8.32	2/3
2	2	Joy ABU	SR	#1	William Carey (M{2}	8.41	2/3
3	11	Doris MENSAH	SO	#5	Cumberland (Tei	8.65	2/4
4	13	Emma JOHNSON	SR	#12	Columbia Intern:	8.72	1/27
5	15	Irmiris MENDEZ	JR	#2	Southeastern (Fl	8.80	(0.1) 12/2
5	15	Kyla COLEMAN	SO	#9	Xavier (La.)	8.80	(1.1) 12/1
7	19	An'Janae LATCHINSON	SO	#1	William Carey (M{3}	8.84	2/3
8	23	Daena DRYER	FR	#1	William Carey (M{4}	8.90	1/13
9	27	Ar'Briel SCOTT	FR	#2	Southeastern (Fl{2}	8.96	2/3
10	33	Jade HARRIS	SO	#9	Xavier (La.)	{2}9.00	(1.9) 1/12

Women's 200 Meters

1	2	Printassia JOHNSON	SR	#4	Life (Ga.)	23.81 OT	1/19
2	5	Praise IDAMADUDU	JR	#5	Cumberland (Tei	23.90 OT	1/19
3	6	Joy ABU	SR	#1	William Carey (M	24.24 OT	1/13
4	7	Kevell BYRD	JR	#14	Dillard (La.)	24.35	1/26
5	13	Kynneddy TURNER	JR	#9	Xavier (La.)	24.80 outw{p.3}	1/12
6	14	Salieci MYLES	JR	#1	William Carey (M{2}	24.82	12/1
6	14	Nicole JOHNSON	SR	#13	Warner (Fla.)	24.82 out (0.5)	12/8
8	16	Ifunanya MUOGHALU	SO	#5	Cumberland (Tei{2}	24.83	2/4
9	17	Irmiris MENDEZ	JR	#2	Southeastern (Fl	24.84c (25.22f) (1.6	12/2
10	18	Ta'nyia FLOWERS	SO	#14	Dillard (La.)	{2}25.01	1/26

Women's 400 Meters

1	1	Praise IDAMADUDU	JR	#5	Cumberland (Tei	54.29 OT	1/13
2	4	Joy ABU	SR	#1	William Carey (M	55.54	1/20
3	6	Kevell BYRD	JR	#14	Dillard (La.)	56.23 out	1/12
4	7	Ifunanya MUOGHALU	SO	#5	Cumberland (Tei{2}	56.44 OT	1/19
5	15	Maria SIMANCAS	SR	#1	William Carey (M{2}	56.93 OT	1/13
6	20	Samaya CAURTHENS	SO	#6	Keiser (Fla.)	57.62 out	12/8
7	32	Melissa GRIPACUS	SO	#6	Keiser (Fla.)	{2}58.32	2/3
8	33	Fedjine BELL	SO	#9	Xavier (La.)	58.49	12/1
9	34	Fegor CLIFFORD	JR	#1	William Carey (M{3}	58.51	1/20
10	36	Marie MARC	SR	#6	Keiser (Fla.)	{3}58.55	2/3

Women's 600 Meters

1	3	Maria SIMANCAS	SR	#1	William Carey (M	1:32.76 OT	1/13
2	8	Maria TIRADO	FR	#1	William Carey (M{2}	1:35.56	2/3
3	10	Melissa GRIPACUS	SO	#6	Keiser (Fla.)	1:35.85	2/3
4	14	Emeline DELAVILLE	FR	#4	Life (Ga.)	1:36.97	1/14
5	29	Marie MARC	SR	#6	Keiser (Fla.)	{2}1:38.65	2/3
6	32	Najah GIBSON	FR	#4	Life (Ga.)	{2}1:39.08	1/14
7	42	Emily STANDIFER	JR	#7	Montreat (N.C.)	1:40.00c (1:41.22f)	1/27
8	53	Megan CHRISTIAN	SR	#3	Milligan (Tenn.)	1:40.71c (1:41.94f)	12/3
9	62	Ezthia MAYCOCK	SO	#5	Cumberland (Tei	1:41.18 OT	1/13
10	67	Jillian BLASER	JR	#2	Southeastern (Fl	1:41.92	2/3

Women's 800 Meters

1	2	Emeline DELAVILLE	FR	#4	Life (Ga.)	2:15.40	2/4
2	5	Maria TIRADO	FR	#1	William Carey (M	2:16.24	1/20
3	10	Maria SIMANCAS	SR	#1	William Carey (M{2}	2:17.45	1/20
4	17	Ellen-Mary KEARNEY	SO	#3	Milligan (Tenn.)	2:18.72c (2:20.32f)	1/20
5	18	Sarah FOREMAN	SR	#2	Southeastern (Fl	2:19.50	2/3
6	29	Natalie ROHM	SO	#2	Southeastern (Fl{2}	2:20.83	2/3
7	38	Grace FEDER	JR	#2	Southeastern (Fl{3}	2:21.65	2/3
8	45	Kyja WILLIAMS	SO	#4	Life (Ga.)	{2}2:22.01	2/4
9	50	Kilia HASTY	JR	#7	Montreat (N.C.)	2:22.31	2/3
10	53	Brianna SHEPPARD	FR	#2	Southeastern (Fl{4}	2:22.65	2/3

Women's 1000 Meters

1	3	Ellen-Mary KEARNEY	SO	#3	Milligan (Tenn.)	2:56.57c (2:58.50f)	1/20
2	6	Maria TIRADO	FR	#1	William Carey (M	2:58.84 OT	1/13
3	9	Emeline DELAVILLE	FR	#4	Life (Ga.)	2:59.76	1/13
4	14	Caitlin DOMINY	SR	#3	Milligan (Tenn.)	{2}3:01.44c (3:03.42f)	1/20
5	27	Grace FEDER	JR	#2	Southeastern (Fl	3:02.85	2/3
6	31	Gracie ALLEN	SR	#3	Milligan (Tenn.)	{3}3:03.49c (3:05.49f)	1/20
7	38	Kilia HASTY	JR	#7	Montreat (N.C.)	3:05.26c (3:07.28f)	1/27
8	41	Maggie FRONING	JR	#11	SCAD Savannah	3:05.45	1/20
9	60	Hannah MITCHELL	FR	#1	William Carey (M{2}	3:08.71 OT	1/13
10	69	Hope KRELL	FR	#3	Milligan (Tenn.)	{4}3:09.84	11/28

Women's Mile

1	17	Sarah FOREMAN	SR	#2	Southeastern (Fl	5:07.57	2/3
2	19	Caitlin DOMINY	SR	#3	Milligan (Tenn.)	5:07.72c (5:10.76f)	1/20
3	26	Blanca CONESA	JR	#1	William Carey (M	5:11.20 OT	1/13
4	45	Grace FEDER	JR	#2	Southeastern (Fl{2}	5:17.07	1/27
5	46	Maria TIRADO	FR	#1	William Carey (M{2}	5:17.15 OT	1/13
6	53	Patricia BARRERA	SO	#3	Milligan (Tenn.)	{2}5:17.88c (5:21.03f)	1/20
7	56	Maggie FRONING	JR	#11	SCAD Savannah	5:18.23	1/13
8	64	Kilia HASTY	JR	#7	Montreat (N.C.)	5:19.05c (5:22.20f)	1/27
9	69	Mahaley CRONK	SR	#7	Montreat (N.C.)	{2}5:19.52c (5:22.68f)	12/2
10		Isabelle JOHNSON	SO	#3	Milligan (Tenn.)	{3}5:26.53c (5:29.76f)	12/3



Regional TFRI Event Summary



South

as of 2/5/2024 6:57:29 AM ET

Women's 3000 Meters

1	1	Caitlin DOMINY	SR	#3 Milligan (Tenn.)	9:40.48c (9:45.45f)	1/27
2	2	Ellen-Mary KEARNEY	SO	#3 Milligan (Tenn.) {2}	9:43.24c (9:48.24f)	1/27
3	20	Blanca CONESA	JR	#1 William Carey (M	10:09.45	2/3
4	28	Patricia BARRERA	SO	#3 Milligan (Tenn.) {3}	10:15.68c (10:20.95f)	1/27
5	42	Julia GRALKI	JR	#11 SCAD Savannah	10:21.21	1/13
6	44	Zanelle WILLEMSE	SR	#3 Milligan (Tenn.) {4}	10:22.41c (10:27.74f)	12/3
7	49	Sarah FOREMAN	SR	#2 Southeastern (Fl	10:25.80	1/20
8	54	Hannah BROWN	JR	#3 Milligan (Tenn.) {5}	10:27.63c (10:33.01f)	1/27
9	56	Gracie ALLEN	SR	#3 Milligan (Tenn.) {6}	10:28.77c (10:34.16f)	1/20
10	66	Edith MANFRED	FR	#11 SCAD Savannah {2}	10:31.28	1/13

