



Regional TFRI Event Summary



Great Lakes

as of 2/14/2024 8:11:44 AM ET

Women's 60 Meters

1	3	Jamaya WARTHEN	JR	#1 Indiana Tech	7.44	2/3
2	5	Ny'tierra HOBBS	SR	#10 Madonna (Mich.)	7.50	2/9
3	10	Kiya POGUE	JR	#1 Indiana Tech	{2} 7.55	12/1
4	20	Riley HERSHBERGER	SR	#6 Bethel (Ind.)	7.65	12/1
5	29	Alexia BOYD	SR	#15 Campbellsville (I	7.70	2/10
5	29	Derica GIBSON	SR	#1 Indiana Tech	{3} 7.70	12/8
7	36	Jozlen BRISBON	JR	#22 Lindsey Wilson (I	7.72	1/20
8	38	Ally HAWK	SO	#8 Indiana Wesleyan	7.73	2/3
9	40	Katelynn DIX	SO	#4 Cornerstone (Mi	7.78	2/2
10	43	Niobe HIOLDER	FR	#1 Indiana Tech	{4} 7.80	12/2

Women's 60 Meter Hurdles

1	3	Kiya POGUE	JR	#1 Indiana Tech	8.42	12/1
2	11	Katlyn JONES	SR	#1 Indiana Tech	{2} 8.62	2/3
3	17	Faith JACKSON	SR	#14 Siena Heights (M	8.77	1/19
4	18	Ally HAWK	SO	#8 Indiana Wesleyan	8.80	2/3
5	27	Rylin BAGARUS	SR	#6 Bethel (Ind.)	8.92	2/10
6	30	Patience SAKEUH	JR	#5 Taylor (Ind.)	8.96	1/27
7	31	Natalea HILLEN	SR	#16 Point Park (Pa.)	8.97	1/20
8	32	Makiyah ALLEN	SO	#15 Campbellsville (I	8.98	12/8
9	39	Linnearia RICHARDS	JR	#14 Siena Heights (M	{2} 9.05	2/2
10	40	Taniyah HINES	FR	#24 Midway (Ky.)	9.06	2/10

Women's 200 Meters

1	1	Soyinne GRENYION	SR	#1 Indiana Tech	23.80 OT	12/1
2	2	Jamaya WARTHEN	JR	#1 Indiana Tech	{2} 23.81 OT	2/3
3	8	Derica GIBSON	SR	#1 Indiana Tech	{3} 24.37c (24.74f)	12/2
4	9	Ny'tierra HOBBS	SR	#10 Madonna (Mich.)	24.38 OT	1/27
5	10	Charity JONES	JR	#10 Madonna (Mich.)	{2} 24.51 OT	12/2
6	28	Riley HERSHBERGER	SR	#6 Bethel (Ind.)	25.19 OT	12/1
7	29	Janae BAILEY	FR	#2 Marian (Ind.)	25.22c (25.61f)	1/27
8	36	Diamond RUSH	JR	#16 Point Park (Pa.)	25.42	2/3
9	42	Kayla MOODY	SR	#1 Indiana Tech	{4} 25.51c (25.90f)	1/19
10	43	Kiya POGUE	JR	#1 Indiana Tech	{5} 25.53c (25.92f)	12/8

Women's 400 Meters

1	2	Soyinne GRENYION	SR	#1 Indiana Tech	54.50 OT	12/1
2	5	Charity JONES	JR	#10 Madonna (Mich.)	55.90 OT	1/27
3	10	Jo'Deci IRBY	SR	#1 Indiana Tech	{2} 56.46 OT	12/1
4	12	Junae BENNETT	JR	#1 Indiana Tech	{3} 56.77 OT	2/3
5	16	Kayla MOODY	SR	#1 Indiana Tech	{4} 56.91 OT	1/26
6	20	Ronnie MCMILLAN	JR	#9 Aquinas (Mich.)	57.30 OT	1/26
7	29	Sarah GENZINK	JR	#4 Cornerstone (Mi	57.85 OT	2/9
8	31	Madi HAID	SR	#4 Cornerstone (Mi	{2} 57.91c (58.67f)	2/9
9	32	Hanna REUTER	SO	#2 Marian (Ind.)	57.92c (58.68f)	12/8
10	36	Ashley HALL	JR	#5 Taylor (Ind.)	58.30c (59.07f)	2/3

Women's 600 Meters

1	2	Lisa VOYLES	SR	#1 Indiana Tech	1:32.35c (1:33.48f)	12/8
2	5	Jo'Deci IRBY	SR	#1 Indiana Tech	{2} 1:33.18 OT	2/9
3	7	Claire LANGE		#2 Marian (Ind.)	1:33.62c (1:34.76f)	1/27
4	8	Ronnie MCMILLAN	JR	#9 Aquinas (Mich.)	1:34.93c (1:36.09f)	2/2
5	13	Taylor THOMAS	SR	#2 Marian (Ind.)	{2} 1:36.62c (1:37.80f)	1/27
6	19	Hanna REUTER	SO	#2 Marian (Ind.)	{3} 1:37.26c (1:38.45f)	1/27
7	24	Kori BAUMANN	JR	#4 Cornerstone (Mi	1:38.11 OT	2/9
8	27	Lyssi SNOUFFER	SO	#17 Mount Vernon Ni	1:38.24c (1:39.44f)	2/3
9	32	Emily JOHNSON	JR	#5 Taylor (Ind.)	1:38.62c (1:39.82f)	2/3
10	34	Lauren HAMILTON	FR	#10 Madonna (Mich.)	1:38.73 OT	2/9

Women's 800 Meters

1	3	Jacqueline ALBO	SR	#23 Lawrence Tech (I	2:14.18 OT	2/10
2	8	Tara FRIESEN	SR	#11 Grace (Ind.)	2:15.72 OT	1/26
3	14	Lauren WOOER	SO	#9 Aquinas (Mich.)	2:16.34 OT	2/9
4	15	Abigail MAYS		#5 Taylor (Ind.)	2:16.92c (2:18.49f)	1/20
5	16	Anna HULSTEDT	SR	#11 Grace (Ind.)	{2} 2:17.41 OT	1/26
6	17	Claire LANGE		#2 Marian (Ind.)	2:17.44	2/9
7	20	Kiara BAHENA	FR	#12 Saint Francis (In	2:17.71c (2:19.29f)	2/10
8	21	Alex EBETINO	SR	#12 Saint Francis (In	{2} 2:17.80c (2:19.38f)	2/10
9	26	Annika ALDERFER FISHER	SR	#13 Goshen (Ind.)	2:18.63 OT	12/1
10	29	Savannah HOSSFELD	SO	#3 Cumberland (K)	2:19.28 OT	2/10

Women's 1000 Meters

1	1	Lisa VOYLES	SR	#1 Indiana Tech	2:48.83c (2:50.67f)	1/19
2	6	Abigail MAYS		#5 Taylor (Ind.)	2:57.36c (2:59.29f)	2/3
3	7	Katie WOODS	SO	#2 Marian (Ind.)	2:58.41	2/9
4	11	Allison PLASSIO	SR	#16 Point Park (Pa.)	2:59.58	2/3
5	12	Krista BOESE	SR	#1 Indiana Tech	{2} 2:59.61c (3:01.57f)	1/19
6	16	Kylie SAUDER	SR	#11 Grace (Ind.)	3:00.21c (3:02.17f)	1/19
7	20	Alex EBETINO	SR	#12 Saint Francis (In	3:00.65c (3:02.62f)	1/13
8	32	Elizabeth LUCASON	SO	#3 Cumberland (K)	3:01.76	1/19
9	34	Ellyn COE	JR	#17 Mount Vernon Ni	3:02.08c (3:04.06f)	1/27
10	37	Emily TEDDER	JR	#7 Huntington (Ind.	3:02.84 OT	1/27

Women's Mile

1	1	Lisa VOYLES	SR	#1 Indiana Tech	4:50.44 OT	1/26
2	4	Annika ALDERFER FISHER	SR	#13 Goshen (Ind.)	4:59.43 OT	2/9
3	8	Noel VANDERWALL	SO	#5 Taylor (Ind.)	5:00.95c (5:03.92f)	1/20
4	11	Kylie SAUDER	SR	#11 Grace (Ind.)	5:04.41c (5:07.42f)	2/3
5	12	Krista BOESE	SR	#1 Indiana Tech	{2} 5:04.76 OT	1/26
6	13	Alina BOSHCHUK	FR	#3 Cumberland (K)	5:04.82 OT	2/10
7	18	Elizabeth LUCASON	SO	#3 Cumberland (K)	{2} 5:05.49	1/19
8	20	Audrey BRINKRUFF	JR	#5 Taylor (Ind.)	{2} 5:05.99c (5:09.01f)	1/27
9	21	Emily TEDDER	JR	#7 Huntington (Ind.	5:06.23	2/9
10	24	Malarie PINWAR	SO	#7 Huntington (Ind.	{2} 5:06.61	2/9



Regional TFRI Event Summary



Great Lakes

as of 2/14/2024 8:11:44 AM ET

Women's 3000 Meters

1	3	Lisa VOYLES	SR	#1 Indiana Tech	9:46.70 OT	12/1
2	6	Alex EBETINO	SR	#12 Saint Francis (Ind.)	9:50.80c (9:55.86f)	12/2
3	7	Noel VANDERWALL	SO	#5 Taylor (Ind.)	9:53.43c (9:58.51f)	2/3
4	9	Anna MARTIN	SO	#7 Huntington (Ind.)	9:55.36 OT	12/8
5	11	Alina BOSHCHUK	FR	#3 Cumberlands (Ky.)	9:56.13 OT	2/10
6	13	Audrey BRINKRUFF	JR	#5 Taylor (Ind.)	{2} 10:01.12c (10:06.27f)	1/20
7	14	Mollie GAMBLE	JR	#5 Taylor (Ind.)	{3} 10:04.01c (10:09.18f)	1/20
8	16	Elizabeth BARRETT	SO	#8 Indiana Wesleyan	10:06.40c (10:11.59f)	2/3
9	23	Elizabeth LUCASON	SO	#3 Cumberlands (Ky.)	{2} 10:11.57	1/27
10	25	Mercy CHEBET	JR	#13 Goshen (Ind.)	10:12.25 OT	2/10

Women's 5000 Meters

1	1	Alina BOSHCHUK	FR	#3 Cumberlands (Ky.)	16:58.76 OT	12/8
2	3	Alex EBETINO	SR	#12 Saint Francis (Ind.)	17:10.48 OT	12/8
3	7	Haley NIEUWKOOP	SR	#4 Cornerstone (Mich.)	17:23.79 OT	2/9
4	11	Elke WIJLMANS	JR	#3 Cumberlands (Ky.)	{2} 17:35.70	2/2
5	14	Mollie GAMBLE	JR	#5 Taylor (Ind.)	17:37.75c (17:45.85f)	2/3
6	19	Elizabeth BARRETT	SO	#8 Indiana Wesleyan	17:42.34 OT	1/26
7	20	Audrey BRINKRUFF	JR	#5 Taylor (Ind.)	{2} 17:43.88c (17:52.02f)	2/3
8	21	Mercy CHEBET	JR	#13 Goshen (Ind.)	17:44.35 OT	2/9
9	26	Kirsten GEARY	SO	Georgetown (Ky.)	17:51.26c (17:59.46f)	2/2
10	29	Heather DURRANT	FR	#3 Cumberlands (Ky.)	{3} 17:54.47 OT	12/8

Women's 3000m Race Walk

1	1	Heather DURRANT	FR	#3 Cumberlands (Ky.)	13:15.14 f	1/13
2	3	Alexa GOVERNOR	FR	#3 Cumberlands (Ky.)	{2} 14:56.92 f	1/13
3	4	#Type!	FR	#3 Cumberlands (Ky.)	{3} 15:02.83 f	12/8
4	5	Hannah DURRANT	FR	#3 Cumberlands (Ky.)	{4} 15:21.17 f	12/8
5	8	Sophia LEE-HAUSER	JR	#16 Point Park (Pa.)	16:01.02 f	1/19
6	16	Korissa VANOVER	SR	#1 Indiana Tech	17:36.82 f	1/19
7	18	Maddie DOTLICH	JR	#19 IU Kokomo (Ind.)	17:40.85 f	1/19
8	19	Isabelle BLATZ	JR	#3 Cumberlands (Ky.)	{5} 18:54.02 f	12/8
9	21	Natalie BRAMMER	SO	#25 Shawnee State (Ind.)	19:03.45 f	12/8
10	22	Haley PRESLEY	JR	#20 Spring Arbor (Mich.)	19:13.03 f	12/8

Women's 4x400 Relay

1	1	Soyinne Grenyion, Jo'Deci Irby, Junae Bennett, Kayla Moody	#1 Indiana Tech	3:44.75 OT	2/9
2	7	Taylor Thomas, Claire Lange, Janae Bailey, Hanna Reuter	#2 Marian (Ind.)	3:52.92c (3:56.01f)	1/27
3	9	Charity Jones, Nia Wood, Lauren Hamilton, Jessica Phillips	#10 Madonna (Mich.)	3:53.29 OT	12/8
4	13	Katelynn Dix, Madi Haid, Hallie Kooyer, Sarah Genzink	#4 Cornerstone (Mich.)	3:55.50c (3:58.62f)	2/2
5	16	Jamila Garba, KaNiya Douglas, Victoria Young, Piper Clark	#15 Campbellsville (Ind.)	3:56.88c (4:00.02f)	2/10
6	25	Brianna Hooton, Vladlena Klymova, Rylin Bagarus, Riley Hershberger	#6 Bethel (Ind.)	4:00.44c (4:03.63f)	2/10
7	29	Dylaine Floyd, Kailyn Ely, Anna Vie, Ally Hawk	#8 Indiana Wesleyan	4:01.40 OT	1/26
8	40	Natalea Hillen, Makayla Rice, Mya Greschner, Diamond Rush	#16 Point Park (Pa.)	4:07.00 OT	1/20
9	42	Ashley Burgess, Lyssi Snouffer, Loey Hallabrin, Elizabeth Potts	#17 Mount Vernon Nazarene	4:07.83c (4:11.12f)	1/27
10	44	D'Arjha Davis, Ashley Hall, Adrienne McKean, Nicole Domene	#5 Taylor (Ind.)	4:08.95c (4:12.25f)	1/27



Regional TFRI Event Summary



Great Lakes

as of 2/14/2024 8:11:44 AM ET

Women's 4x800 Relay

1	7	Kiara Bahena, Victoria Clibon, Alex Ebetino, Mariah Maley	#12 Saint Francis (Ind.)	9:27.51c (9:34.05f)	2/3
2	9	Emily Johnson, Abigail Mays, Kaitlin Burden, Olivia Jeanette	#5 Taylor (Ind.)	9:30.08c (9:36.65f)	2/3
3	10	Mia Wellington, Mercy Chebet, Britney Ortega, Naomi Ross Richer	#13 Goshen (Ind.)	9:30.18c (9:36.75f)	2/3
4	13	Ashley Terry, Elizabeth Lucason, Ella Henage, Alina Boshchuk	#3 Cumberlands (Ky.)	9:34.54c (9:41.16f)	1/13
5	20	Jacie Remtema, Jessica Jarski, Kori Baumann, Lauren VanderLaan	#4 Cornerstone (Mich.)	9:41.54c (9:48.24f)	2/2
6	21	Cadence Schultz, Lauren Wooser, Ella Koons, Kaitlyn Thomas	#9 Aquinas (Mich.)	9:46.52c (9:53.28f)	2/2
7	26	Tame Baylis, Addison Grady, Morgan Welch, Cassandra Cross	#11 Grace (Ind.)	10:08.96c(10:15.98f)	2/3
8	31	Nina Daman, Meredith Wilson, Anna Claire Carwile, Emma Steff	#15 Campbellsville (Ind.)	10:35.11c(10:42.43f)	2/10
9	33	Chloe Gunter, Rachael Byers, Elissa Hines, Michaela Kurth	#18 Concordia (Mich.)	10:51.80c(10:59.31f)	2/10

