



USTFCCCA NAIA Indoor Track & Field

National TFRI Team Summary



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2024 Week #4, February 14

1

Indiana Tech

WHAC

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	3	Jamaya WARTHEN	JR	7.44	2/3/24	16	2.12	18.12
▶ 60m	10	Kiya POGUE	JR	7.55	12/1/23	6	0.88	6.88
▶ 60m	29	Derica GIBSON	SR	7.70	12/8/23	0.075	0.00	0.08
▶ 60H	3	Kiya POGUE	JR	8.42	12/1/23	16	2.29	18.29
▶ 60H	11	Katlyn JONES	SR	8.62	2/3/24	5	0.66	5.66
▶ 200m	1	Soyinne GRENYION	SR	23.80 OT	12/1/23	20	2.56	22.56
▶ 200m	2	Jamaya WARTHEN	JR	23.81 OT	2/3/24	18	2.52	20.52
▶ 200m	8	Derica GIBSON	SR	24.37c (24.74f)	12/2/23	8	1.02	9.02
▶ 400m	2	Soyinne GRENYION	SR	54.50 OT	12/1/23	18	3.15	21.15
▶ 400m	10	Jo'Deci IRBY	SR	56.46 OT	12/1/23	6	0.71	6.71
▶ 400m	12	Junae BENNETT	JR	56.77 OT	2/3/24	4	0.40	4.40
▶ 400m	16	Kayla MOODY	SR	56.91 OT	1/26/24	1.25	0.28	1.53
▶ 600m	2	Lisa VOYLES	SR	1:32.35c (1:33.48f)	12/8/23	D	2.39	4.39
▶ 600m	5	Jo'Deci IRBY	SR	1:33.18 O	2/9/24	12	1.80	13.80
▶ 1000m	1	Lisa VOYLES	SR	2:48.83c (2:50.67f)	1/19/24	20	4.80	24.80
▶ 1000m	12	Krista BOESE	SR	2:59.61c (3:01.57f)	1/19/24	4	0.47	4.47
▶ Mile	1	Lisa VOYLES	SR	4:50.44 O	1/26/24	20	3.82	23.82
▶ Mile	12	Krista BOESE	SR	5:04.76 O	1/26/24	4	0.32	4.32
▶ 3000m	3	Lisa VOYLES	SR	9:46.70 O	12/1/23	D	1.96	3.96
▶ RW3000	16	Korissa VANOVER	SR	17:36.82 f	1/19/24	1.25	0.08	1.33
▶ 4x400	1	Soyinne Grenyion, Jo'Deci Irby, Junae Bennett, Kayla Moody		3:44.75 O	2/9/24	20	3.88	23.88
▶ DMR	1	#Type!		11:56.82	2/3/24	20	3.88	23.88
▶ PV	1	Evelyn DOLCE	FR	3.95m 12-11½	12/8/23	20	4.78	24.78
▶ LJ	9	Carlie TURNER	JR	5.64m 18-6	2/3/24	7	0.50	7.50
▶ LJ	16	Trishelle GANAWAY	SO	5.55m 18-2½	12/8/23	1.25	0.19	1.44
▶ LJ	34	Anajah GOMILLIA	SR	5.47m 17-11½	2/9/24	0.015	0.00	0.02
▶ TJ	34	Trishelle GANAWAY	SO	11.03m 36-2¼	12/8/23	0.015	0.00	0.02
▶ WT	27	Deneara MBOUG	SO	16.21m 53-2¼	12/2/23	0.125	0.00	0.13

INDIANA TECH TFRI Team Total 297.45

2

Concordia (Neb.)

GPAC

▲

1

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	8	Adrianna RODENCAL	SO	8.55	2/9/24	8	1.13	9.13
▶ 200m	34	Adrianna RODENCAL	SO	25.40c (25.79f)	1/27/24	0.015	0.00	0.02
▶ 400m	14	Jenna ESCH	JR	56.89c (57.64f)	12/9/23	2	0.29	2.29
▶ 400m	19	Jordan KOEPKE	JR	57.19c (57.95f)	2/9/24	0.8	0.15	0.95
▶ 600m	6	Jenna ESCH	JR	1:33.52	2/3/24	10	1.57	11.57
▶ 600m	10	Jordan KOEPKE	JR	1:35.56c (1:36.73f)	12/9/23	6	0.60	6.60
▶ 800m	2	Jenna ESCH	JR	2:14.14c (2:15.68f)	2/9/24	18	1.91	19.91
▶ 800m	7	Rylee HAECKER	SR	2:15.66c (2:17.22f)	2/9/24	9	0.96	9.96
▶ 1000m	2	Kylahn FREIBERG	SR	2:54.39c (2:56.29f)	2/9/24	18	2.29	20.29
▶ 1000m	3	Rylee HAECKER	SR	2:54.91c (2:56.82f)	1/27/24	16	2.06	18.06
▶ 1000m	30	Rhaya KASCHINSKE	JR	3:01.65c (3:03.63f)	2/9/24	0.05	0.05	0.10
▶ Mile	7	Kylahn FREIBERG	SR	5:00.45c (5:03.42f)	2/3/24	9	1.07	10.07
▶ Mile	14	Rylee HAECKER	SR	5:04.85	2/3/24	2	0.32	2.32
▶ Mile	32	Julie MCINTYRE	SR	5:07.82c (5:10.86f)	2/9/24	0.03	0.04	0.07
▶ 3000m	20	Kylahn FREIBERG	SR	10:09.36c(10:14.58f)	2/3/24	0.7	0.13	0.83
▶ 5000m	18	Kylahn FREIBERG	SR	17:40.14c(17:48.25f)	1/19/24	0.9	0.29	1.19
▶ 5000m	23	Julie MCINTYRE	SR	17:47.74c(17:55.91f)	2/3/24	0.4	0.05	0.45
▶ RW3000	13	Lauren DAWSON	SR	17:23.31 f	12/9/23	3	0.18	3.18
▶ RW3000	25	Gretchen STOTTLEMYRE	FR	20:02.82 f	2/9/24	0.2	0.00	0.20
▶ 4x400	8	Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke		3:53.06	2/3/24	6	0.93	6.93
▶ 4x800	1	Jenna Esch, Kylahn Freiberg, Julie McIntyre, Rylee Haecker		9:08.93c (9:15.26f)	1/19/24	20	5.01	25.01
▶ DMR	6	Rylee Haecker, Isabelle Salters, Jenna Esch, Julie McIntyre		12:11.86c(12:19.70f)	1/27/24	10	1.16	11.16
▶ HJ	9	Zoey WALKER	FR	1.68m 5-6	12/9/23	7	0.70	7.70
▶ HJ	32	Addie REIMER	FR	1.60m 5-3	2/3/24	0.03	0.00	0.03
▶ HJ	32	Amanda STEINKE	SO	1.60m 5-3	2/3/24	0.03	0.00	0.03
▶ PV	13	Amira CUMMINGS	SR	3.57m 11-8½	12/9/23	3	0.19	3.19
▶ PV	13	Sydney REICHERT	SR	3.57m 11-8½	12/9/23	3	0.19	3.19
▶ PV	13	Josie PUELZ	SR	3.57m 11-8½	12/9/23	3	0.19	3.19
▶ PV	24	Erin BOGGS	JR	3.47m 11-4½	1/27/24	0.3	0.00	0.30
▶ PV	24	Kayla SVOBODA	SO	3.47m 11-4½	2/9/24	0.3	0.00	0.30
▶ LJ	4	Hayley MILES	SO	5.90m 19-4¼	12/9/23	14	2.41	16.41
▶ TJ	16	Josi NOBLE	SO	11.45m 37-6¾	1/19/24	1.25	0.17	1.42
▶ TJ	21	Hayley MILES	SO	11.32m 37-1¾	12/9/23	0.6	0.00	0.60
▶ SP	12	Abigail GERBER	SR	13.94m 45-9	12/9/23	4	0.63	4.63
▶ SP	26	Kamryn POKORNEY	SR	13.05m 42-9¾	2/3/24	0.15	0.00	0.15
▶ WT	4	Abi WOHLGEMUTH	JR	17.94m 58-10¼	12/9/23	14	1.95	15.95



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D denotes multiple-event rule in affect

2

GPAC



1

LW: 3

CONCORDIA (NEB.) TFRI Team Total3

SSAC



1

LW: 2

WILLIAM CAREY (MISS.) TFRI Team Total

220.66



WOMEN — 2024 Week #4, February 14

4

Central Methodist (Mo.)

The Heart

unch

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	23	Zaria JONES	FR	8.89	12/2/23	0.4	0.00	0.40
▶ 60H	34	Kailey JOHNSON	SR	9.01	2/3/24	0.015	0.00	0.02
▶ 400m	15	Darby CAMILO-MONTENEGRO	SR	56.90 OT	2/3/24	1.5	0.29	1.79
▶ 600m	4	Darby CAMILO-MONTENEGRO	SR	1:32.79 O	2/3/24	14	2.08	16.08
▶ 600m	25	Joshlyn TROUPE	FR	1:38.14 O	12/9/23	0.2	0.00	0.20
▶ 600m	27	Yanira DEANA PANINKA	SO	1:38.24 O	12/9/23	0.125	0.00	0.13
▶ RW3000	6	Baileigh MORRIS	JR	15:37.88 f	1/19/24	10	1.36	11.36
▶ RW3000	7	Yanira DEANA PANINKA	SO	15:56.40 f	1/27/24	9	1.03	10.03
▶ HJ	3	Renee FINKE	JR	1.73m 5-8	12/2/23	16	2.22	18.22
▶ HJ	8	Delaney MILLER	SO	1.69m 5-6½	2/3/24	8	0.96	8.96
▶ HJ	27	Kyley MAGERS	FR	1.63m 5-4¼	12/2/23	0.125	0.00	0.13
▶ HJ	31	Haley BELLAMY	SO	1.61m 5-3¼	2/3/24	0.04	0.00	0.04
▶ LJ	12	Na'Zariah JAMES	FR	5.58m 18-3¾	1/13/24	4	0.29	4.29
▶ TJ	26	Na'Zariah JAMES	FR	11.29m 37-½	12/9/23	0.15	0.00	0.15
▶ SP	2	Baylee BEARD	SO	14.99m 49-2¼	12/2/23	18	2.61	20.61
▶ WT	12	Karli WOLFE	SR	17.19m 56-4¾	12/9/23	4	0.30	4.30
▶ PENT	3	Renee FINKE	JR	3,413 OT	12/9/23	16	1.94	17.94
▶ PENT	7	Haley BELLAMY	SO	3,308 OT	12/9/23	9	0.98	9.98

CENTRAL METHODIST (MO.) TFRI Team Total 124.61

5

Cumberlands (Ky.)