Women's 5000 Meters

1	5	Ellen-Mary KEARNEY	SO	#3 Milligan (Tenn.)	17:22.57	11/28
2	7	Caitlin DOMINY	SR	#3 Milligan (Tenn.) {2}	17:25.29	11/28
3	21	Sarah FOREMAN	SR	#2 Southeastern (Fl	17:45.19 OT	12/8
4	26	Julia GRALKI	JR	#11 SCAD Savannah	17:51.98	2/2
5	37	Edith MANFRED	FR	#11 SCAD Savannah {2}	18:07.44	1/20
6	40	Hannah BROWN	JR	#3 Milligan (Tenn.) {3}	18:10.81	11/28
7	41	Patricia BARRERA	SO	#3 Milligan (Tenn.) {4}	18:12.05	11/28
8	43	Alex MIDGETT	SR	#11 SCAD Savannah {3}	18:13.74	1/20
9	44	Talia SULLIVAN	JR	#11 SCAD Savannah {4}	18:15.15	2/2
10	47	Zanelle WILLEMSE	SR	#3 Milligan (Tenn.) {5}	18:19.10	11/28

Women's 3000m Race Walk

1	2	Ashlyn POULIN	FR	#2 Southeastern (Fl	14:37.68	2/3
2	10	Ainhua COLINO	SO	#8 Columbia (S.C.)	16:46.85 f	1/21
3	27	Marlee IRVIN	SO	#2 Southeastern (Fl	21:03.79	2/3
4	28	Mina SHULL	SO	#8 Columbia (S.C.) {2}	21:06.84 f	1/21
5	30	Adelena IGNOFFO	FR	#19 Brewton-Parker	22:54.32	2/3
6	32	Addison MARTIN	FR	#8 Columbia (S.C.) {3}	23:48.67 f	1/21
7	33	Carly FUEL	FR	#8 Columbia (S.C.) {4}	24:05.78 f	1/21

Women's 4x400 Relay

1	1	Joy Abu, Fegor Clifford, Jennifer Ezeoha, Maria Simancas	#1 William Carey (M	3:45.80	2/3
2	3	Ezthia Maycock, Ifunanya Muoghalu, Doris Mensah, Praise Idamadudu	#5 Cumberland (Tei	3:51.71 OT	1/19
3	4	#Type!	#4 Life (Ga.)	3:51.98	2/4
4	14	#Type!	#14 Dillard (La.)	3:57.21 out	1/12
5	17	#Type!	#9 Xavier (La.)	3:58.30	1/26
6	19	Ar'Briel Scott, Irmiris Mendez, Chelsea Martino, Oluwafikayom Lawrence	#2 Southeastern (Fl	3:58.77	1/27
7	46	Emma Barnes, Emily Standifer, Kaylene Manternach, Yessenia Castellanos	#7 Montreat (N.C.)	4:11.35c (4:14.68f)	1/27
8	50	Shanice Fleurimond, Daniela Logrono, Jasheena Owens, Melissa Gripacus	#6 Keiser (Fla.)	4:14.23	2/3
9	57	Dhenecia Pinnock, Dhaenia Pinnock, Lamoy Duffus, Jewel Cross	#24 Talladega (Ala.)	4:16.51cu (4:21.77u)	1/27
10	60	Camille Barron, Yamina Numan, Ahlia Sandifer, Wislande Pierre-Louis	#22 St. Thomas (Fla.)	4:17.11	1/27

Women's 4x800 Relay

1	21	Yessenia Castellanos, Kilia Hasty, Natalia Nieto, Mahaley Cronk	#7 Montreat (N.C.)	10:12.00c (10:19.05f)	1/13
2	26	#Type!	#10 Loyola (La.)	11:11.98 out	1/12
3	27	Mikhailah Hayes, Madi McMahan, Blanco Choque Gladys, Akin Averie	#15 Brenau (Ga.)	11:20.93c (11:28.78f)	12/3



Regional TFRI Event Summary



South

as of 2/5/2024 6:57:29 AM ET

Women's Distance Medley Relay

1	9	Patricia Barrera, Hope Krell, Ellen-Mary Kearney, Caitlin Dominy	#3 Milligan (Tenn.)	12:13.92c(12:21.78f)	1/27
2	12	Grace Feder, Irmiris Mendez, Jillian Blaser, Sarah Foreman	#2 Southeastern (Fl)	12:20.83	1/27
3	28	Maggie Froning, Erin Landis, Carlotta Walser, Valentina Garcia	#11 SCAD Savannah (Ga.)	13:40.44	2/2
4	32	Ameerah King, Addison Martin, Carly Fuel, Jennyfer Viguera	#8 Columbia (S.C.)	14:03.14c(14:12.18f)	12/9
5	36	Nolwenn Blain, Chazmere Anderson, Ashley Bowden, Anna Brown	#20 Point (Ga.)	15:02.42	1/14

Women's High Jump

1	28	Aiana COLAS	SO #6 Keiser (Fla.)	1.60m	5-3	12/8
1	28	Daena DRYER	FR #1 William Carey (M)	1.60m	5-3	2/3
1	28	Kaitlyn BECNEL	SR #10 Loyola (La.)	1.60m	5-3	1/21
1	28	Paige MANNEY	JR #16 Tennessee Wesle	1.60m	5-3	2/1
1	28	Loeja HIBBERT	FR #9 Xavier (La.)	1.60m	5-3	12/1
6	53	Chandler BINKLEY	FR #11 SCAD Savannah (Ga.)	1.56m	5-1 1/4	2/2
7	61	Lauryn MARTIN	#9 Xavier (La.)	{2} 1.55m	5-1	12/1
8		Macy HINKLE	FR #3 Milligan (Tenn.)	1.48m	4-10 1/4	11/28
9		Anaya FINDLAY	FR #13 Warner (Fla.)	1.47m	4-9 3/4	2/3
9		Emma BARNES	SO #7 Montreat (N.C.)	1.47m	4-9 3/4	1/13

Women's Pole Vault

1	17	Megan JUDGE	JR #4 Life (Ga.)	3.55m	11-7 3/4	1/14
2	55	Cameron KELPERIS	FR #4 Life (Ga.)	{2} 3.10m	10-2	1/14
2	55	Aubrey SELLERS	FR #2 Southeastern (Fl)	3.10m	10-2	1/27
4		Sophia BOU	FR #2 Southeastern (Fl){2}	2.50m	8-2 1/2	1/27
5		Kamryn CHAMBLISS	SO #15 Brenau (Ga.)	2.45m	8- 1/2	1/27
6		Emma PELFREY	SO #18 Reinhardt (Ga.)	2.30m	7-6 1/2	1/27
6		Cassidi JONES	SR #15 Brenau (Ga.)	{2} 2.30m	7-6 1/2	1/27
8		Amari GRAHAM	JR #2 Southeastern (Fl){3}	2.20m	7-2 1/2	2/3
9		Jillian BLASER	JR #2 Southeastern (Fl){4}	1.45m	4-9	12/8

Women's Long Jump

1	1	Machaeda LINTON	SO #1 William Carey (M)	5.99m	19-8	1/13
2	2	Jordyn MINOR	FR #10 Loyola (La.)	5.92m	19-5 1/4 (1.2)	1/12
3	3	Blessing SAMUEL	SO #5 Cumberland (Te)	5.91m	19-4 3/4	1/19
4	18	Loeja HIBBERT	FR #9 Xavier (La.)	5.53m	18-1 3/4 (1.2)	12/1
5	20	Eleanor SHERMAN	FR #10 Loyola (La.)	{2} 5.52m	18-1 1/2 (1.2)	12/1
6	24	Tyeese SMITH	SO #1 William Carey (M){2}	5.50m	18- 1/2	2/3
7	31	Trinity GREGORY	SO #12 Columbia Intern	5.47m		12/2
8	33	Jessica GAKERI	JR #7 Montreat (N.C.)	5.45m	17-10 3/4	1/13
9	37	Fegor CLIFFORD	JR #1 William Carey (M){3}	5.43m	17-9 3/4	1/20
10	71	Daena DRYER	FR #1 William Carey (M){4}	5.24m	17-2 1/4	2/3