Women's Distance Medley Relay

1	1	#Type!	#1 Indiana Tech	11:56.82 OT	2/3
2	3	Abigail Mays, Ashley Hall, Emily Johnson, Noel VanderWall	#5 Taylor (Ind.)	12:05.21c(12:12.98f)	1/27
3	5	#Type!	#11 Grace (Ind.)	12:08.67 OT	2/3
4	8	#Type!	#13 Goshen (Ind.)	12:12.33 OT	2/10
5	9	Victoria Clibon, Mariah Maley, Kiara Bahena, Alex Ebetino	#12 Saint Francis (Ind.)	12:12.76c(12:20.61f)	1/27
6	13	Jacie Remtema, Sarah Genzink, Kori Baumann, Emma Moore	#4 Cornerstone (Mich.)	12:19.80 OT	2/10
7	15	Malarie Pinwar, MacKenzie Brewer, Emily Tedder, Trysta Hilton	#7 Huntington (Ind.)	12:24.15c(12:32.12f)	2/3
8	21	Olivia Hare, Diamond Rush, Jana Schmid, Allison Plassio	#16 Point Park (Pa.)	12:35.42 OT	2/10
9	27	Elizabeth Dancy, Jessica Phillips, Alexis Spitzley, Rose Paoletti	#10 Madonna (Mich.)	12:44.24 OT	2/10
10	28	Rosie Barrett, Claire Lange, Nora Steele, Liz Loichinger	#2 Marian (Ind.)	12:52.09c(13:00.36f)	1/27

Women's High Jump

1	4	Gina BUTZ	JR	#2 Marian (Ind.)	1.71m	5-7¼	12/8
2	5	Erica XAYARATH	SR	#7 Huntington (Ind.)	1.70m	5-7	12/2
2	5	Emma VALENTINE	SO	#14 Siena Heights (Mich.)	1.70m	5-7	1/27
4	9	Brooke COFFMAN	FR	#2 Marian (Ind.)	{2} 1.68m	5-6	12/8
4	9	Lyssi SNOUFFER	SO	#17 Mount Vernon Nazarene	1.68m	5-6	1/13
4	9	Josey REINEMAN	JR	#7 Huntington (Ind.)	{2} 1.68m	5-6	1/19
7	14	Kaylee DIAMOND	JR	#9 Aquinas (Mich.)	1.67m	5-5¾	12/8
8	15	Abi HUME	SR	#8 Indiana Wesleyan	1.65m	5-5	2/3
8	15	Mya HINES	FR	#3 Cumberlands (Ky.)	1.65m	5-5	1/19
10	23	Morgan LUTTON	SO	#14 Siena Heights (Mich.)	{2} 1.64m	5-4½	2/9
10	23	Haidyn WAMSLEY	SO	#25 Shawnee State (Ind.)	1.64m	5-4½	2/9
10	23	Cailyn HELMUTH	SR	#6 Bethel (Ind.)	1.64m	5-4½	12/8

Women's Pole Vault

1	1	Evelyn DOLCE	FR	#1 Indiana Tech	3.95m	12-11½	12/8
2	3	Gabrielle ZEILENGA	FR	#6 Bethel (Ind.)	3.80m	12-5½	12/1
3	4	Tatum TOWNSEND	SR	#4 Cornerstone (Mich.)	3.73m	12-2¾	2/9
4	5	Tyler FUGATE	SR	#14 Siena Heights (Mich.)	3.70m	12-1½	1/19
4	5	Sophia SUMER	SO	#6 Bethel (Ind.)	{2} 3.70m	12-1½	12/1
4	5	Nevaeh BROWN	SR	#24 Midway (Ky.)	3.70m	12-1½	2/2
7	8	Margherita CONRAD	SO	#14 Siena Heights (Mich.)	{2} 3.68m	12-¾	1/12
8	12	Grace CONWAY	JR	#6 Bethel (Ind.)	{3} 3.61m	11-10	1/20
9	13	Brooke HOLLOWAY	SO	#17 Mount Vernon Nazarene	3.57m	11-8½	2/3
9	13	Shaily BAYNES	JR	#9 Aquinas (Mich.)	3.57m	11-8½	2/9



Regional TFRI Event Summary



Great Lakes

as of 2/14/2024 8:11:45 AM ET

Women's Long Jump

1	5	Brooklyn SIMMONS	JR	#7 Huntington (Ind.)	5.88m	19-3½	1/13
2	6	Erica XAYARATH	SR	#7 Huntington (Ind.) {2}	5.74m	18-10	2/9
3	7	Gabrielle ZEILENGA	FR	#6 Bethel (Ind.)	5.72m	18-9¼	2/10
4	8	Morgan VARGO	JR	#4 Cornerstone (Mi)	5.70m	18-8½	12/8
5	9	Carlie TURNER	JR	#1 Indiana Tech	5.64m	18-6	2/3
6	14	Alexia BOYD	SR	#15 Campbellsville (I	5.57m	18-3¼	2/10
7	16	Trishelle GANAWAY	SO	#1 Indiana Tech	{2} 5.55m	18-2½	12/8
8	20	Kaylee DIAMOND	JR	#9 Aquinas (Mich.)	5.53m	18-1¾	2/2
9	23	Emma ROEMER	FR	#16 Point Park (Pa.)	5.52m	18-1½	12/1
10	34	Anajah GOMILLIA	SR	#1 Indiana Tech	{3} 5.47m	17-11½	2/9

Women's Triple Jump

1	15	Blessing LAUDERMILCH	JR	#8 Indiana Wesleya	11.49m	37-8½	1/26
2	21	Erica XAYARATH	SR	#7 Huntington (Ind.)	11.32m	37-1¾	1/19
3	25	Brooklyn SIMMONS	JR	#7 Huntington (Ind.) {2}	11.31m	37-1¼	2/3
4	34	Trishelle GANAWAY	SO	#1 Indiana Tech	11.03m	36-2¼	12/8
5	41	DaKyra HOWARD	SO	Oakland City (In	10.95m	35-11¼	2/3
6	43	Kirsten SCHAPMAN	SR	Rochester (Mich.	10.91m	35-9½	2/3
6	43	Shirmara ANDERSON	SO	#2 Marian (Ind.)	10.91m	35-9½	2/9
8	45	Makayla KEFFELER	SO	#8 Indiana Wesleya {2}	10.88m	35-8½	1/26
9	46	Destiny BARNES	FR	#22 Lindsey Wilson (I	10.86m	35-7¾	2/10
10	47	Dasia GARLAND	FR	#15 Campbellsville (I	10.85m	35-7¼	2/10

Women's Shot Put

1	1	Princess KARA	SR	#8 Indiana Wesleya	15.23m	49-11¾	1/26
2	6	Lena KORTE	JR	#18 Concordia (Mich.	14.43m	47-4¼	2/10
3	9	Arriana BENJAMIN	SR	#2 Marian (Ind.)	14.22m	46-8	2/3
4	11	Sydney DUNCAN	FR	#19 IU Kokomo (Ind.)	14.03m	46-½	1/26
5	16	Merideth DEVRIES	JR	#8 Indiana Wesleya {2}	13.46m	44-2	2/3
6	17	Alecia PARKER	JR	#6 Bethel (Ind.)	13.38m	43-10¾	2/10
7	24	Markalah BARNES	SR	#6 Bethel (Ind.) {2}	13.07m	42-10¾	2/10
8	44	Bri NICHOLS	SO	#8 Indiana Wesleya {3}	12.53m	41-1½	2/3
9	45	Rebecca BELTRAN	SR	#9 Aquinas (Mich.)	12.51m	41-½	2/2
10	51	Mackenzie PARKER	SR	#11 Grace (Ind.)	12.40m	40-8¼	1/26
10	51	Maelie HOPE	FR	#9 Aquinas (Mich.) {2}	12.40m	40-8¼	2/9

Women's Weight Throw

1	1	Arriana BENJAMIN	SR	#2 Marian (Ind.)	18.63m	61-1½	2/3
2	15	Claire MEACHAM	SO	#4 Cornerstone (Mi	17.11m	56-1¾	1/26
3	18	Maelie HOPE	FR	#9 Aquinas (Mich.)	16.74m	54-11¼	1/26
4	27	Deneara MBOUG	SO	#1 Indiana Tech	16.21m	53-2¼	12/2
5	31	Nhaydia WATSON	SO	#2 Marian (Ind.) {2}	16.06m	52-8¼	2/3
6	32	Keeley HUGHES	SR	#2 Marian (Ind.) {3}	16.04m	52-7½	2/9
7	34	Willow KENNEDA	SR	#13 Goshen (Ind.)	15.94m	52-3¾	12/1
8	41	Tracey GOOCH	SO	#2 Marian (Ind.) {4}	15.44m	50-8	1/27
9	44	Lena KORTE	JR	#18 Concordia (Mich.	15.30m	50-2½	2/2
10	50	Sydney DUNCAN	FR	#19 IU Kokomo (Ind.)	15.07m	49-5½	2/3

Women's Pentathlon

1	4	Cailyn HELMUTH	SR	#6 Bethel (Ind.)	3,363	2/10
2	13	Katelynn DIX	SO	#4 Cornerstone (Mi	3,167 OT	12/2
3	23	Mya HINES	FR	#3 Cumberlands (K)	3,018	1/27
4	34	Trysta HILTON	SO	#7 Huntington (Ind.	2,915	12/1
5	38	Nina MARINKOVIC	FR	#2 Marian (Ind.)	2,836	1/27
6	42	Gabrielle ZEILENGA	FR	#6 Bethel (Ind.) {2}	2,770	12/8
7	52	Allison TEED	SO	#20 Spring Arbor (Mi	2,702 OT	1/27
8	64	Melissa SILER		#21 IU East (Ind.)	2,533	1/27
9	67	Jayde ULLENBRUCH	FR	#18 Concordia (Mich.	2,504	2/10
10	68	Anna BURK	FR	#4 Cornerstone (Mi {2}	2,500 OT	12/2



Regional TFRI Event Summary



Midwest

as of 2/14/2024 8:11:45 AM ET

Women's 60 Meters

1	24	Alyssa BUSKER	JR	#16	Trinity Christian	7.67	2/10
2	27	Neryah HEKL	FR	#2	Doane (Neb.)	7.68	2/9
3	42	Eden CLIFTON	SO	#20	Graceland (Iowa)	7.79	12/2
4	49	Emerson COLINS	SO	#8	Saint Xavier (Ill.)	7.83	1/27
5	53	Lilly OSTERT	FR	#19	William Penn (Iowa)	7.84	1/27
6	55	Adrianna RODENCAL	SO	#1	Concordia (Neb.)	7.85	12/9
7	63	Myricle MOFFETT	FR	#4	Hastings (Neb.)	7.87	2/9
7	63	Alexis EVEN	SO	#13	Mount Marty (S.I.)	7.87	2/9
9	68	Kerrigan MYERS	JR	#10	Midland (Neb.)	7.88	1/20
9	68	Hannah ANTKOVIK	JR	#3	Olivet Nazarene	7.88	1/26

Women's 60 Meter Hurdles

1	4	Kerrigan MYERS	JR	#10	Midland (Neb.)	8.49	12/9
2	6	Hannah ANTKOVIK	JR	#3	Olivet Nazarene	8.50	12/8
3	7	Nisa THOMAS	SR	#4	Hastings (Neb.)	8.54	2/9
4	8	Adrianna RODENCAL	SO	#1	Concordia (Neb.)	8.55	2/9
5	9	Kerrigan MYERS	JR	#10	Midland (Neb.)	{2} 8.56	12/2
6	10	Kaitlyn MCCOLLY	JR	#7	Dickinson State	8.58	2/10
7	22	Kaylah MCCALL	JR	#3	Olivet Nazarene	{2} 8.87	2/9
8	27	Josie GARRETT	SO	#2	Doane (Neb.)	8.92	1/27
9	29	Liberty BAKER	FR	#22	York (Neb.)	8.93	2/3
10	34	Jaida ROWE	SO	#4	Hastings (Neb.)	{2} 9.01	1/19

Women's 200 Meters

1	11	Hannah ANTKOVIK	JR	#3	Olivet Nazarene	24.65 OT	2/10
2	20	Alyssa BUSKER	JR	#16	Trinity Christian	25.04c (25.42f)	2/10
3	23	Kiara CARTER	JR	#3	Olivet Nazarene	{2} 25.09 OT	2/10
4	25	Gabbi BUTLER	SR	#11	St. Ambrose (Iowa)	25.16c (25.55f)	2/2
5	27	Tera MILLER	SR	#3	Olivet Nazarene	{3} 25.17 OT	12/8
6	34	Adrianna RODENCAL	SO	#1	Concordia (Neb.)	25.40c (25.79f)	1/27
7	44	Nisa THOMAS	SR	#4	Hastings (Neb.)	25.54c (25.93f)	2/3
8	52	Allena ROWLAND	SO	#15	Clarke (Iowa)	25.63c (26.02f)	12/9
9	53	Eden CLIFTON	SO	#20	Graceland (Iowa)	25.64	2/3
9	53	Kayla KIRCHNER	SO	#1	Concordia (Neb.)	{2} 25.64c (26.03f)	2/9

Women's 400 Meters

1	3	Hannah ANTKOVIK	JR	#3	Olivet Nazarene	54.70 OT	12/8
2	8	Gabbi BUTLER	SR	#11	St. Ambrose (Iowa)	56.29c (57.03f)	2/10
3	14	Jenna ESCH	JR	#1	Concordia (Neb.)	56.89c (57.64f)	12/9
4	19	Jordan KOEPKE	JR	#1	Concordia (Neb.)	{2} 57.19c (57.95f)	2/9
5	21	Kiara CARTER	JR	#3	Olivet Nazarene	{2} 57.38c (58.14f)	1/20
6	22	Allena ROWLAND	SO	#15	Clarke (Iowa)	57.57c (58.33f)	12/9
7	25	Tera MILLER	SR	#3	Olivet Nazarene	{3} 57.69 OT	12/8
8	27	Kennedy KRAMER	JR	#12	Northwestern (Iowa)	57.81c (58.57f)	12/9
9	29	Kat VOGT	SO	#2	Doane (Neb.)	57.85c (58.61f)	2/3
10	35	Jewel OLSON	JR	#7	Dickinson State	58.22c (58.99f)	2/3