Mid-South

unch

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	29	Savannah HOSSFELD	SO	2:19.28 O	2/10/24	0.075	0.00	0.08
▶ 1000m	32	Elizabeth LUCASON	SO	3:01.76	1/19/24	0.03	0.04	0.07
▶ Mile	13	Alina BOSHCHUK	FR	5:04.82 O	2/10/24 D	2	0.32	2.32
▶ Mile	18	Elizabeth LUCASON	SO	5:05.49	1/19/24	0.9	0.26	1.16
▶ 3000m	11	Alina BOSHCHUK	FR	9:56.13 O	2/10/24	5	0.88	5.88
▶ 3000m	23	Elizabeth LUCASON	SO	10:11.57	1/27/24	0.4	0.04	0.44
▶ 3000m	34	Elke WIJKMANS	JR	10:16.41	1/27/24	0.015	0.00	0.02
▶ 5000m	1	Alina BOSHCHUK	FR	16:58.76	12/8/23	20	3.59	23.59
▶ 5000m	11	Elke WIJKMANS	JR	17:35.70	2/2/24	5	0.43	5.43
▶ 5000m	29	Heather DURRANT	FR	17:54.47	12/8/23	0.075	0.00	0.08
▶ RW3000	1	Heather DURRANT	FR	13:15.14 f	1/13/24	20	5.52	25.52
▶ RW3000	3	Alexa GOVERNOR	FR	14:56.92 f	1/13/24	16	2.22	18.22
▶ RW3000	4	#Type!	FR	15:02.83 f	12/8/23	14	2.05	16.05
▶ RW3000	5	Hannah DURRANT	FR	15:21.17 f	12/8/23	12	1.67	13.67
▶ RW3000	19	Isabelle BLATZ	JR	18:54.02 f	12/8/23	0.8	0.00	0.80
▶ 4x800	13	Ashley Terry, Elizabeth Lucason, Ella Henage, Alina Boshchuk		9:34.54c (9:41.16f)	1/13/24	0.9	0.21	1.11
▶ HJ	15	Mya HINES	FR	1.65m 5-5	1/19/24	1.5	0.22	1.72
▶ PENT	23	Mya HINES	FR	3,018	1/27/24	0.4	0.00	0.40

CUMBERLANDS (KY.) TFRI Team Total 116.55

WOMEN — 2024 Week #4, February 14

6

Cumberland (Tenn.)

unch

LW: 6

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	1	Praise IDAMADUDU	JR	7.39	1/19/24	20	2.77	22.77
► 60m	17	Doris MENSAH	SO	7.63	1/19/24	1	0.27	1.27
► 60m	29	Ifunanya MUOGHALU	SO	7.70	1/13/24	0.075	0.00	0.08
► 60H	14	Doris MENSAH	SO	8.65	2/4/24	2	0.51	2.51
► 200m	5	Praise IDAMADUDU	JR	23.90 OT	1/19/24	2	0.22	4.22
► 200m	16	Ifunanya MUOGHALU	SO	24.83	2/4/24	1.25	0.26	1.51
► 200m	31	Doris MENSAH	SO	25.33 OT	1/13/24	0.04	0.00	0.04
► 400m	1	Praise IDAMADUDU	JR	54.29 OT	1/13/24	20	3.49	23.49
► 400m	9	Ifunanya MUOGHALU	SO	56.44 OT	1/19/24	7	0.73	7.73
► 4x400	5	Ezthia Maycock, Ifunanya Muoghalu, Doris Mensah, Praise Idamadudu		3:51.71 O	1/19/24	12	1.32	13.32
► LJ	3	Blessing SAMUEL	SO	5.91m 19-4¾	1/19/24	16	2.51	18.51
► TJ	21	Blessing SAMUEL	SO	11.32m 37-1¾	2/4/24	0.6	0.00	0.60
► SP	5	Daveina WATSON	JR	14.57m 47-9¾	2/10/24	12	1.62	13.62
CUMBERLAND (TENN.) TFRI Team Total								109.66

7

Dickinson State (N.D.)

unch

LW: 7

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	10	Kaitlyn MCCOLLY	JR	8.58	2/10/24	6	0.93	6.93
▶ 400m	35	Jewel OLSON	JR	58.22c (58.99f)	2/3/24	0.01	0.00	0.01
▶ 4x800	17	Jewel Olson, Kaitlyn McColly, Elizabeth Widmer, Natalie Life		9:37.47 O	2/10/24	0.5	0.01	0.51
▶ HJ	1	Adarra HAGLUND	SO	1.75m 5-8¾	1/27/24	20	2.99	22.99
▶ HJ	27	Kaitlyn MCCOLLY	JR	1.63m 5-4¼	2/3/24	0.125	0.00	0.13
▶ PV	11	Madison WAHL	JR	3.65m 11-11¾	1/27/24	5	0.66	5.66
▶ LJ	27	Kaitlyn MCCOLLY	JR	5.50m 18-½	2/3/24	0.125	0.02	0.14
▶ SP	4	Kori NAGEL	JR	14.82m 48-7½	1/20/24	14	2.11	16.11
▶ SP	31	Taylor LAUMEYER	JR	12.79m 41-11½	2/10/24	0.04	0.00	0.04
▶ WT	5	Kori NAGEL	JR	17.82m 58-5¾	1/20/24	12	1.60	13.60
WT	35	Taylor LAUMEYER	JR	15.88m 52-1¼	2/3/24	0.01	0.00	0.01
▶ PENT	1	Kaitlyn MCCOLLY	JR	3,755	2/3/24	20	5.90	25.90
DICKINSON STATE (N.D.) TFRI Team Total								92.03

8

Marian (Ind.)

2

LW: 10

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	29	Janae BAILEY	FR	5:25.2c (25.61f)	1/27/24	0.075	0.00	0.08
▶ 400m	32	Hanna REUTER	SO	57.92c (58.68f)	12/8/23	0.03	0.00	0.03
▶ 600m	7	Claire LANGE		1:33.62c (1:34.76f)	1/27/24	9	1.50	10.50
▶ 600m	13	Taylor THOMAS	SR	1:36.62c (1:37.80f)	1/27/24	3	0.29	3.29
▶ 600m	19	Hanna REUTER	SO	1:37.26c (1:38.45f)	1/27/24	0.8	0.15	0.95
▶ 800m	17	Claire LANGE		2:17.44	2/9/24	1	0.28	1.28
▶ 1000m	7	Katie WOODS	SO	2:58.41	2/9/24	9	0.81	9.81
▶ 4x400	7	Taylor Thomas, Claire Lange, Janae Bailey, Hanna Reuter		3:52.92c (3:56.01f)	1/27/24	8	0.97	8.97
▶ HJ	4	Gina BUTZ	JR	1.71m 5-7¼	12/8/23	14	1.48	15.48
▶ HJ	9	Brooke COFFMAN	FR	1.68m 5-6	12/8/23	7	0.70	7.70
▶ SP	9	Arriana BENJAMIN	SR	14.22m 46-8	2/3/24	7	0.93	7.93
▶ WT	1	Arriana BENJAMIN	SR	18.63m 61-1½	2/3/24	20	4.10	24.10
▶ WT	31	Nhaydia WATSON	SO	16.06m 52-8¼	2/3/24	0.04	0.00	0.04
▶ WT	32	Keeley HUGHES	SR	16.04m 52-7½	2/9/24	0.03	0.00	0.03
MARIAN (IND.) TERI Team Total								90.19

9

Olivet Nazarene (Ill.)

▲ 2

LW: 11

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	6	Hannah ANTKOVIAK	JR	8.50	12/8/23	D 2	1.48	3.48
▶ 60H	22	Kaylah MCCALL	JR	8.87	2/9/24	0.5	0.00	0.50
▶ 200m	11	Hannah ANTKOVIAK	JR	24.65 OT	2/10/24	D 2	0.45	2.45
▶ 200m	23	Kiara CARTER	JR	25.09 OT	2/10/24	0.4	0.00	0.40
▶ 200m	27	Tera MILLER	SR	25.17 OT	12/8/23	0.125	0.00	0.13
▶ 400m	3	Hannah ANTKOVIAK	JR	54.70 OT	12/8/23	16	2.83	18.83
▶ 400m	21	Kiara CARTER	JR	57.38c (58.14f)	1/20/24	0.6	0.05	0.65
▶ 400m	25	Tera MILLER	SR	57.69 OT	12/8/23	0.2	0.00	0.20
▶ 600m	1	Hannah ANTKOVIAK	JR	1:30.85c (1:31.96f)	1/26/24	20	3.47	23.47
▶ 4x400	2	Kiara Carter, Carsyn Burdine, Hannah Antkoviak, Tera Miller		3:44.95 O	2/9/24	18	3.79	21.79
▶ TJ	13	Jolene MANTOAN	SR	11.55m 37-10¾	12/2/23	3	0.32	3.32
▶ WT	8	Kayla MIKOTTIS	SR	17.39m 57-¾	12/2/23	8	0.69	8.69
▶ WT	26	Sarah SCHOONMAKER	SO	16.28m 53-5	2/9/24	0.15	0.00	0.15
OLIVET NAZARENE (ILL.) TFR1 Team Total								84.06

National TFRI Team Summary



as of 2/14/24 8:05 AM ET

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D denotes multiple-event rule in affect

WOMEN — 2024 Week #4, February 14

10

Lewis-Clark State (Idaho)

Indep.