Women's Triple Jump

1	1	Machaeda LINTON	SO #1 William Carey (M)	12.71m	41-8 1/2	1/13
2	3	Fegor CLIFFORD	JR #1 William Carey (M){2}	12.34m	40-6	2/3
3	6	Selena JOHNSON	SR #13 Warner (Fla.)	11.88m	38-11 3/4	2/3
4	7	Jah'lia EVANS	JR #17 Voorhees (S.C.)	11.83m	38-9 3/4	2/4
5	9	Mackenzie PRINGLE	FR #8 Columbia (S.C.)	11.82m	38-9 1/2	2/2
6	11	Paige MANNEY	JR #16 Tennessee Wesle	11.60m	38- 3/4	2/1
7	16	Daena DRYER	FR #1 William Carey (M){3}	11.45m	37-6 3/4	12/1
8	20	Blessing SAMUEL	SO #5 Cumberland (Te)	11.32m	37-1 3/4	2/4
9	25	Jayda LOWE	JR #17 Voorhees (S.C.)	{2} 11.29m	37- 1/2	1/19
10	27	Zaniyah WILSON	SO #1 William Carey (M){4}	11.24m	36-10 1/2	1/13

Women's Shot Put

1	6	Daveina WATSON	JR #5 Cumberland (Te)	14.38m	47-2 1/4	1/19
2	20	Julia SCHARNELL	FR #6 Keiser (Fla.)	13.08m	42-11	2/3
3	31	Kloey PICKENS	JR #12 Columbia Intern	12.75m	41-10	1/27
4	35	Bryana BAZILE	SR #10 Loyola (La.)	12.61m	41-4 1/2	2/3
5	48	Darci DAWSON	JR #8 Columbia (S.C.)	12.36m	40-6 3/4	1/13
6	54	Ezarya DALE	FR #6 Keiser (Fla.)	{2} 12.31m	40-4 3/4	1/20
7	60	Sha'Nyia WOOLERY	SO #15 Brenau (Ga.)	12.22m	40-1 1/4	12/3
8	66	Diamond ATKINS	SR #4 Life (Ga.)	12.14m	39-10	2/4
9	75	Jacquelyn BOWNES	JR #23 Fisk (Tenn.)	12.05m	39-6 1/2	1/27
10	81	Renee ANDERSON	FR #10 Loyola (La.)	{2} 11.90m	39- 1/2	1/12

Women's Weight Throw

1	10	Darci DAWSON	JR #8 Columbia (S.C.)	17.32m	56-10	12/9
2	19	Dazanni HINTON	SR #12 Columbia Intern	16.46m	54-0	2/3
3	22	Jennifer BATU	SR #4 Life (Ga.)	16.21m	53-2 1/4	1/14
4	28	Kloey PICKENS	JR #12 Columbia Intern{2}	16.04m	52-7 1/2	1/20
5	43	Bryana BAZILE	SR #10 Loyola (La.)	15.18m	49-9 3/4	1/21
6	44	Sophiat OMIZI	JR #5 Cumberland (Te)	15.16m	49-9	2/4
7	55	Ezarya DALE	FR #6 Keiser (Fla.)	14.88m	48-10	2/3
8	69	Diamond ATKINS	SR #4 Life (Ga.)	{2} 14.64m	48- 1/2	1/13
9	71	Anaya CANTY	SR #8 Columbia (S.C.)	{2} 14.62m	47-11 3/4	12/9
10	84	Doreshia MCALLISTER	FR #8 Columbia (S.C.)	{3} 14.36m	47-1 1/2	12/9

Women's Pentathlon

1	9	Daena DRYER	FR #1 William Carey (M)	3,203		2/3
2	27	Emma BARNES	SO #7 Montreat (N.C.)	2,916		2/3
3	42	Marie MARC	SR #6 Keiser (Fla.)	2,726		2/3
4	48	Natalie ROHM	SO #2 Southeastern (Fl)	2,623		2/3
5	50	Chelsee MARTINO	SR #2 Southeastern (Fl){2}	2,593		2/3
6	52	Irmiris MENDEZ	JR #2 Southeastern (Fl){3}	2,561		1/20
7	67	Selena JOHNSON	SR #13 Warner (Fla.)	2,381		2/3
8	73	Yasmine RODGERS	FR #6 Keiser (Fla.)	{2} 2,281		1/20
9	74	Jessica BROWN	FR #2 Southeastern (Fl){4}	2,276		2/3
10	81	Stacy WHITE	FR #13 Warner (Fla.)	{2} 2,161		2/3



Regional TFRI Event Summary



South Central

as of 2/5/2024 6:57:29 AM ET

Women's 60 Meters

1	5	Delaney WEIMER	JR	#4 Evangel (Mo.)	7.53	1/27
2	19	Gretchen RANEY	JR	#2 Saint Mary (Kan.)	7.64	2/3
3	23	Jaelynn WILLIAMS	JR	#10 Texas Wesleyan	7.67	1/20
4	34	Chasity VEALS	SR	#11 Langston (Okla.)	7.75	12/2
5	36	Tiyna RIDGE	FR	#9 Friends (Kan.)	7.78	1/20
6	52	Samantha COLSON	JR	#2 Saint Mary (Kan.) {2}	7.86	12/2
7	58	Shannon MILLS	FR	#17 Wiley (Texas)	7.88	12/9
8	65	Jordyn WEEMS	JR	#7 Ottawa (Kan.)	7.90	12/2
8	65	Daizy SOLIR	JR	#3 MidAmerica Naz	7.90	1/27
10	69	Alexis SUMMERS	FR	#19 Baker (Kan.)	7.91	12/9
10	69	Savannah LEWIS	JR	#14 Saint Mary-of-th	7.91	1/19
10	69	Darby CAMILO-MONTENEGRO	SR	#1 Central Methodi	7.91	1/13

Women's 60 Meter Hurdles

1	18	JayOnna PERRY	SO	#7 Ottawa (Kan.)	8.81	12/2
2	21	Mariah FEDE	SO	#20 McPherson (Kan.)	8.86	1/20
3	22	Zaria JONES	FR	#1 Central Methodi	8.89	12/2
4	32	Aziza CLARK		#13 Our Lady of the L	8.99c (8.994)	2/3
5	34	Kailey JOHNSON	SR	#1 Central Methodi {2}	9.01	2/3
6	39	Renee FINKE	JR	#1 Central Methodi {3}	9.09	2/3
7	41	Ariel JOHNSON	FR	#17 Wiley (Texas)	9.11	1/14
8	48	Haley BELLAMY	SO	#1 Central Methodi {4}	9.21	2/3
9	53	Parys SMITH	JR	#1 Central Methodi {5}	9.23	2/3
10	54	Taylor WASHINGTON	SO	St. Louis Pharm	9.28	12/9

Women's 200 Meters

1	2	Nikiwe MONGWE	JR	#3 MidAmerica Naz	23.81 OT	2/3
2	12	Mariah FEDE	SO	#20 McPherson (Kan.)	24.73	2/3
3	22	Delaney WEIMER	JR	#4 Evangel (Mo.)	25.16 OT	1/27
4	28	Kyah HILL	JR	#24 Southwestern (K)	25.39	2/3
5	37	Darby CAMILO-MONTENEGRO	SR	#1 Central Methodi	25.54c (25.93f)	1/19
6	47	Alexis SUMMERS	FR	#19 Baker (Kan.)	25.66 OT	12/9
7	51	Gretchen RANEY	JR	#2 Saint Mary (Kan.)	25.69 OT	1/27
8	54	Jordyn WEEMS	JR	#7 Ottawa (Kan.)	25.74 OT	2/3
9	56	Shannon MILLS	FR	#17 Wiley (Texas)	25.76c (26.16f)	12/9
10	57	Lexi WARDLOW	JR	#2 Saint Mary (Kan.) {2}	25.78	1/20