Women's 600 Meters

1	1	Hannah ANTKOVIK	JR	#3	Olivet Nazarene	1:30.85c (1:31.96f)	1/26
2	6	Jenna ESCH	JR	#1	Concordia (Neb.)	1:33.52	2/3
3	9	Shelby BUWALDA	SO	#5	Dordt (Iowa)	1:35.00 OT	2/10
4	10	Jordan KOEPKE	JR	#1	Concordia (Neb.)	{2} 1:35.56c (1:36.73f)	12/9
5	14	Gabbi BUTLER	SR	#11	St. Ambrose (Iowa)	1:36.66c (1:37.84f)	12/9
6	17	Tianna BUMBACA-KUEHL	SR	#13	Mount Marty (S.I.)	1:37.15c (1:38.34f)	12/9
7	18	Emilee HEYENEN	JR	#5	Dordt (Iowa)	{2} 1:37.18 OT	12/2
8	20	Olivia MATHIS	SO	#8	Saint Xavier (Ill.)	1:37.33c (1:38.52f)	1/27
9	27	Jolee MESZ	FR	#9	Morningside (Iowa)	1:38.24c (1:39.44f)	2/3
10	31	Danie PARRIOTT	SO	#2	Doane (Neb.)	1:38.47c (1:39.67f)	2/3

Women's 800 Meters

1	2	Jenna ESCH	JR	#1	Concordia (Neb.)	2:14.14c (2:15.68f)	2/9
2	4	Veronica PINKERTON	SR	#4	Hastings (Neb.)	2:14.23cu (2:16.44u)	1/26
3	5	Ana PINEDA	SR	#6	St. Francis (Ill.)	2:14.82c (2:16.37f)	1/20
4	7	Rylee HAECKER	SR	#1	Concordia (Neb.)	{2} 2:15.66c (2:17.22f)	2/9
5	9	Alexandra CLARKE	JR	#8	Saint Xavier (Ill.)	2:15.89 OT	2/9
6	10	Olivia MATHIS	SO	#8	Saint Xavier (Ill.)	{2} 2:15.95	1/19
7	11	Courtney SPORRER	SO	#9	Morningside (Iowa)	2:15.97c (2:17.53f)	2/9
8	24	Allison RAMSEY	SR	#6	St. Francis (Ill.)	{2} 2:18.35c (2:19.94f)	2/10
9	28	Tori GERBER	SR	#17	Viterbo (Wis.)	2:18.89c (2:20.49f)	2/10
10	32	Danie PARRIOTT	SO	#2	Doane (Neb.)	2:19.57c (2:21.18f)	2/9

Women's 1000 Meters

1	2	Kylahn FREIBERG	SR	#1	Concordia (Neb.)	2:54.39c (2:56.29f)	2/9
2	3	Rylee HAECKER	SR	#1	Concordia (Neb.)	{2} 2:54.91c (2:56.82f)	1/27
3	5	Ana PINEDA	SR	#6	St. Francis (Ill.)	2:56.98c (2:58.91f)	1/27
4	10	Danie PARRIOTT	SO	#2	Doane (Neb.)	2:58.90c (3:00.85f)	1/27
5	18	Taylor SPORRER	JR	#9	Morningside (Iowa)	3:00.54c (3:02.51f)	2/9
6	22	Courtney SPORRER	SO	#9	Morningside (Iowa)	{2} 3:01.06c (3:03.03f)	1/19
7	25	Emily CHICOINE	SR	#9	Morningside (Iowa)	{3} 3:01.39c (3:03.37f)	2/9
8	27	Allison RAMSEY	SR	#6	St. Francis (Ill.)	{2} 3:01.54c (3:03.52f)	1/27
9	30	Rhaya KASCHINSKE	JR	#1	Concordia (Neb.)	{3} 3:01.65c (3:03.63f)	2/9
10	33	Jessica KAMPMAN	SR	#5	Dordt (Iowa)	3:01.79 OT	2/10

Women's Mile

1	2	Ana PINEDA	SR	#6	St. Francis (Ill.)	4:54.66 OT	2/9
2	7	Kylahn FREIBERG	SR	#1	Concordia (Neb.)	5:00.45c (5:03.42f)	2/3
3	9	Allison RAMSEY	SR	#6	St. Francis (Ill.)	{2} 5:02.18 OT	2/9
4	14	Rylee HAECKER	SR	#1	Concordia (Neb.)	{2} 5:04.85	2/3
5	15	Jessica KAMPMAN	SR	#5	Dordt (Iowa)	5:05.09 OT	2/10
6	19	Courtney SPORRER	SO	#9	Morningside (Iowa)	5:05.81c (5:08.83f)	2/3
7	32	Julie MCINTYRE	SR	#1	Concordia (Neb.)	{3} 5:07.82c (5:10.86f)	2/9
8	42	Kristine HONOMICHL	SR	#5	Dordt (Iowa)	{2} 5:11.87	2/3
9	47	Alexia BIBAKIS	SR	#6	St. Francis (Ill.)	{3} 5:14.43c (5:17.54f)	1/27
10	52	Tori GERBER	SR	#17	Viterbo (Wis.)	5:15.16c (5:18.28f)	2/3



Regional TFRI Event Summary



Midwest

as of 2/14/2024 8:11:45 AM ET

Women's 3000 Meters

1	8	Jessica KAMPMAN	SR	#5 Dordt (Iowa)	9:54.31	2/3
2	17	Ana PINEDA	SR	#6 St. Francis (Ill.)	10:07.21	12/1
3	18	Allison RAMSEY	SR	#6 St. Francis (Ill.) {2}	10:07.26	12/1
4	20	Kylahn FREIBERG	SR	#1 Concordia (Neb.)	10:09.36c (10:14.58f)	2/3
5	33	Alexia BIBAKIS	SR	#6 St. Francis (Ill.) {3}	10:16.39	12/1
6	45	J'Lyn KNUTSON	JR	#14 Mount Mercy (Iowa)	10:20.22c (10:25.53f)	12/9
7	46	Julie MCINTYRE	SR	#1 Concordia (Neb.) {2}	10:20.98c (10:26.30f)	12/9
8	51	Courtney SPORRER	SO	#9 Morningside (Iowa)	10:23.37 OT	1/27
9	55	Valerija CURIKOVA	FR	#18 Dakota State (S.D.)	10:26.75 OT	1/27
10	59	Bailey WILK	SR	#6 St. Francis (Ill.) {4}	10:27.49	12/1

Women's 5000 Meters

1	4	Jessica KAMPMAN	SR	#5 Dordt (Iowa)	17:20.72 OT	12/2
2	6	Ana PINEDA	SR	#6 St. Francis (Ill.)	17:23.57 OT	12/8
3	10	Allison RAMSEY	SR	#6 St. Francis (Ill.) {2}	17:31.86 OT	12/8
4	12	Alexia BIBAKIS	SR	#6 St. Francis (Ill.) {3}	17:35.95 OT	12/8
5	18	Kylahn FREIBERG	SR	#1 Concordia (Neb.)	17:40.14c (17:48.25f)	1/19
6	23	Julie MCINTYRE	SR	#1 Concordia (Neb.) {2}	17:47.74c (17:55.91f)	2/3
7	34	Riley JO FORD	JR	#6 St. Francis (Ill.) {4}	17:59.29 OT	12/8
8	38	Bailey WILK	SR	#6 St. Francis (Ill.) {5}	18:03.90 OT	12/8
9	42	Olivia BUKOWSKI	SR	#6 St. Francis (Ill.) {6}	18:06.90 OT	12/8
10	53	Lucy BORKOWSKI	SR	#5 Dordt (Iowa) {2}	18:18.28	2/3

Women's 3000m Race Walk

1	13	Lauren DAWSON	SR	#1 Concordia (Neb.)	17:23.31 f	12/9
2	14	Abby HILL	SR	#14 Mount Mercy (Iowa)	17:27.03 f	1/27
3	15	Alanna RODRIGUEZ	SO	#8 Saint Xavier (Ill.)	17:30.80 f	12/9
4	17	Tristyn DIPENTINO	JR	#4 Hastings (Neb.)	17:37.28 f	2/9
5	20	Baylee EVARTS	JR	#4 Hastings (Neb.) {2}	19:02.83 f	2/9
6	23	Ava BRACKHAN	SO	#4 Hastings (Neb.) {3}	19:26.37 f	2/9
7	24	Beth RODRIGUEZ	SR	Judson (Ill.)	19:40.06 f	1/26
8	25	Gretchen STOTTEMYRE	FR	#1 Concordia (Neb.) {2}	20:02.82 f	2/9
9	28	Carley DAVIS	SR	#4 Hastings (Neb.) {4}	20:29.21 f	1/19
10	34	Feven EYOB	FR	#21 Grand View (Iowa)	23:41.23 f	2/10

Women's 4x400 Relay

1	2	Kiara Carter, Carsyn Burdine, Hannah Antkoviak, Tera Miller	#3 Olivet Nazarene	3:44.95 OT	2/9
2	8	Jenna Esch, Kayla Kirchner, Trinity Tuls, Jordan Koepke	#1 Concordia (Neb.)	3:53.06	2/3
3	11	Rhys Maxey, Nisa Thomas, Myricle Moffett, Veronica Pinkerton	#4 Hastings (Neb.)	3:54.56cu (3:59.37u)	1/26
4	14	Emma Blum, Savonne Sterk, Caitlin Ostbye, Kennedy Kramer	#12 Northwestern (Ill.)	3:55.54 OT	2/10
5	15	Tianna Bumbaca-Kuehl, Alexis Even, Josey Wahlstrom, Calli Davis	#13 Mount Marty (S.D.)	3:56.62 OT	1/27
6	22	Emerson Colins, Alexandra Clarke, Olivia Mathis, Lana Musa	#8 Saint Xavier (Ill.)	3:59.33 OT	2/10
7	23	Shelby Buwalda, Kailee Altena, Ayda Den Herder, Anna Herman	#5 Dordt (Iowa)	3:59.58 OT	2/10
8	24	Gabbi Butler, Aniecia Goss, Megan Becker, Lexie Johnson	#11 St. Ambrose (Iowa)	3:59.83c (4:03.01f)	2/10
9	27	Kat Vogt, Chaney Nelson, Kiley Hejtmanek, Lindsay Adams	#2 Doane (Neb.)	4:00.74c (4:03.93f)	2/9
10	31	Allena Rowland, Samantha Fowler, Isabelle Matthews, Anyah Ranson	#15 Clarke (Iowa)	4:03.65c (4:06.88f)	12/9



Regional TFRI Event Summary



Midwest

as of 2/14/2024 8:11:45 AM ET

Women's 4x800 Relay

1	1	Jenna Esch, Kylahn Freiberg, Julie McIntyre, Rylee Haecker	#1 Concordia (Neb.)	9:08.93c (9:15.26f)	1/19
2	3	Courtney Sporrer, Michelle Sanchez, Emily Chicoine, Jolee Mesz	#9 Morningside (Iov)	9:23.24c (9:29.73f)	1/19
3	8	Bailey Wilk, Dyannara Franco, Allison Ramsey, Ana Pineda	#6 St. Francis (Ill.)	9:28.93c (9:35.49f)	1/27
4	15	Emily Haverdink, Savonne Sterk, Brielle Engelmann, Caitlin Jacobsma	#12 Northwestern (Ic)	9:36.08 OT	2/10
5	17	Jewel Olson, Kaitlyn McColly, Elizabeth Widmer, Natalie Lile	#7 Dickinson State (I)	9:37.47 OT	2/10
6	18	#Type!	#8 Saint Xavier (Ill.)	9:39.09c (9:45.76f)	2/2
7	19	Isabella Webb, Jaci Burtis, Sadie Feucht, Jada Koerner	#5 Dordt (Iowa)	9:39.87 OT	2/10
8	22	Kayla Overton, J'Lyn Knutson, Abby Knepper, Ruth Jennings	#14 Mount Mercy (Io)	10:02.48c (10:09.42f)	1/27
9	25	#Type!	#3 Olivet Nazarene	10:04.33c (10:11.29f)	2/2
10	29	Faith Neeley, Kalin Rotzoll, Avery O'Rourke, Liberty Leis	#21 Grand View (Iow)	10:17.34c (10:24.45f)	1/27

Women's Distance Medley Relay

1	6	Rylee Haecker, Isabelle Salters, Jenna Esch, Julie McIntyre	#1 Concordia (Neb.)	12:11.86c (12:19.70f)	1/27
2	12	Taylor Sporrer, Emily Chicoine, Jolee Mesz, Courtney Sporrer	#9 Morningside (Iov)	12:15.65 OT	1/27
3	19	Molly Mulder, Ayda Den Herder, Shelby Buwalda, Kristine Honomichl	#5 Dordt (Iowa)	12:28.91 OT	2/10
4	22	Lindsey Roth, Raylee Wallis, Anna Schneider, Valerija Curikova	#18 Dakota State (S.I)	12:39.08 OT	1/27
5	25	Megan Hageman, Samantha Fowler, Jaycie Franco, Rory Bickler	#15 Clarke (Iowa)	12:43.33c (12:51.50f)	2/10
6	29	Jordyn Fleener, Ella Johnston, Leah Lisowski, Catrina Farris	#16 Trinity Christian	12:55.54c (13:03.84f)	2/10
7	30	Alexandra Clarke, Kristen Booker, Olivia Mathis, Daniella Nino	#8 Saint Xavier (Ill.)	12:55.87	12/1
8	38	Avery O'Rourke, Christella Luyeye, Kylie Muecke, Kalin Rotzoll	#21 Grand View (Iow)	13:39.98c (13:48.76f)	2/10
9	40	Briana Admire, Roselaure Fuller, Charlotte Hele, Elizabeth Hele	#19 William Penn (Io)	13:41.65c (13:50.45f)	1/27
10	51	Katie Isham, Felicity Johnson, Lilly Carr, Morgan Peterson	#22 York (Neb.)	14:23.81	2/14

Women's High Jump

1	1	Adarra HAGLUND	SO	#7 Dickinson State (I)	1.75m	5-8¾	1/27
2	9	Zoey WALKER	FR	#1 Concordia (Neb.)	1.68m	5-6	12/9
3	15	Sidney GILLILAND	JR	#20 Graceland (Iowa)	1.65m	5-5	12/2
3	15	Josie GARRETT	SO	#2 Doane (Neb.)	1.65m	5-5	1/27
3	15	Aubrey DEGROOT	FR	#12 Northwestern (Ic)	1.65m	5-5	1/19
6	27	Kaitlyn MCCOLLY	JR	#7 Dickinson State (Ic{2})	1.63m	5-4¼	2/3
7	29	Zailee POULSON	JR	#4 Hastings (Neb.)	1.62m	5-3¾	1/26
8	32	Jastiny JACKSON	JR	#2 Doane (Neb.) {2}	1.60m	5-3	1/19
8	32	Amanda STEINKE	SO	#1 Concordia (Neb.) {2}	1.60m	5-3	2/3
8	32	Jacie VANDER WAAL	JR	#12 Northwestern (Ic{2})	1.60m	5-3	1/19
8	32	Sarah THEILER	SR	#2 Doane (Neb.) {2}	1.60m	5-3	2/3
8	32	Andrea SUCHA	SO	#13 Mount Marty (S.I)	1.60m	5-3	12/9
8	32	Addie REIMER	FR	#1 Concordia (Neb.) {2}	1.60m	5-3	2/3
8	32	Krista HARDY	SO	#10 Midland (Neb.)	1.60m	5-3	2/9