4

LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 60H	4	Madigan KELLY	JR	8.49	1/20/24	14	1.58	15.58	
▶ 400m	27	Emily COLLINS	SO	57.81	2/10/24	0.125	0.00	0.13	
▶ 600m	30	Emily COLLINS	SO	1:38.44	12/9/23	0.05	0.00	0.05	
▶ 800m	1	Geraldin CORREA	SR	2:12.84	2/10/24	20	2.76	22.76	
▶ 800m	19	Aubree WILLIAMS	FR	2:17.53	2/10/24	0.8	0.26	1.06	
▶ 800m	23	Grace TIEGS	SO	2:18.19	2/10/24	0.4	0.13	0.53	
▶ Mile	35	Brooklyn SHELL	SR	5:09.79	2/10/24	0.01	0.00	0.01	
▶ 4x400	18	Madigan Kelly, Sara Hathaway, Anika Grogan, Emily Collins		3:57.99	2/10/24	0.4	0.00	0.40	
▶ 4x800	5	Grace Tieg, Aubree Williams, Geraldin Correa, Brooklyn Shell		9:26.53	1/27/24	12	1.41	13.41	
▶ HJ	5	Jennah CARPENTER	JR	1.70m	5-7	2/10/24	12	1.22	13.22
▶ LJ	23	Sydney ZYWINA	JR	5.52m	18-1½	1/20/24	0.4	0.09	0.49
▶ TJ	10	Sydney ZYWINA	JR	11.79m	38-8¼	2/10/24	6	0.79	6.79
▶ PENT	8	Jennah CARPENTER	JR	3.296 OT	1/20/24	8	0.89	8.89	

LEWIS-CLARK STATE (IDAHO) TFRI Team Total

83.31

11

Milligan (Tenn.)

AAC



3

LW: 8

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	27	Ellen-Mary KEARNEY	SO	2:18.72c (2:20.32f)	1/20/24	0.125	0.02	0.14
► 1000m	4	Ellen-Mary KEARNEY	SO	2:56.57c (2:58.50f)	1/20/24	D 2	1.35	3.35
► 1000m	26	Caitlin DOMINY	SR	3:01.44c (3:03.42f)	1/20/24	0.15	0.08	0.23
► Mile	3	Ellen-Mary KEARNEY	SO	4:55.08 O	2/10/24	16	2.41	18.41
► Mile	31	Caitlin DOMINY	SR	5:07.72c (5:10.76f)	1/20/24	0.04	0.05	0.09
► 3000m	1	Caitlin DOMINY	SR	9:40.48c (9:45.45f)	1/27/24	20	2.80	22.80
► 3000m	2	Ellen-Mary KEARNEY	SR	9:43.24c (9:48.24f)	1/27/24	18	2.43	20.43
► 3000m	31	Patricia BARRERA	SO	10:15.68c(10:20.95f)	1/27/24	0.04	0.00	0.04
► 5000m	5	Ellen-Mary KEARNEY	SO	17:22.57	11/28/23	D 2	1.28	3.28
► 5000m	8	Caitlin DOMINY	SR	17:25.29	11/28/23	8	1.10	9.10
► DMR	11	Patricia Barrera, Hope Krell, Ellen-Mary Kearney, Caitlin Dominy		12:13.92c(12:21.78f)	1/27/24	2	0.87	2.87

MILLIGAN (TENN.) TFRI Team Total

80.75

12

College of Idaho

Indep.



5

LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	6	Abbey SHIRTS	SR	5:00.35c (5:06.18A)	1/26/24	10	1.09	11.09
► Mile	10	Kahea FIGUEIRA	JR	5:02.33c (5:08.20A)	2/10/24	6	0.71	6.71
► Mile	17	Sage MARTIN	JR	5:05.33c (5:11.26A)	2/10/24	1	0.27	1.27
► 3000m	4	Ellyse TINGELSTAD	SR	9:47.22c (10:00.03A)	2/10/24	14	1.90	15.90
► 3000m	12	Abbey SHIRTS	SR	9:59.28	2/3/24	4	0.61	4.61
► 3000m	29	Kahea FIGUEIRA	JR	10:13.99	2/3/24	0.075	0.00	0.08
► 5000m	2	Ellyse TINGELSTAD	SR	17:09.34	2/3/24	18	2.53	20.53
► DMR	4	Kahea Figueira, Charlotte Bowman, Kylee Quinton, Abbey Shirts		12:07.92	2/3/24	14	1.86	15.86
► SP	29	Star HERRON	SO	12.96m 42-6¼	2/3/24	0.075	0.00	0.08
► WT	19	Star HERRON	SO	16.52m 54-2½	2/10/24	0.8	0.00	0.80

COLLEGE OF IDAHO TFRI Team Total

76.91

13

St. Francis (Ill.)

Chicagoland



7

LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	5	Ana PINEDA	SR	2:14.82c (2:16.37f)	1/20/24	12	1.47	13.47
▶ 800m	24	Allison RAMSEY	SR	2:18.35c (2:19.94f)	2/10/24	0.3	0.09	0.39
▶ 1000m	5	Ana PINEDA	SR	2:56.98c (2:58.91f)	1/27/24	D 2	1.21	3.21
▶ 1000m	27	Allison RAMSEY	SR	3:01.54c (3:03.52f)	1/27/24	0.125	0.07	0.19
▶ Mile	2	Ana PINEDA	SR	4:54.66 O	2/9/24	18	2.54	20.54
▶ Mile	9	Allison RAMSEY	SR	5:02.18 O	2/9/24	7	0.74	7.74
▶ 3000m	17	Ana PINEDA	SR	10:07.21	12/1/23	1	0.22	1.22
▶ 3000m	18	Allison RAMSEY	SR	10:07.26	12/1/23	0.9	0.22	1.12
▶ 3000m	33	Alexia BIBAKIS	SR	10:16.39	12/1/23	0.02	0.00	0.02
▶ 5000m	6	Ana PINEDA	SR	17:23.57	12/8/23	D 2	1.21	3.21
▶ 5000m	10	Allison RAMSEY	SR	17:31.86	12/8/23	6	0.68	6.68
▶ 5000m	12	Alexia BIBAKIS	SR	17:35.95	12/8/23	4	0.42	4.42
▶ 5000m	34	Riley JO FORD	JR	17:59.29	12/8/23	0.015	0.00	0.02
▶ 4x800	8	Bailey Wilk, Dyannara Franco, Allison Ramsey, Anna Pineda		9:28.93c (9:35.49f)	1/27/24	6	0.94	6.94

ST. FRANCIS (ILL.) TFR1 Team Total

69.18

National TFRI Team Summary



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2024 Week #4, February 14

14

Taylor (Ind.)



1

LW: 13

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	30	Patience SAKEUH	JR	8.96	1/27/24	0.05	0.00	0.05
▶ 600m	32	Emily JOHNSON	JR	1:38.62c (1:39.82f)	2/3/24	0.03	0.00	0.03
▶ 800m	15	Abigail MAYS		2:16.92c (2:18.49f)	1/20/24	1.5	0.43	1.93
▶ 1000m	6	Abigail MAYS		2:57.36c (2:59.29f)	2/3/24	10	1.11	11.11
▶ Mile	8	Noel VANDERWALL	SO	5:00.95c (5:03.92f)	1/20/24	8	0.98	8.98
▶ Mile	20	Audrey BRINKRUFF	JR	5:05.99c (5:09.01f)	1/27/24	0.7	0.21	0.91
▶ Mile	34	Kaitlin BURDEN	SO	5:09.68c (5:12.74f)	2/3/24	0.015	0.00	0.02
▶ 3000m	7	Noel VANDERWALL	SO	9:53.43c (9:58.51f)	2/3/24	9	1.11	10.11
▶ 3000m	13	Audrey BRINKRUFF	JR	10:01.12c(10:06.27f)	1/20/24	3	0.48	3.48
▶ 3000m	14	Mollie GAMBLE	JR	10:04.01c(10:09.18f)	1/20/24	2	0.36	2.36
▶ 3000m	27	Ahna NEIDECK		10:13.39c(10:18.64f)	2/3/24	0.125	0.00	0.13
▶ 5000m	14	Mollie GAMBLE	JR	17:37.75c(17:45.85f)	2/3/24	2	0.36	2.36
▶ 5000m	20	Audrey BRINKRUFF	JR	17:43.88c(17:52.02f)	2/3/24	0.7	0.17	0.87
▶ 4x800	9	Emily Johnson, Abigail Mays, Kaitlin Burden, Olivia Jeanette		9:30.08c (9:36.65f)	2/3/24	5	0.79	5.79
▶ DMR	3	Abigail Mays, Ashley Hall, Emily Johnson, Noel VanderWall		12:05.21c(12:12.98f)	1/27/24	16	2.35	18.35
▶ PV	35	Mailand ZIMMERMAN		3.32m 10-10%	1/27/24	0.01	0.00	0.01
TAYLOR (IND.) TFRI Team Total								66.47

15

Doane (Neb.)
GPAC

unch

LW: 15

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	27	Neryah HEKL	FR	7.68	2/9/24	0.125	0.07	0.19
▶ 60H	27	Josie GARRETT	SO	8.92	1/27/24	0.125	0.00	0.13
▶ 400m	29	Kat VOGT	SO	57.85c (58.61f)	2/3/24	0.075	0.00	0.08
▶ 600m	31	Danie PARRIOTT	SO	1:38.47c (1:39.67f)	2/3/24	0.04	0.00	0.04
▶ 800m	32	Danie PARRIOTT	SO	2:19.57c (2:21.18f)	2/9/24	0.03	0.00	0.03
▶ 1000m	10	Danie PARRIOTT	SO	2:58.90c (3:00.85f)	1/27/24	6	0.67	6.67
▶ HJ	15	Josie GARRETT	SO	1.65m 5-5	1/27/24	1.5	0.22	1.72
▶ HJ	32	Jastiny JACKSON	JR	1.60m 5-3	1/19/24	0.03	0.00	0.03
▶ HJ	32	Sarah THEILER	SR	1.60m 5-3	2/3/24	0.03	0.00	0.03
▶ PV	2	Kaylee PRIBYL	FR	3.82m 12-6¼	2/9/24	18	2.75	20.75
▶ PV	9	Kennedy STANLEY	SO	3.67m 12-½	2/9/24	7	0.87	7.87
▶ LJ	34	Lindsay ADAMS	JR	5.47m 17-11½	1/27/24	0.015	0.00	0.02
▶ TJ	5	Josie GARRETT	SO	12.10m 39-8½	2/3/24	12	1.70	13.70
▶ TJ	14	Rosalyn ROGGASCH	SO	11.52m 37-9½	1/27/24	2	0.28	2.28
▶ TJ	20	Lindsay ADAMS	JR	11.37m 37-3¾	2/3/24	0.7	0.05	0.75
▶ TJ	30	Kyla DAVIS	SO	11.16m 36-7½	2/3/24	0.05	0.00	0.05
▶ WT	7	Macy FULLER	SR	17.70m 58-1	2/9/24	9	1.35	10.35
▶ WT	17	Mia KNIGGE	SO	16.79m 55-1	2/9/24	1	0.00	1.00
▶ PENT	25	Chaney NELSON	FR	3,012	12/3/23	0.2	0.00	0.20
▶ PENT	35	Rosalyn ROGGASCH	SO	2,905	12/3/23	0.01	0.00	0.01
DOANE (NEB.) TFRI Team Total								65.89