Women's 400 Meters

1	9	Nikiwe MONGWE	JR	#3 MidAmerica Naz	56.56 OT	1/20
2	13	Darby CAMILO-MONTENEGRO	SR	#1 Central Methodi	56.90 OT	2/3
3	16	Mariah FEDE	SO	#20 McPherson (Kan.)	56.94	2/3
4	21	JayOnna PERRY	SO	#7 Ottawa (Kan.)	57.63 OT	2/3
5	27	Alison AMBUUL	JR	#5 Benedictine (Kar	58.06 OT	2/3
6	41	Lexi WARDLOW	JR	#2 Saint Mary (Kan.)	58.70	2/3
7	42	Jaymee YELTON	JR	Huston-Tillotson	58.79	2/3
8	43	Jordyn WEEMS	JR	#7 Ottawa (Kan.) {2}	58.80 OT	2/3
9	47	Vanessa PEREZ	SO	#6 Oklahoma City	59.06	1/12
10	57	Gretchen RANEY	JR	#2 Saint Mary (Kan.) {2}	59.48 OT	2/3

Women's 600 Meters

1	4	Darby CAMILO-MONTENEGRO	SR	#1 Central Methodi	1:32.79 OT	2/3
2	21	Joshlyn TROUPE	FR	#1 Central Methodi {2}	1:38.14 OT	12/9
3	22	Yanira DEANA PANINKA	SO	#1 Central Methodi {3}	1:38.24 OT	12/9
4	36	Lakin ESSEX	FR	#3 MidAmerica Naz	1:39.61 OT	1/20
5	37	Autumn NOLD	FR	#4 Evangel (Mo.)	1:39.64 OT	1/20
6	45	Angela WARD	FR	#8 Missouri Baptist	1:40.21c (1:41.43f)	2/3
7	50	Alex GERE	FR	#3 MidAmerica Naz {2}	1:40.65 OT	1/27
8	54	Destiny LASSITER	SO	#3 MidAmerica Naz {3}	1:40.72 OT	1/27
9	55	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.)	1:40.81 OT	1/27
10	58	Alison AMBUUL	JR	#5 Benedictine (Kar	1:40.85 OT	12/2

Women's 800 Meters

1	11	Madalenn FEE	SO	#16 Cottey (Mo.)	2:17.88	2/3
2	20	Emily FARCHMIN	SR	#8 Missouri Baptist	2:19.90c (2:21.51f)	2/3
3	22	Skylar ADAMS	JR	#4 Evangel (Mo.)	2:20.15 OT	1/27
4	28	Carly HOLADIA	FR	#2 Saint Mary (Kan.)	2:20.73 OT	1/27
5	30	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.) {2}	2:20.84	1/20
6	34	Kate MADSEN	JR	#2 Saint Mary (Kan.) {3}	2:21.26	1/20
7	35	Adriana MCGREGOR	FR	#4 Evangel (Mo.) {2}	2:21.35 OT	1/27
8	37	Macy KOPP	SO	#4 Evangel (Mo.) {3}	2:21.61	2/3
9	40	Reagan HIEBERT	SR	#2 Saint Mary (Kan.) {4}	2:21.82	1/20
10	41	Sanai ROBINSON	FR	#13 Our Lady of the L	2:21.84	2/3

Women's 1000 Meters

1	10	Madalenn FEE	SO	#16 Cottey (Mo.)	3:00.12c (3:02.08f)	1/27
2	11	Cailen JOLLEY	SR	#6 Oklahoma City	3:00.58	1/12
3	15	Carlie GREGG	JR	#2 Saint Mary (Kan.)	3:01.54 OT	12/2
4	19	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.) {2}	3:01.66 OT	12/2
5	30	Mia REED	JR	#8 Missouri Baptist	3:03.47c (3:05.47f)	2/3
6	33	Isabelle SPILLER	FR	#6 Oklahoma City {2}	3:03.96	1/12
7	36	Antonina JACKOWIAK	FR	#9 Friends (Kan.)	3:04.45c (3:06.46f)	1/27
8	39	Madisyn EHRlich	SO	#21 Kansas Wesleyan	3:05.32c (3:07.34f)	1/27
9	43	Sonya ZIMMERMAN	JR	#12 Tabor (Kan.)	3:05.94c (3:07.97f)	1/27
10	44	Brooke WIEBE	JR	#12 Tabor (Kan.) {2}	3:06.15c (3:08.18f)	1/27

Women's Mile

1	12	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.)	5:06.45	2/3
2	13	Cailen JOLLEY	SR	#6 Oklahoma City	5:06.55	2/3
3	14	Ashlei MCDONALD	SO	#10 Texas Wesleyan	5:06.70 OT	12/9
4	16	Riley HIEBERT	SR	#2 Saint Mary (Kan.) {2}	5:07.21	1/20
5	24	Carlie GREGG	JR	#2 Saint Mary (Kan.) {3}	5:10.19 OT	1/27
6	25	Reagan HIEBERT	SR	#2 Saint Mary (Kan.) {4}	5:10.66	1/20
7	29	Cera ECKENROTH	FR	#15 John Brown (Ark	5:12.45 OT	1/20
8	30	Kate MADSEN	JR	#2 Saint Mary (Kan.) {5}	5:12.64	1/20
9	36	Erika PENA	SO	#6 Oklahoma City {2}	5:15.02	1/12
10	38	Josie TYRRELL	SO	#2 Saint Mary (Kan.) {6}	5:15.64	1/20



Regional TFRI Event Summary



South Central

as of 2/5/2024 6:57:30 AM ET

Women's 3000 Meters

1	9	Reagan HIEBERT	SR	#2 Saint Mary (Kan.	9:55.84	2/3
2	12	Riley HIEBERT	SR	#2 Saint Mary (Kan. {2}	10:04.93 OT	1/27
3	22	Cera ECKENROTH	FR	#15 John Brown (Ark	10:11.64c (10:16.88f)	1/27
4	25	Mia REED	JR	#8 Missouri Baptist	10:13.62	12/1
5	27	Kate MADSEN	JR	#2 Saint Mary (Kan. {3}	10:14.09 OT	12/9
6	33	Mekayla GIBSON	JR	#22 William Woods (I	10:16.48c (10:21.76f)	2/3
7	34	Hasnae GOULAMZI	FR	#10 Texas Wesleyan	10:16.90 OT	1/20
8	43	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan. {4}	10:22.05 OT	12/9
9	46	Louise COCKING	SR	#6 Oklahoma City	10:23.17	2/3
10	48	Josie TYRRELL	SO	#2 Saint Mary (Kan. {5}	10:25.49	2/3

Women's 5000 Meters

1	9	Hasnae GOULAMZI	FR	#10 Texas Wesleyan	17:28.71 OT	12/9
2	13	Cera ECKENROTH	FR	#15 John Brown (Ark	17:36.57c (17:44.66f)	1/27
3	15	Josie TYRRELL	SO	#2 Saint Mary (Kan.	17:37.90 OT	1/27
4	16	Riley HIEBERT	SR	#2 Saint Mary (Kan. {2}	17:38.63	2/3
5	17	Reagan HIEBERT	SR	#2 Saint Mary (Kan. {3}	17:38.95	2/3
6	23	Kate MADSEN	JR	#2 Saint Mary (Kan. {4}	17:48.04 OT	12/2
7	24	Mekayla GIBSON	JR	#22 William Woods (I	17:50.02 OT	12/9
8	30	Natasha ORTIZ	SR	#5 Benedictine (Kar	18:00.60 OT	1/20
9	31	Aubrey BAHNER	JR	#12 Tabor (Kan.)	18:01.92 OT	1/27
10	34	Danielle ALLISON	SR	#12 Tabor (Kan.) {2}	18:06.03	12/2

Women's 3000m Race Walk

1	6	Baileigh MORRIS	JR	#1 Central Methodi:	15:37.88 f	1/19
2	7	Yanira DEANA PANINKA	SO	#1 Central Methodi: {2}	15:56.40 f	1/27
3	9	Allison MORRIS	SR	#18 Culver-Stockton	16:28.76 f	1/27
4	11	Faith YOUNCE	JR	#18 Culver-Stockton {2}	17:07.98 f	1/27
5	24	Leah KUHN	FR	#5 Benedictine (Kar	20:12.01 f	1/27
6	34	Brynna GORMLEY	SO	#5 Benedictine (Kar {2}	24:20.59 f	1/27
7	35	Haley THOMPSON	SO	#19 Baker (Kan.)	25:20.87 f	1/27
8	36	Kiley HAWK	JR	#19 Baker (Kan.) {2}	26:50.27 f	1/27