Regional TFRI Event Summary



Midwest

as of 2/14/2024 8:11:45 AM ET

Women's Pole Vault

1	2	Kaylee PRIBYL	FR	#2 Doane (Neb.)	3.82m	12-6¼	2/9
2	9	Kennedy STANLEY	SO	#2 Doane (Neb.) {2}	3.67m	12-½	2/9
3	10	Emma JOHNSON	JR	#17 Viterbo (Wis.)	3.66m	12-0	12/2
4	11	Madison WAHL	JR	#7 Dickinson State	3.65m	11-11¾	1/27
5	13	Sydney REICHERT	SR	#1 Concordia (Neb.)	3.57m	11-8½	12/9
5	13	Amira CUMMINGS	SR	#1 Concordia (Neb.)	3.57m	11-8½	12/9
5	13	Josie PUELZ	SR	#1 Concordia (Neb.)	3.57m	11-8½	12/9
8	19	Megan FRANK	FR	Jamestown (N.D.)	3.55m	11-7¾	2/3
9	24	Ryleigh WARDEN	SO	#11 St. Ambrose (Iowa)	3.47m	11-4½	2/2
9	24	Kayla SVOBODA	SO	#1 Concordia (Neb.) {4}	3.47m	11-4½	2/9
9	24	Erin BOGGS	JR	#1 Concordia (Neb.) {4}	3.47m	11-4½	1/27

Women's Long Jump

1	4	Hayley MILES	SO	#1 Concordia (Neb.)	5.90m	19-4¼	12/9
2	17	Faith MEASEL	SR	#5 Dordt (Iowa)	5.54m	18-2¼	12/2
2	17	Kerrigan MYERS	JR	#10 Midland (Neb.)	5.54m	18-2¼	12/9
4	20	Abigaille BATU-TIAKO	SR	#19 William Penn (Iowa)	5.53m	18-1¾	2/10
5	27	Kaitlyn MCCOLLY	JR	#7 Dickinson State	5.50m	18-½	2/3
5	27	Ayda DEN HERDER	SO	#5 Dordt (Iowa) {2}	5.50m	18-½	2/3
7	31	Charlee OLSON	FR	#12 Northwestern (Iowa)	5.48m	17-11¾	2/3
8	34	Lexie JOHNSON	SR	#11 St. Ambrose (Iowa)	5.47m	17-11½	2/10
8	34	Lindsay ADAMS	JR	#2 Doane (Neb.)	5.47m	17-11½	1/27
10	38	Lillia CHVATAL	FR	#17 Viterbo (Wis.)	5.45m	17-10¾	2/3

Women's Triple Jump

1	5	Josie GARRETT	SO	#2 Doane (Neb.)	12.10m	39-8½	2/3
2	13	Jolene MANTOAN	SR	#3 Olivet Nazarene	11.55m	37-10¾	12/2
3	14	Rosalyn ROGGASCH	SO	#2 Doane (Neb.) {2}	11.52m	37-9½	1/27
4	16	Josi NOBLE	SO	#1 Concordia (Neb.)	11.45m	37-6¾	1/19
5	20	Lindsay ADAMS	JR	#2 Doane (Neb.) {3}	11.37m	37-3¾	2/3
6	21	Hayley MILES	SO	#1 Concordia (Neb.) {2}	11.32m	37-1¾	12/9
7	30	Kyla DAVIS	SO	#2 Doane (Neb.) {4}	11.16m	36-7½	2/3
8	38	JaeLynne KOSMOS	FR	#1 Concordia (Neb.) {3}	11.00m	36-1¼	2/3
9	39	Isabel SAYLER	SR	#24 Briar Cliff (Iowa)	10.98m	36-¼	1/19
10	42	Brooklyn JOHNSON	SO	#14 Mount Mercy (Iowa)	10.93m	35-10½	2/3

Women's Shot Put

1	3	Abby MAGNUSON	SR	#23 Dakota Wesleyan	14.97m	49-1½	2/3
2	4	Kori NAGEL	JR	#7 Dickinson State	14.82m	48-7½	1/20
3	7	Annah MILLER	SR	#11 St. Ambrose (Iowa)	14.35m	47-1	1/20
3	7	Claire CASPERSEN	JR	#25 College of Saint I	14.35m	47-1	2/9
5	10	Hope WAGNER	SR	#24 Briar Cliff (Iowa)	14.16m	46-5½	2/9
6	12	Abigail GERBER	SR	#1 Concordia (Neb.)	13.94m	45-9	12/9
7	13	Maggie HEESCH	SO	#10 Midland (Neb.)	13.62m	44-8¼	2/9
8	14	Kiara ANDERSON	SR	#4 Hastings (Neb.)	13.57m	44-6¼	12/8
9	15	Ava CONRAD	JR	#14 Mount Mercy (Iowa)	13.55m	44-5½	2/3
10	18	Asia TYLER	JR	#4 Hastings (Neb.) {2}	13.33m	43-8¾	2/9

Women's Weight Throw

1	2	Kiara ANDERSON	SR	#4 Hastings (Neb.)	18.48m	60-7¾	2/3
2	3	Precious AGUAGYO	JR	#8 Saint Xavier (Ill.)	18.03m	59-2	12/9
3	4	Abi WOHLGEMUTH	JR	#1 Concordia (Neb.)	17.94m	58-10¼	12/9
4	5	Kori NAGEL	JR	#7 Dickinson State	17.82m	58-5¾	1/20
5	6	Madison GREEN	JR	#21 Grand View (Iowa)	17.73m	58-2	2/3
6	7	Macy FULLER	SR	#2 Doane (Neb.)	17.70m	58-1	2/9
7	8	Kayla MIKOTTIS	SR	#3 Olivet Nazarene	17.39m	57-¾	12/2
8	9	Asia TYLER	JR	#4 Hastings (Neb.) {2}	17.38m	57-¼	2/9
9	16	Maggie HEESCH	SO	#10 Midland (Neb.)	17.08m	56-½	1/20
10	17	Mia KNIGGE	SO	#2 Doane (Neb.) {2}	16.79m	55-1	2/9

Women's Pentathlon

1	1	Kaitlyn MCCOLLY	JR	#7 Dickinson State	3,755	2/3
2	10	Kerrigan MYERS	JR	#10 Midland (Neb.)	3,254	12/9
3	12	Josi NOBLE	SO	#1 Concordia (Neb.)	3,200	1/27
4	14	Zoey WALKER	FR	#1 Concordia (Neb.) {2}	3,164	1/27
5	16	Lana MUSA	SR	#8 Saint Xavier (Ill.)	3,139	1/27
6	20	Annemarie KORNER	FR	#15 Clarke (Iowa)	3,059	12/9
7	21	Amanda STEINKE	SO	#1 Concordia (Neb.) {3}	3,024	12/9
8	25	Chaney NELSON	FR	#2 Doane (Neb.)	3,012	12/3
9	26	Faith ESPINOSA	JR	#1 Concordia (Neb.) {4}	2,997	1/27
10	27	Elena BATENHORST	JR	#1 Concordia (Neb.) {5}	2,964	1/27



Regional TFRI Event Summary



South

as of 2/14/2024 8:11:45 AM ET

Women's 60 Meters

1	1	Praise IDAMADUDU	JR	#5	Cumberland (Tei	7.39	1/19
2	2	Joy ABU	SR	#1	William Carey (M	7.43	12/1
3	4	Printassia JOHNSON	SR	#4	Life (Ga.)	7.47	2/4
4	6	Emma JOHNSON	SR	#6	Columbia Intern:	7.52	2/10
5	8	Machaeda LINTON	SO	#1	William Carey (M{2}	7.54	12/1
5	8	Nicole JOHNSON	SR	#14	Warner (Fla.)	7.54	1/13
7	11	Fredricka MCKENZIE	SR	#1	William Carey (M{3}	7.57	12/1
8	12	Tyeesa SMITH	SO	#1	William Carey (M{4}	7.59	12/1
9	14	Ta'nijal MATTHEWS	JR	#13	Dillard (La.)	7.61	(1.1) 12/1
10	16	Salieci MYLES	JR	#1	William Carey (M{5}	7.62	1/20

Women's 60 Meter Hurdles

1	1	Salieci MYLES	JR	#1	William Carey (M	8.32	2/3
2	2	Joy ABU	SR	#1	William Carey (M{2}	8.41	2/3
3	12	Emma JOHNSON	SR	#6	Columbia Intern:	8.64	2/10
4	14	Doris MENSAH	SO	#5	Cumberland (Tei	8.65	2/4
5	16	Irmiris MENDEZ	JR	#2	Southeastern (Fl	8.72	2/10
6	18	Kyla COLEMAN	SO	#10	Xavier (La.)	8.80	(1.1) 12/1
7	20	An'Janae LATCHINSON	SO	#1	William Carey (M{3}	8.84	2/3
8	23	Jade HARRIS	SO	#10	Xavier (La.)	{2}8.89	(0.3) 2/9
9	25	Daena DRYER	FR	#1	William Carey (M{4}	8.90	1/13
10	26	Ar'Briel SCOTT	FR	#2	Southeastern (Fl{2}	8.91	2/10

Women's 200 Meters

1	2	Printassia JOHNSON	SR	#4	Life (Ga.)	23.81 OT	1/19
2	5	Praise IDAMADUDU	JR	#5	Cumberland (Tei	23.90 OT	1/19
3	6	Joy ABU	SR	#1	William Carey (M	24.24 OT	1/13
4	7	Kevell BYRD	JR	#13	Dillard (La.)	24.35	1/26
5	13	Kynneddy TURNER	JR	#10	Xavier (La.)	24.80 outw{p.3}	1/12
6	14	Salieci MYLES	JR	#1	William Carey (M{2}	24.82	12/1
6	14	Nicole JOHNSON	SR	#14	Warner (Fla.)	24.82 out (0.5)	12/8
8	16	Ifunanya MUOGHALU	SO	#5	Cumberland (Tei{2}	24.83	2/4
9	17	Irmiris MENDEZ	JR	#2	Southeastern (Fl	24.84c	(25.22f) (1.6 12/2
10	18	Emma JOHNSON	SR	#6	Columbia Intern:	24.86c	(25.24f) 2/10

Women's 400 Meters

1	1	Praise IDAMADUDU	JR	#5	Cumberland (Tei	54.29 OT	1/13
2	4	Joy ABU	SR	#1	William Carey (M	55.54	1/20
3	7	Kevell BYRD	JR	#13	Dillard (La.)	56.23 out	1/12
4	9	Ifunanya MUOGHALU	SO	#5	Cumberland (Tei{2}	56.44 OT	1/19
5	17	Maria SIMANCAS	SR	#1	William Carey (M{2}	56.93 OT	1/13
6	23	Samaya CAURTHENS	SO	#7	Keiser (Fla.)	57.62 out	12/8
7	37	Melissa GRIPACUS	SO	#7	Keiser (Fla.)	{2}58.32	2/3
8	38	Kynneddy TURNER	JR	#10	Xavier (La.)	58.35	2/9
9	41	Fedjine BELL	SO	#10	Xavier (La.)	{2}58.49	12/1
10	42	Fegor CLIFFORD	JR	#1	William Carey (M{3}	58.51	1/20

Women's 600 Meters

1	3	Maria SIMANCAS	SR	#1	William Carey (M	1:32.76 OT	1/13
2	10	Maria TIRADO	FR	#1	William Carey (M{2}	1:35.56	2/3
3	12	Melissa GRIPACUS	SO	#7	Keiser (Fla.)	1:35.85	2/3
4	15	Emeline DELAVILLE	FR	#4	Life (Ga.)	1:36.97	1/14
5	22	Kevell BYRD	JR	#13	Dillard (La.)	1:37.91	2/9
6	33	Marie MARC	SR	#7	Keiser (Fla.)	{2}1:38.65	2/3
7	40	Najah GIBSON	FR	#4	Life (Ga.)	{2}1:39.08	1/14
8	51	Emily STANDIFER	JR	#8	Montreat (N.C.)	1:40.00c	(1:41.22f) 1/27
9	62	Megan CHRISTIAN	SR	#3	Milligan (Tenn.)	1:40.71c	(1:41.94f) 12/3
10	70	Ezthia MAYCOCK	SO	#5	Cumberland (Tei	1:41.18 OT	1/13

Women's 800 Meters

1	6	Emeline DELAVILLE	FR	#4	Life (Ga.)	2:15.40	2/4
2	13	Maria TIRADO	FR	#1	William Carey (M	2:16.24	1/20
3	18	Maria SIMANCAS	SR	#1	William Carey (M{2}	2:17.45	1/20
4	27	Ellen-Mary KEARNEY	SO	#3	Milligan (Tenn.)	2:18.72c	(2:20.32f) 1/20
5	31	Sarah FOREMAN	SR	#2	Southeastern (Fl	2:19.50	2/3
6	47	Natalie ROHM	SO	#2	Southeastern (Fl{2}	2:20.83	2/3
7	57	Grace FEDER	JR	#2	Southeastern (Fl{3}	2:21.65	2/3
8	63	Kyja WILLIAMS	SO	#4	Life (Ga.)	{2}2:22.01	2/4
9	70	Kilia HASTY	JR	#8	Montreat (N.C.)	2:22.31	2/3
10	72	Brianna SHEPPARD	FR	#2	Southeastern (Fl{4}	2:22.65	2/3

Women's 1000 Meters

1	4	Ellen-Mary KEARNEY	SO	#3	Milligan (Tenn.)	2:56.57c	(2:58.50f) 1/20
2	8	Maria TIRADO	FR	#1	William Carey (M	2:58.84 OT	1/13
3	13	Emeline DELAVILLE	FR	#4	Life (Ga.)	2:59.76	1/13
4	26	Caitlin DOMINY	SR	#3	Milligan (Tenn.)	{2}3:01.44c	(3:03.42f) 1/20
5	38	Grace FEDER	JR	#2	Southeastern (Fl	3:02.85	2/3
6	42	Gracie ALLEN	SR	#3	Milligan (Tenn.)	{3}3:03.49c	(3:05.49f) 1/20
7	49	Kilia HASTY	JR	#8	Montreat (N.C.)	3:05.26c	(3:07.28f) 1/27
8	50	Maggie FRONING	JR	#12	SCAD Savannah	3:05.45	1/20
9	69	Hannah MITCHELL	FR	#1	William Carey (M{2}	3:08.71 OT	1/13
10	79	Hope KRELL	FR	#3	Milligan (Tenn.)	{4}3:09.84	11/28

Women's Mile

1	3	Ellen-Mary KEARNEY	SO	#3	Milligan (Tenn.)	4:55.08 OT	2/10
2	30	Sarah FOREMAN	SR	#2	Southeastern (Fl	5:07.57	2/3
3	31	Caitlin DOMINY	SR	#3	Milligan (Tenn.)	{2}5:07.72c	(5:10.76f) 1/20
4	39	Blanca CONESA	JR	#1	William Carey (M	5:11.20 OT	1/13
5	48	Patricia BARRERA	SO	#3	Milligan (Tenn.)	{3}5:14.46c	(5:17.57f) 2/8
6	61	Grace FEDER	JR	#2	Southeastern (Fl{2}	5:17.07	1/27
7	62	Maria TIRADO	FR	#1	William Carey (M{2}	5:17.15 OT	1/13
8	76	Maggie FRONING	JR	#12	SCAD Savannah	5:18.23	1/13
9	82	Kilia HASTY	JR	#8	Montreat (N.C.)	5:19.05c	(5:22.20f) 1/27
10	86	Mahaley CRONK	SR	#8	Montreat (N.C.)	{2}5:19.52c	(5:22.68f) 12/2