16

Life (Ga.)
SSAC



7

LW: 9

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	4	Printassia JOHNSON	SR	7.47	2/4/24	14	1.74	15.74
► 200m	2	Printassia JOHNSON	SR	23.81 OT	1/19/24	18	2.52	20.52
► 600m	15	Emeline DELAVILLE	FR	1:36.97	1/14/24	15	0.21	1.71
► 800m	6	Emeline DELAVILLE	FR	2:15.40	2/4/24	10	1.10	11.10
► 1000m	13	Emeline DELAVILLE	FR	2:59.76	1/13/24	3	0.43	3.43
► 4x400	6	#Type!		3:51.98	2/4/24	10	1.24	11.24
► PV	19	Megan JUDGE	JR	3.55m 11-7¾	1/14/24	0.8	0.08	0.88
► PV	22	Cameron KELPERIS	FR	3.50m 11-5¾	2/10/24	0.5	0.00	0.50
► WT	27	Jennifer BATU	SR	16.21m 53-2¼	1/14/24	0.125	0.00	0.13
LIFE (GA.) TFRI Team Total								65.25



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

17 Bethel (Ind.)

▼ 5
LW: 12

19 **Huntington (Ind.)** **unch**
 Crossroads LW: 19

18 **Hastings (Neb.)** **unch**
 GPAC LW: 18

20 **MidAmerica Nazarene (Kan.)**  **4**
The Heart LW: 16

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	2	Nikiwe MONGWE	JR	23.81 OT	2/3/24	18	2.52	20.52
► 400m	11	Nikiwe MONGWE	JR	56.56 OT	1/20/24	5	0.61	5.61
► 4x400	4	Nikiwe Mongwe, Daizy Solir, Janiah Nicholson, Lakin Essex		3:51.66 O	2/3/24	14	1.33	15.33
► HJ	15	Taryn ST. CLAIR	FR	1.65m 5-5	12/9/23	1.5	0.22	1.72
► LJ	12	Reanna GREEN	SO	5.58m 18-3¾	12/9/23	4	0.29	4.29
► LJ	27	Carly LINDENMEYER	SR	5.50m 18-½	12/9/23	0.125	0.02	0.14
► LJ	31	Nala BURNS	SO	5.48m 17-11¾	1/27/24	0.04	0.00	0.04
► TJ	21	Hayley LOEWEN	SO	11.32m 37-1¾	12/9/23	0.6	0.00	0.60
► SP	25	Laurel BARBER	SR	13.06m 42-10¼	12/9/23	0.2	0.00	0.20
► SP	30	Victoria LOTZ	JR	12.94m 42-5½	1/20/24	0.05	0.00	0.05
► WT	13	Victoria LOTZ	JR	17.18m 56-4½	1/20/24	3	0.29	3.29
► PENT	15	Carly LINDENMEYER	SR	3,157 OT	2/3/24	1.5	0.20	1.70
► PENT	28	Maddi BAKER	FR	2,963	12/9/23	0.1	0.00	0.10
► PENT	32	LaShae SMITH	JR	2,934 OT	2/3/24	0.03	0.00	0.03
MIDAMERICA NAZARENE (KAN.) TFRI Team Total								53.63



USTFCCCA NAIA Indoor Track & Field

National TFRI Team Summary



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2024 Week #4, February 14

21

The Master's (Calif.)

Indep.

▲ 20

LW: 41

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 600m	21	Suzie JOHNSON	SO	1:37.77 o	1/27/24	0.6	0.04	0.64
▶ 3000m	21	Hannah FREDERICKS	JR	10:09.44 o	1/27/24	0.6	0.13	0.73
▶ RW3000	11	Allie METHUM	JR	17:04.09	2/10/24	5	0.33	5.33
▶ 4x800	2	Rebekah Niednagel, Emma Nelson, Suzie Johnson, Ellen Palmgren		9:17.77	2/10/24	18	3.17	21.17
▶ DMR	2	Ellen Palmgren, Oliva Prettyman, Suzie Johnson, Hannah Fredericks		12:01.15 o	1/27/24	18	3.09	21.09

THE MASTER'S (CALIF.) TFRI Team Total 48.96

22

Saint Francis (Ind.)

Crossroads

▼ 1

LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 600m	35	Mariah MALEY	JR	1:38.86c (1:40.07f)	2/10/24	0.01	0.00	0.01
▶ 800m	20	Kiara BAHENA	FR	2:17.71c (2:19.29f)	2/10/24	0.7	0.22	0.92
▶ 800m	21	Alex EBETINO	SR	2:17.80c (2:19.38f)	2/10/24	0.6	0.21	0.81
▶ 1000m	20	Alex EBETINO	SR	3:00.65c (3:02.62f)	1/13/24	0.7	0.19	0.89
▶ Mile	26	Alex EBETINO	SR	5:06.71c (5:09.74f)	1/20/24	0.15	0.14	0.29
▶ 3000m	6	Alex EBETINO	SR	9:50.80c (9:55.86f)	12/2/23	10	1.42	11.42
▶ 5000m	3	Alex EBETINO	SR	17:10.48	12/8/23	16	2.41	18.41
▶ 5000m	32	Victoria CLIBON	FR	17:58.31	2/9/24	0.03	0.00	0.03
▶ 4x800	7	Kiara Bahena, Victoria Clibon, Alex Ebetino, Mariah Maley		9:27.51c (9:34.05f)	2/3/24	8	1.22	9.22
▶ DMR	9	Victoria Clibon, Mariah Maley, Kiara Bahena, Alex Ebetino		12:12.76c(12:20.61f)	1/27/24	5	1.01	6.01

SAINT FRANCIS (IND.) TFRI Team Total 48.02

23

Madonna (Mich.)

WHAC

unch

LW: 23

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	5	Ny'tierra HOBBS	SR	7.50	2/9/24	12	1.36	13.36
▶ 200m	9	Ny'tierra HOBBS	SR	24.38 OT	1/27/24	7	1.00	8.00
▶ 200m	10	Charity JONES	JR	24.51 OT	12/2/23	6	0.72	6.72
▶ 400m	5	Charity JONES	JR	55.90 OT	1/27/24	12	1.28	13.28
▶ 600m	34	Lauren HAMILTON	FR	1:38.73 O	2/9/24	0.015	0.00	0.02
▶ 4x400	9	Charity Jones, Nia Wood, Lauren Hamilton, Jessica Phillips		3:53.29 O	12/8/23	5	0.86	5.86

MADONNA (MICH.) TFRI Team Total 47.23

24

Cornerstone (Mich.)

WHAC

▲ 5

LW: 29

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	29	Sarah GENZINK	JR	57.85 OT	2/9/24	0.075	0.00	0.08
▶ 400m	31	Madi HAID	SR	57.91c (58.67f)	2/9/24	0.04	0.00	0.04
▶ 600m	24	Kori BAUMANN	JR	1:38.11 O	2/9/24	0.3	0.00	0.30
▶ 800m	34	Kori BAUMANN	JR	2:19.75 O	1/26/24	0.015	0.00	0.02
▶ 5000m	7	Haley NIEUWKOOP	SR	17:23.79	2/9/24	9	1.20	10.20
▶ 4x400	13	Katelynn Dix, Madi Haid, Hallie Kooyer, Sarah Genzink		3:55.50c (3:58.62f)	2/2/24	0.9	0.25	1.15
▶ 4x800	20	Jacie Remtema, Jessica Jarski, Kori Baumann, Lauren VanderLaan		9:41.54c (9:48.24f)	2/2/24	0.2	0.00	0.20
▶ DMR	13	Jacie Remtema, Sarah Genzink, Kori Baumann, Emma Moore		12:19.80	2/10/24	0.9	0.19	1.09
▶ PV	4	Tatum TOWNSEND	SR	3.73m 12-2¾	2/9/24	14	1.50	15.50
▶ PV	24	Cecily FAGER	FR	3.47m 11-4½	2/9/24	0.3	0.00	0.30
▶ PV	30	Morgan VARGO	JR	3.42m 11-2½	1/13/24	0.05	0.00	0.05
▶ LJ	8	Morgan VARGO	JR	5.70m 18-8½	12/8/23	8	0.89	8.89
▶ WT	15	Claire MEACHAM	SO	17.11m 56-1¾	1/26/24	1.5	0.21	1.71
▶ PENT	13	Katelynn DIX	SO	3,167 OT	12/2/23	3	0.24	3.24

CORNERSTONE (MICH.) TFRI Team Total 42.77

National TFRI Team Summary



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2024 Week #4, February 14

25

Evangel (Mo.)

KCAC

unch

LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	7	Delaney WEIMER	JR	7.53	1/27/24	9	1.04	10.04
▶ 200m	25	Delaney WEIMER	JR	25.16 OT	1/27/24	0.2	0.00	0.20
▶ 600m	26	Autumn NOLD	FR	1:38.21	2/14/24	0.15	0.00	0.15
▶ 1000m	24	Skylar ADAMS	JR	3:01.11	2/14/24	0.3	0.13	0.43
▶ 4x800	12	Skylar Adams, Emily Harris, Adriana McGregor, Macy Kopp		9:31.88	2/14/24	1	0.55	1.55
▶ DMR	20	Emily Harris, Liberty Wiles, Macy Kopp, Skylar Adams		12:32.17	1/27/24	0.2	0.00	0.20
▶ HJ	2	April PHILLIPS	FR	1.74m 5-8½	12/9/23	18	2.61	20.61
▶ LJ	17	April PHILLIPS	FR	5.54m 18-2¼	2/14/24	1	0.16	1.16
▶ TJ	11	April PHILLIPS	FR	11.64m 38-2¼	2/14/24	5	0.45	5.45

EVANGEL (MO.) TFRI Team Total	39.79
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26

Saint Xavier (Ill.)