Women's 4x400 Relay

1	2	Nikiwe Mongwe, Daizy Solir, Janiah Nicholson, Lakin Essex	#3 MidAmerica Nazi	3:51.66 OT	2/3
2	16	Tanzania Barnes, Jah-Nisha Campbell, Jordyn Weems, JayOnna Perry	#7 Ottawa (Kan.)	3:58.16 OT	12/2
3	20	Morghana Neely, Autumn Roberts, Aziza Clark, Alexandria Segura	#13 Our Lady of the L	3:58.88c (3:58.44A)	2/3
4	23	Joshlyn Troupe, Darly Camilo-Montenegro, Kailey Johnson, Haley Bellamy	#1 Central Methodi:	4:00.67c (4:03.86f)	12/2
5	24	Byrion Patton, Ky'Leah Hill, Irakoze Amida, Makayla Thompson	#11 Langston (Okla.)	4:01.23 OT	1/27
6	30	Delaney Weimer, Taylor Collins, Liberty Wiles, Autumn Nold	#4 Evangel (Mo.)	4:04.50	2/3
7	33	Alison Ambuul, Cayna Love, Antonia Smith, Ashlynn Triplett	#5 Benedictine (Kar	4:05.57c (4:08.83f)	1/27
8	38	Gretchen Raney, Carissa Martin, Jane Duteil, Lexi Wardlow	#2 Saint Mary (Kan.	4:07.39	1/20
9	39	Vanessa Perez, Cailen Jolley, Florencia Cabrera, Shawna Smith	#6 Oklahoma City	4:07.57 OT	1/20
10	42	Moriah Shaw, Halle Nagel, Gema del Valle, Kaylah Petty	#9 Friends (Kan.)	4:09.53c (4:12.84f)	1/27

Women's 4x800 Relay

1	3	Isabelle Spiller, Erika Pena, Louise Cocking, Cailen Jolley	#6 Oklahoma City	9:26.08 OT	1/20
2	10	Emily Farchmin, Adrienne Rockette, Angela Ward, Mia Reed	#8 Missouri Baptist	9:34.70c (9:41.32f)	1/27
3	11	Skylar Adams, Emily Harris, Adriana McGregor, Macy Kopp	#4 Evangel (Mo.)	9:39.32 OT	1/20
4	19	Kayli Gonzales, Rebekah Choriego, Grace Lee, Antonina Jackowiak	#9 Friends (Kan.)	10:10.36 OT	1/20
5	22	Rita Girgily, Helen Ullrich, Emilie Nelson, Josie Jansen	#5 Benedictine (Kar	10:12.58 OT	1/20
6	25	Tiajhae Nez, Bailey Mike, Jayme Morris, Kaydence Platero	Haskell	10:42.35 OT	2/3



Regional TFRI Event Summary



South Central

as of 2/5/2024 6:57:30 AM ET

Women's Distance Medley Relay

1	6	Cailen Jolley, Vanessa Perez, Isabelle Spiller, Louise Cocking	#6 Oklahoma City	12:12.32	2/3
2	8	Maddy Walter- Sherretts, Lexi Wardlow, Carlie Gregg, Reagan Hiebert	#2 Saint Mary (Kan.)	12:13.62 OT	1/27
3	14	Brooke Wiebe, Sonya Zimmerman, Aubrey Bahner, Danielle Allison	#12 Tabor (Kan.)	12:26.72	2/3
4	15	Emily Harris, Liberty Wiles, Macy Kopp, Skylar Adams	#4 Evangel (Mo.)	12:32.17 OT	1/27
5	16	Helen Ullrich, Josie Jansen, Alison Ambuul, Julia McLaughlin	#5 Benedictine (Kar)	12:39.00c(12:47.13f)	1/27
6	18	Madison Perez, Alexandria Segura, Viridiana Zuniga, Sanai Robinson	#13 Our Lady of the L	12:40.17	1/27
7	24	Mia Roman, Myiah Logue, Taryn Paulino, Bethany Schrag	Bethel (Kan.)	13:26.37	2/3
8	25	Madalenn Fee, Joliette Johnson, Kate Soukup, Kiana Garcia	#16 Cottey (Mo.)	13:29.35	2/3
9	27	Jana Landreth, Rylee Lansdown, Rachel Sternier, Peyton Peterson	#19 Baker (Kan.)	13:39.95	2/3
10	30	Myra Baker, Kyah Weirich, Mekayla Gibson, Emma Clifford	#22 William Woods (I	13:43.18c(13:52.00f)	1/27

Women's High Jump

1	2	April PHILLIPS	FR #4 Evangel (Mo.)	1.74m	5-8½	12/9
2	3	Renee FINKE	JR #1 Central Methodi:	1.73m	5-8	12/2
3	7	Delaney MILLER	SO #1 Central Methodi:{2}	1.69m	5-6½	2/3
4	15	Taryn ST. CLAIR	FR #3 MidAmerica Naz:	1.65m	5-5	12/9
5	23	Kyley MAGERS	FR #1 Central Methodi:{3}	1.63m	5-4¼	12/2
6	26	Haley BELLAMY	SO #1 Central Methodi:{4}	1.61m	5-3¼	2/3
7	40	Maddi BAKER	FR #3 MidAmerica Naz:{2}	1.59m	5-2½	12/9
7	40	Chioma OBI	FR #10 Texas Wesleyan	1.59m	5-2½	1/20
9	45	Carly LINDENMEYER	SR #3 MidAmerica Naz:{3}	1.58m	5-2¼	2/3
10	53	Jah-Nisha CAMPBELL	FR #7 Ottawa (Kan.)	1.56m	5-1¼	2/3
10	53	LaShae SMITH	JR #3 MidAmerica Naz:{4}	1.56m	5-1¼	12/9

Women's Pole Vault

1	22	Alaina SCOTT	JR #8 Missouri Baptist	3.50m	11-5¾	1/13
2	23	Krislynn BAILEY	SR #14 Saint Mary-of-th	3.47m	11-4½	1/19
3	28	Krislynn BAILEY	SR #14 Saint Mary-of-th{2}	3.40m	11-1¾	12/2
4	51	Brynna HALATA	JR #9 Friends (Kan.)	3.15m	10-4	1/27
4	51	Aaliyah RAMIREZ	SO #9 Friends (Kan.)	3.15m	10-4	1/27
6	59	Ashley GROTHAUS	JR #8 Missouri Baptist {2}	3.05m	10-0	2/3
7	69	Ashley STRODE	SO #22 William Woods (I	2.90m	9-6¼	2/3
8	78	Grace MITCHELL	JR #15 John Brown (Ark	2.85m	9-4¼	12/2
9	80	Naomi WELSH	FR #5 Benedictine (Kar	2.82m	9-3	2/3
9	80	Amara REICHERT	SR #1 Central Methodi:	2.82m	9-3	2/3

Women's Long Jump

1	8	Meeyesha TUTT- MOOTOUO	SO #17 Wiley (Texas)	5.64m	18-6	1/14
2	12	Na'Zariah JAMES	FR #1 Central Methodi:	5.58m	18-3¾	1/13
2	12	Reanna GREEN	SO #3 MidAmerica Naz:	5.58m	18-3¾	12/9
4	14	Jaelynn WILLIAMS	JR #10 Texas Wesleyan	5.57m	18-3¾	1/20
5	20	Naomi KILSON	SR #19 Baker (Kan.)	5.52m	18-1½	1/27
6	24	Carly LINDENMEYER	SR #3 MidAmerica Naz:{2}	5.50m	18-½	12/9
7	28	Nala BURNS	SO #3 MidAmerica Naz:{3}	5.48m	17-11¾	1/27
7	28	Jordyn WEEMS	JR #7 Ottawa (Kan.)	5.48m	17-11¾	1/20
9	33	Chasity VEALS	SR #11 Langston (Okla.)	5.45m	17-10¾	1/27
10	48	Hayley LOEWEN	SO #3 MidAmerica Naz:{4}	5.36m	17-7	12/9
10	48	LaShae SMITH	JR #3 MidAmerica Naz:{4}	5.36m	17-7	12/2

Women's Triple Jump

1	2	Chasity VEALS	SR #11 Langston (Okla.)	12.37m	40-7	2/3
2	7	Ahmia DORSEY	SR #11 Langston (Okla.){2}	11.83m	38-9¾	2/3
3	13	April PHILLIPS	FR #4 Evangel (Mo.)	11.52m	37-9½	1/20
4	20	Hayley LOEWEN	SO #3 MidAmerica Naz:	11.32m	37-1¾	12/9
5	25	Na'Zariah JAMES	FR #1 Central Methodi:	11.29m	37-½	12/9
6	27	Meeyesha TUTT- MOOTOUO	SO #17 Wiley (Texas)	11.24m	36-10½	1/14
7	35	Anya WALTON	JR #9 Friends (Kan.)	10.98m	36-¼	1/27
8	42	Reanna GREEN	SO #3 MidAmerica Naz:{2}	10.85m	35-7¼	12/9
9	44	Joelle TERRY	FR #11 Langston (Okla.){3}	10.84m	35-6¾	1/27
10	51	Myiah LOGUE	JR Bethel (Kan.)	10.74m	35-3	1/27