Regional TFRI Event Summary



South

as of 2/14/2024 8:11:45 AM ET

Women's 3000 Meters

1	1	Caitlin DOMINY	SR	#3 Milligan (Tenn.)	9:40.48c (9:45.45f)	1/27
2	2	Ellen-Mary KEARNEY	SO	#3 Milligan (Tenn.) {2}	9:43.24c (9:48.24f)	1/27
3	22	Blanca CONESA	JR	#1 William Carey (M	10:09.45	2/3
4	31	Patricia BARRERA	SO	#3 Milligan (Tenn.) {3}	10:15.68c (10:20.95f)	1/27
5	47	Julia GRALKI	JR	#12 SCAD Savannah	10:21.21	1/13
6	50	Zanelle WILLEMSE	SR	#3 Milligan (Tenn.) {4}	10:22.41c (10:27.74f)	12/3
7	54	Sarah FOREMAN	SR	#2 Southeastern (Fl	10:25.80	1/20
8	60	Hannah BROWN	JR	#3 Milligan (Tenn.) {5}	10:27.63c (10:33.01f)	1/27
9	62	Gracie ALLEN	SR	#3 Milligan (Tenn.) {6}	10:28.77c (10:34.16f)	1/20
10	72	Edith MANFRED	FR	#12 SCAD Savannah {2}	10:31.28	1/13

Women's 5000 Meters

1	5	Ellen-Mary KEARNEY	SO	#3 Milligan (Tenn.)	17:22.57	11/28
2	8	Caitlin DOMINY	SR	#3 Milligan (Tenn.) {2}	17:25.29	11/28
3	22	Sarah FOREMAN	SR	#2 Southeastern (Fl	17:45.19 OT	12/8
4	27	Julia GRALKI	JR	#12 SCAD Savannah	17:51.98	2/2
5	43	Edith MANFRED	FR	#12 SCAD Savannah {2}	18:07.44	1/20
6	46	Hannah BROWN	JR	#3 Milligan (Tenn.) {3}	18:10.81	11/28
7	47	Patricia BARRERA	SO	#3 Milligan (Tenn.) {4}	18:12.05	11/28
8	50	Alex MIDGETT	SR	#12 SCAD Savannah {3}	18:13.74	1/20
9	51	Talia SULLIVAN	JR	#12 SCAD Savannah {4}	18:15.15	2/2
10	54	Zanelle WILLEMSE	SR	#3 Milligan (Tenn.) {5}	18:19.10	11/28

Women's 3000m Race Walk

1	2	Ashlyn POULIN	FR	#2 Southeastern (Fl	14:37.68	2/3
2	10	Ainhua COLINO	SO	#9 Columbia (S.C.)	16:46.85 f	1/21
3	29	Marlee IRVIN	SO	#2 Southeastern (Fl{2}	21:03.79	2/3
4	30	Mina SHULL	SO	#9 Columbia (S.C.) {2}	21:06.84 f	1/21
5	32	Adelena IGNOFFO	FR	#20 Brewton-Parker	22:54.32	2/3
6	35	Addison MARTIN	FR	#9 Columbia (S.C.) {3}	23:48.67 f	1/21
7	36	Carly FUEL	FR	#9 Columbia (S.C.) {4}	24:05.78 f	1/21

Women's 4x400 Relay

1	3	Joy Abu, Fegor Clifford, Jennifer Ezeoha, Maria Simancas	#1 William Carey (M	3:45.80	2/3
2	5	Ezthia Maycock, Ifunanya Muoghalu, Doris Mensah, Praise Idamadudu	#5 Cumberland (Tei	3:51.71 OT	1/19
3	6	#Type!	#4 Life (Ga.)	3:51.98	2/4
4	12	#Type!	#2 Southeastern (Fl	3:54.92 OT	2/10
5	17	#Type!	#13 Dillard (La.)	3:57.21 out	1/12
6	20	#Type!	#10 Xavier (La.)	3:58.30	1/26
7	48	Emma Barnes, Emily Standifer, Kaylene Manternach, Yessenia Castellanos	#8 Montreat (N.C.)	4:11.35c (4:14.68f)	1/27
8	52	Morgan Johnson, Rosemary Reed, Trinyty Gregory, Emma Johnson	#6 Columbia Intern.	4:14.04c (4:17.41f)	2/10
9	53	Shanice Fleurimond, Daniela Logrono, Jasheena Owens, Melissa Gripacus	#7 Keiser (Fla.)	4:14.23	2/3
10	58	Dhenecia Pinnock, Kishawna Wallace, Amia Montgomery, Jewel Cross	#24 Talladega (Ala.)	4:15.59	2/10

Women's 4x800 Relay

1	27	Yessenia Castellanos, Kilia Hasty, Natalia Nieto, Mahaley Cronk	#8 Montreat (N.C.)	10:12.00c (10:19.05f)	1/13
2	35	#Type!	#11 Loyola (La.)	11:11.98 out	1/12
3	36	Mikhailah Hayes, Madi McMahan, Blanco Choque Gladys, Akin Averie	#15 Brenau (Ga.)	11:20.93c (11:28.78f)	12/3

Women's Distance Medley Relay

1	11	Patricia Barrera, Hope Krell, Ellen-Mary Kearney, Caitlin Dominy	#3 Milligan (Tenn.)	12:13.92c (12:21.78f)	1/27
2	14	Grace Feder, Irmiris Mendez, Jillian Blaser, Sarah Foreman	#2 Southeastern (Fl	12:20.83	1/27
3	39	Maggie Froning, Erin Landis, Carlotta Walser, Valentina Garcia	#12 SCAD Savannah	13:40.44	2/2
4	46	Ameerah King, Addison Martin, Carly Fuel, Jennyfer Vigueras	#9 Columbia (S.C.)	14:03.14c (14:12.18f)	12/9
5	55	Nolwenn Blain, Chazmere Anderson, Ashley Bowden, Anna Brown	#21 Point (Ga.)	15:02.42	1/14



Regional TFRI Event Summary



South

as of 2/14/2024 8:11:45 AM ET

Women's High Jump

1	15	Leojai HIBBERT	FR	#10 Xavier (La.)	1.65m	5-5	2/9
2	32	Daena DRYER	FR	#1 William Carey (M	1.60m	5-3	2/3
2	32	Paige MANNEY	JR	#16 Tennessee Wesle	1.60m	5-3	2/1
2	32	Aiana COLAS	SO	#7 Keiser (Fla.)	1.60m	5-3	12/8
2	32	Kaitlyn BECNEL	SR	#11 Loyola (La.)	1.60m	5-3	12/1
6	58	Chandler BINKLEY	FR	#12 SCAD Savannah	1.56m	5-1½	2/2
7	66	Lauryn MARTIN		#10 Xavier (La.)	{2} 1.55m	5-1	12/1
8		Samantha CRAMER	SO	#18 Reinhardt (Ga.)	1.50m	4-11	2/10
9		Macy HINKLE	FR	#3 Milligan (Tenn.)	1.48m	4-10¼	11/28
10		Anaya FINDLAY	FR	#14 Warner (Fla.)	1.47m	4-9¾	2/3
10		Emma BARNES	SO	#8 Montreat (N.C.)	1.47m	4-9¾	1/13

Women's Pole Vault

1	19	Megan JUDGE	JR	#4 Life (Ga.)	3.55m	11-7¾	1/14
2	22	Cameron KELPERIS	FR	#4 Life (Ga.)	{2} 3.50m	11-5¾	2/10
3	58	Aubrey SELLERS	FR	#2 Southeastern (Fl	3.10m	10-2	1/27
4	70	Caroline RIMMER	FR	#6 Columbia Intern	2.97m	9-9	2/10
5		Sophia BOU	FR	#2 Southeastern (Fl	{2} 2.50m	8-2½	1/27
6		Kamryn CHAMBLISS	SO	#15 Brenau (Ga.)	2.45m	8-½	1/27
6		Emma PELFREY	SO	#18 Reinhardt (Ga.)	2.45m	8-½	2/10
8		Cassidi JONES	SR	#15 Brenau (Ga.)	{2} 2.30m	7-6½	1/27
9		Amari GRAHAM	JR	#2 Southeastern (Fl	{3} 2.20m	7-2½	2/3
10		Jillian BLASER	JR	#2 Southeastern (Fl	{4} 1.45m	4-9	12/8

Women's Long Jump

1	1	Machaeda LINTON	SO	#1 William Carey (M	5.99m	19-8	1/13
2	2	Jordyn MINOR	FR	#11 Loyola (La.)	5.92m	19-5¼ (1.2)	1/12
3	3	Blessing SAMUEL	SO	#5 Cumberland (Tei	5.91m	19-4¾	1/19
4	20	Leojai HIBBERT	FR	#10 Xavier (La.)	5.53m	18-1¾ (1.2)	12/1
5	23	Eleanor SHERMAN	FR	#11 Loyola (La.)	{2} 5.52m	18-1½ (1.2)	12/1
6	27	Tyeese SMITH	SO	#1 William Carey (M	{2} 5.50m	18-½	2/3
7	34	Trinity GREGORY	SO	#6 Columbia Intern	5.47m		12/2
8	38	Jessica GAKERI	JR	#8 Montreat (N.C.)	5.45m	17-10¾	1/13
9	42	Fegor CLIFFORD	JR	#1 William Carey (M	{3} 5.43m	17-9¾	1/20
10	73	Andreana GRAHAM	JR	#19 Florida Memoria	5.26m	17-3¾	2/9

Women's Triple Jump

1	1	Machaeda LINTON	SO	#1 William Carey (M	12.71m	41-8½	1/13
2	3	Fegor CLIFFORD	JR	#1 William Carey (M	{2} 12.34m	40-6	2/3
3	4	Jah'lia EVANS	JR	#17 Voorhees (S.C.)	12.11m	39-8¾	2/10
4	7	Selena JOHNSON	SR	#14 Warner (Fla.)	11.88m	38-11¾	2/3
5	9	Mackenzie PRINGLE	FR	#9 Columbia (S.C.)	11.82m	38-9½	2/2
6	12	Paige MANNEY	JR	#16 Tennessee Wesle	11.60m	38-¾	2/1
7	16	Daena DRYER	FR	#1 William Carey (M	{3} 11.45m	37-6¾	12/1
8	21	Blessing SAMUEL	SO	#5 Cumberland (Tei	11.32m	37-1¾	2/4
9	26	Jayda LOWE	JR	#17 Voorhees (S.C.)	{2} 11.29m	37-½	1/19
10	28	Zaniyah WILSON	SO	#1 William Carey (M	{4} 11.24m	36-10½	1/13

Women's Shot Put

1	5	Daveina WATSON	JR	#5 Cumberland (Tei	14.57m	47-9¾	2/10
2	21	Julia SCHARNELL	FR	#7 Keiser (Fla.)	13.18m	43-3	2/9
3	33	Kloey PICKENS	JR	#6 Columbia Intern	12.76m	41-10½	2/10
4	41	Bryana BAZILE	SR	#11 Loyola (La.)	12.61m	41-4½	2/3
5	49	Diamond ATKINS	SR	#4 Life (Ga.)	12.44m	40-9¾	2/10
6	54	Darci DAWSON	JR	#9 Columbia (S.C.)	12.36m	40-6¾	1/13
7	59	Ezarya DALE	FR	#7 Keiser (Fla.)	{2} 12.31m	40-4¾	1/20
8	66	Sha'Nyia WOOLERY	SO	#15 Brenau (Ga.)	12.22m	40-1¼	12/3
9	80	Jacquelyn BOWNES	JR	#23 Fisk (Tenn.)	12.05m	39-6½	1/27
10	87	Renee ANDERSON	FR	#11 Loyola (La.)	{2} 11.90m	39-½	1/12

Women's Weight Throw

1	11	Darci DAWSON	JR	#9 Columbia (S.C.)	17.32m	56-10	12/9
2	14	Dazanni HINTON	SR	#6 Columbia Intern	17.12m	56-2	2/10
3	24	Kloey PICKENS	JR	#6 Columbia Intern	{2} 16.38m	53-9	2/10
4	27	Jennifer BATU	SR	#4 Life (Ga.)	16.21m	53-2¾	1/14
5	46	Bryana BAZILE	SR	#11 Loyola (La.)	15.18m	49-9¾	1/21
6	47	Sophiat OMIZI	JR	#5 Cumberland (Tei	15.16m	49-9	2/4
7	59	Ezarya DALE	FR	#7 Keiser (Fla.)	14.88m	48-10	2/3
8	72	Diamond ATKINS	SR	#4 Life (Ga.)	{2} 14.64m	48-½	1/13
9	74	Anaya CANTY	SR	#9 Columbia (S.C.)	{2} 14.62m	47-11¾	12/9
10	77	Coral CURRY	FR	#6 Columbia Intern	{3} 14.57m	47-9¾	2/10

Women's Pentathlon

1	11	Daena DRYER	FR	#1 William Carey (M	3,203		2/3
2	33	Emma BARNES	SO	#8 Montreat (N.C.)	2,916		2/3
3	43	Morgan JOHNSON	JR	#6 Columbia Intern	2,768		2/10
4	49	Marie MARC	SR	#7 Keiser (Fla.)	2,726		2/3
5	56	Natalie ROHM	SO	#2 Southeastern (Fl	2,623		2/3
6	58	Chelsee MARTINO	SR	#2 Southeastern (Fl	{2} 2,593		2/3
7	62	Irmiris MENDEZ	JR	#2 Southeastern (Fl	{3} 2,561		1/20
8	80	Selena JOHNSON	SR	#14 Warner (Fla.)	2,381		2/3
9	87	Yasmine RODGERS	FR	#7 Keiser (Fla.)	{2} 2,281		1/20
10	88	Jessica BROWN	FR	#2 Southeastern (Fl	{4} 2,276		2/3



Regional TFRI Event Summary



South Central

as of 2/14/2024 8:11:46 AM ET

Women's 60 Meters

1	7	Delaney WEIMER	JR	#5 Evangel (Mo.)	7.53	1/27
2	14	Gretchen RANEY	JR	#2 Saint Mary (Kan.)	7.61	2/14
3	24	Jaelynn WILLIAMS	JR	#8 Texas Wesleyan	7.67	1/20
4	33	Tiyna RIDGE	FR	#7 Friends (Kan.)	7.71	2/14
4	33	Mariah FEDE	SO	#16 McPherson (Kan.)	7.71	2/14
6	39	Chasity VEALS	SR	#12 Langston (Okla.)	7.75	12/2
7	60	Samantha COLSON	JR	#2 Saint Mary (Kan.) {2}	7.86	12/2
8	68	Shannon MILLS	FR	#19 Wiley (Texas)	7.88	12/9
9	76	Jordyn WEEMS	JR	#9 Ottawa (Kan.)	7.90	12/2
9	76	Daizy SOLIR	JR	#3 MidAmerica Naz.	7.90	1/27