Chicagoland



2

LW: 24

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 600m	20	Olivia MATHIS	SO	1:37.33c (1:38.52f)	1/27/24	0.7	0.14	0.84
► 800m	9	Alexandra CLARKE	JR	2:15.89 O	2/9/24	7	0.86	7.86
► 800m	10	Olivia MATHIS	SO	2:15.95	1/19/24	6	0.83	6.83
► RW3000	15	Alanna RODRIGUEZ	SO	17:30.80 f	12/9/23	1.5	0.12	1.62
► 4x800	18	#Type!		9:39.09c (9:45.76f)	2/2/24	0.4	0.00	0.40
► WT	3	Precious AGUAGYO	JR	18:03m 59-2	12/9/23	16	2.23	18.23
► PENT	16	Lana MUSA	SR	3,139	1/27/24	1.25	0.13	1.38

SAINT XAVIER (ILL.) TFRI Team Total 37.16

27

Dordt (Iowa)

GPAC



□

LW: 32

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 600m	9	Shelby BUWALDA	SO	1:35.00 O	2/10/24	7	0.85	7.85
▶ 600m	18	Emilee HEYNEN	JR	1:37.18 O	12/2/23	0.9	0.17	1.07
▶ 1000m	33	Jessica KAMPMAN	SR	3:01.79 O	2/10/24	0.02	0.03	0.05
▶ Mile	15	Jessica KAMPMAN	SR	5:05.09 O	2/10/24	1.5	0.29	1.79
▶ 3000m	8	Jessica KAMPMAN	SR	9:54.31	2/3/24	8	1.04	9.04
▶ 5000m	4	Jessica KAMPMAN	SR	17:20.72	12/2/23	14	1.41	15.41
▶ 4x800	19	Isabella Webb, Jaci Burtis, Sadie Feucht, Jada Koerner		9:39.87 O	2/10/24	0.3	0.00	0.30
▶ DMR	19	Molly Mulder, Ayda Den Herder, Shelby Buwalda, Kristine Honomichl		12:28.91	2/10/24	0.3	0.00	0.30
▶ LJ	17	Faith MEASEL	SR	5.54m 18-2¼	12/2/23	1	0.16	1.16
▶ LJ	27	Ayda DEN HERDER	SO	5.50m 18-½	2/3/24	0.125	0.02	0.14

DORDT (IOWA) TFRI Team Total **37.11**

28

Siena Heights (Mich.)

WHAC



2

LW: 26

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60H	17	Faith JACKSON	SR	8.77	1/19/24	1	0.12	1.12
► HJ	5	Emma VALENTINE	SO	1.70m	5-7 1/27/24	12	1.22	13.22
► HJ	23	Morgan LUTTON	SO	1.64m	5-4½ 2/9/24	0.4	0.09	0.49
► PV	5	Tyler FUGATE	SR	3.70m	12-1½ 1/19/24	12	1.19	13.19
► PV	8	Margherita CONRAD	SR	3.68m	12-¾ 1/12/24	8	0.97	8.97

SIENA HEIGHTS (MICH.) TFR1 Team Total	36.99
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WOMEN — 2024 Week #4, February 14

29 Midland (Neb.)

GPAC

▼ 2
LW: 27

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	4	Kerrigan MYERS	JR	8.49	12/9/23	14	1.58	15.58
▶ 60H	9	Kerrigan MYERS	JR	8.56	12/2/23	7	1.06	8.06
▶ HJ	32	Krista HARDY	SO	1.60m 5-3	2/9/24	0.03	0.00	0.03
▶ LJ	17	Kerrigan MYERS	JR	5.54m 18-2¼	12/9/23	1	0.16	1.16
▶ SP	13	Maggie HEESCH	SO	13.62m 44-8¼	2/9/24	3	0.30	3.30
▶ WT	16	Maggie HEESCH	SO	17.08m 56-½	1/20/24	1.25	0.18	1.43
▶ PENT	10	Kerrigan MYERS	JR	3,254	12/9/23	6	0.59	6.59

MIDLAND (NEB.) TFRI Team Total

36.15

30 Saint Mary (Kan.)

KCAC

unch
LW: 30

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	14	Gretchen RANEY	JR	7.61	2/14/24	2	0.38	2.38
▶ 600m	22	Maddy WALTER-SHERRETTS	JR	1:37.91	2/14/24	0.5	0.01	0.51
▶ 800m	35	Maddy WALTER-SHERRETTS	JR	2:19.84	2/14/24	0.01	0.00	0.01
▶ 1000m	27	Carlie GREGG	JR	3:01.54 O	12/2/23	0.125	0.07	0.19
▶ 1000m	31	Maddy WALTER-SHERRETTS	JR	3:01.66 O	12/2/23	0.04	0.05	0.09
▶ Mile	22	Maddy WALTER-SHERRETTS	JR	5:06.45	2/3/24	0.5	0.17	0.67
▶ Mile	28	Riley HIEBERT	SR	5:07.21	1/20/24	0.1	0.10	0.20
▶ 3000m	10	Reagan HIEBERT	SR	9:55.84	2/3/24	6	0.90	6.90
▶ 3000m	15	Riley HIEBERT	SR	10:04.93	1/27/24	1.5	0.32	1.82
▶ 3000m	30	Kate MADSEN	JR	10:14.09	12/9/23	0.05	0.00	0.05
▶ 5000m	15	Josie TYRRELL	SO	17:37.90	1/27/24	1.5	0.36	1.86
▶ 5000m	16	Riley HIEBERT	SR	17:38.63	2/3/24	1.25	0.34	1.59
▶ 5000m	17	Reagan HIEBERT	SR	17:38.95	2/3/24	1	0.33	1.33
▶ 5000m	24	Kate MADSEN	JR	17:48.04	12/2/23	0.3	0.04	0.34
▶ 4x800	6	Carly Holadia, Shannen Dorn, Carlie Gregg, Maddy Walter-Sherretts		9:27.33	2/14/24	10	1.25	11.25
▶ DMR	10	Maddy Walter-Sherretts, Lexi Wardlow, Carlie Gregg, Reagan Hiebert		12:13.62	1/27/24	4	0.91	4.91
▶ TJ	31	Carissa MARTIN	SO	11.14m 36-6¼	2/14/24	0.04	0.00	0.04

SAINT MARY (KAN.) TFRI Team Total

34.13

31 Oklahoma City

Indep.

▼ 3
LW: 28

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	34	Vanessa PEREZ	SO	58.21 OT	2/10/24	0.015	0.00	0.02
▶ 800m	12	Cailen JOLLEY	SR	2:16.10 O	2/10/24	4	0.77	4.77
▶ 800m	30	Erika PENA	SO	2:19.42 O	2/10/24	0.05	0.00	0.05
▶ 1000m	19	Cailen JOLLEY	SR	3:00.58	1/12/24	0.8	0.21	1.01
▶ Mile	23	Cailen JOLLEY	SR	5:06.55	2/3/24	0.4	0.16	0.56
▶ 3000m	19	Louise COCKING	SR	10:07.95	2/10/24	0.8	0.19	0.99
▶ 5000m	28	Louise COCKING	SR	17:53.61	2/10/24	0.1	0.00	0.10
▶ 4x800	4	Isabelle Spiller, Erika Pena, Louise Cocking, Cailen Jolley		9:26.08 O	1/20/24	14	1.50	15.50
▶ DMR	7	Cailen Jolley, Vanessa Perez, Isabelle Spiller, Louise Cocking		12:12.32	2/3/24	8	1.08	9.08
▶ SP	20	Daryn BATTS	SR	13.20m 43-3¾	2/10/24	0.7	0.00	0.70

OKLAHOMA CITY TFRI Team Total

32.77

32 Indiana Wesleyan

Crossroads

▲ 1
LW: 33

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	18	Ally HAWK	SO	8.80	2/3/24	0.9	0.03	0.93
▶ Mile	33	Elizabeth BARRETT	SO	5:08.28c (5:11.33f)	1/20/24	0.02	0.00	0.02
▶ 3000m	16	Elizabeth BARRETT	SO	10:06.40c(10:11.59f)	2/3/24	1.25	0.26	1.51
▶ 5000m	19	Elizabeth BARRETT	SO	17:42.34	1/26/24	0.8	0.22	1.02
▶ HJ	15	Abi HUME	SR	1.65m 5-5	2/3/24	1.5	0.22	1.72
▶ TJ	15	Blessing LAUDERMILCH	JR	11.49m 37-8½	1/26/24	1.5	0.23	1.73
▶ SP	1	Princess KARA	SR	15.23m 49-11¾	1/26/24	20	3.30	23.30
▶ SP	16	Merideth DEVRIES	JR	13.46m 44-2	2/3/24	1.25	0.14	1.39

INDIANA WESLEYAN TFRI Team Total

31.61



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WOMEN — 2024 Week #4, February 14

33

Grace (Ind.)
Crossroads▼ 11
LW: 22

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
800m	8	Tara FRIESEN	SR	2:15.72 O	1/26/24	8	0.93	8.93
800m	16	Anna HULSTEDT	SR	2:17.41 O	1/26/24	1.25	0.29	1.54
1000m	16	Kylie SAUDER	SR	3:00.21c (3:02.17f)	1/19/24	1.25	0.31	1.56
Mile	11	Kylie SAUDER	SR	5:04.41c (5:07.42f)	2/3/24	5	0.36	5.36
3000m	32	Madelyn SKIDMORE	SR	10:15.98c(10:21.26f)	2/3/24	0.03	0.00	0.03
3000m	35	Esther CAMERON	SO	10:16.42c(10:21.70f)	2/3/24	0.01	0.00	0.01
DMR	5	#Type!		12:08.67	2/3/24	12	1.73	13.73

GRACE (IND.) TFRI Team Total 31.15

34

Vanguard (Calif.)
Indep.▲ 17
LW: 51

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
60m	20	Jordyn BURKE	JR	7.65 (1.6)	1/27/24	0.7	0.19	0.89
200m	24	Eryn BURKE	JR	25.14 (0.1)	2/10/24	0.3	0.00	0.30
200m	32	Elizabeth BETTEN	SO	25.39 (0.0)	2/10/24	0.03	0.00	0.03
400m	6	Eryn BURKE	JR	55.92	2/10/24	10	1.26	11.26
400m	13	Brooke DALGITY	JR	56.81	2/10/24	3	0.36	3.36
400m	26	Elizabeth BETTEN	SO	57.70	2/10/24	0.15	0.00	0.15
Mile	16	Kate BARANSKI	JR	5:05.16	2/10/24	1.25	0.29	1.54
4x400	10	Eryn Burke, Jordyn Burke, Elizabeth Betten, Ariana Rodriguez		3:53.76 o	1/27/24	4	0.73	4.73
WT	29	Jaelah BUTLER	JR	16.16m 53-¼	1/27/24	0.075	0.00	0.08
PENT	9	Penelopi LEACH	JR	3,258	2/10/24	7	0.61	7.61