Women's Shot Put

1	2	Baylee BEARD	SO #1 Central Methodi:	14.99m	49-2¼	12/2
2	18	Deja DELAINE	SR #7 Ottawa (Kan.)	13.18m	43-3	1/27
3	21	Laurel BARBER	SR #3 MidAmerica Naz:	13.06m	42-10¼	12/9
4	23	Evie SCOLES	JR #15 John Brown (Ark	12.99m	42-7½	1/27
5	24	Daryn BATTS	SR #6 Oklahoma City	12.97m	42-6¾	12/9
6	26	Victoria LOTZ	JR #3 MidAmerica Naz:{2}	12.94m	42-5½	1/20
7	29	Madison SUTTON	SR #5 Benedictine (Kar	12.76m	41-10½	1/27
8	32	Jeanette WOEHRL	JR #23 Columbia (Mo.)	12.74m	41-9¾	2/3
9	57	Elizabeth STOUT	SO #21 Kansas Wesleyan	12.27m	40-3¼	2/3
10	62	Caley BLOSSER	JR #3 MidAmerica Naz:{3}	12.18m	39-11½	1/20



Regional TFRI Event Summary



South Central

as of 2/5/2024 6:57:30 AM ET

Women's Weight Throw

1	9	Madison SUTTON	SR	#5	Benedictine (Kar	17.35m	56-11¼	2/3
2	11	Karli WOLFE	SR	#1	Central Methodi	17.19m	56-4¾	12/9
3	12	Victoria LOTZ	JR	#3	MidAmerica Nazi	17.18m	56-4½	1/20
4	45	Kennise ANDERSON	JR	#25	Park (Mo.)	15.10m	49-6½	1/20
5	46	Alyssa HALL	JR	#5	Benedictine (Kar	15.09m	49-6¼	2/3
6	47	Kaylyn POWERS	JR		Hannibal-LaGrar	15.07m	49-5½	2/3
7	52	Abby GREEN	SO	#9	Friends (Kan.)	15.00m	49-2½	1/27
8	56	Paula ROMERO RODRIGUEZ	JR		Missouri Valley	14.87m	48-9½	1/27
9	58	Baylee BEARD	SO	#1	Central Methodi	14.81m	48-7¼	12/2
10	73	Jeanette WOEHRLE	JR	#23	Columbia (Mo.)	14.58m	47-10	2/3

Women's Pentathlon

1	2	Renee FINKE	JR	#1	Central Methodi	3,413 OT	12/9
2	6	Haley BELLAMY	SO	#1	Central Methodi	3,308 OT	12/9
3	13	Carly LINDENMEYER	SR	#3	MidAmerica Nazi	3,157 OT	2/3
4	15	JayOnna PERRY	SO	#7	Ottawa (Kan.)	3,102 OT	2/3
5	23	Maddi BAKER	FR	#3	MidAmerica Nazi	2,963	12/9
6	24	Shannon O'NEIL	SO	#18	Culver-Stockton	2,959	1/27
7	26	LaShae SMITH	JR	#3	MidAmerica Nazi	2,934 OT	2/3
8	47	Claireece CROSS	FR	#1	Central Methodi	2,639	1/27
9	55	Chioma OBI	FR	#10	Texas Wesleyan	2,519	1/27
10	60	Anna CAMPBELL	SO	#5	Benedictine (Kar	2,473 OT	2/3



Regional TFRI Event Summary



West

as of 2/5/2024 6:57:30 AM ET

Women's 60 Meters

1	11	Trinity MONTGOMERY	FR	#6 Multnomah (Ore)	7.59	1/27
2	20	Jordyn BURKE	JR	#5 Vanguard (Calif.)	7.65 (1.6)	1/27
3	23	Kayly GUTHRIE	JR	#6 Multnomah (Ore){2}	7.67	12/9
4	48	Kellan WAHL	JR	#7 Rocky Mountain	7.84c (7.824)	12/7
5		Karina DEYOUNG		#1 Eastern Oregon	7.98	1/27
6		Taylor JOYCE	FR	#1 Eastern Oregon {2}	7.99	12/9
7		Karissa LINDNER	FR	#2 Lewis-Clark Stat	8.00	1/27
8		Charlotte BOWMAN	JR	#3 College of Idaho	8.05	2/3
9		Paloma BAUMERT	FR	#9 Jessup (Calif.)	8.08 (0.0)	1/27
10		Brooklyn SCHULTZ	JR	#8 Carroll (Mont.)	8.13c (8.114)	12/7

Women's 60 Meter Hurdles

1	4	Madigan KELLY	JR	#2 Lewis-Clark Stat	8.49	1/20
2	20	Erica WASEQ	SO	#9 Jessup (Calif.)	8.85 (0.0)	1/27
3	44	Sara HATHAWAY	SR	#2 Lewis-Clark Stat{2}	9.17	1/20
4	45	Jadyn VERMILLION	SO	#4 Montana Tech	9.18c (9.184)	1/12
5	49	Charlize DAVIS	FR	#7 Rocky Mountain	9.22	2/3
6	62	Jennah CARPENTER	JR	#2 Lewis-Clark Stat{3}	9.32	12/9
7	68	Penelopi LEACH	JR	#5 Vanguard (Calif.)	9.35 (0.0)	1/27
7	68	Olleca SEVERSON	JR	#4 Montana Tech {2}	9.35c (9.354)	12/7
9	74	Lizzy GRANDLE	SO	#1 Eastern Oregon	9.40	2/3
10	83	Abby CLARK	JR	#4 Montana Tech {3}	9.47c (9.474)	1/12

Women's 200 Meters

1	34	Trinity MONTGOMERY	FR	#6 Multnomah (Ore)	25.46	2/3
2	44	Kayly GUTHRIE	JR	#6 Multnomah (Ore){2}	25.64	12/9
3	70	Emily COLLINS	SO	#2 Lewis-Clark Stat	25.96 OT	1/20
4	77	Anika GROGAN	SR	#2 Lewis-Clark Stat{2}	26.09	12/9
4	77	Taylor JOYCE	FR	#1 Eastern Oregon	26.09	12/9
6	91	Katie BROWN	JR	#1 Eastern Oregon {2}	26.27	1/27
7		Kellan WAHL	JR	#7 Rocky Mountain	26.68c (27.02fA)	12/7
8		Raelyn DEWITT	FR	#5 Vanguard (Calif.)	26.71 outw(2.6)	1/27
9		Karina DEYOUNG		#1 Eastern Oregon {3}	26.87	1/27
10		Jenna HILLMAN	SO	#7 Rocky Mountain {2}	26.89c (27.23fA)	12/7

Women's 400 Meters

1	10	Eryn BURKE	JR	#5 Vanguard (Calif.)	56.64 out	1/27
2	25	Emily COLLINS	SO	#2 Lewis-Clark Stat	57.89	1/27
3	49	Elizabeth BETTEN	SO	#5 Vanguard (Calif.){2}	59.18 out	1/27
4		Adrienne MAI	FR	#13 Bushnell (Ore.)	1:01.33	2/3
5		Skotlyn HILL	SO	#1 Eastern Oregon	1:02.01c (1:02.83f)	2/3
6		Katie BROWN	JR	#1 Eastern Oregon {2}	1:02.35 OT	1/20
7		Karina DEYOUNG		#1 Eastern Oregon {3}	1:02.48c (1:03.31f)	2/3
8		Eva BRADY	SO	#16 Oregon Tech	1:03.05 OT	2/4
9		Chloe RAATS	SO	#8 Carroll (Mont.)	1:03.11c (1:03.00A)	1/26
10		Charlotte BOWMAN	JR	#3 College of Idaho	1:03.32	2/3