Women's 60 Meter Hurdles

1	12	Mariah FEDE	SO	#16 McPherson (Kan.)	8.64	2/14
2	15	JayOnna PERRY	SO	#9 Ottawa (Kan.)	8.71	2/14
3	23	Zaria JONES	FR	#1 Central Methodist	8.89	12/2
4	33	Aziza CLARK	FR	#15 Our Lady of the L	8.99c (8.994)	2/3
5	34	Kailey JOHNSON	SR	#1 Central Methodist {2}	9.01	2/3
6	41	Renee FINKE	JR	#1 Central Methodist {3}	9.09	2/3
7	43	Ariel JOHNSON	FR	#19 Wiley (Texas)	9.11	1/14
8	46	Irian PADULLES	JR	#7 Friends (Kan.)	9.16	2/14
9	55	Haley BELLAMY	SO	#1 Central Methodist {4}	9.21	2/3
10	59	Parys SMITH	JR	#1 Central Methodist {5}	9.23	2/3

Women's 200 Meters

1	2	Nikiwe MONGWE	JR	#3 MidAmerica Naz.	23.81 OT	2/3
2	12	Mariah FEDE	SO	#16 McPherson (Kan.)	24.73	2/3
3	25	Delaney WEIMER	JR	#5 Evangel (Mo.)	25.16 OT	1/27
4	32	Kyah HILL	JR	#25 Southwestern (K)	25.39	2/3
5	44	Darly CAMILO-MONTENEGRO	SR	#1 Central Methodist	25.54c (25.93f)	1/19
6	50	Jaelynn WILLIAMS	JR	#8 Texas Wesleyan	25.61 OT	2/10
7	57	Alexis SUMMERS	FR	#21 Baker (Kan.)	25.66 OT	12/9
8	60	Gretchen RANEY	JR	#2 Saint Mary (Kan.)	25.69 OT	1/27
9	64	Jordyn WEEMS	JR	#9 Ottawa (Kan.)	25.74 OT	2/3
10	66	Shannon MILLS	FR	#19 Wiley (Texas)	25.76c (26.16f)	12/9

Women's 400 Meters

1	11	Nikiwe MONGWE	JR	#3 MidAmerica Naz.	56.56 OT	1/20
2	15	Darly CAMILO-MONTENEGRO	SR	#1 Central Methodist	56.90 OT	2/3
3	18	Mariah FEDE	SO	#16 McPherson (Kan.)	56.94	2/3
4	24	JayOnna PERRY	SO	#9 Ottawa (Kan.)	57.63 OT	2/3
5	33	Alison AMBUUL	JR	#6 Benedictine (Kar)	58.06 OT	2/3
6	34	Vanessa PEREZ	SO	#4 Oklahoma City	58.21 OT	2/10
7	39	Jordyn WEEMS	JR	#9 Ottawa (Kan.) {2}	58.41	2/14
8	50	Lexi WARDLOW	JR	#2 Saint Mary (Kan.)	58.70	2/3
9	51	Jaymee YELTON	JR	Huston-Tillotson	58.79	2/3
10	68	Gretchen RANEY	JR	#2 Saint Mary (Kan.) {2}	59.48 OT	2/3

Women's 600 Meters

1	4	Darly CAMILO-MONTENEGRO	SR	#1 Central Methodist	1:32.79 OT	2/3
2	22	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.)	1:37.91	2/14
3	25	Joshlyn TROUPE	FR	#1 Central Methodist {2}	1:38.14 OT	12/9
4	26	Autumn NOLD	FR	#5 Evangel (Mo.)	1:38.21	2/14
5	27	Yanira DEANA PANINKA	SO	#1 Central Methodist {3}	1:38.24 OT	12/9
6	45	Lakin ESSEX	FR	#3 MidAmerica Naz.	1:39.61 OT	1/20
7	50	Alison AMBUUL	JR	#6 Benedictine (Kar)	1:39.99c (1:41.21f)	2/9
8	56	Angela WARD	FR	#10 Missouri Baptist	1:40.21c (1:41.43f)	2/3
9	58	Mia ROMAN	JR	#23 Bethel (Kan.)	1:40.42	2/14
10	60	Alex GERE	FR	#3 MidAmerica Naz. {2}	1:40.65 OT	1/27

Women's 800 Meters

1	12	Cailen JOLLEY	SR	#4 Oklahoma City	2:16.10 OT	2/10
2	22	Madalenn FEE	SO	#20 Cottey (Mo.)	2:17.88	2/3
3	30	Erika PENA	SO	#4 Oklahoma City {2}	2:19.42 OT	2/10
4	35	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.)	2:19.84	2/14
5	36	Emily FARCHMIN	SR	#10 Missouri Baptist	2:19.90c (2:21.51f)	2/3
6	37	Isabelle SPILLER	FR	#4 Oklahoma City {3}	2:20.02 OT	2/10
7	38	Skylar ADAMS	JR	#5 Evangel (Mo.)	2:20.15 OT	1/27
8	45	Carly HOLADIA	FR	#2 Saint Mary (Kan.) {2}	2:20.73 OT	1/27
9	50	Sonya ZIMMERMAN	JR	#11 Tabor (Kan.)	2:21.15	2/14
10	53	Kate MADSEN	JR	#2 Saint Mary (Kan.) {3}	2:21.26	1/20

Women's 1000 Meters

1	8	Mia REED	JR	#10 Missouri Baptist	2:58.84	2/9
2	14	Madisyn EHRlich	SO	#13 Kansas Wesleyan	3:00.06	2/14
3	15	Madalenn FEE	SO	#20 Cottey (Mo.)	3:00.12c (3:02.08f)	1/27
4	17	Danielle ALLISON	SR	#11 Tabor (Kan.)	3:00.30	2/14
5	19	Cailen JOLLEY	SR	#4 Oklahoma City	3:00.58	1/12
6	21	Brooke WIEBE	JR	#11 Tabor (Kan.) {2}	3:00.99	2/14
7	23	Antonina JACKOWIAK	FR	#7 Friends (Kan.)	3:01.09	2/14
8	24	Skylar ADAMS	JR	#5 Evangel (Mo.)	3:01.11	2/14
9	27	Carlie GREGG	JR	#2 Saint Mary (Kan.)	3:01.54 OT	12/2
10	31	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.) {2}	3:01.66 OT	12/2

Women's Mile

1	22	Maddy WALTER-SHERRETTS	JR	#2 Saint Mary (Kan.)	5:06.45	2/3
2	23	Cailen JOLLEY	SR	#4 Oklahoma City	5:06.55	2/3
3	25	Ashlei MCDONALD	SO	#8 Texas Wesleyan	5:06.70 OT	12/9
4	27	Cera ECKENROTH	FR	#14 John Brown (Ark)	5:07.13	2/10
5	28	Riley HIEBERT	SR	#2 Saint Mary (Kan.) {2}	5:07.21	1/20
6	29	Hasnae GOULAMZI	FR	#8 Texas Wesleyan {2}	5:07.47 OT	2/10
7	36	Carlie GREGG	JR	#2 Saint Mary (Kan.) {3}	5:10.19 OT	1/27
8	38	Reagan HIEBERT	SR	#2 Saint Mary (Kan.) {4}	5:10.66	1/20
9	43	Kate MADSEN	JR	#2 Saint Mary (Kan.) {5}	5:12.64	1/20
10	44	Josie TYRRELL	SO	#2 Saint Mary (Kan.) {6}	5:12.96	2/14



Regional TFRI Event Summary



South Central

as of 2/14/2024 8:11:46 AM ET

Women's 3000 Meters

1	10	Reagan HIEBERT	SR	#2	Saint Mary (Kan.)	9:55.84	2/3
2	15	Riley HIEBERT	SR	#2	Saint Mary (Kan.) ^{2}	10:04.93 OT	1/27
3	19	Louise COCKING	SR	#4	Oklahoma City	10:07.95 OT	2/10
4	24	Cera ECKENROTH	FR	#14	John Brown (Ark)	10:11.64c (10:16.88f)	1/27
5	28	Mia REED	JR	#10	Missouri Baptist	10:13.62	12/1
6	30	Kate MADSEN	JR	#2	Saint Mary (Kan.) ^{3}	10:14.09 OT	12/9
7	36	Mekayla GIBSON	JR	#22	William Woods (I	10:16.48c (10:21.76f)	2/3
8	37	Hasnae GOULAMZI	FR	#8	Texas Wesleyan	10:16.90 OT	1/20
9	49	Maddy WALTER-SHERRETTS	JR	#2	Saint Mary (Kan.) ^{4}	10:22.05 OT	12/9
10	52	Josie TYRRELL	SO	#2	Saint Mary (Kan.) ^{5}	10:25.49	2/3

Women's 5000 Meters

1	9	Hasnae GOULAMZI	FR	#8	Texas Wesleyan	17:28.71 OT	12/9
2	13	Cera ECKENROTH	FR	#14	John Brown (Ark)	17:36.57c (17:44.66f)	1/27
3	15	Josie TYRRELL	SO	#2	Saint Mary (Kan.)	17:37.90 OT	1/27
4	16	Riley HIEBERT	SR	#2	Saint Mary (Kan.) ^{2}	17:38.63	2/3
5	17	Reagan HIEBERT	SR	#2	Saint Mary (Kan.) ^{3}	17:38.95	2/3
6	24	Kate MADSEN	JR	#2	Saint Mary (Kan.) ^{4}	17:48.04 OT	12/2
7	25	Mekayla GIBSON	JR	#22	William Woods (I	17:50.02 OT	12/9
8	28	Louise COCKING	SR	#4	Oklahoma City	17:53.61 OT	2/10
9	31	Hope AHNFELDT	FR	#14	John Brown (Ark) ^{2}	17:56.58	2/10
10	33	Aubrey BAHNER	JR	#11	Tabor (Kan.)	17:59.06	2/14

Women's 3000m Race Walk

1	6	Baileigh MORRIS	JR	#1	Central Methodi:	15:37.88 f	1/19
2	7	Yanira DEANA PANINKA	SO	#1	Central Methodi: ^{2}	15:56.40 f	1/27
3	9	Allison MORRIS	SR	#18	Culver-Stockton	16:28.76 f	1/27
4	12	Faith YOUNCE	JR	#18	Culver-Stockton ^{2}	17:07.98 f	1/27
5	27	Leah KUHN	FR	#6	Benedictine (Kar	20:12.01 f	1/27
6	37	Brynna GORMLEY	SO	#6	Benedictine (Kar) ^{2}	24:20.59 f	1/27
7	38	Haley THOMPSON	SO	#21	Baker (Kan.)	25:20.87 f	1/27
8	39	Kiley HAWK	JR	#21	Baker (Kan.)	{2}26:50.27 f	1/27

Women's 4x400 Relay

1	4	Nikiwe Mongwe, Daizy Solir, Janiah Nicholson, Lakin Essex	#3	MidAmerica Naz:	3:51.66 OT	2/3
2	19	Tanzania Barnes, Jah-Nisha Campbell, Jordyn Weems, JayOnna Perry	#9	Ottawa (Kan.)	3:58.16 OT	12/2
3	21	Morghana Neely, Autumn Roberts, Aziza Clark, Alexandria Segura	#15	Our Lady of the L	3:58.88c (3:58.44A)	2/3
4	26	Joshlyn Troupe, Darly Camilo-Montenegro, Kailey Johnson, Haley Bellamy	#1	Central Methodi:	4:00.67c (4:03.86f)	12/2
5	28	Byrion Patton, Ky'Leah Hill, Irakoze Amida, Makayla Thompson	#12	Langston (Okla.)	4:01.23 OT	1/27
6	32	Delaney Weimer, Taylor Collins, Liberty Wiles, Autumn Nold	#5	Evangel (Mo.)	4:04.50	2/3
7	34	Carissa Martin, Gretchen Raney, Samantha Colson, Lexi Wardlow	#2	Saint Mary (Kan.)	4:04.80	2/14
8	36	Alison Ambuul, Cayna Love, Antonia Smith, Ashlynn Triplett	#6	Benedictine (Kar	4:05.57c (4:08.83f)	1/27
9	41	Vanessa Perez, Cailen Jolley, Florencia Cabrera, Shawna Smith	#4	Oklahoma City	4:07.57 OT	1/20
10	43	Allison Dalzell, Lasharia Gordon, Jaelynn Williams, Ashlei McDonald	#8	Texas Wesleyan	4:08.60 OT	2/10



Regional TFRI Event Summary



South Central

as of 2/14/2024 8:11:46 AM ET

Women's 4x800 Relay

1	4	Isabelle Spiller, Erika Pena, Louise Cocking, Cailen Jolley	#4 Oklahoma City	9:26.08 OT	1/20
2	6	Carly Holadia, Shannen Dorn, Carlie Gregg, Maddy Walter-Sherretts	#2 Saint Mary (Kan.)	9:27.33	2/14
3	11	Danielle Allison, Hannah Grover, Sonya Zimmerman, Brooke Wiebe	#11 Tabor (Kan.)	9:30.71	2/14
4	12	Skylar Adams, Emily Harris, Adriana McGregor, Macy Kopp	#5 Evangel (Mo.)	9:31.88	2/14
5	14	Emily Farchmin, Adrienne Rockette, Angela Ward, Mia Reed	#10 Missouri Baptist	9:34.70c (9:41.32f)	1/27
6	16	Shelby Lingle, Josie Koppes, Joni Schroeder, Madisyn Ehrlich	#13 Kansas Wesleyan	9:36.14	2/14
7	23	Taryn Paulino, Mia Roman, Parker Schroeder, Bethany Schrag	#23 Bethel (Kan.)	10:03.72	2/14
8	24	Caitlin O'Cuinneagain, Grace Lee, Rebekah Choriego, Kayli Gonzales	#7 Friends (Kan.)	10:04.13	2/14
9	28	Rita Girgly, Helen Ullrich, Emilie Nelson, Josie Jansen	#6 Benedictine (Kar)	10:12.58 OT	1/20
10	32	Tiajhae Nez, Bailey Mike, Jayme Morris, Kaydence Platero	Haskell	10:42.35 OT	2/3

Women's Distance Medley Relay

1	7	Cailen Jolley, Vanessa Perez, Isabelle Spiller, Louise Cocking	#4 Oklahoma City	12:12.32	2/3
2	10	Maddy Walter-Sherretts, Lexi Wardlow, Carlie Gregg, Reagan Hiebert	#2 Saint Mary (Kan.)	12:13.62 OT	1/27
3	16	Brooke Wiebe, Sonya Zimmerman, Aubrey Bahner, Danielle Allison	#11 Tabor (Kan.)	12:26.72	2/3
4	17	Julia McLaughlin, Brynna Gormley, Gemma Downey, Natasha Ortiz	#6 Benedictine (Kar)	12:27.38	2/10
5	18	Josie Koppes, Shelby Lingle, Joni Schroeder, Madisyn Ehrlich	#13 Kansas Wesleyan	12:28.61	2/14
6	20	Emily Harris, Liberty Wiles, Macy Kopp, Skylar Adams	#5 Evangel (Mo.)	12:32.17 OT	1/27
7	23	Madison Perez, Alexandria Segura, Viridiana Zuniga, Sanai Robinson	#15 Our Lady of the L	12:40.17	1/27
8	31	Caitlin O'Cuinneagain, Tya Jackson, Rebekah Choriego, Antonina Jackowiak	#7 Friends (Kan.)	12:56.78	2/14
9	34	Mia Roman, Myiah Logue, Taryn Paulino, Bethany Schrag	#23 Bethel (Kan.)	13:26.37	2/3
10	35	Madalenn Fee, Joliette Johnson, Kate Soukup, Kiana Garcia	#20 Cottey (Mo.)	13:29.35	2/3