VANGUARD (CALIF.) TFRI Team Total 29.94

35

Langston (Okla.)
Indep.▲ 1
LW: 36

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
TJ	2	Chasity VEALS	SR	12.37m 40-7	2/3/24	18	2.71	20.71
TJ	8	Ahmia DORSEY	SR	11.83m 38-9¾	2/3/24	8	0.91	8.91

LANGSTON (OKLA.) TFRI Team Total 29.62

36

Morningside (Iowa)
GPAC▼ 5
LW: 31

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
600m	27	Jolee MESZ	FR	1:38.24c (1:39.44f)	2/3/24	0.125	0.00	0.13
800m	11	Courtney SPORRER	SO	2:15.97c (2:17.53f)	2/9/24	5	0.83	5.83
800m	33	Jolee MESZ	FR	2:19.60c (2:21.21f)	2/9/24	0.02	0.00	0.02
1000m	18	Taylor SPORRER	JR	3:00.54c (3:02.51f)	2/9/24	0.9	0.22	1.12
1000m	22	Courtney SPORRER	SO	3:01.06c (3:03.03f)	1/19/24	0.5	0.13	0.63
1000m	25	Emily CHICOINE	SR	3:01.39c (3:03.37f)	2/9/24	0.2	0.09	0.29
Mile	19	Courtney SPORRER	SO	5:05.81c (5:08.83f)	2/3/24	0.8	0.23	1.03
4x800	3	Courtney Sporrer, Michelle Sanchez, Emily Chicoine, Jolee Mesz		9:23.24c (9:29.73f)	1/19/24	16	2.07	18.07
DMR	12	Taylor Sporrer, Emily Chicoine, Jolee Mesz, Courtney Sporrer		12:15.65	1/27/24	1	0.67	1.67

MORNINGSIDE (IOWA) TFRI Team Total 28.77

37

Goshen (Ind.)
Crossroads▲ 9
LW: 46

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
800m	26	Annika ALDERFER FISHER	SR	2:18.63 O	12/1/23	0.15	0.03	0.18
Mile	4	Annika ALDERFER FISHER	SR	4:59.43 O	2/9/24	14	1.27	15.27
3000m	25	Mercy CHEBET	JR	10:12.25	2/10/24	0.2	0.01	0.21
3000m	26	Summer COOPER	SR	10:12.54	2/10/24	0.15	0.00	0.15
5000m	21	Mercy CHEBET	JR	17:44.35	2/9/24	0.6	0.16	0.76
4x800	10	Mia Wellington, Mercy Chebet, Britney Ortega, Naomi Ross Richer		9:30.18c (9:36.75f)	2/3/24	4	0.77	4.77
DMR	8	#Type!		12:12.33	2/10/24	6	1.07	7.07
WT	34	Willow KENNEDA	SR	15.94m 52-3¾	12/1/23	0.015	0.00	0.02

GOSHEN (IND.) TFRI Team Total 28.44



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38

Southeastern (Fla.)
Sun Conference

1

LW: 37

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	22	Irmiris MENDEZ	JR	7.66	2/10/24	0.5	0.15	0.65
▶ 60H	16	Irmiris MENDEZ	JR	8.72	2/10/24	1.25	0.28	1.53
▶ 60H	26	Ar'Briel SCOTT	FR	8.91	2/10/24	0.15	0.00	0.15
▶ 200m	17	Irmiris MENDEZ	JR	24.84c (25.22f) (1.6)	12/2/23	1	0.25	1.25
▶ 800m	31	Sarah FOREMAN	SR	2:19.50	2/3/24	0.04	0.00	0.04
▶ Mile	30	Sarah FOREMAN	SR	5:07.57	2/3/24	0.05	0.06	0.11
▶ 5000m	22	Sarah FOREMAN	SR	17:45.19	12/8/23	0.5	0.13	0.63
▶ RW3000	2	Ashlyn POULIN	FR	14:37.68	2/3/24	18	2.79	20.79
▶ RW3000	29	Marlee IRVIN	SO	21:03.79	2/3/24	0.075	0.00	0.08
▶ 4x400	12	#Type!		3:54.92 O	2/10/24	1	0.40	1.40
▶ DMR	14	Grace Feder, Irmiris Mendez, Jillian Blaser, Sarah Foreman		12:20.83	1/27/24	0.8	0.13	0.93

SOUTHEASTERN (FLA.) TFRI Team Total 27.56

39

Evergreen State (Wash.)
Indep.

5

LW: 34

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ Mile	5	Alauna CARSTENS	SO	5:00.12 O	1/27/24	12	1.14	13.14
▶ 3000m	5	Alauna CARSTENS	SO	9:50.34 O	2/10/24	12	1.48	13.48

EVERGREEN STATE (WASH.) TFRI Team Total 26.62

40

Dillard (La.)
Indep.

2

LW: 38

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	14	Ta'nijal MATTHEWS	JR	7.61 (1.1)	12/1/23	2	0.38	2.38
▶ 60m	17	Kevell BYRD	JR	7.63 (1.1)	12/1/23	1	0.27	1.27
▶ 60m	29	Ta'nyia FLOWERS	SO	7.70 (1.1)	12/1/23	0.075	0.00	0.08
▶ 200m	7	Kevell BYRD	JR	24.35	1/26/24	9	1.06	10.06
▶ 200m	19	Ta'nyia FLOWERS	SO	25.01	1/26/24	0.8	0.07	0.87
▶ 200m	34	Tori BURTON	SO	25.40 out (2.3)	1/12/24	0.015	0.00	0.02
▶ 400m	7	Kevell BYRD	JR	56.23 out	1/12/24	9	0.94	9.94
▶ 600m	22	Kevell BYRD	JR	1:37.91	2/9/24	0.5	0.01	0.51
▶ 4x400	17	#Type!		3:57.21 o	1/12/24	0.5	0.01	0.51

DILLARD (LA.) TFRI Team Total 25.64

41

Eastern Oregon
Indep.

6

LW: 35

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 600m	16	Lauryn MITCHELL	JR	1:36.98c (1:38.16f)	2/3/24	1.25	0.21	1.46
▶ 800m	25	Lauryn MITCHELL	JR	2:18.52	2/10/24	0.2	0.06	0.26
▶ 1000m	29	Lauryn MITCHELL	JR	3:01.61 O	1/20/24	0.075	0.06	0.13
▶ HJ	9	Lizzy GRANDLE	SO	1.68m 5-6	1/27/24	7	0.70	7.70
▶ WT	19	Kenna WOODWARD	SR	16.52m 54-2½	2/3/24	0.8	0.00	0.80
▶ PENT	5	Lizzy GRANDLE	SO	3,333 OT	1/20/24	12	1.18	13.18
▶ PENT	17	Karli BEDARD	SR	3,131	2/10/24	1	0.09	1.09
▶ PENT	22	Sammy CONLEY	JR	3,023	2/10/24	0.5	0.00	0.50

EASTERN OREGON TFRI Team Total 25.13



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42

St. Ambrose (Iowa)
Chicagoland▲ 7
LW: 49

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	25	Gabbi BUTLER	SR	25.16c (25.55f)	2/2/24	0.2	0.00	0.20
▶ 400m	8	Gabbi BUTLER	SR	56.29c (57.03f)	2/10/24	8	0.88	8.88
▶ 600m	14	Gabbi BUTLER	SR	1:36.66c (1:37.84f)	12/9/23	2	0.28	2.28
▶ PV	24	Ryleigh WARDEN	SO	3.47m 11-4½	2/2/24	0.3	0.00	0.30
▶ LJ	34	Lexie JOHNSON	SR	5.47m 17-11½	2/10/24	0.015	0.00	0.02
▶ SP	7	Annah MILLER	SR	14.35m 47-1	1/20/24	9	1.18	10.18
▶ WT	30	Annah MILLER	SR	16.14m 52-11½	1/27/24	0.05	0.00	0.05

ST. AMBROSE (IOWA) TFRI Team Total 21.91

43

Warner (Fla.)
Sun Conference▼ 4
LW: 39

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	8	Nicole JOHNSON	SR	7.54	1/13/24	8	0.96	8.96
▶ 200m	14	Nicole JOHNSON	SR	24.82 out (0.5)	12/8/23	2	0.27	2.27
▶ 200m	22	Geraldine HERRERA	FR	25.08	2/3/24	0.5	0.00	0.50
▶ TJ	7	Selena JOHNSON	SR	11.88m 38-11¾	2/3/24	9	1.06	10.06

WARNER (FLA.) TFRI Team Total 21.79

44

Southern Oregon
Indep.