Women's 600 Meters

1	15	Lauryn MITCHELL	JR	#1 Eastern Oregon	1:36.98c (1:38.16f)	2/3
2	20	Suzie JOHNSON	SO	#10 The Master's (Ca)	1:37.77 out	1/27
3	25	Emily COLLINS	SO	#2 Lewis-Clark Stat	1:38.44	12/9
4	33	Kamryn COMBA	SO	#4 Montana Tech	1:39.28c (1:39.28A)	2/3
5	35	Sydney PECK	SO	#1 Eastern Oregon {2}	1:39.53c (1:40.75f)	2/3
6	39	MaKenzie SHEILS	FR	#4 Montana Tech {2}	1:39.73c (1:39.73A)	2/3
7	75	Skotlyn HILL	SO	#1 Eastern Oregon {3}	1:42.51	12/9
8	97	Peyton WALKER	FR	#4 Montana Tech {3}	1:44.04c (1:44.04A)	2/3
9		Kendall BONZANI	JR	#1 Eastern Oregon {4}	1:44.95	12/9
10		Lizzy BEHNKE	JR	#15 Northwest (Was)	1:46.14	12/9

Women's 800 Meters

1	8	Geraldine CORREA	SR	#2 Lewis-Clark Stat	2:16.68 OT	1/20
2	14	Lauryn MITCHELL	JR	#1 Eastern Oregon	2:18.55	1/27
3	36	Kate BARANSKI	JR	#5 Vanguard (Calif.)	2:21.52 out	1/27
4	39	Maya PEARCY	FR	#7 Rocky Mountain	2:21.77	2/3
5	55	Aubree WILLIAMS	FR	#2 Lewis-Clark Stat{2}	2:22.81	1/27
6	64	Tyne STOKES	SO	#7 Rocky Mountain {2}	2:23.48	2/3
7	91	Kamryn COMBA	SO	#4 Montana Tech	2:25.11c (2:25.80A)	1/26
8		MaKenzie SHEILS	FR	#4 Montana Tech {2}	2:25.69c (2:26.38A)	1/26
9		Madelyn NICHOLS	JR	#1 Eastern Oregon {2}	2:26.27c (2:27.95f)	2/3
10		Rylie SCHOENFELD	SO	#7 Rocky Mountain {3}	2:26.29	2/3

Women's 1000 Meters

1	18	Lauryn MITCHELL	JR	#1 Eastern Oregon	3:01.61 OT	1/20
2	37	Grace TIEGS	SO	#2 Lewis-Clark Stat	3:04.51 OT	1/20
3	42	Brooklyn SHELL	SR	#2 Lewis-Clark Stat{2}	3:05.64 OT	1/20
4	53	Aubree WILLIAMS	FR	#2 Lewis-Clark Stat{3}	3:07.76 OT	1/20
5	71	Zoe BUTLER	SO	#3 College of Idaho	3:010.00c(3:12.07f)	2/3
6	80	Jaiden COCHRAN	FR	#1 Eastern Oregon {2}	3:11.13c (3:13.21f)	2/3
7		Madelyn NICHOLS	JR	#1 Eastern Oregon {3}	3:14.50 OT	1/20
8		Abigail PEIGHTAL	SR	#2 Lewis-Clark Stat{4}	3:17.11 OT	1/20
9		Ashley TREADWELL	FR	#1 Eastern Oregon {4}	3:17.16 OT	1/20
10		Mattie WOODBURY	FR	#1 Eastern Oregon {5}	3:17.97 OT	1/20

Women's Mile

1	2	Alauna CARSTENS	SO	#12 Evergreen State	5:00.12 OT	1/27
2	3	Abbey SHIRTS	SR	#3 College of Idaho	5:00.35c (5:06.18A)	1/26
3	21	Kahea FIGUEIRA	JR	#3 College of Idaho {2}	5:08.47c (5:14.46A)	1/26
4	61	Brooklyn SHELL	SR	#2 Lewis-Clark Stat	5:18.90	1/27
5	72	Grace TIMM	JR	#7 Rocky Mountain	5:19.95	2/3
6	79	Grace TIEGS	SO	#2 Lewis-Clark Stat{2}	5:22.27 OT	1/20
7	92	Jaiden COCHRAN	FR	#1 Eastern Oregon	5:24.37	1/27
8	93	Samantha DARA	SO	#18 Corban (Ore.)	5:24.48 OT	2/4
9	95	Charlie DUFF	SR	#3 College of Idaho {3}	5:25.19c (5:31.51A)	1/26
10	96	Taylen STINSON	FR	#7 Rocky Mountain {2}	5:25.29	2/3



Regional TFRI Event Summary



West

as of 2/5/2024 6:57:30 AM ET

Women's 3000 Meters

1	5	Alauna CARSTENS	SO	#12 Evergreen State	9:53.37 OT	1/13
2	11	Abbey SHIRTS	SR	#3 College of Idaho	9:59.28	2/3
3	19	Hannah FREDERICKS	JR	#10 The Master's (Ca	10:09.44 out	1/27
4	26	Kahea FIGUEIRA	JR	#3 College of Idaho {2}	10:13.99	2/3
5	36	Ellen PALMGREN	SR	#10 The Master's (Ca {2}	10:17.88 out	1/27
6	38	Sage MARTIN	JR	#3 College of Idaho {3}	10:18.71	2/3
7	58	Carlin MANNING	JR	#4 Montana Tech	10:28.81c (10:42.53A)	1/26
8	63	Azalea PRINCE	SO	#9 Jessup (Calif.)	10:30.18 out	1/27
9	75	Charlie DUFF	SR	#3 College of Idaho {4}	10:39.30	2/3
10	79	Chloe OVERBERG	FR	#2 Lewis-Clark Stat	10:40.69	1/27

Women's 5000 Meters

1	2	Ellyse TINGELSTAD	SR	#3 College of Idaho	17:09.34	2/3
2	28	Kaylea HARTMAN	JR	#15 Northwest (Wasl	17:54.66 OT	1/27
3	32	Carlin MANNING	JR	#4 Montana Tech	18:03.65c (18:31.28A)	2/3
4	70	Grace TIMM	JR	#7 Rocky Mountain	18:41.07	2/3
5	74	Alyssa JANY	SO	#4 Montana Tech {2}	18:48.22c (19:16.98A)	2/3
6	88	Jaiden COCHRAN	FR	#1 Eastern Oregon	19:07.31	12/9
7	94	Taylen STINSON	FR	#7 Rocky Mountain {2}	19:09.11	2/3
8		Nicole MORGEN	JR	#8 Carroll (Mont.)	19:22.96c (20:03.36fA)	12/7
9		Anna TERRY	FR	#8 Carroll (Mont.) {2}	19:25.30	2/3
10		Hannah SEMPF	SO	#8 Carroll (Mont.) {3}	19:40.60	2/3

Women's 4x400 Relay

1	9	Eryn Burke, Jordyn Burke, Elizabeth Betten, Ariana Rodriguez	#5 Vanguard (Calif.)	3:53.76 out	1/27
2	21	Emily Collins, Sara Hathaway, Anika Grogan, Geraldin Correa	#2 Lewis-Clark Stat	3:59.05	1/27
3	31	Rakiah Grende, Chloe Raats, Madalen Shipman, Sorren Reese	#8 Carroll (Mont.)	4:04.66c (4:07.46fA)	12/7
4	32	Sydney Peck, Lauryn Mitchell, Taylor Joyce, Katie Brown	#1 Eastern Oregon	4:05.07	1/27
5	43	Peyton Walker, MaKenzie Sheils, Olleca Severson, Kamryn Comba	#4 Montana Tech	4:09.77c (4:09.33A)	1/26
6	69	Laken Wolf, Mattie Shirts, Ruby Stewart, Graycee Litton	#3 College of Idaho	4:21.29c (4:24.75f)	2/3
7	77	Macayla Parrish, Madeline Desemone, Sierra Janikowski, Adrienne Mai	#13 Bushnell (Ore.)	4:23.25	2/3
8	81	Ainslee Smith, MIRDEGE LENTZ, BIANCA HERNANDEZ, ZOE DAVIDSON	#14 Arizona Christiar	4:25.87c (4:29.40f)	12/2
9	89	Julissa Casillas, Paloma Baumert, Eleanor Kania, Erica Waseq	#9 Jessup (Calif.)	4:34.23 out	1/27
10		Grace Alexander, Jasmyn Murphy, Alexis Devries, Kylie Henderson	#11 Providence (Mor	4:44.42c (4:43.98A)	1/26

Women's 4x800 Relay

1	4	Grace Tiegs, Aubree Williams, Geraldin Correa, Brooklyn Shell	#2 Lewis-Clark Stat	9:26.53	1/27
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Women's Distance Medley Relay