Women's High Jump

1	2	April PHILLIPS	FR	#5 Evangel (Mo.)	1.74m	5-8½	12/9
2	3	Renee FINKE	JR	#1 Central Methodist	1.73m	5-8	12/2
3	8	Delaney MILLER	SO	#1 Central Methodist	1.69m	5-6½	2/3
4	15	Taryn ST. CLAIR	FR	#3 MidAmerica Nazarene	1.65m	5-5	12/9
5	27	Kyley MAGERS	FR	#1 Central Methodist	1.63m	5-4¼	12/2
6	31	Haley BELLAMY	SO	#1 Central Methodist	1.61m	5-3¼	2/3
7	43	Maddi BAKER	FR	#3 MidAmerica Nazarene	1.59m	5-2½	12/9
7	43	Chioma OBI	FR	#8 Texas Wesleyan	1.59m	5-2½	1/20
9	47	Carly LINDENMEYER	SR	#3 MidAmerica Nazarene	1.58m	5-2¼	2/3
10	50	JayOnna PERRY	SO	#9 Ottawa (Kan.)	1.57m	5-1¾	2/14



Regional TFRI Event Summary



South Central

as of 2/14/2024 8:11:46 AM ET

Women's Pole Vault

1	22	Alaina SCOTT	JR	#10 Missouri Baptist	3.50m	11-5¾	1/13
2	24	Krislynn BAILEY	SR	#17 Saint Mary-of-th	3.47m	11-4½	1/19
3	31	Krislynn BAILEY	SR	#17 Saint Mary-of-th{2}	3.40m	11-1¾	12/2
4	35	Aaliyah RAMIREZ	SO	#7 Friends (Kan.)	3.32m	10-10¾	2/14
5	46	Brynna HALATA	JR	#7 Friends (Kan.) {2}	3.17m	10-4¾	2/14
5	46	Abby BEETS	FR	#5 Evangel (Mo.)	3.17m	10-4¾	2/14
7	61	Ashley GROTHAUS	JR	#10 Missouri Baptist {2}	3.05m	10-0	2/3
8	72	Ashley STRODE	SO	#22 William Woods (I	2.90m	9-6¼	2/3
9	82	Grace MITCHELL	JR	#14 John Brown (Ark	2.85m	9-4¼	12/2
10	84	Amara REICHERT	SR	#1 Central Methodi	2.82m	9-3	2/3
10	84	Naomi WELSH	FR	#6 Benedictine (Kar	2.82m	9-3	2/3

Women's Long Jump

1	9	Meeyesha TUTT-MOOTOUO	SO	#19 Wiley (Texas)	5.64m	18-6	1/14
2	12	Na'Zariah JAMES	FR	#1 Central Methodi	5.58m	18-3¾	1/13
2	12	Reanna GREEN	SO	#3 MidAmerica Naz	5.58m	18-3¾	12/9
4	14	Jaelynn WILLIAMS	JR	#8 Texas Wesleyan	5.57m	18-3¼	1/20
5	17	April PHILLIPS	FR	#5 Evangel (Mo.)	5.54m	18-2¼	2/14
6	23	Naomi KILSON	SR	#21 Baker (Kan.)	5.52m	18-1½	1/27
7	27	Carly LINDENMEYER	SR	#3 MidAmerica Naz{2}	5.50m	18-½	12/9
8	31	Jordyn WEEMS	JR	#9 Ottawa (Kan.)	5.48m	17-11¾	1/20
8	31	Nala BURNS	SO	#3 MidAmerica Naz{3}	5.48m	17-11¾	1/27
10	38	Chasity VEALS	SR	#12 Langston (Okla.)	5.45m	17-10¾	1/27

Women's Triple Jump

1	2	Chasity VEALS	SR	#12 Langston (Okla.)	12.37m	40-7	2/3
2	8	Ahmia DORSEY	SR	#12 Langston (Okla.){2}	11.83m	38-9¾	2/3
3	11	April PHILLIPS	FR	#5 Evangel (Mo.)	11.64m	38-2¼	2/14
4	18	Anya WALTON	JR	#7 Friends (Kan.)	11.42m	37-5¾	2/14
5	21	Hayley LOEWEN	SO	#3 MidAmerica Naz	11.32m	37-1¾	12/9
6	26	Na'Zariah JAMES	FR	#1 Central Methodi	11.29m	37-½	12/9
7	28	Meeyesha TUTT-MOOTOUO	SO	#19 Wiley (Texas)	11.24m	36-10½	1/14
8	31	Carissa MARTIN	SO	#2 Saint Mary (Kan.	11.14m	36-6¾	2/14
9	33	Aneesa SHEPPARD	FR	#7 Friends (Kan.) {2}	11.10m	36-5	2/14
10	36	Angel EDWARDS	JR	#12 Langston (Okla.){3}	11.01m	36-1½	2/10

Women's Shot Put

1	2	Baylee BEARD	SO	#1 Central Methodi	14.99m	49-2¼	12/2
2	20	Daryn BATTS	SR	#4 Oklahoma City	13.20m	43-3¾	2/10
3	21	Deja DELAINE	SR	#9 Ottawa (Kan.)	13.18m	43-3	1/27
4	25	Laurel BARBER	SR	#3 MidAmerica Naz	13.06m	42-10¼	12/9
5	28	Evie SCOLES	JR	#14 John Brown (Ark	12.99m	42-7½	1/27
6	30	Victoria LOTZ	JR	#3 MidAmerica Naz{2}	12.94m	42-5½	1/20
7	33	Madison SUTTON	SR	#6 Benedictine (Kar	12.76m	41-10½	1/27
8	35	Jeanette WOEHRL	JR	#24 Columbia (Mo.)	12.74m	41-9¾	2/3
9	62	Elizabeth STOUT	SO	#13 Kansas Wesleyan	12.27m	40-3¼	2/3
10	69	Caley BLOSSER	JR	#3 MidAmerica Naz{3}	12.18m	39-11½	1/20

Women's Weight Throw

1	10	Madison SUTTON	SR	#6 Benedictine (Kar	17.35m	56-11¼	2/3
2	12	Karli WOLFE	SR	#1 Central Methodi	17.19m	56-4¾	12/9
3	13	Victoria LOTZ	JR	#3 MidAmerica Naz	17.18m	56-4½	1/20
4	37	Abby GREEN	SO	#7 Friends (Kan.)	15.59m	51-1¾	2/14
5	48	Kennise ANDERSON	JR	Park (Mo.)	15.10m	49-6½	1/20
6	49	Alyssa HALL	JR	#6 Benedictine (Kar{2}	15.09m	49-6¼	2/3
7	50	Kaylyn POWERS	JR	Hannibal-LaGrar	15.07m	49-5½	2/3
8	60	Paula ROMERO RODRIGUEZ	JR	Missouri Valley	14.87m	48-9½	1/27
9	62	Baylee BEARD	SO	#1 Central Methodi{2}	14.81m	48-7¼	12/2
10	76	Jeanette WOEHRL	JR	#24 Columbia (Mo.)	14.58m	47-10	2/3

Women's Pentathlon

1	3	Renee FINKE	JR	#1 Central Methodi	3,413 OT	12/9
2	7	Haley BELLAMY	SO	#1 Central Methodi{2}	3,308 OT	12/9
3	15	Carly LINDENMEYER	SR	#3 MidAmerica Naz	3,157 OT	2/3
4	18	JayOnna PERRY	SO	#9 Ottawa (Kan.)	3,102 OT	2/3
5	28	Maddi BAKER	FR	#3 MidAmerica Naz{2}	2,963	12/9
6	29	Shannon O'NEIL	SO	#18 Culver-Stockton	2,959	1/27
7	32	LaShae SMITH	JR	#3 MidAmerica Naz{3}	2,934 OT	2/3
8	55	Claireece CROSS	FR	#1 Central Methodi{3}	2,639	1/27
9	65	Chioma OBI	FR	#8 Texas Wesleyan	2,519	1/27
10	71	Anna CAMPBELL	SO	#6 Benedictine (Kar	2,473 OT	2/3



Regional TFRI Event Summary



West

as of 2/14/2024 8:11:46 AM ET

Women's 60 Meters

1	12	Trinity MONTGOMERY	FR	#7 Multnomah (Ore)	7.59	12/9
2	20	Jordyn BURKE	JR	#3 Vanguard (Calif.)	7.65 (1.6)	1/27
3	24	Kayly GUTHRIE	JR	#7 Multnomah (Ore){2}	7.67	12/9
4	49	Madigan KELLY	JR	#1 Lewis-Clark Stat	7.83	2/10
5	53	Kellan WAHL	JR	#6 Rocky Mountain	7.84c (7.82A)	12/7
6	63	Karina DEYOUNG		#2 Eastern Oregon	7.87	2/10
7	79	Karissa LINDNER	FR	#1 Lewis-Clark Stat{2}	7.91	2/10
8		Taylor JOYCE	FR	#2 Eastern Oregon {2}	7.99	12/9
9		Charlize DAVIS	FR	#6 Rocky Mountain {2}	8.01c (7.99A)	2/9
10		Charlotte BOWMAN	JR	#4 College of Idaho	8.03c (8.01A)	2/10

Women's 60 Meter Hurdles

1	4	Madigan KELLY	JR	#1 Lewis-Clark Stat	8.49	1/20
2	21	Erica WASEQ	SO	#8 Jessup (Calif.)	8.85 (0.0)	1/27
3	36	Olleca SEVERSON	JR	#5 Montana Tech	9.02c (9.02A)	2/9
4	46	Charlize DAVIS	FR	#6 Rocky Mountain	9.16c (9.16A)	2/9
5	48	Sara HATHAWAY	SR	#1 Lewis-Clark Stat{2}	9.17	1/20
6	49	Jadyn VERMILLION	SO	#5 Montana Tech {2}	9.18c (9.18A)	1/12
7	60	Abi STEVENS	JR	#14 Southern Oregon	9.28	2/10
8	69	Jennah CARPENTER	JR	#1 Lewis-Clark Stat{3}	9.32	12/9
9	72	Penelopi LEACH	JR	#3 Vanguard (Calif.)	9.33 (-0.2)	2/10
10	78	Lizzy GRANDLE	SO	#2 Eastern Oregon	9.36	2/10

Women's 200 Meters

1	24	Eryn BURKE	JR	#3 Vanguard (Calif.)	25.14 (0.1)	2/10
2	32	Elizabeth BETTEN	SO	#3 Vanguard (Calif.){2}	25.39 (0.0)	2/10
3	39	Trinity MONTGOMERY	FR	#7 Multnomah (Ore)	25.46	2/3
4	40	Brooke DALGITY	JR	#3 Vanguard (Calif.){3}	25.47 (0.0)	2/10
5	53	Kayly GUTHRIE	JR	#7 Multnomah (Ore){2}	25.64	12/9
6	63	Jordyn BURKE	JR	#3 Vanguard (Calif.){4}	25.73 (0.0)	2/10
7	83	Emily COLLINS	SO	#1 Lewis-Clark Stat	25.96 OT	1/20
8	93	Taylor JOYCE	FR	#2 Eastern Oregon	26.09	12/9
8	93	Anika GROGAN	SR	#1 Lewis-Clark Stat{2}	26.09	12/9
8	93	Karissa LINDNER	FR	#1 Lewis-Clark Stat{2}	26.09	2/10

Women's 400 Meters

1	6	Eryn BURKE	JR	#3 Vanguard (Calif.)	55.92	2/10
2	13	Brooke DALGITY	JR	#3 Vanguard (Calif.){2}	56.81	2/10
3	26	Elizabeth BETTEN	SO	#3 Vanguard (Calif.){3}	57.70	2/10
4	27	Emily COLLINS	SO	#1 Lewis-Clark Stat	57.81	2/10
5	75	Ariana RODRIGUEZ	JR	#3 Vanguard (Calif.){4}	59.66	2/10
6		Jenna HILLMAN	SO	#6 Rocky Mountain	1:00.49c (1:01.18fA)	2/9
7		Maya PEARCY	FR	#6 Rocky Mountain {2}	1:00.50c (1:01.19fA)	2/9
8		Anika GROGAN	SR	#1 Lewis-Clark Stat{2}	1:00.51	2/10
9		Adrienne MAI	FR	#16 Bushnell (Ore.)	1:00.89	2/10
10		Madalen SHIPMAN	SO	#10 Carroll (Mont.)	1:01.06c (1:01.75fA)	2/9

Women's 600 Meters

1	16	Lauryn MITCHELL	JR	#2 Eastern Oregon	1:36.98c (1:38.16f)	2/3
2	21	Suzie JOHNSON	SO	#9 The Master's (Ca)	1:37.77 out	1/27
3	30	Emily COLLINS	SO	#1 Lewis-Clark Stat	1:38.44	12/9
4	41	Kamryn COMBA	SO	#5 Montana Tech	1:39.28c (1:39.28A)	2/3
5	44	Sydney PECK	SO	#2 Eastern Oregon {2}	1:39.53c (1:40.75f)	2/3
6	47	MaKenzie SHEILS	FR	#5 Montana Tech {2}	1:39.73c (1:39.73A)	2/3
7	87	Skotlyn HILL	SO	#2 Eastern Oregon {3}	1:42.51	12/9
8		Peyton WALKER	FR	#5 Montana Tech {3}	1:44.04c (1:44.04A)	2/3
9		Kendall BONZANI	JR	#2 Eastern Oregon {4}	1:44.95	12/9
10		Lizzy BEHNKE	JR	#17 Northwest (Was)	1:46.14	12/9

Women's 800 Meters

1	1	Geraldine CORREA	SR	#1 Lewis-Clark Stat	2:12.84	2/10
2	19	Aubree WILLIAMS	FR	#1 Lewis-Clark Stat{2}	2:17.53	2/10
3	23	Grace TIEGS	SO	#1 Lewis-Clark Stat{3}	2:18.19	2/10
4	25	Lauryn MITCHELL	JR	#2 Eastern Oregon	2:18.52	2/10
5	45	Abi STEVENS	JR	#14 Southern Oregon	2:20.73	2/10
6	55	Kate BARANSKI	JR	#3 Vanguard (Calif.)	2:21.52 out	1/27
7	58	Maya PEARCY	FR	#6 Rocky Mountain	2:21.77	2/3
8	83	Tyne STOKES	SO	#6 Rocky Mountain {2}	2:23.48	2/3
9		Kamryn COMBA	SO	#5 Montana Tech	2:25.11c (2:25.80A)	1/26
10		MaKenzie SHEILS	FR	#5 Montana Tech {2}	2:25.69c (2:26.38A)	1/26