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ HJ	29	Abi STEVENS	JR	1.62m 5-3¾	2/10/24	0.075	0.00	0.08
▶ PENT	2	Abi STEVENS	JR	3,566	2/10/24	18	3.71	21.71

SOUTHERN OREGON TFRI Team Total 21.78

45

Loyola (La.)
SSAC▼ 3
LW: 42

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	28	Jordyn MINOR	FR	7.69w (2.1)	1/12/24	0.1	0.03	0.13
▶ HJ	32	Kaitlyn BECNEL	SR	1.60m 5-3	12/1/23	0.03	0.00	0.03
▶ LJ	2	Jordyn MINOR	FR	5.92m 19-5¼ (1.2)	1/12/24	18	2.61	20.61
▶ LJ	23	Eleanor SHERMAN	FR	5.52m 18-1½ (1.2)	12/1/23	0.4	0.09	0.49

LOYOLA (LA.) TFRI Team Total 21.25

46

Columbia International (S.C.)
AAC▲ 12
LW: 58

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	6	Emma JOHNSON	SR	7.52	2/10/24	10	1.13	11.13
▶ 60m	22	Trinity GREGORY	SO	7.66	2/10/24	0.5	0.15	0.65
▶ 60m	33	Charlette JOHNSON	SR	7.71	2/10/24	0.02	0.00	0.02
▶ 60H	12	Emma JOHNSON	SR	8.64	2/10/24	4	0.54	4.54
▶ 200m	18	Emma JOHNSON	SR	24.86c (25.24f)	2/10/24	0.9	0.23	1.13
▶ LJ	34	Trinity GREGORY	SO	5.47m #Error	12/2/23	0.015	0.00	0.02
▶ SP	33	Kloey PICKENS	JR	12.76m 41-10½	2/10/24	0.02	0.00	0.02
▶ WT	14	Dazanni HINTON	SR	17.12m 56-2	2/10/24	2	0.22	2.22
▶ WT	24	Kloey PICKENS	JR	16.38m 53-9	2/10/24	0.3	0.00	0.30

COLUMBIA INTERNATIONAL (S.C.) TFRI Team Total 20.03

47

Columbia (S.C.)
AAC▼ 4
LW: 43

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ RW3000	10	Ainhua COLINO	SO	16:46.85 f	1/21/24	6	0.47	6.47
▶ RW3000	30	Mina SHULL	SO	21:06.84 f	1/21/24	0.05	0.00	0.05
▶ RW3000	35	Addison MARTIN	FR	23:48.67 f	1/21/24	0.01	0.00	0.01
▶ TJ	9	Mackenzie PRINGLE	FR	11.82m 38-9½	2/2/24	7	0.88	7.88
▶ WT	11	Darci DAWSON	JR	17.32m 56-10	12/9/23	5	0.55	5.55

COLUMBIA (S.C.) TFRI Team Total 19.96



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

48 Aquinas (Mich.)

51 **Montana Tech**
Indep.

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	20	Ronnie MCMILLAN	JR	57.30 OT	1/26/24	0.7	0.09	0.79
► 600m	8	Ronnie MCMILLAN	JR	1:34.93c (1:36.09f)	2/2/24	8	0.88	8.88
► 800m	14	Lauren WOOR	SO	2:16.34 O	2/9/24	2	0.67	2.67
► 4x800	21	Cadence Schultz, Lauren Wooer, Ella Koons, Kaitlyn Thomas		9:46.52c (9:53.28f)	2/2/24	0.1	0.00	0.10
► HJ	14	Kaylee DIAMOND	JR	1.67m 5-5¾	12/8/23	2	0.48	2.48
► PV	13	Shaily BAYNES	JR	3.57m 11-8½	2/9/24	3	0.19	3.19
► LJ	20	Kaylee DIAMOND	JR	5.53m 18-1¾	2/2/24	0.7	0.12	0.82
► WT	18	Maelie HOPE	FR	16.74m 54-11¼	1/26/24	0.9	0.00	0.90
AQUINAS (MICH.) TFRI Team Total								19.84

AQUINAS (MICH.) TFRI Team Total 19.84

49 **Dakota Wesleyan (S.D.)** GPAC

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	3	Abby MAGNUSON	SR	14.97m	49-1½	2/3/24	16	2.55	18.55
DAKOTA WESLEYAN (S.D.) TFRI Team Total									18.55

DAKOTA WESLEYAN (S.D.) TFRI Team Total 18.55

50 **Lawrence Tech (Mich.)**
WHAC

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	3	Jacqueline ALBO	SR	2:14.18 O	2/10/24	16	1.88	17.88
LAWRENCE TECH (MICH.) TFRI Team Total								17.88

LAWRENCE TECH (MICH.) TFRI Team Total	17.88
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Scored bests come from CURRENT qualifying season

[illegible]

MONTANA TECH TFRI Team Total 17.76

52 **Multnomah (Ore.)**
Indep.

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	12	Trinity MONTGOMERY	FR	7.59	12/9/23	4	0.54	4.54
▶ 60m	24	Kayli GUTHRIE	JR	7.67	12/9/23	0.3	0.11	0.41
▶ TJ	6	Princess BROWNE	JR	11.91m 39-1	12/9/23	10	1.15	11.15
▶ TJ	19	Brittany COLEMAN	SR	11.41m 37-5½	12/9/23	0.8	0.11	0.91
MULTNOMAH (ORE.) TFRI Team Total								17.01

MULTNOMAH (ORE.) TFRI Team Total 17.01

53 Voorhees (S.C.)
Indep.

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► TJ	4	Jah'lia EVANS	JR	12.11m 39-8¾	2/10/24	14	1.73	15.73
► TJ	26	Jayda LOWE	JR	11.29m 37-½	1/19/24	0.15	0.00	0.15
VOORHEES (S.C.) TFRI Team Total								15.88

VOORHEES (S.C.) TFR1 Team Total 15.88

National TFRI Team Summary



as of 2/14/24 8:05 AM ET

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D denotes multiple-event rule in affect

WOMEN — 2024 Week #4, February 14

54 Point Park (Pa.)

▼ 7
LW: 47

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	31	Natalea HILLEN	SR	8.97	1/20/24	0.04	0.00	0.04
▶ 1000m	11	Allison PLASSIO	SR	2:59.58	2/3/24	5	0.48	5.48
▶ RW3000	8	Sophia LEE-HAUSER	JR	16:01.02 f	1/19/24	8	0.95	8.95
▶ DMR	21	Olivia Hare, Diamond Rush, Jana Schmid, Allison Plassio		12:35.42	2/10/24	0.1	0.00	0.10
▶ LJ	23	Emma ROEMER	FR	5.52m 18-1½	12/1/23	0.4	0.09	0.49

POINT PARK (PA.) TFRI Team Total 15.06

55 **Midway (Ky.)**
River States

▼ 5
LW: 50

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
PV	5	Nevaeh BROWN	SR	3.70m	12-1½	2/2/24	12 1.19	13.19

MIDWAY (KY.) TFRI Team Total 13.19

56 Culver-Stockton (Mo.) The Heart

▼ 2
LW: 54

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ RW3000	9	Allison MORRIS	SR	16:28.76 f	1/27/24	7	0.63	7.63
▶ RW3000	12	Faith YOUNCE	JR	17:07.98 f	1/27/24	4	0.30	4.30
PENT	29	Shannon O'NEIL	SO	2.959	1/27/24	0.075	0.00	0.08

CULVER-STOCKTON (MO.) TFRI Team Total	12.00
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57 Grand View (Iowa)

unch
LW: 57

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► RW3000	34	Feven EYOB	FR	23:41.23 f	2/10/24	0.015	0.00	0.02
► WT	6	Madison GREEN	JR	17.73m 58-2	2/3/24	10	1.41	11.41

GRAND VIEW (IOWA) TFR1 Team Total 11.43

58 Concordia (Mich.)

5
LW: 53

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	6	Lena KORTE	JR	14.43m	47-4¼	2/10/24	10	1.34	11.34

CONCORDIA (MICH.) TFR/ Team Total 11.34

59 **Texas Wesleyan**
Indep.

4
LW: 55

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 60m	24	Jaelynn WILLIAMS	JR	7.67	1/20/24	0.3	0.11	0.41
► Mile	25	Ashlei MCDONALD	SO	5:06.70 O	12/9/23	0.2	0.14	0.34
► Mile	29	Hasnae GOULAMZI	FR	5:07.47 O	2/10/24	0.075	0.07	0.15
► 5000m	9	Hasnae GOULAMZI	FR	17:28.71	12/9/23	7	0.88	7.88
► LJ	14	Jaelynn WILLIAMS	JR	5.57m 18-3¼	1/20/24	2	0.26	2.26

TEXAS WESLEYAN TFR1 Team Total 11.04

60 **Mount Vernon Nazarene (Ohio)** ▼ **8**
Crossroads LW: 52

8
LW: 52

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 600m	27	Lyssi SNOUFFER	SO	1:38.24c (1:39.44f)	2/3/24	0.125	0.00	0.13
► 1000m	34	Ellyn COE	JR	3:02.08c (3:04.06f)	1/27/24	0.015	0.00	0.02
► HJ	9	Lyssi SNOUFFER	SO	1.68m 5-6	1/13/24	7	0.70	7.70
► PV	13	Brooke HOLLOWAY	SO	3.57m 11-8½	2/3/24	3	0.19	3.19

MOUNT VERNON NAZARENE (OHIO) TFR1 Team Total	11.03
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Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

61 Missouri Baptist

8
LW: 69

62 **College of Saint Mary (Neb.)**  **5**
 GPAC LW: 67

63 **McPherson (Kan.)**  **5**
 KCAC LW: 68

64 **Xavier (La.)**  **4**
Indep. LW: 60

65 **Wiley (Texas)**  **1**
 Indep. LW: 64

66 **Benedictine (Kan.)**  **3**
The Heart LW: 63

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	33	Alison AMBUUL	JR	58.06 OT	2/3/24	0.02	0.00	0.02
▶ RW3000	27	Leah KUHN	FR	20:12.01 f	1/27/24	0.125	0.00	0.13
▶ DMR	17	Julia McLaughlin, Brynna Gormley, Gemma Downey, Natasha Ortiz		12:27.38	2/10/24	0.5	0.00	0.50
▶ SP	33	Madison SUTTON	SR	12.76m 41-10½	1/27/24	0.02	0.00	0.02
▶ WT	10	Madison SUTTON	SR	17.35m 56-11¼	2/3/24	6	0.61	6.61
BENEDICTINE (KAN.) TFR1 Team Total								7.27



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

67 **Viterbo (Wis.)**
North Star

▼ 5
LW: 62

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	28	Tori GERBER	SR	2:18.89c (2:20.49f)	2/10/24	0.1	0.00	0.10
► PV	10	Emma JOHNSON	JR	3.66m 12-0	12/2/23	6	0.76	6.76
► PV	29	Olivia WINGO	JR	3.46m 11-4¼	2/10/24	0.075	0.00	0.08

VITERBO (WIS.) TFRI Team Total 6.94

68 Briar Cliff (Iowa)

▲ 17
LW: 85

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	10	Hope WAGNER	SR	14.16m	46-5½	2/9/24	6	0.85	6.85

BRIAR CLIFF (IOWA) TFR1 Team Total	6.85
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69 **IU Kokomo (Ind.)**
River States

▼ 8
LW: 61

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► RW3000	18	Maddie DOTLICH	JR	17:40.85 f	1/19/24	0.9	0.05	0.95
► SP	11	Sydney DUNCAN	FR	14.03m 46-½	1/26/24	5	0.72	5.72