1	2	Ellen Palmgren, Olivia Prettyman, Suzie Johnson, Hannah Fredericks	#10 The Master's (Ca	12:01.15 out	1/27
2	3	Kahea Figueira, Charlotte Bowman, Kylee Quinton, Abbey Shirts	#3 College of Idaho	12:07.92	2/3
3	19	Sara Feitz, Jane Freeman, Penelopi Leach, Kate Baranski	#5 Vanguard (Calif.)	12:43.43 out	1/27
4	23	Mattie Woodbury, Macey Reed, Madelyn Nichols, Riley Morris	#1 Eastern Oregon	13:16.00	1/27



Regional TFRI Event Summary



West

as of 2/5/2024 6:57:30 AM ET

Women's High Jump

1	8	Jennah CARPENTER	JR	#2 Lewis-Clark Stat	1.68m	5-6	1/27
1	8	Lizzy GRANDLE	SO	#1 Eastern Oregon	1.68m	5-6	1/27
3	21	Abby CLARK	JR	#4 Montana Tech	1.64mA	5-4½	1/12
4	48	Adrienne WASHINGTON	JR	#1 Eastern Oregon {2}	1.57m	5-1¾	1/27
4	48	Olivia PRETTYMAN	SR	#10 The Master's (Ca	1.57m	5-1¾	1/27
4	48	Mallory TURNER	SO	#17 Park (Ariz.)	1.57m	5-1¾	2/3
7	61	Corona PARKER	JR	#12 Evergreen State	1.55m	5-1	1/13
8	92	Sara HATHAWAY	SR	#2 Lewis-Clark Stat {2}	1.52m	4-11¾	1/27
8	92	RACHEL PLY	FR	#14 Arizona Christiar	1.52m	4-11¾	1/27
10	100	Mattie SHIRTS	FR	#3 College of Idaho	1.50m	4-11	2/3
10	100	Sammy CONLEY	JR	#1 Eastern Oregon {3}	1.50m	4-11	1/20
10	100	Gabriella DOMENICI	FR	#8 Carroll (Mont.)	1.50mA	4-11	12/7

Women's Pole Vault

1	20	Chloe GALLAGHER	SR	#8 Carroll (Mont.)	3.54mA	11-7¼	1/26
1	20	Dakota MANECKE	SR	#7 Rocky Mountain	3.54mA	11-7¼	1/26
3	30	Paloma BAUMERT	FR	#9 Jessup (Calif.)	3.35m	10-11¾	1/27
4	51	Taylor JOYCE	FR	#1 Eastern Oregon	3.15m	10-4	12/9
5	54	Mckenna ROGERS	FR	#14 Arizona Christiar	3.11m	10-2½	1/27
6	65	Harlee GRANT	FR	#1 Eastern Oregon {2}	3.01m	9-10½	1/20
7	78	Emberlynn MACK	SO	#2 Lewis-Clark Stat	2.85m	9-4¼	12/9

Women's Long Jump

1	11	Jadyn VERMILLION	SO	#4 Montana Tech	5.59mA	18-4¼	1/26
2	20	Sydney ZYWINA	JR	#2 Lewis-Clark Stat	5.52m	18-1½	1/20
3	39	Lillian GUZMAN	FR	#6 Multnomah (Ore	5.42m	17-9½	12/9
4	43	Princess BROWNE	JR	#6 Multnomah (Ore {2}	5.40m	17-8¾	12/9
5	45	Jordyn BURKE	JR	#5 Vanguard (Calif.)	5.39m		1/27
6	48	Abi STEVENS	JR	#19 Southern Oregoi	5.36m	17-7	2/3
7	53	Lizzy GRANDLE	SO	#1 Eastern Oregon	5.34m	17-6¼	2/3
8	60	Jennah CARPENTER	JR	#2 Lewis-Clark Stat {2}	5.29m	17-4¼	1/20
9	77	Abby CLARK	JR	#4 Montana Tech {2}	5.22mA	17-1½	12/7
10		Adrienne WASHINGTON	JR	#1 Eastern Oregon {2}	5.12m	16-9¾	2/3

Women's Triple Jump

1	5	Princess BROWNE	JR	#6 Multnomah (Ore	11.91m	39-1	12/9
2	10	Sydney ZYWINA	JR	#2 Lewis-Clark Stat	11.64m	38-2¼	1/20
3	18	Brittany COLEMAN	SR	#6 Multnomah (Ore {2}	11.41m	37-5¼	12/9
4	35	Jadyn VERMILLION	SO	#4 Montana Tech	10.98mA	36-¼	12/7
5	51	Mattie SHIRTS	FR	#3 College of Idaho	10.74mA	35-3	1/26
6	57	Kellan WAHL	JR	#7 Rocky Mountain	10.68mA	35-½	12/7
7	60	Sophie LOVELESS	SR	#8 Carroll (Mont.)	10.63mA	34-10½	12/7
8	71	Kendall WAHL	FR	#7 Rocky Mountain {2}	10.55mA	34-7½	1/26
9	86	Kayli LINCOLN	FR	#10 The Master's (Ca	10.44m		1/27
10	98	Adrienne WASHINGTON	JR	#1 Eastern Oregon	10.31m	33-10	1/20

Women's Shot Put

1	25	Star HERRON	SO	#3 College of Idaho	12.96m	42-6¼	2/3
2	55	Tatiana MARTINEZ	JR	#11 Providence (Mor	12.28mA	40-3¾	1/26
2	55	Jaelah BUTLER	JR	#5 Vanguard (Calif.)	12.28m	40-3¾	1/27
4	59	Taylor DURFEY	SO	#3 College of Idaho {2}	12.23m	40-1½	2/3
5	61	Allyson CONNER	SR	#11 Providence (Mor {2}	12.21mA	40-¾	1/26
6	68	Kenna WOODWARD	SR	#1 Eastern Oregon	12.12m	39-9¼	1/20
7	71	Julia PISENTI	FR	#9 Jessup (Calif.)	12.07m	39-7¼	1/27
8	80	Haylee APPLEFORD	FR	#2 Lewis-Clark Stat	11.91m	39-1	1/20
9	85	Lizzy GRANDLE	SO	#1 Eastern Oregon {2}	11.82m	38-9½	2/3
10	95	Madison LEWIS	SO	#8 Carroll (Mont.)	11.72mA	38-5½	1/26

Women's Weight Throw

1	18	Kenna WOODWARD	SR	#1 Eastern Oregon	16.52m	54-2½	2/3
2	24	Jaelah BUTLER	JR	#5 Vanguard (Calif.)	16.16m	53-¼	1/27
3	26	Allyson CONNER	SR	#11 Providence (Mor	16.10mA	52-10	1/26
4	30	Tatiana MARTINEZ	JR	#11 Providence (Mor {2}	16.03mA	52-7¼	12/7
5	35	Trinity HILL	SR	#1 Eastern Oregon {2}	15.60m	51-2¼	2/3
6	37	Star HERRON	SO	#3 College of Idaho	15.51mA	50-10¾	1/26
7	78	Jessica PEDRETTI	SO	#9 Jessup (Calif.)	14.48m	47-6¼	1/27
8	95	Abby LUSCO	JR	#1 Eastern Oregon {3}	14.13m	46-4¼	1/20
9	98	Taylor DURFEY	SO	#3 College of Idaho {2}	14.09m	46-2¾	2/3
10	100	Julia PISENTI	FR	#9 Jessup (Calif.) {2}	14.04m	46-¾	1/27

Women's Pentathlon

1	4	Lizzy GRANDLE	SO	#1 Eastern Oregon	3,333 OT		1/20
2	5	Abby CLARK	JR	#4 Montana Tech	3,329c	(3329A)	1/12
3	7	Jennah CARPENTER	JR	#2 Lewis-Clark Stat	3,296 OT		1/20
4	21	Karli BEDARD	SR	#1 Eastern Oregon {2}	2,995 OT		1/20
5	30	Sammy CONLEY	JR	#1 Eastern Oregon {3}	2,853 OT		1/20
6	53	Skotlyn HILL	SO	#1 Eastern Oregon {4}	2,558 OT		1/20
7	68	Isabelle RAASCH	SO	#6 Multnomah (Ore	2,368		2/3
8	83	Rylee ARMSTRONG	FR	#4 Montana Tech {2}	2,076c	(2076A)	1/12
9	89	Jadyn VERMILLION	SO	#4 Montana Tech {3}	1,979c	(1979A)	1/12
10	91	Lillian GUZMAN	FR	#6 Multnomah (Ore {2}	1,893		2/3