Women's 1000 Meters

1	29	Lauryn MITCHELL	JR	#2 Eastern Oregon	3:01.61 OT	1/20
2	47	Grace TIEGS	SO	#1 Lewis-Clark Stat	3:04.51 OT	1/20
3	48	Kate BARANSKI	JR	#3 Vanguard (Calif.)	3:05.08	2/10
4	51	Brooklyn SHELL	SR	#1 Lewis-Clark Stat{2}	3:05.64 OT	1/20
5	63	Aubree WILLIAMS	FR	#1 Lewis-Clark Stat{3}	3:07.76 OT	1/20
6	81	Zoe BUTLER	SO	#4 College of Idaho	3:010.00c (3:12.07f)	2/3
7	93	Jaiden COCHRAN	FR	#2 Eastern Oregon {2}	3:11.13c (3:13.21f)	2/3
8		Maryan SHARIF	SR	#18 Park (Ariz.)	3:14.28	2/10
9		Madelyn NICHOLS	JR	#2 Eastern Oregon {3}	3:14.50 OT	1/20
10		Abigail PEIGHTAL	SR	#1 Lewis-Clark Stat{4}	3:17.11 OT	1/20

Women's Mile

1	5	Alauna CARSTENS	SO	#12 Evergreen State	5:00.12 OT	1/27
2	6	Abbey SHIRTS	SR	#4 College of Idaho	5:00.35c (5:06.18A)	1/26
3	10	Kahea FIGUEIRA	JR	#4 College of Idaho {2}	5:02.33c (5:08.20A)	2/10
4	16	Kate BARANSKI	JR	#3 Vanguard (Calif.)	5:05.16	2/10
5	17	Sage MARTIN	JR	#4 College of Idaho {3}	5:05.33c (5:11.26A)	2/10
6	35	Brooklyn SHELL	SR	#1 Lewis-Clark Stat	5:09.79	2/10
7	46	Grace TIMM	JR	#6 Rocky Mountain	5:14.04c (5:24.14fA)	2/9
8	53	Taylen STINSON	FR	#6 Rocky Mountain {2}	5:15.76c (5:25.91fA)	2/9
9	68	Kallyn WILKINS	SO	#6 Rocky Mountain {3}	5:17.44c (5:27.65fA)	2/9
10	72	Sydney J LAMB	SO	#10 Carroll (Mont.)	5:17.88c (5:28.10fA)	2/9



Regional TFRI Event Summary



West

as of 2/14/2024 8:11:46 AM ET

Women's 3000 Meters

1	4	Ellyse TINGELSTAD	SR	#4 College of Idaho	9:47.22c (10:00.03A)	2/10
2	5	Alauna CARSTENS	SO	#12 Evergreen State	9:50.34 OT	2/10
3	12	Abbey SHIRTS	SR	#4 College of Idaho {2}	9:59.28	2/3
4	21	Hannah FREDERICKS	JR	#9 The Master's (Ca	10:09.44 out	1/27
5	29	Kahea FIGUEIRA	JR	#4 College of Idaho {3}	10:13.99	2/3
6	38	Alyssa LOVETT	SO	#9 The Master's (Ca {2}	10:17.58	2/10
7	41	Ellen PALMGREN	SR	#9 The Master's (Ca {3}	10:17.88 out	1/27
8	43	Sage MARTIN	JR	#4 College of Idaho {4}	10:18.71	2/3
9	64	Carlin MANNING	JR	#5 Montana Tech	10:28.81c (10:42.53A)	1/26
10	68	Azalea PRINCE	SO	#8 Jessup (Calif.)	10:30.18 out	1/27

Women's 5000 Meters

1	2	Ellyse TINGELSTAD	SR	#4 College of Idaho	17:09.34	2/3
2	30	Kaylea HARTMAN	JR	#17 Northwest (Wasl	17:54.66 OT	1/27
3	35	Emma TIMMERMANS	JR	#20 Hope Internatio	18:00.17	2/10
4	37	Carlin MANNING	JR	#5 Montana Tech	18:03.65c (18:31.28A)	2/3
5	41	Azalea PRINCE	SO	#8 Jessup (Calif.)	18:06.84	2/10
6	80	Grace TIMM	JR	#6 Rocky Mountain	18:41.07	2/3
7	86	Alyssa JANY	SO	#5 Montana Tech {2}	18:48.22c (19:16.98A)	2/3
8	89	Jaiden COCHRAN	FR	#2 Eastern Oregon	18:51.17	2/10
9		Taylen STINSON	FR	#6 Rocky Mountain {2}	19:09.11	2/3
10		Nicole MORGEN	JR	#10 Carroll (Mont.)	19:22.96c (20:03.36fA)	12/7

Women's 3000m Race Walk

1	11	Allie METHUM	JR	#9 The Master's (Ca	17:04.09	2/10
---	-----------	--------------	----	----------------------------	-----------------	-------------

Women's 4x400 Relay

1	10	Eryn Burke, Jordyn Burke, Elizabeth Betten, Ariana Rodriguez	#3 Vanguard (Calif.)	3:53.76 out	1/27
2	18	Madigan Kelly, Sara Hathaway, Anika Grogan, Emily Collins	#1 Lewis-Clark Stat	3:57.99	2/10
3	30	Peyton Walker, MaKenzie Sheils, Abby Clark, Kamryn Comba	#5 Montana Tech	4:02.49c (4:02.05A)	2/10
4	33	Rakiah Grende, Chloe Raats, Madalen Shipman, Sorren Reese	#10 Carroll (Mont.)	4:04.66c (4:07.46fA)	12/7
5	35	Sydney Peck, Lauryn Mitchell, Taylor Joyce, Katie Brown	#2 Eastern Oregon	4:05.07	1/27
6	49	Charlotte Bowman, Ruby Stewart, Mattie Shirts, Addison Trent	#4 College of Idaho	4:12.80c (4:12.36A)	2/10
7	62	Mayah Pappas, Mara Paggio, Sierra Janikowski, Adrienne Mai	#16 Bushnell (Ore.)	4:16.37	2/10
8	82	Jocelyn Odiott, Zoe Davidson, Kourtney Bruner, Jade Roberts	#15 Arizona Christiar	4:23.61	2/10
9	90	Julissa Casillas, Paloma Baumert, Erica Waseq, Eleanor Kania	#8 Jessup (Calif.)	4:32.79	2/10
10		Grace Alexander, Jasmyn Murphy, Alexis Devries, Kylie Henderson	#11 Providence (Mor	4:44.42c (4:43.98A)	1/26

Women's 4x800 Relay

1	2	Rebekah Niednagel, Emma Nelson, Suzie Johnson, Ellen Palmgren	#9 The Master's (Ca	9:17.77	2/10
2	5	Grace Tiegs, Aubree Williams, Geraldin Correa, Brooklyn Shell	#1 Lewis-Clark Stat	9:26.53	1/27



Regional TFRI Event Summary



West

as of 2/14/2024 8:11:46 AM ET

Women's Distance Medley Relay

1	2	Ellen Palmgren, Oliva Prettyman, Suzie Johnson, Hannah Fredericks	#9 The Master's (Ca	12:01.15 out	1/27
2	4	Kahea Figueira, Charlotte Bowman, Kylee Quinton, Abbey Shirts	#4 College of Idaho	12:07.92	2/3
3	24	Kamryn Comba, Peyton Walker, MaKenzie Sheils, Carlin Manning	#5 Montana Tech	12:42.15c (12:52.38A)	2/10
4	26	Sara Feitz, Jane Freeman, Penelopi Leach, Kate Baranski	#3 Vanguard (Calif.)	12:43.43 out	1/27
5	32	Mattie Woodbury, Macey Reed, Madelyn Nichols, Riley Morris	#2 Eastern Oregon	13:16.00	1/27

Women's High Jump

1	5	Jennah CARPENTER	JR	#1 Lewis-Clark Stat	1.70m	5-7	2/10
2	9	Lizzy GRANDLE	SO	#2 Eastern Oregon	1.68m	5-6	1/27
3	15	Kayla MORGAN	FR	#13 Corban (Ore.)	1.65m	5-5	2/10
4	23	Abby CLARK	JR	#5 Montana Tech	1.64mA	5-4½	1/12
5	29	Abi STEVENS	JR	#14 Southern Oregor	1.62m	5-3¾	2/10
6	50	Adrienne WASHINGTON	JR	#2 Eastern Oregon {2}	1.57m	5-1¾	1/27
6	50	Mallory TURNER	SO	#18 Park (Ariz.)	1.57m	5-1¾	2/3
6	50	Oliva PRETTYMAN	SR	#9 The Master's (Ca	1.57m	5-1¾	2/10
9	66	Corona PARKER	JR	#12 Evergreen State	1.55m	5-1	1/13
10	89	Karli BEDARD	SR	#2 Eastern Oregon {3}	1.53m	5-¼	2/10
10	89	Sammy CONLEY	JR	#2 Eastern Oregon {3}	1.53m	5-¼	2/10

Women's Pole Vault

1	18	Dakota MANECKE	SR	#6 Rocky Mountain	3.56mA	11-8	2/9
2	21	Chloe GALLAGHER	SR	#10 Carroll (Mont.)	3.54mA	11-7¼	1/26
3	34	Paloma BAUMERT	FR	#8 Jessup (Calif.)	3.35m	10-11¾	1/27
4	39	Mckenna ROGERS	FR	#15 Arizona Christiar	3.26m	10-8¼	2/10
5	56	Taylor JOYCE	FR	#2 Eastern Oregon	3.15m	10-4	12/9
6	68	Harlee GRANT	FR	#2 Eastern Oregon {2}	3.01m	9-10½	1/20
7	82	Emberlynn MACK	SO	#1 Lewis-Clark Stat	2.85m	9-4¼	12/9
8	97	Leah NASTRI	SO	#13 Corban (Ore.)	2.67m	8-9	2/10
9		Johnna WADDELL	FR	#13 Corban (Ore.) {2}	2.37m	7-9¼	2/10

Women's Long Jump

1	11	Jadyn VERMILLION	SO	#5 Montana Tech	5.59mA	18-4¼	1/26
2	23	Sydney ZYWINA	JR	#1 Lewis-Clark Stat	5.52m	18-1½	1/20
3	44	Lillian GUZMAN	FR	#7 Multnomah (Ore	5.42m	17-9½	12/9
3	44	Jennah CARPENTER	JR	#1 Lewis-Clark Stat {2}	5.42m	17-9½	2/10
5	48	Princess BROWNE	JR	#7 Multnomah (Ore {2}	5.40m	17-8¾	12/9
6	50	Jordyn BURKE	JR	#3 Vanguard (Calif.)	5.39m		1/27
7	54	Abi STEVENS	JR	#14 Southern Oregor	5.36m	17-7	2/3
8	58	Lizzy GRANDLE	SO	#2 Eastern Oregon	5.34m	17-6¼	2/3
8	58	Rylee ARMSTRONG	FR	#5 Montana Tech {2}	5.34mA	17-6¼	2/10
10	79	Mayah PAPPAS	FR	#16 Bushnell (Ore.)	5.23m	17-2	2/10

Women's Triple Jump

1	6	Princess BROWNE	JR	#7 Multnomah (Ore	11.91m	39-1	12/9
2	10	Sydney ZYWINA	JR	#1 Lewis-Clark Stat	11.79m	38-8¼	2/10
3	19	Brittany COLEMAN	SR	#7 Multnomah (Ore {2}	11.41m	37-5¼	12/9
4	39	Jadyn VERMILLION	SO	#5 Montana Tech	10.98mA	36-¼	12/7
5	59	Mattie SHIRTS	FR	#4 College of Idaho	10.74mA	35-3	1/26
6	63	Julia PISENTI	FR	#8 Jessup (Calif.)	10.71m	35-1¾ (1.7)	2/10
7	64	Kellan WAHL	JR	#6 Rocky Mountain	10.68mA	35-½	12/7
8	69	Sophie LOVELESS	SR	#10 Carroll (Mont.)	10.63mA	34-10½	12/7
9	75	Kendall WAHL	FR	#6 Rocky Mountain {2}	10.58mA	34-8½	2/9
10	95	Kayli LINCOLN	FR	#9 The Master's (Ca	10.44m		1/27

Women's Shot Put

1	23	Julia PISENTI	FR	#8 Jessup (Calif.)	13.17m	43-2½	2/10
2	29	Star HERRON	SO	#4 College of Idaho	12.96m	42-6¼	2/3
3	42	Taylor DURFEY	SO	#4 College of Idaho {2}	12.59mA	41-3¾	2/10
4	48	Jessica PEDRETTI	SO	#8 Jessup (Calif.) {2}	12.48m	40-11½	2/10
5	60	Jaelah BUTLER	JR	#3 Vanguard (Calif.)	12.28m	40-3½	1/27
5	60	Tatiana MARTINEZ	JR	#11 Providence (Mor	12.28mA	40-3½	1/26
7	64	Kenna WOODWARD	SR	#2 Eastern Oregon	12.25m	40-2¼	2/10
8	67	Allyson CONNER	SR	#11 Providence (Mor {2}	12.21mA	40-¾	1/26
9	86	Haylee APPLEFORD	FR	#1 Lewis-Clark Stat	11.91m	39-1	1/20
10	93	Lizzy GRANDLE	SO	#2 Eastern Oregon {2}	11.82m	38-9½	2/3

Women's Weight Throw

1	19	Kenna WOODWARD	SR	#2 Eastern Oregon	16.52m	54-2½	2/3
1	19	Star HERRON	SO	#4 College of Idaho	16.52mA	54-2½	2/10
3	21	Allyson CONNER	SR	#11 Providence (Mor	16.49mA	54-1¼	2/9
3	21	Tatiana MARTINEZ	JR	#11 Providence (Mor	16.49mA	54-1¼	2/9
5	29	Jaelah BUTLER	JR	#3 Vanguard (Calif.)	16.16m	53-¼	1/27
6	36	Trinity HILL	SR	#2 Eastern Oregon {2}	15.60m	51-2¼	2/3
7	58	Taylor DURFEY	SO	#4 College of Idaho {2}	14.90mA	48-10¾	2/10
8	82	Jessica PEDRETTI	SO	#8 Jessup (Calif.)	14.48m	47-6¼	1/27
8	82	Ruby KESSINGER	SO	#4 College of Idaho {3}	14.48mA	47-6¼	2/10
10	96	Katie MULL	SO	#19 Oregon Tech	14.23m	46-8¼	2/10

Women's Pentathlon

1	2	Abi STEVENS	JR	#14 Southern Oregor	3,566		2/10
2	5	Lizzy GRANDLE	SO	#2 Eastern Oregon	3,333 OT		1/20
3	6	Abby CLARK	JR	#5 Montana Tech	3,329c	(3329A)	1/12
4	8	Jennah CARPENTER	JR	#1 Lewis-Clark Stat	3,296 OT		1/20
5	9	Penelopi LEACH	JR	#3 Vanguard (Calif.)	3,258		2/10
6	17	Karli BEDARD	SR	#2 Eastern Oregon {2}	3,131		2/10
7	19	Jadyn VERMILLION	SO	#5 Montana Tech {2}	3,061c	(3061A)	2/10
8	22	Sammy CONLEY	JR	#2 Eastern Oregon {3}	3,023		2/10
9	24	Ally ODELL	SO	#19 Oregon Tech	3,014		2/10
10	31	Kayla MORGAN	FR	#13 Corban (Ore.)	2,944		2/10