<i>IU KOKOMO (IND.) TFRI Team Total</i>	6.67
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70 Keiser (Fla.) Sun Conference

▼ 4
LW: 66

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 400m	23	Samaya CAURTHENS	SO	57.62 out	12/8/23	0.4	0.00	0.40	
► 600m	12	Melissa GRIPACUS	SO	1:35.85	2/3/24	4	0.47	4.47	
► 600m	33	Marie MARC	SR	1:38.65	2/3/24	0.02	0.00	0.02	
► HJ	32	Aiana COLAS	SO	1.60m	5-3	12/8/23	0.03	0.00	0.03
► TJ	31	Yasmine RODGERS	FR	11.14m	36-6¾	2/3/24	0.04	0.00	0.04
► SP	21	Julia SCHARNELL	FR	13.18m	43-3	2/9/24	0.6	0.00	0.60

KEISER (FLA.) TFRI Team Total 5.56

71 **Tabor (Kan.)**
KCAC

10
LW: 81

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1000m	17	Danielle ALLISON	SR	3:00.30	2/14/24	1	0.28	1.28
▶ 1000m	21	Brooke WIEBE	JR	3:00.99	2/14/24	0.6	0.14	0.74
▶ 5000m	33	Aubrey BAHNER	JR	17:59.06	2/14/24	0.02	0.00	0.02
▶ 4x800	11	Danielle Allison, Hannah Grover, Sonya Zimmerman, Brooke Wiebe		9:30.71	2/14/24	2	0.71	2.71
▶ DMR	16	Brooke Wiebe, Sonya Zimmerman, Aubrey Bahner, Danielle Allison		12:26.72	2/3/24	0.6	0.00	0.60

TABOR (KAN.) TFRI Team Total **5.35**

72 Mount Mercy (Iowa)

▼ 7
LW: 65

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► RW3000	14	Abby HILL	SR	17:27.03 f	1/27/24	2	0.15	2.15
► SP	15	Ava CONRAD	JR	13.55m 44-5½"	2/3/24	1.5	0.23	1.73
► SP	19	Bre NAIL	SR	13.26m 43-6"	1/27/24	0.8	0.00	0.80

MOUNT MERCY (IOWA) TFR1 Team Total 4.68

73 Tennessee Wesleyan

▼ **3**
LW: 70

Event	NQR	Athlete	Yr	Season Qual.	Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► HJ	32	Paige MANNEY	JR	1.60m	5-3	2/1/24	0.03	0.00	0.03
► TJ	12	Paige MANNEY	JR	11.60m	38-¾	2/1/24	4	0.40	4.40

TENNESSEE WESLEYAN TFRI Team Total **4.43**



National TFRI Team Summary



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2024 Week #4, February 14

74 **John Brown (Ark.)**
Indep.

▼ **1**
LW: 73

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Mile	27	Cera ECKENROTH	FR	5:07.13	2/10/24	0.125	0.10	0.23
► 3000m	24	Cera ECKENROTH	FR	10:11.64c(10:16.88f)	1/27/24	0.3	0.04	0.34
► 5000m	13	Cera ECKENROTH	FR	17:36.57c(17:44.66f)	1/27/24	3	0.40	3.40
► 5000m	31	Hope AHNFELDT	FR	17:56.58	2/10/24	0.04	0.00	0.04
► SP	28	Evie SCOLDES	JR	12.99m 42-7½"	1/27/24	0.1	0.00	0.10
JOHN BROWN (ARK.) TFRI Team Total								4.11

75 **Ottawa (Kan.)**
KCAC

▼ 4
LW: 71

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	15	JayOnna PERRY	SO	8.71	2/14/24	1.5	0.32	1.82
▶ 400m	24	JayOnna PERRY	SO	57.63 OT	2/3/24	0.3	0.00	0.30
▶ 4x400	19	Tanzania Barnes, Jah-Nisha Campbell, Jordyn Weems, JayOnna Perry		3:58.16 O	12/2/23	0.3	0.00	0.30
▶ LJ	31	Jordyn WEEMS	JR	5.48m 17-11¾	1/20/24	0.04	0.00	0.04
▶ SP	21	Deja DELAINE	SR	13.18m 43-3	1/27/24	0.6	0.00	0.60
▶ PENT	18	JayOnna PERRY	SO	3,102 OT	2/3/24	0.9	0.00	0.90
OTTAWA (KAN.) TFRI Team Total								3.96

76 Northwestern (Iowa)

▼ 4
LW: 72

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	27	Kennedy KRAMER	JR	57.81c (58.57f)	12/9/23	0.125	0.00	0.13
► 4x400	14	Emma Blum, Savonne Sterk, Caitlin Ostbye, Kennedy Kramer		3:55.54 O	2/10/24	0.8	0.24	1.04
► 4x800	15	Emily Haverdink, Savonne Sterk, Brielle Engelmann, Caitlin Jacobsma		9:36.08 O	2/10/24	0.7	0.10	0.80
► HJ	15	Aubrey DEGROOT	FR	1.65m 5-5	1/19/24	1.5	0.22	1.72
► HJ	32	Jacie VANDER WAAL	JR	1.60m 5-3	1/19/24	0.03	0.00	0.03
► LJ	31	Charlee OLSON	FR	5.48m 17-11¾	2/3/24	0.04	0.00	0.04
NORTHWESTERN (IOWA) TFRI Team Total								3.76

77 Kansas Wesleyan

31
LW: 108

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1000m	14	Madysyn EHRlich	SO	3:00.06	2/14/24	2	0.35	2.35
▶ 4x800	16	Shelby Lingle, Josie Koppes, Joni Schroeder, Madysyn Ehrlich		9:36.14	2/14/24	0.6	0.10	0.70
▶ DMR	18	Josie Koppes, Shelby Lingle, Joni Schroeder, Madysyn Ehrlich		12:28.61	2/14/24	0.4	0.00	0.40
KANSAS WESLEYAN TFR1 Team Total								3.45

78 **Campbellsville (Ky.)**
Mid-South

1
LW: 79

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60m	29	Alexia BOYD	SR	7.70	2/10/24	0.075	0.00	0.08
▶ 60H	32	Makiyah ALLEN	SO	8.98	12/8/23	0.03	0.00	0.03
▶ 4x400	16	Jamila Garba, KaNiya Douglas, Victoria Young, Piper Clark		3:56.88c (4:00.02f)	2/10/24	0.6	0.06	0.66
▶ LJ	14	Alexia BOYD	SR	5.57m 18-3¼	2/10/24	2	0.26	2.26
CAMPBELLVILLE (KY.) TFR1 Team Total								3.02

79 **Cotter (Mo.)**
AMC

▼ **23**
LW: 56

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	22	Madalenn FEE	SO	2:17.88	2/3/24	0.5	0.19	0.69
► 1000m	15	Madalenn FEE	SO	3:00.12c (3:02.08f)	1/27/24	1.5	0.33	1.83
COTTEY (MO.) TFRI Team Total								2.52



as of 2/14/24 8:05 AM ET

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D denotes multiple-event rule in affect

GPAC

6

LW: 74

Indep.

LW:

The Heart

6

LW: 76

KCAC

12

LW: 95

The Heart

C

LW: 75

Indep.

15

LW: 99

Chicagoland

11

LW: 97

River States

7

LW: 80

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► RW3000	21	Natalie BRAMMER	SO	19:03.45 f	12/8/23	0.6	0.00	0.60
► HJ	23	Haidyn WAMSLEY	SO	1.64m 5-4½	2/9/24	0.4	0.09	0.49
SHAWNEE STATE (OHIO) TFRI Team Total								1.09



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

88 **Rocky Mountain (Mont.)** **1**
Indep. LW: 87

89	Jessup (Calif.)	▼	6
	Indep.		LW: 83

90 **Jamestown (N.D.)**  **12**
GPAC LW: 78

91 **William Penn (Iowa)**  **10**
The Heart LW: 101

92

Carroll (Mont.)

Indep.

▼

5

LW: 87

93 **Spring Arbor (Mich.)**  **7**
Crossroads LW: 86

94 Baker (Kan.)  **10**
The Heart | W: 84

95 **Saint Mary-of-the-Woods**  **3**
River States (Ind.) LW: 92

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	24	Krislynn BAILEY	SR	3.47m	11-4½	1/19/24	0.3	0.00	0.30
► PV	31	Krislynn BAILEY	SR	3.40m	11-1¾	12/2/23	0.04	0.00	0.04
SAINT MARY-OF-THE-WOODS (IND.) TFR1 Team Total									0.34



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

96 **Judson (Ill.)**
Chicagoland

▼ 6
LW: 90

96 **Oregon Tech**
Indep.

LW:

98 **IU East (Ind.)**
River States

LW: 91

99 William Woods (Mo.)
AMC

LW: 94

100 **Georgetown (Ky.)**
Mid-South

LW: 98

101 **York (Neb.)**  **8**
KCAC LW: 93

102 **SCAD Savannah (Ga.)**  **2**
Sun Conference LW: 100

LW: 100

102

Valley City State (N.D.)

North Star

▲

5

LW: 107

LW: 107

104 **Our Lady of the Lake (Texas)**  **15**
 Indep. LW: 89

LW: 89

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 60H	33	Aziza CLARK	FR	8.99c (8.99A)	2/3/24	0.02	0.00	0.02
▶ 4x400	21	Morghan Neely, Autumn Roberts, Aziza Clark, Alexandria Segura		3:58.88c (3:58.44A)	2/3/24	0.1	0.00	0.10
OUR LADY OF THE LAKE (TEXAS) TFRI Team Total								0.12



as of 2/14/24 8:05 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

105

Northwest (Wash.)
Indep.

4

LW: 101

106 **Brewton-Parker (Ga.)**  **1**
SSAC LW: 105

106 **Montreat (N.C.)**  **10**
AAC LW: 96

106

Southwestern (Kan.)

KCAC

▼

5

LW: 101

109 **Columbia (Mo.)**  **3**
AMC LW: 106

109

Dakota State (S.D.)

North Star

▼

27

LW: 82

109	Hope International (Calif.)	Indep.	LW:
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Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	35	Emma TIMMERMANS	JR	18:00.17	2/10/24	0.01	0.00	0.01
HOPE INTERNATIONAL (CALIF.) TFR1 Team Total								0.01